

# IMPACT

Preventing needless disability. Transforming lives.



## 2024-25

### Annual Report & Accounts

Charity Number: 290992 Company Number: 01878297

The IMPACT Foundation is a registered charity in England and Wales and a company without share capital limited by guarantee

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# Foundation information

**Honorary President** Lady Wilson, OBE, FRCOphth (Hon)

## Trustees who are Directors:

**Chair** Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCGP

**Vice-Chair** J. Michael O'Connell, MB, BS, BSc, MPhil, FRCS (Otol), FRCS (Orl)

**Honorary Treasurer / Company Secretary** Peter Simons BBS MBA FCMA

Nicholas Astbury FRCS, FRCOphth, FRCP (retired 28.11.24)

Cecilia Anim CBE, FRSA FRCN (appointed 28.11.24)

Keith Barnard-Jones, MBBS, MRCS, LRCP, D.Obst.RCOG, MRCGP

Gordon Bennett, LL.B (Hons), LL.M, Dip Int Law

Claire Hicks, MBE

Robin d'O. Hope

David Jameson Evans, FRCS, FRCS (C)

Carolyn Ward (professionally known as Dr Cassie Lawn) MB BS DRCOG MRCGP MRCP FRCPCH (appointed 19.03.25)

Lucinda Meagher (Trustee Safeguarding Lead)

Sal Rassam MB BCH BAO LRCSI LRCPI DTM, DO MD FRCOphth

Vinit Shah, MBBS, MRCP, FRCPCH

Judith Stagg PHF (appointed 19.03.25)

David Walker, CMG, CVO (retired 11.07.24)

Peter Webster, MA, FCA

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## Staff Team:

**Co-Chief Executive** Sarah Smith

**Co-Chief Executive** Pascale Noel

**Finance Manager** Tessa Brown

**Fundraising Manager** Jackson Medlow

**Office Manager** Julia Nottingham

**Development Manager** Lisa Waller

**UK Programme Co-ordinator** Rosie Wiltshire

**UK Programme Co-ordinator** Chloe Coker

## Advisory Council:

Nicholas Astbury FRCS, FRCOphth, FRCP (from 28.11.24)

John Mowbray KC

Lady Prance

Christina Rogers MB BS BS MRCPsych

John Scott

Colin Somerville MA, CA

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David Walker (from 11.07.24)

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# Trustees' annual report

(Incorporating the Directors' Report)

## A message from our Chair

We are looking forward in 2025 to IMPACT UK's 40th anniversary. When Sir John Wilson founded the charity in 1985 his aim was the prevention and treatment of needless disability.

His insight was that many of the conditions which mar individual lives can be prevented, alleviated or cured with relatively straightforward and inexpensive interventions. Examples which Sir John and Lady Wilson observed included dietary vitamin deficiencies, cataract, and post-polio disability. Attention to such conditions restores an individual's ability to care for themselves and their family, to go to work, and to pursue the life of their choice. Sir John's talent was to spot "forgotten" diseases and conditions. IMPACT UK and our overseas partners continue this work. Earlier this year I was fortunate to visit IMPACT Cambodia, to meet the team there, and to see their work at first-hand.



***JANUARY 2025 >>** Brenda, a retired GP, visited IMPACT Cambodia's projects at her own expense. Pictured here meeting a family benefiting from the IMPACT-funded Leprosy Project in Banteay Meanchey Province*

In remote areas we visited projects related to primary care, safe water, maternal and child health, and ENT health. In Banteay Meanchey Province we were privileged to visit the Leprosy Project. Leprosy is a 21st Century example of a forgotten ancient disease. It continues to blight lives through social stigma and to cause severe disability in Cambodia and other countries of Asia. Yet with patience and persistence like that shown by the steadfast Mr Bunda, who I met, it is treatable and preventable.

Another of Sir John's gifts was to find overseas partners who shared his vision and could put it into action. IMPACT has many such partners in Africa and Asia, run by local people who drive their programmes forward in response to a deep understanding of the need in their countries. Here in the UK we have our 'Tasty Team' of volunteers, who work in Sussex to ensure that small budgets are no barrier to eating a nourishing diet.

The third and vital ingredient in the mix is you, our donors, without whom none of this would be possible. We are as grateful as ever for your support as we pursue Sir John's vision of a world without needless disability. Here's to the next 40 years!

**Dr Brenda Luck**  
Chair, IMPACT Foundation UK  
17<sup>th</sup> April 2025

# Making an IMPACT >> 2024/25

## Geographical reach



### AFRICA

Central African Republic  
Kenya  
South Sudan  
Tanzania  
Uganda  
Zanzibar

### ASIA

Bangladesh  
Cambodia  
India  
Nepal  
Pakistan  
Sri Lanka

### EUROPE

The UK  
Norway  
Switzerland  
*(raise money to support implementing partners in Africa and Asia)*

## The need for our work

16% » 80% » 1/3

of the world's people live with a disability

live in lower-income countries

are children

Many people are not born with a disability and live unnecessarily with a condition which could have been prevented or could be reversed

## How IMPACT began

Needless disability is inextricably linked with poverty. The late Sir John Wilson (who was blind himself) founded the IMPACT movement in the early 1980s as a means of sharing knowledge and supporting communities in rural Africa and Asia to prevent disabling conditions using practical, low-cost methods. Sir John worked with local people, such as surgeons, to establish multiple autonomous national IMPACTs - most of them in countries of the global south. IMPACT's projects are straightforward, cost-effective and focus on community-led development to ensure that projects meet real needs and create long-lasting change.



*Sir John Wilson, supported by his wife Lady Wilson and daughter Claire Hicks, applied his experience of blindness prevention in Africa and Asia to other needless disabilities around the world*

## Breaking the poverty cycle

People with disabilities often rank among the very poorest in society and lack equal opportunities to education or employment; many are kept in poverty by discrimination. IMPACT's work to prevent and treat needless disability therefore also makes a vital contribution to the alleviation of poverty.

# IMPACT's vision - a world without needless disability

Established in 1985 – and celebrating our 40<sup>th</sup> Anniversary throughout 2025 – IMPACT UK is at the heart of an international effort to prevent and alleviate needless disability. We believe that no one should become or remain needlessly disabled through disease, lack of knowledge or shortage of medical services.

Over the past four decades, medical and technological advances have made many conditions, which needlessly disabled people in their millions in the past, either treatable or preventable. Yet humanity has failed to share access to life-transforming knowledge and tools equitably.

1.3 billion people worldwide (1 in 6 of us) live with disability. Disabling conditions such as sight or hearing loss, impaired mobility or cognitive development can place obstacles on living daily life and create barriers between people.

