



# **Open Door, Young People's Consultation Service**

## **Trustees Annual Report and Unaudited Financial Statements Year ended 31 March 2021**

Charity registration - 299707

Company number - 02270443



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## Legal and administrative information

### Charity name

Open Door, Young People's Consultation Service

### Charity registration no.

299707

### Company registration no.

02270443

### Registered office and contact details

12 Middle Lane  
Crouch End  
London  
N8 8PL

### Trustees

Karen Simmons	Chair – appointed as Chair on 14 October 2020
Dr Irene Weinreb	(Chair – resigned 14 October 2020)
Jacqueline Tefoglou	Treasurer – appointed 14 October 2020
Morley Speed	(Treasurer – resigned 14 October 2020)
Claire Lindfield	
Scarlett MccGwire	
Judith Shuttleworth	
Janine Sternberg	appointed 14 October 2020

### Director

Julia Britton

### Bank

Barclays Bank Plc  
Crouch End Branch  
8 The Broadway  
London  
N8 9SX

Unity Trust Bank  
Nine Brindley Place  
Birmingham  
B1 2HB

### Independent examiner

Andy Nash Accounting & Consultancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

## Trustees annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of Open Door, Young People's Consultation Service for the year ended 31 March 2021.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

## Objectives and activities

Based in Haringey, north London, Open Door was founded in 1976 and incorporated as a registered charity on 21 July 1988 and a company limited by guarantee on 23 June 1988.

Open Door is dedicated to improving the mental health and emotional well-being of young people aged 12-24 in their transition from childhood to adulthood. We aim to reduce the risk of suicide and self-harm and alleviate the effects of abuse, trauma and mental ill health. We aim to help young people feel more in control of their lives, make positive choices, fulfil their potential and prevent social exclusion. We also recognise the need to support parents and carers to better understand their adolescent and young adult children, improve relationships and prevent family breakdown. We aim to provide an inclusive service that works to remedy discrimination on any grounds. Open Door aims to ensure the delivery of effective evidence-based interventions through monitoring, evaluation and research and to contribute to service improvement more widely, including the support of specialist professional trainings in adolescent mental health.

To fulfil our objectives, Open Door undertakes the following activities:

- **Service provision** – Open Door provides a range of psychological therapies to young people aged 12-24 experiencing difficulties including: depression, anxiety, self-harm, sexual abuse and exploitation, bullying and violence, drug and alcohol misuse, problematic internet use and gender identity issues. We also offer specialist support for parents and carers facing the particular challenges of parenting teenagers and young adults.
- **Research, Evaluation and Dissemination** – Open Door undertakes comprehensive evaluation of all its therapeutic interventions as well as specific clinical research projects and disseminates findings in published papers, media reports and conference presentations.
- **Engagement in service improvement and training** – Open Door actively participates in local and national networks on behalf of its beneficiaries in order to raise awareness of adolescent mental health more widely. Open Door also supports professional trainings in adolescent mental health.

## Delivering Public Benefit

Open Door's objectives and activities fully reflect the purposes that the Charity was set up to further.

75% of adult mental-health problems emerge by the age of 25, though many at-risk young people struggle to engage with statutory services which are often experienced as stigmatising and not-in-tune with their developmental needs. Open Door has a vital role to play in meeting the needs of local vulnerable young people aged 12-24 and, by intervening early, prevent the continuation of difficulties into adulthood which can have profound and sometimes tragic consequences.

The Trustees have followed the guidance issued by the Charity Commission with regard to the public benefit arising from the activities undertaken by Open Door. The Trustees are satisfied that the services provided by Open Door fully meet the principles of public benefit as set out in the Charity Commission Guidance.

## Context

Adolescence and the transition to adulthood is a period of massive change and development – biological, cognitive, social and psychological. For some, it is a time of excitement, self-exploration and expectation. For others it can be difficult, disheartening or even overwhelming. Rates of mental distress, eating-disorders, self-harm and suicide are rising amongst teenagers and young adults and there is a growing consensus that we are experiencing a crisis in adolescent mental health and wellbeing made significantly more acute by the impact of the Covid-19 pandemic. However, access to appropriate mental health support remains a real issue as highlighted by a YoungMinds report showing that only 50% of young people needing help actually receive it. This is not solely due to underfunding in the statutory sector. Young people tell us that they are reluctant to use services they perceive as 'medical' and stigmatising, are difficult to access, do not always provide sufficient confidentiality, and are perceived as narrow and rigid in approach. Another key obstacle to engagement is that 18 is the age at which most young people must transition from child & adolescent to adult mental-health services, described in numerous reports as a 'cliff edge'. Neuroimaging is confirming what many working with young people have known for some time, that adolescence does not end at the age of 18 and that the adolescent brain continues to develop into the mid-20s.

Drawing on more than four decades of frontline clinical work, Open Door recognises that young people struggling in their transition to adulthood require bespoke services up to the age of 25 which are in-tune with their developmental needs, can offer a choice of effective therapies within non-stigmatising settings that can be accessed by self-referral. We also recognise the need to extend our reach to the most marginalised and vulnerable young people in areas of deprivation and are continuing to develop our service in Tottenham alongside our more established base in Crouch End. We have further extended our reach by increasing our work in secondary schools and since the pandemic, have been able to offer online therapy alongside our face-to-face work.

Our own evidence from many years of clinical practice and evaluation suggests that whilst adolescence and early adulthood are periods of greater vulnerability, they are also periods when significant positive psychological change can occur; and with the right approach, in the right setting, the outcomes and life chances of young people can be significantly enhanced.

## Achievements and performance in the year

### Open Door's response to Covid-19

All of our activities in 2020/21 took place against the back drop of the Covid-19 pandemic, presenting Open Door with unprecedented challenges to which we responded swiftly and effectively.

We moved to remote working on March 19th 2020 without any interruption to the clinical service, overcoming massive logistical obstacles and incurring some additional expenditure which was met with Covid relief funding and the allocation of reserves. Therapy was offered by video, phone and text governed by robust clinical, risk, safeguarding and data protection protocols. We purchased additional laptops for staff, installed a new remote server and upgraded our phone system to enable remote working across our services. We made adaptations to our premises, established protocols around hygiene and social distancing to ensure that we could offer face-to-face work with young people and parents who were not able to access or make use of remote therapy due to digital poverty, lack of private space, safeguarding concerns or communication difficulties. We consulted with young people about their experience of remote therapy and the vast majority expressed a preference for in-person appointments. We offered as much Covid secure face-to-face therapy as we could – reaching around 75% in our young people's service, before the second lockdown in November 2020, but had to continually adjust our practice in response to the fluctuations in health risk and government guidance.

Open Door is emerging from the pandemic as a flexible blended service and will continue to offer both face-to-face and remote therapy based on clinical need, digital access, safety and choice. By June 2021, between 75% and 80% of all appointments were being delivered face-to-face. Despite the unprecedented challenges presented by the pandemic, we managed to grow the service and reduce our waiting list in 2020/21. However, as the new financial year approached, we began to see the emergence of the anticipated 'covid surge' in an exponential increase in referrals.

