

Company registration number no 2391367  
Charity registration number no 701801

**NORTH LINCOLNSHIRE MIND**  
(A COMPANY LIMITED BY GUARANTEE)

**ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

Company registration number no 2391367  
Charity registration number no 701801

**NORTH LINCOLNSHIRE MIND  
(FORMERLY SCUNTHORPE & DISTRICT MIND)**

**ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2024**

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*If you are interested in mental health, would like to use our services or perhaps contribute some time and energy to help us develop our services please contact us at:*

*North Lincolnshire Mind  
Printers Yard  
Fenton Street  
Scunthorpe  
North Lincolnshire  
DN15 6QX*

*Tel: 01724 279500*

*[www.nlmind.org](http://www.nlmind.org)*

## **NORTH LINCOLNSHIRE MIND**

### **Chief Executive's Introduction**

It's good to see North Lincolnshire Mind's services develop to meet the increasing level of demand for support in our area. We live in very stressful times and this has certainly contributed to increasing needs for mental health support. It is very encouraging to see the effective collaborative working between partner agencies working together to ensure that people in North Lincolnshire receive high quality mental health support. It is also becoming increasingly important to address the wider determinants of poor mental health including a range of social factors such as poverty and problems with housing. As always I am proud to lead such a dedicated team of staff and volunteers and I really appreciate all their hard work over the last 12 months.

**Claire Chapman**

**Chief Executive Officer**

A handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke at the end.

Company registration number no 2391367  
Charity registration number no 701801

## **NORTH LINCOLNSHIRE MIND**

### **Reference and Administrative Details**

DIRECTORS and TRUSTEES	R Gilliatt – appointed 4 November 2014, appointed Chair 28 September 2018 C Phillips – Treasurer, appointed 28 March 2012 N Modak – appointed 28 September 2018 N Dakin – appointed 23 August 2022 P Owston – appointed 23 August 2023 D Hart – appointed 8 February 2024
REGISTERED OFFICE	Printers Yard Fenton Street Scunthorpe North Lincolnshire DN15 6QX
REGISTERED COMPANY NUMBER	2391367
REGISTERED CHARITY NUMBER	701801
INDEPENDENT EXAMINER	Katie Sauvage FCCA Phoenix Accountancy & Business Consultancy Ltd Morley's Cottage, Morley's Yard Walkergate Beverley HU17 9BY
BANKERS	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME 19 4JQ

## **NORTH LINCOLNSHIRE MIND**

### **Report of the Board of Trustees (incorporating the Director's Report)**

#### **For the year ended 31 March 2024**

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2024.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **Our Team**

#### **Trustees (Executive Committee)**

R Gilliatt – appointed 4 November 2014, appointed Chair 28 September 2018

C Phillips – Treasurer, appointed 28 March 2012

N Modak – appointed 28 September 2018

N Dakin – appointed 23 August 2022

P Owston – appointed 23 August 2023

D Hart – appointed 8 February 2024

#### **Key Management Staff during the year**

Claire Chapman (Chief Executive Officer)

Jason Coy (Community Development Worker)

Jurate Klusaite (Centre Support Worker)

We would like to thank all of our volunteers for all their time and to acknowledge the valuable contribution they make to the organisation.

**NORTH LINCOLNSHIRE MIND**

**Report of the Board of Trustees (incorporating the Director's Report)(Continued)**

**Chair's Summary**

The work undertaken by North Lincolnshire Mind has continued to grow and develop over the last year.

We have faced financial challenges but our committed team have worked with those challenges to ensure that we continue to deliver a quality, well-respected service.

Our workforce has steadily grown and we are justifiably proud of our dedicated and caring team

We continue to perform above and beyond our contracted terms and have been delighted to have been reaccredited under the Mind Quality Mark.

We will continue to look for new opportunities to support the needs of local people and to provide quality mental health support in North Lincolnshire.



**Ruth Gilliatt**

**Chair**

**North Lincolnshire Mind**

## **NORTH LINCOLNSHIRE MIND**

### **Report of the Board of Trustees (incorporating the Director's Report) (Continued)**

#### **Objectives and Activities**

The charity's objectives are to 'promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment'.

