

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

31 MARCH 2022

**Company Registration Number 02136526
Charity Number 297258**

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

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WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

REFERENCE AND ADMINISTRATIVE DETAILS

YEAR ENDED 31 MARCH 2022

Company number	02136526	
Charity number	297258	
Registered office and operational address	3 rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE	
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Lucy Downs	Chair
	Melody Russell	Vice Chair
	Hélène Titus-Glover	Secretary
	Louise Lacey	Treasurer
	Sarah Bartlett	
	Sally Bennett	
	Alyson Fielden	
	Frances Hall	Appointed 16/05/2022
	Terry Jones	
	Joan Solomon	Retired 15/11/2021
	Ruth Yudkin	
Key Management Personnel	Kyra Bond	Chief Executive Officer
	Claire Boulton	Business Manager
	Rosie Thoburn	Clinical Manager
Bankers	Barclays Bank	Santander
	55 Broadmead	1 st Floor, Alliance House
	Bristol	12 Baldwin Street
	BS1 3EA	Bristol
		BS1 1SD
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park Daventry Road Bristol BS4 1DQ	

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Womankind Bristol Women's Therapy Centre

The trustees present their report and the examined financial statements for the period ended 31 March 2022.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governance and Management

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association. These were revised and updated during the year.

Method of Recruiting and Appointing Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Board of Trustees seeks to ensure that the needs of its client group (women with mental health support needs) are appropriately reflected through the diversity of the trustee body. In addition, the Board of Trustees seek to ensure that there is a broad experience and skills mix on the board.

Trustee Induction and Training

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Board of Trustees during which she will be made aware of:

- The obligations of Trustees;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

Organisational structure

Womankind has a Board of Trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has ten members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO along with the Clinical Manager and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

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Risk Management – (including COVID-19)

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. In relation to Covid-19 this necessitated delivering services online during lockdowns and securing additional funding to meet increased demand. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, the national Helpline Quality Standard, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Related parties

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems. Partnerships include Somerset and Avon Rape and Sexual Abuse Support, Barnardo's Bristol Base, The Green House, Safe Link, Kinergy, The Southmead Project, The Bridge Sexual Assault Referral Centre, NHS Bristol and South Gloucestershire Clinical Commissioning Groups, Avon and Somerset Police and Crime Commissioner, Wellspring Healthy Living Centre and Group Analytic Network (West).

Objectives and Activities

The Company's objectives:

To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services that are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.
- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired and disabled women.
- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

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Achievements and Performance

Womankind has provided vital mental health support for many women over the past thirty-five years. Due to the impact of Covid-19, we managed to secure additional funding to meet the increase in demand for our services. Over the year, our dedicated team worked extremely hard to support more women than ever before. Our helpline volunteers handled 5,711 calls and emails from women in distress compared to 5,285 in the previous year and we supported 416 clients with counselling, befriending or group therapy service.

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Henry Smith Charity, The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support and the Ministry of Justice for women's rape and sexual abuse counselling as part of Bristol Sexual Violence Consortium.
- The National Lottery and Bristol Community Health towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Housing association to provide a befriending service for their own residents who had experienced domestic abuse and/or sexual violence.
- The Pilgrim Trust towards the Webchat extension to our telephone helpline.
- The James Tudor Foundation towards the provision of counselling to Deaf women.
- The Clothworkers Foundation for a small capital refurbishment project.
- The Garfield Weston Foundation to support our helpline and core costs in 2022/23
- Together with unrestricted grants from the Nani Huyu Charitable Trust and a number of other small (under £5k) grants and donations from several trusts and foundations to support our service provision generally and our core costs.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling.

Telephone and Webchat Helpline

The Helpline is staffed by trained and supervised volunteers and is open every week day morning, Monday, Tuesday and Wednesday afternoons, and Monday and Tuesday evenings.

