

WOMANKIND

England & Wales · Charity number 297258

Details

Other names	WOMANKIND-BRISTOL WOMENS THERAPY CENTRE
Status	Registered
Legal form	Charitable company
Company number	02136526
Registered	1987-10-15
Register	View on the Charity Commission register

Contact

Address	3rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE
Phone	01179166460
Email	info@womankindbristol.org.uk
Website	www.womankindbristol.org.uk

Activities

Objects: To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

Activities: To provide for the relief of mental distress and the resulting suffering and isolation, experienced by women and girls (including, but not limited to, as a result of sexual abuse or violence) by the provision of information, advice and assistance.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£730,730	£673,068	£473,825	17
2024-03-31	£696,283	£609,522	£416,163	16
2023-03-31	£572,073	£497,834	£329,402	14
2022-03-31	£490,349	£451,871	-	-
2021-03-31	£429,563	£401,752	-	-

Trustees

Name	Role	Appointed
Anne Phipps		2024-11-25
Catherine Chappell		2026-05-18
Hazel Millar		2025-03-17
Heather Toyne		2023-11-20
Helene Titus-Gover		2017-05-16
Isabel Marianna Tobias		2024-07-15
Jasmin Webb		2024-09-16
Jo Feather		2023-05-15
LOUISE EMMA LACEY		
Lucy Robinson		2026-05-18
SARAH ELIZABETH BARTLETT		2012-05-22
Stephanie Helen Thompson		2024-11-25

WOMANKIND

England & Wales - Charity number 297258

Accounts



WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE
FINANCIAL STATEMENTS

31 MARCH 2025

Company Registration Number 02136526
Charity Number 297258

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

CONTENTS	PAGE
Reference and administrative details of the charity and its advisors	1
Trustees’ annual report	2 to 7
Independent Examiners report	8
Statement of financial activities (including income and expenditure account)	9
Balance sheet	10
Statement of cash flows	11
Notes to the financial statements	12

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Reference and administrative details of the charity and its advisors

YEAR ENDED 31 MARCH 2025

Company number	02136526	
Charity number	297258	
Registered office and operational address	3 rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE	
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Heather Toyne	Chair
	Alyson Fielden	Vice Chair
	Anne Phipps	Secretary - Appointed 25/11/2024
	Louise Lacey	Treasurer
	Lucy Downs	Resigned 25/11/2024
	Sarah Bartlett	
	Melody Russell	
	Claire Simmons	
	Helene Titus-Glover	
	Jo Feather	
	Frances Hall	Resigned 19/05/2025
	Terry Jones	Resigned 25/11/2024
	Isabel Tobias	Appointed 15/7/2024
	Jasmin Webb	Appointed 16/09/2024
	Stephanie Helen Thompson	Appointed 25/11/2024
	Hazel Millar	Appointed 17/03/2025
Key Management Personnel	Kyra Bond	Chief Executive Officer
	Sarah Smith	Head of Operations
	Claire Boulton	Business Manager
	Rosie Thoburn	Clinical Manager
	Nicola Coggins	Volunteer Services Manager
Bankers	Barclays Bank	Flagstone Group Ltd
	55 Broadmead	1 st Floor
	Bristol	Clareville House
	BS1 3EA	26-27 Oxendon Street
	Bristol	London
	BS1 1SD	SW1Y 4EL
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park, Daventry Road Bristol, BS4 1DQ	

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Trustees' Annual report

YEAR ENDED 31 MARCH 2025

Governance and Management

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Method of Recruiting and Appointing Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Board of Trustees seeks to ensure that the needs of its client group (women with mental health support needs and survivors of sexual violence and abuse) are appropriately reflected through the diversity of the trustee body. In addition, the Board of Trustees seek to ensure that there is a broad experience and skills mix on the board.

Trustee Induction and Training

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Board of Trustees during which she will be made aware of:

- The obligations of Trustees;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

Organisational structure

Womankind has a Board of Trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has thirteen members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO along with the Head of Operations, Clinical Manager, Business Manager, Volunteer Services Manager and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

Risk Management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. External risks to funding have led to the development of a strategic plan which

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Trustees' Annual report

YEAR ENDED 31 MARCH 2025

will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, the Helplines Partnership and the Befriending Network's national quality standards, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Related parties

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems, including survivors of sexual violence and domestic abuse. Key partnerships include the Sexual Violence Alliance (Somerset and Avon Rape and Sexual Abuse Support (SARSAS), The Green House, Safe Link, The Southmead Project and The Bridge (Sexual Assault Referral Centre), Missing Link/Safe Link/Next Link, VSCE Mental Health Collaborative, Sovereign Network Group, NHS Bristol, North Somerset and South Gloucestershire Integrated Care Board and Avon and Somerset Police and Crime Commissioner.

Objectives and Activities

The Company's objectives:

To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services that are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.
- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired and disabled women.
- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Trustees' Annual report

YEAR ENDED 31 MARCH 2025

Achievements and Performance

Womankind has provided vital mental health support for many women over the past thirty-nine years. Over the year, our dedicated team worked extremely hard to support significant numbers of women. Our helpline volunteers handled 5,470 calls, webchats and emails from women in distress, and we supported 379 clients with counselling, befriending or group therapy service.

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support (SARSAS) for women's rape and sexual abuse counselling (including a young women's service) as part of the Sexual Violence Alliance.
- Next Link for Home Office funding for counselling for young women affected by domestic abuse.
- The National Lottery towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Network Group to provide a befriending service for their own tenants who have experienced domestic abuse and/or sexual violence.
- The Garfield Weston Foundation towards our telephone and webchat helpline and core costs. Together with an unrestricted grant from the Nani Huyu Charitable Trust, a large (£50k) corporate donation, and a number of other small (under £5k) grants and donations from several trusts and foundations and individuals to support our service provision generally and our core costs.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling.

Telephone and Webchat Helpline

The Helpline is staffed by trained and supervised volunteers and is open every weekday morning, Monday, Wednesday and Thursday afternoons, and Monday and Tuesday evenings.

A total number of 3,798 telephone calls, 584 Webchat calls and 1,088 emails were handled during the year 2024-25. Overall, we were able to handle a similar number of contacts on the helpline compared to the previous year, but the recruitment of sufficient volunteers has remained very challenging due to the impact of the cost of living crisis. We are addressing this through Womankind's Communications strategy which prioritises raising awareness of our services, volunteering and recruitment opportunities amongst minoritised groups, and we are growing our social media presence and reaching a wider audience.

Befriending Services

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are trained in mental health, sexual violence and trauma-informed care. The aim of the service is to

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Trustees' Annual report

YEAR ENDED 31 MARCH 2025

improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for referred women survivors of sexual violence with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Network Group female tenants who have experienced domestic abuse and/or sexual violence.

83 women were supported by volunteers in befriending partnerships during 2024/25.

All women completing end of service evaluations have reported improved mental health and well-being, including increased confidence and self esteem, a decrease in social isolation and risk of harm, being able to perform more self-care, including eating healthily, seeking medical care, and pursuing hobbies. Many women have reported improved social support networks and relationships, feeling less anxious, safer and more hopeful, with a reduction in needing support from other services.

Counselling and Group Therapy Services

Therapy Groups

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two therapy groups for women who can afford to make a small contribution but are on low incomes.
- One free therapy group for women with low incomes, which is focussed on wellbeing.
- One low-cost fee-paying therapy group.

Counselling

Womankind offers culturally and trauma informed counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. All counsellors receive regular supervision provided by Womankind. We offer counselling services flexibly and responsively (online or in-person) to meet women's needs and preferences. Most counselling was delivered in person during 2024/25.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.
- Counselling for Deaf and hard of hearing women with a signing counsellor.
- Specialist rape and sexual abuse counselling service delivered in partnership with the Sexual Violence Alliance.
- Specialist young women's counselling services. These services are delivered in partnership with SARSAS and Next Link.
- Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
- Affordable fee-paying general counselling.

A total number of 296 clients received weekly counselling or group therapy sessions during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Trustees' Annual report

YEAR ENDED 31 MARCH 2025

Training for professionals

The Women's Inequalities Training programme is delivered in partnership between Womankind and Missing Link and is in its third year. The training aims at improving the Bristol, North Somerset and South Gloucestershire response to women's mental health needs through the provision of specialist equalities training to the statutory and VCSE mental health workforce. The training package was co-produced with both service delivery partner agencies in BNSSG delivering support services to women, and experts by experience. Over 1,200 practitioners have booked onto and benefitted from the training programme.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Trustees' Annual report

YEAR ENDED 31 MARCH 2025

Financial Review

As at 31 March 2025 Womankind remains in a financially stable position. The charity generated a surplus of £57,662 compared to £86,761 in 2024. There has been a 5% increase in total income compared to 2024. This is due to securing additional grants and cost-of-living increases, enabling the charity to maintain its services in the face of rising levels of need.

Total expenditure increased by 10% from the previous year, this is due to increased costs and activity driven by the increased demand for the charity's services and the need to strengthen our core staff and management capacity. New staff have been recruited and staff hours have increased.

Womankind currently has an unrestricted general reserve of £327,127 (5.2 months) which is slightly more than the amount required (currently £260,000) by the Trustees stated reserves policy as set out below. However, in this unstable financial climate the Trustees consider it prudent to mitigate any financial risks by maintaining a greater level of reserves for robust financial governance.

Reserves policy

The Board of Trustees have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least three months running costs plus reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Board of Trustees will budget for surpluses in the next three years to recover the position.

Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

Statement of Responsibilities of the Board of Trustees

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Trustees' Annual report

YEAR ENDED 31 MARCH 2025

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31st March 2025 was fourteen.

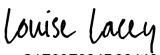
The Board of Trustees are members of the charity but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

30/7/2025

Approved by the Board of Trustee on and signed on its behalf

Signed by:

C1F60F824D38440...

by: Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

Independent Examiners Report

YEAR ENDED 31 MARCH 2025

I report on the accounts of the company for the year ended 31st March 2025 which are set out on pages 9 to 23.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

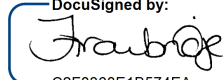
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT

DocuSigned by:

C2F8368E1B574EA.....

Bristol Community Accountants CIC
 The Park
 Daventry Road
 Knowle Bristol BS4 1DQ

31/7/2025

.....

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF FINANCIAL ACTIVITIES (Including Income
and Expenditure Account)****YEAR ENDED 31 MARCH 2025**

		Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	Note	£	£	£	£
Incoming and Endowments from:					
Grants, Donations and legacies	2	111,609	580,891	692,500	658,322
Charitable activities	3	22,865	-	22,865	33,807
Investments		15,365	-	15,365	4,154
Total Income		149,839	580,891	730,730	696,283
Expenditure On:					
Raising funds		9,188	-	9,188	1,373
Charitable activities		89,792	574,088	663,880	608,149
Total Expenditure	5	98,980	574,088	673,068	609,522
Net income		50,859	6,803	57,662	86,761
Net movement in funds		50,859	6,803	57,662	86,761
Total funds brought forward		369,868	46,295	416,163	329,402
Total funds carried forward		420,727	53,098	473,825	416,163

All of the activities of the charity are classed as continuing

The notes on pages 12 to 23 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**BALANCE SHEET****YEAR ENDED 31 MARCH 2025**

	Note	2025 £	2024 £
Current assets			
Debtors	10	9,970	2,143
Cash at bank and in hand		487,300	439,985
<i>Total current assets</i>		<u>497,270</u>	<u>442,128</u>
Creditors : Amounts falling due within one year	11	(23,445)	(25,965)
		<u></u>	<u></u>
<i>Net current assets or liabilities</i>		473,825	416,163
Total net assets or liabilities		<u><u>473,825</u></u>	<u><u>416,163</u></u>
The Funds of the Charity	12		
Restricted funds		53,098	46,295
Unrestricted funds			
<i>Designated funds</i>		93,600	98,000
<i>General funds</i>		327,127	271,868
		<u>473,825</u>	<u>416,163</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

30/7/2025

These financial statements were approved by the trustees on and are signed on their behalf by:

Signed by:

C1F60F824D38440:....
 Louise Lacey - Treasurer

The notes on pages 12 to 23 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF CASH FLOWS****YEAR ENDED 31 MARCH 2025**

	2025	2024
	£	£
Cash flows from operating activities:		
Net (expenditure)/income	57,662	86,761
<i>Adjustments for:</i>		
Other interest receivable and similar income	15,365	4,154
<i>Changes in:</i>		
Trade and other debtors	(7,827)	740
Trade and other creditors	(2,520)	10,485
Cash generated from operations	<u>62,680</u>	<u>102,140</u>
Interest received	(15,365)	(4,154)
Net cash from operating activities	<u>47,315</u>	<u>97,986</u>
Net Increase in cash and cash equivalents	47,315	97,986
Cash and cash equivalents at beginning of year	439,985	341,999
Cash and cash equivalents at end of year	<u>487,300</u>	<u>439,985</u>

The charity has not provided an analysis of changes in net debt as it does not have any long term financing arrangements.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

1 Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the time it is received.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****Income and Endowments From:**

2 Grants, Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2025
	£	£	£
Grants > £5,000			
Garfield Weston Foundation	-	30,000	30,000
NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) via VCSE Mental Health Alliance - Psychological Therapies Review Phase 2 project	-	24,446	24,446
BNSSG ICB	-	52,369	52,369
BNSSG ICB - WIT project	-	29,641	29,641
The Bromley Trust	-	20,000	20,000
The Brook Trust	-	19,536	19,536
National Lottery - Community Fund	-	53,750	53,750
Home Office VAWG CADA funding via Next Link	-	29,717	29,717
Ministry of Justice (MoJ) via OPCC	-	24,103	24,103
South Gloucestershire Council	-	12,390	12,390
SARSAS: NHSE Addressing Inequalities	-	66,070	66,070
Sarsas:NHSE	-	31,880	31,880
Sarsas:Online Counselling in Somerset	-	12,631	12,631
Pathfinder - NHSE via SARSAS	-	23,338	23,338
SARSAS: SV Therapies	-	57,885	57,885
SARSAS SV Therapies Young Women's Service	-	17,436	17,436
Sovereign Network Group	-	45,700	45,700
Grants < £5,000			
Unrestricted Grants & donations > £5,000	84,500	30,000	114,500
Unrestricted Grants & donations < £5,000	27,109	-	27,109
	111,609	580,891	692,500

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

<i>Grants, Donations and Legacies - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2024 £</i>
Grants > £5,000			
<i>Screwfix Foundation</i>	-	5,000	5,000
<i>CAF Keystone Fund</i>	-	24,030	24,030
<i>Edward Gostling Foundation</i>	-	25,000	25,000
<i>Brook Trust</i>	-	15,176	15,176
<i>Bromley Trust</i>	-	20,000	20,000
<i>BNSSG ICB</i>	-	78,661	78,661
<i>E.B.P.I via VCSE Mental Health Alliance</i>	-	15,407	15,407
<i>Next Link</i>	-	28,303	28,303
<i>OPCC : Ministry of Justice</i>	-	23,529	23,529
<i>SARSAS: NHS England (SV Befriending)</i>	-	31,880	31,880
<i>SARSAS: NHS England (Addressing Inequalities)</i>	-	66,070	66,070
<i>SARSAS (SV Counselling)</i>	15,143	115,610	130,753
<i>SARSAS (Young Women's Service)</i>	-	17,070	17,070
<i>National Lottery</i>	-	50,000	50,000
<i>South Gloucestershire Council</i>	-	11,475	11,475
<i>Sovereign Network Group</i>	-	44,370	44,370
Grants < £5,000			
<i>DWF Foundation</i>	-	1,500	1,500
<i>Unrestricted Grants & donations > £5,000</i>	37,000	-	37,000
<i>Unrestricted Grants & donations < £5,000</i>	33,098	-	33,098
	85,241	573,081	658,322

3 Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
<i>Earned Income - Other</i>	1,950	-	1,950
<i>Fees: Counselling</i>	20,915	-	20,915
	22,865	-	22,865

<i>Charitable activities - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2024 £</i>
<i>Earned Income - Other</i>	1,388	-	1,388
<i>Fees: Counselling</i>	32,419	-	32,419
	33,807	-	33,807

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****4 Government Grants**

The charitable company receives government grants, defined as funding from BNSSG ICB, South Gloucestershire Council and Ministry of Justice (MoJ) via the Avon and Somerset Office of the Police and Crime Commissioner (OPCC) to fund charitable activities. The total value of such grants in the period ending 31 March 2025 was £118,502 (2024: £113,665). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2025.

