

BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

England & Wales · Charity number 326372

Details

Other names	THE BRITISH SOCIETY FOR ALLERGY AND ENVIRONMENTAL MEDICINE, THE BRITISH SOCIETY FOR ALLERGY ENVIRONMENTAL AND NUTRITIONAL MEDICINE
Status	Registered
Legal form	Other
Registered	1983-06-09
Register	View on the Charity Commission register

Contact

Address BSEM Administration
Redhill Chambers
2d High Street
Redhill
Surrey
RH1 1RJ

Phone 07855033978

Email info@bsem.org.uk

Website www.bsem.org.uk

Activities

Objects: A-TO PROMOTE FOR THE BENEFIT OF THE PUBLIC THE STUDY OF ALLERGY AND ENVIRONMENTAL AND NUTRITIONAL ILLNESS AND MEDICINE AND TO IMPROVE THE STANDARD OF KNOWLEDGE OF THE MEANS OF PREVENTION, DIAGNOSIS AND METHODS OF TREATMENT AND CURE OF SUCH ILLNESSES B-TO PROMOTE RESEARCH INTO SUCH ILLNESS AND ITS PREVENTION ALLEVIATION OR CURE

Activities: The BSEM promotes the study and good practice of allergy, environmental and nutritional medicine for the benefit of the public and supports doctors who use the insights of ecological medicine to help patients. The society trains doctors and eligible health practitioners, organises scientific conferences and provides information for doctors and patients

Classification

- **How:** Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Environment/conservation/heritage
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£72,432	£79,051	-	-
2023-12-31	£52,289	£76,375	-	-
2022-12-31	£130,590	£88,247	-	-
2021-12-31	£45,386	£33,814	-	-
2020-12-31	£50,604	£39,178	-	-

Trustees

Name	Role	Appointed
Dr DAMIEN DOWNING	Chair	2013-10-09
Dr APELLES ECONS		2013-10-15
Dr Franziska Meuschel		2013-10-09
Peter Noble		2018-11-16

BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

England & Wales - Charity number 326372

Accounts

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

Annual Report and Accounts

For the year ended 31st December 2024

Registered charity number 326372

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2024**

CONTENTS

	Page
Report of the Trustees	3-5
Independent Examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the accounts	9-10
Detailed income and expenditure accounts	11-12

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2024

The trustees submit their annual report and financial statements for the British Society for Ecological Medicine (the charity) for the year ended 31st December 2024. These have been prepared in accordance with the accounting policies set out on page 9 and comply with the Charities Constitution and charity law.

1. Reference and administrative details

The Society is a registered charity number 326372 and the registered office address is Redhill Chambers, 2d High Street, Redhill, Surrey, RH1 1RJ.

2. Trustees and principal officers

The principal officers of the charity (who are also the trustees) and held office during the year are:

Dr D Downing - president

Dr F Meuschel - secretary

P Noble – treasurer

Dr A Econs

3. Independent Examiner

David Wheeler FCCA

Cheeld Wheeler & Co

Chartered Certified Accountants

Redhill Chambers

2d High Street

Redhill

Surrey

RH1 1RJ

4. Structure, governance and management

The charity was founded in 1983 and is governed by its constitution. The constitution was last revised in March 2014 and has been approved by the Charity Commission.

The resources of the charity are maintained in unrestricted funds and therefore the trustees have complete discretion as to their use.

Any money or property not immediately required for the charity's purposes can be held or invested as the trustees decide.

5. Appointment and removal of trustees

The appointment and removal of trustees is governed by the charity's constitution.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2024

(cont'd)

6. **Organisation and management**

The trustees and other members of the committee meet every two months and members are elected on to the committee at the Annual General Meeting according to the constitution. All meetings' minutes are now stored electronically. In 2017 central documents including Risk Review, Volunteer and Conflicts of Interest Policies were reviewed and amended to the new circumstances (online training).

7. **Investment powers**

The charity's cash resources can be invested at the discretion of the trustees as they see fit. No investments were made in 2024 (2023: none).

8. **Objectives and activities for the public benefit**

The objectives of the charity are to promote for the benefit of the public the study and good practice of allergy, environmental and nutritional medicine and to improve the standard of knowledge of the means of prevention, diagnosis and methods of treatment. The society continues to organise practical training days as well as the online courses.

The trustees have referred to the general guidance on public benefit issued by the Charity Commission when planning future activities.

9. **Financial Review**

The accounts show an excess of expenditure over income of £6,619 (2023: £24,086). At 31 December 2024, the society had accumulated funds of £82,756 (2023: £89,375). The trustees consider that this is a satisfactory result.

10. **Activities in 2024**

During 2024 we achieved an enormous amount. We:

- a. Organised and ran a highly successful conference entitled Unravelling Brain Health. This was one of our largest and most successful conferences since 2015.
- b. Continued our ongoing and ever-expanding programme of training sessions and workshops with both in person attendance and on-line availability.
- c. Finished the main work on the Monograph Project, allowing us to move into a last stage of editing and publishing which we expect to achieve during 2025.
- d. Almost completed our systems and process modernisation to provide a better platform for members. We expect this to be rolled out in the first half of 2025.
- e. Created a video celebration of the achievements of BSEM in its first 40 years to show how far we have come.

11. **Plans for the future**

In 2025 we plan to:

- a. Continue to develop and extend our programme of training and support for practitioners and trainees, including the roll out of the new on-line training material developed in conjunction with Scopro.
- b. Complete the roll out of the new systems and processes including our new website to give members better and smoother access to BSEM and its resources.
- c. Publish the material developed in the Monograph Project.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2024
(cont'd)

12. Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that year. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of statement of recommended practice of accounting and reporting by charities
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed subject to any material departure to disclose and explain the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with a reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the charity (Accounts and Reports) Regulations 2008 and the provisions for the charity's constitution. They are also responsible for safeguarding assets of the charity and hence are taking reasonable steps for the prevention of, and detection of fraud, and other irregularities.

13. Independent Examiner

A resolution will be proposed at the Annual General Meeting that David Wheeler of Cheeld Wheeler & Co will be appointed as independent examiner for the charity for the ensuing year.

Approved by the trustees on 15 May 2025

Signed on their behalf by:



Honourable treasurer
Peter Noble



Chairman
Dr Franziska Meuschel

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the British Society for Ecological Medicine for the year ended 31st December 2024.

