

NEIGHBOURS IN POPLAR

England & Wales · Charity number 299843

Details

Status Registered

Legal form Other

Registered 1988-08-11

Register [View on the Charity Commission register](#)

Contact

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London
E14 0AE

Phone 020 7531 0190

Email mandy.molyneux@neighboursinpoplar.com

Website <http://www.neighboursinpoplar.com/>

Activities

Objects: TO PROVIDE CARE AND WELFARE TO PERSONS IN NEED, HARDSHIP OR DISTRESS IN POPLAR THROUGH THE PROVISION OF AMENITIES AND RECREATION AND LEISURE FACILITIES IN THE INTEREST OF SOCIAL WELFARE, IN PARTICULAR BUT NOT EXCLUSIVELY, TO CHILDREN, THE AGED AND MENTALLY AND PHYSICALLY HANDICAPPED PERSONS.

Activities: Provides care and welfare to persons in need through the provision of amenities and recreation and leisure activities in the interests of social welfare.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Disability
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** POPLAR (TOWER HAMLETS BOROUGH)
- Tower Hamlets

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£320,030	£301,185	-	-
2024-03-31	£339,452	£272,052	-	-
2023-03-31	£288,880	£299,667	-	-
2022-03-31	£298,540	£334,466	-	-
2021-03-31	£245,033	£296,911	-	-

Trustees

Name	Role	Appointed
Alexander Campbell	Chair	2019-11-13
Dr Ali Hussain		2019-11-13
Lord Michael Cashman CBE		2021-11-10
Mary Monica FROST		
Michala Lewis		2025-02-12
REMMIE Williams		2012-01-17
Susan Blinman		2021-11-10
Terrence Simco MBE		2016-10-30
jessica darroux		2019-11-13

Accounts

Charity registration number 299843

NEIGHBOURS IN POPLAR
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

NEIGHBOURS IN POPLAR

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

Terrence Simco - Chair
Lord Michael Cashman Cbe
Leonard Sabastian
Susan Blinman - Treasurer
Alexander Campbell
Jessica-Mary Darroux
Dr Ali Hussain
Michael Zacsinsky
Remmie Williams - Vice Chair
Mary Monica Frost
Michaela Lewis

Secretary

Remmie Williams

Charity number

299843

Senior Management

Mandy Molyneux – Chief Executive Officer

Registered office

113 Poplar High Street
London
E14 0AE

Independent examiner

Samir Shah FCA, ATII
Ramon Lee Ltd
Chartered Accountants
93 Tabernacle Street
London
EC2A 4BA

Bankers

National Westminster Bank Plc
54 Marsh Wall
London
E14 6LJ

Barclays Bank
260/262 Chingford Mount Road
South Chingford
London
E4 8JN

Website

<http://www.neighboursinpoplar.com/>

NEIGHBOURS IN POPLAR

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NEIGHBOURS IN POPLAR

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note to the financial statements and comply with the charity's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To provide care and welfare to persons in need through the provision of amenities and recreation and leisure activities in the interest of social welfare.

Neighbours in Poplar had its origins in a Poplar Parish meeting in October 1969 when a group of concerned people met to discuss the needs of the older in the area and the possibility of organising a Christmas Party as a starting point. This was such a success that the 70's began to see the unfolding of a vibrant programme of volunteer visiting, shopping, and providing practical services for vulnerable, elderly people in poplar and the Isle of Dogs.

OUR VISION STATEMENT

AIM:

- To provide practical support and care for all vulnerable people living at home, regardless of age, race, gender, culture, disability, sexual orientation or gender identity. Our support and care would be complimentary to that provided by statutory services also.
- We aim to provide disadvantaged children with breaks from their normal environment during the summer holidays. Our aim is also to involve members of our diverse community in working together to create an inclusive society.

Our area of concern is Poplar and the Isle of Dogs, keeping flexibility and need in mind.

OUR VISION: Neighbours in Poplar's vision is to enable vulnerable people, especially those living alone and often undocumented, to live fulfilling and meaningful lives. We aim to add quality, wellbeing, a sense of independence and meaning to the days of their lives helping to reduce isolation and loneliness where possible, by growing a sense of community within the areas we cover.

We do this by the development, encouragement and training of dedicated staff and volunteers who visit and provide support for frail people in their homes.

VALUES:

- | | |
|--------------|--------------------------------|
| • Welcoming | • Willing to go the extra mile |
| • Respectful | • Compassionate |
| • Honest | • Dedicated |
| • Inclusive | • Caring |

Our volunteers

Volunteers are essential to the work and services of Neighbours in Poplar. Among other services they provide:

- Driving and escorting on one of our mini Buses;
- Befriending either in person or by telephone;
- Offering office support or volunteering for the cooking and delivery of our post-COVID meal project.
- Collecting shopping and medication for isolating and shielding clients.

All are DBS checked and receive training to deliver their service! All follow best Health & Safety Practice

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Achievements and performance

Our main activities for the year ending March 2025 are outlined below. As Trustees, we are incredibly proud of what has been achieved this year—particularly the progress made by our staff in working towards the Gold “Investors in People” Quality Mark. Under the strong leadership of our manager, this goal has brought out the very best in our team, creating a motivated and dedicated workforce focused on delivering the highest possible level of service to as many people as we can reach.

We are delighted to confirm that we have now achieved the Investors in People Award, an accomplishment that reflects the hard work and commitment of everyone involved.

Linkage Plus:

Linkage Plus – This remains a vital source of support for people aged 50 and over. We continue to welcome new clients almost every day, showing just how essential this service has become within the community. A large part of our work involves offering practical help, especially guiding clients through the often-complex benefits system.

As a long-established and trusted service, we receive many referrals from professionals across a range of agencies, which reflects both our strong reputation and the positive impact we have locally.

Tackling Poverty Project

We were also delighted to have the highly successful Tackling Poverty contract renewed. The NIP team has received excellent feedback from the East End Community Foundation for the quality of its delivery.

Referrals for this project continue to come from all over Tower Hamlets, even though our official remit focuses on the E14 area, demonstrating the wider need and the value of our support.

Post COVID Project

Our post-Covid project also continues to thrive, supported by an extraordinary number of dedicated volunteers. On 16 March, the project celebrated a major milestone—its 50,000th hot meal served since the start of the first lockdown on 20 March 2020.

Christmas Meal Project

Christmas and New Year Dinners – This project is over 40 years old and brings together volunteers willing to spend time on the 25th December and 1st January taking dinners and festive cheer to isolated and lonely Tower Hamlets residents. This project is very intergenerational bring people of all ages and cultures together.

Summer Project

Thanks to the kindness of our donors, we were able to run two seaside trips for families again this year. Although some people were still cautious about Covid, we managed to fill 12 fifty-seater coaches with a wonderfully mixed group of families from many different backgrounds. Everyone really appreciated the chance to get out of the city for the day and enjoy some time by the sea. Now in its 53rd year, this project remains hugely valued and continues to be one of the true highlights of our work.

Charitable Activities and Community Impact

Neighbours in Poplar supports a wide range of people, including isolated older adults, individuals living with disabilities, and families experiencing hardship or poverty, many of whom have disabled children. We work in a culturally diverse community and remain committed to creating a warm, inclusive environment where everyone feels welcome and supported.

The Clinical Commissioning Group has highlighted high levels of poor physical and mental health in our area. Many of the health issues that are more common in Tower Hamlets—and which affect a large number of the people we support—include heart disease, stroke, cancer, diabetes, and smoking-related illnesses, particularly within the Bangladeshi community.

A significant number of residents over the age of 60 are described as being “generally not in good health,” and many continue to feel the lasting effects of the Pandemic.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Neighbours in Poplar builds long-term relationships based on trust and understanding with the people who use our services. We have become skilled at identifying the needs and concerns of vulnerable residents and helping them work through these challenges. The Tackling Poverty project has played an important role in addressing many of these issues.

Public benefit statement

When setting our objectives for the year and planning our activities, the trustees took into account the Charity Commission's guidance on public benefit, including Public Benefit: Running a Charity (PD2). The achievements and activities outlined above clearly demonstrate the public benefit delivered through the charity's work.

Financial review

The financial results for the year are set out in the Statements of Financial Activities on page 6. The charity recorded an overall surplus of £18,845 (2024 – £67,400). The financial position at the year revealed by the Balance Sheet on page 7 shows net current assets or working capital of £264,073 (2024 – £285,553). The net book value of fixed assets held, all of which are used directly for charitable purposes, amounted to £47,399 (2024 – £7,074).

Reserves policy

The trustees consider it prudent to maintain an adequate level of unrestricted reserves to cover the charity's contractual commitments and provide sufficient working capital and have set this at a minimum of three months expenditure. The current level of funding is adequate to support the continuation of the charity in the medium term.

As of 31st March 2025, financial statements showed reserves of £311,472 (2024 - £292,627) of which £56,211 (2024 - £159,367) were restricted funds and £178,577 (2024 - £56,576) were unrestricted funds. The unrestricted funds not designated or invested in tangible fixed assets held by the charity are £131,178 (2024 - £55,356).

Principal funding sources

The charity aims to build a broad and sustainable funding base for its work. Neighbours in Poplar continues to secure support for its projects from a wide range of sources, including charitable trusts, private companies, individual donors, the London Borough of Tower Hamlets, and the charity's own income-generating activities.

Investment powers and policy

The trustees have considered the most appropriate policy for investing surplus funds and have found that bank deposit accounts provide the appropriate combination of security, accessibility and income growth.

Structure, governance and management

Governing document

The organisation is an unincorporated association founded in 1969 and registered as a charity with the Charity Commission in 1988 (Charity no. 299843). The charity is established under a written constitution that established the objects and powers of the charity and is also governed under this constitution.

Recruitment and appointment of Trustees

The appointment of trustees is by a majority vote of the members of the Annual General Meeting.

Organisational Structure

The charity is governed by a Management Committee that meets bi-monthly. The Management Committee sets out and reviews the organisational strategy, direction, staffing and resources. The day-to-day running of the charity is carried out by employed staff led by a manager who has delegated authority to run operations and take financial decisions up to £2,000. All cheque payment has two signatories – two Management Committee members are signatories and the Manager.

The organisation employs 3 full-time and 6 part-time members of staff. In addition, we have over 60 active volunteers who are essential to the delivery of LinkAge Plus and other projects in which the organisation is involved. These are all managed by the Manager.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Trustee induction and training

The trustees maintain a good working knowledge of charity and best practice by regular reading of charity press articles and scrutiny of Charity Commission and other Government and voluntary organisation advisory websites. New trustees are given copies of constitution of the charity and copies of previous minutes and attend an induction session given by an experienced Trustee.

Risk Management

The trustees regularly review the major risks faced by the charity and are confident that keeping reserves at their current level—alongside an annual review of the controls within our key financial systems—provides adequate protection should any unexpected challenges arise. The trustees have also considered both operational and business risks and can confirm that appropriate systems are in place to reduce the likelihood and impact of significant issues.

Related parties

The charity continues to receive generous donations from its trustees, for which we are extremely grateful.

Statement of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees' report was approved by the Board of Trustees and signed on behalf by:

Signed by:



33C3AA081DA44FC...

Mary Monica Frost
Trustee

10 December 2025

NEIGHBOURS IN POPLAR

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEIGHBOURS IN POPLAR

I report to the trustees on my examination of the financial statements of Neighbours In Poplar (the charity) for the year ended 31 March 2025.

This report is made solely to the charity's trustees, as a body, in accordance with the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my Independent Examination, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed by:



BFA6442682BF4CE...

Samir Shah FCA, ATII

Ramon Lee Ltd
Chartered Accountants
93 Tabernacle Street
London
EC2A 4BA

Dated: 10 December 2025

NEIGHBOURS IN POPLAR

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Designated funds 2025 £	Restricted funds 2025 £	Total 2025 £	Total 2024 £
Income from:						
Donations and legacies	3	22,625	-	4,532	27,157	39,795
Charitable activities	4	159,248	-	132,215	291,463	298,072
Investments	5	1,410	-	-	1,410	1,585
Total income		183,283	-	136,747	320,030	339,452
Expenditure on:						
Raising funds	6	31,542	-	1,667	33,209	34,497
Charitable activities	7	60,250	-	207,726	267,976	237,555
Total expenditure		91,792	-	209,393	301,185	272,052
Net incoming/(outgoing) resources before transfers		91,491	-	(72,646)	18,845	67,400
Gross transfers between funds		30,510	-	(30,510)	-	-
Net movement in funds		122,001	-	(103,156)	18,845	67,400
Fund balances at 1 April 2024		56,576	76,684	159,367	292,627	225,227
Fund balances at 31 March 2025		178,577	76,684	56,211	311,472	292,627

CONTINUING OPERATIONS

None of the charity's activities were acquired or discontinued during the above two financial periods.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the above movement in funds for the above two financial periods.

The notes on pages 8 to 19 form part of these financial statements.

NEIGHBOURS IN POPLAR

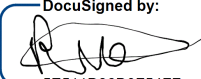
BALANCE SHEET

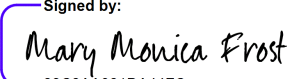
AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	11		47,399		7,074
Current assets					
Debtors	12	2,674		57,533	
Cash at bank and in hand		271,365		236,057	
		274,039		293,590	
Creditors: amounts falling due within one year	13	(9,966)		(8,037)	
Net current assets			264,073		285,553
Total assets less current liabilities			311,472		292,627
Income funds					
Restricted funds	15		56,211		159,367
<u>Unrestricted funds</u>					
Designated funds	16	76,684		76,684	
General unrestricted funds		178,577		56,576	
			255,261		133,260
			311,472		292,627

The notes on pages 8 to 19 form part of these financial statements.

The financial statements were approved by the Trustees on 10 December 2025 and were signed on its behalf by:

DocuSigned by:

 5E511D36D0F54FF...
Rennie Williams
 Trustee

Signed by:

 33C3AA081DA44FC...
Mary Monica Frost
 Trustee

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The charity's Financial Statements show a net surplus of £18,845 (2024 – £67,400) for the year and free reserves of £131,178 (2024 - £55,356). The trustees are of the view that these results have secured the immediate future of the charity for the next 12 to 18 months and on this basis the charity is a going concern.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All income is included in the SOFA when the charity is legally entitled to it, receipt is probable, and the amount can be measured with sufficient reliability.

Grant income

Grants are credited to the SOFA when the charity is entitled to the funds. Income is only deferred where there are time constraints imposed by the donor or if the funding is performance related.

Where entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the income is recognised when there is sufficient evidence that conditions will be met.

Grants supporting the core activities of the charity and with no specific restrictions placed upon their use are included within donations and legacies. Grants that have specific restrictions placed upon their use are included within income from charitable activities.

Capital grants for the purchase of fixed assets are credited to restricted incoming resources on the earlier date of when they are received or receivable. Depreciation on the related fixed assets are charged against the restricted fund.

Donations and legacies

Donations are recognised in the period in which they are received. Legacy income is recognised when the charity's entitlement is judged to be probable and where the amount can be reliably measured.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Investment income

Investment income is included when receivable.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

(a) Cost of raising funds includes staff time used to raise grants and donations and their associated support costs.

(b) Expenditure on charitable activities includes the costs directly associated running a community centre and other community programmes, to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance and administration personnel, payroll and governance costs which support the Trust's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 8.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

The cost of minor additions or those costing less than £500 are not capitalised.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Equipment	25% straight line basis
Minibuses	25% reducing balance basis

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.9 Taxation

The charity is a registered charity and, therefore, is not liable for Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Cash flow statement

The charity qualifies as a small charity and advantage has been taken of the exemption provided by SORP (FRS 102) not to prepare a cash flow statement.

1.12 Volunteers and donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised and refers to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

1.13 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Accrued income and tax recoverable is included at the best estimate of the amounts receivable at the balance sheet date.

