

Company registration number no 2391367
Charity registration number no 701801

NORTH LINCOLNSHIRE MIND
(A COMPANY LIMITED BY GUARANTEE)

**ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

Company registration number no 2391367
Charity registration number no 701801

**NORTH LINCOLNSHIRE MIND
(FORMERLY SCUNTHORPE & DISTRICT MIND)**

**ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

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If you are interested in mental health, would like to use our services or perhaps contribute some time and energy to help us develop our services please contact us at:

*North Lincolnshire Mind
Printers Yard
Fenton Street
Scunthorpe
North Lincolnshire
DN15 6QX*

Tel: 01724 279500

www.nlmind.org

NORTH LINCOLNSHIRE MIND

Chief Executive's Introduction

Thank you for taking an interest in North Lincolnshire Mind. The last year has seen increasing demand for mental health support as people struggle with the impact of the pandemic, financial issues and a range of social factors that contribute to poor mental health. I am extremely proud that our team has worked effectively, in a rapidly changing environment to continue providing support to our service users whilst ensuring safe practice during the pandemic. As a team, we have learnt a lot and will continue to provide services in a more flexible manner to ensure they are accessible to a wider range of people.

As well as maintaining high standards in our existing services, staff have been working on some new and exciting projects. Future developments include a crisis house, specialist support for young adults, and a recovery college. It is encouraging to be able to offer a wider range of support and this is only possible thanks to our funders, commissioners and the generosity of all those who donate or raise funds for North Lincolnshire Mind.

I would like to thank all of our team members for their dedication and enthusiasm.

Claire Chapman

Chief Executive Officer

Company registration number no 2391367
Charity registration number no 701801

NORTH LINCOLNSHIRE MIND

Reference and Administrative Details

DIRECTORS and TRUSTEES	R Gilliatt – appointed 4 November 2014, appointed Chair 28 September 2018 C Phillips – Treasurer, appointed 28 March 2012 E Marshall – appointed 26 February 2019, Deceased 31 December 2021 N Modak – appointed 28 September 2018
REGISTERED OFFICE	Printers Yard Fenton Street Scunthorpe North Lincolnshire DN15 6QX
REGISTERED COMPANY NUMBER	2391367
REGISTERED CHARITY NUMBER	701801
INDEPENDENT EXAMINER	Voluntary Action North Lincolnshire Ltd 4-6 Robert Street Scunthorpe North Lincolnshire DN15 6NG
BANKERS	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME 19 4JQ

NORTH LINCOLNSHIRE MIND

Report of the Board of Trustees (incorporating the Director's Report)

For the year ended 31 March 2022

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Our Team

Trustees (Executive Committee)

R Gilliatt – appointed 4 November 2014, appointed Chair 28 September 2018

C Phillips – Treasurer, appointed 28 March 2012

E Marshall – appointed 26 February 2019, Deceased 31 December 2021

N Modak – appointed 28 September 2018

Key Management Staff during the year

Claire Chapman (Chief Executive Officer)

Jason Coy (Community Development Worker)

Jurate Klusaite (Centre Support Worker)

We would like to thank all of our volunteers for all their time and to acknowledge the valuable contribution they make to the organisation.

NORTH LINCOLNSHIRE MIND

Report of the Board of Trustees (incorporating the Director's Report)(Continued)

Chair's Summary

The last year has been busier than ever with the Haven growing significantly and work being done towards opening the crisis house.

Staff numbers have increased and I continue to be amazed at the dedication and skills of our team members who are always willing to go the extra mile. We are very lucky to have such a talented band of people.

Coming out of lockdowns has had its own challenges and it has taken time for services to return to be partly in person, and to reach a safe way of delivering our services without compromising on excellence.

We continue to over-perform on our contracted work which puts its own pressures on our budgets. Donations are still down on pre-covid years but we continue to squeeze every bit of value out of each pound.

We plan to keep adapting and growing our services to meet the needs of local people and to continue to be a trusted and reliable provider of mental health support.

Ruth Gilliatt

Chair

North Lincolnshire Mind

NORTH LINCOLNSHIRE MIND

Report of the Board of Trustees (incorporating the Director's Report) (Continued)

Objectives and Activities

The charity's objectives are to 'promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment'.

