

Charity registration number 518918 (England and Wales)

CARMARTHEN BREAKTHRO'

Annual report and financial statements

For the year ended 31 March 2025

CARMARTHEN BREAKTHRO'

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Mr Stephen Bagshaw
Mrs H Lewis
Mrs S Isherwood

Charity registration

England and Wales

518918

CARMARTHEN BREAKTHRO'

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CARMARTHEN BREAKTHRO'

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's objects, the Charities Act 2011 and the Statement of Recommended Practice, "Accounting and Reporting by Charities", issued in March 2005.

Objectives and activities

The charity's objectives are to provide social, leisure and fun activities for children and young adults with additional needs. The children and young adults that attend Carmarthen Breakthro' are aged between 5 and 19 years and have additional needs such as autism, downs syndrome and cerebral palsy, to name a few. Children are referred to the service through the Children's Disability Team, at Carmarthenshire council.

Carmarthen Breakthro' provides the children and young adults with a range of fun and exciting activities to help promote and develop their confidence, skills and communication. Activities are based around the individuals likes and are planned to encourage as much interaction as possible. These activities include cooking, arts and crafts, messy and sensory play and outdoor play in our large enclosed yard and field. We are also very fortunate at Carmarthen Breakthro' to have access to our own minibus, which allows us to enjoy a range of offsite activities such as bowling, visiting parks and beaches and other local attractions that the children and young adults wish to visit.

Public benefit

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

CARMARTHEN BREAKTHRO'

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Activities

It has been another fun packed and busy 12 months for us at Carmarthen Breakthro', with a number of fundraising events being held. Our charity bingo nights have been a great success with brilliant support from the local and wider community. It has also been great to host several Wellbeing events, with our new Winter Frost Fayre being introduced in November, which again have been well supported by the local and wider community.

Over the past 12 months, we have been very fortunate to have received support and donations from numerous local organisations, families and businesses such as TK Maxx, Screwfix and the Co-Op. June saw us being supported by Cofio Lounge, in Carmarthen who hosted a range of events helping raising funds and awareness.

Our annual Fun Day in August is always well supported and a great opportunity for our friends and the wider community to visit our base and see our wonderful facilities. This year, it was also an opportunity to showcase our new outdoor play and sensory area that was funded through the Tesco Blue tokens in 2023-2024 and funding from the Pobl Trust and William Brown Hill Trust.

Our dedicated team of staff and committee members have worked tirelessly over the past 12 months promoting the work of Breakthro', mainly in the local community and through our social media platforms. Active and regular posts on social media, has enabled us to showcase our work, reach a new audience and keep in touch with friends and supporters.

Achievements and performance

Significant activities and achievements against objectives

We are extremely fortunate to have an outstanding team, all our staff have attended child protection, food hygiene and first aid courses as well as other specialised courses in the special needs field. We are extremely grateful for their continued support.

Thanks to the support and hard work of our committee, staff and families the past couple of years have seen some big changes and improvements at Breakthro', these changes and improvements will help us continue to deliver high quality care and support, that is much needed and sort after.

It certainly has been a busy but fun year for all involved with Carmarthen Breakthro', and we'd like to thank everyone who has donated and supported us throughout the year.

Diolch yn fawr iawn

CARMARTHEN BREAKTHRO'

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Financial review

Carmarthen Breakthro' have maintained a surplus position of circa £19,800. The closing cash balance of circa £146,070 gives the Charity a strong base from which to carry out its charitable purposes. The Trustees are aware how sensitive the charity is to a drop in income from grant funding and how this may affect the charitable work which the charity carries out.

Reserves policy

Major risks

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity was established by a charitable trust deed on 4th August 1987.

The trustees who served during the year were:

Mr Stephen Bagshaw

Mrs H Lewis

Mrs S Isherwood

Recruitment and appointment of trustees

Trustees are appointed with reference to their experience, qualifications and skills. Should the board of trustees see a deficiency in a certain skill area then they will actively seek an individual with the required competencies.

