

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

England & Wales · Charity number 298154

Details

Other names N V C F R LTD

Status Registered

Legal form Charitable company

Company number [02226878](#)

Registered 1988-05-18

Register [View on the Charity Commission register](#)

Contact

Address Shaw Gibbs
Eagle House
28 Billing Road
Northampton
NN1 5AJ

Phone 01604 230588

Email admin@eve.org.uk

Website www.eve.org.uk

Activities

Objects: TO RELIEVE POVERTY AND THE SUFFERING AND DISTRESS EXPERIENCED BY WOMEN AND/OR CHILDREN WHO HAVE IN ANY WAY BEEN PHYSICALLY OR MENTALLY MALTREATED BY ANY PERSON LIVING WITH THEM OR OTHERWISE. TO PROVIDE A REFUGE/S OR HESTEL/S OR ANY OTHER ACCOMMODATION TO PROVIDE FOR THOSE IN NEED OF ASSISTANCE AND MORAL GUIDANCE AND SUCH OTHER MEANS AS SHALL FURTHER THE SAID OBJECTS.

Activities: Provision of refuge accommodation and community support for women and children fleeing domestic abuse. Provision of education and support to the abusive partners and ex-partners of men and women fleeing domestic abuse.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Accommodation/housing
- **Who:** Children/young People, Other Defined Groups

Geography

- **Area of benefit:** NOT DEFINED - IN PRACTICE NORTHAMPTON
- Northamptonshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£855,882	£817,447	£550,047	23
2024-03-31	£886,097	£726,673	£511,612	23
2023-03-31	£664,396	£671,291	£352,188	23
2022-03-31	£519,149	£658,604	£359,083	24
2021-03-31	£689,529	£613,791	£498,538	23

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

England & Wales - Charity number 298154

Accounts

REGISTERED COMPANY NUMBER: 02226878 (England and Wales)
REGISTERED CHARITY NUMBER: 298154

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025
FOR
NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED**

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2025**

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NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2025**

TRUSTEES	S Van Rooyen E L Fletcher S Whipp K Dhlamini
REGISTERED OFFICE	Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
REGISTERED COMPANY NUMBER	02226878 (England and Wales)
REGISTERED CHARITY NUMBER	298154
AUDITORS	Shaw Gibbs (Audit) Limited Chartered Certified Accountants Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
SOLICITORS	Tollers 2 Castilian Street Northampton NN1 1JX
WEBSITE	www.nvcfr.org.uk

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Within the report the charity Nene Valley Christian Family Refuge Limited is also referred to as NVCFR and EVE, which are both working names of the charity.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

OBJECTIVES AND ACTIVITIES

Principal activity and charitable objects

NVCFR has been a trusted source of support to women and children escaping domestic abuse in Northamptonshire for more than 42 years; growing and developing our services to respond to the dynamic nature of domestic abuse and to the needs of families in Northamptonshire and beyond. We continue to see need significantly increase in all areas of our work.

NVCFR continued to support women, children, and families subjected to domestic violence and abuse through a variety of programmes specifically designed to meet their additional complex needs, including mental ill-health, food poverty, child poverty, homelessness, drug, and alcohol abuse and No Recourse to Public Funds as well as the intersectional needs experienced by Black and Brown women and women from minoritised communities. As always, we could not have done it without the support of many people across the County, including Churches, local businesses, and local and national grant makers too, who have generously donated clothes, food, and money to support the families we work with.

We could not have helped so many people to leave behind the trauma and effects of domestic abuse without the dedication, skill and enthusiasm of our amazing staff and volunteer team. Every member of our team works tirelessly, whatever their role, to the absolute best of their ability. As always, the year has provided many challenges; challenges that the team rise to mostly with cheerfulness, sometimes with gritted teeth but always with an incredible sense of team spirit. Our staff and volunteers are at the very heart of who we are, what we do and the difference we make.

Objectives for 24/25

We constantly monitor and evaluate our programmes and interventions to understand how effective our approaches are.

- 93% of participants demonstrated greater understanding of risk [of domestic abuse] and how to keep themselves safe
- 83% of participants demonstrate strengthened resilience - which means that they feel more capable of progressing with their lives and accessing the support they need to be independent
- 81% of participants said that they felt more empowered as parents

Further evidence from other interventions demonstrates that:

- Half of the service users who were under social services supervision when they began working with us were stepped down in some measure of their supervision - reflecting the increased confidence of social workers of their ability to provide a safe and healthy environment for their child.
- 100% of women who completed the Stay Free programme said they felt more confident avoiding abusive relationships in future.
- 86% of children who were supported by our team reported a reduction in their emotional symptoms, behavioural conduct problem, hyperactivity and peer problems, and 100% reported an increase in their pro social behaviour.

The following report provides the details in how we have achieved these objectives.

The social need we addresses

The Crime Survey for England and Wales estimated that 2.3 million people aged 16 years and over (1.6 million women and 712,000 men) experienced domestic abuse in year ending (YE) March 2024. The police recorded 851,062 domestic abuse-related crimes in England and Wales in YE March 2024. There were 51,183 domestic abuse-related prosecutions in England and Wales in YE March 2024, compared with 51,288 in YE March 2023.

Women were disproportionately represented among victims of domestic abuse-related crimes, as in previous years, with 72.5% of all victims being female in the last year.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

There is limited local data available on victims facing multiple and complex needs, but our evidence suggests that levels of comorbid conditions, including mental health and substance misuse, are considerable. Over 80% of the women we work with experience poor mental health (including c.60% with diagnosed mental health illness), 16% are battling addictions, 89% are unemployed and 68% are in vulnerable housing situations, 46% are at high risk of harm from their perpetrator. We work with the women to resolve their crises and support them to work with other specialist agencies before they are ready to engage in our therapeutic programmes.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

Our response in 2024/25

Our trauma-responsive restorative services work with survivors. We listen to their stories and help them to articulate their own and their children's needs. We use empathy, professional curiosity and motivational interviewing techniques to ask the right questions, working with each woman to establish her needs safely and place them at the centre of her support.

We offer specialist support and effective solutions, working in a women centred environment offering a team around the family approach to supporting service users and their children.

We work diligently with statutory and voluntary sector organisations across the county and the country, sharing knowledge and ideas. We promote ongoing delivery of our important perpetrator programmes and to raise awareness of and support for victims/survivors of domestic abuse.

Against this backdrop we have contributed locally and nationally by supporting and mentoring emerging organisations and services to develop their offer, access funding and provide specialist support to women with No Recourse to Public Funds and women victim/survivors who have not accessed support from any other service. We have given support, information, advice and guidance, shared our knowledge and expertise, policies and procedures and our CPD accredited training. Eve is proud to be able to support sector to grow in this way.

We launched our Silent Solutions helpline in April 2020, in direct response to the Coronavirus pandemic and the increased demand for our services. By offering text message and email options to contact our helpline, we have enabled people who are in living with their perpetrator and unable to talk about their needs to reach out without needing to speak. The service continues to provide support, guidance, information, and advice to women who need help in this way.

Eve has worked with more than 837 individuals across all our services during this financial year. We continue to see a year on year increase in the number of people seeking our support.

Refuge

Our main purpose-built refuge provides accommodation for 13 women and up to 17 children at any one time and our second refuge provides accommodation for up to 4 single women. Service users are offered emergency support to develop a safety plan, to apply for benefits, support for their children, and for working with other agencies to meet their complex needs. Eventually they are supported to move into their own home and continue receiving help through our community programme. Whilst living in refuge, service users are given access to our Restored Programme with a focus on preparing for life after refuge, including work. Their programme typically includes volunteering opportunities, developing a CV, budgeting and financial management and working to meet other specific needs.

71 women and 48 children stayed in our refuge during 2024/25. 60% of these residents were high or medium risk from their perpetrators with others having a range of complex needs.

Number of women (in refuge) with 'High Risk' complex needs

- NRPF	6
- Disability	18
- Mental health issues	51
- Learning difficulties	0
- Misuse of drugs/alcohol	14
- Did not speak English/English as a 2nd language	4
- LGB	7
- Younger women (aged 16-25)	17
- Received specialist support	22

We continue to see a year on year rise in the additional complex needs of women we work with.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

32.4% of women and children resident in our refuges and 10% of women and children in our community services were from Black, Brown, and other Minoritised backgrounds.

We recorded the following risk levels from service users' perpetrators.

- Low risk = 37%
- Medium risk = 21.4%
- High risk = 41.6%

Eve received 944 contacts throughout the year. We were unable to offer a service to 166 of these women for several reasons, including:

Number of contacts received:	944
Unable to support	166
Unable to support due to No vacancies	0
- Unable to contact	15
- Did not accept referral	7
- Unsuitable accommodation	30
- High risk due to proximity of perpetrator	51
- Ineligible for service	2
- Unsupported complex need	7
- Accommodated elsewhere	10
- No eligible for service	3

Our occupancy rate for the year for Valley House was 77%. Occupancy rate for Grace House was 30%. This was due to the higher than usual referrals from the local area.

8 women, 11.3% stayed in refuge for less than 1 month, and 44 women, 62% stayed for 3 months or longer.

Case Study

"Dear Eve Refuge.

Without your amazing support, myself and my children will not be where we are now, settled and moving on with our lives happily.

I want to express my deepest gratitude to all the refuge staff members at Eve. Your incredible kindness, support, and dedication have helped me navigate a very difficult journey. You've given me hope and a sense of belonging, and I will never forget your compassion.

I'm so full of gratitude for your help and support. You have been my rock during a challenging time, and I don't know where I would be without your kindness and guidance. Thank you for being such a positive force in my life".

Community Service

280 women and 97 children participated in our Community Service during 2024/25. These families were able to live in their own accommodation, receiving a range of services at our Women's Centre, which included, The Restored Programme, Minimum Safety Support, Therapeutic Services, Specialist Groupwork Services, Children's Services and Keyworker sessions.

7.2% of our community service users were assessed as being high risk from their perpetrators with others having a range of complex needs including:

Number of women (in community service) with 'High Risk' complex needs

- Disability	38
- Mental health issues	64
- Learning difficulties	5
- Misuse of drugs/alcohol	19

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

The Restored Programme

Every woman is offered appropriate interventions and activities, to meet her needs, from our holistic, long-term rehabilitation and recovery programme, Restored, written and developed by Eve in 2014. Each woman on the programme has a key worker who supports her to create a strengths-based Independent Development Plan that meets her individual needs and works to achieve 5 positive outcomes, supporting her to recognise domestic abuse, stay free from abuse in the future and help heal the trauma suffered by her and her children. Support includes a bespoke combination of 1:1 support from our Domestic Abuse Specialists (DAS Team) and group work programmes and therapeutic activities, including counselling and coaching from our Therapy and Wellbeing Team.

Delivery of our online specialist Groupwork programmes have continued alongside face-to-face service delivery, which has enabled us to work in local communities with service users from further afield and to help break down some of the financial, time and transport barriers involved with travelling across the County.

In answer to the continuing devastation caused by the Cost of Living Crisis we developed more partnerships this year with local supermarkets, running a weekly Food Bank that regularly supports 209 women living in both our refuge and community services.

Restored includes a range of the following therapeutic interventions and activities:

- Specialist Domestic Abuse Recovery Groupwork programmes
- Therapeutic Services
- Children and Young People's Services
- A range of activities that support the development of self-esteem, confidence, and resilience.
- Educational development activities
- Volunteering activities
- Food Bank

We accepted 38 new service users onto Restored this year. 14 women participated in our therapeutic services and 73 women attended our Groupwork only outreach provision, participating in a range of specialised group work including our own Stay Free programme as well as Freedom and Own My Life.

Therapeutic and Wellbeing Services

Our range of therapeutic group-work activities include a range of activities and interventions that result in the following outcomes for women and children affected by domestic abuse:

- Improved self-esteem, confidence, and mental wellbeing,
- Improved skills that foster independence, autonomy, and resilience, and
- Reduced impact of trauma on anxiety, stress, and emotions.

This year The Restored Programme has delivered 355 sessions to 1246 participants.

- 106 Specialist Group Work sessions to 553 participants
- 160 Therapeutic sessions to 213 participants
- 53 Wellbeing activities to 174 participants

Session	Number of sessions	Number of participants
Stay Free F2F	34	210
Stay Free Online	21	78
OML F2F	25	130
OML Online	26	135
Counselling	88	7
Voice of Eve	5	17
EFL	6	16
Food Bank	30	261
Arts and Craft	11	31
Coffee & Chat	23	122
Journaling	17	59
Skin and Beauty	5	15
DAY	13	39

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

Stay and Play	3	5
Dancing for Wellbeing	10	17
Book Club	4	6
Wellbeing Walk	4	9
Other	30	88
Total	355	1246

Case Study

Fiona made the decision that she wanted to engage with eve to help her and her son heal from the effects of domestic abuse. Fiona recognised that she did not know what a healthy relationship was due to being in a relationship with her ex since the age of 18. She shared that she had lots of friends but often felt a pressure to please them and noted that if she ever disagreed with them, they would blank her for days. Through participating in Restored Group Work Own My Life, Stay Free and Therapeutic work Fiona was able to start to recognise healthy relationships and started to put in boundaries with those around her. Whilst participating in counselling and the wellbeing activities Fiona started to recognise that she wanted to develop a career and earn her own money. She started to work with a partner agency to develop her CV and was able to then secure a job within the education sector. This was a huge step for Fiona as her perpetrator had always used her disability against her telling her she was stupid and would never achieve anything. This step in her journey enabled Fiona to develop a sense of purpose as well as recognising hope for her and her son's future. Counselling helped Fiona to make sense of her past experiences and recognise how her childhood had shaped her as a parent and understood reasons for her struggle to implement rules and boundaries with her son. After 16 months Fiona completed the restored program and is now working full time in a job that she loves. Fiona shared that she feels she is now the parent that she always wanted to be and only has people in her life who make her feel good about herself.

Children and Young People's Services - Refresh

Our qualified Children and Young People's Practitioners provide a range of age-appropriate therapeutic programmes for infants, children and young people, delivered on a needs-led basis after careful assessment with both children and their mother. These are delivered in a range of ways, including on a one-to-one basis with the child, with or without their parent, and in group settings. All of the activities and interventions seek to aid recovery from trauma, repair relationships, and improve wellbeing. Preventative programmes for young people increase their resilience to traumatic experience and lower the risk of future victimisation. We also provide a crèche for children of women who are participating in group work or one-to-one support.

Funding from Children in Need and the Masonic Charitable Foundation supported our Children and Young People's Practitioners to work with a total of 145 children and young people this year across both our refuge and community services.

The CYPs team works towards three main outcomes for each child.

Children and Young People will increase their self-esteem:

112 children have participated in self-esteem raising activities with 109 children increasing their self-esteem to some level. Children are supported to engage in a range of age-appropriate activities to raise their self-esteem.

We are working with more children who have neurodiversity conditions, supporting them into nursery/school settings by working with staff and teachers to understand their particular, individual needs.

38 children aged 0-5 participated in creche activities. We record their development using Early Years Foundation Stages, supported by Tapestry.

61 children and young people participated in Refresh activities, including, Wellbeing Courses, Help Me Stay Safe (understanding domestic abuse for primary school children), DAY (understanding healthy relationships for teenagers), Protective Behaviours, Drawing and Talking, 1-1 Individual work (directed by the child's needs).

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

Our data shows that 86 children and young people have made significant progress in increasing their self-esteem. These children have engaged in activities with other children and adults, initiated play with children and/or adults, were able to engage in conversations appropriate to their level of development and have joined external groups etc. Young children in creche have gained confidence to be able to settle well in groups without mum and participated in a full range of age-appropriate activities. Older children are calmer and have learned to use appropriate voice-levels when participating in indoor activities. Bullying behaviours within peer groups has stopped and has noticeably reduced in family groups. Some children experiencing significant progress have been enabled and supported to access external groups provided by school and youth groups, mums and tots groups and other universal services, including school. All the children were eager to explore their surroundings and try new things, showing interest in what they were doing and enjoying their achievements.

13 children started to experience progress. These children were often short-term service users in families that moved on within six weeks. These children showed some progress in developing self-esteem, settling better and more quickly in activities, becoming less anxious when separated from Mum, developing confidence in being able to talk to other children and adults.

10 children have either not stayed with us for long enough to evidence their progress or have only just joined the service.

Children and Young People will have improved family relationships.

Improvements in family relationships has been clear to see in the increased confidence, resilience, self-esteem and social and emotional wellbeing of children who have participated in specific activities and interventions designed to improve family relationships. We use our own therapeutic programme, called Refresh, for children and young people aged over 5. Refresh compliments our programme based on similar outcomes for survivors of domestic abuse, including mums of children in our service. Both programmes use our own Breaking The Cycle outcomes measurement tool to support participants to understand where they are in their journey. This enables mums to understand their children's journey, helping them to talk about domestic abuse and to support their children towards recovery from trauma and the effects of domestic abuse.

As the young people work through the Refresh program, the relationship between them and mother/sibling/friend/peer groups shows an improvement in our evaluation and monitoring. The stages of our Breaking the Cycle Outcome Measurement Tool (BtC) are Pre-Contemplation/ Contemplation/ Decision/ Action/ Maintenance. The young people can go up and down the stages during their work with us and we recognise this as they gain resilience or deal with changes such as Child Contact, we also recognise stages of grief during our work with them.

We have engaged families in specific interventions and 1:1 sessions such as developing good bedtime routines, weaning, and learning - encouraging mums to participate in homework sessions by helping them to learn about the current language and methods around maths and English work.

Each of our family activities is designed to encourage families to spend time together, enjoying playing and each other's company. We encourage mums to develop relationships with other professionals in universal services such as Health Visitors and mums and tots' groups, school etc., signposting them for support, information and advice where appropriate. Mums report that relationships with their children improved through participating in the activities and interventions we provided, citing that children are more able to listen and act on instructions, talk to them about things they have done or that might be worrying them and are more able to control their emotions, particularly anger.

**REPORT OF THE TRUSTEES
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We have provided trips and outings to encourage families to experience activities together that they might not otherwise have done. These have included Christmas Pantomime, a summer picnic with special sport and craft activities and our annual Christmas Party. We have held picnics at the park, football tournaments, baking and cooking competitions and craft activities. Families participating in these activities have enjoyed spending time together and said that they also enjoyed doing something that they had not done before. All the children and young people in our service are given Christmas and birthday presents and are provided with a teddy, a book and new pyjamas when they come into refuge.

Children and Young People have improved Social and Emotional Wellbeing.

Many of the children are very scared to be separated from their mothers and would become very distressed very quickly when they first attend a creche session. As the children build their own trust in their CYPPs, they develop their confidence, which in turn enables them to begin improving in their social and emotional wellbeing, eventually being able to attend activities with excitement and interest and interact well with their peers and other adults.

Activities in our Refresh programme are specifically designed to enable children to 'enjoy and achieve' and increase their resilience by joining in activities they may not have had access to before, such as cooking or external groups such as youth clubs etc. The children and young people are encouraged to share their achievements with each other and with their families. Enjoying and achieving significantly promotes resilience, which is an important part of improving social and emotional wellbeing.

Safeguarding Children and Young People.

The Children and Young People's Specialists work with children and their families who have come into service with or requiring safeguarding support through the Children's Trust. This year they have worked with 21 families requiring this support.

Number of children in service	145
Families came into service on interim Care Order	1
Left service not on ICO	1
Families came into service on Child Protection plans	8
Stepped down	3
No longer supported	7
Families came into service on CiN	7
Stepped down	1
No longer supported	5
Families came into service on Early Help	2
Stepped down	0
Number of families placed on ICO while in service	1
Number of families on CP while in service	0
Number of families placed in CiN while in service	2
Number of families placed on Early Help while in service	0
No longer supported	3
Percentage of families with reduction in social care	39%

Case Study

Sonia was 3 when she came to refuge with her Mum Kinga. Kinga had several physical health conditions and struggled to walk long distances and did not have money for a car. This meant that she struggled to enjoy time outside the house with Sonia. With support of her keyworker Kinga was able to secure a bus pass and Personal Independent Payments which provided her with more opportunities to go out. Although one barrier had been lifted Kinga did not have knowledge of suitable places for 3-year-olds to go. The children's team worked closely with Kinga to show her the local area and introduce her to nearby Stay and Play groups. Due to fleeing their family home Sonia had very few clothes or toys.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

The children's team were able to provide Sonia with new toys that reflected her interests as well as suitable clothing for the winter months. Whilst Kinga attended activities Sonia attended the creche where she was able to interact with children her own age. At first Sonia found this very difficult. English was not Sonia's first language, and she was not used to being away from her Mum or being around other children. The children's team used pictures and objects to develop Sonia's language and to enable her to make choices. The creche staff also role modelled play activities and supported Sonia in engaging with her peers. Over the months Sonia attended creche her confidence grew and she started to initiate games and conversations with those around her. When it came to Sonia starting nursery Kinga felt confident that her daughter would be happy and able to make friends. When the family left refuge Sonia was able to communicate with those around her in both English and her home language. Sonia had been invited to several birthday parties and both Sonia and Kinga enjoyed playing together every Saturday at a local park.

Evolve

As a specialist provider of domestic abuse services for more than 42 years, we have learned that survivors can only take responsibility for themselves and their own actions. We believe that delivering a 30-week Behaviour Change programme, accredited by RESPECT, for those who choose to use abusive and coercive behaviours offers opportunities for families to change their dynamics.

Participants in Evolve are usually standard to medium-risk; some have been referred to Multi-Agency Risk Assessment Conferences (MARAC) so would be considered high risk. Men and women are referred through a number of different pathways including Social Workers, Solicitors, Health Visitors, Schools and self-referral. Careful assessment enables us to offer a service that meets the needs of the individual, we work on a 1:1 basis with women, and with men who require support with language or have other needs that mean working in a group is not appropriate.

With modules covering Parenting, Consent and Sexual Respect, as well as other aspects of coercive and abusive behaviour, the programme supports participants to choose different ways of dealing with conflict, role modelling alternative behaviours to those currently used within the home.

Our Integrated Safety Support Service works at multi-agency levels on behalf of the women our Domestic Abuse Practitioners are supporting on a one-to-one basis. This crucial function of our work ensures consistent

communication with other agencies involved with the women and her family, in order to manage risk and disrupt perpetration. We support the current/ex partners of participants to ensure their safety and respond to any incidents that occur. Our programmes run in conjunction with each other, enabling families to stay together or to separate safely and help to break the generational cycle of domestic violence and abuse.

Referrals to the Evolve Behaviour Change Programme are as follows:

Number of male referrals to Evolve	67
Number of female referrals to Evolve	6
Number of males offered assessment	46
Number of women offered assessment	6
Number of males attending assessment	36
Number of women attending assessment	6
Number of men offered place on group	27
Number of men started on group	27
Number of men completing Evolve	8
Number of men completing more than 12 sessions	12

**REPORT OF THE TRUSTEES
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Number of men de-selected from group	12
Number of women offered place on 1:1 programme	2
Number of women started on 1:1 programme	2
Number of women completing 1:1 programme	2
Number of women de-selected from 1:1 programme	0

Expert Training

We believe that knowledge is power and is vital in ensuring that professionals and communities are aware of domestic abuse and its many forms. We work to develop the skills and knowledge of professionals who work with vulnerable people and who may come across victim-survivors in their role.

We deliver CPD accredited training for professionals, volunteers community leaders and organisations with sessions on understanding domestic abuse, the impact of domestic abuse on children and young people, personal and professional boundaries, and personal safety and many other relevant topics.

We have delivered to different agencies with a range of core courses and bespoke programmes written especially for the audience. Most training has been delivered online, except where clients have specifically requested face to face delivery of bespoke courses. Core and Volunteer Training Programmes were delivered to new staff and volunteers along with regular training updates to existing staff and volunteers.

Clients have ranged from statutory sector, third sector and community organisations including Re:Store, and The University of Northampton. Training evaluations are consistently good to excellent, with participants citing the knowledge, expertise, and delivery style of our Trainer as a reason for their enjoyment of the course.

We have increasing awareness of the impact of domestic abuse and improved support for survivors.

Number of individuals received training	136
Number of courses delivered	29
Number of individual external agencies training delivered	2
Number of rounds of core training delivered	3

Our Trainer has been involved in supporting and developing conversations with organisations who work with and for Black, Brown and Minoritised Communities in the Interpersonal Violence sector making strong links with local and national organisations.

Inter-Agency Networks and Partnerships

Partnership and inter-agency networking is a key factor in providing holistic services for our service users and is often a requirement of service delivery. NVCFR is an active member of a wide range of networks and forums, including West and North Northamptonshire Domestic Abuse Boards We are also members of the Black Women's Domestic Abuse Group, an offshoot of the Northampton Women's Forum.

We have worked with statutory and community organisations to provide information, advice, and guidance to women in different communities across the town and have supported the Police in their information awareness campaigns and have developed a number of significant partnerships with businesses and companies across the county.

We work with a range of statutory, community, charitable and other organisations to provide information, advice, guidance, and support to our service users. These include:

AA Global Language Services
Abbey Community
ABDA Design
Abington Bespoke Cleaning Ltd
ACAS

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Action Centres UK Ltd
Action for Happiness
Active8 Managed Technologies Ltd DD
Adorn Wellbeing
Adult Learning
Advanced Imaging Systems
Advantage Employment & Training Solutions Ltd
Agora Business Publications
Aldi Stores
All Saints Brixworth
Alpha Service (Northampton) Limited
Apex Scaffolding Ltd
Ashby Computers LTD
B&CE Holdings DD
BEB Contract Legal Services
Bee Tee Alarms
Bernard Sunley Foundation
Black Women's Domestic Abuse Group
Bloom Bookkeeping Services
BNI East Midlands Networking Limited DD
BNI Foundation
Boilerhouse Creative
Bradby and Fawsley WI
Brixworth All Saints
Broadmead Baptist Church
Calbarrie Compliance Services
Camble House
CAMS
Carey Baptist Church
CAMS
Carey Baptist Church
Central Bedfordshire Council
Charities Aid Foundation
Charity Link
Christian Celebration Church
Chrysellis
Clear Voice
Coop
Corvee Property Services Ltd
Creating Equalz
Criminology Department - N'pton University
DAY Programme
Edith Murphy Foundation
EMH Homes DD
Futures Housing Group & Partners
Gedeon Richter
Glasspool
Golden Giving
Goodman Carpets
Hawk Drainage & Groundworks Ltd
High Speed Training
Hub-4 Ltd
Hull City Council
Hunsbury and Blisworth Community Choir
Hunsbury Hill WI
IAPT- mental health
J&J Global fulfilment

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

James Warren Photography
Just Giving
Kingsley Park Methodist Church
Kingsley W.I
Kingsthorpe Methodist Church
Lidl
LM Copywriting
Local Giving
Long Buckby WI
Lush
MARAC
Maria Chartres t/a Amalfi Flowers
Masonic Charitable Fund
MayKing Property Maintenance
MG Windows
MIND
Morrisons
Mount Pleasant Baptist Church
Mundy Mornings
National Legal Service and Charles Strachan Solicitors
Nationwide donations
NAYC Ltd
NBWDAG
NCVO
Neighbourly
New Covenant Church
New Life Church Northampton Ltd
North Northamptonshire Council
Northampton Children's Trust
Northampton Lottery
Northampton Municipal Church Charity
Northampton Partnership Homes
Northampton School for Girls
Northamptonshire Domestic Abuse Service
Northants Rights & Equalities Council - Northants Hub
Northfield WI
Northampton methodist church
NSB Northampton School for boys
NSPCC Learning
Mannor House counselling
Oblique
OFEC Consulting Ltd
Ofsted
Old Grammar School
On Demand Digital Print Limited
OPFCC - Office of the Police Fire and Crime Commissioner for Northamptonshire
Orchard Cleaning
Orthodox Sisterhood
Paisley Pear Hotel
Park Ave. Methodist Church
PCC St Andrew's Mission Giving
PEGS
Piddington Church
Plough the mind
Project Linus
Protective Behaviours
Queensgrove

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

Re:Store Northampton
Red Clean Exterior Cleaning Ltd
Respect
Restore foodbank and Daylight Centre foodbank.
Rights for Women
Rubbish2Go
S2S and Aquarius- drug and alcohol services
Safe Lives
Serenity
Shaw Gibbs Limited
Sherwood Associates
Shire Leasing DD
Skyline Taxis
Smiths Fire LLP
Soar Development Ltd
Spencer contact
SSE Energy Solutions DD
St Andrews Methodist
St Annes Orthodox Chrisitan Parish
St Giles Church
St Mary's On the Hill
St. Marys Church
Standing Together Against Domestic Abuse
Stewardship
Storehouse Church
Sunflower Centre
Talk Electrics
Tesco Stores, Northampton
The Bridge - Drug and Alcohol
Community Law
Freedom - by Dogs Trust
MK Act
NRPF Network
Rights of Women
Samaritans
SHOUT
Christians against poverty (CAP)
The Red Cross
The Church of Pentecost
The Clothworkers Foundation
The CPD Group DD
The Gladiator Group
The Good Loaf
The Melbourne Arms
The National Lottery Community Fund
The Women's Liberation Collective
The Workhouse Group Of Companies Ltd
Therese Lee Counselling Service
Thirtyone:eight DD
TK Maxx
Total Energies DD
Total Spectrum SO
Trainline
Tresham Collage
Velo Creative
Verian Security Limited
Vesta

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

Victim Focus
Voice
Wacoal EMEA Ltd
Waitrose
Weedon United reform Church
West Haddon All saints church
West Northamptonshire Council
Weston Favel Shopping Centre
Winvic Construction Ltd
Women's Aid Federation of England
Woodland Avenue ukulele group
Wootton WI
Workplace Cleaning Solutions Limited
Cyberlab
Baby Basics
C2C Social Action
Cats Protection Lifeline
Citizens Advice Bureau

Contracts

Eve holds several contracts with funders to deliver a variety of services across the organisation.

These are:

- Children in Need to provide funding for Children's Services from July 2021 to June 2024.
- Charles Hayward, Henry Smith, and Masonic Charitable Foundation for various projects.
- West and North Northants Councils provide funding for refuge and community services.

Management agreements

Our refuge, Valley House, is owned by EMH Homes and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

Our second refuge is owned by Mount Pleasant Baptist Church and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

FINANCIAL REVIEW

Financial position

Total income for the year was £855,882, a small decrease from £886,097 in 2024, and total expenditure was £817,447, an increase from £726,673 from 2024, due to the work and projects carried out in the year.

The net surplus for the year amounted to £38,435 as shown on the SOFA. The total funds carried forward at the year end is £550,047 of which £517,326 is unrestricted funds, and £32,721 is held in restricted funds. Designated unrestricted funds total £228,485 and general unrestricted funds total £288,841.

