

BIRMINGHAM PHAB CAMPS

England & Wales · Charity number 502073

Details

Status Registered

Legal form Other

Registered 1973-03-16

Register [View on the Charity Commission register](#)

Contact

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Activities

Objects: TO INTEGRATE THE SOCIAL AND LEISURE-TIME ACTIVITIES OF BOTH PHYSICALLY HANDICAPPED AND ABLE-BODIED YOUNG PEOPLE IN THE INTEREST OF SOCIAL WELFARE SO TO DEVELOP THEIR PHYSICAL MENTAL AND SPIRITUAL CAPACITIES THAT THEY MAY GROW TO FULL MATURITY AS INDIVIDUALS AND MEMBERS OF SOCIETY AND THAT THEIR CONDITIONS OF LIFE MAY BE IMPROVED. (FOR FURTHER DETAILS SEE CLAUSE 2 OF GOVERNING INSTRUMENT.)

Activities: We are a Voluntary Organisation that provides holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area. We are staffed entirely by volunteers. We arrange a series of holidays for groups of twenty (50% disabled) young people aged 8 to 16, in various age groups, during the summer holidays.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** Children/young People, People With Disabilities

Geography

- Birmingham City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-31	£98,068	£119,312	-	-
2024-10-31	£143,233	£137,352	-	-
2023-10-31	£123,404	£121,388	-	-
2022-10-31	£114,862	£143,137	-	-
2021-10-31	£78,691	£110,304	-	-

Trustees

Name	Role	Appointed
Emma Louise Spittle	Chair	2022-01-11
ANTHONY RATE		
Grant McCaig		2015-10-13
JENNIFER HARDY		2018-01-09
Susan Diane Dunigan		2025-01-14

BIRMINGHAM PHAB CAMPS

England & Wales - Charity number 502073

Accounts



2025
REPORT AND ACCOUNTS

Registered Charity 502073

REPORT OF THE TRUSTEES OF BIRMINGHAM PHAB CAMPS

YEAR ENDING 31ST OCTOBER 2025

LEGAL AND ADMINISTRATIVE INFORMATION

Working Name	Birmingham PHAB Camps
Constitution	Birmingham PHAB Camps is an unincorporated association charity (number 502073). It is a voluntary organisation. Its Governing document is its constitution; and rules and operates under Birmingham PHAB Camps Operational Guidelines 2015.
Objects	To provide holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area.

Board of Trustees

The following served during the year

Mr Andrew Miles – Chair
Ms Emma Spittle – Vice Chair
Mr Anthony Rate – Treasurer
Miss Jen Hardy – Secretary
Mr Grant McCaig – Trustee
Mrs Susan Dunigan – Safeguarding Trustee appointed 14th January 2025
Ms Jackie Redding – Resigned 31st December 2024

Election of Trustees

Trustees are elected by members at the Annual General Meeting and serve for a period of 3 years. There is no maximum number of terms that a Trustee can serve if they are re-elected. The board will meet 4 times a year to review aims, policies, strategy, finance and sustainability.

Management

The officers of the charity will serve on the Operational Committee together with at least 7 other members inclusive of leaders for any given year. They will meet 11 times a year. Anyone involved with Birmingham PHAB Camps can join the committee but are not subject to election. All members have to join at least one of the sub teams - Fundraising, Holiday allocation, Volunteer allocation, Leadership, Communications and Transport. These sub teams are responsible for carrying out the ongoing organisation of the holidays and the Charity each year, reporting to the Operational Committee.

Principal Professional Advisors

Bankers	CAF Bank Limited, Kings Hill, West Malling, Kent ME19 4TA
Professional Fundraiser	Wooton George, 8 Pendeford Lane, Wolverhampton WV9 5HD
Independent Examiner	C T Edwards of CT Edwards Limited, 26 Darnford Moors, Lichfield.

Charity address	Being a voluntary organisation, we operate without a physical base but hold physical meetings and training events at the University of Birmingham.
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Website	www.bhamphabcamps.org.uk
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Charity Commission Number	502073
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TRUSTEES' REPORT

Charity Aims and Organisation

Birmingham PHAB Camps is a voluntary organisation that provides holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area. We are staffed entirely by volunteers. We arrange a series of holidays for groups of twenty or so young people, in various age groups, during Easter and the summer holidays. Three of our holidays (Junior, Senior and Venture) are age-specific and integrate a minimum of ten disabled and ten non-disabled children on each of them.

We provide a range of fun and stimulating activities from canoeing and archery to raft building and ropewalks, along with visits out, such as the beach, theme parks, ice-skating, escape rooms and other excursions. The young people are given the opportunity to participate in new and challenging experiences where everyone participates together, no matter what their ability.

Families are asked to contribute only what they can afford towards the cost of a PHAB holiday, which leaves the charity with a lot of fundraising to do, as well as organising all the holidays. Everyone works voluntarily so there are no salaries to pay, and few expenses are claimed. This means that our administration costs, which includes the cost of DBS checks and the licence for our Safeguarding app, are less than 8% of our total costs.

Charities and Public Benefit

The Trustees confirm that they comply with their duty to have regard to the Charity Commission guidance on public benefit in exercising their power and duties and deciding what activities the charity should undertake. As can be seen in this report, and within the Objects on page 1, the charity has charitable purposes or 'aims' that continue to be, and are carried out for, the public benefit. The Trustees also believe that the opportunity to benefit is not unduly restricted, that people in poverty are not excluded, that there is no detriment or harm arising from carrying out Birmingham PHAB Camps aims and that any private benefits received, other than as a beneficiary, are incidental.

Financial Review

The total incoming resources for the year were £98,068 (2024: £143,233) against expenditure of £119,312 (2024: £137,352) leading to a decrease in total funds of £21,244.

At the end of 2024, Maxine, our volunteer bid-writer stepped down after 30 years of voluntary service to the charity. We attempted various means of having others shadow Maxine throughout 2024, with a view to taking over her role, but it became apparent that that this work is now too time-consuming and skilled to be carried out voluntarily going forward. Therefore, in early 2025, the Trustees agreed to use charity reserves to commission a professional bid-writer to take on this work. We then successfully applied to many Trust Funds and achieved the income we required. This cost us £7,290. We will continue to use them in 2026 and review annually.

Accumulated funds as of 31st October 2025 amounted to £55,089 (2024: £76,333).

This year we have been able to run 3 holidays in the summer. Shortages of Leaders prevented us running any other holidays. We also ran a day out for Junior age children.

We are aiming to run 3 holidays in 2026 together with 4 Days Out for our younger "Junior" children. This is one less than usual, due to the reluctance of Parents to send their disabled children away on a holiday. By running Days Out, we hope to show parents what a Phab camp is about and encourage them to send their children to us in 2027. Our budget for these holidays would be £106,000. We anticipate an overspend of £20,600 leaving us with reserves of £34,489.

Risk Review

The Trustees have a continuous process of risk assessment and maintain a risk register. Risks areas identified cover reputational, financial, operational and regulatory.

The Trustees consider that the areas where the impact of risk could be highest are:

- loss of experienced volunteers
- significant reduction in Trust Fund donations
- health and safety of our young people, which we safeguard against to the highest standards.

TRUSTEES' RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that year. In preparing those accounts, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with charity law. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINATION OF THE ACCOUNTS

Charity law does not require the accounts to be audited, but, if not audited, an Independent Examiner's Report must be provided. The Trustees have appointed C T Edwards Limited to undertake this work.

Approved by the Board of Trustees on 16th December 2025 and signed on their behalf by



Andrew Miles
Chair



Anthony Rate
Treasurer

CHAIR'S STATEMENT

Reflecting on another successful year, it is always deeply moving to understand the impact that this charity has for all involved. Although we were unable to run as many camps as we would have liked, due to a shortage of volunteers able to take on leadership roles. The three camps and day trip that we did run were a huge success. This is clearly reflected in the feedback we have received from children, parents, and schools.

"My son had the best time of his life as he described. The camp helped him socially, helped with his mental health, and improved lots of skills in areas that he needed. The holiday gave him the chance to connect and communicate with others."

Parent of a Senior Camp Participant after their first holiday.

"I love Phab, I think... no, I don't think, I know, it's the best thing ever. It's indescribable. It gave meaning to my life, it gave me hope and something to look forward to. It changed me in so many ways and has made me a better person. It showed me that there is more to life than just a room. I hope many more people can experience the joy, the friendships, the love, the care, the respect."

A teenage participant reflecting on their Phab experience as they reach the end of their final camp.

"I went to mainstream school as a wheelchair user and so I think, maybe people would look at me and think I didn't need an inclusive holiday. But Phab camp was the first place I felt that my disability didn't make me an inconvenience and a burden. It was the first time that I felt worthy as who I am."

A volunteer reflecting on why our holidays are important.

We were pleased to welcome a new Safeguarding Trustee, Sue Dunigan, to the Board. Sue's expertise has already strengthened our safeguarding oversight and supported us in maintaining high standards of care and governance.

One clear trend this year has been a growing hesitancy among parents to send children under 11 on overnight residential. We consider this a real shame, especially given the hugely positive feedback from the families who did send junior age children this summer, but we recognise the need to adapt. Next year, we plan to pilot a day-trip model for our youngest age group, allowing us to meet families' changing expectations.

Looking ahead, we are delighted that volunteers have stepped forward to bring back Discovery Camp next summer, alongside Senior and Venture Camps. There is a lot of demand for Discovery Camp, which plays a vital role in supporting children with significant learning difficulties who may find integrated camps overwhelming, and its return will significantly increase the range of children and families we can help next summer.

Finally, we held an Away Day shortly after the summer to gauge enthusiasm from our wider volunteer base to help sustain the charity into the future. The response was very reassuring, and sub-teams have formed to review all aspects of our operations. As our 60th year of running holidays approaches, the charity's future depends on developing robust, cyber-secure, and agile systems that are easy to train others in and hand over. This will be our administrative focus for 2026.

Over the course of the coming year, we are optimistic about future proofing our 'behind the scenes' systems, reaching even more children in our youngest cohort through our Day Trip Model and seeing the weeklong holidays continue to have the deeply life changing impact that has already benefited so many.

Thanks as ever to all our Leaders who've worked tirelessly once again to make the camps a success. Please be reminded that they do all this unpaid. It practically becomes a second full time job in the lead up to the camps. Special thanks to Megan and Shannon for offering to run a day trip as part of this year's programme; Such innovations are becoming the life-breath of the Charity, and we encourage others to suggest new ventures.

Grateful thanks, yet again to our Trust Funds, many of whom have given to us for years, and to our individual donors and fundraisers. Your generosity of spirit and time spent raising money for us, makes all this possible.

Andrew Miles and Emma Spittle
(Chairperson and Vice Chair)

2025 HOLIDAYS AND ACTIVITIES

During 2025 we arranged a programme of 3 PHAB Camp holidays and one day trip. A total of 75 children took part, and a breakdown of the holidays is detailed below.

CAMP & Dates	Leaders	Age Group	Number of participants			Venue
			Disabled	Non-disabled	Volunteers	
JUNIOR 9 th – 16 th August	Jen Hardy & Clara Morate	8-10	10	10	17	Hindleap Warren
SENIOR 16 th – 23 rd August	Ellen Beech & Laura Dean	11-13	12	12	16	Hindleap Warren
VENTURE 26 th – 2 nd August	Chris Davidson, Andrew Miles, & Dani Barr	14-16	10	11	15	Bendrigg Lodge
Junior Day Out 31 st May	Shannon O'Donovan & Megan Hill	8-10	5	5	8	Twycross Zoo
		Total	37	38	56	=131

JUNIOR DAY TRIP



After seeing the undeniable delight of Junior's 2024 summer camp and feeling post-camp blues, Megan Hill and I (Shannon O'Donovan) decided to run a single Junior Day Trip at the end of May 2025.

We came into the trip with 3 objectives including: providing a social and recreational opportunity for children at risk of loneliness and who may lack activity opportunities during the half-term break, facilitating a social opportunity for children who may have formed friendships during the summer and to provide respite for parents.

All 3 of these goals and some unintentional achievements were met when we took 10 children to Twycross Zoo for the day. On the day, alongside seeing some wonderful animals, Lego sculptures and having a lovely picnic we saw children instantly laughing, joking and chatting to the children and volunteers they knew. We also saw new friendships form throughout the day as young people mixed groups and found new shared interests. Finally, although not the original intention of the day we saw two new children who had never attended Phab grow in confidence: with one child attending a full week of Junior after previously being too nervous to attend when given the opportunity.

The success of our day trip led to, children, parents and volunteers asking, 'when's the next one?' and we are hoping to continue this come summer 2026!



JUNIOR CAMP

Junior Camp spent the week at Hindleap Warren. For many of the children that we took away it was their first time on a PHAB camp. We travelled as a group down to Hindleap Warren on a coach and stopped off at Beaconsfield services approximately halfway through the journey to use the services and to eat our packed lunches. Once onsite, volunteers branched off to either entertain the children or complete administrative or logistical tasks such as unloading the luggage. The theme of this year's Junior camp was fairytales. Our 3-day groups were split into these sub themes and named after them.

During this week at Hindleap Warren we had two whole days off site and one-half day off site. Junior visited Lego Land at Windsor on one day and spent another whole day at Brighton visiting the beach, having fish and chips and visiting Brighton Sea Life. Half a day was spent at Coral Reef Waterworld in Bracknell. All days off site were successes. The remainder of the week was spent completing activities mostly led by Hindleap Warren staff such as water sports or the zip wire. Evenings on site were spent doing craft activities, adult led games and activities and watching movies all snug in our living/activity space that the centre allowed us to use for our personal use throughout our stay. On Friday evening PHAB led a party and hired an entertainer who led the party. The children were mesmerized and this allowed volunteers to fully support children to enjoy the experience rather than the logistics of the evening. Our volunteer team consisted of strong volunteers who were dedicated and extremely



hard working who made taking lots of new children and children, with a wide range of care needs and disabilities, easy.

Many friendships were formed on camp between disabled and non-disabled children. This was particularly evident with participants who had disabled siblings or had been on prior camps. All participants showed the values that PHAB works to and to promote and share and many of the new participants showed great promise to be returning participants.

SENIOR CAMP

Senior Camp 2025 was a fantastic camp which everyone seemed to really enjoy. We had 16 volunteers including leaders and 19 participants. The children who came had a brilliant time and this is really shown in the camp feedback. We had lots of different personalities, and it was great to see everyone taking an interest in learning about each other.

Our activities were a hit, and we felt we had a good balance of free time and planned activities. Some of our favourites outside of the centre were the cinema, the beach and pizza hut. We also enjoyed laser quest, ice skating, and bowling. We really liked the spot we found by the beach because of the access to disabled facilities.



Throughout the week when we encountered problems with the world being at times less than accessible, we were so proud of the response of all involved. Our children were extremely patient, and our volunteers worked creatively and tirelessly to limit the impact of this on the children's holiday.

We also had great activities at the centre. This included the climbing wall, high ropes and zip wire. The centre leaders were great as usual at keeping our children involved with the activities and having little games to keep the activities interesting.

Additionally, our volunteers ran some amazing activities at the centre which really brought everyone together. This involved a chaotic pass the parcel with several mini challenges. They also ran a sports evening which included dodgeball, football and other made-up games. Everyone really came together and got involved.

There is no doubt that every child on the holiday benefited from the experience. Some stand outs were a child, with complex needs that require full time care support, who had sadly experienced the unexpected loss of a parent the week prior to camp; the child in question was able to be cared for and have fun, laughter and friendship whilst their extended family had time to grieve.

Another child with a life limiting condition knew that the holiday was their last chance to relax and have fun before facing major spinal surgery.

A young carer who was able to speak about the poverty and challenges their family faces and shared that for the first time they didn't feel like they had to hide those facts to fit in.

Overall, the camp was amazing, the volunteers were fantastic, and the children were brilliant. It all came together to create a very special week.



VENTURE CAMP



Venture camp once again, headed back to Bendrigg Lodge, near Kendal, in the beautiful Lake District. The site is surrounded by rolling hills and beautiful, picturesque scenery. As volunteers we had the absolute pleasure of watching 21 young people who were unknown to each other, build an amazing, long-lasting friendship throughout the week. All of them were from different backgrounds and with different abilities, but all being included.

The first activity planned included Wotsits, shaving foam and fancy dress... That could only mean one thing! It's time to get messy! As the chaos erupted, friendships were already forming. A fantastic start to the busy week ahead.

Sunday saw the first full day of on-site activities. This was finished off with a very special visit from an interactive murder mystery theatre company– Murder Inc. We laughed real tears and even had the opportunity to get involved with some improv games and the chance for some participants to become part of the cast and show off their own talents. It amazed me how curious, imaginative and eager, each one of the young participants were, to be involved.

Monday was filled with water fun and canoeing on Lake Windemere. Monday evening was a relaxed atmosphere, where many of the young people joined each other to explore the centre, play games and get to know each other more. It was also the first camp out night! We had a fabulous bell tent decorated with fairy lights, blankets and all things pretty. Each young person had the opportunity to camp out at least once with their friends. First up was a cosy night in the tent for the girls.



Wednesday morning bright and early we headed to Blackpool beach for the day. We had hired some fantastic beach wheelchairs so everyone could take a dip in the sea.

We played ball games, had beautiful fish and chips with the sand between our toes. No beach day is complete without a stroll along the pier. It was amazing to see the integration and inclusion that had been created throughout the group. The friendships that had blossomed, with everyone just smiling and enjoying being with each other.

Thursday saw us head back to Blackpool to have fun on the slides at the water park. We then spent the evening singing and spending time with each other around a campfire, complete with roasted marshmallows and smores!

On Friday everyone had the choice of onsite activities they would like to take part in. Choosing from the slide, essential oil making, go karts, bikes, zip wire, crate stacking, the indoor caving system, bendy pot and archery. It was amazing to see all the young people help each other join in the activities. They showed great independence and made sure everyone was included.



Friday night was party night, carnival style! We started with the fantastic drum company Drum Nation, leading us with a workshop. Every one of us joined the band and was able to have ago and drum together with a grand finale of performing a piece of music together. Complete with carnival costumes, beads, glitter and of course dancing! Drum nation gave us a mesmerizing performance and then led us into the party room where we had a DJ set up and a good old boogie. Memories were captured with a photo booth that each young person could keep a picture with their new friends as a keepsake forever. We didn't want the night to end.

Saturday came around far too quickly! Some of the young people were sad to say goodbye to their new friends, however it wasn't long before they all met up again outside of camp. It's been wonderful receiving updates from parents with photos and stories of these new friendships still going strong, even after camp. Memories that will last a lifetime still being created with each other.

Independent Examiner's Report to the Trustees of Birmingham PHAB Camps

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31st October 2025, which are set out on pages 10 to 16

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

CT Edwards

of

CT Edwards Ltd

26 Darnford Moors,

Lichfield,

Staffordshire

Date: 16th December 2025

Birmingham PHAB Camps

Statement of Financial Activities for the year ended 31st October 2025

		Unrestricted Funds £	Restricted Funds £	Total Funds £	Prior year funds £
Incoming resources					
Donations					
Trust Funds & Charities	Note 3	80,219		80,219	88,140
Donations	Notes 4 & 9	10,722		10,722	40,447
Sponsored Wheel and Walk		789		789	2,551
Volunteer Sponsorship		0		0	1,885
Supermarket Collections		0		0	0
Parents & Participants contributions	Note 5	3,780		3,780	7,718
Gift Aid claims		1,262		1,262	1,177
		96,772	0	96,772	141,918
Funds raised by volunteers	Note 7	0		0	0
Bank Interest		1,296		1,296	1,315
Total		98,068	0	98,068	143,233
Resources expended					
Expenditure on raising funds					
Incurring seeking donations					
Printing, Stationery and postage		20		20	170
Fund Raiser professional fees		7,290		7,290	0
Fundraising costs	Note 7	178		178	209
		7,488	0	7,488	379
Charitable activities					
	Note 5				
Junior camp		32,096		32,096	31,820
Senior camp		32,261		32,261	34,107
Venture camp		37,210		37,210	37,733
Breakfree camp		0		0	0
Discovery camp		0		0	19,083
Adult Breakaway camp		0		0	0
Festival camp		0		0	6,645
Freedom camp - Cancellation costs				0	0
Day Trips/ Online events	Note 6	0	905	905	894
		101,567	905	102,472	130,282
Other expenditure					
Training		1,381		1,381	420
Equipment		832		832	546
Insurances		3,696		3,696	3,315
Postage and Stationery		30		30	122
Bank Charges		88		88	60
Travelling expenses		275		275	349
Software & DBS checks		1,988		1,988	1,262
Depreciation	Note 8	167		167	167
Leaders thank you		265		265	0
Governance costs					
Independent Examination fee		630		630	450
		9,352	0	9,352	6,691
Total		118,407	905	119,312	137,352
Net income		(20,339)	(905)	(21,244)	5,881
Total Funds brought forward		75,227	1,106	76,333	70,452
Total Funds carried forward		54,888	201	55,089	76,333

Birmingham PHAB Camps

Balance Sheet as at 31st October 2025

		<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u> £	<u>Total Funds</u>	<u>Prior year</u> <u>funds</u> £
Fixed Assets					
Tangible Assets	Note 8	170		170	337
Current Assets					
Short term deposits- CAF BANK Ltd		42,511	201	42,712	70,924
Cash at bank and on hand		2,733		2,733	1,906
Debtors and Prepayments		10,014		10,014	3,616
	Total Current Assets	55,258	201	55,459	76,446
Less Creditors (accruals) falling due within one year		540		540	450
	Net Current Assets	54,718	201	54,919	75,996
	Total assets less current liabilities	54,888	201	55,089	76,333
	Total assets	54,888	201	55,089	76,333
Funds of the Charity					
Restricted income funds	Note 9		201	201	1,106
Unrestricted funds	Note 10	54,888		54,888	75,227
	Total Funds	54,888	201	55,089	76,333

Signed by two Trustees



16th December 2025



Notes to the accounts

Note 1 Basis of preparation

1.1 Basis of accounting

The accounts have been prepared in accordance with:

- The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Cash flows

Advantage has been taken of the exemption available in section 7 of FRS102 in not preparing a statement of cash flows.

