

2024-2025 ANNUAL REPORT

The Sutton Womens Centre

Empowering women to achieve their full potential



Executive Summary



As we mark over 40 years, I've had the chance to reflect on the outstanding work and success that has been achieved by the Sutton Womens Centre. We've had the privilege of supporting over 600 local women to overcome a wide range of issues, many of which have been very significant, and we are proud to have been a part of their journeys.

As you will see in our report, behind every number is a life changed. Often it's a whole family. Changed through education via our workshops and classes, changed through our diverse range of advocacy services that continue to provide vital support, and changed through our networks and relationships that provide signposting to other services or just a chance to talk things over in a safe space.

Our IRIS programme continues to be a resounding success and highlights the importance of reaching out. Our team have trained and supported over 400 staff in GP surgeries to recognise the signs of domestic abuse that they see in their patients. Close to 100 women have received the support they needed but were not able to access before. The impact on the lives of these women and their families is immeasurable. Many heartfelt thanks go to the IRIS Advocate Educators whose work and dedication has surpassed every expectation and shown how important this service is. We're expanding this service to include Health Visitors which will enable us to provide even more vital support in the borough.

Our core programmes are still going strong year on year despite funding cuts, and are constantly being updated to support women on their journey forwards. We have included a small number of the many testimonials that we have received to demonstrate the impact these programmes can have.

Through our work during the year with our 16 Days campaign, local schools and businesses we have further strengthened our relationships, and had the pleasure of meeting so many wonderful supporters along the way.

Of course, none of this would be possible without the help of our amazing funders and supporters – sincere thanks to all of you.

Finally, the Trustees and I would like to thank the dedicated staff of the Sutton Womens Centre for their hard work during the year to support the women of the borough and beyond, and who have grown the Centre into what it is today. None of this would be possible without you.

Moe Stehfest
Chair

Reference and Administration Information

Charity Number	294067
Registered Number	01829008 (England and Wales)
Registered Office and Principal place of Business:	3 Palmerston Road, Sutton, SM1 4QL
Date of Incorporation	05 March 1984
Directors	M. Stehfest S. Qureshiah
Trustees	M Stehfest (Chair: Appointed 09/09/24) N. Fadero S. Qureshiah M Turner (resigned 31/10/24) V. Hill (resigned 01/10/24) T. Grechko (Appointed 14/01/2025 Resigned 19/05/2025) J. Hunt (Appointed 14/01/25. Resigned 19/5/25) K. Jones (Appointed 14/01/25. Resigned 16/5/25)
Senior Management	H. Smiles P. Hennessy
Accountant	Community Action Sutton Granfers Community Centre 73-79 Oakhill Road Sutton SM1 3AA
Bankers	CAF Bank Limited 25 Kings Hill Lane West Malling, Kent ME19

Our Governance

I am writing this report as Chair of the Trustees replacing Emma Matthew (resigned 09/09/24) , using information supplied by the staff at Sutton Women's Centre.

Moe Stehfest - Chair of Trustees

Our Aims, Objectives and Outcomes

Our Vision – A Community where every woman has achieved her full potential.

Our Mission Statement

“Providing a safe, women only space where women can access support, advice, information and education to help them achieve their potential; develop their skills; and live their lives free from domestic abuse. We aim to improve knowledge and awareness of domestic abuse and build a safer and more supportive community.”

Our Objectives

Sutton Women’s Centre is a unique organisation within the London Borough of Sutton with the capacity, skills and knowledge to design and deliver services to meet the needs of local women. We continue to innovate and have a strong reputation for high quality service delivery. We are strong advocates for services for local women and champion these. We work in partnership with other organisations and are active members of a number of local voluntary sector fora.

Our headline objectives are:

To support and empower women to increase their confidence and self-esteem and enable them to make positive life decisions for themselves and their children.

To provide advice to local women to ensure they are able to access appropriate services, support and increase communication between women

To provide inclusive educational and learning opportunities to improve the life chances of local women and their children, increase their career related skills and enable women to develop the tools they need to be active citizens.

To provide information to women that respects their individual needs and improves their life chances, reduces isolation and increases communication between women.

To champion the needs of local women to local partners and collaborate to find solutions.

To promote women’s safety in the borough and raise awareness about VAWG

Our Outcomes

In line with many other organisations we monitor and evaluate our work. Many of the outcomes we monitor and evaluate are prescribed by funders and commissioners. However, we believe that if we are to ensure we are functioning well as a charity and meeting our charitable objectives, we need to have objectives that can demonstrate this. To that end we monitor and evaluate all our work to ensure our work with women:

Improves their life chances

Improves their health and well-being

Increases their basic skills

Reduces their Isolation

To live a life free from abuse

Our Impact

It's over 40 years since we first opened our doors as a small counselling service for women. Over the decades, we have grown into a thriving, holistic women's centre supporting hundreds of women every year across a wide range of programmes. In the past year alone, we supported 624 women through our diverse services—from counselling and domestic abuse recovery to education, wellbeing, and community engagement. Our growth has been particularly significant this year, with vital support from the National Lottery helping to cover a substantial portion of our core costs. This funding has allowed us to expand our reach and deepen our impact across the borough.

624 WOMEN
SUPPORTED THIS YEAR
THROUGH VARIOUS PROGRAMMES AND PROJECTS

Behind Every number is a life changed

These figures reflect more than just attendance—they represent moments of courage, connection, and transformation. Each woman who walked through our doors brought her own story, and we are proud to have supported her on her journey toward safety, healing, and empowerment.

23 **Women attending our Into the Light programme**
Into the Light is a 10 Week course for women who have experienced sexual assault or abuse

240 **Women**
Attended the Freedom Programme 12 week course

183 **Women attended our Sutton College Courses**
These include Art Courses, Drama, Sewing, Gardening and creative writing as well as It Skills and Wellbeing courses

106 **Members of the community trained through our community domestic abuse programme**
This brings our total of trained members of the community to **442**. Our community domestic abuse training helps community members learn the signs to spot of domestic abuse and how to help and signpost victims to get the help and support.