***'Persons with disabilities die earlier, have poorer health, and experience more limitations in everyday functioning than others' (WHO)***

There is a clear link between disability and poverty. People with disabilities are over-represented amongst the very poorest strata of society in every country, while poverty creates the conditions for needless disability to develop. Lack of access to medical services, clean water, and adequate diets all serve to

increase needless disability within communities whilst also preventing many of those affected from lifting themselves out of poverty through education or work. IMPACT's action puts people back on the path to improved health and therefore self-sufficiency.

At the heart of our approach lies the conviction that local partners – in close consultation with beneficiaries – are best placed to identify needs and to devise culturally appropriate, cost-effective solutions. IMPACT UK serves as an ally, aiding the implementation of these projects with funding and support, and encouraging international collaboration. Recognising that needless disability is also a risk here at home in the UK, we implement a vibrant programme of action to reduce the harm caused by diets lacking nutrition in our local community in mid-Sussex.

To engender long-term change not short-term benefits, IMPACT also invests in training and equipment for local surgeons, doctors, nurses and health workers, and upgrades rural health facilities to meet the needs of patients and the medical professionals that work in them.

And at the grassroots level, we support the sharing of knowledge and information about health and wellbeing within communities; putting the power in individuals' hands so that they have agency and can make informed decisions about their own health behaviours.



**APRIL 2024 >>** IMPACT Bangladesh's Jibon Tari floating hospital marked its 25<sup>th</sup> anniversary with a special eye surgical camp





# Our priorities for ACTION!

This year, IMPACT has worked with 13 local partners operating in 12 countries of Africa and Asia and grown our healthy nutrition programme 'The Tasty Team' in our local Sussex community. We have a long-standing relationship with each of our trusted autonomous overseas partners and we are all guided by the same aim of preventing and treating needless disability through our six shared priorities for action:



## ACCESSIBLE SURGERY

Specialist medical teams operate to restore sight, hearing or mobility and treat other disabling conditions and injuries, often taking surgery into remote areas using mobile hospitals



## EARLY IDENTIFICATION, TREATMENT & REHABILITATION

Local health workers and community leaders check people for the early signs of needless disability and ensure they receive timely medical care. They also provide physiotherapy and assistive devices such as spectacles, hearing aids and prostheses to aid rehabilitation and increase independence



## SAFER MOTHERHOOD & CHILD SURVIVAL

Medical support, straightforward monitoring, and interventions such as vaccinations and improving nutrition help to keep women and their babies safe, healthy and injury-free during pregnancy, childbirth and infancy



## SAFE WATER & SANITATION

Health is undermined by lack of access to safe water and sanitation, therefore IMPACT supports the installation of clean water sources, handwashing stations and toilets and the sharing of information about hygiene and sanitation to support everything else we do



## ENDING MALNUTRITION

Malnutrition is associated with a host of potentially disabling conditions such as visual and cognitive impairment, as well as increasing risks during pregnancy, and compromising immunity so we help people to prevent deficiencies in cost-effective and sustainable ways



## HEALTH EDUCATION & TRAINING

Skills and knowledge are shared within communities so people can take action to protect their health and that of their families. We train local medical practitioners including health workers, nurses, and surgeons, which is an investment in long-term health care delivery

# How we made an IMPACT this year



**985,246 people**

worldwide benefited from IMPACT's projects to prevent and treat needless disability

**11,300 operations**

to restore or repair sight, hearing, mobility, fistula, hydrocephalus and cleft lip



**61,356**

people benefited from improved nutrition

thanks to action such as home gardening and micronutrient supplementation



**27,428**

aids & appliances were distributed, including hearing and mobility aids, and spectacles



**7,073**

people benefited from

clean water sources & improved sanitation



**58,485**

mothers & babies

received pre and post-natal care

**52**

medical facilities

upgraded / provided with equipment



**11,693**

mothers & children were

immunised against disease



**314,579**

people participated in health education



**1,000+**

Volunteers worldwide

made IMPACT's work possible

**THANK  
YOU**



To everyone who has so generously supported our work this year





# Behind the statistics...

*Behind every statistic is a real person who will have their own story to tell of how IMPACT's work has changed their life. From mothers giving birth in the safety of a clean, well-equipped medical facility which means their baby has a greater chance of being born alive and well, to health workers who, thanks to modern and appropriate equipment, feel more professional and competent in their roles.*

“

*One patient's story deeply moved our team. He arrived at the August camp nearly blind from cataracts in both eyes. The results have been life-changing. At the follow-up, he shared that he can now dress and farm without help. Most powerfully, he said that before treatment, he had considered ending his life. With his sight restored, he now has hope for the future. Stories like his show that surgery can restore not just vision but dignity and purpose. Zacharia Muturi, IMPACT East Africa (Kenya)*



“

*Shruti (17) lost her hearing ear after a neighbour struck her violently. The blow tore her eardrum, leading to constant discharge and hearing loss. Local treatments only offered temporary relief. When her studies began to suffer, a teacher recommended our IMPACT Ear Care Centre in Birgunj. Shruti's father took her there, where IMPACT's ENT surgeon scheduled her for surgery.*

*The operation was successful and her hearing is now much improved. Her father said, "I regret not knowing about this Centre earlier. We wasted precious time and money elsewhere, but here we found real help."*

**Ramakanta Paudel, IMPACT Nepal**



“

*Ronam (17) gave birth at the Maternity Unit we had just upgraded with new equipment and staff training, this was her first baby and she told us; 'I was so worried about my delivery, for I have no clue about how the delivery would be like, and wondered if it be like what my mother experienced back in the day, where only traditional midwives was available. I was happy that it was so clean and everyone was friendly and welcoming. My husband and family are so pleased I have been cared for so well and we would like to thank all the people who have helped us.'*

**Sonita Pong, IMPACT Cambodia**



“

*Momtaz (42) worried that her family was not getting enough nutrients. With her husband's small tea stall income, fresh vegetables were a rare luxury. Last April, thanks to encouragement from the IMPACT Mothers' Club she attends, she started a home garden. Now, she grows five kinds of vegetables, feeding her children nourishing meals daily and they are no longer at risk of malnutrition. They eat better, sell the surplus and feel proud of what they've built together. Dr Hasib Mahmud, IMPACT Foundation Bangladesh*



“

*Since graduating from the IMPACT Nursing Institute, I have worked on the floating hospital. After seven years, I am now the nurse in charge of the Operating Theatre. The support of my colleagues and the gratitude of my patients have made this floating hospital feel like home. There's no greater reward than seeing patients leave with smiles on their faces! – Nurse Farzana Akter, IMPACT*

**Foundation Bangladesh**





# The public benefit of our work

## How each country programme contributes to our shared objectives

Country	Accessible surgery	Early identification, treatment & rehabilitation	Safer motherhood & child survival	Safe water & sanitation	Ending Malnutrition	Health education & training
Bangladesh	✓	✓	✓	✓	✓	✓
Cambodia	✓	✓	✓	✓	✓	✓
India	✓	✓			✓	✓
Kenya	✓	✓	✓	✓	✓	✓
Nepal	✓	✓	✓	✓	✓	✓
Pakistan		✓	✓		✓	✓
Sri Lanka		✓				
Tanzania (+ Central African Republic, South Sudan and Uganda)	✓	✓	✓		✓	✓
The UK					✓	✓
Zanzibar	✓	✓	✓	✓	✓	✓

IMPACT's work makes a clear and valuable contribution to the public benefit and Trustees have due regard to the Charity Commission's public benefit guidance when exercising any powers and duties to which the guidance is relevant. The rest of this report will demonstrate this in more detail.



