

# **SOUTH RUISLIP COMMUNITY ASSOCIATION**

**Registered Charity 303088.**

## **TRUSTEES' REPORT**

The trustees of the South Ruislip Community Association are pleased to present their annual reports for the year ended 31<sup>st</sup> March 2021.

## **PRINCIPLE ACTIVITIES AND ACHIEVEMENTS OF THE ASSOCIATION**

The Association is a non-profit making organisation. The Association is registered with the Charity Commissioners, registered number 303088. The principle activity of the Association throughout the year was to promote the benefit of the inhabitants of the neighbourhood of South Ruislip by associating with the local authority, voluntary organisations and inhabitants in a common effort to advance education and to provide facilities for recreation and leisure-time occupation. The Association achieved this by providing 10 different activities run by Section and Affiliate Groups.

## **TRUSTEES**

**BRIAN ROBINSON  
CHLOE SNOWDEN  
ANITA CARSTENS**

**RICHARD WATKINS  
JODIE SLOAN  
LIZ SHERIDAN**

**EMMA BOFFO  
FERIOZ MIA  
GILLIAN WHITE**

## **Bugeisha Aikido Club.**

It has been a tough two years for the club as it has for everyone, Aikido is a full contact martial art which cannot be practiced while any form of social distancing is in place so the club has not been active. That said the core members have stayed in touch through the lockdowns and we are all keen to get back to training when permitted. A couple of former members are talking about returning and we have had some interest from potential new members and anyone interested is welcome so I am hopeful for the future.

**Richard Watkins**

## **Baby Sensory**

Baby Sensory are award winning developmental classes for babies from birth – 13 months. We offer sensory experiences that help to lay the foundations for babies physical, social and intellectual development. Activities include textures, bubbles, singing, signing, rhymes, fibre optic light shows, puppet shows, parachutes and much much more. What makes Baby Sensory unique is that we are the only programme on the market that has over 30 years of medical research behind it. We always explain the benefits of an activity to parent and baby allowing parents to build their own knowledge and learn how to best interact with their babies at home. We offer a support system for parents and have been recognised a vital post natal group by NCT. We have won many awards including best baby developmental programme from 2008 and now in 2020 too by What's On 4 Kids. We are also GOLD accredited members of the CAA. I personally was a finalist in the "most loved activity leader" for the London region 2019 and 2020 in the What's on 4 Kids awards.

I have been running classes at Deane Park hall for 4 years – starting out in June 2017. I now run 7 classes a week with ad hoc weekend sessions throughout the year. Class structure and size has changed considerable since first launching but the format remains the same.

I am extremely grateful to the Association for allowing me to build my business and run my classes from the hall and look forward to continuing working with the group in the future.

Thank you

**Anita Carstens**

## **Bellytots**

BellyTots has been at SRCA since last September. We have very much enjoyed using the space. The Mums and Babies I serve are happy here. It has, of course, been a very difficult and stressful year for us all. Moving in and out of different 'tiers' and lockdowns and trying to keep up with the ever changing and sometimes vague covid guidelines for 'parent & baby classes' has been extremely difficult. Having survived the pandemic well as a business, there has been a drop off in bookings for the summer term. I'm hoping this will resolve come September.

**Liz Sherridan**

## **Boot Camp**

Wow what a bizarre last year and a half we have had. There we were thinking we'd have a two week lockdown and could then get back to normal after, who knew!

Thankfully, I managed to take all my classes online. Not everyone embraced that idea, deciding to wait till I was back face-to-face, but enough decided to give it a go in order to keep their fitness up, which really helped me be able to still cover our rent and bills, especially as I became the only earner.

And so so grateful to a fitness guru lady I follow who set up a group for fitness professionals like myself to help everyone get online and threw hundreds of ideas at us for class inspiration, plus the sound guys who endured literally thousands of calls from us all about how to use a mixer and head mic and get them working for better sound quality on Zoom. These guys were incredible and not sure where we'd all be without them!

But as a whole, teaching online ended up being a very positive experience, and now something I am carrying on with. So I am now teaching a mix on online only, face-to-face only and my Thursdays at the hall are both face-to-face AND online, with me streaming via Zoom and Facebook live. This now offers flexibility for members to 'catch up' online when it suits them, and the chance for anyone anywhere to do my sessions.

**Emma Boffo**

### **Gentle Yoga**

It has been a quiet year for our yoga group. Unfortunately many of our weekly classes have had to take place online during the pandemic. We returned to the hall in May and although attendance has been low we are grateful and happy to be back practicing yoga at the hall. We are hoping that over the coming months public classes will become popular again and wish all of the groups well in building their communities back up following this challenging period.

**Chloe Snowden**

### **Little Kickers**

As with all groups, Little Kickers has been forced to close for a large period over the past 18 months. Thankfully due to the garden facilities at the centre, we were able to re-open our classes promptly as restrictions eased as we were able to run classes outside and in small bubbles of 6. Since re-opening we have decided to remain in small groups of 6, and therefore have a total of 12 children currently attending, and have 16 children on our waitlists. Sadly, due to the mats on the floor in the hall now, Little Kickers may have to leave the centre after over 15 years here. We are continuing to run our classes in the garden for as long as possible"

**Jodie Sloan**

### **Shakerkids**

**Gillian White**

### **Shahjalal**

On behalf of the Shahjalal Community Centre (SCC) I would like to thank you for inviting us to the AGM. We have an excellent relationship with the South Ruislip Community Association thus far and the facilities which you have made available to us are perfectly suited to our needs. Our communication with the South Ruislip Community Association has been great during these unprecedented times and we look forward to continuing this in the future. We thank you once again for giving us this opportunity to perform our prayers and we hope to have your continued support in the future. The SCC committee are extremely satisfied with the centre and all the facilities you have made readily available to us and we hope to continue our relationship with the South Ruislip Community Association towards the future. Many Thanks,

**Mr Feroz Miah (General Secretary)**

### **Titan Taekwondo Academy**

Titan Taekwondo is up running and very successful. We now have classes throughout the week at Deane Park Hall. Our instructors have set up in other venues as well as teaching in many schools.

The government lockdowns and restrictions have caused disruption, but our team has been determined to remain strong and focused. We have been proud to be hands on and keep Deane Park Hall ready all user groups for when it can be opened.

Titan Taekwondo is now a very highly respected organisation in the UK and abroad. We look forward to a great future.

**Brian Robinson**