

**WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**  
**FINANCIAL STATEMENTS**

**31 MARCH 2021**

**Company Registration Number 02136526**  
**Charity Number 297258**

# **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

## **FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2021**

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# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## REFERENCE AND ADMINISTRATIVE DETAILS

YEAR ENDED 31 MARCH 2021

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<b>Company number</b>	02136526	
<b>Charity number</b>	297258	
<b>Registered office and operational address</b>	3 <sup>rd</sup> Floor Brunswick Court Brunswick Square Bristol BS2 8PE	
<b>Trustees</b>	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Melody Russell	Chair
	Lucy Downs	Vice Chair
	Terry Jones	Secretary
	Louise Lacey	Treasurer
	Sarah Bartlett	
	Sally Bennett	
	Alyson Fielden	
	Vicki Morris	Resigned 17/05/2021
	Joan Solomon	
	Hélène Titus-Glover	
	Ruth Yudkin	
<b>Key Management Personnel</b>	Kyra Bond Rosie Thoburn	Chief Executive Officer Clinical Manager
<b>Bankers</b>	Barclays Bank 55 Broadmead Bristol BS1 3EA	Santander 1 <sup>st</sup> Floor, Alliance House 12 Baldwin Street Bristol BS1 1SD
<b>Independent Examiners</b>	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park Daventry Road Bristol BS4 1DQ	

# **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

## **TRUSTEES' ANNUAL REPORT**

**YEAR ENDED 31 MARCH 2021**

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### **Womankind Bristol Women's Therapy Centre**

The trustees present their report and the examined financial statements for the period ended 31st March 2021.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### **Governance and Management**

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association which establishes the objects and powers of the charitable company and is governed under its Articles of Association.

### **Method of Recruiting and Appointing Management Committee Members**

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirement of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Management Committee seeks to ensure that the needs of its client group (women with mental health support needs) are appropriately reflected through the diversity of the trustee body. In addition, the Management Committee seeks to ensure that there is a broad experience and skills mix on the board.

### **Trustee Induction and Training**

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Management Committee during which she will be made aware of:

- The obligations of Management Committee Members;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

### **Organisational structure**

Womankind has a Management Committee who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present the Committee has ten members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day to day responsibility for the provision of services rest with the CEO along with the Clinical Manager and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

# **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

## **TRUSTEES' ANNUAL REPORT**

**YEAR ENDED 31 MARCH 2021**

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### **Risk Management – (including COVID-19)**

The Management Committee has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. In relation to Covid-19 this necessitated moving services online, securing additional funding and recruiting additional staff to meet increased demand. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, Approved Provider Status for the befriending service, the national Helpline Quality Standard, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

### **Related parties**

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems. Partnerships include Somerset and Avon Rape and Sexual Abuse Support, Barnardo's Bristol Base, The Green House, Safe Link, NHS Bristol and South Gloucestershire Clinical Commissioning Groups, Knowle West Health Park Company, Wellspring Healthy Living Centre and Group Analytic Network (West).

### **Objectives and Activities**

The Company's objectives are to:

- Provide free or affordable professional counselling, psychotherapy and on-going support to vulnerable women living in Bristol and the surrounding area.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services which are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.
- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired, and disabled women.
- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

# **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

## **TRUSTEES' ANNUAL REPORT**

**YEAR ENDED 31 MARCH 2021**

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### **Achievements and Performance**

Womankind has provided vital mental health support for many women over the past thirty-four years and despite the challenges of Covid-19, we were able to increase the numbers of women we helped. Womankind successfully moved all face-to-face services to online or phone delivery from the start of the March 2020 lockdown, achieving this with no break in service delivery. Training and equipment was provided to enable staff and volunteers to work from home and we had no need to furlough any of our staff. Over the year our helpline handled 5,285 telephone and webchat calls and emails from women in distress and we supported 409 clients with an in-person counselling, befriending or groupwork service (the majority of these were delivered remotely).

