

SAFE Foundation

England & Wales · Charity number 291415

Details

Other names	EXETER WOMEN'S AID, STOP ABUSE FOR EVERYONE
Status	Registered
Legal form	Charitable company
Company number	01837296
Registered	1985-05-20
Register	View on the Charity Commission register

Contact

Address	1 Alba Court Emperor Way Exeter Business Park Exeter EX1 3QS
Phone	03030300112
Email	contactus@wearesafe.org.uk
Website	www.wearesafe.org.uk

Activities

Objects: The Objects of the Charity are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by: a) providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence; b) promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and c) advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

Activities: Supports all affected by trauma and abuse: a) providing practical, emotional support: information b) empowerment c) supporting access for children and young people to relevant services d) acting as advocates e) raising awareness: providing education and training f) working in partnership with other agencies

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Accommodation/housing, Other Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

Geography

- **Area of benefit:** EXETER AND SURROUNDING DISTRICT
- Devon

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£757,942	£759,091	£371,326	9
2024-03-31	£838,247	£808,316	£372,475	16
2023-03-31	£759,112	£681,491	£342,544	11
2022-03-31	£571,219	£630,500	£264,923	13
2021-03-31	£524,008	£452,792	£324,204	8

Trustees

Name	Role	Appointed
Mandip Kaur Sahota		2019-09-06
Michael Derek Peckham		2019-09-06
TIMOTHY JAMES NEIL DAVIES-PUGH		2019-09-06

Accounts

SAFE FOUNDATION
(A company limited by guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025



SAFE FOUNDATION
(A company limited by guarantee)

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SAFE FOUNDATION
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2025**

Trustees

T Davies-Pugh
M Peckham, Chair
M Sahota

Company registered number

01837296

Charity registered number

291415

Registered office

1 Alba Court
Emperor Way
Exeter Business Park
Exeter
EX1 3QS

Senior management team

E Morris
L Skye
E Hall
B Kavanagh
J Brown

Accountants

Griffin
Chartered Accountants
Courtenay House
Pynes Hill
Exeter
EX2 5AZ

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report together with the financial statements of the company for the 1 April 2024 to 31 March 2025. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The **Objects of the Charity** are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by:

- a) Providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence;
- b) Promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and
- c) Advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

SAFE's vision is for a world free from the impact of trauma.

SAFE's mission is to:

- Provide therapy and training to support families and individuals to break the cycle of abuse.
- Be a leading voice in trauma recovery through cutting edge research and innovation.
- Drive an ecosystem wide approach across communities and supporting agencies.

SAFE has six core pillars which provide the foundation for the organisation. Our pillars set out the behaviours, beliefs and attitudes that define our culture and underpin our work and decision making:

Boundaries:

To empower change through clarity and openness in communication

Respect:

To relate without judgment and embrace others' diversity, experience, and views

Honesty:

To speak truthfully and listen to the truth of others

Continuity:

To provide sustainability, empathy, and integrity

Negotiation:

To be flexible and seek opportunities to learn

Boldness:

To challenge, innovate and create

At the core of SAFE's mission are the people and relationships we nurture, driving our commitment to provide exemplary services to those recovering from trauma. Through continuous innovation and challenges, we strive to realise our vision of a world free from the effects of trauma.

As we reflect on the past year, it is impossible to ignore the deepening uncertainty that now defines the world in which we operate. From economic instability and political volatility to the growing pressure on public services and the charity sector, the landscape is shifting — rapidly and relentlessly. These changes are not abstract; they are felt acutely in the lives of those we support, in the systems we work within, and in the very fabric of our communities.

Against this backdrop of rising need and diminishing certainty, SAFE has remained a constant. Our commitment to trauma recovery — grounded in compassion, evidence, and the lived experience of survivors — has guided us through another demanding year. While others have contracted or withdrawn, we have continued to adapt, holding space for those navigating personal crises amid wider societal instability.

Our services have remained not only operational but vital. With growing demand and stretched resources across the sector, we have focused on deepening impact, reaching those furthest from support, and staying flexible in our delivery. This has included sustained provision through evenings and weekends, expansion of our online and hybrid models, and the continued integration of peer support and lived experience across our work.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

Throughout the year, we have seen the weight of trauma compounded by the realities of economic hardship, housing insecurity, and system fatigue. Yet despite these pressures, the strength, courage, and self-awareness shown by our clients have been a powerful reminder of what recovery makes possible. In every story of change, there is testament to the importance of safe, timely, trauma-informed support — and the pressing need for that support to remain available, accessible, and trusted.

We are proud of what has been achieved this year — not only in outcomes, but in the quiet persistence it takes to keep showing up, to keep holding ground, and to keep believing in a different future. The Domestic Abuse Act and related legislative reforms have offered important recognition of survivors' rights, but gaps in provision and the fragmentation of commissioning threaten to undermine that progress.

Our approach remains rooted in the belief that healing is possible, and that services must evolve in step with both the needs of individuals and the realities of the world around them. As we move forward, we do so with clarity, purpose, and an unshakeable belief in the power of connection, safety, and compassion — even, and especially, in uncertain times.

c. Case Study: My Name is Annie, and this is my story.

Profile/Background

Annie is a white British, straight, cisgendered woman in her late thirties. She grew up with her mum, where she experienced neglect, physical, and emotional abuse. She has three children with her ex-partner, with whom she is now divorced, and they share custody. She experienced coercive control, emotional and sexual abuse.

Assessment/Current Circumstances

Annie works full time, lives alone, and has custody of her children 50% of the time. She struggles to feel safe around her ex-partner and feels deeply affected by his moods and behaviour. She had a complicated relationship with her Mum who lives over an hour away and feels responsible for her well-being, as well as that of her younger brother.

Intervention

Annie was referred into service through her GP and had 16 1:1 face-to-face counselling sessions. She was experiencing very low moods, panic attacks, struggling with regular sleep, and feeling frightened of the future. She reported crying all the time, having no self-esteem and feeling overwhelmed with guilt.

Work Completed

Annie recognised that she was consistently neglected by her mum as a child. She realised that she had blamed herself for being alone and not cared for, always searching for what she had done wrong. She named the unsafety — both physical and emotional — and began to understand how this had shaped her sense of self and her model of relationships. As she grew in confidence and started to see herself differently, she was able to be more honest about some of the coping mechanisms she had developed. Feelings of anger, resentment, and disappointment about how she had been treated in the past began to surface — alongside a deep sadness for the care and connection she never received.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

Change

By recognising that the responsibility lay with her parent and not herself, Annie understood that she had often been carrying guilt, shame, and blame all her life. Annie saw how this meant she was often feeling and responding from a powerless child state. She became aware of the stories she was telling herself and how her self-image led her to feel helpless and stuck. This was a significant moment in the work, creating a shift in Annie's ability to implement changes in her life outside of the therapy space.

Outcome

Annie allowed herself to explore expressing feelings of anger, resentment, and disappointment about how she had been treated in the past, which brought with it feelings of compassion for herself. This, in turn, opened up opportunities for Annie to celebrate herself in the here and now. She was kinder to herself when she got something wrong, and she praised herself when she achieved small wins. This enabled Annie to grow in confidence and begin seeing herself in a different way, which allowed her to be more honest with herself about some of her coping mechanisms.

Impact

Annie reported feeling more resilient and recovering quickly from incidents that would normally completely knock her off track for days or even weeks. She is holding firmer boundaries with others and is feeling more resourced because of that. Annie tackled some unhealthy coping mechanisms and took small steps to replace them with healthy, more fulfilling ways to support herself. She reported that she can identify her negative automatic thoughts, feelings, and actions quicker and meet her own needs more effectively. She feels confident about her future and is focused.

d. Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During the reporting year, there were on average 9 active volunteers. Volunteers receive support and supervision and follow policy and guidance.

e. Public Benefit

Trustees of the Charity have complied with the duty in S.4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission. The Charity provides a public benefit by providing the public in its area of benefit with accessible, confidential, and impartial support regardless of age, gender, race, disability or sexuality.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

Achievements and performance

a. Outcomes

Key Achievements and Developments During the Year

2024–2025 has been a year of continued delivery, resilience and adaptation. We maintained our commitment to trauma-informed services amidst a challenging external landscape, shaped by ongoing funding pressures and uncertainty in commissioning arrangements. We received 993 requests for support during the year.

Therapy Services

The second, and final, year of the Devon County Council-funded Trauma Therapy Service was successfully delivered, providing flexible and accessible counselling and group support, seven days a week. Services were offered in-person, online, and by telephone, ensuring individuals facing barriers to access could still receive timely and appropriate support.

Flourishing Families & Flourishing Futures

Our family and youth-focused programmes continued to deliver a wide range of interventions including one-to-one therapeutic support, peer group sessions, storytelling workshops, whole-family interventions, and school engagement. Practitioners remained embedded within educational settings, offering consultation, training, and attendance at multi-agency meetings to ensure holistic support for young people.

The Storytelling Project; Reclaiming Voice Through Narrative

One of the most powerful developments this year has been the growth of our Storytelling Project — a creative, therapeutic initiative designed to support children and young people in making sense of their experiences, reclaiming their voice, and building emotional resilience through narrative.

Born from the understanding that trauma often disrupts not only a child's sense of safety but also their ability to process and articulate what has happened, the project provides a structured yet flexible space for expression. Through one-to-one sessions and group workshops, participants are guided to explore their personal stories using metaphor, creativity, and symbolism — enabling them to externalise difficult feelings without needing to revisit traumatic detail directly.

What has emerged is a testament to the healing power of being heard. Participants have used story to imagine safety, express courage, confront fear, and rebuild identity. For many, this has been the first time they have felt in control of their own narrative — not defined by what happened to them, but by the meaning they choose to make from it.

The project has also had a wider impact. Schools have reported improved engagement and behaviour among participants, alongside stronger peer relationships and reduced conflict. Practitioners have observed increased emotional vocabulary, self-awareness, and a growing ability among young people to name, manage, and share their feelings. For families, it has opened new channels of communication, helping parents better understand what their children may be holding.

Importantly, the Storytelling Project is not just a therapeutic tool — it is an act of reclamation. It supports children and young people not only to cope, but to grow, to create, and to connect. It aligns with our broader mission to place lived experience at the centre of recovery, and to recognise the importance of expression, meaning-

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

(continued)

making, and identity in healing from trauma.

Lived Experience and Innovation

We continued to embed the voice of lived experience in our services, acknowledging it as a critical driver of effective, empathetic delivery. Feedback shaped service development and helped us advocate for more inclusive, responsive support systems. We also explored the use of digital tools to increase reach and innovation in trauma recovery.

Collaboration and Community Engagement

At the heart of our work is a belief that we are stronger when we work together. Collaboration is not simply a method — it is a mindset. It recognises that the challenges we seek to address are complex and interconnected, and that lasting change can only be achieved through collective effort, shared purpose, and mutual trust.

Our approach to partnership working is grounded in a deep commitment to shared values. These include integrity, openness, equity, and a relentless focus on improving outcomes for those we support. These principles are not only reflected in our internal culture but also form the foundation for all of our external relationships. They guide how we show up, how we make decisions, and how we move forward together with others.

In a time of increasing pressure across society — from economic instability to overstretched public services — collaboration has become more essential than ever. It allows us to pool resources, challenge siloed thinking, and unlock innovative responses to entrenched issues. Whether working with frontline services, grassroots networks, or system leaders, our goal remains the same: to amplify impact and centre the needs of those with lived experience.

We are committed to building partnerships that are not just operationally effective, but values-driven and future-focused. This means investing in co-creation, ensuring open and honest communication, and embedding shared principles into everyday practice. It means supporting leadership at every level to model and maintain the culture we aspire to. And it means creating space for learning, reflection, and adaptability, recognising that effective collaboration must evolve as needs and contexts change.

By working in this way, we contribute to a stronger, more connected ecosystem of support — one that is capable of responding to complexity with compassion, creativity, and courage. Through these relationships, we continue to foster community resilience, champion innovation, and ensure that our work remains rooted in both local insight and broader system awareness.

In challenging times, collaboration is not a luxury — it is a necessity. It is how we maintain momentum, how we share responsibility, and how we build the kind of collective capacity that genuine social change demands.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

(continued)

Outcomes and Impact

Over the past year, we have continued to respond to significant and ongoing demand for our services. As we reflect on the outcomes of our work, we are encouraged by the progress we have seen — in individuals, families, and the wider systems that support them.

Our approach continues to demonstrate tangible and meaningful impact. Across our services, we have seen improvements in emotional wellbeing, mental health, and family relationships. People are reporting greater resilience, increased confidence, and an enhanced ability to manage the challenges they face. These outcomes are a testament not only to the strength of those we support, but also to the value of timely, trauma-informed intervention.

We remain committed to understanding the difference our work makes — and where it can go further. Our monitoring and evaluation processes combine data, feedback, and reflective practice to ensure we remain accountable, adaptive, and attuned to the evolving needs of the communities we serve. This includes listening closely to those with lived experience and using their insights to inform and refine our delivery.

This evaluative approach is not simply about measuring success — it is a vital tool for learning. It helps us to identify where our efforts are most effective, where they could be intensified, and where new approaches may be needed. It also helps us to anticipate emerging needs and consider where our work could contribute to wider systemic change.

As we look ahead, we will continue to explore new and innovative areas of practice — those with the potential to make a deeper, more sustainable impact. We will seek opportunities to build on our existing strengths, to extend our reach, and to collaborate with others in ways that amplify learning and influence.

We recognise the potential of our work to inform not only local responses but also national conversations about trauma, recovery, and resilience. By sharing evidence, shaping policy, and advocating for change, we aim to contribute to a broader movement for social transformation — one that places healing, equity, and dignity at its core.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

(continued)

94%

Improved interactions
and communications
in school

92%

Have increased
feeling of hope about
the future

92%

Feel less panic and
terror

95%

Improved sense of self
and identity

97%

Stronger family bond
including with wider
family members

86%

Decrease in negative
and offending
behaviours in children

84%

Reduction in crime
and antisocial
behaviour

86%

Feel less tense,
anxious or nervous

90%

Increased achievement
and progress with
education and
employment

98%

feel more enjoyment
in day-to-day life

77%

Have more people to
turn to for support

83%

Children now have
attendance over 90%

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Financial review

a. Financial Review

Income for the year totalled £757,942 (2024: £838,247). Total resources expended amounted to £759,091 (2024: £808,316). The balance of funds at 31 March 2025 was £371,326 (2024: £372,475). In the year a proportion of these funds were restricted and could only be used for specific purposes. The balance of restricted funds at 31 March 2025 was £Nil (2024: £Nil). The balance of unrestricted funds at 31 March 2025 was £371,326 (2024: £372,475) (unrestricted income funds).

b. Investment Policy

As required by its Articles in furtherance of its objectives, the company has the power to invest the monies of the company not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject to any conditions and consents that may be imposed or required by law.

c. Reserves Policy

Following best practice guidance SAFE continues to operate a reserves policy whereby funds held by the Charity, but not otherwise committed, are set aside to meet any unforeseen financial challenges that might arise in the following year. This would allow the charity to continue activities following any significant reduction in funding as well as sufficient time to potentially raise alternative funds. The trustees have determined that the appropriate level of reserves should be the equivalent of 3 - 6 months' operating expenses, £125,000, and any remaining funds are held as designated funds for future project use. The total unrestricted funds as at 31 March 2025 was £371,326. Currently the Charity has not designated any material amounts for future use.

Structure, governance and management

a. Constitution

The Charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association.

The Trustees of the Charity are also the Directors for the purposes of Company Law. Eligibility for membership of the Charity and membership of the Board of Trustees is governed by the Articles of Association.

b. Methods of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association. Prospective Trustees go through a rigorous application and induction process and references are taken before they are invited to attend a monthly Board meeting. We require all trustees to undergo an enhanced Disclosure Barring Service check. And, as good practice, and to comply with the rigors of funding applications, trustees are all asked to do on-line Safeguarding training or, to provide proof of a recently completed and relevant course. Induction includes being given copies of key SAFE documents and agreeing confidentiality, a code of conduct, eligibility, and conflict of interests. After attending two Board meetings applicants are eligible to become Trustees and may be invited to do so if agreed by the rest of the Board. Trustees serve for a term of 3 years and may be appointed to serve further terms.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management (continued)

c. Organisational structure and decision-making policies

The Trustees are accountable for ensuring that SAFE Foundation has a clear strategy, that it remains true to its original vision and that it discharges all its financial and legal obligations.

The Board of Trustees meet quarterly.

The day-to-day making and responsibility for management of the charity is delegated to a full-time Chief Executive who reports on performance against the Strategic Business Plan. Accounting services are outsourced and Management Accounts are prepared for all Board of Trustee meetings. Those decisions with high financial and/or strategic implications are taken to the Board of Trustees who are responsible for making such decisions as required. Regular monthly supervision sessions are held with the Chief Executive.

Members of the Board, usually with the CEO, form Committees with specific tasks. From time to time task and finish working groups are created as they are needed.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Plans for future periods

As we move into the next financial year, SAFE enters a period of transition shaped by significant uncertainty across the wider sector. Shifting local and national priorities — particularly regarding county council commissioning decisions — have created a complex and unstable environment for organisations delivering domestic abuse and trauma recovery services. The cumulative effects of reduced public funding, economic pressures, and growing need are being felt across the charity sector, prompting a re-evaluation of what is possible, sustainable, and impactful.

In response, we are undertaking a strategic review of our operating model to ensure that our approach remains viable, relevant, and aligned with the changing external landscape. This includes exploring how best to continue delivering trauma-informed support in a way that upholds our values, protects the integrity of our work, and maximises impact for those we serve.

As part of this review, Trustees will also consider the broader risks and uncertainties facing the sector:

- Funding pressures and commissioning uncertainty – Public sector commissioning processes are evolving, with greater competition for contracts and a move towards larger, integrated service models. This creates challenges for forward planning and sustainability and poses threats to smaller organisations.
- Reduced public funding and increased economic pressure – Ongoing constraints on local authority and central government budgets, alongside the cost-of-living crisis, place strain both on organisations and on the families they support.
- Sector overstretch – Demand for support services continues to rise across the domestic abuse, mental health, and wider social care sectors. Many organisations are working at or beyond capacity, increasing pressure across the system as a whole.

While these risks are not unique to SAFE, Trustees remain committed to careful monitoring and to taking a proactive approach. We continue to review our operating model, explore opportunities for collaboration, and strengthen our resilience so that we can adapt to change and continue delivering impact for the people we serve.

While the future shape of our delivery is not yet confirmed, what remains certain is our unwavering commitment to the individuals and families at the heart of our mission. We will continue to focus on quality, accessibility, and person-centred care — adapting where necessary to ensure we remain responsive and effective in a time of change.

As always, this work will be grounded in evidence. We are continuing to assess the impact of our services through rigorous evaluation processes that incorporate both quantitative data and lived experience. These insights will guide our decisions, helping us to identify what has worked, what is most needed, and where innovation or collaboration could strengthen our response.

We are also exploring new opportunities for partnership, digital development, and systems influence — recognising that the challenges ahead will require creative, cross-sector solutions. Whether through direct delivery or strategic advocacy, we remain committed to ensuring that the needs of survivors and those affected by trauma continue to be recognised, prioritised, and addressed.

This is not an easy time for our service users, for our organisation, or for the wider systems in which we work. But we continue to hold firm to our core belief: that healing is possible, and that support, when offered with compassion and integrity, can change lives.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Funds held as custodian

No funds are held as custodian.

Members' liability

The Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 20/10/2025 and signed on their behalf
by:

Michael Peckham

M Peckham
(Chair of Trustees)

SAFE FOUNDATION
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**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2025**

Independent examiner's report to the Trustees of SAFE Foundation ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed:

Dated: 22/10/25

Laura Waycott FCA

Griffin
Chartered Accountants
Courtenay House
Pynes Hill
Exeter
EX2 5AZ

SAFE FOUNDATION
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2025**

	Note	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	4	121,511	620,044	741,555	828,069
Charitable activities	5	8,380	-	8,380	7,255
Investments	6	8,007	-	8,007	2,923
Total income		137,898	620,044	757,942	838,247
Expenditure on:					
Raising funds		7,355	25,157	32,512	30,130
Charitable activities	7	131,692	594,887	726,579	778,186
Total expenditure		139,047	620,044	759,091	808,316
Net movement in funds		(1,149)	-	(1,149)	29,931
Reconciliation of funds:					
Total funds brought forward		372,475	-	372,475	342,544
Net movement in funds		(1,149)	-	(1,149)	29,931
Total funds carried forward		371,326	-	371,326	372,475

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 20 to 36 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)
REGISTERED NUMBER: 01837296

BALANCE SHEET
AS AT 31 MARCH 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	12	4,192	6,578
Investments	13	-	633
		<u>4,192</u>	<u>7,211</u>
Current assets			
Debtors	14	19,568	29,576
Cash at bank and in hand		363,767	353,876
		<u>383,335</u>	<u>383,452</u>
Current liabilities			
Creditors: amounts falling due within one year	15	(16,201)	(18,188)
		<u>367,134</u>	<u>365,264</u>
Net current assets			
		<u>371,326</u>	<u>372,475</u>
Total assets less current liabilities			
		<u>371,326</u>	<u>372,475</u>
Net assets excluding pension asset			
		<u>371,326</u>	<u>372,475</u>
Total net assets		<u><u>371,326</u></u>	<u><u>372,475</u></u>
Charity funds			
Restricted funds	16	-	-
Unrestricted funds	16	371,326	372,475
		<u>371,326</u>	<u>372,475</u>
Total funds		<u><u>371,326</u></u>	<u><u>372,475</u></u>

SAFE FOUNDATION
(A company limited by guarantee)

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2025

The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Michael Peckham

.....
M Peckham
(Chair of Trustees)

Date:

The notes on pages 20 to 36 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025

	2025 £	2024 £
Cash flows from operating activities		
Net cash used in operating activities	3,017	9,275
Cash flows from investing activities		
Dividends, interests and rents from investments	8,007	2,923
Proceeds from the sale of tangible fixed assets	-	4,750
Purchase of tangible fixed assets	(1,133)	(4,676)
Net cash provided by investing activities	6,874	2,997
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	9,891	12,272
Cash and cash equivalents at the beginning of the year	353,876	341,604
Cash and cash equivalents at the end of the year	363,767	353,876

The notes on pages 20 to 36 form part of these financial statements

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

1. General information

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. The registered office is 1 Alba Court, Emperor Way, Exeter, EX1 3QS.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SAFE Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

The Trustees have identified reduced public funding and increased economic pressure which can raise concerns about the ability of the charity to remain a going concern. Factors to consider that effect the future of the Charity have been identified as part of the Trustees annual report.

2.3 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Tangible fixed assets and depreciation

Tangible fixed assets costing £50 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line and reducing balance method.

Depreciation is provided on the following bases:

Motor vehicles	- 20% reducing balance
Fixtures, fittings and equipment	- 20% straight line

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

2. Accounting policies (continued)

2.7 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.11 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.12 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

2. Accounting policies (continued)

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Critical areas of judgment:

Depreciation is estimated over the useful economic life of an asset in order to write off the value of this asset in line with life.