Note 2 Accounting policies

2.1 Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Tax reclaims on donations and gifts Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Volunteer help The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report

Investment income This is included in the accounts when receivable

2.2 Expenditure and liabilities

- Liability recognition** Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
- Creditors** The charity has creditors which are measured at settlement amounts less any trade discounts
- Provisions for liabilities** A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date
- Taxation** As a registered Charity the Charity benefits from rates relief and is generally exempt from Income Tax and Capital Gains Tax, but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

2.3 Assets

- Tangible fixed assets for use by charity** These are capitalised if they can be used for more than one year, and cost at least £250
They are valued at cost.
The depreciation rates and methods used are disclosed in note 8
- Debtors** Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Notes to the Accounts (continued)

31st October 2025

	<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u>	<u>Total</u>	<u>Prior year</u>
	£	£	£	£
3. Income from Trust Funds & Charities				
Cash Received				
Wadsworth Family Charitable Fund	19,640		19,640	18,890
George Fentham Birmingham Charity	7,000		7,000	7,000
The Barratt Developments PLC Charitable Foundation	6,000		6,000	6,000
We are all making a difference Charitable Trust	5,000		5,000	5,000
The Roger & Douglas Turner Charitable Trust	5,000		5,000	5,000
Lord Austin Trust	5,000		5,000	5,000
The Grantham Yorke Trust	5,000		5,000	0
The 29th May 1961 Charitable Trust	3,000		3,000	3,000
Michael Marsh Charitable Trust	2,500		2,500	2,500
The IM Properties Community Fund	2,500		2,500	2,500
The Grimmitt Trust	2,500		2,500	2,000
The Hedley Foundation	2,500		2,500	0
The Grail Society (Waxwell) UK	2,279		2,279	2,100
Baron Davenport's Charitable Trust	2,000		2,000	1,500
The Kelton Charitable Trust	2,000		2,000	0
Sparkhill Charitable Trust	1,250		1,250	1,250
The Dumbreck Charity	1,000		1,000	1,000
The George Henry Collins Charity	1,000		1,000	0
Frank Russon Charitable Trust	1,000		1,000	
The WED Charitable Trust	1,000		1,000	1,000
The Joseph Hopkins and Henry James Sayer Charitable Trust	750		750	1,200
Birmingham District Nursing Trust	600		600	0
Richard Cadbury Charitable Trust	500		500	500
Gowling WLG (UK) Charitable Trust	500		500	500
William A Cadbury Charitable Trust	500		500	0
Charles Brotherton Trust	200		200	0
The Eveson Charitable Trust			0	8,000
The Whitegates Charitable Trust			0	3,000
The Bailey Thomas Charitable Trust			0	2,000
Bernard Piggott Charitable Trust			0	2,000
The Albert Hunt Trust			0	2,000
The Harry Payne Fund			0	2,000
Eric Wilfred Vincent Trust Fund			0	1,000
The Keith & Joan Mindelsohn Charitable Trust			0	1,000
Warwickshire Masonic Charitable Trust			0	400
The Fitton Trust			0	300
Sir John Sumners Trust			0	250
PWC Foundation			0	250
	80,219	0	80,219	88,140

Notes to the Accounts (Continued)

31st October 2025

4. Donations

	Unrestricted	Restricted
Enterprise RAC UK Ltd	3,000	
Sutton Coldfield Hockey Club	1,500	
Misc. and anon	2,077	
Mrs M Miles	1,000	
Volunteer Membership fees	625	
Dr Paul Greaves	600	
Mr K J Fleming	520	
Lloyds Bank Foundation(Matched Funding)	500	
Mr C Douglas	360	
Ms Danielle Moore	300	
J & D Potter	120	
Mr Peter Brett	120	
	<hr/>	
	10,722	0
	<hr/>	

5. Expenditure on Camps

	<u>No of Participants</u>			<u>Parental</u>	<u>Net</u>
	<u>Children</u>	<u>Volunteers</u>	<u>Cost</u>	<u>Contribution</u>	<u>Cost</u>
Junior	20	15	32,096	(1,565)	30,531
Senior	20	16	32,261	(735)	31,526
Venture	20	15	37,210	(1,480)	35,730
Day Trip			905		905
			<hr/>		
	60	46	102,472	(3,780)	98,692
			<hr/>		

6. Expenditure on Day Trips

We took a group of children from Junior age camp to Twycross Zoo on May 30th 2025, at a cost of £905. This gives newcomers to Phab an idea of what can happen on the week long holidays.

7. Fundraising Costs

	<u>Costs</u>
Postage	20
Charges on Peoples Fundraising online Giving Platform	178
Fundraiser Professional Fees	7,290
	<hr/>
	7,488
	<hr/>

We are now using Wooton George Consulting to complete applications to our Trust funds

Notes to the Accounts (Continued)

31st October 2025

8. Fixed Assets

Cost

At the beginning of the year
 Additions
 At end of year

**Fixtures,
 fittings and
 equipment**

7,999

7,999

Depreciation

**Basis
 Rate**

**SL
 25%**

At the beginning of the year
 Depreciation
 At end of year
 Net book value at the beginning of the year
 Net book value at the end of the year

7,662

167

7,829

337

170

9. Restricted Fund

A donation was received from The Morrisons Foundation to be used for day trips . Due to Covid-19 a trip that was arranged could not go ahead and a trip to Drayton Manor Park took place in December 2023 and a trip to Twycross Zoo took place in May 2025. The balance will be spent in 2026.

10. Reserves Policy

The reserves of the charity are held in the accumulated fund. The Board's policy is to progressively increase reserves to six months unrestricted expenditure. The Trustees consider six months to be an appropriate period for outstanding liabilities to be met and ensure orderly winding down of the charity if necessary.

Where Reserves are held

The majority of reserves are held in interest bearing accounts with CAF Bank Ltd.

11. Transactions with Trustees and Related Parties

No trustees have been paid any remuneration or received any other benefits from volunteering for the charity.

During the year there were no related party transactions. (2024: None)

Independent Examiner's Report to the Trustees of Birmingham PHAB Camps

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31st October 2025, which are set out on pages 10 to 16

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

C T Edwards
of
C T Edwards Ltd
26 Darnford Moors,
Lichfield,
Staffordshire
Date: 16th December 2025

BIRMINGHAM PHAB CAMPS

England & Wales - Charity number 502073

Accounts



2024 REPORT AND ACCOUNTS

Registered Charity 502073

REPORT OF THE TRUSTEES OF BIRMINGHAM PHAB CAMPS

YEAR ENDING 31ST OCTOBER 2024

LEGAL AND ADMINISTRATIVE INFORMATION

Working Name	Birmingham PHAB Camps
Constitution	Birmingham PHAB Camps is an unincorporated association charity (number 502073). It is a voluntary organisation. Its Governing document is its constitution; and rules and operates under Birmingham PHAB Camps Operational Guidelines 2015.
Objects	To provide holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area.

Board of Trustees

The following served during the year

Mr Andrew Miles – Chair
Ms Emma Spittle – Vice Chair
Mr Anthony Rate – Treasurer
Miss Jen Hardy – Secretary
Mr Grant McCaig – Trustee
Ms Jackie Redding – Trustee - resigned 31st December 2024

Election of Trustees

Trustees are elected by members at the Annual General Meeting and serve for a period of 3 years. There is no maximum number of terms that a Trustee can serve if they are re-elected. The board will meet 4 times a year to review aims, policies, strategy, finance and sustainability.

Management

The officers of the charity will serve on the Operational Committee together with at least 7 other members inclusive of leaders for any given year. They will meet 11 times a year. Anyone involved with Birmingham PHAB Camps can join the committee but are not subject to election. All members have to join at least one of the sub teams - Fundraising, Holiday allocation, Volunteer allocation, Leadership, Communications and Transport. These sub teams are responsible for carrying out the ongoing organisation of the holidays and the Charity each year, reporting to the Operational Committee.

Principal Professional Advisors

Bankers	CAF Bank Limited, Kings Hill, West Malling, Kent ME19 4TA
Independent Examiner	C T Edwards of CT Edwards Limited, 26 Darnford Moors, Lichfield.
Charity address	As a voluntary organisation, we operate without a physical base, but hold physical meetings and training events at the University of Birmingham.
Website	www.bhamphabcamps.org.uk
Charity Commission Number	502073

TRUSTEES' REPORT

Charity Aims and Organisation

Birmingham PHAB Camps is a voluntary organisation that provides holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area. We are staffed entirely by volunteers. We arrange a series of holidays for groups of twenty or so young people, in various age groups, during Easter and the summer holidays. Three of our holidays (Junior, Senior and Venture) are age-specific, and integrate a minimum of ten disabled and ten non-disabled children on each of them. In 2024 we also ran Discovery, a camp offering a holiday to create friendships for a smaller number of children with learning difficulties who would find the other camps too overwhelming, and Festival Camp, as Camp for disabled adults quite literally at a festival.

We provide a range of fun and stimulating activities from canoeing and archery to raft building and ropewalks, along with visits out, such as the beach, theme parks, ice-skating, escape rooms and other excursions. The young people are given the opportunity to participate in new and challenging experiences where everyone participates together, no matter what their ability.

Families are asked to contribute only what they can afford towards the cost of a PHAB holiday, which leaves the charity with a lot of fundraising to do, as well as organising all the holidays. Everyone works voluntarily so there are no salaries to pay and few expenses are claimed. This means that our administration costs, which includes the cost of DBS checks and the licence for our Safeguarding app, are less than 5% of our total costs.

Charities and Public Benefit

The Trustees confirm that they comply with their duty to have regard to the Charity Commission guidance on public benefit in exercising their power and duties and deciding what activities the charity should undertake. As can be seen in this report, and within the Objects on page 1, the charity has charitable purposes or 'aims' that continue to be, and are carried out for, the public benefit. The Trustees also believe that the opportunity to benefit is not unduly restricted, that people in poverty are not excluded, that there is no detriment or harm arising from carrying out Birmingham PHAB Camps aims and that any private benefits received, other than as a beneficiary, are incidental.

Financial Review

The total incoming resources for the year were £143,233 (2023: £123,404) against expenditure of £137,352 (2023: £121,388) leading to an increase in total funds of £5,881. A receipt in late October from a Barratt Homes Gala Night of £28,348 is for 2025 holidays.

Accumulated funds as of 31st October 2024 amounted to £76,333 (2020: £70,452).

This year we have been able to run 5 holidays in the summer. Costs were reduced on Junior and Senior camps after we changed Centres. We did increase the number of children taken on Venture and Discovery Camps which increased costs. In addition, we ran a new 'Festival Camp for young adults to a music Festival. Shortages of Leaders prevented us running one holiday at Easter.

We are planning to hold 3 holidays in 2025, This is less than usual, due to a shortage of experienced leaders. Our budget for these holidays would be £133,000. We anticipate an overspend of £38,709 leaving us with unrestricted reserves of £37,624.

Risk Review

The Trustees have a continuous process of risk assessment and maintains a risk register. Risks areas identified cover reputational, financial, operational and regulatory.

The Trustees consider that the areas where the impact of risk could be highest are:

- loss of experienced volunteers
- significant reduction in Trust Fund donations
- health and safety of our young people, which we safeguard against to the highest standards.

TRUSTEES' RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that year. In preparing those accounts, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with charity law. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINATION OF THE ACCOUNTS

Charity law does not require the accounts to be audited, but, if not audited, an Independent Examiner's Report must be provided. The Trustees have appointed C T Edwards Limited to undertake this work.

Approved by the Board of Trustees on 14th January 2025 and signed on their behalf by



Andrew Miles
Chair



Anthony Rate
Treasurer



CHAIR'S STATEMENT

It has been another busy year for Birmingham PHAB Camps. We have had some exciting changes that have made the year feel exceptionally busy. Being one of the operational members of Birmingham PHAB Camps can often feel like a relentless and sometimes thankless task. However, without exception when the holidays happen, it is a huge reminder of the impact that this organisation has on the people we work with. The smiles created and lifechanging impact that these holidays have is something that is only possible due to the monies raised and the small team of individuals that work year-round to make PHAB happen. It seems too small a token to say thank you.

PHAB Parent:

"Amelia has benefited in so many ways especially by engaging with new people and making friends for a life time, experiencing new activities such as sailing, hiking and swimming. She also conquered her fear of going on the beach! She also hugely benefited from this holiday as it gave her a chance to be herself without her complex medical interventions constantly."

PHAB Volunteer:

"I cannot stress enough but this opportunity to come back as an adult and volunteer on venture camp truly changed my whole perspective on life and my future career path. I already cannot wait to join the PHAB family and volunteer for many MANY summers to come!"

Our run of camps this year started with the brainchild of two long serving volunteers. Rachael Lane and Jeremy Rison created Festival Camp. This completely innovative experience saw 9 disabled adults attend a real music festival, sleeping under canvas and dancing the days and nights away at the mainstage alongside hundreds of other festival goers. A music festival, we might add, that was not specifically designed to be accessible or for disabled young adults, but we adapted and made it so for a range of wheelchair users, and other differently able people. The festival fell on a weekend where the Cotswold countryside was doused in heavy rain and one of the largest and longest thunderstorms one could imagine, which actually seemed to add to the experience! Thankfully the sun did come out, and the weekend was a huge success enabling the young adults to experience freedom and make memories that are such a staple of coming of age for so many that disabled people are often denied.

Our teenage camp, Venture, went from strength to strength taking the largest and most diverse group of young people to the Lake District. Taking inspiration from the previous camp, we themed it around a festival and all the children were all offered the opportunity to sleep under canvas one night with their peers.

The three other camps we ran this year were innovative in their own way as they took place at a new centre. The experienced leaders took the bold decision to move their camps away from the Wingate Centre which had been their base for around 20 years and launched headfirst into creating inclusive holidays at Hindleap Warren Outdoor Activity Centre in East Sussex (Part of London Youth).

Our camp leaders: Clara Jeggo-Morate, Bekki Novak, Ellen Beech, Adam Cotton, Chris Davidson, Emma Spittle, Andrew Miles, Jeremy Rison, Rachael Lane, Simrute Kaur and Kerry Ann Owen and are an incredibly dedicated group of people who all undertook creating and facilitating these holidays around their own jobs and commitments, and again it seems simply too little to just thank them.

We have another thanks to give as our longstanding Trustee and Designated Safeguarded Lead (DSL), Jackie Redding is moving on after six years of dedicated work for the charity. She has supported camp leaders in safeguarding some of our most vulnerable young people and has been an asset to Birmingham PHAB Camps. We have truly valued her knowledge and passion and wish her all the best.

This leaves space for us to look ahead to the future for Birmingham PHAB Camps. As 2025 opens we look to welcome Susan Dunigan as our new Safeguarding Trustee and DSL. Susan is the former Assistant Head and DSL of Kings Norton Boys School, where she previously referred children to us and saw the impact that the camps have. She now runs her own company: The Enlightened Parent, helping parents to respond to bullying, guard against social media hazards, and help children manage conflict. She also provides a monthly safeguarding newsletter that schools all over the country subscribe to. We could not be more grateful that Susan is willing to bring this expertise to PHAB and give her time this year to overseeing safeguarding

on all the camps.

We are also saying possibly goodbye to Maxine Ross-Wallis, as our Trust Funds Officer. As well as being former Chair of PHAB, and still the record-holder for leading the most camps, Maxine has been raising the over 75% of PHAB's income for over thirty years through tireless Trust Fund applications. It is an incredible feat and one we know no other single volunteer will ever be able to replace. For everything you have raised for us Maxine, making these camps possible, we thank you from the bottom of our hearts!

We have an exciting year ahead with plans to digitise our medicine administration records making the charity's records even more robust as we continue. We have three camps currently planned for 2025 which we know will have a far reaching and incredible effect on the lives of the young people who attend.

This is only possible due to the volunteers who work year round to recruit, police-check, and train our volunteers; those working with schools and families to assign children to the holidays and safeguard them on and off of camps; the leaders who plan, risk assess, and deliver the holidays; and each and every volunteer who attends a camp as a volunteer carer to enable children the most inclusive and freeing experience of their lives. The challenge that lies ahead is keeping this incredible feat all voluntary. To do this we must recruit more volunteers and convert more into leaders for the charity to sustain. This will be a focus of 2025.

Before we close, we would like to say thank you as ever to our Treasurer Tony Rate. Tony not only manages PHAB's accounts and financial transactions, but he also helps all our leaders budget for their camps and supports in nearly all other areas of the charity's operation. He genuinely cares about the outcomes for all the children we support, having been involved with Phab for 46 years, and is a constant rock for both of us. We could not be more grateful.

As we look ahead, we are truly proud of the hard work put into the camps and the impact they have. We are excited to see our inclusive camps go from strength to strength and are keen to see where the coming year takes us.

Emma Spittle and Andrew Miles
(Vice Chair and Chair Person)

2024 HOLIDAYS AND ACTIVITIES

During 2024 we arranged a programme of 5 PHAB Camp holidays. A total of 161 individuals took part and a breakdown of the holidays is detailed below.

CAMP & Dates	Leaders	Age Group	Number of participants			Venue
			Disabled	Non-disabled	Volunteers	
JUNIOR 3 rd – 10 th August	Bekki Kovak & Clara Jeggo-Morate	8-10	9	11	15	Hindleap Warren
SENIOR 10 th – 17 th August	Ellen Beech & Adam Cotton	11-13	12	12	16	Hindleap Warren
VENTURE 27 th – 3 rd August	Chris Davidson, Andrew Miles, Jeremy Rison & Emma Spittle	14-16	12	13	15	Bendrigg Lodge
DISCOVERY 18 th – 23 rd August	Kerry-Ann Owen & Simrute Chima	12-16	10	0	13	Hindleap Warren
FESTIVAL	Rachael Proctor-Lane &	18+	9	0	13	Nibley Festival
		Total	52	36	73	= 161

JUNIOR

Junior Camp spent the week at a new Centre, Hindleap Warren. For some of the children that we took away it was their second or third time on PHAB camp but as it was a new centre, in this regard, it was a whole new experience. We travelled as a group down to Hindleap Warren on a coach and stopped off at Beaconsfield services approximately halfway through the journey to use the services and to eat our packed lunches. Once onsite volunteers branched off to either entertain the children or complete administrative or logistical tasks such as unloading the luggage. The theme of this year's Junior camp was adventure which was split into sub themes of pirates, the jungle and forest. Our 3-day groups were split into these sub themes and named after them.



