

SAFE FOUNDATION
(A company limited by guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023



SAFE FOUNDATION
(A company limited by guarantee)

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**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023**

Trustees

T Davies-Pugh
M Peckham, Chair
M Sahota

Company registered number

01837296

Charity registered number

291415

Registered office

1 Alba Court
Emperor Way
Exeter Business Park
Exeter
EX1 3QS

Senior management team

E Morris
L Skye
L Rowlands
B Kavanagh
J Ratty

Accountants

Griffin
Chartered Accountants
Courtenay House
Pynes Hill
Exeter
EX2 5AZ

SAFE FOUNDATION
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TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their annual report together with the financial statements of the company for the 1 April 2022 to 31 March 2023. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The Objects of the Charity are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by:

- a) Providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence;
- b) Promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and
- c) Advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

SAFE's vision is for a world free from the impact of trauma.

SAFE's mission is to:

- Provide therapy and training to support families and individuals to break the cycle of abuse.
- Be a leading voice in trauma recovery through cutting edge research and innovation.
- Drive an ecosystem wide approach across communities and supporting agencies.

SAFE has six core pillars which provide the foundation for the organisation. Our pillars set out the behaviours, beliefs and attitudes that define our culture and underpin our work and decision making:

Boundaries: To empower change through clarity and openness in communication

Respect: To relate without judgment and embrace others' diversity, experience, and views

Honesty: To speak truthfully and listen to the truth of others

Continuity: To provide sustainability, empathy, and integrity

Negotiation: To be flexible and seek opportunities to learn

Boldness: To challenge, innovate and create

Domestic abuse affects over 2.3 million adults a year. In Devon, domestic abuse has increased by 4% year on year, with unprecedented demand for services since the Covid-19 pandemic, the impacts of which are still being felt on the ground. The need to address the horror of domestic abuse is undeniable and we support Devon County Council's Strategic Plan.

The last year has seen us focus on deeper collaboration with partners, listening to and learning from the children, adults and families we support, refining our delivery model to ensure we always provide a quality service that reflects the needs of those we support and developing new ideas through innovation that will help shape our future.

We have been delivering our current model to survivors of domestic abuse and trauma for over three years, building our evidence-base and demonstrating how healing the trauma of feelings is vital for proper recovery. The past year has seen us continue to build on our knowledge and invest in well-being, expertise and development across the organisation.

We offer clients access to a suite of interventions over a 12-month period and beyond if necessary and choice as to how they access support is key. We know in recovery, growth is circular, and we respect this by giving our clients the opportunity to dip in and out of recovery work as need evolves. Clients can choose a combination of one-to-one and group sessions. They will stay with the same therapist for their individual sessions (unless they choose to change), who will hold overview of all their recovery work with us. Group therapy takes place over eight sessions via a closed group process, and clients need to be able to commit to attending this consistently. Separate groups for males and females are offered and, to consider access to all gender needs, we also offer a mixed gender group. Clients choose which group they want to be part of.

SAFE Foundation recognises trauma as the residue left from a traumatic event and our model incorporates modalities known to be successful in treating this. We offer Eye Movement Desensitisation and Reprocessing (EMDR) Therapy, SAFE's Felt trauma therapy, Compassion Focused Therapy, and trauma-focused Cognitive Behavioural Therapy.

We are immensely proud that SAFE is led by a clinical expert in trauma-recovery and over 90% of SAFE

