



The Women's Centre Sutton

Annual Report 2021 / 2022

“Empowering women to achieve their
full potential”

Charity Registration Number: 294067
Company number 01829008



@suttonwomen



suttonwomen



www.suttonwomen.co.uk

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Executive Summary



One in four women will experience abuse in their lifetime. That stark figure is what drives our amazing staff, volunteers, Trustees, partners and supporters

to do outstanding work. And, of course, there is still lots more to do.

After the challenges of the past couple of years, we've been delighted to be able to return to face-to-face business as usual, while constantly keeping abreast of latest health developments to ensure we keep the most vulnerable members of our community safe.

I want to say an early thanks to Kimberley Reed, who took on the role of Chair of Trustees at very short notice, balancing a busy work life and a young family to step up to keep the decision-making process at the Centre on track. Her continued work with the Centre is appreciated and valued by us all. We have also been delighted to welcome many new Trustees to our Board this year, who bring a wealth of experience from a variety of sectors, as well as their enthusiasm and dedication.

Every member of our Team is proud to be building on the strong foundations which were only been made possible by our Centre Manager Liz McGarry and her close colleague Pauline Hennessey.

Heather Smiles has moved into a new role as our Counselling Lead, a job description that, of course, only covers a very small part of her actual contribution. And Kerry Flynn (job title) continues to develop our range of services to

ensure we are able to meet the changing needs of the communities we serve across the London Borough of Sutton.

This year promises to be an exciting one. We have been nominated as one of the Mayor of Sutton's charities, and will be fundraising alongside Maggies at the Marsden with a range of events, from Diwali dinners, Christmas bucket shaking with the Rotary Club's Santa and a major gala dinner in 2023.

We continue to raise our profile in the Borough thanks to a wide range of partners, from Bob Watson, fundraising to provide toys to our youngest users; Sainsburys who nominated us as their charity of the year, boosting supplies to our foodbank; the Sound Lounge who support us with our events and our local Primary Care Network, dedicated GPs with women's health at the heart of their practices.

This list represents a small selection of our partners – to all of you, we couldn't deliver our work without you and you are in our grateful thoughts every day.

We are now finalising our Business Strategy to ensure Sutton Women's Centre continues to deliver the services our users need and are forging stronger links within local communities to ensure that those who need us know we are there. We will continue to empower women across the Borough and look forward to continued success in 2023.

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Reference and Administrative Information

| | |
|---|--|
| CHARITYNUMBER: | 294067 |
| REGISTERED NUMBER: | 01829008 (England and Wales) |
| REGISTERED OFFICE AND PRINCIPAL PLACE OF BUSINESS: | 3 Palmerston Road Sutton Surrey SM1 4QL |
| DATE OF INCORPORATION: | 05 March 1984 |
| DIRECTORS : | S. Davis (appointed 14/05/2022) M.Turner V. Hill |
| TRUSTEES: | K. Coombes (Chair: Appt 04/10/2021) A.Cummins (Chair: resigned 04/10/2021) M Turner (Vice-Chair V. Hill (Secretary) M. Stehfest (Treasurer) C.Williams L. Noakes V. Hill S. Murphy K.Reid A. Shuko |
| SENIOR MANAGEMENT TEAM: | L. McGarry H.Smiles P. Hennessy |
| ACCOUNTANTS: | Community Action Sutton Granfers Community Centre 73-79 Oakhill Road Sutton SM1 3AA |
| BANKERS: | CAF Bank Limited 25 Kings Hill Lane West Malling, Kent ME19 |

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Our Governance

I am writing this report as Chair of the Trustees although I was appointed on 4th May 2022 replacing Kimberley Coombes, appointed Chair on 4th October, resigned on 2nd May, replacing Anna Cummins who resigned on 4th October.

Susan Davis

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Our Aims, Objectives and Outcomes

Our Mission Statement

"Providing a safe, women only space where women can access support, advice, information and education to help them achieve their potential; develop their skills; and live their lives free from domestic abuse."

Our Objectives



Sutton Women's Centre is a unique organisation within the London Borough of Sutton with the capacity, skills and knowledge to design and deliver services to meet the

needs of local women. We continue to innovate and have a strong reputation for high quality service delivery. We are strong advocates for services for local women and champion these. We work in partnership with other organisations and are active members of a number of local voluntary sector fora.

