

LINCOLNSHIRE MS THERAPY CENTRE LTD

England & Wales · Charity number 701839

Details

Other names	LINCOLN AND DISTRICT FRIENDS OF ARMS LTD, LINCOLN MS THERAPY CENTRE LIMITED, LINCOLN MULTIPLE SCLEROSIS THERAPY CENTRE
Status	Registered
Legal form	Charitable company
Company number	02296348
Registered	1989-07-27
Register	View on the Charity Commission register

Contact

Address	Lincoln MS Therapy Centre 50 Outer Circle Drive Lincoln LN2 4JH
Phone	01522 543333
Email	lincsms@aol.com
Website	www.lincsms.co.uk

Activities

Objects: 1. TO AID AND IMPROVE FOR THE PUBLIC BENEFIT IN THE AREA OF BENEFIT THE CONDITIONS OF THOSE SUFFERING FROM MULTIPLE SCLEROSIS BY ANY LAWFUL MEANS INCLUDING ANY OF THE FOLLOWING MEANS:- A) BY BRINGING TOGETHER PERSONS SUFFERING FROM MULTIPLE SCLEROSIS AND PERSONS INTERESTED IN MULTIPLE SCLEROSIS. B) BY PROVIDING ADVICE GUIDANCE AND MORAL AND PRACTICAL SUPPORT FOR PERSONS SUFFERING FROM MULTIPLE SCLEROSIS. C) BY PROVIDING THERAPY (INCLUDING HYPERBARIC OXYGEN THERAPY) FOR PERSONS SUFFERING FROM MULTIPLE SCLEROSIS.

Activities: Charity provides help and support for those with Multiple Sclerosis. Providing High Dosage Oxygen Therapy, Physiotherapy and Reflexology. The Centre also has a snack bar.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities

Geography

- **Area of benefit:** LINCOLNSHIRE, HUMBERSIDE, N.EAST NOTTS AND ELSEWHERE.
- Lincolnshire
- Nottinghamshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£63,647	£71,092	-	-
2023-12-31	£109,714	£77,259	-	-
2022-12-31	£49,003	£56,707	-	-
2021-12-31	£50,710	£64,433	-	-
2020-12-31	£58,035	£61,056	-	-

Trustees

Name	Role	Appointed
Christine Joan Gray	Chair	2022-08-25
James Edge		2022-01-19
John Edwin Gray		2023-09-23
Margaret Eileen Daley		2023-09-23
Vicki Teresa McLeod		2023-09-23

LINCOLNSHIRE MS THERAPY CENTRE LTD

England & Wales - Charity number 701839

Accounts

REGISTERED COMPANY NUMBER: 02296348 (England and Wales)
REGISTERED CHARITY NUMBER: 701839

Report of the Trustees and
Financial Statements
for the Year Ended 31 December 2024
for
Lincolnshire MS Therapy Centre Ltd

Lincolnshire MS Therapy Centre Ltd

Contents of the Financial Statements
for the year ended 31 December 2024

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Financial Statements	8 to 16

Report of the Trustees
for the year ended 31 December 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the charity and principal activities

The Lincolnshire MS Therapy Centre Limited is constituted as a company limited by guarantee. It is governed by its Memorandum and Articles of Association.

The principal object of the charity is the provision of facilities to assist people suffering from Multiple Sclerosis and any other conditions that may benefit from High Dosage Oxygen Therapy (H.D.O.T.)

Public benefit

The trustees have regard to the Charity Commission's general guidance on public benefit and always ensure that activities which we undertake are in line with our charitable objects and aims.

ACHIEVEMENTS AND PERFORMANCE

The three members of staff remained in post and the trustees continued to monitor and develop the work they do and the services they offer members. The charity has a procedure for staff appraisal and the Centre Manager undertakes this. Relationships between employees, beneficiaries, and users are all carefully monitored and there are written procedures to be followed following complaints of any kind.

1 Keeping people as active as possible:

- Providing classes with specialists including Physiotherapy, Yoga, Tai Chi, Acupuncture and Massage.
- Offering regular support from our physiotherapists to use 'at home' exercise programmes and to signpost members to any additional support needed.

2 Improve mental health

- Continuing to provide counselling services.

We were fortunate to receive a number of donations anonymously, from individuals, and from local companies during the year. In 2024, we were asked to volunteer at the Lincoln Castle Concerts. Staff, trustees, family, and friends helped out at the event. We have been asked to assist again in 2025.

FINANCIAL REVIEW

Going concern

Income continued to be a concern in 2024. The ongoing support from members and individual supporters, charitable trusts, companies and local authorities, however, helped to contain the deficit for the year.

Total income was £63,647, and total expenditure was £71,092. The overall deficit was £7,445. The charity is confident of its financial survival. The very real need - during an uncertain 2024 - is to focus on continuing to develop income streams and to address future sustainability. We wish to thank each individual and organisation who supported the charity in 2024.

Plans have been made should free reserves fall to £8,000 to ensure the continuation of the charity into the longer term and provide time for it to re-capitalise itself and move forward with the new strategy.

Reserves policy

The Trustees' ongoing reserves policy is to maintain free reserves (unrestricted net current assets) at between three to six months of operating expenditure which equates to £17,773 to £35,546. At this level, the management committee feel that they would be able to continue the current activities in the event of a significant drop in funding. The charity had a positive free reserve of £58,292 at the end of the period. The free reserves are calculated by taking the unrestricted reserves balance at the end of the year, less any fixed asset funds. At 31 December 2024 funds were £159,388 as the Management Committee has taken steps to ensure that cash usage is managed carefully.

Report of the Trustees
for the year ended 31 December 2024

FINANCIAL REVIEW

Risk management

The trustees and Management Committee meet on a monthly basis, at which the present situation of the charity is discussed, and any future risks which may affect the charity are identified, and the appropriate action is planned. Internal risks are minimised through the implementation of controls. Procedures relating to risk management are continually under review to ensure that they still meet the needs of the charity.

The trustees have conducted a review of the risks to which the charity is exposed, and assessed their relative significance. These have been recorded within the policies and procedures documentation. Where appropriate, systems and procedures have been established to mitigate the risks the charity faces. The principal risks to the charity are considered to be those concerning fund raising, financial internal controls, quality of service delivery and the health and safety of staff, volunteers, clients and visitors to the Centre. As regards fundraising, the risk is the adverse fluctuation of financial resources raised during the year. In the longer term this would place a financial strain upon the charity.

The fundraising strategy is over seen by the Trustees, and actual financial performance is monitored on a monthly basis. Good relationships are maintained with a large pool of volunteers who are able to support the public collections and events programme.

Financial internal controls include the division of duties. The risk of fraudulent appropriation of the charity's financial resources is mitigated by the requirement that all financial transactions require dual authorisation. The quality of service delivery is underpinned by qualified physiotherapy personnel, training programmes to help maintain professional standards, and equipment maintenance schedules that comply with manufacturers' specifications. These measures are in place to help ensure that service delivery meets recognised standards and benefits users. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the Centre. Procedures in place include periodic fire alarm tests, Centre access security and regular maintenance of plant and equipment (including lifting equipment, and hygiene). These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

FUTURE PLANS

The Trustees are committed to creating a Centre of Excellence, in order to achieve this, we the Trustees are preparing to achieve the following:

- Increase membership.
- Continue to update, and modernise the decor and furnishings, including improvement of the disabled toilets.
- Looking to update and repair the automatic entrance door.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Recruitment and Appointment of Management Committee members (trustees) must be ordinary members of the company. They are appointed by election at each Annual General Meeting of the charity, provided that in advance of the meeting they have been proposed by another ordinary member and are willing to be elected. Committee members retire at each Annual General Meeting, though they are eligible for re-election. The officers of the Company - the Chairman, Treasurer and Secretary - are Trustee Management Committee members and are also appointed by election at each Annual General Meeting. The committee may appoint any of their number during the year to fill a casual vacancy among the officers. Such officers hold office until the next following Annual General Meeting.

Organisational structure

Day to day management of the charity is delegated to the Centre Manager - including supervision of the staff and ensuring that the team continues to develop skills and working arrangements in line with good practice and ensuring the Centre premises are properly serviced and maintained. All members of the Trustee Management Committee give their time voluntarily. Committee members may benefit from the charity's MS services on the same terms as other beneficiaries. The policies and procedures of the charity have been documented. These are updated on a cyclical basis. All trustees are required to familiarise themselves with the charity's policies and procedures.

Report of the Trustees
for the year ended 31 December 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Decision making

The charity is managed by the Trustee Management Committee and meets at least monthly. The committee sets the strategic direction and policy of the charity.

