

MIND IN HARINGEY

England & Wales · Charity number 801618

Details

Status Registered

Legal form Charitable company

Company number [02125188](#)

Registered 1989-06-08

Register [View on the Charity Commission register](#)

Contact

Address Mind in Haringey
Station House
73C Stapleton Hall Road
London
N4 3QF

Phone 02083402474

Email admin@mih.org.uk

Website <http://www.mindinharingey.org.uk/>

Activities

Objects: 2.1 The Objects of the Association are, for the public benefit:2.1.1 to promote the preservation of good mental health in particular by enabling and empowering everyone experiencing mental health problems to live with, manage and recover from their condition. 2.1.2 to relieve the needs of people with mental health problems by working to increase the understanding of mental health and mental health problems by gathering and disseminating information and working to raise awareness, promote understanding and challenge stigma and discrimination. 2.1.3 to deliver services and activities that provide relief from mental health issues or illness

Activities: Mind in Haringey provides information, advice and support to people affected by mental health problems, primarily in Haringey. We work to prevent mental health problems, promote mental well being and ensure those with mental health problems are respected and included in our local community.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** 1. LONDON BOROUGH OF HARINGEY 2. NATIONAL
- Haringey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,417,265	£1,492,372	£450,651	37
2024-03-31	£1,269,055	£1,365,894	£525,758	35
2023-03-31	£1,449,143	£1,409,412	£622,597	38
2022-03-31	£1,398,836	£1,297,934	£582,866	50
2021-03-31	£1,231,751	£1,092,139	£481,964	43

Trustees

Name	Role	Appointed
Caroline Jane Sarah Hockridge		2024-01-17
Courtney Brown		2022-03-23
Faham Sinan-Katamba		2024-01-17
Simon James Herbert		2024-01-17
Tamsin Wallwork		2024-01-17
Thomas Patrick McCabe		2024-01-17

MIND IN HARINGEY

England & Wales - Charity number 801618

Accounts

MIND in Haringey

(A company limited by guarantee and a registered charity)

Company No: 02125188

Charity No: 801618

MIND in HARINGEY

Report and Financial Statements for the

Year Ended

31st March 2025

MIND in Haringey

(A company limited by guarantee and a registered charity)

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MIND in Haringey

(A company limited by guarantee and a registered charity)

Reference and Administrative Information

Status	Mind in Haringey is a charitable company limited by guarantee, incorporated on 2nd April 1987, and registered as a charity on 8th June 1989.
Governing document	The Company was established under a memorandum of association setting out its objects and powers and is governed under the articles of association.
Company number	02125188
Charity number	801618
Registered office and operational address	Station House 73c Stapleton Hall Road London N4 3QF
Trustees and Directors	Courtney Brown (Vice Chair) Tom Mc Cabe (Chair) Anthony Magee (Secretary) Simon Herbert (Treasurer) Caroline Allnut Tamsin Wallwork Faham Sinan – Katamba Adnan Sugumar
Bankers	HSBC Bank PLC 88 The Broadway, Muswell Hill London N10 3RX
Solicitors	Rich and Baily Alexandra House 157 Tottenham Lane London N8 7BT
Auditors	Goldwin's Limited 75 Maygrove Road West Hampstead London NW6 2EG

MIND IN HARINGEY

TRUSTEES' REPORT 2024/25

FOREWORD FROM CHAIR OF TRUSTEES

The Trustee Board is pleased to present its report and the audited financial statements for the year ended 31st March 2025.

Once again, we would like to thank all those associated with the charity, including our staff, volunteers, trustees, commissioners, partners, funders, and donors, who have supported us through another year of service to the people of Haringey.

The external environment continues to be challenging, with increased demand for mental health services due to factors such as rises in the cost of living, escalating social tensions, and continued aftershock from the Covid years. At the same time financial pressures have meant that funding is more difficult to obtain, and there is increased competition as other charities are also seeing increased demands. It is to the great credit of our management team that in this context we have sustained our services successfully and, in some cases, expanded them, and improved the financial performance compared to the previous year.

During the year the key roles on the board were established, and together with the management team and staff, the board developed a revised strategy for the charity which sees us through to 2028. As outlined below, our strategic objectives are to continue to increase our impact on the people of Haringey, to increase our influence on mental health policy, and to ensure our work is sustainable, with respect to our own organisation and the environment in which we work. We believe we have the team to deliver these objectives and are excited about the future.

With Best Regards

Tom McCabe
Chair of Board of Trustees
Mind in Haringey

ABOUT MIND in HARINGEY

Mind in Haringey is a mental health charity in the London Borough of Haringey, where we have now been operating for the past 36 years.

We provide information, advice and support to people affected by mental health problems, primarily those living or working in Haringey. We work to prevent mental health problems, promote mental well-being, and ensure those with mental health problems are respected and included in our local community.

The organisation is a charitable company limited by guarantee, incorporated on 22nd April 1987, and registered as a charity on 8th June 1989. The registered charity number is 801618 and company number is 2125188. The organisation was established under a memorandum of association setting out its objects and powers and is governed under the articles of association. A revised memorandum and articles were adopted in March 2025.

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TRUSTEES' REPORT 2024/25

OUR STRATEGY

In 2024 we developed a mission, set of values and strategic objectives. These were reviewed and updated in early 2025. The 2025-2028 strategy is described below.

Our Vision: Everyone in Haringey gets the mental health support they need.

Our Mission: To support anyone in Haringey with mental health issues by listening to them, championing their needs, and helping them to lead fulfilling lives.

Our Values:

- **Passionate** – We are leaders and influencers fighting for mental health in Haringey.
- **Inclusive** – We are committed to equity and inclusion. We are anti-racist.
- **Responsive** – We listen with care and respect, seek feedback and continuously improve.
- **Collaborative** – We partner with others to maximise our impact.
- **Sustainable** – We are here for the long-term respecting our community and the environment.

Our Strategic Objectives:

- Maintain our position as the leading provider of non-clinical mental health services in Haringey.
- Develop our services for children and young people to meet the growing need.
- Expand our services for under-served and disadvantaged groups within Haringey, especially racialised communities, partnering with organisations that serve these communities.
- Meet our service users where they are (i.e. in their communities, in their homes) and when we can have most impact (i.e. early intervention, preventative services).

Increase our influence on local and London-wide mental health policy to enable mental health services in Haringey to meet the growing need.

- Work with our partners to understand the vision, framework, and key stakeholders for the future of mental health services in North London.
- Leverage our local, regional, and national networks to drive changes to mental health policy and service commissioning for the benefit of people in Haringey.
- Influence and support voluntary and community sector organisations across Haringey to increase their impact, particularly where they are addressing underlying causes of poor mental health.

Work to ensure that our support for the people of Haringey is sustainable in an ever-changing landscape.

- Secure the income required to deliver our Mission including sufficient unrestricted income to cover our core costs.
- Ensure we continue to have highly motivated people in the right roles, with the right leadership and support and the right development opportunities.
- Work to improve our environmental impact and reduce our carbon footprint, acting as a role model and empowering the wider community.
- Explore new technologies where they can expand our reach, enhance service delivery and/or increase efficiency whilst meeting service users' needs.

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TRUSTEES' REPORT 2024/25

OUR WORK

Mental Health challenges in Haringey

Haringey has high levels of severe and enduring mental illness, with the sixth highest prevalence (1.3%) of serious mental illness (SMI) in London. 82 per cent (2,900) are diagnosed with psychoses and 18 per cent (650) with bipolar disorder types 1 and 2. Men have higher prevalence than women, and men from Black and Ethnic Minority Groups (Racialised Communities) have the highest prevalence of Serious Mental illness. About 26 Haringey residents take their own life each year. The highest numbers of deaths by suicide are in men aged 25-44. In the last 10 years, 62% of suicides were born in the UK compared to 34% born abroad (Haringey's Suicide Audit).

Haringey is also the 5th most ethnically diverse borough in the country. Over 65% of residents come from non-White British communities, (compared to 20% in England 55% for London). Almost 81% of our school children are non-White British, and 190 different languages are spoken in our schools. The proportion of non-White British communities varies from 35.2% in Muswell Hill to 83.4% in Northumberland Park.

The top three of these ethnic groups are: Other white (non-British) 23.0%; Black African 9.0%; Black Caribbean 7.1%. As in other parts of London the racialised communities of Haringey were disproportionately affected by Covid-19 both economically and by the numbers of deaths in our community. The effects are still being felt.

It is estimated that locally, over 50,000 adults (16-74-year-olds) have a common mental health disorder. Young people are a particular cause for concern. Based on national survey data, an estimated 10% of men and 26% of women aged 16-24 have a history of self-harm. Applied to Haringey, this would affect approximately 5,500 individuals. An estimated 19% of men and 35% of women aged 16-24 have a history of suicidal thoughts. Applied to Haringey, this would affect over 8,000 individuals.

This is the need we are addressing. The above statistics are not acceptable, change is required, and our work through the services listed below is part of that change. We will always influence to improve mental health services in Haringey, through our services and by raising awareness and challenging stigma and discrimination. We are leaders and influencers fighting for mental health and believe Mental Health and Suicide prevention is everyone's business.

Our services

We offer a range of different services, projects, and activities to make our support relevant to our diverse Haringey community. Our key services and projects are as follows:

1.Haringey Wellbeing Network – Community mental health service in Haringey providing: Wellbeing Activities, Advocacy and Social Prescribing, Warm Handover, Peer Support Services, Young People support service, Mental health first aid training, Transitioning, and Capacity building which is provided by our partner organisation Bridge Renewal Trust. The service is funded by Haringey ICB and works with all mental health system players to provide support to anyone in Haringey over 18 years old experiencing Mental health issues and need of support.

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2.Counselling - Low-cost counselling service that offers face-to-face, online and telephone counselling in a range of modalities for anyone over 18 years old.

3.Safe Haven Crisis service – Non-clinical crisis support for individuals who are over 18 years old who are vulnerable, isolated and in crisis. We offer this service from 5pm-10pm, 7 days a week 365 days of the year through face to face, group and 1-2-1 support

4.Supported Self-Help - Pilot project across London, England and Wales funded by Mind. The individual is offered a 6-week guided programme that addresses issues like Anxiety, Depression, Anger, Loss, Menopause. It is based on Cognitive Behavioural Therapy strategies and tools.

5.Haringey Reach and Connect – We are part of a partnership with Public Voice and Vibrance offering support to those aged over 50 Living in Haringey. The service visits old people at home to assess and support them towards addressing physical and mental health needs to live happier and fulfilling lives

6.BAME Wellbeing Advocacy & Health Check Services – This a partnership with Federation health to support those from BAME Community who have been diagnosed with serious mental illness to address their issues and to ensure they receive their annual health checks and improve their Health. The BAME Wellbeing Advocacy Service is part of the Haringey Wellbeing Network (HWN).

7.Generation Girls - Dedicated to mentoring and supporting young women achieve their goals, dreams, and aspirations.

8.Black Thrive in Haringey - Black Thrive Haringey is a partnership funded by the Big Lottery together with Black Thrive Global, Black Thrive Lambeth and Black Thrive Birmingham. The overall aim of the project is to address systematic racism and ensure that we tackle and address inequalities working with key system players to ensure that Black people go from surviving to Thriving.

9.Haringey Suicide Prevention Group - Haringey Suicide Prevention Group (HSPG) is an inter-agency group hosted by Mind in Haringey, funded by Public Health Haringey. It works to ensure that Haringey has a Suicide prevention plan, and we work with other agencies, health services, charities and people with lived experience to implement this.

10.Mental Health & Wellbeing Project – We work with Five Grassroots organisations Youvsyou, HoPEC, Community cooks up, TCCA (Turkish, Cypriot community association) sewn together to address the stark inequalities in Mental health in Haringey by delivering co-produced wellbeing activities, training and awareness to our diverse and racialised communities. The project is funded by Haringey ICB under the Inequalities fund.

11.Helping Hands (High intensity users project) - Working with North Middlesex University Hospital (NMUH) A&E and Mind in Enfield and Barnet, funded by ICB. We work together by providing Community care coordinators that visit people in their homes and in the community. They specifically support vulnerable individuals that frequently use the A&E department and support them to address any issues and to connect them into community support.

12.Citizens Advice Haringey - Mind in Haringey is one of CAH's outreach partners in Haringey and offers 4 appointments per week.

13.Homecooked – My Ends Tottenham Hale. We are part of a consortium led by Bridge Renewal Trust funded by the Violence Reduction Unit and part of the Mayor's MyEnd programme across London, to provide projects, groups and training to young people schools, and community groups to address youth violence in Haringey particularly in Tottenham Hale

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14. Black Men's mental health project – Men CHAT too – We work in partnership with Father2father providing group support programme to Black men in Haringey aged 35 years and over. The project is funded by public health to address the disproportionate numbers of Black men that do not access Mental health support.

15. Brighter Futures – We work in partnership with NLPC and Harris academy funded by Youth Futures to look at the provision of careers services and support to young people and use of the Gatsby benchmark.

16. Project Future – we are charity partner to the psychological youth violence project with NHS and Haringey Council.

17. Training and consultancy - We deliver training and workshops to organisations to improve their awareness of Mental health and assist in them supporting wellbeing of their Employees

Mind in Haringey is the trusted mental health provider in the Borough. All the services and projects we deliver use evidence-based measuring tools. The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS) is used to demonstrate the improvement in our service users' mental health and wellbeing and that information is shared with our service users throughout their journey of recovery.

Partnerships

Partnership working is at the heart of everything we do. We believe the principles of partnership working are openness, trust, and honesty, agreed shared goals and values and regular communication between partners. Mind in Haringey partners include Barnet Enfield Haringey Mental Health Trust, the Integrated Care Board, NHS, Public Voice, Haringey Council, Violence Reduction Unit, Bridge Renewal Trust, Black Thrive Global, and Public Health Haringey. We also work closely with grassroot community groups including YouvsYou, Father to Father, House of Polish and Eastern European Communities, Community Cook Up, Turkish Cultural Centre Association, and Sewn Together. Effective partnerships support and achieve better outcomes by making local services and projects more impactful and cost effective.

Impact, Achievements and Awards

In recent years we have increased our reach in the community to 4000 community members. Annually, we estimate that the ripple effect of their improved mental health and wellbeing is reaching a further 10,500 family and community members. This has a social and economic value to the whole of Haringey, as people feel more able to engage with their community and engage with employment opportunities which in turn improves the experiences of those living and working in Haringey.

Key contracts awarded and extended in 2024/25 included:

- HWN - Year 7 - Contract Defended/Extended for 1 year, to 2026.
- Mental wellbeing programme Inequalities Fund - Defended/Extended for 1 year to 2026.
- Reach and Connect - continued funding to June 2026
- Supported Self-help funded by Mind until March 2025
- Safe Haven contract extended to March 2026
- Homecooked 1/ My Ends project Tottenham Hale extended to March 2025
- HSPG funding renewed for another year until March 2026
- VRU/Home Cooked 2 - To reduce youth violence in Northumberland Park - April 2024.

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TRUSTEES' REPORT 2024/25

Mind Quality Mark Assessment

During 2023/24 Mind in Haringey was inspected by the national Mind organisation and assessed against a series of organisational health indicators known as MQM (Mind Quality Mark). MiH passed against all measures, in many cases very strongly, and as a result of our MQM we were encouraged to apply for a National Mind 'Excellence Award' based on our work in the community.

OUR ORGANISATION, PEOPLE AND GOVERNANCE

Organisational structure and decision making (based on Articles of Association as updated in October 2024)

The Members of the organisation are the Trustees, who automatically become Members on appointment as trustee (and cease to be members when they cease to be trustees)

The directors of the company, who are Trustees under charity law, that served during the year and up to the date of this report are as shown in the introduction to this report. The Trustees have no beneficial interest in the charitable company and have not received any benefits either from the charitable company or in recognition of being a Trustee.

The Trustees manage the business of the charitable company and may exercise all the powers of the charitable company. The Trustees delegate to the Chief Executive responsibility for the day-to-day management of the company's affairs, within a strategy and budget agreed by the Trustees, and for implementing the decisions and policies agreed by the Trustees.

The Chief Executive is assisted by managers who are each responsible for assigned projects, activities, and functions. The charity holds a service user forum bimonthly to enable service users to contribute ideas towards the running of the charity. The Trustees People and Culture Committee annually conducts a skills audit of the Trustees to identify any areas where the Trustee Board needs strengthening.

All newly appointed Trustees receive induction in line with the MiH Induction Policy and are required to attend a training course designed to cover all important aspects of their trusteeship, including legal responsibilities and expectations.

Recruitment and appointment of Trustees

The board regularly reviews the range of skills required and present on the board, and recruits to fill gaps accordingly. Trustees are appointed by resolution of the Board, following an interview process with relevant members of the board. Trustees are appointed for an initial period of three years and may be appointed for up to two further period of three years. Service beyond this period would only be on an exceptional basis and by agreement with a minimum of 75% of the other Trustees.

The number of Trustees who are current users of the organisation's services shall be less than one half of the total number of Trustees. Diversity is sought across the Trustee Board to match the demographic profile in Haringey.

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Equity, Diversity, and Inclusion

Mind in Haringey is aiming to create an environment in which individual differences and contributions of all team members and service users are recognised and valued. Mind in Haringey opposes all forms of unlawful and unfair discrimination, the aim is for our workforce to be truly representative of all sections of society and our service users, and for each team member to feel respected and able to give their best.

FINANCIAL REVIEW

Going Concern

It was a challenging operational year with tight funding that resulted in the Charity recording a deficit for the second year in a row after many years of operational surplus. Despite this, the Board of Trustees is of the opinion that MiH continues to be a going concern. At the end of March 2025, the charity was holding unrestricted reserves of £176k and a cash balance of £533k. Although we have lost some income, particularly from Contract income, our Mental Health First Aid training, and Counselling, we have won a few new bids and have expanded our services. The Trustees consider that the charity has sufficient unrestricted reserves and cash flow to continue as a going concern for a period of at least 12 months from the date on which these financial statements are signed. For this reason, the accounts have been prepared on the going concern basis.

Risk statement

The risks to the organisation have been identified, assessed, and reviewed by the Trustees Finance and Audit Committee in a Risk Register which is then reviewed and approved by the Trustee Board. A robust risk management strategy, outlining the controls and procedures, is in place to deal with potential risks and opportunities, and monitoring processes are used to manage the residual risks.

Related parties

Mind in Haringey is affiliated to Mind (The National Association for Mental Health) Limited; and it has informal relations with some of the other affiliates in London, those in neighbouring boroughs, in matters of common interest.

During the year, the Charity paid £15,000 to a registered Charity Father 2 Father as part of the delivery of the project 'Men Chat Too'. One of the Trustees, Courtney Brown, is also the Chief Executive Officer of Father 2 Father.

The Trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Financial Review

The charity recorded a deficit for the year of -£75,107 (2024: Deficit of £96,839). The unrestricted deficit was £36,782 (2024: Deficit of £82,175). The total income for the year was £1,417,265 (2024: £1,269,055) and the total expenditure for the year was £1,492,372 (2024: £1,365,894).

The organisation aims to maintain free reserves at a level representing at least three months' expenditure on core costs. Total reserves and income to be carried forward into 2025/26 are

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TRUSTEES' REPORT 2024/25

£450,651 of which unrestricted reserves are £175,524. Unrestricted reserves are equivalent to approximately 10 months of core costs.

Pensions

The pension scheme is compliant for auto enrolment, and all eligible staff have been registered.

Public Benefit Statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

Auditors

Goldwin's Limited Chartered Accountants and Registered Auditor will be proposed for appointment in accordance with Section 485 of the Companies Act 2006.