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Henry Smith Charity, The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support and the Ministry of Justice for women's rape and sexual abuse counselling as part of Bristol Sexual Violence Consortium.
- Bristol Community Health, Nationwide towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Housing association to provide a befriending service for their own residents who had experienced domestic abuse and/or sexual violence.
- The Pilgrim Trust towards the Webchat extension to our telephone helpline.
- The James Tudor Foundation towards the provision of counselling to Deaf women.
- Bristol City Council, The Charities Aid Foundation (CAF) and several smaller trusts and foundations to support the additional costs arising from Covid-19, i.e. staff and volunteer training, IT hardware and software, telephones, and for additional counselling provision and short term online support groups.

Together with unrestricted grants from the Nani Huyu Charitable Trust and an anonymous trust, and a number of other small (under £5k) grants and donations.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling..

### **Telephone and Webchat Helpline**

The Helpline is open every week-day morning, Monday, Tuesday and Wednesday afternoons, and Monday and Tuesday evenings. A total number of 4097 telephone calls, 567 webchat calls and 621 emails were handled during the year 2020-21. The webchat service is an extension to our telephone helpline which was launched in June 2019. It was targeted at young women and Deaf and hard of hearing women, but has proved to be a lifeline for many more women experiencing isolation or abuse as a result of Covid-19. Volunteers who staff the telephone and webchat Helpline are trained and supervised. The service has been awarded the Mental Health Helplines Quality Standard by the Mental Health Helplines Partnership. Bristol City Council partly funds the Helpline.

### **Befriending Services**

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are

# **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

## **TRUSTEES' ANNUAL REPORT**

### **YEAR ENDED 31 MARCH 2021**

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trained in mental health, sexual violence and trauma-informed care. The aim of the service is to improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for referred isolated women with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Housing association female residents who have experienced domestic abuse and/or sexual violence. Befriending services were all offered remotely from the end of March 2020, but as restrictions started to be lifted some befriending partnerships began to meet in person outside from June onwards.

Befriending is recommended by NICE guidelines, (Common Mental Health Disorders, May 2011) as an intervention for people suffering from mild to moderate or more severe mental health problems. The service has been awarded with Approved Provider Status in the quality standard for befriending and mentoring projects. In addition to the grants listed above, NHS England and South Gloucestershire Council part fund the services.

78 women received a befriending service in 2020/21; this included 55 new befriending partnerships which started during the year. Analysis of our monitoring and evaluation information shows that the befriending service is very effective in helping people to achieve good outcomes and to make positive changes in their lives. 100% of women helped reported a decrease in social isolation, and the large majority of women reported improvements in their mental health and wellbeing, an improved quality of life, and a reduced risk of harm to themselves or others.

#### **Counselling and Group Therapy Services**

##### **Therapy Groups**

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing, and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two online on-going therapy groups for women. Bristol City Council funds these.
- Two low fee online therapy groups that are offered for women who can afford to make a contribution, but are on low incomes.
- Three short term online therapeutic peer support groups for women feeling isolated, anxious and struggling with their mental health during the pandemic, funded by CAF and other small grants.

##### **Counselling**

Womankind offers culturally sensitive counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. These services were offered remotely (online or by phone) from the end of March 2020, but from September 2020 a small proportion of clients resumed face-to-face services (socially distanced), in particular those who were unable to access remote counselling or befriending due to interpreting needs, caring for children, digital exclusion or living with an abusive partner. All counsellors receive weekly supervision provided by Womankind.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.



# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## TRUSTEES' ANNUAL REPORT

### YEAR ENDED 31 MARCH 2021

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- Counselling for Deaf and hard of hearing women with a signing counsellor.
  - Specialist rape and sexual abuse counselling service and specialist young women's counselling service. These services are delivered in partnership with the Bristol Sexual Violence Consortium and Somerset and Avon Rape and Sexual Abuse Support Service (SARSAS).
  - Brief solution focussed therapy for survivors of abuse who were being triggered by lockdown conditions, funded by the Ministry of Justice via SARSAS.
  - Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
  - Affordable fee paying general counselling.

