

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**for the Year Ended 31 December 2022**  
**for**  
**The Calm Trust**

Monahans  
Chartered Accountants  
Hermes House  
Fire Fly Avenue  
Swindon  
Wiltshire  
SN2 2GA

**The Calm Trust**

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**for the Year Ended 31 December 2022**

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**The Calm Trust**

**Report of the Trustees**  
**for the Year Ended 31 December 2022**

The trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**OBJECTIVES AND ACTIVITIES**

**Objectives and aims**

The charity's objects and principal activities are to:

- support the children and families associated with the treatment of cancer or leukaemia.

**Significant activities**

The main areas of charitable activity are the provision of counselling, advice and information and support the families and children.

**Public benefit**

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. The trustees consider that they have acted in the public benefit.

## The Calm Trust

### Report of the Trustees for the Year Ended 31 December 2022

#### **ACHIEVEMENT AND PERFORMANCE**

After the difficulties and challenges created by the Covid-19 pandemic, The CALM Trust was able to return to more recognisable ways of working again in 2022. This included the return of more face-to-face support and a greater number of social activities and fundraising. This has allowed us to once again step up the valuable support to families with a child diagnosed with cancer or leukaemia and receiving care at the Great Western Hospital in Swindon.

As has always been the case, CALM charity continues to be run by a committee made up of parents who've had a child diagnosed with a form of cancer, and therefore understand the issues, concerns and demands placed on the families we support.

As a charity we have remained committed to providing emotional, practical and financial support, as well as social activities and the opportunity for families to make the most of the breaks between hospital appointments.

During 2022, CALM was able to offer a full season of convalescent family holiday breaks at a choice of South Cerney in Gloucestershire, Weymouth in Dorset and Tenby in South Wales. All three caravan holiday homes were used extensively.

The end to lockdown restrictions and return to normality allowed CALM to increase the number of social events and day trips. These included a coach trip to Longleat Safari Park, a trip to Swindon Comic Con and a coach trip to the Disney production of Beauty and the Beast in Bristol. We bought tickets for our families to see Nurse Helen perform in a number of productions put on by the Wootton Bassett Light Operatic Society (WNBOS).

Our on-treatment families were also invited to the Christmas pantomime at the Wyvern Theatre in Swindon and during the summer some of our on-treatment families were also invited to take part in 'A Night at the Zoo', a special behind the scenes event at the Cotswold Wildlife Park.

Around 30 children attended the Children's Christmas Party, which was supported by the Swindon Freemason Society and Aldi. A teenager's Christmas party was held with a meal out followed by a visit to the cinema. In addition, we held a number of coffee and play mornings, delivered Easter Eggs to all on treatment families (thanks to Iceland, GXO and First City Nursing) and we were also able to offer our families passes to use for days out at Bristol Zoo and the Bristol Wildplace project.

CALM has maintained its close links with the local medical teams. Nurse Helen Good, who continues to play a key role in providing care and support for our families, as well as being our main liaison with the Great Western Hospital team. CALM also continues to support and fund care packages for our families, including sweets and treats that clinic volunteer Lynda McMahon can hand to children when they attend appointments.

CALM continues to work in partnership with other charities that assist our families. We are grateful to CLIC Sargent for providing Social Workers at the main regional centres in Oxford & Bristol. CALM is also thankful to the work of several children's hospice organisations in our area, including Julia's House and Jessie May. CALM continues to benefit from support from other charitable groups including the Fat Boys charity, which presented Christmas presents to some of our families.

CALM has also continued to support Chloe's Fight with Ewings, a charity set up in memory of Chloe Venton from Swindon. During the first half of 2022 we were also able to support the Nordoff Robbins charity to provide music therapy sessions on the Children's Ward at the Great Western Hospital in Swindon.

Significantly on the fundraising front, we were able to hold our annual charity Golf Day at Wrag Barn Golf Club for the first time in three years. This was our 27th annual Golf Day and following the Covid enforced break and the sad loss of organiser John Lyford in November 2021, the event was a huge success with our biggest field of teams for a long time. A trophy for the best player was dedicated in John's memory. Our own committee led fundraising has included selling tickets for Swindon's Famous Duck Race and a bucket collection at the Morrison's supermarket in Haydon Wick in December.

