

# CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

England & Wales · Charity number 500497

## Details

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Other names	CHAPEL-EN-LE-FRITH RURAL DISTRICT MOBILE PHYSIOTHERAPY SERVICE
Status	Registered
Legal form	Other
Registered	1970-10-29
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	34 Horderns Park Road Chapel-En-Le-Frith High Peak Derbyshire SK23 9SY
Phone	01663750670
Email	<a href="mailto:ChapelMobilePhysio@outlook.com">ChapelMobilePhysio@outlook.com</a>
Website	<a href="http://www.ChapelMobilePhysio.org">www.ChapelMobilePhysio.org</a>

## Activities

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**Objects:** THE OBJECTS OF THE SERVICE ARE TO PROMOTE, ESTABLISH AND MAINTAIN A MOBILE PHYSIOTHERAPY SERVICE IN THE PARISHES OF HIGH PEAK, AS SELECTED BY THE EXECUTIVE COMMITTEE.

**Activities:** Provides free physiotherapy for elderly people in their own homes.

## Classification

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- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Elderly/old People, People With Disabilities

## Geography

- **Area of benefit:** THE PARISHES OF HIGH PEAK.
- Derbyshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£37,181	£47,731	-	-
2024-03-31	£41,649	£47,991	-	-
2023-03-31	£31,612	£30,540	-	-
2022-03-31	£34,559	£28,464	-	-
2021-03-31	£35,361	£25,916	-	-

## Trustees

Name	Role	Appointed
Dr Graham Brodie		2019-06-05
Judith Ann Aizlewood		2019-06-05
Kathleen Sizeland		2019-06-05
Una Meagher		2023-01-31

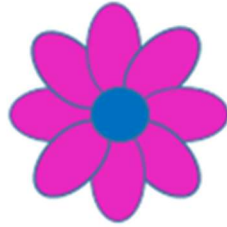
**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

England & Wales - Charity number 500497

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# Accounts

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**  
**TRUSTEES' ANNUAL REPORT AND ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2025**

## CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**CHAIR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2025**

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Chapel Mobile Physiotherapy Service has had another busy year. I would like to thank our Physio, Steve, and everyone on the Committee for all their hard work. We are only a small charity and punch well above our weight.

We have some generous donors. However, our costs are going up and our income is going down, even though we save the NHS a lot of money by keeping people safe and mobile in their own home. We only need funds to pay our employee and his expenses as the committee do the fundraising and take no remuneration.

Funding for day to day expenses is going down whilst the need is going up, as we are an ageing population. Chapel Mobile Physio are very appreciative of the support we are given, but we need more funding to support us on a regular basis.

Cllr Kath Sizeland – Chair

5 May 2025

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2025

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**REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity name**

The full name of the charity is “Chapel-en-le-Frith Mobile Physiotherapy Service”.

It is also known as “Chapel Mobile Physio”.

**Registered charity number**

500497

**Principal address**

34 Hordens Park Road, Chapel-en-le-Frith, High Peak, SK23 9SY

**Email address**

ChapelMobilePhysio@outlook.com

**Board of Trustees since the end of the previous financial year**

Cllr Kath Sizeland

Mrs Judith Aizlewood

Dr Graham Brodie MB, BS, MRCP

Mrs Una Meagher

**Executive Committee at the date of this report**

President - Mayor of the Borough of High Peak Cllr Stewart Gardner

Chair and Representative of the Borough of High Peak - Cllr Kath Sizeland

Treasurer - Mrs Judith Aizlewood

Secretary - Ms Sandra Higgins

Minutes Secretary - Helen Young

Medical Adviser - Dr Graham Brodie MB, BS, MRCP

Compliance Officer - Mrs Una Meagher

Representative of the Borough of High Peak - Cllr Nigel Gourlay

Co-opted Members –Mrs Pauline Turner, Mr Roger Turner

**Patron**

Mr Nick Pilling

**Mobile Physiotherapist**

Steve Davidson, Grad Dip Phys MCSP HPC

**Independent Examiner**

Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

**Website**

[www.ChapelMobilePhysio.org](http://www.ChapelMobilePhysio.org)

Our website is hosted for free by Kualo.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2025

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its constitution, as amended on 20 November 2019.

**Recruitment and appointment of new trustees**

The trustees regularly review the skills, experience and knowledge of the Board in order to identify when a new trustee needs to be appointed. The existing trustees decide the attributes which are needed in a new trustee and look to recruit from people already known to them. A suitable candidate is chosen and approached to be invited to join the Board. Once the position has been accepted, the new trustee is appointed and recorded with the Charity Commission.

**Induction and training of new trustees**

New trustees are expected to have a good understanding of the aims and objectives of the charity and its governing document. They are provided with a copy of the Charity Commission Guidance "The essential trustee: what you need to know, what you need to do" and are given additional support as needed so that they can properly perform their duties as a trustee.

**Organisational structure**

The officers of the charity are:

- the President, who is the Mayor of the Borough of High Peak;
- the trustees, of which there are a minimum of three and a maximum of five;
- the Honorary Secretary, elected annually at the Annual General Meeting; and
- the Honorary Treasurer, elected annually at the Annual General Meeting.

The charity is run by its Executive Committee, which consists of:

- the officers of the charity;
- one representative from each rural High Peak Parish from which a nomination has been received;
- two representatives from the Council of the Borough of High Peak; and
- up to six co-opted representatives of the rural Parishes of the High Peak who have knowledge and experience enabling them to make a valued contribution to the Committee, elected annually at the Annual General Meeting.

At least one and up to three Medical Advisers, who are suitably qualified, are appointed annually at the Annual General Meeting to advise the Executive Committee on medical matters.

**Remuneration policy**

No remuneration is paid to any of the members of the Executive Committee. Expenses may be claimed for costs incurred directly and exclusively in the course of the activities of the charity.

Our physiotherapist is paid with reference to NHS payscale rates.

**Wider network**

The charity has a service contract with the NHS Derby and Derbyshire Clinical Commissioning Group.

Referrals for treatment are taken from the following GP practices in the High Peak:

- Thornbrook Surgery, Chapel-en-le-Frith;
- Goyt Valley Medical Practice, Whaley Bridge;
- Evelyn Medical Centre, Hope; and
- Arden House Medical Practice, Hayfield.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2025

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**STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)**

**Risk management**

The Executive Committee identifies and reviews the risks to which the charity is exposed to ensure appropriate controls are in place.

**Safeguarding**

We are committed to safeguarding the wellbeing of vulnerable service users. We ensure this through robust recruitment checks, appropriate training and clear procedures for reporting any concerns.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The charity's objects as stated in its constitution are to promote, establish and maintain a mobile physiotherapy service in Parishes of the High Peak, as selected by the Executive Committee.

**Significant activities**

On the recommendation of a Medical Practitioner or as otherwise agreed by a majority of the Executive Committee on the advice of the Medical Adviser and Physiotherapist, physiotherapy treatment shall be made available in the home to elderly residents. Treatment is free of charge.

**Public benefit**

The trustees are aware of the guidance for the public benefit requirement in its charitable objectives, the running of the charity and its reporting responsibilities and have taken it into account when making a decision to which the guidance is relevant. A summary of the main activities undertaken by the charity to carry out its charitable purposes for the public benefit is included within this report. The trustees confirm that they have complied with their duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

**Volunteers**

The members of the Executive Committee all provide their services for running the charity free of charge. The charity is supported by additional volunteers at its fundraising events.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Our service continues to be the provision of physiotherapy treatment in the home and related support for older residents of the rural High Peak. Derbyshire County Council is encouraging older people to continue to live independently in their own home and we provide an essential service supporting older residents in the rural high Peak.

Steve Davidson has completed his third full year as our Physiotherapist, and we continue to receive high praise and amazing feedback from our service users. The move to a full time position from April 2023 enabled him to provide many more appointments, but sadly, reduced funding has led to a reduction back to a four day week service from April 2025.

**Community Access**

We have started a Community Access Project where our Physiotherapist visits social group meetings and is available to talk to elderly residents about minor physical concerns they may have. This Community Access encourages older residents to seek advice at an earlier stage and enable them to take more preventative action before problems progress.

**Fundraising activities**

We have continued with our annual spring and autumn coffee mornings, three of which fell in this financial year. Our Treasurer has organised another RHS garden outing and a Christmas wreath workshop. We have continued to be supported by local Councils, groups and individuals, to whom we are extremely grateful for their donations, especially during such difficult times. We regret that Derbyshire County Council has significantly reduced their support for us this year, and has stopped their discretionary funding, which is so badly needed across the area.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2025

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**FINANCIAL REVIEW**

**Reserves policy**

The charity updated its reserves policy during the year to reflect changes in its obligations to its employee and patients. This is monitored throughout the year and adapted as circumstances change. Donations received specifically for any activity which has not yet been spent are set aside as restricted reserves.

In order to ensure continuity of service at the highest level, sufficient cash shall be kept in the bank accounts as designated reserves. The amount shall be determined as being equal to 12 months' salary costs as this is the amount considered necessary to:

- a) Demonstrate financial stability to funders and secure alternative long-term funding should existing sources of income become unavailable.
- b) Provide confidence and employment security to existing and potential employees in order to recruit and maintain staff of the highest calibre.

**Financial activities**

Details of the financial activities of the charity during the year, including principal funding sources, how expenditure has supported the key objectives of the charity and the financial position at the year-end is included in the Treasurer's Report on page 8.

**Investment policy and objectives**

All funds are kept in instant access bank accounts.

**FUTURE DEVELOPMENTS**

**Physiotherapist's hours**

From April 2025, our Physiotherapist has reduced his hours to four days a week, from five. It is sad that all our recent efforts to make this a full-time service have not been sustainable in the current financial climate. Our plan to take on an additional part time physiotherapist during the year to ensure continuity of the provision of treatment during periods of staff absence is on hold indefinitely.

**Fundraising**

Fundraising throughout the voluntary sector is becoming more and more challenging, and we have used a significant amount of our retained reserves to provide the service this year. The decision by Derbyshire County Council to stop discretionary funding, and the lack of increase and long term commitment in NHS funding make the future somewhat uncertain. At 31 March 2025 we have failed to meet our reserves target, but will be working hard in the following months to raise the money to replenish our reserves and continue to provide the service we are committed to.

**Signed on behalf of the Board of Trustees:**

Cllr Kath Sizeland – Chair

Mrs Judith Aizlewood – Treasurer

5 May 2025

## CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

### MOBILE PHYSIOTHERAPIST'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

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Yet another great year!

2024/25 was my third year in post and has been one of further consolidation and development. The referrals have continued to flow in consistently, and the service has been working to capacity throughout the year, with an average waiting time of 2 weeks. As recorded in previous reports we have developed a good working relationship with Evelyn Medical Centre in the Hope Valley and Arden House Medical Centre in Hayfield.

In common with previous years the caseload is varied, and includes a range of musculo-skeletal disorders, neurological conditions and some post-operative rehabilitation. Falls prevention /management is also a common reason for referral. We have been accepting a number of patients from care homes, so management of issues occurring subsequent to dementia is often an important consideration. As always we adopt a holistic approach, and, in addition to mainstream physiotherapy, seek to ensure that additional psychological strategies are employed as appropriate, to engender a positive outlook and hopeful vision of the future. Examples of this might include breathing exercises to aid relaxation, reframing of challenges, or visualisation techniques.

On several occasions during the course of the year we have teamed up with volunteer groups based at the Methodist Church in Chapel, to offer drop-in advice sessions. These seem to have been popular, and further sessions are planned for the coming months.

The service offered by Medequip (with regards to supplying items of equipment) is invaluable, and where appropriate we refer on to other agencies such as the social prescribing team. The rich support network offered both by health and social services, and also other charities / volunteer groups, across the High Peak is impressive, and allows us to continue to offer a flexible and unique approach to the provision of physiotherapy.

Patient statistics for the year are as follows:

	2024/25	2023/24
Total number of patients referred	128	158
Total number of patients discharged	129	158
Caseload at 31 March 2025	29	30
Total number of appointments	819	909
Total mileage	4,134	4,390

Number of referrals per GP Surgery:

	2024/25	2023/24
Thornbrook Surgery	73	90
Goyt Valley Medical Practice	39	42
Evelyn Medical Practice	13	21
Arden House Medical Practice	2	5

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

MOBILE PHYSIOTHERAPIST'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2025

Breakdown by area:

	Number of Patients		Number of Appointments	
	2024/25	2023/24	2024/25	2023/24
Bamford	3	6	17	25
Bradwell	-	-	-	5
Buxworth	-	1	-	15
Castleton	3	3	17	10
Chapel Milton	2	-	13	-
Chapel-en-le-Frith	68	78	423	448
Chinley	15	14	53	94
Combs	2	4	18	25
Dove Holes	1	2	10	11
Edale	1	-	2	-
Furness Vale	1	2	1	22
Furnilee	1	-	1	-
Hayfield	1	-	1	-
Hathersage	4	10	41	60
Hayfield	-	-	1	-
Hope	1	4	25	20
Kettleshulme	1	-	11	-
New Mills	3	-	40	-
Peak Dale	1	-	2	-
Peak Forest	-	-	4	-
Shatton	1	-	1	-
Whaley Bridge	26	25	138	142

Mandatory CPD requirements have all been fulfilled, and I have undertaken further training in various meditation techniques which can be adapted to help patients in some cases. I have also been studying Tai Chi, and the skills learned have proved transferrable to many patient interventions, significantly expanding the range of exercises taught to improve co-ordination and balance. We have also worked hard together to update a wide range of policies and procedures relating to data protection and lone-working to maintain full compliance with professional standards.