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

4. Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £
Donations	12,511	-	12,511
Grants	109,000	620,044	729,044
	<u>121,511</u>	<u>620,044</u>	<u>741,555</u>
	<u><u>121,511</u></u>	<u><u>620,044</u></u>	<u><u>741,555</u></u>
	<i>Unrestricted funds 2024 £</i>	<i>Restricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Donations	2,406	-	2,406
Grants	59,986	765,677	825,663
	<u>62,392</u>	<u>765,677</u>	<u>828,069</u>
	<u><u>62,392</u></u>	<u><u>765,677</u></u>	<u><u>828,069</u></u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

Analysis of grants received

	2025 £	2024 £
The National Lottery Community Fund	128,619	259,426
Children in Need	22,625	28,651
Devon County Council	333,600	303,600
Leathersellers Co	20,000	-
Rayne Foundation	-	20,000
Society of the Holy Child Jesus	-	10,000
Masonic	20,000	20,000
Various small grants	-	984
Jamieson-Bystock	3,000	-
Postcode Community	40,000	-
Strategic Partnership	-	900
Henry Smith Charitable Trust	92,200	88,600
The Norman Family	2,000	2,002
FearFree	55,000	55,000
Health Opportunities Devon CIC	12,000	2,000
Paul Hamlyn Foundation	-	33,000
David Gibbons	-	1,500
	729,044	825,663

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

5. Income from charitable activities

	Unrestricted funds 2025 £	Total funds 2025 £
Domestic Violence Recovery	8,380	8,380
	<u>8,380</u>	<u>8,380</u>
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Domestic Violence Recovery	7,255	7,255
	<u>7,255</u>	<u>7,255</u>

6. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £
Bank interest receivable	8,007	8,007
	<u>8,007</u>	<u>8,007</u>
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Bank interest receivable	2,923	2,923
	<u>2,923</u>	<u>2,923</u>

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

7. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Domestic Violence Recovery	131,692	594,887	726,579

	<i>Unrestricted funds 2024 £</i>	<i>Restricted funds 2024 £</i>	<i>Total 2024 £</i>
Domestic Violence Recovery	3,521	774,665	778,186

8. Analysis of expenditure by activities

	Activities undertaken directly 2025 £	Support costs 2025 £	Total funds 2025 £
Domestic Violence Recovery	501,890	224,689	726,579

	<i>Activities undertaken directly 2024 £</i>	<i>Support costs 2024 £</i>	<i>Total funds 2024 £</i>
Domestic Violence Recovery	535,807	242,379	778,186

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

8. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2025 £	<i>Total funds 2024 £</i>
Staff costs	140,287	165,150
Supervision, training and support	35,997	80,456
Travel and subsistence	12,233	7,068
Premises costs	24,435	26,922
Other	11,214	5,131
Counselling	277,724	251,080
	501,890	535,807

Analysis of support costs

	Total funds 2025 £	<i>Total funds 2024 £</i>
Staff costs	106,209	146,988
Depreciation	1,922	5,174
Supervision, training and support	15,252	19,502
Travel and subsistence	1,724	2,425
Premises costs	18,686	23,962
Office costs	14,810	15,021
Governance	2,013	2,786
Professional fees	54,434	15,693
Accountancy fees	7,409	4,930
Profit/Loss on disposal	2,230	5,898
	224,689	242,379

9. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £595 (2024 - £572), and accounts preparation fee of £1,191 (2024 - £1,145).

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

10. Staff costs

	2025 £	2024 £
Wages and salaries	253,535	311,272
Social security costs	14,486	20,252
Contribution to defined contribution pension schemes	5,627	5,949
	273,648	337,473

The average number of persons employed by the company during the year was as follows:

	2025 No.	2024 No.
Management and administration of charity	4	4
Direct charitable activity	5	6
	9	10

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025 No.	2024 No.
In the band £60,001 - £70,000	1	-

The key management personnel of the charity comprise the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions and employer national insurance contributions) received by key management personnel for their services to the charity was £147,911 (2024: £162,268).

11. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31 March 2025, no expenses were reimbursed or paid directly to any Trustee (2024 - £368 paid to 1 Trustees during the year, for reimbursement of travel and subsistence).

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

12. Tangible fixed assets

	Furniture and equipment £
Cost or valuation	
At 1 April 2024	14,462
Additions	1,133
Disposals	(5,985)
At 31 March 2025	9,610
Depreciation	
At 1 April 2024	7,884
Charge for the year	1,922
On disposals	(4,388)
At 31 March 2025	5,418
Net book value	
At 31 March 2025	4,192
<i>At 31 March 2024</i>	6,578

13. Fixed asset investments

	Trade investments £
At 1 April 2024	633
Disposals	(633)
Net book value	
<i>At 31 March 2024</i>	633

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

14. Debtors

	2025 £	2024 £
Due after more than one year		
Other debtors	8,955	8,955
	<u>8,955</u>	<u>8,955</u>
Due within one year		
Trade debtors	1,000	7,390
Prepayments and accrued income	9,613	13,231
	<u>19,568</u>	<u>29,576</u>

15. Creditors: Amounts falling due within one year

	2025 £	2024 £
Trade creditors	923	-
Other taxation and social security	3,556	5,730
Other creditors	672	1,158
Accruals and deferred income	11,050	11,300
	<u>16,201</u>	<u>18,188</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

16. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
Unrestricted funds				
General Funds - all funds	372,475	137,898	(139,047)	371,326
Restricted funds				
Children and Families Service	-	620,044	(620,044)	-
Total of funds	372,475	757,942	(759,091)	371,326

The specific purpose for which the funds are to be applied are as follows:

Children and Families Service: Delivers support in the community for children and young people aged from 5 to 17 who are affected by domestic violence and abuse. The fund also includes: Boys & Young Men Community Support, which delivers support in the community for boys and young men aged 5 to 18 who are affected by domestic violence and abuse; and Flourishing Families, which supports children and parents to recover from the trauma of domestic abuse together.

Charity vehicle: Funds used to purchase a vehicle to allow the charity to take children and young people that they work with on trips and activities in order to help improve their emotional wellbeing and help them to heal from the trauma experienced. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

16. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2024 £</i>
Unrestricted funds				
General Funds	310,187	72,570	(10,282)	372,475
	<u>310,187</u>	<u>72,570</u>	<u>(10,282)</u>	<u>372,475</u>
Restricted funds				
Children and Families Service	22,936	765,677	(788,613)	-
Charity vehicle	9,421	-	(9,421)	-
	<u>32,357</u>	<u>765,677</u>	<u>(798,034)</u>	<u>-</u>
Total of funds	<u>342,544</u>	<u>838,247</u>	<u>(808,316)</u>	<u>372,475</u>

17. Summary of funds

Summary of funds - current year

	<i>Balance at 1 April 2024 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2025 £</i>
General funds	372,475	137,898	(139,047)	371,326
Restricted funds	-	620,044	(620,044)	-
	<u>372,475</u>	<u>757,942</u>	<u>(759,091)</u>	<u>371,326</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

17. Summary of funds (continued)

Summary of funds - prior year

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2024 £</i>
General funds	310,187	72,570	(10,282)	372,475
Restricted funds	32,357	765,677	(798,034)	-
	<u>342,544</u>	<u>838,247</u>	<u>(808,316)</u>	<u>372,475</u>

18. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2025 £	Total funds 2025 £
Tangible fixed assets	4,192	4,192
Debtors due after more than one year	8,955	8,955
Current assets	374,380	374,380
Creditors due within one year	(16,201)	(16,201)
Total	<u>371,326</u>	<u>371,326</u>

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Tangible fixed assets	6,578	6,578
Trade investments	633	633
Debtors due after more than one year	8,955	8,955
Current assets	374,497	374,497
Creditors due within one year	(18,188)	(18,188)
Total	<u>372,475</u>	<u>372,475</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

19. Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(1,149)	29,931
Adjustments for:		
Depreciation charges	1,922	5,174
Dividends, interests and rents from investments	(8,007)	(2,923)
Loss on the sale of fixed assets	2,230	5,898
Decrease/(increase) in debtors	10,008	(9,112)
Decrease in creditors	(1,987)	(19,693)
Net cash provided by operating activities	3,017	9,275

20. Analysis of cash and cash equivalents

	2025 £	2024 £
Cash in hand	363,767	353,876
Total cash and cash equivalents	363,767	353,876

21. Analysis of changes in net debt

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash at bank and in hand	353,876	9,891	363,767
	353,876	9,891	363,767

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

22. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £5,627 (2024 - £5,949). Contributions totalling £672 (2024 - £1,158) were payable to the fund at the balance sheet date and are included in creditors.

23. Operating lease commitments

At 31 March 2025 the company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2025 £	2024 £
Not later than 1 year	35,820	35,820
Later than 1 year and not later than 5 years	17,910	53,730
	<u>53,730</u>	<u>89,550</u>

24. Related party transactions

The company has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the company at 31 March 2025.

SIGNATURE CERTIFICATE



REFERENCE NUMBER

6C3AA6EA-6438-4F96-B491-E7C5ADA6DCCF

TRANSACTION DETAILS

Reference Number
6C3AA6EA-6438-4F96-B491-E7C5ADA6DCCF

Transaction Type
Signature Request

Sent At
15/10/2025 08:34:40 AM EDT

Executed At
20/10/2025 08:33:37 AM EDT

Identity Method
email

Distribution Method
email

Signed Checksum
6d19572a74f4e2a82a16328e4205eaccae22677375bfbc8469f122e94996e2d8

Signer Sequencing
Disabled

Document Passcode
Disabled

DOCUMENT DETAILS

Document Name
Stop Abuse For Everyone 2025 - Full Accounts

Filename
Stop_Abuse_For_Everyone_2025_-_Full_Accounts.pdf

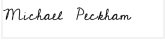
Pages
38 pages

Content Type
application/pdf

File Size
305 KB

Original Checksum
134efc76cd9ba4f8bb919deb3670f8fa051f7172b8133ff0cd6acdae125b193d

SIGNERS

SIGNER	E-SIGNATURE	EVENTS
Name Michael Peckham	Status signed	Viewed At 20/10/2025 08:15:12 AM EDT
Email mike@psa-training.co.uk	Multi-factor Digital Fingerprint Checksum 4f53cda18c2baa0c0354bb5f9a3ecbe5ed12ab4d8e11ba873c2f11161202b945	Identity Authenticated At 20/10/2025 08:33:37 AM EDT
Components 3	IP Address 81.156.93.20	Signed At 20/10/2025 08:33:37 AM EDT
	Device Chrome via Windows	
	Typed Signature 	
	Signature Reference ID F21B702B	
	Typed Signature 	
	Signature Reference ID 52EEB223	

AUDITS

TIMESTAMP	AUDIT
15/10/2025 08:34:40 AM EDT	Team Griffin (office@griffinaccountancy.co.uk) created document 'Stop_Abuse_For_Everyone_2025_-_Full_Accounts.pdf' on Chrome via Windows from 185.253.179.97.
15/10/2025 08:34:40 AM EDT	Michael Peckham (mike@psa-training.co.uk) was emailed a link to sign.
20/10/2025 08:15:12 AM EDT	Michael Peckham (mike@psa-training.co.uk) viewed the document on Chrome via Windows from 81.156.93.20.
20/10/2025 08:33:37 AM EDT	Michael Peckham (mike@psa-training.co.uk) authenticated via email on Chrome via Windows from 81.156.93.20.
20/10/2025 08:33:37 AM EDT	Michael Peckham (mike@psa-training.co.uk) signed the document on Chrome via Windows from 81.156.93.20.

Accounts

SAFE FOUNDATION
(A company limited by guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024



SAFE FOUNDATION
(A company limited by guarantee)

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SAFE FOUNDATION
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2024**

Trustees

T Davies-Pugh
M Peckham, Chair
M Sahota

Company registered number

01837296

Charity registered number

291415

Registered office

1 Alba Court
Emperor Way
Exeter Business Park
Exeter
EX1 3QS

Senior management team

E Morris
L Skye
E Hall
B Kavanagh
J Brown

Accountants

Griffin
Chartered Accountants
Courtenay House
Pynes Hill
Exeter
EX2 5AZ

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their annual report together with the financial statements of the company for the 1 April 2023 to 31 March 2024. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The **Objects of the Charity** are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by:

- a) Providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence;
- b) Promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and
- c) Advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

SAFE's vision is for a world free from the impact of trauma.

SAFE's mission is to:

- Provide therapy and training to support families and individuals to break the cycle of abuse.
- Be a leading voice in trauma recovery through cutting edge research and innovation.
- Drive an ecosystem wide approach across communities and supporting agencies.

SAFE has six core pillars which provide the foundation for the organisation. Our pillars set out the behaviours, beliefs and attitudes that define our culture and underpin our work and decision making:

Boundaries:

To empower change through clarity and openness in communication

Respect:

To relate without judgment and embrace others' diversity, experience, and views

Honesty:

To speak truthfully and listen to the truth of others

Continuity:

To provide sustainability, empathy, and integrity

Negotiation:

To be flexible and seek opportunities to learn

Boldness:

To challenge, innovate and create

At the core of SAFE's mission are the people and relationships we nurture, driving our commitment to provide exemplary services to those recovering from trauma. Through continuous innovation and challenges, we strive to realise our vision of a world free from the effects of trauma.

As we reflect on the past year, it is with a sense of profound dedication and resilience that SAFE has not only sustained its efforts but also significantly intensified its initiatives in response to the evolving challenges presented by the global landscape. Amidst the persistent shadow cast by the pandemic and the escalating cost of living, the communities we serve have faced unprecedented pressures. Nonetheless, our adaptability and unwavering commitment to providing support have remained steadfast. Over the course of this year, we have not merely maintained our operational capabilities; we have substantially enhanced our flexibility and depth in service delivery. This includes integrating innovative peer support mechanisms and further expanding our accessibility to reach the most vulnerable segments of society.

Our strategic approach has been meticulously designed to prioritise understanding and addressing the unique needs of each individual and family we assist. This focus has solidified our reputation as a pillar of trust and a beacon of hope within the community. As a result of our deepened engagement, we have observed higher retention rates and a burgeoning, invested community that is eager to embark on their recovery journeys and contribute to building a resilient society.

Building upon the solid foundation established over recent years has been characterised by a significant expansion in service delivery, enriched partnerships, and a fortified sense of community resilience. The Domestic Abuse Act 2021, along with ever-pressing societal needs, continue to be central influencers on our mission. These elements guide our strategies and initiatives to ensure that survivors and their families receive timely and effective support, and that their voices are not only heard but acted upon with urgency and empathy. This comprehensive approach underscores our commitment to driving positive change and fostering a supportive environment for all those we serve.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

Listening to those with Lived Experience

The integration of lived experience and the attentive listening to service users are not merely beneficial practices; they are foundational to the efficacy and integrity of service delivery across various sectors, particularly in health and social care. When organisations prioritise these voices, they unlock profound insights and foster a more compassionate, effective, and responsive service environment.

Empowering True Expertise

Individuals with lived experience possess an irreplaceable form of expertise. Their firsthand knowledge provides a unique perspective that cannot be replicated through theoretical knowledge alone. By actively incorporating their insights into programme design, policy formulation, and service delivery, we can address real needs more accurately and innovate more effectively. This collaboration ensures that our services are not only tailored to meet the actual conditions and challenges faced by users but also adapted to the nuanced ways in which different populations interact with us.

Enhancing Service Relevance and Effectiveness

Listening to service users helps to ensure that the services we provide remain relevant and truly beneficial. It allows for the identification of gaps in current offerings and highlights opportunities for improvement. For instance, in mental health services, understanding patient experiences with treatment regimes can lead to adjustments that significantly improve therapeutic outcomes. Similarly, in social services, feedback from clients can lead to the development of support systems that are more aligned with the users' needs, such as flexible scheduling or culturally sensitive practices.

Building Trust and Engagement

When service users see that their voices are heard and valued, they are more likely to engage with our services and participate actively in their own care or recovery plans. This increased engagement not only enhances individual outcomes but also builds trust between us and the communities we serve. Trust is crucial, particularly in areas where scepticism towards organisations can be a significant barrier to access.

Promoting Equity and Justice

Incorporating the voices of those with lived experience is also a matter of equity. Many communities, especially marginalised or historically underserved groups, have often been the subjects of policies and practices designed without their input. By centring these voices, we can challenge systemic inequities and contribute to a more just society. This approach acknowledges the expertise of all individuals, regardless of their social, economic, or cultural backgrounds, and ensures that services are designed to be inclusive and equitable.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

Driving Systemic Change:

Beyond improving individual services, the systemic inclusion of lived experience can drive broader societal changes. It can influence public perceptions, reduce stigma, and encourage a more holistic understanding of various social issues. Policy makers and leaders are better informed to make decisions that reflect the realities of those most affected by their decisions, leading to more sustainable and impactful solutions.

In conclusion, the importance of listening to the voice of lived experience and service users transcends mere data collection - it is about respecting, valuing, and actively responding to the wisdom and needs of those served. Such a practice not only improves the quality and effectiveness of services but also dignifies those who use them, creating a more equitable, just, and empathetic society.

**"If it wasn't for this organisation, I'm not sure I'd be here.
Mental health services were useless after I was attacked, and I
was just left to it."**

**"The support online has been so useful because otherwise I
would just feel so isolated and alone."**

**"It wouldn't be possible for me to get support if you didn't offer
online sessions on Sundays. This is the only time I am away
from my children and not working. I am so grateful."**

**"I didn't think this kind of therapy would be available for
domestic violence."**

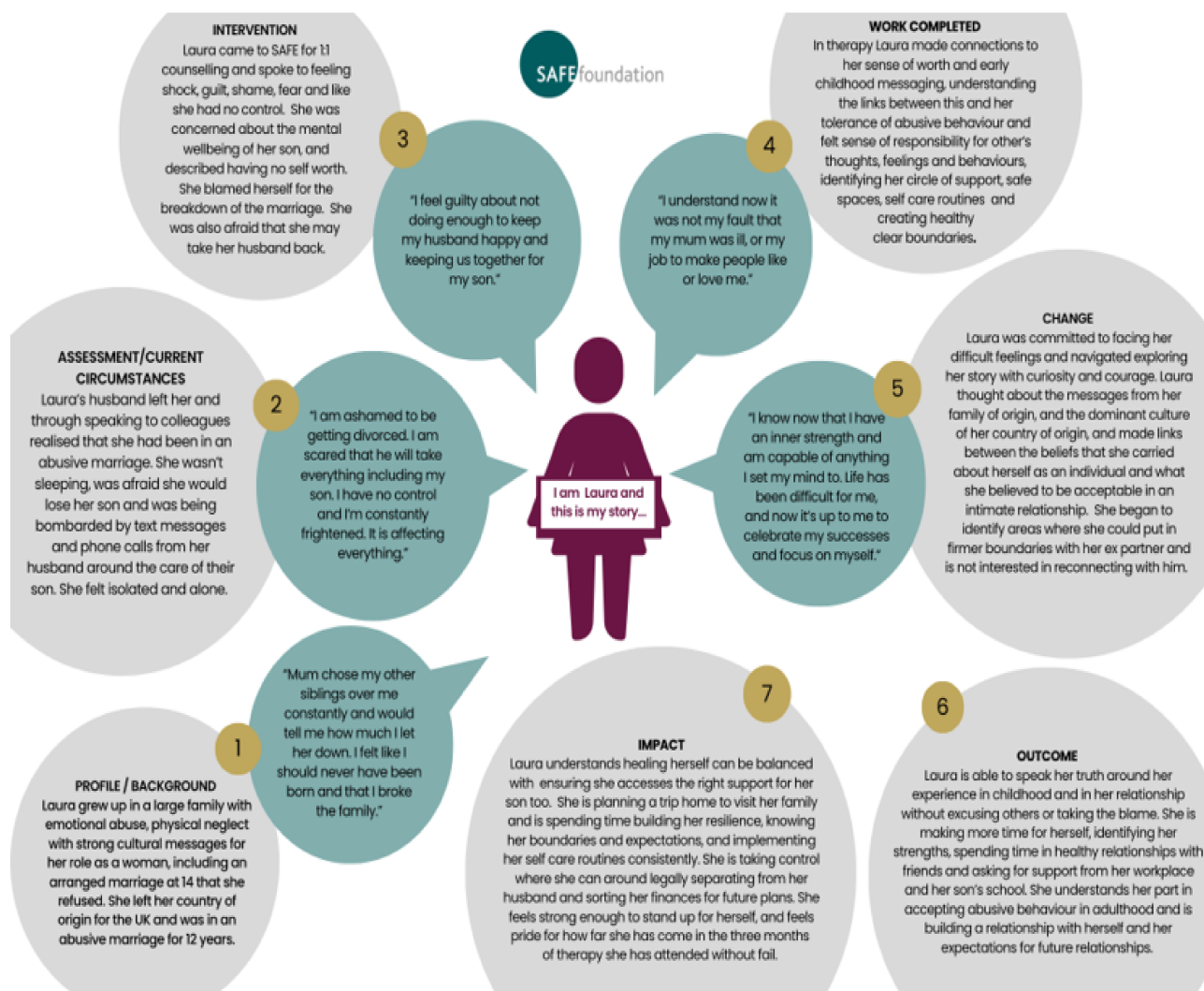
"Thank god for therapy Sundays."

**"I have never felt so validated as I have just now when you said
that you hope more men reach out for support, that you know
they are there, and it's sad they are suffering alone."**

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

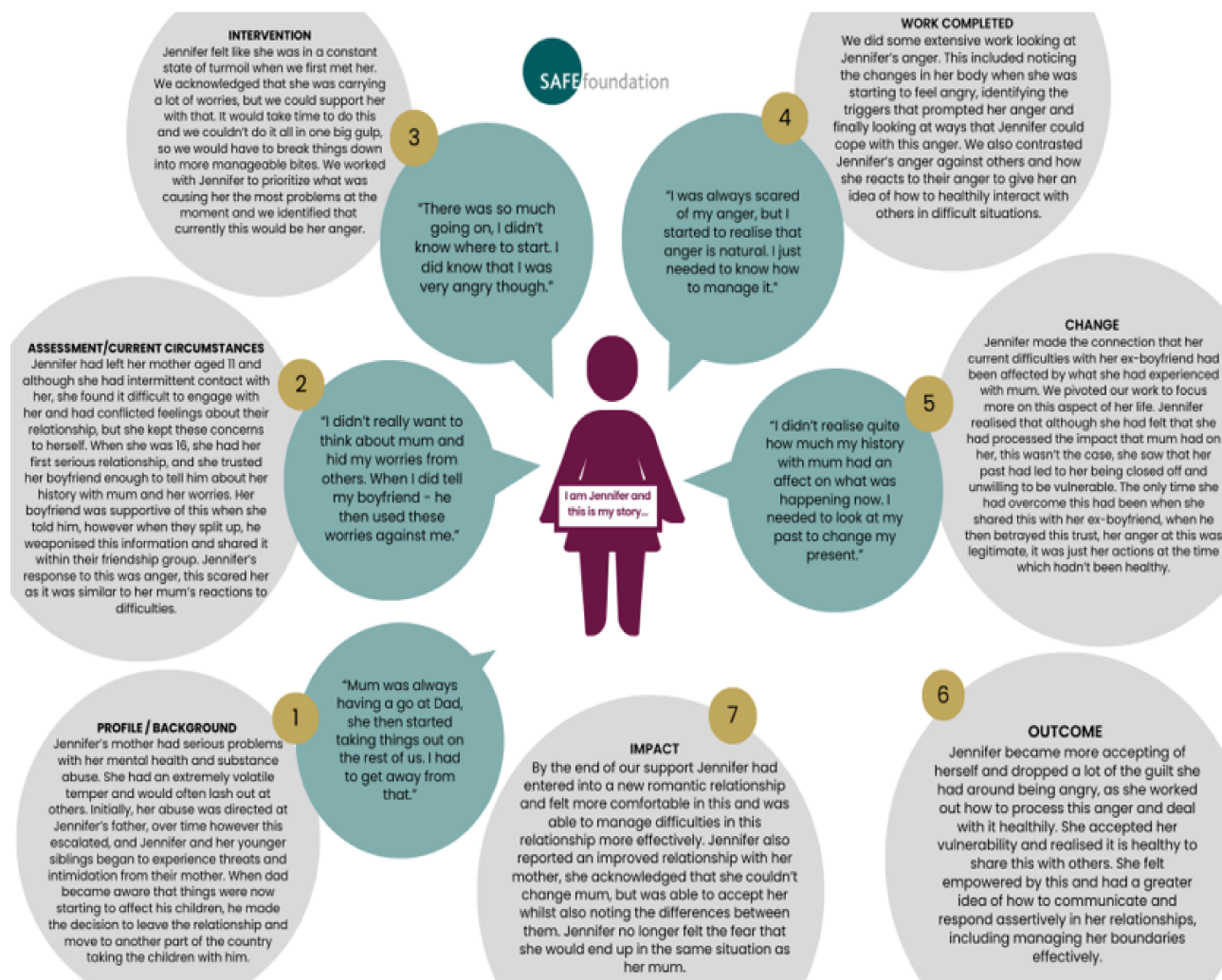
Objectives and activities (continued)



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)



TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

c. Partnerships and Community Engagement

Embedding shared values and vision for the future: our approach to partnership working is deeply rooted in the belief that collaboration amplifies our ability to make meaningful changes. It is a cornerstone of how we operate, enabling us to achieve objectives that would be beyond our reach if we were working in isolation. This collaborative ethos is underpinned by a strong commitment to shared values and a vision that binds us and our partners together in a mutual quest for impact.

