

THE CALM TRUST

England & Wales · Charity number 292318

Details

Other names Children's Cancer & Leukaemia Movement

Status Registered

Legal form Trust

Registered 1985-07-30

Register [View on the Charity Commission register](#)

Contact

Address 11 The Leasowes
Tadpole Garden Village
Swindon
Wiltshire
SN25 2RS

Phone 07929 471855

Email info@calmcharity.org

Website www.calmcharity.org

Activities

Objects: TO PROMOTE OR ASSIST IN THE PROMOTION OF THE PREVENTION AND RELIEF OF SICKNESS, NEED AND HARDSHIP IN CHILDREN AND YOUNG PEOPLE AND IN PARTICULAR THOSE AFFLICTED WITH LEUKAEMIA OR OTHER FORMS OF CANCER AND TO FURTHER MEDICAL RESEARCH INTO THE DISEASES DISABILITIES AND HANICAPS OF CHILDREN AND YOUNG PEOPLE AND TO PUBLISH THE USEFUL RESULTS OF SUCH RESEARCH FOR THE BENEFIT OF THE PUBLIC.

Activities: To support children and families associated with the treatment of cancer or leukaemia

Classification

- **How:** Makes Grants To Individuals, Provides Services, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Disability, Recreation, Other Charitable Purposes
- **Who:** Children/young People

Geography

- Gloucestershire
- Wiltshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£146,066	£75,470	-	-
2023-12-31	£106,271	£98,949	-	-
2022-12-31	£86,201	£76,117	-	-
2021-12-31	£58,513	£66,034	-	-
2020-12-31	£44,443	£80,383	-	-

Trustees

Name	Role	Appointed
Richard Crowley	Chair	2024-10-21
Helen Steward		2024-10-21
Sarah Magill		2024-10-21

THE CALM TRUST

England & Wales - Charity number 292318

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 December 2024
for
The Calm Trust

Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

The Calm Trust

**Contents of the Financial Statements
for the Year Ended 31 December 2024**

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The Calm Trust
Report of the Trustees
for the Year Ended 31 December 2024

The trustees present their report with the financial statements of the charity for the year ended 31 December 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objects and principal activities are to:

- support the children and families associated with the treatment of cancer or leukaemia.

Significant activities

The main areas of charitable activity are the provision of counselling, advice and information and support the families and children.

Public benefit

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. The trustees consider that they have acted in the public benefit.

ACHIEVEMENT AND PERFORMANCE

2024 was a special year for the CALM Trust, as the charity celebrated 40 years since being formed in 1984. The highlight of the birthday year was an anniversary party with past and present families at the Lydiard Conference Centre in September.

During 2024, CALM continued to give valuable support to families with a child diagnosed with cancer or leukaemia and receiving care at the Great Western Hospital in Swindon.

As has always been the case, CALM continues to be run by a committee made up of parents who've had a child diagnosed with a form of cancer, and therefore understand the issues, concerns and demands placed on the families we support.

As a charity we have remained committed to providing emotional, practical and financial support, as well as social activities and the opportunity for families to make the most of the breaks between hospital appointments.

During 2024, CALM was able to offer a full season of convalescent family holiday breaks at a choice of South Cerney in Gloucestershire, Weymouth in Dorset and Tenby in South Wales. After purchasing a new caravan at the Tenby site ahead of the 2023 holiday season, the charity was able to buy a new caravan for the Weymouth site at the end of the 2024 season. The purchase of the Weymouth caravan was made possible thanks to a legacy left in the will of our former Treasurer and friend Lucy Young and funding from the Swindon Diamond Ball organised by the Rotary Club of Swindon. All three caravan holiday homes were used extensively.

CALM also made a donation to one of our cancer survivors, Toby Richardson, to support him in his training as a wheelchair athlete. We believe Toby is a true inspiration and wish him all the best with his dreams and ambitions.

CALM organised a host of social events and day trips in 2024. These included a coach trip to Thorpe Park and Legoland in the summer. We bought tickets for our families to see Nurse Helen perform in a pantomime put on by the Wootton Bassett Light Operatic Society (WBLOS) and our on-treatment families were also invited to the Christmas pantomime at the Wyvern Theatre in Swindon. On treatment families were also invited to a Dream Night at the Zoo at Cotswold Wildlife Park and a summer canal trip organised by the Phoenix Rotary Club. Some of our on-treatment children were invited to a Santa experience run by Totally Crazy.

Around 20 children attended the Children's Christmas Party, which was supported by the Swindon Freemason Society and Aldi. A teenager's Christmas party was held at High Score Arcade followed by a visit to Nando's. In addition, we held a number of coffee and play mornings, delivered Easter Eggs to all on treatment families (thanks to Iceland / GXO and First City Nursing). Zurich Cares provided Christmas Hampers and we were also able to offer our families passes to use for days out at Bristol Zoo Project.

CALM has maintained its close links with the local medical teams. Nurses Helen Good and Caroline Critchley have been our main points of liaison with the Great Western Hospital team. CALM also continues to support and fund care packages for our families, including sweets and treats that clinic volunteer Lynda McMahon can hand to children when they attend appointments.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2024

CALM continues to work in partnership with other charities that assist our families. We are grateful to Young Lives v's Cancer for providing Social Workers at the main regional centres in Oxford & Bristol. CALM is also thankful for the work of several children's hospice organisations in our area, including Julia's House and Jessie May. CALM continues to benefit from support from other charitable groups including the Fat Boys charity, which delivered Christmas presents to some of our families. CALM has also continued to support Chloe's Fight with Ewings, a charity set up in memory of Chloe Venton from Swindon.

On the fundraising front, we held our 29th annual charity Golf Day at Wrag Barn Golf Club. Our own committee-led fundraising also included selling tickets for Swindon's Famous Duck Race and a bucket collection at the Morrison's supermarket in Haydon Wick in December.

Businesses have once again played a key role in raising money for CALM. The following are some of the companies that have supported CALM in 2024: James Dyson Foundation, Iceland Distribution Centres (GXO), Amazon, Sollertis (OneBot), Catalent, Aldi Regional Distribution Centre, Marks & Spencer (Northern Orbital store) Totally Crazy, Manor House Hotel and Golf Club, Haribo, Stein Pilot Insurance, Zurich Cares, First City Nursing, Vyagon, Steve's Bargain Trips, Nine Elms pub and TK Maxx. Many other businesses supported CALM through donations for the Golf Day and other requests for raffle and auction prizes.

CALM has also received support from community groups and individuals, including: Swindon Freemasons, Rotary Club of Swindon, Rotary Club of Old Town, the Lions club of Swindon, Warneford School, Bradon Forest School, Dorcan Academy, Blunson Youth FC, Wrag Barn Golf Club Men's Captain Shaun Judd, Tanwood School of Dancing and Marlborough College.

A number of our families (and their friends) have also held fundraising events or taken part in challenges for us. These include: Tommy's Team (family of CALM beneficiary Tommy), Cat Bunce (fundraising in memory of CALM beneficiary Daniel Fagan), Richard Smith holding a big quiz night, Fran Robinson holding a fun day and Imogen Steward holding a teddy sale.

CALM continues to keep families up-to-date with events via e-mails, with a continued use of social media feeds (Facebook and X) to share our achievements and successes.

During 2024, CALM was able to celebrate a number of children successfully completing their treatment. At the same time new families went through the trauma of learning their child had a form of cancer or leukaemia. The charity provided assistance and support to all families with a child on treatment. As well as the support detailed above; the charity also continues to have a policy of continuing to invite families to be part of CALM following the conclusion of treatment. An updated Welfare Policy was completed in 2024. Two children received palliative treatment during 2024, both sadly lost their battle with cancer.

CALM continues to have a policy of keeping cash reserves in place for difficult times. This policy played a key role in helping the charity through the Covid-19 pandemic. It continues to be our aim to have two years' worth of funding in reserve. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

Our committee has worked hard to organise fundraising and social events. To ensure the charity can continue to move forward it remains important that we continue to encourage more parents to volunteer to take part in fundraising events and to consider joining the committee. Three of our founding Trustees - Paul Cowan, James Bridgeman and Keith Jennings - retired during 2024. We place on record our thanks for their foresight in forming the charity, and their 40 years of continued service. Richard Crowley, Sarah Magill and Helen Steward have stepped forward to become new trustees of the charity.

FINANCIAL REVIEW

Financial position

At 31 December 2024 the charity had total funds of £331,803, of which £110,459 are held as fixed assets and £9,155 as restricted funds. Free reserves are £212,189.

Reserves policy

Financially CALM continues to live within its means and continues to take a prudent view of holding at least two years worth of running costs as cash reserves. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

FUTURE PLANS

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation was registered in 1985.

Recruitment and appointment of new trustees

The Management Committee are not charity trustees for the purposes of charity law. Under the requirements of the Trust Deed the members of the Management Committee are all volunteers and are confirmed at the Annual General Meeting.

The trustees are already familiar with the practical work of the charity.

Organisational structure

The CALM Trust has a Management Committee of up to 16 members who meet most months and are responsible for the strategic direction and policy of the charity. The Secretary also sits on the Committee.

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

292318

Principal address

11 The Leasowes
Tadpole Garden Village
Swindon
SN25 2RS

Trustees

R Crowley (appointed 21.10.24)
Mrs H Steward (appointed 21.10.24)
J Bridgeman (resigned 4.12.24)
P Cowan (resigned 28.10.24)
K Jennings (resigned 27.3.25)
Mrs S Magill (appointed 21.10.24)

Management Committee

As of 31st December 2024 the management committee list was:

Mr R Crowley -Chairman
Mrs S Magill -Secretary
Mrs M Brooks
Mr N Brooks
Mrs A Buckley
Mrs B Bull
Mr C Bull
Mr A Coward
Mrs E Dancey
Mrs S Emms
Mrs C Lacey
Mrs S Motture
Mr D Renard
Mrs D Renard
Mrs F Robinson
Mr D Rodgers
Mrs H Steward

Independent Examiner

James Gare FCA DChA
Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2024

REFERENCE AND ADMINISTRATIVE DETAILS


Solicitors

Bevirs Solicitors,
36 Regent Circus,
Swindon,
SN1 1UQ

Bankers

Barclays Bank plc,
Regent Street,
Swindon,
SN1 1QB

Approved by order of the board of trustees on12-06-25..... and signed on its behalf by:


.....
R Crowley - Trustee

**Independent Examiner's Report to the Trustees of
The Calm Trust**

Independent examiner's report to the trustees of The Calm Trust

I report to the charity trustees on my examination of the accounts of The Calm Trust (the Trust) for the year ended 31 December 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Monahans provide book-keeping services to The Calm Trust. The examiner has applied the FRC's Revised Ethical Standard in regard to these services.



James Gare FCA DChA

Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

Date: ...17 June 2025.....

