

Charity registration number 299843

NEIGHBOURS IN POPLAR
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

NEIGHBOURS IN POPLAR

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Terrence Simco - Chair
Lord Michael Cashman Cbe
Leonard Sabastian
Susan Blinman - Treasurer
Alexander Campbell
Jessica-Mary Darroux
Dr Ali Hussain
Michael Zacsinsky
Remmie Williams - Vice Chair
Mary Monica Frost
Michaela Lewis

Secretary

Remmie Williams

Charity number

299843

Senior Management

Mandy Molyneux – Chief Executive Officer

Registered office

113 Poplar High Street
London
E14 0AE

Independent examiner

Samir Shah FCA, ATII
Ramon Lee Ltd
Chartered Accountants
93 Tabernacle Street
London
EC2A 4BA

Bankers

National Westminster Bank Plc
54 Marsh Wall
London
E14 6LJ

Barclays Bank
260/262 Chingford Mount Road
South Chingford
London
E4 8JN

Website

<http://www.neighboursinpoplar.com/>

NEIGHBOURS IN POPLAR

CONTENTS

	Page
Trustees' report	1 - 4
Independent examiner's report	5
Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 19

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note to the financial statements and comply with the charity's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To provide care and welfare to persons in need through the provision of amenities and recreation and leisure activities in the interest of social welfare.

Neighbours in Poplar had its origins in a Poplar Parish meeting in October 1969 when a group of concerned people met to discuss the needs of the older in the area and the possibility of organising a Christmas Party as a starting point. This was such a success that the 70's began to see the unfolding of a vibrant programme of volunteer visiting, shopping, and providing practical services for vulnerable, elderly people in poplar and the Isle of Dogs.

OUR VISION STATEMENT

AIM:

- To provide practical support and care for all vulnerable people living at home, regardless of age, race, gender, culture, disability, sexual orientation or gender identity. Our support and care would be complimentary to that provided by statutory services also.
- We aim to provide disadvantaged children with breaks from their normal environment during the summer holidays. Our aim is also to involve members of our diverse community in working together to create an inclusive society.

Our area of concern is Poplar and the Isle of Dogs, keeping flexibility and need in mind.

OUR VISION: Neighbours in Poplar's vision is to enable vulnerable people, especially those living alone and often undocumented, to live fulfilling and meaningful lives. We aim to add quality, wellbeing, a sense of independence and meaning to the days of their lives helping to reduce isolation and loneliness where possible, by growing a sense of community within the areas we cover.

We do this by the development, encouragement and training of dedicated staff and volunteers who visit and provide support for frail people in their homes.

VALUES:

- | | |
|--------------|--------------------------------|
| • Welcoming | • Willing to go the extra mile |
| • Respectful | • Compassionate |
| • Honest | • Dedicated |
| • Inclusive | • Caring |

Our volunteers

Volunteers are essential to the work and services of Neighbours in Poplar. Among other services they provide:

- Driving and escorting on one of our mini Buses;
- Befriending either in person or by telephone;
- Offering office support or volunteering for the cooking and delivery of our post-COVID meal project.
- Collecting shopping and medication for isolating and shielding clients.

All are DBS checked and receive training to deliver their service! All follow best Health & Safety Practice

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Achievements and performance

Our main activities for the year ending March 2025 are outlined below. As Trustees, we are incredibly proud of what has been achieved this year—particularly the progress made by our staff in working towards the Gold “Investors in People” Quality Mark. Under the strong leadership of our manager, this goal has brought out the very best in our team, creating a motivated and dedicated workforce focused on delivering the highest possible level of service to as many people as we can reach.

We are delighted to confirm that we have now achieved the Investors in People Award, an accomplishment that reflects the hard work and commitment of everyone involved.

Linkage Plus:

Linkage Plus – This remains a vital source of support for people aged 50 and over. We continue to welcome new clients almost every day, showing just how essential this service has become within the community. A large part of our work involves offering practical help, especially guiding clients through the often-complex benefits system.

As a long-established and trusted service, we receive many referrals from professionals across a range of agencies, which reflects both our strong reputation and the positive impact we have locally.