Statement of the Trustees' responsibilities

The Trustees are responsible for preparing the report of the Trustees and the financial statements in accordance with applicable law.

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the Trustees Board which is supported by the Trustees Finance and Audit Committee is required to:

- select suitable accounting policies and then apply them consistently make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- and to prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue to operate. The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company.

MIND IN HARINGEY TRUSTEES' REPORT 2024/25

As far as the Trustees are aware:

- There is no audit information of which the charitable company's auditors are unaware.
- They have taken all reasonable steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.
- The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.
- This report has been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small entities.

Approved by the Trustees Board on 26 November 2025 and signed on their behalf by



Tom McCabe

(Chair, Board of Trustees)

Company Registration No. 02125188

Independent auditors' report to the trustees of Mind in Haringey

Opinion

We have audited the financial statements of Mind in Haringey (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet statement of cash flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Independent auditors' report to the trustees of Mind in Haringey

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report (incorporating the directors' report) have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charitable company's policies and procedures relating to:
- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.

Independent auditors' report to the trustees of Mind in Haringey

- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities]. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Epton
Anthony Epton (Senior Statutory Auditor)
for and on behalf of
Goldwins Limited
Statutory Auditor
Chartered Accountants
75 Maygrove Road
West Hampstead
London NW6 2EG
Date: 8 December 2025

MIND in Haringey
Statement of financial activities
(including an income and expenditure account)
For the year ended 31 March 2025

	Note	Unrestricted Funds £	Restricted Funds £	2025 Funds £	2024 Funds £
<u>Income from:</u>					
Donations	3	9,551	-	9,551	8,108
Charitable Activities	4	107,434	1,228,471	1,335,905	1,200,733
Other Trading Activities	5	59,002	-	59,002	49,058
Investment Income	6	12,807	-	12,807	11,156
Total income		188,794	1,228,471	1,417,265	1,269,055
<u>Expenditure on:</u>					
Fundraising	7	16,858	-	16,858	6,709
Charitable activities	7	319,375	1,156,139	1,475,514	1,359,185
Total expenditure		336,233	1,156,139	1,492,372	1,365,894
Net income / (expenditure) for the year		(147,439)	72,332	(75,107)	(96,839)
Transfers between funds	16	110,657	(110,657)	-	-
Net movement in funds		(36,782)	(38,325)	(75,107)	(96,839)
<u>Reconciliation of funds:</u>					
Total funds brought forward	16	212,306	313,452	525,758	622,597
Total funds carried forward		175,524	275,127	450,651	525,758

All of the above results are derived from continuing activities.
There were no other recognised gains or losses other than those stated above.
The attached notes form part of these financial statements.

MIND in Haringey
Balance sheet
As at 31 March 2025

	Note	2025 £	2024 £
Tangible fixed assets	11	21,334	8,367
Current assets:			
Debtors	12	140,879	241,068
Cash at bank and in hand		<u>533,257</u>	<u>387,816</u>
		674,136	628,884
Creditors: amounts falling due within one year	13	<u>(244,819)</u>	<u>(111,493)</u>
Net current assets		<u>429,317</u>	<u>517,391</u>
Net assets	14	<u><u>450,651</u></u>	<u><u>525,758</u></u>
Funds			
Restricted funds		275,127	313,452
Unrestricted funds:			
General fund		<u>175,524</u>	<u>212,306</u>
Total funds	16	<u><u>450,651</u></u>	<u><u>525,758</u></u>

The financial statements have been prepared in accordance with the special provisions for small companies of the Companies Act 2006.

Approved by the Board of Trustees on 26 November 2025 and signed on its behalf by:

.....
Tom McCabe
Chairman, Trustees Board

Company Registration No. 02125188

The attached notes form part of the financial statements.

MIND in Haringey
Statement of cash flows
For the year ended 31 March 2025

	Note	2025 £	2025 £	2024 £	2024 £
Cash flows from operating activities:					
Net cash provided by / (used in) operating activities	18		150,120		(139,633)
Cash flows from investing activities:					
Interest/ rent/ dividends from investments		12,807		11,156	
Sale/ (purchase) of fixed assets		(17,486)		-	
		-----		-----	
Cash provided by / (used in) investing activities			(4,679)		11,156
			-----		-----
Change in cash and cash equivalents in the year			145,441		(128,477)
Cash and cash equivalents at the beginning of the year			387,816		516,293
			-----		-----
Cash and cash equivalents at the end of the year			533,257		387,816
			=====		=====

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

1. Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP FRS 102) and the Companies Act 2006.

The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

1. Accounting policies (continued)

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity and its activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £1,000. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Freehold property 50 years
- Fixtures and fittings 4 years
- Improvements and refurbishment 4 years

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

1. Accounting policies (continued)

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions

The pension scheme in operation became compliant for auto enrolment purposes on 1st November 2016 and all staff eligible have been registered.

2. Detailed comparatives for the statement of financial activities

	Unrestricted £	Restricted £	2024 Total £
<u>Income from:</u>			
Donations	8,108	-	8,108
Charitable Activities	122,112	1,078,621	1,200,733
Other Trading Activities	49,058	-	49,058
Investment Income	11,156	-	11,156
Total income	190,434	1,078,621	1,269,055
<u>Expenditure on:</u>			
Fundraising	6,709	-	6,709
Charitable activities	398,092	961,093	1,359,185
Total expenditure	404,801	961,093	1,365,894
Net income / (expenditure) for the year	(214,367)	117,528	(96,839)
Transfers between funds	132,192	(132,192)	-
Net movement in funds	(82,175)	(14,664)	(96,839)
<u>Reconciliation of funds:</u>			
Total funds brought forward	294,481	328,116	622,597
Total funds carried forward	212,306	313,452	525,758

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

3. Income from donations

	Unrestricted	Restricted	2025 Total	2024 Total
	£	£	£	£
Donations	9,551	-	9,551	8,108
	<u>9,551</u>	<u>-</u>	<u>9,551</u>	<u>8,108</u>

4. Income from charitable activities

	Unrestricted	Restricted	2025 Total	2024 Total
	£	£	£	£
Cost of Living Crisis	-	2,000	2,000	24,315
Go Active Project	-	-	-	3,000
Project Heal	-	28,750	28,750	-
Street Aunties Project	-	26,503	26,503	36,785
Federation 4 Health	-	33,320	33,320	27,370
Counselling	38,680	-	38,680	52,669
Reach & Connect	-	81,850	81,850	87,867
Men Chat Too Haringey	-	22,800	22,800	7,600
Support Self Help (SSH)	-	30,871	30,871	17,436
Support for Residence	-	-	-	-
Support for Afghan Families	-	-	-	-
Black Thrive Haringey	-	124,910	124,910	133,417
Generation Girl Haringey	-	-	-	8,333
Groundwork UK	-	75,938	75,938	-
Young Care Leavers	-	-	-	9,000
Hornsey Charity HPC	-	10,769	10,769	10,155
Youth Future Partnership	-	3,670	3,670	11,010
ScrewFix Foundation	-	-	-	4,390
Middlesex Care Coordinator	-	45,248	45,248	46,012
NHS Charities Inequalities Project	-	-	-	18,997
MyEnd VRU	-	31,771	31,771	-
MyEnd (Home Cooked)	-	10,000	10,000	37,750
Mental Wellbeing Theme Project	-	109,000	109,000	107,995
Business Development Project	-	-	-	17,750
Suicide Prevention	-	10,000	10,000	10,000
Fundraising	-	-	-	-
Garfield Weston	14,853	-	14,853	-
Haringey Wellbeing Network	-	311,443	311,443	309,961
Project Future	-	33,423	33,423	12,251
VCS Project HCC	-	80,205	80,205	-
Safe Haven	-	156,000	156,000	159,367
Training & Consultancy	53,901	-	53,901	47,303
Total	<u>107,434</u>	<u>1,228,471</u>	<u>1,335,905</u>	<u>1,200,733</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

5. Income from other trading activities

	Unrestricted	Restricted	2025	2024
	£	£	Total	Total
	£	£	£	£
	-	-	-	-
Central Services	2,635	-	2,635	2,800
Station House Rental Income	10,120	-	10,120	10,316
Fundraising	46,247	-	46,247	35,942
	59,002	-	59,002	49,058

6. Income from investments

	Unrestricted	Restricted	2025	2024
	£	£	Total	Total
	£	£	£	£
Bank interest	12,807	-	12,807	11,156
	12,807	-	12,807	11,156

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

7. Analysis of expenditure

	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	Governance £	2025 £	2024 £
Staff costs	Direct	-	824,626	73,706	-	898,332	824,056
		-	-	-	-	-	-
Direct costs	Direct	16,858	456,189	-	-	473,047	382,909
		-	-	-	-	-	-
Support costs	Staff time	-	-	117,573	-	117,573	155,509
		-	-	-	-	-	-
Audit Fees		-	-	-	3,420	3,420	3,420
		16,858	1,280,815	191,279	3,420	1,492,372	1,365,894
Support costs allocation		-	191,279	(191,279)		-	-
Audit Fees		-	3,420	-	(3,420)	-	-
Total expenditure 2025		16,858	1,475,514	-	-	1,492,372	1,365,894
Total expenditure 2024		<u>6,709</u>	<u>1,359,185</u>	<u>-</u>		<u>1,365,894</u>	

Of the total expenditure; £336,233 was unrestricted (2024: £404,801) and £1,156,139 was restricted (2024: £961,093).

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

8. Net income/(expenditure) for the year

This is stated after charging:

	2025	2024
	£	£
Depreciation	4,519	2,445
Auditors' remuneration — audit	4,200	4,000
Operating lease rentals — property	18,500	18,500
	<u>18,500</u>	<u>18,500</u>

9. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

	2025	2024
	£	£
Salaries and wages	798,517	723,133
Social security costs	67,051	60,966
Pension costs	29,055	28,421
Recruitment	2,479	2,876
Access to Work	-	3,102
Training & CPD	1,230	5,558
	<u>898,332</u>	<u>824,056</u>

No employee received remuneration in excess of £60,000 in the year (2024: none).

The total employee benefits including pension contributions of the key management personnel were £126,024 (2024: £126,024).

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2024: £nil) neither were they reimbursed expenses during the year (2024: £nil). No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2025	2024
	No.	No.
Charitable Activities	33	31
Support	4	4
	<u>37</u>	<u>35</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

11. Tangible fixed assets

	Improvements of leasehold premises £	Furniture, fittings and equipment £	Total £
Cost:			
At 1 April 2024	34,932	39,696	74,628
Additions	-	17,486	17,486
At 31 March 2025	<u>34,932</u>	<u>57,182</u>	<u>92,114</u>
Depreciation:			
At 1 April 2024	28,586	37,675	66,261
Charges in year	1,269	3,250	4,519
At 31 March 2025	<u>29,855</u>	<u>40,925</u>	<u>70,780</u>
Net Book Value:			
At 31 March 2025	<u>5,077</u>	<u>16,257</u>	<u>21,334</u>
At 31 March 2024	<u>6,346</u>	<u>2,021</u>	8,367

All tangible fixed assets are used to fulfil the charity's objects.

12. Debtors

	2025 £	2024 £
Grants, Contract Income & Other Receivables	129,396	233,735
Accrued Income	2,509	-
Prepayments	8,974	7,333
	<u>140,879</u>	<u>241,068</u>

13. Creditors: amounts falling due within one year

	2025 £	2024 £
Other Creditors (Trade Creditors and Payroll Clearing)	68,907	9,597
Taxation and Social Security	15,999	18,777
Accruals	44,815	4,080
Deferred Income	115,098	79,039
	<u>244,819</u>	<u>111,493</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

14. Analysis of net assets between funds - 2025

	Restricted funds £	General funds £	Total funds £
Tangible fixed assets	21,334	-	21,334
Current assets	253,793	420,343	674,136
Current liabilities	-	(244,819)	(244,819)
	<u>275,127</u>	<u>175,524</u>	<u>450,651</u>

Analysis of net assets between
funds - 2024

	Restricted funds £	General fund £	Total funds £
Tangible fixed assets	8,367	-	8,367
Current assets	305,085	323,799	628,884
Current liabilities	-	(111,493)	(111,493)
	<u>313,452</u>	<u>212,306</u>	<u>525,758</u>

15. Pension scheme

The Charity operates a Defined Contribution Pension Scheme. All staff eligible have been registered. Pension contributions owed as at 31.03.25 £Nil (2024: £3,974).

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

16. Movement in funds 2025

	At 1 April 2024	Income	Expenditure	Transfers	At 31 March 2025
	£	£	£	£	£
<u>Restricted Funds:</u>					
Cost of Living Crisis	9,844	2,000	(7,505)	-	4,339
Project Heal	-	28,750	(25,754)	-	2,996
Street Aunties Project	1,925	26,503	(27,331)	(1,000)	97
Federation 4 Health	8,444	33,320	(26,753)	(6,567)	8,444
Reach & Connect	-	81,850	(75,262)	-	6,588
Men Chat Too Haringey	7,563	22,800	(25,100)	(3,450)	1,813
Support Self Help (SSH)	6,849	30,871	(26,018)	(4,631)	7,071
Support for Residence	3,657	-	(11)	-	3,646
Support for Afghan Families	2,952	-	-	-	2,952
Black Thrive Haringey	50,074	124,910	(118,878)	(12,000)	44,106
Groundwork UK	-	75,938	(58,452)	-	17,486
Young Care Leavers	4,410	-	(1,539)	-	2,871
Hornsey Charity HPC	-	10,769	(9,059)	-	1,710
Youth Future Partnership	4,073	3,670	(4,202)	(3,541)	-
Middlesex Care Coordinator	13,657	45,248	(39,115)	(10,400)	9,390
MyEnd VRU	-	31,771	(22,627)	(8,083)	1,061
MyEnd (Home Cooked)	17,467	10,000	(24,506)	(1,500)	1,461
Mental Wellbeing Theme Project	589	109,000	(94,902)	(2,124)	12,563
Suicide Prevention	7,553	10,000	(5,796)	(2,000)	9,757
Haringey Wellbeing Network	845	311,443	(300,196)	(10,240)	1,852
Project Future	103,715	33,423	(62,256)	(12,255)	62,627
VCS Project HCC	-	80,205	(71,189)	(9,016)	-
Safe Haven	69,835	156,000	(129,688)	(23,850)	72,297
Total Restricted Funds	313,452	1,228,471	(1,156,139)	(110,657)	275,127
<u>Unrestricted Funds</u>					
General Fund	212,306	188,794	(336,233)	110,657	175,524
Total Unrestricted Funds	212,306	188,794	(336,233)	110,657	175,524
Total Funds	525,758	1,417,265	(1,492,372)	-	450,651

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

17 Movement in funds 2024

	t 1 April 2023	Income	Expenditure	Transfers	At 31 March 2024
	£	£	£	£	£
<u>Restricted Funds:</u>					
Cost of Living Crisis	-	24,315	(9,608)	(4,863)	9,844
Go Active Project	-	3,000	(2,850)	(150)	-
Street Aunties Project	-	36,785	(33,860)	(1,000)	1,925
Federation 4 Health	10,243	27,370	(29,169)	-	8,444
Reach & Connect	-	87,867	(81,223)	(6,644)	-
Men Chat Too Haringey	-	7,600	(37)	-	7,563
Support Self Help (SSH)	-	17,436	(10,587)	-	6,849
Support for Residence	3,816	-	(159)	-	3,657
Support for Afghan Families	4,952	-	(2,000)	-	2,952
Black Thrive Haringey	25,510	133,417	(105,943)	(2,910)	50,074
Young Care Leavers	-	9,000	(3,690)	(900)	4,410
Hornsey Charity HPC	-	10,155	(10,155)	-	-
Youth Future Partnership	-	11,010	(4,735)	(2,202)	4,073
Middlesex Care Coordinator	9,578	46,012	(37,332)	(4,601)	13,657
NHS Charities Inequalities Project	1,324	18,997	(5,838)	(14,483)	-
MyEnd (Home Cooked)	3,469	37,750	(18,089)	(5,663)	17,467
Mental Wellbeing Theme Project	8,002	107,995	(110,008)	(5,400)	589
Suicide Prevention	11,784	10,000	(12,231)	(2,000)	7,553
Haringey Wellbeing Network	16,986	309,961	(295,106)	(30,996)	845
Generation Girls' Haringey	9,720	8,333	(17,802)	(251)	-
Project Future	170,330	12,251	(60,610)	(18,256)	103,715
Safe Haven	52,402	159,367	(110,061)	(31,873)	69,835
Total Restricted Funds	328,116	1,078,621	(961,093)	(132,192)	313,452
<u>Unrestricted Funds</u>					
General Fund	294,481	190,434	(404,801)	132,192	212,306
Total Unrestricted Funds	294,481	190,434	(404,801)	132,192	212,306
Total Funds	622,597	1,269,055	(1,365,894)	-	525,758

Transfers: These represent the various percentages of Management and Administrative Recharges of Central Services overheads to Restricted Projects.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2025

18 Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2025	2024
	£	£
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	(75,107)	(96,839)
Depreciation	4,519	2,445
Interest, rent and dividends from investments	(12,807)	(11,156)
(Increase)/ decrease in debtors	100,189	(70,718)
Increase/ (decrease) in creditors	133,326	36,635
Net cash provided by / (used in) operating activities	<u>150,120</u>	<u>(139,633)</u>

19 Related Party Transactions

During the year, the Charity paid £15,000 to a registered Charity Father 2 Father as part of the delivery of the project 'Men Chat Too'. One of the trustees, Courtney Brown, is also the Chief Executive Officer of Father 2 Father (2024: None).

MIND IN HARINGEY

England & Wales - Charity number 801618

Accounts

MIND in Haringey

(A company limited by guarantee and a registered charity)

Company No: 02125188

Charity No: 801618

MIND in HARINGEY

Report and Financial Statements for the
Year Ended
31st March 2024

MIND in Haringey

(A company limited by guarantee and a registered charity)

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MIND in Haringey

(A company limited by guarantee and a registered charity)

Reference and Administrative Information

Status	Mind in Haringey is a charitable company limited by guarantee, incorporated on 2nd April 1987, and registered as a charity on 8th June 1989.
Governing document	The Company was established under a memorandum of association setting out its objects and powers and is governed under the articles of association.
Company number	02125188
Charity number	801618
Registered office and operational address	Station House 73c Stapleton Hall Road London N4 3QF
Trustees and Directors	David Pascall CBE (Chair) (Resigned March 2024) Glynnis Joffe (Vice Chair) (Resigned September 2023) Liz O'Connor (Secretary) (Resigned February 2024) Norman Hamilton (Resigned April 2023) David Mosse (Retired July 2023) Sheena Pattni (Resigned May 2023) Robert Adams (Resigned April 2023) Courtney Brown (Vice Chair, from October 2024) Ana Reynal (Treasurer) (Resigned July 2023) Tom Mc Cabe (Chair from October 2024) (Appointed January 2024) Anthony Magee (Secretary from October 2024) (Appointed January 2024) Simon Herbert (Treasurer from May 2024) (Appointed January 2024) Caroline Allnut (Appointed January 2024) Tamsin Wallwork (Appointed January 2024) Faham Sinan – Katamba (Appointed January 2024) Adnan Sugumar (Appointed January 2024)
Bankers	HSBC Bank plc 88 The Broadway, Muswell Hill London N10 3RX
Solicitors	Rich and Baily Alexandra House 157 Tottenham Lane London N8 7BT
Auditors	Goldwins Limited 75 Maygrove Road West Hampstead London NW6 2EG

MIND IN HARINGEY

TRUSTEES' REPORT 2023-24

FOREWORD FROM CHAIR OF TRUSTEES

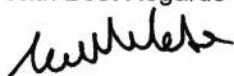
The Trustee Board is pleased to present its report and the audited financial statements for the year ended 31st March 2024.