1.14 Pension

The charity operates a defined contribution pension scheme on behalf of its employees. Contributions are charged to the Statement of Financial Activities in the period in which they are payable.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
Gift aid donations	2,468	-	2,468	-
Gough Walk Surgery	1,234	-	1,234	-
The Paget Trust	3,000	-	3,000	-
London Borough of Tower Hamlets	700	-	700	300
Other donations	11,929	4,532	16,461	25,519
Poplar Harca	500	-	500	500
Charities Trust	794	-	794	1,536
The Morgan Charitie Foundation	2,000	-	2,000	5,000
Valero Energy	-	-	-	1,600
Faithful Companions of Jesus	-	-	-	3,000
The National Lottery Community Fund	-	-	-	2,340
	<u>22,625</u>	<u>4,532</u>	<u>27,157</u>	<u>39,795</u>
For the year ended 31 March 2024	<u>34,455</u>	<u>5,340</u>		<u>39,795</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

	Healthy living & linkage plus £	Family and children's activities £	Total 2025 £	Total 2024 £
Barry and Phawana Collins Foundation	-	2,500	2,500	4,500
Canary Wharf Group	-	-	-	4,750
Mercers' Trust	21,963	-	21,963	21,963
Charles Hayward Foundation	-	-	-	5,000
East End Community Foundation	47,500	-	47,500	26,416
Edmund Frost	-	5,429	5,429	409
JP McManus Charity Foundation	-	5,988	5,988	2,994
London Borough of Tower Hamlets	25,000	-	25,000	35,417
Riverside Foundation	10,000	-	10,000	10,000
St John Southworth Caritas Fund	-	-	-	1,200
Toynbee Hall	131,248	-	131,248	124,995
Valero Energy	1,600	-	1,600	700
London Marathon	-	-	-	5,700
Tower Hill Trust	-	-	-	2,500
The National Lottery Community Fund	-	-	-	14,890
The Morgan Charitie Foundation	-	-	-	2,000
St Mary and Joseph's	-	-	-	1,000
Poplar Harca	-	-	-	5,000
Other donations	12,765	6,220	18,985	18,340
Faithful Companions of Jesus	3,000	-	3,000	2,000
The Alexandra Trust	-	3,250	3,250	3,000
Trustee Wakefield and Tetley Trust	-	-	-	2,298
The Paget Trust	-	-	-	3,000
Keolis Amey Docklands Light Railway	6,000	-	6,000	-
Transport for London	9,000	-	9,000	-
	<u>268,076</u>	<u>23,387</u>	<u>291,463</u>	<u>298,072</u>
Analysis by fund				
Unrestricted funds	159,248	-	159,248	163,412
Restricted funds	108,828	23,387	132,215	134,660
	<u>268,076</u>	<u>23,387</u>	<u>291,463</u>	<u>298,072</u>
For the year ended 31 March 2024				
Unrestricted funds	160,412	3,000		163,412
Restricted funds	112,411	22,249		134,660
	<u>272,823</u>	<u>25,249</u>		<u>298,072</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

5 Investments

	Unrestricted funds £	Total 2025 £	Total 2024 £
Bank Interest	1,410	1,410	1,585
	1,410	1,410	1,585
For the year ended 31 March 2024	1,585		1,585

6 Raising funds

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Staff costs	17,282	-	17,282	16,757
Other direct expenditure	6,967	-	6,967	8,935
Minibus expenses	-	1,667	1,667	1,272
Support costs	6,903	-	6,903	7,115
Governance costs	390	-	390	418
	31,542	1,667	33,209	34,497

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

7 Charitable activities

	Healthy living and linkage plus	Family and children's activities	Total 2025	Total 2024
	£	£	£	£
Staff costs	107,638	-	107,638	112,650
Minibus expenses	26,705	-	26,705	6,509
Other direct expenditure	58,572	16,207	74,779	66,518
	192,915	16,207	209,122	185,677
Share of support costs (see note 8)	51,387	4,317	55,704	48,996
Share of governance costs (see note 8)	2,906	244	3,150	2,882
	247,208	20,768	267,976	237,555
Analysis by fund				
Unrestricted funds	55,689	4,561	60,250	178,715
Restricted funds	191,519	16,207	207,726	58,840
	247,208	20,768	267,976	237,555
For the year ended 31 March 2024				
Unrestricted funds	173,434	5,281		178,715
Restricted funds	40,224	18,616		58,840
	213,658	23,897		237,555

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

8 Support costs

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between charity's key activity undertaken in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of direct costs allocated to each activity.

	Support costs	Governance costs	Total 2025	Total 2024
	£	£	£	£
Office and administration staff	47,868	-	47,868	43,291
Premises and equipment costs	1,018	-	1,018	3,160
Communication and IT costs	5,720	-	5,720	7,312
Legal and professional expense	6,911	-	6,911	1,514
Miscellaneous expenses	1,090	-	1,090	834
Independent Examiner's fees	-	3,540	3,540	3,300
	<u>62,607</u>	<u>3,540</u>	<u>66,147</u>	<u>59,411</u>
Analysed between				
Fundraising	6,903	390	7,293	7,533
Charitable activities	55,704	3,150	58,854	51,878
	<u>62,607</u>	<u>3,540</u>	<u>66,147</u>	<u>59,411</u>

9 Net movement in funds

	2025	2024
	£	£
Net movement in funds is stated after charging/(crediting)		
Depreciation on tangible fixed assets	16,362	5,111
<u>Independent Examiner's fees</u>		
Independent Examination	2,300	2,100
Other Services	1,240	1,200
	<u>3,540</u>	<u>3,300</u>

10 Employees

The average monthly number of staff employed by the charity (full time equivalent) during the year was as follows:

	2025	2024
	Number	Number
Heathy living and Linkage Plus	5.00	4.80
Administration	1.80	1.80
	<u>6.80</u>	<u>6.60</u>
Total	<u>6.80</u>	<u>6.60</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

10 Employees

(Continued)

Employment costs	2025 £	2024 £
Salaries	165,488	164,663
Social security costs	7,193	7,574
Pension	107	461
	<u>172,788</u>	<u>172,698</u>

No trustee or member of the Management Committee received any remuneration or reimbursed expenses during the year (2024 - £Nil).

The key management personnel of the charity comprise the manager. The total employee benefits of the key management personnel of the charity were £43,206 during the year (2024 - £41,893).

There were no employees whose annual remuneration was more than £60,000.

11 Tangible fixed assets

	Equipment £	Minibuses £	Total £
Cost			
At 1 April 2024	22,160	69,491	91,651
Additions	1,165	61,376	62,541
Disposals	(6,761)	(69,491)	(76,252)
At 31 March 2025	<u>16,564</u>	<u>61,376</u>	<u>77,940</u>
Depreciation and impairment			
At 1 April 2024	20,940	63,637	84,577
Depreciation charged in the year	1,018	15,344	16,362
Eliminated in respect of disposals	(6,761)	(63,637)	(70,398)
At 31 March 2025	<u>15,197</u>	<u>15,344</u>	<u>30,541</u>
Carrying amount			
At 31 March 2025	<u>1,367</u>	<u>46,032</u>	<u>47,399</u>
At 31 March 2024	<u>1,220</u>	<u>5,854</u>	<u>7,074</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

12 Debtors

	2025	2024
	£	£
Amounts falling due within one year:		
Trade debtors	-	22,916
Other debtors	1,249	31,467
Prepayments	1,425	3,150
	<u>2,674</u>	<u>57,533</u>

13 Creditors: amounts falling due within one year

	2025	2024
	£	£
Taxation and social security	6,426	4,737
Accruals	3,540	3,300
	<u>9,966</u>	<u>8,037</u>

14 Related party transactions

During the year the charity received donations totalling £5,429 (2024 – £3,500) from one Trustee. Details of transactions with trustees and senior management are in note 10.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds				
	Balance at 1 April 2023	Incoming resources	Resources expended	Balance at 1 April 2024	Incoming resources	Resources expended	Transfers	Balance at 31 March 2025
	£	£	£	£	£	£	£	£
Staff costs	-	5,340	(5,340)	-	4,532	(4,532)	-	-
Healthy Living & Linkage plus	29,400	112,411	(32,933)	108,878	108,828	(163,745)	-	53,961
Family and children's activities	1,002	22,249	(18,616)	4,635	23,387	(25,772)	-	2,250
Capital Grants Fund - Minibus	47,805	-	(1,951)	45,854	-	(15,344)	(30,510)	-
	<u>78,207</u>	<u>140,000</u>	<u>(58,840)</u>	<u>159,367</u>	<u>136,747</u>	<u>(209,393)</u>	<u>(30,510)</u>	<u>56,211</u>

Description, nature, and purpose of restricted funds:

Healthy Living & Linkage Plus: Linkage funding covers staff costs, Healthy Living funding supports the general running of the Healthy Living.

Family and children's activities: This project provides important holiday and family based activities which run throughout the year. These include Christmas, summer and other key community projects, which enable Neighbours In Poplar to keep in touch with the local people of all ages cultures and faiths. This also include the homeless project.

Capital Grant Fund – Minibus: Capital grant received in 2023 for purchase of minibus amounting to £15,000 from The Clothworks Foundation, £20,000 from East End Community Foundation and £5,000 from Bernard Sunley. New minibus was purchased during the year ended 31 March 2025 and capital grant funds are transferred to unrestricted funds.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

16 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 April 2023	Incoming resources	Resources expended	Balance at 1 April 2024	Incoming resources	Resources expended	Balance at 31 March 2025
	£	£	£	£	£	£	£
Staff costs	76,684	-	-	76,684	-	-	76,684
	<u>76,684</u>	<u>-</u>	<u>-</u>	<u>76,684</u>	<u>-</u>	<u>-</u>	<u>76,684</u>

Staff costs: Funding towards staff costs. Balance carried forward represents funds raised towards a manager/ fundraiser post.

17 Analysis of net assets between funds

	Unrestricted funds	Designated	Restricted funds	Total Unrestricted 2025	Designated funds	Restricted funds	Total 2024
	£	£	£	£	£	£	£
Fund balances at 31 March 2025 are represented by:							
Tangible assets	47,399	-	-	47,399	1,220	5,854	7,074
Current assets/(liabilities)	131,178	76,684	56,211	264,073	55,356	153,513	285,553
	<u>178,577</u>	<u>76,684</u>	<u>56,211</u>	<u>311,472</u>	<u>56,576</u>	<u>159,367</u>	<u>292,627</u>

Accounts

Charity registration number 299843

NEIGHBOURS IN POPLAR
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

NEIGHBOURS IN POPLAR
LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Terrence Simco - Chair Lord Michael Cashman Cbe Leonard Sabastian Susan Blinman - Treasurer Alexander Campbell Jessica-Mary Darroux Dr Ali Hussain Michael Zacsinsky Remmie Williams - Vice Chair Michaela Lewis Chelsei Kelly Mary Monica Frost	(Resigned on 07 February 2024)
Secretary	Remmie Williams	
Charity number	299843	
Senior Management	Mandy Molyneux – Manager	
Registered office	113 Poplar High Street London E14 0AE	
Independent examiner	Samir Shah FCA, ATII Ramon Lee Ltd Chartered Accountants 93 Tabernacle Street London EC2A 4BA	
Bankers	National Westminster Bank Plc 54 Marsh Wall London E14 6LJ Barclays Bank 260/262 Chingford Mount Road South Chingford London E4 8JN	
Website	http://www.neighboursinpoplar.com/	

NEIGHBOURS IN POPLAR
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Statement of financial activities	6
Balance sheet	7
Notes to the financial statements	8 - 21

NEIGHBOURS IN POPLAR

FOR THE YEAR ENDED 31 MARCH 2024

TRUSTEES' REPORT

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note to the financial statements and comply with the charity's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To provide care and welfare to persons in need through the provision of amenities and recreation and leisure activities in the interest of social welfare.

Neighbours in Poplar had its origins in a Poplar Parish meeting in October 1969 when a group of concerned people met to discuss the needs of the older in the area and the possibility of organising a Christmas Party as a starting point. This was such a success that the 70's began to see the unfolding of a vibrant programme of volunteer visiting, shopping, and providing practical services for vulnerable, elderly people in poplar and the Isle of Dogs.

OUR VISION STATEMENT AIM:

- To provide practical support and care for all vulnerable people living at home, regardless of age, race, gender, culture, disability, sexual orientation or gender identity. Our support and care would be complimentary to that provided by statutory services also.
- We aim to provide disadvantaged children with breaks from their normal environment during the summer holidays. Our aim is also to involve members of our diverse community in working together to create an inclusive society.

Our area of concern is Poplar and the Isle of Dogs, keeping flexibility and need in mind.

OUR VISION: Neighbours in Poplar's vision is to enable vulnerable people, especially those living alone and often undocumented, to live fulfilling and meaningful lives. We aim to add quality, wellbeing, a sense of independence and meaning to the days of their lives helping to reduce isolation and loneliness where possible, by growing a sense of community within the areas we cover.

We do this by the development, encouragement and training of dedicated staff and volunteers who visit and provide support for frail people in their homes.

VALUES:

- | | |
|--------------|--------------------------------|
| · Welcoming | · Willing to go the extra mile |
| · Respectful | · Compassionate |
| · Honest | · Dedicated |
| · Inclusive | · Caring |

Our volunteers

Volunteers are essential to the work and services of Neighbours in Poplar. Among other services they provide:

- Driving and escorting on one of our mini Buses;
- Befriending either in person or by telephone;
- Offering office support or volunteering for the cooking and delivery of our post-COVID meal project.
- Collecting shopping and medication for isolating and shielding clients.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

All are DBS checked and receive training to deliver their service! All follow best Health & Safety Practice.

Achievements and performance

Our main activities for the year March 2024 are as follows:

As Trustees we are very proud of this year's achievements and in particular of our Staff working towards the achievement of the Gold Investment in People Quality Mark. This objective, led by our manager, has resulted in a well-motivated, dedicated staff all focused on producing the best service possible for as many people as possible.

Linkage Plus:

Service Provided: Linkage Plus – a vital support service for individuals over the age of 50.

Client Engagement: We have seen a consistent influx of new clients nearly every day, reflecting the growing demand for our services.

Practical Support: Our work includes providing practical assistance, with a significant focus on helping clients navigate the benefits system.

Professional Referrals: As a well-established service, we receive numerous referrals from professionals in other agencies, further reinforcing our reputation and community impact.

The renewal of the extremely successful Tackling Poverty contract. The NIP team has earned great praise from the East End Community Foundation for its delivery of this important project.

The team has been equally successful in the delivery of this important Borough project. Referrals keep coming from across Tower Hamlets despite the fact our remit is supplying E14 area.

The post-Covid Project continues with an amazing number of volunteers involved. On March 17th, 2024, the project celebrated the delivery of it's 45,000th hot dinners since the beginning of Lockdown on March 20th, 2020.

Christmas and New Year Dinners – This project is over 40 years old and brings together volunteers willing to spend time on the 25th December and 1st January taking dinners and festive cheer to isolated and lonely Tower Hamlets residents. This project is very intergenerational bring people of all ages and cultures together.

Summer Project – Thanks to donations we were able to offer two seaside trips each to families. Despite lingering Covid fears, 16 fifty-seater coaches were filled with a huge cross section of people from all over the world, all grateful for an escape from the city and a leisurely family day. This project is in its 52nd year and is always greatly valued.

Neighbours In Poplar service users comprise isolated older adults, people with disabilities, disadvantaged families living in poverty and / or with disabled children. We serve a culturally diverse area and always working towards the creation of an inclusive community.

The Clinical Commissioning Group identifies high levels of poor physical and mental health in the area in which we work. Some of the health issues that are over-represented in Tower Hamlets, and which affect many of the people with whom Neighbours In Poplar works, include: heart disease; stroke, cancer; diabetes and smoking-related illness (particularly amongst the Bangladeshi community). A high number of over-60s are 'generally not in good health' and have been affected by the Pandemic.

Neighbours In Poplar develops long-term relationships of trust and friendship with our service users. We have been very effective at 'unpacking' the needs and apprehensions of vulnerable residents and overcoming these. The Tackling Poverty project has been very effective in meeting many of these needs.

Public benefit statement

In shaping our objectives for the year and planning our activities, the trustees have considered the charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PD2). The achievements and activities above demonstrate the public benefit arising through the charity's activities.