The Calm Trust

Statement of Financial Activities
for the Year Ended 31 December 2024

	Notes	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	103,285	-	103,285	62,416
Other trading activities	3	24,322	-	24,322	22,306
Investment income	4	3,223	-	3,223	1,410
Other income	5	15,236	-	15,236	20,139
Total		<u>146,066</u>	<u>-</u>	<u>146,066</u>	<u>106,271</u>
EXPENDITURE ON					
Raising funds	6	5,557	-	5,557	5,672
Charitable activities	7				
Support activities		68,863	1,050	69,913	93,277
Total		<u>74,420</u>	<u>1,050</u>	<u>75,470</u>	<u>98,949</u>
NET INCOME/(EXPENDITURE)		71,646	(1,050)	70,596	7,322
RECONCILIATION OF FUNDS					
Total funds brought forward		251,002	10,205	261,207	253,885
TOTAL FUNDS CARRIED FORWARD		<u><u>322,648</u></u>	<u><u>9,155</u></u>	<u><u>331,803</u></u>	<u><u>261,207</u></u>

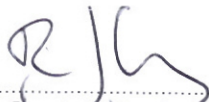
The notes form part of these financial statements

The Calm Trust

Balance Sheet
31 December 2024

	Notes	2024 £	2023 £
FIXED ASSETS			
Tangible assets	12	110,459	72,220
CURRENT ASSETS			
Stocks	13	1,231	1,680
Debtors	14	26,083	6,985
Cash at bank and in hand		196,531	183,385
		<u>223,845</u>	<u>192,050</u>
CREDITORS			
Amounts falling due within one year	15	(2,501)	(3,063)
NET CURRENT ASSETS		<u>221,344</u>	<u>188,987</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>331,803</u>	<u>261,207</u>
NET ASSETS		<u>331,803</u>	<u>261,207</u>
FUNDS	17		
Unrestricted funds		322,648	251,002
Restricted funds		9,155	10,205
TOTAL FUNDS		<u>331,803</u>	<u>261,207</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 12-06-25 and were signed on its behalf by:


.....
R Crowley - Trustee


.....
S Magill - Trustee


.....
H Steward - Trustee

The Calm Trust

Notes to the Financial Statements for the Year Ended 31 December 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest pound.

There are no significant areas of judgements or key sources of estimation uncertainty.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Legal status and general information

The charity is an unincorporated trust constituted by a trust deed. The details of the charity are found in the trustees report.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemption in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

- Investment income is included when receivable.

- Incoming resources from charitable trading activity are accounted for when earned.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2024

1. **ACCOUNTING POLICIES - continued**

Tangible fixed assets

Holiday Homes	- 10% on reducing balance
Equipment	- 10% on reducing balance
Computer equipment	- 33% on straight line basis

The costs of minor additions or those costing below £1,000 are not capitalised.

Change in accounting estimate

Depreciation rates were reduced from 25% reducing balance to 10% reducing balance from 1 January 2024. The impact of this is that the depreciation charge for the year ended 31 December 2024 is some £14,000 lower.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Amounts owing to the charity at 31st December are shown as debtors less provisions for amounts that may prove uncollectable. Short term deposits include cash held on deposit in savings accounts at the Bank. Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. **DONATIONS AND LEGACIES**

	2024	2023
	£	£
Donations	78,285	62,416
Legacies	25,000	-
	<u>103,285</u>	<u>62,416</u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2024

3. OTHER TRADING ACTIVITIES		2024	2023
		£	£
Fundraising events		24,322	22,306
		<u> </u>	<u> </u>
4. INVESTMENT INCOME		2024	2023
		£	£
Deposit account interest		3,223	1,410
		<u> </u>	<u> </u>
5. OTHER INCOME		2024	2023
		£	£
Gain on sale of tangible fixed assets		15,236	20,139
		<u> </u>	<u> </u>
6. RAISING FUNDS			
Raising donations and legacies			
		2024	2023
		£	£
Fundraising costs		5,557	5,672
		<u> </u>	<u> </u>
7. CHARITABLE ACTIVITIES COSTS			
	Direct	Support	
	Costs (see	costs (see	
	note 8)	note 9)	Totals
	£	£	£
Support activities	62,743	7,170	69,913
	<u> </u>	<u> </u>	<u> </u>
8. DIRECT COSTS OF CHARITABLE ACTIVITIES		2024	2023
		£	£
Welfare support		19,519	19,104
Holiday home running costs		29,068	34,782
Functions		7,158	6,487
Depreciation		6,998	24,074
		<u> </u>	<u> </u>
		62,743	84,447
		<u> </u>	<u> </u>
9. SUPPORT COSTS			
	Management	Governance	
	costs	costs	Totals
	£	£	£
Support activities	3,808	3,362	7,170
	<u> </u>	<u> </u>	<u> </u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2024

9. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	2024 Support activities £	2023 Total activities £
Insurance	806	262
Telephone	72	72
Postage and stationery	87	402
Sundries	2,843	4,684
Accountancy and independent examination	3,362	3,410
	<u>7,170</u>	<u>8,830</u>

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2024 nor for the year ended 31 December 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2024 nor for the year ended 31 December 2023.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	61,476	940	62,416
Other trading activities	22,306	-	22,306
Investment income	1,410	-	1,410
Other income	20,139	-	20,139
Total	<u>105,331</u>	<u>940</u>	<u>106,271</u>
EXPENDITURE ON			
Raising funds	5,672	-	5,672
Charitable activities			
Support activities	92,542	735	93,277
Total	<u>98,214</u>	<u>735</u>	<u>98,949</u>
NET INCOME	7,117	205	7,322
RECONCILIATION OF FUNDS			
Total funds brought forward	243,885	10,000	253,885
TOTAL FUNDS CARRIED FORWARD	<u>251,002</u>	<u>10,205</u>	<u>261,207</u>

The Calm Trust

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2024**

12. TANGIBLE FIXED ASSETS

	Holiday Homes £	Equipment £	Computer equipment £	Totals £
COST				
At 1 January 2024	171,803	1,100	499	173,402
Additions	56,983	-	-	56,983
Disposals	(45,691)	-	-	(45,691)
At 31 December 2024	<u>183,095</u>	<u>1,100</u>	<u>499</u>	<u>184,694</u>
DEPRECIATION				
At 1 January 2024	99,731	953	498	101,182
Charge for year	6,982	15	1	6,998
Eliminated on disposal	(33,945)	-	-	(33,945)
At 31 December 2024	<u>72,768</u>	<u>968</u>	<u>499</u>	<u>74,235</u>
NET BOOK VALUE				
At 31 December 2024	<u>110,327</u>	<u>132</u>	<u>-</u>	<u>110,459</u>
At 31 December 2023	<u>72,072</u>	<u>147</u>	<u>1</u>	<u>72,220</u>

13. STOCKS

	2024 £	2023 £
Stocks	<u>1,231</u>	<u>1,680</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Prepayments and accrued income	<u>26,083</u>	<u>6,985</u>

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Accrued expenses	<u>2,501</u>	<u>3,063</u>

16. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted funds £	2024 Total funds £	2023 Total funds £
Fixed assets	110,459	-	110,459	72,220
Current assets	214,690	9,155	223,845	192,050
Current liabilities	(2,501)	-	(2,501)	(3,063)
	<u>322,648</u>	<u>9,155</u>	<u>331,803</u>	<u>261,207</u>

The Calm Trust

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2024**

17. MOVEMENT IN FUNDS

	At 1.1.24 £	Net movement in funds £	At 31.12.24 £
Unrestricted funds			
General fund	251,002	71,646	322,648
Restricted funds			
IT equipment	9,265	(110)	9,155
Patio furniture	940	(940)	-
	<u>10,205</u>	<u>(1,050)</u>	<u>9,155</u>
TOTAL FUNDS	<u>261,207</u>	<u>70,596</u>	<u>331,803</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	146,066	(74,420)	71,646
Restricted funds			
IT equipment	-	(110)	(110)
Patio furniture	-	(940)	(940)
	<u>-</u>	<u>(1,050)</u>	<u>(1,050)</u>
TOTAL FUNDS	<u>146,066</u>	<u>(75,470)</u>	<u>70,596</u>

Comparatives for movement in funds

	At 1.1.23 £	Net movement in funds £	At 31 12.23 £
Unrestricted funds			
General fund	243,885	7,117	251,002
Restricted funds			
IT equipment	10,000	(735)	9,265
Patio furniture	-	940	940
	<u>10,000</u>	<u>205</u>	<u>10,205</u>
TOTAL FUNDS	<u>253,885</u>	<u>7,322</u>	<u>261,207</u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2024

17. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,331	(98,214)	7,117
Restricted funds			
IT equipment	-	(735)	(735)
Patio furniture	940	-	940
	<u>940</u>	<u>(735)</u>	<u>205</u>
TOTAL FUNDS	<u>106,271</u>	<u>(98,949)</u>	<u>7,322</u>

Restricted funds:

IT equipment - donation from Nominet UK to fund devices, such as tablets or laptops, to children who are currently isolated at home, undergoing treatment in hospital or otherwise disadvantaged due to their current or recent illness.

Patio furniture - a donation from Holiday Inn for patio furniture at the Cotswolds holiday home

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2024.

THE CALM TRUST

England & Wales - Charity number 292318

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 December 2023
for
The Calm Trust

Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

The Calm Trust

**Contents of the Financial Statements
for the Year Ended 31 December 2023**

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Balance Sheet	7
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The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2023

The trustees present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objects and principal activities are to:

- support the children and families associated with the treatment of cancer or leukaemia.

Significant activities

The main areas of charitable activity are the provision of counselling, advice and information and support the families and children.

Public benefit

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. The trustees consider that they have acted in the public benefit.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2023

ACHIEVEMENT AND PERFORMANCE

During 2023, the CALM Trust continued to give valuable support to families with a child diagnosed with cancer or leukaemia and receiving care at the Great Western Hospital in Swindon.

As has always been the case, CALM continues to be run by a committee made up of parents who've had a child diagnosed with a form of cancer, and therefore understand the issues, concerns and demands placed on the families we support.

As a charity we have remained committed to providing emotional, practical and financial support, as well as social activities and the opportunity for families to make the most of the breaks between hospital appointments.

During 2023, CALM was able to offer a full season of convalescent family holiday breaks at a choice of South Cerney in Gloucestershire, Weymouth in Dorset and Tenby in South Wales. A new caravan was purchased for the Tenby site ahead of the 2023 holiday season. All three caravan holiday homes were used extensively.

CALM organised a host of social events and day trips in 2023. These included a coach trip to Chessington World of Adventures in the summer. We bought tickets for our families to see Nurse Helen perform in a number of productions put on by the Wootton Bassett Light Operatic Society (WBLOS) and our on-treatment families were also invited to the Christmas pantomime at the Wyvern Theatre in Swindon.

Around 30 children attended the Children's Christmas Party, which was supported by the Swindon Freemason Society and Aldi. A teenager's Christmas party was held at Boom Battle Bar followed by desserts at Kaspas. In addition, we held a number of coffee and play mornings (including one at the Coate Water miniature railway), delivered Easter Eggs to all on treatment families (thanks to Iceland, GXO and Nationwide) and we were also able to offer our families passes to use for days out at Bristol Zoo Project.

CALM has maintained its close links with the local medical teams. Nurses Helen Good and Caroline Critchley have been our main points of liaison with the Great Western Hospital team. CALM also continues to support and fund care packages for our families, including sweets and treats that clinic volunteer Lynda McMahon can hand to children when they attend appointments.

CALM continues to work in partnership with other charities that assist our families. We are grateful to Young Lives vs Cancer for providing Social Workers at the main regional centres in Oxford & Bristol. CALM is also thankful for the work of several children's hospice organisations in our area, including Julia's House and Jessie May. CALM continues to benefit from support from other charitable groups including the Fat Boys charity, which delivered Christmas presents to some of our families. CALM has also continued to support Chloe's Fight with Ewings, a charity set up in memory of Chloe Venton from Swindon.