Businesses have once again played a key role in raising money for CALM. The following are some of the companies that have supported CALM in 2022: Nominet, Iceland Distribution Centres (GXO), Amazon, Sollertis (OneBot), Primary Insurance, Nationwide Building Society, Aldi Regional Distribution Centre, Learning Curve Day Nursery, Excalibur Communications, Kingsdown Crematorium, Laser Quest, First City Nursing, Coatstone Surfacing, Ceva Logistics, Lou's Flower Box, and Holiday Inn Express. Many other businesses supported CALM through donations for the Golf Day and other requests for raffle and auction prizes.

CALM has also received support from community groups and individuals: Swindon Freemasons, Rotary Club of Swindon (Old Town), Broome Manor Golf Club, Dragon Christmas sale, Wanborough Farmers Market, Richie Birke, Daniel's cake sale, Bradon Forest School, Nova Hreod School, Poppydown Quilters, North Wilts Youth Football League, Philip Leppard, Adam Cunningham & George Tucker

## **The Calm Trust**

### **Report of the Trustees** **for the Year Ended 31 December 2022**

A number of our families (and their friends) have also held fundraising events or taken part in challenges for us. These include: Liam Kearns (rowing the River Thames), Amy Carter (in memory of Jack Clifford), Melissa Robinson (sponsored haircut), The Playden sponsored walk, Cat Bunce (fundraising in memory Daniel Fagan) and Lindsey Furness (Great North Swim).

CALM continues to keep families up-to-date with events via e-mails, with a continued use of social media (Facebook and Twitter) to share our achievements and successes.

During 2022, CALM was able to celebrate a number of children successfully completing their treatment. At the same time new families went through the trauma of learning their child had a form of cancer or leukaemia. The charity provided assistance and support to all families with a child on treatment. As well as the support detailed above; the charity also continues to have a policy of continuing to invite families to be part of CALM following the conclusion of treatment.

CALM continues to have a policy of keeping cash reserves in place for difficult times. This policy played a key role in helping the charity through the Covid-19 pandemic. It continues to be our aim to have two years' worth of funding in reserve. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

Our committee has worked hard to organise fundraising and social events. To ensure the charity can continue to move forward it remains important that we continue to encourage more parents to volunteer to take part in fundraising events and to consider joining the committee.

In October we were dealt a devastating blow with the sudden death of our friend and colleague Lucy Young. For more than a decade Lucy was the beating heart of our charity serving as both charity Secretary and then Treasurer. She was a wonderful friend, always there with encouragement, love and support. Even when she was struggling with her own health, she never complained and continued to put others first. Our love, thoughts and sympathies are with her family.

#### **FINANCIAL REVIEW**

##### **Financial position**

At 31 December 2022 the charity had total funds of £253,885, of which £37,273 are held as fixed assets and £10,000 as restricted funds. Free reserves are £206,612.

##### **Reserves policy**

Financially CALM continues to live within its means and continues to take a prudent view of holding at least two years worth of running costs as cash reserves. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

#### **FUTURE PLANS**

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

#### **STRUCTURE, GOVERNANCE AND MANAGEMENT**

##### **Governing document**

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation was registered in 1985.

##### **Recruitment and appointment of new trustees**

The Management Committee are not charity trustees for the purposes of charity law. Under the requirements of the Trust Deed the members of the Management Committee are all volunteers and are confirmed at the Annual General Meeting.

The trustees are already familiar with the practical work of the charity.

##### **Organisational structure**

The CALM Trust has a Management Committee of up to 16 members who meet most months and are responsible for the strategic direction and policy of the charity. The Secretary also sits on the Committee. A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair.