331 **Clients**
Supported through our volunteer counselling service

75 **Young Women**
Attended our Young Womens Freedom Programme

Our Impact

98

Women attending our weekly Wednesday Wellbeing Workshop

These are held each week and include speakers from different local organisations such as Yorkshire Building Society; Department of Work and Pensions discussing finances, budgeting; Reed running a session on job search and CV writing; as well as local make up artists running a tutorial session and other creative workshops

67

Patients

Supported by our team of Advocate Educators through the IRIS Programme

58

Non English Speaking Women

attended our English as a second language courses

32

Clients Supported

Through our volunteer legal services - **213 hours** of legal support, saving service users over **£70k in legal cost**

4

Meet ups of our community domestic abuse ambassadors

Those that have completed our Domestic Abuse Ambassador Training have the chance to meet up and discuss

12

GP Surgeries

Trained to recognise signs of Domestic Abuse, through the IRIS programme

187
220

Clinicians & Non Clinical Staff

Trained to recognise signs of Domestic Abuse, through the IRIS programme

86.8%

of respondents were satisfied with our activities

92.3%

of respondents reported feeling welcomed and included

94.8%

of respondents would recommend our services to others

92.3%

of respondents felt that staff and volunteers helped them feel valued

94.9%

of respondents felt they were able to talk to people in similar situations to them

Our Impact

What our service users say

"Without Sutton Women's Centre I have virtually no other meaningful interaction with other people. Also they provide services, information and counselling of the sort I could not easily access elsewhere within a safe environment"

"I attended the Power to change course and Community Domestic Abuse Ambassador course. Both were very well run by informed tutors and I gained a lot of valuable information"

"It's been a lifeline for me and truly valued, without it I would most likely be in the depths of depression. Taking part in creative courses has reignited that spark and reopened up my mind to a world of possibilities"

"I absolutely love The Women's Centre. So much support and so much choice to sign up to things. Amazing counsellors too."

"Life changing support that I couldn't do without. After attending for over 2 years, I'm now beginning to see a bright future and know that if I have any bumps on the road I have somewhere to go for support. I'm also excited to participate in more courses which will help boost my self confidence"

"It has helped uncover forgotten dreams and taken me out of isolation, given me hope again."

"This is a service that I never thought I'd ever need. And even though it was recommended that I speak to Sutton Womens Centre, I put it off for a long time as I didn't think I was in a situation worthy of their support. I was so wrong. And they have helped me realise the situation I was living in was not healthy. They have given me the confidence to recognise unhealthy behaviours better."

"I think SWC is important to have in our community, and the work you do to support women is crucial. I have found the Freedom course and Ask Me training to be educational, empowering, and it helps me support others who are going through domestic abuse in the right way. "

Our Impact

Feedback from our stakeholders

80%

of respondents agreed that, if the Women's Centre was not available, it is unlikely that women would be able to get the same services and support from somewhere else.

100%

of respondents agreed that women's mental and emotional health has improved because of the services that Sutton Women's Centre provide.

88.9%

of respondents agreed that our counselling service has enabled service users to move on with their lives.

100%

of respondents agreed that, if Sutton Women's Centre did not provide the services they provide, many survivors of domestic violence would be left without the specialist support they need.

88.9%

of respondents agreed that our counselling service makes a difference to the lives of survivors of domestic abuse.

“Every referral I have made, the client's have reported how good the services are, especially the care and empathy. Also how they have been empowered and it is very much an eye opener in terms of not always recognising emotional abuse”

“Sutton women's centre are an invaluable service that makes a huge difference to local residents. Getting timely support within the locality is very much needed in order for women to take up the services on offer”

“I have completed the Community Domestic Abuse champion training and since made referrals to Sutton Women's Centre. And they have also dealt sensitively with the referrals I've made.”

“I cannot thank Sutton Women's Centre enough for all the support they have given to the women who I have referred over many years. Staff are excellent and supportive and the services they offer are excellent and really makes a difference to women and children's lives. Thank you all.”

“Every referral I have made, the client's have reported how good the services are, especially the care and empathy. also how they have been empowered and it is very much an eye opener in terms of not always recognising emotional abuse.”

Our Programmes

We now offer everything from the Freedom Programme, ESOL classes, creative and practical holistic courses, and sexual abuse recovery programmes, to domestic abuse advocacy, youth safety events, and targeted support for refugee and migrant women.

We've expanded our team of counsellors, strengthened our community partnerships, and launched powerful new awareness campaigns, including events around CSA Awareness Day, Sexual Abuse Awareness Week, and the 16 Days of Activism Against Violence Against Women and Girls. Our IRIS programme has transformed how local GP surgeries respond to domestic abuse, and we're proud to be piloting the new Health Visitor Project to reach even more women and families.

58

women attended our
English as a second
language courses

331

Women supported through
our counselling service

240

Women attended the
Freedom Programme

Voices of Our Women

“The Freedom Programme made me realise I wasn’t alone. I finally felt understood.”

“The self-esteem session gave me confidence I never thought I would get back.”

“I loved the mental health week – it gave me tools to manage my triggers and not feel ashamed of struggling.”

Our Programmes

Freedom Programme

This year we continued to deliver The Freedom Programme, despite significant funding cuts. We successfully ran four standard programmes and secured additional funding to deliver three Young Women's Freedom Programmes.

The Freedom Programme is a twelve-week domestic abuse group course for women. It explores:

- The tactics and characteristics used by abusers to gain power and control.
- The influence of attitudes and beliefs on the behaviour of perpetrators, and the responses of victims and survivors
- The “games” played by the dominator and their impact on women and children.
- The effects of domestic abuse on babies, toddlers, and teenagers

Due to funding restrictions, all referrals now come via the Sutton DASS IDVA Service. Across all programmes this year, we supported 196 women.

We continue to adapt and develop the programme in response to participant needs. This year we introduced:

- Self-Esteem Week – a popular session, particularly for women who are initially more reserved. It also acts as a gentle introduction to the kind of personal development and self-reflection they can expect from our new programme called Power to Change.
- Trauma & Mental Health Week – an incredibly powerful addition where women openly share their experiences, engage in a body mapping exercise and produce outstanding artwork to help them understand where their triggers show in their body. This session also provides them with practical tools and strategies to manage these triggers, supporting their ongoing recovery and resilience.

“I have learnt a lot from the freedom programme and mindfulness and self-compassion. Through counselling I have also felt more confident going forward and finally after exploring the possibility that I may be on the spectrum have approached a more sensitive person at my GP practice and finally got into the system to perhaps receiving an assessment in the future as an adult female.”

Our Programmes

Young Womens Freedom Programme

The Young Women's Freedom Programme (ages 16–30) continues to grow in both strength and impact. The content has now been refined, with tailored materials designed to meet the needs of the younger age group. This cohort is particularly vulnerable, as young women aged 16–24 are more likely than any other age group to experience domestic abuse, with research showing that they are almost three times more likely as older women to be subjected to partner abuse. The programme highlights the tactics and behaviours young women are most impacted by, including:

- Coercive control and emotional manipulation
- Isolation from friends, family, and education
- Financial exploitation and control over money
- Digital and online abuse, such as monitoring or harassment through social media.
- Escalating intimidation and physical violence

By naming these patterns and providing space to challenge them, the programme equips participants with the knowledge, confidence, and peer support needed to break cycles of abuse early in adulthood. Feedback remains overwhelmingly positive, reflecting the programme's value and relevance in empowering young women at a critical stage in their lives.