At the heart of our partnerships are the core values we hold dear: a relentless pursuit of excellence, unwavering integrity, complete transparency, and a profound respect for diversity. These principles guide our actions and shape the very culture of our collaborations. They ensure that every decision we make and every action we take is in service of a common purpose, forging a path towards collective success.

By committing to these shared values, we create a foundation of trust that enables all parties to work together seamlessly. This trust is crucial for fostering open communication, encouraging innovative thinking, and enabling all partners to contribute their best. In this way, our approach to partnership working is not just about combining resources, it's about creating a synergy that propels us towards our shared goals more effectively and efficiently, always with the common good at the forefront.

Our vision paints a vivid picture of the future we are striving to create. It serves to guide us through the complexities and challenges inherent in our work. This vision of a better, more equitable world is what draws us together, aligning our diverse talents and resources in a powerful synergy. It inspires us, drives us, and reminds us of the larger purpose behind our daily efforts. Through this unity of purpose and commitment, we are not just working alongside each other, we are working as one, moving steadfastly towards our shared aspirations.

Strategies we have applied for embedding shared values and vision through this partnership funding and the learning captured include:

Co-creation:

developing shared values and a vision should be a co-creative process involving all partners. This ensures buy-in and reflects the collective aspirations and commitments of the group.

Communication:

regular, open, and transparent communication is crucial for reinforcing shared values and keeping the vision at the forefront of our partners' minds. This involves regular meetings and shared platforms for dialogue and feedback.

Integration into practice:

shared values and vision should be embedded into the operational practices and policies of the partnership. This could also mean integrating them into performance metrics, decision-making frameworks and project methodologies, and we continue to explore this.

Leadership commitment:

leaders within the partnership must embody the shared values and champion the vision. Their commitment sets the tone and is key to inspiring and motivating others.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

Continuous learning and adaptation:

partnerships need to foster a culture of learning and adaptability, allowing the shared values and vision to evolve in response to new insights or changes in the external environment. Regular reviews and reflective practices are supporting this. When effectively embedded, shared values and vision can transform a partnership from a collection of individual entities into a cohesive force for positive change. This enhances trust, facilitates conflict resolution, and improves collaboration, leading to outcomes that are not only more impactful but also more sustainable. Partnerships grounded in shared values and vision are better equipped to navigate the complexities of today's challenges, making them a powerful strategy for achieving lasting social impact.

Strengthened community resilience:

our collaborations with local authorities, educational institutions, and healthcare providers have been deepened, fostering a supportive ecosystem that enables more effective and widespread support for those in need.

Innovative partnerships:

we have launched new partnerships and pilot programmes aimed at preventing domestic abuse and supporting survivors, leveraging technology and community resources to reach more individuals and families.

d. Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During the reporting year, there were on average 18 active volunteers. Volunteers receive support and supervision and follow policy and guidance.

e. Public Benefit

Trustees of the Charity have complied with the duty in S.4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission. The Charity provides a public benefit by providing the public in its area of benefit with accessible, confidential, and impartial support regardless of age, gender, race, disability or sexuality.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Achievements and performance

a. Outcomes

Key Achievements and Developments During the Year

Enhanced Service Delivery

Expansion of Flourishing Families programme:

We have significantly expanded the scope and reach of our comprehensive support for families, incorporating advanced therapeutic interventions and support mechanisms to address the intricate needs of both adults and children affected by domestic abuse.

Flourishing Futures:

In our commitment to providing comprehensive support, Flourishing Futures has implemented a multifaceted array of interventions tailored to meet the diverse needs of young people, families, and educational professionals. These interventions encompass a spectrum of services, including one-on-one therapeutic sessions, storytelling workshops, peer group programmes, and whole-family interventions. Furthermore, our engagement extends beyond the confines of individual sessions, with our practitioners actively participating in school training sessions, consultancy services, and multi-disciplinary meetings. This rounded approach not only ensures the holistic well-being of young people but also fosters a culture of collaboration and knowledge-sharing within the educational landscape.

In our efforts to support young people, families, and school professionals, Flourishing Futures has provided a range of services, including:

- One-on-one therapeutic sessions for young men and boys
- Storytelling sessions for young men and boys
- Peer group programs for young men and boys
- Whole-family sessions
- School training and awareness sessions
- School consultancy services for individual staff members or teams
- Participation in multi-disciplinary meetings
- Attendance at in-school exclusion/inclusion forums

Moreover, parents have access to their own one-on-one counselling and therapeutic group programmes through other initiatives delivered by SAFE.

Trauma Therapy Service:

SAFE Foundation has been awarded a contract by Devon County Council to implement a comprehensive counselling and therapeutic intervention service for victims and survivors of domestic abuse. This pivotal service will be operational for a two-year period, beginning on April 1, 2023, and concluding on March 31, 2025.

Designed to address the specific needs outlined in the contract, the Trauma Therapy Service integrates several critical elements to enhance accessibility and effectiveness. It provides no-cost services at the point of access and adopts a flexible approach to meet the diverse needs of service users. The service offers multiple therapeutic modalities, ensuring clients can choose the approach that best suits their needs. By facilitating choice and removing barriers to access, the service aims to reach individuals who are most removed from support networks and deliver high-quality, trauma-responsive care by qualified therapists with specialised knowledge in domestic abuse.

In alignment with these goals, we have launched a service that operates seven days a week, including early morning and evening appointments, to accommodate varying schedules. Therapy is available face-to-face,

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FOR THE YEAR ENDED 31 MARCH 2024

(continued)

online, or via telephone, and includes both individual and group sessions. This personalised approach ensures that each client receives tailored support based on their specific circumstances. Additionally, recognising the value of peer-to-peer interactions in fostering long-term recovery, this component is an integral part of our service structure.

Strategic and Collaborative Efforts:

During the year, SAFE has deepened its commitment to collaborative partnership and multidisciplinary approaches, significantly enhancing our service delivery and impact. Recognising the complex and multifaceted nature of domestic abuse we have forged strong alliances and worked closely with various agencies and services, underscoring our holistic approach to support and recovery.

Devon Schools Wellbeing Partnership:

Our collaboration here has been pivotal in addressing the emotional and psychological needs of children and young people affected by domestic abuse. This partnership has enabled us to integrate wellbeing practices into school environments, ensuring children receive continuous support that's both preventive and responsive.

The Serious Violence Reduction Group:

Working with this group has allowed us to contribute to broader strategies aimed at reducing violence within communities. Our involvement ensures that the nuances of domestic abuse and its impact on families are considered in developing comprehensive violence reduction policies.

Youth Services and Children's Services: our engagement with Youth Services and Children's Services has been instrumental in creating a safety net for young people at risk. By aligning our efforts, we've provided a seamless support network that prioritises the safety and well-being of young individuals, addressing their needs from multiple angles.

Children's Centres: through collaboration with Children's Centres, we've extended our reach to families and children at the earliest stages, ensuring access to support and resources that foster safe and nurturing environments. These centres have been crucial access points for families in need of immediate assistance and long-term support.

Young People's Specialised Services Focusing on the Voice of the Child:

Recognising the importance of empowering children and young people to express themselves and be heard, we have partnered with specialised services that prioritise the voice of the child. This collaboration has strengthened our commitment to child-centred approaches, ensuring that young people's perspectives and experiences directly inform our programmes and interventions.

These partnerships reflect our integrated approach to addressing domestic abuse, focusing on prevention, support, and recovery. By working collaboratively with a diverse range of agencies and services, we ensure a comprehensive support system that is responsive to the nuanced needs of individuals and families affected by domestic abuse. Our commitment to these partnerships underscores our belief in a community-wide response to domestic violence, where every sector plays a role in supporting survivors and promoting a culture of safety, respect, and healing.

OUTCOMES:

During the financial year, we have received requests for support from 1322 individuals and families. As we assess the outcomes of the past year, we are heartened by the tangible progress and transformative impact witnessed among our stakeholders. Our endeavours have yielded commendable results, including enhanced emotional well-being, improved mental health, strengthened familial bonds, and heightened resilience among young people. Moreover, our collaborative efforts with educational institutions have facilitated positive shifts in school culture, evidenced by improved attendance rates, enhanced academic engagement, and a palpable

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

(continued)

sense of community cohesion. These outcomes underscore the efficacy of our approach and reaffirm our commitment to catalysing sustainable change within our community.

We remain committed to a rigorous process of monitoring and evaluating our impact across the community. This ongoing assessment is not just about measuring our successes but is vital in identifying areas where our efforts can be intensified or redirected. We will use both quantitative data and qualitative feedback to gain a comprehensive understanding of how our work has resonated within the community. This will involve direct engagement with community members, partners, and stakeholders to gather insights and perspectives. Our goal is to ensure that, even as this project concludes, we lay the groundwork for sustained positive change, pinpointing opportunities for future initiatives to build upon our achievements. This reflective and forward-looking approach is central to our commitment to making a lasting difference in the community we serve.

As we delve deeper into our evaluation process, we will be particularly focused on uncovering potential new areas of work that hold promise for instigating change at a more profound level. These areas will be identified through a lens of innovation and sustainability, aiming to address immediate community needs as well as tackling underlying systemic issues that have long-term implications.

Moreover, we recognise the potential of our work to influence local and national change. By scaling successful interventions and leveraging our findings, we aim to contribute to policy discussions and reforms. We will seek partnerships with other organisations and government bodies to amplify our impact, drawing on a rich tapestry of data and stories from our community engagement. This approach will enable us to advocate for changes that benefit not only our immediate community but also set precedents for broader societal transformations.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

(continued)



TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

(continued)

b. Beneficiary and stakeholder feedback

Comments from children:

"This work has been so helpful. I am understanding myself more and it's made me understand how I am with my friends. I feel more confident and not putting so much pressure on myself."

"These sessions motivate me to come to school. I don't ask to go home so much now. I guess it has helped me believe that school can be a good place."

"This week I have been in school every day and I haven't been to reset at all. Having to come into school for sessions with you has made me realise that I can come into school and it's okay. I can do this."

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

(continued)

Comments from adults:

**"I can't thank you enough for everything you have done but I'm going to try!
Thank you for listening to me talk about the trauma in my life with such
patience, kindness and sincerity. Validating my thoughts and helping me to
raise my self-esteem so I can put boundaries back in my life. Helping me to feel
stronger so I can move forward with my life. You and SAFE Foundation are
invaluable and have made an incredible difference to my life going forward."**

**"The group was amazing! At times it was tricky to navigate and using
everything I had learnt with you and keeping me safe was really important.
Listening to others and being able to help their journey in some small way felt
amazing. We were all at different stages, different lives but shared one common
theme felt in different ways. There was a connection that I didn't think I would
feel. Some of us were really sad when it was over. We have formed a WhatsApp
group for us to share highs and lows, or just anything really. Sometimes it's just
a photo of our dogs! Of what we have been doing or sometimes it's just how we
feel but it's great. I guess it feels less lonely."**

**"Since [my daughter] and I have been getting support we have been
communicating with each other in healthier ways. I am so proud of her, she is
setting boundaries with me and telling me how she feels for the first time. And I
am finally able to not take it personally so I'm not shutting her down and
responding defensively anymore."**

**"Thank you so much for giving me the best chance of healing and
understanding that you could possibly give. I have learnt and grown so much
from my time with you. You have such a gift that helps many women overcome
their fears and feelings. Thank you for getting me through such hard times. I
wish you all the happiness in the world."**

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

(continued)

Comments from professionals:

"You are one of the most helpful and responsive organisations that I speak to. You're all so helpful and always have time. These conversations help me when I'm thinking about what our clients need."

"I thought the meeting this afternoon went really well and I sat in the meeting feeling very fortunate to have you both from SAFE alongside. More progress planned than ever had been previously. Parents are where we will have the most impact and I feel really excited about the ideas we discussed."

"The staff are buzzing about this about having you in, it has given some clarity to why some children behave the way they do which means we can support them in a way that works for them, we are so lucky as a school to have the support we are getting. We benefit as well as the children."

"We really welcome your support in school and open to any input that can help us improve the wellbeing of our students and how we manage behaviour. It's a great opportunity for us and we are pleased we have it. Schools need to take a different approach if they want changes to happen and not expect the students to make the changes."

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FOR THE YEAR ENDED 31 MARCH 2024

(continued)

Financial review

a. Financial Review

Income for the year totalled £838,247 (2023: £759,112). Total resources expended amounted to £808,316 (2023: £681,491). The balance of funds at 31 March 2024 was £372,475 (2023: £342,544). In the year a proportion of these funds were restricted and could only be used for specific purposes. The balance of restricted funds at 31 March 2024 was £Nil (2023: £32,357) (restricted funds in surplus). The balance of unrestricted funds at 31 March 2024 was £372,475 (2023: £310,187) (unrestricted income funds).

b. Investment Policy

As required by its Articles in furtherance of its objectives, the company has the power to invest the monies of the company not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject to any conditions and consents that may be imposed or required by law.

c. Reserves Policy

Following best practice guidance SAFE continues to operate a reserves policy whereby funds held by the Charity, but not otherwise committed, are set aside to meet any unforeseen financial challenges that might arise in the following year. This would allow the charity to continue activities following any significant reduction in funding as well as sufficient time to potentially raise alternative funds. The trustees have determined that the appropriate level of reserves should be the equivalent of 3 - 6 months' operating expenses, £134,000, and any remaining funds are held as designated funds for future project use. The total unrestricted funds as at 31 March 2024 was £372,475. Currently the Charity has not designated any material amounts for future use.

Structure, governance and management

a. Constitution

The Charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association.

The Trustees of the Charity are also the Directors for the purposes of Company Law. Eligibility for membership of the Charity and membership of the Board of Trustees is governed by the Articles of Association.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association. Prospective Trustees go through a rigorous application and induction process and references are taken before they are invited to attend a monthly Board meeting. We require all trustees to undergo an enhanced Disclosure Barring Service check. And, as good practice and to comply with the rigors of funding applications, trustees are all asked to do on-line Safeguarding training or, to provide proof of a recently completed and relevant course. Induction includes being given copies of key SAFE documents and agreeing confidentiality, a code of conduct, eligibility and conflict of interests. After attending two Board meetings applicants are eligible to become Trustees and may be invited to do so if agreed by the rest of the Board. Trustees serve for a term of 3 years and may be appointed to serve further terms.

c. Organisational structure and decision-making policies

The Trustees are accountable for ensuring that SAFE Foundation has a clear strategy, that it remains true to its original vision and that it discharges all its financial and legal obligations.

The Board of Trustees meet quarterly.

The day-to-day making and responsibility for management of the charity is delegated to a full-time Chief Executive who reports on performance against the Strategic Business Plan. Accounting services are outsourced and Management Accounts are prepared for all Board of Trustee meetings. Those decisions with high financial and/or strategic implications are taken to the Board of Trustees who are responsible for making such decisions as required. Regular monthly supervision sessions are held with the Chief Executive.

Members of the Board, usually with the CEO, form Committees with specific tasks. From time to time task and finish working groups are created as they are needed.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Plans for future periods

As we enter the next financial year, SAFE is poised to further broaden our impact, driven by innovation, collaboration, and a deep commitment to the individuals and communities we serve. Our strategic focus will continue to evolve in response to emerging challenges, ensuring that we remain at the forefront of support services for survivors of domestic abuse and their families. With strengthened foundations and a clear vision, we are dedicated to fostering healing, resilience, and positive change, ensuring a safer, stronger society for all.

We remain committed to a rigorous process of monitoring and evaluating our impact across the community. This ongoing assessment is not just about measuring our successes but is vital in identifying areas where our efforts can be intensified or redirected. We will use both quantitative data and qualitative feedback to gain a comprehensive understanding of how our work has resonated within the community. This will involve direct engagement with community members, partners, and stakeholders to gather insights and perspectives. Our goal is to ensure that, even as this project concludes, we lay the groundwork for sustained positive change, pinpointing opportunities for future initiatives to build upon our achievements. This reflective and forward-looking approach is central to our commitment to making a lasting difference in the community we serve.

As we delve deeper into our evaluation process, we will be particularly focused on uncovering potential new areas of work that hold promise for instigating change at a more profound level. These areas will be identified through a lens of innovation and sustainability, aiming to address immediate community needs as well as tackling underlying systemic issues that have long-term implications.

Moreover, we recognise the potential of our work to influence local and national change. By scaling successful interventions and leveraging our findings, we aim to contribute to policy discussions and reforms. We will seek partnerships with other organisations and government bodies to amplify our impact, drawing on a rich tapestry of data and stories from our community engagement. This approach will enable us to advocate for changes that benefit not only our immediate community but also set precedents for broader societal transformations.

In doing so, we will prioritise areas that promise to utilise technology and innovation to combat domestic abuse, ensuring that our interventions align with global best practices while being deeply responsive to the specific needs and challenges faced by survivors within our community. The insights gained from this past year of delivery will inform and serve as a guiding light for future efforts aimed at creating safer, more supportive environments for survivors of domestic abuse. Using data analytics, we aim to proactively identify individuals at risk and provide them with timely interventions, ensuring a supportive response that is both effective and empathetic. This may include creating and deploying innovative digital tools tailored for mental health support and recovery from domestic abuse and trauma, offering confidential and accessible resources for those in need. Additionally, we are committed to championing policy reforms that prioritise mental wellbeing and trauma recovery, advocating for a framework that not only protects but also empowers individuals on their journey towards healing and resilience.

Our goal is to build a comprehensive support system that recognises the complexities of trauma and mental health, offering a pathway to recovery that is informed, inclusive, and deeply compassionate. Through these efforts, we aspire to contribute to a broader societal shift towards zero tolerance for domestic abuse, ensuring a more equitable and resilient future for all individuals.

Funds held as custodian

No funds are held as custodian.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Members' liability

The Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up.

Statement of Trustees' responsibilities

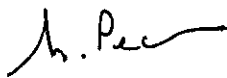
The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 08/11/24 and signed on their behalf by:



M Peckham
(Chair of Trustees)

SAFE FOUNDATION
(A company limited by guarantee)

**INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2024**

Independent examiner's report to the Trustees of SAFE Foundation ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

SAFE FOUNDATION
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed:

Dated: 14/11/2024

Laura Waycott FCA

Griffin
Chartered Accountants
Courtenay House
Pynes Hill
Exeter
EX2 5AZ

SAFE FOUNDATION
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2024**

	Note	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Income from:					
Donations and legacies	4	62,392	765,677	828,069	752,634
Charitable activities	5	7,255	-	7,255	6,270
Investments	6	2,923	-	2,923	208
Total income		72,570	765,677	838,247	759,112
Expenditure on:					
Raising funds		6,761	23,369	30,130	20,457
Charitable activities	7	3,521	774,665	778,186	661,034
Total expenditure		10,282	798,034	808,316	681,491
Net movement in funds		62,288	(32,357)	29,931	77,621
Reconciliation of funds:					
Total funds brought forward		310,187	32,357	342,544	264,923
Net movement in funds		62,288	(32,357)	29,931	77,621
Total funds carried forward		372,475	-	372,475	342,544

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 27 to 43 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)
REGISTERED NUMBER: 01837296

BALANCE SHEET
AS AT 31 MARCH 2024

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	12	6,578	17,724
Investments	13	633	633
		<u>7,211</u>	<u>18,357</u>
Current assets			
Debtors	14	29,576	20,464
Cash at bank and in hand		353,876	341,604
		<u>383,452</u>	<u>362,068</u>
Creditors: amounts falling due within one year	15	(18,188)	(37,881)
Net current assets		<u>365,264</u>	<u>324,187</u>
Total assets less current liabilities		<u>372,475</u>	<u>342,544</u>
Net assets excluding pension asset		<u>372,475</u>	<u>342,544</u>
Total net assets		<u><u>372,475</u></u>	<u><u>342,544</u></u>
Charity funds			
Restricted funds	17	-	32,357
Unrestricted funds	17	372,475	310,187
Total funds		<u><u>372,475</u></u>	<u><u>342,544</u></u>

SAFE FOUNDATION
(A company limited by guarantee)

BALANCE SHEET (CONTINUED)
AS AT 31 MARCH 2024

The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



.....
M Peckham
(Chair of Trustees)

Date: 08/11/24

The notes on pages 27 to 43 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024

	2024 £	2023 £
Cash flows from operating activities		
Net cash used in operating activities	9,275	62,396
Cash flows from investing activities		
Dividends, interests and rents from investments	2,923	208
Proceeds from the sale of tangible fixed assets	4,750	-
Purchase of tangible fixed assets	(4,676)	(714)
Net cash provided by/(used in) investing activities	2,997	(506)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	12,272	61,890
Cash and cash equivalents at the beginning of the year	341,604	279,714
Cash and cash equivalents at the end of the year	353,876	341,604

The notes on pages 27 to 43 form part of these financial statements

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

1. General information

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. The registered office is 1 Alba Court, Emperor Way, Exeter, EX1 3QS.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SAFE Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Going concern

The Charity has considered its position over the next 12 months and with unrestricted reserves of £372,475, they have concluded that they are a going concern.

2.3 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

2. Accounting policies (continued)

2.4 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

2.5 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.6 Tangible fixed assets and depreciation

Tangible fixed assets costing £50 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line and reducing balance method.