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

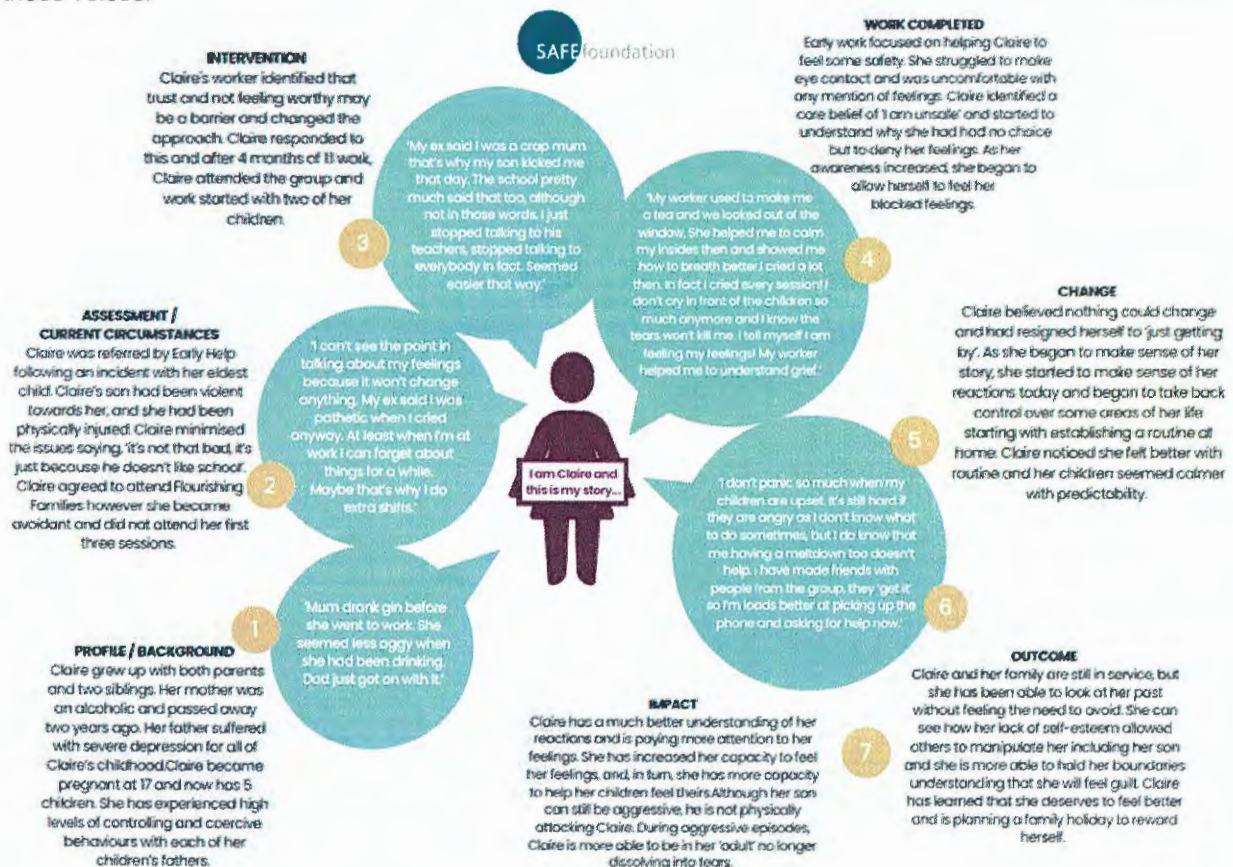
Objectives and activities (continued)

practitioners have personal experience of domestic abuse and trauma. Senior management are qualified in psychotherapy and counselling, youth offending, addictions, and disabilities. Our Children and Family Team are qualified counsellors, teachers, and early years practitioners. All SAFE counsellors are fully qualified members of an associated body (UKCP, BACP, NCS). We offer male and female practitioners who have specialist expertise with young people, neurodiversity, and disability.

At the heart of our work, and at the very core of our organisation, are people and relationships and SAFE remains committed to delivering the very best services to support those who need us to heal and grow from the trauma they have experienced. We continue to drive change through innovation and challenge, helping us achieve our vision of a world free from the impact of trauma.

Voice of the Service User

Our service users are at the heart of our work and, as such, it is vital that we hear their voices and keep these at the forefront of our minds as we continue to both deliver and develop our work. Here we showcase some of these voices:



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

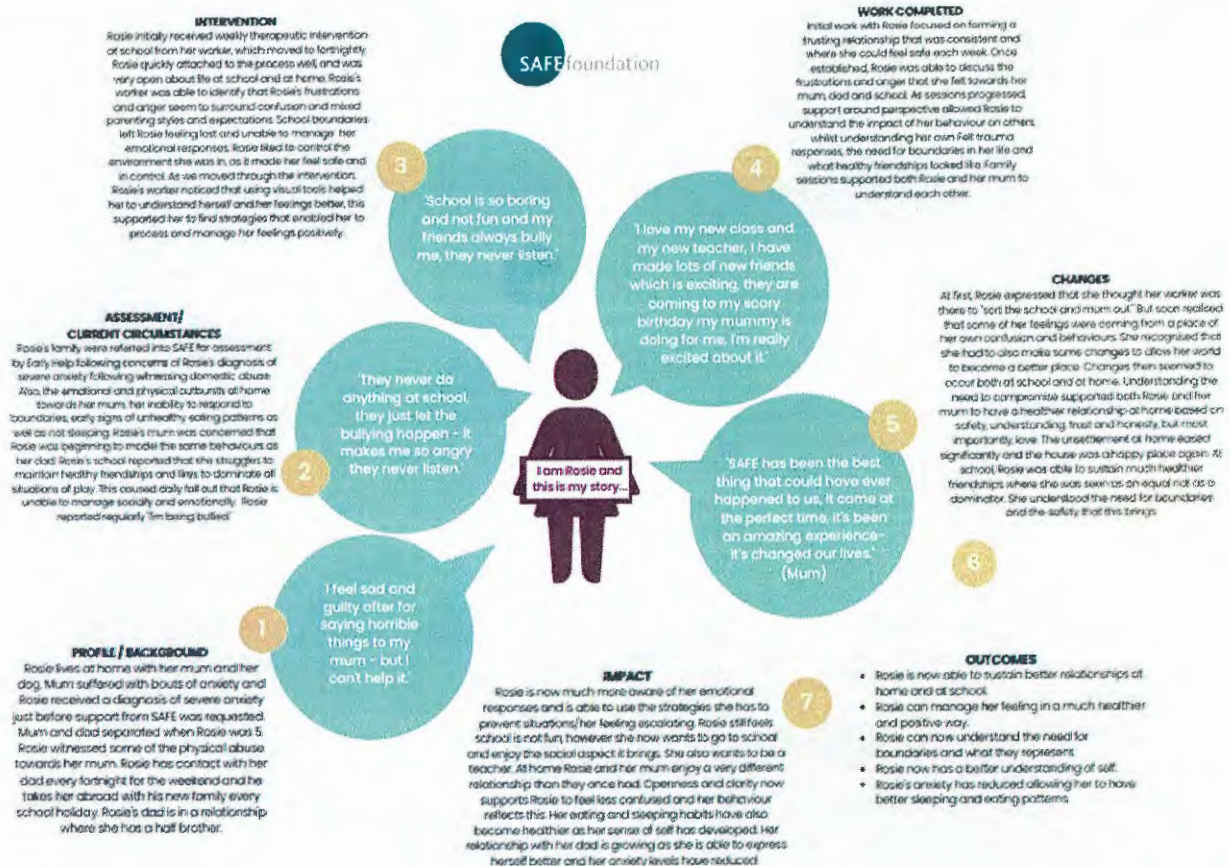
Objectives and activities (continued)