A total number of 4231 telephone calls, 895 Webchat calls and 585 emails were handled during the year 2021-22. Webchat contacts from women seeking support increased by 60% compared to the previous year. We have added an extra phone line and webchat channel and placed a second trained volunteer on the busiest shifts to help manage the demand and reduce the number of missed calls. Due to increasing numbers of suicidal callers, we offered further training and support to our volunteers helping them to respond and manage these calls. The service has been awarded the Mental Health Helplines Quality Standard by the Mental Health Helplines Partnership.

Befriending Services

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are trained in mental health, sexual violence and trauma-informed care. The aim of the service is to improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for

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referred isolated women with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Housing association female residents who have experienced domestic abuse and/or sexual violence.

There has been a 31% increase in demand for befriending services in 2021/22 and additional resources enabled us to provide support to 102 women; this included 79 new befriending partnerships which started during the year. All women completing end of service evaluations have reported a decrease in social isolation, being able to perform more self-care, including eating healthily, seeking medical care, and pursuing hobbies. Many women have reported feeling less anxious, safer and more hopeful, with increased self-esteem.

Counselling and Group Therapy Services

Therapy Groups

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing, and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two on-going therapy groups for women.
- Two low fee therapy groups that are offered for women who can afford to make a contribution, but are on low incomes.

Counselling

Womankind offers culturally and trauma informed counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. All counsellors receive regular supervision provided by Womankind. Due to the pandemic, we are now offering counselling services flexibly and responsively (online or in-person) to meet women's needs and preferences and clients have been appreciative of this flexibility. It also gives an assurance of continuity of service should further lockdowns become necessary. We anticipate maintaining this 'hybrid' model of delivery for the foreseeable future.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.
- Counselling for Deaf and hard of hearing women with a signing counsellor.
- Specialist rape and sexual abuse counselling service and specialist young women's counselling service. These services are delivered in partnership with the Bristol Sexual Violence Consortium and Somerset and Avon Rape and Sexual Abuse Support Service (SARSAS).
- Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
- Affordable fee-paying general counselling.

A total number of 314 clients received weekly counselling or group therapy sessions during the year.

Financial Review

As at 31 March 2022, Womankind remains financially stable. The charity generated a surplus of £38,478 compared with £27,811 in 2021. There has been a 14% increase in total income compared

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to 2021, this is due to the timing of grants and increased funding to cover additional counselling sessions post-covid. Total expenditure increased by 12% from the previous year, this is due to increased activity driven by increased demand for the charity's services. New staff have been recruited and staff hours have increased.

Womankind currently has reserves in line with its stated policy as set out below.

Reserves policy

The Board of Trustees have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least two months running costs and reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Board of Trustees will budget for surpluses in the next three years to recover the position.

Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

Statement of Responsibilities of the Board of Trustees

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31st March 2022 was nine.

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The Board of Trustees are members of the charity but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanna Trowbridge is a member the Association of Accounting Technicians.

Approved by the Board of Trustee on18 July 22.....and signed on its behalf

by:..... Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2022

I report on the accounts of the company for the year ended 31st March 2022 which are set out on pages 9 to 20.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT



Bristol Community Accountants CIC
The Park
Daventry Road
Knowle Bristol BS4 1DQ

20/11/2022

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)

YEAR ENDED 31 MARCH 2022

		Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	Note	£	£	£	£
Incoming and Endowments from:					
Donations and legacies	2	61,608	358,931	420,539	380,977
Charitable activities	3	69,779	-	69,779	48,258
Investments		31	-	31	328
Total Income		<u>131,418</u>	<u>358,931</u>	<u>490,349</u>	<u>429,563</u>
Expenditure On:					
Raising funds		1,373	-	1,373	407
Charitable activities		88,777	361,721	450,498	401,345
Total Expenditure	5	<u>90,150</u>	<u>361,721</u>	<u>451,871</u>	<u>401,752</u>
Net income		41,268	(2,790)	38,478	27,811
Net movement in funds		<u>41,268</u>	<u>(2,790)</u>	<u>38,478</u>	<u>27,811</u>
Total funds brought forward		173,895	42,790	216,685	188,874
Total funds carried forward		<u>215,163</u>	<u>40,000</u>	<u>255,163</u>	<u>216,685</u>

