



WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE
FINANCIAL STATEMENTS

31 MARCH 2025

Company Registration Number 02136526
Charity Number 297258

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

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WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Reference and administrative details of the charity and its advisors

YEAR ENDED 31 MARCH 2025

Company number	02136526	
Charity number	297258	
Registered office and operational address	3 rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE	
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Heather Toyne	Chair
	Alyson Fielden	Vice Chair
	Anne Phipps	Secretary - Appointed 25/11/2024
	Louise Lacey	Treasurer
	Lucy Downs	Resigned 25/11/2024
	Sarah Bartlett	
	Melody Russell	
	Claire Simmons	
	Helene Titus-Glover	
	Jo Feather	
	Frances Hall	Resigned 19/05/2025
	Terry Jones	Resigned 25/11/2024
	Isabel Tobias	Appointed 15/7/2024
	Jasmin Webb	Appointed 16/09/2024
	Stephanie Helen Thompson	Appointed 25/11/2024
	Hazel Millar	Appointed 17/03/2025
Key Management Personnel	Kyra Bond	Chief Executive Officer
	Sarah Smith	Head of Operations
	Claire Boulton	Business Manager
	Rosie Thoburn	Clinical Manager
	Nicola Coggins	Volunteer Services Manager
Bankers	Barclays Bank	Flagstone Group Ltd
	55 Broadmead	1 st Floor
	Bristol	Clareville House
	BS1 3EA	26-27 Oxendon Street
	Bristol	London
	BS1 1SD	SW1Y 4EL
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park, Daventry Road Bristol, BS4 1DQ	

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Trustees' Annual report

YEAR ENDED 31 MARCH 2025

Governance and Management

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Method of Recruiting and Appointing Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Board of Trustees seeks to ensure that the needs of its client group (women with mental health support needs and survivors of sexual violence and abuse) are appropriately reflected through the diversity of the trustee body. In addition, the Board of Trustees seek to ensure that there is a broad experience and skills mix on the board.

Trustee Induction and Training

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Board of Trustees during which she will be made aware of:

- The obligations of Trustees;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

Organisational structure

Womankind has a Board of Trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has thirteen members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO along with the Head of Operations, Clinical Manager, Business Manager, Volunteer Services Manager and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

Risk Management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. External risks to funding have led to the development of a strategic plan which

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will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, the Helplines Partnership and the Befriending Network's national quality standards, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Related parties

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems, including survivors of sexual violence and domestic abuse. Key partnerships include the Sexual Violence Alliance (Somerset and Avon Rape and Sexual Abuse Support (SARSAS), The Green House, Safe Link, The Southmead Project and The Bridge (Sexual Assault Referral Centre), Missing Link/Safe Link/Next Link, VSCE Mental Health Collaborative, Sovereign Network Group, NHS Bristol, North Somerset and South Gloucestershire Integrated Care Board and Avon and Somerset Police and Crime Commissioner.

Objectives and Activities

The Company's objectives:

To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services that are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.
- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired and disabled women.
- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

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Trustees' Annual report

YEAR ENDED 31 MARCH 2025

Achievements and Performance

Womankind has provided vital mental health support for many women over the past thirty-nine years. Over the year, our dedicated team worked extremely hard to support significant numbers of women. Our helpline volunteers handled 5,470 calls, webchats and emails from women in distress, and we supported 379 clients with counselling, befriending or group therapy service.

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support (SARSAS) for women's rape and sexual abuse counselling (including a young women's service) as part of the Sexual Violence Alliance.
- Next Link for Home Office funding for counselling for young women affected by domestic abuse.
- The National Lottery towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Network Group to provide a befriending service for their own tenants who have experienced domestic abuse and/or sexual violence.
- The Garfield Weston Foundation towards our telephone and webchat helpline and core costs. Together with an unrestricted grant from the Nani Huyu Charitable Trust, a large (£50k) corporate donation, and a number of other small (under £5k) grants and donations from several trusts and foundations and individuals to support our service provision generally and our core costs.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling.

Telephone and Webchat Helpline

The Helpline is staffed by trained and supervised volunteers and is open every weekday morning, Monday, Wednesday and Thursday afternoons, and Monday and Tuesday evenings.