During this week at Hindleap Warren we had two whole days off site and one-half day off site. Junior visited Chessington World of Adventures on one day and spent another whole day at Brighton visiting the beach, the sea life aquarium and arcade on Brighton Pier. Half a day was spent at Coral Reef Waterworld in Bracknell. All days off site were successes. The remainder of the week was spent completing activities mostly led by Hindleap Warren staff such as water sports or the zip wire. Evenings on site were spent doing craft activities, adult led games and activities and watching movies all snug in our living/activity space that the centre allowed us to use for our personal use throughout our stay. Our volunteer team consisted of many strong volunteers who were dedicated and extremely hard working who made taking a more complex and younger child (aged 7 on camp) with us. The needs of our camp this year were overall less physical and more neurodiverse, which presented different challenges and opportunities. This also meant that most of the children on camp had some form of physical disability or neurodiversity so had more 'hidden' needs.

Many friendships were formed on camp between disabled and non-disabled children. This was particularly evident with returning participants who were familiar with PHAB and mixing with others with differing needs. All participants showed the values that PHAB works to and to promote and share and many of the new participants showed great promise to be returning participants.

From verbal feedback volunteers and the leadership team felt the week was a success particularly considering Junior was the first camp to spend the week at Hindleap Warren. Junior volunteers and participants look forward enthusiastically to Junior camp 2025.



SENIOR



Senior Camp this year ran from Saturday 17th August – Saturday 24th August 2024. We went to a new Centre - Hindleap Warren. The travel to the new location was a little far but this was magnified due to the bad traffic and road works. Hindleap Warren was amazing, all the staff there really understanding all the participants needs both able and disabled. The staff were very friendly and couldn't do enough to support the camp leaders and volunteers. A negative point in past years has been the food on the camps which the centre provides, this year was completely different. The food was great, and the portions were perfect. The team of cooks were very understanding and accommodating to all the needs of the kids and were happy to make small changes when needed.

The activities we did in the centre with the Hindleap Warren staff were very engaging and well led by the instructors. The instructors made a lot of effort with all the participants, and it really felt like a fun holiday rather than a school trip which was great to see.



The activities were a lot more full on than we are used to, which led to some of the kids feeling tired half way through the camp so for future camps this could be something we take in to consideration. We found a couple of days into the camp by doing more activities in shorter time slots worked a lot better than just doing 1 activity for the whole morning / afternoon where the kids had multiple goes of the same thing (zip wire), this led to a lot less waiting around and the kids seemed more enthusiastic and engaged. The team at Hindleap Warren were more than happy to change the schedule around to benefit the camp which made everything run very smoothly and get the most out of the week.

We also went out of the centre and did activities such as bowling, swimming, cinema, laser quest and visited Brighton Beach for the day. The travel went well, being due to the team of mini-bus drivers who again were amazing and could not do enough to support the camp leaders and team. Having 3 minibuses rather than a coach

means the travelling is a lot more streamlined and there is a lot less waiting around.

Accommodation was a little more basic and less homely than on previous camps with no storage space in rooms for luggage and the halls being a little small for wheelchair users. However, with better planning from Phab leaders this problem can be resolved easily. Overall, the camp was a great success with all the kids having an amazing week and really benefiting from what PHAB offers. We have received great feedback from both participants and volunteers. It was a very welcome change moving camp locations and I really look forward to going back to Hindleap Warren.



DISCOVERY



We had a long drive to Hindleap centre, so thought why not jump out along the way and go swimming at Guildford Spectrum, after playing BINGO and all the children playing with their party bags on the coach! There were lots of smiles in the swimming pool, the children loved the swimming slides and loved the waterfalls! A member of the public approached the volunteers to say that they admired all their hard work and wanted to buy all the volunteers a coffee! After arriving at Hindleap and having dinner, we had a coloured powder fight, the kids absolutely loved throwing the powders over each other followed by a water fight.

Monday = Thorpe Park Day! All the children were excited to go to Thorpe Park today – one child was talking about how they wanted to go on the SAW rollercoaster at 6AM! All the children had lots of time to go on the rides that they wanted to, some of the children went on their favourite rides more than once!

Tuesday = Water sports, Forest Adventure and Camp fire at Hindleap! We thought canoeing and paddleboarding was such a treat and all the children and volunteers had lots of fun on the boats on the lake! Forest Adventure was a forest walk on site, the children loved their buggy wheelchairs to help them to plough through the woods! There was lots of sliding through the mud and warriors with mud smeared on everyone's face! After Dinner and lots of birthday cake, we headed down for a walk to the campfire. Everyone loved the campfire songs, and Molly absolutely loved making smores with the marshmallows and biscuits!



Wednesday = Drusilla's and Brighton Beach:



Today was most people's 'favourite day'! We started the day at Drusilla's! Drusilla's is an AWESOME zoo with the best animals, everybody loved the penguins and the pink flamingos and enjoyed going animal spotting! We went to the sensory room which was booked out especially for us! Everyone loved sliding down the slide into the ball pool pit, it was super interactive! There were lots of arcades, an adventure playground and water play! The part that everyone thought was the most fun at Drusilla's was the train ride! We booked a slot for us all to pile onto the train – PHAB took up half the train, and we were having so much fun, we honestly did not want to get off the train! The train instructor was called Andy, and every time the train ride stopped, we would sing to Andy, "One more ride, one more ride, we all thought it was hilarious that we managed to get three rides out of Andy! After Drusilla's we went to Brighton Beach! The kids absolutely loved the Pier and playing in the arcades and the rides outside before Fish and chips

on the beach! We found what we thought was a nice spot on the beach, but we were surrounded by seagulls wanting to eat our food!

Thursday: Hindleap Activities and Cowboy/Cowgirl VS. Aliens PARTYYYY, the children were divided up into two different

groups: The Alien group first done crate stacking before lunch then tower zip after lunch! The Cowboy/Cowgirl group done Archery first then Crate stacking after lunch! **Crate Stacking** – everyone enjoyed working in pairs to see how high they can get on the crates, some managed to get to 14 crates which was the maximum number of crates! The rest of the team helped by making sure that the ropes were pulled super tight and everyone worked so well together in a team! **Ziplining:** Everybody LOVED ziplining, Zoya was giggling lots as she found it so fun! Everyone was super brave and gave it a go! Billy was such a pro – he was wanting to go ziplining since he saw people ziplining at Brighton beach! **Archery** – this was so inclusive for all the children, everyone loved playing archery games which they thought was super funny (the one they landed on told them where they were going on holiday next and with who!).





PARTY TIME - We had lots of surprises for the children and volunteers, the first was a RODEO BULL that FILLED the whole party room! Everyone was super surprised and excited when they walked into the party room and saw the rodeo bull! We managed to get all the children up on the bull, they all managed to stay on the bull without falling off, better than all the other volunteers! **We didn't have just one surprise but had another two more!** The party entertainer was the second surprise! Every single one of the children was in awe of the party entertainer and found him HILARIOUS! All the children joined in with all the dancing and all the music and were all up to super late because they were having so much fun at the party! The third surprise was the Photo 360 booth – this was a spinning photo device that took a video of you posing on the pod. Every child had a go and had the coolest videos of themselves. **Friday: Hindleap activities and Coach home!** The Alien group done archery before lunch. The Cowboy/Cowgirl group done ziplining. Everyone enjoyed their last activities before eating their lunch and heading home!

VENTURE



Returning to the beautiful surroundings of the Lake District, Venture once again headed back north to Bendrigg Lodge near Kendal. This year, we took a record number of 25 young people away. Last year's camp had a lasting impact on the group, and it was wonderful to see how many of them stayed in touch throughout the year. We witnessed them living out the values we aim to instil at camp, building kind, supportive and lasting friendships. When it came time to select participants for this year, we really wanted to offer the opportunity to as many of those who had embraced the PHAB experience so fully whilst also being able to give an opportunity to new participants to experience a Venture camp.

We were also fortunate to have a highly experienced volunteer team of 15, which included three former camp participants. Two of these volunteers were returning to PHAB for the first time in over ten years, having attended camp together as participants all those years ago!

The week saw us take on a jam-packed schedule that began with us covered in shaving foam, flour and fancy dress within hours of arriving at Bendrigg with some chaotic welcome games. In the days that followed, we took on a range of activities including abseiling, zip-lining, canoeing, paddleboarding, swimming, sailing, cycling, and archery.



On Sunday evening, we were joined by the incredible Degrees of Error theatre group, who stopped off on their way to the Edinburgh Fringe to perform an incredible improv murder mystery show and workshop for us. This really captured the imagination and really brought out the curiosity and humour within the group, even managing to get one of our participants cast as a main part! Wednesday saw us return to Blackpool where we had a memorable beach day, sat in the sun with Blackpool tower just behind us we relaxed all day enjoying fish & chips & building sandcastles. A truly memorable moment was when we managed to get one of our participants into the sea for the first time in their life, managing to get past their distaste for sand in the process! Thursday saw us take on a beautiful and relaxing waterside group hike, skimming stones and enjoying ice creams as we went.

This year's theme of festivals was embraced by all and one of the most exciting elements of this year's camp was that we offered all our participants the chance to camp outside with their friends in a large bell tent on one evening during the week. This was a massive success and saw brilliant integration, maturity and support for each other by all of those who were camping out. We also had an essential oils workshop, tie dye, powder paint fight and several musical instruments on hand throughout the week to keep up the festival vibe.

As always, we saw wonderful friendships forming and a growing sense of community as the week progressed. The volunteers gradually stepped back, allowing the group to take the lead. The week ended with our final evening party, where we danced and chatted the night away!



FESTIVAL



Festival Camp was a brand-new holiday for Birmingham PHAB Camps this year. It was dreamt up by one of our volunteers who previously attended Nibley Festival which is a medium-sized, family-friendly festival in Gloucestershire. The idea was to take a smallish group of disabled young people and offer them a full festival experience which they would otherwise not get. We knew we wanted to be camping in tents and experience the same Festival lifestyle as everyone else there. And with that, we knew we would have lots to contend with: rain, mud, cramped tents and toilet facilities! But where there is a will, there is a way. And, after a lot of discussion about whether it was even possible, we decided to have a go and make Festival Camp happen!

The organizers of the Nibley Festival were incredible. They understood our needs and supported us at every stage. They gave us a site to base ourselves as close to the entrance as possible, right next to the disabled toilets. We reached out to a local company which rents bell tents. We arrived at the festival mid-afternoon on Friday to find our bell tents already set up. Some of us who needed hoisting had camp beds and we had wooden boards laid on the ground to help with moving the hoists across uneven ground. After we settled in, we went off to explore the festival.

Nibley was a great festival for us because it was relatively compact. The main stage area was surrounded by food stalls and there was a second field with tents with activities like arts and crafts, more food and a smaller stage area. It meant we could oversee everyone but allow people to explore the festival with relative freedom. It was a joy seeing people explore the stalls and getting food on their own. With the close of Friday night came the classic staple of a British festival: an epic thunderstorm! It was quite something as the rain lashed our tents and lightning lit everything up.





We awoke the next morning to a very soggy Nibley Festival. With the ground turning to mud, we were thankful for the heavy-duty ropes we brought to pull the wheelchairs. Fortunately, the sun came out for most of Saturday, and we spent a large part of the day lazing near the main stage with groups of us wandering to the stage or exploring other areas. The headline act on Saturday night was the Hoosiers and they offered one of our festivalgoers something special when he met them backstage beforehand and then the lead singer jumped into the crowd mid-performance to sing alongside him! As Saturday evening turned into night, we all went to the smaller stage and danced late into the night. Then, some of us danced even later into the night during the silent disco which took place throughout the whole festival. It goes without

saying that all the volunteers at Festival Camp were brilliant. Being a brand-new camp in an environment which presented unique challenges, there was some trepidation. But we took things in our stride and yet again, my view that we are a unique charity with our willingness to “have a go” was laid bare. Ultimately, it means we can offer the young people who come away with us genuinely new opportunities. Festival Camp embodied Birmingham PHAB Camp’s spirit of “having a go”. After all, without that spirit, the world would be quite a boring place to live in.



Independent Examiner's Report to the Trustees of Birmingham PHAB Camps

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31st October 2024, which are set out on pages 10 to 189

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

CT Edwards

of

CT Edwards Ltd

26 Darnford Moors,

Lichfield,

Staffordshire

Date: 14th January 2025

Birmingham PHAB Camps

Statement of Financial Activities for the year ended 31st October 2024


		Unrestricted Funds £	Restricted Funds £	Total Funds £	Prior year funds £
<u>Incoming resources</u>					
<u>Donations</u>					
Trust Funds & Charities	Note 3	88,140		88,140	82,128
Donations	Notes 4 & 9	40,447		40,447	29,082
Sponsored Wheel and Walk		2,551		2,551	1,134
Volunteer Sponsorship		1,885		1,885	1,020
Parents & Participants contributions	Note 5	7,718		7,718	4,537
Gift Aid claims		1,177		1,177	1,762
		141,918	0	141,918	119,663
Funds raised by volunteers	Note 7	0		0	3,028
Bank Interest		1,315		1,315	713
Total		143,233	0	143,233	123,404
<u>Resources expended</u>					
<u>Expenditure on raising funds</u>					
Incurring seeking donations					
Printing and Stationery		170		170	0
Fundraising costs	Note 7	209		209	492
		379	0	379	492
<u>Charitable activities</u>					
	Note 5				
Junior camp		31,820		31,820	33,606
Senior camp		34,107		34,107	36,628
Venture camp		37,733		37,733	31,112
Discovery camp		19,083		19,083	13,496
Festival camp		6,645		6,645	0
Day Trips	Note 6	0	894	894	0
		129,388	894	130,282	114,842
<u>Other expenditure</u>					
Training		420		420	482
Equipment		546		546	622
Insurances		3,315		3,315	3,059
Postage and Stationery		122		122	24
Bank Charges		60		60	66
Travelling expenses		349		349	35
Software & DBS checks		1,262		1,262	876
Depreciation	Note 8	167		167	168
Leaders thank you		0		0	272
Governance costs					
Independent Examination fee		450		450	450
		6,691	0	6,691	6,054
Total		136,458	894	137,352	121,388
Net income		6,775	(894)	5,881	2,016
Total Funds brought forward		68,452	2,000	70,452	68,436
Total Funds carried forward		75,227	1,106	76,333	70,452

Birmingham PHAB Camps

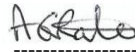
Balance Sheet as at 31st October 2024

		<u>Unrestricted</u>	<u>Restricted</u>		<u>Prior year</u>
		<u>Funds</u>	<u>Funds</u>	<u>Total Funds</u>	<u>funds</u>
			£		£
<u>Fixed Assets</u>					
Tangible Assets	Note 8	337		337	504
<u>Current Assets</u>					
Short term deposits- CAF BANK Ltd		69,818	1,106	70,924	57,119
Cash at bank and on hand		1,907		1,907	3,217
Debtors and Prepayments		3,616		3,616	10,086
	Total Current Assets	75,341	1,106	76,447	70,422
Less Creditors (accruals) falling due within one year		451		451	474
	Net Current Assets	74,890	1,106	75,996	69,948
	Total assets less current liabilities	75,227	1,106	76,333	70,452
	Total assets	75,227	1,106	76,333	70,452
<u>Funds of the Charity</u>					
Restricted income funds	Note 9		1,106	1,106	2,000
Unrestricted funds	Note 10	75,227		75,227	68,452
	Total Funds	75,227	1,106	76,333	70,452

Signed by two Trustees



14th January 2025



Notes to the accounts

31st October 2024

Note 1 Basis of preparation

1.1 Basis of accounting

The accounts have been prepared in accordance with:

- The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Cash flows

Advantage has been taken of the exemption available in section 7 of FRS102 in not preparing a statement of cash flows.

Note 2 Accounting policies

2.1 Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Tax reclaims on donations and gifts Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Volunteer help The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report

Investment income This is included in the accounts when receivable

2.2 Expenditure and liabilities

Liability recognition Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Creditors The charity has creditors which are measured at settlement amounts less any trade discounts

Provisions for liabilities A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date

Taxation As a registered Charity the Charity benefits from rates relief and is generally exempt from Income Tax and Capital Gains Tax, but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

2.3 Assets

Tangible fixed assets for use by charity These are capitalised if they can be used for more than one year, and cost at least £250
They are valued at cost.
The depreciation rates and methods used are disclosed in note 8

Debtors Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Birmingham PHAB Camps

Notes to the Accounts (continued)

	<u>31st October 2024</u>			
	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Prior year</u>
	<u>Funds</u>	<u>Funds</u>		<u>£</u>
	£	£	£	£
<u>3. Income from Trust Funds & Charities</u>				
<u>Cash Received</u>				
Wadsworth Family Charitable Fund	18,890		18,890	19,277
The Eveson Charitable Trust	8,000		8,000	
George Fentham Birmingham Charity	7,000		7,000	6,000
The Barratt Developments PLC Charitable Foundation	6,000		6,000	750
We are all making a difference Charitable Trust	5,000		5,000	10,000
The Roger & Douglas Turner Charitable Trust	5,000		5,000	5,000
Lord Austin Trust	5,000		5,000	5,000
The 29th May 1961 Charitable Trust	3,000		3,000	3,000
The Whitegates Charitable Trust	3,000		3,000	
Michael Marsh Charitable Trust	2,500		2,500	
The IM Properties Community Fund	2,500		2,500	
The Grail Society (Waxwell) UK	2,100		2,100	
The Grimmitt Trust	2,000		2,000	2,500
The Bailey Thomas Charitable Trust	2,000		2,000	
Bernard Piggott Charitable Trust	2,000		2,000	
The Albert Hunt Trust	2,000		2,000	
The Harry Payne Fund	2,000		2,000	
Baron Davenport's Charitable Trust	1,500		1,500	1,000
Sparkhill Charitable Trust	1,250		1,250	1,100
The Joseph Hopkins and Henry James Sayer Charitable Trust	1,200		1,200	700
The Dumbreck Charity	1,000		1,000	1,000
The WED Charitable Trust	1,000		1,000	1,000
Eric Wilfred Vincent Trust Fund	1,000		1,000	825
The Keith & Joan Mindelsohn Charitable Trust	1,000		1,000	
Richard Cadbury Charitable Trust	500		500	500
Gowling WLG (UK) Charitable Trust	500		500	500
Warwickshire Masonic Charitable Trust	400		400	
The Fitton Trust	300		300	300
Sir John Sumners Trust	250		250	
PWC Foundation	250		250	
Fit for All Childrens Quarter			0	7,976
The Grantham Yorke Trust			0	5,000
ALA Green Charitable Trust			0	4,000
The Kelton Charitable Trust			0	3,000
Rotary Club of Birmingham Endowment Trust			0	1,000
The George Henry Collins Charity			0	1,000
The HDH Wills 1965 Charitable Trust			0	1,000
William A Cadbury Charitable Trust			0	500
Charles Brotherton Trust			0	200
	88,140	0	88,140	82,128

Birmingham PHAB Camps

Notes to the Accounts (Continued)

31st October 2024

4. Donations

	Unrestricted	Restricted
Barratt Homes Gala Dinner	28,348	
Barratt Homes Golf Day	3,185	
Enterprise RAC UK Ltd	2,500	
Steel and Alloy Steel Processors	1,000	
Misc. and anon	2,009	
Volunteer Membership fees	1,025	
In memory of Richard Peplow (Child and adult on camps)	500	
Dr Paul Greaves	400	
Mr C Douglas	360	
In memory of Reg Allbones (Volunteer)	250	
On line donations via Charities Trust	200	
Ninestyles Academy	200	
Mr K J Fleming	230	
J & D Potter	120	
Mr Peter Brett	120	
	<hr/>	
	40,447	0
	<hr/>	

5. Expenditure on Camps

	<u>No of Participants</u>		<u>Cost</u>	<u>Parental Contribution</u>	<u>Net Cost</u>
	<u>Children</u>	<u>Volunteers</u>			
Junior	20	15	31,820	(1,713)	30,107
Senior	24	16	34,107	(1,820)	32,287
Venture	25	15	37,733	(1,895)	35,838
Discovery	10	13	19,083	(920)	18,163
Festival	9	14	6,645	(1,370)	5,275
Day Trips			894		894
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	88	73	130,282	(7,718)	122,564
	<hr/>				

6. Expenditure on Day Trips/ Online events

We took a group of children from Discovery camp to Drayton Manor Theme park on December 10th 2023, at a cost of £894.

7. Fundraising Income and Costs

	<u>Income</u>	<u>Costs</u>
Charges on Peoples Fundraising online Giving Platform		209
	<hr/>	
	0	209
	<hr/>	

Birmingham PHAB Camps

Notes to the Accounts (Continued)

31st October 2024

8. Fixed Assets

**Fixtures,
fittings and
equipment**

Cost

At the beginning of the year

7,999

Additions

At end of year

7,999

Depreciation

**Basis
Rate**

**SL
25%**

At the beginning of the year

7,495

Depreciation

167

At end of year

7,662

Net book value at the beginning of the year

504

Net book value at the end of the year

337

9. Restricted Fund

A donation was received from The Morrisons Foundation to be used for day trips . Due to Covid-19 a trip that was arranged could not go ahead at the time of the donation and a trip to Drayton Manor Park took place in December 2023. We are planning to run a few day trips in 2025 that will use up the restricted fund balance.