On the fundraising front, we held our 28th annual charity Golf Day at Wrag Barn Golf Club. Our own committee-led fundraising also included selling tickets for Swindon's Famous Duck Race and a bucket collection at the Morrison's supermarket in Haydon Wick in December.

Businesses have once again played a key role in raising money for CALM. The following are some of the companies that have supported CALM in 2023: Brit Insurance, Hillier's Funeral Service, Iceland Distribution Centres (GXO), Amazon, Sollertis (OneBot), Nationwide Building Society, Aldi Regional Distribution Centre, Learning Curve Day Nursery, Totally Crazy, Manor House Hotel and Golf Club, Haribo, Stein Pilot Insurance, Zurich Cares, Laser Quest, First City Nursing and Lou's Flower Box. Many other businesses supported CALM through donations for the Golf Day and other requests for raffle and auction prizes.

CALM has also received support from community groups and individuals, including: Swindon Freemasons, Rotary Club of Swindon (Old Town), the Lions club of Swindon, Flaxlands Manor Christmas Craft Fayre, Dragon Christmas sale, Wanborough Farmers Market, Warneford School, North Wilts Youth Football League, Blunsdon Youth FC, Wrag Barn Senior's captain Jack Arkley, RAF 24 Squadron, Ashton Keynes Village Choir, G5 Evolution and Jeremy Reynolds and Martin Horobin who completed the Lakeland 200 ride.

A number of our families (and their friends) have also held fundraising events or taken part in challenges for us. These include: Tommy's Team (took part in the Bournemouth Running Festival), Amy Carter (quiz night in memory of Jack Clifford), Cat Bunce (fundraising in memory Daniel Fagan), Shreenik Khadka, Samuel Oswin (nativity) and Lewis Barker (junior club captain at North Wilts Golf Club).

CALM continues to keep families up-to-date with events via e-mails, with a continued use of social media feeds (Facebook and Twitter) to share our achievements and successes.

During 2023, CALM was able to celebrate a number of children successfully completing their treatment. At the same time new families went through the trauma of learning their child had a form of cancer or leukaemia. The charity provided assistance and support to all families with a child on treatment. As well as the support detailed above; the charity also continues to have a policy of continuing to invite families to be part of CALM following the conclusion of treatment. One child received palliative treatment during 2023 and sadly lost their battle with cancer.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2023

CALM continues to have a policy of keeping cash reserves in place for difficult times. This policy played a key role in helping the charity through the Covid-19 pandemic. It continues to be our aim to have two years' worth of funding in reserve. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

Our committee has worked hard to organise fundraising and social events. To ensure the charity can continue to move forward it remains important that we continue to encourage more parents to volunteer to take part in fundraising events and to consider joining the committee.

FINANCIAL REVIEW

Financial position

At 31 December 2023 the charity had total funds of £261,207, of which £72,220 are held as fixed assets and £10,205 as restricted funds. Free reserves are £178,782.

Reserves policy

Financially CALM continues to live within its means and continues to take a prudent view of holding at least two years worth of running costs as cash reserves. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

FUTURE PLANS

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation was registered in 1985.

Recruitment and appointment of new trustees

The Management Committee are not charity trustees for the purposes of charity law. Under the requirements of the Trust Deed the members of the Management Committee are all volunteers and are confirmed at the Annual General Meeting.

The trustees are already familiar with the practical work of the charity.

Organisational structure

The CALM Trust has a Management Committee of up to 16 members who meet most months and are responsible for the strategic direction and policy of the charity. The Secretary also sits on the Committee.

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

292318

Principal address

52 Cornflower Road
Haydon Wick
Swindon
SN25 1SA

The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2023

Trustees

J Bridgeman
P Cowan
K Jennings

Management Committee

As of 31st December 2023 the management committee list was:

Mr R Crowley -Chairman
Mrs S Magill -Secretary
Mrs M Brooks
Mr N Brooks
Mrs A Buckley
Mrs B Bull
Mr C Bull
Mr A Coward
Mrs E Dancey
Mrs S Emms
Mrs C Lacey
Mrs S Motture
Mrs A Oswin
Mrs D Renard
Mrs F Robinson
Mr D Rodgers
Mrs H Steward

Independent Examiner

James Gare FCA DChA
Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

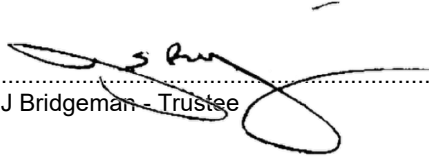
Solicitors

Bevirs Solicitors,
36 Regent Circus,
Swindon,
SN1 1UQ

Bankers

Barclays Bank plc,
Regent Street,
Swindon,
SN1 1QB

Approved by order of the board of trustees on **2 April 2024** and signed on its behalf by:


.....
J Bridgeman - Trustee

**Independent Examiner's Report to the Trustees of
The Calm Trust**

Independent examiner's report to the trustees of The Calm Trust

I report to the charity trustees on my examination of the accounts of The Calm Trust (the Trust) for the year ended 31 December 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Monahans provide book-keeping services to The Calm Trust. The examiner has applied the FRC's Revised Ethical Standard in regard to these services.



James Gare FCA DChA

Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

Date: 2 May 2024.....

The Calm Trust

Statement of Financial Activities
for the Year Ended 31 December 2023

	Notes	Unrestricted fund £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	61,476	940	62,416	69,866
Other trading activities	3	22,306	-	22,306	16,188
Investment income	4	1,410	-	1,410	147
Other income	5	20,139	-	20,139	-
Total		<u>105,331</u>	<u>940</u>	<u>106,271</u>	<u>86,201</u>
EXPENDITURE ON					
Raising funds	6	5,672	-	5,672	7,470
Charitable activities	7				
Support activities		<u>92,542</u>	<u>735</u>	<u>93,277</u>	<u>68,647</u>
Total		<u>98,214</u>	<u>735</u>	<u>98,949</u>	<u>76,117</u>
NET INCOME		7,117	205	7,322	10,084
RECONCILIATION OF FUNDS					
Total funds brought forward		243,885	10,000	253,885	243,801
TOTAL FUNDS CARRIED FORWARD		<u>251,002</u>	<u>10,205</u>	<u>261,207</u>	<u>253,885</u>

The notes form part of these financial statements

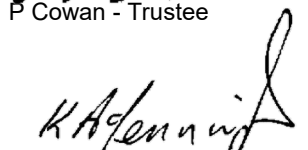
The Calm Trust

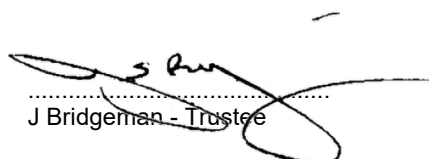
Balance Sheet
31 December 2023

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	12	72,220	37,273
CURRENT ASSETS			
Stocks	13	1,680	1,848
Debtors	14	6,985	1,043
Cash at bank and in hand		183,385	215,146
		<u>192,050</u>	<u>218,037</u>
CREDITORS			
Amounts falling due within one year	15	(3,063)	(1,425)
NET CURRENT ASSETS		<u>188,987</u>	<u>216,612</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>261,207</u>	<u>253,885</u>
NET ASSETS		<u>261,207</u>	<u>253,885</u>
FUNDS	17		
Unrestricted funds		251,002	243,885
Restricted funds		10,205	10,000
TOTAL FUNDS		<u>261,207</u>	<u>253,885</u>

The financial statements were approved by the Board of Trustees and authorised for issue on2.April.2024..... and were signed on its behalf by:


.....
P Cowan - Trustee


.....
K Jennings - Trustee


.....
J Bridgeman - Trustee

The Calm Trust

Notes to the Financial Statements for the Year Ended 31 December 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest pound.

There are no significant areas of judgements or key sources of estimation uncertainty.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Legal status and general information

The charity is an unincorporated trust constituted by a trust deed. The details of the charity are found in the trustees report.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

- Investment income is included when receivable.

- Incoming resources from charitable trading activity are accounted for when earned.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

The Calm Trust

Notes to the Financial Statements - continued for the Year Ended 31 December 2023

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Holiday Homes	- 25% on reducing balance
Equipment	- 25% on reducing balance
Computer equipment	- 33% on straight line basis

The costs of minor additions or those costing below £1,000 are not capitalised.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Amounts owing to the charity at 31st December are shown as debtors less provisions for amounts that may prove uncollectable. Short term deposits include cash held on deposit in savings accounts at the Bank. Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	62,416	69,866

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Fundraising events	22,306	16,188

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2023

4. INVESTMENT INCOME		2023	2022
		£	£
Deposit account interest		<u>1,410</u>	<u>147</u>
5. OTHER INCOME		2023	2022
		£	£
Gain on sale of tangible fixed assets		<u>20,139</u>	<u>-</u>
6. RAISING FUNDS			
Raising donations and legacies		2023	2022
		£	£
Fundraising costs		<u>5,672</u>	<u>7,470</u>
7. CHARITABLE ACTIVITIES COSTS			
	Direct	Support	
	Costs (see	costs (see	
	note 8)	note 9)	Totals
	£	£	£
Support activities	<u>84,447</u>	<u>8,830</u>	<u>93,277</u>
8. DIRECT COSTS OF CHARITABLE ACTIVITIES		2023	2022
		£	£
Welfare support		19,104	15,495
Holiday home running costs		34,782	24,484
Functions		6,487	8,417
Depreciation		<u>24,074</u>	<u>12,452</u>
		<u>84,447</u>	<u>60,848</u>
9. SUPPORT COSTS			
	Management	Governance	Totals
	£	costs	£
	£	£	£
Support activities	<u>5,420</u>	<u>3,410</u>	<u>8,830</u>
Support costs, included in the above, are as follows:			
		2023	2022
		Support	Total
		activities	activities
		£	£
Insurance		262	261
Telephone		72	201
Postage and stationery		402	1,416
Sundries		4,684	4,460
Accountancy and independent examination		<u>3,410</u>	<u>1,461</u>
		<u>8,830</u>	<u>7,799</u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2023

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	69,866	-	69,866
Other trading activities	16,188	-	16,188
Investment income	147	-	147
Total	86,201	-	86,201
EXPENDITURE ON			
Raising funds	7,470	-	7,470
Charitable activities			
Support activities	67,256	1,391	68,647
Total	74,726	1,391	76,117
NET INCOME/(EXPENDITURE)	11,475	(1,391)	10,084
RECONCILIATION OF FUNDS			
Total funds brought forward	232,410	11,391	243,801
TOTAL FUNDS CARRIED FORWARD	243,885	10,000	253,885

12. TANGIBLE FIXED ASSETS

	Holiday Homes £	Equipment £	Computer equipment £	Totals £
COST				
At 1 January 2023	146,089	1,100	499	147,688
Additions	70,547	-	-	70,547
Disposals	(44,833)	-	-	(44,833)
At 31 December 2023	171,803	1,100	499	173,402
DEPRECIATION				
At 1 January 2023	109,013	904	498	110,415
Charge for year	24,025	49	-	24,074
Eliminated on disposal	(33,307)	-	-	(33,307)
At 31 December 2023	99,731	953	498	101,182
NET BOOK VALUE				
At 31 December 2023	72,072	147	1	72,220
At 31 December 2022	37,076	196	1	37,273

