

The Women's Centre Sutton

Annual Report 2022 / 2023

“Empowering women to achieve their
full potential”



Charity Registration Number: 294067
Company Number: 01829008



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Company number 01829008

CONTENTS

Executive summary	3
Reference and Administrative Information	4
Our Governance	5
Our Aims and Objectives	6
Achievements	7
Volunteers	17
Our Future Plans	18
Funding and Finance	21

Executive Summary

Our world, and the worlds of the women and families who use our services, is changing around us – and we are working hard to respond to, and importantly, anticipate those changes.



Demand for our services has increased by 68% since lockdown and the disruption of the past two years. We are currently working with more than 300 women a week with a waiting list that we are working hard to reduce, by attracting increased resource and funding.

Our Centre staff work tirelessly in real-life roles that far exceed their job descriptions. They are supported by our team of qualified volunteer counsellors (more than 45 at the last count) and by our Centre volunteers, Board of Trustees, and tutors and associates, many of whom are former service-users who now just want to give something back to the Centre that empowered them to move on with their lives.

The notes of thanks we receive are constant reminders of the difference the Centre and those who work in and around it have made to dozens of people every month – providing a safe space, a non-judgemental listening ear and the supported chance to take the first steps to a different life.

Our changing world means we have renewed our commitment to become a learning organisation.

We are strengthening our links with a wide range of Sutton's communities, to understand what our services mean, and should mean, to people from diverse races, nationalities, sexualities, ages and disabilities. We are constantly reviewing and reflecting on our language, from our social media channels to our job adverts, to ensure the words and images we use are welcoming and inclusive.

We have grown our services, especially the provision of English as a Second Language to ensure women who have recently come to the borough are able to access services and become a meaningful part of our community.

This commitment to diversity meant that our celebration for International Women's Day at Cryer Arts this year was an amazing blend of multicultural talent, from our SACCO speakers, to Bhangra dancers to a stunning musical performance by recent arrivees from Hong Kong.

This year also saw us design and develop our Centre strategy. We have also put firm plans in place to attract and retain volunteers to support the work we do, from fundraising to legal advice, from mentoring to media.

Sutton Women's Centre continues to be a place of hard work and hope, of empathy and empowerment. We thank everyone who supports us from the bottom of our hearts.

Sue Davis,
Chair of Trustees

01

Reference and Administrative
Information

CHARITYNUMBER: 294067

REGISTERED NUMBER: 01829008 (England and Wales)
REGISTERED OFFICE
AND PRINCIPAL PLACE
OF BUSINESS:
Sutton
Surrey
SM1 4QL

DATE OF INCORPORATION: 05 March 1984

DIRECTORS : S. Davis

M. Turner
V. Hill

TRUSTEES:

M Turner (Vice-Chair)
V. Hill (Secretary)
M. Stehfest (Treasurer)
L. Noakes
V. Hill
S. Murphy
K. Reid
N. Fadero
G. Oggudah.
S. Qjureshiah!

SENIOR MANAGEMENT TEAM:

L. McGarry
H. Smiles
P. Hennessy

ACCOUNTANTS:

Community Action Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton
SM1 3AA

BANKERS:

CAF Bank Limited
25 Kings Hill Lane
West Malling, Kent ME19

02

Our Governance

I am writing this report as Chair of the Trustees using information supplied by the staff at Sutton Women's Centre.

Susan Davis
Chair of the Trustees

03

Our Aims, Objectives and Outcomes

Our Mission Statement

"Providing a safe, women only space where women can access support, advice, information and education to help them achieve their potential; develop their skills; and live their lives free from domestic abuse."

Our Objectives

Sutton Women's Centre is a unique organisation within the London Borough of Sutton with the capacity, skills and knowledge to design and deliver services to meet the needs of local women. We continue to innovate and have a strong reputation for high quality service delivery. We are strong advocates for services for local women and champion these. We work in partnership with other organisations and are active members of a number of local voluntary sector fora.