10. Reserves Policy

The reserves of the charity are held in the accumulated fund. The Board's policy is to progressively increase reserves to six months unrestricted expenditure. The Trustees consider six months to be an appropriate period for outstanding liabilities to be met and ensure orderly winding down of the charity if necessary.

Where Reserves are held

The majority of reserves are held in interest bearing accounts with CAF Bank Ltd.

11. Transactions with Trustees and Related Parties

No trustees have been paid any remuneration or received any other benefits from volunteering for the charity.

During the year there were no related party transactions. (2023: None)

Independent Examiner's Report to the Trustees of Birmingham PHAB Camps

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31st October 2024, which are set out on pages 10 to 189

Responsibilities and basis of report

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Independent examiner's statement

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2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

C T Edwards
of
C T Edwards Ltd
26 Darnford Moors,
Lichfield,
Staffordshire
Date: 14th January 2025

BIRMINGHAM PHAB CAMPS

England & Wales - Charity number 502073

Accounts



2023 REPORT AND ACCOUNTS

Registered Charity 502073

REPORT OF THE TRUSTEES OF BIRMINGHAM PHAB CAMPS

YEAR ENDING 31ST OCTOBER 2023

LEGAL AND ADMINISTRATIVE INFORMATION

Working Name	Birmingham PHAB Camps
Constitution	Birmingham PHAB Camps is an unincorporated association charity (number 502073). It is a voluntary organisation. Its Governing document is its constitution; and rules and operates under Birmingham PHAB Camps Operational Guidelines 2015.
Objects	To provide holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area.

Board of Trustees

The following served during the year

Mr Andrew Miles – Chair
Ms Emma Spittle – Vice Chair
Mr Anthony Rate – Treasurer
Miss Jen Hardy – Secretary
Mr Grant McCaig – Trustee
Ms Jackie Redding – Trustee

Election of Trustees

Trustees are elected by members at the Annual General Meeting and serve for a period of 3 years. There is no maximum number of terms that a Trustee can serve as long as they are re-elected. The board will meet 4 times a year to review aims, policies, strategy, finance and sustainability.

Management

The officers of the charity will serve on the Operational Committee together with at least 7 other members inclusive of leaders for any given year. They will meet 11 times a year. Anyone involved with Birmingham PHAB Camps can join the committee but are not subject to election. All members have to join at least one of the sub teams - Fundraising, Holiday allocation, Volunteer allocation, Leadership, Communications and Transport. These sub teams are responsible for carrying out the ongoing organisation of the holidays and the Charity each year, reporting to the Operational Committee.

Principal Professional Advisors

Bankers	CAF Bank Limited, Kings Hill, West Malling, Kent ME19 4TA
Independent Examiner	C T Edwards FCCA of CT Edwards Limited, 26 Darnford Moors, Lichfield.
Charity address	As a voluntary organisation, we operate without a physical base, but hold physical meetings and training events at the University of Birmingham.
Website	www.bhamphabcamps.org.uk
Charity Commission Number	502073

TRUSTEES REPORT

Charity Aims and Organisation

Birmingham PHAB Camps is a voluntary organisation that provides holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area. We are staffed entirely by volunteers. We arrange a series of holidays for groups of twenty or so young people, in various age groups, during Easter and the summer holidays. Three of our holidays (Junior, Senior and Venture) are age-specific, and integrate a minimum of ten disabled and ten non-disabled children on each of them. The fourth holiday (Discovery) is a new programme for us designed at offering a holiday to create friendships for a smaller number of children with learning difficulties who would find the other camps too overwhelming.

We provide a range of fun and stimulating activities from canoeing and archery to raft building and ropewalks, along with visits out, such as the beach, theme parks, ice-skating, escape rooms and other excursions. The young people are given the opportunity to participate in new and challenging experiences where everyone participates together, no matter what their ability.

Families are asked to contribute only what they can afford towards the cost of a PHAB holiday, which leaves the charity with a lot of fundraising to do, as well as organising all the holidays. Everyone works voluntarily so there are no salaries to pay and few expenses are claimed. This means that our administration costs, which includes the cost of DBS checks and the licence for our Safeguarding app, are less than 5%. This has increased from 2% to 5% this year as our insurance costs increased from £584 to £3,059.

Charities and Public Benefit

The Trustees confirm that they comply with their duty to have regard to the Charity Commission guidance on public benefit in exercising their power and duties and deciding what activities the charity should undertake. As can be seen in this report, and within the Objects on page 1, the charity has charitable purposes or 'aims' that continue to be, and are carried out for, the public benefit. The Trustees also believe that the opportunity to benefit is not unduly restricted, that people in poverty are not excluded, that there is no detriment or harm arising from carrying out Birmingham PHAB Camps aims and that any private benefits received, other than as a beneficiary, are incidental.

Financial Review

The total incoming resources for the year were £123,404 (2022: £114,862) against expenditure of £121,388 (2022: £143,137) leading to a increase in total funds of £2,016. A receipt in late October from a Barratt Homes Boxing Event of £19,716 is for 2024 holidays.

Accumulated funds as of 31st October 2023 amounted to £70,452 (2020: £68,436).

This year we have been able to run 4 holidays in the summer. Costs have continued to increase as inflation continues to be high. Leader shortages prevented us running one holiday at Easter

We are planning to hold 4 holidays in 2024, with Discovery Camp increasing numbers following a successful launch in 2023. This remains less than usual, due to a shortage of experienced leaders, however, we do plan to run a short trip to a festival for young adults with disabilities for a weekend in July. Our budget for these holidays would be £135,000. We anticipate an overspend of £26,500 leaving us with unrestricted reserves of £41,936.

Risk Review

The Trustees have a continuous process of risk assessment and maintains a risk register. Risks areas identified cover reputational, financial, operational and regulatory.

The Trustees consider that the areas where the impact of risk could be highest are:

- loss of experienced volunteers
- significant reduction in Trust Fund donations
- health and safety of our young people, which is monitored at all times

TRUSTEES' RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that year. In preparing those accounts, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with charity law. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINATION OF THE ACCOUNTS

Charity law does not require the accounts to be audited, but, if not audited, an Independent Examiner's Report must be provided. The Trustees have appointed C T Edwards FCCA to undertake this work.

Approved by the Board of Trustees on 9th January 2024 and signed on their behalf by



Andrew Miles
Chair



Anthony Rate
Treasurer

CHAIRS' STATEMENT

The two of us (Emma and Andrew) feel such a sense of delight at how the year has gone. Feedback from parents, samples of which you can read in the individual camp reports below, contained so many examples of the positive change made on their children's lives. One parent wrote: *"I knew she would come back a different child but I didn't realise it would impact her future life quite so much. It's a shame that every child can't experience a PHAB camp. She has realised that she is a wonderful person and it's not just us who think it. Her self-esteem has sky-rocketed and she has made some truly great friends and all I can say is Thank You!"* This says it all really. We see it and hear it every year and that is why we all do it. So first and foremost, we want to thank all our donors for making all this possible!

The year has involved many surprises. For instance, neither of us expected to see long term volunteers Avneet Johal and Simrute Kaur battle it out in a Boxing Ring to raise money for PHAB. We're grateful to both for the weeks' of training and genuine physical pain they put in to help raise over £20K for the camps this year, and we are excited that after thirteen years of volunteering, Sim will be leading one of the camps for the first time next summer. We would also like to thank Barrett and David Wilson Homes for running the Boxing and other fundraising events this year, with us as one of their chosen charity recipients. Another surprise was the advent of a brand new camp we had not even conceived of this time last year. Following our announcement that we did not have the resource to run a Breakfree Camp in 2023, Emily Meyrick a relatively new volunteer, and Vicky Whiston, a long-term volunteer, came forward with a suggestion for a brand new camp, one that would focus specifically on children with learning difficulties that mean they would likely find our integration camps too much, whilst Breakfree not stimulating enough. They suggested an alternative camp that would allow such children to make friends and build upon their independence with the help of our volunteers. We trialed it this year with six children and it proved such a success that we plan to run it again next summer with ten children. Not only that but Emily demonstrated yet more entrepreneurial spirit and commitment by conceiving of and creating a reunion event for this year's children at Drayton Manor to help them build upon and maintain the friendships they made. We want to express our gratitude to Vicky and Emily for coming forward this year, venturing into the unknown and adding so substantially to what PHAB was able to offer children and families.

This entrepreneurial spirit looks set to continue into next summer. Many of you will know that we were not able to offer any holidays to young disabled adults this year due, again, to lack of leader resource, but former volunteer Rachael Lane has stepped forward to suggest a new approach for next summer in the form of a short holiday for young disabled adults at an actual festival. With many existing volunteers having already agreed to take part, even before we advertise it formerly, this looks highly likely to take place and a great example of what more we could do if new leaders come forward.

We want to thank this years' leaders Lauren Scrivens, Gulshan Afshan, Bobbi Berrow, Ellen Beech, Dan Scrivens, Chris Davison, and Vicky and Emily for putting together four such wonderful camps this summer. We're delighted to confirm that Bobbi and Ellen have agreed to lead Senior once again in 2024, and we're excited to welcome Bekki Novak and Clara Morate who have come forward to lead Junior next summer, and Kerry-Ann Owen and Sim Kaur who will be leading Discovery.

As of yet, we have still to identify who will lead Venture next summer, which is a worry and a reminder, if one be needed, that we are an entirely voluntary organisation, and can only ever offer what we have the right number of experienced volunteers to deliver. On that note, to recognise the amount of work leaders undertake in putting the camps together, we're trialing a new extended Leadership Team approach next summer, whereby the two named leaders will be joined by an experienced volunteer as a "supporting partner", as well as making each camp's assigned Medical Officer formally part of the leadership team. We genuinely hope that this will take some of the pressure off leaders and help somewhat to spread the load.

In last year's report we announced the rollout of three operational improvements:

- A brand-new secure online system to record, monitor and act upon all incident forms.

The system that we opted for is CPOMS, a safeguarding software application used by many schools in Birmingham. This proved an immense success. It meant that our Safeguarding Team, led by Jackie Redding, could monitor all reports in real time and advise leaders accordingly. We are delighted with how well the system operates, the time it has saved, and the response of all our volunteers who have stated it is much more efficient than our previous paper-based system.

- An new online child referral form and visit form.

Again, leaders have been massively positive about this new development, the time it has saved them and the information that it has provided ahead of child visits not previously possible. The Holiday Allocation Team

have met to improve the system further for next summer based on the learning from this year. Our thanks once again to Chris Davison and Jeremy Rison who support Emma with this part of our operation.

- A fully online DBS processing system.

We now use Disclosure Services Ltd, to carry out our DBS checks online, dispensing with paper forms which were time consuming and prone to user-error. This has proved most affective. Aside from the convenience, it has proved a safer method as paper applications were taking up to three months to be returned upon occasion, whereas online applications are processed and returned literally within days. Our sincere thanks to James Bashford for taking the time to fully research, implement and tirelessly administer this process with all our volunteer applicants.

We are proud of how these developments have made our operations more up-to-date, robust, and sustainable. An area we struggle to innovate in, however, is fundraising. Despite having instituted a new team to carry this out at the end of last year, as a locally focused organisation, it is hard to know how to fundraise beyond our own small network. We therefore remain indebted to the tireless efforts of our former Chair, Maxine Ross-Wallis, who continues to lead on our Trust Fund applications, without which we simply could not operate. Our thanks also to the volunteers of Discovery and Junior Camp who carried out their own online fundraising, which is fantastic, and to our fellow Trustee Jen Hardy, who once again orchestrated our Annual Wheel and Walk event this year, which has been a staple of the charity's fundraising since 1972 and we truly encourage all families and volunteers to get sponsored for this event in 2024.

Before we close, we would like to say thank you as ever to our Treasurer Tony Rate. Tony not only manages PHAB's accounts and financial transactions, he helps all our leaders budget for their camps and supports in nearly all other areas of the charity's operation. He genuinely cares about the outcomes for all the children we support and is a constant rock for both of us. We could not be more grateful.

Finally, we want to thank Lauren Scrivens for overseeing our Volunteer Recruitment operation for the last two years. All our applicants require interviewing, reference checking, CV checking, DBS checking and training. And Lauren's role in overseeing this, unpaid, as with all of us, is considerable. She has carried it out with good humour, attention to detail and commitment. As a former child of the camps, a volunteer and now a camp leader, Lauren is an integral part of all that we stand for. She and her husband are now heading off

to live in Australia for a few years, but we are certain this is not goodbye, and we want to wish her and Rob all the very best in their next step together. In the meantime, James will be taking on Lauren's role with the able support of Bobbi, Dan and Ellen.

As we look ahead to next year, we are deeply heartened at having launched a completely new camp this year, thanks to the ingenuity of two of our volunteer leaders, and we're excited by the prospect of doing something similarly new and innovative for young disabled adults next summer. We hope this encourages other volunteers to approach us with new and innovative ideas to reach yet more young people in Birmingham in the summers to come!

Andrew Miles & Emma Spittle
Chair & Vice Chair

2023 HOLIDAYS AND ACTIVITIES

During 2023 we arranged a programme of 4 PHAB Camp holidays. A total of 130 individuals took part and a breakdown of the holidays is detailed below.

CAMP & Dates	Leaders	Age Group	Number of participants			Venue
			Disabled	Non-disabled	Volunteers	
JUNIOR 5 th – 12 th August	Lauren Scrivens & Gulshan Afshan	8-10	10	10	17	Wingate Centre
SENIOR 12 th – 19 th August	Ellen Beech & Bobbi Berrow	11-13	11	11	17	Wingate Centre
VENTURE 12 th – 19 th August	Daniel Scrivens & Chris Davidson	14-16	10	11	14	Bendrigg Lodge
DISCOVERY 31 st July – 4 th August	Emily Meyrick & Vicky Whiston	12-16	6	0	13	Wingate Centre
		Total	37	32	61	= 130

With the exception of Venture Camp, which stayed at Bendrigg Lodge in Cumbria, all other camps once again visited The Wingate Centre in Cheshire. We are in the process of looking at a possible alternative venue for next year's camps.



Junior

Junior Camp returned to the Wingate Centre again this summer, in what, to many of us, feels like 'coming home'. For around half of the 20 young people that we took away, it was their second or third camp, so starting with a scavenger hunt was the perfect opportunity for them to show their independence as they guided the volunteers around the centre. The theme of this year's Camp was 'Disney' and we quickly got settled into our three groups (Disney, Marvel and Star Wars) with team challenges which ended with a crazy toilet paper fight. It wouldn't be a Junior Camp

without a week packed full of days out, bus sing-a-longs, plenty of craft and lots of stories and this year was no exception. We kicked the week off with a visit to the Ice Cream Farm, which saw groups bouncing, splashing and eating their way through the first full day. A firm favourite on Junior Camp is a morning spent swimming at Dimensions swimming pool in Stoke. This year, with the help of a fantastic and experienced volunteer team, we were able to enable two of our young wheelchair-users up to ascend the spiral staircase to go down the slide, something we were not able to do last year. The girls absolutely loved the experience and the volunteers left on a high, knowing we had given them an experience they couldn't get off camp. This year also saw the return of a beach day, something Junior Camp hasn't done since 2016! We had been able to hire two beach wheelchairs which meant, after a fish and chip lunch on the promenade, every one of our children could make their way to the sea, singing very loudly as we went! We were blessed with warm weather which allowed us to spend two hours happily splashing in the sea, building epic sand forts, collecting shells and admiring jellyfish (from afar!).

It was amazing to see how quickly friendships had formed this year, with one of the children remarking "it's crazy we've only known each other for less than 24 hours" whilst they all sat around enjoying their ice creams. This was a common theme throughout the week and meant that our volunteers could take a step back and let the children play independently as they had become so well integrated. It was wonderful to see children ask their peers if they could push their wheelchairs, help them cut up their food and put their shoes on, all without prompting from us. PHAB's mission is to integrate and seeing this level of understanding form between our disabled and non-disabled participants so early on is utterly fulfilling. Many of the parents stated how much more confident their children have appeared since the camp!

Volunteer feedback:

"The emotions of seeing each person having a good time was overwhelming at times and made the whole week something to remember for years to come."

Parent feedback:

"Rainie had "the best amazing super fantastic time in the whole universe" (her words)! She has come back a more confident little grown-up girl. Learnt a bit of sass while away... it's really made a difference. Boosting her friendship skills."

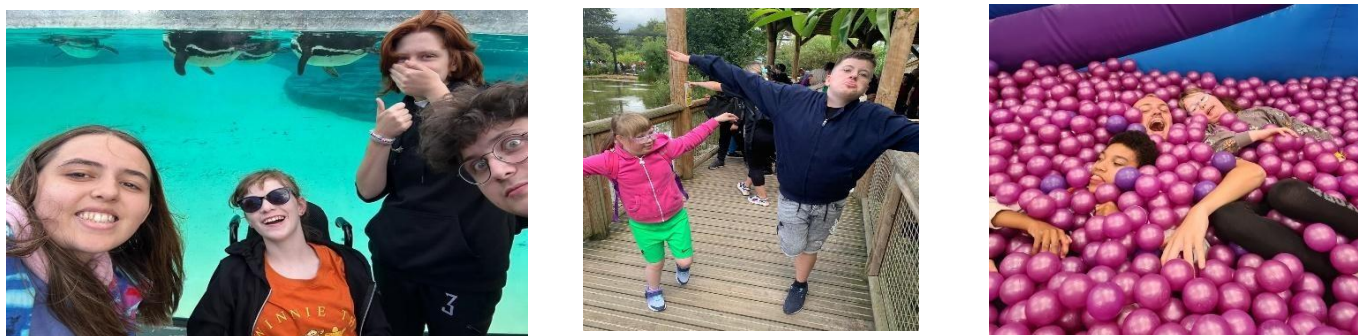


Senior

Senior camp took the largest number of children of any camp this year and enjoyed a huge diversity of abilities, ethnicities and personalities, making for a fantastically fun group! Senior goes to the same Centre as Junior but we try to make it a noticeably different camp in recognition that the children are that much older! As the pictures below show, they really enjoy that free time to hang out and have fun together, which they can do around the Centre quite independently. As a result we were seeing the friendships develop fast!



Throughout the week we did lots of different activities including the Chester Zoo which was a nice engaging start to the week.



Then we ramped it up a gear and tried something new for senior; we went to Petty Pool Outdoor Centre, which was a great day, despite the weather(!), where the children embraced everything, giving all the activities their best go, which meant lots of them managed to achieve a lot more than they expected.



Luckily the next day the weather was a lot better for us which gave us the opportunity to go Telford park, which gives the children chance to develop their friendships more and explore the fantastic park equipment or play team sports.



We also took the children to an indoor snow-park, waterpark and inflatable park, all of which they loved!



Then at the end of the week we love to have a celebration of the week going to well, the friendships we have made and to give it a fun goodbye with a talent show and party.



Parent Feedback: *“Lucy absolutely loved it. Her roommate, her friends, the adults, the activities, everything! She really wants to go next year! One thing she struggles with is being herself socially, but she has come home more confident. She made friends with everyone and was able to be herself without the intense emotions. She also learnt more about disability. Seeing her smiling and non-stop talking about it was priceless. I just want to say thank you from the bottom of my heart; my girl grew up so much in a week.”*



“Ryan had the best time ever. He had never been away without us before, so it’s made him feel more confident and grown up. We missed him terribly but were happy for him to have such a fun time with new friends and carers. All I can say you have a fantastic team giving such lovely care and support they give each child. I can’t thank you all enough for support you gave Ryan he cried once home as he wanted to go back to you all.”

Discovery



Discovery camp was a new and exciting addition to PHAB this year. Emily, Vicky, Emma and Andrew began discussing the possibility of a camp or even a day out due to Breakfree not going ahead. This led to a new camp, named Discovery, designed for children who may struggle on the other three camps due to the nature of their learning difficulty, with a view to help them grow in independence, problem solve for themselves and make long lasting friendships, which is something that was certainly achieved throughout the week, and on-going since camp.

