

Company registration number no 2391367  
Charity registration number no 701801

**NORTH LINCOLNSHIRE MIND**  
(A COMPANY LIMITED BY GUARANTEE)

**ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

Company registration number no 2391367  
Charity registration number no 701801

**NORTH LINCOLNSHIRE MIND  
(FORMERLY SCUNTHORPE & DISTRICT MIND)**

**ANNUAL REPORT AND FINANCIAL STATEMENTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**CONTENTS**

Chief Executive's Introduction	1
Reference and Administrative Details	2
Trustees' Report	3 to 9
Statement of Trustees' Responsibilities	10
Independent Examiner's Report	11
Statement of Financial Activities	12
Balance Sheet	13
Cashflow	14
Notes to the Financial Statements	15 to 21

*If you are interested in mental health, would like to use our services or perhaps contribute some time and energy to help us develop our services please contact us at:*

*North Lincolnshire Mind  
Printers Yard  
Fenton Street  
Scunthorpe  
North Lincolnshire  
DN15 6QX*

*Email: [support@sdmind.org.uk](mailto:support@sdmind.org.uk)  
Tel: 01724 279500*

*<http://www.scunthorpemind.org.uk>*

## **NORTH LINCOLNSHIRE MIND**

### **Chief Executive's Introduction**

I don't think any of us were prepared for the demands that this year has placed on our team with the challenges of a pandemic and multiple lockdowns added to the ever-increasing demands for mental health support. The year began with a hasty transition to remote delivery for all our services, something we would have thought impossible a few weeks earlier. As always our team of trustees, staff and volunteers worked tirelessly to face these challenges and ensured that we have not only continued to provide support but have continued to develop our services to support local people. I really can't thank our team enough for their hard work, dedication and support.

Covid presented a unique challenge in that although we were able to facilitate remote service delivery, many of our service users lacked the resources to be able to engage remotely. We were able to address this by providing both skills support and financial support thanks to funding from national Mind, the Pears Foundation, and the Department of Culture, Media, and Sport. This has made a huge difference in tackling social isolation which has had a detrimental effect on the lives of so many people. The National Emergencies Trust provided a grant which enabled us to delivery a wellbeing pack full of activities to promote positive wellbeing for many of our service users and this was greatly appreciated.

Although this has undoubtedly been a difficult year, I think we have all been able to learn some valuable lessons which will help us to better meet the needs of our beneficiaries. The transition to remote service delivery can be used to make our services more accessible to many, including people with caring responsibilities, people with disabilities, those living in rural areas, or those facing transport problems. We continue to deliver services in a blended format to meet these needs and will no doubt continue to do so.

Technology has also been a useful tool for collaborative working and thanks must also go to our partners in both the statutory and voluntary sector for their support during these difficult times.

As we move forward, Covid is still causing a great deal of worry. A mental health epidemic seems to be following, as predicted by research carried out by Mind. The challenges continue and demand seems to be increasing exponentially, but I'm confident in our team's ability to continue to meet the needs of the people of North Lincolnshire.

**Claire Chapman**

**Chief Executive Officer**

Company registration number no 2391367  
Charity registration number no 701801

## **NORTH LINCOLNSHIRE MIND**

### **Reference and Administrative Details**

DIRECTORS and TRUSTEES	R Gilliatt – appointed 4 November 2014, appointed Chair 28 September 2018 C Phillips – Treasurer, appointed 28 March 2012 E Marshall – appointed 26 February 2018, Deceased 31 December 2021 N Modak – appointed 28 September 2018
REGISTERED OFFICE	Printers Yard Fenton Street Scunthorpe North Lincolnshire DN15 6QX
REGISTERED COMPANY NUMBER	2391367
REGISTERED CHARITY NUMBER	701801
INDEPENDENT EXAMINER	Voluntary Action North Lincolnshire Ltd 4-6 Robert Street Scunthorpe North Lincolnshire DN15 6NG
BANKERS	CAF Bank Limited 25 Kings Hill Avenue Kings Hill West Malling Kent ME 19 4JQ

## **NORTH LINCOLNSHIRE MIND**

### **Trustees' Report**

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

### **Our Team**

#### **Trustees (Executive Committee)**

R Gilliatt – appointed 4 November 2014, appointed Chair 28 September 2018  
C Phillips – Treasurer, appointed 28 March 2012  
E Marshall – appointed 26 February 2018, Deceased 31 December 2021  
N Modak – appointed 28 September 2018