Our headline objectives are:

- To support and empower women to increase their confidence and self-esteem and enable them to make positive life decisions for themselves and their children.
- To provide advice to local women to ensure that they are able to access appropriate services, support and increase communication between women

Our Outcomes

- To provide inclusive educational and learning opportunities to improve the life chances of local women and their children, increase their career related skills and enable women to develop the tools they need to be active citizens.
 - To provide information to women that respects their individual needs and improves their life chances, reduces isolation and increases communication between women.
 - To champion the needs of local women to local partners and collaborate to find solutions.
- In line with many other organisations we monitor and evaluate our work. Many of the outcomes we monitor and evaluate are prescribed by funders and commissioners. However, we believe that if we are to ensure we are functioning well as a charity and meeting our charitable objectives we need to have objectives that can demonstrate this. To that end we monitor and evaluate all our work to ensure our work with women:
- Improves their life chances
 - Improves their health and well-being
 - Increases their basic skills
 - Reduces their isolation

04

Our Achievements

The Freedom Programme

We are now into our 13th year of providing the Freedom Programme currently funded by the London Borough of Sutton via the Transform Partnership. To date over 2400 women have completed the programme with us.

The Freedom Programme is a twelve-week domestic abuse group course for women, which covers:

- All aspects of the dominator
- The characteristics that he uses to gain power and control
- The roles played by attitudes and beliefs on the actions of abusive men and the responses of victims and survivors
- The tactics that are involved in the games the dominator plays and the effects that domestic violence has on babies, toddlers, and teenagers.

The Self-Esteem and Mental Health sessions are still proving a very popular addition to the programme.

Women either self-refer or are referred by other agencies to the programme. The majority of our referrals are received from Children's Services, and have Child Protection Plans. Other referrals come from Hestia, NHS services, the police and schools.

We have updated the programme to include a self-esteem week and a week looking at Trauma and Mental Health. The 'Self-Esteem' session was well received. The ladies were open, honest and very brave discussing their mental health. They engaged with the body mapping exercise and produced some fantastic artwork. Feedback was that this session was introduced at the right time and it was lovely to not talk about the dominator and focus on themselves.

We introduced a Young Women's Freedom Programme for those aged 16 to 30, funded through the LBS Rebuild Fund. Feedback was positive and 3 of the young women attended the Power of Women event at the Sound Lounge to be presented with their Certificate of Achievement. We have also set up a weekly young women's support/meet up group. Women from the Freedom Programme Young Women's Group have been attending and it is being facilitated by some of our young counsellors

Ask Me

Service-user story

A joined the Freedom Programme in April. Two years ago she sustained a brain injury and had to relearn to talk and retain words amongst other things. A also has autism. When she first came to the Freedom Programme, she was very quiet and withdrawn. She wouldn't hold eye contact with anyone in the room. During the Freedom Programme, we have watched A blossom into a confident young woman. She has been an integral part of the group and has grown to be happy to share her painful experience. Since beginning the Freedom Programme, A has regained her driving licence which had been withdrawn after suffering her head injury. She now has confidence and is back driving her car. Through sharing her experiences, A found the courage to challenge the police on the way her case was handled. This was helped by the CAB who came to our resources week. Since coming to SWC, A has also joined the art club and the drama group. She stood up on stage at our POW event and recited lines she had learnt in front of a sold out crowd. Our very own "star of the show". Being part of the LGBTQ+ community, A had additional barriers to face. She was able to share these differences in the group and has also given us some material to use to help us make the programme more accessible to the LGBTQ+ community.

We are running the Ask Me Domestic Abuse Ambassador Scheme in conjunction with Women's Aid. This programme trains community members to understand and raise awareness about domestic abuse. Communities tend to know first where abuse is happening and, by breaking the silence they can help people experiencing abuse to take the first step towards safety.

The training covers how to raise awareness, how to respond to someone who discloses abuse and where to signpost people.

We have now trained 160 people, many of whom have signed up to join our network of ambassadors.

98.2% of participants reported that they found the training excellent.
97.6% reported that their understanding of coercive control had increased
88% reported that they now felt confident to start a conversation about domestic abuse

Domestic and Sexual Abuse Counselling

Charity Registration Number: 294067
Company Number: 01829008

We continue to provide one to one counselling service for local women who have experienced domestic/ sexual abuse, 142 women have received counselling with 94 women on the waiting list. This service has now been running for over 13 years with many thanks to funding from the National Lottery. We now have 45 counsellors volunteering for this service. These volunteers come from a mixed background of counselling students looking for a counselling placement as part of their qualification, and fully qualified counsellors who want to give back to their community.

We are finding that many of our counsellors are now staying with us once they are qualified and we can now boast that half our counsellors are fully qualified. We have begun to work more closely with two of our local colleges to provide a placement for trainee counsellors.