Our Programmes

Domestic and Sexual Abuse Counselling

We continue to provide one-to-one counselling service for local women who have experienced domestic/ sexual abuse, 272 women have received counselling with 94 women on the waiting list. This service has now been running for over 12 years with many thanks to funding from the National Lottery.

We have increased the number of counsellors to 53, with some of them working online, to reduce the waiting lists. We have also increased the number of training opportunities for our counsellors. They are all required to attend our community domestic abuse training before starting with our clients, so they have a good understanding of the issues our clients face. We also offer training to support them to work with survivors of sexual abuse, and we have offered one-off training sessions on trauma; working with deaf survivors, the Homicide Timeline and Somatic therapy. We also organised several wellbeing events for our volunteers, including a fire circle and a sound bath.

Our counsellors are all volunteers and come from a mixed background of counselling students looking for a counselling placement as part of their qualification, and fully qualified counsellors who want to give back to their community.

We continue to provide ongoing training in the Freedom Programme and working with Childhood Sexual Abuse. We have also increased the CPD and training opportunities for our team of counsellors and are organising twice yearly get-togethers.

Attending our community domestic abuse training sessions gives new counsellors a good understanding of domestic abuse and how the services work in the borough. The training supports the counsellors in their placement and enables them to provide a trauma-informed approach to our clients.



Our Programmes

Counselling Testimonial

I'm much more confident now and assertive in my boundaries. This is because of work done during counselling sessions, and practice tasks that I was set to work on during the week. I also used to struggle with binge drinking / making reckless decisions whilst drinking, and counselling helped me figure out the underlying causes and work towards fixing this. I now genuinely feel in a really positive place with my drinking, and my outlook on life as a whole.

The counselling has had a positive impact on my relationship with my parents. I'm much better at communicating how I feel with them, and they don't have the same fears if I go on a night out that they used to. Some friendships / family relationships have deteriorated, but this is a positive thing as they were unhealthy relationships. I learnt to recognise the issues in the relationships, and stand up for myself and my boundaries. So even though I've lost some friendships, it's a positive thing and my life is healthier for it.

During my sessions, I've also had to come to terms with a chronic health diagnosis, which definitely made recovery more difficult, but I was able to work through it in counselling and better understand the relationship between my physical and mental health. On the flip side I am now working in my ideal profession, and it's the first time I feel like my work is genuinely important.

When I first started counselling, I was finishing off my masters, and almost didn't graduate because of my mental health. To be in a position now where I love my job feels really special, and I definitely wouldn't have had the resilience to pursue it without counselling.

If I hadn't found Sutton Women's Centre, I probably would have continued to spiral in my reckless behaviour. I still get flashbacks etc, even after counselling, but they're so much better and easy to handle. If I hadn't been to the Women's Centre I would have continued the unhealthy drinking as a way to not deal with the flashbacks. I would have still been feeling very low about myself. I used to really struggle with rejecting any advances from a man, so chances are I would've ended up in another abusive relationship.

My life is on such a positive trajectory now, and it's definitely because of the support from the Sutton Women's Centre. Thank you.

Our Programmes

Sutton College

Thanks to funding from Sutton College, we have launched two new Women's Aid programmes:

Power to Change

Power to Heal

Both are 12-week courses designed for women recovering from domestic abuse. They focus on topics such as self-esteem, boundaries, relationships with authority figures, and the impact of growing up in dysfunctional families. Alongside this, the programmes include wider psychoeducation around the impacts of domestic abuse and provide women with practical tools to manage these impacts in their daily lives.

The Impact of a Year of Holistic Care and Recovery

By offering a continuous year of support through The Freedom Programme, Power to Change, and Power to Heal, Sutton Women's Centre can build deep, trusting relationships with the women who attend. This trust creates a safe space where women feel confident to open-up about their challenges, whether emotional, practical, or family-related. This in turn allows us to provide timely, tailored support.

The year-long group journey not only equips women with tools for self-esteem, resilience, and recovery, but also ensures they are not facing these issues alone. This consistency helps reduce isolation, strengthens community, and empowers women to rebuild their lives with confidence and dignity.

Importantly, many women also begin 1-1 counselling during the year of group support, allowing them to explore their experiences in more depth while continuing to benefit from the peer support and psychoeducational elements of the programmes. This combined approach offers holistic care, meeting both collective and individual needs in their recovery journey.

"They enhanced my general wellbeing by helping me to engage in activities, improve my concentration, socialising supporting each other in the group; at the same time they improve my drawing n painting skills. I was sure pleased to have sewn completed garments for myself. The sense of achievement with each finished item is so so very satisfying"

Other Courses we have run with Sutton College Funding are

Art for Wellbeing
Basic Computer Skills
Website Design
Drama
Sewing

Our Programmes

Gardening Group

Due to popular demand from our art group, we have set up a Gardening Group. They have just begun to cultivate a space at our local Welsh Chapel, and have planted some seeds. We look forward to sharing more on this next year.



Feedback from Sutton College Students

Attending the *Power to Change* and *Power to Heal* courses, run by Sutton Women's Centre and funded by Sutton College, has been one of the most **life-changing experiences** of my life since leaving a 17-year domestic abuse relationship and marriage.

After completing the Freedom Programme, I felt there was still a significant gap in my healing. When I was offered the opportunity to join these courses, it felt like the next **vital step** in reclaiming my life.

Without the support, empowerment, and tools I gained through these sessions, I truly believe I wouldn't have had the strength or resilience to stand in a magistrates' court and give a witness account of what my perpetrator had done to me which included acts that nearly cost me my life. These courses have been **pivotal** in helping me rebuild areas of strength, not only for myself, but also for my children.

They focus on the **practical and emotional tools** needed to cope with daily life after trauma. For many women like me, even situations that may seem trivial to others can feel overwhelming, and these courses teach us how to manage and overcome them with confidence and compassion.

They offered me more than knowledge. They offered **healing, empowerment, and the belief** that a new, stronger version of me could exist. I will always be grateful for the safe space and the transformation these courses enabled.

Taking part in the *Power to Change/Heal* course run by Sutton Women's Centre and funded by Sutton College has been truly life-changing for me. It has played a vital role in rebuilding my confidence, helping me to understand myself more deeply, and to recognise the areas in my life where I had been missing support, clarity, and strength.

Through this course, I've learned to set healthy boundaries with family and friends—something I previously struggled with. I now feel more assertive and capable. For example, I've been able to call and lead meetings with my children's schools without hesitation—something I would never have imagined doing before. These may sound like small moments, but for me, they are major victories.

One of the most empowering outcomes of this journey was feeling strong enough to represent myself in court to apply for an extension of my non-molestation order—without a solicitor—and I won. That experience showed me just how far I've come, and how much strength I've gained from this course and the support around me.

The course also gave me the courage to step further into healing by taking part in additional training focused on Domestic Abuse Awareness. Although I'm not currently in a position to return to work due to my circumstances, I now feel hopeful that in the near future I could volunteer—perhaps with Sutton Women's Centre—and continue building on what I've learned. I'm even looking forward to joining more courses.

