

**Registered Charity Number: 702057**  
**Registered Company Number: 2418362**

**LEICESTERSHIRE ACTION FOR MENTAL HEALTH PROJECT**

**REPORT AND FINANCIAL STATEMENTS**

**31 MARCH 2021**

# LEICESTERSHIRE ACTION FOR MENTAL HEALTH PROJECT

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## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MARCH 2021

The Trustees submit their report and the audited financial statements for the year ended 31 March 2021. These have been prepared in line with the statement of recommended practice applicable to charities preparing their accounts in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice – UK GAAP), including FRS 102, The Financial Reporting Standards applicable in the UK and Republic of Ireland.

#### Board of Trustees

The Trustees have served for the full financial year unless otherwise stated.

Shaun Johnson (Chair)	
Minakshee Patel	
Carolyn Thornley-Yates	
Sarah Higgins	(appointed 7 April 2020)
Nicola Evans-Ward	(appointed 5 November 2020)
Kathryn Haines (Treasurer)	(appointed 17 December 2020)
Elizabeth Manning	(appointed 8 September 2020)
Jonathan Farrell	(appointed 3 March 2021)
Lenore Headey (Treasurer)	(resigned 17 December 2020)
Sharni Humphrey	(resigned 26 May 2020)
Colin Norman	(resigned 17 December 2020)

#### Reference and Administrative Details

<b>Chief Executive Officer</b>	Sue Langley (resigned 31 October 2021) Richard Kotulecki (appointed 1 November 2021)
<b>Registered Office and Operation Address</b>	65 Regent Road Leicester LE1 6YF
<b>Registered Numbers</b>	2418362 (Company) 702057 (Charity)
<b>Independent Auditor</b>	SFB Group Limited Chartered Accountants Unit 8, Oak Spinney Park Ratby Lane Leicester Forest East Leicester, LE3 3AW
<b>Bankers</b>	The Royal Bank of Scotland 5 Market Street Leicester LE1 6DN
<b>Solicitors</b>	Bond Adams 94 London Road Leicester, LE2 0QS

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Governing Document

The organisation is a charitable company limited by guarantee, incorporated in the United Kingdom on 31 August 1989 and registered as a charity on 2 October 1989. The company was established under a Memorandum of Association which established the objectives and powers of the charitable company ("the Charity") and is governed under its Articles of Association.

The Directors of the charity, as defined by the Companies Act 2006, are also charity Trustees, for the purposes of charity law. They are generally referred to as the Board of Trustees.

Anyone over the age of 18, who complies with the requirements laid down by the Board of Trustees, can become a member of the Charity, each of whom agrees to contribute £1 in the event of the charity winding up.

Appointment of Trustees

The Board of Trustees is elected by the members of Lamp by postal ballot before each Annual General Meeting and hold office from the end of the meeting at which they were elected or appointed. Members are, out of courtesy, asked to give their approval at the Annual General Meeting of those elected. The Board of Trustees elects its Officers (Chair and Treasurer) at the meeting which follows the Annual General Meeting.

The number of Trustees must be not less than 4 nor more than 16 of which the Board may co-opt up to four members with relevant skills and experience.

Trustee induction and training

Proposed Trustees are first required to meet with the Chair of the Board of Trustees in a recruitment process. After appointment, they are supported by the Chair to enable them to understand Lamp's history, their obligations under charity and company law, the content of the Memorandum and Articles of Association, the committee and decision making processes, the business plan and recent financial performance of the charity. Trustees are actively encouraged to take a portfolio position on the Board and to meet with key employees. Trustees are also regularly encouraged to attend external training events appropriate to their role.

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Objectives & Activities

Leicestershire Action for Mental Health Project (Lamp) was established to promote the preservation and safeguarding of mental health, through assisting in relieving and rehabilitating persons who are suffering from, or affected by, mental or emotional distress.

The charity is an independent voluntary organisation working to promote good mental health for everyone living in Leicester, Leicestershire and Rutland. Lamp believes that those who seek or use mental health services and their families and friends, should have a voice in how those services are provided and planned. In 2020/2021 Lamp worked throughout Leicester, Leicestershire and Rutland offering: -

- Expert person centred professional services for people seeking to use or using mental health services.
- A peer advocacy service for people using mental health services in acute settings.
- Independent professional advocacy services for carers of people experiencing mental distress.
- Information resources on mental health matters and a comprehensive directory of mental health services.
- A widely respected and used community mental health web site.
- Information, intelligence and reports highlighting the needs and concerns of local people and communities, for example, Healthwatch, the Care Quality Commission and service provider consultations.

Lamp's offices are located centrally in Leicester city and are sufficient for purpose. Lamp makes all reasonable effort to make its services accessible to people with physical and/or sensory disabilities through home visits, as well as outreach services and within hospital and other institutional settings.

Lamp has continued to meet the Advice Quality Standard (AQS) and the Advocacy Quality Performance Mark (QPM).

Organisation

The Board of Trustees administers the charity. There are trustee portfolios to cover specific areas of the Charity's work. The full Board met 6 times during the period 1 April 2020 to 31 March 2021 and held 2 development sessions. A Chief Executive Officer is appointed by the Trustees to manage day-to-day operations and facilitate strategic direction of the charity. The Chief Executive Officer has authority within terms of delegations approved by the Trustees, for operational matters including areas such as finance, employment, service development, mental health information and advocacy related activity.

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Risk Management

The Board has worked closely with the Chief Executive Officer and staff to facilitate on-going risk analysis and to implement strategic responses to minimise risks to the organisation. The Board is fully satisfied that management systems are in place to mitigate as far as possible actual and potential risks to which the charity is exposed and has worked with the Chief Executive Officer to ensure proper financial, operational, legal and public interests are managed effectively. Lamp has successfully anticipated and responded to some key challenges in 2020/2021 as set out in the following paragraphs.

As identified in previous annual reports the voluntary and community sector, as a whole, has continued to face significant challenges at local, regional and national levels. Lamp has focused on delivering multi-faceted and proactive solutions to manage resources and diversify within our area of expertise. The pressures of preference for national based services which focus on lower priced services by commissioners became ever more frequent and resulted in Lamp not being supported to deliver local based outreach services. Lamp took the strategic decision to continue with non- statutory, community based, services to meet the diverse needs of those experiencing poor mental health in local communities. Lamp has continued to develop and evolve these services over the past 12 months. Lamp also transformed its model to include business sector partnerships in order to identify best practice and early intervention in the workplace. This allowed the Charity to ensure services delivered were of the highest quality and that safety was not compromised. At the same time, whilst maintaining quality and legal adherence, significant cost cutting measures ensured reduced overheads.