Supporting and developing our counsellors

We have increased our number of supervisors to 5. We have provided training in Childhood Sexual Abuse

Counselling Testimonial

I am grateful to Sutton's women centre for providing me with support after what has been a very difficult and traumatic time following a sexual assault. I am glad services like this exist to support women and help them rebuild their lives after experiencing gender-based violence. It seems services like this are few and far between and are such a positive, supportive, and safe space for women who need this the most after experiencing trauma. The specialist knowledge, understanding and refuge has been fundamental to my recovery and getting through what has happened.

I am really grateful to Pauline in particular who has been amazing and always gave me a sense of hope when I needed it the most and was struggling.

Thank you Sutton's Women's Centre for the work you do. I am glad you are there and have the people you do. It has been life changing in the best of ways following what has been one of the darkest times in my life and has really helped me.

Thank you

Workshops and classes

Art for Wellbeing: The art works of the women who attended Art for Wellbeing were exhibited at several art exhibitions and events. We collaborated with other organisations such as Sutton Council, Arts Network Sutton, Carshalton Artists, Honeywood Museum, Whitehall Museum, which brought a great value to the women who attended the classes but also our community and everyone involved. Through "Art Against Domestic Violence" on International Day of Elimination of Violence against Women, we raised awareness in within our community of this important cause.

Breaking the Chains/Let's Create: To promote connection with others, support, outlet for creativity, confidence, explore and understand themselves, breathing and relaxation, positivity.

Why Do I Feel Like This?: Hearing someone say, "This has truly transformed my whole outlook on my life for the better" and another, "I now realise that I don't have to hold myself back any more." One lady shared that she managed to avoid becoming angry in situations that would normally have escalated and would have ruined her weekend, but instead she handled things very differently. Another has said that she has avoided panic attacks taking hold by using a technique shared in a session.

Chaos to Clarity - delegates found the sessions to be like an oasis in their life and a valued chance to truly focus on themselves.

Sewing - the highlight was the class trip to the Fashion and textile museum which gave the learners ideas for future sewing projects and courses. Key successes were supporting learners who may be nervous, new to sewing to finally trying on the completed garment/item. Teaching ESOL learners sewing vocabulary in English.

Zumba – the participants all had a lot of fun and improved their fitness and their co-ordination. An unexpected outcome was that Muslim women felt able to attend and exercise freely without their headscarves as there are no men allowed and no windows. Muslim participants reported really appreciating a safe space to exercise, – all women improved their fitness and co-ordination but our highlights were seeing women from the Muslim community engaging

Domestic Abuse Support Groups

Support groups take place twice a month and are facilitated by a qualified counsellor. Women find this ongoing support invaluable and many still need crisis intervention. There is also online facilitated support via WhatsApp groups for each programme and a private Facebook page where women can share and receive support.

International Women's Day Celebration

We ran a very successful International Women's Day Celebration in March at Cryer Arts, to support the increased number of women who wished to attend. We ran a full range of activities, from art classes to dance, from yoga to music, with a film showing from filmmaker Linzy Attenborough with whom we are developing an ongoing working relationship.

Fundraising and donations

Particular thanks go to

Tropic Skin Care

Cheam and Sutton Rotary

Carshalton Park Rotary Club

Banstead Rotary

Waitrose

Viridian

Bob Watson

Sutton Vineyard Church

Sutton Car Boot Sale

TKMaxx,

Sutton Masonic Hall

The Mark Benevolent Fund

Morden Lodge

Pride of Surrey

Conglave of Surrey

Sutton Car Boot Sales

Barratt Development

Oldfield Partners

Patrick Ryan

Carshalton Boys

Sutton Soup

Jill Scarlett (Sainsburys community champion) and her mother,

And to all the people who have donated anonymously through Facebook, Amazon Smile and PayPal, and those who have donated goods to help us fundraise.

Food Bank

We are currently supporting 40 families each week and have been chosen as the local charity for food donations from Sainsbury's Sutton.

05

Our Volunteers

Our volunteers are pivotal to our success. From counselling to legal advice, they bring skills and knowledge that we could never hope to buy in. We have 45 voluntary counsellors at the Centre. We are grateful to them not only for the hours they give us but for the way so many of them throw themselves into the life and culture of the Centre.

