

**SAFE FOUNDATION
(PREVIOUSLY KNOWN AS STOP ABUSE FOR EVERYONE)**

(A company limited by guarantee)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022



SAFE FOUNDATION
(A company limited by guarantee)

CONTENTS

	Page
Reference and administrative details of the company, its Trustees and advisers	1
Trustees' report	2 - 15
Independent examiner's report	16 - 17
Statement of financial activities	18
Balance sheet	19 - 20
Statement of cash flows	21
Notes to the financial statements	22 - 38

SAFE FOUNDATION
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022**

Trustees

T Davies-Pugh
M Peckham, Chair
M Sahota

Company registered number

01837296

Charity registered number

291415

Registered office

1 Alba Court
Emperor Way
Exeter Business Park
Exeter
EX1 3QS

Senior management team

E Morris
L Skye
L Rowlands
B Kavanagh

Accountants

Griffin
Chartered Accountants
Silverdown Office Park
Exeter Airport Business Park
Exeter
EX5 2UX

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report together with the financial statements of the company for the 1 April 2021 to 31 March 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The Objects of the Charity are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by:

- a) Providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence;
- b) Promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and
- c) Advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

SAFE's vision is for a world free from the impact of trauma.

SAFE's mission is to:

- Provide therapy and training to support families and individuals to break the cycle of abuse.
- Be a leading voice in trauma recovery through cutting edge research and innovation.
- Drive an ecosystem wide approach across communities and supporting agencies.

SAFE has six core pillars which provide the foundation for the organisation. Our pillars set out the behaviours, beliefs and attitudes that define our culture and underpin our work and decision making:

Boundaries: To empower change through clarity and openness in communication

Respect: To relate without judgment and embrace others' diversity, experience, and views

Honesty: To speak truthfully and listen to the truth of others

Continuity: To provide sustainability, empathy, and integrity

Negotiation: To be flexible and seek opportunities to learn

Boldness: To challenge, innovate and create

SAFE Foundation is a charity with a bold vision - we want to see a world free from the impact of trauma. We know we cannot achieve this alone.

Our journey started as a local federated branch of Women's Aid in 1974. Today, we are a nationally focussed charity leading on domestic abuse recovery from our main base in Devon. We've honed our expertise to support people who have experienced domestic abuse and our team delivers a range of pioneering therapeutic interventions and programmes.

In 2021 the organisation rebranded as SAFE Foundation capturing the organisation's renewed vision and mission to build a world free from trauma. We pursue our mission through four pathways - direct work, training, research, and innovation. Our direct work gives us our evidence-base, our training takes our approach out to others, our research ensures we stay current and our work with partners and policymakers builds a movement to innovative approaches and influence change. We believe for change to be effective it takes a whole system to work cohesively. This is true of the families we support and we, the partners, must work together too to create change.

SAFE Foundation has been providing support to survivors of domestic violence and abuse in Devon for over 47 years. We deliver support at our hub as well as in schools and community settings. We offer specialist 1:1 counselling, group programmes and workshops, tailored support for children and young people and intensive training for professionals. Many of our clients have complex needs - we know that domestic abuse often goes hand in hand with mental health and substance misuse. SAFE are determined in providing the best quality support and are therefore committed to adapting to the changing needs of clients and indeed the landscape of society. This was evidenced by our response to Covid-19 and flexibility in responding to need. We recruit talented and skilled staff whose ethos aligns with SAFE's values. Our workforce have backgrounds in education, rehabilitation, Criminal Justice System, voluntary and statutory sectors and have skills in modalities of psychotherapy, coaching and mentoring, project management and service design. Our leadership team have a broad knowledge of trauma-based work drawing on personal experiences and our Board of Trustees have a wealth of experience in business, social concerns, IT, finances and policy.

SAFE excelled during Covid-19 through our innovative, flexible approach, despite facing acute challenges including a rapid increase in referrals across our programmes, and a rapid decrease in donations. We expect this high referral rate to continue, as local crisis services have raised the threshold for support and more people try to reclaim their lives. People want and need help.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

SAFE has always supported a high number of people with complex mental health and trauma, however the pandemic has exacerbated existing needs and created new emotional and physical challenges due to the lack of health and social care and education services available during lockdowns and people's response to the trauma and uncertainty the pandemic created.

In addition, during Covid-19, Devon has been the most migrated to UK county, with people seeking rural life. Increased pressure for housing, services and jobs impacts locals (which can exacerbate domestic tension), and new people are arriving with existing abuse and trauma. Their problems travel with them. Demand for our services will continue for the long term as the legacy of lockdown tensions, anxiety and stress and their impact on relationships unfolds.

