

Charity registration number 299843

NEIGHBOURS IN POPLAR
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

NEIGHBOURS IN POPLAR

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Terrence Simco MBE - Chair Remmie Williams - Vice Chair Susan Blinman - Treasurer (Appointed on 07 February 2023) Jessica Darroux Chelsei Kelly - Poplar HARCA Michael Zacsinsky Shirley Meikle (Resigned on June 2022) Dr Ali Hussain Alexander Campbell - QVSR CEO Mary Monica Frost Lord Michael Cashman Leonard Sabastian Michaela Lewis (Appointed on 11 May 2022)
Secretary	Susan Blinman (Resigned on 07 February 2023) Remmie Williams (Appointed on 07 February 2023)
Charity number	299843
Senior Management	Mandy Molyneux – Manager
Registered office	113 Poplar High Street London E14 0AE
Independent examiner	Samir Shah FCA, ATII Ramon Lee Ltd Chartered Accountants 93 Tabernacle Street London EC2A 4BA
Bankers	National Westminster Bank Plc 54 Marsh Wall London E14 6LJ Barclays Bank 260/262 Chingford Mount Road South Chingford London E4 8JN

NEIGHBOURS IN POPLAR

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NEIGHBOURS IN POPLAR

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note to the financial statements and comply with the charity's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To provide care and welfare to persons in need through the provision of amenities and recreation and leisure activities in the interest of social welfare.

Neighbours In Poplar came into being in October 1969, when some concerned people gathered together a large number of senior citizens in Pope John House for a Christmas Party. Because this was so successful and a need had obviously been met, volunteers began to meet regularly, visiting and providing necessary service for people living in the Poplar and Isle of Dogs area, Tower Hamlets, London E14.

OUR VISION STATEMENT

AIM:

- To provide practical support and care for all vulnerable people living at home, regardless of age, race, gender, culture, disability, sexual orientation or gender identity. Our support and care would be complimentary to that provided by statutory services also.
- We aim to provide disadvantaged children with breaks from their normal environment during the summer holidays. Our aim is also to involve members of our diverse community in working together to create an inclusive society.

Our area of concern is Poplar and the Isle of Dogs, keeping flexibility and need in mind.

OUR VISION: Neighbours in Poplar's vision is to enable vulnerable people, especially those living alone and often undocumented, to live fulfilling and meaningful lives. We aim to add quality, wellbeing, a sense of independence and meaning to the days of their lives helping to reduce isolation and loneliness where possible, by growing a sense of community within the areas we cover.

We do this by the development, encouragement and training of dedicated staff and volunteers who visit and provide support for frail people in their homes.

VALUES:

- | | |
|--------------|--------------------------------|
| • Welcoming | • Willing to go the extra mile |
| • Respectful | • Compassionate |
| • Honest | • Dedicated |
| • Inclusive | • Caring |

Our volunteers

Volunteers are essential to the work and services of Neighbours in Poplar. Among other services they provide:

- Driving and escorting on one of our mini Buses;
- Befriending either in person or by telephone;
- Offering office support or volunteering for the cooking and delivery of our post-COVID meal project.
- Collecting shopping and medication for isolating and shielding clients.

All are DBS checked and receive training to deliver their service! All follow best Health & Safety Practice.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance

Our main activities for the year ending March 2023 are as follows:

- **LinkAge Plus:** We are into our third year of a three-year contract with the Borough's LinkAge Plus Project. This will enable us to continue to work with the over 60's in this area. Neighbours In Poplar is one of the four agencies covering the whole Borough of Tower Hamlets.
- Last year we:
 - Hosted 194 Lunch Hubs four times a week
 - Prepared 4,149 meals
 - Completed over 876 Home Visits
 - Hosted 742 Health and Social Activities
 - Our new Project (Tackling Poverty) is now well established and doing very well.
- **Children:** A much appreciated Summer Programme of activities and trips took place.
- **Christmas:** At Christmas and the New Year, we organise a delivery of fresh meals to between 200 and 300 older people living alone, last year over 500 meals were cooked and delivered by volunteers to people signposted to us by Social Services, the Police, Health Centres and places of worship across the Borough.
- We are awaiting the delivery of our new tail-lift Minibus.
- **Post-COVID Response Project:** Neighbours In Poplar began to plan a four point response to the pandemic and have been able to provide a very valuable service to isolated and shielding people across the Borough. From April 2022 to March 2023, we have delivered over 40,000 hot dinners.
 - 2010 Food Parcels and Groceries delivered
 - 49,000 miles covered by our 'Deliveroo Angels'
 - 2,540 Telephone calls made to check on the vulnerable
 - Over 52,000 volunteer hours

Neighbours In Poplar service users comprise isolated older adults, people with disabilities, disadvantaged families living in poverty and / or with disabled children.

The Clinical Commissioning Group identifies high levels of poor physical and mental health in the area in which we work. Some of the health issues that are over-represented in Tower Hamlets, and which affect many of the people with whom Neighbours In Poplar works, include: heart disease; stroke, cancer; diabetes and smoking-related illness (particularly amongst the Bangladeshi community). A high number of over-60s are 'generally not in good health' and have been affected by the Pandemic.

Neighbours In Poplar develops long-term relationships of trust and friendship with our service users. We have been very effective at 'unpacking' the needs and apprehensions of vulnerable residents and overcoming these. Many of our service users are very reticent about using statutory services — they are proud and independent, and some feel that there is a stigma attached to using Social Services.

Public benefit statement

In shaping our objectives for the year and planning our activities, the trustees have considered the charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PD2)'. The achievements and activities above demonstrate the public benefit arising through the charity's activities.

Financial review

The financial results for the year are set out in the Statements of Financial Activities on page 6. The charity recorded an overall deficit of £10,787 (2022 – net deficit of £35,926). The financial position at the year revealed by the Balance Sheet on page 7 shows net current assets or working capital of £213,042 (2022 – £218,700). The net book value of fixed assets held, all of which are used directly for charitable purposes, amounted to £12,185 (2022 – £17,314).

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Reserves policy

The trustees consider it prudent to maintain an adequate level of unrestricted reserves to cover the charity's contractual commitments and provide sufficient working capital and have set this at a minimum of three months expenditure. The current level of funding is adequate to support the continuation of the charity in the medium term.

As of 31st March 2023, financial statements showed reserves of £225,227 (2022 - £236,014) of which £78,207 (2022 - £164,802) were restricted funds and £70,336 (2022 - £71,212) were unrestricted funds. The unrestricted funds not designated or invested in tangible fixed assets held by the charity are £65,956 (2022 - £64,305).

Principal funding sources

The charity aims to develop a diverse funding base for its activities. Neighbours In Poplar continues to attract funding for its various projects from a wide range of other sources — charitable trusts, private companies, individual donations, London Borough of Tower Hamlets and the charity's own income generating activities.

Investment powers and policy

The trustees have considered the most appropriate policy for investing surplus funds and have found that bank deposit accounts provide the appropriate combination of security, accessibility and income growth.

Structure, governance and management

Governing document

The organisation is an unincorporated association founded in 1969 and registered as a charity with the Charity Commission in 1988 (Charity no. 299843). The charity is established under a written constitution that established the objects and powers of the charity and is also governed under this constitution.

Recruitment and appointment of Trustees

The appointment of trustees is by a majority vote of the members of the Annual General Meeting.

Trustee induction and training

The trustees maintain a good working knowledge of charity and company law and best practice by regular reading of charity press articles and scrutiny of Charity Commission and other Government and voluntary organisation advisory websites. New trustees are given copies of the Memorandum and Articles of Association and copies of previous minutes and attend an induction session given by an experienced Trustee.