Financial review

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

The financial results for the year are set out in the Statements of Financial Activities on page 6. The charity recorded an overall surplus of £67,400 (2023 – net deficit of £10,787). The financial position at the year revealed by the Balance Sheet on page 7 shows net current assets or working capital of £285,553 (2023 – £213,042). The net book value of fixed assets held, all of which are used directly for charitable purposes, amounted to £7,074 (2023 – £12,185).

Reserves policy

The trustees consider it prudent to maintain an adequate level of unrestricted reserves to cover the charity's contractual commitments and provide sufficient working capital and have set this at a minimum of three months expenditure. The current level of funding is adequate to support the continuation of the charity in the medium term.

As of 31st March 2024, financial statements showed reserves of £292,627 (2023 - £225,227) of which £159,367 (2023 - £78,207) were restricted funds and £56,576 (2023 - £70,336) were unrestricted funds. The unrestricted funds not designated or invested in tangible fixed assets held by the charity are £55,356 (2023 - £65,956).

Principal funding sources

The charity aims to develop a diverse funding base for its activities. Neighbours In Poplar continues to attract funding for its various projects from a wide range of other sources — charitable trusts, private companies, individual donations, London Borough of Tower Hamlets and the charity's own income generating activities.

Investment powers and policy

The trustees have considered the most appropriate policy for investing surplus funds and have found that bank deposit accounts provide the appropriate combination of security, accessibility and income growth.

Structure, governance and management

Governing document

The organisation is an unincorporated association founded in 1969 and registered as a charity with the Charity Commission in 1988 (Charity no. 299843). The charity is established under a written constitution that established the objects and powers of the charity and is also governed under this constitution.

Recruitment and appointment of Trustees

The appointment of trustees is by a majority vote of the members of the Annual General Meeting.

Organisational Structure

The charity is governed by a Management Committee that meets bi-monthly. The Management Committee sets out and reviews the organisational strategy, direction, staffing and resources. The day-to-day running of the charity is carried out by employed staff led by a manager who has delegated authority to run operations and take financial decisions up to £2,000. All cheque payment has two signatories – two Management Committee members are signatories and the Manager.

The organisation employs 3 full-time and 6 part-time members of staff. In addition, we have over 40 active volunteers who are essential to the delivery of LinkAge Plus and other projects in which the organisation is involved. These are all managed by the Manager.

Trustee induction and training

The trustees maintain a good working knowledge of charity and company law and best practice by regular reading of charity press articles and scrutiny of Charity Commission and other Government and voluntary organisation advisory websites. New trustees are given copies of the Memorandum and Articles of Association and copies of previous minutes and attend an induction session given by an experienced Trustee.

Risk Management

The trustees actively review the major risks which the charity faces on a regular basis, and believe that maintaining reserves at the current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse circumstances. The trustees have also examined the operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Related parties

Charity receives generous donations from trustees.

Statement of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees' report was approved by the Board of Trustees and signed on behalf by:

DocuSigned by:
Sister Christine Frost
33C3AA081DA44FC...

Sister Christine Frost Trustee

17 December 2024

NEIGHBOURS IN POPLAR

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF NEIGHBOURS IN POPLAR

I report to the trustees on my examination of the financial statements of Neighbours In Poplar (the charity) for the year ended 31 March 2024.

This report is made solely to the charity's trustees, as a body, in accordance with the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my Independent Examination, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed by:



BFA6442682BF4CE...

Samir Shah FCA, ATII

Ramon Lee Ltd

NEIGHBOURS IN POPLAR

Chartered Accountants
93 Tabernacle Street
London
EC2A 4BA

Dated: 17 December 2024

STATEMENT OF FINANCIAL ACTIVITIES

INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

		Unrestricted	Designated	Restricted	Total	Total
		funds	funds	funds	2024	2023
		2024	2024	2024		
	Notes	£	£	£	£	£
Income from:						
Donations and legacies	3	34,455	-	5,340	39,795	27,078
Charitable activities	4	163,412	-	134,660	298,072	261,352
Investments	5	1,585	-	-	1,585	450
		<u>199,452</u>	<u>-</u>	<u>140,000</u>	<u>339,452</u>	<u>288,880</u>
Total income		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Expenditure on:						
Raising funds	6	34,497	-	-	34,497	18,545
Charitable activities	7	178,715	-	58,840	237,555	281,122
Total expenditure		<u>213,212</u>	<u>-</u>	<u>58,840</u>	<u>272,052</u>	<u>299,667</u>
		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds		(13,760)	-	81,160	67,400	(10,787)
Fund balances at 1 April 2023		<u>70,336</u>	<u>76,684</u>	<u>78,207</u>	<u>225,227</u>	<u>236,014</u>
Fund balances at 31 March 2024		<u>56,57</u> <u>6</u>	<u>76,68</u> <u>4</u>	<u>159,36</u> <u>7</u>	<u>292,62</u> <u>7</u>	<u>225,22</u> <u>7</u>

CONTINUING OPERATIONS

None of the charity's activities were acquired or discontinued during the above two financial periods.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the above movement in funds for the above two financial periods.

The notes on pages 8 to 21 form part of these financial statements.

BALANCE SHEET

AS AT 31 MARCH 2024

2024

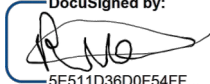
2023

NEIGHBOURS IN POPLAR

	Notes	£	£	£	£
Fixed assets					
Tangible assets	11		7,074		12,185
Current assets					
Debtors	12	57,533		68,050	
Cash at bank and in hand		236,057		151,180	
		293,590		219,230	
Creditors: amounts falling due within one year	13	(8,037)		(6,188)	
Net current assets			285,553		213,042
			292,627		225,227
Total assets less current liabilities					
Income funds					
Restricted funds	14		159,367		78,207
<u>Unrestricted funds</u>					
Designated funds	15	76,684		76,684	
General unrestricted funds		56,576		70,336	
			133,260		147,020
			292,627		225,227

The notes on pages 8 to 21 form part of these financial statements.

The financial statements were approved by the Trustees on 17 December 2024 and were signed on its behalf by:

DocuSigned by:

5E511D36D0F54FF...
Rennie Williams
Trustee

DocuSigned by:

33C3AA081DA44FC...
Sister Christine Frost
Trustee

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The charity's Financial Statements show net surplus of £67,400 (2023 – net deficit £10,787) for the year and free reserves of £55,356 (2023 - £65,396). The trustees are of the view that these results have secured the immediate future of the charity for the next 12 to 18 months and on this basis the charity is a going concern.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All income is included in the SOFA when the charity is legally entitled to it, receipt is probable, and the amount can be measured with sufficient reliability.

Grant income

Grants are credited to the SOFA when the charity is entitled to the funds. Income is only deferred where there are time constraints imposed by the donor or if the funding is performance related.

Where entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the income is recognised when there is sufficient evidence that conditions will be met.

Grants supporting the core activities of the charity and with no specific restrictions placed upon their use are included within donations and legacies. Grants that have specific restrictions placed upon their use are included within income from charitable activities.

Capital grants for the purchase of fixed assets are credited to restricted incoming resources on the earlier date of when they are received or receivable. Depreciation on the related fixed assets are charged against the restricted fund.

Donations and legacies

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Donations are recognised in the period in which they are received. Legacy income is recognised when the charity's entitlement is judged to be probable and where the amount can be reliably measured.

1 Accounting policies (Continued)

Investment income

Investment income is included when receivable.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- (a) Cost of raising funds includes staff time used to raise grants and donations and their associated support costs.
- (b) Expenditure on charitable activities includes the costs directly associated running a community centre and other community programmes, to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance and administration personnel, payroll and governance costs which support the Trust's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 8.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

The cost of minor additions or those costing less than £500 are not capitalised.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Equipment	25% straight line basis
Minibuses	25% reducing balance basis

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.9 Taxation

The charity is a registered charity and, therefore, is not liable for Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (Continued)

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Cash flow statement

The charity qualifies as a small charity and advantage has been taken of the exemption provided by SORP (FRS 102) not to prepare a cash flow statement.

1.12 Volunteers and donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised and refers to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

1.13 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due. Accrued income and tax recoverable is included at the best estimate of the amounts receivable at the balance sheet date.

1.14 Pension

The charity operates a defined contribution pension scheme on behalf of its employees. Contributions are charged to the Statement of Financial Activities in the period in which they are payable.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted	Restricted	Total	Total
	funds	funds	2024	2023
	£	£	£	£
Barry and Phawana Collins Foundation	-	-	-	3,500
Canary Wharf Group	-	-	-	250
Charities Trust	1,536	-	1,536	810

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Coopers	-	-	-	2,000
Other donations	22,519	3,000	25,519	18,268
Poplar Harca	500	-	500	-
The Alexandra Trust	-	-	-	2,250
The Morgan Charitie Foundation	5,000	-	5,000	-
Valero Energy	1,600	-	1,600	-
Faithful Companions of Jesus	3,000	-	3,000	-
London Borough of Tower Hamlets	300	-	300	-
The National Lottery Community Fund	-	2,340	2,340	-
		5,3	34,45539,795	
		40		
27,078 For the year ended 31 March 2023	27,078	27,078		

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

	Healthy living & linkage plus £	Family and children's activities £	Total 2024 £	Total 2023 £
Ballymore	-	-	-	1,000
Barry and Phawana Collins Foundation	2,000	2,500	4,500	3,000
Blackwall reach	-	-	-	1,350
Canary Wharf Group	4,750	-	4,750	3,400
Mercers' Trust	21,963	-	21,963	-
Charles Hayward Foundation	5,000	-	5,000	-
East End Community Foundation	26,416	-	26,416	34,400
Edmund Frost	-	409	409	1,657
JP McManus Charity Foundation	-	2,994	2,994	4,988
London Borough of Tower Hamlets	35,417	-	35,417	25,000
Riverside Foundation	10,000	-	10,000	12,000
St John Southworth Caritas Fund	1,200	-	1,200	11,000
Summer project donations	-	-	-	5,408
The Bernard Sunley Foundation	-	-	-	5,000
The Clothworks Foundation	-	-	-	15,000
Toynbee Hall	124,995	-	124,995	125,496
Valero Energy	700	-	700	1,000
London Marathon	-	5,700	5,700	-
Tower Hill Trust	2,500	-	2,500	-
The National Lottery Community Fund	14,890	-	14,890	-
The Morgan Charitie Foundation	1,000	1,000	2,000	-
St Mary and Joseph's	1,000	-	1,000	-
Poplar Harca	5,000	-	5,000	-
Other donations	15,992	2,348	18,340	11,653
Faithful Companions of Jesus	-	2,000	2,000	-
The Alexandra Trust	-	3,000	3,000	-
Trustee Wakefield and Tetley Trust	-	2,298	2,298	-
The Paget Trust	-	3,000	3,000	-
	<u>272,823</u>	<u>25,249</u>	<u>298,072</u>	<u>261,352</u>
Analysis by fund				
Unrestricted funds	160,412	3,000	163,412	149,996
Restricted funds	<u>112,411</u>	<u>22,249</u>	<u>134,660</u>	<u>111,356</u>
	<u>272,823</u>	<u>25,249</u>	<u>298,072</u>	<u>261,352</u>
For the year ended 31 March 2023				
Unrestricted funds	149,996	-		149,996
Restricted funds	<u>83,197</u>	<u>28,159</u>		<u>111,356</u>
	<u>233,193</u>	<u>28,159</u>		<u>261,352</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

5	Investments	Unrestricted funds £	Total 2024 £	Total 2023 £
	Bank Interest	1,585	1,585	450
		<u>1,585</u>	<u>1,585</u>	
		<u>85</u>	<u>85</u>	
		<u>45</u>		
		<u>0</u>		
	For the year ended 31 March 2023			

45
0
45
0

6 Raising funds

	Unrestricted funds £	Total 2024 £	Total 2023 £
Staff costs	16,757	16,757	7,992
Other direct expenditure	8,935	8,935	8,045
Minibus expenses	1,272	1,272	-
Support costs	7,115	7,115	2,315
Governance costs	418	418	193
	<u>34,497</u>	<u>34,497</u>	<u>18,545</u>
For the year ended 31 March 2023			
Fundraising and publicity	18,545		18,545
	<u>18,545</u>		<u>18,545</u>

7 Charitable activities

	Healthy living and linkage plus £	Family and children's activities £	Total 2024 £	Total 2023 £
Staff costs	112,650	-	112,650	156,408
Minibus expenses	6,509	-	6,509	9,154
Other direct expenditure	<u>47,840</u>	<u>18,678</u>	<u>66,518</u>	<u>77,549</u>
	<u>166,999</u>	<u>18,678</u>	<u>185,677</u>	<u>243,111</u>
Share of support costs (see note 8)	44,067	4,929	48,996	35,084
Share of governance costs (see note 8)	2,592	290	2,882	2,927

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

	213,658	23,897	237,555	281,122
Analysis by fund				
Unrestricted funds	173,434	5,281	178,715	159,855
Restricted funds	40,224	18,616	58,840	121,267
	213,658	23,897	237,555	281,122
For the year ended 31 March 2023				
Unrestricted funds	155,896	3,959		159,855
Restricted funds	95,939	25,328		121,267
	251,835	29,287		281,122

8 Support costs

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between charity's key activity undertaken in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of direct costs allocated to each activity.

	Support costs	Governance costs	Total 2024	Total 2023
	£	£	£	£
Office and administration staff	43,291	-	43,291	25,525
Premises and equipment costs	3,160	-	3,160	3,325
Communication and IT costs	7,312	-	7,312	6,945
Legal and professional expense	1,514	-	1,514	1,604
Miscellaneous expenses	834	-	834	-
Independent Examiner's fees	-	3,300	3,300	3,120
	56,111		59,411	40,519
		3,300		
Analysed between				
Fundraising	7,115	418	7,533	2,508
Charitable activities	48,996	2,882	51,878	38,011
	56,111		59,411	40,519
		3,300		

9 Net movement in funds

2024
£

2023
£

Net movement in funds is stated after charging/(crediting)

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Depreciation on tangible fixed assets	5,111	5,927
<u>Independent Examiner's fees</u>		
Independent Examination	2,100	2,040
Other Services	1,200	1,080
	<u>3,300</u>	<u>3,120</u>

10 Employees

The average monthly number of staff employed by the charity (full time equivalent) during the year was as follows:

	2024	2023
	Number	Number
Heathy living and Linkage Plus	4.80	6.00
Administration	<u>1.80</u>	<u>1.40</u>
Total	<u>6.60</u>	<u>7.40</u>

10 Employees(Continued)

Employment costs	2024	2023
	£	£
Salaries	164,663	179,232
Social security costs	7,574	9,291
Pension	461	1,402
	<u>172,698</u>	<u>189,925</u>

No trustee or member of the Management Committee received any remuneration or reimbursed expenses during the year (2023 - £Nil).

The key management personnel of the charity comprise the manager. The total employee benefits of the key management personnel of the charity were £41,893 during the year (2023 - £39,888).

There were no employees whose annual remuneration was more than £60,000.

11 Tangible fixed assets

	Equipment	Minibuses	Total
	£	£	£
Cost			
At 1 April 2023	22,847	69,491	92,338
Disposals	<u>(687)</u>	<u>-</u>	<u>(687)</u>
At 31 March 2024	<u>22,160</u>	<u>69,491</u>	<u>91,651</u>
Depreciation and impairment			
At 1 April 2023	18,467	61,686	80,153

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

	Depreciation charged in the year	3,160	1,951	5,111
	Eliminated in respect of disposals	<u>(687)</u>	<u>-</u>	<u>(687)</u>
		<u>20,940</u>	<u>63,637</u>	<u>84,577</u>
	At 31 March 2024			
	Carrying amount			
	At 31 March 2024	<u>1,220</u>	<u>5,854</u>	<u>7,074</u>
		<u>4,3</u>	<u>7,8</u>	<u>12,1</u>
	At 31 March 2023	<u>80</u>	<u>05</u>	<u>85</u>
12	Debtors			
			2024	2023
	Amounts falling due within one year:		£	£
	Trade debtors		22,916	33,950
	Other debtors		31,467	31,728
	Prepayments		3,150	2,372
			<u>57,53</u>	<u>68,05</u>
13	Creditors: amounts falling due within one year		<u>3</u>	<u>0</u>
			2024	2023
			£	£
	Taxation and social security		4,737	1,747
	Trade creditors		-	733
	Other creditors		-	588
	Accruals		3,300	3,120
			<u>8,037</u>	<u>6,188</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds				Movement in funds			
	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 1 April 2023	Incoming resources	Resources expended	Balance at 31 March 2024
	£	£	£	£	£	£	£	£
Staff costs	76,684	-	-	(76,684)	-	5,340	(5,340)	-
Healthy Living & Linkage plus	72,267	43,197	(86,064)	-	29,400	112,411	(32,933)	108,878
Family and children's activities	5,444	28,159	(32,601)	-	1,002	22,249	(18,616)	4,635
Capital Grants Fund - Minibus	10,407	40,000	(2,602)	-	47,805	-	(1,951)	45,854
	<u>164,802</u>	<u>111,356</u>	<u>(121,267)</u>	<u>(76,684)</u>	<u>78,207</u>	<u>140,000</u>	<u>(58,840)</u>	<u>159,367</u>

Description, nature, and purpose of restricted funds:

Healthy Living & Linkage Plus: These two projects have been set up to help improve the quality of lives of the older people in the Isle of Dogs & Poplar and health in the community per se. The funding covers the work of the outreach team and the cost of running the hubs and centres of activities.