We have demonstrated that our services can be successfully delivered to positive outcomes, even if delivery modes change through circumstances beyond our control. Clients noted that we were frequently the only service they could engage with and this increased their trust in us; we saw consistent commitment to recovery. Low staff turnover and a skilled and passionate workforce means SAFE continues to efficiently provide continuity of support that has embedded trust, and cemented our reputation for high quality, reliable support with families and professionals.

SAFE is a respected local provider of trauma and DVA services, with strong referral pathways already in place. Our partners understand that we are 'willing to adapt [our] level of support to meet needs'. As we expand our pathways, our partners are alongside, ensuring optimum potential.

At the heart of our ethos is group therapy, which reduces trauma symptoms (Schwartz, 2017). Being part of a group brings many advantages, from bonding and intimacy to hope and healing. Our blended offering is supported by evidence from early clinical trials showing the positive impact of Herman's 3-phased approach i.e., emotional regulation, trauma processing and life skill development (Herman, 1997).

Group therapy enables accountability, bringing comfort in commonality. Our evidence shows that sharing experiences reduces shame. By supporting survivors to work together to nurture and bolster, we create more united communities.

Our evaluations demonstrate how survivors are empowered to face their challenges and move towards positive outcomes. In the last year survivors reported the following outcomes:

100% increased awareness and understanding of DVA

97% feel more hopeful for the future and happier

97% stronger peer networks

94% feel safer

94% increased emotional wellbeing

By working together as a team and by building our stakeholder relationships, our service delivery has encompassed the elements listed below:

- Adult 1:1 counselling
- Child 1:1 therapeutic sessions
- Child group work
- Adult group programmes: Domestic Abuse Recovery and Trauma Recovery
- Whole family sessions
- Family activity resource packs
- Family Care Plan
- Attendance at multi-agency Team Around the Family meetings
- Attendance at relevant professional meetings
- Internal case management meetings
- Quarterly consultation and evaluation questionnaires
- Case recording
- Quarterly reporting
- Internal Quality Assurance Framework

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

Voice of the Service User

Our service users are at the heart of our work and, as such, it is vital that we hear their voices and keep these at the forefront of our minds as we continue to both deliver and develop our work. Here we showcase one of these voices:



SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

c. Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During the reporting year, there were on average 18 active volunteers. Volunteers receive support and supervision and follow policy and guidance.

d. Public Benefit

Trustees of the Charity have complied with the duty in S.4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission. The Charity provides a public benefit by providing the public in its area of benefit with accessible, confidential, and impartial support regardless of age, gender, race, disability or sexuality.

Achievements and performance

a. Outcomes

Key achievements:

- Requests for support received from 1636 individuals
- Responding to a continuing increase in referrals compared to same time period last year, maintaining an average four-week waiting time for therapeutic support
- Additional sessional staffed joined for specialist project delivery
- Continued to invest in our staff with particular focus on supporting the emotional wellbeing of our staff team and providing flexibility in the way people work
- Launch of the organisation's new website:
- A new Felt Trauma Therapy Training module covering Co-dependence received CPD accreditation and further modules covering Shame, Family of Origin and ACT are currently in development
- Continued remote delivery of individual adult counselling, therapeutic sessions for children and young people and managed smooth transition to face to face delivery of these services as well as group workshops by March 2022
- Delivery of Felt Trauma Therapy training to professionals in voluntary and statutory sector resulting in positive impact for children and young people, reducing need for intervention from other services
- Clients reported feeling pleased to have the opportunity to connect with others in person again on the Recovery Group programmes, appreciating and valuing what was not possible throughout the Covid-19 pandemic

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance (continued)



SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance (continued)

b. Beneficiary and stakeholder feedback

As we continue to work towards meeting our aims, it is vital that we always keep at the forefront the reasons why our work is so vital and continue to listen to others' views, opinions, and thoughts which in turn encourages and empowers us as an organisation to develop and grow with the voices of those who need us firmly embedded. We gather these voices through both formal and informal channels and examples of our stakeholder voices are shown below.

Comments from children:

"Talking to you has made me realise I can be open with other people and that it's good to be open."

"Doing the work with you makes me feel like my anger is going away. I still get angry, but I can deal with it better."

"Now I know how to communicate with people better. I don't want to share things with anyone else right now, but it will be easier to ask for help now when I need it."

"Working with you has helped me understand things better. I know that there may be difficult times in the future, but I can cope with that now."

"Because of the work you have done with me, I can help my stepsister who is now feeling like I was."

Comments from parents and adult clients:

"I am seeing my son's anxiety becoming less consuming here at home"

"The most important thing I have taken from this is that now I know that my children love me."