The use of the restricted funds is explained further in note 20 of the financial statements. The designated fund represents the net book value of the freehold property held, less the bank mortgage liability at the year end, held against the property.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

FINANCIAL REVIEW

Reserves policy

The Council of Management seeks to hold free reserves at least equal to 3 months general running costs of the charity, which equates to approximately £204,000. General free reserves are currently £261,774. This currently equates to 3.8 months running costs which the trustees feel is acceptable.

The Trustees consider that the charity has adequate resources to maintain its ongoing work and to prepare for future developments.

Certain grants have been given for specific purposes and these are shown as restricted funds (see notes). Other designated funds have been set aside out of unrestricted funds (see notes).

The financial support of charitable trusts, local authorities and other donors is greatly appreciated and enables the charity's work to be sustained.

FUTURE DEVELOPMENTS

Objectives for 2025/26

During the next financial year, we intend to achieve our aims by continuing to build and develop our services so that they persist in meeting the needs of the families we work with.

Our aims are:

Protect people at risk of domestic abuse and empower them to protect themselves.

Proclaim freedom and a future for people affected by domestic abuse.

Provide services that support survivors to thrive.

Prevent another generation of abusive family relationships.

Prepare survivors to live the lives they want to lead.

To meet these aims, our objectives will be:

- Increase the safety of women and children affected by abuse.
- Raise awareness of domestic abuse and its' impact on women, children, and society.
- Increase financial diversity.
- Increase information about domestic abuse and where people can find help and support.
- Improve the physical, emotional, and social health of women and children affected by domestic abuse.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, the Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act.

Public Benefit

The trustees have had regard to the guidance on public benefit published by the Charity Commission.

The work of Nene Valley Christian Family Refuge is of public benefit, raising awareness of domestic abuse and providing a range of comprehensive, holistic support services that enable women and children who are experiencing this to access safe temporary accommodation, as well as specialist support when they are re-housed in the local community.

Recruitment and appointment of new trustees

Potential trustees are interviewed by existing trustees and discussions are held with the CEO. No appointment is made unless all existing trustees are in agreement and satisfactory references and DBS screening is obtained. All trustees are required to sign a declaration regarding their legal eligibility to be a trustee. An induction period is given once appointment has been agreed.

Organisational structure

The CEO has delegated responsibility for day to day running/management of the organisation. The name of the CEO is not disclosed in this report under exemption from the SORP paragraph 1.29 on the grounds that it could lead to the person being placed in personal danger due to the nature of the charity.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Key management remuneration

The remuneration and pay of management roles are reviewed annually by the trustees having regard to similar roles elsewhere in the charity sector and after considering the relationship with the salaries of other staff members.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Trustees are constantly aware of risk and are fully aware of their responsibilities. Maintaining clear written policies, including a reserves policy, mitigates risk. The ongoing expansion of the charity's work, proposed major developments and continuing developments with government initiatives, all contribute to the need to be vigilant in identifying and managing risk. The trustees are committed to working with the CEO in reviewing and updating all written policies and procedures on a regular basis and to ensure that a comprehensive risk assessment is carried out. The trustees acknowledge the risk of the loss of a key player - trustee or senior staff member - and are alert to the risk inherent in heavy reliance on a single source of funding.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Nene Valley Christian Family Refuge Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Shaw Gibbs (Audit) Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 3rd December 2025 and signed on its behalf by:



.....
S Van Rooyen - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Opinion

We have audited the financial statements of Nene Valley Christian Family Refuge Limited (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory frameworks within which the charity operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Charities Act 2011, United Kingdom Generally Accepted Accounting Practice and relevant Taxation legislation.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management and the understatement of revenue. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Shaw Gibbs (Audit) Limited
Chartered Certified Accountants
Statutory Auditor
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 12th December 2025

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	29,963	12,501	42,464	79,137
Charitable activities	5				
Provision of refuges		576,943	154,156	731,099	636,990
Administration & support		-	80,000	80,000	167,960
Other trading activities	3	910	-	910	1,600
Investment income	4	<u>1,409</u>	<u>-</u>	<u>1,409</u>	<u>410</u>
Total		<u>609,225</u>	<u>246,657</u>	<u>855,882</u>	<u>886,097</u>
EXPENDITURE ON					
Raising funds	6	4,354	-	4,354	3,509
Charitable activities	7				
Provision of refuges		148,212	158,946	307,158	316,947
Resettlement & day centre		175,049	-	175,049	204,900
Administration & support		222,494	102,712	325,206	195,386
Property depreciation and interest		<u>5,680</u>	<u>-</u>	<u>5,680</u>	<u>5,931</u>
Total		<u>555,789</u>	<u>261,658</u>	<u>817,447</u>	<u>726,673</u>
NET INCOME/(EXPENDITURE)		53,436	(15,001)	38,435	159,424
Transfers between funds	20	<u>(461)</u>	<u>461</u>	<u>-</u>	<u>-</u>
Net movement in funds		52,975	(14,540)	38,435	159,424
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>464,351</u>	<u>47,261</u>	<u>511,612</u>	<u>352,188</u>
TOTAL FUNDS CARRIED FORWARD		<u>517,326</u>	<u>32,721</u>	<u>550,047</u>	<u>511,612</u>

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
FIXED ASSETS					
Tangible assets	14	260,409	-	260,409	264,736
CURRENT ASSETS					
Debtors	15	41,896	-	41,896	101,999
Cash at bank and in hand		<u>257,659</u>	<u>32,721</u>	<u>290,380</u>	<u>186,021</u>
		299,555	32,721	332,276	288,020
CREDITORS					
Amounts falling due within one year	16	(41,424)	-	(41,424)	(36,167)
NET CURRENT ASSETS		<u>258,131</u>	<u>32,721</u>	<u>290,852</u>	<u>251,853</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		518,540	32,721	551,261	516,589
CREDITORS					
Amounts falling due after more than one year	17	(1,214)	-	(1,214)	(4,977)
NET ASSETS		<u>517,326</u>	<u>32,721</u>	<u>550,047</u>	<u>511,612</u>
FUNDS	20				
Unrestricted funds:					
General fund				288,841	234,312
Freehold Property				<u>228,485</u>	<u>230,039</u>
				<u>517,326</u>	<u>464,351</u>
Restricted funds				<u>32,721</u>	<u>47,261</u>
TOTAL FUNDS				<u>550,047</u>	<u>511,612</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2025

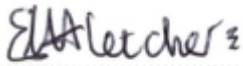
These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 3rd December 2025 and were signed on its behalf by:



.....
S Van Rooyen - Trustee



.....
E L Fletcher - Trustee

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	112,446	80,561
Interest paid		<u>(480)</u>	<u>(731)</u>
Net cash provided by operating activities		<u>111,966</u>	<u>79,830</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		<u>(3,960)</u>	<u>(3,108)</u>
Net cash used in investing activities		<u>(3,960)</u>	<u>(3,108)</u>
Cash flows from financing activities			
Loan repayments in year		<u>(3,647)</u>	<u>(3,373)</u>
Net cash used in financing activities		<u>(3,647)</u>	<u>(3,373)</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		104,359	73,349
Cash and cash equivalents at the beginning of the reporting period		<u>186,021</u>	<u>112,672</u>
Cash and cash equivalents at the end of the reporting period		<u><u>290,380</u></u>	<u><u>186,021</u></u>

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025**

1. RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net income for the reporting period (as per the Statement of Financial Activities)	38,435	159,424
Adjustments for:		
Depreciation charges	8,287	6,980
Interest paid	480	731
Decrease/(increase) in debtors	60,103	(82,140)
Increase/(decrease) in creditors	5,141	(4,434)
Net cash provided by operations	<u>112,446</u>	<u>80,561</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/24 £	Cash flow £	At 31/3/25 £
Net cash			
Cash at bank and in hand	<u>186,021</u>	<u>104,359</u>	<u>290,380</u>
	<u>186,021</u>	<u>104,359</u>	<u>290,380</u>
Debt			
Debts falling due within 1 year	(3,527)	(116)	(3,643)
Debts falling due after 1 year	<u>(4,977)</u>	<u>3,763</u>	<u>(1,214)</u>
	<u>(8,504)</u>	<u>3,647</u>	<u>(4,857)</u>
Total	<u>177,517</u>	<u>108,006</u>	<u>285,523</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Nene Valley Christian Family Refuge Limited is an incorporated charity limited by guarantee, registered in England and Wales. The charity's number and registered office address can be found on the Company Information Page.

The presentation currency is the Pound Sterling (£).

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Government grant income is recognised once the charity has received a formal offer of funding in writing, unless performance conditions required deferral of the amount.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated between activities by direct allocation to refuges and resettlement with the balance to administration and support.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Leasehold improvements	- 2% on cost
Play equipment	- 20% on cost
Security equipment	- 33% on cost
Office equipment	- 33% on cost

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The trustees are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The trustees consider that the individual carrying values of assets are supportable by their value in use

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from the charitable company. Contributions payable for the year are charged in the Statement of Financial Activities.

Financial instruments

Cash and cash equivalents in the statement of financial position comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the statement of financial position. Finance costs and gains or losses relating to financial liabilities are included in the statement of financial activities. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies above.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	<u>42,464</u>	<u>79,137</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Training Fees	<u>910</u>	<u>1,600</u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Interest received	<u>1,409</u>	<u>410</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2025	2024
		£	£
Residents' fees	Provision of refuges	201,257	166,546
Grants and contracted income	Provision of refuges	529,842	470,444
Residents' fees	Administration & support	-	4,590
Grants and contracted income	Administration & support	<u>80,000</u>	<u>163,370</u>
		<u>811,099</u>	<u>804,950</u>

Grants received, included in the above, are as follows:

	2025	2024
	£	£
West Northamptonshire Council	182,435	161,854
Northamptonshire Police, Fire and Crime Commissioner	50,466	50,000
BBC Children in Need	-	51,232
Henry Smith Charity	60,000	60,000
Masonic Charitable Fund	450	12,228
Charles Haywood Foundation	20,000	20,000
The National Lottery Community Fund - RC Midlands Region	75,440	38,622
Department of work and pensions	-	8,370
Northampton Municipal Church Charity	2,000	-
North Northamptonshire Council	179,800	140,508
The 29th May 1961 Charitable Trust	-	10,000
BNI Foundation	1,000	-
The Philips Charitable Trust	-	3,000
The Frederick and Phyllis Cann Trust	-	3,000
The National Lottery Community Fund - Community Organisations		
Cost of Living Fund	1	75,000
Winvic Construction Ltd	5,000	-
Edith Murphy Foundation	5,000	-
Nene Valley Rotary Club	<u>3,250</u>	<u>-</u>
Carried forward	584,842	633,814

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2025 £	2024 £
Brought forward	584,842	633,814
Bernard Sunley Foundation	5,000	-
The Clothworkers Foundation	20,000	-
	<u>609,842</u>	<u>633,814</u>

6. RAISING FUNDS

Raising donations and legacies

	2025 £	2024 £
Fundraising costs	<u>4,354</u>	<u>3,509</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Provision of refuges	305,802	1,356	307,158
Resettlement & day centre	172,366	2,683	175,049
Administration & support	75,385	249,821	325,206
Property depreciation and interest	<u>4,000</u>	<u>1,680</u>	<u>5,680</u>
	<u>557,553</u>	<u>255,540</u>	<u>813,093</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2025 £	2024 £
Staff costs	354,752	408,467
Training	5,916	4,481
Material and equipment	13,416	10,869
Premises running costs	92,369	31,430
Maintenance charges	42,341	41,972
Rents and room hire	16,547	16,030
Motor and travelling costs	1,165	771
Holidays and excursions	-	2,393
Office and secretarial costs	18,590	19,083
Translation costs	5,130	797
DWP Access to work	240	6,350
Depreciation	<u>7,087</u>	<u>4,754</u>
	<u>557,553</u>	<u>547,397</u>

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

9. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Provision of refuges	1,320	36	-	1,356
Resettlement & day centre	2,084	599	-	2,683
Administration & support	240,528	524	8,769	249,821
Property depreciation and interest	-	1,680	-	1,680
	<u>243,932</u>	<u>2,839</u>	<u>8,769</u>	<u>255,540</u>

Support costs, included in the above, are as follows:

Management

	Provision of refuges £	Resettlement & day centre £	Administration & support £	2025 Total activities £	2024 Total activities £
Wages	-	-	139,200	139,200	55,024
Social security	-	-	13,304	13,304	2,107
Pensions	-	-	3,236	3,236	795
Consultants fees	-	2,084	11,057	13,141	30,168
Hardship expenditure	1,312	-	-	1,312	680
Premises running costs	-	-	45,251	45,251	55,974
Office and secretarial costs	<u>8</u>	<u>-</u>	<u>28,480</u>	<u>28,488</u>	<u>19,188</u>
	<u>1,320</u>	<u>2,084</u>	<u>240,528</u>	<u>243,932</u>	<u>163,936</u>

Finance

	Provision of refuges £	Resettlement & day centre £	Administration & support £
Bank charges	36	599	213
Legal fees	-	-	311
Depreciation of tangible fixed assets	-	-	-
Bank loan interest	<u>-</u>	<u>-</u>	<u>-</u>
	<u>36</u>	<u>599</u>	<u>524</u>

9. SUPPORT COSTS - continued

Finance - continued

		2025	2024
	Property depreciation and interest £	Total activities £	Total activities £
Bank charges	-	848	202
Legal fees	-	311	-
Depreciation of tangible fixed assets	1,200	1,200	2,226
Bank loan interest	480	480	731
	<u>1,680</u>	<u>2,839</u>	<u>3,159</u>

Governance costs

	2025 Administration & support £	2024 Total activities £
Auditors' remuneration for audit	5,200	5,184
Auditors' remuneration for non audit work	<u>3,569</u>	<u>3,488</u>
	<u>8,769</u>	<u>8,672</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Auditors' remuneration for audit	5,200	5,184
Auditors' remuneration for non audit work	3,569	3,488
Depreciation - owned assets	<u>8,287</u>	<u>6,980</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

12. STAFF COSTS

	2025 £	2024 £
Wages and salaries	465,720	427,038
Social security costs	33,330	28,211
Other pension costs	<u>11,442</u>	<u>11,144</u>
	<u>510,492</u>	<u>466,393</u>

During the year, remuneration paid to key management personnel totalled £113,073 (2024: £137,304).

The average monthly number of employees during the year was as follows:

	2025 <u>23</u>	2024 <u>23</u>
Staff		

No employees received emoluments in excess of £60,000.

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	63,637	15,500	79,137
Charitable activities			
Provision of refuges	468,909	168,081	636,990
Administration & support	4,590	163,370	167,960
Other trading activities	1,600	-	1,600
Investment income	<u>410</u>	<u>-</u>	<u>410</u>
Total	<u>539,146</u>	<u>346,951</u>	<u>886,097</u>
EXPENDITURE ON			
Raising funds	3,509	-	3,509
Charitable activities			
Provision of refuges	119,743	197,204	316,947
Resettlement & day centre	77,119	127,781	204,900
Administration & support	115,597	79,789	195,386
Property depreciation and interest	<u>5,931</u>	<u>-</u>	<u>5,931</u>
Total	<u>321,899</u>	<u>404,774</u>	<u>726,673</u>
NET INCOME/(EXPENDITURE)	217,247	(57,823)	159,424
RECONCILIATION OF FUNDS			
Total funds brought forward	247,105	105,083	352,188

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
TOTAL FUNDS CARRIED FORWARD	<u>464,352</u>	<u>47,260</u>	<u>511,612</u>

14. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold improvements £	Play equipment £
COST			
At 1 April 2024	332,142	37,684	11,949
Additions	-	-	-
At 31 March 2025	<u>332,142</u>	<u>37,684</u>	<u>11,949</u>
DEPRECIATION			
At 1 April 2024	93,600	13,572	11,949
Charge for year	<u>5,200</u>	<u>754</u>	<u>-</u>
At 31 March 2025	<u>98,800</u>	<u>14,326</u>	<u>11,949</u>
NET BOOK VALUE			
At 31 March 2025	<u>233,342</u>	<u>23,358</u>	<u>-</u>
At 31 March 2024	<u>238,542</u>	<u>24,112</u>	<u>-</u>
	Security equipment £	Office equipment £	Totals £
COST			
At 1 April 2024	11,864	24,750	418,389
Additions	-	<u>3,960</u>	<u>3,960</u>
At 31 March 2025	<u>11,864</u>	<u>28,710</u>	<u>422,349</u>
DEPRECIATION			
At 1 April 2024	11,864	22,668	153,653
Charge for year	<u>-</u>	<u>2,333</u>	<u>8,287</u>
At 31 March 2025	<u>11,864</u>	<u>25,001</u>	<u>161,940</u>
NET BOOK VALUE			
At 31 March 2025	<u>-</u>	<u>3,709</u>	<u>260,409</u>
At 31 March 2024	<u>-</u>	<u>2,082</u>	<u>264,736</u>

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade debtors	685	-
Debtors	-	45,478
Prepayments and accrued income	<u>41,211</u>	<u>56,521</u>
	<u>41,896</u>	<u>101,999</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Bank loans and overdrafts (see note 18)	3,643	3,527
Trade creditors	14,176	6,875
Social security and other taxes	10,002	7,960
Other creditors	453	1,677
Accruals and deferred income	<u>13,150</u>	<u>16,128</u>
	<u>41,424</u>	<u>36,167</u>

17. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2025	2024
	£	£
Bank loans (see note 18)	<u>1,214</u>	<u>4,977</u>

18. LOANS

An analysis of the maturity of loans is given below:

	2025	2024
	£	£
Amounts falling due within one year on demand:		
Bank loans	<u>3,643</u>	<u>3,527</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>1,214</u>	<u>3,747</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>-</u>	<u>1,230</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

19. SECURED DEBTS

The following secured debts are included within creditors:

	2025 £	2024 £
Bank loans	<u>4,857</u>	<u>8,504</u>

The bank loan is secured on the freehold property.

20. MOVEMENT IN FUNDS

	At 1/4/24 £	Net movement in funds £	Transfers between funds £	At 31/3/25 £
Unrestricted funds				
General fund	234,312	58,636	(4,107)	288,841
Freehold Property	<u>230,039</u>	<u>(5,200)</u>	<u>3,646</u>	<u>228,485</u>
	464,351	53,436	(461)	517,326
Restricted funds				
Development project	864	(540)	-	324
Valley House maintenance fund	20,274	-	-	20,274
Valley House improvements	12,123	-	-	12,123
Renovation Project	<u>14,000</u>	<u>(14,461)</u>	<u>461</u>	<u>-</u>
	<u>47,261</u>	<u>(15,001)</u>	<u>461</u>	<u>32,721</u>
TOTAL FUNDS	<u>511,612</u>	<u>38,435</u>	<u>-</u>	<u>550,047</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	609,225	(550,589)	58,636
Freehold Property	<u>-</u>	<u>(5,200)</u>	<u>(5,200)</u>
	609,225	(555,789)	53,436
Restricted funds			
Development project	-	(540)	(540)
Henry Smith Charity	60,000	(60,000)	-
Charles Hayward Foundation	20,000	(20,000)	-
Northamptonshire Police, Fire and Crime Commissioner	50,466	(50,466)	-
Stay Free Facilitator Training	12,500	(12,500)	-
Renovation Project	28,251	(42,712)	(14,461)
The National Lottery - Wellbeing Team	<u>75,440</u>	<u>(75,440)</u>	<u>-</u>
	<u>246,657</u>	<u>(261,658)</u>	<u>(15,001)</u>
TOTAL FUNDS	<u>855,882</u>	<u>(817,447)</u>	<u>38,435</u>

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

20. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	15,240	223,177	(4,105)	234,312
Freehold Property	<u>231,865</u>	<u>(5,931)</u>	<u>4,105</u>	<u>230,039</u>
	247,105	217,246	-	464,351
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	20,274	-	-	20,274
Valley House improvements	12,123	-	-	12,123
Masonic Charitable Fund	36,073	(36,073)	-	-
Charities Trust	35,749	(35,749)	-	-
Renovation Project	<u>-</u>	<u>14,000</u>	<u>-</u>	<u>14,000</u>
	<u>105,083</u>	<u>(57,822)</u>	<u>-</u>	<u>47,261</u>
TOTAL FUNDS	<u><u>352,188</u></u>	<u><u>159,424</u></u>	<u><u>-</u></u>	<u><u>511,612</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	539,145	(315,968)	223,177
Freehold Property	<u>-</u>	<u>(5,931)</u>	<u>(5,931)</u>
	539,145	(321,899)	217,246
Restricted funds			
DWP access to work	8,370	(8,370)	-
Henry Smith Charity	60,000	(60,000)	-
Children in Need	51,232	(51,232)	-
Masonic Charitable Fund	12,228	(48,301)	(36,073)
Charities Trust	-	(35,749)	(35,749)
Charles Hayward Foundation	20,000	(20,000)	-
Northamptonshire Police, Fire and Crime Commissioner	50,000	(50,000)	-
Stay Free Facilitator Training	12,500	(12,500)	-
Renovation Project	19,000	(5,000)	14,000
The National Lottery - cost of living	75,000	(75,000)	-
The National Lottery - Wellbeing Team	<u>38,622</u>	<u>(38,622)</u>	<u>-</u>
	<u>346,952</u>	<u>(404,774)</u>	<u>(57,822)</u>
TOTAL FUNDS	<u><u>886,097</u></u>	<u><u>(726,673)</u></u>	<u><u>159,424</u></u>

20. MOVEMENT IN FUNDS - continued

Designated funds

The freehold property fund includes the freehold property NBV less the bank loan liability held against the property. The transfer during the year relates to the value of the repayments of the loan less the interest charged and the depreciation charged on the property during the year.

Restricted funds

The Development Project Fund relates to money received for training and development of the care workers.

The Valley House Maintenance and Valley House Improvement Funds are funds held for maintenance and improvements to Valley House Refuge.

The BBC Children in Need Fund is for salary costs, other staffing costs, volunteer expenses, small equipment and other project costs, specifically in relation to what was requested per the grant application.

The Masonic Charitable Fund was for the Children and Young Peoples service to provide the salary and on costs of an employee for the project.

The DWP access to work funds are provided by the DWP in order to pay for employees costs, as EVE are providing employment.

The Henry Smith Charity fund is funding that has been provided to aid with core charity costs.

The Charities Trust fund is funding received to support families into a new home and a new life.

The Charles Hayward Foundation fund relates to funding received for the Evolve programme.

The Northamptonshire Police, Fire and Crime Commissioner fund relates to funds received to provide specialist therapeutic groupwork programmes across the County.

Stay Free Facilitator Training funding is provided to fund the training for that project.

The Renovation Project is funding given specifically to allow for the refurbishment of the Northampton refuge centres.

The National Lottery Cost of living funding is to fund the work with women and children living in refuge accommodation, increasing their safety and improve their physical, emotional and social health.

The National Lottery Wellbeing Team project funding is to fund the work with women and children affected by domestic abuse, and to help to increase safety and improve physical, emotional and social health of women and children affected by domestic abuse.

21. RELATED PARTY DISCLOSURES

During the year fundraising strategy development services were provided to the charity by the daughter of the Chief Executive. Transactions were conducted at arm's length and totalled £3,075 (2024: £10,023). There was a balance of £350 due at the year end (2024: £nil).

The Good Loaf CIC, a charity with a common director provided goods amounting to £486 (2024: £126) to the charity.

There were no further related party transactions carried out during the year.

22. ULTIMATE CONTROLLING PARTY

The charity is under the control of its trustees.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	42,464	79,137
Other trading activities		
Training Fees	910	1,600
Investment income		
Interest received	1,409	410
Charitable activities		
Residents' fees	201,257	171,136
Grants and contracted income	<u>609,842</u>	<u>633,814</u>
	<u>811,099</u>	<u>804,950</u>
Total incoming resources	855,882	886,097
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	4,354	3,509
Charitable activities		
Wages	326,520	372,014
Social security	20,026	26,104
Pensions	8,206	10,349
Training	5,916	4,481
Material and equipment	13,416	10,869
Premises running costs	92,369	31,430
Maintenance charges	42,341	41,972
Rents and room hire	16,547	16,030
Motor and travelling costs	1,165	771
Holidays and excursions	-	2,393
Office and secretarial costs	18,590	19,083
Translation costs	5,130	797
DWP Access to work	240	6,350
Depreciation of tangible fixed assets	<u>7,087</u>	<u>4,754</u>
	557,553	547,397
Support costs		
Management		
Wages	139,200	55,024
Social security	13,304	2,107
Pensions	3,236	795
Carried forward	155,740	57,926

This page does not form part of the statutory financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
Management		
Brought forward	155,740	57,926
Consultants fees	13,141	30,168
Hardship expenditure	1,312	680
Premises running costs	45,251	55,974
Office and secretarial costs	<u>28,488</u>	<u>19,188</u>
	243,932	163,936
Finance		
Bank charges	848	202
Legal fees	311	-
Depreciation of tangible fixed assets	1,200	2,226
Bank loan interest	<u>480</u>	<u>731</u>
	2,839	3,159
Governance costs		
Auditors' remuneration for audit	5,200	5,184
Auditors' remuneration for non audit work	<u>3,569</u>	<u>3,488</u>
	<u>8,769</u>	<u>8,672</u>
Total resources expended	<u>817,447</u>	<u>726,673</u>
Net income	<u><u>38,435</u></u>	<u><u>159,424</u></u>

This page does not form part of the statutory financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

England & Wales - Charity number 298154

Accounts

REGISTERED COMPANY NUMBER: 02226878 (England and Wales)
REGISTERED CHARITY NUMBER: 298154

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED**

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2024**

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NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2024**

TRUSTEES	S Van Rooyen E L Fletcher S Whipp D Parkinson-Mais (resigned 18/8/23) K Dhlamini
REGISTERED OFFICE	Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
REGISTERED COMPANY NUMBER	02226878 (England and Wales)
REGISTERED CHARITY NUMBER	298154
AUDITORS	Shaw Gibbs (Audit) Limited Chartered Certified Accountants Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
SOLICITORS	Tollers 2 Castilian Street Northampton NN1 1JX
WEBSITE	www.nvcfr.org.uk

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Within the report the charity Nene Valley Christian Family Refuge Limited is also referred to as NVCFR and EVE, which are both working names of the charity.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

OBJECTIVES AND ACTIVITIES

Principal activity and charitable objects

NVCFR has been a trusted source of support to women and children escaping domestic abuse in Northamptonshire for more than 40 years; growing and developing our services to respond to the dynamic nature of domestic abuse and to the needs of families in Northamptonshire and beyond. We continue to see need significantly increase in all areas of our work.

NVCFR continued to support women, children, and families through a variety of programmes specifically designed to meet their needs, including mental ill-health, food poverty, child poverty, homelessness, pregnancy, drug, and alcohol abuse as well as the underlying issue of domestic abuse. As always, we could not have done it without the support of many people across the County, including Churches, local businesses, and local and national grant makers too, who have generously donated clothes, food, and money to support the families we work with.

We could not have helped so many people to leave behind the trauma and effects of domestic abuse without the dedication, skill and enthusiasm of our amazing staff and volunteer team. Every one of them works tirelessly, whatever their role, to the absolute best of their ability. As always, the year has provided many challenges; challenges that the team rise to mostly with cheerfulness, sometimes with gritted teeth but always with an incredible sense of team spirit. Our staff and volunteers are at the very heart of who we are, what we do and the difference we make.

Objectives for 23/24

We constantly monitor and evaluate our programmes and interventions to understand how effective our approaches are.

- 92% of participants demonstrated greater understanding of risk [of domestic abuse] and how to keep themselves safe
- 85% of participants demonstrate strengthened resilience - which means that they feel more capable of progressing with their lives and accessing the support they need to be independent
- 79% of participants said that they felt more empowered as parents

Further evidence from other interventions demonstrates that:

- Half of the service users monitored who were under social services supervision when they began working with us were stepped down in some measure of their supervision - reflecting the increased confidence of social workers of their ability to provide a safe and healthy environment for their child.
- 100% of women who completed the Stay Free programme said they felt more confident avoiding abusive relationships in future.
- 86% of children who were supported by our team reported a reduction in their emotional symptoms, behavioural conduct problem, hyperactivity and peer problems, and 100% reported an increase in their pro social behaviour.

The following report provides the details in how we have achieved these objectives.

The social need we address

There were 17,825 domestic abuse related offences and incidents, including stalking, harassment and coercive control recorded in Northamptonshire during 2021/22 (Office of National Statistics), compared to 13,007 for the year 2019/20 (Office of National Statistics). Domestic abuse accounts for 18% of all crime, which is both higher than the national figure (17%) and the previous years' figures (Office of National Statistics).

**REPORT OF THE TRUSTEES
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This significant increase is taking its toll on the county's services. MARAC is taking an average of 12 weeks to hear cases, compared to the 2-week benchmark, and 40% of cases are families who have been heard previously (Northamptonshire Domestic Abuse Strategic Need Assessment). This is significantly higher than the national average of 33%. Domestic abuse accounts for 40% of concerns in children's social care cases and has been experienced by 44% of young offenders within the county (Northamptonshire Domestic Abuse Strategic Need Assessment). Young offenders who have experienced domestic abuse are twice as likely to be affected by child criminal exploitation and gang affiliated (Northamptonshire Domestic Abuse Strategic Need Assessment). We work in partnership with these agencies and accept referrals from a wide range of sources, including statutory agencies such as the Police and Children's Social Services, voluntary sector partners such as homelessness organisations, and self-referrals.

There is limited local data available on victims facing multiple and complex needs, but our evidence suggests that levels of comorbid conditions, including mental health and substance misuse, are considerable. Over 80% of the women we work with experience poor mental health (including c.60% with diagnosed mental health illness), 16% are battling addictions, 89% are unemployed, 68% are in vulnerable housing situations, and 46% are at high risk of harm from their perpetrator. We work with the women to resolve their crises and support them to work with other specialist agencies before they are ready to engage in our therapeutic programmes.

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ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our response in 2023/24

Our trauma-responsive restorative services work with survivors. We listen to their stories and help them to articulate their own and their children's needs. We use empathy, professional curiosity and motivational interviewing techniques to ask the right questions, working with each woman to establish her needs safely and place them at the centre of her support.

We offer specialist support and effective solutions, working in a women centred environment offering a team around the family approach to supporting service users and their children.

We work diligently with statutory and voluntary sector organisations across the county and the country, sharing knowledge and ideas. We have published campaigns to promote ongoing delivery of our important perpetrator programmes and to raise awareness of and support for victims/survivors of domestic abuse.

Against this backdrop we have contributed locally and nationally by supporting and mentoring emerging organisations and services to develop their offer, access funding and provide specialist support to women with No Recourse to Public Funds and women victim/survivors who have not accessed support from any other service. We have given support, information, advice and guidance, shared our knowledge and expertise, policies and procedures and our CPD accredited training. Eve is proud to be able to enable the sector to grow in this way.

We launched our Silent Solutions helpline in April 2020, in direct response to the Coronavirus pandemic and the increased demand for our services. By offering text message and email options to contact our helpline, we have enabled people who are in living with their perpetrator and unable to talk about their needs to reach out without needing to speak. The service continues to provide support, guidance, information, and advice to women who need help in this way.