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities (continued)



c. Partnerships

Alongside frontline work, we recognise the importance of shaping services at a strategic level. We are a key partner in the Devon Interpersonal gender-based violence and abuse Partnership Board, supporting learning and development and we also ensure our voice is heard around the table as part of groups and forums covering health, education, justice and community.

We work alongside our partners to offer peer support activities during and post-intervention including personal development courses and volunteer training. Peer support empowers survivors beyond their involvement with us embedding change for the long term. Clients can access mentoring, facilitated groups, coffee and chat groups and therapeutic based arts sessions. These are run at locations across Devon, ensuring access to support for all areas of the county, and online.

In addition, we attend Early Help triage and multi-disciplinary meetings to provide perspective from the trauma lens. We understand diagnoses can be a response to symptoms rather than cause and we apply professional curiosity to bring wider understanding of the manifestations of trauma. We are embedded in local delivery bringing the service wide reach whilst acknowledging the need to identify hidden harm.

The new Domestic Abuse Act now recognises children and young people as victims in their own right and ensuring their voices are heard is critical to providing future funding. Through Safer Devon Partnership we work alongside Youth Offending and Youth Intervention Teams as well as Early Help Family Intervention Teams.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities (continued)

Partnering with statutory and voluntary sector services from early intervention to crisis means we have a sound understanding of the trajectory of harm and as such can deliver a responsive service designed to assess risk, understand need and offer choice.

d. Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During the reporting year, there were on average 20 active volunteers. Volunteers receive support and supervision and follow policy and guidance.

e. Public Benefit

Trustees of the Charity have complied with the duty in S.4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission. The Charity provides a public benefit by providing the public in its area of benefit with accessible, confidential, and impartial support regardless of age, gender, race, disability or sexuality.

Achievements and performance

a. Outcomes

As outlined through this report, the organisation has focused on delivering a quality and consistent service and during the financial year we have received 1872 requests for support. This includes service provision that has been delivered in a wider geographical area than in previous years and also reflects a higher number of children and young people accessing support than previously. A range of services and projects have been delivered during the course of the year and they are:

1:1 & Group Therapy

Felt Trauma Therapy® is delivered 1:1 or in groups by our SAFE therapists. Group therapy has its roots in trauma-responsive therapy. Group members share experiences and help each other to challenge their negative core beliefs, replacing them with healthy ones. The 8-week group enables clients to share common experiences and create healthy bonds within a safe environment which often leads to long lasting friendships with peers.

Flourishing Families

Flourishing Families is a 6-month trauma responsive support programme for families who have experienced domestic abuse. We work with the non-abusive parent and their children age 5-18. The programme includes adult 1:1, Child 1:1, Adult Group programme, Child Group programmes and Whole-family sessions. Flourishing Families stimulates long-term healing and recovery to strengthen families. Individually tailored support promotes autonomy, growing trust and stability, redefining a family's experience of healthy relationships.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

Flourishing Futures

Flourishing Futures supports young people aged 8-18 who are demonstrating unhealthy behaviours and attitudes within their relationships. Engagement in individual and group therapy improves young people's ability to understand behaviours, esteem their self and grow selfcare. They feel better, can name some of their emotions, feel more equipped to make better decisions, and are able to problem-solve effectively without being reactive, improving their mental wellbeing.