In 2005/26 I plan to undertake further post-graduate training in acupuncture, and hope to increasingly incorporate this into my practice. Aside from that I anticipate the service running largely unchanged, as feedback in the past 12 months has been 100% positive.

Finally, I would like to take this opportunity to thank the committee for their considerable administrative and professional support, without which I would not be able to work effectively, and the local surgeries, all of whom are a great pleasure to work with.

Steve Davidson  
Mobile Physiotherapist, MCSP, HCPC registered

5 May 2025

## CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

### TREASURER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

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Like most small charities we face challenges in raising the funds required to support our charitable aims and we are working hard to ensure that we remain lean and smart in our operations. Our main operating cost is the employment of the senior physiotherapist. We increased provision of the service from four days a week to full time to meet pent up demand after the pandemic but have now had to reduce provision to four days weekly to ensure financial stability. We regularly review our reserves policy to ensure we can meet all financial obligations. Our administration costs are kept to a minimum and none of the executive committee receives any payment. Sandra Higgins will process the payroll in future to save accountants costs and we thank Laytons for their past work and support. We have also decreased transport costs by paying mileage rather than providing a car. Our spending on Continuing Professional Development ensures that our physiotherapist meets his professional body's registration requirements, remains current with good practice and makes links in what can be an isolated job.

Our key objective is the provision of physiotherapy in the home to enable older people to live independently. This is directly in line with the strategic objectives of Joined Up Care Derbyshire "To enable older people to live healthy, independent lives At their normal place of residence for as long as possible" and .."to keep their independence and play an active part in society." DCC aims to prioritise prevention and early intervention. We know from 100% positive service user feedback that the service we deliver provides this. People report renewed confidence and community engagement as well as physical improvement. We are also able to signpost service users to other types of community support. As part of our community access programme, our physiotherapist makes regular visits to local groups to ensure people are well informed about the type of service we provide and how they can access this; we aim to ensure equality of access for all sectors of the community in our target group.

Our fund raising events also help us to promote the service and provide a range of information leaflets. The NHS service contract provides less than 25% of our operating costs. We receive many donations from service users which are totally discretionary in line with their means. We also thank our regular donors and the businesses and organisations that continue to support us, these are listed at the back of the report. High Peak CVS have been supportive in providing ideas and information about available grants but these applications can be complex and time consuming and further help in this area would be appreciated.

Thanks also to Tim Mourné who examines our accounts.

Mrs Judith Aizlewood – Treasurer

5 May 2025

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	31.03.25 £	31.03.24 £
<b>RECEIPTS AND PAYMENTS</b>					
<b>Receipts</b>					
NHS service contract		11,194	-	11,194	9,472
Voluntary grants and donations	2	22,587	-	22,587	28,437
Fundraising activities	3	3,134	-	3,134	3,263
Sale of fixed assets		-	-	-	185
Bank interest		266	-	266	292
<b>Total receipts</b>		<u>37,181</u>	<u>-</u>	<u>37,181</u>	<u>41,649</u>
<b>Payments</b>					
Physiotherapist employment costs	4	43,998	-	43,998	39,633
Service delivery expenditure	5	2,624	441	3,065	4,657
Fundraising costs	6	292	-	292	1,184
Administration costs	7	376	-	376	2,517
<b>Total payments</b>		<u>47,290</u>	<u>441</u>	<u>47,731</u>	<u>47,991</u>
<b>Net receipts (payments)</b>		(10,109)	(441)	(10,550)	(6,342)
<b>Cash funds last year end</b>		<u>31,629</u>	<u>441</u>	<u>32,070</u>	<u>38,412</u>
<b>Cash funds this year end</b>		<u>21,520</u>	<u>-</u>	<u>21,520</u>	<u>32,070</u>

**STATEMENT OF ASSETS AND LIABILITIES AT THE END OF THE YEAR**

<b>Current assets</b>					
Instant access bank accounts and cash		14,070	-	14,070	22,820
Car Loan		7,450	-	7,450	9,250
<b>Total current assets</b>		<u>21,520</u>	<u>-</u>	<u>21,520</u>	<u>32,070</u>
<b>Reserves</b>					
Designated continuity reserve		35,000	-	35,000	42,000
Undesignated free reserves		(13,480)	-	(13,480)	(10,371)
Restricted reserves	8	-	-	-	441
<b>Total reserves</b>		<u>21,520</u>	<u>-</u>	<u>21,520</u>	<u>32,070</u>

Approved by the Board of Trustees and signed on their behalf:

.....  
Cllr Kath Sizeland – Chair

.....  
Mrs Judith Aizlewood – Treasurer

5 May 2025

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE  
CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE (CHARITY NO 500497)  
ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025**

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I report to the trustees on my examination of the accounts of the above charity ("the Service") for the year ended 31 March 2025.

**Responsibilities and basis of report**

As the charity trustees of the Service, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Service's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Mr Tim Mourné FCCA  
Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

Date:

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

**Basis of preparing the accounts**

The accounts of the charity have been prepared under the receipts and payments method. Receipts and payments accounts contain a statement summarising all money received and paid out by the charity in the financial year, and a statement giving details of its assets and liabilities at the end of the year.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. VOLUNTARY GRANTS AND DONATIONS

	31.03.25	31.03.24
	£	£
<b>Restricted funds</b>		
High Peak Borough Councillor's Initiative Fund	-	777
High Peak Health and Wellbeing Partnership	-	500
Grants from other charities	-	1,200
	<u>-</u>	<u>2,477</u>
<b>Unrestricted funds</b>		
Derbyshire County Council	2,000	8,000
Parish and Borough Councils	500	200
Grants from other charities	13,500	10,000
Donations from local businesses	-	2,960
Donations from local groups and individuals	6,587	4,800
	<u>22,587</u>	<u>25,960</u>
<b>Total voluntary grants and donations</b>	<u>22,587</u>	<u>28,437</u>

£1,000 of funding was awarded through Foundation Derbyshire during the year ended 31 March 2025.

£1,500 of funding was awarded through High Peak CVS during the year ended 31 March 2025.

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2025**

**3. FUNDRAISING ACTIVITIES**

	31.03.25	31.03.24
	£	£
Events and outings	1,522	1,161
Coffee mornings	1,403	508
High Peak Community Lottery	182	109
Donated items	27	111
Carnival	-	800
Sponsored events	-	449
Market stalls	-	91
Gift aid received	-	34
	<u>3,134</u>	<u>3,263</u>

Our Treasurer, Judith Aizlewood, organises an annual outing to the RHS Garden Bridgewater in Salford, and we have been very well supported by members of the public raising funds through charity events. We have a JustGiving page for anyone wishing to hold a fundraising event for us.

The Committee was again able to run our usual two coffee mornings in Chinley, which are well supported by local residents. Due to the timing around our accounting year end, takings from three of the last four coffee mornings are included in this year's accounts, with only one in last year's accounts.

We would like to thank everyone who has supported us through the High Peak Community Lottery. Tickets can be purchased at [www.highpeakcommunitylottery.co.uk/support/chapel-en-le-frith-mobile-physiotherapy-service](http://www.highpeakcommunitylottery.co.uk/support/chapel-en-le-frith-mobile-physiotherapy-service).

**4. PHYSIOTHERAPIST EMPLOYMENT COSTS**

	31.03.25	31.03.24
	£	£
Gross salary	43,998	39,633
Employer's NI	-	-
Pension	-	-
	<u>43,998</u>	<u>39,633</u>

**5. SERVICE DELIVERY EXPENDITURE**

	31.03.25	31.03.24
	£	£
Travel costs	1,872	2,527
Equipment costs	574	910
Professional subscriptions and training	253	871
Insurance	294	277
Telephone	72	72
	<u>3,065</u>	<u>4,657</u>

£441 (2024: £836) was spent on small equipment for service users using restricted income.

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS – CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2025

6. FUNDRAISING COSTS

	31.03.25	31.03.24
	£	£
Outing costs	47	1,135
Printing	170	31
Hall hire	75	18
	<u>292</u>	<u>1,184</u>

Due to the timing of payments being made, the costs for the RHS outing in 2025 are included in the accounts for the previous accounting period.

7. ADMINISTRATION COSTS

	31.03.25	31.03.24
	£	£
Computer licence – 3 years	-	1,283
Laptop purchase	-	1,019
Payroll processing	263	137
Printing and postage	113	78
	<u>376</u>	<u>2,517</u>

The laptop and contribution towards the computer licence were paid for from a restricted donation of £1,200.

8. RESTRICTED FUNDS

	At 01.04.24	Receipts	Payments	At 31.03.25
	£	£	£	£
Small equipment for service users	441	-	441	-
	<u>441</u>	<u>-</u>	<u>441</u>	<u>-</u>

While large items of equipment can be prescribed on the NHS, smaller items need to be purchased, and we had grant money from previous years brought forward which enabled us to provide high quality specific equipment to service users.

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

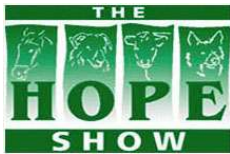
SUPPORTERS  
FOR THE YEAR ENDED 31 MARCH 2025

We are enormously grateful to be supported by:



Chinley Buxworth & Brownside Parish Council

Bamford With Thornhill Parish Council



The Barnabas Charitable Trust

The Duke of Devonshire's Charitable Trust

Vernon Robert Bowmer Charitable Trust

The John Morton Trust

The Picnic Basket Café

Whaley Bridge Allotment and Gardening Society

Hathersage Society for the Prosecution of Felons

and all the individual donors who have given so generously.

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

England & Wales - Charity number 500497

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# Accounts

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**  
**TRUSTEES' ANNUAL REPORT AND ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

## CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**CHAIR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2024**

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Chapel Mobile Physio continues to go from strength to strength. But we do still need your support. Our service is needed more than ever. We are an aging population. The focus is all on caring for people at home. Because that's mainly where people want to be. As a result many local Care Homes are now closing.

We now have more referrals from the Hope Valley and Hayfield, and Steve (our physio) is working harder than ever, as he is now full time. Which does cost more money. Just to note, you need a referral from a doctor to access our service. Our waiting lists for physio isn't very long which is where we differ from the NHS. If you need treatment longer than six weeks you will receive it, which is also where we differ from the NHS. People really value our service and the feedback we collect is great. Life without mobility is very difficult.

Please spread the word to family and friends about our wonderful service. If you are able to come and help out in whatever way you can. That would be great.

Last but not least, I would like to thank all our supporters and donors, without you none of this would be possible.

CLlr Kath Sizeland – Chair

Date:

REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2024

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**REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity name**

The full name of the charity is “Chapel-en-le-Frith Mobile Physiotherapy Service”.

It is also known as “Chapel Mobile Physio”.

**Registered charity number**

500497

**Principal address**

3 Church Brow, Chapel-en-le-Frith, High Peak, SK23 0EU

**Email address**

ChapelMobilePhysio@outlook.com

**Board of Trustees since the end of the previous financial year**

Cllr Kath Sizeland

Mrs Judith Aizlewood

Dr Graham Brodie MB, BS, MRCP

Una Meagher

**Executive Committee at the date of this report**

President - Mayor of the Borough of High Peak Cllr Peter Inman

Chair and Representative of the Borough of High Peak - Cllr Kath Sizeland

Treasurer - Mrs Judith Aizlewood

Secretary - Mrs Sandra Higgins

Minutes Secretary - Helen Young

Medical Adviser - Dr Graham Brodie MB, BS, MRCP

Compliance Officer - Mrs Una Meagher

Representative of the Borough of High Peak - Cllr Nigel Gourlay

Co-opted Members –Mrs Pauline Turner, Mr Roger Turner

**Patron**

Mr Nick Pilling

**Mobile Physiotherapist**

Steve Davidson, Grad Dip Phys MCSP HPC

**Independent Examiner**

Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

**Website**

[www.ChapelMobilePhysio.org](http://www.ChapelMobilePhysio.org)

Our website is hosted for free by Kualo.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2024

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its constitution, as amended on 20 November 2019.

**Recruitment and appointment of new trustees**

The trustees regularly review the skills, experience and knowledge of the Board in order to identify when a new trustee needs to be appointed. The existing trustees decide the attributes which are needed in a new trustee and look to recruit from people already known to them. A suitable candidate is chosen and approached to be invited to join the Board. Once the position has been accepted, the new trustee is appointed and recorded with the Charity Commission.

**Induction and training of new trustees**

New trustees are expected to have a good understanding of the aims and objectives of the charity and its governing document. They are provided with a copy of the Charity Commission Guidance "The essential trustee: what you need to know, what you need to do" and are given additional support as needed so that they can properly perform their duties as a trustee.

**Organisational structure**

The officers of the charity are:

- the President, who is the Mayor of the Borough of High Peak;
- the trustees, of which there are a minimum of three and a maximum of five;
- the Honorary Secretary, elected annually at the Annual General Meeting; and
- the Honorary Treasurer, elected annually at the Annual General Meeting.