## What do we offer?

Open Door recognises that young people do not all experience emotional difficulties in the same way, nor do they all need or want the same kind of help. We have continued to offer a range of evidence-based interventions addressing mild to severe difficulties and we were able to offer counselling, psychotherapy, CBT (Cognitive Behaviour Therapy), Trauma focussed CBT, Mindfulness, Family work, Specialist Psychotherapy for young people with special needs and disabilities and parent work.

Therapy was offered on a brief, medium and longer-term basis from a few sessions of crisis work to two years weekly psychotherapy.

Therapy services were offered Monday-Thursday 9am to 7pm. From September, with successful service expansion, we were able to open our doors from Monday to Friday for the first time in over a decade. We also delivered therapy services in three secondary schools, face-to-face and online.

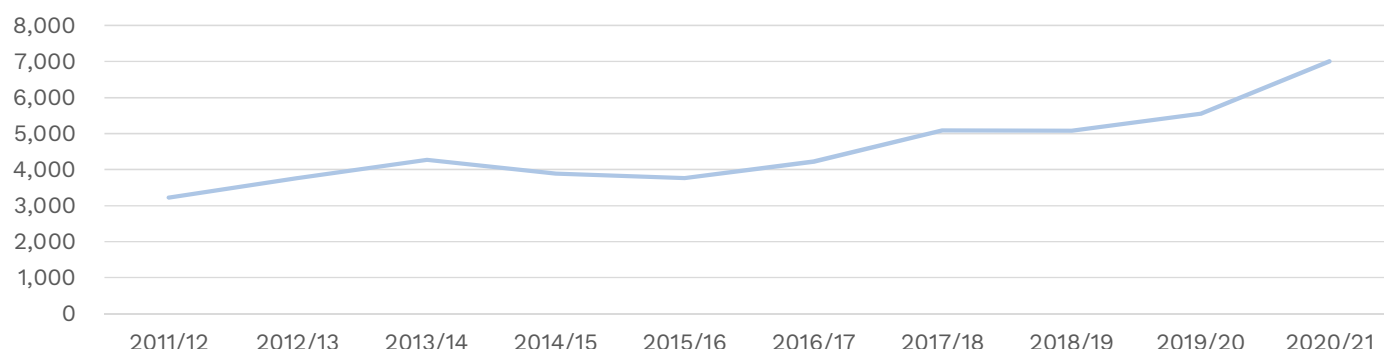
## Service delivery

As the pandemic moved towards us in early 2020, the Board took the decision to allocate a substantial portion of a large donation together with some additional NHS funding, to tackle the waiting list and make ourselves as available as possible to young people and their families during the crisis.

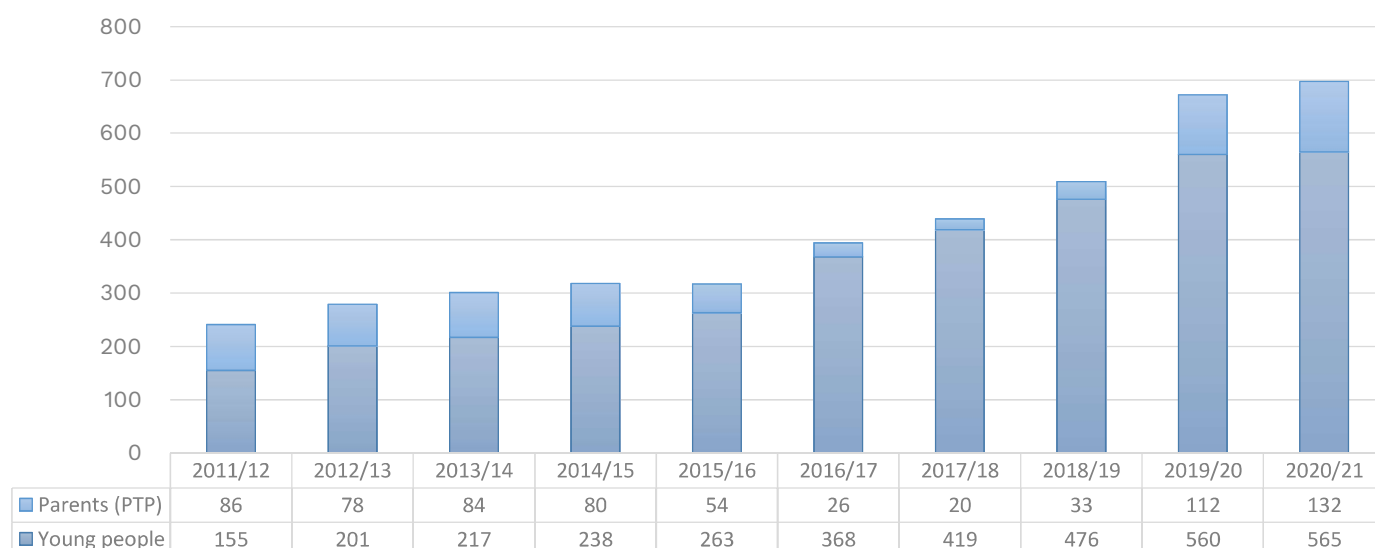
Despite all the challenges of the pandemic, Open Door achieved its highest ever annual level of service taking the number of clinical appointments offered to over 7,000 – a 36% increase over the previous 3 years:

- 7,006 therapy appointments were offered to 565 young people, and 132 parents, a total of 697 service users; and,
- 82% of all appointments were attended across our services, an increase of 8% on the previous year.

**Number of appointments per year**



**Number of patients attending appointments per year**



## About our service users

Of the 565 young people who attended Open Door, 65% were from ethnic minorities and 50% of young people were from the more deprived east of the borough.

Our latest audit showed 94% of young people accessing Open Door presented with low mood/depression and 84% with anxiety (including panic and PTSD). 46% of young people reported having self-harmed, rising to 52% in 18-25 year olds; this has been increasing over recent years and is consistent with widely reported research on rising levels of self-harm particularly in adolescent girls and young women. Family and relationship problems are reported by 82% of service users and anger/aggression by 53%. Around 20% of young people present with one or more disabilities/specific learning difficulty/significant illness.

Around 37% of young people had experienced abuse or neglect and 20%, domestic violence. Such adverse childhood experiences put children and young people at significant risk in terms of future mental ill health, substance misuse, conduct and relationship difficulties if not addressed during these crucial years.

Our latest audit showed that around 45% of parents of young people accessing Open Door, and 53% of parents accessing our Parenting Teenagers Project, had 1 or more physical/mental health difficulties and/or misused alcohol or drugs. These figures support the evidence of the impact of these factors on the psychological health and wellbeing of children. What is encouraging is that so many parents come to the service able to talk about these issues.