To ensure that Lamp continues to be successful in attracting financial support from grant awarding bodies and other sources in these difficult times, an organisational review was conducted and subsequently a staff reorganisation commenced in April 2020. Initially, it was anticipated this would be completed in the financial year 2020/2021, but the pandemic has had an effect on this, so the plans now extend to 2022. The restructure will ensure new sources of funding are identified, some current activities continue and that there is diversification to meet identified service provision gaps for those who engage with Lamp. It also aims to inform policy and practice so that barriers to those trying to access services are reduced and eliminated.

Risk management is embedded in quality assurance, and this continues to underpin Lamp's strategies and service delivery. Lamp retained its Advice and Quality Standard (AQS) accreditation in February 2020 and holds a valid Quality Performance Mark (QPM), a quality assurance standard specific to advocacy services, preferred by commissioning authorities. QPM compliance will continue to inform improvement in the way Lamp operates and increase prospects of successful funding from current and potential funders.

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Other elements of Lamp's Risk Management Strategy have also been regularly reviewed throughout the year, enabling the Board and Chief Executive Officer to continue to ensure that Lamp is in a position to be proactive to any changes and opportunities within the local commissioning market place by: -

- Ensuring Lamp's Advocacy and Information Services remain responsive to changes and future developments in the delivery of mental health services.
- Providing factual reports and intelligence to local statutory commissioners and independent review bodies.
- Maintaining a regular programme of engagement with relevant bodies in the statutory and voluntary sector.
- Maintaining a scheduled programme of reviewing and revising operating policies and procedures and legal commitments so that Lamp continues to operate in line with all legal requirements and best practice.
- Continually seeking to raise funds from other sources, for example donations and grant funding, to diversify and increase income streams and enable new service developments.
- Ensuring Health and Safety is managed efficiently and issues communicated effectively from staff and the Health and Safety Officer through to the Chief Executive Officer and Board of Trustees. Appropriate training takes place regularly and Health and Safety is an agenda item on all Senior Management meetings and as part of the induction process for new staff and volunteers.
- Holding regular Board meetings, Senior Management Team and sub group meetings, as required, to address the above points.

The Trustees, Chief Executive Officer and senior staff continue to participate in external processes and forums related to the ever changing landscape of health reform, including Clinical Commissioning Groups, Stakeholder Groups, Leicestershire Partnership Trust Meetings, Mental Health Partnership Boards, etc., impacting on all aspects of Lamp's work, the client group we serve and the voluntary, statutory and community sectors.

Going Concern

The Trustees have a reasonable expectation that the charitable company will continue in operational existence for the foreseeable future (12 months after signing this report) and have therefore used the going concern basis in preparing the financial statements.

Public Benefit

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the Trustees consider how such planned activities contribute to the aims and objectives of Lamp.

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Achievements and Performance

The Trustees report another successful year for Lamp in delivering effective support and services for people affected by mental distress.

Advocacy and Support ServicesCOVID-19

In order to adhere with government advice, Lamp's service model was severely affected by the lockdown, resulting in the charity operating in an ever-changing situation from the start of Q1. Lamp implemented a new model of working, which ensured staff worked remotely and we were able to respond to meet the needs of beneficiaries without any loss of service availability. We are proud of how quickly we were able to adapt our service and believe the agile and dynamic response was exemplary.

Community mental health advocacy – Leicester City; April 2020 - March 2021.

(Funded by the Leicester City Clinical Commissioning Group (CCG) Discretionary Grant Programme)

During this time, we implemented and refined a remote worker based service delivery model in April 2020, which enabled Lamp to reach its annual case load for Informal Advocacy of 240 cases by the end of October 2020. Additionally, signposting calls rose significantly to just under 3,000. Lamp engaged via email on 3,600 occasions, supported a 4000% increase in online engagement and extended our service to include mental health wellbeing tips to promote wellbeing and empower people to take positive action. Significant increases in every area of our work demonstrate a clear and significant need for our expert service which continued to maintain the highest AQS and QPM industry standard recognition. There is funding in place from the Leicester City (CCG) as of 28<sup>th</sup> March 2021 and our target is to reach out to 240 individuals and deliver advocacy to those people during the course of the next year. We aim to respond to the increasing levels of need for mental health advocacy by engaging with those who have and do not have access to digital services, young people, and to encourage early intervention through identification of best practice in partnership with and for local businesses and voluntary sector organisations. We are also in the early stages of a work stream with Leicester City Football Club and the voluntary sector to address the area of young men who experience challenges with their mental health as a result of perceptions of changing identity due to the pandemic. Notably, once again, Lamp has maintained the position of not receiving a single complaint for the whole period and our annual target for advocacy cases was reached in October 2020.

- Q1 – 133 new referrals
- Q2 – 31 new referrals
- Q3 – 43 new referrals
- Q4 – 25 new referrals



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Carer's Advocacy – Mental Health

(Partially funded by the Shires Community Grant)

The Shires Community Fund allocated us £6,700 in April 2020 to deliver mental health advocacy to Carers across Leicestershire. The groups were originally based in Hinckley, Oakham, Enderby, Coalville and Leicester City, but had to move to an online platform due to COVID-19 restrictions. We reached out to 66 individuals during the financial year. (38 Groups facilitated via Zoom; 49 individuals attended the Groups on an ongoing basis; 17 individual advocacy cases).

The groups were well received across the region, and we believe the particular successes are: clients have been given an array of information and tools to be able to support their dependents and understand their dependents' needs; they have also been able to share their experiences with others who are going through similar circumstances, learning from each other, which has given them invaluable support at a time – particularly during the pandemic period – when many services locally have been incredibly difficult to access.

The 1:1 advocacy sessions have given clients a more person-centred approach, and more intense advocacy support. This has reduced the need for clients trying to seek help from both the NHS and other organisations. We have found locally that many organisations are unable to offer the support that carers need due to strict criteria and restrictions placed in the way of accessing services and, in turn, those clients were left unable to get any help from anywhere. This project has provided this much needed support, which in turn has prevented a deterioration in the mental health of both carers and those they care for.

