



# **Open Door, Young People's Consultation Service**

## **Trustees Annual Report and Unaudited Financial Statements Year ended 31 March 2022**

Charity registration - 299707

Company number - 02270443



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## Legal and administrative information

### Charity name

Open Door, Young People's Consultation Service

### Charity registration no.

299707

### Company registration no.

02270443

### Registered office and contact details

12 Middle Lane  
Crouch End  
London  
N8 8PL

### Trustees

Karen Simmons	Chair
Jacqueline Tefoglou	Treasurer
Claire Lindfield	Vice Chair
Angela Alabi	(appointed 13 October 2021)
Alex Ramos Boylan	(appointed 15 December 2021)
Scarlett MccGwire	
Judith Shuttleworth	
Janine Sternberg	

### Director

Julia Britton

### Bank

Barclays Bank Plc  
Crouch End Branch  
8 The Broadway  
London  
N8 9SX

Unity Trust Bank  
Nine Brindley Place  
Birmingham  
B1 2HB

### Independent examiner

Andy Nash Accounting & Consultancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

## Trustees annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of Open Door, Young People's Consultation Service for the year ended 31 March 2022.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

## Objectives and activities

Based in Haringey, north London, Open Door was founded in 1976 and incorporated as a registered charity on 21 July 1988 and a company limited by guarantee on 23 June 1988.

Open Door is dedicated to improving the mental health and emotional well-being of young people aged 12-24 in their transition through adolescence to adulthood. We aim to reduce the risk of suicide and self-harm and alleviate the effects of abuse, trauma and mental ill health. We aim to help young people feel more in control of their lives, make positive choices, fulfil their potential and prevent social exclusion. We also recognise the need to support parents and carers to better understand their adolescent and young adult children, improve relationships and prevent family breakdown. We aim to provide an inclusive service that works to remedy discrimination on any grounds. Open Door aims to ensure the delivery of effective evidence-based interventions through monitoring, evaluation and research and to contribute to service improvement more widely, including the support of specialist professional trainings in adolescent mental health.

To fulfil our objectives, Open Door undertakes the following activities:

- **Service provision** – Open Door provides a range of psychological therapies to young people aged 12-24 experiencing difficulties including: depression, anxiety, self-harm, sexual abuse and exploitation, bullying and violence, drug and alcohol misuse, problematic internet use and gender identity issues. We also offer specialist support for parents and carers facing the particular challenges of parenting teenagers and young adults.
- **Research, Evaluation and Dissemination** – Open Door undertakes comprehensive evaluation of all its therapeutic interventions as well as specific clinical research projects and disseminates findings in published papers, media reports and conference presentations.
- **Engagement in service improvement and training** – Open Door actively participates in local and national networks on behalf of its beneficiaries in order to improve service provision and raise awareness of adolescent mental health more widely. Open Door also supports professional trainings in adolescent mental health.

## Delivering Public Benefit

Open Door's objectives and activities fully reflect the purposes that the Charity was set up to further.

75% of adult mental health problems emerge by the age of 24, though many at-risk young people struggle to engage with statutory services which are often experienced as stigmatising and not-in-tune with their developmental needs. Open Door has a vital role to play in meeting the needs of local vulnerable young people aged 12-24 and by intervening early, prevent the continuation of difficulties into adulthood which can have profound and sometimes tragic consequences.

The Trustees have followed the guidance issued by the Charity Commission with regard to the public benefit arising from the activities undertaken by Open Door. The Trustees are satisfied that the services provided

by Open Door fully meet the principles of public benefit as set out in the Charity Commission Guidance.

## Context

Adolescence and the transition to adulthood is a period of massive change and development – biological, cognitive, social, and psychological. For some, it is a time of excitement, self-exploration, and expectation. For others it can be difficult, disheartening or even overwhelming. Rates of mental distress, eating-disorders, self-harm, and suicide are rising amongst teenagers and young adults and there is a growing consensus that we are experiencing a crisis in adolescent mental health and wellbeing made significantly more acute by the impact of the covid-19 pandemic. However, access to appropriate mental health support remains a real issue as highlighted by a 2020 Children's Society report revealing that 75% of young people with mental health problems are not receiving the help they need. This is not solely due to underfunding in the statutory sector. Young people tell us that they are reluctant to use services they perceive as 'medical' and stigmatising, are often difficult to access, do not always provide sufficient confidentiality, and are perceived as narrow and rigid in approach. Another key obstacle to engagement is that 18 is the age at which most young people must transition from child & adolescent to adult mental health services, described in numerous reports as a 'cliff edge' in support. Neuroimaging is confirming what many working with young people have known for some time, that adolescence does not end at the age of 18 and that the adolescent brain continues to develop into the mid-20s.

Drawing on more than four decades of frontline clinical work, Open Door recognises that young people struggling in their transition to adulthood require bespoke services up to the age of 25 which are in-tune with their developmental needs, can offer a choice of effective therapies within non-stigmatising settings that can be accessed by self-referral. We also recognise the need to extend our reach to the most marginalised and vulnerable young people in areas of deprivation and are continuing to develop our service in Tottenham alongside our more established base in Crouch End. We have further extended our reach by increasing our work in secondary schools and since the pandemic, have been able to offer online therapy alongside our face-to-face work.

Our own evidence from many years of clinical practice and evaluation suggests that whilst adolescence and early adulthood are periods of greater vulnerability, they are also periods when significant positive psychological change can occur; and with the right approach, in the right setting, the outcomes and life chances of young people can be significantly enhanced.

## Achievements and performance in the year

### Open Door's response to Covid-19

All our activities in 2021/22 took place against the backdrop of the coronavirus pandemic, presenting Open Door with unprecedented challenges to which we responded swiftly and effectively.

Throughout the two years of the pandemic, we offered as much covid secure face-to-face therapy as we could – whilst adjusting our practice in response to the fluctuations in health risk and government guidance. By late March 2022 we were offering between 85-90% of all appointments in person.

Open Door has emerged from the pandemic as a flexible blended service and will continue to offer both face-to-face and remote therapy based on clinical need, digital access, safety, and choice. Despite the unprecedented challenges presented by the pandemic, we managed to grow the service and reduce our waiting list during 2020/21. However, as the new financial year approached, we began to see the emergence of the anticipated 'covid surge' and a significant increase in referrals during 2021/22.