Eve has worked with more than 750 individuals across all our services during this financial year, an increase of 23% on last year and a 96% increase since 2020/21.

Refuge

Our main purpose-built refuge provides accommodation for 13 women and up to 17 children at any one time and our second refuge provides accommodation for up to 4 single women. Service users are offered emergency support to develop a safety plan, to apply for benefits, support for their children, and for working with other agencies to meet their complex needs. Eventually they are supported to move into their own home and continue receiving help through our community programme. Whilst living in refuge, service users are given access to our Restored Programme with a focus on preparing for life after refuge, including work. Their programme typically includes volunteering opportunities, developing a CV, budgeting and financial management and working to meet other specific needs.

72 women and 51 children stayed in our refuge during 2023/24. 41.6% of these residents were high risk from their perpetrators with others having a range of complex needs including:

- 2 who were pregnant.
- 22 who had a disability.
- 54 who had mental health issues.
- 3 who had learning difficulties.
- 16 who misused drugs and/or alcohol.
- 7 who did not speak English / English as a second language.
- 7 who had no recourse to public funds.

This is a 300% rise in additional complex needs from 2020/21.

In addition, we were required to track women who needed other specialist support, including:

- 10 women describing themselves as LBG
- 13 younger individuals (aged 16-25)
- 1 older individual (aged 65+)

**REPORT OF THE TRUSTEES
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68.63% of women resident in our refuges and 15% of women in our community services were from Black, Brown, and other Minoritised backgrounds.

We recorded the following risk levels from service users' perpetrators.

- Low risk = 12.5%
- Medium risk = 45.9%
- High risk = 41.6%

Eve received 852 contacts throughout the year. We were unable to offer a service to 230 of these women for several reasons, including:

- 28 no vacancies
- 36 unsuitable accommodation
- 49 High risk due to proximity of perpetrator
- 31 not eligible for service
- 17 unsupported complex need

Our occupancy rate of 66% over the year for Valley House was lower than usual for the first two quarters of the year as we had extensive renovation works undertaken by the Housing Association. Occupancy rate for Grace House was 57%.

22% of women stayed in refuge for less than 1 month, and 61% stayed for 3 months or longer. 14 % of women with specialist needs stayed for more than 6 months.

Community Service

180 women and 61 children participated in our Community Service during 2023/24. These families were able to live in their own accommodation, receiving a range of services at our Women's Centre, which included, The Restored Programme, Minimum Safety Support, Therapeutic Services, Specialist Groupwork Services, Children's Services and Keyworker sessions.

7.2% of our community service users were assessed as being high risk from their perpetrators with others having a range of complex needs including:

- 0 who were pregnant.
- 40 who had a disability.
- 49 who had mental health issues.
- 4 who had learning difficulties.
- 13 who misused drugs and/or alcohol.

The Restored Programme

Every woman is offered the appropriate interventions and activities from our holistic, long-term rehabilitation and recovery programme, Restored, written and developed by Eve in 2014. Each woman on the programme has a key worker who supports her to create an Independent Development Plan that meets her individual needs and works to achieve 5 positive outcomes, which support her to recognise domestic abuse, stay free from abuse in the future and help heal the trauma suffered by children and families. Support includes a bespoke combination of 1:1 support from our Domestic Abuse Practitioners (DAPs), group work programmes and therapeutic activities, including counselling and coaching.

Delivery of our online specialist Groupwork programmes have continued alongside face-to-face service delivery, which has enabled us to work in local communities with service users from further afield and to help break down some of the financial and transport barriers involved with travelling across the County.

In answer to the continuing devastation caused by the Cost of Living Crisis we developed more partnerships this year with local supermarkets, running a weekly Food Bank that regularly supports 15 families living in both our refuge and community services.

Restored includes a range of the following therapeutic interventions and activities:

Specialist Domestic Abuse Recovery Groupwork programmes
Therapeutic Services

**REPORT OF THE TRUSTEES
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Children and Young People's Services

A range of activities that support the development of self-esteem, confidence, and resilience.

Educational development activities

Volunteering activities

Food Bank

We accepted 43 new service users onto Restored this year. 15 women participated in our therapeutic services and 37 women attended our Groupwork only outreach provision, participating in a range of specialised group work including our own Stay Free programme as well as Freedom and Own My Life.

Case Study

Sameena and her 9-year-old Son Aiden were admitted to refuge in August 2023 after fleeing Coercive, Financial, Psychological and Physical abuse from Sameena's ex-partner.

Sameena had always prided herself on working and earning her own money, however she was forced to leave her job as a carer as the abuse escalated. Sameena's partner dented her confidence and destroyed her reputation. After her son disclosed the abuse at school, Children's Social Care supported the family to access refuge.

Despite refuge being a place of safety, Sameena initially found life difficult as she wanted to be independent. Sameena accessed 1:1 sessions with her keyworker as well as The Restored Programme activities at eve's Women's Centre.

Gradually, Sameena began to realise that despite wanting to go back to work she needed support in overcoming her past experiences so that she could build a successful future for herself and Aiden. Sameena decided to participate in eve's Restored Programme accessing a range of activities and therapeutic interventions including Stay Free Group Work where she began to understand that all her past relationships had been abusive in some form. She realised that she struggled with putting in healthy boundaries particularly with her son. Sameena regularly accessed wellbeing sessions on the Restored calendar and received 1:1 parenting support from the Children and Young People's Specialists. To resolve her debts Sameena's keyworker referred her to Christians Against Poverty and supported Sameena to access universal credit.

Sameena was concerned how her gap in employment would affect her in securing a job in the future. After conversations with her keyworker around how to resolve this, Sameena began volunteering at a local café. This supported Sameena in developing her sense of belonging.

Sameena has recently completed The Restored Programme and has left refuge after successfully gaining her own property. Sameena has a debt management plan in place and has recently secured a full-time job. She has shared that she feels more confident in herself and is now able to identify healthy relationships within her life. Sameena also recognises that although being a single parent has its challenges, she and her son have a better understanding of each other and can communicate with each other in a positive and more helpful way.

Therapeutic Services

Our range of therapeutic group-work activities include art therapy, journalling, a singing group, and Equine Facilitated Learning. These activities result in the following outcomes for women and children affected by domestic abuse:

- Improve self-esteem, confidence, and mental wellbeing,
- Improve skills that foster independence, autonomy, and resilience, and
- Reduce the impact of trauma on their anxiety, stress, and emotions.

Case Study

Soozan entered refuge in 2023 due to experiencing Coercive Control, Emotional, Mental, Psychological, Physical, Verbal Abuse and stalking. She came from another refuge that could not meet her additional mobility needs. On referral to refuge Soozan suffered with Post Traumatic Stress Disorder, Anxiety, Depression, Fibromyalgia, Arthritis in her Knees/Spine/Hips, Spondylitis, Degenerative Lumbar Spine. She was admitted to eve's accessible flat because of her mobility issues, she needed to use a mobility scooter to travel any distance. She stayed for approximately 7 months before being offered permanent accommodation.

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As well as engaging with 1:1 sessions with the Wellbeing Team whilst working with eve Soozan also engaged in 1:1 keyworker sessions, Safety Planning, Cooking Sessions, Counselling, Craft Sessions, Education Sessions, Stay Free Group work and Coffee and Chat.

She showed improvement during her time here in all five Outcomes, the most notable recorded on her Breaking the Cycle Outcome Measurement Tool include a 2-point improvement in confidence and assertiveness from her first and last assessment. A 3-point improvement was seen in hope for the future from first and last assessment.

Soozan continued to access the service after leaving refuge, until reaching a natural end to the restored programme. On the exit survey, she stated that "nobody wants to be in the situation but staff make it positive" and when asked what advice she would give to future families coming into the service she said "trust the staff, they know what they are doing". Soozan stated that she gained the ability to be "no longer scared of everything" from the programme.

Children and Young People's Services - Refresh

Our qualified Children and Young People's Practitioners provide a range of age-appropriate therapeutic programmes for infants, children and young people, delivered on a needs-led basis after careful assessment with both children and their mother. These are delivered in a range of ways, including on a one-to-one basis with the child, with or without their parent, and in group settings. All of them seek to aid recovery from trauma, repair relationships, and improve wellbeing. Preventative programmes for young people increase their resilience to traumatic experience and lower the risk of future victimisation. We also provide a crèche for children of women who are participating in group work or one-to-one support.

Funding from Children in Need and the Masonic Charitable Foundation supported our Children and Young People's Practitioners to work with a total of 112 children and young people this year across both our refuge and community services.

7 families were admitted to our services on Safeguarding Plans, with a further 12 families placed on them while in service.

Case Study

Ronaldo and Samia were 10 and 12 when they came into eve's refuge. They had to leave their family home, friends and school. Both children celebrated 2 birthdays whilst in the refuge, receiving gifts and having a party with birthday cake.

Ronaldo and Samia found it difficult to make the transition as they had to move schools. Ronaldo was more resilient as he was already in the process of transitioning to secondary school. His teachers were able to visit him in refuge to support him with schoolwork as he was undertaking his SATS for school.

Samia found it more difficult as she didn't want to leave her friends behind and struggled because she wasn't able to tell them where she was going or if she was going to be coming back. After being in refuge for a short time Ronaldo and Samia transferred to new schools; once they were settled, they made friends and are now thriving in their education.

The CYPS team had a lot of engagement with the children encouraging them through programmes and group work sessions as well as on a 1:1 level, helping them to build their self-esteem, wellbeing and resilience. Ronaldo completed a course on protective behaviours and Samia completed the DAY programme.

Both children were encouraged by their keyworkers to attend holiday activities such as roller skating, the Christmas party and other activities included in The Refresh Programme where they accessed wellbeing sessions and built resilience and began to feel safe. They were also supported with regular 1:1 meetings with their keyworkers.

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The children have now successfully moved on from refuge and are living safely with mum. They remain in their schools having made friends and continue to thrive. They are still accessing the service with their mum through our Community Programme in support of moving on.

Evolve

As a specialist provider of domestic abuse services for more than 42 years, we have learned that survivors can only take responsibility for themselves and their own actions. We believe that delivering a 30-week perpetrator programme, accredited by RESPECT, for those who choose to use abusive and coercive behaviours offers opportunities for families to change their dynamics. Participants in Evolve are usually standard to medium-risk; some have been referred to Multi-Agency Risk Assessment Conferences (MARAC) so would be considered high risk. Men and women are referred through a number of different pathways including Social Workers, Solicitors, Health Visitors, Schools and self-referral. Careful assessment enables us to offer a service that meets the needs of the individual, we work on a 1:1 basis with women and with men who require support with language or have other needs that mean working in a group is not appropriate.

With modules covering Parenting, Consent and Sexual Respect, as well as other aspects of coercive and abusive behaviour, the programme supports participants to choose different ways of dealing with conflict, role modelling alternative behaviours to those currently used within the home.

Our Integrated Safety Support Service works at multi-agency levels on behalf of the women our Domestic Abuse Practitioners are supporting on a one-to-one basis. This crucial function of our work ensures consistent communication with other agencies involved with the women and her family, in order to manage risk and disrupt perpetration. We support the current/ex partners of participants to ensure their safety and respond to any incidents that occur. Our programmes run in conjunction with each other, enabling families to stay together or to separate safely and help to break the generational cycle of domestic violence and abuse.

Referrals to the Evolve Behaviour Change Programme are as follows:

- Total referrals to the service 69 males, 4 females.
- 25 men and 1 woman attended their assessment. Some referrals were not assessed due to non-engagement or not taking responsibility during the initial telephone call.
- 21 men were offered a place on the group. Not all 21 started, mostly due to a change in circumstances such as work commitments. Some men were deemed not suitable for groupwork at assessment due to not taking responsibility for abuse, not wanting to take part in a group or being an inappropriate referral.
- 15 men started on the group.
- 3 men have completed Evolve and a further 6 have completed more than 12+ sessions.
- 2 men were de-selected due to further incident or not being able to commit to the group leading to non-attendance.

Case Study

VU - male applicant participated and completed Evolve group from 29.9.23 - 18.6.24

KU - female partner accepted EVE Minimum Safety Support from 15.12.23 - 24.6.24 whilst her partner engaged in Evolve group.

3 Children aged 9, 7 and 2 years.

This couple were living apart with their three children on a Child Protection plan when they were referred to Evolve. Whilst engaging in Evolve this was reduced to a CIN Plan. VU was allowed to move back into the family home in February. The family were removed from CIN on 16.3.24. There were a couple of major life events that they had to navigate whilst engaging in the Evolve programme: VU lost his job in April 2024. He got another job, but problems with his residence status delayed start. Also, during his time on the group they had to have a family visit to their home country to visit a sick grandparent. There were no domestic abuse issues during these times of added stress, and all remained calm until VU completed Evolve. This couple did a parenting course together Jan 2024 with another agency.

After Evolve Course

VU completed an ending interview to say what he thought of his experience on the group:

VU said he particularly found the mindfulness strategy useful.

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He was asked about anything that particularly stuck with you? "I now have a better understanding of domestic abuse. I now understand domestic abuse is not just physical abuse but psychological, emotional, verbal and economic abuse. I never thought my behaviours, such as arguments and swearing were abuse and what the impact was on my partner. I recognised that I needed a change."

When asked what difference the course made to you - have you noticed any changes in yourself or how you think about things since completing the course? He said, "I recognised that I needed to change the way I behaved towards my partner. I put more effort into avoiding arguments and confrontations I am pretty proud of myself. I take responsibility for situations; I blame myself rather than my partner"

I don't argue, swear or humiliate my partner anymore. I don't focus on my ideas or opinions. I now negotiate things with her I am now very supportive of house chores such as cooking, washing up and tidying the house. I also create her time for university, study and work" "I communicate better with my partner, I can listen before I speak. I am a better listener now. I support her with childcare. I take care of them in the house and school runs and take them to activities. " "I learnt to be an active listener and strategies to manage situations and prevent abuse."

VU also shared that he still experiences difficulties in some areas of his life, he commented about his communication that: "I communicate well with my partner and family members." But he expressed loneliness saying "I don't have many friends now. My friends deserted me a few years ago".

KU completed an ending interview and gave the following feedback on her observations of the impact of Evolve on her partner:

Since completing Evolve she has noticed changes in his attitudes and how he thinks about things, saying 'He's taking more time to talk to the children and not over-reacting. He goes to them and tries to talk to them instead of raising his voice.' Asked how he interacts with her: KU responded 'He doesn't raise his voice and thinks before he says something.'

She has noticed some positive changes in his denial, minimisation and blaming others for his bad behaviour, and he has developed healthy coping strategies when he finds things difficult or stressful. KU said that a big positive change has been; 'Using positive/effective parenting techniques which he didn't before the Evolve Programme.

Expert Training

We believe that knowledge is power and is vital in ensuring that professionals and communities are aware of domestic abuse and its many forms.

We deliver CPD accredited training for professionals, volunteers community leaders and organisations with sessions on understanding domestic abuse, the impact of domestic abuse on children and young people, personal and professional boundaries, and personal safety. Between these training programmes, we have reached 198 people, increasing awareness of the impact of domestic abuse and improving support for survivors.

We have delivered to different agencies with a range of core courses and bespoke programmes written especially for the audience. Most training has been delivered online, except where clients have specifically requested face to face delivery of bespoke courses. Core and Volunteer Training Programmes were delivered to new staff and volunteers along with regular training updates to existing staff and volunteers.

Clients have ranged from statutory sector, third sector and community organisations including Re:Store, and The University of Northampton. Training evaluations are consistently good to excellent, with participants citing the knowledge, expertise, and delivery style of our Trainer as a reason for their enjoyment of the course.

- Total number of participants: 198
- Total number of courses delivered: 26.
- Total number of agencies receiving bespoke training: 4
- Number of core training programmes delivered to staff: 3

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Our Trainer has been involved in supporting and developing conversations with organisations who work with and for Black, Brown and Minoritised Communities in the Interpersonal Violence sector making strong links with local and national organisations.

Inter-Agency Networks and Partnerships

Partnership and inter-agency networking is a key factor in providing holistic services for our service users and is often a requirement of service delivery. NVCFR is an active member of a wide range of networks and forums, including West and North Northamptonshire Domestic Abuse Boards. We are also members of the Black Women's Domestic Abuse Group, an offshoot of the Northampton Women's Forum.

We have worked with statutory and community organisations to provide information, advice, and guidance to women in different communities across the town and have supported the Police in their information awareness campaigns and have developed a number of significant partnerships with businesses and companies across the county.

We work with a range of statutory, community, charitable and other organisations to provide information, advice, guidance, and support to our service users. These include:

Charity Link
Glasspool
Restore foodbank and Daylight Centre foodbank.
Northampton Children's Trust
MARAC
Sunflower Centre
Northamptonshire Domestic Abuse Service
Voice
West Northants Council
North Northants Council
Northampton Partnership Homes
Mental Health services
S2S and Aquarius- drug and alcohol services
Creating Equalz
Black Women's Domestic Abuse Group
BNi Ignite
Rotary Nene Valley
National Legal Service and Charles Strachan Solicitors
County and Magistrate courts
Ashby Computer Services
Orchard Cleaning
Mount Pleasant Baptist Church
Abington Avenue United Reformed Church
New Life Church
Carey Baptist Church
Park Avenue Methodist Church
Church of St Anne's
Queensgrove Methodist Church
Christian Celebration Church
All Saints Church, West Haddon
Boddington Church
St Andrew's Methodist Church
St Mary Magdalene Church
St Giles Church
Piddington Church
Northfield WI
Wootton WI
Tesco Stores, Northampton

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Waitrose
Morrisons
Aldi Stores
Lidl
Northampton High School
Northampton School for Girls
Gedeon Richter
Liz Ostrowski
Sherwood Associates

Contracts

Eve holds several contracts with funders to deliver a variety of services across the organisation.

These are:

- Children in Need to provide funding for Children's Services from July 2021 to June 2024.
- Charles Hayward, Henry Smith, and Masonic Charitable Foundation for various projects.
- West and North Northants Councils provide funding for refuge and community services.

Management agreements

Our refuge, Valley House, is owned by EMH Homes and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

Our second refuge is owned by Mount Pleasant Baptist Church and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

FINANCIAL REVIEW

Reserves policy

The Council of Management seeks to hold free reserves at least equal to 3 months general running costs of the charity, which equates to approximately £182,000. General free reserves are currently £240,759.

The net surplus for the year amounted to £159,424 as shown on the SOFA. The total funds carried forward at the year end is £511,612 of which £234,312 is unrestricted funds. £47,260 is held in restricted funds and designated unrestricted funds total £230,039. Total unrestricted funds total £464,351. The Trustees consider that the charity has adequate resources to maintain its ongoing work and to prepare for future developments.

Certain grants have been given for specific purposes and these are shown as restricted funds (see notes). Other designated funds have been set aside out of unrestricted funds (see notes).

The financial support of charitable trusts, local authorities and other donors is greatly appreciated and enables the charity's work to be sustained.

**REPORT OF THE TRUSTEES
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FUTURE DEVELOPMENTS

Objectives for 2024/25

During the next financial year, we intend to achieve our aims by continuing to build and develop our services so that they persist in meeting the needs of the families we work with.

Our Aims are:

Protect people at risk of domestic abuse and empower them to protect themselves.

Proclaim freedom and a future for people affected by domestic abuse.

Provide services that support survivors to thrive.

Prevent another generation of abusive family relationships.

Prepare survivors to live the lives they want to lead.

To meet these Aims, our Objectives will be:

- Increase the safety of women and children affected by abuse.
- Raise awareness of domestic abuse and its' impact on women, children, and society.
- Increase financial diversity.
- Increase information about domestic abuse and where people can find help and support.
- Improve the physical, emotional, and social health of women and children affected by domestic abuse.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, the Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act.

Public Benefit

The trustees have had regard to the guidance on public benefit published by the Charity Commission.

The work of Nene Valley Christian Family Refuge is of public benefit, raising awareness of domestic abuse and providing a range of comprehensive, holistic support services that enable women and children who are experiencing this to access safe temporary accommodation, as well as specialist support when they are re-housed in the local community.

Recruitment and appointment of new trustees

Potential trustees are interviewed by existing trustees and discussions are held with the CEO. No appointment is made unless all existing trustees are in agreement and satisfactory references and DBS screening is obtained. All trustees are required to sign a declaration regarding their legal eligibility to be a trustee. An induction period is given once appointment has been agreed.

Organisational structure

The CEO has delegated responsibility for day to day running/management of the organisation. The name of the CEO is not disclosed in this report under exemption from the SORP paragraph 1.29 on the grounds that it could lead to the person being placed in personal danger due to the nature of the charity.

Key management remuneration

The remuneration and pay of management roles are reviewed annually by the trustees having regard to similar roles elsewhere in the charity sector and after considering the relationship with the salaries of other staff members.

**REPORT OF THE TRUSTEES
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STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Trustees are constantly aware of risk and are fully aware of their responsibilities. Maintaining clear written policies, including a reserves policy, mitigates risk. The ongoing expansion of the charity's work, proposed major developments and continuing developments with government initiatives, all contribute to the need to be vigilant in identifying and managing risk. The trustees are committed to working with the CEO in reviewing and updating all written policies and procedures on a regular basis and to ensure that a comprehensive risk assessment is carried out. The trustees acknowledge the risk of the loss of a key player - trustee or senior staff member - and are alert to the risk inherent in heavy reliance on a single source of funding.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Nene Valley Christian Family Refuge Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Shaw Gibbs (Audit) Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 23/01/2025 and signed on its behalf by:



.....
S Van Rooyen - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Opinion

We have audited the financial statements of Nene Valley Christian Family Refuge Limited (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory frameworks within which the charity operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Charities Act 2011, United Kingdom Generally Accepted Accounting Practice and relevant Taxation legislation.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management and the understatement of revenue. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

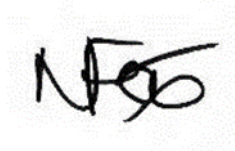
These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED**

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



for and on behalf of Shaw Gibbs (Audit) Limited
Chartered Certified Accountants
Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 24 January 2025

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	63,637	15,500	79,137	42,929
Charitable activities	5				
Provision of refuges		468,909	168,081	636,990	469,415
Administration & support		4,590	163,370	167,960	148,651
Other trading activities	3	1,600	-	1,600	3,349
Investment income	4	<u>410</u>	<u>-</u>	<u>410</u>	<u>52</u>
Total		<u>539,146</u>	<u>346,951</u>	<u>886,097</u>	<u>664,396</u>
 EXPENDITURE ON					
Raising funds	6	3,509	-	3,509	4,721
Charitable activities	7				
Provision of refuges		119,743	197,204	316,947	281,660
Resettlement & day centre		77,119	127,781	204,900	171,392
Administration & support		115,598	79,788	195,386	207,731
Property depreciation and interest		<u>5,931</u>	<u>-</u>	<u>5,931</u>	<u>5,787</u>
Total		<u>321,900</u>	<u>404,773</u>	<u>726,673</u>	<u>671,291</u>
 NET INCOME/(EXPENDITURE)		217,246	(57,822)	159,424	(6,895)
 RECONCILIATION OF FUNDS					
Total funds brought forward		<u>247,105</u>	<u>105,083</u>	<u>352,188</u>	<u>359,083</u>
 TOTAL FUNDS CARRIED FORWARD		<u>464,351</u>	<u>47,261</u>	<u>511,612</u>	<u>352,188</u>

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION
31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
FIXED ASSETS					
Tangible assets	14	264,736	-	264,736	268,608
CURRENT ASSETS					
Debtors	15	101,999	-	101,999	19,859
Cash at bank and in hand		<u>138,760</u>	<u>47,261</u>	<u>186,021</u>	<u>112,672</u>
		240,759	47,261	288,020	132,531
CREDITORS					
Amounts falling due within one year	16	(36,167)	-	(36,167)	(40,667)
NET CURRENT ASSETS		<u>204,592</u>	<u>47,261</u>	<u>251,853</u>	<u>91,864</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		469,328	47,261	516,589	360,472
CREDITORS					
Amounts falling due after more than one year	17	(4,977)	-	(4,977)	(8,284)
NET ASSETS		<u>464,351</u>	<u>47,261</u>	<u>511,612</u>	<u>352,188</u>
FUNDS	20				
Unrestricted funds:					
General fund				234,312	15,240
Freehold Property				<u>230,039</u>	<u>231,865</u>
				<u>464,351</u>	<u>247,105</u>
Restricted funds				<u>47,261</u>	<u>105,083</u>
TOTAL FUNDS				<u>511,612</u>	<u>352,188</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2024

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 23 January 2025 and were signed on its behalf by:



.....
S Van Rooyen - Trustee



.....
E L Fletcher - Trustee

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	1	80,561	1,660
Interest paid		<u>(731)</u>	<u>(587)</u>
Net cash provided by operating activities		<u>79,830</u>	<u>1,073</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		<u>(3,108)</u>	<u>-</u>
Net cash (used in)/provided by investing activities		<u>(3,108)</u>	<u>-</u>
Cash flows from financing activities			
Loan repayments in year		<u>(3,373)</u>	<u>(3,255)</u>
Net cash used in financing activities		<u>(3,373)</u>	<u>(3,255)</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		73,349	(2,182)
Cash and cash equivalents at the beginning of the reporting period		<u>112,672</u>	<u>114,854</u>
Cash and cash equivalents at the end of the reporting period		<u><u>186,021</u></u>	<u><u>112,672</u></u>

The notes form part of these financial statements

NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

1. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	159,424	(6,895)
Adjustments for:		
Depreciation charges	6,980	5,954
Interest paid	731	587
(Increase)/decrease in debtors	(82,140)	815
(Decrease)/increase in creditors	<u>(4,434)</u>	<u>1,199</u>
Net cash provided by operations	<u>80,561</u>	<u>1,660</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/23 £	Cash flow £	At 31/3/24 £
Net cash			
Cash at bank and in hand	<u>112,672</u>	<u>73,349</u>	<u>186,021</u>
	<u>112,672</u>	<u>73,349</u>	<u>186,021</u>
Debt			
Debts falling due within 1 year	(3,593)	66	(3,527)
Debts falling due after 1 year	<u>(8,284)</u>	<u>3,307</u>	<u>(4,977)</u>
	<u>(11,877)</u>	<u>3,373</u>	<u>(8,504)</u>
Total	<u>100,795</u>	<u>76,722</u>	<u>177,517</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Nene Valley Christian Family Refuge Limited is an incorporated charity limited by guarantee, registered in England and Wales. The charity's number and registered office address can be found on the Company Information Page.

The presentation currency is the Pound Sterling (£).

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Government grant income is recognised once the charity has received a formal offer of funding in writing, unless performance conditions required deferral of the amount.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated between activities by direct allocation to refuges and resettlement with the balance to administration and support.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Leasehold improvements	- 2% on cost
Play equipment	- 20% on cost
Security equipment	- 33% on cost
Office equipment	- 33% on cost

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The trustees are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The trustees consider that the individual carrying values of assets are supportable by their value in use

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from the charitable company. Contributions payable for the year are charged in the Statement of Financial Activities.

Financial instruments

Cash and cash equivalents in the statement of financial position comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the statement of financial position. Finance costs and gains or losses relating to financial liabilities are included in the statement of financial activities. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies above.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	<u>79,137</u>	<u>42,929</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Training Fees	<u>1,600</u>	<u>3,349</u>

4. INVESTMENT INCOME

	2024	2023
	£	£
Interest received	<u>410</u>	<u>52</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024	2023
		£	£
Residents' fees	Provision of refuges	166,546	137,317
Grants and contracted income	Provision of refuges	470,444	332,098
Residents' fees	Administration & support	4,590	1,130
Grants and contracted income	Administration & support	<u>163,370</u>	<u>147,521</u>
		<u>804,950</u>	<u>618,066</u>

Grants received, included in the above, are as follows:

	2024	2023
	£	£
Charities Trust	-	50,000
West Northamptonshire Council	161,854	238,562
Northamptonshire Police, Fire and Crime Commissioner	50,000	50,000
BBC Children in Need	51,232	38,855
Henry Smith Charity	60,000	30,000
Masonic Charitable Fund	12,228	23,977
Charles Haywood Foundation	20,000	20,000
Kick Start Scheme	-	10,990
Goodwill Solutions	-	9,985
The Kelly Family	-	5,000
Lloyds Bank Foundation for England and Wales	-	2,250
The National Lottery Community Fund - RC Midlands Region	38,622	-
Department of work and pensions	8,370	-
North Northamptonshire Council	140,508	-
The 29th May 1961 Charitable Trust	10,000	-
The Philips Charitable Trust	3,000	-
The Frederick and Phyllis Cann Trust	3,000	-
The National Lottery Community Fund - Community Organisations		
Cost of Living Fund	<u>75,000</u>	<u>-</u>
	<u>633,814</u>	<u>479,619</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

6. RAISING FUNDS

Raising donations and legacies

	2024	2023
	£	£
Fundraising costs	<u>3,509</u>	<u>4,721</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8)	Support costs (see note 9)	Totals
	£	£	£
Provision of refuges	314,368	2,579	316,947
Resettlement & day centre	202,480	2,420	204,900
Administration & support	26,549	168,837	195,386
Property depreciation and interest	<u>4,000</u>	<u>1,931</u>	<u>5,931</u>
	<u>547,397</u>	<u>175,767</u>	<u>723,164</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2024	2023
	£	£
Staff costs	408,467	338,388
Training	4,481	1,788
Material and equipment	10,869	13,424
Premises running costs	31,430	32,825
Maintenance charges	41,972	38,231
Rents and room hire	16,030	15,821
Motor and travelling costs	771	1,292
Holidays and excursions	2,393	784
Office and secretarial costs	19,083	20,583
Translation costs	797	28
DWP Access to work	6,350	11,084
Partner funding payments	-	12,000
Depreciation	<u>4,754</u>	<u>4,754</u>
	<u>547,397</u>	<u>491,002</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

9. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Provision of refuges	2,566	13	-	2,579
Resettlement & day centre	2,420	-	-	2,420
Administration & support	158,950	1,215	8,672	168,837
Property depreciation and interest	-	1,931	-	1,931
	<u>163,936</u>	<u>3,159</u>	<u>8,672</u>	<u>175,767</u>

Support costs, included in the above, are as follows:

Management

				2024	2023
	Provision of refuges £	Resettlement & day centre £	Administration & support £	Total activities £	Total activities £
Wages	-	-	55,024	55,024	92,830
Social security	-	-	2,107	2,107	4,301
Pensions	-	-	795	795	5,283
Consultants fees	120	1,577	28,471	30,168	20,844
Training	-	-	-	-	1,801
Material and equipment	-	-	-	-	2,974
Hardship expenditure	620	-	60	680	11
Premises running costs	1,712	744	53,518	55,974	24,313
Office and secretarial costs	114	99	18,975	19,188	13,560
	2,566	2,420	158,950	163,936	165,917

Finance

				2024	2023
	Provision of refuges £	Administration & support £	Property depreciation and interest £	Total activities £	Total activities £
Bank charges	13	189	-	202	250
Depreciation of tangible fixed assets	-	1,026	1,200	2,226	1,200
Bank loan interest	<u>-</u>	<u>-</u>	<u>731</u>	<u>731</u>	<u>587</u>
	<u>13</u>	<u>1,215</u>	<u>1,931</u>	<u>3,159</u>	<u>2,037</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

9. SUPPORT COSTS - continued
Governance costs

	2024 Administration & support £	2023 Total activities £
Auditors' remuneration for audit	5,184	4,698
Auditors' remuneration for non audit work	<u>3,488</u>	<u>2,916</u>
	<u>8,672</u>	<u>7,614</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024 £	2023 £
Auditors' remuneration for audit	5,184	4,698
Auditors' remuneration for non audit work	3,488	2,916
Depreciation - owned assets	<u>6,980</u>	<u>5,954</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

12. STAFF COSTS

	2024 £	2023 £
Wages and salaries	427,038	403,185
Social security costs	28,211	26,347
Other pension costs	<u>11,144</u>	<u>11,270</u>
	<u>466,393</u>	<u>440,802</u>

During the year, remuneration paid to key management personnel totalled £137,304 (2023: £145,135).

