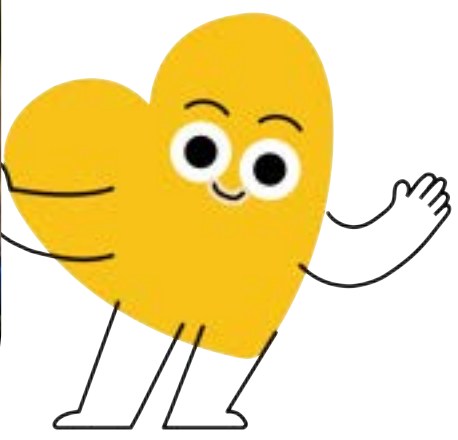


ANNUAL TRUSTEES REPORT & ACCOUNTS

2024-2025



FOREWORD .01

We are proud to present the MYTIME Young Carers Report and Financial Statements for 2024–2025. This has been a year of significant progress for MYTIME, as we continue our mission to ensure that young carers receive the recognition, support, and opportunities they deserve. Guided by our vision of social justice, we remain committed to tackling the disadvantages and inequalities that so often shape young carers' lives.

This year, we reached several important milestones. We published the first report on secondary school attendance and attainment for young carers, providing crucial evidence of how caring responsibilities can affect educational outcomes. For the third year running, thanks to the MYTIME Level Up Programme, schools in Bournemouth, Christchurch, and Poole identified the highest percentage of young carers on the national school census. Our work also gained national attention through the BBC Children in Need campaign, which featured young carers supported by MYTIME on Radio 2, raising vital awareness of their challenges.

At a practical level, we expanded our reach to over 257 schools across the UK, helping educators to identify and support young carers effectively. Through our Making Memories and Employability Programmes, we directly supported more young carers and their families than ever before, enriching their experiences and opening new opportunities for the future. A major development this year was the launch of the MYTIME Young Carer Community Champion Programme, which trains clubs, sports organisations, faith groups, and community groups to build inclusive environments for young carers.

We were also honoured that three young carers represented MYTIME at the International Conference for



Young Carers in Manchester, where they shared their lived experiences with academics, practitioners, and policymakers from across the globe.

None of this would have been possible without the generosity of our supporters, including the Paul Hamlyn Foundation, The National Lottery, Talbot Village Trust, Big Give, The Pointers Family Trust, Eranda Rothschild, and many others. Their ongoing belief in our mission has enabled us to scale our services and reach over 3,000 young carers this year.

Together, we are building a brighter and fairer future, one where every young carer has the chance to be recognised, supported, and able to thrive.

P. Tansey

Paul Tansey
Chair of Trustees, MYTIME Young Carers

FOREWORD .02

This financial year has undoubtedly been YAAB's strongest yet, and with the projects currently underway, I have no hesitation that the impact will only grow.

Our original board at the end of their two-year tenure, delivered workshops they had planned at the MYTIME Education Summit 2024. Resources YAAB had contributed to months prior were used and it was the perfect legacy for them to finish with. We recruited our second board in the new year, keeping some familiar faces and gaining some

incredible new members. A rebuilding phase may have been expected, but they hit the ground running!

Standout moments from 2025 include YAAB's invitation to OFSTED where we shared lived experiences and joined a round table discussion, the outcome: a confirmed change in their framework

support young carers. In addition, some of our members spoke to the Charity Awards judging panel and did such an incredible job that weeks later they were on stage helping collect the award!

The current lineup of projects makes for a busy time. YAAB are planning their own wellbeing event, creating podcasts with Kooth and are developing another Education Summit workshop after the success of last year. This is no small feat and their determination for positive systemic change is reflected by it.

Just as important as the board's incredible wins are the holistic approaches we are prioritising to care for them as individuals. YAAB gives so much to MYTIME and the wider community and so we make it a priority to give back. Planning days always include respite and regular check-ins are a core responsibility. I couldn't be prouder of YAAB and the journey they've taken through big transitions this past year.

J. Jennings

Jemima Jennings
Chairperson of MYTIME's Youth Action and
Advisory Board





The Trustees submit their annual report and audited financial statements for the year ending 31st March 2025. The Trustees confirm that the report and financial statements of the charity's current statutory requirements, the requirements of the charity's governing document, and the provisions of 'Accounting and Reporting by Charities; Statement of Recommended Practice', applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) (Charities SORP FRS102).

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160 young carers supported

2,140 young carers supported
500 young carers supported through MM/residential/ZYG
1st wellbeing data collected in relation to our TOC
93 schools reached through LU
1,335 teachers trained
1st Education Summit
34 Employability graduates

1st National report on young carers' primary school attendance and attainment published
Gave evidence to the Young Carers All-Party Parliamentary Group
Featured in the ITV documentary Young Carers: A Hidden Crisis
228 schools engaged through LU
55 schools supported through the Level Up Academy
Young Carer Friendly Award launched(now CCP)
50 graduates of EP

2019

2020

2021

2022

2023

2024

1,360 young carers supported
3 programmes developed
1st Operation Christmas



3,180 young carers supported
Level Up expanded nationally, inc IOW
Level Up Academy developed
4,000+ school staff trained
1000+ bags delivered through Op Xmas
Youth Action & Advisory Board launched
TEMPO launched
3000 MM spaces/opportunities created
55 Employability graduates

3,718 young carers supported
Delivered at International YC Conference
Secondary report released
MIS guides produced to support schools



OUR YEAR IN NUMBERS

3,718

YOUNG CARERS
SUPPORTED

272

EVENTS &
OPPORTUNITIES

11,991

STUDENTS ATTENDED YC ASSEMBLIES

1,428

PROFESSIONALS TRAINED

257

LEVEL UP SCHOOLS/
COLLEGES

44

EMPLOYABILITY
GRADUATES

6

EMPLOYABILITY
COURSES

54

MAKING MEMORIES
EVENTS

1,260

MAKING MEMORIES
ATTENDEES

40

TEACHER TRAINING
SESSION DELIVERED

21

TEMPO
SESSIONS

206

TEMPO
ATTENDEES

113

ZOOM YOUTH GROUP SESSIONS

943

ZOOM YOUTH GROUP ATTENDEES

SHORT TERM

OUTCOMES: THE CHANGES, BENEFITS, LEARNING, EFFECTS & RESULTS

LONG TERM

1

More young carers have access to the support they need (indicators: whether they know where to go; whether they access support; what they access; how frequently; why/ why not)

2

Young carers feel more connected (indicators: # of connections made; type of connections eg friendships; whether or not they feel isolated; whether or not they feel they belong within the YC community; whether they are known to/feel seen by their school/work community)

3

Young carers have more opportunities to access new and varied experiences (indicators: # activities access; whether or not they would normally access these; type of activities accessed)

4

Young carers have more fun (indicators: self-reported level of fun; where they have fun; how often they get a break from caring)

5

Young carers have improved life skills (indicators: financial skills, first aid skills, interpersonal skills, teamworking skills, interview skills)

6

Young carers have improved self/emotional awareness (indicators: level of awareness of what they need; how they feel)

7

More young carers understand the importance of self care and are equipped with coping strategies (indicators: whether they develop strategies to support self care/wellbeing; whether they make time for themselves; whether they access support; whether they take up or pursue any passions/hobbies)

8

Young carers have improved physical health

9

Reduced stress levels among young carers

11

Young carers have a stronger sense of identity (indicators: young carers know what they like and dislike, what they value and what they stand for etc.)

13

More young carers feel proud to care (indicators: whether being a young carers feels less stigmatised; self-reported feelings of shame/pride; self-reported level of confidence to identify as a young carer)

16

More young carers experience a sense of agency over their own future (indicators: more young carers access further education, training or employment; young carers take a wide range of factors into account when making life choices)

17

Improved wellbeing amongst young carers

10

More young carers have a sense of hope and optimism about the future (indicators: self reported level of optimism; type of aspirations; whether they make plans for the future)

12

Young carers have increased self confidence (indicators: self-reported self worth/ self-esteem)

14

Improved attendance (indicators: work/ school)

15

Improved attainment (indicators: work/ school/ personal lives)

18

More young carers fulfill their potential

IMPACT:

IMPROVED CHILDHOOD EXPERIENCES AND ADULT OUTCOMES FOR YOUNG CARERS

Awareness raising
CPD
Lobbying
influencing work

Young carers are recognised and known about

Young carers' situations are understood

Stigmas are reduced

Improved policy & legal rights for young carers

More/better support is available to young carers nationally

More equal opportunities (level playing field)

A

B

C

D

E

F

ASHLEA'S STORY

'Take my hand and I will be right here for you.' Words usually heard by children and spoken by parents when growing up. But here it's me, Ashlea, who is the one saying them to my mother. I am a young adult carer.

Since childhood I've cared for my mum who has Fibromyalgia with spinal disc deterioration, COPD, asthma, walking complications and a sleeping disorder. Caring for my mum is my whole sense of being. To start with, my school had no idea about my caring responsibilities and whenever attendance felt challenging or my results faltered, I just accepted it. I've learned that I'm part of the estimated 1,000,000 children under 18 in the UK caring for a loved one - but this also seems to make me invisible. Experts say upwards of 80% of young carers like me live without any support. Without identification and recognition, we get pushed to the side, out of the light, and we're disadvantaged throughout childhood.