## Performance

Working in close collaboration with our international partners, and through our own healthy nutrition project here in the UK, IMPACT's programme of action has reached 985,246 adults and children this year. This is approximately 112,000 more people than the previous year (FY 23/24 873,624); an increase of 13%. For each person, their interaction with IMPACT has the potential to be life-changing; an interplay that can help to relieve or prevent a needlessly disabling condition.

By reducing the incidence of needless disability, we also contribute to the alleviation of poverty since our work removes some of the obstacles to economic opportunity and independence that people with disabilities frequently face, especially in the very low-resource settings that are IMPACT's target areas. For example, providing a child with treatment that enables them to hear well again can improve their educational attainment and therefore employment chances. Restoring an adult's sight through cataract surgery can be the difference between working and begging. Disability can impact the whole family when a person needs to be cared for, keeping a son, daughter, mother, father, grandparent, or sibling from working to bring in vital income.

IMPACT's work goes beyond surgical repair or medical interventions that relieve existing conditions to deliver a wide variety of actions that can prevent needless disability from occurring. Working in underserved target areas through health posts, schools and community places, our projects focus on screening and treating the early signs of potentially disabling conditions before they deteriorate beyond repair, safe water, sanitation, information and skills training so that people have agency to act for their own health.

Our goal is also to ensure that no one in need of treatment to reverse a needlessly disabling condition misses out through lack of available local services and to this end we 'take the hospital to the people' through mobile hospitals and clinics on wheels. Flagship projects such as IMPACT Foundation Bangladesh's Jibon Tari floating

hospital are the most obvious manifestation of this objective in action, but a host of small clinics in four-wheel drive vehicles or vans, and even health workers on motorbikes mean that we aim to reach even the most challenging outposts.

In addition to our 'Tasty Team' project to promote healthy nutrition for vulnerable groups in West Sussex, IMPACT UK has supported 13 partners working in 12 countries of Africa, south-east Asia and southern Asia to achieve the following:

### Overall activity:

Action within our ongoing programme	2024-25	2023-24
People examined and provided with treatment	491,481	453,469
Operations to restore sight, mobility or hearing, or to treat cleft lip, fistula and hydrocephalus etc....	11,300	10,046
Immunisation against disabling disease (including activities to support Government vaccination programmes)	11,693	10,267
Mothers and babies receiving pre and post-natal care	58,485	37,892
Combatting malnutrition, including home garden and micronutrient supplement beneficiaries	61,356	60,208
Health professionals and community volunteers trained	1,851	2,048
People participating in health education or otherwise supported within their communities	314,579	242,517
People benefiting from safe water and improved sanitation	7,073	33,007
Assistive devices given (hearing aids/orthotics/prostheses etc.)	27,428	24,170
Medical facilities upgraded / provided with equipment	52	16
<b>Other emergency relief</b>		
<b>Flooding relief, Bangladesh</b>		
People benefiting from emergency relief parcels	14,000	N/A
People treated at emergency 'pop-up' health clinics	5,680	N/A

This report later breaks down these activities by country and in detail.

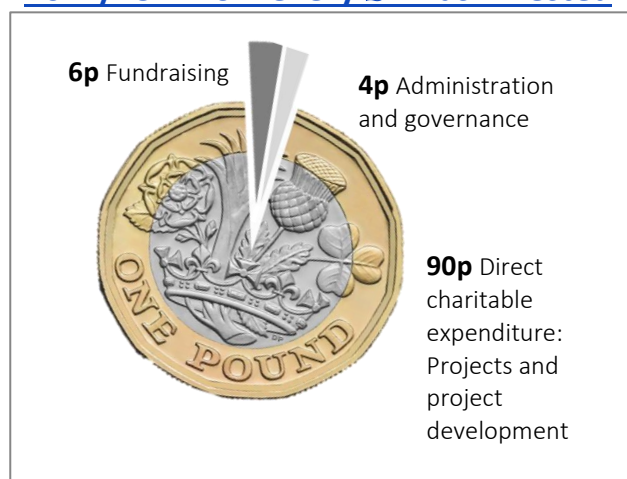
The table above offers an overview of this year's direct achievements. However, IMPACT's focus on sustainability of action means the infrastructure built and training provided will continue to benefit thousands of people for many years to come.

Aside from the number of people benefiting from training and safe water, sanitation and hygiene activities (the latter reflecting the fact that we supported partners in Cambodia, India, Kenya and Zanzibar in multiple safe water and sanitation projects last year), all of our categories of action reflect an increased number of beneficiaries compared with the year before.

Notable accomplishments include building the infrastructure of 225% more health facilities than last year (driven largely by a project in Cambodia which provided ear care training and equipment for nurses at 36 health posts in under-developed Ratanakiri province), increasing the number of women and babies benefiting from maternity care by 54%, educating 30% more people on health and how to prevent needless disability and providing medical treatment including surgery to 8% more people this year than last.

Monitoring the impact of our work and funding is essential and ongoing. Our trusted local partners provide regular updates, complemented by independent evaluations and visits from IMPACT UK representatives. Every donation is a bond of trust

### 2024/25 – How every £1 was invested





between IMPACT, our supporters and our partners and we are committed to using funds transparently and effectively. We rely on voluntary contributions to power our programme of action.

Every year we aim to raise at least £1.5 million to fulfil our commitments to partners, cover our modest operating costs, and address one-off projects or equipment needs as they arise. This year, our income totals £2,219,638 which is a modest decrease of 2.8% on the previous year (£2,283,797 FY 2023-24) but still significantly above target.

We expended £1,838,079 (a decrease of 9.7% on FY 2023-24) and this is because this year we sent funds to pay for two projects of Impact India Foundation's Lifeline Express hospital train (a third project was delayed due to local circumstances) and in the previous year we sent funds for three projects plus medical equipment and maintenance.