We would not be able to provide the wide range of support and services without our volunteers.

Helping Women with Computing and Job Club Annual Report 2022 / 2023

Myself, Ann Crago Digital Champion (DC) and my colleague, Mary Coleman DC run bespoke 1:1 sessions at the Sutton Women's Centre, primarily helping women learn and improve their computing skills, digital communication and to promote safety and security online. For those who require it, we run Job Club sessions to support women in all aspects preparing for work, either to return to employment, or progression including help with CV's.

An average of 3 women per week attend on a Wednesday.

Weekly, the main tuition topics include learning the MS Office package - Word, PowerPoint, basic Excel skills and email. A popular topic for women to learn and manage is an email account. We have created new email accounts for many. I have set up new laptops for women who have decided to buy their own device, we follow up with help to learn and develop their digital skills and knowledge.

We also provide digital help to complete and submit online forms for state benefits, job applications, online ID verification and recruitment. Mary and I are both CPD trained and experienced DC's but not trained counsellors or advisors. Therefore, we refrain from giving personal advice on content and wording for benefit applications.

Content and application wording on forms must be the person's own expression ready for us to prepare and format for online submission or print for hand delivery.

April 2022 to March 2023 was a busy year.

In addition to 1:1 bespoke computer training, funding from Provident provided an opportunity for us to host 3 x six-week basic computer courses for migrant women and older women to learn and improve their IT skills. The main learning package was in MS Office Skills and email.

The courses were advertised and well attended; most sessions had 4 – 6 people participating. Many of the participants came through the ESOL class or other groups taking place at the centre. Some women responded to advertising in the SWC newsletter and social media.

On the course completion, all participants received a DC signed certificate in achieving Basic Computing Skills.

Historical evidence suggests that women benefit more from individual help. However, to offer a wider choice we welcome more opportunities to host funded group training sessions.

06

Our Future Plans

Our Plans for 2023 – 2024

Our overarching priorities in terms of service delivery are

- Increased access to relevant services with monitored impact
- Building strategic partnerships and alliances
- Increased presence and visibility
- Maintaining a strong, resilient and sustainable organisation.

As a small charity we rely on funding streams to support services for which we have identified a need. This means that the majority of our funding is restricted- with contractual obligations setting out what must be delivered, the time frame and the available resources.

In terms of unrestricted funding, money is raised through fundraising activity but given the nature of this it is impossible to identify what this resource would be throughout the year or make any plans for this.

The Management Committee regularly consider the priorities for unrestricted funds when they become available.

Like many organisations we are not sure what the long-term impact of the Covid-19 pandemic will have. What we are certain of, is that we have the capacity and skills to quickly flex to meet the needs of local women and design services that meet these needs.

07

Our Funding

Transactions and financial position

Financial position

The statement of financial activities shows net income/ (outgoings) for the year of a deficit of £15,562 (2022: Surplus of £33,645) and our reserves stand at £389,098 (2022 £258,660) in total, of which £188,998 represents Current Assets and £200,100 represents Fixed Assets after revaluation.

Tangible Fixed Assets for use by the charity

Details of movements in Fixed Assets are set out in Note 9 of the Accounts.

Reserves

The Trustees recognise the need to ensure adequate resources are held in reserve to account for contractual obligations to staff (i.e. maternity and redundancy pay), contingencies, risk management and any unanticipated reduction in income. The Trustees have agreed a reserves policy in recognition of the risks to our operations if we fail to secure future funding. The reserves policy aims to mitigate these risks. We have one main asset which is our premises, which is owned by Sutton Women's Centre. This puts us in a slightly different position to many charities in that we can keep the Centre open, in some form, with only basic running costs and volunteers. However this means that the major risk to our future is the building itself and as such the potential costs / liability for major work is incorporated into this reserve policy.

Sutton Women's Centre is currently dependent on a variety of funders providing restricted funding to deliver agreed services. This reserves policy does not cover the actual loss from these funding streams once the funding period has ended but rather the reserves required to keep a basic level of service available to local women and to prevent Sutton Women's Centre from closing.

Directors and Trustees

All Directors of the company are also Trustees of the charity, and there have been no other Trustees. All of the Trustees named on page 1 served as detailed. The Board has the power to appoint additional Trustees as it considers fit to do so.