A total number of 331 clients received weekly counselling or group therapy sessions during the year.

#### Financial Review

As at 31 March 2021, Womankind remains in a financially stable position. The charity generated a surplus of £27,811 compared to £39,910 in 2020. There were several grants received that are restricted for use in the following year. There has been a 17% increase in total income compared to 2019/20, mainly due to an increase in grants (including grants related to Covid-19 management and recovery), which is a reflection of Womankind's successful fund raising during the year. Total expenditure increased by 22% from the previous year due to employing additional members of staff, providing extra services and additional IT due to the impact of Covid-19.

Womankind currently has reserves in line with its stated policy as set out below.

#### Reserves policy

The Management Committee have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least two months running costs and reserves to cover its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Management Committee will budget for surpluses in the next three years to recover the position.

#### Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

#### Statement of Responsibilities of the Management Committee

The Management Committee who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Management Committee has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.



# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## TRUSTEES' ANNUAL REPORT

### YEAR ENDED 31 MARCH 2021

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The Management Committee is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity, and which enable them to ensure that the financial statements comply with the Companies Act 2006.

The Management Committee is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Management Committee confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Management Committee also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.


Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31<sup>st</sup> March 2021 was eleven.

The Management Committee are members of the charity, but this entitles them only to voting rights. The Management Committee have no beneficial interest in the charity.

#### Independent Examiners

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

Approved by the Board of Trustees/Management Committee on 12 July 21 and signed on its behalf

by:  Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2021

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I report on the accounts of the company for the year ended 31st March 2021 which are set out on pages 9 to 19.

### Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT



Bristol Community Accountants CIC  
The Park  
Daventry Road  
Knowle Bristol BS4 1DQ

22/2/2021

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)

YEAR ENDED 31 MARCH 2021

		Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	Note	£	£	£	£
<b>Incoming and Endowments from:</b>					
Donations and legacies	2	86,262	294,715	380,977	299,750
Charitable activities	3	48,258	-	48,258	65,496
Other trading activities	4	-	-	-	2,755
Investments		328	-	328	344
<b>Total Income</b>		<u>134,848</u>	<u>294,715</u>	<u>429,563</u>	<u>368,345</u>
<b>Expenditure On:</b>					
Raising funds		407	-	407	306
Charitable activities		68,120	333,225	401,345	328,129
<b>Total Expenditure</b>	6	<u>68,527</u>	<u>333,225</u>	<u>401,752</u>	<u>328,435</u>
<b>Net income</b>		66,321	(38,510)	27,811	39,910
<b>Net movement in funds</b>		<u>66,321</u>	<u>(38,510)</u>	<u>27,811</u>	<u>39,910</u>
<b>Total funds brought forward</b>		107,574	81,300	188,874	148,964
<b>Total funds carried forward</b>		<u>173,895</u>	<u>42,790</u>	<u>216,685</u>	<u>188,874</u>

All of the activities of the charity are classed as continuing

The notes on pages 11 to 19 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

\* Details of the allocation of 2020 total funds between unrestricted and restricted are shown in note 16

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## BALANCE SHEET

YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
<b>Current assets</b>			
Debtors	11	9,595	10,957
Cash at bank and in hand		233,387	188,593
<i>Total current assets</i>		<u>242,982</u>	<u>199,550</u>
<b>Creditors : Amounts falling due within one year</b>	12	(26,297)	(10,676)
<i>Net current assets or liabilities</i>		<u>216,685</u>	<u>188,874</u>
<i>Total net assets or liabilities</i>		<u><u>216,685</u></u>	<u><u>188,874</u></u>
<b>The Funds of the Charity</b>	13		
Restricted funds		42,790	81,300
Unrestricted funds			
<i>Designated funds</i>		20,000	15,000
<i>General funds</i>		153,895	92,574
		<u>216,685</u>	<u>188,874</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