Our Aims

- To promote a positive image of mental health through challenging stigma, discrimination and inequality
- To provide a range of socially inclusive services to meet the needs of our service users
- To support our service users to have a voice and to ensure that their views are valued and respected
- To campaign on mental health issues

Our Values

- We take pride in being part of North Lincolnshire Mind
- We commit ourselves to goals that make a positive difference
- We raise expectations of our own performance and that of others
- We seize new opportunities with energy and enthusiasm
- We strive to achieve excellence and quality in all that we do
- We create opportunities to work in partnership with others
- We care, we listen, we respect and we value everyone
- We are accountable for all our decisions and actions

Our Quality Statement

Quality is at the heart of everything we do. We strive to provide quality services to meet the needs of our members and other stakeholders.

We aim to provide quality services to meet the needs of our service users and other stakeholders by working towards continually improving our practice. A key part of this is our commitment to the Mind Quality Mark which gives us the opportunity to recognise our achievement and also to identify how we can improve the quality of our services to benefit our service users.

Our Mission Statement

Our mission is to empower people to make positive choices, achieve their aspirations and take control over their own wellbeing by providing quality services to meet the needs of our community.

Activities

All activities are undertaken to meet the charitable purposes for the public benefit, and due regard has been paid to the public benefit guidance provided by the Charity Commission.

NORTH LINCOLNSHIRE MIND

Report of the Board of Trustees (incorporating the Director's Report) (Continued)

The services provided are:

- ***Peer Support***

Our Peer Support sessions provide social support for our service users in a safe environment. Peer support is available 3 afternoons each week, and our staff and volunteers work with service users to encourage them to integrate, develop social skills and also to consider positive steps towards recovery. The service provides informal support and also offers signposting and information about mental health related issues. There are a number of activities available during peer support sessions including a fun quiz, games afternoons, Karaoke.

- ***WRAP group***

Our WRAP group continues to provide a valuable source of support to service users. WRAP gives service users the opportunity to develop their own plan for their recovery journey.

- ***Art/craft activities***

Art/Craft sessions are often requested at our regular open meetings and although attendance is often quite low those that do come along have the chance to explore their creativity and make a variety of projects.

- ***Health & Wellbeing and Physical Activities***

We provide these sessions to promote health and wellbeing and to encourage people using the service to increase their level of physical activity. There is a wealth of evidence to link our mental health and physical health so these sessions aim to promote a better understanding of how we can look after our minds and bodies.

- ***One to one support***

We offer a range of one to one support to facilitate recovery and promote self-management and independence. Including a confidential listening service, life coaching, information and sign posting, and informal advocacy. There is a great deal of demand for this type of support which can enable people to offload and also to explore their options, develop more effective coping strategies as part of their recovery.

- ***Training***

We have two instructors trained to deliver both Mental Health First Aid and Mental Health First Aid Lite. Mental Health First Aid not only increases mental health awareness and literacy. It also enables people to recognise the signs and symptoms of common mental health problems, provide help on a first aid basis and to guide people towards appropriate support. This course has proven very popular and consistently receives excellent feedback. We also have a range of course developed by our team including Mental Health Awareness, Mindfulness, Team WRAP and Mental Health in the Workplace.

NORTH LINCOLNSHIRE MIND

Report of the Board of Trustees (incorporating the Director's Report) (Continued)

- ***Coping with Life Courses***

We offer a range of courses designed for people with mild/moderate mental health issues. The courses cover Managing Stress, Managing Anxiety, Building Self Esteem, Coping with Loss and Change, Depression, Assertiveness Skills and Anger Management. These courses give people the opportunity to develop better ways of coping with their mental health. Each course consists of 6 two hour sessions. Groups are small and very informal. Again these courses receive very positive feedback from those attending

- ***Outreach work***

We are pleased to work collaboratively with staff from the Forge Project in Scunthorpe as part of their lottery funded project for homeless/vulnerable people. We provide mental health outreach and liaison at the Forge on a weekly basis.

- ***The Haven***

The Haven provides out of hours mental health support from 6pm to midnight every day. It is open to those over the age of 16 living in North Lincolnshire and provides both group and 1:1 support for people experiencing mental distress.