Responsibilities and basis of report

As the charity trustees of the Society, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Society's accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the society as required by section 130 of the Act; or
2. That accounts do not accord with those records; or
3. That accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Wheeler – Independent Examiner

David Wheeler FCCA
Cheeld Wheeler & Co
Chartered Certified Accountants
Redhill Chambers
2d High Street
Redhill
Surrey
RH1 1RJ

Dated: 16 May 2025

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31ST DECEMBER 2024

	Note	2024 £	2023 £
INCOME			
Donations and legacies	2	398	260
Income from charitable activities	3	68,755	52,029
Interest received		3,279	-
TOTAL INCOME		<u>72,432</u>	<u>52,289</u>
EXPENDITURE			
Charitable activities	4	73,074	69,255
Governance costs	5	5,977	7,120
		<u>79,051</u>	<u>76,375</u>
Net (expenditure) for the year		(6,619)	(24,086)
RECONCILIATION OF FUNDS			
At 1st January 2024		89,375	113,461
At 31st December 2024		<u>£82,756</u>	<u>£89,375</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

BALANCE SHEET

AT 31ST DECEMBER 2024

	2024	2023
	£	£
CURRENT ASSETS		
Debtors and prepayments	1,883	1,650
Bank accounts	<u>90,343</u>	<u>92,262</u>
Total current assets	<u>92,226</u>	<u>93,912</u>
CURRENT LIABILITIES		
Amounts falling due within one year		
Deferred income	350	300
Accrued expenses	<u>9,120</u>	<u>4,237</u>
Total current liabilities	<u>9,470</u>	<u>4,537</u>
NET CURRENT ASSETS	<u>£82,756</u>	<u>£89,375</u>
THE FUNDS OF THE CHARITY		
General fund - unrestricted	<u>82,756</u>	<u>89,375</u>
Total charity funds	<u>£82,756</u>	<u>£89,375</u>

Approved by the Trustees on 15 May 2025
their behalf by:

and signed on

Trustee

Franziska Meuschel

Trustee

Peter Noble

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2024

1. Accounting Policies

a. Accounting convention and assessment of going concern

The accounts have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard FRS102 applicable in the UK and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b. Accruals basis

Accounts have been prepared on the accruals accounting basis.

c. Income

Donations and other income are accounted for when received. Membership subscriptions are accounted for on the basis of the period covered by the subscription.

d. Expenditure

All expenditure is accounted for on the accruals basis and is matched to the period to which it relates.

e. Irrecoverable VAT

The charity is not registered for value added tax and cannot recover the VAT suffered on its costs.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2024 (cont'd)

	2024	2023
2. Income - donations and legacies		
Donations	<u>£398</u>	<u>£260</u>
3. Income from charitable activities		
Conference fees, training days and workshops	38,961	23,151
On line training	5,800	5,673
Membership subscriptions	<u>23,994</u>	<u>23,205</u>
	<u>£68,755</u>	<u>£52,029</u>
4. Charitable activities expenditure		
Conference, training days and workshop costs	34,150	34,857
On line training	6,054	4,824
Contractor fees	<u>32,870</u>	<u>29,574</u>
	<u>£73,074</u>	<u>£69,255</u>
5. Governance costs		
Examiner fees	840	840
IT Costs	3,173	4,758
General costs	<u>1,964</u>	<u>1,522</u>
	<u>£5,977</u>	<u>£7,120</u>
6. Information concerning the trustees		
None of the trustees received any remuneration for their services to the society (2023: £nil), nor did they claim any expenses.		
7. Related party transactions		
There have been no related party transactions during the year.		
8. Taxation		
The charity is exempt from income tax as all income is generated for charitable purposes.		

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2024

	£	2024 £	£	2023 £
INCOME				
Membership Subscriptions		23,994		23,205
Training Income	9,610		18,550	
Online Training Income	5,800		5,673	
Workshop Income	4,795		4,514	
Conference Income	24,541		-	
Sundry Training Income	15		87	
		<u>44,761</u>	<u>87</u>	28,824
Other Income - Donations		398		260
- Interest received		<u>3,279</u>		-
Total Income		<u>72,432</u>		<u>£52,289</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2024

EXPENDITURE	2024		2023	
	£	£	£	£
Training Workshops and Conferences				
Training Costs	10,763		17,591	
Online Training Costs	6,054		4,824	
Workshop costs	3,319		6,104	
Conference Costs	18,726		-	
Project Costs	<u>1,342</u>		<u>11,162</u>	
		40,204		39,681
Office Costs				
Contractors' fees		32,870		29,574
Other Costs				
Accounting	840		840	
Bank and Card Charges	1,178		858	
Marketing Costs	350		-	
IT System	3,173		4,758	
Gifts	-		36	
Postage and Printing	98		76	
Subscriptions and Fees	338		100	
Other Expenses	<u>-</u>		<u>452</u>	
		5,977		7,120
		<u>79,051</u>		<u>76,375</u>
(Excess of expenditure) over income for the year		<u>£(6,619)</u>		<u>£(24,086)</u>

BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

England & Wales - Charity number 326372

Accounts

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

Annual Report and Accounts

For the year ended 31st December 2023

Registered charity number 326372

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2023**

CONTENTS

	Page
Report of the Trustees	3-5
Independent Examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the accounts	9-10
Detailed income and expenditure accounts	11-12

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TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2023

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1. Reference and administrative details

The Society is a registered charity number 326372 and the registered office address is Redhill Chambers, 2d High Street, Redhill, Surrey, RH1 1RJ.

2. Trustees and principal officers

The principal officers of the charity (who are also the trustees) and held office during the year are:

Dr D Downing - president

Dr F Meuschel - secretary

P Noble - treasurer

Dr AEcons

3. Independent Examiner

David Wheeler FCCA

Cheeld Wheeler & Co

Chartered Certified Accountants

Redhill Chambers

2d High Street

Redhill

Surrey

RH1 1RJ

4. Structure, governance and management

The charity was founded in 1983 and is governed by its constitution. The constitution was last revised in March 2014 and has been approved by the Charity Commission.

The resources of the charity are maintained in unrestricted funds and therefore the trustees have complete discretion as to their use.

Any money or property not immediately required for the charity's purposes can be held or invested as the trustees decide.

5. Appointment and removal of trustees

The appointment and removal of trustees is governed by the charity's constitution.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2023 (cont'd)

6. Organisation and management

The trustees and other members of the committee meet every two months and members are elected on to the committee at the Annual General Meeting according to the constitution. All meeting minutes are now stored electronically. In 2017 central documents including Risk Review, Volunteer and Conflicts of Interest Policies were reviewed and amended to the new circumstances (online training).