Family and children's activities: This project provides important holiday and family based activities which run throughout the year. These include Christmas, summer and other key community projects, which enable Neighbours In Poplar to keep in touch with the local people of all ages cultures and faiths. This also include the homeless project.

Capital Grant Fund – Minibus: Capital grant received in 2023 for purchase of minibus amounting to £15,000 from The Clothworks Foundation, £20,000 from East End Community Foundation and £5,000 from Bernard Sunley. The capital grant has been carried forward for purchase of minibus.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

- 18 -

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

15 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2023	Movement in funds		Balance at 31 March 2024
	£	Incoming resources £	Resources expended £	£
Staff costs	76,684	-	-	76,684
	<u>76,684</u>	<u>-</u>	<u>-</u>	<u>76,684</u>
	4			

Staff costs: Funding towards staff costs. Balance carried forward represents funds raised towards a manager/fundraiser post.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

16 Analysis of net assets between funds

	Unrestricted	Designated	Restricted	Total Unrestricted	Designated	Restricted	Total
	funds		funds	2024	funds	funds	2023
	£	£	£	£	£	£	£
Fund balances at 31 March 2024 are represented by:							
Tangible assets	1,220	-	5,854	7,074	4,380	-	12,185
Current assets/(liabilities)	55,356	76,684	153,513	285,553	65,956	76,684	213,042
	56,576	76,684	159,367	292,627	70,336	76,684	225,227

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

- 20 -

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

17 Related party transactions

During the year the charity received donations totalling £3,500 (2023 – £3,000) from one Trustee. Details of transactions with trustees and senior management are in note 10.

Accounts

Charity registration number 299843

NEIGHBOURS IN POPLAR
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

NEIGHBOURS IN POPLAR

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Terrence Simco MBE - Chair	
	Remie Williams - Vice Chair	
	Susan Blinman - Treasurer	(Appointed on 07 February 2023)
	Jessica Darroux	
	Chelsei Kelly - Poplar HARCA	
	Michael Zacsinsky	
	Shirley Meikle	(Resigned on June 2022)
	Dr Ali Hussain	
	Alexander Campbell - QVSR CEO	
	Mary Monica Frost	
	Lord Michael Cashman	
	Leonard Sabastian	
	Michaela Lewis	(Appointed on 11 May 2022)
Secretary	Susan Blinman	(Resigned on 07 February 2023)
	Remie Williams	(Appointed on 07 February 2023)
Charity number	299843	
Senior Management	Mandy Molyneux – Manager	
Registered office	113 Poplar High Street London E14 0AE	
Independent examiner	Samir Shah FCA, ATII Ramon Lee Ltd Chartered Accountants 93 Tabernacle Street London EC2A 4BA	
Bankers	National Westminster Bank Plc 54 Marsh Wall London E14 6LJ	
	Barclays Bank 260/262 Chingford Mount Road South Chingford London E4 8JN	

NEIGHBOURS IN POPLAR

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Balance sheet	7
Notes to the financial statements	8 - 21

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note to the financial statements and comply with the charity's trust deed, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

To provide care and welfare to persons in need through the provision of amenities and recreation and leisure activities in the interest of social welfare.

Neighbours In Poplar came into being in October 1969, when some concerned people gathered together a large number of senior citizens in Pope John House for a Christmas Party. Because this was so successful and a need had obviously been met, volunteers began to meet regularly, visiting and providing necessary service for people living in the Poplar and Isle of Dogs area, Tower Hamlets, London E14.

OUR VISION STATEMENT

AIM:

- To provide practical support and care for all vulnerable people living at home, regardless of age, race, gender, culture, disability, sexual orientation or gender identity. Our support and care would be complimentary to that provided by statutory services also.
- We aim to provide disadvantaged children with breaks from their normal environment during the summer holidays. Our aim is also to involve members of our diverse community in working together to create an inclusive society.

Our area of concern is Poplar and the Isle of Dogs, keeping flexibility and need in mind.

OUR VISION: Neighbours in Poplar's vision is to enable vulnerable people, especially those living alone and often undocumented, to live fulfilling and meaningful lives. We aim to add quality, wellbeing, a sense of independence and meaning to the days of their lives helping to reduce isolation and loneliness where possible, by growing a sense of community within the areas we cover.

We do this by the development, encouragement and training of dedicated staff and volunteers who visit and provide support for frail people in their homes.

VALUES:

- | | |
|--------------|--------------------------------|
| • Welcoming | • Willing to go the extra mile |
| • Respectful | • Compassionate |
| • Honest | • Dedicated |
| • Inclusive | • Caring |

Our volunteers

Volunteers are essential to the work and services of Neighbours in Poplar. Among other services they provide:

- Driving and escorting on one of our mini Buses;
- Befriending either in person or by telephone;
- Offering office support or volunteering for the cooking and delivery of our post-COVID meal project.
- Collecting shopping and medication for isolating and shielding clients.

All are DBS checked and receive training to deliver their service! All follow best Health & Safety Practice.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance

Our main activities for the year ending March 2023 are as follows:

- **LinkAge Plus:** We are into our third year of a three-year contract with the Borough's LinkAge Plus Project. This will enable us to continue to work with the over 60's in this area. Neighbours In Poplar is one of the four agencies covering the whole Borough of Tower Hamlets.
- Last year we:
 - Hosted 194 Lunch Hubs four times a week
 - Prepared 4,149 meals
 - Completed over 876 Home Visits
 - Hosted 742 Health and Social Activities
 - Our new Project (Tackling Poverty) is now well established and doing very well.
- **Children:** A much appreciated Summer Programme of activities and trips took place.
- **Christmas:** At Christmas and the New Year, we organise a delivery of fresh meals to between 200 and 300 older people living alone, last year over 500 meals were cooked and delivered by volunteers to people signposted to us by Social Services, the Police, Health Centres and places of worship across the Borough.
- We are awaiting the delivery of our new tail-lift Minibus.
- **Post-COVID Response Project:** Neighbours In Poplar began to plan a four point response to the pandemic and have been able to provide a very valuable service to isolated and shielding people across the Borough. From April 2022 to March 2023, we have delivered over 40,000 hot dinners.
 - 2010 Food Parcels and Groceries delivered
 - 49,000 miles covered by our 'Deliveroo Angels'
 - 2,540 Telephone calls made to check on the vulnerable
 - Over 52,000 volunteer hours

Neighbours In Poplar service users comprise isolated older adults, people with disabilities, disadvantaged families living in poverty and / or with disabled children.

The Clinical Commissioning Group identifies high levels of poor physical and mental health in the area in which we work. Some of the health issues that are over-represented in Tower Hamlets, and which affect many of the people with whom Neighbours In Poplar works, include: heart disease; stroke, cancer; diabetes and smoking-related illness (particularly amongst the Bangladeshi community). A high number of over-60s are 'generally not in good health' and have been affected by the Pandemic.

Neighbours In Poplar develops long-term relationships of trust and friendship with our service users. We have been very effective at 'unpacking' the needs and apprehensions of vulnerable residents and overcoming these. Many of our service users are very reticent about using statutory services — they are proud and independent, and some feel that there is a stigma attached to using Social Services.

Public benefit statement

In shaping our objectives for the year and planning our activities, the trustees have considered the charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PD2)'. The achievements and activities above demonstrate the public benefit arising through the charity's activities.

Financial review

The financial results for the year are set out in the Statements of Financial Activities on page 6. The charity recorded an overall deficit of £10,787 (2022 – net deficit of £35,926). The financial position at the year revealed by the Balance Sheet on page 7 shows net current assets or working capital of £213,042 (2022 – £218,700). The net book value of fixed assets held, all of which are used directly for charitable purposes, amounted to £12,185 (2022 – £17,314).

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Reserves policy

The trustees consider it prudent to maintain an adequate level of unrestricted reserves to cover the charity's contractual commitments and provide sufficient working capital and have set this at a minimum of three months expenditure. The current level of funding is adequate to support the continuation of the charity in the medium term.

As of 31st March 2023, financial statements showed reserves of £225,227 (2022 - £236,014) of which £78,207 (2022 - £164,802) were restricted funds and £70,336 (2022 - £71,212) were unrestricted funds. The unrestricted funds not designated or invested in tangible fixed assets held by the charity are £65,956 (2022 - £64,305).

Principal funding sources

The charity aims to develop a diverse funding base for its activities. Neighbours In Poplar continues to attract funding for its various projects from a wide range of other sources — charitable trusts, private companies, individual donations, London Borough of Tower Hamlets and the charity's own income generating activities.

Investment powers and policy

The trustees have considered the most appropriate policy for investing surplus funds and have found that bank deposit accounts provide the appropriate combination of security, accessibility and income growth.

Structure, governance and management

Governing document

The organisation is an unincorporated association founded in 1969 and registered as a charity with the Charity Commission in 1988 (Charity no. 299843). The charity is established under a written constitution that established the objects and powers of the charity and is also governed under this constitution.

Recruitment and appointment of Trustees

The appointment of trustees is by a majority vote of the members of the Annual General Meeting.

Trustee induction and training

The trustees maintain a good working knowledge of charity and company law and best practice by regular reading of charity press articles and scrutiny of Charity Commission and other Government and voluntary organisation advisory websites. New trustees are given copies of the Memorandum and Articles of Association and copies of previous minutes and attend an induction session given by an experienced Trustee.

Organisational Structure

The charity is governed by a Management Committee that meets bi-monthly. The Management Committee sets and reviews the organisational strategy, direction, staffing and resources. The day-to-day running of the charity is carried out by employed staff led by a manager who has delegated authority to run operations and take financial decisions up to £2,000. All cheque payment has two signatories – two Management Committee members are signatories and the Manager.

The organisation employs 4 full-time and 6 part-time members of staff. In addition, we have over 40 active volunteers who are essential to the delivery of LinkAge Plus and other projects in which the organisation is involved. These are all managed by the Manager.

Risk Management

The trustees actively review the major risks which the charity faces on a regular basis, and believe that maintaining reserves at the current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse circumstances. The trustees have also examined the operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Related parties

Charity receives generous donations from trustees.

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Statement of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustees' report was approved by the Board of Trustees and signed on behalf by:

DocuSigned by:

33C3AA081DA44FC...

Sister Christine Frost
Trustee

15 January 2024

NEIGHBOURS IN POPLAR

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF NEIGHBOURS IN POPLAR

I report to the trustees on my examination of the financial statements of Neighbours In Poplar (the charity) for the year ended 31 March 2023.

This report is made solely to the charity's trustees, as a body, in accordance with the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my Independent Examination, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

DocuSigned by:



BFA6442682BF4CE...

Samir Shah FCA, ATII

Ramon Lee Ltd
Chartered Accountants
93 Tabernacle Street
London
EC2A 4BA

Dated: 15 January 2024

NEIGHBOURS IN POPLAR

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Designated funds 2023 £	Restricted funds 2023 £	Total 2023 £	Total 2022 £
Income from:						
Donations and legacies	3	27,078	-	-	27,078	41,600
Charitable activities	4	149,996	-	111,356	261,352	256,918
Investments	5	450	-	-	450	22
Total income		177,524	-	111,356	288,880	298,540
Expenditure on:						
Raising funds	6	18,545	-	-	18,545	13,386
Charitable activities	7	159,855	-	121,267	281,122	321,080
Total expenditure		178,400	-	121,267	299,667	334,466
Net outgoing resources before transfers		(876)	-	(9,911)	(10,787)	(35,926)
Gross transfers between funds		-	76,684	(76,684)	-	-
Net expenditure for the year/ Net movement in funds		(876)	76,684	(86,595)	(10,787)	(35,926)
Fund balances at 1 April 2022		71,212	-	164,802	236,014	271,940
Fund balances at 31 March 2023		70,336	76,684	78,207	225,227	236,014

CONTINUING OPERATIONS

None of the charity's activities were acquired or discontinued during the above two financial periods.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the above movement in funds for the above two financial periods.

The notes on pages 8 to 21 form part of these financial statements.

NEIGHBOURS IN POPLAR

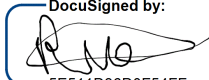
BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	11		12,185		17,314
Current assets					
Debtors	12	68,050		42,013	
Cash at bank and in hand		151,180		183,336	
		219,230		225,349	
Creditors: amounts falling due within one year	13	(6,188)		(6,649)	
Net current assets			213,042		218,700
Total assets less current liabilities			225,227		236,014
Income funds					
Restricted funds	14		78,207		164,802
<u>Unrestricted funds</u>					
Designated funds	15	76,684		-	
General unrestricted funds		70,336		71,212	
			147,020		71,212
			225,227		236,014

The notes on pages 8 to 21 form part of these financial statements.

The financial statements were approved by the Trustees on 15 January 2024 and were signed on its behalf by:

DocuSigned by:

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Remmie Williams
Trustee

DocuSigned by:

 33C3AA081DA44FC...

Sister Christine Frost
Trustee

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's trust deed, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The charity's Financial Statements show net deficit of £10,787 (2022 – net deficit £35,926) for the year and free reserves of £65,956 (2022 - £64,305). The trustees are of the view that these results have secured the immediate future of the charity for the next 12 to 18 months and on this basis the charity is a going concern.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

All income is included in the SOFA when the charity is legally entitled to it, receipt is probable, and the amount can be measured with sufficient reliability.

Grant income

Grants are credited to the SOFA when the charity is entitled to the funds. Income is only deferred where there are time constraints imposed by the donor or if the funding is performance related.

Where entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the income is recognised when there is sufficient evidence that conditions will be met.

Grants supporting the core activities of the charity and with no specific restrictions placed upon their use are included within donations and legacies. Grants that have specific restrictions placed upon their use are included within income from charitable activities.

Capital grants for the purchase of fixed assets are credited to restricted incoming resources on the earlier date of when they are received or receivable. Depreciation on the related fixed assets are charged against the restricted fund.

Donations and legacies

Donations are recognised in the period in which they are received. Legacy income is recognised when the charity's entitlement is judged to be probable and where the amount can be reliably measured.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

(a) Cost of raising funds includes staff time used to raise grants and donations and their associated support costs.

(b) Expenditure on charitable activities includes the costs directly associated running a community centre and other community programmes, to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance and administration personnel, payroll and governance costs which support the Trust's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 8.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

The cost of minor additions or those costing less than £500 are not capitalised.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Equipment	25% straight line basis
Minibuses	25% reducing balance basis

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

1.9 Taxation

The charity is a registered charity and, therefore, is not liable for Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Cash flow statement

The charity qualifies as a small charity and advantage has been taken of the exemption provided by SORP (FRS 102) not to prepare a cash flow statement.

