

Trustees Report 2024-25

Indian Community Centre-Reading

Friday 30th January 2025 at ICA at 11:30am

Introduction:

The committee would like to present information relating to the centre and its activities in the last twelve months. It will throw light on our successes and any challenges faced as well as the current progress being made on our activities and finances.

Our main activity has been the Older People's Club with regular health & wellbeing sessions and healthy Asian type lunch. In addition, the centre runs Bollywood dance classes for adults and children, Bhangra/Gidha, Pilates and yoga classes for adults. Bharat Natyam classes organised by the Kalakunj school are still going strong and exams for these classes are held every year.

Please see below brief information on our activities held for the year 2024/25

Senior Citizen Club (also Known as "Ek Saath community Together")

The senior citizen service aims to help those having issues and challenges of health & wellbeing, loneliness, isolation, anxiety, dementia and a lack of adequate social interaction. It should be noted that many of our users are single and isolated, therefore, they may not have enough /little /or no family support. Some of the older people also use our service for social and cultural reasons. The service to older people includes help with matters of a personal nature which is provided through our staff as far as possible and signposting for further specialist support if required.

As stated in our previous reports, it was a challenge to resume activities at the community centre post Covid- 19. The committee started the senior citizen club one day a week during the year 23/24. The management began looking for support both locally and long-term funding from national charities with the aim of returning services to pre-pandemic levels. A local infrastructure organisation was also helpful with information and knowledge. Over a dozen applications were made with no solid positive outcome, however, an application for community fund to support senior citizens was successful in Feb/March 2024 which promised support and assistance in strengthening the project for up to 5 years, subject to terms and conditions which the committee accepted due to our confidence in meeting those terms.

The community fund will contribute towards staffing costs, subject to us raising a percentage of our own funds. In other words, our project should generate income as well. It is worth mentioning here that the positive outcome of the funding application was due to almost a year's work of many people including the office staff, members of the management committee and those with experience on funding. This was also possible because the funding body (National Lottery Community Fund) was supportive of the type of the work we had been successfully doing over the last many years including our new proposal and pre-pandemic service for the older people. During the year 24/25 the service for senior citizens moved from one day a week to two and now runs three days a week.

The Senior Citizen activities (The project *EK Saath Community Together*) is currently our main project. In the last financial year (24/ 25/) the following was achieved:

Freshly prepared meals in our kitchen were served to users three days a week, Monday, Wednesday and Friday. We are glad to report that negotiations are being held with BYPD to start **Dementia**, a special project on Thursdays. The aim of this project will be to bring awareness in the community on Dementia and related issues.

Health improvement chair exercises: - The sessions are taken by qualified and experienced local instructors. Staff observations and feedback from users indicates that these sessions are proving to be very beneficial and are going to continue in future.

Workshops on diabetes, food nutrition and health checks were also organised which were well received and the feedback received was very positive.

Social and cultural activities run with the involvement of users/volunteers/staff. Given the positive feedback, the aim now is to continue with all the above in the next financial year.

A significant number of people are using the local transport service provided by Readi-Bus and Keep Mobile of Wokingham town. The centre staff and management liaise with them on a regular basis to ensure the service runs smoothly for our users. These transport services are proving to be crucial towards the success of the project. Our users come to the Centre, through self-referrals, local borough councils, other voluntary organisations, **GP surgeries**, family members and through our own promotion such as newsletters/social media.

40 years of Centre

In May, 2024, we celebrated 40 years of the Centre and officially launched our project “EK Saath Community Together” in the presence of the Mayor of Reading, local councillors, staff from the policy unit of the Reading Borough Council, Our funding Liaison Officer Community Fund(NLCF), BBC local, past members of the association and our users and management committee members.

Building

It is a fact our building is very old and requires a lot of regular maintenance which includes a regular check on fire and safety equipment, intruder alarm systems, central heating and plumbing. Some of our furniture is aged, therefore, the committee plans to review and replace it over the next two years.

The committee will need to look into replacing the carpets upstairs and flooring in the main hall as well as general redecoration. The car park gate will also need to be re-examined.

Due to the rapid and constant change in technology, some essential office equipment must be replaced or updated. These include CCTV, broadband, telephone, laptop and licence renewals.

