

HELIX ARTS LIMITED

England & Wales · Charity number 700956

Details

Other names ARTISTS AGENCY

Status Registered

Legal form Charitable company

Company number [02114849](#)

Registered 1988-12-09

Register [View on the Charity Commission register](#)

Contact

Address 54A Saville Street
North Shields
Tyne And Wear
NE30 1NT

Phone 01912414931

Email info@helixarts.com

Website www.helixarts.com

Activities

Objects: TO EDUCATE THE GENERAL PUBLIC IN THE ARTS ESPECIALLY BY ENABLING MEMBERS OF THE PUBLIC TO WORK ALONGSIDE ARTISTS PRODUCING WORKS OF HIGH ARTISTIC CLASS, AND BY FOSTERING AND PROMOTION OF THE PARTICIPATION IN THE ARTS (INCLUDING BY WAY OF EXAMPLE ONLY AND NOT OF LIMITATION THE ARTS OF DRAMA, MIME, DANCE, SINGING, MUSIC, POETRY, LITERATURE, PHOTOGRAPHY, FILM AND VISUAL ARTS) AND AN AWARENESS, KNOWLEDGE, UNDERSTANDING AND APPRECIATION OF THE ARTS AMONG PARTICULARLY BUT NOT EXCLUSIVELY PEOPLE OF THE NORTHERN AREA.

Activities: To educate the general public in the arts, especially by enabling members of the public to work alongside artists producing works of high artistic class, and by the fostering and promotion of the participation in the arts within the North East region to address issues of social exclusion.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Arts/culture/heritage/science, Environment/conservation/heritage, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** SEE OBJECTS
- Durham
- Gateshead
- Newcastle Upon Tyne City
- North Tyneside
- Northumberland
- South Tyneside
- Sunderland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£437,288	£438,486	-	-
2024-03-31	£476,624	£383,531	-	-
2023-03-31	£263,284	£278,862	-	-
2022-03-31	£387,009	£317,741	-	-
2021-03-31	£264,613	£183,110	-	-

Trustees

Name	Role	Appointed
Chloe Lawrence	Chair	2019-07-17
John Joseph Murray		2026-01-20
Kathryn Marie Kelly		2026-01-20
Lindsey Russell		2026-01-20
Mark Daniel Buckley		2019-05-01
Michelle Steggles		2017-04-26
Ronan Devlin		2022-09-14
Siamak Zolfaghari		2026-01-20

HELIX ARTS LIMITED

England & Wales - Charity number 700956

Accounts



**REPORT OF THE DIRECTORS AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH
2025
FOR
HELIX ARTS LIMITED**



HELIX ARTS LIMITED

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HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Helix Arts charitable objects are: to educate the general public in the arts especially by enabling members of the public to work alongside artists producing works of high artistic class, and by the fostering and promotion of the participation in the arts and an awareness, knowledge and understanding and appreciation of the arts among particularly, but not exclusively, people across the North East of England.

In line with our charitable objectives and within the limits of our funding, we are currently working within the North East of England including Tyne and Wear, Northumberland, County Durham and Tees Valley. Occasionally our work is scaled to other areas in England.

Helix Arts are at the forefront of participatory arts and a leader of this in the region, with priorities around Creative Health prevention and intervention work and artist development through our long-term flagship programmes Better Connect and Artists' Agency.

We develop and deliver a wide range of cross artform activities through, short, medium and long term projects under the umbrella of our strategic priorities, community development, artist development and supporting individuals and communities to engage with creativity to improve health and wellbeing.

Helix Arts is a truly committed team of creatives, producers and specialists providing communities and artists with the power and agency to change what matters to them. We were able to do this during the year through amazing partnerships and collaborations.

Our annual projects include activities across health, youth, education, community, criminal and social justice settings - often issue-based interventions through research and development, primarily action research, frequently resulting in public facing productions, events, exhibitions and installations.

We are a unique arts organisation who are part of a thriving voluntary and community sector. We are an organisation built on the ethos of collaboration, working in partnership to achieve our impact. We are proud to have a wide range of partners, supporters, funders and stakeholders who enable our work.

Our executive staff are key influencers for change with their roles as part of national, regional and local cultural strategy, VCSE representation on statutory boards (health and wellbeing), driving the development of Creative Health strategies, and leaders supporting cultural education for young people.

We lead on mitigating barriers to economic and social inclusion by supporting our most marginalised residents. Each year we co-create a wide variety of arts offers with local communities. Participant numbers in each session will range from 3 to 85 depending upon the nature of the group. The majority of activity is the provision of opportunities to participate in high quality arts activity for those who are vulnerable and excluded and therefore have the least access to the arts.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES (continued)

Our beneficiaries typically face multiple health inequalities. Our activity is accessible for participants regardless of any protected characteristics. We prioritise our work around the 7 domains of deprivation. Prioritising income deprivation, health, crime and education; we focus some projects on older people, young people and their families. We aim to take a proportionate universal approach (balancing targeted and universal population) to ensure an inclusive approach.

Vision: Participation in creative activity is fundamental to the wellbeing of individuals and we believe creative communities change and creative opportunities should be accessible to all.

Mission: To provide equality of opportunity for under-served people to take part in arts and culture.

Values: Our core values are: > **Collaboration** > **Creativity** > **Care**

Helix Arts values the importance of everyday culture and creativity. Creative expression makes us human, and people can experience and produce amazing art that can help address the many issues facing us.

People are at the heart of our work where connections and relationships matter for positive change to happen. Co-creating is central to the way we work and the journey people take with us. We reach out to people to nurture their journey by placing choice and decision making of utmost importance and at the heart of what we do.

This is both for our beneficiaries and the people we employ (including artists). They are the foundation of how we act individually and collectively and are central to how we drive our work towards our mission with our artists and sector experts.

We want people to live healthy lives by co-producing arts that is meaningful to them; projects that are bespoke and help people explore their own stories.

Our high level aims are to:

- > Implement **Let's Create** investment principles as a leader in the field of **creating and growing** people's creative potential.
- > Work with **partners** and North East communities to deliver an outstanding programme; growing the opportunities for people to be creative and make art that resonates with them.
- > Become a key provider of social prescribing across the **North Tyneside** arts, community, health and education landscape.
- > Develop our **research, learning and experimental** approaches to evidence our impact.
- > **Care for artists and communities** by collaborating with them to connect art and creativity with people across North East communities.
- > Provide **opportunities** for people to **progress** within the arts as makers, audiences, producers and/or volunteers.
- > Build and invest in the potential of our **quality framework** and principles.
- > Be an **excellent employer** with **exemplary governance**.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES (continued)

We achieve these by being a beacon for practice which raises the cultural voice of the most disadvantaged. By continuing to push for quality in this work, we will play an important role in the communities we serve, and act as a champion for creative diversity in the arts.

The focus of our activities is on enabling participants to use creative ways to explore their experiences and to: develop new skills and interests; improve health and wellbeing; reduce isolation; build social capital; increase confidence and self-esteem; improve communication and social skills; assist reintegration into the community through progression into education, training, employment or stable accommodation; encourage and develop peer learning and family support; and to reduce offending and drug or alcohol addiction.

We constantly learn as an organisation and use a dedicated quality framework which we are recognised for to enable this. We embrace learning as individuals and as an organisation, which we then take action on to respond and adapt.

Our leadership and connectedness has ensured the organisation has increased its impact and influenced local and regional policy agendas, including drugs and alcohol strategy, regional HIV policy, health equality policy, creative health and cultural strategy as well as regeneration planning.

We build trust and deliver ambitious and high quality participatory and socially engaged work that often takes risks and explores the unknown and unusual.

We have challenged ourselves in 24/25 to increase our intentions around disability and inclusion. This has resulted in significant learning and impact for ourselves, artists and communities; not least around queer and disabled-led work.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised directly from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE

In 2024/25 our organisation improved on almost every key performance indicator we established in our business plan and Arts Council England core objectives and investment principles. Through our real-time data collection and analysis using our bespoke data dashboard, we have:

- > More than doubled participant numbers from 2,199 in 2022/23 to 4,865 in 2024/25.
- > Quadrupled the number of workshops from 117 in 2022/23 to 468 this year.
- > Exponentially grew our audience from 57,789 in 2022/23 to 1,903,349 this year.
- > Significantly diversified our participants, audiences and the artists we work with.

We want to continue to improve these outcomes in future years as well as seeking to continually improve our aesthetic values across every area of our work.

HIGHLIGHTS

A pivotal development in 24/25 included relocating the charity to the heart of North Shields Cultural Quarter, offering us sustainability and new opportunities, deepening our roots, while continuing to reach our work across the region.

We demonstrably strengthened our offer to artists and built on the first year of Better Connect resulting in significant impact and demand to tackle health inequity in the borough which resulted in further support from the Integrated Care Board and Public Health Commissioners.

We worked with 120 diverse artists, 58 of them new to us. We have collaborated with 4,865 participants across complex settings leading to 119 creative outputs being experienced by an audience of 1,903,349 people.

Developing new audiences in different ways is critical to our ambitions. During 24/25, we created and implemented an audience development strategy to further increase our reach, effectiveness and sustainability. This also resulted in investment in new systems and improvement of systems. The six key aims are:

- > To better understand and develop new audiences.
- > To use audience data and evidence about what people would like to take part in and see so we can improve the relevance of and engagement in our future programmes and projects.
- > To provide a platform for participants to have their cultural voice heard and for participants and artists to showcase the creative work they produce.
- > To make sure our work is as accessible as possible to everyone and does not exclude anyone in line with our EDI action plans.
- > To attract more resources that will enable Helix Arts to offer more opportunities for people least likely to access the arts.
- > To build the regional and national profile of Helix Arts.

We focused on exhibiting art in public spaces including city/ town centres, as well as via our new building - using its window area to display community artworks and opening the main space for exhibitions, events, conferences and performances. The public exhibition programme is the main driver for the exponential growth and increased diversity of our audience, with our Artists' Agency Newcastle programme drawing the biggest audience due to its city centre location.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENT AND PERFORMANCE (continued)

We have built on our strategic and delivery partnerships. Our charity and our Director are recognised leaders in Creative Health. Our Creative Health programme represented just over 65% of our projects delivered this year and accounted for just under 50% of all participants. Participants regularly reported improvements to their health and wellbeing and these have been supported by ONS 4 quantitative data. We will continue to build our evidence base for our Creative Health work in forthcoming years.

Our focus is always people, because creative communities can change the way they see themselves. Participants who would not otherwise have been able to experience the joy and empowerment of participation in arts and culture. We have continued our expert brokerage across partnerships and networks with an extraordinary range of superb creative practitioners with whom Helix Arts work, develop and support.

Our data dashboard continues to improve, through its detailed, project-specific information enables our executive and board to be able to make data-driven strategic decisions to ensure we continue to grow as a charity and meet the needs of our participants, audiences, and stakeholders.

Our expert trustees continued to provide strategic direction and added strength to our organisation. This year, their work on our Safeguarding, EDI, and Green Sub-Committees has enabled, via robust action plans:

- > Safeguarding procedures to be greatly enhanced and brought up to date with best practice.
- > Significantly increased work with people from protected characteristic groups - artists, audiences, and participants. This has manifested itself via two disabled artist residencies: one focused on health stigma and AIDS/ HIV; the other around being disabled and queerness.
- > An increased focus on minimising waste and environmental impact at every level of our work.

We have made a significant impact with our archive work (National Lottery Heritage Fund grant) which has ensured our legacy material is preserved. A core team of long-serving and new archive volunteers helped drive the project forward. Volunteers were able to progress to higher education and employment as a direct result of their work on the archive.

The grant enabled us to create and deliver an archive of our past work and enable new programming that looks to our past to build new futures. Our 'Re:Visits' umbrella brand for our long term 40th activities and ambitions came to fruition this year, this led to significant commission for disabled artists and communities; including protest-based work around World Aids Day, Narrative Shift and Queer Pleasure Archive.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENT AND PERFORMANCE (continued)

PROGRAMME OVERVIEW

Better Connect Creative Health offers were more ambitious and demand increased significantly. We established more community partnerships to host the regular service across North Tyneside. We delivered 221 sessions working with 531 individual participants. We observed that participants attended more sessions and wanted longer programmes and ongoing activities. Future programming will focus on achieving this whilst still enabling new participants to benefit from our Creative Health work.

Strategic partnerships have been vital to our impact. We presented Better Connect to the local Mental Health Alliance and became a key stakeholder to VODA and the partnership. We also gained support through the Integrated Care Board via VONNE to capacity build within the VCSE sector in relation to social prescribing and healthy partnerships. This is in collaboration with VODA (a local infrastructure organisation).

Falling On Your Feet our long-running falls prevention dance offer for over-55s became fully embedded in Better Connect. We have continued to provide opportunities for older residents to co-choreograph pieces of work which reflect topics which matter to them. Across the year our older participant dancers focused on building their own cardiovascular, physical and mental health through dance with the aim of also increasing vital social connections and preventing falls. Participants also formed an insights group to inform and design future programmes to shape new opportunities for older people.

Our evaluation showed the effectiveness of various models of delivery: a mixture of digital and in-person delivery. Older dancers continued to showcase their work. This challenged stereotypes around older people, ambition and quality.

Our Place in this Place was made possible from Youth Music Stability funds. Working in partnership with Cramlington Learning Village, Ability2Play and Cramlington Town Council, this project focuses on organisational development and the production of new music led by the young people. As part of the co-design phase, young people took part in research and development workshops to inform future delivery.

UK Shared Prosperity Fund North Tyneside:

Youth took place in Longbenton, co-designing activity with young people from the area, this project saw participants explore a range of artforms of their choosing to improve their confidence, wellbeing and levels of creative expression.

Community resulted in two community action projects with residents of Weetslade. Both projects were led by local residents - each taking inspiration from the local area in the production of their art. This was shown in particular through the development of a one-off local art trail situated in Weetslade Country Park.

Young residents also got involved in this project with one of the community action projects taking place in North Gosforth Academy. A series of workshops exploring personal and community identity ran between February and March, with artwork being showcased in the school.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENT AND PERFORMANCE (continued)

Social Action consisted of four social action micro projects with local residents and a significant number of volunteers. This was achieved through local partners; including Meadowell Connected, Phoenix Detached Youth Project, Westmoor Community Centre, and Whitley Bay Big Local. Taking a co-produced approach, residents engaged in training and development to build their capacity. Community volunteers and artists undertook deep listening and consultation before multi-artform workshops took place for the wider community. This allowed for each project to be approached creatively and to be driven by the needs of the residents involved.

The programme included **Home Thoughts** - a creative writing and making/ textiles project exploring the universal right to a home and the universal need to feel at home. **Playful Pavements** saw residents reclaiming the streets in the face of community safety concerns for play, joy and celebrating the things people love about their area. **Stitcherz by the Banner Belles** - a textiles project celebrating their local heritage of Mining, George Stephenson and local landmarks. A large textiles banner was then presented at a celebration event. **Make it Happen** involved training for artists which resulted in 'Portraits of Hope' with refugees through a participatory arts event with HostNation.

Re:Visits Disabled Artist Residency was a part of our long term programme which celebrates and commemorates our 40th anniversary. Reflecting on 'Living Proof' (an earlier project from our archive), our artist in residence ran a series of research and development workshops exploring current perceptions of HIV/ AIDS with a range of participants. Strategically, we presented at the regional HIV conference to share lived experiences and inform the development of the strategy. The residency resulted in an ambitious event highlighting and celebrating World Aids Day, which included a window exhibition and dance performances.

Narrative Shift a disabled-artist led commission produced by artist Amy Langdown. explored the changing narratives around queerness and disability through creative writing and spoken word. Participants created individual poems and recordings - collaborative group poems which enabled them to take control of narratives around queerness and disability. Diverse participants who are often not listened to will be heard through their creative outputs at a performance event at Alphabetti Theatre in Newcastle, which will also result in a digital archive.

See Me North a pan-regional research creative health project led by Northumbria University mobilised with the aims to develop and evidence an integrated creative care model for people with experience of homelessness. The project funded by the UKRI Arts and Humanities Research Council (AHRC), is co-created, trauma-informed and takes a broad and holistic view of health in which Helix Arts is an arts partner exploring and acting upon shifting the imbalance around homelessness, especially women.

Our Story is funded by the National Lottery Heritage Fund. Looking back upon the last 40 years of projects, as both Helix Arts and Artists' Agency. Our Story explores the preservation of the organisation's history through the archive and exhibitions in the region. Supported by a team of volunteers, 2024/25 saw the mass cataloguing of decades of projects and the start of a celebration of our history through the eyes of individuals, communities, and artists across the North East.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENT AND PERFORMANCE (continued)

#Never - a drugs insights programme commissioned by North Tyneside Council Public Health implemented earlier report recommendations. The outcomes created during our 2023/24 immersive experience led to new audiences, which was attended by over 100 young people and a further 50 professionals and degree students gathering further insights about young people's drug use and the creation of 5 educational films. The films allowed users to view the immersive experience online and interact with multiple resources to educate young people on drug use.

As a result of the insights, new commissions were secured to continue partnerships. These include Moorbridge Alternative Education Provision to explore key issues raised in the Council's drug strategy from the lens of a young person. Listening sessions exploring drugs education with North Tyneside Council Early Help team took place to support this in early 2025 with workshop delivery expected in 25/26.

Safe - a community safety project with young people around the Meadow Well led to an action learning programme for young residents to creatively explore the concept and themes around what safety means to them. These early stages will progress next year.

Artists' Agency is our leading artists development programme across the North East, with localised offers with local authority partners and funders. Following a pilot in North Tyneside and a large programme including commissions in Newcastle, this work grew in 24/25.

This programme offers a variety of opportunities for artists, mentoring, peer network, CPD events, training, development and signposting.

Our long-term provision in North Tyneside enabled over 131 creatives and organisations who live and work in North Tyneside to access bespoke opportunities. Artists who have taken part have had access to creative bursaries, training, as well as regular, structured networking events.

Our Newcastle strand culminated in 6 diverse led artist public artwork projects presenting work across the Creative Central corridor. In 24/25, their work was celebrated via different curated installations to different diverse audiences: local, national and international.

In Darlington (commissioned by Creative Darlington) 1:1 mentoring and bespoke support took place. 3 legacy artists and 3 new artists explored careers and participatory arts ambitions which resulted in community projects with Darlington communities. Lizzie Lovejoy successfully ran Circus Island, a community-based initiative focused on wellbeing and creative expression leading to a performance and events showcasing participants' original work at the Hippodrome, Darlington.

Here to There continued opportunities of creative walks and workshops for participants over the age of 55. This two-year programme is informed by older people across North Tyneside, Sunderland and South Tyneside. Activities have supported social connection, prompted improvement to mental and physical health and nurtured people's inner creativity. This work has involved development with new partners to prioritise those who are most excluded from other offers.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENT AND PERFORMANCE (continued)

North Tyneside Cultural Education Partnership (NTCEP)

Helix Arts host the North Tyneside Cultural Education Partnership (NTCEP) to create better and fairer opportunities for young people in North Tyneside to experience culture. This is driven by a 3-year action plan and key projects encouraging youth voice, participation and progression. Governed by a steering committee made up of schools and local arts/culture organisations, the NTCEP works in partnership to deliver the action plan and programmes.

NTCEP - Cultural Ambassadors was a school workshop programme across North Tyneside. Each school accessed high-quality artists and workshops allowing students to gain access to creative pipelines. A total of 19 schools, 13 artists and 599 young people were involved with the programme.

Youthforia Podcast was a youth advocacy project in partnership with Screenboo Productions. Running over 6 months, young people developed skills in presenting, basic production, content design and evaluation. Producing 10 podcasts, young people explored topics which matter to them including social media, GCSE's, culture and the local area. Podcasts were shared on multiple platforms and received an audience of over 2000 online listens/views.

North Shields Public Artworks Co-created public artworks at a 'Gateway site' as part of the North Shields regeneration master plan led to international artist Aaron Li-Hill developing concepts and designs for a sculpture, along with over 1,000 ideas from local people in 23/24.. This then supported the development of sculpture technical drawings and base fabrication completion.

North East Youth Alliance Helix Arts provides our knowledge and experience as part of an alliance of local organisations with the view to improving work around youth arts. This has involved training and regular consultation events with the aim of improving the lives and services for young people in the North East.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

FINANCIAL REVIEW

Policy on reserves

At the end of 2024/25 the total unrestricted reserves stood at £317,218 (2024 - £318,416) and the restricted at £nil (2024 - £nil). It is anticipated that the restricted reserves will be spent during 25/26 as we continue to deliver several on-going projects.

The Trustees of the charitable company, in accordance with consideration of the Charity Commission's guidance have concluded that to provide reliable service over the longer term, to be able to absorb setbacks and to take advantage of change and opportunity, a general reserve is justified. They consider that it is in the charity's best interests to hold such a reserve.

After due consideration of possible risks and demands, the charity aims to achieve reserves equivalent to at least three months' running costs £110,000 and no more than six months' running costs £220,000. The current reserve level falls within this range, being the equivalent of nine months' running costs. The reserves policy and the level of reserves will be kept under review.

Investment policy and objectives

Under the memorandum and articles of association the charitable company has the power to make any investment the Trustees see fit.

Going concern

The Trustees are satisfied that the organisation is able to operate for the foreseeable future on the basis of known and reasonable projected levels of income and therefore the going concern basis of accounting is appropriate.

PLANS FOR FUTURE PERIODS

We are continuing to increase our ambition around the quality of our work and the numbers of people we reach. To achieve this, we aim to grow our income by:

- > clarifying what we do, who we work with, and how our work can benefit people and partners;
- > diversifying our offer;
- > developing new relationships with new funders, foundations and donors;
- > exploring new markets;
- > maintaining and strengthening relationships with existing partners;
- > forging new partnerships, locally and nationally;
- > building our profile, particularly online.

We will continue to provide activity that enables our participants to build confidence, reduce isolation, increase motivation, and learn new skills, with these opportunities leading to improved health and wellbeing and the opening of fresh opportunities for employment.

The Trustees are committed to ensuring that the charity continues to grow and thrive, particularly through exploring a more entrepreneurial approach and testing new methods of income generation to support core activity.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Helix Arts Limited is a registered charity with the Charity Commission for England and Wales. It is governed by its Memorandum and Articles of Association, updated in May 2019.

Trustees

Helix Arts Limited has a Board whose Members are drawn from the arts, the voluntary sector, higher education, public bodies, local authorities and the private sector, including experts by experience who are appointed by the charitable company in a general meeting. Each board member agrees to contribute an amount not exceeding £1 in the event of the charitable company winding up.