#### **Staff (Paid and unpaid) during the year**

Claire Chapman (Chief Executive Officer)  
Jason Coy (Community Development Worker)  
Jurate Klusaite (Centre Support Worker)  
Linda Harrison (Volunteer)  
Wayne Hopkins (Volunteer/Centre Support Worker)  
Claire Stead (Admin/Centre Support Worker)  
Graham Young (Caretaker)  
Mark Carpenter (Centre Support Worker)  
Susan Carpenter (Centre Support Worker)  
Lisa Wright (Centre Support Worker)  
Paula Mann (Centre Support Worker)  
Vicky Mumby (Centre Support Worker)  
Danielle Smith (Centre Support Worker)  
Richard Brumby (Centre Support Worker)

We would like to thank all of our volunteers for all their time and to acknowledge the valuable contribution they make to the organisation.

## **NORTH LINCOLNSHIRE MIND**

### **Trustees' Report (Continued)**

#### **Chair's Summary**

Once again North Lincolnshire Mind has faced a challenging year with the continuing pandemic both increasing the need for our services and needing more creative ways to deliver them. Fortunately we are blessed with dedicated and talented staff who rise to the challenge to ensure we offer the best help for all service users.

The Haven has gone from strength to strength, the service changing throughout the year to adapt to the needs of service users and the restrictions of the pandemic and this is now recognised as an extremely vital lifeline for many people.

We finally managed to formalise our name change during the year – to reflect that our reach extends beyond the town of Scunthorpe, although the celebrations to mark that have had to be postponed due to the covid restrictions.

We have continued to work closely with The Forge and are in the planning stages of setting up a Crisis House which will be an invaluable support for people in need.

As always, funding is a challenge, and our donations have dropped off somewhat as a result of the pandemic but our team has always made excellent use of our resources and we continue to routinely over-perform on our contracted work.

There are many new plans in the pipeline and we remain excited about the future for North Lincolnshire Mind which I hope will continue to grow and support our local community.

**Ruth Gilliatt**

**Chair**

**North Lincolnshire Mind**

## **NORTH LINCOLNSHIRE MIND**

### **Trustees' Report (Continued)**

#### **Objectives and Activities**

The charity's objectives are to 'promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental disorders and conditions of emotional or mental distress requiring advice or treatment'.

##### **Our Aims**

- To promote a positive image of mental health through challenging stigma, discrimination and inequality
- To provide a range of socially inclusive services to meet the needs of our service users
- To support our service users to have a voice and to ensure that their views are valued and respected
- To campaign on mental health issues

##### **Our Values**

- We take pride in being part of North Lincolnshire Mind
- We commit ourselves to goals that make a positive difference
- We raise expectations of our own performance and that of others
- We seize new opportunities with energy and enthusiasm
- We strive to achieve excellence and quality in all that we do
- We create opportunities to work in partnership with others
- We care, we listen, we respect and we value everyone
- We are accountable for all our decisions and actions

##### **Our Quality Statement**

Quality is at the heart of everything we do. We strive to provide quality services to meet the needs of our members and other stakeholders.

We aim to provide quality services to meet the needs of our service users and other stakeholders by working towards continually improving our practice. A key part of this is our commitment to the Mind Quality Mark which gives us the opportunity to recognise our achievement and also to identify how we can improve the quality of our services to benefit our service users.

##### **Our Mission Statement**

Our mission is to empower people to make positive choices, achieve their aspirations and take control over their own wellbeing by providing quality services to meet the needs of our community.

##### **Activities**

All activities are undertaken to meet the charitable purposes for the public benefit, and due regard has been paid to the public benefit guidance provided by the Charity Commission.

## **NORTH LINCOLNSHIRE MIND**

### **Trustees' Report (Continued)**

The services provided are:

- ***Peer Support***

Our Peer Support sessions provide social support for our service users in a safe environment. Peer support is available 3 afternoons each week, and our staff and volunteers work with service users to encourage them to integrate, develop social skills and also to consider positive steps towards recovery. The service provides informal support and also offers signposting and information about mental health related issues. There are a number of activities available during peer support sessions including a fun quiz, games afternoons, Karaoke.