5 Charitable Activities

	Raising Funds	Charitable activities	Support & governance costs	Total Funds 2025	Total Funds 2024
	£	£	£	£	£
Staff costs	9,138	423,329	-	432,467	365,242
Staff travel and subsistence	-	1,342	-	1,342	576
Client travel	-	598	-	598	-
Volunteer expenses / training	-	1,367	-	1,367	2,159
Management committee expenses	-	-	1,005	1,005	524
Rent and rates	-	59,302	-	59,302	56,986
Repairs and renewals	-	-	2,489	2,489	7,300
Miscellaneous	-	-	1,032	1,032	1,501
Office sundries	-	-	1,516	1,516	1,115
Training	-	6,384	-	6,384	3,915
Insurance	-	-	2,604	2,604	3,268
Telephone	-	5,810	-	5,810	6,457
Recruitment and advertising	-	-	9,491	9,491	3,370
Legal and professional (includes interpreting)	-	13,937	270	14,207	21,475
Clinicians' fees	-	97,247	-	97,247	100,419
Subscriptions and memberships	50	12,833	-	12,883	6,216
Printing, postage and stationery	-	893	-	893	1,544
IT costs	-	-	14,683	14,683	19,642
Accountancy	-	-	6,509	6,509	7,011
Photocopier	-	-	1,239	1,239	802
Sub-total	9,188	623,042	40,838	673,068	609,522
Allocation of support costs and governance costs	-	40,838	(40,838)	-	-
Total expenditure	9,188	663,880	-	673,068	609,522

6 Net incoming resources for the year

This is stated after charging:

	2025	2024
	£	£
Independent Examiner's Fees	685	623

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****7 Staff costs and numbers**

The aggregate payroll costs were:

	2025	2024
	£	£
Wages and Salaries	389,786	328,489
Social Security Costs	23,874	21,460
Pension Costs	18,807	15,293
	<u>432,467</u>	<u>365,242</u>

During the year, one employee received emoluments of more than £60,000 (2024: nil). The total emoluments, including salary, benefits, and pension contributions, amounted to £61,000. The breakdown is as follows:

Salary £58,095

Pension contribution £2,905

The charity has complied with all relevant regulations and guidelines in determining and disclosing these emoluments.

The average monthly head count was 17.5 staff (2024: 16 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer, Head of Operations, Business Manager, Clinical Manager and Volunteer Services Manager. Total employee benefits paid to key management personnel were £170,616 (2024: £163,359).

8 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2024: £nil). No trustees were reimbursed expenses during the year (2024: £nil). No charity trustee received payment for professional or other services supplied to the charity (2024: £nil).

9 Related party transactions

No trustee or other person related to the charity has any personal interest in any contract or transactions entered into by the charity during the year. There were no other related party transactions during the year (2024: £nil)

10 Debtors

	2025	2024
	£	£
Trade debtors	7,798	-
Other debtors	755	755
Prepayments	1,417	1,388
	<u>9,970</u>	<u>2,143</u>

11 Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	22,005	21,315
Accruals and deferred income	1,440	4,650
	<u>23,445</u>	<u>25,965</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025**

12 Movement in funds - current year	At 01-Apr 2024 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2025 £
Restricted funds					
<i>Womankind Services</i>					
CAF Keystone Fund	16,000	-	(16,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) via VCSE Mental Health Alliance - Psychological Therapies Review Phase 2 project		24,446	(24,446)	-	-
Pathfinder - NHSE via SARSAS	-	4,338	(4,338)	-	-
<i>Women's Inequalities Training (WIT)</i>					
BNSSG ICB - WIT project	-	29,641	(29,641)	-	-
<i>General counselling</i>					
BNSSG ICB	-	52,369	(52,369)	-	-
<i>Befriending Services</i>					
National Lottery - Community Fund	-	46,158	(46,158)	-	-
SARSAS: NHS England (NHSE)	-	26,880	(26,880)	-	-
South Gloucestershire Council	2,295	12,390	(11,587)	-	3,098
Sovereign Network Group	-	45,700	(45,700)	-	-
<i>Safer Women's Project</i>					
The Bromley Trust	20,000	20,000	(20,000)	-	20,000
The Brook Trust	-	19,536	(19,536)	-	-
SARSAS: NHSE Addressing Inequalities	-	47,084	(47,084)	-	-
Legacy Grant	-	30,000	-	-	30,000
<i>Deaf Women's Counselling</i>					
SARSAS: NHSE Addressing Inequalities	-	12,811	(12,811)	-	-
<i>Sexual Violence Counselling</i>					
Ministry of Justice (MoJ) via OPCC	-	20,992	(20,992)	-	-
SARSAS: SV Therapies - Recent & historic SV		57,885	(57,885)		
SARSAS: Online counselling in Somerset		12,631	(12,631)	-	-
Pathfinder - NHSE via SARSAS - additional SV session		19,000	(19,000)	-	-
<i>Young Women's Service</i>	-			-	-
Home Office VAWG CADA funding via Next Link	-	29,717	(29,717)	-	-
SARSAS SV Therapies Young Women's Service	-	17,436	(17,436)	-	-
<i>Telephone and Webchat Helpline</i>					
Edward Gostling Foundation	8,000	-	(8,000)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset (OPCC)	-	3,110	(3,110)	-	-
National Lottery - Community Fund		7,592	(7,592)	-	-
SARSAS: NHSE (Befriending)		5,000	(5,000)	-	-
SARSAS: NHSE Addressing Inequalities		6,175	(6,175)	-	-
Garfield Weston Foundation	-	30,000	(30,000)	-	-
	46,295	580,891	(574,088)	-	53,098

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****Movement in funds (continued)**

	At 01-Apr 2024 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2025 £
Unrestricted funds					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	48,000	27,000	(25,000)	-	50,000
Strategic priorities	40,000	-	6,400	-	33,600
Joan Solomon Bursary Fund	10,000	-	-	-	10,000
Total designated funds	98,000	27,000	(31,400)	-	93,600
General funds	271,868	122,839	(67,580)	-	327,127
Total unrestricted funds	369,868	149,839	(98,980)	-	420,727
Total funds	416,163	730,730	(673,068)	-	473,825

Purposes of restricted funds**Womankind Services**

The Charities Aid Foundation (CAF) provided funding towards the part-time Business Manager's post through their Keystone Fund. NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) funded the second phase of a short-term project 'Evidence Based Psychological Therapies Review' via the Voluntary, Community and Social Enterprise (VCSE) Mental Health Alliance. NHS England (NHSE) provided 'Pathfinder' funding via Somerset and Avon Rape and Sexual Abuse Support (SARSAS) for associated projects.

Women's Inequalities Training

BNSSG ICB provide funding for a partnership project led by Womankind and Missing Link to deliver Women's Inequalities Training across the mental health workforce.

General Counselling

BNSSG ICB provide funding for general counselling.

Befriending Services

The National Lottery Community Fund provide funding for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from NHS England (NHSE) via SARSAS, and South Gloucestershire Council. Sovereign Network Group provide funding for a remote Befriending service for their own residents and staff who have experienced domestic abuse and/or sexual violence.

Safer Women's Project

Funding is provided by The Bromley Trust and the Brook Trust, together with funding from NHSE to address inequalities via SARSAS, to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation with specialist trauma counselling. A former member of Womankind's clinical team who worked in the Safer Women's Project died in August 2024 and left a legacy to Womankind to support the work of the project.

Deaf Women's counselling

Funding is provided by NHSE to address health inequalities via SARSAS, towards the provision of specialist counselling for Deaf/hard of hearing women.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2025

Sexual Violence counselling

The Ministry of Justice (MoJ) via the OPCC and SARSAS as lead agency for the Sexual Violence Therapies provision, fund Womankind to deliver specialist counselling for women who have experienced recent or historic sexual violence, rape and/or serious sexual assault. NHSE also provided 'Pathfinder' funding via SARSAS for extended or additional counselling sessions for women with complex PTSD. Somerset ICB provide funding via SARSAS for the delivery of online counselling in Somerset.

Young women's counselling service

The Home Office provide CADA (children affected by domestic abuse) funding via Next Link for counselling to support young women affected by domestic abuse. SARSAS as lead agency for the Sexual Violence Therapies provision, fund Womankind to deliver a specialist young women's counselling service.

Telephone and Webchat Helpline

The Garfield Weston Foundation and the Edward Gostling Foundation contributed towards the costs of running Womankind's telephone and webchat helpline. Funding from the MoJ, the National Lottery and SARSAS also contributed to the Helpline as the access point for the services that they funded, as listed above.

Purpose of Designated Funds

Nani Huyu Charitable Trust

The trustees chose to designate these monies for the purpose of funding the additional counselling sessions in 2024/25.

Strategic Priorities

The organisation has a strategic and business plan in place until March 2026, and the charity is currently developing the next 4-5 year business plan. The plans have specific priorities, some of which may require one off or short-term costs to implement. Some of this designated fund was used during the year, for a new website and for external Equality, Diversity and Inclusion training.

Joan Solomon Bursary Fund

The trustees designated monies to establish a bursary fund in memory of the Charity's former service user, Trustee and Chair of Trustees, who died in February 2023. The fund will be used to support women from minoritised communities to train as counsellors.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025*****Movement in funds - prior year
(continued)***

	At 01-Apr 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2024 £
Restricted funds					
<i>Womankind Services</i>					
CAF Keystone Fund	-	24,030	(8,030)	-	16,000
(BNSSG ICB) via (VCSE Mental Health Alliance) Psychological Therapies Review	-	15,407	(15,407)	-	-
Screwfix	-	5,000	(5,000)	-	-
<i>Women's Inequalities Training (WIT)</i>					
BNSSG ICB - WIT project	-	28,258	(28,258)	-	-
<i>General counselling</i>					
BNSSG ICB	-	50,403	(50,403)	-	-
SARSAS: Online counselling in Somerset	-	8,250	(8,250)	-	-
<i>Befriending Services</i>					
National Lottery - Community Fund	-	42,770	(42,770)	-	-
SARSAS: NHS England Befriending	-	26,880	(26,880)	-	-
South Gloucestershire Council	-	11,475	(9,180)	-	2,295
Sovereign Network Group	-	44,370	(44,370)	-	-
<i>Safer Women's Project</i>					
The Bromley Trust	20,000	20,000	(20,000)	-	20,000
The Brook Trust	-	15,176	(15,176)	-	-
SARSAS: NHSE Addressing Inequalities	-	50,610	(50,610)	-	-
<i>Deaf Women's Counselling</i>					
SARSAS: NHSE Addressing Inequalities	-	11,590	(11,590)	-	-
<i>Sexual Violence Counselling</i>					
Ministry of Justice (MoJ) via OPCC	-	20,419	(20,419)	-	-
SARSAS: BNSSG ICB Waiting list projects	-	33,723	(33,723)	-	-
SARSAS: OPCC Waiting list project	-	16,960	(16,960)	-	-
SARSAS: SV Therapies - Recent & historic SV	-	56,677	(56,677)	-	-
<i>Young Women's Service</i>					
Home Office VAWG CADA funding via Next Link	-	28,303	(28,303)	-	-
SARSAS SV Therapies Young Women's Service	-	17,070	(17,070)	-	-
	<u>20,000</u>	<u>527,371</u>	<u>(509,076)</u>	<u>-</u>	<u>38,295</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****Movement in funds - prior year (continued)**

<i>Telephone and Webchat Helpline</i>				-	-
<i>DWF Foundation</i>	-	1,500	(1,500)	-	-
<i>Edward Gostling Foundation</i>	-	25,000	(17,000)	-	8,000
<i>Crime Commissioner for Avon &</i>	-	3,110	(3,110)		
<i>National Lottery - Community Fund</i>	-	7,230	(7,230)	-	-
<i>SARSAS: NHS England Befriending</i>	-	5,000	(5,000)	-	-
<i>SARSAS: NHSE Addressing Inequalities</i>	-	3,870	(3,870)	-	-
	<u>20,000</u>	<u>573,081</u>	<u>(546,786)</u>	<u>-</u>	<u>46,295</u>

Unrestricted funds*Designated funds:*

<i>Nani Huyu Charitable Trust</i>	45,000	27,000	(24,000)	-	48,000
<i>Strategic priorities</i>	40,000	-	-	-	40,000
<i>Joan Solomon Bursary fund</i>	-	-	-	10,000	10,000
<i>Total designated funds</i>	<u>85,000</u>	<u>27,000</u>	<u>(24,000)</u>	<u>10,000</u>	<u>98,000</u>
<i>General funds</i>	<u>224,402</u>	<u>96,202</u>	<u>(38,736)</u>	<u>(10,000)</u>	<u>271,868</u>
<i>Total unrestricted funds</i>	<u>309,402</u>	<u>123,202</u>	<u>(62,736)</u>	<u>-</u>	<u>369,868</u>
<i>Total funds</i>	<u>329,402</u>	<u>696,283</u>	<u>(609,522)</u>	<u>-</u>	<u>416,163</u>

13 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

14 Analysis of net assets between funds - current year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Cash at bank and in hand	434,202	53,098	487,300
Other net current assets or liabilities	(13,475)	-	(13,475)
	<u>420,727</u>	<u>53,098</u>	<u>473,825</u>

Analysis of net assets between funds - prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Cash at bank and in hand	401,690	38,295	439,985
Other net current assets or liabilities	(23,822)	-	(23,822)
	<u>377,868</u>	<u>38,295</u>	<u>416,163</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2025****15 Statement of financial activities - prior year**

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Incoming and Endowments from:			
<i>Donations and legacies</i>	85,241	573,081	658,322
<i>Charitable activities</i>	33,807	-	33,807
<i>Investments</i>	4,154	-	4,154
Total income	123,202	573,081	696,283
Expenditure On:			
<i>Raising Funds</i>	7,498	-	1,373
<i>Charitable activities</i>	55,238	546,786	608,149
Total expenditure	62,736	546,786	609,522
Net Income	60,466	26,295	86,761
Net movement in funds	60,466	26,295	86,761
Total funds brought forward	309,402	20,000	329,402
Total funds carried forward	369,868	46,295	416,163

WOMANKIND

England & Wales - Charity number 297258

Accounts

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE
FINANCIAL STATEMENTS

31 MARCH 2024

Company Registration Number 02136526
Charity Number 297258

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

CONTENTS	PAGE
Reference and administrative details of the charity and its advisors	1
Trustees’ annual report	2 to 7
Independent Examiners report	8
Statement of financial activities (including income and expenditure account)	9
Balance sheet	10
Statement of cash flows	11
Notes to the financial statements	12 to 22

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

Company number	02136526		
Charity number	297258		
Registered office and operational address	3 rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE		
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:		
	Lucy Downs	Chair	
	Alyson Fielden	Vice Chair	
	Jo Feather	Secretary	
	Louise Lacey	Treasurer	
	Sarah Bartlett		
	Sally Bennett	Resigned 15/7/24	
	Melody Russell		
	Frances Hall		
	Terry Jones		
	Helene Titus-Glover		
	Jasmin Webb-Oriogun	Resigned 25/09/23	
	Claire Simmons		
	Laura Sponti	Resigned 18/03/24	
	Heather Toyne	Appointed 20/11/23	
	Isabel Tobias	Appointed 15/7/24	
Key Management Personnel	Kyra Bond	Chief Executive Officer	
	Claire Boulton	Business Manager	
	Danielle Radford	Temporary Business Manager	
	Rosie Thoburn	Clinical Manager	
	Nicola Coggins	Senior Volunteer Service Coordinator	
Bankers	Barclays Bank	Santander	Flagstone Group Ltd
	55 Broadmead	1 st Floor	1 st Floor
	Bristol	Alliance House	Clareville House
	BS1 3EA	12 Baldwin Street	26-27 Oxendon Street
		Bristol	London
		BS1 1SD	SW1Y 4EL
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park, Daventry Road Bristol, BS4 1DQ		

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

Womankind Bristol Women's Therapy Centre

The trustees present their report and the examined financial statements for the period ended 31 March 2024.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governance and Management

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Method of Recruiting and Appointing Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Board of Trustees seeks to ensure that the needs of its client group (women with mental health support needs and survivors of sexual violence and abuse) are appropriately reflected through the diversity of the trustee body. In addition, the Board of Trustees seek to ensure that there is a broad experience and skills mix on the board.

Trustee Induction and Training

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Board of Trustees during which she will be made aware of:

- The obligations of Trustees;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

Organisational structure

Womankind has a Board of Trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has twelve members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO along with the Clinical Manager, Business Manager, Senior

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

Volunteer Service Coordinator and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

Risk Management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, the national Helpline Quality Standard, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Related parties

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems, including survivors of sexual violence and domestic abuse. Key partnerships include the Sexual Violence Alliance, SARSAS (Somerset and Avon Rape and Sexual Abuse Support), The Green House, Safe Link, Kinergy, The Southmead Project and The Bridge Sexual Assault Referral Centre), Missing Link/Safe Link/Next Link, VSCE Mental Health Alliance, Sovereign Network Group, NHS Bristol, North Somerset and South Gloucestershire Integrated Care Board and Avon and Somerset Police and Crime Commissioner.

