



BRITISH
LIVER
TRUST

British Liver Trust Annual Report and Accounts

for the year ended 31 March 2021

The British Liver Trust is a company limited by guarantee
Company registration number: 02227706
Charity registration number: 298858 (England and Wales), SC042140 (Scotland)

Reference and administrative details

Chairman

Wim Bushell

Chief Executive Officer

Pamela J Healy OBE

Trustees

Wim Bushell (Chair of Trustees)

Sally Benatar (*Appointed 15 February 2021*)

Diana Gornall

Abigail Jesson (*Appointed 15 February 2021*)

Alastair King (*Appointed 18 May 2020*)

Toby McMaster

David Meek

Martin Newlan

Dr Steve Ryder

Victoria Sheriff (*Appointed 15 February 2021*)

Professor Douglas Thorburn (*Appointed 17 May 2021*)

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Company Registration Number

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Charity Registration Number

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(Scotland)

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Chairman's welcome



Welcome to the British Liver Trust's annual report and accounts.

The year 2020/21 was one like no other. As the Covid-19 pandemic spread, we were forced to rethink and reshape the way we work. But against a backdrop of increased health risks and enforced isolation, people with liver disease needed our support more than ever, and we rose to that challenge.

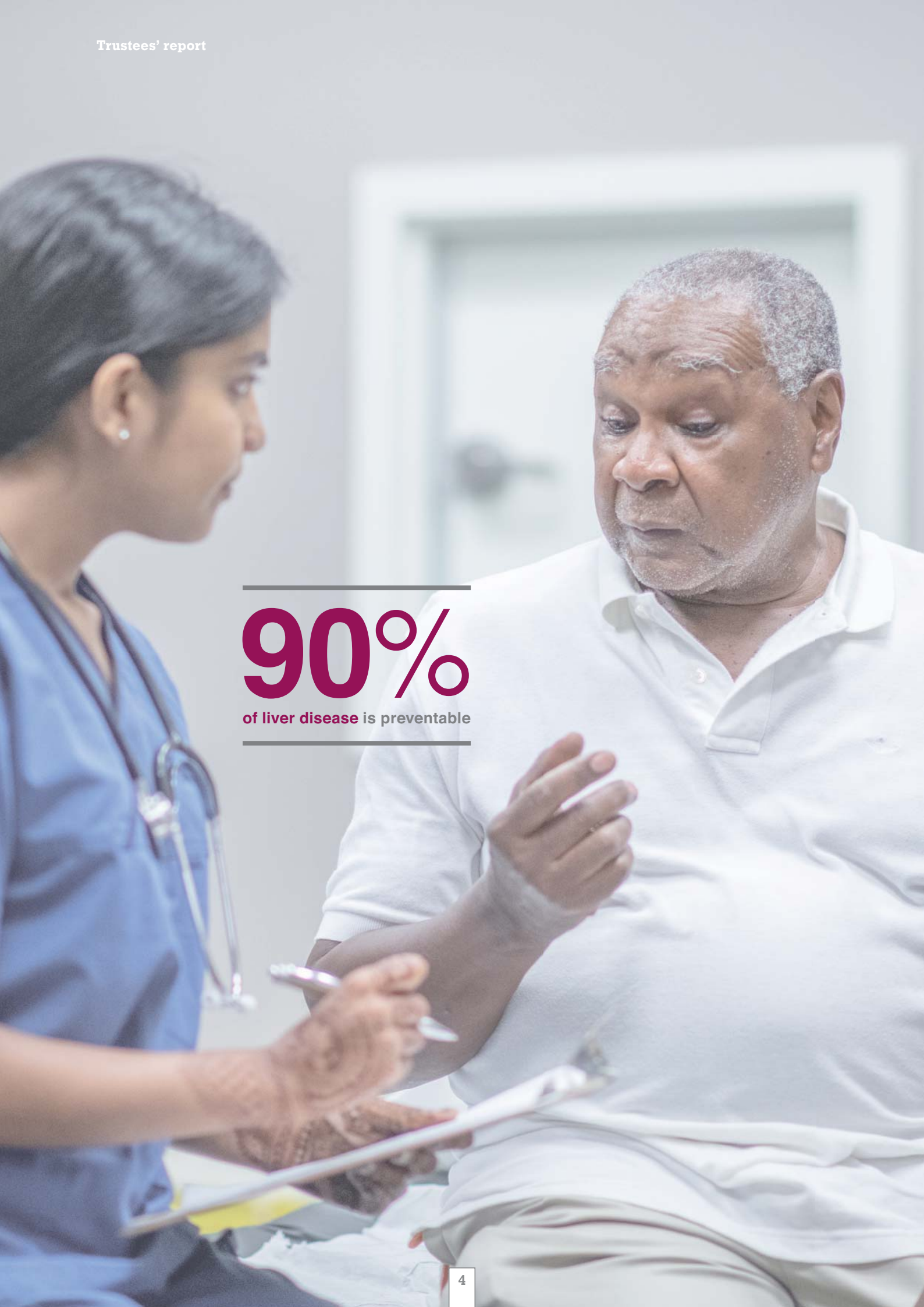
Anxious patients and family members looked to us for help and we stepped up to provide it. Our nurse-led helpline service saw a 40% increase in enquiries over the year, so we added another specialist nurse to our team to provide more capacity. The vital peer-to-peer support provided through patient groups was wiped out by lockdowns, so we launched virtual support groups, giving isolated patients a much-needed chance to share experiences. And our online community for liver patients grew by over 25%, as people reached out to make connections and seek support in different ways.

With the nation advised to stay at home for much of the year, our website became a vital source of information, accessed by over 2.3 million people looking for accurate, up-to-date guidance and health advice. Our reach extended further through the media too, with national coverage on issues such as shielding, lockdown health and liver disease risks that reached an audience of over 140 million, keeping liver health firmly on the agenda.

Liver disease is the biggest cause of death in adults aged 35-49 yet it is often overlooked – a point that was underlined when Covid-19 shielding was introduced and excluded those with serious liver disease. We took immediate action and campaigned actively for change, resulting in patients with decompensated liver disease being added to the shielding list. Working with specialist clinicians and professional bodies, we also continued our work to campaign for changes in policy affecting alcohol consumption and junk food, and welcomed the Government's new Obesity Strategy in July 2020.

I am exceptionally proud of the work we have undertaken in 2020/21 and would like to take this opportunity to thank every member of the British Liver Trust team, staff and trustees alike, for their incredible efforts over the year. I would also like to express my enormous gratitude to all our supporters, without whom none of our life-saving work would be possible. We have received phenomenal support during the year, from individuals who have taken part in virtual events, physical challenges and campaigns, and the many organisations that have so generously backed our work.

Wim Bushell
Chairman



90%

of liver disease is preventable

About the British Liver Trust

The British Liver Trust is the leading charity for adults with liver disease and liver cancer in the UK. We provide information and support to patients and their families, raise awareness of liver health and the risk factors for liver disease, and campaign at a national level to improve standards of care and policy.

Our vision is a world without liver disease.

Our mission and goals

Our mission is to transform liver health through increased awareness, prevention, improved care and support.

Our goals are to:

- Provide information and support to everyone affected by liver disease and liver cancer
- Increase awareness of liver disease and liver cancer to a wider audience
- Campaign for earlier detection and better treatment of all types of liver disease
- Work in partnership to drive up standards of care and encourage more research
- Grow the number of people who are engaged with us and drive up income
- Work effectively by having a clear mission, a motivated workforce and first-class office processes.

About liver disease

Liver disease is a public health emergency. It is the biggest cause of death in people aged 35-49 years old in the UK and the third leading cause of premature death overall – yet 90% of liver disease is preventable.

Too often, liver disease is diagnosed at a stage when it is simply too late for effective intervention or treatment. More than 70,000 people are admitted to hospital every year with liver disease in the UK and shockingly, almost a quarter of those patients will die within 60 days.

The Covid-19 pandemic and in particular, lifestyle changes in lockdown have had a frightening impact on liver health. Research surveys published in 2020 found that 28% of people reported drinking more during the first lockdown. And that 42% reported they had gained weight. These are two of the biggest risk factors for liver disease. The resulting impact is already evident – alcohol-related liver deaths increased by 21% during the first year of the pandemic.

Liver disease is the biggest cause of death in people aged

35-49

years old

Alcohol-related liver deaths increased by

 **21%**

during the first year of the pandemic

Almost a quarter of patients admitted to hospital with liver disease will die within

60 days

Our helpline and email service saw a

40%

increase in demand compared to 2019/20

Our activities in 2020/21

The following report sets out the British Liver Trust's key activities and achievements during 2020/21, and outlines how these have made a difference to people with liver disease, their families and the general public.

“Thank you so much for your kind and invaluable support... I felt listened to and was given great advice which left me feeling able to cope with my husband's diagnosis of decompensated cirrhosis, armed with knowledge, support and encouragement. Having someone to actually speak to is absolutely invaluable and a fabulous resource. Thank you so much for providing this service. It really is a lifeline. - Helpline caller

Providing support and connections

No one should face liver disease alone. We employ specialist nurses to ensure people with a new diagnosis have somewhere to turn, and that those living with liver disease have access to support when it's needed. We also provide platforms to allow people with liver disease to connect with others, including peer-to-peer support groups and a moderated online community.

Nurse-led helpline service

Our nurse-led helpline provides practical and emotional support to anyone affected by liver disease. That support was critical during the pandemic, when many people with liver disease were at risk of becoming seriously ill with Covid-19. Patients across the UK were also isolated, often unable to access the usual support available to them, so our specialist liver nurses became a lifeline.

Our team provided support and signposting on questions relating to Covid-19, including shielding, accessing care and vaccinations. They were on hand to help those who were unable to see their specialists and needed information on specific liver conditions, and provided a much-needed listening ear in a time of crisis.

Our helpline and email service saw a 40% increase in demand compared to 2019/20, as our specialist nurses dealt with 5,400 requests for help and information (compared to 3,852 in 2019/20).

To address the increased need for support, we recruited a new specialist liver nurse, Lindsay, in early 2021, growing the team to four. Lindsay joined us with 20 years' experience in caring for people with liver disease, taking the combined total experience of our specialist nurses to over 120 years.