The charity is run by its Executive Committee, which consists of:

- the officers of the charity;
- one representative from each rural High Peak Parish from which a nomination has been received;
- two representatives from the Council of the Borough of High Peak; and
- up to six co-opted representatives of the rural Parishes of the High Peak who have knowledge and experience enabling them to make a valued contribution to the Committee, elected annually at the Annual General Meeting.

At least one and up to three Medical Advisers, who are suitably qualified, are appointed annually at the Annual General Meeting to advise the Executive Committee on medical matters.

**Remuneration policy**

No remuneration is paid to any of the members of the Executive Committee. Expenses may be claimed for costs incurred directly and exclusively in the course of the activities of the charity.

Our physiotherapist is paid with reference to NHS payscale rates.

**Wider network**

The charity has a service contract with the NHS Derby and Derbyshire Clinical Commissioning Group.

Referrals for treatment are taken from the following GP practices in the High Peak:

- Thornbrook Surgery, Chapel-en-le-Frith;
- Goyt Valley Medical Practice, Whaley Bridge;
- Evelyn Medical Centre, Hope; and
- Arden House Medical Practice, Hayfield.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2024

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**STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)**

**Risk management**

The Executive Committee identifies and reviews the risks to which the charity is exposed to ensure appropriate controls are in place.

**Safeguarding**

We are committed to safeguarding the wellbeing of vulnerable service users. We ensure this through robust recruitment checks, appropriate training and clear procedures for reporting any concerns.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The charity's objects as stated in its constitution are to promote, establish and maintain a mobile physiotherapy service in Parishes of the High Peak, as selected by the Executive Committee.

**Significant activities**

On the recommendation of a Medical Practitioner or as otherwise agreed by a majority of the Executive Committee on the advice of the Medical Adviser and Physiotherapist, physiotherapy treatment shall be made available in the home to elderly residents. Treatment is free of charge.

**Public benefit**

The trustees are aware of the guidance for the public benefit requirement in its charitable objectives, the running of the charity and its reporting responsibilities and have taken it into account when making a decision to which the guidance is relevant. A summary of the main activities undertaken by the charity to carry out its charitable purposes for the public benefit is included within this report. The trustees confirm that they have complied with their duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

**Volunteers**

The members of the Executive Committee all provide their services for running the charity free of charge. The charity is supported by additional volunteers at its fundraising events.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Our service continues to be the provision of physiotherapy treatment in the home and related support for older residents of the rural High Peak. Derbyshire County Council is encouraging older people to continue to live independently in their own home and we provide an essential service supporting older residents in the rural high Peak.

Steve Davidson has completed his second full year as our Physiotherapist, and we continue to receive high praise and amazing feedback from our service users. The move to a full time position from April 2023 has enabled him to provide many more appointments, as reported in the Physiotherapist's report on pages 6.

**Community Access**

We have started a Community Access Project where our Physiotherapist visits social group meetings and is available to talk to elderly residents about minor physical concerns they may have. This Community Access encourages older residents to seek advice at an earlier stage and enable them to take more preventative action before problems progress.

**Fundraising activities**

As well as our annual spring and autumn coffee mornings, we held a Carnival Family Fun day with local charity Stage 4 Deserves More. Our Treasurer has organised another RHS garden outing, and we have received sponsorship money from two fundraisers. We have continued to be well supported by local Councils, businesses, groups and individuals, to whom we are extremely grateful for their donations, especially during such difficult times.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2024

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**FINANCIAL REVIEW**

**Reserves policy**

The charity updated its reserves policy during the year to reflect changes in its obligations to its employee and patients. This is monitored throughout the year and adapted as circumstances change. Donations received specifically for any activity which has not yet been spent are set aside as restricted reserves.

In order to ensure continuity of service at the highest level, sufficient cash shall be kept in the bank accounts as designated reserves. The amount shall be determined as being equal to 12 months' salary costs as this is the amount considered necessary to:

- a) Demonstrate financial stability to funders and secure alternative long-term funding should existing sources of income become unavailable.
- b) Provide confidence and employment security to existing and potential employees in order to recruit and maintain staff of the highest calibre.

**Financial activities**

Details of the financial activities of the charity during the year, including principal funding sources, how expenditure has supported the key objectives of the charity and the financial position at the year-end is included in the Treasurer's Report on page 8.

**Investment policy and objectives**

All funds are kept in instant access bank accounts.

**FUTURE DEVELOPMENTS**

**Holiday and sick leave cover**

The charity had intended to take on an additional part time physiotherapist during the year to ensure continuity of the provision of treatment during periods of staff absence, but we have not been successful in many of our grant applications and have therefore not been able to raise the funding to do this. This remains a target achievement for the future once funds allow.

**Fundraising**

Fundraising throughout the voluntary sector is becoming more and more challenging, and we have failed to meet our reserves target this year. We will be working hard in the following months to raise the money to replenish our reserves and continue to provide the full-time service we are committed to.

**Signed on behalf of the Board of Trustees:**

CLlr Kath Sizeland – Chair

Mrs Judith Aizlewood – Treasurer

Date:

## CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

### MOBILE PHYSIOTHERAPIST'S REPORT FOR THE YEAR ENDED 31 MARCH 2024

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Another fantastic year!

2023/24 was my second year in post and has been one of consolidation and progressive development. The referrals have continued to flow consistently in, and the service has been working to capacity throughout the year, with an average waiting time of 1-2 weeks. As recorded in last year's report we have developed a good working relationship with Evelyn Medical Centre in the Hope Valley, and now we have also expanded our services west, and accept patients from Arden House Medical Centre in Hayfield.

My working hours have been increased this year, and I now work full-time for the service. This increase in hours is reflected by a proportionate increase in patient numbers seen (evidenced by figures supplied below in this report).

In common with previous years the caseload is varied, and includes a range of musculo-skeletal disorders, neurological conditions and some post-operative rehabilitation. Falls prevention /management is also a common reason for referral. We are accepting an increasing number of patients from care homes, so management of issues occurring subsequent to dementia is often an important consideration. As always, we adopt a holistic approach and, in addition to mainstream physiotherapy, seek to ensure that additional psychological strategies are employed as appropriate to engender a positive outlook and hopeful vision of the future. Examples of this might include breathing exercises to aid relaxation, reframing of challenges, or visualisation techniques. Feedback continues to reflect extremely high overall patient satisfaction.

On several occasions during the year we have teamed up with venues such as Footsteps in Whaley Bridge and volunteer groups based at the Methodist Church in Chapel to offer drop-in advice sessions. These have been popular and further sessions are planned for the coming months.

The service offered by Medequip (with regards to supplying items of equipment) is invaluable, and as I have become more familiar with the local area, I have been able to increasingly refer on to other agencies such as the befriending service and the social prescribing team. The rich support network offered both by health and social services, and other charities and volunteer groups across the High Peak is impressive and allows us to continue to offer a flexible and unique approach to the provision of physiotherapy.

Patient statistics for the year are as follows:

	2023/24	2022/23
Total number of patients referred	158	133
Total number of patients discharged	158	103
Caseload at 31 March 2023	30	30
Total number of appointments	909	614
Total mileage	4,390	3,093

Number of referrals per GP Surgery:

	2023/24	2022/23
Thornbrook Surgery	90	74
Goyt Valley Medical Practice	42	40
Evelyn Medical Practice	21	17
Arden House Medical Practice	5	-
Other	-	2

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**MOBILE PHYSIOTHERAPIST'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2024**

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Breakdown by area:

	Number of Patients		Number of Appointments	
	2023/24	2022/23	2023/24	2022/23
Bamford	6	4	25	25
Bradwell	-	3	5	8
Buxworth	1	2	15	6
Castleton	3	2	10	12
Chapel-en-le-Frith	78	69	448	295
Chinley	14	9	94	49
Combs	4	2	25	7
Dove Holes	2	4	11	15
Furness Vale	2	3	22	3
Hathersage	10	4	60	25
Hope	4	5	20	25
Peak Dale	-	1	-	2
Whaley Bridge	25	25	142	142

Mandatory CPD requirements have all been fulfilled, and I have undertaken training in various meditation techniques which can be adapted to help patients in some cases. We have also worked hard together to update a wide range of policies and procedures relating to data protection and lone-working to maintain full compliance with professional standards.

I anticipate to coming year to be another one of consolidation. As stated above, we are currently running to capacity, and to expand the service further would possibly run the risk of compromising the nature of the intervention that we are able to offer. From the feedback received, maintaining the service currently offered is worthwhile indeed.

Finally I would like to take this opportunity to thank the committee for their considerable administrative and professional support, without which I would not be able to work effectively, and the local surgeries, all of whom are a great pleasure to work with.

Steve Davidson  
Mobile Physiotherapist, MCSP, HCPC registered

Date:

## CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

### TREASURER'S REPORT FOR THE YEAR ENDED 31 MARCH 2024

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Less than 25% of the running costs of this charity are covered by our NHS grant so the voluntary grants and donations we receive are vital to the running of the service. The majority of the funds raised are used to cover the employment costs of the physiotherapist with a salary increase in line with NHS pay scales. We have provided a £10,000 interest free loan to support the physiotherapist in purchasing a reliable vehicle which is essential for his work in this dispersed rural area. This is being repaid by deduction from salary. We made a conscious decision to change our reserves policy which previously included an amount to cover the potential redundancy costs of the last long-term employed physiotherapist. This gave us the confidence to increase the physiotherapist's hours to full time to meet increasing demand. As always, we strive to minimise administration costs but have purchased some items of equipment such as an NHS encrypted laptop to allow confidential recording of patient records without the need for paperwork. This assists us in complying with NHS data protection requirements. We also purchase small items of equipment to supply to service users such as, for example, a knee brace.

Our fundraising activities include local coffee mornings which are well supported and allow us to publicise the service. We ran a coach outing to RHS Bridgewater and an onboard raffle and again a captive audience allowed us to publicise the service. We receive positive feedback from service users many of whom choose to make a donation to the service. Our local parish councils and individual councillors also provide support and local businesses as detailed at the end of this report. Most of our income comes from the time consuming and tireless efforts of our 2 secretaries making applications to voluntary grant giving bodies and we thank these organisations for their generosity. High Peak CVS and Foundation Derbyshire have been very supportive of our work and the committee have also been able to identify and attend training to support our work such as safeguarding and applying for grants.

We thank all our supporters for their generosity which enable our trustees, committee and physiotherapist to continue to provide this invaluable service.

Mrs Judith Aizlewood – Treasurer

Date:

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	31.03.24 £	31.03.23 £
<b>RECEIPTS AND PAYMENTS</b>					
<b>Receipts</b>					
NHS service contract		9,472	-	9,472	10,353
Voluntary grants and donations	2	25,960	2,477	28,437	19,180
Fundraising activities	3	3,263	-	3,263	1,888
Sale of fixed assets		185	-	185	-
Bank interest		292	-	292	191
<b>Total receipts</b>		<u>39,172</u>	<u>2,477</u>	<u>41,649</u>	<u>31,612</u>
<b>Payments</b>					
Physiotherapist employment costs	4	39,633	-	39,633	27,085
Service delivery expenditure	5	3,821	836	4,657	2,982
Fundraising costs	6	1,184	-	1,184	61
Administration costs	7	1,317	1,200	2,517	412
<b>Total payments</b>		<u>45,955</u>	<u>2,036</u>	<u>47,991</u>	<u>30,540</u>
<b>Net receipts (payments)</b>		(6,783)	441	(6,342)	1,072
<b>Cash funds last year end</b>		<u>38,412</u>	-	<u>38,412</u>	<u>37,340</u>
<b>Cash funds this year end</b>		<u>31,629</u>	<u>441</u>	<u>32,070</u>	<u>38,412</u>

**STATEMENT OF ASSETS AND LIABILITIES AT THE END OF THE YEAR**

<b>Current assets</b>					
Instant access bank accounts and cash		22,379	441	22,820	38,412
Car Loan		9,250	-	9,250	-
<b>Total current assets</b>		<u>31,629</u>	<u>441</u>	<u>32,070</u>	<u>38,412</u>
<b>Reserves</b>					
Designated continuity reserve		42,000	-	42,000	40,000
Undesignated free reserves		(10,371)	-	(10,371)	(1,588)
Restricted reserves	8	-	441	441	-
<b>Total reserves</b>		<u>31,629</u>	<u>441</u>	<u>32,070</u>	<u>38,412</u>

Approved by the Board of Trustees and signed on their behalf:

.....  
Cllr Kath Sizeland – Chair

.....  
Mrs Judith Aizlewood – Treasurer

Date:

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE  
CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE (CHARITY NO 500497)  
ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2024**

---

I report to the trustees on my examination of the accounts of the above charity ("the Service") for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the charity trustees of the Service, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Service's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

Date:

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

**Basis of preparing the accounts**

The accounts of the charity have been prepared under the receipts and payments method. Receipts and payments accounts contain a statement summarising all money received and paid out by the charity in the financial year, and a statement giving details of its assets and liabilities at the end of the year.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. VOLUNTARY GRANTS AND DONATIONS

	31.03.24	31.03.23
	£	£
<b>Restricted funds</b>		
High Peak Borough Councillor's Initiative Fund	777	-
High Peak Health and Wellbeing Partnership	500	-
Grants from other charities	1,200	-
	<u>2,477</u>	<u>-</u>
<b>Unrestricted funds</b>		
Derbyshire County Council	8,000	6,000
Parish and Borough Councils	200	2,250
Grants from other charities	10,000	2,200
Donations from local businesses	2,960	3,801
Donations from local groups and individuals	4,800	4,929
	<u>25,960</u>	<u>19,180</u>
<b>Total voluntary grants and donations</b>	<u>28,437</u>	<u>19,180</u>

£1,500 of funding was awarded through High Peak CVS during the year ended 31 March 2024.