"My counsellor has given me so much respect for myself and what I can do. I am so much more positive and happier, and I know I am a good

"I don't know what it is about you guys at SAFE, it's like you sprinkle your magic with everything you touch. You all have fairy dust that helps families, our family has changed so much, we are all so much happier, — is a different boy and can't wait to chat with you, he gets so excited. Nikki has given me so much respect for myself and what I can do. I am a good mum. I am so much more positive and happier. I have a couple a bad days a month instead of a couple of good days. I am so much stronger and more confident. SAFE have given me the ability to believe in myself and my future, it's just magic, SAFE are magical. We love you as a family. "

"(The group facilitator) empowers us all to think for ourselves, she is brilliant, I've learnt so much about myself from attending the group."

"I have seen a difference in my daughter since she has started work with SAFE. She is so much happier and getting on with life."

"I know life is going to throw lots of things at me, but I feel now, because of SAFE that I can manage most things and that I am emotionally able to now talk to my girls about their thoughts and feelings."

"My children have learnt to deal with all of the feelings and emotions they have been carrying from their experiences and our relationship as a family is so much stronger."

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance (continued)

Comments from professionals:

"The service you are providing sounds amazing and vital and is great for families." CAFCASS worker

"Sometimes a child's behaviour doesn't make sense to us. It's so brilliant you can come in and really listen to the children and understand what is going on for them." School Wellbeing Support

"I feel SAFE are doing an amazing job and I feel the family are in very safe hands with SAFE, I can see the changes already in my clients." CAMHS worker

"Since starting work with SAFE we have noticed that (child) is more trusting of the adults around her and can use her voice to share her worries." Primary School Teacher

"Since starting counselling with SAFE we have noticed a massive change in (parent) and this is an amazing turnaround." TAF member

"In school we have noticed that W is a lot more reflective of his behaviour when incidents happen, and he is able to take responsibility for his actions and responses." Parent Support, Primary School

"SAFE's input has been valuable in allowing the school to shape an effective EHCP review that recognizes the child's emotional needs as well as her educational needs." Primary School Headteacher

Comments from Professionals attending Felt Trauma Therapy Training

"I found it all so informative. It has really opened my eyes to the cause of behaviour. Every practitioner working with family's needs to do this training."

"I had a family who went through Flourishing Families – I could not believe the difference in mum. She absolutely knew her core beliefs and how to deal with them."

"I had a family who went through Flourishing Families – I could not believe the difference in mum. She absolutely knew her core beliefs and how to deal with them."

"Looking at Felt Trauma and addressing the feelings was massive for me, previously I looked at the big stuff but this opened my eyes to what trauma is."

"Fantastic training, very informative and useful for the work we do. Gained so much insight and knowledge into trauma and how to recognise it to support the family. Would like to learn more."

"It was very enlightening! I've already used some of what we discussed with positive impacts on some students. I would very much like you to do the same thing at our school and will be suggesting this to our senior leadership team. Thank you!"

"Can I thank you for the course last week. It was extremely informative and has helped me and colleagues at Exmouth make sense of some of the behaviours our students have demonstrated over the last year. I have already been applying some of the approaches and seen some really positive results already with one particular student at crisis point. They have really started to open up and have started reconnecting with their feelings a little bit. Interestingly, they told me they did not care about their relationship with their parent and with the training. I had a much better understanding of this and was able to support them in the right way. This student was the one I used as the case study on the day of training. I found the whole day extremely powerful, and I am so glad I was able to attend the course. Thank you - you are doing valuable work which is having a positive impact on young people's lives, and I salute you for this." - Deputy Principle

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance (continued)

c. Investment policy

As required by its Articles in furtherance of its objectives, the company has the power to invest the monies of the company not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject to any conditions and consents that may be imposed or required by law.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

Following best practice guidance SAFE continues to operate a reserves policy whereby funds held by the Charity, but not otherwise committed, are set aside to meet any unforeseen financial challenges that might arise in the following year. This would allow the charity to continue activities following any significant reduction in funding as well as sufficient time to potentially raise alternative funds. The trustees have determined that the appropriate level of reserves should be the equivalent of 6 months' operating expenses, approximately £200,000, and any remaining funds are held as designated funds for future project use. The total unrestricted funds as at 31 March 2022 was £222,883. Currently the Charity has not designated any material amounts for future use.

c. Review

Income for the year totalled £540,475 (2021: £524,008). Total resources expended amounted to £630,500 (2021: £452,792). The balance of funds at 31 March 2022 was £234,139 (2021: £324,204). A proportion of these funds are restricted and can only be used for specific purposes. The balance of restricted funds at 31 March 2022 was £11,256 (restricted funds in surplus). The balance of unrestricted funds at 31 March 2022 was £222,883 (unrestricted income funds).