“*You have all been so helpful in helping me understand this terrible sickness and I want to thank you all for being such gems. This truly is a brilliant site, with many uplifting, caring and encouraging people.*

- Online community user



Lindsay joined our team of specialist nurses in 2021

Online community

Our online community provides a space for people with liver disease to connect, discuss experiences and support one another. The community is moderated by our specialist liver nurses 365 days a year. The team make sure discussions and information shared are appropriate, and follow up when people may need further support or signposting.

In a year when many people felt anxious and isolated, this supportive community grew in size. By March 2021, the community had 27% more members than a year before, from 19,877 at the end of March 2020 to 25,290 at the end of March 2021.

Virtual support groups

In common with many other organisations, the pandemic prompted us to rethink the way we work and explore different ways to connect with one another.

The enforced suspension of our face-to-face patient support groups in March 2020 gave us the opportunity to test, expand and measure the impact of running virtual groups.

Plans already in place to host virtual support groups for those in remote areas or with impaired mobility were brought forward and rapidly expanded – a move that was welcomed by anxious and isolated patients around the UK.

We saw an immediate growth in numbers after the launch of our first virtual support group in April and attendance grew again in October as regional lockdowns returned. Thanks to the flexibility that technology provides, we have continued to expand and add groups to meet demand.

We welcomed over 1,780 attendees to support groups across the course of the year, uniting patients and empowering them to discuss topics ranging from the lifestyle impact of liver conditions, to practicalities such as prescriptions and food support during lockdown.

1,780

attendees at virtual
support groups

Supporting patients in Scotland and Wales

Our outreach teams in Scotland and Wales work with healthcare professionals, community workers and professional bodies to help patients. Over the year, the teams adapted their networking and partnership activities to work virtually where needed, and played a key role in implementing and managing our virtual support groups.

In Scotland, the team worked closely with healthcare professionals and leaders, including the Scottish HepatoPancreatoBiliary Network and Health Improvement Scotland, to improve care, identify new ways of working and provide opportunities for the Trust to promote and provide our patient support programmes. The team also supported an important hepatitis C eradication programme in the Grampian region. They then finished the year with a pilot event in advance of the launch of our patient information webinar programme (find out more about this in Our Future Plans on page 28).

Our team in Wales continued to work closely with partner organisations to support the implementation of the Welsh Government Liver Disease Delivery Plan, a key project that seeks to transform liver health in Wales. The team also attended virtual meetings as part of the 'Healthy Weight, Healthy Wales' Implementation Board and the Wales Cancer Alliance, and ran a Bitesize 'Health in the Workplace' programme in early 2021 in conjunction with the Betsi Cadwaladr UHB.

The outreach teams also introduced 'Living Well' sessions. These virtual topic-led sessions offer support to people with liver disease on self-management, and provide advice on how to cope with the emotional and practical issues that living with a long-term condition may present. Sessions included sleep hygiene, emergency planning, getting the most out of healthcare appointments, exercise and activity, and wellbeing.

Read more about our campaign work in Scotland and Wales on page 16.



Our outreach teams support patients in many different ways, and worked virtually where needed during the pandemic

Rosie's story

“ I live on the Isle of Lewis; we are a tight-knit community and I feel very lucky. I went to my GP because of what seemed to be a skin condition. I was itching all over, my skin was broken from scratching so much, and on top of that my joints were really, really painful. Routine blood tests had shown that my liver function was deteriorating, and possibly had been for some time. That was scary. I was fortunate that a visiting locum to Stornoway was a retired professor of hepatology and he agreed to see me. He immediately suspected that I had Autoimmune Hepatitis (known as AIH) a rare condition where the immune system starts attacking the liver. This was serious and things started to happen quickly.

Following a liver biopsy, I was diagnosed with AIH. I truly believe that my diagnosis came just in time, and that I had been at real risk of developing cirrhosis of the liver if it had gone on much longer.

It was a liver nurse who called to tell me about the new online support group, set up during Covid-19, run by the British Liver Trust, just for people in the Highlands and Islands with Autoimmune Hepatitis. She said, 'I think this group will be ideal for you'. I said, 'Sign me up straight away!' As the group meeting came around, I was a bit apprehensive. Did I want to share my experiences with people who are strangers to me? But I needn't have worried. There were five others at the first meeting and we just understood each other straight away!

It is so refreshing to find a place where you don't have to say you are fine. You can say – this is a tough day, I am struggling. The other people in the group already know exactly how you are feeling. I can ask, does anyone else feel like this, or someone will say, have you had these symptoms – and I will say – yes! And it's such a relief to know that it's not all in your head; that you aren't losing yourself.

I find myself looking forward to the next meeting. I already know that these groups will continue online, even after the pandemic is over. They are already so important to us. It will be nice one day to meet other members of the group face to face, but for now I just feel really lucky to have found this support without having to leave home!

Providing information

We know from our own research that 90% of patients with liver disease look for more information online following a clinic appointment, so it's vital that when they do, they find high-quality, clinically accurate content. We work hard to ensure patients and their families have access to digital and printed information on a wide range of liver conditions. We're also stepping up our work to make sure content is easily available to anyone who needs it, in a format that works for them.

Publications and digital information

The British Liver Trust is a leading source of information on liver health. We produce and manage a library of over 45 patient information booklets and factsheets, and provide a growing range of digital information materials such as animations and patient videos.

During 2020/21 we launched two new factsheets in a format that is easy for patients to access and download at home, and for healthcare professionals to access and print in clinics.

Primary Liver Cancer: The Care To Expect sets out the key stages in a patient's journey following a diagnosis of liver cancer, with information about care and treatment, and suggestions for questions to ask at each stage.

Eating Well For A Healthy Liver offers tips and ideas for managing diet to improve liver health, and signposts to more information on how to maintain a healthy liver.

This factsheet forms part of our expanding suite of information on diet and liver disease, which also includes two new videos launched in 2020/21: a short 'teaser' video for social media highlighting the fact that one in three people have a fatty liver, and a second longer video outlining the simple steps people can take to improve their diet and lifestyle, and support better liver health.

6,433 printed copies of publications were sent out during 2020/21 and people downloaded 42,876 copies of our publications. Although many hospitals weren't ordering publications due to Covid-19, an increasing number of patients accessed information and support via our website instead, with over 636,000 unique visitors to our information and support pages, and over 100,000 unique visitors to our information on Covid-19 for people with liver disease or liver cancer.



Our health information on diet is extremely popular so we added to it with a new explainer video and factsheet



Online support and information

Our website was visited by over 2.3 million people during 2020/21, an increase of 10% on the previous year (2,369,015 unique visitors in 2020/21 compared to 2,114,813 in 2019/20).

The site became a critical source of information for liver patients during the pandemic, providing information on shielding and changing guidance, as well as support on issues such as mental health and wellbeing. Throughout the pandemic, we worked closely with national Government bodies including the Department of Health and NHS England to ensure that the voices of liver patients were heard and policy considered them. We worked with national and professional bodies (including the British Society of Gastroenterology – BSG, the British Association for the Study of the Liver – BASL, and NHS Blood & Transplant – NHSBT) to provide the most up-to-date advice for patients with liver disease.

Our helpline nurses regularly referred patients to our Covid FAQ page for support navigating the national guidance.

Covid-related website content included:

- Advice for people who are clinically extremely vulnerable – 23,449 unique page views
- Update on the Covid-19 vaccine for liver patients – 90,834 unique page views
- Series of patient stories on our 'Life in lockdown' page – 10,455 unique page views
- Covid-related blogs, including two with tips on mental health advice from a cognitive behavioural therapist.

2,369,015
unique visitors to our website

“Having used the website and helpline, it is evident how the Trust is the true backbone in ongoing support for patients and families experiencing liver disease. For that – a huge thank you.

- Helpline caller

Across the whole site, the most popular pages over the year were:

Page	Unique page views
Symptoms of liver disease	154,524
Covid-19 advice for people with liver disease and liver transplant patients	106,798
Liver blood tests	117,210
Updates for people with liver disease on the Covid-19 vaccine	90,834
Cirrhosis information	85,410

Over 38,000 people took our online liver health screener over 2020/21 and we developed a series of communications to follow up with those who had taken the screener, including tips to help keep their liver healthy, and ways in which they could support the charity.

Keeping in touch

Our digital newsletter, *In Touch*, allows us to keep patients, family members and supporters up-to-date on liver health and our own activities.

It is sent to a mailing list of over 13,000 people each month, and has high open and click-through rates. During the financial year, we also sent a number of additional emails to our supporters specifically about Covid-19 including 'Supporting you through life in lockdown' and 'Shielding update', which received positive feedback for providing timely and accessible information for patients at a very confusing time.

Increasing awareness

Liver disease is often referred to as a silent killer but we're taking action to change that. Through wide-ranging media coverage, shareable social media content, real-life stories and face-to-face engagement work, we're breaking the silence and working to keep liver disease in the nation's consciousness.

Liver health in the media

Over the course of 2020/21, we achieved a total of 1,432 pieces of media coverage that mentioned the British Liver Trust, averaging 119 pieces of coverage a month.

Media activity was integral to our work during the Covid-19 pandemic. We campaigned for better guidance for people shielding, highlighted the experiences and struggles of people with liver disease, promoted the support available to those who needed it and highlighted the damaging impact of lockdown on liver health.

The result was wide-ranging coverage in both national and regional print, broadcast, and digital media. And an incredible 166% increase in audience reach, from 53 million in 2019/20 to 142 million in 2020/21.

166% increase in audience reach through media coverage



Media highlights included:

- Over 350 pieces of national and broadcast coverage regarding shielding, including the BBC, Channel 4 and The Guardian, with interviews featuring British Liver Trust staff and supporters
- Coverage on the BBC about the impact of the virus on organ transplant waiting lists which reached 1.9 million people
- Wide-ranging coverage on lockdown behaviours and their impact on liver health. British Liver Trust spokespeople were interviewed on national television and the story featured in many national newspapers
- Coverage on the risk factors for liver disease, including a story in the Daily Telegraph online about what alcohol does to your body if you're over 40, reaching over 1.1 million people.