1.12 Volunteers and donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised and refers to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

3 Donations and legacies

	Unrestricted funds	Total 2023	Total 2022
	£	£	£
Barry and Phawana Collins Foundation	3,500	3,500	3,000
Canary Wharf Group	250	250	3,000
Charities Trust	810	810	-
Coopers	2,000	2,000	1,440
Other donations	18,268	18,268	9,110
Poplar and Limehouse Health Network	-	-	4,000
Poplar Harca	-	-	15,050
The Alexandra Trust	2,250	2,250	-
The Morgan Charitie Foundation	-	-	2,000
The paget trust	-	-	4,000
	<u>27,078</u>	<u>27,078</u>	<u>41,600</u>
For the year ended 31 March 2022	<u>41,600</u>		<u>41,600</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Healthy living & linkage plus £	Family and children's activities £	Total 2023 £	Total 2022 £
Anonymous organisational donations	-	-	-	6,750
Ballymore	-	1,000	1,000	-
Barry and Phawana Collins Foundation	-	3,000	3,000	-
Blackwall reach	-	1,350	1,350	-
Calais trip donations < £1,000	-	750	750	3,000
Canary Wharf Group	3,400	-	3,400	1,500
Christmas donations < £1,000	410	-	410	-
City Bridge Trust	-	-	-	25,000
Coopers	-	-	-	1,000
Covid donations < £1,000	2,350	-	2,350	5,081
East End Community Foundation	34,400	-	34,400	12,362
Edmund Frost	-	1,657	1,657	-
Esmee Fairbairn Foundation	-	-	-	3,000
JP McManus Charity Foundation	1,994	2,994	4,988	5,000
London Borough of Tower Hamlets	25,000	-	25,000	31,250
Minibus donations	3,340	-	3,340	9,382
Other donations < £1,000	4,803	-	4,803	5,463
Riverside Foundation	12,000	-	12,000	-
St John Southworth Caritas Fund	-	11,000	11,000	10,000
Summer project donations	-	5,408	5,408	3,050
The Bernard Sunley Foundation	5,000	-	5,000	-
The Clothworks Foundation	15,000	-	15,000	-
Toynbee Hall	125,496	-	125,496	122,080
Valero Energy	-	1,000	1,000	-
Wakefield & Tetley Trust	-	-	-	3,000
Worship Company of Tin Plates	-	-	-	10,000
	<u>233,193</u>	<u>28,159</u>	<u>261,352</u>	<u>256,918</u>
Analysis by fund				
Unrestricted funds	149,996	-	149,996	140,830
Restricted funds	83,197	28,159	111,356	116,088
	<u>233,193</u>	<u>28,159</u>	<u>261,352</u>	<u>256,918</u>
For the year ended 31 March 2022				
Unrestricted funds	140,830	-		140,830
Restricted funds	94,538	21,550		116,088
	<u>235,368</u>	<u>21,550</u>		<u>256,918</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

5 Investments

	Unrestricted funds £	Total 2023 £	Total 2022 £
Bank Interest	450	450	22
	<u>450</u>	<u>450</u>	<u>22</u>
For the year ended 31 March 2022	<u>22</u>		<u>22</u>

6 Raising funds

	Unrestricted funds £	Total 2023 £	Total 2022 £
Staff costs	7,992	7,992	7,722
Other direct expenditure	8,045	8,045	3,500
Minibus expenses	-	-	100
Support costs	2,315	2,315	1,946
Governance costs	193	193	118
	<u>18,545</u>	<u>18,545</u>	<u>13,386</u>
For the year ended 31 March 2022			
Fundraising and publicity	<u>13,386</u>		<u>13,386</u>
	<u>13,386</u>		<u>13,386</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

7 Charitable activities

	Healthy living and linkage plus £	Family and children's activities £	Total 2023 £	Total 2022 £
Staff costs	156,408	-	156,408	173,016
Depreciation	2,602	-	2,602	3,469
Minibus expenses	9,154	-	9,154	5,776
Other direct expenditure	49,619	25,328	74,947	89,331
	<u>217,783</u>	<u>25,328</u>	<u>243,111</u>	<u>271,592</u>
Share of support costs (see note 8)	31,430	3,654	35,084	46,666
Share of governance costs (see note 8)	2,622	305	2,927	2,822
	<u>251,835</u>	<u>29,287</u>	<u>281,122</u>	<u>321,080</u>
Analysis by fund				
Unrestricted funds	155,896	3,959	159,855	182,363
Restricted funds	95,939	25,328	121,267	138,717
	<u>251,835</u>	<u>29,287</u>	<u>281,122</u>	<u>321,080</u>
For the year ended 31 March 2022				
Unrestricted funds	166,312	16,051		182,363
Restricted funds	138,717	-		138,717
	<u>305,029</u>	<u>16,051</u>		<u>321,080</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

8 Support costs

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between charity's key activity undertaken in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of direct costs allocated to each activity.

	Support costs	Governance costs	Total	Total
	£	£	2023	2022
			£	£
Office and administration staff	25,525	-	25,525	28,672
Depreciation	3,325	-	3,325	3,124
Premises and equipment cost	-	-	-	128
Communication and IT costs	6,945	-	6,945	8,579
Legal and professional expense	1,604	-	1,604	6,650
Miscellaneous expenses	-	-	-	1,459
Independent Examiner's fees	-	3,120	3,120	2,940
	<u>37,399</u>	<u>3,120</u>	<u>40,519</u>	<u>51,552</u>
Analysed between				
Fundraising	2,315	193	2,508	2,064
Charitable activities	35,084	2,927	38,011	49,488
	<u>37,399</u>	<u>3,120</u>	<u>40,519</u>	<u>51,552</u>

9 Net movement in funds

	2023	2022
	£	£
Net movement in funds is stated after charging/(crediting)		
Depreciation on tangible fixed assets	5,927	6,593
<u>Independent Examiner's fees</u>		
Independent Examination	2,040	1,920
Other Services	1,080	1,020
	<u>3,120</u>	<u>2,940</u>

10 Employees

The average monthly number of staff employed by the charity (full time equivalent) during the year was as follows:

	2023	2022
	Number	Number
Heathy living and Linkage Plus	6.00	6.60
Administration	1.40	1.40
Total	<u>7.40</u>	<u>8.00</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

10 Employees (Continued)

Employment costs	2023 £	2022 £
Salaries	179,232	196,392
Social security costs	9,291	11,604
Pension	1,402	1,414
	<u>189,925</u>	<u>209,410</u>

No trustee or member of the Management Committee received any remuneration or reimbursed expenses during the year (2022 - £Nil).

The key management personnel of the charity comprise the manager. The total employee benefits of the key management personnel of the charity were £39,888 during the year (2022 - £38,610).

There were no employees whose annual remuneration was more than £60,000.

11 Tangible fixed assets

	Equipment £	Minibuses £	Total £
Cost			
At 1 April 2022	22,049	69,491	91,540
Additions	798	-	798
At 31 March 2023	<u>22,847</u>	<u>69,491</u>	<u>92,338</u>
Depreciation and impairment			
At 1 April 2022	15,142	59,084	74,226
Depreciation charged in the year	3,325	2,602	5,927
At 31 March 2023	<u>18,467</u>	<u>61,686</u>	<u>80,153</u>
Carrying amount			
At 31 March 2023	<u>4,380</u>	<u>7,805</u>	<u>12,185</u>
At 31 March 2022	<u>6,907</u>	<u>10,407</u>	<u>17,314</u>

12 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	33,950	39,770
Other debtors	31,728	-
Prepayments	2,372	2,243
	<u>68,050</u>	<u>42,013</u>

NEIGHBOURS IN POPLAR**NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)**
FOR THE YEAR ENDED 31 MARCH 2023**13 Creditors: amounts falling due within one year**

	2023	2022
	£	£
Taxation and social security	1,747	3,709
Trade creditors	733	-
Other creditors	588	-
Accruals	3,120	2,940
	<u>6,188</u>	<u>6,649</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

14 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds				
	Balance at 1 April 2021	Incoming resources	Resources expended	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 31 March 2023
	£	£	£	£	£	£	£	£
Staff costs	76,684	-	-	76,684	-	-	(76,684)	-
Healthy Living & Linkage plus	96,871	94,538	(119,142)	72,267	43,197	(86,064)	-	29,400
Family and children's activities	-	21,550	(16,106)	5,444	28,159	(32,601)	-	1,002
Capital Grants Fund - Minibus	13,876	-	(3,469)	10,407	40,000	(2,602)	-	47,805
	<u>187,431</u>	<u>116,088</u>	<u>(138,717)</u>	<u>164,802</u>	<u>111,356</u>	<u>(121,267)</u>	<u>(76,684)</u>	<u>78,207</u>

Description, nature, and purpose of restricted funds:

Healthy Living & Linkage Plus: These two projects have been set up to help improve the quality of lives of the older people in the Isle of Dogs & Poplar and health in the community per se. The funding covers the work of the outreach team and the cost of running the hubs and centres of activities.

Family and children's activities: This project provides important holiday and family based activities which run throughout the year. These include Christmas, summer and other key community projects, which enable Neighbours In Poplar to keep in touch with the local people of all ages cultures and faiths. This also include the homeless project.

Capital Grant Fund – Minibus: During the year, capital grants received for purchase of minibus amounting to £15,000 from The Clothworks Foundation, £20,000 from East End Community Foundation and £5,000 from Bernard Sunley. The capital grant has been carried forward for purchase of minibus.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

15 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds			
	Balance at 1 April 2022	Incoming resources	Transfers	Balance at 31 March 2023
	£	£	£	£
Staff costs	-	-	76,684	76,684
	<u>-</u>	<u>-</u>	<u>76,684</u>	<u>76,684</u>
	<u>-</u>	<u>-</u>	<u>76,684</u>	<u>76,684</u>
	<u><u>-</u></u>	<u><u>-</u></u>	<u><u>76,684</u></u>	<u><u>76,684</u></u>

Staff costs: Funding towards staff costs. Balance carried forward represents funds raised towards a manager/ fundraiser post.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

16 Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2023 £	Unrestricted funds £	Restricted funds £	Total 2022 £
Fund balances at 31 March 2023 are represented by:							
Tangible assets	4,380	-	7,805	12,185	6,907	10,407	17,314
Current assets/(liabilities)	65,956	76,684	70,402	213,042	64,305	154,395	218,700
	<u>70,336</u>	<u>76,684</u>	<u>78,207</u>	<u>225,227</u>	<u>71,212</u>	<u>164,802</u>	<u>236,014</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2023*

17 Related party transactions

During the year the charity received donations totalling £3,000 (2022 – £4,000) from one Trustee. Details of transactions with trustees and senior management are in note 10.

NEIGHBOURS IN POPLAR

England & Wales - Charity number 299843

Accounts

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST MARCH 2022

Charity No: 299843

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

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NEIGHBOURS IN POPLAR

TRUSTEES' REPORT

FOR THE YEAR ENDED 31ST MARCH 2022

The trustees present their annual report and financial statements of the charity for the year ended 31st March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OUR PURPOSE AND ACTIVITIES

To provide care and welfare to persons in need through the provision of amenities and recreation and leisure activities in the interest of social welfare.

Neighbours In Poplar came into being in October 1969, when some concerned people gathered together a large number of senior citizens in Pope John House for a Christmas Party. Because this was so successful and a need had obviously been met, volunteers began to meet regularly, visiting and providing necessary service for people living in the Poplar and Isle of Dogs area, Tower Hamlets, London E14.

OUR VISION STATEMENT

AIM:

1. To provide practical support and care for all vulnerable people living at home, regardless of age, race, gender, culture, disability, sexual orientation or gender identity. Our support and care would be complimentary to that provided by statutory services also.
2. We aim to provide disadvantaged children with breaks from their normal environment during the summer holidays. Our aim is also to involve members of our diverse community in working together to create an inclusive society.

Our area of concern is Poplar and the Isle of Dogs, keeping flexibility and need in mind.

OUR VISION: Neighbours in Poplar's vision is to enable vulnerable people, especially those living alone and often undocumented, to live fulfilling and meaningful lives. We aim to add quality, wellbeing, a sense of independence and meaning to the days of their lives helping to reduce isolation and loneliness where possible, by growing a sense of community within the areas we cover.

OBJECTIVES: We do this by the development, encouragement and training of dedicated staff and volunteers who visit and provide support for frail people in their homes.

VALUES:

- | | |
|--------------|--------------------------------|
| ✓ Welcoming | ✓ Willing to go the extra mile |
| ✓ Respectful | ✓ Compassionate |
| ✓ Honest | ✓ Dedicated |
| ✓ Inclusive | ✓ Caring |

Our volunteers

Volunteers are essential to the work and services of Neighbours in Poplar. Among other services they provide:

- Driving and escorting on one of our mini Buses;
- Befriending either in person or by telephone;
- Offering office support or volunteering for the cooking and delivery of our post-COVID meal project.
- Collecting shopping and medication for isolating and shielding clients

All are DBS checked and receive training to deliver their service! All follow best Health & Safety Practice.

NEIGHBOURS IN POPLAR
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2022

Achievements and Performance

Our main activities for the year ending March 2022 are as follows:

- 1) **LinkAge Plus:** We are into our first year of a three-year contract with the Borough's LinkAge Plus Project. This will enable us to continue to work with the over 60's in this area. Neighbours In Poplar is one of the four agencies covering the whole Borough of Tower Hamlets.

Last year we:

- Hosted 192 Lunch Hubs four times a week
 - Prepared 8,708 meals
 - Completed over 1,700 Home Visits
 - Hosted 654 Health and Social Activities
- 2) **Children:** A much appreciated Summer Programme of activities and trips took place.
 - 3) **Christmas:** At Christmas and the New Year, we organise a delivery of fresh meals to between 200 and 300 older people living alone, last year over 500 meals were cooked and delivered by volunteers to people signposted to us by Social Services, the Police, Health Centres and places of worship across the Borough.
 - 4) We are fundraising to buy a new Minibus.
 - 5) **Post-COVID Response Project:** From mid-March Neighbours In Poplar began to plan a four point response to the pandemic and have been able to provide a very valuable service to isolated and shielding people across the Borough. From 1st April 2021 to March 2022 we have delivered over 14,000 hot dinners.
 - 1,620 Food Parcels and Groceries delivered
 - 49,000 miles covered by our 'Deliveroo Angels'
 - 2,540 Telephone calls made to check on the vulnerable
 - Over 41,000 volunteer hours

Neighbours In Poplar service users comprise isolated older adults, people with disabilities, disadvantaged families living in poverty and / or with disabled children.

The Clinical Commissioning Group identifies high levels of poor physical and mental health in the area in which we work. Some of the health issues that are over-represented in Tower Hamlets, and which affect many of the people with whom Neighbours In Poplar works, include: heart disease; stroke, cancer; diabetes and smoking-related illness (particularly amongst the Bangladeshi community). A high number of over-60s are 'generally not in good health' and have been affected by the Pandemic.

Neighbours In Poplar develops long-term relationships of trust and friendship with our service users. We have been very effective at 'unpacking' the needs and apprehensions of vulnerable residents and overcoming these. Many of our service users are very reticent about using statutory services — they are proud and independent, and some feel that there is a stigma attached to using Social Services.

... Statement

In shaping our objectives for the year and planning our activities, the trustees have considered the charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PD2)'. The achievements and activities above demonstrate the public benefit arising through the charity's activities.

NEIGHBOURS IN POPLAR
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2022

Client Questionnaire

Clients were asked to complete a small survey, and from this we were given very useful feedback about their concerns and their satisfaction with our service.

The main issues raised were fear of Hospital admission, deteriorating independence and feeling unsafe in their own communities.

FINANCIAL REVIEW

The financial results for the year are set out in the Statements of Financial Activities on page 9. The charity recorded an overall deficit of £35,926 (2021 – net surplus of £92,223). The financial position at the year revealed by the Balance Sheet on page 10 shows net current assets or working capital of £218,700 (2021 – £251,308). The net book value of fixed assets held, all of which are used directly for charitable purposes, amounted to £17,314 (2021 – £20,632).

Principal funding sources

The charity aims to develop a diverse funding base for its activities. Neighbours In Poplar continues to attract funding for its various projects from a wide range of other sources — charitable trusts, private companies, individual donations, London Borough of Tower Hamlets and the charity's own income generating activities.

Investment powers and policy

The trustees have considered the most appropriate policy for investing surplus funds and have found that bank deposit accounts provide the appropriate combination of security, accessibility and income growth.