The Charity has received income via both grants and contracts all of which have been used to support the work of the Charity and allowed us to respond to the ongoing demands of Covid-19 and the significantly increased demand for services which unfolded during the year. The Charity remains in a strong financial position, with a robust network of partnerships in place to enable continued delivery of services and development of new projects as we continue to build our service provision.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management

a. Constitution

The Charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association.

The Trustees of the Charity are also the Directors for the purposes of Company Law. Eligibility for membership of the Charity and membership of the Board of Trustees is governed by the Articles of Association.

b. Methods of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association. Prospective Trustees go through a rigorous application and induction process and references are taken before they are invited to attend a monthly Board meeting. We require all trustees to undergo an enhanced Disclosure Barring Service check. And, as good practice and to comply with the rigors of funding applications, trustees are all asked to do on-line Safeguarding training or, to provide proof of a recently completed and relevant course. Induction includes being given copies of key SAFE documents and agreeing confidentiality, a code of conduct, eligibility and conflict of interests. After attending two Board meetings applicants are eligible to become Trustees and may be invited to do so if agreed by the rest of the Board. Trustees serve for a term of 3 years and may be appointed to serve further terms.

c. Organisational structure and decision-making policies

The Trustees are accountable for ensuring that SAFE Foundation has a clear strategy, that it remains true to its original vision and that it discharges all its financial and legal obligations.

The Board of Trustees meet quarterly.

The day-to-day making and responsibility for management of the charity is delegated to a full-time Chief Executive who reports on performance against the Strategic Business Plan. Accounting services are outsourced and Management Accounts are prepared for all Board of Trustee meetings. Those decisions with high financial and/or strategic implications are taken to the Board of Trustees who are responsible for making such decisions as required. Regular monthly supervision sessions are held with the Chief Executive.

Members of the Board, usually with the CEO, form Committees with specific tasks. From time to time task and finish working groups are created as they are needed.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods

Felt Trauma Therapy Approach – Reimagining the future for individuals, for families, for society

We know society has a problem. Staggeringly high rates of mental illness, domestic abuse, substance misuse, obesity and youth violence. More and more people looking for and needing help and as a result increasing numbers of people seeking ways, any way, that they can numb the pain and keep getting through until they might, if lucky, access the right intervention, at the right time, delivered by the right people. And let us not be fooled into thinking that this is only as a result of the pandemic. SAFE's approach to trauma recovery rests with the understanding of what we view as the hidden trauma. We refer to this trauma as Felt Trauma. Felt Trauma is the trauma of feelings, the trauma that is caused by not having our basic emotional needs met from our primary care givers. The messages that are given to children despite the physical actions cause our internal emotional needs to be dismissed and invalidated leaving us unable to validate our own emotions as we grow. This causes our emotional development to arrest, the trauma lays submerged within our developing psyche and a part of us becomes 'stuck' at what we refer to as our trauma age.

Without intervention our emotional development may never be started again, and we therefore respond to problems and difficulties from the age of our trauma rather than our chronological age. For example, an adult may experience difficulties with setting boundaries within a relationship because they are responding to the relationship from their trauma age and as such in certain circumstances can act from a point of immaturity and be unable to engage on an adult level; or a parent who is unable to say no to their child through fear of their child rejecting them thereby responding from their own need for approval rather than the safety of their child.

We consider Felt Trauma to be a dis-ease of emotional immaturity caused by childhood trauma which renders them unable to do things necessary to experience healthy adult relationships. Felt Trauma arises from care giving that is anything 'less than nurturing'. It is subtle but persistent, it is covert and exists within the very fabric of the family. If Felt Trauma is untreated, it becomes internalised as a set of negative and damaging core beliefs. These core beliefs then dictate how someone sees themselves, how they see others and how they see the world.

Systems Thinking, Systems Changing – Imagine a world where people responded from their conscious mind

Families are complex systems. Domestic violence, abuse, addiction and offending are complex problems because they stem from the complex family system. Linear cause and effect solutions ignore the wider interactions within the whole system and therefore will likely fail. If the solution fails, the family fails, if the family fails, society fails. In order to avoid failing we must zoom out and consider how all aspects of all systems might influence success. We need to allow ourselves the chance to see the bigger picture. Explore how the dynamics of families are working or not working and alongside explore how the dynamics of societal systems are working or not working. It is good for families, it is good for everyone. We need to stop seeking short term quick fix solutions that focus on behaviour change first and foremost and focus on healing the feeling. Shifting the focus from addressing the behaviours to focus on what is driving the behaviours or, in other words, addressing the root cause rather than the symptoms. We know that behaviours are a response to feelings, feelings that are alien and frightening – by taming the feelings we tame the behaviours. By understanding the feelings we understand the behaviours and by focussing intervention on changing the feelings we change the behaviours. Taking this approach from the outset will drastically improve outcomes thereby interrupting the trajectory and breaking the cycle of abuse. A sticky plaster solution just won't cut it anymore. We must be brave and innovative to look beyond the issue that is being presented and talk about the hidden harm as well as the obvious harm. This will require a different conversation and collaboration to find whole system solutions. SAFE Foundation wants to start that conversation alongside our direct delivery and training offering. We want to create a shared language about Felt Trauma that can be used to drive eco-system change and influence policy. We want to work with partners and build understanding, togetherness and raise our collective voice to influence change. We want to share learnings, ideas and research so we can, together, build happier, healthier and kinder communities.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods (continued)