### What do we offer?

Open Door recognises that young people do not all experience emotional difficulties in the same way, nor do they all need or want the same kind of help. We have continued to offer a range of evidence-based interventions addressing mild to severe difficulties and we were able to offer psychotherapy, CBT (Cognitive Behaviour Therapy), trauma focussed CBT, mindfulness, family work, specialist psychotherapy for young people with special educational needs and disabilities and support for parents and carers.

Therapy was offered on a brief, medium and longer-term basis from a few sessions of crisis work to two

years weekly psychotherapy.

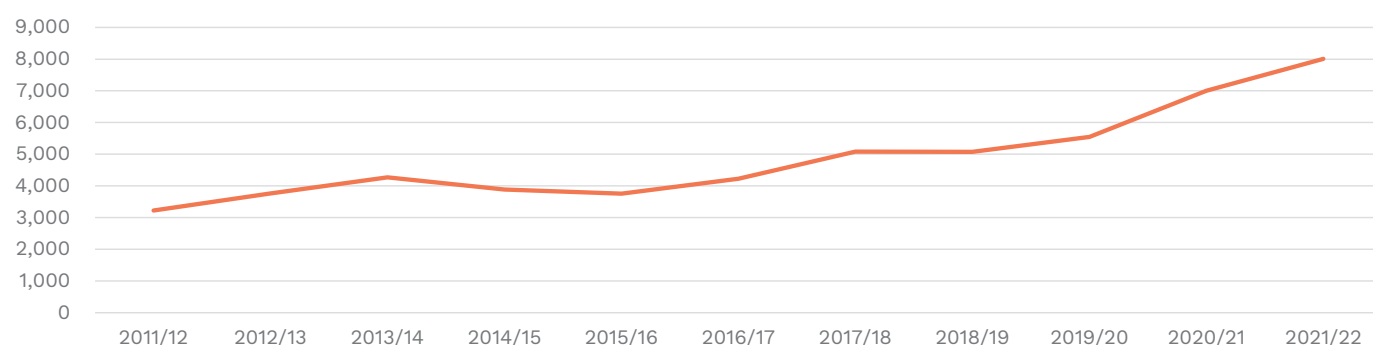
Therapy services were offered Monday-Friday 9am to 7pm at our Crouch End and Tottenham services and online. We also delivered therapy services in two secondary schools, face-to-face and online.

### Service delivery

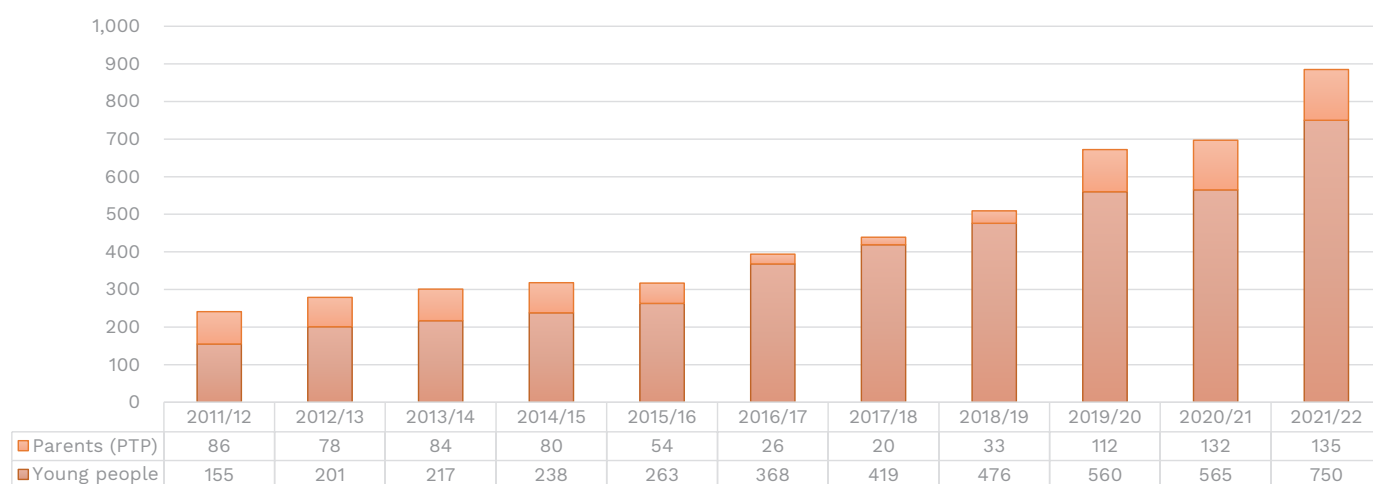
Despite the challenges of the pandemic Open Door achieved its highest ever annual level of service taking the number of clinical appointments offered to over 8,000 – a 44% increase over 3 years:

- 8,009 therapy appointments were offered to 750 young people, and 135 parents, a total of 885 service users.
- 78% of all appointments were attended across our services, an increase of 5% over 3 years.

**Number of appointments per year**



**Number of patients attending appointments per year**



### About our service users

Of the 750 young people who attended Open Door, 64% were from ethnic minorities and 55% of young people were from the more deprived east of the borough.

Our latest audit shows:

- 90% of young people accessing Open Door presented with low mood/depression and 96% with anxiety (including panic and PTSD).
- More than 50% of young people across our services reported suicidal thinking and self-harm.
- Family problems are reported by 70% of service users and 70% also report peer relationship difficulties.

- 53% of young people have difficulties with anger and aggression.
- More than a third (34%) of young people coming to Open Door are neurodiverse (this includes autism, ADHD, dyspraxia, dyslexia and other specific learning difficulties and disabilities).
- 39% of young people accessing our services had experienced abuse or neglect, rising to 51% of 18–24-year-olds. 16% of under-18s, and 24% of young adults have experienced domestic violence.

Such adverse childhood experiences put children and young people at significant risk in terms of future mental ill health, substance misuse, conduct and relationship difficulties if not addressed during these crucial years.

These figures support the evidence of the impact of these factors on the psychological health and wellbeing of children. What is encouraging is that so many parents come to the service able to talk about these issues.

Our latest audit showed that around 46% of parents of young people accessing Open Door, had 1 or more physical/mental health difficulties and/or misused alcohol or drugs. 26% of young people across the age range had parents with mental health difficulties.