## Outcomes

Open Door's therapy services are fully evaluated using therapist assessment, service user feedback and validated clinical outcome measures. Our latest evaluation shows positive outcomes across the service including: 74% of young people experienced an improvement in low mood/depression; there was 75% decrease in self-harm; 74% of young people became more engaged with participation in or seeking education, training and employment. In the Parenting Teenagers Project, 67% of parents reported emotional and behavioural improvement in their teenagers with 94% attributing this to the help they received.

## Projects

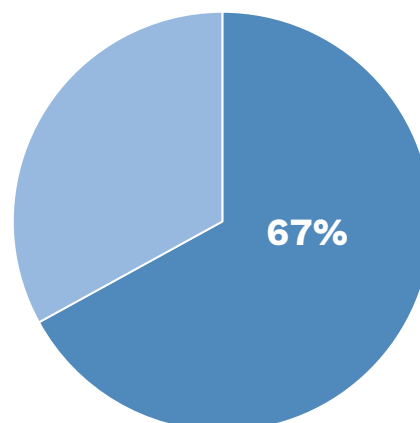
In addition to our core service, Open Door delivered two funded projects during 2020/21:

### Open Door Tottenham

Now in its eighth year, our Tottenham service remains key to our strategy of reaching into communities where access to mental health support has historically been low. We lease two rooms within a grade 2 listed building managed by The Tramperry, a social enterprise specialising in shared workspaces across London promoting entrepreneurship, creativity and community development. Most clinical appointments were offered remotely as The Tramperry was largely closed during the lockdowns. We offered around 1,300 appointments. Funding from City Bridge Trust which came to an end on January 1st 2021, helped support our work with 60 young people and parents who were offered 593 appointments

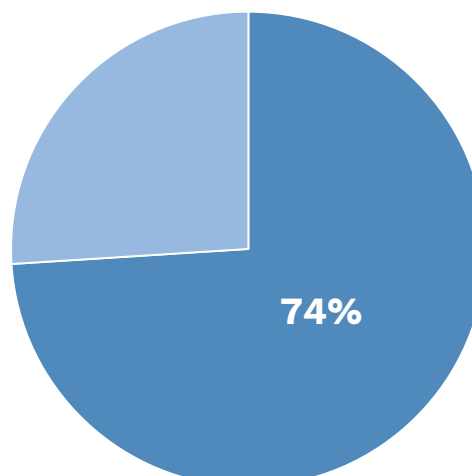
### Parents/carers reporting emotional/behavioural improvements in their teenagers

*As measured by SIPA (Stress index for parents of adolescents)*



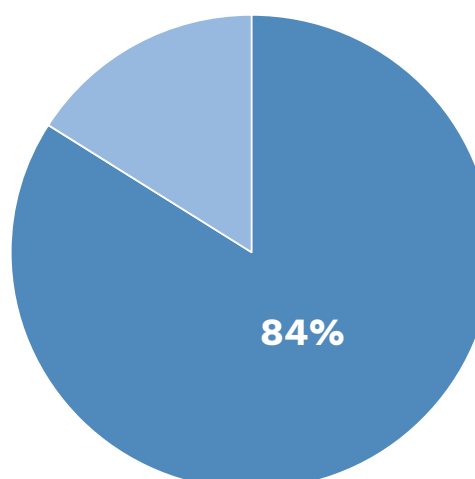
### CORE - % who improved

*CORE measures mood/risk/functioning*



### CGAS/GAF - % of YP who improved

*CGAS/GAF measures functioning*





## New Narratives – working with young people and families affected by serious youth violence

In November 2018 we were awarded a small 2-year grant of £20,000 from the Evening Standard Dispossessed Fund to pilot a therapy project for young people and families affected by serious youth violence. The funding ended in December 2020. Over the 2 years we worked with 46 young people and 13 parents/carers offering supportive psychotherapy, trauma focussed CBT, EMDR and family work. The outcomes of the pilot were very positive and we were awarded £65,000 from North Central London (NCL) CCG to further develop the service. We now have a small team of culturally competent therapists working with some of the most marginalised and at-risk young people in Haringey. The project is increasing access to our service of boys and young men from ethnic minorities; 80% of the project users have been male; 85% from ethnic minority backgrounds, 72% young people of colour, significantly higher than in our core service.

### Open Door Schools Service

The extended periods of school closure impacted on our ability to deliver on-site or remote therapy. There was a 15% reduction in appointments on last year. We did continue to remotely support those young people attending school identified as at high risk, and also some of our existing students at home.

During the year, we were commissioned by Woodside High School, to deliver a 4 day per week therapy service, which started in February 2021. Woodside High is an outstanding community-oriented school serving an area of high need and deprivation encompassing Wood Green and Tottenham. Our work in Highgate Wood School (Haringey) and Newman Catholic College (Brent) continued.

In 2020/21 we worked with 57 students and offered 587 appointments.

### Trainees/training

We are currently providing training placements to three NHS funded, ACP accredited Child and Adolescent Psychotherapy trainees in partnership with the Tavistock and Portman NHS Foundation Trust, IPCAPA (Independent Psychoanalytic Child and Adolescent Psychotherapy Association) and Barnet and Enfield NHS Mental Health Trust. Our school service in Brent is delivered by trainees from the Tavistock Clinic. In 2020/21 we also provided a training placement for a Counselling Psychologist from the University of East London. The clinical team has also benefitted from training in EMDR (a trauma intervention), Mindfulness and the Open Door Approach to Parenting Teenagers as well as regular clinical supervision, team meetings and safeguarding training.

### Volunteers

Over the year, two volunteer therapists contributed to our clinical service. We had further voluntary input to the non-clinical aspects of the service including research, data inputting, management and design for which we are extremely grateful.

### Research and publication

We continued work on our Randomised Controlled Trial (RCT) research project into the efficacy of Open Door's manualised parenting intervention – the Open Door Approach to Parenting Teenagers (APT).

In November 2020, a research paper evaluating 10 years of data from our parenting model was published in the Journal of Child and Family Studies.

### Partnerships, Collaborations and Networks

In addition to our training partnerships, Open Door recognises the importance of participating in and developing networks in order to ensure that the mental health needs of young people continue to be represented in service development in the statutory and voluntary sectors. During 2020/21, Open Door remained a central member of the CAMHS Children and Young People's Expert Reference Group, and participated in specific policy groups on issues including transitions from adolescent to adult services and Haringey's All Age Autism Strategy. Open Door also participated in the Haringey Crisis to Recovery multi-agency Covid response working group – which met fortnightly during the height of the pandemic. Throughout the year, Open Door has continued to participate in the Haringey Suicide Prevention Group and the borough's Voluntary and Community Sector Forum.

As part of our involvement in the national 4 week-waiting time initiative, Open Door is participating in NHS England's proposed waiting time standard for children and young people's mental health.