Organisational Structure

The charity is governed by a Management Committee that meets bi-monthly. The Management Committee sets and reviews the organisational strategy, direction, staffing and resources. The day-to-day running of the charity is carried out by employed staff led by a manager who has delegated authority to run operations and take financial decisions up to £2,000. All cheque payment has two signatories – two Management Committee members are signatories and the Manager.

The organisation employs 4 full-time and 6 part-time members of staff. In addition, we have over 40 active volunteers who are essential to the delivery of LinkAge Plus and other projects in which the organisation is involved. These are all managed by the Manager.

Risk Management

The trustees actively review the major risks which the charity faces on a regular basis, and believe that maintaining reserves at the current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse circumstances. The trustees have also examined the operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Related parties

Charity receives generous donations from trustees.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Statement of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees' report was approved by the Board of Trustees and signed on behalf by:

DocuSigned by:

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Sister Christine Frost
Trustee

15 January 2024

NEIGHBOURS IN POPLAR

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEIGHBOURS IN POPLAR

I report to the trustees on my examination of the financial statements of Neighbours In Poplar (the charity) for the year ended 31 March 2023.

This report is made solely to the charity's trustees, as a body, in accordance with the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my Independent Examination, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

DocuSigned by:



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Samir Shah FCA, ATII

Ramon Lee Ltd
Chartered Accountants
93 Tabernacle Street
London
EC2A 4BA

Dated: 15 January 2024

NEIGHBOURS IN POPLAR

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Designated funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Income from:						
Donations and legacies	3	27,078	-	-	27,078	41,600
Charitable activities	4	149,996	-	111,356	261,352	256,918
Investments	5	450	-	-	450	22
Total income		177,524	-	111,356	288,880	298,540
Expenditure on:						
Raising funds	6	18,545	-	-	18,545	13,386
Charitable activities	7	159,855	-	121,267	281,122	321,080
Total expenditure		178,400	-	121,267	299,667	334,466
Net outgoing resources before transfers		(876)	-	(9,911)	(10,787)	(35,926)
Gross transfers between funds		-	76,684	(76,684)	-	-
Net expenditure for the year/ Net movement in funds		(876)	76,684	(86,595)	(10,787)	(35,926)
Fund balances at 1 April 2022		71,212	-	164,802	236,014	271,940
Fund balances at 31 March 2023		70,336	76,684	78,207	225,227	236,014

CONTINUING OPERATIONS

None of the charity's activities were acquired or discontinued during the above two financial periods.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the above movement in funds for the above two financial periods.

The notes on pages 8 to 21 form part of these financial statements.

NEIGHBOURS IN POPLAR

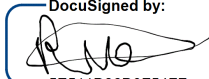
BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	11		12,185		17,314
Current assets					
Debtors	12	68,050		42,013	
Cash at bank and in hand		151,180		183,336	
		219,230		225,349	
Creditors: amounts falling due within one year	13	(6,188)		(6,649)	
Net current assets			213,042		218,700
Total assets less current liabilities			225,227		236,014
Income funds					
Restricted funds	14		78,207		164,802
<u>Unrestricted funds</u>					
Designated funds	15	76,684		-	
General unrestricted funds		70,336		71,212	
			147,020		71,212
			225,227		236,014

The notes on pages 8 to 21 form part of these financial statements.

The financial statements were approved by the Trustees on 15 January 2024 and were signed on its behalf by:

DocuSigned by:

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Remmie Williams
Trustee

DocuSigned by:

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Sister Christine Frost
Trustee

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The charity's Financial Statements show net deficit of £10,787 (2022 – net deficit £35,926) for the year and free reserves of £65,956 (2022 - £64,305). The trustees are of the view that these results have secured the immediate future of the charity for the next 12 to 18 months and on this basis the charity is a going concern.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All income is included in the SOFA when the charity is legally entitled to it, receipt is probable, and the amount can be measured with sufficient reliability.

Grant income

Grants are credited to the SOFA when the charity is entitled to the funds. Income is only deferred where there are time constraints imposed by the donor or if the funding is performance related.

Where entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the income is recognised when there is sufficient evidence that conditions will be met.