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2023

13. STOCKS			2023	2022
			£	£
Stocks			1,680	1,848
			<u> </u>	<u> </u>
14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			2023	2022
			£	£
Other debtors			-	404
Prepayments and accrued income			6,985	639
			<u> </u>	<u> </u>
			6,985	1,043
			<u> </u>	<u> </u>
15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR			2023	2022
			£	£
Accrued expenses			3,063	1,425
			<u> </u>	<u> </u>
16. ANALYSIS OF NET ASSETS BETWEEN FUNDS			2023	2022
	Unrestricted	Restricted	Total	Total
	fund	funds	funds	funds
	£	£	£	£
Fixed assets	72,220	-	72,220	37,273
Current assets	181,845	10,205	192,050	218,037
Current liabilities	(3,063)	-	(3,063)	(1,425)
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	251,002	10,205	261,207	253,885
	<u> </u>	<u> </u>	<u> </u>	<u> </u>
17. MOVEMENT IN FUNDS			Net	At
		At 1.1.23	movement	31.12.23
		£	in funds	£
			£	
Unrestricted funds				
General fund		243,885	7,117	251,002
Restricted funds				
IT equipment		10,000	(735)	9,265
Patio furniture		-	940	940
		<u> </u>	<u> </u>	<u> </u>
		10,000	205	10,205
		<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS		253,885	7,322	261,207
		<u> </u>	<u> </u>	<u> </u>
Net movement in funds, included in the above are as follows:				
		Incoming	Resources	Movement
		resources	expended	in funds
		£	£	£
Unrestricted funds				
General fund		105,331	(98,214)	7,117
Restricted funds				
IT equipment		-	(735)	(735)
Patio furniture		940	-	940
		<u> </u>	<u> </u>	<u> </u>
		940	(735)	205
		<u> </u>	<u> </u>	<u> </u>
TOTAL FUNDS		106,271	(98,949)	7,322
		<u> </u>	<u> </u>	<u> </u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2023

17. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	232,410	11,475	243,885
Restricted funds			
Trips	1,391	(1,391)	-
IT equipment	10,000	-	10,000
	<u>11,391</u>	<u>(1,391)</u>	<u>10,000</u>
TOTAL FUNDS	<u>243,801</u>	<u>10,084</u>	<u>253,885</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,201	(74,726)	11,475
Restricted funds			
Trips	-	(1,391)	(1,391)
	<u>86,201</u>	<u>(76,117)</u>	<u>10,084</u>
TOTAL FUNDS	<u>86,201</u>	<u>(76,117)</u>	<u>10,084</u>

Restricted funds:

Trips - A grant from Nationwide was received to fund trips for families supported by CALM.

IT equipment - donation from Nominet UK to fund devices, such as tablets or laptops, to children who are currently isolated at home, undergoing treatment in hospital or otherwise disadvantaged due to their current or recent illness.

Patio furniture - a donation from Holiday Inn for patio furniture at the Cotswolds holiday home

18. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2023.

THE CALM TRUST

England & Wales - Charity number 292318

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 December 2022
for
The Calm Trust

Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

The Calm Trust

**Contents of the Financial Statements
for the Year Ended 31 December 2022**

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The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2022

The trustees present their report with the financial statements of the charity for the year ended 31 December 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objects and principal activities are to:

- support the children and families associated with the treatment of cancer or leukaemia.

Significant activities

The main areas of charitable activity are the provision of counselling, advice and information and support the families and children.

Public benefit

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. The trustees consider that they have acted in the public benefit.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2022

ACHIEVEMENT AND PERFORMANCE

After the difficulties and challenges created by the Covid-19 pandemic, The CALM Trust was able to return to more recognisable ways of working again in 2022. This included the return of more face-to-face support and a greater number of social activities and fundraising. This has allowed us to once again step up the valuable support to families with a child diagnosed with cancer or leukaemia and receiving care at the Great Western Hospital in Swindon.

As has always been the case, CALM charity continues to be run by a committee made up of parents who've had a child diagnosed with a form of cancer, and therefore understand the issues, concerns and demands placed on the families we support.

As a charity we have remained committed to providing emotional, practical and financial support, as well as social activities and the opportunity for families to make the most of the breaks between hospital appointments.

During 2022, CALM was able to offer a full season of convalescent family holiday breaks at a choice of South Cerney in Gloucestershire, Weymouth in Dorset and Tenby in South Wales. All three caravan holiday homes were used extensively.

The end to lockdown restrictions and return to normality allowed CALM to increase the number of social events and day trips. These included a coach trip to Longleat Safari Park, a trip to Swindon Comic Con and a coach trip to the Disney production of Beauty and the Beast in Bristol. We bought tickets for our families to see Nurse Helen perform in a number of productions put on by the Wootton Bassett Light Operatic Society (WNBOS).

Our on-treatment families were also invited to the Christmas pantomime at the Wyvern Theatre in Swindon and during the summer some of our on-treatment families were also invited to take part in 'A Night at the Zoo', a special behind the scenes event at the Cotswold Wildlife Park.

Around 30 children attended the Children's Christmas Party, which was supported by the Swindon Freemason Society and Aldi. A teenager's Christmas party was held with a meal out followed by a visit to the cinema. In addition, we held a number of coffee and play mornings, delivered Easter Eggs to all on treatment families (thanks to Iceland, GXO and First City Nursing) and we were also able to offer our families passes to use for days out at Bristol Zoo and the Bristol Wildplace project.

CALM has maintained its close links with the local medical teams. Nurse Helen Good, who continues to play a key role in providing care and support for our families, as well as being our main liaison with the Great Western Hospital team. CALM also continues to support and fund care packages for our families, including sweets and treats that clinic volunteer Lynda McMahon can hand to children when they attend appointments.

CALM continues to work in partnership with other charities that assist our families. We are grateful to CLIC Sargent for providing Social Workers at the main regional centres in Oxford & Bristol. CALM is also thankful to the work of several children's hospice organisations in our area, including Julia's House and Jessie May. CALM continues to benefit from support from other charitable groups including the Fat Boys charity, which presented Christmas presents to some of our families.

CALM has also continued to support Chloe's Fight with Ewings, a charity set up in memory of Chloe Venton from Swindon. During the first half of 2022 we were also able to support the Nordoff Robbins charity to provide music therapy sessions on the Children's Ward at the Great Western Hospital in Swindon.

Significantly on the fundraising front, we were able to hold our annual charity Golf Day at Wrag Barn Golf Club for the first time in three years. This was our 27th annual Golf Day and following the Covid enforced break and the sad loss of organiser John Lyford in November 2021, the event was a huge success with our biggest field of teams for a long time. A trophy for the best player was dedicated in John's memory. Our own committee led fundraising has included selling tickets for Swindon's Famous Duck Race and a bucket collection at the Morrison's supermarket in Haydon Wick in December.

Businesses have once again played a key role in raising money for CALM. The following are some of the companies that have supported CALM in 2022: Nominet, Iceland Distribution Centres (GXO), Amazon, Sollertis (OneBot), Primary Insurance, Nationwide Building Society, Aldi Regional Distribution Centre, Learning Curve Day Nursery, Excalibur Communications, Kingsdown Crematorium, Laser Quest, First City Nursing, Coatstone Surfacing, Ceva Logistics, Lou's Flower Box, and Holiday Inn Express. Many other businesses supported CALM through donations for the Golf Day and other requests for raffle and auction prizes.

CALM has also received support from community groups and individuals: Swindon Freemasons, Rotary Club of Swindon (Old Town), Broome Manor Golf Club, Dragon Christmas sale, Wanborough Farmers Market, Richie Birke, Daniel's cake sale, Bradon Forest School, Nova Hreod School, Poppydown Quilters, North Wilts Youth Football League, Philip Leppard, Adam Cunningham & George Tucker

The Calm Trust

Report of the Trustees **for the Year Ended 31 December 2022**

A number of our families (and their friends) have also held fundraising events or taken part in challenges for us. These include: Liam Kearns (rowing the River Thames), Amy Carter (in memory of Jack Clifford), Melissa Robinson (sponsored haircut), The Playden sponsored walk, Cat Bunce (fundraising in memory Daniel Fagan) and Lindsey Furness (Great North Swim).

CALM continues to keep families up-to-date with events via e-mails, with a continued use of social media (Facebook and Twitter) to share our achievements and successes.

During 2022, CALM was able to celebrate a number of children successfully completing their treatment. At the same time new families went through the trauma of learning their child had a form of cancer or leukaemia. The charity provided assistance and support to all families with a child on treatment. As well as the support detailed above; the charity also continues to have a policy of continuing to invite families to be part of CALM following the conclusion of treatment.

CALM continues to have a policy of keeping cash reserves in place for difficult times. This policy played a key role in helping the charity through the Covid-19 pandemic. It continues to be our aim to have two years' worth of funding in reserve. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

Our committee has worked hard to organise fundraising and social events. To ensure the charity can continue to move forward it remains important that we continue to encourage more parents to volunteer to take part in fundraising events and to consider joining the committee.

In October we were dealt a devastating blow with the sudden death of our friend and colleague Lucy Young. For more than a decade Lucy was the beating heart of our charity serving as both charity Secretary and then Treasurer. She was a wonderful friend, always there with encouragement, love and support. Even when she was struggling with her own health, she never complained and continued to put others first. Our love, thoughts and sympathies are with her family.

FINANCIAL REVIEW

Financial position

At 31 December 2022 the charity had total funds of £253,885, of which £37,273 are held as fixed assets and £10,000 as restricted funds. Free reserves are £206,612.

Reserves policy

Financially CALM continues to live within its means and continues to take a prudent view of holding at least two years worth of running costs as cash reserves. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

FUTURE PLANS

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation was registered in 1985.

Recruitment and appointment of new trustees

The Management Committee are not charity trustees for the purposes of charity law. Under the requirements of the Trust Deed the members of the Management Committee are all volunteers and are confirmed at the Annual General Meeting.

The trustees are already familiar with the practical work of the charity.

Organisational structure

The CALM Trust has a Management Committee of up to 16 members who meet most months and are responsible for the strategic direction and policy of the charity. The Secretary also sits on the Committee. A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

292318

The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2022

Principal address

52 Cornflower Road
Haydon Wick
Swindon
SN25 1SA

Trustees

J Bridgeman
P Cowan
K Jennings

Management Committee

As of 31st December 2022 the management committee list was:

Mr R Crowley Chairman
Mrs S McGill Secretary
Mrs A Buckley
Mrs B Bull
Mr C Bull
Mr R Burke
Mr A Coward
Mrs E Dancey
Mrs S Lewis
Mrs S Motture
Mrs A Oswin
Mrs D Renard
Mrs F Robinson
Mr D Rodgers
Mrs C Shurmer
Mrs H Steward

During 2023, Mr R Burke has left & Mr N Brookes has joined.

Independent Examiner

James Gare FCA DChA
Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

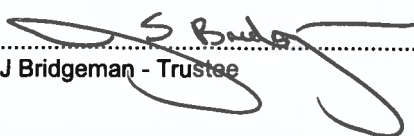
Solicitors

Bevirs Solicitors,
36 Regent Circus,
Swindon,
SN1 1UQ

Bankers

Barclays Bank plc,
Regent Street,
Swindon,
SN1 1QB

Approved by order of the board of trustees on 11/10/23 and signed on its behalf by:


.....
J Bridgeman - Trustee

**Independent Examiner's Report to the Trustees of
The Calm Trust**

Independent examiner's report to the trustees of The Calm Trust

I report to the charity trustees on my examination of the accounts of The Calm Trust (the Trust) for the year ended 31 December 2022.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Monahans provide book-keeping services to The Calm Trust. The examiner has applied the FRC's Revised Ethical Standard in regard to these services.