A total number of 3,798 telephone calls, 584 Webchat calls and 1,088 emails were handled during the year 2024-25. Overall, we were able to handle a similar number of contacts on the helpline compared to the previous year, but the recruitment of sufficient volunteers has remained very challenging due to the impact of the cost of living crisis. We are addressing this through Womankind's Communications strategy which prioritises raising awareness of our services, volunteering and recruitment opportunities amongst minoritised groups, and we are growing our social media presence and reaching a wider audience.

Befriending Services

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are trained in mental health, sexual violence and trauma-informed care. The aim of the service is to

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Trustees' Annual report

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improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for referred women survivors of sexual violence with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Network Group female tenants who have experienced domestic abuse and/or sexual violence.

83 women were supported by volunteers in befriending partnerships during 2024/25.

All women completing end of service evaluations have reported improved mental health and well-being, including increased confidence and self esteem, a decrease in social isolation and risk of harm, being able to perform more self-care, including eating healthily, seeking medical care, and pursuing hobbies. Many women have reported improved social support networks and relationships, feeling less anxious, safer and more hopeful, with a reduction in needing support from other services.

Counselling and Group Therapy Services

Therapy Groups

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two therapy groups for women who can afford to make a small contribution but are on low incomes.
- One free therapy group for women with low incomes, which is focussed on wellbeing.
- One low-cost fee-paying therapy group.

Counselling

Womankind offers culturally and trauma informed counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. All counsellors receive regular supervision provided by Womankind. We offer counselling services flexibly and responsively (online or in-person) to meet women's needs and preferences. Most counselling was delivered in person during 2024/25.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.
- Counselling for Deaf and hard of hearing women with a signing counsellor.
- Specialist rape and sexual abuse counselling service delivered in partnership with the Sexual Violence Alliance.
- Specialist young women's counselling services. These services are delivered in partnership with SARSAS and Next Link.
- Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
- Affordable fee-paying general counselling.

A total number of 296 clients received weekly counselling or group therapy sessions during the year.

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Training for professionals

The Women's Inequalities Training programme is delivered in partnership between Womankind and Missing Link and is in its third year. The training aims at improving the Bristol, North Somerset and South Gloucestershire response to women's mental health needs through the provision of specialist equalities training to the statutory and VCSE mental health workforce. The training package was co-produced with both service delivery partner agencies in BNSSG delivering support services to women, and experts by experience. Over 1,200 practitioners have booked onto and benefitted from the training programme.

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Financial Review

As at 31 March 2025 Womankind remains in a financially stable position. The charity generated a surplus of £57,662 compared to £86,761 in 2024. There has been a 5% increase in total income compared to 2024. This is due to securing additional grants and cost-of-living increases, enabling the charity to maintain its services in the face of rising levels of need.

Total expenditure increased by 10% from the previous year, this is due to increased costs and activity driven by the increased demand for the charity's services and the need to strengthen our core staff and management capacity. New staff have been recruited and staff hours have increased.

Womankind currently has an unrestricted general reserve of £327,127 (5.2 months) which is slightly more than the amount required (currently £260,000) by the Trustees stated reserves policy as set out below. However, in this unstable financial climate the Trustees consider it prudent to mitigate any financial risks by maintaining a greater level of reserves for robust financial governance.

Reserves policy

The Board of Trustees have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least three months running costs plus reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Board of Trustees will budget for surpluses in the next three years to recover the position.

Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

Statement of Responsibilities of the Board of Trustees

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

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The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31st March 2025 was fourteen.