We would like to thank all those associated with the charity, including our staff, volunteers, trustees, commissioners, partners, funders, and donors, who have supported us through another year of service to the people of Haringey.

In addition, we would like to give thanks to the board members who stepped down during this year, in particular David Pascall, who had been chair for over 8 years. Together with the leadership team, he took the charity from a relatively small size and challenging financial circumstances to a much bigger role, with robust financial foundations.

The board has now been refreshed with the addition of 7 new trustees from diverse backgrounds, and we are all honoured to be associated with this charity and excited about the prospects to expand its impact and serve the Haringey community further.

With Best Regards



Tom McCabe
Chair of Board of Trustees
Mind in Haringey

ABOUT MIND in HARINGEY

Mind in Haringey is a mental health charity in the London Borough of Haringey, where we have now been operating for the past 35 years.

We provide information, advice and support to people affected by mental health problems, primarily those living or working in Haringey. We work to prevent mental health problems, promote mental well-being, and ensure those with mental health problems are respected and included in our local community.

The organisation is a charitable company limited by guarantee, incorporated on 22nd April 1987, and registered as a charity on 8th June 1989. The registered charity number is 801618 and company number is 2125188. The organisation was established under a memorandum of association setting out its objects and powers and is governed under the articles of association. A revised memorandum and articles were adopted in December 2004. The articles of association are currently being reviewed and we anticipate that a revised set of articles will be adopted during 2024-25.

MIND IN HARINGEY

TRUSTEES' REPORT 2023-24

OUR STRATEGY

In 2019 we developed a mission, set of values and strategic objectives. These are currently being reviewed and updated with a view to setting out an updated strategy in early 2025. The 2019-2024 strategy is described below.

Our Vision is that everyone in Haringey with a mental health problem gets the support and respect they need and deserve

Our Mission is to support anyone in Haringey with mental health issues by listening to people, defending their rights, and helping them to lead fulfilling lives.

Our Values are:

- We are passionate, committed, and will listen to everyone we encounter with care and respect.
- We will influence and improve mental health services in Haringey, raising awareness and challenging stigma and discrimination.
- We will become an Anti-racist organisation.
- We are committed to equity, inclusion, and access for everyone in Haringey to mental health support.
- We are leaders and influencers fighting for mental health.
- We seek continuous improvement in all we do, to meet the needs of our community.
- We consider opportunities for collaboration when developing and delivering services.

Our Scope of work is:

- Prevention: working with schools, colleges, sports bodies and local businesses and communities to raise awareness and to challenge stigma
- Crisis: offering a response to people in crisis who contact us, and assisting them to get the right support
- Support: offering the relevant support for better mental health and wellbeing by extending our counselling service; developing our advocacy services; and extending the range of services and activities we offer
- Our focus is on Haringey, but we will look to collaborate and share best practice with neighbouring local Minds and contribute to the development of a London Mind to improve the reach of Mind across London.

Our Strategic Aims are:

Strategic Aim 1 - Achieve a well-led, managed, and governed organization

Strategic Aim 2 – Make a difference to mental health issues in Haringey, be more visible in our community and easily accessible.

Strategic Aim 3 - Expand our counselling and advocacy services and improve our response to people in crisis. We have been able to extend our Advocacy work and our counselling services.

Strategic Aim 4 - Develop effective relationships within Haringey.

Strategic Aim 5 – Improve relationships with local Minds.

Strategic Aim 6 - Ensure financial viability and income strategy.

MIND IN HARINGEY

TRUSTEES' REPORT 2023-24

OUR WORK

Mental Health challenges in Haringey

Haringey has high levels of severe and enduring mental illness, with the 6th highest prevalence (1.3%) of serious mental illness (SMI) in London. 82 per cent (2,900) are diagnosed with psychoses and 18 per cent (650) with bipolar disorder types 1 and 2. Men have higher prevalence than women, and men from Black and Ethnic Minority Groups (Racialised Communities) have the highest prevalence of Serious Mental illness. About 26 Haringey residents take their own life each year. The highest numbers of deaths by suicide are in men aged 25-44. In the last 10 years, 62% of suicides were born in the UK compared to 34% born abroad (Haringey's Suicide Audit).

Haringey is also the 5th most ethnically diverse borough in the country. Over 65% of residents come from non-White British communities, (compared to 20% in England 55% for London). In particular, almost 81% of our school children are non-White British, and 190 different languages are spoken in our schools. The proportion of non-White British communities varies from 35.2% in Muswell Hill to 83.4% in Northumberland Park.

The top three of these ethnic groups are: Other white (non-British) 23.0%; Black African 9.0%; Black Caribbean 7.1%. As in other parts of London the racialised communities of Haringey were disproportionately affected by Covid-19 both economically and by the numbers of deaths in our community. The effects are still being felt.

It is estimated that locally, over 50,000 adults (16-74-year-olds) have a common mental health disorder. Young people are a particular cause for concern. Based on national survey data, an estimated 10% of men and 26% of women aged 16-24 have a history of self-harm. Applied to Haringey, this would affect 5,454 individuals. An estimated 19% of men and 35% of women aged 16-24 have a history of suicidal thoughts. Applied to Haringey, this would affect 8,217 individuals.

This is the need we are addressing. The above statistics are not acceptable, change is required, and our work through the services listed below is part of that change. We will always influence to improve mental health services in Haringey, through our services and by raising awareness and challenging stigma and discrimination. We are leaders and influencers fighting for mental health and believe Mental Health and Suicide prevention is everyone's business.

Our services

We offer a range of different services, projects, and activities to make our support relevant to our diverse Haringey community. Our key services and projects are as follows:

- 1.Haringey Wellbeing Network** – Community mental health service in Haringey providing: Wellbeing Activities, Advocacy and Social Prescribing, Warm Handover, Peer Support Services, Young People support service, Mental health first aid training, Transitioning, and Capacity building which is provided by our partner organisation Bridge Renewal Trust. The service is funded by Haringey ICB and works with all mental health system players to provide support to anyone in Haringey over 18 years old experiencing Mental health issues and need of support.
- 2.Counselling** - Low cost counselling service that offers face-to-face , online and telephone counselling in a range of modalities for anyone over 18 years old .
- 3.Safe Haven Crisis service** – Non-clinical crisis support to support individuals who are over 18 years old who are vulnerable, isolated and in crisis . We offer this service from 5pm-10pm,, 7 days a week 365 days of the year through face to face, group and 1-2-1 support
- 4.Supported Self-Help** - Pilot project across London, England and Wales funded by Mind. The individual is offered a , 6-week guided programme that addresses issues like Anxiety , Depression, Anger, Loss, Menopause. It is based on Cognitive Behavioural Therapy strategies and tools.
- 5.Haringey Reach and Connect** – We are part of a partnership with Public Voice and Vibrance offering support to those aged over 50 Living in Haringey. The service visits old people at home to assess and support them towards addressing physical and mental health needs to live happier and fulfilling lives
- 6.BAME Wellbeing Advocacy & health check Services** – This a partnership with Federation health to support those from BAME Community who have been diagnosed with serious mental illness to address their issues and to ensure they receive their annual health checks and improve their Health. The BAME Wellbeing Advocacy Service is part of the Haringey Wellbeing Network (HWN).

MIND IN HARINGEY

TRUSTEES' REPORT 2023-24

7.Generation Girls - Dedicated to mentoring and supporting young women achieve their goals, dreams, and aspirations.

8.Black Thrive in Haringey - Black Thrive Haringey is a partnership funded by the Big Lottery together with Black Thrive Global, Black Thrive Lambeth and Black Thrive Birmingham. The overall aim of the project is to address systematic racism and ensure that we tackle and address inequalities working with key system players to ensure that Black people go from surviving to Thriving.

9.Haringey Suicide Prevention Group - Haringey Suicide Prevention Group (HSPG) is an inter-agency group hosted by Mind in Haringey, funded by Public Health Haringey. It works to ensure that Haringey has a Suicide prevention plan and we work with other agencies, health services, charities and people with lived experience to implement this.

10.Mental Health & Wellbeing Project – We work with Five Grassroots organisations Youvyou , HoPEC, Community cook up , TCCA (Turkish, Cypriot community association) sewn together to address the stark inequalities in Mental health in Haringey by delivering co-produced wellbeing activities, training and awareness to our diverse and racialised communities. The project is funded by Haringey ICB under the Inequalities fund .

11.Helping Hands (High intensity users project) - Working with North Middlesex University Hospital (NMUH) A&E and Mind in Enfield and Barnet, funded by ICB. We work together by providing Community care coordinators that visit people in their homes and in the community. They specifically support vulnerable individuals that frequently use the A&E department and support them to address any issues and to connect them into community support.

12.Citizens Advice Haringey - Mind in Haringey is one of CAH's outreach partners in Haringey and offers 4 appointments per week.

13.Homecooked – My Ends Tottenham Hale. We are part of a consortium led by Bridge Renewal Trust funded by the Violence Reduction Unit and part of the Mayor's MyEnd programme across London, to provide projects, groups and training to young people schools, and community groups to address youth violence in Haringey particularly in Tottenham Hale

14. Black Men's mental health project – Men CHAT too – We work in partnership with Father2father providing group support programme to Black men in Haringey aged 35 years and over. The project is funded by public health to address the disproportionate numbers of Black men that do not access Mental health support.

15.Brighter Futures – We work in partnership with NLPC and Harris academy funded by Youth Futures to look at the provision of careers services and support to young people and use of the Gatsby benchmark.

16. Project Future – we are charity partner to the Psychological youth violence project with NHS and Haringey Council.

17. Training and consultancy - We deliver training and workshops to organisations to improve their awareness of Mental health and assist in them supporting wellbeing of their Employees

Mind in Haringey is the trusted mental health provider in the Borough. All of the services and projects we deliver use evidence-based measuring tools. The Warwick-Edinburgh Mental Wellbeing Scale (WEMWBS) is used to demonstrate the improvement in our service users' mental health and wellbeing and that information is shared with our service users throughout their journey of recovery.

Partnerships

Partnership working is at the heart of everything we do. We believe the principles of partnership working are openness, trust, and honesty, agreed shared goals and values and regular communication between partners. Mind in Haringey partners include Barnet Enfield Haringey Mental Health Trust, the Integrated Care Board, NHS, Public Voice, Haringey Council, Violence Reduction Unit, Bridge Renewal Trust, Black Thrive Global, and Public Health Haringey. We also work closely with grassroot community groups including You v You, Father to Father, House of Polish and Eastern European Communities, Community Cook Up, Turkish Cultural Centre Association, and Sewn Together. Effective partnerships support and achieve better outcomes by making local services and projects more impactful and cost effective.

Impact, Achievements and Awards

In recent years we have increased our reach in the community to 3,500 community members. Annually, we estimate that the ripple effect of their improved mental health and wellbeing is reaching a further 10,500 family and community members. This has a social and economic value to the whole of Haringey, as people feel more able to engage with their community and engage with employment opportunities which in turn improves the experiences of those living and working in Haringey.

MIND IN HARINGEY TRUSTEES' REPORT 2023-24

Key contracts awarded and extended in 2023/24 included:

- HWN - Year 7 - Contract Defended/Extended for 1 year, to 2025.
- Mental wellbeing programme Inequalities Fund - Defended/Extended for 1 year to 2025.
- Reach and Connect - continued funding to June 2025
- Supported Self help funded by Mind until March 2025
- Safe Haven contract extended to March 2025
- Homecooked 1/ My Ends project Tottenham Hale extended to March 2025
- HSPG funding renewed for another year until March 2025
- VRU/Home Cooked 2 - To reduce youth violence in Northumberland Park - April 2024.

In 2023/24 we also won the following awards:

- Royal Award for Mental Health - Lynette Charles, MiH CEO.
- Smiley Film Award for "Me, My Music and Mental Health" - produced and directed by Black Thrive Haringey.

Mind Quality Mark Assessment

During 2023 Mind in Haringey was inspected by the national Mind organisation and assessed against a series of organisational health indicators known as MQM (Mind Quality Mark). MiH passed against all measures, in many cases very strongly, and as a result of our MQM we were encouraged to apply for a National Mind 'Excellence Award' based on our work in the community.

OUR ORGANISATION, PEOPLE AND GOVERNANCE

Organisational structure and decision making (based on current Articles of Association as at 1 April 2024; these are being reviewed and updated during 2024-25)

Membership of the organisation is open to all and is free to service users. A small membership fee is required from non-service users. All members of the charitable company guarantee to contribute an amount not exceeding £10 to the assets of the charitable company in the event of winding up.

The directors of the company, who are Trustees under charity law, that served during the year and up to the date of this report are as shown in the introduction to this report. The Trustees have no beneficial interest in the charitable company and have not received any benefits either from the charitable company or in recognition of being a Trustee.

The Trustees manage the business of the charitable company and may exercise all the powers of the charitable company. The Trustees delegate to the Chief Executive responsibility for the day-to-day management of the company's affairs, within a strategy and budget agreed by the Trustees, and for implementing the decisions and policies agreed by the Trustees.

The Chief Executive is assisted by managers who are each responsible for assigned projects, activities, and functions. The charity holds a service user forum bimonthly to enable service users to contribute ideas towards the running of the charity. The Trustees Staff and Remuneration Committee annually conducts a skills audit of the Trustees to identify any areas where the Trustee Board needs strengthening.

All newly appointed Trustees receive induction in line with the MiH Induction Policy and are required to attend a training course designed to cover all important aspects of their trusteeship, including legal responsibilities and expectations.

MIND IN HARINGEY

TRUSTEES' REPORT 2023-24

Recruitment and appointment of Trustees

Trustees are elected at Annual General Meetings (AGM) by the members. During the year, the charity also advertises any Trustee vacancies. Prospective Trustees have a preliminary meeting with the Chair of the Trustee Board and are then interviewed by other Trustees. Following this process, if the skills, knowledge, and expertise of the applicant will contribute to the charity, the individual will be recommended to the Trustee Board for co-option by the other Trustees. The co-opted Trustee's term of office is until the next AGM when they must then stand for election. Trustees are appointed for three years which may be renewed.

The number of Trustees who are current users of the organisation's services shall be less than one half of the total number of Trustees. Diversity is sought across the Trustee Board to match the demographic profile in Haringey.

Equity, Diversity, and Inclusion

Mind in Haringey is aiming to create an environment in which individual differences and contributions of all team members and service users are recognised and valued. Mind in Haringey opposes all forms of unlawful and unfair discrimination, the aim is for our workforce to be truly representative of all sections of society and our service users, and for each team member to feel respected and able to give their best.

FINANCIAL REVIEW

Going Concern

MiH continues to be a going concern, and our finances are in good shape. At the end of March 2024, the charity was holding unrestricted reserves of £212k and a cash balance of £388k. Although we have lost some income, particularly from Contract income, our Mental Health First Aid training, and Counselling, we have won a number of new bids and have expanded our services. The Trustees consider that the charity has sufficient unrestricted reserves and cash flow to continue as a going concern for a period of at least 12 months from the date on which these financial statements are signed. For this reason, the accounts have been prepared on the going concern basis.

Risk statement

The risks to the organisation have been identified, assessed, and reviewed by the Trustees Finance and Audit Committee in a Risk Register which is then reviewed and approved by the Trustee Board. A robust risk management strategy, outlining the controls and procedures, is in place to deal with potential risks and opportunities, and monitoring processes are used to manage the residual risks.

Related parties

Mind in Haringey is affiliated to Mind (The National Association for Mental Health) Limited; and it has informal relations with some of the other affiliates in London, those in neighbouring boroughs, in matters of common interest.

The Trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

MIND IN HARINGEY

TRUSTEES' REPORT 2023-24

Financial Review

The charity recorded a deficit for the year of -£96,839 (2023: Surplus of £39,731). The unrestricted deficit was -£82,175 (2023: Surplus of £137,730k). The total income for the year was £1,269,055 (2023: £1,449,143) and the total expenditure for the year was £1,365,894 (2023: £1,409,412).

The organisation aims to maintain free reserves at a level representing at least three months' expenditure on core costs. Total reserves and income to be carried forward into 2024/25 are £525,758 of which unrestricted reserves are £212,306. Unrestricted reserves are equivalent to approximately 9 months of core costs.

Pensions

The pension scheme is compliant for auto enrolment and all eligible staff have been registered.

Public Benefit Statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit,

Auditors

Goldwin's Limited Chartered Accountants and Registered Auditor will be proposed for appointment in accordance with Section 485 of the Companies Act 2006.

Statement of the Trustees' responsibilities

The Trustees are responsible for preparing the report of the Trustees and the financial statements in accordance with applicable law.

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the Trustees Board which is supported by the Trustees Finance and Audit Committee is required to:

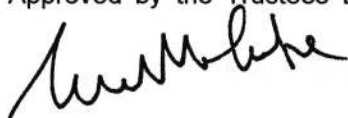
- select suitable accounting policies and then apply them consistently make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- and to prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue to operate. The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company.

MIND IN HARINGEY TRUSTEES' REPORT 2023-24

As far as the Trustees are aware:

- There is no audit information of which the charitable company's auditors are unaware.
- They have taken all reasonable steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.
- The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.
- This report has been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small entities.

Approved by the Trustees Board on 11 Dec 2024 and signed on their behalf by



Tom McCabe

(Chair, Board of Trustees)

Company Registration No. 02125188

Independent auditors' report to the trustees of Mind in Haringey

Opinion

We have audited the financial statements of Mind in Haringey (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet statement of cash flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Independent auditors' report to the trustees of Mind in Haringey

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report (incorporating the directors' report) have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charitable company's policies and procedures relating to:
- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.

Independent auditors' report to the trustees of Mind in Haringey

- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities]. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Epton

**Anthony Epton (Senior Statutory Auditor)
for and on behalf of
Goldwins Limited
Statutory Auditor
Chartered Accountants
75 Maygrove Road
West Hampstead
London NW6 2EG**

Date: 16 December 2024

MIND in Haringey

Statement of financial activities

(including an income and expenditure account)

For the year ended 31 March 2024

	Note	Unrestricted Funds £	Restricted Funds £	2024 Funds £	2023 Funds £
<u>Income from:</u>					
Donations	3	8,108	-	8,108	11,576
Charitable Activities	4	122,112	1,078,621	1,200,733	1,365,118
Other Trading Activities	5	49,058	-	49,058	71,372
Investment Income	6	11,156	-	11,156	1,077
Total income		190,434	1,078,621	1,269,055	1,449,143
<u>Expenditure on:</u>					
Fundraising	7	6,709	-	6,709	4,928
Charitable activities	7	398,092	961,093	1,359,185	1,404,484
Total expenditure		404,801	961,093	1,365,894	1,409,412
Net income / (expenditure) for the year		(214,367)	117,528	(96,839)	39,731
Transfers between funds	16	132,192	(132,192)	-	-
Net movement in funds		(82,175)	(14,664)	(96,839)	39,731
<u>Reconciliation of funds:</u>					
Total funds brought forward	16	294,481	328,116	622,597	582,866
Total funds carried forward		212,306	313,452	525,758	622,597

All of the above results are derived from continuing activities.

There were no other recognised gains or losses other than those stated above.

The attached notes form part of these financial statements.

MIND in Haringey
Balance sheet
As at 31 March 2024

	Note	2024 £	2023 £
Tangible fixed assets	11	8,367	10,812
Current assets:			
Debtors	12	241,068	170,350
Cash at bank and in hand		387,816	516,293
		628,884	686,643
Creditors: amounts falling due within one year	13	(111,493)	(74,858)
Net current assets		517,391	611,785
Net assets	14	525,758	622,597
Funds			
Restricted funds		313,452	328,116
Unrestricted funds:			
General fund		212,306	294,481
Total funds	16	525,758	622,597

The financial statements have been prepared in accordance with the special provisions for small companies of the Companies Act 2006.