Social media

Social media allows us to reach a broad range of audiences including patients, fundraisers and the general public. It provides a platform for us to tell patients' stories, share information and signpost to support, and allows us to highlight all forms of liver disease, including rare conditions.

Over the year, the number of people following us on our social media channels (Facebook, Instagram and Twitter) increased by 17%, from 14,860 in April 2020 to 17,446 in March 2021.

Our social media reach on Facebook and Twitter grew by 290%, from 1,388,393 in 2019/20 to 5,423,963 in 2020/21.

Highlights included:

- A Facebook video advert produced with the Department of Health and Social Care including a liver case study encouraging uptake of the Covid-19 vaccine which reached over 400,000 people
- Our first ever Facebook Live event took place in July 2020. The video was viewed by over 1,000 people and resulted in nearly 200 engagements during the live event, including at least one donation
- We shared a BBC news story on our Facebook page about a liver disease patient who was waiting for a transplant during the pandemic. When she finally had a transplant, we shared the good news on Facebook – the post reached over 4,000 people and had 700 engagements.



17%
increase in followers

Love Your Liver hits the virtual highway

Love Your Liver is the British Liver Trust's national awareness campaign, aimed at giving people the key steps needed to keep their liver healthy.

Covid-19 meant our popular Love Your Liver roadshows had to be put on hold but that didn't stop us from getting our messages out. In the absence of physical roadshows, we undertook a range of activities under the Love Your Liver banner, to keep liver health firmly on the map. We:

- Trialled our first ever webinar to inform the public about liver health risks and to drive screener sign-ups
- Launched a set of online and digital assets for use in virtual engagement work to promote Love Your Liver messaging whilst the roadshows are paused
- Got people talking about liver health during Love Your Liver month...



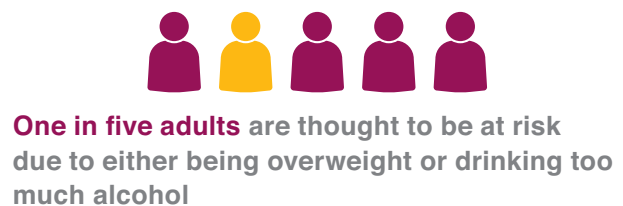
Our Love Your Liver month campaign reported that 28% of people admitted to drinking more during lockdown

Love Your Liver month

January is Love Your Liver month, and this year's was bigger than ever before.

In the midst of a second wave of Covid-19, with a national lockdown underway, we launched a fully integrated communications campaign with a focus on the three main risk factors for liver disease (alcohol, weight and viral hepatitis).

We ran a series of social media posts and Facebook adverts to encourage people to take our online liver screener and download our new diet factsheet, hosted a dedicated campaign page on our website, and issued a press release highlighting the impact of lockdown on liver health:



The campaign resulted in coverage in broadcast, national and regional media, including BBC Points West, The Times and The Daily Star, with an audience reach of over 4,150,000.

We also had 13,337 screener completions in January – over 600% higher than the monthly average in 2020.

Our Love Your Liver month activities included a targeted campaign in Wales, with assets delivered in English and Welsh language versions. The campaign reached over 80,000 people in Wales.

Campaigning for change

Our work to support patients and raise awareness is critical but it is only by campaigning for change at a national level that we can achieve the shifts in culture and policy needed to combat the liver disease crisis. Partnership working is at the heart of this activity – our voice is much louder when we work together.

Calls for better support during pandemic

When shielding was introduced, we were alarmed that people with the most serious form of liver disease – decompensated cirrhosis – were not included in the Government guidelines. We were also worried that the concerns of those who are immunosuppressed were not being heard.

We campaigned heavily on behalf of people with liver disease, working with BASL, BSG and NHSBT to agree our position, and wrote to each of the four nations' chief medical officers. This resulted in people with decompensated cirrhosis being included in the shielding list and being able to access support. We also undertook patient surveys so that we could better understand the impact of Covid-19 on people with liver disease, and used this to inform our future work.

We held regular meetings with the Department of Health and Social Care and Joint Committee on Vaccination and Immunisation to ensure the concerns of people with liver disease were heard and taken into account when developing guidance.

“We need the Government to lead on combatting the UK's drinking culture and obesity crisis, which has worsened during the Covid-19 pandemic. Urgent actions should include introducing fiscal measures to reduce alcohol consumption and obesity and improving legislation on marketing and labelling.

**Pamela Healy OBE, Chief Executive,
British Liver Trust**

Campaigning on alcohol policy

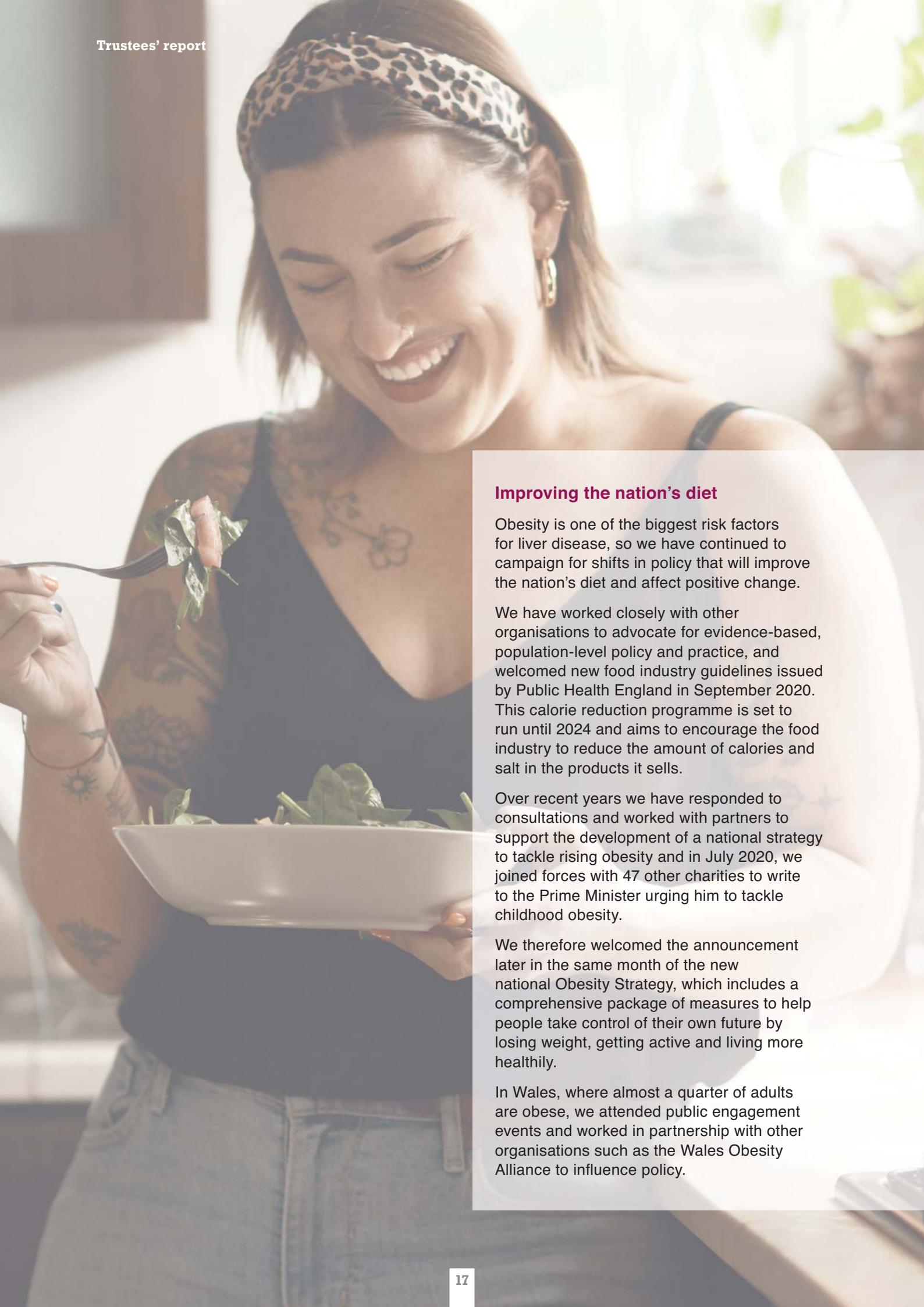
Around 5,800 people in the UK die every year because of alcohol-related liver disease. Over recent years we have seen some positive policy changes such as the introduction of minimum unit pricing in Scotland and Wales, but more must be done.

In August 2020, the British Liver Trust called for the Government to adopt a joined up alcohol strategy to tackle the negative effects of the UK's drinking culture.

The need for a new strategy was underlined by an increase in enquiries to our nurse-led helpline during lockdown, both from people with pre-existing alcohol-related liver disease and those worried that lockdown had changed their alcohol habits. We asked the Government to urgently adopt joined up public health measures across the UK including addressing the affordability of alcohol through taxation and putting in place stronger controls on the marketing and labelling of alcohol.

This call was reinforced again as part of our work with the Alcohol Health Alliance UK later in the year. In September 2020, we called for the Government to take responsibility for alcohol labelling following the publication of the *Drinking in the Dark* report, which found that the current system fails to provide consumers with adequate information to make healthy decisions about their purchases.

We also supported the Alcohol Health Alliance's *Duty To Recover* campaign for a fairer alcohol tax system that reflects the true cost of alcohol to society, and wrote to the Government in February 2021 asking them to increase alcohol duty by 2%.



Improving the nation's diet

Obesity is one of the biggest risk factors for liver disease, so we have continued to campaign for shifts in policy that will improve the nation's diet and affect positive change.

We have worked closely with other organisations to advocate for evidence-based, population-level policy and practice, and welcomed new food industry guidelines issued by Public Health England in September 2020. This calorie reduction programme is set to run until 2024 and aims to encourage the food industry to reduce the amount of calories and salt in the products it sells.

Over recent years we have responded to consultations and worked with partners to support the development of a national strategy to tackle rising obesity and in July 2020, we joined forces with 47 other charities to write to the Prime Minister urging him to tackle childhood obesity.