## Key Challenges:

### Managing demand

Meeting demand remained the biggest challenge facing us this year given the size of our waiting list coming in to 2020/21.

As part of our involvement in the national NHS 4-Week Waiting Time pilot we undertook a 'demand and capacity analysis' in 2019/20 using the System Dynamic Modelling Tool (now known as 'Crest'). This showed the need for up to 4.15 additional FTEs (full-time equivalents) across the age range (12-24) to clear the waiting list and achieve our ambition of a waiting time of 4 weeks to assessment and 6 weeks from assessment to treatment. We were able to use this modelling, together with our positive NHS England Diagnostic Review (Sept. 2019), to secure additional resources to tackle our waiting times. At the end of the year, Haringey NHS CCG awarded us additional £120,000 recurrent funding for under-18s and parents and an additional one-off payment of £65,000 towards waiting list clearance of under-18s. The plan was to spend this in 2020/21 to enable us to grow our therapy team by 2 FTEs on an initial fixed-term basis. In our 2020/21 budget Trustees also agreed to use a proportion of the big donation to fund 1.5 FTE equivalent clinical posts for two years to tackle the long waits of our 18-25 year olds as well as a 0.5 clinical administrator. We are hopeful that we will be able to sustain this growth going forward but will have to review as we move into the next financial year.

Despite the challenges of COVID-19, we successfully recruited into these new posts by September/October leading to a 26% increase in appointments offered and a return to becoming a 5 day per week service for the first time in over a decade.

This had an initial positive effect on the size of the waiting list which dropped below 100 for the first time in many years to as low as 81 in November. Average waiting times to assessment dropped to under 4 weeks and the average waiting time from assessment to treatment dropped from 33 to 18 weeks. However, the anticipated COVID-19 surge began to emerge from December and at one-point referrals were up by 75% on the same time in the previous year. By the end of March 2021, the waiting list stood at around 140 and waits to treatment were rising again. Regrettably we were not able to reverse our decision, taken in the previous year, to close our referrals to 23 and 24 year olds.

### Fundraising/donations

In July 2020, during the first lockdown, Open Door staff, trainees and supporters ran a socially distanced 10k fundraiser in different locations raising nearly £6,000.

In March a local women's online fitness and wellbeing group JCW Fitness Virtual Land – nominated Open Door as the recipient charity for their first anniversary party raising £1,330. At the same time, another £4,100 was raised by donations in memory of a highly respected Child Psychotherapist with links to Open Door.

In total, there was a significant increase in donations during 2020-21 of just over £10,000, which was over double the amount received in 2019-20.

A very generous donation of £198,000 was awarded to Open Door in May 2018. The donor, who wishes to remain anonymous, stipulated that the money be spent within a maximum time frame of 5 years and that it be used to directly benefit the young people, parents and carers who access Open Door. Of this total amount, £42,000 was committed during 2018/19 and 2019/20 to support the continuation of the service provided to parents. The remaining amount was placed into a designated fund to support development of the service. A further £47,024 in 2020/21 and £80,613 was committed to create additional clinical capacity in the young adult service (18-24-year olds).

The donor recognises that there may be indirect costs associated with building clinical capacity and organisational sustainability and recognises that it is for Open Door to make this judgement within the spirit of the gift, that it is used to give the maximum help it can to young people through increasing access to therapy. The terms of the donation make clear that this should exclude spending on upgrading computer systems.

## Structure, governance & management

Open Door is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

Open Door is a registered charity constituted as a Limited Company under its Memorandum and Articles of Association. The charity registration number is 299707 (England and Wales) and the company registration number is 02270443 (England and Wales).

### Organisational Structure

Open Door's Board of Trustees meets 4 times per year and is responsible for the strategic direction and policy of the Charity, as well as oversight of the Charity's operations.

Board sub-committees are set up as required to consider specific issues. The day to day running of the Charity is delegated to the Chief Executive who is supported by a 1.1 FTE Senior Clinical Management Team and a 0.6 FTE Operations Manager who report to the CEO. The CEO in turn reports to the Chair of Trustees.

### Selection and appointment of Trustees

As set out in the Articles of Association, the Chair of Trustees is nominated at the Annual General Meeting.

The Trustees are directors of Open Door for the purpose of company law. Open Door Articles of Association require a minimum of 5 Trustees. Trustees meet at least 4 times per year with a quorum of 3 trustees.

Trustees who have served for more than three consecutive years in office must stand for re-appointment. Trustees can service up to a maximum of three consecutive terms before they must stand down for at least 12 months before being eligible to stand for office again.

The objective is to have a range of appropriate skillsets across fields that are relevant to the Charity's objectives. When recruiting new trustees, consideration is given to the existing trustees' skills and experiences and trustees are sought with the additional skills required. Their appointment is by resolution of the Board of Directors/Trustees following which the required legal documentation is completed.

### Trustee Induction and Training

On their appointment, new Trustees are provided with information, in the form of an induction pack, on their role as a Trustee. Ongoing training is provided as required.

### Risk management

The Trustees have conducted their own review of the major risks to which the Charity is exposed, and systems have been established to mitigate those risks.

The main risks identified by the Trustees are currently:

### Funding

In 2020/21 we undertook a successful expansion of the clinical service with additional funding from the NHS and a large donation. The sustainability of this expansion beyond 2021/22 is by no means assured, and depends on a continuation and uplift in funding.

Our income is under pressure on several fronts. We are heavily dependent on NHS funding. NHS Commissioning is undergoing changes with Haringey CCG becoming part of the multi-borough NCL CCG and it is unclear what the implications may be for Open Door's commissioning going forward though our reputation within Haringey commissioning and the Local Authority remains extremely high.

The CEO remains very involved in high level networking, is active in collaborating with relevant Haringey / NCL NHS and Local Authority bids, and seeking every opportunity to build relationships with the new NCL CCG. A key priority is to understand their strategic imperatives, and how and where we can best meet those.

In order to protect our position, the Trustees and CEO have agreed an income generation plan to address the need to diversify our income, set targets and have appointed a bid writer. A rebranding and website re-design is underway to improve our online presence and potential fundraising opportunities.

The Board of Trustees, Operations Manager and CEO are ensuring that we are 'tender ready' – data quality, governance; financial management, etc. should this situation arise.

## Data

Whilst the quality of our data has been widely commended, we need to upgrade our data collection, analysis and visualisation if we are to maintain our high standards and meet our contractual obligations. This is in process with an anticipated completion date of autumn 2021.

## Key person

The trustees have identified a key person risk should any of the senior management leave. The Board has a succession plan in place should this occur.

## Financial review

During the current financial year the Charity incurred a deficit of £62,387 (2020: surplus of £74,506). This resulted in total reserves decreasing in the year to £762,077 (2020: £824,464).

The Trustees are satisfied with the financial performance of the Charity throughout the year.