Achievements and Performance

In the year from 1 April 2021 to 31 March 2022

423 attendances at our Connecting Minds groups offering digital social activities

1263 appointments for 1:1 support from the Confidential Listening Service

5870 calls to the Haven Service for out of hours support

1616 calls for telephone support

110 attendances at Coping with Life sessions

134 attendances at WRAP group

Financial Review

During the year total incoming resources were £548,812 (2021 £378,574), the final result for the year was a surplus of £261,712 (2021 surplus £114,477).

NORTH LINCOLNSHIRE MIND

Report of the Board of Trustees (incorporating the Director's Report) (Continued)

Reserves Policy

Our central funding sources are the Clinical Commissioning Group for NHS North Lincolnshire however we also have an active Fundraising Group who have worked hard to supplement our core funding. Our reserves policy is written in the light of the Charity Commissioner's Guidance "Charities Reserves" (January 2016). Our aim is to keep unrestricted reserves equivalent to 9 months average expenditure and to enable us to cover staff redundancy payments should the need arise. Budgeted expenditure for 2022/2023, excluding Haven House and staff costs, is £178,324 and redundancy provision is £24,170 at 31 March 2022, therefore the target is £157,913. The reserves are needed to meet the working capital requirements of the charity and the trustees are confident that at this level they would be able to continue. This policy is reviewed annually by trustees.

Structure, Governance and Management

Governing Document

North Lincolnshire Mind is a registered charity and a company limited by guarantee incorporated on 2 June 1989 and registered as a charity on 31 July 1989. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under the Articles of Association. In the event of a winding up of the charity members are required to contribute an amount not exceeding £1.

Organisational Structure

North Lincolnshire Mind is governed by our Board of Trustees (the Executive Committee) who are responsible for strategic planning and appointing staff to manage the day to day running of the organisation. The staff team work to ensure that the strategic plan is implemented and our services are delivered effectively

The Executive Committee meet monthly and have also organised sub-committees to cover all the statutory and management needs of the organisation. The Executive Committee are responsible for the finance, governance and strategy of the charity. It is also responsible for the review of our policies according to our policy review schedule. Our policies are available on request.

North Lincolnshire Mind is affiliated to the national charity Mind, this affiliation is governed by a membership agreement setting out the conditions of affiliation and a Trademark License

NORTH LINCOLNSHIRE MIND

Report of the Board of Trustees (incorporating the Director's Report) (Continued)

Recruitment and Appointment of New Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Executive Committee.

Under the requirements of the Memorandum and Articles of Association the members of the Board of Trustees are elected to serve to each Annual General Meeting. They must be re-elected at each AGM.

The Trustees are responsible for the recruitment of new Trustees. New trustees are recruited in a number of ways, either as service users/carers, through volunteering in our projects, working in collaboration with us through other agencies or by recommendation. We also register opportunities as a volunteering opportunity with Voluntary Action North Lincolnshire.

Our aim is to ensure that each post is filled by the most appropriate skills whilst also reflecting the diversity of our community. Our recruitment process is as follows, completion of application form, CV, meeting with the Executive committee, visit to a Executive Committee meeting, references/DBS check and the presentation of recommended trustees to the Board/AGM for approval. If there are more suitable candidates than places then an election is held at the AGM. Our Trustees give their time voluntarily and do not receive benefits from North Lincolnshire Mind. Any expenses claimed from the charity are set out in the notes to the financial statements.

Induction and training of new trustees

Induction is carried out as soon as possible after appointment.

New trustees receive an induction pack including:

- Memorandum and Articles of Association
- Relevant policies
- Role and responsibilities of trustees leaflet
- Minutes from latest Management Committee meeting
- Information about North Lincolnshire Mind and our services
- Operational and Development Plan
- Organisational Structure

New trustees are also encouraged to spend some time in the centre so that they can be introduced to our team and meet our service users. We also arrange training as required (e.g. Mental Health First Aid, Legal Responsibilities of Trustees, etc.). Trustees are required to undergo an appropriate level of training in the areas of mental health awareness and the role and responsibility of a Trustee.

We also expect new trustees to take a proactive approach, to ask questions and read the information provided.

NORTH LINCOLNSHIRE MIND

Report of the Board of Trustees (incorporating the Director's Report) (Continued)

Year ended 31 March 2022

We actively encourage service users involvement in governance and endeavor to have service users taking the role of trustee. In line with guidance from the Charity Commission we recognise the importance of ensuring that service user trustees balance their role as trustees against any potential conflict of interest as beneficiaries.