Reserves policy

The trustees consider it prudent to maintain an adequate level of unrestricted reserves to cover the charity's contractual commitments and provide sufficient working capital and have set this at a minimum of three months expenditure. The current level of funding is adequate to support the continuation of the charity in the medium term.

As of 31st March 2022, financial statements showed reserves of £236,014 (2021 - £271,940) of which £164,802 (2021 - £187,431) were restricted funds and £71,212 (2021 - £84,509) were unrestricted funds. The unrestricted funds not designated or invested in tangible fixed assets held by the charity are £64,305 (2021 - £77,753)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is an unincorporated association founded in 1969 and registered as a charity with the Charity Commission in 1988 (Charity no. 299843). The charity is established under a written constitution that established the objects and powers of the charity and is also governed under this constitution.

Recruitment and appointment of Trustees

The appointment of trustees is by a majority vote of the members of the Annual General Meeting.

Trustee induction and training

The trustees maintain a good working knowledge of charity and company law and best practice by regular reading of charity press articles and scrutiny of Charity Commission and other Government and voluntary organisation advisory websites. New trustees are given copies of the Memorandum and Articles of Association and copies of previous minutes and attend an induction session given by an experienced Trustee.

NEIGHBOURS IN POPLAR
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2022

Organisational Structure

The charity is governed by a Management Committee that meets bi-monthly. The Management Committee sets and reviews the organisational strategy, direction, staffing and resources. The day-to-day running of the charity is carried out by employed staff led by a manager who has delegated authority to run operations and take financial decisions up to £2,000. All cheque payment has two signatories – two Management Committee members are signatories and the Manager.

The organisation employs 4 full-time and 6 part-time members of staff. In addition, we have over 40 active volunteers who are essential to the delivery of LinkAge Plus and other projects in which the organisation is involved. These are all managed by the Manager.

Risk Management

The trustees actively review the major risks which the charity faces on a regular basis, and believe that maintaining reserves at the current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse circumstances. The trustees have also examined the operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Related parties

Charity receives generous donations from trustees.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Number: 299843

Trustees: Terry Simco – Chair
Remmie Williams – Vice Chair
Jessi-Mary Darroux
Chelsei Kelly
Diana Lane (Resigned June 2021)
Michael Zacsinsky
Shirley Meikle
Dr Ali Husain
Alex Campbell
Mary Monica Frost
Susan Blinman (Appointed 10th November 2021)
Lord Michael Cashman (Appointed 10th November 2021)
Leonard Sebastian (Appointed 10th November 2021)
Michaela Lewis (Appointed 11th May 2022)

Senior Management: Mandy Molyneux – Manager

Registered Office: 113 Poplar High Street, London E14 0AE

Independent Examiner: Mr Samir Shah, Ramon Lee Ltd, 93 Tabernacle Street, London EC2A 4BA

Bankers: National Westminster Bank Plc., 54 Marsh Wall, London E14 6LJ
Barclays Bank, 260/262 Chingford Mount Road, South Chingford, London E4 8JN

NEIGHBOURS IN POPLAR
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2022

TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and the financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

This report was approved by the trustees on 7 December 2022 and signed on its behalf:


.....

SISTER CHRISTINE FROST
TRUSTEE

REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF

NEIGHBOURS IN POPLAR

I report to the trustees on my examination of the financial statements of the charity for the year ended 31 March 2022, which are set out on pages 9 to 19.

This report is made solely to the charity's trustees, as a body, in accordance with the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my Independent Examination, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

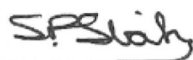
Independent Examiner's statement

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the ICAEW.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the financial statements did not accord with the accounting records; or
- the financial statements did not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



SAMIR SHAH – Chartered Accountant
RAMON LEE LTD
93 TABERNACLE STREET
LONDON EC2A 4BA

7 December 2022

NEIGHBOURS IN POPLAR
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2022
SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Unrestricted Funds	Restricted Funds	Total 2022	Total 2021
		£	£	£	£
Income					
Donations	2	41,600	-	41,600	46,882
Income from charitable activities	3	140,830	116,088	256,918	376,216
Investment income	4	22	-	22	61
Total income		<u>182,452</u>	<u>116,088</u>	<u>298,540</u>	<u>423,159</u>
Expenditure					
Cost of raising funds	5	13,386	-	13,386	8,663
Expenditure on charitable activities	5	182,363	138,717	321,080	322,273
Total expenditure		<u>195,749</u>	<u>138,717</u>	<u>334,466</u>	<u>330,936</u>
Net income/(expenditure) and net movement in funds for the year		(13,297)	(22,629)	(35,926)	92,223
<i>Reconciliation of funds</i>					
Total funds, brought forward		84,509	187,431	271,940	179,717
Total funds, carried forward		<u>71,212</u>	<u>164,802</u>	<u>236,014</u>	<u>271,940</u>

CONTINUING OPERATIONS

None of the charity's activities were acquired or discontinued during the above two financial periods.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the above movement in funds for the above two financial periods.

The notes on pages 11 to 19 form part of these financial statements

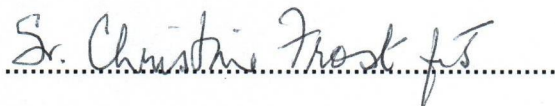
NEIGHBOURS IN POPLAR
BALANCE SHEET AS AT 31ST MARCH 2022

	Notes	2022		2021
		£	£	£
Fixed assets				
Tangible fixed assets	10		17,314	20,632
Current assets				
Debtors	11	42,013		40,232
Cash at bank and in hand		<u>183,336</u>	<u>222,006</u>	
		225,349	262,238	
Liabilities				
Creditors falling due with in one year	12	<u>(6,649)</u>	<u>(10,930)</u>	
Net current assets			218,700	251,308
Net assets		<u>236,014</u>	<u>271,940</u>	
The funds of the charity				
Unrestricted funds	13		71,212	84,509
Restricted funds	13		164,802	187,431
Total charity funds		<u>236,014</u>	<u>271,940</u>	

Approved by the trustees on 7 December 2022 and were signed on its behalf by:

.....


REMMIE WILLIAMS
TRUSTEE

.....


SISTER CHRISTINE FROST
TRUSTEE

The notes on pages 11 to 19 form part of these financial statements

NEIGHBOURS IN POPLAR
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2022

1. ACCOUNTING POLICIES

1.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Neighbours in Poplar meet the definition of a public benefit entity under FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these financial statements.

1.2 Preparation of financial statements on a going concern basis

The charity's Financial Statements show net deficit of £35,926 (2021 – net surplus £92,223) for the year and free reserves of £64,305 (2021 - £77,753). The trustees are of the view that these results have secured the immediate future of the charity for the next 12 to 18 months and on this basis the charity is a going concern.

1.3 Income

All income is included in the SOFA when the charity is legally entitled to it, receipt is probable, and the amount can be measured with sufficient reliability.

Grant income

Grants are credited to the SOFA when the charity is entitled to the funds. Income is only deferred where there are time constraints imposed by the donor or if the funding is performance related.

Where entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the income is recognised when there is sufficient evidence that conditions will be met.

Grants supporting the core activities of the charity and with no specific restrictions placed upon their use are included within donations and legacies. Grants that have specific restrictions placed upon their use are included within income from charitable activities.

Capital grants for the purchase of fixed assets are credited to restricted incoming resources on the earlier date of when they are received or receivable. Depreciation on the related fixed assets are charged against the restricted fund.

Donations and legacies

Donations are recognised in the period in which they are received. Legacy income is recognised when the charity's entitlement is judged to be probable and where the amount can be reliably measured.

1.4 Volunteers and donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised and refers to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (Cont/d)

FOR THE YEAR ENDED 31ST MARCH 2022

1.5 Expenditure recognition and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required, and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- (a) Cost of raising funds includes staff time used to raise grants and donations and their associated support costs.
- (b) Expenditure on charitable activities includes the costs directly associated running a community centre and other community programmes, to further the purposes of the charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1.6 Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back-office costs, finance and administration personnel, payroll and governance costs which support the Trust's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 6.

1.7 Funds structure

The general fund comprises those monies, which may be used toward meeting the charitable objectives of the charity at the discretion of the Management Board.

The restricted funds are monies raised for, and their use restricted to, a specific purpose or donations subject to donor imposed conditions.

1.8 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. The cost of minor additions or those costing less than £500 are not capitalised. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Minibuses	- 25% reducing balance basis
Equipment	- 25% straight line basis

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short term cash deposits.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Financial instruments

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (Cont/d)

FOR THE YEAR ENDED 31ST MARCH 2022

1.12 Taxation

The charity is a registered charity and, therefore, is not liable for Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

1.13 Judgement and key sources of estimation uncertainty

In the application of the company's accounting policies, the charity is required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

1.14 Cash flow statement

The charity qualifies as a small charity and advantage has been taken of the exemption provided by SORP (FRS 102) not to prepare a cash flow statement.

2. GRANTS AND DONATIONS

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Ballymore	-	-	-	5,000
Barry and Phawana Collins Foundation	3,000	-	3,000	-
Canary Wharf Group	3,000	-	3,000	-
Charities Trust	-	-	-	2,267
Coopers	1,440	-	1,440	-
East End Community Foundation	-	-	-	3,500
Local Community Fund	-	-	-	2,146
Poplar and Limehouse Health Network	4,000	-	4,000	-
Poplar Harca	15,050	-	15,050	-
Pears Foundation	-	-	-	10,000
Quaker Social Action	-	-	-	2,500
The Morgan Charitie Foundation	2,000	-	2,000	-
The paget trust	4,000	-	4,000	-
Valero Energy	-	-	-	1,000
Other donations	9,110	-	9,110	20,469
	41,600	-	41,600	46,882

Grants and donations income in 2021 totalling £46,882 was attributed to unrestricted funds.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (Cont/d)

FOR THE YEAR ENDED 31ST MARCH 2022

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<u>Healthy living & linkage plus:</u>				
Barry and Phawana Collins Foundation	-	-	-	2,000
Big Lottery Fund	-	-	-	19,938
Canary Wharf Group	-	1,000	1,000	1,972
City Bridge Trust	-	25,000	25,000	31,250
Coopers	-	-	-	1,000
East End Community Foundation	-	12,362	12,362	44,480
Esmee Fairbairn Foundation	-	3,000	3,000	-
Gough walk surgery	-	-	-	1,514
Ineos holdings	-	-	-	10,000
JP McManus Charity Foundation	-	2,000	2,000	-
London Borough of Tower Hamlets	18,750	12,500	31,250	-
London City Airport Community Fund	-	-	-	3,000
Poplar and Limehouse Health Network	-	-	-	8,500
Poplar Harca	-	-	-	44,672
The Grocers Charity	-	-	-	5,000
The Morgan Charitie Foundation	-	-	-	2,000
Toynbee Hall	122,080	-	122,080	122,080
Tower Hamlets Homes	-	-	-	7,000
Tower Hamlets Homes - Linkage Plus	-	-	-	18,750
Tower Hill Trust	-	-	-	5,500
Wakefield & Tetley Trust	-	3,000	3,000	3,450
Your Partners Through It All	-	-	-	2,000
Worship Company of Tin Plates	-	10,000	10,000	2,000
Anonymous organisational donations	-	5,750	5,750	-
Covid donations < £1,000	-	5,081	5,081	5,431
Other donations < £1,000	-	5,463	5,463	1,281
Other donations	-	-	-	4,500
Minibus donations	-	9,382	9,382	4,235
	<u>140,830</u>	<u>94,538</u>	<u>235,368</u>	<u>351,553</u>
<u>Family and children's activities</u>				
Barry and Phawana Collins Foundation	-	-	-	2,000
Canary Wharf Group	-	500	500	700
Coopers	-	1,000	1,000	-
JP McManus Charity Foundation	-	3,000	3,000	3,000
London Borough of Tower Hamlets	-	-	-	1,313
St John Southworth Caritas Fund	-	10,000	10,000	10,000
Anonymous organisational donations	-	1,000	1,000	-
Calais trip donations < £1,000	-	3,000	3,000	3,560
Christmas donations < £1,000	-	-	-	100
Summer project donations	-	3,050	3,050	750
Other donations	-	-	-	3,240
	<u>-</u>	<u>21,550</u>	<u>21,550</u>	<u>24,663</u>
	<u>140,830</u>	<u>116,088</u>	<u>256,918</u>	<u>376,216</u>

Income from charitable activities in 2021 totalling £376,216 was attributed to restricted funds.

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (Cont/d)

FOR THE YEAR ENDED 31ST MARCH 2022

4. INVESTMENT INCOME

	Unrestricted Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
Bank Interest	22	-	22	61
	<u>22</u>	<u>-</u>	<u>22</u>	<u>61</u>

Investment income in 2021 totalling £61 was attributed to unrestricted funds.

5. ANALYSIS OF EXPENDITURE

	Raising Funds £	Healthy living and linkage plus £	Family and children's activities £	Total 2022 £	Total 2021 £
Staff costs	7,722	173,016	-	180,738	181,870
Minibus expenses	100	9,245	-	9,345	14,236
Other direct expenditure	3,500	75,754	13,577	92,831	98,493
Support costs (Note 6)	1,946	44,333	2,333	48,612	33,577
Governance costs (Note 6)	118	2,681	141	2,940	2,760
	<u>13,386</u>	<u>305,029</u>	<u>16,051</u>	<u>334,466</u>	<u>330,936</u>

Of the £334,466 expenditure in 2022 (2021 - £330,936), £195,749 was charged to unrestricted funds (2021 - £45,019) and £138,717 to restricted funds (2021 - £285,917).

6. ANALYSIS OF SUPPORT AND GOVERNANCE COSTS

The charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between charity's key activity undertaken (see note 5) in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of direct costs allocated to each activity.

	General Support £	Governance Costs £	Total 2022 £	Total 2021 £
Office and administration staff	28,672	-	28,672	23,157
Premises and equipment cost	3,252	-	3,252	4,648
Communication and IT costs	8,579	-	8,579	3,375
Legal and professional expense	6,650	-	6,650	-
Miscellaneous expenses	1,459	-	1,459	2,397
Independent Examiner's fees	-	2,940	2,940	2,760
	<u>48,612</u>	<u>2,940</u>	<u>51,552</u>	<u>36,337</u>

NEIGHBOURS IN POPLAR
NOTES TO THE FINANCIAL STATEMENTS (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2022

7. NET INCOME/(EXPENDITURE) FOR THE YEAR

	2022	2021
	£	£
Net movement in funds is shown after charging:		
Independent Examiner's fees	2,940	2,760
Depreciation on tangible fixed assets	<u>6,593</u>	<u>8,913</u>

8. ANALYSIS OF STAFF COSTS, TRUSTEES REMUNERATION AND EXPENSES, AND COST OF KEY MANAGEMENT PERSONNEL

	2022	2021
	£	£
STAFF COSTS		
Salaries	196,392	192,189
Social security costs	11,604	11,284
Pension	1,414	1,554
	<u>209,410</u>	<u>205,027</u>

No employee received remuneration in excess of £60,000 during the year (2021 – £Nil).

No trustee or member of the Management Committee received any remuneration or reimbursed expenses during the year (2021 - £Nil).

The key management personnel of the charity comprise the manager. The total employee benefits of the key management personnel of the charity were £38,610 during the year (2021 - £37,480).