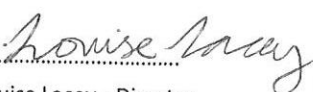
Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

These financial statements were approved by the trustees on 12 July 21 and are signed on their behalf by:



Louise Lacey - Director

The notes on pages 11 to 19 form part of these financial statements

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

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### 1 Accounting Policies

#### Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

#### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

#### Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

#### Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

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### Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

### Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

### Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

### Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

Income and Endowments From:				
2	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds
		£	£	2021
				Total Funds 2020
				£
	<b>Grants &gt; £5,000</b>			
	Bristol City Council	10,000	31,518	41,518
	NHS England	-	30,000	30,000
	NHS Bristol, North Somerset & South Gloucestershire CCG	-	38,602	38,602
	Comic Relief	-	-	-
	The Henry Smith Charity	-	12,150	12,150
	The Brook Trust	-	-	-
	Nani Huyu Charitable Trust	23,000	-	23,000
	The Nisbet Trust	-	-	-
	South Gloucestershire Council	-	8,925	8,925
	Avon & Somerset Police and Crime Commissioner	-	-	-
	The Edward Gostling Foundation	-	-	-
	Safer Bristol	-	16,500	16,500
	NHS Bristol, North Somerset & South Gloucestershire CCG, Ministry of Justice (via SARSAS)	-	67,191	67,191
	Tampon Tax Community Fund	-	-	-
	The Bromley Trust	-	20,000	20,000
	Wesleyan Foundation	-	-	-
	The Society of Merchant Venturers	-	-	-
	Anonymous Grant	15,000	-	15,000
	Charities Aid Foundation	8,230	-	8,230
	Sovereign Housing Association	-	32,400	32,400
	Bristol Community Health	-	15,850	15,850
	Nationwide Colleague Grant	-	10,000	10,000
	<b>Grants &amp; donations &lt; £5,000</b>	30,032	11,579	41,611
		<u>86,262</u>	<u>294,715</u>	<u>380,977</u>
				<u>299,750</u>

Donations and legacies prior year - Unrestricted total funds £82,590 Restricted total funds £217,160



# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

### 3 Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Earned Income - Other	7,381	-	7,381	54,653
Fees: Therapy	-	-	-	484
Fees: Counselling	40,877	-	40,877	4,284
Access to Work scheme	-	-	-	6,075
	<u>48,258</u>	<u>-</u>	<u>48,258</u>	<u>65,496</u>

*Charitable activities prior year - all unrestricted*

### 4 Other Trading Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Rental Income	-	-	-	2,755
	<u>-</u>	<u>-</u>	<u>-</u>	<u>2,755</u>

*Other trading activities prior year - all unrestricted*

### 5 Government Grants

*The charitable company receives government grants, defined as funding from Bristol City Council, NHS England, BNSSG CCG and South Gloucestershire Council to fund charitable activities. The total value of such grants in the period ending 31 March 2021 was £119,045 (2020: £63,714). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2021.*

