

# HEREFORDSHIRE MIND

England & Wales · Charity number 701260

## Details

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**Other names**                      HEREFORDSHIRE MIND ASSOCIATION

**Status**                              Registered

**Legal form**                        Charitable company

**Company number**                [02339094](#)

**Registered**                        1989-02-27

**Register**                          [View on the Charity Commission register](#)

## Contact

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**Address**                            Herefordshire M I N D  
Heffernan House  
130-132 Widemarsh Street  
Hereford  
HR4 9HN

**Phone**                              01432372403

**Email**                                [info@herefordshire-mind.org.uk](mailto:info@herefordshire-mind.org.uk)

**Website**                            [www.herefordshire-mind.org.uk](http://www.herefordshire-mind.org.uk)

## Activities

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**Objects:** TO PROMOTE MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT IN THE FORMER COUNTY OF HEREFORDSHIRE AND ENVIRONS IN ASSOCIATION WITH MIND (NATIONAL ASSOCIATION OF MENTAL HEALTH) AND IN ACCORDANCE WITH THE AIMS AND OBJECTIVES OF MIND.

**Activities:** We want a better life for people with experience of mental distress so they can live full lives and play their part in society. We work with people in a variety of ways and settings to help overcome barriers to engaging in the community and to encourage them to move forward to achieving their potential and aspirations.

## Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Accommodation/housing, Amateur Sport
- **Who:** People With Disabilities, Other Defined Groups

## Geography

- **Area of benefit:** FORMER COUNTY OF HEREFORDSHIRE AND ENVIRONS
- Gloucestershire
- Herefordshire
- Shropshire
- Worcestershire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£945,292	£1,008,219	£1,042,574	45
2024-03-31	£828,617	£966,022	£1,105,501	44
2023-03-31	£1,502,822	£1,410,398	£1,242,906	61
2022-03-31	£1,474,732	£1,075,336	£1,150,482	60
2021-03-31	£1,309,675	£1,097,878	£575,684	51

## Trustees

Name	Role	Appointed
ADRIAN WILCOX		2017-05-15
Alan Last		2018-11-23
Dr SUSAN LAMERTON		2022-12-07
HANNAH JANE SAMPSON		2024-12-02
JAMIE ALEXANDER IAN PERRY		2024-12-02
KERRY ANN DIAMOND		2026-02-02
Katharine Stones		2024-04-08
Paul Dawson		2024-12-02

**HEREFORDSHIRE MIND**

England & Wales - Charity number 701260

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# Accounts

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**Draft Financial Statements at 18 September 2025 at 12:18:06**

**Charity Registration No. 701260**

**Company Registration No. 02339094 (England and Wales)**

**HEREFORDSHIRE MIND**

**ANNUAL REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2025**

# HEREFORDSHIRE MIND

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mr A Wilcox Mr A Fry Mr A Last Dr S Lamerton Mr S Powell Ms K Stones Dr P Dawson Mr J Perry Mrs H Sampson	(Appointed 8 April 2024) (Appointed 2 December 2024) (Appointed 2 December 2024) (Appointed 2 December 2024)
<b>Chief Executive</b>	Ms A Lawrence	
<b>Charity number</b>	701260	
<b>Company number</b>	02339094	
<b>Registered and Principal office</b>	Heffernan House 130-132 Widemarsh Street Hereford HR4 9HN	
<b>Auditor</b>	Kendall Wadley LLP Granta Lodge 71 Graham Road Malvern Worcestershire WR14 2JS	
<b>Bankers</b>	CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4JQ	

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# HEREFORDSHIRE MIND

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# HEREFORDSHIRE MIND

## CHAIRMAN'S STATEMENT

### *FOR THE YEAR ENDED 31 MARCH 2025*

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#### **Chair's introduction**

This year, we have continued our commitment to ensuring that no one faces mental health challenges alone. This past year has reminded me—again and again—why I'm so proud to be part of Herefordshire Mind.

As Chair of the Board of Trustees, I've had the privilege of seeing up close the dedication, compassion, and sheer hard work that goes into supporting people across our community. Whether it's a quiet conversation, a group session, or a new initiative taking shape, every action is rooted in care and a belief that mental health support should be there for everyone, without barriers.

To this end our focus has been on strengthening our financial health, expanding the skill set of our Board and wider organisation, and developing a cohesive five-year service development strategy. We have also worked hard to build resilience within our teams and structured our governance procedures.

Having established our three and five year plans at a collaborative Awayday, attended by the Board of Trustees, Senior Management Team and Service Managers, we have a clear vision of our direction of development and this report outlines the first year in our development strategy.

.....

Sue Lamerton

**Chairman**

Date: .....

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

#### *FOR THE YEAR ENDED 31 MARCH 2025*

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The Trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The Charity's objects are to focus on assisting in relieving and rehabilitating persons suffering from mental disorders or conditions of emotional or mental distress. There is unrestricted access to our services for all affected by such conditions and in consequence the activities delivered are for public benefit.

Our vision is of a world where everyone gets the respect and support they need to achieve good mental wellbeing.

To realise this, our Mission is to provide quality support, whilst raising awareness and promoting understanding about mental health issues.

We are (our Values)...

Independent: we will use our independence to speak out on behalf of people with mental health problems.

Responsive: we listen to what people tell us and act on this.

Open: we are transparent and accountable in all that we do.

Collaborative: working with others, we achieve more.

Creative: we nurture creativity and innovation.

The Trustees have paid due regard to guidance on public benefit issued by the Charity Commission in deciding what activities the Charity should undertake.

We continue to provide Community Hub Activities, which is the original core service, operating from our hub in Heffernan House, with "outreach" across the county delivering activities and support-based work.

With the changes in public sector funding, Herefordshire Mind has been under continuing pressure to seek additional sources of funding and we are grateful for the considerable support from the public and charitable funders.

We remain dependent on funding, donations, corporate sponsorship and legacies for much of what we deliver and we would like to thank all those organisations, national and local, charitable foundations and individuals who have helped to sustain our work.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 MARCH 2025

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#### **Achievements and performance**

In 2024 – 2025 Herefordshire Mind continued to grow and strengthen its work to ensure no one faces a mental health problem alone.

#### **Fundraising**

Herefordshire Mind has been supported in 2024 - 2025 by funds raised through members of the community (£28,145) and through grants applications (£27,500). The total amount raised in 2024/25 is £55,645. We raised a further £5,940 of income from training.

See page 22 for funding breakdown.

In 2024/25 Herefordshire Mind did not employ a specific fundraiser, however one member of the senior team undertook grant and community fundraising as part of their wider remit. The board of trustees have taken a decision to employ two part-time fundraisers, one will concentrate on grant fundraising and the other will support individuals, community groups and corporate partners to fundraise on our behalf. Herefordshire Mind does not employ the services of external professional fundraisers.

Herefordshire Mind is not currently a member of the funding regulator but will work towards ensuring that we meet all the standards in order register during the next financial year. Herefordshire Mind has not received any complaints in relation to fundraising.

#### **Service Delivery and Development**

Over the past year, Herefordshire Mind has supported approximately 300 individuals each week, offering a diverse range of mental health services and community-based support.

#### **Counselling Services**

Affordable Counselling Service. Delivered counselling to 277 clients, while also providing training and placement opportunities for 26 volunteer counsellors.

#### **Peer Support Groups**

Peer Support and Activity Groups. Engaging over 90 people each week in a variety of inclusive activities including art, music, and gardening. In addition we provide tailored support through, workshops for neurodiverse people, a peer-led group supporting the trans community, an anxiety management group as well as carer-specific support sessions.

#### **Safe Haven**

Safe Haven. Open 365 days a year, our Safe Haven responded to 2,333 calls, offering immediate support and crisis intervention.

#### **Link Workers within Community Mental Health Teams**

Social Prescribing Link Workers provided one-to-one support across Herefordshire, helping people address non-clinical factors impacting their mental health, such as isolation, housing, and personal finance.

#### **Community Support**

A community Mental Health service supporting 36 people with mental health difficulties to continue to live independently in the community.

#### **Housing in Mind**

Supported Housing for 11 people providing intensive housing support to prepare people to live independently.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 MARCH 2025

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#### Financial review

In common with the rest of the 3rd sector and with all suppliers of health and social care services, our environment remains very difficult, comprising a steady increase in the demand for services coupled with continued pressures on funding.

During the charity total income amounted to £945,292, which was an increase of £116,675 on the prior year, this was mainly due to an increase in supportive housing income received.

Total expenditure amounted to £1,008,219, which led to an overall decrease in funds of £62,927 for the year (2024 £137,405 decrease in funds).

Total reserves as at 31 March 2025 amounted to £1,042,574 (2024: £1,105,501), which comprised, restricted funds of £532,161, designated funds set aside for future funding purposes of £171,273 and unrestricted funds of £339,140.

The Board of Trustees established an objective, for free reserves (unrestricted funds not committed or invested in tangible fixed assets) to equal one month of resources expended; this equates to approximately £84,000 at 2024/25 expenditure levels. At this level the Board of Trustees feel the organisation would be able to meet most contingencies without affecting day-to-day activities.

Free reserves as at the year end amounted to a surplus of £240,398 (2024: £244,991).

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Maintaining financial stability remains a key priority. Like many charities, we have faced challenges and with Minimum wage increases and with the Employers National Insurance contribution increases from April 2025 these challenges continue. These changes have had a direct impact on our operating costs and required us to take proactive steps to safeguard our services. We have managed this by reconfiguring the delivery of some of our services and from April 2025 we are investing in our community and fundraising capacity to further diversify our income.

The Finance Subgroup of Trustees, established last year, has enabled deeper scrutiny of our accounts, with findings regularly presented to the full Board for review.

We are also grateful for the support of the Cranfield Trust, whose expert consultancy has helped us explore our financial planning and succession planning within our finance team.

#### Quality and Recognition

##### Mind Quality Mark (MQM)

In the middle of the year, we participated in the Mind Federation's three-yearly Mind Quality Mark (MQM) assessment. MQM is the quality framework for local Minds, designed to ensure organisations are sustainable, effective, and influential in serving their communities. It sets out the baseline for best practice and legal compliance across all areas of governance and operations.

The MQM assessment covers four key domains;

- Leadership and Governance
- Finance and Policies
- Services and People
- Influence and Engagement.

The process was rigorous and comprehensive. It involved multiple online meetings, a two-day onsite visit by the inspection team, and interviews with representatives from across our organisation - including staff, volunteers, trustees, and service users.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 MARCH 2025

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The process prompted valuable reflection and led to the development of new procedures. We were proud to be awarded the **Mind Quality Mark**, affirming our commitment to excellence and accountability.

We have also been nominated for **Excellence Awards** in three categories: Leadership, Effective Services, and Workforce and Culture.

Our Services were described by the MQM review team as being holistic and providing life changing support to people. Our staff team was described as a caring, skilled and motivated workforce where lived experience is seen as an asset.

These recognitions stand as a testament to the visionary leadership of our CEO, Alicia Lawrence, the dedication of our staff, and the values that guide our organisation each day. We are honoured by this acknowledgment and remain committed to driving continuous improvement in support of the communities we work with.

#### **Future plans**

As we move into the next year of our development strategy, we do so with clarity, ambition, and a deep commitment to the people of Herefordshire.

Our focus will remain on expanding the reach and impact of our services - particularly in rural areas of Herefordshire. We will continue to build on the foundations laid this year, using the insights from our Mind Quality Mark assessment and the feedback from those who use our services to guide our next steps.

We are also committed to deepening our understanding of the difference we make. By embedding more qualitative research into our work, we aim to capture the real stories behind the statistics - stories that help us learn, improve, and advocate more effectively.

Financial sustainability will remain a priority, and we will continue to explore new funding opportunities and partnerships. The evolving landscape of mental health support presents both challenges and opportunities, and we are determined to respond with creativity, compassion, and resilience.

Above all, we will keep listening - to our staff, our volunteers, our partners, and most importantly, to the people who rely on us. Their voices will continue to shape our journey.

#### **Acknowledgements**

To our staff, volunteers, partners, and supporters: thank you. You are the heart of this organisation. And to those we support - thank you for trusting us. Your courage and honesty shape everything we do.

We would like to thank everyone who has donated and supported our work this year whether you brought a calendar, ran a race or made an online donation. With particular mention to The Eveson Foundation, The Bulmer foundation, The Boarder Belles, Herefordshire Board gamers and Sallys place for their donations. Your support enables us to reach more people, innovate in our services, and continue to work towards ensuring that no in Herefordshire faces a Mental Health problem alone.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 MARCH 2025

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#### Trustee Board Development

This year, we have taken significant steps to strengthen and diversify our Trustee Board. Our aim has been to ensure a balanced representation of skills, backgrounds, and perspectives that reflect the communities we are part of and support the strategic direction of the organisation.

We successfully recruited new Trustees with expertise in fundraising and community engagement, enhancing the Board's capacity to provide informed oversight and guidance.

In response to feedback from our staff survey, which highlighted a desire for greater visibility and engagement from Trustees, we have made this a priority. The Chair of the Board has held informal meetings with all Service Managers, fostering stronger relationships and improving communication between governance and operations.

We continue to encourage active participation from Trustees in activities, including attendance at service events, involvement in strategic planning sessions, and engagement with staff and service users.

#### Structure, governance and management

The Charity is a company limited by guarantee incorporated in England and Wales. The Charitable Company is governed by its Memorandum and Articles of Association dated 25 January 1989 and as amended by special resolution dated 16 July 1991, 26 July 1994, 18 January 2000 and 21 November 2001.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mr A Wilcox

Mr A Fry

Mr A Last

Dr S Lamerton

Mr S Powell

Ms K Stones

(Appointed 8 April 2024)

Dr P Dawson

(Appointed 2 December 2024)

Mr J Perry

(Appointed 2 December 2024)

Mrs H Sampson

(Appointed 2 December 2024)

The Trustees of Herefordshire Mind are appointed either through election at the Annual General Meeting or by co-option by existing Trustees at their meetings during the year. New Trustees are given an induction pack that explains their legal obligations under charity and company law and their proposed role in the charity. They are also given an opportunity to see the charities operations and to meet key employees and the Trustees.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The board of Trustees administers the charity. The board appoints a Chief Executive Officer to manage the day to day operations of the charity and there is further delegation, within terms approved by the Trustees. The Chief Executive Officer is Alicia Lawrence.

The pay of key management personnel is set by the Board having due regard to responsibilities, experience and rates of pay in the health sector.

**HEREFORDSHIRE MIND**

**TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)**  
***FOR THE YEAR ENDED 31 MARCH 2025***

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**Disclosure of information to auditor**

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The Trustees' report was approved by the Board of Trustees.

.....

**Dr S Lamerton**

Trustee (Director)

Dated: .....

## HEREFORDSHIRE MIND

### STATEMENT OF TRUSTEES' RESPONSIBILITIES

#### *FOR THE YEAR ENDED 31 MARCH 2025*

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The Trustees, who are also the directors of Herefordshire Mind for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## HEREFORDSHIRE MIND

### INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF HEREFORDSHIRE MIND

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#### Opinion

We have audited the financial statements of Herefordshire Mind (the 'Charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

#### Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustees' report; or
  - sufficient accounting records have not been kept; or
  - the financial statements are not in agreement with the accounting records; or
  - we have not received all the information and explanations we require for our audit.
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## HEREFORDSHIRE MIND

### INDEPENDENT AUDITOR'S REPORT (CONTINUED)

#### TO THE TRUSTEES OF HEREFORDSHIRE MIND

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##### **Responsibilities of Trustees**

As explained more fully in the statement of Trustees' responsibilities, the Trustees, who are also the directors of the Charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

##### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

##### **Extent to which the audit was considered capable of detecting irregularities, including fraud**

- an understanding of the risk assessment process (including the assessment of the risk of fraud) adopted by the Board is obtained and their attitude to risk ascertained.

- an assessment of the susceptibility to material mis-statement of the financial statements as a result of management over-ride or fraud is made.

- it is ensured that the engagement team have, collectively, the appropriate competence, capabilities and skills to be involved in the assignment, are fully briefed and understand the risks specific to the charity.

##### **Audit response to risks identified**

The information obtained through the assessment to risk procedures is reviewed and the following work undertaken:

- processes to test the outcomes of our assessment include, a review of Board minutes, analytical review, the relevance and accuracy of significant accounting estimates, substantive testing of significant transactions, work to identify unusual or unexpected accounting entries including the testing of journal entries, information disclosed in the financial statements is traced to supporting documentation. In all instances it is acknowledged that material mis-statements that arise from fraud may involve deliberate concealment or collusion and are, therefore, by their very nature harder to detect than those arising from error.

- an understanding of the legal and regulatory framework as applicable to the charity is obtained together with knowledge of the procedures put in place by the charity in order to comply with the same.

It should be noted that Auditing standards limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

## HEREFORDSHIRE MIND

### INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEREFORDSHIRE MIND

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#### Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

**Sarah Morley BA (Hons) ACA (Senior Statutory Auditor)**  
for and on behalf of Kendall Wadley LLP

.....

**Chartered Accountants**  
**Statutory Auditor**

Granta Lodge  
71 Graham Road  
Malvern  
Worcestershire  
WR14 2JS

Kendall Wadley LLP is eligible for appointment as auditor of the Charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

**HEREFORDSHIRE MIND****STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2025**

Current financial year		Unrestricted funds general 2025 £	Unrestricted funds designated 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
	Notes					
<b>Income and endowments from:</b>						
Donations and legacies	3	27,364	19,612	28,224	75,200	82,930
Charitable activities	4	801,121	-	-	801,121	687,504
Other trading activities	5	21,136	-	-	21,136	25,956
Investments	6	8,589	-	-	8,589	9,806
Other income	7	39,246	-	-	39,246	22,421
<b>Total income</b>		<b>897,456</b>	<b>19,612</b>	<b>28,224</b>	<b>945,292</b>	<b>828,617</b>
<b>Expenditure on:</b>						
Raising funds	8	15,961	-	-	15,961	1,334
Charitable activities	9	878,176	86,004	28,078	992,258	964,688
<b>Total expenditure</b>		<b>894,137</b>	<b>86,004</b>	<b>28,078</b>	<b>1,008,219</b>	<b>966,022</b>
<b>Net income/(expenditure)</b>		<b>3,319</b>	<b>(66,392)</b>	<b>146</b>	<b>(62,927)</b>	<b>(137,405)</b>
Transfers between funds	14	(18,798)	18,798	-	-	-
<b>Net movement in funds</b>	<b>12</b>	<b>(15,479)</b>	<b>(47,594)</b>	<b>146</b>	<b>(62,927)</b>	<b>(137,405)</b>
<b>Reconciliation of funds:</b>						
Fund balances at 1 April 2024		354,619	218,867	532,015	1,105,501	1,242,906
<b>Fund balances at 31 March 2025</b>		<b>339,140</b>	<b>171,273</b>	<b>532,161</b>	<b>1,042,574</b>	<b>1,105,501</b>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

**HEREFORDSHIRE MIND****STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)  
INCLUDING INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2025**

Prior financial year		Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes				
<b>Income and endowments from:</b>					
Donations and legacies	3	45,075	11,815	26,040	82,930
Charitable activities	4	687,504	-	-	687,504
Other trading activities	5	25,956	-	-	25,956
Investments	6	9,806	-	-	9,806
Other income	7	22,421	-	-	22,421
<b>Total income</b>		<b>790,762</b>	<b>11,815</b>	<b>26,040</b>	<b>828,617</b>
<b>Expenditure on:</b>					
Raising funds	8	1,287	-	47	1,334
Charitable activities	9	826,425	127,638	10,625	964,688
<b>Total expenditure</b>		<b>827,712</b>	<b>127,638</b>	<b>10,672</b>	<b>966,022</b>
<b>Net income/(expenditure)</b>		<b>(36,950)</b>	<b>(115,823)</b>	<b>15,368</b>	<b>(137,405)</b>
Transfers between funds	14	(64,049)	91,605	(27,556)	-
<b>Net movement in funds</b>	<b>12</b>	<b>(100,999)</b>	<b>(24,218)</b>	<b>(12,188)</b>	<b>(137,405)</b>
<b>Reconciliation of funds:</b>					
Fund balances at 1 April 2023		455,618	243,085	544,203	1,242,906
<b>Fund balances at 31 March 2024</b>		<b>354,619</b>	<b>218,867</b>	<b>532,015</b>	<b>1,105,501</b>

**HEREFORDSHIRE MIND****BALANCE SHEET****AS AT 31 MARCH 2025**

	Notes	2025		2024	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	17		682,686		703,203
<b>Current assets</b>					
Debtors	18	68,872		41,730	
Cash at bank and in hand		351,044		477,558	
		419,916		519,288	
<b>Creditors: amounts falling due within one year</b>	19	(60,028)		(116,990)	
Net current assets			359,888		402,298
<b>Total net assets</b>			1,042,574		1,105,501
<b>Income funds</b>					
Restricted funds	21		532,161		532,015
Designated funds	22		171,273		218,867
Unrestricted funds			339,140		354,619
			1,042,574		1,105,501

**HEREFORDSHIRE MIND**

**BALANCE SHEET (CONTINUED)**

**AS AT 31 MARCH 2025**

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025, although an audit has been carried out under section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on .....

.....

Dr S Lamerton

**Trustee (Director)**

**Company Registration No. 02339094**

**HEREFORDSHIRE MIND****STATEMENT OF CASH FLOWS****FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	2025 £	£	2024 £	£
<b>Cash flows from operating activities</b>					
Cash absorbed by operations	25		(133,326)		(18,107)
<b>Investing activities</b>					
Purchase of tangible fixed assets		(1,776)		(42,583)	
Interest received		8,588		9,805	
<b>Net cash generated from/(used in) investing activities</b>					
			6,812		(32,778)
<b>Net cash used in financing activities</b>					
			-		-
<b>Net decrease in cash and cash equivalents</b>					
			(126,514)		(50,885)
Cash and cash equivalents at beginning of year					
			477,558		528,443
<b>Cash and cash equivalents at end of year</b>					
			351,044		477,558

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2025

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#### 1 Accounting policies

##### Company information

Herefordshire Mind is a private company limited by guarantee incorporated in England and Wales (number 02339094) and a charity registered in England and Wales (number 701260). The registered office is Heffernan House, 130-132 Widemarsh Street, Hereford, HR4 9HN.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

#### 1.2 Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future and that there are no material uncertainties about its ability to continue. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Incoming resources

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

#### 1.5 Resources expended

All expenses are accounted for on an accruals basis. Liabilities are recognised when they are incurred.

Costs of generating funds comprise those costs directly attributable to raising funds through activities.

Direct charitable expenditure includes all overhead costs in supporting the direct charitable activities.

Governance costs comprise those costs not already deemed as overhead costs and not associated with achieving the direct charitable activities.

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2025

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#### 1 Accounting policies

(Continued)

##### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% or 20% on cost, land is not depreciated
Fixtures and fittings	20% on cost
Computers	33.33% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

The capitalisation policy for additions is £1,000.

##### 1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

##### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, and other short-term liquid investments with original maturities of three months or less.