£2,000 of funding was awarded through Foundation Derbyshire during the year ended 31 March 2023.

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2024**

**3. FUNDRAISING ACTIVITIES**

	31.03.24	31.03.23
	£	£
Garden parties and outings	1,161	888
Carnival	800	-
Coffee mornings	508	793
Sponsored events	449	-
Donated items	111	207
High Peak Community Lottery	109	-
Market stalls	91	-
Gift aid received	34	-
	<u>3,263</u>	<u>1,888</u>

The Committee was again able to run our usual two coffee mornings, but our Spring morning was in April rather than March so only the funds raised from the October coffee morning are included in these accounts. As well as having a bric-a-brac table at our coffee mornings, we also raised funds by selling selected donated items online.

We raised money on a market stall during our awareness campaign "Falls Fortnight" and held a joint event with another local charity "Stage 4 Deserves More" at the Chapel Carnival in June. Two supporters undertook sponsored events for us this year, from which we also received Gift Aid, and we now have a JustGiving page for future fundraisers.

Our Treasurer, Judith Aizlewood, organised a very successful outing to the RHS Garden Bridgewater in Salford but was not able to host her annual summer garden party due to bad weather.

We would like to thank everyone who has supported us through the High Peak Community Lottery. Tickets can be purchased at [www.highpeakcommunitylottery.co.uk/support/chapel-en-le-frith-mobile-physiotherapy-service](http://www.highpeakcommunitylottery.co.uk/support/chapel-en-le-frith-mobile-physiotherapy-service).

**4. PHYSIOTHERAPIST EMPLOYMENT COSTS**

	31.03.24	31.03.23
	£	£
Gross salary	39,633	27,085
Employer's NI	-	-
Pension	-	-
	<u>39,633</u>	<u>27,085</u>

**5. SERVICE DELIVERY EXPENDITURE**

	31.03.24	31.03.23
	£	£
Travel costs	2,527	1,194
Equipment costs	910	898
Professional subscriptions and training	871	113
Insurance	277	256
Telephone	72	391
Project costs – Safer Living in Your Own Home	-	130
	<u>4,657</u>	<u>2,982</u>

£836 was spent on small equipment for service users using restricted income.

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS – CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2024

6. FUNDRAISING COSTS

	31.03.24	31.03.23
	£	£
Outing costs	1,135	-
Printing	31	-
Hall hire	18	-
Fundraising subscriptions	-	61
	<u>1,184</u>	<u>61</u>

Outing costs include payment for last year's garden trip.

7. ADMINISTRATION COSTS

	31.03.24	31.03.23
	£	£
Computer licence – 3 years	1,283	-
Laptop purchase	1,019	-
Payroll processing	137	313
Printing and postage	78	99
	<u>2,517</u>	<u>412</u>

The laptop and contribution towards the computer licence were paid for from a restricted donation of £1,200.

8. RESTRICTED FUNDS

	At 01.04.23	Receipts	Payments	At 31.03.24
	£	£	£	£
Laptop purchase	-	1,200	1,200	-
Small equipment for service users	-	1,277	836	441
	<u>-</u>	<u>2,477</u>	<u>2,036</u>	<u>441</u>

We received £1,200 from a charitable trust to purchase an NHS laptop for our physiotherapist. This means he can now directly update most of our service users' patient records to the NHS, saving a significant amount of administration time and freeing up time for more appointments.

During the year we received £500 to help support those who are struggling financially as a result of the recent the cost of living increases. While large items of equipment can be prescribed on the NHS, smaller items need to be purchased, and this grant enabled us to provide high quality specific equipment to service users. The initial project was so successful we have raised an additional £777 to be able to continue with this project.

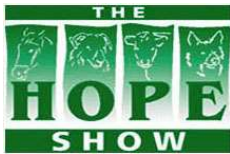
CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

SUPPORTERS  
FOR THE YEAR ENDED 31 MARCH 2024

We are enormously grateful to be supported by:



Foundation  
Derbyshire



Chinley Buxworth & Brownside Parish Council

Bamford With Thornhill Parish Council



The Picnic Basket Café

Whaley Bridge Allotment and Gardening Society

Chapel-en-le-Frith Over 60's Club

Vernon Robert Bowmer Charitable Trust

The John Morton Trust

The Barnabas Charitable Trust

and all the individual donors who have given so generously.

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

England & Wales - Charity number 500497

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# Accounts

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**  
**TRUSTEES' ANNUAL REPORT AND ACCOUNTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

# CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**CHAIR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2023**

---

It has been another packed year.

We have given a talk to Chapel WI which went down well. Our Physiotherapist, Steve, talked through a few people's mobility ailments with the aid of various medical skeletons. The Executive Committee decided as this had gone down well we would branch out and attend various older people's groups in the area, with the view to help people and spread the word about our great service!

Steve is now full time, which is great, as more patients are seen. We are working more with surgeries around the High Peak, which means we are accessing more people too. There are a number of other avenues which Steve wants to explore and hopefully they will add more strings to his bow and our service!

All in all Chapel Mobile Physio is doing well. Our ratings from feedback are fantastic. Sandra is doing well getting donations in, Judith is managing the money well and has brought in a new Trustee, Una, to help with all the compliance which has to be done, but is the bane of our life.

I would like to thank all the committee for their continuing hard work - Onwards and upwards!

Cllr Kath Sizeland – Chair

Date:

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2023**

---

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity name**

The full name of the charity is "Chapel-en-le-Frith Mobile Physiotherapy Service".

It is also known as "Chapel Mobile Physio".

**Registered charity number**

500497

**Principal address**

3 Church Brow, Chapel-en-le-Frith, High Peak, SK23 0EU

**Email address**

ChapelMobilePhysio@outlook.com

**Board of Trustees since the end of the previous financial year**

Cllr Kath Sizeland

Mrs Judith Aizlewood

Dr Graham Brodie MB, BS, MRCP

Una Meagher (appointed 31 January 2023)

**Executive Committee at the date of this report**

President - Mayor of the Borough of High Peak Cllr Peter Inman

Chair and Representative of the Borough of High Peak - Cllr Kath Sizeland

Medical Adviser - Dr Graham Brodie MB, BS, MRCP

Honorary Secretary - Mrs Sandra Higgins

Honorary Treasurer - Mrs Judith Aizlewood

Honorary Minutes Secretary - Helen Young

Representative of the Borough of High Peak - Cllr Stewart Young

Co-opted Members – Mrs Una Meagher, Mrs Pauline Turner, Mr Roger Turner

**Patron**

Mr Nick Pilling

**Mobile Physiotherapist**

Steve Davidson, Grad Dip Phys MCSP HPC

**Independent Examiner**

Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

**Website**

[www.ChapelMobilePhysio.org](http://www.ChapelMobilePhysio.org)

Our website is hosted for free by Kualo.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2023

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its constitution, as amended on 20 November 2019.

**Recruitment and appointment of new trustees**

The trustees regularly review the skills, experience and knowledge of the Board in order to identify when a new trustee needs to be appointed. The existing trustees decide the attributes which are needed in a new trustee and look to recruit from people already known to them. A suitable candidate is chosen and approached to be invited to join the Board. Once the position has been accepted, the new trustee is appointed and recorded with the Charity Commission.

**Induction and training of new trustees**

New trustees are expected to have a good understanding of the aims and objectives of the charity and its governing document. They are provided with a copy of the Charity Commission Guidance "The essential trustee: what you need to know, what you need to do" and are given additional support as needed so that they can properly perform their duties as a trustee.

**Organisational structure**

The officers of the charity are:

- the President, who is the Mayor of the Borough of High Peak;
- the trustees, of which there are a minimum of three and a maximum of five;
- the Honorary Secretary, elected annually at the Annual General Meeting; and
- the Honorary Treasurer, elected annually at the Annual General Meeting.

The charity is run by its Executive Committee, which consists of:

- the officers of the charity;
- one representative from each rural High Peak Parish from which a nomination has been received;
- two representatives from the Council of the Borough of High Peak; and
- up to six co-opted representatives of the rural Parishes of the High Peak who have knowledge and experience enabling them to make a valued contribution to the Committee, elected annually at the Annual General Meeting.

At least one and up to three Medical Advisers, who are suitably qualified, are appointed annually at the Annual General Meeting to advise the Executive Committee on medical matters.

**Remuneration policy**

No remuneration is paid to any of the members of the Executive Committee. Expenses may be claimed for costs incurred directly and exclusively in the course of the activities of the charity.

Our physiotherapist is paid with reference to NHS payscale rates.

**Wider network**

The charity has a service contract with the NHS Derby and Derbyshire Clinical Commissioning Group.

Referrals for treatment are taken from the following GP practices in the High Peak:

- Thornbrook Surgery, Chapel-en-le-Frith;
- Goyt Valley Medical Practice, Whaley Bridge;
- Evelyn Medical Centre, Hope; and
- Arden House Medical Practice, Hayfield.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2023

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**STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)**

**Risk management**

The Executive Committee identifies and reviews the risks to which the charity is exposed to ensure appropriate controls are in place.

**Safeguarding**

We are committed to safeguarding the wellbeing of vulnerable service users. We ensure this through robust recruitment checks, appropriate training and clear procedures for reporting any concerns.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The charity's objects as stated in its constitution are to promote, establish and maintain a mobile physiotherapy service in Parishes of the High Peak, as selected by the Executive Committee.

**Significant activities**

On the recommendation of a Medical Practitioner or as otherwise agreed by a majority of the Executive Committee on the advice of the Medical Adviser and Physiotherapist, physiotherapy treatment shall be made available in the home to elderly residents. Treatment is free of charge.

**Public benefit**

The trustees are aware of the guidance for the public benefit requirement in its charitable objectives, the running of the charity and its reporting responsibilities and have taken it into account when making a decision to which the guidance is relevant. A summary of the main activities undertaken by the charity to carry out its charitable purposes for the public benefit is included within this report. The trustees confirm that they have complied with their duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

**Volunteers**

The members of the Executive Committee all provide their services for running the charity free of charge. The charity is supported by additional volunteers at its fundraising events.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Our service continues to be the provision of physiotherapy treatment in the home and related support for elderly residents of the rural High Peak. Derbyshire County Council is encouraging older people to continue to live independently in their own home and we provide an essential service supporting older residents in the rural high Peak.

Steve Davidson had completed his first full year as our Physiotherapist, and we have had some amazing feedback from our service users. He is well liked by all and his enthusiasm for our unique service has enabled us to expand his role to a full time position from 1 April 2023. This is an increase from 21 hours a week to 37½ hours a week, and we are enormously grateful to those that give so generously with their financial support which has enabled us to commit to this growth on a sound financial footing.

As we have increased our capacity during the year, we have strengthened our relationship with all four of our referring GP practices, and to provide physiotherapy treatment and related support to residents across the High Peak. Our Physiotherapist's Report on page 7 shows the breadth of our reach, and this is a trend we aim to continue.

**Fundraising activities**

As well as our annual spring and autumn coffee mornings, we have been selling donated items online and our Treasurer organised a garden party and a trip to RHS Bridgewater Garden. We have continued to be well supported by local Councils, businesses, groups and individuals, to whom we are extremely grateful for their donations, especially during such difficult times.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2022

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**FINANCIAL REVIEW**

**Reserves policy**

The charity updated its reserves policy during the year to reflect changes in its obligations to its employee and patients. This is monitored throughout the year and adapted as circumstances change. Donations received specifically for any activity which has not yet been spent are set aside as restricted reserves.

In order to ensure continuity of service at the highest level sufficient cash shall be kept in the bank accounts as designated reserves. The amount shall be determined as being equal to 12 months' salary costs as this is the amount considered necessary to:

- a) Demonstrate financial stability to funders and secure alternative long term funding should existing sources of income become unavailable.
- b) Provide confidence and employment security to existing and potential employees in order to recruit and maintain staff of the highest calibre.

**Financial activities**

Details of the financial activities of the charity during the year, including principal funding sources, how expenditure has supported the key objectives of the charity and the financial position at the year end is included in the Treasurer's Report on page 8.

**Investment policy and objectives**

All funds are kept in instant access bank accounts.

**FUTURE DEVELOPMENTS**

**Increased service hours**

From April 2023 we are permanently providing our Service five days a week, helping fulfil the growing demand for NHS physiotherapy treatment at home.

**Holiday and sick leave cover**

The charity intends to take on an additional part time physiotherapist during the next year to ensure continuity of the provision of treatment during periods of staff absence.

**Service Expansion**

We have been talking to healthcare agencies covering the Hope Valley and Hayfield, having been successful in achieving our aim of expanding our service in the Hope Valley over the last twelve months. We intend to raise our profile and further expand our Service in both the Hope Valley and Hayfield areas in the coming year so that we have better coverage for residents throughout the High Peak.