Trustee Recruitment and Training

Trustees are recruited and selected through an open process whereby the opportunity is advertised and expressions of interest received, including via personal recommendation from existing board members. Potential Trustees attend a board meeting to observe and to meet the other trustees before any appointment is made; followed by a full induction and any development needed as trustee.

Organisation

The day to day running of the charitable company is the responsibility of the Director and they report to the Trustees, who are responsible for policy making, due diligence, compliance and shaping strategic direction. The Trustees meet a minimum of four times per year.

Related Parties

None of the Trustees receives remuneration or other benefit from their work with the charity.

Key Management Personnel

The Board, who give their time freely and no trustee remuneration in the year, have considered the Key Management Personnel (KMP) of the charity, as noted in the Reference and Administration section. Together with the Board, these KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased in accordance with average earnings. The Trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board then agree any uplift to remuneration.

Risk management

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

- > changes and reductions in public and voluntary sector funding;
- > competition from other, particularly larger, arts organisations;
- > cash flow.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT - continued

All of these risks are addressed within the current Business Plan, which has KPIs reviewed regularly by Trustees in consultation with staff. There are policies, procedures and contingency plans in place to minimise and address the risks identified, specifically:

- > we are developing a more entrepreneurial approach to securing resources, including testing additional income generation models that will help to underwrite our core charitable activity;
- > we will continue to work closely with other organisations in the region and beyond, and are developing new relationships with organisations that we have not yet worked with;
- > we continue to operate rigorous financial controls that enable us to identify any potential cash flow concerns in time to take action to avoid or mitigate any negative impact;
- > we will continue to work closely with other arts organisations in the region and beyond, and are developing collaborations with non-arts voluntary organisations that are new to us.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

02114849 (England and Wales)

Registered Charity number

700956

Registered office

54a Saville Street
North Shields
Tyne and Wear
NE30 1NT

Trustees

A Shaw (Chair)
M D Buckley
R Devlin
S Holton (resigned 18 April 2025)
A Latham
C Lawrence
A T M Shiel
M S Stegges
O Vickers (resigned 15 November 2024)
L Wood (resigned 18 February 2025)
K B Wright (resigned 15 April 2024)

Key Management Personnel

C Gavin, Chief Officer

HELIX ARTS LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

REFERENCE AND ADMINISTRATIVE DETAILS


Independent Examiner

BK Plus Limited
Chartered Certified Accountants
13 Windsor Terrace
Jesmond
Newcastle upon Tyne
NE2 4HE

Bankers

Co-operative Bank Plc
PO Box 250
Delf House
Southway
Skelmersdale
WN8 6WT

Approved by order of the board of trustees on 16 July 2025 and signed on its behalf by:

A handwritten signature in black ink, appearing to be 'C Lawrence', written over a horizontal dotted line.

C Lawrence - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
HELIX ARTS LIMITED**

Independent examiner's report to the trustees of Helix Arts Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HELIX ARTS LIMITED

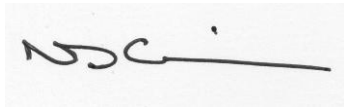
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act;
or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas Liley, FCA
The Institute of Chartered Accountants in England and Wales

BK Plus Limited
Chartered Certified Accountants
Newcastle upon Tyne

25 September 2025

HELIX ARTS LIMITED**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted fund £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	225,473	-	225,473	231,089
Charitable activities					
Education of the General Public in the Arts	5	-	202,415	202,415	225,275
Other trading activities	3	2,476	-	2,476	17,617
Investment income	4	<u>6,924</u>	<u>-</u>	<u>6,924</u>	<u>2,643</u>
Total		<u>234,873</u>	<u>202,415</u>	<u>437,288</u>	<u>476,624</u>
 EXPENDITURE ON					
Charitable activities					
Education of the General Public in the Arts		<u>237,936</u>	<u>200,550</u>	<u>438,486</u>	<u>383,531</u>
 NET INCOME/(EXPENDITURE)					
Transfers between funds	15	<u>(3,063)</u>	<u>1,865</u>	<u>(1,198)</u>	<u>93,093</u>
		<u>1,865</u>	<u>(1,865)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(1,198)	-	(1,198)	93,093
 RECONCILIATION OF FUNDS					
Total funds brought forward		318,416	-	318,416	225,323
		<u> </u>	<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS CARRIED FORWARD		<u>317,218</u>	<u>-</u>	<u>317,218</u>	<u>318,416</u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

HELIX ARTS LIMITED**BALANCE SHEET
31 MARCH 2025**

	Notes	2025 £	2024 £
FIXED ASSETS			
Tangible assets	11	302	458
CURRENT ASSETS			
Debtors	12	13,343	18,543
Cash at bank and in hand		<u>439,858</u>	<u>484,997</u>
		453,201	503,540
CREDITORS			
Amounts falling due within one year	13	(136,285)	(185,582)
		<u> </u>	<u> </u>
NET CURRENT ASSETS		<u>316,916</u>	<u>317,958</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		317,218	318,416
		<u> </u>	<u> </u>
NET ASSETS		<u>317,218</u>	<u>318,416</u>
FUNDS	15		
Unrestricted funds		<u>317,218</u>	<u>318,416</u>
TOTAL FUNDS		<u>317,218</u>	<u>318,416</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

HELIX ARTS LIMITED

BALANCE SHEET - continued
31 MARCH 2025

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 July 2025 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'C Lawrence', is written over a horizontal dotted line.

C Lawrence - Trustee

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Helix Arts Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling, rounded to the nearest Pound (£) which is the functional currency of the entity.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amounts and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES - continued

Income

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Donated services and facilities

Where services or facilities are provided to the charity as a donation that would normally be purchased from our suppliers, this benefit is included in the financial statements at its fair value unless its fair value cannot be reliably measured, then at the cost to the donor or the resale value of goods that are to be sold.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their useful economic life as follows:

Asset class	Depreciation method and rate
Sports equipment	33% straight line
Office equipment	15% reducing balance
Computer equipment	33% reducing balance

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand, call deposits and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Fund structure

Unrestricted income funds are general funds that are available for use at the Trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	5,543	2,500
Grants	<u>219,930</u>	<u>228,589</u>
	<u>225,473</u>	<u>231,089</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
ACE North East - NPO Grant	195,335	195,335
Community Foundation	-	3,200
North Tyneside Council	4,450	-
Garfield Weston Foundation	7,500	15,000
Vonne	<u>12,645</u>	<u>15,054</u>
	<u>219,930</u>	<u>228,589</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****3. OTHER TRADING ACTIVITIES**

	2025	2024
	£	£
Charges for goods and services	<u>2,476</u>	<u>17,617</u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Interest receivable	<u>6,924</u>	<u>2,643</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2025	2024
	£	£
Grants		
Activity		
Education of the General Public in the Arts	<u>202,415</u>	<u>225,275</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
Youth Music Foundation	910	44,395
Voda-Heritage Action Zone	-	11,631
Tyne and Wear Community Foundation	26,134	7,141
North Tyneside Cultural Education Programme	4,125	6,250
North Tyneside Council	61,984	61,958
Rise North East / Sport England	-	8,250
Newcastle City Council	15,227	56,243
Heritage Lottery Fund	37,045	907
William Leech Foundation	-	5,000
The National Trust	-	5,500
Voda	43,532	13,000
Gateshead MBC	-	5,000
Darlington County Council	2,500	-
North of Tyne Combined Authority	8,333	-
North Tyneside Learning Trust	<u>2,625</u>	-
	<u>202,415</u>	<u>225,275</u>

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

6. SUPPORT COSTS

	Support costs £	Governance costs £	Totals £
Education of the General Public in the Arts	<u>37,411</u>	<u>1,992</u>	<u>39,403</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Depreciation - owned assets	156	229
Independent Examiner's remuneration (including irrecoverable VAT)	1,992	1,938
Payments under operating leases	<u>12,500</u>	<u>10,250</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

9. STAFF COSTS

	2025 £	2024 £
Wages and salaries	196,143	171,132
Social security costs	14,101	10,035
Other pension costs	<u>11,552</u>	<u>9,339</u>
	<u>221,796</u>	<u>190,506</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Management	2	2
Office staff	<u>5</u>	<u>5</u>
	<u>7</u>	<u>7</u>

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

9. STAFF COSTS - continued

No employees received emoluments in excess of £60,000.

The charity's key management personnel comprise the Trustees and Chief Executive. The total employee benefits including social security of the charity's key management personnel was £64,418 (2024 - £53,113).

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	231,089	-	231,089
Charitable activities			
Education of the General Public in the Arts	-	225,275	225,275
Other trading activities	17,617	-	17,617
Investment income	<u>2,643</u>	<u>-</u>	<u>2,643</u>
Total	<u>251,349</u>	<u>225,275</u>	<u>476,624</u>
EXPENDITURE ON			
Charitable activities			
Education of the General Public in the Arts	<u>158,272</u>	<u>225,259</u>	<u>383,531</u>
NET INCOME	93,077	16	93,093
Transfers between funds	<u>16</u>	<u>(16)</u>	<u>-</u>
Net movement in funds	93,093	-	93,093
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>225,323</u>	<u>-</u>	<u>225,323</u>
TOTAL FUNDS CARRIED FORWARD	<u>318,416</u>	<u>-</u>	<u>318,416</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****11. TANGIBLE FIXED ASSETS**

	Fixtures and fittings £
COST	
At 1 April 2024 and 31 March 2025	<u>14,976</u>
DEPRECIATION	
At 1 April 2024	14,518
Charge for year	<u>156</u>
At 31 March 2025	<u>14,674</u>
NET BOOK VALUE	
At 31 March 2025	<u><u>302</u></u>
At 31 March 2024	<u><u>458</u></u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	10,516	834
Other debtors	-	17,133
Prepayments	<u>2,827</u>	<u>576</u>
	<u><u>13,343</u></u>	<u><u>18,543</u></u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2025	2024
	£	£
Trade creditors	14,983	14,890
Social security and other taxes	4,382	5,716
Other creditors	838	-
Accruals	2,992	1,938
Deferred income	<u>113,090</u>	<u>163,038</u>
	<u>136,285</u>	<u>185,582</u>
		£
Deferred income at 1 April 2024		163,038
Released to incoming resources		(99,338)
Amount deferred in year		<u>49,390</u>
Deferred income at 31 March 2025		<u>113,090</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Fixed assets	302	-	302	458
Current assets	363,811	89,390	453,201	503,540
Current liabilities	<u>(46,895)</u>	<u>(89,390)</u>	<u>(136,285)</u>	<u>(185,582)</u>
	<u>317,218</u>	<u>-</u>	<u>317,218</u>	<u>318,416</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****15. MOVEMENT IN FUNDS**

	At 1/4/24 £	Net movement in funds £	Transfers between funds £	At 31/3/25 £
Unrestricted funds				
General fund	318,416	(3,063)	1,865	317,218
Restricted funds				
UKSPF-Make It Happen Longbenton Youth Fund	-	791	(791)	-
UKSPF-Make It Happen Weetslade North Tyneside	-	1,074	(1,074)	-
	-	1,865	(1,865)	-
TOTAL FUNDS	<u>318,416</u>	<u>(1,198)</u>	<u>-</u>	<u>317,218</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	234,873	(237,936)	(3,063)
Restricted funds			
HAF - Holiday Activity and Food Programme	3,300	(3,300)	-
Youth Music - Stability FOYF	910	(910)	-
Cultural Ambassadors - NTCEP via NSCQ	4,125	(4,125)	-
NTC - North Shields Public Artwork	18,006	(18,006)	-
NTC - Drugs & Alcohol Insight (#Never)	8,481	(8,481)	-
CCZ Newcastle-Artists Agency-Creative Culture Zone	5,227	(5,227)	-
CCZ North Shields-Artists Agency-Creative Culture Zone	15,924	(15,924)	-
Heritage Lottery Fund-Helix Arts Our Story	37,045	(37,045)	-
Tyne and Wear Community Foundation-Kellet-Here To There Project	26,134	(26,134)	-
TWAM-NTCEP	10,000	(10,000)	-
Artist Agency Darlington-Flourish	2,500	(2,500)	-
Co Cafe-NTC Cultural Quarter	525	(525)	-
Cultural Ambassadors-North Tyneside Learning Trust (NLT)	2,625	(2,625)	-
North Shields Cultural Quarter-Podcast	2,000	(2,000)	-
NT Safe-POP Project	2,480	(2,480)	-
North of Tyne Combined Authority-NTCEP	8,333	(8,333)	-
UKSPF-Make It Happen Longbenton Youth Fund	11,268	(10,477)	791
UKSPF-Make It Happen North Tyneside VODA	20,000	(20,000)	-
UKSPF-Make It Happen Weetslade North Tyneside	<u>23,532</u>	<u>(22,458)</u>	<u>1,074</u>
	<u>202,415</u>	<u>(200,550)</u>	<u>1,865</u>
TOTAL FUNDS	<u>437,288</u>	<u>(438,486)</u>	<u>(1,198)</u>

HELIX ARTS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	225,323	93,077	16	318,416
Restricted funds				
North Shields Cultural Quarter-Community Meals	-	16	(16)	-
	<u>225,323</u>	<u>93,093</u>	<u>-</u>	<u>318,416</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025****15. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	251,349	(158,272)	93,077
Restricted funds			
VODA-Heritage Action Zone	11,631	(11,631)	-
Youth Music - Stability FOYF	44,395	(44,395)	-
Cultural Ambassadors - NTCEP via NSCQ	6,250	(6,250)	-
NTC - North Shields Public Artwork	16,320	(16,320)	-
NTC - Drugs & Alcohol Insight (#Never)	21,518	(21,518)	-
William Leech - Volunteering	5,000	(5,000)	-
CCZ Newcastle-Artists			
Agency-Creative Culture Zone	45,843	(45,843)	-
CCZ North Shields-Artists			
Agency-Creative Culture Zone	20,000	(20,000)	-
Gateshead MBC-Blossom	5,000	(5,000)	-
Heritage Lottery Fund-Helix Arts Our Story	907	(907)	-
Tyne and Wear Community Foundation-Kellet-Here To There Project	7,141	(7,141)	-
National Trust-Blossom	5,500	(5,500)	-
North Shields Cultural Quarter-Community Meals	4,120	(4,104)	16
Rise North East-FOYT-Here To There NT Project	8,250	(8,250)	-
TWAM-NTCEP	10,400	(10,400)	-
VODA-Together Festival-Georgian Cluedo	8,000	(8,000)	-
VODA-Together Festival	5,000	(5,000)	-
	<u>225,275</u>	<u>(225,259)</u>	<u>16</u>
TOTAL FUNDS	<u>476,624</u>	<u>(383,531)</u>	<u>93,093</u>

The purpose of the material restricted funds is set out in the trustees report.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

16. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £11,552 (2024 - £9,339).

The contributions outstanding at the balance sheet date were £838 (2024 - £nil).

17. RELATED PARTY DISCLOSURES

During the year the charity entered into the following transactions with related parties.

Arts Council England

The charitable company has a close relationship with the Arts Council of England North East which provide revenue funding to enable the charitable company to carry out its charitable objectives. Conditions of the grants include the right to attend board meetings as observers and to be consulted in regard to new appointments.

The Arts Council of England North East is also entitled to receive copies of financial documentation, programmes of activities and to undertake an annual review of the charitable company's work. During the year, Helix Arts Limited received £195,335 (2024: £195,335) from ACE. At the balance sheet date the amount due to/from Arts Council England was £Nil (2024 - £Nil).

18. LEGAL STATUS

The charitable company is limited by guarantee, incorporated in England & wales, and consequently does not have share capital.

The liability of members is limited, Every member guarantees, if the charitable company is dissolved while he or she is a member or within one year afterwards, to pay up to one pound sterling (£1) towards the cost of dissolution and the liabilities incurred by the charitable company while the guarantor was a member.

The charitable company's registered number and registered office address can be found within Reference and Administrative Details.

HELIX ARTS LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	5,543	2,500
Grants	<u>219,930</u>	<u>228,589</u>
	225,473	231,089
Other trading activities		
Charges for goods and services	2,476	17,617
Investment income		
Interest receivable	6,924	2,643
Charitable activities		
Grants	<u>202,415</u>	<u>225,275</u>
Total incoming resources	437,288	476,624
EXPENDITURE		
Charitable activities		
Wages	196,143	171,132
Social security	14,101	10,035
Pensions	11,552	9,339
Other direct costs	<u>177,287</u>	<u>161,993</u>
	399,083	352,499
Support costs		
Support costs		
Rent and service charges	15,002	10,250
Insurance	2,994	3,105
Light and heat	-	1,736
Travelling	4,030	3,667
Printing, post and stationery	5,581	2,181
Telephone	7,581	4,756
Carried forward	35,188	25,695

This page does not form part of the statutory financial statements

HELIX ARTS LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
Support costs		
Brought forward	35,188	25,695
Professional fees	445	10,140
Marketing	3,884	8,096
Repairs and maintenance	7,533	5,489
Staff training	1,676	812
Sundries	3,510	4,290
Programme development	-	540
Temporary staff	12,465	1,826
ICT	5,218	2,179
Bank charges	23	24
Management fee projects	33,041	33,650
Management fee income	(65,728)	(63,876)
Fixtures and fittings	<u>156</u>	<u>229</u>
	37,411	29,094
Governance costs		
Accountancy and legal fees	<u>1,992</u>	<u>1,938</u>
Total resources expended	<u>438,486</u>	<u>383,531</u>
Net (expenditure)/income	<u><u>(1,198)</u></u>	<u><u>93,093</u></u>

This page does not form part of the statutory financial statements

HELIX ARTS LIMITED

England & Wales - Charity number 700956

Accounts

**REPORT OF THE DIRECTORS AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
HELIX ARTS LIMITED**

HELIX ARTS LIMITED

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HELIX ARTS LIMITED

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2024

Key Management Personnel	C Gavin, Chief Officer
Registered Office	54A Saville Street, North Shields, Tyne and Wear, NE30 1NT The charity is incorporated in England and Wales
Company Registration Number	02114849
Charity Registration Number	700956
Trustees	A Shaw (Chair) M D Buckley R Devlin S Holton A Latham C Lawrence A T M Shiel M S Steggles O Vickers L Wood S Woods (resigned 10 November 2023) K B Wright (resigned 15 April 2024)
Independent Examiner	Read, Milburn & Co., 71 Howard Street, North Shields, NE30 1AF
Bankers	The Co-Operative Bank PLC, PO Box 250 Delf House, Skelmersdale, WN8 6WT

HELIX ARTS LIMITED

CHAIRMAN'S REPORT FOR THE YEAR ENDED 31 MARCH 2024

Introduction from the Chair

This last year has been a very important one for Helix Arts, including a powerful and joyful celebration of the first 40 years of life of this extraordinary charity. Our events on 22nd and 23rd March 2024 were a fitting tribute to the organisation, its founders, staff and supporters and, most notably, its participants and audiences over the last 4 decades. It was also a powerful reminder of the reach, depth and quality of our work and we are committed to continuing to document and animate our extensive archive - much can be learnt from this process about the past and for the future.

On behalf of Trustees I would like to formally record our admiration and thanks to the Helix Arts team for organising such an outstanding celebration of Helix Arts 40th anniversary, but also for the continued growth and success of our work over this last year.

We have continued to grow on all key measures, including finance, audience, participants and artists. Our systems and processes continue to develop and help us better to understand our impact and to generate the insights we need to continue to improve.

We have completed our move to a brilliant new building in the North Shields Cultural Quarter, where we can welcome artists, audiences and participants to experience working in an inspirational space.

Thanks to the expertise and commitment of our Director and the wider team, we are engaged in helping shape policy and practice in the region and across a range of sectors, particularly at this once-in-a-lifetime moment in the region's development. We proudly continue to support artists as well as participants, especially by learning how better to celebrate and support the growth of greater diversity in the arts.

At this point in our organisational life cycle, Trustees as well as the team are considering what the next 40 years will look like. We will ensure that we take on the challenge, not only of reflecting on our success, but also of moving forwards, refreshing our focus on the Arts Council Investment Principles, and on continuing to work with the communities and people we know can benefit from what we do and how we do it - whatever the setting and whichever artform best meets their needs.

The Board continues to learn and develop, and I am personally deeply grateful to Board members for their openness, commitment and willingness to lean in and support the organisation.

Alison Shaw, Chair

June 2024

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objects and aims

Helix Arts's charitable objects are: to educate the general public in the arts especially by enabling members of the public to work alongside artists producing works of high artistic class, and by fostering and promotion of the participation in the arts and an awareness, knowledge and understanding and appreciation of the arts among particularly, but not exclusively, people of the northern area.

Helix Arts has had regard to the Charity Commission's guidance on public benefit.

In line with our charitable objectives and within the limits of our funding, we are currently working within the North East of England including Tyne and Wear, Northumberland, County Durham and Tees Valley. Occasionally our work is scaled to other areas in England.

Each year we co-create a wide variety of arts offers with local communities. Participant numbers in each session will range from 3 to 85 depending upon the nature of the group. The majority of activity is the provision of opportunities to participate in high quality arts activity for those who are vulnerable and excluded and therefore have the least access to the arts.

Our beneficiaries typically face multiple health inequalities. Our activity is accessible for participants regardless of any protected characteristics. These include, but are not limited to, children and young people at risk, unemployed adults and employed people on low incomes, people living in deprived neighbourhoods, people with special educational needs, people in contact with the criminal justice system and people with poor health, especially older residents and carers.

The focus of our activities is on enabling participants to use creative ways to explore their experiences and to: develop new skills and interests; increase confidence and self-esteem; improve communication and social skills; assist reintegration into the community through progression into education, training, employment or stable accommodation; encourage and develop peer learning and family support; and to reduce offending and drug or alcohol addiction.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised directly from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES - continued

Helix Arts is an arts charity who have collaborated and connected with local people, partners and artists for more than 40 years. We are valued by our community, partners and artists and our work helps improve people's health, prospects, communities, and environments.

Vision

Participation in creative activity is fundamental to the wellbeing of individuals and communities and should be accessible to all.

Mission

To provide equality of opportunity for under-served people to take part in arts and culture.

Values

Helix Arts understands and advocates the importance of everyday culture and creativity.

Personal journeys are cultivated by placing choice and decision making at the centre of our work with artists and beneficiaries. We want people to live healthy lives by co-producing art that has meaning to them and bespoke projects that help people explore their own stories.

Our core values are:

- **Collaboration**
- **Creativity**
- **Care**

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENT AND PERFORMANCE

In 2023/24 our organisation has grown stronger and better. There has been significant impact achieved across all Helix Arts' work, not least the celebration festival marking our 40th year as a charity and making final preparations for a relocation to the North Shields Cultural Quarter to form part of a local Creative and Cultural hub. Our programme is wide ranging to meet the multiple and changing needs of our communities. Taking our listening first ethos, we co-produce work across our priority groups.