##### **Our Aims**

- To promote a positive image of mental health through challenging stigma, discrimination and inequality
- To provide a range of socially inclusive services to meet the needs of our service users
- To support our service users to have a voice and to ensure that their views are valued and respected
- To campaign on mental health issues

##### **Our Values**

- We take pride in being part of North Lincolnshire Mind
- We commit ourselves to goals that make a positive difference
- We raise expectations of our own performance and that of others
- We seize new opportunities with energy and enthusiasm
- We strive to achieve excellence and quality in all that we do
- We create opportunities to work in partnership with others
- We care, we listen, we respect and we value everyone
- We are accountable for all our decisions and actions

##### **Our Quality Statement**

Quality is at the heart of everything we do. We strive to provide quality services to meet the needs of our members and other stakeholders.

We aim to provide quality services to meet the needs of our service users and other stakeholders by working towards continually improving our practice. A key part of this is our commitment to the Mind Quality Mark which gives us the opportunity to recognise our achievement and also to identify how we can improve the quality of our services to benefit our service users.

##### **Our Mission Statement**

Our mission is to empower people to make positive choices, achieve their aspirations and take control over their own wellbeing by providing quality services to meet the needs of our community.

##### **Activities**

All activities are undertaken to meet the charitable purposes for the public benefit, and due regard has been paid to the public benefit guidance provided by the Charity Commission.

## **NORTH LINCOLNSHIRE MIND**

### **Report of the Board of Trustees (incorporating the Director's Report) (Continued)**

The services provided are:

- ***Peer Support***

Our Peer Support sessions provide social support for our service users in a safe environment. Peer support is available 3 afternoons each week, and our staff and volunteers work with service users to encourage them to integrate, develop social skills and also to consider positive steps towards recovery. The service provides informal support and also offers signposting and information about mental health related issues. There are a number of activities available during peer support sessions including a fun quiz, games afternoons, bowling and karaoke.

- ***WRAP group***

Our WRAP group continues to provide a valuable source of support to service users. WRAP gives service users the opportunity to develop their own plan for their recovery journey.

- ***Health & Wellbeing and Physical Activities***

We provide these sessions to promote health and wellbeing and to encourage people using the service to increase their level of physical activity. There is a wealth of evidence to link our mental health and physical health so these sessions aim to promote a better understanding of how we can look after our minds and bodies.

- ***One to one support***

We offer a range of one to one support to facilitate recovery and promote self-management and independence. Including a confidential listening service, information and sign posting, and informal advocacy. There is a great deal of demand for this type of support which can enable people to offload and also to explore their options, develop more effective coping strategies as part of their recovery. We also offer placements to students studying level 5/6 counselling to provide counselling support for service users.

- ***Training***

We offer both Mental Health First Aid and Mental Health First Aid Lite. Mental Health First Aid not only increases mental health awareness and literacy. It also enables people to recognise the signs and symptoms of common mental health problems, provide help on a first aid basis and to guide people towards appropriate support. This course has proven very popular and consistently receives excellent feedback. We also have a range of course developed by our team including Mental Health Awareness, Mindfulness, Team WRAP and Mental Health in the Workplace.

- ***Recovery College***

We offer a range of courses designed for people with mild/moderate mental health issues. The courses cover a wide range of mental health and wellbeing topics, courses for carers and those returning to the workplace. These courses give people the opportunity to develop better ways of coping with their mental health. Groups are small and very informal. Again these courses receive very positive feedback from those attending.

- ***SMI Healthchecks***

Support for people with serious mental health problems to attend their annual physical health check appointments.



## **NORTH LINCOLNSHIRE MIND**

### **Report of the Board of Trustees (incorporating the Director's Report) (Continued)**

- ***Outreach work***

We are pleased to work collaboratively with staff from the Forge Project in Scunthorpe as part of their lottery funded project for homeless/vulnerable people. We provide mental health outreach and liaison at the Forge on a weekly basis.

- ***Safe Space***

Safe Space provides out of hours mental health support from 4pm to midnight every day. It is open to those over the age of 16 living in North Lincolnshire and aims to prevent mental health crisis. Service users referred by NHS clinicians can access face to face support and telephone support is provided to people seeking crisis support by self referral or signposting/referrals from other agencies.