I'm so grateful that my school connected with MYTIME Young Carers. The partnership with their expert Level Up team managed to raise awareness of young carers in our whole school community. Through training (CPD) sessions, their Level Up Coordinators worked to share their lived experience, knowledge and insights about young carers. It was after these conversations with MYTIME that my teachers actually identified me, as well as a lot of others in my school, as young carers. I remember how I instantly felt safer in school; I wasn't misunderstood or invisible anymore. I was heard and listened to.

At home, there's no choice but to sleep less to get everything done, so thinking about my academic life and future prospects is overwhelming. Yet, MYTIME understands the unique set of circumstances that each young carer lives in and can suggest reasonable

adjustments to my school. It's things like this that have led to my attendance getting better and my academic attainment getting better as a result.

MYTIME Young Carers train Young Carer Champions (YCCs) and make opportunities for them to get together to share good practice and learn from each other. For me this meant having a trusted point of contact in school who was arranging regular supportive meet ups for me and other young carers. All staff, including the YCC, offered us academic and emotional support so we had everything we needed to fulfil our potential.

Carrying caring responsibilities at such a young age, you can probably imagine what a lot of my childhood experiences were like. Growing up I felt ashamed of caring for my mum; some friends just wouldn't 'get it'. I didn't have any safe spaces to share my feelings or talk about the challenges I was worried about. I began to get angry. I felt upset, anxious, and stressed, but most of all I was isolated with no idea about who to turn to for support. That, plus the fact that our household was not financially stable. Trying to join in with extra-curricular clubs and hobbies was basically impossible. Caring for my mum throughout week, all whilst balancing studies and trying to build friendships, took a significant toll on my mental and physical health. But that all changed when I was identified by the Level Up Programme in my school. I was told about the holistic support that young carers like me could get through MYTIME.

For example, MYTIME's Making Memories Programme has been a lifesaver for improving my all-round wellbeing, giving young carers like myself much needed breaks from caring is amazing. There are timetabled activities that are specially designed to give us new experiences, that I

otherwise would be very unlikely to ever try. It can be watersports, ice skating, or something in between. The events grew my confidence, resilience, and teamwork. MYTIME's sessions are designed around the five ways to wellbeing and in every activity, I get the chance to connect more with others, take some time to enjoy moments to myself, and join in physical activities so I feel stronger all round.

At Making Memories days I feel a sense of community that accepts and supports me. I don't feel that shame anymore, I feel really proud of what I do. It's helped me to build my sense of self beyond just my identity as a young carer. Young carers just like me from across a wide area are getting the support from MYTIME and, through this schedule full of fun, enriching opportunities, are getting improved childhood experiences and genuinely improved wellbeing.

As a teenager now, the pathway beyond school feels confusing and difficult to navigate. I don't feel as though I have a sense of agency over my own future, and the knowledge I need when it comes to employment feels really limited. Thankfully, MYTIME's Employability Programme empowers young carers like me to not only know I can dream but to also follow those dreams in life. I know that young carers are twice as likely to find themselves not in education, employment or training (NEET) between the ages of 16 and 19 compared to their non-caring peers - I want to do better.

Employability covers so much ground about work-life, and what to expect. The programme has CV-writing, interview skills, mock interviews and 1:1 personality profiling with the Colour Works Foundation. I've also attended a 'Day in the Workplace' where we heard and learnt from professionals in different industries, giving us exposure to the wealth of employment opportunities and routes around us.

This course has also helped me realise that there's real value in the skillset I've developed as a young carer. It's taught me new life skills which will pave the way to better adult outcomes. Employability is fantastic at raising awareness of young carers with employers and businesses so that our situations will be better understood, with less stigma and equal opportunities given to us as we grow into adulthood.

MYTIME do their own research and are lobbying against the wider systems that see young carers at a regular disadvantage. Most recently, they commissioned their new MYTIME Community Champion Programme to create 'Young Carer Friendly' communities. Like I've experienced firsthand, being a young carer means there are often barriers preventing me from getting involved in community clubs and sports. The new MYTIME initiative will redefine community for us, and help us be understood and respected within wider groups. By giving extra-curricular activity providers and group leaders the training, tools, and resources necessary to make inclusive and compassionate environments, young carers like me can feel better able to pursue passions or hobbies - all of which can be coping strategies for us longer term.

MYTIME really are a pillar of support for young carers. They want to level the playing field for us, so we can reach a world in which we're recognised and valued. In which young people like me aren't invisible and our lifelong opportunities are unlimited.

Ashlea's story is told with help from MYTIME Young Carers.

61%

of primary school young carers don't reach age related expectations in writing

27%

of young carers are persistently absent from school

40%

of secondary young carers experience suspensions

38%

of young carers achieve 5+ in English and Maths at GCSE

LEVEL UP PROGRAMME

Level Up, our flagship Programme, helps to formally identify young carers in the first instance, guides education professionals in understanding young carers' needs and provides ideas for early help and support. Across 2024 – 25, the team's dedication and compassion towards otherwise hidden and marginalised young carers has reaped some extremely impressive successes.

257

partner schools within Bournemouth Christchurch and Poole (BCP), across Dorset, on the Isle of Wight as well as nationwide, through our Level Up Academy.

BCP had the highest percentage of identified young carers for the third year running in the January 2025 Schools Census. The figures in Dorset and on the Isle of Wight are steadily improving too such that Dorset moved from 89th nationally in January 2023, to 49th in January 2024 and now sits 20th in January 2025 since we began working with them. Whilst the Isle of Wight has moved through 35th, 22nd and is now 19th in the country for levels of young carer identification.

Continuous Professional Development

Increasing young carer awareness and identification is crucial in helping to reduce the stigma and shame associated with having caring responsibilities. Across the last year, our expert Level Up Coordinators have delivered Continuous Professional Development (CPD) sessions to over 1,500 school staff. This comprehensive training helps school staff to make support services more visible and accessible to these incredible individuals leading to their improved participation and engagement in education.

"The CPD course was very informative and I am so happy there are people out there looking out for young carers and providing them with this service."
Teacher feedback

99%

of staff improved their understanding of young carers

97%

felt more confident in identifying young carers

98%

felt more confident providing support to young carers

YC Groups and Assemblies

Across the academic year, 73 young carer groups supporting 1200 young carers have taken place in schools. These sessions are delivered by each school's self-appointed Young Carer Champion (YCC) a member of staff trained as a trusted point of contact for young carers and families. In collaboration with YCCs and young carers themselves, we've delivered powerful assemblies to over 12,000 school students resulting in young carers feeling more seen and heard than ever whilst also feeling valued amongst their whole school community.

Events

Whilst much of the Level Up Programme is focused on staff training and engaging young carers in their learning journeys, the team also plan, support and deliver a number of bespoke events such as freshers fairs within Higher Education, open evenings and transition days between schools.

Our annual Education Summit was a huge success again this year when 130 staff from schools locally and nationally, including 120 Young Carer Champions (YCCs) and 5 headteachers, came together to listen to passionately delivered talks and participate in a range of workshops. The Summit was opened with a truly insightful video from none other than the Children's Commissioner for England, Dame Rachel de Souza who spoke inspirationally about giving all children a voice, including young carers. Continually trying to disrupt the current systems, we were also extremely grateful to have our Local MP come along and speak about his own personal experiences of being a young carer. The Summit was motivational and certainly helped to grow confidence and develop engagement amongst all delegates.

CHALLENGES AND NEXT STEPS

YC Attainment Data

Challenge:

Collecting data from individual schools can be tricky. It is not a one size fits all approach due to each setting using a different Management Information System (MIS).

MYTIME Solution:

We worked with national MIS providers Arbor, Bromcom and SIMs to produce an MIS guide so that schools could track young carer data effectively. We did this to ensure that the national annual census data is more accurate as 72% of schools in 2024/2025 reported having no young carers.

Updating and Reviewing Programme Content

Challenge:

Our Level Up Programme must provide Young Carer Champions with the most up to date tools and resources once they have moved beyond our initial CPD training.

MYTIME Solution:

As education settings break for Summer holidays, the Level Up team undertake a largescale review of the quality and impact of all aspects of their programme delivery. These regular improvements and adaptations ensure we continue to deliver to the best standards and create positive outcomes for young carers within schools. When they feel safe in education, the result is improved childhood experiences and better adult outcomes.

Young carers miss out on the moments that shape childhood — and it can have a lasting impact on who they grow up to be.

38%
experience mental health challenges

46%
miss out on hobbies

49%
miss out on friendships

65%
don't have enough time for themselves

72%
miss out on school holidays

(Source: Carers Trust & The Children's Society)

MAKING MEMORIES

MYTIME Making Memories Programme is designed to fill these gaps through:

In-person 'Activity Days' - joyful, purposeful events designed to give young carers a break and boost. Each experience is planned around the Five Ways to Wellbeing – helping young carers build confidence, foster friendships, reduce stress, and feel part of a supportive community.