All of the activities of the charity are classed as continuing

The notes on pages 11 to 20 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

* Details of the allocation of 2021 total funds between unrestricted and restricted are shown in note 15

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BALANCE SHEET

YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
Current assets			
Debtors	10	2,095	9,595
Cash at bank and in hand		274,032	233,387
<i>Total current assets</i>		276,127	242,982
Creditors : Amounts falling due within one year	11	(20,964)	(26,297)
<i>Net current assets or liabilities</i>		255,163	216,685
Total net assets or liabilities		255,163	216,685
The Funds of the Charity	12		
Restricted funds		40,000	42,790
Unrestricted funds			
<i>Designated funds</i>		40,000	20,000
<i>General funds</i>		175,163	153,895
		255,163	216,685

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

These financial statements were approved by the trustees on 18 July 22 and are signed on their behalf by:



Louise Lacey - Treasurer

The notes on pages 11 to 20 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

1 Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

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NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

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YEAR ENDED 31 MARCH 2022

Income and Endowments From:					
2	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
		£	£	£	£
	Grants > £5,000				
	Bristol City Council	-	17,150	17,150	41,518
	NHS England	-	25,000	25,000	30,000
	NHS Bristol, North Somerset & South Gloucestershire CCG	-	55,618	55,618	38,602
	National Lottery	-	12,000	12,000	-
	The Henry Smith Charity	-	24,600	24,600	12,150
	Nani Huyu Charitable Trust	23,000	-	23,000	23,000
	Garfield Weston Foundation	-	20,000	20,000	-
	South Gloucestershire Council	-	8,925	8,925	8,925
	The Brook Trust	-	22,200	22,200	-
	Pilgrim Trust	-	15,000	15,000	5,000
	Keeping Bristol Safe Partnership (Via SARSAS)	-	23,000	23,000	16,500
	Young Women's Service (via SARSAS)	-	18,400	18,400	12,267
	NHS Bristol, North Somerset & South Gloucestershire CCG, Ministry of Justice (via SARSAS)	-	36,812	36,812	54,924
	Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	17,771	17,771	-
	The Bromley Trust	-	20,000	20,000	20,000
	Anonymous Grant	-	-	-	15,000
	Charities Aid Foundation	-	-	-	8,230
	Sovereign Housing Association	-	32,405	32,405	32,400
	Bristol Community Health	-	-	-	15,850
	Nationwide Colleague Grant	-	-	-	10,000
	James Tudor Foundation	-	6,050	6,050	4,079
	Grants < £5,000				
	Clothworkers Foundation	-	4,000	4,000	-
	Unrestricted Grants & donations < £5,000	38,608	-	38,608	32,532
		61,608	358,931	420,539	380,977

Donations and legacies prior year - Unrestricted total funds £86,262 Restricted total funds £294,715

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

3 Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Earned Income - Other	6,284	-	6,284	7,381
Miscellaneous income	10,893	-	10,893	-
Fees: Counselling	52,602	-	52,602	40,877
	<u>69,779</u>	<u>-</u>	<u>69,779</u>	<u>48,258</u>

Charitable activities prior year - all unrestricted

4 Government Grants

The charitable company receives government grants, defined as funding from Bristol City Council, NHS England, BNSSG CCG, and South Gloucestershire Council to fund charitable activities. The total value of such grants in the period ending 31 March 2022 was £106,693 (2021: £119,045). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2022.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Expenditure on:

5 Charitable Activities

	Raising Funds £	Charitable activities £	Support & governance costs £	Total Funds 2022 £	Total Funds 2021 £
Staff costs	-	245,988	-	245,988	204,363
Travel and subsistence	-	629	-	629	166
Volunteer expenses / training	-	2,296	-	2,296	2,514
Management committee expenses	-	-	92	92	55
Rent and rates	-	40,021	-	40,021	34,725
Repairs and renewals	-	-	11,565	11,565	4,148
Miscellaneous	-	-	792	792	1,176
Office sundries	-	-	625	625	270
Training	-	2,735	-	2,735	1,880
Insurance	-	-	2,976	2,976	2,634
Telephone	-	4,479	-	4,479	4,358
Recruitment and advertising	-	-	1,412	1,412	978
Legal and professional (includes interpreting)	-	-	28,905	28,905	26,421
Clinicians' fees	-	84,796	-	84,796	90,818
Subscriptions and publications	1,373	-	6,643	8,016	6,384
Printing, postage and stationery	-	496	-	496	992
Accountancy	-	-	4,988	4,988	4,158
Annual report	-	-	1,475	1,475	1,511
IT	-	-	9,585	9,585	14,201
Sub-total	1,373	381,440	69,058	451,871	401,752
Allocation of support costs and governance costs	-	69,058	(69,058)	-	-
Total expenditure	1,373	450,498	-	451,871	401,752

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

6 Net incoming resources for the year

This is stated after charging:

	2022	2021
	£	£
Trustees' reimbursed expenses	48	55
Independent Examiner's Fees	563	533

7 Staff costs and numbers

The aggregate payroll costs were:

	2022	2021
	£	£
Wages and Salaries	222,234	190,363
Social Security Costs	13,045	9,047
Pension Costs	10,709	4,953
	245,988	204,363

No employee received emoluments of more than £60,000 (2021: £Nil)

The average monthly head count was 12 staff (2021: 9 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer, Business Manager and the Clinical Manager. Total employee benefits paid to key management personnel were £90,533 (2021: £83,716).

8 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2021: £nil). One trustee was reimbursed expenses during the year of £48 (2021: £55). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

9 Related party transactions

There were no related party transactions during the year (2021: £nil)

10 Debtors

	2022	2021
	£	£
Trade debtors	1,200	7,442
Other debtors	735	1,995
Prepayments	160	158
	2,095	9,595

11 Accruals

	2022	2021
	£	£
Trade creditors	19,837	25,080
Accruals and deferred income	1,127	1,217
	20,964	26,297

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

12 Movement in funds	At 01-Apr 2021 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2022 £
Restricted funds					
<i>Womankind Services</i>					
Wessex Water Recovery Grant Programme	1,240	-	(1,240)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	8,000	27,618	(35,618)	-	-
The Clothworkers' Foundation	-	4,000	(4,000)	-	-
<i>Befriending Services</i>					
Bristol Community Health Grants Fund	15,850	-	(15,850)	-	-
Sovereign Housing Association	2,700	32,405	(35,105)	-	-
National Lottery	-	5,840	(5,840)	-	-
South Gloucestershire Council	-	8,925	(8,925)	-	-
NHS England	-	25,000	(25,000)	-	-
<i>Safer Women's Project</i>					
The Henry Smith Charity	-	24,600	(24,600)	-	-
The Bromley Trust	15,000	20,000	(20,000)	-	15,000
The Brook Trust	-	22,200	(22,200)	-	-
<i>Deaf Women's Counselling</i>					
James Tudor Foundation	-	4,290	(790)	-	3,500
<i>Telephone and Webchat Helpline</i>					
National Lottery	-	6,160	(6,160)	-	-
Bristol CC Impact Fund	-	12,150	(12,150)	-	-
Pilgrim Trust	-	15,000	(15,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	10,000	(10,000)	-	-
James Tudor Trust	-	1,760	(260)	-	1,500
Garfield Weston Foundation	-	20,000	-	-	20,000
<i>Sexual Violence Counselling</i>					
Keeping Bristol Safe Partnership (via SARSAS)	-	23,000	(23,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	13,600	(13,600)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	17,771	(17,771)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG (via SARSAS)	-	36,812	(36,812)	-	-
<i>Groups</i>					
Bristol CC Impact Fund	-	5,000	(5,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	4,400	(4,400)	-	-
<i>Young Women's Service (via SARSAS)</i>	-	18,400	(18,400)	-	-
	42,790	358,931	(361,721)	-	40,000

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Movement in funds cont.

