

OUR HELPING HANDS

England & Wales · Charity number 800433

Details

Other names HELP MY PEOPLE INTERNATIONAL

Status Registered

Legal form Other

Registered 1988-11-21

Register [View on the Charity Commission register](#)

Contact

Address Flat 6 Mckenzie court
300 Ivydale Road
SE15 3BN

Phone 07809117192

Email OURHELPINGHANDS.UK@GMAIL.COM

Website WWW.OUR-HELPING-HANDS.ORG

Activities

Objects: (I) TO PROMOTE ANY CHARITABLE PURPOSE FOR THE BENEFIT OF PERSONS RESIDENT IN LAMBETH AND OTHER PARTS OF LONDON WITH PARTICULAR REGARD TO PERSONS OF AFRICAN ETHNIC ORIGIN INCLUDING THE RELIEF OF POVERTY THE ADVANCEMENT OF EDUCATION AND THE PROVISION OF FACILITIES FOR RECREATION AND LEISURE TIME OCCUPATION IN THE INTEREST OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITIONS OF LIFE OF THE SAID PERSONS. (II) TO RELIEVE POVERTY PARTICULARLY IN WEST AFRICA.

Activities: i) To Promote for the benefit of people coming in contact with the charity, the relief of poverty, advancement of education, provision of facilities for recreation and leisure time occupation in the interest of social welfare and improving the conditions of life of the said people. ii) Support orphanages wherever needed.

Classification

- **How:** Makes Grants To Individuals, Provides Services, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Arts/culture/heritage/science, Amateur Sport, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** LAMBETH LB AND WEST AFRICA
- Burkina Faso
- Cameroon
- Eritrea
- France
- Ghana
- Ivory Coast
- Jamaica
- Morocco
- Sierra Leone
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-12-31	£0	£0	-	-
2024-12-31	£0	£0	-	-
2023-12-31	£30,000	£26,345	-	-
2022-12-31	£32,700	£27,100	-	-
2021-12-31	£35,000	£33,000	-	-
2020-12-31	£30,000	£29,000	-	-

Trustees

Name	Role	Appointed
BLAI-KROTCHÉ ME ADJEMON	Chair	2023-11-27
CLEMENCE Gboudehon Clemence		2025-09-02

OUR HELPING HANDS

England & Wales - Charity number 800433

Accounts

OUR HELPING HANDS

TRUSTEES REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2023

Charity Number:800433

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OUR HELPING HANDS LEGAL AND ADMINSTRATIVE INFORMATION

MS BLAI-KROTCH ME ADJEMON: CHAIR PERSON

MISS AAKO ELYSSE ADJEMON: VICE CHAISPERSN

MS BLAI-KROTCH ME ADJEMON: 1ST TREASURER

MISS DAGBALE SIDONIE KOUABO: SECOND TREASURER

MISS DAGBALE SIDONIE KOUABO: ACCOUNTANT

MISS AAKO ELYSSE ADJEMON: SECRETARY

MRS MICHELLE ESTHER NINA DEGUI EPOUSE MAHOUEA: TRUSTEE

MR SYLVAIN WILLIAM OKOUNAH: TRUSTEE

MR ROLAND LAKITA: TRUSTEE

MR JEAN-PHILIPPE N'DA: TRUSTEE

MR AGUI ALBERT MANSILLA: COMMUNITY OUTREACH

MS ASOKA SCHNUCKII: COMMUNITY OUTREACH

Registered office:

24 Hanworth House

John Ruskin Street

London SE5

Actual correspondence address:

Flat 6 McKenzie Court

300 Ivydale Road

London SE15 3BN

CHARITY: 800433

Accountants:

Pp Miss Dagbale S Kouabo,

Flat B Derwent House South Road London SE23 2UF

OUR HELPING HANDS TRUSTEES REPORT

The trustees have pleasure in submitting their report and accounts for the year ended 31st December 2023. The financial statements have been prepared in accordance with the accounting policies set out on pages 9 to 16 and comply with the statement of Recommended Practice (SORP 2008), and the applicable law.

Structure, Governance and Management Constitution

The Charity is governed by constitution adopted on 22nd October 1988 and Charity number is 0800433 on the central register of the Charity Commission of England and Wales.

The principal objectives of the Charity are:

- a) Promotion of charitable purpose for the benefit of persons in Lambeth and other parts of London with particular regard to persons of African ethnic origin in order to alleviate poverty.
- b) Promote and support the advancement of education by creating ideal environment to prosper.

Trustees Appointment and training

New trustees for the charity are appointed by the present trustees but they do so in consultation of the management committees of the various subsidiaries of Our Helping Hands. Before a trustee is recruited, we look for those who have contributed to stabilize the growth of the charity.

Before trustees are duly appointed, they are given time to attend meeting to familiarize themselves with the way meetings are conducted. They are trained to understand the aims and objectives of the charity as stated in the trust deed and how they can effectively contribute to its success.

Statement of Trustees' Responsibilities

The Charities Act requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the surplus or deficit of the charity for that period of the state of affairs of the charity and in preparing those financial statements, the trustees are requested to:

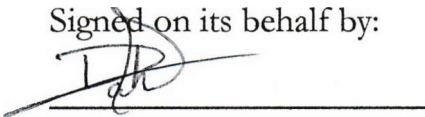
- I. Select suitable accounting policies and then apply them consistently;
- II. Make judgments and estimates that are reasonable and prudent;
111. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- IV. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will conclude in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charities Act 1993(as amended by Act 2006).They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the Board of Trustees on the 17 July 2023 and

Signed on its behalf by:



Secretary to the Board of Trustees

INDEPENDENT EXAMINER'S REPORT TO OUR HELPING HANDS TRUSTEES REPORT

I report on the accounts of the charity for the year ended 31st December 2023, which are set out on pages 9 to 16.

Respective responsibilities of trustees and examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that in any material respect the requirements

- To keep accounting records in accordance with section 130 of the 2011 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding to be reached.

The Charity Accountant:

Miss DAGBALE SIDONIE KOUABO First Class Degree Accounting and Finance, University of Plymouth, Greenwich School of Management.