Our Carers' Advocate left the Charity in February 2021, and a new advocate has been recruited since the year end. The carers were made aware of her departure from Lamp and interim support was offered via our Advocacy staff members.

Peer Advocacy

As of April 2020, face to face Peer Advocacy has been suspended until other arrangements can be made, due to the COVID-19 pandemic. We have provided training to our peers during the course of the year. We are researching options to deliver advocacy virtually, through tablets/iPads. We purchased four tablets on 24<sup>th</sup> March 2021, and have made links with the Improvement and Development Manager to get this initiative rolled out as soon as possible, to continue to provide a quality service to the informal patients on the wards at Bradgate Unit.

Sturdee Hospital – IMHA

Despite no access to wards due to the pandemic, we have continued to deliver advocacy for Sturdee hospital. We are now providing a weekly telephone drop-in advocacy service for statutory patients. In addition to the weekly telephone sessions, we also received five individual referrals for patients on the wards, and delivered advocacy via the phone to those clients.

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The National Lottery Community Fund (TNL)

In May 2020, £49,000 was granted to us to provide Mental Health Advocacy and supporting communities during the COVID-19 pandemic (for anticipated increase in support needed within the community). The grant covered the project for six months, including staffing costs.

In February 2021, £327,000 was awarded to us through The National Lottery, to cover Mental Health & Physical Health Advocacy, Peer Advocacy, and Carer's Advocacy. This grant covers these services from 1<sup>st</sup> February 2021 until 1st February 2024. This involves supporting 90 carers, 60 physical health clients and delivering 6000 mental health signposting, support or advocacy cases per annum. We are also looking into setting up a community peer advocacy model, and expect to deliver an equality and diversity campaign within the first 6 months of the contract.

Client Management Recording System:

Our client database and reporting system was changed from AIMS to Knack in September 2020.

**Volunteering at Lamp April 2020 – March 2021**

This year volunteering at Lamp underwent some significant changes, both for Peer and general volunteers.

**General Volunteers:**

1. We continued to liaise with those wishing to support the charity by volunteering but in essence due to the pandemic and lockdowns we were unable to support any office or community based volunteering roles.
2. The charity has maintained its commitment to these individuals by offering training opportunities.

The intention is to restart these roles in the coming year.

**Trustees**

It is also notable that the above does not include the time expended by our Trustees which would have increased this figure substantively.

**Marketing & Communications**

From the beginning of April 2020 and throughout the period until the end of March 2021, Lamp experienced its biggest periods of development in terms of communications.

Prior to the pandemic period, Lamp was already recognising the importance of communicating more effectively with the diverse audiences it serves and as the pandemic hit, this became a priority for the charity. It was essential that Lamp developed its digital advocacy platform and had the capacity to deliver support and a consistent wellbeing message to those that were seeking our help. Calls to our helplines were growing exponentially and it was clear we were going to need to reach our beneficiaries in as many ways as possible.

The Marketing & Communications team were increased in number in order to bolster its hours; the website required development, and a content boost in order to effectively support those visiting with expert up to date information. Our social media channels were supporting beneficiaries in new ways and it was critical for Lamp to develop this digital area.

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Between June and the end of November 2020, The National Lottery (TNL) community funding enabled Lamp to develop impact in the following ways:

**Recruitment**

As a result of the COVID-19 response TNL funding Lamp recruited two part-time Marketing and Communications Officers, increasing the charity's communications capacity by 35 hours.

**Website improvements**

We became aware that our online users sometimes found the navigation of Lamp's website unhelpful. In the face of a new digital service, the redesign of this became a priority. Significant improvements were implemented to the user journey of the site, with the majority of the work taking place during the TNL funding period. Lamp's Communications specialist was able to recognise why this was the case and worked with our web developer to redesign the user journey. The homepage was updated with clear sections for each of the audiences that visited Lamp for support and information. Extensive work was also done to ensure that some historical website content was updated, removed and / or updated and in line with the COVID-19 developments.

The improvements resulted in a real impact to visitor traffic and importantly the way traffic engaged once reaching the site.

**Website Traffic**

By the beginning of August, Lamp's website traffic was already up by 20% as a result of the pandemic and more people seeking out information regarding mental health. Because of this increased traffic, Lamp was dedicated to ensuring the information on the website was regularly updated, was always accurate and of a high quality and that the site was linking well to other services.

This led to the development of the website's Wellbeing Hub, which although still requiring improvement, and which Lamp is keen to develop further, has served those who visit the site incredibly well through the year. We know that the development of further materials online has given many of those we work with a trusted source of information to refer to and share with others, and our analytics showed that by the end of October traffic to the site further increased 25% to what it had been previous to the pandemic period but that, notably, those visiting spent on average 7 minutes longer on the website, and that the Wellbeing Hub was a hotspot for visitors.

Almost 50% of Lamp's website traffic visited the Wellbeing Hub in November, and the duration of visits have increased since its introduction. This evidence is key, as the Wellbeing Hub is a central part of Lamp's increased digital service. We are more than satisfied that we have been able to deliver extra support online with the development of this area of the site.

Further to this, the development of the Wellbeing Hub has been noticed by key business supporters, who have given feedback that their leaders have shared our content with thousands of staff and customers, further boosting Lamp's reach as a result of the work we have done.

**Signposting**

Further work online has been done related to the accurate signposting regarding advocacy services. The constantly changing landscape in terms of services available outside of those offered by Lamp meant it necessary for Lamp to ensure signposting information was as up to date as possible, and therefore the funding of hours for dedicated

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communications staff to do this work supported the way in which we were able to effectively reach and help those who need us.

**Development of up to date Flyers and Marketing Materials**

As a result of the TNL funding, the Marketing team was able to create an impactful set of flyers and posters to advertise Lamp's services. Key to this was ensuring our Carers' Groups were well promoted and the new Physical Advocacy service we were able to offer as a result of TNL funding.

The materials created were highly effective and still in use today. Our partner organisations shared these very effectively and though our Customer Relationship Management (CRM) system was not in place quick enough to gather exact analytics about how effective they were, we know anecdotally that the use of these professionally written and designed materials saw numbers of those finding out about our services grow.