Objectives and Activities

The Company's objectives:

To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services that are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired and disabled women.
- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

Achievements and Performance

Womankind has provided vital mental health support for many women over the past thirty-eight years. Over the year, our dedicated team worked extremely hard to support significant numbers of women. Our helpline volunteers handled 5,816 calls, webchats and emails from women in distress and we supported 423 clients with counselling, befriending or group therapy service.

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support (SARSAS) for women's rape and sexual abuse counselling (including a young women's service) as part of the Sexual Violence Alliance.
- Next Link for Home Office funding for counselling for young women affected by domestic abuse.
- The National Lottery towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Network Group to provide a befriending service for their own residents who have experienced domestic abuse and/or sexual violence.
- The Edward Gostling Foundation and the DWF Foundation towards our telephone and webchat helpline and core costs.
- The Screwfix Foundation for the construction of an additional counselling room.
- The Charities Aid Foundation (CAF) Keystone Fund towards the salary of our part-time Business Manager.

Together with an unrestricted grant from the Nani Huyu Charitable Trust and a number of other small (under £5k) grants and donations from several trusts and foundations to support our service provision generally and our core costs.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling.

Telephone and Webchat Helpline

The Helpline is staffed by trained and supervised volunteers and is open every weekday morning, Monday, Wednesday and Thursday afternoons, and Monday and Tuesday evenings.

A total number of 3,972 telephone calls, 729 Webchat calls and 1,115 emails were handled during the year 2023-24. Overall, there was a 9% decrease in the number of contacts we were able to handle on the helpline compared to the previous year, due to the impact of the cost of living crisis affecting the

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

recruitment of sufficient volunteers. We are addressing this through Womankind's Communications strategy which prioritises raising awareness of our services, volunteering and recruitment opportunities amongst minoritised groups, and we are growing our social media presence and reaching a wider audience.

Befriending Services

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are trained in mental health, sexual violence and trauma-informed care. The aim of the service is to improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for referred isolated women with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Housing association female residents who have experienced domestic abuse and/or sexual violence.

83 women were supported by volunteers in befriending partnerships during 2023/24.

All women completing end of service evaluations have reported a decrease in social isolation, being able to perform more self-care, including eating healthily, seeking medical care, and pursuing hobbies. Many women have reported feeling less anxious, safer and more hopeful, with increased self-esteem.

Counselling and Group Therapy Services

Therapy Groups

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two on-going therapy groups for women.
- Two low fee therapy groups for women who can afford to contribute but are on low incomes.

Counselling

Womankind offers culturally and trauma informed counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. All counsellors receive regular supervision provided by Womankind. Since the pandemic, we have offered counselling services flexibly and responsively (online or in-person) to meet women's needs and preferences. Most counselling was delivered in person during 2023/24, but clients have been appreciative of this flexibility.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.
- Counselling for Deaf and hard of hearing women with a signing counsellor.
- Specialist rape and sexual abuse counselling service delivered in partnership with the Sexual Violence Alliance and Somerset and Avon Rape and Sexual Abuse Support Service (SARSAS).

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

- Specialist young women's counselling services. These services are delivered in partnership with SARSAS and Next Link.
- Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
- Affordable fee-paying general counselling.

A total number of 340 clients received weekly counselling or group therapy sessions during the year.

Training for professionals

The Women's Inequalities Training programme is delivered in partnership between Womankind and Missing Link and is in its second year. The training aims at improving the Bristol, North Somerset and South Gloucestershire response to women's mental health needs through the provision of specialist equalities training to the statutory and VCSE mental health workforce. The training package was co-produced with both service delivery partner agencies in BNSSG delivering support services to women, and experts by experience. Over 800 practitioners have booked onto and benefitted from the training programme.

Financial Review

As at 31 March 2024 Womankind remains in a financially stable position. The charity generated a surplus of £86,761 compared to £74,239 in 2023. There has been a 21% increase in total income compared to 2023. This is due to securing additional or increased grants, primarily short term grants from statutory commissioners to tackle waiting lists for new or expanded services to meet rising levels of need.

Total expenditure increased by 22% from the previous year, this is due to increased activity driven by the increased demand for the charity's services and the need to strengthen our core staff and management capacity. New staff have been recruited and staff hours have increased.

Womankind currently has an unrestricted general reserve of £271,868 (4.6 months) which is slightly more than the amount required (currently £245,000) by the Trustees stated reserves policy as set out below. However, the Trustees consider it prudent to maintain a greater level of reserves for robust financial governance in this uncertain financial climate.

Reserves policy

The Board of Trustees have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least three months running costs plus reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Board of Trustees will budget for surpluses in the next three years to recover the position.

Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

Statement of Responsibilities of the Board of Trustees

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

- 1. Select suitable accounting policies and apply them consistently.
- 2. Observe the methods and principles in the applicable Charities SORP.
- 3. Make judgements and estimates that are reasonable and prudent.
- 4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
- 5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31st March 2023 was ten.

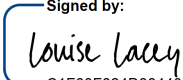
The Board of Trustees are members of the charity but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

26/9/2024

Approved by the Board of Trustee on and signed on its behalf

Signed by:  by: Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2024

I report on the accounts of the company for the year ended 31st March 2024 which are set out on pages 9 to 22.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

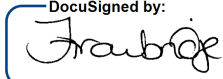
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT

DocuSigned by:

G2F8368E4B574EA.....

Bristol Community Accountants CIC
 The Park
 Daventry Road
 Knowle Bristol BS4 1DQ

27/9/2024

.....

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF FINANCIAL ACTIVITIES (Including Income
and Expenditure Account)****YEAR ENDED 31 MARCH 2024**

		Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	Note	£	£	£	£
Incoming and Endowments from:					
Grants, Donations and legacies	2	85,241	573,081	658,322	538,807
Charitable activities	3	33,807	-	33,807	32,769
Investments		4,154	-	4,154	497
Total Income		<u>123,202</u>	<u>573,081</u>	<u>696,283</u>	<u>572,073</u>
Expenditure On:					
Raising funds		7,498	-	7,498	1,373
Charitable activities		55,238	546,786	602,024	496,461
Total Expenditure	5	<u>62,736</u>	<u>546,786</u>	<u>609,522</u>	<u>497,834</u>
Net income		60,466	26,295	86,761	74,239
Net movement in funds		<u>60,466</u>	<u>26,295</u>	<u>86,761</u>	<u>74,239</u>
Total funds brought forward		309,402	20,000	329,402	255,163
Total funds carried forward		<u>369,868</u>	<u>46,295</u>	<u>416,163</u>	<u>329,402</u>

All of the activities of the charity are classed as continuing

The notes on pages 12 to 22 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**BALANCE SHEET****YEAR ENDED 31 MARCH 2024**

	Note	2024 £	2023 £
Current assets			
Debtors	10	2,143	2,883
Cash at bank and in hand		439,985	341,999
<i>Total current assets</i>		442,128	344,882
Creditors : Amounts falling due within one year	11	(25,965)	(15,480)
<i>Net current assets or liabilities</i>		416,163	329,402
Total net assets or liabilities		416,163	329,402
The Funds of the Charity	12		
Restricted funds		46,295	20,000
Unrestricted funds			
<i>Designated funds</i>		98,000	85,000
<i>General funds</i>		271,868	224,402
		416,163	329,402

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

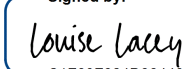
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

26/9/2024

These financial statements were approved by the trustees on and are signed on their behalf by:

Signed by:

01F60F824D98440...
 Louise Lacey - Treasurer

The notes on pages 12 to 22 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF CASH FLOWS****YEAR ENDED 31 MARCH 2024**

	2024	2023
	£	£
Cash flows from operating activities:		
Net (expenditure)/income	86,761	74,239
<i>Adjustments for:</i>		
Other interest receivable and similar income	4,154	497
<i>Changes in:</i>		
Trade and other debtors	740	(788)
Trade and other creditors	10,485	(5,484)
Cash generated from operations	102,140	68,464
Interest received	(4,154)	(497)
Net cash from operating activities	97,986	67,967
 Net Increase in cash and cash equivalents	 97,986	 67,967
 Cash and cash equivalents at beginning of year	 341,999	 274,032
 Cash and cash equivalents at end of year	 439,985	 341,999

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1 Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the time it is received.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

Income and Endowments From:				
2	Grants, Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2024
		£	£	£
	Grants > £5,000			
	Screwfix Foundation	-	5,000	5,000
	CAF Keystone Fund	-	24,030	24,030
	Edward Gostling Foundation	-	25,000	25,000
	Brook Trust	-	15,176	15,176
	Bromley Trust	-	20,000	20,000
	BNSSG ICB	-	78,661	78,661
	E.B.P.I via VCSE Mental Health Alliance	-	15,407	15,407
	Next Link	-	28,303	28,303
	OPCC : Ministry of Justice	-	23,529	23,529
	SARSAS: NHS England (SV Befriending)	-	31,880	31,880
	SARSAS: NHS England (Addressing Inequalities)		66,070	66,070
	SARSAS (SV Counselling)	15,143	115,610	130,753
	SARSAS (Young Women's Service)	-	17,070	17,070
	National Lottery	-	50,000	50,000
	South Gloucestershire Council	-	11,475	11,475
	Sovereign Network Group	-	44,370	44,370
	Grants < £5,000			
	DWF Foundation	-	1,500	1,500
	Unrestricted Grants & donations > £5,000	37,000		37,000
	Unrestricted Grants & donations < £5,000	33,098	-	33,098
		85,241	573,081	658,322

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024**

<i>Grants, Donations and Legacies - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>
Grants > £5,000			
NHS England via OPCC	-	30,000	30,000
NHS Bristol, North Somerset & South Gloucestershire ICB	-	89,775	89,775
National Lottery	-	30,000	30,000
The Henry Smith Charity	-	12,450	12,450
Nani Huyu Charitable Trust	25,000	-	25,000
South Gloucestershire Council	-	8,925	8,925
The Brook Trust	-	22,600	22,600
Keeping Bristol Safe Partnership (Via SARSAS)	-	23,000	23,000
Young Women's Service (via SARSAS)	-	33,903	33,903
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	22,955	22,955
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	73,750	73,750
The Bromley Trust	-	20,000	20,000
Tesco Little Helps	-	5,000	5,000
Edward Gostling Foundation	10,000	-	10,000
Sovereign Network Group	-	39,830	39,830
Bristol Community Health	-	20,000	20,000
Quartet Community Foundation	-	10,000	10,000
Home Office via Next Link	-	15,270	15,270
Grants < £5,000			-
Ashworth Trust	-	3,000	3,000
St James Place Charitable Foundation	-	2,500	2,500
Boshier-Hinton Foundation	-	2,000	2,000
Unrestricted Grants & donations < £5,000	38,849	-	38,849
	73,849	464,958	538,807

3 Charitable Activities

	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2024 £</i>
Earned Income - Other	1,388	-	1,388
Fees: Counselling	32,419	-	32,419
	33,807	-	33,807
<i>Charitable activities - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>
Earned Income - Other	7,013	-	7,013
Fees: Counselling	25,756	-	25,756
	32,769	-	32,769

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****4 Government Grants**

The charitable company receives government grants, defined as funding from BNSSG ICB, The Ministry of Justice (via OPCC) and South Gloucestershire Council to fund charitable activities. The total value of such grants in the period ending 31 March 2024 was £113,665 (2023: £151,655). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2024.

5 Charitable Activities

	Raising Funds £	Charitable activities £	Support & governance costs £	Total Funds 2024 £	Total Funds 2023 £
Staff costs	7,438	357,804	-	365,242	302,294
Staff travel and subsistence	-	576	-	576	803
Volunteer expenses / training	-	2,159	-	2,159	2,461
Management committee expenses	-	-	524	524	244
Rent and rates	-	56,986	-	56,986	42,514
Repairs and renewals	-	-	7,300	7,300	10,262
Miscellaneous	-	-	1,501	1,501	927
Office sundries	-	-	1,115	1,115	991
Training	-	3,915	-	3,915	4,271
Insurance	-	3,268	-	3,268	2,269
Telephone	-	6,457	-	6,457	4,511
Recruitment and advertising	-	-	3,370	3,370	2,187
Legal and professional (includes interpreting)	-	21,110	365	21,475	19,148
Clinicians' fees	-	100,419	-	100,419	85,478
Subscriptions and memberships	60	-	6,156	6,216	5,963
Printing, postage and stationery	-	1,544	-	1,544	784
IT costs	-	-	19,642	19,642	6,810
Accountancy	-	-	7,011	7,011	4,922
Photocopier	-	-	802	802	995
Sub-total	7,498	554,238	47,786	609,522	497,834
Allocation of support costs and governance costs	-	47,786	(47,786)	-	-
Total expenditure	7,498	602,024	-	609,522	497,834

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****6 Net incoming resources for the year****This is stated after charging:**

	2024	2023
	£	£
Independent Examiner's Fees	623	593

7 Staff costs and numbers

The aggregate payroll costs were:

	2024	2023
	£	£
Wages and Salaries	328,489	267,572
Social Security Costs	21,460	21,772
Pension Costs	15,293	12,950
	365,242	302,294

No employees received emoluments of more than £60,000 (2023: no employees)

The average monthly head count was 16 staff (2023: 14 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer, Business Manager, Senior Volunteer Service Coordinator and the Clinical Manager. Total employee benefits paid to key management personnel were £163,359 (2023: £97,422).

8 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2023: £nil). No trustees were reimbursed expenses during the year (2023: £48). No charity trustee received payment for professional or other services supplied to the charity (2023: £nil).

9 Related party transactions

No trustee or other person related to the charity has any personal interest in any contract or transactions entered into by the charity during the year. There were no other related party transactions during the year (2023: £nil)

10 Debtors

	2024	2023
	£	£
Trade debtors	-	1,959
Other debtors	755	755
Prepayments	1,388	169
	2,143	2,883

11 Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	21,315	11,010
Accruals and deferred income	4,650	4,470
	25,965	15,480

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024**

12 Movement in funds - current year	At 01-Apr 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2024 £
Restricted funds					
<i>Womankind Services</i>					
CAF Keystone Fund (BNSSG ICB) via (VCSE Mental Health Alliance) Psychological Therapies Review	-	24,030	(8,030)	-	16,000
Screwfix	-	15,407	(15,407)	-	-
	-	5,000	(5,000)	-	-
<i>Women's Inequalities Training (WIT)</i>					
BNSSG ICB - WIT project	-	28,258	(28,258)	-	-
<i>General counselling</i>					
BNSSG ICB	-	50,403	(50,403)	-	-
SARSAS: Online counselling in Somerset		8,250	(8,250)		
<i>Befriending Services</i>				-	-
National Lottery - Community Fund	-	42,770	(42,770)	-	-
SARSAS: NHS England Befriending	-	26,880	(26,880)	-	-
South Gloucestershire Council	-	11,475	(9,180)	-	2,295
Sovereign Network Group	-	44,370	(44,370)	-	-
<i>Safer Women's Project</i>					
The Bromley Trust	20,000	20,000	(20,000)	-	20,000
The Brook Trust	-	15,176	(15,176)	-	-
SARSAS: NHSE Addressing Inequalities	-	50,610	(50,610)	-	-
<i>Deaf Women's Counselling</i>					
SARSAS: NHSE Addressing Inequalities	-	11,590	(11,590)	-	-
<i>Sexual Violence Counselling</i>	-			-	-
Ministry of Justice (MoJ) via OPCC	-	20,419	(20,419)	-	-
SARSAS: BNSSG ICB Waiting list projects		33,723	(33,723)		
SARSAS: OPCC Waiting list project	-	16,960	(16,960)	-	-
SARSAS: SV Therapies - Recent & historic SV	-	56,677	(56,677)	-	-
<i>Young Women's Service</i>	-			-	-
Home Office VAWG CADA funding via Next Link	-	28,303	(28,303)	-	-
SARSAS SV Therapies Young Womens Service	-	17,070	(17,070)	-	-
<i>Telephone and Webchat Helpline</i>					
DWF Foundation	-	1,500	(1,500)	-	-
Edward Gostling Foundation	-	25,000	(17,000)	-	8,000
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset (OPCC)	-	3,110	(3,110)	-	-
National Lottery - Community Fund		7,230	(7,230)		
SARSAS: NHS England Befriending		5,000	(5,000)	-	-
SARSAS: NHSE Addressing Inequalities		3,870	(3,870)	-	-
	<u>20,000</u>	<u>573,081</u>	<u>(546,786)</u>	<u>-</u>	<u>46,295</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****Movement in funds (continued)**

	At 01-Apr 2023 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2024 £
Unrestricted funds					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	45,000	27,000	(24,000)	-	48,000
Strategic priorities	40,000	-	-	-	40,000
Joan Solomon Bursary Fund	-	-	-	10,000	10,000
Total designated funds	85,000	27,000	(24,000)	10,000	98,000
General funds	224,402	96,202	(38,736)	(10,000)	271,868
Total unrestricted funds	309,402	123,202	(62,736)	-	369,868
Total funds	329,402	696,283	(609,522)	-	416,163

Purposes of restricted funds**Womankind Services**

The Charities Aid Foundation (CAF) provided funding towards the part-time Business Manager's post through their Keystone Fund. NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) funded a short-term project; 'Evidenced Based Psychological Therapies Review' (via VCSE Mental Health Alliance). Screwfix provided funding towards the construction costs of dividing an office to create an additional counselling room.