- ***Talking Minds***

Talking Minds is a 1 year projected funded with a grant from national Mind. It provides support for young people aged 14-17 experiencing poor mental health, offering both group and 1:1 support.

- ***Talking Minds Plus***

This project is a pilot funded by the NHS to develop a new model of support for young adults aged 18-25 offering counselling and group sessions with a research element involving consultation with a range of stakeholders including young people, service providers and front line staff.

- ***First Steps Forward***

A collaborative project with other voluntary sector partners to provide support to families with multiple issues including poor mental health with the aim of achieving positive outcomes for children under 5.

- ***Cost of Living Support***

This service provides support for people with mental health issues during the cost of living crisis. Funding from national Mind is being used to provide a warm space for peer support and also appointments with an advisor from Citizens Advice North Lincolnshire who can help with benefit claims, debt advice and other issues

- ***Haven House***

Haven House is a mental health crisis house providing support for people experiencing a mental health crisis as part of the North Lincolnshire crisis pathway. Service users are referred by RDASH clinicians and can stay at the house for up to 7 days. The service is staffed 24/7 and staff provide person centred support to meet individual needs and promote recovery.

- ***Welcome Home***

A service to provide ongoing support for people discharged from acute inpatient mental health beds or from the crisis house. The service aims to reduce risk of readmission and to promote recovery, supporting service users to develop effective coping strategies, build support networks and engage in their local community.

- ***Ukrainian Refugee Support***

A grant funded project to offer support to refugees and also support/training to people hosting refugees in their homes.

## **NORTH LINCOLNSHIRE MIND**

### **Report of the Board of Trustees (incorporating the Director's Report) (Continued)**

- ***NHS App***

Support for people with mental health issues to access the NHS app

### **Achievements and Performance**

- 870 attendances at our Peer Support Groups
- 980 appointments for 1:1 support from the Confidential Listening Service
- 4595 calls to the Haven/Safe Space Service for out of hours support
- 71 people received support in Haven House, mental health crisis house
- 244 attendances at the Recovery College
- In total our services supported 749 people and provided 17,596 hours of support

### **Financial Review**

During the year total incoming resources were £868,984 (2023 £591,606), the final result for the year was a surplus of £22,320 (2023 deficit £39,561).

### **Reserves Policy**

Our central funding sources are the Clinical Commissioning Group for NHS North Lincolnshire however we also work hard to supplement our core funding.

Our reserves policy is written in the light of the Charity Commissioner's Guidance "Charities Reserves" (January 2016). Our aim is to keep unrestricted reserves equivalent to 9 months average expenditure and to enable us to cover staff redundancy payments should the need arise. Budgeted unrestricted expenditure for core services for 2024/2025, is £127,898 and redundancy provision is £47,432 at 31 March 2024, therefore the target is £143,355. The reserves are needed to meet the working capital requirements of the charity and the trustees are confident that at this level they would be able to continue. This policy is reviewed annually by trustees.

### **Structure, Governance and Management**

#### **Governing Document**

North Lincolnshire Mind is a registered charity and a company limited by guarantee incorporated on 2 June 1989 and registered as a charity on 31 July 1989. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under the Articles of Association. In the event of a winding up of the charity members are required to contribute an amount not exceeding £1.

#### **Organisational Structure**

North Lincolnshire Mind is governed by our Board of Trustees (the Executive Committee) who are responsible for strategic planning and appointing staff to manage the day to day running of the organisation. The staff team work to ensure that the strategic plan is implemented and our services are delivered effectively

## **NORTH LINCOLNSHIRE MIND**

### **Report of the Board of Trustees (incorporating the Director's Report) (Continued)**

The Executive Committee meet monthly and have also organised sub-committees to cover all the statutory and management needs of the organisation. The Executive Committee are responsible for the finance, governance and strategy of the charity. It is also responsible for the review of our policies according to our policy review schedule. Our policies are available on request.

North Lincolnshire Mind is affiliated to the national charity Mind, this affiliation is governed by a membership agreement setting out the conditions of affiliation and a Trademark License

### **Recruitment and Appointment of New Trustees**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Executive Committee.

Under the requirements of the Memorandum and Articles of Association the members of the Board of Trustees are elected to serve to each Annual General Meeting. They must be re-elected at each AGM.