Tackling Poverty Project

We were also delighted to have the highly successful Tackling Poverty contract renewed. The NIP team has received excellent feedback from the East End Community Foundation for the quality of its delivery.

Referrals for this project continue to come from all over Tower Hamlets, even though our official remit focuses on the E14 area, demonstrating the wider need and the value of our support.

Post COVID Project

Our post-Covid project also continues to thrive, supported by an extraordinary number of dedicated volunteers. On 16 March, the project celebrated a major milestone—its 50,000th hot meal served since the start of the first lockdown on 20 March 2020.

Christmas Meal Project

Christmas and New Year Dinners – This project is over 40 years old and brings together volunteers willing to spend time on the 25th December and 1st January taking dinners and festive cheer to isolated and lonely Tower Hamlets residents. This project is very intergenerational bring people of all ages and cultures together.

Summer Project

Thanks to the kindness of our donors, we were able to run two seaside trips for families again this year. Although some people were still cautious about Covid, we managed to fill 12 fifty-seater coaches with a wonderfully mixed group of families from many different backgrounds. Everyone really appreciated the chance to get out of the city for the day and enjoy some time by the sea. Now in its 53rd year, this project remains hugely valued and continues to be one of the true highlights of our work.

Charitable Activities and Community Impact

Neighbours in Poplar supports a wide range of people, including isolated older adults, individuals living with disabilities, and families experiencing hardship or poverty, many of whom have disabled children. We work in a culturally diverse community and remain committed to creating a warm, inclusive environment where everyone feels welcome and supported.

The Clinical Commissioning Group has highlighted high levels of poor physical and mental health in our area. Many of the health issues that are more common in Tower Hamlets—and which affect a large number of the people we support—include heart disease, stroke, cancer, diabetes, and smoking-related illnesses, particularly within the Bangladeshi community.

A significant number of residents over the age of 60 are described as being “generally not in good health,” and many continue to feel the lasting effects of the Pandemic.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Neighbours in Poplar builds long-term relationships based on trust and understanding with the people who use our services. We have become skilled at identifying the needs and concerns of vulnerable residents and helping them work through these challenges. The Tackling Poverty project has played an important role in addressing many of these issues.

Public benefit statement

When setting our objectives for the year and planning our activities, the trustees took into account the Charity Commission's guidance on public benefit, including Public Benefit: Running a Charity (PD2). The achievements and activities outlined above clearly demonstrate the public benefit delivered through the charity's work.

Financial review

The financial results for the year are set out in the Statements of Financial Activities on page 6. The charity recorded an overall surplus of £18,845 (2024 – £67,400). The financial position at the year revealed by the Balance Sheet on page 7 shows net current assets or working capital of £264,073 (2024 – £285,553). The net book value of fixed assets held, all of which are used directly for charitable purposes, amounted to £47,399 (2024 – £7,074).

Reserves policy

The trustees consider it prudent to maintain an adequate level of unrestricted reserves to cover the charity's contractual commitments and provide sufficient working capital and have set this at a minimum of three months expenditure. The current level of funding is adequate to support the continuation of the charity in the medium term.

As of 31st March 2025, financial statements showed reserves of £311,472 (2024 - £292,627) of which £56,211 (2024 - £159,367) were restricted funds and £178,577 (2024 - £56,576) were unrestricted funds. The unrestricted funds not designated or invested in tangible fixed assets held by the charity are £131,178 (2024 - £55,356).

Principal funding sources

The charity aims to build a broad and sustainable funding base for its work. Neighbours in Poplar continues to secure support for its projects from a wide range of sources, including charitable trusts, private companies, individual donors, the London Borough of Tower Hamlets, and the charity's own income-generating activities.

Investment powers and policy

The trustees have considered the most appropriate policy for investing surplus funds and have found that bank deposit accounts provide the appropriate combination of security, accessibility and income growth.

Structure, governance and management

Governing document

The organisation is an unincorporated association founded in 1969 and registered as a charity with the Charity Commission in 1988 (Charity no. 299843). The charity is established under a written constitution that established the objects and powers of the charity and is also governed under this constitution.

Recruitment and appointment of Trustees

The appointment of trustees is by a majority vote of the members of the Annual General Meeting.