We aim to use a minimum of 90 pence in every £1 expended on direct charitable purposes (projects and project development). This year we spent 90 pence, which is slightly down on the 91 pence spent in 2023-24 but on target. Of the remaining ten pence, six pence was invested in raising more income and four pence was used on Governance and Administration; essential to ensure the organisation is well run and meets high operating standards.

More detailed information about our financial performance can be found later in this report in the 'Financial Review and Policies' section on page 33.

The scale of avoidable disability and the effect on people's lives means we are always ambitious to do more to prevent and treat it. Last year we set ourselves 14 goals – 'Looking to the Future' on page 34 and our encouraging progress towards meeting them is detailed below:

Goal	Achievement
<b>Increase the number of operations to reverse disabling conditions for children</b>	An additional 1,032 paediatric operations were made possible by our 'Double the Difference Children's Healthcare Appeal'. Children were treated for conditions as diverse as sight and hearing loss, club foot, cleft lip/ palate, undescended testes, and hypospadias (a congenital deformity of the penis which prevents children from urinating properly).
<b>Focus on taking the hospital and clinics to the people to ensure that remoteness or difficult terrain is not a barrier to accessing health care which can prevent or treat needless disability</b>	People in remote areas are among the least able to access medical care and are therefore more likely to live with a treatable condition or disability than those living in areas where there are more health facilities. IMPACT's solution is to 'take the hospital to the people' by river, rail, and road. A new mobile ENT and eye clinic in Zanzibar, which was funded by IMPACT UK in the previous financial year, became operational in May 2024. We continue to look for opportunities to establish more mobile clinics as this is an excellent way to reach the least served, and usually most in need, communities.
<b>Partner with the PNR Society to implement an early detection of hearing loss and prevention of deafness in children project in rural 'tribal' area of Bhavnagar, Gujarat State, India</b>	IMPACT's support has been invested in an early detection project which has this year screened 67,979 children living in 826 so-called 'tribal' villages of Bhavnagar. In addition to 25 ENT operations, 126 children were provided with operations to treat eye or congenital conditions such as cleft lip and hypospadias.
<b>Work with IMPACT Pakistan to hold eye screening camps and provide cataract surgery in rural communities</b>	Lack of funds has so far prevented us from supporting IMPACT Pakistan in its ambition to hold eye screening camps and cataract surgeries, however, we hope to be able to support this urgently needed initiative in 2025-26.
<b>Build the infrastructure, and capacity, of more health centres and hospitals in remote and underserved areas</b>	We have helped to establish anew, repair or provide medical equipment to 52 health facilities in Bangladesh, Cambodia, India and Nepal. In addition, we have provided vehicles to help partners reach project areas, transport project beneficiaries or to be converted into mobile clinics.
<b>Fund even more specialised treatment and/or operations for people living with a variety of needlessly disabling conditions whenever funds and specialist surgeons are available</b>	This year, IMPACT has supported partners to carry out a variety of surgical and non-surgical procedures to treat adults and children requiring specialist interventions that go beyond the restoration of sight, hearing and mobility that we routinely fund. These include hydrocephalus, hypospadias, cleft lip/palate and undescended testes.

Goal	Achievement
Support three projects of IMPACT India Foundation's award-winning Lifeline Express hospital train during which approximately 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery	We raised funding to pay for three projects of the Lifeline Express hospital train. Two took place within the financial year but the third had to be postponed due to local conditions making the project unsafe to run. This project will take place early in FY 2025/6. 19,158 people benefited from medical services including 1,722 people had operations to treat a needlessly disabling condition. 2,955 people received assistive devices to enable them to manage a disabling condition.
Improve paediatric hearing screening and treatment services in Zanzibar by creating a soundproof booth and equipping it with a hearing aid verification machine for optimal fitting of hearing aids	<p>A Hearing Aid Verification Machine was purchased to streamline the hearing aid fitting process, making hearing aids more accessible and comfortable for patients by enabling precise adjustments. The Aurical FreeFit hearing aid fitting system is used to provide precise, real-time adjustments to hearing aids for individuals with hearing loss. This system represents an advanced approach in audiology, allowing for quick and accurate fittings that enhance user satisfaction and comfort.</p> <p>A soundproof booth was constructed for the Hearing Aid Verification Machine in order to eliminate external noise and create a controlled acoustic environment, ensuring accurate testing of the device's performance. This setup prevents interference from ambient sounds, enabling precise calibration and compliance with industry standards, ultimately ensuring the hearing aid functions optimally for the person using it. Furthermore, a diathermy machine was provided to IMPACT Zanzibar for use in surgery camps.</p> 
Fund a visit of the IMPACT Nepal surgical team to IMPACT Cambodia to conduct ENT operations and the training of local surgeons	The IMPACT Nepal surgical team visited IMPACT Cambodia in December 2024 during which 1,070 people were screened for ENT conditions and 75 people underwent surgery. Local surgeons were trained in advanced techniques to enhance the care they can provide in the future.
Fund the surgical repair of cleft lip / palate for at least 50 more children living with the condition in Pune, India	The project has been established and, to date, 12 children have undergone surgical repair for cleft / lip palate with a further four children under observation to be operated when surgeons deem them to be strong enough to have surgery. Further operations will be provided in the coming months.
Replace the old and outdated paediatric audiometer, used to diagnose hearing loss in children at Tribhuvan University Teaching Hospital in Kathmandu, Nepal	A Children's Piano Plus Visual Reinforcement Audiometer has been purchased and installed at Tribhuvan University Teaching Hospital in Kathmandu to aid the medical practitioners in their work diagnosing childhood hearing loss.
Replicate the current Tasty Team project in Mid Sussex to enable expansion into the Crawley area. This would increase the number of participants taking part in activities (target: by 50-100%) to improve their food security, while building lifelong cooking skills and nutrition knowledge with the aim of reducing potentially disabling health conditions linked to diet in later life	By investing in a second part-time programme co-ordinator, we have been able to grow the Tasty Team project in Mid Sussex and Crawley substantially. In comparison to the previous financial year, the number of sessions held has increased from 93 to 155 (up 67%) and the number of beneficiaries from 726 to 1,594 (an increased of 120%). The real increase, however, must be measured in the lives that are being transformed through new knowledge and skills, which will provide a lifetime's foundation for improved nutrition and health and which will filter down from parent to child, benefiting future generations too.
Foster even greater international collaboration between IMPACTs around the world to reaffirm our joint mission and maximise what we can achieve by working closely together	We organised an IFIO (International Federation of IMPACT Organisations) conference which will be held in May 2025 and invited our IMPACT partners from around the world to join us in reaffirming our mission and sharing their experience. This is the 10 <sup>th</sup> IFIO conference and it is being held in the UK for the first time, to coincide with IMPACT UK's 40 <sup>th</sup> Anniversary.
Respond quickly and effectively to emergencies in our project areas should they arise	When flooding devastated parts of Bangladesh in August 2024, we responded to IMPACT Foundation Bangladesh's request for assistance immediately; raising and sending significant funds which were used to provide 2,802 emergency parcels (feeding more than 14,000 people) and 'pop-up' medical clinics which treated 5,680 adults and children.