Included within salaries above is £6,000 of termination payments made to staff.

The average monthly number of employees during the year was as follows:

	2024 <u>23</u>	2023 <u>23</u>
Staff		

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

13. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	42,929	-	42,929
Charitable activities			
Provision of refuges	357,083	112,332	469,415
Administration & support	32,661	115,990	148,651
Other trading activities	3,349	-	3,349
Investment income	<u>52</u>	<u>-</u>	<u>52</u>
Total	<u>436,074</u>	<u>228,322</u>	<u>664,396</u>
EXPENDITURE ON			
Raising funds	4,721	-	4,721
Charitable activities			
Provision of refuges	101,277	180,383	281,660
Resettlement & day centre	171,392	-	171,392
Administration & support	207,731	-	207,731
Property depreciation and interest	<u>5,787</u>	<u>-</u>	<u>5,787</u>
Total	<u>490,908</u>	<u>180,383</u>	<u>671,291</u>
NET INCOME/(EXPENDITURE)	(54,834)	47,939	(6,895)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>301,940</u>	<u>57,143</u>	<u>359,083</u>
TOTAL FUNDS CARRIED FORWARD	<u>247,106</u>	<u>105,082</u>	<u>352,188</u>

14. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold improvements £	Play equipment £
COST			
At 1 April 2023	332,142	37,684	11,949
Additions	-	-	-
At 31 March 2024	<u>332,142</u>	<u>37,684</u>	<u>11,949</u>
DEPRECIATION			
At 1 April 2023	88,400	12,818	11,949
Charge for year	<u>5,200</u>	<u>754</u>	<u>-</u>
At 31 March 2024	<u>93,600</u>	<u>13,572</u>	<u>11,949</u>
NET BOOK VALUE			
At 31 March 2024	<u>238,542</u>	<u>24,112</u>	<u>-</u>
At 31 March 2023	<u>243,742</u>	<u>24,866</u>	<u>-</u>
	Security equipment £	Office equipment £	Totals £
COST			
At 1 April 2023	11,864	21,642	415,281
Additions	-	<u>3,108</u>	<u>3,108</u>
At 31 March 2024	<u>11,864</u>	<u>24,750</u>	<u>418,389</u>
DEPRECIATION			
At 1 April 2023	11,864	21,642	146,673
Charge for year	-	<u>1,026</u>	<u>6,980</u>
At 31 March 2024	<u>11,864</u>	<u>22,668</u>	<u>153,653</u>
NET BOOK VALUE			
At 31 March 2024	<u>-</u>	<u>2,082</u>	<u>264,736</u>
At 31 March 2023	<u>-</u>	<u>-</u>	<u>268,608</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Debtors	45,478	18,704
Prepayments and accrued income	<u>56,521</u>	<u>1,155</u>
	<u>101,999</u>	<u>19,859</u>

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Bank loans and overdrafts (see note 18)	3,527	3,593
Trade creditors	6,875	17,873
Social security and other taxes	7,960	7,145
Other creditors	1,677	5,278
Accruals and deferred income	<u>16,128</u>	<u>6,778</u>
	<u>36,167</u>	<u>40,667</u>

17. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2024	2023
	£	£
Bank loans (see note 18)	<u>4,977</u>	<u>8,284</u>

18. LOANS

An analysis of the maturity of loans is given below:

	2024	2023
	£	£
Amounts falling due within one year on demand:		
Bank loans	<u>3,527</u>	<u>3,593</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>3,747</u>	<u>3,593</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>1,230</u>	<u>4,691</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

19. SECURED DEBTS

The following secured debts are included within creditors:

	2024 £	2023 £
Bank loans	<u>8,504</u>	<u>11,877</u>

The bank loan is secured on the freehold property.

20. MOVEMENT IN FUNDS

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	15,240	223,177	(4,105)	234,312
Freehold Property	<u>231,865</u>	<u>(5,931)</u>	<u>4,105</u>	<u>230,039</u>
	247,105	217,246	-	464,351
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	20,274	-	-	20,274
Valley House improvements	12,123	-	-	12,123
Masonic Charitable Fund	36,073	(36,073)	-	-
Charities Trust	35,749	(35,749)	-	-
Renovation Project	<u>-</u>	<u>14,000</u>	<u>-</u>	<u>14,000</u>
	<u>105,083</u>	<u>(57,822)</u>	<u>-</u>	<u>47,261</u>
TOTAL FUNDS	<u>352,188</u>	<u>159,424</u>	<u>-</u>	<u>511,612</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

20. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	539,145	(315,968)	223,177
Freehold Property	-	(5,931)	(5,931)
	539,145	(321,899)	217,246
Restricted funds			
DWP access to work	8,370	(8,370)	-
Henry Smith Charity	60,000	(60,000)	-
Children in Need	51,232	(51,232)	-
Masonic Charitable Fund	12,228	(48,301)	(36,073)
Charities Trust	-	(35,749)	(35,749)
Charles Hayward Foundation	20,000	(20,000)	-
Northamptonshire Police, Fire and Crime Commissioner	50,000	(50,000)	-
Stay Free Facilitator Training	12,500	(12,500)	-
Renovation Project	19,000	(5,000)	14,000
The National Lottery - cost of living	75,000	(75,000)	-
The National Lottery - Wellbeing Team	38,622	(38,622)	-
	346,952	(404,774)	(57,822)
TOTAL FUNDS	<u>886,097</u>	<u>(726,673)</u>	<u>159,424</u>

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	130	(49,048)	64,158	15,240
Freehold Property	233,810	(5,787)	3,842	231,865
Furniture replacement fund - Valley House	18,000	-	(18,000)	-
Refuge Development Fund	50,000	-	(50,000)	-
	301,940	(54,835)	-	247,105
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	26,067	(5,793)	-	20,274
Valley House improvements	12,123	-	-	12,123
Masonic Charitable Fund	18,089	17,984	-	36,073
Charities Trust	-	35,749	-	35,749
	57,143	47,940	-	105,083
TOTAL FUNDS	<u>359,083</u>	<u>(6,895)</u>	<u>-</u>	<u>352,188</u>

20. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	436,074	(485,122)	(49,048)
Freehold Property	-	(5,787)	(5,787)
	436,074	(490,909)	(54,835)
Restricted funds			
Valley House maintenance fund	-	(5,793)	(5,793)
Henry Smith Charity	30,000	(30,000)	-
Children in Need	38,355	(38,355)	-
Masonic Charitable Fund	23,977	(5,993)	17,984
DWP Kickstart scheme	10,990	(10,990)	-
The Kelly Family	5,000	(5,000)	-
Charities Trust	50,000	(14,251)	35,749
Charles Hayward Foundation	20,000	(20,000)	-
Northamptonshire Police, Fire and Crime Commissioner	50,000	(50,000)	-
	228,322	(180,382)	47,940
TOTAL FUNDS	664,396	(671,291)	(6,895)

Designated funds

The freehold property fund includes the freehold property NBV less the bank loan liability held against the property. The transfer during the year relates to the value of the repayments of the loan less the interest charged and the depreciation charged on the property during the year.

The furniture replacement fund for Valley House is for replacement furniture for the refuge.

The Refuge Development Fund is money ring fenced by the trustees for the development of refuge provision and services.

Restricted funds

The Development Project Fund relates to money received for training and development of the care workers.

The Valley House Maintenance and Valley House Improvement Funds are funds held for maintenance and improvements to Valley House Refuge.

The BBC Children in Need Fund is for salary costs, other staffing costs, volunteer expenses, small equipment and other project costs, specifically in relation to what was requested per the grant application.

The Masonic Charitable Fund was for the Children and Young Peoples service to provide the salary and on costs of an employee for the project.

The DWP Kickstart scheme funding is used to employ two new young employees under the Government funded scheme providing funding for employers to create jobs for 16-24 year old.

20. MOVEMENT IN FUNDS - continued

The DWP access to work funds are provided by the DWP in order to pay for employees costs, as EVE are providing employment.

The Henry Smith Charity fund is funding that has been provided to aid with core charity costs.

The Charities Trust fund is funding received to support families into a new home and a new life.

The Charles Hayward Foundation fund relates to funding received for the Evolve programme.

The Northamptonshire Police, Fire and Crime Commissioner fund relates to funds received to provide specialist therapeutic groupwork programmes across the County.

Stay Free Facilitator Training funding is provided to fund the training for that project.

The Renovation Project is funding given specifically to allow for the refurbishment of the Northampton refuge centres.

The National Lottery Cost of living funding is to fund the work with women and children living in refuge accommodation, increasing their safety and improve their physical, emotional and social health.

The National Lottery Wellbeing Team project funding is to fund the work with women and children affected by domestic abuse, and to help to increase safety and improve physical, emotional and social health of women and children affected by domestic abuse.

21. RELATED PARTY DISCLOSURES

Website design services were provided to the charity by a business owned and run by the son-in-law of the Chief Executive. Transactions were conducted at arm's length and totalled £nil (2023: £994). There was no balance due at the year end (2023: £nil).

During the year fundraising strategy development services were provided to the charity by the daughter of the Chief Executive. Transactions were conducted at arm's length and totalled £10,023 (2023: £9,932). There was no balance due at the year end (2023: £nil).

The Good Loaf CIC, a charity with a common director provided goods amounting to £126 (2023: £180) to the charity.

There were no further related party transactions carried out during the year.

22. ULTIMATE CONTROLLING PARTY

The charity is under the control of its trustees.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	79,137	42,929
Other trading activities		
Training Fees	1,600	3,349
Investment income		
Interest received	410	52
Charitable activities		
Residents' fees	171,136	138,447
Grants and contracted income	<u>633,814</u>	<u>479,619</u>
	<u>804,950</u>	<u>618,066</u>
Total incoming resources	886,097	664,396
EXPENDITURE		
Raising donations and legacies		
Fundraising costs	3,509	4,721
Charitable activities		
Wages	372,014	310,355
Social security	26,104	22,046
Pensions	10,349	5,987
Training	4,481	1,788
Material and equipment	10,869	13,424
Premises running costs	31,430	32,825
Maintenance charges	41,972	38,231
Rents and room hire	16,030	15,821
Motor and travelling costs	771	1,292
Holidays and excursions	2,393	784
Office and secretarial costs	19,083	20,583
Translation costs	797	28
DWP Access to work	6,350	11,084
Partner funding payments	-	12,000
Depreciation of tangible fixed assets	<u>4,754</u>	<u>4,754</u>
	547,397	491,002
Support costs		
Management		
Wages	55,024	92,830
Social security	2,107	4,301
Carried forward	57,131	97,131

This page does not form part of the statutory financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
Management		
Brought forward	57,131	97,131
Pensions	795	5,283
Consultants fees	30,168	20,844
Training	-	1,801
Material and equipment	-	2,974
Hardship expenditure	680	11
Premises running costs	55,974	24,313
Office and secretarial costs	<u>19,188</u>	<u>13,560</u>
	163,936	165,917
Finance		
Bank charges	202	250
Depreciation of tangible fixed assets	2,226	1,200
Bank loan interest	<u>731</u>	<u>587</u>
	3,159	2,037
Governance costs		
Auditors' remuneration for audit	5,184	4,698
Auditors' remuneration for non audit work	<u>3,488</u>	<u>2,916</u>
	<u>8,672</u>	<u>7,614</u>
Total resources expended	<u>726,673</u>	<u>671,291</u>
Net income/(expenditure)	<u><u>159,424</u></u>	<u><u>(6,895)</u></u>

This page does not form part of the statutory financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

England & Wales - Charity number 298154

Accounts

REGISTERED COMPANY NUMBER: 02226878 (England and Wales)
REGISTERED CHARITY NUMBER: 298154

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED**

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2023**

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NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2023

TRUSTEES	R J Moisey (resigned 30/11/22) S Van Rooyen E L Fletcher S Whipp D Parkinson-Mais (resigned 31/08/23) K Dhlamini Counsellor (appointed 9/5/22)
REGISTERED OFFICE	Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
REGISTERED COMPANY NUMBER	02226878 (England and Wales)
REGISTERED CHARITY NUMBER	298154
AUDITORS	Shaw Gibbs (Audit) Limited Chartered Certified Accountants Statutory Auditor 264 Banbury Road Oxford Oxfordshire OX2 7DY
SOLICITORS	Tollers 2 Castilian Street Northampton NN1 1JX
WEBSITE	www.nvcfr.org.uk

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Principal activity and charitable objects

NVCFR has been a trusted source of support to women and children escaping domestic abuse in Northamptonshire for more than 40 years. Growing and developing our services to respond to the dynamic nature of domestic abuse and to the needs of families in Northamptonshire and beyond. We continue to see need significantly increase in all areas of our work.

NVCFR continued to support women, children, and families through a variety of programmes specifically designed to meet their needs, including mental ill-health, food poverty, child poverty, homelessness, pregnancy, drug, and alcohol abuse as well as the underlying issue of domestic abuse. As always, we could not have done it without the support of many people across the County, including Churches, local businesses, and local and national grant makers too, who have generously donated clothes, food, and money to support the families we work with.

We could not have helped so many people to leave behind the trauma and effects of domestic abuse without the dedication, skill and enthusiasm of our amazing staff and volunteer team. Every one of them works tirelessly, whatever their role, to the absolute best of their ability. COVID continues to provide additional challenges; challenges that the team rise to mostly with cheerfulness, sometimes with gritted teeth but always with an incredible sense of team spirit. Our staff and volunteers are at the very heart of who we are, what we do and the difference we make.

This year we have celebrated the incredible work of our Children's Team Co-ordinator who has worked for NVCFR for an astounding 30 years. The mums and children she has helped throughout her time have told us that they remember her kindness and wisdom. NVCFR is a very different organisation from the one she joined in 1993, the Children's team has grown and the emphasis on the work that she leads has developed too, with Children who see, hear, or experience domestic abuse being recognised as victims in their own right through the Domestic Abuse Act 2021.

Objectives for 2022/23

Eve has been successful in meeting its objectives for 2022/23

- 100% of women and children who participated in our services reported an increase in their safety.
- Staff participated in a wide range of events and speaking engagements across Northamptonshire to raise awareness of domestic abuse and its' impact on women, children, and society.
- We focussed on development of our Corporate Giving portfolio, working with more than 20 new companies to increase financial diversity.
- We began working on re-development of our website and communications strategy to increase information about domestic abuse and where people can find help and support.
- 85% of women reported improved physical, emotional and social health.

The following report provides the details in how we have achieved these objectives.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our response to Domestic Abuse in 2022/23

17,285 domestic abuse related offences and incidents, including stalking, harassment and coercive control were recorded in Northamptonshire during 2022 (Office of National Statistics, 2022), compared to 18,743 for 2020/21. This is the equivalent of 23 incidents per 1000 people in the population. 65% of these were recorded as crimes (compared to 61% for England and Wales), representing 18% of all crime (compared to 17% for England and Wales).

Nationally figures have remained much the same as 2021-22 and it is felt that any small increase may reflect more reporting. We have not seen the numbers of women and children seeking our help drop back to pre-pandemic statistics.

Our response has been to work diligently with statutory and voluntary sector organisations across the county, sharing knowledge and ideas. We published campaigns to promote our 40th Anniversary, ongoing delivery of our perpetrator programmes and to raise awareness of and support for victims/survivors of domestic abuse. This work was undertaken against the backdrop of emerging national legislative changes to the Domestic Abuse Act 2021 with introduction of offences of Non-Fatal Strangulation coming into force in June 2022 and provision for Children to be recognised as victims of domestic abuse in their own right. We have contributed locally and nationally to the calls to recognised domestic abuse related suicides. In answer to the emerging Cost of Living Crisis we developed a partnership with a local supermarket and set up a weekly Food Bank to help meet the needs of all the people we work with.

Delivery of our online specialist Groupwork programmes have continued alongside face-to-face service delivery, which has enabled us to work in local communities with service users from further afield and to help break down some of the financial and transport barriers involved with travelling across the County.

Our 'Silent Solution' service enabling women to text and/or email about their situation continues to provide support, guidance, information, and advice to women who need help but for safety reasons need to keep our support quiet.

Eve has worked with more than 566 individuals across all our services during this financial year, almost 50% higher than pre-pandemic.

Refuge

36 women and 26 children stayed in our refuge during 2022/23. 46% of these residents were high risk with others having a range of complex needs including:

- 2 who were pregnant.
- 8 who had a disability.
- 22 who had mental health issues.
- 7 who had learning difficulties.
- 6 who misused drugs and/or alcohol.
- 1 who did not speak English / English as a second language.
- 4 who had no recourse to public funds.

This is a 56% rise in additional complex needs from 2021/22.

20.5% of women resident in our refuges and 22% of women in our community services were from Black, Brown, and other Minoritised backgrounds.

We recorded the following risk levels from service users' perpetrators.

- Low risk = 16%
- Medium risk = 35%
- High risk = 49%

Eve received 800 contacts and were unable to offer a service to 180 of these women for several reasons, including:

- 28 no vacancies

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

- 63 unsuitable accommodation
- 4 High risk
- 2 not eligible for service
- 8 unsupported complex need

Our occupancy rates were 75% for Valley House and 50% for Grace House.

Community Service

42 women and 78 children participated in our Community Service during 2022/23. These families were able to live in their own accommodation, receiving a range of services at our Women's Centre, which included, The Restored Programme, Minimum Safety Support, Therapeutic Services, Specialist Groupwork Services, Children's Services and Keyworker sessions.

13 service users were assessed as being high risk with others having a range of complex needs including:

- 3 who were pregnant.
- 7 who had a disability.
- 15 who had mental health issues.
- 4 who had learning difficulties.
- 4 who misused drugs and/or alcohol.

We recorded the following risk levels from service users' perpetrators.

- Low risk = 26%
- Medium risk = 43%
- High risk = 31%

The Restored Programme

Our Restored Programme, developed by NVCFR in 2014, is the core of all our delivery to our female service users. Providing a comprehensive assessment process, the programme is needs led and highly individualised. Keyworkers support service users to achieve against 5 positive outcomes and to track their journey so that they can recognise and celebrate their own achievements.

Restored includes a range of the following therapeutic interventions and activities:

1. Groupwork
2. Therapeutic Services
3. Children and Young People's Services
4. A range of activities that support the development of self-esteem, confidence, and resilience.
5. Educational development activities
6. Volunteering activities

We accepted 42 new service users onto Restored this year. 26 women participated in our therapeutic services and 30 women attended our Groupwork only outreach provision, participating in a range of specialised group work including our own Stay Free programme as well as Freedom and Own My Life.

100% of service users who completed both before and after questionnaires reported improved feelings of safety.

Therapeutic Services

Service users took part in a range of therapeutic group-work activities designed to raise self-esteem, improve mental health, and equip each user with skills that foster independence, autonomy, and resilience by enabling them to manage the impact of trauma on their anxiety, stress, and emotions. Service users reported feeling more independent and better able to perform activities such as parenting, preparing healthy meals and maintaining their safety.

Case Study

Tina and her three children aged between 6 months and 16 years were referred to eve by children's social care in another county. Due to the risk from her perpetrator and ongoing police investigations, professionals felt that Tina and her children were at significant risk of harm and that Tina did not have the knowledge to identify this, therefore the family came into our refuge on a Child Protection plan.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

Due to her perpetrator's controlling behaviour Tina believed she would never be able to live independently as she was 'stupid' and 'didn't know anything.' Initially, Tina came to every key worker meeting with letters she was scared to open alone in case she did not understand them.

Whilst in the refuge, Tina completed the Restored Programme. Through attending activities such as Bitesize and specialist groupwork programme Freedom, as well as 1:1 Domestic Abuse work, Tina began to recognise her perpetrator's behaviour as controlling, abusive and harmful to both her and her children. Tina completed various therapeutic activities and eve supported her in accessing counselling. Tina told us that these activities turned her life around. They enabled her to work through her trauma and put the past behind her.

With her new knowledge, Tina was able to start planning her own future and learned new skills such as using online banking, setting up accounts and paying bills.

Today Tina is free. She has her own property and is looking for jobs within the care sector. Tina manages a monthly budget and manages her own online accounts. She no longer has contact with her perpetrator and tells us that her and her children are 'The happiest we have ever been'. Her eldest child successfully completed college and is now on an apprenticeship with a clear career path and a bright future ahead of them. Tina's other two children are thriving and making friends more easily. Tina said that she has never trusted professionals before, however the staff at eve were non-judgmental and took time to understand her and her needs. Tina says she really recommends the groups and would not have the knowledge she has today without them.

Children and Young People's Services - Refresh

Funding from Children in Need and the Masonic Charitable Foundation supported our Children and Young People's Practitioners to work with a total of 104 children and young people this year across both our refuge and community services.

21 children were admitted to our services on Safeguarding Plans, an increase of 5% on 2021/22.

Seven families came in with an interim care order, all seven families left our service with no social care involvement.

Twelve families came into service on child protection plans (CP). Four left our service with no social services involvement, with nine families stepping down to 'child in need' at the end of service. Two children came into service with child in need plans (CIN). Both families no longer have social services involvement.

Case Study

Family J, mum and her son K came into refuge fleeing Domestic abuse from out of county. Mum had a learning disability and K had Autistic Spectrum Disorder, there were no other agencies supporting them. J and K had been victims/witnesses to domestic abuse, including verbal, physical, emotional, and financial abuse. J had never approached professionals for help and support as she had been told by her perpetrator and other professionals that she would have her son taken away if she lived independently.

The domestic abuse had a big impact on the family with all their additional complex needs. They could not leave their room in the refuge for the first week they were with us. J found it hard it to put in necessary daily routines for them both to meet even their basic needs.

The Children's team quickly assessed the family's needs and immediately accessed ears defenders to help support K with his ASD. They also provided and taught Mum how to use 'Now Next' cards so that she could explain to him what was going to happen. These simple steps enabled them to leave their room to access the kitchen and bathroom.

The Children's team completed early help assessment with J to gather support for both their personal support plans. Referral to Adult Social Services was completed to get support for J's own disability. Staff recognised that she was very good at identifying her child's needs but not necessarily her own. The Children's team got some support from Action For Children to help with daily routines, while we waited for the Children's Disability Team Northamptonshire to register K into the service. He did not have a EHC plan in

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

place for his educational needs at school as the family had not been able to access services due to the domestic abuse.

The Children's Team initiated a multi-professional support plan to guide the family in their journey with us daily. The plan incorporated eve staff members as well as Adult and Child Social Care workers.

K started to attend school regularly and Mum was given tools to support him in transitions such as picture cards and singing whilst walking. eve staff and the Adult Social Worker empowered Mum to look at her own needs and to identify these in addition to what her child needed. During this process J recognised that living in the Refuge was a barrier for her and that her mental health was being impacted by this.

eve staff praised Mum for recognising her own needs and worked alongside the family, Council, and Social Services to secure more appropriate accommodation. The family continued to work with professionals and the child continued attending school. Mum expressed that this was the first time anyone had helped her and listened to her. She felt confident going into her next chapter knowing who she could turn to when faced with difficulties. J now also has more trust in professionals as she recognises that they were willing to work with her and support her rather than just take her son away.

The SHE Programme

SHE - Partner Support

89 families were referred to our SHE programme for partners, ex-partners, and children of men on the Evolve Programme.

- Number of families (women and children) referred and offered an assessment: 89.
- Number of families attending assessment: 71 families were assessed.
- Number of families accepting support:
- 21 families requested a 6-week safety call back,
- 20 families accepted Minimum Safety Support (MSS) which means weekly calls whilst their partner attends the group and calls if we discover anything that impacts their safety whilst their partner is on the group.
- 30 who accepted Integrated Support Service (ISS) aka the Restored programme.
- Number of families completed SHE Restored - 24

SHE provides access to our Restored Programme, delivering activities that support women, children and families who are victims of domestic abuse to develop self-esteem, confidence, and resilience. SHE enables women to choose the right support for their families. Some women choose minimum engagement with SHE for safety support only and this has maintained and strengthened their safety whilst their partner, or ex-partner, has engaged in our Evolve programme. Other women and children have engaged in the full Restored programme which works holistically to build the strengths of women and children to enable them to move on from domestic abuse.

Evolve

As a significant part of the SHE programme, our Domestic Violence Perpetrator Team have delivered Evolve, a programme to enable abusive partners and ex-partners to choose to change the attitudes, beliefs and values that allow coercive and abusive behaviours. This 30-week programme is based on the Duluth method.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

Evolve holds The Respect Standard for our safe work with perpetrators and survivors. Respect Accreditation for work with perpetrators of domestic abuse is based on a set of working principles. All Respect Accredited services are held to this standard to ensure only safe and effective work with perpetrators of domestic abuse takes place. Referrals to the Evolve Behaviour Change Programme are as follows:

- Total referrals to the service 87 males, 2 females.
- 31 men and 1 woman attended their assessment. Some referrals were not assessed due to non-engagement or not taking responsibility during the initial telephone call.
- 17 men were offered a place on the group. Not all 17 started, mostly due to a change in circumstances such as work commitments. Some men were deemed not suitable for groupwork at assessment due to not taking responsibility for abuse, not wanting to take part in a group or being an inappropriate referral.
- 11 men started on the group.
- 8 men have completed Evolve and a further 2 have completed more than 12+ sessions.
- 4 men were de-selected due to further incident or not being able to commit to the group leading to non-attendance.

Case Study

Client A was referred to eve from Social Care, the family were on a Child In Need plan at the beginning of their engagement with the group. A was not sharing a home with his partner when he joined Evolve, but they moved back together after a couple of months. A completed Evolve and at the end of his involvement, the family had been stepped down from the Child In Need plan and were accessing universal services.

When he had completed the course, A reported that he thought the Evolve programme was excellent. He felt he had learned new things and could really feel the difference. He found it particularly helpful with his parenting and not acting on his emotions. He shared that what had really stuck with him from the course was that 'You don't have to control someone else, only your own behaviour'.

When asked what difference the course had made to him, he replied, that he had made a lot of changes from the beginning, 'I'm a lot calmer and I make decisions more before I act'. He reflected that he had a better relationship with his partner, that they were not arguing so much, and he was happier.

A said that participating in Evolve had been a good experience, he learned a lot to help him with his relationship with his child as well as other people and said he had made a long-term investment.

A's Partner received safety support from an eve worker who kept in touch with her by phone for the duration of the course. Regular calls were made to let her know what was being studied and to check whether she felt there was any change in the level of risk to her and her child at any time.

When A completed the course, she said she had noticed that he had made big, positive changes in their co-parenting. Before the course he didn't co-parent with her in a fair and equal way, or recognise a need to help with their child, she said that after the course he was helping more with their child without having to be asked and that he was also helping with the household chores. She could also see a big, positive change in that he now felt empowered to be a good parent.

She reflected that they were more peaceful and listening more to each other. They were speaking a lot about their feelings and opinions to understand each other, more than they did before the course.

Expert Training

We believe that knowledge is power and is vital in ensuring that professionals and communities are aware of domestic abuse and its many forms. As such our Training Department is well-established as a source of excellent quality training and development for professional staff, community leaders and volunteers.

We have delivered to different agencies with a range of core courses and bespoke programmes written especially for the audience. Most training has been delivered online, except where clients have specifically requested face to face delivery of bespoke courses. Core and Volunteer Training Programmes were delivered to new staff and volunteers along with training updates to existing staff and volunteers.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

Clients have ranged from statutory sector, third sector and community organisations including Re:Store, and The University of Northampton. Training evaluations are consistently good to excellent, with participants citing the knowledge, expertise, and delivery style of our Trainer as a reason for their enjoyment of the course.

- Total number of participants: 166
- Total number of courses delivered: 22
- Total number of agencies receiving bespoke training: 5
- Number of core training programmes delivered to staff: 2

Our Trainer has been involved in supporting and developing conversations with organisations who work with and for Black, Brown and Minoritised Communities in the Interpersonal Violence sector making strong links with local and national organisations.

Inter-Agency Networks and Partnerships

Partnership and inter-agency networking is a key factor in providing holistic services for our service users and is often a requirement of service delivery. NVCFR is an active member of a wide range of networks and forums, including West and North Northamptonshire Domestic Abuse Boards We are also members of the Black Women's Domestic Abuse Group, an offshoot of the Northampton Women's Forum.

We have worked with statutory and community organisations to provide information, advice, and guidance to women in different communities across the town and have supported the Police in their information awareness campaigns and have developed a number of significant partnerships with businesses and companies across the county.

We work with a range of statutory, community, charitable and other organisations to provide information, advice, guidance, and support to our service users. These include:

Charity Link	Glasspool
Restore foodbank and Daylight Centre foodbank	Northampton Children's Trust
MARAC	Sunflower Centre
Northamptonshire Domestic Abuse Service	Voice
West Northants Council	North Northants Council
Northampton Partnership Homes	Mental Health services
S2S and Aquarius- drug and alcohol services	Creating Equalz
Black Women's Domestic Abuse Group	BNI Ignite
Rotary Nene Valley	Duncan Lewis solicitors
County and Magistrate courts	Costain Galliford Try
Caroline Strawson	Ashby Computer Services
Steffans Jewellers	Beaverbrooks the Jewellers
Carmela's Kitchen	County Golf Club
Warners Distillery	Orchard Cleaning
Fleurfields Vineyard	78 Derngate
Mount Pleasant Baptist Church	Abington Avenue United Reformed Church
New Life Church	Carey Baptist Church
Park Avenue Methodist Church	Church of St Anne's
Queensgrove Methodist Church	Christian Celebration Church
All Saints Church, West Haddon	Boddington Church
St Andrew's Methodist Church	St Mary Magdalene Church
St Giles Church	Piddington Church
Northfield WI	Wootten WI
Badby & Fawsley WI	Soroptimist International
Tesco Stores, Northampton	Waitrose
Northampton High School	Creative Folks
Brampton Golf Centre	

Contracts

Eve holds several contracts with funders to deliver a variety of services across the organisation.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

These are:

- Children in Need to provide funding for Children's Services from July 2021 to June 2024.
- Charles Hayward, Henry Smith, and Masonic Charitable Foundation for various projects.
- West and North Northants Councils provide funding for refuge and community services.