We therefore welcomed the announcement later in the same month of the new national Obesity Strategy, which includes a comprehensive package of measures to help people take control of their own future by losing weight, getting active and living more healthily.

In Wales, where almost a quarter of adults are obese, we attended public engagement events and worked in partnership with other organisations such as the Wales Obesity Alliance to influence policy.

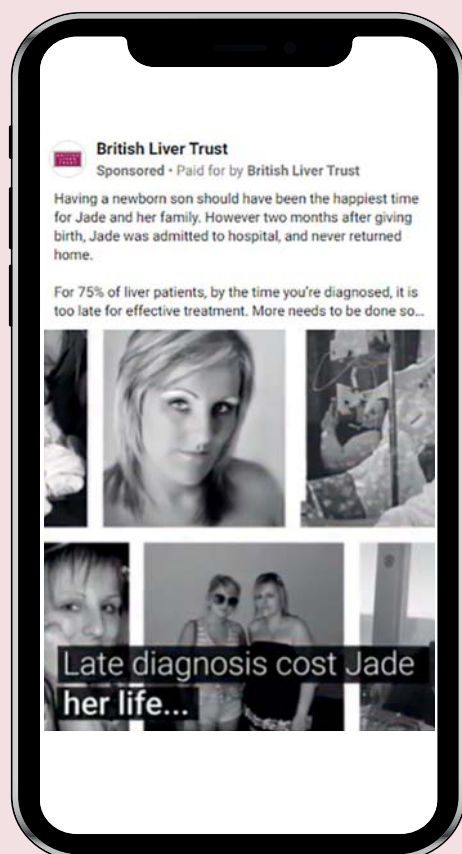


Sound the Alarm

Sound the Alarm is a three-year campaign calling for the implementation of 10 key changes that will significantly improve diagnosis, access to treatment and specialist care for liver patients.

Liver disease is a public health emergency, so in autumn 2020 we launched the first phase of the campaign, urging the Government to act now to save lives. This phase of the campaign focused on improving early detection, to demand faster diagnosis of liver disease.

We want to ensure GPs have the tools and resources to find patients at risk, provide support, access to testing and manage referral to secondary care as required. If these steps are taken, we believe more people will be diagnosed at a stage where they can get the help, support and treatment they need to prevent further liver damage and improve their condition.



10 key changes to improve the liver disease crisis

1. Every GP practice should have an agreed way of finding patients at risk, testing, following up and managing, and referring to secondary care when necessary.
2. The NHS (over 40s) Health Check in England and other regular checks across the devolved nations should be routinely used to find those at risk.
3. Automated processes need to be put in place in primary care to identify those at risk of liver disease, to include the correct blood tests and to manage appropriate follow-up.
4. Every primary care provider to have direct access to a best practice fibrosis assessment.
5. Every NHS trust to have alcohol care teams to support those who drink too much and to refer those who have alcohol-related liver disease to specialised liver teams.
6. Better access for people who are overweight to nutritional advice and weight management programmes.
7. Every hospital to have a designated liver lead who can refer a patient to a hepatologist or specialist centre if need be.
8. More hepatology consultants so every patient gets access to specialist support.
9. Every liver disease patient to have access to a specialist nurse.
10. Improved awareness in A & E so those who are diagnosed in an emergency are immediately referred to a specialist.



In the first phase of the campaign, we used digital channels to urge people to sign our online petition calling for change, using powerful videos and shareable content to increase engagement. We also invited people to donate to support our vital work.

The petition had the backing of over 14,000 people and as a result, MPs from both Labour and Conservative parties asked questions of the Health Minister in Parliament on behalf of liver patients.

Over 2020/21, our Sound the Alarm campaign reached 490,000 people on Facebook, and led to:

- 56% increase in unique page views
- 30% increase in visits to Information and Support page
- 462% increase in visits to symptoms page

Sound the Alarm also allowed us to grow our supporter database, to help fund future work.

Find out more at
www.britishlivertrust.org.uk/sta

Improving early detection

As part of our Sound the Alarm campaign, we asked tough questions of those in charge of primary care – those with the responsibility to identify people with liver disease and put them on the right treatment programme as soon as they can.

We know there is currently widespread variation in the identification, treatment and management of chronic liver disease in primary care. Anecdotally, we know that there are pockets of good practice, but that there are also many areas that do not have a consistent approach to identifying those at risk, testing for and treating chronic liver disease.

Using Freedom of Information requests, we undertook a survey in July 2020 to investigate the status of planning and commissioning across Clinical Commissioning Groups (CCGs) in England and equivalent bodies in Wales, Northern Ireland and Scotland.

The project aims to make early diagnosis routine by increasing the number of effective early detection and management pathways.

The results of the survey will be used to highlight the different patterns of service provision and provide a benchmark of current practice. It will provide data for the focus of future British Liver Trust campaigning and policy work and enable us to target specific areas in the future. The data will also be used in future research to see whether variation in treatment at primary care level links with variation and survival in secondary care.

Read more about this work in Our Future Plans on page 28.

Only 6 out of 10

patients admitted to hospital with liver disease
are seen by a liver specialist



Working with healthcare professionals

The British Liver Trust works closely with healthcare professionals and organisations to support people with liver disease and improve standards of care. Our outreach teams engage with clinicians on an ongoing basis and we communicate regularly with a database of nearly 2,000 healthcare professionals via our quarterly newsletter.

The work of the Trust is supported and guided by our multidisciplinary Clinical Advisory Group, who provide clinical expertise, subject knowledge and insight on liver disease. The first formal meeting of the group took place on 25 November 2020, as a virtual meeting, and covered the British Liver Trust's revised strategy, our policy work and future partnership working with the clinical community.

March 2021 saw the publication of a new Lancet report, led by the Foundation for Liver Research and produced in conjunction with the British Liver Trust, leading hepatology consultants and senior figures from Public Health England. As one of the key stakeholders, the Trust worked with the Foundation for Liver Research to raise awareness and launch the report.

The *New Dimensions for Hospital Services and Early Detection of Disease* report underlines the 'unacceptable high mortality' among people admitted to hospital with liver disease and calls for immediate action. It reports the shocking statistic that almost a quarter of patients admitted to hospital with liver disease die within 60 days. These patients are admitted as an emergency, and only six out of ten of these patients are seen by a liver disease specialist.

The report outlines the critical steps needed to address the liver disease crisis in the UK, including:

- Establish a Liver Disease Lead and Deputy Liver Lead in every acute hospital
- Increase the number of training posts in hepatology
- Improve community access to FibroScan and include liver disease in the over 40s health checks
- Prioritise public health by extending the soft drinks levy to foods.

Training for primary care professionals

In January 2021, we held our first ever virtual primary care training event. Originally due to be delivered as a face-to-face workshop in Northern Ireland, we switched to an online format and opened up registrations to GPs from across the UK.

Delivering updates and training virtually will enable us to reach a significantly greater number of GPs, so this was an important step in expanding our support and resources for healthcare professionals.

Over 160 GPs attended the event, with opening presentations highlighting the worrying national trends in liver disease cases and showing why primary care practitioners, with their detailed patient knowledge, can drive early detection, diagnosis and management of liver disease.

The event included presentations from senior liver specialists including Dr Helen Jarvis, Royal College of GPs Clinical Champion for Liver Disease and Dr Leanne Stratton and Dr Roger McCorry, Consultant Hepatologists at the Royal Victoria Hospital in Belfast.

Over 160 GPs

attended our **primary care training event**

Better care for liver cancer patients

In Scotland, cases of hepatocellular carcinoma (HCC) have increased by 21% over the last decade, so the British Liver Trust is working with other charities and the Scottish Government to improve care and support for all HCC patients in the country as part of the Less Survivable Cancers Taskforce.

In February 2021, the Scottish Government agreed to invest £3.55 million in a new Action Plan for Cancer Services, developed following recommendations from the taskforce. These recommendations include having a single point of contact for each HCC patient, to join up sections of a healthcare pathway that can be challenging for many patients to navigate.

In March 2021, the British Liver Trust signed a statement urging Governments across the UK to take urgent steps to support cancer patients, following the news that 40,000 fewer people across the UK underwent cancer treatment in 2020. The statement, which was submitted by leading health charities as part of One Cancer Voice, urged the Government to take steps including:

- Direct resources to clear the cancer backlog as quickly as possible
- Continue to encourage people with signs and symptoms of cancer to seek help from their GP
- Expand the number of staff in key cancer professions
- Drive earlier and faster diagnosis
- Ensure personalised care and support for all
- Strengthen the UK's medical research and development base to accelerate improvements in cancer outcomes
- Resource high quality end of life care
- Be bolder in measures to prevent cancer
- Reduce inequalities in cancer outcomes.

Supporting research

The British Liver Trust works with funders, researchers and scientists to encourage research that meets the needs of patients.

We support researchers to ensure that patient involvement is integrated at all points in the research cycle. This helps researchers ask the right questions and prioritise topics that are important to liver disease and liver cancer patients and their loved ones, and ultimately achieve outcomes that are meaningful to them and have a direct impact on treatment and care.

We also work hard to support dissemination of research in a patient-friendly way, encourage more people to take part in research studies or clinical trials, and help ensure research findings are heard.

Covid-19 research

When Covid-19 first hit, little was known about the disease and the risks – particularly for those with existing health conditions. Researchers needed to understand as quickly as possible what would happen to people with liver disease or liver cancer who contracted the virus. They needed to collect data so that they could alert patients (as compared to the general population) to the potential risks and better treat patients who were infected. They also needed data to advise Government and inform policy makers.

The British Liver Trust partnered with researchers from Oxford University who quickly established a universal and collaborative registry project to collect data on patients with liver disease at any stage and those who had a liver transplant who developed Covid-19. This research project meant we were able to provide information relating to risk to liver disease patients much more quickly and provided an evidence-based approach to providing care and advice.