Induction and training of new trustees

Trustee Induction and Training New trustees are briefed on the objectives and activities of the charity and the environment within which it operates

The Charity has a centre at 50 Outer Circle Drive, Lincoln. This is open Monday, Wednesday, and Friday.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02296348 (England and Wales)

Registered Charity number

701839

Registered office

50 Outer Circle Drive
St Giles
LINCOLN
Lincolnshire
LN2 4JH

Trustees

Mr K Gazard (deceased 19.2.25)

Mr G W Mitchell

Ms J Lander (resigned 13.5.24)

Mr P J Burton

Mr J Edge

Mr J E Gray

Mrs C J Gray

Ms M E Daley

Ms V T McLeod

Company Secretary

Mr J Edge

Independent Examiner

Nicholsons

Chartered Accountants

Newland House

The Point

Weaver Road

LINCOLN

Lincolnshire

LN6 3QN

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

Lincolnshire MS Therapy Centre Ltd (Registered number: 02296348)

Report of the Trustees
for the year ended 31 December 2024

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 26 September 2025 and signed on its behalf by:

Mr J Edge - Trustee

**Independent Examiner's Report to the Trustees of
Lincolnshire MS Therapy Centre Ltd (Registered number: 02296348)**

Independent examiner's report to the trustees of Lincolnshire MS Therapy Centre Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Steve Robinson ACA
The Institute of Chartered Accountants in England and Wales

Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

26 September 2025

Lincolnshire MS Therapy Centre Ltd

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the year ended 31 December 2024**

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	20,108	-	20,108	62,211
Charitable activities					
Oxygen therapy	5	36,663	-	36,663	36,053
Other therapies		3,384	-	3,384	3,505
Other trading activities	3	2,298	-	2,298	7,090
Investment income	4	1,194	-	1,194	855
Total		<u>63,647</u>	<u>-</u>	<u>63,647</u>	<u>109,714</u>
EXPENDITURE ON					
Raising funds	6	5,655	-	5,655	2,821
Charitable activities					
Oxygen therapy	7	37,650	-	37,650	37,778
Other therapies		25,358	-	25,358	34,447
Support costs		2,429	-	2,429	2,213
Total		<u>71,092</u>	<u>-</u>	<u>71,092</u>	<u>77,259</u>
NET INCOME/(EXPENDITURE)		(7,445)	-	(7,445)	32,455
RECONCILIATION OF FUNDS					
Total funds brought forward		166,833	-	166,833	134,378
TOTAL FUNDS CARRIED FORWARD		<u><u>159,388</u></u>	<u><u>-</u></u>	<u><u>159,388</u></u>	<u><u>166,833</u></u>

The notes form part of these financial statements

Lincolnshire MS Therapy Centre Ltd (Registered number: 02296348)

**Balance Sheet
31 December 2024**

	Notes	Unrestricted funds £	Restricted fund £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	14	101,096	-	101,096	104,218
CURRENT ASSETS					
Stocks	15	100	-	100	100
Cash at bank and in hand		67,468	-	67,468	73,021
		<u>67,568</u>	-	<u>67,568</u>	<u>73,121</u>
CREDITORS					
Amounts falling due within one year	16	(9,276)	-	(9,276)	(10,506)
		<u>58,292</u>	-	<u>58,292</u>	<u>62,615</u>
NET CURRENT ASSETS					
		<u>58,292</u>	-	<u>58,292</u>	<u>62,615</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		159,388	-	159,388	166,833
NET ASSETS					
		<u>159,388</u>	-	<u>159,388</u>	<u>166,833</u>
FUNDS					
Unrestricted funds	17			<u>159,388</u>	<u>166,833</u>
TOTAL FUNDS					
				<u>159,388</u>	<u>166,833</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 26 September 2025 and were signed on its behalf by:

Mr J Edge - Trustee

The notes form part of these financial statements

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements **for the year ended 31 December 2024**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared under the going concern basis as, the charity is able to settle all operating debts at they arise.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution.

Government grants

Government grants which have been accounted for under the accruals model, in respect of capital expenditure are recognised within income on a systematic basis over the expected useful life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and which are available as general funds. Included within unrestricted funds are designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Designated funds represent the net book value of fixed assets donated to the charity or purchased out of restricted income. This balance therefore represents the future depreciation charge relating to these assets.

Fixed assets for use by the charitable company

Fixed assets are stated at cost less depreciation, or in cases where fixed assets have been donated, at valuation at the time of acquisition less depreciation.

Depreciation

Depreciation is charged on all tangible fixed assets other than freehold land as follows:

Freehold land	Not depreciated
Freehold property and improvements	Straight line over 50 years
Motor vehicles	25% reducing balance
Physiotherapy, office and other equipment	20% reducing balance
Furniture and fittings	20% reducing balance

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued for the year ended 31 December 2024

1. ACCOUNTING POLICIES - continued

Fixed assets for use by the charitable company

Operating leases

Rentals paid under operating leases are charged on a straight line basis over the term of the lease.

Stocks

Stocks are valued at the lower of cost and net realisable value.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated fund comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Voluntary help and gifts in kind

No value has been put on the help received by Lincolnshire MS Therapy Centre Limited during the year. Individual gifts of significant value are valued at estimated costs to the donor and include any voluntary donations; however, there are numerous small gifts that cannot be quantified.

Value added tax

As the activities for the charity are classified as exempt for the purpose of VAT, the charity is unable to reclaim the VAT which it suffers on its purchases. Expenditure in these financial statements is therefore shown inclusive of value added tax paid.

Financial Instruments

Only basic financial instruments as defined in FRS 102 are held. Financial assets and financial liabilities are recognised in the accounts only when the entity becomes party to the contractual provisions of the instrument and their measurement basis is as follows:

Financial assets - trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost. Prepayments are not financial instruments.

Cash at bank is classified as a basic financial instrument and is measured at transaction price.

Financial liabilities - trade creditors, accruals and other creditors are basic financial instruments, and are measured at amortised cost. Where a financial liability constitutes a financing transaction it is initially and subsequently measured at the present value of future payments, discounted at a market rate of interest.

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	19,657	15,310
Legacies	-	46,412
Fundraising events	451	489
	<u>20,108</u>	<u>62,211</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Grant income	-	4,385
Room hire	2,298	2,705
	<u>2,298</u>	<u>7,090</u>

4. INVESTMENT INCOME

	2024	2023
	£	£
Investment income and interest	1,194	855
	<u>1,194</u>	<u>855</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Oxygen therapy £	Other therapies £	2024 Total activities £	2023 Total activities £
Physiotherapy & reflexology	-	315	315	605
Oxygen therapy	36,663	-	36,663	36,053
Sales of goods and literature	-	3,069	3,069	2,900
	<u>36,663</u>	<u>3,384</u>	<u>40,047</u>	<u>39,558</u>

6. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Staff costs	2,765	2,821
	<u>2,765</u>	<u>2,821</u>

Investment management costs

	2024	2023
	£	£
Property repairs	2,890	-
	<u>2,890</u>	<u>-</u>
Aggregate amounts	5,655	2,821
	<u>5,655</u>	<u>2,821</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Oxygen therapy	-	37,650	37,650
Other therapies	518	24,840	25,358
Support costs	-	2,429	2,429
	<u>518</u>	<u>64,919</u>	<u>65,437</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2024 £	2023 £
Advertising	518	-
	<u>518</u>	<u>-</u>

9. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Oxygen therapy	37,650	-	37,650
Other therapies	23,803	1,037	24,840
Support costs	2,429	-	2,429
	<u>63,882</u>	<u>1,037</u>	<u>64,919</u>

Support costs, included in the above, are as follows:

Management

	Oxygen therapy £	Other therapies £	Support costs £	2024 Total activities £	2023 Total activities £
Salaries	27,073	8,288	2,213	37,574	36,238
Equipment repairs	-	2,072	-	2,072	5,766
Insurance	-	4,010	-	4,010	3,729
Oxygen	8,468	-	-	8,468	10,159
Cost of goods sold	-	1,375	-	1,375	1,331
General office running	-	6,363	-	6,363	7,643
Subscriptions and donations	-	536	216	752	807
Bank charges	-	-	-	-	74
Depreciation	2,109	1,013	-	3,122	3,264
Bank interest	-	146	-	146	60
	<u>37,650</u>	<u>23,803</u>	<u>2,429</u>	<u>63,882</u>	<u>69,071</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

9. SUPPORT COSTS - continued
Governance costs

	2024 Other therapies £	2023 Total activities £
Independent Examiners fee	700	700
Accountancy and legal fees	337	4,667
	<u>1,037</u>	<u>5,367</u>

10. OTHER

	2024 £	2023 £
Support costs	64,919	74,438
	<u>64,919</u>	<u>74,438</u>

11. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Independent Examiners fee	700	700
Depreciation - owned assets	3,122	3,264
	<u>3,122</u>	<u>3,264</u>

In addition to the fees listed above, the independent examiner also received £337 (2023: £4,667) during the year pertaining to accountancy services.

12. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor the year ended 31 December 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

13. STAFF COSTS

	2024 £	2023 £
Wages and salaries	40,339	39,059
	<u>40,339</u>	<u>39,059</u>

The average monthly head count during the year was 3 staff (2023 : 3).

The average monthly number of employees during the year was as follows:

	2024	2023
Direct charitable employees	3	3
	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

14. TANGIBLE FIXED ASSETS

	Freehold property and improvements £	Physio, office and other equipment £	Furniture & fittings £	Motor vehicles £	Totals £
COST					
At 1 January 2024 and 31 December 2024	167,810	71,095	7,587	48,578	295,070
DEPRECIATION					
At 1 January 2024	66,138	69,330	7,137	48,247	190,852
Charge for year	2,610	364	65	83	3,122
At 31 December 2024	68,748	69,694	7,202	48,330	193,974
NET BOOK VALUE					
At 31 December 2024	99,062	1,401	385	248	101,096
At 31 December 2023	101,672	1,765	450	331	104,218

15. STOCKS

	2024 £	2023 £
Sundry stocks	100	100

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	1,747	-
Social security and other taxes	654	552
Other creditors	3,273	3,045
Wages payable	1,172	2,129
Accruals and deferred income	2,430	4,780
	9,276	10,506

17. MOVEMENT IN FUNDS

	At 1.1.24 £	Net movement in funds £	At 31.12.24 £
Unrestricted funds			
Undesignated	125,176	(5,714)	119,462
Designated funds	41,657	(1,731)	39,926
	166,833	(7,445)	159,388
TOTAL FUNDS	166,833	(7,445)	159,388

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

17. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	63,647	(69,361)	(5,714)
Designated funds	-	(1,731)	(1,731)
	<u>63,647</u>	<u>(71,092)</u>	<u>(7,445)</u>
TOTAL FUNDS	<u>63,647</u>	<u>(71,092)</u>	<u>(7,445)</u>

Comparatives for movement in funds

	At 1.1.23 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
Unrestricted funds				
Undesignated	90,371	29,841	4,964	125,176
Designated funds	43,428	(1,771)	-	41,657
	<u>133,799</u>	<u>28,070</u>	<u>4,964</u>	<u>166,833</u>
Restricted funds				
Restricted funds	579	4,385	(4,964)	-
	<u>579</u>	<u>4,385</u>	<u>(4,964)</u>	<u>-</u>
TOTAL FUNDS	<u>134,378</u>	<u>32,455</u>	<u>-</u>	<u>166,833</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	105,329	(75,488)	29,841
Designated funds	-	(1,771)	(1,771)
	<u>105,329</u>	<u>(77,259)</u>	<u>28,070</u>
Restricted funds			
Restricted funds	4,385	-	4,385
	<u>4,385</u>	<u>-</u>	<u>4,385</u>
TOTAL FUNDS	<u>109,714</u>	<u>(77,259)</u>	<u>32,455</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2024**

17. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.23 £	Net movement in funds £	Transfers between funds £	At 31.12.24 £
Unrestricted funds				
Undesignated	90,371	24,127	4,964	119,462
Designated funds	43,428	(3,502)	-	39,926
	<hr/>	<hr/>	<hr/>	<hr/>
	133,799	20,625	4,964	159,388
Restricted funds				
Restricted funds	579	4,385	(4,964)	-
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>134,378</u>	<u>25,010</u>	<u>-</u>	<u>159,388</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	168,976	(144,849)	24,127
Designated funds	-	(3,502)	(3,502)
	<hr/>	<hr/>	<hr/>
	168,976	(148,351)	20,625
Restricted funds			
Restricted funds	4,385	-	4,385
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>173,361</u>	<u>(148,351)</u>	<u>25,010</u>

Designated funds

Designated funds represent the net book value of fixed assets donated to the charity or purchased out of restricted income. This balance therefore represents the future depreciation charge relating to these assets.