Management agreements

Our refuge, Valley House, is owned by EMH Homes and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

Our second refuge is owned by Mount Pleasant Baptist Church and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

FINANCIAL REVIEW

Reserves policy

The Council of Management seeks to hold free reserves at least equal to 3 months general running costs of the charity, which equates to approximately £121,000. General free reserves are currently only £7,589. During the last 2 years the charity have used their reserves to continue providing services for the significantly increased numbers of beneficiaries we have worked with. In the next financial year the trustees will take steps to replenish the reserves to a target level of 3 months running costs. the trustees will be actively addressing this issue by planning how to:

- Raise necessary funds
- Diversify the charity's funding base, and/or
- Mitigate the risks of the charity having to close suddenly

The net deficit for the year amounted to £6,895 as shown on the SOFA. The total funds carried forward at the year end is £352,188 of which £15,240 is unrestricted funds. £105,083 is held in restricted funds and designated unrestricted funds total £231,865. Total unrestricted funds total £247,105. The Trustees consider that the charity has adequate resources to maintain its ongoing work and to prepare for future developments.

Certain grants have been given for specific purposes and these are shown as restricted funds (see notes). Other designated funds have been set aside out of unrestricted funds (see notes).

The financial support of charitable trusts, local authorities and other donors is greatly appreciated and enables the charity's work to be sustained.

FUTURE DEVELOPMENTS

Objectives for 2023/24

During the next financial year, we intend to achieve our aims by continuing to build and develop our services so that they persist in meeting the needs of the families we work with.

Our Aims are:

Protect people at risk of domestic abuse and empower them to protect themselves

Proclaim freedom and a future for people affected by domestic abuse

Provide services that support survivors to thrive

Prevent another generation of abusive family relationships

Prepare survivors to live the lives they want to lead

To meet these Aims, our Objectives will be:

- Increase the safety of women and children affected by abuse
- Raise awareness of domestic abuse and its' impact on women, children and society
- Increase financial diversity
- Increase information about domestic abuse and where people can find help and support.
- Improve the physical, emotional and social health of women and children affected by domestic abuse

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is constituted as a company limited by guarantee.

Public Benefit

The trustees have had regard to the guidance on public benefit published by the Charity Commission.

The work of Nene Valley Christian Family Refuge is of public benefit, raising awareness of domestic abuse and providing a range of comprehensive, holistic support services that enable women and children who are experiencing this to access safe temporary accommodation, as well as specialist support when they are re-housed in the local community.

Recruitment and appointment of new trustees

Potential trustees are interviewed by existing trustees and discussions are held with the CEO. No appointment is made unless all existing trustees are in agreement and satisfactory references and DBS screening is obtained. All trustees are required to sign a declaration regarding their legal eligibility to be a trustee. An induction period is given once appointment has been agreed.

Organisational structure

The CEO has delegated responsibility for day to day running/management of the organisation. The name of the CEO is not disclosed in this report under exemption from the SORP paragraph 1.29 on the grounds that it could lead to the person being placed in personal danger due to the nature of the charity.

Key management remuneration

The remuneration and pay of management roles are reviewed annually by the trustees having regard to similar roles elsewhere in the charity sector and after considering the relationship with the salaries of other staff members.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Trustees are constantly aware of risk and are fully aware of their responsibilities. Maintaining clear written policies, including a reserves policy, mitigates risk. The ongoing expansion of the charity's work, proposed major developments and continuing developments with government initiatives, all contribute to the need to be vigilant in identifying and managing risk. The trustees are committed to working with the CEO in reviewing and updating all written policies and procedures on a regular basis and to ensure that a comprehensive risk assessment is carried out. The trustees acknowledge the risk of the loss of a key player - trustee or senior staff member - and are alert to the risk inherent in heavy reliance on a single source of funding.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Nene Valley Christian Family Refuge Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Shaw Gibbs (Audit) Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 16 November 2023 and signed on its behalf by:



S Van Rooyen - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Opinion

We have audited the financial statements of Nene Valley Christian Family Refuge Limited (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We obtained an understanding of the legal and regulatory frameworks within which the charity operates, focusing on those laws and regulations that have a direct effect on the determination of material amounts and disclosures in the financial statements. The laws and regulations we considered in this context were the Charities Act 2011, United Kingdom Generally Accepted Accounting Practice and relevant Taxation legislation.

We identified the greatest risk of material impact on the financial statements from irregularities, including fraud, to be the override of controls by management, assessment of the ability to continue as a going concern and the understatement of revenue. Our audit procedures to respond to these risks included enquiries of management about their own identification and assessment of the risks of irregularities, sample testing on the posting of journals, reviewing meeting minutes, regulatory correspondence and professional fees, review of budgets and post year end financial statements, detailed substantive testing on the completeness of income, and reviewing accounting estimates for biases. We will also review the regulatory correspondence with the Charity Commission.

Owing to the inherent limitations of an audit, there is an unavoidable risk that we may not have detected some material misstatements in the financial statements, even though we have properly planned and performed our audit in accordance with auditing standards. We are not responsible for preventing non-compliance and cannot be expected to detect non-compliance with all laws and regulations.

These inherent limitations are particularly significant in the case of misstatement resulting from fraud as this may involve sophisticated schemes designed to avoid detection, including deliberate failure to record transactions, collusion or the provision of intentional misrepresentations.

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

A handwritten signature in black ink that reads "Shaw Gibbs (Audit) Limited". The script is cursive and somewhat stylized, with the words "Shaw", "Gibbs", "(Audit)", and "Limited" written in a continuous flow.

for and on behalf of Shaw Gibbs (Audit) Limited
Chartered Certified Accountants
Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
264 Banbury Road
Oxford
Oxfordshire
OX2 7DY

Date: 24 November 2023

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	42,929	-	42,929	36,640
Charitable activities	5				
Provision of refuges		357,083	112,332	469,415	331,046
Administration & support		32,661	115,990	148,651	146,491
Other trading activities	3	3,349	-	3,349	4,939
Investment income	4	<u>52</u>	<u>-</u>	<u>52</u>	<u>33</u>
Total		<u>436,074</u>	<u>228,322</u>	<u>664,396</u>	<u>519,149</u>
EXPENDITURE ON					
Raising funds	6	4,721	-	4,721	-
Charitable activities	7				
Provision of refuges		101,278	180,382	281,660	298,221
Resettlement & day centre		171,392	-	171,392	164,045
Administration & support		207,731	-	207,731	190,746
Property depreciation and interest		<u>5,787</u>	<u>-</u>	<u>5,787</u>	<u>5,592</u>
Total		<u>490,909</u>	<u>180,382</u>	<u>671,291</u>	<u>658,604</u>
NET INCOME/(EXPENDITURE)		(54,835)	47,940	(6,895)	(139,455)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>301,940</u>	<u>57,143</u>	<u>359,083</u>	<u>498,538</u>
TOTAL FUNDS CARRIED FORWARD		<u>247,105</u>	<u>105,083</u>	<u>352,188</u>	<u>359,083</u>

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION
31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
FIXED ASSETS					
Tangible assets	13	268,608	-	268,608	274,562
CURRENT ASSETS					
Debtors	14	19,859	-	19,859	20,674
Cash at bank and in hand		<u>7,589</u>	<u>105,083</u>	<u>112,672</u>	<u>114,854</u>
		27,448	105,083	132,531	135,528
CREDITORS					
Amounts falling due within one year	15	(40,667)	-	(40,667)	(39,221)
NET CURRENT ASSETS		<u>(13,219)</u>	<u>105,083</u>	<u>91,864</u>	<u>96,307</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		255,389	105,083	360,472	370,869
CREDITORS					
Amounts falling due after more than one year	16	(8,284)	-	(8,284)	(11,786)
NET ASSETS		<u>247,105</u>	<u>105,083</u>	<u>352,188</u>	<u>359,083</u>
FUNDS	19				
Unrestricted funds:					
General fund				15,240	130
Freehold Property				231,865	233,810
Furniture replacement fund - Valley House				-	18,000
Refuge Development Fund				<u>-</u>	<u>50,000</u>
				<u>247,105</u>	<u>301,940</u>
Restricted funds				<u>105,083</u>	<u>57,143</u>
TOTAL FUNDS				<u>352,188</u>	<u>359,083</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2023

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 November 2023 and were signed on its behalf by:



.....
S Van Rooyen - Trustee



16/11/23

.....
E L Fletcher - Trustee

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	1	1,660	(133,579)
Interest paid		<u>(587)</u>	<u>(392)</u>
Net cash provided by/(used in) operating activities		<u>1,073</u>	<u>(133,971)</u>
Cash flows from financing activities			
Loan repayments in year		<u>(3,255)</u>	<u>(3,491)</u>
Net cash used in financing activities		<u>(3,255)</u>	<u>(3,491)</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		(2,182)	(137,462)
Cash and cash equivalents at the beginning of the reporting period		<u>114,854</u>	<u>252,316</u>
Cash and cash equivalents at the end of the reporting period		<u><u>112,672</u></u>	<u><u>114,854</u></u>

The notes form part of these financial statements

NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

1. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(6,895)	(139,455)
Adjustments for:		
Depreciation charges	5,954	5,954
Interest paid	587	392
Increase in debtors	815	(2,371)
Increase in creditors	<u>1,199</u>	<u>1,901</u>
Net cash provided by/(used in) operations	<u>1,660</u>	<u>(133,579)</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
Net cash			
Cash at bank and in hand	<u>114,854</u>	<u>(2,182)</u>	<u>112,672</u>
	<u>114,854</u>	<u>(2,182)</u>	<u>112,672</u>
Debt			
Debts falling due within 1 year	(3,346)	(247)	(3,593)
Debts falling due after 1 year	<u>(11,786)</u>	<u>3,502</u>	<u>(8,284)</u>
	<u>(15,132)</u>	<u>3,255</u>	<u>(11,877)</u>
Total	<u>99,722</u>	<u>1,073</u>	<u>100,795</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Nene Valley Christian Family Refuge Limited is an incorporated charity limited by guarantee, registered in England and Wales. The charity's number and registered office address can be found on the Company Information Page.

The presentation currency is the Pound Sterling (£).

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Government grant income is recognised once the charity has received a formal offer of funding in writing, unless performance conditions required deferral of the amount.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated between activities by direct allocation to refuges and resettlement with the balance to administration and support.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Leasehold improvements	- 2% on cost
Play equipment	- 20% on cost
Security equipment	- 33% on cost
Office equipment	- 33% on cost

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The trustees are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The trustees consider that the individual carrying values of assets are supportable by their value in use

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from the charitable company. Contributions payable for the year are charged in the Statement of Financial Activities.

Financial instruments

Cash and cash equivalents in the statement of financial position comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the statement of financial position. Finance costs and gains or losses relating to financial liabilities are included in the statement of financial activities. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies above.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	<u>42,929</u>	<u>36,640</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Group Work fees	-	2,228
Training Fees	<u>3,349</u>	<u>2,711</u>
	<u>3,349</u>	<u>4,939</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Interest received	<u>52</u>	<u>33</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2023	2022
		£	£
Residents' fees	Provision of refuges	137,317	138,180
Grants and contracted income	Provision of refuges	332,098	192,866
Residents' fees	Administration & support	1,130	-
Grants and contracted income	Administration & support	<u>147,521</u>	<u>146,491</u>
		<u>618,066</u>	<u>477,537</u>

Grants received, included in the above, are as follows:

	2023	2022
	£	£
West Northamptonshire Council	238,562	-
Charities Trust	50,000	-
Northamptonshire Police, Fire and Crime Commissioner	50,000	-
BBC Children in Need	38,855	32,175
Henry Smith Charity	30,000	-
Masonic Charitable Fund	23,977	23,728
Charles Haywood Foundation	20,000	-
Kick Start Scheme	10,990	3,000
Goodwill Solutions	9,985	-
The Kelly Family	5,000	-
Lloyds Bank Foundation for England and Wales	2,250	30,000
The National Lottery Community Fund - SHE project	-	113,859
Northampton Borough Council	-	96,963
Garfield Weston Foundation	-	20,000
Thomas Brington Foundation	-	10,000
The National Lottery Community Lottery Fund - Equine Facilitated Learning project	-	<u>9,632</u>
	<u>479,619</u>	<u>339,357</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

6. RAISING FUNDS

Raising donations and legacies

	2023 £	2022 £
Fund raising costs	<u>4,721</u>	<u>-</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 8) £	Support costs (see note 9) £	Totals £
Provision of refuges	281,391	269	281,660
Resettlement & day centre	167,315	4,077	171,392
Administration & support	38,296	169,435	207,731
Property depreciation and interest	<u>4,000</u>	<u>1,787</u>	<u>5,787</u>
	<u>491,002</u>	<u>175,568</u>	<u>666,570</u>

8. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2023 £	2022 £
Staff costs	338,388	362,219
Training	1,788	1,535
Material and equipment	13,424	4,256
Premises running costs	32,825	56,867
Maintenance charges	38,231	34,214
Rents and room hire	15,821	12,138
Motor and travelling costs	1,292	332
Holidays and excursions	784	762
Office and secretarial costs	20,583	9,692
Translation costs	28	973
DWP Access to work	11,084	19
Partner funding payments	12,000	12,000
Depreciation	<u>4,754</u>	<u>4,754</u>
	<u>491,002</u>	<u>499,761</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

9. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Provision of refuges	269	-	-	269
Resettlement & day centre	4,077	-	-	4,077
Administration & support	161,571	250	7,614	169,435
Property depreciation and interest	-	1,787	-	1,787
	<u>165,917</u>	<u>2,037</u>	<u>7,614</u>	<u>175,568</u>

Support costs, included in the above, are as follows:

Management

	Provision of refuges £	Resettlement & day centre £	Administration & support £	2023 Total activities £	2022 Total activities £
Wages	-	-	92,830	92,830	91,621
Social security	-	-	4,301	4,301	4,808
Pensions	-	-	5,283	5,283	5,032
Consultants fees	-	3,044	17,800	20,844	4,872
Training	-	-	1,801	1,801	2,286
Material and equipment	-	-	2,974	2,974	3,504
Hardship expenditure	11	-	-	11	292
Premises running costs	258	931	23,124	24,313	26,719
Motor and travelling costs	-	-	-	-	10
Office and secretarial costs	-	102	13,458	13,560	10,866
	<u>269</u>	<u>4,077</u>	<u>161,571</u>	<u>165,917</u>	<u>150,010</u>

Finance

	Administration & support £	Property depreciation and interest £	2023 Total activities £	2022 Total activities £
Bank charges	250	-	250	179
Depreciation of tangible fixed assets	-	1,200	1,200	1,200
Bank loan interest	-	587	587	392
	<u>250</u>	<u>1,787</u>	<u>2,037</u>	<u>1,771</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

9. SUPPORT COSTS - continued
Governance costs

	2023 Administration & support £	2022 Total activities £
Auditors' remuneration for audit	4,698	4,104
Auditors' remuneration for non audit work	<u>2,916</u>	<u>2,958</u>
	<u>7,614</u>	<u>7,062</u>

10. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Auditors' remuneration for audit	4,698	4,104
Other non-audit services	2,916	2,958
Depreciation - owned assets	<u>5,954</u>	<u>5,954</u>

11. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

12. STAFF COSTS

	2023 £	2022 £
Wages and salaries	403,185	425,029
Social security costs	26,347	27,459
Other pension costs	<u>11,270</u>	<u>11,192</u>
	<u>440,802</u>	<u>463,680</u>

During the year, remuneration paid to key management personnel totalled £145,135 (2022: £142,876).

The average monthly number of employees during the year was as follows:

	2023	2022
Staff	<u>23</u>	<u>24</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

13. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold improvements £	Play equipment £
COST			
At 1 April 2022 and 31 March 2023	<u>332,142</u>	<u>37,684</u>	<u>11,949</u>
DEPRECIATION			
At 1 April 2022	83,200	12,064	11,949
Charge for year	<u>5,200</u>	<u>754</u>	<u>-</u>
At 31 March 2023	<u>88,400</u>	<u>12,818</u>	<u>11,949</u>
NET BOOK VALUE			
At 31 March 2023	<u>243,742</u>	<u>24,866</u>	<u>-</u>
At 31 March 2022	<u>248,942</u>	<u>25,620</u>	<u>-</u>
	Security equipment £	Office equipment £	Totals £
COST			
At 1 April 2022 and 31 March 2023	<u>11,864</u>	<u>21,642</u>	<u>415,281</u>
DEPRECIATION			
At 1 April 2022	11,864	21,642	140,719
Charge for year	<u>-</u>	<u>-</u>	<u>5,954</u>
At 31 March 2023	<u>11,864</u>	<u>21,642</u>	<u>146,673</u>
NET BOOK VALUE			
At 31 March 2023	<u>-</u>	<u>-</u>	<u>268,608</u>
At 31 March 2022	<u>-</u>	<u>-</u>	<u>274,562</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Debtors	18,704	9,568
Prepayments and accrued income	<u>1,155</u>	<u>11,106</u>
	<u>19,859</u>	<u>20,674</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Bank loans and overdrafts (see note 17)	3,593	3,346
Trade creditors	17,873	19,283
Social security and other taxes	7,145	7,482
Other creditors	5,278	1,995
Accruals and deferred income	<u>6,778</u>	<u>7,115</u>
	<u>40,667</u>	<u>39,221</u>

16. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2023	2022
	£	£
Bank loans (see note 17)	<u>8,284</u>	<u>11,786</u>

17. LOANS

An analysis of the maturity of loans is given below:

	2023	2022
	£	£
Amounts falling due within one year on demand:		
Bank loans	<u>3,593</u>	<u>3,346</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>3,593</u>	<u>3,513</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>4,691</u>	<u>8,273</u>

18. SECURED DEBTS

The following secured debts are included within creditors:

	2023	2022
	£	£
Bank loans	<u>11,877</u>	<u>15,132</u>

The bank loan is secured on the freehold property.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	130	(47,893)	64,158	16,395
Freehold Property	233,810	(5,787)	3,842	231,865
Furniture replacement fund - Valley House	18,000	-	(18,000)	-
Refuge Development Fund	<u>50,000</u>	<u>-</u>	<u>(50,000)</u>	<u>-</u>
	301,940	(53,680)	-	248,260
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	26,067	(5,793)	-	20,274
Valley House improvements	12,123	-	-	12,123
Masonic Charitable Fund	18,089	17,984	-	36,073
Charities Trust	<u>-</u>	<u>35,749</u>	<u>-</u>	<u>35,749</u>
	<u>57,143</u>	<u>47,940</u>	<u>-</u>	<u>105,083</u>
TOTAL FUNDS	<u><u>359,083</u></u>	<u><u>(5,740)</u></u>	<u><u>-</u></u>	<u><u>353,343</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	436,074	(489,760)	(53,686)
Freehold Property	<u>-</u>	<u>(5,787)</u>	<u>(5,787)</u>
	436,074	(495,547)	(59,473)
Restricted funds			
Valley House maintenance fund	-	(5,793)	(5,793)
Henry Smith Charity	30,000	(30,000)	-
Children in Need	38,355	(38,355)	-
Masonic Charitable Fund	23,977	(5,993)	17,984
DWP Kickstart scheme	10,990	(10,990)	-
The Kelly Family	5,000	(5,000)	-
Charities Trust	50,000	(14,251)	35,749
Charles Hayward Foundation	20,000	(20,000)	-
Northamptonshire Police, Fire and Crime Commissioner	<u>50,000</u>	<u>(50,000)</u>	<u>-</u>
	<u>228,322</u>	<u>(180,382)</u>	<u>47,940</u>
TOTAL FUNDS	<u><u>664,396</u></u>	<u><u>(670,136)</u></u>	<u><u>(5,740)</u></u>

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	150,485	(150,474)	119	130
Freehold Property	235,521	(5,592)	3,881	233,810
Furniture replacement fund - Valley House	22,000	-	(4,000)	18,000
Refuge Development Fund	<u>50,000</u>	<u>-</u>	<u>-</u>	<u>50,000</u>
	458,006	(156,066)	-	301,940
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	26,067	-	-	26,067
Valley House improvements	12,123	-	-	12,123
MHCLG COVID funding	1,478	(1,478)	-	-
Masonic Charitable Fund	<u>-</u>	<u>18,089</u>	<u>-</u>	<u>18,089</u>
	<u>40,532</u>	<u>16,611</u>	<u>-</u>	<u>57,143</u>
TOTAL FUNDS	<u>498,538</u>	<u>(139,455)</u>	<u>-</u>	<u>359,083</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	440,614	(591,088)	(150,474)
Freehold Property	<u>-</u>	<u>(5,592)</u>	<u>(5,592)</u>
	440,614	(596,680)	(156,066)
Restricted funds			
Children in Need	32,175	(32,175)	-
MHCLG COVID funding	-	(1,478)	(1,478)
Thomas Brington Foundation	10,000	(10,000)	-
Masonic Charitable Fund	23,728	(5,639)	18,089
DWP Kickstart scheme	3,000	(3,000)	-
Equine facilitated learning project	<u>9,632</u>	<u>(9,632)</u>	<u>-</u>
	<u>78,535</u>	<u>(61,924)</u>	<u>16,611</u>
TOTAL FUNDS	<u>519,149</u>	<u>(658,604)</u>	<u>(139,455)</u>

Designated funds

The freehold property fund includes the freehold property NBV less the bank loan liability held against the property. The transfer during the year relates to the value of the repayments of the loan less the interest charged and the depreciation charged on the property during the year..

The furniture replacement fund for Valley House is for replacement furniture for the refuge.

19. MOVEMENT IN FUNDS - continued

The Refuge Development Fund is money ring fenced by the trustees for the development of refuge provision and services.

Restricted funds

The Development Project Fund relates to money received for training and development of the care workers.

The Valley House Maintenance and Valley House Improvement Funds are funds held for maintenance and improvements to Valley House Refuge.

The BBC Children in Need Fund is for salary costs, other staffing costs, volunteer expenses, small equipment and other project costs, specifically in relation to what was requested per the grant application.

The Masonic Charitable Fund was for the Children and Young Peoples service to provide the salary and on costs of an employee for the project.

The DWP Kickstart scheme funding is used to employ two new young employees under the Government funded scheme providing funding for employers to create jobs for 16-24 year old.

The Henry Smith Charity fund is funding that has been provided to aid with core charity costs.

The Kelly Family fund relates to funding received to strengthen the family unit by providing additional relief support.

The Charities Trust fund is funding received to support families into a new home and a new life.

The Charles Hayward Foundation fund relates to funding received for the Evolve programme.

The Northamptonshire Police, Fire and Crime Commissioner fund relates to funds received to provide specialist therapeutic groupwork programmes across the County.

2022 funds now ceased

The MHCLG COVID funding was for ICT support to enable staff to work from home and change delivery models to provision of online group work programmes and training to service users, including men, and professionals. It also provided essential supplies such as food for vulnerable families, cleaning equipment and PPE, and essential cleaning in refuges to ensure staff and service user safety, and also additional staff hours to provide cover for vacancies.

The Thomas Brington Foundation fund was to provide the salary and on costs for a new Domestic Abuse Relief Worker.

The National Lottery Community Fund - Awards for All funding was to fund the Equine Facilitated Learning Project. This funded classes, service user travel costs and crèche facilities.

Transfers between funds

Transfers between funds have been carried out due to the transfer of administration and management expenses.

20. RELATED PARTY DISCLOSURES

During the year website design services were provided to the charity by Bravery Design, a business owned and run by the son-in-law of C Morgan, the Chief Executive. Transactions were conducted at arm's length and totalled £994 (2022: £2,369). There was no balance due at the year end (2022: £nil).

During the year fundraising strategy development services were provided to the charity by Katie Jones, the daughter of C Morgan, the Chief Executive. Transactions were conducted at arm's length and totalled £9,932 (2022 :£1,500). There was no balance due at the year end (2022: £nil).

The Good Loaf CIC, a charity with a common director provided goods amounting to £180 (2022: £nil) to the charity.

There were no further related party transactions carried out during the year.

21. ULTIMATE CONTROLLING PARTY

The charity is under the control of its trustees.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

	2023 £	2022 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	42,929	36,640
Other trading activities		
Group Work fees	-	2,228
Training Fees	<u>3,349</u>	<u>2,711</u>
	3,349	4,939
Investment income		
Interest received	52	33
Charitable activities		
Residents' fees	138,447	138,180
Grants and contracted income	<u>479,619</u>	<u>339,357</u>
	<u>618,066</u>	<u>477,537</u>
Total incoming resources	664,396	519,149
EXPENDITURE		
Raising donations and legacies		
Fund raising costs	4,721	-
Charitable activities		
Wages	310,355	333,408
Social security	22,046	22,651
Pensions	5,987	6,160
Training	1,788	1,535
Material and equipment	13,424	4,256
Premises running costs	32,825	56,867
Maintenance charges	38,231	34,214
Rents and room hire	15,821	12,138
Motor and travelling costs	1,292	332
Holidays and excursions	784	762
Office and secretarial costs	20,583	9,692
Translation costs	28	973
DWP Access to work	11,084	19
Partner funding payments	12,000	12,000
Depreciation of tangible fixed assets	<u>4,754</u>	<u>4,754</u>
	491,002	499,761
Support costs		
Management		
Wages	92,830	91,621
Carried forward	92,830	91,621

This page does not form part of the statutory financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2023**

	2023 £	2022 £
Management		
Brought forward	92,830	91,621
Social security	4,301	4,808
Pensions	5,283	5,032
Consultants fees	20,844	4,872
Training	1,801	2,286
Material and equipment	2,974	3,504
Hardship expenditure	11	292
Premises running costs	24,313	26,719
Motor and travelling costs	-	10
Office and secretarial costs	<u>13,560</u>	<u>10,866</u>
	165,917	150,010
Finance		
Bank charges	250	179
Depreciation of tangible fixed assets	1,200	1,200
Bank loan interest	<u>587</u>	<u>392</u>
	2,037	1,771
Governance costs		
Auditors' remuneration for audit	4,698	4,104
Auditors' remuneration for non audit work	<u>2,916</u>	<u>2,958</u>
	<u>7,614</u>	<u>7,062</u>
Total resources expended	<u>671,291</u>	<u>658,604</u>
Net expenditure	<u>(6,895)</u>	<u>(139,455)</u>

This page does not form part of the statutory financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

England & Wales - Charity number 298154

Accounts

REGISTERED COMPANY NUMBER: 02226878 (England and Wales)
REGISTERED CHARITY NUMBER: 298154

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR
NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED**

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2022**

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NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**REFERENCE AND ADMINISTRATIVE DETAILS
FOR THE YEAR ENDED 31 MARCH 2022**

TRUSTEES	R J Moisey S Van Rooyen E L Fletcher S Whipp D Parkinson-Mais (appointed 1/5/21) K Dhlamini (appointed 9/5/22)
REGISTERED OFFICE	Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
REGISTERED COMPANY NUMBER	02226878 (England and Wales)
REGISTERED CHARITY NUMBER	298154
AUDITORS	DNG Dove Naish LLP, Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
SOLICITORS	Tollers 2 Castilian Street Northampton NN1 1JX
WEBSITE	www.nvcfr.org.uk

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Principal activity and charitable objects

The company is limited by guarantee (Company Number 2226878) and governed by a Memorandum and Articles of Association. It is registered with the Charity Commission as charity number 298154 and is principally engaged in the provision of refuge accommodation to women and children escaping family violence. However a wide range of additional related services form the work of Nene Valley Christian Family Refuge. EVE is the working name of the charity.

NVCFR has been a trusted source of support to women and children escaping domestic abuse in Northamptonshire for more than 40 years, growing, developing and responding to the needs of families in Northamptonshire and beyond, and the dynamic nature of domestic abuse. We have seen need significantly increase in all areas throughout this financial year due to the COVID pandemic and its ensuing lockdowns.

NVCFR have supported women, children and families through a variety of programmes specifically designed to meet their needs, including mental ill-health, food poverty, child poverty, homelessness, pregnancy, drug and alcohol abuse as well as the various issues caused by domestic abuse. As always, we could not have done it without the support of many people across the County, including Churches, local businesses and local and national grant makers too, who have generously donated clothes, food, and money to support the families we work with.

We could not have helped so many people to leave behind the trauma and effects of domestic abuse without the dedication, skill and enthusiasm of our amazing staff and volunteer team. Every one of them works tirelessly, whatever their role, to the absolute best of their ability. The pandemic has provided additional challenges; challenges that the team have risen to mostly with cheerfulness, sometimes with gritted teeth but always with an incredible sense of team spirit. Our staff and volunteers are at the very heart of who we are, what we do and the difference we make.

Objectives for 2021/22

Eve has been successful in meeting its objectives for 2021/22

- Further develop our services to continue meeting the complex needs of survivors through trauma informed provisions that help women and children escape abuse and recover.
- Continued development and delivery of an online training platform that gives professionals, community leaders and others, opportunities to increase their knowledge and understanding of working with survivors of domestic abuse with complex needs.
- Continued development of income generation services.
- Further develop relationships with organisations and services that specifically meet the needs of BAME and other groups, including groups that work with children and young people.

The following report provides the details in how we have achieved these objectives.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our response to COVID-19 Pandemic

18,743 domestic abuse related offences and incidents, including stalking, harassment and coercive control were recorded in Northamptonshire during 2020/21 (Office of National Statistics, 2021), compared to 13,007 for 2019/20, with a reported 18% increase as a direct result of the Coronavirus pandemic. This is the equivalent of 25 incidents per 1000 people in the population. 66% of these were recorded as crimes (compared to 58% for England and Wales), representing 36% of violent crime and 20.2% of all crime (compared to 18% for England and Wales) - an increase of four percentage points on the previous period.

In addition, 4,685 child protection referrals were made due to domestic abuse - the most common reason - in the same period. There is limited local data available on victims facing multiple and complex needs, but anecdotal evidence suggests that levels of comorbid conditions, including mental health and substance misuse, are considerable.

Our response has been to work together to maintain a COVID-secure environment for service users and staff. Risk assessments were undertaken in all our buildings and against all our service delivery. Resources were provided to keep staff and service users safe, and we introduced a virtual delivery strategy across all our systems and programmes. Staff quickly adapted to home working alongside the necessary new processes and procedures that entailed, to keep people safe. The speed and significance of the changes made to delivery cannot be underestimated, nor the flexibility and imagination required to implement them.