**Social media**

The ongoing development of Lamp's social media channels was a significant focus for the charity's Communications team. At the height of the first lockdown period, Lamp saw engagement up by 4000% in some areas, as followers and beneficiaries took real support from the Online Wellbeing Tips we launched at the end of March. These were a daily wellbeing tip which helped boost communication, activity and wellbeing for those in our communities. The creation and management of this campaign was demanding for a small charity like Lamp, but the response was so positive we were determined to make this a large part of our digital wellbeing platform. The staff hours dedicated to social media saw our channels continue to grow, but importantly saw meaningful engagement increase and led to more beneficiaries finding Lamp's services.

Examples include:

- An increase in those contacting Lamp for mental health support directly via our social channels
- An increase in individuals and organisations contacting Lamp via social media and offering to fundraise
- An increase in media outlets contacting Lamp for information, leading to Lamp securing media opportunities to promote the service.
- Instagram Engagement – A key audience for Lamp as we look to engage with the 18 – 30 age group more effectively was up by 40.5% (engagement not follower growth)
- Facebook saw an average audience reach of 4,000 in the months June to September, at the height of the pandemic, averaging 2,500 during the months September to beginning of Dec. This is a large reach improvement for Lamp, as prior to the pandemic reach averaged 1,200.
- Twitter saw Lamp reach on average 11,500 impressions monthly – up from around 4,000 in early 2020.
- LinkedIn – This has also been a key area of development for Lamp over the last two quarters of 2020 and funding for our communications efforts has seen engagement increase steadily month on month. LinkedIn engagement had increased by 25% by November, compared to engagement in early 2020. This is key for Lamp's sustainability, and in terms of the development of our digital platform as we look for continued ways of reaching those audiences who may need us. Developing strong partnerships through our digital output provides real opportunities to penetrate our communities deeper, via their workplaces and business networks.

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**Further Social media work**

At the beginning of 2021, we employed consultancy services to manage the messaging on social media, with the exception of LinkedIn, as two members of the team left the charity in the 3<sup>rd</sup> Quarter and it proved challenging to recruit replacements. At the same time, further strategic work was carried out to more specifically segment the social media channel audiences and begin to further target the appropriate audiences for each channel. This was to ensure that we continue to build upon our communication successes and that we strategically ensure we are reaching a diverse range of the community across the region. The work conducted by our team has given us a meaningful foundation on which to build our diversity communications work over the next year.

**Media Coverage**

Lamp's ability to launch a sustained digital output has led to us gaining a raft of media support and increased ways of reaching our community.

During the year, our communications efforts have led to two TV news features on the BBC and ITV Central.

Additionally, we have been called upon for radio interviews regarding the success of our digital wellbeing efforts at least eight times over the period, and most notably Lamp secured an ongoing radio slot on BBC Radio Leicester's Saturday morning breakfast show. From mid-November, Lamp's CEO joined presenter Rupal Rajani each Saturday for a mental health/wellbeing chat to help support communities across Leicester, Leicestershire and Rutland. Importantly, our ability to commit to this was possible due to having a Communications staff member who could liaise with the radio team, discuss content, ensure expert content was then created and those appearing on the show were fully briefed and had appropriate material.

To conclude: as Lamp completed the final quarter of the year, in March 2021 this department was delivered with the established consultancy support and the remaining staff member within Lamp. The foundations developed earlier in the year were used to great effect to launch an interactive global 5k Challenge, to be conducted during Mental Health Awareness Week in May 2021 and to build connections with Lamp's now well established Business Club.

**Partnerships:**

A list of partnerships that Lamp has maintained or cultivated in 2020/21 are as follows:

- Hastings Direct
- Thaliwal and Veja Solicitors
- Hinckley and Rugby Building Society
- Mattioli Woods
- Winstanley House
- Next
- Marriott Hotel (Leicester)
- Tokio Marine HCC

In addition to the above, Lamp continued to build relationships with over 50 local businesses to help develop their understanding of mental health, and has encouraged and supported them to share best practice in supporting their staff and communities. Our Business Club held regular online sessions showcasing support available, and surpassed

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its targeted objectives as a result. The annual Acts of Kindness Awards were held online this year, in November 2020. During the event, we were able to showcase local talent of those connected with the area to entertain attendees with the theme of support during the pandemic. Our grateful thanks go out to everyone who contributed their time and talent to making the event successful. Once again, the awards recognised those who had contributed to this area in Leicester, Leicestershire and Rutland.

Organisational Development

Trustees have continued to revise and provide strategic priorities for Lamp.

- The current Business Plan is an interim one for 2020/22 and will be revised in light of the Covid pandemic.
- During the year, Lamp continued to explore ways of diversifying its funding. A key part of this was the launch of the Lamp Business Club in March 2020.
- Strengthening the Board of Trustees was identified as a key priority. The model for recruitment was revised and updated. This has resulted in a more diverse set of skills and expertise being identified to enable the charity to meet its objectives for 2020/2021. This, and the subsequent successful recruitment, was made possible through support from the Lloyds Bank Foundation
- Raising Profile - patronage and recruitment of Ambassadors has been a successful development for Lamp. Our current patron is Rob Gee, who has made a 3-year commitment to us. Lamp will also engage 3 ambassadors for Leicester, Leicestershire and Rutland. Currently we have Kwoklyn Wan for Leicestershire and Stuart Paton for Rutland. In 2020, we also met our objective to recruit an Ambassador for Leicester when we received the support of Greg Hollingsworth.

Influencing Service Development, Good Practice and Partnership Working

- Lamp has been actively involved in a number of discussions and reviews on the future development of Advocacy services and Social Care in the City and County.
- Lamp maintains involvement in consultations on Mental Health Service delivery.
- Lamp has developed working in partnership with a broad range of local VCS organisations via membership of Reaching People and by attending Mental Health Forums within its geographical remit.

Quality

- Lamp retains the Advice Quality Standard (AQS) which was renewed in February 2020.
- Lamp also remains accredited with the Quality Performance Mark (QPM) accreditation.