ID Liver

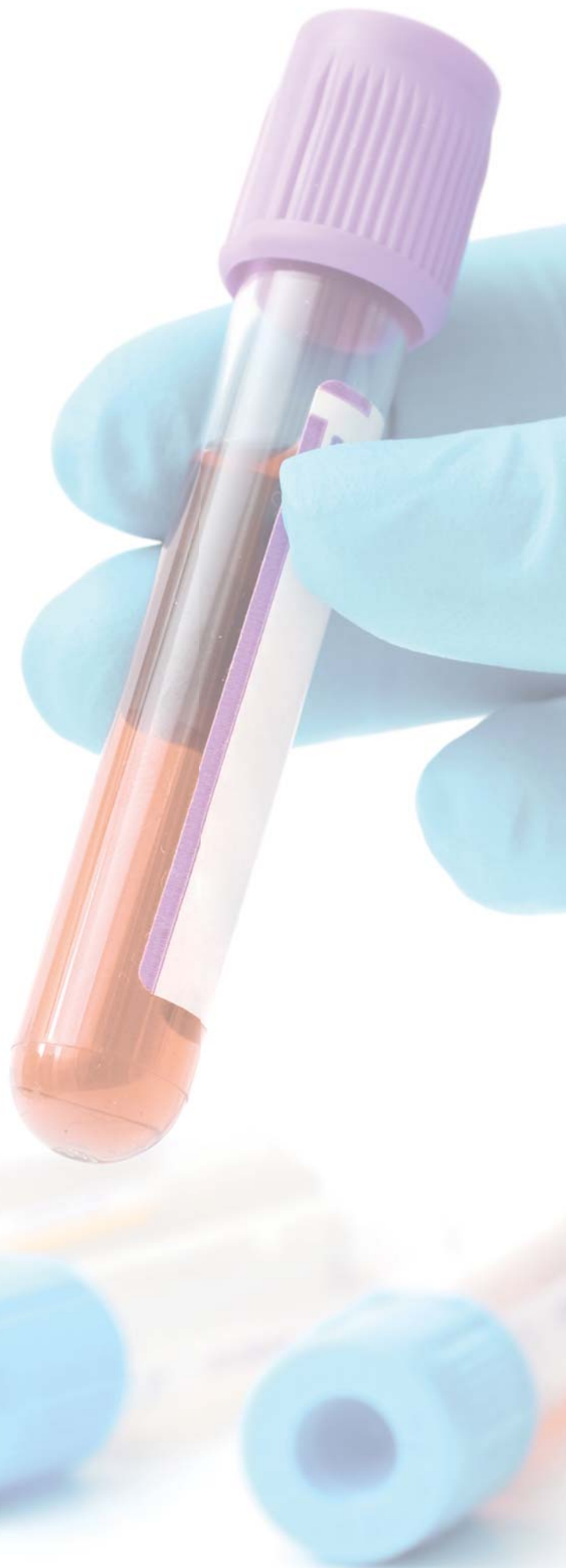
Integrated Diagnostics for Early Detection of Liver Disease (ID Liver) is a research and innovation project which aims to save lives by identifying liver disease in patients much earlier than is currently the case. University researchers, NHS experts and industry partners across the UK are working together to develop a new clinical system that will enable earlier, more accurate and potentially life-saving diagnoses. This is a major healthcare challenge that no individual team could tackle on its own.

The British Liver Trust sits on the steering group to ensure patients are at the heart of this important piece of research.

Routine blood tests to support early diagnosis

The British Liver Trust supported and part-funded new research that showed that results of blood tests routinely performed by GPs everywhere contain a hidden fingerprint that can identify people silently developing potentially fatal liver cirrhosis.

The researchers, led by Professor Nick Sheron of the Foundation for Liver Research, developed an algorithm to detect this fingerprint that could be freely installed on any clinical computer, making this a low-cost way for GPs to carry out large scale screening using patient data they already hold.



Our fundraising approach

The British Liver Trust's fundraising strategy is to continue to grow income from a wide range of sources to ensure sustainability for the long term. While the pandemic had a major impact on our community and events fundraising, other income remained steady, and thanks to our amazing supporters and a number of key corporate and trust and foundation grants, we were able to ensure the continuation of essential patient services through this incredibly challenging year.

We are especially grateful in this pandemic year for the support of our donors, trust and foundation funders, and corporate partners, without whom we would not have been able to continue our services for patients and families.

Community and event fundraising was, of course, immediately affected by the pandemic – we anticipated a 20% shortfall in overall income, with community events affected more than other income sources. We could see that virtual events were the way forward as mass participation events were cancelled and communities were locked down.

The 'Captain Tom' effect swept the country, and we were overwhelmed by the response to our new virtual fundraising events. With supporters organising personal virtual running, walking and cycling challenges – often at home on running or cycling machines – community income ended the year having raised £86,000 against a revised budget of £74,000. Our Leg it for Liver virtual run raised £5,000 in October.

Individual donors came together in April and gave generously to our Covid-19 emergency appeal, and our first Facebook campaign brought new regular givers to the charity in the summer. The amount donated online via our website increased by 34% from £39,377 in 2019/20 to £52,592 in 2020/21.

At the start of the financial year the Trust appointed a Database Manager. We took the decision to go ahead with this new appointment, recognising that we faced the enormous challenge not just of adapting our patient services to new digital formats and online support, but moving fundraising events online, and increasing fundraising through social media. Good data management underpins all of our work including our fundraising decisions, and is critical to charity-wide analysis of our impact and our key performance indicators.

In December 2020 we launched our second Big Give Christmas appeal. The Big Give is a wonderful way for donors to make a difference. During one week in December, donations to the Big Give Christmas appeal are worth double, as they are matched from a 'pledge pot'. In 2020 we had a generous pledge from an anonymous major donor of £10,000 which, along with £5,000 Champion Funding from the Reed Foundation, gave us a campaign target of £30,000. We achieved the target in just three days, raising over £33,000 in total.

Income from gifts in wills is vital to the Trust, and we are very grateful to those supporters who make the decision to name the British Liver Trust in their will. Such gifts in 2020 helped to secure our helpline and patient support services, fund patient information, and will help to ensure the charity is here for the long term.

Our corporate supporters include pharmaceutical companies where there are shared objectives of benefit to patients with liver disease, and we are very grateful for grants and donations from these partners. All grants and donations comply with the Association of British Pharmaceutical Industry (ABPI) Code of Practice, and all such grants have a written agreement setting out exactly what activity has been agreed for specific projects or ongoing support.

Corporate fundraising makes a significant contribution to unrestricted income, supporting the core costs of the charity. Charity of the Year partnerships are a great way to raise awareness of our work, and we ask our supporters to nominate us if the opportunity arises.

We want to say a huge thank you to all our supporters and funders this year, for helping us to not only be here for all patients and families who need us but also, crucially, to campaign for much needed improvements in diagnosis, treatment and care.

Trustees' report

British Liver Trust supporters took part in an array of activities during 2020/21



Fundraising Regulator and Fundraising Policies

The charity is registered with the Fundraising Regulator and our fundraising complies with the standards set out in the Code of Fundraising Practice. Several members of the team are individual members of the Chartered Institute of Fundraising, and the charity holds organisational membership. We use third party providers and agencies to help us fundraise where we need additional capacity or expertise, and we require them to confirm they comply with the Code of Practice. We have safeguards in place when working with suppliers, to protect supporters and the reputation of the charity.

Our complaints policy and processes are available to view at our website; any complaints are dealt with in line with this policy. We received no complaints about our fundraising in 2020/21. Our safeguarding policy covers adults at risk. All staff, agencies and fundraising volunteers are trained, and we have safeguards in place to protect vulnerable people.



Thank you

Covid-19 emergency funding

- Adint Charitable Trust
- Bristol Myers Squibb
- Dr Falk Pharma
- Gilead CARES Global Fund
- Julia and Hans Rausing
- National Lottery Community Fund
- SCVO Wellbeing Fund
- Talbot Village Trust

Increasing awareness, Love Your Liver health screening events and patient support work in Wales

- Simon Gibson Charitable Trust
- Waterloo Foundation
- Welsh Assembly through Public Health Wales
- Williams Brownhill CIO

Core work to reduce the incidence and impact of liver diseases

- Betty Baxter Charitable Will Trust
- Edith Murphy Foundation
- Henry Lumley Charitable Trust
- Norgine
- Violet M Richards Charity

Liver disease awareness-raising and advocacy, and the expansion of patient support groups in Scotland

- Bank of Scotland Foundation
- Souter Charitable Trust
- The Hugh Fraser Foundation
- The National Lottery Community Fund Scotland

Patient information and support services, including the helpline and publications

- Astellas Pharma Ltd
- Bayer
- Eisai
- February Foundation
- Gilead
- Intercept
- Ipsen
- Pfizer
- Shionogi

Love Your Liver campaign and roadshow (when rescheduled)

- Harry Cureton Charitable Trust
- Paul Bassham Charitable Trust

Our future plans

In April 2021 we launched our new strategy, *Towards a World without Liver Disease*, which sets out our strategic priorities for the next three years. The strategy outlines how we will tackle the liver disease crisis and raise awareness among the general public, healthcare professionals, politicians and the media.



Our strategic priorities flow from our goals (see page 5) and describe the changes we will set in motion over the next three years. Our key activities for 2021/22 under each of our strategic priorities include:



1. Support everyone affected by liver disease and liver cancer

- Aim to recruit more nurses so we can expand our helpline opening hours, and develop a new helpline three-year strategy to look at new innovative ways of delivering patient support.
- Continue our successful virtual support groups alongside face-to-face support groups (when restrictions allow), giving more people the opportunity to benefit from peer-to-peer support.
- Introduce a series of webinars on specific liver disease conditions led by healthcare professionals, providing clear and easy to understand guidance and the opportunity to submit questions to the experts.
- Optimise search rankings to ensure we are easily discoverable to those who need support.
- Engage patients at an early stage to create patient information materials that meet their needs and develop a co-creation strategy for new materials.



2. Increase awareness and improve people's understanding of liver disease and liver cancer and reduce stigma

- Host webinar sessions for supporters, giving them the opportunity to hear from members of the British Liver Trust team on key projects and strategy, and the ways in which supporters help us to do more.
- Increase the number of Love Your Liver Roadshows so that we visit every region at least every two years and are running 40 events per year by 2024.
- Plan and implement a coordinated communications campaign for Liver Cancer Awareness Month in October 2021 to raise awareness and reach more people.
- Increase engagement with the website and social media and recruit a new digital officer.