The Trustees are responsible for the recruitment of new Trustees. New trustees are recruited in a number of ways, either as service users/carers, through volunteering in our projects, working in collaboration with us through other agencies or by recommendation. We also register opportunities as a volunteering opportunity with Voluntary Action North Lincolnshire.

Our aim is to ensure that each post is filled by the most appropriate skills whilst also reflecting the diversity of our community. Our recruitment process is as follows, completion of application form, CV, meeting with the Executive committee, visit to a Executive Committee meeting, references/DBS check and the presentation of recommended trustees to the Board/AGM for approval. If there are more suitable candidates than places then an election is held at the AGM. Our Trustees give their time voluntarily and do not receive benefits from North Lincolnshire Mind. Any expenses claimed from the charity are set out in the notes to the financial statements.

### **Induction and training of new trustees**

Induction is carried out as soon as possible after appointment.

New trustees receive an induction pack including:

- Memorandum and Articles of Association
- Relevant policies
- Role and responsibilities of trustees leaflet
- Minutes from latest Management Committee meeting
- Information about North Lincolnshire Mind and our services
- Operational and Development Plan
- Organisational Structure

New trustees are also encouraged to spend some time in the centre so that they can be introduced to our team and meet our service users. We also arrange training as required (e.g. Mental Health First Aid, Legal Responsibilities of Trustees, etc.). Trustees are required to undergo an appropriate level of training in the areas of mental health awareness and the role and responsibility of a Trustee.

**NORTH LINCOLNSHIRE MIND**

**Report of the Board of Trustees (incorporating the Director's Report) (Continued)**

We also expect new trustees to take a proactive approach, to ask questions and read the information provided.

We actively encourage service users involvement in governance and endeavor to have service users taking the role of trustee. In line with guidance from the Charity Commission we recognise the importance of ensuring that service user trustees balance their role as trustees against any potential conflict of interest as beneficiaries.

**Risk Management**

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. An action plan has been produced which details actions to manage any risks identified.

**Statement of Trustees' Responsibilities**

The trustees (who are also the directors of North Lincolnshire Mind for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and regulations and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees of the Charity on 18 December 2024 and signed on its behalf by:

  
**R Gilliatt (Chair)**

**Independent Examiner's Report to the Trustees (Directors) of North Lincolnshire Mind**

I report on the accounts of North Lincolnshire Mind for the year ended 31 March 2024 which are set out on pages 12 to 22.

**Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

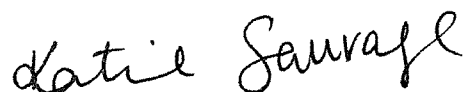
The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Chartered Certified Accountants (ACCA).

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect:
- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
  - the accounts do not which accord with such records; or
  - the accounts do not comply with the relevant accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
  - the accounts have not been prepared in accordance with the Charities SORP (FRS102).

(2) I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs Katie Sauvage FCCA  
Phoenix Accountancy & Business Consultancy Limited  
Morley's Cottage, Morley's Yard  
Walkergate, Beverley  
HU17 9BY



Date: 19/12/2024

**Statement of Financial Activities for the year ended 31 March 2024 (including Income and Expenditure Account and Statement of Comprehensive Income)**

	Notes	Unrestricted Funds Designated	Unrestricted Funds General	Restricted Funds	Total 2024 Funds £	Unrestricted Funds Designated	Unrestricted Funds General	Restricted Funds	Total 2023 Funds £
<b>Income and endowments</b>									
Donations and gift aid	3	-	11,363	-	11,363	-	34,916	-	34,916
Legacies	3	-	-	-	-	-	-	-	-
Investment income	4	-	6,102	-	6,102	-	1,759	-	1,759
Charitable activities	5	-	700,165	148,479	848,644	-	415,280	66,991	482,271
Other income	6	-	2,875	-	2,875	-	3,660	69,000	72,660
<b>Total income</b>		-	720,505	148,479	868,984	-	455,615	135,991	591,606
<b>Expenditure</b>									
Charitable activities	7	11,225	744,882	89,957	846,064	4,335	534,687	90,345	629,367
Governance costs	8	-	600	-	600	-	1,800	-	1,800
<b>Total expenditure</b>	9	11,225	745,482	89,957	846,664	4,335	536,487	90,345	631,167
<b>Net income/(expenditure)</b>		(11,225)	(24,977)	58,522	22,320	(4,335)	(80,872)	45,646	(39,561)
<b>Transfers between Funds</b>	15	4,875	203,285	(208,160)	-	84,092	51,785	(135,877)	-
<b>Other recognised gains and losses</b>									
Gains on revaluation of freehold property	15	-	-	-	-	-	103,500	-	103,500
<b>Net movement in funds</b>	15	(6,350)	178,308	(149,638)	22,320	79,757	74,413	(90,231)	63,939
<b>Reconciliation of Funds</b>									
<b>Total funds brought forward</b>		201,816	318,519	175,527	695,862	122,059	244,106	265,758	631,923
<b>Total funds carried forward</b>	15	195,466	496,827	25,889	718,182	201,816	318,519	175,527	695,862