Depreciation is provided on the following bases:

Motor vehicles	- 20% reducing balance
Fixtures, fittings and equipment	- 20% straight line

2.7 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. Accounting policies (continued)

2.8 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.9 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.10 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.11 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.12 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

2. Accounting policies (continued)

2.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Critical areas of judgment:

Depreciation is estimated over the useful economic life of an asset in order to write off the value of this asset in line with life.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

4. Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Donations	2,406	-	2,406
Grants	59,986	765,677	825,663
	<u>62,392</u>	<u>765,677</u>	<u>828,069</u>
	<u><u>62,392</u></u>	<u><u>765,677</u></u>	<u><u>828,069</u></u>
	<i>Unrestricted funds 2023 £</i>	<i>Restricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Donations	3,968	110,992	114,960
Grants	76,858	560,816	637,674
	<u>80,826</u>	<u>671,808</u>	<u>752,634</u>
	<u><u>80,826</u></u>	<u><u>671,808</u></u>	<u><u>752,634</u></u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

Analysis of grants received

	2024 £	2023 £
The National Lottery Community Fund	259,426	185,210
Children in Need	28,651	9,047
Devon County Council	303,600	244,270
Northbrook Community Fund	-	10,000
Rayne Foundation	20,000	-
Devon Community Foundation	-	9,000
Masonic	20,000	-
Various small grants	984	4,608
Lloyds Bank Foundation	-	2,250
Wolfson Foundation	-	-
The Kelly Family Grant	-	-
Henry Smith Charitable Trust	88,600	62,800
The Norman Family	2,002	-
FearFree	55,000	-
Health Opportunities Devon CIC	2,000	-
Paul Hamlyn Foundation	33,000	32,500
David Gibbons	1,500	2,500
Norman Family	-	2,000
Arnold Clark	-	1,000
Strategic Partnership	900	20,000
HSBC SFX Foundation	-	5,000
Society of the Holy Child Jesus	10,000	20,000
David Roddell	-	5,000
Focus Foundation	-	6,990
The Sir Jules Thorn Charitable Trust	-	2,500
Schroder Charity	-	3,000
Linder Foundation	-	10,000
	825,663	637,675

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

5. Income from charitable activities

	Unrestricted funds 2024 £	Total funds 2024 £
Domestic Violence Recovery	7,255	7,255
	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Domestic Violence Recovery	6,270	6,270

6. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £
Bank interest receivable	2,923	2,923
	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Bank interest receivable	208	208

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

7. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Domestic Violence Recovery	3,521	774,665	778,186
		<i>Restricted funds 2023 £</i>	<i>Total 2023 £</i>
Domestic Violence Recovery		661,034	661,034

8. Analysis of expenditure by activities

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £
Domestic Violence Recovery	535,807	242,379	778,186
	<i>Activities undertaken directly 2023 £</i>	<i>Support costs 2023 £</i>	<i>Total funds 2023 £</i>
Domestic Violence Recovery	374,350	286,684	661,034

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

8. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2024 £	<i>Total funds 2023 £</i>
Staff costs	165,150	144,023
Supervision, training and support	80,456	36,289
Travel and subsistence	7,068	4,042
Premises costs	26,922	20,574
Other	5,131	839
Counselling	251,080	168,583
	535,807	374,350

Analysis of support costs

	Total funds 2024 £	<i>Total funds 2023 £</i>
Staff costs	146,988	195,506
Depreciation	5,174	6,119
Supervision, training and support	19,502	21,228
Travel and subsistence	2,425	2,535
Premises costs	23,962	27,252
Office costs	15,021	11,247
Governance	2,786	2,662
Bad debt	-	185
Professional fees	15,693	14,300
Accountancy fees	4,930	5,650
Profit/Loss on disposal	5,898	-
	242,379	286,684

9. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £572 (2023 - £535), and accounts preparation fee of £1,145 (2023 - £1,070).

SAFE FOUNDATION
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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

10. Staff costs

	2024	2023
	£	£
Wages and salaries	311,272	323,981
Social security costs	20,252	26,144
Contribution to defined contribution pension schemes	5,949	6,874
	337,473	356,999

The average number of persons employed by the company during the year was as follows:

	2024	2023
	No.	No.
Management and administration of charity	4	4
Direct charitable activity	6	7
	10	11

No employee received remuneration amounting to more than £60,000 in either year.

The key management personnel of the charity comprise the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions and employer national insurance contributions) received by key management personnel for their services to the charity was £162,268 (2023: £196,118).

11. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 31 March 2024, expenses totaling £368 were reimbursed or paid directly to 1 Trustee (2023 - £497 paid to 2 Trustees during the year), this was for reimbursement of travel and subsistence.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

12. Tangible fixed assets

	Motor vehicles £	Furniture and equipment £	Total £
Cost or valuation			
At 1 April 2023	27,845	16,713	44,558
Additions	-	4,676	4,676
Disposals	(27,845)	(6,927)	(34,772)
At 31 March 2024	-	14,462	14,462
Depreciation			
At 1 April 2023	16,439	10,395	26,834
Charge for the year	2,281	2,893	5,174
On disposals	(18,720)	(5,404)	(24,124)
At 31 March 2024	-	7,884	7,884
Net book value			
At 31 March 2024	-	6,578	6,578
At 31 March 2023	11,406	6,318	17,724

13. Fixed asset investments

	Trade investments £
Cost or valuation	
At 31 March 2024	633
Net book value	
At 31 March 2024	633
At 31 March 2023	633

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

14. Debtors

	2024 £	2023 £
Due after more than one year		
Other debtors	8,955	8,955
	<u>8,955</u>	<u>8,955</u>
Due within one year		
Trade debtors	7,390	-
Prepayments and accrued income	13,231	11,509
	<u>29,576</u>	<u>20,464</u>

15. Creditors: Amounts falling due within one year

	2024 £	2023 £
Trade creditors	-	2,995
Other taxation and social security	5,730	10,878
Other creditors	1,158	1,478
Accruals and deferred income	11,300	22,530
	<u>18,188</u>	<u>37,881</u>

16. Accruals and deferred income

	2024 £	2023 £
Deferred income at 1 April 2023	-	55,950
Amounts released from previous periods	-	(55,950)
Deferred income at 31 March 2024	<u>-</u>	<u>-</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

17. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Unrestricted funds				
General Funds	310,187	72,570	(10,282)	372,475
Restricted funds				
Children and Families Service	22,936	765,677	(788,613)	-
Charity vehicle	9,421	-	(9,421)	-
	32,357	765,677	(798,034)	-
Total of funds	342,544	838,247	(808,316)	372,475

The specific purpose for which the funds are to be applied are as follows:

Children and Families Service: Delivers support in the community for children and young people aged from 5 to 17 who are affected by domestic violence and abuse. The fund also includes: Boys & Young Men Community Support, which delivers support in the community for boys and young men aged 5 to 18 who are affected by domestic violence and abuse; and Flourishing Families, which supports children and parents to recover from the trauma of domestic abuse together.

Charity vehicle: Funds used to purchase a vehicle to allow the charity to take children and young people that they work with on trips and activities in order to help improve their emotional wellbeing and help them to heal from the trauma experienced. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

17. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2022 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2023 £</i>
Unrestricted funds				
General Funds	222,883	87,304	-	310,187
Restricted funds				
Children and Families Service	30,264	671,808	(679,136)	22,936
Charity vehicle	11,776	-	(2,355)	9,421
	42,040	671,808	(681,491)	32,357
Total of funds	264,923	759,112	(681,491)	342,544

18. Summary of funds

Summary of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
General funds	310,187	72,570	(10,282)	372,475
Restricted funds	32,357	765,677	(798,034)	-
	342,544	838,247	(808,316)	372,475

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

18. Summary of funds (continued)

Summary of funds - prior year

	<i>Balance at 1 April 2022</i>	<i>Income</i>	<i>Expenditure</i>	<i>Balance at 31 March 2023</i>
	£	£	£	£
General funds	222,883	87,304	-	310,187
Restricted funds	42,040	671,808	(681,491)	32,357
	<u>264,923</u>	<u>759,112</u>	<u>(681,491)</u>	<u>342,544</u>

19. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Unrestricted funds 2024	Total funds 2024
	£	£
Tangible fixed assets	6,578	6,578
Trade investments	633	633
Debtors due after more than one year	8,955	8,955
Current assets	374,497	374,497
Creditors due within one year	(18,188)	(18,188)
Total	<u>372,475</u>	<u>372,475</u>

Analysis of net assets between funds - prior period

	<i>Unrestricted funds 2023</i>	<i>Restricted funds 2023</i>	<i>Total funds 2023</i>
	£	£	£
Tangible fixed assets	8,303	9,421	17,724
Trade investments	633	-	633
Debtors due after more than one year	8,955	-	8,955
Current assets	330,177	22,936	353,113
Creditors due within one year	(37,881)	-	(37,881)
Total	<u>310,187</u>	<u>32,357</u>	<u>342,544</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

19. Analysis of net assets between funds (continued)

20. Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	2023 £
Net income for the period (as per Statement of Financial Activities)	29,931	77,621
Adjustments for:		
Depreciation charges	5,174	6,119
Dividends, interests and rents from investments	(2,923)	(208)
Loss on the sale of fixed assets	5,898	-
Decrease/(increase) in debtors	(9,112)	9,918
Decrease in creditors	(19,693)	(31,054)
Net cash provided by operating activities	9,275	62,396

21. Analysis of cash and cash equivalents

	2024 £	2023 £
Cash in hand	353,876	341,604
Total cash and cash equivalents	353,876	341,604

22. Analysis of changes in net debt

	At 1 April 2023 £	Cash flows £	At 31 March 2024 £
Cash at bank and in hand	341,604	12,272	353,876
	341,604	12,272	353,876

23. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

23. Pension commitments (continued)

separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £5,949 (2023 - £6,875). Contributions totalling £1,158 (2023 - £1,478) were payable to the fund at the balance sheet date and are included in creditors.

24. Operating lease commitments

At 31 March 2024 the company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2024	2023
	£	£
Not later than 1 year	35,820	35,820
Later than 1 year and not later than 5 years	53,730	89,550
	<u>89,550</u>	<u>125,370</u>

25. Related party transactions

The company has not entered into any related party transaction during the year, nor are there any outstanding balances owing between related parties and the company at 31 March 2024.

Accounts

SAFE FOUNDATION
(A company limited by guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023



SAFE FOUNDATION
(A company limited by guarantee)

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SAFE FOUNDATION
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2023**

Trustees

T Davies-Pugh
M Peckham, Chair
M Sahota

Company registered number

01837296

Charity registered number

291415

Registered office

1 Alba Court
Emperor Way
Exeter Business Park
Exeter
EX1 3QS

Senior management team

E Morris
L Skye
L Rowlands
B Kavanagh
J Ratty

Accountants

Griffin
Chartered Accountants
Courtenay House
Pynes Hill
Exeter
EX2 5AZ

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2023

The Trustees present their annual report together with the financial statements of the company for the 1 April 2022 to 31 March 2023. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The Objects of the Charity are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by:

- a) Providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence;
- b) Promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and
- c) Advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

SAFE's vision is for a world free from the impact of trauma.

SAFE's mission is to:

- Provide therapy and training to support families and individuals to break the cycle of abuse.
- Be a leading voice in trauma recovery through cutting edge research and innovation.
- Drive an ecosystem wide approach across communities and supporting agencies.

SAFE has six core pillars which provide the foundation for the organisation. Our pillars set out the behaviours, beliefs and attitudes that define our culture and underpin our work and decision making:

Boundaries: To empower change through clarity and openness in communication

Respect: To relate without judgment and embrace others' diversity, experience, and views

Honesty: To speak truthfully and listen to the truth of others

Continuity: To provide sustainability, empathy, and integrity

Negotiation: To be flexible and seek opportunities to learn

Boldness: To challenge, innovate and create

Domestic abuse affects over 2.3 million adults a year. In Devon, domestic abuse has increased by 4% year on year, with unprecedented demand for services since the Covid-19 pandemic, the impacts of which are still being felt on the ground. The need to address the horror of domestic abuse is undeniable and we support Devon County Council's Strategic Plan.

The last year has seen us focus on deeper collaboration with partners, listening to and learning from the children, adults and families we support, refining our delivery model to ensure we always provide a quality service that reflects the needs of those we support and developing new ideas through innovation that will help shape our future.

We have been delivering our current model to survivors of domestic abuse and trauma for over three years, building our evidence-base and demonstrating how healing the trauma of feelings is vital for proper recovery. The past year has seen us continue to build on our knowledge and invest in well-being, expertise and development across the organisation.

We offer clients access to a suite of interventions over a 12-month period and beyond if necessary and choice as to how they access support is key. We know in recovery, growth is circular, and we respect this by giving our clients the opportunity to dip in and out of recovery work as need evolves. Clients can choose a combination of one-to-one and group sessions. They will stay with the same therapist for their individual sessions (unless they choose to change), who will hold overview of all their recovery work with us. Group therapy takes place over eight sessions via a closed group process, and clients need to be able to commit to attending this consistently. Separate groups for males and females are offered and, to consider access to all gender needs, we also offer a mixed gender group. Clients choose which group they want to be part of.

SAFE Foundation recognises trauma as the residue left from a traumatic event and our model incorporates modalities known to be successful in treating this. We offer Eye Movement Desensitisation and Reprocessing (EMDR) Therapy, SAFE's Felt trauma therapy, Compassion Focused Therapy, and trauma-focused Cognitive Behavioural Therapy.

We are immensely proud that SAFE is led by a clinical expert in trauma-recovery and over 90% of SAFE

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

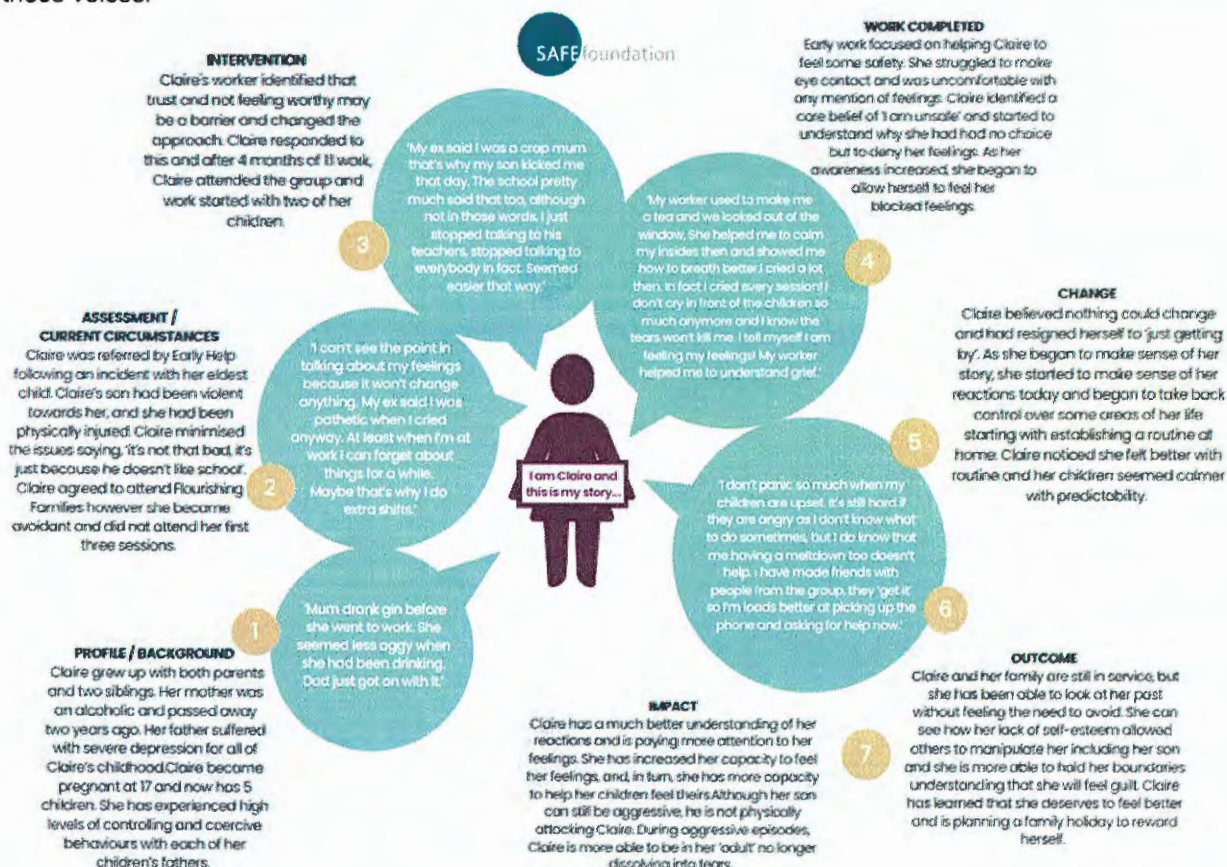
Objectives and activities (continued)

practitioners have personal experience of domestic abuse and trauma. Senior management are qualified in psychotherapy and counselling, youth offending, addictions, and disabilities. Our Children and Family Team are qualified counsellors, teachers, and early years practitioners. All SAFE counsellors are fully qualified members of an associated body (UKCP, BACP, NCS). We offer male and female practitioners who have specialist expertise with young people, neurodiversity, and disability.

At the heart of our work, and at the very core of our organisation, are people and relationships and SAFE remains committed to delivering the very best services to support those who need us to heal and grow from the trauma they have experienced. We continue to drive change through innovation and challenge, helping us achieve our vision of a world free from the impact of trauma.

Voice of the Service User

Our service users are at the heart of our work and, as such, it is vital that we hear their voices and keep these at the forefront of our minds as we continue to both deliver and develop our work. Here we showcase some of these voices:



SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

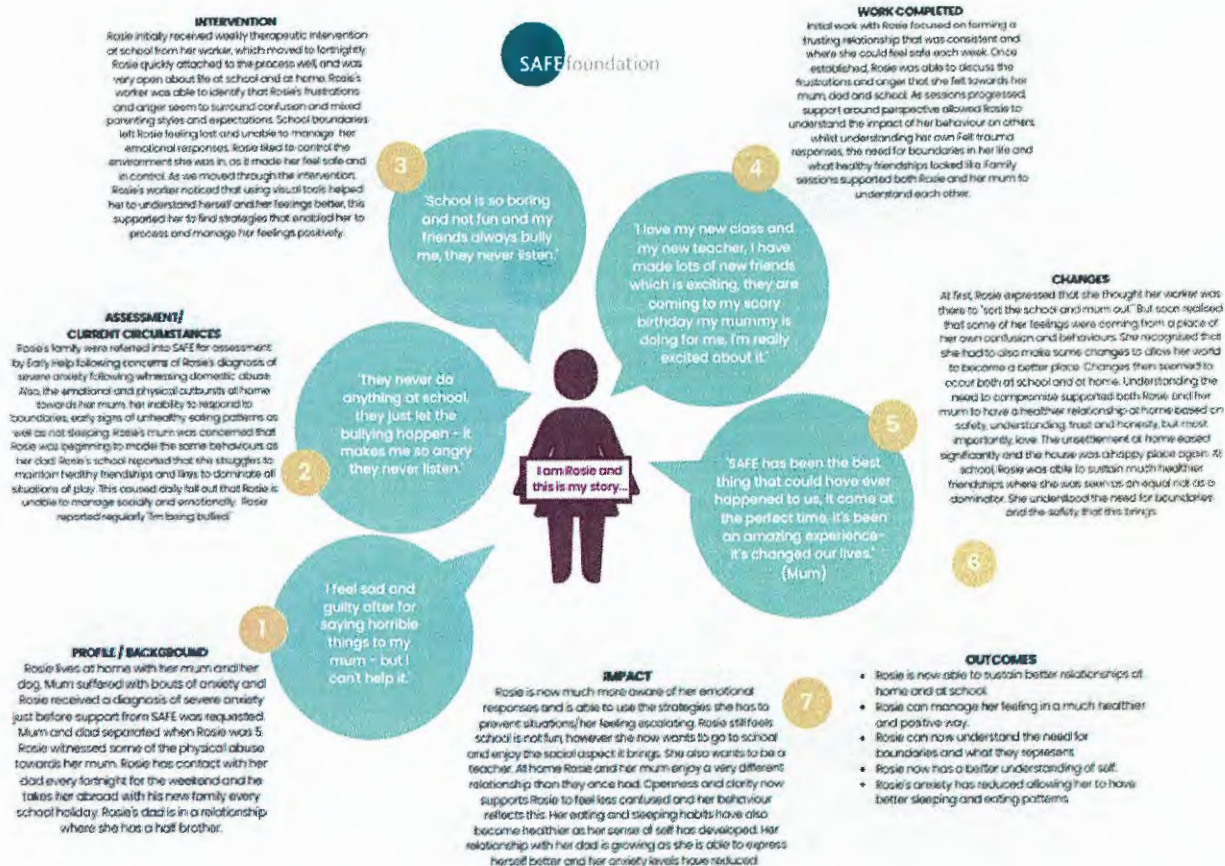
Objectives and activities (continued)



SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities (continued)



c. Partnerships

Alongside frontline work, we recognise the importance of shaping services at a strategic level. We are a key partner in the Devon Interpersonal gender-based violence and abuse Partnership Board, supporting learning and development and we also ensure our voice is heard around the table as part of groups and forums covering health, education, justice and community.

We work alongside our partners to offer peer support activities during and post-intervention including personal development courses and volunteer training. Peer support empowers survivors beyond their involvement with us embedding change for the long term. Clients can access mentoring, facilitated groups, coffee and chat groups and therapeutic based arts sessions. These are run at locations across Devon, ensuring access to support for all areas of the county, and online.

In addition, we attend Early Help triage and multi-disciplinary meetings to provide perspective from the trauma lens. We understand diagnoses can be a response to symptoms rather than cause and we apply professional curiosity to bring wider understanding of the manifestations of trauma. We are embedded in local delivery bringing the service wide reach whilst acknowledging the need to identify hidden harm.

The new Domestic Abuse Act now recognises children and young people as victims in their own right and ensuring their voices are heard is critical to providing future funding. Through Safer Devon Partnership we work alongside Youth Offending and Youth Intervention Teams as well as Early Help Family Intervention Teams.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities (continued)

Partnering with statutory and voluntary sector services from early intervention to crisis means we have a sound understanding of the trajectory of harm and as such can deliver a responsive service designed to assess risk, understand need and offer choice.

d. Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During the reporting year, there were on average 20 active volunteers. Volunteers receive support and supervision and follow policy and guidance.

e. Public Benefit

Trustees of the Charity have complied with the duty in S.4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission. The Charity provides a public benefit by providing the public in its area of benefit with accessible, confidential, and impartial support regardless of age, gender, race, disability or sexuality.

Achievements and performance

a. Outcomes

As outlined through this report, the organisation has focused on delivering a quality and consistent service and during the financial year we have received 1872 requests for support. This includes service provision that has been delivered in a wider geographical area than in previous years and also reflects a higher number of children and young people accessing support than previously. A range of services and projects have been delivered during the course of the year and they are:

1:1 & Group Therapy

Felt Trauma Therapy® is delivered 1:1 or in groups by our SAFE therapists. Group therapy has its roots in trauma-responsive therapy. Group members share experiences and help each other to challenge their negative core beliefs, replacing them with healthy ones. The 8-week group enables clients to share common experiences and create healthy bonds within a safe environment which often leads to long lasting friendships with peers.

Flourishing Families

Flourishing Families is a 6-month trauma responsive support programme for families who have experienced domestic abuse. We work with the non-abusive parent and their children age 5-18. The programme includes adult 1:1, Child 1:1, Adult Group programme, Child Group programmes and Whole-family sessions. Flourishing Families stimulates long-term healing and recovery to strengthen families. Individually tailored support promotes autonomy, growing trust and stability, redefining a family's experience of healthy relationships.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

Flourishing Futures

Flourishing Futures supports young people aged 8-18 who are demonstrating unhealthy behaviours and attitudes within their relationships. Engagement in individual and group therapy improves young people's ability to understand behaviours, esteem their self and grow selfcare. They feel better, can name some of their emotions, feel more equipped to make better decisions, and are able to problem-solve effectively without being reactive, improving their mental wellbeing.

Flourishing Minds

Flourishing Minds is for families who have experienced mental health challenges. It follows the same model as our Flourishing Families programme, using a restorative strengths-based approach. Flourishing Minds supports the family to connect and engage with their own individual emotional recovery, and to collectively work together to improve their communication and resilience. It reduces referrals to other services, providing stability and empowers the family to carry their recovery forwards.