3. Improve early detection so more people are diagnosed at a stage when the damage can be reversed

- Publish findings from our primary care survey in a peer reviewed primary care journal.
- Map our CCG profiles (see page 19) onto the new Integrated Care Systems (ICS) landscape in England and publish a map showing the results for each ICS and Health Board on our website so patients can see at a glance the status of liver services in their area.
- Send a mailing to every ICS and Health Board providing this local profile and promoting the guidelines produced in association with the Royal College of GPs.
- Work with politicians to engage those representing areas that do not currently have appropriate pathways and ask our supporters to write to their MP about the data.
- Use the Love Your Liver roadshow data and events to showcase our work and campaign for better early detection.
- Create and launch a new online training resource for GPs.
- Send a mailing to every GP surgery in the UK with resources to support early detection and materials for patients.



4. Campaign for policy changes that make it easy for everyone to be healthier

- Launch and provide support to a new all-party parliamentary group for liver disease and liver cancer.
- Work in partnership with the Foundation for Liver Research to raise awareness amongst policy makers and politicians.
- Increase our campaigning and policy capacity and capability, and recruit a new policy and public affairs manager.
- Campaign for improvements in the treatment of alcohol misuse including more alcohol care teams in hospitals and measures to change the stigma surrounding alcohol.
- Work with other stakeholders and charitable bodies to address the underlying causes of preventable liver disease (alcohol and obesity) by campaigning for joined up strategies to improve people's health (eg increased taxation, MUP, marketing, advertising, labelling).



5. Drive up standards of care and improve outcomes for people affected by liver disease

- Work with professional bodies (e.g. BASL, BSG, Getting it Right First Time programme) to make the case for improvements in care, including better alcohol treatment services, weight management services and increased numbers of specialists.
- Work with the Improving Quality in Liver Care (IQIL) programme to ensure more hospital liver services meet accreditation criteria and that services are benchmarking against each other to drive improvement, and publicise this to patients.
- Champion promising new treatments through the National Institute of for Health and Care Excellence (NICE) approval process.
- Increase the number of British Liver Trust outreach staff who are directly engaging, influencing and raising awareness on the ground.



6. Work in partnership to support research and ensure patients are part of the conversation

- Continue our work with leading clinical organisations to set up a new UK Liver Alliance, to bring together those involved in liver care to influence policy and improve liver health, with three initial workstreams:
 - early detection, diagnosis and primary care, including pathways to secondary care
 - reducing the variation in hospital care across all four nations
 - ensuring that hospital liver units have the right workforce in place to improve outcomes.
- Bring together patient groups to form a new UK Liver Patient Groups Alliance. This new group will be consulted on key points of activity.
- Work with researchers at Kings College Hospital on an exciting project that looks at whether giving Faecal Microbiota Transplants (or poo transplants) to people with liver disease can clear up infections that are resistant to antibiotics.
- Work with bodies such as the National Institute for Health Research (NIHR) and Cancer Research UK to stimulate investment and ensure research meets patient needs through thought leadership, networking and input into research proposals and research calls.
- Apply for funding for, and carry out, at least one piece of research specifically related to early diagnosis and British Liver Trust work.
- Provide patient and public involvement in research projects.

Financial review

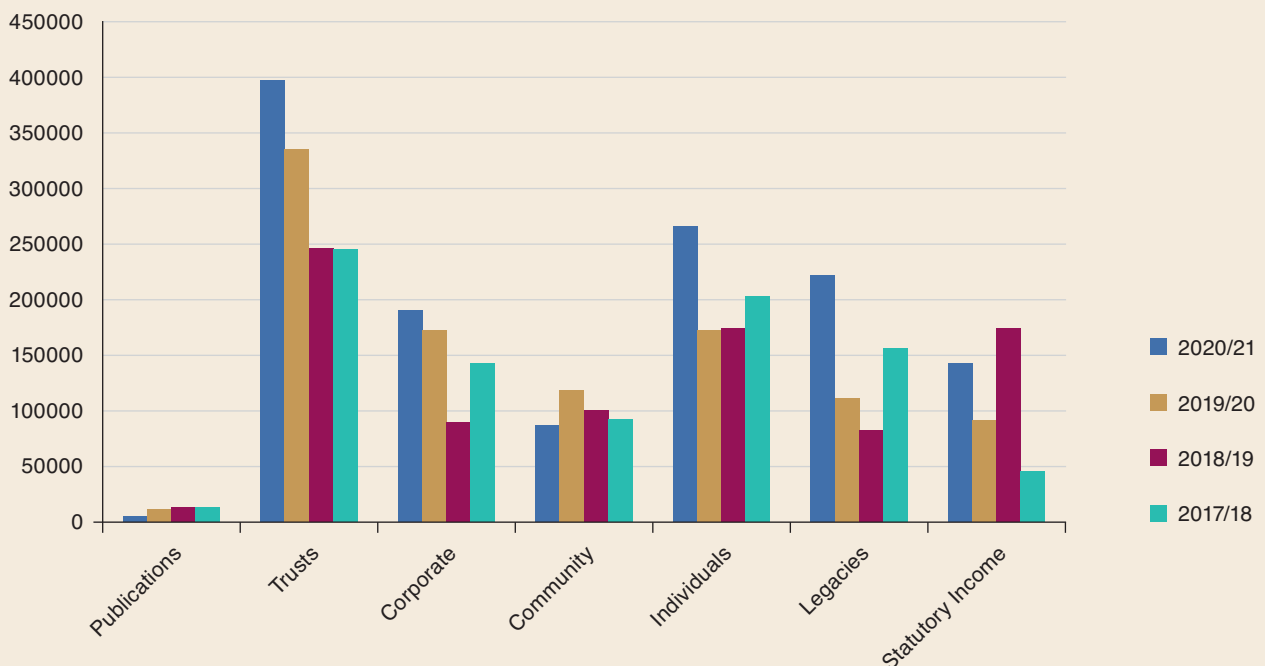
Year end position and reserves

The charity was in a strong financial position at 31 March 2021, as outlined in the reserves and going concern section below. The charity has a three-year strategy for growth that is underpinned by a three-year budget. The achievement of this budget is dependent on meeting goals for the growth of fundraising, for which a strategy has been developed.

The year 2020/21 was a difficult year to predict and results for the financial year to 31 March 2021 show a surplus of £318,346. A surplus was not expected prior to the Covid-19 pandemic, and the initial reforecast at the start of the pandemic predicted that the financial situation would be extremely testing. The need for and profile of the Trust has increased during the year, resulting in increased income, whilst the modes of delivery necessary during the pandemic resulted in a saving in expenditure. The Trust will take learning from this, leading to continued efficiencies in the future.

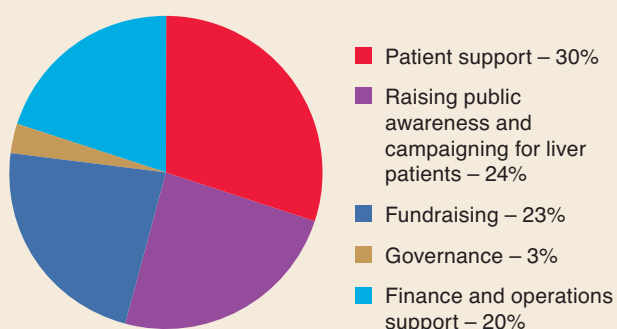
Income

Income trends over the past four years are shown below. The majority of income in 2020/21 (88%) was received from voluntary sources, with a growth in income from all fundraising sources apart from community. Our largest non-voluntary form of income was from the Government for Wales, as our previous contract was renewed for a further year.



Expenditure

54% of our expenditure was on our mission's activities of supporting those affected by liver disease, raising awareness and campaigning for earlier detection and improved treatment, whilst 23% was spent on the internal maintenance of the charity (governance, finance, human resources and IT support). Expenditure on raising funds to sustain the charity increased to 23% of our total expenditure. In part this resulted from the reduction in expenditure on delivery costs due to the pandemic, making fundraising a larger percentage of the whole, but there was also a deliberate strategy to develop our fundraising ability in order to ensure long term sustainability in what we expect to be a harsher fundraising environment. As this strategy takes effect the proportion of expenditure for fundraising will decrease.



Reserves

At 31 March 2021 the charity held £1,094,310 reserves, £316,422 of which represent funds restricted in their use by the donor (£5,000 of these relating to fixed assets). In accordance with the reserves policy, the Board of Trustees have designated £486,926 of the unrestricted reserves for future use as follows:

- **Growth Investment Fund**

The charity has a three-year strategy for growth, required to deliver its mission and meet need. A strategy for investment in fundraising has been developed, to grow income to a sustainable level beyond the three-year

strategy, but this investment, and the use of reserves to grow service delivery in the meantime, produces a deficit budget for the next three years. The Trustees have agreed that reserves will be utilised over this period in accordance with the three-year budget and have set aside funds of £434,072 for this purpose. As the period for this budgeted deficit passes, the fund will be reduced.

- **Legacy Equalisation Fund**

Historically the charity has not budgeted for legacies as the income from this source has been too uncertain. Legacies have become a greater contributor in recent years and further investment is taking place in this area. The charity is therefore now including a budget for legacies, but recognises this as a point of risk. Trustees are therefore designating funds of £52,854 from legacy income in the past year as a foundation for a Legacy Equalisation Fund, this sum being the amount by which the unrestricted legacies for the year exceeded the budgeted amount for the coming year. This fund will be increased or reduced as legacies exceed or fall short of expectation.

The Trustees' policy is to hold, in non-designated unrestricted reserves, between three and six months' budgeted expenditure, having adjusted that expenditure for restricted funds held that will contribute towards that expenditure. At 31 March 2021 the non-designated unrestricted reserves held by the charity amounted to £290,962, which amounts to three months such expenditure.

Going Concern

As outlined, the Trust has both the reserves and the strategic planning to be able to assure its status as a going concern.

Investment Policy

The Trust holds its funds in a range of low risk current and deposit accounts with varying notice periods and interest rates, with the aim of maximising interest whilst ensuring liquidity.