9. STAFF NUMBERS

The average monthly number of staff employed by the charity (full time equivalent) during the year was as follows:

	2022	2021
Heathy living and Linkage Plus	6.6	8.8
Administration	<u>1.4</u>	<u>2.2</u>
	<u>8.0</u>	<u>11.0</u>

NEIGHBOURS IN POPLAR
NOTES TO THE FINANCIAL STATEMENTS (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2022

10. TANGIBLE FIXED ASSETS

	2022	2021
	£	£
Net book value:		
Minibus	10,407	13,876
Equipment	6,907	6,756
	<u>17,314</u>	<u>20,632</u>

Movements in the period:

	Minibuses	Equipment	Total
	£	£	£
COST			
As at 1st April 2021	69,491	18,774	88,265
Additions during year	-	3,275	3,275
Disposals during year	-	-	-
As at 31st March 2022	<u>69,491</u>	<u>22,049</u>	<u>91,540</u>
DEPRECIATION			
As at 1st April 2021	55,615	12,018	67,633
Charge for the year	3,469	3,124	6,593
Disposals during year	-	-	-
As at 31st March 2022	<u>59,084</u>	<u>15,142</u>	<u>74,226</u>
NET BOOK VALUES			
As at 31st March 2022	<u>10,407</u>	<u>6,907</u>	<u>17,314</u>
As at 31st March 2021	<u>13,876</u>	<u>6,756</u>	<u>20,632</u>

11. DEBTORS

	2022	2021
	£	£
Debtors	39,770	36,770
Prepayments	2,243	3,462
	<u>42,013</u>	<u>40,232</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (Cont/d)

FOR THE YEAR ENDED 31ST MARCH 2022

12. CREDITORS: amounts falling due within one year

	2022	2021
	£	£
Taxation and social security	3,709	8,170
Accruals	2,940	2,760
	<u>6,649</u>	<u>10,930</u>

13. NET MOVEMENTS IN FUNDS

	Balance at 01.04.2021	Income	Expenditure	Balance at 31.03.2022
	£	£	£	£
Restricted funds:				
Staff costs	76,684	-	-	76,684
Healthy Living & Linkage plus	96,871	94,538	119,142	72,267
Family and children's activities	-	21,550	16,106	5,444
Fixed assets fund				
Capital Grants Fund - Minibus	13,876	-	3,469	10,407
	<u>187,431</u>	<u>116,088</u>	<u>138,717</u>	<u>164,802</u>
Unrestricted funds				
General funds	84,509	182,452	195,749	71,212
Total funds	<u>271,940</u>	<u>298,540</u>	<u>334,466</u>	<u>236,014</u>

Analysis of fund balances between net assets – previous year

	Balance at 01.04.2020	Income	Expenditure	Balance at 31.03.2021
	£	£	£	£
Restricted funds:				
Staff costs	76,684	-	-	76,684
Healthy Living & Linkage plus	-	351,553	254,682	96,871
Family and children's activities	1,098	24,663	25,761	-
Fixed assets fund				
Capital Grants Fund - Minibus	19,350	-	5,474	13,876
	<u>97,132</u>	<u>376,216</u>	<u>285,917</u>	<u>187,431</u>
Unrestricted funds				
General funds	82,585	46,943	45,019	84,509
Total funds	<u>179,717</u>	<u>423,159</u>	<u>330,936</u>	<u>271,940</u>

NEIGHBOURS IN POPLAR

NOTES TO THE FINANCIAL STATEMENTS (Cont/d)

FOR THE YEAR ENDED 31ST MARCH 2022

13. NET MOVEMENTS IN FUNDS (Cont/d)

Description, nature, and purpose of restricted funds:

Staff costs: Funding towards staff costs. Balance carried forward represents funds raised towards a manager/ fundraiser post.

Healthy Living & Linkage Plus: These two projects have been set up to help improve the quality of lives of the older people in the Isle of Dogs & Poplar and health in the community *per se*. The funding covers the work of the outreach team and the cost of running the hubs and centres of activities.

Family and children's activities: This project provides important holiday and family based activities which run throughout the year. These include Christmas, summer and other key community projects, which enable Neighbours In Poplar to keep in touch with the local people of all ages cultures and faiths. This also include the homeless project.

Capital Grant Fund – Minibus: Funding towards purchase of a minibus. Balance carried forward represents undepreciated costs.

Description, nature and purpose of unrestricted funds:

General funds: General fund represents funds available to spend at the discretion of the trustees.

14. ANALYSIS OF FUND BALANCES BETWEEN NET ASSETS

	Unrestricted Funds £	Restricted Funds £	Total 2022 £
Tangible fixed assets	6,907	10,407	17,314
Net Current assets	64,305	154,395	218,700
	71,212	164,802	236,014

Analysis of fund balances between net assets – previous year

	Unrestricted Funds £	Restricted Funds £	Total 2021 £
Tangible Fixed assets	6,756	13,876	20,632
Net Current assets	77,753	173,555	251,308
	84,509	187,431	271,940

15. RELATED PARTY TRANSACTIONS

During the year the charity received donations totalling £4,000 (2021 – £Nil) from one Trustee. Details of transactions with trustees and senior management are in Note 8.

Accounts

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT AND ACCOUNTS

FOR THE YEAR ENDED 31ST MARCH 2021

Charity No: 299843

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT AND ACCOUNTS

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Statement of Financial Activities	9
Balance Sheet	10
Notes to the Accounts	11 – 19

NEIGHBOURS IN POPLAR

TRUSTEES' REPORT

FOR THE YEAR ENDED 31ST MARCH 2021

The trustees present their annual report and financial statements of the charity for the year ended 31st March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's trust deed, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OUR PURPOSE AND ACTIVITIES

To provide care and welfare to persons in need through the provision of amenities and recreation and leisure activities in the interest of social welfare.

Neighbours In Poplar came into being in October 1969, when some concerned people gathered together a large number of senior citizens in Pope John House for a Christmas Party. Because this was so successful and a need had obviously been met, volunteers began to meet regularly, visiting and providing necessary service for people living in the Poplar and Isle of Dogs area, Tower Hamlets, London E14.

OUR VISION STATEMENT

AIM: To provide practical support and care for all vulnerable people living at home, regardless of age, race, gender, culture, or disability. Our support and care would be complimentary to that provided by statutory services also.

We aim to provide disadvantaged children with holiday breaks from their normal environment. Our aim is also to involve members of our diverse community in working together to create an inclusive society.

Our area of concern is Poplar and the Isle of Dogs - the six wards of E14 London Borough of Tower Hamlets.

OUR VISION: Neighbours in Poplar's vision is to enable vulnerable people, especially those living alone and often undocumented, to live fulfilling and meaningful lives. We aim to add quality, wellbeing, a sense of independence and meaning to the days of their lives helping to reduce isolation and loneliness, where possible by growing a sense of community within the areas we cover.

OBJECTIVES: We do this by the development, encouragement and training of dedicated staff and volunteers who visit and provide support for frail people in their homes.

VALUES:

- | | |
|--------------|--------------------------------|
| ✓ Welcoming | ✓ Willing to go the extra mile |
| ✓ Respectful | ✓ Compassionate |
| ✓ Honest | ✓ Dedicated |
| ✓ Inclusive | ✓ Caring |

Our volunteers

Volunteers are essential to the work and services of Neighbours In Poplar. Among other services they provide:

- Driving one of our mini Buses;
- Befriending either in person or by telephone;
- Offering office support or volunteering for Christmas meal cooking and delivery.
- Collecting shopping and medication for isolating and shielding clients
- Delivering weekly Hot Dinners

All are DBS checked and receive training to deliver their service! All follow best Health & Safety Practice.

NEIGHBOURS IN POPLAR
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

Achievements and Performance

Our main activities for the year ending March 2021 are as follows:

- 1) **LinkAge Plus:** We are into our second year of a three-year contract with the Borough's LinkAge Plus Project. This will enable us to continue to work with the over 60's in this area. Neighbours In Poplar is one of the four agencies covering the whole Borough of Tower Hamlets.

Last year we:
 - enabled 10,250 hours of volunteering each quarter.
 - Led on a COVID Response Project.
 - Delivered over 13,000 hot meals to vulnerable residents.
 - Held Zoom meetings with clients and staff.
- 2) **Children:** A much reduced Summer Programme of activities took place.
- 3) **Christmas:** At Christmas and the New Year, we organise a delivery of fresh meals to between 200 and 300 older people living alone in the Poplar and Isle of Dogs area, last year over 500 meals were cooked and delivered by volunteers to people signposted to us by Social Services, the Police, Health Centres and places of worship.
- 4) **Bridge House Trust:** Our Bridge House Project enabled us to grow our over 75 year old programme.
- 5) **COVID-19 Response Project:** From mid-March Neighbours In Poplar began to plan a four point response to the pandemic and have been able to provide a very valuable service to isolated and shielding people across the Borough. So far over 13,000 hot meals have been cooked and delivered by volunteers and:
 - 1,620 Food Parcels and Groceries delivered
 - 49,000 miles covered by our 'Deliveroo Angels'
 - 2,540 Telephone calls made to check on the vulnerable
 - Over 41,000 volunteer hours
- 6) We are fundraising to buy a new Minibus.

Neighbours In Poplar service users comprise isolated older adults, people with disabilities, disadvantaged families living in poverty and / or with disabled children.

The Clinical Commissioning Group identifies high levels of poor physical and mental health in the area in which we work. Some of the health issues that are over-represented in Tower Hamlets, and which affect many of the people with whom Neighbours In Poplar works, include: heart disease; stroke, cancer; diabetes and smoking-related illness (particularly amongst the Bangladeshi community). A high number of over-60s are 'generally not in good health' and have been affected by the Pandemic.

Neighbours In Poplar develops long-term relationships of trust and friendship with our service users. We have been effect at 'unpacking' the needs and apprehensions of vulnerable residents and overcoming these. Many of our service users are very reticent about using statutory services — they are proud and independent, and some feel that there is a stigma attached to using Social Services.

NEIGHBOURS IN POPLAR
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

Public benefit statement

In shaping our objectives for the year and planning our activities, the trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PD2)'. The achievements and activities above demonstrate the public benefit arising through the Charity's activities.

Client Questionnaire

Clients were asked to complete a small survey, and from this we were given very useful feedback about their concerns and their satisfaction with our service.

The main issues raised were fear of Hospital admission, deteriorating independence and feeling unsafe in their own communities.

FINANCIAL REVIEW

The financial results for the year are set out in the Statements of Financial Activities on page 9. The charity recorded an overall surplus of £92,223 (2020 – net deficit £51,878). The financial position at the year revealed by the Balance Sheet on page 10 shows net current assets or working capital of £251,308 (2020 – £155,943). The net book value of fixed assets held, all of which are used directly for charitable purposes, amounted to £20,632 (2020 – £23,774).

Principal funding sources

The charity aims to develop a diverse funding base for its activities. Neighbours In Poplar continues to attract funding for its various projects from a wide range of other sources — charitable trusts, private companies, individual donations, London Borough of Tower Hamlets and the charity's own income generating activities.

Investment powers and policy

The trustees have considered the most appropriate policy for investing surplus funds and have found that bank deposit accounts provide the appropriate combination of security, accessibility and income growth.

Reserves policy

The Trustees consider it prudent to maintain an adequate level of unrestricted reserves to cover the charity's contractual commitments and provide sufficient working capital and have set this at minimum of between three months expenditure. The current level of funding is adequate to support the continuation of the charity in the medium term.

As at 31st March 2021 accounts showed reserves of £271,940 (2020 - £179,717), of which £187,431 (2020 - £97,132) were restricted funds and £84,509 (2020 - £82,585) were unrestricted funds. The unrestricted funds not designated or invested in tangible fixed assets held by the charity are £77,753 (2020 - £78,161).

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The organisation is an unincorporated association founded in 1969 and registered as a charity with the Charity Commission in 1988 (Charity no. 299843). The charity is established under a written constitution that established the objects and powers of the charity and is also governed under this constitution.

Recruitment and appointment of Trustees

The appointment of trustees is by a majority vote of the members of the Annual General Meeting.

NEIGHBOURS IN POPLAR
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

Trustee induction and training

The Trustees maintain a good working knowledge of charity and company law and best practice by regular reading of charity press articles and scrutiny of Companies House, Charity Commission and other Government and voluntary organisation advisory websites. New Trustees are given copies of the Memorandum and Articles of Association and copies of previous minutes and attend an induction session given by an experienced Trustee.

Organisational Structure

The charity is governed by a Management Committee that meets bi-monthly. The Management Committee sets and reviews the organisational strategy, direction, staffing and resources. The day-to-day running of the charity is carried out by employed staff led by a Manager who has delegated authority to run operations and take financial decisions up to £2,000. All cheque payments have two signatories – two Management Committee members are signatories and the manager.

The organisation employs 4 full-time and 6 part-time members of staff. In addition, we have over 40 active volunteers who are essential to the delivery of LinkAge Plus and other projects in which the organisation is involved. These are all managed by the manager.

Risk Management

The trustees actively review the major risks which the charity faces on a regular basis, and believe that maintaining reserves at the current levels, combined with an annual review of the controls over key financial systems will provide sufficient resources in the event of adverse circumstances. The trustees have also examined the operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Related parties

During the year there were no related party transactions.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity Number:	299843
Trustees:	Terry Simco - Chair Remmie Williams – Vice Chair Jessica-Mary Darroux – Treasurer (Up to June 2020) Chelsei Kelly- Treasurer (From June 2020) Diana Lane – Secretary Michael Zacsinsky Shirley Meikle Dr Ali Hussain Alex Campbell Mary Monica Frost
Senior Management:	Mandy Molyneux – Manager – From June 2020 Mary Monica Frost – Resigned on 01.09.2020
Registered Office:	113 Poplar High Street, London E14 0AE
Independent Examiner:	Mr D Terry, Ramon Lee Ltd, 93 Tabernacle Street, London EC2A 4BA
Bankers:	National Westminster Bank Plc., 54 Marsh Wall, London E14 6LJ Barclays Bank, 260/262 Chingford Mount Road, South Chingford, London E4 8JN

NEIGHBOURS IN POPLAR
TRUSTEES' REPORT (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

TRUSTEES' RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

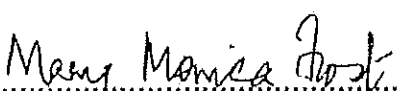
The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust Deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and the financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

This report was approved by the Trustees on 20th September 2021 and signed on its behalf:


.....
MARY MONICA FROST
TRUSTEE

REPORT OF THE INDEPENDENT EXAMINER TO THE TRUSTEES OF

NEIGHBOURS IN POPLAR

I report on the accounts of the charity for the year ended 31 March 2021, which are set out on pages 9 to 19.

This report is made solely to the charity's trustees, as a body, in accordance with the Charities Act 2011. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my Independent Examination, for this report, or for the opinions I have formed.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



D TERRY – Chartered Accountant
RAMON LEE LTD
93 TABERNACLE STREET
LONDON EC2A 4BA

20th September 2021

NEIGHBOURS IN POPLAR
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2021
SUMMARY INCOME AND EXPENDITURE ACCOUNT

	Notes	Unrestricted £	Restricted Funds £	2021 £	2020 £
Income					
Donations	2	46,882	-	46,882	40,020
Income from charitable activities	3	-	376,216	376,216	204,750
Investment income	4	61	-	61	263
Total income		<u>46,943</u>	<u>376,216</u>	<u>423,159</u>	<u>245,033</u>
Expenditure					
Cost of raising funds	5	8,663	-	8,663	330
Expenditure on charitable activities	5	36,356	285,917	322,273	296,581
Total expenditure		<u>45,019</u>	<u>285,917</u>	<u>330,936</u>	<u>296,911</u>
Net income/(expenditure) and net movement in funds for the year		1,924	90,299	92,223	(51,878)
<i>Reconciliation of funds</i>					
Total funds, brought forward		82,585	97,132	179,717	231,595
Total funds, carried forward		<u>84,509</u>	<u>187,431</u>	<u>271,940</u>	<u>179,717</u>

CONTINUING OPERATIONS

None of the Charity's activities were acquired or discontinued during the above two financial periods.

TOTAL RECOGNISED GAINS AND LOSSES

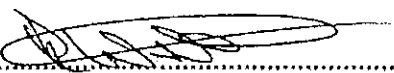
The charity has no recognised gains or losses other than the above movement in funds for the above two financial periods.

The notes on pages 11 to 19 form part of these accounts

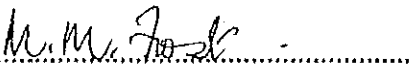
NEIGHBOURS IN POPLAR
BALANCE SHEET AS AT 31ST MARCH 2021

	Notes	£	2021 £	£	2020 £
Fixed assets					
Tangible fixed assets	10		20,632		23,774
Current assets					
Debtors	11	40,232		75,951	
Cash at bank and in hand		<u>222,006</u>		<u>86,991</u>	
		262,238		162,942	
Liabilities					
Creditors falling due with in one year	12	<u>10,930</u>		<u>6,999</u>	
Net current assets			251,308		155,943
Net assets			<u>271,940</u>		<u>179,717</u>
The funds of the charity					
Unrestricted funds	13		84,509		82,585
Restricted funds	13		187,431		97,132
Total charity funds			<u>271,940</u>		<u>179,717</u>

Approved by the Trustees on 20th September 2021 and were signed on its behalf by:

.....