Power to Change/Heal hasn't just helped me recover; it has empowered me to grow. I am grateful to Sutton College for running such an essential course—one that speaks directly to women like me who are rebuilding their lives after abuse. The impact this course has had on me personally is profound, and I truly believe it will continue to change lives for many women in the future.

Thank you for giving us this space to heal, learn, and rise again.

Our Programmes

Ask Me Community Domestic Abuse Training

We have continued to run the Ask Me Domestic Abuse Ambassador Scheme in conjunction with Women's Aid.

This programme trains community members to understand and raise awareness about domestic abuse. Communities tend to know first where abuse is happening, and by breaking the silence they can help people experiencing abuse to take the first step towards safety.

The training covers how to raise awareness, how to respond to someone who discloses abuse and where to signpost people.

In the past year we have trained **106** new ambassadors, from communities all over the borough.

We are delighted by the growing diversity of people signing up to the training and the reach that this network of people is now achieving.



98.2% of participants reported that they found the training excellent.



97.6% reported that their understanding of coercive control had increased



88% reported that they now felt confident to start a conversation about domestic abuse



Our Programmes

ESOL Classes

Last year learning continued in our ESOL classes. It was, as always, encouraging to watch the women's confidence improve, with many commenting that the lessons had helped them with their listening and speaking skills, along with their understanding of British Culture.

Beyond the learning, it was good to watch how many women had made friends and were supportive of each other. In one lesson 'R' opened up that she was a survivor of domestic abuse and the class had great advice and wanted to help.

In another class, 'A' was being baptised and the whole class wanted to watch. We met on a Sunday morning, and this really bonded the class. They had many questions the next week too.

In January, the Afghan lessons began, with 6 women attending. Confidence and enthusiasm grew quickly, along with a considerable amount of learning. With two volunteers, the women had a great deal of individual attention.

Feedback from tutor-

"One of my most memorable lessons was when I gave 'S' a book to read. She had been with us a few weeks, had never been to school and was a complete beginner. She found that she could read it, with help, and was so excited she would not stop. In the end Sarah (volunteer) bought her the book!"

Into the Light

We continue to support survivors of Sexual Assault and Childhood Sexual Abuse through the Into the Light programme.

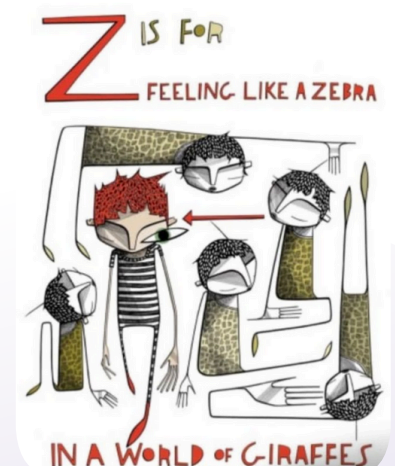
We have provided follow up support for survivors through our The Light Within monthly support group. The programmes went well and feedback was positive so we will continue to source funding for this project.

100% of participants felt they had benefitted from attending the course

100% of participants reported a greater understanding of the impact of their abuse on their lives and relationships

100% felt their negative behaviour patterns had improved, with **67%** noticing a significant improvement

We have worked with these women to create awareness raising events and organised a lunch for Dress Like A Zebra Day on 31st January 2025, with a Zebra themed sweetie jar for everyone who attended.



Our Programmes

Volunteer Legal Support

Since 2018, Sutton Women's Centre has offered free legal advice to women who are navigating some of the most challenging moments of their lives. This service provides vital support in areas such as non-molestation orders, occupation orders, child arrangements, and financial proceedings, as well as general legal advice.

Many of the women who come to us are not eligible for legal aid. Without our support, they would face complex legal processes alone. The guidance they receive empowers them to take their cases to court with confidence and, where necessary, to represent themselves. This not only saves significant legal costs but also ensures they have a fair opportunity to defend and protect themselves during an extremely vulnerable time.

For many, the emotional strength required to face a former partner in court can feel overwhelming. The legal support we offer helps women build the confidence they need to take these steps. In numerous cases, this has enabled them to secure the justice and protection necessary to move forward with their lives.

Our legal service is delivered by a volunteer practising lawyer who provides clear, practical advice. Women are supported to understand their rights, explore their options, and navigate the legal issues that arise. Support ranges from one-off advice sessions in our regular clinic to long-term guidance for cases that may take years to resolve. This includes help with drafting witness statements, completing court forms, and preparing for hearings.

The impact of this service has been profound. It ensures that women accessing Sutton Women's Centre receive holistic, wrap-around support during some of the most difficult periods they will ever face. Feedback from service users has been consistently positive, highlighting the value, reassurance, and empowerment this support provides.

Zumba Classes

Thanks to the ongoing support of Sutton Community Dance, we continue to host a weekly Zumba class that has become a favourite among attendees. The private and welcoming space allows participants to enjoy the freedom and joy of movement in a comfortable and supportive environment.

Food Bank

We continue to support 40 families each week and are grateful to Sainsbury's Sutton for continuing to choose us as their chosen local charity for food donations. We also receive a weekly donation of fresh fruit and vegetables from the Sutton Community Farm and regular donations of vegetables, salad and herbs from Carshalton Community Allotment.

Our Programmes

IRIS

The IRIS programme has been a big success, with over half of the GPs Surgeries in the borough signing up for the project. Our Advocate Educators are doing a great job of supporting the patients who are now being referred into the service, following increased awareness of spotting the signs of domestic abuse from GP Practices

IRIS (Identification Referral to Improve Safety) is a national social enterprise delivered locally to improve the health care response to gender based domestic abuse. We are halfway through 2-year funding stream awarded by the Violence Reduction Unit and managed pan-London by IRISi

Domestic abuse can impact on a person's physical and mental health, and the IRIS model trains health practitioners to recognise early warning signs with patients who may be experiencing domestic abuse. IRIS is evidence based and has been shown to improve referral rates to specialist domestic abuse agencies and to improve recorded identification of patients experiencing domestic abuse

We are delighted to be working in partnership with IRISi nationally and partnering with local GP surgeries. This project provides domestic abuse training for all staff in primary care and follows up with direct referral pathway for patients who have either historically or are currently experiencing domestic abuse.

Within our first year of this project, we have received 67 patient referrals, firmly surpassing our target of 42.

With the oldest person being 75 years old and the youngest being 21 years old, many of our clients are accessing domestic abuse support for the first time. We also have identified there is a wide range of how long a person has been in their abusive relationship, with some being in their relationship for over 30 years. We have also supported a number of women who have been in a forced marriage.