##### 1.9 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2025

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## 1 Accounting policies

(Continued)

### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

### 1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

## 2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Such estimates include the establishment of an appropriate depreciation policy in respect of tangible fixed assets to ensure book value is compatible with market value. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2025**

3 Donations and legacies	Unrestricted funds general		Unrestricted funds		Restricted funds		Total		Total
	2025	£	2025	£	2025	£	2025	£	
	27,364	£	19,612	£	28,224	£	75,200	£	82,930
Donations and gifts							45,075	£	26,040
							11,815	£	

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2025****4 Charitable activities**

	Community Mental Health Transformation	Heff Activities and Peer Support	Safe Haven	Community Support Housing	Total 2025	Total 2024
	£	£	£	£	£	£
<b>Grants/ contracts with Local Authorities &amp; Statutory Bodies</b>						
Herefordshire NHS CCG	205,026	67,651	154,632	-	427,309	407,320
<b>Other incoming resources</b>						
Supportive housing	-	-	-	223,647	223,647	141,875
Contributions from service users	-	-	-	19,721	19,721	13,412
Room hire	-	-	-	-	-	521
Community support	-	-	-	130,444	130,444	124,376
	<u>205,026</u>	<u>67,651</u>	<u>154,632</u>	<u>373,812</u>	<u>801,121</u>	<u>687,504</u>
Analysis by fund						
Unrestricted funds - general	<u>205,026</u>	<u>67,651</u>	<u>154,632</u>	<u>373,812</u>	<u>801,121</u>	<u>687,504</u>
	<u>205,026</u>	<u>67,651</u>	<u>154,632</u>	<u>373,812</u>	<u>801,121</u>	<u>687,504</u>
<b>For the year ended 31 March 2024</b>						
Unrestricted funds - general	<u>204,656</u>	<u>10,244</u>	<u>175,320</u>	<u>172,908</u>		<u>687,504</u>
	<u>204,656</u>	<u>10,244</u>	<u>175,320</u>	<u>172,908</u>		<u>687,504</u>

**5 Activities for generating funds**

	2025	2024
	£	£
Fundraising events	15,196	14,856
Training	5,940	11,100
Activities for generating funds	<u>21,136</u>	<u>25,956</u>

All unrestricted activities.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2025****6 Income from investments**

	<b>Unrestricted funds 2025 £</b>	<b>Unrestricted funds 2024 £</b>
Interest receivable	8,589	9,806

**7 Other income**

	<b>Unrestricted funds general 2025 £</b>	<b>Unrestricted funds general 2024 £</b>
Government grants	39,246	22,421

**8 Raising funds**

	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>Total 2025 £</b>	<b>Total 2024 £</b>
<u>Trading costs</u>				
Other trading activities	15,961	-	15,961	1,334
	<u>15,961</u>	<u>-</u>	<u>15,961</u>	<u>1,334</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2025**

9 Charitable activities	Heff Activities and Peer Support		Community/ Supportive Housing		Counselling		Community Mental Health Transformation		Safe Haven		Total	
	2025	2025	2025	2025	2025	2025	2025	2025	2025	2025	2024	2024
	£	£	£	£	£	£	£	£	£	£	£	£
Staff and agency costs	45,057	222,044	3,631	153,679	141,632	566,043	573,457					
Property	-	24,302	-	-	-	24,303	36,274					
Catering/ Consumables	-	-	-	-	-	-	968					
Transport	-	-	-	-	-	-	677					
Depreciation and other	9,916	19,673	14,203	5,087	1,409	50,287	79,347					
IT costs	1,299	15,550	355	5,313	8,020	30,537	28,683					
Postage	550	668	418	121	86	1,843	1,142					
Sessional staff costs	11,994	-	24,820	566	500	37,880	21,090					
Insurance	609	3,315	875	1,599	1,357	7,755	3,596					
Direct project expenses	1,662	8,251	10,965	1,844	2,000	24,722	18,049					
	71,086	293,804	55,267	168,209	155,004	743,370	763,283					
Share of support costs (see note 11)	20,455	84,549	15,904	-	93,012	213,920	192,269					
Share of governance costs (see note 11)	3,342	13,821	2,601	-	15,204	34,968	9,136					
	94,883	392,174	73,772	168,209	263,220	992,258	964,688					
<b>Analysis by fund</b>												
Unrestricted funds - general	43,702	371,889	57,717	168,209	236,659	878,176	826,425					
Unrestricted funds - designated	25,535	17,853	16,055	-	26,561	86,004	127,638					
Restricted funds	25,646	2,432	-	-	-	28,078	10,625					
	94,883	392,174	73,772	168,209	263,220	992,258	964,688					

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2025**

9 Charitable activities	(Continued)						
For the year ended 31 March 2024	Recovery and Wellbeing	Community Support/ Housing	Residential Homes	Intensive Support/ CST	Ukraine	EI	Total 2024
	£	£	£	£	£	£	£
Staff and agency costs	369,475	92,272	-	98,396	5,080	8,234	573,457
Property	-	34,040	1,362	872	-	-	36,274
Catering/ Consumables	-	-	-	968	-	-	968
Transport	677	-	-	-	-	-	677
Depreciation/ Other	51,005	21,215	-	943	6,039	145	79,347
IT costs	12,972	5,423	-	10,110	-	178	28,683
Loan interest	746	166	-	230	-	-	1,142
Sessional staff costs	12,240	-	-	-	8,850	-	21,090
Insurance	3,444	-	-	-	-	152	3,596
Direct project expenses	7,862	1,707	-	7,543	937	-	18,049
	458,421	154,823	1,362	119,062	20,906	8,709	763,283
Share of support costs (see note 11)	115,475	38,999	343	29,992	5,266	2,194	192,269
Share of governance costs (see note 11)	5,487	1,853	16	1,425	251	104	9,136
	579,383	195,675	1,721	150,479	26,423	11,007	964,688
<b>Analysis by fund</b>							
Unrestricted funds - general	464,995	173,728	761	149,511	26,423	11,007	826,425
Unrestricted funds - designated	105,470	20,240	960	968	-	-	127,638
Restricted funds	8,918	1,707	-	-	-	-	10,625
	579,383	195,675	1,721	150,479	26,423	11,007	964,688

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2025****10 Trustees**

No trustees received remuneration or expenses in the year.

**11 Support costs**

	<b>Support costs</b>	<b>Governance costs</b>	<b>2025</b>		<b>Governance costs</b>	<b>2024</b>
	<b>£</b>	<b>£</b>	<b>Support costs</b>	<b>£</b>	<b>£</b>	<b>£</b>
Staff costs	137,000	-	137,000	119,257	-	119,257
Property	29,652	-	29,652	31,427	-	31,427
Administration	47,270	-	47,270	41,585	-	41,585
Audit fees	-	5,460	5,460	-	5,820	5,820
Legal and professional	-	26,508	26,508	-	-	-
Other governance costs	-	2,998	2,998	-	3,315	3,315
	<u>213,922</u>	<u>34,968</u>	<u>248,888</u>	<u>192,269</u>	<u>9,135</u>	<u>201,404</u>
Analysed between						
Charitable activities	<u>213,920</u>	<u>34,968</u>	<u>248,888</u>	<u>192,269</u>	<u>9,135</u>	<u>201,404</u>

**12 Net movement in funds**

The net movement in funds is stated after charging/(crediting):

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Fees payable for the audit of the charity's financial statements	5,460	5,820
Depreciation of owned tangible fixed assets	22,293	21,263
	<u>27,753</u>	<u>27,083</u>

**13 Taxation**

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

**14 Transfers**

Transfers made from unrestricted funds to designated funds relate to internal recharges or designation of funds as described in the designated funds note.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2025****15 Employees****Number of employees**

The average monthly number employees during the year was:

	<b>2025</b>	<b>2024</b>
	<b>Number</b>	<b>Number</b>
	45	44
	<u>          </u>	<u>          </u>
<b>Employment costs</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Wages and salaries	669,286	633,161
Social security costs	42,279	40,076
Other pension costs	10,460	9,908
	<u>          </u>	<u>          </u>
	<u>722,025</u>	<u>683,145</u>

The remuneration of key management personnel is £161,602 (2024: £163,568).

There were no employees whose annual remuneration was £60,000 or more.

**16 Retirement benefit schemes**

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

The charge to the statement of financial activities in respect of defined contribution schemes was £10,460 (2024: £9,908).

Contributions due to the scheme at the balance sheet date are included in creditors and amounted to £2,763 (2024: £2,268).

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2025****17 Tangible fixed assets**

	Freehold land and buildings	Fixtures and fittings	Computers	Total
	£	£	£	£
<b>Cost</b>				
At 1 April 2024	852,855	82,717	26,442	962,014
Additions	-	1,776	-	1,776
At 31 March 2025	852,855	84,493	26,442	963,790
<b>Depreciation and impairment</b>				
At 1 April 2024	211,151	24,597	23,063	258,811
Depreciation charged in the year	11,067	9,613	1,613	22,293
At 31 March 2025	222,218	34,210	24,676	281,104
<b>Carrying amount</b>				
At 31 March 2025	630,637	50,283	1,766	682,686
At 31 March 2024	641,704	58,120	3,379	703,203

**18 Debtors**

	2025	2024
	£	£
<b>Amounts falling due within one year:</b>		
Trade debtors	23,424	31,165
Other debtors	39,270	5,369
Prepayments and accrued income	6,178	5,196
	68,872	41,730

**19 Creditors: amounts falling due within one year**

	Notes	2025	2024
		£	£
Other taxation and social security		8,868	10,468
Deferred income	20	16,946	57,865
Trade creditors		10,197	22,532
Other creditors		2,763	2,268
Accruals		21,254	23,857
		60,028	116,990

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)*****FOR THE YEAR ENDED 31 MARCH 2025***

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**20 Deferred income**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Other deferred income	16,946	57,865
	<u>16,946</u>	<u>57,865</u>

Deferred income is included in the financial statements as follows:

Current liabilities	16,946	57,865
	<u>16,946</u>	<u>57,865</u>

Deferred income represents amounts received in advance of the provision of services contracted and is released in the subsequent accounting period.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2025**

**21 Restricted funds**

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Balance at 1 April 2023 £	Movement in funds		Transfers £	Balance at 1 April 2024 £	Movement in funds		Balance at 31 March 2025 £
		Incoming resources £	Resources expended £			Incoming resources £	Resources expended 31 March 2025 £	
HQ Mind Digital Transformation	3,000	-	(3,000)	-	-	-	-	-
BVS	-	-	-	-	-	3,224	(3,224)	-
Bulmers	-	-	-	-	-	5,000	-	5,000
Heffernan Screw Fix	2,583	-	(1,000)	-	1,583	-	(1,000)	583
WR Barrolls	204	-	(204)	-	-	-	-	-
Housing Corp	100,612	-	(740)	-	99,872	-	(740)	99,132
Original Fund	191,693	-	(1,430)	-	190,263	-	(1,430)	188,833
Ferncroft Property BMA	31,201	27,556	(262)	(27,556)	30,939	-	(262)	30,677
DC HF Property BMA	210,780	-	(1,422)	-	209,358	-	(1,422)	207,936
Evesons Counselling	-	-	-	-	-	20,000	(20,000)	-
Community First Recovery College	2,030	-	(2,030)	-	-	-	-	-
Community First Active	2,100	(1,516)	(584)	-	-	-	-	-
	544,203	26,040	(10,672)	(27,556)	532,015	28,224	(28,078)	532,161

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

**FOR THE YEAR ENDED 31 MARCH 2025**

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**21 Restricted funds**

BVS - Funds donated for Peer Support

Bulmers - Funds donated for HEFF Activities

Hefferman Screw Fix - For improvements to Hefferman House

The Housing Corp and Original Funds represent grants received specifically for buying and improving the Ferncroft property.

DC HF Property BMA - For buying and improving Hefferman House

Eveson Charitable Trust - Counselling fund

(Continued)

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2025****22 Designated funds**

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	Movement in funds				Balance at 31 March 2025
	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Peer Support Group	11,013	17,425	(9,195)	-	19,243
Heffernan Activities	1,560	-	(10,322)	9,399	637
Ferncroft	49,854	-	(6,673)	-	43,181
Heffernan/Safe Haven	84,707	-	(26,561)	-	58,146
Shires Property	18,336	-	(1,296)	(17,040)	-
Organisation Training	4,661	-	(1,116)	-	3,545
CMHT	7,349	-	-	-	7,349
CIM	-	187	(24,280)	26,439	2,346
CST	-	2,000	-	-	2,000
Organisation IT upgrade	2,856	-	(1,099)	-	1,757
Garden Room 2/3	37,098	-	(4,029)	-	33,069
Go with the Flow	1,433	-	(1,433)	-	-
	<u>218,867</u>	<u>19,612</u>	<u>(86,004)</u>	<u>18,798</u>	<u>171,273</u>

	Movement in funds				Balance at 31 March 2024
	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Peer Support Group	-	11,213	(200)	-	11,013
Heffernan Activities	-	-	(14,228)	15,788	1,560
Ferncroft	35,180	-	(17,753)	32,427	49,854
Heffernan/Safe Haven	107,888	600	(20,995)	(2,786)	84,707
Shires Property	19,296	-	(960)	-	18,336
Organisation Training	10,415	-	(5,754)	-	4,661
CMHT	38,717	-	(31,368)	-	7,349
CIM	-	-	(26,046)	26,046	-
Organisaton IT upgrade	10,000	-	(7,144)	-	2,856
Garden room	20,158	-	(3,190)	20,130	37,098
Go with the Flow	1,431	2	-	-	1,433
	<u>243,085</u>	<u>11,815</u>	<u>(127,638)</u>	<u>91,605</u>	<u>218,867</u>

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### *FOR THE YEAR ENDED 31 MARCH 2025*

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#### **22 Designated funds**

**(Continued)**

Heffernan Activity fund will be used towards the cost of running activities at Heffernan House which are not funded from any other grants.

Ferncroft fund will be used to improve the property and support the tenants (for example with emergency supplies).

Heffernan/Safe Haven fund will be used to improve the environment at Heffernan House for clients accessing our Safe Haven service and other activities.

Shires Property - funds set aside for the closure of the Shires. This fund has been closed and transferred to counselling.

Organisation Training - Young People funds re-designated for training.

CMHT - This represents the prior year surplus.

CIM - This represents the prior year surplus from general unrestricted funds.

CST - This was a donation from a client's family.

Organisation IT upgrade - For IT improvements.

Garden Room - Legacy funding received, designated to the cost of purchasing and constructing a garden room, enabling extra space for counselling and private meetings with clients.

Go With The Flow - Designated fundraising to carry out garden improvements in memory of a late member of staff.



**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2025****24 Related party transactions****Transactions with related parties**

There were no related party transactions during the year.

<b>25 Cash generated from operations</b>	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Deficit for the year	(62,927)	(137,405)
Adjustments for:		
Investment income recognised in statement of financial activities	(8,589)	(9,806)
Depreciation	22,294	21,263
Donation in kind	-	(27,556)
Movements in working capital:		
(Increase)/decrease in debtors	(27,142)	116,053
(Decrease)/increase in creditors	(16,043)	16,076
(Decrease)/increase in deferred income	(40,919)	3,268
<b>Cash absorbed by operations</b>	<b>(133,326)</b>	<b>(18,107)</b>

**HEREFORDSHIRE MIND**

England & Wales - Charity number 701260

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# Accounts

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**Draft Financial Statements at 24 July 2024 at 11:01:10**

**Charity Registration No. 701260**

**Company Registration No. 02339094 (England and Wales)**

**HEREFORDSHIRE MIND**

**ANNUAL REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Mr A Wilcox Mr A Fry Mr A Last Dr S Lamerton Mr S Powell Ms K Stones	(Appointed 1 September 2023) (Appointed 8 April 2024)
<b>Chief Executive</b>	Ms A Lawrence	
<b>Charity number</b>	701260	
<b>Company number</b>	02339094	
<b>Registered and Principal office</b>	Heffernan House 130-132 Widemarsh Street Hereford HR4 9HN	
<b>Auditor</b>	Kendall Wadley LLP Granta Lodge 71 Graham Road Malvern Worcestershire WR14 2JS	
<b>Bankers</b>	CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4JQ	

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**TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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The Trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

**Objectives and activities**

The Charity's objects are to focus on assisting in relieving and rehabilitating persons suffering from mental disorders or conditions of emotional or mental distress. There is unrestricted access to our services for all affected by such conditions and in consequence the activities delivered are for public benefit.

Our vision is of a world where everyone gets the respect and support they need to achieve good mental wellbeing.

To realise this, our Mission is to provide quality support, whilst raising awareness and promoting understanding about mental health issues.

We are (our Values)...

Independent: we will use our independence to speak out on behalf of people with mental health problems.

Responsive: we listen to what people tell us and act on this.

Open: we are transparent and accountable in all that we do.

Collaborative: working with others, we achieve more.

Creative: we nurture creativity and innovation.

The Trustees have paid due regard to guidance on public benefit issued by the Charity Commission in deciding what activities the Charity should undertake.

Our nursing based care home provision from our "Shires" care home on Aylestone Hill, Hereford offered a slow stream recovery model for residents with serious and enduring mental health problems. Regrettably this closed in December 2022.

We continue to provide Community Hub Activities, which is the original core service, operating from our hub in Heffernan House, with "outreach" across the county delivering activities and support-based work.

With the changes in public sector funding, Herefordshire Mind has been under continuing pressure to seek additional sources of funding and we are grateful for the considerable support from the public and charitable funders.

We remain dependent on funding, donations, corporate sponsorship and legacies for much of what we deliver and we would like to thank all those organisations, national and local, charitable foundations and individuals who have helped to sustain our work.

**TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**Achievements and performance**

As Herefordshire Mind moves forward and continues to respond to the current mental health crisis there is growing need for the work that our staff and volunteers do across the county of Herefordshire.

We now have a total of 86 staff and volunteers who all work tirelessly putting their heart into the work they do. On a typical week our staff and volunteers will provide help and support to over 320 individuals from across Herefordshire.

**The Safe Haven** is open every evening to anyone over the age of 18 experiencing a crisis or in need of urgent support with mental health. The Safe Haven is a safe and friendly place where people can come and access mental health support and advice.

The Safe Haven Team is warm and welcoming and will provide empathy, support and safety to anyone experiencing high emotional distress and/or suicidal thoughts. They offer a safe space, a respectful listening ear and an exploration of coping strategies. They have seen 811 Clients since March 2020 and offered 4363 hours of support.

We continue to run a wide range of community groups including Music, Poetry and Artspace which held a very successful art exhibition at the 'Left Bank' in Autumn 2022. We have been very thankful for funding from the EF Bulmer benevolent fund and The Arts Society Hereford alongside other community fundraising.

**Counselling Service.** Thanks to our sponsors, Eveson Trust, Schuh Trust and others, we are able to provide a counselling service to anyone over the age of 18 living in Herefordshire who needs help managing their mental health.

In partnership with Herefordshire and Ludlow College and others, we use counsellors who are qualified or working towards the Foundation Degree in Counselling (level 5). We have limited capacity, and every referral is assessed as we aim to ensure individuals receive the right kind of support and between 6-12 sessions of counselling. This service is also currently expanding to work with certain specific groups including Ukrainian guests in the UK and Care Leavers.

**Our Link Workers** work within the neighbourhood mental health teams alongside clinical and other mental health services, Mind Community Mental Health Link Workers can guide people with mental health problems through local voluntary and community services as well as local health, social care and other services and support them to:

- Manage their own health and wellbeing using tools and strategies that help them live well.
- Connect with specialist support services such as housing or money advice.
- Make connections in their local community with support groups and activities.
- Increase confidence and resilience by meeting new people and building friendships.
- Meet other people who have had similar experiences for mutual Peer support.

Our Link Workers and Peer Support teams have worked with over 250 individuals over the last 12 months.

Over the last 12 months the peer support work that Herefordshire Mind is delivering across the community continues to grow current Peer Support groups and activities across Herefordshire Mind:

- CENS (Complex Emotional Needs) Peer support 1-1 and groups
- Link worker Led Peer support groups
- Safe Haven Peer Support groups
- Early Intervention team – Family and Carer peer support.

**TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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We at Herefordshire Mind want to provide a voice for those with lived and living experience of Mental Health issues and provide a space where people can feel comfortable, accepted and understood. Many of our staff team have living experience and are able to use that experience to share and support others.

**The Community Support Team** provides flexible, recovery focused support for people with mental health problems living in the community. We provide people with a support package that enables them to feel safe & supported so that they can move forward, set new goals, learn new skills and do things that enable them to live a fuller, more satisfying and independent life.

**Housing in Mind** provides accommodation for people who may require a little extra practical and emotional support to maintain and sustain a tenancy. We provide a range of bedsits or shared flats in Hereford and offer support on an appointment basis, with a night concierge service between 7pm-3am. It is expected that most people will use the service for no more than 2 years although we recognise that some people may need longer. The aim of our housing is to support people to gain the skills they need to live independently and maintain a tenancy, e.g. support with paperwork, budgeting, shopping, cooking, as well as emotional support, enhancing confidence, developing social networks and managing their physical and mental wellbeing.

**Mental Health Training**, We've delivered training to a wide variety of organisations within Herefordshire and beyond, most notably through We Are Farming Minds and The Recovery College. Our track record locally – and our ability to draw upon national learning – means that we bring local knowledge along with focused mental health expertise to the training we offer. We offer both mental health awareness and workplace wellbeing training.

In December 2022 we sadly closed The Shires, our mental health nursing home that we had run for over 25 years. The building was no longer fit for purpose and all residents were successfully relocated in new placements. It was with sad hearts and fond memories that we said farewell and goodbye. The Shires had been a sanctuary and a home for many in distress, who were tenderly cared for by the most amazing team of people who demonstrated human compassion at its best.

As the Shires closed we have restructured our workforce to develop new leadership and management roles within our projects and teams and it is great to see how we can develop new leaders for the sector with a passion to make a difference and a determination to help tackle the mental health crisis our community faces.

Partnership working is key to delivering successful services within Herefordshire and our work through the Mental Health Transformation project has really helped us develop and build greater partnership working. We are also continually grateful to those across our communities who financially support the work we do through trust donations, community fundraising and legacy funding. Thank you for all the donations from the Hereford Board Gamers, Linton Festival, A N McKenchnie Foundation, The Herefordshire Community Foundation, Sing Out Strong and everyone who has climbed a mountain, run a race, brought an iron flower, or taken part in any community fundraising for us in the last year. We have received so many wonderful donations, but we particularly want to thank the family of Mr Lionel J Meridith whose donation from his estate has enabled us to build a new garden room for our counselling services.

As our services change and develop Herefordshire Mind remains committed to serving all those across the county and ensuring that no one has to face a mental health issue alone.

**TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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**Financial review**

In common with the rest of the 3rd sector and with all suppliers of health and social care services, our environment remains very difficult, comprising a steady increase in the demand for services coupled with continued pressures on funding.

However, the charity successfully increased its income by £28,090 over the previous year. This was mostly generated by an increase in donations and a legacy.

Income from Residential Services ended in December with the closure of that service.