Section A						Statement of financial activities					
		Notes	Unrestricted funds	Restricted funds	2023	2022					
			F01	F02	F03	F04					
Incoming resources											
Incoming resources from generated funds											
Volume Income	2	30,000			30,000	32,650					
Grants receivable	3										
Incoming resources from charitable activities											
Other incoming resources											
Total resources		30,000			30,000	32,650					
Incoming											
Resources expended											
Costs of Fundraising											
Costs of Charitable activities	5	26,345			26,345	27,745					
Governance costs	6	650			650	750					
Total resources exp ended		26,995			26,995	28,445					
Net incoming/ (outgoing) resources before transfers											
Gross transfers between funds											
Net incoming/ (outgoing) resources before											
Other recognized gains/(losses)											
Gains and losses on revaluation of fixed assets for the charity s own use											
Gains and losses on investment assets											
Net movement in funds	12	3,005			3,005	4,155					
Total funds brought forward		1,867			1,867	2,360					
Total funds carried forward		4,872			4,872	6,515					

Section B: Balance sheet					
		Unrestricted funds	Restricted funds	2023	2022
		Note			
Fixed assets		F01	F02	F03	F04
Tangible assets	9	1,632		1,632	2,130
Total fixed assets		1,632		1,632	2,130
Current assets					

Stock and work in progress					
Debtors and prepayments		590		590	455
Cash in hand		660		660	375
Cash at bank	12	1,660		1,660	1,535
Total current assets		2,910		2,910	2,365
Creditors: amounts falling due within one year	10	650		650	750
Net current assets/ (liabilities)					
Total assets less current liab.		2,260		2,260	1,615
Creditors: amounts falling due after one year					
Provisions for liabilities and charges					
Net assets		2,260		2,260	1,615
Funds of the Charity:	12	2,260		2,260	1,615
Unrestricted funds Brought forward					
Restricted income funds					
Surplus/Deficit					
Total fund		2,260		2,260	1,615

Approval by the Board of Trustees on the 17/07/2018 and signed on its behalf by:



Chairman (Board of Trustees)

NOTE TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2023

1. Accounting Policies

1.1 Basis of preparation of accounts

The accounts are prepared under the historical cost convention, with the exception of investment which are included at market value and include the results of the charity operations which are described in the Trustees' Report and all of which are continuing.

The accounts have been prepared in accordance with the Statement of Recommended Practice (SORP March 2005) For Charity Accounts and the Charities Act 1993 (as amended by Acts 2006) The Charity has taken advantage of the exemption in Financial Reporting Standard NO.1 from the requirement to produce a cash flow statement on the grounds that it qualifies as small charity.

1.2 Tangible Fixed Assets for use by the Charity and Depreciation

All fixed assets costing £250 or more are capitalized at cost. Tangible fixed assets for use by the Charity are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures & Fittings 20% Reducing Balance Computer Equipment 20%

Reducing Balance

1.3 Incoming Resources

Donation from Voluntary Sources

These are income from members' contribution which is included as incoming resources on receipt.

Interest Income

Interest income is accounted for in the period in which the charity is entitled to receipt.

1.5 Resources Expended

Resources expended are included in the Statement of Financial Activities on accruals basis. Certain costs have been apportioned between Direct Charitable Expenditure and Management and Administrative on bases consistent with the use of those resources.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grant being recognized as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year-end are noted as a commitment, but not accrued as expenditure. But during this financial Year there was no grant received.

1.6 Funds Accounting

Funds held by the charity are:

Unrestricted General Fund: General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purpose.

Restricted Funds: which were raised for particular restricted purposes and can only be used for those particular restricted purposes within the objects of the charity? The cost of raising and administering such funds are charged against the specific fund.

Investment income, gain and losses are allocated to appropriate fund.

OUR HELPING HANDS NOTES TO THE ACCOUNTS FOR THE
YEAR ENDED 31ST DECEMBER 2023

2. Voluntary Income

VOLUNTARY INCOMES	Restricted Funds	Unrestricted Funds	2023	2022
Donations		£30,000	£30,000	£26,653
Total Voluntary Income		£30,000	£30,000	£26,653

3. Grant to Institutions

Description	Restricted	Unrestricted	Total	Total
	Funds	Funds	2023	2022
Grant to Institutions				
Total Grant to Institutions				

4. Expenditure by Charitable activity

Description	Restricted Funds	Unrestricted Funds	2023	2022
Costs of Charitable activities		26,345	26,345	27,045
Total		26,345	26,345	27,045

5. Charitable activities

Description	Restricted Funds	Unrestricted Fund	Total Fund 2023	Total Fund 2022
Rent		4,900.00	4,900.00	6,400.00
Money Transfer Charges		400.00	400.00	550
Insurance				
Telephone		755.00	755.00	600.00
Food Supplies		4,650.00	4,650.00	3,150.00
Volunteer Expenses		3,200.00	3,200.00	3,600.00
Heating & Lighting				
Bank Charges		300.00	300.00	545.00
Refreshments		3,660.00	3,660.00	3,550.00
SKY				
General Expenses		5,870.00	5,870.00	6,155.00
Printing and Station		450.00	450.00	395.00
Repairs and Maintenance		380.00	380.00	335.00
Travelling expenses		1,780.00	1,780.00	1,765.00
Total		26,345.00	26,345.00	27,045.00

6. Governance cost

Description	Restricted Funds	Unrestricted Fund	Total Fund 2023	Total Fund 2022
Accountant fee		£650	£650	£750
Total		£650	£650	£750

7. Analysis of Resources Expended by Activities

Description	Activities Undertaken Directly [Note-51 2022]	Grant Funding of Activities [Note-41 2022]	Governance Cost [Note-61 2022]	Total 2023	Total 2022
Charitable activities	27,045		750	26,345	26,514
	27,045		750	26,345	26,514

8. Net Income/ (Expenditure)

This is stated after charging: 2023 2022

Depreciation of tangible fixed assets:

Owned by the charity 498 532

Held under finance leases

Independent examiner's fees 650 750

The average number of staff employed by Charity during the year was none (Ni1)

No trustee has received remuneration in the year.

No expenses have been reimbursed to any of the Trustees.

No Trustee received any benefit in kind.

9. Tangible Fixed Assets

Description	Furniture & Fittings	Computer Equipment	Total
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Cost			
At 1 January 2022	1,550	4,950	6,500
Addition	358		
Disposal	1,908	4,950	6,500
At 31 December 2023			
Depreciation:			
At 1 January 2022	1042	3,328	4,370
Charge for the period	173	324	498
	<u>1,215</u>	<u>3,652</u>	<u>4,868</u>

Net book value	693	1,298	1,632
At 31 December 2023			
At 31 December 2022		1,622	2,130

10. Creditors

	2023	2022
Amount falling due within one year		
Accountancy fee	650	750
	650	750

11. Statement of Funds

Description	Brought Forward	Incoming Resources	Resources Expended	Carried Forward
General Funds	1,804	30,000	26,995	3,671
Restricted Funds				

Total of Funds	1,804	30,000	26,995	3,671
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12. Analysis of Net Assets between Funds

Description	Restricted Funds	Unrestricted Funds	Total 2023	Total 2022
Tangible Fixed Assets		1,632	1,632	3,150
Debtor Due after more than 1 year				
Current Asset		2,910	2,910	2,689
Creditor Due within one year		650	650	750
Creditor Due in more than one year				
		5,192	5,192	6,589