Storytelling Project

The Domestic Abuse Act 2021 recognises children and young people as victims of domestic abuse in their own right. It is essential that children have a voice, and the silence is broken. Storytelling supports children and young people aged 5-18 who have experienced any form of domestic abuse and trauma to creatively express their voice. It explores methods including narrative storytelling, film, interviews, poetry, paintings, music, writing, photography, drawing, puppetry, comics, and animation for young people to collectively raise their voices, make positive societal change and influence the services that support young people.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

Working Together to Stay Together

Working Together to Stay Together (WTtoST) is a new pilot project funded by Devon County Council. The project aims to support families where conflict is a feature of the couple's relationship, but they want to remain together. The project takes our approach and applies it to families helping them to better understand their conflicts and find healthy solutions. By better understanding the dynamics in the family, individuals and professionals can be helped to learn about triggers that cause conflict and develop strategies to manage them.

Felt Trauma Therapy® Training

Felt Trauma Therapy® (FTT) Training is aimed at individuals and public, private and third sector organisations that support people. The Introduction to Felt trauma helps attendees to understand where Felt trauma comes from and its impact in adulthood, how to identify Felt trauma in their clients and to understand how Felt Trauma Therapy® helps people to recover from Felt trauma. All workshops are delivered face to face and run by a skilled therapeutic facilitator. Further half day workshops are available covering Co-dependence, Shame, Family of Origin and Addiction, Cross-addiction and Trauma.

Across our work, we have been capturing data that allows us to review the effectiveness of our service and ensure that we are delivering outcomes for our beneficiaries. Impact is evidenced through ongoing evaluation of qualitative & quantitative data, tracking changes for individuals & families. Outcomes include: improved well-being & resilience, improved mental health, decreased feelings of anger & aggression, increased ability to understand & control behaviours, increased awareness of consequences to behaviour, improved relationship choices, increased communication skills, decreased behaviours that challenge/offending. Information is collected through observations, evaluation forms, surveys, clinical assessment tools & case studies, with data continually collated & a quarterly review. It enables detailed analysis to identify how & why interventions are making a difference to individuals, professionals & effect on the wider community; findings are used to flexibly tailor our approach for maximum benefit.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)



SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

b. Beneficiary and stakeholder feedback

The people we exist to support and the partners that we work with are essential to our ongoing determination and commitment to promote healing and change. As such, their voices are integral to who we are and we continue to strive to be an organisation that listens.

Comments from children:

"This approach is very different to the therapy I've had before. It really seems like you are listening to me and not scared about what I have experienced. I felt that it was alarming to previous therapists and then they left."

"[My teacher] and you are important because you are helping me not to hurt my mummy. I didn't get that help at my Primary school but I'm glad I'm getting help with it now."

"I just wanted to find out how you are and to update you on everything :) I've moved schools now and I'm so much happier.. I've made so many new friends at my new school and I really fit in there. Me and mum and dad are getting on really well at the moment and it's all going really good, so thank you."

Comments from adults:

"The therapy is much needed for us as a family- we can begin to recovery now. It's been tough but [my therapist] is brilliant and makes me feel safe."

"The support I have received has been life changing. The group is so powerful, and I am getting so much from it."

"We each had a voice in our family session. It has made a huge difference to be able to speak and feel heard."

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

"Being a part of this programme has been life changing for us as a family in every way. We are in such a different place now than we were before. This is just the start of our journey of healing. We are going to continue getting stronger, it's made me reflect on where we need to go and what we need to do. [My daughter] expressed she's happy with how she has changed and how she is able to hold her friendships better."

Comments from professionals:

"It's great to have this triangulated working. The support is open, transparent and consistent for the family. It's been so helpful being able to discuss and share with you and I have valued your observations in assessing [the child's] needs and understanding what is going on for them." – CAMHS

"Children are helping others within their peer groups figure out their feelings when they are unhappy, encouraging conversations, and making them aware of their actions and what that can mean for others." – School SENDCO

"This is my first experience of working with SAFE Flourishing Families work but I think it has been an amazing support for the family and hopefully something they will be able to build on in time." – Child / Family support worker – school

"[Child's] mental health has improved greatly and support through SAFE is really helping with recovering from experiencing DV." – Family Intervention Team worker

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance (continued)

c. Investment policy

As required by its Articles in furtherance of its objectives, the company has the power to invest the monies of the company not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject to any conditions and consents that may be imposed or required by law.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

Following best practice guidance SAFE continues to operate a reserves policy whereby funds held by the Charity, but not otherwise committed, are set aside to meet any unforeseen financial challenges that might arise in the following year. This would allow the charity to continue activities following any significant reduction in funding as well as sufficient time to potentially raise alternative funds. The trustees have determined that the appropriate level of reserves should be the equivalent of 3 - 6 months' operating expenses and any remaining funds are held as designated funds for future project use. The total unrestricted funds as at 31 March 2023 was £310,187. Currently the Charity has not designated any material amounts for future use.

c. Review

Income for the year totalled £759,112 (2022: £571,219). Total resources expended amounted to £681,491 (2022: £630,500). The balance of funds at 31 March 2023 was £342,544 (2022: £264,923). A proportion of these funds are restricted and can only be used for specific purposes. The balance of restricted funds at 31 March 2023 was £32,357 (2022: £42,040) (restricted funds in surplus). The balance of unrestricted funds at 31 March 2023 was £310,187 (2022: £222,883) (unrestricted income funds).

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Structure, governance and management

a. Constitution

The Charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association.

The Trustees of the Charity are also the Directors for the purposes of Company Law. Eligibility for membership of the Charity and membership of the Board of Trustees is governed by the Articles of Association.

b. Methods of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association. Prospective Trustees go through a rigorous application and induction process and references are taken before they are invited to attend a monthly Board meeting. We require all trustees to undergo an enhanced Disclosure Barring Service check. And, as good practice and to comply with the rigors of funding applications, trustees are all asked to do on-line Safeguarding training or, to provide proof of a recently completed and relevant course. Induction includes being given copies of key SAFE documents and agreeing confidentiality, a code of conduct, eligibility and conflict of interests. After attending two Board meetings applicants are eligible to become Trustees and may be invited to do so if agreed by the rest of the Board. Trustees serve for a term of 3 years and may be appointed to serve further terms.

c. Organisational structure and decision-making policies

The Trustees are accountable for ensuring that SAFE Foundation has a clear strategy, that it remains true to its original vision and that it discharges all its financial and legal obligations.

The Board of Trustees meet quarterly.

The day-to-day making and responsibility for management of the charity is delegated to a full-time Chief Executive who reports on performance against the Strategic Business Plan. Accounting services are outsourced and Management Accounts are prepared for all Board of Trustee meetings. Those decisions with high financial and/or strategic implications are taken to the Board of Trustees who are responsible for making such decisions as required. Regular monthly supervision sessions are held with the Chief Executive.

Members of the Board, usually with the CEO, form Committees with specific tasks. From time to time task and finish working groups are created as they are needed.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Plans for future periods

As we move forwards and into the next stage of our organisational strategy, we will remain focused on our three work strands – therapy, research and influence; which underpin our mission and vision.

Securing commissioned services will embed the organisation as a key partner, delivering local services for local people. Building our reputation within Devon and beyond and building financial resilience and growth for the organisation.

Working with existing and new partners including by and for organisations will expand reach and support our aims to influence system change. We will continue to lead the way in breaking cycles of abuse and interrupting the trajectory of harm by developing therapeutic programmes that can be delivered to young people when they need it and we will use their voices to shape change within their communities.

Experiencing domestic abuse is a key predictor for serious youth violence (Home Office 2019). We know that if children experience repeated abuse in childhood they take the Felt trauma with them. SAFE treats this trauma - the root cause - that leads to risky and violent behaviours and creates a new template for future relationships. 'SAFE's support has helped me value myself and taught me how to show up for myself. I can now make sense of my reactions and take responsibility; I am a survivor.' YM, 2022.

Whilst there are other domestic abuse agencies in our locality, we are the only agency providing a trauma-responsive intervention for young people who have experienced familial domestic abuse; and we will be working in partnership with behaviour-focused projects for young people and share our knowledge on driving factors behind the behaviour. This will include delivering training days for these organisations to embed knowledge within their service thereby increasing reach and strengthening their outcomes. We will establish a working partnership with a local school to pilot a series of group programmes run by SAFE and school staff. These programmes will focus on healthy relationships and building self-esteem. School staff attending will expand their knowledge on supporting young people and will be able to share this learning across the school community. SAFE staff will co-locate in the school for a period of time thereby adding value to this pilot. Growing a strong local trauma-recovery response through our partners is essential to meeting demand across sectors. We will be working with Heads of Schools to understand issues such as exclusion, exploitation and violence and take a contextual safeguarding approach to collectively manage risk. We want to empower professionals to learn about trauma-responsive approaches and to feel confident to ask questions that may trigger or challenge without fear of 'getting it wrong' or making things worse. SAFE has been supporting Devon communities for five decades. We have an excellent reputation for delivering sustainable change and providing interventions that make the difference. We understand the gap is treating the root cause. Statutory services provide much-needed crisis support however these only go some way to changing young people's trajectory at a fundamental level and many then end up in a confused tangle of services further down the line. We believe we can support services to adopt a different approach. We want to build sustainability by using the evidence created at direct delivery to share with others regardless of sector and embed within their culture.

SAFE is an organisation that recognises the value of its people and so a priority for the next year will be ensuring we continue to invest time and resources into our staff team who continue to work with dedication, compassion, and energy in very difficult, challenging, and distressing circumstances. We will be exploring and introducing staff well-being ideas, supporting development within their roles, and listening to what they need to continue delivering the very best services. This will include setting up training exchange programmes with other local providers to expand knowledge and share expertise in equal measure.

Finally, we will continue to seek opportunities for income generation that moves the organisation away from grant reliance and we will be investing in innovation, recruiting new staff and Trustees and design services that can reach beyond Devon.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

Funds held as custodian

No funds are held as custodian.

Members' liability

The Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up.

Statement of Trustees' responsibilities

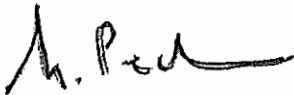
The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 16/10/23 and signed on their behalf by:



M Peckham
(Chair of Trustees)

SAFE FOUNDATION
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2023

Independent examiner's report to the Trustees of SAFE Foundation ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2023.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated: 16/10/23

Laura Waycott FCA

Griffin

Chartered Accountants
Courtenay House
Pynes Hill
Exeter
EX2 5AZ

SAFE FOUNDATION
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2023**

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and legacies	4	80,826	671,808	752,634	553,366
Charitable activities	5	6,270	-	6,270	17,818
Investments	6	208	-	208	35
Total income		87,304	671,808	759,112	571,219
Expenditure on:					
Raising funds		4,602	15,855	20,457	21,848
Charitable activities	7	-	661,034	661,034	608,652
Total expenditure		4,602	676,889	681,491	630,500
Net movement in funds		82,702	(5,081)	77,621	(59,281)
Reconciliation of funds:					
Total funds brought forward		222,883	42,040	264,923	324,204
Net movement in funds		82,702	(5,081)	77,621	(59,281)
Total funds carried forward		305,585	36,959	342,544	264,923

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 23 to 40 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)

BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	12	17,724	23,129
Investments	13	633	633
		<u>18,357</u>	<u>23,762</u>
Current assets			
Debtors	14	20,464	30,382
Cash at bank and in hand		341,604	279,714
		<u>362,068</u>	<u>310,096</u>
Creditors: amounts falling due within one year	15	(37,881)	(68,935)
Net current assets		<u>324,187</u>	<u>241,161</u>
Total assets less current liabilities		<u>342,544</u>	<u>264,923</u>
Net assets excluding pension asset		<u>342,544</u>	<u>264,923</u>
Total net assets		<u>342,544</u>	<u>264,923</u>
Charity funds			
Restricted funds	16	32,357	42,040
Unrestricted funds	16	310,187	222,883
Total funds		<u>342,544</u>	<u>264,923</u>

SAFE FOUNDATION
(A company limited by guarantee)

BALANCE SHEET (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2023

The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on
and signed on their behalf by:



M Peckham
(Chair of Trustees)

16/10/23

The notes on pages 23 to 40 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Cash flows from operating activities		
Net cash used in operating activities	62,396	(40,302)
Cash flows from investing activities		
Dividends, interests and rents from investments	208	35
Purchase of tangible fixed assets	(714)	(3,611)
Net cash used in investing activities	(506)	(3,576)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	61,890	(43,878)
Cash and cash equivalents at the beginning of the year	279,714	323,592
Cash and cash equivalents at the end of the year	341,604	279,714

The notes on pages 23 to 40 form part of these financial statements

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1. General information

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. The registered office is 1 Alba Court, Emperor Way, Exeter, EX1 3QS.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SAFE Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £50 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line and reducing balance method.

Depreciation is provided on the following bases:

Leasehold improvements	- 10% straight line
Motor vehicles	- 20% reducing balance
Fixtures, fittings and equipment	- 20% straight line

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

3. Critical accounting estimates and areas of judgment

Estimates and judgments are continually evaluated and are based on historical experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

Critical accounting estimates and assumptions:

The company makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Critical areas of judgment:

Depreciation is estimated over the useful economic life of an asset in order to write off the value of this asset in line with life.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

4. Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Donations	3,968	110,992	114,960
Grants	76,858	560,816	637,674
	<u>80,826</u>	<u>671,808</u>	<u>752,634</u>
	<u>80,826</u>	<u>671,808</u>	<u>752,634</u>
	<i>Unrestricted funds 2022 £</i>	<i>Restricted funds 2022 £</i>	<i>Total funds 2022 £</i>
Donations	23,637	-	23,637
Grants	186,183	343,546	529,729
	<u>209,820</u>	<u>343,546</u>	<u>553,366</u>
	<u>209,820</u>	<u>343,546</u>	<u>553,366</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

Analysis of grants received

	2023 £	2022 £
The National Lottery Community Fund	185,210	152,919
Children in Need	9,047	9,305
Devon County Council	244,270	123,230
Northbrook Community Fund	10,000	-
SIBF YEF	-	13,677
Devon Community Foundation	9,000	15,000
Police & Crime Commission	-	53,600
Various small grants	4,608	9,833
Lloyds Bank Foundation	2,250	30,000
Wolfson Foundation	-	15,065
The Kelly Family Grant	-	5,000
Henry Smith Charitable Trust	62,800	54,100
Jamieson Bystock Trust	-	4,000
Volant Charitable Trust	-	10,000
Hendy Foundation	-	3,500
Ashworth Charitable Trust	-	3,000
Paul Hamlyn Foundation	32,500	27,500
David Gibbons	2,500	-
Norman Family	2,000	-
Arnold Clark	1,000	-
Strategic Partnership	20,000	-
HSBC SFX Foundation	5,000	-
Society of the Holy Child Jesus	20,000	-
David Riddell	5,000	-
Focus Foundation	6,990	-
The Sir Jules Thorn Charitable Trust	2,500	-
Schroder Charity	3,000	-
Linder Foundation	10,000	-
	<u>637,675</u>	<u>529,729</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

5. Income from charitable activities

	Unrestricted funds 2023 £	Total funds 2023 £
Domestic Violence Recovery	6,270	6,270

	<i>Unrestricted funds 2022 £</i>	<i>Total funds 2022 £</i>
Domestic Violence Recovery	17,818	17,818

6. Investment income

	Unrestricted funds 2023 £	Total funds 2023 £
Bank interest receivable	208	208

	<i>Unrestricted funds 2022 £</i>	<i>Total funds 2022 £</i>
Bank interest receivable	35	35

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

7. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2023 £	Total 2023 £
Domestic Violence Recovery	661,034	661,034

	<i>Unrestricted funds 2022 £</i>	<i>Restricted funds 2022 £</i>	<i>Total 2022 £</i>
Domestic Violence Recovery	215,626	393,026	608,652

8. Analysis of expenditure by activities

	Activities undertaken directly 2023 £	Support costs 2023 £	Total funds 2023 £
Domestic Violence Recovery	374,350	286,684	661,034

	<i>Activities undertaken directly 2022 £</i>	<i>Support costs 2022 £</i>	<i>Total funds 2022 £</i>
Domestic Violence Recovery	349,630	259,022	608,652

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

8. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2023 £	Total funds 2022 £
Staff costs	144,023	145,632
Supervision, training and support	36,289	32,400
Travel and subsistence	4,042	3,165
Premises costs	20,574	25,344
Other	839	255
Counselling	168,583	142,834
	374,350	349,630

Analysis of support costs

	Total funds 2023 £	Total funds 2022 £
Staff costs	195,506	164,931
Depreciation	6,119	7,720
Supervision, training and support	21,228	4,418
Travel and subsistence	2,535	986
Premises costs	27,252	36,387
Office costs	11,247	16,037
Governance	2,662	1,514
Bad debt	185	-
Professional fees	14,300	21,995
Accountancy fees	5,650	5,034
	286,684	259,022

9. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £535 (2022 - £500), and accounts preparation fee of £1,070 (2022 - £1,000).

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

10. Staff costs

	2023 £	2022 £
Wages and salaries	323,981	297,775
Social security costs	26,144	24,176
Contribution to defined contribution pension schemes	6,874	6,480
	<u>356,999</u>	<u>328,431</u>

The average number of persons employed by the company during the year was as follows:

	2023 No.	2022 No.
Management and administration of charity	4	4
Direct charitable activity	7	9
	<u>11</u>	<u>13</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023 No.	2022 No.
In the band £60,001 - £70,000	-	1

The key management personnel of the charity comprise the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions and employer national insurance contributions) received by key management personnel for their services to the charity was £196,118 (5 employees) (2022: £147,145 (3 employees)).

11. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2022 - £NIL).

During the year ended 31 March 2023, expenses totaling £497 were reimbursed or paid directly to 2 Trustees (2022 - no Trustees were reimbursed during the year), this was for reimbursement of travel and subsistence.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

12. Tangible fixed assets

	Motor vehicles £	Furniture and equipment £	Total £
Cost or valuation			
At 1 April 2022	27,845	15,999	43,844
Additions	-	714	714
At 31 March 2023	<u>27,845</u>	<u>16,713</u>	<u>44,558</u>
Depreciation			
At 1 April 2022	13,588	7,127	20,715
Charge for the year	2,851	3,268	6,119
At 31 March 2023	<u>16,439</u>	<u>10,395</u>	<u>26,834</u>
Net book value			
At 31 March 2023	<u>11,406</u>	<u>6,318</u>	<u>17,724</u>
At 31 March 2022	<u>14,257</u>	<u>8,872</u>	<u>23,129</u>

13. Fixed asset investments

	Trade investments £
Cost or valuation	
At 31 March 2023	<u>633</u>
Net book value	
At 31 March 2023	<u>633</u>
At 31 March 2022	<u>633</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

14. Debtors

	2023 £	2022 £
Due after more than one year		
Other debtors	8,955	8,955
	<u>8,955</u>	<u>8,955</u>
Due within one year		
Trade debtors	-	11,316
Prepayments and accrued income	11,509	10,111
	<u>20,464</u>	<u>30,382</u>

15. Creditors: Amounts falling due within one year

	2023 £	2022 £
Trade creditors	2,995	-
Other taxation and social security	10,878	9,795
Other creditors	1,478	3,190
Accruals and deferred income	22,530	55,950
	<u>37,881</u>	<u>68,935</u>

	2023 £	2022 £
Deferred income		
Deferred income at 1 April 2022	55,950	35,629
Resources deferred during the year	-	55,950
Amounts released from previous periods	(55,950)	(35,629)
	<u>-</u>	<u>55,950</u>

Deferred income is recognised where grants and other income have been received in advance of the period in which the funds are expected to be utilised, or where performance criteria are yet to be met.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

16. Statement of funds

Statement of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
Unrestricted funds				
General Funds	222,883	87,304	-	310,187
Restricted funds				
Children and Families Service	30,264	671,808	(679,136)	22,936
Charity vehicle	11,776	-	(2,355)	9,421
	42,040	671,808	(681,491)	32,357
Total of funds	264,923	759,112	(681,491)	342,544

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

16. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2021 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2022 £</i>
Unrestricted funds					
Designated funds					
Future sustainability fund	45,000	-	-	(45,000)	-
General funds					
General Funds	171,484	227,673	(221,274)	45,000	222,883
Total Unrestricted funds	216,484	227,673	(221,274)	-	222,883
Restricted funds					
Children and Families Service	93,000	343,546	(406,282)	-	30,264
Charity vehicle	14,720	-	(2,944)	-	11,776
	107,720	343,546	(409,226)	-	42,040
Total of funds	324,204	571,219	(630,500)	-	264,923

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

16. Statement of funds (continued)

The specific purposes for which the funds are to be applied are as follows:

Children and Families Service: Delivers support in the community for children and young people aged from 5 to 17 who are affected by domestic violence and abuse. The fund also includes: Boys & Young Men Community Support, which delivers support in the community for boys and young men aged 5 to 18 who are affected by domestic violence and abuse; and Flourishing Families, which supports children and parents to recover from the trauma of domestic abuse together.

Charity vehicle: Funds used to purchase a vehicle to allow the charity to take children and young people that they work with on trips and activities in order to help improve their emotional wellbeing and help them to heal from the trauma experienced. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

17. Summary of funds

Summary of funds - current year

	Balance at 1 April 2022 £	Income £	Expenditure £	Balance at 31 March 2023 £
General funds	222,883	87,304	-	310,187
Restricted funds	42,040	671,808	(681,491)	32,357
	<u>264,923</u>	<u>759,112</u>	<u>(681,491)</u>	<u>342,544</u>

Summary of funds - prior year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Designated funds	45,000	-	-	(45,000)	-
General funds	171,484	227,673	(221,274)	45,000	222,883
Restricted funds	107,720	343,546	(409,226)	-	42,040
	<u>324,204</u>	<u>571,219</u>	<u>(630,500)</u>	<u>-</u>	<u>264,923</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

18. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	8,303	9,421	17,724
Trade investments	633	-	633
Debtors due after more than one year	8,955	-	8,955
Current assets	330,177	22,936	353,113
Creditors due within one year	(37,881)	-	(37,881)
Total	310,187	32,357	342,544

Analysis of net assets between funds - prior year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Tangible fixed assets	11,353	11,776	23,129
Trade investments	633	-	633
Debtors due after more than one year	8,955	-	8,955
Current assets	270,877	30,264	301,141
Creditors due within one year	(68,935)	-	(68,935)
Total	222,883	42,040	264,923

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

19. Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net income/expenditure for the year (as per Statement of Financial Activities)	77,621	(59,281)
Adjustments for:		
Depreciation charges	6,119	7,720
Dividends, interests and rents from investments	(208)	(35)
Decrease/(increase) in debtors	9,918	(18,247)
Increase/(decrease) in creditors	(31,054)	29,541
Net cash provided by/(used in) operating activities	62,396	(40,302)

20. Analysis of cash and cash equivalents

	2023 £	2022 £
Cash in hand	341,604	279,714
Total cash and cash equivalents	341,604	279,714

21. Analysis of changes in net debt

	At 1 April 2022 £	Cash flows £	At 31 March 2023 £
Cash at bank and in hand	279,714	61,890	341,604
	279,714	61,890	341,604

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

22. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £6,875 (2022 - £6,480). Contributions totalling £1,478 (2022 - £Nil) were payable to the fund at the balance sheet date and are included in creditors.