Our team has grown in diversity and skills to support the breadth of our programme to reach more of our communities facing multiple barriers.

We relaunched Artists' Agency - our artist development programme in two of the region's Culture and Creative Zones, North Shields and Newcastle which has positioned us well in terms of developing artists' networks and these aspirations for better and fairer opportunities which we will continue into 2024/25. We have made preparations for our disabled led artist residency, where consultation has informed our ongoing processes and organisational development.

We launched and implemented some critical work around our youth justice priorities, including #Never a young people's insight piece of work looking at drugs, services and pipelines across North Tyneside.

We developed ideas from over 800 residents in North Shields for public artworks being co-designed which will be installed in 2025 featuring as part of North Shields 800th year anniversary.

We worked with 106 diverse artists, many of them new to us, who have collaborated with 3,538 participants across complex settings leading to 91 creative outputs being experienced by our 64,894 audience.

Developing new audiences in different ways is critical to our ambitions too. This was demonstrated in numerous exhibitions and events from our work for North Tyneside's Heritage Action Zone, which led to a large community play led by local young people and community actors.

We developed and nurtured national and regional partnerships, such as 'Our Blossom' with the National Trust - working with refugees at The Comfrey Project and parents from diverse backgrounds as part of an alliance with Sheffield Early Learning Community and Save the Children. All these achievements significantly improve on last year's data outputs and outcomes.

We have developed strategic and delivery partnerships with other organisations in the changing landscape of health, education and criminal justice. We are being well recognised as a leader in Creative Health and are very proud to have established a regular Arts and Health programme across North Tyneside. Our Director continues to represent the Voluntary, Community, Social Enterprise leader at the statutory Health and Wellbeing board and an executive on the North Tyneside Culture, Health and Wellbeing board.

Our focus is always people; because creative communities change the way they see themselves. Participants who might not otherwise have been able to experience the joy and empowerment of participation in arts and culture. We have continued our expert brokerage across partnerships and networks with an extraordinary range of superb creative practitioners with whom Helix Arts work, develop and support.

Our real-time data dashboard has started to provide us with significant information to analyse our impact and enable us to take data driven decisions. Our trustees continued to provide strategic direction and added strength to our organisation. This was evident through dedicated champions in the areas most important to us; safeguarding, environment and inclusion, diversity and equity. Sub-committees were established to ensure we are taking significant action and continual improvement and ambition in these areas.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The ambition we have to continually improve keeps us fresh, often trying new ideas and ensures organisational development. During the year, we continually worked to diversify our creative workforce and participants. We will continue to increase the diversity of our organisation, those who work for us and who we work with in coming years.

An exciting year began by securing a large National Lottery Heritage Fund grant to ensure our legacy material is preserved. The grant will enable us to create and deliver an archive of our past work and enable new programming that looks to our past to build new futures. 'Re:Visits' is our overarching brand for our 40th activities and ambitions. We marked the start of the programme with preparations for a launch event leading to an exhibition from both original pioneering works and glimpses of work through the decades. The year was culminated on a high with a weekend celebration festival featuring special commissions, performances and workshops for 100s of visitors old and new in our new space.

Programme activities overview

Better Connect: Helix Arts' creative health social prescribing work, was embedded into our core ACE NPO, where we established community partnerships to host a regular service for North Tyneside residents.

In 23/24, we delivered 277 sessions working with 892 individual participants. We have presented Better Connect to the local Mental Health Alliance and become a key stakeholder to VODA and the partnership.

Strategic partnerships have been vital to our impact and we have gained support through the Integrated Care Board via VONNE to capacity build within the VCSE sector in relation to social prescribing and healthy partnerships. This is in collaboration with VODA (a local infrastructure organisation.)

Falling On Your Feet: Our long running falls prevention dance offer for over 55s. Embedded into our creative health programme, Better Connect. We have continued with various funders, including Sport England to continue opportunities for older residents to co-choreograph with North Tyneside residents. Across the year our older participant dancers focused on building their own cardiovascular, physical and mental health through dance with the aim of also increasing vital social connections and preventing falls. Participants also formed an insights group to inform and design future programmes to shape core older people opportunities.

Our evaluation showed the effectiveness of various models of delivery; a mixture of digital and in-person delivery. Older dancers showcased their work at the 40th performance evening. This challenged stereotypes around older people, ambition and quality.

Real Voice: A 2-year inclusive music programme across Northumberland, funded by Youth Music, Northumberland County Council and Community Foundation. We worked in partnership with youth organisations - Ability to Play and Real Deal Teen Bar, across satellite sites in Cramlington and Ashington.

Young people aged 11-18 years old, co-designed activities based on their unique needs and interests, around the premise of prevention and reduction of offending. Real Voice allowed participants to amplify their voice through music and tell the local community about what mattered to them, with a specific focus on youth inclusion. Participants also engaged in project management training and branding which helped shape the project marketing.

Taking part in a multitude of musical genres, as well as trying other art forms, such as animation. Participants created artworks which included discussing and exploring topics important to them, including peer pressure, bullying and their sense of place. The young musicians culminated their work in a fantastic evening of music for their friends and family. It was a packed house with an amazing film as a legacy of their talent.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Real Voice + (Bridging Programme): A consultation programme allowing participants to take part in our youth insights work and influence the future of Helix Arts Youth Music applications for Northumberland. Working with artists Gareth Davies-Jones and Kay Greyson, young people explored long term ambitions, musical genres and developed music to showcase their opinions.

HeArt of Care: Our national partnership project between Rosetta Life, Black Bristol Carers, Bristol Age UK, African Centre for Research on End of Life Care, Kingston Carers, PALChase, Caregivers India and the Worldwide Hospice Palliative Care Alliance saw cross regional projections take place to new audiences.

Following a series of workshops with carers, this work looked to inspire carers and increase the visibility of carers globally. More than 300 people witnessed outdoor our projections on the Linskill Centre in North Shields and 1000s of people nationally in person and online.

#Never: A young persons drugs insights project commissioned by North Tyneside Public Health. #Never involved a range of supporting organisations working with 10 groups reaching over 400 young people in a range of settings. Working with 7 artists with varying lived experiences, young people have safely shared their experiences and knowledge to create impactful artwork ranging in nature, which will contribute to an immersive experience in April 2024.

Our Blossom: An environmentally themed project with National Trust, Gibside. Mixed Media artworks were co-created with community groups within Gateshead, with members of the Art Diamonds, Highfields House and volunteers from the Comfrey Project. The installation explored the theme of blossom, both at Gibside and as experienced by the participants that made it.

North Shields Heritage Action Zone: A heritage project delivered as part of a local partnership supported by Historic England. We delivered three Make It Happen volunteer programmes for young people, artists and community groups to co-produce arts and cultural events/projects inspired by the heritage of North Shields. Each group of participants' work featured in a public celebration event in September 2023, showcasing the work of all the partners.

Artists' Agency Newcastle: A new artists development programme for artists living or working in Newcastle which culminated in 4 public art commissions on Clayton Street corridor. The capacity building programme helped artists develop their participatory practice, as well as deliver their own participatory public art project. It was underpinned by coaching and mentoring for each artist to develop their own practice.

Artists' Agency North Shields: A matrix of mentoring opportunities, action learning set and informal social network 'café' spaces, which enabled over 75 creatives and organisations who live and work in North Tyneside to access bespoke opportunities. Artists who have taken part, have had access to creative bursaries, action learning and useful training, as well as regular structured networking events. Artists undertook individual mentoring to develop both business and creative practice.

Flourish: A development programme for creatives working with Darlington communities. Access to mentoring and e-resources helped bring artists' projects to life. Artists then have the ability to gain a commission from Creative Darlington.

Creative Table: Facilitated themed meals which supported artists' were hosted. Diners explored and examine key issues affecting their society while sharing food and forming creative solutions to the problems. Themes included examining food waste, environmental impact and Universal Basic Income.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Here to There: A two year programme informed by older people across North Tyneside, Sunderland and South Tyneside supported by the Kellet Trust. This has led to creative walks experiences and workshops for participants over the age of 55.

Activities have supported social connection, prompted mental and physical health and nurtured people's inner creativity. This work has involved development with new partners to prioritise those who are most excluded from other offers.

North Tyneside Cultural Education Partnership (NTCEP): Helix Arts host the North Tyneside Cultural Education Partnership (NTCEP) a group of partners across culture and education who strive to create better and fairer opportunities for young people in North Tyneside to experience culture. This is driven by a 3-year action plan and key projects encouraging youth voice.

Cultural Ambassadors: A schools workshop programme as part of NTCEP across North Tyneside. Each school accessed a high-quality arts workshop led by a local artist allowing students to gain access to creative pipelines with the view to exploring long term progression needs of young people and providers.

North Shields Public Artworks: Co-created public artworks at two Gateway sites as continued as part of the North Shields regeneration master plan. A key part of this council funded project was idea generation between a local artist and the community - consultation and engagement took place with almost 800 local residents and school children which led to further co-creation with notable public artist Aaron Li-Hill.

Individuals had the opportunity to present their own ideals for the work, focusing on the past, present and future of the town. Taking part in workshops, interviews and submissions of personal stories, large community sketchbooks were formed to share with residents as well as provide a large selection of concepts for final co-creation. There is a digital living archive which homes all of the ideas.

Save the Children Sheffield: A listening project based in Page Hall, participants engaged with a local artist to explore the type of services available to them, how they would like to celebrate diversity in their community and the concerns that families with young children (0-2) have in supporting their child's learning and growing.

Community Research Partnership: A strategic partnership with Newcastle University has developed to explore the fundamentals of effective partnership working. Partners including Meadow Well Connected, Kids Kabin and Helix Arts who came together with VODA, NTAS and Family Gateway to explore thoughts about partnership working, where we agreed upon some key issues including climate change and community safety. These were explored through a series of workshops to shape local offers and reflect on shared issues across localities. This has helped inform our wider work around community safety.

North East Youth Alliance: Helix Arts provides knowledge and experience as part of an alliance of local organisations led by North East Youth and Youth Focus North East. This work aimed to improve work around youth arts. This has involved training and regular consultation events with the aim of improving the lives and services for young people in the North East.

Arts Award and Artsmark: Our work around strategic education initiatives continues, including being an Arts Award Centre and Artsmark partner support for schools. We pledge to accredit young people's work through the Arts Award as part of the shared mission to support young people who want to deepen their engagement with the arts, build creative and leadership skills.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Volunteering: Our volunteers are critical to our success, especially formative work for our archive and 40th year, which was supported by the William Leech Charity fund over 2023 and 2024. We developed our volunteering opportunities and systems to support longer, project-focused roles and valuable resources to support our volunteers and staff. During the year, we were able to work with 15 new volunteers and 14 existing volunteers, with the number of hours volunteers contributed to the organisation increasing twofold when compared with the previous year.

FINANCIAL REVIEW

Policy on reserves

At the end of 2023/24 the total unrestricted reserves stood at £318,416 (2023 - £225,323) and the restricted at £nil (2023 - £nil). It is anticipated that the restricted reserves will be spent during 23/24 as we continue to deliver several on-going projects.

The Trustees of the charitable company, in accordance with consideration of the Charity Commission's guidance have concluded that to provide reliable service over the longer term, to be able to absorb setbacks and to take advantage of change and opportunity, a general reserve is justified. They consider that it is in the charity's best interests to hold such a reserve.

After due consideration of possible risks and demands, the charity aims to achieve reserves equivalent to at least three months' running costs £97,500 and no more than six months' running costs £195,000. The current reserve level falls within this range, being the equivalent of ten months' running costs. The reserves policy and the level of reserves will be kept under review.

Investment policy and objectives

Under the memorandum and articles of association the charitable company has the power to make any investment the Trustees see fit.

Going concern

The Trustees are satisfied that the organisation is able to operate for the foreseeable future on the basis of known and reasonable projected levels of income and therefore the going concern basis of accounting is appropriate.

PLANS FOR FUTURE PERIODS

Helix Arts is continuing to increase the ambition around the quality of our work and the numbers of people we reach. To achieve this, we aim to grow our income by:

- diversifying our offer;
- exploring new markets;
- maintaining and strengthening relationships with existing partners;
- forging new partnerships, locally and nationally;
- building our profile, particularly online.

We will continue to provide activity that enables our participants to build confidence, increase their motivation and learn new skills, leading to improved health and wellbeing and the opening of fresh opportunities for employment.

The Trustees are committed to ensuring that the charity continues to grow and thrive, particularly through exploring a more entrepreneurial approach and testing new methods of income generation to support core activity.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Helix Arts Limited is a registered charity with the Charity Commission for England and Wales. It is governed by its Memorandum and Articles of Association, updated in May 2019.

Trustees

Helix Arts Limited has a Board whose Members are drawn from the arts, the voluntary sector, higher education, public bodies, local authorities and the private sector, including experts by experience who are appointed by the charitable company in a general meeting. Each board member agrees to contribute an amount not exceeding £1 in the event of the charitable company winding up.

Trustee Recruitment and Training

Trustees are recruited and selected through an open process whereby the opportunity is advertised and expressions of interest received, including via personal recommendation from existing board members. Potential Trustees attend a board meeting to observe and to meet the other trustees before any appointment is made; followed by a full induction and any development needed as trustee.

Organisation

The day to day running of the charitable company is the responsibility of the Director and they report to the Trustees, who are responsible for policy making, due diligence, compliance and shaping strategic direction. The Trustees meet a minimum of four times per year.

Related Parties

None of the Trustees receives remuneration or other benefit from their work with the charity.

Key Management Personnel

The Board, who give their time freely and no trustee remuneration in the year, have considered the Key Management Personnel (KMP) of the charity, as noted in the Reference and Administration section. Together with the Board, these KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased in accordance with average earnings. The Trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board then agree any uplift to remuneration.

Risk management

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

- changes and reductions in public and voluntary sector funding;
- competition from other, particularly larger, arts organisations;
- cash flow.

HELIX ARTS LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT - continued

All of these risks are addressed within the current Business Plan, which has KPIs reviewed regularly by Trustees in consultation with staff. There are policies, procedures and contingency plans in place to minimise and address the risks identified, specifically:

- we are developing a more entrepreneurial approach to securing resources, including testing additional income generation models that will help to underwrite our core charitable activity;
- we will continue to work closely with other organisations in the region and beyond, and are developing new relationships with organisations that we have not yet worked with;
- we continue to operate rigorous financial controls that enable us to identify any potential cash flow concerns in time to take action to avoid or mitigate any negative impact;
- we will continue to work closely with other arts organisations in the region and beyond, and are developing collaborations with non-arts voluntary organisations that are new to us.

Approved by order of the board of trustees on 17 July 2024 and signed on its behalf by:



.....
A Shaw - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HELIX ARTS LIMITED

Independent examiner's report to the trustees of Helix Arts Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

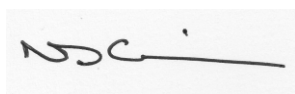
Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas Liley, FCA
The Institute of Chartered Accountants in England and Wales

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

Date: 7 August 2024

HELIX ARTS LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	231,089	-	231,089	136,502
Charitable activities					
Education of the General Public in the Arts	5	-	225,275	225,275	121,437
Other trading activities	3	17,617	-	17,617	3,450
Investment income	4	<u>2,643</u>	<u>-</u>	<u>2,643</u>	<u>1,895</u>
Total		<u>251,349</u>	<u>225,275</u>	<u>476,624</u>	<u>263,284</u>
EXPENDITURE ON					
Charitable activities					
Education of the General Public in the Arts		<u>158,272</u>	<u>225,259</u>	<u>383,531</u>	<u>278,862</u>
NET INCOME/(EXPENDITURE)					
		93,077	16	93,093	(15,578)
Transfers between funds	15	<u>16</u>	<u>(16)</u>	<u>-</u>	<u>-</u>
Net movement in funds		93,093	-	93,093	(15,578)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>225,323</u>	<u>-</u>	<u>225,323</u>	<u>240,901</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>318,416</u></u>	<u><u>-</u></u>	<u><u>318,416</u></u>	<u><u>225,323</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

HELIX ARTS LIMITED**BALANCE SHEET
31 MARCH 2024**

	Notes	2024 £	2023 £
FIXED ASSETS			
Tangible assets	11	458	687
CURRENT ASSETS			
Debtors	12	18,543	3,648
Cash at bank and in hand		<u>484,997</u>	<u>346,917</u>
		503,540	350,565
CREDITORS			
Amounts falling due within one year	13	(185,582)	(125,929)
		<u>317,958</u>	<u>224,636</u>
NET CURRENT ASSETS			
		<u>318,416</u>	<u>225,323</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>318,416</u>	<u>225,323</u>
NET ASSETS		<u>318,416</u>	<u>225,323</u>
FUNDS	15		
Unrestricted funds		<u>318,416</u>	<u>225,323</u>
TOTAL FUNDS		<u>318,416</u>	<u>225,323</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

HELIX ARTS LIMITED

BALANCE SHEET - continued
31 MARCH 2024

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17 July 2024 and were signed on its behalf by:



.....
A Shaw - Trustee

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Helix Arts Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling, rounded to the nearest Pound (£) which is the functional currency of the entity.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amounts and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES - continued

Income

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Donated services and facilities

Where services or facilities are provided to the charity as a donation that would normally be purchased from our suppliers, this benefit is included in the financial statements at its fair value unless its fair value cannot be reliably measured, then at the cost to the donor or the resale value of goods that are to be sold.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, its probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their useful economic life as follows:

Asset class	Depreciation method and rate
Sports equipment	33% straight line
Office equipment	15% reducing balance
Computer equipment	33% reducing balance

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand, call deposits and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Fund structure

Unrestricted income funds are general funds that are available for use at the Trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES - continued

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	2,500	-
Grants	<u>228,589</u>	<u>136,502</u>
	<u>231,089</u>	<u>136,502</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
ACE North East - NPO Grant	195,335	110,335
Community Foundation	3,200	-
North Tyneside Cultural Education Programme	-	1,667
North Tyneside Council	-	12,500
Newcastle City Council	-	4,500
Garfield Weston Foundation	15,000	7,500
Vonne	<u>15,054</u>	-
	<u>228,589</u>	<u>136,502</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024****3. OTHER TRADING ACTIVITIES**

	2024	2023
	£	£
Charges for goods and services	<u>17,617</u>	<u>3,450</u>

4. INVESTMENT INCOME

	2024	2023
	£	£
Interest receivable	<u>2,643</u>	<u>1,895</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2024	2023
	£	£
Grants		
Activity		
Education of the General Public in the		
Arts	<u>225,275</u>	<u>121,437</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Arts Council England	-	14,000
National Lottery Community Fund	-	6,167
Youth Music Foundation	44,395	25,670
NCJAA	-	4,888
Artsmark	-	1,200
Cultural Bridge NE	-	5,000
Voda-Heritage Action Zone	11,631	6,799
Wallsend Children's Community	-	4,000
Without Walls	-	3,850
Well Newcastle Gateshead	-	2,227
Northumberland County Council	-	2,500
Tyne and Wear Community Foundation	7,141	6,500
North Tyneside Cultural Education Programme	6,250	-
Cramlington Town Council	-	1,183
Healthwatch North Tyneside	-	7,000
North Tyneside Council	61,958	21,273
Save the Children	-	4,180
Rise North East / Sport England	8,250	5,000
Newcastle City Council	56,243	-
Heritage Lottery Fund	907	-
William Leech Foundation	5,000	-
The National Trust	5,500	-
Voda	13,000	-
Gateshead MBC	<u>5,000</u>	<u>-</u>
	<u>225,275</u>	<u>121,437</u>

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

6. SUPPORT COSTS

	Support costs £	Governance costs £	Totals £
Education of the General Public in the Arts	<u>29,094</u>	<u>1,938</u>	<u>31,032</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Depreciation - owned assets	229	175
Independent Examiner's remuneration (including irrecoverable VAT)	1,938	1,920
Payments under operating leases	<u>10,250</u>	<u>10,250</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

9. STAFF COSTS

	2024 £	2023 £
Wages and salaries	171,132	151,997
Social security costs	10,035	6,804
Other pension costs	<u>9,339</u>	<u>6,936</u>
	<u>190,506</u>	<u>165,737</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Management	2	2
Office staff	<u>5</u>	<u>5</u>
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

9. STAFF COSTS - continued

The charity's key management personnel comprise the Trustees and Chief Executive. The total employee benefits including social security of the charity's key management personnel was £53,113 (2023 - £69,411).