7. Investment powers

The charity's cash resources can be invested at the discretion of the trustees as they see fit. No investments were made in 2023 (2022: none).

8. Objectives and activities for the public benefit

The objectives of the charity are to promote for the benefit of the public the study and good practice of allergy, environmental and nutritional medicine and to improve the standard of knowledge of the means of prevention, diagnosis and methods of treatment. The society continues to organise practical training days as well as the online courses.

The trustees have referred to the general guidance on public benefit issued by the Charity Commission when planning future activities.

9. Financial Review

The accounts show an excess of expenditure over income of £24,086 (2022: excess of income over expenditure of £42,343). The trustees consider that this is a satisfactory result, given the investment in educational and systems projects over the last two years.

10. Plans for the future

The trustees plan to continue to offer further training and conferences for members of the Society and the general public. The society continues with the "Monograph Project" to prepare a series of monographs providing substantiated scientific information on individual nutrients and therapies, each covering topics of: Safety; Indications and Disorders; Contraindications and warnings; Dosages and modes of administration. These are to be made available to members for use as information for patients, for colleagues, teaching and training tools, and as supportive information in medico-legal contexts. Contractors have been engaged to undertake this project and a supervisory team is in place.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2023
(cont'd)

11. Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that year. In preparing these financial statements, the trustees are required to:

- i Select suitable accounting policies and apply them consistently
- i Observe the methods and principles of statement of recommended practice of accounting and reporting by charities
- i Make judgements and estimates that are reasonable and prudent
- i State whether applicable UK accounting standards have been followed subject to any material departure to disclose and explain the financial statements
- i Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with a reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the charity (Accounts and Reports) Regulations 2008 and the provisions for the charity's constitution. They are also responsible for safe guarding assets of the charity and hence are taking reasonable steps for the prevention of, and detection of fraud, and other irregularities.

12. Independent Examiner

A resolution will be proposed at the Annual General Meeting that David Wheeler of Cheeld Wheeler & Co will be appointed as independent examiner for the charity for the ensuing year.

Approved by the trustees on  September 2024

Signed on their behalf by:



Honourable treasurer
Peter Noble



Secretary
Dr Franziska Meuschel

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the British Society for Ecological Medicine for the year ended 31st December 2023.

Responsibilities and basis of report

As the charity trustees of the Society, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Society's accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the society as required by section 130 of the Act; or
2. That accounts do not accord with those records; or
3. That accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Wheeler

David Wheeler - Independent Examiner

David Wheeler FCCA
Cheeld Wheeler & Co
Chartered Certified Accountants
Redhill Chambers
2d High Street
Redhill
Surrey
RH1 1RJ

Dated 30 September 2024

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

STATEMENT OF FINANCIAL ACTMTIES

FOR THE YEAR ENDED 31ST DECEMBER 2023

	Note	2023 £	2022 £
INCOME			
Donations and legacies	2	260	60,210
Income from charitable activities	3	52,029	70,040
TOTAL INCOME		<u>52,289</u>	<u>130,250</u>
EXPENDITURE			
Charitable activities	4	69,255	81,315
Governance costs	5	7,120	6,592
		<u>76,375</u>	<u>87,907</u>
Net income (expenditure) for the year		(24,086)	42,343
RECONCILIATION OF FUNDS			
At 1st January 2023		113,461	71,118
At 31st December 2023		<u>£89,375</u>	<u>£113,461</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

BALANCE SHEET

AT 31st DECEMBER 2023

	2023	2022
	£	£
CURRENT ASSETS		
Debtors and prepayments	1,650	595
Bank accounts	92,262	122,713
Total current assets	<u>93,912</u>	<u>123,308</u>
CURRENT LIABILITIES		
Amounts falling due within one year		
Deferred income	300	1,510
Accrued expenses	4,237	8,337
Total current liabilities	<u>4,537</u>	<u>9,847</u>
NET CURRENT ASSETS	<u>£89,375</u>	<u>£113,461</u>
THE FUNDS OF THE CHARITY		
General fund - unrestricted	89,375	113,461
Total charity funds	<u>£89,375</u>	<u>£113,461</u>

Approved by the Trustees on ^{19th} September 2024
their behalf by:

and signed on

Trustee 
Franziska Meuschel

Trustee 
Peter Noble

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31st DECEMBER 2023

1. **Accounting Policies**

a. **Accounting convention and assessment of going concern**

The accounts have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard FRS102 applicable in the UK and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b. **Accruals basis**

Accounts have been prepared on the accruals accounting basis.

c. **Income**

Donations and other income are accounted for when received. Membership subscriptions are accounted for on the basis of the period covered by the subscription.

d. **Expenditure**

All expenditure is accounted for on the accruals basis and is matched to the period to which it relates.

e. **Irrecoverable VAT**

The charity is not registered for value added tax and cannot recover the VAT suffered on its costs.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2023 (cont'd)

	2023	2022
2. Income - donations and legacies		
Donations	<u>£260</u>	<u>£60,210</u>
3. Income from charitable activities		
Conference fees, training days and workshops	23,151	35,675
On line training	5,673	8,240
Membership subscriptions	23,205	26,125
	<u>£52,029</u>	<u>£70,040</u>
4. Charitable activities expenditure		
Conference, training days and workshop costs	23,696	37,843
On line training	4,824	4,780
Educational projects	9,708	9,862
Contractors' fees	29,574	27,809
Fundraising costs	1,453	1,021
	<u>£69,255</u>	<u>£81,315</u>
5. Governance costs		
Examiner fees	840	780
General costs	6,280	5,812
	<u>£7,120</u>	<u>£6,592</u>
6. Information concerning the trustees		
None of the trustees received any remuneration for their services to the society (2022: £nil), nor did they claim any expenses.		
7. Related party transactions		
There have been no related party transactions during the year.		
8. Taxation		
The charity is exempt from income tax as all income is generated for charitable purposes.		