Organisational structure

The Charity is governed by its executive committee, which meets on a monthly basis to discuss and prioritise any issues raised in the day to day running of Carmarthen Breakthro'.

Other matters

Relationship with related parties

The Charity has no known related parties.

Supplier payment policy

The company's current policy concerning the payment of trade creditors is to:

- settle the terms of payment within the suppliers payment period; and
- as prompt as possible.

CARMARTHEN BREAKTHRO'

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

.....
Mr Stephen Bagshaw
Trustee

Date:

CARMARTHEN BREAKTHRO'

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CARMARTHEN BREAKTHRO'

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF CARMARTHEN BREAKTHRO'

I report on my examination of the financial statements of Carmarthen Breakthro' (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Date:

CARMARTHEN BREAKTHRO'

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Income from:			
Donations and legacies	2	42,180	23,511
Charitable activities	3	71,413	81,194
Other trading activities	4	10,004	10,061
Investments	5	1,217	458
		<hr/>	<hr/>
Total income		124,814	115,224
Expenditure on:			
Charitable activities		105,021	95,406
		<hr/>	<hr/>
Total expenditure		105,021	95,406
		<hr/>	<hr/>
Net income and movement in funds		19,793	19,818
Reconciliation of funds:			
Fund balances at 1 April 2024		188,227	168,409
		<hr/>	<hr/>
Fund balances at 31 March 2025		208,020	188,227
		<hr/>	<hr/>

CARMARTHEN BREAKTHRO'

BALANCE SHEET

AS AT 31 MARCH 2025

		2025		2024	
	Notes	£	£	£	£
Fixed assets					
Tangible assets	7		61,310		61,605
Current assets					
Debtors	8	2,374		2,700	
Cash at bank and in hand		146,070		125,548	
		<u>148,444</u>		<u>128,248</u>	
Creditors: amounts falling due within one year	9	<u>(1,734)</u>		<u>(1,626)</u>	
Net current assets			146,710		126,622
Total assets less current liabilities			<u>208,020</u>		<u>188,227</u>
The funds of the charity					
Unrestricted funds			208,020		188,227
			<u>208,020</u>		<u>188,227</u>

The financial statements were approved by the trustees on

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Mr Stephen Bagshaw
Trustee

CARMARTHEN BREAKTHRO'

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

1.1 Accounting convention

The accounts have been prepared in accordance with applicable accounting standards, the Statement of Recommended Practice, 'Accounting and Reporting by Charities' issued in March 2005 and the Charities Act 2011.

1.2 Incoming resources

Donations and gifts - £42,180

Grants were received from the following sources:

- Carmarthenshire County Council - £70,663
- Carers Trust Cross- £750

CARMARTHEN BREAKTHRO'

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

2 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	42,180	23,511

3 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Heading #ac989		
Performance related grants	71,413	81,194

4 Other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fees, 100 Club and Uniforms	10,004	10,061

CARMARTHEN BREAKTHRO'

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

5 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	1,217	458

6 Employees

Number of employees

There were 22 employees during the year.

2025 Number	2024 Number
18	22

7 Tangible fixed assets

	£	£	0 £	Total £
Cost				
At 1 April 2024	10,257	81,640	655	92,552
Additions	4,200	4,150	-	8,350
At 31 March 2025	14,457	85,790	655	100,902
Depreciation and impairment				
At 1 April 2024	-	30,618	329	30,947
Depreciation charged in the year	-	8,579	66	8,645
At 31 March 2025	-	39,197	395	39,592
Carrying amount				
At 31 March 2025	14,457	46,593	260	61,310
At 31 March 2024	10,257	51,022	326	61,605

CARMARTHEN BREAKTHRO'

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

8 Debtors	2025	2024
	£	£
Amounts falling due within one year:		
Prepayments and accrued income	2,374	2,700
	=====	=====
9 Creditors: amounts falling due within one year	2025	2024
	£	£
Trade creditors	1,734	1,626
	=====	=====