Structure, Governance and Management

The charity is a company limited by guarantee and a charity registered with the Charities Commissions in England and Wales and the Scottish Charity Regulator. Its governing document is the Memorandum and Articles of Association registered with Companies House. The charity is governed by the Board of Trustees, although operational matters are delegated to the Chief Executive, Pamela Healy OBE. Directors of Finance and Operations, Alison Orman, and Communications and Policy, Vanessa Hebditch, have also been in post throughout the year.

A full Board meeting is held four times a year, attended by the Executive Team, with reports received from other managers and staff members. The Audit and Risk Committee meets before every Board meeting and at other times as matters relating to financial and risk governance arise. For a period during this financial year the committee met monthly due to the pandemic, and met seven times in total during the year. The Remuneration Committee met twice during the year. A Nominations Committee was established during this year and carried out its role in recruiting four new trustees and increasing the gender diversity of the Board from 16.6% female to 36.3% female. All meetings of trustees during the year have been held by remote video link due to the pandemic.

Prospective trustees are selected following a full recruitment process including an application and an interview with the Nominations Committee. New trustees receive a full induction pack with information pertaining to both the charity and to the role of a trustee. They also have an induction meeting with the CEO and each of the senior management team.

Risk

The Trust has a risk register which is a living document, updated regularly by the Director of Finance and Operations as new risks are recognised and mitigations required. The register is reviewed by the Audit and Risk Committee at each meeting following an update, and by the Board of Trustees at least annually. In these reviews the trustees are keen to ensure that residual risk has been reduced to a level they are content with and to support the Executive Team in ensuring that this happens.

The annual report was approved by the Trustees of the Charity on and signed on its behalf by:

Wim Bushell
Chair of Trustees

Date: 20th September 2021

Statement of Trustees' Responsibilities

The trustees (who are also the directors of British Liver Trust for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on and signed on its behalf by:

Wim Bushell
Chair of Trustees

Date: 20th September 2021

Independent Auditor's Report to the Members of British Liver Trust

Opinion

We have audited the financial statements of British Liver Trust (the 'charity') for the year ended 31 March 2021, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP – FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2021 and of its results for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended).

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 and the Charities Accounts (Scotland) Regulations 2006 (as amended) requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of Trustees

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 9), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

As part of our audit planning we obtained an understanding of the legal and regulatory framework that is applicable to the Charity. We gained an understanding of the Charity and the sector in which the Charity operates as part of this assessment to identify the key laws and regulations affecting the Charity. As part of this, we reviewed the Charity's website for an indication of any regulations in place and discussed these with the relevant individuals responsible for compliance. The key regulations we identified were Charity legislation, health and safety regulations and breaches of The General Data Protection Regulation ("GDPR"). We also considered those laws and regulations that have a direct impact on the preparation of the financial statements such as the Charities Act 2011 and Charities SORP – FRS 102.

We discussed with management and trustees how the compliance with these laws and regulations is monitored and discussed policies and procedures in place. We also identified the individuals who have responsibility for ensuring that the Charity complies with laws and regulations and deals with reporting any issues if they arise. As part of our planning procedures, we assessed the risk of any non-compliance with laws and regulations on the Charity's ability to continue trading and the risk of material misstatement to the accounts.

Based on this understanding we designed our audit procedures to identify non-compliance with such laws and regulations. Our procedures involved the following:

- Enquiries of management and trustees regarding their knowledge of any non-compliance with laws and regulations that could affect the financial statements. As part of these enquiries we also discussed with management whether there have been any known instances, allegations or suspicions of fraud, of which there were none.
- Reviewed filings with the Charity Commission and whether there were any serious incident reports made during the year, of which there were none.
- Discussed with management if any health and safety incidents have been recorded during the year, of which there were none.

- Review of the GDPR policy and enquiries to management as to the occurrence of any reportable breaches, of which there were none requiring disclosure or further investigation.
- Reviewed legal and professional costs to identify any possible non-compliance or legal costs in respect of non-compliance, of which there were none.
- Reviewed Board minutes.
- Audited the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business.
- Reviewed estimates and judgements made in the accounts for any indication of bias, of which there were none.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and in accordance with Section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and Regulation 10 of the Charities Accounts (Scotland) Regulations 2006 (as amended). Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Anne-Marie Gates FCA FCCA (Senior Statutory Auditor)
For and on behalf of Francis Clark LLP, Statutory Auditor
Towngate House, 2-8 Parkstone Road, Poole, Dorset, BH15 2PW

Date: 12th October 2021

Statement of Financial Activities for the Year Ended 31 March 2021

(Including Income and Expenditure Account)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	2	821,859	343,830	1,165,689	910,575
Charitable activities	3	16,128	141,815	157,943	112,603
Investment income	4	4,708	-	4,708	9,654
Total Income		842,695	485,645	1,328,340	1,032,832
Expenditure on:					
Raising funds		(229,728)	-	(229,728)	(180,070)
Charitable activities	5	(370,157)	(410,109)	(780,266)	(833,589)
Total Expenditure		(599,885)	(410,109)	(1,009,994)	(1,013,659)
Net movement in funds		242,810	75,536	318,346	19,173
Reconciliation of funds					
Total funds brought forward		535,078	240,886	775,964	756,791
Total funds carried forward	18	777,888	316,422	1,094,310	775,964

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2020 is shown in note 18.

Balance Sheet as at 31 March 2021

Company registration number: 02227706

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	11	26,900	37,431
Current assets			
Stocks	12	4,554	5,744
Debtors	13	251,402	207,486
Cash at bank and in hand		906,230	683,559
		1,162,186	896,789
Creditors: Amounts falling due within one year	14	(94,776)	(158,256)
Net current assets		1,067,410	738,533
Net assets		1,094,310	775,964
Funds of the Charity:			
Restricted funds		316,422	240,886
Unrestricted income funds			
Board Designated Funds		486,926	150,317
Unrestricted funds		290,962	384,761
Total funds	18	1,094,310	775,964

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements on pages 7 to 23 were approved by the trustees, and authorised for issue on and signed on their behalf by:

Martin Newlan
Treasurer/Trustee

Date: 20th September 2021

Statement of Cash Flows for the Year Ended 31 March 2021

	Note	2021 £	2020 £
Cash flows from operating activities			
Net cash income/(expenditure)		318,346	19,173
Adjustments to cash flows from non-cash items			
Depreciation		17,485	27,729
Investment income	4	(4,708)	(9,654)
		331,123	37,248
Working capital adjustments			
Increase in stocks	12	1,190	-
Increase in debtors	13	(43,916)	(96,600)
Decrease in creditors and deferred income	14	(63,480)	(3,027)
Net cash flows from operating activities		224,917	(62,379)
Cash flows from investing activities			
Interest receivable and similar income	4	4,708	9,654
Purchase of tangible fixed assets	11	(6,954)	(14,971)
Net cash flows from investing activities		(2,246)	(5,317)
Net decrease in cash and cash equivalents		222,671	(67,696)
Cash and cash equivalents at 1 April		683,559	751,255
Cash and cash equivalents at 31 March		906,230	683,559

All of the cash flows are derived from continuing operations during the above two periods.

Notes to the Financial Statements for the Year Ended 31 March 2021

1. Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

British Liver Trust is a registered charity, registration number 298858 (E&W), SC042140 (Scotland), company number 2227706, registered in the United Kingdom. The address of the charity is given in the reference and administrative details on page 1 of these financial statements. The nature of the charity's operations and principal activities are described in the Trustees' annual report.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006 (as amended) the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest £.

Going concern

The financial statements have been prepared on a going concern basis. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements and it is clear that the charity to be able to continue as a going concern.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding, or are of a general nature, is recognised when the Charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Grants

Grants relating to revenue are recognised in income over the period in which the related costs are recognised.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Investment income

Investment income is recognised on a receivable basis.

Charitable activities

Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, its probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Raising funds

These are costs incurred in attracting voluntary income.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the Charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees' meetings and reimbursed expenses.

Irrecoverable VAT

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £250 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Furniture and Equipment	20% straight line basis
Software	33% straight line basis

Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first-out (FIFO) method. Items donated for resale or distribution are not included in the financial statements until they are sold or distributed.

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Fund accounting

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the Charity.

In accordance with their reserves policy, trustees take a risk based approach to reserves management and designate funds from the unrestricted funds to meet defined strategic objectives.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Leases

Leases in which substantially all the risks and rewards of ownership are retained by the lessor are classified as operating leases. Rentals payable under operating leases are charged in the Statement of Financial Activities on a straight line basis over the lease term.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme. Contributions are charged in the statement of financial activities as they become payable in accordance with the rules of the scheme.

2. Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Donations and legacies:				
Legacies	152,854	70,000	222,854	110,776
Government Grants	2,867	-	2,867	-
Other donations	636,128	273,830	909,968	799,799
	821,859	343,830	1,165,689	910,575

£305,890 of the income in the prior year was attributable to restricted funds and £604,685 was attributable to unrestricted funds.

3. Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Sale of publications	4,998	-	4,998	10,835
Contract income	-	141,815	141,815	90,967
Health events	11,130	-	11,130	10,801
	16,128	141,815	157,943	112,603

£90,967 of the income in the prior year was attributable to restricted funds and £21,636 was attributable to unrestricted funds.

4. Investment income

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Interest receivable on bank deposits	4,708	-	4,708	9,654

All of the income in the prior year was attributable to unrestricted funds.

5. Expenditure on charitable activities

	Total 2021 £	Total 2020 £
Research	-	1,200
Other direct costs	9,787	78,419
Employment costs	606,507	491,198
Premises and office expenses	47,812	85,387
IT costs	34,774	37,782
Printing, posting and stationery	4,666	30,223
Training, subscriptions and conferences	6,822	5,831
Cleaning	1,372	1,810
Travel and subsistence	85	37,110
Legal and professional costs	3,325	12,274
Communications and advertising	31,940	8,976
Bank charges	444	557
Depreciation of tangible fixed assets	17,485	27,729
Governance costs	15,247	15,093
	780,266	833,589

£367,290 (2020 - £362,721) of the above expenditure was attributable to unrestricted funds and £410,109 (2020 - £470,868) to restricted funds.