The theme for the week was colour and brightness, we arrived at the Wingate to colourful posters on our doors and a nice, warm welcome. Throughout the week, we took part in many activities, including: a visit to Chester Zoo, an action-packed day at Alton Towers, Bowling, Swimming and visiting Pizza Hut for an all you can eat buffet! Yum ☺. At the Wingate Centre we made use of the gym and sensory room, as well as playing on their new outdoor equipment and toasting marshmallows around the fire pit. During training day, we encouraged the volunteers to choose their own roles from a job list which encourages everyone to feel they have a part in preparing for the camp. One volunteer nominated herself to create a interactive sensory story, and another took the lead on supporting with the tie dye.



Activities were planned carefully, and with all the children in mind. We ensured to ask each child during the home visits which activity they would prefer, before we booked it. Discovery Camp gave children new experiences and the



encouragement to express themselves, as well as make new friends. Volunteers were eager to support this aim and took this on board during their interactions with the children, encouraging both friendships and independence throughout the week we were away. With the support of the volunteers, the children completed their own diaries to record the events of the week, using photos, leaflets and 'phrases of the day'. This is intended to be a keepsake, along with a memory stick full of photos, to remember their camp experience.

Our last night was a colour themed party night, where both volunteers and children dressed up in brightly coloured, rainbow clothes. The night started with a takeaway, followed by fun party games and plenty of songs and dancing. An amazing end to a truly wonderful week. As with all camps, Discovery wouldn't have been a success without each and every volunteer who came away. Volunteers worked tirelessly throughout the week to ensure all children were cared for and happy.

Parent feedback: *"We can't put into words how grateful we are for Bradley to have been chosen to have this experience! He's like a new man."*

"I really was so chuffed how well he coped and how lovely he was with the other children, and he went on scary rides at the theme park which I thought he would never do and really came out of himself. The volunteers obviously did an amazing job and we can't thank them enough. He made some lovely friends which was so nice as he doesn't have many and we will keep in touch with them."



"Molly is a wonderful, joyful young person, and the only hard thing about being her parents is that we can't give her the focus, social opportunities and wonderful life experiences that she needs. Discovery camp and your amazing volunteers have done that in spades this week. We've been crying happy tears every night looking at the photos and seeing just how happy, sociable, confident and relaxed she has been. She needed this so badly and I know she will cherish the memories she's made forever."

...Discovery Reunion Day-out (December 2023)



Discovery Camp did not quite end there this year! It was felt that given the children had made such good friends, that it would truly benefit them all to meet together again as a group. We put this idea to the parents to put to the children themselves. All the children immediately said yes, and apparently parents had trouble containing their excitement until the date! A Christmas-themed trip to Drayton Manor was arranged for December and what was notable was the strength of their friendships, highlighted by how they all greeted each other upon arrival. Jayden, in particular, running up to say hello to each child! A huge thanks to Emily Meyrick for organising this day and volunteers who travelled from as far as Wales and Scotland just to help out for the day!

Venture

Oh, what a feeling to be back at Bendrigg for another Venture Camp. A large group of teenagers deprived of their mobile phones for a week for some sounds like an experiment waiting to go wrong but as always we found ourselves blessed with a vastly experienced & dedicated volunteer team and a hilarious, diverse group of intrepid teenagers.

Having seen a large cohort of regular camp attendees 'graduate' from their final camp last year we welcomed a largely new group of



teenagers onto Venture. In the almost sunny British summer weather of the Lake District we completed a jam packed week of challenging accessible activities seeing us canoeing, abseiling, swimming, hiking, biking, caving & completing escape rooms amongst many other things. Alongside this we had a memorable rainy day at Blackpool beach enjoying the water park, arcades and of course, fish & chips on the beach.



Thursday saw us do something rather new this year – a visit to the Theatre by the Lake in Keswick to see ‘The 39 Steps’ which truly captured the imagination of our whole group. The play is both a thriller and a comedy, and we were lucky enough to attend a “relaxed performance” specially designed to support people of all abilities to engage and feel welcome in the space. At one point Luke literally asked one of the performer’s “what just happened!?” when one of the characters met an unexpected demise; “nothing good I assure you” he responded in character, much to Luke’s delight! A real highlight was a Q&A with the actors after the performance. As volunteers we watched in awe as all the children began asking a fantastic array of questions. One boy said after that he can’t wait to go to the theatre again having experienced it for the first time.

We had some truly memorable evenings at camp this year too. The volunteers were largely able to step away and allow the participants to really enjoy each other’s company. Exploring the grounds, star gazing, playing cards & board games. The group formed a really strong bond and it was great to see them forming friendships and supporting each other without the interactions of the volunteers. Complementing this we had the customary paint & water fights, a campfire, crafts and also this year of course a rodeo bull!

The end of the week concluded with a final night party with everyone in fancy dress for our theme cowboys vs. aliens and we danced late into the night.



Parent Feedback: “Jess had an amazing time on camp. She’s told us so much about it. It’s been so good for her to do something without us being around all the time. She’s really proud of herself. She definitely got so much out of it. Even little things like watching films she wouldn’t normally watch as she tends to get in a bit of a rut and doesn’t like trying new things which means her interests aren’t always age appropriate – too young for her I mean. I think my favourite thing Jess has said was when I asked her if she enjoyed the last night party and she nonchalantly said ‘Yeah I had a couple of drinks and got a tattoo.’ Really made us laugh! Given she was going away with children without disabilities, we did not know how the other children would respond to her; we thought it could damage her confidence if they were unkind or ignored her; instead they’ve helped her blossom as a teenager and feel part of the crew!”

Birmingham PHAB Camps

Statement of Financial Activities for the year ended 31st October 2023

		Unrestricted Funds £	Restricted Funds £	Total Funds £	Prior year funds £
Incoming resources					
Donations					
Trust Funds & Charities	Note 3	82,128		82,128	94,739
Donations	Notes 4 & 9	29,082		29,082	5,929
Sponsored Wheel and Walk		1,134		1,134	2,282
Volunteer Sponsorship		1,020		1,020	1,950
Parents & Participants contributions	Note 5	4,537		4,537	5,003
Gift Aid claims		1,762		1,762	951
		119,663	0	119,663	110,854
Funds raised by volunteers	Note 7	3,028		3,028	3,896
Bank Interest		713		713	112
Total		123,404	0	123,404	114,862
Resources expended					
Expenditure on raising funds					
Incurring seeking donations					
Printing and Stationery		0		0	43
Fundraising costs	Note 7	492		492	2,615
		492	0	492	2,658
Charitable activities					
	Note 5				
Junior camp		33,606		33,606	32,071
Senior camp		36,628		36,628	30,021
Venture camp		31,112		31,112	28,844
Breakfree camp		0		0	29,576
Discovery camp		13,496		13,496	0
Adult Breakaway camp		0		0	15,583
Freedom camp - Cancellation costs		0		0	1,640
Day Trips/ Online events	Note 6	0	0	0	0
		114,842	0	114,842	137,735
Other expenditure					
Training		482		482	420
Equipment		622		622	804
Insurances		3,059		3,059	584
Postage and Stationery		24		24	223
Bank Charges		66		66	143
Travelling expenses		35		35	90
Software & DBS checks		876		876	30
Depreciation	Note 8	168		168	0
Leaders thank you		272		272	0
Governance costs					
Independent Examination fee		450		450	450
		6,054	0	6,054	2,744
Total		121,388	0	121,388	143,137
Net income		2,016	0	2,016	(28,275)
Total Funds brought forward		66,436	2,000	68,436	96,711
Total Funds carried forward		68,452	2,000	70,452	68,436

Birmingham PHAB Camps

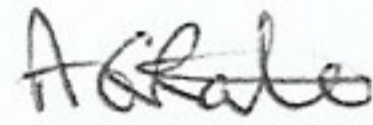
Balance Sheet as at 31st October 2023

		<u>Unrestricted</u> <u>Funds</u>	<u>Restricted</u> <u>Funds</u> £	<u>Total Funds</u>	<u>Prior year</u> <u>funds</u> £
<u>Fixed Assets</u>					
Tangible Assets	Note 8	504		504	0
<u>Current Assets</u>					
Short term deposits- CAF BANK Ltd		55,329	1,790	57,119	50,920
Cash at bank and on hand		3,217		3,217	9,429
Debtors and Prepayments		9,876	210	10,086	8,762
	Total Current Assets	<hr/> 68,422	<hr/> 2,000	<hr/> 70,422	<hr/> 69,111
Less Creditors (accruals) falling due within one year		474		474	675
	Net Current Assets	<hr/> 67,948	<hr/> 2,000	<hr/> 69,948	<hr/> 68,436
	Total assets less current liabilities	<hr/> 68,452	<hr/> 2,000	<hr/> 70,452	<hr/> 68,436
	Total assets	<hr/> 68,452	<hr/> 2,000	<hr/> 70,452	<hr/> 68,436
<u>Funds of the Charity</u>					
Restricted income funds	Note 9		2,000	2,000	2,000
Unrestricted funds	Note 10	68,452		68,452	66,436
	Total Funds	<hr/> 68,452	<hr/> 2,000	<hr/> 70,452	<hr/> 68,436

Signed by two Trustees



9th January 2024



Note 1 **Basis of preparation**

1.1 Basis of accounting

The accounts have been prepared in accordance with:

- The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Cash flows

Advantage has been taken of the exemption available in section 7 of FRS102 in not preparing a statement of cash flows.

Note 2 **Accounting policies**

2.1 Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Tax reclaims on donations and gifts Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Volunteer help The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report

Investment income This is included in the accounts when receivable

2.2 Expenditure and liabilities

- Liability recognition** Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
- Creditors** The charity has creditors which are measured at settlement amounts less any trade discounts
- Provisions for liabilities** A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date
- Taxation** As a registered Charity the Charity benefits from rates relief and is generally exempt from Income Tax and Capital Gains Tax, but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

2.3 Assets

- Tangible fixed assets for use by charity** These are capitalised if they can be used for more than one year, and cost at least £250
They are valued at cost.
The depreciation rates and methods used are disclosed in note 8
- Debtors** Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Notes to the Accounts (continued)

	31st October 2023			Prior year £
	Unrestricted Funds £	Restricted Funds £	Total £	
3. Income from Trust Funds & Charities				
Cash Received				
Wadsworth Family Charitable Fund	19,277		19,277	21,614
We are all making a difference Charitable Trust	10,000		10,000	0
Fit for All Childrens Quarter	7,976		7,976	20,542
George Fentham Birmingham Charity	6,000		6,000	6,000
The Grantham Yorke Trust	5,000		5,000	5,000
The Roger & Douglas Turner Charitable Trust	5,000		5,000	5,000
Lord Austin Trust	5,000		5,000	2,000
ALA Green Charitable Trust	4,000		4,000	3,000
The 29th May 1961 Charitable Trust	3,000		3,000	3,000
The Kelton Charitable Trust	3,000		3,000	0
The Grimmitt Trust	2,500		2,500	2,000
Sparkhill Charitable Trust	1,100		1,100	1,000
Rotary Club of Birmingham Endowment Trust	1,000		1,000	2,000
The Dumbreck Charity	1,000		1,000	1,000
The WED Charitable Trust	1,000		1,000	1,000
The George Henry Collins Charity	1,000		1,000	1,000
Baron Davenport's Charitable Trust	1,000		1,000	1,000
The HDH Wills 1965 Charitable Trust	1,000		1,000	0
Eric Wilfred Vincent Trust Fund	825		825	750
The Barratt Developments PLC Charitable Foundation	750		750	1,000
The Joseph Hopkins and Henry James Sayer Charitable Trust	700		700	1,000
Richard Cadbury Charitable Trust	500		500	500
Gowling WLG (UK) Charitable Trust	500		500	500
William A Cadbury Charitable Trust	500		500	0
The Fitton Trust	300		300	300
Charles Brotherton Trust	200		200	200
Sir John Sumners Trust			0	450
Graham Griffiths, David East and Heart of England Community Fund			0	5,183
The Albert Hunt Trust			0	2,000
The Grail Society (Waxwell) UK			0	2,000
The Jaguar Pantomime Society			0	1,500
The Keith & Joan Mindelsohn Charitable Trust			0	1,000
The Patrick Trust			0	1,000
The Bentley Family Trust			0	1,000
The J A Gillett Charitable Trust			0	500
Rotary Club of Kings Norton Charitable Trust			0	500
The Square Patton Boggs Charitable Trust			0	200
	82,128	0	82,128	94,739

Birmingham PHAB Camps

Notes to the Accounts (Continued)

31st October 2023

4. Donations

	Unrestricted	Restricted
Barratt Homes Boxing Evening	19,716	
Barratt Homes Golf Day	5,352	
Misc. and anon	1,129	
Volunteer Membership fees	975	
Mr C Douglas	360	
On line donations via Charities Trust	300	
Ninestyles Academy	300	
Mr Roger Miles	200	
Dr Paul Greaves	180	
Online donations via Facebook	165	
C & C Goodier	165	
J & D Potter	120	
Mr Peter Brett	120	
	<hr/>	
	29,082	0
	<hr/>	

5. Expenditure on Camps

	<u>No of Participants</u>		<u>Cost</u>	<u>Parental Contribution</u>	<u>Net Cost</u>
	<u>Children</u>	<u>Volunteers</u>			
Junior	20	17	33,606	(1,189)	32,417
Senior	22	17	36,628	(1,700)	34,928
Venture	21	14	31,112	(1,305)	29,807
Discovery	6	13	13,496	(343)	13,153
Day Trip/Online events			0		0
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	69	61	114,842	(4,537)	110,305
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

6. Expenditure on Day Trips/ Online events

It was not possible to hold any day trips this year, but an event is planned for December 10th 2023.

7. Fundraising Income and Costs

	<u>Income</u>	<u>Costs</u>	<u>Net Income</u>
Joy Potter Coniston Swim	1,303		1,303
Avneet Johal & Simrute Kaur Boxing event	926	98	828
Lois Easthope Hair cut sponsorship	715		715
Sabrina Khanam boxing	84		84
Charges on Peoples Fundraising online Giving Platform		214	(214)
Sponsored Walk costs		180	(180)
	<hr/>	<hr/>	<hr/>
	3,028	492	2,537
	<hr/>	<hr/>	<hr/>

Notes to the Accounts (Continued)

31st October 2023

8. Fixed Assets

		<u>Fixtures, fittings and equipment</u>
<u>Cost</u>		
At the beginning of the year		7,327
Additions		672
At end of year		<u>7,999</u>
<u>Depreciation</u>	<u>Basis Rate</u>	<u>SL 25%</u>
At the beginning of the year		7,327
Depreciation		168
At end of year		<u>7,495</u>
Net book value at the beginning of the year		<u>0</u>
Net book value at the end of the year		<u>504</u>

9. Restricted Fund

A donation was received from The Morrisons Foundation to be used for day trips . Due to Covid-19 a trip that was arranged could not go ahead and a trip to Drayton Manor Park is now arranged for December this year .

10. Reserves Policy

The reserves of the charity are held in the accumulated fund. The Board's policy is to progressively increase reserves to six months unrestricted expenditure. The Trustees consider six months to be an appropriate period for outstanding liabilities to be met and ensure orderly winding down of the charity if necessary.

Where Reserves are held

The majority of reserves are held in interest bearing accounts with CAF Bank Ltd.

11. Transactions with Trustees and Related Parties

No trustees have been paid any remuneration or received any other benefits from volunteering for the charity

During the year there were no related party transactions. (2022: None)

Independent Examiner's Report to the Trustees of Birmingham PHAB Camps

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31st October 2023, which are set out on pages 10 to 17

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

C T Edwards, FCCA

of

C T Edwards Ltd

26 Darnford Moors,

Lichfield,

Staffordshire

Date: 9th January 2024

BIRMINGHAM PHAB CAMPS

England & Wales - Charity number 502073

Accounts



2022
REPORT AND ACCOUNTS

REPORT OF THE TRUSTEES OF BIRMINGHAM PHAB CAMPS

YEAR ENDING 31ST OCTOBER 2022

LEGAL AND ADMINISTRATIVE INFORMATION

Working Name	Birmingham PHAB Camps
Constitution	Birmingham PHAB Camps is an unincorporated association charity (number 502073). It is a voluntary organisation. Its Governing document is its constitution; and rules and operates under Birmingham PHAB Camps Operational Guidelines 2015.
Objects	To provide holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area.

Board of Trustees

The following served during the year

Mr Andrew Miles – Chair - Appointed 1st April 2022

Ms Emma Spittle – Vice Chair- Appointed 11th January 2022

Mr Anthony Rate – Treasurer

Miss Jen Hardy – Secretary

Mr Grant McCaig – Trustee

Ms Jackie Redding – Trustee

Mr Andrew Hopkins – Chair - Resigned 28th March 2022

Election of Trustees

Trustees are elected by members at the Annual General Meeting and serve for a period of 3 years. There is no maximum number of terms that a Trustee can serve as long as they are re-elected. The board will meet 4 times a year to review aims, policies, strategy, finance and sustainability.

Management

The officers of the charity will serve on the Operational Committee together with at least 7 other members inclusive of leaders for any given year. They will meet 11 times a year. Anyone involved with Birmingham PHAB Camps can join the committee but are not subject to election. All members have to join at least one of the sub teams - Fundraising, Holiday allocation, Volunteer allocation, Leadership, Communications and Transport. These sub teams are responsible for carrying out the ongoing organisation of the holidays and the Charity each year, reporting to the Operational Committee.

Principal Professional Advisors

Bankers	CAF Bank Limited, Kings Hill, West Malling, Kent ME19 4TA
Independent Examiner	C T Edwards FCCA of CT Edwards Limited, 26 Darnford Moors, Lichfield.
Charity address	As a voluntary organisation, we operate without a physical base, but hold physical meetings and training events at the University of Birmingham.
Website	www.bhamphabcamps.org.uk

TRUSTEES REPORT

Charity Aims and Organisation

Birmingham PHAB Camps is a voluntary organisation that provides holidays aimed at creating inclusive and diverse friendships for all children, with and without disabilities, living throughout the Birmingham area. We are staffed entirely by volunteers. We arrange a series of holidays for groups of twenty or so young people, in various age groups, during Easter and the summer holidays.

We provide a range of fun and stimulating activities from canoeing and archery to raft building and ropewalks, along with visits out, such as the beach, theme parks, ice-skating, escape rooms and other excursions. The young people are given the opportunity to participate in new and challenging experiences where everyone participates together, no matter what their ability.

Families are asked to contribute only what they can afford towards the cost of a PHAB holiday, which leaves the charity with a lot of fundraising to do, as well as organising all the holidays. Everyone works voluntarily so there are no salaries to pay and few expenses are claimed. This means that our administration costs are less than 2%.

Charities and Public Benefit

The Trustees confirm that they comply with their duty to have regard to the Charity Commission guidance on public benefit in exercising their power and duties and deciding what activities the charity should undertake. As can be seen in this report, and within the Objects on page 1, the charity has charitable purposes or 'aims' that continue to be, and are carried out for, the public benefit. The Trustees also believe that the opportunity to benefit is not unduly restricted, that people in poverty are not excluded, that there is no detriment or harm arising from carrying out Birmingham PHAB Camps aims and that any private benefits received, other than as a beneficiary, are incidental.

Financial Review

The total incoming resources for the year were £114,862 (2021: £78,691) against expenditure of £143,137 (2021: £110,304) leading to a decrease in total funds of £28,275.

Accumulated funds as of 31st October 2022 amounted to £68,555 (2020: £96,711).

This year we have been able to run one holiday at Easter and 4 holidays in the summer. Costs have increased significantly as inflation has been rampant. Leader shortages prevented us running one holiday at Easter

We are planning to hold 3 holidays in 2023, less than usual, due to a shortage of experienced leaders. Our budget for this would be £105,000. We anticipate breaking even leaving us with unrestricted reserves of £66,555.

Risk Review

The Trustees have a continuous process of risk assessment and maintains a risk register. Risks areas identified cover reputational, financial, operational and regulatory.

The Trustees consider that the areas where the impact of risk could be highest are:

- loss of experienced volunteers
- significant reduction in Trust Fund donations
- health and safety of our young people, which is monitored at all times

TRUSTEES' RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that year. In preparing those accounts, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with charity law. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINATION OF THE ACCOUNTS

Charity law does not require the accounts to be audited, but, if not audited, an Independent Examiner's Report must be provided. The Trustees have appointed C T Edwards FCCA to undertake this work.