We continue to evolve our programmes and know we can always do better. Fundamental to our approach is the belief that when the Felt Trauma is moved from the unconscious to the conscious mind it alters our perspective of ourselves, others and the world around us. It creates knowledge as to why we may feel and respond as we do and with that knowledge becomes the ability to make conscious choices about our actions. We are aware of how we feel and are therefore more able to be aware of how others may feel. In other words, as we learn to have forgiveness, empathy and compassion for ourselves we are able to transfer that to others. We cannot give to others what we do not hold for ourselves. So then imagine a world when those around us acted and responded from their empathic self rather than from their trauma age? Imagine if people were able to be aware of the pain and uncomfortable feelings they have, understand them and allow them to be felt rather than seeking behaviours, substances or medications to numb it. If we imagine this then we can imagine the impact of this on health services, criminal justice, education, domestic abuse and mental health. We know this is a big ask but we are not afraid to take on the challenge. We are happy to lead by example and demonstrate impact at local level to influence change at national level. Over the coming months we will be further refining our provision and adding the opportunity for the other caregivers within the family (including the abusive adult) to access support via our Flourishing Families programme. We will work with the family and include extended family to increase the depth of impact we can achieve and provide the opportunity for healing across all family members. As we extend our offer, we know that safety is vital and is our main priority. There are both eligibility and suitability criteria that must be agreed before any work is commenced with ongoing assessment points throughout the work. We believe for change to happen it must come from our internal driver rather than external requirement – we hope to reduce abusive behaviours or identify a different course of action. The need to work with the whole family to deliver lasting change is undeniable and is recognised within Devon's strategic response to the Domestic Abuse Act. We recognise that violence within relationships does not always come from the same place. SAFE's model offers a response to addressing situational couple violence, to respond to those couples where conflict and violence is an identified component, and they are choosing to remain in their relationship.

A Framework has been developed to set out why, what and how our approach aims to meet specified outcomes forming part of Devon's Domestic Abuse Strategy and where this approach sits within the landscape of domestic abuse. An Assessment Tool is in its early stages of development and comes from the Felt Trauma perspective to drill down into unconscious drivers.

We will be extending our training offer with additional CPD modules including, Shame, Co-dependence, Family Of Origin and Addiction, Cross Addiction and Trauma. Professionals from any sector and whole organisations will be able to join our movement for change by becoming members of SAFE Foundation. Members will have access to training offers, consultancy services, supervision sessions, webinars and other benefits. It will also be a place to share ideas, research, reflections and learnings. It will be a place to have the conversation we need to have about Felt Trauma and the damage it is doing to so many.

We know that Felt Trauma and the themes we have identified in our clients are not unique to the domestic abuse sector. Our work with our partners tells us that they see these themes too. Felt Trauma is identified in those who present to mental health services, social welfare, criminal justice, youth services and across the healthcare service including medical problems associated with smoking, obesity and lack of personal care. We believe what sits underneath presentations across these other sectors is quite often the unresolved and unprocessed Felt Trauma of individuals – individuals whose emotional distress gets pathologized or medicalised instead of viewed as a response to abnormal experiences. Our work now takes us into these sectors and we welcome the opportunity to shift the narrative and work together to deliver long term change.

As a result of conversations with Early Help at Exeter, Mid and East Devon, we have discussed a need to ensure that our work is responsive to those who are experiencing difficulties with their mental health but where there may not necessarily be domestic abuse. None the less, individuals and families are struggling to access support and as such we have proposed the trial alongside Early Help to deliver a specific mental health support service which will be delivered under the project name 'Flourishing Minds'. We must address the needs of the individual from a holistic perspective rather than attempting to categorise them for the benefit of commissioners and

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods (continued)

stakeholders which serves no benefit to the individual. This is an ongoing part of our desire to change systems and our drive to challenge the sector to provide intervention at point of need not point of crisis.