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2023

	£	2023 £	£	2022 £
INCOME				
Membership Subscriptions		23,205		26,125
Training, Workshop and Conference Income				
Training Days Income	18,550		18,060	
Online Training Income	5,673		8,240	
Workshop Income	4,514		9,010	
Conference Income			7,896	
Sundry Training Income	87		708	
		<u>28,824</u>	<u>43,914</u>	
Other Income - Donations		260		60,210
Total Income		<u>£52,289</u>		<u>£130,249</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2023

EXPENDITURE	2023		2022	
	£	£	£	£
Training, Workshops, Conferences and Educational Projects				
Training Day Costs	17,591		19,317	
Online Training Costs	4,824		4,780	
Workshop costs	6,104		7,330	
Conference Costs			11,196	
Educational Project Costs	<u>9,708</u>		<u>9,862</u>	
		38,228		52,485
Office Costs				
Contractors' fees		29,574		27,809
Other Costs				
Accounting	840		780	
Bank and Card Charges	858		846	
Fundraising Costs	1,453		1,021	
IT Systems	4,758		4,266	
Gifts	36			
Postage and Printing	76		380	
Subscriptions and Fees	100		100	
Other Expenses	<u>452</u>		<u>219</u>	
		8,573		7,612
		<u>76,375</u>		<u>87,906</u>
(Excess of expenditure) over income for the year		<u>£{24,086}</u>		<u>£42,343</u>

BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

England & Wales - Charity number 326372

Accounts

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

Annual Report and Accounts

For the year ended 31st December 2022

Registered charity number 326372

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2022**

CONTENTS

	Page
Report of the Trustees	3-5
Independent Examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the accounts	9-10
Detailed income and expenditure accounts	11-12

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2022

The trustees submit their annual report and financial statements for the British Society for Ecological Medicine (the charity) for the year ended 31st December 2022. These have been prepared in accordance with the accounting policies set out on page 9 and comply with the Charities Constitution and charity law.

1. Reference and administrative details

The Society is a registered charity number 326372 and the registered office address is Redhill Chambers, 2d High Street, Redhill, Surrey, RH1 1RJ.

2. Trustees and principal officers

The principal officers of the charity (who are also the trustees) and held office during the year are:

Dr D Downing - president
Dr F Meuschel - secretary
P Noble – treasurer
Dr A Econs

3. Independent Examiner

David Wheeler FCCA
Cheeld Wheeler & Co
Chartered Certified Accountants
Redhill Chambers
2d High Street
Redhill
Surrey
RH1 1RJ

4. Structure, governance and management

The charity was founded in 1983 and is governed by its constitution. The constitution was last revised in March 2014 and has been approved by the Charity Commission.

The resources of the charity are maintained in unrestricted funds and therefore the trustees have complete discretion as to their use.

Any money or property not immediately required for the charity's purposes can be held or invested as the trustees decide.

5. Appointment and removal of trustees

The appointment and removal of trustees is governed by the charity's constitution.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2022 (cont'd)

6. **Organisation and management**

The trustees and other members of the committee meet every two months and members are elected on to the committee at the Annual General Meeting according to the constitution. All meetings minutes are now stored electronically. In 2017 central documents including Risk Review, Volunteer and Conflicts of Interest Policies were reviewed and amended to the new circumstances (online training).

7. **Investment powers**

The charity's cash resources can be invested at the discretion of the trustees as they see fit. No investments were made in 2022 (2021: none).

8. **Objectives and activities for the public benefit**

The objectives of the charity are to promote for the benefit of the public the study and good practice of allergy, environmental and nutritional medicine and to improve the standard of knowledge of the means of prevention, diagnosis and methods of treatment. The society continues to organise practical training days as well as the online courses.

The trustees have referred to the general guidance on public benefit issued by the Charity Commission when planning future activities.

9. **Financial Review**

The accounts show an excess of income over expenditure of £42,343 (2021: £11,573). The trustees consider that this is a satisfactory result. The surplus was due mainly to a legacy of £60,000 received during the year, offset by increased spending on the Monograph Project (see below), losses on training events as we recovered from the Covid pandemic and expenditure on internal process and systems improvements.

10. **Plans for the future**

The trustees plan to continue to offer further conferences and training for members of the Society and the general public. The society continues with the "Monograph Project" to prepare a series of monographs providing substantiated scientific information on individual nutrients and therapies, each covering topics of: Safety; Indications and Disorders; Contraindications and warnings; Dosages and modes of administration. These are to be made available to members for use as information for patients, for colleagues, teaching and training tools, and as supportive information in medico-legal contexts. Contractors have been engaged to undertake this project and a supervisory team is in place.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2022 (cont'd)

11. Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that year. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of statement of recommended practice of accounting and reporting by charities
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed subject to any material departure to disclose and explain the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with a reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the charity (Accounts and Reports) Regulations 2008 and the provisions for the charity's constitution. They are also responsible for safeguarding assets of the charity and hence are taking reasonable steps for the prevention of, and detection of fraud, and other irregularities.

12. Independent Examiner

A resolution will be proposed at the Annual General Meeting that David Wheeler of Cheeld Wheeler & Co will be appointed as independent examiner for the charity for the ensuing year.

Approved by the trustees on 7 October 2023

Signed on their behalf by:

Honourable treasurer
Peter Noble

Chairman
Dr Franziska Meuschel

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
INDEPENDENT EXAMINER’S REPORT TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the British Society for Ecological Medicine for the year ended 31st December 2022.

Responsibilities and basis of report

As the charity trustees of the Society, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (‘the Act’).

I report in respect of my examination of the Society’s accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner’s statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the society as required by section 130 of the Act; or
2. That accounts do not accord with those records; or
3. That accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a ‘true and fair view’ which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Wheeler – Independent Examiner

David Wheeler FCCA
Cheeld Wheeler & Co
Chartered Certified Accountants
Redhill Chambers
2d High Street
Redhill
Surrey
RH1 1RJ

Dated: October 2023

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31ST DECEMBER 2022

	Note	2022	2021
		£	£
INCOME			
Donations and legacies	2	60,210	120
Income from charitable activities	3	70,380	46,441
Other income		<u>0</u>	<u>(1,174)</u>
TOTAL INCOME		<u>130,590</u>	<u>45,387</u>
 EXPENDITURE			
Charitable activities	4	81,315	31,324
Governance costs	5	<u>6,932</u>	<u>2,490</u>
		<u>88,247</u>	<u>33,814</u>
 Net income for the year		42,343	11,573
 RECONCILIATION OF FUNDS			
At 1st January 2022		71,118	59,545
At 31st December 2022		<u>£113,461</u>	<u>£71,118</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

