

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE
FINANCIAL STATEMENTS

31 MARCH 2024

Company Registration Number 02136526
Charity Number 297258

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

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WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

Company number	02136526		
Charity number	297258		
Registered office and operational address	3 rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE		
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:		
	Lucy Downs	Chair	
	Alyson Fielden	Vice Chair	
	Jo Feather	Secretary	
	Louise Lacey	Treasurer	
	Sarah Bartlett		
	Sally Bennett	Resigned 15/7/24	
	Melody Russell		
	Frances Hall		
	Terry Jones		
	Helene Titus-Glover		
	Jasmin Webb-Oriogun	Resigned 25/09/23	
	Claire Simmons		
	Laura Sponti	Resigned 18/03/24	
	Heather Toyne	Appointed 20/11/23	
	Isabel Tobias	Appointed 15/7/24	
Key Management Personnel	Kyra Bond	Chief Executive Officer	
	Claire Boulton	Business Manager	
	Danielle Radford	Temporary Business Manager	
	Rosie Thoburn	Clinical Manager	
	Nicola Coggins	Senior Volunteer Service Coordinator	
Bankers	Barclays Bank	Santander	Flagstone Group Ltd
	55 Broadmead	1 st Floor	1 st Floor
	Bristol	Alliance House	Clareville House
	BS1 3EA	12 Baldwin Street	26-27 Oxendon Street
		Bristol	London
		BS1 1SD	SW1Y 4EL
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park, Daventry Road Bristol, BS4 1DQ		

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

Womankind Bristol Women's Therapy Centre

The trustees present their report and the examined financial statements for the period ended 31 March 2024.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governance and Management

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Method of Recruiting and Appointing Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Board of Trustees seeks to ensure that the needs of its client group (women with mental health support needs and survivors of sexual violence and abuse) are appropriately reflected through the diversity of the trustee body. In addition, the Board of Trustees seek to ensure that there is a broad experience and skills mix on the board.

Trustee Induction and Training

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Board of Trustees during which she will be made aware of:

- The obligations of Trustees;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

Organisational structure

Womankind has a Board of Trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has twelve members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO along with the Clinical Manager, Business Manager, Senior

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Volunteer Service Coordinator and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

Risk Management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, the national Helpline Quality Standard, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Related parties

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems, including survivors of sexual violence and domestic abuse. Key partnerships include the Sexual Violence Alliance, SARSAS (Somerset and Avon Rape and Sexual Abuse Support), The Green House ,Safe Link, Kinergy, The Southmead Project and The Bridge Sexual Assault Referral Centre), Missing Link/Safe Link/Next Link, VSCE Mental Health Alliance, Sovereign Network Group, NHS Bristol, North Somerset and South Gloucestershire Integrated Care Board and Avon and Somerset Police and Crime Commissioner.

Objectives and Activities

The Company's objectives:

To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services that are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.

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- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired and disabled women.
- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

Achievements and Performance

Womankind has provided vital mental health support for many women over the past thirty-eight years. Over the year, our dedicated team worked extremely hard to support significant numbers of women. Our helpline volunteers handled 5,816 calls, webchats and emails from women in distress and we supported 423 clients with counselling, befriending or group therapy service.

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support (SARSAS) for women's rape and sexual abuse counselling (including a young women's service) as part of the Sexual Violence Alliance.
- Next Link for Home Office funding for counselling for young women affected by domestic abuse.
- The National Lottery towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Network Group to provide a befriending service for their own residents who have experienced domestic abuse and/or sexual violence.
- The Edward Gostling Foundation and the DWF Foundation towards our telephone and webchat helpline and core costs.
- The Screwfix Foundation for the construction of an additional counselling room.
- The Charities Aid Foundation (CAF) Keystone Fund towards the salary of our part-time Business Manager.

Together with an unrestricted grant from the Nani Huyu Charitable Trust and a number of other small (under £5k) grants and donations from several trusts and foundations to support our service provision generally and our core costs.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling.