James Gare FCA DChA

Monahans
Chartered Accountants
Hermes House
Fire Fly Avenue
Swindon
Wiltshire
SN2 2GA

Date: 19 October 2023

The Calm Trust

Statement of Financial Activities
for the Year Ended 31 December 2022

	Notes	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	69,866	-	69,866	57,325
Other trading activities	3	16,188	-	16,188	1,001
Investment income	4	147	-	147	187
Total		<u>86,201</u>	<u>-</u>	<u>86,201</u>	<u>58,513</u>
EXPENDITURE ON					
Raising funds	5	7,470	-	7,470	250
Charitable activities	6				
Support activities		67,256	1,391	68,647	65,784
Total		<u>74,726</u>	<u>1,391</u>	<u>76,117</u>	<u>66,034</u>
NET INCOME/(EXPENDITURE)		11,475	(1,391)	10,084	(7,521)
RECONCILIATION OF FUNDS					
Total funds brought forward		232,410	11,391	243,801	251,322
TOTAL FUNDS CARRIED FORWARD		<u><u>243,885</u></u>	<u><u>10,000</u></u>	<u><u>253,885</u></u>	<u><u>243,801</u></u>

The Calm Trust


**Balance Sheet
31 December 2022**

	Notes	2022 £	2021 £
FIXED ASSETS			
Tangible assets	11	37,273	49,725
CURRENT ASSETS			
Stocks	12	1,848	2,258
Debtors	13	1,043	20,722
Cash at bank and in hand		215,146	173,223
		<u>218,037</u>	<u>196,203</u>
CREDITORS			
Amounts falling due within one year	14	(1,425)	(2,127)
		<u>216,612</u>	<u>194,076</u>
NET CURRENT ASSETS			
		<u>216,612</u>	<u>194,076</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>253,885</u>	<u>243,801</u>
NET ASSETS		<u>253,885</u>	<u>243,801</u>
FUNDS	16		
Unrestricted funds		243,885	232,410
Restricted funds		10,000	11,391
TOTAL FUNDS		<u>253,885</u>	<u>243,801</u>

The financial statements were approved by the Board of Trustees and authorised for issue on11 October 2023..... and were signed on its behalf by:



.....
P Cowan - Trustee



.....
K Jennings - Trustee



.....
J Bridgeman - Trustee

The Calm Trust

Notes to the Financial Statements for the Year Ended 31 December 2022

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest pound.

There are no significant areas of judgements or key sources of estimation uncertainty.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Legal status and general information

The charity is an unincorporated trust constituted by a trust deed. The details of the charity are found in the trustees report.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

- Investment income is included when receivable.

- Incoming resources from charitable trading activity are accounted for when earned.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Holiday Homes	- 25% on reducing balance
Equipment	- 25% on reducing balance
Computer equipment	- 33% on straight line basis

The costs of minor additions or those costing below £1,000 are not capitalised.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Amounts owing to the charity at 31st December are shown as debtors less provisions for amounts that may prove uncollectable. Short term deposits include cash held on deposit in savings accounts at the Bank. Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2022	2021
	£	£
Donations	69,866	57,325

3. OTHER TRADING ACTIVITIES

	2022	2021
	£	£
Fundraising events	16,188	1,001

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

4. INVESTMENT INCOME		2022	2021
		£	£
Deposit account interest		147	187
		<u> </u>	<u> </u>
5. RAISING FUNDS			
		2022	2021
		£	£
Raising donations and legacies			
Fundraising costs		7,470	-
		<u> </u>	<u> </u>
Other trading activities			
		2022	2021
		£	£
Purchases		-	250
		<u> </u>	<u> </u>
Aggregate amounts		7,470	250
		<u> </u>	<u> </u>
6. CHARITABLE ACTIVITIES COSTS			
	Direct	Support	
	Costs (see	costs (see	
	note 7)	note 8)	Totals
	£	£	£
Support activities	60,848	7,799	68,647
	<u> </u>	<u> </u>	<u> </u>
7. DIRECT COSTS OF CHARITABLE ACTIVITIES			
		2022	2021
		£	£
Welfare support		15,260	20,069
Holiday home running costs		24,484	20,921
Travel		235	15
Functions		8,417	2,516
Depreciation		12,452	16,727
Loss on sale of assets		-	38
		<u> </u>	<u> </u>
		60,848	60,286
		<u> </u>	<u> </u>
8. SUPPORT COSTS			
	Management	Governance	Totals
	£	costs	£
	£	£	£
Support activities	6,338	1,461	7,799
	<u> </u>	<u> </u>	<u> </u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	2022 Support activities £	2021 Total activities £
Insurance	261	487
Telephone	201	382
Postage and stationery	1,416	398
Sundries	4,460	2,701
Accountancy and independent examination	1,461	1,530
	7,799	5,498
	7,799	5,498

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2022 nor for the year ended 31 December 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2022 nor for the year ended 31 December 2021.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	47,325	10,000	57,325
Other trading activities	1,001	-	1,001
Investment income	187	-	187
Total	48,513	10,000	58,513
EXPENDITURE ON			
Raising funds	250	-	250
Charitable activities			
Support activities	65,784	-	65,784
Total	66,034	-	66,034
NET INCOME/(EXPENDITURE)	(17,521)	10,000	(7,521)
RECONCILIATION OF FUNDS			
Total funds brought forward	249,931	1,391	251,322
TOTAL FUNDS CARRIED FORWARD	232,410	11,391	243,801

The Calm Trust

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

11. TANGIBLE FIXED ASSETS

	Holiday Homes £	Equipment £	Computer equipment £	Totals £
COST				
At 1 January 2022 and 31 December 2022	146,089	1,100	499	147,688
DEPRECIATION				
At 1 January 2022	96,654	839	470	97,963
Charge for year	12,359	65	28	12,452
At 31 December 2022	109,013	904	498	110,415
NET BOOK VALUE				
At 31 December 2022	37,076	196	1	37,273
At 31 December 2021	49,435	261	29	49,725

12. STOCKS

	2022 £	2021 £
Stocks	1,848	2,258

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Other debtors	404	-
Prepayments and accrued income	639	20,722
	1,043	20,722

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2022 £	2021 £
Accrued expenses	1,425	2,127

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted funds £	2022 Total funds £	2021 Total funds £
Fixed assets	37,273	-	37,273	49,725
Current assets	208,037	10,000	218,037	196,203
Current liabilities	(1,425)	-	(1,425)	(2,127)
	243,885	10,000	253,885	243,801

The Calm Trust

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2022**

16. MOVEMENT IN FUNDS

	At 1.1.22 £	Net movement in funds £	At 31.12.22 £
Unrestricted funds			
General fund	232,410	11,475	243,885
Restricted funds			
Trips	1,391	(1,391)	-
IT equipment	10,000	-	10,000
	<u>11,391</u>	<u>(1,391)</u>	<u>10,000</u>
TOTAL FUNDS	<u>243,801</u>	<u>10,084</u>	<u>253,885</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	86,201	(74,726)	11,475
Restricted funds			
Trips	-	(1,391)	(1,391)
	<u>86,201</u>	<u>(76,117)</u>	<u>10,084</u>
TOTAL FUNDS	<u>86,201</u>	<u>(76,117)</u>	<u>10,084</u>

Comparatives for movement in funds

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	249,931	(17,521)	232,410
Restricted funds			
Trips	1,391	-	1,391
IT equipment	-	10,000	10,000
	<u>1,391</u>	<u>10,000</u>	<u>11,391</u>
TOTAL FUNDS	<u>251,322</u>	<u>(7,521)</u>	<u>243,801</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	48,513	(66,034)	(17,521)
Restricted funds			
IT equipment	10,000	-	10,000
	<u>58,513</u>	<u>(66,034)</u>	<u>(7,521)</u>
TOTAL FUNDS	<u>58,513</u>	<u>(66,034)</u>	<u>(7,521)</u>

Restricted funds:

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2022

16. MOVEMENT IN FUNDS - continued

Trips - A grant from Nationwide was received to fund trips for families supported by CALM.
IT equipment - donation from Nominet UK to fund devices, such as tablets or laptops, to children who are currently isolated at home, undergoing treatment in hospital or otherwise disadvantaged due to their current or recent illness.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2022.

THE CALM TRUST

England & Wales - Charity number 292318

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 December 2021
for
The Calm Trust

Monahans
Chartered Accountants
38-42 Newport Street
Swindon
Wiltshire
SN1 3DR

The Calm Trust

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for the Year Ended 31 December 2021**

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The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2021

The trustees present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objects and principal activities are to:

- support the children and families associated with the treatment of cancer or leukaemia.

Significant activities

The main areas of charitable activity are the provision of counselling, advice and information and support the families and children.

Public benefit

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. The trustees consider that they have acted in the public benefit.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2021

ACHIEVEMENT AND PERFORMANCE

Like many other charities, CALM has continued to feel the impact of the Covid-19 pandemic during 2021. Lockdowns, self isolation and social distancing have provided us with unique challenges. During 2020 CALM had to change focus and adapt some of our forms of support; however during 2021 we were able to begin a shift back to some of our trusted ways of working. Despite all of the challenges of the pandemic, as a charity we have continued to give valuable support to families with a child diagnosed with cancer or leukaemia and receiving care at the Great Western Hospital in Swindon.

As has always been the case, CALM charity continues to be run by a committee made up of parents who've had a child diagnosed with a form of cancer, and therefore understand the issues, concerns and demands placed on families we support. As a charity we have remained committed to providing emotional, practical and financial support, as well as social activities and the opportunity for families to make the most of the breaks between hospital appointments.

During 2020 the pandemic led to the cancellation of virtually all of our social activities, and 2021 started on a similar footing. To support our families during lockdown in April, we delivered Easter Eggs to around 30 families. The eggs were provided by the Iceland Distribution Centre in Swindon. We also delivered 20 arts and crafts kits donated by TD Williamson to around a dozen of our on-treatment families during the spring.

In May, as restrictions started to be relaxed, we were able to hold our first face-to-face coffee morning at a new location at St Francis CoE School in Tawhill, North Swindon. Further coffee mornings took place in July (just before the summer holidays) and again with a Halloween theme in the October half-term. In between, we were able to hold a successful outdoor family fun day at St Francis School, where we provided pizzas, ice creams, drinks, a bouncy castle and other attractions.

In December, we were able to return to running both a children's Christmas Party at the Masonic Lodge in Old Town and a teenage Christmas Party at the Ten Pin Bowling venue in West Swindon. CALM also delivered presents to all on-treatment families (including siblings) who were unable to make it to either of the Christmas parties. A smaller group of families were also treated to a free Christmas evening at Kaspas Desserts. Our biggest social event of the year saw more than 15 families enjoy an evening at the Wyvern Theatre's festive pantomime 'Jack and the Beanstalk'.

On the fundraising front, we were once again unable to stage our annual summer golf day in June. In early November we heard of the sad passing of John Lyford. For 25 years John has organised the sporting side of the golf day, looking after all of the scoring and presentations of prizes. John has been a driving force behind the CALM Golf Day and he was always supported by his wife Jenny. Everyone at CALM sends their love and condolences to John's family. John will be both honoured and remembered when our golf day returns in 2022.