Approved by the Board of Trustees on 11 Dec 2024 and signed on its behalf by:



.....
Tom McCabe
Chairman, Trustees Board

Company Registration No. 02125188

The attached notes form part of the financial statements.

MIND in Haringey
Statement of cash flows
For the year ended 31 March 2024

	Note	2024 £	2024 £	2023 £	2023 £
Cash flows from operating activities:					
Net cash provided by / (used in) operating activities	17		(139,633)		(17,340)
Cash flows from investing activities:					
Interest/ rent/ dividends from investments		11,156		1,077	
Sale/ (purchase) of fixed assets		-		(1,395)	
		11,156		(318)	
Cash provided by / (used in) investing activities			11,156		(318)
Change in cash and cash equivalents in the year			(128,477)		(17,658)
Cash and cash equivalents at the beginning of the year			516,293		533,951
Cash and cash equivalents at the end of the year			387,816		516,293

1. Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP FRS 102) and the Companies Act 2006.

The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

1. Accounting policies (continued)

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred. Expenditure is classified under the following activity

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity and its activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £1,000. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Freehold property 50 years
- Fixtures and fittings 4 years
- Improvements and refurbishment 4 years

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

1. Accounting policies (continued)

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions

The pension scheme in operation became compliant for auto enrolment purposes on 1st November 2016 and all staff eligible have been registered.

2. Detailed comparatives for the statement of financial activities

	Unrestricted	Restricted	2023 Total
	£	£	£
<u>Income from:</u>			
Donations	11,576	-	11,576
Charitable Activities	190,528	1,174,590	1,365,118
Other Trading Activities	71,372	-	71,372
Investment Income	1,077	-	1,077
Total income	274,553	1,174,590	1,449,143
<u>Expenditure on:</u>			
Fundraising	4,928	-	4,928
Charitable activities	289,779	1,114,705	1,404,484
Total expenditure	294,707	1,114,705	1,409,412
Net income / (expenditure) for the year	(20,154)	59,885	39,731
Transfers between funds	157,884	(157,884)	-
Net movement in funds	137,730	(97,999)	39,731
<u>Reconciliation of funds:</u>			
Total funds brought forward	156,751	426,115	582,866
Total funds carried forward	294,481	328,116	622,597

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

3. Income from donations

	Unrestricted £	Restricted £	2024 Total £	2023 Total £
Donations	8,108	-	8,108	11,576
	8,108	-	8,108	11,576

4. Income from charitable activities

	Unrestricted £	Restricted £	2024 Total £	2023 Total £
Cost of Living Crisis	-	24,315	24,315	17,333
Go Active Project	-	3,000	3,000	4,952
Street Aunties Project	-	36,785	36,785	5,000
Federation 4 Health	-	27,370	27,370	32,843
Counselling	52,669	-	52,669	30,962
Reach & Connect	-	87,867	87,867	82,367
Men Chat Too Haringey	-	7,600	7,600	29,497
Support Self Help (SSH)	-	17,436	17,436	19,920
Support for Residence	-	-	-	-
Support for Afghan Families	-	-	-	-
Black Thrive Haringey	-	133,417	133,417	90,645
Generation Girls' Haringey	-	8,333	8,333	20,000
Young Care Leavers	-	9,000	9,000	15,000
Hornsey Charity HPC	-	10,155	10,155	9,984
Youth Future Partnership	-	11,010	11,010	43,000
ScrewFix Foundation	4,390	-	4,390	8,011
Middlesex Care Coordinator	-	46,012	46,012	62,828
NHS Charities Inequalities Project	-	18,997	18,997	6,874
MyEnd (Home Cooked)	-	37,750	37,750	31,750
Stay Well Winter Campaign Project	-	-	-	3,126
Mental Wellbeing Theme Project	-	107,995	107,995	150,000
Communication Workers Union	-	-	-	3,750
Business Development Project	17,750	-	17,750	34,400
Suicide Prevention	-	10,000	10,000	10,000
Fundraising	-	-	-	-
Central Services (Various Grants)	-	-	-	1,000
Haringey Wellbeing Network	-	309,961	309,961	310,581
Project Future	-	12,251	12,251	130,569
Community Protect/Great Mental Health	-	-	-	13,094
Safe Haven	-	159,367	159,367	130,200
Training & Consultancy	47,303	-	47,303	67,432
Total	122,112	1,078,621	1,200,733	1,365,118

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

5. Income from other trading activities	Unrestricted	Restricted	2024	2023
	£	£	Total	Total
			£	£
	-	-	-	-
Central Services	2,800	-	2,800	27,727
Station House Rental Income	10,316	-	10,316	-
Fundraising	35,942	-	35,942	43,645
	49,058	-	49,058	71,372

6. Income from investments	Unrestricted	Restricted	2024	2023
	£	£	Total	Total
			£	£
Bank interest	11,156	-	11,156	1,077
	11,156	-	11,156	1,077

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

7. Analysis of expenditure

	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	Governance £	2024 £	2023 £
Staff costs	Direct	-	708,465	115,591	-	824,056	807,494
	0	-	-	-	-	-	-
Direct costs	Direct	6,709	376,200	-	-	382,909	481,205
Support costs	Staff time	-	-	155,509	-	155,509	117,293
Audit Fees		-	-	-	3,420	3,420	3,420
		6,709	1,084,665	271,100	3,420	1,365,894	1,409,412
Support costs allocation		-	271,100	(271,100)	-	-	-
Audit Fees		-	3,420	-	(3,420)	-	-
Total expenditure 2024		6,709	1,359,185	-	-	1,365,894	1,409,412
Total expenditure 2023		4,928	1,404,484	-	-	1,409,412	-

Of the total expenditure; £404,801 was unrestricted (2023: £294,707) and £961,093 was restricted (2023: £1,114,705).

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

8. Net income/(expenditure) for the year

This is stated after charging:

	2024	2023
	£	£
Depreciation	2,445	2,445
Auditors' remuneration — audit	3,200	3,200
Operating lease rentals — property	18,500	18,500

9. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

	2024	2023
	£	£
Salaries and wages	723,133	728,323
Social security costs	60,966	61,109
Pension costs	28,421	18,062
Recruitment	2,876	-
Access to Work	3,102	-
Training & CPD	5,558	-
	824,056	807,494

No employee received remuneration in excess of £60,000 in the year (2023: none).

The total employee benefits including pension contributions of the key management personnel were £126,024 (2023: £120,815)

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2023: £nil) neither were they reimbursed expenses during the year (2023: £nil). No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2024	2023
	No.	No.
Charitable Activities	31	34
Support	4	4
	35	38

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

11. Tangible fixed assets

	Improvements of leasehold premises £	Furniture, fittings and equipment £	Total £
Cost:			
At 1 April 2023	34,932	39,696	74,628
Additions	-	-	-
At 31 March 2024	<u>34,932</u>	<u>39,696</u>	<u>74,628</u>
Depreciation:			
At 1 April 2023	27,317	36,499	63,816
Charges in year	1,269	1,176	2,445
At 31 March 2023	<u>28,586</u>	<u>37,675</u>	<u>66,261</u>
Net Book Value:			
At 31 March 2024	<u>6,346</u>	<u>2,021</u>	<u>8,367</u>
At 31 March 2023	<u>7,616</u>	<u>3,196</u>	<u>10,812</u>

All tangible fixed assets are used to fulfil the charity's objects.

12. Debtors

	2024 £	2023 £
Grants, Contract Income & Other Receivables	233,735	163,267
Prepayments	7,333	7,083
	<u>241,068</u>	<u>170,350</u>

13. Creditors: amounts falling due within one year

	2024 £	2023 £
Other Creditors	9,597	20,972
Taxation and Social Security	18,777	-
Accruals	4,080	8,723
Deferred Income	79,039	45,163
	<u>111,493</u>	<u>74,858</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

14. Analysis of net assets between funds - 2024

	Restricted funds £	General funds £	Total funds £
Tangible fixed assets	8,367	-	8,367
Current assets	305,085	323,800	628,884
Current liabilities	-	(111,493)	(111,493)
	<u>313,452</u>	<u>212,306</u>	<u>525,758</u>

Analysis of net assets between
funds - 2023

	Restricted funds £	General fund £	Total funds £
Tangible fixed assets	10,812	-	10,812
Current assets	317,304	369,339	686,643
Current liabilities	-	(74,858)	(74,858)
	<u>328,116</u>	<u>294,481</u>	<u>622,597</u>

15. Pension scheme

The Charity operates a Defined Contribution Pension Scheme. All staff eligible have been registered. Pension contributions owed as at 31.03.24 £3,974 (2023: £Nil).

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

16. Movement in funds 2024

	At 1 April 2023	Income	Expenditure	Transfers	
	£	£	£	£	£
Restricted Funds:					
Cost of Living Crisis	-	24,315	(9,608)	(4,863)	9,844
Go Active Project	-	3,000	(2,850)	(150)	-
Street Aunties Project	-	36,785	(33,860)	(1,000)	1,925
Federation 4 Health	10,243	27,370	(29,169)	-	8,444
Reach & Connect	-	87,867	(81,223)	(6,644)	-
Men Chat Too Haringey	-	7,600	(37)	-	7,563
Support Self Help (SSH)	-	17,436	(10,587)	-	6,849
Support for Residence	3,816	-	(159)	-	3,657
Support for Afghan Families	4,952	-	(2,000)	-	2,952
Black Thrive Haringey	25,510	133,417	(105,943)	(2,910)	50,074
Young Care Leavers	-	9,000	(3,690)	(900)	4,410
Hornsey Charity HPC	-	10,155	(10,155)	-	-
Youth Future Partnership	-	11,010	(4,735)	(2,202)	4,073
Middlesex Care Coordinator	9,578	46,012	(37,332)	(4,601)	13,657
NHS Charities Inequalities Project	1,324	18,997	(5,838)	(14,483)	-
MyEnd (Home Cooked)	3,469	37,750	(18,089)	(5,663)	17,467
Mental Wellbeing Theme Project	8,002	107,995	(110,008)	(5,400)	589
Suicide Prevention	11,784	10,000	(12,231)	(2,000)	7,553
Haringey Wellbeing Network	16,986	309,961	(295,106)	(30,996)	845
Generation Girls' Haringey	9,720	8,333	(17,802)	(251)	-
Project Future	170,330	12,251	(60,610)	(18,256)	103,715
Safe Haven	52,402	159,367	(110,061)	(31,873)	69,835
Total Restricted Funds	328,116	1,078,621	(961,093)	(132,192)	313,452
Unrestricted Funds					
General Fund	294,481	190,434	(404,801)	132,192	212,306
Total Unrestricted Funds	294,481	190,434	(404,801)	132,192	212,306
Total Funds	622,597	1,269,055	(1,365,894)	-	525,758

Transfers: These represent the various percentages of Management and Administrative Recharges of Central Services overheads to Restricted Projects.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2024

17. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2024	2023
	£	£
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	(96,839)	39,731
Depreciation	2,445	2,445
Interest, rent and dividends from investments	(11,156)	(1,077)
(Increase)/ decrease in debtors	(70,718)	107,379
Increase/ (decrease) in creditors	36,635	(165,818)
Net cash provided by / (used in) operating activities	(139,633)	(17,340)

18. Related Party Transactions

There were no related party transactions during the year (2023: None).

MIND IN HARINGEY

England & Wales - Charity number 801618

Accounts

MIND in Haringey
(A company limited by guarantee and a registered charity)

Company No: 02125188

Charity No: 801618

MIND in HARINGEY

Report and Financial Statements
for the Year Ended
31st March 2023

MIND in Haringey

(A company limited by guarantee and a registered charity)

MIND in Haringey
(A company limited by guarantee and a registered charity)

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MIND in Haringey
(A company limited by guarantee and a registered charity)

Reference and Administrative Information

Status	Mind in Haringey is a charitable company limited by guarantee, incorporated on 2nd April 1987, and registered as a charity on 8th June 1989.
Governing document	The Company was established under a memorandum of association setting out its objects and powers and is governed under the articles of association.
Company number	2125188
Charity number	801618
Registered office and operational address	Station House 73c Stapleton Hall Road London N4 3QF
Trustees and Directors	David Pascall CBE (Chair) Glynnis Joffe (Vice Chair) Liz O'Connor (Secretary) Norman Hamilton (resigned: 14 th April 2023) David Mosse (retired: 11 th May 2023) Sheena Pattni (resigned: 25 th May 2023) Robert Adams (coopted :1 st August 2022; resigned: 6 th April 2023) Courtney Brown (appointed 23 rd June 2022) Ana Reynal (Treasurer) (appointed: 6 th April 2023)
Bankers	HSBC Bank plc 88 The Broadway Muswell Hill London N10 3RX
Solicitors	Rich and Baily Alexandra House 157 Tottenham Lane London N8 7BT
Auditors	Goldwins Limited 75 Maygrove Road West Hampstead London NW6 2EG

Trustees' Report 2022 - 2023

The Trustee Board is pleased to present its report and the audited financial statements for the year ended 31st March 2023.

The company was established under a memorandum of association setting out its objects and powers and is governed under the articles of association. A revised memorandum and articles were adopted in December 2004.

The organisation is a charitable company limited by guarantee, incorporated on 22nd April 1987, and registered as a charity on 8th June 1989. The registered charity number is 801618 and company number is 2125188.

Pandemic and its effects

Mind in Haringey continued to function effectively during the pandemic and its aftermath. The Trustees have continued to meet regularly on Teams when necessary and we have been able to meet our obligations for corporate governance.

Going Concern

MiH continues to be a going concern and our finances are in decent shape. At the end of March 2023, the charity was holding unrestricted reserves of £294,481 and a cash balance of £516,293. Although we have lost some income, particularly from fundraising, we have won a considerable number of new bids and have expanded our services and in particular our mental health first aid training which is in great demand.

The Trustees consider that the charity has sufficient unrestricted reserves and cash flow to continue as a going concern for a period of at least 12 months from the date on which these financial statements are signed. For this reason, the accounts have been prepared on the going concern basis.

Organisational structure and decision making

Membership of the organisation is open to all and is free to service users. A small membership fee is required from non-service users. All members of the charitable company guarantee to contribute an amount not exceeding £10 to the assets of the charitable company in the event of winding up.

The directors of the company, who are Trustees under charity law, which served during the year and up to the date of this report are as shown above. The Trustees have no beneficial interest in the charitable company and have not received any benefits either from the charitable company or in recognition of being a Trustee. The Trustees manage the business of the charitable company and may exercise all the powers of the charitable company.

The Trustees delegate to the Chief Executive responsibility for the day-to-day management of the company's affairs, within a strategy and budget agreed by the Trustees, and for implementing the decisions and policies agreed by the Trustees.

The Chief Executive is assisted by managers who are each responsible for assigned projects, activities, and functions. The charity holds a service user forum bimonthly to enable service users to contribute ideas towards the running of the charity.

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The Trustees Staff and Remuneration Committee annually conducts a skills audit of the Trustees to identify any areas where the Trustee Board needs strengthening.

All newly appointed Trustees receive induction in line with the MiH Induction Policy and are required to attend a training course designed to cover all important aspects of their trusteeship, including legal responsibilities and expectations.

Recruitment and appointment of Trustees

Trustees are elected at Annual General Meetings (AGM) by the members. During the year, the charity also advertises any Trustee vacancies.

Prospective Trustees have a preliminary meeting with the Chair of the Trustee Board and are then interviewed by the Trustees Staff and Remuneration Committee. Following this process, if the skills, knowledge, and expertise of the applicant will contribute to the charity, the individual will be recommended to the Trustee Board for co-option by the other Trustees.

The co-opted Trustee's term of office is until the next AGM when they must then stand for election.

Trustees are appointed for three years which may be renewed.

The number of Trustees who are current users of the organisation's services shall be less than one half of the total number of Trustees. Greater diversity is also sought across the Trustee Board to match more closely the demographic profile in Haringey.

Key objectives for the future

In 2018 we developed a new mission, set of values and strategic objectives.

These objectives are reviewed and modified at an annual Trustees Away Day, and we shall shortly hold an Away Day to review our strategy.

Our Mission

Our mission is to support anyone in Haringey with mental health issues by listening to people, defending their rights, and helping them to lead fulfilling lives.

Our Values

- We are passionate, committed, and will listen to everyone we encounter with care and respect.
- We will influence and improve mental health services in Haringey, raising awareness and challenging stigma and discrimination.
- We will become an Anti-racist organisation.
- We are committed to equity, inclusion, and access for everyone in Haringey to mental health support.
- We are leaders and influencers fighting for mental health.
- We seek continuous improvement in all we do, to meet the needs of our community.
- We consider opportunities for collaboration when developing and delivering services.

Our Scope of work will be:

- Prevention collaborating with schools, colleges, sports bodies and local businesses and communities to raise awareness and to challenge stigma.
- Crisis: offering a response to people in crisis who contact us, and assisting them to get the right support

MIND in Haringey

(A company limited by guarantee and a registered charity)

- Support: offering the relevant support for better mental health and wellbeing by extending our counselling service; developing our advocacy services; and extending the range of services and activities we offer
- Our focus is on Haringey, but we will look to collaborate and share best practice with neighbouring local Minds and contribute to the development of a London Mind to improve the reach of Mind across London.

Our current strategic aims are:

Strategic Aim 1 - Achieve a well-led, managed, and governed organisation.

We continue to take steps to ensure excellent corporate governance and a more diverse Board. We have a talented and committed CEO and executive staff and Six Trustees. We are working with the Cranfield Trust on Board/Executive relationships and the design of our forthcoming Away Day.

Strategic Aim 2 – Have influence on mental health issues in Haringey, be more visible in our community and easily accessible. We have expanded our reach across the borough with the Haringey Wellbeing Network service. We are building on this with access to accommodation in east Haringey to reach further into the more deprived areas of the Borough. We are developing our publicity and improving our profiling as an organization. We continue to develop our core services of mental health wellbeing, advocacy, youth work, counselling, mental health first aid training and suicide prevention. We continue to host the Haringey Suicide Prevention Group (HSPG) which brings together and coordinates suicide prevention work across statutory and voluntary sectors.

Strategic Aim 3 - Expand our counselling and advocacy services and improve our response to people in crisis. We have been able to extend our Advocacy work and our counselling services.

Strategic Aim 4 - Develop effective relationships within Haringey. We are ensuring that MiH listens to people with mental health issues and works with the statutory sector to improve provision in Haringey. Our local MP, Catherine West, continues as our Patron and is incredibly supportive of our work.

Strategic Aim 5 – Improve relationships with local Minds. We are actively engaged with the Mind network where our CEO is Chair of Mind in London for the last two years.

Strategic Aim 6 - Ensure financial viability and income strategy. After years of significant deficits, we are now in a viable position, following a healthy surplus in the last three years. We have rethought our income strategy in recent years, looking at statutory bids, bids from trusts and foundations, income from revenue streams such as mental health training, increased donations as well as running a substantial number of major fundraising events.

Current services at Mind in Haringey 2023/2024

1) *Reach and Connect – ongoing June 2024*

A partnership led by Public Voice, Mind in Haringey Vibrance and wise thoughts who deliver an Over 50's service using community connectors to engage older people.

2) *Haringey wellbeing network – ongoing until March 2024*

A partnership led by Mind in Haringey with Bridge renewal trust to deliver mental health services and support to community of Haringey. we offer a range of services including wellbeing activities, wellbeing advocacy, social prescribing, Peer support and Mental health training.