### Outcomes

Open Door's therapy services are fully evaluated using therapist assessment, service user feedback and validated clinical outcome measures. Our latest six-year evaluation, completed in July 2022, shows positive outcomes across the service including:

- 65% of young people aged 12-18 experienced an improvement in low mood/depression. In 18–24-year-olds, this rose to 80%. For anxiety, the percentage improvement was 65% and 74% respectively.
- Almost 65% of young people reported reduction in self-harm.
- Over 70% of young people experienced an improvement in the quality of relationships. In the Parenting Teenagers Project, 67% of parents reported emotional and behavioural improvement in their teenagers with 94% attributing this to the help they received.

### Feedback from our service users

All young people complete a validated Experience of Service Questionnaire (CHI-ESQ) at the end of treatment.

- 94% agreed that the help they received was good;
- 99% felt listened to;
- 100% felt they were treated well; and,
- 96% would recommend the service to a friend.

Our survey into the experience of online therapy during the first lockdown (August 2020) revealed that 75% of young people would prefer face-to-face therapy and since fully re-opening, 85-90% are choosing to be seen in-person.

"I felt very safe and welcomed ... In other services I felt unable to open up due to being rushed by the limited number of sessions available, this was not the case at Open Door. It was also very beneficial having a therapist of colour as I felt more understood and less apprehensive talking about issues surrounding my experience with racism."

"I appreciated the smooth transition to online therapy and the fact that this was kept consistent in the hardest moments of lock down".



"The service is good and is really helping me. The fact that it is free and local is really important for young people".

"I gained insight in how my daughter maybe feeling and why she reacts in certain ways towards me. I felt the sessions helped me into a new chapter in my daughter's growth and gave me more confidence. Thank you".

## Projects

In addition to our core service, Open Door delivered two funded projects during 2021/22:

### Open Door Tottenham

Now in its ninth year, our Tottenham service remains key to our strategy of reaching into communities where access to mental health support has historically been low. We lease two rooms within a grade 2 listed building managed by The Trampery, a social enterprise specialising in shared workspaces across London promoting entrepreneurship, creativity, and community development. A higher number of clinical appointments were offered remotely during the pandemic as The Trampery was largely closed during periods of lockdown. Open Door receives funding from several charitable trusts/funds to support its work in Tottenham:

- BBC Children in Need is funding under 18s treatment with a grant of £104,081 over a three year period (running October 2021 to September 2024);
- a grant from the Peter Stebbings Memorial Charity for £9,000 funded core work (Sept21-Feb22);
- a grant from the Drapers Charitable Fund for £15,000 is funding the Young Adult Service (Oct21-Sept22); and,
- a grant from the National Lottery Communities Fund for £9,989 is also funding the Young Adult Service (Sept 21-Aug22).

This has helped fund 1,183 appointments for young people, parents, and carers in our Tottenham Service.

### New Narratives – working with young people and families affected by serious youth violence

In November 2018 we were awarded a small 2-year grant of £20,000 from the Evening Standard Dispossessed Fund to pilot a therapy project for young people and families affected by serious youth violence. The funding ended in December 2020. The outcomes of the pilot were very positive, and we were awarded £65,000 from North Central London (NCL) CCG to further develop the service in October 2021 of which £35k was used in 2021/22. We now have a dedicated small team of therapists working with some of the most marginalised and at-risk young people in Haringey. The project is increasing access to our service for boys and young men from ethnic minorities ; 80% of the project users have been male; 85% from ethnic minority backgrounds, 72% young people of colour, significantly higher than in our core service.

### Inequalities Fund

In October 2021, Open Door was part of Haringey's successful Inequalities Bid to secure funding from North Central London CCG. This multi-agency bid focuses on engaging children and young people who do not ordinarily access statutory CAMHS by funding sports, creative arts, and other activities. This also includes provision for Open Door's direct therapeutic work, focussing on young people via the lead organisation and Open Door will receive up to £130k over 2 years. We will be delivering direct clinical work, consultation with partner organisations and have secured a partnership with Tottenham Hotspur Foundation to deliver our 'Finding Your Feet' football groups.

### London Vanguard Violence Reduction Pilot

Open Door is a partner in North Central London (NCL) ICS's (Integrated Care System) successful bid to become a London Vanguard pilot site to develop co-produced trauma informed, mental health provision within the community for 0–25-year-olds at risk of or affected by youth violence which will run from 2021 to 2024. The project will focus on Tottenham, Edmonton, Finsbury Park and Caledonian Road – areas with

the highest levels of serious youth violence. £3million will come into NCL over 3 years out of the £10million Home Office and Youth Endowment Fund funding. Open Door will receive £50,000 per year over 2-3 years to work with parents and carers. Our work will start in 2022.

### Haringey Autism Hub

During 2021/22 Open Door developed a close partnership with #ActuallyHaringey Autism Hub and were commissioned to deliver a one day per week clinical service for 16–24-year-olds alongside social, educational, and training activities in a newly refurbished and co-designed hub for autistic adults. This is an important development given our commitment to health equality and the high numbers of autistic young adults we work with who need holistic support in their transition to adulthood. Our work in the hub will start in September 2022.

### Open Door Schools Service

The extended periods of school closure during the first year of the pandemic impacted on our ability to deliver on-site or remote therapy and we saw a 15% reduction in appointments in 2020/21. In 2021/22 we saw a real recovery and our service delivery increased by 61% on the previous year and 12% on pre-covid levels.

Our school service in Woodside High School increased from 4 to 5 days. Woodside High is an outstanding community-oriented school serving an area of high need and deprivation encompassing Wood Green and Tottenham. Our work in Newman Catholic College (Brent) also expanded with the appointment of a third clinical trainee.

In 2021/22 we worked with 92 students and offered 989 appointments across the two schools.

### Trainees/training

In 2021/22 we provided training placements to three NHS funded, ACP accredited Child and Adolescent Psychotherapy trainees in partnership with the Tavistock and Portman NHS Foundation Trust, IPCAPA (Independent Psychoanalytic Child and Adolescent Psychotherapy Association) and Barnet and Enfield NHS Mental Health Trust. Our school service in Brent is delivered by trainees from the Tavistock Clinic. In 2021/22 we also provided a training placement for a Counselling Psychologist from the University of East London. The clinical team has also benefitted from training in EMDR (a trauma intervention), Mindfulness and the 'Open Door Approach to Parenting Teenagers' model, as well as regular clinical supervision, team meetings and safeguarding training.

### Volunteers

Over the year, two volunteer therapists contributed to our clinical service. We had further voluntary input to the non-clinical aspects of the service including research, data analysis and evaluation for which we are extremely grateful.