For the second year running, Covid restrictions meant we couldn't stage our annual Christmas bag packing event at the Morrison's store at Haydon in Swindon. However, the store did allow us to run a bucket collection outside the doors, which was well supported. During December, CALM was also invited to be the official charity of the Swindon Wildcats Ice Hockey team's annual 'teddy bear toss.' Hundreds of teddy bears were donated and we held a collection at the end of the game too.

Although holding fundraising events was restricted again in 2021, thankfully CALM has continued to benefit from business support. The following companies have supported CALM in 2021: People Solutions, Nominet (grant to provide for digital devices), Iceland Distribution Centres (GXO), Fish Brothers Peugeot & Seat, Lou's Flower Box, Nationwide Building Society, Aldi Regional Distribution Centre, Learning Curve Day Nursery, Fundamental, TK Maxx/Homesense, Enterprise rent-a-car and New Balance

CALM has also received support from the following community groups and individuals: Swindon Freemasons, 24 Squadron RAF Association, Natalie Lee & Guy Pearce, Amesbury Walking Football Club tournament, Alan Butler (Bournemouth to Berwick walk) Broome Manor Golf Club and Richie Burke & family.

A number of our families (and their friends) have also held fundraising events or taken part in challenges for us. These include: Sienna Lewis (walking challenge), Matthew Partridge (coffee, cake & raffle morning), Couchman family, Markus Lehmann (Odyssey club event), Alison & Rob Franklin (wedding donations), Cat Bunce (fundraising in memory Daniel Fagan), Shreenik Khadka (fundraising) and Pete Hogan (Race to the Stones).

With lockdown restrictions easing in May, CALM was able to offer a full season of convalescent family holiday breaks at a choice of South Cerney in Gloucestershire, Weymouth in Dorset and Tenby in South Wales. All three caravan holiday homes were used extensively. In addition, from May we were also able to offer our families passes to use for a day out at Bristol Zoo.

CALM has maintained its close links with the local medical teams. During 2021 this has predominantly been through Nurse Helen Good, who continues to play a key role in providing care and support for our families. Lockdown has meant the majority of this contact has been via email and phone calls. CALM also continues to support and fund care packages for our families, including sweets and treats that clinic volunteer Lynda McMahon can hand to children when they attend appointments.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2021

CALM continues to work in partnership with other charities that assist our families. We are grateful to CLIC Sargent for providing Social Workers at the main regional centres in Oxford & Bristol. CALM is also thankful to the work of several children's hospice organisations in our area, including Julia's House and Jessie May. CALM also continues to benefit from financial support from other charitable groups including the Fat Boys charity, which presented Christmas presents to some of our families. For the first time in 2021, CALM also worked together with Chloe's Fight with Ewings, a charity set up in memory of Chloe Venton. Chloe's family held a family fun day in July and were able to make a donation to CALM from the money they raised.

CALM continues to support the work of other charities. We continue to support the Nordoff Robbins charity to provide music therapy sessions on the Children's Ward at the Great Western Hospital in Swindon. CALM also continued to support DKMS events in Swindon to encourage people to join the blood stem cell register

CALM continues to keep families up-to-date with events via e-mails, with a continued use of social media (Facebook and Twitter) to share our achievements and successes.

During 2021, CALM was able to celebrate a number of children successfully completing their treatment, but at the same time new families went through the trauma of learning their child had a form of cancer or leukaemia. A number of children have received palliative treatment during the year and sadly two children supported by our charity lost their battles with cancer during the year.

The charity provided assistance and support to all families with a child on treatment. As well as the support detailed above; the charity also continues to have a policy of continuing to invite families to be part of CALM following the conclusion of treatment.

Our committee has worked hard in difficult times to continue to support our families. Two long serving committee members - Sam Goodchild and Maureen Morland - stood down from the committee in 2021. The charity would like to place on record our thanks to both of them for everything they have done to support our families. To ensure the charity can continue to move forward it remains important that we continue to encourage more parents to consider joining the committee.

Financially, 2021 has been a more stable year for the charity, after the difficulties of 2020. CALM continues to have a policy of keeping cash reserves in place for such difficult times. It continues to be our aim to have two years' worth of funding in reserve. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

FINANCIAL REVIEW

Financial position

At 31 December 2021 the charity had total funds of £243,801, of which £49,724 are held as fixed assets and £11,391 as restricted funds. Free reserves are £182,686.

Reserves policy

Financially CALM continues to live within its means and continues to take a prudent view of holding at least two years worth of running costs as cash reserves. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

FUTURE PLANS

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation was registered in 1985.

Recruitment and appointment of new trustees

The Management Committee are not charity trustees for the purposes of charity law. Under the requirements of the Trust Deed the members of the Management Committee are all volunteers and are confirmed at the Annual General Meeting.

The trustees are already familiar with the practical work of the charity.

The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The CALM Trust has a Management Committee of up to 16 members who meet most months and are responsible for the strategic direction and policy of the charity. The Secretary also sits on the Committee.

A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

292318

Principal address

52 Cornflower Road
Haydon Wick
Swindon
SN25 1SA

Trustees

J Bridgeman
P Cowan
K Jennings

Management Committee

Mr R Crowley	Chairman
Mrs L Young	Treasurer
Mrs S McGill	Secretary
Mrs A Buckley	
Mr C Bull	
Mr R Burke	
Mr A Coward	
Mrs E Dancey	
Mrs C Fernandez	
Mrs E Kemp	
Mrs C Lacey	
Mrs S Lewis	
Mrs S Motture	
Mrs F Robinson	
Mrs D Rodgers	
Mrs C Shurmer	
Mrs H Steward	

Independent Examiner

James Gare FCA DChA
Monahans
Chartered Accountants
38-42 Newport Street
Swindon
Wiltshire
SN1 3DR

Solicitors

Bevirs Solicitors,
36 Regent Circus,
Swindon,
SN1 1UQ

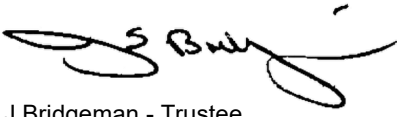
Bankers

Barclays Bank plc,
Regent Street,
Swindon,
SN1 1QB

The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2021

Approved by order of the board of trustees on 26 March 2022 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'J Bridgeman', with a stylized flourish at the end.

J Bridgeman - Trustee

**Independent Examiner's Report to the Trustees of
The Calm Trust**

Independent examiner's report to the trustees of The Calm Trust

I report to the charity trustees on my examination of the accounts of The Calm Trust (the Trust) for the year ended 31 December 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



James Gare FCA DChA
Monahans
Chartered Accountants
38-42 Newport Street
Swindon
Wiltshire
SN1 3DR

Date: 6 April 2022

The Calm Trust

Statement of Financial Activities
for the Year Ended 31 December 2021

	Notes	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	47,325	10,000	57,325	43,643
Other trading activities	3	1,001	-	1,001	364
Investment income	4	187	-	187	436
Total		<u>48,513</u>	<u>10,000</u>	<u>58,513</u>	<u>44,443</u>
EXPENDITURE ON					
Raising funds	5	250	-	250	446
Charitable activities	6				
Support activities		65,784	-	65,784	79,937
Total		<u>66,034</u>	<u>-</u>	<u>66,034</u>	<u>80,383</u>
NET INCOME/(EXPENDITURE)		<u>(17,521)</u>	<u>10,000</u>	<u>(7,521)</u>	<u>(35,940)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		249,931	1,391	251,322	287,262
TOTAL FUNDS CARRIED FORWARD		<u>232,410</u>	<u>11,391</u>	<u>243,801</u>	<u>251,322</u>

The notes form part of these financial statements

The Calm Trust

Balance Sheet
31 December 2021

	Notes	2021 £	2020 £
FIXED ASSETS			
Tangible assets	11	49,724	66,489
CURRENT ASSETS			
Stocks	12	2,258	2,240
Debtors	13	20,722	16,337
Cash at bank and in hand		173,223	168,154
		<hr/>	<hr/>
		196,203	186,731
CREDITORS			
Amounts falling due within one year	14	(2,126)	(1,898)
		<hr/>	<hr/>
NET CURRENT ASSETS		194,077	184,833
		<hr/>	<hr/>
TOTAL ASSETS LESS CURRENT LIABILITIES		243,801	251,322
		<hr/>	<hr/>
NET ASSETS		243,801	251,322
		<hr/>	<hr/>
FUNDS	16		
Unrestricted funds		232,410	249,931
Restricted funds		11,391	1,391
		<hr/>	<hr/>
TOTAL FUNDS		243,801	251,322
		<hr/>	<hr/>

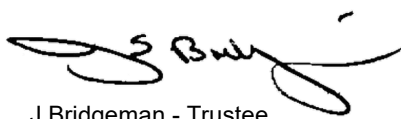
The financial statements were approved by the Board of Trustees and authorised for issue on 26 March 2022 and were signed on its behalf by:



P Cowan - Trustee



K Jennings - Trustee



J Bridgeman - Trustee

The Calm Trust

Notes to the Financial Statements for the Year Ended 31 December 2021

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest pound.

There are no significant areas of judgements or key sources of estimation uncertainty.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Legal status and general information

The charity is an unincorporated trust constituted by a trust deed. The details of the charity are found in the trustees report.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty or receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

- Investment income is included when receivable.

- Incoming resources from charitable trading activity are accounted for when earned.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

The Calm Trust

Notes to the Financial Statements - continued for the Year Ended 31 December 2021

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Holiday Homes	- 25% on reducing balance
Equipment	- 25% on reducing balance
Computer equipment	- 33% on straight line basis

The costs of minor additions or those costing below £1,000 are not capitalised.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Amounts owing to the charity at 31st December are shown as debtors less provisions for amounts that may prove uncollectable. Short term deposits include cash held on deposit in savings accounts at the Bank. Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	57,325	43,643

3. OTHER TRADING ACTIVITIES

	2021	2020
	£	£
Fundraising events	1,001	328
Merchandise income	-	36
	<u>1,001</u>	<u>364</u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2021

4. INVESTMENT INCOME		2021	2020
		£	£
Deposit account interest		<u>187</u>	<u>436</u>
5. RAISING FUNDS			
Raising donations and legacies		2021	2020
		£	£
Fundraising costs		<u>-</u>	<u>13</u>
Other trading activities		2021	2020
		£	£
Purchases		<u>250</u>	<u>433</u>
Aggregate amounts		<u>250</u>	<u>446</u>
6. CHARITABLE ACTIVITIES COSTS			
	Direct Costs (see note 7)	Support costs (see note 8)	Totals
	£	£	£
Support activities	<u>60,286</u>	<u>5,498</u>	<u>65,784</u>
7. DIRECT COSTS OF CHARITABLE ACTIVITIES		2021	2020
		£	£
Welfare support		20,069	32,773
Holiday home running costs		20,921	20,064
Travel		15	10
Functions		2,516	76
Depreciation		16,727	22,163
Loss on sale of assets		38	-
		<u>60,286</u>	<u>75,086</u>
8. SUPPORT COSTS			
	Management	Governance	Totals
	£	costs £	£
Support activities	<u>3,968</u>	<u>1,530</u>	<u>5,498</u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2021