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	136,502	-	136,502
Charitable activities			
Education of the General Public in the Arts	-	121,437	121,437
Other trading activities	3,450	-	3,450
Investment income	<u>1,895</u>	<u>-</u>	<u>1,895</u>
Total	<u>141,847</u>	<u>121,437</u>	<u>263,284</u>
EXPENDITURE ON			
Charitable activities			
Education of the General Public in the Arts	<u>122,987</u>	<u>155,875</u>	<u>278,862</u>
NET INCOME/(EXPENDITURE)	18,860	(34,438)	(15,578)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>206,463</u>	<u>34,438</u>	<u>240,901</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>225,323</u></u>	<u><u>-</u></u>	<u><u>225,323</u></u>

HELIX ARTS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2023 and 31 March 2024	<u>14,976</u>
DEPRECIATION	
At 1 April 2023	14,289
Charge for year	<u>229</u>
At 31 March 2024	<u>14,518</u>
NET BOOK VALUE	
At 31 March 2024	<u>458</u>
At 31 March 2023	<u>687</u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	834	450
Other debtors	17,133	-
Prepayments	<u>576</u>	<u>3,198</u>
	<u>18,543</u>	<u>3,648</u>

13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade creditors	14,890	3,444
Social security and other taxes	5,716	2,933
Other creditors	-	96
Accruals	1,938	2,120
Deferred income	<u>163,038</u>	<u>117,336</u>
	<u>185,582</u>	<u>125,929</u>

	£
Deferred income at 1 April 2023	117,336
Released to incoming resources	(49,558)
Amount deferred in year	<u>95,260</u>
Deferred income at 31 March 2024	<u>163,038</u>

HELIX ARTS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
Fixed assets	458	-	458	687
Current assets	369,999	133,541	503,540	350,565
Current liabilities	<u>(52,041)</u>	<u>(133,541)</u>	<u>(185,582)</u>	<u>(125,929)</u>
	<u>318,416</u>	<u>-</u>	<u>318,416</u>	<u>225,323</u>

15. MOVEMENT IN FUNDS

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	225,323	93,077	16	318,416
Restricted funds				
North Shields Cultural Quarter-Community Meals	-	16	(16)	-
TOTAL FUNDS	<u>225,323</u>	<u>93,093</u>	<u>-</u>	<u>318,416</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024****15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	251,349	(158,272)	93,077
Restricted funds			
VODA-Heritage Action Zone	11,631	(11,631)	-
Youth Music - Real Voice	44,395	(44,395)	-
Cultural Futures - NTCEP	6,250	(6,250)	-
NTC - North Shields Public Artwork	16,320	(16,320)	-
NTC - Drugs & Alcohol Insight (#Never)	21,518	(21,518)	-
William Leech - Volunteering	5,000	(5,000)	-
CCZ Newcastle-Artists			
Agency-Creative Culture Zone	45,843	(45,843)	-
CCZ North Shields-Artists			
Agency-Creative Culture Zone	20,000	(20,000)	-
Gateshead MBC-Blossom	5,000	(5,000)	-
Heritage Lottery Fund-Re-Visits	907	(907)	-
Tyne and Wear Community Foundation-Kellet-Here To There Project	7,141	(7,141)	-
National Trust-Blossom	5,500	(5,500)	-
North Shields Cultural Quarter-Community Meals	4,120	(4,104)	16
Rise North East-FOYT-Here To There NT Project	8,250	(8,250)	-
TWAM-NTCEP	10,400	(10,400)	-
VODA-Together Festival-Georgian Cluedo	8,000	(8,000)	-
VODA-Together Festival	<u>5,000</u>	<u>(5,000)</u>	<u>-</u>
	<u>225,275</u>	<u>(225,259)</u>	<u>16</u>
TOTAL FUNDS	<u>476,624</u>	<u>(383,531)</u>	<u>93,093</u>

HELIX ARTS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

15. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	206,463	18,860	-	225,323
Restricted funds				
ACE - Celebrating Age	391	(391)	-	-
National Lottery Community Fund - MIH	(4,377)	5,208	(831)	-
NCJAA - Inspiring Futures	832	(832)	-	-
ACE - Better Connect	5,117	(5,117)	-	-
CBNE - LCEP	6,000	(6,000)	-	-
Covid Cafe	1,709	(1,709)	-	-
VODA-Heritage Action Zone	3,671	(3,671)	-	-
MIH - Y2 Edberts House	(831)	-	831	-
Wallsend CC - Story of Place	3,392	(3,392)	-	-
WNG - Mindful Maps	2,390	(2,390)	-	-
Youth Music - Real Voice	16,144	(16,144)	-	-
	<u>34,438</u>	<u>(34,438)</u>	<u>-</u>	<u>-</u>
TOTAL FUNDS	<u>240,901</u>	<u>(15,578)</u>	<u>-</u>	<u>225,323</u>

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	141,847	(122,987)	18,860
Restricted funds			
ACE - Celebrating Age	-	(391)	(391)
National Lottery Community Fund - MIH	6,167	(959)	5,208
NCJAA - Inspiring Futures	4,888	(5,720)	(832)
ACE - Better Connect	14,000	(19,117)	(5,117)
Artsmark	1,200	(1,200)	-
CBNE - LCEP	-	(6,000)	(6,000)
Covid Cafe	-	(1,709)	(1,709)
VODA-Heritage Action Zone	6,799	(10,470)	(3,671)
Wallsend CC - Story of Place	4,000	(7,392)	(3,392)
WNG - Mindful Maps	2,227	(4,617)	(2,390)
Without Walls - Mouth of the Tyne	3,850	(3,850)	-
Youth Music - Real Voice	29,670	(45,814)	(16,144)
Cultural Futures - NTCEP	10,000	(10,000)	-
Film Club - CTC	1,183	(1,183)	-
Healthwatch - Equally Well	7,000	(7,000)	-
NTC - North Shields Public Artwork	16,273	(16,273)	-
Re:Visits - North Tyneside	5,000	(5,000)	-
Save the Children - Our Story	4,180	(4,180)	-
Sport England - Together Fund	5,000	(5,000)	-
	<u>121,437</u>	<u>(155,875)</u>	<u>(34,438)</u>
TOTAL FUNDS	<u>263,284</u>	<u>(278,862)</u>	<u>(15,578)</u>

The purpose of the material restricted funds is set out below.

Better Connect, our creative health social prescribing work, was embedded into our core ACE NPO, where we established community partnerships to host a regular service for North Tyneside residents.

Real Voice A 2-year inclusive music programme across Northumberland, funded by Youth Music, Northumberland County Council and Community Foundation.

#Never is our young persons drugs insights project commissioned by North Tyneside Public Health, funded by North Tyneside Council.

Our Blossom A environmentally themed project with National Trust, Gibside. Mixed Media artworks were created collaboratively with people from community groups within Gateshead.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

15. MOVEMENT IN FUNDS - continued

North Shields Heritage Action Zone Funded by Voda, we delivered three Make It Happen volunteer programmes for young people, artists and community groups to co-produce arts and cultural events/projects inspired by the heritage of North Shields.

Artists' Agency Newcastle A new artists development programme funded by Newcastle City Council for artists living or working in Newcastle culminating in 4 public art commissions on Clayton Street corridor.

Artists' Agency North Shields A series of mentoring opportunities, action learning set and informal social network 'café' spaces, which enabled over 70 creatives and organisations who live and work in North Tyneside to access bespoke opportunities, funded by North Tyneside Council.

NSCQ Creative Table North Tyneside Council funded the facilitated themed meals supported artists/diners to explore and examine key issues affecting their society while sharing food creative solutions to the problems were conjured. Themes included examining food waste, environmental impact and Universal Basic Income.

Here to There A two year programme funded by Community Foundation-Kellet Fund and Rise North East which was informed by older people's focus groups across North Tyneside, Sunderland and South Tyneside. This has led to creative walks and workshops for participants over the age of 55.

North Tyneside Cultural Education Partnership (NTCEP)

Helix Arts host the North Tyneside Cultural Education Partnership (NTCEP) to create better and fairer opportunities for young people in North Tyneside to experience culture. This is driven by a 3-year action plan and key projects encouraging youth voice, participation and progression funded by North Tyneside and Newcastle City Councils.

North Shields Public Artworks Co-created public artworks at two Gateway sites as part of the North Shields regeneration master plan. A key part of this council funded project was idea generation between artist Laura Brenchley and the community.

16. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £9,339 (2023 - £6,936).

There were no contributions outstanding at the balance sheet date (2023 - £nil).

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

17. RELATED PARTY DISCLOSURES

During the year the charity entered into the following transactions with related parties.

Arts Council England

The charitable company has a close relationship with the Arts Council of England North East which provide revenue funding to enable the charitable company to carry out its charitable objectives. Conditions of the grants include the right to attend board meetings as observers and to be consulted in regard to new appointments.

The Arts Council of England North East is also entitled to receive copies of financial documentation, programmes of activities and to undertake an annual review of the charitable company's work. During the year, Helix Arts Limited received £195,335 (2023: £124,335) from ACE. At the balance sheet date the amount due to/from Arts Council England was £Nil (2023 - £Nil).

18. LEGAL STATUS

The charitable company is limited by guarantee, incorporated in England & wales, and consequently does not have share capital.

The liability of members is limited, Every member guarantees, if the charitable company is dissolved while he or she is a member or within one year afterwards, to pay up to one pound sterling (£1) towards the cost of dissolution and the liabilities incurred by the charitable company while the guarantor was a member.

The charitable company's registered number and registered office address can be found within Reference and Administrative Details.

HELIX ARTS LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	2,500	-
Grants	<u>228,589</u>	<u>136,502</u>
	231,089	136,502
Other trading activities		
Charges for goods and services	17,617	3,450
Investment income		
Interest receivable	2,643	1,895
Charitable activities		
Grants	<u>225,275</u>	<u>121,437</u>
Total incoming resources	476,624	263,284
EXPENDITURE		
Charitable activities		
Wages	171,132	151,997
Social security	10,035	6,804
Pensions	9,339	6,936
Other direct costs	<u>161,993</u>	<u>68,590</u>
	352,499	234,327
Support costs		
Support costs		
Rent and service charges	10,250	11,594
Insurance	3,105	2,798
Light and heat	1,736	-
Travelling	3,667	3,267
Printing, post and stationery	2,181	1,446
Telephone	4,756	4,310
Professional fees	10,140	1,202
Marketing	8,096	1,348
Repairs and maintenance	5,489	283
Staff training	812	238
Carried forward	50,232	26,486

This page does not form part of the statutory financial statements

HELIX ARTS LIMITED**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024	2023
	£	£
Support costs		
Brought forward	50,232	26,486
Sundries	4,290	1,962
Programme development	540	-
Temporary staff	1,826	9,147
ICT	2,179	3,413
Bank charges	24	15
Management fee projects	33,650	-
Management fee income	(63,876)	-
Fixtures and fittings	<u>229</u>	<u>175</u>
	29,094	41,198
Governance costs		
Accountancy and legal fees	<u>1,938</u>	<u>3,337</u>
Total resources expended	<u>383,531</u>	<u>278,862</u>
Net income/(expenditure)	<u>93,093</u>	<u>(15,578)</u>

This page does not form part of the statutory financial statements

HELIX ARTS LIMITED

England & Wales - Charity number 700956

Accounts

REGISTERED COMPANY NUMBER: 02114849 (England and Wales)
REGISTERED CHARITY NUMBER: 700956

REPORT OF THE TRUSTEES AND
UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
HELIX ARTS LIMITED

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

HELIX ARTS LIMITED

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FOR THE YEAR ENDED 31 MARCH 2023**

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HELIX ARTS LIMITED

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2023

Key Management Personnel	C Gavin, Director
Registered Office	51 Bedford Street, North Shields, Tyne and Wear, NE29 0AT The charity is incorporated in England and Wales
Company Registration Number	02114849
Charity Registration Number	700956
Trustees	A Shaw (Chair) M D Buckley R Devlin (appointed 1 December 2022) H Ghaffar (appointed 1 December 2022, resigned 1 January 2023) S Holton (appointed 1 December 2022) A Latham (appointed 1 December 2022) C Lawrence A T M Shiel M S Steggles O Vickers L Wood (appointed 1 December 2022) S Woods (resigned 8 February 2023) K B Wright (appointed 1 December 2022)
Independent Examiner	Read, Milburn & Co., 71 Howard Street, North Shields, NE30 1AF
Bankers	The Co-Operative Bank PLC, PO Box 250 Delf House, Skelmersdale, WN8 6WT

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objects and aims

Helix Arts's charitable objects are: to educate the general public in the arts especially by enabling members of the public to work alongside artists producing works of high artistic class, and by fostering and promotion of the participation in the arts and an awareness, knowledge and understanding and appreciation of the arts among particularly, but not exclusively, people of the northern area.

Helix Arts has had regard to the Charity Commission's guidance on public benefit.

In line with our charitable objectives and within the limits of our funding, we are currently working within the North East of England including Tyne and Wear, Northumberland, County Durham and Tees Valley.

Occasionally our work is scaled to other areas in England.

Each year we co-create a wide variety of arts offers with local communities. Participant numbers in each session will range from 4 - 40 with an age demographic from 3 to 90 years old, depending upon the nature of the group. The majority of activity is the provision of opportunities to participate in high quality arts activity for those who are vulnerable and excluded and therefore have the least access to the arts.

Our beneficiaries typically face multiple health inequalities. Our activity is accessible by participants regardless of any protected characteristics. These include, but are not limited to, children and young people at risk, unemployed adults and employed people on low incomes, people living in deprived neighbourhoods, people with special educational needs, people in contact with the criminal justice system and people with poor health, especially older residents and carers.

The focus of our activities is on enabling participants to use creative ways to explore their experiences and to: develop new skills and interests; increase confidence and self-esteem; improve communication and social skills; assist reintegration into the community through progression into education, training, employment or stable accommodation; encourage and develop peer learning and family support; and to reduce offending and drug or alcohol addiction.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised directly from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES - continued

Helix Arts is an arts charity who have collaborated and connected with local people, partners and artists for almost 40 years to help which improves their health, their prospects, their communities, and their environments.

Vision

Participation in creative activity is fundamental to the wellbeing of individuals and communities and should be accessible to all.

Mission

To provide equality of opportunity for under-served people to take part in arts and culture.

Values

Helix Arts values the importance of everyday culture and creativity.

People are at the heart of Helix Arts; where connections and relationships matter for positive change to happen. Journeys are nurtured by placing choice and decision making of utmost importance and at the heart of the work. This is both for Helix Arts's beneficiaries and the workforce, including self employed artists/arts workers.

We want people to live healthy lives by co-producing arts that has meaning to them; projects that are bespoke and help them explore their own stories

Our core values are:

- **Collaboration**
- **Creativity**
- **Care**

ACHIEVEMENT AND PERFORMANCE

During 2022/23 Helix Arts continued to develop the organisation following the post-pandemic ripples and challenges. Our Director has led the growth of the team and the breadth of the programme to continue our reach with diverse communities and we continue to grow through our partnerships with other organisations.

We have delivered a broad activity programme, many with a focus on health inequalities. We have refreshed our relationships with our community and voluntary partners, with the aim of understanding current community needs. We have worked to position ourselves well in North Tyneside and feel critical to the creative health landscape. Our strengthened the role and key provider of arts and culture in North Tyneside and have become embedded in our home community of North Shields.

We continue to work with many participants who would not otherwise have been able to experience the joy and empowerment of participation in arts and culture, including in more diverse and unusual forms of engagement. This is down to the expert brokerage of Helix Arts's own staff and the extraordinary range of superb creative practitioners with whom Helix Arts works, develops and supports.

During the year, we worked with 2,199 people during 177 workshop sessions, and reached an audience of almost 60,000 people. This significant increase is down to a wider offer of one-off opportunities for people to take part in everyday creativity as a step towards progressing to our other opportunities.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE - continued

We made a huge investment in a real-time data dashboard project and developed a first iteration at the end of the year. The dashboard uses Microsoft Power BI and SharePoint to enable detailed data analysis and visualisation. It was rolled out at the end of the year and will be further developed during 2023/24 to offer real-time KPI monitoring. The work to develop this system has enhanced our reporting capabilities and helped streamline workflows.

The board was strengthened by the addition of five new trustees during the year. The new board members bring new experiences including young people, artists, older people and safeguarding specialists.

We know our work is needed more than ever. We want to grow to meet demand in the coming years. We will focus our intentions on Arts and Wellbeing, Artist and Community Development and Children, Young People and Families. The lives of the people we work have been disproportionately affected in recent years. This year has implied the start of our work, which we aim to further develop subject to the funding landscape and our variables around our place-based work across North East localities.

Our organisation will grow stronger, knowing we can help change people's lives through the arts. Our ambition continues to collaborate with people, and those connections will lead to genuine, quality and authentic co-creation. We will ensure a brilliant experience as well as support the creation of exceptional artwork for new, local community audiences.

During the year, we continually worked to diversify our creative workforce and participants. We will continue to increase the diversity of our organisation, those who work for us and who we work with in coming years.

Our programme is broad and ranging to meet the multiple and changing needs of our communities. Taking our listening first ethos, we provided many models of co-produced work across our priority groups. We begin preparations for our 40th anniversary year and have a better understanding of the role Covid has played within local communities.

Programme activities overview

Better Connect 2022 culminated our work on Thriving Communities social prescribing work, as part of the National Agency for Social Prescribing network. We focused on improving the health and wellbeing of diverse carers in North Tyneside. We have nurtured a CVS alliance of trusted and valued partners who supported young and adult carers with arts and culture to transform experiences after COVID-19. Delivering 163 sessions reaching 175 core individuals, Better Connect was made up of multiple projects. This has prepared us for new relationships with the integrated care partnerships and public health.

Making Memories with the Family Gateway. An artist in residency model, making memories engaged with every member of the family. Listening and responding to individuals' stories, ideas and opinions through participatory arts sessions, Family Gateway members were encouraged to dive in and gain new skills.

Parent Voice involved a series of exploratory sessions in ceramics and textiles with focus on parent carers (those who care for a child under the age of 18 with a disability), this was in collaboration with North Tyneside Carers Centre. Sessions introduced people to different art forms and opened up conversations about self (beyond being a parent and a carer), as well as the importance of taking part in art for positive mental health and wellbeing and looking at the barriers to engagement.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE - continued

You:Your Art offered a mindful online space where participants could take part in creative journalling and explore lots of basic art, print, crafts, making and collage techniques. Continuing the meet socially after the end of the programme sometimes with the lead artist, showed the benefits of the sessions and the connections which had been formed.

By Your Side was a new alliance with North Tyneside Art Studio that helped give creative space for working carers out of hours. Taking place over 6 months the activities were open to carers who would like to try their hand at drawing, painting, textiles, printing and more, culminating in an exhibition. Regular sessions gave carers the opportunity to take time out and enjoy the positive impact the arts can have on maintaining and improving your mental health.

Falling On Your Feet is a long running falls prevention dance offer for over 55s. Embedded in our Better Connect work, we continued with participants in Wallsend in partnership with Tyne and Wear Museums. It carried on all year with a focus on co-choreography which builds on cardiovascular, physical and mental health through dance with the aim of also increasing vital social connections. Participants also formed an insights group to inform and design future programmes to shape core older people opportunities.

Our evaluation showed the effectiveness of various models of delivery; a mixture of digital and in-person delivery, different times, spaces and purpose. 175 individuals benefited from improved lives through creativity which supported their wider health and lifestyle. An additional significant number of the wider community benefitted through our alliance. Evident in 'Together Again' and 'Heritage Action Zone' cultural activities. These sessions reached an additional 114 participants some of whom had caring responsibilities that were less visible or labelled.

Story of Place resulted from Wallsend Children's Community commissioning a narrative based project to improve the lives of Wallsend families by collaborating with schools and families. Covid-19 stories were collected about community experiences from local residents. It included community research training for both professionals and local residents to gather and interpret stories, artist residencies in local schools and a final exhibition. We engaged with over 100 participants sharing stories which gave new insights into the challenges families face and improved awareness of the systems that need to change. Artwork created was exhibited at Segedunum Roman Fort and Museum allowing further audiences beyond the local, including international visitors, who as well as viewing work also contemplate and added their own experiences.

Inspiring Futures A National Criminal Justice Arts Alliance (NCJAA)/CLINKS national peer partnership project as part of Cambridge Criminology research. The project 'Avant Guard' forged from this, older residents in HMP Northumberland explored choice and consequences with support from our partners AGEUK. Residents took part in a series of creative writing workshops focusing on their voices, mindset and understanding from their lives inside and outside the criminal justice system. A flexible and person centred approach involved the use of prose, poetry, sound, drawing and journals. This resulted in a script and numerous sound pieces which was showcased at the NCJAA national conference and exhibition in London in March 2023.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE - continued

Real Voice is a 2 year inclusive music programme across Northumberland, funded by Youth Music, Northumberland County Council and Tyne and Wear Community Foundation. Working in partnership with youth organisations, we worked across four satellite sites in Cramlington and Ashington. Open to young people aged 11-18 years old, young people co-designed an inclusive music programme based on their unique needs and interests, around the premise of prevention and reduction of offending. Real Voice allowed participants to amplify their voice through music and tell the local community about what mattered to them, with a specific focus on youth inclusion. Taking part in a multitude of musical genres, as well as trying other art forms, such as animation led participants to create artworks which included topics important to them including peer pressure, bullying and about where they live. Participants also engaged in project management training and branding consultation to help shape the project.

Heritage Action Zone A series of Make It Happen (MIH) strands of training, development and delivery with young people, community volunteers and artists as part of the Heritage Action Zone regeneration in North Shields. Launching with the young people strand, young people from John Spence Community School, worked over 8 weeks developing project delivery skills and planning their own Georgian-inspired project. The young people worked to co-produce a short performance which they performed for free at The Exchange, North Shields in December 2022.

Recruiting local artists and residents who lived in North Tyneside, both the artist and community cohorts began training in January with trainee's getting to grips with participatory arts, idea development and forming their own projects pitches.

Covid Stories Helix Arts worked with VODA and North Tyneside Primary Care Networks/GPs to support a community research event to gather Covid Stories for Public Health North Tyneside. Local residents and volunteers sharing their experiences with artists. Artwork created was post-produced to form a travelling exhibition which was hosted in North Shields and Wallsend Libraries.

Louder originated as drama-based peer performance project in partnership with Rape Crisis and participant groups at Phoenix Detached Youth Project and YMCA North Tyneside. Young people engaged in conversations surrounding sexual assault and domestic abuse. From artist recruitment, script writing, acting, filming and to the collection of a regional award young people led the way. Their project resulted in five films enabling the participants to examine the issues which they felt were important to inform their peers about. Each film addresses a separate topic and has resources to support the facilitation and more young people being educated about these issues. Louder was awarded the North East Culture's Special Award for Young Person's achievement at the 2022 awards.

HeArt of Care A partnership project between Rosetta Life, Black Bristol Carers, Bristol Age UK, African Centre for Research on End of Life Care, Kingston Carers, PALChase, Caregivers India and the Worldwide Hospice Palliative Care Alliance. HeArt of Care was a series of creative masterclasses presented by artists from around the world to help inspire carers and increase the visibility of carers nationally and globally.

Film on your Phone A partnership project with Cramlington Town Council to target young teens in Cramlington. Over the Summer holidays this project provided young people the skills to tell their own stories to a high-quality through film using phones which they have readily available.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE - continued

North Tyneside Cultural Education Partnership

Helix Arts hosts the North Tyneside Cultural Education Partnership (NTCEP) to create better and fairer opportunities for young people in North Tyneside to experience culture. This is driven by a 3-year action plan, resulting in the following priorities in 2022:

NTCEP - Branding Consultation Young people in Years 7 & 8 at John Spence Community High School worked with designers to research and co-produce a branding concept and visual identity for North Tyneside Cultural Education Partnership (NTCEP). Designers worked with the young people over a series of workshops to develop an understanding of the partnership and its aims, and to research and develop logos, fonts, colour palettes and names that would best represent NTCEP. Upon the completion of the workshops, the chosen branding was integrated into the NTCEP, forming a clear identity.

NTCEP - Culture Investigators Young investigators explored arts and cultural venues in North Tyneside. Working with both primary and secondary aged young people; groups researched, visited and examined cultural venues with the aim to use the information to create a cultural 'toolkit'. Taking an action research approach, young people gained an understanding of the cultural offer, as well as deciding upon what makes an offer enticing to them and their families.

Artsmark In partnership with Churchill Community College, year 9 and 10 pupils undertook a textiles project to increase individual skills and provide opportunities for students to further develop pathways into the creative industries.