Women's Inequalities Training

NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) provide funding for a project led by Womankind and Missing Link to deliver Women's Inequalities Training across the mental health workforce.

General Counselling

NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) provide funding for general counselling. Somerset ICB provide funding via Somerset and Avon Rape and Sexual Abuse Support (SARSAS) for the delivery of online counselling in Somerset.

Befriending Services

The National Lottery Community Fund provide funding for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from NHS England via SARSAS, and South Gloucestershire Council. Sovereign Network Group provide funding for a remote Befriending scheme for their own residents who have experienced domestic abuse and/or sexual violence.

Safer Women's Project

Funding is provided by The Bromley Trust and the Brook Trust, together with funding from NHS England (NHSE) to address inequalities via SARSAS, to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation with specialist trauma counselling.

Deaf Women's counselling

Funding is provided by NHS England (NHSE) to address inequalities via SARSAS, towards the provision of specialist counselling for Deaf/hard of hearing women.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

Sexual Violence counselling

The Ministry of Justice (MoJ) via the OPCC and SARSAS as lead agency for the Sexual Violence Therapies provision, fund Womankind to deliver specialist counselling for women who have experienced recent or historic sexual violence, rape and/or serious sexual assault. The OPCC and BNSSG ICB also provided short-term funding via SARSAS, to address waiting lists for counselling for women who have experienced sexual violence.

Young women's counselling service

The Home Office provide funding via Next Link for Transition Counselling to support young women affected by domestic abuse. SARSAS as lead agency for the Sexual Violence Therapies provision, fund Womankind to deliver a specialist young women's counselling service.

Telephone and Webchat Helpline

The DWF Foundation and Edward Gostling Foundation contributed towards the costs of running Womankind's telephone and webchat helpline. Funding from the MoJ, the National Lottery and NHSE via SARSAS also contributed to the Helpline as the access point for the services that they funded, as listed above.

Purpose of Designated Funds

Nani Huyu Charitable Trust

The trustees chose to designate these monies for the purpose of funding additional counselling sessions in 2023/24.

Strategic Priorities

The trustees have developed a strategic and business plan for the next three years which has new priorities, some of which may require one off or short-term costs to implement.

Joan Solomon Bursary Fund

The trustees chose to designate monies to establish a bursary fund in memory of the Charity's former service user, longstanding Trustee and Chair of Trustees, who died in February 2023. The fund will be used to support women from Black and racially minoritised communities to train as counsellors.

<i>Movement in funds - prior year</i>	<i>At 01-Apr 2022</i>	<i>Incoming resources</i>	<i>Outgoing resources</i>	<i>Transfers</i>	<i>At 31-Mar 2023</i>
<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
Restricted funds					
Womankind Services					
<i>Quartet Community Foundation</i>	-	10,000	(10,000)	-	-
Inequalities Training					
<i>NHS Bristol, North Somerset & South</i>	-	22,596	(22,596)	-	-
General counselling					
<i>Gloucestershire ICB</i>	-	67,179	(67,179)	-	-
Befriending Services					
<i>Bristol Community Health Grants Fund</i>	-	20,000	(20,000)	-	-
<i>Sovereign Network Group</i>	-	39,830	(39,830)	-	-
<i>National Lottery</i>	-	23,778	(23,778)	-	-
<i>South Gloucestershire Council</i>	-	8,925	(8,925)	-	-
<i>NHS England via OPCC</i>	-	25,000	(25,000)	-	-
Safer Women's Project					
<i>The Henry Smith Charity</i>	-	12,450	(12,450)	-	-
<i>The Bromley Trust</i>	15,000	20,000	(15,000)	-	20,000
<i>The Brook Trust</i>	-	22,600	(22,600)	-	-

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024*****Movement in funds - prior year
(continued)***

	At 01-Apr 2022 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2023 £
<i>Deaf Women's Counselling</i>					
James Tudor Foundation	3,500	-	(3,500)	-	-
Ashworth Trust	-	3,000	(3,000)	-	-
Boshier-Hinton Foundation	-	2,000	(2,000)	-	-
<i>Telephone and Webchat Helpline</i>					
National Lottery	-	6,222	(6,222)	-	-
NHS England via OPCC	-	5,000	(5,000)	-	-
Tesco Little Helps	-	5,000	(5,000)	-	-
James Tudor Trust	1,500	-	(1,500)	-	-
Garfield Weston Foundation	20,000	-	(20,000)	-	-
<i>Sexual Violence Counselling</i>					
Keeping Bristol Safe Partnership (via SARSAS)	-	23,000	(23,000)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	22,955	(22,955)	-	-
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	73,750	(73,750)	-	-
<i>Groups</i>					
St James Place Charitable Foundation	-	2,500	(2,500)	-	-
Young Women's Service (via SARSAS)				-	-
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	33,903	(33,903)	-	-
Home Office VAWG CADA funding via Next Link	-	15,270	(15,270)	-	-
	40,000	464,958	(484,958)	-	20,000
<i>Unrestricted funds</i>					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	20,000	25,000	-	-	45,000
Strategic priorities	20,000	-	-	20,000	40,000
<i>Total designated funds</i>	40,000	25,000	-	20,000	85,000
<i>General funds</i>	175,163	82,115	(12,876)	(20,000)	224,402
<i>Total unrestricted funds</i>	215,163	107,115	(12,876)	-	309,402
<i>Total funds</i>	255,163	572,073	(497,834)	-	329,402

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2024****13 Company limited by guarantee**

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

14 Analysis of net assets between funds - current year	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Cash at bank and in hand	393,690	46,295	439,985
Other net current assets or liabilities	(23,822)	-	(23,822)
	<u>369,868</u>	<u>46,295</u>	<u>416,163</u>

<i>Analysis of net assets between funds - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2023 £</i>
<i>Cash at bank and in hand</i>	<i>321,999</i>	<i>20,000</i>	<i>341,999</i>
<i>Other net current assets or liabilities</i>	<i>(12,597)</i>	<i>-</i>	<i>(12,597)</i>
	<u><i>309,402</i></u>	<u><i>20,000</i></u>	<u><i>329,402</i></u>

15 Statement of financial activities - prior year

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Incoming and Endowments from:			
<i>Donations and legacies</i>	<i>73,849</i>	<i>464,958</i>	<i>538,807</i>
<i>Charitable activities</i>	<i>32,769</i>	<i>-</i>	<i>32,769</i>
<i>Investments</i>	<i>497</i>	<i>-</i>	<i>497</i>
Total income	<u>107,115</u>	<u>464,958</u>	<u>572,073</u>
Expenditure On:			
<i>Raising Funds</i>	<i>7,114</i>	<i>-</i>	<i>1,373</i>
<i>Charitable activities</i>	<i>5,762</i>	<i>484,958</i>	<i>496,461</i>
Total expenditure	<u>12,876</u>	<u>484,958</u>	<u>497,834</u>
Net Income	<u>94,239</u>	<u>(20,000)</u>	<u>74,239</u>
Net movement in funds	<u>94,239</u>	<u>(20,000)</u>	<u>74,239</u>
Total funds brought forward	<u>215,163</u>	<u>40,000</u>	<u>255,163</u>
Total funds carried forward	<u><u>309,402</u></u>	<u><u>20,000</u></u>	<u><u>329,402</u></u>

WOMANKIND

England & Wales - Charity number 297258

Accounts

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE
FINANCIAL STATEMENTS

31 MARCH 2023

Company Registration Number 02136526
Charity Number 297258

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

CONTENTS	PAGE
Reference and administrative details of the charity and its advisors	1
Trustees’ annual report	2 to 7
Independent Examiners report	8
Statement of financial activities (including income and expenditure account)	9
Balance sheet	10
Statement of cash flows	11
Notes to the financial statements	12 to 20

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**REFERENCE AND ADMINISTRATIVE DETAILS****YEAR ENDED 31 MARCH 2023**

Company number	02136526	
Charity number	297258	
Registered office and operational address	3 rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE	
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Lucy Downs	Chair
	Melody Russell	Vice Chair
	Hélène Titus-Glover	Secretary
	Louise Lacey	Treasurer
	Sarah Bartlett	
	Sally Bennett	
	Alyson Fielden	
	Frances Hall	Appointed 16/05/2022
	Terry Jones	
	Ruth Yudkin	Resigned 14/11/2022
	Jasmin Webb-Oriogun	Appointed 14/11/2022
	Jo Feather	Appointed 15/05/2023
	Claire Simmons	Appointed 15/05/2023
	Laura Sponti	Appointed 15/05/2023
Key Management Personnel	Kyra Bond	Chief Executive Officer
	Claire Boulton	Business Manager
	Rosie Thoburn	Clinical Manager
	Nicola Coggins	Senior Volunteer Service Coordinator
Bankers	Barclays Bank 55 Broadmead Bristol BS1 3EA	Santander 1 st Floor, Alliance House 12 Baldwin Street Bristol BS1 1SD
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park Daventry Road Bristol BS4 1DQ	

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Womankind Bristol Women's Therapy Centre

The trustees present their report and the examined financial statements for the period ended 31 March 2023.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Governance and Management

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Method of Recruiting and Appointing Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Board of Trustees seeks to ensure that the needs of its client group (women with mental health support needs) are appropriately reflected through the diversity of the trustee body. In addition, the Board of Trustees seek to ensure that there is a broad experience and skills mix on the board.

Trustee Induction and Training

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Board of Trustees during which she will be made aware of:

- The obligations of Trustees;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

Organisational structure

Womankind has a Board of Trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has thirteen members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO along with the Clinical Manager, Business Manager, Senior Volunteer Service Coordinator and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Risk Management

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. In relation to the Covid-19 pandemic, this necessitated delivering some services remotely especially during the winter months to reduce the risk of spreading the infection. External risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, the national Helpline Quality Standard, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Related parties

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems, including survivors of sexual violence and domestic abuse. Key partnerships include the Sexual Violence Alliance Somerset (Avon Rape and Sexual Abuse Support, The Green House, Safe Link, Kinergy, The Southmead Project and The Bridge Sexual Assault Referral Centre), Missing Link/Safe Link/Next Link, VSCE Mental Health Alliance, Sovereign Housing Association, NHS Bristol, North Somerset and South Gloucestershire Integrated Care Board and Avon and Somerset Police and Crime Commissioner.

Objectives and Activities

The Company's objectives:

To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services that are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.
- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired and disabled women.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

Achievements and Performance

Womankind has provided vital mental health support for many women over the past thirty-seven years. Over the year, our dedicated team worked extremely hard to support more women than ever before. Our helpline volunteers handled 6,523 calls, webchats and emails from women in distress compared to 5,711 in the previous year and we supported 438 clients with counselling, befriending or group therapy service.

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Henry Smith Charity, The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support for women's rape and sexual abuse counselling (including a young women's service) as part of the Sexual Violence Consortium.
- Next Link for Home Office funding for counselling for young women affected by domestic abuse.
- The National Lottery and Bristol Community Health towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Housing Association to provide a befriending service for their own residents who have experienced domestic abuse and/or sexual violence.
- Tesco's Little Helps towards the Webchat extension to our telephone helpline.
- Quartet Community Foundation's Resilience Fund towards the salary of our part-time Business Manager.

Together with unrestricted grants from the Edward Gostling Foundation, the Nani Huyu Charitable Trust and a number of other small (under £5k) grants and donations from several trusts and foundations to support our service provision generally and our core costs.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling.

Telephone and Webchat Helpline

The Helpline is staffed by trained and supervised volunteers and is open every weekday morning, Monday, Tuesday and Wednesday afternoons, and Monday and Tuesday evenings.

A total number of 4,568 telephone calls, 1,001 Webchat calls and 954 emails were handled during the year 2022-23. Overall, there was a 14% increase in handled contacts from women seeking support compared to the previous year. Due to increasing numbers of young women callers, we offered further training and support to our volunteers helping them to respond and manage these calls, particularly in relation to Safeguarding. The service was successfully re-accredited during the year by the Helplines Partnership, for the Mental Health Helplines Quality Standard.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

Befriending Services

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are trained in mental health, sexual violence and trauma-informed care. The aim of the service is to improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for referred isolated women with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Housing association female residents who have experienced domestic abuse and/or sexual violence.

85 women were supported by volunteers in befriending partnerships during 2022/23.

All women completing end of service evaluations have reported a decrease in social isolation, being able to perform more self-care, including eating healthily, seeking medical care, and pursuing hobbies. Many women have reported feeling less anxious, safer and more hopeful, with increased self-esteem.

Counselling and Group Therapy Services

Therapy Groups

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing, and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two on-going therapy groups for women.
- Two low fee therapy groups for women who can afford to contribute but are on low incomes.

Counselling

Womankind offers culturally and trauma informed counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. All counsellors receive regular supervision provided by Womankind. Since the onset of the pandemic, we have offered counselling services flexibly and responsively (online or in-person) to meet women's needs and preferences. Most counselling was delivered in person during 2022/23, but clients have been appreciative of this flexibility.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.
- Counselling for Deaf and hard of hearing women with a signing counsellor.
- Specialist rape and sexual abuse counselling service delivered in partnership with the Sexual Violence Consortium and Somerset and Avon Rape and Sexual Abuse Support Service (SARSAS).
- Specialist young women's counselling services. These services are delivered in partnership with SARSAS and Next Link.
- Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
- Affordable fee-paying general counselling.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

A total number of 353 clients received weekly counselling or group therapy sessions during the year.

Financial Review

As at 31 March 2023 Womankind remains in a financially stable position. The charity generated a surplus of £74,239 compared to £38,478 in 2022. There has been a 17% increase in total income compared to 2022. This is due to securing additional or increased grants, primarily from statutory commissioners for new or expanded services to meet rising levels of need.

Total expenditure increased by 10% from the previous year, this is due to increased activity driven by the increased demand for the charity's services. New staff have been recruited and staff hours have increased.

Womankind currently has an unrestricted general reserve of 4.6 months which is more than the amount required by the Trustees stated reserves policy as set out below. However, the Trustees consider it prudent to maintain a greater level of reserves for robust financial governance in this uncertain financial climate.

Reserves policy

The Board of Trustees have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least two months running costs and reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Board of Trustees will budget for surpluses in the next three years to recover the position.

Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

Statement of Responsibilities of the Board of Trustees

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2023

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

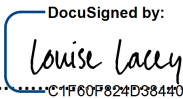
Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31st March 2023 was ten.

The Board of Trustees are members of the charity but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge, was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

24/7/2023
Approved by the Board of Trustee on and signed on its behalf

DocuSigned by:

by: Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**INDEPENDENT EXAMINERS REPORT****YEAR ENDED 31 MARCH 2023**

I report on the accounts of the company for the year ended 31st March 2023 which are set out on pages 9 to 22.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

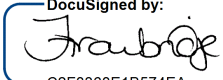
Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT

DocuSigned by:

C2F8368E1B574EA.....

Bristol Community Accountants CIC
 The Park
 Daventry Road
 Knowle Bristol BS4 1DQ

25/7/2023

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF FINANCIAL ACTIVITIES (Including Income
and Expenditure Account)****YEAR ENDED 31 MARCH 2023**

		Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	Note	£	£	£	£
Incoming and Endowments from:					
Donations and legacies	2	73,849	464,958	538,807	420,539
Charitable activities	3	32,769	-	32,769	69,779
Investments		497	-	497	31
Total Income		107,115	464,958	572,073	490,349
Expenditure On:					
Raising funds		7,114	-	7,114	1,373
Charitable activities		5,762	484,958	490,720	450,498
Total Expenditure	5	12,876	484,958	497,834	451,871
Net income		94,239	(20,000)	74,239	38,478
Net movement in funds		94,239	(20,000)	74,239	38,478
Total funds brought forward		215,163	40,000	255,163	216,685
Total funds carried forward		309,402	20,000	329,402	255,163

All of the activities of the charity are classed as continuing

The notes on pages 12 to 22 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**BALANCE SHEET****YEAR ENDED 31 MARCH 2023**

	Note	2023 £	2022 £
Current assets			
Debtors	10	2,883	2,095
Cash at bank and in hand		341,999	274,032
<i>Total current assets</i>		<u>344,882</u>	<u>276,127</u>
Creditors : Amounts falling due within one year	11	(15,480)	(20,964)
		<u></u>	<u></u>
<i>Net current assets or liabilities</i>		329,402	255,163
Total net assets or liabilities		<u><u>329,402</u></u>	<u><u>255,163</u></u>
The Funds of the Charity	12		
Restricted funds		20,000	40,000
Unrestricted funds			
<i>Designated funds</i>		85,000	40,000
<i>General funds</i>		224,402	175,163
		<u>329,402</u>	<u>255,163</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

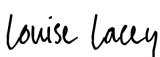
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

24/7/2023

These financial statements were approved by the trustees on and are signed on their behalf by:

DocuSigned by:

C1F60F824D38440.....