Afterschool Club

During the year 24/25, the management committee was exploring the possibility of restarting the After School Club (ASC). An organisation called “Brighter Future for Children”

was ready to consider our application for a grant, however, it was impossible to meet their terms and conditions, hence the plans were postponed.

Accounts

Since receiving the funding under our project “EK Saath Community Together”, the committee should be able to provide stability not only to the older people project but also to running and maintenance of the Centre which is essential to supporting the above project. Looking at our current account, reserve account, income & expenditure, balance sheet and promise of long-term funding from Community Fund, the financial situation of the Indian Community Association is likely to remain satisfactory. With this, our service and offering for users could further expand. We are also very grateful to those members who have kindly given donations.

We would like to thank our main funding body Community Fund (NLCF), our users, staff, committee members, donations from members, volunteers and local borough councils serving our areas for their support, advice and help.

Board of Trustees

Indian Community Association

Indian Community Centre

2 Norris Road, Reading, RG6 1NJ

INDIAN COMMUNITY ASSOCIATION

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

INDIAN COMMUNITY ASSOCIATION
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
INDIAN COMMUNITY ASSOCIATION

I report on the accounts of Indian Community Association for the year ended 31 March 2024, which are set out on pages 2 to 7.

Respective responsibilities of trustees and examiner:

The charity's trustees are responsible for preparation of the accounts. They consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

1. examine the accounts under section 145 of the 2011 Act;
2. follow the procedures laid down in the general Direction given by the Commission under section 145(5)(b) of the 2011 Act; and
3. state whether particular matters have come to my attention.

Basis of independent examiner's report:

My examination was carried out in accordance with the general direction given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a true and fair view and the report is limited to those matters set out in the next statement.

Independent examiner's statement:

In connection with my examination, no matter has come to my attention:

(a) which gives me reasonable cause to believe that in any material respect the requirements:

1. to keep accounting records in accordance with section 130 of the 2011 Act;
2. to prepare accounts which accord with the accounting records, comply with the accounting requirements of the 2011 Act and
3. which are consistent with methods and principles of the Statement of Recommended Practice: "Accounting and Reporting by Charities" have not been met or

(b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Bettridge & Co Chartered Accountants

21 January 2026

INDIAN COMMUNITY ASSOCIATION

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 31 MARCH 2025

	Note	2025 £	2024 £
<i>INCOMING RESOURCES</i>			
Grants receivable	1	95,134	7,905
ICA activities	4	32,574	17,088
Donations		1,970	1,169
Refund HMRC		-	2,962
Interest received		1,029	969
		130,707	30,093
<i>RESOURCES EXPENDED</i>			
Administrative	2	51,545	25,227
Establishment	3	7,367	7,742
ICA activities	4	14,517	3,778
Depreciation	6	6,041	5,909
		79,470	42,656
<i>NET INCOMING RESOURCES</i>	9	51,237	(12,564)
Balance at 1 April 2024		220,860	233,423
Balance at 31 March 2025			
		272,097	220,860

The revenue and expenses above relate wholly to Unrestricted Funds.

The notes on pages 4 to 7 form part of these accounts.

INDIAN COMMUNITY ASSOCIATION

BALANCE SHEET AS AT 31 MARCH 2025

	Note	2025 £	2024 £
TANGIBLE FIXED ASSETS	6	125,140	130,352
CURRENT ASSETS			
Debtors	5	100	100
Cash at bank and in hand	7	148,408	91,009
		<u>148,508</u>	<u>91,109</u>
CREDITORS			
Amounts falling due within one year	8	(1,551)	(601)
NET CURRENT ASSETS		<u>146,957</u>	<u>90,508</u>
NET ASSETS		<u><u>272,097</u></u>	<u><u>220,860</u></u>
FUNDS	9		
Restricted		235,000	235,000
Unrestricted		37,097	(14,141)
		<u><u>272,097</u></u>	<u><u>220,860</u></u>

Approved by the Board of Trustees on 21-1-2026 and signed on its behalf by:


Anil Kukreja
Chairman


Ashwani K Gupta
Treasurer

The notes on pages 4 to 7 form part of these accounts.