23. Operating lease commitments

At 31 March 2023 the company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2023 £	2022 £
Not later than 1 year	35,820	35,820
Later than 1 year and not later than 5 years	89,550	125,370
	<u>125,370</u>	<u>161,190</u>

24. Related party transactions

Transactions made in the year with a Trustee of the Charity for £NIL (2022 - £7,790) for website hosting, branding, design, development and annual maintenance. The amount remaining payable at the year end was £Nil (2022 - £Nil).

Accounts

**SAFE FOUNDATION
(PREVIOUSLY KNOWN AS STOP ABUSE FOR EVERYONE)**

(A company limited by guarantee)

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022



SAFE FOUNDATION
(A company limited by guarantee)

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SAFE FOUNDATION
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2022**

Trustees

T Davies-Pugh
M Peckham, Chair
M Sahota

Company registered number

01837296

Charity registered number

291415

Registered office

1 Alba Court
Emperor Way
Exeter Business Park
Exeter
EX1 3QS

Senior management team

E Morris
L Skye
L Rowlands
B Kavanagh

Accountants

Griffin
Chartered Accountants
Silverdown Office Park
Exeter Airport Business Park
Exeter
EX5 2UX

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report together with the financial statements of the company for the 1 April 2021 to 31 March 2022. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The Objects of the Charity are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by:

- a) Providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence;
- b) Promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and
- c) Advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

SAFE's vision is for a world free from the impact of trauma.

SAFE's mission is to:

- Provide therapy and training to support families and individuals to break the cycle of abuse.
- Be a leading voice in trauma recovery through cutting edge research and innovation.
- Drive an ecosystem wide approach across communities and supporting agencies.

SAFE has six core pillars which provide the foundation for the organisation. Our pillars set out the behaviours, beliefs and attitudes that define our culture and underpin our work and decision making:

Boundaries: To empower change through clarity and openness in communication

Respect: To relate without judgment and embrace others' diversity, experience, and views

Honesty: To speak truthfully and listen to the truth of others

Continuity: To provide sustainability, empathy, and integrity

Negotiation: To be flexible and seek opportunities to learn

Boldness: To challenge, innovate and create

SAFE Foundation is a charity with a bold vision - we want to see a world free from the impact of trauma. We know we cannot achieve this alone.

Our journey started as a local federated branch of Women's Aid in 1974. Today, we are a nationally focussed charity leading on domestic abuse recovery from our main base in Devon. We've honed our expertise to support people who have experienced domestic abuse and our team delivers a range of pioneering therapeutic interventions and programmes.

In 2021 the organisation rebranded as SAFE Foundation capturing the organisation's renewed vision and mission to build a world free from trauma. We pursue our mission through four pathways - direct work, training, research, and innovation. Our direct work gives us our evidence-base, our training takes our approach out to others, our research ensures we stay current and our work with partners and policymakers builds a movement to innovative approaches and influence change. We believe for change to be effective it takes a whole system to work cohesively. This is true of the families we support and we, the partners, must work together too to create change.

SAFE Foundation has been providing support to survivors of domestic violence and abuse in Devon for over 47 years. We deliver support at our hub as well as in schools and community settings. We offer specialist 1:1 counselling, group programmes and workshops, tailored support for children and young people and intensive training for professionals. Many of our clients have complex needs - we know that domestic abuse often goes hand in hand with mental health and substance misuse. SAFE are determined in providing the best quality support and are therefore committed to adapting to the changing needs of clients and indeed the landscape of society. This was evidenced by our response to Covid-19 and flexibility in responding to need. We recruit talented and skilled staff whose ethos aligns with SAFE's values. Our workforce have backgrounds in education, rehabilitation, Criminal Justice System, voluntary and statutory sectors and have skills in modalities of psychotherapy, coaching and mentoring, project management and service design. Our leadership team have a broad knowledge of trauma-based work drawing on personal experiences and our Board of Trustees have a wealth of experience in business, social concerns, IT, finances and policy.

SAFE excelled during Covid-19 through our innovative, flexible approach, despite facing acute challenges including a rapid increase in referrals across our programmes, and a rapid decrease in donations. We expect this high referral rate to continue, as local crisis services have raised the threshold for support and more people try to reclaim their lives. People want and need help.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

SAFE has always supported a high number of people with complex mental health and trauma, however the pandemic has exacerbated existing needs and created new emotional and physical challenges due to the lack of health and social care and education services available during lockdowns and people's response to the trauma and uncertainty the pandemic created.

In addition, during Covid-19, Devon has been the most migrated to UK county, with people seeking rural life. Increased pressure for housing, services and jobs impacts locals (which can exacerbate domestic tension), and new people are arriving with existing abuse and trauma. Their problems travel with them. Demand for our services will continue for the long term as the legacy of lockdown tensions, anxiety and stress and their impact on relationships unfolds.

We have demonstrated that our services can be successfully delivered to positive outcomes, even if delivery modes change through circumstances beyond our control. Clients noted that we were frequently the only service they could engage with and this increased their trust in us; we saw consistent commitment to recovery. Low staff turnover and a skilled and passionate workforce means SAFE continues to efficiently provide continuity of support that has embedded trust, and cemented our reputation for high quality, reliable support with families and professionals.

SAFE is a respected local provider of trauma and DVA services, with strong referral pathways already in place. Our partners understand that we are 'willing to adapt [our] level of support to meet needs'. As we expand our pathways, our partners are alongside, ensuring optimum potential.

At the heart of our ethos is group therapy, which reduces trauma symptoms (Schwartz, 2017). Being part of a group brings many advantages, from bonding and intimacy to hope and healing. Our blended offering is supported by evidence from early clinical trials showing the positive impact of Herman's 3-phased approach i.e., emotional regulation, trauma processing and life skill development (Herman, 1997).

Group therapy enables accountability, bringing comfort in commonality. Our evidence shows that sharing experiences reduces shame. By supporting survivors to work together to nurture and bolster, we create more united communities.

Our evaluations demonstrate how survivors are empowered to face their challenges and move towards positive outcomes. In the last year survivors reported the following outcomes:

100% increased awareness and understanding of DVA

97% feel more hopeful for the future and happier

97% stronger peer networks

94% feel safer

94% increased emotional wellbeing

By working together as a team and by building our stakeholder relationships, our service delivery has encompassed the elements listed below:

- Adult 1:1 counselling
- Child 1:1 therapeutic sessions
- Child group work
- Adult group programmes: Domestic Abuse Recovery and Trauma Recovery
- Whole family sessions
- Family activity resource packs
- Family Care Plan
- Attendance at multi-agency Team Around the Family meetings
- Attendance at relevant professional meetings
- Internal case management meetings
- Quarterly consultation and evaluation questionnaires
- Case recording
- Quarterly reporting
- Internal Quality Assurance Framework

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

Voice of the Service User

Our service users are at the heart of our work and, as such, it is vital that we hear their voices and keep these at the forefront of our minds as we continue to both deliver and develop our work. Here we showcase one of these voices:



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities (continued)

c. Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During the reporting year, there were on average 18 active volunteers. Volunteers receive support and supervision and follow policy and guidance.

d. Public Benefit

Trustees of the Charity have complied with the duty in S.4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission. The Charity provides a public benefit by providing the public in its area of benefit with accessible, confidential, and impartial support regardless of age, gender, race, disability or sexuality.

Achievements and performance

a. Outcomes

Key achievements:

- Requests for support received from 1636 individuals
- Responding to a continuing increase in referrals compared to same time period last year, maintaining an average four-week waiting time for therapeutic support
- Additional sessional staffed joined for specialist project delivery
- Continued to invest in our staff with particular focus on supporting the emotional wellbeing of our staff team and providing flexibility in the way people work
- Launch of the organisation's new website:
- A new Felt Trauma Therapy Training module covering Co-dependence received CPD accreditation and further modules covering Shame, Family of Origin and ACT are currently in development
- Continued remote delivery of individual adult counselling, therapeutic sessions for children and young people and managed smooth transition to face to face delivery of these services as well as group workshops by March 2022
- Delivery of Felt Trauma Therapy training to professionals in voluntary and statutory sector resulting in positive impact for children and young people, reducing need for intervention from other services
- Clients reported feeling pleased to have the opportunity to connect with others in person again on the Recovery Group programmes, appreciating and valuing what was not possible throughout the Covid-19 pandemic

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance (continued)



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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance (continued)

b. Beneficiary and stakeholder feedback

As we continue to work towards meeting our aims, it is vital that we always keep at the forefront the reasons why our work is so vital and continue to listen to others' views, opinions, and thoughts which in turn encourages and empowers us as an organisation to develop and grow with the voices of those who need us firmly embedded. We gather these voices through both formal and informal channels and examples of our stakeholder voices are shown below.

Comments from children:

"Talking to you has made me realise I can be open with other people and that it's good to be open."

"Doing the work with you makes me feel like my anger is going away. I still get angry, but I can deal with it better."

"Now I know how to communicate with people better. I don't want to share things with anyone else right now, but it will be easier to ask for help now when I need it."

"Working with you has helped me understand things better. I know that there may be difficult times in the future, but I can cope with that now."

"Because of the work you have done with me, I can help my stepsister who is now feeling like I was."

Comments from parents and adult clients:

"I am seeing my son's anxiety becoming less consuming here at home"

"The most important thing I have taken from this is that now I know that my children love me."

"My counsellor has given me so much respect for myself and what I can do. I am so much more positive and happier, and I know I am a good

"I don't know what it is about you guys at SAFE, it's like you sprinkle your magic with everything you touch. You all have fairy dust that helps families, our family has changed so much, we are all so much happier, — is a different boy and can't wait to chat with you, he gets so excited. Nikki has given me so much respect for myself and what I can do. I am a good mum. I am so much more positive and happier. I have a couple a bad days a month instead of a couple of good days. I am so much stronger and more confident. SAFE have given me the ability to believe in myself and my future, it's just magic, SAFE are magical. We love you as a family. "

"(The group facilitator) empowers us all to think for ourselves, she is brilliant, I've learnt so much about myself from attending the group."

"I have seen a difference in my daughter since she has started work with SAFE. She is so much happier and getting on with life."

"I know life is going to throw lots of things at me, but I feel now, because of SAFE that I can manage most things and that I am emotionally able to now talk to my girls about their thoughts and feelings."

"My children have learnt to deal with all of the feelings and emotions they have been carrying from their experiences and our relationship as a family is so much stronger."

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance (continued)

Comments from professionals:

"The service you are providing sounds amazing and vital and is great for families." CAFCASS worker

"Sometimes a child's behaviour doesn't make sense to us. It's so brilliant you can come in and really listen to the children and understand what is going on for them." School Wellbeing Support

"I feel SAFE are doing an amazing job and I feel the family are in very safe hands with SAFE, I can see the changes already in my clients." CAMHS worker

"Since starting work with SAFE we have noticed that (child) is more trusting of the adults around her and can use her voice to share her worries." Primary School Teacher

"Since starting counselling with SAFE we have noticed a massive change in (parent) and this is an amazing turnaround." TAF member

"In school we have noticed that W is a lot more reflective of his behaviour when incidents happen, and he is able to take responsibility for his actions and responses." Parent Support, Primary School

"SAFE's input has been valuable in allowing the school to shape an effective EHCP review that recognizes the child's emotional needs as well as her educational needs." Primary School Headteacher

Comments from Professionals attending Felt Trauma Therapy Training

"I found it all so informative. It has really opened my eyes to the cause of behaviour. Every practitioner working with family's needs to do this training."

"I had a family who went through Flourishing Families – I could not believe the difference in mum. She absolutely knew her core beliefs and how to deal with them."

"I had a family who went through Flourishing Families – I could not believe the difference in mum. She absolutely knew her core beliefs and how to deal with them."

"Looking at Felt Trauma and addressing the feelings was massive for me, previously I looked at the big stuff but this opened my eyes to what trauma is."

"Fantastic training, very informative and useful for the work we do. Gained so much insight and knowledge into trauma and how to recognise it to support the family. Would like to learn more."

"It was very enlightening! I've already used some of what we discussed with positive impacts on some students. I would very much like you to do the same thing at our school and will be suggesting this to our senior leadership team. Thank you!"

"Can I thank you for the course last week. It was extremely informative and has helped me and colleagues at Exmouth make sense of some of the behaviours our students have demonstrated over the last year. I have already been applying some of the approaches and seen some really positive results already with one particular student at crisis point. They have really started to open up and have started reconnecting with their feelings a little bit. Interestingly, they told me they did not care about their relationship with their parent and with the training. I had a much better understanding of this and was able to support them in the right way. This student was the one I used as the case study on the day of training. I found the whole day extremely powerful, and I am so glad I was able to attend the course. Thank you - you are doing valuable work which is having a positive impact on young people's lives, and I salute you for this." - Deputy Principle

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance (continued)

c. Investment policy

As required by its Articles in furtherance of its objectives, the company has the power to invest the monies of the company not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject to any conditions and consents that may be imposed or required by law.

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

Following best practice guidance SAFE continues to operate a reserves policy whereby funds held by the Charity, but not otherwise committed, are set aside to meet any unforeseen financial challenges that might arise in the following year. This would allow the charity to continue activities following any significant reduction in funding as well as sufficient time to potentially raise alternative funds. The trustees have determined that the appropriate level of reserves should be the equivalent of 6 months' operating expenses, approximately £200,000, and any remaining funds are held as designated funds for future project use. The total unrestricted funds as at 31 March 2022 was £222,883. Currently the Charity has not designated any material amounts for future use.

c. Review

Income for the year totalled £540,475 (2021: £524,008). Total resources expended amounted to £630,500 (2021: £452,792). The balance of funds at 31 March 2022 was £234,139 (2021: £324,204). A proportion of these funds are restricted and can only be used for specific purposes. The balance of restricted funds at 31 March 2022 was £11,256 (restricted funds in surplus). The balance of unrestricted funds at 31 March 2022 was £222,883 (unrestricted income funds).

The Charity has received income via both grants and contracts all of which have been used to support the work of the Charity and allowed us to respond to the ongoing demands of Covid-19 and the significantly increased demand for services which unfolded during the year. The Charity remains in a strong financial position, with a robust network of partnerships in place to enable continued delivery of services and development of new projects as we continue to build our service provision.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Structure, governance and management

a. Constitution

The Charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association.

The Trustees of the Charity are also the Directors for the purposes of Company Law. Eligibility for membership of the Charity and membership of the Board of Trustees is governed by the Articles of Association.

b. Methods of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association. Prospective Trustees go through a rigorous application and induction process and references are taken before they are invited to attend a monthly Board meeting. We require all trustees to undergo an enhanced Disclosure Barring Service check. And, as good practice and to comply with the rigors of funding applications, trustees are all asked to do on-line Safeguarding training or, to provide proof of a recently completed and relevant course. Induction includes being given copies of key SAFE documents and agreeing confidentiality, a code of conduct, eligibility and conflict of interests. After attending two Board meetings applicants are eligible to become Trustees and may be invited to do so if agreed by the rest of the Board. Trustees serve for a term of 3 years and may be appointed to serve further terms.

c. Organisational structure and decision-making policies

The Trustees are accountable for ensuring that SAFE Foundation has a clear strategy, that it remains true to its original vision and that it discharges all its financial and legal obligations.

The Board of Trustees meet quarterly.

The day-to-day making and responsibility for management of the charity is delegated to a full-time Chief Executive who reports on performance against the Strategic Business Plan. Accounting services are outsourced and Management Accounts are prepared for all Board of Trustee meetings. Those decisions with high financial and/or strategic implications are taken to the Board of Trustees who are responsible for making such decisions as required. Regular monthly supervision sessions are held with the Chief Executive.

Members of the Board, usually with the CEO, form Committees with specific tasks. From time to time task and finish working groups are created as they are needed.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods

Felt Trauma Therapy Approach – Reimagining the future for individuals, for families, for society

We know society has a problem. Staggeringly high rates of mental illness, domestic abuse, substance misuse, obesity and youth violence. More and more people looking for and needing help and as a result increasing numbers of people seeking ways, any way, that they can numb the pain and keep getting through until they might, if lucky, access the right intervention, at the right time, delivered by the right people. And let us not be fooled into thinking that this is only as a result of the pandemic. SAFE's approach to trauma recovery rests with the understanding of what we view as the hidden trauma. We refer to this trauma as Felt Trauma. Felt Trauma is the trauma of feelings, the trauma that is caused by not having our basic emotional needs met from our primary care givers. The messages that are given to children despite the physical actions cause our internal emotional needs to be dismissed and invalidated leaving us unable to validate our own emotions as we grow. This causes our emotional development to arrest, the trauma lays submerged within our developing psyche and a part of us becomes 'stuck' at what we refer to as our trauma age.

Without intervention our emotional development may never be started again, and we therefore respond to problems and difficulties from the age of our trauma rather than our chronological age. For example, an adult may experience difficulties with setting boundaries within a relationship because they are responding to the relationship from their trauma age and as such in certain circumstances can act from a point of immaturity and be unable to engage on an adult level; or a parent who is unable to say no to their child through fear of their child rejecting them thereby responding from their own need for approval rather than the safety of their child.

We consider Felt Trauma to be a dis-ease of emotional immaturity caused by childhood trauma which renders them unable to do things necessary to experience healthy adult relationships. Felt Trauma arises from care giving that is anything 'less than nurturing'. It is subtle but persistent, it is covert and exists within the very fabric of the family. If Felt Trauma is untreated, it becomes internalised as a set of negative and damaging core beliefs. These core beliefs then dictate how someone sees themselves, how they see others and how they see the world.

Systems Thinking, Systems Changing – Imagine a world where people responded from their conscious mind

Families are complex systems. Domestic violence, abuse, addiction and offending are complex problems because they stem from the complex family system. Linear cause and effect solutions ignore the wider interactions within the whole system and therefore will likely fail. If the solution fails, the family fails, if the family fails, society fails. In order to avoid failing we must zoom out and consider how all aspects of all systems might influence success. We need to allow ourselves the chance to see the bigger picture. Explore how the dynamics of families are working or not working and alongside explore how the dynamics of societal systems are working or not working. It is good for families, it is good for everyone. We need to stop seeking short term quick fix solutions that focus on behaviour change first and foremost and focus on healing the feeling. Shifting the focus from addressing the behaviours to focus on what is driving the behaviours or, in other words, addressing the root cause rather than the symptoms. We know that behaviours are a response to feelings, feelings that are alien and frightening – by taming the feelings we tame the behaviours. By understanding the feelings we understand the behaviours and by focussing intervention on changing the feelings we change the behaviours. Taking this approach from the outset will drastically improve outcomes thereby interrupting the trajectory and breaking the cycle of abuse. A sticky plaster solution just won't cut it anymore. We must be brave and innovative to look beyond the issue that is being presented and talk about the hidden harm as well as the obvious harm. This will require a different conversation and collaboration to find whole system solutions. SAFE Foundation wants to start that conversation alongside our direct delivery and training offering. We want to create a shared language about Felt Trauma that can be used to drive eco-system change and influence policy. We want to work with partners and build understanding, togetherness and raise our collective voice to influence change. We want to share learnings, ideas and research so we can, together, build happier, healthier and kinder communities.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods (continued)

We continue to evolve our programmes and know we can always do better. Fundamental to our approach is the belief that when the Felt Trauma is moved from the unconscious to the conscious mind it alters our perspective of ourselves, others and the world around us. It creates knowledge as to why we may feel and respond as we do and with that knowledge becomes the ability to make conscious choices about our actions. We are aware of how we feel and are therefore more able to be aware of how others may feel. In other words, as we learn to have forgiveness, empathy and compassion for ourselves we are able to transfer that to others. We cannot give to others what we do not hold for ourselves. So then imagine a world when those around us acted and responded from their empathic self rather than from their trauma age? Imagine if people were able to be aware of the pain and uncomfortable feelings they have, understand them and allow them to be felt rather than seeking behaviours, substances or medications to numb it. If we imagine this then we can imagine the impact of this on health services, criminal justice, education, domestic abuse and mental health. We know this is a big ask but we are not afraid to take on the challenge. We are happy to lead by example and demonstrate impact at local level to influence change at national level. Over the coming months we will be further refining our provision and adding the opportunity for the other caregivers within the family (including the abusive adult) to access support via our Flourishing Families programme. We will work with the family and include extended family to increase the depth of impact we can achieve and provide the opportunity for healing across all family members. As we extend our offer, we know that safety is vital and is our main priority. There are both eligibility and suitability criteria that must be agreed before any work is commenced with ongoing assessment points throughout the work. We believe for change to happen it must come from our internal driver rather than external requirement – we hope to reduce abusive behaviours or identify a different course of action. The need to work with the whole family to deliver lasting change is undeniable and is recognised within Devon's strategic response to the Domestic Abuse Act. We recognise that violence within relationships does not always come from the same place. SAFE's model offers a response to addressing situational couple violence, to respond to those couples where conflict and violence is an identified component, and they are choosing to remain in their relationship.

A Framework has been developed to set out why, what and how our approach aims to meet specified outcomes forming part of Devon's Domestic Abuse Strategy and where this approach sits within the landscape of domestic abuse. An Assessment Tool is in its early stages of development and comes from the Felt Trauma perspective to drill down into unconscious drivers.

We will be extending our training offer with additional CPD modules including, Shame, Co-dependence, Family Of Origin and Addiction, Cross Addiction and Trauma. Professionals from any sector and whole organisations will be able to join our movement for change by becoming members of SAFE Foundation. Members will have access to training offers, consultancy services, supervision sessions, webinars and other benefits. It will also be a place to share ideas, research, reflections and learnings. It will be a place to have the conversation we need to have about Felt Trauma and the damage it is doing to so many.

We know that Felt Trauma and the themes we have identified in our clients are not unique to the domestic abuse sector. Our work with our partners tells us that they see these themes too. Felt Trauma is identified in those who present to mental health services, social welfare, criminal justice, youth services and across the healthcare service including medical problems associated with smoking, obesity and lack of personal care. We believe what sits underneath presentations across these other sectors is quite often the unresolved and unprocessed Felt Trauma of individuals – individuals whose emotional distress gets pathologized or medicalised instead of viewed as a response to abnormal experiences. Our work now takes us into these sectors and we welcome the opportunity to shift the narrative and work together to deliver long term change.

As a result of conversations with Early Help at Exeter, Mid and East Devon, we have discussed a need to ensure that our work is responsive to those who are experiencing difficulties with their mental health but where there may not necessarily be domestic abuse. None the less, individuals and families are struggling to access support and as such we have proposed the trial alongside Early Help to deliver a specific mental health support service which will be delivered under the project name 'Flourishing Minds'. We must address the needs of the individual from a holistic perspective rather than attempting to categorise them for the benefit of commissioners and

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods (continued)

stakeholders which serves no benefit to the individual. This is an ongoing part of our desire to change systems and our drive to challenge the sector to provide intervention at point of need not point of crisis.

If we accept that we hold a collective responsibility to improve the lives of people who access services then for how much longer are we prepared to accept things the way they are? When we reach crisis? Many would argue we are already there. How high can prison numbers get, how much pressure can health services maintain, how many children and young people self harming through substance misuse, eating disorders and suicidal ideation is too many? Things need to change. The system needs to change. If nothing changes, no one changes.

It's time to be brave, to raise our heads about the parapet, to broaden our perspective and to start the conversations. Conversations that will bring more clarity, care and comprehension to our partners, to our commissioners and to society. Conversations that will make success much more likely – success in terms of both personal transformation and social change.

Funds held as custodian

No funds are held as custodian.