Total reserves as at 31 March 2023 amounted to £1,242,906 (2022: £1,150,482), which comprised, restricted funds of £544,203, designated funds set aside for future funding purposes of £243,085 and unrestricted funds of £455,618.

The Board of Trustees established an objective, for free reserves (unrestricted funds not committed or invested in tangible fixed assets) to equal one month of resources expended; this equates to approximately £110,100 at 2022/23 expenditure levels. At this level the Board of Trustees feel the organisation would be able to meet most contingencies without affecting day-to-day activities.

Free reserves as at the year end amounted to a surplus of £385,417 (2022: £452,070).

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

**Going concern**

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of signing these accounts.

The full support of the key stakeholders of the charity has been invaluable.

**Future Plans**

Herefordshire Mind continues to deliver services through The Mental Health Transformation Project, and Safe Haven Crisis Service. Our Counselling Service continues to grow and although the core service is operated entirely upon fundraising donations and grants from private trusts, we are expanding into other areas which do receive some Local Authority funding, such as working with Ukraine refugees. Our Peer Support Groups are also proving to be successful. These are funded by statutory services. We have plans to update our Supported Housing properties enabling us to offer a better environment for our tenants. We have a close working relationship with another registered charity, *We Are Farming Minds* and continue to provide Mental Health training for them and other organisations. As an organization we are continually looking to provide services, which ensure that anyone facing mental health challenges does not have to face these alone.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

---

#### Structure, governance and management

The Charity is a company limited by guarantee incorporated in England and Wales. The Charitable Company is governed by its Memorandum and Articles of Association dated 25 January 1989 and as amended by special resolution dated 16 July 1991, 26 July 1994, 18 January 2000 and 21 November 2001.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms C Shovlin	(Resigned 4 December 2023)
Mr M Waller	(Resigned 4 December 2023)
Mr A Wilcox	
Mr A Fry	
Mr A Last	
Ms J Wickett	(Resigned 4 December 2023)
Dr S Lamerton	
Mr J P Chartres	(Appointed 5 June 2023 and resigned 2 October 2023)
Mr S Powell	(Appointed 1 September 2023)
Jonathan Chartres	(Appointed 5 June 2023 and resigned 2 October 2023)
Ms K Stones	(Appointed 8 April 2024)

The Trustees of Herefordshire Mind are appointed either through election at the Annual General Meeting or by co-option by existing Trustees at their meetings during the year. New Trustees are given an induction pack that explains their legal obligations under charity and company law and their proposed role in the charity. They are also given an opportunity to see the charities operations and to meet key employees and the Trustees.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The board of Trustees administers the charity. The board appoints a Chief Executive Officer to manage the day to day operations of the charity and there is further delegation, within terms approved by the Trustees. The Chief Executive Officer is Alicia Lawrence.

The pay of key management personnel is set by the Board having due regard to responsibilities, experience and rates of pay in the health sector.

#### Disclosure of information to auditor

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The Trustees' report was approved by the Board of Trustees.

.....  
**Dr S Lamerton**

Trustee (Director)

Dated: .....

**STATEMENT OF TRUSTEES' RESPONSIBILITIES**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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The Trustees, who are also the directors of Herefordshire Mind for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## HEREFORDSHIRE MIND

### INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF HEREFORDSHIRE MIND

---

#### Opinion

We have audited the financial statements of Herefordshire Mind (the 'Charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

#### Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

**INDEPENDENT AUDITOR'S REPORT (CONTINUED)**  
**TO THE TRUSTEES OF HEREFORDSHIRE MIND**

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**Responsibilities of Trustees**

As explained more fully in the statement of Trustees' responsibilities, the Trustees, who are also the directors of the Charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

**Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

**Extent to which the audit was considered capable of detecting irregularities, including fraud**

- an understanding of the risk assessment process (including the assessment of the risk of fraud) adopted by the Board is obtained and their attitude to risk ascertained
- an assessment of the susceptibility to material mis-statement of the financial statements as a result of management over-ride or fraud is made
- it is ensured that the engagement team have, collectively, the appropriate competence, capabilities and skills to be involved in the assignment, are fully briefed and understand the risks specific to the charity

**Audit response to risks identified**

The information obtained through the assessment to risk procedures is reviewed and the following work undertaken:

- processes to test the outcomes of our assessment include, a review of Board minutes, analytical review, the relevance and accuracy of significant accounting estimates, substantive testing of significant transactions, work to identify unusual or unexpected accounting entries including the testing of journal entries, information disclosed in the financial statements is traced to supporting documentation. In all instances it is acknowledged that material mis-statements that arise from fraud may involve deliberate concealment or collusion and are, therefore, by their very nature harder to detect than those arising from error.
- an understanding of the legal and regulatory framework as applicable to the charity is obtained together with knowledge of the procedures put in place by the charity in order to comply with the same

It should be noted that Auditing standards limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

## HEREFORDSHIRE MIND

### INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEREFORDSHIRE MIND

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#### Use of our report

This report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Sarah Morley BA (Hons) ACA (Senior Statutory Auditor)**  
for and on behalf of Kendall Wadley LLP

.....

**Chartered Accountants**  
**Statutory Auditor**

Granta Lodge  
71 Graham Road  
Malvern  
Worcestershire  
WR14 2JS

Kendall Wadley LLP is eligible for appointment as auditor of the Charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

**STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT**

***FOR THE YEAR ENDED 31 MARCH 2024***

Current financial year		Unrestricted funds general 2024 £	Unrestricted funds designated 2024 £	Restricted funds 2024 £	Total 2024 £	Total 2023 £
	Notes					
<b>Income and endowments from:</b>						
Donations and legacies	3	45,075	11,815	26,040	82,930	111,880
Charitable activities	4	563,128	-	-	563,128	1,238,385
Other trading activities	5	150,332	-	-	150,332	131,520
Investments	6	9,806	-	-	9,806	4,012
Other income	7	22,421	-	-	22,421	17,025
<b>Total income</b>		<u>790,762</u>	<u>11,815</u>	<u>26,040</u>	<u>828,617</u>	<u>1,502,822</u>
<b>Expenditure on:</b>						
Raising funds	8	1,287	-	47	1,334	2,129
Charitable activities	9	826,425	127,638	10,625	964,688	1,408,269
<b>Total expenditure</b>		<u>827,712</u>	<u>127,638</u>	<u>10,672</u>	<u>966,022</u>	<u>1,410,398</u>
<b>Net income/(expenditure)</b>		<u>(36,950)</u>	<u>(115,823)</u>	<u>15,368</u>	<u>(137,405)</u>	<u>92,424</u>
Transfers between funds	11	(64,049)	91,605	(27,556)	-	-
<b>Net movement in funds</b>	12	<u>(100,999)</u>	<u>(24,218)</u>	<u>(12,188)</u>	<u>(137,405)</u>	<u>92,424</u>
<b>Reconciliation of funds:</b>						
Fund balances at 1 April 2023		<u>455,618</u>	<u>243,085</u>	<u>544,203</u>	<u>1,242,906</u>	<u>1,150,482</u>
<b>Fund balances at 31 March 2024</b>		<u>354,619</u>	<u>218,867</u>	<u>532,015</u>	<u>1,105,501</u>	<u>1,242,906</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

**HEREFORDSHIRE MIND****STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)  
INCLUDING INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2024**

Prior financial year		Unrestricted funds general 2023 £	Unrestricted funds designated 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes				
<b>Income and endowments from:</b>					
Donations and legacies	3	18,113	68,217	25,550	111,880
Charitable activities	4	1,238,385	-	-	1,238,385
Other trading activities	5	131,520	-	-	131,520
Investments	6	4,012	-	-	4,012
Other income	7	17,025	-	-	17,025
<b>Total income</b>		<u>1,409,055</u>	<u>68,217</u>	<u>25,550</u>	<u>1,502,822</u>
<b>Expenditure on:</b>					
Raising funds	8	2,129	-	-	2,129
Charitable activities	9	1,321,459	47,521	39,289	1,408,269
<b>Total expenditure</b>		<u>1,323,588</u>	<u>47,521</u>	<u>39,289</u>	<u>1,410,398</u>
<b>Net income/(expenditure)</b>		85,467	20,696	(13,739)	92,424
Transfers between funds	11	(152,120)	152,120	-	-
<b>Net movement in funds</b>	12	(66,653)	172,816	(13,739)	92,424
<b>Reconciliation of funds:</b>					
Fund balances at 1 April 2022		522,271	70,269	557,942	1,150,482
<b>Fund balances at 31 March 2023</b>		<u>455,618</u>	<u>243,085</u>	<u>544,203</u>	<u>1,242,906</u>

**BALANCE SHEET**

**AS AT 31 MARCH 2024**

	Notes	2024		2023	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	17		703,203		654,326
<b>Current assets</b>					
Debtors	18	41,730		157,783	
Cash at bank and in hand		477,558		528,443	
		519,288		686,226	
<b>Creditors: amounts falling due within one year</b>	19	(116,990)		(97,646)	
Net current assets			402,298		588,580
<b>Total assets less current liabilities</b>			1,105,501		1,242,906
<b>Income funds</b>					
Restricted funds	21		532,015		544,203
Designated funds	22		218,867		243,085
Unrestricted funds			354,619		455,618
			1,105,501		1,242,906

**BALANCE SHEET (CONTINUED)**  
**AS AT 31 MARCH 2024**

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024, although an audit has been carried out under section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on .....

.....  
Dr S Lamerton  
**Trustee (Director)**

**Company Registration No. 02339094**

**STATEMENT OF CASH FLOWS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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	Notes	2024 £	£	2023 £	£
<b>Cash flows from operating activities</b>					
Cash absorbed by operations	25		(18,107)		(47,225)
<b>Investing activities</b>					
Purchase of tangible fixed assets		(42,583)		(23,254)	
Proceeds on disposal of tangible fixed assets		-		881	
Interest received		9,805		4,013	
<b>Net cash used in investing activities</b>			(32,778)		(18,360)
<b>Net cash used in financing activities</b>			-		-
<b>Net decrease in cash and cash equivalents</b>			(50,885)		(65,585)
Cash and cash equivalents at beginning of year			528,443		594,028
<b>Cash and cash equivalents at end of year</b>			477,558		528,443

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**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**1 Accounting policies**

**Company information**

Herefordshire Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is Heffernan House, 130-132 Widemarsh Street, Hereford, HR4 9HN.

**1.1 Accounting convention**

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

**1.2 Going concern**

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of signing these accounts.

**1.3 Charitable funds**

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

**1.4 Incoming resources**

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

**1.5 Resources expended**

All expenses are accounted for on an accruals basis. Liabilities are recognised when they are incurred.

Costs of generating funds comprise those costs directly attributable to raising funds through activities.

Direct charitable expenditure includes all overhead costs in supporting the direct charitable activities.

Governance costs comprise those costs not already deemed as overhead costs and not associated with achieving the direct charitable activities.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**1 Accounting policies** **(Continued)**

**1.6 Tangible fixed assets**

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% or 20% on cost, land is not depreciated
Fixtures and fittings	20% on cost
Computers	33.33% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

**1.7 Impairment of fixed assets**

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the current market value of similar assets are assessed.

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/ (expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

**1.8 Cash and cash equivalents**

Cash and cash equivalents include cash in hand, deposits held at call with banks, and other short-term liquid investments with original maturities of three months or less.

**1.9 Financial instruments**

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

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**1 Accounting policies**

**(Continued)**

***Basic financial assets***

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

***Basic financial liabilities***

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

***Derecognition of financial liabilities***

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

**1.10 Employee benefits**

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

**2 Critical accounting estimates and judgements**

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Such estimates include the establishment of an appropriate depreciation policy in respect of tangible fixed assets to ensure book value is compatible with market value. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)*****FOR THE YEAR ENDED 31 MARCH 2024*****3 Donations and legacies**

	<b>Unrestricted funds general 2024 £</b>	<b>Unrestricted funds 2024 £</b>	<b>Restricted funds 2024 £</b>	<b>Total 2024 £</b>	<b>Unrestricted funds general 2023 £</b>	<b>Unrestricted funds 2023 £</b>	<b>Restricted funds 2023 £</b>	<b>Total 2023 £</b>
Donations and gifts	45,075	11,815	26,040	82,930	18,113	8,417	25,550	52,080
Legacies receivable	-	-	-	-	-	59,800	-	59,800
	<u>45,075</u>	<u>11,815</u>	<u>26,040</u>	<u>82,930</u>	<u>18,113</u>	<u>68,217</u>	<u>25,550</u>	<u>111,880</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**4 Charitable activities**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Grants/ contracts with Local Authorities &amp; Statutory Bodies</b>		
Herefordshire Primary Care Trust - Residential Home	-	412,384
Herefordshire District Council - Community Support	920	-
Herefordshire NHS CCG SafeHaven	179,267	189,857
Peer Support	227,133	217,656
Student placement	-	536
	<u>407,320</u>	<u>820,433</u>
<b>Other incoming resources from charitable activities</b>		
Residential and nursing home fees	-	276,859
Housing rents	141,875	129,717
Contributions from service users	13,412	9,988
Room hire	521	1,388
	<u>155,808</u>	<u>417,952</u>
	<u><u>563,128</u></u>	<u><u>1,238,385</u></u>
Analysis by fund		
Unrestricted funds - general	<u>563,128</u>	<u>1,238,385</u>
	<u><u>563,128</u></u>	<u><u>1,238,385</u></u>

**5 Activities for generating funds**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Fundraising events	14,856	25,530
Domiciliary Care	124,376	98,880
Training	11,100	7,110
	<u>150,332</u>	<u>131,520</u>

All unrestricted activities.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**6 Income from investments**

	<b>Unrestricted funds 2024 £</b>	<b>Unrestricted funds 2023 £</b>
Interest receivable	9,806	4,012
	<u>9,806</u>	<u>4,012</u>

**7 Other income**

	<b>Unrestricted funds general 2024 £</b>	<b>Unrestricted funds general 2023 £</b>
Government grants	22,421	17,025
	<u>22,421</u>	<u>17,025</u>

**8 Raising funds**

	<b>Unrestricted funds £</b>	<b>Restricted funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
<u>Trading costs</u>				
Other trading activities	1,287	47	1,334	2,129
	<u>1,287</u>	<u>47</u>	<u>1,334</u>	<u>2,129</u>

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2024****9 Charitable activities**

	Recovery and wellbeing	Community Support/ Housing	Residential Homes	Intensive Support/ CST	Ukraine	EI	Total	Total
	2024	2024	2024	2024	2024	2024	2024	2023
	£	£	£	£	£	£	£	£
Staff and agency costs	369,475	92,272	-	98,396	5,080	8,234	573,457	1,003,343
Property	-	19,043	1,362	872	-	-	21,277	48,195
Catering/ Consumables	-	-	-	968	-	-	968	15,850
Transport	677	-	-	-	-	-	677	4,145
Depreciation/ Other	88,268	43,508	-	18,826	15,826	475	166,903	118,177
Herefordshire PCT	-	-	-	-	-	-	-	34,003
Other charitable expenditure	-	-	-	-	-	-	-	(881)
	<u>458,420</u>	<u>154,823</u>	<u>1,362</u>	<u>119,062</u>	<u>20,906</u>	<u>8,709</u>	<u>763,282</u>	<u>1,222,832</u>
Share of support costs (see note 10)	115,475	38,999	343	29,992	5,266	2,194	192,269	177,040
Share of governance costs (see note 10)	5,488	1,853	16	1,425	251	104	9,137	8,397
	<u>579,383</u>	<u>195,675</u>	<u>1,721</u>	<u>150,479</u>	<u>26,423</u>	<u>11,007</u>	<u>964,688</u>	<u>1,408,269</u>
<b>Analysis by fund</b>								
Unrestricted funds - general	464,995	173,728	761	149,511	26,423	11,007	826,425	1,321,459
Unrestricted funds - designated	105,470	20,240	960	968	-	-	127,638	47,521
Restricted funds	8,918	1,707	-	-	-	-	10,625	39,289
	<u>579,383</u>	<u>195,675</u>	<u>1,721</u>	<u>150,479</u>	<u>26,423</u>	<u>11,007</u>	<u>964,688</u>	<u>1,408,269</u>

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2024****9 Charitable activities****(Continued)****For the year ended 31 March 2023**

	<b>Recovery and wellbeing £</b>	<b>Community Support/ Housing £</b>	<b>Residential Homes £</b>	<b>Intensive Support/ CST £</b>	<b>Total 2023 £</b>
Staff and agency costs	347,257	74,240	507,912	73,934	1,003,343
Property	183	10,859	37,153	-	48,195
Catering/ Consumables	-	-	15,206	644	15,850
Transport	417	-	3,728	-	4,145
Depreciation/ Other	66,620	21,138	13,178	17,241	118,177
Herefordshire PCT	-	-	34,003	-	34,003
Other charitable expenditure	-	-	(881)	-	(881)
	<u>414,477</u>	<u>106,237</u>	<u>610,299</u>	<u>91,819</u>	<u>1,222,832</u>
Share of support costs (see note 10)	60,008	15,381	88,358	13,293	177,040
Share of governance costs (see note 10)	2,846	730	4,191	630	8,397
	<u>477,331</u>	<u>122,348</u>	<u>702,848</u>	<u>105,742</u>	<u>1,408,269</u>
<b>Analysis by fund</b>					
Unrestricted funds - general	400,293	121,267	694,414	105,485	1,321,459
Unrestricted funds - designated	38,046	1,081	8,137	257	47,521
Restricted funds	38,992	-	297	-	39,289
	<u>477,331</u>	<u>122,348</u>	<u>702,848</u>	<u>105,742</u>	<u>1,408,269</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**10 Support costs**

	<b>Support costs</b>	<b>Governance costs</b>	<b>2024</b>		<b>Governance costs</b>	<b>2023</b>
	<b>£</b>	<b>£</b>	<b>Support costs</b>	<b>Governance costs</b>	<b>£</b>	<b>£</b>
			<b>£</b>	<b>£</b>		
Staff costs	119,257	-	119,257	127,299	-	127,299
Property	31,427	-	31,427	17,849	-	17,849
Administration	41,585	-	41,585	31,892	-	31,892
Audit fees	-	5,820	5,820	-	5,400	5,400
Other governance costs	-	3,316	3,316	-	2,997	2,997
	<u>192,269</u>	<u>9,136</u>	<u>201,405</u>	<u>177,040</u>	<u>8,397</u>	<u>185,437</u>
Analysed between						
Charitable activities	<u>192,269</u>	<u>9,136</u>	<u>201,405</u>	<u>177,040</u>	<u>8,397</u>	<u>185,437</u>

**11 Transfers**

Transfers made from unrestricted funds to designated funds relate to internal recharges or designation of funds as described in the designated funds note.

In addition a transfer has been made from restricted funds to designated funds upon completion of the asset to which the funding related.

**12 Net movement in funds**

**2024**  
**£**

**2023**  
**£**

The net movement in funds is stated after charging/(crediting):

Fees payable for the audit of the charity's financial statements	5,820	5,400
Depreciation of owned tangible fixed assets	21,263	10,356
	<u>27,083</u>	<u>15,756</u>

**13 Taxation**

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

**14 Trustees**

No trustees received remuneration or expenses in the year.

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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**15 Employees**

**Number of employees**

The average monthly number employees during the year was:

	<b>2024</b>	<b>2023</b>
	<b>Number</b>	<b>Number</b>
	44	61
	<u>44</u>	<u>61</u>
<b>Employment costs</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Wages and salaries	633,161	988,466
Social security costs	40,076	64,157
Other pension costs	9,908	13,283
	<u>683,145</u>	<u>1,065,906</u>
	<u>683,145</u>	<u>1,065,906</u>

The remuneration of key management personnel is £145,888 (2023: £185,122).

There were no employees whose annual remuneration was £60,000 or more.

**16 Retirement benefit schemes**

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

The charge to the statement of financial activities in respect of defined contribution schemes was £9,908 (2023: £13,283).

Contributions due to the scheme at the balance sheet date are included in creditors and amounted to £2,268 (2023: £1,989).

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2024**

**17 Tangible fixed assets**

	Freehold land and buildings	Fixtures and fittings	Computers	Total
	£	£	£	£
<b>Cost</b>				
At 1 April 2023	806,144	62,587	27,452	896,183
Additions	46,711	20,130	3,298	70,139
Disposals	-	-	(4,308)	(4,308)
At 31 March 2024	852,855	82,717	26,442	962,014
<b>Depreciation and impairment</b>				
At 1 April 2023	200,084	15,852	25,920	241,856
Depreciation charged in the year	11,067	8,745	1,451	21,263
Eliminated in respect of disposals	-	-	(4,308)	(4,308)
At 31 March 2024	211,151	24,597	23,063	258,811
<b>Carrying amount</b>				
At 31 March 2024	641,704	58,120	3,379	703,203
At 31 March 2023	606,060	46,734	1,532	654,326

**18 Debtors**

	2024	2023
	£	£
<b>Amounts falling due within one year:</b>		
Trade debtors	31,165	114,339
Other debtors	5,369	38,814
Prepayments and accrued income	5,196	4,630
	41,730	157,783

**19 Creditors: amounts falling due within one year**

	Notes	2024	2023
		£	£
Other taxation and social security		10,468	8,560
Deferred income	20	57,865	54,597
Trade creditors		22,532	11,241
Other creditors		2,268	1,989
Accruals		23,857	21,259
		116,990	97,646

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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**20 Deferred income**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Other deferred income	57,865	54,597
	<u>57,865</u>	<u>54,597</u>

Deferred income is included in the financial statements as follows:

Current liabilities	57,865	54,597
	<u>57,865</u>	<u>54,597</u>

Deferred income represents amounts received in advance of the provision of services contracted and is released in the subsequent accounting period.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2024****21 Restricted funds**

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds			Movement in funds				
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
HQ Mind COVID IT	221	-	(221)	-	-	-	-	-
HQ Mind Digital Transformation	3,000	-	-	3,000	-	(3,000)	-	-
Community First Active	297	-	(297)	-	-	-	-	-
Heffernan Screw Fix	3,583	-	(1,000)	2,583	-	(1,000)	-	1,583
WR Barrolls	510	-	(306)	204	-	(204)	-	-
Housing Corp	101,352	-	(740)	100,612	-	(740)	-	99,872
Original Fund	193,123	-	(1,430)	191,693	-	(1,430)	-	190,263
Ferncroft Property BMA	31,463	-	(262)	31,201	27,556	(262)	(27,556)	30,939
DC HF Property BMA	212,202	-	(1,422)	210,780	-	(1,422)	-	209,358
Anon Counselling	4,123	-	(4,123)	-	-	-	-	-
Schuh Trust Counselling	-	5,000	(5,000)	-	-	-	-	-
Active HW	3,068	2,420	(5,488)	-	-	-	-	-
Alan Brailsford	5,000	-	(5,000)	-	-	-	-	-
Community First Recovery College	-	2,030	-	2,030	-	(2,030)	-	-
Community First Active	-	2,100	-	2,100	(1,516)	(584)	-	-
Herefordshire Community Fund	-	12,000	(12,000)	-	-	-	-	-
Freemasons	-	1,000	(1,000)	-	-	-	-	-
AC Auto	-	1,000	(1,000)	-	-	-	-	-
	<u>557,942</u>	<u>25,550</u>	<u>(39,289)</u>	<u>544,203</u>	<u>26,040</u>	<u>(10,672)</u>	<u>(27,556)</u>	<u>532,015</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**

***FOR THE YEAR ENDED 31 MARCH 2024***

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**21 Restricted funds**

**(Continued)**

The Ferncroft Funds represent grants received specifically for buying and improving the Ferncroft property.