Approved by the Board of Trustees on 17th January 2023 and signed on their behalf by



Andrew Miles
Chair



Anthony Rate
Treasurer

CHAIR'S STATEMENT

In many ways it still comes as a surprise to be writing this, given that I was not Chair at the start of the year and neither did I have any intention of being so. But circumstances were such that Andy Hopkins needed to step away, and a small voluntary run organisation such as ours requires a Chair who knows the running of the operation inside out to be able to lead it, and there aren't many of us! And, having been Vice Chair for many years' previously up until 2019, I at least had that knowledge. I am pleased to say that Andy has remained on with the charity as one of our most experienced camp volunteers, and we shall be forever grateful for the work that he, Jen Hardy and Tony Rate did back in 2021 to resurrect the camps and get us straight out of the fallow year of 2020 caused by Covid. Stepping back in has not been without its difficulties, given the amount of time required to run PHAB as Chair on top of a full time job and other commitments. I am extremely grateful, therefore, to Emma Spittle, our Vice Chair. We have worked together every step of the way, and I cannot say enough about the work Emma does for the charity, which she also does on top of a demanding full time job working as a teacher in a specialist school.

As to the year itself, I am beyond delighted that we ran a full set of camps over the summer and also brought back one of our young Adult Camps – Adult Breakaway – at Easter. I encourage you to read the reports below, which outline what took place on each of the camps, and the joy they brought. I would like to thank each of the camp leaders for the tremendous job they did in running the camps this year and the hours and hours (and hours!) of work you all spent in perfecting all the activities, care plans, risk assessments, training and schedules to make the camps the success they have been. I also find myself reflecting upon how we achieve this financially and, as ever, want to thank Maxine Ross-Wallis for her tireless efforts exploring and securing new funding streams for us each year, on top of our own fundraising efforts. Although retired from her long term position as both Chair and Trustee of the charity, Maxine continues to show her love for PHAB in this way and we simply would not be here without her efforts.

As we look ahead to next year I feel a mixture of excitement and some sadness. I am sad that it is becoming harder to generate new leaders. Just one year of camps not running back in 2020 broke momentum for the charity and, whilst we have been able to push ahead with camps these last two years, we have not been able to train-up new replacement leaders at the speed we would have liked. As such, we no longer have the ready bank of expertise to resurrect Freedom, our other young adult camp, or to run a Breakfree camp next year. My concern is that it will be hard to resurrect either camp in the future, unless we can persuade back a significant cohort of volunteers from the past who know what is required to run these camps and, therefore, I can see that our offering may be permanently reduced. With this in mind, I encourage anyone who would like to see either camp return in the future to approach Emma and I to discuss this during 2023. It is also with sadness that we will not be running Adult Breakaway next year because of the time pressures on those of us who have the knowledge to run this camp. However, Emma and I remain hopeful that there are enough of us who could band together to resurrect this camp in 2024.

In the meantime, I am beyond excited about the camps that we are running next year (Junior, Senior and Venture), and eternally grateful to the six leaders who have stepped forward to lead them, four of whom are brand new. I am also blown away by the commitment behind the scenes to improve the operations of the charity. In 2023 we will be:

1. Using a brand-new secure online system to record, monitor and act upon all incident forms. This will make our safeguarding process even more robust and allow our designated safe-guarding lead – off-camp – to be able to respond in real-time to any concerns raised. My thanks to Emma for getting this in place.
2. Using a new online child referral form and visit form. Leaders will quite literally not know they are born when they arrive at visits with just one form to complete in future (there were six before!), with much of it already filled-in by means of the online referral process. This is going to significantly reduce leaders' admin time, increase efficiency and access to vital care-plan data. My immense thanks to Chris Davidson, Jeremy Rison and Emma for the work they are doing to have this in place ready to go in 2023.
3. We will be operating a much more efficient volunteer recruitment process and, for the first time, we will be moving to an entirely online DBS processing system. This will make the DBS process far quicker and smoother for our volunteers and make the process of obtaining up-to-date DBS records for all volunteers ahead of the camps far more manageable for those on our team taking responsibility for doing so. My sincere thanks to Lauren Scrivens, Dan Scrivens and James Bashford who have quite honestly been working tirelessly to make this happen. My thanks also to Bobbi Berrow for offering to join and support this team next year.

All of the above systems, come at an additional cost to the charity to implement and maintain, so, as ever, fundraising will be a critical part of our activity in 2023, so I am delighted that, as of November, we have launched a brand new fundraising team, of which we have high hopes for the year ahead.

All that's left for me to say is that Emma and I cannot run PHAB alone but we will continue to do so whilst there are others around who want to step-up and lead the camps because PHAB is unique. The camps honestly help and change everyone who goes on them. Our children learn so much about compassion and friendship on the camps which stays with them for life. I have watched so many of our children grow on the camps and I also witness and hear of so many instances where they have gone on to do better in school and at home as a result. We have had a range of former children volunteer on the camps this year and I could not be prouder of them, or more moved by their love of the charity. Similarly, volunteering changes people for the better. It makes them happier, proffers lasting friendships, and offers a way for us to find out so much about ourselves. There are not many organisations that allow this to happen so immersively in support of young people and their wellbeing. Join us and long may PHAB continue.



Andrew Miles
Chair

Parent statement: "The gratitude I have for Birmingham PHAB Camps cannot be fully explained. Lily said that she had the most amazing time and can't wait until she's old enough to volunteer. I as a carer/guardian/grandmother could never have given her or Luke the experiences you lovely people have given them and I thank you from the bottom of my heart. Without PHAB I don't think I would have coped; over the years it has quite literally changed our lives and most of all given my grandchildren hope and taught them so much about believing in themselves and others and what they can achieve. What you have done and continue to do changes lives and I thank all volunteers for that. Lily and Luke realise that they are worthy and feel safe on PHAB and that speaks for itself, knowing others care for them. Thank you!"

2022 HOLIDAYS AND ACTIVITIES

During 2022 we arranged a programme of 5 PHAB Camp holidays. A total of 166 individuals took part and a breakdown of the holidays is detailed below.

CAMP & Dates	Leaders	Age Group	Number of participants			Venue
			Disabled	Non-disabled	Volunteers	
ADULT BREAKAWAY 11 th – 16 th April	Emma Spittle	18-25	10	0	15	Calvert Trust
JUNIOR 23 rd – 30 th July	Jen Hardy	8-10	10	10	17	Wingate Centre
SENIOR 6 th – 13 th August	Ros Fisher & Laura Dean	11-13	10	10	17	Wingate Centre
VENTURE 23 rd – 30 th July	Andrew Miles & Emma Spittle	14-16	10	11	15	Bendrigg Lodge
BREAKFREE 30 th July – 6 th August	Amy Vernon & Gemma Rhodes	8-18	12	0	20	Wingate Centre
		Total	52	30	84	= 166

With the exception of the Venture & Adult Breakaway Camps, all others again visited The Wingate Centre, in Cheshire. It is a beautiful site with excellent facilities and great access throughout. The location is ideal with plenty of wide-open spaces and unbroken views of the countryside. Staff at the centre are always considerate to our varied needs and are constantly making improvements and adaptations to the centre. It is within easy reach of Birmingham too which helps us to reduce our transport costs.

The disabilities of the young people we take away have become much more complex over the years and we have found it necessary to source sites with better facilities and equipment. With this in mind Venture Camp stayed at Bendrigg Lodge in Cumbria. and Adult Breakaway stayed at Calvert Trust near Keswick.

Junior Camp 23.07.22 – 30.07.22



Lead by Jen Hardy

For many of the young people we take away, Junior Camp is their first time away from home without family. There is always a palpable mixture of nerves, excitement and sugar fuelled energy. From the bus to the Wingate Centre right through to the journey home, Junior Camp is a rollercoaster ride of fun, friendships and lots of laughter, and this year was no exception. As we were the first camp to go to the Wingate Centre this year, we gave Rona and the team a big warm welcome with our enthusiastic singing (which

we think could be heard from at least a mile away).

Coming back to the Wingate Centre each year feels slightly like coming home for those returning year on year. Knowing we have free reign of the fields and centre gives us chance to unwind in the knowledge that we are well looked after, and the facilities are accessible and inclusive.

Junior camp is often described as being “out of this world” so we decided what better theme for 2022 than Space – from hunting aliens to sitting under the stars together in an incredible planetarium, we really did go on an incredible journey together. We learnt about space, built rockets and created weird and wonderful stories about aliens, far off galaxies and shining stars.



There are, of course, also the go-to classic activities that are synonymous with a Junior camp, for example swimming, gymnastics, the paint fight and a whole load of arts and crafts. All of these activities are firm favourites because they're open-ended, allowing the children to play which gives them an opportunity to build confidence, be creative and most importantly make friends. There's a lot of learning that goes on during the week, with one of the most important being how to make new friendships – how do you get them to know each other when your needs might be different? Do you need to invent new rules for a game together? Can you learn how to tell your joke using Makaton so everyone can enjoy it? All of these things are the gold dust that make Birmingham PHAB Camps unique, and Junior Camp such a new experience for the young people each year.



Whilst everything we do during the week is orientated around giving the young people the holiday of a lifetime, that doesn't mean to say that our volunteers aren't also hugely benefiting from the experience as well. One of our new volunteers this year said that "being on camp felt like being with a big family, maybe just a bit louder!" Junior Camp also often attracts volunteers who were previous participants on camps, which just shows the huge impact that the Charity has on people's lives, "being able to see what really goes into the holidays is amazing, as a kid I don't think you realise how much work really takes place behind the scenes."

Junior 2022 felt like we were truly back after Covid-19, as if we were able to spread our wings and really embrace what it meant to be on a PHAB Camp again. Each year the camp continues to run is another year of children realising they're infinitely more amazing than they ever imagined, families gaining precious time and rest and volunteers developing skills, friends for life and memories which will impact their future volunteering, careers and lives for years to come.

Parent statements: "I never thought he would actually go happily. I thought he would cry leaving but he couldn't wait to go! And he can't wait to go again!"

"Managed to spend time uninterrupted with my other daughter for the first time in her life, and even went out for a meal with my husband which we haven't done in years. This experience has rejuvenated our whole family and the love we can show each other."

SENIOR CAMP 06.08.22 – 13.08.22
Lead by Ros Fisher and Laura Dean



Once again Senior camp took place at the Wingate Centre in Cheshire, with a group of nineteen children. As usual, the Wingate Centre ensured that Senior camp was made to feel extremely welcome. This year the staff prepared Commonwealth games inspired room posters, to tie with the camp theme of PHAB Commonwealth Games, which was a welcome surprise to all children and volunteers.

Throughout the course of the week we had an action packed timetable including Blackpool circus, canoeing, bowling, laser quest, gymnastics, waterpark and ice skating. All activities were fun, challenging and accessible for all. Evenings were taken up with water-fights, arts and crafts, archery, a movie evening and sports. Many of these activities were a first for many, which led to excitement combined with confidence building, confirmed with the feedback that Jared 'enjoyed doing activities he would not normally do due to his fears, yet seeing others doing it made him feel confident.'



The best thing over the course of Senior camp is witnessing all the children forge new friendships and learning how to learn from others and help each other. For the Senior age group (11-13) the ability to have a mixture of structured activities and independence is important. Our feedback forms after camp included many

comments about the increased happiness and independence children displayed after returning home. This highlights the unique place Senior PHAB has in promoting fun, friendships and teamwork which results in confidence building and independence.

The last night party included the annual Senior talent show which featured magician acts, gymnastics, acting and a disco. Everyone was singing and dancing together and planning when they would see each other again. On the final day, Senior camp awards were written for each participant to highlight a significant contribution or moment of the week. And everyone got to receive their photo book of the week and return home to show and tell their family, reminiscing about all the memories of the week which will last for years to come!



Parent statements: “Laura showed more independence than usual. She said ‘look I can do this’ (e.g., dressing in the morning and undressing at night-time). After PHAB her speaking was more clear and understandable and we realised she is more independent.”

“I threw a birthday party for my other child without having to worry about Bella’s sensory needs or diet. We even got to go to the beach and swim in the sea which my 6 year old has never done because it is too difficult for Bella. Now we can welcome Bella back, safe in the knowledge we’ve given our other daughter the time and attention she needs as well.”

BREAKFREE CAMP 30.07.22 – 06.08.22

Lead by Amy Vernon and Gemma Rhodes

Breakfree returned to the Wingate Centre in Cheshire with a group of 12 children (all of whom have complex disabilities) and 20 volunteers. We had a very warm welcome when we arrived and enjoyed lunch in the sunshine! The theme for the week was Pirates and a treasure hunt was arranged for after lunch to help orientate everyone to the centre! The rest of the first day consisted of making our pirate hats and parrot mascots.



Throughout the course of the week, we had a fun and action-packed timetable which included: The Space Centre, Swimming, Ice-skating, Archery, Gulliver’s World, Peak Wildlife Centre and so much more! As well as days out, we also carried out lots of activities at the centre! The volunteers ran several sessions including arts & crafts, pamper nights, fun with food, water & sensory play and an interactive bedtime story. We also had some much needed time in the sensory room most nights to help the children (and volunteers) to wind down and relax.

Every night volunteers take the time to complete diaries for each of the children. This is such a meaningful activity, as the children on

Breakfree are mainly non-verbal. The diaries allow parents to see in detail what activities and memories were had that day. This year we printed photos out for each day. Feedback from parents over the years always include how many times the children and families look through and read these diaries.

Breakfree is always the most enjoyable week for all the children and volunteers. It helps to give new experiences to the children as well as giving parents a week of much needed respite. All activities that take place over the week are carefully planned to ensure that they help the children to engage, have fun and are accessible to all. The volunteers worked tirelessly throughout the week and feedback from parents sums up how much this week has an impact on the children’s lives.

The best part of the week is seeing all the friendships grow and the relationships develop in the care groups between volunteers and children. Due to the complex needs of the children that come away on Breakfree there is a high level of care needed throughout the day and night – all volunteers exceed with this, and nothing was too much to ask.





On the last night of camp, we had a pirate themed party! Everybody got dressed for the occasion! We had Pirate Pete come to do some magic and get the party started! We danced late into the night until the last pirate standing! It was the perfect night to end such an amazing week!

Parent statement: "I could really see a difference in my child after the holiday. She was communicating and engaging so much more. As though a whole world had been opened up to her".

VENTURE CAMP 23.07.22 – 30.07.22

Lead by Andrew Miles and Emma Spittle



Once again Venture took place in Kendal in the Lake District, with a group of twenty-one children. One of the great things about Bendrigg Lodge is the great expanse it offers our group of teenagers to wander, make friends and make the holiday their own. After dinner we kicked off with a series of welcome games, culminating in a round of 'Goth or Drag!?', whereby everyone had to dress each other up in Goth or Drag costume, with amazing results. As you looked around the room the children both disabled and non-disabled were frantically creating the most incredible looks for each other. It was great to see the children integrating so well and enjoying making

each other up!

The days that followed included canoeing, zip-wire, caving, biking and many more activities. As ever, everything was made challenging but accessible to all. Evenings were taken up with water-fights, holi-paint throwing, arts, campfire, a movie evening and sports. The children also split into new groups to try out Escape Rooms, whereby they have to work through a series of tests and puzzles, to explore a labyrinth of rooms before escaping, without the presence of the volunteers! This challenge enabled each young person to come into their own and help their peers. Many of them surprising each other with their collective ability to solve problems together.

Perhaps the best thing though was the time the children made their own, exploring the centre grounds, playing rounds of cards and teaching each other new sports. A true highlight was Ollie, a wheelchair user, learning to play badminton for the first time and quickly being able to team up with one of his new friends to take on the volunteers. The video footage clearly shows what a great shot he is!

There's also something truly special about PHAB evenings where everyone just chills out together on the sofas and beanbags after a crazy long day, just truly getting to know each other.



A first for Venture this year was taking a young man with Epidermolysis Bullosa away with us for whom the level of care required took some specialist training, and more time focused on bathing and changing needs. Our volunteers rose to the challenge with amazing competence, resilience and true compassion and we're hugely proud of them. And it was all hugely worth it, as he was able to enjoy his first holiday away with other children his own age, get to know everyone and just relax and be himself. The last night party was themed around Vampires and Zombies, with amazing costumes. One of the things we say to all the children at the beginning of the week, is to make sure you've met and chatted to everyone by the end of the week, and this was evident. Everyone

was singing and dancing with each other. It was also quite emotional as it was the last camp for some of the children

who'd grown up together and got to know each other on these camps. Reheim (now 16) gave a speech as the party wound down, where he said *"PHAB has been a truly magical place for me and all the friends I have made here since I was 8 who I'd never have met otherwise"*.

Parent statement: The experience of PHAB leaves Reheim feeling as though he can achieve anything!

ADULT BREAKAWAY 11.04.22 – 16.04.22

Lead by Emma Spittle

Adult Breakaway is a holiday for Disabled Adults who want a holiday away with peers but due to their care needs or communication difficulties cannot organize this for themselves. The group is generally made up of young adults who have found their opportunities for fun and socialisation diminish considerably since school. The 5-day break is an opportunity for everyone to make friends, enjoy socialising appropriate to their age.

The group enjoyed Afternoon Tea upon arrival, a quick site tour and a quiet evening of relaxing in the conservatory. It was notable to see Dennie (a young lady whom has very limited functional speech) and Erinn (who has Down Syndrome and helps support mother at home) chatting and laughing together over crushes and writing each other notes.



The group took part in a huge range of activities, such as a visit to Bowderstone Quarry and abseiling off the sheer rock face, and cycling using 3 wheeled KMX bikes, hand cycles and a huge, adapted bike which wheelchairs can ride upon. We made fires, toasted marshmallows, and warmed hot chocolate. We walked Alpaca's at the Lingholm Estate, went on a steamboat cruise of Lake Windermere, high ropes, zip wire, a walk down Dodd Hill and a wheelchair assault course. The atmosphere during these was always excitable and it was great to see and hear everyone supporting each other. Evenings meant swimming sessions in the

hydrotherapy pool or impromptu singing in the sensory room.

Wednesday evening saw us donning Black Tie finery for Casino Night. Wednesday was a day on which Will, (a wheelchair user who has fought to overcome mental health issues) did not stop smiling from ear to ear. He said *"I've done things today that I never would have thought I could. It's like my wheelchair doesn't matter and I can just be myself"*.



The week ended with a relaxed afternoon at the local pub followed by a high energy, 70s and 80s themed disco with some amazing costumes! One of the participants, Akram, then spontaneously ran and hosted a Karaoke session. By the end of the week everyone felt truly bonded.

Parent statement: "Akram really benefited from the holiday as it gave him the feeling of independence of being away from home and me, his mum, especially. He could take responsibility for his own hygiene, basic things like brushing his teeth, and changing clean clothes etc. He loves the feeling of being able to do things himself away from home in the way that his siblings do, and going away, by himself without a family member or PA. He loves being around his camp friends; it makes him feel grown up and in the place he belongs."