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities.  
The notes on pages 15 to 22 form part of these financial statements.

**NORTH LINCOLNSHIRE MIND**  
**Balance Sheet as at 31 March 2024**

	Notes	£	2024 £	£	2023 £
<b>Fixed Assets</b>					
Tangible Assets	12		343,615		349,965
<b>Current Assets</b>					
Debtors	13	69,642		88,247	
Cash at bank & in hand		331,242		395,821	
		<u>400,884</u>		<u>484,068</u>	
<b>Creditors: Amounts falling due within one year</b>	14	26,317		138,171	
<b>Net current assets</b>			374,567		345,897
<b>Total net assets</b>			<u>718,182</u>		<u>695,862</u>
<b>Funds of the charity:</b>					
Restricted income funds	18		25,889		175,527
Unrestricted funds:					
General purpose fund	15		348,678		170,370
Revaluation reserve	15		148,149		148,149
Designated Fund (Fixed Assets)	15		195,466		201,816
	15		<u>718,182</u>		<u>695,862</u>

For the year ending 31 March 2024 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts;

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS102 SORP.

The financial statements on pages 12 to 22 were approved by the Trustees on .

Is ~~December 2024~~ and signed on their behalf by:



**R Gilliatt – Chair**  
**Trustee**

*The notes on pages 15 to 22 form part of these financial statements.*

**NORTH LINCOLNSHIRE MIND****Statement of Cash Flows****For the year ending 31 March 2024**

	Notes	<b>2024</b>	<b>2023</b>
		<b>£</b>	<b>£</b>
<b>Net Movement in Funds</b>		<b>22,320</b>	<b>63,939</b>
Add back depreciation charge and loss on disposal	9	11,225	4,335
Add back revaluation gain	15	-	(103,500)
Deduct interest income shown in investing activities	4	(6,102)	(1,759)
Decrease/(increase) in debtors	13	18,605	(37,888)
Increase/(decrease) in creditors	14	(111,854)	126,745
<b>Net cash used in operating activities</b>		<b>(65,806)</b>	<b>51,872</b>
<b>Cash flows from investing activities</b>			
Interest income	4	6,102	1,759
Sale of tangible fixed assets	12	-	-
Purchase of tangible fixed assets	12	(4,875)	(84,092)
<b>Cash provided by (used in) investing activities</b>		<b>1,227</b>	<b>(82,333)</b>
<b>Cash flows from financing activities</b>			
Repayment of borrowing		-	-
<b>Cash used in financing activities</b>		<b>-</b>	<b>-</b>
Increase/(decrease) in cash and cash equivalents at the beginning of the year		(64,579)	(30,461)
Cash and cash equivalents at the start of the year		395,821	426,282
<b>Total cash and cash equivalents at the end of the year</b>		<b>331,242</b>	<b>395,821</b>

*The notes on pages 15 to 22 form part of these financial statements.*



## **NORTH LINCOLNSHIRE MIND**

### **Notes to the Financial Statements for the year ended 31 March 2024**

#### **1. Basis of preparation**

North Lincolnshire Mind is a registered charity, registration number 701801, company number 02391367, registered in the United Kingdom. The address of the charity is given in the reference and administrative details on page 1 of these financial statements. The nature of the charity's operations and principal activities are described in the Trustees Annual report set out on pages 3 to 10.