Restricted Funds

Restricted funds represents amount received from the Bromhead Trust which were restricted to the provision of physiotherapy, massage and counselling. This balance therefore represents funds held to provide these services.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the year ended 31 December 2024

18. RELATED PARTY DISCLOSURES

The were no related party transactions for the year ended 31 December 2024 nor year ended 31 December 2023.

19. POST BALANCE SHEET EVENTS

At the year end and looking forward 12 months from approval, the company remains a going concern.

20. LEGAL STATUS OF THE CHARITY

Lincolnshire MS Therapy Centre Limited is a company limited by guarantee and has no share capital.

The liability of each member in the event of winding up is limited to £1.

21. CONTROLLING INTEREST

There is no ultimate controlling interest.

LINCOLNSHIRE MS THERAPY CENTRE LTD

England & Wales - Charity number 701839

Accounts

REGISTERED COMPANY NUMBER: 02296348 (England and Wales)
REGISTERED CHARITY NUMBER: 701839

Report of the Trustees and
Financial Statements
for the Year Ended 31 December 2023
for
Lincolnshire MS Therapy Centre Ltd

Lincolnshire MS Therapy Centre Ltd

Contents of the Financial Statements
for the year ended 31 December 2023

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7 to 8
Notes to the Financial Statements	9 to 18

Report of the Trustees
for the year ended 31 December 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the charity and principal activities

The Lincolnshire MS Therapy Centre Limited is constituted as a company limited by guarantee. It is governed by its Memorandum and Articles of Association.

The principal object of the charity is the provision of facilities to assist people suffering from Multiple Sclerosis and any other conditions that may benefit from High Dosage Oxygen Therapy (H.D.O.T.)

Public benefit

The trustees have regard to the Charity Commission's general guidance on public benefit and always ensure that activities which we undertake are in line with our charitable objects and aims.

ACHIEVEMENT AND PERFORMANCE

The three members of staff remained in post and the trustees continued to monitor and develop the work they do and the services they offer members.

1 Keeping people as active as possible:

- Providing classes with specialists including Physiotherapy, Yoga, Tai Chi, Acupuncture and Massage.
- Offering regular support from our physiotherapists to use 'at home' exercise programmes and to signpost members to any additional support needed.

2 Improve mental health

- Continuing to provide counselling services.

FINANCIAL REVIEW

Going concern

Income continued to be a concern in 2023. The ongoing support from members and individual supporters, charitable trusts, companies and local authorities, however, helped to contain the surplus for the year.

Total income was £109,714, and total expenditure was £77,259. The overall surplus was £32,455. The charity is confident of its financial survival. The very real need - during an uncertain 2023 - is to focus on continuing to develop income streams and to address future sustainability. We wish to thank each individual and organisation who supported the charity in 2023.

Plans have been made should free reserves fall to £8,000 to ensure the continuation of the charity into the longer term and provide time for it to re-capitalise itself and move forward with the new strategy.

Report of the Trustees
for the year ended 31 December 2023

FINANCIAL REVIEW

Reserves policy

The Trustees' ongoing reserves policy is to maintain free reserves (unrestricted net current assets) at between three to six months of operating expenditure which equates to £19,315 to £38,630. At this level, the management committee feel that they would be able to continue the current activities in the event of a significant drop in funding. The charity had a positive free reserve of £62,615 at the end of the period. The free reserves are calculated by taking the unrestricted reserves balance at the end of the year, less any fixed asset funds. At 31 December 2023 funds were £166,833 as the Management Committee has taken steps to ensure that cash usage is managed carefully.

Risk management

The trustees and Management Committee meet on a monthly basis, at which the present situation of the charity is discussed, and any future risks which may affect the charity are identified, and the appropriate action is planned. Internal risks are minimised through the implementation of controls. Procedures relating to risk management are continually under review to ensure that they still meet the needs of the charity.

The trustees have conducted a review of the risks to which the charity is exposed, and assessed their relative significance. These have been recorded within the policies and procedures documentation. Where appropriate, systems and procedures have been established to mitigate the risks the charity faces. The principal risks to the charity are considered to be those concerning fund raising, financial internal controls, quality of service delivery and the health and safety of staff, volunteers, clients and visitors to the Centre. As regards fundraising, the risk is the adverse fluctuation of financial resources raised during the year. In the longer term this would place a financial strain upon the charity.

The fundraising strategy is over seen by the Trustees, and actual financial performance is monitored on a monthly basis. Good relationships are maintained with a large pool of volunteers who are able to support the public collections and events programme.

Financial internal controls include the division of duties. The risk of fraudulent appropriation of the charity's financial resources is mitigated by the requirement that all financial transactions require dual authorisation. The quality of service delivery is underpinned by qualified physiotherapy personnel, training programmes to help maintain professional standards, and equipment maintenance schedules that comply with manufacturers' specifications. These measures are in place to help ensure that service delivery meets recognised standards and benefits users. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the Centre. Procedures in place include periodic fire alarm tests, Centre access security and regular maintenance of plant and equipment (including lifting equipment, and hygiene). These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

FUTURE PLANS

The Trustees are committed to creating a Centre of Excellence, in order to achieve this, we the Trustees are preparing to achieve the following:

- Increase membership.
- Continue to update, and modernise the decor and furnishings, including improvement of the disables toilets.
- Looking to update and repair the automatic entrance door.

Report of the Trustees
for the year ended 31 December 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Recruitment and Appointment of Management Committee members (trustees) must be ordinary members of the company. They are appointed by election at each Annual General Meeting of the charity, provided that in advance of the meeting they have been proposed by another ordinary member and are willing to be elected. Committee members retire at each Annual General Meeting, though they are eligible for re-election. The officers of the Company - the Chairman, Treasurer and Secretary - are Trustee Management Committee members and are also appointed by election at each Annual General Meeting. The committee may appoint any of their number during the year to fill a casual vacancy among the officers. Such officers hold office until the next following Annual General Meeting.

Organisational structure

Day to day management of the charity is delegated to the Centre Manager - including supervision of the staff and ensuring that the team continues to develop skills and working arrangements in line with good practice and ensuring the Centre premises are properly serviced and maintained. All members of the Trustee Management Committee give their time voluntarily. Committee members may benefit from the charity's MS services on the same terms as other beneficiaries. The policies and procedures of the charity have been documented. These are updated on a cyclical basis. All trustees are required to familiarise themselves with the charity's policies and procedures.

Decision making

The charity is managed by the Trustee Management Committee and meets at least monthly. The committee sets the strategic direction and policy of the charity.

Induction and training of new trustees

Trustee Induction and Training New trustees are briefed on the objectives and activities of the charity and the environment within which it operates

The Charity has a centre at 50 Outer Circle Drive, Lincoln. This is open Monday, Wednesday, and Friday.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02296348 (England and Wales)

Registered Charity number

701839

Registered office

50 Outer Circle Drive
St Giles
LINCOLN
Lincolnshire
LN2 4JH

Report of the Trustees
for the year ended 31 December 2023

Trustees

Mr K Gazard
Mr G W Mitchell (appointed 13.12.23)
Ms J Lander
Mr P J Burton
Mr J Edge
Mr J E Gray (appointed 23.8.23)
Mrs C J Gray
Ms M E Daley (appointed 28.8.23)
Ms V T McLeod (appointed 23.8.23)

Company Secretary

Mr J Edge

Independent Examiner

Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 25 September 2024 and signed on its behalf by:

Mr K Gazard - Trustee

**Independent Examiner's Report to the Trustees of
Lincolnshire MS Therapy Centre Ltd (Registered number: 02296348)**

Independent examiner's report to the trustees of Lincolnshire MS Therapy Centre Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs Emma Murray FCA
The Institute of Chartered Accountants in England and Wales

Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

26 September 2024

Lincolnshire MS Therapy Centre Ltd

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the year ended 31 December 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	62,211	-	62,211	9,198
Charitable activities					
Oxygen therapy	5	36,053	-	36,053	32,083
Other therapies		3,505	-	3,505	6,004
Other trading activities	3	2,705	4,385	7,090	1,680
Investment income	4	855	-	855	38
Total		<u>105,329</u>	<u>4,385</u>	<u>109,714</u>	<u>49,003</u>
EXPENDITURE ON					
Raising funds	6	2,821	-	2,821	2,766
Charitable activities					
Oxygen therapy	7	37,778	-	37,778	27,552
Other therapies		34,447	-	34,447	24,176
Support costs		2,213	-	2,213	2,213
Total		<u>77,259</u>	<u>-</u>	<u>77,259</u>	<u>56,707</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	16	4,964	(4,964)	-	-
Net movement in funds		<u>33,034</u>	<u>(579)</u>	<u>32,455</u>	<u>(7,704)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		133,799	579	134,378	142,082
TOTAL FUNDS CARRIED FORWARD		<u><u>166,833</u></u>	<u><u>-</u></u>	<u><u>166,833</u></u>	<u><u>134,378</u></u>

The notes form part of these financial statements

Lincolnshire MS Therapy Centre Ltd (Registered number: 02296348)

Balance Sheet
31 December 2023

	Notes	Unrestricted funds £	Restricted fund £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	12	104,218	-	104,218	107,093
CURRENT ASSETS					
Stocks	13	100	-	100	70
Debtors	14	-	-	-	187
Cash at bank and in hand		73,021	-	73,021	33,652
		<u>73,121</u>	<u>-</u>	<u>73,121</u>	<u>33,909</u>
CREDITORS					
Amounts falling due within one year	15	(10,506)	-	(10,506)	(6,624)
		<u>62,615</u>	<u>-</u>	<u>62,615</u>	<u>27,285</u>
NET CURRENT ASSETS					
		<u>166,833</u>	<u>-</u>	<u>166,833</u>	<u>134,378</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>166,833</u>	<u>-</u>	<u>166,833</u>	<u>134,378</u>
NET ASSETS		<u>166,833</u>	<u>-</u>	<u>166,833</u>	<u>134,378</u>
FUNDS	16				
Unrestricted funds				166,833	133,799
Restricted funds				-	579
TOTAL FUNDS				<u>166,833</u>	<u>134,378</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued
31 December 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 25 September 2024 and were signed on its behalf by:

Mr K Gazard - Trustee

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements **for the year ended 31 December 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared under the going concern basis as, the charity is able to settle all operating debts at they arise.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution.