Fundraising Grants and Donations:

The Trustees of Lamp express their grateful appreciation for all the public and personal donations received, including those received in memory of loved ones. We would like to acknowledge in particular:

The National Lottery  
Carlton Hayes Mental Health Charity  
The UPS Foundation  
Leicestershire and Rutland Community Fund  
Leicestershire County Council Communities Fund  
Shires Community Fund  
Market Harborough and Bowdens Charity  
Next PLC

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Fundraising Grants and Donations (continued)

Hastings Direct  
Tokio Marine HCC  
Severn Trent  
Kesters Nook  
GWFN  
University of Leicester Botanical Gardens  
Coop Resilience Fund  
Amazon Smile  
Barti Darji  
Glastonblaby  
Howdens Joinery  
Ladies Friday Triple Bowls League  
Michael Downey  
The Sales Company  
David Lloyd  
Hinckley & Rugby Building Society  
Ashley Mansfield  
Currency Cloud  
K Hall  
Kie London Fantasy  
Hussain Minhaj  
SA Hutchinson  
Wayne McLaughlin  
S Woodcock  
P Brunton  
C Salter  
Leicester Marriott Hotel  
Julia Humphries  
As The Lord Helps Me I Help You  
Donations through Go Fund Me  
Donations through Just Giving  
Donations through DONR  
Donations through PayPal  
Donations through Facebook  
Donations through Virgin Money Giving  
Donations at the Awards Ceremony

## The trustees of:

Lloyds Foundation  
George Ernest Ellis  
Maud Ellkington Trust  
Edith Murphy Foundation  
Hickingbotham Charitable Trust  
Thurnby Lions Charitable Trust  
Charities Aid Foundation

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Charity of the Year

The Trustees would also like to thank the following organisations; for appointing Lamp as their Charity of the Year:

Marriott Hotel (Leicester)

Tokio Marine HCC

Blue Print Interiors

Green Cat Books

Cool as Leicester

Umbilical Ltd

BHIB Insurance

College Court

University of Leicester Geography Society

The Catenians



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Planning for the future

Delivery of the 2017-2020 Strategic vision was amended and revised with a new document agreed for 2020/22. Principally, the challenges and opportunities for the coming year are:

**Values and Quality**

- To continue to provide independent, accessible, informed, expert, and impartial services. To engage positively and actively in the local agenda regarding new health and social care reforms, ensuring the voice of those with lived experience, of service users and of carers, is heard, understood and acted upon.
- To maintain high quality service delivery, evidenced by retaining the AQS and the QPM standards.
- To highlight areas where the needs of those with lived experience, of service users and of carers, are not being met and to plan better ways of reaching out and representing those falling through the net due to reduced eligibility criteria for services, caused by cuts to health and social care budgets.
- To continue to develop Lamp's commitment to multi-cultural competence, health literacy and equality issues, which are key to addressing poor mental health.

**Service User and Carer Involvement**

- To promote, through volunteers, the values and needs of those experiencing mental health issues and their carers.
- To continue to develop volunteering opportunities for those with lived experience of mental health issues, for service users and carers, across Lamp's services, and new projects providing on-going training and support.
- To continue to promote involvement and engagement as a path to recovery by developing new volunteering opportunities for those with lived experience of mental health issues, for service users and carers, helping to increase their confidence and skills whilst assisting them on their journey.

**Advocacy**

- To continue to promote awareness of the non- statutory advocacy service among LPT staff so that they are able to identify qualifying patients and direct them to it.
- To extend the Peer Advocacy Project into community settings.
- To ensure the Advocacy service is prepared to respond to the changes within the delivery of mental health support and services due to Lamp no longer providing Independent Mental Health Act Advocacy and Care Act Advocacy.
- To research the scope for developing a younger adults' advocacy service.
- To ensure that all advocates have access to training so that they can secure the qualifications they need to perform their duties and keep their qualifications current.
- To ensure advocates keep up-to-date on relevant legislative and good practice information.

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**Information and Website**

- To explore funding opportunities for the extension of our mental health directory.
- To regularly update the Lamp website and social media to promote Lamp services and activities.
- To provide expert guidance on wellbeing to support those at an early intervention stage of their mental health issues.
- To continue to review and update printed and online literature and other resource materials.

**Organisational Development**

- To secure resources for community mental health advocacy through successful funding applications, partnerships and donations.
- To seek additional sources of funding to develop new services and grow current services.
- To continue to identify and recruit individuals who will enhance and complement the knowledge and skillset that exists within the Lamp Board

**Influencing Service Development, Good Practice and Partnership Working**

- Further develop our links and relationships with voluntary and statutory partners, seeking opportunities for partnership and consortium working where appropriate.
- Continue our work to address equality and diversity and accessibility issues in mental health via our membership of the Leicestershire Equalities Challenge Group, The People's Council, The University Hospitals Trust (UHL) Mental Health Forum, The UHL Patient Information and Experience Group and the Reaching People Voluntary Sector Consortia.

**The Trustees have agreed 5 priorities for 2021/22:**

1. To regularly review the implementation of commissioned resilience and recovery services across Leicester, Leicestershire and Rutland.
2. Introduce new services in light of emerging opportunities and in order to fulfil support for needs unmet.
3. Continue to diversify income streams to maximise sustainability.
4. Invest in how the organisation communicates internally and externally to reach key audiences.
5. To be focused, creative and agile in order to transform the model of the way we operate in order to continue supporting local people during the Covid pandemic and beyond.

**TRUSTEES' REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

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**Financial Review**Reserves Policy

The Reserves Policy was adopted by Lamp's Board of Trustees on 9 February 1999 and was most recently updated on 30 January 2020. It is as follows:

Statement of Principle

All resources available to Lamp will be used in accordance with the charitable objects of Lamp.

Statement of Policy

Lamp will use reserves for the purpose of ensuring its continuing ability to fulfil its obligations, including those:

- To people whose lives are affected by mental health issues
- As an employer
- In respect of service agreements and grant funding agreements
- In respect of contracts and agreements necessary to the proper running of the organisation

Lamp's aim is to hold an amount sufficient to provide for 4 months of operating costs arising out of the above obligations. The reserves will be held in unrestricted funds, to be readily available to the Board of Trustees to expend where and if the need arises. If this is not achieved Lamp will rectify as soon as possible.

Statement of Practice

Lamp's reserves will be reviewed annually in line with this policy, in conjunction with the Auditors, and approved by the Board of Trustees.

Policy Review

This Policy will be reviewed by Lamp's Board of Trustees as part of its rolling review of policies.

Financial Review

The surplus for the year amounted to £40,945. When added to the fund balances at the beginning of the year, the fund balances at 31 March 2021 were £121,691 of which £55,026 related to restricted funds and £16,299 to designated funds.

The Trustees consider the balance of £50,366 in unrestricted funds to be adequate to cover any short-term matters such as redundancy costs that may occur.

During the year, the principle funding sources of the charity were donations from individuals and businesses, and grants received from public sector bodies. There has been a continued shift away from local authority funding which operationally resulted in Lamp relying heavily on other grants and donations. Furtherance of the charity's objectives has been achieved during the year through advocacy and information provided by the employees of the charity.