**Community Access**

In 2023 we will be trialling a Community Access Project where our Physiotherapist visits social group meetings and is available to talk to elderly residents about minor physical concerns they may have. It is hoped that Community Access will encourage older residents to seek advice at an earlier stage and enable them to take more preventative action before problems progress.

**Signed on behalf of the Board of Trustees:**

CLlr Kath Sizeland – Chair

Mrs Judith Aizlewood – Treasurer

Date:

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**MOBILE PHYSIOTHERAPIST'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2023**

---

Well, what a great year it's been!

I took up the post of Chapel Mobile Physio in April 2022. Firstly I must say a massive thank you to Maureen Pargeter my predecessor, and also those who went before her who unfortunately I have never met, for helping to set up and run such a fantastic, locally well-respected service.

After a slightly slow beginning, brought about as a result of lockdown combined with the long-term sick leave / retirement of the out-going physio, the service has rapidly regained referral levels in line with previous years. In addition to a steady stream of patients coming from Thornbrook Surgery and Goyt Valley Medical Practice, we have now developed a good working relationship with Evelyn Medical Centre and are now also very active in the Hope Valley. It is a relief to be able to report that virtually 100% of consultations are once again face-to-face.

Patients referred include those with back and neck pain, as well as other musculo-skeletal disorders, neurological conditions, mobility problems / a history of falls, and mental health issues (such as loss of confidence resulting from the lockdown). Often co-morbidity features, and sometime cognitive impairment / dementia needs to be taken into account. As in the past, a holistic approach is always adopted: the treatment plan is discussed with the patient and where appropriate the consent of family and carers is gained, and every effort is made to achieve the best possible realistic and achievable outcome. Formal feedback received has been 100% positive.

Treatment modalities used are wide-ranging and varied, including manual techniques, exercise and acupuncture; and where necessary items of equipment can be ordered to facilitate mobility and independence. Thanks to the unique and flexible nature of the Chapel Mobile Physio service I have the opportunity to, on occasion, undertake activities such as accompanying patients on a shopping trip, or walking with them to visit their partner's grave, which I think is both appreciated and can be hugely beneficial.

Continuing Professional Development (CPD) this year has, in addition to mandatory training, has included courses in Tai Chi and Qi Gong: Traditional Chinese Medicine is an area of the service I hope to develop in future years. I have also studied some Yoga which I have been able to incorporate into treatment plans, joined a professional special interest group relating to the physiotherapy treatment available for older people, and have attended some formal training on the subject of osteoporosis.

Changes planned for the future include the expansion of the service to become a full-time post. This will enable Chapel Mobile Physiotherapy to begin to accept referrals from Arden House Medical Centre and expand the service westwards. We are also piloting a scheme whereby physiotherapy advice will be made available to attendees at various community events held in local cafes and churches. This is due to begin in April and will initially take place one afternoon / month.

Patient statistics for the year 2022/23 are as follows:

Total number of patients referred	133
Total number of patients discharged	103
Caseload at 31 March 2023	30
Total number of appointments	614
Total mileage	3,093

Number of referrals per GP Surgery:

Thornbrook Surgery	74
Goyt Valley Medical Practice	40
Evelyn Medical Practice	17
Other	2

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**MOBILE PHYSIOTHERAPIST'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2023**

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Breakdown by area:

	Number of Patients	Number of Appointments
Bamford	4	25
Bradwell	3	8
Buxworth	2	6
Castleton	2	12
Chapel-en-le-Frith	69	295
Chinley	9	49
Combs	2	7
Dove Holes	4	15
Furness Vale	3	3
Hathersage	4	25
Hope	5	25
Peak Dale	1	2
Whaley Bridge	25	142

Finally can I take this opportunity to thank the Committee who have been so supportive in my first year in the post. I massively appreciate both the trust implied by their allowing me complete autonomy regarding how the service is run, whilst also taking all suggestions seriously and implementing change wherever they can. I also am aware that without all their hard work and time given free of charge that there would be no money raised to pay my salary!

Steve Davidson  
Mobile Physiotherapist, MCSP, HCPC registered

Date:

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**TREASURER'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2023**

---

Our NHS grant from the Integrated Care Board covers less than a third of the operational costs of the charity so we rely on the commitment of our small group of volunteers to raise the balance needed. We are immensely grateful for the support we receive from businesses and voluntary grants.

You can see the wide range of support we receive on page 13 of this report. We have been able to return to local fundraising and although the amounts raised are relatively small, events such as coffee mornings enable us to promote the service within the community. We are extremely grateful when service users make a donation in recognition of the help they have received and it is always pleasing to receive their thanks.

Due to our financial position we are pleased to have been able to expand our hours of provision and this will increase to a full time post in the next financial year.

One of the main aims of Joined Up Care Derbyshire's Integrated Care Strategy is to enable people to age well. "To enable older people to live healthy, independent lives at their normal place of residence for as long as possible." We are confident that with continuing financial support we will be able to make a valuable and cost effective contribution to fulfilling this aim.

Many thanks to Laytons Accountants for their financial services and to our Independent Accounts Examiner T J Mourné.

Mrs Judith Aizlewood – Treasurer

Date:

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	31.03.23 £	31.03.22 £
<b>RECEIPTS AND PAYMENTS</b>					
<b>Receipts</b>					
NHS service contract		10,353	-	10,353	10,091
Voluntary grants and donations	2	19,180	-	19,180	15,889
Fundraising activities	3	1,888	-	1,888	2,922
Sale of fixed assets		-	-	-	5,570
Bank interest		191	-	191	87
<b>Total receipts</b>		<b>31,612</b>	<b>-</b>	<b>31,612</b>	<b>34,559</b>
<b>Payments</b>					
Physiotherapist employment costs	4	25,085	2,000	27,085	25,594
Service delivery expenditure	5	2,982	-	2,982	2,195
Fundraising costs	6	61	-	61	273
Administration costs	7	412	-	412	402
<b>Total payments</b>		<b>28,540</b>	<b>2,000</b>	<b>30,540</b>	<b>28,464</b>
<b>Net receipts (payments)</b>		<b>3,072</b>	<b>(2,000)</b>	<b>1,072</b>	<b>6,095</b>
<b>Cash funds last year end</b>		<b>35,340</b>	<b>2,000</b>	<b>37,340</b>	<b>31,245</b>
<b>Cash funds this year end</b>		<b>38,412</b>	<b>-</b>	<b>38,412</b>	<b>37,340</b>

**STATEMENT OF ASSETS AND LIABILITIES AT THE END OF THE YEAR**

<b>Current Assets - Cash funds</b>					
Instant access bank accounts		38,340	-	38,340	37,269
Cash float		72	-	72	71
<b>Total cash funds</b>		<b>38,412</b>	<b>-</b>	<b>38,412</b>	<b>37,340</b>
<b>Reserves</b>					
Designated continuity reserve		40,000	-	40,000	-
Designated redundancy reserve		-	-	-	1,000
Designated operating costs reserve		-	-	-	10,000
Undesignated free reserves		(1,588)	-	(1,588)	24,340
Restricted reserves	8	-	-	-	2,000
<b>Total reserves</b>		<b>38,412</b>	<b>-</b>	<b>38,412</b>	<b>37,340</b>

Approved by the Board of Trustees and signed on their behalf:

.....  
Cllr Kath Sizeland – Chair

.....  
Mrs Judith Aizlewood – Treasurer

Date:

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE  
CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE (CHARITY NO 500497)  
ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023**

---

I report to the trustees on my examination of the accounts of the above charity ("the Service") for the year ended 31 March 2023.

**Responsibilities and basis of report**

As the charity trustees of the Service, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Service's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

Date:

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

**Basis of preparing the accounts**

The accounts of the charity have been prepared under the receipts and payments method. Receipts and payments accounts contain a statement summarising all money received and paid out by the charity in the financial year, and a statement giving details of its assets and liabilities at the end of the year.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. VOLUNTARY GRANTS AND DONATIONS

	31.03.23	31.03.22
	£	£
<b>Restricted funds</b>		
High Peak Borough Councillor's Initiative Fund	-	200
	<u>-</u>	<u>200</u>
<b>Unrestricted funds</b>		
Derbyshire County Council	6,000	3,860
Parish and Borough Councils	2,250	350
High Peak CVS – 5 Ways to Wellbeing	-	1,000
Grants from other charities	2,200	5,000
Donations from local businesses	3,801	1,991
Donations from local groups and individuals	4,929	3,488
Gift Aid claim received	-	-
	<u>19,180</u>	<u>15,689</u>
<b>Total voluntary grants and donations</b>	<u>19,180</u>	<u>15,889</u>

£2,000 of unrestricted funding was awarded through Foundation Derbyshire.

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2023

**3. FUNDRAISING ACTIVITIES**

	31.03.23	31.03.22
	£	£
Coffee mornings	793	918
Market stalls	-	529
Garden parties and outings	888	295
Raffles	-	1,180
Donated items	207	-
	<u>1,888</u>	<u>2,922</u>

The Committee was again able to run our usual two coffee mornings during the year, and our Treasurer, Judith Aizlewood, hosted garden party and organised a very successful outing to the RHS Garden Bridgewater in Salford.

As well as having a bric-a-brac table at our coffee mornings, we also raised funds by selling selected donated items online.

Last year we raised money on market stalls, primarily during our awareness campaign "Falls Fortnight" which has previously been held in March. This is planned for later in the year for 2023.

**4. PHYSIOTHERAPIST EMPLOYMENT COSTS**

	31.03.23	31.03.22
	£	£
Gross salary	27,085	23,662
Employer's NI	-	-
Pension	-	1,932
	<u>27,085</u>	<u>25,594</u>

**5. SERVICE DELIVERY EXPENDITURE**

	31.03.23	31.03.22
	£	£
Project costs – Safer Living in Your Own Home, Incorporating Falls Prevention and Awareness	130	704
Travel costs	1,194	418
Equipment costs	898	410
Telephone	391	5
Insurance	256	262
Professional subscriptions and training	113	305
Physiotherapist's expenses	-	91
	<u>2,982</u>	<u>2,195</u>

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS – CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2023

6. FUNDRAISING COSTS

	31.03.23	31.03.22
	£	£
Fundraising subscriptions	61	-
Hall hire	-	44
Market stall costs	-	74
Printing	-	155
	<u>61</u>	<u>273</u>

7. ADMINISTRATION COSTS

	31.03.23	31.03.22
	£	£
Payroll processing	313	209
Printing and postage	99	-
Treasurer's expenses	-	189
Bank and transaction charges	-	4
	<u>412</u>	<u>402</u>

8. RESTRICTED FUNDS

	At 01.04.22	Receipts	Payments	At 31.03.23
	£	£	£	£
Hope Valley Expansion	<u>2,000</u>	<u>-</u>	<u>2,000</u>	<u>-</u>
	<u>2,000</u>	<u>-</u>	<u>2,000</u>	<u>-</u>

At 31 March 2020 restricted funds of £2,000 were held for developing the service in the Hope Valley. Due to COVID-19 this expansion was not possible as soon as we had intended and the funds were carried forward with the agreement of the donor. Since April 2022 we have been successful in developing our service throughout the Hope Valley from Castleton to Bamford as detailed in our Physiotherapist's Report on page 7, and we look forward to increasing our Service in this area in the future.

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

SUPPORTERS  
FOR THE YEAR ENDED 31 MARCH 2023

We are enormously grateful to be supported by:



Chinley Buxworth & Brownside Parish Council

Bamford With Thornhill Parish Council



The Picnic Basket Café

The John Morton Trust

Chapel-en-le-Frith Over 60's Club

Chapel-en-le-Frith Ladies Guild

and all the individual donors who have given so generously.

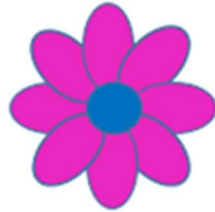
**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

England & Wales - Charity number 500497

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# Accounts

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**TRUSTEES' ANNUAL REPORT AND ACCOUNTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

# CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**CHAIR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2022**

---

It's been quite a year. I would like to thank everyone on the Executive Committee for their hard work. Especially Sandra and Judith who have stepped up to the challenges we have faced - amazingly.

Despite Covid-19 we have managed to raise a good sum of money. We've also upped our profile and got our name out there by running our big raffles, having the stalls on the Market Place and Fab Market, social media and by asking local businesses for prizes and promoting them.

Unfortunately our physiotherapist, Maureen, has resigned, but out of this we have forged better links with Thornbrook Surgery. We also now have a new enthusiastic physiotherapist Steve, and I would like to welcome him to our "Mobile Physio family".

Sadly, our longest serving Committee member Ann Yates feels it's now time to retire. Ann has held many positions in Chapel Mobile Physio and over the years her contribution has been massive. I would to thank her and wish her well for the future.

Sandra has led us kicking and screaming into the 21st century and digitally upgraded everything. I hope this will lead us to expanding in the future and we have a new physiotherapist to help facilitate that.

We always need more Committee members to help us fulfil our roles. If anyone knows someone who has a medical background or digital skills that could contribute please let us know.

Cllr Kath Sizeland – Chair

Date: 19 April 2022

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2022**

---

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity name**

The full name of the charity is "Chapel-en-le-Frith Mobile Physiotherapy Service".