# Bangladesh

IMPACT Foundation Bangladesh (IFB) has a long history and proven track record of work to prevent and treat needless disabilities. It is well-known by the people of Bangladesh, especially those in Chuadanga and Meherpur districts, and by those living in riverine areas visited by the Jibon Tari floating hospital.

This 290-tonne purpose-built barge has for 26 years been home to a bustling hospital, complete with operating theatre, wards, and a training centre for local health workers. Tugboats tow it down the extensive river network where it moors at a riverbank for 4-6 months during which local people have their sight, hearing and mobility restored by the surgical team. Non-surgical interventions are also provided to reverse or mitigate potentially disabling conditions. The Jibon Tari is a lifeline for people living with needlessly disabling conditions who have little hope of accessing alternative medical treatment.



*The Jibon Tari (Boat of Life) floating hospital*

In Chuadanga and Meherpur, IFB's hospitals are the heart of a wide-ranging and welcomed community healthcare programme which meets the medical needs of people in the surrounding communities and runs outreach projects designed to reduce the risk of needlessly disabling conditions by working to improve access to health screening and maternity care, improving nutrition and providing safe water and sanitation. The low-cost delivery model prioritises the most underserved people, including women and children and people with disabilities. For example, the well-equipped Jibon Jatra mobile medical van takes a team of doctors and nurses with diagnostic instruments into remote areas to ensure no one misses out.

The hospitals' operating theatres enable surgery to repair a host of disabling conditions while a dedicated orthotics and prosthetics centre in Chuadanga makes and fits a variety of mobility aids and provides physiotherapy to restore movement and manage pain.

144 nurses have so far graduated from IMPACT's Nursing and Midwifery Institute and are employed within Bangladesh, making an important contribution to healthcare provision in the country, including by working in IFB's three hospital facilities. The new six-storey academic building, the first two storeys of which were funded by IMPACT UK, is now constructed and will soon be fully in use for teaching. It is through innovations such as this Institute that IMPACT is able to make long-lasting improvements both to the healthcare system, and also to the lives of those individuals given the opportunity to gain a secure career.

2024-25 Activities	Target	Achievement
People screened and treated for disabling and other health conditions in Outpatients Departments and clinics in the community	60,000	69,768
People attending health education and awareness sessions to learn how to protect themselves and their families	47,500	65,136
People who benefited from operations to restore their sight, hearing or movement or to ameliorate other disabling conditions	3,320	3,703
People provided with assistive devices and/or physiotherapy	4,200	11,587
Women provided with ante and post natal care including micronutrient supplements (folic acid etc.)	3,100	5,114
Immunisations against infectious diseases and/or Vitamin A to protect eyesight, given to children	4,000	10,954
Traditional Birth Attendants trained and provided with a sterile equipment kit	600	600
Village Mothers' Clubs meeting regularly	900	3,600
Primary school teachers trained to check their students' vision and health	300	281
Children checked by trained teachers	3,000	3,523
Home gardens established to provide families with nutritious fruit and vegetables to eat and the potential to generate income	750	787
Local health workers, rural medical practitioners, NGO workers and community leaders trained to understand and identify needless disability	700	702



## Additional achievements...IMPACT UK's support has also:

» Responded rapidly to devastating flooding in Feni district in August 2024 with an emergency grant which was used by IFB to distribute **2,802** emergency survival packs containing food, water purification tablets, oral saline solution, soap, sanitary pads, and a lighter which helped more than **14,000** people. The grant was also used to run 'pop-up' medical clinics, which tended to **5,680** adults and children.

» Sponsored the training of **4** local students at IFB's Nursing and Midwifery Institute in Meherpur district. In addition, we provided uniforms and study aids for **13** student nurses in particular financial hardship.

» Provided funds from our 'Double the IMPACT' children's healthcare appeal to support additional surgeries and procedures for children including **100** cleft lip repairs, **50** club foot treatments, specialist brain surgery for **30** more very young children with hydrocephalus, and **307** ENT operations. A further **249** children were treated for other potentially disabling conditions.

» Purchased **three** isoflurane anaesthesia machines for use in IFB's hospitals in Chuadanga and Meherpur, and on board the Jibon Tari floating hospital.

» Supported IFB in its work to run the Jibon Mela hospital and community-based primary healthcare project in Meherpur district. **27,129** people have been screened and treated for health conditions, **1,494** people have benefited from operations, **5,647** people have had physiotherapy and/or an assistive device to improve mobility, **1,535** women have received quality pre and postnatal care, **1,324** ultrasounds and **11,588** pathology tests were carried out, **3,124** vaccinations have been administered to protect against communicable diseases, and **1,131** women and children received dietary supplements to boost their health and prevent disabling conditions associated with micronutrient malnutrition.

» Provided **3** families with pairs of geese and **11** families with chickens to help them meet their nutritional requirements. Their eggs provide essential protein in the diet and can also be sold to generate much needed income.

» Provided **5** arsenic filters to households at risk of poisoning from drinking ground water which is naturally contaminated with this toxic chemical element.



**MAY 2024** >> The anaesthesia machines at IFB's three hospital sites were upgraded



**AUGUST 2024** >> Emergency relief following the catastrophic flooding in Feni District



**JANUARY 2025** >> An orthopaedic camp treated 50 children, including this boy pictured with his delighted grandad



**MARCH 2025** >> The finishing touches were made to the Nursing Institute's new academic building



## IMPACT Cambodia

IMPACT Cambodia's (IC) programme focuses on improving health outcomes through a range of targeted initiatives. These include protecting maternal and child health; expanding access to ENT (ear, nose, and throat) screening, treatment, and surgery; enhancing health and hygiene in rural schools; increasing access to safe drinking water; and providing care and advocacy for people affected by leprosy.

The programme is primarily active in the provinces of Ratanakiri and Banteay Meanchey, with additional activities in Phnom Penh and the surrounding Kandal province.

In these target areas, the burden of disease is closely linked to poverty-related conditions such as overcrowding, poor sanitation, malnutrition, and limited education—all of which negatively affect both health and health-seeking behaviours.