Louise Lacey - Treasurer

The notes on pages 12 to 22 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**STATEMENT OF CASH FLOWS****YEAR ENDED 31 MARCH 2023**

	2023	2022
	£	£
Cash flows from operating activities:		
Net (expenditure)/income	74,239	38,478
<i>Adjustments for:</i>		
Other interest receivable and similar income	497	31
<i>Changes in:</i>		
Trade and other debtors	(788)	7,500
Trade and other creditors	(5,484)	(5,333)
Cash generated from operations	<u>68,464</u>	<u>40,676</u>
Interest received	(497)	(31)
Net cash from operating activities	<u>67,967</u>	<u>40,645</u>
 Net Increase in cash and cash equivalents	 67,967	 40,645
 Cash and cash equivalents at beginning of year	 274,032	 233,387
 Cash and cash equivalents at end of year	 <u>341,999</u>	 <u>274,032</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

1 Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts ²	Income from tax reclaims is included in the SoFA at the time it is received.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2023

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****Income and Endowments From:**

2 Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Grants > £5,000			
NHS England via OPCC	-	30,000	30,000
NHS Bristol, North Somerset & South Gloucestershire ICB	-	89,775	89,775
National Lottery	-	30,000	30,000
The Henry Smith Charity	-	12,450	12,450
Nani Huyu Charitable Trust	25,000	-	25,000
South Gloucestershire Council	-	8,925	8,925
The Brook Trust	-	22,600	22,600
Keeping Bristol Safe Partnership (Via SARSAS)	-	23,000	23,000
Young Women's Service (via SARSAS)	-	33,903	33,903
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	22,955	22,955
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	73,750	73,750
The Bromley Trust	-	20,000	20,000
Tesco Little Helps	-	5,000	5,000
Edward Gostling Foundation	10,000	-	10,000
Sovereign Housing Association	-	39,830	39,830
Bristol Community Health	-	20,000	20,000
Quartet Community Foundation	-	10,000	10,000
Home Office via Next Link	-	15,270	15,270
Grants < £5,000			
Ashworth Trust	-	3,000	3,000
St James Place Charitable Foundation	-	2,500	2,500
Boshier-Hinton Foundation	-	2,000	2,000
Unrestricted Grants & donations < £5,000	38,849	-	38,849
	73,849	464,958	538,807

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023**

<i>Donations and Legacies - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2022 £</i>
<i>Grants > £5,000</i>			
<i>Bristol City Council</i>	-	17,150	17,150
<i>NHS England</i>	-	25,000	25,000
<i>NHS Bristol, North Somerset & South Gloucestershire CCG</i>	-	55,618	55,618
<i>National Lottery</i>	-	12,000	12,000
<i>The Henry Smith Charity</i>	-	24,600	24,600
<i>Nani Huyu Charitable Trust</i>	23,000	-	23,000
<i>Garfield Weston Foundation</i>	-	20,000	20,000
<i>South Gloucestershire Council</i>	-	8,925	8,925
<i>The Brook Trust</i>	-	22,200	22,200
<i>Pilgrim Trust</i>	-	15,000	15,000
<i>Keeping Bristol Safe Partnership (Via SARSAS)</i>	-	23,000	23,000
<i>Young Women's Service (via SARSAS)</i>	-	18,400	18,400
<i>NHS Bristol, North Somerset & South Gloucestershire CCG, Ministry of Justice (via SARSAS)</i>	-	36,812	36,812
<i>Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset</i>	-	17,771	17,771
<i>The Bromley Trust</i>	-	20,000	20,000
<i>Sovereign Housing Association</i>	-	32,405	32,405
<i>James Tudor Foundation</i>	-	6,050	6,050
<i>Grants < £5,000</i>			
<i>Clothworkers Foundation</i>	-	4,000	4,000
<i>Unrestricted Grants & donations < £5,000</i>	38,608	-	38,608
	<u>61,608</u>	<u>358,931</u>	<u>420,539</u>

3 Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Earned Income - Other	7,013	-	7,013
Fees: Counselling	25,756	-	25,756
	<u>32,769</u>	<u>-</u>	<u>32,769</u>

<i>Charitable activities - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2022 £</i>
<i>Earned Income - Other</i>	6,284	-	6,284
<i>Miscellaneous income</i>	10,893	-	10,893
<i>Fees: Counselling</i>	52,602	-	52,602
	<u>69,779</u>	<u>-</u>	<u>69,779</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****4 Government Grants**

The charitable company receives government grants, defined as funding from NHS England, BNSSG ICB, and South Gloucestershire Council and the Ministry of Justice to fund charitable activities. The total value of such grants in the period ending 31 March 2023 was £151,655 (2022: £106,693). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2023.

5 Charitable Activities

	Raising Funds	Charitable activities	Support & governance costs	Total Funds 2023	Total Funds 2022
	£	£	£	£	£
Staff costs	6,782	295,512	-	302,294	245,988
Travel and subsistence	-	803	-	803	629
Volunteer expenses / training	-	2,461	-	2,461	2,296
Management committee expenses	-	-	244	244	92
Rent and rates	-	42,514	-	42,514	40,021
Repairs and renewals	-	-	10,262	10,262	11,565
Miscellaneous	-	-	927	927	792
Office sundries	-	-	991	991	625
Training	-	4,271	-	4,271	2,735
Insurance	-	2,269	-	2,269	2,976
Telephone	-	4,511	-	4,511	4,479
Recruitment and advertising	-	-	2,187	2,187	1,412
Legal and professional (includes	-	-	19,148	19,148	28,905
Clinicians' fees	-	85,478	-	85,478	84,796
Subscriptions and memberships	332	-	5,631	5,963	8,016
Printing, postage and stationery	-	784	-	784	496
IT costs	-	-	6,810	6,810	9,585
Accountancy	-	-	4,922	4,922	4,988
Annual report	-	-	995	995	1,475
Sub-total	7,114	438,603	52,117	497,834	451,871
Allocation of support costs and governance costs	-	52,117	(52,117)	-	-
Total expenditure	7,114	490,720	-	497,834	451,871

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****6 Net incoming resources for the year****This is stated after charging:**

	2023	2022
	£	£
Trustees' reimbursed expenses	-	48
Independent Examiner's Fees	593	563
	<u>593</u>	<u>563</u>

7 Staff costs and numbers

The aggregate payroll costs were:

	2023	2022
	£	£
Wages and Salaries	267,572	222,234
Social Security Costs	21,772	13,045
Pension Costs	12,950	10,709
	<u>302,294</u>	<u>245,988</u>

No employee received emoluments of more than £60,000 (2022: £Nil)

The average monthly head count was 14 staff (2022: 12 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer, Business Manager and the Clinical Manager. Total employee benefits paid to key management personnel were £97,422 (2022: £90,533).

8 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2022: £nil). No trustees were reimbursed expenses during the year (2022: £48). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

9 Related party transactions

No trustee or other person related to the charity has any personal interest in any contract or transactions entered into by the charity during the year. There were no other related party transactions during the year (2022: £nil)

10 Debtors

	2023	2022
	£	£
Trade debtors	1,959	1,200
Other debtors	755	735
Prepayments	169	160
	<u>2,883</u>	<u>2,095</u>

11 Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	11,010	19,837
Accruals and deferred income	4,470	1,127
	<u>15,480</u>	<u>20,964</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023**

12 Movement in funds - current year	At 01-Apr 2022 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2023 £
Restricted funds					
<i>Womankind Services</i>					
Quartet Community Foundation	-	10,000	(10,000)	-	-
<i>Inequalities Training</i>					
NHS Bristol, North Somerset & South Gloucestershire ICB - Women's Inequalities Training project	-	22,596	(22,596)	-	-
<i>General counselling</i>					
NHS Bristol, North Somerset & South Gloucestershire ICB	-	67,179	(67,179)	-	-
<i>Befriending Services</i>					
Bristol Community Health Grants Fund	-	20,000	(20,000)	-	-
Sovereign Housing Association	-	39,830	(39,830)	-	-
National Lottery	-	23,778	(23,778)	-	-
South Gloucestershire Council	-	8,925	(8,925)	-	-
NHS England via OPCC	-	25,000	(25,000)	-	-
<i>Safer Women's Project</i>					
The Henry Smith Charity	-	12,450	(12,450)	-	-
The Bromley Trust	15,000	20,000	(15,000)	-	20,000
The Brook Trust	-	22,600	(22,600)	-	-
<i>Deaf Women's Counselling</i>					
James Tudor Foundation	3,500	-	(3,500)	-	-
Ashworth Trust	-	3,000	(3,000)	-	-
Boshier-Hinton Foundation	-	2,000	(2,000)	-	-
<i>Telephone and Webchat Helpline</i>					
National Lottery	-	6,222	(6,222)	-	-
NHS England via OPCC	-	5,000	(5,000)	-	-
Tesco Little Helps	-	5,000	(5,000)	-	-
James Tudor Trust	1,500	-	(1,500)	-	-
Garfield Weston Foundation	20,000	-	(20,000)	-	-
<i>Sexual Violence Counselling</i>					
Keeping Bristol Safe Partnership (via SARSAS)	-	23,000	(23,000)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	22,955	(22,955)	-	-
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	73,750	(73,750)	-	-
<i>Groups</i>					
St James Place Charitable Foundation	-	2,500	(2,500)	-	-
<i>Young Women's Service (via SARSAS)</i>					
NHS Bristol, North Somerset & South Gloucestershire ICB (via SARSAS)	-	33,903	(33,903)	-	-
Home Office VAWG CADA funding via Next Link	-	15,270	(15,270)	-	-
	40,000	464,958	(484,958)	-	20,000

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****Movement in funds (continued)**

	At 01-Apr 2022 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2023 £
Unrestricted funds					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	20,000	25,000	-	-	45,000
Strategic priorities	20,000	-	-	20,000	40,000
Total designated funds	40,000	25,000	-	20,000	85,000
General funds	175,163	82,115	(12,876)	(20,000)	224,402
Total unrestricted funds	215,163	107,115	(12,876)	-	309,402
Total funds	255,163	572,073	(497,834)	-	329,402

Purposes of restricted funds**Womankind Services**

NHS Bristol, North Somerset & South Gloucestershire Integrated Care Board (BNSSG ICB) provide funding for general counselling, and for a project led by Missing Link to provide Women Inequalities Training across the mental health workforce. Quartet Community Foundation provided funding towards the part-time Business Manager's post through their Resilience Fund.

Befriending Services

NHS England provided funding via the Office of the Police and Crime Commissioner for Avon and Somerset (OPCC), for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from the National Lottery, South Gloucestershire Council, and Bristol Community Health.

Safer Women's Project

Funding was provided by The Henry Smith Charity, The Bromley Trust and the Brook Trust to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation.

Deaf Women's Counselling

The James Tudor Foundation, the Ashworth Trust and the Boshier-Hinton Foundation provided funding towards the provision of specialist counselling for Deaf/hard of hearing women.

Telephone and Webchat Helpline

The Garfield Weston Foundation and Tesco Little Helps contributed towards the costs of running Womankind's telephone and webchat helpline.

Sexual Violence Counselling

The Keeping Bristol Safe Partnership provided funding for women's historic sexual abuse counselling delivered as part of Bristol Sexual Violence Consortium, via Somerset and Avon Rape and Sexual Abuse Support (SARSAS). The Ministry of Justice via the OPCC and NHS BNSSG ICB provided funding for counselling women who have experienced recent sexual violence, rape and/or serious sexual assault, via SARSAS.

Groups

The St. James's Place Charitable Foundation contributed to the delivery of therapeutic groups.

Young Women's Service

NHS BNSSG ICB provided funding via SARSAS for a specialist young women's service. The Home Office provided funding via Next Link for Transition Counselling to support young women affected by domestic abuse.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****Purpose of designated funds****Nani Huyu Charitable Trust**

The trustees chose to designate these monies for the purpose of funding the additional counselling sessions in 2023/24.

Strategic Priorities

The trustees have developed a strategic and business plan for the next three years which has new priorities, some of which may require one off or short term costs to implement.

<i>Movement in funds - prior year</i>	<i>At 01-Apr 2021 £</i>	<i>Incoming resources £</i>	<i>Outgoing resources £</i>	<i>Transfers £</i>	<i>At 31-Mar 2022 £</i>
Restricted funds					
Womankind Services					
Wessex Water Recovery Grant Programme	1,240	-	(1,240)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	8,000	27,618	(35,618)	-	-
The Clothworkers' Foundation	-	4,000	(4,000)	-	-
Befriending Services					
Bristol Community Health Grants Fund	15,850	-	(15,850)	-	-
Sovereign Housing Association	2,700	32,405	(35,105)	-	-
National Lottery	-	5,840	(5,840)	-	-
South Gloucestershire Council	-	8,925	(8,925)	-	-
NHS England	-	25,000	(25,000)	-	-
Safer Women's Project					
The Henry Smith Charity	-	24,600	(24,600)	-	-
The Bromley Trust	15,000	20,000	(20,000)	-	15,000
The Brook Trust	-	22,200	(22,200)	-	-
Deaf Women's Counselling					
James Tudor Foundation	-	4,290	(790)	-	3,500
Telephone and Webchat Helpline					
National Lottery	-	6,160	(6,160)	-	-
Bristol CC Impact Fund	-	12,150	(12,150)	-	-
Pilgrim Trust	-	15,000	(15,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	10,000	(10,000)	-	-
James Tudor Trust	-	1,760	(260)	-	1,500
Garfield Weston Foundation	-	20,000	-	-	20,000
Sexual Violence Counselling					
Keeping Bristol Safe Partnership (via SARSAS)	-	23,000	(23,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	13,600	(13,600)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	17,771	(17,771)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG (via SARSAS)	-	36,812	(36,812)	-	-

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023*****Movement in funds - prior year
(continued)***

	At 01-Apr 2021 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2022 £
<i>Groups</i>					
Bristol CC Impact Fund	-	5,000	(5,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	4,400	(4,400)	-	-
Young Women's Service (via SARSAS)	-	18,400	(18,400)	-	-
	<u>42,790</u>	<u>358,931</u>	<u>(361,721)</u>	<u>-</u>	<u>40,000</u>
<i>Unrestricted funds</i>					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	20,000	23,000	(23,000)	-	20,000
Strategic priorities	-	-	-	20,000	20,000
<i>Total designated funds</i>	<u>20,000</u>	<u>23,000</u>	<u>(23,000)</u>	<u>20,000</u>	<u>40,000</u>
<i>General funds</i>	<u>153,895</u>	<u>108,418</u>	<u>(67,150)</u>	<u>(20,000)</u>	<u>175,163</u>
<i>Total unrestricted funds</i>	<u>173,895</u>	<u>131,418</u>	<u>(90,150)</u>	<u>-</u>	<u>215,163</u>
<i>Total funds</i>	<u>216,685</u>	<u>490,349</u>	<u>(451,871)</u>	<u>-</u>	<u>255,163</u>

13 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

14 Analysis of net assets between funds - current year	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Cash at bank and in hand	321,999	20,000	341,999
Other net current assets or liabilities	(12,597)	-	(12,597)
	<u>309,402</u>	<u>20,000</u>	<u>329,402</u>
<i>Analysis of net assets between funds - prior year</i>	<i>Unrestricted Funds £</i>	<i>Restricted Funds £</i>	<i>Total Funds 2022 £</i>
Cash at bank and in hand	234,032	40,000	274,032
Other net current assets or liabilities	(18,869)	-	(18,869)
	<u>215,163</u>	<u>40,000</u>	<u>255,163</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2023****15 Statement of financial activities - prior year**