- ***WRAP group***

Our WRAP group continues to provide a valuable source of support to service users. WRAP gives service users the opportunity to develop their own plan for their recovery journey.

- ***Art/craft activities***

Art/Craft sessions are often requested at our regular open meetings and although attendance is often quite low those that do come along have the chance to explore their creativity and make a variety of projects.

- ***Health & Wellbeing and Physical Activities***

We provide these sessions to promote health and wellbeing and to encourage people using the service to increase their level of physical activity. There is a wealth of evidence to link our mental health and physical health so these sessions aim to promote a better understanding of how we can look after our minds and bodies.

- ***One to one support***

We offer a range of one to one support to facilitate recovery and promote self-management and independence. Including a confidential listening service, life coaching, information and sign posting, and informal advocacy. There is a great deal of demand for this type of support which can enable people to offload and also to explore their options, develop more effective coping strategies as part of their recovery.

- ***Training***

We have two instructors trained to deliver both Mental Health First Aid and Mental Health First Aid Lite. Mental Health First Aid not only increases mental health awareness and literacy. It also enables people to recognise the signs and symptoms of common mental health problems, provide help on a first aid basis and to guide people towards appropriate support. This course has proven very popular and consistently receives excellent feedback. We also have a range of course developed by our team including Mental Health Awareness, Mindfulness, Team WRAP and Mental Health in the Workplace.



## **NORTH LINCOLNSHIRE MIND**

### **Trustees' Report (Continued)**

- ***Coping with Life Courses***

We offer a range of courses designed for people with mild/moderate mental health issues. The courses cover Managing Stress, Managing Anxiety, Building Self Esteem, Coping with Loss and Change, Depression, Assertiveness Skills and Anger Management. These courses give people the opportunity to develop better ways of coping with their mental health. Each course consists of 6 two hour sessions. Groups are small and very informal. Again these courses receive very positive feedback from those attending

- ***Outreach work***

We are pleased to work collaboratively with staff from the Forge Project in Scunthorpe as part of their lottery funded project for homeless/vulnerable people. We provide mental health outreach and liaison at the Forge on a weekly basis.

- ***The Haven***

The Haven provides out of hours mental health support from 6pm to midnight every day. It is open to those over the age of 16 living in North Lincolnshire and provides both group and 1:1 support for people experiencing mental distress.

### **Achievements and Performance**

In the year from 1 April 2020 to 31 March 2021

Day services: Our day services provided 2024 hours of support to 395 people, this included:

- Listening Service: 1151 1:1 appointments by telephone/video or face to face for 283 people
- Telephone support: 1637 calls to 156 people
- WRAP group: 188 attendances at groups either face to face or remotely
- 245 new service users accessed support from our day services

Connecting Minds: 105 people accessed 1038 hours support from Connecting Minds,, including:

- 32 People accessed skills support
- 685 attendances at Connecting Minds social groups
- 49 people accessed financial support for data/broadband etc.
- 54 people engaged in art/craft activities

The Haven: Provided 2731 hours support to 245 hours including:

- 5925 calls providing telephone support for 237 people
- 95 prebooked appointments for 48 people in crisis

### **Financial Review**

During the year total incoming resources were £378,574 (2020 £143,554), the final result for the year was a surplus of £114,477 (2020 deficit £7,241).

## **NORTH LINCOLNSHIRE MIND**

### **Trustees' Report (Continued)**

#### **Reserves Policy**

Our central funding sources are the Clinical Commissioning Group for NHS North Lincolnshire however we also have an active Fundraising Group who have worked hard to supplement our core funding.

Our reserves policy is written in the light of the Charity Commissioner's Guidance "Charities Reserves" (January 2016). Our aim is to keep unrestricted reserves equivalent to 9 months average expenditure and to enable us to cover staff redundancy payments should the need arise. Budgeted expenditure for 2021/2022 is £107,078 and redundancy provision is £22,186 at 31 March 2021, therefore the target is £129,264. The reserves are needed to meet the working capital requirements of the charity and the trustees are confident that at this level they would be able to continue. This policy is reviewed annually by trustees.