The fixed assets increased by £10,031 during the year, as shown in note 8 on pages 31 and 32 of the financial statements. A copy of these financial statements will be sent to the Charity Commission after the forthcoming Annual General Meeting.

**TRUSTEES' REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

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**Responsibilities of the Trustees**

Law applicable to charities in England and Wales requires the Trustees to prepare accounts for each financial year, which give a true and fair view of the state of the charitable company's affairs and of its income, and expenditure for the financial year. In preparing these accounts the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the accounts;
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the charitable company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the Trustees are aware:

- There is no relevant information of which the charitable company's auditor is not aware; and
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

**Auditor**

Lamp continues to appoint SFB Group Limited as auditor to the charity.

This report has been prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies.

The statement of financial activities has been prepared in accordance with the requirements of the Charities Statement of Recommended Practice (SORP)

This report was approved by the Board of Trustees on 27 October 2021 and signed on its behalf by:



S Johnson  
Chair

**INDEPENDENT AUDITOR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

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**Opinion**

We have audited the financial statements of Leicestershire Action for Mental Health Project for the year ended 31 March 2021 which are set out on pages 23 to 35. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard 102 (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at the year end and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

**Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

**Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

**INDEPENDENT AUDITOR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

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**Other information**

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on

the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

**Opinion on other matter prescribed by the Companies Act 2006**

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

**Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the Trustees' Annual Report and take advantage of the small companies' exemption from the requirement to prepare a strategic report.

**INDEPENDENT AUDITOR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

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**Responsibilities of trustees**

As explained more fully in the Trustees' Responsibilities Statement set out on page 18, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees

determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management around actual and potential litigation and claims;
- Enquiry of management to identify any instances of non-compliance with laws and regulations;
- Reviewing minutes of meetings of those charged with governance;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

**INDEPENDENT AUDITOR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>.

This description forms part of our auditor's report.

**Use of our report**

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Paul Carvell BFP FCA (Senior Statutory Auditor)  
For and on behalf of SFB Group Limited  
Chartered Accountants  
Statutory Auditor  
Unit 8 Oak Spinney Park  
Ratby Lane  
Leicester Forest East  
Leicester  
LE3 3AW

9<sup>th</sup> November 2021



**STATEMENT OF FINANCIAL ACTIVITIES  
FOR THE YEAR ENDED 31 MARCH 2021**

	Note	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £	Total 2020 £
<b>Income and endowments</b>						
Donations and legacies		95,203	-	-	95,203	209,524
Investment income		46	-	-	46	266
<b>Income from charitable activities</b>						
Grants from public sector bodies		44,880	-	15,500	60,380	63,895
Other grants		-	55,788	153,648	209,436	18,305
Other income		8,239	-	-	8,239	1,520
<b>Total income and endowments</b>	2	148,368	55,788	169,148	373,304	293,510
<b>Expenditure</b>						
<b>Expenditure on raising funds</b>		359	-	-	359	1,830
<b>Expenditure on charitable activities</b>						
Advocacy, information & development		158,658	46,989	126,353	332,000	309,926
<b>Total expenditure</b>	4	159,017	46,989	126,353	332,359	311,756
<b>Net income</b>		(10,649)	8,799	42,795	40,945	(18,246)
Fund balances at the beginning of the year		68,515	-	12,231	80,746	98,992
Transfers between funds		(7,500)	7,500	-	-	-
<b>Fund balances carried forward</b>	16,17 & 18	50,366	16,299	55,026	121,691	80,746

All income and expenditure derive from continuing activities.

All gains and losses recognised in the year are included in the statement of financial activities.

The notes on pages 25-35 form part of these financial statements.

**BALANCE SHEET**  
**AT 31 MARCH 2021**

	Note	£	2021 £	£	2020 £
<b>Fixed assets</b>					
Tangible assets	8		10,031		-
<b>Current assets</b>					
Debtors	9	11,697		15,143	
Cash at bank and in hand		154,623		92,889	
		<u>166,320</u>		<u>108,032</u>	
<b>Creditors:</b>					
Amounts falling due within one year	10	(31,365)		(27,286)	
<b>Net current assets</b>			134,955		80,746
<b>Creditors:</b>					
Amounts falling due after one year	11		23,295		
<b>Net assets</b>			<u>121,691</u>		<u>80,746</u>
			=====		=====
<b>Capital and reserves</b>					
Unrestricted funds			50,366		68,515
Designated funds	16		16,299		-
Restricted funds	17		55,026		12,231
			<u>121,691</u>		<u>80,746</u>
			=====		=====

These financial statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and with the Financial Reporting Standard 102.

These financial statements were approved by the members of the Trustees and authorised for issue on 5<sup>th</sup> November 2021 and are signed on their behalf by:

S Johnson  
Chair



Company Number: 2418362

The notes on pages 25-35 form part of these financial statements.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

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**1. Accounting policies****a) Basis of accounting**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**b) Company Status**

The company is limited by guarantee incorporated in the United Kingdom. The members of the company are the trustees/directors named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company.

**c) Financial reporting standard 102 – reduced disclosure exemptions**

The charity has taken advantage of the following disclosure exemption in preparing these financial statements as permitted by FRS 102:

- The requirement of Section 7 Statement of Cash Flows

**d) Income and endowments**

Incoming resources are the total amounts receivable by the company from donations, grants and trading in furtherance of charitable activities.

**e) Expenditure**

Direct charitable expenditure comprises services supplied identifiable as wholly or mainly in support of the company's objectives.

Those costs shown as support costs relate to the management of the company's assets, organisation and administration. They are allocated across funding streams according to the number of staff hours worked on each project.

**f) Volunteer help**

The company receives significant amounts of assistance from volunteers, whose assistance is greatly appreciated, and which cannot be valued in commercial terms.

**g) Income under service agreement and grants receivable**

Income under service agreement and grants receivable are recognised (on an accruals basis) in the income and expenditure account so as to match them against the funding year to which they relate.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

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**1. Accounting policies (continued)****h) Capitalisation and depreciation of tangible fixed assets**

All assets are for use by the charity.

Depreciation of tangible fixed assets is charged so as to write off their full cost, less estimated residual value, over their expected useful lives at the following rates:

Office equipment	20% of cost per annum
Computer equipment	33.33% of cost per annum

**i) Leased assets**

All leases are operating leases and the payments made under them are charged to the income and expenditure account.