BALANCE SHEET

AT 31ST DECEMBER 2022

	Note	2022 £	2021 £
CURRENT ASSETS			
Debtors and prepayments		595	859
Bank accounts		<u>122,713</u>	<u>77,373</u>
		<u>123,308</u>	<u>78,232</u>
CURRENT LIABILITIES			
Amounts falling due within one year			
Deferred income		1,510	320
Accrued expenses		<u>8,337</u>	<u>6,794</u>
		<u>9,847</u>	<u>7,114</u>
NET CURRENT ASSETS		<u>£113,461</u>	<u>£71,118</u>
THE FUNDS OF THE CHARITY			
General fund		<u>113,461</u>	<u>71,118</u>
		<u>£113,461</u>	<u>£71,118</u>

Approved by the Trustees on 7 October 2023
behalf by:

and signed on their

Trustee _____

Franziska Meuschel

Trustee _____

Peter Noble

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2022

1. Accounting Policies

a. Accounting convention and assessment of going concern

The accounts have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b. Accruals basis

Accounts have been prepared on the accruals accounting basis.

c. Income

Donations and other income are accounted for when received. Membership subscriptions are accounted for on the basis of the period covered by the subscription.

d. Expenditure

All expenditure is accounted for on the accruals basis and is matched to the period to which it relates.

e. Irrecoverable VAT

The charity is not registered for value added tax and cannot recover the VAT suffered on its costs.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2022 (cont'd)

	2021	2021
2. Income - donations and legacies		
Donations	<u>£60,210</u>	<u>£120</u>
3. Income from charitable activities		
Conference fees, training days and workshops	35,675	16,390
On line training	8,240	8,277
Membership subscriptions	<u>26,465</u>	<u>21,774</u>
	<u>£70,380</u>	<u>£46,441</u>
4. Charitable activities expenditure		
Conference, training days and workshop costs	48,303	18,939
On line training	4,182	3,736
Contractors fees	27,809	8,649
Fundraising costs	<u>1,021</u>	<u>-</u>
	<u>£81,315</u>	<u>£31,324</u>
5. Governance costs		
Admin fees	780	720
General costs	<u>6,152</u>	<u>2,500</u>
	<u>£6,932</u>	<u>£3,381</u>

Admin fees include £720 for the Independent Examiner (2021: £660).

6. Information concerning the trustees

None of the trustees received any remuneration for their services to the society (2021: £nil).

7. Related party transactions

There have been no related party transactions during the year.

8. Taxation

The charity is exempt from income tax as all income is generated for charitable purposes.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2022

	£	2022 £	£	2021 £
INCOME				
General				
Membership subscriptions	26,465		21,774	
	-		288	
		26,465		21,562
Conference, training days and workshops income				
Mould and Mycotoxins	7,896		(650)	
Gastroenterology – Beyond the gut	5,650		-	
Detoxification – Spotlight on the liver	3,245		-	
Immunology – Spotlight on cancer	9,165		-	
Workshop – Mayr	2,340		-	
Workshop – Micro Immunotherapy 1	6,670		-	
Spotlight on the lungs	-		5,635	
Spotlight on Allergies & Intolerances	-		5,745	
Spotlight on Cardiology	-		5,500	
Certificate fees	-		45	
		34,966		16,390
On line training income		8,240		8,232
Sundry training income		708		45
Donations		60,210		120
Other income		-		(1,174)
		<u>130,590</u>		<u>50,604</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2022

EXPENDITURE	2022		2021	
	£	£	£	£
General				
Examiner's fees	780		720	
Fundraising costs	1,021		-	
General costs	<u>6,152</u>		<u>1,770</u>	
		7,953		2,490
Mould and Mycotoxins	11,196		-	
Gastroenterology – Beyond the gut	5,739		-	
Spotlight on the liver	4,379		-	
Immunology – Spotlight on cancer	9,234		-	
Workshop - Mayr	4,305		-	
Workshop – Micro immunotherapy	3,624		-	
Immunology – Spotlight on the lungs	(36)		5,635	
Spotlight on Allergies and intolerances	-		4,296	
Training day – Cardiology and Heart	-		5,379	
Spotlight on hormones	-		119	
Spotlight on inflammation	-		54	
Phospholipid Workshop	-		35	
Monograph Project	<u>9,862</u>		<u>3,421</u>	
		48,303		14,676
Contractors' fees		27,809		11,434
On line training		<u>4,182</u>		<u>9,687</u>
		88,247		39,178
Excess of income over expenditure for the year		<u>42,343</u>		<u>11,426</u>

BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

England & Wales - Charity number 326372

Accounts

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

Annual Report and Accounts

For the year ended 31st December 2021

Registered charity number 326372

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2021**

CONTENTS

	Page
Report of the Trustees	3-5
Independent Examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the accounts	9-10
Detailed income and expenditure accounts	11-12

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2021

The trustees submit their annual report and financial statements for the British Society for Ecological Medicine (the charity) for the year ended 31st December 2021. These have been prepared in accordance with the accounting policies set out on page 9 and comply with the Charities Constitution and charity law.

1. Reference and administrative details

The Society is a registered charity number 326372 and the registered office address is Dr Franziska Meuschel c/o Biolab, The Stone House, 9 Weymouth Street, London, W1W 6DB.

2. Trustees and principal officers

The principal officers of the charity (who are also the trustees) and held office during the year are:

Dr D Downing - president
Dr F Meuschel - secretary
P Noble – treasurer
Dr A Econs

3. Independent Examiner

David Wheeler FCCA
Cheeld Wheeler & Co
Chartered Certified Accountants
Goodman House
13a West Street
Reigate
Surrey
RH2 9BL

4. Structure, governance and management

The charity was founded in 1983 and is governed by its constitution. The constitution was last revised in March 2014 and has been approved by the Charity Commission.

The resources of the charity are maintained in unrestricted funds and therefore the trustees have complete discretion as to their use.

Any money or property not immediately required for the charity's purposes can be held or invested as the trustees decide.

5. Appointment and removal of trustees

The appointment and removal of trustees is governed by the charity's constitution.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2021 (cont'd)

6. **Organisation and management**

The trustees and other members of the committee meet every two months and members are elected on to the committee at the Annual General Meeting according to the constitution. All meetings minutes are now stored electronically. In 2017 central documents including Risk Review, Volunteer and Conflicts of Interest Policies were reviewed and amended to the new circumstances (online training).

7. **Investment powers**

The charity's cash resources can be invested at the discretion of the trustees as they see fit. No investments were made in 2021 (2020: none).