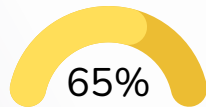
Feedback from patient referrals



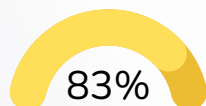
50% Reported an increase in feeling better about themselves



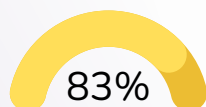
100% Reported feeling listened to by their advocate educator



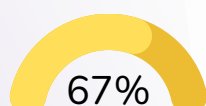
65% Felt more able to cope



83% Felt more optimistic about their futures



83% Felt more confident



67% Felt safer as a result of the support provided

Our Programmes

Clinician Feedback

“The training was so good that when I saw the patient for migraines I thought, stress, home life, I must ask her how things are at home and in her relationship and that is when she shared about her husbands abuse”

“We appreciate this service so much and you being able to see patients at the surgery”

“Thank you for keeping us updated regarding the patient”

“You are doing amazing work supporting our patients”

“Thank you for being flexible with our patients and having the understanding to keep her appointment time open. You have considered when I explained how difficult it is to get her to come in to the surgery. You supported this”

IRIS Health Visitor Project

On the back of the success of this project, we have been given the opportunity to run IRISi's Health Visitor Pilot Project, which starts this month. This Pilot will run in a similar way to the standard IRIS Project, but with an emphasis on supporting health visitors to recognise signs of abuse, and to offer an advocacy service for any patients they refer in to our service.

Our Programmes

Domestic Abuse Support Groups

Support groups continue to take place once a month and are facilitated by a qualified counsellor. Women find this ongoing support invaluable and many still need crisis intervention.

There is also online facilitated support via WhatsApp groups for each programme and a private Facebook page where women can share and receive support.

Weekly Drop In

We continue to run our weekly coffee morning drop in. This is now facilitated by one of our Freedom Programme Facilitators and a qualified IDVA. The sessions are very popular and you can hear them all enjoying themselves.

Computer Classes

Ann, our long-standing computer volunteer retired this year and will be sorely missed. However, we have replaced her sessions with some 6 week beginners computer classes.

Ukrainian and Afghan Communities

This year we have started to work with our local Ukrainian and Afghan Communities who are here on Resettlement Schemes.

We have provided emotional support for our Ukrainian community via our counselling service. We have also built relationships with the community as a whole, delivering outreach, attending their events and a group of their folk musicians performed at one of our Power of Women events.

Our work with the Afghan community has involved providing English classes, connections with a local female GP and a weekly support group. We are also providing them with access to sewing machines as we discovered that they love to socialise whilst sewing or sharing food.



How We Have Involved People From Our Community in The Work That We Do

We offer service users regular opportunities to feedback on the programmes that we offer and to make suggestions for other services or activities they would like us to introduce. The highly popular Gardening Group that has been set up recently is a prime example of groups being led by service user demands.

We also work closely with our local communities, through our community domestic abuse training but also through our outreach work. We have started to build relationships with local high schools and have been to several this year to run an assembly. We also worked with one of the local girls high schools to deliver our community domestic abuse training to some of their sixth form.

We worked with another one of the girls schools to run a young women's empowerment event and then we ran a Youth Safety Event with them, which was attended by another 10 local senior schools. This was very successful and we are planning to run another one with them this coming year.

Our Centre Manager now attends the borough's Neighbourhood Watch meetings as their DA advisor.

We work closely with other local community groups to expand our reach. We have given talks to our local WI's, some faith groups and some other charities. We attended our local youth engagement events and have started to work with our local authority and other local organisations to support Ukrainian and Afghan families that have moved to the area on resettlement programmes.

We send out regular newsletters to our service users and local communities. We attend local events to support and raise awareness. We send out an annual survey to all our partners and stakeholders, to ensure that we hear their voices.

The Differences We Have Made

We regularly monitor all our programmes, to ensure that we are offering the best service possible and meeting our service users ever changing needs.

Outreach Events

We have worked with several of the local senior schools to raise awareness about violence against women and girls (VAWG) and ran our community domestic abuse training for 30 sixth form students at a local school who then established a peer-monitoring programme within the school to support students experiencing unhealthy relationships.

We have worked with our local African and Caribbean Community Group (SACCO), to arrange several events for the women in this community, including a poetry evening and a young women's empowerment event.

Youth Safety Event

We launched our inaugural Youth Safety Event, in conjunction with Sutton High School for Girls, SACCO and the Young Commissioners.

The event was a huge success, with a range of speakers talking on subjects such as spiking, hate crime awareness, healthy relationships, raising awareness on VAWG and bystander training.



Outreach Events

Young Women's Empowerment Event

We are working to build wider relationships with younger women as we have identified that the number of young women experiencing domestic abuse in the borough has increased.

To this end, we organised a Young Women's Empowerment Event, in conjunction with our friends at SACCO and She Is You.

We had a series of speakers and 3 amazing young women performers, plus a young woman who is aspiring to become a DJ, providing some background tunes.



We also worked with local girls high schools in the borough to deliver Empowerment Workshops, in conjunction with our partner organisation, She Is You.



Outreach Events

Resources Days

We have introduced regular Resources Days throughout the year, which provided professionals in the borough with an opportunity to meet our service users and promote the services they can offer. This has been a great way for organisations such as the Police, the Fire Brigade, Social Services and DWP to meet with survivors, build relationships and hear survivors voices, as well as network with other organisations.

Our service users have provided feedback that they hadn't realised how much support there was out there.

"I feel more confident now in reaching out to services for support as I have a face and a name to talk to"



Poetry Evenings



Power of Women Event (POW)



Our POW events continue to be well supported and we run 3 sold out evenings this year.

Outreach Events

International Women's Day

We ran several International Women's Day celebrations this year.

We again worked with the lovely Yani Yordanova of Nova Photo Atelier to build on last year's photographic exhibition and produce some more portraits of Inspirational Women. We held a launch event at Oru to showcase both years' photos.



Outreach Events

Women's Health and Wellbeing Events

In addition to working with GPs through the IRIS Project, we have continued to work collaboratively with local GPs with various health engagement events. These have included Women's Health and Wellbeing and a Menopause event in October.

We have continued to run awareness raising events, and women's empowerment events.

We ran a Menopause Event with local GPs in October, compered by the wonderful Zeph Churchill. The event was a great success and , in addition to covering the menopause, addressed the importance of self-checking for breast cancer.

We ran two other outreach events on the menopause, aimed at areas of the borough and refugee and migrant women, where the local GPs have struggled to get engagement in the past.

We will continue to work with GPs to raise awareness of these important health inequalities and the importance of regular breast and cervical screening.

We also ran a Menopause and Wellbeing Event with local GPs and Sutton Mental Health Foundation aimed at local Muslim women.



16 Days of Activism

We ran a series of events in November and December to mark 16 Days of Activism Against Violence Against Women and Girls. This included some Lunch and Learn sessions on topics such as the Homicide Timeline; Elder Abuse; Bystander Awareness Training; and Child to Parent Abuse.