Our headline objectives are:

- To support and empower women to increase their confidence and self-esteem and enable them to make positive life decisions for themselves and their children.
- To provide advice to local women to ensure that they are able to access appropriate services, support and increase communication between women
- To provide inclusive educational and learning opportunities to improve the life chances of local women and their children, increase their career related skills and enable women to develop the tools they need to be active citizens.
- To provide information to women that respects their individual needs and improves their life chances, reduces isolation and increases communication between women.
- To champion the needs of local women to local partners and collaborate to find solutions.

Our Outcomes

In line with many other organisations we monitor and evaluate our work. Many of the outcomes we monitor and evaluate are prescribed by funders and commissioners. However, we believe that if we are to ensure we are functioning well as a charity and meeting our charitable objectives we need to have objectives that can demonstrate this. To that end we monitor and evaluate all our work to ensure our work with women:

- Improves their life chances
- Improves their health and well-being
- Increases their basic skills
- Reduces their Isolation

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Our Achievements

The Freedom Programme

We are now into our 12th year of providing the Freedom Programme currently funded by the London Borough of Sutton via the Transform Partnership. To date over 2000 women have completed the programme with us.

The Freedom Programme is a twelve-week domestic abuse group course for women, which covers:

- All aspects of the dominator
- The characteristics that he uses to gain power and control
- The roles played by attitudes and beliefs on the actions of abusive men and the responses of victims and survivors
- The tactics that are involved in the games the dominator plays and the effects that domestic violence has on babies, toddlers, and teenagers.

Women either self-refer or are referred by other agencies to the programme. The majority of our referrals are received from Children's Services, and have Child Protection Plans. Other referrals come from Hestia, NHS services, the police and schools.

We provided 17 Freedom Programmes this year to deal with the backlog in referrals as a result of Covid. 375 women were referred with 285 women completing the programme.

We have updated the programme to include a self-esteem week and a week looking at Trauma and Mental Health. The 'Self-Esteem' session was well received. We ran this on week 11. Everyone got involved and it was a nice gentle way for the ladies who were more reserved to get involved. The Mental Health session was a huge success. The ladies were open, honest and very brave discussing their mental health. They engaged with the body mapping exercise and produced some fantastic artwork. Feedback was that this session was introduced at the right time and it was lovely to not talk about the dominator and focus on themselves.

We introduced a Young Women's Freedom Programme for those aged 16 to 30, funded through the LBS Rebuild Fund. The programme incorporates the Freedom Programme with self-esteem sessions delivered by She is You (Caroline Odogwu). Feedback was positive and 3 of the young women attended the Power of Women event at the Sound Lounge to be presented with their Certificate of Achievement. We have also set up a weekly young women's support/meet up group. Women from the Freedom Programme Young Women's Group have been attending and it is being facilitated by some of our young counsellors

Service-user story

A joined the Freedom Programme in April. Two years ago she sustained a brain injury and had to relearn to talk and retain words amongst other things. A also has autism. When she first came to the Freedom Programme, she was very quiet and withdrawn. She wouldn't hold eye contact with anyone in the room. During the Freedom Programme, we have watched A blossom into a confident young woman. She has been an integral part of the group and has grown to be happy to share her painful experience. Since beginning the Freedom Programme, A has regained her driving licence which had been withdrawn after suffering her head injury. She now has confidence and is back driving her car. Through sharing her experiences, A found the courage to challenge the police on the way her case was handled. This was helped by the CAB who came to our resources week. Since coming to SWC, A has also joined the art club and the drama group. She stood up on stage at our POW event and recited lines she had learnt in front of a sold out crowd. Our very own "star of the show". Being part of the LGBTQ+ community, A had additional barriers to face. She was able to share these differences in the group and has also given us some material to use to help us make the programme more accessible to the LGBTQ+ community.

Ask Me

We are running the Ask Me Domestic Abuse Ambassador Scheme in conjunction with Women's Aid. This programme trains community members to understand and raise awareness about domestic abuse. Communities tend to know first where abuse is happening and, by breaking the silence they can help people experiencing abuse to take the first step towards safety.

The training covers how to raise awareness, how to respond to someone who discloses abuse and where to signpost people.