#### **Structure, Governance and Management**

##### **Governing Document**

North Lincolnshire Mind is a registered charity and a company limited by guarantee incorporated on 2 June 1989 and registered as a charity on 31 July 1989. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under the Articles of Association. In the event of a winding up of the charity members are required to contribute an amount not exceeding £1.

##### **Organisational Structure**

North Lincolnshire Mind is governed by our Board of Trustees (the Executive Committee) who are responsible for strategic planning and appointing staff to manage the day to day running of the organisation. The staff team work to ensure that the strategic plan is implemented and our services are delivered effectively

The Executive Committee meet monthly and have also organised sub-committees to cover all the statutory and management needs of the organisation. The Executive Committee are responsible for the finance, governance and strategy of the charity. It is also responsible for the review of our policies according to our policy review schedule. Our policies are available on request.

North Lincolnshire Mind is affiliated to the national charity Mind, this affiliation is governed by a membership agreement setting out the conditions of affiliation and a Trademark License

## **NORTH LINCOLNSHIRE MIND**

### **Trustees' Report (Continued)**

#### **Recruitment and Appointment of New Trustees**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Executive Committee.

Under the requirements of the Memorandum and Articles of Association the members of the Board of Trustees are elected to serve to each Annual General Meeting. They must be re-elected at each AGM.

The Trustees are responsible for the recruitment of new Trustees. New trustees are recruited in a number of ways, either as service users/carers, through volunteering in our projects, working in collaboration with us through other agencies or by recommendation. We also register opportunities as a volunteering opportunity with Voluntary Action North Lincolnshire.

Our aim is to ensure that each post is filled by the most appropriate skills whilst also reflecting the diversity of our community. Our recruitment process is as follows, completion of application form, CV, meeting with the Executive committee, visit to a Executive Committee meeting, references/DBS check and the presentation of recommended trustees to the Board/AGM for approval. If there are more suitable candidates than places then an election is held at the AGM. Our Trustees give their time voluntarily and do not receive benefits from North Lincolnshire Mind. Any expenses claimed from the charity are set out in the notes to the financial statements.

#### **Induction and training of new trustees**

Induction is carried out as soon as possible after appointment.

New trustees receive an induction pack including:

- Memorandum and Articles of Association
- Relevant policies
- Role and responsibilities of trustees leaflet
- Minutes from latest Management Committee meeting
- Information about North Lincolnshire Mind and our services
- Operational and Development Plan
- Organisational Structure

New trustees are also encouraged to spend some time in the centre so that they can be introduced to our team and meet our service users. We also arrange training as required (e.g. Mental Health First Aid, Legal Responsibilities of Trustees, etc.). Trustees are required to undergo an appropriate level of training in the areas of mental health awareness and the role and responsibility of a Trustee.

We also expect new trustees to take a proactive approach, to ask questions and read the information provided.

## **NORTH LINCOLNSHIRE MIND**

**Year ended 31 March 2021**

### **Statement of Trustees' Responsibilities**

The trustees (who are also the directors of North Lincolnshire Mind for the purposes of company law) are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and regulations and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice)

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the Trustees of the Charity on .....28/1/2022..... and signed on its behalf by:



**R Gilliatt**  
**Chair**

Company registration number no 2391367

Charity registration number no 701801

### **Independent Examiner's Report to the Trustees (Directors) of North Lincolnshire Mind**

I report on the accounts of North Lincolnshire Mind for the year ended 31 March 2021, which are set out on pages 12 to 21.

#### **Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

#### **Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Chartered Certified Accountants (ACCA).

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not which accord with such records; or
- the accounts do not comply with the relevant accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

(2) I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Mrs Katie Sauvage FCCA  
Voluntary Action North Lincolnshire Limited  
4-6 Robert Street  
Scunthorpe, North Lincolnshire  
DN15 6NG



Date:

28 January 2022

## NORTH LINCOLNSHIRE MIND

### Statement of Financial Activities for the year ended 31 March 2021 (including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Notes	Unrestricted Funds		Restricted Funds	Total 2021 Funds	Unrestricted Funds		Restricted Funds	Total 2020 Funds
		£	£			Designated	General		
<b>Income and endowments</b>									
Donations and gift aid	3	-	16,277	14,304	30,581	-	14,961	538	15,499
Legacies	3	-	72,480	-	72,480	-	-	-	-
Investment income	4	-	2,180	-	2,180	-	2,372	-	2,372
Charitable activities	5	-	226,651	24,196	250,847	-	121,252	-	121,252
Other income	6	-	16,986	5,500	22,486	-	4,431	-	4,431
<b>Total income</b>		-	334,574	44,000	378,574	-	143,016	538	143,554
<b>Expenditure</b>									
Charitable activities	7	2,782	225,285	35,129	263,196	1,997	143,979	4,164	150,140
Governance costs	8	-	901	-	901	-	655	-	655
<b>Total expenditure</b>	9	2,782	226,186	35,129	264,097	1,997	144,634	4,164	150,795
<b>Net income/(expenditure)</b>		(2,782)	108,388	8,871	114,477	(1,997)	(1,618)	(3,626)	(7,241)
<b>Transfers between Funds</b>		8,000	57	(8,057)	-	2,419	(2,419)	-	-
<b>Net movement in funds</b>	16	5,218	108,445	814	114,477	422	(4,037)	(3,626)	(7,241)
<b>Reconciliation of Funds</b>									
<b>Total funds brought forward</b>		97,942	157,324	468	255,734	97,520	161,361	4,094	262,975
<b>Total funds carried forward</b>	16	103,160	265,769	1,282	370,211	97,942	157,324	468	255,734

The statement of financial activities includes all gains and losses recognized in the year.  
All income and expenditure derive from continuing activities.

*The notes on pages 15 to 21 form part of these financial statements.*

## Balance Sheet as at 31 March 2021

	Notes	£	2021 £	£	2020 £
<b>Fixed Assets</b>					
Tangible Assets	12		47,809		42,591
Investments	13		100,000		100,000
<b>Current Assets</b>					
Debtors	14	70,696		46,816	
Cash at bank & in hand		162,903		75,182	
			<u>233,599</u>	<u>121,998</u>	
<b>Creditors: Amounts falling due within one year</b>	15	11,197		8,855	
<b>Net current assets</b>			222,402		113,143
<b>Total net assets</b>			<u>370,211</u>		<u>255,734</u>
<b>Funds of the charity:</b>					
Restricted income funds	16		1,282		468
Unrestricted funds:					
General purpose fund	16		221,120		112,675
Revaluation reserve	16		44,649		44,649
Designated Fund (Fixed Assets)	16		103,160		97,942
	16		<u>370,211</u>		<u>255,734</u>

For the year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

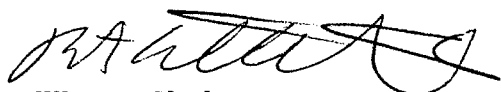
Directors' responsibilities:

- the members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476;
- the directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts;

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS102 SORP.

The financial statements on pages 12 to 21 were approved by the Trustees on .

28/1/2022 and signed on their behalf by:



**R Gilliatt – Chair  
Trustee**

*The notes on pages 15 to 21 form part of these financial statements.*

# **NORTH LINCOLNSHIRE MIND**

## **Statement of Cash Flows**

**For the year ending 31 March 2021**

	Notes	<b>2021</b> <b>£</b>	<b>2020</b> <b>£</b>
<b>Net Movement in Funds</b>		<b>114,477</b>	<b>(7,241)</b>
Add back depreciation charge and loss on disposal	7	2,782	1,997
Deduct interest income shown in investing activities	4	(426)	(444)
Decrease/(increase) in debtors	14	(23,880)	(26,778)
Increase/(decrease) in creditors	15	2,342	5,836
<b>Net cash used in operating activities</b>		<b>95,295</b>	<b>(26,630)</b>
<b>Cash flows from investing activities</b>			
Interest income	4	426	444
Sale of tangible fixed assets	12	-	50
Purchase of tangible fixed assets	12	(8,000)	(2,469)
<b>Cash provided by (used in) investing activities</b>		<b>(7,574)</b>	<b>(1,975)</b>
<b>Cash flows from financing activities</b>			
Repayment of borrowing		-	-
<b>Cash used in financing activities</b>		<b>-</b>	<b>-</b>
Increase/(decrease) in cash and cash equivalents at the beginning of the year		87,721	(28,605)
Cash and cash equivalents at the start of the year		75,182	103,787
<b>Total cash and cash equivalents at the end of the year</b>		<b>162,903</b>	<b>75,182</b>

*The notes on pages 15 to 21 form part of these financial statements.*



## **NORTH LINCOLNSHIRE MIND**

### **Notes to the Financial Statements for the year ended 31 March 2021**

#### **1. Basis of preparation**

North Lincolnshire Mind is a registered charity, registration number 701801, company number 02391367, registered in the United Kingdom. The address of the charity is given in the reference and administrative details on page 1 of these financial statements. The nature of the charity's operations and principal activities are described in the Trustees Annual report set out on pages 3 to 9.