We were very proud to hold our first Youth Safety Conference, which was attended by 10 of the local senior schools. The event was very successful and we created good partnerships with local schools. We hope to make this a regular event in our calendar.

Fundraising and Donations

We simply could not do what we do without the support of our incredible funders. Their generosity and commitment make it possible for us to provide life-changing services to hundreds of women every year. From core funding that keeps our doors open, to grants that help us launch new programmes and respond to emerging needs, our funders are essential partners in everything we achieve. We are deeply grateful for their belief in our mission and their investment in creating safer, stronger, and more empowered communities for women.

Some of our funders include-

NATIONAL LOTTERY
CITY BRIDGE TRUST
SUTTON COLLEGE
CRANSTOUN SUTTON DASS
LONDON BOROUGH OF
SUTTON
IRIS



Fundraising and Donations

We have continued regular fundraising events and activities

Particular thanks go to

- Sainsbury's Sutton
- Sutton Community Farm
- Carshalton Community Allotment
- Tropic Skin Care
- Cheam and Sutton Rotary
- Carshalton Park Rotary Club,
- Waitrose
- Bob Watson
- Sutton Vineyard Church
- Sutton Car Boot Sale
- Mason's
- Jill Scarlett (Sainsburys community champion) and her mother, Janet
- Carol Brazier – The Ginger Frog
- Sutton High School
- B&Q
- Sound Lounge
- AMRO
- PC Contracting
- Sutton Housing Partnership
- Throwley Yard Cinema
- Oru
- Wallington County Grammar

And to all the wonderful people who have donated through Social Media, visited us at our fundraising events or shaken a bucket alongside us, and those who have donated goods to help us fundraise or to pass directly to Service Users and their children.



Fundraising and Donations

Accompanying Santa and his sleigh with the Carshalton Park Rotary Club



Our Volunteers

Our volunteers are pivotal to our success. From counselling to legal advice, they bring skills and knowledge that we could never hope to buy in. We have 53 voluntary counsellors at the Centre. We are grateful to them not only for the hours they give us but for the way so many of them throw themselves into the life and culture of the Centre.

We would not be able to provide the wide range of support and services without our volunteers. For example, our IT Support and Job Search has been supported by Ann and, our new recruit, Belinda, for the past few years. All have shown a long-term commitment to working with local women and supporting the Centre.

Special thanks

Carol, who runs our weekly drop-in support group, is also pivotal to the work that we do, providing a friendly and supportive space every week for our service users, plus a nice cuppa and cake.

Clare runs our Writing for Wellbeing and Creative Writing courses and, this year, has introduced a new Bibliotherapy Group.

Helen, who has run cookery classes along with Belinda for women to learn to cook easy cost effective meals from scratch.

Our Plans for 2025 – 2026

Our overarching priorities in terms of service delivery are continuing -

- Supporting women to live their lives free of violence
- Enabling women to be economically and socially active
- Supporting mothers in the challenges they face
- Introducing a Women's Safety Charter across the borough and raising awareness of VAWG
- Raise awareness of women's health issues
- Continue to increase our work with survivors of sexual abuse

As a small charity we rely on funding streams to support services for which we have identified a need. This means that the majority of our funding is restricted- with contractual obligations setting out what must be delivered, the time frame and the available resources.

In terms of unrestricted funding, money is raised through fundraising activity but given the nature of this it is impossible to identify what this resource would be throughout the year or make any plans for this.

The Management Committee regularly consider the priorities for unrestricted funds when they become available.

Like many organisations we are not sure what the long-term impact of the Covid-19 pandemic, the Cost of Living Crisis and now the increase in employer NI will have. What we are certain of, is that we have the capacity and skills to quickly flex to meet the needs of local women and design services that meet these needs.



The Women's Centre Sutton

Annual Report 2024 / 2025

“Empowering women to achieve their
full potential”

Charity Registration Number: 294067
Company number 01829008



@suttonwomen



suttonwomen



www.suttonwomen.co.uk

Contents

Financial position.....	1
Statement of Financial Activities	3
Balance Sheet	4
Independent Examiner's Report.....	14

Financial position

The statement of financial activities shows net income/ (outgoings) for the year of £137,996 (2024:-£78,359) and our reserves stand at £605,453 (2024-£467,457) in total, of which £403,202 represents Current Assets and £202,251 represents Fixed Assets.

Tangible Fixed Assets for use by the charity

Details of movements in Fixed Assets are set out in Note 9 of the Accounts.

Reserves

The Trustees recognise the need to ensure adequate resources are held in reserve to account for contractual obligations to staff (i.e. maternity and redundancy pay), contingencies, risk management and any unanticipated reduction in income. The Trustees have agreed a reserves policy in recognition of the risks to our operations if we fail to secure future funding. The reserves policy aims to mitigate these risks. We have one main asset which is our premises, which is owned by Sutton Women's Centre. This puts us in a slightly different position to many charities in that we can keep the Centre open, in some form, with only basic running costs and volunteers. However this means that the major risk to our future is the building itself and as such the potential costs / liability for major work is incorporated into this reserve policy.

Sutton Women's Centre is currently dependent on a variety of funders providing restricted funding to deliver agreed services. This reserves policy does not cover the actual loss from these funding streams once the funding period has ended but rather the reserves required to keep a basic level of service available to local women and to prevent Sutton Women's Centre from closing.

Directors and Trustees

All Directors of the company are also Trustees of the charity, and there have been no other Trustees. All of the Trustees named on page 1 served as detailed. The Board has the power to appoint additional Trustees as it considers fit to do so.

Risk Management

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Trustee's responsibilities in relation to the Financial Statements

The Trustees are required by company law to prepare Financial Statements for each financial year which give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those Financial Statements the Trustees are required to:

- (a)select suitable policies and apply them consistently;
- (b)make judgements and estimates that are reasonable and prudent;
- (c)state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the Financial Statements; and
- (d)prepare the Financial Statements on a going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the Financial Statements comply with the Companies Act 2006.They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiners

A resolution proposing Community action Sutton be re-appointed as Independent Examiners of the charity will be put to the Annual General Meeting.

Approval

This report was approved by the Trustees on 29/01/26 and signed on their behalf by:

Signed by:

9D6C542D6ADE485

.....