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	2021 Support activities £	2020 Total activities £
Insurance	487	413
Telephone	382	394
Postage and stationery	398	383
Sundries	2,701	2,343
Accountancy and independent examination	1,530	1,318
	<u>5,498</u>	<u>4,851</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	43,643	-	43,643
Other trading activities	364	-	364
Investment income	436	-	436
Total	<u>44,443</u>	-	<u>44,443</u>
EXPENDITURE ON			
Raising funds	446	-	446
Charitable activities			
Support activities	79,937	-	79,937
Total	<u>80,383</u>	-	<u>80,383</u>
NET INCOME/(EXPENDITURE)	<u>(35,940)</u>	-	<u>(35,940)</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	285,871	1,391	287,262
TOTAL FUNDS CARRIED FORWARD	<u>249,931</u>	<u>1,391</u>	<u>251,322</u>

The Calm Trust

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2021**

11. TANGIBLE FIXED ASSETS

	Holiday Homes £	Equipment £	Computer equipment £	Totals £
COST				
At 1 January 2021	146,089	1,280	756	148,125
Disposals	-	(180)	(257)	(437)
At 31 December 2021	<u>146,089</u>	<u>1,100</u>	<u>499</u>	<u>147,688</u>
DEPRECIATION				
At 1 January 2021	80,176	914	546	81,636
Charge for year	16,478	87	163	16,728
Eliminated on disposal	-	(162)	(238)	(400)
At 31 December 2021	<u>96,654</u>	<u>839</u>	<u>471</u>	<u>97,964</u>
NET BOOK VALUE				
At 31 December 2021	<u>49,435</u>	<u>261</u>	<u>28</u>	<u>49,724</u>
At 31 December 2020	<u>65,913</u>	<u>366</u>	<u>210</u>	<u>66,489</u>

12. STOCKS

	2021 £	2020 £
Stocks	<u>2,258</u>	<u>2,240</u>

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Prepayments and accrued income	<u>20,722</u>	<u>16,337</u>

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Accrued expenses	<u>2,126</u>	<u>1,898</u>

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted funds £	2021 Total funds £	2020 Total funds £
Fixed assets	49,724	-	49,724	66,489
Current assets	184,812	11,391	196,203	186,731
Current liabilities	(2,126)	-	(2,126)	(1,898)
	<u>232,410</u>	<u>11,391</u>	<u>243,801</u>	<u>251,322</u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2021

16. MOVEMENT IN FUNDS

	At 1.1.21 £	Net movement in funds £	At 31.12.21 £
Unrestricted funds			
General fund	249,931	(17,521)	232,410
Restricted funds			
Trips	1,391	-	1,391
IT equipment	-	10,000	10,000
	<u>1,391</u>	<u>10,000</u>	<u>11,391</u>
TOTAL FUNDS	<u><u>251,322</u></u>	<u><u>(7,521)</u></u>	<u><u>243,801</u></u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	48,513	(66,034)	(17,521)
Restricted funds			
IT equipment	10,000	-	10,000
	<u>58,513</u>	<u>(66,034)</u>	<u>(7,521)</u>
TOTAL FUNDS	<u><u>58,513</u></u>	<u><u>(66,034)</u></u>	<u><u>(7,521)</u></u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	285,871	(35,940)	249,931
Restricted funds			
Trips	1,391	-	1,391
	<u>287,262</u>	<u>(35,940)</u>	<u>251,322</u>
TOTAL FUNDS	<u><u>287,262</u></u>	<u><u>(35,940)</u></u>	<u><u>251,322</u></u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	44,443	(80,383)	(35,940)
	<u>44,443</u>	<u>(80,383)</u>	<u>(35,940)</u>
TOTAL FUNDS	<u><u>44,443</u></u>	<u><u>(80,383)</u></u>	<u><u>(35,940)</u></u>

Restricted funds:

Trips - A grant from Nationwide was received to fund trips for families supported by CALM.

IT equipment - donation from Nominet UK to fund devices, such as tablets or laptops, to children who are currently isolated at home, undergoing treatment in hospital or otherwise disadvantaged due to their current or recent illness.

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2021

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2021.

THE CALM TRUST

England & Wales - Charity number 292318

Accounts

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 December 2020
for
The Calm Trust

MHA Monahans
Chartered Accountants
38-42 Newport Street
Swindon
Wiltshire
SN1 3DR

The Calm Trust

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for the Year Ended 31 December 2020**

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The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2020

The trustees present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charity's objects and principal activities are to:

- support the children and families associated with the treatment of cancer or leukaemia.

Significant activities

The main areas of charitable activity are the provision of counselling, advice and information and support the families and children.

Public benefit

The trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding what activities the charity should undertake. The trustees consider that they have acted in the public benefit.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2020

ACHIEVEMENT AND PERFORMANCE

2020 has been a year like no other for CALM, with the Covid-19 pandemic and various lockdowns providing us as a charity with unique challenges. The pandemic has meant we've had to shift focus and adapt some of our forms of support. However, despite these challenges, as a charity we have continued to give valuable support to families with a child diagnosed with cancer or leukaemia and receiving care at the Great Western Hospital in Swindon.

As has always been the case, CALM charity continues to be run by a committee made up of parents who've had a child diagnosed with a form of cancer, and therefore understand the issues, concerns and demands placed on families we support. As a charity we have remained committed to providing emotional, practical and financial support, as well as social activities and the opportunity for families to make the most of the breaks between hospital appointments.

The pandemic has sadly seen social activities scaled back, but we have countered this with more financial support and also doorstep visits to deliver Easter eggs, care packages and Christmas presents to our families.

In April, we were able to deliver Easter Eggs and Easter chocolates to almost 30 families. First City Nursing provided the Easter Eggs and the Lindt shop in Swindon's Designer Outlet provided the Easter Chocolates (after being nominated by the Swindonian website).

Extra cash grants were given to on-treatment families, and also those within a year of being off-treatment, as these families faced greater restrictions in lockdown. Care packages were also offered to these families, with craft and other activities that children could do whilst having to stay at home.

In December, Honda donated 10 Christmas hampers to CALM and our committee also put together another 20 Christmas hampers with support from Aldi UK (Swindon), Cat Solutions (Swindon), and also fundraising from Richie Burke, A2B Assured Move Ltd, the Swindon Masonic Association, Sam Goodchild & family and Allison Millin. Alongside the hampers more than 30 of our families received Christmas presents delivered to their doorsteps. This was a direct replacement for our usual annual children's and teenager's Christmas party. TD Wilkinson (Swindon) also donated 20 craft kits in December 2020.

On the fundraising front, we sadly had to cancel two of our big events, the annual summer golf day in June and the annual Christmas bag packing event at Morrisons Haydon, Swindon in December. Thankfully CALM has continued to benefit from business support, including Nationwide, ALDI Distribution Centre (South Marston), Learning Curve Day Nursery, Thermo Fisher Scientific, Catalent Pharmaceuticals and Sugar Shack (Swindon). Sadly after a long partnership, White Stuff in Marlborough made changes to the way they donate to charity, although we did benefit from farewell donation. Jeremy Holt and the Swindon Business Board held a socially distanced art auction on behalf of CALM and the NSPCC in the Town Gardens, Swindon in August and XPO Logistics / Iceland Distribution Centre in Swindon made CALM their Christmas charity in December.

From May 2019 until May 2020 CALM Charity was one of the main charities of the Mayor of Swindon Cllr Kevin Parry. A host of events took place, including a charity boxing night, a charity skydive, various talent showcase events, various charity meals, markets and quizzes. In total the Mayor and Mayoress raised more than £35,000 for charities in Swindon, with almost half of that total being donated to CALM. CALM would like to place on record our thanks to Cllr Kevin Parry and Cllr Barbara Parry, alongside their fundraising team and family for their friendship and fundraising throughout 2019 and 2020.

CALM has also received support from schools, colleges, community groups, the Freemasons, Rotary Clubs and other individuals, particularly those who have a connection to our families. The Nutkinz Parent and Toddler group made a donation to CALM, as did the Nine Elms public house. Ivana Halcinova completed a Winter Walk and residents at the Laurel Court sheltered housing scheme raised money for us through a series of Sunday afternoon tea events.

A number of our families held fundraising events, including the Partridge family and Couchman family. Other significant donations came from the Broome Manor Golf Club and the Rotary Club of Swindon Thamesdown (from their Poppy Ball in 2019). The use of online giving sites like justgiving.com and Virgin Money Giving continues to help us to collect sponsorship money in an effective manner.

Despite a shorter summer season because of lockdown in 2020, we were still able to offer convalescent family holiday breaks at a choice of South Cerney in Gloucestershire, Weymouth in Dorset and Tenby in South Wales. All three caravan holiday homes were used extensively once lockdown ended and the main summer season started.

Before the pandemic hit, we were able to hold a February coffee morning, and although there were restrictions in place some families were able to use our family passes to Bristol Zoo.

CALM has maintained its close links with the local medical teams. During 2020 this has predominantly been through nurse Helen Good, who has taken on a greater role in providing care and support for our families. Lockdown has meant the majority of this contact has been via email and phone calls.

The Calm Trust

Report of the Trustees for the Year Ended 31 December 2020

CALM continues to work in partnership with other charities that assist our families. We are grateful to CLIC Sargent for providing Social Workers at the main regional centres in Oxford & Bristol. CALM is also thankful to the work of several children's hospice organisations in our area, including Julia's House and Jessie May. CALM also continues to benefit from financial support from other charitable groups including the Ruby's Fat Cow Fund (an organisation set up in memory of Ruby Shakespeare) and the Fat Boys charity, which presents Christmas presents to our families.

CALM has also donated and supported other charities. We worked with the Nordoff Robbins charity, to provide music therapy sessions on the Children's Ward at the Great Western Hospital in Swindon. In partnership with the Brighter Futures charity at the GWH we staged an abseil that took place at the hospital in January 2020 to pay for the extension of these sessions. CALM also continued to support DKMS events in Swindon to encourage people to join the blood stem cell register

CALM continues to keep families up-to-date with events via e-mails, with a continued use of social media (Facebook and Twitter) to share our achievements and successes. CALM has also enjoyed a number of positive features in the local media, including articles in the Swindon Advertiser, the Swindon Link Magazine, Total Swindon and The Swindonian.

During 2020, CALM was able to celebrate a number of children successfully completing their treatment, but at the same time new families went through the trauma of learning their child had a form of cancer or leukaemia. A number of children have received palliative treatment during the year. 2020 was a particular sad year, with five of our children losing their battles with cancer.

The charity provided assistance and support to all families with a child on treatment. As well as the support detailed above; the charity also continues to have a policy of continuing to invite families to be part of CALM following the conclusion of treatment.

Our committee has worked hard in difficult times to continue to support our families. To ensure the charity can continue to move forward it remains important that we continue to encourage more parents to consider joining the committee.

It was an honour in October to receive a formal message of thanks from the Lord Lieutenant of Wiltshire (Her Majesty The Queen's Representative in Wiltshire), for the hard work of our committee in continuing to support our families during the pandemic.

Financially, fundraising and donations have been down in 2020 because of the pandemic. CALM has been able to come through the year because of our policy of keeping cash reserves in place for such difficult times. It continues to be our policy to aim to have two years' worth of funding in reserve. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

FINANCIAL REVIEW

Financial position

At 31 December 2020 the charity had total funds of £249,677, of which £66,488 are held as fixed assets.

Reserves policy

Financially CALM continues to live within its means and continues to take a prudent view of holding at least two years worth of running costs as cash reserves. This policy enables a degree of leeway should the charity fall on harder times, while ensuring families with a child on treatment continue to receive the valuable support that so many others have relied on in the past.