#### **REFERENCE AND ADMINISTRATIVE DETAILS**

##### **Registered Charity number**

292318

**The Calm Trust**

**Report of the Trustees**  
**for the Year Ended 31 December 2022**

**Principal address**

52 Cornflower Road  
Haydon Wick  
Swindon  
SN25 1SA

**Trustees**

J Bridgeman  
P Cowan  
K Jennings

**Management Committee**

As of 31st December 2022 the management committee list was:

|                |           |
|----------------|-----------|
| Mr R Crowley   | Chairman  |
| Mrs S McGill   | Secretary |
| Mrs A Buckley  |           |
| Mrs B Bull     |           |
| Mr C Bull      |           |
| Mr R Burke     |           |
| Mr A Coward    |           |
| Mrs E Dancey   |           |
| Mrs S Lewis    |           |
| Mrs S Motture  |           |
| Mrs A Oswin    |           |
| Mrs D Renard   |           |
| Mrs F Robinson |           |
| Mr D Rodgers   |           |
| Mrs C Shurmer  |           |
| Mrs H Steward  |           |

During 2023, Mr R Burke has left & Mr N Brookes has joined.

**Independent Examiner**

James Gare FCA DChA  
Monahans  
Chartered Accountants  
Hermes House  
Fire Fly Avenue  
Swindon  
Wiltshire  
SN2 2GA

**Solicitors**

Bevirs Solicitors,  
36 Regent Circus,  
Swindon,  
SN1 1UQ

**Bankers**

Barclays Bank plc,  
Regent Street,  
Swindon,  
SN1 1QB

Approved by order of the board of trustees on ..... 11/10/23 ..... and signed on its behalf by:

  
.....  
J Bridgeman - Trustee

**Independent Examiner's Report to the Trustees of  
The Calm Trust**

**Independent examiner's report to the trustees of The Calm Trust**

I report to the charity trustees on my examination of the accounts of The Calm Trust (the Trust) for the year ended 31 December 2022.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Monahans provide book-keeping services to The Calm Trust. The examiner has applied the FRC's Revised Ethical Standard in regard to these services.



James Gare FCA DChA

Monahans  
Chartered Accountants  
Hermes House  
Fire Fly Avenue  
Swindon  
Wiltshire  
SN2 2GA

Date: 19 October 2023 .....

**The Calm Trust**

**Statement of Financial Activities**  
**for the Year Ended 31 December 2022**

|                                    | Notes | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|------------------------------------|-------|---------------------------|--------------------------|-----------------------------|-----------------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |       |                           |                          |                             |                             |
| Donations and legacies             | 2     | 69,866                    | -                        | 69,866                      | 57,325                      |
| Other trading activities           | 3     | 16,188                    | -                        | 16,188                      | 1,001                       |
| Investment income                  | 4     | 147                       | -                        | 147                         | 187                         |
| <b>Total</b>                       |       | <u>86,201</u>             | <u>-</u>                 | <u>86,201</u>               | <u>58,513</u>               |
| <b>EXPENDITURE ON</b>              |       |                           |                          |                             |                             |
| Raising funds                      | 5     | 7,470                     | -                        | 7,470                       | 250                         |
| Charitable activities              | 6     |                           |                          |                             |                             |
| Support activities                 |       | 67,256                    | 1,391                    | 68,647                      | 65,784                      |
| <b>Total</b>                       |       | <u>74,726</u>             | <u>1,391</u>             | <u>76,117</u>               | <u>66,034</u>               |
| <b>NET INCOME/(EXPENDITURE)</b>    |       | 11,475                    | (1,391)                  | 10,084                      | (7,521)                     |
| <b>RECONCILIATION OF FUNDS</b>     |       |                           |                          |                             |                             |
| Total funds brought forward        |       | 232,410                   | 11,391                   | 243,801                     | 251,322                     |
| <b>TOTAL FUNDS CARRIED FORWARD</b> |       | <u>243,885</u>            | <u>10,000</u>            | <u>253,885</u>              | <u>243,801</u>              |