Organisational Structure

The charity is governed by a Management Committee that meets bi-monthly. The Management Committee sets out and reviews the organisational strategy, direction, staffing and resources. The day-to-day running of the charity is carried out by employed staff led by a manager who has delegated authority to run operations and take financial decisions up to £2,000. All cheque payment has two signatories – two Management Committee members are signatories and the Manager.

The organisation employs 3 full-time and 6 part-time members of staff. In addition, we have over 60 active volunteers who are essential to the delivery of LinkAge Plus and other projects in which the organisation is involved. These are all managed by the Manager.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Trustee induction and training

The trustees maintain a good working knowledge of charity and best practice by regular reading of charity press articles and scrutiny of Charity Commission and other Government and voluntary organisation advisory websites. New trustees are given copies of constitution of the charity and copies of previous minutes and attend an induction session given by an experienced Trustee.

Risk Management

The trustees regularly review the major risks faced by the charity and are confident that keeping reserves at their current level—alongside an annual review of the controls within our key financial systems—provides adequate protection should any unexpected challenges arise. The trustees have also considered both operational and business risks and can confirm that appropriate systems are in place to reduce the likelihood and impact of significant issues.

Related parties

The charity continues to receive generous donations from its trustees, for which we are extremely grateful.

Statement of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees' report was approved by the Board of Trustees and signed on behalf by:

Signed by:



33C3AA081DA44FC...

Mary Monica Frost
Trustee

10 December 2025

NEIGHBOURS IN POPLAR

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEIGHBOURS IN POPLAR

I report to the trustees on my examination of the financial statements of Neighbours In Poplar (the charity) for the year ended 31 March 2025.

This report is made solely to the charity's trustees, as a body, in accordance with the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my Independent Examination, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed by:



BFA6442682BF4CE...

Samir Shah FCA, ATII

Ramon Lee Ltd
Chartered Accountants
93 Tabernacle Street
London
EC2A 4BA

Dated: 10 December 2025

NEIGHBOURS IN POPLAR

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Designated funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Income from:						
Donations and legacies	3	22,625	-	4,532	27,157	39,795
Charitable activities	4	159,248	-	132,215	291,463	298,072
Investments	5	1,410	-	-	1,410	1,585
Total income		183,283	-	136,747	320,030	339,452
Expenditure on:						
Raising funds	6	31,542	-	1,667	33,209	34,497
Charitable activities	7	60,250	-	207,726	267,976	237,555
Total expenditure		91,792	-	209,393	301,185	272,052
Net incoming/(outgoing) resources before transfers		91,491	-	(72,646)	18,845	67,400
Gross transfers between funds		30,510	-	(30,510)	-	-
Net movement in funds		122,001	-	(103,156)	18,845	67,400
Fund balances at 1 April 2024		56,576	76,684	159,367	292,627	225,227
Fund balances at 31 March 2025		178,577	76,684	56,211	311,472	292,627

CONTINUING OPERATIONS

None of the charity's activities were acquired or discontinued during the above two financial periods.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the above movement in funds for the above two financial periods.

The notes on pages 8 to 19 form part of these financial statements.

NEIGHBOURS IN POPLAR

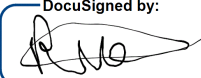
BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	11		47,399		7,074
Current assets					
Debtors	12	2,674		57,533	
Cash at bank and in hand		271,365		236,057	
		274,039		293,590	
Creditors: amounts falling due within one year	13	(9,966)		(8,037)	
Net current assets			264,073		285,553
Total assets less current liabilities			311,472		292,627
Income funds					
Restricted funds	15		56,211		159,367
<u>Unrestricted funds</u>					
Designated funds	16	76,684		76,684	
General unrestricted funds		178,577		56,576	
			255,261		133,260
			311,472		292,627

The notes on pages 8 to 19 form part of these financial statements.

The financial statements were approved by the Trustees on 10 December 2025 and were signed on its behalf by:

DocuSigned by:

 5E511D36D0F54FF...
Rennie Williams
 Trustee

Signed by:

 33C3AA081DA44FC...
Mary Monica Frost
 Trustee

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The charity's Financial Statements show a net surplus of £18,845 (2024 – £67,400) for the year and free reserves of £131,178 (2024 - £55,356). The trustees are of the view that these results have secured the immediate future of the charity for the next 12 to 18 months and on this basis the charity is a going concern.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All income is included in the SOFA when the charity is legally entitled to it, receipt is probable, and the amount can be measured with sufficient reliability.