### Research

We continued work on our Randomised Controlled Trial (RCT) research project into the efficacy of Open Door's manualised parenting intervention - the Open Door Approach to Parenting Teenagers (APT). We aim to conclude this research in 2022/23.

### Partnerships, Collaborations and Networks

In addition to our training partnerships, Open Door recognises the importance of participating in and developing networks in order to ensure that the mental health needs of young people continue to be represented in service development in the statutory and voluntary sectors. During 2021/22, Open Door remained a central member of the Haringey CAMHS Children and Young People's Expert Reference Group and was invited to join the Haringey Children and Young People's Mental Health and Wellbeing Executive. The CEO was also invited to be the voluntary sector representative on the North Central London CCG's Mental Health Service Review Programme Board overseeing the Strategic Review of Mental Health Services across Barnet, Enfield, Haringey, Camden, and Islington.

We continued to participate in specific strategy groups on issues including transitions from adolescent

to adult services, Looked After Children and Haringey's All Age Autism Strategy (2021-2031). Throughout the year, Open Door continued to participate in the Haringey Suicide Prevention Group and the borough's Voluntary and Community Sector Forum.

As part of our involvement in the national 4 week-waiting time initiative, Open Door participated in NHS England's proposed waiting time standard for children and young people's mental health.

### Rebranding, website and promotion

The COVID-19 pandemic highlighted the importance of online communication. Open Door decided to invest in a fresh looking, mobile phone friendly, easy to use website which young people, parents and carers could use not only to access our service, but also as a resource of support and for signposting.

We also needed a website which would inform funders and donors about our work and give them confidence in our capacity to deliver professional, evidence-based mental health treatment, responsive to the needs of young people, parents, and carers.

As a first step, brand creators **Bright & Bold** consulted with young people, staff, trustees, funders, and other stakeholders to develop new branding and publicity materials, emphasising Open Door's welcoming, warm and caring approach, and our commitment to transforming young lives through better mental health.

Local web designers, **Zambezi Digital** worked with Bright & Bold and Open Door to create the website, which went live on April 4th, 2022. One of the highlights of the new website is the short **promotional film** produced by the **Media Trust** and **City Bridge Trust**. Young people worked with director Kate Villevoe, sharing their stories and experiences of coming to Open Door. We hope the film will encourage more young people to seek help and give hope to those struggling with their mental health.

### Awards

Open Door won a Highly Commended runners up award in the category '**Outstanding Community Organisation of the Year**' at the **Haringey Community Impact Awards 2021** sponsored by the Bridge Renewal Trust and Haringey Council.

### Key Challenges:

#### Managing demand

Despite record levels of service delivery and income generation, meeting demand remained the biggest challenge facing us. We managed to grow the service by 14% compared to last year and 44% over the past 3 years. As predicted, there has been a 'covid surge' in referrals. By the end of 2021/22 referrals were up by 42% on pre-covid levels and our waiting list stood at over 200, its highest ever level.

Despite the significant growth in clinical capacity, we were once again not able to reverse our decision, taken in 2019/2020, to close our referrals to 23- and 24-year-olds.

### Fundraising/donations

To mark World Mental Health Day on October 10th, 2021, and Open Door's 45th Anniversary, staff, Trustees, volunteers, and supporters walked the Moselle River walk from our base in Crouch End to Open Door Tottenham raising £3,300. A local fundraiser, Rachel Speed, has run yoga sessions raising nearly £3,000. Other donations (individual and corporate) were made to the value of around £5,000, bringing total fundraising activity above the target of £10,000.

A very generous donation of £198,000 was awarded to Open Door in May 2018. The donor, who wishes to remain anonymous, stipulated that the money be spent within a maximum time frame of 5 years and that it be used to directly benefit the young people, parents and carers who access Open Door. Of this total amount, £42,000 was committed during 2018/19 and 2019/20 to support the continuation of the service provided to parents. The remaining amount was placed into a designated fund to support development of the service. A further £47,024 in 2020/21 and £80,613 in 2021/22 was committed to create additional clinical capacity in the young adult service (18-24-year olds).

Towards the end of the financial year, we successfully applied for £143,671 retrospective funding from

the Department of Health and Social Care's Suicide Prevention Fund which could be applied to eligible unfunded expenditure in 2021/22. Higher than anticipated income generation in 2021/22 has enabled us to carry forward all of the big donation funds allocated to that year into 2022/23 which has meant that once again, we are able to sustain the service expansion of the last 2 years. We have received confirmation from the donor that we can, if necessary, carry some of the donation into a sixth year, 2023/24, as long as we continue to use it to support clinical delivery.

The donor recognises that there may be indirect costs associated with building clinical capacity and organisational sustainability and recognises that it is for Open Door to make this judgement within the spirit of the gift, that it is used to give the maximum help it can to young people through increasing access to therapy. The terms of the donation make clear that this should exclude spending on upgrading computer systems.

We are extremely grateful to all our local fundraisers and donors.

## Structure, governance & management

Open Door is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Open Door is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 299707 (England and Wales) and the company registration number is 02270443 (England and Wales).

### Organisational Structure

Open Door's Board of Trustees meets 4 times per year and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day to day running of the Charity is delegated to the Chief Executive who is supported by a 2.2 FTE Senior Clinical Management Team and a 0.8 Operations Manager who report to the CEO. The CEO in turn reports to the Chair of Trustees.

### Selection and appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting.

The Trustees are directors of Open Door for the purpose of company law. Open Door Articles of Association require a minimum of 5 Trustees. Trustees meet at least 4 times per year with a quorum of 3 trustees.

Trustees who have served for more than three consecutive years in office must stand for re-appointment. Trustees can serve up to a maximum of three consecutive terms before they must stand down for at least 12 months before being eligible to stand for office again.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

### Trustee Induction and Training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required. All Trustees are DBS checked and undertake a Data Security Awareness training at induction. Those who do not have a current Safeguarding training, also undertake Level 2 Safeguarding training at induction.

### Staff remuneration

Staff salaries are set and reviewed by the board in line with other internal roles and similar organisations in the charitable and public sector. The Trustees are currently working to establish a formal remuneration

policy and this will be approved within the next twelve months.

## Risk management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems and processes have been established to mitigate those risks.

The main risks identified by the Trustees are currently in the areas of Income Generation and Leadership. These are detailed below:

### Income generation

- In 2021/22 we built on the successful expansion of the clinical service initiated in 2020/21 with additional funding from the NHS and a large donation. We managed to set a break-even budget for 2022/23 and are in a position to sustain the level of service for another year.