Although national efforts have significantly reduced the incidence of leprosy, this success has led to the disease being deprioritised as a public health concern. As a result, awareness of its symptoms and the fact that it is curable has declined, even among healthcare providers. IMPACT Cambodia works to reverse this trend by raising awareness, fighting stigma, and ensuring access to essential drug therapies for those affected.

2024-25 Activities	Target	Achievement
<b>Early identification and treatment</b>		
ENT screening and on the spot treatment (Banteay Meanchey)	300	547
ENT screening and on the spot treatment (Kandal)	300	530
ENT screening and on the spot treatment (Ratanakiri)	300	334
<b>School health programme</b>		
School children ENT screening, on the spot treatment and general hygiene education (Ratanakiri)	450	1,042
School children ENT screening, on the spot treatment and general hygiene education (Kandal)	300	918
<b>Safe water and sanitation</b>		
Water wells for schools (Banteay Meanchey)	1	2
Beneficiaries	300	89
Water wells for schools* (Ratanakiri)	2	0
Beneficiaries*	600	0
Water filters for families – 1 per family (Banteay Meanchey)	10	10
Beneficiaries	60	60
Water filters for schools - 10 per school (Banteay Meanchey)	10	10
Beneficiaries	200	200
Water filters for families – 1 per family (Ratanakiri)	10	10
Beneficiaries	60	10
Water filters for schools – 10 per school (Ratanakiri)	20	20
Beneficiaries	400	713
<b>Leprosy programme**</b>		
People with leprosy supported with medical and social care (Banteay Meanchey)	40	51
Community people benefiting from education about leprosy (Banteay Meanchey)	3,000	1,343
People with leprosy supported with medical and social care (Ratanakiri)	40	0
Community people benefiting from education about leprosy (Ratanakiri)	3,000	0
Water filters provided to people with leprosy	N/A	0



## Additional achievements...IMPACT UK's support has also made possible:

- » Essential training and otoscopes for **36** local health workers and nurses to widen the availability of ear care; taking it back into their work settings within the highly under-developed Ratanakiri Province.
- » The provision of equipment to upgrade the maternity units at Malik Health Centre and Keh Chong Health Centre in Ratanakiri Province to provide a better service to local women and families. Together, these health centres serve a population of almost **15,000** people.
- » **11,961** women benefited from the maternity equipment and upgraded facilities that we funded at Lumphat Health Centre in Ratanakiri Province.
- » Collaboration between an ENT surgical team from IMPACT Nepal and IMPACT Cambodia to screen **1,070** people for ear conditions and conduct **75** operations at Chey Chumneas Hospital and Preah Ang Doung Hospital. During this five-day visit, the highly experienced IMPACT Nepal team also trained local Cambodian surgeons in advanced techniques.
- » Provided **1,437** people with audiological testing to diagnose hearing loss.
- » Purchased a portable laryngoscope for use in rural screening clinics so that people with suspected cancer and other throat conditions do not have to travel to Phnom Penh for further investigation.



**DECEMBER 2024** >> An expert ENT surgical team from IMPACT Nepal visited Cambodia to help clear surgery waiting lists and train local surgeons



**JULY 2024** >> IC's School Health Programme extended its reach to two new schools in Kandal Province



**OCTOBER 2024** >> A busy ENT clinic in Banteay Meanchey Province



**JUNE 2024** >> Distribution of water filters to families in Ratanakiri Province



## The Lake Clinic (TLC)

The Lake Clinic provides vital healthcare to remote and underserved communities on and around Tonlé Sap Lake, Southeast Asia's largest freshwater lake. The lake expands from 1,000 to over 6,000 square miles between dry and rainy seasons, with water depths ranging from 30cm to 16 metres.

Villages consist of floating homes and stilted houses, often hours by boat from the nearest town. These isolated communities face daily challenges, including limited access to food, healthcare, and education. Malnutrition, poverty, and illness rates are higher here than in other parts of Cambodia.

TLC's mobile medical team offers primary and maternal care via floating clinics, adapted homes, schools, and land-based sites when possible. They aim to visit each village monthly, though access is affected by seasonal water levels.

TLC also runs programmes for severely malnourished children and supports mental health and domestic violence prevention, addressing critical needs in these vulnerable communities.

As part of a much wider programme of activities run by TLC, IMPACT UK's support has achieved the following:

2024-25 Activities	Achievement
Particularly malnourished children regularly monitored and supported by the 'Children at Risk' team	1,676
Children checked by the school health team and given toothbrushes, supplements, antiparasitic medicines etc.	728
People screened and treated in primary healthcare clinics	397
People benefiting from the domestic violence prevention and mental wellbeing projects	391



**JULY 2024 >>** Children at Boeng Tonlesap and Dong Stung Sen schools received full check-ups (general and oral health). The team visit these schools every six months



In India, we partner with three trusted local organisations: Impact India Foundation, the PNR Society based in Bhavnagar, Gujarat State; and KEM Hospital Research Centre based in Pune, Maharashtra State.

## Impact India Foundation

Impact India Foundation launched the world's first modern hospital train, the Lifeline Express, in 1991. It travels across India's extensive rail network to deliver free medical care and surgeries to people in remote, underserved areas.

Staying about a month at each stop, the train provides medical screening, surgeries to restore sight, hearing, and mobility, cleft lip repairs, as well as dental care and treatment for chronic diseases, reaching some of India's poorest communities.

This year, we have funded Impact India Foundation to hold two projects, one in Khotkhoti, Assam and the second in Badarpur, Assam. A third project planned for Pakur in Jharkhand in early 2025 had to be postponed for a few months due to unrest which flared up around local elections.



*Impact India Foundation's Lifeline Express hospital train*

2024-25 Activities	Achievement
<b>Impact India Foundation's Lifeline Express:</b>	
Projects made possible by IMPACT UK's support	2
People screened and treated for medical conditions	19,158
Operations to restore sight, hearing or mobility	1,722
Aids and appliances (e.g. spectacles, hearing aids and orthotic devices) supplied	2,955



**AUGUST 2024 >>** Cataract patients waiting for surgery aboard the hospital train in Khotkhoti, Assam



**OCTOBER 2024 >>** Community health screening ahead of the Lifeline Express arriving in Badarpur, Assam

## PNR Society, Bhavnagar District, Gujarat

For over 30 years, IMPACT UK has closely collaborated with the PNR Society, India's largest network for people with disabilities. Through the PNR Hospital, the Society provides free treatment and surgeries for eye, ear, and conditions such as cleft lip and palate to those unable to afford government or private healthcare.

IMPACT UK's support for the PNR Society has this year been invested in operations to restore sight for people with cataracts who would otherwise remain visually impaired and a huge screening and treatment programme targeting children in 826 remote 'tribal' villages of Bhavnagar district. Children are treated by the health team on the spot or provided with surgery to restore sight or hearing, or to repair congenital conditions such as cleft lip/palate and hypospadias.