	<i>Unrestricted Funds</i>	<i>Restricted Funds</i>	<i>Total Funds 2022</i>
	<i>£</i>	<i>£</i>	<i>£</i>
<i>Incoming and Endowments from:</i>			
<i>Donations and legacies</i>	61,608	358,931	420,539
<i>Charitable activities</i>	69,779	-	69,779
<i>Investments</i>	31	-	31
<i>Total income</i>	<i>131,418</i>	<i>358,931</i>	<i>490,349</i>
<i>Expenditure On:</i>			
<i>Raising Funds</i>	1,373	-	1,373
<i>Charitable activities</i>	88,777	361,721	450,498
<i>Total expenditure</i>	<i>90,150</i>	<i>361,721</i>	<i>451,871</i>
<i>Net Income</i>	<i>41,268</i>	<i>(2,790)</i>	<i>38,478</i>
<i>Net movement in funds</i>	<i>41,268</i>	<i>(2,790)</i>	<i>38,478</i>
<i>Total funds brought forward</i>	<i>173,895</i>	<i>42,790</i>	<i>216,685</i>
<i>Total funds carried forward</i>	<i>215,163</i>	<i>40,000</i>	<i>255,163</i>

WOMANKIND

England & Wales - Charity number 297258

Accounts

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

31 MARCH 2022

**Company Registration Number 02136526
Charity Number 297258**

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

CONTENTS	PAGE
Reference and administrative details of the charity and its advisors	1
Trustees annual report	2 to 7
Independent Examiners report	8
Statement of financial activities (including income and expenditure account)	9
Balance sheet	10
Notes to the financial statements	11 to 20

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

REFERENCE AND ADMINISTRATIVE DETAILS

YEAR ENDED 31 MARCH 2022

Company number	02136526	
Charity number	297258	
Registered office and operational address	3 rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE	
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Lucy Downs	Chair
	Melody Russell	Vice Chair
	Hélène Titus-Glover	Secretary
	Louise Lacey	Treasurer
	Sarah Bartlett	
	Sally Bennett	
	Alyson Fielden	
	Frances Hall	Appointed 16/05/2022
	Terry Jones	
	Joan Solomon	Retired 15/11/2021
	Ruth Yudkin	
Key Management Personnel	Kyra Bond	Chief Executive Officer
	Claire Boulton	Business Manager
	Rosie Thoburn	Clinical Manager
Bankers	Barclays Bank	Santander
	55 Broadmead	1 st Floor, Alliance House
	Bristol	12 Baldwin Street
	BS1 3EA	Bristol
		BS1 1SD
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park Daventry Road Bristol BS4 1DQ	

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Womankind Bristol Women's Therapy Centre

The trustees present their report and the examined financial statements for the period ended 31 March 2022.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governance and Management

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association that establishes the objects and powers of the charitable company and is governed under its Articles of Association. These were revised and updated during the year.

Method of Recruiting and Appointing Trustees

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as the Board of Trustees. Under the requirement of the Memorandum and Articles of Association, members of the Board of Trustees are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Board of Trustees seeks to ensure that the needs of its client group (women with mental health support needs) are appropriately reflected through the diversity of the trustee body. In addition, the Board of Trustees seek to ensure that there is a broad experience and skills mix on the board.

Trustee Induction and Training

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Board of Trustees during which she will be made aware of:

- The obligations of Trustees;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

Organisational structure

Womankind has a Board of Trustees who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present, the Board of Trustees has ten members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day-to-day responsibility for the provision of services rest with the CEO along with the Clinical Manager and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Risk Management – (including COVID-19)

The Board of Trustees has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. In relation to Covid-19 this necessitated delivering services online during lockdowns and securing additional funding to meet increased demand. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, the national Helpline Quality Standard, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Related parties

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems. Partnerships include Somerset and Avon Rape and Sexual Abuse Support, Barnardo's Bristol Base, The Green House, Safe Link, Kinergy, The Southmead Project, The Bridge Sexual Assault Referral Centre, NHS Bristol and South Gloucestershire Clinical Commissioning Groups, Avon and Somerset Police and Crime Commissioner, Wellspring Healthy Living Centre and Group Analytic Network (West).

Objectives and Activities

The Company's objectives:

To help women and girls improve their mental health and well-being (particularly, but not limited to those whose mental health and well-being has been affected by sexual violence or abuse), through the provision of advice and information, and the provision of free or affordable support and professional therapy, and a therapeutic environment.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services that are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.
- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired and disabled women.
- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

Achievements and Performance

Womankind has provided vital mental health support for many women over the past thirty-five years. Due to the impact of Covid-19, we managed to secure additional funding to meet the increase in demand for our services. Over the year, our dedicated team worked extremely hard to support more women than ever before. Our helpline volunteers handled 5,711 calls and emails from women in distress compared to 5,285 in the previous year and we supported 416 clients with counselling, befriending or group therapy service.

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Henry Smith Charity, The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support and the Ministry of Justice for women's rape and sexual abuse counselling as part of Bristol Sexual Violence Consortium.
- The National Lottery and Bristol Community Health towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Housing association to provide a befriending service for their own residents who had experienced domestic abuse and/or sexual violence.
- The Pilgrim Trust towards the Webchat extension to our telephone helpline.
- The James Tudor Foundation towards the provision of counselling to Deaf women.
- The Clothworkers Foundation for a small capital refurbishment project.
- The Garfield Weston Foundation to support our helpline and core costs in 2022/23
- Together with unrestricted grants from the Nani Huyu Charitable Trust and a number of other small (under £5k) grants and donations from several trusts and foundations to support our service provision generally and our core costs.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling.

Telephone and Webchat Helpline

The Helpline is staffed by trained and supervised volunteers and is open every week day morning, Monday, Tuesday and Wednesday afternoons, and Monday and Tuesday evenings.

A total number of 4231 telephone calls, 895 Webchat calls and 585 emails were handled during the year 2021-22. Webchat contacts from women seeking support increased by 60% compared to the previous year. We have added an extra phone line and webchat channel and placed a second trained volunteer on the busiest shifts to help manage the demand and reduce the number of missed calls. Due to increasing numbers of suicidal callers, we offered further training and support to our volunteers helping them to respond and manage these calls. The service has been awarded the Mental Health Helplines Quality Standard by the Mental Health Helplines Partnership.

Befriending Services

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are trained in mental health, sexual violence and trauma-informed care. The aim of the service is to improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

referred isolated women with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Housing association female residents who have experienced domestic abuse and/or sexual violence.

There has been a 31% increase in demand for befriending services in 2021/22 and additional resources enabled us to provide support to 102 women; this included 79 new befriending partnerships which started during the year. All women completing end of service evaluations have reported a decrease in social isolation, being able to perform more self-care, including eating healthily, seeking medical care, and pursuing hobbies. Many women have reported feeling less anxious, safer and more hopeful, with increased self-esteem.

Counselling and Group Therapy Services

Therapy Groups

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing, and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two on-going therapy groups for women.
- Two low fee therapy groups that are offered for women who can afford to make a contribution, but are on low incomes.

Counselling

Womankind offers culturally and trauma informed counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. All counsellors receive regular supervision provided by Womankind. Due to the pandemic, we are now offering counselling services flexibly and responsively (online or in-person) to meet women's needs and preferences and clients have been appreciative of this flexibility. It also gives an assurance of continuity of service should further lockdowns become necessary. We anticipate maintaining this 'hybrid' model of delivery for the foreseeable future.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.
- Counselling for Deaf and hard of hearing women with a signing counsellor.
- Specialist rape and sexual abuse counselling service and specialist young women's counselling service. These services are delivered in partnership with the Bristol Sexual Violence Consortium and Somerset and Avon Rape and Sexual Abuse Support Service (SARSAS).
- Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
- Affordable fee-paying general counselling.

A total number of 314 clients received weekly counselling or group therapy sessions during the year.

Financial Review

As at 31 March 2022, Womankind remains financially stable. The charity generated a surplus of £38,478 compared with £27,811 in 2021. There has been a 14% increase in total income compared

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

to 2021, this is due to the timing of grants and increased funding to cover additional counselling sessions post-covid. Total expenditure increased by 12% from the previous year, this is due to increased activity driven by increased demand for the charity's services. New staff have been recruited and staff hours have increased.

Womankind currently has reserves in line with its stated policy as set out below.

Reserves policy

The Board of Trustees have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least two months running costs and reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Board of Trustees will budget for surpluses in the next three years to recover the position.

Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

Statement of Responsibilities of the Board of Trustees

The Board of Trustees who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Board of Trustees has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Board of Trustees is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ensure that the financial statements comply with the Companies Act 2006.

The Board of Trustees is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Board of Trustees confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Board of Trustees also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31st March 2022 was nine.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2022

The Board of Trustees are members of the charity but this entitles them only to voting rights. The Board of Trustees have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanna Trowbridge is a member the Association of Accounting Technicians.

Approved by the Board of Trustee on 18 July 22.....and signed on its behalf

by:..... Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2022

I report on the accounts of the company for the year ended 31st March 2022 which are set out on pages 9 to 20.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT



Bristol Community Accountants CIC
The Park
Daventry Road
Knowle Bristol BS4 1DQ

20/7/2022

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)

YEAR ENDED 31 MARCH 2022

		Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
	Note	£	£	£	£
Incoming and Endowments from:					
Donations and legacies	2	61,608	358,931	420,539	380,977
Charitable activities	3	69,779	-	69,779	48,258
Investments		31	-	31	328
Total Income		<u>131,418</u>	<u>358,931</u>	<u>490,349</u>	<u>429,563</u>
Expenditure On:					
Raising funds		1,373	-	1,373	407
Charitable activities		88,777	361,721	450,498	401,345
Total Expenditure	5	<u>90,150</u>	<u>361,721</u>	<u>451,871</u>	<u>401,752</u>
Net income		41,268	(2,790)	38,478	27,811
Net movement in funds		<u>41,268</u>	<u>(2,790)</u>	<u>38,478</u>	<u>27,811</u>
Total funds brought forward		173,895	42,790	216,685	188,874
Total funds carried forward		<u>215,163</u>	<u>40,000</u>	<u>255,163</u>	<u>216,685</u>

All of the activities of the charity are classed as continuing

The notes on pages 11 to 20 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

* Details of the allocation of 2021 total funds between unrestricted and restricted are shown in note 15

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

BALANCE SHEET

YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
Current assets			
Debtors	10	2,095	9,595
Cash at bank and in hand		274,032	233,387
<i>Total current assets</i>		276,127	242,982
Creditors : Amounts falling due within one year	11	(20,964)	(26,297)
<i>Net current assets or liabilities</i>		255,163	216,685
<i>Total net assets or liabilities</i>		255,163	216,685
The Funds of the Charity	12		
Restricted funds		40,000	42,790
Unrestricted funds			
<i>Designated funds</i>		40,000	20,000
<i>General funds</i>		175,163	153,895
		255,163	216,685

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

These financial statements were approved by the trustees on 18 July 22 and are signed on their behalf by:



Louise Lacey - Treasurer

The notes on pages 11 to 20 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

1 Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered.

Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Income and Endowments From:					
2	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds 2022	Total Funds 2021
		£	£	£	£
	Grants > £5,000				
	Bristol City Council	-	17,150	17,150	41,518
	NHS England	-	25,000	25,000	30,000
	NHS Bristol, North Somerset & South Gloucestershire CCG	-	55,618	55,618	38,602
	National Lottery	-	12,000	12,000	-
	The Henry Smith Charity	-	24,600	24,600	12,150
	Nani Huyu Charitable Trust	23,000	-	23,000	23,000
	Garfield Weston Foundation	-	20,000	20,000	-
	South Gloucestershire Council	-	8,925	8,925	8,925
	The Brook Trust	-	22,200	22,200	-
	Pilgrim Trust	-	15,000	15,000	5,000
	Keeping Bristol Safe Partnership (Via SARSAS)	-	23,000	23,000	16,500
	Young Women's Service (via SARSAS)	-	18,400	18,400	12,267
	NHS Bristol, North Somerset & South Gloucestershire CCG, Ministry of Justice (via SARSAS)	-	36,812	36,812	54,924
	Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	17,771	17,771	-
	The Bromley Trust	-	20,000	20,000	20,000
	Anonymous Grant	-	-	-	15,000
	Charities Aid Foundation	-	-	-	8,230
	Sovereign Housing Association	-	32,405	32,405	32,400
	Bristol Community Health	-	-	-	15,850
	Nationwide Colleague Grant	-	-	-	10,000
	James Tudor Foundation	-	6,050	6,050	4,079
	Grants < £5,000				
	Clothworkers Foundation	-	4,000	4,000	-
	Unrestricted Grants & donations < £5,000	38,608	-	38,608	32,532
		61,608	358,931	420,539	380,977

Donations and legacies prior year - Unrestricted total funds £86,262 Restricted total funds £294,715

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

3 Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £	Total Funds 2021 £
Earned Income - Other	6,284	-	6,284	7,381
Miscellaneous income	10,893	-	10,893	-
Fees: Counselling	52,602	-	52,602	40,877
	<u>69,779</u>	<u>-</u>	<u>69,779</u>	<u>48,258</u>

Charitable activities prior year - all unrestricted

4 Government Grants

The charitable company receives government grants, defined as funding from Bristol City Council, NHS England, BNSSG CCG, and South Gloucestershire Council to fund charitable activities. The total value of such grants in the period ending 31 March 2022 was £106,693 (2021: £119,045). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2022.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Expenditure on:

5 Charitable Activities

	Raising Funds £	Charitable activities £	Support & governance costs £	Total Funds 2022 £	Total Funds 2021 £
Staff costs	-	245,988	-	245,988	204,363
Travel and subsistence	-	629	-	629	166
Volunteer expenses / training	-	2,296	-	2,296	2,514
Management committee expenses	-	-	92	92	55
Rent and rates	-	40,021	-	40,021	34,725
Repairs and renewals	-	-	11,565	11,565	4,148
Miscellaneous	-	-	792	792	1,176
Office sundries	-	-	625	625	270
Training	-	2,735	-	2,735	1,880
Insurance	-	-	2,976	2,976	2,634
Telephone	-	4,479	-	4,479	4,358
Recruitment and advertising	-	-	1,412	1,412	978
Legal and professional (includes interpreting)	-	-	28,905	28,905	26,421
Clinicians' fees	-	84,796	-	84,796	90,818
Subscriptions and publications	1,373	-	6,643	8,016	6,384
Printing, postage and stationery	-	496	-	496	992
Accountancy	-	-	4,988	4,988	4,158
Annual report	-	-	1,475	1,475	1,511
IT	-	-	9,585	9,585	14,201
Sub-total	1,373	381,440	69,058	451,871	401,752
Allocation of support costs and governance costs	-	69,058	(69,058)	-	-
Total expenditure	1,373	450,498	-	451,871	401,752

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

6 Net incoming resources for the year

This is stated after charging:

	2022	2021
	£	£
Trustees' reimbursed expenses	48	55
Independent Examiner's Fees	563	533

7 Staff costs and numbers

The aggregate payroll costs were:

	2022	2021
	£	£
Wages and Salaries	222,234	190,363
Social Security Costs	13,045	9,047
Pension Costs	10,709	4,953
	245,988	204,363

No employee received emoluments of more than £60,000 (2021: £Nil)

The average monthly head count was 12 staff (2021: 9 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer, Business Manager and the Clinical Manager. Total employee benefits paid to key management personnel were £90,533 (2021: £83,716).

8 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2021: £nil). One trustee was reimbursed expenses during the year of £48 (2021: £55). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

9 Related party transactions

There were no related party transactions during the year (2021: £nil)

10 Debtors

	2022	2021
	£	£
Trade debtors	1,200	7,442
Other debtors	735	1,995
Prepayments	160	158
	2,095	9,595

11 Accruals

	2022	2021
	£	£
Trade creditors	19,837	25,080
Accruals and deferred income	1,127	1,217
	20,964	26,297

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

12 Movement in funds	At 01-Apr 2021 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2022 £
Restricted funds					
<i>Womankind Services</i>					
Wessex Water Recovery Grant Programme	1,240	-	(1,240)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	8,000	27,618	(35,618)	-	-
The Clothworkers' Foundation	-	4,000	(4,000)	-	-
<i>Befriending Services</i>					
Bristol Community Health Grants Fund	15,850	-	(15,850)	-	-
Sovereign Housing Association	2,700	32,405	(35,105)	-	-
National Lottery	-	5,840	(5,840)	-	-
South Gloucestershire Council	-	8,925	(8,925)	-	-
NHS England	-	25,000	(25,000)	-	-
<i>Safer Women's Project</i>					
The Henry Smith Charity	-	24,600	(24,600)	-	-
The Bromley Trust	15,000	20,000	(20,000)	-	15,000
The Brook Trust	-	22,200	(22,200)	-	-
<i>Deaf Women's Counselling</i>					
James Tudor Foundation	-	4,290	(790)	-	3,500
<i>Telephone and Webchat Helpline</i>					
National Lottery	-	6,160	(6,160)	-	-
Bristol CC Impact Fund	-	12,150	(12,150)	-	-
Pilgrim Trust	-	15,000	(15,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	10,000	(10,000)	-	-
James Tudor Trust	-	1,760	(260)	-	1,500
Garfield Weston Foundation	-	20,000	-	-	20,000
<i>Sexual Violence Counselling</i>					
Keeping Bristol Safe Partnership (via SARSAS)	-	23,000	(23,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	13,600	(13,600)	-	-
Ministry of Justice (MoJ) via Police & Crime Commissioner for Avon & Somerset	-	17,771	(17,771)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG (via SARSAS)	-	36,812	(36,812)	-	-
<i>Groups</i>					
Bristol CC Impact Fund	-	5,000	(5,000)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	4,400	(4,400)	-	-
<i>Young Women's Service (via SARSAS)</i>	-	18,400	(18,400)	-	-
	42,790	358,931	(361,721)	-	40,000

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Movement in funds cont.