In the past year we have trained over 80 people, 73 of whom have signed up to join our network of ambassadors.

98.2% of participants reported that they found the training excellent.

97.6% reported that their understanding of coercive control had increased

88% reported that they now felt confident to start a conversation about domestic abuse

Domestic and Sexual Abuse Counselling

We continue to provide one to one counselling service for local women who have experienced domestic/ sexual abuse, 142 women have received counselling with 94 women on the waiting list. This service has now been running for over 12 years with many thanks to funding from the National Lottery.

We now have 41 counsellors volunteering for this service. These volunteers come from a mixed background of counselling students looking for a counselling placement as part of their qualification, and fully qualified counsellors who want to give back to their community.

We are finding that many of our counsellors are now staying with us once they are qualified and we can now boast that half our counsellors are fully qualified. We have begun to work more closely with two of our local colleges to provide a placement for trainee counsellors.

Supporting and developing our counsellors

We have increased our number of supervisors to 5. We have provided training in Childhood Sexual Abuse

Counselling Testimonial

I am grateful to Sutton's women centre for providing me with support after what has been a very difficult and traumatic time following a sexual assault. I am glad services like this exist to support women and help them rebuild their lives after experiencing gender-based violence. It seems services like this are few and far between and are such a positive, supportive, and safe space for women who need this the most after experiencing trauma. The specialist knowledge, understanding and refuge has been fundamental to my recovery and getting through what has happened.

I am really grateful to Pauline in particular who has been amazing and always gave me a sense of hope when I needed it the most and was struggling.

Thank you Sutton's Women's Centre for the work you do. I am glad you are there and have the people you do. It has been life changing in the best of ways following what has been one of the darkest times in my life and has really helped me.

Thank you

Workshops and classes

Art for Wellbeing: The art works of the women who attended Art for Wellbeing were exhibited at several art exhibitions and events. We collaborated with other organisations such as Sutton Council, Arts Network Sutton, Carshalton Artists, Honeywood Museum, Whitehall Museum, which brought a great value to the women who attended the classes but also our community and everyone involved. Through “**Art Against Domestic Violence**” on International Day of Elimination of Violence against Women, we raised awareness in within our community of this important cause.

Breaking the Chains/Let’s Create: To promote connection with others, support, outlet for creativity, confidence, explore and understand themselves, breathing and relaxation, positivity.

Why Do I Feel Like This?: Hearing someone say, "This has truly transformed my whole outlook on my life for the better" and another, "I now realise that I don't have to hold myself back any more." One lady shared that she managed to avoid becoming angry in situations that would normally have escalated and would have ruined her weekend, but instead she handled things very differently. Another has said that she has avoided panic attacks taking hold by using a technique shared in a session.

Chaos to Clarity - delegates found the sessions to be like an oasis in their life and a valued chance to truly focus on themselves.

Chi-Flow: 100% of all participants stated that it had helped with their stress and improved their physical health.

Sewing - the highlight was the class trip to the Fashion and textile museum which gave the learners ideas for future sewing projects and courses. Key successes were supporting learners who may be nervous, new to sewing to finally trying on the completed garment/item. Teaching ESOL learners sewing vocabulary in English.

Mindful Money - The participants learned the Eight Money Archetypes (Innocent, Victim, Warrior, Martyr, Fool, Creator/Artist, Tyrant and Magician). They increased their confidence and self-esteem to apply the archetypes – to make themselves a priority around your finances. The learners understood the importance of self-care around money. They understood what a healthy relationship with money looks like and as a result, it became very clear what they needed to do to improve that relationship.

Zumba – the participants all had a lot of fun and improved their fitness and their co-ordination. An unexpected outcome was that Muslim women felt able to attend and exercise freely without their headscarves as there are no men allowed and no windows. Muslim participants reported really appreciating a safe space to exercise, – all women improved their fitness and co-ordination but our highlights were seeing women from the Muslim community engaging

Domestic Abuse Support Groups

Support groups take place twice a month and are facilitated by a qualified counsellor. Women find this ongoing support invaluable and many still need crisis intervention. There is also online facilitated support via WhatsApp groups for each programme and a private Facebook page where women can share and receive support.