FUTURE PLANS

The charity plans continuing the activities outlined above in the forthcoming years subject to satisfactory funding arrangements.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust and constitutes an unincorporated charity.

The organisation was registered in 1985.

Recruitment and appointment of new trustees

The Management Committee are not charity trustees for the purposes of charity law. Under the requirements of the Trust Deed the members of the Management Committee are all volunteers and are confirmed at the Annual General Meeting.

The trustees are already familiar with the practical work of the charity.

The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2020

STRUCTURE, GOVERNANCE AND MANAGEMENT

Organisational structure

The CALM Trust has a Management Committee of up to 16 members who meet most months and are responsible for the strategic direction and policy of the charity. The Secretary also sits on the Committee.
A scheme of delegation is in place and day to day responsibility for the provision of the services rest with the Chair.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number

292318

Principal address

52 Cornflower Road
Haydon Wick
Swindon
SN25 1SA

Trustees

J Bridgeman
P Cowan
K Jennings

Management Committee

Mr R Crowley	Chairman
Mrs L Young	Treasurer
Mrs S McGill	Secretary
Mrs A Buckley	
Mr A Coward	
Mrs C Fernandez	
Mrs E Kemp	
Mrs C Lacey	
Mrs S Lewis	
Mrs S Goodchild	
Mrs M Morland	
Mrs F Robinson	
Mrs D Rodgers	
Ms D Schofield	
Mrs K Schofield	
Mrs C Shurmer	
Mrs H Steward	

Independent Examiner

S G Fraser FCA
MHA Monahans
Chartered Accountants
38-42 Newport Street
Swindon
Wiltshire
SN1 3DR

Solicitors

Bevirs Solicitors,
36 Regent Circus,
Swindon,
SN1 1UQ

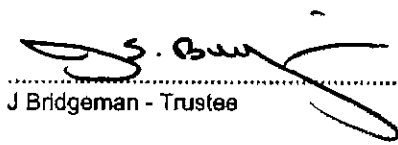
Bankers

Barclays Bank plc,
Regent Street,
Swindon,
SN1 1QB

The Calm Trust

Report of the Trustees
for the Year Ended 31 December 2020

Approved by order of the board of trustees on 11/9/21 and signed on its behalf by:


.....
J Bridgeman - Trustee

Independent Examiner's Report to the Trustees of
The Calm Trust

Independent examiner's report to the trustees of The Calm Trust

I report to the charity trustees on my examination of the accounts of The Calm Trust (the Trust) for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



S G Pleser FCA
MHA Monahans
Chartered Accountants
38-42 Newport Street
Swindon
Wiltshire
SN1 3DR

Date: 21st September 2021

The Calm Trust

**Statement of Financial Activities
for the Year Ended 31 December 2020**

	Notes	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	43,643	-	43,643	58,603
Other trading activities	3	364	-	364	14,462
Investment income	4	436	-	436	600
Total		<u>44,443</u>	-	<u>44,443</u>	<u>73,665</u>
EXPENDITURE ON					
Raising funds	5	446	-	446	6,048
Charitable activities	6				
Support activities		79,937	-	79,937	84,555
Total		<u>80,383</u>	-	<u>80,383</u>	<u>90,603</u>
NET INCOME/(EXPENDITURE)		<u>(35,940)</u>	-	<u>(35,940)</u>	<u>(16,938)</u>
RECONCILIATION OF FUNDS					
Total funds brought forward		285,871	1,391	287,262	304,200
TOTAL FUNDS CARRIED FORWARD		<u><u>249,931</u></u>	<u><u>1,391</u></u>	<u><u>251,322</u></u>	<u><u>287,262</u></u>

The notes form part of these financial statements

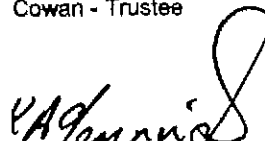
The Calm Trust

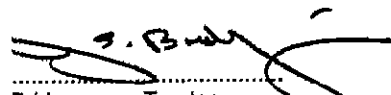
Balance Sheet
31 December 2020

	Notes	2020 £	2019 £
XED ASSETS			
angible assets	11	66,489	88,652
CURRENT ASSETS			
ocks	12	2,240	1,940
btors	13	16,337	13,441
ash at bank		168,154	184,666
		<u>186,731</u>	<u>200,047</u>
REDITORS			
ounts falling due within one year	14	(1,898)	(1,437)
		<u>184,833</u>	<u>198,610</u>
ET CURRENT ASSETS			
		<u>251,322</u>	<u>287,262</u>
OTAL ASSETS LESS CURRENT LIABILITIES			
		<u>251,322</u>	<u>287,262</u>
ET ASSETS			
		<u>251,322</u>	<u>287,262</u>
JNDS	16		
nrestricted funds		249,931	285,671
stricted funds		1,391	1,391
		<u>251,322</u>	<u>287,262</u>
OTAL FUNDS			
		<u>251,322</u>	<u>287,262</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 11/5/21 and were signed on its behalf by:


.....
Cowan - Trustee


.....
Jennings - Trustee


.....
Bridgeman - Trustee

The Calm Trust

Notes to the Financial Statements for the Year Ended 31 December 2020

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) Issued on 16 July 2014 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The financial statements are prepared in sterling which is the functional currency of the charity and rounded to the nearest pound.

There are no significant areas of judgements or key sources of estimation uncertainty.

The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Legal status and general information

The charity is an unincorporated trust constituted by a trust deed. The details of the charity are found in the trustees report.

Financial reporting standard 102 - reduced disclosure exemptions

The charity has taken advantage of the following disclosure exemptions in preparing these financial statements, as permitted by FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland':

- the requirements of Section 7 Statement of Cash Flows.

Income

All income is recognised once the charity has entitlement to the income, there is sufficient certainty of receipt and so it is probable that the income will be received, and the amount of income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.

- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.

- Investment income is included when receivable.

- Incoming resources from charitable trading activity are accounted for when earned.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

The Calm Trust

Notes to the Financial Statements - continued for the Year Ended 31 December 2020

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Holiday Homes	- 25% on reducing balance
Equipment	- 25% on reducing balance
Computer equipment	- 25% on reducing balance

The costs of minor additions or those costing below £1,000 are not capitalised.

Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Debtors

Amounts owing to the charity at 31st December are shown as debtors less provisions for amounts that may prove uncollectable. Short term deposits include cash held on deposit in savings accounts at the Bank. Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2020	2019
	£	£
Donations	<u>43,643</u>	<u>58,603</u>

3. OTHER TRADING ACTIVITIES

	2020	2019
	£	£
Fundraising events	328	14,462
Merchandise Income	36	-
	<u>364</u>	<u>14,462</u>

The Calm Trust

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

4. INVESTMENT INCOME		2020	2019
		£	£
Deposit account interest		436	600
		<u> </u>	<u> </u>
5. RAISING FUNDS			
Raising donations and legacies		2020	2019
		£	£
Fundraising costs		13	5,638
		<u> </u>	<u> </u>
Other trading activities		2020	2019
		£	£
Purchases		433	410
		<u> </u>	<u> </u>
Aggregate amounts		446	6,048
		<u> </u>	<u> </u>
6. CHARITABLE ACTIVITIES COSTS			
	Direct	Support	
	Costs (see	costs (see	
	note 7)	note 8)	Totals
	£	£	£
Support activities	75,086	4,851	79,937
	<u> </u>	<u> </u>	<u> </u>
7. DIRECT COSTS OF CHARITABLE ACTIVITIES			
		2020	2019
		£	£
Welfare support		32,773	19,609
Holiday home running costs		20,064	24,866
Travel		10	50
Functions		76	10,888
Depreciation		22,163	26,743
Loss on sale of assets		-	(3,201)
		<u> </u>	<u> </u>
		75,086	78,955
		<u> </u>	<u> </u>
8. SUPPORT COSTS			
	Management	Governance	Totals
	£	costs	£
	£	£	£
Support activities	3,533	1,318	4,851
	<u> </u>	<u> </u>	<u> </u>

The Calm Trust

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2020**

8. SUPPORT COSTS - continued

Support costs, included in the above, are as follows:

	2020 Support activities £	2019 Total activities £
Insurance	413	376
Telephone	394	405
Postage and stationery	383	682
Advertising	-	90
Sundries	2,343	2,784
Accountancy and independent examination	1,318	1,263
	<u>4,851</u>	<u>5,600</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2020 nor for the year ended 31 December 2019.

10. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted fund £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	53,603	5,000	58,603
Other trading activities	14,462	-	14,462
Investment income	600	-	600
Total	<u>68,665</u>	<u>5,000</u>	<u>73,665</u>
EXPENDITURE ON			
Raising funds	6,048	-	6,048
Charitable activities			
Support activities	80,946	3,609	84,555
Total	<u>86,994</u>	<u>3,609</u>	<u>90,603</u>
NET INCOME/(EXPENDITURE)	<u>(18,329)</u>	<u>1,391</u>	<u>(16,938)</u>
RECONCILIATION OF FUNDS			
Total funds brought forward	304,200	-	304,200
TOTAL FUNDS CARRIED FORWARD	<u>285,871</u>	<u>1,391</u>	<u>287,262</u>

The Calm Trust

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2020**

11. TANGIBLE FIXED ASSETS

	Holiday Homes £	Equipment £	Computer equipment £	Totals £
COST				
At 1 January 2020 and 31 December 2020	146,089	1,280	756	148,125
DEPRECIATION				
At 1 January 2020	58,205	792	476	59,473
Charge for year	21,971	122	70	22,163
At 31 December 2020	80,176	914	546	81,636
NET BOOK VALUE				
At 31 December 2020	65,913	366	210	66,489
At 31 December 2019	87,884	488	280	88,652

12. STOCKS

	2020 £	2019 £
Stocks	2,240	1,940

13. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Prepayments	16,337	13,441

14. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2020 £	2019 £
Accrued expenses	1,898	1,437

15. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted fund £	Restricted funds £	2020 Total funds £	2019 Total funds £
Fixed assets	66,489	-	66,489	88,652
Current assets	185,340	1,391	186,731	200,047
Current liabilities	(1,898)	-	(1,898)	(1,437)
	249,931	1,391	251,322	287,262

16. MOVEMENT IN FUNDS

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General fund	285,871	(35,940)	249,931
Restricted funds			
Trips	1,391	-	1,391
TOTAL FUNDS	287,262	(35,940)	251,322

The Calm Trust

**Notes to the Financial Statements - continued
for the Year Ended 31 December 2020**

16. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	44,443	(80,383)	(35,940)
TOTAL FUNDS	<u>44,443</u>	<u>(80,383)</u>	<u>(35,940)</u>

Comparatives for movement in funds

	At 1.1.19 £	Net movement in funds £	At 31.12.19 £
Unrestricted funds			
General fund	304,200	(18,329)	285,871
Restricted funds			
Trips	-	1,391	1,391
TOTAL FUNDS	<u>304,200</u>	<u>(16,938)</u>	<u>287,262</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	68,665	(86,994)	(18,329)
Restricted funds			
Trips	5,000	(3,609)	1,391
TOTAL FUNDS	<u>73,665</u>	<u>(90,603)</u>	<u>(16,938)</u>

Restricted funds:

Trips - A grant from Nationwide was received to fund trips for families supported by CALM.

17. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2020.