The Big MIND Capital Appeal represents funds raised for the purchase and alteration of Heffernan House and for alterations to Ferncroft.

The Wellbeing & Recovery funds represent funding for the development of day care in the county.

The Wellbeing & Recovery Outreach Project, largely funded by the Jordan Foundation, gives assistance to service users to access and participate in educational and recreational courses.

Young People, funded work with young people and IT upgrade.

Miller court - various grants received for the construction of Miller Court against which the relevant proportion of depreciation will be charged.

Eveson Charitable Trust - Counselling fund, Anon counselling fund and Schuh Trust counselling fund will be used towards the costs of setting up and running a counselling service.

Hereford Community IT Fund will be used to upgrade the IT and communications system.

Community First £2,030 provided for mental health training and the Art Space and Wellsprings (music) projects and the remaining £2,100 is restricted to the Into The Woods project.

Herefordshire Community Fund will be used for the Art Space and Wellsprings (music) project, counselling project and a contribution to Heffernan House's (where the counselling takes place) running costs.

Freemasons - to aid the running of counselling sessions.

AC Auto - to aid the running of counselling sessions.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2024****22 Designated funds**

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	Movement in funds				Balance at 31 March 2024
	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Peer Support Group	-	11,213	(200)	-	11,013
Heffernan Activities	-	-	(14,228)	15,788	1,560
Ferncroft	35,180	-	(17,753)	32,427	49,854
Heffernan/Safe Haven	107,888	600	(20,995)	(2,786)	84,707
Shires Property	19,296	-	(960)	-	18,336
Organisation Training	10,415	-	(5,754)	-	4,661
CMHT	38,717	-	(31,368)	-	7,349
CIM	-	-	(26,046)	26,046	-
Organisation IT upgrade	10,000	-	(7,144)	-	2,856
Garden Room 2/3	20,158	-	(3,190)	20,130	37,098
Go with the Flow	1,431	2	-	-	1,433
	<u>243,085</u>	<u>11,815</u>	<u>(127,638)</u>	<u>91,605</u>	<u>218,867</u>

	Movement in funds				Balance at 31 March 2023
	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	
	£	£	£	£	£
Heffernan Activities	6,473	1,063	(7,536)	-	-
Ferncroft	21,022	-	(1,000)	15,158	35,180
Heffernan/Safe Haven	18,861	29,642	-	59,385	107,888
Shires Property	16,000	-	(8,138)	11,434	19,296
Organisation Training	7,913	3,099	(597)	-	10,415
CMHT	-	-	(26,348)	65,065	38,717
CIM	-	2,824	(3,902)	1,078	-
Organisaton IT upgrade	-	10,000	-	-	10,000
Garden room	-	20,158	-	-	20,158
Go with the Flow	-	1,431	-	-	1,431
	<u>70,269</u>	<u>68,217</u>	<u>47,521</u>	<u>152,120</u>	<u>243,085</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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**22 Designated funds**

**(Continued)**

Young People fund is donations designated for work with 18 to 25 year olds.

Heffernan Activity fund will be used towards the cost of running activities at Heffernan House which are not funded from any other grants.

Ferncroft fund will be used to improve the property and support the tenants (for example with emergency supplies).

Heffernan/Safe Haven fund will be used to improve the environment at Heffernan House for clients accessing our Safe Haven service and other activities.

Shires Property - funds set aside for the closure of the Shires.

Organisation Training - Young People funds re-designated for training.

Garden Room - Legacy funding received, designated to the cost of purchasing and constructing a garden room, enabling extra space for counselling and private meetings with clients.

Go With The Flow - Designated fundraising to carry out garden improvements in memory of a late member of staff.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)*****FOR THE YEAR ENDED 31 MARCH 2024*****23 Analysis of net assets between funds**

	<b>Unrestricted 2024 £</b>	<b>Designated 2024 £</b>	<b>Restricted 2024 £</b>	<b>Total 2024 £</b>	<b>Unrestricted 2023 £</b>	<b>Designated 2023 £</b>	<b>Restricted 2023 £</b>	<b>Total 2023 £</b>
Fund balances at 31 March 2024 are represented by:								
Tangible assets	62,576	61,560	579,067	703,203	70,201	-	584,125	654,326
Current assets/(liabilities)	292,043	157,307	(47,052)	402,298	385,417	243,085	(39,922)	588,580
	<u>354,619</u>	<u>218,867</u>	<u>532,015</u>	<u>1,105,501</u>	<u>455,618</u>	<u>243,085</u>	<u>544,203</u>	<u>1,242,906</u>

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
***FOR THE YEAR ENDED 31 MARCH 2024***

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**24 Related party transactions**

**Transactions with related parties**

There were no related party transactions during the year.

<b>25 Cash generated from operations</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
(Deficit)/surplus for the year	(137,405)	92,424
Adjustments for:		
Investment income recognised in statement of financial activities	(9,806)	(4,012)
Depreciation	21,263	9,475
Donation in kind	(27,556)	-
Movements in working capital:		
Decrease/(increase) in debtors	116,053	(63,225)
Increase/(decrease) in creditors	16,076	(26,487)
Increase/(decrease) in deferred income	3,268	(55,400)
<b>Cash absorbed by operations</b>	<b>(18,107)</b>	<b>(47,225)</b>

**HEREFORDSHIRE MIND**

England & Wales - Charity number 701260

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# Accounts

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**Draft Financial Statements at 13 November 2023 at 15:18:59**

**Charity Registration No. 701260**

**Company Registration No. 02339094 (England and Wales)**

**HEREFORDSHIRE MIND**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

## HEREFORDSHIRE MIND

### LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Ms C Shovlin Mr M Waller Mr A Wilcox Mr A Fry Mr A Last Ms J Wickett Susan Lamerton Mr S Powell	(Appointed 7 December 2022) (Appointed 1 September 2023)
<b>Chief Executive</b>	Ms A Lawrence	
<b>Charity number</b>	701260	
<b>Company number</b>	02339094	
<b>Registered and Principal office</b>	Heffernan House 130-132 Widemarsh Street Hereford HR4 9HN	
<b>Auditor</b>	Kendall Wadley LLP Granta Lodge 71 Graham Road Malvern Worcestershire WR14 2JS	
<b>Bankers</b>	CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4JQ	

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## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 MARCH 2023

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The Trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The Charity's objects are to focus on assisting in relieving and rehabilitating persons suffering from mental disorders or conditions of emotional or mental distress. There is unrestricted access to our services for all affected by such conditions and in consequence the activities delivered are for public benefit.

Our vision is of a world where everyone gets the respect and support they need to achieve good mental wellbeing.

To realise this, our Mission is to provide quality support, whilst raising awareness and promoting understanding about mental health issues.

We are (our Values)...

Independent: we will use our independence to speak out on behalf of people with mental health problems.

Responsive: we listen to what people tell us and act on this.

Open: we are transparent and accountable in all that we do.

Collaborative: working with others, we achieve more.

Creative: we nurture creativity and innovation.

The Trustees have paid due regard to guidance on public benefit issued by the Charity Commission in deciding what activities the Charity should undertake.

Our nursing based care home provision from our "Shires" care home on Aylestone Hill, Hereford offered a slow stream recovery model for residents with serious and enduring mental health problems. Regrettably this closed in December 2022.

We continue to provide Community Hub Activities, which is the original core service, operating from our hub in Heffernan House, with "outreach" across the county delivering activities and support-based work.

With the changes in public sector funding, Herefordshire Mind has been under continuing pressure to seek additional sources of funding and we are grateful for the considerable support from the public and charitable funders.

We remain dependent on funding, donations, corporate sponsorship and legacies for much of what we deliver and we would like to thank all those organisations, national and local, charitable foundations and individuals who have helped to sustain our work.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 MARCH 2023

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#### **Achievements and performance**

As Herefordshire Mind moves forward and continues to respond to the current mental health crisis there is growing need for the work that our staff and volunteers do across the county of Herefordshire.

We now have a total of 86 staff and volunteers who all work tirelessly putting their heart into the work they do. On a typical week our staff and volunteers will provide help and support to over 320 individuals from across Herefordshire.

**The Safe Haven** is open every evening to anyone over the age of 18 experiencing a crisis or in need urgent support with mental health. The Safe Haven is a safe and friendly place where people can come and access mental health support and advice.

The Safe Haven Team is warm and welcoming and will provide empathy, support and safety to anyone experiencing high emotional distress and/or suicidal thoughts. They offer a safe space, a respectful listening ear and an exploration of coping strategies. They have seen 811 Clients since March 2020 and offered 4363 hours of support.

We continue to run a wide range of community groups including Music, Poetry and Artspace which held a very successful Art Exhibition at the 'Left Bank' in Autumn 2022. We have been very thankful for funding from the EF Blumer benevolent fund and The Arts Society Hereford alongside other community fundraising.

**Counselling Service.** Thanks to our sponsors, Eveson Trust, Schuh Trust and others, we are able to provide a counselling service to anyone over the age of 18 living in Herefordshire who needs help managing their mental health.

In partnership with Herefordshire and Ludlow College and others, we use counsellors who are qualified or working towards the Foundation Degree in Counselling (level 5). We have limited capacity, and every referral is assessed as we aim to ensure individuals receive the right kind of support and between 6-12 sessions of counselling. This service is also currently expanding to work with certain specific groups including Ukrainian Guests in the UK and Care Leavers.

**Our Link Workers** work within the neighbourhood mental health teams alongside clinical and other mental health services, Mind Community Mental Health Link Workers can guide people with mental health problems through local voluntary and community services as well as local health, social care and other services and support them to:

- Manage their own health and wellbeing using tools and strategies that help them live well.
- Connect with specialist support services such as housing or money advice.
- Make connections in their local community with support groups and activities.
- Increase confidence and resilience by meeting new people and building friendships.
- Meet other people who have had similar experiences for mutual Peer support.

Our Link workers and Peer support teams have worked with over 250 individuals over the last 12 months.

Over the last 12 months the peer support work that Herefordshire Mind is delivering across the community continues to grow Current Peer Support Groups and Activities across Herefordshire Mind:

- CENS (Complex Emotional Needs) Peer support 1-1 and groups
- Link worker Led Peer support groups
- Safe Haven Peer Support groups
- Early intervention Team – Family and Carer peer support.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

#### FOR THE YEAR ENDED 31 MARCH 2023

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We at Herefordshire Mind want to provide a voice for those with lived and living experience of Mental Health issue and provide a space where people can feel comfortable accepted and understood. Many of our staff team have living experience and our able to use that experience to share and support others.

**The Community Support Team** provides flexible, recovery focused support for people with mental health problems living in the community. We provide people with a support package that enables them to feel safe & supported so that they can move forward, set new goals, learn new skills and do things enable them to live a fuller, more satisfying & independent life.

**Housing in Mind** provides accommodation for people who may require a little extra practical and emotional support to maintain and sustain a tenancy. We provide a range of bedsits or shared flats in Hereford and offer support on an appointment basis, with a night concierge service between 7pm-3am. It is expected that most people will use the service for no more than 2 years although we recognise that some people may need longer. The aim of our housing is to support people to gain the skills they need to live independently and maintain a tenancy, e.g. support with paperwork, budgeting, shopping, cooking, as well as emotional support, enhancing confidence, developing social networks and managing the physical and mental wellbeing.

**Mental Health Training**, We've delivered training to a wide variety of organisations within Herefordshire and beyond most notably through We Are Farming Minds and The Recovery College. Our track record locally– and our ability to draw upon national learning – means we bring local knowledge along with focused mental health expertise to the training we offer. We offer both mental health awareness and workplace wellbeing training.

In December 2022 we sadly closed The Shires, our mental health nursing home that we had run for over 25 years. The building was no longer fit for purpose and all residents were successfully relocated in new placements. It was with sad hearts and fond memories that we said farewell and goodbye. The Shires had been a sanctuary and a home for many in distress, who were tenderly cared for by the most amazing team of people who demonstrated human compassion at its best.

As the Shires closed we have restructured our workforce to develop new leadership and management roles within our projects and teams and it is great to see how we can develop new leaders for the sector with a passion to make a difference and a determination to help tackle the mental health crisis our community faces.

Partnership working is key to delivering successful services within Herefordshire and our work through the Mental Health Transformation project has really helped us develop and build greater partnership working. We are also continually grateful to those across our communities who financially support the work we do through Trust donations, community fundraising and legacy funding. Thank you for all the donations from the Hereford Board Gamers, Linton Festival, A N McKenchnie Foundation, The Herefordshire Community Foundation, Sing Out Strong and everyone who has climbed a mountain, run a race, brought an iron flower, or taken part in any community fundraising for us in the last year. We have received so many wonderful donations, but we particularly want to thank the family of Mr Lionel J Meridith whose donation from his estate has enabled us to build a new garden room for our counselling services.

As our services change and develop Herefordshire Mind remains committed to serving all those across the county and ensuring that no one has to face a mental health issue alone.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

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#### Financial review

In common with the rest of the 3rd sector and with all suppliers of health and social care services, our environment remains very difficult, comprising a steady increase in the demand for services coupled with continued pressures on funding.

However, the charity successfully increased its income by £28,090 over the previous year. This was mostly generated by an increase in donations and a legacy.

Income from Residential Services ended in December with the closure of that service.

Total reserves as at 31 March 2023 amounted to £1,242,906 (2022: £1,150,482), which comprised, restricted funds of £544,203, designated funds set aside for future funding purposes of £243,085 and unrestricted funds of £455,618.

The Board of Trustees established an objective, for free reserves (unrestricted funds not committed or invested in tangible fixed assets) to equal one month of resources expended; this equates to approximately £110,100 at 2022/23 expenditure levels. At this level the Board of Trustees feel the organisation would be able to meet most contingencies without affecting day-to-day activities.

Free reserves as at the year end amounted to a surplus of £385,417 (2022: £452,070).

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of signing these accounts.

The full support of the key stakeholders of the charity has been invaluable.

#### Future Plans

Herefordshire Mind continues to deliver services through The Mental Health Transformation Project, and Safe Haven Crisis Service. Our Counselling Service continues to grow and although the core service is operated entirely upon fundraising donations and grants from private trusts, we are expanding into other areas which do receive some Local Authority funding, such as working with Ukraine refugees. Our Peer Support Groups are also proving to be successful. These are funded by statutory services. We have plans to update our Supported Housing properties enabling us to offer a better environment for our tenants. We have a close working relationship with another registered charity, *We Are Farming Minds* and continue to provide Mental Health training for them and other organisations. As an organization we are continually looking to provide services, which ensure that anyone facing mental health challenges does not have to face these alone.

## HEREFORDSHIRE MIND

### TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2023

---

#### Structure, governance and management

The Charity is a company limited by guarantee incorporated in England and Wales. The Charitable Company is governed by its Memorandum and Articles of Association dated 25 January 1989 and as amended by special resolution dated 16 July 1991, 26 July 1994, 18 January 2000 and 21 November 2001.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms C Shovlin

Mr M Waller

Mr A Wilcox

Mr A Fry

Mr A Last

Ms J Wickett

Susan Lamerton

(Appointed 7 December 2022)

Mr J P Chartres

(Appointed 5 June 2023 and resigned 2 October 2023)

Mr S Powell

(Appointed 1 September 2023)

The Trustees of Herefordshire Mind are appointed either through election at the Annual General Meeting or by co-option by existing Trustees at their meetings during the year. New Trustees are given an induction pack that explains their legal obligations under charity and company law and their proposed role in the charity. They are also given an opportunity to see the charities operations and to meet key employees and the Trustees.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The board of Trustees administers the charity. The board appoints a Chief Executive Officer to manage the day to day operations of the charity and there is further delegation, within terms approved by the Trustees. The Chief Executive Officer is Alicia Lawrence.

The pay of key management personnel is set by the Board having due regard to responsibilities, experience and rates of pay in the health sector.

#### Disclosure of information to auditor

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The Trustees' report was approved by the Board of Trustees.

.....  
**Mr M Waller**

Trustee (Director)

Dated: .....

## HEREFORDSHIRE MIND

### STATEMENT OF TRUSTEES' RESPONSIBILITIES

#### *FOR THE YEAR ENDED 31 MARCH 2023*

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The Trustees, who are also the directors of Herefordshire Mind for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## HEREFORDSHIRE MIND

### INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF HEREFORDSHIRE MIND

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#### Opinion

We have audited the financial statements of Herefordshire Mind (the 'Charity') for the year ended 31 March 2023 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

#### Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

## HEREFORDSHIRE MIND

### INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEREFORDSHIRE MIND

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#### **Responsibilities of Trustees**

As explained more fully in the statement of Trustees' responsibilities, the Trustees, who are also the directors of the Charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

#### **Extent to which the audit was considered capable of detecting irregularities, including fraud**

- an understanding of the risk assessment process (including the assessment of the risk of fraud) adopted by the Board is obtained and their attitude to risk ascertained
- an assessment of the susceptibility to material mis-statement of the financial statements as a result of management over-ride or fraud is made
- it is ensured that the engagement team have, collectively, the appropriate competence, capabilities and skills to be involved in the assignment, are fully briefed and understand the risks specific to the charity

#### **Audit response to risks identified**

The information obtained through the assessment to risk procedures is reviewed and the following work undertaken:

- processes to test the outcomes of our assessment include, a review of Board minutes, analytical review, the relevance and accuracy of significant accounting estimates, substantive testing of significant transactions, work to identify unusual or unexpected accounting entries including the testing of journal entries, information disclosed in the financial statements is traced to supporting documentation. In all instances it is acknowledged that material mis-statements that arise from fraud may involve deliberate concealment or collusion and are, therefore, by their very nature harder to detect than those arising from error.
- an understanding of the legal and regulatory framework as applicable to the charity is obtained together with knowledge of the procedures put in place by the charity in order to comply with the same

It should be noted that Auditing standards limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

# HEREFORDSHIRE MIND

## INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEREFORDSHIRE MIND

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### Use of our report

This report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members, as a body, for our audit work, for this report, or for the opinions we have formed.

**Sarah Morley ACA (Senior Statutory Auditor)**  
for and on behalf of Kendall Wadley LLP

.....

**Chartered Accountants**  
**Statutory Auditor**

Granta Lodge  
71 Graham Road  
Malvern  
Worcestershire  
WR14 2JS

Kendall Wadley LLP is eligible for appointment as auditor of the Charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

**HEREFORDSHIRE MIND****STATEMENT OF FINANCIAL ACTIVITIES  
INCLUDING INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2023****Current financial year**

		<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total</b>	<b>Total</b>
		<b>2023</b>	<b>2023</b>	<b>2023</b>	<b>2023</b>	<b>2022</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b><u>Income and endowments from:</u></b>						
Donations and legacies	<b>3</b>	18,113	68,217	25,550	111,880	66,387
Charitable activities	<b>4</b>	1,238,385	-	-	1,238,385	1,284,623
Activities for generating funds	<b>5</b>	131,520	-	-	131,520	107,263
Investments	<b>6</b>	4,012	-	-	4,012	71
Other income	<b>7</b>	17,025	-	-	17,025	16,388
<b>Total income</b>		<b>1,409,055</b>	<b>68,217</b>	<b>25,550</b>	<b>1,502,822</b>	<b>1,474,732</b>
<b><u>Expenditure on:</u></b>						
Raising funds	<b>8</b>	2,129	-	-	2,129	1,393
Charitable activities	<b>9</b>	1,321,459	47,521	39,289	1,408,269	1,073,943
<b>Total resources expended</b>		<b>1,323,588</b>	<b>47,521</b>	<b>39,289</b>	<b>1,410,398</b>	<b>1,075,336</b>
Net gains/(losses) on investments	<b>14</b>	-	-	-	-	175,402
<b>Net incoming/(outgoing) resources before transfers</b>		<b>85,467</b>	<b>20,696</b>	<b>(13,739)</b>	<b>92,424</b>	<b>574,798</b>
Gross transfers between funds	<b>15</b>	(152,120)	152,120	-	-	-
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		<b>(66,653)</b>	<b>172,816</b>	<b>(13,739)</b>	<b>92,424</b>	<b>574,798</b>
Fund balances at 1 April 2022		522,271	70,269	557,942	1,150,482	575,684
<b>Fund balances at 31 March 2023</b>		<b>455,618</b>	<b>243,085</b>	<b>544,203</b>	<b>1,242,906</b>	<b>1,150,482</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**HEREFORDSHIRE MIND****STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED)  
INCLUDING INCOME AND EXPENDITURE ACCOUNT****FOR THE YEAR ENDED 31 MARCH 2023**

Prior financial year

		Unrestricted funds	Designated funds	Restricted funds	Total
		2022	2022	2022	2022
	Notes	£	£	£	£
<b><u>Income and endowments from:</u></b>					
Donations and legacies	3	34,857	4,500	27,030	66,387
Charitable activities	4	1,284,623	-	-	1,284,623
Activities for generating funds	5	107,263	-	-	107,263
Investments	6	71	-	-	71
Other income	7	16,388	-	-	16,388
<b>Total income</b>		<b>1,443,202</b>	<b>4,500</b>	<b>27,030</b>	<b>1,474,732</b>
<b><u>Expenditure on:</u></b>					
Raising funds	8	1,393	-	-	1,393
Charitable activities	9	1,004,725	1,937	67,281	1,073,943
<b>Total resources expended</b>		<b>1,006,118</b>	<b>1,937</b>	<b>67,281</b>	<b>1,075,336</b>
Net gains/(losses) on investments	14	175,402	-	-	175,402
Gross transfers between funds	15	(43,908)	51,888	(7,980)	-
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		<b>568,578</b>	<b>54,451</b>	<b>(48,231)</b>	<b>574,798</b>
Fund balances at 1 April 2021		(46,307)	15,818	606,173	575,684
<b>Fund balances at 31 March 2022</b>		<b>522,271</b>	<b>70,269</b>	<b>557,942</b>	<b>1,150,482</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

**HEREFORDSHIRE MIND****BALANCE SHEET****AS AT 31 MARCH 2023**

	Notes	2023		2022	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	<b>16</b>		654,326		641,428
<b>Current assets</b>					
Debtors	<b>17</b>	157,783		94,559	
Cash at bank and in hand		528,443		594,028	
			686,226		688,587
<b>Creditors: amounts falling due within one year</b>	<b>18</b>	(97,646)		(179,533)	
Net current assets			588,580		509,054
<b>Total assets less current liabilities</b>			1,242,906		1,150,482
<b>Income funds</b>					
Restricted funds	<b>21</b>		544,203		557,942
Designated funds	<b>22</b>		243,085		70,269
Unrestricted funds			455,618		522,271
			1,242,906		1,150,482

## HEREFORDSHIRE MIND

### BALANCE SHEET (CONTINUED)

**AS AT 31 MARCH 2023**

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023, although an audit has been carried out under section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on .....