International Women's Day Celebration

Huge thanks to Heather Smiles and her daughter Bethany we had a very successful event which was spread over two days, 5th & 6th March. 180 women attended the following activities and workshops: BioDanza, Word & Poetry, Drama, Yoga, Mindfulness & Self-compassion and Chi-Flow.

Fundraising and donations

Particular thanks go to

Tropic Skin Care

Cheam and Sutton Rotary

Carshalton Park Rotary Club,

Pilgrim Quilters

Waitrose

Viridian

Bob Watson

Sutton Vineyard Church

Sutton Car Boot Sale

TKMaxx,

Mason's

Jill Scarlett (Sainsburys community champion) and her mother,

Harrodian School

John Boyle

Debbie Bailey

And to all the people who have donated anonymously through Facebook, Amazon Smile and PayPal, and those who have donated goods to help us fundraise.

Food Bank

We are currently supporting 40 families each week and have been chosen as the local charity for food donations from Sainsbury's Sutton

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Our Volunteers

Our volunteers are pivotal to our success. From counselling to legal advice, they bring skills and knowledge that we could never hope to buy in. We have 41 voluntary counsellors at the Centre. We are grateful to them not only for the hours they give us but for the way so many of them throw themselves into the life and culture of the Centre.

We would not be able to provide the wide range of support and services without our volunteers. For example, our IT Support and Job Search has been supported by Ann and Mary for the past few years, both have shown a long-term commitment to working with local women and supporting the Centre.

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Our Future Plans

Our Plans for 2022 – 2023

Our overarching priorities in terms of service delivery are -

- Supporting women to live their lives free of violence
- Enabling women to be economically and socially active
- Supporting mothers in the challenges they face

As a small charity we rely on funding streams to support services for which we have identified a need. This means that the majority of our funding is restricted- with contractual obligations setting out what must be delivered, the time frame and the available resources.

In terms of unrestricted funding, money is raised through fundraising activity but given the nature of this it is impossible to identify what this resource would be throughout the year or make any plans for this.

The Management Committee regularly consider the priorities for unrestricted funds when they become available.

Like many organisations we are not sure what the long-term impact of the Covid-19 pandemic will have. What we are certain of, is that we have the capacity and skills to quickly flex to meet the needs of local women and design services that meet these needs.

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Our Funding

Transactions and financial position

Financial position

The statement of financial activities shows net income/ (outgoings) for the year of £33,645 (2021:-£7,562) and our reserves stand at £258,660 (2021-£225,015) in total, of which £204,527 represents Current Assets and £54,133 represents Fixed Assets.

Tangible Fixed Assets for use by the charity

Details of movements in Fixed Assets are set out in Note 9 of the Accounts.

Reserves

The Trustees recognise the need to ensure adequate resources are held in reserve to account for contractual obligations to staff (i.e. maternity and redundancy pay), contingencies, risk management and any unanticipated reduction in income. The Trustees have agreed a reserves policy in recognition of the risks to our operations if we fail to secure future funding. The reserves policy aims to mitigate these risks. We have one main asset which is our premises, which is owned by Sutton Women's Centre. This puts us in a slightly different position to many charities in that we can keep the Centre open, in some form, with only basic running costs and volunteers. However this means that the major risk to our future is the building itself and as such the potential costs / liability for major work is incorporated into this reserve policy.

Sutton Women's Centre is currently dependent on a variety of funders providing restricted funding to deliver agreed services. This reserves policy does not cover the actual loss from these funding streams once the funding period has ended but rather the reserves required to keep a basic level of service available to local women and to prevent Sutton Women's Centre from closing.

Directors and Trustees

All Directors of the company are also Trustees of the charity, and there have been no other Trustees. All of the Trustees named on page 1 served as detailed. The Board has the power to appoint additional Trustees as it considers fit to do so.

Risk Management

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining reserves at current levels, combined with an annual review of the controls over key financial systems, will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks faced by the charity and confirm that they have established systems to mitigate the significant risks.

Trustee's responsibilities in relation to the Financial Statements

The Trustees are required by company law to prepare Financial Statements for each financial year which give a true and fair view of the financial activities of the charity and of its financial position at the end of that year. In preparing those Financial Statements the Trustees are required to:

- (a) select suitable policies and apply them consistently;
- (b) make judgements and estimates that are reasonable and prudent;
- (c) state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the Financial Statements; and
- (d) prepare the Financial Statements on a going concern basis unless it is inappropriate to assume that the charity will continue in operation.