It is also known as "Chapel Mobile Physio".

**Registered charity number**

500497

**Principal address**

3 Church Brow, Chapel-en-le-Frith, High Peak, SK23 0EU

**Email address**

ChapelMobilePhysio@outlook.com

**Board of Trustees since the end of the previous financial year**

Cllr Kath Sizeland

Mrs Ann Yates (resigned 31 March 2022)

Mrs Judith Aizlewood

Dr Graham Brodie MB, BS, MRCP

**Executive Committee at the date of this report**

President - Mayor of the Borough of High Peak Cllr Ed Kelly

Vice President - Mrs Ann Yates (resigned 31 March 2022)

Chair and Representative of the Borough of High Peak - Cllr Kath Sizeland

Medical Adviser - Dr Graham Brodie MB, BS, MRCP

Honorary Secretary - Mrs Sandra Higgins

Honorary Treasurer - Mrs Judith Aizlewood

Honorary Minutes Secretary - Helen Young (co-opted 31 August 2021)

Representative of the Borough of High Peak - Cllr Stewart Young

Co-opted Members - Mrs Pauline Turner, Mr Roger Turner

**Executive Committee resigned since the end of the previous financial year**

Mr Alistair Rogerson

**Patron**

Mr Nick Pilling

**Mobile Physiotherapist**

Steve Davidson, Grad Dip Phys MCSP HPC (from 14 March 2022)

Maureen Pargeter MCSP, HCPC registered (to 31 March 2022)

**Independent Examiner**

Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

**Website**

[www.ChapelMobilePhysio.org](http://www.ChapelMobilePhysio.org)

Our website is hosted for free by Kualo.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2022

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its constitution, as amended on 20 November 2019.

**Recruitment and appointment of new trustees**

The trustees regularly review the skills, experience and knowledge of the Board in order to identify when a new trustee needs to be appointed. The existing trustees decide the attributes which are needed in a new trustee and look to recruit from people already known to them. A suitable candidate is chosen and approached to be invited to join the Board. Once the position has been accepted, the new trustee is appointed and recorded with the Charity Commission.

**Induction and training of new trustees**

New trustees are expected to have a good understanding of the aims and objectives of the charity and its governing document. They are provided with a copy of the Charity Commission Guidance "The essential trustee: what you need to know, what you need to do" and are given additional support as needed so that they can properly perform their duties as a trustee.

**Organisational structure**

The officers of the charity are:

- the President , who is the Mayor of the Borough of High Peak;
- the trustees, of which there are a minimum of three and a maximum of five;
- the Honorary Secretary, elected annually at the Annual General Meeting; and
- the Honorary Treasurer, elected annually at the Annual General Meeting.

The charity is run by its Executive Committee, which consists of:

- the officers of the charity;
- one representative from each rural High Peak Parish from which a nomination has been received;
- two representatives from the Council of the Borough of High Peak; and
- up to six co-opted representatives of the rural Parishes of the High Peak who have knowledge and experience enabling them to make a valued contribution to the Committee, elected annually at the Annual General Meeting.

At least one and up to three Medical Advisers, who are suitably qualified, are appointed annually at the Annual General Meeting to advise the Executive Committee on medical matters.

**Remuneration policy**

No remuneration is paid to any of the members of the Executive Committee. Expenses may be claimed for costs incurred directly and exclusively in the course of the activities of the charity.

Our physiotherapist is paid in line with NHS payscale rates.

**Wider network**

The charity has a service contract with the NHS Derby and Derbyshire Clinical Commissioning Group.

Referrals for treatment are taken from the following GP practices in the High Peak:

- Thornbrook Surgery, Chapel-en-le-Frith;
- Goyt Valley Medical Practice, Whaley Bridge; and
- Evelyn Medical Centre, Hope.

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2022

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**STRUCTURE, GOVERNANCE AND MANAGEMENT (continued)**

**Risk management**

The Executive Committee identifies and review the risks to which the charity is exposed and to ensure appropriate controls are in place.

**Safeguarding**

We are committed to safeguarding the wellbeing of vulnerable service users. We ensure this through robust recruitment checks, appropriate training and clear procedures for reporting any concerns.

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The charity's objects as stated in its constitution are to promote, establish and maintain a mobile physiotherapy service in Parishes of the High Peak, as selected by the Executive Committee.

**Significant activities**

On the recommendation of a Medical Practitioner or as otherwise agreed by a majority of the Executive Committee on the advice of the Medical Adviser and Physiotherapist, physiotherapy treatment shall be made available in the home to elderly residents. Treatment is free of charge.

**Public benefit**

The trustees are aware of the guidance for the public benefit requirement in its charitable objectives, the running of the charity and its reporting responsibilities and have taken it into account when making a decision to which the guidance is relevant. A summary of the main activities undertaken by the charity to carry out its charitable purposes for the public benefit is included within this report. The trustees confirm that they have complied with their duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

**Volunteers**

The members of the Executive Committee all provide their services for running the charity free of charge. The charity is supported by additional volunteers at its fundraising events.

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

Our service continues to be the provision of physiotherapy treatment in the home and related support for elderly residents of the rural High Peak. This was significantly reduced during the summer of 2021 due to time taken off by our physiotherapist for sick leave, although we were provided some cover by Blythe House Hospice, which we are very grateful for.

Our physiotherapist, Maureen Pargeter, who had been with us since 2004, left in March 2022. We are delighted to welcome Steve Davidson, who started with us in March 2022, as our new mobile physiotherapist, and look forward to expanding and developing our service with him in the future.

A summary of the charity's activities during the year is given in the Mobile Physiotherapist's Report on page 6.

**Fundraising activities**

The charity has been able to hold fundraising events during the year, including two coffee mornings, two Big Draw raffles, and six market stalls during Falls Awareness Fortnight, part of our project to support people continuing to live safely in their own homes.

We have continued to be well supported by local businesses, groups and individuals, to whom we are extremely grateful for their donations, especially during such difficult times.

## CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

### REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 31 MARCH 2022

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#### **FINANCIAL REVIEW**

##### **Reserves policy**

The charity has obligations to its employee and patients. To fulfil its obligations as an employer, an amount equal to the cost of redundancy is kept in a designated reserve. In order to make sure all patients receive their full course of treatment, an amount equal to three months' running costs is also set aside in a designated reserve. This is monitored throughout the year and adapted as circumstances change. Donations received specifically for any activity which has not yet been spent are set aside as restricted reserves.

##### **Financial activities**

Details of the financial activities of the charity during the year, including principal funding sources, how expenditure has supported the key objectives of the charity and the financial position at the year end is included in the Treasurer's Report on page 7.

##### **Investment policy and objectives**

All funds are kept in instant access bank accounts.

#### **FUTURE DEVELOPMENTS**

##### **Increased service hours**

For many years we provided a service on a three days a week basis, which was increased to four days in response to the increased need for physiotherapy treatment at home arising from the Covid-19 pandemic. Our new staffing arrangements will allow us to further increase our service hours in the future to help fulfil the growing demand for NHS physiotherapy treatment at home. Derbyshire County Council is encouraging older people to continue to live independently in their own home and we provide an essential service supporting older residents in the rural high Peak.

##### **Holiday and sick leave cover**

The charity intends to take on an additional part time physiotherapist during the next year to ensure continuity of the provision of treatment during periods of staff absence.

##### **Hope Valley**

The service statistics continue to show that there is a higher volume of referrals concentrated in the Chapel-en-le-Frith, Whaley Bridge and Chinley areas than in the Hope Valley. Our service is available throughout the rural Parishes of the High Peak, and we have been granted funding to increase our service in the Hope Valley. We have been talking to healthcare agencies covering the Hope Valley and expect to achieve our aim of expanding our service in this area in the next twelve months.

##### **NHS Referrals**

As the waiting lists for physiotherapy treatment increase across all regions, and as patients are treated by healthcare professionals within the NHS who are not directly operating from a GP practice, we are looking at introducing alternative options for referrals to our service. For example, we have historically only accepted referrals from GPs, but local GP surgeries are now encouraging their non-GP healthcare staff to refer patients directly for specialist treatment such as our service.

#### **Signed on behalf of the Board of Trustees:**

Cllr Kath Sizeland – Chair

Mrs Judith Aizlewood – Treasurer

Date: 19 April 2022

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**MOBILE PHYSIOTHERAPIST'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2022**

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**Caseload**

Physiotherapy input has been reduced this year due to extended sick leave. Patient referrals received during this time have included patients with long term conditions and multiple medical problems. This includes those who are frail and at risk of falls, some have cognitive impairment/dementia. Many of the patients have been adversely affected by lockdown during the pandemic. Therapy input requires an holistic and flexible approach to achieve the best possible outcome for this group of patients.

Physiotherapy assessment and input is discussed with each patient, and family member/care-giver if appropriate. In partnership with the patient, and with their consent, realistic and achievable goals are agreed. The levels of support available to each patient can be extremely variable and challenging and needs to be considered when goals are agreed. Working to help the patient self-manage their condition involves education, guidance and support and "hands on" therapy as required.

With the patient's consent, liaison with medical, care and voluntary agencies is carried out in order to meet their needs in the best way possible.

Total number of patients treated	79
Total number of consultations	449
Total mileage	1,404 miles

**Areas**

Buxworth	1
Chapel-en-le-frith	53
Chinley	14
Furness Vale	1
Whaley Bridge	10

**Continuing Professional Development**

Continuing Professional Development includes membership of special interest groups, namely Agile (Physios working with Older People), Physiotherapy Pain Association. Interactive CSP and self-study, online training are included.

Thanks go to the members of the committee past and present who have offered support over the years, I wish you all the very best.

Maureen Pargeter  
Mobile Physiotherapist, MCSP, HCPC registered  
Chapel Mobile Physiotherapist

Date: 8 March 2022

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**TREASURER'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2022**

---

Generous support has enabled us to operate with confidence this year. The NHS grant from the NHS Derby and Derbyshire CCG covers just over one third of our operating costs with the remainder covered by charitable fundraising.

We have had support from Derbyshire County Council, Chapel-en-le-Frith Parish Council, Chinley, Buxworth and Brownside Parish Council and High Peak Borough Council, along with generous donations from High Peak CVS, Foundation Derbyshire, the Schroder Charity Trust, Chapel Ladies Guild and High Peak Lodge.

Business support has come from the Trike Guy, Tarmac and Breedon Cement. We thank the patrons of the Picnic Basket, the Mustard Seed Café and The Old Cell for their donations in our collection tins, also Chinley WI who donated the use of their hall for our coffee morning.

We are pleased to have been able to resume face to face fund raising which also help to promote the charity and raise awareness of our service. We have had market stalls to promote falls prevention awareness, distribute information and sell raffle tickets for our two prize draws. Thanks to those businesses and individuals who provided raffle prizes. We have also used these events to encourage sign up for Amazon Smile and Easyfundraising. We have had pleasing donations from individuals including our service users.

We have now disposed of the vehicle and thank Horderns for their purchase offer.

Our current financial position has enabled us to fund additional hours for our physiotherapist to ensure that treatment is offered in a timely way. Looking to the future we can plan with confidence for the coming year.

Thanks to Laytons accountants for their financial services and to our accounts examiner, T J Mourné.

Mrs Judith Aizlewood – Treasurer

Date: 19 April 2022

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	31.03.22 £	31.03.21 £
<b>RECEIPTS AND PAYMENTS</b>					
<b>Receipts</b>					
NHS service contract		10,091	-	10,091	10,091
Voluntary grants and donations	2	15,689	200	15,889	25,087
Fundraising activities	3	2,922	-	2,922	100
Sale of fixed assets	8	5,570	-	5,570	-
Bank interest		87	-	87	83
<b>Total receipts</b>		<u>34,359</u>	<u>200</u>	<u>34,559</u>	<u>35,361</u>
<b>Payments</b>					
Physiotherapist employment costs	4	24,844	750	25,594	23,783
Service delivery expenditure	5	1,299	896	2,195	1,861
Fundraising costs	6	219	54	273	58
Administration costs	7	402	-	402	214
<b>Total payments</b>		<u>26,764</u>	<u>1,700</u>	<u>28,464</u>	<u>25,916</u>
<b>Net receipts (payments)</b>		7,595	(1,500)	6,095	9,445
<b>Cash funds last year end</b>		<u>27,745</u>	<u>3,500</u>	<u>31,245</u>	<u>21,800</u>
<b>Cash funds this year end</b>		<u>35,340</u>	<u>2,000</u>	<u>37,340</u>	<u>31,245</u>
<b>STATEMENT OF ASSETS AND LIABILITIES AT THE END OF THE YEAR</b>					
<b>Current Assets - Cash funds</b>					
Instant access bank accounts		35,269	2,000	37,269	31,175
Cash float		71	-	71	70
<b>Total cash funds</b>		<u>35,340</u>	<u>2,000</u>	<u>37,340</u>	<u>31,245</u>
<b>Fixed Assets - Assets for charity use</b>					
Motor vehicle	8	-	-	-	3,584
<b>Reserves</b>					
Designated redundancy reserve		1,000	-	1,000	16,140
Designated operating costs reserve		10,000	-	10,000	7,500
Designated assets reserve		-	-	-	6,000
Undesignated free reserves		24,340	-	24,340	1,689
Restricted reserves	9	-	2,000	2,000	3,500
<b>Total reserves</b>		<u>35,340</u>	<u>2,000</u>	<u>37,340</u>	<u>34,829</u>

Approved by the Board of Trustees and signed on their behalf:

.....  
Cllr Kath Sizeland – Chair

.....  
Mrs Judith Aizlewood – Treasurer

Date: 19 April 2022

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE  
CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE (CHARITY NO 500497)  
ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022**

---

I report to the trustees on my examination of the accounts of the above charity ("the Service") for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity trustees of the Service, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Service's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

Date: 19 April 2022

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

**Basis of preparing the accounts**

The accounts of the charity have been prepared under the receipts and payments method. Receipts and payments accounts contain a statement summarising all money received and paid out by the charity in the financial year, and a statement giving details of its assets and liabilities at the end of the year.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. VOLUNTARY GRANTS AND DONATIONS

	31.03.22	31.03.21
	£	£
<b>Restricted funds</b>		
Derbyshire County Council	-	2,500
Derbyshire Police and Crime Commissioner	-	1,000
High Peak Wellbeing Partnership Small Grants Scheme	-	-
High Peak Borough Councillor's Initiative Fund	200	200
Derbyshire Voluntary Action	-	300
	<u>200</u>	<u>4,000</u>
<b>Unrestricted funds</b>		
Derbyshire County Council	3,860	-
Parish and Borough Councils	350	1,400
High Peak CVS – 5 Ways to Wellbeing	1,000	-
High Peak CVS – High Peak Connect Small Grant	-	500
National Emergencies Trust	-	5,118
Grants from other charities	5,000	6,030
Donations from local businesses	1,991	4,549
Donations from local groups and individuals	3,488	3,470
Gift Aid claim received	-	20
	<u>15,689</u>	<u>21,087</u>
<b>Total voluntary grants and donations</b>	<u>15,889</u>	<u>25,087</u>

Specific funding for our service delivery costs spent during the year included £200 from High Peak Borough Councillor Eve Barton towards our Safer Living in Own Home project.

