

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 DECEMBER 2022
FOR
THE INSTITUTE OF PSYCHOSEXUAL MEDICINE**

Grugeon Reynolds Limited
Adams and Moore House
Instone Road
Dartford
KENT
DA1 2AG

**CONTENTS OF THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022**

	Page
Report of the Trustees	1 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Balance Sheet	10
Notes to the Financial Statements	11 to 16
Detailed Statement of Financial Activities	17

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

The Trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The Trustees have adopted the provisions of Accounting and Reporting by Charities: statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

OBJECTIVES AND ACTIVITIES

Objectives and aims

The Institute of Psychosexual Medicine is a learned body for the promotion of psychosexual medicine through seminar training.

It aims to:

- a) Advance the study of sexual medicine with particular reference to the effect of psychological problems on health and well-being.
- b) Encourage the study and research of psychosexual medicine, particularly with regard to the practitioner-patient relationship.
- c) Promote high standards in psychosexual medicine through seminar training and examination.

Its membership consists of accredited members of the medical profession and allied health professionals as approved by council within the remit of the constitution.

The main objectives for the year and strategies for achieving them are as follows:

TRAINING

Training in a brief focused psychodynamic therapy carried out by health professionals for sexual and related difficulties. The aim of training is to increase the skills of doctors and allied health professionals who encounter patients with psychosexual and related problems in their everyday clinical practice.

INTRODUCTORY TERMS

These are provided as an introduction to seminar training, and are also used as a stand alone introduction to the field of psychosexual medicine. They consist of semi formal teaching in addition to case discussion as outlined in The Seminar. Each term is 12 hours although shorter courses can be offered on request. It is now a requirement for all regular Seminar Trainees to attend an Introductory Term prior to sitting the Diploma Exam.

THE SEMINAR

Trainees meet for 12 hours per term with an accredited leader. They are invited to present current clinical encounters for discussion within the group. They may present themselves for the Diploma examination after 6 terms of training.

FURTHER TRAINING

Health professionals who seek to make this field a special interest, and have passed the Diploma examination, may wish to continue for further training. After a period of at least 2 years further training, they may offer their work for examination for the Membership of the Institute, which qualifies them as competent to receive referrals from other practitioners and agencies.

SEMINAR LEADERS

Seminar leaders must hold Membership of the Institute of Psychosexual Medicine and have an interest in the techniques and dynamics of seminar work. Leaders' workshops are arranged twice each term, where seminar leaders present their groups to other leaders for discussion.

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

THE DIPLOMA AND MEMBERSHIP EXAMINATIONS

These are conducted annually by a Board of Examiners selected from among accredited leaders and from which Board a Chairman is elected to serve for a maximum of three years.

MEETINGS AND RESEARCH

A residential scientific meeting is held annually in differing venues across the United Kingdom. There is also a one day clinical meeting which was held online in 2022 and expected to continue as online in the near future.

THE JOURNAL OF THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

The Journal is published twice a year and is available online.

The Trustees confirm that they have referred to the guidance contained in the Charity' Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

ACHIEVEMENT AND PERFORMANCE

In pursuance of these objectives, during the year under review the charity held 19 Regular Seminar Groups attended by an average of 103 trainees and responded to a record number of training registrations and general enquiries from trainees, Members and Diplomats. Additionally, the charity held 14 Introductory Terms attended by 121 trainees.

FINANCIAL REVIEW

Principal funding sources

The principal funding sources are members' subscriptions and income in furtherance of the charity's object of training. The majority of expenditure is in furtherance of the charity's objects, including organising training, seminars and workshops, as well as providing support to members.

Investment policy and objectives

Money is held in deposit and current bank accounts; the Institute does not hold separate investments.

Surplus funds are held in an instant access deposit account as that is most appropriate to the charity's needs.

Reserves policy

The reserve policy is to hold three months average expenditure plus the costs of winding up the Institute. At the year end the council members consider that the reserve level covers these two requirements.

The Institute relies on the continued support of the medical profession and whilst this continues it does not foresee any risk or uncertainty regarding its future.

During the year the Institute received income from all sources of £155,026. Total expenditure was £143,293 leading to an overall increase in reserves from £85,050 at 31 December 2021 to £96,783 at 31 December 2022.

