

THE CULBONE TRUST

England & Wales · Charity number 326069

Details

Status Registered

Legal form Trust

Registered 1982-02-22

Register [View on the Charity Commission register](#)

Contact

Address 10 Royal Arch Apartments
The Mailbox
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Birmingham
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Activities

Objects: TO RELIEVE PERSONS SUFFERING FROM STRESS AND DEPRESSION ESPECIALLY IF CAUSED BY THE STRAINS OF MODERN LIVING AND IN PARTICULAR BY THE PROVISION OF A CENTRE FOR THE TREATMENT OF STRESS AND STRESS DISORDERS BY THE TEACHING OF RELAXATION.

Activities: The provision of teaching of relaxation using guided meditation. The provision of help, guidance and literature in the furtherance of the above.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31		£89	£0	-
2024-03-31		£99	£0	-
2023-03-31		£86	£0	-
2022-03-31		£12	£817	-
2021-03-31		£80	£250	-

Trustees

Name	Role	Appointed
JEFFREY COX	Chair	
DAVID COX		
DIETER WYRWOLL		
HELEN FREEMAN		
PETER CREEDY		2011-06-19