Grant income

Grants are credited to the SOFA when the charity is entitled to the funds. Income is only deferred where there are time constraints imposed by the donor or if the funding is performance related.

Where entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the income is recognised when there is sufficient evidence that conditions will be met.

Grants supporting the core activities of the charity and with no specific restrictions placed upon their use are included within donations and legacies. Grants that have specific restrictions placed upon their use are included within income from charitable activities.

Capital grants for the purchase of fixed assets are credited to restricted incoming resources on the earlier date of when they are received or receivable. Depreciation on the related fixed assets are charged against the restricted fund.

Donations and legacies

Donations are recognised in the period in which they are received. Legacy income is recognised when the charity's entitlement is judged to be probable and where the amount can be reliably measured.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Investment income

Investment income is included when receivable.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

(a) Cost of raising funds includes staff time used to raise grants and donations and their associated support costs.

(b) Expenditure on charitable activities includes the costs directly associated running a community centre and other community programmes, to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance and administration personnel, payroll and governance costs which support the Trust's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 8.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

The cost of minor additions or those costing less than £500 are not capitalised.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Equipment	25% straight line basis
Minibuses	25% reducing balance basis

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.9 Taxation

The charity is a registered charity and, therefore, is not liable for Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Cash flow statement

The charity qualifies as a small charity and advantage has been taken of the exemption provided by SORP (FRS 102) not to prepare a cash flow statement.

1.12 Volunteers and donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised and refers to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

1.13 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Accrued income and tax recoverable is included at the best estimate of the amounts receivable at the balance sheet date.

1.14 Pension

The charity operates a defined contribution pension scheme on behalf of its employees. Contributions are charged to the Statement of Financial Activities in the period in which they are payable.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
Gift aid donations	2,468	-	2,468	-
Gough Walk Surgery	1,234	-	1,234	-
The Paget Trust	3,000	-	3,000	-
London Borough of Tower Hamlets	700	-	700	300
Other donations	11,929	4,532	16,461	25,519
Poplar Harca	500	-	500	500
Charities Trust	794	-	794	1,536
The Morgan Charitie Foundation	2,000	-	2,000	5,000
Valero Energy	-	-	-	1,600
Faithful Companions of Jesus	-	-	-	3,000
The National Lottery Community Fund	-	-	-	2,340
	<u>22,625</u>	<u>4,532</u>	<u>27,157</u>	<u>39,795</u>
For the year ended 31 March 2024	<u>34,455</u>	<u>5,340</u>		<u>39,795</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

	Healthy living & linkage plus £	Family and children's activities £	Total 2025 £	Total 2024 £
Barry and Phawana Collins Foundation	-	2,500	2,500	4,500
Canary Wharf Group	-	-	-	4,750
Mercers' Trust	21,963	-	21,963	21,963
Charles Hayward Foundation	-	-	-	5,000
East End Community Foundation	47,500	-	47,500	26,416
Edmund Frost	-	5,429	5,429	409
JP McManus Charity Foundation	-	5,988	5,988	2,994
London Borough of Tower Hamlets	25,000	-	25,000	35,417
Riverside Foundation	10,000	-	10,000	10,000
St John Southworth Caritas Fund	-	-	-	1,200
Toynbee Hall	131,248	-	131,248	124,995
Valero Energy	1,600	-	1,600	700
London Marathon	-	-	-	5,700
Tower Hill Trust	-	-	-	2,500
The National Lottery Community Fund	-	-	-	14,890
The Morgan Charitie Foundation	-	-	-	2,000
St Mary and Joseph's	-	-	-	1,000
Poplar Harca	-	-	-	5,000
Other donations	12,765	6,220	18,985	18,340
Faithful Companions of Jesus	3,000	-	3,000	2,000
The Alexandra Trust	-	3,250	3,250	3,000
Trustee Wakefield and Tetley Trust	-	-	-	2,298
The Paget Trust	-	-	-	3,000
Keolis Amey Docklands Light Railway	6,000	-	6,000	-
Transport for London	9,000	-	9,000	-
	<u>268,076</u>	<u>23,387</u>	<u>291,463</u>	<u>298,072</u>
Analysis by fund				
Unrestricted funds	159,248	-	159,248	163,412
Restricted funds	108,828	23,387	132,215	134,660
	<u>268,076</u>	<u>23,387</u>	<u>291,463</u>	<u>298,072</u>
For the year ended 31 March 2024				
Unrestricted funds	160,412	3,000		163,412
Restricted funds	112,411	22,249		134,660
	<u>272,823</u>	<u>25,249</u>		<u>298,072</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