**j) Pensions**

The company is a member of the Pensions Trust Growth Plan, a multi-employer defined benefit scheme which is in deficit. As a member, it is not possible to identify its share of the underlying assets and liabilities, therefore it accounts for the scheme as a defined contribution scheme.

A full actuarial valuation for the scheme was carried out at 30 September 2020. This valuation showed a deficit of £31.6m (2017: £131.5m). To eliminate this funding shortfall, the Trustee has asked the participating employers to pay additional contributions to the scheme payable monthly. Plan expenses are also payable monthly and will increase by 3% in April of each year. Should the company withdraw from the scheme whilst it is still in deficit, it would be required by law to pay its share of the deficit, but this liability will not crystallise as long as LAMP continues to employ at least one active member.

Where the scheme is in deficit and where the company has agreed to a deficit funding arrangement the company recognises a liability for this obligation. The amount recognised is the net present value of the deficit reduction contributions payable and plan expenses under the agreement. The present value of this obligation is £33,659.

The deficit obligation will be funded from the unrestricted funds.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

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**1. Accounting policies (continued)****k) Critical accounting judgements and key sources of estimation uncertainty**

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amounts of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised if the revision affects only that period or in the period of the revision and future periods if the revision affects both current and future periods.

Critical judgements in applying the charity's accounting policies:

The following are critical judgements, apart from those involving estimations (which are dealt with separately below), that the trustees have made in the process of applying the charity's accounting policies and that have the most significant effect on the amounts recognised in the financial statements.

Going concern

The charity's ability to continue as a going concern is assessed based on the expected future ability to receive income and donations from charitable activities over a period of not less than 12 months from the date of approval of these financial statements. Judgement is required in reviewing forecast income levels and cash flows.

Key sources of estimation uncertainty:

There are no key sources of estimation uncertainty as at March 2021.

**l) Funds accounting**

Funds held by the charity are:

Unrestricted general funds – these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

Designated general funds – these are funds set aside by the trustees out of unrestricted general funds for specific future purposes or projects.

Restricted funds – these are funds that can only be used for particular purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**2. Incoming resources**

	Voluntary income	Investment income	Service agreement grants	Other income	Total
	£	£	£	£	£
<b>2021</b>					
Donations (note 2a)	95,203	-	-	-	95,203
Grants from public sector bodies (note 3)	-	-	60,380	-	60,380
Other grants (note 3a)	-	-	-	209,436	209,436
Bank interest from deposit account	-	46	-	-	46
Other income (note 2b)	-	-	-	8,239	8,239
	95,203	46	60,380	217,675	373,304
	=====	=====	=====	=====	=====
<b>2020</b>					
Donations from individuals	209,524	-	-	-	209,524
Grants from public sector bodies (note 3)	-	-	63,895	-	63,895
Other grants (note 3a)	-	-	-	18,305	18,305
Bank interest from deposit account	-	266	-	-	266
Other income	1,520	-	-	-	1,520
	211,044	266	63,895	18,305	293,510
	=====	=====	=====	=====	=====

**2a)** Donations includes amounts received from individuals, Business Club members and other corporates and charities.

**2b)** Other income includes Business Club subscriptions, Mental Health First Aid Training and costs invoiced to Sturdee Hospital.

**3. Grants from public sector bodies**

	Unrestricted funds		Designated funds		Restricted funds	
	2021	2020	2021	2020	2021	2020
	£	£	£	£	£	£
Leicestershire County Council	-	4,795	-	-	15,500	-
Leicester City CCG	44,880	58,177	-	-	-	-
Other	-	923	-	-	-	-
	44,880	63,895	-	-	15,500	-
	=====	=====	=====	=====	=====	=====

**3a) Other grants**

Awards for All Grant	-	-	-	-	-	10,000
Lloyds Foundation Grant	-	-	55,788	-	-	-
Shires Grant	-	-	-	-	3,350	7,805
Blaby District Council	-	500	-	-	-	-
The National Lottery	-	-	-	-	104,604	-
Leicester & Rutland Community Foundation	-	-	-	-	7,500	-
Market Harborough and Bowdens Charity	-	-	-	-	10,000	-
Carlton Hayes Mental Health Charity	-	-	-	-	20,000	-
The UPS Foundation	-	-	-	-	8,194	-
	-	500	55,788	-	153,648	17,805
	=====	=====	=====	=====	=====	=====

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**4. Resources expended**

	Direct costs £	Apportioned support costs £	2021 Total £	2020 Total £
<b>Expenditure on raising funds</b>				
Fundraising expenses	359	-	359	1,830
<b>Charitable activities</b>				
Advocacy, information and development work	188,573	143,427	332,000	309,926
	-----	-----	-----	-----
	155,273	143,427	332,359	311,756
	=====	=====	=====	=====

**5. Analysis of support costs**

	Unrestricted funds		Designated funds		Restricted funds	
	2021	2020	2021	2020	2021	2020
	£	£	£	£	£	£
Management and admin staff costs	26,222	83,843	45,247	-	10,379	-
Premises costs	8,272	34,897	1,640	-	14,248	-
Other overheads	11,662	43,576	102	-	12,738	-
Professional fees	8,917	34,361	-	-	-	-
Audit fees	3,350	3,350	-	-	-	-
Trustees expenses	650	642	-	-	-	-
	-----	-----	-----	-----	-----	-----
	59,073	200,669	46,989	-	37,365	
	=====	=====	=====	=====	=====	=====

The external audit fee for the year was £3,350 (2020: £3,350).

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**6. Staff costs**

	Unrestricted funds		Designated Funds		Restricted funds	
	2021	2020	2021	2020	2021	2020
			£	£	£	£
Wages and salaries	67,032	142,465	40,467	-	70,084	18,275
Social security costs	992	6,870	2,932	-	4,626	1,110
Pension Deficit and contributions	48,090	18,968	2,096	-	3,482	1,023
Training, support and subsistence	250	4,492	-	-	3,582	-
	-----	-----	-----	-----	-----	-----
	116,364	172,795	45,495	-	81,774	20,408
	=====	=====	=====	=====	=====	=====

No employee earned £60,000p.a. or more in either year under review.

The average number of employees during the year was 11 (2020: 10).

None of the Trustees (or any persons connected with them) received any remuneration during the year.