We worked diligently with statutory and voluntary sector organisations across the county, sharing knowledge and ideas and we published campaigns to promote our new silent solutions service and ongoing delivery of our perpetrator programmes to raise awareness of and support for victims/survivors of domestic abuse. This was undertaken against the backdrop of emerging national legislative changes and local government reform. We have worked closely with our council and voluntary sector colleagues to understand the impact and implications of moving to two Unitary Authorities; and we contributed locally and nationally to the progression of the Domestic Abuse Bill (which received Royal Assent but was not signed into law until 29th April 2021).

As key workers, staff worked throughout lockdowns on a rota basis, supported by staff that were working from home due to shielding. This enabled us to continue to provide refuge services, supporting service users to maintain wellbeing and mental health by running small groups within refuge and then in our Women's Centre once restrictions allowed. Policies and procedures were reviewed and adapted to meet the safety needs of our residents and staff and to enable us to continue working to provide refuge spaces for families experiencing domestic abuse.

All staff were supported to be able to work from home where necessary with an upgrade in technologies such as video-conferencing facilities and IT communication equipment. Daily virtual team meetings were put in place to enable connection with work colleagues and Group Peer Support seminars supported staff wellbeing and mental health.

Our face-to-face service delivery continued where it was safe and appropriate to do so but in much smaller groups in accordance with government guidelines. Other specialist group work was conducted online via video conferencing platforms. Staff and service users learned quickly to use and support each other in new technology. Laptops and iPads were sourced to support families in refuge and in community, allowing them to communicate with staff easily and take part in sessions.

We set up a new 'Silent Solution' service for women living with their abuser through lockdowns, enabling them to text and/or email for support, guidance, information and advice about their situation. This was in response to the 'shadow pandemic' of domestic abuse and a huge increase of calls to the National Domestic Abuse Helpline. We initially noted a 38.5% drop off in calls to our own helpline and felt that this was because women were finding it difficult to contact our staff for help and support while in lockdown with their abuser, due to being unable to speak confidently. This service has supported a number of women to find the help that they and their children have needed, including enabling perpetrators of abuse to access our behaviour change programme.

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Successful funding applications for emergency funds were made to Northamptonshire Community Foundation, Ministry for Housing, Communities and Local Government, The National Lottery Community Foundation, Lloyds Foundation Trust, Children in Need and the Office for Police, Fire and Crime Commissioner to be able to meet our obligations to service users and staff.

Eve has worked with more than 679 individuals across all our services during this financial year, almost double the number worked with in any previous year.

Refuge

30 women and 16 children stayed in our refuge during 2021/22. 19 residents were considered to be high risk with others having a range of complex needs including:

- 1 who was pregnant
- 5 who had a disability
- 14 who had mental health issues
- 3 who had learning difficulties
- 2 who misused drugs and/or alcohol
- 3 who did not speak English / English as a second language

This is a 20% rise in additional complex needs from 2020/21.

50% of women resident in our refuges and 22% of women in our community services were from Black, Brown and other Minority Ethnic backgrounds.

We recorded the following risk levels from service users' perpetrators

- Low risk = 6%
- Medium risk = 31%
- High risk = 63%

Our support to women with a high risk from their perpetrator has increased by 8% on last year.

Eve received 997 contacts (an increase of 15.5% on last year) and were unable to offer a service to 167 of these women for several reasons, including:

- 44 no vacancies
- 11 unsuitable accommodation
- 17 High risk
- 1 not eligible for service
- 7 unsupported complex need

The number of women we were unable to offer a service to decreased by 25% on 2020/21.

Our occupancy rates were 75% for Valley House and 30% for Grace House.

Community Service

41 women and 107 children participated in our Community Service during 2021/22. These families were able to live in their own accommodation, receiving a range of services at our Women's Centre. Services including, The Restored Programme, The SHE Programme, Therapeutic Services, Group Work Services, Children's Services and Keyworker sessions.

13 service users were assessed as being high risk with others having a range of complex needs including:

- 4 who had a disability
- 8 who had mental health issues
- 22% who did not speak English / English as a second language

We recorded the following risk levels from service users' perpetrators

- Low risk = 32%
- Medium risk = 27%
- High risk = 41%

**REPORT OF THE TRUSTEES
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The Restored Programme

Our Restored Programme is the core of all our delivery to our female service users. Providing a comprehensive assessment process, the programme is needs led and highly individualised. Restored is offered across all our women and children services. Keyworkers support service users to achieve against 5 positive outcomes and to track their journey so that they are able to recognise and celebrate their achievements.

Restored includes a range of the following therapeutic interventions and activities:

Group Work

Therapeutic Services

Children and Young People's Services

A range of activities that support the development of self-esteem, confidence and resilience

Educational development activities

Volunteering activities

We accepted 41 new service users onto the programme this year. 26 women participated in our therapeutic services and 21 women attended our Group Work only outreach provision, participating in a range of specialised group work including our own Stay Free programme as well as Freedom and Own My Life.

100% of service users who completed both before and after questionnaires reported improved feelings of safety.

Therapeutic Services

26 women engaged in Therapeutic 1:1 and group work programmes during the year.

Service users took part in a range of therapeutic group-work activities designed to raise self-esteem, improve mental health and equip each user with skills that foster independence, autonomy and resilience by enabling them to manage the impact of trauma on their anxiety, stress and emotions. Service users reported feeling more independent and better able to perform activities such as parenting, preparing healthy meals and maintaining safety.

Case Study

Leona's abuse escalated significantly during her pregnancy. After her baby was born, Leona was monitored by the maternal mental health team, the risk Leona and her baby faced from her perpetrator was so severe that they were referred out of county to eve.

Leona stayed in eve's refuge attending our Restored Programme, participating in different groups every day to build her self-esteem and begin to map out her future. She did therapeutic activities and assertiveness training which helped her regain her sense of who she was. eve provided the support Leona needed to fight for custody of her child in court.

"My life has really turned around. I'm back in work, my child - who's now three - is in nursery and I'm happy with my life. I'd recommend eve to anyone going through domestic abuse. I owe my life to them. They made me feel safe and looked after me. I had been isolated for so long I really thought that everyone hated me. I was scared. Thanks to eve I'm now in a much better place and thanks to the court order they supported me to get, I know we're both safe."

The Final Evaluation Report delivered by the Institute for Public Safety, Crime and Justice at the University of Northampton stated that the evidence for Restored was very positive.

Service user satisfaction was very positive, only one participant disagreed with any of the statements, disagreeing to the statement 'I had a say in how this service was delivered to me, and could ask for what I wanted'. Most participants strongly agreed (SA) with the statements and all or nearly all agreed (A) that:

- Overall, I am satisfied with the services I have received (SA=84%, A=97%)
- I had a say in how this service was delivered to me, and could ask for what I wanted (SA=74%, A=97%)
- Staff respected my religious and spiritual beliefs (SA=81%, A=97%)

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- Staff spoke in a way that I understood (SA=87%, A=97%)
- Staff were sensitive to my cultural and ethnic background (SA=94%, A=100%)
- This was the service I needed (SA=94%. A=100%)

Women described gaining confidence and self-esteem as they learned more about domestic violence, their rights and how to stay safe. Most women stated that the provision itself could not be improved, though it was noted by some how Covid-19 had affected their overall experiences. Suggestions for improvements by women tended to relate to increasing the reach and accessibility of the programme and awareness of, and utilisation, of the programme by other agencies.

Children and Young People's Services - Refresh

Funding from Children in Need and the Masonic Charitable Foundation supported our Children and Young People's Practitioners to work with a total of 123 children and young people this year across both our refuge and community services.

The Children and Young People's Practitioners work within the refuge increased during the pandemic and a robust programme of activities and interventions was continued to support families coping with living in refuge while COVID restrictions were still in place during the spring of 2021.

Eighteen children were admitted to our services on Safeguarding Plans, an increase of 3% on 2020/2021.

Three families came in with an interim care order, two of these families left our service with no social care involvement.

Six families came into service on child protection plans (CP). Two of these families left our service with no social services involvement, with four families stepping down to 'child in need' at the end of service.

Five children came into service with child in need plans (CIN). Three of these families no longer have social services involvement.

Seven families entered service on Early Help plans, Five stepped down and two have no further involvement with professionals.

Case Study

Family C came into our refuge having fled domestic abuse from another area of the Country. Mum, two boys (D & S) and a girl (L), all aged under five, lived in refuge for 14 months. All the children had been victims/witnesses to domestic abuse, including verbal, physical, emotional and financial abuse. The children were subjected to emotional manipulation and bullying. The perpetrator would deliberately cause the boys to argue and fight, causing disruption in their relationship, which resulted in significant physical aggression between them and to other children. The girl was physically and emotionally immature for her age and had not reached some of her expected milestones, especially in speech and communication, toileting and becoming more independent.

Mum was suffering from severe anxiety and stress, she believed that she was a bad parent and that she was unable to parent her children well. The perpetrator had coerced her into believing that she would lose the children to social services, so she was very fearful of any intervention or help.

The children were assessed by our CYPP team and were found to be low in self-esteem, social and emotional wellbeing and family relationships.

Initially, there was some improvement and the family settled well into refuge life. There were other young mums and young children in residence and the family quickly became integrated into the community. However, lockdown had a negative effect on mum's mental health as she was unable to take the boys to school. Mum would not allow L to go to nursery as she took a lot of comfort from her youngest child's presence. The boys began to fight with other children.

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CYPPs staged an intervention persuading and helping mum to clean and organize their room. They provided 'respite' care for the children and supported mum to access help from the GP. They referred mum to our Therapeutic Services, including 1:1 counselling and wellbeing support.

D & S were given Protective Behaviours and were supported to explore their feelings through 1:1 work and Lego therapy. CYPPs supported them to access school and enabled mum to take L to a nursery. School and nursery reports said that D & S's aggressive behaviours had significantly decreased, and L was catching up with milestones, being able to talk in simple sentences and communicate her needs well.

Mum was able to continue accessing our therapeutic group work on moving back to live in her home town by using our zoom service. On leaving us our data showed that they had all made significant progress in all outcomes.

The SHE Programme

The Final report on the SHE programme conducted by The Institute for Public Safety, Crime and Justice at The University of Northampton found that despite the challenges of COVID the evidence presented shows positive effects for both women and men, perpetrators, and survivors of domestic violence, with the service providing important provision within the county. Staff within eve were recognised as being very helpful, supportive and non-judgemental, with their inputs leading to valuable and positive benefits for service users.

SHE - Partner Support

125 families were referred to our SHE programme for partners, ex-partners and children of men on the Evolve Programme.

- Number of families (women and children) referred and offered an assessment: 125
- Number of families attending assessment: 86 families were assessed.
- Number of families accepting support:
 - 41 families requested a 6-week safety call back,
 - 15 accepted Minimum Safety Support (MSS) which means weekly calls whilst their partner attends the group and calls if we discover anything that impacts their safety whilst their partner is on the group.
 - 30 who accepted Integrated Support Service (ISS) aka the Restored programme.
- Number of families completed SHE Restored - 8

SHE is funded by The National Lottery Community Foundation to deliver activities that support women, children and families who are victims of domestic abuse to develop self-esteem, confidence and resilience. SHE has enabled women to choose the right support for their families. Some women have chosen a minimum engagement with SHE for safety support only and this has maintained and strengthened their safety whilst their partner, or ex-partner, has engaged in the programme. Other women and children have engaged in the full Restored programme which works holistically to build the strengths of women and children to enable them to move on from domestic abuse

Evolve

As a significant part of the SHE programme, our Domestic Violence Perpetrator Team have delivered Evolve, a programme to enable male partners and ex-partners to choose to change the attitudes, beliefs and values that allow coercive and abusive behaviours. This 30-week programme is based on the Duluth method.

During this year Evolve was successfully assessed and awarded The Respect Standard for our safe work with perpetrators and survivors. Respect Accreditation for work with perpetrators of domestic abuse is based on a set of working principles. All Respect Accredited services are held to this standard to ensure only safe and effective work with perpetrators of domestic abuse takes place.

Referrals to the Evolve Behaviour Change Programme are as follows:

- Total referrals to the service 125 males, 5 females
- 55 men and 2 women attended their assessment. Some referrals were not assessed due to non-engagement or not taking responsibility during the initial telephone call.

**REPORT OF THE TRUSTEES
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- 36 men and 1 woman were offered a place on the group. Although offered a place not all these 37 actually started, mostly due to a change in circumstances such as work commitments. Some men were deemed not suitable for group work at assessment due to not taking responsibility for abuse, not wanting to take part in a group or being an inappropriate referral.
- 27 men started on the group. Neither of the 2 women started the group due to reasons already stated.
- 9 men have completed Evolve and a further 6 have completed more than 12+ sessions.
- 12 men were de-selected due to further incident or not being able to commit to the group leading to non-attendance.
- 11 men are currently participating on Evolve and a further 10 are on the waiting list for assessment.

The Final Interim Evaluation Report delivered by the Institute for Public Safety, Crime and Justice at the University of Northampton stated that service user satisfaction was very positive, no participants disagreed with any of the statements with most participants strongly agreeing (SA) and all or nearly all agreeing (A) that:

- Overall, I am satisfied with the services I have received (SA=75%, A=100%)
- I had a say in how this service was delivered to me, and could ask for what I wanted (SA=67%, A=92%)
- Staff respected my religious and spiritual beliefs (SA=75%, A=83%)
- Staff spoke in a way that I understood (SA=100%, A=100%)
- Staff were sensitive to my cultural and ethnic background (SA=92%, A=100%)
- This was the service I needed (SA=58%, A=100%)

All other participants agreed except in two cases participants were undecided as to whether staff respected their religious and spiritual beliefs and in one case a participant selected undecided to the statement 'I had a say in how this service was delivered to me, and I could ask for what I wanted.'

Case Study

Client P was referred to the programme by Northamptonshire children's trust in 2021. P had separated from his partner and the family were on a Public Law Outline, which sets out the various stages of the process when the local authority is applying for a care or supervision order.

P was initially reluctant to take part in Evolve but has recently completed the group after attending most of the 32 sessions. While participating in Evolve, P heard that his children would remain in care, however he was able to manage his emotions and use the group as a support.

I asked the client:

1. How would you describe the need to take part in the group? Initially, I did the group to get my children back but as time went on and I got into the group, I realised I really did need it. I always reverted to anger but now I don't, I'm different now. It was awesome.
2. What did you get out of the group? Not to react in a negative way. I have a whole different perspective in life. Before I would fight or argue it out but now, I look at it from a different perspective. I have a different outlook now, it's weird.
3. What are your hopes/plans now? To progress in my career and be happy and settled.
4. What are your achievements/successes? 100% better relationships with everyone. I got back in touch with my real Dad, we met up and I actually listened whereas before I would have kicked off. We actually have started to have a relationship now.

P explained that after 32 weeks of the group, it feels strange not going to Evolve now, but he said that the handouts and the paperwork are really useful. P went on to say that he was so grateful and that while initially it seemed like a waste of time, he quickly realised that the group was beneficial, and it has changed his life.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Expert Training

We believe that knowledge is power and is vital in ensuring that professionals and communities are aware of domestic abuse and its many forms. As such our Training Department is well-established as a source of excellent quality training and development for professional staff, community leaders and volunteers.

We have delivered to different agencies with a range of core courses and bespoke programmes written especially for the audience. Most training has been delivered online, except where clients have specifically requested face to face delivery of bespoke courses. Core and Volunteer Training Programmes were delivered to new staff and volunteers along with training updates to existing staff and volunteers.

Clients have ranged from statutory sector, third sector and community organisations including Re:Store, The University of Northampton and Principal Medical. Training evaluations are consistently good to excellent, with participants citing the knowledge, expertise and delivery style of our Training Coordinators as a reason for their enjoyment of the course.

- Total number of participants: 215
- Total number of courses: 30
- Total number of agencies receiving bespoke training: 4
- Number of core training programmes delivered to staff: 2

Our Training Coordinators have been involved in supporting and developing conversations with organisations who work with and for Black and Minority Ethnic Communities in the Interpersonal Violence sector making strong links with local and national organisations.

Inter-Agency Networks and Partnerships

Partnership and inter-agency networking is a key factor in providing holistic services for our service users and is often a requirement of service delivery. Eve is an active member of a wide range of networks and forums, including Northamptonshire Against Domestic and Sexual Abuse (NADASA) and Community Safety Partnerships, Honour Based Abuse and FGM Steering Group and both North and West Northants Domestic Abuse and Sexual Violence Boards. We are also members of the Black Women's Domestic Abuse Group, an offshoot of the Northampton Women's Forum.

We have worked with Northampton Community Safety Partnership to provide information, advice and guidance to women in different communities across the town and have supported the Police in their information awareness campaigns.

We have further developed our partnership with The University of Northampton, working with the Institute for Public Safety, Crime and Justice to deliver the SHE project.

We work with a range of statutory, community, charitable and other organisations to provide information, advice, guidance and support to our service users. These include:

Charity Link
Children in Need Emergency trust
Glasspool
Restore foodbank and Daylight Centre foodbank
Northampton Children's Trust
MARAC
Sunflower Centre
Northamptonshire Domestic Abuse Service
Voice
West Northants Council
North Northants Council
Northampton Partnership Homes
Mental Health services
S2S and Aquarius- drug and alcohol services
Duncan Lewis solicitors
County and Magistrate courts
Mount Pleasant Baptist Church

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Abington Avenue United Reformed Church
New Life Church
Carey Baptist Church
Queensgrove Methodist Church
St Giles Church

Contracts

Eve holds a number of contracts with funders to deliver a variety of services across the organisation.

These are:

- The National Lottery Community Fund to provide specialist, holistic services for women and children. This is a 3-year contract running from June 2019 to June 2022. The University of Northampton evaluates this project.
- Children in Need to provide funding for Children's Services from July 2021 to June 2024.
- Garfield Weston, Thomas Brington and Masonic Charitable Foundation for various projects.
- West and North Northants Councils provide funding for refuge and community services.

Management agreements

Our refuge, Valley House, is owned by EMH Homes and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

Our second refuge is owned by Mount Pleasant Baptist Church and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

FINANCIAL REVIEW

Reserves policy

The Council of Management seeks to hold free reserves at least equal to 3 months general running costs of the charity, which equates to approximately £147,000. General funds are currently only £130, however designated funds of £68,000 are held for use as designated by the trustees at the year end also. The Trustees and management will continue to strive to bring the general funds in line with the reserves policy in the next financial year.

The net deficit for the year amounted to £139,455 as shown on the SOFA. The total funds carried forward at the yearend is £359,083 of which £130 is free unrestricted funds. £57,143 is held in restricted funds and designated unrestricted funds total £301,810. Total unrestricted funds total £301,940. The trustees consider that the charity has adequate resources to maintain its ongoing work and to prepare for future developments.

Certain grants have been given for specific purposes and these are shown as restricted funds (see notes). Other designated funds have been set aside out of unrestricted funds (see notes).

The financial support of charitable trusts, local authorities and other donors is greatly appreciated and enables the charity's work to be sustained.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

FUTURE DEVELOPMENTS

Objectives for 2022/23

During the next financial year, we intend to achieve our aims by continuing to build and develop our services so that they persist in meeting the needs of the families we work with.

Our Aims are:

Protect people at risk of domestic abuse and empower them to protect themselves

Proclaim freedom and a future for people affected by domestic abuse

Provide services that support survivors to thrive

Prevent another generation of abusive family relationships

Prepare survivors to live the lives they want to lead

To meet these Aims, our Objectives will be:

- Increase the safety of women and children affected by abuse
- Raise awareness of domestic abuse and its' impact on women, children and society
- Increase financial diversity
- Increase information about domestic abuse and where people can find help and support.
- Improve the physical, emotional and social health of women and children affected by domestic abuse

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is constituted as a company limited by guarantee.

Public Benefit

The trustees have had regard to the guidance on public benefit published by the Charity Commission.

The work of Nene Valley Christian Family Refuge is of public benefit, raising awareness of domestic abuse and providing a range of comprehensive, holistic support services that enable women and children who are experiencing this to access safe temporary accommodation, as well as specialist support when they are rehoused in the local community.

Recruitment and appointment of new trustees

Potential trustees are interviewed by existing trustees and discussions are held with the CEO. No appointment is made unless all existing trustees are in agreement and satisfactory references and DBS screening is obtained. All trustees are required to sign a declaration regarding their legal eligibility to be a trustee. An induction period is given once appointment has been agreed.

Organisational structure

The CEO has delegated responsibility for day to day running/management of the organisation. The name of the CEO is not disclosed in this report under exemption from the SORP paragraph 1.29 on the grounds that it could lead to the person being placed in personal danger due to the nature of the charity.

Key management remuneration

The remuneration and pay of management roles are reviewed annually by the trustees having regard to similar roles elsewhere in the charity sector and after considering the relationship with the salaries of other staff members.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Trustees are constantly aware of risk and are fully aware of their responsibilities. Maintaining clear written policies, including a reserves policy, mitigates risk. The ongoing expansion of the charity's work, proposed major developments and continuing developments with government initiatives, all contribute to the need to be vigilant in identifying and managing risk. The trustees are committed to working with the CEO in reviewing and updating all written policies and procedures on a regular basis and to ensure that a comprehensive risk assessment is carried out. The trustees acknowledge the risk of the loss of a key player - trustee or senior staff member - and are alert to the risk inherent in heavy reliance on a single source of funding.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Nene Valley Christian Family Refuge Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, DNG Dove Naish LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 11 NOV 2022 and signed on its behalf by:



S Van Rooyen - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Opinion

We have audited the financial statements of Nene Valley Christian Family Refuge Limited (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud in the following areas: timing of recognition of commercial income, posting of unusual journals along with complex transactions and manipulating the Company's key performance indicators to meet targets. We discussed these risks with client management, designed audit procedures to test the timing of commercial revenue, tested a sample of journals to confirm they were appropriate and reviewed areas of judgement for indicators of management bias to address these risks.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED**

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

DNG Dove Naish LLP

for and on behalf of DNG Dove Naish LLP, Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 14 November 2022

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	36,640	-	36,640	58,120
Charitable activities					
Provision of refuges		265,143	65,903	331,046	333,615
Resettlement & day centre		-	-	-	2,035
Administration & support		133,859	12,632	146,491	293,359
Other trading activities	3	4,939	-	4,939	2,336
Investment income	4	33	-	33	64
Total		<u>440,614</u>	<u>78,535</u>	<u>519,149</u>	<u>689,529</u>
EXPENDITURE ON					
Charitable activities					
	6				
Provision of refuges		248,929	49,292	298,221	190,975
Resettlement & day centre		164,045	-	164,045	109,652
Administration & support		178,114	12,632	190,746	307,509
Property depreciation and interest		5,592	-	5,592	5,655
Total		<u>596,680</u>	<u>61,924</u>	<u>658,604</u>	<u>613,791</u>
NET INCOME/(EXPENDITURE)		(156,066)	16,611	(139,455)	75,738
RECONCILIATION OF FUNDS					
Total funds brought forward		458,006	40,532	498,538	422,800
TOTAL FUNDS CARRIED FORWARD		<u>301,940</u>	<u>57,143</u>	<u>359,083</u>	<u>498,538</u>

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	12	274,562	-	274,562	280,516
CURRENT ASSETS					
Debtors	13	20,674	-	20,674	18,303
Cash at bank and in hand		<u>57,711</u>	<u>57,143</u>	<u>114,854</u>	<u>252,316</u>
		78,385	57,143	135,528	270,619
CREDITORS					
Amounts falling due within one year	14	(39,221)	-	(39,221)	(37,298)
NET CURRENT ASSETS		<u>39,164</u>	<u>57,143</u>	<u>96,307</u>	<u>233,321</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		313,726	57,143	370,869	513,837
CREDITORS					
Amounts falling due after more than one year	15	(11,786)	-	(11,786)	(15,299)
NET ASSETS		<u>301,940</u>	<u>57,143</u>	<u>359,083</u>	<u>498,538</u>
FUNDS	18				
Unrestricted funds:					
General fund				130	150,486
Freehold Property				233,810	235,520
Furniture replacement fund - Valley House				18,000	22,000
Refuge Development Fund				<u>50,000</u>	<u>50,000</u>
				<u>301,940</u>	<u>458,006</u>
Restricted funds				<u>57,143</u>	<u>40,532</u>
TOTAL FUNDS				<u>359,083</u>	<u>498,538</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2022

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 NOV 2022 and were signed on its behalf by:



S Van Rooyen - Trustee



E L Fletcher - Trustee

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	(133,579)	94,316
Interest paid		<u>(392)</u>	<u>(455)</u>
Net cash (used in)/provided by operating activities		<u>(133,971)</u>	<u>93,861</u>
Cash flows from financing activities			
Loan repayments in year		<u>(3,491)</u>	<u>(3,427)</u>
Net cash used in financing activities		<u>(3,491)</u>	<u>(3,427)</u>
Change in cash and cash equivalents in the reporting period		(137,462)	90,434
Cash and cash equivalents at the beginning of the reporting period		<u>252,316</u>	<u>161,882</u>
Cash and cash equivalents at the end of the reporting period		<u><u>114,854</u></u>	<u><u>252,316</u></u>

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022**

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(139,455)	75,738
Adjustments for:		
Depreciation charges	5,954	5,954
Interest paid	392	455
(Increase)/decrease in debtors	(2,371)	1,494
Increase in creditors	<u>1,901</u>	<u>10,675</u>
Net cash (used in)/provided by operations	<u>(133,579)</u>	<u>94,316</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/21 £	Cash flow £	At 31/3/22 £
Net cash			
Cash at bank and in hand	<u>252,316</u>	<u>(137,462)</u>	<u>114,854</u>
	<u>252,316</u>	<u>(137,462)</u>	<u>114,854</u>
Debt			
Debts falling due within 1 year	(3,324)	(22)	(3,346)
Debts falling due after 1 year	<u>(15,299)</u>	<u>3,513</u>	<u>(11,786)</u>
	<u>(18,623)</u>	<u>3,491</u>	<u>(15,132)</u>
Total	<u>233,693</u>	<u>(133,971)</u>	<u>99,722</u>

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Nene Valley Christian Family Refuge Limited is an incorporated charity limited by guarantee, registered in England and Wales. The charity's number and registered office address can be found on the Company Information Page.

The presentation currency is the Pound Sterling (£).

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Government grant income is recognised once the charity has received a formal offer of funding in writing, unless performance conditions required deferral of the amount.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated between activities by direct allocation to refuges and resettlement with the balance to administration and support.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Leasehold improvements	- 2% on cost
Play equipment	- 20% on cost
Security equipment	- 33% on cost
Office equipment	- 33% on cost

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The trustees are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The trustees consider that the individual carrying values of assets are supportable by their value in use

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from the charitable company. Contributions payable for the year are charged in the Statement of Financial Activities.

Financial instruments

Cash and cash equivalents in the statement of financial position comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the statement of financial position. Finance costs and gains or losses relating to financial liabilities are included in the statement of financial activities. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies above.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	36,640	53,120
Legacies	-	5,000
	<u>36,640</u>	<u>58,120</u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Group Work fees	2,228	383
Training Fees	<u>2,711</u>	<u>1,953</u>
	<u>4,939</u>	<u>2,336</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Interest received	<u>33</u>	<u>64</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2022	2021
		£	£
Residents' fees	Provision of refuges	138,180	150,821
Grants and contracted income	Provision of refuges	192,866	182,794
Grants and contracted income	Resettlement & day centre	-	2,035
Grants and contracted income	Administration & support	<u>146,491</u>	<u>293,359</u>
		<u>477,537</u>	<u>629,009</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
The National Lottery Community Fund - SHE project	113,859	157,484
Northampton Borough Council	96,963	96,963
BBC Children in Need	32,175	2,852
Lloyds Bank Foundation for England and Wales	30,000	82,980
Masonic Charitable Fund	23,728	-
Garfield Weston Foundation	20,000	-
Thomas Brington Foundation	10,000	-
The National Lottery Community Lottery Fund - Equine Facilitated Learning project	9,632	-
Kick Start Scheme	3,000	-
Northamptonshire Police, Fire and Crime Commissioner	-	75,266
Ministry of Housing, Communities and Local Government	<u>-</u>	<u>43,204</u>
Carried forward	339,357	458,749

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2022	2021
	£	£
Brought forward	339,357	458,749
Coronavirus Job Retention Scheme	-	7,966
Greenhalgh Trust Award	-	3,500
Stewardship Grant	-	3,000
Department of work and pensions	-	2,072
Northamptonshire Community Foundation	-	2,901
	<u>339,357</u>	<u>478,188</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7)	Support costs (see note 8)	Totals
	£	£	£
Provision of refuges	296,593	1,628	298,221
Resettlement & day centre	163,496	549	164,045
Administration & support	35,672	155,074	190,746
Property depreciation and interest	<u>4,000</u>	<u>1,592</u>	<u>5,592</u>
	<u>499,761</u>	<u>158,843</u>	<u>658,604</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Staff costs	362,219	198,321
Consultants fees	-	5,000
Training	1,535	3,030
Material and equipment	4,256	4,212
Premises running costs	56,867	36,209
Maintenance charges	34,214	31,962
Rents and room hire	12,138	13,304
Motor and travelling costs	332	453
Holidays and excursions	762	210
Northamptonshire Breakthrough Project expenses	-	1,375
Office and secretarial costs	9,692	17,270
Translation costs	973	416
DWP Access to work	19	2,111
Partner funding payments	12,000	-
Depreciation	<u>4,754</u>	<u>4,754</u>
	<u>499,761</u>	<u>318,627</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Provision of refuges	1,628	-	-	1,628
Resettlement & day centre	549	-	-	549
Administration & support	147,833	179	7,062	155,074
Property depreciation and interest	-	1,592	-	1,592
	<u>150,010</u>	<u>1,771</u>	<u>7,062</u>	<u>158,843</u>

Support costs, included in the above, are as follows:

Management

	Provision of refuges £	Resettlement & day centre £	Administration & support £	2022 Total activities £	2021 Total activities £
Wages	-	-	91,621	91,621	224,124
Social security	-	-	4,808	4,808	11,966
Pensions	-	-	5,032	5,032	4,679
Consultants fees	-	-	4,872	4,872	1,201
Training	-	-	2,286	2,286	1,274
Material and equipment	-	-	3,504	3,504	5,749
Hardship expenditure	-	-	292	292	298
Premises running costs	1,628	-	25,091	26,719	29,812
Motor and travelling costs	-	-	10	10	11
Office and secretarial costs	-	549	10,317	10,866	7,051
	<u>1,628</u>	<u>549</u>	<u>147,833</u>	<u>150,010</u>	<u>286,165</u>

Finance

	Administration & support £	Property depreciation and interest £	2022 Total activities £	2021 Total activities £
Bank charges	179	-	179	242
Depreciation of tangible fixed assets	-	1,200	1,200	1,200
Bank loan interest	-	392	392	455
	<u>179</u>	<u>1,592</u>	<u>1,771</u>	<u>1,897</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. SUPPORT COSTS - continued
Governance costs

	2022 Administration & support £	2021 Total activities £
Auditors' remuneration for audit	4,104	4,080
Auditors' remuneration for non audit work	<u>2,958</u>	<u>3,022</u>
	<u>7,062</u>	<u>7,102</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Auditors' remuneration for audit	4,104	4,080
Other non-audit services	2,958	3,022
Depreciation - owned assets	5,954	5,954
Deficit on disposal of fixed assets	<u>10,866</u>	<u>7,051</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

11. STAFF COSTS

	2022 £	2021 £
Wages and salaries	425,029	401,724
Social security costs	27,459	26,634
Other pension costs	<u>11,192</u>	<u>10,732</u>
	<u>463,680</u>	<u>439,090</u>

During the year, remuneration paid to key management personnel totalled £142,876 (2021: £131,462).