Risk Management

Risk assessments have been undertaken and have covered issues such as governance and management, operational risks, financial risk, external factors and compliance risk. An action plan has been produced which details actions to manage any risks identified.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of North Lincolnshire Mind for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and regulations and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees of the Charity on25/1/2023..... and signed on its behalf by:



R Gilliatt
Chair

Company registration number no 2391367

Charity registration number no 701801

Independent Examiner's Report to the Trustees (Directors) of North Lincolnshire Mind

I report on the accounts of North Lincolnshire Mind for the year ended 31 March 2022, which are set out on pages 12 to 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Chartered Certified Accountants (ACCA).

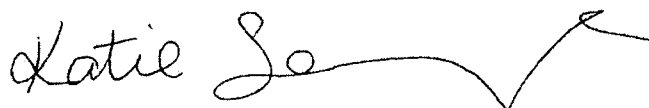
In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not which accord with such records; or
- the accounts do not comply with the relevant accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

(2) I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs Katie Sauvage FCCA
Voluntary Action North Lincolnshire Limited
4-6 Robert Street
Scunthorpe, North Lincolnshire
DN15 6NG



Date:

25/01/2023

NORTH LINCOLNSHIRE MIND

Statement of Financial Activities for the year ended 31 March 2022 (including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Notes	Unrestricted Funds		Restricted Funds	Total 2022 Funds £	Unrestricted Funds		Restricted Funds	Total 2021 Funds £
		Designated	General			Designated	General		
		£	£	£	£	£	£	£	£
Income and endowments									
Donations and gift aid	3	-	9,257	4,828	14,085	-	16,277	14,304	30,581
Legacies	3	-	-	-	-	-	72,480	-	72,480
Investment income	4	-	249	-	249	-	2,180	-	2,180
Charitable activities	5	-	229,807	278,946	508,753	-	226,651	24,196	250,847
Other income	6	-	10,725	15,000	25,725	-	16,986	5,500	22,486
Total income		-	250,038	298,774	548,812	-	334,574	44,000	378,574
Expenditure									
Charitable activities	7	3,907	259,589	15,929	279,425	2,782	225,285	35,129	263,196
Governance costs	8	-	7,675	-	7,675	-	901	-	901
Total expenditure	9	3,907	267,264	15,929	287,100	2,782	226,186	35,129	264,097
Net income/(expenditure)		(3,907)	(17,226)	282,845	261,712	(2,782)	108,388	8,871	114,477
Transfers between Funds		22,806	(4,437)	(18,369)	-	8,000	57	(8,057)	-
Net movement in funds	16	18,899	(21,663)	264,476	261,712	5,218	108,445	814	114,477
Reconciliation of Funds									
Total funds brought forward		103,160	265,769	1,282	370,211	97,942	157,324	468	255,734
Total funds carried forward	16	122,059	244,106	265,758	631,923	103,160	265,769	1,282	370,211

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 15 to 21 form part of these financial statements.

NORTH LINCOLNSHIRE MIND**Balance Sheet as at 31 March 2022**

			2022	2021
	Notes	£	£	£
Fixed Assets				
Tangible Assets	12		166,708	47,809
Investments	13		-	100,000
Current Assets				
Debtors	14	50,359		70,696
Cash at bank & in hand		426,282		162,903
		<u>476,641</u>		<u>233,599</u>
Creditors: Amounts falling due within one year	15	11,426		11,197
Net current assets			465,215	222,402
Total net assets			<u>631,923</u>	<u>370,211</u>
Funds of the charity:				
Restricted income funds	16		265,758	1,282
Unrestricted funds:				
General purpose fund	16		199,457	221,120
Revaluation reserve	16		44,649	44,649
Designated Fund (Fixed Assets)	16		122,059	103,160
	16		<u>631,923</u>	<u>370,211</u>

For the year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts;

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS102 SORP.

The financial statements on pages 12 to 21 were approved by the Trustees on .

25/1/2023 and signed on their behalf by:



**R Gilliatt – Chair
Trustee**

The notes on pages 15 to 21 form part of these financial statements.