However, the sustainability of this expansion beyond 2022/23 is by no means assured and we are also at risk of over-dependence on NHS funding and our relationship with Haringey Commissioners. The Trustees and CEO agreed an income generation plan to address the need to diversify our income, set targets and maintained a bid writer. A rebranding and website re-design was successfully achieved in April 2022 to improve our online presence and potential fundraising opportunities.

- The CEO remains very involved in high level networking, is active in collaborating with relevant Haringey NHS and Local Authority bids and seeking every opportunity to build relationships across the new NCL ICS (North Central London Integrated Care System).

Given the level of our NHS funding and the reconfiguration of commissioning from CCGs to ICBs, we have been informed that there may be a tender for our contract in the coming year or next.

- The Board of Trustees, Operations Manager and CEO are ensuring that we are 'tender ready' – data quality, governance, financial management, etc.
- The competition for charitable funding is also more acute in the light of the pandemic.

### Leadership

- Our long-standing and effective CEO, Julia Britton, left Open Door in September 2022 after 17 years, 9 in the role of CEO and Head of Clinical Services.
- The Trustees and CEO decided to split this role to make it more sustainable given the growth of the service in recent years and the increasing complexity of the funding environment. We moved to a Co-Directorship from September 2022. Ruth Glover, Consultant Child & Adolescent Psychotherapist, took up the post of Clinical Director in June 2022. Claire Jebson was appointed as Interim Business Director in September 2022.

## Financial review

During the current financial year the Charity achieved a surplus of £8,236 (2021: deficit of £62,387). This resulted in total reserves increasing in the year to £770,313 (2021: £762,077).

The Trustees are satisfied with the financial performance of the Charity throughout the year.

Of the total reserves held at year end £759,063 (2021: £581,612) were unrestricted as to use, although only £289,800 (2021: £264,893) was available as general funds as a result of designations made to cover the net book value of fixed assets and to cover future development of the service.



## Reserves policy

The Trustees have set a reserves policy that the Charity should hold a minimum unrestricted general reserve equivalent to three months salary and overhead expenditure - approximately £210,000. The current level of £289,800 is safely above this level, but not deemed to be excessive.

## Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 5 to 15 of this document, as well as the legal and administrative information on page 4, meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

## Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 11 October 2022 and signed on its behalf by:



[Karen Simmons \(Oct 21, 2022 16:47 GMT+1\)](#)

**KAREN SIMMONS**

**CHAIR**

## Independent examiner's report

I report to the Trustees on my examination of the accounts of Open Door, Young People's Consultation Service (charity number 299707, company number 02270443) for the year ended 31 March 2022 which are set out on pages 18 to 35.

### Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

### Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities



preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**ANDREW PHILIP NASH ACA**

**MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833**

**DATED: 11 OCTOBER 2022**

Andy Nash Accounting & Consultancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

## Statement of financial activities

### Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 March 2022

		Unrestricted funds	Restricted funds	Total funds	Total funds
		Year ended 31 Mar 2022	Year ended 31 Mar 2022	Year ended 31 Mar 2022	Year ended 31 Mar 2021
	Notes	£	£	£	£
<b>Income from:</b>					
Donations and legacies	3	14,738	38,603	53,341	99,810
Charitable activities	4	780,054	-	780,054	526,965
Investments		196	-	196	291
<b>Total income</b>		<b>794,988</b>	<b>38,603</b>	<b>833,591</b>	627,066
<b>Expenditure on:</b>					
Raising funds	5 & 6	8,221	-	8,221	7,720
Charitable activities					
Psychotherapy services	5 & 7	774,531	42,603	817,134	681,733
<b>Total expenditure</b>		<b>782,752</b>	<b>42,603</b>	<b>825,355</b>	689,453
<b>Net income/(expenditure)</b>		<b>12,236</b>	<b>(4,000)</b>	<b>8,236</b>	(62,387)
<b>Transfer between funds</b>	12	165,215	(165,215)	-	-
<b>Net movement in funds</b>		<b>177,451</b>	<b>(169,215)</b>	<b>8,236</b>	(62,387)
<b>Reconciliation of funds:</b>					
Total funds brought forward	12 & 13	581,612	180,465	762,077	824,464
Total funds carried forward	12 & 13	<b>759,063</b>	<b>11,250</b>	<b>770,313</b>	762,077

The notes on pages 21 to 35 form part of the financial statements.

**Balance sheet**

As at 31 March 2022

	Notes	£	Total funds 31 Mar 2022 £	Total funds 31 Mar 2021 £
<b>Fixed assets:</b>				
Tangible assets	9		342,624	355,295
<b>Current assets:</b>				
Debtors & prepayments	10	115,823		22,671
Cash at bank and in hand		399,832		418,569
		<u>515,655</u>		<u>441,240</u>
<b>Liabilities:</b>				
<b>Creditors:</b>				
amounts falling due within one year	11	(87,966)		(34,458)
		<u></u>		<u></u>
<b>Net current assets/(liabilities)</b>			<b>427,689</b>	406,782
<b>Net assets/(liabilities)</b>			<b>770,313</b>	762,077
<b>The funds of the charity:</b>				
Restricted funds	12 & 13		11,250	180,465
Unrestricted funds				
General funds	12 & 13	289,800		264,893
Designated funds	12 & 13	469,263		316,719
		<u></u>		<u></u>
Unrestricted funds			<b>759,063</b>	581,612
Total charity funds			<b>770,313</b>	762,077

The notes on pages 21 to 35 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2022, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2022 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 11 October 2022 and signed on their behalf by:

*Karen Simmons*

Karen Simmons (Oct 21, 2022 16:47 GMT+1)