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS102) issued on 16 July 2014; and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and with the Charities Act 2011.

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts present a true and fair view and no changes have been made to the accounting policies adopted in note 2.

#### **2. Accounting policies**

##### **Income and endowments**

- All grants and voluntary income are accounted for gross where receivable, as long as they are capable of financial measurement. This includes gifts in kind, included at estimated valuation. For legacies, entitlement is taken as the date on which notification has been made by the Executors to the Trustees that a distribution will be made.
- Tax reclaims on donations and gifts. Any incoming resources from tax reclaims are included in the Statement of Activities at the same time as the donation or gift to which they relate.
- Investment income is included in the accounts when receivable.

##### **Expenditure**

- All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.
- Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

##### **Assets**

- Tangible fixed assets are included at cost or revalued amounts. There are no uncapitalised fixed assets.

**NORTH LINCOLNSHIRE MIND****Notes to the Financial Statements for the year ended 31 March 2024**

- Depreciation is provided to write off the cost or valuation, less estimated residual values, of all fixed assets except freehold land, over their expected useful lives. It is calculated at the following rates:

Buildings	2% per annum on written down value
Equipment and fittings	15% per annum on written down value

- Properties whose fair value can be measured reliably are held under the revaluation model and are carried at a revalued amount, being their fair value at the date of valuation less any subsequent accumulated depreciation and subsequent accumulated impairment losses. The fair value of the land and buildings is usually considered to be their market value.

Revaluation gains and losses are recognised in other comprehensive income and accumulated in equity, except to the extent that a revaluation gain reverses a revaluation loss previously recognised in surplus or deficit or a revaluation loss exceeds the accumulated revaluation gains recognised in equity; such gains and losses are recognised in surplus or deficit.

- Debtors are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be achieved.
- Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

**Liabilities**

- Liabilities are recognised where it is more than likely that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
- The charity has creditors which are measured at settlement amounts less any trade discounts.
- Basic financial instruments are accounted for on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19. FRS102 SORP.

**Fund Accounting**

Funds held by the charity are:

- Unrestricted general funds – these are funds which can be used in accordance with the aims of the charity at the discretion of the trustees
- Designated funds – these are unrestricted funds which have been set aside by the trustees representing the carrying value of all fixed assets held by the charity.
- Restricted funds – these are funds arising from donations, contracts and grants received in respect of specific projects. Deficits arising in the year are covered by unrestricted funds.

**NORTH LINCOLNSHIRE MIND****Notes to the Financial Statements for the year ended 31 March 2024****3. Income from Donations**

During the year the charity received numerous donations. The Charity intends to use the donations to support its general purposes.

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
			<b>£</b>	<b>£</b>
Donations and Gift Aid	11,363	-	11,363	34,916

**Income from Legacies**

The charity did not receive any significant income from legacies during the current or previous year.

**4. Investment income**

	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>
Bank interest	6,102	1,759
	<u>6,102</u>	<u>1,759</u>

**5. Income from charitable activities**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
CCG - Listening service	81,831	-	81,831	80,384
CCG – The Haven	-	-	-	47,900
CCG – Recovery College	50,000	-	50,000	-
NHS Autism Funding	3,774	-	3,774	-
CCG – Pre/post Hospital Support	-	32,525	32,525	-
CCG – SMI	-	32,000	32,000	32,000
Mental Health Link worker	-	-	-	4,496
CCG – Safe Spaces	37,000	-	37,000	-
Mind Grant – Ukrainian support	-	-	-	5,000
Mind grant -Cost of Living fund	-	20,571	20,571	-
Mind grant – Deputy CEO post	-	35,000	35,000	-
CCG – Haven Crisis House	527,560	-	527,560	280,000
Mind grant – Children & young Persons	-	4,972	4,972	22,374
Grant – Humber Wolds re NHS App	-	-	-	2,500
Grant – VANL Best Start For All	-	23,186	23,186	7,617
Grant – Hey Mind HVVP Counselling	-	225	225	-
	<u>700,165</u>	<u>148,479</u>	<u>848,644</u>	<u>482,271</u>