The charity constitutes a public benefit entity as defined by FRS102. The financial statements have been prepared in accordance with Statement of Recommended Practice: Accounting and Reporting by Charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to UK and Republic of Ireland (FRS102) issued on 16 July 2014; and with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and with the Charities Act 2011.

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts present a true and fair view and no changes have been made to the accounting policies adopted in note 2.

#### **2. Accounting policies**

##### **Income and endowments**

- All grants and voluntary income are accounted for gross where receivable, as long as they are capable of financial measurement. This includes gifts in kind, included at estimated valuation. For legacies, entitlement is taken as the date on which notification has been made by the Executors to the Trustees that a distribution will be made.
- Tax reclaims on donations and gifts. Any incoming resources from tax reclaims are included in the Statement of Activities at the same time as the donation or gift to which they relate.
- Investment income is included in the accounts when receivable.

##### **Expenditure**

- All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.
- Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

## **NORTH LINCOLNSHIRE MIND**

### **Notes to the Financial Statements for the year ended 31 March 2021**

- Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

#### **Assets**

- Tangible fixed assets are included at cost. There are no uncapitalised fixed assets.
- Depreciation is provided to write off the cost or valuation, less estimated residual values, of all fixed assets except freehold land, over their expected useful lives. It is calculated at the following rates:

Buildings	2% per annum on written down value
Equipment and fittings	15% per annum on written down value
- Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in the statement of financial activities.

Where fair value cannot be achieved without undue cost or effort, the investment property is accounted for as tangible fixed assets.

Although this accounting policy is in accordance with FRS102, it is a departure from the general requirement of the Companies Act 2006 for all tangible assets to be depreciated. In the opinion of the trustees compliance with the standard is necessary for the financial statements to give a true and fair view. Depreciation or amortisation is only one of many factors reflected in the annual valuation and the amount of this which might otherwise have been charged cannot be separately identified or quantified.

- Debtors are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be achieved.
- Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Liabilities**

- Liabilities are recognised where it is more than likely that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
- The charity has creditors which are measured at settlement amounts less any trade discounts.

## **NORTH LINCOLNSHIRE MIND**

### **Notes to the Financial Statements for the year ended 31 March 2021**

- Basic financial instruments are accounted for on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19. FRS102 SORP.

#### **Fund Accounting**

Funds held by the charity are:

- Unrestricted general funds – these are funds which can be used in accordance with the aims of the charity at the discretion of the trustees.
- Designated funds – these are unrestricted funds which have been set aside by the trustees representing the carrying value of all fixed assets held by the charity.
- Restricted funds – these are funds arising from donations, contracts and grants received in respect of specific projects. Deficits arising in the year are covered by unrestricted funds.

### **3. Income from Donations**

During the year the charity received numerous donations. The Charity intends to use the donations to support its general purposes.

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2021 £</b>	<b>Total 2020 £</b>
Donations and Gift Aid	16,277	-	16,277	14,961
Coronavirus Job Retention	-	14,304	14,304	538
	<u>16,277</u>	<u>14,304</u>	<u>30,581</u>	<u>15,499</u>

#### **Income from Legacies**

During the year the charity received a significant legacy £72,480 (2020 – NIL). The Charity intends to use the legacy to support its general purposes.