If we accept that we hold a collective responsibility to improve the lives of people who access services then for how much longer are we prepared to accept things the way they are? When we reach crisis? Many would argue we are already there. How high can prison numbers get, how much pressure can health services maintain, how many children and young people self harming through substance misuse, eating disorders and suicidal ideation is too many? Things need to change. The system needs to change. If nothing changes, no one changes.

It's time to be brave, to raise our heads about the parapet, to broaden our perspective and to start the conversations. Conversations that will bring more clarity, care and comprehension to our partners, to our commissioners and to society. Conversations that will make success much more likely – success in terms of both personal transformation and social change.

Funds held as custodian

No funds are held as custodian.

Members' liability

The Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

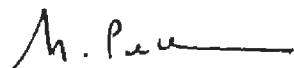
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Approved by order of the members of the board of Trustees on 22/10/22 and signed on their behalf by:



M Peckham
(Chair of Trustees)

SAFE FOUNDATION
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022

Independent examiner's report to the Trustees of SAFE Foundation ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

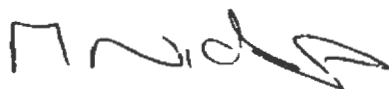
1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

SAFE FOUNDATION
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated: 27/01/22

Misty Nickells FCA

Griffin

Chartered Accountants
Silverdown Office Park
Exeter Airport Business Park
Exeter
EX5 2UX

SAFE FOUNDATION
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	3	209,820	343,546	553,366	507,886
Charitable activities	4	17,818	-	17,818	14,634
Investments	5	35	-	35	1,488
Total income		227,673	343,546	571,219	524,008
Expenditure on:					
Raising funds		5,648	16,200	21,848	15,087
Charitable activities	6	215,626	393,026	608,652	437,705
Total expenditure		221,274	409,226	630,500	452,792
Net movement in funds		6,399	(65,680)	(59,281)	71,216
Reconciliation of funds:					
Total funds brought forward		216,484	107,720	324,204	252,988
Net movement in funds		6,399	(65,680)	(59,281)	71,216
Total funds carried forward		222,883	42,040	264,923	324,204

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 22 to 38 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)

BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	11	23,129	27,238
Investments	12	633	633
		<u>23,762</u>	<u>27,871</u>
Current assets			
Debtors	13	30,382	12,135
Cash at bank and in hand		279,714	323,592
		<u>310,096</u>	<u>335,727</u>
Creditors: amounts falling due within one year	14	(68,935)	(39,394)
Net current assets		<u>241,161</u>	<u>296,333</u>
Total assets less current liabilities		<u>264,923</u>	<u>324,204</u>
Net assets excluding pension asset		<u>264,923</u>	<u>324,204</u>
Total net assets		<u><u>264,923</u></u>	<u><u>324,204</u></u>
Charity funds			
Restricted funds	15	42,040	107,720
Unrestricted funds	15	222,883	216,484
Total funds		<u><u>264,923</u></u>	<u><u>324,204</u></u>

SAFE FOUNDATION
(A company limited by guarantee)

BALANCE SHEET (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

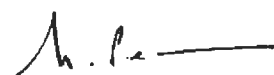
The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on
and signed on their behalf by: 22/10/22



M Peckham
(Chair of Trustees)

The notes on pages 22 to 38 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Cash flows from operating activities		
Net cash used in operating activities	(40,302)	98,681
Cash flows from investing activities		
Dividends, interests and rents from investments	35	1,488
Purchase of tangible fixed assets	(3,611)	(8,413)
Net cash used in investing activities	(3,576)	(6,925)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	(43,878)	91,756
Cash and cash equivalents at the beginning of the year	323,592	231,836
Cash and cash equivalents at the end of the year	279,714	323,592

The notes on pages 22 to 38 form part of these financial statements

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. General information

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. The registered office is 1 Alba Court, Emperor Way, Exeter, EX1 3QS.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SAFE Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £50 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line and reducing balance method.

Depreciation is provided on the following bases:

Leasehold improvements	- 10% straight line
Motor vehicles	- 20% reducing balance
Fixtures, fittings and equipment	- 20% straight line

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

3. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	23,637	-	23,637
Grants	186,183	343,546	529,729
	<u>209,820</u>	<u>343,546</u>	<u>553,366</u>
	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Donations	16,428	-	16,428
Grants	90,205	401,253	491,458
	<u>106,633</u>	<u>401,253</u>	<u>507,886</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