**KAREN SIMMONS**

**CHAIR**

## Statement of cash flows

For year ended 31 March 2022

	<b>Total Funds Year ended 31 Mar 2022 £</b>	<b>Total Funds Year ended 31 Mar 2021 £</b>
<b>Cash flows from operating activities:</b>		
Net income/(expenditure) for period (as per SOFA)	<b>8,236</b>	(62,387)
Adjustments for:		
Depreciation charges	15,120	10,270
Loss on disposal of fixed assets	-	1,776
Investment income	(196)	(291)
(Increase)/decrease in accounts receivables	(83,000)	(3,015)
(Increase)/decrease in accrued grant income	336	(336)
(Increase)/decrease in prepayments and other debtors	(10,488)	(4,080)
Increase/(decrease) in accounts payables	22,479	(6,317)
Increase/(decrease) in accruals	(2,763)	(8,231)
Increase/(decrease) in deferred income	32,759	(21,900)
Increase/(decrease) in HMRC & pension payable	1,033	6,757
	<b>(24,720)</b>	(25,367)
<b>Net cash used in operating activities</b>	<b>(16,484)</b>	(87,754)
<b>Cash flows from investing activities:</b>		
Purchase of fixed assets	(2,449)	(38,866)
Investment income	196	291
<b>Net cash used in investing activities</b>	<b>(2,253)</b>	(38,575)
<b>Net cash used in financing activities</b>	<b>-</b>	-
<b>Change in cash and cash equivalents in period</b>	<b>(18,737)</b>	(126,329)
<b>Cash and cash equivalents at the beginning of the period</b>	<b>418,569</b>	544,898
<b>Cash and cash equivalents at the end of the period</b>	<b>399,832</b>	418,569

The notes on pages 21 to 35 form part of the financial statements.

## Notes to the financial statements

### 1. Accounting policies

#### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 2, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2022, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2022 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing global COVID-19 pandemic and subsequent financial challenges have had no material impact on this assessment.

#### Legal status

Open Door, Young People's Consultation Service is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is 12 Middle Lane, Crouch End, London, N8 8PL.

#### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds are unrestricted funds which have been designated for a specific purpose by the Trustees. The aim and use of each designated fund is set out in note 12 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 12 of the financial statements.

#### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

## 1. Accounting policies (continued from previous page)

### Income (continued from previous page)

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities, including contract income and client fees, is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Interest is recorded when it is receivable.

### Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 5 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

Computers equipment	4 years
Fixtures & fittings	5 years

Freehold property is not depreciated.

### Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values but are not held for investment purposes.

### Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

1. Accounting policies (continued from previous page)

## Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

## Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

2. Comparative statement of financial activities

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2021	Year ended 31 Mar 2021	Year ended 31 Mar 2021
	£	£	£
Income from:			
Donations and legacies	45,110	54,700	99,810
Charitable activities	526,965	-	526,965
Investments	291	-	291
Total income	572,366	54,700	627,066
Expenditure on:			
Raising funds	7,720	-	7,720
Charitable activities			
Psychotherapy services	631,033	50,700	681,733
Total expenditure	638,753	50,700	689,453
Net income/(expenditure)	(66,387)	4,000	(62,387)
Transfer between funds	9,750	(9,750)	-
Net movement in funds	(56,637)	(5,750)	(62,387)
Reconciliation of funds:			
Total funds brought forward	638,249	186,215	824,464
Total funds carried forward	581,612	180,465	762,077

### 3. Income from donations and legacies

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2022	Year ended 31 Mar 2022	Year ended 31 Mar 2022
	£	£	£
Grants			
BBC Children in Need	-	17,108	17,108
Drapers Charitable Trust	-	7,500	7,500
National Lottery Community Fund	-	4,995	4,995
Peter Stebbing Charitable Trust	-	9,000	9,000
Grants	-	38,603	38,603
Donations	14,156	-	14,156
Coronavirus Job Retention Scheme	582	-	582
	14,738	38,603	53,341

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2021	Year ended 31 Mar 2021	Year ended 31 Mar 2021
	£	£	£
Grants			
Gilead Sciences	-	5,000	5,000
City Bridge Trust	-	35,700	35,700
Hornsey Parochial Charities	-	4,000	4,000
London Borough of Haringey	25,000	-	25,000
London Community Foundation	-	10,000	10,000
Grants	25,000	54,700	79,700
Donations	16,082	-	16,082
Coronavirus Job Retention Scheme	4,028	-	4,028
	45,110	54,700	99,810



4. Income from charitable activities

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Total funds</b>
	<b>Year ended</b>	<b>Year ended</b>	<b>Year ended</b>
	<b>31 Mar 2022</b>	<b>31 Mar 2022</b>	<b>31 Mar 2022</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Grants and contracts with statutory bodies			
Barnet, Enfield & Haringey NHS	86,667	-	<b>86,667</b>
Department of Health & Social Care	143,671	-	<b>143,671</b>
NHS North Central London	474,473	-	<b>474,473</b>
	<b>704,811</b>	<b>-</b>	<b>704,811</b>
Grants and contracts with statutory bodies			
Charges and fees	75,243	-	<b>75,243</b>
	<b>780,054</b>	<b>-</b>	<b>780,054</b>

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Total funds</b>
	<b>Year ended</b>	<b>Year ended</b>	<b>Year ended</b>
	<b>31 Mar 2021</b>	<b>31 Mar 2021</b>	<b>31 Mar 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Grants and contracts with statutory bodies			
NHS Haringey CCG/Haringey Council	474,473	-	474,473
Grants and contracts with statutory bodies	474,473	-	474,473
Charges and fees	52,492	-	52,492
	526,965	-	526,965

## 5. Total expenditure

	Direct staff costs	Direct other costs	Indirect costs	Total costs
	Year ended 31 Mar 2022	Year ended 31 Mar 2022	Year ended 31 Mar 2022	Year ended 31 Mar 2022
	£	£	£	£
Raising funds	-	7,201	1,020	8,221
Charitable activities				
Psychotherapy services	635,641	80,094	101,399	817,134
	<b>635,641</b>	<b>87,295</b>	<b>102,419</b>	<b>825,355</b>

	Direct staff costs	Direct other costs	Indirect costs	Total costs
	Year ended 31 Mar 2021	Year ended 31 Mar 2021	Year ended 31 Mar 2021	Year ended 31 Mar 2021
	£	£	£	£
Raising funds	-	6,567	1,153	7,720
Charitable activities				
Psychotherapy services	569,582	10,309	101,842	681,733
	<b>569,582</b>	<b>16,876</b>	<b>102,995</b>	<b>689,453</b>

Indirect costs, including governance costs, which cannot be directly attributed to activities, were allocated between cost centres proportionate to the direct staff and other costs allocated to those activities.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 6.

An analysis of charitable activities split between restricted and unrestricted funds can be found in note 7.

An analysis of staff costs can be found in note 8.