.....

Mr M Waller

**Trustee (Director)**

**Company Registration No. 02339094**

**HEREFORDSHIRE MIND****STATEMENT OF CASH FLOWS****FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	2023 £	£	2022 £	£
<b>Cash flows from operating activities</b>					
Cash (absorbed by)/generated from operations	26		(47,225)		125,058
<b>Investing activities</b>					
Purchase of tangible fixed assets		(23,254)		(29,730)	
Proceeds on disposal of tangible fixed assets		881		-	
Proceeds on disposal of investment property		-		1,676,651	
Interest received		4,013		71	
<b>Net cash (used in)/generated from investing activities</b>			(18,360)		1,646,992
<b>Financing activities</b>					
Repayment of bank loans		-		(1,750,000)	
<b>Net cash used in financing activities</b>			-		(1,750,000)
<b>Net (decrease)/increase in cash and cash equivalents</b>			(65,585)		22,050
Cash and cash equivalents at beginning of year			594,028		571,978
<b>Cash and cash equivalents at end of year</b>			<u>528,443</u>		<u>594,028</u>

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS

#### FOR THE YEAR ENDED 31 MARCH 2023

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#### 1 Accounting policies

##### Company information

Herefordshire Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is Heffernan House, 130-132 Widemarsh Street, Hereford, HR4 9HN.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

##### 1.2 Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of signing these accounts.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

##### 1.4 Incoming resources

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

##### 1.5 Resources expended

All expenses are accounted for on an accruals basis. Liabilities are recognised when they are incurred.

Costs of generating funds comprise those costs directly attributable to raising funds through activities.

Direct charitable expenditure includes all overhead costs in supporting the direct charitable activities.

Governance costs comprise those costs not already deemed as overhead costs and not associated with achieving the direct charitable activities.

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2023

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#### 1 Accounting policies

(Continued)

##### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% or 20% on cost, land is not depreciated
Fixtures and fittings	20% on cost
Computers	33.33% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

##### 1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the current market value of similar assets are assessed.

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/ (expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

##### 1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, and other short-term liquid investments with original maturities of three months or less.

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2023

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#### 1 Accounting policies

(Continued)

##### 1.9 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

##### 1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### *FOR THE YEAR ENDED 31 MARCH 2023*

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#### **2 Critical accounting estimates and judgements**

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Such estimates include the establishment of an appropriate depreciation policy in respect of tangible fixed assets to ensure book value is compatible with market value. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)*****FOR THE YEAR ENDED 31 MARCH 2023*****3 Donations and legacies**

	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total</b>	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total</b>
	<b>2023</b>	<b>2023</b>	<b>2023</b>	<b>2023</b>	2022	2022	2022	2022
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Donations and gifts	18,113	8,417	25,550	52,080	34,857	4,500	27,030	66,387
Legacies receivable	-	59,800	-	59,800	-	-	-	-
	<u>18,113</u>	<u>68,217</u>	<u>25,550</u>	<u>111,880</u>	<u>34,857</u>	<u>4,500</u>	<u>27,030</u>	<u>66,387</u>

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2023****4 Charitable activities**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Grants/ contracts with Local Authorities &amp; Statutory Bodies</b>		
Herefordshire Primary Care Trust - Residential Home	412,384	299,744
Herefordshire Primary Care Trust - Intensive Support	-	89,242
Herefordshire NHS CCG SafeHaven	189,857	154,218
Peer Support	217,656	242,454
Student placement	536	-
	<u>820,433</u>	<u>785,658</u>
<b>Other incoming resources from charitable activities</b>		
Residential and nursing home fees	276,859	345,358
Housing rents	129,717	130,148
Contributions from service users	9,988	4,153
Miller court fees	-	18,608
Room hire	1,388	698
	<u>417,952</u>	<u>498,965</u>
	<u><u>1,238,385</u></u>	<u><u>1,284,623</u></u>
Analysis by fund		
Unrestricted funds	<u>1,238,385</u>	<u>1,284,623</u>
	<u><u>1,238,385</u></u>	<u><u>1,284,623</u></u>

**5 Activities for generating funds**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Fundraising events	25,530	29,514
Domiciliary Care	98,880	74,399
Training	7,110	3,350
	<u>131,520</u>	<u>107,263</u>
Activities for generating funds	<u><u>131,520</u></u>	<u><u>107,263</u></u>

All unrestricted activities.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2023****6 Investments**

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2023</b>	2022
	<b>£</b>	<b>£</b>
Interest receivable	4,012	71
	<u>4,012</u>	<u>71</u>

**7 Other income**

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2023</b>	2022
	<b>£</b>	<b>£</b>
Government grants	17,025	16,388
	<u>17,025</u>	<u>16,388</u>

**8 Raising funds**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<u>Trading costs</u>		
Other trading activities	2,129	1,393
	<u>2,129</u>	<u>1,393</u>
	<u>2,129</u>	<u>1,393</u>

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2023****9 Charitable activities**

	Recovery and wellbeing 2023	Community Support/ Housing 2023	Residential Homes 2023	Intensive Support/ CST 2023	Total 2023	Total 2022
Note	£	£	£	£	£	£
Staff and agency costs	347,257	74,240	507,912	73,934	1,003,343	895,817
Property	183	10,859	37,153	-	48,195	61,242
Catering/ Consumables	-	-	15,206	644	15,850	22,573
Transport	417	-	3,728	-	4,145	5,489
Depreciation/ Other	66,620	21,138	13,178	17,241	118,177	111,255
Herefordshire PCT	-	-	34,003	-	34,003	41,584
Loan interest	-	-	-	-	-	(224,977)
Other charitable expenditure	-	-	(881)	-	(881)	-
	<u>414,477</u>	<u>106,237</u>	<u>610,299</u>	<u>91,819</u>	<u>1,222,832</u>	<u>912,983</u>
Share of support costs (see note 12)	60,008	15,381	88,358	13,293	177,040	152,831
Share of governance costs (see note 12)	2,846	730	4,191	630	8,397	8,129
	<u>477,331</u>	<u>122,348</u>	<u>702,848</u>	<u>105,742</u>	<u>1,408,269</u>	<u>1,073,943</u>
<b>Analysis by fund</b>						
Unrestricted funds	400,293	121,267	694,414	105,485	1,321,459	1,004,725
Designated funds	38,046	1,081	8,137	257	47,521	1,937
Restricted funds	38,992	-	297	-	39,289	67,281
	<u>477,331</u>	<u>122,348</u>	<u>702,848</u>	<u>105,742</u>	<u>1,408,269</u>	<u>1,073,943</u>

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2023****9 Charitable activities****(Continued)**

For the year ended 31 March 2022

		Recovery and wellbeing £	Community Support/ Housing £	Residential Homes £	Intensive Support/ CST £	Total 2022 £
	<b>Note</b>					
Staff and agency costs		276,721	65,575	408,401	145,120	895,817
Property		1	8,295	52,459	487	61,242
Catering/ Consumables		-	4	22,058	511	22,573
Transport		460	-	5,029	-	5,489
Depreciation/ Other		54,038	17,394	21,844	17,979	111,255
Herefordshire PCT		-	-	41,584	-	41,584
Loan interest	10	-	-	(224,977)	-	(224,977)
		<u>331,220</u>	<u>91,268</u>	<u>326,398</u>	<u>164,097</u>	<u>912,983</u>
Share of support costs (see note 12)		49,944	17,398	54,207	31,282	152,831
Share of governance costs (see note 12)		2,656	925	2,883	1,665	8,129
		<u>383,820</u>	<u>109,591</u>	<u>383,488</u>	<u>197,044</u>	<u>1,073,943</u>
<b>Analysis by fund</b>						
Unrestricted funds		314,602	109,591	383,488	197,044	1,004,725
Endowment funds - designated		1,937	-	-	-	1,937
Restricted funds		67,281	-	-	-	67,281
		<u>383,820</u>	<u>109,591</u>	<u>383,488</u>	<u>197,044</u>	<u>1,073,943</u>

**10 Loan interest**

In accordance with an agreement made with the lenders in December 2020, the proceeds on the sale of Miller Court satisfied the capital outstanding to the lenders at the point of sale such that under the revised terms of the agreement the interest that had accumulated was waived.

**11 Trustees**

No trustees received remuneration or expenses in the year.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2023****12 Support costs**

	Support costs	Governance costs	2023 Support costs	Governance costs	2022
	£	£	£	£	£
Staff costs	127,299	-	127,299	106,688	106,688
Property	17,849	-	17,849	12,274	12,274
Administration	31,892	-	31,892	33,869	33,869
Audit fees	-	5,400	5,400	-	5,100
Other governance costs	-	2,997	2,997	-	3,029
	<u>177,040</u>	<u>8,397</u>	<u>185,437</u>	<u>152,831</u>	<u>160,960</u>
Analysed between					
Charitable activities	<u>177,040</u>	<u>8,397</u>	<u>185,437</u>	<u>152,831</u>	<u>160,960</u>

**13 Employees**

The average monthly number employees during the year was 61 (2022: 60)

Employment costs	2023	2022
	£	£
Wages and salaries	988,466	904,486
Social security costs	64,157	55,940
Other pension costs	13,283	12,275
	<u>1,065,906</u>	<u>972,701</u>

Included in the above are costs of £63,976 relating to redundancies arising from the closure of the Shires.

The remuneration of key management personnel is £185,122 (2022: £193,449).

There were no employees whose annual remuneration was £60,000 or more.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2023****14 Net gains/(losses) on investments**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Reversal of impairment on sale	-	175,402
	<u>          </u>	<u>          </u>

**15 Transfers**

The transfers made relate to internal recharges or designation of funds as described in the designated funds note.

**16 Tangible fixed assets**

	<b>Freehold land and buildings</b>	<b>Fixtures and fittings</b>	<b>Computers</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost</b>				
At 1 April 2022	806,144	84,744	44,243	935,131
Additions	-	23,254	-	23,254
Disposals	-	(45,411)	(16,791)	(62,202)
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
At 31 March 2023	806,144	62,587	27,452	896,183
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>Depreciation and impairment</b>				
At 1 April 2022	195,690	56,122	41,891	293,703
Depreciation charged in the year	4,394	5,142	820	10,356
Eliminated in respect of disposals	-	(45,411)	(16,791)	(62,202)
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
At 31 March 2023	200,084	15,853	25,920	241,857
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>Carrying amount</b>				
At 31 March 2023	606,060	46,734	1,532	654,326
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
At 31 March 2022	610,454	28,622	2,352	641,428
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

**17 Debtors**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Amounts falling due within one year:</b>		
Trade debtors	114,339	83,763
Other debtors	38,814	4,439
Prepayments and accrued income	4,630	6,357
	<u>          </u>	<u>          </u>
	157,783	94,559
	<u>          </u>	<u>          </u>

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2023****18 Creditors: amounts falling due within one year**

	Notes	2023 £	2022 £
Other taxation and social security		8,560	20,192
Deferred income	19	54,597	109,997
Trade creditors		11,241	14,689
Other creditors		1,989	2,920
Accruals		21,259	31,735
		<u>97,646</u>	<u>179,533</u>

**19 Deferred income**

	2023 £	2022 £
Other deferred income	54,597	109,997
	<u>54,597</u>	<u>109,997</u>

Deferred income is included in the financial statements as follows:

Current liabilities	54,597	109,997
	<u>54,597</u>	<u>109,997</u>

Deferred income represents amounts received in advance of the provision of services contracted and is released in the subsequent accounting period.

**20 Retirement benefit schemes**

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

The charge to the statement of financial activities in respect of defined contribution schemes was £13,283 (2022: £12,275).

Contributions due to the scheme at the balance sheet date are included in creditors and amounted to £1,989 (2022: £3,034).

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2023****21 Restricted funds**

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds			
	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
HQ Hfd Community Fund IT	3,601	-	(3,601)	-	-	-	-	-
HQ Mind COVID IT	854	-	(633)	-	221	-	(221)	-
HQ Mind Digital Transformation	-	3,000	-	-	3,000	-	-	3,000
Shires Residents	797	-	(500)	-	297	-	(297)	-
Heffernan Screw Fix	4,583	-	(1,000)	-	3,583	-	(1,000)	2,583
WR Barrolls	816	-	(306)	-	510	-	(306)	204
WR Jordan Foundation	899	-	(899)	-	-	-	-	-
(Safe Haven) Pears Foundation/ DCMS Emergency Fund	2,428	-	(2,428)	-	-	-	-	-
Miller Court	7,978	-	-	(7,978)	-	-	-	-
Heff Activities Bulmers	4,000	-	(4,000)	-	-	-	-	-
Housing Corp	102,092	-	(740)	-	101,352	-	(740)	100,612
Original Fund	194,553	-	(1,430)	-	193,123	-	(1,430)	191,693
Ferncroft Property BMA	31,725	-	(262)	-	31,463	-	(262)	31,201
DC HF Property BMA	213,624	-	(1,422)	-	212,202	-	(1,422)	210,780
Young People	4,319	-	(4,317)	(2)	-	-	-	-
Anon Counselling	10,000	-	(5,877)	-	4,123	-	(4,123)	-
Schuh Trust Counselling	5,000	-	(5,000)	-	-	5,000	(5,000)	-
Evesons Counselling	18,904	-	(18,904)	-	-	-	-	-
C/Fwd	606,173	3,000	(51,319)	(7,980)	549,874	5,000	(14,801)	540,073

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2023****21 Restricted funds****(Continued)**

	Movement in funds				Movement in funds			
	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 31 March 2023
	£	£	£	£	£	£	£	£
B/Fwd	606,173	3,000	(51,319)	(7,980)	549,874	5,000	(14,801)	540,073
Active HW	-	3,655	(587)	-	3,068	2,420	(5,488)	-
Alan Brailsford	-	5,000	-	-	5,000	-	(5,000)	-
Shires - Infection Control	-	8,881	(8,881)	-	-	-	-	-
Shires - COVID Testing	-	6,494	(6,494)	-	-	-	-	-
Community First	-	-	-	-	-	4,130	-	4,130
Herefordshire Community Fund	-	-	-	-	-	12,000	(12,000)	-
Freemasons	-	-	-	-	-	1,000	(1,000)	-
AC Auto	-	-	-	-	-	1,000	(1,000)	-
	<u>606,173</u>	<u>27,030</u>	<u>(67,281)</u>	<u>(7,980)</u>	<u>557,942</u>	<u>25,550</u>	<u>(39,289)</u>	<u>544,203</u>

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### *FOR THE YEAR ENDED 31 MARCH 2023*

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#### **21 Restricted funds**

**(Continued)**

The Ferncroft Funds represent grants received specifically for buying and improving the Ferncroft property.

The Big MIND Capital Appeal represents funds raised for the purchase and alteration of Heffernan House and for alterations to Ferncroft.

The Wellbeing & Recovery funds represent funding for the development of day care in the county.

The Wellbeing & Recovery Outreach Project, largely funded by the Jordan Foundation, gives assistance to service users to access and participate in educational and recreational courses.

Young People, funded work with young people and IT upgrade.

Miller court - various grants received for the construction of Miller Court against which the relevant proportion of depreciation will be charged.

Eveson Charitable Trust - Counselling fund, Anon counselling fund and Schuh Trust counselling fund will be used towards the costs of setting up and running a counselling service.

Hereford Community IT Fund will be used to upgrade the IT and communications system.

Community First £2,030 provided for mental health training and the Art Space and Wellsprings (music) projects and the remaining £2,100 is restricted to the Into The Woods project.

Herefordshire Community Fund will be used for the Art Space and Wellsprings (music) project, counselling project and a contribution to Heffernan House's (where the counselling takes place) running costs.

Freemasons - to aid the running of counselling sessions.

AC Auto - to aid the running of counselling sessions.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)****FOR THE YEAR ENDED 31 MARCH 2023****22 Designated funds**

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	<b>Movement in funds</b>				<b>Balance at 31 March 2023</b>
	<b>Balance at 1 April 2022</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	
	£	£	£	£	£
Heffernan Activities	6,473	1,063	(7,536)	-	-
Ferncroft	21,022	-	(1,000)	15,158	35,180
Heffernan/Safe Haven	18,861	29,642	-	59,385	107,888
Shires Property	16,000	-	(8,138)	11,434	19,296
Organisation Training	7,913	3,099	(597)	-	10,415
CMHT	-	-	(26,348)	65,065	38,717
CIM	-	2,824	(3,902)	1,078	-
Organisation IT upgrade	-	10,000	-	-	10,000
Garden Room	-	20,158	-	-	20,158
Go with the Flow	-	1,431	-	-	1,431
	<u>70,269</u>	<u>68,217</u>	<u>(47,521)</u>	<u>152,120</u>	<u>243,085</u>

	<b>Movement in funds</b>				<b>Balance at 31 March 2022</b>
	<b>Balance at 1 April 2021</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	
	£	£	£	£	£
Young People	7,913	-	-	(7,913)	-
Heffernan Activities	2,522	-	(1,937)	5,888	6,473
Ferncroft	1,022	-	-	20,000	21,022
Heffernan/Safe Haven	4,361	4,500	-	10,000	18,861
Shires Property	-	-	-	16,000	16,000
Organisation Training	-	-	-	7,913	7,913
	<u>15,818</u>	<u>4,500</u>	<u>(1,937)</u>	<u>51,888</u>	<u>70,269</u>

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### *FOR THE YEAR ENDED 31 MARCH 2023*

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#### **22 Designated funds**

**(Continued)**

Young People fund is donations designated for work with 18 to 25 year olds.

Heffernan Activity fund will be used towards the cost of running activities at Heffernan House which are not funded from any other grants.

Ferncroft fund will be used to improve the property and support the tenants (for example with emergency supplies).

Heffernan/Safe Haven fund will be used to improve the environment at Heffernan House for clients accessing our Safe Haven service and other activities.

Shires Property - funds set aside for the closure of the Shires.

Organisation Training - Young People funds re-designated for training.

Garden Room - Legacy funding received, designated to the cost of purchasing and constructing a garden room, enabling extra space for counselling and private meetings with clients.

Go With The Flow - Designated fundraising to carry out garden improvements in memory of a late member of staff.

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)*****FOR THE YEAR ENDED 31 MARCH 2023*****23 Analysis of net assets between funds**

	<b>Unrestricted 2023 £</b>	<b>Designated 2023 £</b>	<b>Restricted 2023 £</b>	<b>Total 2023 £</b>	<b>Unrestricted 2022 £</b>	<b>Designated 2022 £</b>	<b>Restricted 2022 £</b>	<b>Total 2022 £</b>
Fund balances at 31 March 2023 are represented by:								
Tangible assets	70,201	-	584,125	654,326	70,201	-	571,227	641,428
Current assets/(liabilities)	385,417	243,085	(39,922)	588,580	452,070	70,269	(13,285)	509,054
	<u>455,618</u>	<u>243,085</u>	<u>544,203</u>	<u>1,242,906</u>	<u>522,271</u>	<u>70,269</u>	<u>557,942</u>	<u>1,150,482</u>

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2023

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**24 Operating lease commitments**

At the reporting end date the Charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	<b>2023</b>	<b>2022</b>
	£	£
Within one year	-	2,181
	<u>          </u>	<u>          </u>

The amount expensed in the year was NIL (2022: £2,187).

**HEREFORDSHIRE MIND****NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2023****25 Related party transactions****Transactions with related parties**

There were no related party transactions during the year.

<b>26 Cash generated from operations</b>	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Surplus for the year	92,424	574,798
Adjustments for:		
Investment income recognised in statement of financial activities	(4,012)	(71)
Interest waived	-	(224,977)
Fair value gains and losses on investment properties	-	(175,402)
Depreciation and gain on disposal of tangible fixed assets	9,475	20,828
Movements in working capital:		
(Increase) in debtors	(63,225)	(51,860)
(Decrease)/increase in creditors	(26,487)	4,015
(Decrease) in deferred income	(55,400)	(22,273)
<b>Cash (absorbed by)/generated from operations</b>	<b>(47,225)</b>	<b>125,058</b>

**HEREFORDSHIRE MIND**

England & Wales - Charity number 701260

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# Accounts

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**Charity Registration No. 701260**

**Company Registration No. 02339094 (England and Wales)**

**HEREFORDSHIRE MIND**  
**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

# HEREFORDSHIRE MIND

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Ms C Shovlin Mr M Waller Mr A Wilcox Mr A Fry Mr A Last Ms J Wickett
<b>Chief Executive</b>	Ms A Lawrence
<b>Charity number</b>	701260
<b>Company number</b>	02339094
<b>Registered and Principal office</b>	Heffernan House 130-132 Widemarsh Street Hereford HR4 9HN
<b>Auditor</b>	Kendall Wadley LLP Granta Lodge 71 Graham Road Malvern Worcestershire WR14 2JS
<b>Bankers</b>	CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4JQ

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# HEREFORDSHIRE MIND

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# HEREFORDSHIRE MIND

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

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The Trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

### **Objectives and activities**

The Charity's objects are to focus on assisting in relieving and rehabilitating persons suffering from mental disorders or conditions of emotional or mental distress. There is unrestricted access to our services for all affected by such conditions and in consequence the activities delivered are for public benefit.

Our vision is of a world where everyone gets the respect and support they need to achieve good mental wellbeing.

To realise this, our Mission is to provide quality support, whilst raising awareness and promoting understanding about mental health issues.

We are (our Values)...

Independent: we will use our independence to speak out on behalf of people with mental health problems.

Responsive: we listen to what people tell us and act on this.

Open: we are transparent and accountable in all that we do.

Collaborative: working with others, we achieve more.

Creative: we nurture creativity and innovation.

The Trustees have paid due regard to guidance on public benefit issued by the Charity Commission in deciding what activities the Charity should undertake.

Our nursing based care home provision from our "Shires" care home on Aylestone Hill, Hereford offers a slow stream recovery model for residents with serious and enduring mental health problems. Regrettably this is due to close in December 2022 - see achievements and performance for further detail.

We continue to provide Community Hub Activities, which is the original core service, operating from our hub in Heffernan House, with "outreach" across the county delivering activities and support-based work.

With the changes in public sector funding, Herefordshire Mind has been under continuing pressure to seek additional sources of funding and we are grateful for the considerable support from the public and charitable funders.

We remain dependent on funding, donations, corporate sponsorship and legacies for much of what we deliver and we would like to thank all those organisations, national and local, charitable foundations and individuals who have helped to sustain our work.

# HEREFORDSHIRE MIND

## TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

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### Achievements and performance

April 2021 – April 2022 Herefordshire Mind has continued to expand within the community of Herefordshire and ensure that we reach out across the county. Covid-19 continues to pose challenges with staffing levels and management of our nursing home; and the Trustees would like to pay tribute to all of our staff, who have continued to work tirelessly, adapting to growing demands ensuring that we maintain continuity of existing services and also build and expand our new initiatives in support of our communities.

We are working to develop our community offer and over the last year have seen demand for services grow. We want to be able to offer open door access to all and a route to ensuring that people can receive mental health support and take steps to manage their own recovery journey with Mind services there to help.