Of the total reserves held at year end £581,612 (2020: £638,249) were unrestricted as to use, although only £264,893 (2020: £301,327) was available as general funds as a result of designations made to cover the net book value of fixed assets and to cover future development of the service.

## Reserves policy

The Trustees have set a reserves policy that the Charity should hold a minimum unrestricted general reserve equivalent to three months salary and overhead expenditure - approximately £175,000. The current level of £264,893 is safely above this level, but not deemed to be excessive.

## Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 5 to 13 of this document, as well as the legal and administrative information on page 4, meet the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

### Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 13 October 2021 and signed on its behalf by:

*Karen Simmons*

**KAREN SIMMONS**

**CHAIR**



## Independent examiner's report

I report to the Trustees on my examination of the accounts of Open Door, Young People's Consultation Service (charity number 299707, company number 02270443) for the year ended 31 March 2021 which are set out on pages 16 to 33.

### Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

### Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England & Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities

preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**ANDREW PHILIP NASH ACA**

**MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833**

**DATED: 13 OCTOBER 2021**

Andy Nash Accounting & Consultancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

## Statement of financial activities

### Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 March 2021

		Unrestricted funds	Restricted funds	Total funds	Total funds
		Year ended 31 Mar 2021	Year ended 31 Mar 2021	Year ended 31 Mar 2021	Year ended 31 Mar 2020
	Notes	£	£	£	£
<b>Income from:</b>					
Donations and legacies	3	45,110	54,700	<b>99,810</b>	75,823
Charitable activities	4	526,965	-	<b>526,965</b>	583,235
Investments		291	-	<b>291</b>	1,087
<b>Total income</b>		<b>572,366</b>	<b>54,700</b>	<b>627,066</b>	660,145
<b>Expenditure on:</b>					
Raising funds	5 & 6	7,720	-	<b>7,720</b>	-
Charitable activities					
Psychotherapy services	5 & 7	631,033	50,700	<b>681,733</b>	585,639
<b>Total expenditure</b>		<b>638,753</b>	<b>50,700</b>	<b>689,453</b>	585,639
<b>Net income/(expenditure)</b>		<b>(66,387)</b>	<b>4,000</b>	<b>(62,387)</b>	74,506
Transfer between funds	12	9,750	(9,750)	-	-
<b>Net movement in funds</b>		<b>(56,637)</b>	<b>(5,750)</b>	<b>(62,387)</b>	74,506
<b>Reconciliation of funds:</b>					
Total funds brought forward	12 & 13	638,249	186,215	<b>824,464</b>	749,958
Total funds carried forward	12 & 13	<b>581,612</b>	<b>180,465</b>	<b>762,077</b>	824,464

The notes on pages 19 to 33 form part of the financial statements.



**Balance sheet**

As at 31 March 2021

			<b>Total funds 31 Mar 2021</b>	<b>Total funds 31 Mar 2020</b>
	<b>Notes</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Fixed assets:</b>				
Tangible assets	9		<b>355,295</b>	328,474
<b>Current assets:</b>				
Debtors & prepayments	10	22,671		15,240
Cash at bank and in hand		<u>418,569</u>	<u>544,898</u>	
		<b>441,240</b>	<b>560,138</b>	
<b>Liabilities:</b>				
Creditors:				
amounts falling due within one year	11	<u>(34,458)</u>	<u>(64,148)</u>	
<b>Net current assets/(liabilities)</b>			<b>406,782</b>	495,990
<b>Net assets/(liabilities)</b>			<b>762,077</b>	824,464
<b>The funds of the charity:</b>				
Restricted funds	12 & 13		<b>180,465</b>	186,215
Unrestricted funds				
General funds	12 & 13	264,893		301,327
Designated funds	12 & 13	<u>316,719</u>	<u>336,922</u>	
Unrestricted funds			<b>581,612</b>	638,249
Total charity funds			<b>762,077</b>	824,464

The notes on pages 19 to 33 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2021, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2021 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 13 October 2021 and signed on their behalf by:

*Karen Simmons*

**KAREN SIMMONS**

**CHAIR**

## Statement of cash flows

For year ended 31 March 2021

	<b>Total Funds Year ended 31 Mar 2021 £</b>	<b>Total Funds Year ended 31 Mar 2020 £</b>
<b>Cash flows from operating activities:</b>		
Net income/(expenditure) for period (as per SOFA)	<b>(62,387)</b>	74,506
Adjustments for:		
Depreciation charges	10,270	3,226
Loss on disposal of fixed assets	1,776	3,621
Investment income	(291)	(1,087)
(Increase)/decrease in accounts receivables	(3,015)	113,670
(Increase)/decrease in accrued grant income	(336)	-
(Increase)/decrease in prepayments and other debtors	(4,080)	(372)
Increase/(decrease) in accounts payables	(6,317)	(10,543)
Increase/(decrease) in accruals	(8,231)	(15)
Increase/(decrease) in deferred income	(21,900)	(3,992)
Increase/(decrease) in HMRC & pension payable	6,757	1,643
	<b>(25,367)</b>	106,151
<b>Net cash used in operating activities</b>	<b>(87,754)</b>	180,657
<b>Cash flows from investing activities:</b>		
Purchase of fixed assets	(38,866)	(26,243)
Investment income	291	1,087
<b>Net cash used in investing activities</b>	<b>(38,575)</b>	(25,156)
<b>Net cash used in financing activities</b>	<b>-</b>	-
<b>Change in cash and cash equivalents in period</b>	<b>(126,329)</b>	155,501
Cash and cash equivalents at the beginning of the period	<b>544,898</b>	389,397
Cash and cash equivalents at the end of the period	<b>418,569</b>	544,898

The notes on pages 19 to 33 form part of the financial statements.

## Notes to the financial statements

### 1. Accounting policies

#### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 2, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2021, which occurred before the date of approval of the financial statements by the Board of Trustees has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2021 and the results for the year ended on that date.

The functional currency of the Charity is sterling and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

#### Going concern

The financial statements have been prepared on the going concern basis as the Board of Trustees is confident that future reserves and future income is more than sufficient to meet current commitments. There are no material uncertainties that impact this assessment, and the ongoing global COVID-19 pandemic has had no material impact on this assessment.

#### Legal status

Open Door, Young People's Consultation Service is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is 12 Middle Lane, Crouch End, London, N8 8PL.

#### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Designated funds are unrestricted funds which have been designated for a specific purpose by the Trustees. The aim and use of each designated fund is set out in note 12 of the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 12 of the financial statements.

#### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Donations are recognised in full in the Statement of Financial Activities when entitled, receipt is probable and when the amount can be quantified with reasonable accuracy. Gift aid receivable is included when claimable.

## 1. Accounting policies (continued from previous page)

### Income (continued from previous page)

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

Income from charitable activities, including contract income and client fees, is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event, in which case it is deferred.

Interest is recorded when it is receivable.

### Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated proportionate to total direct costs allocated to each project area, as outlined in note 5 of the financial statements.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their residual value, over their useful life, on the following basis:

Computers equipment	4 years
Fixtures & fittings	5 years

Freehold property is not depreciated.

### Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values but are not held for investment purposes.

### Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The annual depreciation charge for tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

1. Accounting policies (continued from previous page)

## Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

## Pensions

The Charity operates a defined contribution pension scheme which is administered by an external independent pension provider. Contributions are recognised in the Statement of Financial Activities as they fall due.

2. Comparative statement of financial activities

	Unrestricted funds Year ended 31 Mar 2020 £	Restricted funds Year ended 31 Mar 2020 £	Total funds Year ended 31 Mar 2020 £
Income from:			
Donations and legacies	6,036	69,787	75,823
Charitable activities	583,235	-	583,235
Investments	1,087	-	1,087
<b>Total income</b>	<b>590,358</b>	<b>69,787</b>	<b>660,145</b>
Expenditure on:			
Charitable activities			
Psychotherapy services	407,090	178,549	585,639
<b>Total expenditure</b>	<b>407,090</b>	<b>178,549</b>	<b>585,639</b>
<b>Net income/(expenditure)</b>	<b>183,268</b>	<b>(108,762)</b>	<b>74,506</b>
Reconciliation of funds:			
Total funds brought forward	454,981	294,977	749,958
Total funds carried forward	638,249	186,215	824,464

### 3. Income from donations and legacies

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2021	Year ended 31 Mar 2021	Year ended 31 Mar 2021
	£	£	£
Grants			
Gilead Sciences	-	5,000	5,000
City Bridge Trust	-	35,700	35,700
Hornsey Parochial Charities	-	4,000	4,000
London Borough of Haringey	25,000	-	25,000
London Community Foundation	-	10,000	10,000
Grants	<b>25,000</b>	<b>54,700</b>	<b>79,700</b>
Donations	16,082	-	16,082
Coronavirus Job Retention Scheme	4,028	-	4,028
	<b>45,110</b>	<b>54,700</b>	<b>99,810</b>

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2020	Year ended 31 Mar 2020	Year ended 31 Mar 2020
	£	£	£
Grants			
City Bridge Trust	-	47,075	47,075
Euromonitor International	-	4,167	4,167
London Community Foundation	-	18,545	18,545
Grants	-	69,787	69,787
Donations	6,036	-	6,036
	6,036	69,787	75,823

4. Income from charitable activities

	<b>Unrestricted funds Year ended 31 Mar 2021 £</b>	<b>Restricted funds Year ended 31 Mar 2021 £</b>	<b>Total funds Year ended 31 Mar 2021 £</b>
Grants and contracts with statutory bodies			
NHS Haringey CCG/Haringey Council	474,473	-	474,473
Grants and contracts with statutory bodies	474,473	-	474,473
Charges and fees	52,492	-	52,492
	<b>526,965</b>	<b>-</b>	<b>526,965</b>

	Unrestricted funds Year ended 31 Mar 2020 £	Restricted funds Year ended 31 Mar 2020 £	Total funds Year ended 31 Mar 2020 £
Grants and contracts with statutory bodies			
Health Education England	34,684	-	34,684
NHS Haringey CCG/Haringey Council	474,473	-	474,473
Grants and contracts with statutory bodies	509,157	-	509,157
Grants and contracts with non-statutory bodies	46,725	-	46,725
Charges and fees	27,353	-	27,353
	<b>583,235</b>	<b>-</b>	<b>583,235</b>

## 5. Total expenditure

	<b>Direct staff costs</b>	<b>Direct other costs</b>	<b>Indirect costs</b>	<b>Total costs</b>
	<b>Year ended 31 Mar 2021</b>	<b>Year ended 31 Mar 2021</b>	<b>Year ended 31 Mar 2021</b>	<b>Year ended 31 Mar 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Raising funds	-	6,567	1,153	<b>7,720</b>
Charitable activities				
Psychotherapy services	569,582	10,309	101,842	<b>681,733</b>
	<b>569,582</b>	<b>16,876</b>	<b>102,995</b>	<b>689,453</b>
	<b>Direct staff costs</b>	<b>Direct other costs</b>	<b>Indirect costs</b>	<b>Total costs</b>
	<b>Year ended 31 Mar 2020</b>	<b>Year ended 31 Mar 2020</b>	<b>Year ended 31 Mar 2020</b>	<b>Year ended 31 Mar 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Charitable activities				
Psychotherapy services	454,464	36,483	94,692	585,639
	454,464	36,483	94,692	585,639

During the current financial year there has been material investment in external fundraising support and so for the first year expenditure on raising funds has been shown separately. As this is the first year this has happened there are no comparatives for this area of expenditure.

Indirect costs, including governance costs, which cannot be directly attributed to activities, were allocated between cost centres proportionate to the direct staff and other costs allocated to those activities.

An analysis of costs of raising funds split between restricted and unrestricted funds can be found in note 6.

An analysis of charitable activities split between restricted and unrestricted funds can be found in note 7.

An analysis of staff costs can be found in note 8.

Indirect costs includes:

	<b>Total costs</b>	<b>Total costs</b>
	<b>Year ended 31 Mar 2021</b>	<b>Year ended 31 Mar 2020</b>
	<b>£</b>	<b>£</b>
Other staff costs	<b>4,935</b>	3,502
Premises costs	<b>26,614</b>	12,788
Administrative costs	<b>13,626</b>	15,033
IT and other professional services	<b>29,915</b>	50,054
Rebrand work	<b>8,700</b>	-
Governance costs	<b>19,205</b>	13,315
	<b>102,995</b>	94,692



**5. Total expenditure (continued from previous page)**

Governance costs includes:

	<b>Total costs</b>	Total costs
	<b>Year ended</b>	Year ended
	<b>31 Mar 2021</b>	31 Mar 2020
	<b>£</b>	£
Insurance	<b>4,732</b>	4,032
Independent examination	<b>2,100</b>	2,016
Depreciation	<b>10,270</b>	3,226
Loss on write off of fixed assets	<b>1,776</b>	3,621
Other	<b>327</b>	420
	<b>19,205</b>	13,315

Other services provided by the independent examiner include the recharge of Xero software licences and interim payroll support for 10 months totalling £2,155 (2020: £Nil) and support with setting up Xero totalling £1,800 (2020: £Nil).

**6. Expenditure on raising funds**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Total funds</b>
	<b>Year ended</b>	<b>Year ended</b>	<b>Year ended</b>
	<b>31 Mar 2021</b>	<b>31 Mar 2021</b>	<b>31 Mar 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Direct other costs	6,567	-	<b>6,567</b>
Indirect costs	1,153	-	<b>1,153</b>
	<b>7,720</b>	<b>-</b>	<b>7,720</b>

During the current financial year there has been material investment in external fundraising support and so for the first year expenditure on raising funds has been shown separately. As this is the first year this has happened there are no comparatives for this area of expenditure.