The Board of Trustees are members of the charity but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

30/7/2025

Approved by the Board of Trustee onand signed on its behalf

Signed by:

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by: Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Independent Examiners Report

YEAR ENDED 31 MARCH 2025

I report on the accounts of the company for the year ended 31st March 2025 which are set out on pages 9 to 23.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

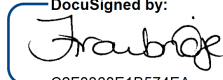
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT

DocuSigned by:

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Bristol Community Accountants CIC
 The Park
 Daventry Road
 Knowle Bristol BS4 1DQ

31/7/2025

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WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF FINANCIAL ACTIVITIES (Including Income
and Expenditure Account)****YEAR ENDED 31 MARCH 2025**

		Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	Note	£	£	£	£
Incoming and Endowments from:					
Grants, Donations and legacies	2	111,609	580,891	692,500	658,322
Charitable activities	3	22,865	-	22,865	33,807
Investments		15,365	-	15,365	4,154
Total Income		149,839	580,891	730,730	696,283
Expenditure On:					
Raising funds		9,188	-	9,188	1,373
Charitable activities		89,792	574,088	663,880	608,149
Total Expenditure	5	98,980	574,088	673,068	609,522
Net income		50,859	6,803	57,662	86,761
Net movement in funds		50,859	6,803	57,662	86,761
Total funds brought forward		369,868	46,295	416,163	329,402
Total funds carried forward		420,727	53,098	473,825	416,163

All of the activities of the charity are classed as continuing

The notes on pages 12 to 23 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**BALANCE SHEET****YEAR ENDED 31 MARCH 2025**

	Note	2025 £	2024 £
Current assets			
Debtors	10	9,970	2,143
Cash at bank and in hand		487,300	439,985
<i>Total current assets</i>		<u>497,270</u>	<u>442,128</u>
Creditors : Amounts falling due within one year	11	(23,445)	(25,965)
		<u></u>	<u></u>
<i>Net current assets or liabilities</i>		473,825	416,163
Total net assets or liabilities		<u><u>473,825</u></u>	<u><u>416,163</u></u>
The Funds of the Charity	12		
Restricted funds		53,098	46,295
Unrestricted funds			
<i>Designated funds</i>		93,600	98,000
<i>General funds</i>		327,127	271,868
		<u>473,825</u>	<u>416,163</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

30/7/2025

These financial statements were approved by the trustees on and are signed on their behalf by:

Signed by:

C1F60F824D38440:....
 Louise Lacey - Treasurer

The notes on pages 12 to 23 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF CASH FLOWS****YEAR ENDED 31 MARCH 2025**

	2025	2024
	£	£
Cash flows from operating activities:		
Net (expenditure)/income	57,662	86,761
<i>Adjustments for:</i>		
Other interest receivable and similar income	15,365	4,154
<i>Changes in:</i>		
Trade and other debtors	(7,827)	740
Trade and other creditors	(2,520)	10,485
Cash generated from operations	<u>62,680</u>	<u>102,140</u>
Interest received	(15,365)	(4,154)
Net cash from operating activities	<u>47,315</u>	<u>97,986</u>
Net Increase in cash and cash equivalents	47,315	97,986
Cash and cash equivalents at beginning of year	439,985	341,999
Cash and cash equivalents at end of year	<u>487,300</u>	<u>439,985</u>

The charity has not provided an analysis of changes in net debt as it does not have any long term financing arrangements.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

1 Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the time it is received.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

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Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****Income and Endowments From:**

2 Grants, Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Grants > £5,000			
Garfield Weston Foundation	-	30,000	30,000
NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) via VCSE Mental Health Alliance - Psychological Therapies Review Phase 2 project	-	24,446	24,446
BNSSG ICB	-	52,369	52,369
BNSSG ICB - WIT project	-	29,641	29,641
The Bromley Trust	-	20,000	20,000
The Brook Trust	-	19,536	19,536
National Lottery - Community Fund	-	53,750	53,750
Home Office VAWG CADA funding via Next Link	-	29,717	29,717
Ministry of Justice (MoJ) via OPCC	-	24,103	24,103
South Gloucestershire Council	-	12,390	12,390
SARSAS: NHSE Addressing Inequalities	-	66,070	66,070
Sarsas:NHSE	-	31,880	31,880
Sarsas:Online Counselling in Somerset	-	12,631	12,631
Pathfinder - NHSE via SARSAS	-	23,338	23,338
SARSAS: SV Therapies	-	57,885	57,885
SARSAS SV Therapies Young Women's Service	-	17,436	17,436
Sovereign Network Group	-	45,700	45,700
Grants < £5,000			
Unrestricted Grants & donations > £5,000	84,500	30,000	114,500
Unrestricted Grants & donations < £5,000	27,109	-	27,109
	111,609	580,891	692,500