OUR HELPING HANDS

England & Wales - Charity number 800433

Accounts

HELP MY PEOPLE INTERNATIONAL

TRUSTEES REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2022

Charity Number:800433

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HELP MY PEOPLE INTERNATIONAL LEGAL AND ADMINISTRATIVE INFORMATION

Dr Alexander A Adjemon: Chair Person

Zoukouba Prosper: Treasurer

Dahl De Gadji: Vice Chair Person

Adjemon Blai clotché: Trustee

Miss Dagbale S Kouabo: Trustee

Mr. Francis K Gnazalo: Trustee

Mr Jessie Mahingue: Community Outreach

Register office:

24 Hanworth House

John Ruskin Street

London SE5

Actual correspondence address:

Flat 6 McKenzie Court

300 Ivydale Road

London SE15 3BN

CHARITY: 800433

Accountants:

Pp Miss Dagbale S Kouabo

Flat B Derwent House South Road

London SE23 2UF

HELP MY PEOPLE INTERNATIONAL TRUSTEES REPORT

The trustees have pleasure in submitting their report and accounts for the year ended 31st December 2022. The financial statements have been prepared in accordance with the accounting policies set out on pages 5 to 8 and comply with the statement of Recommended Practice (SORP 2008), and the applicable law.

Structure, Governance and Management Constitution

The Charity is governed by constitution adopted on 22nd October 1988 and Charity number is 0800433 on the central registered of the Charity Commission of England and Wales.

The principal objectives of the Charity are:

- a) Promotion of charitable purpose for the benefit of persons in Lambeth and other parts of London about persons of African ethnic origin to alleviate poverty.
- b) Promote and support the advancement of education by creating ideal environment to prosper.

Trustees Appointment and training

New trustees for the charity are appointed by the present trustees but they do so in consultation of the management committees of the various subsidiaries of Help My People International. Before a trustee is recruited, we look for those who have contributed to stabilize the growth of the charity.

Before trustees are duly appointed, they are given time to attend meeting to familiarize themselves with the way meetings are conducted. They are trained to understand the aims and objectives of the charity as stated in the trust deed and how they can effectively contribute to its success.

Statement of Trustees' Responsibilities

The Charities Act requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the surplus or deficit of the charity for that period of the situation of the charity and in preparing those financial statements, the trustees are requested to:

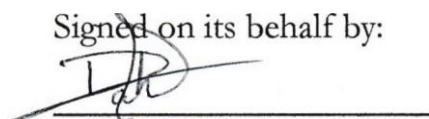
- I. Select suitable accounting policies and then apply them consistently.
- II. Make judgments and estimates that are reasonable and prudent.
111. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- IV. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will conclude in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charities Act 1993(as amended by Act 2006). They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the Board of Trustees on the 17/07/2022 and

Signed on its behalf by:



Secretary to the Board of Trustees

INDEPENDENT EXAMINER'S REPORT TO HELP MY PEOPLE INTERNATIONAL TRUSTEES REPORT

I report on the accounts of the charity for the year ended 31st December 2022, which are set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- To state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that in any material respect the requirements?

- To keep accounting records in accordance with section 130 of the 2011 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met: or

(2) To which, in my opinion, attention should be drawn to enable a proper understanding to be reached.

The Charity Accountant:

Miss DAGBALE SIDONIE KOUABO, First Class Degree Accounting and Finance, University of Plymouth, Greenwich School of Management.

Section A		Statement of financial activities			
	Notes	Unrestricted funds	Restricted funds	2022	2021
		F01	F02	F03	F04
Incoming resources					
Incoming resources from generated funds					
Volume Income	2	32,650		32,650	35,000
Grants receivable	3				
Incoming resources from charitable activities					
Other incoming resources					
Total resources Incoming		32,650		32,650	35,000
Resources expended					
Costs of Fundraising					
Costs of Charitable activities	5	27,745		27,745	31,730
Governance costs	6	750		750	550
Total resources expended		28,495		28,495	32,280
Net incoming/ (outgoing) resources before transfers					
Gross transfers between funds					
Net incoming/ (outgoing) resources before					
Other recognized gains/(losses)					
Gains and losses on revaluation of fixed assets for the charity's own use					
Gains and losses on investment assets					
Net movement in funds	12	4,155		4,155	2,720
Total funds brought forward		2,360		2,360	2,260
Total funds carried forward		6,515		6,515	4,980

Section B: Balance sheet		Unrestricted funds	Restricted funds	2022	2021
	Note	F01	F02	F03	F04
Fixed assets					
Tangible assets	9	2,130		2,130	1,298
Total fixed assets		2,130		2,130	1,298
Current assets					

Stock and work in progress					
Debtors and prepayments		455		455	590
Cash in hand		375		375	660
Cash at bank	12	1,535		1,535	1,660
Total current assets		2,365		2,365	2,910
Creditors: amounts falling due within one year	10	750		750	550
Net current assets/ (liabilities)					
Total assets less current liab.		3,115		3,115	3,460
Creditors: amounts falling due after one year					
Provisions for liabilities and charges					
Net assets		3,115		3,115	3,460
Funds of the Charity:	12	3,115		3,115	3,460
Unrestricted funds Brought forward.					
Restricted income funds					
Surplus/Deficit					
Total fund		3,115		3,115	3,460

Approval by the Board of Trustees on the 17/07/2022 and signed on its behalf by:



Chairman (Board of Trustees)

HELP MY PEOPLE INTERNATIONAL

NOTE TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2022

1. Accounting Policies

1.1 Basis of preparation of accounts

The accounts are prepared under the historical cost convention, except for investment which are included at market value and include the results of the charity operations which are described in the Trustees' Report and all of which are continuing.

The accounts have been prepared in accordance with the Statement of Recommended Practice (SORP March 2005) For Charity Accounts and the Charities Act 1993(as amended by Acts 2006) The Charity has taken advantage of the exemption in Financial Reporting Standard NO. I from the requirement to produce a cash flow statement on the grounds that it qualifies as small charity.

1.2 Tangible Fixed Assets for use by the Charity and Depreciation

All fixed assets costing £250 or more are capitalized at cost. Tangible fixed assets for use by the Charity are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures& Fittings 20% Reducing Balance Computer Equipment 20⁰/0

Reducing Balance

1.3 Incoming Resources

Donation from Voluntary Sources

These are income from members' contribution which is included as incoming resources on receipt.

Interest Income

Interest income is accounted for in the period in which the charity is entitled to receipt.

1.5 Resources Expended

Resources expended are included in the Statement of Financial Activities on accruals basis. Certain costs have been apportioned between Direct Charitable Expenditure and Management and Administrative on bases consistent with the use of those resources.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grant being recognized as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year-end are noted as a commitment, but not accrued as expenditure. But during this financial Year there was no grant received.

1.6 Funds Accounting

Funds held by the charity are:

Unrestricted General Fund: General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purpose.