Unrestricted funds Pension Deficit and contributions £48,090 please refer to accounting policy j) Pensions.

**7. Net incoming resources**

	2021	2020
	£	£
Net incoming resources is stated after charging:		
Depreciation	1,547	-
Auditors remuneration	3,350	3,350
	=====	=====



**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**8. Tangible fixed assets**

	Office Equipment £	Computer Equipment £	Total £
<b>a) Unrestricted fund</b>			
<b>Cost</b>			
At 1 April 2020			
and at 31 March 2021	17,167	48,055	65,222
	-----	-----	-----
<b>Depreciation</b>			
At 1 April 2020			
and at 31 March 2021	17,167	48,055	65,222
	-----	-----	-----
<b>Net book value</b>			
At 31 March 2021	-	-	-
	=====	=====	=====
At 31 March 2020	-	-	-
	=====	=====	=====
	Office Equipment £	Computer Equipment £	Total £
<b>a) Designated fund</b>			
<b>Cost</b>			
At 1 April 2020	-	-	-
Additions	3,540	-	3,540
At 31 March 2021	3,540	-	3,540
	-----	-----	-----
<b>Depreciation</b>			
At 1 April 2020	-	-	-
Charge for the year	102	-	102
At 31 March 2021	102	-	102
	-----	-----	-----
<b>Net book value</b>			
At 31 March 2021	3,438	-	3,438
	=====	=====	=====
At 31 March 2020	-	-	-
	=====	=====	=====

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**8. Tangible fixed assets (Continued)**

	Office Equipment £	Computer Equipment £	Total £
<b>b) Restricted fund</b>			
<b>Cost</b>			
At 1 April 2020	43,039	17,502	60,541
Additions	-	8,038	8,038
At 31 March 2021	43,039	25,540	68,579
	-----	-----	-----
<b>Depreciation</b>			
At 1 April 2020	43,039	17,502	60,541
Charge for the year	-	1,445	1,445
At 31 March 2021	43,039	18,947	61,986
	-----	-----	-----
<b>Net book value</b>			
At 31 March 2021	-	6,593	6,593
	=====	=====	=====
At 31 March 2020	-	-	-
	=====	=====	=====
<b>Total at 31 March 2021</b>	-	6,593	6,593
	=====	=====	=====
<b>Total at 31 March 2020</b>	-	-	-
	=====	=====	=====

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**9. Debtors**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Trade debtors	10,462	12,906
Prepayments and accrued income	1,082	2,237
VAT owed by HM Revenue and Customs	153	-
	-----	-----
	11,697	15,143
	=====	=====

**10. Creditors amounts due within one year**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Funding received in advance	-	8,194
Trade creditors	8,426	3,935
Other taxes and social security	3,715	3,776
VAT payable to H M Revenue and Customs	-	5,614
Accrued expenses	8,860	5,767
Pension deficit contributions	10,364	
	-----	-----
	21,001	27,286
	=====	=====

**11. Creditors amounts due after one year**

	<b>2021</b>	<b>2020</b>
Pension deficit contributions	23,295	
	-----	-----
	23,295	
	=====	=====

**12. Share capital**

Leicestershire Action for Mental Health Project is a company limited by guarantee and consequently does not have a share capital.

**13. Operating lease commitments**

At 31 March 2021 the company had annual commitments under non-cancellable operating leases as set out below:

	<b>Unrestricted fund</b>		<b>Restricted fund</b>	
	<b>2021</b>	<b>2020</b>	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Operating leases which expire:				
Within one year	326	1,252	-	-
Between two and five years	-	313	-	-
	-----	-----	-----	-----
	326	1,565	-	-
	=====	=====	=====	=====

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**14. Capital commitments**

At 31 March 2021, the company had no capital commitments.

**15. Contingent liabilities**

At 31 March 2021, the company had no contingent liabilities.

**16. Designated funds**

	Balance 1 Apr 2020 £	Movement in resources		Balance 31 Mar 2021 £	Transfers 31 Mar 2021 £	Balance 31 Mar 2021 £
		incoming £	outgoing £			
Lloyds Funding (Operations)	-	55,788	46,989	8,799	-	8,799
Building Fund	-	7,500	-	7,500	-	7,500
	-----	-----	-----	-----	-----	-----
Total	-	63,288	46,989	16,299	-	16,299
	=====	=====	=====	=====	=====	=====

The building fund was set up in 2020 to fund the premises redecoration and repairs of the building, which is a condition of the premises lease.

**17. Restricted funds**

	Balance 1 Apr 2020 £	Movement in resources		Balance 31 Mar 2021 £	Transfers 31 Mar 2021 £	Balance 31 Mar 2021 £
		incoming £	outgoing £			
Awards for All	8,881	-	8,881	-	-	-
Shires	3,350	3,350	6,700	-	-	-
Leicester & Rutland Foundation	-	7,500	7,500	-	-	-
Leicester County Council	-	15,500	15,500	-	-	-
The National Lottery	-	104,604	64,079	40,525	-	40,525
Market Harborough & Bowens	-	10,000	10,000	-	-	-
The UPS Foundation	-	8,194	3,523	4,671	-	4,671
Carlton Hayes Mental Health Charity	-	20,000	10,170	9,830	-	9,830
	-----	-----	-----	-----	-----	-----
Total Projects	12,231	169,148	126,353	55,026	-	55,026
	=====	=====	=====	=====	=====	=====

**NOTES TO THE FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**18. Analysis of net assets between funds**

	<b>Tangible Fixed assets £</b>	<b>Net current assets £</b>	<b>Total £</b>
<b>Designated funds</b>			
Lloyds Funding (Operations)	3,438	5,361	8,799
Building Fund	-	7,500	7,500
	=====	=====	=====
	3,438	12,861	16,299
 <b>Restricted funds</b>			
The National Lottery	1,922	38,603	40,525
The UPS Foundation	4,671	-	4,671
Carlton Hayes Mental Health Charity	-	9,830	9,830
	=====	=====	=====
	6,593	48,433	55,026
 <b>Unrestricted funds</b>	-	50,366	50,366
	=====	=====	=====
 <b>Total funds</b>	10,031	111,660	121,691
	=====	=====	=====

**19. Related Party Transactions**

No transactions with related parties were undertaken such as are required to be disclosed under FRS 102.

**20. Taxation**

The charitable company is exempt from Corporation Tax on its charitable activities.