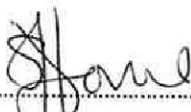
The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the Financial Statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Independent Examiners

A resolution proposing Community action Sutton be re-appointed as Independent Examiners of the charity will be put to the Annual General Meeting.

Approval

This report was approved by the Trustees on xxxxxxx and signed on their behalf by:



Susan Davis - Chair

7/11/2022

The Women's Centre Sutton
Statement of Financial Activities (including Income & Expenditure Account)

Year ended 31st March 2022

| | Note | Unrestricted Funds | Restricted Funds | Total Funds 2022 | Total Funds 2021 |
|------------------------------------|------|-----------------------|---------------------|------------------------|------------------------|
| | | £ | £ | £ | £ |
| Income from: | | | | | |
| Charitable Activities | 3 | 2,700 | 199,483 | 202,183 | 165,460 |
| Donations | 2 | 41,518 | - | 41,518 | 71,961 |
| Total | 2 | 44,218 | 199,483 | 243,701 | 237,421 |
| Expenditure On: | | | | | |
| Charitable Activities | | 44,675 | 165,381 | 210,056 | 229,859 |
| Total | 4 | 44,675 | 165,381 | 210,056 | 229,859 |
| Net Income / (expenditure) | | (457) | 34,102 | 33,645 | 7,562 |
| Transfers between funds | | - | - | - | - |
| Net Movement in Funds | | (457) | 34,102 | 33,645 | 7,562 |
| Reconciliation of funds: | | | | | |
| Total Funds brought forward | | 140,291 | 84,724 | 225,015 | 217,453 |
| Total Funds carried forward | | 139,834 | 118,826 | 258,660 | 225,015 |

CONTINUING OPERATIONS

All the activities of the charity are classed as continuing.

TOTAL RECOGNISED GAINS AND LOSSES

The charity has no recognised gains or losses other than the results for the year as set out above

**The Women's Centre Sutton
Balance Sheet as at 31st March 2022**

| | Note | 2022 £ | 2021 £ |
|--|------|----------------|----------------|
| FIXED ASSETS: | | | |
| Tangible Assets | 9 | 54,133 | 54,178 |
| CURRENT ASSETS: | | | |
| Cash at bank and in hand | | 202,717 | 170,837 |
| Accrued income | 10 | 1,940 | - |
| Debtors | | 820 | - |
| | | <u>205,477</u> | <u>170,837</u> |
| CREDITORS: Amounts falling due within one year | 11 | 950 | - |
| NET CURRENT ASSETS: | | <u>204,527</u> | <u>170,837</u> |
| NET ASSETS | | <u>258,660</u> | <u>225,015</u> |
| FUNDS | 12 | | |
| Other Reserves | | 54,000 | 54,000 |
| Restricted Funds | | 64,826 | 30,724 |
| Unrestricted Funds | | <u>139,834</u> | <u>140,291</u> |
| | | <u>258,660</u> | <u>225,015</u> |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the charity to obtain an audit of its Financial Statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The Director acknowledges her responsibilities for:

- (i) ensuring that the charity keeps proper accounting records which comply with section 386 of the Companies Act 2006 and
- (ii) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each year, financial year and of its profit or loss for each financial year in accordance with the requirements of sections 394 & 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These financial statements have been prepared in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE) (effective 1 January 2015) and with the requirements of the Companies Act 2006 and the Charities Act 2011.


Approved by the Board on

7. 11. 2022

Signed on their behalf by:

Susan Davis –
Chair




Amokegbame Stehfast -
Treasurer

Notes to the Financial Statements

Year ended 31st March 2022

1.1a Basis of preparation of Accounts

The financial statements are prepared under the historical cost convention and include the results of the charity's operations which are described in the Directors' and Trustees' Report and all of which are continuing.

The Accounts have been prepared in compliance with the Statement of Recommended Practice on Charity Accounts Accounting and Reporting by Charities (SORP 2005) issued in March 2005, the Companies Act 2006 and the Financial Reporting Standard for Smaller Entities.

The Charity has taken advantage of the exemption in Financial Reporting Statement No 1 (revised) from the requirement to produce a cash flow statement.