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025**

<i>Grants, Donations and Legacies - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2024 £</i>
Grants > £5,000			
<i>Screwfix Foundation</i>	-	5,000	5,000
<i>CAF Keystone Fund</i>	-	24,030	24,030
<i>Edward Gostling Foundation</i>	-	25,000	25,000
<i>Brook Trust</i>	-	15,176	15,176
<i>Bromley Trust</i>	-	20,000	20,000
<i>BNSSG ICB</i>	-	78,661	78,661
<i>E.B.P.I via VCSE Mental Health Alliance</i>	-	15,407	15,407
<i>Next Link</i>	-	28,303	28,303
<i>OPCC : Ministry of Justice</i>	-	23,529	23,529
<i>SARSAS: NHS England (SV Befriending)</i>	-	31,880	31,880
<i>SARSAS: NHS England (Addressing Inequalities)</i>	-	66,070	66,070
<i>SARSAS (SV Counselling)</i>	15,143	115,610	130,753
<i>SARSAS (Young Women's Service)</i>	-	17,070	17,070
<i>National Lottery</i>	-	50,000	50,000
<i>South Gloucestershire Council</i>	-	11,475	11,475
<i>Sovereign Network Group</i>	-	44,370	44,370
Grants < £5,000			
<i>DWF Foundation</i>	-	1,500	1,500
<i>Unrestricted Grants & donations > £5,000</i>	37,000	-	37,000
<i>Unrestricted Grants & donations < £5,000</i>	33,098	-	33,098
	85,241	573,081	658,322

3 Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Earned Income - Other	1,950	-	1,950
Fees: Counselling	20,915	-	20,915
	22,865	-	22,865

<i>Charitable activities - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2024 £</i>
<i>Earned Income - Other</i>	1,388	-	1,388
<i>Fees: Counselling</i>	32,419	-	32,419
	33,807	-	33,807

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****4 Government Grants**

The charitable company receives government grants, defined as funding from BNSSG ICB, South Gloucestershire Council and Ministry of Justice (MoJ) via the Avon and Somerset Office of the Police and Crime Commissioner (OPCC) to fund charitable activities. The total value of such grants in the period ending 31 March 2025 was £118,502 (2024: £113,665). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2025.

5 Charitable Activities

	Raising Funds	Charitable activities	Support & governance costs	Total Funds 2025	Total Funds 2024
	£	£	£	£	£
Staff costs	9,138	423,329	-	432,467	365,242
Staff travel and subsistence	-	1,342	-	1,342	576
Client travel	-	598	-	598	-
Volunteer expenses / training	-	1,367	-	1,367	2,159
Management committee expenses	-	-	1,005	1,005	524
Rent and rates	-	59,302	-	59,302	56,986
Repairs and renewals	-	-	2,489	2,489	7,300
Miscellaneous	-	-	1,032	1,032	1,501
Office sundries	-	-	1,516	1,516	1,115
Training	-	6,384	-	6,384	3,915
Insurance	-	-	2,604	2,604	3,268
Telephone	-	5,810	-	5,810	6,457
Recruitment and advertising	-	-	9,491	9,491	3,370
Legal and professional (includes interpreting)	-	13,937	270	14,207	21,475
Clinicians' fees	-	97,247	-	97,247	100,419
Subscriptions and memberships	50	12,833	-	12,883	6,216
Printing, postage and stationery	-	893	-	893	1,544
IT costs	-	-	14,683	14,683	19,642
Accountancy	-	-	6,509	6,509	7,011
Photocopier	-	-	1,239	1,239	802
Sub-total	9,188	623,042	40,838	673,068	609,522
Allocation of support costs and governance costs	-	40,838	(40,838)	-	-
Total expenditure	9,188	663,880	-	673,068	609,522

6 Net incoming resources for the year

This is stated after charging:

	2025	2024
	£	£
Independent Examiner's Fees	685	623

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****7 Staff costs and numbers**

The aggregate payroll costs were:

	2025	2024
	£	£
Wages and Salaries	389,786	328,489
Social Security Costs	23,874	21,460
Pension Costs	18,807	15,293
	<u>432,467</u>	<u>365,242</u>

During the year, one employee received emoluments of more than £60,000 (2024: nil). The total emoluments, including salary, benefits, and pension contributions, amounted to £61,000. The breakdown is as follows:

Salary £58,095

Pension contribution £2,905

The charity has complied with all relevant regulations and guidelines in determining and disclosing these emoluments.