3) *Project Future ongoing December 2024*

A partnership between BEH MHT, Haringey council and other agencies and Mind in Haringey as Charity partner to deliver a holistic mental health service to young men who are at risk or involved in criminality. We no longer deliver this project at Bruce Grove youth club due to Comic relief funding ending in December 2021.

4) *Counselling services ongoing partly funded.*

Mind in Haringey delivers low-cost counselling, young people's counselling, Bereavement counselling, BAME counselling.

5) *Haringey suicide prevention group ongoing*

Mind in Haringey has led /hosted the Haringey suicide prevention group for over 5 years and works in partnership with over thirty organisations in borough to deliver against the Haringey suicide prevention plan.

6) *My Ends Home cooked VRU project ongoing until 2024*

A partnership led by Bridge renewal trust with Mind in Haringey, Godwin foundation, NLPC and Father 2father to deliver a trauma informed community youth violence reduction project in Tottenham Hale.

7) *Safe haven /crisis café ongoing*

A partnership between Mind in Haringey, Haringey council, CCG to deliver a peer support model crisis café 365 days of the year from 5-9 pm

8) *SMI health checkups service for BAME ongoing December 2024*

A partnership between Mind in Haringey and Federation 4 health to deliver health check-ups and support for those with Serious mental illness.

9) *NHS charities partnership bid ongoing to December 2023*

A partnership with NHS led by Bridge renewal trust.

Mind in Haringey to provide support to young people and those with Long Covid that may experiencing mental health issues.

MIND in Haringey

(A company limited by guarantee and a registered charity)

10) CONEL student support ongoing

Mind in Haringey have been delivering student emotional support for the last four years to students at College of Northeast London.

11) Black thrive Haringey ongoing

A partnership with Black thrives Global, Black thrive Lambeth, Catalyst and Mind in Haringey to address and dismantle racism and discrimination in Mental health.

12) Mental health wellbeing project ongoing

A partnership with Mind in Haringey, Bridge renewal trust and Tottenham talking to work with grassroots organisations to deliver wellbeing activities and peer support across the borough under the Healthy neighbourhood partnership with CCG & Public Health.

13) HIU community care coordinators project Helping hand ongoing.

A partnership with North Middlesex Hospital and Enfield mind working with High intensity users that visit A& E and providing them with support to reduce their visits to A & E

14) Generation girls Haringey funded by Mind ends 31/08/2023

A project funded by Mind to collaborate with young women who are most disadvantaged and provide 1-2-1 and group support increasing their Mental health wellbeing and confidence.

15) Mind in London Self-help pilot funded by mind until September 2025 – partnerships of local minds across London piloting Minds self-help pilot over the next two years to provide more support for those living in London.

16) Cost of living crisis project funded by mind until 31st March 2024 – a project that supports the community of Haringey with warm space including a weekly breakfast club, food, and fuel vouchers

17) New beginnings funded by NHS young people and children until July 2024 – this is a support group for young care leavers aged 18-30 years old to give them support to transition into adulthood.

18) Brighter futures project funded by Youth futures fund until March 2024 – a partnership between Harris academy, NLPC, Haringey council and Mind in Haringey to explore career pathways for young people and the application of the Gatsby benchmark in Haringey schools.

Risk statement

The risks to the organisation have been identified, assessed, and reviewed by the Trustees Finance and Audit Committee in a Risk Register which is then reviewed and approved by the Trustee Board.

A robust risk management strategy, outlining the controls and procedures, is in place to deal with potential risks and opportunities, and monitoring processes are used to manage the residual risks. The Risk Register has been revised to include a pandemic and approved by the Trustees.

Related parties

Mind in Haringey is affiliated to Mind (The National Association for Mental Health) Limited; and it has informal relations with some of the other affiliates in London, those in neighbouring boroughs, in matters of common interest.

The Trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Financial Review

The charity made a surplus for the year of £39,731 (2022 £100,902) and is projecting a further surplus for next year. The unrestricted surplus was £137,730 (2022 £27,965). The total income for the year was £1,449,143 (2022 £1,398,836).

The total expenditure for the year was £1,409,412 (2022 £1,297,934).

The organisation aims to maintain free reserves at a level representing at least three months total expected expenditure. Total reserves and income to be carried forward into 2023 – 2024 are £622,597 of which unrestricted reserves are £294,481. With forecast budget surpluses going forward, unrestricted reserves are equivalent to approximately 13 months of core costs.

In 2016 an overdraft facility of £28,000 was put in place with HSBC. This is a precautionary measure to protect the charity's finances from phasing impacts of income and expenditure and to provide reassurance in the light of our current low level of reserves. It was not necessary to use this facility during the financial year.

Pensions

The pension scheme is compliant for auto enrolment and all eligible staff have been registered.

Public Benefit Statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit,

Auditors

Goldwin's Limited Chartered Accountants and Registered Auditor will be proposed for appointment in accordance with Section 485 of the Companies Act 2006.

MIND in Haringey

(A company limited by guarantee and a registered charity)

Statement of the Trustees' responsibilities

The Trustees are responsible for preparing the report of the Trustees and the financial statements in accordance with applicable law.

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period.

In preparing these financial statements, the Trustees Board which is supported by the Trustees Finance and Audit Committee is required to:

- select suitable accounting policies and then apply them consistently make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- and to prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue to operate. The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company.

As far as the Trustees are aware:

- There is no audit information of which the charitable company's auditors are unaware.
- They have taken all reasonable steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.
- The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.
- This report has been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small entities.

Approved by the Trustees Board on 16th November 2023 and signed by David Pascall CBE (Chair, Trustees Board)

Company Registration No. 02125188

Independent auditors' report to the trustees of Mind in Haringey

Opinion

We have audited the financial statements of Mind in Haringey (the 'Charity') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet statement of cash flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2023 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Independent auditors' report to the trustees of Mind in Haringey

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report (incorporating the directors' report) have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.

Independent auditors' report to the trustees of Mind in Haringey

- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities]. This description forms part of our auditor's report.

Use of our report

This report is made solely to the Charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Anthony Epton (Senior Statutory Auditor)
for and on behalf of
Goldwins Limited
Statutory Auditor
Chartered Accountants
75 Maygrove Road
West Hampstead
London NW6 2EG**

MIND in Haringey
Statement of financial activities
(including an income and expenditure account)
For the year ended 31 March 2023

	Note	Unrestricted Funds £	Restricted Funds £	2023 Funds £	2022 Funds £
<u>Income from:</u>					
Donations	3	11,576	-	11,576	27,835
Charitable Activities	4	190,528	1,174,590	1,365,118	1,333,569
Other Trading Activities	5	71,372	-	71,372	37,405
Investment Income	6	1,077	-	1,077	27
Total income		274,553	1,174,590	1,449,143	1,398,836
<u>Expenditure on:</u>					
Fundraising	7	4,928	-	4,928	2,456
Charitable activities	7	289,779	1,114,705	1,404,484	1,295,478
Total expenditure		294,707	1,114,705	1,409,412	1,297,934
Net income / (expenditure) for the year		(20,154)	59,885	39,731	100,902
Transfers between funds	16	157,884	(157,884)	-	-
Net movement in funds		137,730	(97,999)	39,731	100,902
<u>Reconciliation of funds:</u>					
Total funds brought forward	16	156,751	426,115	582,866	481,964
Total funds carried forward		294,481	328,116	622,597	582,866

All of the above results are derived from continuing activities.
There were no other recognised gains or losses other than those stated above.
The attached notes form part of these financial statements.

MIND in Haringey
Balance sheet
As at 31 March 2023

	Note	2023 £	2022 £
Tangible fixed assets	11	10,812	11,862
Current assets:			
Debtors	12	170,350	277,729
Cash at bank and in hand		<u>516,293</u>	<u>533,951</u>
		686,643	811,680
Creditors: amounts falling due within one year	13	<u>(74,858)</u>	<u>(240,676)</u>
Net current assets		<u>611,785</u>	<u>571,004</u>
Net assets	14	<u><u>622,597</u></u>	<u><u>582,866</u></u>
Funds			
Restricted funds		328,116	426,115
Unrestricted funds:			
General fund		<u>294,481</u>	<u>156,751</u>
Total funds	16	<u><u>622,597</u></u>	<u><u>582,866</u></u>

The financial statements have been prepared in accordance with the special provisions for small companies of the Companies Act 2006.

Approved by the Board of Trustees on 16th November 2023 and signed on its behalf by:

.....
David Pascall CBE
Chairman, Trustees Board

Company Registration No. 02125188

The attached notes form part of the financial statements.

MIND in Haringey
Statement of cash flows
For the year ended 31 March 2023

	Note	2023 £	2023 £	2022 £	2022 £
Cash flows from operating activities:					
Net cash provided by / (used in) operating activities	17		(17,340)		(106,935)
Cash flows from investing activities:					
Interest/ rent/ dividends from investments		1,077		27	
Sale/ (purchase) of fixed assets		(1,395)		(2,512)	
		_____		_____	
Cash provided by / (used in) investing activities			(318)		(2,485)
			_____		_____
Change in cash and cash equivalents in the year			(17,658)		(109,420)
Cash and cash equivalents at the beginning of the year			533,951		643,371
			_____		_____
Cash and cash equivalents at the end of the year			516,293		533,951
			=====		=====

1. Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP FRS 102) and the Companies Act 2006.

The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

1. Accounting policies (continued)

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity and its activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £1,000. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Freehold property 50 years
- Fixtures and fittings 4 years
- Improvements and refurbishment 4 years

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2023

1. Accounting policies (continued)

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions

The pension scheme in operation became compliant for auto enrolment purposes on 1st November 2016 and all staff eligible have been registered.

2. Detailed comparatives for the statement of financial activities

	Unrestricted £	Restricted £	2022 Total £
<u>Income from:</u>			
Donations	27,835	-	27,835
Charitable Activities	181,093	1,152,476	1,333,569
Other Trading Activities	37,405	-	37,405
Investment Income	27	-	27
Total income	246,360	1,152,476	1,398,836
<u>Expenditure on:</u>			
Fundraising	2,456	-	2,456
Charitable activities	297,535	997,943	1,295,478
Total expenditure	299,991	997,943	1,297,934
Net income / (expenditure) for the year	(53,631)	154,533	100,902
Transfers between funds	81,596	(81,596)	-
Net movement in funds	27,965	72,937	100,902
<u>Reconciliation of funds:</u>			
Total funds brought forward	128,786	353,178	481,964
Total funds carried forward	156,751	426,115	582,866

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2023

3. Income from donations

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Donations	11,576	-	11,576	27,835
	<u>11,576</u>	<u>-</u>	<u>11,576</u>	<u>27,835</u>

4. Income from charitable activities

	Unrestricted £	Restricted £	2023 Total £	2022 Total £
Support for Resident	-	17,333	17,333	8,667
Supports for Afghan Families	-	4,952	4,952	-
Ukraine Crisis Project	-	5,000	5,000	-
Young Black Mind	-	-	-	16,649
Federation 4 Health	-	32,843	32,843	39,412
Counselling	30,962	-	30,962	42,683
Reach & Connect	-	82,367	82,367	70,496
Federation 4 Health Peer Support	-	29,497	29,497	-
BAME Therapeutic Service	-	19,920	19,920	59,760
Black Thrive Haringey	-	90,645	90,645	83,963
Generation Girls' Haringey	-	20,000	20,000	1,667
Great Mental Health Project	-	15,000	15,000	45,000
Hornsey Charity Digital Market	9,984	-	9,984	-
Haringey Police Training	43,000	-	43,000	-
Kick Start	-	8,011	8,011	11,017
Middlesex Care Coordinator	-	62,828	62,828	8,325
NHS Charities Inequalities Project	-	6,874	6,874	-
MyEnd (Home Cooked)	-	31,750	31,750	26,250
Stay Well Winter Campaign Project	-	3,126	3,126	3,126
Mind Premier League Series	-	-	-	19,000
Mental Wellbeing Theme Project	-	150,000	150,000	-
Communication Workers Union	3,750	-	3,750	27,500
Business Development Project	34,400	-	34,400	-
Suicide Prevention	-	10,000	10,000	10,000
Fundraising	-	-	-	129
Digital Transformation System (CRM)	-	-	-	3,000
Central Services (Various Grants)	1,000	-	1,000	3,365
Veteran Project - Zurich	-	-	-	26,356
Haringey Wellbeing Network	-	310,581	310,581	316,960
Project Future	-	130,569	130,569	256,168
Community Protect	-	-	-	25,392
Digital Worker Project	-	-	-	11,666
Community Protect/Great Mental Health	-	13,094	13,094	4,365
Digital Intern	-	-	-	22,650
Safe Haven	-	130,200	130,200	100,387
Training & Consultancy	67,432	-	67,432	88,416
Heat & Eat Vouchers	-	-	-	1,200
Total	<u>190,528</u>	<u>1,174,590</u>	<u>1,365,118</u>	<u>1,333,569</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2023

5. Income from other trading activities	Unrestricted	Restricted	2023	2022
	£	£	Total	Total
			£	£
Central Services	27,727	-	27,727	16,270
Fundraising	43,645	-	43,645	21,135
	<u>71,372</u>	<u>-</u>	<u>71,372</u>	<u>37,405</u>

6. Income from investments	Unrestricted	Restricted	2023	2022
	£	£	Total	Total
			£	£
Bank interest	1,077	-	1,077	27
	<u>1,077</u>	<u>-</u>	<u>1,077</u>	<u>27</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2023

7. Analysis of expenditure

	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	Governance	2023 £	2022 £
Staff costs	Direct	-	711,296	96,198	-	807,494	797,278
Direct costs	Direct	4,928	476,277	-	-	481,205	414,839
Support costs	Staff time	-	-	117,293	-	117,293	82,037
Audit Fees		-	-	-	3,420	3,420	3,780
		4,928	1,187,573	213,491	3,420	1,409,412	1,297,934
Support costs allocation		-	213,491	(213,491)	-	-	-
Governance costs allocation		-	3,420	-	(3,420)	-	-
Total expenditure 2023		4,928	1,404,484	-	-	1,409,412	1,297,934
Total expenditure 2022		2,456	1,295,478	-		1,297,934	

Of the total expenditure, £294,707 was unrestricted (2022: £299,991) and £1,114,705 was restricted (2022: £997,943).

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2023

8. Net income/(expenditure) for the year

This is stated after charging:

	2023	2022
	£	£
Depreciation	2,445	2,445
Auditors' remuneration — audit	2,850	2,850
Operating lease rentals — property	<u>18,500</u>	<u>9,144</u>

9. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

	2023	2022
	£	£
Salaries and wages	728,323	722,865
Social security costs	61,109	56,221
Pension costs	<u>18,062</u>	<u>18,192</u>
	<u>807,494</u>	<u>797,278</u>

No employee received remuneration in excess of £60,000 in the year (2022: none).

The total employee benefits including pension contributions of the key management personnel were £120,815 (2022: £166,613)

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2022: £nil) neither were they reimbursed expenses during the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2023	2022
	No.	No.
Charitable Activities	34	45
Support	<u>4</u>	<u>5</u>
	<u>38</u>	<u>50</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2023

11. Tangible fixed assets

	Improvements of leasehold premises	Furniture, fittings and equipment	Total
	£	£	£
Cost:			
At 1 April 2022	34,932	38,301	73,233
Additions	-	1,395	1,395
At 31 March 2023	<u>34,932</u>	<u>39,696</u>	<u>74,628</u>
Depreciation:			
At 1 April 2022	26,048	35,323	61,371
Charges in year	1,269	1,176	2,445
At 31 March 2023	<u>27,317</u>	<u>36,499</u>	<u>63,816</u>
Net Book Value:			
At 31 March 2023	<u>7,615</u>	<u>3,196</u>	<u>10,812</u>
At 31 March 2022	<u>8,884</u>	<u>2,978</u>	<u>11,862</u>

All tangible fixed assets are used to fulfil the charity's objects.

12. Debtors

	2023	2022
	£	£
Grants, Contract Income & Other Receivables	162,967	266,959
Prepayments	7,083	10,419
Other Debtor	300	351
	<u>170,350</u>	<u>277,729</u>

13. Creditors: amounts falling due within one year

	2023	2022
	£	£
Other Creditors	20,972	9,270
Accruals	8,723	3,780
Deferred Income	45,163	227,626
	<u>74,858</u>	<u>240,676</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2023

14. Analysis of net assets between funds - 2023

	Restricted funds £	General funds £	Total funds £
Tangible fixed assets	10,812	-	10,812
Current assets	317,304	369,339	686,643
Current liabilities	-	(74,858)	(74,858)
	<u>328,116</u>	<u>294,481</u>	<u>622,597</u>

Analysis of net assets between funds -
2022

	Restricted funds £	General fund £	Total funds £
Tangible fixed assets	11,862	-	11,862
Current assets	414,253	397,427	811,680
Current liabilities	-	(240,676)	(240,676)
	<u>426,115</u>	<u>156,751</u>	<u>582,866</u>

15. Pension scheme

The pension scheme in operation is Defined Contribution Scheme. All eligible staffs are registered unto this scheme. Pension contributions owed as at 31.03.23 £Nil (2022: £Nil).

16. Movement in funds 2023

	At 1 April 2022 £	Income £	Expenditure £	Transfers £	At 31 March 2023 £
Restricted Funds:					
Young Black Mind	1,433	-	-	(1,433)	-
Federation 4 Health	11,640	32,843	(30,956)	(3,284)	10,243
Support for Resident	1,672	17,333	(11,189)	(4,000)	3,816
BAME Therapeutic Service	17,127	19,920	(37,007)	(40)	-
Suicide Prevention	9,273	10,000	(6,489)	(1,000)	11,784
Reach & Connect	-	82,367	(72,841)	(9,526)	(0)
Community Protect	34,944	-	-	(34,944)	-
Veteran Project - Zurich	9,353	-	-	(9,353)	-
Digital Worker Project	4,344	-	-	(4,344)	-
Haringey Wellbeing Network	4,999	310,581	(298,594)	-	16,986
Project Future	243,909	130,569	(166,700)	(37,448)	170,330
Black Thrive Haringey	38,485	90,645	(103,620)	-	25,510
Safe Haven	18,409	130,200	(76,677)	(19,530)	52,402
Mental Wellbeing Theme Project	-	150,000	(141,998)	-	8,002
Digital Transformation System (CRM)	2,820	-	-	(2,820)	-
Generation Girls' Haringey	1,667	20,000	(11,947)	-	9,720
FederAation 4 Health Peer Support	-	29,497	(20,883)	(8,614)	-
Supports for Afghan Families	-	4,952	-	-	4,952
Ukraine Crisis Project	-	5,000	(5,000)	-	-
NHS Charities Inequalities Project	-	6,874	(5,550)	-	1,324
CCG Flu Campaign Protect	1,267	-	-	(1,267)	-
Great Mental Health Project	9,966	15,000	(22,113)	(2,853)	-
Middlesex Care Coordinator	-	62,828	(53,250)	-	9,578
MyEnd (Home Cooked)	5,286	31,750	(30,392)	(3,175)	3,469
Stay Well Winter Campaign Project	876	3,126	(3,876)	(126)	-
Kick Start	-	8,011	(7,806)	(205)	-
Community Protect Great Mental Health	2,148	13,094	(7,817)	(7,425)	-
Heat & Eat Vouchers	6,497	-	-	(6,497)	-
Total Restricted Funds	<u>426,115</u>	<u>1,174,590</u>	<u>(1,114,705)</u>	<u>(157,884)</u>	<u>328,116</u>
Unrestricted Funds					
General Fund	156,751	274,553	(294,707)	157,884	294,481
Total Unrestricted Funds	<u>156,751</u>	<u>274,553</u>	<u>(294,707)</u>	<u>157,884</u>	<u>294,481</u>
Total Funds	<u><u>582,866</u></u>	<u><u>1,449,143</u></u>	<u><u>(1,409,412)</u></u>	<u><u>-</u></u>	<u><u>622,597</u></u>

Transfers: These represent the various percentages of Management and Administrative Recharges of Central Services overheads to Restricted Projects.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2023

17. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2023	2022
	£	£
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	39,731	100,902
Depreciation	2,445	2,445
Interest, rent and dividends from investments	(1,077)	(27)
(Increase)/ decrease in debtors	107,379	(187,144)
Increase/ (decrease) in creditors	(165,818)	(23,111)
Net cash provided by / (used in) operating activities	<u>(17,340)</u>	<u>(106,935)</u>

18. Related Party Transactions

There were no related party transactions during the year (2022: None).

