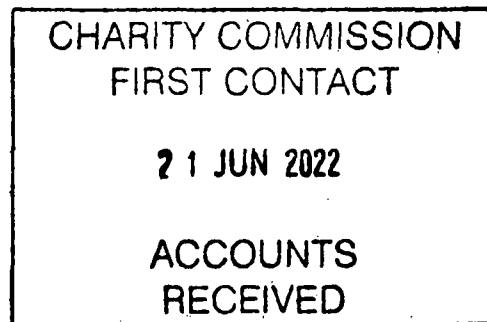


The Aberystwyth & District Stroke Club
Unaudited Financial Statements
31 March 2022



FRANCIS GRAY CHARTERED ACCOUNTANTS

Chartered accountants
Ty Madog
32 Queens Road
Aberystwyth
Ceredigion
SY23 2HN

The Aberystwyth & District Stroke Club

Financial Statements

Year ended 31 March 2022

	Page
Trustees' annual report	1
Independent examiner's report to the trustees	3
Statement of financial activities	4
Statement of financial position	5
Statement of cash flows	6
Notes to the financial statements	7

The Aberystwyth & District Stroke Club

Trustees' Annual Report

Year ended 31 March 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 March 2022.

Reference and administrative details

Registered charity name The Aberystwyth & District Stroke Club

Charity registration number 519695

Principal office Swn yr Awel
Lluest
Llanbadarn Fawr
Aberystwyth

The trustees

Mr Byron Jones
Mrs Jen Jones
Mrs C Myfanwy James
Lucinda E Thomas
John L Jones
Sylvia Jenkins
Ann Evans
Audrey Evans
Lynda Lloyd
Claire Bryant (Appointed 10 November 2021)
Mary Evans (Appointed 21 July 2021)

Independent examiner Robert Gray
Ty Madog
32 Queens Road
Aberystwyth
Ceredigion
SY23 2HN

Structure, governance and management

Members of the board of trustees who served during the year and up to the date of the report are set out on page 1. The minimum number of the board of trustees shall be five and the maximum shall be twelve. The trustees are appointed by the members at the Annual General Meeting and hold office until the next Annual General Meeting. Vacancies occurring between the Annual General Meetings may be filled at the discretion of the trustees. The board meet periodically throughout the year.

Objectives and activities

The principal activity of the charity and its primary charitable objectives are to promote and assist the general relief of all persons in the Aberystwyth district who are suffering from the effects of a stroke.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

The Aberystwyth & District Stroke Club

Trustees' Annual Report *(continued)*

Year ended 31 March 2022

Achievements and performance

The results of the charity are shown in the Statement of Financial Activities on page 5. The net incoming resources, which are in the operational reserves of the charity, show a surplus of £1,643 for the year (2021 £608 deficit).

Financial review

RESERVES POLICY

The trustees have a reserves policy which requires unrestricted funds not committed or invested in tangible fixed assets ("the free reserves") held by the charity should be a maximum of 12 months of the resources expended. At this level the trustees feel that they would be able to continue the current activities of the charity in the event of a significant drop in funding. It would obviously be necessary to consider how the funding would be replaced or activities changed. At present the free reserves amount to £38,068 (2021 £36,425) which the trustees consider to be satisfactory.

Plans for future periods

The board of trustees intends to continue with its activities in a similar way to the recent past continuing the emphasis on social and holiday events.

INVESTMENT POLICY

The trustees' investment powers are governed by the governing document. The trustees have a policy of keeping any surplus as liquid funds in high interest bearing short-term deposits which can be accessed readily. The trustees are of the opinion that the charity does not have sufficient reserves at present to warrant investment in other forms.

The charity owns 561 ordinary shares in Glaxo Smithkline valued at £9,978 at 31st March 2022 (2021 £7,521). The shares were received on 24th September 2002 by way of a legacy. The shares are quoted on the stock exchange and the trustees believe they could be readily encashed if necessary.