**The Calm Trust**


**Balance Sheet**  
**31 December 2022**

|  | Notes | 2022<br>£      | 2021<br>£      |
|--|-------|----------------|----------------|
| <b>FIXED ASSETS</b>                          |       |                |                |
| Tangible assets                              | 11    | 37,273         | 49,725         |
| <b>CURRENT ASSETS</b>                        |       |                |                |
| Stocks                                       | 12    | 1,848          | 2,258          |
| Debtors                                      | 13    | 1,043          | 20,722         |
| Cash at bank and in hand                     |       | 215,146        | 173,223        |
|  |       | <u>218,037</u> | <u>196,203</u> |
| <b>CREDITORS</b>                             |       |                |                |
| Amounts falling due within one year          | 14    | (1,425)        | (2,127)        |
| <b>NET CURRENT ASSETS</b>                    |       | <u>216,612</u> | <u>194,076</u> |
| <b>TOTAL ASSETS LESS CURRENT LIABILITIES</b> |       | 253,885        | 243,801        |
| <b>NET ASSETS</b>                            |       | <u>253,885</u> | <u>243,801</u> |
| <b>FUNDS</b>                                 | 16    |                |                |
| Unrestricted funds                           |       | 243,885        | 232,410        |
| Restricted funds                             |       | 10,000         | 11,391         |
| <b>TOTAL FUNDS</b>                           |       | <u>253,885</u> | <u>243,801</u> |

The financial statements were approved by the Board of Trustees and authorised for issue on .....11 October 2023..... and were signed on its behalf by:



.....  
P Cowan - Trustee



.....  
K Jennings - Trustee



.....  
J Bridgeman - Trustee

## **The Calm Trust**

### **Notes to the Financial Statements** **for the Year Ended 31 December 2022**

#### **1. ACCOUNTING POLICIES**

##### **Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest pound.

There are no significant areas of judgements or key sources of estimation uncertainty.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

##### **Legal status and general information**

The charity is an unincorporated trust constituted by a trust deed. The details of the charity are found in the trustees report.

##### **Financial reporting standard 102 - reduced disclosure exemptions**

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

##### **Income**

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

- Investment income is included when receivable.

- Incoming resources from charitable trading activity are accounted for when earned.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

##### **Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**The Calm Trust**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2022**

**1. ACCOUNTING POLICIES - continued**

**Tangible fixed assets**

|                    |                              |
|--------------------|------------------------------|
| Holiday Homes      | - 25% on reducing balance    |
| Equipment          | - 25% on reducing balance    |
| Computer equipment | - 33% on straight line basis |

The costs of minor additions or those costing below £1,000 are not capitalised.

**Stocks**

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Debtors**

Amounts owing to the charity at 31st December are shown as debtors less provisions for amounts that may prove uncollectable. Short term deposits include cash held on deposit in savings accounts at the Bank. Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**Financial instruments**

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

**2. DONATIONS AND LEGACIES**

|           | 2022   | 2021   |
|-----------|--------|--------|
|           | £      | £      |
| Donations | 69,866 | 57,325 |

**3. OTHER TRADING ACTIVITIES**

|                    | 2022   | 2021  |
|--------------------|--------|-------|
|                    | £      | £     |
| Fundraising events | 16,188 | 1,001 |

**The Calm Trust**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2022**

**4. INVESTMENT INCOME**

|                          | 2022              | 2021              |
|--------------------------|-------------------|-------------------|
|                          | £                 | £                 |
| Deposit account interest | 147               | 187               |
|                          | <u>          </u> | <u>          </u> |

**5. RAISING FUNDS**

**Raising donations and legacies**

|                   | 2022              | 2021              |
|-------------------|-------------------|-------------------|
|                   | £                 | £                 |
| Fundraising costs | 7,470             | -                 |
|                   | <u>          </u> | <u>          </u> |

**Other trading activities**

|                   | 2022              | 2021              |
|-------------------|-------------------|-------------------|
|                   | £                 | £                 |
| Purchases         | -                 | 250               |
|                   | <u>          </u> | <u>          </u> |
| Aggregate amounts | 7,470             | 250               |
|                   | <u>          </u> | <u>          </u> |

**6. CHARITABLE ACTIVITIES COSTS**

|                    | Direct<br>Costs (see<br>note 7) | Support<br>costs (see<br>note 8) | Totals            |
|--------------------|---------------------------------|----------------------------------|-------------------|
|                    | £                               | £                                | £                 |
| Support activities | 60,848                          | 7,799                            | 68,647            |
|                    | <u>          </u>               | <u>          </u>                | <u>          </u> |