Flourishing Minds

Flourishing Minds is for families who have experienced mental health challenges. It follows the same model as our Flourishing Families programme, using a restorative strengths-based approach. Flourishing Minds supports the family to connect and engage with their own individual emotional recovery, and to collectively work together to improve their communication and resilience. It reduces referrals to other services, providing stability and empowers the family to carry their recovery forwards.

Storytelling Project

The Domestic Abuse Act 2021 recognises children and young people as victims of domestic abuse in their own right. It is essential that children have a voice, and the silence is broken. Storytelling supports children and young people aged 5-18 who have experienced any form of domestic abuse and trauma to creatively express their voice. It explores methods including narrative storytelling, film, interviews, poetry, paintings, music, writing, photography, drawing, puppetry, comics, and animation for young people to collectively raise their voices, make positive societal change and influence the services that support young people.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

Working Together to Stay Together

Working Together to Stay Together (WTtoST) is a new pilot project funded by Devon County Council. The project aims to support families where conflict is a feature of the couple's relationship, but they want to remain together. The project takes our approach and applies it to families helping them to better understand their conflicts and find healthy solutions. By better understanding the dynamics in the family, individuals and professionals can be helped to learn about triggers that cause conflict and develop strategies to manage them.

Felt Trauma Therapy® Training

Felt Trauma Therapy® (FTT) Training is aimed at individuals and public, private and third sector organisations that support people. The Introduction to Felt trauma helps attendees to understand where Felt trauma comes from and its impact in adulthood, how to identify Felt trauma in their clients and to understand how Felt Trauma Therapy® helps people to recover from Felt trauma. All workshops are delivered face to face and run by a skilled therapeutic facilitator. Further half day workshops are available covering Co-dependence, Shame, Family of Origin and Addiction, Cross-addiction and Trauma.

Across our work, we have been capturing data that allows us to review the effectiveness of our service and ensure that we are delivering outcomes for our beneficiaries. Impact is evidenced through ongoing evaluation of qualitative & quantitative data, tracking changes for individuals & families. Outcomes include: improved well-being & resilience, improved mental health, decreased feelings of anger & aggression, increased ability to understand & control behaviours, increased awareness of consequences to behaviour, improved relationship choices, increased communication skills, decreased behaviours that challenge/offending. Information is collected through observations, evaluation forms, surveys, clinical assessment tools & case studies, with data continually collated & a quarterly review. It enables detailed analysis to identify how & why interventions are making a difference to individuals, professionals & effect on the wider community; findings are used to flexibly tailor our approach for maximum benefit.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

b. Beneficiary and stakeholder feedback

The people we exist to support and the partners that we work with are essential to our ongoing determination and commitment to promote healing and change. As such, their voices are integral to who we are and we continue to strive to be an organisation that listens.

Comments from children:

"This approach is very different to the therapy I've had before. It really seems like you are listening to me and not scared about what I have experienced. I felt that it was alarming to previous therapists and then they left."

"[My teacher] and you are important because you are helping me not to hurt my mummy. I didn't get that help at my Primary school but I'm glad I'm getting help with it now."

"I just wanted to find out how you are and to update you on everything :) I've moved schools now and I'm so much happier.. I've made so many new friends at my new school and I really fit in there. Me and mum and dad are getting on really well at the moment and it's all going really good, so thank you."

Comments from adults:

"The therapy is much needed for us as a family- we can begin to recovery now. It's been tough but [my therapist] is brilliant and makes me feel safe."

"The support I have received has been life changing. The group is so powerful, and I am getting so much from it."

"We each had a voice in our family session. It has made a huge difference to be able to speak and feel heard."

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

"Being a part of this programme has been life changing for us as a family in every way. We are in such a different place now than we were before. This is just the start of our journey of healing. We are going to continue getting stronger, it's made me reflect on where we need to go and what we need to do. [My daughter] expressed she's happy with how she has changed and how she is able to hold her friendships better."

Comments from professionals:

"It's great to have this triangulated working. The support is open, transparent and consistent for the family. It's been so helpful being able to discuss and share with you and I have valued your observations in assessing [the child's] needs and understanding what is going on for them." – CAMHS

"Children are helping others within their peer groups figure out their feelings when they are unhappy, encouraging conversations, and making them aware of their actions and what that can mean for others." – School SENDCO

"This is my first experience of working with SAFE Flourishing Families work but I think it has been an amazing support for the family and hopefully something they will be able to build on in time." – Child / Family support worker – school

"[Child's] mental health has improved greatly and support through SAFE is really helping with recovering from experiencing DV." – Family Intervention Team worker

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

c. Investment policy

As required by its Articles in furtherance of its objectives, the company has the power to invest the monies of the company not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject to any conditions and consents that may be imposed or required by law.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