5 Investments

	Unrestricted funds £	Total 2025 £	Total 2024 £
Bank Interest	1,410	1,410	1,585
	1,410	1,410	1,585
For the year ended 31 March 2024	1,585		1,585

6 Raising funds

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Staff costs	17,282	-	17,282	16,757
Other direct expenditure	6,967	-	6,967	8,935
Minibus expenses	-	1,667	1,667	1,272
Support costs	6,903	-	6,903	7,115
Governance costs	390	-	390	418
	31,542	1,667	33,209	34,497

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

7 Charitable activities

	Healthy living and linkage plus	Family and children's activities	Total 2025	Total 2024
	£	£	£	£
Staff costs	107,638	-	107,638	112,650
Minibus expenses	26,705	-	26,705	6,509
Other direct expenditure	58,572	16,207	74,779	66,518
	<u>192,915</u>	<u>16,207</u>	<u>209,122</u>	<u>185,677</u>
Share of support costs (see note 8)	51,387	4,317	55,704	48,996
Share of governance costs (see note 8)	2,906	244	3,150	2,882
	<u>247,208</u>	<u>20,768</u>	<u>267,976</u>	<u>237,555</u>
Analysis by fund				
Unrestricted funds	55,689	4,561	60,250	178,715
Restricted funds	191,519	16,207	207,726	58,840
	<u>247,208</u>	<u>20,768</u>	<u>267,976</u>	<u>237,555</u>
For the year ended 31 March 2024				
Unrestricted funds	173,434	5,281		178,715
Restricted funds	40,224	18,616		58,840
	<u>213,658</u>	<u>23,897</u>		<u>237,555</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

8 Support costs

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between charity's key activity undertaken in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of direct costs allocated to each activity.

	Support costs	Governance costs	Total 2025	Total 2024
	£	£	£	£
Office and administration staff	47,868	-	47,868	43,291
Premises and equipment costs	1,018	-	1,018	3,160
Communication and IT costs	5,720	-	5,720	7,312
Legal and professional expense	6,911	-	6,911	1,514
Miscellaneous expenses	1,090	-	1,090	834
Independent Examiner's fees	-	3,540	3,540	3,300
	<u>62,607</u>	<u>3,540</u>	<u>66,147</u>	<u>59,411</u>
Analysed between				
Fundraising	6,903	390	7,293	7,533
Charitable activities	55,704	3,150	58,854	51,878
	<u>62,607</u>	<u>3,540</u>	<u>66,147</u>	<u>59,411</u>

9 Net movement in funds

	2025	2024
	£	£
Net movement in funds is stated after charging/(crediting)		
Depreciation on tangible fixed assets	16,362	5,111
<u>Independent Examiner's fees</u>		
Independent Examination	2,300	2,100
Other Services	1,240	1,200
	<u>3,540</u>	<u>3,300</u>

10 Employees

The average monthly number of staff employed by the charity (full time equivalent) during the year was as follows:

	2025	2024
	Number	Number
Heathy living and Linkage Plus	5.00	4.80
Administration	1.80	1.80
Total	<u>6.80</u>	<u>6.60</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

10 Employees

(Continued)

Employment costs	2025 £	2024 £
Salaries	165,488	164,663
Social security costs	7,193	7,574
Pension	107	461
	<u>172,788</u>	<u>172,698</u>

No trustee or member of the Management Committee received any remuneration or reimbursed expenses during the year (2024 - £Nil).

The key management personnel of the charity comprise the manager. The total employee benefits of the key management personnel of the charity were £43,206 during the year (2024 - £41,893).