Unrestricted funds

Designated funds:

Nani Huyu Charitable Trust	20,000	23,000	(23,000)	-	20,000
Strategic priorities	-	-	-	20,000	20,000
Total designated funds	20,000	23,000	(23,000)	20,000	40,000
General funds	153,895	108,418	(67,150)	(20,000)	175,163
Total unrestricted funds	173,895	131,418	(90,150)	-	215,163
Total funds	216,685	490,349	(451,871)	-	255,163

Purposes of restricted funds

Womankind Services

NHS Bristol, North Somerset & South Gloucestershire Clinical Commissioning Group provide funding for general counselling. The Wessex Water Recovery Grant contributed to short-term online groups and counselling sessions, and Clothworkers Foundation contributed to the division of an office into 2 counselling rooms.

Befriending Services

NHS England provided funding for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from South Gloucestershire Council, Bristol Community Health and the National Lottery. Sovereign Housing Association provided funding for a Befriending scheme for their own residents who had experienced domestic abuse and/or sexual violence.

Safer Women's Project

Funding is provided by The Henry Smith Charity, The Bromley Trust and the Brook Trust to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation.

Deaf Women's Counselling

The James Tudor Foundation provided funding towards the provision of specialist counselling for Deaf/hard of hearing women.

Telephone and Webchat Helpline

The Garfield Weston Foundation, Bristol City Council Impact Fund, The National Lottery, NHS Bristol, North Somerset & South Gloucestershire Clinical Commissioning Group and The Pilgrim Trust grants contributed towards the costs of running Womankind's telephone and webchat helpline.

Sexual Violence Counselling

Keeping Bristol Safe Partnership provide funding for women's historic sexual abuse counselling delivered as part of Bristol Sexual Violence consortium, via Somerset and Avon Rape and Sexual Abuse Support (SARSAS). NHS Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group (BNSSG CCG) provided direct funding for counselling for survivors of sexual violence, and funding for women who have experienced recent rape and/or serious sexual assault, via SARSAS. The Ministry of Justice (MoJ) provided funding for counselling women who have experienced sexual violence, via the Office of the Police and Crime Commissioner for Avon and Somerset.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Purposes of restricted funds cont.

Groups

Bristol City Council Impact Fund and NHS Bristol, North Somerset & South Gloucestershire CCG provided contributions to the delivery of therapeutic groups.

Young Women's Service

NHS Bristol, North Somerset & South Gloucestershire CCG provide funding via SARSAS for a specialist young women's counselling service.

Purpose of designated funds

Nani Huyu Charitable Trust

The trustees chose to designate these monies for the purpose of funding the charity's therapeutic services and core costs.

Strategic Priorities

The trustees are currently developing a new strategic and business plan for the next 3 years which has new priorities, some of which may require one off or short term costs to implement.

13 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

14 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Cash at bank and in hand	234,032	40,000	274,032
Other net current assets or liabilities	(18,869)	-	(18,869)
	<u>215,163</u>	<u>40,000</u>	<u>255,163</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2022****15 Analysis of charitable funds - previous year, as required by paragraph 4.2. of the SORP**

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Incoming and Endowments from:			
Donations and legacies	86,262	294,715	380,977
Charitable activities	48,258	-	48,258
Other Trading activities	-	-	-
Investments	328	-	328
Total income	<u>134,848</u>	<u>294,715</u>	<u>429,563</u>
Expenditure On:			
Raising Funds	407	-	407
Charitable activities	68,120	333,225	401,345
Total expenditure	<u>68,527</u>	<u>333,225</u>	<u>401,752</u>
Net Income	66,321	(38,510)	27,811
Net movement in funds	<u>66,321</u>	<u>(38,510)</u>	<u>27,811</u>
Total funds brought forward	107,574	81,300	188,874
Total funds carried forward	<u>173,895</u>	<u>42,790</u>	<u>216,685</u>