Following best practice guidance SAFE continues to operate a reserves policy whereby funds held by the Charity, but not otherwise committed, are set aside to meet any unforeseen financial challenges that might arise in the following year. This would allow the charity to continue activities following any significant reduction in funding as well as sufficient time to potentially raise alternative funds. The trustees have determined that the appropriate level of reserves should be the equivalent of 3 - 6 months' operating expenses and any remaining funds are held as designated funds for future project use. The total unrestricted funds as at 31 March 2023 was £310,187. Currently the Charity has not designated any material amounts for future use.

c. Review

Income for the year totalled £759,112 (2022: £571,219). Total resources expended amounted to £681,491 (2022: £630,500). The balance of funds at 31 March 2023 was £342,544 (2022: £264,923). A proportion of these funds are restricted and can only be used for specific purposes. The balance of restricted funds at 31 March 2023 was £32,357 (2022: £42,040) (restricted funds in surplus). The balance of unrestricted funds at 31 March 2023 was £310,187 (2022: £222,883) (unrestricted income funds).

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management

a. Constitution

The Charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association.

The Trustees of the Charity are also the Directors for the purposes of Company Law. Eligibility for membership of the Charity and membership of the Board of Trustees is governed by the Articles of Association.

b. Methods of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association. Prospective Trustees go through a rigorous application and induction process and references are taken before they are invited to attend a monthly Board meeting. We require all trustees to undergo an enhanced Disclosure Barring Service check. And, as good practice and to comply with the rigors of funding applications, trustees are all asked to do on-line Safeguarding training or, to provide proof of a recently completed and relevant course. Induction includes being given copies of key SAFE documents and agreeing confidentiality, a code of conduct, eligibility and conflict of interests. After attending two Board meetings applicants are eligible to become Trustees and may be invited to do so if agreed by the rest of the Board. Trustees serve for a term of 3 years and may be appointed to serve further terms.

c. Organisational structure and decision-making policies

The Trustees are accountable for ensuring that SAFE Foundation has a clear strategy, that it remains true to its original vision and that it discharges all its financial and legal obligations.

The Board of Trustees meet quarterly.

The day-to-day making and responsibility for management of the charity is delegated to a full-time Chief Executive who reports on performance against the Strategic Business Plan. Accounting services are outsourced and Management Accounts are prepared for all Board of Trustee meetings. Those decisions with high financial and/or strategic implications are taken to the Board of Trustees who are responsible for making such decisions as required. Regular monthly supervision sessions are held with the Chief Executive.

Members of the Board, usually with the CEO, form Committees with specific tasks. From time to time task and finish working groups are created as they are needed.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Plans for future periods

As we move forwards and into the next stage of our organisational strategy, we will remain focused on our three work strands – therapy, research and influence; which underpin our mission and vision.

Securing commissioned services will embed the organisation as a key partner, delivering local services for local people. Building our reputation within Devon and beyond and building financial resilience and growth for the organisation.

Working with existing and new partners including by and for organisations will expand reach and support our aims to influence system change. We will continue to lead the way in breaking cycles of abuse and interrupting the trajectory of harm by developing therapeutic programmes that can be delivered to young people when they need it and we will use their voices to shape change within their communities.

Experiencing domestic abuse is a key predictor for serious youth violence (Home Office 2019). We know that if children experience repeated abuse in childhood they take the Felt trauma with them. SAFE treats this trauma - the root cause - that leads to risky and violent behaviours and creates a new template for future relationships. 'SAFE's support has helped me value myself and taught me how to show up for myself. I can now make sense of my reactions and take responsibility; I am a survivor.' YM, 2022.

Whilst there are other domestic abuse agencies in our locality, we are the only agency providing a trauma-responsive intervention for young people who have experienced familial domestic abuse; and we will be working in partnership with behaviour-focused projects for young people and share our knowledge on driving factors behind the behaviour. This will include delivering training days for these organisations to embed knowledge within their service thereby increasing reach and strengthening their outcomes. We will establish a working partnership with a local school to pilot a series of group programmes run by SAFE and school staff. These programmes will focus on healthy relationships and building self-esteem. School staff attending will expand their knowledge on supporting young people and will be able to share this learning across the school community. SAFE staff will co-locate in the school for a period of time thereby adding value to this pilot. Growing a strong local trauma-recovery response through our partners is essential to meeting demand across sectors. We will be working with Heads of Schools to understand issues such as exclusion, exploitation and violence and take a contextual safeguarding approach to collectively manage risk. We want to empower professionals to learn about trauma-responsive approaches and to feel confident to ask questions that may trigger or challenge without fear of 'getting it wrong' or making things worse. SAFE has been supporting Devon communities for five decades. We have an excellent reputation for delivering sustainable change and providing interventions that make the difference. We understand the gap is treating the root cause. Statutory services provide much-needed crisis support however these only go some way to changing young people's trajectory at a fundamental level and many then end up in a confused tangle of services further down the line. We believe we can support services to adopt a different approach. We want to build sustainability by using the evidence created at direct delivery to share with others regardless of sector and embed within their culture.