Not Just a Mum Commissioned by Save the Children Manchester local BAME parents in Longsight, Manchester explored how story gathering narratives could support them to explore topics of community resilience, as a Mum with children under 5. Parents examined local services and what life is like raising their children. Creating various types of artworks including calligraphy, vision boards and creative journals, participants showcased their thoughts and changes they would like to be implemented through their work. Artwork was exhibited at Longsight Library and Learning Centre and culminated in community engagement events revolving around the creative responses.

North Shields Public Artworks North Tyneside Council commissioned Helix Arts to co-create public artworks at two Gateway sites as part of the in North Shields regeneration in partnership Wood Street Walls. A key part of this project involved idea generation to co-create the public artworks. Through community consultation and engagement almost 800 local residents and school children engaged. Each individual had the opportunity to present their own ideals for the work, focusing on the past, present and future of the town. Taking part in workshops, interviews and submissions of personal stories, large community sketchbooks were formed to share with residents as well as provide a large selection of concepts for final co-creation.

Equally Well Helix Arts led an alliance based approach to the community consultation for North Tyneside Council's Health Inequalities policy. Community Partners collaborated to agree a creative approach to consultation resulting in mixed digital, visual and crafts artworks representing community voice. Participants highlighted what a healthy and happy life would be like for them and what was currently preventing this.

Arts Award Helix Arts is an Arts Award Centre and pledges to accredit our work with young peoples as part of the shared mission to support young people who want to deepen their engagement with the arts, build creative and leadership skills and achieve a national qualification. Helix Arts offers an embedded Arts Award offer on all young peoples' projects, across all award levels from Discover to Gold, awarded by Trinity College London.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENT AND PERFORMANCE - continued

Volunteering During 2022 we have embedded new approaches with our volunteers who began to review our archive in advance of our 40th year anniversary.

FINANCIAL REVIEW

Policy on reserves

At the end of 2022/23 the total unrestricted reserves stood at £225,323 (2022 - £206,463) and the restricted at £nil (2022 - £34,438). The free reserves of the charity amounted to £224,636 (2022 - £206,251).

The Trustees of the charitable company, in accordance with consideration of the Charity Commission's guidance have concluded that in order to provide reliable service over the longer term, to be able to absorb setbacks and to take advantage of change and opportunity, a general reserve is justified. They consider that it is in the charity's best interests to hold such a reserve.

After due consideration of possible risks and demands, the charity aims to achieve reserves equivalent to at least three months' running costs and no more than six months' running costs. The current reserve level falls within this range, being the equivalent of five months' running costs. The reserves policy and the level of reserves will be kept under review.

Investment policy and objectives

Under the memorandum and articles of association the charitable company has the power to make any investment the Trustees see fit.

Going concern

The Trustees are satisfied that the organisation is able to operate for the foreseeable future on the basis of known and reasonable projected levels of income and therefore the going concern basis of accounting is appropriate.

PLANS FOR FUTURE PERIODS

Helix Arts is continuing to increase the ambition around the quality of our work and the numbers of people we reach. To achieve this, we aim to grow our income through:

- diversifying our offer;
- exploring new markets;
- maintaining and strengthening relationships with existing partners;
- forging new partnerships, locally and nationally;
- building our profile, particularly online.

We will continue to provide activity that enables our participants to build confidence, increase their motivation and learn new skills, leading to improved health and wellbeing and the opening up of fresh opportunities for employment.

The Trustees are committed to ensuring that the charity continues to grow and thrive, particularly through exploring a more entrepreneurial approach and testing new methods of income generation to support core activity.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Helix Arts Limited is a registered charity with the Charity Commission for England and Wales. It is governed by its Memorandum and Articles of Association, updated in May 2019.

Trustees

Helix Arts Limited has a Board whose Members are drawn from the arts, the voluntary sector, higher education, public bodies, local authorities and the private sector, including experts by experience who are appointed by the charitable company in a general meeting. Each board member agrees to contribute an amount not exceeding £1 in the event of the charitable company winding up.

Trustee Recruitment and Training

Trustees are recruited and selected through an open process whereby the opportunity is advertised and expressions of interest received, including via personal recommendation from existing board members. Potential Trustees attend a board meeting to observe and to meet the other trustees before any appointment is made; followed by a full induction and any development needed as trustee.

Organisation

The day to day running of the charitable company is the responsibility of the Director and they report to the Trustees, who are responsible for policy making, due diligence, compliance and shaping strategic direction. The Trustees meet a minimum of four times per year.

Related Parties

None of the Trustees receives remuneration or other benefit from their work with the charity.

Key Management Personnel

The Board, who give their time freely with no trustee remuneration in the year, have considered the Key Management Personnel (KMP) of the charity, as noted in the Reference and Administration section. Together with the Board, these KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased in accordance with average earnings. The Trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board then review and agree any uplift to remuneration, following the advice of a small group to whom the Board delegates the task of examining the relevant information to inform the recommendations made.

Risk management

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

- changes and reductions in public and voluntary sector funding;
- competition from other, particularly larger, arts organisations;
- cash flow.

HELIX ARTS LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT - continued

All of these risks are addressed within the current strategic Business Plan, which is reviewed annually by Trustees in consultation with staff. There are policies, procedures and contingency plans in place to minimise and address the risks identified, specifically:

- we are developing a more entrepreneurial approach to securing resources, including testing additional income generation models that will help to underwrite our core charitable activity;
- we will continue to work closely with other arts and community organisations in the region and beyond, and are developing new relationships with organisations that we have not yet worked with;
- we continue to operate rigorous financial controls that enable us to identify any potential cash flow concerns in time to take action to avoid or mitigate any negative impact;
- we will continue to work closely with other arts organisations in the region and beyond. We are developing and deepening our collaborations with non-arts voluntary organisations.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Helix Arts Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 27 November 2023 and signed on its behalf by:



A Shaw - Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF HELIX ARTS LIMITED

Independent examiner's report to the trustees of Helix Arts Limited ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Nicholas J Liley FCA

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

4 December 2023

HELIX ARTS LIMITED

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	136,502	-	136,502	168,317
Charitable activities					
Education of the General Public in the Arts	5	-	121,437	121,437	218,202
Other trading activities	3	3,450	-	3,450	-
Investment income	4	<u>1,895</u>	<u>-</u>	<u>1,895</u>	<u>490</u>
Total		<u>141,847</u>	<u>121,437</u>	<u>263,284</u>	<u>387,009</u>
 EXPENDITURE ON					
Charitable activities					
Education of the General Public in the Arts		<u>122,987</u>	<u>155,875</u>	<u>278,862</u>	<u>317,741</u>
NET INCOME/(EXPENDITURE)		18,860	(34,438)	(15,578)	69,268
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>206,463</u>	<u>34,438</u>	<u>240,901</u>	<u>171,633</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>225,323</u></u>	<u><u>-</u></u>	<u><u>225,323</u></u>	<u><u>240,901</u></u>

CONTINUING OPERATIONS

All income and expenditure has arisen from continuing activities.

The notes form part of these financial statements

HELIX ARTS LIMITED

BALANCE SHEET 31 MARCH 2023

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	11	687	212
CURRENT ASSETS			
Debtors	12	3,648	18,913
Cash at bank and in hand		<u>346,917</u>	<u>309,247</u>
		350,565	328,160
CREDITORS			
Amounts falling due within one year	13	(125,929)	(87,471)
		<u>224,636</u>	<u>240,689</u>
NET CURRENT ASSETS			
		<u>225,323</u>	<u>240,901</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>225,323</u>	<u>240,901</u>
NET ASSETS		<u>225,323</u>	<u>240,901</u>
FUNDS	15		
Unrestricted funds		225,323	206,463
Restricted funds		<u>-</u>	<u>34,438</u>
TOTAL FUNDS		<u>225,323</u>	<u>240,901</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

HELIX ARTS LIMITED

BALANCE SHEET - continued
31 MARCH 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 27 November 2023 and were signed on its behalf by:

A handwritten signature in black ink, appearing to read 'A Shaw', with a long horizontal flourish extending to the right.

A Shaw - Trustee

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Helix Arts Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling, rounded to the nearest Pound (£) which is the functional currency of the entity.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amounts and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES - continued

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Donated services and facilities

Where services or facilities are provided to the charity as a donation that would normally be purchased from our suppliers, this benefit is included in the financial statements at its fair value unless its fair value cannot be reliably measured, then at the cost to the donor or the resale value of goods that are to be sold.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their useful economic life as follows:

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Asset class	Depreciation method and rate
Sports equipment	33% straight line
Office equipment	15% reducing balance
Computer equipment	33% reducing balance

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand, call deposits and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Fund structure

Unrestricted income funds are general funds that are available for use at the Trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	-	33,405
Grants	<u>136,502</u>	<u>134,912</u>
	<u>136,502</u>	<u>168,317</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
ACE North East - NPO Grant	110,335	110,335
Gateshead College	-	14,577
Tyne and Wear Community Foundation	-	10,000
North Tyneside Cultural Education Programme	1,667	-
North Tyneside Council	12,500	-
Newcastle City Council	4,500	-
Garfield Weston Foundation	<u>7,500</u>	<u>-</u>
	<u>136,502</u>	<u>134,912</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****3. OTHER TRADING ACTIVITIES**

	2023	2022
	£	£
Charges for goods and services	<u>3,450</u>	<u>-</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Interest receivable	<u>1,895</u>	<u>490</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	2023	2022
	£	£
Grants	<u>121,437</u>	<u>218,202</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
Arts Council England	14,000	48,836
National Lottery Community Fund	6,167	27,724
Youth Music Foundation	25,670	37,438
Co-Op Foundation	-	11,045
The Witham	-	2,500
Well Newcastle Gateshead Art Fund	-	590
Rape Crisis NE	-	10,000
NCJAA	4,888	8,458
NPCC	-	2,000
Artsmark	1,200	1,500
Cultural Bridge NE	5,000	6,000
Community Foundation	-	5,000
Covid Cafe	-	5,000
HAF	-	12,375
Heart of Care	-	1,000
Heritage Action Zone	6,799	9,215
Wallsend Children's Community	4,000	11,500
Without Walls	3,850	2,650
Well Newcastle Gateshead	2,227	15,371
Northumberland County Council	2,500	-
Tyne and Wear Community Foundation	6,500	-
Cramlington Town Council	1,183	-
Healthwatch North Tyneside	7,000	-
North Tyneside Council	21,273	-
Save the Children	4,180	-
Rise North East / Sport England	<u>5,000</u>	<u>-</u>
	<u>121,437</u>	<u>218,202</u>

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

6. SUPPORT COSTS

	Support costs £	Governance costs £	Totals £
Education of the General Public in the Arts	<u>41,198</u>	<u>3,337</u>	<u>44,535</u>

7. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Depreciation - owned assets	175	7
Independent Examiner's remuneration (including irrecoverable VAT)	1,920	4,050
Payments under operating leases	<u>10,250</u>	<u>10,250</u>

8. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

9. STAFF COSTS

	2023 £	2022 £
Wages and salaries	151,997	134,598
Social security costs	6,804	6,173
Other pension costs	<u>6,936</u>	<u>7,356</u>
	<u>165,737</u>	<u>148,127</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Management	2	2
Office staff	<u>5</u>	<u>6</u>
	<u>7</u>	<u>8</u>

No employees received emoluments in excess of £60,000.

The total employee benefits of the charity's key management personnel amounted to £69,411 (2022 - £55,974).

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	168,317	-	168,317
Charitable activities			
Education of the General Public in the Arts	-	218,202	218,202
Investment income	<u>490</u>	<u>-</u>	<u>490</u>
Total	<u>168,807</u>	<u>218,202</u>	<u>387,009</u>
EXPENDITURE ON			
Charitable activities			
Education of the General Public in the Arts	<u>99,800</u>	<u>217,941</u>	<u>317,741</u>
NET INCOME	69,007	261	69,268
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>137,456</u>	<u>34,177</u>	<u>171,633</u>
TOTAL FUNDS CARRIED FORWARD	<u>206,463</u>	<u>34,438</u>	<u>240,901</u>

HELIX ARTS LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

11. TANGIBLE FIXED ASSETS

	Fixtures and fittings £
COST	
At 1 April 2022	14,326
Additions	<u>650</u>
At 31 March 2023	<u>14,976</u>
DEPRECIATION	
At 1 April 2022	14,114
Charge for year	<u>175</u>
At 31 March 2023	<u>14,289</u>
NET BOOK VALUE	
At 31 March 2023	<u><u>687</u></u>
At 31 March 2022	<u><u>212</u></u>

12. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	450	6,110
Prepayments	3,198	2,860
Accrued income	<u>-</u>	<u>9,943</u>
	<u><u>3,648</u></u>	<u><u>18,913</u></u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****13. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	2023	2022
	£	£
Trade creditors	3,444	14,367
Social security and other taxes	2,933	2,784
Other creditors	96	171
Accruals	2,120	4,052
Deferred income	<u>117,336</u>	<u>66,097</u>
	<u>125,929</u>	<u>87,471</u>
		£
Deferred income at 1 April 2022		66,097
Released to incoming resources		(59,847)
Amount deferred in year		<u>111,086</u>
Deferred income at 31 March 2023		<u>117,336</u>

14. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund	Restricted funds	2023 Total funds	2022 Total funds
	£	£	£	£
Fixed assets	687	-	687	212
Current assets	249,062	101,503	350,565	328,160
Current liabilities	<u>(24,426)</u>	<u>(101,503)</u>	<u>(125,929)</u>	<u>(87,471)</u>
	<u>225,323</u>	<u>-</u>	<u>225,323</u>	<u>240,901</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****15. MOVEMENT IN FUNDS**

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	206,463	18,860	-	225,323
Restricted funds				
ACE - Celebrating Age	391	(391)	-	-
National Lottery Community Fund - MIH	(4,377)	5,208	(831)	-
NCJAA - Inspiring Futures	832	(832)	-	-
ACE - Better Connect	5,117	(5,117)	-	-
CBNE - LCEP	6,000	(6,000)	-	-
Covid Cafe	1,709	(1,709)	-	-
Heritage Action Zone	3,671	(3,671)	-	-
MIH - Y2 Edberts House	(831)	-	831	-
Wallsend CC - Story of Place	3,392	(3,392)	-	-
WNG - Mindful Maps	2,390	(2,390)	-	-
Youth Music - Real Voice	16,144	(16,144)	-	-
	<u>34,438</u>	<u>(34,438)</u>	<u>-</u>	<u>-</u>
TOTAL FUNDS	<u>240,901</u>	<u>(15,578)</u>	<u>-</u>	<u>225,323</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****15. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	141,847	(122,987)	18,860
Restricted funds			
ACE - Celebrating Age	-	(391)	(391)
National Lottery Community Fund - MIH	6,167	(959)	5,208
NCJAA - Inspiring Futures	4,888	(5,720)	(832)
ACE - Better Connect	14,000	(19,117)	(5,117)
Artsmark	1,200	(1,200)	-
CBNE - LCEP	-	(6,000)	(6,000)
Covid Cafe	-	(1,709)	(1,709)
Heritage Action Zone	6,799	(10,470)	(3,671)
Wallsend CC - Story of Place	4,000	(7,392)	(3,392)
WNG - Mindful Maps	2,227	(4,617)	(2,390)
Without Walls - Mouth of the Tyne	3,850	(3,850)	-
Youth Music - Real Voice	29,670	(45,814)	(16,144)
Cultural Futures - NTCEP	10,000	(10,000)	-
Film Club - CTC	1,183	(1,183)	-
Healthwatch - Equally Well	7,000	(7,000)	-
NTC - North Shields Public Artwork	16,273	(16,273)	-
Re:Visits - North Tyneside	5,000	(5,000)	-
Save the Children - Our Story	4,180	(4,180)	-
Sport England - Together Fund	5,000	(5,000)	-
	<u>121,437</u>	<u>(155,875)</u>	<u>(34,438)</u>
TOTAL FUNDS	<u>263,284</u>	<u>(278,862)</u>	<u>(15,578)</u>

HELIX ARTS LIMITED**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****15. MOVEMENT IN FUNDS - continued****Comparatives for movement in funds**

	At 1/4/21 £	Net movement in funds £	At 31/3/22 £
Unrestricted funds			
General fund	137,456	69,007	206,463
Restricted funds			
ACE - Celebrating Age	698	(307)	391
ACE - Common Connections	26,035	(26,035)	-
National Lottery Community Fund - MIH	-	(4,377)	(4,377)
NCJAA - Inspiring Futures	-	832	832
Rape Crisis NE - Louder	6,944	(6,944)	-
YMCA - Healthy Habits	500	(500)	-
ACE - Better Connect	-	5,117	5,117
CBNE - LCEP	-	6,000	6,000
Covid Cafe	-	1,709	1,709
Heritage Action Zone	-	3,671	3,671
MIH - Y2 Edberts House	-	(831)	(831)
Wallsend CC - Story of Place	-	3,392	3,392
WNG - Mindful Maps	-	2,390	2,390
Youth Music - Real Voice	-	16,144	16,144
	<u>34,177</u>	<u>261</u>	<u>34,438</u>
TOTAL FUNDS	<u>171,633</u>	<u>69,268</u>	<u>240,901</u>

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

15. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	168,807	(99,800)	69,007
Restricted funds			
ACE - Celebrating Age	9,943	(10,250)	(307)
ACE - Common Connections	2,893	(28,928)	(26,035)
National Lottery Community Fund - MIH	27,724	(32,101)	(4,377)
Co-Op Foundation - Space to Connect	11,045	(11,045)	-
The Witham - Dance for Older People	2,500	(2,500)	-
NCJAA - Inspiring Futures	8,458	(7,626)	832
Rape Crisis NE - Louder	10,000	(16,944)	(6,944)
YMCA - Healthy Habits	-	(500)	(500)
ACE - Better Connect	36,000	(30,883)	5,117
Artsmark	1,500	(1,500)	-
Community Foundation - YYART 2	5,000	(5,000)	-
CBNE - LCEP	6,000	-	6,000
Covid Cafe	5,000	(3,291)	1,709
HAF - Summer of Fun	12,375	(12,375)	-
Heart of Care	1,000	(1,000)	-
Pattisons House	2,000	(2,000)	-
Heritage Action Zone	9,215	(5,544)	3,671
MIH - Y2 Edberts House	590	(1,421)	(831)
Wallsend CC - Story of Place	11,500	(8,108)	3,392
WNG - Mindful Maps	15,371	(12,981)	2,390
Without Walls - Mouth of the Tyne	2,650	(2,650)	-
Youth Music - Real Voice	37,438	(21,294)	16,144
	<u>218,202</u>	<u>(217,941)</u>	<u>261</u>
TOTAL FUNDS	<u>387,009</u>	<u>(317,741)</u>	<u>69,268</u>

The purpose of the material restricted funds is set out below.

ACE - Better Connected

Better Connect is supported by the Thriving Communities Fund, which aims to improve and increase social prescribing community activities by bringing together place-based partnerships of local voluntary, community, faith and social enterprise projects.

Youth Music - Real Voice

Real Voice is an inclusive and exciting two-year youth music project for Northumberland. Working across three satellite sites in Ashington, Prudhoe and Cramlington, young people have had the opportunity to develop new music skills, increase self-esteem and have fun.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

15. MOVEMENT IN FUNDS - continued

NTCEP - Cultural Futures

A programme where young people gained an understanding of the cultural offer, as well as deciding upon what makes an offer enticing to them and their families.

North Tyneside Council - North Shields Public Artworks

A project to co-create public artworks at two Gateway sites as part of the in North Shields regeneration in partnership Wood Street Walls.

Big Lottery - M.I.H.

A modular training programme for community volunteers and support workers to deliver their own arts programmes within their communities.

Co-Op Foundation - Space to Connect (Together Again)

A project giving people space to explore their connection with their towns, North Shields and Wallsend. Residents shared their hopes and vision for the high streets and town centres. Artists Jay Sykes, Alizon Bennet and Sofia Barton ran a wide range of exciting creative experiences.

Rape Crisis NE - Louder

A performing arts project for young people exploring exploitation and abuse within relationships, particularly during Covid-19 in partnership with Rape Crisis and supported by Children North East.

HAF - Summer of Fun

Summer of Fun was a collaborative programme in which Helix Arts, Active Future and 5 schools from across Wallsend and Howden provided a summer activities programme.

VODA - Heritage Action Zone

Members of North Tyneside's voluntary and community sector have been working with local artists to unearth and share fascinating stories of life on Howard Street in North Shields.

Wallsend Children's Community - Story of Place

Story of Place is a commission by Wallsend Children's Community, Save the Children. Story of Place aims to improve Wallsend families' lives.

WNG - Mindful Maps

Through autumn 2021 young adults aged 16-25 worked with lead artist Tommy Anderson to design and create a new wellbeing trail for Chopwell Wood, that responded to the aftermath of COVID-19 on the community's mental health.

HELIX ARTS LIMITED

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

16. EMPLOYEE BENEFIT OBLIGATIONS

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £6,936 (2022 - £7,356).

There were no contributions outstanding at the balance sheet date (2022 - £nil).

17. RELATED PARTY DISCLOSURES

During the year the charity entered into the following transactions with related parties.

Arts Council England

The charitable company has a close relationship with the Arts Council of England North East which provide revenue funding to enable the charitable company to carry out its charitable objectives. Conditions of the grants include the right to attend board meetings as observers and to be consulted in regard to new appointments.

The Arts Council of England North East is also entitled to receive copies of financial documentation, programmes of activities and to undertake an annual review of the charitable company's work. During the year, Helix Arts Limited received £124,335 (2022: £158,228) from ACE. At the balance sheet date the amount due to/from Arts Council England was £Nil (2022 - £Nil).

18. LEGAL STATUS

The charitable company is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital.

The liability of members is limited, Every member guarantees, if the charitable company is dissolved while he or she is a member or within one year afterwards, to pay up to one pound sterling (£1) towards the cost of dissolution and the liabilities incurred by the charitable company while the guarantor was a member.

The charitable company's registered number and registered office address can be found within Reference and Administrative Details.

HELIX ARTS LIMITED

England & Wales - Charity number 700956

Accounts

Company registration number: 02114849

Charity registration number: 700956

HELIX ARTS LIMITED

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Helix Arts Limited

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Helix Arts Limited

Reference and Administrative Details

Key Management Personnel	Cheryl Gavin, Director
Registered Office	2nd Floor 51 Bedford Street North Shields Tyne and Wear NE29 0AT The charity is incorporated in England & Wales.
Company Registration Number	02114849
Charity Registration Number	700956
Trustees	A Shaw, Chair M S Steggles M Todman (resigned 31 December 2021) Mr A T M Shiel, Treasurer S Woods M Buckley C Lawrence O Vickers (appointed 1 June 2021)
Independent Examiner	Simon Brown BA ACA DChA Azets Audit Services Bulman House Regent Centre Gosforth Newcastle upon Tyne NE3 3LS

Helix Arts Limited

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2022.