Members' liability

The Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

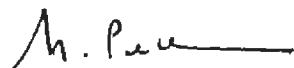
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

Approved by order of the members of the board of Trustees on 22/10/22 and signed on their behalf by:



M Peckham
(Chair of Trustees)

SAFE FOUNDATION
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INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2022

Independent examiner's report to the Trustees of SAFE Foundation ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

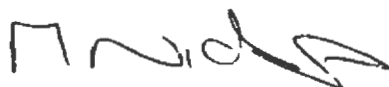
1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Dated: 27/01/22

Misty Nickells FCA

Griffin

Chartered Accountants
Silverdown Office Park
Exeter Airport Business Park
Exeter
EX5 2UX

SAFE FOUNDATION
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**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2022**

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	3	209,820	343,546	553,366	507,886
Charitable activities	4	17,818	-	17,818	14,634
Investments	5	35	-	35	1,488
Total income		227,673	343,546	571,219	524,008
Expenditure on:					
Raising funds		5,648	16,200	21,848	15,087
Charitable activities	6	215,626	393,026	608,652	437,705
Total expenditure		221,274	409,226	630,500	452,792
Net movement in funds		6,399	(65,680)	(59,281)	71,216
Reconciliation of funds:					
Total funds brought forward		216,484	107,720	324,204	252,988
Net movement in funds		6,399	(65,680)	(59,281)	71,216
Total funds carried forward		222,883	42,040	264,923	324,204

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 22 to 38 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)

BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	11	23,129	27,238
Investments	12	633	633
		<u>23,762</u>	<u>27,871</u>
Current assets			
Debtors	13	30,382	12,135
Cash at bank and in hand		279,714	323,592
		<u>310,096</u>	<u>335,727</u>
Creditors: amounts falling due within one year	14	(68,935)	(39,394)
Net current assets		<u>241,161</u>	<u>296,333</u>
Total assets less current liabilities		<u>264,923</u>	<u>324,204</u>
Net assets excluding pension asset		<u>264,923</u>	<u>324,204</u>
Total net assets		<u><u>264,923</u></u>	<u><u>324,204</u></u>
Charity funds			
Restricted funds	15	42,040	107,720
Unrestricted funds	15	222,883	216,484
Total funds		<u><u>264,923</u></u>	<u><u>324,204</u></u>

SAFE FOUNDATION
(A company limited by guarantee)

BALANCE SHEET (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2022

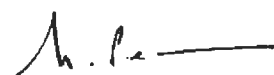
The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on
and signed on their behalf by: 22/10/22



M Peckham
(Chair of Trustees)

The notes on pages 22 to 38 form part of these financial statements.

SAFE FOUNDATION
(A company limited by guarantee)

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
Cash flows from operating activities		
Net cash used in operating activities	(40,302)	98,681
Cash flows from investing activities		
Dividends, interests and rents from investments	35	1,488
Purchase of tangible fixed assets	(3,611)	(8,413)
Net cash used in investing activities	(3,576)	(6,925)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	(43,878)	91,756
Cash and cash equivalents at the beginning of the year	323,592	231,836
Cash and cash equivalents at the end of the year	279,714	323,592

The notes on pages 22 to 38 form part of these financial statements

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

1. General information

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. The registered office is 1 Alba Court, Emperor Way, Exeter, EX1 3QS.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SAFE Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £50 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line and reducing balance method.

Depreciation is provided on the following bases:

Leasehold improvements	- 10% straight line
Motor vehicles	- 20% reducing balance
Fixtures, fittings and equipment	- 20% straight line

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

3. Income from donations and legacies

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Donations	23,637	-	23,637
Grants	186,183	343,546	529,729
	<u>209,820</u>	<u>343,546</u>	<u>553,366</u>
	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Donations	16,428	-	16,428
Grants	90,205	401,253	491,458
	<u>106,633</u>	<u>401,253</u>	<u>507,886</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

Analysis of grants received

	2022	2021
	£	£
The National Lottery Community Fund	152,919	123,492
Children in Need	9,305	70,083
Devon County Council	123,230	59,925
Northbrook Community Fund	-	19,308
SIBF YEF	13,677	27,204
Devon Community Foundation	15,000	16,700
Police & Crime Commission	53,600	47,055
Tudor Trust	-	8,751
Various small grants	9,833	10,270
Wolfson Foundation	15,065	-
Clotheswork Foundation	-	2,500
Groundwork	-	500
The Kelly Family Grant	5,000	-
7stars Foundation	-	650
Lloyds Bank Foundation	30,000	53,920
Henry Smith Charitable Trust	54,100	51,100
Jamieson Bystock Trust	4,000	-
Volant Charitable Trust	10,000	-
Hendy Foundation	3,500	-
Ashworth Charitable Trust	3,000	-
Paul Hamlyn Foundation	27,500	-
	529,729	491,458

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

4. Income from charitable activities

	Unrestricted funds 2022 £	Total funds 2022 £
Domestic Violence Recovery	17,818	17,818

	<i>Unrestricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Domestic Violence Recovery	14,634	14,634

5. Investment income

	Unrestricted funds 2022 £	Total funds 2022 £
Bank interest receivable	35	35

	<i>Unrestricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Bank interest receivable	1,488	1,488

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Domestic Violence Recovery	215,626	393,026	608,652

	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Domestic Violence Recovery	128,195	309,510	437,705

7. Analysis of expenditure by activities

	Activities undertaken directly 2022 £	Support costs 2022 £	Total funds 2022 £
Domestic Violence Recovery	349,630	259,022	608,652

	<i>Activities undertaken directly 2021 £</i>	<i>Support costs 2021 £</i>	<i>Total funds 2021 £</i>
Domestic Violence Recovery	249,200	188,505	437,705

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

7. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Total funds 2022 £	<i>Total funds 2021 £</i>
Staff costs	145,632	78,670
Supervision, training and support	32,400	5,275
Travel and subsistence	3,165	2,176
Premises costs	25,344	12,066
Other	255	108
Counselling	142,834	150,905
	349,630	<i>249,200</i>

Analysis of support costs

	Total funds 2022 £	<i>Total funds 2021 £</i>
Staff costs	164,931	122,503
Depreciation	7,720	8,845
Supervision, training and support	4,418	3,819
Travel and subsistence	986	2,928
Premises costs	36,387	19,096
Office costs	16,037	21,086
Governance	1,514	1,769
Professional fees	21,995	2,473
Accountancy fees	5,034	4,490
Profit/Loss on disposal	-	1,295
Bank charges	-	201
	259,022	<i>188,505</i>

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £500 (2021 - £500), and accounts preparation fee of £1,000 (2021 - £1,000).

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

9. Staff costs

	2022	2021
	£	£
Wages and salaries	297,775	196,166
Social security costs	24,176	13,421
Contribution to defined contribution pension schemes	6,480	4,174
	328,431	213,761

The average number of persons employed by the company during the year was as follows:

	2022	2021
	No.	No.
Management and administration of charity	4	3
Direct charitable activity	9	5
	13	8

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2022	2021
	No.	No.
In the band £60,001 - £70,000	1	-

The key management personnel of the charity comprise the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions and employer national insurance contributions) received by key management personnel for their services to the charity was £147,145 (2021: £114,967).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2021 - *£NIL*).

During the year ended 31 March 2022, no Trustee expenses have been incurred (2021 - *£NIL*).

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

11. Tangible fixed assets

	Leasehold improvements £	Motor vehicles £	Furniture and equipment £	Total £
Cost or valuation				
At 1 April 2021	24,542	27,845	12,388	64,775
Additions	-	-	3,611	3,611
Disposals	(24,542)	-	-	(24,542)
At 31 March 2022	-	27,845	15,999	43,844
Depreciation				
At 1 April 2021	23,586	10,024	3,927	37,537
Charge for the year	956	3,564	3,200	7,720
On disposals	(24,542)	-	-	(24,542)
At 31 March 2022	-	13,588	7,127	20,715
Net book value				
At 31 March 2022	-	14,257	8,872	23,129
At 31 March 2021	956	17,821	8,461	27,238

12. Fixed asset investments

	Trade investments £
Cost or valuation	
At 31 March 2022	633
Net book value	
At 31 March 2022	633
At 31 March 2021	633

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

13. Debtors

	2022 £	2021 £
Due within one year		
Trade debtors	11,316	-
Other debtors	8,955	8,955
Prepayments and accrued income	10,111	3,180
	<u>30,382</u>	<u>12,135</u>

14. Creditors: Amounts falling due within one year

	2022 £	2021 £
Trade creditors	-	3,765
Other taxation and social security	9,795	-
Other creditors	3,190	-
Accruals and deferred income	55,950	35,629
	<u>68,935</u>	<u>39,394</u>

	2022 £	2021 £
Deferred income		
Deferred income at 1 April 2021	35,629	8,749
Resources deferred during the year	86,734	35,629
Amounts released from previous periods	(35,629)	(8,749)
	<u>86,734</u>	<u>35,629</u>

Deferred income is recognised where grants and other income have been received in advance of the period in which the funds are expected to be utilised, or where performance criteria are yet to be met.

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Unrestricted funds					
Designated funds					
Future sustainability fund	45,000	-	-	(45,000)	-
General funds					
General Funds	171,484	227,673	(221,274)	45,000	222,883
Total Unrestricted funds	216,484	227,673	(221,274)	-	222,883
Restricted funds					
Children and Families Service	93,000	343,546	(406,282)	-	30,264
Charity vehicle	14,720	-	(2,944)	-	11,776
	107,720	343,546	(409,226)	-	42,040
Total of funds	324,204	571,219	(630,500)	-	264,923

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2021 £</i>
Unrestricted funds					
Designated funds					
Future sustainability fund	-	-	-	45,000	45,000
General funds					
General Funds	234,538	122,755	(140,809)	(45,000)	171,484
Total Unrestricted funds	<u>234,538</u>	<u>122,755</u>	<u>(140,809)</u>	<u>-</u>	<u>216,484</u>
Restricted funds					
Set up costs	50	-	(50)	-	-
Children and Families Service	-	392,502	(299,502)	-	93,000
Volunteer Projects	-	8,751	(8,751)	-	-
Charity vehicle	18,400	-	(3,680)	-	14,720
	<u>18,450</u>	<u>401,253</u>	<u>(311,983)</u>	<u>-</u>	<u>107,720</u>
Total of funds	<u>252,988</u>	<u>524,008</u>	<u>(452,792)</u>	<u>-</u>	<u>324,204</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

15. Statement of funds (continued)

The specific purposes for which the funds are to be applied are as follows:

Setup costs: Funds used to finance the building work and refurbishment of the charity's offices. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

Children and Families Service: Delivers support in the community for children and young people aged from 5 to 17 who are affected by domestic violence and abuse. The fund also includes: Boys & Young Men Community Support, which delivers support in the community for boys and young men aged 5 to 18 who are affected by domestic violence and abuse; and Flourishing Families, which supports children and parents to recover from the trauma of domestic abuse together.

Volunteer Projects: Volunteers are recruited and trained to assist with fundraising, administration and/or support for victims of domestic abuse through mentoring and befriending.

Charity vehicle: Funds used to purchase a vehicle to allow the charity to take children and young people that they work with on trips and activities in order to help improve their emotional wellbeing and help them to heal from the trauma experienced. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

16. Summary of funds

Summary of funds - current year

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2022 £
Designated funds	45,000	-	-	(45,000)	-
General funds	171,484	227,673	(221,274)	45,000	222,883
Restricted funds	107,720	343,546	(409,226)	-	42,040
	<u>324,204</u>	<u>571,219</u>	<u>(630,500)</u>	<u>-</u>	<u>264,923</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

16. Summary of funds (continued)

Summary of funds - prior year

	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 31 March 2021 £</i>
Designated funds	-	-	-	45,000	45,000
General funds	234,538	122,755	(140,809)	(45,000)	171,484
Restricted funds	18,450	401,253	(311,983)	-	107,720
	<u>252,988</u>	<u>524,008</u>	<u>(452,792)</u>	<u>-</u>	<u>324,204</u>

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	<i>Unrestricted funds 2022 £</i>	<i>Restricted funds 2022 £</i>	<i>Total funds 2022 £</i>
Tangible fixed assets	11,353	11,776	23,129
Trade investments	633	-	633
Current assets	279,832	30,264	310,096
Creditors due within one year	(68,935)	-	(68,935)
Total	<u>222,883</u>	<u>42,040</u>	<u>264,923</u>

Analysis of net assets between funds - prior year

	<i>Unrestricted funds 2021 £</i>	<i>Restricted funds 2021 £</i>	<i>Total funds 2021 £</i>
Tangible fixed assets	12,518	14,720	27,238
Trade investments	633	-	633
Current assets	242,727	93,000	335,727
Creditors due within one year	(39,394)	-	(39,394)
Total	<u>216,484</u>	<u>107,720</u>	<u>324,204</u>

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022**

18. Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(59,281)	71,216
Adjustments for:		
Depreciation charges	7,720	8,845
Dividends, interests and rents from investments	(35)	(1,488)
Loss on the sale of fixed assets	-	1,295
Increase in debtors	(18,247)	(6,899)
Increase in creditors	29,541	25,712
Net cash provided by/(used in) operating activities	(40,302)	98,681

19. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash in hand	279,714	323,592
Total cash and cash equivalents	279,714	323,592

20. Analysis of changes in net debt

	At 1 April 2021 £	Cash flows £	At 31 March 2022 £
Cash at bank and in hand	323,592	(43,878)	279,714
	323,592	(43,878)	279,714

21. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £6,480 (2021 - £4,174). Contributions totalling £Nil (2021 - £Nil) were payable to the fund at the balance sheet date and are included in creditors.

SAFE FOUNDATION
(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

22. Operating lease commitments

At 31 March 2022 the company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2022	2021
	£	£
Not later than 1 year	35,820	34,682
Later than 1 year and not later than 5 years	125,370	119,400
	161,190	154,082

23. Related party transactions

A transaction was made in the year with M Sahota, a Trustee of the Charity, for £7,790 (2021 - £Nil) for website hosting, branding, design, development and annual maintenance. The amount remaining payable at the year end was £Nil (2021 - £Nil).

Accounts

SAFE FOUNDATION
(PREVIOUSLY KNOWN AS STOP ABUSE FOR EVERYONE)
(A company limited by guarantee)
UNAUDITED
TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021



SAFE FOUNDATION
(A company limited by guarantee)

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SAFE FOUNDATION
(A company limited by guarantee)

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE COMPANY, ITS TRUSTEES AND ADVISERS
FOR THE YEAR ENDED 31 MARCH 2021**

Trustees

T Davies-Pugh
M Peckham, Chair
M Sahota
C Ellesmere (resigned 18 February 2021)

Company registered number

01837296

Charity registered number

291415

Registered office

1 Alba Court
Emperor Way
Exeter
EX1 3QS

Senior management team

E Morris
L Skye
B Kavanagh
L Rowlands

Accountants

Griffin
Chartered Accountants
Silverdown Office Park
Exeter Airport Business Park
Exeter
EX5 2UX

SAFE FOUNDATION
(A company limited by guarantee)

TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report together with the financial statements of the SAFE Foundation for the 1 April 2020 to 31 March 2021. The Annual report serves the purposes of both a Trustees' report and a directors' report under company law. The Trustees confirm that the Annual report and financial statements of the charitable company comply with the current statutory requirements, the requirements of the charitable company's governing document and the provisions of the Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019).

Since the company qualifies as small under section 382 of the Companies Act 2006, the Strategic report required of medium and large companies under the Companies Act 2006 (Strategic Report and Directors' Report) Regulations 2013 has been omitted.

Objectives and activities

a. Policies and objectives

The Objects of the Charity are for the public benefit to support women, men and children affected by trauma, domestic abuse and violence, in particular (but not exclusively) by:

- a) Providing relief and therapeutic support for people impacted by the effects of trauma, domestic abuse and violence;
- b) Promoting awareness of the impact of trauma, domestic violence and abuse and the adoption of strategies to enable recovery; and
- c) Advancing the education of the public in the subject of trauma recovery, domestic abuse and violence.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

b. Activities undertaken to achieve objectives

SAFE's vision is for a world free from the impact of trauma.

SAFE's mission is to:

- Provide therapy and training to support families and individuals to break the cycle of abuse.
- Be a leading voice in trauma recovery through cutting edge research and innovation.
- Drive an ecosystem wide approach across communities and supporting agencies.

SAFE has six core pillars which provide the foundation for the organisation. Our pillars set out the behaviours, beliefs and attitudes that define our culture and underpin our work and decision making:

Boundaries: To empower change through clarity and openness in communication

Respect: To relate without judgment and embrace others' diversity, experience, and views

Honesty: To speak truthfully and listen to the truth of others

Continuity: To provide sustainability, empathy, and integrity

Negotiation: To be flexible and seek opportunities to learn

Boldness: To challenge, innovate and create

SAFE is led by a specialist team; people with lived experience of trauma, a deep understanding of the dynamics of trauma and the capability to help people recover from its effect.

Today SAFE is a passionate innovator, striving for social change by driving new ideas, being a leading voice and influencer in the arena of trauma recovery by promoting an ethos of generous leadership. SAFE believes for change to be effective it takes a whole unit to work cohesively, and this is true of the families we support and the stakeholders we work with.

Childhood trauma (in any form) is the root of many social challenges. It fuels half of all violent crime, including domestic violence and abuse and child abuse, and is responsible for over 52% of cases of anxiety and depression (Bellis et al, 2014; Gros et al, 2012). Childhood trauma may drive the hunt for self-soothing or self-annihilation inherent in drug and alcohol abuse and self-harm. It may also create social isolation, distract children from learning (thereby impacting educational achievement), reduce work productivity, and create unemployment, poverty, and homelessness.

At the heart of SAFE's ethos is group therapy. Being part of a group, or family of choice, brings many advantages from bonding and intimacy to hope and healing. We know there is comfort in commonality and the sharing of experiences reduces shame. SAFE's approach to trauma has its roots in the felt sense – you've got to feel it to heal it, feelings that cannot be felt via the virtual platform. March 2020 presented the world with a crisis on an unprecedented scale, a 'new normal' had to be found and SAFE adapted accordingly.

We are now finding our way out of a global pandemic and we are shortly to see a new Domestic Violence Act being implemented at local level; these two things give us an opportunity for change that perhaps has not been seen before. Many of those who have experienced trauma on any level will have found COVID-19 a significantly triggering experience, for evidence of this we need look no further than the huge rises in domestic abuse and poor mental health. Yet, we have the chance to create sustainable change. The challenge with any new policy is supporting the people who fall through the gaps and we must continue to voice our concerns to policy makers if we are to create sustainable change. We need to apply a flexible approach to policy implementation and strategies, develop a shared language and understanding of trauma and shift from being trauma informed to trauma responsive and an authentic understanding that trauma is not something that happens to us, but something that happens inside of us.

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

As we take our Felt trauma approach out to stakeholders, we are able to drive ecosystem change at local and national level. By working as a family, we can develop a framework that provides the complex solutions needed to treat the complex problems experienced.

SAFE is committed to innovation and to influencing change across Devon and beyond. We will continue to develop and deliver ground-breaking trauma responsive projects to a wider cohort of need and fine-tune our trauma treatment to ensure it is inclusive. Our belief is that such change is vital for our families, our communities, and our society as a whole - our hope is that others will join our movement for change.

The dramatic rise in domestic abuse and violence, due to COVID-19 restrictions, has been recognised at a national and local level, with an upsurge in the number of cases reported as well as number of deaths linked. Social isolation increases the risk of escalation of relationship breakdown and incidents of domestic abuse and violence, including a rise on child on parent conflict. In addition, crisis services are stretched, and support options desperately limited. It has become clear that our ability to deliver a flexible offering will be required for months to come. We are speedy and proactive in our response to the changing landscape, ensuring continuity of support. We seek to maintain as a strong organisation, able to respond to social needs, and continue to strive on our mission, to aid our community during this crisis and be with them on the other side.

Despite the challenges faced by so many, we have held true to our belief that continuity of support is vital to delivering outcomes. As such, we have continued with our core service offering, albeit moving these to online platforms rather than face to face. By working together as a team and by building our stakeholder relationships, our service delivery has encompassed the elements listed below:

- Adult 1:1 counselling
- Child 1:1 therapeutic sessions
- Child group work
- Adult group programmes: Domestic Abuse Recovery and Trauma Recovery
- Whole family sessions
- Family activity resource packs
- Family Care Plan
- Attendance at multi-agency Team Around the Family meetings
- Attendance at relevant professional meetings
- Internal case management meetings
- Quarterly consultation and evaluation questionnaires
- Case recording
- Quarterly reporting
- Internal Quality Assurance Framework

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Objectives and activities (continued)

c. Volunteers

Whilst there is a paid staff team in the organisation, volunteers are central to the provision of support to the public. During the reporting year, there were on average 42 active volunteers. Volunteers receive support and supervision and follow policy and guidance

d. Public Benefit

Trustees of the Charity have complied with the duty in S.4 of the 2011 Charities Act to have due regard to guidance published by the Charity Commission. The Charity provides a public benefit by providing the public in its area of benefit with accessible, confidential, and impartial support regardless of age, gender, race, disability or sexuality.

Achievements and performance

a. Outcomes

Key achievements:

- Requests for support received from 1,406 individuals
- Full staff team retained and volunteer capacity increased
- Responding to 65% increase in referrals compared to same time period last year, maintaining average four-week waiting time for therapeutic support
- Rapid set up and establishment of online platforms for individual adult counselling, therapeutic sessions for children and young people, and group workshops
- Strengthened partnerships with statutory and third sector organisations, improving risk management and referral pathways to share information and increase speed of access to support
- Clients reported struggling to engage in face to face sessions pre-lockdown, but telephone and video have provided flexibility around timings, and enabled them to be more proactive in reaching out for support, increasing their engagement and having beneficial impact on emotional health
- Delivery of food vouchers and therapeutic resources to families nurtured health and wellbeing and strengthened trust in relationships
- Increased accessibility of counselling support has reduced waiting times and made it possible to dynamically work with more clients
- Clients reported feeling secure and 'held' by SAFE at a period when other services were unavailable and had yet to adapt to new ways of working
- Majority of children feel optimistic about moving on from their experiences
- Majority of adults and children experience strong family bonds and feel that they are in a safe environment

Specific outcomes for children and young people include:

- 93% improved relationships with parents
- 86% felt safer
- 85% increased self confidence

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance (continued)

b. Beneficiary and stakeholder feedback

As we continue to work towards meeting our aims, it is vital that we always keep at the forefront the reasons why our work is so vital and continue to listen to others' views, opinions, and thoughts, which in turn encourages and empowers us as an organisation to develop and grow with the voices of those who need us firmly embedded. We gather these voices through both formal and informal channels and examples of our stakeholder voices are shown below:

Comments from Children

"You [child's keyworker] are trustworthy and respect my privacy".

"I feel like I can be myself around you [child's keyworker] and not feel judged about what I say".

"I like doing different activities with you [child's keyworker]".

"I am a lot nicer at home because you are helping me".

"The work you [child's keyworker] have done with me has helped me change and made me feel better. I don't feel I think about it too much after".

"It's been helpful for you to be there for me. I can express my feelings in any way now. It has just been brilliant".
"I am the luckiest kid alive as I get to work with you [child's keyworker]".

One young person was struggling to verbalise how he was feeling. He would become angry and frustrated when he was feeling unhappy, unsafe, or confused. The SAFE worker used creative techniques and introduced visual aids to help him express how he was feeling and learn new healthier ways of expressing his distress. He reported:

"I don't need the cards anymore - I can show and tell you now because you helped me".

One parent raised concerns that her two children would not react well to a male worker as they had a fear of men following experiences with their dad. They also had little current connection with adult males. It was agreed to try and introduce a male children's worker to them. He gently established a relationship, and the children began to express and open up to him. One child found it harder to engage and needed a teaching assistant to accompany him to sessions. His SAFE worker took the time to build his trust. After a few sessions he told the teaching assistant he was happy to go to the sessions alone and did not need her there. Feedback from their parent and school is positive and the school has since made another family referral to Project 30 as a result.