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

### Expenditure on:

#### 6 Charitable Activities

	Raising Funds £	Charitable activities £	Support & governance costs £	Total Funds 2021 £	Total Funds 2020 £
Staff costs	-	204,363	-	204,363	179,268
Travel and subsistence	-	166	-	166	886
Volunteer expenses / training	-	2,514	-	2,514	3,175
Management committee expenses	-	-	55	55	381
Rent and rates	-	34,725	-	34,725	37,290
Repairs and renewals	-	-	4,148	4,148	1,987
Miscellaneous	-	1,176	-	1,176	12,122
Office sundries	-	-	270	270	794
Training	-	1,880	-	1,880	1,278
Insurance	-	-	2,634	2,634	2,634
Telephone	-	4,358	-	4,358	4,194
Recruitment and advertising	-	-	978	978	707
Legal and professional	-	-	26,421	26,421	9,621
Clinicians' fees	-	90,818	-	90,818	60,029
Subscriptions and publications	407	-	5,977	6,384	2,157
Printing, postage and stationery	-	992	-	992	1,202
Accountancy	-	-	4,158	4,158	3,388
Annual report	-	-	1,511	1,511	2,254
IT	-	-	14,201	14,201	5,068
<b>Sub-total</b>	<b>407</b>	<b>340,992</b>	<b>60,353</b>	<b>401,752</b>	<b>328,435</b>
Allocation of support costs and governance costs	-	60,353	(60,353)	-	-
<b>Total expenditure</b>	<b>407</b>	<b>401,345</b>	<b>-</b>	<b>401,752</b>	<b>328,435</b>

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

### 7 Net incoming resources for the year

This is stated after charging:

	2021	2020
	£	£
Trustees' reimbursed expenses	55	381
Independent Examiner's Fees	533	533

### 8 Staff costs and numbers

The aggregate payroll costs were:

	2021	2020
	£	£
Wages and Salaries	190,363	164,265
Social Security Costs	9,047	10,162
Pension Costs	4,953	4,841
	204,363	179,268

No employee received emoluments of more than £60,000 (2020: £Nil)

The average monthly head count was 9 staff (2020: 8 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer and the Clinical Manager. Total employee benefits paid to key management personnel were £83,716 (2020: £81,532).

### 9 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil). The trustees were reimbursed expenses during the year of £55 (2020: £381). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

### 10 Related party transactions

The were no related party transactions during the year (2020: £nil)

### 11 Debtors

	2021	2020
	£	£
Trade debtors	7,442	10,804
Other debtors	1,995	-
Prepayments	158	153
	9,595	10,957

### 12 Accruals

	2021	2020
	£	£
Trade creditors	25,080	5,083
Tax and social security	-	4,436
Accruals and deferred income	1,217	1,157
	26,297	10,676

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

13 Movement in funds	At 01-Apr 2020 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2021 £
<b>Restricted funds</b>					
<i>Womankind Services</i>					
Wessex Water Recovery Grant Programme	-	2,500	(1,260)	-	1,240
Bristol CC Impact Fund	-	31,518	(31,518)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	38,602	(30,602)	-	8,000
<i>Befriending Services</i>					
Bristol Community Health Grants Fund	-	15,850	-	-	15,850
Sovereign Housing Association	-	32,400	(29,700)	-	2,700
The Society of Merchant Venturers	5,000	-	(5,000)	-	-
Tampon Tax Community Fund	7,500	-	(7,500)	-	-
South Gloucestershire Council	-	8,925	(8,925)	-	-
NHS England	-	30,000	(30,000)	-	-
Nationwide Colleague Grant	-	10,000	(10,000)	-	-
<i>Safer Women's Project</i>					
The Henry Smith Charity	12,000	12,150	(24,150)	-	-
The Bromley Trust	15,000	20,000	(20,000)	-	15,000
The Brook Trust	21,800	-	(21,800)	-	-
<i>Deaf Women's Counselling</i>					
James Tudor Foundation	-	4,079	(4,079)	-	-
<i>Telephone and Webchat Helpline</i>					
The Nisbet Trust	10,000	-	(10,000)	-	-
Wesleyan Foundation	10,000	-	(10,000)	-	-
Pilgrim Trust	-	5,000	(5,000)	-	-
<i>Sexual Violence Counselling</i>					
Safer Bristol (via SARSAS)	-	16,500	(16,500)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG (via SARSAS)	-	36,812	(36,812)	-	-
Ministry of Justice (via SARSAS)	-	18,112	(18,112)	-	-
Young Womens Service (via SARSAS)	-	12,267	(12,267)	-	-
	<u>81,300</u>	<u>294,715</u>	<u>(333,225)</u>	<u>-</u>	<u>42,790</u>
<b>Unrestricted funds</b>					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	15,000	23,000	(3,000)	(15,000)	20,000
<b>Total designated funds</b>	<u>15,000</u>	<u>23,000</u>	<u>(3,000)</u>	<u>(15,000)</u>	<u>20,000</u>
General funds	92,574	111,848	(65,527)	15,000	153,895
<b>Total unrestricted funds</b>	<u>107,574</u>	<u>134,848</u>	<u>(68,527)</u>	<u>-</u>	<u>173,895</u>
<b>Total funds</b>	<u>188,874</u>	<u>429,563</u>	<u>(401,752)</u>	<u>-</u>	<u>216,685</u>