Zoom Youth Group - weekly online space where young carers build skills, boost wellbeing, and stay connected. Sessions include creative workshops, games, peer discussions, and wellbeing activities – especially valuable for those in rural or isolated areas.

In 2024/25 we have delivered:

1,260
event spaces filled

477
young carers supported

113
Zoom Youth Group sessions

54
events delivered across Dorset

30+
local organisation partners



“My son is not very confident and usually refuses to go out. After sailing with MYTIME, he was beaming – like a different child.”

Young carer's parent

“I have found MYTIME events have given me as a parent time to unwind. Making Memories days have helped me encourage my daughter to try new things, make new friends and boosted her confidence.”

Young carer's parent

81%

rated the programme as excellent

90%

tried something new

83%

reported increased confidence

91%

felt less stressed

87%

made new friends

CHALLENGES AND NEXT STEPS

Accessibility for All

Challenge:

High anxiety, sensory sensitivities, and emotional needs make it hard for some young carers to attend events - even with support.

MYTIME Solution:

We're creating low-sensory, small group events that are co-designed with young carers. These trauma informed experiences help them feel calm, confident, and included.

Transport & Local Access

Challenge:

Young carers in rural or remote areas often can't attend due to transport issues or family responsibilities.

MYTIME Solution:

We're expanding delivery across Dorset, bringing events closer to where carers live. We're also working with local partners to provide transport and inviting rural carers to join our Zoom Youth Group.

Case Study: Archie's Story

Recent data from MYTIME's Young Carers report shows that 37% of young carers are registered with SEND. It's a reminder that our support must be inclusive, trauma-informed, and tailored to a range of emotional, social, and sensory needs.

Archie is one of the young carers we support. He had signed up to our events twice before, but each time, anxiety stopped him from even making it through the door.

He wasn't alone — many young carers face similar barriers, including high anxiety, sensory sensitivities, and the need for emotional support.

So, this Easter, we created a calm, low-sensory day with a smaller group, trained staff, and a nurturing environment — designed specifically for young carers like Archie.

For the first time, Archie and 13 others made it through the door — they stayed, smiled, and connected.

This is what true inclusion looks like. This is why Making Memories matters.

This is MYTIME.

49%

of Young Adult Carers aged between 18 and 25 are currently unemployed.

Young carers are

50%

more likely to be out of education, employment or training between the ages of 16-19 compared to their peers.

(Source: Carers Professor Joseph Sempik and Professor Saul Becker 2014)

EMPLOYABILITY

Our Employability Programme equips young carers with the essential life skills, experience, and strategies to access and thrive in employment. With all-round support including CV workshops, interview training, mentoring, educational sessions, personality profiling, and vital workplace exposure, the programme continues to make a real difference.

Across 2024–2025, MYTIME's Employability Programme grew in both reach and impact. From 51 the previous year, we now support 80 young carers aged 14–25 through year-round provisions. Covering Blandford and Poole in person, and the wider BCP and Dorset areas online, we're proud to have seen 44 graduates this year.

In 2024/25 we have delivered:

4

online courses

2

in-person courses

5

external events

44

programme graduates

Employability worked with two schools, delivering extra events such as Green Careers Day with Dorset Wildlife and a two-day money management workshop by MyBnk. The programme also offers workplace days, giving young carers hands-on experience across a range of careers. A strong network of partners made these opportunities invaluable. Participants experienced workplace days at Hilton Bournemouth, Hall & Woodhouse, Bournemouth University, MSP Capital, Foundry Poole, Vissensa, Peter Cooper Motor Group, Norco, and Kingston Maurward.



Alongside the Employability Programme, young carers in this age range have access to TEMPO, our biweekly online group.

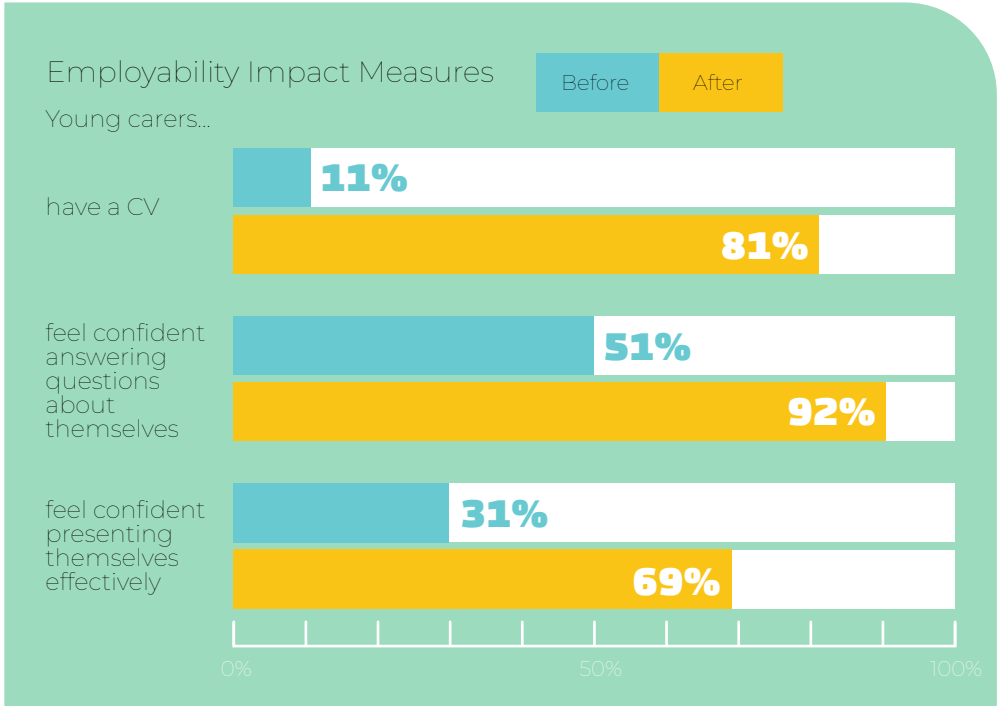
Providing 21 sessions to 206 attendees over the year, the virtual space lets young carers connect and support each other.

TEMPO has hosted a range of speakers and skills workshops, spanning:

- Careers
- PIP Payments
- Wills & Power of Attorney
- Volunteering/ Wider Opportunities
- Finance sessions delivered by The Money Charity

Case Study: Employability Graduate

One young carer shared a growing interest in music production but felt unsure whether to pursue it as a career. Through Employability, MYTIME arranged a 1-1 meeting with a music producer to share professional insights and a clear picture of the demands of the industry. The young carer seized the opportunity, showing real enthusiasm and asking countless questions. Subsequently, the professional shared how impressed he was by this attitude and has offered ongoing support to help them pursue their dream career!



CHALLENGES AND NEXT STEPS

Challenge

We need to continue to grow our capacity to deliver, while gaining more business support for workplace days. Our main challenge, however, is filling virtual programme spaces where we see attrition. As this is a unique initiative, we still need to effectively communicate its value - especially to online participants.

Next steps

Our next steps are to embed a new member of staff within Employability, and to implement a new model that drives engagement. The model shifts to three full offsite days, instead of being spread over eight weeks in schools. We aim to encourage inter-school friendships with students disconnecting from their school settings.

YOUTH ACTION & ADVISORY BOARD

The newly named Youth Action and Advisory Board has undergone a series of transformations this year with MYTIME's first board members rounding off their tenure with confidence and tenacity delivering their own workshops to more than one hundred Young Carer Champion's at our annual Education Summit, to the recruitment and induction of our new board members eager to make their stamp and create positive change for young carers nationwide.

Our chairperson, Jemima Jennings, continues to lead the group with determination, compassion and an unwavering belief that there is no limit to what they can collectively achieve, and this year has certainly proved her right. With funding secured for the board to train as Wellbeing Champions, a visit to OFTED to speak with His Majesty's Chief Inspector, a blossoming partnership with the mental health charity Kooth and countless calls for opinions and feedback on policies, reports and projects, the board's voices have never been more in demand.

The work of the YAAB is guided by it's new mission and vision:

MISSION

To better the recognition of and support for young carers by harnessing the natural energy and passion for youth voices and capitalising on lived experience expertise.

VISION

MYTIME's Youth Action and Advisory Board strives to influence positive systemic change to ensure every young carer is able to reach their full potential.



Participation to Partnership

This year has seen major changes in the power structure of the board. Having found that Hart's Participation Ladder risked disempowering the board members through lack of appropriate educational, developmental and educational support we have moved to a Partnership Pyramid model whereby empowered youth and adult allies share control, responsibility and accountability.

Holistic Support

At the heart of MYTIME are the young carers we serve and with this in mind we have refocused our running of the board around the hearts and minds of its invaluable members. We have increased the wellbeing support available and created a 'personal development fund' to financially aid the board in the pursuit of their individual dreams.

Wellbeing Champions

Having been successfully granted SNG #iWill Youth Social Action funding the board members have begun training to become Wellbeing Champions, to not only better understand and manage their own mental health but to help support the emotional wellbeing of other young carers. In Oct 2025 the group will use their new skills to develop and deliver a Wellbeing Festival for young carers across Dorset and BCP.