Independent Examiner's Report to the Trustees of Birmingham PHAB Camps

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31st October 2022, which are set out on pages 10 to 17

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

C T Edwards, FCCA

of

C T Edwards Ltd

26 Darnford Moors,

Lichfield,

Staffordshire

Date: 17th January 2023

Birmingham PHAB Camps

Statement of Financial Activities for the year ended 31st October 2022

		Unrestricted Funds £	Restricted Funds £	Total Funds £	Prior year funds £
<u>Incoming resources</u>					
<u>Donations</u>					
Trust Funds & Charities	Note 3	94,739		94,739	59,370
Donations	Notes 4 & 9	5,929		5,929	10,064
Sponsored Wheel and Walk		2,282		2,282	0
Volunteer Sponsorship		1,950		1,950	0
Supermarket Collections		0		0	0
Parents & Participants contributions	Note 5	5,003		5,003	6,330
Gift Aid claims		951		951	600
		<hr/> 110,854	0	<hr/> 110,854	<hr/> 76,364
Funds raised by volunteers	Note 7	3,896		3,896	2,318
Bank Interest		112		112	9
Total		<hr/> 114,862	0	<hr/> 114,862	<hr/> 78,691
<u>Resources expended</u>					
<u>Expenditure on raising funds</u>					
Incurring seeking donations				0	0
Printing and Stationery		43		43	0
Fundraising costs		2,615		2,615	167
		<hr/> 2,658	0	<hr/> 2,658	<hr/> 167
<u>Charitable activities</u>					
	Note 5				
Junior camp		32,071		32,071	28,192
Senior camp		30,021		30,021	26,846
Venture camp		28,844		28,844	27,611
Breakfree camp		29,576		29,576	25,862
Adult Breakaway camp		15,583		15,583	0
Freedom camp - Cancellation costs		1,640		1,640	0
Day Trips/ Online events	Note 6	0		0	
		<hr/> 137,735	0	<hr/> 137,735	<hr/> 108,511
<u>Other expenditure</u>					
Training		420		420	0
Equipment		804		804	427
Insurances		584		584	424
Postage and phone		223		223	0
Bank Charges		143		143	325
Travelling expenses		90		90	0
Phab UK Affiliation		30		30	0
Depreciation	Note 8	0		0	0
Governance costs					
Independent Examination fee		450		450	450
		<hr/> 2,744	0	<hr/> 2,744	<hr/> 1,626
Total		<hr/> 143,137	0	<hr/> 143,137	<hr/> 110,304
Net income		<hr/> (28,275)	0	<hr/> (28,275)	<hr/> (31,613)
Total Funds brought forward		94,711	2,000	96,711	128,324
Total Funds carried forward		<hr/> 66,436	<hr/> 2,000	<hr/> 68,436	<hr/> 96,711

Birmingham PHAB Camps

Balance Sheet as at 31st October 2022

		<u>Unrestricted</u>	<u>Restricted</u>		<u>Prior year</u>
		<u>Funds</u>	<u>Funds</u>	<u>Total Funds</u>	<u>funds</u>
			£		£
<u>Fixed Assets</u>					
Tangible Assets	Note 8	0		0	0
<u>Current Assets</u>					
Short term deposits- CAF BANK Ltd		48,920	2,000	50,920	59,813
Cash at bank and on hand		9,429		9,429	16,797
Debtors and Prepayments		8,762		8,762	21,196
		<hr/>		<hr/>	<hr/>
Total Current Assets		67,111	2,000	69,111	97,806
Less Creditors (accruals) falling due within one year		675		675	1,095
		<hr/>		<hr/>	<hr/>
Net Current Assets		66,436	2,000	68,436	96,711
		<hr/>		<hr/>	<hr/>
Total assets less current liabilities		66,436	2,000	68,436	96,711
		<hr/>		<hr/>	<hr/>
Total assets		66,436	2,000	68,436	96,711
		<hr/>		<hr/>	<hr/>
<u>Funds of the Charity</u>					
Restricted income funds	Note 9		2,000	2,000	2,000
Unrestricted funds	Note 10	66,436		66,436	94,711
		<hr/>		<hr/>	<hr/>
Total Funds		66,436	2,000	68,436	96,711
		<hr/>		<hr/>	<hr/>

Signed by two Trustees




17th January 2023

Notes to the accounts

Note 1 **Basis of preparation**

1.1 Basis of accounting

The accounts have been prepared in accordance with:

- The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Cash flows

Advantage has been taken of the exemption available in section 7 of FRS102 in not preparing a statement of cash flows.

Note 2 **Accounting policies**

2.1 Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Tax reclaims on donations Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Volunteer help The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report

Investment income This is included in the accounts when receivable

2.2 Expenditure and liabilities

- Liability recognition** Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
- Creditors** The charity has creditors which are measured at settlement amounts less any trade discounts
- Provisions for liabilities** A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date
- Taxation** As a registered Charity the Charity benefits from rates relief and is generally exempt from Income Tax and Capital Gains Tax, but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

2.3 Assets

- Tangible fixed assets for use by charity** These are capitalised if they can be used for more than one year, and cost at least £250
They are valued at cost.
The depreciation rates and methods used are disclosed in note 8
- Debtors** Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Birmingham PHAB Camps

Notes to the Accounts (continued)

31st October 2022

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Prior year</u>
	<u>Funds</u>	<u>Funds</u>		
	£	£	£	£
<u>3. Income from Trust Funds & Charities</u>				
<u>Cash Received</u>				
Wadsworth Family Charitable Fund	21,614		21,614	
Fit for All Childrens Quarter	20,542		20,542	7,200
George Fentham Birmingham Charity	6,000		6,000	4,000
Graham Griffiths, David East and Heart of England Community Fund	5,183		5,183	
The Grantham Yorke Trust	5,000		5,000	5,000
The Roger & Douglas Turner Charitable Trust	5,000		5,000	1,000
The 29th May 1961 Charitable Trust	3,000		3,000	3,000
ALA Green Charitable Trust	3,000		3,000	2,500
The Grimmitt Trust	2,000		2,000	2,000
Lord Austin Trust	2,000		2,000	2,000
The Albert Hunt Trust	2,000		2,000	
The Grail Society (Waxwell) UK	2,000		2,000	
Rotary Club of Birmingham Endowment Trust	2,000		2,000	
The Jaguar Pantomime Society	1,500		1,500	
The Dumbreck Charity	1,000		1,000	2,000
The WED Charitable Trust	1,000		1,000	1,000
The Keith & Joan Mindelsohn Charitable Trust	1,000		1,000	1,000
The George Henry Collins Charity	1,000		1,000	1,000
Baron Davenport's Charitable Trust	1,000		1,000	
Sparkhill Charitable Trust	1,000		1,000	
Barratt Homes Charity Fund	1,000		1,000	
The Joseph Hopkins and Henry James Sayer Charitable Trust	1,000		1,000	
The Patrick Trust	1,000		1,000	
The Bentley Family Trust	1,000		1,000	
Eric Wilfred Vincent Trust Fund	750		750	
Richard Cadbury Charitable Trust	500		500	500
Gowling WLG (UK) Charitable Trust	500		500	500
The J A Gillett Charitable Trust	500		500	
Rotary Club of Kings Norton Charitable Trust	500		500	
Sir John Sumners Trust	450		450	
The Fitton Trust	300		300	200
Charles Brotherton Trust	200		200	175
The Square Patton Boggs Charitable Trust	200		200	
The Eveson Charitable Trust			0	10,001
We Are All Making A Difference Limited			0	5,000
The Whitegates Charitable Trust			0	3,000
The Hedley Foundation			0	2,300
the Bailey Thomas Charitable Trust			0	2,000
The Harry Payne Fund			0	1,000
The Singer Foundation			0	1,000
The Frank Russon Charitable Trust			0	1,000
The HDH Wills 1965 Charitable Trust			0	500
Masonic Charitable Foundation			0	494
	94,739	0	94,739	59,370

Birmingham PHAB Camps

Notes to the Accounts (Continued)

31st October 2022

4. Donations

Unrestricted Restricted

Misc. and anon	683	
Volunteer Membership fees	1,225	
Mr C Jenks	1,000	
In memory of Mrs J Whittaker	799	
Online donations via Facebook	636	
Mr C Douglas	330	
Mr Roger Miles	325	
On line donations via Charities Trust	300	
C & C Goodier	165	
J & D Potter	120	
Mrs K Hillier	100	
Mrs S Garbett	100	
Miss Dawn Sheridan	60	
	<hr/>	
	5,843	<hr/> 0

5. Expenditure on Camps

	<u>No of Participants</u>		<u>Cost</u>	<u>Parental Contributio</u>	<u>Net Cost</u>
	<u>Children</u>	<u>Volunteers</u>			
Junior	20	17	32,071	(860)	31,211
Senior	21	17	30,021	(1,201)	28,820
Venture	21	15	28,844	(1,040)	27,804
Breakfree 1	12	20	29,576	(1,149)	28,427
Adult Breakaway	10	13	15,583	(753)	14,830
Freedom camp - Cancellation costs			1,640		1,640
Day Trip/Online events			0		0
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	84	82	137,735	(5,003)	132,732

6. Expenditure on Day Trips/ Online events

It was not possible to hold any day trips this year.

7. Fundraising Income and Costs

	<u>Income</u>	<u>Costs</u>	<u>Net Income</u>
2021 Xmas party	2,454	1,333	1,121
2022 Halloween Party	1,443	630	813
Re-usable coffee cups written off		380	(380)
Bank charges on Peoples Fundraising online Giving Platform		272	(272)
	<hr/>	<hr/>	<hr/>
	3,896	2,615	1,282

Birmingham PHAB Camps

Notes to the Accounts (Continued)

31st October 2022

8. Fixed Assets

**Fixtures,
fittings and
equipment**

Cost

At the beginning of the year	7,327
Additions	0
At end of year	<u>7,327</u>

Depreciation

**Basis
Rate**

**SL
25%**

At the beginning of the year	7,327
Depreciation	
At end of year	<u>7,327</u>
Net book value at the beginning of the year	<u>0</u>
Net book value at the end of the year	<u>0</u>

9. Restricted Fund

A donation was received from The Morrisons Foundation to be used for day trips . Due to Covid-19 a trip that was arranged could not go ahead and it has not been possible to arrange any Day Trips this year .

10. Reserves Policy

The reserves of the charity are held in the accumulated fund. The Board's policy is to progressively increase reserves to six months unrestricted expenditure. The Trustees consider six months to be an appropriate period for outstanding liabilities to be met and ensure orderly winding down of the charity if necessary.

Where Reserves are held

The majority of reserves are held in interest bearing accounts with CAF Bank Ltd.

11. Transactions with Trustees and Related Parties

No trustees have been paid any remuneration or received any other benefits from volunteering for the charity

During the year there were no related party transactions. (2021: None)

Independent Examiner's Report to the Trustees of Birmingham PHAB Camps

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31st October 2022, which are set out on pages 10 to 17

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

C T Edwards, FCCA
of
C T Edwards Ltd
26 Darnford Moors,
Lichfield,
Staffordshire
Date: 17th January 2023

BIRMINGHAM PHAB CAMPS

England & Wales - Charity number 502073

Accounts

BIRMINGHAM
YHAB
CAMPS



2021

REPORT AND ACCOUNTS

REPORT OF THE TRUSTEES OF BIRMINGHAM PHAB CAMPS

YEAR ENDING 31ST OCTOBER 2021

LEGAL AND ADMINISTRATIVE INFORMATION

Working Name	Birmingham PHAB Camps
Constitution	Birmingham PHAB Camps is an unincorporated association charity (number 502073). It is a voluntary organisation. Its Governing document is its constitution; and rules and operates under Birmingham PHAB Camps Operational Guidelines 2015.
Objects	To provide holidays aimed at creating inclusion for disadvantaged children and young people, with and without disabilities, living in the Birmingham area.

Board of Trustees

The following served during the year

Mrs Maxine Ross-Wallis – Trustee - Resigned 23rd November 2021
Mr Anthony Rate – Treasurer
Mr Andrew Hopkins – Chair
Miss Jen Hardy – Secretary
Mr Grant McCaig – Trustee
Ms Jackie Redding – Trustee
Mr Paul Morcom - Trustee and Chair - Died 6th March 2021 of Covid-19

Election of Trustees

Trustees are elected by members at the Annual General Meeting and serve for a period of 2 years. There is no maximum number of terms that a Trustee can serve as long as they are re-elected. The board will meet 4 times a year to review aims, policies, strategy, finance and sustainability.

Management

The officers of the charity will serve on the Operational Committee together with at least 7 other members inclusive of leaders for any given year. They will meet 11 times a year. Anyone involved with Birmingham PHAB Camps can join the committee but are not subject to election. All members have to join at least one of the sub teams - Fundraising, Holiday allocation, Volunteer allocation, Leadership, Communications and Transport. These sub teams are responsible for carrying out the ongoing organisation of the holidays and the Charity each year, reporting to the Operational Committee.

Principal Professional Advisors

Bankers	CAF Bank Limited, Kings Hill, West Malling, Kent ME19 4TA
Independent Examiner	C T Edwards FCCA of CT Edwards Limited, 26 Darnford Moors, Lichfield.
Charity address	27 Hawker Close, Birmingham, B31 2GU
Website	www.bhamphabcamps.org.uk

TRUSTEES REPORT

Charity Aims and Organisation

Birmingham PHAB Camps is a voluntary organisation that provides holidays aimed at creating inclusion for children and young people, with and without disabilities, from the Birmingham area. We are staffed entirely by volunteers. We arrange a series of holidays for groups of twenty or so young people, in various age groups, during Easter and the summer holidays.

We try to provide a range of fun and stimulating activities from canoeing and archery to raft building and ropewalks, along with visits to theme parks, farms and the swimming pool. The young people are given the opportunity to participate in new and challenging experiences where everyone participates together, no matter what their ability. Almost all the children are from disadvantaged backgrounds and most of those involved will have no other opportunity of a holiday.

Families are asked to contribute only what they can afford towards the cost of a PHAB holiday, which leaves the charity with a lot of fundraising to do, as well as organising all the holidays. Everyone works voluntarily so there are no salaries to pay and few expenses are claimed. This means that our administration costs are less than 2%.

Charities and Public Benefit

The Trustees confirm that they comply with their duty to have regard to the Charity Commission guidance on public benefit in exercising their power and duties and deciding what activities the charity should undertake. As can be seen in this report, and within the Objects on page 1, the charity has charitable purposes or 'aims' that continue to be, and are carried out for, the public benefit. The Trustees also believe that the opportunity to benefit is not unduly restricted, that people in poverty are not excluded, that there is no detriment or harm arising from carrying out Birmingham PHAB Camps aims and that any private benefits received, other than as a beneficiary, are incidental.

Financial Review

The total incoming resources for the year were £78,691 (2020: £95,993) against expenditure of £110,304 (2020: £3,043) leading to a decrease in total funds of £31,613.

Accumulated funds as of 31st October 2021 amounted to £96,711 (2020: £128,324).

The year has again been dominated by the impact of Covid-19 that prevented us from holding two of our holidays at Easter this year. We were, however, able to hold 4 camps in the summer. Costs increased as we took various measures to cope with Covid. We also took more volunteers than normal.

We are planning to try and hold 6 camps in 2022, volunteer recruitment permitting. Our budget for this would be £144,000. We anticipate an overspend of £18,000 leaving us with reserves of £79,000.

Risk Review

The Trustees have a continuous process of risk assessment and maintains a risk register. Risks areas identified cover reputational, financial, operational and regulatory.

The Trustees consider that the areas where the impact of risk could be highest are:

- loss of experienced volunteers
- abuse of vulnerable persons
- significant reduction in Trust Fund donations

TRUSTEES' RESPONSIBILITY FOR THE FINANCIAL STATEMENTS

Charity law requires the Trustees to prepare accounts for each financial year which give a true and fair view of the state of affairs of the charity and of its income and expenditure for that year. In preparing those accounts, the Trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Make judgements and estimates that are reasonable and prudent.
- Prepare accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The Trustees are also responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with charity law. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINATION OF THE ACCOUNTS

Charity law does not require the accounts to be audited, but, if not audited, an Independent Examiner's Report must be provided. The Trustees have appointed C T Edwards FCCA to undertake this work.

Approved by the Board of Trustees on 7th February 2022 and signed on their behalf by



Andrew Hopkins
Chair



Anthony Rate
Treasurer

2021 HOLIDAYS AND ACTIVITIES

After taking the very difficult decision last year to not run our residential camps, we were determined to return for Summer 2021. As we swung through the tier system and additional lockdowns, the Trustees were constantly re-evaluating what would be possible to do safely. With the publication of the 'roadmap out of Covid', it finally looked possible to plan ahead to a summer of activities. Fortunately, PHAB benefits from some incredibly dedicated leaders, who were willing to spend a year planning and organising camps which we couldn't guarantee would go ahead. In the end we successfully ran four camps in Summer 2021, a very welcome return to normal after the struggles of the pandemic.

During 2021 we arranged a programme of 4 PHAB Camp holidays. A total of 133 individuals took part and a breakdown of the holidays is detailed below.

CAMP & Dates	Leaders	Age Group	Number of participants			Venue
			Disabled	Non-disabled	Volunteers	
JUNIOR 24 th – 31 st July	Jen Hardy and Andy Hopkins	8-10	10	10	17	Wingate Centre
SENIOR 7 th – 14 th August	Ellen Beech & Adam Cotton	11-13	10	8	15	Wingate Centre
VENTURE 24 th – 31 st July	Dan Smith & Phil Bennett	14-16	10	10	13	Bendrigg Lodge
BREAKFREE 1 31 st July – 7 th August	Amy Vernon & Gemma Pile	8-18	12	0	18	Wingate Centre
		Total	42	28	63	= 133

With the exception of the Venture Camp, all others again visited The Wingate Centre, in Cheshire. It is a beautiful site with excellent facilities and great access throughout. The location is ideal with plenty of wide-open spaces and unbroken views of the countryside. Staff at the centre are always considerate to our varied needs and are constantly making improvements and adaptations to the centre. It is within easy reach of Birmingham too which helps us to reduce our transport costs.

The disabilities of the young people we take away have become much more complex over the years and we have found it necessary to source sites with better facilities and equipment. With this in mind Venture Camp stayed at Bendrigg Lodge in Cumbria. This site caters perfectly for the Venture age group and, although more expensive, has proved to be great value for money.

Junior Camp

The last week of July saw 20 children and 17 volunteers set sail for a week of pirate themed fun!

Our first day was spent playing games outdoors, trying our hand at some drama and finally learning and handling animals with Zoo Labs who returned by popular demand. We ended our day with a group reflection and story, which is something we continued throughout the week and will definitely remain as a Junior tradition from now on.

We spent our first full day of camp at Eureka Science Museum where there was lots of interactive play and live performances. The day was topped off with a scavenger hunt, looking for buried treasure and discovering hidden gems.

Monday was a wet day, with swimming followed by the traditional water fight which of course ended in an epic slip and slide competition!

We were impressed with a brand-new activity on Tuesday, visiting a huge adventure playground called BeWILDerwood, with epic slides, zip-wires and daring heights, we were blown away by how brave everyone was.

The thrill seeking continued into Wednesday as we visited Gulliver's World where we swayed on the pirate ship and whizzed about on the runaway train. We ended the day with a trip to the cinema, including a LOT of sugar!

Thursday saw more new activities as we headed to Lego Discovery Centre in the morning and the Sealife Centre in the afternoon. After filling our brains with lots of cool facts, we filled our bellies with as much pizza as we could at Pizza Hut.

Our final full day on Friday was spent at Chester Zoo, where we saw everything from Lions to Penguins! The evening was spent laughing, dancing and playing games as Non-Stop Kids Entertainment put on our very own pirate themed party.

We spent our final morning together celebrating new friendships, amazing memories and all of our unique qualities which make us such a wonderful Junior 2021 Family.

Jen & Andy

Senior Camp

Saturday- off we set for Wingate centre. A longer than expected journey made fun by songs and getting to know new faces! At the centre we played games and egged a leader!

Sunday-Blackpool! A lot of fun in the water pool with waves and splashing. Working up an appetite for a Pizza Hut tea.

Monday-under the sea adventures at the aquarium followed by laser quest to practise our skills for archery at the centre.

Tuesday-bowling was fun and many strikes were seen! Back to the Wingate to practise our acrobatics in the gym-bouncing on trampolines and dodge ball to end!

Wednesday-all the way to Telford for ice skating. Some first timers amazed with full laps by the end! Then off to Telford Park to explore in the sand and Wonderland! Finished with a McDonalds picnic in the sun

Thursday-back up to Blackpool to spend a morning at the circus. Jugglers were the firm favourite. Followed by a walk by the beach and some fun in the arcades. We all shared our tickets and got some games to take back to the centre!

Friday-graffiti workshop with an amazing artist. We all learned how to spray paint and made some wonderful art. In the afternoon we went to the cinema to watch Space Jam: A New Legacy. When we got back to the centre, time to prepare for our talent show. So many wonderful acts from singers, dancers, puppet masters and magicians to name a few! Followed by our last night party to bid farewell to Senior 2021!

Saturday-pack up our bags and back to Birmingham. Many new friends made and some wonderful memories to keep!

Adam & Ellen

Venture Camp

Venture Camp was a joy to be on, with plenty of laughs and excitement over the course of the week. Seeing the participants conquer their fears, whether it be heights, open water, confined spaces, the dark or even just being around a bunch of strangers again, it was a pleasure to share our time with them.

At the beginning of the week only a few of the participants knew each other, but that didn't stop them all creating bonds quickly that would turn into wonderful friendships over the course of camp.

For our first day out, we ventured to Morcombe Bay to sample the sun, sea, sand and of course some fish and chips.

A few crazy participants and volunteers made it into the sea while the rest lounged about and used the time to catch up on some rest.

Day out number two was taking on escape rooms. It was clear at this point that the participants were pretty much self-sufficient, not needing any help from the volunteers and making it out in fantastic times (with one group even making it onto the leader board for the month).

By the time the last couple of days arrived, the participants were the most integrated they've ever been, looking out for each other and making sure no-one was left out. The last night video viewing and party were on another level, with the participants and volunteers laughing and dancing till late into the night and not wanting to stop (even though we had a long journey home the following day).