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

FUTURE PLANS

The online platform continued to provide a hugely successful platform in 2022, particularly with IPM Introductory Courses. As face-to-face opportunities slowly return, for IPM Regular Seminar Groups, we will be looking to combine online and face to face training. Face-to-face learning is key to optimising IPM training and skills, therefore from 2023 the IPM will introduce a requirement to attend a minimum number of face hours before sitting the Diploma and Membership Examinations. IPM Examinations will return to face-to-face, but recognising the IPM Equality and Diversity Policy, online examinations may also be held if circumstances dictate. The IPM hope to develop and explore International Training and also grow the IPM's bespoke Introductory and Cancer Courses. The IPM's social media presence continues to grow and plays an obvious and very important role in the promotion of the IPM with record numbers of 'followers', 'shares' and 'likes'. The new IPM website and CRM will launch in January 2023 which we expect to further grow the IPM's visibility and training opportunities. The IPM is looking forward to expand and build on the successes it has had in previous years.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity was established by Trust Deed, dated 27 October 1975 and amended 30 March 1984. Changes to the Constitution took place in March 1987 making the organisation into an unincorporated association. The Constitution was updated in April 2001, March 2002, 2017 and September 2020. The registered number is 298172.

The members of council who have served during the year and since the year-end are set out above.

The principal office address is also shown above.

Council members are elected for a three-year term of office, renewable for a further three years, after which a period of one year must elapse before members may stand for re-election. Council meets at least 3 times a year and when complete consists of not less than 12 or more than 16 members; all decisions are made at these meetings. Members of Council are elected at the Annual General Meeting which takes place annually. Trustees are elected or appointed from among Council Members except for the Editor, Training Committee, Chair of the Examining Board, Programme Secretary and Media and Comms Officer which are ex-officio posts and can be appointed from the Membership onto Council for that specific IPM post.

Only Diplomats and Members of the Institute are eligible to serve as members of the Council with a maximum of 3 Diplomats serving at one time. In addition up to 4 further Members or Diplomats may be co-opted by Council and may serve for 2 years.

New appointees shadow the officer they are replacing for a period depending on the complexity of the office.

Miss Katie Knight and Mrs Amanda Sinnott are responsible for the day to day running of the Institute and Ms Emma Lewis is responsible for bookkeeping. The Treasurer and Council are responsible for the financial management of the Institute.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number
298172

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 DECEMBER 2022**

Principal address

Building 3
Chiswick Park
566 Chiswick High Road
Chiswick
LONDON
W4 5YA

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

Trustees

IPM Chair:

Dr. Sheila Radhakrishnan

(re-elected 2022) - resigns 2023

Training Committee:

Drs. Philipa Brough (re-elected 2022)

Caroline Hunter (re-elected 2022)

Gillian Vanhegan (representative on Council) (re-elected 2022) - resign 2023

Chair of the Examining Board:

Dr. Andrew Stainer-Smith

(appointed 2022) - resigns 2023

Recertification Officer:

Dr. Sally Tattersall

(appointed 2021) - re-elected 2024

Programme Secretary:

Dr. Cath White

(appointed 2021) - resigns 2024

Honorary Secretary:

Dr. Rebecca Hobbs

(re-elected 2021) - resigns 2024

Honorary Treasurer:

Dr. Kate Howells

(re-elected 2022) - resigns 2023

Editors:

Ms. Mary Brown (re-elected 2022) - resigns 2025

Dr. Andrew Stainer-Smith (appointed 2021) - resigns 2024

Assistant Editor:

Dr. Rivinda Vitharana

(co-opted 2022) - resigns 2025

Communications & Media Officer:

Dr. Laura Jarvis

(co-opted 2020) - resigns 2023

Council Members:

Dr. Caroline Hunter (re-elected 2021)

Julia Pugh (appointed 2021) (AHP Representative: Nurses)

Carolyn Lindsay (appointed 2021) (AHP Representative: Physios)

Dr. Ann-Margaret Webster (elected 2022)

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 DECEMBER 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Independent Examiner

Grugeon Reynolds Limited
Adams and Moore House
Instone Road
Dartford
KENT
DA1 2AG

EVENTS SINCE THE END OF THE YEAR

Information relating to events since the end of the year is given in the notes to the financial statements.