NORTH LINCOLNSHIRE MIND

Statement of Cash Flows

For the year ending 31 March 2022

	Notes	2022 £	2021 £
Net Movement in Funds		261,712	114,477
Add back depreciation charge and loss on disposal	9	3,907	2,782
Deduct interest income shown in investing activities	4	(249)	(426)
Decrease/(increase) in debtors	14	20,337	(23,880)
Increase/(decrease) in creditors	15	229	2,342
Net cash used in operating activities		285,936	95,295
Cash flows from investing activities			
Interest income	4	249	426
Sale of tangible fixed assets	12	-	-
Purchase of tangible fixed assets	12	(22,806)	(8,000)
Cash provided by (used in) investing activities		(22,557)	(7,574)
Cash flows from financing activities			
Repayment of borrowing		-	-
Cash used in financing activities		-	-
Increase/(decrease) in cash and cash equivalents at the beginning of the year		263,379	87,721
Cash and cash equivalents at the start of the year		162,903	75,182
Total cash and cash equivalents at the end of the year		426,282	162,903

The notes on pages 15 to 21 form part of these financial statements.

NORTH LINCOLNSHIRE MIND

Notes to the Financial Statements for the year ended 31 March 2022

1. Basis of preparation

North Lincolnshire Mind is a registered charity, registration number 701801, company number 02391367, registered in the United Kingdom. The address of the charity is given in the reference and administrative details on page 1 of these financial statements. The nature of the charity's operations and principal activities are described in the Trustees Annual report set out on pages 3 to 9.

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS102) issued on 16 July 2014; and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and with the Charities Act 2011.

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts present a true and fair view and no changes have been made to the accounting policies adopted in note 2.

2. Accounting policies

Income and endowments

- All grants and voluntary income are accounted for gross where receivable, as long as they are capable of financial measurement. This includes gifts in kind, included at estimated valuation. For legacies, entitlement is taken as the date on which notification has been made by the Executors to the Trustees that a distribution will be made.
- Tax reclaims on donations and gifts. Any incoming resources from tax reclaims are included in the Statement of Activities at the same time as the donation or gift to which they relate.
- Investment income is included in the accounts when receivable.

Expenditure

- All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.
- Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Assets

- Tangible fixed assets are included at cost. There are no uncapped fixed assets.

NORTH LINCOLNSHIRE MIND

Notes to the Financial Statements for the year ended 31 March 2022

- Depreciation is provided to write off the cost or valuation, less estimated residual values, of all fixed assets except freehold land, over their expected useful lives. It is calculated at the following rates:

Buildings	2% per annum on written down value
Equipment and fittings	15% per annum on written down value

- Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in the statement of financial activities.

Where fair value cannot be achieved without undue cost or effort, the investment property is accounted for as tangible fixed assets.

Although this accounting policy is in accordance with FRS102, it is a departure from the general requirement of the Companies Act 2006 for all tangible assets to be depreciated. In the opinion of the trustees compliance with the standard is necessary for the financial statements to give a true and fair view. Depreciation or amortisation is only one of many factors reflected in the annual valuation and the amount of this which might otherwise have been charged cannot be separately identified or quantified.

- Debtors are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be achieved.
- Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Liabilities

- Liabilities are recognised where it is more than likely that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
- The charity has creditors which are measured at settlement amounts less any trade discounts.
- Basic financial instruments are accounted for on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19. FRS102 SORP.

Fund Accounting

Funds held by the charity are:

- i. Unrestricted general funds – these are funds which can be used in accordance with the aims of the charity at the discretion of the trustees
- ii. Designated funds – these are unrestricted funds which have been set aside by the trustees representing the carrying value of all fixed assets held by the charity.

NORTH LINCOLNSHIRE MIND

Notes to the Financial Statements for the year ended 31 March 2022

- iii. Restricted funds – these are funds arising from donations, contracts and grants received in respect of specific projects. Deficits arising in the year are covered by unrestricted funds.

3. Income from Donations

During the year the charity received numerous donations. The Charity intends to use the donations to support its general purposes.

	Unrestricted Funds	Restricted Funds	Total 2022 £	Total 2021 £
Donations and Gift Aid	9,257	-	9,257	16,277
Coronavirus Job Retention	-	4,828	4,828	14,304
	<u>9,257</u>	<u>4,828</u>	<u>14,085</u>	<u>30,581</u>

Income from Legacies

During the previous year the charity received a significant legacy (2021 – £72,480).