Telephone and Webchat Helpline

The Helpline is staffed by trained and supervised volunteers and is open every weekday morning, Monday, Wednesday and Thursday afternoons, and Monday and Tuesday evenings.

A total number of 3,972 telephone calls, 729 Webchat calls and 1,115 emails were handled during the year 2023-24. Overall, there was a 9% decrease in the number of contacts we were able to handle on the helpline compared to the previous year, due to the impact of the cost of living crisis affecting the

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recruitment of sufficient volunteers. We are addressing this through Womankind's Communications strategy which prioritises raising awareness of our services, volunteering and recruitment opportunities amongst minoritised groups, and we are growing our social media presence and reaching a wider audience.

Befriending Services

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are trained in mental health, sexual violence and trauma-informed care. The aim of the service is to improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for referred isolated women with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Housing association female residents who have experienced domestic abuse and/or sexual violence.

83 women were supported by volunteers in befriending partnerships during 2023/24.

All women completing end of service evaluations have reported a decrease in social isolation, being able to perform more self-care, including eating healthily, seeking medical care, and pursuing hobbies. Many women have reported feeling less anxious, safer and more hopeful, with increased self-esteem.

Counselling and Group Therapy Services

Therapy Groups

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two on-going therapy groups for women.
- Two low fee therapy groups for women who can afford to contribute but are on low incomes.

Counselling

Womankind offers culturally and trauma informed counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. All counsellors receive regular supervision provided by Womankind. Since the pandemic, we have offered counselling services flexibly and responsively (online or in-person) to meet women's needs and preferences. Most counselling was delivered in person during 2023/24, but clients have been appreciative of this flexibility.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.
- Counselling for Deaf and hard of hearing women with a signing counsellor.
- Specialist rape and sexual abuse counselling service delivered in partnership with the Sexual Violence Alliance and Somerset and Avon Rape and Sexual Abuse Support Service (SARSAS).

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YEAR ENDED 31 MARCH 2024

- Specialist young women's counselling services. These services are delivered in partnership with SARSAS and Next Link.
- Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
- Affordable fee-paying general counselling.

A total number of 340 clients received weekly counselling or group therapy sessions during the year.

Training for professionals

The Women's Inequalities Training programme is delivered in partnership between Womankind and Missing Link and is in its second year. The training aims at improving the Bristol, North Somerset and South Gloucestershire response to women's mental health needs through the provision of specialist equalities training to the statutory and VCSE mental health workforce. The training package was co-produced with both service delivery partner agencies in BNSSG delivering support services to women, and experts by experience. Over 800 practitioners have booked onto and benefitted from the training programme.

Financial Review

As at 31 March 2024 Womankind remains in a financially stable position. The charity generated a surplus of £86,761 compared to £74,239 in 2023. There has been a 21% increase in total income compared to 2023. This is due to securing additional or increased grants, primarily short term grants from statutory commissioners to tackle waiting lists for new or expanded services to meet rising levels of need.

Total expenditure increased by 22% from the previous year, this is due to increased activity driven by the increased demand for the charity's services and the need to strengthen our core staff and management capacity. New staff have been recruited and staff hours have increased.

Womankind currently has an unrestricted general reserve of £271,868 (4.6 months) which is slightly more than the amount required (currently £245,000) by the Trustees stated reserves policy as set out below. However, the Trustees consider it prudent to maintain a greater level of reserves for robust financial governance in this uncertain financial climate.

Reserves policy

The Board of Trustees have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least three months running costs plus reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Board of Trustees will budget for surpluses in the next three years to recover the position.

Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

Statement of Responsibilities of the Board of Trustees

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

- 1. Select suitable accounting policies and apply them consistently.
- 2. Observe the methods and principles in the applicable Charities SORP.
- 3. Make judgements and estimates that are reasonable and prudent.
- 4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- 5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31st March 2023 was ten.