OFSTED

A year ago, the idea of speaking with OFSTED would have seemed like an unattainable dream, but, through a series of fortunate events the board members were invited by His Majesty's Chief Inspector to share their experiences, ask questions and discuss developments for the new OFSTED framework that would secure young carers nationally an appropriate level of understanding and support in education.

Kooth

Through collaboration across MYTIME the board were introduced to the podcast team at Kooth who had a vision for creating a series of episodes with the aim of helping young carers everywhere feel validated, understood and connected. The board have risen to the challenge and are putting the final touches to their emotive and inspiring episodes before recording starts next month.

Education Summit

With big shoes to fill, following the success of the previous board's work for our annual Education Summit, the new board members are planning an education professionals workshop about the role of trusted adults in the lived of vulnerable young carers. Taking things one step further, 3 board members led by Jemima, will speak in the main auditorium about some of the unspoken realities of life as a young adult carer.

CHALLENGES AND NEXT STEPS

Balancing Act

Challenge:

As the requests for involvement from the board increase it has been vital to remember that the members must balance their caring roles, education and board responsibilities.

MYTIME Solution:

To overcome this challenge we have taken the approach of divide and conquer, allocating projects and tasks to smaller working groups who can give them the time and focus they deserve.

Code of Conduct

Challenge:

Whilst on the whole all the board members act with the professionalism of a staff member, as vulnerable young people with challenging circumstances they can, on rare occasions, allow their emotions to impact the safe space of the board and wider MYTIME community.

MYTIME Solution:

As we constantly learn how to best support and manage the board we have developed a new Code of Conduct that reflects the safeguarding challenges of mixing under and over 18s and ensures the wellbeing of all.

COMMUNITY CHAMPION PROGRAMME

Our brand-new Community Champion Programme (CCP) tackles barriers young carer families face in joining community activities. Our new research into young carers' involvement in community clubs revealed an urgent need to improve their childhood experiences and support in these spaces.

Through CCP, clubs can become Young Carer Aware (YCA) or Young Carer Friendly (YCF), rebranding as supportive, inclusive spaces that understand young carers and actively encourage their participation in welcoming environments.

91%

of young carers are unable to consistently access community groups due to their caring role

This isolation limits social and personal development opportunities, increasing stress and exhaustion. The mission behind the CCP is to create inclusive community spaces where young carers can build relationships without the weight of their responsibilities holding them back.



Training

57% of community leaders and activity providers acknowledge that they lack confidence in identifying and support young carers within their networks. The CCP has been developed to empower staff to recognise the signs of young caregiving and respond effectively. By prioritising young carer education, we help young carers to connect with peers and provide the resources and recognition they deserve.

We've delivered 8 training sessions to 54 attendees, with 5 more groups interested for later 2025, and presented at 3 networking events with our Level Up team. The CCP has reached organisations across Bournemouth, Christchurch, Poole (BCP), and Dorset—even in the smallest parishes. Its success stems from the programme's innovative design, evolving from a community idea into a tested, shaped and shared effort through storytelling and building strong community relationships.

By training influential community groups such as The Dorset Football Association and AFC Bournemouth as well as pan-Dorset organisations such as Dorset Libraries, HealthWatch Dorset and Dorset Family Hubs, we're continually increasing awareness for otherwise vulnerable and overlooked young carers. In doing so we eliminate the feelings of exclusion that one in four young carers feel when considering activities that, for their non-caring peers, are simply part of everyday life.

"Holly was extremely knowledgeable and friendly providing us with the vital information we need to help moving forward with supporting any of our young people who are young carers or help identify others as young carers. I have learnt a lot from the invaluable training - the work you guys do is amazing!" Leader at The Rendezvous, A mental health and wellbeing project for young people.

'When I am able to take part in leisure activities it offers a bit of relief from my caring responsibilities offering and a chance to focus on myself.' A young carer at a local club group.

"These young people possess incredible dedication, perseverance, and strength. Yet, without adequate support, they risk missing out on transformative experiences that could help shape their futures."
Stephen Peck, Deputy Secretary General of The Duke of Edinburgh International Award Foundation.

CHALLENGES AND NEXT STEPS

Programme

The Young Carer Aware (YCA) and Young Carer Friendly (YCF) training programmes develop wellbeing, increase engagement and establish a true sense of community for young carers. This becomes a virtuous cycle with belonging feeding wellbeing and so on. Within this training, community leaders are encouraged to share an internal young carer register with all colleagues and make reasonable adjustments for this cohort's inclusion. Extra guidance is given by our programme lead around speaking with families and signposting them to external routes to support.

We know that for healthcare providers, volunteer groups or bigger activity providers, time and money are always short. Therefore, our biggest barrier continues to be making the training duration and cost accessible whilst still maximising the impact and creating sustainable income for the charity. The shorter 90-minute course regularly overran due to interesting questions and positive engagement and so our Programme Lead has quickly learnt to factor in an extra 30 minutes to ensure all topics are covered and there is room for Q&A. Even despite this extra time, feedback remains positive.

We are now focused on how to upscale and broaden the CCP rollout considering how we can schedule and tailor this. Discussions around moving to more of a consultancy model rather than simply direct delivery have begun though we are extremely mindful that we must also keep engagement with previous CCP delegates high and look after their progress within this model of expansion.

SYSTEMS WORK

MYTIME's work to address the systemic inequalities that impact young carers has been vital because most young carers remain hidden, unsupported, and disadvantaged by the very institutions meant to help them. By challenging gaps in school policy, data collection, and awareness, MYTIME is ensuring that young carers are identified early and offered the support they need to thrive.

MYTIME's evidence-based programmes tackle educational inequality, promote social inclusion, and learnings from them are being used to influence national policy. This systemic change is essential not just for improving individual outcomes, but for creating a fairer society where no child is held back because of their caring responsibilities.

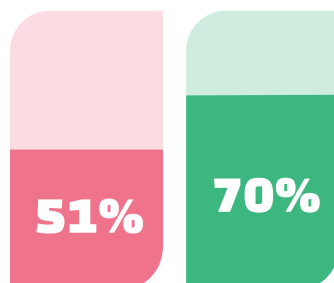
MYTIME Young Carers Reports 2024-2025

Report 1: In April 2024, MYTIME Young Carers published a landmark report titled "Unseen Sacrifices- Understanding the educational disadvantages faced by young carers." Drawing on data from seven primary schools participating in the MYTIME Level-Up programme, it painted a stark picture:

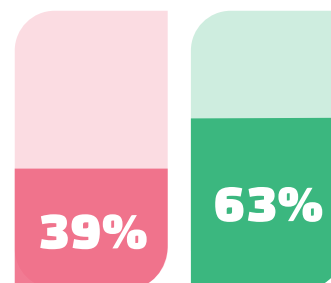


Young carers miss an average of 27 school days per year, double the rate of their peers.

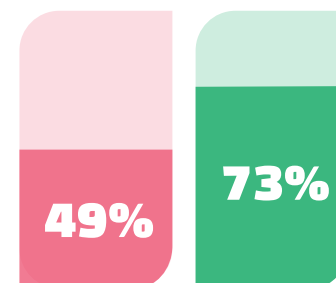
READING



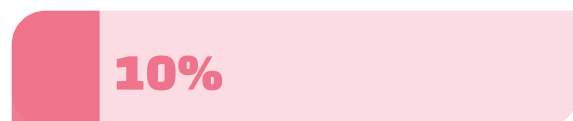
WRITING



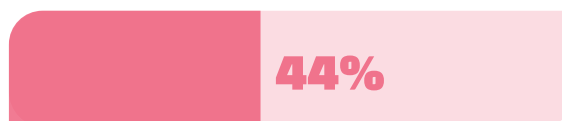
MATHS



Just 51% of young carers reached age-related expectations in reading (vs 70% of peers); 39% did so in writing (vs 63%); and 49% in maths (vs 73%)



Only 10% of young carers who leave primary school below expected reading standards pass GCSE English and Maths



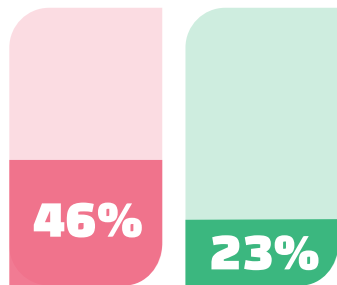
44% of young carers receive free school meals, and 53% are eligible for pupil-premium funding, indicating deep underlying financial hardship for young carers and their families.



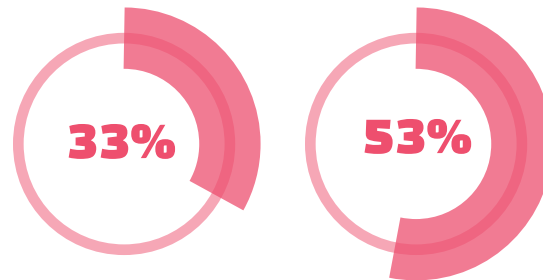
These findings underscore the urgent nature of MYTIME's mission: revealing that many young carers experience multiple vulnerabilities including experiencing poverty, caring responsibilities, and SEND which compounds their barriers to education, wellbeing, and opportunity.