Restricted Funds: which were raised for restricted purposes and can only be used for those restricted purposes within the objects of the charity? The cost of raising and administering such funds are charged against the specific fund.

Investment income, gain and losses are allocated to appropriate fund.

**HELP MY PEOPLE INTERNATIONAL NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2022**

2. Voluntary Income

VOLUNTARY INCOMES	Restricted Funds	Unrestricted Funds	2022	2021
Donations		£32,650	£32,650	£35,000
Total Voluntary Income		£32,650	£32,650	£35,000

3. Grant to Institutions

Description	Restricted	Unrestricted	Total	Total
	Funds	Funds	2022	2021
Grant to Institutions				
Total Grant to Institutions				

4. Expenditure by Charitable activity

Description	Restricted Funds	Unrestricted Funds	2022	2021
Costs of Charitable activities		27,745	27,745	28,745
Total		27,045	27,045	28,745

5. Charitable activities

Description	Restricted Funds	Unrestricted Fund	Total Fund 2022	Total Fund 2021
Rent		6,400.00	6,400.00	4,900.00
Mon Transfer Charges		550.00	550.00	600.00
Insurance				
Telephone		600.00	600.00	675.00
Food supplies		3,150.00	3,150.00	5,675.00
Volunteers Expenses		3,600.00	3,600.00	3,800.00
Heating & Lighting				
Bank Charges		545.00	545.00	450.00
Refreshments		3,550.00	3,550.00	3,500.00
SKY				
General Expenses		6,155.00	6,155.00	6,565.00
Printing and Station		395.00	395.00	385.00
Repairs and Maintenance		335.00	335.00	395.00
Travelling expenses		1,765.00	1,765.00	1,800.00
Total		27,045.00	27,045.00	28,745.00

6. Governance cost

Description	Restricted Funds	Unrestricted Fund	Total Fund 2022	Total Fund 2021
Accountant fee		£750	£750	£550
Total		£750	£750	£550

9. Tangible Fixed Assets

Description	Furniture & Fittings	Computer Equipment	Total
Cost		4,950	6,500
At 1 January 2022	1042		
Addition	173		
Disposal			
At 31 December 2022	1,215	4,950	6,500
Depreciation:			
At 1 January 2022	1042	3,328	4,370
Charge for the period	990	324	498
	2,032	3,652	4,868
Net book value		1,298	1,632
At 31 December 2022			
At 31 December 2021	693	1,622	2,130

10. Creditors

	2022	2021
Amount falling due within one year		
Accountancy fee	750	550
	750	550

11. Statement of Funds

Description	Brought Forward	Incoming Resources	Resources Expended	Carried Forward
General Funds	2,360	32,650	27,045	4,905
Restricted Funds				
Total of Funds	2,360	32,650	27,045	4,905

12. Analysis of Net Assets between Funds

Description	Restricted Funds	Unrestricted Funds	Total 2022	Total 2021
Tangible Fixed Assets		3,150	3,150	1,298
Debtor Due after more than 1 year				
Current Asset		2,689	2,689	2,910
Creditor Due within one year		750	750	550
Creditor Due in more than one year				
		6,589	6,589	4,758

HELP MY PEOPLE INTERNATIONAL

TRUSTEES REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2022

Charity Number:800433

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HELP MY PEOPLE INTERNATIONAL LEGAL AND ADMINISTRATIVE INFORMATION

Dr Alexander A Adjemon: Chair Person

Zoukouba Prosper: Treasurer

Dahl De Gadji: Vice Chair Person

Adjemon Blai clotché: Trustee

Miss Dagbale S Kouabo: Trustee

Mr. Francis K Gnazalo: Trustee

Mr Jessie Mahingue: Community Outreach

Register office:

24 Hanworth House

John Ruskin Street

London SE5

Actual correspondence address:

Flat 6 McKenzie Court

300 Ivydale Road

London SE15 3BN

CHARITY: 800433

Accountants:

Pp Miss Dagbale S Kouabo

Flat B Derwent House South Road

London SE23 2UF

HELP MY PEOPLE INTERNATIONAL TRUSTEES REPORT

The trustees have pleasure in submitting their report and accounts for the year ended 31st December 2022. The financial statements have been prepared in accordance with the accounting policies set out on pages 5 to 8 and comply with the statement of Recommended Practice (SORP 2008), and the applicable law.

Structure, Governance and Management Constitution

The Charity is governed by constitution adopted on 22nd October 1988 and Charity number is 0800433 on the central registered of the Charity Commission of England and Wales.

The principal objectives of the Charity are:

- a) Promotion of charitable purpose for the benefit of persons in Lambeth and other parts of London about persons of African ethnic origin to alleviate poverty.
- b) Promote and support the advancement of education by creating ideal environment to prosper.

Trustees Appointment and training

New trustees for the charity are appointed by the present trustees but they do so in consultation of the management committees of the various subsidiaries of Help My People International. Before a trustee is recruited, we look for those who have contributed to stabilize the growth of the charity.

Before trustees are duly appointed, they are given time to attend meeting to familiarize themselves with the way meetings are conducted. They are trained to understand the aims and objectives of the charity as stated in the trust deed and how they can effectively contribute to its success.

Statement of Trustees' Responsibilities

The Charities Act requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the surplus or deficit of the charity for that period of the situation of the charity and in preparing those financial statements, the trustees are requested to:

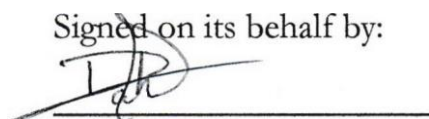
- I. Select suitable accounting policies and then apply them consistently.
- II. Make judgments and estimates that are reasonable and prudent.
 111. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- IV. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will conclude in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charities Act 1993(as amended by Act 2006). They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the Board of Trustees on the 17/07/2022 and

Signed on its behalf by:



Secretary to the Board of Trustees

INDEPENDENT EXAMINER'S REPORT TO HELP MY PEOPLE INTERNATIONAL TRUSTEES REPORT

I report on the accounts of the charity for the year ended 31st December 2022, which are set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- To state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that in any material respect the requirements?

- To keep accounting records in accordance with section 130 of the 2011 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met: or

(2) To which, in my opinion, attention should be drawn to enable a proper understanding to be reached.

The Charity Accountant:

Miss DAGBALE SIDONIE KOUABO, First Class Degree Accounting and Finance, University of Plymouth, Greenwich School of Management.