Government grants

Government grants which have been accounted for under the accruals model, in respect of capital expenditure are recognised within income on a systematic basis over the expected useful life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and which are available as general funds. Included within unrestricted funds are designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Designated funds represent the net book value of fixed assets donated to the charity or purchased out of restricted income. This balance therefore represents the future depreciation charge relating to these assets.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued **for the year ended 31 December 2023**

1. ACCOUNTING POLICIES - continued

Fixed assets for use by the charitable company

Fixed assets are stated at cost less depreciation, or in cases where fixed assets have been donated, at valuation at the time of acquisition less depreciation.

Depreciation

Depreciation is charged on all tangible fixed assets other than freehold land as follows:

Freehold land	Not depreciated
Freehold property and improvements	Straight line over 50 years
Motor vehicles	25% reducing balance
Physiotherapy, office and other equipment	20% reducing balance
Furniture and fittings	20% reducing balance

Operating leases

Rentals paid under operating leases are charged on a straight line basis over the term of the lease.

Stocks

Stocks are valued at the lower of cost and net realisable value.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Voluntary help and gifts in kind

No value has been put on the help received by Lincolnshire MS Therapy Centre Limited during the year. Individual gifts of significant value are valued at estimated costs to the donor and include any voluntary donations; however, there are numerous small gifts that cannot be quantified.

Value added tax

As the activities for the charity are classified as exempt for the purpose of VAT, the charity is unable to reclaim the VAT which it suffers on its purchases. Expenditure in these financial statements is therefore shown inclusive of value added tax paid.

Financial Instruments

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued for the year ended 31 December 2023

1. ACCOUNTING POLICIES - continued

Only basic financial instruments as defined in FRS 102 are held. Financial assets and financial liabilities are recognised in the accounts only when the entity becomes party to the contractual provisions of the instrument and their measurement basis is as follows:

Financial assets - trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost. Prepayments are not financial instruments.

Cash at bank is classified as a basic financial instrument and is measured at transaction price.

Financial liabilities - trade creditors, accruals and other creditors are basic financial instruments, and are measured at amortised cost. Where a financial liability constitutes a financing transaction it is initially and subsequently measured at the present value of future payments, discounted at a market rate of interest.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	15,310	8,648
Legacies	46,412	-
Fundraising events	489	550
	<u>62,211</u>	<u>9,198</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Grant income	4,385	-
Room hire	2,705	1,680
	<u>7,090</u>	<u>1,680</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Investment income and interest	855	38
	<u>855</u>	<u>38</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

5. INCOME FROM CHARITABLE ACTIVITIES

	Oxygen therapy £	Other therapies £	2023 Total activities £	2022 Total activities £
Physiotherapy & reflexology	-	605	605	1,150
Oxygen therapy	36,053	-	36,053	32,028
Covid-19 support grants	-	-	-	165
Sales of goods and literature	-	2,900	2,900	4,744
	<u>36,053</u>	<u>3,505</u>	<u>39,558</u>	<u>38,087</u>

6. RAISING FUNDS

Raising donations and legacies

	2023 £	2022 £
Staff costs	<u>2,821</u>	<u>2,766</u>

7. CHARITABLE ACTIVITIES COSTS

	Support costs (see note 8) £
Oxygen therapy	37,778
Other therapies	34,447
Support costs	2,213
	<u>74,438</u>

8. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Oxygen therapy	37,778	-	37,778
Other therapies	29,080	5,367	34,447
Support costs	2,213	-	2,213
	<u>69,071</u>	<u>5,367</u>	<u>74,438</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

Management

	Oxygen therapy £	Other therapies £	Support costs £	2023 Total activities £	2022 Total activities £
Salaries	25,456	8,569	2,213	36,238	29,167
Equipment repairs	-	5,766	-	5,766	2,452
Insurance	-	3,729	-	3,729	2,537
Oxygen	10,159	-	-	10,159	5,107
Cost of goods sold	-	1,331	-	1,331	1,136
General office running	-	7,643	-	7,643	5,807
Subscriptions and donations	-	807	-	807	340
Bank charges	-	74	-	74	604
Depreciation	2,163	1,101	-	3,264	3,341
Bank interest	-	60	-	60	-
Other interest	-	-	-	-	316
	<u>37,778</u>	<u>29,080</u>	<u>2,213</u>	<u>69,071</u>	<u>50,807</u>

Governance costs

	2023 Other therapies £	2022 Total activities £
Independent Examiners fee	700	700
Accountancy and legal fees	4,667	2,434
	<u>5,367</u>	<u>3,134</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Independent Examiners fee	700	700
Depreciation - owned assets	3,264	3,341
	<u>3,964</u>	<u>4,041</u>

In addition to the fees listed above, the independent examiner also received £4,667 (2022: £2,434) during the year pertaining to accountancy services.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the year ended 31 December 2023

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor the year ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

11. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	39,059	31,933
	<u>39,059</u>	<u>31,933</u>

The average monthly head count during the year was 3 staff (2022 : 3).

The average monthly number of employees during the year was as follows:

	2023	2022
Direct charitable employees	<u>3</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

12. TANGIBLE FIXED ASSETS

	Freehold property and improvements £	Physio, office and other equipment £	Furniture & fittings £	Motor vehicles £	Totals £
COST					
At 1 January 2023	167,810	71,095	7,198	48,578	294,681
Additions	-	-	389	-	389
	<u>167,810</u>	<u>71,095</u>	<u>7,587</u>	<u>48,578</u>	<u>295,070</u>
At 31 December 2023	167,810	71,095	7,587	48,578	295,070
DEPRECIATION					
At 1 January 2023	63,528	68,868	7,055	48,137	187,588
Charge for year	2,610	462	82	110	3,264
	<u>66,138</u>	<u>69,330</u>	<u>7,137</u>	<u>48,247</u>	<u>190,852</u>
At 31 December 2023	66,138	69,330	7,137	48,247	190,852
NET BOOK VALUE					
At 31 December 2023	<u>101,672</u>	<u>1,765</u>	<u>450</u>	<u>331</u>	<u>104,218</u>
At 31 December 2022	<u>104,282</u>	<u>2,227</u>	<u>143</u>	<u>441</u>	<u>107,093</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

13. STOCKS

	2023	2022
	£	£
Sundry stocks	100	70
	<u> </u>	<u> </u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Prepayments	-	187
	<u> </u>	<u> </u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Social security and other taxes	552	933
Other creditors	3,045	2,332
Wages payable	2,129	716
Accruals and deferred income	4,780	2,643
	<u> </u>	<u> </u>
	10,506	6,624
	<u> </u>	<u> </u>

16. MOVEMENT IN FUNDS

	At 1.1.23	Net movement in funds	Transfers between funds	At 31.12.23
	£	£	£	£
Unrestricted funds				
Undesignated	90,371	29,841	4,964	125,176
Designated funds	43,428	(1,771)	-	41,657
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	133,799	28,070	4,964	166,833
Restricted funds				
Restricted funds	579	4,385	(4,964)	-
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	134,378	32,455	-	166,833
	<u> </u>	<u> </u>	<u> </u>	<u> </u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the year ended 31 December 2023**

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	105,329	(75,488)	29,841
Designated funds	-	(1,771)	(1,771)
	<u>105,329</u>	<u>(77,259)</u>	<u>28,070</u>
Restricted funds			
Restricted funds	4,385	-	4,385
	<u>4,385</u>	<u>-</u>	<u>4,385</u>
TOTAL FUNDS	<u><u>109,714</u></u>	<u><u>(77,259)</u></u>	<u><u>32,455</u></u>

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
Undesignated	96,250	(5,879)	90,371
Designated funds	45,253	(1,825)	43,428
	<u>141,503</u>	<u>(7,704)</u>	<u>133,799</u>
Restricted funds			
Restricted funds	579	-	579
	<u>579</u>	<u>-</u>	<u>579</u>
TOTAL FUNDS	<u><u>142,082</u></u>	<u><u>(7,704)</u></u>	<u><u>134,378</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	49,003	(54,882)	(5,879)
Designated funds	-	(1,825)	(1,825)
	<u>49,003</u>	<u>(56,707)</u>	<u>(7,704)</u>
TOTAL FUNDS	<u><u>49,003</u></u>	<u><u>(56,707)</u></u>	<u><u>(7,704)</u></u>

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the year ended 31 December 2023

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
Unrestricted funds				
Undesignated	96,250	23,962	4,964	125,176
Designated funds	45,253	(3,596)	-	41,657
	<hr/>	<hr/>	<hr/>	<hr/>
	141,503	20,366	4,964	166,833
Restricted funds				
Restricted funds	579	4,385	(4,964)	-
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>142,082</u>	<u>24,751</u>	<u>-</u>	<u>166,833</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	154,332	(130,370)	23,962
Designated funds	-	(3,596)	(3,596)
	<hr/>	<hr/>	<hr/>
	154,332	(133,966)	20,366
Restricted funds			
Restricted funds	4,385	-	4,385
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>158,717</u>	<u>(133,966)</u>	<u>24,751</u>

Designated funds

Designated funds represent the net book value of fixed assets donated to the charity or purchased out of restricted income. This balance therefore represents the future depreciation charge relating to these assets.