As a leader and volunteer, it was beautiful to see the friendships that had formed over the week and to hear everyone having such an amazing time.

Having camp back after having to cancel the previous year, was so brilliant. Having the once anxious participants living their PHAB Camp lives to the full and watching them grow over time solidified why PHAB is such an amazing and unique charity.

Phil & Dan

Breakfree Camp

After the past 18 months, Breakfree was just what everyone needed! Breakfree headed back to the Wingate centre for a week full of Olympic themed activities! We had an amazing mix of returning volunteers and new volunteers, everyone got stuck in to make sure this was the best week possible! All the children had previously been on Breakfree camps before and were very excited to be coming on holiday again this year!

The camp got off to an amazing start as soon as the coach arrived all the children were ready to load and head off on our holiday! The coach driver was amazing with clamping in the children's wheelchairs quickly and safely. On arrival to the Wingate centre, we headed straight into the Rieber room for some lunch and the Breakfree Olympic Opening Ceremony. Everyone then took part in a treasure hunt around the Wingate centre to help show all the new volunteers what the Wingate Centre has to offer!

A fun packed week was planned for Breakfree with multiple days out where we went to: the Space Centre for some sensory time, Swimming at Dimensions, Ice Skating in Telford, Wonderland at Telford, the Wolseley Centre and Knowsley Safari Park. As well as days out, we had a lot of activities planned at the centre! We went in the Wingate gym twice, had an archery club come and run an inclusive session and tie die sessions. The volunteers organised some amazing activities ranging from: food sensory, arts & crafts, pamper nights, Olympic Games and an amazing bed time story.

Feedback from the volunteers showed that their favourite activities were swimming and the Space Centre. During every pre-camp visit, the parents said that their child was looking forward to swimming the most as this was the first time they had been swimming – this was definitely the case and was so lovely to see how happy the children were!

At the end of the week, we had the Breakfree Closing ceremony, where there was a lot of laughter, happy tears and dancing! It was the perfect end to the most amazing week. We are so happy that PHAB camps have been able to run this year, it was amazing to see the joy and happiness on all the children's and volunteers faces again. It really shows how important and meaningful PHAB camps are. Thank you for letting us run our first PHAB camp, we're already planning next year!

Amy & Gem.

CHAIR'S COMMENTS

This has been an incredibly tricky year for all involved in PHAB, both within the charity and in their home lives. We began the year with the backdrop of having our first ever summer of no camps since the original camp in 1967. We spent Autumn term delivering virtual alternatives to our usual Christmas party, and tentatively planning towards what post covid camps would look like. As we moved up and down the tier system and lockdowns came and went, the Trustees and operations committee at PHAB went through multiple plans for how we could safely resume work. Some of the young people who come away with us are amongst those most vulnerable to the virus, but are also those most in need of respite for themselves and their families. It was a very difficult balancing act, but the announcement of the government's 'roadmap out of lockdown' gave us the framework we needed to begin working towards summer, and we are tremendously pleased to have been back up to four full camps. Our ambition for next year is to rebuild back to our pre-pandemic levels, in terms of raising funds and recruiting new volunteers after our gap in service, so as many young people and families as possible can experience the benefits of a PHAB camp.

Thanks must be offered to the many trusts and individuals donors who have continued to support us during the uncertainties of COVID, through new donations or by allowing us to roll over their funds from summer 2020 to summer 2021. We have ended the year in a financially strong position as a result, which will help us meet the challenge of general rising costs and fundraising uncertainties as we seek to build back up to full strength for 2022.

Our volunteers have been amazing yet again, adapting to virtual based training and providing the full range of care we would normally expect on a PHAB camp. We decided early on that it wouldn't be possible to restrict physical contact within a PHAB camp without severely impacting the emotional and practical care support we need to provide to our participants, and so volunteers joined us in the full knowledge that this was a far from risk-free venture. Thanks to them, 70 young people have experienced fun, challenge, respite, and an emotionally supportive 'family holiday' environment within the PHAB Camp bubbles. Their willingness to sacrifice their own sleep and comfort to give the young people the best possible experience is the most vital ingredient that makes PHAB Camps so successful.

An extra thank you is deserved by our leader team. Leading is always a fulfilling yet demanding role, taking on the overall responsibility for their camp's programme, the care and support needs of our diverse young people and the support role to our hardworking volunteers. It's also a year-long role of planning, risk assessment, home visiting, writing care plans and visiting potential activity venues. This year, they had to begin this work for several months before we were able to confirm the camps would even go ahead, a remarkably selfless offer. Thank you team!

As hard as the operational tasks have been, it is the personal and emotional challenges we've all faced which have been the hardest this year. When I began this year, it was as Vice Chair supporting my friend and co-leader Paul, who had just taken on the role of Chair after Maxine's many years of service. We faced the daunting task of leading PHAB through the pandemic together. At our February meeting, Paul was still in contact from his hospital bed as we started to commit to reopening for summer. Whilst Paul didn't get to see the result, I hope he will be proud of what we've achieved.

Andrew Hopkins
Chair

Note of thanks to Maxine Ross-Wallis from Andrew Miles, former Vice Chair:

Having formerly handed over the chairing of the charity to Paul Morcom at the beginning of 2021, Maxine Ross-Wallis is now stepping down as Trustee and it is such a pleasure to have been asked to write the Charity's vote of thanks to Maxine after all her years of service.

I have had the pleasure of knowing and working voluntarily with Maxine since 2003. In that time, I have learnt from someone with tremendous energy, dedication and, above all, compassion for everyone she meets. Maxine was Chair of our charity from 1997 to 2021. I joined in a new role as her Vice Chair much later, and it was a true honour to form such a close working partnership with her. Running the charity, completely unpaid, is like a fulltime job. And in the last period of her tenure, Maxine worked even harder than ever to restructure the charity, modernise and succession plan. To do so meant leaving no stone unturned and I can attest to the work that involved. Whilst we served together, not a day went by when Max and I didn't speak on the phone about some aspect of the charity. Others in her position may have let things remain the same towards the end of such a long tenure. Not Maxine. Her whole raison d'etre has been to ensure our charity meets its mission to give young people of all abilities an experience like no other and to make sure the charity is in a position to run and run long after her departure.

To do that, Maxine re-skilled in the last five years in order to digitise all our operations – transferring years' of paper-based administration into the Cloud. She has overseen a full restructure of the charity creating a much clearer Committee structure, and putting in place a new Board of Trustees with clear accountability. This involved hours of research and consultation with other organisations, including the Charity Commission, to achieve. Further to this, together we undertook a full overhaul of all Birmingham PHAB Camps policies to ensure that our Safeguarding, GDPR and Risk Assessments are watertight and beyond reproach. In doing so, Maxine transformed a fifty year old charity into a sustainable organisation with a clear blueprint for others to pick up and run with successfully.

As I write this, I am reminded about all the incredible feedback I have heard from parents over the years, telling us that they have never seen their children so happy and confident, complete with heart-breaking accounts of the difference this has gone on to make in their lives. Maxine has made all of this possible and did so as Chair for well over twenty years. Now she is stepping down and no-one can quite believe it because Maxine wasn't just the Chair of the charity, she has been a friend to everyone who comes into contact with Birmingham PHAB Camps. She is the person we all turn to, the one the children run up to at our fundraising events, and the one all the parents know and ask after when they pick up their child from camp.

Yet again I can only stand in awe of Maxine's selflessness. The way she has always led by example at every bag-pack, leading more camps than anyone else in the charity's history, and making it her priority to get to know as many of the families and volunteers as possible, and constantly proving to everyone that being wheelchair bound is no obstacle. This has how it's always been – Maxine leading from the front, come rain or shine. We now have to raise well over £100K from scratch each and every year, and no-one has done more to help us achieve this than Maxine herself. I also have no doubt that her standing down at this time is a selfless act in and of itself. She is doing so to give reign to Andy Hopkins, Emma Spittle and Jen Hardy. In doing so, she's ensuring the charity's future. I doubt, however, that any individual will come close to what Maxine has done and achieved in leaving such an impression on so many people, giving so many hours, day in day out, and raising as much money as she has done during her time as Chair.

Maxine Ross-Wallis is our hero, loved by the countless people she has helped, encouraged, trained and supported.

In memory of Paul – written by Andrew Hopkins, 28th March 2021, to all our supporters.

To all of our PHAB family,

It is with deep sadness that we have to share the loss of our chairperson and friend, Paul Morcom.

Paul contracted Covid in January, and had been receiving intensive care treatment in hospital. Despite the best efforts of all involved, Paul sadly died on the afternoon of Tuesday 9th March. Our thoughts are with his family and all who knew him.

Paul had been with Birmingham PHAB Camps his whole adult life, volunteering on his first camp aged 18. He led numerous Venture camps, and more recently Freedom camp. As an active volunteer he ran training, supported fundraising events and put in many shifts at supermarket bucket collections!



Paul credited PHAB with shaping so many other areas of his life. It inspired him to work with young people in education, eventually leading to launching his own self-employed business as a speech therapist. Most importantly, it is where he met Rachael, whom he married and had two wonderful children with.

Freedom camp became a family affair, with Rachael acting as the nurse and the children joining as mini volunteers. Paul was incredibly proud of his family, and loved that they could experience being a part of PHAB with him. His love of PHAB, and his drive and vision to see it thrive and grow further was unrivalled. With the support of his family, he took on the responsibility of leading PHAB into the future as Chair. Last year he shadowed Maxine, and it wasn't an easy first year! Paul remained upbeat and pragmatic as he led the team around the hard decision to cancel camps for 2020, and was a driving force behind our virtual offer.

Right up until he physically couldn't, Paul was still in contact from his hospital bed, outlining plans for how we'd return to camps and grow PHAB even further in the years to come. We even had to persuade him that he didn't need to Zoom into the committee meeting from his ward!

In time, we'll work on putting all his plans into place. However, not right now - right now, we'll take a moment to be sad and mourn our dear friend.

"Paul, you meant so much to so many people. Leading Freedom with you, and working on the future of PHAB together has been beyond a privilege. You've taught me so much, about being a volunteer, a leader and a dad. You are a role model and an inspiration. We will all work hard to continue the work that you loved so much."

Andy Hopkins, Vice-Chair

Our thoughts are with Rachael, Zoe, Isaac and the whole family. However hard this is for us, we can't begin to imagine how it feels for you. You will always be valued members of our PHAB family and we are all here for you.

We are sending all of you lots of love,

Your PHAB Family

Independent Examiner's Report to the Trustees of Birmingham PHAB Camps

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31st October 2021, which are set out on pages 10 to 17

Responsibilities and basis of report

As the Charity's Trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

C T Edwards, FCCA
of
C T Edwards Ltd
26 Darnford Moors,
Lichfield,
Staffordshire
Date: 7th February 2022

Birmingham PHAB Camps

Statement of Financial Activities for the year ended 31st October 2021

		Unrestricted Funds £	Restricted Funds £	Total Funds £	Prior year funds £
<u>Incoming resources</u>					
<u>Donations</u>					
Trust Funds & Charities	Note 3	59,370		59,370	75,050
Donations	Notes 4 & 9	9,064	1,000	10,064	7,882
Sponsored Wheel and Walk		0		0	0
Volunteer Sponsorship		0		0	0
Supermarket Collections		0		0	0
Parents & Participants contributions	Note 5	6,330		6,330	0
Gift Aid claims		600		600	3,078
		<hr/> 75,364	1,000	<hr/> 76,364	86,010
Funds raised by volunteers	Note 7	2,318		2,318	9,942
Bank Interest		9		9	41
Total		<hr/> 77,691	1,000	<hr/> 78,691	95,993
<u>Resources expended</u>					
<u>Expenditure on raising funds</u>					
Incurring seeking donations				0	0
Printing and Stationery		0		0	188
Fundraising costs		167		167	1,243
		<hr/> 167	0	<hr/> 167	1,431
<u>Charitable activities</u>					
	Note 5				
Junior camp		28,192		28,192	0
Senior camp		25,846	1,000	26,846	0
Venture camp		27,611		27,611	0
Breakfree 1 camp		25,862		25,862	0
Breakfree 2 camp		0		0	0
Adult Breakaway camp		0		0	0
Freedom camp		0		0	0
Day Trips/ Online events	Note 6	0		0	75
		<hr/> 107,511	1,000	<hr/> 108,511	75
<u>Other expenditure</u>					
Training		0		0	0
Equipment		427		427	111
Insurances		424		424	562
Postage and phone		0		0	289
Bank Charges		325		325	130
Travelling expenses		0		0	45
Phab Uk Affiliation		0		0	0
Depreciation	Note 8	0		0	0
Governance costs					
Independent Examination fee		450		450	400
Leaders Thank you				0	0
		<hr/> 1,626	0	<hr/> 1,626	1,537
Total		<hr/> 109,304	1,000	<hr/> 110,304	3,043
Net income		<hr/> (31,613)	0	<hr/> (31,613)	92,950
Total Funds brought forward		126,324	2,000	128,324	35,374
Total Funds carried forward		<hr/> 94,711	2,000	<hr/> 96,711	128,324

Birmingham PHAB Camps

Balance Sheet as at 31st October 2021

		<u>Unrestricted Funds</u>	<u>Restricted Funds</u>	<u>Total Funds</u>	<u>Prior year funds</u>
			£		£
<u>Fixed Assets</u>					
Tangible Assets	Note 8	0		0	0
<u>Current Assets</u>					
Short term deposits- CAF BANK Ltd		58,316	1,497	59,813	101,054
Cash at bank and on hand		16,797		16,797	7,680
Debtors and Prepayments		20,693	503	21,196	19,990
Total Current Assets		95,806	2,000	97,806	128,724
Less Creditors (accruals) falling due within one year		1,095		1,095	400
Net Current Assets		94,711	2,000	96,711	128,324
Total assets less current liabilities		94,711	2,000	96,711	128,324
Total assets		94,711	2,000	96,711	128,324

Funds of the Charity

Restricted income funds	Note 9		2,000	2,000	2,000
Unrestricted funds	Note 10	94,711		94,711	126,324
Total Funds		94,711	2,000	96,711	128,324

Signed by two Trustees





7th February 2022

Note 1 **Basis of preparation**

1.1 Basis of accounting

The accounts have been prepared in accordance with:

- The Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Cash flows

Advantage has been taken of the exemption available in section 7 of FRS102 in not preparing a statement of cash flows.

Note 2 **Accounting policies**

2.1 Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

Tax reclaims on donations and gifts Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

Volunteer help The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report

Investment income This is included in the accounts when receivable

2.2 Expenditure and liabilities

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date
Taxation	As a registered Charity the Charity benefits from rates relief and is generally exempt from Income Tax and Capital Gains Tax, but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

2.3 Assets

Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least £250 They are valued at cost. The depreciation rates and methods used are disclosed in note 7
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

Birmingham PHAB Camps

Notes to the Accounts (continued)

31st October 2021

	<u>Unrestricted</u>	<u>Restricted</u>	<u>Total</u>	<u>Prior year</u>
	<u>Funds</u>	<u>Funds</u>		
	£	£	£	£
<u>3. Income from Trust Funds & Charities</u>				
<u>Cash Received</u>				
The Eveson Charitable Trust	10,001		10,001	0
Fit for All Childrens Quarter	7,200		7,200	0
We are all making a difference Charitable Trust	5,000		5,000	10,000
Grantham Yorke Trust	5,000		5,000	0
George Fentham Birmingham Charity	4,000		4,000	0
The Whitegates Charitable Trust	3,000		3,000	2,500
The 29th May 1961 Charitable Trust	3,000		3,000	1,500
ALA Green Charitable Trust	2,500		2,500	2,500
The Hedley Foundation	2,300		2,300	0
The Grimmitt Trust	2,000		2,000	2,000
Lord Austin Trust	2,000		2,000	0
The Dumbreck Charity	2,000		2,000	0
the Bailey Thomas Charitable Trust	2,000		2,000	0
The Roger & Douglas Turner Charitable Trust	1,000		1,000	7,000
The WED Charitable Trust	1,000		1,000	1,000
The Keith & Joan Mindelsohn Charitable Trust	1,000		1,000	1,000
The George Henry Collins Charity	1,000		1,000	0
The Harry Payne Fund	1,000		1,000	0
The Singer Foundation	1,000		1,000	0
The Frank Russon Charitable Trust	1,000		1,000	0
Richard Cadbury Charitable Trust	500		500	500
Gowling WLG (UK) Charitable Trust	500		500	0
The HDH Wills 1965 Charitable Trust	500		500	0
Masonic Charitable Foundation	494		494	0
The Fitton Trust	200		200	200
Charles Brotherton Trust	175		175	175
Wadsworth Family Charitable Fund			0	22,713
Birmingham Nursing Charitable Trust			0	5,000
The Kelton Charitable Trust			0	4,500
Michael Marsh Charitable Trust			0	2,500
The Albert Hunt Trust			0	2,000
The Morrison Foundation			0	2,000
Baron Davenport's Charitable Trust			0	1,500
The Four Winds Trust			0	1,444
Browne Jacobson Charitable Trust			0	1,118
The Grant Foundation			0	1,000
Sparkhill Charitable Trust			0	1,000
Warwickshire Masonic Charitable Trust			0	1,000
Eric Wilfred Vincent Trust Fund			0	500
The J A Gillett Charitable Trust			0	500
William A Cadbury Charitable Trust			0	500
The Lynn Foundation			0	500
The Aylesford Family Charitable Trust			0	500
Sir John Sumners Trust			0	200
The Asda Foundation			0	200
	59,370	0	59,370	77,050

Birmingham PHAB Camps

Notes to the Accounts (Continued)

31st October 2021

4. Donations

Unrestricted Restricted

Misc. and anon	349	
In Memory of Fletcher Boulton	3,927	
On line donations via Golden Giving	1,795	
Facebook	1,216	
Paul Leahy (for Senior Camp)		1,000
Mr Colin Nicholson	500	
In Memory of Paul Morcom	485	
C Douglas	240	
Ms T Shepherd	200	
J & D Potter	120	
White Stuff Foundation	92	
D Evans	90	
PD & PA Wright	50	
	<hr/>	
	9,064	<hr/> 1,000 <hr/>

5. Expenditure on Camps

	<u>No of Participants</u>		<u>Cost</u>	<u>Parental Contribution</u>	<u>Net Cost</u>
	<u>Children</u>	<u>Volunteers</u>			
Junior	20	17	28,192	(1,170)	27,022
Senior	18	15	25,846	(1,780)	24,066
Venture	20	13	27,611	(1,605)	26,006
Breakfree 1	12	18	25,862	(1,775)	24,087
Breakfree 2			0		0
Adult Breakaway			0		0
Freedom			0		0
Day Trip/Online events			0		0
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	70	63	107,511	(6,330)	101,181

6. Expenditure on Day Trips/ Online events

It was not possible to hold any day trips this year.

7. Fundraising Income and Costs

	<u>Income</u>	<u>Costs</u>	<u>Net income</u>
Junior Camp 2021	510	13	497
Breakfree Camp 2021	1,215	34	1,181
Abbie 100 mile walk	347	10	337
Lauren steps for Phab	100	2	98
26 Pressup a day for May	146	4	142
Other		104	(104)
	<hr/>	<hr/>	<hr/>
	2,318	167	2,151

Notes to the Accounts (Continued)

31st October 2021

8. Fixed Assets

**Fixtures,
fittings and
equipment**

Cost

At the beginning of the year		7,327
Additions		0
At end of year		<u>7,327</u>

Depreciation

**Basis
Rate**

**SL
25%**

At the beginning of the year		7,327
Depreciation		
At end of year		<u>7,327</u>
Net book value at the beginning of the year		<u>0</u>
Net book value at the end of the year		<u>0</u>

9. Restricted Fund

A donation was received from The Morrisons Foundation to be used for day trips . Due to Covid-19 a trip that was arranged could not go ahead, but the venue has agreed that the payment will be refunded.

10. Reserves Policy

The reserves of the charity are held in the accumulated fund. The Board's policy is to progressively increase reserves to six months unrestricted expenditure. The Trustees consider six months to be an appropriate period for outstanding liabilities to be met and ensure orderly winding down of the charity if necessary.

Where Reserves are held

The majority of reserves are held in interest bearing accounts with CAF Bank Ltd.

11. Transactions with Trustees and Related Parties

No trustees have been paid any remuneration or received any other benefits from volunteering for the charity

During the year there were no related party transactions. (2021: None)