Section A		Statement of financial activities			
	Notes	Unrestricted funds	Restricted funds	2022	2021
		F01	F02	F03	F04
Incoming resources					
Incoming resources from generated funds					
Volume Income	2	32,650		32,650	35,000
Grants receivable	3				
Incoming resources from charitable activities					
Other incoming resources					
Total resources Incoming		32,650		32,650	35,000
Resources expended					
Costs of Fundraising					
Costs of Charitable activities	5	27,745		27,745	31,730
Governance costs	6	750		750	550
Total resources expended		28,495		28,495	32,280
Net incoming/ (outgoing) resources before transfers					
Gross transfers between funds					
Net incoming/ (outgoing) resources before					
Other recognized gains/(losses)					
Gains and losses on revaluation of fixed assets for the charity's own use					
Gains and losses on investment assets					
Net movement in funds	12	4,155		4,155	2,720
Total funds brought forward		2,360		2,360	2,260
Total funds carried forward		6,515		6,515	4,980

Section B: Balance sheet					
		Unrestricted funds	Restricted funds	2022	2021
	Note	F01	F02	F03	F04
Fixed assets					
Tangible assets	9	2,130		2,130	1,298
Total fixed assets		2,130		2,130	1,298
Current assets					

Stock and work in progress					
Debtors and prepayments		455		455	590
Cash in hand		375		375	660
Cash at bank	12	1,535		1,535	1,660
Total current assets		2,365		2,365	2,910
Creditors: amounts falling due within one year	10	750		750	550
Net current assets/ (liabilities)					
Total assets less current liab.		3,115		3,115	3,460
Creditors: amounts falling due after one year					
Provisions for liabilities and charges					
Net assets		3,115		3,115	3,460
Funds of the Charity:	12	3,115		3,115	3,460
Unrestricted funds Brought forward.					
Restricted income funds					
Surplus/Deficit					
Total fund		3,115		3,115	3,460

Approval by the Board of Trustees on the 17/07/2022 and signed on its behalf by:



Chairman (Board of Trustees)

HELP MY PEOPLE INTERNATIONAL

NOTE TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2022

1. Accounting Policies

1.1 Basis of preparation of accounts

The accounts are prepared under the historical cost convention, except for investment which are included at market value and include the results of the charity operations which are described in the Trustees' Report and all of which are continuing.

The accounts have been prepared in accordance with the Statement of Recommended Practice (SORP March 2005) For Charity Accounts and the Charities Act 1993(as amended by Acts 2006) The Charity has taken advantage of the exemption in Financial Reporting Standard NO. I from the requirement to produce a cash flow statement on the grounds that it qualifies as small charity.

1.2 Tangible Fixed Assets for use by the Charity and Depreciation

All fixed assets costing £250 or more are capitalized at cost. Tangible fixed assets for use by the Charity are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures& Fittings 20% Reducing Balance Computer Equipment 20⁰/0

Reducing Balance

1.3 Incoming Resources

Donation from Voluntary Sources

These are income from members' contribution which is included as incoming resources on receipt.

Interest Income

Interest income is accounted for in the period in which the charity is entitled to receipt.

1.5 Resources Expended

Resources expended are included in the Statement of Financial Activities on accruals basis. Certain costs have been apportioned between Direct Charitable Expenditure and Management and Administrative on bases consistent with the use of those resources.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grant being recognized as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year-end are noted as a commitment, but not accrued as expenditure. But during this financial Year there was no grant received.

1.6 Funds Accounting

Funds held by the charity are:

Unrestricted General Fund: General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purpose.

Restricted Funds: which were raised for restricted purposes and can only be used for those restricted purposes within the objects of the charity? The cost of raising and administering such funds are charged against the specific fund.

Investment income, gain and losses are allocated to appropriate fund.

**HELP MY PEOPLE INTERNATIONAL NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2022**

2. Voluntary Income

VOLUNTARY INCOMES	Restricted Funds	Unrestricted Funds	2022	2021
Donations		£32,650	£32,650	£35,000
Total Voluntary Income		£32,650	£32,650	£35,000

3. Grant to Institutions

Description	Restricted Funds	Unrestricted Funds	Total 2022	Total 2021
	Grant to Institutions			
Total Grant to Institutions				

4. Expenditure by Charitable activity

Description	Restricted Funds	Unrestricted Funds	2022	2021
Costs of Charitable activities		27,745	27,745	28,745
Total		27,045	27,045	28,745

5. Charitable activities

Description	Restricted Funds	Unrestricted Fund	Total Fund 2022	Total Fund 2021
Rent		6,400.00	6,400.00	4,900.00
Mon Transfer Charges		550.00	550.00	600.00
Insurance				
Telephone		600.00	600.00	675.00
Food supplies		3,150.00	3,150.00	5,675.00
Volunteers Expenses		3,600.00	3,600.00	3,800.00
Heating & Lighting				
Bank Charges		545.00	545.00	450.00
Refreshments		3,550.00	3,550.00	3,500.00
SKY				
General Expenses		6,155.00	6,155.00	6,565.00
Printing and Station		395.00	395.00	385.00
Repairs and Maintenance		335.00	335.00	395.00
Travelling expenses		1,765.00	1,765.00	1,800.00
Total		27,045.00	27,045.00	28,745.00

6. Governance cost

Description	Restricted Funds	Unrestricted Fund	Total Fund 2022	Total Fund 2021
Accountant fee		£750	£750	£550
Total		£750	£750	£550

9. Tangible Fixed Assets

Description	Furniture & Fittings	Computer Equipment	Total
Cost		4,950	6,500
At 1 January 2022	1042		
Addition	173		
Disposal			
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At 1 January 2022	1042	3,328	4,370
Charge for the period	990	324	498
	2,032	3,652	4,868
Net book value		1,298	1,632
At 31 December 2022			
At 31 December 2021	693	1,622	2,130

10. Creditors

	2022	2021
Amount falling due within one year		
Accountancy fee	750	550
	750	550

11. Statement of Funds

Description	Brought Forward	Incoming Resources	Resources Expended	Carried Forward
General Funds	2,360	32,650	27,045	4,905
Restricted Funds				
Total of Funds	2,360	32,650	27,045	4,905

12. Analysis of Net Assets between Funds

Description	Restricted Funds	Unrestricted Funds	Total 2022	Total 2021
Tangible Fixed Assets		3,150	3,150	1,298
Debtor Due after more than 1 year				
Current Asset		2,689	2,689	2,910
Creditor Due within one year		750	750	550
Creditor Due in more than one year				
		6,589	6,589	4,758

HELP MY PEOPLE INTERNATIONAL

TRUSTEES REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2022

Charity Number:800433

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HELP MY PEOPLE INTERNATIONAL LEGAL AND ADMINISTRATIVE INFORMATION

Dr Alexander A Adjemon: Chair Person

Zoukouba Prosper: Treasurer

Dahl De Gadji: Vice Chair Person

Adjemon Blai clotché: Trustee

Miss Dagbale S Kouabo: Trustee

Mr. Francis K Gnazalo: Trustee

Mr Jessie Mahingue: Community Outreach

Register office:

24 Hanworth House

John Ruskin Street

London SE5

Actual correspondence address:

Flat 6 McKenzie Court

300 Ivydale Road

London SE15 3BN

CHARITY: 800433

Accountants:

Pp Miss Dagbale S Kouabo

Flat B Derwent House South Road

London SE23 2UF

HELP MY PEOPLE INTERNATIONAL TRUSTEES REPORT

The trustees have pleasure in submitting their report and accounts for the year ended 31st December 2022. The financial statements have been prepared in accordance with the accounting policies set out on pages 5 to 8 and comply with the statement of Recommended Practice (SORP 2008), and the applicable law.