1.1b Fund Accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of a grant

1.2 Tangible Fixed Assets and Depreciation

Tangible Fixed Assets are stated at cost less depreciation.

Depreciation is provided at rates calculated to write off the cost or valuation of Fixed Assets, less their estimated residual value, over their expected useful lives on the following bases:

| | |
|---------------------|-------------------------|
| Freehold Property | Not provided |
| Fixtures & Fittings | 25% on reducing balance |
| Office Equipment | 25% on reducing balance |

1.3 Incoming Resources

Voluntary income & donations are accounted for as received by the charity. The income from fundraising ventures is shown gross, with the associated costs included in fundraising costs. No permanent endowments have been received in the period, but these are dealt with through the Statement of Financial Activities when received.

The value of services provided by volunteers has not been included in these Accounts.

Notes to the Financial Statements (continued)
Year ended 31st March 2022

1.4 Investments

Investments are stated at market value. Realised and unrealised gains and losses on investments are dealt with in the Statement of Financial Activities. Investment income plus associated tax recoverable is credited to income on an accruals basis, using dividend dates and interest accrued daily.

1.5 Value Added Tax

Value added tax is not recoverable by the charity, and as such is not included in the relevant costs in the Statement of Financial Activities.

1.6 Resources Expended

Administration expenditure includes all expenditure directly related to the charitable activity which is based within the premises. This includes costs of running office premises, staff salaries for administrative staff and accountancy fees.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the Independent Examination fees and costs linked to the strategic management of the charity.

All costs are allocated between the expenditure categories of the SOFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly.

1.7 Fundraising Costs

Fundraising expenditure comprises costs incurred in inducing people and organisations to contribute financially to the charity's work. This includes the cost of advertising for donations and the staging of special fundraising events

Notes to the Financial Statements (continued)
Year ended 31st March 2022

2 .INCOME FROM GENERATED FUNDS

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|--|----------------------------|--------------------------|--------------------------|--------------------------|
| Charitable Activities: | | | | |
| Grants & donations | - | - | - | 21,751 |
| Grants & donations:Counselling donations | 6,838 | - | 6,838 | 3,750 |
| Grants & donations:Non-Gift Aid | 18,782 | - | 18,782 | - |
| Grants & donations:LWD Books | 341 | - | 341 | 370 |
| Grants & donations:Supervision donations | 5,330 | - | 5,330 | 6,600 |
| Grants & donations:Gift Aid donations | 1,331 | - | 1,331 | 2,128 |
| HMRC Job RS | - | - | - | 15,052 |
| Fundraising | 8,077 | - | 8,077 | 22,309 |
| Sales | 820 | - | 820 | - |
| Grants (Note 3) | 2,700 | 199,483 | 202,183 | 165,460 |
| | 44,218 | 199,483 | 243,701 | 237,421 |

All donations are treated as an unrestricted fund. Investment Income is derived from interest receivable on cash deposits.

3. GRANTS

Grants were received during the year from the following sources:

| | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2022 £ | Total Funds 2021 £ |
|---------------------------------|----------------------------|--------------------------|--------------------------|--------------------------|
| Art Therapy | - | - | - | 1,000 |
| Ask Me | - | 13,392 | 13,392 | - |
| Awards4All | - | 9,900 | 9,900 | - |
| Freedom Programme | - | 50,888 | 50,888 | - |
| LBS Rebuild | - | 27,366 | 27,366 | - |
| National Lottery | - | 51,410 | 51,410 | 50,412 |
| Provident | - | 10,000 | 10,000 | - |
| Sutton College | - | 20,171 | 20,171 | 9,291 |
| Women In Prison | - | 5,110 | 5,110 | 13,063 |
| Ashley Foundation | - | 1,920 | 1,920 | - |
| B & Q | - | 5,000 | 5,000 | - |
| Masons | - | 4,327 | 4,327 | - |
| Children In Need | - | - | - | 4,996 |
| Children In Need Extra Funding | - | - | - | 3,000 |
| Community Action Sutton Rebuild | - | - | - | 10,000 |
| Community Action Sutton COVID19 | - | - | - | 1,300 |
| London Funders Wave3 | - | - | - | 9,990 |
| Ministry of Justice | - | - | - | 2,450 |
| National Lottery COVID Fund | - | - | - | 2,882 |
| Neighbourly Com Fund | - | - | - | 400 |
| Sutton College Bid | - | - | - | 4,494 |
| Sutton College ESOL | - | - | - | 288 |
| Tesco Groundworks | - | - | - | 500 |
| Transform | - | - | - | 44,240 |
| Transform MOPAC | - | - | - | 7,155 |
| General Account | 2,700 | - | 2,700 | - |
| | 2,700 | 199,483 | 202,183 | 165,460 |

All grant funding has been treated as a restricted fund.