We received £1,000 from High Peak CVS from the 5 Ways to Wellbeing Fund.

£2,000 of unrestricted funding was awarded through Foundation Derbyshire.

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**3. FUNDRAISING ACTIVITIES**

	31.03.22	31.03.21
	£	£
Coffee mornings	918	-
Market stalls	529	-
Garden parties	295	-
Raffles	1,180	-
Donated items	-	100
	<u>2,922</u>	<u>100</u>

With the easing of lockdown, the Committee was able to run our usual two coffee mornings during the year, and our Treasurer, Judith Aizlewood, hosted a very successful garden party.

As part of our Safer Living in Own Home project, mainly funded by the Derbyshire Police and Crime Commissioner's Vulnerability Fund and Derbyshire County Council grants received in the previous financial year, we were supported by Derby and Derbyshire Age UK to run two Falls Awareness Fortnights during the year. We had six market stalls to promote awareness of falls prevention, where we were able to raise additional funds. During the year we ran two Big Draw raffles and we are very grateful to all of the local businesses who donated some great prizes, and to everyone who bought one of our raffle tickets.

**4. PHYSIOTHERAPIST EMPLOYMENT COSTS**

	31.03.22	31.03.21
	£	£
Gross salary	23,662	23,363
Employer's NI	-	-
Pension	1,932	420
	<u>25,594</u>	<u>23,783</u>

**5. SERVICE DELIVERY EXPENDITURE**

	31.03.22	31.03.21
	£	£
Project costs – Safer Lining in Your Own Home, Incorporating Falls Prevention and Awareness	704	-
Vehicle running costs	418	954
Computer costs	410	-
Telephone	5	-
Insurance	262	361
Professional subscriptions	305	440
Physiotherapist's expenses	91	106
	<u>2,195</u>	<u>1,861</u>

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS – CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2022

6. FUNDRAISING COSTS

	31.03.22	31.03.21
	£	£
Fundraising subscriptions	-	58
Hall hire	44	-
Market stall costs	74	-
Printing	155	-
	<u>273</u>	<u>58</u>

7. ADMINISTRATION COSTS

	31.03.22	31.03.21
	£	£
Payroll processing	209	132
Treasurer's expenses	189	23
Sundry costs	-	51
Bank and transaction charges	4	8
	<u>402</u>	<u>214</u>

8. ASSETS FOR CHARITY USE

	31.03.22	31.03.21
	£	£
<b>Motor Vehicle</b>		
Cost in April 2018	7,000	7,000
Provision at 20% of net book value per annum	-	(3,416)
Disposal in March 2022	<u>(7,000)</u>	<u>-</u>
	<u>-</u>	<u>3,584</u>

9. RESTRICTED FUNDS

	At 01.04.21	Receipts	Payments	At 31.03.22
	£	£	£	£
Hope Valley Expansion	2,000	-	-	2,000
Safer Living in Your Own Home	1,500	200	1,700	-
	<u>3,500</u>	<u>200</u>	<u>1,700</u>	<u>2,000</u>

At 31 March 2020 restricted funds of £2,000 were held for developing the service in the Hope Valley. Due to COVID-19 this expansion was not possible in the years ended 31 March 2021 and 2022, although the much of the groundwork for expanding into the hope Valley has now been undertaken. The funds have been carried forward to be spent in the year ending 31 March 2023.

Towards the end of the year ended 31 March 2021 £1,500 was received for falls prevention and awareness and for helping vulnerable people live safely in their own homes. A further £200 was received in the year ended 31 March 2022. All of this funding was spent on the project by 31 March 2022.

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

SUPPORTERS  
FOR THE YEAR ENDED 31 MARCH 2022

We are enormously grateful to be supported by:



The Lennox Hannay Charitable Trust

Chapel-en-le-Frith Ladies Guild

The Picnic Basket Cafe

Chinley Buxworth & Brownside Parish Council

Bamford With Thornhill Parish Council

and all the individual donors who have given so generously.

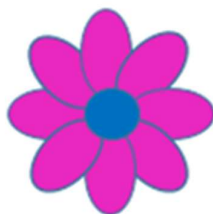
**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

England & Wales - Charity number 500497

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# Accounts

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**TRUSTEES' ANNUAL REPORT AND ACCOUNTS**

**FOR THE YEAR ENDED 31 MARCH 2021**

# CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

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**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**CHAIR'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

---

Well, what a year it has been. If the pandemic has taught us anything, it is that neighbourliness and community spirit are just as important, or even more important, than ever.

I feel we have demonstrated this in the way we have managed our Service. Hours have been increased, we have supported the local Hospice, and we worked well with Thornbrook Surgery.

Chapel Mobile Physio are recognized as being an essential service to help with the effects of the pandemic and we received over £7,000 of Covid Relief Funding. We have been very well supported by local business and are now on a sound financial footing, although we can't be complacent and need continued support to help more elderly people live independently in their own home. We must make sure we are easily accessible.

Chapel Mobile Physio would like to thank all our supporters, and we look forward to getting back into our Community with our fundraising events. Onwards and upwards!

.....  
Cllr Kath Sizeland – Chair

Date:

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**REPORT OF THE TRUSTEES  
FOR THE YEAR ENDED 31 MARCH 2021**

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**REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity name**

The full name of the charity is "Chapel-en-le-Frith Mobile Physiotherapy Service".

It is also known as "Chapel Mobile Physio".

**Registered charity number**

500497

**Principal address**

3 Church Brow, Chapel-en-le-Frith, High Peak, SK23 0EU

**Email address**

ChapelMobilePhysio@outlook.com

**Board of Trustees since the end of the previous financial year**

Cllr Kath Sizeland

Mrs Ann Yates

Mrs Judith Aizlewood

Dr Graham Brodie MB, BS, MRCP

Miss Angela Rowbotham (resigned 24 June 2020)

**Executive Committee at the date of this report**

President - Mayor of the Borough of High Peak Cllr Ed Kelly

Vice President – Mrs Ann Yates

Chair and Representative of the Borough of High Peak - Cllr Kath Sizeland

Medical Adviser - Dr Graham Brodie MB, BS, MRCP

Honorary Secretary - Mrs Sandra Higgins

Honorary Treasurer - Mrs Judith Aizlewood

Representative of the Borough of High Peak - Cllr Stewart Young

Co-opted Members - Mr Alistair Rogerson, Mrs Pauline Turner, Mr Roger Turner

**Executive Committee resigned since the end of the previous financial year**

Mrs D Ashfield

**Patron**

Mr Nick Pilling

**Mobile Physiotherapist**

Maureen Pargeter MCSP, HCPC registered

**Independent Examiner**

Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

**Website**

[www.ChapelMobilePhysio.org](http://www.ChapelMobilePhysio.org)

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REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2021

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**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its constitution, as amended on 20 November 2019.

**Recruitment and appointment of new trustees**

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**Induction and training of new trustees**

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**Organisational structure**

The officers of the charity are:

- the President, who is the Mayor of the Borough of High Peak;
- the trustees, of which there are a minimum of three and a maximum of five;
- the Honorary Secretary, elected annually at the Annual General Meeting; and
- the Honorary Treasurer, elected annually at the Annual General Meeting.

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- the officers of the charity;
- one representative from each rural High Peak Parish from which a nomination has been received;
- two representatives from the Council of the Borough of High Peak; and
- up to six co-opted representatives of the rural Parishes of the High Peak who have knowledge and experience enabling them to make a valued contribution to the Committee, elected annually at the Annual General Meeting.

At least one and up to three Medical Advisers, who are suitably qualified, are appointed annually at the Annual General Meeting to advise the Executive Committee on medical matters.

**Remuneration policy**

No remuneration is paid to any of the members of the Executive Committee. Expenses may be claimed for costs incurred directly and exclusively in the course of the activities of the charity.

Our physiotherapist is paid in line with NHS pay scale rates.

**Wider network**

The charity has a service contract with the NHS Derby and Derbyshire Clinical Commissioning Group.

Referrals for treatment are taken from the following GP practices in the High Peak:

- Thornbrook Surgery, Chapel-en-le-Frith;
- Goyt Valley Medical Practice, Whaley Bridge;
- Evelyn Medical Centre, Hope; and
- Arden House Medical Practice, Hayfield.

**Risk management**

The Executive Committee identifies and review the risks to which the charity is exposed and to ensure appropriate controls are in place.

## CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

### REPORT OF THE TRUSTEES - CONTINUED FOR THE YEAR ENDED 31 MARCH 2021

---

#### **OBJECTIVES AND ACTIVITIES**

##### **Objectives and aims**

The charity's objects as stated in its constitution are to promote, establish and maintain a mobile physiotherapy service in Parishes of the High Peak, as selected by the Executive Committee.

##### **Significant activities**

On the recommendation of a Medical Practitioner or as otherwise agreed by a majority of the Executive Committee on the advice of the Medical Adviser and Physiotherapist, physiotherapy treatment shall be made available in the home to elderly residents. Treatment is free of charge.

##### **Public benefit**

The trustees are aware of the guidance for the public benefit requirement in its charitable objectives, the running of the charity and its reporting responsibilities and have taken it into account when making a decision to which the guidance is relevant. A summary of the main activities undertaken by the charity to carry out its charitable purposes for the public benefit is included within this report. The trustees confirm that they have complied with their duty to have due regard to the commission's public benefit guidance when exercising any powers or duties to which the guidance is relevant.

##### **Volunteers**

The members of the Executive Committee all provide their services for running the charity free of charge. The charity is supported by additional volunteers at its fundraising events.

#### **ACHIEVEMENT AND PERFORMANCE**

##### **Charitable activities**

From March 2020 our service was restricted in line with Government guidelines that face-to-face contact with patients should be avoided where possible. This meant that initially home visits were put on hold, but we successfully rolled out an enhanced telephone consultation service which was very well received and helped our patients keep active. Our patients are elderly and many have been self-isolating at home on their own, and we recognise the importance of keeping as active as possible for both physical and mental good health.

During the early stages of the COVID-19 restrictions our physiotherapist supported the local hospice.

A summary of the charity's activities during the year is given in the Mobile Physiotherapist's Report on page 6.

##### **Fundraising activities**

The charity was not able to hold any fundraising events during the year, but some items which had been donated for the for the raffles, tombolas and bric-a-brac tables were sold at a pop up shop and via social media.

We have continued to be well supported by local businesses, groups and individuals, to whom we are extremely grateful for their donations, especially during such difficult times.

#### **FINANCIAL REVIEW**

##### **Reserves policy**

The charity has obligations to its employee and patients. To fulfil its obligations as an employer, an amount equal to the cost of redundancy is kept in a designated reserve. In order to make sure all patients receive their full course of treatment, an amount equal to three months' running costs is also set aside in a designated reserve. This is monitored throughout the year and adapted as circumstances change. Donations received specifically for any activity which has not yet been spent are set aside as restricted reserves.

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

REPORT OF THE TRUSTEES - CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2021

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**FINANCIAL REVIEW (continued)**

**Financial activities**

Details of the financial activities of the charity during the year, including principal funding sources, how expenditure has supported the key objectives of the charity and the financial position at the year end is included in the Treasurer's Report on page 7.

**Investment policy and objectives**

All funds are kept in instant access bank accounts.