The average monthly head count was 17.5 staff (2024: 16 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer, Head of Operations, Business Manager, Clinical Manager and Volunteer Services Manager. Total employee benefits paid to key management personnel were £170,616 (2024: £163,359).

8 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2024: £nil). No trustees were reimbursed expenses during the year (2024: £nil). No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

9 Related party transactions

No trustee or other person related to the charity has any personal interest in any contract or transactions entered into by the charity during the year. There were no other related party transactions during the year (2024: £nil)

10 Debtors

	2025	2024
	£	£
Trade debtors	7,798	-
Other debtors	755	755
Prepayments	1,417	1,388
	<u>9,970</u>	<u>2,143</u>

11 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	22,005	21,315
Accruals and deferred income	1,440	4,650
	<u>23,445</u>	<u>25,965</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025**

12 Movement in funds - current year	At 01-Apr 2024 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2025 £
Restricted funds					
<i>Womankind Services</i>					
CAF Keystone Fund	16,000	-	(16,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) via VCSE Mental Health Alliance - Psychological Therapies Review Phase 2 project		24,446	(24,446)	-	-
Pathfinder - NHSE via SARSAS	-	4,338	(4,338)	-	-
<i>Women's Inequalities Training (WIT)</i>					
BNSSG ICB - WIT project	-	29,641	(29,641)	-	-
<i>General counselling</i>					
BNSSG ICB	-	52,369	(52,369)	-	-
<i>Befriending Services</i>					
National Lottery - Community Fund	-	46,158	(46,158)	-	-
SARSAS: NHS England (NHSE)	-	26,880	(26,880)	-	-
South Gloucestershire Council	2,295	12,390	(11,587)	-	3,098
Sovereign Network Group	-	45,700	(45,700)	-	-
<i>Safer Women's Project</i>					
The Bromley Trust	20,000	20,000	(20,000)	-	20,000
The Brook Trust	-	19,536	(19,536)	-	-
SARSAS: NHSE Addressing Inequalities	-	47,084	(47,084)	-	-
Legacy Grant	-	30,000	-	-	30,000
<i>Deaf Women's Counselling</i>					
SARSAS: NHSE Addressing Inequalities	-	12,811	(12,811)	-	-
<i>Sexual Violence Counselling</i>					
Ministry of Justice (MoJ) via OPCC	-	20,992	(20,992)	-	-
SARSAS: SV Therapies - Recent & historic SV		57,885	(57,885)		
SARSAS: Online counselling in Somerset		12,631	(12,631)	-	-
Pathfinder - NHSE via SARSAS - additional SV session		19,000	(19,000)	-	-
<i>Young Women's Service</i>	-			-	-
Home Office VAWG CADA funding via Next Link	-	29,717	(29,717)	-	-
SARSAS SV Therapies Young Women's Service	-	17,436	(17,436)	-	-
<i>Telephone and Webchat Helpline</i>					
Edward Gostling Foundation	8,000	-	(8,000)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset (OPCC)	-	3,110	(3,110)	-	-
National Lottery - Community Fund		7,592	(7,592)	-	-
SARSAS: NHSE (Befriending)		5,000	(5,000)	-	-
SARSAS: NHSE Addressing Inequalities		6,175	(6,175)	-	-
Garfield Weston Foundation	-	30,000	(30,000)	-	-
	46,295	580,891	(574,088)	-	53,098

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****Movement in funds (continued)**

	At 01-Apr 2024 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2025 £
Unrestricted funds					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	48,000	27,000	(25,000)	-	50,000
Strategic priorities	40,000	-	6,400	-	33,600
Joan Solomon Bursary Fund	10,000	-	-	-	10,000
Total designated funds	98,000	27,000	(31,400)	-	93,600
General funds	271,868	122,839	(67,580)	-	327,127
Total unrestricted funds	369,868	149,839	(98,980)	-	420,727
Total funds	416,163	730,730	(673,068)	-	473,825