Notes to the Financial Statements (continued)

Year ended 31st March 2022

4. RESOURCES EXPENDED

| | Unrestricted | Restricted | Total | Total |
|-------------------------|--------------|------------|---------|---------|
| | 2022 | 2022 | 2022 | 2021 |
| | £ | £ | £ | £ |
| DIRECT COSTS | | | | |
| Accountancy fees | 517 | - | 517 | - |
| Creche | 60 | - | 60 | 82 |
| Service delivery | (5,036) | 51,365 | 46,329 | 9,078 |
| Staff salaries | 34,919 | 89,988 | 124,907 | 124,492 |
| Staff training | 1,670 | 4,600 | 6,270 | 1,589 |
| Supervision | (140) | 14,670 | 14,530 | 15,010 |
| Telephone | 621 | - | 621 | 558 |
| SUPPORT COSTS | | | | |
| Bank charges | 96 | 96 | 192 | 138 |
| Building works | 4,229 | 342 | 4,571 | 45,484 |
| Cleaning | 1,183 | - | 1,183 | 880 |
| Computer costs | 624 | - | 624 | - |
| Depreciation | 45 | - | 45 | 59 |
| Fundraising costs | 354 | - | 354 | 200 |
| Insurance | 927 | - | 927 | 1,114 |
| Light & heat | 938 | - | 938 | 819 |
| Memberships | 642 | - | 642 | - |
| Post & stationery | 1,567 | - | 1,567 | 1,953 |
| Rates | 704 | - | 704 | 792 |
| Repairs and maintenance | 752 | - | 752 | 7,299 |
| Sundry | (1,630) | 4,320 | 2,690 | 171 |
| Volunteer expenses | 684 | - | 684 | 392 |
| COVID | - | - | - | 3,279 |
| WORKSHOPS | - | - | - | 15,760 |
| IND EXAMINERS FEES | 950 | - | 950 | 710 |
| | 44,675 | 165,381 | 210,056 | 229,859 |

Notes to the Financial Statements (continued)
Year ended 31st March 2022

5. NET INCOME / (OUTGOING) RESOURCES FOR THE YEAR

This is stated after charging:

Depreciation of tangible fixed assets owned by the charity
Independent Examiners Fees

| 2022 | 2021 |
|-------------|-------------|
| £ | £ |
| 45 | 59 |
| 950 | 710 |
| 995 | 769 |

6. STAFF COSTS

Salaries & Social Security Costs

| 2022 | 2021 |
|-------------|-------------|
| £ | £ |
| 124,907 | 124,492 |

No employee received remuneration of more than £20,426.

The number of employees at the end of the year totalled **14** (2021: 14)

7. TRUSTEE REMUNERATION & RELATED PARTY TRANSACTIONS

No members of the management committee received any remuneration during the year. No travel costs were reimbursed to any Trustee during the year (2021 - nil).

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity during the year. (2021 - nil).

8. TAXATION

As a charity The Women's Centre (Sutton) is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives. No tax charges have arisen in the charity.