The Board of Trustees are members of the charity but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

26/9/2024

Approved by the Board of Trustee onand signed on its behalf

Signed by:  by: Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

I report on the accounts of the company for the year ended 31st March 2024 which are set out on pages 9 to 22.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

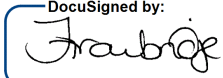
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT

DocuSigned by:

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Bristol Community Accountants CIC
 The Park
 Daventry Road
 Knowle Bristol BS4 1DQ

27/9/2024

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WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF FINANCIAL ACTIVITIES (Including Income
and Expenditure Account)****YEAR ENDED 31 MARCH 2024**

		Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	Note	£	£	£	£
Incoming and Endowments from:					
Grants, Donations and legacies	2	85,241	573,081	658,322	538,807
Charitable activities	3	33,807	-	33,807	32,769
Investments		4,154	-	4,154	497
Total Income		<u>123,202</u>	<u>573,081</u>	<u>696,283</u>	<u>572,073</u>
Expenditure On:					
Raising funds		7,498	-	7,498	1,373
Charitable activities		55,238	546,786	602,024	496,461
Total Expenditure	5	<u>62,736</u>	<u>546,786</u>	<u>609,522</u>	<u>497,834</u>
Net income		60,466	26,295	86,761	74,239
Net movement in funds		<u>60,466</u>	<u>26,295</u>	<u>86,761</u>	<u>74,239</u>
Total funds brought forward		309,402	20,000	329,402	255,163
Total funds carried forward		<u>369,868</u>	<u>46,295</u>	<u>416,163</u>	<u>329,402</u>

All of the activities of the charity are classed as continuing

The notes on pages 12 to 22 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**BALANCE SHEET****YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
Current assets			
Debtors	10	2,143	2,883
Cash at bank and in hand		439,985	341,999
<i>Total current assets</i>		442,128	344,882
Creditors : Amounts falling due within one year	11	(25,965)	(15,480)
<i>Net current assets or liabilities</i>		416,163	329,402
Total net assets or liabilities		416,163	329,402
The Funds of the Charity	12		
Restricted funds		46,295	20,000
Unrestricted funds			
<i>Designated funds</i>		98,000	85,000
<i>General funds</i>		271,868	224,402
		416,163	329,402

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

26/9/2024

These financial statements were approved by the trustees on and are signed on their behalf by:

Signed by:

01F60F824D98440...
 Louise Lacey - Treasurer

The notes on pages 12 to 22 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF CASH FLOWS****YEAR ENDED 31 MARCH 2024**

	2024	2023
	£	£
Cash flows from operating activities:		
Net (expenditure)/income	86,761	74,239
<i>Adjustments for:</i>		
Other interest receivable and similar income	4,154	497
<i>Changes in:</i>		
Trade and other debtors	740	(788)
Trade and other creditors	10,485	(5,484)
Cash generated from operations	<u>102,140</u>	<u>68,464</u>
Interest received	(4,154)	(497)
Net cash from operating activities	<u>97,986</u>	<u>67,967</u>
Net Increase in cash and cash equivalents	97,986	67,967
Cash and cash equivalents at beginning of year	341,999	274,032
Cash and cash equivalents at end of year	<u>439,985</u>	<u>341,999</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1 Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the time it is received.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

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Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

Income and Endowments From:				
2	Grants, Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2024
		£	£	£
	Grants > £5,000			
	Screwfix Foundation	-	5,000	5,000
	CAF Keystone Fund	-	24,030	24,030
	Edward Gostling Foundation	-	25,000	25,000
	Brook Trust	-	15,176	15,176
	Bromley Trust	-	20,000	20,000
	BNSSG ICB	-	78,661	78,661
	E.B.P.I via VCSE Mental Health Alliance	-	15,407	15,407
	Next Link	-	28,303	28,303
	OPCC : Ministry of Justice	-	23,529	23,529
	SARSAS: NHS England (SV Befriending)	-	31,880	31,880
	SARSAS: NHS England (Addressing Inequalities)		66,070	66,070
	SARSAS (SV Counselling)	15,143	115,610	130,753
	SARSAS (Young Women's Service)	-	17,070	17,070
	National Lottery	-	50,000	50,000
	South Gloucestershire Council	-	11,475	11,475
	Sovereign Network Group	-	44,370	44,370
	Grants < £5,000			
	DWF Foundation	-	1,500	1,500
	Unrestricted Grants & donations > £5,000	37,000		37,000
	Unrestricted Grants & donations < £5,000	33,098	-	33,098
		85,241	573,081	658,322