REMMIE WILLIAMS
TRUSTEE

.....

MARY MONICA FROST
TRUSTEE

The notes on pages 11 to 19 form part of these accounts

NEIGHBOURS IN POPLAR
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2021

1. ACCOUNTING POLICIES

1.1 Basis of preparation of accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Neighbours in Poplar meet the definition of a public benefit entity under FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

1.2 Preparation of accounts on a going concern basis

The Charity's Financial Statements show net surplus of £92,223 (2020 – net deficit £51,878) for the year and free reserves of £77,753 (2020 - £78,161). The trustees are of the view that these results have secured the immediate future of the Charity for the next 12 to 18 months and on this basis the Charity is a going concern.

1.3 Income

All income is included in the SOFA when the charity is legally entitled to it, receipt is probable and the amount can be measured with sufficient reliability.

Grant income

Grants are credited to the SOFA when the charity is entitled to the funds. Income is only deferred where there are time constraints imposed by the donor or if the funding is performance related.

Where entitlement to grants receivable is dependent upon fulfilment of conditions within the charity's control, the income is recognised when there is sufficient evidence that conditions will be met.

Grants supporting the core activities of the charity and with no specific restrictions placed upon their use are included within donations and legacies. Grants that have specific restrictions placed upon their use are included within income from charitable activities.

Capital grants for the purchase of fixed assets are credited to restricted incoming resources on the earlier date of when they are received or receivable. Depreciation on the related fixed assets are charged against the restricted fund.

Donations and legacies

Donations are recognised in the period in which they are received. Legacy income is recognised when the charity's entitlement is judged to be probable and where the amount can be reliably measured.

1.4 Volunteers and donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), the general volunteer time is not recognised and refers to the trustees' annual report for more information about their contribution.

On receipt, donated professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt. No such donations were received during the year.

NEIGHBOURS IN POPLAR
NOTES TO THE ACCOUNTS (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

1.5 Expenditure recognition and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure is classified under the following activity headings:

- (a) Cost of raising funds includes staff time used to raise grants and donations and their associated support costs.
- (b) Expenditure on charitable activities includes the costs directly associated running a community centre and other community programmes, to further the purposes of the Charity and their associated support costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

1.6 Allocation of support costs

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include back office costs, finance and administration personnel, payroll and governance costs which support the Trust's programmes and activities. These costs have been allocated between cost of raising funds and expenditure on charitable activities. The basis on which support costs have been allocated are set out in note 6.

1.7 Funds structure

The general fund comprises those monies, which may be used toward meeting the charitable objectives of the Charity at the discretion of the Management Board.

The restricted funds are monies raised for, and their use restricted to, a specific purpose or donations subject to donor imposed conditions.

1.8 Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. The cost of minor additions or those costing less than £500 are not capitalised. Depreciation is provided at rates calculated to write off the cost or valuation of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

Minibuses	- 25% reducing balance basis
Equipment	- 25% straight line basis

1.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short term cash deposits.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Financial instruments

The Trust only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

NEIGHBOURS IN POPLAR

NOTES TO THE ACCOUNTS (Cont/d)

FOR THE YEAR ENDED 31ST MARCH 2021

1.12 Taxation

The Charity is a registered charity and, therefore, is not liable for Income Tax or Corporation Tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

1.13 Judgement and key sources of estimation uncertainty

In the application of the company's accounting policies, the charity is required to make judgments, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

1.14 Cash flow statement

The charity qualifies as a small charity and advantage has been taken of the exemption provided by SORP (FRS 102) not to prepare a cash flow statement.

2. GRANTS AND DONATIONS

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Ballymore	5,000	-	5,000	-
East End Community Foundation	3,500	-	3,500	6,500
Quaker Social Action	2,500	-	2,500	-
Charities Trust	2,267	-	2,267	1,000
Local Community Fund	2,146	-	2,146	-
Valero Energy	1,000	-	1,000	-
Pears Foundation	10,000	-	10,000	-
Asda Foundation	-	-	-	1,000
Barry and Phawana Collins Foundation	-	-	-	1,000
Canary Wharf Group	-	-	-	1,000
Esmee Fairbairn Foundation	-	-	-	1,000
The J & D Hambro Charitable Trust	-	-	-	2,000
Queen Mary University	-	-	-	1,220
Oakray Limited	-	-	-	1,800
Anonymous individual donations	-	-	-	1,000
Anonymous organisational donations	-	-	-	11,800
Minibus donations < £1,000	-	-	-	1,460
50th Anniversary donations <£1,000	-	-	-	490
Other donations < £1,000	20,469	-	20,469	8,750
	<u>46,882</u>	<u>-</u>	<u>46,882</u>	<u>40,020</u>

Grants and donations income in 2020 totalling £40,020 was attributed to £22,720 unrestricted funds and £17,300 restricted funds.

NEIGHBOURS IN POPLAR
NOTES TO THE ACCOUNTS (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
<i>Healthy living & linkage plus:</i>				
Toynbee Hall	-	122,080	122,080	122,080
East End Community Foundation	-	44,480	44,480	-
Poplar Harca	-	44,672	44,672	-
City Bridge Trust	-	31,250	31,250	7,125
Tower Hamlets Homes	-	7,000	7,000	-
Tower Hamlets Homes - Linkage Plus	-	18,750	18,750	-
Big Lottery Fund	-	19,938	19,938	-
Ineos holdings	-	10,000	10,000	-
Poplar and Limehouse Health Network	-	8,500	8,500	8,910
Tower Hill Trust	-	5,500	5,500	-
The Grocers Charity	-	5,000	5,000	-
Trustee Wakefield and Tetley Trust	-	3,450	3,450	3,450
London City Airport Community Fund	-	3,000	3,000	-
Barry and Phawana Collins Foundation	-	2,000	2,000	-
Your Partners Through It All Community Fur	-	2,000	2,000	-
Worship Company of Tin Plates	-	2,000	2,000	-
The Morgan Charitie Foundation	-	2,000	2,000	-
Canary Wharf Group	-	1,972	1,972	1,000
Gough Walk Surgery	-	1,514	1,514	-
Coopers	-	1,000	1,000	-
London Borough of Tower Hamlets	-	-	-	12,500
The Paget Trust	-	-	-	4,000
Asda Foundation	-	-	-	500
User contributions	-	-	-	2,853
Covid donations < £1,000	-	5,431	5,431	-
Minibus donations < £1,000	-	4,235	4,235	-
Other donations < £1,000	-	1,281	1,281	5,209
Other donations	-	4,500	4,500	-
	-	351,553	351,553	167,627
<i>Family and children's activities</i>				
St John Southworth Caritas Fund	-	10,000	10,000	-
JP McManus Charity Foundation	-	3,000	3,000	3,000
Barry and Phawana Collins Foundation	-	2,000	2,000	2,750
London Borough of Tower Hamlets	-	1,313	1,313	10,125
Canary Wharf Group	-	700	700	-
Ballymore	-	-	-	4,750
Coopers	-	-	-	2,000
Good Things Foundation	-	-	-	6,416
Poplar and Limehouse Health Network	-	-	-	755
J B Riney	-	-	-	2,000
Christmas donations < £1,000	-	100	100	200
Summer project donations < £1,000	-	750	750	2,375
Calais trip donations < £1,000	-	3,560	3,560	1,000
Crisis donations < £1,000	-	-	-	902
English MyWay donations < £1,000	-	-	-	850
Other donations < £1,000	-	240	240	-
Other donations	-	3,000	3,000	-
	-	24,663	24,663	37,123
	-	376,216	376,216	204,750

Income from charitable activities in 2020 totalling £204,750 was attributed to £2,853 unrestricted funds and £201,897 restricted funds.

NEIGHBOURS IN POPLAR
NOTES TO THE ACCOUNTS (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

4. INVESTMENT INCEOME

	Unrestricted Funds £	Restricted Funds £	2021 £	2020 £
Bank Interest	61	-	61	263
	<u>61</u>	<u>-</u>	<u>61</u>	<u>263</u>

Investment income in 2020 totalling £263 was attributed unrestricted funds.

5. ANALYSIS OF EXPENDITURE

	Raising Funds £	Healthy living and linkage plus £	Family and children's activities £	2021 £	2020 £
Staff costs	7,496	174,374	-	181,870	104,796
Minibus expenses	-	14,236	-	14,236	18,196
Other direct expenditure	216	77,445	20,832	98,493	71,514
Support costs (Note 6)	879	30,324	2,374	33,577	99,765
Governance costs (Note 6)	72	2,493	195	2,760	2,640
	<u>8,663</u>	<u>298,872</u>	<u>23,401</u>	<u>330,936</u>	<u>296,911</u>

Of the £330,936 expenditure in 2021 (2020 - £296,911), £45,019 was charged to unrestricted funds (2020 - £57,237) and £285,917 to restricted funds (2020 - £239,674).

6. ANALYSIS OF SUPPORT AND GOVENANCE COSTS

The Charity initially identifies the costs of its support functions. It then identifies those costs which relate to the governance function. Governance costs and other support costs are apportioned separately between charity's key activity undertaken (see note 5) in the year. All the general support and governance costs have been apportioned to the various charitable activities on the basis of direct costs allocated to each activity.

	General Support £	Governance Costs £	2021 £	2020 £
Office and administration staff	23,157	-	23,157	82,445
Premises and equipment costs	4,648	-	4,648	7,332
Communication and IT costs	3,375	-	3,375	7,524
Legal and professional costs	-	-	-	30
Miscellaneous expenses	2,397	-	2,397	2,434
Independent Examiner's fees	-	2,760	2,760	2,640
	<u>33,577</u>	<u>2,760</u>	<u>36,337</u>	<u>102,405</u>

NEIGHBOURS IN POPLAR
NOTES TO THE ACCOUNTS (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

7. NET INCOME/(EXPENDITURE) FOR THE YEAR

	2021 £	2020 £
Net movement in funds is shown after charging:		
Independent examiner's fee	2,760	2,640
Depreciation on tangible fixed assets	<u>8,913</u>	<u>9,651</u>

8. ANALYSIS OF STAFF COSTS, TRUSTEES REMUNERATION AND EXPENSES, AND COST OF KEY MANAGEMENT PERSONNEL

	2021 £	2020 £
STAFF COSTS		
Salaries	192,189	175,553
Social security costs	11,284	10,076
Pension	1,554	1,612
	<u>205,027</u>	<u>187,241</u>

No employee received remuneration in excess of £60,000 during the year (2020 – £Nil).

No trustee or member of the Management Committee received any remuneration or reimbursed expenses during the year (2020 - £Nil).

The key management personnel of the charity comprise the manager. The total employee benefits of the key management personnel of the charity were £37,480 during the year (2020 - £Nil).

9. STAFF NUMBERS

The average monthly number of staff employed by the charity (full time equivalent) during the year was as follows:

	2021	2020
Heathy living and Linkage Plus	8.8	6.3
Family and Children activities	-	0.1
Administration	2.2	0.8
	<u>11.0</u>	<u>7.2</u>

NEIGHBOURS IN POPLAR
NOTES TO THE ACCOUNTS (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

10. TANGIBLE FIXED ASSETS

	2021 £	2020 £
Net book value:		
Minibus	13,876	21,297
Equipment	6,756	2,477
	<u>20,632</u>	<u>23,774</u>

Movements in the period:

	Minibuses £	Equipment £	Total £
COST			
As at 1st April 2020	97,421	10,207	107,628
Additions during year	-	8,567	8,567
Disposals during year	(27,930)	-	(27,930)
As at 31st March 2021	<u>69,491</u>	<u>18,774</u>	<u>88,265</u>
DEPRECIATION			
As at 1st April 2020	76,124	7,730	83,854
Charge for the year	4,625	4,288	8,913
Disposals during year	(25,134)	-	(25,134)
As at 31st March 2021	<u>55,615</u>	<u>12,018</u>	<u>67,633</u>
NET BOOK VALUES			
As at 31st March 2021	<u>13,876</u>	<u>6,756</u>	<u>20,632</u>
As at 31st March 2020	<u>21,297</u>	<u>2,477</u>	<u>23,774</u>

11. DEBTORS

	2021 £	2020 £
Debtors	36,770	56,144
Other Debtors	-	16,158
Prepayments	3,462	3,649
	<u>40,232</u>	<u>75,951</u>

NEIGHBOURS IN POPLAR

NOTES TO THE ACCOUNTS (Cont/d)

FOR THE YEAR ENDED 31ST MARCH 2021

12. CREDITORS: amounts falling due within one year

	2021 £	2020 £
Taxation and social security	8,170	3,659
Accruals	2,760	3,340
	<u>10,930</u>	<u>6,999</u>

13. NET MOVEMENTS IN FUNDS

	Balance at 01.04.2020 £	Income £	Expenditure £	Balance at 31.03.2021 £
Restricted funds:				
Staff costs	76,684	-	-	76,684
Healthy Living & Linkage plus	-	351,553	254,682	96,871
Family and children's activities	1,098	24,663	25,761	-
Fixed assets fund				
Capital Grants Fund - Minibus	19,350	-	5,474	13,876
	<u>97,132</u>	<u>376,216</u>	<u>285,917</u>	<u>187,431</u>
Unrestricted funds				
General funds	82,585	46,943	45,019	84,509
Total funds	<u>179,717</u>	<u>423,159</u>	<u>330,936</u>	<u>271,940</u>

Analysis of fund balances between net assets – previous year

	Balance at 01.04.2019 £	Income £	Expenditure £	Balance at 31.03.2020 £
Restricted funds:				
Staff costs	70,184	6,500	-	76,684
50th Anniversary event	-	2,540	2,540	-
Healthy Living & Linkage plus	4,750	173,034	177,784	-
Family and children's activities	16,875	37,123	52,900	1,098
Fixed assets fund				
Capital Grants Fund - Minibus	25,800	-	6,450	19,350
Total restricted funds	<u>117,609</u>	<u>219,197</u>	<u>239,674</u>	<u>97,132</u>
Unrestricted funds				
General funds	113,986	25,836	57,237	82,585
Total funds	<u>231,595</u>	<u>245,033</u>	<u>296,911</u>	<u>179,717</u>

NEIGHBOURS IN POPLAR
NOTES TO THE ACCOUNTS (Cont/d)
FOR THE YEAR ENDED 31ST MARCH 2021

13. NET MOVEMENTS IN FUNDS – Cont/d

Description, nature and purpose of restricted funds:

Staff costs: Funding towards staff costs. Balance carried forward represents funds raised towards a manager/ fundraiser post.

Healthy Living & Linkage Plus: These two projects have been set up to help improve the quality of lives of the older people in the Isle of Dogs & Poplar and health in the community *per se*. The funding covers the work of the outreach team and the cost of running the hubs and centres of activities.

Family and children's activities: This project provides important holiday and family based activities which run throughout the year. These include Christmas, summer and other key community projects, which enable Neighbours In Poplar to keep in touch with the local people of all ages cultures and faiths. This also include the homeless project.

Capital Grant Fund – Minibus: Funding towards purchase of a minibus. Balance carried forward represents undepreciated costs.

Description, nature and purpose of unrestricted funds:

General funds: General fund represents funds available to spend at the discretion of the Trustees.

14. ANALYSIS OF FUND BALANCES BETWEEN NET ASSETS

	Unrestricted Funds £	Restricted Funds £	Total £
Tangible fixed assets	6,756	13,876	20,632
Net Current assets	77,753	173,555	251,308
	<u>84,509</u>	<u>187,431</u>	<u>271,940</u>

Analysis of fund balances between net assets – previous year

	Unrestricted Funds £	Restricted Funds £	Total £
Tangible Fixed assets	4,424	19,350	23,774
Net Current assets	78,161	77,782	155,943
	<u>82,585</u>	<u>97,132</u>	<u>179,717</u>

15. RELATED PARTY TRANSACTIONS

No related party transactions took place in the year (2020 – £Nil).