**NOVEMBER 2024 >>** Dr Wadhwa examines a young candidate for plastic surgery

Additionally, we were able to help PNR Society repair and renovate the Palitana Resource Centre for people with disabilities, thanks to a specific donation.

2024-25 Activities	Achievement
Cataract operations to restore sight	200
Children screened and treated in 826 'tribal' villages	100,270
Operations for children (eye, ENT, cleft lip and palate and hypospadias)	194
Spectacles distributed to children	3,850
Repair and renovation of the Palitana Resource Centre – a community based rehabilitation centre for people with disabilities	✓



## KEM Hospital Research Centre, Pune, Maharashtra

The KEM Hospital Research Centre is part of Pune's largest non-government hospital; a charitable, tertiary level teaching hospital with 550 beds. It serves both urban and rural communities. The Centre conducts scientific research and development projects aimed at improving health outcomes for the local population.

This year we have supported KEMHRC to undertake a project screening and treating children in 26 'tribal' villages and providing surgical interventions to treat reversible medical conditions such as cleft lip/palate and ENT disorders. This can have a transformative effect on children's lives.



2024/25 >> Over 1,000 children have been screened and treated in 26 'tribal' villages

2024-25 Activities	Achievement
Children screened and treated in 26 'tribal' villages	1,036
Cleft lip / palate operations for children	12
ENT operations for children	171



## Nepal

IMPACT Nepal (IN) has been preventing and treating needlessly disabling conditions for more than 30 years, with particular focus on delivering ENT, orthopaedic and maternal healthcare in rural areas. A far-reaching programme of health education on radio and in communities ensures that remoteness need not be a barrier to understanding how to prevent needlessly disabling conditions and how to seek help if a condition has already developed.

IMPACT Nepal runs a Community Ear Care Centre in Birgunj, and Primary Ear Care Centres and community outreach for ear care in 12 districts across the country, providing screening and treatment for hearing impairment – one of the most common disabilities in Nepal – to ensure that people do not live with loss of sound unnecessarily.

Mobile surgical camps to restore hearing and mobility are IMPACT Nepal's flagship project and deliver modern surgery in places where it is not generally available, especially to the most disadvantaged people.

Building on the basic foundations of maternity care provided by the Government, IMPACT Nepal delivers an enhanced service to pregnant women, new mothers and babies in Rautahat. A dedicated centre in Auraiya, built with the support of IMPACT UK, is the primary location for local women to receive ante and post-natal care (including supplements and immunisations) and to deliver their babies. This successful project is now being replicated in Saptari.

Initiatives also cover child survival and wellbeing; menstrual health; safe water and sanitation; ending malnutrition through home gardens, small livestock and supplementary feeding; training local health workers to meet the needs of people in rural villages; and provision of assistive devices such as hearing aids and prostheses to reduce the daily obstacles faced by people with disabling conditions which cannot be cured.



IMPACT Nepal's largest facility, the Community Ear Care Centre in Birgunj



2024-25 Activities	Target	Achievement
Primary health care workers, ear assistants and rehabilitation technicians trained	12	16
Community field workers trained	1	4
Female community health volunteers trained	81	45
Health centres / health posts upgraded	3	3
Adults received screening and treatment services	11,979	26,185
Children aged 0-16 years received screening and treatment services	1,500	19,871
Adults benefited from hearing-restoring surgery through mobile camps or at hospital	1,120	1,376
Children aged 0-16 years benefited from hearing-restoring surgery through mobile camps or at hospital	193	291
Adults benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	18	0
Children aged 6-18 years benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	2	0
Adults received rehabilitation support / physiotherapy	170	1,255
Children aged 0-16 years received rehabilitation support / physiotherapy	235	1,344
People benefited from the provision of assistive devices such as prosthetic limbs	204	518
People benefited from the provision of hearing aids	50	172
Women provided with ante and postnatal care	2,335	9,322
Women motivated to take up immunisation for themselves and their 0-5 year old children	1,825	3,229
Pregnant women / new mothers received iron supplements	2,800	8,941
Pregnant women / new mothers received 30 eggs and 1kg chickpeas	200	200
Children aged 0-5 years received Vitamin A supplements to protect their vision	10,000	17,129
Women received de-worming tablets	1,000	1,854
Children aged 0-5 years received de-worming tablets	10,000	14,618
People reached through a health awareness radio programme	50,000	70,000
People reached through health awareness raising in the community	6,000	7,964
Home gardens established to feed families and reduce malnutrition	2,335	6,750

2024-25 Activities (continued)	Target	Achievement
<b>Far West Ear Care Project:</b>		
Adults screened and treated in mobile clinics	8,400	4,504
Children screened and treated in mobile clinics	11,600	17,389
Adults screened and treated at the Ear Care Centre	2,990	5,623
Children screened and treated at the Ear Care Centre	3,243	7,277
Adults benefited from ear surgery	102	106
Children benefited from ear surgery	6	16
Hearing aids provided	66	59
Diagnostic tests	1,000	2,667
People reached through a radio health awareness programme	11,050	37,000
People reached through a community health awareness programme	17,284	33,664

### Additional achievements...IMPACT UK's support has also:

» Built a new **Birthing Centre** in Mahuwa Village, Chhinnamasta Rural Municipality, Saptari District to support the local vicinity, which is home to almost 35,000 people. There were no female health services in the area prior to IMPACT Nepal's intervention. It is estimated that the Centre will provide 1,300 women with ante and post-natal care and support the safe deliveries of around 245 babies every year. It will also become a hub for community outreach initiatives designed to improve infant and maternal survival rates and prevent people from developing needlessly disabling conditions as a result of pregnancy and childbirth.

» A menstrual hygiene project to raise awareness and educate females aged 11-45 (and their families) in Auraiya. Menstruation remains a taboo subject in Nepal – especially within very rural communities – and the perception that it is somehow 'dirty' means that women can be forced from the home and girls miss school for a few days

every month. This project has provided menstrual hygiene training and sanitary kits to **400** students and upgraded toilet and water facilities in **two** schools to ensure girls can manage their periods safely. **15** Female Community Health Volunteers, who are the first point of contact with the Nepalese health system, have undergone training in how to support people in their villages with menstrual hygiene. **10** Mothers' Clubs have been established with **250** members. **25** women have participated in a one-day training course on how to make their own reusable sanitary pads; this could form the basis of an income generating business for them, too. **100** families have been provided with chickens whose eggs are an important source of protein.

» Purchased an urgently needed project vehicle to replace a well-used, worn-out van. The vehicle takes medical teams and health workers across various terrain to reach remote villages and rural communities.