Herefordshire Mind's services across the community now include our Safe Haven service which runs 7 days a week, for people in mental health crisis. Expanding counselling services which are funded through charitable donations including grants from the Schuh Trust and Eveson Trust. We now also deliver a range of peer support services with a specific peer run complex emotional needs service.

Our community support teams continue to work 1-1 with individuals across the county and our Housing In Mind Service, Ferncroft, offers supported accommodation to 9 residents. Weekly activities continue at Heffernan House with our Art groups expanding to four sessions a week and a regular Friday music group. In 2022 we have also expanded groups into the rural area with an 'In to the Woods' activity group.

In Sept 2021 we successfully secured the sale of Miller Court which meant we were able to settle our longstanding loan with Big Issue Invest and discharge all liabilities on this building. The Trustees would like to acknowledge the exceptional support provided by Big Issue Invest since their involvement with this project dating back to 2015. Their continued support was key in enabling the eventual discharge of this liability.

Over 2022 we have had to make the difficult decision to close our Mental Health Nursing Home, The Shires. We have been running this home for over 20 years but the pressures of infection control and Covid-19 highlighted that the old building of The Shires was no longer fit for purpose and we have been working closely with the NHS and the local authority to manage a planned closure of the home in December 2022. We want to recognise the exceptional work of all those staff involved in this closure and particularly our Registered Manager who has led the staff team and residents through this difficult period. In the words of one of our exiting nurses *'The Shires has always been a special and unique Sanctuary where I have witnessed the best Service given to people in Mental health facilities, and you should all be proud for actually giving meaning to what ....going the extra mile .....is.'*

Partnership working is key to delivering successful services within Herefordshire and our work through the Mental Health Transformation project has really helped us develop and build greater partnership working with our Link Worker team sitting as part of the NHS Neighbourhood Mental Health teams. We are also actively involved with the Herefordshire Council Talk Community initiative and the Herefordshire Community Partnership.

As our services change and develop Herefordshire Mind remains committed to serving all those across the county and ensuring that no one has to face a mental health issue alone.

# HEREFORDSHIRE MIND

## TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

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### Financial review

In common with the rest of the 3rd sector and with all suppliers of health and social care services, our environment remains very difficult, comprising a steady increase in the demand for services coupled with continued pressures on funding.

However, the charity successfully increased its income by £165,057 (12.6%) over the previous year. The main reason for the increase was due to additional housing rents received in connection to the Housing in Mind project, together with funding for Community Health Transformation.

The net resulting increase in funds from activities before accounting for a fair value revaluation adjustment on Miller Court and loan interest waived amounted to £174,419.

The lease on Miller Court came to an end in September 2020, and the property was sold in September 2021 for £1,725,000 resulting in a further fair value gain of £175,402 (2021: loss of £275,000) being recognised this year and interest of £224,977 was waived in connection with the loans on the property. This resulted in an overall net movement in funds of a surplus of £574,798 in comparison to a deficit of £63,203 in 2021.

Total reserves as at 31 March 2022 amounted to £1,150,482 (2021: £575,684), which comprised, restricted funds of £557,942, designated funds set aside for future funding purposes of £70,269 and unrestricted funds a surplus of £522,271.

The Board of Trustees established an objective, for free reserves (unrestricted funds not committed or invested in tangible fixed assets) to equal one month of resources expended; this equates to approximately £89,500 at 2021/22 expenditure levels. At this level the Board of Trustees feel the organisation would be able to meet most contingencies without affecting day-to-day activities.

Free reserves as at the year end amounted to a surplus of £452,070 (2021: deficit of £98,846).

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of signing these accounts.

The full support of the key stakeholders of the charity has been invaluable.

### Future Plans

As we anticipated last year, Herefordshire Mind is increasingly involved in delivering services in response to the strain that Covid-19 and the pandemic has placed on people's mental health, therefore we had planned for a significant increase in demand and the need to expand our services accordingly. We continue to be involved in the groundbreaking mental health transformation project establishing a team of link workers to work alongside clinical statutory Mental health teams and also expanding our services into online delivery and counselling. Fundraising has been challenging but we have benefitted from the increase in Covid-19 related funding and funding for mental health. We want to ensure that everyone who has faced increased mental health challenges through 2021/22 and beyond does not face those issues alone.

# HEREFORDSHIRE MIND

## TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2022

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### Structure, governance and management

The Charity is a company limited by guarantee incorporated in England and Wales. The Charitable Company is governed by its Memorandum and Articles of Association dated 25 January 1989 and as amended by special resolution dated 16 July 1991, 26 July 1994, 18 January 2000 and 21 November 2001.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms C Shovlin  
Mr M Waller  
Mr A Wilcox  
Mr A Fry  
Mr A Last  
Ms J Wickett

The Trustees of Herefordshire Mind are appointed either through election at the Annual General Meeting or by co-option by existing Trustees at their meetings during the year. New Trustees are given an induction pack that explains their legal obligations under charity and company law and their proposed role in the charity. They are also given an opportunity to see the charities operations and to meet key employees and the Trustees.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The board of Trustees administers the charity. The board appoints a Chief Executive Officer to manage the day to day operations of the charity and there is further delegation, within terms approved by the Trustees. The Chief Executive Officer is Alicia Lawrence.

The pay of key management personnel is set by the Board having due regard to responsibilities, experience and rates of pay in the health sector.

### Disclosure of information to auditor

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The Trustees' report was approved by the Board of Trustees.



Mr M Waller

Trustee (Director)

Dated: 5 December 2022

# HEREFORDSHIRE MIND

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

### *FOR THE YEAR ENDED 31 MARCH 2022*

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The Trustees, who are also the directors of Herefordshire Mind for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# HEREFORDSHIRE MIND

## INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF HEREFORDSHIRE MIND

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### Opinion

We have audited the financial statements of Herefordshire Mind (the 'Charity') for the year ended 31 March 2022 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

# HEREFORDSHIRE MIND

## INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEREFORDSHIRE MIND

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### **Responsibilities of Trustees**

As explained more fully in the statement of Trustees' responsibilities, the Trustees, who are also the directors of the Charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

### **Extent to which the audit was considered capable of detecting irregularities, including fraud**

- an understanding of the risk assessment process (including the assessment of the risk of fraud) adopted by the Board is obtained and their attitude to risk ascertained
- an assessment of the susceptibility to material mis-statement of the financial statements as a result of management over-ride or fraud is made
- it is ensured that the engagement team have, collectively, the appropriate competence, capabilities and skills to be involved in the assignment, are fully briefed and understand the risks specific to the charity

### **Audit response to risks identified**

The information obtained through the assessment to risk procedures is reviewed and the following work undertaken:

- processes to test the outcomes of our assessment include, a review of Board minutes, analytical review, the relevance and accuracy of significant accounting estimates, substantive testing of significant transactions, work to identify unusual or unexpected accounting entries including the testing of journal entries, information disclosed in the financial statements is traced to supporting documentation. In all instances it is acknowledged that material mis-statements that arise from fraud may involve deliberate concealment or collusion and are, therefore, by their very nature harder to detect than those arising from error.
- an understanding of the legal and regulatory framework as applicable to the charity is obtained together with knowledge of the procedures put in place by the charity in order to comply with the same

It should be noted that Auditing standards limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

# HEREFORDSHIRE MIND

## INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEREFORDSHIRE MIND

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### Use of our report

This report is made solely to the company's members, as a body, in accordance with section 391 of the Companies Act 2014. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

**Sarah Morley ACA (Senior Statutory Auditor)**  
for and on behalf of Kendall Wadley LLP

5 December 2022

**Chartered Accountants**  
**Statutory Auditor**

Granta Lodge  
71 Graham Road  
Malvern  
Worcestershire  
WR14 2JS

Kendall Wadley LLP is eligible for appointment as auditor of the Charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

# HEREFORDSHIRE MIND

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

### Current financial year

		Unrestricted funds	Designated funds	Restricted funds	Total	Total
	Notes	2022 £	2022 £	2022 £	2022 £	2021 £
<b>Income and endowments from:</b>						
Donations and legacies	3	34,857	4,500	27,030	66,387	78,146
Charitable activities	4	1,284,623	-	-	1,284,623	1,108,134
Activities for generating funds	5	107,263	-	-	107,263	67,360
Investments	6	71	-	-	71	101
Other income	7	16,388	-	-	16,388	55,934
<b>Total income</b>		<b>1,443,202</b>	<b>4,500</b>	<b>27,030</b>	<b>1,474,732</b>	<b>1,309,675</b>
<b>Expenditure on:</b>						
Raising funds	8	1,393	-	-	1,393	703
Charitable activities	9	1,229,702	1,937	67,281	1,298,920	1,097,175
Loan interest	10	(224,977)	-	-	(224,977)	-
<b>Total resources expended</b>		<b>1,006,118</b>	<b>1,937</b>	<b>67,281</b>	<b>1,075,336</b>	<b>1,097,878</b>
Net gains/(losses) on investments	14	175,402	-	-	175,402	(275,000)
<b>Net incoming/(outgoing) resources before transfers</b>		<b>612,486</b>	<b>2,563</b>	<b>(40,251)</b>	<b>574,798</b>	<b>(63,203)</b>
Gross transfers between funds	15	(43,908)	51,888	(7,980)	-	-
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<b>568,578</b>	<b>54,451</b>	<b>(48,231)</b>	<b>574,798</b>	<b>(63,203)</b>
Fund balances at 1 April 2021		(46,307)	15,818	606,173	575,684	638,887
<b>Fund balances at 31 March 2022</b>		<b>522,271</b>	<b>70,269</b>	<b>557,942</b>	<b>1,150,482</b>	<b>575,684</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# HEREFORDSHIRE MIND

## STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

Prior financial year

		Unrestricted funds	Designated funds	Restricted funds	Total
		2021	2021	2021	2021
	Notes	£	£	£	£
<b><u>Income and endowments from:</u></b>					
Donations and legacies	3	25,404	500	52,242	78,146
Charitable activities	4	1,108,134	-	-	1,108,134
Activities for generating funds	5	67,360	-	-	67,360
Investments	6	101	-	-	101
Other income	7	55,934	-	-	55,934
<b>Total income</b>		<b>1,256,933</b>	<b>500</b>	<b>52,242</b>	<b>1,309,675</b>
<b><u>Expenditure on:</u></b>					
Raising funds	8	703	-	-	703
Charitable activities	9	1,061,143	4,729	31,303	1,097,175
<b>Total resources expended</b>		<b>1,061,846</b>	<b>4,729</b>	<b>31,303</b>	<b>1,097,878</b>
Net gains/(losses) on investments	14	(275,000)	-	-	(275,000)
<b>Net income/(expenditure) for the year/ Net movement in funds</b>		<b>(79,913)</b>	<b>(4,229)</b>	<b>20,939</b>	<b>(63,203)</b>
Fund balances at 1 April 2020		33,606	20,047	585,234	638,887
<b>Fund balances at 31 March 2021</b>		<b>(46,307)</b>	<b>15,818</b>	<b>606,173</b>	<b>575,684</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# HEREFORDSHIRE MIND

## BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022		2021	
		£	£	£	£
<b>Fixed assets</b>					
Tangible assets	16		641,428		632,526
<b>Current assets</b>					
Debtors	17	94,559		42,699	
Property held for sale	18	-		1,600,000	
Cash at bank and in hand		594,028		571,978	
		<u>688,587</u>		<u>2,214,677</u>	
<b>Creditors: amounts falling due within one year</b>	19	<u>(179,533)</u>		<u>(247,791)</u>	
Net current assets			509,054		1,966,886
<b>Total assets less current liabilities</b>			<u>1,150,482</u>		<u>2,599,412</u>
<b>Creditors: amounts falling due after more than one year</b>	20		-		(2,023,728)
<b>Net assets</b>			<u>1,150,482</u>		<u>575,684</u>
<b>Income funds</b>					
Restricted funds	24		557,942		606,173
Designated funds	25		70,269		15,818
Unrestricted funds			522,271		(46,307)
			<u>1,150,482</u>		<u>575,684</u>

## HEREFORDSHIRE MIND

### BALANCE SHEET (CONTINUED)

**AS AT 31 MARCH 2022**

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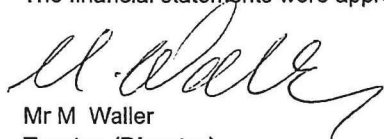
The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022, although an audit has been carried out under section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 5 December 2022



Mr M Waller  
Trustee (Director)

Company Registration No. 02339094

# HEREFORDSHIRE MIND

## STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2022

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	Notes	2022 £	£	2021 £	£
<b>Cash flows from operating activities</b>					
Cash generated from operations	30		125,058		331,327
<b>Investing activities</b>					
Purchase of tangible fixed assets		(29,730)		(19,099)	
Proceeds on disposal of investment property		1,676,651		-	
Interest received		71		101	
		<u>          </u>		<u>          </u>	
<b>Net cash generated from/(used in) investing activities</b>			1,646,992		(18,998)
<b>Financing activities</b>					
Repayment of bank loans		(1,750,000)		(50,000)	
		<u>          </u>		<u>          </u>	
<b>Net cash used in financing activities</b>			(1,750,000)		(50,000)
<b>Net increase in cash and cash equivalents</b>			22,050		262,329
Cash and cash equivalents at beginning of year			571,978		309,649
			<u>          </u>		<u>          </u>
<b>Cash and cash equivalents at end of year</b>			594,028		571,978
			<u>          </u>		<u>          </u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2022

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#### 1 Accounting policies

##### Company information

Herefordshire Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is Heffernan House, 130-132 Widemarsh Street, Hereford, HR4 9HN.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include freehold property held for resale and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of signing these accounts.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

##### 1.4 Incoming resources

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

##### 1.5 Resources expended

All expenses are accounted for on an accruals basis. Liabilities are recognised when they are incurred.

Costs of generating funds comprise those costs directly attributable to raising funds through activities.

Direct charitable expenditure includes all overhead costs in supporting the direct charitable activities.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

---

#### 1 Accounting policies

(Continued)

Governance costs comprise those costs not already deemed as overhead costs and not associated with achieving the direct charitable activities.

#### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% or 20% on cost, land is not depreciated
Fixtures and fittings	20% on cost
Computers	33.33% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the current market value of similar assets are assessed.

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/ (expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

#### 1.8 Property held for sale

Freehold property held for sale is recorded at the market value at the balance sheet date.

#### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, and other short-term liquid investments with original maturities of three months or less.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

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#### 1 Accounting policies

(Continued)

##### 1.10 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

##### 1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2022*

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### **2 Critical accounting estimates and judgements**

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Such estimates include the establishment of an appropriate depreciation policy in respect of tangible fixed assets to ensure book value is compatible with market value. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

**HEREFORDSHIRE MIND**

**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

**3 Donations and legacies**

	Unrestricted funds		Designated funds		Restricted funds		Total		Unrestricted funds		Designated funds		Restricted funds		Total	
	2022	2021	2022	2021	2022	2021	2022	2021	2022	2021	2022	2021	2022	2021	2022	2021
	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£	£
Donations and gifts	34,857		4,500		27,030		66,387		25,404		500		52,242		78,146	

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 4 Charitable activities

	2022 £	2021 £
<b>Grants/ contracts with Local Authorities &amp; Statutory Bodies</b>		
Herefordshire Primary Care Trust - Residential Home	299,744	279,664
Herefordshire Primary Care Trust - Intensive Support	89,242	118,692
Herefordshire NHS CCG SafeHaven	154,218	87,084
Peer Support	242,454	77,135
	<u>785,658</u>	<u>562,575</u>
<b>Other incoming resources from charitable activities</b>		
Residential and nursing home fees	345,358	356,907
Housing rents	130,148	124,825
Contributions from service users	4,153	818
Miller court fees	18,608	63,009
Room hire	698	-
	<u>498,965</u>	<u>545,559</u>
	<u>1,284,623</u>	<u>1,108,134</u>
	<u>1,284,623</u>	<u>1,108,134</u>
Analysis by fund		
Unrestricted funds	<u>1,284,623</u>	<u>1,108,134</u>
	<u>1,284,623</u>	<u>1,108,134</u>

### 5 Activities for generating funds

	2022 £	2021 £
Fundraising events	32,864	17,496
Domiciliary Care	74,399	49,864
Activities for generating funds	<u>107,263</u>	<u>67,360</u>

All unrestricted activities.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

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### 6 Investments

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2022</b>	2021
	£	£
Interest receivable	71	101
	<u>71</u>	<u>101</u>

### 7 Other income

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2022</b>	2021
	£	£
Government grants	16,388	11,624
Other Covid related grant funding	-	44,310
	<u>16,388</u>	<u>55,934</u>

### 8 Raising funds

	<b>2022</b>	<b>2021</b>
	£	£
<u>Trading costs</u>		
Other trading activities	1,393	703
	<u>1,393</u>	<u>703</u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 9 Charitable activities

	Recovery and wellbeing 2022	Community Support/Housing 2022	Residential Homes 2022	Intensive Support/CST 2022	Total 2022	Total 2021
Note	£	£	£	£	£	£
Staff and agency costs	276,721	65,575	408,401	145,120	895,817	721,955
Property	1	8,295	52,459	487	61,242	62,490
Catering/ Consumables	-	4	22,058	511	22,573	27,438
Transport	460	-	5,029	-	5,489	3,924
Depreciation/ Other	54,038	17,394	21,844	17,979	111,255	115,187
Herefordshire PCT	-	-	41,584	-	41,584	38,366
Loan interest	10	-	(224,977)	-	(224,977)	-
	331,220	91,268	326,398	164,097	912,983	969,360
Share of support costs (see note 12)	49,944	17,398	54,207	31,282	152,831	121,237
Share of governance costs (see note 12)	2,656	925	2,883	1,665	8,129	6,578
	383,820	109,591	383,488	197,044	1,073,943	1,097,175
<b>Analysis by fund</b>						
Unrestricted funds	314,602	109,591	383,488	197,044	1,004,725	1,061,143
Designated funds	1,937	-	-	-	1,937	4,729
Restricted funds	67,281	-	-	-	67,281	31,303
	383,820	109,591	383,488	197,044	1,073,943	1,097,175

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 9 Charitable activities

(Continued)

For the year ended 31 March 2021

	Recovery and wellbeing £	Community Support/ Housing £	Residential Homes £	Intensive Support/ CST £	Total 2021 £
Staff and agency costs	110,620	61,826	398,810	150,699	721,955
Property	1	10,952	50,753	784	62,490
Catering/ Consumables	-	2	26,775	661	27,438
Transport	-	-	3,924	-	3,924
Depreciation/ Other	51,382	14,729	36,321	12,755	115,187
Herefordshire PCT	-	-	38,366	-	38,366
	<u>162,003</u>	<u>87,509</u>	<u>554,949</u>	<u>164,899</u>	<u>969,360</u>
Share of support costs (see note 12)	20,256	10,943	69,418	20,620	121,237
Share of governance costs (see note 12)	1,099	594	3,766	1,119	6,578
	<u>183,358</u>	<u>99,046</u>	<u>628,133</u>	<u>186,638</u>	<u>1,097,175</u>
<b>Analysis by fund</b>					
Unrestricted funds	147,326	99,046	628,133	186,638	1,061,143
Endowment funds - designated	4,729	-	-	-	4,729
Restricted funds	31,303	-	-	-	31,303
	<u>183,358</u>	<u>99,046</u>	<u>628,133</u>	<u>186,638</u>	<u>1,097,175</u>

#### 10 Loan interest

In accordance with an agreement made with the lenders in December 2020, the proceeds on the sale of Miller Court satisfied the capital outstanding to the lenders at the point of sale such that under the revised terms of the agreement the interest that had accumulated was waived.

#### 11 Trustees

No trustees received remuneration or expenses in the year.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

### 12 Support costs

	Support costs	Governance costs	2022 Support costs		Governance costs	2021
	£	£	£	£	£	£
Staff costs	106,688	-	106,688	87,467	-	87,467
Property	12,274	-	12,274	4,944	-	4,944
Administration	33,869	-	33,869	28,826	-	28,826
Audit fees	-	5,100	5,100	-	5,114	5,114
Other governance costs	-	3,029	3,029	-	1,464	1,464
	<u>152,831</u>	<u>8,129</u>	<u>160,960</u>	<u>121,237</u>	<u>6,578</u>	<u>127,815</u>
Analysed between Charitable activities	<u>152,831</u>	<u>8,129</u>	<u>160,960</u>	<u>121,237</u>	<u>6,578</u>	<u>127,815</u>

### 13 Employees

The average monthly number employees during the year was 60 being 10 full time and 50 part time appointments (2021: 51 employees being 9 full time and 42 part time appointments)

Employment costs	2022 £	2021 £
Wages and salaries	904,486	707,341
Social security costs	55,940	46,746
Other pension costs	12,275	9,648
	<u>972,701</u>	<u>763,735</u>

The remuneration of key management personnel is £193,449 (2021: £214,038).

There were no employees whose annual remuneration was £60,000 or more.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 14 Net gains/(losses) on investments

	2022	2021
	£	£
Reversal of impairment on sale (2021 - Revaluation of freehold property held for sale)	175,402	(275,000)

#### 15 Transfers

The transfers made relate to internal recharges or designation of funds as described in the designated funds note.

#### 16 Tangible fixed assets

	Freehold land and buildings	Fixtures and fittings	Computers	Total
	£	£	£	£
<b>Cost</b>				
At 1 April 2021	806,144	55,014	76,432	937,590
Additions	-	29,730	-	29,730
Disposals	-	-	(32,189)	(32,189)
At 31 March 2022	806,144	84,744	44,243	935,131
<b>Depreciation and impairment</b>				
At 1 April 2021	191,296	44,109	69,659	305,064
Depreciation charged in the year	4,394	12,013	4,421	20,828
Eliminated in respect of disposals	-	-	(32,189)	(32,189)
At 31 March 2022	195,690	56,122	41,891	293,703
<b>Carrying amount</b>				
At 31 March 2022	610,454	28,622	2,352	641,428
At 31 March 2021	614,848	10,905	6,773	632,526

#### 17 Debtors

	2022	2021
	£	£
<b>Amounts falling due within one year:</b>		
Trade debtors	83,763	20,693
Other debtors	4,439	8,568
Prepayments and accrued income	6,357	13,438
	94,559	42,699

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 18 Assets held for sale

	2022 £	2021 £
Freehold property held for sale	-	1,600,000

### 19 Creditors: amounts falling due within one year

	Notes	2022 £	2021 £
Bank loans	21	-	50,000
Other taxation and social security		20,192	17,092
Deferred income	22	109,997	132,270
Trade creditors		14,689	13,941
Other creditors		2,920	3,175
Accruals		31,735	31,313
		<u>179,533</u>	<u>247,791</u>

### 20 Creditors: amounts falling due after more than one year

	Notes	2022 £	2021 £
Bank loan	21	-	2,023,728

### 21 Loans and overdrafts

	2022 £	2021 £
Bank loans	-	2,073,728
Payable within one year	-	50,000
Payable after one year	-	2,023,728

The long-term loans were secured by fixed charges over all of the freehold properties held by the Charity.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 21 Loans and overdrafts

(Continued)

At 31 March 2021 the long term loans were made up of:

a) Big Issue Invest amounting to £186,582, representing £150,000 capital and £36,582 accumulated interest. No interest was charged in the year. The original terms required interest to be repaid until January 2018, with the remaining period to maturity in March 2024 being repayable as equal monthly capital and interest repayments. Interest being charged at 10.5%. However, these terms were varied such that interest was frozen at 30 June 2018.

b) Big Issue Invest amounting to £100,137, representing £82,721 capital and £17,416 accumulated interest. No interest was charged in the year. The original terms required interest to be repaid until January 2018, with the remaining period to maturity in March 2024 being repayable as equal monthly capital and interest repayments. Interest being charged at 10.5%. However, these terms were varied such that interest was frozen at 30 June 2018 with quarterly capital payments of £1,728 being made.

c) Other loans included from the Big Issue Social Enterprise Investment Fund amount to £1,787,009, representing £1,517,280 capital and £269,729 accumulated interest. No interest was charged in the year. The original terms of the loan were that interest would accrue at 9.75% until it became repayable in April 2017, at which point interest of 9.75% and capital repayments would be made. However, these terms were varied during such that interest was frozen. Quarterly capital payments of £10,722 were made,

In December 2020 the loans were re-negotiated. The terms were extended for a further two years, with the final payment due on 1 November 2022. Interest continued to be frozen, and quarterly capital repayments remained the same. It was also agreed that in the event of achieved sale proceeds of the Miller Court Development being less than the principal capital amounts outstanding, the accumulated interest would be waived.