MEMBERS OF COUNCIL RESPONSIBILITIES IN RELATION TO THE FINANCIAL STATEMENTS

Law applicable to charities in England and Wales requires the Members of Council to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing those financial statements, the council members are required to:

" select suitable accounting policies and then apply them consistently;

" make judgements and estimates that are reasonable and prudent;

" prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Members of Council are responsible for keeping accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on and signed on its behalf by:

.....
Dr S Radhakrishnan - Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
THE INSTITUTE OF PSYCHOSEXUAL MEDICINE**

Independent examiner's report to the trustees of The Institute of Psychosexual Medicine

I report to the charity trustees on my examination of the accounts of The Institute of Psychosexual Medicine (the Trust) for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Hakeem Adeleye
ACCA
Grugeron Reynolds Limited
Adams and Moore House
Instone Road
Dartford
KENT
DA1 2AG

Date:

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

		2022 Unrestricted fund £	2021 Total funds £
INCOME AND ENDOWMENTS FROM	Notes		
Donations and legacies	2	303	573
Charitable activities			
Training, seminars and workshops		121,123	92,938
Examinations		13,663	10,250
Other trading activities	3	19,853	24,239
Investment income	4	84	2
Total		<u>155,026</u>	<u>128,002</u>
EXPENDITURE ON			
Charitable activities			
Training, seminars and workshops		127,533	107,747
Examinations		15,760	11,665
Total		<u>143,293</u>	<u>119,412</u>
NET INCOME		11,733	8,590
RECONCILIATION OF FUNDS			
Total funds brought forward		85,050	76,460
TOTAL FUNDS CARRIED FORWARD		<u>96,783</u>	<u>85,050</u>

The notes form part of these financial statements

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

BALANCE SHEET 31 DECEMBER 2022

	Notes	2022 Unrestricted fund £	2021 Total funds £
FIXED ASSETS			
Intangible assets	9	39,960	-
Tangible assets	10	1,130	1,507
		<hr/> 41,090	<hr/> 1,507
CURRENT ASSETS			
Debtors	11	14,456	32,197
Cash at bank and in hand		65,480	68,130
		<hr/> 79,936	<hr/> 100,327
CREDITORS			
Amounts falling due within one year	12	(24,243)	(16,784)
		<hr/>	<hr/>
NET CURRENT ASSETS		<hr/> 55,693	<hr/> 83,543
TOTAL ASSETS LESS CURRENT LIABILITIES		<hr/>	<hr/>
		96,783	85,050
NET ASSETS		<hr/>	<hr/>
		96,783	85,050
FUNDS	13	<hr/>	<hr/>
Unrestricted funds		96,783	85,050
TOTAL FUNDS		<hr/>	<hr/>
		96,783	85,050

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
S Radhakrishnan - Trustee

.....
K Howells - Trustee

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment - 25% on reducing balance

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2022

1. ACCOUNTING POLICIES - continued

Fund accounting

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	303	573
	<u> </u>	<u> </u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Subscriptions	19,853	24,239
	<u> </u>	<u> </u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Deposit account interest	84	2
	<u> </u>	<u> </u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

	2022	2021
	£	£
Trustees' expenses	1,827	-
	<u> </u>	<u> </u>

The number of trustees who were reimbursed for travel expenses in 2022 was 9 (Nil in 2021).

Total expenses donated to the charity by trustees in the year were Nil (Nil in 2021).

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 DECEMBER 2022

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2022	2021
Administrative staff	2	2
	<u>2</u>	<u>2</u>

No employees received emoluments in excess of £60,000.

The average number of part-time staff is 2 which is equivalent to 1 member of full-time staff.

7. BAD DEBTS

Bad debts represent out-standing subscriptions and training fees from previous years, written off.

8. PENSION COSTS

Defined contribution pension costs £1,558. (2021 : £1,326).