MIND IN HARINGEY

England & Wales - Charity number 801618

Accounts

Company No: 02125188

Charity No: 801618

MIND in HARINGEY

Report and Financial Statements

For the Year Ended

31st March 2022

MIND in Haringey

(A company limited by guarantee and a registered charity)

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Reference and Administrative Information

Status	MIH is a charitable company limited by guarantee, incorporated on 2nd April 1987 and registered as a charity on 8th June 1989.
Governing document	The Company was established under a memorandum of association setting out its objects and powers and is governed under the articles of association.
Company number	02125188
Charity number	801618
Registered office and operational address	Station House 73c Stapleton Hall Road London N4 3QF
Trustees and Directors	David Pascall CBE (Chairman) Glynnis Joffe (Vice Chairman) Susanna Charwood (resigned 15th November 2021) Norman Hamilton David Mosse Liz O'Connor (Secretary) Sheena Pattni Maria Stankowich (appointed 12th July 2021; resigned 19th November 2021) Alastair Murray (appointed 17th January 2022; resigned 23rd May 2022) Courtney Brown (appointed 23rd March 2022)
Bankers	HSBC Bank plc 88 The Broadway, Muswell Hill London N10 3RX
Solicitors	Rich and Baily Alexandra House 157 Tottenham Lane London N8 7BT
Auditors	Goldwins Limited 75 Maygrove Road West Hampstead London NW6 2EG

Trustees' Report 2021 - 2022

The Trustee Board is pleased to present its report and the audited financial statements for the year ended 31st March 2022.

The company was established under a memorandum of association setting out its objects and powers and is governed under the articles of association. A revised memorandum and articles were adopted in December 2004. The organisation is a charitable company limited by guarantee, incorporated on 22nd April 1987 and registered as a charity on 8th June 1989. The registered charity number is 801618 and company number is 2125188.

Pandemic Coronavirus

Mind in Haringey continued to function effectively during the year despite the impact of the coronavirus on both our work and potential financial viability. The Trustees have continued to meet regularly on Zoom when necessary and we have been able to meet our obligations for corporate governance in difficult circumstances.

Going Concern

Despite the pandemic, MiH continues to be a going concern and our finances are in good shape. At the end of March 2022, the charity was holding unrestricted reserves of £142,323 and a cash balance of £530,673. We have won a significant number of new bids and have expanded our services and in particular our mental health first aid training which is in great demand. The Trustees consider that the charity has sufficient unrestricted reserves and cash flow to continue as a going concern for a period of at least 12 months from the date on which these financial statements are signed. For this reason, the accounts have been prepared on the going concern basis.

Organisational structure and decision making

Membership of the organisation is open to all and is free to service users. A small membership fee is required from non-service users. All members of the charitable company guarantee to contribute an amount not exceeding £10 to the assets of the charitable company in the event of winding up.

The directors of the company, who are Trustees under charity law, that served during the year and up to the date of this report are as shown above. The Trustees have no beneficial interest in the charitable company and have not received any benefits either from the charitable company or in recognition of being a Trustee. The Trustees manage the business of the charitable company and may exercise all the powers of the charitable company. The Trustees delegate to the Chief Executive responsibility for the day-to-day management of the company's affairs, within a strategy and budget agreed by the Trustees, and for implementing the decisions and policies agreed by the Trustees. The Chief Executive is assisted by managers who are each responsible for assigned projects, activities and functions. The charity holds a service user forum bi monthly to enable service users to contribute ideas towards the running of the charity. The Trustees Staff and Remuneration Committee annually conducts a skills audit of the Trustees to identify any areas where the Trustee Board needs strengthening. All newly appointed Trustees receive induction in line with the MiH Induction Policy and are required to attend a training course designed to cover all important aspects of their trusteeship, including legal responsibilities and expectations.

Recruitment and appointment of Trustees

Trustees are elected at Annual General Meetings (AGM) by the members. During the year, the charity also advertises any Trustee vacancies. Prospective Trustees have a preliminary meeting with the Chairman of the Trustee Board and are then interviewed by the Trustees Staff and Remuneration Committee. Following this process, if the skills, knowledge, and expertise of the applicant will contribute to the charity, the individual will be recommended to the Trustee Board for co-option by the other Trustees. The co-opted Trustee's term of office is until the next AGM when they must then stand for election. Trustees are appointed for three years which may be renewed. The number of Trustees who are current users of the organisation's services shall be less than one half of the total number of Trustees. Greater diversity is also sought across the Trustee Board to match more closely the demographic profile in Haringey.

Key objectives for the future

In 2016 we developed a new mission, set of values and strategic objectives. These objectives are reviewed and modified at an annual Trustees Away Day and we shall shortly hold an Away Day to review our strategy in light of the pandemic.

Mission

- We support anyone in Haringey with mental health issues: listening to people, defending their rights, and helping them to lead fulfilling lives.
- We listen with care, respect, and reassurance to everyone we encounter.
- We seek to influence and improve mental health services in Haringey, raising awareness and challenging both stigma and discrimination.
- We are committed to easy and equal access to our services for everyone in Haringey.
- We consider opportunities for collaboration when developing services
- We seek continuous improvement in all that we do.

Our Scope of work will be:

- Prevention working with schools, colleges, sports bodies and local businesses and communities to raise awareness and to challenge stigma
- Crisis: offering a response to people in crisis who contact us, and assisting them to get the right support
- Support: offering the relevant support for better mental health and wellbeing by extending our counselling service; developing our advocacy services; and extending the range of services and activities we offer
- Our focus is on Haringey, but we will look to collaborate and share best practice with neighbouring local Minds and contribute to the development of a London Mind to improve the reach of Mind across London.

Our current strategic aims are:

Strategic Aim 1 - Achieve a well-led, managed, and governed organization

We continue to take steps to ensure excellent corporate governance and a more diverse Board. We have a talented and committed CEO and executive staff and seven Trustees. We are working with the Cranfield Trust on Board/Executive relationships and the design of our forthcoming Away Day.

Strategic Aim 2 – Make a difference to mental health issues in Haringey, be more visible in our community and easily accessible. We have expanded our reach across the borough with the Haringey Wellbeing Network service. We are building on this with access to accommodation in east Haringey in order to reach further into the more deprived areas of the Borough. We are developing our publicity and improving our profiling as an organization. We continue to develop our core services of mental health wellbeing, advocacy, youth work, counselling, mental health first aid training and suicide prevention. We continue to host the Haringey Suicide Prevention Group (HSPG) which brings together and coordinates suicide prevention work across statutory and voluntary sectors.

Strategic Aim 3 - Expand our counselling and advocacy services and improve our response to people in crisis. We have been able to extend our Advocacy work and our counselling services.

Strategic Aim 4 - Develop effective relationships within Haringey. We are ensuring that MiH listens to people with mental health issues and works with the statutory sector to improve provision in Haringey. Our local MP, Catherine West, continues as our Patron and is very supportive of our work.

Strategic Aim 5 – Improve relationships with local Minds. We are actively engaged with the Mind network where our CEO is Chair of London Mind.

Strategic Aim 6 - Ensure financial viability and income strategy. After years of significant deficits, we are now in a viable position, following a healthy surplus in the last three years. We have rethought our income strategy in recent years, looking at statutory bids, bids from trusts and foundations, income from revenue streams such as mental health training, increased donations as well as running a significant number of major fundraising events.

Current services at Mind in Haringey 2022/2023

i)Reach and Connect – ongoing June 2024

A partnership led by Public Voice, Mind in Haringey Vibrance and wise thoughts who deliver an Over 50's service using community connectors to engage older people.

ii) Haringey wellbeing network – ongoing until March 2023

A partnership led by Mind in Haringey with Bridge renewal trust to deliver mental health services and support to community of Haringey. we offer a range of services including wellbeing activities, wellbeing advocacy, social prescribing, Peer support and Mental health training.

iii) Project Future ongoing December 2024

A partnership between BEH MHT, Haringey council and other agencies and Mind in Haringey as Charity partner to deliver a holistic mental health service to young men who are at risk or involved in criminality. We no longer deliver this project at Bruce Grove youth club due to Comic relief funding ending in December 2021.

iv) Counselling services ongoing partly funded ongoing

Mind in Haringey delivers low-cost counselling, young people's counselling, Bereavement counselling, BAME counselling

V) Haringey suicide prevention group ongoing June 2023

Mind in Haringey has led /hosted the Haringey suicide prevention group for over 5 years and works in partnership with over 30 organisations in borough to deliver against the Haringey suicide prevention plan

VI) My Ends Home cooked VRU project ongoing August 2023

A partnership led by Bridge renewal trust with Mind in Haringey, Godwin foundation, NLPC and Father 2father to deliver a trauma informed community youth violence reduction project in Tottenham Hale.

VII) Safe haven /crisis café ongoing June 2023 expected to be ongoing

A partnership between Mind in Haringey, Haringey council, CCG to deliver a peer support model crisis café 365 days of the year from 5-9 pm

VIII) SMI health checkups service for BAME ongoing December 2024

A partnership between Mind in Haringey and Federation 4 health to deliver health check-ups and support for those with Serious mental illness.

VIII) Great Mental health programme ongoing September 2022

A partnership led by public health with 7 partner organisations. Mind in Haringey deliver the Haringey bereavement network.

X) Reps in Mind ongoing extended again to June 2022

Mind in Haringey have been delivering an employee support line for the last 18 months

XI) NHS charities partnership bid ongoing December 2023

A partnership with NHS led by Bridge renewal trust
Mind in Haringey to provide support to young people and those with Long Covid that may experiencing mental health issues.

XII) Improving black minds funded by Zurich September 2022

Mind in Haringey funded by Zurich to deliver a BAME therapeutic service that supports the community through support groups and counselling.

Xiii) CONEL student support ongoing July 2023

Mind in Haringey have been delivering student emotional support for the last four years t students at College of Northeast London.

XV) Black thrive Haringey ongoing to September 2023

A partnership with Black thrives Global, Black thrive Lambeth, Catalyst and Mind in Haringey to address and dismantle racism and discrimination in Mental health

XVI) Mental health wellbeing project started in February 2022 until March 2023

A partnership with Mind in Haringey, Bridge renewal trust and Tottenham talking to work with grassroots organisations to deliver wellbeing activities and peer support across the borough under the Healthy neighbourhood partnership with CCG & Public Health.

XVII) HIU community care coordinators project started January 2022 to December 2022

A partnership with North Middlesex Hospital and Enfield mind working with High intensity users that visit A& E and providing them with support to reduce their visits to A & E

XVIII) Generation girls Haringey funded by Mind February 2022 – March 2023

A project funded by Mind to work with young women who are most disadvantaged and provide 1-2-1 and group support increasing their Mental health wellbeing and confidence.

Risk statement

The risks to the organisation have been identified, assessed, and reviewed by the Trustees Finance and Audit Committee in a Risk Register which is then reviewed and approved by the Trustee Board. A robust risk management strategy, outlining the controls and procedures, is in place to deal with potential risks and opportunities, and monitoring processes are used to manage the residual risks. The Risk Register has been revised to include a pandemic and approved by the Trustees.

Related parties

Mind in Haringey is affiliated to Mind (The National Association for Mental Health) Limited; and it has informal relations with some of the other affiliates in London, those in neighbouring boroughs, in matters of common interest.

The Trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Financial Review

The charity made an surplus for the year of £100,902 (2021 £139,612) and is projecting a further surplus for next year. The unrestricted surplus was £27,965 (2021 £57,046). The total income for the year was £1,398,836 (2021 £1,231,751).

The total expenditure for the year was £1,297,934 (2021 £1,092,139).

The organisation aims to maintain free reserves at a level representing at least three months' expenditure on core costs. Total reserves and income to be carried forward into 2022 – 2023 are £582,866 of which unrestricted reserves are £156,751. With forecast budget surpluses going forward, unrestricted reserves are equivalent to approximately 8 months of core costs.

In 2016 an overdraft facility of £28,000 was put in place with HSBC. This is a precautionary measure to protect the charity's finances from phasing impacts of income and expenditure and to provide reassurance in the light of our current low level of reserves. It was not necessary to use this facility during the financial year.

Pensions

The pension scheme is compliant for auto enrolment and all eligible staff have been registered.

Public Benefit Statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit,

Auditors

Goldwins Limited Chartered Accountants and Registered Auditor will be proposed for appointment in accordance with Section 485 of the Companies Act 2006.

Statement of the Trustees' responsibilities

The Trustees are responsible for preparing the report of the Trustees and the financial statements in accordance with applicable law. Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees Board which is supported

by the Trustees Finance and Audit Committee is required to:

- select suitable accounting policies and then apply them consistently make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- and to prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue to operate. The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company.

As far as the Trustees are aware:

- There is no audit information of which the charitable company's auditors are unaware.
- They have taken all reasonable steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.
- The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.
- This report has been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small entities.

Approved by the Trustees Board on 18th July 2022 and signed by David Pascall CBE (Chairman, Trustees Board)



David Pascall CBE (Chairman, Trustees Board)

Company Registration No. 02125188

Independent auditors' report to the trustees of Mind in Haringey

Opinion

We have audited the financial statements of Mind in Haringey (the 'Charity') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Balance Sheet, statement of cash flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2022 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report (incorporating the directors' report) have been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
 - Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
 - The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements

made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities]. This description forms part of our auditor's report.

Use of our report

This report is made solely to the Charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Epton

**Anthony Epton (Senior Statutory Auditor)
for and on behalf of
Goldwins Limited
Statutory Auditor
Chartered Accountants
75 Maygrove Road
West Hampstead
London NW6 2EG**

Date: 19 July 2022

MIND in Haringey
Statement of financial activities
(including an income and expenditure account)
For the year ended 31 March 2022

	Note	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
<u>Income from:</u>					
Donations	3	27,835	-	27,835	21,623
Charitable Activities	4	181,093	1,152,476	1,333,569	1,156,334
Other Trading Activities	5	37,405	-	37,405	53,524
Investment Income	6	27	-	27	270
Total income		246,360	1,152,476	1,398,836	1,231,751
<u>Expenditure on:</u>					
Fundraising	7	2,456	-	2,456	1,441
Charitable activities	7	297,535	997,943	1,295,478	1,090,698
Total expenditure		299,991	997,943	1,297,934	1,092,139
Net income / (expenditure) for the year		(53,631)	154,533	100,902	139,612
Transfers between funds	16	81,596	(81,596)	-	-
Net movement in funds		27,965	72,937	100,902	139,612
<u>Reconciliation of funds:</u>					
Total funds brought forward	16	128,786	353,178	481,964	342,352
Total funds carried forward		156,751	426,115	582,866	481,964

All of the above results are derived from continuing activities.
There were no other recognised gains or losses other than those stated above.
The attached notes form part of these financial statements.

MIND in Haringey
Balance sheet
As at 31 March 2022

	Note	2022 £	2021 £
Tangible fixed assets	11	11,862	11,795
Current assets:			
Debtors	12	277,729	90,585
Cash at bank and in hand		<u>533,951</u>	<u>643,371</u>
		811,680	733,956
Creditors: amounts falling due within one year	13	<u>(240,676)</u>	<u>(263,787)</u>
Net current assets		<u>571,004</u>	<u>470,169</u>
Total net assets	14	<u><u>582,866</u></u>	<u><u>481,964</u></u>
Funds			
Restricted funds		426,115	353,178
Unrestricted funds:			
General fund		<u>156,751</u>	<u>128,786</u>
Total funds	16	<u><u>582,866</u></u>	<u><u>481,964</u></u>

The financial statements have been prepared in accordance with the special provisions for small companies of the Companies Act 2006.

Approved by the Board of Trustees on 15th July 2022 and signed on its behalf by:



David Pascall CBE
Chairman, Trustees Board

Company Registration No. 02125188

The attached notes form part of the financial statements.

MIND in Haringey
Statement of cash flows
For the year ended 31 March 2022

	Note	2022 £	2021 £	2021 £
Cash flows from operating activities:				
Net cash provided by / (used in) operating activities	18	(106,935)		275,235
Cash flows from investing activities:				
Interest/ rent/ dividends from investments		27	270	
Purchase of fixed assets		(2,512)	(2,190)	
		_____	_____	
Cash provided by / (used in) investing activities		(2,485)		(1,920)
		_____		_____
Change in cash and cash equivalents in the year		(109,420)		273,315
Cash and cash equivalents at the beginning of the year		643,371		370,056
		_____		_____
Cash and cash equivalents at the end of the year		533,951		643,371
		=====		=====

1. Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP FRS 102) and the Companies Act 2006.

The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

1. Accounting policies (continued)

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity and its activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £1,000. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Freehold property 50 years
- Fixtures and fittings 4 years
- Improvements and refurbishment 4 years

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

1. Accounting policies (continued)

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions

The pension scheme in operation became compliant for auto enrolment purposes on 1st November 2016 and all staff eligible have been registered.