Report 2: In November 2024, MYTIME Young Carers published another report which explored the experiences and outcomes of young carers attending secondary schools in Dorset, this report titled “Overlooked and Overburdened: Addressing the Educational Challenges Faced by Young Carers” revealed:

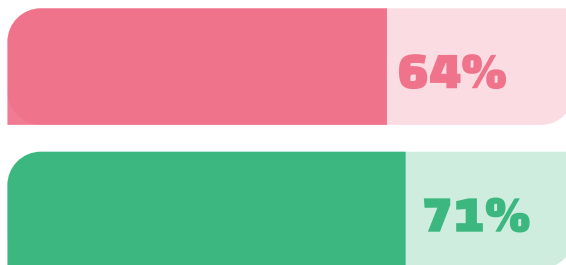
SCHOOL ATTENDANCE



46% of young carers in secondary school are persistently absent, compared to 23% of non-carers



33% of young carers were persistently absent in Year 7 increasing to 53% in Year 11.

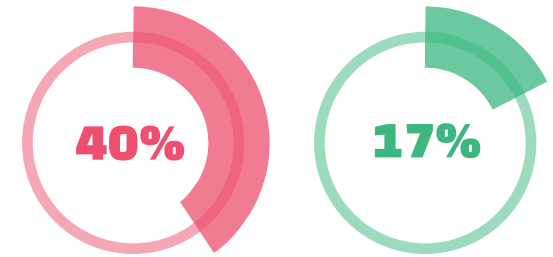


64% of Year 11 young carers achieved a Grade 4+ in GCSE English and Maths, vs 71% of their peers.

Young carers are significantly less likely to achieve higher grades (5+ and 7+) than their peers.

Young carers are over twice as likely to be suspended from school.

40% of young carers aged 11–16 have been suspended from school, compared to just 17% of their peers.



These findings underscore the deep and widening educational inequalities faced by young carers, highlighting the urgent need for systemic change to ensure they are identified, supported, and given equal opportunities to succeed in school.

Report 3: In February 2025, MYTIME Young Carers released a report on “Making the Invisible, Visible: Breaking Down Barriers to Recognition and Support for Young Carers in the Community.” This report highlights the significant obstacles young carers face in accessing community groups and extra-curricular opportunities. The findings reveal a widespread lack of awareness and structural support, limiting young carers' social and developmental experiences and leaving families without adequate help.



91% of young carers struggle to participate regularly in clubs and activities due to caregiving duties and a lack of understanding from group leaders.



78%

78% of parents cited logistical, financial, and communication challenges in accessing community opportunities for their children.



57%

57% of community leaders and activity providers shared that they cannot confidently identify or support young carers, indicating an urgent need for training and resources.



78%

78% of young carers reported missing out on vital social and developmental experiences due to their caring responsibilities.

Many young carers are hesitant to share their status because of fear, shame, embarrassment, and exhaustion from repeated explanations to adults who may not understand

This report exposed the widespread barriers young carers face in accessing community activities, revealing a critical lack of awareness, understanding, and support among groups working with young people and highlighting the urgent need for targeted training, resources, and inclusive

practices to ensure young carers are recognised, included, and supported.

Conclusion

In summary, the reports published by MYTIME Young Carers in 2024-2025 marks a pivotal step in reshaping the young carer sector, moving from invisible risk to visible need, from passive label to active support, and from charity-led interventions to systemic change.

MYTIME Young Carers Systems work for 2025 onwards

Next steps

Building on these findings, MYTIME will continue to develop its evidence-based work by deepening partnerships with schools, local authorities, and community providers to generate robust, longitudinal data that highlights the real experiences of young carers. This data will be used to inform national campaigns, shape public policy, and push for statutory reforms that better reflect the needs of young carers, particularly in education, community access, and mental health.

MYTIME is committed to amplifying the voices of young carers themselves through participatory research and lived-experience advocacy, ensuring that those most affected are central to the solutions. By combining data-driven insight with powerful storytelling, MYTIME aims to influence decision-makers at every level, making young carers visible not only in research, but in resourcing, representation, and reform.

Plans for 2025-2026

Equity for Young Carers Project

MYTIME has developed a new project funded by Forvis Mazar and in partnership with Social Finance, called 'Equity for Young Carers'. Working with other young carer organisations across the UK, MYTIME and Social Finance will seek out examples of good practice nationally which provide high quality and effective support for young carers.

We will work with other young carer organisations to conduct research and write reports that can be published and provide the backbone of the 'Framework of Good Practice'. This will help build an evidence base of cost effective, impactful interventions which improve the childhood experiences of young carers and improve their adult outcomes. These examples of good practice will then be used to identify the legislative changes needed to ensure all young carers have access to the support and opportunities they deserve.

Education reports

MYTIME will publish reports exploring the intersectionality of young carers, focussing on young carers with SEND, the behaviour of young carers in school and young carers in Early Years settings.

Summary

The insights generated by MYTIME's recent reports and future plans will provide a powerful platform for change. Offering not only a clearer understanding of the challenges young carers face, but also practical, scalable solutions to drive systemic reform across the education and care sectors.



FUNDERS

CHK Foundation

Eranda Rothschild
Foundation

Global's Make Some
Noise

SNG #iWill Fund

The Amateurs Trust

The Big Give

The Dorset Council Local
Alliance Group (North
Dorset)

The Hargreaves
Foundation

The MSN Fund

The National Lottery
Awards for All

The Postcode Local Trust

The Society of the Holy
Child Jesus

The Swire Charitable
Trust

The Valentine Charitable
Trust

BBC Children in Need

CABWI Awarding Body

Garfield Weston Foundation

John Ellerman Foundation

NCS

Paul Hamlyn Foundation

Talbot Village Trust

Ardonagh Community Trust

ASDA U18s Community
Starts

DPD

Dorset Council Youth Fund

Dorset HAF Fund

Fitton Trust

Gallagher (Neighbourly)
Funding

Happy Days Children's
Charity

Marsh Charitable Trust

One Stop Community
Partnership Programme

Richard Davies Charitable
Foundation

Skipton Building Society
Charitable Foundation

SOUP – Christchurch
Community Partnership

The 29th May Charitable Trust

The Barbara Ward Children's Foundation

The Edward Gostling Foundation

The Leathersellers' Foundation

The Peter Harrison Foundation

Jan and David Pointer

The Prince of Wales Charitable Fund

The Triangle Trust

Tesco Stronger Starts

Warburtons Community
Grants

The Alchemy Trust

The Alex Roberts-Miller
Foundation

The Alpkit Foundation

The Battens Charitable Trust

The Charles Lewis
Foundation

The Charlotte Bonham
Carter

The Cherries Community
Fund

The Christchurch Charitable
Trust

The D'oyly Carte Charitable
Trust

The Elmgrant Trust

The Ellingham Show

The Gilchrist Educational
Trust

The Girdler's Company
Charitable Trust

The Hedley Foundation

The Joanie's Fund

The John Rayner Trust

The Louis Nicholas Residuary
Charitable Trust

The Michael Cornish
Charitable Trust

The Percy Bilton Charity

The Souter Charitable Trust

The Southwell Portland Trust

The Steve Bernard
Foundation

The Tendril Trust

The Ten Percent Foundation

CORPORATE & COMMUNITY FUNDRAISING

2024/25 was another record-breaking year for Corporate and Community Fundraising and Partnerships at MYTIME Young Carers. We worked with more corporate partners than ever before and achieved our highest total income to date through corporate fundraising.

Our Corporate and Community Partners

We are incredibly proud to have received support from a wide range of generous and engaged corporate and community partners this year:

Corporate Partners

Fretzens Solicitors
Unique Group
Cordoba Rewards
Hilton Hotel
Dolphin Centre
Blue Sky Financial Planning
myTribe Insurance
Calcinotto
The Nici
Chewton Glen
E-motion Fitness Hub
BH2
Talent Guardian
Simplify Consulting
Peer2Peer Boards
MSP Capital
Funky Peach
Azets
Renowned Solutions
Select World Travel
Let Recruitment
Lashings World

Community Partners

Kids Assemble Community Group
Muscliff WI
Poole Rotary Club
Oak Academy
Oakdale Junior School
Winton Primary School
Bournemouth and Poole College
Bayside Academy School
Avonwood Primary School
Glenmoor School
Twynham School
Westbourne WI
Southbourne Tennis Club
Sisterhood at Holtwood
Ouch Learning and Development
Hillbourne Primary School
Colehill First School
Jewell Academy
Prince of Wales School
Smart Base
Leaf Studio School
William Rufus Lodge Freemasons
William Barnes Primary School
The Harbour School

Income and Key Figures

Our total income from corporate fundraising in 2024/25 reached £134,839, marking a 29% increase compared to the previous year.