Structure, Governance and Management Constitution

The Charity is governed by constitution adopted on 22nd October 1988 and Charity number is 0800433 on the central registered of the Charity Commission of England and Wales.

The principal objectives of the Charity are:

- a) Promotion of charitable purpose for the benefit of persons in Lambeth and other parts of London about persons of African ethnic origin to alleviate poverty.
- b) Promote and support the advancement of education by creating ideal environment to prosper.

Trustees Appointment and training

New trustees for the charity are appointed by the present trustees but they do so in consultation of the management committees of the various subsidiaries of Help My People International. Before a trustee is recruited, we look for those who have contributed to stabilize the growth of the charity.

Before trustees are duly appointed, they are given time to attend meeting to familiarize themselves with the way meetings are conducted. They are trained to understand the aims and objectives of the charity as stated in the trust deed and how they can effectively contribute to its success.

Statement of Trustees' Responsibilities

The Charities Act requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the surplus or deficit of the charity for that period of the situation of the charity and in preparing those financial statements, the trustees are requested to:

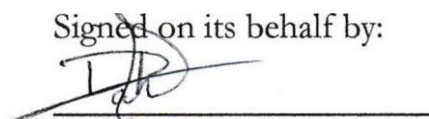
- I. Select suitable accounting policies and then apply them consistently.
- II. Make judgments and estimates that are reasonable and prudent.
111. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements.
- IV. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will conclude in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charities Act 1993(as amended by Act 2006). They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the Board of Trustees on the 17/07/2022 and

Signed on its behalf by:



Secretary to the Board of Trustees

INDEPENDENT EXAMINER'S REPORT TO HELP MY PEOPLE INTERNATIONAL TRUSTEES REPORT

I report on the accounts of the charity for the year ended 31st December 2022, which are set out on pages 8 to 16.

Respective responsibilities of trustees and examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act.
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- To state whether matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that in any material respect the requirements?

- To keep accounting records in accordance with section 130 of the 2011 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met: or

(2) To which, in my opinion, attention should be drawn to enable a proper understanding to be reached.

The Charity Accountant:

Miss DAGBALE SIDONIE KOUABO, First Class Degree Accounting and Finance, University of Plymouth, Greenwich School of Management.

Section A		Statement of financial activities			
	Notes	Unrestricted funds	Restricted funds	2022	2021
		F01	F02	F03	F04
Incoming resources					
Incoming resources from generated funds					
Volume Income	2	32,650		32,650	35,000
Grants receivable	3				
Incoming resources from charitable activities					
Other incoming resources					
Total resources Incoming		32,650		32,650	35,000
Resources expended					
Costs of Fundraising					
Costs of Charitable activities	5	27,745		27,745	31,730
Governance costs	6	750		750	550
Total resources expended		28,495		28,495	32,280
Net incoming/ (outgoing) resources before transfers					
Gross transfers between funds					
Net incoming/ (outgoing) resources before					
Other recognized gains/(losses)					
Gains and losses on revaluation of fixed assets for the charity's own use					
Gains and losses on investment assets					
Net movement in funds	12	4,155		4,155	2,720
Total funds brought forward		2,360		2,360	2,260
Total funds carried forward		6,515		6,515	4,980

Section B: Balance sheet					
		Unrestricted funds	Restricted funds	2022	2021
	Note	F01	F02	F03	F04
Fixed assets					
Tangible assets	9	2,130		2,130	1,298
Total fixed assets		2,130		2,130	1,298
Current assets					

Stock and work in progress					
Debtors and prepayments		455		455	590
Cash in hand		375		375	660
Cash at bank	12	1,535		1,535	1,660
Total current assets		2,365		2,365	2,910
Creditors: amounts falling due within one year	10	750		750	550
Net current assets/ (liabilities)					
Total assets less current liab.		3,115		3,115	3,460
Creditors: amounts falling due after one year					
Provisions for liabilities and charges					
Net assets		3,115		3,115	3,460
Funds of the Charity:	12	3,115		3,115	3,460
Unrestricted funds Brought forward.					
Restricted income funds					
Surplus/Deficit					
Total fund		3,115		3,115	3,460

Approval by the Board of Trustees on the 17/07/2022 and signed on its behalf by:



Chairman (Board of Trustees)

HELP MY PEOPLE INTERNATIONAL

NOTE TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2022

1. Accounting Policies

1.1 Basis of preparation of accounts

The accounts are prepared under the historical cost convention, except for investment which are included at market value and include the results of the charity operations which are described in the Trustees' Report and all of which are continuing.

The accounts have been prepared in accordance with the Statement of Recommended Practice (SORP March 2005) For Charity Accounts and the Charities Act 1993(as amended by Acts 2006) The Charity has taken advantage of the exemption in Financial Reporting Standard NO. I from the requirement to produce a cash flow statement on the grounds that it qualifies as small charity.

1.2 Tangible Fixed Assets for use by the Charity and Depreciation

All fixed assets costing £250 or more are capitalized at cost. Tangible fixed assets for use by the Charity are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures& Fittings 20% Reducing Balance Computer Equipment 20⁰/0

Reducing Balance

1.3 Incoming Resources

Donation from Voluntary Sources

These are income from members' contribution which is included as incoming resources on receipt.

Interest Income

Interest income is accounted for in the period in which the charity is entitled to receipt.

1.5 Resources Expended

Resources expended are included in the Statement of Financial Activities on accruals basis. Certain costs have been apportioned between Direct Charitable Expenditure and Management and Administrative on bases consistent with the use of those resources.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grant being recognized as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year-end are noted as a commitment, but not accrued as expenditure. But during this financial Year there was no grant received.

1.6 Funds Accounting

Funds held by the charity are:

Unrestricted General Fund: General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purpose.

Restricted Funds: which were raised for restricted purposes and can only be used for those restricted purposes within the objects of the charity? The cost of raising and administering such funds are charged against the specific fund.

Investment income, gain and losses are allocated to appropriate fund.