Purposes of restricted funds**Womankind Services**

The Charities Aid Foundation (CAF) provided funding towards the part-time Business Manager's post through their Keystone Fund. NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) funded the second phase of a short-term project 'Evidence Based Psychological Therapies Review' via the Voluntary, Community and Social Enterprise (VCSE) Mental Health Alliance. NHS England (NHSE) provided 'Pathfinder' funding via Somerset and Avon Rape and Sexual Abuse Support (SARSAS) for associated projects.

Women's Inequalities Training

BNSSG ICB provide funding for a partnership project led by Womankind and Missing Link to deliver Women's Inequalities Training across the mental health workforce.

General Counselling

BNSSG ICB provide funding for general counselling.

Befriending Services

The National Lottery Community Fund provide funding for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from NHS England (NHSE) via SARSAS, and South Gloucestershire Council. Sovereign Network Group provide funding for a remote Befriending service for their own residents and staff who have experienced domestic abuse and/or sexual violence.

Safer Women's Project

Funding is provided by The Bromley Trust and the Brook Trust, together with funding from NHSE to address inequalities via SARSAS, to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation with specialist trauma counselling. A former member of Womankind's clinical team who worked in the Safer Women's Project died in August 2024 and left a legacy to Womankind to support the work of the project.

Deaf Women's counselling

Funding is provided by NHSE to address health inequalities via SARSAS, towards the provision of specialist counselling for Deaf/hard of hearing women.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

Sexual Violence counselling

The Ministry of Justice (MoJ) via the OPCC and SARSAS as lead agency for the Sexual Violence Therapies provision, fund Womankind to deliver specialist counselling for women who have experienced recent or historic sexual violence, rape and/or serious sexual assault. NHSE also provided 'Pathfinder' funding via SARSAS for extended or additional counselling sessions for women with complex PTSD. Somerset ICB provide funding via SARSAS for the delivery of online counselling in Somerset.

Young women's counselling service

The Home Office provide CADA (children affected by domestic abuse) funding via Next Link for counselling to support young women affected by domestic abuse. SARSAS as lead agency for the Sexual Violence Therapies provision, fund Womankind to deliver a specialist young women's counselling service.

Telephone and Webchat Helpline

The Garfield Weston Foundation and the Edward Gostling Foundation contributed towards the costs of running Womankind's telephone and webchat helpline. Funding from the MoJ, the National Lottery and SARSAS also contributed to the Helpline as the access point for the services that they funded, as listed above.

Purpose of Designated Funds

Nani Huyu Charitable Trust

The trustees chose to designate these monies for the purpose of funding the additional counselling sessions in 2024/25.

Strategic Priorities

The organisation has a strategic and business plan in place until March 2026, and the charity is currently developing the next 4-5 year business plan. The plans have specific priorities, some of which may require one off or short-term costs to implement. Some of this designated fund was used during the year, for a new website and for external Equality, Diversity and Inclusion training.

Joan Solomon Bursary Fund

The trustees designated monies to establish a bursary fund in memory of the Charity's former service user, Trustee and Chair of Trustees, who died in February 2023. The fund will be used to support women from minoritised communities to train as counsellors.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025*****Movement in funds - prior year
(continued)***