Restricted Funds

Restricted funds represents amount received from the Bromhead Trust which were restricted to the provision of physiotherapy, massage and counselling. This balance therefore represents funds held to provide these services.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the year ended 31 December 2023

17. RELATED PARTY DISCLOSURES

The were no related party transactions for the year ended 31 December 2023 nor year ended 31 December 2022.

18. POST BALANCE SHEET EVENTS

At the year end and looking forward 12 months from approval, the company remains a going concern.

19. LEGAL STATUS OF THE CHARITY

Lincolnshire MS Therapy Centre Limited is a company limited by guarantee and has no share capital.

The liability of each member in the event of winding up is limited to £1.

20. CONTROLLING INTEREST

There is no ultimate controlling interest.

LINCOLNSHIRE MS THERAPY CENTRE LTD

England & Wales - Charity number 701839

Accounts

REGISTERED COMPANY NUMBER: 02296348 (England and Wales)
REGISTERED CHARITY NUMBER: 701839

Report of the Trustees and
Financial Statements
for the Year Ended 31 December 2022
for
Lincolnshire MS Therapy Centre Ltd

Lincolnshire MS Therapy Centre Ltd

**Contents of the Financial Statements
for the Year Ended 31 December 2022**

	Page
Report of the Trustees	1 to 4
Independent Examiner's Report	5
Statement of Financial Activities	6
Balance Sheet	7 to 8
Notes to the Financial Statements	9 to 18

Report of the Trustees
for the Year Ended 31 December 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the charity and principal activities

The Lincolnshire MS Therapy Centre Limited is constituted as a company limited by guarantee. It is governed by its Memorandum and Articles of Association.

The principal object of the charity is the provision of facilities to assist people suffering from Multiple Sclerosis and any other conditions that may benefit from High Dosage Oxygen Therapy (H.D.O.T.)

Public benefit

The trustees have regard to the Charity Commission's general guidance on public benefit and always ensure that activities which we undertake are in line with our charitable objects and aims.

ACHIEVEMENT AND PERFORMANCE

The three members of staff remained in post and the trustees continued to monitor and develop the work they do and the services they offer members.

1 Keeping people as active as possible:

- Providing classes with specialists including Physiotherapy, Yoga, Tai Chi, Acupuncture and Massage.
- Offering regular support from our physiotherapists to use 'at home' exercise programmes and to signpost members to any additional support needed.

2 Improve mental health

- Continuing to provide counselling services.

FINANCIAL REVIEW

Going concern

Income continued to be a concern in 2022. The ongoing support from members and individual supporters, charitable trusts, companies and local authorities, however, helped to contain the deficit for the year.

Total income was £49,002, and total expenditure was £56,706. The overall loss was £7,704. The charity is confident of its financial survival. The very real need - during an uncertain 2023 - is to focus on continuing to develop income streams and to address future sustainability. We wish to thank each individual and organisation who supported the charity in 2022.

Plans have been made should free reserves fall to £8,000 to ensure the continuation of the charity into the longer term and provide time for it to re-capitalise itself and move forward with the new strategy.

Report of the Trustees
for the Year Ended 31 December 2022

FINANCIAL REVIEW

Reserves policy

The Trustees' ongoing reserves policy is to maintain free reserves (unrestricted net current assets) at between three to six months of operating expenditure which equates to £14,177 to £28,353. At this level, the management committee feel that they would be able to continue the current activities in the event of a significant drop in funding. At 31 December 2022 funds were £134,378 as the Management Committee has taken steps to ensure that cash usage is managed carefully.

Risk management

The trustees and Management Committee meet on a monthly basis, at which the present situation of the charity is discussed, and any future risks which may affect the charity are identified, and the appropriate action is planned. Internal risks are minimised through the implementation of controls. Procedures relating to risk management are continually under review to ensure that they still meet the needs of the charity.

The trustees have conducted a review of the risks to which the charity is exposed, and assessed their relative significance. These have been recorded within the policies and procedures documentation. Where appropriate, systems and procedures have been established to mitigate the risks the charity faces. The principal risks to the charity are considered to be those concerning fund raising, financial internal controls, quality of service delivery and the health and safety of staff, volunteers, clients and visitors to the Centre. As regards fundraising, the risk is the adverse fluctuation of financial resources raised during the year. In the longer term this would place a financial strain upon the charity.

The fundraising strategy is over seen by the Trustees, and actual financial performance is monitored on a monthly basis. Good relationships are maintained with a large pool of volunteers who are able to support the public collections and events programme.

Financial internal controls include the division of duties. The risk of fraudulent appropriation of the charity's financial resources is mitigated by the requirement that all financial transactions require dual authorization. The quality of service delivery is underpinned by qualified physiotherapy personnel, training programmes to help maintain professional standards, and equipment maintenance schedules that comply with manufacturers' specifications. These measures are in place to help ensure that service delivery meets recognized standards and benefits users. Procedures are in place to ensure compliance with the health and safety of staff, volunteers, clients and visitors to the Centre. Procedures in place include periodic fire alarm tests, Centre access security and regular maintenance of plant and equipment (including lifting equipment, and hygiene). These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

FUTURE PLANS

The Trustees are committed to creating a Centre of Excellence, in order to achieve this, we the Trustees are preparing to achieve the following:

- Increase membership.
- Continue to update, and modernise the décor and furnishings within the centre.
- Looking to install Solar Panels for the Centre.

Report of the Trustees
for the Year Ended 31 December 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity has a centre at 50 Outer Circle Drive, Lincoln. This is open Monday, Wednesday, and Friday.

The charity is managed by the Trustee Management Committee and meets at least monthly. The committee sets the strategic direction and policy of the charity. All members of the Trustee Management Committee give their time voluntarily. Committee members may benefit from the charity's MS services on the same terms as other beneficiaries. Day to day management of the charity is delegated to the Centre Manager - including supervision of the staff and ensuring that the team continues to develop skills and working arrangements in line with good practice and ensuring the Centre premises are properly serviced and maintained. Recruitment and Appointment of Management Committee members (trustees) must be ordinary members of the company. They are appointed by election at each Annual General Meeting of the charity, provided that in advance of the meeting they have been proposed by another ordinary member and are willing to be elected. Committee members retire at each Annual General Meeting, though they are eligible for re-election. The officers of the Company - the Chairman, Treasurer and Secretary - are Trustee Management Committee members and are also appointed by election at each Annual General Meeting. The committee may appoint any of their number during the year to fill a casual vacancy among the officers. Such officers hold office until the next following Annual General Meeting. Trustee Induction and Training New trustees are briefed on the objectives and activities of the charity and the environment within which it operates. The policies and procedures of the charity have been documented. These are updated on a cyclical basis. All trustees are required to familiarize themselves with the charity's policies and procedures.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02296348 (England and Wales)

Registered Charity number

701839

Registered office

50 Outer Circle Drive
St Giles
LINCOLN
Lincolnshire
LN2 4JH

Trustees

Mr K Gazard
Ms J Lander
Mr A Ollier (resigned 30.6.22)
Ms M Marwaha
Mr S J Reynolds (resigned 19.1.22)
Mrs J Markham
Mr P J Burton
Mr J Edge (appointed 19.1.22)
Mr J E Gray (appointed 23.8.22)
Mrs C J Gray (appointed 23.8.22)
Ms M E Daley (appointed 28.8.23)
Ms V T McLeod (appointed 23.8.23)
Mr P Wilkinson (appointed 23.8.23)

Report of the Trustees
for the Year Ended 31 December 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Company Secretary

Mrs J Markham

Independent Examiner

Nicholsons

Chartered Accountants

Newland House

The Point

Weaver Road

LINCOLN

Lincolnshire

LN6 3QN

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 29 September 2023 and signed on its behalf by:

Mr K Gazard - Trustee

**Independent Examiner's Report to the Trustees of
Lincolnshire MS Therapy Centre Ltd (Registered number: 02296348)**

Independent examiner's report to the trustees of Lincolnshire MS Therapy Centre Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs Emma Murray FCA
The Institute of Chartered Accountants in England and Wales

Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

29 September 2023

Lincolnshire MS Therapy Centre Ltd

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 December 2022**

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	9,198	-	9,198	15,695
Charitable activities					
Oxygen therapy	5	32,083	-	32,083	22,961
Other therapies		6,004	-	6,004	10,765
Other trading activities	3	1,680	-	1,680	1,285
Investment income	4	38	-	38	4
Total		<u>49,003</u>	<u>-</u>	<u>49,003</u>	<u>50,710</u>
EXPENDITURE ON					
Raising funds	6	2,766	-	2,766	2,561
Charitable activities					
Oxygen therapy	7	27,552	-	27,552	28,427
Other therapies		24,176	-	24,176	23,766
Support costs		2,213	-	2,213	9,679
Total		<u>56,707</u>	<u>-</u>	<u>56,707</u>	<u>64,433</u>
NET INCOME/(EXPENDITURE)		<u>(7,704)</u>	<u>-</u>	<u>(7,704)</u>	<u>(13,723)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>141,503</u>	<u>579</u>	<u>142,082</u>	<u>155,805</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>133,799</u></u>	<u><u>579</u></u>	<u><u>134,378</u></u>	<u><u>142,082</u></u>

The notes form part of these financial statements

Lincolnshire MS Therapy Centre Ltd (Registered number: 02296348)

Balance Sheet
31 December 2022

	Notes	Unrestricted funds £	Restricted fund £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	12	107,093	-	107,093	110,434
CURRENT ASSETS					
Stocks	13	70	-	70	80
Debtors	14	187	-	187	176
Cash at bank and in hand		33,073	579	33,652	38,812
		<u>33,330</u>	<u>579</u>	<u>33,909</u>	<u>39,068</u>
CREDITORS					
Amounts falling due within one year	15	(6,624)	-	(6,624)	(7,420)
		<u>26,706</u>	<u>579</u>	<u>27,285</u>	<u>31,648</u>
NET CURRENT ASSETS					
		<u>133,799</u>	<u>579</u>	<u>134,378</u>	<u>142,082</u>
TOTAL ASSETS LESS CURRENT LIABILITIES					
		<u>133,799</u>	<u>579</u>	<u>134,378</u>	<u>142,082</u>
NET ASSETS		<u>133,799</u>	<u>579</u>	<u>134,378</u>	<u>142,082</u>
FUNDS	16				
Unrestricted funds				133,799	141,503
Restricted funds				579	579
TOTAL FUNDS				<u>134,378</u>	<u>142,082</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued
31 December 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 29 September 2023 and were signed on its behalf by:

Mr K Gazard - Trustee

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements **for the Year Ended 31 December 2022**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared under the going concern basis as, the charity is able to settle all operating debts at they arise.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution.