Analysis of grants received

	2022	2021
	£	£
The National Lottery Community Fund	152,919	123,492
Children in Need	9,305	70,083
Devon County Council	123,230	59,925
Northbrook Community Fund	-	19,308
SIBF YEF	13,677	27,204
Devon Community Foundation	15,000	16,700
Police & Crime Commission	53,600	47,055
Tudor Trust	-	8,751
Various small grants	9,833	10,270
Wolfson Foundation	15,065	-
Clotheswork Foundation	-	2,500
Groundwork	-	500
The Kelly Family Grant	5,000	-
7stars Foundation	-	650
Lloyds Bank Foundation	30,000	53,920
Henry Smith Charitable Trust	54,100	51,100
Jamieson Bystock Trust	4,000	-
Volant Charitable Trust	10,000	-
Hendy Foundation	3,500	-
Ashworth Charitable Trust	3,000	-
Paul Hamlyn Foundation	27,500	-
	529,729	491,458

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

4. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £
Domestic Violence Recovery	17,818	17,818

	<i>Unrestricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Domestic Violence Recovery	14,634	14,634

5. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £
Bank interest receivable	35	35

	<i>Unrestricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Bank interest receivable	1,488	1,488

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Domestic Violence Recovery	215,626	393,026	608,652

	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Domestic Violence Recovery	128,195	309,510	437,705

7. Analysis of expenditure by activities

	Activities undertaken directly 2022 £	Support costs 2022 £	Total funds 2022 £
Domestic Violence Recovery	349,630	259,022	608,652

	<i>Activities undertaken directly 2021 £</i>	<i>Support costs 2021 £</i>	<i>Total funds 2021 £</i>
Domestic Violence Recovery	249,200	188,505	437,705

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

7. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2022 £	<i>Total funds 2021 £</i>
Staff costs	145,632	78,670
Supervision, training and support	32,400	5,275
Travel and subsistence	3,165	2,176
Premises costs	25,344	12,066
Other	255	108
Counselling	142,834	150,905
	349,630	249,200

Analysis of support costs

	Total funds 2022 £	<i>Total funds 2021 £</i>
Staff costs	164,931	122,503
Depreciation	7,720	8,845
Supervision, training and support	4,418	3,819
Travel and subsistence	986	2,928
Premises costs	36,387	19,096
Office costs	16,037	21,086
Governance	1,514	1,769
Professional fees	21,995	2,473
Accountancy fees	5,034	4,490
Profit/Loss on disposal	-	1,295
Bank charges	-	201
	259,022	188,505

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £500 (2021 - £500), and accounts preparation fee of £1,000 (2021 - £1,000).

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

9. Staff costs

	2022	2021
	£	£
Wages and salaries	297,775	196,166
Social security costs	24,176	13,421
Contribution to defined contribution pension schemes	6,480	4,174
	328,431	213,761

The average number of persons employed by the company during the year was as follows:

	2022	2021
	No.	No.
Management and administration of charity	4	3
Direct charitable activity	9	5
	13	8

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
	No.	No.
In the band £60,001 - £70,000	1	-

The key management personnel of the charity comprise the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions and employer national insurance contributions) received by key management personnel for their services to the charity was £147,145 (2021: £114,967).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - *£NIL*).

During the year ended 31 March 2022, no Trustee expenses have been incurred (2021 - *£NIL*).

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Tangible fixed assets

	Leasehold improvements £	Motor vehicles £	Furniture and equipment £	Total £
Cost or valuation				
At 1 April 2021	24,542	27,845	12,388	64,775
Additions	-	-	3,611	3,611
Disposals	(24,542)	-	-	(24,542)
At 31 March 2022	-	27,845	15,999	43,844
Depreciation				
At 1 April 2021	23,586	10,024	3,927	37,537
Charge for the year	956	3,564	3,200	7,720
On disposals	(24,542)	-	-	(24,542)
At 31 March 2022	-	13,588	7,127	20,715
Net book value				
At 31 March 2022	-	14,257	8,872	23,129
At 31 March 2021	956	17,821	8,461	27,238

12. Fixed asset investments

	Trade investments £
Cost or valuation	
At 31 March 2022	633
Net book value	
At 31 March 2022	633
At 31 March 2021	633

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

13. Debtors

	2022 £	2021 £
Due within one year		
Trade debtors	11,316	-
Other debtors	8,955	8,955
Prepayments and accrued income	10,111	3,180
	<u>30,382</u>	<u>12,135</u>

14. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	-	3,765
Other taxation and social security	9,795	-
Other creditors	3,190	-
Accruals and deferred income	55,950	35,629
	<u>68,935</u>	<u>39,394</u>

	2022 £	2021 £
Deferred income		
Deferred income at 1 April 2021	35,629	8,749
Resources deferred during the year	86,734	35,629
Amounts released from previous periods	(35,629)	(8,749)
	<u>86,734</u>	<u>35,629</u>