A sale of the property was achieved in September 2021 and the above liabilities extinguished as agreed.

#### 22 Deferred income

	2022 £	2021 £
Other deferred income	109,997	132,270
	<u>109,997</u>	<u>132,270</u>
Deferred income is included in the financial statements as follows:		
Current liabilities	109,997	132,270
	<u>109,997</u>	<u>132,270</u>

Deferred income represents amounts received in advance of the provision of services contracted and is released in the subsequent accounting period.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### *FOR THE YEAR ENDED 31 MARCH 2022*

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#### **23 Retirement benefit schemes**

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

The charge to the statement of financial activities in respect of defined contribution schemes was £12,275 (2021: £9,648)

Contributions due to the scheme at the balance sheet date are included in creditors and amounted to £3,034 (2021: £3,470).

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 24 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2020		Movement in funds		Balance at 1 April 2021		Movement in funds		Balance at 31 March 2022	
	£	£	Incoming resources	Resources expended	Incoming resources	Resources expended	Incoming resources	Resources expended	Transfers	£
HQ Hfd Community Fund IT	4,271	-	-	(670)	3,601	(3,601)	-	-	-	-
HQ Mind COVID IT	-	5,000	5,000	(4,146)	854	(633)	-	-	-	221
HQ Mind Digital Transformation	-	500	500	(500)	-	-	3,000	-	-	3,000
Heff Mindful Monday	-	400	400	(400)	-	-	-	-	-	-
Shires Residents	797	-	-	-	797	(500)	-	(500)	-	297
Heffernan Screw Fix	-	5,000	5,000	(417)	4,583	(1,000)	-	(1,000)	-	3,583
WR Barrolls	1,122	-	-	(306)	816	(306)	-	(306)	-	510
WR Jordan Foundation	899	-	-	-	899	(899)	-	(899)	-	-
(Safe Haven) Pears Foundation/ DCMS Emergency Fund	-	8,610	8,610	(6,182)	2,428	(2,428)	-	(2,428)	(7,978)	-
Miller Court	7,978	-	-	-	7,978	-	-	-	-	-
Heff Activities Bulmers	-	4,000	4,000	-	4,000	(4,000)	-	(4,000)	-	-
Heff Activities CAF Resilience	-	13,732	13,732	(13,732)	-	-	-	-	-	-
Housing Corp	102,832	-	-	(740)	102,092	(740)	-	(740)	-	101,352
Original Fund	195,983	-	-	(1,430)	194,553	(1,430)	-	(1,430)	-	193,123
Ferncroft Property BMA	31,987	-	-	(262)	31,725	(262)	-	(262)	-	31,463
DC HF Property BMA	215,046	-	-	(1,422)	213,624	(1,422)	-	(1,422)	-	212,202
Young People	4,319	-	-	-	4,319	(4,317)	-	(4,317)	(2)	-
Anon Counselling	-	10,000	10,000	-	10,000	(5,877)	-	(5,877)	-	4,123
Schuh Trust Counselling	-	5,000	5,000	-	5,000	(5,000)	-	(5,000)	-	-
Evesons Counselling	20,000	-	-	(1,096)	18,904	(1,096)	-	(1,096)	-	-
C/Fwd	585,234	52,242	52,242	(31,303)	606,173	(31,303)	3,000	(51,319)	(7,980)	549,874

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

24 Restricted funds	(Continued)									
	Balance at 1 April 2020 £	Incoming resources £	Movement in funds Resources expended £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Movement in funds Transfers £	Balance at 31 March 2022 £		
B/Fwd	585,234	52,242	(31,303)	606,173	3,000	(51,319)	(7,980)	549,874		
Active HW	-	-	-	-	3,655	(587)	-	3,068		
Alan Brailsford	-	-	-	-	5,000	-	-	5,000		
Shires - Infection Control	-	-	-	-	8,881	(8,881)	-	-		
Shires - COVID Testing	-	-	-	-	6,494	(6,494)	-	-		
	585,234	52,242	(31,303)	606,173	27,030	(67,281)	(7,980)	557,942		

The Ferncroft Funds represent grants received specifically for buying and improving the Ferncroft property.

The Big MIND Capital Appeal represents funds raised for the purchase and alteration of Hefferman House and for alterations to Ferncroft.

The Wellbeing & Recovery funds represent funding for the development of day care in the county.

The Wellbeing & Recovery Outreach Project, largely funded by the Jordan Foundation, gives assistance to service users to access and participate in educational and recreational courses.

Young People, funded work with young people and IT upgrade.

Miller court - various grants received for the construction of Miller Court against which the relevant proportion of depreciation will be charged.

Eveson Charitable Trust - Counselling fund, Anon counselling fund and Schuh Trust counselling fund will be used towards the costs of setting up and running a counselling service.

Hereford Community IT Fund will be used to upgrade the IT and communications system.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

#### 25 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds				
	Balance at 1 April 2021	Incoming resources	Resources expended	Transfers	Balance at 31 March 2022
	£	£	£	£	£
Young People	7,913	-	-	(7,913)	-
Heffernan Activities	2,522	-	(1,937)	5,888	6,473
Ferncroft	1,022	-	-	20,000	21,022
Heffernan/Safe Haven	4,361	4,500	-	10,000	18,861
Shires Property	-	-	-	16,000	16,000
Organisation Training	-	-	-	7,913	7,913
	<u>15,818</u>	<u>4,500</u>	<u>(1,937)</u>	<u>51,888</u>	<u>70,269</u>

	Movement in funds				
	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	Balance at 31 March 2021
	£	£	£	£	£
Young People	7,913	-	-	-	7,913
Heffernan Activities	2,522	-	-	-	2,522
Ferncroft	2,044	-	(1,022)	-	1,022
Heffernan/Safe Haven	7,568	500	(3,707)	-	4,361
	<u>20,047</u>	<u>500</u>	<u>(4,729)</u>	<u>-</u>	<u>15,818</u>

Young People fund is donations designated for work with 18 to 25 year olds.

Heffernan Activity fund will be used towards the cost of running activities at Heffernan House which are not funded from any other grants.

Ferncroft fund will be used to improve the property and support the tenants (for example with emergency supplies).

Heffernan/Safe Haven fund will be used to improve the environment at Heffernan House for clients accessing our Safe Haven service and other activities.

Shires Property - funds set aside for the closure of the Shires.

Organisation Training - Young People funds re-designated for training.

## HEREFORDSHIRE MIND

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

#### FOR THE YEAR ENDED 31 MARCH 2022

#### 26 Analysis of net assets between funds

Fund balances at 31 March 2022 are represented

by:

	Unrestricted 2022	Designated 2022	Restricted 2022	Total 2022	Unrestricted 2021	Designated 2021	Restricted 2021	Total 2021
	£	£	£	£	£	£	£	£
Tangible assets	70,201	-	571,227	641,428	52,539	-	579,987	632,526
Current assets/(liabilities)	452,070	70,269	(13,285)	509,054	1,924,882	15,818	26,186	1,966,886
Long term liabilities	-	-	-	-	(2,023,728)	-	-	(2,023,728)
	<u>522,271</u>	<u>70,269</u>	<u>557,942</u>	<u>1,150,482</u>	<u>(46,307)</u>	<u>15,818</u>	<u>606,173</u>	<u>575,684</u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2022

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#### 27 Operating lease commitments

At the reporting end date the Charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	2,181	2,187
Between two and five years	-	911
	<u>2,181</u>	<u>3,098</u>

The amount expensed in the year was £2,187 (2021: £2,193).

#### 28 Capital commitments

At 31 March 2022 the Charity had capital commitments as follows:

	2022 £	2021 £
Contracted for but not provided in the financial statements: Acquisition of property, plant and equipment	<u>-</u>	<u>7,345</u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

### 29 Related party transactions

#### Transactions with related parties

There were no related party transactions during the year.

30 Cash generated from operations	2022 £	2021 £
Surplus/(deficit) for the year	574,798	(63,203)
Adjustments for:		
Investment income recognised in statement of financial activities	(71)	(101)
Interest waived	(224,977)	-
Fair value gains and losses on investment properties	(175,402)	275,000
Depreciation and loss on disposal of tangible fixed assets	20,828	7,562
Movements in working capital:		
(Increase)/decrease in debtors	(51,860)	2,015
Increase in creditors	4,015	12,796
(Decrease)/increase in deferred income	(22,273)	97,258
<b>Cash generated from operations</b>	<b>125,058</b>	<b>331,327</b>

### 31 Analysis of changes in net funds/(debt)

	At 1 April 2021 £	Cash flows £	Other non-cash changes £	At 31 March 2022 £
Cash at bank and in hand	571,978	22,050	-	594,028
Loans falling due within one year	(50,000)	50,000	-	-
Loans falling due after more than one year	(2,023,728)	1,700,000	323,728	-
	<u>(1,501,750)</u>	<u>1,772,050</u>	<u>323,728</u>	<u>594,028</u>

**HEREFORDSHIRE MIND**

England & Wales - Charity number 701260

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# Accounts

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**Charity Registration No. 701260**

**Company Registration No. 02339094 (England and Wales)**

**HEREFORDSHIRE MIND**

**ANNUAL REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2021**

# HEREFORDSHIRE MIND

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	Ms C Shovlin Mr M Waller Mr A Wilcox Mr A Fry Mr A Last Ms J Wickett
<b>Chief Executive</b>	Ms A Lawrence
<b>Charity number</b>	701260
<b>Company number</b>	02339094
<b>Registered and Principal office</b>	Heffernan House 130-132 Widemarsh Street Hereford HR4 9HN
<b>Auditor</b>	Kendall Wadley LLP Granta Lodge 71 Graham Road Malvern Worcestershire WR14 2JS
<b>Bankers</b>	CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4JQ  Big Issue Invest 113-115 Fonthill Road London N4 3HH

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# HEREFORDSHIRE MIND

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# HEREFORDSHIRE MIND

## TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

### FOR THE YEAR ENDED 31 MARCH 2021

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The Trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's constitution, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

#### **Objectives and activities**

The Charity's objects are to focus on assisting in relieving and rehabilitating persons suffering from mental disorders or conditions of emotional or mental distress. There is unrestricted access to our services for all affected by such conditions and in consequence the activities delivered are for public benefit.

Our vision is of a world where everyone gets the respect and support they need to achieve good mental wellbeing.

To realise this, our Mission is to provide quality support, whilst raising awareness and promoting understanding about mental health issues.

We are (our Values)...

Independent: we will use our independence to speak out on behalf of people with mental health problems.

Responsive: we listen to what people tell us and act on this.

Open: we are transparent and accountable in all that we do.

Collaborative: working with others, we achieve more.

Creative: we nurture creativity and innovation.

The Trustees have paid due regard to guidance on public benefit issued by the Charity Commission in deciding what activities the Charity should undertake.

Our nursing based care home provision is the bedrock of the organisation's activities from our "Shires" care home on Aylestone Hill, Hereford. This offers a slow stream recovery model for residents with serious and enduring mental health problems. Funding is via individual placements from local authorities and the NHS.

We also continue to provide Community Hub Activities, which is the original core service, operating from our hub in Hefferman House, with "outreach" across the county delivering activities and support-based work.

With the changes in public sector funding, Herefordshire Mind has been under continuing pressure to seek additional sources of funding and we are grateful for the considerable support from the public and charitable funders.

We remain dependent on funding, donations, corporate sponsorship and legacies for much of what we deliver and we would like to thank all those organisations, national and local, charitable foundations and individuals who have helped to sustain our work.

# HEREFORDSHIRE MIND

## TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

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### **Achievements and performance**

April 2020 – April 2021 were an unprecedented 12 months for the whole world and us as we all faced the challenges of Covid. The Trustees would like to pay tribute to all of our staff, who quickly adapted to the demands of Covid and lock downs to ensure that we maintained continuity of existing services and also introduced a series of new initiatives in support of our communities. All this whilst ensuring the safety of our service users and colleagues.

Herefordshire Mind as a direct deliverer of services remained fully operational during this time delivering direct care through our Mental Health Nursing Home The Shires, our supported housing project Ferncroft, our intensive Housing scheme and our newly established Safe Haven crisis service. A number of our activities and staff also made use of online formats as appropriate.

The Art space group has expanded and remained virtually connected through the first lockdown then returning to Heffernan House with Covid measures in place. The Poetry and Music groups went online and we also were able to offer the addition of mindful breathing and relaxation sessions online.

Our community Support teams took a blended approach to support throughout 2020-21 providing face to face or phone support according to clients preferences. Despite the challenges of Covid, Herefordshire Mind has seen a period of growth through 2020-2021 with our involvement in the Mental Health Transformation project which Herefordshire & Worcester Health and care Trust was an early implementer site for. This has led to the development of a team of Herefordshire Mind link workers who sit alongside the statutory Neighbourhood Mental Health teams and work to provide Mental Health support to individuals across Herefordshire. In the first year of operation the link worker team supported over 253 clients. In 2021-22 this service will be developing further with the inclusion of two CENS (Complex emotional Needs) peer support workers.

In March 2020 we launched our new Safe Haven Crisis service running 3 evenings a week, in July 21 we extended this service to 7 nights a week, 365 days a year. To date this service has supported over 395 individuals who are at point of emotional crisis or experiencing suicidal thoughts.

In 2020 we were successful in securing funding to develop a new affordable/free counselling service due to Covid we did delay launch of this face to face service until April 21.

In Sept 2021 we successfully secured the sale of Miller Court which meant we were able to settle our longstanding loan with Big Issue Invest and discharge all liabilities on this building. The Trustees would like to acknowledge the exceptional support provided by Big Issue Invest since their involvement with this project dating back to 2015. Their continued support was key in enabling the eventual discharge of this liability.

Herefordshire Mind has adapted well and responded with resilience during this challenging year and the staff team have truly shown their dedication and commitment to all who we support. As Mental Health need increases as a result of the pandemic we feel we are well positioned to respond to this demand and further expand our reach and services accordingly.

# HEREFORDSHIRE MIND

## TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT)

### FOR THE YEAR ENDED 31 MARCH 2021

#### Financial review

In common with the rest of the 3rd sector and with all suppliers of health and social care services, our environment remains very difficult, comprising a steady increase in the demand for services coupled with continued pressures on funding.

However, the charity successfully increased its income by £232,035 (21.5%) over the previous year. The main reason for the increase was due to additional housing rents received in connection to the Housing in Mind project, together with funding for Community Health Transformation.

The net resulting increase in funds from activities before accounting for a fair value revaluation adjustment on Miller Court, amounted to £211,797, £195,087 of this relating to unrestricted funds.

The lease on Miller Court came to an end in September 2020, the property continued to be marketed for sale with a reduced guide price of £1,600,000, this unfortunately resulted in a further fair value loss of £275,000 (2020- £825,000) being recognised this year and led to an overall net movement in funds of a deficit of £63,203 in comparison to a deficit of £714,887 in 2020.

Total reserves as at 31 March 2021 amounted to £575,684 (2020 £638,887), which comprised, restricted funds of £606,173, designated funds set aside for future funding purposes of £15,818 and unrestricted funds a deficit of £46,307.

The Board of Trustees established an objective, for free reserves (unrestricted funds not committed or invested in tangible fixed assets) to equal one month of resources expended; this equates to (excluding Miller Court) approximately £81,000 at 2019/20 expenditure levels. At this level the Board of Trustees feel the organisation would be able to meet most contingencies without affecting day-to-day activities.

Free reserves as at the year end amounted to a deficit of £98,846 (2020 - deficit £43,939). In order to rebuild these reserves to be in line with this policy, efforts are being made to expand current services and fundraising and remodel current projects to ensure their financial viability.

A sale of Miller Court has been completed since the reporting date and in accordance with the terms agreed with Big Issue Invest, interest of approximately £323,000 will be released to the Statement of Financial Activities in the 2022 financial year which will redress the deficit position.

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of signing these accounts. This following the successful sale of Miller Court.

The full support of the key stakeholders of the charity has been invaluable.

#### Future Plans

As we progress into 2021/22 Herefordshire Mind is increasingly aware of the strain that Covid-19 and the pandemic has placed on people's mental health and Mental Health services, therefore we are planning for a significant increase in demand and looking to expand our services accordingly. We hope to continue to be involved in the groundbreaking mental health transformation project establishing a team of link workers to work alongside clinical statutory Mental health teams and also expanding our services into online delivery and counselling. Fundraising has been challenging but we have been able to capitalise on the increase in Covid-19 related funding and funding for mental health. We want to ensure that everyone who has faced increased mental health challenges through 2021/22 does not face those issues alone.

# HEREFORDSHIRE MIND

## TRUSTEES' REPORT (CONTINUED)(INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

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### **Structure, governance and management**

The Charity is a company limited by guarantee incorporated in England and Wales. The Charitable Company is governed by its Memorandum and Articles of Association dated 25 January 1989 and as amended by special resolution dated 16 July 1991, 26 July 1994, 18 January 2000 and 21 November 2001.

The Trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Ms C Shovlin  
Mr M Waller  
Mr A Wilcox  
Mr A Fry  
Mr A Last  
Ms J Wickett

The Trustees of Herefordshire Mind are appointed either through election at the Annual General Meeting or by co-option by existing Trustees at their meetings during the year. New Trustees are given an induction pack that explains their legal obligations under charity and company law and their proposed role in the charity. They are also given an opportunity to see the charities operations and to meet key employees and the Trustees.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

The board of Trustees administers the charity. The board appoints a Chief Executive Officer to manage the day to day operations of the charity and there is further delegation, within terms approved by the Trustees. The Chief Executive Officer is Alicia Lawrence.

The pay of key management personnel is set by the Board having due regard to responsibilities, experience and rates of pay in the health sector.

### **Disclosure of information to auditor**

Each of the Trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

The Trustees' report was approved by the Board of Trustees.

### **Mr M Waller**

Trustee (Director)  
Dated: 17 December 2021

# HEREFORDSHIRE MIND

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

### *FOR THE YEAR ENDED 31 MARCH 2021*

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The Trustees, who are also the directors of Herefordshire Mind for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# HEREFORDSHIRE MIND

## INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF HEREFORDSHIRE MIND

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### Opinion

We have audited the financial statements of Herefordshire Mind (the 'Charity') for the year ended 31 March 2021 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and the notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2021 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

### Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

# HEREFORDSHIRE MIND

## INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEREFORDSHIRE MIND

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### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

### **Responsibilities of Trustees**

As explained more fully in the statement of Trustees' responsibilities, the Trustees, who are also the directors of the Charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

### **Extent to which the audit was considered capable of detecting irregularities, including fraud**

- an understanding of the risk assessment process (including the assessment of the risk of fraud) adopted by the Board is obtained and their attitude to risk ascertained
- an assessment of the susceptibility to material mis-statement of the financial statements as a result of management over-ride or fraud is made
- it is ensured that the engagement team have, collectively, the appropriate competence, capabilities and skills to be involved in the assignment, are fully briefed and understand the risks specific to the charity

# HEREFORDSHIRE MIND

## INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF HEREFORDSHIRE MIND

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### **Audit response to risks identified**

The information obtained through the assessment to risk procedures is reviewed and the following work undertaken:

- processes to test the outcomes of our assessment include, a review of Board minutes, analytical review, the relevance and accuracy of significant accounting estimates, substantive testing of significant transactions, work to identify unusual or unexpected accounting entries including the testing of journal entries, information disclosed in the financial statements is traced to supporting documentation. In all instances it is acknowledged that material mis-statements that arise from fraud may involve deliberate concealment or collusion and are, therefore, by their very nature harder to detect than those arising from error.

- an understanding of the legal and regulatory framework as applicable to the charity is obtained together with knowledge of the procedures put in place by the charity in order to comply with the same

It should be noted that Auditing standards limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

**Sarah Morley ACA (Senior Statutory Auditor)**  
**for and on behalf of Kendall Wadley LLP**

17 December 2021

**Chartered Accountants**  
**Statutory Auditor**

Granta Lodge  
71 Graham Road  
Malvern  
Worcestershire  
WR14 2JS

Kendall Wadley LLP is eligible for appointment as auditor of the Charity by virtue of its eligibility for appointment as auditor of a company under of section 1212 of the Companies Act 2006.