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024**

<i>Grants, Donations and Legacies - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>
Grants > £5,000			
NHS England via OPCC	-	30,000	30,000
NHS Bristol, North Somerset & South Gloucestershire ICB	-	89,775	89,775
National Lottery	-	30,000	30,000
The Henry Smith Charity	-	12,450	12,450
Nani Huyu Charitable Trust	25,000	-	25,000
South Gloucestershire Council	-	8,925	8,925
The Brook Trust	-	22,600	22,600
Keeping Bristol Safe Partnership (Via SARSAS)	-	23,000	23,000
Young Women's Service (via SARSAS)	-	33,903	33,903
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	22,955	22,955
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	73,750	73,750
The Bromley Trust	-	20,000	20,000
Tesco Little Helps	-	5,000	5,000
Edward Gostling Foundation	10,000	-	10,000
Sovereign Network Group	-	39,830	39,830
Bristol Community Health	-	20,000	20,000
Quartet Community Foundation	-	10,000	10,000
Home Office via Next Link	-	15,270	15,270
Grants < £5,000			-
Ashworth Trust	-	3,000	3,000
St James Place Charitable Foundation	-	2,500	2,500
Boshier-Hinton Foundation	-	2,000	2,000
Unrestricted Grants & donations < £5,000	38,849	-	38,849
	73,849	464,958	538,807

3 Charitable Activities

	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2024 £</i>
Earned Income - Other	1,388	-	1,388
Fees: Counselling	32,419	-	32,419
	33,807	-	33,807
<i>Charitable activities - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>
Earned Income - Other	7,013	-	7,013
Fees: Counselling	25,756	-	25,756
	32,769	-	32,769

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****4 Government Grants**

The charitable company receives government grants, defined as funding from BNSSG ICB, The Ministry of Justice (via OPCC) and South Gloucestershire Council to fund charitable activities. The total value of such grants in the period ending 31 March 2024 was £113,665 (2023: £151,655). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2024.

5 Charitable Activities

	Raising Funds	Charitable activities	Support & governance costs	Total Funds 2024	Total Funds 2023
	£	£	£	£	£
Staff costs	7,438	357,804	-	365,242	302,294
Staff travel and subsistence	-	576	-	576	803
Volunteer expenses / training	-	2,159	-	2,159	2,461
Management committee expenses	-	-	524	524	244
Rent and rates	-	56,986	-	56,986	42,514
Repairs and renewals	-	-	7,300	7,300	10,262
Miscellaneous	-	-	1,501	1,501	927
Office sundries	-	-	1,115	1,115	991
Training	-	3,915	-	3,915	4,271
Insurance	-	3,268	-	3,268	2,269
Telephone	-	6,457	-	6,457	4,511
Recruitment and advertising	-	-	3,370	3,370	2,187
Legal and professional (includes interpreting)	-	21,110	365	21,475	19,148
Clinicians' fees	-	100,419	-	100,419	85,478
Subscriptions and memberships	60	-	6,156	6,216	5,963
Printing, postage and stationery	-	1,544	-	1,544	784
IT costs	-	-	19,642	19,642	6,810
Accountancy	-	-	7,011	7,011	4,922
Photocopier	-	-	802	802	995
Sub-total	7,498	554,238	47,786	609,522	497,834
Allocation of support costs and governance costs	-	47,786	(47,786)	-	-
Total expenditure	7,498	602,024	-	609,522	497,834

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****6 Net incoming resources for the year****This is stated after charging:**

	2024	2023
	£	£
Independent Examiner's Fees	623	593

7 Staff costs and numbers

The aggregate payroll costs were:

	2024	2023
	£	£
Wages and Salaries	328,489	267,572
Social Security Costs	21,460	21,772
Pension Costs	15,293	12,950
	365,242	302,294

No employees received emoluments of more than £60,000 (2023: no employees)

The average monthly head count was 16 staff (2023: 14 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer, Business Manager, Senior Volunteer Service Coordinator and the Clinical Manager. Total employee benefits paid to key management personnel were £163,359 (2023: £97,422).