SAFE is an organisation that recognises the value of its people and so a priority for the next year will be ensuring we continue to invest time and resources into our staff team who continue to work with dedication, compassion, and energy in very difficult, challenging, and distressing circumstances. We will be exploring and introducing staff well-being ideas, supporting development within their roles, and listening to what they need to continue delivering the very best services. This will include setting up training exchange programmes with other local providers to expand knowledge and share expertise in equal measure.

Finally, we will continue to seek opportunities for income generation that moves the organisation away from grant reliance and we will be investing in innovation, recruiting new staff and Trustees and design services that can reach beyond Devon.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Funds held as custodian

No funds are held as custodian.

Members' liability

The Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up.

Statement of Trustees' responsibilities

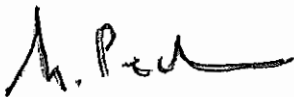
The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 16/10/23 and signed on their behalf by:



M Peckham
(Chair of Trustees)

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INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2023

Independent examiner's report to the Trustees of SAFE Foundation ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated: 16/10/23

Laura Waycott FCA

Griffin

Chartered Accountants
Courtenay House
Pynes Hill
Exeter
EX2 5AZ

SAFE FOUNDATION
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**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and legacies	4	80,826	671,808	752,634	553,366
Charitable activities	5	6,270	-	6,270	17,818
Investments	6	208	-	208	35
Total income		87,304	671,808	759,112	571,219
Expenditure on:					
Raising funds		4,602	15,855	20,457	21,848
Charitable activities	7	-	661,034	661,034	608,652
Total expenditure		4,602	676,889	681,491	630,500
Net movement in funds		82,702	(5,081)	77,621	(59,281)
Reconciliation of funds:					
Total funds brought forward		222,883	42,040	264,923	324,204
Net movement in funds		82,702	(5,081)	77,621	(59,281)
Total funds carried forward		305,585	36,959	342,544	264,923

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 23 to 40 form part of these financial statements.

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BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	12	17,724	23,129
Investments	13	633	633
		<u>18,357</u>	<u>23,762</u>
Current assets			
Debtors	14	20,464	30,382
Cash at bank and in hand		341,604	279,714
		<u>362,068</u>	<u>310,096</u>
Creditors: amounts falling due within one year	15	(37,881)	(68,935)
Net current assets		<u>324,187</u>	<u>241,161</u>
Total assets less current liabilities		<u>342,544</u>	<u>264,923</u>
Net assets excluding pension asset		<u>342,544</u>	<u>264,923</u>
Total net assets		<u>342,544</u>	<u>264,923</u>
Charity funds			
Restricted funds	16	32,357	42,040
Unrestricted funds	16	310,187	222,883
Total funds		<u>342,544</u>	<u>264,923</u>

SAFE FOUNDATION
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BALANCE SHEET (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on
and signed on their behalf by:



M Peckham
(Chair of Trustees)

16/10/23

The notes on pages 23 to 40 form part of these financial statements.

SAFE FOUNDATION
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STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Cash flows from operating activities		
Net cash used in operating activities	62,396	(40,302)
Cash flows from investing activities		
Dividends, interests and rents from investments	208	35
Purchase of tangible fixed assets	(714)	(3,611)
Net cash used in investing activities	(506)	(3,576)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	61,890	(43,878)
Cash and cash equivalents at the beginning of the year	279,714	323,592
Cash and cash equivalents at the end of the year	341,604	279,714

The notes on pages 23 to 40 form part of these financial statements

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. General information

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. The registered office is 1 Alba Court, Emperor Way, Exeter, EX1 3QS.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SAFE Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £50 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line and reducing balance method.

Depreciation is provided on the following bases:

Leasehold improvements	- 10% straight line
Motor vehicles	- 20% reducing balance
Fixtures, fittings and equipment	- 20% straight line

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

SAFE FOUNDATION
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

SAFE FOUNDATION
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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Critical areas of judgment:

Depreciation is estimated over the useful economic life of an asset in order to write off the value of this asset in line with life.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

4. Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations	3,968	110,992	114,960
Grants	76,858	560,816	637,674
	<u>80,826</u>	<u>671,808</u>	<u>752,634</u>
	<u>80,826</u>	<u>671,808</u>	<u>752,634</u>
	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	23,637	-	23,637
Grants	186,183	343,546	529,729
	<u>209,820</u>	<u>343,546</u>	<u>553,366</u>
	<u>209,820</u>	<u>343,546</u>	<u>553,366</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