# **NORTH LINCOLNSHIRE MIND**

## **Notes to the Financial Statements for the year ended 31 March 2024**

### **6. Other Income**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Room hire	2,795	-	2,795	3,610
Subscriptions	80	-	80	50
CCG – Crisis House (capital grant)	-	-	-	69,000
	<u>2,875</u>	<u>-</u>	<u>2,875</u>	<u>72,660</u>

### **7. Charitable activities**

	<b>Designated Funds</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Support and development of mental health	11,225	742,603	89,285	843,113	624,980
Training/conferences	-	2,279	672	2,951	4,387
	<u>11,225</u>	<u>744,882</u>	<u>89,957</u>	<u>846,064</u>	<u>629,367</u>

### **8. Governance costs**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Legal & Professional	-	-	-	1,200
Independent Examination	600	-	600	600
	<u>600</u>	<u>-</u>	<u>600</u>	<u>1,800</u>

### **9. Total expenditure**

	<b>Staff costs</b>	<b>Other costs</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Charitable activities	746,500	99,564	846,064	629,367
Governance costs	-	600	600	1,800
	<u>746,500</u>	<u>100,164</u>	<u>846,664</u>	<u>631,167</u>

### **Staff Costs**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Wages and salaries	615,283	66,592	681,875	497,238
Employer's NIC	47,149	4,681	51,830	36,713
Employer's pension contributions	11,535	1,260	12,795	8,210
	<u>673,967</u>	<u>72,533</u>	<u>746,500</u>	<u>542,161</u>

**NORTH LINCOLNSHIRE MIND****Notes to the Financial Statements for the year ended 31 March 2024****9. Total expenditure (continued)**

No member of staff is paid over £60,000 per year.

The average number of employees, analysed by function, was:

	<b>Total 2024</b>	<b>Total 2023</b>
Charitable activities	32	26
Administration	3	3
	<u>35</u>	<u>29</u>

<b>Other Costs</b>	<b>Unrestricted Designated</b>	<b>Unrestricted General</b>	<b>Restricted</b>	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Premises costs	-	9,108	-	9,108	7,082
Depreciation and loss on disposal	11,225	-	-	11,225	4,335
Telephone and postage	-	5,067	116	5,183	4,664
Printing and stationery	-	2,329	-	2,329	1,627
Equipment hire and property repairs	-	7,736	-	7,736	6,561
Equipment repairs and replacements	-	1,139	-	1,139	4,233
IT consumables and repairs	-	4,176	-	4,176	2,468
Cleaning	-	3,187	-	3,187	2,807
Room Hire	-	40	330	370	10
Insurance	-	9,093	-	9,093	8,052
Travel & accommodation	-	208	257	465	592
Staff and volunteer expenses	-	2,501	166	2,667	2,483
Miscellaneous	-	13,773	402	14,175	9,072
Publications and subscriptions	-	1,853	-	1,853	2,430
Governance costs	-	600	-	600	1,800
Other professional services	-	3,580	15,350	18,930	21,844
Bank and credit card charges	-	60	-	60	77
Events and training	-	2,279	672	2,951	4,387
Centre activities and marketing	-	4,785	132	4,917	4,482
	<u>11,225</u>	<u>71,514</u>	<u>17,425</u>	<u>100,164</u>	<u>89,006</u>

**10. Trustees remuneration and expenses**

	<b>Total 2024</b>	<b>Total 2023</b>
	<b>£</b>	<b>£</b>
Trustees remuneration	-	-
Trustees' expenses reimbursed	-	-

**NORTH LINCOLNSHIRE MIND****Notes to the Financial Statements for the year ended 31 March 2024****11. Taxation**

As a charity the company is exempt from Corporation Tax.

**12. Tangible Assets**

	<b>Freehold land and buildings</b>	<b>Fixtures and fittings</b>	<b>Total</b>
<b>Cost or valuation</b>	<b>£</b>	<b>£</b>	<b>£</b>
At 1 April 2023	320,000	42,628	362,628
Additions	-	4,875	4,875
Disposal	-	-	-
At 31 March 2024	320,000	47,503	367,503
<b>Depreciation</b>			
At 1 April 2023	-	12,663	12,663
Charge for the year	6,400	4,825	11,225
Eliminated on disposals	-	-	-
31 March 2024	6,400	17,488	23,888
<b>Net Book Value</b>			
At 31 March 2024	313,600	30,015	343,615
At 31 March 2023	320,000	29,965	349,965

Land and buildings with a carrying amount of £320,000 were revalued at 12 January 2024 by Louise McCaffrey Bsc (Hons) MRICS RICS Registered Valuer of Bell Watson, independent valuers not connected with the charity on the basis of open market value. The valuation conforms to International Valuation Standards and was based on recent market transactions on arm's length terms for similar properties.