Government grants

Government grants which have been accounted for under the accruals model, in respect of capital expenditure are recognised within income on a systematic basis over the expected useful life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and which are available as general funds. Included within unrestricted funds are designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Designated funds represent the net book value of fixed assets donated to the charity or purchased out of restricted income. This balance therefore represents the future depreciation charge relating to these assets.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued **for the Year Ended 31 December 2022**

1. ACCOUNTING POLICIES - continued

Fixed assets for use by the charitable company

Fixed assets are stated at cost less depreciation, or in cases where fixed assets have been donated, at valuation at the time of acquisition less depreciation.

Depreciation

Depreciation is charged on all tangible fixed assets other than freehold land as follows:

Freehold land	Not depreciated
Freehold property and improvements	Straight line over 50 years
Motor vehicles	25% reducing balance
Physiotherapy, office and other equipment	20% reducing balance
Furniture and fittings	20% reducing balance

Operating leases

Rentals paid under operating leases are charged on a straight line basis over the term of the lease.

Stocks

Stocks are valued at the lower of cost and net realisable value.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated fund comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Voluntary help and gifts in kind

No value has been put on the help received by Lincolnshire MS Therapy Centre Limited during the year. Individual gifts of significant value are valued at estimated costs to the donor and include any voluntary donations; however, there are numerous small gifts that cannot be quantified.

Value added tax

As the activities for the charity are classified as exempt for the purpose of VAT, the charity is unable to reclaim the VAT which it suffers on its purchases. Expenditure in these financial statements is therefore shown inclusive of value added tax paid.

Financial Instruments

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

1. ACCOUNTING POLICIES - continued

Only basic financial instruments as defined in FRS 102 are held. Financial assets and financial liabilities are recognised in the accounts only when the entity becomes party to the contractual provisions of the instrument and their measurement basis is as follows:

Financial assets - trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost. Prepayments are not financial instruments.

Cash at bank is classified as a basic financial instrument and is measured at transaction price.

Financial liabilities - trade creditors, accruals and other creditors are basic financial instruments, and are measured at amortised cost. Where a financial liability constitutes a financing transaction it is initially and subsequently measured at the present value of future payments, discounted at a market rate of interest.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	8,648	13,637
Fundraising events	550	2,058
	<u>9,198</u>	<u>15,695</u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Room hire	<u>1,680</u>	<u>1,285</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Investment income and interest	<u>38</u>	<u>4</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

5. INCOME FROM CHARITABLE ACTIVITIES

	Oxygen therapy £	Other therapies £	2022 Total activities £	2021 Total activities £
Physiotherapy & reflexology	-	1,150	1,150	11,670
Oxygen therapy	32,028	-	32,028	12,587
Covid-19 support grants	55	110	165	8,029
Sales of goods and literature	-	4,744	4,744	1,440
	<u>32,083</u>	<u>6,004</u>	<u>38,087</u>	<u>33,726</u>

6. RAISING FUNDS

Raising donations and legacies

	2022 £	2021 £
Staff costs	<u>2,766</u>	<u>2,561</u>

7. CHARITABLE ACTIVITIES COSTS

Oxygen therapy	27,552	Support costs (see note 8) £
Other therapies	24,176	
Support costs	2,213	
	<u>53,941</u>	

8. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Oxygen therapy	27,552	-	27,552
Other therapies	21,042	3,134	24,176
Support costs	2,213	-	2,213
	<u>50,807</u>	<u>3,134</u>	<u>53,941</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

Management

	Oxygen therapy £	Other therapies £	Support costs £	2022 Total activities £	2021 Total activities £
Salaries	20,289	6,665	2,213	29,167	36,139
Equipment repairs	-	2,452	-	2,452	2,039
Insurance	-	2,537	-	2,537	3,041
Oxygen	5,107	-	-	5,107	3,962
Cost of goods sold	-	1,136	-	1,136	421
General office running	-	5,807	-	5,807	8,350
Subscriptions and donations	-	340	-	340	376
Bank charges	-	604	-	604	305
Depreciation	2,156	1,185	-	3,341	3,331
Bank interest	-	-	-	-	99
Other interest	-	316	-	316	106
	<u>27,552</u>	<u>21,042</u>	<u>2,213</u>	<u>50,807</u>	<u>58,169</u>

Governance costs

	2022 Other therapies £	2021 Total activities £
Independent Examiners fee	700	700
Accountancy and legal fees	2,434	3,003
	<u>3,134</u>	<u>3,703</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Independent Examiners fee	700	700
Depreciation - owned assets	3,341	3,331
	<u>4,041</u>	<u>4,031</u>

In addition to the fees listed above, the independent examiner also received £2,434 (2021: £3,003) during the year pertaining to accountancy services.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

11. STAFF COSTS

	2022	2021
	£	£
Wages and salaries	31,933	38,700
	31,933	38,700
	31,933	38,700

The average monthly head count during the year was 3 staff (2020 : 3).

The average monthly number of employees during the year was as follows:

	2022	2021
Direct charitable employees	3	3
	3	3
	3	3

No employees received emoluments in excess of £60,000.

12. TANGIBLE FIXED ASSETS

	Freehold property and improvements £	Physio, office and other equipment £	Furniture & fittings £	Motor vehicles £	Totals £
COST					
At 1 January 2022 and 31 December 2022	167,810	71,095	7,198	48,578	294,681
	167,810	71,095	7,198	48,578	294,681
DEPRECIATION					
At 1 January 2022	60,918	68,291	7,048	47,990	184,247
Charge for year	2,610	577	7	147	3,341
	63,528	68,868	7,055	48,137	187,588
At 31 December 2022	63,528	68,868	7,055	48,137	187,588
	63,528	68,868	7,055	48,137	187,588
NET BOOK VALUE					
At 31 December 2022	104,282	2,227	143	441	107,093
	104,282	2,227	143	441	107,093
At 31 December 2021	106,892	2,804	150	588	110,434
	106,892	2,804	150	588	110,434
	106,892	2,804	150	588	110,434

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

13. STOCKS

	2022	2021
	£	£
Sundry stocks	70	80
	<u>70</u>	<u>80</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Prepayments	187	176
	<u>187</u>	<u>176</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Social security and other taxes	933	366
Other creditors	2,332	3,871
Wages payable	716	543
Accruals and deferred income	2,643	2,640
	<u>6,624</u>	<u>7,420</u>

16. MOVEMENT IN FUNDS

	At 1.1.22	Net movement in funds	At 31.12.22
	£	£	£
Unrestricted funds			
Undesignated	96,250	(5,879)	90,371
Designated funds	45,253	(1,825)	43,428
	<u>141,503</u>	<u>(7,704)</u>	<u>133,799</u>
Restricted funds			
Restricted funds	579	-	579
	<u>579</u>	<u>-</u>	<u>579</u>
TOTAL FUNDS	<u>142,082</u>	<u>(7,704)</u>	<u>134,378</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
Undesignated	49,003	(54,882)	(5,879)
Designated funds	-	(1,825)	(1,825)
	<u>49,003</u>	<u>(56,707)</u>	<u>(7,704)</u>
TOTAL FUNDS	<u>49,003</u>	<u>(56,707)</u>	<u>(7,704)</u>

Lincolnshire MS Therapy Centre Ltd

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
Undesignated	108,078	(11,828)	96,250
Designated funds	47,148	(1,895)	45,253
	<u>155,226</u>	<u>(13,723)</u>	<u>141,503</u>
Restricted funds			
Restricted funds	579	-	579
	<u>579</u>	<u>-</u>	<u>579</u>
TOTAL FUNDS	<u>155,805</u>	<u>(13,723)</u>	<u>142,082</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	50,710	(62,538)	(11,828)
Designated funds	-	(1,895)	(1,895)
	<u>50,710</u>	<u>(64,433)</u>	<u>(13,723)</u>
TOTAL FUNDS	<u>50,710</u>	<u>(64,433)</u>	<u>(13,723)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.21 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
Undesignated	108,078	(17,707)	90,371
Designated funds	47,148	(3,720)	43,428
	<u>155,226</u>	<u>(21,427)</u>	<u>133,799</u>
Restricted funds			
Restricted funds	579	-	579
	<u>579</u>	<u>-</u>	<u>579</u>
TOTAL FUNDS	<u>155,805</u>	<u>(21,427)</u>	<u>134,378</u>

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued for the Year Ended 31 December 2022

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	99,713	(117,420)	(17,707)
Designated funds	-	(3,720)	(3,720)
	<u>99,713</u>	<u>(121,140)</u>	<u>(21,427)</u>
TOTAL FUNDS	<u>99,713</u>	<u>(121,140)</u>	<u>(21,427)</u>

Designated funds

Designated funds represent the net book value of fixed assets donated to the charity or purchased out of restricted income. This balance therefore represents the future depreciation charge relating to these assets.

Restricted Funds

Restricted funds represents amount received from the Bromhead Trust which were restricted to the provision of physiotherapy, massage and counselling. This balance therefore represents funds held to provide these services.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022 nor year ended 31 December 2021.