### **4. Investment income**

	<b>Total 2021 £</b>	<b>Total 2020 £</b>
Bank interest	426	444
Rental Income	1,754	1,928
	<u>2,180</u>	<u>2,372</u>

### **5. Income from charitable activities**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2021 £</b>	<b>Total 2020 £</b>
NHS re North Lincolnshire	78,790	-	78,790	78,441
CCG re Crisis Project (Haven)	143,701	-	143,701	35,926
Mental Health Link worker	4,160	-	4,160	6,885
Mind grant -Connecting Minds	-	20,696	20,696	-
Grant – Active Humber	-	1,000	1,000	-
Grant –Lincs Community Fund	-	2,500	2,500	-
	<u>226,651</u>	<u>24,196</u>	<u>250,847</u>	<u>121,252</u>

# **NORTH LINCOLNSHIRE MIND**

## **Notes to the Financial Statements for the year ended 31 March 2021**

### **6. Other Income**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2021</b>	<b>Total 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Room hire	1,050	-	1,050	4,336
Subscriptions	5	-	5	95
Grant – Mind re IT	-	5,000	5,000	-
Grant – Mind re digital service	-	500	500	-
North Lincs Council – Coronavirus support grant	15,931	-	15,931	-
	<u>16,986</u>	<u>5,500</u>	<u>22,486</u>	<u>4,431</u>

### **7. Charitable activities**

	<b>Designated Funds</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2021</b>	<b>Total 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Support and development of mental health	2,782	224,813	35,129	262,724	147,785
Training/conferences	-	472	-	472	2,355
	<u>2,782</u>	<u>225,285</u>	<u>35,129</u>	<u>263,196</u>	<u>150,140</u>

### **8. Governance costs**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2021</b>	<b>Total 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Legal & Professional	601	-	601	355
Independent Examination	300	-	300	300
	<u>901</u>	<u>-</u>	<u>901</u>	<u>655</u>

### **9. Total expenditure**

	<b>Staff costs</b>	<b>Other costs</b>	<b>Total 2021</b>	<b>Total 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Charitable activities	228,002	35,194	263,196	150,140
Governance costs	-	901	901	655
	<u>228,002</u>	<u>36,095</u>	<u>264,097</u>	<u>150,795</u>

# **NORTH LINCOLNSHIRE MIND**

## **Notes to the Financial Statements for the year ended 31 March 2021**

### **9. Total expenditure (continued)**

<b>Staff Costs</b>	<b>Restricted</b>	<b>Unrestricted</b>	<b>Total 2021 £</b>	<b>Total 2020 £</b>
Wages and salaries	26,098	185,520	211,618	113,608
Employer's NIC	-	12,487	12,487	5,383
Employer's pension contributions	-	3,897	3,897	1,939
	<b>26,098</b>	<b>201,904</b>	<b>228,002</b>	<b>120,930</b>

No member of staff is paid over £60,000 per year.

The average number of employees, analysed by function, was:

	<b>Total 2021</b>	<b>Total 2020</b>
Charitable activities	7	7
Administration	1	1
	<b>8</b>	<b>8</b>

<b>Other Costs</b>	<b>Unrestricted Designated</b>	<b>Unrestricted General</b>	<b>Restricted</b>	<b>Total 2021 £</b>	<b>Total 2020 £</b>
Premises and office running costs	-	414	-	414	410
Depreciation and loss on disposal	2,782	-	-	2,782	1,997
Telephone and postage	-	4,300	325	4,625	2,239
Printing and stationery	-	439	-	439	3,658
Equipment hire and property repairs	-	6,197	-	6,197	7,188
IT consumables and repairs	-	-	-	-	208
Cleaning	-	1,048	-	1,048	1,018
Light and heat	-	1,802	-	1,802	2,627
Insurance	-	1,992	-	1,992	1,363
Rates and water	-	(209)	-	(209)	463
Staff and volunteer expenses	-	1,023	-	1,023	1,383
Miscellaneous	-	813	-	813	263
Publications and subscriptions	-	1,662	500	2,162	1,117
Governance costs	-	901	-	901	655
Bank and credit card charges	-	87	-	87	77
Events and training	-	3,813	-	3,813	5,199
Centre activities and marketing	-	-	8,206	8,206	-
	<b>2,782</b>	<b>24,282</b>	<b>9,031</b>	<b>36,095</b>	<b>29,865</b>

### **10. Trustees remuneration and expenses**

	<b>Total 2021 £</b>	<b>Total 2020 £</b>
Trustees remuneration	-	-
Trustees' expenses reimbursed	-	-

# **NORTH LINCOLNSHIRE MIND**

## **Notes to the Financial Statements for the year ended 31 March 2021**

### **11. Taxation**

As a charity the company is exempt from Corporation Tax.