Structure, governance and management

Nature of governing document

Helix Arts Limited is a registered charity with the Charity Commission in England. It is governed by its Memorandum and Articles of Association, which were adopted on January 2004. During 2018/19 the Trustees carried out a governance review and new Articles of Association were adopted in May 2019.

Recruitment and appointment of trustees

Helix Arts Limited has a maximum Board membership of twenty. All Board Members, who are drawn from the arts, the voluntary sector, higher education, public bodies, local authorities and the private sector, are appointed by the charitable company in a ordinary board meeting. Each board member agrees to contribute an amount not exceeding £1 in the event of the charitable company winding up.

Trustees are recruited and selected by the Board through both an open process whereby the opportunity is advertised and expressions of interest received. Potential shortlisted Trustees attend a board meeting to observe and to meet the other trustees before any appointment is made by the full Board of Trustees.

Related Parties

None of the Trustees receive remuneration or other benefit from their work with the charity.

Organisational structure

The day to day running of the charitable company is the responsibility of the Director and they report to the Trustees, who are responsible for policy making. The Chair of the Board of Trustees oversees the Director. The Trustees meet a minimum of four times per year. An additional financial sub-group meets quarterly in advance of the board meetings with additional monthly financial reporting.

Objectives and activities

Objects and aims

Helix Arts' charitable objects are: to educate the general public in the arts especially by enabling members of the public to work alongside artists producing works of high artistic class, and by fostering and promotion of the participation in the arts and an awareness, knowledge and understanding and appreciation of the arts among particularly, but not exclusively, people of the northern area.

Helix Arts has had regard to the Charity Commission's guidance on public benefit.

In line with our charitable objectives and within the limits of our funding, we are currently working within the North of England including Tyne and Wear, Northumberland, County Durham and Teesside.

Helix Arts Limited

Trustees' Report

The majority of activity is the provision of opportunities to participate in high quality arts activity for those who are vulnerable and excluded and therefore have the least access to participation in the arts including, but not limited to, children and young people at risk, unemployed adults and employed people on low incomes, people living in deprived neighbourhoods, people with special educational needs, people in contact with the criminal justice system and people with poor health. The focus of our activities is on enabling participants to use creative ways to explore their experiences and to: develop new skills and interests; increase confidence and self-esteem; improve communication and social skills; assist reintegration into the community through progression into education, training, employment or stable accommodation; encourage and develop peer learning and family support; and to reduce offending and drug or alcohol addiction.

Each year we typically provide over 600 sessions of arts activity to participants who include children and young people at risk, under 25s with learning disabilities, people facing ill health - particularly older people facing social isolation and at risk of falling, as well as those living in a residential care home - children and families affected by the criminal justice system, and people living and working within deprived communities who are often on low incomes or unemployed.

Participant numbers in each session range from 3 to 35, depending upon the nature of the group, with an average group size being 12 participants.

We work with a range of partner organisations within the public, private and third sector. In 21/22 we deepened our footprint across North Tyneside in particular, providing targeted relief for our most local communities.

Our activity is accessible by participants regardless of any protected characteristics.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity uses a professional fundraiser to raise funds when appropriate. Receipt and use of any monies raised directly from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

This report is produced at a time of unprecedented strain on the nation, on our arts and cultural sector and particularly on Helix Arts' beneficiaries and the communities we exist to serve.

Resources are currently constrained and plans understandably under review, however Helix Arts has never been needed so much. Helix Arts is proud of what it has achieved for and with beneficiary communities over the last year.

Helix Arts has done what it does best - connected with communities and artists - creating social agency and motivating local neighbourhoods at the grass roots across the North East region.

Helix Arts Limited

Trustees' Report

Achievement and Performance

2021/22 was a year which saw Helix Arts not only continue to grow during the ongoing COVID-19 crisis but also to develop new programme strategies and strands. Most notable developments were our leading the delivery of Better Connect - an arts on prescription provision for North Tyneside - and beginning to deliver Real Voice - a youth music programme based in 3 towns in Northumberland. Our growth and development was underpinned by a continually expanding partnership base.

Quality, access and excellence drove our practice. We began improving how we collect and report impact data to evidence our work with artists and community members. Co-design remained central to how we work. Widening participation, ambition, and ongoing improvement meant we were able to support creative journeys by helping participants explore and share what change means to them. Our effective use of community spaces together with skilled artists meant we co-produced excellent work with communities, building trust and accessibility by being inclusive.

We worked with 6,873 people in 601 sessions, employing 74 new, emerging and experienced artists from the North East. Much of our work benefitted priority groups and people facing multiple disadvantages.

In 2021/22, 74% of our work took place in Levelling Up For Culture Places with 56% in North Tyneside. We strategically supported the borough's Cultural Strategy, Health Inequalities Strategy, Culture Health and Wellbeing Action Plan, Heritage- and Culture-led Regeneration priorities, and by acting as VCSE representative on the Statutory Health and Wellbeing Board. The Director is the Chair of North Tyneside's Cultural Education Partnership. We also began employing a Cultural Education Partnership coordinator to develop our work with Children and Young People in the borough.

In collaboration with the Board of Trustees and the staff team, the Director was able to develop a new Business Plan and Strategy Map which secured funding from Arts Council England for an extended period of one year which will also be used as the basis for the forthcoming National Portfolio Organisation application which will take place in early 2022.

We also implemented a new website and enhanced IT and comms systems during the year.

We ended the year in a very healthy position, with an ambitious and high-performing team, strong Board, excellent relationships with ACE and other key stakeholders, a robust business plan, and healthy financial reserves.

Helix Arts Limited

Trustees' Report

Activity programme

Make it Happen

A capacity building programme for community volunteers to develop confidence and social agency. Creative Producers and sector specialists share expertise and knowledge to encourage and enable non-specialists to deliver their own arts programmes within their local communities. Partners include Gateshead Cultural Services, Sunderland Deaf Club, Edberts House, Sunderland Culture, Well Newcastle Gateshead and associated venues and partners.

A capacity building programme for community volunteers to develop confidence and social agency. Creative Producers and sector specialists share expertise and knowledge to encourage and enable non-specialists to deliver their own arts programmes within their local communities. Partners include Gateshead Cultural Services, Sunderland Deaf Club, Edberts House, Sunderland Culture, Well Newcastle Gateshead and associated venues and partners.

MIH provides a dedicated strand for artists and producers working in the community to be trained and mentored. Artists deliver their own projects in their neighbourhoods across Gateshead and Sunderland. This led to numerous projects including; Writers Who Care, Watch this Space (Youth projects), Marianna's Song, Loose Connections, Flow, Mini Pride, with regional carers organisations, Big Local Gateshead.

Artsmark Partner

Helix Arts are a recognised Artsmark Partner. This is an Arts Council England endorsed network of arts and cultural organisations who support schools and education settings on their Artsmark journey to embed arts and culture across the curriculum. New models have been tested with local high schools to ensure high quality arts is accessible to young people in low socio economic places specifically.

Arts Award

Helix Arts is an Arts Award Centre and pledges to accredit our work with young peoples as part of the shared mission to support young people who want to deepen their engagement with the arts, build creative and leadership skills and achieve a national qualification.

Helix Arts offers an embedded Arts Award offer on all young peoples' projects, across all award levels from Discover to Gold, awarded by Trinity College London.

Artists' network

A relaxed gathering of artists living and working in the region, network events provide opportunities for creatives to share creative ideas and explore potential collaborations.

Front and Centre

As part of a 3-year audience development programme with Xtrax 'Without Walls' network, Helix Arts focus on audience development for the Mouth of the Tyne festival in collaboration with North Tyneside Council. Front and Centre aims to break down barriers for the most marginalised residents, targeting diverse communities, refugees, people with disabilities and young people at risk. This programme aims to create a young people's takeover team for the 2022 outdoor festival programme.

Inspiring Futures - Avant Guard

Inspiring Futures is a national partnership programme of organisations working in arts and criminal justice. Supported by the Paul Hamlyn Foundation it seeks to advance our understanding about how and why arts interventions affect the lives of people in the criminal justice system, and to explore how their positive effects can be optimised to enable a step-change in arts and criminal justice practice.

Helix Arts Limited

Trustees' Report

The programme addresses long-term inequalities and broaden access to the arts for people in the criminal justice system now and in the future. This involves research from the Institute of Criminology, Cambridge University who embed a participative research culture throughout.

Inspiring Futures is a 'community' of good practice that offers professional development opportunities, fosters talent, enables peer reflection and develops online platforms, workshops, and networking events.

Our strand of this work in HMP Northumberland paused and pivoted during this year. We did collaborate with actor, director, writer Craig Conway to cement the foundations for 'Avant-Guard'. Creative experiences will ensure participants' voices will be heard and mind-sets challenge to further a wider community understanding of the lives within the criminal justice system.

Better Connect

In early 2021 Helix Arts initiated and led Better Connect. Better Connect is supported by the Thriving Communities Fund, which aims to improve and increase social prescribing community activities by bringing together place-based partnerships of local voluntary, community, faith and social enterprise projects. Our alliance partners focused on improving the health and wellbeing of diverse carers.

This is part of a National Agency for Social Prescribing 'Thriving Communities' programme which brought partners together to plan and deliver community activities involving partners from the arts, heritage, creativity and culture, sport, nature, financial wellbeing, community advice and the wider voluntary, community, faith and social enterprise sector. It aimed to develop better relationships with social prescribing links works, partnerships with VCSE organisations and ensure access to provision for residents in North Tyneside.

Better Connect is a suite of cultural and creative opportunities that explores ways to make the resourcing of social prescribing activities more sustainable over time.

This involves prioritising carers across North Tyneside with borough wide partners. These include:

- Age UK North Tyneside
- Family Gateway
- First Contact Clinical
- Helix Arts
- Meadow Well Connected
- North Shields, Primary Care Network
- North Tyneside Arts Studio
- North Tyneside Carers Centre
- North Tyneside Council (NTC)
- Tyne Health
- Tyne and Wear Archives and Museums
- VODA

Helix Arts Limited

Trustees' Report

Louder - Rape Crisis

Louder was a co-produced programme with young people in North Tyneside working with participants from Phoenix Detached Youth Project and YMCA North Shields.

Louder originated as a creative peer education programme to engage young people in conversations surrounding sexual assault and domestic abuse. Louder developed into a series of films created by young people with Artist and Director Liv Hunt, with support of staff and volunteers from the project partners.

These films will comprise of a resource pack available to schools and youth settings to challenge assumptions around sexual and domestic violence for young people aged 14 - 18.

Space to Connect

Together Again, a Spaces to Connect project funded by the Coop Foundation.

Together Again gave people space to explore their connection with their towns, North Shields and Wallsend. Residents shared their hopes and vision for the high streets and town centres. Artists Jay Sykes, Alizon Bennet and Sofia Barton ran a wide range of exciting creative experiences.

Each creative experience provided worked with a different group of residents including families and children, those that lived in North Shields and Wallsend town centres and the communities of Walking With and Wallsend Customer First Centre. These creative experiences also provided unique artistic products and artwork which culminated in a series of projections. Lighting up the streets of North Shields with images of the artwork as an exhibition of participants' views.

Covid Stories

'Covid Stories' began as a VODA led event for North Tyneside Council in November 2021. It offered an opportunity for residents to be heard and listened to.

Helix Arts led a series of conversations and creative workshops which captured local residents' experiences of living through this time. The community shared their life experiences during the Covid pandemic. A team of artists facilitated the day resulting in the creation of multiple artworks which were exhibited to new local audiences in customer first centres across the borough ensuring the wider community can experience the artworks.

'Covid Stories' serves as a lasting reminder of our collective experiences in North Tyneside.

Heritage Action Zone

Members of North Tyneside's voluntary and community sector have been working with local artists to unearth and share fascinating stories of life on Howard Street in North Shields. The work is being delivered as part of the wider High Street Heritage Action Zone (HAZ) project which forms part of North Tyneside Council's ambitious master plan to transform North Shields town centre and riverside.

As part of a heritage consortia, we began delivery of one of three Make It Happen volunteer programmes that will support and empower individuals and community groups to work alongside professional artists to co-produce arts and cultural events inspired by the heritage of our Heritage Action Zone.

Helix Arts Limited

Trustees' Report

Story of Place

Story of Place is a commission by Wallsend Children's Community, Save the Children. Story of Place' aims to improve Wallsend families' lives.

Through our Story of Place we aimed to improve families' lives throughout Wallsend. We did this by exploring collaborative story gathering. An intergenerational community-led narrative based approach with Wallsend families and children and young people to influence systemic inequality commissioned by Save the Children.

Originally planned for April - July 21 it resulted in an elongated project due to ongoing Covid challenges local circumstances. Training took place with local 'community champions' and professionals including family entrepreneurs from the Family Gateway to collect stories of residents about their Covid experiences.

3 artist in residencies working across three partner schools; Western Community Primary School, Carville Primary School and Beacon Hill School (S/END Sixth Form) which supported understanding of children and young people's resilience through artist residencies.

The stories that were shared give new insights into the challenges families face and awareness of systems that need to change.

It will culminate with an exhibition of works at Segedunum Museum and Roman Fort as part of a partnership formed with Tyne and Wear Museum with 153 exhibition days reaching an estimated physical 3000- 5000 visitors and digital viewers 250-300 audience members.

Mindful Map

Through autumn 2021 young adults aged 16-25 worked with lead artist Tommy Anderson to design and create a new wellbeing trail for Chopwell Wood, that responded to the aftermath of COVID-19 on the community's mental health.

Consultation with members of the community took place through an open workshop in the wood. Following this, young adults from Youth Focus NE and the Blaydon Inclusive Group took part in creative workshops with Tommy, writer Kate Fox and animator Sheryl Jenkins to co-produce artwork for the trail.

The 4km route, named Tranquil Trail, takes visitors through different parts of Chopwell Wood, encouraging connection with nature. The trail will be in place for 12 months from March 2022.

Real Voice

Real Voice is an inclusive and exciting two-year youth music project for Northumberland. Working across three satellite sites in Ashington, Prudhoe and Cramlington, young people have had the opportunity to develop new music skills, increase self-esteem and have fun.

Open to young people aged 11-18 years old from Northumberland, the young people have co-designed an inclusive music programme based on their unique needs and interests. With the aim of prevention and reduction of offending. Real Voice has allowed participants to amplify their voice through music and tell the local community about what matters to them.

Helix Arts Limited

Trustees' Report

A River

A River was a community art project at Edberts House – Pattinson House. We worked with people from the Old Fold and Nest estates in Gateshead to co-create a large format digital mural in the garden at Pattinson House that remembered the past, celebrated the present and imagined new futures.

Summer of Fun

Summer of Fun was a collaborative programme in which Helix Arts, Active Future and 5 schools from across Wallsend and Howden provided a summer activities programme.

Almost 1000 young people took part in different arts workshops ran by established artists to help them get creative, have some food and make new friends.

Summer of Fun was a great way for children and young people from Wallsend and Howdon to spend their holidays.

During the year the charitable company received in-kind contributions totalling £NS has to insert towards its charitable activities. These in-kind contributions comprised staff time and equipment use.

Covid-19 pandemic has raised a number of challenges and creative opportunities. This has continued to lead to a number of adaptations to the business and programme to best meet the needs of our beneficiaries and workforce. This has also brought about opportunities for new delivery models.

Going concern

The Trustees are satisfied that the organisation is able to operate for the foreseeable future on the basis of known and reasonable projected levels of income and therefore the going concern basis of accounting is appropriate. Covid-19 risk and other crises are reviewed in line with general business continuity.

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Financial review

Policy on reserves

At the end of 2021/22 total unrestricted reserves stood at £206,463 and the restricted reserves at £34,438. It is anticipated that the majority of the restricted reserves will be spent during the 2022/23 financial year as we continue to deliver a number of on-going projects.

Free Reserves, which are defined by the Charity Commission as Unrestricted Reserves, excluding fixed assets and any designations, amounted to £206,251. This broadly equates to 9 months of total expenditure.

The Trustees of the charitable company, in accordance with consideration of the Charity Commission's guidance have concluded that in order to provide a reliable service over the longer term, to be able to absorb setbacks and to take advantage of change and opportunity, a general reserve is justified. They consider that it is in the charity's best interests to hold such a reserve. The charitable company have set a reserves policy and this is reviewed annually.

Helix Arts Limited

Trustees' Report

Investment policy and objectives

Under the memorandum and articles of association the charitable company has the power to make any investment the Trustees see fit.

Key Management Personnel

The Board, who give their time freely with no trustee remuneration in the year, have considered the Key Management Personnel (KMP) of the charity, as noted in the Reference and Administration section. Together with the Board, these KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased in accordance with average earnings. The Trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board then review and agree any uplift to remuneration, following the advice of a small group to whom the Board delegates the task of examining the relevant information to inform the recommendations made.

Risk management

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

- Changes and reductions in public and voluntary sector funding
- Competition from other, particularly larger, arts organisations
- Cash flow
- Covid-19 pandemic

All of these risks are addressed within the current strategic Business Plan, which is reviewed annually by Trustees in consultation with staff. There are policies, procedures and contingency plans in place to minimise and address the risks identified, specifically:

- We are developing a more entrepreneurial approach to securing resources, including testing additional income generation models that will help to underwrite our core charitable activity.
We will continue to work closely with other arts and community organisations in the region and beyond, and are developing new relationships with organisations that we have not yet worked with.
- We continue to operate rigorous financial controls that enable us to identify any potential cash flow concerns in time to take action to avoid or mitigate any negative impact.
- We will continue to work closely with other arts organisations in the region and beyond. We are developing and deepening our collaborations with non-arts voluntary organisations.

Plans for future periods

Helix Arts is continuing to increase the ambition around the quality of our work and the numbers of people we reach. To achieve this, we aim to grow our income through;

Helix Arts Limited

Trustees' Report

- Diversifying our offer
- Exploring new markets
- Maintaining and strengthening relationships with existing partners
- Forging new partnerships, locally and nationally
- Building our profile, particularly online

We will continue to provide activity that enables our participants to build confidence, increase their motivation and learn new skills, leading to improved health and wellbeing and the opening up of fresh opportunities for employment.

The Trustees are committed to ensuring that the charity continues to grow and thrive, particularly through exploring a more entrepreneurial approach and testing new methods of income generation to support core activity.

Statement of Trustees' Responsibilities

The Trustees (who are also the directors of Helix Arts Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Helix Arts Limited


Trustees' Report

Independent Examiner

Independent Examiners will be reviewed and appointed in a Board Meeting.

Small companies provision statement

The annual report was approved by the Trustees of the charity on 26/09/2022..... and signed on its behalf by:



Alison Shaw 26 Sep 2022 07:49:31 BST (UTC +1)
.....

A Shaw
Trustee

Helix Arts Limited

Independent Examiner's Report to the trustees of Helix Arts Limited ("the Company")

I report to the charity Trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Helix Arts Limited are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Azets Audit Services, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Helix Arts Limited as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
Simon Brown BA ACA DChA
Azets Audit Services
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Date:.....

Azets Audit Services is a trading name of Azets Audit Services Limited.

Helix Arts Limited

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	3	168,317	-	168,317	143,400
Charitable activities	4	-	218,202	218,202	120,569
Investment income	5	490	-	490	644
Total Income		<u>168,807</u>	<u>218,202</u>	<u>387,009</u>	<u>264,613</u>
Expenditure on:					
Charitable activities	6	<u>(99,800)</u>	<u>(217,941)</u>	<u>(317,741)</u>	<u>(183,110)</u>
Total Expenditure		<u>(99,800)</u>	<u>(217,941)</u>	<u>(317,741)</u>	<u>(183,110)</u>
Net income		<u>69,007</u>	<u>261</u>	<u>69,268</u>	<u>81,503</u>
Net movement in funds		69,007	261	69,268	81,503
Reconciliation of funds					
Total funds brought forward		<u>137,456</u>	<u>34,177</u>	<u>171,633</u>	<u>90,130</u>
Total funds carried forward	19	<u><u>206,463</u></u>	<u><u>34,438</u></u>	<u><u>240,901</u></u>	<u><u>171,633</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Helix Arts Limited

Comparative Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	143,400	-	143,400
Charitable activities	4	-	120,569	120,569
Investment income	5	644	-	644
Total income		<u>144,044</u>	<u>120,569</u>	<u>264,613</u>
Expenditure on:				
Charitable activities	6	<u>(90,361)</u>	<u>(92,749)</u>	<u>(183,110)</u>
Total expenditure		<u>(90,361)</u>	<u>(92,749)</u>	<u>(183,110)</u>
Net income		<u>53,683</u>	<u>27,820</u>	<u>81,503</u>
Net movement in funds		53,683	27,820	81,503
Reconciliation of funds				
Total funds brought forward		<u>83,773</u>	<u>6,357</u>	<u>90,130</u>
Total funds carried forward	19	<u><u>137,456</u></u>	<u><u>34,177</u></u>	<u><u>171,633</u></u>

Helix Arts Limited

(Registration number: 02114849) Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	13	212	-
Current assets			
Debtors	14	18,913	6,600
Cash at bank and in hand	15	<u>309,247</u>	<u>229,713</u>
		328,160	236,313
Creditors: Amounts falling due within one year	16	<u>(87,471)</u>	<u>(64,680)</u>
Net current assets		<u>240,689</u>	<u>171,633</u>
Net assets		<u>240,901</u>	<u>171,633</u>
Funds of the charity:			
Restricted			
		34,438	34,177
Unrestricted income funds			
Unrestricted		<u>206,463</u>	<u>137,456</u>
Total funds	19	<u>240,901</u>	<u>171,633</u>

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

The financial statements on pages 14 to 31 were approved by the Trustees, and authorised for issue on 26/09/2022.... and signed on their behalf by:



Alison Shaw 26 Sep 2022 07:49:31 BST (UTC +1)

.....
A Shaw
Trustee

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the Trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: 2nd Floor, 51 Bedford Street, North Shields, Tyne and Wear, NE29 0AT

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Helix Arts Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The functional currency of the charity is sterling.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to not include a cash flow statement in these financial statements.

Exemption from preparing group accounts

The financial statements contain information about Helix Arts Limited as an individual company and do not contain consolidated financial information as the parent of a group.

The charity is exempt under section 400 of the Companies Act 2006 from the requirement to prepare consolidated financial statements as it and its subsidiary undertakings are included by full consolidation in the consolidated financial statements of its parent, .