Within the expenditure analysed above, there are governance costs of £15,247 (2020 - £15,093) which relate directly to charitable activities. See note 6 for further details.

6. Analysis of governance costs**Governance costs**

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Audit fees				
Audit of the financial statements	10,025	-	10,025	9,000
Auditor fees in respect of other services	3,250	-	-	4,077
Bookkeeping fees	-	-	-	2,016
Annual Report production	1,942	-	1,942	-
Trustee Board Expenses	30	-	30	-
	15,247	-	15,247	15,093

7. Net incoming resources

Net (outgoing)/incoming resources for the year include:

	2021 £	2020 £
Audit fees	10,025	9,000
Other non-audit services	3,250	4,077
Depreciation of fixed assets	17,485	27,367

8. Trustees' remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

The amount of expenses received by the trustees during the year totalled £Nil (2020 - £134).

9. Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	650,232	537,112
Social security costs	60,060	51,419
Pension costs	52,145	39,996
	762,437	628,527

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021 No	2020 No
Charitable activities	24	21

One employee received emoluments of more than £60,000 during the year

The number of employees whose emoluments fell within the following bands was:

	2021 No	2020 No
£70,001 - £80,000	1	1

The total employee benefits of the key management personnel of the charity were £160,416 (2020 - £152,451).

The chief executive officer, as the highest paid member of staff, received benefits totalling £75,750 (2020 - £73,542).

10. Taxation

The charity is a registered charity and is therefore exempt from taxation.

11. Tangible fixed assets

	Furniture and equipment £	Software £	Total £
Cost			
At 1 April 2020	167,311	37,302	204,613
Additions	6,954	-	6,954
Disposals	8,270	31,428	39,698
At 31 March 2021	165,995	5,874	171,869
Depreciation			
At 1 April 2020	130,628	36,554	167,182
Charge for the year	17,111	374	17,485
Eliminated on disposals	8,270	31,428	39,698
At 31 March 2021	139,469	5,500	144,969
Net book value			
At 31 March 2021	26,526	374	26,900
At 31 March 2020	36,683	748	37,431

12. Stock

	2021 £	2020 £
Stocks	4,554	5,744

13. Debtors

	2021 £	2020 £
Trade debtors	5,689	46,736
Prepayments	36,697	45,303
Accrued income	193,663	110,000
Other debtors	15,353	5,447
	251,402	207,486

14. Creditors: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	22,388	105,800
Other taxation and social security	17,698	14,282
Other creditors	517	821
Pension scheme creditor	8,122	9,829
Accruals	46,051	27,524
	94,776	158,256

15. Pension and other schemes**Defined contribution pension scheme**

The Charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the Charity to the scheme and amounted to £52,145 (2020 - £39,996).

Contributions totalling £8,122 (2020: £9,829) were payable to the scheme at the end of the year and are included in creditors.

16. Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

17. Commitments**Operating Lease Commitments**

The operating lease commitment on the lease of the property expires in January 2022.

The amount recognised as an expense during the year was £19,605 (2020: £20,224).

The total amount contracted for but not provided in the financial statements was £15,572 (2020 - £34,685).

18. Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted funds					
<i>General</i>					
Unrestricted income fund	384,761	839,828	(597,018)	(336,609)	290,962
<i>Designated</i>					
Board Designated Funds	150,317	-	-	336,609	486,926
Total unrestricted funds	535,078	839,828	(597,018)	-	777,888
Restricted funds					
General research	14,963	-	-	-	14,963
PSC / Cholangiocarcinoma research	21,564	-	-	-	21,564
Love Your Liver Roadshows	82,674	15,738	-	-	98,412
Love Your Liver Trailer Unit	10,000	-	(5,000)-	-	5,000
HCP Engagement	30,850	-	(33,229)	2,379	-
Helpline	1,716	112,707	(94,955)	-	19,468
Patient information	-	118,950	(40,553)	-	78,397
Wales cross-party working group	-	5,000	-	-	5,000
Scotland Projects	71,815	86,435	(91,866)	-	66,384
Wales Project	7,304	146,815	(144,506)	(2,379)	7,234
Total restricted funds	240,886	485,645	(410,109)	-	316,422
Total funds	775,964	1,325,473	(1,007,127)	-	1,094,310

18. Funds *(continued)*

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2020 £
Unrestricted funds					
<i>General</i>					
Unrestricted income fund	347,894	635,975	(542,791)	(56,317)	384,761
<i>Designated</i>					
Board Designated funds	94,000	-	-	56,317	150,317
Total unrestricted funds	441,894	635,975	(542,791)	-	535,078
Restricted funds					
General research	14,963	-	-	-	14,963
Liver cancer research	1,412	-	(1,412)	-	-
PSC / Cholangiocarcinoma research	23,013	-	(1,449)	-	21,564
Nurse intervention project	65,286	-	(65,286)	-	-
Love Your Liver Roadshows	12,844	120,680	(50,850)	-	82,674
Love Your Liver Trailer Unit	15,008	-	(5,008)	-	10,000
Fibroscan	8,296	-	(8,296)	-	-
Patient information	15,239	325	(15,564)	-	-
HCP Engagement	26,850	30,850	(26,850)	-	30,850
Helpline	13,441	54,390	(66,115)	-	1,716
Scotland Projects	37,600	99,648	(65,433)	-	71,815
Wales Project	80,945	90,964	(164,605)	-	7,304
Total restricted funds	314,897	396,857	(470,868)	-	240,886
Total funds	756,791	1,032,832	(1,013,659)	-	775,964

Explanation of restricted and designated reserves

Restricted

The specific purposes for which the funds are to be applied are as follows:

General research – Money held from former donations for general research projects. The Trust has extensive networks to establish research required and potential researchers. There are no current projects utilising this fund.

PSC / Cholangiocarcinoma research – This represents donations for research into a Quality of Life tool for people living with PSC is in partnership with University College London. This project is currently at the reporting phase and a further decision concerning use of the remaining funds will be made after this.

Nurse intervention project – This represented donations for research into early detection of liver disease, through Local Care and Treatment Evaluation (LOCATE), undertaken by Southampton University Hospital. The original research was completed by 31 March 2019, but an extension project was funded in the year to March 2020. This is now complete and a report is expected.

Love Your Liver Roadshows – Funds are raised regionally, normally from charitable trusts, for specific roadshows and allocated towards the roadshows in that area accordingly. The roadshows raise awareness of liver disease and its prevention, as well as promoting early detection and community diagnosis. Due to the Covid-19 pandemic, no roadshows have been possible during the year, but donated funds are held for when this is possible.

Love Your Liver Trailer Unit – A donation was specifically given in 2016 for the purchase of a unit for our Love Your Liver roadshows. The cost was in excess of the donation of £25,000, but only the restricted donation was included here to cover annual depreciation.

Fibroscan – Funding to purchase a portable machine to measure liver health, used on our roadshows and similar events. This is being depreciated each year. This has now been fully depreciated, but is still in use by the charity.

HCP Engagement – Funding was provided for a joint project with the Royal College to make general practitioners more aware of the need to test for liver health and provide them with the tools and information to support liver patients and those at risk. This was a joint project and British Liver Trust has therefore taken a management fee for our work. The partnership concluded in March 2020, with the remaining funds held by RCGP returned to British Liver Trust to conclude the project.

Helpline – Donations have been provided for the provision of information and support, through a telephone and email helpline and an online peer forum, to anyone affected by liver disease including patients, carers and health care professionals.

Patient Information – This represents funding for the production and dissemination of information on liver health and liver conditions.

Wales Cross-party Working Group – This funding has been provided to facilitate the functioning of a cross-party working group in Wales. Due to the Covid-19 pandemic this has not yet been formed.

Scotland Projects – Donations have been received, largely from charitable trusts, for the promotion and development of support groups for liver patients and relatives/carers in Scotland, together with raising awareness of liver health and promoting early detection.

Wales Projects – Funding provided by the Welsh Government for the promotion and development of support groups for liver patients and relatives/carers in Wales, together with raising awareness of liver health and promoting early detection.

19. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Total funds at 31 March 2021 £
Tangible fixed assets	21,901	5,000	26,901
Current assets	850,764	311,422	1,162,186
Current liabilities	(94,777)	-	(94,777)
Creditors over 1 year	-	-	-
Total net assets	777,888	316,422	1,094,310

20. Analysis of net funds

	At 1 April 2020 £	Cash flow £	At 31 March 2021 £
Cash at bank and in hand	751,255	(67,696)	683,559

21. Related party transactions

During the year the Charity made the following related party transactions:

Wim Bushell

Wim Bushell is chair of Trustees and a Deputy Chair of Arthur J Gallagher, who act as insurance brokers for the Trust. At the balance sheet date the amount due to/from Wim Bushell was £Nil (2020 - £Nil).

Pamela Healy

(Pamela Healy is the CEO for British Liver Trust)

Expenses of £nil were reimbursed to Pamela Healy during the year (2020: £3,173). At the balance sheet date the amount due to/from Pamela Healy was £Nil (2020 - £Nil).

Alison Orman

(Alison Orman is the Director of Finance and Operations of the British Liver Trust since February 2018.)

Expenses of £nil were reimbursed to Alison Orman during the year (2020: £418). At the balance sheet date the amount due to/from Alison Orman was £Nil (2020 - £Nil).

Vanessa Hebditch

(Vanessa Hebditch is the Director of Communications and Policy for British Liver Trust)

Expenses of £nil were reimbursed to Vanessa Hebditch during the year (2020: £809). At the balance sheet date the amount due to/from Vanessa Hebditch was £Nil (2020 - £Nil).

BRITISH
LIVER
TRUST

The British Liver Trust is the largest UK liver charity for adults and leads the fight against liver disease and liver cancer.

We reach over two million people each year, raising awareness of the risk factors of liver disease and how to look after your liver. We campaign for improved care and treatment, support research, and provide information and support including a free nurse-led helpline and award-winning publications.

Our work is only possible thanks to voluntary grants and donations.

Thank you to all those who support our work and enable us to deliver our services.