Risk Management

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Trustee's responsibilities in relation to the Financial Statements

The Trustees are required by company law to prepare Financial Statements for each financial year which give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those Financial Statements the Trustees are required to:

- (a) select suitable policies and apply them consistently;
- (b) make judgements and estimates that are reasonable and prudent;
- (c) state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the Financial Statements; and
- (d) prepare the Financial Statements on a going concern basis unless it is inappropriate to assume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the Financial Statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiners

A resolution proposing Community Action Sutton be re-appointed as Independent Examiners of the charity will be put to the Annual General Meeting.

Approval

This report was approved by the Trustees on 13/9/2023 and signed on their behalf by:


Susan Davis - Chair

The Women's Centre Sutton
Statement of Financial Activities (including Income & Expenditure Account)
Year ended 31st March 2023

Note	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
Income from:				
3	-	156,238	156,238	202,183
2	55,561	-	55,561	41,518
	231	-	231	-
Total				
	55,793	156,238	212,031	243,701
Expenditure On:				
	37,822	189,771	227,593	210,056
	-	-	-	-
Total				
4	37,822	189,771	227,593	210,056
Net Income / (expenditure)				
	17,971	(33,532)	(15,562)	33,645
Transfers between funds				
	-	-	-	-
Net Movement in Funds				
	17,971	(33,532)	(15,562)	33,645
Reconciliation of funds:				
	139,834	118,826	258,660	225,015
Total Funds brought forward				
	157,805	85,293	243,098	258,660
Total Funds carried forward				

CONTINUING OPERATIONS

All the activities of the charity are classed as continuing.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the results for the year as set out above

The Women's Centre Sutton
Balance Sheet as at 31st March 2023

Note	2023	2022
	£	£
FIXED ASSETS:		
Tangible Assets	200,100	54,133
9		
CURRENT ASSETS:		
Cash at bank and in hand	168,349	202,717
Prepayments	1,844	-
Accrued income	-	1,940
Debtors	21,954	820
	192,147	205,477
10		
CREDITORS: Amounts falling due within one year	3,149	950
11		
NET CURRENT ASSETS:	188,998	204,527
TOTAL NET ASSETS	389,098	258,660

TOTAL CHARITY FUNDS

Other Reserves	54,000	54,000
Restricted Funds	31,293	64,826
Unrestricted Funds	157,805	139,834
Revaluated Reserve	146,000	-
	389,098	258,660
12		

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charity to obtain an audit of its Financial Statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The Director acknowledges her responsibilities for:

- (i) ensuring that the charity keeps proper accounting records which comply with section 386 of the Companies Act 2006 and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each year, financial year and of its profit or loss for each financial year in accordance with the requirements of sections 394 & 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective 1 January 2015) and with the requirements of the Companies Act 2006 and the Charities Act 2011.

Approved by the Board on

Signed on their behalf by:

Susan Davis –
Chair

Amokegbame Stehfast -
Treasurer

1.1a Basis of preparation of Accounts

The financial statements are prepared under the historical cost convention and include the results of the charity's operations which are described in the Directors' and Trustees' Report and all of which are continuing.

The Accounts have been prepared in compliance with the Statement of Recommended Practice on Charity Accounts Accounting and Reporting by Charities (SORP 2005) issued in March 2005, the Companies Act 2006 and the Financial Reporting Standard for Smaller Entities.

The Charity has taken advantage of the exemption in Financial Reporting Statement No 1 (revised) from the requirement to produce a cash flow statement.

1.1b Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of a grant.

1.2 Tangible Fixed Assets and Depreciation

Tangible Fixed Assets are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of Fixed Assets, less their estimated residual value, over their expected useful lives on the following bases:

Freehold Property	Not provided
Fixtures & Fittings	25% on reducing balance
Office Equipment	25% on reducing balance

1.3 Incoming Resources

Voluntary income & donations are accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. No permanent endowments have been received in the period, but these are dealt with through the Statement of Financial Activities when received.

The value of services provided by volunteers has not been included in these Accounts.

1.4 Investments

Investments are stated at market value. Realised and unrealised gains and losses on investments are dealt with in the Statement of Financial Activities. Investment income plus associated tax recoverable is credited to income on an accrual basis, using dividend dates and interest accrued daily.

1.5 Value Added Tax

Value added tax is not recoverable by the charity, and as such is not included in the relevant costs in the Statement of Financial Activities.