8. **Objectives and activities for the public benefit**

The objectives of the charity are to promote for the benefit of the public the study and good practice of allergy, environmental and nutritional medicine and to improve the standard of knowledge of the means of prevention, diagnosis and methods of treatment. The society continues to organise practical training days as well as the online courses which were started in 2017.

The trustees have referred to the general guidance on public benefit issued by the Charity Commission when planning future activities.

9. **Financial Review**

The accounts show an excess of income over expenditure of £11,573 (2020: £11,426). The trustees consider that this is a satisfactory result. The surplus was due in part to the careful control of administration fees and general costs which have fallen significantly and are more than covered by the increased receipts of membership subscriptions during the year.

10. **Plans for the future**

The trustees plan to continue to offer further conferences and training for members of the Society and the general public. The society continues with the "Monograph Project" to prepare a series of monographs providing substantiated scientific information on individual nutrients and therapies, each covering topics of: Safety; Indications and Disorders; Contraindications and warnings; Dosages and modes of administration. These are to be made available to members for use as information for patients, for colleagues, teaching and training tools, and as supportive information in medico-legal contexts. Contractors have been engaged to undertake this project and a supervisory team is in place.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2021 (cont'd)

11. Trustees' responsibilities statement

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that year. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of statement of recommended practice of accounting and reporting by charities
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed subject to any material departure to disclose and explain the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with a reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the charity (Accounts and Reports) Regulations 2008 and the provisions for the charity's constitution. They are also responsible for safe guarding assets of the charity and hence are taking reasonable steps for the prevention of, and detection of fraud, and other irregularities.

12. Independent Examiner

A resolution will be proposed at the Annual General Meeting that David Wheeler of Cheeld Wheeler & Co (previously known as Braidwood Wheeler and Co) will be appointed as independent examiner for the charity for the ensuing year.

Approved by the trustees on 21 September 2022

Signed on their behalf by:

_____Peter Noble_____

_____Franziska Meuschel_____

Honourable treasurer
Peter Noble

Secretary
Dr Franziska Meuschel

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
INDEPENDENT EXAMINER’S REPORT TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the British Society for Ecological Medicine for the year ended 31st December 2021.

Responsibilities and basis of report

As the charity trustees of the Society, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (‘the Act’).

I report in respect of my examination of the Society’s accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner’s statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the society as required by section 130 of the Act; or
2. That accounts do not accord with those records; or
3. That accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a ‘true and fair view’ which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Wheeler

David Wheeler – Independent Examiner

David Wheeler FCCA
Cheeld Wheeler & Co
Chartered Certified Accountants
Goodman House
13a West Street
Reigate
Surrey
RH2 9BL

Dated: 9 August 2022

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31ST DECEMBER 2021

	Note	2021 £	2020 £
INCOME			
Donations and legacies	2	120	30
Income from charitable activities	3	46,441	49,362
Other income		(1,174)	1,212
TOTAL INCOME		<u>45,386</u>	<u>50,604</u>
EXPENDITURE			
Charitable activities	4	31,324	35,797
Governance costs	5	2,490	3,381
		<u>33,814</u>	<u>39,178</u>
Net income for the year		11,573	11,426
RECONCILIATION OF FUNDS			
At 1st January 2021		59,545	48,119
At 31st December 2021		<u>£71,118</u>	<u>£59,545</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

BALANCE SHEET

AT 31ST DECEMBER 2021

	Note	2021 £	2020 £
CURRENT ASSETS			
Debtors and prepayments		859	15,251
Bank current account		<u>77,373</u>	<u>58,963</u>
		<u>78,231</u>	<u>74,214</u>
CURRENT LIABILITIES			
Amounts falling due within one year			
Deferred income		320	-
Other creditors		-	1,065
Accrued expenses		<u>6,794</u>	<u>13,604</u>
		<u>7,114</u>	<u>14,669</u>
NET CURRENT ASSETS		<u>£71,118</u>	<u>£59,545</u>
THE FUNDS OF THE CHARITY			
General fund		<u>71,118</u>	<u>59,545</u>
		<u>£71,118</u>	<u>£59,545</u>

Approved by the Trustees on
behalf by:

21st July 2022

and signed on their

Trustee _____ Franziska Meuschel _____

Franziska Meuschel

Trustee _____ Peter Noble _____
Peter Noble

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2021

1. Accounting Policies

a. **Accounting convention and assessment of going concern**

The accounts have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b. **Accruals basis**

Accounts have been prepared on the accruals accounting basis.

c. **Income**

Donations and other income are accounted for when received. Membership subscriptions are accounted for on the basis of the period covered by the subscription.

d. **Expenditure**

All expenditure is accounted for on the accruals basis and is matched to the period to which it relates.

e. **Irrecoverable VAT**

The charity is not registered for value added tax and cannot recover the VAT suffered on its costs.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2021 (cont'd)

	2021	2020
2. Income - donations and legacies		
Donations	<u>£120</u>	<u>£ 30</u>
3. Income from charitable activities		
Conference fees, training days and workshops	16,390	18,649
On line training	8,277	11,211
Membership subscriptions	<u>21,774</u>	<u>19,502</u>
	<u>£46,441</u>	<u>£49,362</u>
4. Charitable activities expenditure		
Conference, training days and workshop costs	18,939	14,676
Training	3,736	9,687
Contractors fees	<u>8,649</u>	<u>11,434</u>
	<u>£31,324</u>	<u>£35,797</u>
5. Governance costs		
Admin fees	720	881
General costs	<u>1,770</u>	<u>2,500</u>
	<u>£2,490</u>	<u>£3,381</u>

Admin fees include £660 for the Independent Examiner (2020: £660).

6. Information concerning the trustees

None of the trustees received any remuneration for their services to the society (2020: £nil).

7. Related party transactions

There have been no related party transactions during the year.