The revaluation reserve is disclosed at note 15.

If revalued assets were stated on an historical cost basis rather than a fair value basis, the total amounts included would have been as follows:

	<b>2024</b>	<b>2023</b>
<b>Land and Buildings</b>	<b>£</b>	<b>£</b>
Historical cost	194,397	194,397
Accumulated depreciation	(27,149)	(23,261)
	167,248	171,136

**13. Debtors**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Debtors	68,078	87,096
Prepayments and accrued income	1,564	1,151
	69,642	88,247

**NORTH LINCOLNSHIRE MIND****Notes to the Financial Statements for the year ended 31 March 2024****14. Creditors: Amounts falling due within one year**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Creditor, accruals and payments in advance	26,317	138,171
	<u>26,317</u>	<u>138,171</u>

**15. Funds**

	<b>Unrestricted funds</b>			<b>Restricted Funds</b>	<b>Total</b>
	<b>Designated Funds</b>	<b>General funds</b>	<b>Revaluation Reserve</b>		
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Balance at 1.4.23	201,816	170,370	148,149	175,527	695,862
Movement in funds for the year					
Net Income & Expenditure	(11,225)	(24,977)	-	58,522	22,320
Other recognized gains/losses	-	-	-	-	-
Transfers between funds					
-Fixed assets	4,875	(4,875)	-	-	-
-Core costs	-	52,660	-	(52,660)	-
-Reallocations by CCG	-	110,814	-	(110,814)	-
-write off underspend	-	44,686	-	(44,686)	-
-write off overspend	-	-	-	-	-
Balance at 31.3.24	<u>195,466</u>	<u>348,678</u>	<u>148,149</u>	<u>25,889</u>	<u>718,182</u>

**16. Analysis of net assets between funds**

	<b>Unrestricted funds</b>			<b>Restricted Funds</b>	<b>Total</b>
	<b>Designated Funds</b>	<b>General funds</b>	<b>Revaluation Reserve</b>		
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Fixed assets	195,466	-	148,149	-	343,615
Current assets	-	374,995	-	25,889	400,884
Current liabilities	-	(26,317)	-	-	(26,317)
	<u>195,466</u>	<u>348,678</u>	<u>148,149</u>	<u>25,889</u>	<u>718,182</u>

**17. Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

**NORTH LINCOLNSHIRE MIND****Notes to the Financial Statements for the year ended 31 March 2024****18. Summary of Restricted Funds**

	1.4.23	Income	Expenses	Transfers		31.3.24
				Designated	General	
	£	£	£	£	£	£
Grant – Hey Mind HVVP Counselling	-	225	(465)	-	-	(240)
Mind grant – Deputy CEO post	-	35,000	(13,077)	-	-	21,923
Mind-Children & Young Persons	1,600	4,972	(2,377)	-	(4,195)	-
Mind grant -Cost of Living fund	-	20,571	(14,810)	-	(5,761)	-
CCG -Talking Minds Plus	45,965	-	(12,921)	-	(33,044)	-
CCG - digital service	30,000	-	-	-	(30,000)	-
CCG - recovery college	30,814	-	-	-	(30,814)	-
CCG - Pre/post hospital support	65,843	32,525	(18,396)	-	(79,972)	-
CCG – Best start for all (First Steps Forward)	1,305	23,186	(12,285)	-	(8,000)	4,206
CCG - SMI	-	32,000	(15,626)	-	(16,374)	-
	<u>175,527</u>	<u>148,479</u>	<u>(89,957)</u>	<u>-</u>	<u>(208,160)</u>	<u>25,889</u>

**19. Going Concern**

The Trustees consider the Company to be a going concern for a period of at least 12 months beyond the date of the Independent Examiners report.