Deferred income is recognised where grants and other income have been received in advance of the period in which the funds are expected to be utilised, or where performance criteria are yet to be met.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Unrestricted funds					
Designated funds					
Future sustainability fund	45,000	-	-	(45,000)	-
General funds					
General Funds	171,484	227,673	(221,274)	45,000	222,883
Total Unrestricted funds	216,484	227,673	(221,274)	-	222,883
Restricted funds					
Children and Families Service	93,000	343,546	(406,282)	-	30,264
Charity vehicle	14,720	-	(2,944)	-	11,776
	107,720	343,546	(409,226)	-	42,040
Total of funds	324,204	571,219	(630,500)	-	264,923

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2021 £</i>
Unrestricted funds					
Designated funds					
Future sustainability fund	-	-	-	45,000	45,000
General funds					
General Funds	234,538	122,755	(140,809)	(45,000)	171,484
Total Unrestricted funds	<u>234,538</u>	<u>122,755</u>	<u>(140,809)</u>	<u>-</u>	<u>216,484</u>
Restricted funds					
Set up costs	50	-	(50)	-	-
Children and Families Service	-	392,502	(299,502)	-	93,000
Volunteer Projects	-	8,751	(8,751)	-	-
Charity vehicle	18,400	-	(3,680)	-	14,720
	<u>18,450</u>	<u>401,253</u>	<u>(311,983)</u>	<u>-</u>	<u>107,720</u>
Total of funds	<u>252,988</u>	<u>524,008</u>	<u>(452,792)</u>	<u>-</u>	<u>324,204</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. Statement of funds (continued)

The specific purposes for which the funds are to be applied are as follows:

Setup costs: Funds used to finance the building work and refurbishment of the charity's offices. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

Children and Families Service: Delivers support in the community for children and young people aged from 5 to 17 who are affected by domestic violence and abuse. The fund also includes: Boys & Young Men Community Support, which delivers support in the community for boys and young men aged 5 to 18 who are affected by domestic violence and abuse; and Flourishing Families, which supports children and parents to recover from the trauma of domestic abuse together.

Volunteer Projects: Volunteers are recruited and trained to assist with fundraising, administration and/or support for victims of domestic abuse through mentoring and befriending.

Charity vehicle: Funds used to purchase a vehicle to allow the charity to take children and young people that they work with on trips and activities in order to help improve their emotional wellbeing and help them to heal from the trauma experienced. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

16. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Designated funds	45,000	-	-	(45,000)	-
General funds	171,484	227,673	(221,274)	45,000	222,883
Restricted funds	107,720	343,546	(409,226)	-	42,040
	<u>324,204</u>	<u>571,219</u>	<u>(630,500)</u>	<u>-</u>	<u>264,923</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

16. Summary of funds (continued)

Summary of funds - prior year

	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2021 £</i>
Designated funds	-	-	-	45,000	45,000
General funds	234,538	122,755	(140,809)	(45,000)	171,484
Restricted funds	18,450	401,253	(311,983)	-	107,720
	<u>252,988</u>	<u>524,008</u>	<u>(452,792)</u>	<u>-</u>	<u>324,204</u>

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	11,353	11,776	23,129
Trade investments	633	-	633
Current assets	279,832	30,264	310,096
Creditors due within one year	(68,935)	-	(68,935)
Total	<u>222,883</u>	<u>42,040</u>	<u>264,923</u>

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Tangible fixed assets	12,518	14,720	27,238
Trade investments	633	-	633
Current assets	242,727	93,000	335,727
Creditors due within one year	(39,394)	-	(39,394)
Total	<u>216,484</u>	<u>107,720</u>	<u>324,204</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

18. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(59,281)	71,216
Adjustments for:		
Depreciation charges	7,720	8,845
Dividends, interests and rents from investments	(35)	(1,488)
Loss on the sale of fixed assets	-	1,295
Increase in debtors	(18,247)	(6,899)
Increase in creditors	29,541	25,712
Net cash provided by/(used in) operating activities	(40,302)	98,681

19. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	279,714	323,592
Total cash and cash equivalents	279,714	323,592

20. Analysis of changes in net debt

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	323,592	(43,878)	279,714
	323,592	(43,878)	279,714

21. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £6,480 (2021 - £4,174). Contributions totalling £Nil (2021 - £Nil) were payable to the fund at the balance sheet date and are included in creditors.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

22. Operating lease commitments

At 31 March 2022 the company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022	2021
	£	£
Not later than 1 year	35,820	34,682
Later than 1 year and not later than 5 years	125,370	119,400
	161,190	154,082

23. Related party transactions

A transaction was made in the year with M Sahota, a Trustee of the Charity, for £7,790 (2021 - £Nil) for website hosting, branding, design, development and annual maintenance. The amount remaining payable at the year end was £Nil (2021 - £Nil).