Indirect costs includes:

	Total costs	Total costs
	Year ended 31 Mar 2022	Year ended 31 Mar 2021
	£	£
Other staff costs	5,934	4,935
Premises costs	28,257	26,614
Administrative costs	11,417	13,626
IT and other professional services	19,978	29,915
Rebrand work	13,993	8,700
Governance costs	22,840	19,205
	<b>102,419</b>	<b>102,995</b>

**5. Total expenditure (continued from previous page)**

Governance costs includes:

	<b>Total costs Year ended 31 Mar 2022 £</b>	<b>Total costs Year ended 31 Mar 2021 £</b>
Insurance	<b>4,352</b>	4,732
Independent examination	<b>2,100</b>	2,100
Depreciation	<b>15,120</b>	10,270
Loss on write off of fixed assets	<b>-</b>	1,776
Other	<b>1,268</b>	327
	<b>22,840</b>	19,205

Other services provided by the independent examiner include the recharge of Xero software licences and interim payroll support for 10 months totalling £Nil (2021: £2,155) and support with setting up Xero totalling £Nil (2021: £1,800).

**6. Expenditure on raising funds**

	<b>Unrestricted funds Year ended 31 Mar 2022 £</b>	<b>Restricted funds Year ended 31 Mar 2022 £</b>	<b>Total funds Year ended 31 Mar 2022 £</b>
Direct other costs	7,201	-	<b>7,201</b>
Indirect costs	1,020	-	<b>1,020</b>
	<b>8,221</b>	<b>-</b>	<b>8,221</b>

	<b>Unrestricted funds Year ended 31 Mar 2021 £</b>	<b>Restricted funds Year ended 31 Mar 2021 £</b>	<b>Total funds Year ended 31 Mar 2021 £</b>
Direct other costs	6,567	-	6,567
Indirect costs	1,153	-	1,153
	<b>7,720</b>	<b>-</b>	<b>7,720</b>

## 7. Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2022	Year ended 31 Mar 2022	Year ended 31 Mar 2022
	£	£	£
Direct staff costs	602,501	33,140	635,641
Direct other costs	75,918	4,176	80,094
Indirect costs	96,112	5,287	101,399
	<b>774,531</b>	<b>42,603</b>	<b>817,134</b>

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2021	Year ended 31 Mar 2021	Year ended 31 Mar 2021
	£	£	£
Direct staff costs	527,223	42,359	569,582
Direct other costs	9,542	767	10,309
Indirect costs	94,268	7,574	101,842
	<b>631,033</b>	<b>50,700</b>	<b>681,733</b>

## 8. Staff costs

	Total costs	Total costs
	Year ended 31 Mar 2022	Year ended 31 Mar 2021
	£	£
Gross salaries	575,772	515,153
Employer's NIC	44,521	40,231
Employer's pension	15,348	14,198
	<b>635,641</b>	<b>569,582</b>

The average headcount during the period was 25 persons (2021: 23 persons).

One employee received employee benefits of between £70,000 and £79,999 (2021: 1 employee between £70,000 and £79,999).

The total employee benefits paid to key management personnel during the year was £80,701 (2021: £80,709).

9. Tangible fixed assets

	<b>Freehold property</b>	<b>Computer equipment</b>	<b>Fixtures &amp; fittings</b>	<b>Total</b>
	£	£	£	£
<b>Cost</b>				
At 1 April 2021	305,457	46,255	17,078	<b>368,790</b>
Additions in the year	-	2,449	-	<b>2,449</b>
At 31 March 2022	<b>305,457</b>	<b>48,704</b>	<b>17,078</b>	<b>371,239</b>
<b>Accumulated depreciation</b>				
At 1 April 2021	-	13,355	140	<b>13,495</b>
Charge for the year	-	11,705	3,415	<b>15,120</b>
At 31 March 2022	-	<b>25,060</b>	<b>3,555</b>	<b>28,615</b>
<b>Net book value</b>				
At 1 April 2021	<b>305,457</b>	<b>32,900</b>	<b>16,938</b>	<b>355,295</b>
At 31 March 2022	<b>305,457</b>	<b>23,644</b>	<b>13,523</b>	<b>342,624</b>

10. Debtors and prepayments

	<b>Total costs</b>	Total costs
	<b>Year ended 31 Mar 2022</b>	Year ended 31 Mar 2021
	£	£
Accounts receivable	<b>100,185</b>	17,185
Accrued CJRS income	-	336
Prepayments	<b>12,604</b>	2,232
Other debtors	<b>3,034</b>	2,918
	<b>115,823</b>	22,671

# 11. Creditors: amounts falling due within one year

	<b>Total costs</b>	Total costs
	<b>Year ended</b>	Year ended
	<b>31 Mar 2022</b>	31 Mar 2021
	£	£
Accounts payable	32,073	9,594
Accruals	4,070	6,833
Deferred income	32,759	-
HMRC payable	15,872	14,787
Pension payable	3,192	3,244
	<b>87,966</b>	<b>34,458</b>

Deferred income consists of the following deferred grants:

	<b>Total costs</b>	Total costs
	<b>Year ended</b>	Year ended
	<b>31 Mar 2022</b>	31 Mar 2021
	£	£
Brought forward at 1 April 2021	-	21,900
Released in year	-	(21,900)
Deferred in year	32,759	-
Carried forward at 31 March 2022	<b>32,759</b>	<b>-</b>

**12. Analysis of charity funds**

	<b>Balance brought forward Year ended 31 Mar 2022 £</b>	<b>Income for the period Year ended 31 Mar 2022 £</b>	<b>Expenditure in the period Year ended 31 Mar 2022 £</b>	<b>Transfers between funds Year ended 31 Mar 2022 £</b>	<b>Balance carried forward Year ended 31 Mar 2022 £</b>
<b>Unrestricted funds</b>					
Designated funds					
Capital - equipment	49,838	-	(15,120)	2,449	37,167
Capital - buildings	140,242	-	-	165,215	305,457
Property maintenance reserve	17,250	-	-	-	17,250
Development of the service	109,389	-	-	-	109,389
Designated funds	<b>316,719</b>	<b>-</b>	<b>(15,120)</b>	<b>167,664</b>	<b>469,263</b>
General fund	264,893	794,988	(767,632)	(2,449)	289,800
<b>Unrestricted funds</b>	<b>581,612</b>	<b>794,988</b>	<b>(782,752)</b>	<b>165,215</b>	<b>759,063</b>
<b>Restricted funds</b>					
Capital - buildings	165,215	-	-	(165,215)	-
Parent peer support/partenting teenagers	5,250	-	(4,000)	-	1,250
Triple Track Treatment Project 2	10,000	-	-	-	10,000
Tottenham	-	7,500	(7,500)	-	-
Counselling	-	31,103	(31,103)	-	-
<b>Restricted funds</b>	<b>180,465</b>	<b>38,603</b>	<b>(42,603)</b>	<b>(165,215)</b>	<b>11,250</b>
<b>Total funds</b>	<b>762,077</b>	<b>833,591</b>	<b>(825,355)</b>	<b>-</b>	<b>770,313</b>

**Capital – equipment and buildings**

To assist in calculation of the available reserves, and due to the large balance of assets on the balance sheet, the Trustees have set aside the net book value of the fixed assets within a designated fund.