# HEREFORDSHIRE MIND

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

### Current financial year

		Unrestricted funds	Designated funds	Restricted funds	Total	Total
	Notes	2021 £	2021 £	2021 £	2021 £	2020 £
<b><u>Income and endowments from:</u></b>						
Donations and legacies	3	25,404	500	52,242	78,146	82,169
Charitable activities	4	1,108,134	-	-	1,108,134	886,645
Activities for generating funds	5	67,360	-	-	67,360	108,563
Investments	6	101	-	-	101	263
Other income	7	55,934	-	-	55,934	-
<b>Total income</b>		<b>1,256,933</b>	<b>500</b>	<b>52,242</b>	<b>1,309,675</b>	<b>1,077,640</b>
<b><u>Expenditure on:</u></b>						
Raising funds	8	703	-	-	703	600
Charitable activities	9	1,061,143	4,729	31,303	1,097,175	966,927
<b>Total resources expended</b>		<b>1,061,846</b>	<b>4,729</b>	<b>31,303</b>	<b>1,097,878</b>	<b>967,527</b>
Net gains/(losses) on investments	13	(275,000)	-	-	(275,000)	(825,000)
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		<b>(79,913)</b>	<b>(4,229)</b>	<b>20,939</b>	<b>(63,203)</b>	<b>(714,887)</b>
Fund balances at 1 April 2020		33,606	20,047	585,234	638,887	1,353,773
<b>Fund balances at 31 March 2021</b>		<b>(46,307)</b>	<b>15,818</b>	<b>606,173</b>	<b>575,684</b>	<b>638,887</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# HEREFORDSHIRE MIND

## STATEMENT OF FINANCIAL ACTIVITIES (CONTINUED) INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

Prior financial year

		Unrestricted funds	Designated funds	Restricted funds	Total
		2020	2020	2020	2020
	Notes	£	£	£	£
<b><u>Income and endowments from:</u></b>					
Donations and legacies	3	57,128	-	25,041	82,169
Charitable activities	4	886,645	-	-	886,645
Activities for generating funds	5	108,563	-	-	108,563
Investments	6	263	-	-	263
<b>Total income</b>		1,052,599	-	25,041	1,077,640
<b><u>Expenditure on:</u></b>					
Raising funds	8	600	-	-	600
Charitable activities	9	948,627	1,203	17,096	966,926
<b>Total resources expended</b>		949,227	1,203	17,096	967,526
Net gains/(losses) on investments	13	(825,000)	-	-	(825,000)
Gross transfers between funds	14	(12,134)	12,134	-	-
<b>Net (expenditure)/income for the year/ Net movement in funds</b>		(733,762)	10,931	7,945	(714,886)
Fund balances at 1 April 2019		767,368	9,116	577,289	1,353,773
<b>Fund balances at 31 March 2020</b>		33,606	20,047	585,234	638,887

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# HEREFORDSHIRE MIND

## BALANCE SHEET

AS AT 31 MARCH 2021

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	Notes	2021 £	£	2020 £	£
<b>Fixed assets</b>					
Tangible assets	15		632,526		620,989
<b>Current assets</b>					
Debtors	16	42,699		44,714	
Property held for sale	17	1,600,000		1,875,000	
Cash at bank and in hand		571,978		309,649	
			<u>2,214,677</u>		<u>2,229,363</u>
<b>Creditors: amounts falling due within one year</b>	18	(247,791)		(137,737)	
Net current assets			<u>1,966,886</u>		<u>2,091,626</u>
<b>Total assets less current liabilities</b>			<u>2,599,412</u>		<u>2,712,615</u>
<b>Creditors: amounts falling due after more than one year</b>	20		(2,023,728)		(2,073,728)
<b>Net assets</b>			<u><u>575,684</u></u>		<u><u>638,887</u></u>
<b>Income funds</b>					
Restricted funds	23		606,173		585,234
Designated funds	24		15,818		20,047
Unrestricted funds			(46,307)		33,606
			<u>575,684</u>		<u>638,887</u>

# HEREFORDSHIRE MIND

## BALANCE SHEET (CONTINUED)

**AS AT 31 MARCH 2021**

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The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021, although an audit has been carried out under section 144 of the Charities Act 2011.

The Trustees acknowledge their responsibilities for ensuring that the charity keeps accounting records which comply with section 386 of the Act and for preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year and of its incoming resources and application of resources, including its income and expenditure, for the financial year in accordance with the requirements of sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 17 December 2021

Mr M Waller  
**Trustee (Director)**

**Company Registration No. 02339094**

# HEREFORDSHIRE MIND

## STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2021

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	Notes	2021 £	£	2020 £	£
<b>Cash flows from operating activities</b>					
Cash generated from operations	30		331,327		130,703
<b>Investing activities</b>					
Purchase of tangible fixed assets		(19,099)		-	
Interest received		101		263	
		<hr/>		<hr/>	
<b>Net cash (used in)/generated from investing activities</b>			(18,998)		263
<b>Financing activities</b>					
Repayment of bank loans		(50,000)		(50,000)	
		<hr/>		<hr/>	
<b>Net cash used in financing activities</b>			(50,000)		(50,000)
<b>Net increase in cash and cash equivalents</b>			<hr/>		<hr/>
			262,329		80,966
Cash and cash equivalents at beginning of year			309,649		228,683
			<hr/>		<hr/>
<b>Cash and cash equivalents at end of year</b>			<hr/>		<hr/>
			571,978		309,649
			<hr/>		<hr/>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2021

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#### 1 Accounting policies

##### Company information

Herefordshire Mind is a private company limited by guarantee incorporated in England and Wales. The registered office is Heffernan House, 130-132 Widemarsh Street, Hereford, HR4 9HN.

#### 1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention, modified to include freehold property held for resale and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

#### 1.2 Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for a period of at least 12 months from the date of signing these accounts.

At the date of approval of these accounts, Miller Court has been sold, full support of the key stakeholders of the charity has been invaluable.

This event has given stability and provided more certainty for the charity into the longer term. Accordingly, the Trustees continue to adopt the going concern basis of accounting in preparing these accounts.

#### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the Trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

#### 1.4 Incoming resources

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2021

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#### 1 Accounting policies (Continued)

##### 1.5 Resources expended

All expenses are accounted for on an accruals basis. Liabilities are recognised when they are incurred.

Costs of generating funds comprise those costs directly attributable to raising funds through activities.

Direct charitable expenditure includes all overhead costs in supporting the direct charitable activities.

Governance costs comprise those costs not already deemed as overhead costs and not associated with achieving the direct charitable activities.

##### 1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% or 20% on cost, land is not depreciated
Fixtures and fittings	20% on cost
Computers	33.33% on cost

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

##### 1.7 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the current market value of similar assets are assessed.

If the recoverable amount of an asset is estimated to be less than its carrying amount, the carrying amount of the asset is reduced to its recoverable amount. An impairment loss is recognised immediately in income/(expenditure) for the year, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset in prior years. A reversal of an impairment loss is recognised immediately, unless the relevant asset is carried in at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

##### 1.8 Property held for sale

Freehold property held for sale is recorded at the market value at the balance sheet date.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2021

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#### 1 Accounting policies

(Continued)

##### 1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, and other short-term liquid investments with original maturities of three months or less.

##### 1.10 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

##### **Basic financial assets**

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

##### **Basic financial liabilities**

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

##### **Derecognition of financial liabilities**

Financial liabilities are derecognised when the Charity's contractual obligations expire or are discharged or cancelled.

##### 1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2021*

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### **2 Critical accounting estimates and judgements**

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Such estimates include the establishment of an appropriate depreciation policy in respect of tangible fixed assets to ensure book value is compatible with market value. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2021*

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### 3 Donations and legacies

	<b>Unrestricted funds</b>	<b>Designated funds</b>	<b>Restricted funds</b>	<b>Total</b>	Unrestricted funds	Restricted funds	Total
	<b>2021</b>	<b>2021</b>	<b>2021</b>	<b>2021</b>	2020	2020	2020
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	£	£	£
Donations and gifts	25,404	500	52,242	78,146	57,128	25,041	82,169
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 4 Charitable activities

	2021 £	2020 £
<b>Grants/ contracts with Local Authorities &amp; Statutory Bodies</b>		
Herefordshire Primary Care Trust - Residential Home	279,664	279,664
Herefordshire Primary Care Trust - Intensive Support	118,692	118,692
Herefordshire NHS CCG SafeHaven	87,084	24,477
Community Mental Health Transformation	77,135	-
	<u>562,575</u>	<u>422,833</u>
<b>Other incoming resources from charitable activities</b>		
Residential and nursing home fees	356,907	331,491
Housing rents	124,825	58,355
Contributions from service users	818	1,283
Miller court fees	63,009	62,042
Room hire	-	10,641
	<u>545,559</u>	<u>463,812</u>
	<u><u>1,108,134</u></u>	<u><u>886,645</u></u>
Analysis by fund		
Unrestricted funds	1,108,134	886,645
	<u><u>1,108,134</u></u>	<u><u>886,645</u></u>

### 5 Activities for generating funds

	2021 £	2020 £
Fundraising events	17,496	31,401
Domiciliary Care	49,864	74,068
Student placements	-	3,094
Activities for generating funds	<u>67,360</u>	<u>108,563</u>

All unrestricted activities.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 6 Investments

	<b>Unrestricted funds</b>	Unrestricted funds
	<b>2021</b>	2020
	<b>£</b>	£
Interest receivable	101	263

### 7 Other income

	<b>Unrestricted funds</b>	Total
	<b>2021</b>	2020
	<b>£</b>	£
Government grants	11,624	-
Other Covid related grant funding	44,310	-
	<u>55,934</u>	<u>-</u>

### 8 Raising funds

	<b>2021</b>	<b>2020</b>
	<b>£</b>	£
<u>Trading costs</u>		
Other trading activities	703	600
	<u>703</u>	<u>600</u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 9 Charitable activities

	Recovery and wellbeing 2021 £	Community Support/ Housing 2021 £	Residential Homes 2021 £	Intensive Support/ CST 2021 £	Total 2021 £	Total 2020 £
Staff and agency costs	110,620	61,826	398,810	150,699	721,955	613,036
Property	1	10,952	50,753	784	62,490	53,835
Catering/ Consumables	-	2	26,775	661	27,438	16,093
Transport	-	-	3,924	-	3,924	8,385
Depreciation/ Other	51,382	14,729	36,321	12,755	115,187	70,440
Herefordshire PCT	-	-	38,366	-	38,366	41,286
	<u>162,003</u>	<u>87,509</u>	<u>554,949</u>	<u>164,899</u>	<u>969,360</u>	<u>803,075</u>
Share of support costs (see note 11)	20,256	10,943	69,418	20,620	121,237	157,651
Share of governance costs (see note 11)	1,099	594	3,766	1,119	6,578	6,200
	<u>183,358</u>	<u>99,046</u>	<u>628,133</u>	<u>186,638</u>	<u>1,097,175</u>	<u>966,926</u>
<b>Analysis by fund</b>						
Unrestricted funds	147,326	99,046	628,133	186,638	1,061,143	948,627
Designated funds	4,729	-	-	-	4,729	1,203
Restricted funds	31,303	-	-	-	31,303	17,096
	<u>183,358</u>	<u>99,046</u>	<u>628,133</u>	<u>186,638</u>	<u>1,097,175</u>	<u>966,926</u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

### 9 Charitable activities

(Continued)

For the year ended 31 March 2020

	Recovery and wellbeing £	Community Support/ Housing £	Residential Homes £	Intensive Support/ CST £	Total 2020 £
Staff and agency costs	70,667	55,612	398,840	87,917	613,036
Property	-	10,612	42,272	951	53,835
Catering/ Consumables	-	29	15,993	71	16,093
Transport	-	1,451	6,934	-	8,385
Depreciation/ Other	23,375	14,810	30,244	2,011	70,440
Herefordshire PCT	-	-	41,286	-	41,286
	<u>94,042</u>	<u>82,514</u>	<u>535,569</u>	<u>90,950</u>	<u>803,075</u>
Share of support costs (see note 11)	18,609	16,026	105,163	17,854	157,651
Share of governance costs (see note 11)	732	630	4,136	702	6,200
	<u>113,383</u>	<u>99,170</u>	<u>644,868</u>	<u>109,506</u>	<u>966,926</u>
<b>Analysis by fund</b>					
Unrestricted funds	99,244	99,170	640,708	109,506	948,627
Endowment funds - designated	1,203	-	-	-	1,203
Restricted funds	12,936	-	4,160	-	17,096
	<u>113,383</u>	<u>99,170</u>	<u>644,868</u>	<u>109,506</u>	<u>966,926</u>

### 10 Trustees

No trustees received remuneration or expenses in the year.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

### 11 Support costs

	Support costs	Governance costs	2021	Support costs	Governance costs	2020
	£	£	£	£	£	£
Staff costs	87,467	-	87,467	126,684	-	126,684
Property	4,944	-	4,944	5,067	-	5,067
Administration	28,826	-	28,826	25,900	-	25,900
Audit fees	-	5,114	5,114	-	5,100	5,100
Other governance costs	-	1,464	1,464	-	1,100	1,100
	<u>121,237</u>	<u>6,578</u>	<u>127,815</u>	<u>157,651</u>	<u>6,200</u>	<u>163,851</u>
Analysed between						
Charitable activities	<u>121,237</u>	<u>6,578</u>	<u>127,815</u>	<u>157,651</u>	<u>6,200</u>	<u>163,851</u>

### 12 Employees

The average monthly number employees during the year was 51 being 9 full time and 42 part time appointments (2020: 47 employees being 8 full time and 39 part time appointments)

Employment costs	2021	2020
	£	£
Wages and salaries	707,341	589,179
Social security costs	46,746	36,680
Other pension costs	9,648	8,709
	<u>763,735</u>	<u>634,568</u>

The remuneration of key management personnel is £214,038 (2020 - £163,622).

There were no employees whose annual remuneration was £60,000 or more.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 13 Net gains/(losses) on investments

	2021	2020
	£	£
Revaluation of freehold property held for sale	(275,000)	(825,000)

### 14 Transfers

The transfers made relate to internal recharges or designation of funds as described in the designated funds note.

### 15 Tangible fixed assets

	Freehold land and buildings £	Fixtures and fittings £	Computers £	Total £
<b>Cost</b>				
At 1 April 2020	806,144	42,955	69,392	918,491
Additions	-	12,059	7,040	19,099
At 31 March 2021	806,144	55,014	76,432	937,590
<b>Depreciation and impairment</b>				
At 1 April 2020	186,277	42,955	68,270	297,502
Depreciation charged in the year	5,019	1,154	1,389	7,562
At 31 March 2021	191,296	44,109	69,659	305,064
<b>Carrying amount</b>				
At 31 March 2021	614,848	10,905	6,773	632,526
At 31 March 2020	619,867	-	1,122	620,989

### 16 Debtors

	2021	2020
Amounts falling due within one year:	£	£
Trade debtors	20,692	34,370
Other debtors	8,568	5,903
Prepayments and accrued income	13,438	4,440
	42,699	44,713

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 17 Assets held for sale

	2021 £	2020 £
Freehold property held for sale	1,600,000	1,875,000

### 18 Creditors: amounts falling due within one year

	Notes	2021 £	2020 £
Bank loans	21	50,000	50,000
Other taxation and social security		17,092	8,450
Deferred income	19	132,270	35,012
Trade creditors		13,941	17,113
Other creditors		3,175	2,716
Accruals		31,313	24,446
		<u>247,791</u>	<u>137,737</u>

### 19 Deferred income

	2021 £	2020 £
Other deferred income	132,270	35,012

Deferred income is included in the financial statements as follows:

Current liabilities	132,270	35,012
	<u>132,270</u>	<u>35,012</u>

Deferred income represents amounts received in advance of the provision of services contracted and is released in the subsequent accounting period.

### 20 Creditors: amounts falling due after more than one year

	Notes	2021 £	2020 £
Bank loan	21	2,023,728	2,073,728

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 21 Loans and overdrafts

	2021 £	2020 £
Bank loans	2,073,728	2,123,728
Payable within one year	50,000	50,000
Payable after one year	2,023,728	2,073,728

The long-term loans are secured by fixed charges over all of the freehold properties held by the Charity.

The long term loans are made up of:

a) Big Issue Invest amounting to £186,582, representing £150,000 capital and £36,582 accumulated interest. No interest was charged in the year. The original terms required interest to be repaid until January 2018, with the remaining period to maturity in March 2024 being repayable as equal monthly capital and interest repayments. Interest being charged at 10.5%. However, these terms were varied such that interest was frozen at 30 June 2018.

b) Big Issue Invest amounting to £100,137, representing £82,721 capital and £17,416 accumulated interest. No interest was charged in the year. The original terms required interest to be repaid until January 2018, with the remaining period to maturity in March 2024 being repayable as equal monthly capital and interest repayments. Interest being charged at 10.5%. However, these terms were varied such that interest was frozen at 30 June 2018 with quarterly capital payments of £1,728 being made.

c) Other loans included from the Big Issue Social Enterprise Investment Fund amount to £1,787,009, representing £1,517,280 capital and £269,729 accumulated interest. No interest was charged in the year. The original terms of the loan were that interest would accrue at 9.75% until it became repayable in April 2017, at which point interest of 9.75% and capital repayments would be made. However, these terms were varied during such that interest was frozen. Quarterly capital payments of £10,722 were made,

In December 2020 the loans were re-negotiated. The terms have been extended for a further two years, with the final payment due on 1 November 2022. Interest continues to be frozen, and quarterly capital repayments have remained the same. It has also been agreed that in the event of achieved sale proceeds of the Miller Court Development being less than the principal capital amounts outstanding, the accumulated interest to date will be waived.

### 22 Retirement benefit schemes

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

The charge to the statement of financial activities in respect of defined contribution schemes was £9,648 (2020 - £8,709)

Contributions due to the scheme at the balance sheet date are included in other creditors and amounted to £3,470 (2020 - £1,833).

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

### 23 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Balance at 31 March 2021 £
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	
HQ Hfd Community Fund IT	197,413	-	(1,430)	4,271	-	(670)	3,601
HQ Mind COVID IT	103,572	-	(740)	-	5,000	(4,146)	854
HQ Mind Digital Transformation	32,249	-	(262)	-	500	(500)	-
Heff Mindful Monday	216,468	-	(1,422)	-	400	(400)	-
Shires Residents	1,428	-	(306)	797	-	-	797
Heffernan Screw Fix	899	-	-	-	5,000	(417)	4,583
WR Barrolls	-	-	-	1,122	-	(306)	816
WR Jordan Foundation	-	-	-	899	-	-	899
(Safe Haven) Pears Foundation/ DCMS Emergency Fund	11,316	-	(11,316)	-	8,610	(6,182)	2,428
Miller Court	550	-	(550)	7,978	-	-	7,978
Heff Activities Bulmers	4,319	-	-	-	4,000	-	4,000
Heff Activities CAF Resilience	1,097	50	(350)	-	13,732	(13,732)	-
Housing Corp	-	-	-	102,832	-	(740)	102,092
Original Fund	7,978	-	-	195,983	-	(1,430)	194,553
Ferncroft Property BMA	-	-	-	31,987	-	(262)	31,725
DC HF Property BMA	-	-	-	215,046	-	(1,422)	213,624
Young People	-	-	-	4,319	-	-	4,319
Anon Counselling	-	20,000	-	-	10,000	-	10,000
Schuh Trust Counselling	-	4,991	(720)	-	5,000	-	5,000
Evesons Counselling	-	-	-	20,000	-	(1,096)	18,904
	<u>577,289</u>	<u>25,041</u>	<u>(17,096)</u>	<u>585,234</u>	<u>52,242</u>	<u>(31,303)</u>	<u>606,173</u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

*FOR THE YEAR ENDED 31 MARCH 2021*

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### 23 Restricted funds

(Continued)

The Ferncroft Funds represent grants received specifically for buying and improving the Ferncroft property.

The Big MIND Capital Appeal represents funds raised for the purchase and alteration of Heffernan House and for alterations to Ferncroft.

The Wellbeing & Recovery funds represent funding for the development of day care in the county.

The Wellbeing & Recovery Outreach Project, largely funded by the Jordan Foundation, gives assistance to service users to access and participate in educational and recreational courses.

Young People, funded work with young people and IT upgrade.

Miller court - various grants received for the construction of Miller Court against which the relevant proportion of depreciation will be charged.

Eveson Charitable Trust - Counselling fund, Anon counselling fund and Schuh Trust counselling fund will be used towards the costs of setting up and running a counselling service.

Hereford Community IT Fund will be used to upgrade the IT and communications system.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2021

#### 24 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds				Balance at 31 March 2021
	Balance at 1 April 2020	Incoming resources	Resources expended	Transfers	
	£	£	£	£	
Young People	7,913	-	-	-	7,913
Heffernan Activities	2,522	-	-	-	2,522
Ferncroft	2,044	-	(1,022)	-	1,022
Heffernan/Safe Haven	7,568	500	(3,707)	-	4,361
	<u>20,047</u>	<u>500</u>	<u>(4,729)</u>	<u>-</u>	<u>15,818</u>

	Movement in funds				Balance at 31 March 2020
	Balance at 1 April 2019	Incoming resources	Resources expended	Transfers	
	£	£	£	£	
Young People	8,886	-	(973)	-	7,913
Songwriting	230	-	(230)	-	-
Heffernan Activities	-	-	-	2,522	2,522
Ferncroft	-	-	-	2,044	2,044
Heffernan/Safe Haven	-	-	-	7,568	7,568
	<u>9,116</u>	<u>-</u>	<u>(1,203)</u>	<u>12,134</u>	<u>20,047</u>

Young People fund is donations designated for work with 18 to 25 year olds.

Songwriting fund was used toward cost of running Mindful Rhythms sessions at Heffernan House.

Heffernan Activity fund will be used towards the cost of running activities at Heffernan House which are not funded from any other grants.

Heffernan/Safe Haven fund will be used to improve the environment at Heffernan House for clients accessing our Safe Haven service and other activities.

Ferncroft fund will be used to improve the property and support the tenants (for example with emergency supplies).

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2021

#### 25 Analysis of net assets between funds

	Unrestricted 2021 £	Designated 2021 £	Restricted 2021 £	Total 2021 £	Unrestricted 2020 £	Designated 2020 £	Restricted 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:								
Tangible assets	52,539	-	579,987	632,526	77,545	-	543,444	620,989
Current assets/(liabilities)	1,924,882	15,817	26,186	1,966,885	2,029,789	20,047	41,790	2,091,626
Long term liabilities	(2,023,728)	-	-	(2,023,728)	(2,073,728)	-	-	(2,073,728)
	<u>(46,307)</u>	<u>15,817</u>	<u>606,173</u>	<u>575,683</u>	<u>33,606</u>	<u>20,047</u>	<u>585,234</u>	<u>638,887</u>

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

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### 26 Operating lease commitments

At the reporting end date the Charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Within one year	2,187	2,187
Between two and five years	911	3,099
	<u>3,098</u>	<u>5,286</u>

The amount expensed in the year was £2,193 (2020 - £3,549).

### 27 Capital commitments

	2021 £	2020 £
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At 31 March 2021 the Charity had capital commitments as follows:

Contracted for but not provided in the financial statements:

Acquisition of property, plant and equipment

	7,345	-
	<u>7,345</u>	<u>-</u>

### 28 Events after the reporting date

Miller Court was sold in September 2021 for £1,725,000 and all outstanding debt to Big Issue Invest has been discharged and the charges secured against the assets of Herefordshire Mind have been removed.

# HEREFORDSHIRE MIND

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

### 29 Related party transactions

#### Transactions with related parties

There were no related party transactions during the year.

30 Cash generated from operations	2021 £	2020 £
Deficit for the year	(63,203)	(714,886)
Adjustments for:		
Investment income recognised in statement of financial activities	(101)	(263)
Fair value gains and losses on investment properties	275,000	825,000
Depreciation and loss on disposal of tangible fixed assets	7,562	12,564
Movements in working capital:		
Decrease/(increase) in debtors	2,015	(11,176)
Increase in creditors	12,796	2,197
Increase in deferred income	97,258	17,267
<b>Cash generated from operations</b>	<b>331,327</b>	<b>130,703</b>

### 31 Analysis of changes in net (debt)/funds

	At 1 April 2020 £	Cash flows £	Other non-cash changes £	At 31 March 2021 £
Cash at bank and in hand	309,649	262,329	-	571,978
Loans falling due within one year	(50,000)	50,000	(50,000)	(50,000)
Loans falling due after more than one year	(2,073,728)	-	50,000	(2,023,728)
	<u>(1,814,079)</u>	<u>312,329</u>	<u>-</u>	<u>(1,501,750)</u>