Grants supporting the core activities of the charity and with no specific restrictions placed upon their use are included within donations and legacies. Grants that have specific restrictions placed upon their use are included within income from charitable activities.

Capital grants for the purchase of fixed assets are credited to restricted incoming resources on the earlier date of when they are received or receivable. Depreciation on the related fixed assets are charged against the restricted fund.

Donations and legacies

Donations are recognised in the period in which they are received. Legacy income is recognised when the charity's entitlement is judged to be probable and where the amount can be reliably measured.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

(a) Cost of raising funds includes staff time used to raise grants and donations and their associated support costs.

(b) Expenditure on charitable activities includes the costs directly associated running a community centre and other community programmes, to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance and administration personnel, payroll and governance costs which support the Trust's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 8.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

The cost of minor additions or those costing less than £500 are not capitalised.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Equipment	25% straight line basis
Minibuses	25% reducing balance basis

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.9 Taxation

The charity is a registered charity and, therefore, is not liable for Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Cash flow statement

The charity qualifies as a small charity and advantage has been taken of the exemption provided by SORP (FRS 102) not to prepare a cash flow statement.

1.12 Volunteers and donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised and refers to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds	Total 2023	Total 2022
	£	£	£
Barry and Phawana Collins Foundation	3,500	3,500	3,000
Canary Wharf Group	250	250	3,000
Charities Trust	810	810	-
Coopers	2,000	2,000	1,440
Other donations	18,268	18,268	9,110
Poplar and Limehouse Health Network	-	-	4,000
Poplar Harca	-	-	15,050
The Alexandra Trust	2,250	2,250	-
The Morgan Charitie Foundation	-	-	2,000
The paget trust	-	-	4,000
	<u>27,078</u>	<u>27,078</u>	<u>41,600</u>
For the year ended 31 March 2022	<u>41,600</u>		<u>41,600</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Healthy living & linkage plus £	Family and children's activities £	Total 2023 £	Total 2022 £
Anonymous organisational donations	-	-	-	6,750
Ballymore	-	1,000	1,000	-
Barry and Phawana Collins Foundation	-	3,000	3,000	-
Blackwall reach	-	1,350	1,350	-
Calais trip donations < £1,000	-	750	750	3,000
Canary Wharf Group	3,400	-	3,400	1,500
Christmas donations < £1,000	410	-	410	-
City Bridge Trust	-	-	-	25,000
Coopers	-	-	-	1,000
Covid donations < £1,000	2,350	-	2,350	5,081
East End Community Foundation	34,400	-	34,400	12,362
Edmund Frost	-	1,657	1,657	-
Esmee Fairbairn Foundation	-	-	-	3,000
JP McManus Charity Foundation	1,994	2,994	4,988	5,000
London Borough of Tower Hamlets	25,000	-	25,000	31,250
Minibus donations	3,340	-	3,340	9,382
Other donations < £1,000	4,803	-	4,803	5,463
Riverside Foundation	12,000	-	12,000	-
St John Southworth Caritas Fund	-	11,000	11,000	10,000
Summer project donations	-	5,408	5,408	3,050
The Bernard Sunley Foundation	5,000	-	5,000	-
The Clothworks Foundation	15,000	-	15,000	-
Toynbee Hall	125,496	-	125,496	122,080
Valero Energy	-	1,000	1,000	-
Wakefield & Tetley Trust	-	-	-	3,000
Worship Company of Tin Plates	-	-	-	10,000
	<u>233,193</u>	<u>28,159</u>	<u>261,352</u>	<u>256,918</u>
Analysis by fund				
Unrestricted funds	149,996	-	149,996	140,830
Restricted funds	83,197	28,159	111,356	116,088
	<u>233,193</u>	<u>28,159</u>	<u>261,352</u>	<u>256,918</u>
For the year ended 31 March 2022				
Unrestricted funds	140,830	-		140,830
Restricted funds	94,538	21,550		116,088
	<u>235,368</u>	<u>21,550</u>		<u>256,918</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