8 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil). No trustees were reimbursed expenses during the year (2023: £48). No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

9 Related party transactions

No trustee or other person related to the charity has any personal interest in any contract or transactions entered into by the charity during the year. There were no other related party transactions during the year (2023: £nil)

10 Debtors

	2024	2023
	£	£
Trade debtors	-	1,959
Other debtors	755	755
Prepayments	1,388	169
	2,143	2,883

11 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	21,315	11,010
Accruals and deferred income	4,650	4,470
	25,965	15,480

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024**

12 Movement in funds - current year	At 01-Apr 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2024 £
Restricted funds					
<i>Womankind Services</i>					
CAF Keystone Fund (BNSSG ICB) via (VCSE Mental Health Alliance) Psychological Therapies Review	-	24,030	(8,030)	-	16,000
Screwfix	-	15,407	(15,407)	-	-
	-	5,000	(5,000)	-	-
<i>Women's Inequalities Training (WIT)</i>					
BNSSG ICB - WIT project	-	28,258	(28,258)	-	-
<i>General counselling</i>					
BNSSG ICB	-	50,403	(50,403)	-	-
SARSAS: Online counselling in Somerset		8,250	(8,250)		
<i>Befriending Services</i>				-	-
National Lottery - Community Fund	-	42,770	(42,770)	-	-
SARSAS: NHS England Befriending	-	26,880	(26,880)	-	-
South Gloucestershire Council	-	11,475	(9,180)	-	2,295
Sovereign Network Group	-	44,370	(44,370)	-	-
<i>Safer Women's Project</i>					
The Bromley Trust	20,000	20,000	(20,000)	-	20,000
The Brook Trust	-	15,176	(15,176)	-	-
SARSAS: NHSE Addressing Inequalities	-	50,610	(50,610)	-	-
<i>Deaf Women's Counselling</i>					
SARSAS: NHSE Addressing Inequalities	-	11,590	(11,590)	-	-
<i>Sexual Violence Counselling</i>	-			-	-
Ministry of Justice (MoJ) via OPCC	-	20,419	(20,419)	-	-
SARSAS: BNSSG ICB Waiting list projects		33,723	(33,723)		
SARSAS: OPCC Waiting list project	-	16,960	(16,960)	-	-
SARSAS: SV Therapies - Recent & historic SV	-	56,677	(56,677)	-	-
<i>Young Women's Service</i>	-			-	-
Home Office VAWG CADA funding via Next Link	-	28,303	(28,303)	-	-
SARSAS SV Therapies Young Womens Service	-	17,070	(17,070)	-	-
<i>Telephone and Webchat Helpline</i>					
DWF Foundation	-	1,500	(1,500)	-	-
Edward Gostling Foundation	-	25,000	(17,000)	-	8,000
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset (OPCC)	-	3,110	(3,110)	-	-
National Lottery - Community Fund		7,230	(7,230)		
SARSAS: NHS England Befriending		5,000	(5,000)	-	-
SARSAS: NHSE Addressing Inequalities		3,870	(3,870)	-	-
	<u>20,000</u>	<u>573,081</u>	<u>(546,786)</u>	<u>-</u>	<u>46,295</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****Movement in funds (continued)**

	At 01-Apr 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2024 £
Unrestricted funds					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	45,000	27,000	(24,000)	-	48,000
Strategic priorities	40,000	-	-	-	40,000
Joan Solomon Bursary Fund	-	-	-	10,000	10,000
Total designated funds	85,000	27,000	(24,000)	10,000	98,000
General funds	224,402	96,202	(38,736)	(10,000)	271,868
Total unrestricted funds	309,402	123,202	(62,736)	-	369,868
Total funds	329,402	696,283	(609,522)	-	416,163

Purposes of restricted funds**Womankind Services**

The Charities Aid Foundation (CAF) provided funding towards the part-time Business Manager's post through their Keystone Fund. NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) funded a short-term project; 'Evidenced Based Psychological Therapies Review' (via VCSE Mental Health Alliance). Screwfix provided funding towards the construction costs of dividing an office to create an additional counselling room.