8. Taxation

The charity is exempt from income tax as all income is generated for charitable purposes.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2021

	£	2021 £	£	2020 £
INCOME				
General				
Membership subscriptions	21,774		19,502	
Conference packs and books sold	-		288	
		21,774		19,790
Conference, training days and workshops income				
Mould and Mycotoxins 13.06.20	(650)		4,295	
Intro to Low Dose Immunotherapy	-		170	
Spotlight on Hormones 07.02.20	-		3,130	
Spotlight on Inflammation 03.11.20	-		8,000	
Workshop Micro Immunotherapy 08.02 20	-		2,119	
Phospholipid Workshop	-		935	
Spotlight on Allergies & Intolerances TD9-18.06.2021	5,745		-	
Immunology: Spotlight on Lungs 12.Nov 21 TD10	5,750		-	
Spotlight on Cardiology TD8 23.04.21	5,500		-	
Certificate charges	45		-	
		16,390		18,649
Training		8,277		11,211
Donations		120		30
Other income		(1,174)		924
		<u>45,386</u>		<u>50,604</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2021

EXPENDITURE	2021		2020	
	£	£	£	£
General				
Admin fees	720		881	
General costs	<u>1,770</u>		<u>2,500</u>	
		2,490		3,381
Mould and Mycotoxins 13.06.20	-		2,594	
Intro to Low Dose Immunotherapy	-		26	
Spotlight on Hormones 07.02.20	119		2,969	
Spotlight on Inflammation 03.11.20	-		5,012	
Workshop Micro Immunotherapy 08.02.20	-		2,455	
Phospholipid Workshop 18.02.20	35		1,620	
Spotlight on Inflammation TD7	54		-	
Training day TD8 – Cardiology/Heart 5 th Feb 2021 (moved to 23.04.21)	5,379		-	
Spotlight on Allergies & Intolerances			-	
Training Day 9 – 18 June 2021	4,296			
Immunology TD10 Spotlight on the Lungs 12.11.21	5,635		-	
Monograph Project	<u>3,421</u>		<u>-</u>	
		18,939		14,676
Contractors' fees		8,649		11,434
Training		<u>3,736</u>		<u>9,687</u>
		33,814		39,178
Excess of income over expenditure for the year		<u>£11,573</u>		<u>£11,426</u>

BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

England & Wales - Charity number 326372

Accounts

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

Annual Report and Accounts

For the year ended 31st December 2020

Registered charity number 326372

**THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
ANNUAL REPORT AND ACCOUNTS
FOR THE YEAR ENDED 31ST DECEMBER 2020**

CONTENTS

	Page
Report of the Trustees	3-5
Independent Examiner's report	6
Statement of financial activities	7
Balance sheet	8
Notes to the accounts	9-10
Detailed income and expenditure accounts	11-12

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2020

The trustees submit their annual report and independently examined financial statements for the British Society for Ecological Medicine (the charity) for the year ended 31st December 2020. These have been prepared in accordance with the accounting policies set out on page 9 and comply with the Charities Constitution and charity law.

1. Reference and administrative details

The Society is a registered charity number 326372 and the registered office address is Dr Franziska Meuschel c/o Biolab, The Stone House, 9 Weymouth Street, London, W1W 6DB.

2. Trustees and principal officers

The principal officers of the charity (who are also the trustees) and held office during the year are:

Dr D Downing - president
Dr F Meuschel - secretary
P Noble – treasurer
Dr A Econs
Ms M Beattie

3. Independent Examiner

David Wheeler FCCA
Braidwood Wheeler & Co
Chartered Certified Accountants
Goodman House
13a West Street
Reigate
Surrey
RH2 9BL

4. Structure, governance and management

The charity was founded in 1983 and is governed by its constitution. The constitution was last revised in March 2014 and has been approved by the Charity Commission.

The resources of the charity are maintained in unrestricted funds and therefore the trustees have complete discretion as to their use.

Any money or property not immediately required for the charity's purposes can be held or invested as the trustees decide.

5. Appointment and removal of trustees

The appointment and removal of trustees is governed by the charity's constitution.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2020 (cont'd)

6. **Organisation and management**

The trustees and other members of the committee meet every two months and members are elected on to the committee at the Annual General Meeting according to the constitution. All meetings minutes are now stored electronically. In 2019 central documents including Risk Review, Volunteer and Conflicts of Interest Policies were reviewed and amended to the new circumstances (online training).

7. **Investment powers**

The charity's cash resources can be invested at the discretion of the trustees as they see fit. No investments were made in 2020 (2019: none).

8. **Objectives and activities for the public benefit**

The objectives of the charity are to promote for the benefit of the public the study and good practice of allergy, environmental and nutritional medicine and to improve the standard of knowledge of the means of prevention, diagnosis and methods of treatment. The society continues to organise practical training days as well as the online courses which were started in 2017.

The trustees have referred to the general guidance on public benefit issued by the Charity Commission when planning future activities.

9. **Financial Review**

The accounts show an excess of income over expenditure of £11,426 (2019: £7,918). The trustees consider that this is a satisfactory result. The surplus was due in part to the careful control of administration fees and general costs which have fallen significantly and are more than covered by the increased receipts of membership subscriptions during the year.

10. **Plans for the future**

The trustees plan to continue to offer further conferences and training for members of the Society and the general public. The society has embarked upon the "Monograph Project" to prepare a series of monographs providing substantiated scientific information on individual nutrients and therapies, each covering topics of: Safety; Indications and Disorders; Contraindications and warnings; Dosages and modes of administration. These are to be made available to members for use as information for patients, for colleagues, teaching and training tools, and as supportive information in medico-legal contexts. Staff have been contracted to undertake this project and a supervisory team is in place.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

TRUSTEES' ANNUAL REPORT FOR THE YEAR TO 31ST DECEMBER 2020
(cont'd)

11. **Trustees' responsibilities statement**

The trustees are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the income and expenditure of the charity for that year. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles of statement of recommended practice of accounting and reporting by charities
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed subject to any material departure to disclose and explain the financial statements
- Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the charity will continue in operation

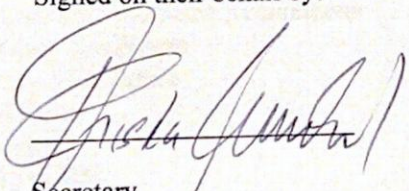
The trustees are responsible for keeping proper accounting records that disclose with a reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the charity (Accounts and Reports) Regulations 2008 and the provisions for the charity's constitution. They are also responsible for safe guarding assets of the charity and hence are taking reasonable steps for the prevention of, and detection of fraud, and other irregularities.

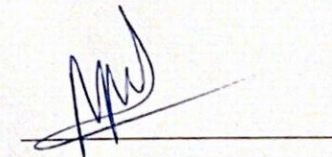
12. **Independent Examiner**

A resolution will be proposed at the Annual General Meeting that David Wheeler of Braidwood Wheeler & Co will be appointed as independent examiner for the charity for the ensuing year.