## 7. Expenditure on charitable activities

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Total funds</b>
	<b>Year ended 31 Mar 2021</b>	<b>Year ended 31 Mar 2021</b>	<b>Year ended 31 Mar 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Direct staff costs	527,223	42,359	<b>569,582</b>
Direct other costs	9,542	767	<b>10,309</b>
Indirect costs	94,268	7,574	<b>101,842</b>
	<b>631,033</b>	<b>50,700</b>	<b>681,733</b>

	Unrestricted funds	Restricted funds	Total funds
	Year ended 31 Mar 2020	Year ended 31 Mar 2020	Year ended 31 Mar 2020
	£	£	£
Direct staff costs	315,906	138,558	454,464
Direct other costs	28,192	8,291	36,483
Indirect costs	62,992	31,700	94,692
	407,090	178,549	585,639

## 8. Staff costs

	<b>Total costs</b>	Total costs
	<b>Year ended 31 Mar 2021</b>	Year ended 31 Mar 2020
	<b>£</b>	£
Gross salaries	<b>515,153</b>	409,945
Employer's NIC	<b>40,231</b>	33,098
Employer's pension	<b>14,198</b>	11,421
	<b>569,582</b>	454,464

The average headcount during the period was 23 persons (2020: 18 persons).

One employee received employee benefits of between £70,000 and £79,999 (2020: 1 employee between £60,000 and £69,999).

The total employee benefits paid to key management personnel during the year was £80,709 (2020: £79,497).

9. Tangible fixed assets

	Freehold property £	Computer equipment £	Fixtures & fittings £	Total £
Cost				
At 1 April 2020	305,457	26,243	-	<b>331,700</b>
Additions in the year	-	21,788	17,078	<b>38,866</b>
Disposals in year	-	(1,776)	-	<b>(1,776)</b>
At 31 March 2021	<b>305,457</b>	<b>46,255</b>	<b>17,078</b>	<b>368,790</b>
Accumulated depreciation				
At 1 April 2020	-	3,226	-	<b>3,226</b>
Charge for the year	-	10,129	140	<b>10,269</b>
Disposals in year	-	-	-	<b>-</b>
At 31 March 2021	<b>-</b>	<b>13,355</b>	<b>140</b>	<b>13,495</b>
Net book value				
At 1 April 2020	<b>305,457</b>	<b>23,017</b>	<b>-</b>	<b>328,474</b>
At 31 March 2021	<b>305,457</b>	<b>32,900</b>	<b>16,938</b>	<b>355,295</b>

10. Debtors and prepayments

	<b>Total costs Year ended 31 Mar 2021 £</b>	Total costs Year ended 31 Mar 2020 £
Accounts receivable	<b>17,185</b>	14,170
Accrued CJRS income	<b>336</b>	-
Prepayments	<b>2,232</b>	1,070
Other debtors	<b>2,918</b>	-
	<b>22,671</b>	15,240

**11. Creditors: amounts falling due within one year**

	<b>Total costs Year ended 31 Mar 2021 £</b>	<b>Total costs Year ended 31 Mar 2020 £</b>
Accounts payable	<b>9,594</b>	15,911
Accruals	<b>6,833</b>	15,064
Deferred income	<b>-</b>	21,900
HMRC payable	<b>14,787</b>	9,118
Pension payable	<b>3,244</b>	2,155
	<b>34,458</b>	64,148

Deferred income consists of the following deferred grants:

	<b>Total costs Year ended 31 Mar 2021 £</b>	<b>Total costs Year ended 31 Mar 2020 £</b>
Brought forward at 1 April 2020	<b>21,900</b>	25,892
Released in year	<b>(21,900)</b>	(25,892)
Deferred in year	<b>-</b>	21,900
Carried forward at 31 March 2021	<b>-</b>	21,900

**12. Analysis of charity funds**

	Balance brought forward Year ended 31 Mar 2021 £	Income for the period Year ended 31 Mar 2021 £	Expenditure in the period Year ended 31 Mar 2021 £	Transfers between funds Year ended 31 Mar 2021 £	Balance carried forward Year ended 31 Mar 2021 £
<b>Unrestricted funds</b>					
Designated funds					
Capital - equipment	23,017	-	(12,045)	38,866	<b>49,838</b>
Capital - buildings	140,242	-	-	-	<b>140,242</b>
Property maintenance reserve	17,250	-	-	-	<b>17,250</b>
Development of the service	156,413	-	(47,024)	-	<b>109,389</b>
Designated funds	<b>336,922</b>	<b>-</b>	<b>(59,069)</b>	<b>38,866</b>	<b>316,719</b>
General fund	301,327	572,366	(579,684)	(29,116)	<b>264,893</b>
<b>Unrestricted funds</b>	<b>638,249</b>	<b>572,366</b>	<b>(638,753)</b>	<b>9,750</b>	<b>581,612</b>
<b>Restricted funds</b>					
Capital - buildings	165,215	-	-	-	<b>165,215</b>
Parent peer support	11,000	-	-	(5,750)	<b>5,250</b>
COVID-19 response	-	5,000	(5,000)	-	<b>-</b>
Triple Track Treatment Project 2	10,000	-	-	-	<b>10,000</b>
Tottenham 2 (City Bridge Trust)	-	35,700	(35,700)	-	<b>-</b>
Youth Violence	-	10,000	(10,000)	-	<b>-</b>
Ventilation system	-	4,000	-	(4,000)	<b>-</b>
<b>Restricted funds</b>	<b>186,215</b>	<b>54,700</b>	<b>(50,700)</b>	<b>(9,750)</b>	<b>180,465</b>
<b>Total funds</b>	<b>824,464</b>	<b>627,066</b>	<b>(689,453)</b>	<b>-</b>	<b>762,077</b>

**Capital – equipment and buildings**

To assist in calculation of the available reserves, and due to the large balance of assets on the balance sheet, the Trustees have set aside the net book value of the fixed assets within a designated fund.

There is also a restricted fund balance for the buildings as a result of funding received to significant building improvements including an extension in prior periods.

**Property maintenance reserve**

This reserve was created in 2013/14 with the intention of increasing the amount over the forthcoming years to make sure the Charity has sufficient reserves for internal and external redecoration in the short term, and replacement of roof, windows, central heating and other significant repairs in the long term.

## [12. Analysis of charity funds \(continued from previous page\)](#)

### Development of the service

A very generous donation of £198,000 was awarded to Open Door in May 2018. The donor, who wishes to remain anonymous, stipulated that the money be spent within a maximum time frame of 3-5 years and that it be used to directly benefit the young people, parents and carers who access Open Door. The Trustees have prudently set this aside as a designated fund for development of the service over the next few years, although £42,000 of this was transferred in the prior year to support the parent support service over the 18 months from September 2018.