**7. DIRECT COSTS OF CHARITABLE ACTIVITIES**

|                            | 2022              | 2021              |
|----------------------------|-------------------|-------------------|
|                            | £                 | £                 |
| Welfare support            | 15,260            | 20,069            |
| Holiday home running costs | 24,484            | 20,921            |
| Travel                     | 235               | 15                |
| Functions                  | 8,417             | 2,516             |
| Depreciation               | 12,452            | 16,727            |
| Loss on sale of assets     | -                 | 38                |
|                            | <u>          </u> | <u>          </u> |
|                            | 60,848            | 60,286            |
|                            | <u>          </u> | <u>          </u> |

**8. SUPPORT COSTS**

|                    | Management        | Governance        | Totals            |
|--------------------|-------------------|-------------------|-------------------|
|                    | £                 | costs<br>£        | £                 |
| Support activities | 6,338             | 1,461             | 7,799             |
|                    | <u>          </u> | <u>          </u> | <u>          </u> |

**The Calm Trust**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2022**

**8. SUPPORT COSTS - continued**

Support costs, included in the above, are as follows:

|   | 2022<br>Support<br>activities<br>£ | 2021<br>Total<br>activities<br>£ |
|---|------------------------------------|----------------------------------|
| Insurance                               | 261                                | 487                              |
| Telephone                               | 201                                | 382                              |
| Postage and stationery                  | 1,416                              | 398                              |
| Sundries                                | 4,460                              | 2,701                            |
| Accountancy and independent examination | 1,461                              | 1,530                            |
|   | <u>7,799</u>                       | <u>5,498</u>                     |

**9. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

**10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

|                                    | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | Total<br>funds<br>£ |
|------------------------------------|---------------------------|--------------------------|---------------------|
| <b>INCOME AND ENDOWMENTS FROM</b>  |                           |                          |                     |
| Donations and legacies             | 47,325                    | 10,000                   | 57,325              |
| Other trading activities           | 1,001                     | -                        | 1,001               |
| Investment income                  | 187                       | -                        | 187                 |
| <b>Total</b>                       | <u>48,513</u>             | <u>10,000</u>            | <u>58,513</u>       |
| <b>EXPENDITURE ON</b>              |                           |                          |                     |
| Raising funds                      | 250                       | -                        | 250                 |
| <b>Charitable activities</b>       |                           |                          |                     |
| Support activities                 | 65,784                    | -                        | 65,784              |
| <b>Total</b>                       | <u>66,034</u>             | <u>-</u>                 | <u>66,034</u>       |
| <b>NET INCOME/(EXPENDITURE)</b>    | (17,521)                  | 10,000                   | (7,521)             |
| <b>RECONCILIATION OF FUNDS</b>     |                           |                          |                     |
| Total funds brought forward        | 249,931                   | 1,391                    | 251,322             |
| <b>TOTAL FUNDS CARRIED FORWARD</b> | <u>232,410</u>            | <u>11,391</u>            | <u>243,801</u>      |

**The Calm Trust**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2022**

**11. TANGIBLE FIXED ASSETS**

|  | Holiday<br>Homes<br>£ | Equipment<br>£ | Computer<br>equipment<br>£ | Totals<br>£ |
|--|-----------------------|----------------|----------------------------|-------------|
| <b>COST</b>                            |                       |                |                            |             |
| At 1 January 2022 and 31 December 2022 | 146,089               | 1,100          | 499                        | 147,688     |
| <b>DEPRECIATION</b>                    |                       |                |                            |             |
| At 1 January 2022                      | 96,654                | 839            | 470                        | 97,963      |
| Charge for year                        | 12,359                | 65             | 28                         | 12,452      |
| At 31 December 2022                    | 109,013               | 904            | 498                        | 110,415     |
| <b>NET BOOK VALUE</b>                  |                       |                |                            |             |
| At 31 December 2022                    | 37,076                | 196            | 1                          | 37,273      |
| At 31 December 2021                    | 49,435                | 261            | 29                         | 49,725      |