Approved by the trustees on 13.10. 2021

Signed on their behalf by:


Secretary


~~President~~ Treasurer

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

I report to the trustees on my examination of the accounts of the British Society for Ecological Medicine for the year ended 31st December 2020.

Responsibilities and basis of report

As the charity trustees of the Society, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

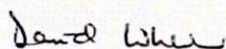
I report in respect of my examination of the Society's accounts as required under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the society as required by section 130 of the Act; or
2. That accounts do not accord with those records; or
3. That accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than the requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



David Wheeler – Independent Examiner

David Wheeler FCCA
Braidwood Wheeler & Co
Chartered Certified Accountants
Goodman House
13a West Street
Reigate
Surrey
RH2 9BL

Dated: 18 October 2021

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31ST DECEMBER 2020

	Note	2020 £	2019 £
INCOME			
Donations and legacies	2	30	410
Income from charitable activities	3	49,362	64,842
Other income		<u>1,212</u>	<u>700</u>
TOTAL INCOME		<u>50,604</u>	<u>65,952</u>
 EXPENDITURE			
Charitable activities	4	35,797	50,406
Governance costs	5	<u>3,381</u>	<u>7,628</u>
		<u>39,178</u>	<u>58,034</u>
 Net income for the year		 11,426	 7,918
 RECONCILIATION OF FUNDS			
At 1 st January 2020		48,119	40,201
At 31 st December 2020		<u>£59,545</u>	<u>£48,119</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE


BALANCE SHEET

AT 31ST DECEMBER 2020

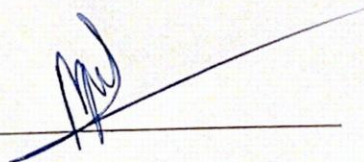
	Note	2020 £	2019 £
CURRENT ASSETS			
Debtors and prepayments		15,251	1,500
Bank current account		<u>58,963</u>	<u>51,642</u>
		<u>74,214</u>	<u>53,142</u>
CURRENT LIABILITIES			
Amounts falling due within one year			
Deferred income		0	565
Other creditors		1,065	0
Accrued expenses		13,604	4,458
		<u>14,669</u>	<u>5,023</u>
NET CURRENT ASSETS		<u>£59,545</u>	<u>£48,119</u>
THE FUNDS OF THE CHARITY			
General fund		<u>59,545</u>	<u>48,119</u>
		<u>£59,545</u>	<u>£48,119</u>

Approved by the Trustees on 13.10.21 and signed on their behalf by:

Trustee



Trustee



THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2020

1. Accounting Policies

a. Accounting convention and assessment of going concern

The accounts have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with Financial Reporting Standard applicable in the UK and the Charities Act 2011.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

b. Accruals basis

Accounts have been prepared on the accruals accounting basis.

c. Income

Donations and other income are accounted for when received. Membership subscriptions are accounted for on the basis of the period covered by the subscription.

d. Expenditure

All expenditure is accounted for on the accruals basis and is matched to the period to which it relates.

e. Irrecoverable VAT

The charity is not registered for value added tax and cannot recover the VAT suffered on its costs.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31ST DECEMBER 2020 (cont'd)

	2020	2019
2. Income - donations and legacies		
Donations	<u>£30</u>	<u>£ 410</u>
3. Income from charitable activities		
Conference fees, training days and workshops	18,649	36,450
On line training	11,211	10,457
Membership subscriptions	<u>19,502</u>	<u>17,935</u>
	<u>£49,362</u>	<u>£64,842</u>
4. Charitable activities expenditure		
Conference, training days and workshop costs	14,676	33,920
Training	9,687	7,485
Contractors fees	<u>11,434</u>	<u>9,001</u>
	<u>£35,797</u>	<u>£50,406</u>
5. Governance costs		
Admin fees	881	1,985
General costs	<u>2,500</u>	<u>5,643</u>
	<u>£3,381</u>	<u>£7,628</u>

Admin fees include £600 for the Independent Examiner (2019: £600).

- 6. Information concerning the trustees**
None of the trustees received any remuneration for their services to the society (2019: £nil).
- 7. Related party transactions**
There have been no related party transactions during the year.
- 8. Taxation**
The charity is exempt from income tax as all income is generated for charitable purposes.

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2020

	£	2020 £	£	2019 £
INCOME				
General				
Membership subscriptions	19,502		17935	
Conference packs and books sold	<u>288</u>		<u>-</u>	
		19,790		17,935
Conference, training days and workshops income				
Mould and Mycotoxins 13.06.20	4,295		-	
Intro to Low Dose Immunotherapy	170		-	
Spotlight on Hormones 07.02.20	3,130		-	
Spotlight on Inflammation 03.11.20	8,000		-	
Workshop Micro Immunotherapy 08.02.20	2,119		-	
Phospholipid Workshop 18.02.20	935		-	
Melisa Systemic Effects of Metal	-		375	
5G and Health	-		21,455	
Spotlight on Chronic Infections	-		5,770	
Spotlight on Neurology	-		3,640	
Introduction to micro-immunotherapy	-		1,850	
Spotlight on Toxicity	<u>-</u>		<u>3,360</u>	
		18,649		36,450
Training		11,211		10,457
Donations		30		410
Other income		<u>924</u>		<u>700</u>
		<u>50,604</u>		<u>69,952</u>

THE BRITISH SOCIETY FOR ECOLOGICAL MEDICINE
Detailed Income and Expenditure Account
For the year ended 31st December 2020

EXPENDITURE	2020		2019	
	£	£	£	£
General				
Admin fees	881		1,985	
General costs	<u>2,500</u>		<u>5,643</u>	
		3,381		7,628
Mould and Mycotoxins 13.06.20	2,594		-	
Intro to Low Dose Immunotherapy	26		-	
Spotlight on Hormones 07.02.20	2,969		-	
Spotlight on Inflammation 03.11.20	5,012		-	
Workshop Micro Immunotherapy 08.02.20	2,455			
Phospholipid Workshop 18.02.20	1,620			
5G and Health			22,090	
Spotlight on Chronic Infections	-		3,953	
Spotlight on Neurology	-		3,413	
Introduction to micro-immunotherapy	-		1,430	
Spotlight on Toxicity	<u>-</u>		<u>3,035</u>	
		14,676		33,920
Contractors' fees		11,434		9,001
Training		9,687		7,485
		39,178		58,034
Excess of income over expenditure for the year		<u>£11,426</u>		<u>£7,918</u>