Moe Stehfest – Chair

The Women's Centre Sutton

Statement of Financial Activities (including Income & Expenditure Account)

Year ended 31st March 2025

	Note	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
		£	£	£	£
Income from:					
Grants and Donations	2	13,762	296,039	309,801	58,321
Charitable Activities	3	22,069	141,179	163,248	274,957
Investment		917	-	917	385
Total		36,748	437,218	473,966	333,663
Expenditure On:					
Charitable Activities	4	71,509	264,461	335,970	255,305
Total		71,509	264,461	335,970	255,305
Net Income / (expenditure)		(34,761)	172,757	137,996	78,359
Transfers between funds		-	-	-	-
Net Movement in Funds		(34,761)	172,757	137,996	78,359
Reconciliation of funds:					
Total Funds brought forward		394,674	72,783	467,457	243,098
Revaluated reserve brought forward		-	-	-	146,000
Total Funds carried forward		359,913	245,540	605,453	467,457

CONTINUING OPERATIONS

All the activities of the charity are classed as continuing.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the results for the year as set out above

The Women's Centre Sutton

Balance Sheet as at 31st March 2025

	Note	2025 £	2024 £
FIXED ASSETS:			
Tangible Assets	9	202,251	200,075
CURRENT ASSETS:			
Cash at bank and in hand		355,409	293,031
Prepayments	10	667	559
Accrued income	11	117,935	-
Debtors		500	23,000
		<u>474,511</u>	<u>316,590</u>
CREDITORS: Amounts falling due within one year	12	24,361	4,495
Deferred Income	13	46,948	44,713
		<u>71,309</u>	<u>49,208</u>
NET CURRENT ASSETS:		403,202	267,382
TOTAL NET ASSETS		<u><u>605,453</u></u>	<u><u>467,457</u></u>
THE FUNDS OF THE CHARITY:	14		
Other Reserves		54,000	54,000
Restricted Funds		245,540	72,783
Unrestricted Funds		159,913	194,674
Revaluated Reserve		146,000	146,000
TOTAL CHARITY FUNDS		<u><u>605,453</u></u>	<u><u>467,457</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2025. The members have not required the charity to obtain an audit of its Financial Statements for the year ended 31st March 2024 in accordance with Section 476 of the Companies Act 2006

The Directors acknowledge their responsibilities for:

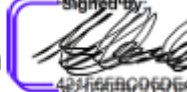
- (i) ensuring that the charity keeps proper accounting records which comply with section 386 of the Companies Act 2006
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of the financial year, financial year and of its profit or loss for each financial year in accordance with the requirements of section 477 of the Companies Act 2006 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements applicable to the company.

Chair – M Stehfest

Signed by: 

9D6C542D6ADE48!

Treasurer – S Qureshiah

Signed by: 

421F6B005054

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025

1. ACCOUNTING POLICIES

1.1a Basis of preparation of Accounts

The financial statements are prepared under the historical cost convention and include the results of the charity's operations which are described in the Directors' and Trustees' Report and all of which are continuing.

The Accounts have been prepared in compliance with the Statement of Recommended Practice on Charity Accounts Accounting and Reporting by Charities (SORP 2005) issued in March 2005, the

Companies Act 2006 and the Financial Reporting Standard for Smaller Entities.

The Charity has taken advantage of the exemption in Financial Reporting Statement No 1 (revised) from the requirement to produce a cash flow statement.

1.1b Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.2 Tangible Fixed Assets and Depreciation

Tangible Fixed Assets are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of Fixed Assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold Property	Not provided
Fixtures & Fittings	25% on reducing balance
Office Equipment	25% on reducing balance

1.3 Incoming Resources

Voluntary income & donations are accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. No permanent endowments have been received in the period, but these are dealt with through the Statement of Financial Activities when received.

The value of services provided by volunteers has not been included in these Accounts.

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025 (cont'd)

1.4 Investments

Investments are stated at market value. Realised and unrealised gains and losses on investments are dealt with in the Statement of Financial Activities. Investment income plus associated tax recoverable is credited to income on an accrual basis, using dividend dates and interest accrued daily.

1.5 Value Added Tax

Value-added tax is not recoverable by the charity, and as such is not included in the relevant costs in the Statement of Financial Activities.

1.6 Resources Expended

Administration expenditure includes all expenditures directly related to the charitable activity which is based within the premises. This includes costs of running office premises, staff salaries for administrative staff and accountancy fees.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the Independent Examination fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

1.7 Fundraising Costs

Fundraising expenditure comprises costs incurred in inducing people and organisations to contribute financially to the charity's work. This includes the cost of advertising for donations and the staging of special fundraising events.

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025 (cont'd)

2. DONATIONS

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Grants	525	296,039	296,564	-
Counselling donations	-	-	-	9,263
Non-Gift Aid	-	-	-	20,832
Grants & donations:LWD Books	-	-	-	393
Grants & donations:Outreach	-	-	-	2,240
Grants & donations:Supervision donations	-	-	-	9,299
Grants & donations:Gift Aid donations	-	-	-	6,316
Other donations	13,237	-	13,237	-
Fundraising	-	-	-	7,562
Gift Aid Reclaimed	-	-	-	2,416
	13,762	296,039	309,801	58,321

All donations are treated as an unrestricted fund. Investment Income is derived from interest receivable on cash deposits.

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025 (cont'd)

3. CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Services	-	141,179	141,179	-
CPD Training	1,320	-	1,320	-
Unrestricted:Donations - Counselling	5,950	-	5,950	-
Unrestricted:Donations - Supervision	8,027	-	8,027	-
Unrestricted:Fundraising Activities	5,834	-	5,834	-
Unrestricted:Room Hire	750	-	750	-
Unrestricted:Sales of Product Income	188	-	188	-
Restricted Funds	-	-	-	1,100
Art therapy	-	-	-	1,000
Awards4All	-	-	-	19,938
City Bridge Trust	-	-	-	18,096
Civil Roots	-	-	-	21,706
IRIS	-	-	-	58,000
LBS Escape the Trap	-	-	-	5,000
LBS Light & Dark Event	-	-	-	4,000
LBS Ukraine	-	-	-	8,206
London Community Foundation	-	-	-	16,269
MOPAC	-	-	-	5,200
National Lottery	-	-	-	51,862
Sutton College	-	-	-	19,540
Sutton Community Fund	-	-	-	800
Transform	-	-	-	44,240
Total	22,069	141,179	163,248	274,957

All grant funding has been treated as a restricted fund.