Major contributors to this success included:

MYTIME Golf Day
(June) — delivered in partnership with Unique Group **£26,000 raised**

MYTIME Ball
(November) — proudly sponsored by Fretzens Solicitors **£42,000 raised**

Brave the Wave Campaign
(January–February) **£27,650 raised**

Standout Partner Achievement
Cordoba Rewards went above and beyond this year, organising:

Two Golf Days and a Fundraising Dinner in support of MYTIME

Together, their efforts raised an incredible £8,500, making them the top fundraising partner of the year.

VOLUNTEER ENGAGEMENT

25

active MYTIME
volunteers

80

Inactive
volunteers (to
be re-engaged)

50

Corporate
volunteers
engaged

900

Total volunteer
hours donated

Our volunteers include both individuals and teams from local businesses. Their contribution is not only generous in time but also invaluable in impact.

Becky Hammerton – Volunteer of the Year

A former young carer herself, Becky balances full-time work, caring for her parents, and volunteering at a food bank — yet still finds time to support MYTIME events all year round. “Volunteering with MYTIME has given me a chance to give back and stay connected to a cause that shaped my life.” Her empathy, resilience and positivity make her a true role model and a much-loved part of the MYTIME family.

The impact of Volunteers

Volunteers make a real difference to the lives of young carers and to the MYTIME team. Their contributions have enabled:

Significant financial savings by reducing the need for additional staff

A fresh energy and enthusiasm in every activity

Support and companionship for young carers during events

Valuable skills and experience, especially in working with children

Help with registration, 1:1 support, and activity setup

A welcoming and warm environment that enhances experiences

Positive role models for young carers to look up to

Increased supervision and safety

A deep commitment to MYTIME’s mission to support young carers

The impact on our Volunteers

Volunteering at MYTIME benefits not just the charity, but also those who give their time:

A strong sense of community and belonging

Enjoyment from giving back

Opportunities to gain experience, build confidence and grow personally

Social interaction and new friendships

A boost to self-esteem and wellbeing

Staying active and engaged, particularly for our retired volunteers



Corporate Partners
providing Volunteers

Frettons Solicitors
JP Morgan

We’re proud to collaborate with corporate partners who not only fundraise but also give their time and energy to directly support young carers.



LEGAL AND ADMINISTRATIVE INFORMATION

For the year ended 31 March 2025

Trustees

Paul Tansey (Chair)

Rebecca Turner

Chris Symons

Craig Jefferson (Appointed 31 October 2024)

Jemima Jennings (Appointed 31 October 2024)

Treasurer

Paul Tansey

Chief Executive

Krista Cartlidge

Charity Number

297481

Principal Address

Avonbourne Academy, Harewood Road,
Bournemouth, BH7 6NY

Bank

Natwest, 151 High Street, Poole, BH15 1AS

Auditors

Saffery LLP, Midland House, 2 Poole Road,
Bournemouth, BH2 5QY

Solicitors

Trethowans LLP, 5 Parkstone Road, Botleigh
Grange Business Park, Hedge End, Southampton
SO30 2AF

Financial Review

MYTIME experienced a strong financial year in 2024- 2025, with total revenue rising significantly to £1,096,123, a 29% increase compared to £851,015 in 2023-2024. This growth was driven by a notable increase in both unrestricted and restricted funds, as well as the introduction of an £175k expendable endowment fund via the support of The Edward Gostling Foundation.

The rise in income reflects successful fundraising and grant acquisition efforts, particularly the new The Edward Gostling Fund (endowment) contribution which strengthens long-term financial sustainability.

Expenditure increased, to £940,498 (£796,871 in 2023-24) it remained proportionate to income growth. Investment has been made into a new CRM system to improve data collection as the organisation continues to grow. A transfer of £62,563 was made from unrestricted to restricted funds to align with donor intentions and programme allocations.

Net movement in funds, Restricted Funds -£52,682, Unrestricted Funds +£33,307, The Edward Gostling Fund (endowment) +£175,000 giving a surplus of £155,625 (14.2% of income) for the year (surplus in 2023-2024 £54,144, 6.4% of income).

Total funds at the year end grew to £424,340 a 58% increase. Restricted funds £109,401 at the year end and unrestricted funds £139,939 at year end. The Edward Gostling Fund £175,000 is also available at the Trustees discretion as unrestricted funds.

2024-2025 shows another successful year for MYTIME, with robust income growth and strategic use of restricted funds. MYTIME will continue its managed growth into 2025-2026 with emphasis on its data collection and proving the support provided to Young Carers is making a noticeable difference to their lives and their academic attainment.

Reserves Policy

The aim of MYTIME's reserves policy is to ensure that its ongoing and future activities are reasonably protected from unexpected variances in income and expenditure, such as Covid-19, Brexit and cost of living crisis. The Trustees have developed a system to ensure the free reserves are regularly reviewed. This process considers the financial risks associated with different income streams, expenditure categories and balance sheet items together with MYTIME's ability to meet these from realisable funds. MYTIME monitors a range of measures related to its income and expenditure profile, risks faced and cash flow in developing a free reserves target.

The reserves policy seeks to balance spending the maximum amount of income raised as soon as possible after receipt with maintaining the minimum level of free reserves to ensure uninterrupted operation and provide time to adjust to a change in financial circumstances.

The Charity currently aims to build free reserves of 3 months of underlying operational costs. The current goal is therefore to build up free reserves to a level of approximately £330,000 in the next 3 years, from April 2025- March 2028. This figure will be reassessed annually and linked to inflation.

At 31st March 2025 the charity has free reserves of £314,939

Public Benefit

The trustees have had regard to the guidance issued by the Charity Commission on public benefit when reviewing the charity's aims and purposes and in planning future activities. In particular, the trustees consider how planning activities contribute to the aims and purposes of the charity.

Risk management

The Trustees consider the key risks to which the charity is exposed. In addition, a detailed risk dashboard is maintained by the CEO and reviewed regularly. Reports are submitted to the Trustees at quarterly trustee meetings. The CEO assesses the detailed risks and the systems in place to mitigate them.

Examples of the key risks faced by MYTIME, and their mitigation are provided below:

Risk: Loss of the Chief Executive- in a charity of this size the Chief Executive's continuing commitment and resilience underpins its capacity to deliver its business plan.

Mitigation: A Senior Management Team covers the core areas of communications, finance, fundraising, operations, and programmes, and provides support to the Chief Executive as well as continuity in times of absence. As the charity continues to grow that resource is monitored.

Risk: Lack of funding- funding is critical to the continued operations of the charity and in a continuously evolving environment, it needs to be alerted to changing funding demands and policies.

Mitigation: The charity has increased the size of the fundraising team and diversified income streams. This includes the hiring of a Corporate Fundraiser and a Community Fundraiser.

Risk: Reputational damage- the charity's reputation is paramount, and it works hard to maintain and enhance it.

Mitigation: High quality Programmes are delivered by exceptional staff and meticulously evaluated; a rigorous Safeguarding Children and Vulnerable Adults policy is in place; risk assessments are carried out for every programme.

Risk: Poor staff wellbeing - Staff wellbeing is crucial in a small, ambitious charity that delivers an extensive programme each year with young carers.

Mitigation: Staff wellbeing is central to the charity's people strategy and culture. Initiatives have included wellbeing days, creative and social activities, additional holiday, and regular socials.

Structure, Governance and Management

A Trust Deed effected in 1987 governs the Charity, MYTIME Young Carers is an unincorporated charity.

Objective & Activities

- (1) For the public benefit, to help and educate young people:
 - (a) Through their leisure time activities by residential courses and expedition training and otherwise; and or
 - (b) By providing advice, assistance (including financial assistance), training, and support, and organising programmes of educational and other activities; and or
 - (c) By raising public awareness of matters affecting young people, in order to develop their physical mental and spiritual capacities that they may grow to full maturity as individuals and members of society and that their conditions of life may be improved.
- (2) The land in the schedule to this scheme is designated land.

Vision

Our vision is a world where young carers are recognised by society and their life-long opportunities are unlimited.

Mission

We believe no child's destiny should be defined by their beginning. That's why at MYTIME we fight for the rights of young carers to ensure they receive the support, opportunities and friendship that every child deserves.

Values

Tenacity; We work relentlessly to elevate the position of young carers across society

Compassion: We model ourselves on the young carers we serve and operate from a place of kindness, always

Accountability: We accept responsibility for accelerating meaningful change for young carers, and take full ownership of our successes and failures along the way

Collaboration: We believe in collective action, celebrating community over competition

Authenticity: We represent the authentic voice of young carers, and stay true to them in everything we do

Appointment and Induction of Trustees

MYTIME's Board of Trustees has a wealth of experience that covers the business, charity, community and education sectors. New Trustees are appointed to the Board by the current Trustees. The Chief Executive inducts new Trustees by providing key information relating to the charity's governance and operations, and introductions to the staff team. New Trustees also have a DBS check and safeguarding training. The Trustees meet at least quarterly and are invited to attend projects and events.

Opinion

We have audited the financial statements of MYTIME Young Carers for the year ended 31 March 2025 which comprise the statement of financial activities, charity balance sheets, statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the affairs of the charity as at 31 March 2025 and of the charity's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011

Basis of opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report.

We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate. Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue. Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information:

The Trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements, or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated.