The trustees' annual report was approved on 27 April 2022 and signed on behalf of the board of trustees by:

Lynda Lloyd
Trustee

The Aberystwyth & District Stroke Club

Independent Examiner's Report to the Trustees of The Aberystwyth & District Stroke Club

Year ended 31 March 2022

I report to the trustees on my examination of the financial statements of The Aberystwyth & District Stroke Club ('the charity') for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Robert Gray
Independent Examiner

Ty Madog
32 Queens Road
Aberystwyth
Ceredigion
SY23 2HN

27 April 2022

The Aberystwyth & District Stroke Club

Statement of Financial Activities

Year ended 31 March 2022

		2022		2021
	Note	Unrestricted funds £	Total funds £	Total funds £
Income and endowments				
Donations and legacies	4	2,640	2,640	2,830
Other trading activities	5	4,695	4,695	–
Investment income	6	449	449	449
Total income		<u>7,784</u>	<u>7,784</u>	<u>3,279</u>
Expenditure				
Expenditure on charitable activities	7,8	8,598	8,598	1,878
Total expenditure		<u>8,598</u>	<u>8,598</u>	<u>1,878</u>
Net gains/(losses) on investments	9	(2,457)	(2,457)	793
Net income and net movement in funds		<u>1,643</u>	<u>1,643</u>	<u>608</u>
Reconciliation of funds				
Total funds brought forward		36,425	36,425	35,817
Total funds carried forward		<u>38,068</u>	<u>38,068</u>	<u>36,425</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 7 to 12 form part of these financial statements.

The Aberystwyth & District Stroke Club

Statement of Financial Position

31 March 2022

	Note	2022 £	£	2021 £
Current assets				
Investments	13	9,978		7,521
Cash at bank and in hand		<u>28,426</u>		<u>29,240</u>
		38,404		36,761
Creditors: amounts falling due within one year	14	<u>336</u>		<u>336</u>
Net current assets			38,068	36,425
Total assets less current liabilities			38,068	36,425
Net assets			<u>38,068</u>	<u>36,425</u>
Funds of the charity				
Unrestricted funds			38,068	36,425
Total charity funds	15		<u>38,068</u>	<u>36,425</u>

These financial statements were approved by the board of trustees and authorised for issue on 27 April 2022, and are signed on behalf of the board by:

Sylvia Jenkins
Trustee

Lynda Lloyd
Trustee

The notes on pages 7 to 12 form part of these financial statements.

The Aberystwyth & District Stroke Club

Statement of Cash Flows

Year ended 31 March 2022

	2022 £	2021 £
Cash flows from operating activities		
Net income	1,643	608
<i>Adjustments for:</i>		
Net gains/(losses) on investments	(2,457)	793
Dividends, interest and rents from investments	(449)	(449)
Interest payable and similar charges	20	20
Cash generated from operations	(1,243)	972
Interest paid	(20)	(20)
Net cash (used in)/from operating activities	<u>(1,263)</u>	<u>952</u>
Cash flows from investing activities		
Dividends, interest and rents from investments	449	449
Purchases of other investments	(2,457)	—
Proceeds from sale of other investments	2,457	—
Net cash from investing activities	<u>449</u>	<u>449</u>
Net (decrease)/increase in cash and cash equivalents	(814)	1,401
Cash and cash equivalents at beginning of year	<u>29,240</u>	<u>27,839</u>
Cash and cash equivalents at end of year	<u>28,426</u>	<u>29,240</u>

The notes on pages 7 to 12 form part of these financial statements.