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025 (cont'd)

4. RESOURCES EXPENDED

	Unrestricted 2025 £	Restricted 2025 £	Total 2025 £	Total 2024 £
DIRECT COSTS				
Accountancy fees	1,350	-	1,350	-
Independent Examination Fees	950	-	950	975
Total Service delivery	-	121,760	121,760	49,908
Project Salary Costs	-	142,701	142,701	-
Staff salaries	9,373	-	9,373	158,950
Staff training	-	-	-	2,295
Supervision	-	-	-	20,863
Telephone	-	-	-	520
Total DIRECT COSTS	11,673	264,461	276,134	233,511
SUPPORT COSTS				
Support Costs:Bank Fees	120	-	120	120
Support Costs:Building Repair & Maintenance	7,018	-	7,018	2,394
Support Costs:Fundraising Costs	2,492	-	2,492	749
Support Costs:Insurance	1,226	-	1,226	1,353
Support Costs:Office/General Administrative Expenses	5,319	-	5,319	-
Support Costs:Operational Licenses	3,974	-	3,974	-
Support Costs:Staff Training	14,058	-	14,058	-
Support Costs:Staff Wellbeing	4,598	-	4,598	-
Support Costs:Subscriptions	17,607	-	17,607	-
Support Costs:Utilities	2,631	-	2,631	-
Support Costs:Water	41	-	41	-
Cleaning	-	-	-	2,457
Computer costs	-	-	-	72
Conference	-	-	-	4,536
Finance costs	-	-	-	205
Light & heat	-	-	-	1,384
Memberships	-	-	-	1,724
Post & stationery	-	-	-	3,123
Rates	-	-	-	1,014
Repairs and maintenance	-	-	-	1,628
Sundry	-	-	-	441
Volunteer expenses	-	-	-	568
Depreciation	750	-	750	25
Total SUPPORT COSTS	59,836	-	59,836	21,794
-	71,509	264,461	335,970	255,305

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025 (cont'd)

5. NET INCOME / (OUTGOING) RESOURCES FOR THE YEAR

	2025	2024
	£	£
Depreciation of tangible fixed assets owned by the charity	750	25
Independent Examiners Fees	975	975
	<u>1,725</u>	<u>1,000</u>

6. STAFF COSTS

	2025	2024
	£	£
Salaries & Social Security Costs	<u>152,075</u>	<u>158,950</u>

No employee received remuneration of more than £43,000.00

The number of employees at the end of the year totalled **10** (2024: 12)

7. TRUSTEE REMUNERATION & RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year. No travel costs were reimbursed to any Trustee during the year (2024 - nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year. (2024 - nil).

8. TAXATION

As a charity The Women's Centre (Sutton) is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives. No tax charges have arisen in the charity.

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025 (cont'd)

9. TANGIBLE FIXED ASSETS

	FREEHOLD PROPERTY	FIXTURES & FITTINGS	COMPUTER EQUIPMENT	TOTALS 2024
	£	£	£	£
COST				
As at 1 April 2024	200,000	10,218	13,495	223,713
Disposals	-	-	-	-
Additions	-	-	2,927	2,927
As at 31 March 2025	200,000	10,218	16,422	226,640
DEPRECIATION				
As at 1 April 2024	-	10,193	13,445	23,638
Disposals	-	-	-	-
Charge for Year	-	6	744	750
At 31 March 2025	-	10,199	14,189	24,388
NET BOOK VALUE				
As at 31 March 2025	200,000	19	2,232	202,251
At 31 March 2024	200,000	25	50	200,075

Freehold Property

There is a charge registered by the London Borough of Sutton against all the charity's property.

Statement of Fair Value given with respect to the charity's operational property

At the instructions on behalf of the Trustees of SWC, the property was evaluated by Derrick Wade Waters Limited for incorporation by the charity into its Annual Report for the period ended 31st March 2023. For accounting purposes, the 'Fair Value' for the property as of 7th December 2022 ('valuation date'/'date of valuation') is fairly stated in the sum of £200,000.

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025 (cont'd)

10. PREPAYMENTS	2025	2025
	£	£
Insurance	667	559
	<u>667</u>	<u>559</u>

11. ACCRUED INCOME	2025	2024
	£	£
Accrued income (Notes)	117,935	-
	<u>117,935</u>	<u>-</u>
Notes:		
Cranstoun	22,120	
IRIS Health-Q4 25/26	18,990	
IRIS 24/25	18,000	
Cranstoun	14,183	
Cranstoun	22,120	
Sutton College	<u>22,522</u>	
	<u>117,935</u>	

12. CREDITORS: Amounts falling due within one year	2025	2024
	£	£
Creditors	18,664	135
Accruals	1,050	1,050
Control accounts	4,647	3,310
	<u>24,361</u>	<u>4,495</u>

13. DEFERRED INCOME	202554	2024
	£	£
National Lottery Grant	46,948	44,713
Apr to Aug		
	<u>46,948</u>	<u>44,713</u>

The Women's Centre Sutton

Notes to the Financial Statements for the Year ended 31st March 2025 (cont'd)

14. MOVEMENT IN FUNDS

	At 31 March 2024	Total Income	Total Expenditures	Funds Transfer	At 31 March 2025
Restricted Funds	£	£	£	£	£
AMRO		5,000	0		5,000
Ashley Foundation	888	-	-888	-	-
Awards4All	15,876	-	-15,876	-	-
City Bridge Trust	180	24,248	-15,545	-	8,883
Community Action Sutton	-	1,000	-1,000	-	-
Cranstoun	7,802	95,290	-44,217	-	58,874
IRIS	37,273	108,990	-38,841	-	107,422
LBS Afghan Support	-	9,570	-4,036		5,534
LBS Escape the Trap	3,800	-	-3,800	-	-
LBS Rebuild	2	-	-2	-	-
LBS Ukraine	7,651	10,820	-12,200	-	6,271
London Community Foundation	422	-	-422	-	-
MOPAC	778	3,000	-1,782	-	1,996
National Lottery	3,845	109,993	-86,891	-	26,947
Provident	270	-	-270	-	-
Restricted Funds	1,100	-	-1,100	-	-
Rosa Fund		150	-150		-
Sainsbury		2,384	-2,384		-
Sutton College	5,611	32,522	-24,588	-	13,545
CASutton Innovation Fund		18,667	-3,203		15,463
Tesco Groundworks	651	1,000	-1,651	-	-
Transform	-15,832	-	-	-	-15,832
Into the Light		14,585	-3,147		11,437
White Ribbon	841	-	-841	-	-
Women In Prison	1,626	-	-1,626	-	-
Total Restricted Funds	72,784	437,218	-264,461	-	245,542
Unrestricted Funds	142,097	36,748	-71,509	-	107,336
General Account	52,577	-	-	-	52,577
Total Unrestricted Funds	194,674	36,748	-71,509	-	159,913
Other Reserve	54,000	-	-	-	54,000
Revaluated Reserve	146,000	-	-	-	146,000
Total Funds	467,457	473,966	-335,970	-	605,453

The Women's Centre Sutton

Independent Examiner's Report on the Accounts for the Year ended 31 March 2025

I report on the accounts for The Women's Centre (Sutton) for the year ended 31st March 2025.

Respective responsibilities of trustees and examiner

The trustees, who are also directors of the company for the purposes of company law, are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed

Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act;
- to follow the procedures laid down in the general directions given by the Charities Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent review

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe, that in any material respect, the requirements have not been met:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the statement of Recommended Practice; Accounting and Reporting by Charities; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Dunstanette Kuti FCCA MCSI
Position: Head of Financial Services
Community Action Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton, Surrey, SM1 3AA

Date: 29/01/26