If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information; we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and their environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Annual Report.

We have nothing to report in respect of the following matters where the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- adequate accounting records have not been kept by the charity, or returns adequate for our audit have not been received from branches not visited by us;
- or
- the charity financial statements are not in agreement with the accounting records and returns; or
 - certain disclosures of trustees' remuneration specified by law are not made; or
 - we have not received all the information and explanations we require for our audit.

Responsibilities of Trustees:

As explained more fully in the Statement of Trustees' Responsibilities set out on page 18, the Trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for In preparing the financial statements, the Trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements:

We have been appointed as auditors under the Charities Act 2011 and report in accordance with regulations made under that Act. Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud are detailed below.

Identifying and assessing risks related to irregularities:

We assessed the susceptibility of the charity's financial statements to material misstatement and how fraud might occur, including through discussions with the Trustees, discussions within our audit team planning meeting, updating our record of internal controls and

ensuring these controls operated as intended. We evaluated possible incentives and opportunities for fraudulent manipulation of the financial statements. We identified laws and regulations that are of significance in the context of the charity by discussions with senior management and updating our understanding of the sector in which the charity operates.

Laws and regulations of direct significance in the context of the charity include The Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008 and guidance issued by the Charity Commission for England and Wales. Further the charity is subject to other laws and regulations where the consequences of non-compliance could have a material effect on amounts or disclosures in the financial statements, through significant fine, litigation or restrictions on the charity's operations. We identified the most significant laws and regulations to be the Children and Families Act 2014, Care Act 2014, Children's Act 1989, Health and Care Act 2022, and The Young Carers Regulations 2015.

Audit response to risk identified:

We considered the extent of compliance with these laws and regulations as part of our audit procedures on the related financial statement items including a review of financial statement disclosures. We reviewed the charitable company's records of breaches of laws and regulations, minutes of meetings and correspondence with relevant authorities to identify potential material misstatements arising. We discussed the charitable company's policies and procedures for compliance with laws and regulations with members of management responsible for compliance.

During the planning meeting with the audit team, the engagement partner drew attention to the key areas which might involve non-compliance with laws and regulations or fraud. We enquired of management whether they were aware of any instances of non-compliance with laws and regulations or knowledge of any actual, suspected or alleged fraud. We addressed the risk of fraud through management override of controls by testing the appropriateness of journal entries and identifying any significant transactions that were unusual or outside the normal course of business. We assessed whether judgements made in making accounting estimates gave rise to a possible indication of management bias. At the completion stage of the audit, the engagement partner's review included ensuring that the team had approached their work with appropriate professional scepticism and thus the capacity to identify non-compliance with laws and regulations and fraud.

There are inherent limitations in the audit procedures described above and the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities.

This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Saffery LLP

Casidhe Baleri (Senior Statutory Auditor)

For and on behalf of Saffery LLP
Midland House
2 Poole Road
Bournemouth
BH2 5QY

Date: **19 November 2025**

	Note	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Edward Gostling Fund (endowment) 2025 £	Total Funds 2025 £	Total Funds 2024 £
Incoming Resources:						
Grants and foundations		312,670	-	175,000	487,670	187,600
Charitable activities		195,594	412,859	-	608,453	663,415
Total Income resources		508,264	412,859	175,000	1,096,123	851,015
Resources expended:						
Charitable activities						
Raising funds		38,030	-	-	38,030	30,758
Charitable activities		374,364	528,104	-	902,468	766,113
Total resources expended	2	412,394	528,104	-	940,498	796,871
Transfers between funds:						
Transfer from unrestricted funds	12	(62,563)	62,563	-	-	-
Net movement in funds		33,307	(52,682)	175,000	155,625	54,144
Fund balance brought forward at 1 April 2024		106,632	162,083	-	268,715	214,572
Fund balance carried forward at 31 March 2025		139,939	109,401	175,000	424,340	268,716

All of the above results are derived from continuing activities

The statement of financial activities including all gains and losses recognised in the year Notes on pages 34 to 44 form part of these financial statements

	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	5	46,247	46,234
Current Assets			
Stock	6	12,358	9,378
Debtors	7	30,963	20,724
Bank and Cash		403,116	248,319
Total Assets		<u>492,684</u>	<u>324,655</u>
Creditors: amounts falling due within one year	8	<u>(58,344)</u>	<u>(55,940)</u>
Net current assets		<u>434,340</u>	<u>268,716</u>
Creditors: amounts falling due after one year	9	<u>(10,000)</u>	<u>-</u>
Total Assets less current Liabilities		<u>424,340</u>	<u>268,715</u>
Funds:			
Unrestricted Funds		139,939	106,632
Restricted Funds		109,401	162,083
The Edward Gostling Fund (endowment)		175,000	-
Total Funds	11	<u>424,340</u>	<u>268,715</u>

The financial statements were approved by the board of trustees and authorised for issue on

04.11.2025

and are signed on its behalf by:



Paul Tansey
Trustee

		2025 £	2024 £
Cash flows from operating activities			
Net cash used in operating activities	a)	160,017	62,483
		<u>160,017</u>	<u>62,483</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(5,220)	(7,353)
Net cash provided by/(used in) investment activities		<u>(5,220)</u>	<u>(7,353)</u>
Change in cash and cash equivalents in the year		154,797	55,130
Cash and cash equivalents at the beginning of the year		248,319	193,189
Cash and cash equivalents at the end of the year	b)	<u>403,116</u>	<u>248,319</u>

a) Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net income/(expenditure) from the year	155,625	54,143
Adjustments for:		
Loss on disposal of fixed assets	-	522
Depreciation	5,207	4,814
Increase in stock	(2,980)	(9,378)
Increase in debtors	(10,240)	(11,254)
Increase in creditors	12,404	23,636
Net cash provided by/(used in) operating activities	<u>160,017</u>	<u>62,483</u>

b) Analysis of cash and cash equivalents

	2025 £	2024 £
Current account	403,116	248,319
	<u>403,116</u>	<u>248,319</u>

1.1 Basis of preparation

The financial statements have been prepared under the historical cost convention, with the exception of investments which are included at fair value.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2019.

The Financial statements are presented in Pounds Sterling (£) which is the functional and presentation of the Charity. All amounts have been rounded to the nearest £1, unless otherwise stated.

1.2 Charity status

The charity is unincorporated registered in England and Wales. It's principal place of business is Avonbourne Girls Academy, Harewood Avenue, Bournemouth, Dorset, BH7 6NY.

1.3 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

1.4 Restricted Funds

These are funds that can only be used for particular restricted purposes within the objectives of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts. The cost of raising and administering such funds is charged against the specific fund.

1.5 Incoming Resources

All incoming resources are included in the SOFA when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. For legacies, entitlement is the earlier of the charity being notified of an impending distribution or the legacy being received.

1.6 Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with use of the resources.

1.7 Tangible fixed assets and depreciation

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Fixtures and office equipment are not depreciated from 1 April 2015 as the depreciation charge is not material.

Computer equipment is depreciated over 3 years straight line.

Freehold land and building is recognised as a non-depreciating asset.

1.8 Impairment of fixed assets

At each reporting period end date, the company reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any). Where it is not possible to estimate the recoverable amount of an individual asset, the company estimates the recoverable amount of the cash generating unit to which the asset belongs.

Recoverable amount is the higher of fair value less costs to sell and value in use. In assessing value in use, the estimated future cash flows are discounted to their present value using a pre-tax discount rate that reflects current market assessments of the time value of money and the risks specific to the asset for which the estimates of future cash flows have not been adjusted.

If the recoverable amount of an asset (or cash-generating unit) is estimated to be less than its carrying amount, the carrying amount of the asset (or cash-generating unit) is reduced to its recoverable amount. An impairment loss is recognised immediately in profit or loss, unless the relevant asset is carried at a revalued amount, in which case the impairment loss is treated as a revaluation decrease.

Recognised impairment losses are reversed if, and only if, the reasons for the impairment loss have ceased to apply. Where an impairment loss subsequently reverses, the carrying amount of the asset (or cash-generating unit) is increased to the revised estimate of its recoverable amount, but so that the increased carrying amount does not exceed the carrying amount that would have been determined had no impairment loss been recognised for the asset (or cash-generating unit) in prior years.

A reversal of an impairment loss is recognised immediately in profit or loss, unless the relevant asset is carried at a revalued amount, in which case the reversal of the impairment loss is treated as a revaluation increase.

1.9 Stock

Stock of retail goods is held at the lower of cost and net realisable value.

1.10 Cash at bank and in hand

Cash at bank and in hand are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.11 Financial instruments

The company has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument. Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest.

Financial assets classified as receivable within one year are not amortised.

Other financial assets

Other financial assets, including investments in equity instruments which are not subsidiaries, associates or joint ventures, are initially measured at fair value, which is normally the transaction price. Such assets are subsequently carried at fair value and the changes in fair value are recognised in profit or loss, except that investments in equity instruments that are not publicly traded and whose fair values cannot be measured reliably are measured at cost less impairment.