Women's Inequalities Training

NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) provide funding for a project led by Womankind and Missing Link to deliver Women's Inequalities Training across the mental health workforce.

General Counselling

NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) provide funding for general counselling. Somerset ICB provide funding via Somerset and Avon Rape and Sexual Abuse Support (SARSAS) for the delivery of online counselling in Somerset.

Befriending Services

The National Lottery Community Fund provide funding for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from NHS England via SARSAS, and South Gloucestershire Council. Sovereign Network Group provide funding for a remote Befriending scheme for their own residents who have experienced domestic abuse and/or sexual violence.

Safer Women's Project

Funding is provided by The Bromley Trust and the Brook Trust, together with funding from NHS England (NHSE) to address inequalities via SARSAS, to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation with specialist trauma counselling.

Deaf Women's counselling

Funding is provided by NHS England (NHSE) to address inequalities via SARSAS, towards the provision of specialist counselling for Deaf/hard of hearing women.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

Sexual Violence counselling

The Ministry of Justice (MoJ) via the OPCC and SARSAS as lead agency for the Sexual Violence Therapies provision, fund Womankind to deliver specialist counselling for women who have experienced recent or historic sexual violence, rape and/or serious sexual assault. The OPCC and BNSSG ICB also provided short-term funding via SARSAS, to address waiting lists for counselling for women who have experienced sexual violence.

Young women's counselling service

The Home Office provide funding via Next Link for Transition Counselling to support young women affected by domestic abuse. SARSAS as lead agency for the Sexual Violence Therapies provision, fund Womankind to deliver a specialist young women's counselling service.

Telephone and Webchat Helpline

The DWF Foundation and Edward Gostling Foundation contributed towards the costs of running Womankind's telephone and webchat helpline. Funding from the MoJ, the National Lottery and NHSE via SARSAS also contributed to the Helpline as the access point for the services that they funded, as listed above.

Purpose of Designated Funds

Nani Huyu Charitable Trust

The trustees chose to designate these monies for the purpose of funding additional counselling sessions in 2023/24.

Strategic Priorities

The trustees have developed a strategic and business plan for the next three years which has new priorities, some of which may require one off or short-term costs to implement.

Joan Solomon Bursary Fund

The trustees chose to designate monies to establish a bursary fund in memory of the Charity's former service user, longstanding Trustee and Chair of Trustees, who died in February 2023. The fund will be used to support women from Black and racially minoritised communities to train as counsellors.

<i>Movement in funds - prior year</i>	<i>At 01-Apr 2022</i>	<i>Incoming resources</i>	<i>Outgoing resources</i>	<i>Transfers</i>	<i>At 31-Mar 2023</i>
<i>Restricted funds</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
<i>Womankind Services</i>					
<i>Quartet Community Foundation</i>	-	10,000	(10,000)	-	-
<i>Inequalities Training</i>				-	-
<i>NHS Bristol, North Somerset & South</i>	-	22,596	(22,596)	-	-
<i>General counselling</i>				-	-
<i>Gloucestershire ICB</i>	-	67,179	(67,179)	-	-
<i>Befriending Services</i>				-	-
<i>Bristol Community Health Grants Fund</i>	-	20,000	(20,000)	-	-
<i>Sovereign Network Group</i>	-	39,830	(39,830)	-	-
<i>National Lottery</i>	-	23,778	(23,778)	-	-
<i>South Gloucestershire Council</i>	-	8,925	(8,925)	-	-
<i>NHS England via OPCC</i>	-	25,000	(25,000)	-	-
<i>Safer Women's Project</i>				-	-
<i>The Henry Smith Charity</i>	-	12,450	(12,450)	-	-
<i>The Bromley Trust</i>	15,000	20,000	(15,000)	-	20,000
<i>The Brook Trust</i>	-	22,600	(22,600)	-	-