The average monthly number of employees during the year was as follows:

	2022	2021
Staff	<u>24</u>	<u>23</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

12. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold improvements £	Play equipment £
COST			
At 1 April 2021 and 31 March 2022	<u>332,142</u>	<u>37,684</u>	<u>11,949</u>
DEPRECIATION			
At 1 April 2021	78,000	11,310	11,949
Charge for year	<u>5,200</u>	<u>754</u>	<u>-</u>
At 31 March 2022	<u>83,200</u>	<u>12,064</u>	<u>11,949</u>
NET BOOK VALUE			
At 31 March 2022	<u>248,942</u>	<u>25,620</u>	<u>-</u>
At 31 March 2021	<u>254,142</u>	<u>26,374</u>	<u>-</u>
	Security equipment £	Office equipment £	Totals £
COST			
At 1 April 2021 and 31 March 2022	<u>11,864</u>	<u>21,642</u>	<u>415,281</u>
DEPRECIATION			
At 1 April 2021	11,864	21,642	134,765
Charge for year	<u>-</u>	<u>-</u>	<u>5,954</u>
At 31 March 2022	<u>11,864</u>	<u>21,642</u>	<u>140,719</u>
NET BOOK VALUE			
At 31 March 2022	<u>-</u>	<u>-</u>	<u>274,562</u>
At 31 March 2021	<u>-</u>	<u>-</u>	<u>280,516</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Debtors	9,568	17,240
Prepayments and accrued income	<u>11,106</u>	<u>1,063</u>
	<u>20,674</u>	<u>18,303</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts (see note 16)	3,346	3,324
Trade creditors	19,283	15,628
Social security and other taxes	7,482	8,558
Other creditors	1,995	1,923
Accruals and deferred income	7,115	7,865
	<u>39,221</u>	<u>37,298</u>

15. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2022	2021
	£	£
Bank loans (see note 16)	<u>11,786</u>	<u>15,299</u>

16. LOANS

An analysis of the maturity of loans is given below:

	2022	2021
	£	£
Amounts falling due within one year on demand:		
Bank loans	<u>3,346</u>	<u>3,324</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>3,513</u>	<u>3,424</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>8,273</u>	<u>10,897</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more than 5 years by instalments	-	978

17. SECURED DEBTS

The following secured debts are included within creditors:

	2022	2021
	£	£
Bank loans	<u>15,132</u>	<u>18,623</u>

The bank loan is secured on the freehold property.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

18. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	150,485	(150,474)	119	130
Freehold Property	235,521	(5,592)	3,881	233,810
Furniture replacement fund - Valley House	22,000	-	(4,000)	18,000
Refuge Development Fund	<u>50,000</u>	<u>-</u>	<u>-</u>	<u>50,000</u>
	458,006	(156,066)	-	301,940
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	26,067	-	-	26,067
Valley House improvements	12,123	-	-	12,123
MHCLG COVID funding	1,478	(1,478)	-	-
Masonic Charitable Fund	<u>-</u>	<u>18,089</u>	<u>-</u>	<u>18,089</u>
	<u>40,532</u>	<u>16,611</u>	<u>-</u>	<u>57,143</u>
TOTAL FUNDS	<u>498,538</u>	<u>(139,455)</u>	<u>-</u>	<u>359,083</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	440,614	(591,088)	(150,474)
Freehold Property	<u>-</u>	<u>(5,592)</u>	<u>(5,592)</u>
	440,614	(596,680)	(156,066)
Restricted funds			
Children in Need	32,175	(32,175)	-
MHCLG COVID funding	-	(1,478)	(1,478)
Thomas Brington Foundation	10,000	(10,000)	-
Masonic Charitable Fund	23,728	(5,639)	18,089
DWP Kickstart scheme	3,000	(3,000)	-
Equine facilitated learning project	<u>9,632</u>	<u>(9,632)</u>	<u>-</u>
	<u>78,535</u>	<u>(61,924)</u>	<u>16,611</u>
TOTAL FUNDS	<u>519,149</u>	<u>(658,604)</u>	<u>(139,455)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	61,163	93,946	(4,623)	150,486
Freehold Property	237,293	(5,655)	3,882	235,520
Furniture replacement fund - Valley House	22,000	-	-	22,000
Refuge Development Fund	<u>50,000</u>	<u>-</u>	<u>-</u>	<u>50,000</u>
	370,456	88,291	(741)	458,006
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	26,067	-	-	26,067
Valley House improvements	12,123	-	-	12,123
DWP access to work	-	(39)	39	-
Lloyds Bank Foundation Fund	12,102	(12,102)	-	-
Children in Need	1,188	(1,188)	-	-
MHCLG COVID funding	<u>-</u>	<u>776</u>	<u>702</u>	<u>1,478</u>
	<u>52,344</u>	<u>(12,553)</u>	<u>741</u>	<u>40,532</u>
TOTAL FUNDS	<u>422,800</u>	<u>75,738</u>	<u>-</u>	<u>498,538</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	551,934	(457,988)	93,946
Freehold Property	<u>-</u>	<u>(5,655)</u>	<u>(5,655)</u>
	551,934	(463,643)	88,291
Restricted funds			
DWP access to work	2,072	(2,111)	(39)
Lloyds Bank Foundation Fund	-	(12,102)	(12,102)
Children in Need	2,852	(4,040)	(1,188)
Ministry of Justice COVID funding	75,266	(75,266)	-
Lloyds COVID	7,800	(7,800)	-
Greenhalgh Trust	3,500	(3,500)	-
Northamptonshire Community Foundation	2,901	(2,901)	-
MHCLG COVID funding	<u>43,204</u>	<u>(42,428)</u>	<u>776</u>
	<u>137,595</u>	<u>(150,148)</u>	<u>(12,553)</u>
TOTAL FUNDS	<u>689,529</u>	<u>(613,791)</u>	<u>75,738</u>

18. MOVEMENT IN FUNDS - continued

Designated funds

The freehold property fund includes the freehold property NBV less the bank loan liability held against the property. The transfer during the year relates to the value of the repayments of the loan less the interest charged and the depreciation charged on the property during the year..

The furniture replacement fund for Valley House is for replacement furniture for the refuge.

The Refuge Development Fund is money ring fenced by the trustees for the development of refuge provision and services.

Restricted funds

The Development Project Fund relates to money received for training and development of the care workers.

The Valley House Maintenance and Valley House Improvement Funds are funds held for maintenance and improvements to Valley House Refuge.

The BBC Children in Need Fund is for salary costs, other staffing costs, volunteer expenses, small equipment and other project costs, specifically in relation to what was requested per the grant application.

The Thomas Brington Foundation fund was to provide the salary and on costs for a new Domestic Abuse Relief Worker.

The Masonic Charitable Fund was for the Children and Young Peoples service to provide the salary and on costs of an employee for the project.

The DWP Kickstart scheme funding is used to employ two new young employees under the Government funded scheme providing funding for employers to create jobs for 16-24 year old.

The National Lottery Community Fund - Awards for All funding was to fund the Equine Facilitated Learning Project. This funded classes, service user travel costs and crèche facilities.

2021 funds now ceased

The MHCLG COVID funding was for ICT support to enable staff to work from home and change delivery models to provision of online group work programmes and training to service users, including men, and professionals. It also provided essential supplies such as food for vulnerable families, cleaning equipment and PPE, and essential cleaning in refuges to ensure staff and service user safety, and also additional staff hours to provide cover for vacancies.

The Lloyds Bank Foundation Fund is for salary costs of the Occupational Therapist, supervision and activity resource costs.

The Ministry of Justice COVID funding provided additional front line staff to deliver services for women and children throughout the pandemic, as well as practical support to purchase resources required to operate the charity throughout the pandemic.

The DWP access to work grant was used to purchase equipment for staff with disabilities.

The Lloyds bank COVID funding was used to purchase ICT equipment for service users to be able to access online group work and PPE.

18. MOVEMENT IN FUNDS - continued

The money from the Thomas and Rosemary Greenhalgh Trust was for group coaching sessions for all staff every 6 weeks. The provider delivered separate sessions for staff and managers, which identified work related issues for both groups.

The Northamptonshire Community Foundation income was for ICT equipment and website and email development to be able to provide new 'Silent Solution' service for women escaping domestic abuse.

Transfers between funds

Transfers between funds have been carried out due to the transfer of administration and management expenses.

19. RELATED PARTY DISCLOSURES

During the year website design services were provided to the charity by Bravery Design, a business owned and run by the son-in-law of C Morgan, the Chief Executive. Transactions were conducted at arm's length and totalled £2,369 (2021: £1,364). There was no balance due at the year end (2021: £nil).

During the year fundraising strategy development services were provided to the charity by Katie Jones, the daughter of C Morgan, the Chief Executive. Transactions were conducted at arm's length and totalled £1,500 (2021: £875). There was no balance due at the year end (2021: £nil).

There were no further related party transactions carried out during the year.

20. ULTIMATE CONTROLLING PARTY

The charity is under the control of its trustees.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	36,640	53,120
Legacies	-	5,000
	<u>36,640</u>	<u>58,120</u>
Other trading activities		
Group Work fees	2,228	383
Training Fees	2,711	1,953
	<u>4,939</u>	<u>2,336</u>
Investment income		
Interest received	33	64
Charitable activities		
Residents' fees	138,180	150,821
Grants and contracted income	339,357	478,188
	<u>477,537</u>	<u>629,009</u>
Total incoming resources	519,149	689,529
EXPENDITURE		
Charitable activities		
Wages	333,408	177,600
Social security	22,651	14,668
Pensions	6,160	6,053
Consultants fees	-	5,000
Training	1,535	3,030
Material and equipment	4,256	4,212
Premises running costs	56,867	36,209
Maintenance charges	34,214	31,962
Rents and room hire	12,138	13,304
Motor and travelling costs	332	453
Holidays and excursions	762	210
Northamptonshire Breakthrough Project expenses	-	1,375
Office and secretarial costs	9,692	17,270
Translation costs	973	416
DWP Access to work	19	2,111
Partner funding payments	12,000	-
Depreciation of tangible fixed assets	4,754	4,754
	<u>499,761</u>	<u>318,627</u>

This page does not form part of the statutory financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
Support costs		
Management		
Wages	91,621	224,124
Social security	4,808	11,966
Pensions	5,032	4,679
Consultants fees	4,872	1,201
Training	2,286	1,274
Material and equipment	3,504	5,749
Hardship expenditure	292	298
Premises running costs	26,719	29,812
Motor and travelling costs	10	11
Office and secretarial costs	<u>10,866</u>	<u>7,051</u>
	150,010	286,165
Finance		
Bank charges	179	242
Depreciation of tangible fixed assets	1,200	1,200
Bank loan interest	<u>392</u>	<u>455</u>
	1,771	1,897
Governance costs		
Auditors' remuneration for audit	4,104	4,080
Auditors' remuneration for non audit work	<u>2,958</u>	<u>3,022</u>
	<u>7,062</u>	<u>7,102</u>
Total resources expended	<u>658,604</u>	<u>613,791</u>
Net (expenditure)/income	<u>(139,455)</u>	<u>75,738</u>

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

England & Wales - Charity number 298154

Accounts

REGISTERED COMPANY NUMBER: 02226878 (England and Wales)
REGISTERED CHARITY NUMBER: 298154

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022
FOR
NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED**

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

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FOR THE YEAR ENDED 31 MARCH 2022**

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NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2022

TRUSTEES	R J Moisey S Van Rooyen E L Fletcher S Whipp D Parkinson-Mais (appointed 1/5/21) K Dhlamini (appointed 9/5/22)
REGISTERED OFFICE	Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
REGISTERED COMPANY NUMBER	02226878 (England and Wales)
REGISTERED CHARITY NUMBER	298154
AUDITORS	DNG Dove Naish LLP, Statutory Auditor Eagle House 28 Billing Road Northampton Northamptonshire NN1 5AJ
SOLICITORS	Tollers 2 Castilian Street Northampton NN1 1JX
WEBSITE	www.nvcfr.org.uk

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Principal activity and charitable objects

The company is limited by guarantee (Company Number 2226878) and governed by a Memorandum and Articles of Association. It is registered with the Charity Commission as charity number 298154 and is principally engaged in the provision of refuge accommodation to women and children escaping family violence. However a wide range of additional related services form the work of Nene Valley Christian Family Refuge. EVE is the working name of the charity.

NVCFR has been a trusted source of support to women and children escaping domestic abuse in Northamptonshire for more than 40 years, growing, developing and responding to the needs of families in Northamptonshire and beyond, and the dynamic nature of domestic abuse. We have seen need significantly increase in all areas throughout this financial year due to the COVID pandemic and its ensuing lockdowns.

NVCFR have supported women, children and families through a variety of programmes specifically designed to meet their needs, including mental ill-health, food poverty, child poverty, homelessness, pregnancy, drug and alcohol abuse as well as the various issues caused by domestic abuse. As always, we could not have done it without the support of many people across the County, including Churches, local businesses and local and national grant makers too, who have generously donated clothes, food, and money to support the families we work with.

We could not have helped so many people to leave behind the trauma and effects of domestic abuse without the dedication, skill and enthusiasm of our amazing staff and volunteer team. Every one of them works tirelessly, whatever their role, to the absolute best of their ability. The pandemic has provided additional challenges; challenges that the team have risen to mostly with cheerfulness, sometimes with gritted teeth but always with an incredible sense of team spirit. Our staff and volunteers are at the very heart of who we are, what we do and the difference we make.

Objectives for 2021/22

Eve has been successful in meeting its objectives for 2021/22

- Further develop our services to continue meeting the complex needs of survivors through trauma informed provisions that help women and children escape abuse and recover.
- Continued development and delivery of an online training platform that gives professionals, community leaders and others, opportunities to increase their knowledge and understanding of working with survivors of domestic abuse with complex needs.
- Continued development of income generation services.
- Further develop relationships with organisations and services that specifically meet the needs of BAME and other groups, including groups that work with children and young people.

The following report provides the details in how we have achieved these objectives.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

Our response to COVID-19 Pandemic

18,743 domestic abuse related offences and incidents, including stalking, harassment and coercive control were recorded in Northamptonshire during 2020/21 (Office of National Statistics, 2021), compared to 13,007 for 2019/20, with a reported 18% increase as a direct result of the Coronavirus pandemic. This is the equivalent of 25 incidents per 1000 people in the population. 66% of these were recorded as crimes (compared to 58% for England and Wales), representing 36% of violent crime and 20.2% of all crime (compared to 18% for England and Wales) - an increase of four percentage points on the previous period.

In addition, 4,685 child protection referrals were made due to domestic abuse - the most common reason - in the same period. There is limited local data available on victims facing multiple and complex needs, but anecdotal evidence suggests that levels of comorbid conditions, including mental health and substance misuse, are considerable.

Our response has been to work together to maintain a COVID-secure environment for service users and staff. Risk assessments were undertaken in all our buildings and against all our service delivery. Resources were provided to keep staff and service users safe, and we introduced a virtual delivery strategy across all our systems and programmes. Staff quickly adapted to home working alongside the necessary new processes and procedures that entailed, to keep people safe. The speed and significance of the changes made to delivery cannot be underestimated, nor the flexibility and imagination required to implement them.

We worked diligently with statutory and voluntary sector organisations across the county, sharing knowledge and ideas and we published campaigns to promote our new silent solutions service and ongoing delivery of our perpetrator programmes to raise awareness of and support for victims/survivors of domestic abuse. This was undertaken against the backdrop of emerging national legislative changes and local government reform. We have worked closely with our council and voluntary sector colleagues to understand the impact and implications of moving to two Unitary Authorities; and we contributed locally and nationally to the progression of the Domestic Abuse Bill (which received Royal Assent but was not signed into law until 29th April 2021).

As key workers, staff worked throughout lockdowns on a rota basis, supported by staff that were working from home due to shielding. This enabled us to continue to provide refuge services, supporting service users to maintain wellbeing and mental health by running small groups within refuge and then in our Women's Centre once restrictions allowed. Policies and procedures were reviewed and adapted to meet the safety needs of our residents and staff and to enable us to continue working to provide refuge spaces for families experiencing domestic abuse.

All staff were supported to be able to work from home where necessary with an upgrade in technologies such as video-conferencing facilities and IT communication equipment. Daily virtual team meetings were put in place to enable connection with work colleagues and Group Peer Support seminars supported staff wellbeing and mental health.

Our face-to-face service delivery continued where it was safe and appropriate to do so but in much smaller groups in accordance with government guidelines. Other specialist group work was conducted online via video conferencing platforms. Staff and service users learned quickly to use and support each other in new technology. Laptops and iPads were sourced to support families in refuge and in community, allowing them to communicate with staff easily and take part in sessions.

We set up a new 'Silent Solution' service for women living with their abuser through lockdowns, enabling them to text and/or email for support, guidance, information and advice about their situation. This was in response to the 'shadow pandemic' of domestic abuse and a huge increase of calls to the National Domestic Abuse Helpline. We initially noted a 38.5% drop off in calls to our own helpline and felt that this was because women were finding it difficult to contact our staff for help and support while in lockdown with their abuser, due to being unable to speak confidently. This service has supported a number of women to find the help that they and their children have needed, including enabling perpetrators of abuse to access our behaviour change programme.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Successful funding applications for emergency funds were made to Northamptonshire Community Foundation, Ministry for Housing, Communities and Local Government, The National Lottery Community Foundation, Lloyds Foundation Trust, Children in Need and the Office for Police, Fire and Crime Commissioner to be able to meet our obligations to service users and staff.

Eve has worked with more than 679 individuals across all our services during this financial year, almost double the number worked with in any previous year.

Refuge

30 women and 16 children stayed in our refuge during 2021/22. 19 residents were considered to be high risk with others having a range of complex needs including:

- 1 who was pregnant
- 5 who had a disability
- 14 who had mental health issues
- 3 who had learning difficulties
- 2 who misused drugs and/or alcohol
- 3 who did not speak English / English as a second language

This is a 20% rise in additional complex needs from 2020/21.

50% of women resident in our refuges and 22% of women in our community services were from Black, Brown and other Minority Ethnic backgrounds.

We recorded the following risk levels from service users' perpetrators

- Low risk = 6%
- Medium risk = 31%
- High risk = 63%

Our support to women with a high risk from their perpetrator has increased by 8% on last year.

Eve received 997 contacts (an increase of 15.5% on last year) and were unable to offer a service to 167 of these women for several reasons, including:

- 44 no vacancies
- 11 unsuitable accommodation
- 17 High risk
- 1 not eligible for service
- 7 unsupported complex need

The number of women we were unable to offer a service to decreased by 25% on 2020/21.

Our occupancy rates were 75% for Valley House and 30% for Grace House.

Community Service

41 women and 107 children participated in our Community Service during 2021/22. These families were able to live in their own accommodation, receiving a range of services at our Women's Centre. Services including, The Restored Programme, The SHE Programme, Therapeutic Services, Group Work Services, Children's Services and Keyworker sessions.

13 service users were assessed as being high risk with others having a range of complex needs including:

- 4 who had a disability
- 8 who had mental health issues
- 22% who did not speak English / English as a second language

We recorded the following risk levels from service users' perpetrators

- Low risk = 32%
- Medium risk = 27%
- High risk = 41%

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

The Restored Programme

Our Restored Programme is the core of all our delivery to our female service users. Providing a comprehensive assessment process, the programme is needs led and highly individualised. Restored is offered across all our women and children services. Keyworkers support service users to achieve against 5 positive outcomes and to track their journey so that they are able to recognise and celebrate their achievements.

Restored includes a range of the following therapeutic interventions and activities:

Group Work

Therapeutic Services

Children and Young People's Services

A range of activities that support the development of self-esteem, confidence and resilience

Educational development activities

Volunteering activities

We accepted 41 new service users onto the programme this year. 26 women participated in our therapeutic services and 21 women attended our Group Work only outreach provision, participating in a range of specialised group work including our own Stay Free programme as well as Freedom and Own My Life.

100% of service users who completed both before and after questionnaires reported improved feelings of safety.

Therapeutic Services

26 women engaged in Therapeutic 1:1 and group work programmes during the year.

Service users took part in a range of therapeutic group-work activities designed to raise self-esteem, improve mental health and equip each user with skills that foster independence, autonomy and resilience by enabling them to manage the impact of trauma on their anxiety, stress and emotions. Service users reported feeling more independent and better able to perform activities such as parenting, preparing healthy meals and maintaining safety.

Case Study

Leona's abuse escalated significantly during her pregnancy. After her baby was born, Leona was monitored by the maternal mental health team, the risk Leona and her baby faced from her perpetrator was so severe that they were referred out of county to eve.

Leona stayed in eve's refuge attending our Restored Programme, participating in different groups every day to build her self-esteem and begin to map out her future. She did therapeutic activities and assertiveness training which helped her regain her sense of who she was. eve provided the support Leona needed to fight for custody of her child in court.

"My life has really turned around. I'm back in work, my child - who's now three - is in nursery and I'm happy with my life. I'd recommend eve to anyone going through domestic abuse. I owe my life to them. They made me feel safe and looked after me. I had been isolated for so long I really thought that everyone hated me. I was scared. Thanks to eve I'm now in a much better place and thanks to the court order they supported me to get, I know we're both safe."

The Final Evaluation Report delivered by the Institute for Public Safety, Crime and Justice at the University of Northampton stated that the evidence for Restored was very positive.

Service user satisfaction was very positive, only one participant disagreed with any of the statements, disagreeing to the statement 'I had a say in how this service was delivered to me, and could ask for what I wanted'. Most participants strongly agreed (SA) with the statements and all or nearly all agreed (A) that:

- Overall, I am satisfied with the services I have received (SA=84%, A=97%)
- I had a say in how this service was delivered to me, and could ask for what I wanted (SA=74%, A=97%)
- Staff respected my religious and spiritual beliefs (SA=81%, A=97%)

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

- Staff spoke in a way that I understood (SA=87%, A=97%)
- Staff were sensitive to my cultural and ethnic background (SA=94%, A=100%)
- This was the service I needed (SA=94%. A=100%)

Women described gaining confidence and self-esteem as they learned more about domestic violence, their rights and how to stay safe. Most women stated that the provision itself could not be improved, though it was noted by some how Covid-19 had affected their overall experiences. Suggestions for improvements by women tended to relate to increasing the reach and accessibility of the programme and awareness of, and utilisation, of the programme by other agencies.

Children and Young People's Services - Refresh

Funding from Children in Need and the Masonic Charitable Foundation supported our Children and Young People's Practitioners to work with a total of 123 children and young people this year across both our refuge and community services.

The Children and Young People's Practitioners work within the refuge increased during the pandemic and a robust programme of activities and interventions was continued to support families coping with living in refuge while COVID restrictions were still in place during the spring of 2021.

Eighteen children were admitted to our services on Safeguarding Plans, an increase of 3% on 2020/2021.

Three families came in with an interim care order, two of these families left our service with no social care involvement.

Six families came into service on child protection plans (CP). Two of these families left our service with no social services involvement, with four families stepping down to 'child in need' at the end of service.

Five children came into service with child in need plans (CIN). Three of these families no longer have social services involvement.

Seven families entered service on Early Help plans, Five stepped down and two have no further involvement with professionals.

Case Study

Family C came into our refuge having fled domestic abuse from another area of the Country. Mum, two boys (D & S) and a girl (L), all aged under five, lived in refuge for 14 months. All the children had been victims/witnesses to domestic abuse, including verbal, physical, emotional and financial abuse. The children were subjected to emotional manipulation and bullying. The perpetrator would deliberately cause the boys to argue and fight, causing disruption in their relationship, which resulted in significant physical aggression between them and to other children. The girl was physically and emotionally immature for her age and had not reached some of her expected milestones, especially in speech and communication, toileting and becoming more independent.

Mum was suffering from severe anxiety and stress, she believed that she was a bad parent and that she was unable to parent her children well. The perpetrator had coerced her into believing that she would lose the children to social services, so she was very fearful of any intervention or help.

The children were assessed by our CYPP team and were found to be low in self-esteem, social and emotional wellbeing and family relationships.

Initially, there was some improvement and the family settled well into refuge life. There were other young mums and young children in residence and the family quickly became integrated into the community. However, lockdown had a negative effect on mum's mental health as she was unable to take the boys to school. Mum would not allow L to go to nursery as she took a lot of comfort from her youngest child's presence. The boys began to fight with other children.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

CYPPs staged an intervention persuading and helping mum to clean and organize their room. They provided 'respite' care for the children and supported mum to access help from the GP. They referred mum to our Therapeutic Services, including 1:1 counselling and wellbeing support.

D & S were given Protective Behaviours and were supported to explore their feelings through 1:1 work and Lego therapy. CYPPs supported them to access school and enabled mum to take L to a nursery. School and nursery reports said that D & S's aggressive behaviours had significantly decreased, and L was catching up with milestones, being able to talk in simple sentences and communicate her needs well.

Mum was able to continue accessing our therapeutic group work on moving back to live in her home town by using our zoom service. On leaving us our data showed that they had all made significant progress in all outcomes.

The SHE Programme

The Final report on the SHE programme conducted by The Institute for Public Safety, Crime and Justice at The University of Northampton found that despite the challenges of COVID the evidence presented shows positive effects for both women and men, perpetrators, and survivors of domestic violence, with the service providing important provision within the county. Staff within eve were recognised as being very helpful, supportive and non-judgemental, with their inputs leading to valuable and positive benefits for service users.

SHE - Partner Support

125 families were referred to our SHE programme for partners, ex-partners and children of men on the Evolve Programme.

- Number of families (women and children) referred and offered an assessment: 125
- Number of families attending assessment: 86 families were assessed.
- Number of families accepting support:
 - 41 families requested a 6-week safety call back,
 - 15 accepted Minimum Safety Support (MSS) which means weekly calls whilst their partner attends the group and calls if we discover anything that impacts their safety whilst their partner is on the group.
 - 30 who accepted Integrated Support Service (ISS) aka the Restored programme.
- Number of families completed SHE Restored - 8

SHE is funded by The National Lottery Community Foundation to deliver activities that support women, children and families who are victims of domestic abuse to develop self-esteem, confidence and resilience. SHE has enabled women to choose the right support for their families. Some women have chosen a minimum engagement with SHE for safety support only and this has maintained and strengthened their safety whilst their partner, or ex-partner, has engaged in the programme. Other women and children have engaged in the full Restored programme which works holistically to build the strengths of women and children to enable them to move on from domestic abuse

Evolve

As a significant part of the SHE programme, our Domestic Violence Perpetrator Team have delivered Evolve, a programme to enable male partners and ex-partners to choose to change the attitudes, beliefs and values that allow coercive and abusive behaviours. This 30-week programme is based on the Duluth method.

During this year Evolve was successfully assessed and awarded The Respect Standard for our safe work with perpetrators and survivors. Respect Accreditation for work with perpetrators of domestic abuse is based on a set of working principles. All Respect Accredited services are held to this standard to ensure only safe and effective work with perpetrators of domestic abuse takes place.

Referrals to the Evolve Behaviour Change Programme are as follows:

- Total referrals to the service 125 males, 5 females
- 55 men and 2 women attended their assessment. Some referrals were not assessed due to non-engagement or not taking responsibility during the initial telephone call.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

- 36 men and 1 woman were offered a place on the group. Although offered a place not all these 37 actually started, mostly due to a change in circumstances such as work commitments. Some men were deemed not suitable for group work at assessment due to not taking responsibility for abuse, not wanting to take part in a group or being an inappropriate referral.
- 27 men started on the group. Neither of the 2 women started the group due to reasons already stated.
- 9 men have completed Evolve and a further 6 have completed more than 12+ sessions.
- 12 men were de-selected due to further incident or not being able to commit to the group leading to non-attendance.
- 11 men are currently participating on Evolve and a further 10 are on the waiting list for assessment.

The Final Interim Evaluation Report delivered by the Institute for Public Safety, Crime and Justice at the University of Northampton stated that service user satisfaction was very positive, no participants disagreed with any of the statements with most participants strongly agreeing (SA) and all or nearly all agreeing (A) that:

- Overall, I am satisfied with the services I have received (SA=75%, A=100%)
- I had a say in how this service was delivered to me, and could ask for what I wanted (SA=67%, A=92%)
- Staff respected my religious and spiritual beliefs (SA=75%, A=83%)
- Staff spoke in a way that I understood (SA=100%, A=100%)
- Staff were sensitive to my cultural and ethnic background (SA=92%, A=100%)
- This was the service I needed (SA=58%, A=100%)

All other participants agreed except in two cases participants were undecided as to whether staff respected their religious and spiritual beliefs and in one case a participant selected undecided to the statement 'I had a say in how this service was delivered to me, and I could ask for what I wanted.'

Case Study

Client P was referred to the programme by Northamptonshire children's trust in 2021. P had separated from his partner and the family were on a Public Law Outline, which sets out the various stages of the process when the local authority is applying for a care or supervision order.

P was initially reluctant to take part in Evolve but has recently completed the group after attending most of the 32 sessions. While participating in Evolve, P heard that his children would remain in care, however he was able to manage his emotions and use the group as a support.

I asked the client:

1. How would you describe the need to take part in the group? Initially, I did the group to get my children back but as time went on and I got into the group, I realised I really did need it. I always reverted to anger but now I don't, I'm different now. It was awesome.
2. What did you get out of the group? Not to react in a negative way. I have a whole different perspective in life. Before I would fight or argue it out but now, I look at it from a different perspective. I have a different outlook now, it's weird.
3. What are your hopes/plans now? To progress in my career and be happy and settled.
4. What are your achievements/successes? 100% better relationships with everyone. I got back in touch with my real Dad, we met up and I actually listened whereas before I would have kicked off. We actually have started to have a relationship now.

P explained that after 32 weeks of the group, it feels strange not going to Evolve now, but he said that the handouts and the paperwork are really useful. P went on to say that he was so grateful and that while initially it seemed like a waste of time, he quickly realised that the group was beneficial, and it has changed his life.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

Expert Training

We believe that knowledge is power and is vital in ensuring that professionals and communities are aware of domestic abuse and its many forms. As such our Training Department is well-established as a source of excellent quality training and development for professional staff, community leaders and volunteers.