	At 01-Apr 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2024 £
Restricted funds					
<i>Womankind Services</i>					
CAF Keystone Fund	-	24,030	(8,030)	-	16,000
(BNSSG ICB) via (VCSE Mental Health Alliance) Psychological Therapies Review	-	15,407	(15,407)	-	-
Screwfix	-	5,000	(5,000)	-	-
<i>Women's Inequalities Training (WIT)</i>					
BNSSG ICB - WIT project	-	28,258	(28,258)	-	-
<i>General counselling</i>					
BNSSG ICB	-	50,403	(50,403)	-	-
SARSAS: Online counselling in Somerset	-	8,250	(8,250)	-	-
<i>Befriending Services</i>					
National Lottery - Community Fund	-	42,770	(42,770)	-	-
SARSAS: NHS England Befriending	-	26,880	(26,880)	-	-
South Gloucestershire Council	-	11,475	(9,180)	-	2,295
Sovereign Network Group	-	44,370	(44,370)	-	-
<i>Safer Women's Project</i>					
The Bromley Trust	20,000	20,000	(20,000)	-	20,000
The Brook Trust	-	15,176	(15,176)	-	-
SARSAS: NHSE Addressing Inequalities	-	50,610	(50,610)	-	-
<i>Deaf Women's Counselling</i>					
SARSAS: NHSE Addressing Inequalities	-	11,590	(11,590)	-	-
<i>Sexual Violence Counselling</i>					
Ministry of Justice (MoJ) via OPCC	-	20,419	(20,419)	-	-
SARSAS: BNSSG ICB Waiting list projects	-	33,723	(33,723)	-	-
SARSAS: OPCC Waiting list project	-	16,960	(16,960)	-	-
SARSAS: SV Therapies - Recent & historic SV	-	56,677	(56,677)	-	-
<i>Young Women's Service</i>					
Home Office VAWG CADA funding via Next Link	-	28,303	(28,303)	-	-
SARSAS SV Therapies Young Women's Service	-	17,070	(17,070)	-	-
	<u>20,000</u>	<u>527,371</u>	<u>(509,076)</u>	<u>-</u>	<u>38,295</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****Movement in funds - prior year (continued)**

<i>Telephone and Webchat Helpline</i>				-	-
<i>DWF Foundation</i>	-	1,500	(1,500)	-	-
<i>Edward Gostling Foundation</i>	-	25,000	(17,000)	-	8,000
<i>Crime Commissioner for Avon &</i>	-	3,110	(3,110)		
<i>National Lottery - Community Fund</i>	-	7,230	(7,230)	-	-
<i>SARSAS: NHS England Befriending</i>	-	5,000	(5,000)	-	-
<i>SARSAS: NHSE Addressing Inequalities</i>	-	3,870	(3,870)	-	-
	<u>20,000</u>	<u>573,081</u>	<u>(546,786)</u>	<u>-</u>	<u>46,295</u>

Unrestricted funds*Designated funds:*

<i>Nani Huyu Charitable Trust</i>	45,000	27,000	(24,000)	-	48,000
<i>Strategic priorities</i>	40,000	-	-	-	40,000
<i>Joan Solomon Bursary fund</i>	-	-	-	10,000	10,000
<i>Total designated funds</i>	<u>85,000</u>	<u>27,000</u>	<u>(24,000)</u>	<u>10,000</u>	<u>98,000</u>
<i>General funds</i>	<u>224,402</u>	<u>96,202</u>	<u>(38,736)</u>	<u>(10,000)</u>	<u>271,868</u>
<i>Total unrestricted funds</i>	<u>309,402</u>	<u>123,202</u>	<u>(62,736)</u>	<u>-</u>	<u>369,868</u>
<i>Total funds</i>	<u>329,402</u>	<u>696,283</u>	<u>(609,522)</u>	<u>-</u>	<u>416,163</u>

13 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

14 Analysis of net assets between funds - current year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Cash at bank and in hand	434,202	53,098	487,300
Other net current assets or liabilities	(13,475)	-	(13,475)
	<u>420,727</u>	<u>53,098</u>	<u>473,825</u>

Analysis of net assets between funds - prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Cash at bank and in hand	401,690	38,295	439,985
Other net current assets or liabilities	(23,822)	-	(23,822)
	<u>377,868</u>	<u>38,295</u>	<u>416,163</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****15 Statement of financial activities - prior year**

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Incoming and Endowments from:			
Donations and legacies	85,241	573,081	658,322
Charitable activities	33,807	-	33,807
Investments	4,154	-	4,154
Total income	123,202	573,081	696,283
Expenditure On:			
Raising Funds	7,498	-	1,373
Charitable activities	55,238	546,786	608,149
Total expenditure	62,736	546,786	609,522
Net Income	60,466	26,295	86,761
Net movement in funds	60,466	26,295	86,761
Total funds brought forward	309,402	20,000	329,402
Total funds carried forward	369,868	46,295	416,163