

# ARUNCARE (LITTLEHAMPTON AND DISTRICT MENTAL HEALTH ASSOCIATION)

England & Wales · Charity number 291883

## Details

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**Status** Registered

**Legal form** Other

**Registered** 1985-07-01

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 25 Fastnet Way  
Littlehampton  
BN17 6PW

**Phone** 01903726759

**Email** [theklanacs@btinternet.com](mailto:theklanacs@btinternet.com)

## Activities

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**Objects:** TO PROMOTE THE PRESERVATION AND THE SAFEGUARDING OF MENTAL HEALTH AND THE RELIEF OF PERSONS SUFFERING FROM MENTAL DISORDER.

**Activities:** We run a weekly drop in centre to support adults of all ages who have or have had mental health problems. We provide tea, coffee, various chocolate biscuits or just a friendly face for a chat, plus games, such as cards and Scrabble, and craftwork. Organised social activities are arranged monthly.

## Classification

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- **How:** Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities

## Geography

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- West Sussex

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,793	£3,626	-	-
2024-03-31	£1,723	£3,580	-	-
2023-03-31	£1,881	£2,743	-	-
2022-03-31	£2,022	£2,381	-	-
2021-03-31	£6	£980	-	-

## Trustees

Name	Role	Appointed
<b>Elizabeth Benson</b>	Chair	2018-01-02
JOHN ELSON		2022-05-12
JON KLANCZKOWSKI		
MARY ANNE LUSH		2013-12-02
MELISSA BOUGARD		2022-05-12
PAULINE CHALONER		
PHILLIP MARTINEZ		2022-05-12
WILLIAM KNIGHT		2022-05-12