Historically there was also a restricted fund balance for the buildings as a result of funding received to fund significant building improvements including an extension in prior periods. During the current period clarification was sought from the funders to establish if they held a restriction over future use of the extension. As the funders do not hold any covenant or restriction over the building the buildings have now been treated as unrestricted in their entirety, represented by the transfer from restricted to designated funds above.

**Property maintenance reserve**

This reserve was created in 2013/14 with the intention of increasing the amount over the forthcoming years to make sure the Charity has sufficient reserves for internal and external redecoration in the short term, and replacement of roof, windows, central heating and other significant repairs in the long term.

## 12. Analysis of charity funds (continued from previous page)

### Development of the service

A very generous donation of £198,000 was awarded to Open Door in May 2018. The donor, who wishes to remain anonymous, stipulated that the money be spent within a maximum time frame of 3-5 years and that it be used to directly benefit the young people, parents and carers who access Open Door. The Trustees have prudently set this aside as a designated fund for development of the service over the next few years.

### Parent peer support

This is funding received from three smaller grants to help establish parent peer support as part of the wider work with parents. During the prior year several funders who had contributed to this fund agreed, in light of the ongoing COVID-19 pandemic, for the funds to be transferred to core costs.

### Triple Track Treatment Project

This is a multi-year project funded by comic Relief that has now ended working with depressed 16-24 year olds at risk of social exclusion.

### Tottenham

This is funding from the Drapers Charitable Trust to develop the clinical service for young people aged 12 – 24 in Tottenham.

### Counselling

This is funding from a number of grant funders to develop the clinical service for young people aged 12 – 24.



**12. Analysis of charity funds (continued from previous page)**

	Balance brought forward Year ended 31 Mar 2021 £	Income for the period Year ended 31 Mar 2021 £	Expenditure in the period Year ended 31 Mar 2021 £	Transfers between funds Year ended 31 Mar 2021 £	Balance carried forward Year ended 31 Mar 2021 £
<b>Unrestricted funds</b>					
Designated funds					
Capital - equipment	23,017	-	(12,045)	38,866	49,838
Capital - buildings	140,242	-	-	-	140,242
Property maintenance reserve	17,250	-	-	-	17,250
Development of the service	156,413	-	(47,024)	-	109,389
Designated funds	336,922	-	(59,069)	38,866	316,719
General fund	301,327	572,366	(579,684)	(29,116)	264,893
Unrestricted funds	638,249	572,366	(638,753)	9,750	581,612
<b>Restricted funds</b>					
Capital - buildings	165,215	-	-	-	165,215
Parent peer support	11,000	-	-	(5,750)	5,250
COVID-19 response	-	5,000	(5,000)	-	-
Triple Track Treatment Project 2	10,000	-	-	-	10,000
Tottenham 2 (City Bridge Trust)	-	35,700	(35,700)	-	-
Youth Violence	-	10,000	(10,000)	-	-
Ventilation system	-	4,000	-	(4,000)	-
Restricted funds	186,215	54,700	(50,700)	(9,750)	180,465
Total funds	824,464	627,066	(689,453)	-	762,077

**COVID-19 response**

This was funding received to support the organisation adapt to new ways of working during the COVID-19 pandemic.

**Tottenham 2**

This was funding from City Bridge Trust to develop the clinical service for young people aged 12 – 24 in Tottenham.

**Youth Violence**

This was a small 2-year grant from the Evening Standard Dispossessed Fund Saving London Lives to pilot a therapy project for young people and families affected by serious youth violence. We aim to work with 34 young people each year and their parents/carers as appropriate.

## 12. Analysis of charity funds (continued from previous page)

### Ventilation system

This was a small grant received to support purchase of a new ventilation system for the offices. This was purchased in year and capitalised onto the balance sheet and so the grant was released to unrestricted reserves to reflect this.

## 13. Analysis of net assets

	<b>Unrestricted funds Year ended 31 Mar 2022 £</b>	<b>Restricted funds Year ended 31 Mar 2022 £</b>	<b>Total funds Year ended 31 Mar 2022 £</b>
Fixed assets	342,624	-	<b>342,624</b>
Current assets	471,646	44,009	<b>515,655</b>
Current liabilities	(55,207)	(32,759)	<b>(87,966)</b>
	<b>759,063</b>	<b>11,250</b>	<b>770,313</b>

	<b>Unrestricted funds Year ended 31 Mar 2021 £</b>	<b>Restricted funds Year ended 31 Mar 2021 £</b>	<b>Total funds Year ended 31 Mar 2021 £</b>
Fixed assets	190,080	165,215	355,295
Current assets	425,990	15,250	441,240
Current liabilities	(34,458)	-	(34,458)
	<b>581,612</b>	<b>180,465</b>	<b>762,077</b>

**14. Analysis of net debt**

	As at 1 Apr 2021 £	Cash flows £	Other movements £	As at 31 Mar 2022 £
<b>Cash and cash equivalents</b>				
Cash at bank	418,569	(18,737)	-	<b>399,832</b>
	<b>418,569</b>	<b>(18,737)</b>	<b>-</b>	<b>399,832</b>

	As at 1 Apr 2020 £	Cash flows £	Other movements £	As at 31 Mar 2021 £
<b>Cash and cash equivalents</b>				
Cash at bank	544,898	(126,329)	-	418,569
	544,898	(126,329)	-	418,569

**15. Trustee remuneration**

During the year, no trustee received any remuneration (2021: £Nil). No members of the Board of Trustees received reimbursement of expenses (2021: £Nil).

**16. Related party transactions**

During the year there were no related party transactions (2021: £Nil).



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# OPE001 - Final Accounts - 31 March 2022

Final Audit Report

2022-10-24

Created:	2022-10-21
By:	Andrew Nash (andy@andynashac.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAAaBXEmkVb3QF7NTMr-1A0jOGyNjFc0Uqm

## "OPE001 - Final Accounts - 31 March 2022" History

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