5 Investments

	Unrestricted funds £	Total 2023 £	Total 2022 £
Bank Interest	450	450	22
	<u>450</u>	<u>450</u>	<u>22</u>
For the year ended 31 March 2022	<u>22</u>		<u>22</u>

6 Raising funds

	Unrestricted funds £	Total 2023 £	Total 2022 £
Staff costs	7,992	7,992	7,722
Other direct expenditure	8,045	8,045	3,500
Minibus expenses	-	-	100
Support costs	2,315	2,315	1,946
Governance costs	193	193	118
	<u>18,545</u>	<u>18,545</u>	<u>13,386</u>
For the year ended 31 March 2022			
Fundraising and publicity	<u>13,386</u>		<u>13,386</u>
	<u>13,386</u>		<u>13,386</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

	Healthy living and linkage plus £	Family and children's activities £	Total 2023 £	Total 2022 £
Staff costs	156,408	-	156,408	173,016
Depreciation	2,602	-	2,602	3,469
Minibus expenses	9,154	-	9,154	5,776
Other direct expenditure	49,619	25,328	74,947	89,331
	<u>217,783</u>	<u>25,328</u>	<u>243,111</u>	<u>271,592</u>
Share of support costs (see note 8)	31,430	3,654	35,084	46,666
Share of governance costs (see note 8)	2,622	305	2,927	2,822
	<u>251,835</u>	<u>29,287</u>	<u>281,122</u>	<u>321,080</u>
Analysis by fund				
Unrestricted funds	155,896	3,959	159,855	182,363
Restricted funds	95,939	25,328	121,267	138,717
	<u>251,835</u>	<u>29,287</u>	<u>281,122</u>	<u>321,080</u>
For the year ended 31 March 2022				
Unrestricted funds	166,312	16,051		182,363
Restricted funds	138,717	-		138,717
	<u>305,029</u>	<u>16,051</u>		<u>321,080</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Support costs

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between charity's key activity undertaken in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of direct costs allocated to each activity.

	Support costs	Governance costs	Total	Total
	£	£	2023	2022
			£	£
Office and administration staff	25,525	-	25,525	28,672
Depreciation	3,325	-	3,325	3,124
Premises and equipment cost	-	-	-	128
Communication and IT costs	6,945	-	6,945	8,579
Legal and professional expense	1,604	-	1,604	6,650
Miscellaneous expenses	-	-	-	1,459
Independent Examiner's fees	-	3,120	3,120	2,940
	<u>37,399</u>	<u>3,120</u>	<u>40,519</u>	<u>51,552</u>
Analysed between				
Fundraising	2,315	193	2,508	2,064
Charitable activities	35,084	2,927	38,011	49,488
	<u>37,399</u>	<u>3,120</u>	<u>40,519</u>	<u>51,552</u>

9 Net movement in funds

	2023	2022
	£	£
Net movement in funds is stated after charging/(crediting)		
Depreciation on tangible fixed assets	5,927	6,593
<u>Independent Examiner's fees</u>		
Independent Examination	2,040	1,920
Other Services	1,080	1,020
	<u>3,120</u>	<u>2,940</u>

10 Employees

The average monthly number of staff employed by the charity (full time equivalent) during the year was as follows:

	2023	2022
	Number	Number
Heathy living and Linkage Plus	6.00	6.60
Administration	1.40	1.40
Total	<u>7.40</u>	<u>8.00</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

10 Employees (Continued)

Employment costs	2023 £	2022 £
Salaries	179,232	196,392
Social security costs	9,291	11,604
Pension	1,402	1,414
	<u>189,925</u>	<u>209,410</u>

No trustee or member of the Management Committee received any remuneration or reimbursed expenses during the year (2022 - £Nil).

The key management personnel of the charity comprise the manager. The total employee benefits of the key management personnel of the charity were £39,888 during the year (2022 - £38,610).

There were no employees whose annual remuneration was more than £60,000.