9. INTANGIBLE FIXED ASSETS

	Website development £
COST	
Additions	39,960
	<u>39,960</u>
NET BOOK VALUE	
At 31 December 2022	39,960
	<u>39,960</u>
At 31 December 2021	-
	<u>-</u>

10. TANGIBLE FIXED ASSETS

	Office equipment £
COST	
At 1 January 2022 and 31 December 2022	3,265
	<u>3,265</u>
DEPRECIATION	
At 1 January 2022	1,758
Charge for year	377
	<u>2,135</u>
At 31 December 2022	2,135
	<u>2,135</u>
NET BOOK VALUE	
At 31 December 2022	1,130
	<u>1,130</u>
At 31 December 2021	1,507
	<u>1,507</u>

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

11. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Sales ledger	5,860	24,015
Late sales invoices	2,320	2,795
Late sales credit notes	-	(1,000)
Gift Aid Tax Debtor	4,577	2,450
Prepayments	1,699	3,937
	<u>14,456</u>	<u>32,197</u>

12. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Trade creditors	18,233	11,416
Taxation and social security	577	176
Other creditors	5,433	5,192
	<u>24,243</u>	<u>16,784</u>

13. MOVEMENT IN FUNDS

	At 1/1/22	Net movement	At
	£	in funds	31/12/22
	£	£	£
Unrestricted funds			
General fund	85,050	11,733	96,783
	<u>85,050</u>	<u>11,733</u>	<u>96,783</u>
TOTAL FUNDS			
	<u>85,050</u>	<u>11,733</u>	<u>96,783</u>

Net movement in funds, included in the above are as follows:

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	155,026	(143,293)	11,733
	<u>155,026</u>	<u>(143,293)</u>	<u>11,733</u>
TOTAL FUNDS			
	<u>155,026</u>	<u>(143,293)</u>	<u>11,733</u>

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022

13. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/1/21 £	Net movement in funds £	At 31/12/21 £
Unrestricted funds			
General fund	76,460	8,590	85,050
TOTAL FUNDS	<u>76,460</u>	<u>8,590</u>	<u>85,050</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	128,002	(119,412)	8,590
TOTAL FUNDS	<u>128,002</u>	<u>(119,412)</u>	<u>8,590</u>

14. RELATED PARTY DISCLOSURES

During the year £33,108 (2021 : £34,770) was paid in respect of fees to 9 (2021 : 11) trustees of the charity for running workshops, seminars and panel examinations. The amounts payable to the individual trustees were as follows :

Dr Gillian Vanhegan	£5,961
Dr Philipa Brough	£3,230
Dr Caroline Hunter	£7,201
Dr Andrew Stainer-Smith	£2,601
Dr K Howells	£4,011
Dr S Radhakrishnan	£1,160
Dr S Tattersall	£2,418
Dr C White	£4,046
Dr L Jarvis	£2,480

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 DECEMBER 2022**

15. POST BALANCE SHEET EVENTS

There are no known existing material uncertainties which would effect the charity continuing as a going concern.

THE INSTITUTE OF PSYCHOSEXUAL MEDICINE

DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 DECEMBER 2022

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	303	573
Other trading activities		
Subscriptions	19,853	24,239
Investment income		
Deposit account interest	84	2
Charitable activities		
Training, seminars and workshops	121,123	92,938
Examination fees	13,663	10,250
	<hr/>	<hr/>
	134,786	103,188
Total incoming resources	<hr/>	<hr/>
	155,026	128,002
EXPENDITURE		
Charitable activities		
Salaries	37,827	38,182
Pensions	1,558	1,326
Training, seminars and workshop costs	54,694	43,839
Journal and website	2,887	1,613
Office expenses	19,187	14,597
Bank charges	3,373	2,431
Administrative staff expenses	1,326	624
Examination costs	15,760	11,665
Depreciation of office equipment	377	423
	<hr/>	<hr/>
	136,989	114,700
Support costs		
Governance costs		
Trustees' expenses	1,827	-
Accountancy	4,477	4,352
Professional fees	-	360
	<hr/>	<hr/>
	6,304	4,712
Total resources expended	<hr/>	<hr/>
	143,293	119,412
Net income	<hr/>	<hr/>
	11,733	8,590

This page does not form part of the statutory financial statements

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<https://www.virtualcabinetportal.com/VerifySignedDocument>

Signature Dates and Times

All dates and times shown in the signatures below are expressed in Coordinated Universal Time (UTC), which is generally equivalent to GMT.

You can find out more about UTC at the following web page:

<http://www.virtualcabinetportal.com/WhatIsUTC>

Signature 1

Signed by Kate Howells using authentication code WTx3LnFxJGUuZWtN at IP address 94.0.255.103, on 2023/08/22 15:12:31 Z.

Kate Howells's e-mail address is: treasurer@ipm.org.uk.