Unrestricted funds

Designated funds:

Nani Huyu Charitable Trust	20,000	23,000	(23,000)	-	20,000
Strategic priorities	-	-	-	20,000	20,000
Total designated funds	20,000	23,000	(23,000)	20,000	40,000
General funds	153,895	108,418	(67,150)	(20,000)	175,163
Total unrestricted funds	173,895	131,418	(90,150)	-	215,163
Total funds	216,685	490,349	(451,871)	-	255,163

Purposes of restricted funds

Womankind Services

NHS Bristol, North Somerset & South Gloucestershire Clinical Commissioning Group provide funding for general counselling. The Wessex Water Recovery Grant contributed to short-term online groups and counselling sessions, and Clothworkers Foundation contributed to the division of an office into 2 counselling rooms.

Befriending Services

NHS England provided funding for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from South Gloucestershire Council, Bristol Community Health and the National Lottery. Sovereign Housing Association provided funding for a Befriending scheme for their own residents who had experienced domestic abuse and/or sexual violence.

Safer Women's Project

Funding is provided by The Henry Smith Charity, The Bromley Trust and the Brook Trust to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation.

Deaf Women's Counselling

The James Tudor Foundation provided funding towards the provision of specialist counselling for Deaf/hard of hearing women.

Telephone and Webchat Helpline

The Garfield Weston Foundation, Bristol City Council Impact Fund, The National Lottery, NHS Bristol, North Somerset & South Gloucestershire Clinical Commissioning Group and The Pilgrim Trust grants contributed towards the costs of running Womankind's telephone and webchat helpline.

Sexual Violence Counselling

Keeping Bristol Safe Partnership provide funding for women's historic sexual abuse counselling delivered as part of Bristol Sexual Violence consortium, via Somerset and Avon Rape and Sexual Abuse Support (SARSAS). NHS Bristol, North Somerset and South Gloucestershire Clinical Commissioning Group (BNSSG CCG) provided direct funding for counselling for survivors of sexual violence, and funding for women who have experienced recent rape and/or serious sexual assault, via SARSAS. The Ministry of Justice (MoJ) provided funding for counselling women who have experienced sexual violence, via the Office of the Police and Crime Commissioner for Avon and Somerset.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

Purposes of restricted funds cont.

Groups

Bristol City Council Impact Fund and NHS Bristol, North Somerset & South Gloucestershire CCG provided contributions to the delivery of therapeutic groups.

Young Women's Service

NHS Bristol, North Somerset & South Gloucestershire CCG provide funding via SARSAS for a specialist young women's counselling service.

Purpose of designated funds

Nani Huyu Charitable Trust

The trustees chose to designate these monies for the purpose of funding the charity's therapeutic services and core costs.

Strategic Priorities

The trustees are currently developing a new strategic and business plan for the next 3 years which has new priorities, some of which may require one off or short term costs to implement.

13 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

14 Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Cash at bank and in hand	234,032	40,000	274,032
Other net current assets or liabilities	(18,869)	-	(18,869)
	<u>215,163</u>	<u>40,000</u>	<u>255,163</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE**NOTES TO THE FINANCIAL STATEMENTS****YEAR ENDED 31 MARCH 2022****15 Analysis of charitable funds - previous year, as required by paragraph 4.2. of the SORP**

	Unrestricted Funds	Restricted Funds	Total Funds 2021
	£	£	£
Incoming and Endowments from:			
Donations and legacies	86,262	294,715	380,977
Charitable activities	48,258	-	48,258
Other Trading activities	-	-	-
Investments	328	-	328
Total income	<u>134,848</u>	<u>294,715</u>	<u>429,563</u>
Expenditure On:			
Raising Funds	407	-	407
Charitable activities	68,120	333,225	401,345
Total expenditure	<u>68,527</u>	<u>333,225</u>	<u>401,752</u>
Net Income	66,321	(38,510)	27,811
Net movement in funds	<u>66,321</u>	<u>(38,510)</u>	<u>27,811</u>
Total funds brought forward	107,574	81,300	188,874
Total funds carried forward	<u>173,895</u>	<u>42,790</u>	<u>216,685</u>

WOMANKIND

England & Wales - Charity number 297258

Accounts

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE
FINANCIAL STATEMENTS

31 MARCH 2021

Company Registration Number 02136526
Charity Number 297258

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

CONTENTS	PAGE
Reference and administrative details of the charity and its advisors	1
Trustees annual report	2 to 7
Independent Examiners report	8
Statement of financial activities (including income and expenditure account)	9
Balance sheet	10
Notes to the financial statements	11 to 19

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

REFERENCE AND ADMINISTRATIVE DETAILS

YEAR ENDED 31 MARCH 2021

Company number	02136526	
Charity number	297258	
Registered office and operational address	3 rd Floor Brunswick Court Brunswick Square Bristol BS2 8PE	
Trustees	Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:	
	Melody Russell	Chair
	Lucy Downs	Vice Chair
	Terry Jones	Secretary
	Louise Lacey	Treasurer
	Sarah Bartlett	
	Sally Bennett	
	Alyson Fielden	
	Vicki Morris	Resigned 17/05/2021
	Joan Solomon	
	Hélène Titus-Glover	
	Ruth Yudkin	
Key Management Personnel	Kyra Bond Rosie Thoburn	Chief Executive Officer Clinical Manager
Bankers	Barclays Bank 55 Broadmead Bristol BS1 3EA	Santander 1 st Floor, Alliance House 12 Baldwin Street Bristol BS1 1SD
Independent Examiners	Joanne Trowbridge MAAT Bristol Community Accountants CIC The Park Daventry Road Bristol BS4 1DQ	

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

Womankind Bristol Women's Therapy Centre

The trustees present their report and the examined financial statements for the period ended 31st March 2021.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Governance and Management

The organisation is a company limited by guarantee and registered charity. The company was established under a Memorandum of Association which establishes the objects and powers of the charitable company and is governed under its Articles of Association.

Method of Recruiting and Appointing Management Committee Members

The directors of the company are also charity trustees for the purposes of charity law and under the company's Articles are known as members of the Management Committee. Under the requirement of the Memorandum and Articles of Association the members of the Management Committee are elected to serve for a period of one year after which they must be re-elected at the next Annual General Meeting.

The Management Committee seeks to ensure that the needs of its client group (women with mental health support needs) are appropriately reflected through the diversity of the trustee body. In addition, the Management Committee seeks to ensure that there is a broad experience and skills mix on the board.

Trustee Induction and Training

New trustees are required to provide a list of their skills and training and to attend a meeting with the chair and one other member of the Management Committee during which she will be made aware of:

- The obligations of Management Committee Members;
- The main documents which set out the operational framework for the charity including the Memorandum of Articles; and
- Resourcing and the current financial position as set out in the latest published accounts.

In addition, new trustees are invited to and encouraged to attend a training/induction session to familiarise themselves with the charity and the context within which it operates. The session will be led by the Womankind CEO.

Organisational structure

Womankind has a Management Committee who meet bi-monthly and are responsible for the strategic direction and policy of the charity. At present the Committee has ten members from a variety of professional backgrounds relevant to the work of the charity.

A staffing structure with clear line management is in place and day to day responsibility for the provision of services rest with the CEO along with the Clinical Manager and Volunteer Service Co-ordinators. The CEO is also responsible for ensuring that the charity delivers the services specified and that key performance indicators are met.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

Risk Management – (including COVID-19)

The Management Committee has conducted a review of the major risks to which the charity is exposed. Where it is appropriate, systems or procedures have been established or amended to mitigate the risks that the charity faces. In relation to Covid-19 this necessitated moving services online, securing additional funding and recruiting additional staff to meet increased demand. Significant external risks to funding have led to the development of a strategic plan which will allow for the diversification of funding and activities. Internal control risks are minimised by the implementation of procedures for authorisation of all transactions and projects.

Procedures are in place to ensure compliance with health and safety of staff, volunteers, clients and visitors to the centre. The continuing implementation of quality standards and policies for example, Approved Provider Status for the befriending service, the national Helpline Quality Standard, confidentiality, safeguarding children and adults, equality and diversity, complaints procedure, British Association for Counselling and Psychotherapy Guidelines, ensures that there is a consistent quality of delivery for all operational aspects of the charity. These procedures are periodically reviewed to ensure that they continue to meet the needs of the charity.

Related parties

In so far as it is complementary to the charity's objectives, Womankind is guided by both local and national policy. Womankind works in partnership with other organisations to deliver and improve services for women with mental health problems. Partnerships include Somerset and Avon Rape and Sexual Abuse Support, Barnardo's Bristol Base, The Green House, Safe Link, NHS Bristol and South Gloucestershire Clinical Commissioning Groups, Knowle West Health Park Company, Wellspring Healthy Living Centre and Group Analytic Network (West).

Objectives and Activities

The Company's objectives are to:

- Provide free or affordable professional counselling, psychotherapy and on-going support to vulnerable women living in Bristol and the surrounding area.

The main objectives and activities for the year continued to focus on helping women to live successfully in the community and where appropriate, to prevent their admission to hospital by supporting an improvement in their mental health and well-being. The strategies employed to meet these objectives include the following:

- Providing a range of high quality, accessible and responsive services which are reflective of relevant quality standards and address the issues related to women's mental health.
- Entering into partnerships and working arrangements with other organisations to maximise the availability of support for women.
- Improving access for women from different groups, for example, refugees, asylum seekers, trafficked, young, sensory impaired, and disabled women.
- Developing services for women who have experienced domestic abuse, rape and sexual violence.

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities Womankind should undertake.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

Achievements and Performance

Womankind has provided vital mental health support for many women over the past thirty-four years and despite the challenges of Covid-19, we were able to increase the numbers of women we helped. Womankind successfully moved all face-to-face services to online or phone delivery from the start of the March 2020 lockdown, achieving this with no break in service delivery. Training and equipment was provided to enable staff and volunteers to work from home and we had no need to furlough any of our staff. Over the year our helpline handled 5,285 telephone and webchat calls and emails from women in distress and we supported 409 clients with an in-person counselling, befriending or groupwork service (the majority of these were delivered remotely).

Womankind continues to work hard to develop and maintain services that provide help to the most vulnerable and disadvantaged groups within the community. In addition to receiving statutory grants for commissioned services, the organisation has secured grants from the following sources:

- The Henry Smith Charity, The Bromley Trust and The Brook Trust to support women refugees, asylum seekers and trafficked women who are survivors of abuse and exploitation.
- Somerset and Avon Rape and Sexual Abuse Support and the Ministry of Justice for women's rape and sexual abuse counselling as part of Bristol Sexual Violence Consortium.
- Bristol Community Health, Nationwide towards our Befriending Service for isolated women with mental health issues and/or survivors of sexual violence, and Sovereign Housing association to provide a befriending service for their own residents who had experienced domestic abuse and/or sexual violence.
- The Pilgrim Trust towards the Webchat extension to our telephone helpline.
- The James Tudor Foundation towards the provision of counselling to Deaf women.
- Bristol City Council, The Charities Aid Foundation (CAF) and several smaller trusts and foundations to support the additional costs arising from Covid-19, i.e. staff and volunteer training, IT hardware and software, telephones, and for additional counselling provision and short term online support groups.

Together with unrestricted grants from the Nani Huyu Charitable Trust and an anonymous trust, and a number of other small (under £5k) grants and donations.

The main areas of charitable activity are the provision of a telephone and webchat Helpline, befriending services, therapy groups, and individual counselling..

Telephone and Webchat Helpline

The Helpline is open every week-day morning, Monday, Tuesday and Wednesday afternoons, and Monday and Tuesday evenings. A total number of 4097 telephone calls, 567 webchat calls and 621 emails were handled during the year 2020-21. The webchat service is an extension to our telephone helpline which was launched in June 2019. It was targeted at young women and Deaf and hard of hearing women, but has proved to be a lifeline for many more women experiencing isolation or abuse as a result of Covid-19. Volunteers who staff the telephone and webchat Helpline are trained and supervised. The service has been awarded the Mental Health Helplines Quality Standard by the Mental Health Helplines Partnership. Bristol City Council partly funds the Helpline.

Befriending Services

Womankind's befriending services include a specialist sexual violence service for women living in Bristol, providing one-to-one support for up to a year for survivors via volunteer befrienders who are

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

trained in mental health, sexual violence and trauma-informed care. The aim of the service is to improve the mental health, wellbeing and resilience of women who have been victims of sexual assault so that they can engage, cope and recover. Befriending is also provided for up to a year for referred isolated women with enduring mental health issues living in Bristol and South Gloucestershire, and for up to six months for Sovereign Housing association female residents who have experienced domestic abuse and/or sexual violence. Befriending services were all offered remotely from the end of March 2020, but as restrictions started to be lifted some befriending partnerships began to meet in person outside from June onwards.

Befriending is recommended by NICE guidelines, (Common Mental Health Disorders, May 2011) as an intervention for people suffering from mild to moderate or more severe mental health problems. The service has been awarded with Approved Provider Status in the quality standard for befriending and mentoring projects. In addition to the grants listed above, NHS England and South Gloucestershire Council part fund the services.

78 women received a befriending service in 2020/21; this included 55 new befriending partnerships which started during the year. Analysis of our monitoring and evaluation information shows that the befriending service is very effective in helping people to achieve good outcomes and to make positive changes in their lives. 100% of women helped reported a decrease in social isolation, and the large majority of women reported improvements in their mental health and wellbeing, an improved quality of life, and a reduced risk of harm to themselves or others.

Counselling and Group Therapy Services

Therapy Groups

Therapy groups offer a safe and consistent space for women to work on difficult issues or deep and unresolved traumatic events. The aim is that group members will improve their mental health and wellbeing, and be able to make changes that will have a positive effect in their lives. Groups that took place during the year were:

- Two online on-going therapy groups for women. Bristol City Council funds these.
- Two low fee online therapy groups that are offered for women who can afford to make a contribution, but are on low incomes.
- Three short term online therapeutic peer support groups for women feeling isolated, anxious and struggling with their mental health during the pandemic, funded by CAF and other small grants.

Counselling

Womankind offers culturally sensitive counselling delivered by qualified counsellors and by counsellors who are in training at Diploma level or above. These services were offered remotely (online or by phone) from the end of March 2020, but from September 2020 a small proportion of clients resumed face-to-face services (socially distanced), in particular those who were unable to access remote counselling or befriending due to interpreting needs, caring for children, digital exclusion or living with an abusive partner. All counsellors receive weekly supervision provided by Womankind.

Specific services include:

- General counselling service for women including a high intensity service for clients with complex mental health needs.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

-
- Counselling for Deaf and hard of hearing women with a signing counsellor.
 - Specialist rape and sexual abuse counselling service and specialist young women's counselling service. These services are delivered in partnership with the Bristol Sexual Violence Consortium and Somerset and Avon Rape and Sexual Abuse Support Service (SARSAS).
 - Brief solution focussed therapy for survivors of abuse who were being triggered by lockdown conditions, funded by the Ministry of Justice via SARSAS.
 - Counselling to support women refugee, asylum seeking and trafficked women survivors of abuse and exploitation, with language interpreters.
 - Affordable fee paying general counselling.

A total number of 331 clients received weekly counselling or group therapy sessions during the year.

Financial Review

As at 31 March 2021, Womankind remains in a financially stable position. The charity generated a surplus of £27,811 compared to £39,910 in 2020. There were several grants received that are restricted for use in the following year. There has been a 17% increase in total Income compared to 2019/20, mainly due to an increase in grants (including grants related to Covid-19 management and recovery), which is a reflection of Womankind's successful fund raising during the year. Total expenditure increased by 22% from the previous year due to employing additional members of staff, providing extra services and additional IT due to the impact of Covid-19.