Analysis of grants received

	2023 £	2022 £
The National Lottery Community Fund	185,210	152,919
Children in Need	9,047	9,305
Devon County Council	244,270	123,230
Northbrook Community Fund	10,000	-
SIBF YEF	-	13,677
Devon Community Foundation	9,000	15,000
Police & Crime Commission	-	53,600
Various small grants	4,608	9,833
Lloyds Bank Foundation	2,250	30,000
Wolfson Foundation	-	15,065
The Kelly Family Grant	-	5,000
Henry Smith Charitable Trust	62,800	54,100
Jamieson Bystock Trust	-	4,000
Volant Charitable Trust	-	10,000
Hendy Foundation	-	3,500
Ashworth Charitable Trust	-	3,000
Paul Hamlyn Foundation	32,500	27,500
David Gibbons	2,500	-
Norman Family	2,000	-
Arnold Clark	1,000	-
Strategic Partnership	20,000	-
HSBC SFX Foundation	5,000	-
Society of the Holy Child Jesus	20,000	-
David Riddell	5,000	-
Focus Foundation	6,990	-
The Sir Jules Thorn Charitable Trust	2,500	-
Schroder Charity	3,000	-
Linder Foundation	10,000	-
	637,675	529,729

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

5. Income from charitable activities

	Unrestricted funds 2023 £	Total funds 2023 £
Domestic Violence Recovery	6,270	6,270

	<i>Unrestricted funds 2022 £</i>	<i>Total funds 2022 £</i>
Domestic Violence Recovery	17,818	17,818

6. Investment income

	Unrestricted funds 2023 £	Total funds 2023 £
Bank interest receivable	208	208

	<i>Unrestricted funds 2022 £</i>	<i>Total funds 2022 £</i>
Bank interest receivable	35	35

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

7. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2023 £	Total 2023 £
Domestic Violence Recovery	661,034	661,034

	<i>Unrestricted funds 2022 £</i>	<i>Restricted funds 2022 £</i>	<i>Total 2022 £</i>
Domestic Violence Recovery	215,626	393,026	608,652

8. Analysis of expenditure by activities

	Activities undertaken directly 2023 £	Support costs 2023 £	Total funds 2023 £
Domestic Violence Recovery	374,350	286,684	661,034

	<i>Activities undertaken directly 2022 £</i>	<i>Support costs 2022 £</i>	<i>Total funds 2022 £</i>
Domestic Violence Recovery	349,630	259,022	608,652

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

8. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2023 £	Total funds 2022 £
Staff costs	144,023	145,632
Supervision, training and support	36,289	32,400
Travel and subsistence	4,042	3,165
Premises costs	20,574	25,344
Other	839	255
Counselling	168,583	142,834
	374,350	349,630

Analysis of support costs

	Total funds 2023 £	Total funds 2022 £
Staff costs	195,506	164,931
Depreciation	6,119	7,720
Supervision, training and support	21,228	4,418
Travel and subsistence	2,535	986
Premises costs	27,252	36,387
Office costs	11,247	16,037
Governance	2,662	1,514
Bad debt	185	-
Professional fees	14,300	21,995
Accountancy fees	5,650	5,034
	286,684	259,022

9. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £535 (2022 - £500), and accounts preparation fee of £1,070 (2022 - £1,000).

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

10. Staff costs

	2023 £	2022 £
Wages and salaries	323,981	297,775
Social security costs	26,144	24,176
Contribution to defined contribution pension schemes	6,874	6,480
	<u>356,999</u>	<u>328,431</u>

The average number of persons employed by the company during the year was as follows:

	2023 No.	2022 No.
Management and administration of charity	4	4
Direct charitable activity	7	9
	<u>11</u>	<u>13</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023 No.	2022 No.
In the band £60,001 - £70,000	-	1

The key management personnel of the charity comprise the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions and employer national insurance contributions) received by key management personnel for their services to the charity was £196,118 (5 employees) (2022: £147,145 (3 employees)).

11. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2022 - £NIL).

During the year ended 31 March 2023, expenses totaling £497 were reimbursed or paid directly to 2 Trustees (2022 - no Trustees were reimbursed during the year), this was for reimbursement of travel and subsistence.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

12. Tangible fixed assets

	Motor vehicles £	Furniture and equipment £	Total £
Cost or valuation			
At 1 April 2022	27,845	15,999	43,844
Additions	-	714	714
At 31 March 2023	<u>27,845</u>	<u>16,713</u>	<u>44,558</u>
Depreciation			
At 1 April 2022	13,588	7,127	20,715
Charge for the year	2,851	3,268	6,119
At 31 March 2023	<u>16,439</u>	<u>10,395</u>	<u>26,834</u>
Net book value			
At 31 March 2023	<u>11,406</u>	<u>6,318</u>	<u>17,724</u>
At 31 March 2022	<u>14,257</u>	<u>8,872</u>	<u>23,129</u>

13. Fixed asset investments

	Trade investments £
Cost or valuation	
At 31 March 2023	<u>633</u>
Net book value	
At 31 March 2023	<u>633</u>
At 31 March 2022	<u>633</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

14. Debtors

	2023 £	2022 £
Due after more than one year		
Other debtors	8,955	8,955
	<u>8,955</u>	<u>8,955</u>
Due within one year		
Trade debtors	-	11,316
Prepayments and accrued income	11,509	10,111
	<u>20,464</u>	<u>30,382</u>