Notes to the Financial Statements (continued)
Year ended 31st March 2022

1.6 Resources Expended
Administration expenditure includes all expenditures directly related to the charitable activity which is based within the premises. This includes costs of running office premises, staff salaries for administrative staff and accountancy fees.
Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the Independent Examination fees and costs linked to the strategic management of the charity.
All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.
1.7 Fundraising Costs
Fundraising expenditure comprises costs incurred in inducing people and organisations to contribute financially to the charity's work. This includes the cost of advertising for donations and the staging of special fundraising events.

2. INCOME FROM GENERATED FUNDS

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
Grants & donations:Counselling	7,316	-	7,316	6,838
donations				
Grants & donations:Non-Gift Aid	22,888	-	22,888	18,782
Grants & donations:LWD Books	422	-	422	341
Grants & donations:Supervision				
donations	6,446	-	6,446	5,330
Grants & donations:Gift Aid donations	3,947	-	3,947	1,331
Other donations	1,641	-	1,641	-
Fundraising	12,902	-	12,902	8,077
Sales	-	-	-	820
Grants (Note 3)	156,238	156,238	156,238	202,183
	55,561	156,238	211,799	243,701

All donations are treated as an unrestricted fund. Investment Income is derived from interest receivable on cash deposits.

Notes to the Financial Statements (continued)
Year ended 31st March 2023

3. GRANTS

Grants were received during the year from the following sources:

	Unrestricted Funds	Restricted Funds	Total Funds 2023	Total Funds 2022
	£	£	£	£
Art Therapy	-	(900)	(900)	-
Ask Me	-	-	-	13,392
Awards4All	-	-	-	9,900
Freedom Programme	-	-	-	50,888
LBS Rebuild	-	-	-	27,366
National Lottery	-	52,452	52,452	51,410
Arts Network	-	1,800	1,800	-
Proident	-	-	-	10,000
Sutton College	-	-	-	20,171
Women In Prison	-	21,980	21,980	5,110
Ashley Foundation	-	-	-	1,920
B & Q	-	-	-	5,000
Masons	-	-	-	4,327
Children In Need Extra Funding	-	6,032	6,032	-
City Bridge Trust	-	27,134	27,134	-
Tesco Groundworks	-	1,000	1,000	-
Transform	-	44,240	44,240	-
General Account	-	-	-	2,700
White Ribbon	-	2,500	2,500	-
	-	156,238	156,238	202,183

All grant funding has been treated as a restricted fund.

4. RESOURCES EXPENDED

	Unrestricted	Restricted	Total	Total
	2023	2023	2023	2022
	£	£	£	£
DIRECT COSTS				
Accountancy fees	198	-	198	517
Creche	-	-	-	60
Independent examination fee	850	-	850	950
Service delivery	(3,354)	49,738	46,385	46,329
Staff salaries	26,435	112,270	138,705	124,907
Staff training	525	-	525	6,270
Supervision	(430)	18,140	17,710	14,530
Telephone	354	297	651	621
SUPPORT COSTS				
Bank charges	72	72	144	192
Building works	1,507	4,097	5,604	4,571
Cleaning	1,169	297	1,466	1,183
Computer costs	836	-	836	624
Depreciation	34	-	34	45
Fundraising costs	1,091	-	1,091	354
Insurance	497	297	794	927
Light & heat	680	297	977	938
Memberships	382	3,150	3,532	642
Post & stationery	2,897	297	3,194	1,567
Rates	563	297	860	704
Repairs and maintenance	1,002	297	1,299	752
Sundry	359	223	582	2,690
Volunteer expenses	434	-	434	684
Workshops	1,720	-	1,720	-
	37,822	189,771	227,593	210,056

5. NET INCOME / (OUTGOING) RESOURCES FOR THE YEAR

	£	£
	2023	2022
Depreciation of tangible fixed assets owned by the charity	34	45
Independent Examiners Fees	850	950
	884	995

6. STAFF COSTS

	£	£
	2023	2022
Salaries & Social Security Costs	138,705	124,907

No employee received remuneration of more than €20,426.

The number of employees at the end of the year totalled 11 (2022: 14)

7. TRUSTEE REMUNERATION & RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year. No travel costs were reimbursed to any Trustee during the year (2022 - nil).
No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year. (2022 - nil).

8. TAXATION

As a charity The Women's Centre (Sutton) is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives. No tax charges have arisen in the charity.