18. POST BALANCE SHEET EVENTS

At the year end and looking forward 12 months from approval in order to consider Going Concern, the pandemic continues to have a material impact on the general economy.

The directors have considered the effect this has had on the charity to date and its anticipated impact for the next 12 months and have concluded that the company remains a going concern.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

19. LEGAL STATUS OF THE CHARITY

Lincolnshire MS Therapy Centre Limited is a company limited by guarantee and has no share capital.

The liability of each member in the event of winding up is limited to £1.

20. CONTROLLING INTEREST

There is no ultimate controlling interest.

LINCOLNSHIRE MS THERAPY CENTRE LTD

England & Wales - Charity number 701839

Accounts

REGISTERED COMPANY NUMBER: 02296348 (England and Wales)
REGISTERED CHARITY NUMBER: 701839

Report of the Trustees and

Financial Statements

for the Year Ended 31 December 2020

for

Lincolnshire MS Therapy Centre Ltd

Lincolnshire MS Therapy Centre Ltd

**Contents of the Financial Statements
for the Year Ended 31 December 2020**

	Page
Report of the Trustees	1 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Balance Sheet	8 to 9
Notes to the Financial Statements	10 to 20

Report of the Trustees
for the Year Ended 31 December 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives of the charity and principal activities

The Lincolnshire MS Therapy Centre Limited is constituted as a company limited by guarantee. It is governed by its Memorandum and Articles of Association.

The principal object of the charity is the provision of facilities to assist people suffering from Multiple Sclerosis and any other conditions that may benefit from High Dosage Oxygen Therapy (H.D.O.T.)

Public benefit

The trustees have regard to the Charity Commission's general guidance on public benefit and always ensure that activities which we undertake are in line with our charitable objects and aims.

Report of the Trustees
for the Year Ended 31 December 2020

ACHIEVEMENT AND PERFORMANCE

The three members of staff remained in post and the trustees continued to monitor and develop the work they do and the services they offer members. The Government Furlough Scheme was made available during the COVID 19 epidemic and remains in use. We were fortunate to apply and receive a £10,000 local government support grant. Both have been instrumental in enabling the charity to continue to function during this unprecedented Coronavirus pandemic.

The charity has a procedure for staff appraisal and the Centre Manager undertakes this. Relationships between employees, beneficiaries and users are all carefully monitored and there are written procedures to be followed following complaints of any kind.

During the year the charity has followed all government COVID advice in terms of precautions and operation. We closed on 19th March 2020 and had a limited re-opening 'by appointment only' on 1st July 2020 for oxygen therapy. Regular monthly trustee meetings continued to take place throughout the year either at the centre or by zoom as appropriate. We look forward to fully reopening shortly.

We were fortunate to receive a number of donations from individuals, local companies and anonymously during the year even though we weren't able to do any of our normal fundraising activities. The Centre Manager periodically checked the centre to collect post and operate and check equipment as necessary to ensure its serviceability.

We made full use of the centres closure to perform a number of planned improvements; these included redecoration, the installation of low energy LED lighting, sanding and varnishing wooden flooring or replacement of linoleum in the main room, access corridors, and oxygen tank area. The on-site second hand shop was closed, emptied, redecorated, and repurposed as an exercise area to support our physiotherapy activities. This included installing a ceiling fan and obtaining new 'gifted' equipment to accompany that moved from our physiotherapy room.

The price for oxygen therapy was increased for members from £12 to £15. We hope to come out of lockdown in a roughly similar financial position to when we went in. It may be necessary to further increase our physiotherapy price in the near future as it may become harder to subsidise its cost in the longer term. No further action has been taken following our enquiries to modernise our chamber oxygen delivery system from delivered liquid to a Pressure Swing Absorptions (PSA) system.

FINANCIAL REVIEW

Going concern

The Management Committee do not have any concern over the future viability of the Centre as it is currently run and funded. The free reserves currently stand at around £44,000 (2019 £44,000). The Management Committee have made plans to identify areas to boost cash in the short and medium term.

Plans have also been made should free reserves fall to £8,000 to ensure the continuation of the charity into the longer term and provide time for it to re-capitalise itself and move forward with the new strategy.

Report of the Trustees
for the Year Ended 31 December 2020

FINANCIAL REVIEW

Reserves policy

The Management Committee have established a policy whereby the unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity, should be equivalent to between three and six months of the resources expended, which equates to £15,000 to £30,000 in general funds. At this level, the Management Committee feel that they would be able to continue the current activities in the event of a significant drop in funding. At 31 December 2020 funds were above this level as the Management Committee have taken steps to ensure that cash usage is managed carefully.

Risk management

The trustees and Management Committee meet on a monthly basis at which the present situation of the charity is discussed and any future risks which may affect the charity are identified and the appropriate action is planned. Internal risks are minimised through the implementation of controls. Procedures relating to risk management are continually under review to ensure that they still meet the needs of the charity.

FUTURE PLANS

The trustees are committed to creating a Centre of Excellence, in order to achieve this, we the trustees are preparing to achieve the following:

- o Continue to update and modernise the decor and furnishings within the centres main room.
- o Explore group physiotherapy sessions to extend access and reduce costs.
- o Increase membership when possible.

Long Term Plans:-

- o Improve the Barometric Chamber area to improve access and function.
- o Apply for a café license; improve local and public access with potential to expand services.

Report of the Trustees
for the Year Ended 31 December 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity has a Centre on Outer Circle Drive, which is open Monday, Wednesday and Friday. A part time Manager, a part time assistant and part time Chamber operator staff the Centre. The Centre has two physiotherapists who work over two days a week, assisted by volunteer Physiotherapy helpers. The therapists are paid on an hourly basis, and are self employed. The Charity also has a small Charity Shop within the Centre.

Volunteers help support this paid work, by acting as chamber operators.

The trustees form the core of the Management Committee and are recruited largely by word of mouth. Once they have been approached their name is then brought to the AGM in April, to whom all members are invited, and if necessary a secret ballot takes place.

Once appointed, the trustees have access to various courses as brought to their attention by the Centre Manager.

Many of the volunteers, such as the chamber operators, are trained initially by our training manager, are then assessed by himself and the Centre Manager. They also take part in annual training sessions.

We have a health and safety officer who makes regular checks on the safety of all aspects of the premises. He reports to the Centre Manager, who brings any concerns to the Management Committee to be addressed.

The oxygen chambers have separate official, regular safety checks, as well as the daily check by the chamber operator.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02296348 (England and Wales)

Registered Charity number

701839

Registered office

50 Outer Circle Drive
St Giles
LINCOLN
Lincolnshire
LN2 4JH

Trustees

Mr K Gazard
Ms J Lander
Mr A Ollier
Ms M Marwaha
Mr S J Reynolds
Mrs J Markham
Mr P J Burton

Company Secretary

Mrs J Markham

Report of the Trustees
for the Year Ended 31 December 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 23 September 2021 and signed on its behalf by:

Mr K Gazard - Trustee

**Independent Examiner's Report to the Trustees of
Lincolnshire MS Therapy Centre Ltd (Registered number: 02296348)**

Independent examiner's report to the trustees of Lincolnshire MS Therapy Centre Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs Emma Murray FCA
Independent Examiner
Nicholsons
Chartered Accountants
Newland House
The Point
Weaver Road
LINCOLN
Lincolnshire
LN6 3QN

24 September 2021

Lincolnshire MS Therapy Centre Ltd

Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 December 2020

	Notes	Unrestricted funds £	Restricted fund £	31/12/20 Total funds £	31/12/19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	15,335	-	15,335	17,899
Charitable activities					
Oxygen therapy	5	31,210	-	31,210	24,647
Other therapies		10,447	-	10,447	14,700
Other trading activities	3	1,002	-	1,002	1,800
Investment income	4	41	-	41	96
Total		58,035	-	58,035	59,142
EXPENDITURE ON					
Raising funds	6	2,419	-	2,419	3,066
Charitable activities					
Oxygen therapy	7	25,861	-	25,861	28,829
Other therapies		18,643	-	18,643	28,859
Support costs		14,133	-	14,133	7,120
Total		61,056	-	61,056	67,874
NET INCOME/(EXPENDITURE)		(3,021)	-	(3,021)	(8,732)
RECONCILIATION OF FUNDS					
Total funds brought forward		158,247	579	158,826	167,558
TOTAL FUNDS CARRIED FORWARD		155,226	579	155,805	158,826

The notes form part of these financial statements

Balance Sheet
31 December 2020

	Notes	Unrestricted funds £	Restricted fund £	31/12/20 Total funds £	31/12/19 Total funds £
FIXED ASSETS					
Tangible assets	12	111,296	-	111,296	114,414
CURRENT ASSETS					
Stocks	13	125	-	125	125
Debtors	14	123	-	123	168
Cash at bank and in hand		50,794	579	51,373	51,664
		<u>51,042</u>	<u>579</u>	<u>51,621</u>	<u>51,957</u>
CREDITORS					
Amounts falling due within one year	15	(7,112)	-	(7,112)	(7,545)
NET CURRENT ASSETS		<u>43,930</u>	<u>579</u>	<u>44,509</u>	<u>44,412</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>155,226</u>	<u>579</u>	<u>155,805</u>	<u>158,826</u>
NET ASSETS		<u>155,226</u>	<u>579</u>	<u>155,805</u>	<u>158,826</u>
FUNDS	16				
Unrestricted funds				155,226	158,247
Restricted funds				<u>579</u>	<u>579</u>
TOTAL FUNDS				<u>155,805</u>	<u>158,826</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

Balance Sheet - continued

31 December 2020

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 September 2021 and were signed on its behalf by:

Mr K Gazard - Trustee

Notes to the Financial Statements
for the Year Ended 31 December 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

The accounts have been prepared under the going concern basis as, the charity is able to settle all operating debts at they arise.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution.

Government grants

Government grants which have been accounted for under the accruals model, in respect of capital expenditure are recognised within income on a systematic basis over the expected useful life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Raising funds

Unrestricted funds are donations and other incoming resources receivable or generated for the objects of the charity without further specified purpose and which are available as general funds. Included within unrestricted funds are designated funds where the trustees, at their discretion, have created a fund for a specific purpose.