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024*****Movement in funds - prior year
(continued)***

	At 01-Apr 2022 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2023 £
<i>Deaf Women's Counselling</i>					
James Tudor Foundation	3,500	-	(3,500)	-	-
Ashworth Trust	-	3,000	(3,000)	-	-
Boshier-Hinton Foundation	-	2,000	(2,000)	-	-
<i>Telephone and Webchat Helpline</i>					
National Lottery	-	6,222	(6,222)	-	-
NHS England via OPCC	-	5,000	(5,000)	-	-
Tesco Little Helps	-	5,000	(5,000)	-	-
James Tudor Trust	1,500	-	(1,500)	-	-
Garfield Weston Foundation	20,000	-	(20,000)	-	-
<i>Sexual Violence Counselling</i>					
Keeping Bristol Safe Partnership (via SARSAS)	-	23,000	(23,000)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	22,955	(22,955)	-	-
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	73,750	(73,750)	-	-
<i>Groups</i>					
St James Place Charitable Foundation	-	2,500	(2,500)	-	-
Young Women's Service (via SARSAS)				-	-
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	33,903	(33,903)	-	-
Home Office VAWG CADA funding via Next Link	-	15,270	(15,270)	-	-
	40,000	464,958	(484,958)	-	20,000
<i>Unrestricted funds</i>					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	20,000	25,000	-	-	45,000
Strategic priorities	20,000	-	-	20,000	40,000
<i>Total designated funds</i>	40,000	25,000	-	20,000	85,000
<i>General funds</i>	175,163	82,115	(12,876)	(20,000)	224,402
<i>Total unrestricted funds</i>	215,163	107,115	(12,876)	-	309,402
<i>Total funds</i>	255,163	572,073	(497,834)	-	329,402

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****13 Company limited by guarantee**

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

14 Analysis of net assets between funds - current year	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Cash at bank and in hand	393,690	46,295	439,985
Other net current assets or liabilities	(23,822)	-	(23,822)
	<u>369,868</u>	<u>46,295</u>	<u>416,163</u>

<i>Analysis of net assets between funds - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>
<i>Cash at bank and in hand</i>	<i>321,999</i>	<i>20,000</i>	<i>341,999</i>
<i>Other net current assets or liabilities</i>	<i>(12,597)</i>	<i>-</i>	<i>(12,597)</i>
	<u><i>309,402</i></u>	<u><i>20,000</i></u>	<u><i>329,402</i></u>

15 Statement of financial activities - prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Incoming and Endowments from:			
<i>Donations and legacies</i>	<i>73,849</i>	<i>464,958</i>	<i>538,807</i>
<i>Charitable activities</i>	<i>32,769</i>	<i>-</i>	<i>32,769</i>
<i>Investments</i>	<i>497</i>	<i>-</i>	<i>497</i>
Total income	<u><i>107,115</i></u>	<u><i>464,958</i></u>	<u><i>572,073</i></u>
Expenditure On:			
<i>Raising Funds</i>	<i>7,114</i>	<i>-</i>	<i>1,373</i>
<i>Charitable activities</i>	<i>5,762</i>	<i>484,958</i>	<i>496,461</i>
Total expenditure	<u><i>12,876</i></u>	<u><i>484,958</i></u>	<u><i>497,834</i></u>
Net Income	<i>94,239</i>	<i>(20,000)</i>	<i>74,239</i>
Net movement in funds	<u><i>94,239</i></u>	<u><i>(20,000)</i></u>	<u><i>74,239</i></u>
Total funds brought forward	<i>215,163</i>	<i>40,000</i>	<i>255,163</i>
Total funds carried forward	<u><i>309,402</i></u>	<u><i>20,000</i></u>	<u><i>329,402</i></u>