2. Detailed comparatives for the statement of financial activities

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £
<u>Income from:</u>			
Donations	21,623	-	21,623
Charitable Activities	252,003	904,331	1,156,334
Other Trading Activities	53,524	-	53,524
Investment Income	270	-	270
Total income	327,420	904,331	1,231,751
<u>Expenditure on:</u>			
Fundraising	1,441	-	1,441
Charitable activities	317,145	773,553	1,090,698
Total expenditure	318,586	773,553	1,092,139
Net income / (expenditure) for the year	8,834	130,778	139,612
Transfers between funds	48,212	(48,212)	-
Net movement in funds	57,046	82,566	139,612
<u>Reconciliation of funds:</u>			
Total funds brought forward	71,740	270,612	342,352
Total funds carried forward	128,786	353,178	481,964

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

3. Income from donations

	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Donations	27,835	-	27,835	21,623
	<u>27,835</u>	<u>-</u>	<u>27,835</u>	<u>21,623</u>

4. Income from charitable activities

	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Support for Resident	-	8,667	8,667	-
Young Black Mind	-	16,649	16,649	20,930
Federation 4 Health	-	39,412	39,412	26,275
Counselling	42,683	-	42,683	91,318
Reach & Connect	-	70,496	70,496	76,398
Psychosis - Mind	-	-	-	4,631
BAME Therapeutic Service	-	59,760	59,760	-
Black Thrive Haringey	-	83,963	83,963	-
Generation Girls' Haringey	-	1,667	1,667	-
Great Mental Health Project	-	45,000	45,000	-
Kick Start	-	11,017	11,017	-
Middlesex Care Coordinator	-	8,325	8,325	-
MyEnd (Home Cooked)	-	26,250	26,250	-
Stay Well Winter Campaign Project	-	3,126	3,126	-
Mind Premier League Series	19,000	-	19,000	-
ESP	-	-	-	4,375
Communication Workers Union	27,500	-	27,500	22,500
Suicide Prevention	-	10,000	10,000	12,000
Fundraising	129	-	129	1,369
Digital Transformation System (CRM)	-	3,000	3,000	1,267
Central Services (Various Grants)	3,365	-	3,365	51,378
Veteran Project - Zurich	-	26,356	26,356	15,144
Haringey Wellbeing Network	-	316,960	316,960	309,961
Project Future	-	256,168	256,168	305,214
Community Protect	-	25,392	25,392	31,977
Digital Worker Project	-	11,666	11,666	8,333
Community Protect/Great Mental Health	-	4,365	4,365	29,310
Digital Intern	-	22,650	22,650	15,214
Safe Haven	-	100,387	100,387	62,662
Training & Consultancy	88,416	-	88,416	56,128
Eat & Eat Vouchers	-	1,200	1,200	9,950
Total	<u>181,093</u>	<u>1,152,476</u>	<u>1,333,569</u>	<u>1,156,334</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

5. Income from other trading activities

	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Central Services	16,270	-	16,270	32,120
Fundraising	21,135	-	21,135	21,404
	<u>37,405</u>	<u>-</u>	<u>37,405</u>	<u>53,524</u>

6. Income from investments

	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Bank interest	27	-	27	270
	<u>27</u>	<u>-</u>	<u>27</u>	<u>270</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

7. Analysis of expenditure

	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	Governance costs	Total 2022 £	Total 2021 £
Staff costs	Direct	-	662,404	134,874	-	797,278	635,997
Direct costs	Direct	2,456	412,383	-	-	414,839	362,724
Support costs	Staff time	-	-	82,037	-	82,037	89,638
Audit Fees		-	-	-	3,780	3,780	3,780
		2,456	1,074,787	216,911	3,780	1,297,934	1,092,139
Support costs allocation		-	216,911	(216,911)	-	-	-
Audit Fees		-	3,780	-	(3,780)	-	-
Total expenditure 2022		2,456	1,295,478	-	-	1,297,934	1,092,139
Total expenditure 2021		1,441	1,090,698	-	-	1,092,139	

Of the total expenditure, £299,991 was unrestricted (2021: £318,586) and £997,943 was restricted (2021: £773,553).

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

8. Net income/(expenditure) for the year

This is stated after charging:

	2022	2021
	£	£
Depreciation	2,445	1,817
Auditors' remuneration — audit	3,780	3,780
Operating lease rentals — property	<u>9,144</u>	<u>-</u>

9. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

	2022	2021
	£	£
Salaries and wages	722,865	579,866
Social security costs	56,221	42,808
Pension costs	<u>18,192</u>	<u>13,323</u>
	<u>797,278</u>	<u>635,997</u>

No employee received remuneration in excess of £60,000 in the year (2021: none).

The total employee benefits including pension contributions of the key management personnel were £166,613 (2021: £109,747)

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2021: £nil) neither were they reimbursed expenses during the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2022	2021
	No.	No.
Charitable Activities	45	38
Support	<u>5</u>	<u>5</u>
	<u>50</u>	<u>43</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

11. Tangible fixed assets

	Improvements of leasehold premises £	Furniture, fittings and equipment £	Total £
Cost:			
At 1 April 2021	34,932	35,789	70,721
Additions	-	2,512	2,512
At 31 March 2022	<u>34,932</u>	<u>38,301</u>	<u>73,233</u>
Depreciation:			
At 1 April 2021	24,779	34,147	58,926
Charges in year	1,269	1,176	2,445
At 31 March 2022	<u>26,048</u>	<u>35,323</u>	<u>61,371</u>
Net Book Value:			
At 31 March 2022	<u>8,884</u>	<u>2,978</u>	<u>11,862</u>
At 31 March 2021	<u>10,153</u>	<u>1,642</u>	<u>11,795</u>

All tangible fixed assets are used to fulfil the charity's objects.

12. Debtors

	2022 £	2021 £
Grants, Contract Income & Other Receivables	267,310	87,781
Prepayments	10,419	2,804
	<u>277,729</u>	<u>90,585</u>

13. Creditors: amounts falling due within one year

	2022 £	2021 £
Other Creditors (payroll clearing & total trade creditor)	9,270	120,148
Taxation and Social Security	-	36,969
Accruals	3,780	2,720
Deferred Income	227,626	53,950
Loan Payable (Bounce Back Loan)	-	50,000
	<u>240,676</u>	<u>263,787</u>

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

14. Analysis of net assets between funds - 2022

	Restricted funds	General funds	Total funds
	£	£	£
Tangible fixed assets	11,862	-	11,862
Current assets	414,253	397,427	811,680
Current liabilities	-	(240,676)	(240,676)
	<u>426,115</u>	<u>156,751</u>	<u>582,866</u>

Analysis of net assets between funds - 2021

	Restricted funds	General fund	Total funds
	£	£	£
Tangible fixed assets	11,795	-	11,795
Current assets	341,383	392,573	733,956
Current liabilities	-	(263,787)	(263,787)
	<u>353,178</u>	<u>128,786</u>	<u>481,964</u>

15. Pension scheme

The pension scheme in operation became compliant for auto enrolment purposes on 1st November 2016 and all staff eligible have been registered. Pension contributions owed as at 31.03.22 £Nil (2021: £Nil).

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

16. Movements in funds
For the year ended 31 March 2022

	At 1 April 2021	Income	Expenditure	Transfers	At 31 March 2022
	£	£	£	£	£
<u>Restricted Funds:</u>					
Young Black Mind	14,830	16,649	(26,716)	(3,330)	1,433
Federation 4 Health	13,650	39,412	(37,481)	(3,941)	11,640
Support for Resident	-	8,667	(6,995)	-	1,672
BAME Therapeutic Service	-	59,760	(30,681)	(11,952)	17,127
Suicide Prevention	6,042	10,000	(5,769)	(1,000)	9,273
Reach & Connect	6	70,496	(67,991)	(2,511)	-
Community Protect	25,900	25,392	(10,000)	(6,348)	34,944
Veteran Project - Zurich	1,370	26,356	(18,373)	-	9,353
Digital Worker Project	5,167	11,666	(11,322)	(1,167)	4,344
Haringey Wellbeing Network	2,146	316,960	(294,526)	(19,581)	4,999
Project Future	255,619	256,168	(263,351)	(4,527)	243,909
Black Thrive Haringey	-	83,963	(28,685)	(16,793)	38,485
Safe Haven	10,319	100,387	(82,258)	(10,039)	18,409
Digital Intern	-	22,650	(22,370)	(280)	-
Digital Transformation System (CRM)	-	3,000	(180)	-	2,820
Generation Girls' Haringey	-	1,667	-	-	1,667
Covid-19 Response	-	-	(17,003)	17,003	-
Pears/Mind	6,912	-	(6,825)	(87)	-
CCG Flu Campaign Protect	1,267	-	-	-	1,267
Great Mental Health Project	-	45,000	(26,034)	(9,000)	9,966
Middlesex Care Coordinator	-	8,325	(8,325)	-	-
MyEnd (Home Cooked)	-	26,250	(15,714)	(5,250)	5,286
Stay Well Winter Campaign Project	-	3,126	(2,250)	-	876
Kick Start	-	11,017	(9,848)	(1,169)	-
Community Protect Great Mental Health	-	4,365	(2,217)	-	2,148
Eat & Eat Vouchers	9,950	1,200	(3,029)	(1,624)	6,497
Total Restricted Funds	353,178	1,152,476	(997,943)	(81,596)	426,115
<u>Unrestricted Funds</u>					
General Fund	128,786	246,360	(299,991)	81,596	156,751
Total Unrestricted Funds	128,786	246,360	(299,991)	81,596	156,751
Total Funds	481,964	1,398,836	(1,297,934)	-	582,866

Additional Note: A transfer of £20,398 was made from the unrestricted fund to Covid-19 Response Project. This is a restricted project and its fund should not have been included in the unrestricted fund.

Other Transfers: These transfers represent the various percentages of management and administrative recharges of central services overheads to restricted projects.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

16. Movement in funds 2021
For the year ended 31 March 2022

	At 1 April 2020	Income	Expenditure	Transfers	At 31 March 2021
	£	£	£	£	£
<u>Restricted Funds:</u>					
Young Black Mind	11,123	20,930	(15,130)	(2,093)	14,830
Federation 4 Health	-	26,275	(9,998)	(2,627)	13,650
Psychosis - Mind	9,655	4,631	(9,150)	(5,136)	-
ESP	-	4,375	(14,305)	9,930	-
Suicide Prevention	4,997	12,000	(6,155)	(4,800)	6,042
Reach & Connect	394	76,398	(71,786)	(5,000)	6
Community Protect	-	31,977	(6,077)	-	25,900
Veteran Project - Zurich	4,599	15,144	(13,573)	(4,800)	1,370
Digital Worker Project	-	8,333	(3,166)	-	5,167
Haringey Wellbeing Network	3,059	309,961	(295,874)	(15,000)	2,146
Project Future	236,785	305,214	(273,960)	(12,420)	255,619
Pears/Mind	-	15,214	(8,302)	-	6,912
Safe Haven	-	62,662	(46,077)	(6,266)	10,319
CCG Flu Campaign Protect	-	1,267	-	-	1,267
Eat & Eat Vouchers	-	9,950	-	-	9,950
Total Restricted Funds	270,612	904,331	(773,553)	(48,212)	353,178
<u>Unrestricted Funds:</u>					
General Fund	71,740	327,420	(318,586)	48,212	128,786
Total Unrestricted Funds	71,740	327,420	(318,586)	48,212	128,786
Total Funds	342,352	1,231,751	(1,092,139)	-	481,964

17 Related Party Transaction

There were no related party transactions during the year (2021: None).

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2022

18. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2022	2021
	£	£
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	100,902	139,612
Depreciation	2,445	1,817
Interest, rent and dividends from investments	(27)	(270)
(Increase)/ decrease in debtors	(187,144)	(52,325)
Increase/ (decrease) in creditors	(23,111)	186,401
Net cash provided by / (used in) operating activities	<u>(106,935)</u>	<u>275,235</u>

MIND IN HARINGEY

England & Wales - Charity number 801618

Accounts

Company No: 02125188

Charity No: 801618

MIND in HARINGEY

Report and Financial Statements

For the Year Ended

31st March 2021

MIND in Haringey

(A company limited by guarantee and a registered charity)

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Reference and Administrative Information

Status	MiH is a charitable company limited by guarantee, incorporated on 2nd April 1987 and registered as a charity on 8th June 1989.
Governing document	The Company was established under a memorandum of association setting out its objects and powers and is governed under the articles of association.
Company number	02125188
Charity number	801618
Registered office and operational address	Station House 73c Stapleton Hall Road London N4 3QF
Trustees and Directors	David Pascall CBE (Chairman) Glynnis Joffe (Vice Chairman) Susanna Charlwood Norman Hamilton David Mosse Liz O'Connor (Secretary) Sheena Pattni (appointed 10 th May 2021) Maria Stankowich (pending 12 th July 2021) Louise McNamara (resigned 8 th March 2021) Laura Tovell (resigned 6 th January 2021) Henry Birkbeck (resigned 8 th March 2021)
Bankers	HSBC Bank plc 88 The Broadway, Muswell Hill London N10 3RX
Solicitors	Rich and Baily Alexandra House 157 Tottenham Lane London N8 7BT
Auditors	Goldwin's Limited 75 Maygrove Road West Hampstead London W6 2EG

Trustees' Report

The Trustee Board is pleased to present its report and the audited financial statements for the year ended 31st March 2021.

The company was established under a memorandum of association setting out its objects and powers and is governed under the articles of association. A revised memorandum and articles were adopted in December 2004. The organisation is a charitable company limited by guarantee, incorporated on 22nd April 1987 and registered as a charity on 8th June 1989. The registered charity number is 801618 and company number is 2125188.

Pandemic Coronavirus

Given the impact of the coronavirus on both our work and potential financial viability I would first like to address this issue. Station House was shut during the lockdown and all staff, with the obvious exception of our cleaner, have been working from home. Despite this, we have been able to continue to deliver nearly all of our services remotely and of course demand has been and will continue to increase as we come out of lockdown. I am pleased to say that none of the Trustees or Staff have caught the virus.

The Trustees have continued to meet regularly on Zoom and we have been able to meet our obligations for corporate governance in difficult circumstances. The Finance Committee has been meeting regularly to review our financial position and future prospects.

The senior management team with staff has drawn up a comprehensive pandemic action plan to ensure our work can continue and that everyone remains safe as lockdown ends.

Going Concern

This is critically important and difficult for many charities as a result of the virus. The Trustees have considered the impact of this issue on the charity's current and future financial position and I am pleased to say that our finances are in good shape. At the end of March 2021, the charity was holding unrestricted reserves of £128,785 and a cash balance of £642,189.

The Finance and Audit Committee has provided our auditors with cash flow projections through June 2022 showing reserves of £252,129 not including our overdraft facility of £28,000.

Although we have lost some income, particularly from fundraising, we have won a significant number of new bids and have expanded our services and in particular our mental health first aid training which is in great demand. We have also benefitted from some Government and other financial assistance and in place of our annual Golf Day, we held a quiz and auction in June 2020 which raised £21,000.

In total we generated new income by March 2021 of £432,125 to replace the £97,586 we lost as a result of the virus. The Trustees consider therefore that the charity has sufficient unrestricted reserves and cash flow to continue as a going concern for a period of at least 12 months from the date on which these financial statements are signed. For this reason, the accounts have been prepared on the going concern basis.

The Risk Register was revised to include the impact of the pandemic and has been approved by the Trustees.

Organisational structure and decision making

Membership of the organisation is open to all and is free to service users. A small membership fee is required from non-service users. All members of the charitable company guarantee to contribute an amount not exceeding £10 to the assets of the charitable company in the event of winding up.

The directors of the company, who are Trustees under charity law, that served during the year and up to the date of this report are as shown above. The Trustees have no beneficial interest in the charitable company and have not received any benefits either from the charitable company or in recognition of being a Trustee. The Trustees manage the business of the charitable company and may exercise all the powers of the charitable company.

The Trustees delegate to the Chief Executive responsibility for the day-to-day management of the company's affairs, within a strategy and budget agreed by the Trustees, and for implementing the decisions and policies agreed by the Trustees. The Chief Executive is assisted by managers who are each responsible for assigned projects, activities and functions.

The charity holds a service user forum bi monthly to enable service users to contribute ideas towards the running of the charity.

The Trustees Staff and Remuneration Committee annually conducts a skills audit of the Trustees to identify any areas where the Trustee Board needs strengthening. All newly appointed Trustees receive induction in line with the MiH Induction Policy and are required to attend a training course designed to cover all important aspects of their trusteeship, including legal responsibilities and expectations.

Recruitment and appointment of Trustees

Trustees are elected at Annual General Meetings (AGM) by the members.

During the year, the charity also advertises any Trustee vacancies. Prospective Trustees have

a preliminary meeting with the Chairman of the Trustee Board and are then interviewed by the Trustees Staff and Remuneration Committee. Following this process, if the skills, knowledge, and expertise of the applicant will contribute to the charity, then the individual will be recommended to the Trustee Board for co-option by the other Trustees. The co-opted Trustee's term of office is until the next AGM when they must then stand for election. Trustees are appointed for three years which may be renewed.

Service users are also encouraged to stand as Trustees. The number of Trustees who are current users of the organisation's services shall be less than one half of the total number of Trustees. Greater diversity is also sought across the Trustee Board to match more closely the demographic profile in Haringey.

Induction and training of Trustees

During the year a training session was held for all the Trustees on charity governance and the roles and responsibilities of Trustees conducted by an experienced instructor.

Key objectives for the future

In 2016 we developed a new mission, set of values and strategic objectives. These objectives were reviewed and modified at a Trustees Away Day on 11th January 2020.

Mission

- We support anyone in Haringey with mental health issues: listening to people, defending their rights, and helping them to lead fulfilling lives.
- We listen with care, respect, and reassurance to everyone we encounter.
- We seek to influence and improve mental health services in Haringey, raising awareness and challenging both stigma and discrimination.
- We are committed to easy and equal access to our services for everyone in Haringey.
- We consider opportunities for collaboration when developing services We seek continuous improvement in all that we do.

Our Scope of work will be:

- Prevention working with schools, colleges, sports bodies and local businesses and communities to raise awareness and to challenge stigma
- Crisis: offering a response to people in crisis who contact us, and assisting them to get the right support
- Support: offering the relevant support for better mental health and wellbeing by extending our counselling service; developing our advocacy services; and extending the range of services and activities we offer

Our focus is on Haringey, but we will look to collaborate and share best practice with neighbouring local Minds and contribute to the development of a London Mind which would improve the reach of Mind across London.

Our strategic aims 2020 – 2021

Strategic Aim 1 - Achieve a well-led, managed, and governed organization

We retained our MQM status and approved a Board Code of Conduct and a Board Appraisal process. We continue to take steps to ensure excellent corporate governance and a more diverse Board. We have a talented and committed CEO and executive staff and nine Trustees. We worked with the Cranfield Trust to develop a Three-Year Operating Plan to complement our strategic objectives which will include establishing a Community Interest Company (CIC)

Strategic Aim 2 – Make a difference to mental health issues in Haringey, be more visible in our community and easily accessible

We have expanded our reach across the borough with the Haringey Wellbeing Network service. We intend to build on this by obtaining access to accommodation in east Haringey in order to reach further into the more deprived areas of the Borough. We are developing our publicity and improving our profiling as an organization. We are developing and expanding our core services of mental health wellbeing, advocacy, youth work, counselling, mental health first aid training and suicide prevention. We run the Mental Health Wellbeing Network for Haringey CCG and we are the Charity partner working alongside Haringey council and Barnet, Enfield and Haringey Mental Health Trust (BEHMHT) to deliver Project Future holistic mental health service for young men involved in criminality in Tottenham.

Strategic Aim 3 - Expand our counselling and advocacy services and improve our response to people in crisis

We have been able to extend our Advocacy work and now have two Wellbeing advocacy workers. We extended our counselling service from 3 evenings to 4 evenings and introduced Saturday mornings.

Strategic Aim 4 - Develop effective relationships within Haringey

We are ensuring that MiH listens to people with mental health issues and works with the statutory sector to improve provision in Haringey. We are involved in setting up an 'expert by experience' reference group to feed into the Haringey Wellbeing Board. Over the past five years we have strengthened our relationships with Public Health Haringey and the CCG, the Mental Health Trust, Haringey Council, and our MPs, particularly Catherine West who became our first Patron.

Our Suicide Prevention Group goes from strength to strength. We continue to host the

Haringey Suicide Prevention Group (HSPG) which brings together and coordinates suicide prevention work across statutory and voluntary sectors, drawing in professional and lived experience. Through the work of its members, HSPG advances locally the areas of action of the national strategy, including support for high-risk groups, suicide prevention training, reducing access to means, support for those bereaved by suicide, and developing data and intelligence for suicide prevention.

Strategic Aim 5 – Improve relationships with local Minds

We are actively engaged with the Mind network where our CEO is part of Minds Engagement group working with other CEOs and Leads at Mind to improve engagement across the network. We are also working with other Local Minds in London to develop a London Mind support organization of which our CEO has recently become Chairman.

The Board will revisit our current strategic objective of a merger with neighbouring local Minds, particularly Barnet and Enfield. Initially our focus will be on collaboration, sharing back offices and offering our services into neighbouring boroughs.

Strategic Aim 6 - Ensure financial viability and income strategy

After years of significant deficits, we are now in a viable position, following a healthy surplus in the last three years. Our strategic aim going forward is to continue to achieve healthy surpluses and to build our unrestricted reserves, initially to three months of core costs but then to six months over the next three years.