Designated funds represent the net book value of fixed assets donated to the charity or purchased out of restricted income. This balance therefore represents the future depreciation charge relating to these assets.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

1. ACCOUNTING POLICIES - continued

Fixed assets for use by the charitable company

Fixed assets are stated at cost less depreciation, or in cases where fixed assets have been donated, at valuation at the time of acquisition less depreciation.

Depreciation

Depreciation is charged on all tangible fixed assets other than freehold land as follows:

Freehold land	Not depreciated
Freehold property and improvements	Straight line over 50 years
Motor vehicles	25% reducing balance
Physiotherapy, office and other equipment	20% reducing balance
Furniture and fittings	20% reducing balance

Operating leases

Rentals paid under operating leases are charged on a straight line basis over the term of the lease.

Stocks

Stocks are valued at the lower of cost and net realisable value.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated fund comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Voluntary help and gifts in kind

No value has been put on the help received by Lincolnshire MS Therapy Centre Limited during the year. Individual gifts of significant value are valued at estimated costs to the donor and include any voluntary donations; however, there are numerous small gifts that cannot be quantified.

Value added tax

As the activities for the charity are classified as exempt for the purpose of VAT, the charity is unable to reclaim the VAT which it suffers on its purchases. Expenditure in these financial statements is therefore shown inclusive of value added tax paid.

Financial Instruments

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

1. ACCOUNTING POLICIES - continued

Value added tax

Only basic financial instruments as defined in FRS 102 are held. Financial assets and financial liabilities are recognised in the accounts only when the entity becomes party to the contractual provisions of the instrument and their measurement basis is as follows:

Financial assets - trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost. Prepayments are not financial instruments.

Cash at bank is classified as a basic financial instrument and is measured at transaction price.

Financial liabilities - trade creditors, accruals and other creditors are basic financial instruments, and are measured at amortised cost. Where a financial liability constitutes a financing transaction it is initially and subsequently measured at the present value of future payments, discounted at a market rate of interest.

2. DONATIONS AND LEGACIES

	31/12/20	31/12/19
	£	£
Collecting boxes	-	107
Donations	14,937	14,411
Fundraising events	398	3,381
	<u>15,335</u>	<u>17,899</u>

3. OTHER TRADING ACTIVITIES

	31/12/20	31/12/19
	£	£
Room hire	<u>1,002</u>	<u>1,800</u>

4. INVESTMENT INCOME

	31/12/20	31/12/19
	£	£
Investment income and interest	<u>41</u>	<u>96</u>

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

5. INCOME FROM CHARITABLE ACTIVITIES

	Oxygen therapy £	Other therapies £	31/12/20 Total activities £	31/12/19 Total activities £
LCC Grant	-	2,815	2,815	3,565
Physiotherapy & reflexology	-	7,121	7,121	8,359
Oxygen therapy	9,039	-	9,039	23,115
Covid-19 support grants	22,171	-	22,171	1,532
Sales of goods and literature	-	511	511	2,776
	<u>31,210</u>	<u>10,447</u>	<u>41,657</u>	<u>39,347</u>

6. RAISING FUNDS

Raising donations and legacies

	31/12/20 £	31/12/19 £
Staff costs	2,419	2,766
Fundraising costs	-	300
	<u>2,419</u>	<u>3,066</u>

7. CHARITABLE ACTIVITIES COSTS

	Support costs (see note 8) £
Oxygen therapy	25,861
Other therapies	18,643
Support costs	14,133
	<u>58,637</u>

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

8. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Oxygen therapy	25,861	-	25,861
Other therapies	18,643	-	18,643
Support costs	9,801	4,332	14,133
	<u>54,305</u>	<u>4,332</u>	<u>58,637</u>

Support costs, included in the above, are as follows:

Management

	Oxygen therapy £	Other therapies £	Support costs £	31/12/20 Total activities £	31/12/19 Total activities £
Salaries	19,885	6,614	1,935	28,434	36,714
Equipment repairs	-	-	5,490	5,490	2,505
Insurance	-	2,742	170	2,912	2,892
Oxygen	3,650	-	-	3,650	4,032
Cost of goods sold	-	364	-	364	1,423
General office running	-	8,131	-	8,131	9,493
Subscriptions and donations	-	-	216	216	216
Bank charges	-	-	1,842	1,842	1,309
Depreciation	2,326	792	-	3,118	3,266
Other interest	-	-	148	148	107
	<u>25,861</u>	<u>18,643</u>	<u>9,801</u>	<u>54,305</u>	<u>61,957</u>

Governance costs

	31/12/20 Support costs £	31/12/19 Total activities £
Independent Examiners fee	700	600
Accountancy and legal fees	3,632	2,251
	<u>4,332</u>	<u>2,851</u>

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31/12/20	31/12/19
	£	£
Independent Examiners fee	700	600
Depreciation - owned assets	3,118	3,266
	<u> </u>	<u> </u>

In addition to the fees listed above, the independent examiner also received £3,632 (2019: £2,251) during the year pertaining to accountancy services.

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor the year ended 31 December 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2020 nor for the year ended 31 December 2019.

11. STAFF COSTS

	31/12/20	31/12/19
	£	£
Wages and salaries	30,853	39,480
	<u> </u>	<u> </u>
	<u>30,853</u>	<u>39,480</u>

The average monthly head count during the year was 3 staff (2019 : 3).

The average monthly number of employees during the year was as follows:

	31/12/20	31/12/19
Direct charitable employees	3	3
	<u> </u>	<u> </u>

No employees received emoluments in excess of £60,000.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

12. TANGIBLE FIXED ASSETS

	Freehold property and improvements £	Physio, office and other equipment £	Furniture & fittings £	Motor vehicles £	Totals £
COST					
At 1 January 2020 and 31 December 2020	167,810	68,626	7,198	48,578	292,212
DEPRECIATION					
At 1 January 2020	55,698	67,544	7,024	47,532	177,798
Charge for year	2,610	232	14	262	3,118
At 31 December 2020	58,308	67,776	7,038	47,794	180,916
NET BOOK VALUE					
At 31 December 2020	109,502	850	160	784	111,296
At 31 December 2019	112,112	1,082	174	1,046	114,414

13. STOCKS

	31/12/20 £	31/12/19 £
Sundry stocks	125	125

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/12/20 £	31/12/19 £
Prepayments	123	168

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31/12/20	31/12/19
	£	£
Social security and other taxes	371	554
Other creditors	2,840	2,819
Wages payable	1,310	1,452
Accruals and deferred income	2,591	2,720
	<u>7,112</u>	<u>7,545</u>

16. MOVEMENT IN FUNDS

	At 1.1.20	Net movement in funds	At 31.12.20
	£	£	£
Unrestricted funds			
Undesignated	109,096	(1,018)	108,078
Designated funds	49,151	(2,003)	47,148
	<u>158,247</u>	<u>(3,021)</u>	<u>155,226</u>
Restricted funds			
Restricted funds	579	-	579
	<u>579</u>	<u>-</u>	<u>579</u>
TOTAL FUNDS	<u>158,826</u>	<u>(3,021)</u>	<u>155,805</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
Undesignated	58,035	(59,053)	(1,018)
Designated funds	-	(2,003)	(2,003)
	<u>58,035</u>	<u>(61,056)</u>	<u>(3,021)</u>
TOTAL FUNDS	<u>58,035</u>	<u>(61,056)</u>	<u>(3,021)</u>

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

16. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.19 £	Net movement in funds £	At 31.12.19 £
Unrestricted funds			
Undesignated	116,092	(6,996)	109,096
Designated funds	51,272	(2,121)	49,151
	<hr/>	<hr/>	<hr/>
	167,364	(9,117)	158,247
Restricted funds			
Restricted funds	194	385	579
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>167,558</u>	<u>(8,732)</u>	<u>158,826</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	57,017	(64,013)	(6,996)
Designated funds	-	(2,121)	(2,121)
	<hr/>	<hr/>	<hr/>
	57,017	(66,134)	(9,117)
Restricted funds			
Restricted funds	2,125	(1,740)	385
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>59,142</u>	<u>(67,874)</u>	<u>(8,732)</u>

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

16. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.19 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
Undesignated	116,092	(8,014)	108,078
Designated funds	51,272	(4,124)	47,148
	<u>167,364</u>	<u>(12,138)</u>	<u>155,226</u>
Restricted funds			
Restricted funds	194	385	579
	<u>167,558</u>	<u>(11,753)</u>	<u>155,805</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
Undesignated	115,052	(123,066)	(8,014)
Designated funds	-	(4,124)	(4,124)
	<u>115,052</u>	<u>(127,190)</u>	<u>(12,138)</u>
Restricted funds			
Restricted funds	2,125	(1,740)	385
	<u>117,177</u>	<u>(128,930)</u>	<u>(11,753)</u>

Designated funds

Designated funds represent the net book value of fixed assets donated to the charity or purchased out of restricted income. This balance therefore represents the future depreciation charge relating to these assets.

Restricted Funds

Restricted funds represents amount received from the Bromhead Trust which were restricted to the provision of physiotherapy, massage and counselling. This balance therefore represents funds held to provide these services.

Lincolnshire MS Therapy Centre Ltd

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

17. RELATED PARTY DISCLOSURES

The were no related party transactions for the year ended 31 December 2020 nor year ended 31 December 2019.

18. POST BALANCE SHEET EVENTS

At the year end and looking forward 12 months from approval in order to consider Going Concern, the pandemic continues to have a material impact on the general economy.

The directors have considered the effect this has had on the charity to date and its anticipated impact for the next 12 months and have concluded that the company remains a going concern.

The charity has managed to gain access to the government support schemes including the job retention scheme and small business grant and will continue to do so to minimise losses where possible.

19. LEGAL STATUS OF THE CHARITY

Lincolnshire MS Therapy Centre Limited is a company limited by guarantee and has no share capital.

The liability of each member in the event of winding up is limited to £1.

20. CONTROLLING INTEREST

There is no ultimate controlling interest.