The Aberystwyth & District Stroke Club

Notes to the Financial Statements

Year ended 31 March 2022

1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 31 North Parade, Aberystwyth, Ceredigion, SY23 2JN.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

The Aberystwyth & District Stroke Club

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

The Aberystwyth & District Stroke Club

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

3. Accounting policies *(continued)*

Financial instruments *(continued)*

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Donations				
Lady Grace James Memorial Fund	1,000	1,000	1,000	1,000
Donation Cambrian News	—	—	200	200
Other donations individually under £50	105	105	40	40
Legacies				
In Memory of Jean Davies	—	—	310	310
In Memory of Mrs M Morris	—	—	135	135
In Memory of M Williams	—	—	200	200
un identified credits	1,030	1,030	—	—
Grants				
CCC	1,000	1,000	—	—

The Aberystwyth & District Stroke Club

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

4. Donations and legacies *(continued)*

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Other donations and legacies				
Raffles	229	229	—	—
Membership	10	10	370	370
750 Club draw	(734)	(734)	575	575
	<u>2,640</u>	<u>2,640</u>	<u>2,830</u>	<u>2,830</u>

5. Other trading activities

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Members' contributions for lunches	1,295	1,295	—	—
Holiday payments	3,400	3,400	—	—
	<u>4,695</u>	<u>4,695</u>	<u>—</u>	<u>—</u>

6. Investment Income

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Income from listed investments	449	449	449	449

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Lunches	8,023	8,023	1,291	1,291
Support costs	575	575	587	587
	<u>8,598</u>	<u>8,598</u>	<u>1,878</u>	<u>1,878</u>

8. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Lunches	8,023	—	8,023	1,291
Governance costs	—	575	575	587
	<u>8,023</u>	<u>575</u>	<u>8,598</u>	<u>1,878</u>

The Aberystwyth & District Stroke Club

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

9. Net gains/(losses) on investments

	Unrestricted Funds £	Total Funds 2022 £	Unrestricted Funds £	Total Funds 2021 £
Gains/(losses) on other investment assets	<u>2,457</u>	<u>2,457</u>	<u>(793)</u>	<u>(793)</u>

10. Independent examination fees

	2022 £	2021 £
Fees payable to the independent examiner for: Independent examination of the financial statements	<u>336</u>	<u>—</u>

11. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

2022 £	2021 £
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The average head count of employees during the year was Nil (2021: Nil).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

12. Trustee remuneration and expenses

No remuneration was paid to any of the trustees during the year, or previous year.

13. Investments

	2022 £	2021 £
Investment	<u>9,978</u>	<u>7,521</u>

14. Creditors: amounts falling due within one year

	2022 £	2021 £
Accruals and deferred income	<u>336</u>	<u>336</u>

The Aberystwyth & District Stroke Club

Notes to the Financial Statements *(continued)*

Year ended 31 March 2022

15. Analysis of charitable funds

Unrestricted funds

	At 1 April 2021 £	Income £	Expenditure £	Gains and losses £	At 31 March 2022 £
General funds	28,111	7,784	(8,598)	2,457	29,754
Investment Fund	8,314	—	—	—	8,314
	<u>36,425</u>	<u>7,784</u>	<u>(8,598)</u>	<u>2,457</u>	<u>38,068</u>

	At 1 April 2020 £	Income £	Expenditure £	Gains and losses £	At 31 March 2021 £
General funds	27,503	3,279	(1,878)	(793)	28,111
Investment Fund	8,314	—	—	—	8,314
	<u>35,817</u>	<u>3,279</u>	<u>(1,878)</u>	<u>(793)</u>	<u>36,425</u>

16. Analysis of net assets between funds

	Unrestricted Funds £	Total Funds 2022 £
Investments	9,978	9,978
Current assets	28,426	28,426
Creditors less than 1 year	(336)	(336)
Net assets	<u>38,068</u>	<u>38,068</u>

	Unrestricted Funds £	Total Funds 2021 £
Investments	7,521	7,521
Current assets	29,240	29,240
Creditors less than 1 year	(336)	(336)
Net assets	<u>36,425</u>	<u>36,425</u>

17. Analysis of changes in net debt

	At 1 Apr 2021 £	Cash flows £	At 31 Mar 2022 £
Cash at bank and in hand	29,240	(814)	28,426
Current asset investments	7,521	2,457	9,978
	<u>36,761</u>	<u>1,643</u>	<u>38,404</u>