Impairments of financial assets

Financial assets, other than those held at fair value through profit and loss, are assessed for indicators of impairment at each reporting end date. Financial assets are impaired where there is objective evidence that, as a result of one or more events that occurred after the initial recognition of the financial asset, the estimated future cash flows have been affected. If an asset is impaired, the impairment loss is the difference between the carrying amount and the present value of the estimated cash flows discounted at the asset's original effective interest rate.

The impairment loss is recognised in profit or loss. If there is a decrease in the impairment loss arising from an event occurring after the impairment was recognised, the impairment is reversed. The reversal is such that the current carrying amount does not exceed what the carrying amount would have been, had the impairment not previously been recognised. The impairment reversal is recognised in profit or loss.

Derecognition of financial assets

Financial assets are derecognised only when the contractual rights to the cash flows from the asset expire or are settled, or when the company transfers the financial asset and substantially all the risks and rewards of ownership to another entity, or if some significant risks and rewards of ownership are retained but control of the asset has transferred to another party that is able to sell the asset in its entirety to an unrelated third party.

Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Basic financial liabilities

Basic financial liabilities, including creditors, bank loans, loans from fellow group companies and preference shares that are classified as debt, are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest.

Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less.

If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

1.12 Employee benefits

The costs of short-term employee benefits are recognised as a liability and an expense, unless those costs are required to be recognised as part of the cost of stock or fixed assets. The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received. Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.13 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods'

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

3 Total resources expended

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Staff costs	257,989	378,704	636,693	487,805
Other staff costs	38,030	-	38,030	30,758
Audit of the financial statements	15,500	-	15,500	-
Other direct costs	100,875	149,400	250,275	278,308
Total resources expenses	412,394	528,104	940,498	796,871

4 Staff costs

	2025 £	2024 £
Wages and salaries	572,268	487,805
Social security costs	49,853	40,164
Pensions costs	14,572	12,741
	636,693	487,805

Average number of employees 20 15

The total employee benefits of the key management personnel of the charity were £75,560 (2024: £71,161).

The number of employees whose emoluments fell within the following bands was:

	2025	2024
£60,000 - £70,000	1	1
	1	1

5 Trustees remuneration and expenses

Expenses totalling £34 (2024: £nil) were reimbursed to 1 trustee for travel and subsistence incurred in attending meeting and events. No other trustees received any remuneration during the year.

6 Tangible fixed assets		Total
Cost		£
As at 1 April 2024		79,630
Additions		5,220
Disposals		-
As at 31 March 2025		<u>84,850</u>
Depreciation		
As at 1 April 2024		33,396
Charge for the year		5,207
Eliminated on disposal		-
As at 31 March 2025		<u>38,603</u>
Net book value		
As at 1 April 2024		<u>46,234</u>
As at 31 March 2025		<u>46,247</u>
7 Stock	2025	2024
	£	£
MYTIME branded kit	12,358	9,378
	<u>12,358</u>	<u>9,378</u>

During the year, stock has been reanalysed from other debtors.

8	Debtors	2025	2024
		£	£
	Trade debtors	9,920	7,800
	Prepayments and accrued income	21,043	12,924
		<hr/>	<hr/>
		30,963	20,724
9	Creditors: amounts falling due within one year	2025	2024
		£	£
	Trade creditors	10,396	16,008
	Other taxes and social security	14,497	10,473
	Other creditors	33,451	29,459
		<hr/>	<hr/>
		58,344	55,940
10	Creditors: amounts falling due after one year	2025	2024
		£	£
	Deferred income	10,000	-
		<hr/>	<hr/>
		10,000	-
11	Related party transactions		
	The charity paid Intergage limited, a business in which the chairman has a controlling interest. Fees of £383 in 2025 (2024: £254) were paid respect of website support services.		
	During the year, Intergage purchased tickets to a MYTIME charitable event totalling £850 (2024:£nil)		

12	Statement of funds	Balance at 1 April 2024 £	Income resources £	Expenditure expended £	Transfers £	Balance at 31 March 2025 £
	Unrestricted funds					
	<i>General</i>					
	General fund	106,632	508,264	(412,394)	(62,563)	139,939
	Restricted funds					
	Memory Making Days	41,667	85,612	(151,834)	29,456	4,901
	Zoom Youth Group	(30,873)	25,618	(27,852)	33,107	-
	Employability	90,357	118,278	(72,601)	-	136,034
	Level Up	7,485	143,741	(195,421)	-	(44,195)
	Weekend Retreat R & R	220	-	-	-	220
	Community Champion	35,000	4,610	(64,695)	-	(25,085)
	Youth Advisory Board	6,727	-	(5,527)	-	1,200
	For Showers, central heating, and stove at the outdoor centre	11,500			-	11,500
	John Ellerman Social Impact project	-	35,000	(10,174)	-	24,826
	Total restricted funds	162,083	412,859	(528,104)	62,563	109,401
	The Edward Gostling Fund (endowment)	-	175,000	-	-	175,000
	Total Funds	268,715	1,096,123	(940,498)	-	424,340

The General reserves (unrestricted funds) represents free funds of the charity which are not designated for particular purposes.

Level Up and Community Champion funds are in deficit at the year end. This is due to the timing of incoming funds.

12 Statement of funds (continued)

Making Memories Days

Funded from a variety of sources, providing young carers with days out and activities to give them a break from their caring role. Time to have fun and be a child with friends who understand what it's like to be a young carer.

Zoom Youth Group

(forms part of Making Memories above) Provides a platform where young carers can get together online as they are not always able to be out of the home to attend after school clubs due to their caring role.

Employability Programme

Funded from a variety of sources. Employability is a ten week programme focused on providing young carers with employment skills. Young carers have many skills already, they communicate with professionals including GP's, Care providers, local councils. They cook, clean and administer first aid. The employability programme helps to give them confidence to recognise their skills and apply them to the world of work.

Level Up Programme

Funded from a variety of sources. Level Up provides liaison and training with school staff and students. We deliver high quality CPD to schools across the country and provide face to face assemblies in school to help identify young carers and the additional support they may need.

Weekend Retreat R & R

Our Outdoor centre at Worth Matrovers provides a retreat for young carers. Where they can take a break from their caring roles.

Community Champion Programme

Funded via the Ludlow Trust. We recognise that community groups find it difficult to identify young carers. The Community Champion Programme provides high quality training aimed purely at community groups and their leaders such as Brownies/Cubs/Football Clubs/Youth Clubs and Church Groups.

Youth Action and Advisory Board

Funded from a variety of sources. YAAB is a group of 'older' young carers who provide information to the Trustees and influence the work being done across MYTIME. They ensure the voices of the young people we support are being heard and valued.

Showers, central heating, and stove at outdoor centre

Funding from a variety of sources to provide equipment at outdoor centre.

John Ellerman Social Impact project

Funded from John Ellerman Foundation a project that is advocating for Young Carers by evaluating and reporting on the impact of MYTIME's work.

13	Prior year funds	Balance at 1 April 2023 £	Income resources £	Expenditure expended £	Transfers £	Balance at 31 March 2024 £
	Unrestricted funds					
	<i>General</i>					
	General fund	54,390	432,642	(380,400)	-	106,632
	Restricted funds					
	Memory Making Days	23,297	133,210	(114,840)	-	41,667
	Zoom Youth Group	-	16,270	(47,143)	-	(30,873)
	Employability	67,592	97,512	(74,747)	-	90,357
	Level Up	47,080	136,160	(175,755)	-	7,485
	Weekend Retreat R & R	-	220	-	-	220
	Community Champion	-	35,000	-	-	35,000
	Youth Advisory Board	8,013	-	(1,286)	-	6,727
	For Showers, central heating, and stove at the outdoor centre	11,500	-	-	-	11,500
	Salaries - Core Funding	2,700	-	(2,700)	-	-
	Total restricted funds	160,182	418,372	(416,471)	-	162,083
	Total Funds	214,572	851,014	(796,871)		268,715

14 Post balance sheet events

Following the year-end, on 1 June 2025, the charity converted to a Charitable Incorporated Organisation (CIO) and was registered with the Charity Commission under charity number 1211980.

This change represents a significant legal restructuring, whereby the activities, assets, and liabilities of the unincorporated charity were transferred to the newly formed CIO. The transfer became effective on 3 February 2025 and the CIO commenced operations on 1 June 2025.

14 Post balance sheet events (continued)

The trustees consider this change to be a governance improvement, providing the charity with a corporate structure that offers limited liability and a more appropriate legal framework for its future activities. The conversion does not affect the charitable objectives or day-to-day operations of the organisation.

As the conversion occurred after the balance sheet date, it has no impact on the financial statements for the year ended 31 March 2025, which continue to reflect the activities of the unincorporated charity.

15	Net asset review	Unrestricted funds	Restricted funds	Total funds 2025	Total funds 2024
		£	£	£	£
	Tangible fixed assets	46,247	-	46,247	46,234
	Current assets	446,437	-	446,437	278,421
	Creditors due within one year	(48,344)	(10,000)	(58,344)	(55,940)
	Creditors due within more than one year	-	(10,000)	(10,000)	-
		444,340	(20,000)	424,340	268,715