There were no employees whose annual remuneration was more than £60,000.

11 Tangible fixed assets

	Equipment £	Minibuses £	Total £
Cost			
At 1 April 2024	22,160	69,491	91,651
Additions	1,165	61,376	62,541
Disposals	(6,761)	(69,491)	(76,252)
At 31 March 2025	<u>16,564</u>	<u>61,376</u>	<u>77,940</u>
Depreciation and impairment			
At 1 April 2024	20,940	63,637	84,577
Depreciation charged in the year	1,018	15,344	16,362
Eliminated in respect of disposals	(6,761)	(63,637)	(70,398)
At 31 March 2025	<u>15,197</u>	<u>15,344</u>	<u>30,541</u>
Carrying amount			
At 31 March 2025	<u>1,367</u>	<u>46,032</u>	<u>47,399</u>
At 31 March 2024	<u>1,220</u>	<u>5,854</u>	<u>7,074</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

12 Debtors

	2025	2024
	£	£
Amounts falling due within one year:		
Trade debtors	-	22,916
Other debtors	1,249	31,467
Prepayments	1,425	3,150
	<u>2,674</u>	<u>57,533</u>

13 Creditors: amounts falling due within one year

	2025	2024
	£	£
Taxation and social security	6,426	4,737
Accruals	3,540	3,300
	<u>9,966</u>	<u>8,037</u>

14 Related party transactions

During the year the charity received donations totalling £5,429 (2024 – £3,500) from one Trustee. Details of transactions with trustees and senior management are in note 10.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds				
	Balance at 1 April 2023	Incoming resources	Resources expended	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	Balance at 31 March 2025
	£	£	£	£	£	£	£	£
Staff costs	-	5,340	(5,340)	-	4,532	(4,532)	-	-
Healthy Living & Linkage plus	29,400	112,411	(32,933)	108,878	108,828	(163,745)	-	53,961
Family and children's activities	1,002	22,249	(18,616)	4,635	23,387	(25,772)	-	2,250
Capital Grants Fund - Minibus	47,805	-	(1,951)	45,854	-	(15,344)	(30,510)	-
	<u>78,207</u>	<u>140,000</u>	<u>(58,840)</u>	<u>159,367</u>	<u>136,747</u>	<u>(209,393)</u>	<u>(30,510)</u>	<u>56,211</u>

Description, nature, and purpose of restricted funds:

Healthy Living & Linkage Plus: Linkage funding covers staff costs, Healthy Living funding supports the general running of the Healthy Living.

Family and children's activities: This project provides important holiday and family based activities which run throughout the year. These include Christmas, summer and other key community projects, which enable Neighbours In Poplar to keep in touch with the local people of all ages cultures and faiths. This also include the homeless project.

Capital Grant Fund – Minibus: Capital grant received in 2023 for purchase of minibus amounting to £15,000 from The Clothworks Foundation, £20,000 from East End Community Foundation and £5,000 from Bernard Sunley. New minibus was purchased during the year ended 31 March 2025 and capital grant funds are transferred to unrestricted funds.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

16 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 April 2023	Incoming resources	Resources expended	Balance at 1 April 2024	Incoming resources	Resources expended	Balance at 31 March 2025
	£	£	£	£	£	£	£
Staff costs	76,684	-	-	76,684	-	-	76,684
	<u>76,684</u>	<u>-</u>	<u>-</u>	<u>76,684</u>	<u>-</u>	<u>-</u>	<u>76,684</u>

Staff costs: Funding towards staff costs. Balance carried forward represents funds raised towards a manager/ fundraiser post.

17 Analysis of net assets between funds

	Unrestricted funds	Designated	Restricted funds	Total Unrestricted 2025	Designated funds	Restricted funds	Total 2024
	£	£	£	£	£	£	£
Fund balances at 31 March 2025 are represented by:							
Tangible assets	47,399	-	-	47,399	1,220	5,854	7,074
Current assets/(liabilities)	131,178	76,684	56,211	264,073	55,356	153,513	285,553
	<u>178,577</u>	<u>76,684</u>	<u>56,211</u>	<u>311,472</u>	<u>56,576</u>	<u>159,367</u>	<u>292,627</u>