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Donated services and facilities

Where services or facilities are provided to the charity as a donation that would normally be purchased from our suppliers, this benefit is included in the financial statements at its fair value unless its fair value cannot be reliably measured, then at the cost to the donor or the resale value of goods that are to be sold.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	20% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value. where monies are placed or deposited in bonds of more than 90 days they remain classified within cash and cash equivalents.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the Trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Hire purchase and finance leases

Rental applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Donations and legacies;				
Donations	135,732	-	135,732	122,785
Grants, including capital grants;				
Government grants - CJRS	-	-	-	5,940
Consultancy fees	-	-	-	9,250
Donated services and facilities	32,585	-	32,585	5,425
Total for 2022	<u>168,317</u>	<u>-</u>	<u>168,317</u>	<u>143,400</u>
Total for 2021	<u>143,400</u>	<u>-</u>	<u>143,400</u>	

	2022 £	2021 £
ACE North East - NPO Grant	110,335	110,335
Shroder Trust	-	4,000
Lloyds Foundation	-	8,450
Miscellaneous donations	820	-
Gateshead College	14,577	-
Willian Trust	10,000	-
	<u>135,732</u>	<u>122,785</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from charitable activities

	Restricted funds £	Total 2022 £
Charitable activities	<u>218,202</u>	<u>218,202</u>
	Restricted funds £	Total 2021 £
Charitable activities	<u>120,569</u>	<u>120,569</u>
	2022 £	2021 £
Restricted Funds		
Arts Council England	2,893	27,214
Big Lottery Fund	27,724	35,349
Lloyds Bank Foundation	-	4,728
Youth Music Foundation	37,438	-
Co-op Foundation	11,045	-
The Witham	2,500	2,500
Well Newcastle Gateshead Art Fund	590	-
Rape Crisis NE	10,000	10,539
YMCA North Shields	-	500
NHS CCG	-	5,000
NCJAA	8,458	6,204
NPCC	2,000	2,500
Arts Council	36,000	26,035
Artsmark	1,500	-
CBNE	6,000	-
Community Foundation	5,000	-
Covid Cafe	5,000	-
HAF	12,375	-
Heart of Care	1,000	-
Heritage Action Zone	9,215	-
Wallsend CC	11,500	-
Without Walls	2,650	-
WNG	15,371	-
Celebrating Age	<u>9,943</u>	<u>-</u>
	<u>218,202</u>	<u>120,569</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

5 Investment income

	Unrestricted funds General £	Restricted funds £	Total 2022 £	Total 2021 £
Interest receivable and similar income;				
Interest receivable on bank deposits	490	-	490	644
Total for 2021	644	-	644	

6 Expenditure on charitable activities

	Unrestricted General £	Restricted £	Total 2022 £	Total 2021 £
Education of the general public in the arts	54,020	217,941	271,961	138,991
Support costs	45,780	-	45,780	44,119
	99,800	217,941	317,741	183,110
	Activity undertaken directly £	Activity support costs £	2022 £	2021 £
Education of the general public in the arts	25,935	41,730	67,665	178,835
Governance costs	-	4,050	4,050	4,275
	25,935	45,780	71,715	183,110

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

7 Analysis of governance and support costs

Raising funds expenditure

Support costs allocated to charitable activities

	Finance costs £	Support costs £	Total 2022 £	Total 2021 £
Rent and service charges	-	10,402	10,402	13,543
Insurance	-	2,540	2,540	2,650
Travelling	-	1,156	1,156	1,021
Printing, postage and stationary	-	832	832	284
Telephone	-	6,379	6,379	8,980
Professional fees	-	905	905	5,938
Marketing	-	4,411	4,411	805
Repairs and maintenance	-	-	-	30
Staff training	-	1,285	1,285	110
Sundries	-	922	922	185
Governance costs	4,050	-	4,050	4,275
Programme Development	-	-	-	515
Temporary Staff	-	6,534	6,534	1,000
ICT	-	6,364	6,364	4,783
	<u>4,050</u>	<u>41,730</u>	<u>45,780</u>	<u>44,119</u>

Governance costs

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Independent examiner fees			
Examination of the financial statements	2,500	2,500	2,500
Other fees paid to examiners	1,550	1,550	1,550
Trustees remuneration and expenses	-	-	225
	<u>4,050</u>	<u>4,050</u>	<u>4,275</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

8 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	7	393
Land and Buildings operating lease	<u>10,250</u>	<u>10,250</u>

9 Trustees remuneration and expenses

No Trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	134,598	104,673
Social security costs	6,173	5,001
Pension costs	<u>7,356</u>	<u>5,804</u>
	<u>148,127</u>	<u>115,478</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022 No	2021 No
Management staff	2	2
Office staff	<u>6</u>	<u>2</u>
	<u>8</u>	<u>4</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £68,774 (2021 - £55,974).

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

11 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	<u>2,500</u>	<u>2,500</u>
Other fees to examiners		
All other services	<u>1,550</u>	<u>1,550</u>

12 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

13 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2021	14,107	14,107
Additions	<u>219</u>	<u>219</u>
At 31 March 2022	<u>14,326</u>	<u>14,326</u>
Depreciation		
At 1 April 2021	14,107	14,107
Charge for the year	<u>7</u>	<u>7</u>
At 31 March 2022	<u>14,114</u>	<u>14,114</u>
Net book value		
At 31 March 2022	<u>212</u>	<u>212</u>
At 31 March 2021	<u>-</u>	<u>-</u>

14 Debtors

	2022 £	2021 £
Trade debtors	6,110	3,875
Prepayments	2,860	2,725
Accrued income	<u>9,943</u>	<u>-</u>
	<u>18,913</u>	<u>6,600</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	269,247	229,713
Short-term deposits	40,000	-
	<u>309,247</u>	<u>229,713</u>

16 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	14,367	9,858
Other taxation and social security	2,784	2,122
Other creditors	171	941
Accruals	4,052	4,381
Deferred income	66,097	47,378
	<u>87,471</u>	<u>64,680</u>

	2022 £	2021 £
Deferred income at 1 April 2021	47,378	27,019
Resources deferred in the period	66,097	47,378
Amounts released from previous periods	<u>(47,378)</u>	<u>(27,019)</u>
Deferred income at year end	<u>66,097</u>	<u>47,378</u>

17 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £7,356 (2021 - £5,804).

Contributions totalling £Nil (2021 - £769) were payable to the scheme at the end of the year and are included in creditors.

18 Commitments

Other financial commitments

The total amount of other financial commitments not provided in the financial statements was £2,304 (2021 - £7,747).

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

19 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
General				
General funds	137,456	168,807	(99,800)	206,463
Restricted funds				
ACE - (Celebrating Age)	698	9,943	(10,250)	391
ACE - (Common Connections)	26,035	2,893	(28,928)	-
Big Lottery - (MIH)	-	27,724	(32,101)	(4,377)
Co-op Foundation - Space to Connect	-	11,045	(11,045)	-
The Witham - (Dance for Older People)	-	2,500	(2,500)	-
NCJAA - (Inspiring Futures)	-	8,458	(7,626)	832
Rape Crisis NE - (Louder)	6,944	10,000	(16,944)	-
YMCA - (Healthy Habits)	500	-	(500)	-
ACE - (Better Connect)	-	36,000	(30,883)	5,117
Artsmark	-	1,500	(1,500)	-
Community Foundation - (YYART 2)	-	5,000	(5,000)	-
CBNE - (LCEP)	-	6,000	-	6,000
Covid Cafe	-	5,000	(3,291)	1,709
HAF - (Summer of Fun)	-	12,375	(12,375)	-
Heart of Care	-	1,000	(1,000)	-
Pattinsons House - (Garden Project)	-	2,000	(2,000)	-
Heratige Action Zone - (HAZ)	-	9,215	(5,544)	3,671
MIH - (Y2 Edberts House)	-	590	(1,421)	(831)
Wallsend CC - (Story of Place)	-	11,500	(8,108)	3,392
WNG - (Mindfull Maps)	-	15,371	(12,981)	2,390
Without Walls - (Mouth of the Tyne)	-	2,650	(2,650)	-
Youth Music - (Real Voice)	-	37,438	(21,294)	16,144
Total restricted funds	34,177	218,202	(217,941)	34,438
Total funds	171,633	387,009	(317,741)	240,901

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

The specific purposes for which the funds are to be applied are as follows:

General funds - 'free reserves' after allowing for designated funds.

Restricted funds - comprise of income to be used for specific purposes.

Arts Council England - Celebrating Age

A dance programme for over 65's, following on from FOYF which also incorporates a training programme MDH.

Arts Council England - Common Connections (Loneliness Project)

A programme of activities designed to provide relief to those most at risk of loneliness as a result of Covid-19.

Big Lottery - M.I.H.

A modular training programme for community volunteers and support workers to deliver their own arts programmes within their communities.

Lloyds Bank Foundation - Enable

Developing the role that arts volunteers can bring to our practice both in terms of building capacity, improving quality and offering fresh pathways to employability in the creative sectors.

NCJAA - Inspiring Futures

Inspiring Futures is a ground-breaking artistic programme in prisons and the community led by the National Criminal Justice Arts Alliance and funded by Paul Hamlyn Foundation.

NHS – You; Your Art

A pilot programme of arts activities that has been promoting wellbeing and resilience for residents in North Tyneside suffering from poor mental health.

NPCC - We still got the Beat

Supported young people of different ages and abilities in Northumberland to co-create music during the Coronavirus pandemic lockdown.

Rape Crisis NE

A performing arts project for young people exploring exploitation and abuse within relationships, particularly during Covid-19 in partnership with Rape Crisis and supported by Children North East.

Better Connect

Better Connect is supported by the Thriving Communities Fund, which aims to improve and increase social prescribing community activities by bringing together place-based partnerships of local voluntary, community, faith and social enterprise projects.

Space to Connect

Together Again gave people space to explore their connection with their towns, North Shields and Wallsend. Residents shared their hopes and vision for the high streets and town centres. Artists Jay Sykes, Alison Bennet and Sofia Barton ran a wide range of exciting creative experiences.

Covid Stories

'Covid Stories' began as a VODA led event for North Tyneside Council in November 2021. It offered an opportunity for residents to be heard and listened to.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

Heritage Action Zone

Members of North Tyneside's voluntary and community sector have been working with local artists to unearth and share fascinating stories of life on Howard Street in North Shields.

Story of Place

Story of Place is a commission by Wallsend Children's Community, Save the Children. Story of Place' aims to improve Wallsend families' lives.

Mindful Map

Through autumn 2021 young adults aged 16-25 worked with lead artist Tommy Anderson to design and create a new wellbeing trail for Chopwell Wood, that responded to the aftermath of COVID-19 on the community's mental health.

Real Voice

Real Voice is an inclusive and exciting two-year youth music project for Northumberland. Working across three satellite sites in Ashington, Prudhoe and Cramlington, young people have had the opportunity to develop new music skills, increase self-esteem and have fun.

A River

A River was a community art project at Edberts House - Pattinson House. We worked with people from the Old Fold and Nest estates in Gateshead to co-create a large format digital mural in the garden at Pattinson House.

Summer of Fun

Summer of Fun was a collaborative programme in which Helix Arts, Active Future and 5 schools from across Wallsend and Howden provided a summer activities programme.

20 Analysis of net assets between funds

	Unrestricted		Total funds at 31 March 2022
	General £	Restricted £	£
Tangible fixed assets	212	-	212
Net current assets/(liabilities)	206,251	34,438	240,689
Total net assets	206,463	34,438	240,901
	Unrestricted		Total funds at 31 March 2021
	General £	Restricted £	£
Net current assets/(liabilities)	137,456	34,177	171,633

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2022

21 Analysis of net funds

	At 1 April 2021 £	Financing cash flows £	At 31 March 2022 £
Cash at bank and in hand	229,713	39,534	269,247
Current asset investments	-	40,000	40,000
Net funds	<u>229,713</u>	<u>79,534</u>	<u>309,247</u>

	At 1 April 2020 £	Financing cash flows £	At 31 March 2021 £
Cash at bank and in hand	125,672	104,041	229,713
Net funds	<u>125,672</u>	<u>104,041</u>	<u>229,713</u>

22 Related party transactions

During the year the charity made the following related party transactions:

Arts Council England

The charitable company has a close relationship with the Arts Council of England North East which provide revenue funding to enable the charitable company to carry out its charitable objectives. Conditions of the grants include the right to attend board meetings as observers and to be consulted in regard to new appointments.

The Arts Council of England North East is also entitled to receive copies of financial documentation, programmes of activities and to undertake an annual review of the charitable company's work.

During the year, Helix Arts Limited received £158,228 (2021: £166,167) from ACE. At the balance sheet date the amount due to/from Arts Council England was £Nil (2021 - £Nil).

HELIX ARTS LIMITED

England & Wales - Charity number 700956

Accounts

Company registration number: 02114849

Charity registration number: 700956

HELIX ARTS LIMITED

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Helix Arts Limited

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Helix Arts Limited

Reference and Administrative Details

Trustees	A Shaw, Chair M S Steggles M Todman M Fenwick (resigned 21 October 2020) Mr A T M Shiel, Treasurer P Lancaster (resigned 15 July 2020) S Woods C Johns (resigned 21 October 2020) M Buckley C Lawrence
Key Management Personnel	Cheryl Gavin, Director
Principal Office	2nd Floor 51 Bedford Street North Shields Tyne and Wear NE29 0AT
	The charity is incorporated in England & Wales.
Company Registration Number	02114849
Charity Registration Number	700956
Independent Examiner	MHA Tait Walker Bulman House Regent Centre Gosforth Newcastle upon Tyne NE3 3LS

Helix Arts Limited

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Structure, governance and management

Nature of governing document

Helix Arts Limited is a registered charity with the Charity Commission in England. It is governed by its Memorandum and Articles of Association, which were adopted on January 2004. During 2018/19 the Trustees carried out a governance review and new Articles of Association were adopted in May 2019.

Recruitment and appointment of trustees

Helix Arts Limited has a maximum Board membership of twenty. All Board Members, who are drawn from the arts, the voluntary sector, higher education, public bodies, local authorities and the private sector, are appointed by the charitable company in a general meeting. Each board member agrees to contribute an amount not exceeding £1 in the event of the charitable company winding up.

Trustees are recruited and selected through both an open process whereby the opportunity is advertised and expressions of interest received, and by personal recommendation from existing board members. Potential Trustees attend a board meeting to observe and to meet the other trustees before any appointment is made. Appointments are ratified at the AGM held each November.

Related Parties

None of the Trustees receive remuneration or other benefit from their work with the charity.

Organisational structure

The day to day running of the charitable company is the responsibility of two senior staff and they report to the Trustees, who are responsible for policy making. The Trustees meet a minimum of four times per year. An additional financial sub-group meets quarterly in advance of the board meetings with additional monthly financial reporting.

Helix Arts Limited

Trustees' Report

Objectives and activities

Objects and aims

Helix Arts' charitable objects are: to educate the general public in the arts especially by enabling members of the public to work alongside artists producing works of high artistic class, and by fostering and promotion of the participation in the arts and an awareness, knowledge and understanding and appreciation of the arts among particularly, but not exclusively, people of the northern area.

Helix Arts has had regard to the Charity Commission's guidance on public benefit.

In line with our charitable objectives and within the limits of our funding, we are currently working within the North East of England including Tyne and Wear, Northumberland, County Durham and Teesside.

The majority of activity is the provision of opportunities to participate in high quality arts activity for those who are vulnerable and excluded and therefore have the least access to the arts including, but not limited to, children and young people at risk, unemployed adults and employed people on low incomes, people living in deprived neighbourhoods, people with special educational needs, people in contact with the criminal justice system and people with poor health. The focus of our activities is on enabling participants to use creative ways to explore their experiences and to: develop new skills and interests; increase confidence and self-esteem; improve communication and social skills; assist reintegration into the community through progression into education, training, employment or stable accommodation; encourage and develop peer learning and family support; and to reduce offending and drug or alcohol addiction.

Each year we typically provide over 300 sessions of arts activity and an additional 200 education sessions to participants who include children and young people at risk, under 25s with learning disabilities, people facing ill health – particularly older people facing social isolation and at risk of falling, as well as those living in a residential care home – children and families affected by the criminal justice system, and people living and working within deprived communities who are often on low incomes or unemployed. In 20/21 we have seen a small reduction in this, but an increase in digital engagement.

Participant numbers in each session will range from 3 to 35, depending upon the nature of the group, with an average group size being 10 participants.

We work with a range of partner organisations within the public, private and third sector. In 20/21 we deepened our footprint across North Tyneside in particular, providing targeted relief for our most local communities.

Our activity is accessible by participants regardless of any protected characteristics.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follows all guidelines set out by the Charity Commission and UK law in every respect. We respect the privacy and contact preferences of all public donors.

Helix Arts Limited

Trustees' Report

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

This report is produced at a time of unprecedented strain on the nation, on our arts and cultural sector and particularly on Helix Arts' beneficiaries and the communities we exist to serve.

Resources are currently constrained and plans understandably under review, however Helix Arts has never been needed so much. Helix Arts is proud of what it has achieved for and with beneficiary communities over the last year.

Helix Arts has done what it does best - connected with communities and artists - creating social agency and motivating local neighbourhoods at the grass roots across the North East region.

Achievements and performance

During 2020/21, Helix Arts had a unique and different year. This was predominantly down to the global Covid-19 pandemic. We re-imagined how art, culture and creativity could have an impact for and with the people we prioritise in our communities. We questioned, explored and adapted how our work could reach people in meaningful ways. We used virtual and outdoor environments instead of our usual youth and community centres, schools, halls and churches. Our digital reach expanded to continue to develop participants' confidence and skills. We created impact through blended models of delivery specific to national, regional and local authority limitations.

We still managed to deliver a strong programme of activity, supporting artists' development and their livelihoods. We focussed our attention on those people who had been disproportionately impacted by the Corona Virus. We provided targeted relief for people who endured long periods of shielding and those who faced complex and difficult circumstances. We increased our footprint and position across North Tyneside working closely alongside local and trusted partners.

The Helix staff team was renewed, this included new Creative Producers and placing a new post in the team, a Business Development Manager. This role has supported the Helix Arts' Director, Cheryl Gavin to review the business plan, information management and reporting systems, communications and policy.

Building on sectoral expertise and a strong approach to networking and partnership the Director has implemented a new vigour into the organisation; developing a vision for the website and new programme, in particular social prescribing / arts on prescription.

Helix Arts' reach continues to grow through partnerships with other organisations. Most importantly in later 20/21 this resulted in securing a significant role in North Tyneside as part of Thriving Communities 'Better Connect' initiative.

We continue to work with many participants who would not have been able to experience the joy and empowerment of participation in arts and culture, albeit in more unusual ways of engagement. This is down to the expert brokerage of Helix Arts' own staff and the extraordinary range of superb practitioners with whom Helix Arts work.

Helix Arts Limited

Trustees' Report

In the face of adversity, due to the Covid-19 pandemic, Helix Arts successfully adapted and re-imagined some of the most crucial work with vulnerable and excluded communities, including disadvantaged artists.

Helix Arts has continued to forge innovative partnerships in order to extend community reach and develop powerful new work for the year ahead. Helix Arts have strengthened the role as a key provider of arts and culture in North Tyneside and have become embedded in our home community of North Shields.

Activity programme

Celebrating Age

Falling on your Feet, our renowned long term dance and health programme with people aged 65+ who are living independently continued online during 20/21 with a specific focus in County Durham as part of a commission from Public Health, Durham County Council. This involved a multi-agency approach to support residents across East Durham. It featured regular workshops online, onsite and leading to high quality co-choreographed digital and in person sharing events where participants still enjoyed creating dance together; having fun, getting fitter and making new friends.

Due to online delivery, this also included artistic bursaries to support the digital skills required to ensure a quality experience.

Born out of Falling on your Feet, 'Finding your Feet' will now extend its delivery up to September 21/22 to deliver the sustainability aspects for the programme Make Dance Happen. This will provide a period of bridging for participants and partners. This explores the potential for development and sustainability of the project groups. This usually involves a 'learning by doing' programme with community volunteers, partners and artists to provide participants with the skills and knowledge to co-produce neighbourhood dance programmes within their own communities.

'**Common Connections**' was created as a Covid response programme to provide targeted relief for older people in North Tyneside who had been at risk of social exclusion during the pandemic. We delivered a cross artform suite of projects with local North Tyneside partners to deliver a dedicated loneliness programme supported by DCMS. These included, The C Word with North Shield Heritology Project, Movement Meets with Forever Dance, Slow Sew with Linskill Community Centre, Neighbours and Strangers with artist Alex Woolley. All specific to the unique needs of different kinds of older people with a variety of barriers being faced, around sense of belonging, social inclusion, community connectedness and so forth.

Make it Happen

A capacity building programme for community volunteers to develop confidence and social agency. Creative Producers and sector specialists share expertise and knowledge to encourage and enable non-specialists to deliver their own arts programmes within their local communities. Partners include Gateshead Cultural Services, Sunderland Deaf Club, Edberts House, Sunderland Culture, Well Newcastle Gateshead and associated venues and partners.

MIH provides a dedicated strand for artists and producers working in the community to be trained and mentored. Artists deliver their own projects in their neighbourhoods across Gateshead and Sunderland. This led to numerous projects including; Writers Who Care, Watch this Space (Youth projects), Marianna's Song, Loose Connections, Flow, Mini Pride, with regional carers organisations, Big Local Gateshead.

Helix Arts Limited

Trustees' Report

We've Still got the Beat

We've got the Beat was a Covid response project for young carers, disabled adults and wider youth in collaboration with Cramlington Voluntary Youth Project. Taking place online only to help young people who had lack of opportunities at the start of Covid; this project brought teenagers together to experiment with sound and express their story of Covid so far. This was supported by the Northumbria Police and Crime Commissioner.

You: Your Art 2020

Over the summer 2020 programme a 3 month covid response programme of online workshops took place. It supported the mental health for North Tyneside residents who were at risk of attempting suicide. Participants explored a range of mindful visual arts; print, typography, collage, mandalas etc. to develop personal creative journals. These were supported with additional online tutorials and featured in a region wide impact study of projects funded the Northern Sub Regional Suicide Prevention Group (Suicide Prevention Small Grants Fund).

Enable (Covid support)

Enable, our grant with Lloyds foundation led to specific core support and leadership support for the organisation during the turmoil of Covid. This supported the digitisation of our projects and resources as well as supporting one of our projects around domestic violence.

This also included business support working with Charities Aid Foundation which further our fundraising aspirations and strategy.

Flourish

A both a dedicated mentoring and peer development programme for artists living or working in Darlington. It is designed to support the creative economy working in socially engaged contexts, for artists to feel supported and raise additional funds for individual projects benefiting Darlington Communities. This includes a range of groups and projects including LGBTQIA heritage, Young people's career development and those at risk of deteriorating mental health. Flourish was commissioned by Darlington Metropolitan Borough Council.