### **12. Tangible Assets**

	<b>Freehold land and buildings £</b>	<b>Fixtures and fittings £</b>	<b>Total £</b>
<b>Cost</b>			
At 1 April 2020	58,331	11,165	69,496
Additions	-	8,000	8,000
Disposal	-	(1,317)	(1,317)
At 31 March 2021	<u>58,331</u>	<u>17,848</u>	<u>76,179</u>
<b>Depreciation</b>			
At 1 April 2020	21,069	5,836	26,905
Charge for the year	746	1,574	2,320
Eliminated on disposals	-	(855)	(855)
31 March 2021	<u>21,815</u>	<u>6,555</u>	<u>28,370</u>
<b>Net Book Value</b>			
At 31 March 2021	<u>36,516</u>	<u>11,293</u>	<u>47,809</u>
At 31 March 2020	<u>37,262</u>	<u>5,329</u>	<u>42,591</u>

### **13. Investments**

The investment asset is a freehold property. The fair value of the investment property has been arrived at the basis of an open market value on an existing use basis at £100,000 in October 2014 by North Lincolnshire Homes Limited (Ongo), the lessees for insurance purposes. The Trustees consider this valuation represents fair value at the balance sheet date.

	<b>Total Unlisted Investments £</b>
<b>Fair value</b>	
At 1 April 2020 and at 31 March 2021	<u>100,000</u>

### **14. Debtors**

	<b>Total 2021 £</b>	<b>Total 2020 £</b>
Debtors	68,428	43,966
Prepayments and accrued income	2,268	2,850
	<u>70,696</u>	<u>46,816</u>

# **NORTH LINCOLNSHIRE MIND**

## **Notes to the Financial Statements for the year ended 31 March 2021**

### **15. Creditors: Amounts falling due within one year**

	<b>Total 2021 £</b>	<b>Total 2020 £</b>
Creditors and accruals	11,197	8,855
	<u>11,197</u>	<u>8,855</u>

### **16. Funds**

	<b>Unrestricted funds</b>			<b>Restricted Funds</b>	<b>Total</b>
	<b>Designated Funds £</b>	<b>General funds £</b>	<b>Revaluation Reserve £</b>	<b>£</b>	<b>£</b>
Balance at 1.4.20	97,942	112,675	44,649	468	255,734
Movement in funds for the year	(2,782)	108,388	-	8,871	114,477
Transfers between funds					
-Fixed assets	8,000	(1,211)	-	(6,789)	-
-Core costs	-	1,451	-	(1,451)	-
-Grant overspend	-	(327)	-	327	-
-Grant underspend	-	144	-	(144)	-
Balance at 31.3.21	<u>103,160</u>	<u>221,120</u>	<u>44,649</u>	<u>1,282</u>	<u>370,211</u>

### **17. Analysis of net assets between funds**

	<b>Unrestricted funds</b>			<b>Restricted Funds</b>	<b>Total</b>
	<b>Designated Funds £</b>	<b>General funds £</b>	<b>Revaluation Reserve £</b>	<b>£</b>	<b>£</b>
Fixed assets	103,160	-	44,649	-	147,809
Current assets	-	231,386	-	2,213	233,599
Current liabilities	-	(10,266)	-	(931)	(11,197)
	<u>103,160</u>	<u>221,120</u>	<u>44,649</u>	<u>1,282</u>	<u>370,211</u>

### **18. Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity.

### **19. Summary of Restricted Funds**

	<b>1.4.20 £</b>	<b>Income £</b>	<b>Expenses £</b>	<b>Transfers Designated</b>	<b>Transfers General</b>	<b>31.3.21 £</b>
Sue Craven	468	-	-	-	-	468
Connecting Minds	-	20,696	(17,371)	(1,730)	(1,595)	-
Active Humber	-	1,000	(186)	-	-	814
Lincs Community Fund	-	2,500	(2,768)	-	268	-
Coronavirus Job Retention Scheme	-	14,304	(14,304)	-	-	-
Mind re IT	-	5,000	-	(5,058)	58	-
Mind re digital service	-	500	(500)	-	-	-
	<u>468</u>	<u>44,000</u>	<u>(35,129)</u>	<u>(6,788)</u>	<u>(1,269)</u>	<u>1,282</u>