Comments from Parents & Adult clients

"I have seen a difference in myself, I have more confidence in myself, I don't get so stressed out as much".

"The counselling from SAFE was the best intervention I have been given".

"My counsellor is brilliant and I'm feeling so positive and really enjoying my sessions I hope [my children] do too. Project 30 is brilliant".

"My heart warmed so much when she [the child] came out with a smile on her face and immediately wanted to show me the pictures. It's so lovely knowing that she is comfortable with you and I really hope it gives her the space she needs. Thank you".

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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance (continued)

"SAFE have really helped our family heal, the girls are getting on so well now, they don't fight and argue anymore. I can't thank you [child's keyworkers] enough for that. It has helped our relationships, and the girl's relationships with their friends. My counselling has made me recognise how I am with the girls and the behaviours I mirrored from how my dad treated me. I have changed this, it's been great".

"Hi [children's worker] wow how you did it I don't know but [the child] said a little prayer tonight to ask God to bless you because you really helped her open up so sweet. She opened up to me too she hasn't done that in years such a wonderful feeling so lovely to see her feel really pleased and happy with herself for opening up to me I just praised her so much thank you you made her day".

"I would just like to voice my sincerest praise & gratitude to [counsellor]. She has been an absolute lifeline for me at a pretty bleak time, & she has been the utmost professional at all times and my counselling journey with her has been amazing and she has really supported me in truly finding myself again. She really is an amazing asset to your service & I couldn't recommend her highly enough. Thank you from the bottom of my heart".

"We also have support through SAFE. [children's worker] is really good he communicates with me and he really supports and communicates well with the children." 'My children talk to [children's worker] at SAFE and knowing that they are being supported to help with emotions is great".

"I just wanted to thank SAFE for all the support my family have received and let you know the difference it has made to our family. [children's workers] have been amazing with my children and very supportive. Since my girls have started their counselling, I have noticed such a difference. They are both able to express their feelings so much more and my youngest daughter is so much more confident. My eldest daughter has started to open up emotionally which has been such a relief and is recognising where her anger stems from..

..When we first joined the service, my relationship with my eldest daughter was in pieces but with [children's worker's] support, we have been able to put those pieces back together and build such a better relationship. She is so much more loving and confides in me about how she is feeling, which not something she has ever done. I am thankful for my counselling sessions with [counsellor], as she has helped me to realise my own patterns of behaviour and how they have impacted on my children. I am so grateful for this support. Without it, I don't know where my family would be. Thank you so, so much".

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance (continued)

Comments from professionals

Trainee Social Worker:

"[Children's worker] has been a consistent positive asset to our shared family work. Her capacity to work as part of a multi-agency team is incredibly valuable, she has been open and proactive in jointly working with a child on their difficult journey from Early Help to Child Protection, she maintains an appreciative curious and optimistic stance and has at times provided much needed strengths-based respite with her feedback for the family when faced with what must seem like overwhelming professional concerns in meetings..

..The holistic SAFE Project 30 approach has delivered solid results for the child, and her insight into the child's world has been invaluable. The family who are sceptical about professional's commitment to them have valued the consistent and long-term commitment that the Project offers providing an opportunity to build a much-needed trusted professional relationship. As a student I have valued [children's worker's] generosity with her time and reflective approach to her work. She is a very knowledgeable practitioner who is a joy to work alongside, encouraging, challenging and secure in her professional judgements".

"I also wanted to mention that last week [parent] mentioned that [children's worker] was doing great work with the children and thought I would pass it on. In my experience of working with children and their families, you more often get to hear about what's not going so well rather than the praise so wanted [children's worker] to know that her work is really being appreciated".

Counsellor

A counsellor at a school in North Devon has been impressed with the level of support provided to families taking part in Project 30. She commended the whole family approach that was being used. She saw the length and scope of support as positive, stating that most agencies have a more limited time frame when working with young people. The school is eager for the children's worker to continue supporting the young person and to bring some expertise to professionals at the school in relation to trauma.

c. Investment policy

As required by its Articles in furtherance of its objectives, the company has the power to invest the monies of the company not immediately required for its purposes in or upon such investments, securities or property as may be thought fit, subject to any conditions and consents that may be imposed or required by law.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance (continued)

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the company has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

Following best practice guidance SAFE continues to operate a reserves policy whereby funds held by the Charity, but not otherwise committed, are set aside to meet any unforeseen financial challenges that might arise in the following year. This would allow the charity to continue activities following any significant reduction in funding as well as sufficient time to potentially raise alternative funds. The trustees have determined that the appropriate level of reserves should be the equivalent of 6 months' operating expenses and any remaining funds are held as designated funds for future project use. The total of unrestricted funds as at 31 March 2021 was £216,484. Currently the Charity has not designated any material amounts for future use.

c. Review

Income for the year totalled £524,008 (2020: £353,625). Total resources expended amounted to £452,792 (2020: £343,345). The balance of funds at 31 March 2021 was £324,204 (2020: £252,988). A proportion of these funds are restricted and can only be used for specific purposes. The balance of restricted funds at 31 March 2021 was £107,720 (restricted funds in surplus). The balance of unrestricted funds at 31 March 2021 was £216,484 (unrestricted income funds).

The Charity has received income via both grants and contracts, all of which have been used to support the work of the Charity and allowed us to respond to the demands of Covid-19 and the significantly increased demand for services which unfolded during the year. The Charity remains in a strong financial position, with a robust network of partnerships in place to enable the continued delivery of services and development of new projects as we continue to build our service provision.

Structure, governance and management

a. Constitution

The Charity is controlled by its governing document, the Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The Charity is constituted as a company limited by guarantee and is therefore governed by Articles of Association.

The Trustees of the Charity are also the Directors for the purposes of Company Law. Eligibility for membership of the Charity and membership of the Board of Trustees is governed by the Articles of Association.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management (continued)

b. Methods of appointment or election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Memorandum of Association. Prospective Trustees go through a rigorous application and induction process and references are taken before they are invited to attend a monthly Board meeting. We require all trustees to undergo an enhanced Disclosure Barring Service check, and, as good practice and to comply with the rigors of funding applications, trustees are all asked to do on-line Safeguarding training or, to provide proof of a recently completed and relevant course. Induction includes being given copies of key SAFE documents and agreeing confidentiality, a code of conduct, eligibility and conflict of interests. After attending two Board meetings applicants are eligible to become Trustees and may be invited to do so if agreed by the rest of the Board. Trustees serve for a term of 3 years and may be appointed to serve further terms.

c. Organisational structure and decision-making policies

The Trustees are accountable for ensuring that SAFE Foundation has a clear strategy, that it remains true to its original vision and that it discharges all its financial and legal obligations.

The Board of Trustees meet quarterly.

The day-to-day making and responsibility for management of the charity is delegated to a full-time Chief Executive who reports on performance against the Strategic Business Plan. Accounting services are outsourced and Management Accounts are prepared for all Board of Trustee meetings. Those decisions with high financial and/or strategic implications are taken to the Board of Trustees who are responsible for making such decisions as required. Regular monthly supervision sessions are held with the Chief Executive.

Members of the Board, usually with the CEO, form Committees with specific tasks. From time to time task and finish working groups are created as they are needed.

Plans for future periods

Through Covid-19 the Charity has demonstrated its ability to be resilient, resourceful and impactful. We have been proactive throughout this time and never failed to deliver for our stakeholders. We have invested in our team and supported them to support others. We faced the challenges together and as such we are emerging as a stronger, focused and exciting organisation that has the ambition to achieve. The Charity continues to strive for excellence and does so through influence, therapy and research. We will continue to develop in each of these areas via the creation of new services, partnerships and through innovation. The Charity is developing its internal and external communication networks which includes a new website, social media and marketing plan and the development of a digital learning platform. We want to make a difference and the future will see us push forward with our ideas and belief that we, as a society, need to start a new conversation. The conversation about the trauma of feelings, the Felt Trauma.

Funds held as custodian

No funds are held as custodian.

SAFE FOUNDATION
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TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Members' liability

The Members of the company guarantee to contribute an amount not exceeding £1 to the assets of the company in the event of winding up.

Statement of Trustees' responsibilities

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial . Under company law, the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 25/11/2021 and signed on their behalf by:



M Peckham
(Chair of Trustees)

SAFE FOUNDATION
(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT
FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's report to the Trustees of SAFE Foundation ('the company')

I report to the charity Trustees on my examination of the accounts of the company for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the company (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the company's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

SAFE FOUNDATION
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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

SAFE FOUNDATION
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INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Misty Nickells

Dated: 26/1/21

FCA

Griffin

Chartered Accountants
Silverdown Office Park
Exeter Airport Business Park
Exeter
EX5 2UX

SAFE FOUNDATION
(A company limited by guarantee)

**STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31 MARCH 2021**

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	106,633	401,253	507,886	327,252
Charitable activities	4	14,634	-	14,634	26,371
Investments	5	1,488	-	1,488	2
Total income		122,755	401,253	524,008	353,625
Expenditure on:					
Raising funds		15,087	-	15,087	23,295
Charitable activities	6	125,722	311,983	437,705	320,050
Total expenditure		140,809	311,983	452,792	343,345
Net movement in funds		(18,054)	89,270	71,216	10,280
Reconciliation of funds:					
Total funds brought forward		234,538	18,450	252,988	242,708
Net movement in funds		(18,054)	89,270	71,216	10,280
Total funds carried forward		216,484	107,720	324,204	252,988

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 19 to 36 form part of these financial statements.

SAFE FOUNDATION
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BALANCE SHEET
FOR THE YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	11	27,238	28,965
Investments	12	633	633
		<u>27,871</u>	<u>29,598</u>
Current assets			
Debtors	13	12,135	5,236
Cash at bank and in hand		323,592	231,836
		<u>335,727</u>	<u>237,072</u>
Creditors: amounts falling due within one year	14	(39,394)	(13,682)
Net current assets		296,333	223,390
Total assets less current liabilities		<u>324,204</u>	<u>252,988</u>
Net assets excluding pension asset		<u>324,204</u>	<u>252,988</u>
Total net assets		<u><u>324,204</u></u>	<u><u>252,988</u></u>
Charity funds			
Restricted funds	15	107,720	18,450
Unrestricted funds	15	216,484	234,538
Total funds		<u><u>324,204</u></u>	<u><u>252,988</u></u>

SAFE FOUNDATION
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BALANCE SHEET (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2021

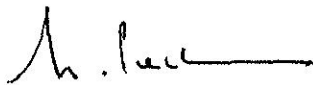
The company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on
25/11/2021 and signed on their behalf by:



M Peckham
(Chair of Trustees)

The notes on pages 19 to 36 form part of these financial statements.

SAFE FOUNDATION
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STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
Cash flows from operating activities		
Net cash used in operating activities	98,681	21,185
Cash flows from investing activities		
Dividends, interests and rents from investments	1,488	2
Purchase of tangible fixed assets	(8,413)	(28,917)
Net cash used in investing activities	(6,925)	(28,915)
Cash flows from financing activities		
Net cash provided by financing activities	-	-
Change in cash and cash equivalents in the year	91,756	(7,730)
Cash and cash equivalents at the beginning of the year	231,836	239,566
Cash and cash equivalents at the end of the year	323,592	231,836

The notes on pages 19 to 36 form part of these financial statements

SAFE FOUNDATION
(A company limited by guarantee)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

1. General information

The company is a company limited by guarantee. The members of the company are the Trustees named on page 1. In the event of the company being wound up, the liability in respect of the guarantee is limited to £1 per member of the company. The registered office is 1 Alba Court, Emperor Way, Exeter, EX1 3QS.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

SAFE Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the company has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the company to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the company's objectives, as well as any associated support costs.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the company; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £50 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, using the straight-line and reducing balance method.

Depreciation is provided on the following bases:

Leasehold improvements	- 10% straight line
Motor vehicles	- 20% reducing balance
Fixtures, fittings and equipment	- 20% straight line

2.6 Investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost and subsequently measured at fair value at the Balance sheet date, unless the value cannot be measured reliably in which case it is measured at cost less impairment. Investment gains and losses, whether realised or unrealised, are combined and presented as 'Gains/(Losses) on investments' in the Statement of financial activities.

2.7 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.8 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

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NOTES TO THE FINANCIAL STATEMENTS
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2. Accounting policies (continued)

2.9 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

2.10 Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.11 Pensions

The company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the company to the fund in respect of the year.

2.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the company and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the company for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

3. Income from donations and legacies

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Donations	16,428	-	16,428
Grants	90,205	401,253	491,458
	<u>106,633</u>	<u>401,253</u>	<u>507,886</u>
	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Donations	16,865	-	16,865
Grants	50,468	259,919	310,387
	<u>67,333</u>	<u>259,919</u>	<u>327,252</u>

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

Analysis of grants received

	2021 £	2020 £
The National Lottery Community Fund	123,492	68,657
Children in Need	70,083	47,712
Devon County Council	59,925	35,000
Northbrook Community	19,308	-
SIBF YEF	27,204	-
Devon Community	16,700	-
Police & Crime Commission	47,055	39,000
Tudor Trust	8,751	34,751
Various small grants	10,270	1,467
Stud Hold BPA	-	10,000
Clotheswork Foundation	2,500	23,000
Groundwork	500	1,000
The Kelly Family Grant	-	5,000
7stars Foundation	650	4,500
Lloyds Bank Foundation	53,920	15,000
Henry Smith	51,100	25,300
	<u>491,458</u>	<u>310,387</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

4. Income from charitable activities

	Unrestricted funds 2021 £	Total funds 2021 £
Domestic Violence Recovery	14,634	14,634
	<u>14,634</u>	<u>14,634</u>
	<i>Unrestricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Domestic Violence Recovery	26,371	26,371
	<u>26,371</u>	<u>26,371</u>

5. Investment income

	Unrestricted funds 2021 £	Total funds 2021 £
Bank interest receivable	1,488	1,488
	<u>1,488</u>	<u>1,488</u>
	<i>Unrestricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Bank interest receivable	2	2
	<u>2</u>	<u>2</u>

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

6. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Domestic Violence Recovery	125,722	311,983	437,705

	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total funds 2020 £</i>
Domestic Violence Recovery	76,029	244,021	320,050

7. Analysis of expenditure by activities

	Activities undertaken directly 2021 £	Support costs 2021 £	Total funds 2021 £
Domestic Violence Recovery	249,200	188,505	437,705

	<i>Activities undertaken directly 2020 £</i>	<i>Support costs 2020 £</i>	<i>Total funds 2020 £</i>
Domestic Violence Recovery	178,027	142,023	320,050

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

7. Analysis of expenditure by activities (continued)

Analysis of direct costs

	Domestic Violence Recover 2021 £	Total funds 2021 £
Staff costs	78,670	78,670
Supervision, training and support	5,275	5,275
Travel and subsistence	2,176	2,176
Premises costs	12,066	12,066
Other	108	108
Counselling	150,905	150,905
	<u>249,200</u>	<u>249,200</u>
	<u><u>249,200</u></u>	<u><u>249,200</u></u>
	<i>Domestic Violence Recover 2020 £</i>	<i>Total funds 2020 £</i>
Staff costs	79,812	79,812
Supervision, training and support	30,188	30,188
Travel and subsistence	6,243	6,243
Premises costs	14,593	14,593
Other	100	100
Counselling	47,091	47,091
	<u>178,027</u>	<u>178,027</u>
	<u><u>178,027</u></u>	<u><u>178,027</u></u>

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**NOTES TO THE FINANCIAL STATEMENTS
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7. Analysis of expenditure by activities (continued)

Analysis of support costs

	Domestic Violence Recover 2021 £	Total funds 2021 £
Staff costs	122,503	122,503
Depreciation	8,845	8,845
Supervision, training and support	3,819	3,819
Travel and subsistence	2,928	2,928
Premises costs	19,096	19,096
Office costs	21,086	21,086
Finance and governance	10,228	10,228
	<u>188,505</u>	<u>188,505</u>

	<i>Domestic Violence Recover 2020 £</i>	<i>Total funds 2020 £</i>
Staff costs	79,563	79,563
Depreciation	9,822	9,822
Supervision, training and support	4,912	4,912
Travel and subsistence	3,753	3,753
Premises costs	14,283	14,283
Office costs	11,239	11,239
Finance and governance	18,451	18,451
	<u>142,023</u>	<u>142,023</u>

8. Independent examiner's remuneration

The independent examiner's remuneration amounts to an independent examiner fee of £500 (2020 - £500), and accounts preparation fee of £1,000 (2020 - £1,000).

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**NOTES TO THE FINANCIAL STATEMENTS
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9. Staff costs

	2021 £	2020 £
Wages and salaries	196,166	158,728
Social security costs	13,421	10,234
Contribution to defined contribution pension schemes	4,174	2,902
	<u>213,761</u>	<u>171,864</u>

The average number of persons employed by the company during the year was as follows:

	2021 No.	2020 No.
Management and administration of charity	3	2
Direct charitable activity	5	9
	<u>8</u>	<u>11</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2021 No.	2020 No.
In the band £60,001 - £70,000	1	1

The key management personnel of the charity comprise the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions and employer national insurance contributions) received by key management personnel for their services to the charity was £114,967 (2020: £103,047).

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2020 - £NIL).

During the year ended 31 March 2021, no Trustee expenses have been incurred (2020 - £372).

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**NOTES TO THE FINANCIAL STATEMENTS
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11. Tangible fixed assets

	Leasehold improvements £	Motor vehicles £	Furniture and equipment £	Total £
Cost or valuation				
At 1 April 2020	24,542	27,845	11,138	63,525
Additions	-	-	8,413	8,413
Disposals	-	-	(7,163)	(7,163)
At 31 March 2021	<u>24,542</u>	<u>27,845</u>	<u>12,388</u>	<u>64,775</u>
Depreciation				
At 1 April 2020	21,674	5,569	7,317	34,560
Charge for the year	1,912	4,455	2,478	8,845
On disposals	-	-	(5,868)	(5,868)
At 31 March 2021	<u>23,586</u>	<u>10,024</u>	<u>3,927</u>	<u>37,537</u>
Net book value				
At 31 March 2021	<u>956</u>	<u>17,821</u>	<u>8,461</u>	<u>27,238</u>
At 31 March 2020	<u>2,868</u>	<u>22,276</u>	<u>3,821</u>	<u>28,965</u>

12. Fixed asset investments

	Trade investments £
Cost or valuation	
At 31 March 2021	<u>633</u>
Net book value	
At 31 March 2021	<u>633</u>
At 31 March 2020	<u>633</u>

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**NOTES TO THE FINANCIAL STATEMENTS
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12. Fixed asset investments (continued)

13. Debtors

	2021 £	2020 £
Due within one year		
Other debtors	8,955	509
Prepayments and accrued income	3,180	4,727
	<u>12,135</u>	<u>5,236</u>

14. Creditors: Amounts falling due within one year

	2021 £	2020 £
Trade creditors	3,765	4,312
Pension fund loan payable	-	487
Accruals and deferred income	35,629	8,883
	<u>39,394</u>	<u>13,682</u>

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	2021 £	2020 £
Deferred income		
Deferred income at 1 April 2020	8,749	8,500
Resources deferred during the year	35,629	8,749
Amounts released from previous periods	(8,749)	(8,500)
Deferred income at 31 March 2020	<u>35,629</u>	<u>8,749</u>

Deferred income is recognised where grants and other income have been received in advance of the period in which the funds are expected to be utilised, or where performance criteria are yet to be met.

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**NOTES TO THE FINANCIAL STATEMENTS
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15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Unrestricted funds					
Designated funds					
Future sustainability fund	-	-	-	45,000	45,000
General funds					
General Funds	234,538	122,755	(140,809)	(45,000)	171,484
Total Unrestricted funds	234,538	122,755	(140,809)	-	216,484
Restricted funds					
Set up costs	50	-	(50)	-	-
Children and Families Service	-	392,502	(299,502)	-	93,000
Volunteer Projects	-	8,751	(8,751)	-	-
Charity vehicle	18,400	-	(3,680)	-	14,720
	18,450	401,253	(311,983)	-	107,720
Total of funds	252,988	524,008	(452,792)	-	324,204

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

15. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 April 2019 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2020 £</i>
Unrestricted funds				
General Funds	240,156	93,706	(99,324)	234,538
Restricted funds				
Set up costs	2,552	-	(2,502)	50
Children and Families Service	-	202,169	(202,169)	-
Volunteer Projects	-	34,750	(34,750)	-
Charity vehicle	-	23,000	(4,600)	18,400
	2,552	259,919	(244,021)	18,450
Total of funds	242,708	353,625	(343,345)	252,988

The specific purposes for which the funds are to be applied are as follows:

Setup costs: Funds used to finance the building work and refurbishment of the charity's offices. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

Children and Families Service: Delivers support in the community for children and young people aged from 5 to 17 who are affected by domestic violence and abuse. The fund also includes: Boys & Young Men Community Support, which delivers support in the community for boys and young men aged 11 to 25 who are affected by domestic violence and abuse; and You and Me, Mum, which is a domestic violence parenting programme for parents to equip them to support their child's recovery from the harm of domestic violence and strengthen the parent child relationship.

Volunteer Projects: Volunteers are recruited and trained to assist with fundraising, administration and/or support for victims of domestic abuse through mentoring and befriending.

Charity vehicle: Funds used to purchase a vehicle to allow the charity to take children and young people that they work with on trips and activities in order to help improve their emotional wellbeing and help them to heal from the trauma experienced. This fund is reduced each year with the allocation of depreciation charged over the assets useful economic life.

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**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

16. Summary of funds

Summary of funds - current year

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2021 £
Designated funds	-	-	-	45,000	45,000
General funds	234,538	122,755	(140,809)	(45,000)	171,484
Restricted funds	18,450	401,253	(311,983)	-	107,720
	<u>252,988</u>	<u>524,008</u>	<u>(452,792)</u>	<u>-</u>	<u>324,204</u>

Summary of funds - prior year

	Balance at 1 April 2019 £	Income £	Expenditure £	Balance at 31 March 2020 £
General funds	240,156	93,706	(99,324)	234,538
Restricted funds	2,552	259,919	(244,021)	18,450
	<u>242,708</u>	<u>353,625</u>	<u>(343,345)</u>	<u>252,988</u>

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Tangible fixed assets	12,518	14,720	27,238
Trade investments	633	-	633
Current assets	242,727	93,000	335,727
Creditors due within one year	(39,394)	-	(39,394)
Total	<u>216,484</u>	<u>107,720</u>	<u>324,204</u>

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**NOTES TO THE FINANCIAL STATEMENTS
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20. Analysis of changes in net debt

	At 1 April 2020	Cash flows	At 31 March 2021
	£	£	£
Cash at bank and in hand	231,836	91,756	323,592
Debt due within 1 year	(487)	487	-
	<u>231,349</u>	<u>92,243</u>	<u>323,592</u>

21. Pension commitments

The charity operates a defined contribution pension scheme. The assets of the scheme are held separately from those of the charity in an independently administered fund. The pension cost charge represents contributions payable by the charity to the fund and amounted to £4,174 (2020 - £2,902). Contributions totalling £nil (2020 - £487) were payable to the fund at the balance sheet date and are included in creditors.

22. Operating lease commitments

At 31 March 2021 the company had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2021 £	2020 £
Not later than 1 year	34,682	3,624
Later than 1 year and not later than 5 years	119,400	-
	<u>154,082</u>	<u>3,624</u>