We have delivered to different agencies with a range of core courses and bespoke programmes written especially for the audience. Most training has been delivered online, except where clients have specifically requested face to face delivery of bespoke courses. Core and Volunteer Training Programmes were delivered to new staff and volunteers along with training updates to existing staff and volunteers.

Clients have ranged from statutory sector, third sector and community organisations including Re:Store, The University of Northampton and Principal Medical. Training evaluations are consistently good to excellent, with participants citing the knowledge, expertise and delivery style of our Training Coordinators as a reason for their enjoyment of the course.

- Total number of participants: 215
- Total number of courses: 30
- Total number of agencies receiving bespoke training: 4
- Number of core training programmes delivered to staff: 2

Our Training Coordinators have been involved in supporting and developing conversations with organisations who work with and for Black and Minority Ethnic Communities in the Interpersonal Violence sector making strong links with local and national organisations.

Inter-Agency Networks and Partnerships

Partnership and inter-agency networking is a key factor in providing holistic services for our service users and is often a requirement of service delivery. Eve is an active member of a wide range of networks and forums, including Northamptonshire Against Domestic and Sexual Abuse (NADASA) and Community Safety Partnerships, Honour Based Abuse and FGM Steering Group and both North and West Northants Domestic Abuse and Sexual Violence Boards. We are also members of the Black Women's Domestic Abuse Group, an offshoot of the Northampton Women's Forum.

We have worked with Northampton Community Safety Partnership to provide information, advice and guidance to women in different communities across the town and have supported the Police in their information awareness campaigns.

We have further developed our partnership with The University of Northampton, working with the Institute for Public Safety, Crime and Justice to deliver the SHE project.

We work with a range of statutory, community, charitable and other organisations to provide information, advice, guidance and support to our service users. These include:

Charity Link
Children in Need Emergency trust
Glasspool
Restore foodbank and Daylight Centre foodbank
Northampton Children's Trust
MARAC
Sunflower Centre
Northamptonshire Domestic Abuse Service
Voice
West Northants Council
North Northants Council
Northampton Partnership Homes
Mental Health services
S2S and Aquarius- drug and alcohol services
Duncan Lewis solicitors
County and Magistrate courts
Mount Pleasant Baptist Church

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

Abington Avenue United Reformed Church
New Life Church
Carey Baptist Church
Queensgrove Methodist Church
St Giles Church

Contracts

Eve holds a number of contracts with funders to deliver a variety of services across the organisation.

These are:

- The National Lottery Community Fund to provide specialist, holistic services for women and children. This is a 3-year contract running from June 2019 to June 2022. The University of Northampton evaluates this project.
- Children in Need to provide funding for Children's Services from July 2021 to June 2024.
- Garfield Weston, Thomas Brington and Masonic Charitable Foundation for various projects.
- West and North Northants Councils provide funding for refuge and community services.

Management agreements

Our refuge, Valley House, is owned by EMH Homes and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

Our second refuge is owned by Mount Pleasant Baptist Church and is managed by Nene Valley Christian Family Refuge (known as Eve) under a management agreement.

FINANCIAL REVIEW

Reserves policy

The Council of Management seeks to hold free reserves at least equal to 3 months general running costs of the charity, which equates to approximately £147,000. General funds are currently only £130, however designated funds of £68,000 are held for use as designated by the trustees at the year end also. The Trustees and management will continue to strive to bring the general funds in line with the reserves policy in the next financial year.

The net deficit for the year amounted to £139,455 as shown on the SOFA. The total funds carried forward at the yearend is £359,083 of which £130 is free unrestricted funds. £57,143 is held in restricted funds and designated unrestricted funds total £301,810. Total unrestricted funds total £301,940. The trustees consider that the charity has adequate resources to maintain its ongoing work and to prepare for future developments.

Certain grants have been given for specific purposes and these are shown as restricted funds (see notes). Other designated funds have been set aside out of unrestricted funds (see notes).

The financial support of charitable trusts, local authorities and other donors is greatly appreciated and enables the charity's work to be sustained.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022**

FUTURE DEVELOPMENTS

Objectives for 2022/23

During the next financial year, we intend to achieve our aims by continuing to build and develop our services so that they persist in meeting the needs of the families we work with.

Our Aims are:

Protect people at risk of domestic abuse and empower them to protect themselves

Proclaim freedom and a future for people affected by domestic abuse

Provide services that support survivors to thrive

Prevent another generation of abusive family relationships

Prepare survivors to live the lives they want to lead

To meet these Aims, our Objectives will be:

- Increase the safety of women and children affected by abuse
- Raise awareness of domestic abuse and its' impact on women, children and society
- Increase financial diversity
- Increase information about domestic abuse and where people can find help and support.
- Improve the physical, emotional and social health of women and children affected by domestic abuse

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is constituted as a company limited by guarantee.

Public Benefit

The trustees have had regard to the guidance on public benefit published by the Charity Commission.

The work of Nene Valley Christian Family Refuge is of public benefit, raising awareness of domestic abuse and providing a range of comprehensive, holistic support services that enable women and children who are experiencing this to access safe temporary accommodation, as well as specialist support when they are rehoused in the local community.

Recruitment and appointment of new trustees

Potential trustees are interviewed by existing trustees and discussions are held with the CEO. No appointment is made unless all existing trustees are in agreement and satisfactory references and DBS screening is obtained. All trustees are required to sign a declaration regarding their legal eligibility to be a trustee. An induction period is given once appointment has been agreed.

Organisational structure

The CEO has delegated responsibility for day to day running/management of the organisation. The name of the CEO is not disclosed in this report under exemption from the SORP paragraph 1.29 on the grounds that it could lead to the person being placed in personal danger due to the nature of the charity.

Key management remuneration

The remuneration and pay of management roles are reviewed annually by the trustees having regard to similar roles elsewhere in the charity sector and after considering the relationship with the salaries of other staff members.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Trustees are constantly aware of risk and are fully aware of their responsibilities. Maintaining clear written policies, including a reserves policy, mitigates risk. The ongoing expansion of the charity's work, proposed major developments and continuing developments with government initiatives, all contribute to the need to be vigilant in identifying and managing risk. The trustees are committed to working with the CEO in reviewing and updating all written policies and procedures on a regular basis and to ensure that a comprehensive risk assessment is carried out. The trustees acknowledge the risk of the loss of a key player - trustee or senior staff member - and are alert to the risk inherent in heavy reliance on a single source of funding.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Nene Valley Christian Family Refuge Limited for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, DNG Dove Naish LLP, Statutory Auditor, will be proposed for re-appointment at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 11 NOV 2022 and signed on its behalf by:



S Van Rooyen - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

Opinion

We have audited the financial statements of Nene Valley Christian Family Refuge Limited (the 'charitable company') for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the Report of the Trustees is inconsistent in any material respect with the financial statements; or
- the charitable company has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

We have been appointed as auditors under Section 145 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We considered the opportunities and incentives that may exist within the organisation for fraud and identified the greatest potential for fraud in the following areas: timing of recognition of commercial income, posting of unusual journals along with complex transactions and manipulating the Company's key performance indicators to meet targets. We discussed these risks with client management, designed audit procedures to test the timing of commercial revenue, tested a sample of journals to confirm they were appropriate and reviewed areas of judgement for indicators of management bias to address these risks.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED**

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

DNG Dove Naish LLP

for and on behalf of DNG Dove Naish LLP, Statutory Auditor
Eligible to act as an auditor in terms of Section 1212 of the Companies Act 2006
Eagle House
28 Billing Road
Northampton
Northamptonshire
NN1 5AJ

Date: 14 November 2022

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	36,640	-	36,640	58,120
Charitable activities					
Provision of refuges		265,143	65,903	331,046	333,615
Resettlement & day centre		-	-	-	2,035
Administration & support		133,859	12,632	146,491	293,359
Other trading activities	3	4,939	-	4,939	2,336
Investment income	4	<u>33</u>	<u>-</u>	<u>33</u>	<u>64</u>
Total		<u>440,614</u>	<u>78,535</u>	<u>519,149</u>	<u>689,529</u>
EXPENDITURE ON					
Charitable activities					
	6				
Provision of refuges		248,929	49,292	298,221	190,975
Resettlement & day centre		164,045	-	164,045	109,652
Administration & support		178,114	12,632	190,746	307,509
Property depreciation and interest		<u>5,592</u>	<u>-</u>	<u>5,592</u>	<u>5,655</u>
Total		<u>596,680</u>	<u>61,924</u>	<u>658,604</u>	<u>613,791</u>
NET INCOME/(EXPENDITURE)		(156,066)	16,611	(139,455)	75,738
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>458,006</u>	<u>40,532</u>	<u>498,538</u>	<u>422,800</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>301,940</u></u>	<u><u>57,143</u></u>	<u><u>359,083</u></u>	<u><u>498,538</u></u>

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION
31 MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 Total funds £	2021 Total funds £
FIXED ASSETS					
Tangible assets	12	274,562	-	274,562	280,516
CURRENT ASSETS					
Debtors	13	20,674	-	20,674	18,303
Cash at bank and in hand		<u>57,711</u>	<u>57,143</u>	<u>114,854</u>	<u>252,316</u>
		78,385	57,143	135,528	270,619
CREDITORS					
Amounts falling due within one year	14	(39,221)	-	(39,221)	(37,298)
NET CURRENT ASSETS		<u>39,164</u>	<u>57,143</u>	<u>96,307</u>	<u>233,321</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		313,726	57,143	370,869	513,837
CREDITORS					
Amounts falling due after more than one year	15	(11,786)	-	(11,786)	(15,299)
NET ASSETS		<u>301,940</u>	<u>57,143</u>	<u>359,083</u>	<u>498,538</u>
FUNDS	18				
Unrestricted funds:					
General fund				130	150,486
Freehold Property				233,810	235,520
Furniture replacement fund - Valley House				18,000	22,000
Refuge Development Fund				<u>50,000</u>	<u>50,000</u>
				<u>301,940</u>	<u>458,006</u>
Restricted funds				<u>57,143</u>	<u>40,532</u>
TOTAL FUNDS				<u>359,083</u>	<u>498,538</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not deposited notice, pursuant to Section 476 of the Companies Act 2006 requiring an audit of these financial statements.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

STATEMENT OF FINANCIAL POSITION - continued
31 MARCH 2022

These financial statements have been audited under the requirements of Section 145 of the Charities Act 2011.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11 NOV 2022 and were signed on its behalf by:



S Van Rooyen - Trustee



E L Fletcher - Trustee

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022**

	Notes	2022 £	2021 £
Cash flows from operating activities			
Cash generated from operations	1	(133,579)	94,316
Interest paid		<u>(392)</u>	<u>(455)</u>
Net cash (used in)/provided by operating activities		<u>(133,971)</u>	<u>93,861</u>
Cash flows from financing activities			
Loan repayments in year		<u>(3,491)</u>	<u>(3,427)</u>
Net cash used in financing activities		<u>(3,491)</u>	<u>(3,427)</u>
Change in cash and cash equivalents in the reporting period		(137,462)	90,434
Cash and cash equivalents at the beginning of the reporting period		<u>252,316</u>	<u>161,882</u>
Cash and cash equivalents at the end of the reporting period		<u><u>114,854</u></u>	<u><u>252,316</u></u>

The notes form part of these financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022**

1. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(139,455)	75,738
Adjustments for:		
Depreciation charges	5,954	5,954
Interest paid	392	455
(Increase)/decrease in debtors	(2,371)	1,494
Increase in creditors	<u>1,901</u>	<u>10,675</u>
Net cash (used in)/provided by operations	<u>(133,579)</u>	<u>94,316</u>

2. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/21 £	Cash flow £	At 31/3/22 £
Net cash			
Cash at bank and in hand	<u>252,316</u>	<u>(137,462)</u>	<u>114,854</u>
	<u>252,316</u>	<u>(137,462)</u>	<u>114,854</u>
Debt			
Debts falling due within 1 year	(3,324)	(22)	(3,346)
Debts falling due after 1 year	<u>(15,299)</u>	<u>3,513</u>	<u>(11,786)</u>
	<u>(18,623)</u>	<u>3,491</u>	<u>(15,132)</u>
Total	<u>233,693</u>	<u>(133,971)</u>	<u>99,722</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Nene Valley Christian Family Refuge Limited is an incorporated charity limited by guarantee, registered in England and Wales. The charity's number and registered office address can be found on the Company Information Page.

The presentation currency is the Pound Sterling (£).

Going concern

At the time of approving the accounts, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the accounts.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Government grant income is recognised once the charity has received a formal offer of funding in writing, unless performance conditions required deferral of the amount.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Allocation and apportionment of costs

Costs are allocated between activities by direct allocation to refuges and resettlement with the balance to administration and support.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Freehold property	- 2% on cost
Leasehold improvements	- 2% on cost
Play equipment	- 20% on cost
Security equipment	- 33% on cost
Office equipment	- 33% on cost

Fixed assets are stated at cost less accumulated depreciation and accumulated impairment losses. Where parts of an item of property, plant and equipment have different useful lives, they are accounted for as separate items of property, plant and equipment.

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Depreciation methods, useful lives and residual values are reviewed at each balance sheet date. The selection of these residual values and estimated lives requires the exercise of judgement. The trustees are required to assess whether there is an indication of impairment to the carrying value of assets. In making that assessment, judgements are made in estimating value in use. The trustees consider that the individual carrying values of assets are supportable by their value in use

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from the charitable company. Contributions payable for the year are charged in the Statement of Financial Activities.

Financial instruments

Cash and cash equivalents in the statement of financial position comprise cash at banks and in hand and short term deposits with an original maturity date of three months or less.

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in the statement of financial activities under administrative expenses.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the entity after deducting all of its financial liabilities.

Where the contractual obligations of financial instruments are equivalent to a similar debt instrument, those financial instruments are classed as financial liabilities. Financial liabilities are presented as such in the statement of financial position. Finance costs and gains or losses relating to financial liabilities are included in the statement of financial activities. Finance costs are calculated so as to produce a constant rate of return on the outstanding liability.

Significant judgements and estimates

The preparation of financial statements requires the use of certain critical accounting estimates. It also requires management to exercise its judgement in the process of applying the company accounting policies. The areas involving a higher degree of judgement or complexity, or areas where assumptions and estimates are significant to the financial statements are disclosed within the individual accounting policies above.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	36,640	53,120
Legacies	-	5,000
	<u>36,640</u>	<u>58,120</u>

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Group Work fees	2,228	383
Training Fees	<u>2,711</u>	<u>1,953</u>
	<u>4,939</u>	<u>2,336</u>

4. INVESTMENT INCOME

	2022	2021
	£	£
Interest received	<u>33</u>	<u>64</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2022	2021
		£	£
Residents' fees	Provision of refuges	138,180	150,821
Grants and contracted income	Provision of refuges	192,866	182,794
Grants and contracted income	Resettlement & day centre	-	2,035
Grants and contracted income	Administration & support	<u>146,491</u>	<u>293,359</u>
		<u>477,537</u>	<u>629,009</u>

Grants received, included in the above, are as follows:

	2022	2021
	£	£
The National Lottery Community Fund - SHE project	113,859	157,484
Northampton Borough Council	96,963	96,963
BBC Children in Need	32,175	2,852
Lloyds Bank Foundation for England and Wales	30,000	82,980
Masonic Charitable Fund	23,728	-
Garfield Weston Foundation	20,000	-
Thomas Brington Foundation	10,000	-
The National Lottery Community Lottery Fund - Equine Facilitated Learning project	9,632	-
Kick Start Scheme	3,000	-
Northamptonshire Police, Fire and Crime Commissioner	-	75,266
Ministry of Housing, Communities and Local Government	<u>-</u>	<u>43,204</u>
Carried forward	339,357	458,749

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

5. INCOME FROM CHARITABLE ACTIVITIES - continued

	2022	2021
	£	£
Brought forward	339,357	458,749
Coronavirus Job Retention Scheme	-	7,966
Greenhalgh Trust Award	-	3,500
Stewardship Grant	-	3,000
Department of work and pensions	-	2,072
Northamptonshire Community Foundation	-	2,901
	<u>339,357</u>	<u>478,188</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs (see note 7)	Support costs (see note 8)	Totals
	£	£	£
Provision of refuges	296,593	1,628	298,221
Resettlement & day centre	163,496	549	164,045
Administration & support	35,672	155,074	190,746
Property depreciation and interest	<u>4,000</u>	<u>1,592</u>	<u>5,592</u>
	<u>499,761</u>	<u>158,843</u>	<u>658,604</u>

7. DIRECT COSTS OF CHARITABLE ACTIVITIES

	2022	2021
	£	£
Staff costs	362,219	198,321
Consultants fees	-	5,000
Training	1,535	3,030
Material and equipment	4,256	4,212
Premises running costs	56,867	36,209
Maintenance charges	34,214	31,962
Rents and room hire	12,138	13,304
Motor and travelling costs	332	453
Holidays and excursions	762	210
Northamptonshire Breakthrough Project expenses	-	1,375
Office and secretarial costs	9,692	17,270
Translation costs	973	416
DWP Access to work	19	2,111
Partner funding payments	12,000	-
Depreciation	<u>4,754</u>	<u>4,754</u>
	<u>499,761</u>	<u>318,627</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. SUPPORT COSTS

	Management £	Finance £	Governance costs £	Totals £
Provision of refuges	1,628	-	-	1,628
Resettlement & day centre	549	-	-	549
Administration & support	147,833	179	7,062	155,074
Property depreciation and interest	-	1,592	-	1,592
	<u>150,010</u>	<u>1,771</u>	<u>7,062</u>	<u>158,843</u>

Support costs, included in the above, are as follows:

Management

	Provision of refuges £	Resettlement & day centre £	Administration & support £	2022 Total activities £	2021 Total activities £
Wages	-	-	91,621	91,621	224,124
Social security	-	-	4,808	4,808	11,966
Pensions	-	-	5,032	5,032	4,679
Consultants fees	-	-	4,872	4,872	1,201
Training	-	-	2,286	2,286	1,274
Material and equipment	-	-	3,504	3,504	5,749
Hardship expenditure	-	-	292	292	298
Premises running costs	1,628	-	25,091	26,719	29,812
Motor and travelling costs	-	-	10	10	11
Office and secretarial costs	-	549	10,317	10,866	7,051
	<u>1,628</u>	<u>549</u>	<u>147,833</u>	<u>150,010</u>	<u>286,165</u>

Finance

	Administration & support £	Property depreciation and interest £	2022 Total activities £	2021 Total activities £
Bank charges	179	-	179	242
Depreciation of tangible fixed assets	-	1,200	1,200	1,200
Bank loan interest	-	392	392	455
	<u>179</u>	<u>1,592</u>	<u>1,771</u>	<u>1,897</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

8. SUPPORT COSTS - continued
Governance costs

	2022 Administration & support £	2021 Total activities £
Auditors' remuneration for audit	4,104	4,080
Auditors' remuneration for non audit work	<u>2,958</u>	<u>3,022</u>
	<u>7,062</u>	<u>7,102</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Auditors' remuneration for audit	4,104	4,080
Other non-audit services	2,958	3,022
Depreciation - owned assets	5,954	5,954
Deficit on disposal of fixed assets	<u>10,866</u>	<u>7,051</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

11. STAFF COSTS

	2022 £	2021 £
Wages and salaries	425,029	401,724
Social security costs	27,459	26,634
Other pension costs	<u>11,192</u>	<u>10,732</u>
	<u>463,680</u>	<u>439,090</u>

During the year, remuneration paid to key management personnel totalled £142,876 (2021: £131,462).

The average monthly number of employees during the year was as follows:

	2022	2021
Staff	<u>24</u>	<u>23</u>

No employees received emoluments in excess of £60,000.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

12. TANGIBLE FIXED ASSETS

	Freehold property £	Leasehold improvements £	Play equipment £
COST			
At 1 April 2021 and 31 March 2022	<u>332,142</u>	<u>37,684</u>	<u>11,949</u>
DEPRECIATION			
At 1 April 2021	78,000	11,310	11,949
Charge for year	<u>5,200</u>	<u>754</u>	<u>-</u>
At 31 March 2022	<u>83,200</u>	<u>12,064</u>	<u>11,949</u>
NET BOOK VALUE			
At 31 March 2022	<u>248,942</u>	<u>25,620</u>	<u>-</u>
At 31 March 2021	<u>254,142</u>	<u>26,374</u>	<u>-</u>
	Security equipment £	Office equipment £	Totals £
COST			
At 1 April 2021 and 31 March 2022	<u>11,864</u>	<u>21,642</u>	<u>415,281</u>
DEPRECIATION			
At 1 April 2021	11,864	21,642	134,765
Charge for year	<u>-</u>	<u>-</u>	<u>5,954</u>
At 31 March 2022	<u>11,864</u>	<u>21,642</u>	<u>140,719</u>
NET BOOK VALUE			
At 31 March 2022	<u>-</u>	<u>-</u>	<u>274,562</u>
At 31 March 2021	<u>-</u>	<u>-</u>	<u>280,516</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Debtors	9,568	17,240
Prepayments and accrued income	<u>11,106</u>	<u>1,063</u>
	<u>20,674</u>	<u>18,303</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022	2021
	£	£
Bank loans and overdrafts (see note 16)	3,346	3,324
Trade creditors	19,283	15,628
Social security and other taxes	7,482	8,558
Other creditors	1,995	1,923
Accruals and deferred income	7,115	7,865
	<u>39,221</u>	<u>37,298</u>

15. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	2022	2021
	£	£
Bank loans (see note 16)	<u>11,786</u>	<u>15,299</u>

16. LOANS

An analysis of the maturity of loans is given below:

	2022	2021
	£	£
Amounts falling due within one year on demand:		
Bank loans	<u>3,346</u>	<u>3,324</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>3,513</u>	<u>3,424</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>8,273</u>	<u>10,897</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more than 5 years by instalments	-	978

17. SECURED DEBTS

The following secured debts are included within creditors:

	2022	2021
	£	£
Bank loans	<u>15,132</u>	<u>18,623</u>

The bank loan is secured on the freehold property.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

18. MOVEMENT IN FUNDS

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	150,485	(150,474)	119	130
Freehold Property	235,521	(5,592)	3,881	233,810
Furniture replacement fund - Valley House	22,000	-	(4,000)	18,000
Refuge Development Fund	<u>50,000</u>	<u>-</u>	<u>-</u>	<u>50,000</u>
	458,006	(156,066)	-	301,940
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	26,067	-	-	26,067
Valley House improvements	12,123	-	-	12,123
MHCLG COVID funding	1,478	(1,478)	-	-
Masonic Charitable Fund	<u>-</u>	<u>18,089</u>	<u>-</u>	<u>18,089</u>
	<u>40,532</u>	<u>16,611</u>	<u>-</u>	<u>57,143</u>
TOTAL FUNDS	<u>498,538</u>	<u>(139,455)</u>	<u>-</u>	<u>359,083</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	440,614	(591,088)	(150,474)
Freehold Property	<u>-</u>	<u>(5,592)</u>	<u>(5,592)</u>
	440,614	(596,680)	(156,066)
Restricted funds			
Children in Need	32,175	(32,175)	-
MHCLG COVID funding	-	(1,478)	(1,478)
Thomas Brington Foundation	10,000	(10,000)	-
Masonic Charitable Fund	23,728	(5,639)	18,089
DWP Kickstart scheme	3,000	(3,000)	-
Equine facilitated learning project	<u>9,632</u>	<u>(9,632)</u>	<u>-</u>
	<u>78,535</u>	<u>(61,924)</u>	<u>16,611</u>
TOTAL FUNDS	<u>519,149</u>	<u>(658,604)</u>	<u>(139,455)</u>

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2022**

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/20 £	Net movement in funds £	Transfers between funds £	At 31/3/21 £
Unrestricted funds				
General fund	61,163	93,946	(4,623)	150,486
Freehold Property	237,293	(5,655)	3,882	235,520
Furniture replacement fund - Valley House	22,000	-	-	22,000
Refuge Development Fund	<u>50,000</u>	<u>-</u>	<u>-</u>	<u>50,000</u>
	370,456	88,291	(741)	458,006
Restricted funds				
Development project	864	-	-	864
Valley House maintenance fund	26,067	-	-	26,067
Valley House improvements	12,123	-	-	12,123
DWP access to work	-	(39)	39	-
Lloyds Bank Foundation Fund	12,102	(12,102)	-	-
Children in Need	1,188	(1,188)	-	-
MHCLG COVID funding	<u>-</u>	<u>776</u>	<u>702</u>	<u>1,478</u>
	<u>52,344</u>	<u>(12,553)</u>	<u>741</u>	<u>40,532</u>
TOTAL FUNDS	<u>422,800</u>	<u>75,738</u>	<u>-</u>	<u>498,538</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	551,934	(457,988)	93,946
Freehold Property	<u>-</u>	<u>(5,655)</u>	<u>(5,655)</u>
	551,934	(463,643)	88,291
Restricted funds			
DWP access to work	2,072	(2,111)	(39)
Lloyds Bank Foundation Fund	-	(12,102)	(12,102)
Children in Need	2,852	(4,040)	(1,188)
Ministry of Justice COVID funding	75,266	(75,266)	-
Lloyds COVID	7,800	(7,800)	-
Greenhalgh Trust	3,500	(3,500)	-
Northamptonshire Community Foundation	2,901	(2,901)	-
MHCLG COVID funding	<u>43,204</u>	<u>(42,428)</u>	<u>776</u>
	<u>137,595</u>	<u>(150,148)</u>	<u>(12,553)</u>
TOTAL FUNDS	<u>689,529</u>	<u>(613,791)</u>	<u>75,738</u>

18. MOVEMENT IN FUNDS - continued

Designated funds

The freehold property fund includes the freehold property NBV less the bank loan liability held against the property. The transfer during the year relates to the value of the repayments of the loan less the interest charged and the depreciation charged on the property during the year..

The furniture replacement fund for Valley House is for replacement furniture for the refuge.

The Refuge Development Fund is money ring fenced by the trustees for the development of refuge provision and services.

Restricted funds

The Development Project Fund relates to money received for training and development of the care workers.

The Valley House Maintenance and Valley House Improvement Funds are funds held for maintenance and improvements to Valley House Refuge.

The BBC Children in Need Fund is for salary costs, other staffing costs, volunteer expenses, small equipment and other project costs, specifically in relation to what was requested per the grant application.

The Thomas Brington Foundation fund was to provide the salary and on costs for a new Domestic Abuse Relief Worker.

The Masonic Charitable Fund was for the Children and Young Peoples service to provide the salary and on costs of an employee for the project.

The DWP Kickstart scheme funding is used to employ two new young employees under the Government funded scheme providing funding for employers to create jobs for 16-24 year old.

The National Lottery Community Fund - Awards for All funding was to fund the Equine Facilitated Learning Project. This funded classes, service user travel costs and crèche facilities.

2021 funds now ceased

The MHCLG COVID funding was for ICT support to enable staff to work from home and change delivery models to provision of online group work programmes and training to service users, including men, and professionals. It also provided essential supplies such as food for vulnerable families, cleaning equipment and PPE, and essential cleaning in refuges to ensure staff and service user safety, and also additional staff hours to provide cover for vacancies.

The Lloyds Bank Foundation Fund is for salary costs of the Occupational Therapist, supervision and activity resource costs.

The Ministry of Justice COVID funding provided additional front line staff to deliver services for women and children throughout the pandemic, as well as practical support to purchase resources required to operate the charity throughout the pandemic.

The DWP access to work grant was used to purchase equipment for staff with disabilities.

The Lloyds bank COVID funding was used to purchase ICT equipment for service users to be able to access online group work and PPE.

18. MOVEMENT IN FUNDS - continued

The money from the Thomas and Rosemary Greenhalgh Trust was for group coaching sessions for all staff every 6 weeks. The provider delivered separate sessions for staff and managers, which identified work related issues for both groups.

The Northamptonshire Community Foundation income was for ICT equipment and website and email development to be able to provide new 'Silent Solution' service for women escaping domestic abuse.

Transfers between funds

Transfers between funds have been carried out due to the transfer of administration and management expenses.

19. RELATED PARTY DISCLOSURES

During the year website design services were provided to the charity by Bravery Design, a business owned and run by the son-in-law of C Morgan, the Chief Executive. Transactions were conducted at arm's length and totalled £2,369 (2021: £1,364). There was no balance due at the year end (2021: £nil).

During the year fundraising strategy development services were provided to the charity by Katie Jones, the daughter of C Morgan, the Chief Executive. Transactions were conducted at arm's length and totalled £1,500 (2021: £875). There was no balance due at the year end (2021: £nil).

There were no further related party transactions carried out during the year.

20. ULTIMATE CONTROLLING PARTY

The charity is under the control of its trustees.

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	36,640	53,120
Legacies	-	5,000
	36,640	58,120
Other trading activities		
Group Work fees	2,228	383
Training Fees	2,711	1,953
	4,939	2,336
Investment income		
Interest received	33	64
Charitable activities		
Residents' fees	138,180	150,821
Grants and contracted income	339,357	478,188
	477,537	629,009
Total incoming resources	519,149	689,529
EXPENDITURE		
Charitable activities		
Wages	333,408	177,600
Social security	22,651	14,668
Pensions	6,160	6,053
Consultants fees	-	5,000
Training	1,535	3,030
Material and equipment	4,256	4,212
Premises running costs	56,867	36,209
Maintenance charges	34,214	31,962
Rents and room hire	12,138	13,304
Motor and travelling costs	332	453
Holidays and excursions	762	210
Northamptonshire Breakthrough Project expenses	-	1,375
Office and secretarial costs	9,692	17,270
Translation costs	973	416
DWP Access to work	19	2,111
Partner funding payments	12,000	-
Depreciation of tangible fixed assets	4,754	4,754
	499,761	318,627

This page does not form part of the statutory financial statements

NENE VALLEY CHRISTIAN FAMILY REFUGE LIMITED

**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022**

	2022 £	2021 £
Support costs		
Management		
Wages	91,621	224,124
Social security	4,808	11,966
Pensions	5,032	4,679
Consultants fees	4,872	1,201
Training	2,286	1,274
Material and equipment	3,504	5,749
Hardship expenditure	292	298
Premises running costs	26,719	29,812
Motor and travelling costs	10	11
Office and secretarial costs	<u>10,866</u>	<u>7,051</u>
	150,010	286,165
Finance		
Bank charges	179	242
Depreciation of tangible fixed assets	1,200	1,200
Bank loan interest	<u>392</u>	<u>455</u>
	1,771	1,897
Governance costs		
Auditors' remuneration for audit	4,104	4,080
Auditors' remuneration for non audit work	<u>2,958</u>	<u>3,022</u>
	<u>7,062</u>	<u>7,102</u>
Total resources expended	<u>658,604</u>	<u>613,791</u>
Net (expenditure)/income	<u>(139,455)</u>	<u>75,738</u>

This page does not form part of the statutory financial statements