We have rethought our income strategy in recent years, looking at statutory bids, bids from trusts and foundations, income from revenue streams such as mental health training, increased donations as well as running a significant number of major fundraising events. We will continue to develop our income strategy to remain viable. The Board intends to discuss the National Mind shops strategy and the changes being made which impact locally. Following investigation, a decision about whether to participate in a joint venture or acquire a local shop, will be made.

With the success of our mental health first aid training, we are now setting up a Community Interest Company to offer training and other services outside Haringey, whilst meeting the terms of the Mind Federation Agreement. The CIC to be called Well People will be a full subsidiary of MiH with profits transmitted to MiH with 3 Directors drawn from MiH Trustees.

Services offered by Mind in Haringey 2020 – 2021

- Counselling and Psychotherapy
- Haringey Wellbeing Network: Wellbeing activities, Social prescribing and warm handover, Wellbeing advocacy, Peer support groups, 1-2-1 peer support, Community

asset development and user involvement. Haringey Suicide Prevention group

- Repts in Mind Project
- Emotional Support Project
- Young black Men's project /Black Expressions
- Groups: Survivors of Bereavement by Suicide (SOBS), Coping with life skills, PTSD peer support ,
- Mental health first aid training
- CONEL Support service
- Ex- service persons project
- Haringey suicide prevention group
- Psychosis Therapy project
- Project future
- Frontline counselling service
- Young care leavers counselling service
- Reach and connect over 50's service
- BAME SMI checks service
- Safe haven – out of hours crisis service
- Information and support
- Citizen advice Haringey weekly surgery
- Community room hire

Risk statement

The risks to the organisation have been identified, assessed, and reviewed by the Trustees Finance and Audit Committee in a Risk Register which is then reviewed and approved by the Trustee Board. A robust risk management strategy, outlining the controls and procedures, is in place to deal with potential risks and opportunities, and monitoring processes are used to manage the residual risks.

The Risk Register has been revised to include a pandemic and approved by the Trustees.

Related parties

Mind in Haringey is affiliated to Mind (The National Association for Mental Health) Limited; and it has informal relations with some of the other affiliates in London, those in neighbouring boroughs, in matters of common interest.

Management and Governance developments

The Trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The Trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Financial Review

The charity made an surplus for the year of £139,612 (2020 £223,042) and is projecting a further surplus for next year. The unrestricted surplus was £57,046 (2020 £57,151).

The total income for the year was £1,231,751 (2020 £1,074,240).

The total expenditure for the year was £1,092,139 (2020 £851,198).

The organisation aims to maintain free reserves at a level representing at least three months' expenditure on core costs. Total reserves and income to be carried forward into 2021 – 2022 are £481,964 of which unrestricted reserves are £128,785. With forecast budget surpluses going forward, unrestricted reserves are equivalent to approximately 4 months of core costs (and are ahead of our policy target of 3 months.)

Overdraft Facility

In 2016 an overdraft facility of £28,000 was put in place with HSBC. This is a precautionary measure to protect the charity's finances from phasing impacts of income and expenditure and to provide reassurance in the light of our current low level of reserves. It was not necessary to use this facility during the financial year.

We also took out a Bounce Back Loan of £50,000 in May 2020 to provide a cushion against any unexpected developments in a difficult year. In the event his loan was not required and has now been repaid before any charges were due.

Pensions

The pension scheme is compliant for auto enrolment and all eligible staff has been registered.

Public Benefit Statement

The Trustees confirm that they have complied with the duty in section 17 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, Charities and Public Benefit.

Auditors

Goldwin's Limited Chartered Accountants and Registered Auditor will be proposed for appointment in accordance with Section 485 of the Companies Act 2006.

Statement of the Trustees' responsibilities

The Trustees are responsible for preparing the report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees Board which is supported by the Trustees Finance and Audit Committee is required to:

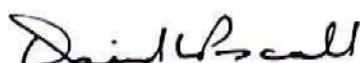
- select suitable accounting policies and then apply them consistently make judgements and estimates that are reasonable and prudent.
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- and to prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charitable company will continue to operate.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company .

As far as the Trustees are aware:

- There is no audit information of which the charitable company's auditors are unaware.
- They have taken all reasonable steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.
- The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website.
- This report has been prepared in accordance with the Statement of Recommended Practice; Accounting and Reporting by Charities and in accordance with the special provisions of the Companies Act 2006 relating to small entities.

Approved by the Trustees Board on 13th September 2021 and signed on its behalf by:



David Pascall CBE (Chairman, Trustees Board)

Company Registration No. 02125188

**Mind in Haringey
Independent auditors' report
For the year ended 31 March 2021**

Opinion

We have audited the financial statements of Mind in Haringey (the 'Charity') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet statement of cash flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102: The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the Charity's affairs as at 31 March 2021 and of its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the directors with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report (incorporating the directors' report) have been prepared in accordance with applicable legal requirements.

Mind in Haringey
Independent auditors' report
For the year ended 31 March 2021

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the Charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not obtained all the information and explanations necessary for the purposes of our audit.

Responsibilities of the trustees

As explained more fully in the trustees' responsibilities statement, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as they determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the Charity or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud are set out below.

In identifying and assessing risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, our procedures included the following:

- We enquired of management, which included obtaining and reviewing supporting documentation, concerning the charity's policies and procedures relating to:
- Detecting and responding to the risks of fraud and whether they have knowledge of any actual, suspected, or alleged fraud;
- The internal controls established to mitigate risks related to fraud or non-compliance with laws and regulations.
- We inspected the minutes of meetings of those charged with governance.
- We reviewed the financial statement disclosures and tested these to supporting documentation to assess compliance with applicable laws and regulations.
- In addressing the risk of fraud through management override of controls, we tested the appropriateness of journal entries and other adjustments, assessed whether the judgements made in making accounting estimates are indicative of a potential bias and tested significant transactions that are unusual or those outside the normal course of business.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: [www.frc.org.uk/auditorsresponsibilities]. This description forms part of our auditor's report.

**Mind in Haringey
Independent auditors' report
For the year ended 31 March 2021**

Use of our report

This report is made solely to the Charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the Charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the Charity's members as a body, for our audit work, for this report, or for the opinions we have formed.

Anthony Epton

**Anthony Epton (Senior Statutory Auditor)
for and on behalf of
Goldwins Limited
Statutory Auditor
Chartered Accountants
75 Maygrove Road
West Hampstead
London NW6 2EG**

15 September 2021

MIND in Haringey
Statement of financial activities
(including an income and expenditure account)
For the year ended 31 March 2021

	Note	Unrestricted Funds	Restricted Funds	2021 Funds	2020 Funds
<u>Income from:</u>					
Donations	3	21,623	-	21,623	56,879
Charitable Activities	4	252,003	904,331	1,156,334	965,551
Other Trading Activities	5	53,524	-	53,524	45,399
Investment Income	6	270	-	270	6,411
Total income		327,420	904,331	1,231,751	1,074,240
<u>Expenditure on:</u>					
Fundraising	7	1,441	-	1,441	3,443
Charitable activities	7	317,145	773,553	1,090,698	847,755
Total expenditure		318,586	773,553	1,092,139	851,198
Net income / (expenditure) for the year		8,834	130,778	139,612	223,042
Transfers between funds		48,212	(48,212)	-	-
Net movement in funds		57,046	82,566	139,612	223,042
<u>Reconciliation of funds:</u>					
Total funds brought forward	16	71,740	270,612	342,352	119,310
Total funds carried forward		128,786	353,178	481,964	342,352

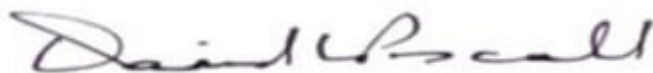
All of the above results are derived from continuing activities.
There were no other recognised gains or losses other than those stated above.
The attached notes form part of these financial statements.

MIND in Haringey
Balance sheet
As at 31 March 2021

	Note	2021 £	2020 £
Tangible fixed assets	11	11,795	11,422
Current assets:			
Debtors	12	90,585	38,260
Cash at bank and in hand		<u>643,371</u>	<u>370,056</u>
		733,956	408,316
Creditors: amounts falling due within one year	13	<u>(263,787)</u>	<u>(77,386)</u>
Net current assets		<u>470,169</u>	<u>330,930</u>
Net assets	14	<u>481,964</u>	<u>342,352</u>
Funds			
Restricted funds		353,178	270,612
Unrestricted funds:			
General fund		<u>128,786</u>	<u>71,740</u>
Total funds	16	<u>481,964</u>	<u>342,352</u>

The financial statements have been prepared in accordance with the special provisions for small companies of the Companies Act 2006.

Approved by the Board of Trustees on 13th September 2021 and signed on its behalf by:



.....
David Pascall CBE
Chairman, Trustees Board

Company Registration No. 02125188

The attached notes form part of the financial statements.

MIND in Haringey
Statement of cash flows
For the year ended 31 March 2021

	Note	2021 £	2021 £	2020 £	2020 £
Cash flows from operating activities:					
Net cash provided by / (used in) operating activities	17		275,235		192,299
Cash flows from investing activities:					
Interest/ rent/ dividends from investments		270		6,411	
Sale/ (purchase) of fixed assets		(2,190)		(12,691)	
		_____		_____	
Cash provided by / (used in) investing activities			(1,920)		(6,280)
			_____		_____
Change in cash and cash equivalents in the year			273,315		186,019
Cash and cash equivalents at the beginning of the year			370,056		184,037
			_____		_____
Cash and cash equivalents at the end of the year			643,371		370,056
			=====		=====

1. Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP FRS 102) and the Companies Act 2006.

The charitable company meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. Income received in advance for the provision of specified service is deferred until the criteria for income recognition are met.

Donations of gifts, services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

1. Accounting policies (continued)

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise of trading costs and the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose.
- Expenditure on charitable activities includes the costs of delivering services and other activities undertaken to further the purposes of the charity and their associated support costs.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance, personnel, payroll and governance costs which support the charity and its and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities.

Operating leases

Rental charges are charged on a straight line basis over the term of the lease.

Tangible fixed assets

Items of equipment are capitalised where the purchase price exceeds £1,000. Depreciation is provided at rates calculated to write down the cost of each asset to its estimated residual value over its expected useful life. The depreciation rates in use are as follows:

- Freehold property 50 years
- Fixtures and fittings 4 years
- Improvements and refurbishment 4 years

Debtors

Trade and other debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2021

1. Accounting policies (continued)

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Pensions

The pension scheme in operation became compliant for auto enrolment purposes on 1st November 2016 and all staff eligible have been registered.

2. Detailed comparatives for the statement of financial activities

	Unrestricted £	Restricted £	2020 Total £
<u>Income from:</u>			
Donations	56,879	-	56,879
Charitable Activities	141,544	824,007	965,551
Other Trading Activities	45,399	-	45,399
Investment Income	6,411	-	6,411
Total income	250,233	824,007	1,074,240
<u>Expenditure on:</u>			
Fundraising	3,443	-	3,443
Charitable activities	246,674	601,081	847,755
Total expenditure	250,117	601,081	851,198
Net income / (expenditure) for the year	116	222,926	223,042
Transfers between funds	57,035	(57,035)	-
Net movement in funds	57,151	165,891	223,042
Reconciliation of funds:			
Total funds brought forward	14,589	104,721	119,310
Total funds carried forward	71,740	270,612	342,352

MIND in Haringey
Notes to the financial statements
For the year ended 31 March 2021

3. Income from donations

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
Donations	21,623	-	21,623	56,879
	<u>21,623</u>	<u>-</u>	<u>21,623</u>	<u>56,879</u>

4. Income from charitable activities

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
Morrison's	-	-	-	5875
Young Black Mind	-	20,930	20,930	-
Federation 4 Health	-	26,275	26,275	-
Counselling	91,318	-	91,318	48,098
Reach & Connect	-	76,398	76,398	58,252
Psychosis - Mind	-	4,631	4,631	38,953
ESP	-	4,375	4,375	24,994
Communication Workers Union	22,500	-	22,500	-
Training & Consultancy	-	-	-	2,700
Suicide Prevention	-	12,000	12,000	11,600
Fundraising	1,369	-	1,369	816
CCG Flu Campaign Protect	-	1,267	1,267	-
Central Services (Various Grants)	51,378	-	51,378	12,459
Veteran Project - Zurich	-	15,144	15,144	15,138
Haringey Wellbeing Network	-	309,961	309,961	310,392
Project Future	-	305,214	305,214	335,470
Community Protect	-	31,977	31,977	23,333
Digital Worker Project	-	8,333	8,333	-
Covid-19 Response	29,310	-	29,310	-
Pears/Mind	-	15,214	15,214	-
Safe Haven	-	62,662	62,662	-
Training & Consultancy	56,128	-	56,128	77,471
Eat & Eat Vouchers	-	9,950	9,950	-
Total	<u>252,003</u>	<u>904,331</u>	<u>1,156,334</u>	<u>965,551</u>

5. Income from other trading activities

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
Central Services	32,120	-	32,120	8,206
Fundraising	21,404	-	21,404	37,193
	<u>53,524</u>	<u>-</u>	<u>53,524</u>	<u>45,399</u>

6. Income from investments

	Unrestricted £	Restricted £	2021 Total £	2020 Total £
Bank interest	270	-	270	398
Rent	-	-	-	6,013
	<u>270</u>	<u>-</u>	<u>270</u>	<u>6,411</u>

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7. Analysis of expenditure

	Basis of allocation	Cost of raising funds £	Charitable activities £	Support costs £	2021 £	2020 £
Staff costs	Direct	-	511,516	124,481	635,997	508,204
Direct costs	Direct	1,441	361,283	-	362,724	255,348
Support costs	Staff time	-	-	93,418	93,418	87,646
		<u>1,441</u>	<u>872,799</u>	<u>217,899</u>	<u>1,092,139</u>	<u>851,198</u>
Support costs allocation		-	217,899	(217,899)	-	-
Total expenditure 2021		<u>1,441</u>	<u>1,090,698</u>	<u>-</u>	<u>1,092,139</u>	<u>851,198</u>
Total expenditure 2020		<u>3,443</u>	<u>847,755</u>	<u>-</u>	<u>851,198</u>	

Of the total expenditure, £318,586 was unrestricted (2020: £250,117) and £773,553 was restricted (2020: £601,081).

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8. Net income/(expenditure) for the year

This is stated after charging:

	2021	2020
	£	£
Depreciation	1,817	1,269
Auditors' remuneration — audit	2,640	2,640
Operating lease rentals — property	<u>-</u>	<u>15,350</u>

9. Taxation

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

10. Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel

	2021	2020
	£	£
Salaries and wages	579,866	464,350
Social security costs	42,808	33,159
Pension costs	13,323	10,694
	<u>635,997</u>	<u>508,203</u>

No employee received remuneration in excess of £60,000 in the year (2020: none).

The total employee benefits including pension contributions of the key management personnel were £109,747 (2020: £105,091)

The charity trustees were not paid or received any other benefits from employment with the Charity in the year (2020: £nil) neither were they reimbursed expenses during the year (2020: £nil). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

The average number of employees (head count based on number of staff employed) during the year was as follows:

	2021	2020
	No.	No.
Charitable Activities	38	30
Support	5	4
	<u>43</u>	<u>34</u>

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11. Tangible fixed assets

	Improvements of leasehold premises £	Furniture, fittings and equipment £	Total £
Cost:			
At 1 April 2020	34,932	33,599	68,531
Additions	-	2,190	2,190
At 31 March 2021	<u>34,932</u>	<u>35,789</u>	<u>70,721</u>
Depreciation:			
At 1 April 2020	23,510	33,599	57,109
Charges in year	1,269	548	1,817
At 31 March 2021	<u>24,779</u>	<u>34,147</u>	<u>58,926</u>
Net Book Value:			
At 31 March 2021	<u>10,153</u>	<u>1,642</u>	<u>11,795</u>
At 31 March 2020	<u>11,422</u>	<u>-</u>	<u>11,422</u>

All tangible fixed assets are used to fulfil the charity's objects.

12. Debtors

	2021 £	2020 £
Grants, Contract Income & Other Receivables	87,781	31,782
Prepayments	<u>2,804</u>	<u>6,478</u>
	<u>90,585</u>	<u>38,260</u>

13. Creditors: amounts falling due within one year

	2021 £	2020 £
Other Creditors (payroll clearing & total trade creditor)	120,148	25,807
Taxation and Social Security	36,969	9,298
Accruals	2,720	3,240
Deferred Income	53,950	39,041
Loan Payable (Bounced Back Loan)	50,000	-
	<u>263,787</u>	<u>77,386</u>

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14. Analysis of net assets between funds - 2021

	Restricted funds £	General funds £	Total funds £
Tangible fixed assets	11,795	-	11,795
Current assets	341,383	392,573	733,956
Current liabilities	-	(263,787)	(263,787)
	<u>353,178</u>	<u>128,786</u>	<u>481,964</u>

Analysis of net assets between funds -
2020

	Restricted funds £	General fund £	Total funds £
Tangible fixed assets	11,422	-	11,422
Current assets	259,190	149,126	408,316
Current liabilities	-	(77,386)	(77,386)
	<u>270,612</u>	<u>71,740</u>	<u>342,352</u>

15. Pension scheme

The pension scheme in operation became compliant for auto enrolment purposes on 1st November 2016 and all staff eligible have been registered. Pension contributions owed as at 31.03.21 £Nil (2020: £Nil).

16. Movement in funds 2021

	At 1 April 2020 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2021 £
<u>Restricted Funds:</u>					
Young Black Mind	11,123	20,930	(15,130)	(2,093)	14,830
Federation 4 Health	-	26,275	(9,998)	(2,627)	13,650
Psychosis - Mind	9,655	##### ###	(9,150)	(5,136)	-
ESP	-	4,375	(14,305)	9,930	-
Suicide Prevention	4,997	12,000	(6,155)	(4,800)	6,042
Reach & Connect	394	76,398	(71,786)	(5,000)	6
Community Protect	-	31,977	(6,077)	-	25,900
Veteran Project - Zurich	4,599	15,144	(13,573)	(4,800)	1,370
Digital Worker Project	-	8,333	(3,166)	-	5,167
Haringey Wellbeing Network	3,059	309,961	(295,874)	(15,000)	2,146
Project Future	236,785	305,214	(273,960)	(12,420)	255,618
Pears/Mind	-	15,214	(8,302)	-	6,912
Safe Haven	-	62,662	(46,077)	(6,266)	10,319
CCG Flu Campaign Protect	-	1,267	-	-	1,267
Eat & Eat Vouchers	-	9,950	-	-	9,950
Total Restricted Funds	<u>270,612</u>	<u>904,331</u>	<u>(773,553)</u>	<u>(48,212)</u>	<u>353,178</u>
<u>Unrestricted Funds</u>					
General Fund	71,740	327,420	(318,586)	48,212	128,786
Total Unrestricted Funds	<u>71,740</u>	<u>327,420</u>	<u>(318,586)</u>	<u>48,212</u>	<u>128,786</u>
Total Funds	<u>342,352</u>	<u>1,231,751</u>	<u>(1,092,139)</u>	<u>-</u>	<u>481,964</u>

17 Related Party Transaction

There were no related party transactions during the year (2020: None).

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17. Reconciliation of net income / (expenditure) to net cash flow from operating activities

	2021	2020
	£	£
Net income / (expenditure) for the reporting period (as per the statement of financial activities)	139,612	223,042
Depreciation	1,817	1,269
Interest, rent and dividends from investments	(270)	(6,411)
(Increase)/ decrease in debtors	(52,325)	37,770
Increase/ (decrease) in creditors	186,401	(63,371)
Net cash provided by / (used in) operating activities	275,235	192,299