### Parent peer support

This is funding received from three smaller grants to help establish parent peer support as part of the wider work with parents. During the year several funders who had contributed to this fund agreed, in light of the ongoing COVID-19 pandemic, for the funds to be transferred to core costs.

### COVID-19 response

This is funding received to support the organisation adapt to new ways of working during the COVID-19 pandemic.

### Triple Track Treatment Project

This is a multi-year project funded by comic Relief that has now ended working with depressed 16-24 year olds at risk of social exclusion.

### Tottenham 2/Open Door Tottenham

This is funding from City Bridge Trust to develop the clinical service for young people aged 12 – 24 in Tottenham.

### Youth Violence

This is a small 2-year grant from the Evening Standard Dispossessed Fund Saving London Lives to pilot a therapy project for young people and families affected by serious youth violence. We aim to work with 34 young people each year and their parents/carers as appropriate.

### Ventilation system

This is a small grant received to support purchase of a new ventilation system for the offices. This was purchased in year and capitalised onto the balance sheet and so the grant was released to unrestricted reserves to reflect this.

12. Analysis of charity funds (continued from previous page)

	Balance brought forward Year ended 31 Mar 2020 £	Income for the period Year ended 31 Mar 2020 £	Expenditure in the period Year ended 31 Mar 2020 £	Transfers between funds Year ended 31 Mar 2020 £	Balance carried forward Year ended 31 Mar 2020 £
<b>Unrestricted funds</b>					
Designated funds					
Capital - equipment	3,620	-	(3,226)	22,623	23,017
Capital - buildings	140,242	-	-	-	140,242
Property maintenance reserve	17,250	-	-	-	17,250
Development of the service	156,413	-	-	-	156,413
Parent support service continuation	28,503	-	(28,503)	-	-
Designated funds	346,028	-	(31,729)	22,623	336,922
General fund	108,953	590,358	(375,361)	(22,623)	301,327
Unrestricted funds	454,981	590,358	(407,090)	-	638,249
<b>Restricted funds</b>					
Capital - buildings	165,215	-	-	-	165,215
Parent peer support	11,000	-	-	-	11,000
Young People - core services	12,513	-	(12,513)	-	-
Improving Access for Young People with Disabilities 2	-	-	-	-	-
Triple Track Treatment Project 2	10,000	-	-	-	10,000
Open Door Tottenham	-	4,167	(4,167)	-	-
Tottenham 2 (City Bridge Trust)	-	47,075	(47,075)	-	-
Recruit to Train (HEE)	2,384	-	(2,384)	-	-
Waiting Time initiative/pilots	83,612	-	(83,612)	-	-
Trailblazers	10,253	-	(10,253)	-	-
Youth Violence	-	10,000	(10,000)	-	-
Home Office	-	8,545	(8,545)	-	-
Restricted funds	294,977	69,787	(178,549)	-	186,215
Total funds	749,958	660,145	(585,639)	-	824,464

## 12. Analysis of charity funds (continued from previous page)

### Parent support service continuation

As noted above, £42,000 of the large donation was transferred to support the continuation of the parent support service over 18 months from September 2018.

### Young People – core services

This was funding for our service for Haringey residents aged 18 and under, and is provided under a contract with NHS Haringey CCG. This also includes funding for our core over-18 service for Haringey young adults with significant needs and is joint funded by Haringey Council (Adult and Community Services). This grant also includes a contribution to the development of Open Door Tottenham. As noted in the prior year accounts, following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts with statutory bodies and presented them as unrestricted income from 2019/20 onwards. Previously this had been treated as restricted income.

### Triple Track Treatment Project

This was a multi-year project funded by comic Relief that has now ended working with depressed 16-24 year olds at risk of social exclusion.

### Open Door Tottenham

This was funding received from Euromonitor to support development of the service in Tottenham.

### Recruit to Train

This was funding to support two Health Education England (HEE) CYP-IAPT training posts in CBT and Family Therapy lasting two years from Jan 2018 to Dec 2019. As noted in the prior year accounts, following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts with statutory bodies and presented them as unrestricted income from 2019/20 onwards. Previously this had been treated as restricted income.

### Waiting Time initiatives

This was funding received from Haringey NHS CCG to reduce waiting times. As noted in the prior year accounts, following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts with statutory bodies and presented them as unrestricted income from 2019/20 onwards. Previously this had been treated as restricted income.

### Trailblazers

This was funding from NHS Haringey CCG for three years from January 2019 to June 2021 as part of a national pilot to reduce waiting times in children and young people's mental health services.

As noted in the prior year accounts, following conversations with the independent examiner and a review of sections 5.39 to 5.40 of the SORP, as well as a review of the terms of funding, the Charity has reviewed its treatment of the contracts with statutory bodies and presented them as unrestricted income from 2019/20 onwards. Previously this had been treated as restricted income.

### Home Office

This was a small grant from the Bridge Renewal Trust as part of a Haringey wide project funded by the Ministry for Housing, Communities and Local Government. The funding ran from November 2019 to March 2020 and was to work with parents of young people aged 12-15 at risk of involvement with crime and youth violence.



**13. Analysis of net assets**

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Total funds</b>
	<b>Year ended 31 Mar 2021</b>	<b>Year ended 31 Mar 2021</b>	<b>Year ended 31 Mar 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Fixed assets	190,080	165,215	<b>355,295</b>
Current assets	425,990	15,250	<b>441,240</b>
Current liabilities	(34,458)	-	<b>(34,458)</b>
	<b>581,612</b>	<b>180,465</b>	<b>762,077</b>

	<b>Unrestricted funds</b>	<b>Restricted funds</b>	<b>Total funds</b>
	<b>Year ended 31 Mar 2020</b>	<b>Year ended 31 Mar 2020</b>	<b>Year ended 31 Mar 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>
Fixed assets	163,259	165,215	328,474
Current assets	517,238	42,900	560,138
Current liabilities	(42,248)	(21,900)	(64,148)
	<b>638,249</b>	<b>186,215</b>	<b>824,464</b>

**14. Analysis of net debt**

	<b>As at 1 Apr 2020</b>	<b>Cash flows</b>	<b>Other movements</b>	<b>As at 31 Mar 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Cash and cash equivalents				
Cash at bank	544,898	(126,329)	-	<b>418,569</b>
	<b>544,898</b>	<b>(126,329)</b>	<b>-</b>	<b>418,569</b>

	<b>As at 1 Apr 2019</b>	<b>Cash flows</b>	<b>Other movements</b>	<b>As at 31 Mar 2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Cash and cash equivalents				
Cash at bank	389,397	155,501	-	544,898
	<b>389,397</b>	<b>155,501</b>	<b>-</b>	<b>544,898</b>

**15. Trustee remuneration**

During the year, no trustee received any remuneration (2020: £Nil). No members of the Board of Trustees received reimbursement of expenses (2020: £Nil).

**16. Related party transactions**

During the year there were no related party transactions (2020: £Nil)