15. Creditors: Amounts falling due within one year

	2023 £	2022 £
Trade creditors	2,995	-
Other taxation and social security	10,878	9,795
Other creditors	1,478	3,190
Accruals and deferred income	22,530	55,950
	<u>37,881</u>	<u>68,935</u>

	2023 £	2022 £
Deferred income		
Deferred income at 1 April 2022	55,950	35,629
Resources deferred during the year	-	55,950
Amounts released from previous periods	(55,950)	(35,629)
	<u>-</u>	<u>55,950</u>

Deferred income is recognised where grants and other income have been received in advance of the period in which the funds are expected to be utilised, or where performance criteria are yet to be met.

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

16. Statement of funds

Statement of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
Unrestricted funds				
General Funds	222,883	87,304	-	310,187
Restricted funds				
Children and Families Service	30,264	671,808	(679,136)	22,936
Charity vehicle	11,776	-	(2,355)	9,421
	42,040	671,808	(681,491)	32,357
Total of funds	264,923	759,112	(681,491)	342,544

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

16. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2021 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2022 £</i>
Unrestricted funds					
Designated funds					
Future sustainability fund	45,000	-	-	(45,000)	-
General funds					
General Funds	171,484	227,673	(221,274)	45,000	222,883
Total Unrestricted funds	216,484	227,673	(221,274)	-	222,883
Restricted funds					
Children and Families Service	93,000	343,546	(406,282)	-	30,264
Charity vehicle	14,720	-	(2,944)	-	11,776
	107,720	343,546	(409,226)	-	42,040
Total of funds	324,204	571,219	(630,500)	-	264,923

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

16. Statement of funds (continued)

The specific purposes for which the funds are to be applied are as follows:

Children and Families Service: Delivers support in the community for children and young people aged from 5 to 17 who are affected by domestic violence and abuse. The fund also includes: Boys & Young Men Community Support, which delivers support in the community for boys and young men aged 5 to 18 who are affected by domestic violence and abuse; and Flourishing Families, which supports children and parents to recover from the trauma of domestic abuse together.

Charity vehicle: Funds used to purchase a vehicle to allow the charity to take children and young people that they work with on trips and activities in order to help improve their emotional wellbeing and help them to heal from the trauma experienced. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

17. Summary of funds

Summary of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
General funds	222,883	87,304	-	310,187
Restricted funds	42,040	671,808	(681,491)	32,357
	<u>264,923</u>	<u>759,112</u>	<u>(681,491)</u>	<u>342,544</u>

Summary of funds - prior year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Designated funds	45,000	-	-	(45,000)	-
General funds	171,484	227,673	(221,274)	45,000	222,883
Restricted funds	107,720	343,546	(409,226)	-	42,040
	<u>324,204</u>	<u>571,219</u>	<u>(630,500)</u>	<u>-</u>	<u>264,923</u>

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

18. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	8,303	9,421	17,724
Trade investments	633	-	633
Debtors due after more than one year	8,955	-	8,955
Current assets	330,177	22,936	353,113
Creditors due within one year	(37,881)	-	(37,881)
Total	310,187	32,357	342,544

Analysis of net assets between funds - prior year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	11,353	11,776	23,129
Trade investments	633	-	633
Debtors due after more than one year	8,955	-	8,955
Current assets	270,877	30,264	301,141
Creditors due within one year	(68,935)	-	(68,935)
Total	222,883	42,040	264,923

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

19. Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net income/expenditure for the year (as per Statement of Financial Activities)	77,621	(59,281)
Adjustments for:		
Depreciation charges	6,119	7,720
Dividends, interests and rents from investments	(208)	(35)
Decrease/(increase) in debtors	9,918	(18,247)
Increase/(decrease) in creditors	(31,054)	29,541
Net cash provided by/(used in) operating activities	62,396	(40,302)

20. Analysis of cash and cash equivalents

	2023 £	2022 £
Cash in hand	341,604	279,714
Total cash and cash equivalents	341,604	279,714

21. Analysis of changes in net debt

	At 1 April 2022 £	Cash flows £	At 31 March 2023 £
Cash at bank and in hand	279,714	61,890	341,604
	279,714	61,890	341,604

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

22. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £6,875 (2022 - £6,480). Contributions totalling £1,478 (2022 - £Nil) were payable to the fund at the balance sheet date and are included in creditors.

23. Operating lease commitments

At 31 March 2023 the company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2023 £	2022 £
Not later than 1 year	35,820	35,820
Later than 1 year and not later than 5 years	89,550	125,370
	<u>125,370</u>	<u>161,190</u>

24. Related party transactions

Transactions made in the year with a Trustee of the Charity for £NIL (2022 - £7,790) for website hosting, branding, design, development and annual maintenance. The amount remaining payable at the year end was £Nil (2022 - £Nil).