11 Tangible fixed assets

	Equipment £	Minibuses £	Total £
Cost			
At 1 April 2022	22,049	69,491	91,540
Additions	798	-	798
At 31 March 2023	<u>22,847</u>	<u>69,491</u>	<u>92,338</u>
Depreciation and impairment			
At 1 April 2022	15,142	59,084	74,226
Depreciation charged in the year	3,325	2,602	5,927
At 31 March 2023	<u>18,467</u>	<u>61,686</u>	<u>80,153</u>
Carrying amount			
At 31 March 2023	<u>4,380</u>	<u>7,805</u>	<u>12,185</u>
At 31 March 2022	<u>6,907</u>	<u>10,407</u>	<u>17,314</u>

12 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	33,950	39,770
Other debtors	31,728	-
Prepayments	2,372	2,243
	<u>68,050</u>	<u>42,013</u>

NEIGHBOURS IN POPLAR**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**
FOR THE YEAR ENDED 31 MARCH 2023**13 Creditors: amounts falling due within one year**

	2023	2022
	£	£
Taxation and social security	1,747	3,709
Trade creditors	733	-
Other creditors	588	-
Accruals	3,120	2,940
	<u>6,188</u>	<u>6,649</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Transfers	Balance at 31 March 2023
	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 1 April 2022	Incoming resources	Resources expended		
	£	£	£	£	£	£	£	£
Staff costs	76,684	-	-	76,684	-	-	(76,684)	-
Healthy Living & Linkage plus	96,871	94,538	(119,142)	72,267	43,197	(86,064)	-	29,400
Family and children's activities	-	21,550	(16,106)	5,444	28,159	(32,601)	-	1,002
Capital Grants Fund - Minibus	13,876	-	(3,469)	10,407	40,000	(2,602)	-	47,805
	<u>187,431</u>	<u>116,088</u>	<u>(138,717)</u>	<u>164,802</u>	<u>111,356</u>	<u>(121,267)</u>	<u>(76,684)</u>	<u>78,207</u>

Description, nature, and purpose of restricted funds:

Healthy Living & Linkage Plus: These two projects have been set up to help improve the quality of lives of the older people in the Isle of Dogs & Poplar and health in the community per se. The funding covers the work of the outreach team and the cost of running the hubs and centres of activities.

Family and children's activities: This project provides important holiday and family based activities which run throughout the year. These include Christmas, summer and other key community projects, which enable Neighbours In Poplar to keep in touch with the local people of all ages cultures and faiths. This also include the homeless project.

Capital Grant Fund – Minibus: During the year, capital grants received for purchase of minibus amounting to £15,000 from The Clothworks Foundation, £20,000 from East End Community Foundation and £5,000 from Bernard Sunley. The capital grant has been carried forward for purchase of minibus.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

15 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			
	Balance at 1 April 2022	Incoming resources	Transfers	Balance at 31 March 2023
	£	£	£	£
Staff costs	-	-	76,684	76,684
	<u>-</u>	<u>-</u>	<u>76,684</u>	<u>76,684</u>
	-	-	76,684	76,684
	<u>-</u>	<u>-</u>	<u>76,684</u>	<u>76,684</u>

Staff costs: Funding towards staff costs. Balance carried forward represents funds raised towards a manager/ fundraiser post.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

16 Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2023 £	Unrestricted funds £	Restricted funds £	Total 2022 £
Fund balances at 31 March 2023 are represented by:							
Tangible assets	4,380	-	7,805	12,185	6,907	10,407	17,314
Current assets/(liabilities)	65,956	76,684	70,402	213,042	64,305	154,395	218,700
	<u>70,336</u>	<u>76,684</u>	<u>78,207</u>	<u>225,227</u>	<u>71,212</u>	<u>164,802</u>	<u>236,014</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2023*

17 Related party transactions

During the year the charity received donations totalling £3,000 (2022 – £4,000) from one Trustee. Details of transactions with trustees and senior management are in note 10.