**FUTURE DEVELOPMENTS**

**COVID-19**

From July 2020 we increased our service provision hours by a third to meet the increasing demand arising from the effects of the pandemic and we intend to maintain this capacity for the foreseeable future. Following a COVID-19 risk assessment, face to face home visits are offered if safe to do so. Alternatively, telephone call consultation and support will be offered. PPE guidelines are adhered to.

**Hope Valley**

The service statistics have shown that there is a higher volume of referrals concentrated in the Chapel-en-le-Frith and Whaley Bridge areas than in the Hope Valley. Our service is available throughout the rural Parishes of the High Peak, and we have been granted funding to increase our service in the Hope Valley. Our aim of expanding our service and treat seven or eight people from this area has not yet been possible due to COVID-19 restrictions but we hope to do this in the next year.

**Safer living in your own home**

With grants from Derbyshire County Council Falls Prevention and the Derbyshire Police and Crime Commissioner's Vulnerability Fund we have been able to provide patients with small items of equipment to help prevent falls and spend time with the vulnerable. At this time when people are starting to return to more active living and integrating back into their communities, we recognise additional risks for our patients and are pleased to be able to pass on some valuable advice.

**Signed on behalf of the Board of Trustees:**

.....  
Cllr Kath Sizeland – Chair

.....  
Mrs Judith Aizlewood – Treasurer

Date:

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**MOBILE PHYSIOTHERAPIST'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

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**Caseload**

Patient referrals from GPs include patients with a variety of medical problems, these include Musculo-skeletal, chronic pain, mobility and falls, rheumatological and neurological conditions may also feature. Some patients may have cognitive impairment and dementia. A holistic assessment is made in order to best meet the needs of each individual patient. With their consent a treatment plan with realistic and achievable goals is agreed. This may also involve referral to other voluntary and medical agencies.

The past year has been like no other. The onset of the pandemic necessitated a telephone consultation input in accordance with professional and national Covid-19 guidelines. Input in a volunteer capacity with Blythe Hospice was carried out initially. Once guidelines allowed, face to face consultations resumed on a case by case risk assessment basis. Patients were much relieved to be offered this again. PPE guidelines have been followed and updated. Most patients have been affected by the reduced opportunities to get out and about, this has impacted negatively on their mobility and social contacts. Hopefully the next year will be less isolating for them, particularly those who live alone.

Total number of patients treated	107
Total number of consultations	742
Total mileage	1,717 miles

**Areas**

Buxworth	1
Chapel en le frith	76
Chinley	16
Dove Holes	1
Furness Vale	1
Peak Dale	1
Peak Forest	1
Whaley Bridge	10

**Continuing Professional Development**

This includes membership of special interest groups including Physiotherapy Pain Association, Agile–physios working with older people, and interactive CSP. All mandatory training and self study has been online due to covid restrictions.

Thanks from myself and grateful patients go to the committee for their resourcefulness and resilience in keeping the service running. The new ideas in fund raising, and communication have made a huge difference in allowing the service to continue in the past year.

.....  
Maureen Pargeter - Mobile Physiotherapist, MCSP, HCPC registered  
Chapel Mobile Physiotherapist

Date:

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**TREASURER'S REPORT  
FOR THE YEAR ENDED 31 MARCH 2021**

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Due to Covid restrictions our ability to hold local fund raising events has been restricted. Despite this, largely due to the efforts of our chair and secretary, we have been able to increase the level of service provision to meet additional identified needs. Our NHS grant has been uplifted by 2.8% and applications for funding to public entities and trusts have enabled us to remain financially secure. Local parish councils and businesses have continued to support us and donations from service users have also been a valuable source of support.

Apart from private donors who are unnamed for reasons of confidentiality we have been generously supported by Bamford, Chapel, Chinley, High Peak Borough, Derbyshire County Council and the United Charities fund, also Derbyshire Voluntary Action, Foundation Derbyshire, High Peak CVS and Hope Show. Businesses supporting us have included the Trike Guy and Classic Moto, patrons of The Cell, the Co-op, Tesco, Breedon Cement and the NFU, and we have also received grants from the Lennox Hannay Charitable Trust, the Hospital Saturday Fund, and Localgiving and the People's Postcode Lottery Magic Little Grants.

We continue to strive to minimise administration costs which are less than 1% of total operating costs. Moving both our accounts to TSB and using online banking has enable us to operate more efficiently and our chair's hosting of our social media platforms has given us a route to share information, facilitate donations and thank our donors.

We have written to surgeries who are able to refer patients enclosing information leaflets to ensure that they are all fully aware of what we offer and to ensure equity across our area of provision. Our aim to ensure that our service users can remain safely and as independently as possible in their own homes has never been more important in avoiding or shortening hospital admissions.

Thanks to our Laytons accountants and to our accounts examiner, T J Mourne.

.....  
Mrs Judith Aizlewood – Treasurer

Date:

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

RECEIPTS AND PAYMENTS ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds £	Restricted funds £	31.03.21 £	31.03.20 £
<b>RECEIPTS AND PAYMENTS</b>					
<b>Receipts</b>					
NHS service contract		10,091	-	10,091	9,816
Voluntary grants and donations	2	21,087	4,000	25,087	17,889
Fundraising activities	3	100	-	100	1,078
Bank interest		83	-	83	28
<b>Total receipts</b>		<u>31,361</u>	<u>4,000</u>	<u>35,361</u>	<u>28,811</u>
<b>Payments</b>					
Physiotherapist employment costs	4	21,783	2,000	23,783	21,154
Service delivery expenditure	5	1,361	500	1,861	1,802
Fundraising costs	6	58	-	58	88
Administration costs	7	214	-	214	318
<b>Total payments</b>		<u>23,416</u>	<u>2,500</u>	<u>25,916</u>	<u>23,362</u>
<b>Net receipts (payments)</b>		7,945	1,500	9,445	5,449
<b>Cash funds last year end</b>		<u>19,800</u>	<u>2,000</u>	<u>21,800</u>	<u>16,351</u>
<b>Cash funds this year end</b>		<u>27,745</u>	<u>3,500</u>	<u>31,245</u>	<u>21,800</u>
<b>STATEMENT OF ASSETS AND LIABILITIES AT THE END OF THE YEAR</b>					
<b>Current Assets - Cash funds</b>					
Instant access bank accounts		<u>27,745</u>	<u>3,500</u>	<u>31,245</u>	<u>21,800</u>
<b>Total cash funds</b>		<u>27,745</u>	<u>3,500</u>	<u>31,245</u>	<u>21,800</u>
<b>Fixed Assets - Assets for charity use</b>					
Motor vehicle	8	<u>3,584</u>	<u>-</u>	<u>3,584</u>	<u>4,480</u>
<b>Total fixed assets</b>		<u>3,584</u>	<u>-</u>	<u>3,584</u>	<u>4,480</u>
<b>Reserves</b>					
Designated redundancy reserve		16,140	-	16,140	15,750
Designated operating costs reserve		7,500	-	7,500	7,000
Designated assets reserve		6,000	-	6,000	4,480
Undesignated free reserves		1,689	-	1,689	(2,950)
Restricted reserves	9	<u>-</u>	<u>3,500</u>	<u>3,500</u>	<u>2,000</u>
<b>Total reserves</b>		<u>31,329</u>	<u>3,500</u>	<u>34,829</u>	<u>26,280</u>

Approved by the Board of Trustees and signed on their behalf:

.....  
Cllr Kath Sizeland – Chair

.....  
Mrs Judith Aizlewood – Treasurer

Date:

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE  
CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE (CHARITY NO 500497)  
ON THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2021**

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I report to the trustees on my examination of the accounts of the above charity ("the Service") for the year ended 31 March 2021.

**Responsibilities and basis of report**

As the charity trustees of the Service, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Service's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....  
Mr Tim Mourné FCCA

Mourné & Co Accountants, 10 Market Street, Chapel-en-le-Frith, High Peak, SK23 0HH

Date:

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**1. ACCOUNTING POLICIES**

**Basis of preparing the accounts**

The accounts of the charity have been prepared under the receipts and payments method. Receipts and payments accounts contain a statement summarising all money received and paid out by the charity in the financial year, and a statement giving details of its assets and liabilities at the end of the year.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees. Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes. Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**2. VOLUNTARY GRANTS AND DONATIONS**

	31.03.21	31.03.20
	£	£
<b>Restricted funds</b>		
Derbyshire County Council	2,500	-
Derbyshire Police and Crime Commissioner	1,000	-
High Peak Wellbeing Partnership Small Grants Scheme	-	2,000
High Peak Borough Councillor's Initiative Fund	200	-
Derbyshire Voluntary Action	300	-
	<u>4,000</u>	<u>2,000</u>
<b>Unrestricted funds</b>		
Derbyshire County Council	-	500
Parish and Borough Councils	1,400	1,250
High Peak CVS	500	100
National Emergencies Trust	5,118	-
Grants from other charities	6,030	7,250
Donations from local businesses	4,549	2,115
Donations from local groups and individuals	3,470	4,674
Gift Aid claim received	20	-
	<u>21,087</u>	<u>15,899</u>
<b>Total voluntary grants and donations</b>	<u>25,087</u>	<u>17,889</u>

Grants from Derbyshire County Council included £2,000 from their Public Health COVID-19 Fund which was spent on our physiotherapist's salary during the year, and £500 from Falls Prevention which, together with £1,000 received from the Derbyshire Police and Crime Commissioner's Vulnerability Fund, is carried forward to be spent on our Safer Living in Your Own Home work.

Specific funding for our service delivery costs spent during the year included £200 from High Peak Borough Councillor Eve Barton towards the running costs of our physiotherapist's car, plus £300 towards insurance costs from Derbyshire Voluntary Action's Small Grants Scheme supporting health and wellbeing.

Last year we received £2,000 from High Peak CVS from the High Peak Wellbeing Small Grants Scheme to spend expanding our service into the Hope Valley. Due to COVID-19 restrictions we have not been able to do this yet, so have carried this money forward to be spent in the next year.

£7,118 of unrestricted funding was awarded through Foundation Derbyshire.

**CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE**

**NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2021**

**3. FUNDRAISING ACTIVITIES**

	31.03.21	31.03.20
	£	£
Coffee mornings	-	828
Donated items	100	-
Christmas wreath making	-	250
	<u>100</u>	<u>1,078</u>

Coffee mornings are run by the Executive Committee and are usually held twice a year, but under COVID-19 restrictions these have not been possible. Some income has been raised from the sale of donated items when it has been safe to do so.

**4. PHYSIOTHERAPIST EMPLOYMENT COSTS**

	31.03.21	31.03.20
	£	£
Gross salary	23,363	20,475
Employer's NI	-	-
Pension	420	679
	<u>23,783</u>	<u>21,154</u>

**5. SERVICE DELIVERY EXPENDITURE**

	31.03.21	31.03.120
	£	£
Vehicle running costs	954	905
Telephone	-	-
Insurance	361	361
Professional subscriptions	440	371
Physiotherapist's expenses	106	165
	<u>1,861</u>	<u>1,802</u>

**6. FUNDRAISING COSTS**

	31.03.21	31.03.20
	£	£
Fundraising subscriptions	58	-
Hall hire	-	88
	<u>58</u>	<u>88</u>

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

NOTES TO THE ACCOUNTS – CONTINUED  
FOR THE YEAR ENDED 31 MARCH 2021

7. ADMINISTRATION COSTS

	31.03.21	31.03.20
	£	£
Payroll processing	132	232
Secretary's expenses	-	24
Treasurer's expenses	23	46
Sundry costs	51	-
Bank and transaction charges	8	16
	<u>214</u>	<u>318</u>

8. ASSETS FOR CHARITY USE

	31.03.21	31.03.20
	£	£
<b>Motor Vehicle</b>		
Cost in April 2018	7,000	7,000
Provision at 20% of net book value per annum	<u>(3,416)</u>	<u>(2,520)</u>
	<u>3,584</u>	<u>4,480</u>

9. RESTRICTED FUNDS

	At 01.04.20	Receipts	Payments	At 31.03.21
	£	£	£	£
Hope Valley Expansion	2,000	-	-	2,000
COVID-19 Response	-	2,000	2,000	-
Safer Living in Your Own Home	-	1,500	-	1,500
Service delivery	-	500	500	-
	<u>2,000</u>	<u>4,000</u>	<u>2,500</u>	<u>3,500</u>

At 31 March 2020 restricted funds of £2,000 were held for developing the service in the Hope Valley. Due to COVID-19 this expansion was not possible in the year ended 31 March 2021 so it has been carried forward to be spent in the year ended 31 March 2022.

During the year ended 31 March 2021 we received grants totalling £7,618 for our response to COVID-19. £2,000 of this money was received as restricted income for that financial year and was spent by 31 March 2021.

Towards the end of the year ended 31 March 2021 £1,500 was received for falls prevention and awareness and for helping vulnerable people live safely in their own homes. This money has been carried forward to be spent in the year ended 31 March 2022.

CHAPEL-EN-LE-FRITH MOBILE PHYSIOTHERAPY SERVICE

SUPPORTERS  
FOR THE YEAR ENDED 31 MARCH 2021

We are enormously grateful to be supported by:



The Lennox Hannay Charitable Trust

Chinley Buxworth & Brownside Parish Council

Bamford With Thornhill Parish Council

Edale Parish Council

and all the groups and individual donors who have given so generously.