Womankind currently has reserves in line with its stated policy as set out below.

Reserves policy

The Management Committee have agreed that they will as far as possible, maintain a surplus on unrestricted funds equal to at least two months running costs and reserves to covers its staff redundancy liability. In the event that the surplus on unrestricted funds falls below this level, the Management Committee will budget for surpluses in the next three years to recover the position.

Funds Received as Agent or Funds Held as Custodian Trustee

There are no assets, classes of assets or categories of assets held on behalf of other entities.

Statement of Responsibilities of the Management Committee

The Management Committee who are also the charity trustees have prepared financial statements for the financial year, which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the net online income or expenditure, of the charitable company for the year. In preparing the financial statements, the Management Committee has fulfilled the requirements set out by the SORP Accounting for Charities, which are as follows:

1. Select suitable accounting policies and apply them consistently.
2. Observe the methods and principles in the applicable Charities SORP.
3. Make judgements and estimates that are reasonable and prudent.
4. State whether applicable accounting standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements; and
5. Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

TRUSTEES' ANNUAL REPORT

YEAR ENDED 31 MARCH 2021

The Management Committee is responsible for keeping proper accounting records which disclose with reasonable accuracy the financial position of the charity, and which enable them to ensure that the financial statements comply with the Companies Act 2006.

The Management Committee is also responsible for safeguarding the assets of the charity, and hence for taking reasonable steps for the prevention and detection of fraud and any other irregularities. The Management Committee confirm that to the best of their knowledge there is no information relevant to the independent examination of which the examiners are unaware.

The Management Committee also confirm that they have taken all necessary steps to ensure that they themselves are aware of all relevant examination information and that this information has been communicated to the independent examiners.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The total number of guarantees at 31st March 2021 was eleven.

The Management Committee are members of the charity, but this entitles them only to voting rights. The Management Committee have no beneficial interest in the charity.

Independent Examiners

Joanne Trowbridge was appointed as the charitable company's independent examiner during the year. Joanne Trowbridge is a member the Association of Accounting Technicians.

Approved by the Board of Trustees/Management Committee on 12 July 21 and signed on its behalf

by:  Louise Lacey, Treasurer

Womankind Bristol Women's Therapy Centre

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

INDEPENDENT EXAMINERS REPORT

YEAR ENDED 31 MARCH 2021

I report on the accounts of the company for the year ended 31st March 2021 which are set out on pages 9 to 19.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Accounting Technicians, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

Joanne Trowbridge MAAT



Bristol Community Accountants CIC
The Park
Daventry Road
Knowle Bristol BS4 1DQ

22/2/2021

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

STATEMENT OF FINANCIAL ACTIVITIES (Including Income and Expenditure Account)

YEAR ENDED 31 MARCH 2021

		Unrestricted Funds	Restricted Funds	Total Funds 2021	Total Funds 2020
	Note	£	£	£	£
Incoming and Endowments from:					
Donations and legacies	2	86,262	294,715	380,977	299,750
Charitable activities	3	48,258	-	48,258	65,496
Other trading activities	4	-	-	-	2,755
Investments		328	-	328	344
Total Income		<u>134,848</u>	<u>294,715</u>	<u>429,563</u>	<u>368,345</u>
Expenditure On:					
Raising funds		407	-	407	306
Charitable activities		68,120	333,225	401,345	328,129
Total Expenditure	6	<u>68,527</u>	<u>333,225</u>	<u>401,752</u>	<u>328,435</u>
Net income		66,321	(38,510)	27,811	39,910
Net movement in funds		<u>66,321</u>	<u>(38,510)</u>	<u>27,811</u>	<u>39,910</u>
Total funds brought forward		107,574	81,300	188,874	148,964
Total funds carried forward		<u>173,895</u>	<u>42,790</u>	<u>216,685</u>	<u>188,874</u>

All of the activities of the charity are classed as continuing

The notes on pages 11 to 19 form part of these financial statements

As required by paragraph 4.67 of the SORP, the brought forward and carried forward funds above have been agreed to the Balance Sheet.

* Details of the allocation of 2020 total funds between unrestricted and restricted are shown in note 16

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

BALANCE SHEET

YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
Current assets			
Debtors	11	9,595	10,957
Cash at bank and in hand		233,387	188,593
<i>Total current assets</i>		<u>242,982</u>	<u>199,550</u>
Creditors : Amounts falling due within one year	12	(26,297)	(10,676)
<i>Net current assets or liabilities</i>		<u>216,685</u>	<u>188,874</u>
<i>Total net assets or liabilities</i>		<u><u>216,685</u></u>	<u><u>188,874</u></u>
The Funds of the Charity	13		
Restricted funds		42,790	81,300
Unrestricted funds			
<i>Designated funds</i>		20,000	15,000
<i>General funds</i>		153,895	92,574
		<u>216,685</u>	<u>188,874</u>

The directors are satisfied that the company is entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

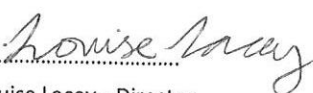
Directors' responsibilities:

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies' regime and in accordance with FRS102 SORP.

These financial statements were approved by the trustees on 12 July 21 and are signed on their behalf by:



Louise Lacey - Director

The notes on pages 11 to 19 form part of these financial statements

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

1 Accounting Policies

Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The accounts have been prepared on the assumption that the charitable company is able to continue as a going concern, which the trustees consider appropriate having regard to the current level of unrestricted reserves. There are no material uncertainties about the charitable company's ability to continue as a going concern.

The charity meets the definition of a public benefit entity as defined by FRS 102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to the accounts for previous years.

Fund accounting

Unrestricted Funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Volunteer help	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial Instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

Pensions costs

The charitable company operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charitable company in an independently administered fund. Pension costs charged in the financial statements represent the contribution payable by the charitable company during the year.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

Income and Endowments From:				
2	Donations and Legacies	Unrestricted Funds	Restricted Funds	Total Funds
		£	£	2021
				Total Funds 2020
				£
	Grants > £5,000			
	Bristol City Council	10,000	31,518	41,518
	NHS England	-	30,000	30,000
	NHS Bristol, North Somerset & South Gloucestershire CCG	-	38,602	38,602
	Comic Relief	-	-	-
	The Henry Smith Charity	-	12,150	12,150
	The Brook Trust	-	-	-
	Nani Huyu Charitable Trust	23,000	-	23,000
	The Nisbet Trust	-	-	-
	South Gloucestershire Council	-	8,925	8,925
	Avon & Somerset Police and Crime Commissioner	-	-	-
	The Edward Gostling Foundation	-	-	-
	Safer Bristol	-	16,500	16,500
	NHS Bristol, North Somerset & South Gloucestershire CCG, Ministry of Justice (via SARSAS)	-	67,191	67,191
	Tampon Tax Community Fund	-	-	-
	The Bromley Trust	-	20,000	20,000
	Wesleyan Foundation	-	-	-
	The Society of Merchant Venturers	-	-	-
	Anonymous Grant	15,000	-	15,000
	Charities Aid Foundation	8,230	-	8,230
	Sovereign Housing Association	-	32,400	32,400
	Bristol Community Health	-	15,850	15,850
	Nationwide Colleague Grant	-	10,000	10,000
	Grants & donations < £5,000	30,032	11,579	41,611
		<u>86,262</u>	<u>294,715</u>	<u>380,977</u>
				<u>299,750</u>

Donations and legacies prior year - Unrestricted total funds £82,590 Restricted total funds £217,160

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

3 Charitable Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Earned Income - Other	7,381	-	7,381	54,653
Fees: Therapy	-	-	-	484
Fees: Counselling	40,877	-	40,877	4,284
Access to Work scheme	-	-	-	6,075
	<u>48,258</u>	<u>-</u>	<u>48,258</u>	<u>65,496</u>

Charitable activities prior year - all unrestricted

4 Other Trading Activities

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £	Total Funds 2020 £
Rental Income	-	-	-	2,755
	<u>-</u>	<u>-</u>	<u>-</u>	<u>2,755</u>

Other trading activities prior year - all unrestricted

5 Government Grants

The charitable company receives government grants, defined as funding from Bristol City Council, NHS England, BNSSG CCG and South Gloucestershire Council to fund charitable activities. The total value of such grants in the period ending 31 March 2021 was £119,045 (2020: £63,714). There are no unfulfilled conditions or contingencies attaching to these grants in the year ended 31 March 2021.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

Expenditure on:

6 Charitable Activities

	Raising Funds £	Charitable activities £	Support & governance costs £	Total Funds 2021 £	Total Funds 2020 £
Staff costs	-	204,363	-	204,363	179,268
Travel and subsistence	-	166	-	166	886
Volunteer expenses / training	-	2,514	-	2,514	3,175
Management committee expenses	-	-	55	55	381
Rent and rates	-	34,725	-	34,725	37,290
Repairs and renewals	-	-	4,148	4,148	1,987
Miscellaneous	-	1,176	-	1,176	12,122
Office sundries	-	-	270	270	794
Training	-	1,880	-	1,880	1,278
Insurance	-	-	2,634	2,634	2,634
Telephone	-	4,358	-	4,358	4,194
Recruitment and advertising	-	-	978	978	707
Legal and professional	-	-	26,421	26,421	9,621
Clinicians' fees	-	90,818	-	90,818	60,029
Subscriptions and publications	407	-	5,977	6,384	2,157
Printing, postage and stationery	-	992	-	992	1,202
Accountancy	-	-	4,158	4,158	3,388
Annual report	-	-	1,511	1,511	2,254
IT	-	-	14,201	14,201	5,068
Sub-total	407	340,992	60,353	401,752	328,435
Allocation of support costs and governance costs	-	60,353	(60,353)	-	-
Total expenditure	407	401,345	-	401,752	328,435

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

7 Net incoming resources for the year

This is stated after charging:

	2021	2020
	£	£
Trustees' reimbursed expenses	55	381
Independent Examiner's Fees	533	533

8 Staff costs and numbers

The aggregate payroll costs were:

	2021	2020
	£	£
Wages and Salaries	190,363	164,265
Social Security Costs	9,047	10,162
Pension Costs	4,953	4,841
	204,363	179,268

No employee received emoluments of more than £60,000 (2020: £Nil)

The average monthly head count was 9 staff (2020: 8 staff)

The key management personnel of the charitable company comprise the Chief Executive Officer and the Clinical Manager. Total employee benefits paid to key management personnel were £83,716 (2020: £81,532).

9 Trustee expenses

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil). The trustees were reimbursed expenses during the year of £55 (2020: £381). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

10 Related party transactions

The were no related party transactions during the year (2020: £nil)

11 Debtors

	2021	2020
	£	£
Trade debtors	7,442	10,804
Other debtors	1,995	-
Prepayments	158	153
	9,595	10,957

12 Accruals

	2021	2020
	£	£
Trade creditors	25,080	5,083
Tax and social security	-	4,436
Accruals and deferred income	1,217	1,157
	26,297	10,676

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

13 Movement in funds	At 01-Apr 2020 £	Incoming resources £	Outgoing resources £	Transfers £	At 31-Mar 2021 £
Restricted funds					
<i>Womankind Services</i>					
Wessex Water Recovery Grant Programme	-	2,500	(1,260)	-	1,240
Bristol CC Impact Fund	-	31,518	(31,518)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG	-	38,602	(30,602)	-	8,000
<i>Befriending Services</i>					
Bristol Community Health Grants Fund	-	15,850	-	-	15,850
Sovereign Housing Association	-	32,400	(29,700)	-	2,700
The Society of Merchant Venturers	5,000	-	(5,000)	-	-
Tampon Tax Community Fund	7,500	-	(7,500)	-	-
South Gloucestershire Council	-	8,925	(8,925)	-	-
NHS England	-	30,000	(30,000)	-	-
Nationwide Colleague Grant	-	10,000	(10,000)	-	-
<i>Safer Women's Project</i>					
The Henry Smith Charity	12,000	12,150	(24,150)	-	-
The Bromley Trust	15,000	20,000	(20,000)	-	15,000
The Brook Trust	21,800	-	(21,800)	-	-
<i>Deaf Women's Counselling</i>					
James Tudor Foundation	-	4,079	(4,079)	-	-
<i>Telephone and Webchat Helpline</i>					
The Nisbet Trust	10,000	-	(10,000)	-	-
Wesleyan Foundation	10,000	-	(10,000)	-	-
Pilgrim Trust	-	5,000	(5,000)	-	-
<i>Sexual Violence Counselling</i>					
Safer Bristol (via SARSAS)	-	16,500	(16,500)	-	-
NHS Bristol, North Somerset & South Gloucestershire CCG (via SARSAS)	-	36,812	(36,812)	-	-
Ministry of Justice (via SARSAS)	-	18,112	(18,112)	-	-
Young Womens Service (via SARSAS)	-	12,267	(12,267)	-	-
	<u>81,300</u>	<u>294,715</u>	<u>(333,225)</u>	<u>-</u>	<u>42,790</u>
Unrestricted funds					
<i>Designated funds:</i>					
Nani Huyu Charitable Trust	15,000	23,000	(3,000)	(15,000)	20,000
Total designated funds	<u>15,000</u>	<u>23,000</u>	<u>(3,000)</u>	<u>(15,000)</u>	<u>20,000</u>
General funds	92,574	111,848	(65,527)	15,000	153,895
Total unrestricted funds	<u>107,574</u>	<u>134,848</u>	<u>(68,527)</u>	<u>-</u>	<u>173,895</u>
Total funds	<u>188,874</u>	<u>429,563</u>	<u>(401,752)</u>	<u>-</u>	<u>216,685</u>

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

Purposes of restricted funds

Womankind Services

NHS Bristol, North Somerset & South Gloucestershire Clinical Commissioning Group provide funding for general counselling. Bristol City Council's Impact Fund grant contributes towards the telephone helpline and two therapeutic groups and the Wessex Water Recovery Grant contributed to short-term online groups.

Befriending Services

NHS England and the Tampon Tax provided funding for Befriending to support local women who have experienced sexual violence and mental health problems, together with contributions from South Gloucestershire Council, The Society of Merchant Venturers, a Nationwide Colleague Grant and Bristol Community Health. Sovereign Housing Association provided funding for a Befriending scheme for their own residents who had experienced domestic abuse and/or sexual violence.

Safer Women's Project

Funding is provided by The Henry Smith Charity, The Bromley Trust and the Brook Trust to support women refugees, asylum seekers and trafficked women survivors of abuse and exploitation.

Deaf Women's Counselling

The James Tudor Foundation provided funding towards the provision of specialist counselling for Deaf/hard of hearing women.

Telephone and Webchat Helpline

The Nisbet Trust, the Wesleyan Foundation and the Pilgrim Trust grants contributed towards the costs of running Womankind's Webchat instant messaging extension to our helpline.

Sexual Violence Counselling

Safer Bristol provide funding for women's historic sexual abuse counselling delivered as part of Bristol Sexual Violence Consortium, via Somerset and Avon Rape and Sexual Abuse Support (SARSAS). The Ministry of Justice and NHS Bristol, North Somerset & South Gloucestershire Clinical Commissioning Group provide funding for counselling women who have experienced recent rape and/or serious sexual assault, via SARSAS, and the latter provide funding for a new young women's service, also via SARSAS.

Purpose of designated funds

Nani Huyu Charitable Trust

The trustees chose to designate these monies for the purpose of funding the charity's therapeutic services and core costs.

14 Company limited by guarantee

The company is limited by guarantee and as such has no issued share capital. In the event of the company being wound up the liability of the members is limited to £1 each.

WOMANKIND BRISTOL WOMEN'S THERAPY CENTRE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

15 Analysis of net assets between funds	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Cash at bank and in hand	190,597	42,790	233,387
Other net current assets or liabilities	(16,702)	-	(16,702)
	<u>173,895</u>	<u>42,790</u>	<u>216,685</u>

16 Analysis of charitable funds - previous year, as required by paragraph 4.2. of the SORP

	Unrestricted Funds £	Restricted Funds £	Total Funds 2020 £
Incoming and Endowments from:			
Donations and legacies	82,590	217,160	299,750
Charitable activities	65,496	-	65,496
Other Trading activities	2,755	-	2,755
Investments	344	-	344
Total income	<u>151,185</u>	<u>217,160</u>	<u>368,345</u>
Expenditure On:			
Raising Funds	306	-	306
Charitable activities	169,196	158,933	328,129
Total expenditure	<u>169,502</u>	<u>158,933</u>	<u>328,435</u>
Net Income	(18,317)	58,227	39,910
Net movement in funds	<u>(18,317)</u>	<u>58,227</u>	<u>39,910</u>
Total funds brought forward	125,891	23,073	148,964
Total funds carried forward	<u>107,574</u>	<u>81,300</u>	<u>188,874</u>