INDIAN COMMUNITY ASSOCIATION

NOTES TO THE ACCOUNTS: YEAR ENDED 31 MARCH 2025

1. <i>Grants Receivable</i>	2025	2024
	£	£
Unrestricted:		
Reading Borough Council	7,000	-
Community Fund (NLCF)	79,716	-
Wokingham Borough Council	8,418	7,905
	<u>95,134</u>	<u>7,905</u>
 2. <i>Administrative Expenses</i>		
Salaries and national insurance	49,383	23,795
Telephone	694	676
Printing, postage and stationery	207	45
Training	561	11
Accounts examination	700	700
	<u>51,545</u>	<u>25,227</u>
 3. <i>Establishment Expenses</i>		
Repairs and maintenance	1,588	453
Light and heat	2,607	4,820
Insurance	1,513	1,284
Rates and water charges	881	432
Cleaning and waste disposal	673	703
Membership	105	50
	<u>7,367</u>	<u>7,742</u>

INDIAN COMMUNITY ASSOCIATION

NOTES TO THE ACCOUNTS: YEAR ENDED 31 MARCH 2025

4. ICA Activities	2025	2024
	£	£
<i>INCOME</i>		
Hire of hall	8,705	8,093
Senior Citizen health and wellbeing activities	16,355	7,828
Health and fitness (others)	7,514	601
Elderly	-	566
	<u>32,574</u>	<u>17,088</u>
<i>EXPENSES</i>		
Senior Citizen health and wellbeing activities	6,506	3,370
Health and fitness (others)	8,011	408
	<u>14,517</u>	<u>3,778</u>
5. Debtors		
Hire of hall	-	-
Consortium membership fee	100	100
	<u>100</u>	<u>100</u>

INDIAN COMMUNITY ASSOCIATION

NOTES TO THE ACCOUNTS: YEAR ENDED 31 MARCH 2025

6. Tangible Fixed Assets

	Freehold Property £	Equipment, Furniture, & Others £	Total £
<i>COST</i>			
At 1 April 2024	280,373	68,279	348,652
Additions	-	829	829
As at 31 March 2025	<u>280,373</u>	<u>69,108</u>	<u>349,481</u>
<i>DEPRECIATION</i>			
At 1 April 2024	150,926	67,374	218,300
Charges	5,607	434	6,041
As at 31 March 2025	<u>156,533</u>	<u>67,808</u>	<u>224,341</u>
<i>NET BOOK VALUE</i>			
As at 31 March 2025	<u>123,840</u>	<u>1,300</u>	<u>125,140</u>
As at 31 March 2024	<u>129,447</u>	<u>905</u>	<u>130,352</u>

7. Cash at bank and in hand

National Westminster Bank plc		
Business Reserve	74,390	73,361
Current account	74,004	17,703
Cash in hand	14	(55)
	<u>148,408</u>	<u>91,009</u>

INDIAN COMMUNITY ASSOCIATION

8. <i>Creditors: Amounts falling due within one year</i>	2025 £	2024 £
Advance receipts:		
Reading Borough Council	-	-
Wokingham Borough Council	-	-
ICA activities	960	-
Accruals	591	601
	<u>1,551</u>	<u>601</u>

9. <i>Funds</i>	Unrestricted	Restricted	Total
Balance at 1 April 2024	(14,141)	235,000	220,860
Net movements in incoming resources	51,237	-	51,237
Balance at 31 March 2025	<u>37,097</u>	<u>235,000</u>	<u>272,097</u>

The restricted funds relate to Building £205,000, Pension £10,000 and Provision For Staff Redundancy £20,000.

10. *Accounting Policies*

The following accounting policies are used consistently with items that are considered material in relation to the charity's accounts:

Basis of accounting: The accounts are prepared under the historical cost convention.

Income and expenses: The income and expenses are stated using the "accrual" concept in accordance with the Statement of Recommended Practice for charity accounts.

Depreciation : Depreciation is provided at an annual rate of 25% on all tangible fixed assets under the reducing balance method, except for freehold property, which is depreciated at an annual rate of 2% on a straight line basis.

INDIAN COMMUNITY ASSOCIATION

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