4. Investment income

	Total 2022 £	Total 2021 £
Bank interest	249	426
Rental Income	-	1,754
	<u>249</u>	<u>2,180</u>

5. Income from charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
CCG - Listening service	81,976	-	81,976	78,790
CCG – The Haven	131,725	-	131,725	143,701
CCG – Recovery College	-	50,000	50,000	-
CCG – Talking Minds Plus	-	85,000	85,000	-
CCG – Pre/post Hospital Support	-	80,000	80,000	-
CCG – Digital services	-	30,000	30,000	-
Mental Health Link worker	4,232	-	4,232	4,160
NLC – Covid Vaccination Support	11,874	-	11,874	-
Mind grant -Connecting Minds	-	-	-	20,696
Mind grant – Fundraiser post	-	11,572	11,572	-
Mind grant – Children & Young Persons	-	22,374	22,374	-
Grant – Active Humber	-	-	-	1,000
Grant – Lincs Community Fund	-	-	-	2,500
	<u>229,807</u>	<u>278,946</u>	<u>508,753</u>	<u>250,847</u>

NORTH LINCOLNSHIRE MIND

Notes to the Financial Statements for the year ended 31 March 2022

6. Other Income

	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£
Room hire	2,705	-	2,705	1,050
Subscriptions	20	-	20	5
Grant Mind - IT	-	-	-	5,000
Grant Mind -digital service	-	-	-	500
North Lincs Council – Coronavirus support grant	8,000	-	8,000	15,931
CCG – Crisis House (capital grant)	-	15,000	15,000	-
	<u>10,725</u>	<u>15,000</u>	<u>10,725</u>	<u>22,486</u>

7. Charitable activities

	Designated Funds	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£	£
Support and development of mental health	3,907	257,294	15,929	277,130	262,724
Training/conferences	-	2,295	-	2,295	472
	<u>3,907</u>	<u>259,589</u>	<u>15,929</u>	<u>279,425</u>	<u>263,196</u>

8. Governance costs

	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
	£	£	£	£
Legal & Professional Independent Examination	7,375	-	7,375	601
	<u>300</u>	<u>-</u>	<u>300</u>	<u>300</u>
	<u>7,675</u>	<u>-</u>	<u>7,675</u>	<u>901</u>

9. Total expenditure

	Staff costs	Other costs	Total 2022	Total 2021
	£	£	£	£
Charitable activities	240,019	39,406	279,425	263,196
Governance costs	-	7,675	7,675	901
	<u>240,019</u>	<u>47,081</u>	<u>287,100</u>	<u>264,097</u>

NORTH LINCOLNSHIRE MIND

Notes to the Financial Statements for the year ended 31 March 2022

9. Total expenditure (continued)

Staff Costs	Restricted	Unrestricted	Total 2022 £	Total 2021 £
Wages and salaries	12,970	211,644	224,614	211,618
Employer's NIC	432	10,999	11,431	12,487
Employer's pension contributions	94	3,880	3,974	3,897
	13,496	226,523	240,019	228,002

No member of staff is paid over £60,000 per year.

The average number of employees, analysed by function, was:

	Total 2022	Total 2021
Charitable activities	16	7
Administration	1	1
	17	8

Other Costs	Unrestricted Designated	Unrestricted General	Restricted	Total 2022 £	Total 2021 £
Premises and office running costs	-	431	-	431	414
Depreciation and loss on disposal	3,907	-	-	3,907	2,782
Telephone and postage	-	4,111	-	4,111	4,625
Printing and stationery	-	1,301	-	1,301	439
Equipment hire and property repairs	-	3,820	-	3,820	6,197
IT consumables and repairs	-	190	-	190	-
Cleaning	-	3,372	-	3,372	1,048
Light and heat	-	3,546	-	3,546	1,802
Insurance	-	5,542	-	5,542	1,992
Rates and water	-	3,300	-	3,300	(209)
Staff and volunteer expenses	-	364	-	364	1,023
Miscellaneous	-	584	-	584	813
Publications and subscriptions	-	1,615	-	1,615	2,162
Governance costs	-	7,675	-	7,675	901
Bank and credit card charges	-	96	-	96	87
Events and training	-	2,295	-	2,295	3,813
Centre activities and marketing	-	2,499	2,433	4,932	8,206
	3,907	40,741	2,433	47,081	36,095

10. Trustees remuneration and expenses

	Total 2022 £	Total 2021 £
Trustees remuneration	-	-
Trustees' expenses reimbursed	-	-

NORTH LINCOLNSHIRE MIND

Notes to the Financial Statements for the year ended 31 March 2022

11. Taxation

As a charity the company is exempt from Corporation Tax.