**HELP MY PEOPLE INTERNATIONAL NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2022**

2. Voluntary Income

VOLUNTARY INCOMES	Restricted Funds	Unrestricted Funds	2022	2021
Donations		£32,650	£32,650	£35,000
Total Voluntary Income		£32,650	£32,650	£35,000

3. Grant to Institutions

Description	Restricted	Unrestricted	Total	Total
	Funds	Funds	2022	2021
Grant to Institutions				
Total Grant to Institutions				

4. Expenditure by Charitable activity

Description	Restricted Funds	Unrestricted Funds	2022	2021
Costs of Charitable activities		27,745	27,745	28,745
Total		27,045	27,045	28,745

5. Charitable activities

Description	Restricted Funds	Unrestricted Fund	Total Fund 2022	Total Fund 2021
Rent		6,400.00	6,400.00	4,900.00
Mon Transfer Charges		550.00	550.00	600.00
Insurance				
Telephone		600.00	600.00	675.00
Food supplies		3,150.00	3,150.00	5,675.00
Volunteers Expenses		3,600.00	3,600.00	3,800.00
Heating & Lighting				
Bank Charges		545.00	545.00	450.00
Refreshments		3,550.00	3,550.00	3,500.00
SKY				
General Expenses		6,155.00	6,155.00	6,565.00
Printing and Station		395.00	395.00	385.00
Repairs and Maintenance		335.00	335.00	395.00
Travelling expenses		1,765.00	1,765.00	1,800.00
Total		27,045.00	27,045.00	28,745.00

6. Governance cost

Description	Restricted Funds	Unrestricted Fund	Total Fund 2022	Total Fund 2021
Accountant fee		£750	£750	£550
Total		£750	£750	£550

7. Analysis of Resources Expended by Activities

Description	Activities Undertaken Directly [Note-51 2021]	Grant Funding of Activities [Note-41 2021]	Governance Cost [Note-61 2021]	Total 2022	Total 2022
Charitable activities	28,745		550	27,045	27,045
	28,745		550	27,045	27,045

8. Net Income/ (Expenditure)

This is stated after charging: 2022 2021

Depreciation of tangible fixed assets:

Owned by the charity. 532 498

Held under finance leases

Independent examiner's fees 750 550

The average number of staff employed by Charity during the year was none (2011-Nil)

No trustee has received remuneration in the year.

No expenses have been reimbursed to any of the Trustees.

No Trustee received any benefit in kind.

9. Tangible Fixed Assets

Description	Furniture & Fittings	Computer Equipment	Total
Cost		4,950	6,500
At 1 January 2022	1042		
Addition	173		
Disposal			
At 31 December 2022	1,215	4,950	6,500
Depreciation:			
At 1 January 2022	1042	3,328	4,370
Charge for the period	990	324	498
	2,032	3,652	4,868
Net book value		1,298	1,632
At 31 December 2022			
At 31 December 2021	693	1,622	2,130

10. Creditors

	2022	2021
Amount falling due within one year		
Accountancy fee	750	550
	750	550

11. Statement of Funds

Description	Brought Forward	Incoming Resources	Resources Expended	Carried Forward
General Funds	2,360	32,650	27,045	4,905
Restricted Funds				
Total of Funds	2,360	32,650	27,045	4,905

12. Analysis of Net Assets between Funds

Description	Restricted Funds	Unrestricted Funds	Total 2022	Total 2021
Tangible Fixed Assets		3,150	3,150	1,298
Debtor Due after more than 1 year				
Current Asset		2,689	2,689	2,910
Creditor Due within one year		750	750	550
Creditor Due in more than one year				
		6,589	6,589	4,758

OUR HELPING HANDS

England & Wales - Charity number 800433

Accounts

HELP MY PEOPLE INTERNATIONAL

TRUSTEES REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2020

Charity Number:800433

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HELP MY PEOPLE INTERNATIONAL LEGAL AND ADMINISTRATIVE INFORMATION

Dr Alexander A Adjemon: Chair Person

Zoukouba Prosper: Treasurer

Dahl De Gadji: Vice Chair Person

Adjemon Blai-crotché: Trustee

Miss Dagbale S Kouabo: Trustee

Mr. Francis K Gnazalo: Trustee

Mr Jessie Mahingue: Community Outreach

Register office:

24 Hanworth House

John Ruskin Street

London SE5

Actual correspondence address:

Flat 6 McKenzie Court

300 Ivydale Road

London SE15 3BN

CHARITY: 800433

Accountants:

Pp Miss Dagbale S Kouabo

Flat B Derwent House South Road

London SE23 2UF

HELP MY PEOPLE INTERNATIONAL TRUSTEES REPORT

The trustees have pleasure in submitting their report and accounts for the year ended 31st December 2020. The financial statements have been prepared in accordance with the accounting policies set out on pages 9 to 16 and comply with the statement of Recommended Practice (SORP 2008), and the applicable law.

Structure, Governance and Management Constitution

The Charity is governed by constitution adopted on 22nd October 1988 and Charity number is 0800433 on the central register of the Charity Commission of England and Wales.

The principal objectives of the Charity are:

- a) Promotion of charitable purpose for the benefit of persons in Lambeth and other parts of London with particular regard to persons of African ethnic origin in order to alleviate poverty.
- b) Promote and support the advancement of education by creating ideal environment to prosper.

Trustees Appointment and training

New trustees for the charity are appointed by the present trustees but they do so in consultation of the management committees of the various subsidiaries of Help My People International. Before a trustee is recruited, we look for those who have contributed to stabilize the growth of the charity.

Before trustees are duly appointed, they are given time to attend meeting to familiarize themselves with the way meetings are conducted. They are trained to understand the aims and objectives of the charity as stated in the trust deed and how they can effectively contribute to its success.

Statement of Trustees' Responsibilities

The Charities Act requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the surplus or deficit of the charity for that period of the state of affairs of the charity and in preparing those financial statements, the trustees are requested to:


- I. Select suitable accounting policies and then apply them consistently;
- II. Make judgments and estimates that are reasonable and prudent;
- III. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
- IV. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will conclude in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the charities Act 1993(as amended by Act 2006).They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approval

This report was approved by the Board of Trustees on the 31 July 2020 and

Signed on its behalf by:



Secretary to the Board of Trustees

INDEPENDENT EXAMINER'S REPORT TO HELP MY PEOPLE INTERNATIONAL TRUSTEES REPORT

I report on the accounts of the charity for the year ended 31st December 2020, which are set out on pages 9 to 16.

Respective responsibilities of trustees and examiner

As the Charity's Trustees, you are responsible for the preparation of the accounts. You consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- To follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act; and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) Which gives me reasonable cause to believe that in any material respect the requirements

- To keep accounting records in accordance with section 130 of the 2011 Act; and
- To prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or

(2) To which, in my opinion, attention should be drawn in order to enable a proper understanding to be reached.

The Charity Accountant:

Miss DAGBALE SIDONIE KOUABO First Class Degree Accounting and Finance, University of Plymouth, Greenwich School of Management.