**12. STOCKS**

|        | 2022<br>£ | 2021<br>£ |
|--------|-----------|-----------|
| Stocks | 1,848     | 2,258     |

**13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                                | 2022<br>£ | 2021<br>£ |
|--------------------------------|-----------|-----------|
| Other debtors                  | 404       | -         |
| Prepayments and accrued income | 639       | 20,722    |
|                                | 1,043     | 20,722    |

**14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

|                  | 2022<br>£ | 2021<br>£ |
|------------------|-----------|-----------|
| Accrued expenses | 1,425     | 2,127     |

**15. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

|                     | Unrestricted<br>fund<br>£ | Restricted<br>funds<br>£ | 2022<br>Total<br>funds<br>£ | 2021<br>Total<br>funds<br>£ |
|---------------------|---------------------------|--------------------------|-----------------------------|-----------------------------|
| Fixed assets        | 37,273                    | -                        | 37,273                      | 49,725                      |
| Current assets      | 208,037                   | 10,000                   | 218,037                     | 196,203                     |
| Current liabilities | (1,425)                   | -                        | (1,425)                     | (2,127)                     |
|                     | 243,885                   | 10,000                   | 253,885                     | 243,801                     |

**The Calm Trust**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2022**

**16. MOVEMENT IN FUNDS**

|                           | At 1.1.22<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.12.22<br>£ |
|---------------------------|----------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                |                                  |                     |
| General fund              | 232,410        | 11,475                           | 243,885             |
| <b>Restricted funds</b>   |                |                                  |                     |
| Trips                     | 1,391          | (1,391)                          | -                   |
| IT equipment              | 10,000         | -                                | 10,000              |
|                           | <u>11,391</u>  | <u>(1,391)</u>                   | <u>10,000</u>       |
| <b>TOTAL FUNDS</b>        | <u>243,801</u> | <u>10,084</u>                    | <u>253,885</u>      |

Net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 86,201                     | (74,726)                   | 11,475                    |
| <b>Restricted funds</b>   |                            |                            |                           |
| Trips                     | -                          | (1,391)                    | (1,391)                   |
|                           | <u>86,201</u>              | <u>(76,117)</u>            | <u>10,084</u>             |
| <b>TOTAL FUNDS</b>        | <u>86,201</u>              | <u>(76,117)</u>            | <u>10,084</u>             |

**Comparatives for movement in funds**

|                           | At 1.1.21<br>£ | Net<br>movement<br>in funds<br>£ | At<br>31.12.21<br>£ |
|---------------------------|----------------|----------------------------------|---------------------|
| <b>Unrestricted funds</b> |                |                                  |                     |
| General fund              | 249,931        | (17,521)                         | 232,410             |
| <b>Restricted funds</b>   |                |                                  |                     |
| Trips                     | 1,391          | -                                | 1,391               |
| IT equipment              | -              | 10,000                           | 10,000              |
|                           | <u>1,391</u>   | <u>10,000</u>                    | <u>11,391</u>       |
| <b>TOTAL FUNDS</b>        | <u>251,322</u> | <u>(7,521)</u>                   | <u>243,801</u>      |

Comparative net movement in funds, included in the above are as follows:

|                           | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | Movement<br>in funds<br>£ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| <b>Unrestricted funds</b> |                            |                            |                           |
| General fund              | 48,513                     | (66,034)                   | (17,521)                  |
| <b>Restricted funds</b>   |                            |                            |                           |
| IT equipment              | 10,000                     | -                          | 10,000                    |
|                           | <u>58,513</u>              | <u>(66,034)</u>            | <u>(7,521)</u>            |
| <b>TOTAL FUNDS</b>        | <u>58,513</u>              | <u>(66,034)</u>            | <u>(7,521)</u>            |

Restricted funds:

**The Calm Trust**

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2022**

**16. MOVEMENT IN FUNDS - continued**

Trips - A grant from Nationwide was received to fund trips for families supported by CALM.

IT equipment - donation from Nominet UK to fund devices, such as tablets or laptops, to children who are currently isolated at home, undergoing treatment in hospital or otherwise disadvantaged due to their current or recent illness.

**17. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 December 2022.