12. Tangible Assets

	Freehold land and buildings £	Fixtures and fittings £	Total £
Cost			
At 1 April 2021	58,331	17,848	76,179
Additions	15,490	7,316	22,806
Transfer in from Investments	100,000	-	100,000
Disposal	-	(1,404)	(1,404)
At 31 March 2022	<u>173,821</u>	<u>23,760</u>	<u>197,581</u>
Depreciation			
At 1 April 2021	21,815	6,555	28,370
Charge for the year	730	2,189	2,919
Eliminated on disposals	-	(416)	(416)
31 March 2022	<u>22,545</u>	<u>8,328</u>	<u>30,873</u>
Net Book Value			
At 31 March 2022	<u>151,276</u>	<u>15,432</u>	<u>166,708</u>
At 31 March 2021	<u>36,516</u>	<u>11,293</u>	<u>47,809</u>

13. Investments

The investment asset was a freehold property. During the year the charity took the decision to refurbish the property and use it for it's own charitable purposes as a crisis house. As such the property has been transferred to fixed assets. Work on refurbishing the property was not commenced until March 2022 and as such the fair value of £100,000 is still considered to be the open market value of the property at the balance sheet date.

	Total Unlisted Investments £
Fair value	
At 1 April 2021	100,000
Transfer to fixed assets	<u>(100,000)</u>
At 31 March 2022	<u>Nil</u>

14. Debtors

	Total 2022 £	Total 2021 £
Debtors	47,213	68,428
Prepayments and accrued income	3,146	2,268
	<u>50,359</u>	<u>70,696</u>

NORTH LINCOLNSHIRE MIND

Notes to the Financial Statements for the year ended 31 March 2022

15. Creditors: Amounts falling due within one year

	Total 2022 £	Total 2021 £
Creditors and accruals	11,426	11,197
	11,426	11,197

16. Funds

	Unrestricted funds			Restricted Funds	Total
	Designated Funds	General funds	Revaluation Reserve		
	£	£	£	£	£
Balance at 1.4.21	103,160	221,120	44,649	1,282	370,211
Movement in funds for the year	(3,907)	(17,226)	-	282,845	261,712
Transfers between funds					
-Fixed assets	22,806	(7,148)	-	(15,658)	-
-Core costs	-	2,700	-	(2,700)	-
-write off underspend	-	11	-	(11)	-
Balance at 31.3.22	122,059	199,457	44,649	265,758	631,923

17. Analysis of net assets between funds

	Unrestricted funds			Restricted Funds	Total
	Designated Funds	General funds	Revaluation Reserve		
	£	£	£	£	£
Fixed assets	122,059	-	44,649	-	166,708
Current assets	-	210,883	-	265,758	476,641
Current liabilities	-	(11,426)	-	-	(11,426)
	122,059	199,457	44,649	265,758	631,923

18. Legal status of the charity

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

19. Summary of Restricted Funds

	1.4.21 £	Income £	Expenses £	Transfers		31.3.22 £
				Designated	General	
Sue Craven	468	-	-	-	-	468
Active Humber	814	-	(284)	-	-	530
Connecting minds	-	-	11	-	11	-
Mind-Children & Young Persons	-	22,374	(10,828)	(658)	(2700)	8,188
Coronavirus Job Retention Scheme	-	4,828	(4,828)	-	-	-
Mind-Fundraiser post	-	11,572	-	-	-	11,572
CCG -Talking Minds Plus	-	85,000	-	-	-	85,000
CCG - digital service	-	30,000	-	-	-	30,000
CCG - recovery college	-	50,000	-	-	-	50,000
CCG - Pre/post hospital support	-	80,000	-	-	-	80,000
CCG - Haven House (Capital)	-	15,000	-	(15,000)	-	-
	1,282	298,774	(15,929)	(15,658)	(2,689)	265,758