Section A		Statement of financial activities			
	Notes	Unrestricted funds	Restricted funds	2020	2019
		F01	F02	F03	F04
Incoming resources					
Incoming resources from generated funds					
Volume Income	2	30,000		30,000	35,000
Grants receivable	3				
Incoming resources from charitable activities					
Other incoming resources					
Total incoming resources		30,000		30,000	35,000
Resources expended					
Costs of Fundraising					
Costs of Charitable activities	5	27,935		27,935	31,730
Governance costs	6	650		650	550
Total resources expended		28,585		28,585	32,280
Net incoming/ (outgoing) resources before transfers					
Gross transfers between funds					
Net incoming/ (outgoing) resources before					
Other recognized gains/(losses)					
Gains and losses on revaluation of fixed assets for the charity's own use					
Gains and losses on investment assets					
Net movement in funds	12	1,415		1,415	2,720
Total funds brought forward		2,720		2,720	2,260
Total funds carried forward		4,135		4,135	4,980

Section B: Balance sheet		Unrestricted funds	Restricted funds	2020	2019
	Note	F01	F02	F03	F04
Fixed assets					
Tangible assets	9	1,220			1,298
Total fixed assets		1,220			1,298
Current assets					

Stock and work in progress					
Debtors and prepayments		750		750	590
Cash in hand		575		575	660
Cash at bank	12	1,550		1,550	1,660
Total current assets		2,875		2,875	2,910
Creditors: amounts falling due within one year	10	650		650	550
Net current assets/ (liabilities)					
Total assets less current liab.		2,225		2,225	2,360
Creditors: amounts falling due after one year					
Provisions for liabilities and charges					
Net assets		2,225		2,225	2,360
Funds of the Charity:	12	2,225		2,225	2,360
Unrestricted funds Brought forward					
Restricted income funds					
Surplus/Deficit					
Total fund		2,225		2,225	2,360

Approval by the Board of Trustees on the 31/07/2020 and signed on its behalf by:



Chairman (Board of Trustees)

HELP MY PEOPLE INTERNATIONAL

NOTE TO THE ACCOUNTS FOR THE YEAR ENDED 31ST DECEMBER 2020

1. Accounting Policies

1.1 Basis of preparation of accounts

The accounts are prepared under the historical cost convention, with the exception of investment which are included at market value and include the results of the charity operations which are described in the Trustees' Report and all of which are continuing.

The accounts have been prepared in accordance with the Statement of Recommended Practice (SORP March 2005) For Charity Accounts and the Charities Act 1993(as amended by Acts 2006) The Charity has taken advantage of the exemption in Financial Reporting Standard NO.I from the requirement to produce a cash flow statement on the grounds that it qualifies as small charity.

1.2 Tangible Fixed Assets for use by the Charity and Depreciation

All fixed assets costing £250 or more are capitalized at cost. Tangible fixed assets for use by the Charity are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following basis:

Fixtures& Fittings 20% Reducing Balance Computer Equipment 20⁰/0

Reducing Balance

1.3 Incoming Resources

Donation from Voluntary Sources

These are income from members' contribution which is included as incoming resources on receipt.

Interest Income

Interest income is accounted for in the period in which the charity is entitled to receipt.

1.5 Resources Expended

Resources expended are included in the Statement of Financial Activities on accruals basis. Certain costs have been apportioned between Direct Charitable Expenditure and Management and Administrative on bases consistent with the use of those resources.

Grants payable are charged in the year when the offer is made except in those cases where the offer is conditional, such grant being recognized as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year-end are noted as a commitment, but not accrued as expenditure. But during this financial Year there was no grant received.

1.6 Funds Accounting

Funds held by the charity are:

Unrestricted General Fund: General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purpose.

Restricted Funds: which were raised for particular restricted purposes and can only be used for those particular restricted purposes within the objects of the charity? The cost of raising and administering such funds are charged against the specific fund.

Investment income, gain and losses are allocated to appropriate fund.

**HELP MY PEOPLE INTERNATIONAL NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2020**

2. Voluntary Income

VOLUNTARY INCOMES	Restricted Funds	Unrestricted Funds	2020	2019
Donations		£30,000	£30,000	£35,000
Total Voluntary Income		£30,000	£30,000	£35,000

3. Grant to Institutions

Description	Restricted Funds	Unrestricted Funds	Total 2019	Total 2018
	Grant to Institutions			
Total Grant to Institutions				

4. Expenditure by Charitable activity

Description	Restricted Funds	Unrestricted Funds	2020	2019
Costs of Charitable activities		28,585	28,585	32,280
Total		28,585	28,585	32,280

5. Charitable activities

Description	Restricted Funds	Unrestricted Fund	Total Fund 2020	Total Fund 2019
Rent		5,500.00	5,500.00	4,900.00
Money Transfer Charges		400.00	400.00	600.00
Insurance				
Telephone		550.00	550.00	675.00
Food Supplies		5,500.00	5,500.00	5,675.00
Volunteer Expenses		3,500.00	3,500.00	3,800.00
Heating & Lighting				
Bank Charges		350.00	350.00	450.00
Refreshments		3,500.00	3,500.00	3,885.00
SKY				
General Expenses		6,500.00	6,500.00	6,565.00
Printing and Station		250.00	250.00	385.00
Repairs and Maintenance		285.00	285.00	395.00
Travelling expenses		1,600.00	1,600.00	1,800.00
Total		27,935	27,935	31,730.00

6. Governance cost

Description	Restricted Funds	Unrestricted Fund	Total Fund 2020	Total Fund 2019
Accountant fee		£650	£650	£550
Total		£650	£650	£550

9. Tangible Fixed Assets

Description	Furniture & Fittings	Computer Equipment	Total
Cost		4,850	6,445
At 1 January 2019	1,250		
Addition	345		
Disposal			
At 31 December 2020	1,595	4,850	6,445
Depreciation:			
At 1 January 2019			
Charge for the period	1042	3,328	4,370
	173.2	324.4	497.6
	1,215	3,652	4,868
Net book value	380	1,198	1,577
At 31 December 2020			
At 31 December 2019	693	1,298	1,990

10. Creditors

	2020	2019
Amount falling due within one year		
Accountancy fee	650	550
	650	550

11. Statement of Funds

Description	Brought Forward	Incoming Resources	Resources Expended	Carried Forward
General Funds	2,260	30,000	28,585	1,415
Restricted Funds				
Total of Funds	2,260	30,000	28,585	1,415

12. Analysis of Net Assets between Funds

Description	Restricted Funds	Unrestricted Funds	Total 2020	Total 2019
Tangible Fixed Assets		1,220	1,220	1,298
Debtor Due after more than 1 year				
Current Asset		2,875	2,875	2,910
Creditor Due within one year		650	650	550
Creditor Due in more than one year				
		4,745	4,745	4,758