Artsmark Partner

Helix Arts are a recognised Artsmark Partner. This is an Arts Council England endorsed network of arts and cultural organisations who support schools and education settings on their Artsmark journey to embed arts and culture across the curriculum.

Arts Award

Helix Arts is an Arts Award Centre and pledges to accredit our work with young peoples as part of the shared mission to support young people who want to deepen their engagement with the arts, build creative and leadership skills and achieve a national qualification.

Helix Arts offers an embedded Arts Award offer on all young peoples' projects, across all award levels from Discover to Gold, awarded by Trinity College London.

Helix Arts Limited

Trustees' Report

North Tyneside Artists' Hub

A relaxed gathering of artists living and working in North Shields, Wallsend, Tynemouth and Whitley Bay, the hub provides the ideal opportunity to share creative ideas and explore potential collaborations.

Front and Centre

As part of a 3-year audience development programme with Xtrax 'Without Walls' network, Helix Arts focus on audience development for the Mouth of the Tyne festival in collaboration with North Tyneside Council. Front and Centre aims to break down barriers for the most marginalised residents, targeting diverse communities, refugees, people with disabilities and young people at risk. This programme aims to create a young people's takeover team for the 2022 outdoor festival programme.

Inspiring Futures - Avant Guard

Inspiring Futures is a national partnership programme of organisations working in arts and criminal justice. Supported by the Paul Hamlyn Foundation it seeks to advance our understanding about how and why arts interventions affect the lives of people in the criminal justice system, and to explore how their positive effects can be optimised to enable a step-change in arts and criminal justice practice.

The programme will address long-term inequalities and broaden access to the arts for people in the criminal justice system now and in the future. This involves research from the Institute of Criminology, Cambridge University who embed a participative research culture throughout.

Inspiring Futures is a 'community' of good practice that offers professional development opportunities, fosters talent, enables peer reflection and develops online platforms, workshops, and networking events.

Our strand of this work in HMP Northumberland paused and pivoted during this year. We did collaborate with actor, director, writer Craig Conway to cement the foundations for 'Avant-Guard'. Creative experiences will ensure participants voices will be heard and mind-sets challenge to further a wider community understanding of the lives inside and outside the criminal justice system.

In 20/21 this meant continued scoping for work with prisoners and a 'beyond the gate' groups (outside the prison).

Better Connect

In early 2021 Helix Arts initiated and led Better Connect. This is part of a National Thriving Communities programme to bring partners together to plan and deliver community activities involving partners from the arts, heritage, creativity and culture, sport, nature, financial wellbeing, community advice and the wider voluntary, community, faith and social enterprise sector.

Better Connect is a suite of cultural and creative opportunities that explores ways to make the resourcing of social prescribing activities more sustainable over time.

This involves prioritising carers across North Tyneside with borough wide partners. These include:

- Age UK North Tyneside
- Family Gateway
- First Contact Clinical
- Helix Arts
- Meadow Well Connected
- North Shields, Primary Care Network
- North Tyneside Arts Studio
- North Tyneside Carers Centre
- North Tyneside Council (NTC)

Helix Arts Limited

Trustees' Report

- Tyne Health
- Tyne and Wear Archives and Museums
- VODA

Better Connect has a number of research aspects and is supported by Professor Emeritus Stephen Clift, Canterbury Christ Church University Arts and health specialist as our critical friend.

Factors outside the control of Helix Arts that have a bearing on the achievement of the organisation's objectives include changes to government policy on social inclusion initiatives, the role of the arts in society, the effects of the cuts to public sector funding and the availability of funding from trusts and foundations.

During the year the charitable company received in-kind contributions totalling £5,425 towards its charitable activities. These in-kind contributions comprised staff time and equipment use.

At the end of 2020/21 we achieved a net spend of funds of £81,503.

Factors outside the control of Helix Arts that have a bearing on the achievement of the organisation's objectives include changes to government policy on social inclusion initiatives, the role of the arts in society, the effects of the cuts to public sector funding and the availability of funding from trusts and foundations.

Covid-19 pandemic has raised a number of challenges and creative opportunities. This has continued to lead to a number of adaptations to the business and programme to best meet the needs of our beneficiaries and workforce. This has also brought about opportunities for new delivery models.

Financial review

Policy on reserves

At the end of 2020/21 the total unrestricted reserves stood at £137,456 and the restricted at £34,177. It is anticipated that the restricted reserves will be spent during 2021/22 as we continue to deliver a number of on-going projects.

The Trustees of the charitable company, in accordance with consideration of the Charity Commission's guidance have concluded that in order to provide reliable service over the longer term, to be able to absorb setbacks and to take advantage of change and opportunity a general reserve is justified. They consider that it is in the charity's best interests to hold such a reserve.

Investment policy and objectives

Under the memorandum and articles of association the charitable company has the power to make any investment the trustees see fit.

Helix Arts Limited

Trustees' Report

Key Management Personnel

The board, who give their time freely and no trustees received remuneration in the year, have considered who the Key Management Personnel (KMP) of the charity, as noted in the Reference and Administration section. Together with the board, these KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased in accordance with average earnings. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The board then agree any uplift to remuneration.

Plans for future periods

Helix Arts is continuing to increase the ambition around the quality of our work and the numbers of people we reach. To achieve this, we aim to grow our income through;

- Diversifying our offer
- Exploring new markets
- Maintaining and strengthening relationships with existing partners
- Forging new partnerships, locally and nationally
- Building our profile, particularly online

We will continue to provide activity that enables our participants to build confidence, increase their motivation and learn new skills, leading to improved health and wellbeing and the opening up of fresh opportunities for employment.

The Trustees are committed to ensuring that the charity continues to grow and thrive, particularly through exploring a more entrepreneurial approach and testing new methods of income generation to support the core activity.

Going concern

The Trustees are satisfied that the organisation is able to operate for the foreseeable future on the basis of known and reasonable projected levels of income and therefore the going concern basis of accounting is appropriate. Covid-19 risk is continually reviewed as noted above.

Helix Arts Limited

Trustees' Report

Financial instruments

Risk management

The Trustees have examined the major strategic, business and operational risks which the charitable company faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks. The Trustees consider both the likelihood and potential impact arising from risks to the charity and have given special attention to:

- Changes and reductions in public and voluntary sector funding
- Competition from other, particularly larger, arts organisations
- Cash flow
- Covid-19 pandemic

All of these risks are addressed within the four-year strategic Business Plan 2018/22, which is reviewed annually by Trustees in consultation with staff. There are policies, procedures and contingency plans in place to minimise and address the risks identified, specifically:

- We are developing a more entrepreneurial approach to securing resources, including testing additional income generation models that will help to underwrite our core charitable activity.
- We will continue to work closely with other arts organisations in the region and beyond, and are developing new relationships with organisations that we have not yet worked with.
- We continue to operate rigorous financial controls that enable us to identify any potential cash flow concerns in time to take action to avoid or mitigate any negative impact.
- We will continue to work closely with other arts organisations in the region and beyond, and are developing collaborations with non-arts voluntary organisations that are new to us.

Helix Arts Limited

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Helix Arts Limited for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiner

MHA Tait Walker will be re-appointed as Independent Examiners at the annual general meeting.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the trustees of the charity on 15 July 2021 and signed on its behalf by:



A Shaw
Trustee

Helix Arts Limited

Independent Examiner's Report to the trustees of Helix Arts Limited

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 13 to 29.

Respective responsibilities of trustees and examiner

As the charity's trustees of Helix Arts Limited (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Helix Arts Limited are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.


Independent examiner's statement

Since Helix Arts Limited's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Helix Arts Limited as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Simon Brown BA ACA DChA
MHA Tait Walker
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

15 July 2021

MHA Tait Walker is a trading name of Tait Walker LLP.

Helix Arts Limited

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	3	143,400	-	143,400	124,773
Charitable activities	4	-	120,569	120,569	187,727
Investment income	5	644	-	644	1,607
Total Income		<u>144,044</u>	<u>120,569</u>	<u>264,613</u>	<u>314,107</u>
Expenditure on:					
Charitable activities	6	<u>(90,361)</u>	<u>(92,749)</u>	<u>(183,110)</u>	<u>(322,938)</u>
Total Expenditure		<u>(90,361)</u>	<u>(92,749)</u>	<u>(183,110)</u>	<u>(322,938)</u>
Net income/(expenditure)		<u>53,683</u>	<u>27,820</u>	<u>81,503</u>	<u>(8,831)</u>
Net movement in funds		53,683	27,820	81,503	(8,831)
Reconciliation of funds					
Total funds brought forward		<u>83,773</u>	<u>6,357</u>	<u>90,130</u>	<u>98,961</u>
Total funds carried forward	19	<u><u>137,456</u></u>	<u><u>34,177</u></u>	<u><u>171,633</u></u>	<u><u>90,130</u></u>

All of the charity's activities derive from continuing operations during the above two periods.

Helix Arts Limited

Comparative Statement of Financial Activities for the Year Ended 31 March 2020 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2020 £
Income and Endowments from:				
Donations and legacies	3	124,773	-	124,773
Charitable activities	4	-	187,727	187,727
Investment income	5	<u>1,607</u>	<u>-</u>	<u>1,607</u>
Total income		<u>126,380</u>	<u>187,727</u>	<u>314,107</u>
Expenditure on:				
Charitable activities	6	<u>(133,996)</u>	<u>(188,942)</u>	<u>(322,938)</u>
Total expenditure		<u>(133,996)</u>	<u>(188,942)</u>	<u>(322,938)</u>
Net expenditure		<u>(7,616)</u>	<u>(1,215)</u>	<u>(8,831)</u>
Net movement in funds		(7,616)	(1,215)	(8,831)
Reconciliation of funds				
Total funds brought forward		<u>91,389</u>	<u>7,572</u>	<u>98,961</u>
Total funds carried forward	19	<u><u>83,773</u></u>	<u><u>6,357</u></u>	<u><u>90,130</u></u>

Helix Arts Limited

(Registration number: 02114849) Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	13	-	393
Current assets			
Debtors	14	6,600	19,252
Cash at bank and in hand	15	<u>229,713</u>	<u>125,672</u>
		236,313	144,924
Creditors: Amounts falling due within one year	16	<u>(64,680)</u>	<u>(55,187)</u>
Net current assets		<u>171,633</u>	<u>89,737</u>
Net assets		<u>171,633</u>	<u>90,130</u>
Funds of the charity:			
Restricted		34,177	6,357
Unrestricted income funds			
Unrestricted		<u>137,456</u>	<u>83,773</u>
Total funds	19	<u>171,633</u>	<u>90,130</u>

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 13 to 29 were approved by the trustees, and authorised for issue on 15 July 2021 and signed on their behalf by:



A Shaw
Trustee

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: 2nd Floor, 51 Bedford Street, North Shields, Tyne and Wear, NE29 0AT

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Helix Arts Limited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The functional currency of the charity is sterling.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Exemption from preparing a cash flow statement

The charity opted to not include a cash flow statement in these financial statements.

Exemption from preparing group accounts

The financial statements contain information about Helix Arts Limited as an individual company and do not contain consolidated financial information as the parent of a group.

The charity is exempt under section 400 of the Companies Act 2006 from the requirement to prepare consolidated financial statements as it and its subsidiary undertakings are included by full consolidation in the consolidated financial statements of its parent, , a company incorporated in .

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Donated services and facilities

Where services or facilities are provided to the charity as a donation that would normally be purchased from our suppliers, this benefit is included in the financial statements at its fair value unless its fair value cannot be reliably measured, then at the cost to the donor or the resale value of goods that are to be sold.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Government grants

Government grants are recognised based on the accrual model and are measured at the fair value of the asset received or receivable. Grants are classified as relating either to revenue or to assets. Grants relating to revenue are recognised in income over the period in which the related costs are recognised. Grants relating to assets are recognised over the expected useful life of the asset. Where part of a grant relating to an asset is deferred, it is recognised as deferred income.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and equipment	20% straight line

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Hire purchase and finance leases

Rental applicable to operating leases where substantially all of the benefits and risks of ownership remain with the lessor are charged against profits on a straight line basis over the period of the lease.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

3 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £
Donations and legacies;		
Donations	122,785	122,785
Grants, including capital grants;		
Government grants - CJRS	5,940	5,940
Consultancy fees	9,250	9,250
Donated services and facilities	5,425	5,425
	<u>143,400</u>	<u>143,400</u>
	Unrestricted funds General £	Total 2020 £
Donations and legacies;		
Donations	108,487	108,487
Consultancy fees	2,750	2,750
Donated services and facilities	13,536	13,536
	<u>124,773</u>	<u>124,773</u>
	2021 £	2020 £
ACE North East - NPO Grant	110,335	108,342
Shroder Trust	4,000	-
Lloyds Foundation	8,450	-
Miscellaneous donations	-	145
	<u>122,785</u>	<u>108,487</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

4 Income from charitable activities

	Restricted funds	Total
	£	2021
	£	£
Charitable activities	<u>120,569</u>	<u>120,569</u>
	Restricted funds	Total
	£	2020
	£	£
Charitable activities	<u>187,727</u>	<u>187,727</u>
	2021	2020
	£	£
Restricted Funds		
Dunhill Medical Trust	-	22,752
Henry Smith Charity	-	20,700
Arts Council England	27,214	37,402
Big Lottery Fund	35,349	46,336
County Durham Community Foundation	-	9,750
Lloyds Bank Foundation	4,728	7,112
Northumbria University	-	1,600
Youth Music Foundation	-	29,275
Co-op Foundation	-	8,700
The Witham	2,500	3,350
Well Newcastle Gateshead Art Fund	-	750
Rape Crisis NE	10,539	-
YMCA North Shields	500	-
NHS CCG	5,000	-
NCJAA	6,204	-
NPCC	2,500	-
Arts Council	<u>26,035</u>	<u>-</u>
	<u>120,569</u>	<u>187,727</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

5 Investment income

	Unrestricted funds General £	Total 2021 £
Interest receivable and similar income; Interest receivable on bank deposits	644	644
	<u>644</u>	<u>644</u>
	Unrestricted funds General £	Total 2020 £
Interest receivable and similar income; Interest receivable on bank deposits	1,607	1,607
	<u>1,607</u>	<u>1,607</u>

6 Expenditure on charitable activities

	Unrestricted General £	Restricted £	Total 2021 £	Total 2020 £
Education of the general public in the arts	46,242	92,749	138,991	267,310
Support costs	44,119	-	44,119	55,628
	<u>90,361</u>	<u>92,749</u>	<u>183,110</u>	<u>322,938</u>
	Activity undertaken directly £	Activity support costs £	2021 £	2020 £
Education of the general public in the arts	138,991	39,844	178,835	318,496
Governance costs	-	4,275	4,275	4,442
	<u>138,991</u>	<u>44,119</u>	<u>183,110</u>	<u>322,938</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

7 Analysis of governance and support costs

Support costs allocated to charitable activities

	Governance costs	Support costs	Total 2021	Total 2020
	£	£	£	£
Rent and service charges	-	13,543	13,543	10,925
Insurance	-	2,650	2,650	2,476
Travelling	-	1,021	1,021	4,137
Printing, postage and stationary	-	284	284	1,272
Telephone	-	8,980	8,980	8,918
Professional fees	-	5,938	5,938	11,342
Marketing	-	805	805	1,699
Repairs and maintenance	-	30	30	758
Staff training	-	110	110	1,600
Sundries	-	185	185	824
Governance costs	4,275	-	4,275	4,442
Programme Development	-	515	515	1,655
Temporary Staff	-	1,000	1,000	5,205
ICT	-	4,783	4,783	4,817
	<u>4,275</u>	<u>39,844</u>	<u>44,119</u>	<u>60,070</u>

Governance costs

	Unrestricted funds General	Total 2021	Total 2020
	£	£	£
Independent examiner fees			
Examination of the financial statements	2,500	2,500	2,500
Other fees paid to examiners	1,550	1,550	1,550
Trustees remuneration and expenses	225	225	392
	<u>4,275</u>	<u>4,275</u>	<u>4,442</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

8 Net incoming/outgoing resources

Net incoming/(outgoing) resources for the year include:

	2021 £	2020 £
Depreciation of fixed assets	393	656
Land and Buildings operating lease	<u>10,250</u>	<u>10,250</u>

9 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

10 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	104,673	124,355
Social security costs	5,001	8,803
Pension costs	<u>5,804</u>	<u>7,252</u>
	<u>115,478</u>	<u>140,410</u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2021 No	2020 No
Management staff	2	2
Office staff	<u>2</u>	<u>2</u>
	<u>4</u>	<u>4</u>

No employee received emoluments of more than £60,000 during the year.

The total employee benefits of the key management personnel of the charity were £55,974 (2020 - £63,808).

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

11 Independent examiner's remuneration

	2021 £	2020 £
Examination of the financial statements	<u>2,500</u>	<u>2,500</u>
Other fees to examiners		
All other services	<u>1,550</u>	<u>1,550</u>

12 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

13 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2020	<u>14,107</u>	<u>14,107</u>
At 31 March 2021	<u>14,107</u>	<u>14,107</u>
Depreciation		
At 1 April 2020	13,714	13,714
Charge for the year	<u>393</u>	<u>393</u>
At 31 March 2021	<u>14,107</u>	<u>14,107</u>
Net book value		
At 31 March 2021	<u>-</u>	<u>-</u>
At 31 March 2020	<u>393</u>	<u>393</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

14 Debtors

	2021 £	2020 £
Trade debtors	3,875	9,775
Prepayments	2,725	6,686
Accrued income	-	2,791
	<u>6,600</u>	<u>19,252</u>

15 Cash and cash equivalents

	2021 £	2020 £
Cash at bank	<u>229,713</u>	<u>125,672</u>

16 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	9,858	11,685
Other taxation and social security	2,122	3,267
Other creditors	941	410
Accruals	4,381	12,806
Deferred income	<u>47,378</u>	<u>27,019</u>
	<u>64,680</u>	<u>55,187</u>

	2021 £	2020 £
Deferred income at 1 April 2020	27,019	96,615
Resources deferred in the period	47,378	27,019
Amounts released from previous periods	<u>(27,019)</u>	<u>(96,615)</u>
Deferred income at year end	<u>47,378</u>	<u>27,019</u>

17 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £5,804 (2020 - £7,252).

Contributions totalling £769 (2020 - £Nil) were payable to the scheme at the end of the year and are included in creditors.

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

18 Commitments

Other financial commitments

The total amount of other financial commitments not provided in the financial statements was £7,747 (2020 - £20,097).

19 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted				
General				
General funds	83,773	144,044	(90,361)	137,456
Restricted				
Wellcome Trust - (ArCH)	1,542	-	(1,542)	-
Big Potential	1,635	-	(1,635)	-
ACE - (Celebrating Age)	-	27,214	(26,516)	698
Big Lottery - (MIH)	3,180	35,349	(38,529)	-
Lloyds Bank Foundation - (Enable)	-	4,728	(4,728)	-
Youth Music - (We still got the Beat)	-	2,500	(2,500)	-
The Witham - (Dance for Older People)	-	2,500	(2,500)	-
NCJAA - (Inspiring Futures)	-	6,204	(6,204)	-
NHS North CCG - (You; Your Art)	-	5,000	(5,000)	-
Rape Crisis NE - (Louder)	-	10,539	(3,595)	6,944
YMCA - (Healthy Habits)	-	500	-	500
ACE - (Common Connections)	-	26,035	-	26,035
Total restricted	<u>6,357</u>	<u>120,569</u>	<u>(92,749)</u>	<u>34,177</u>
Total funds	<u>90,130</u>	<u>264,613</u>	<u>(183,110)</u>	<u>171,633</u>

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

The specific purposes for which the funds are to be applied are as follows:

General funds - 'free reserves' after allowing for designated funds.

Restricted funds - comprise of income to be used for specific purposes.

Arts Council England - Celebrating Age

A dance programme for over 65's, following on from FOYF which also incorporates a training programme MDH.

Arts Council England - Common Connections (Loneliness Project)

A programme of activities designed to provide relief to those most at risk of loneliness as a result of Covid-19.

Big Lottery - M.I.H.

A modular training programme for community volunteers and support workers to deliver their own arts programmes within their communities.

Lloyds Bank Foundation - Enable

Developing the role that arts volunteers can bring to our practice both in terms of building capacity, improving quality and offering fresh pathways to employability in the creative sectors.

NCJAA - Inspiring Futures

Inspiring Futures is a ground-breaking artistic programme in prisons and the community led by the National Criminal Justice Arts Alliance and funded by Paul Hamlyn Foundation

NHS – You; Your Art

A pilot programme of arts activities that has been promoting wellbeing and resilience for residents in North Tyneside suffering from poor mental health.

NPCC - We still got the Beat

Supported young people of different ages and abilities in Northumberland to co-create music during the Coronavirus pandemic lockdown.

Rape Crisis NE

A performing arts project for young people exploring exploitation and abuse within relationships, particularly during Covid-19 in partnership with Rape Crisis and supported by Children North East.

YMCA - Health Habits

Co-creation of a short animation/film with Team Relax members exploring and highlighting mental health and their current journey and covid state. Used as a tool to support and inform other young people about YMCA support services for children and young people.

The following funders contributed to the Big Lottery – MIH Programme:

GMBC

Edberts House

Sunderland Culture

Helix Arts Limited

Notes to the Financial Statements for the Year Ended 31 March 2021

20 Analysis of net assets between funds

	Unrestricted		Total funds at 31 March 2021
	General £	Restricted £	£
Net current assets/(liabilities)	137,456	34,177	171,633
	Unrestricted		Total funds at 31 March 2020
	General £	Restricted £	£
Tangible fixed assets	393	-	393
Net current assets/(liabilities)	83,380	6,357	89,737
Total net assets	83,773	6,357	90,130

21 Analysis of net funds

	At 1 April 2020	Financing cash flows	At 31 March 2021
	£	£	£
Cash at bank and in hand	125,672	104,041	229,713
Net debt	125,672	104,041	229,713
	At 1 April 2019	Financing cash flows	At 31 March 2020
	£	£	£
Cash at bank and in hand	225,903	(100,231)	125,672
Net debt	225,903	(100,231)	125,672

22 Related party transactions

During the year the charity made the following related party transactions:

Arts Council England

The charitable company has a close relationship with the Arts Council of England North East which provide revenue funding to enable the charitable company to carry out its charitable objectives. Conditions of the grants include the right to attend board meetings as observers and to be consulted in regard to new appointments.

The Arts Council of England North East is also entitled to receive copies of financial documentation, programmes of activities and to undertake an annual review of the charitable company's work.

During the year, Helix Arts Limited received £166,197 (2020: £145,744) from ACE. At the balance sheet date the amount due to/from Arts Council England was £Nil (2020 - £Nil).