# **WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**

## **NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 31 MARCH 2021**

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### **Purposes of restricted funds**

#### **Womankind Services**

NHS Bristol, North Somerset & South Gloucestershire Clinical Commissioning Group provide funding for general counselling. Bristol City Council's Impact Fund grant contributes towards the telephone helpline and two therapeutic groups and the Wessex Water Recovery Grant contributed to short-term online groups.

#### **Befriending Services**

NHS England and the Tampon Tax provided funding for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from South Gloucestershire Council, The Society of Merchant Venturers, a Nationwide Colleague Grant and Bristol Community Health. Sovereign Housing Association provided funding for a Befriending scheme for their own residents who had experienced domestic abuse and/or sexual violence.

#### **Safer Women's Project**

Funding is provided by The Henry Smith Charity, The Bromley Trust and the Brook Trust to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation.

#### **Deaf Women's Counselling**

The James Tudor Foundation provided funding towards the provision of specialist counselling for Deaf/hard of hearing women.

#### **Telephone and Webchat Helpline**

The Nisbet Trust, the Wesleyan Foundation and the Pilgrim Trust grants contributed towards the costs of running Womankind's Webchat instant messaging extension to our helpline.

#### **Sexual Violence Counselling**

Safer Bristol provide funding for women's historic sexual abuse counselling delivered as part of Bristol Sexual Violence Consortium, via Somerset and Avon Rape and Sexual Abuse Support (SARSAS). The Ministry of Justice and NHS Bristol, North Somerset & South Gloucestershire Clinical Commissioning Group provide funding for counselling women who have experienced recent rape and/or serious sexual assault, via SARSAS, and the latter provide funding for a new young women's service, also via SARSAS.

### **Purpose of designated funds**

#### **Nani Huyu Charitable Trust**

The trustees chose to designate these monies for the purpose of funding the charity's therapeutic services and core costs.

## **14 Company limited by guarantee**

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

# WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

## NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

15 Analysis of net assets between funds	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Cash at bank and in hand	190,597	42,790	233,387
Other net current assets or liabilities	(16,702)	-	(16,702)
	<u>173,895</u>	<u>42,790</u>	<u>216,685</u>

## 16 Analysis of charitable funds - previous year, as required by paragraph 4.2. of the SORP

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
<b>Incoming and Endowments from:</b>			
Donations and legacies	82,590	217,160	299,750
Charitable activities	65,496	-	65,496
Other Trading activities	2,755	-	2,755
Investments	344	-	344
<b>Total income</b>	<u>151,185</u>	<u>217,160</u>	<u>368,345</u>
<b>Expenditure On:</b>			
Raising Funds	306	-	306
Charitable activities	169,196	158,933	328,129
<b>Total expenditure</b>	<u>169,502</u>	<u>158,933</u>	<u>328,435</u>
<b>Net Income</b>	(18,317)	58,227	39,910
<b>Net movement in funds</b>	<u>(18,317)</u>	<u>58,227</u>	<u>39,910</u>
<b>Total funds brought forward</b>	125,891	23,073	148,964
<b>Total funds carried forward</b>	<u>107,574</u>	<u>81,300</u>	<u>188,874</u>