Year ended 31st March 2023

9. TANGIBLE FIXED ASSETS

	FREEHOLD PROPERTY	FIXTURES & FITTINGS	COMPUTER EQUIPMENT	TOTALS
COST	£	£	£	£
As at 1 April 2022	54,000	10,218	13,495	77,713
Revaluation increased 7/12/2022	146,000	-	146,000	-
Disposals	-	-	-	-
Additions	-	-	-	-
As at 31 March 2023	200,000	10,218	13,495	223,713
DEPRECIATION				
As at 1 April 2022	-	10,172	13,407	23,580
Disposals	-	-	-	-
Charge for Year	-	12	22	34
As at 31 March 2023	-	10,184	13,429	23,614
NET BOOK VALUE				
As at 31 March 2023	200,000	34	66	200,100
At 31 March 2022	54,000	46	88	54,133

Freehold Property

There is a charge registered by the London Borough of Sutton against all the charity's property.

At the instructions on behalf of the Trustees of SWC, the property was evaluated by Derrick Wade Waters Limited for incorporation by the charity into its Annual Report for the period ended 31st March 2023. For accounting purposes, the 'Fair Value' for the property as of 7th December 2022 ('valuation date'/'date of valuation') is fairly stated in the sum of £200,000.

10. ACCRUED INCOME

	2023	2022
Accrued income	£	£
	-	1,940
	-	1,940

Notes to the Financial Statements (continued)

Year ended 31st March 2023

11. CREDITORS: Amounts falling due within one year

Other accruals - IE fees
HMRC Control

2023	2022
£	£
950	950
2,199	-
3,149	950

12. MOVEMENT IN FUNDS

At 31 March 2022	£	Total Income	£	Total Expenditures	£	Funds Transfer	At 31 March 2023
Masons	2,429	-	(2,429)	-	-	-	-
Art Therapy	-	(900)	-	-	-	-	(900)
Arts Network	-	1,800	(900)	-	-	-	900
Ashley Foundation	1,920	-	(160)	-	-	-	1,760
Awards4All	4,470	-	(4,470)	-	-	-	-
B & Q	5,000	-	(5,000)	-	-	-	-
Children In Need	223	-	(223)	-	-	-	-
City Bridge Trust	-	6,032	(1,226)	-	-	-	4,806
Civil Roots	-	27,134	(19,838)	-	-	-	7,296
Freedom Programme	869	-	6,933	-	-	-	7,802
Groundworks	500	1,000	(849)	-	-	-	651
LBS Rebuild	19,224	-	(13,263)	-	-	-	5,961
LBS Survivors	-	-	(1)	-	-	-	(1)
National Lottery	16,409	52,452	(61,487)	-	-	-	7,375
Provident	6,544	-	(6,274)	-	-	-	270
Supervision	-	-	(140)	-	-	-	(140)
Sutton College	2,482	21,980	(20,960)	-	-	-	3,502
Transform	-	44,240	(55,044)	-	-	-	(10,804)
White Ribbon	-	2,500	(1,490)	-	-	-	1,010
Women In Prison	4,756	-	(2,950)	-	-	-	1,806
Restricted Funds	64,826	156,238	(189,771)	-	-	-	31,293
Unrestricted Funds	138,963	2,780	354	-	-	-	142,097
General Account	871	53,013	(38,176)	-	-	-	15,708
Total Unrestricted Funds	139,834	55,793	(37,822)	-	-	-	157,805
OTHER RESERVE	54,000	-	-	-	-	-	54,000
Total Funds	258,660	212,031	(227,593)	-	-	-	243,098

Independent Examiner's Report on the Accounts for the Year ended 31 March 2023

I report on the accounts for The Women's Centre (Sutton) for the year ended 31st March 2023.
Respective responsibilities of trustees and examiner
The trustees, who are also directors of the company for the purposes of company law, are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed
Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act
- to follow the procedures laid down in the general directions given by the Charities Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent review

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

In the course of my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe, that in any material respect, the requirements have not been met;
- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the statement of Recommended Practice: Accounting and Reporting by Charities; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Name: Dunsannee Kati FCCA MCISI
Position: Head of Financial Services
Community Action Sutton
Granger Community Centre
73-79 Oakhill Road
Sutton, Surrey, SM1 3AA

Date:

25/9/2023