Notes to the Financial Statements (continued)
Year ended 31st March 2022

9. TANGIBLE FIXED ASSETS

| | FREEHOLD PROPERTY | FIXTURES & FITTINGS | COMPUTER EQUIPMENT | TOTALS 2022 | TOTALS 2021 |
|----------------------------|------------------------------|--|-------------------------------|------------------------|------------------------|
| | £ | £ | £ | £ | £ |
| COST | | | | | |
| As at 1 April 2021 | 54,000 | 10,218 | 13,495 | 77,713 | 77,713 |
| Disposals | - | - | - | - | 0 |
| Additions | - | - | - | - | 0 |
| As at 31 March 2022 | 54,000 | 10,218 | 13,495 | 77,713 | 77,713 |
| DEPRECIATION | | | | | |
| As at 1 April 2021 | - | 10,156 | 13,378 | 23,535 | 23,476 |
| Disposals | - | - | - | - | 0 |
| Charge for Year | - | 16 | 29 | 45 | 59 |
| At 31 March 2022 | - | 10,172 | 13,407 | 23,580 | 23,535 |
| NET BOOK VALUE | | | | | |
| As at 31 March 2022 | 54,000 | 46 | 88 | 54,133 | 54,178 |
| At 31 March 2021 | 54,000 | 62 | 117 | 54,178 | 54,238 |

Freehold Property

There is a charge registered by the London Borough of Sutton against all the charity's property.

10. ACCRUED INCOME

| | 2022 | 2021 |
|----------------|--------------|-------------|
| | £ | £ |
| Accrued income | 1,940 | - |
| | 1,940 | - |

11. CREDITORS: Amounts falling due within one year

| | 2022 | 2021 |
|-----------|-------------|-------------|
| | £ | £ |
| Creditors | 950 | - |
| | 950 | - |

Notes to the Financial Statements (continued)
Year ended 31st March 2022

11. MOVEMENT IN FUNDS

| | At 31 March 2021 | Total Income | Total Expenditures | Funds Transfer | At 31 March 2022 |
|---------------------------------------|---------------------------------|-------------------------|-------------------------------|---------------------------|---------------------------------|
| | £ | £ | £ | £ | £ |
| Art Therapy | 1,000 | - | (1,000) | - | - |
| Ask Me | - | 13,392 | (13,392) | - | - |
| Awards4All | - | 9,900 | (5,430) | - | 4,470 |
| Freedom Programme | - | 50,888 | (57,821) | - | (6,933) |
| LBS Rebuild | - | 27,366 | (8,143) | - | 19,223 |
| National Lottery | 14,324 | 51,410 | (49,464) | - | 16,269 |
| NHS | 3,316 | - | (3,316) | - | - |
| Provident | - | 10,000 | (3,456) | - | 6,544 |
| Supervision | - | - | 140 | - | 140 |
| Sutton College | - | 20,171 | (16,528) | - | 3,643 |
| Women In Prison | 4,280 | 5,110 | (4,634) | - | 4,756 |
| Restricted Funds Ashley Foundation | - | 1,920 | (440) | - | 1,480 |
| Restricted Funds B & Q | - | 5,000 | - | - | 5,000 |
| Restricted Funds Masons | - | 4,327 | (1,898) | - | 2,429 |
| Transform | 7,802 | - | - | - | 7,802 |
| LBS Survivors | 1 | - | - | - | 1 |
| CHILDREN IN NEED | 223 | - | - | - | 223 |
| Sutton College Bid 2 | (1,161) | - | - | - | (1,161) |
| Ashley Foundation | 440 | - | - | - | 440 |
| Tesco Groundworks | 500 | - | - | - | 500 |
| Restricted Funds | 30,724 | 199,483 | (165,381) | - | 64,826 |
| Unrestricted Funds | 140,291 | - | (1,328) | - | 138,963 |
| General Account | - | 44,218 | (43,347) | - | 871 |
| Unrestricted Funds | 140,291 | 44,218 | (43,347) | - | 139,834 |
| OTHER RESERVE | 54,000 | - | - | - | 54,000 |
| Total Funds | 225,015 | 243,701 | (210,056) | - | 258,660 |

Independent Examiner's Report on the Accounts for the Year ended 31 March 2022

I report on the accounts for The Women's Centre (Sutton) for the year ended 31st March 2022.

Respective responsibilities of trustees and examiner

The trustees, who are also directors of the company for the purposes of company law, are responsible for the preparation of the financial statements. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an Independent Examination is needed

Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act;
- to follow the procedures laid down in the general directions given by the Charities Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent review

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair" view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe, that in any material respect, the requirements have not been met:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the statement of Recommended Practice; Accounting and Reporting by Charities; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Name: Dunstanette Kuti FCCA MCS1
Position: Head of Financial Services
Community Action Sutton
Granfers Community Centre
73-79 Oakhill Road
Sutton, Surrey, SM1 3AA

Date:

8th November 2022