» Purchased essential items of equipment used in ENT care and surgery for **three** of IMPACT Nepal's Ear Care Centres, located in Attariya, Birgunj and Gaur. More than 70,000 people will benefit from medical screening and treatment using this equipment each year.

» Thanks to our 'Double the IMPACT' Children's Healthcare appeal, IMPACT Nepal has replaced an antiquated paediatric audiometer at Tribhuvan University Teaching Hospital in Kathmandu with a brand-new Children's Piano Plus Visual Reinforcement Audiometer, which enables the accurate testing of very young children's hearing. Funds have also been used to provide general health and ENT screening and treatment to **51,028** children; **153** ENT operations and **20** treatments for club foot.

» Our generous supporters purchased 'gift tokens' for their friends and relatives, which have enabled IMPACT Nepal to provide **10** families in rural communities with a goat to give milk to drink and sell. Helping a family to improve its access to nutrition and extra income every day is a sustainable solution.



**JULY 2024 >>** Mr Gopal Singh is one of the 59 people to be fitted with an IMPACT hearing aid this year



**JANUARY 2025 >>** A much needed upgrade of IMPACT Nepal's project vehicle. Pictured here transporting a new audiometry booth from Kathmandu to Rautahat District



**JANUARY 2025 >>** A new paediatric audiometer was installed in the children's audiology suite at Tribhuvan University Teaching (TUTH) hospital in Kathmandu



**AUGUST 2024 >>** IMPACT Nepal supported Kripa with the skills, seeds and tools to convert her small patch of land into a thriving kitchen garden. It now nourishes her family; boosts their income through the sale of surplus produce; and is inspiring others in her community





Each clinic is led by a female doctor and supported by a team that includes a nurse or midwife along with other healthcare professionals. While the clinics primarily focus on prenatal and postnatal care to support safe pregnancies, childbirth, and infant health, they also provide vital primary healthcare services to the wider community, often serving as the only available medical resource in these under-resourced areas.

IMPACT Pakistan is expanding its programme to provide medical treatment camps in other regions and specialist surgical care for children with conditions such as cleft lip.

2024-25 Activities	Target	Achievement
Women attending antenatal check-ups	3,200	2,895
Women and their babies attending postnatal check-ups	1,280	668
Babies delivered at a Mamta Clinic	860	309
Babies delivered at home assisted by a trained Female Health Volunteer	No more than 60	0
Babies delivered at home with no professional assistance	No target	0
Pregnant women experiencing complications who were referred to a hospital to give birth	No target	13
Men, women and children who benefited from general primary healthcare at the clinics	8,000	8,267
Health education sessions run	22	6
People who attended health education sessions	500	72
Local health workers who underwent continuing professional training to keep their skills up-to-date	64	0

## Additional achievements...IMPACT UK's support has also:

- Provided 5 medical camps in remote areas of Sargohda and Chawaika where there is little access to medical care. 996 people, including 448 children, received care.
- Ensured that 19 children received the surgeries they urgently need, including to repair cleft lip.



**JUNE 2024>>>** IMPACT Pakistan performed surgeries for 19 children from underprivileged, daily-wage families. Patients are carefully selected to ensure support reaches those in greatest need



**JANUARY 2025>>>** IMPACT Pakistan's free medical camp in Chawaika Village served patients—mainly women and children—offering vital care, medicines and health education to this underserved community





## Sri Lanka

The healthcare and wellness clinic we assisted IMPACT Sri Lanka to establish in Weerawila, a coastal district heavily impacted by the 2004 Indian Ocean tsunami, continues to provide an invaluable service to the local community.

The clinic, which is run by a GP and a nurse, is held monthly for three to four days. It screens for and attends to a range of healthcare needs which have the potential to cause needless disability if neglected. From managing chronic non-communicable conditions such as asthma, diabetes, and heart disease to providing prompt care for acute illnesses, the clinic is a vital lifeline for its registered patients in this very rural area, which lacks resources and infrastructure. Each patient is provided with a month's supply of medication to treat their condition at no cost.

IMPACT UK Trustee, Dr Cassie Lawn, accompanied by a group of medical colleagues, took time out from a personal visit to Sri Lanka to visit the clinic. Whilst there, Dr Lawn witnessed the clinic in action and the mobile clinic which it often partners with to provide prosthetic limbs (limb loss as a result of car / train accidents or wildlife interactions – notably elephant – are common), optometry screening and glasses dispensary, and audiology.



**FEBRUARY 2025>>** IMPACT UK trustee, Dr Cassie Lawn, observed IMPACT Sri Lanka's busy clinic in action

**“ The clinic and bus are offering a hugely valuable service to a challenged local population Dr Cassie Lawn (IMPACT UK Trustee)**

### 2024-25 Activities

People receiving primary healthcare at the Weerawila Clinic

### Achievement

1,241



## Kenya

Impact East Africa (IEA) serves the local community in northern Mwingi, a remote and arid region of Kitui County. The area faces significant challenges, including poverty, hunger, and limited access to basic services and water. In such conditions, needless disability is an ever-present risk.



**JANUARY 2025>>** An eye surgical camp at Zombe restored sight to 55 people, some of whom had travelled more than 100km to attend

IEA's project action focuses on eye and ENT care delivery, a school health programme and maternal and child health services.

Separate ENT and eye screening and treatment clinics are held regularly at remote health posts to check eyes and ears, provide 'on-the-spot' medical interventions and refer those in need of operations to restore sight or hearing to a surgical camp organised by IEA at local level IV hospital. This outreach service enables medical officers to reach people who might otherwise find such healthcare inaccessible and therefore live needlessly with a sensory impairment.

The School Health Programme is active in 32 schools in and around Mwingi. IEA provides health training for teachers and students, first aid kits, regular health checks and treatment, and helps schools to plant trees in their grounds. Trees have environmental benefits and give children much-needed shade to escape the strong sun.

Maternal and child healthcare is delivered by IEA's nurse who holds clinics to care for pregnant women, new mothers and new-born babies; providing ante and postnatal monitoring, ensuring vaccinations are up-to-date and providing information on nutrition.

IEA has established Mothers' Clubs as a forum to engage local people in health-improving behaviour and to disseminate information that can help them support their wellbeing. Members are helped to set up small income generating businesses and vegetable growing plots to provide extra household funds and reduce the amount spent on food at the market whilst enhancing family diets. Training particularly focuses on growing in low water and restricted land environments, and how to preserve green leafy vegetables in order to extend the eating window. The Ministry of Agriculture is using this aspect of IEA's work as a model to train community members of Ngengi and Makioni in the creation of domestic 'small farms'.

2024-25 Activities	Target	Achievement
<b>Surgical camps</b>		
Eye surgical camps held	4	4
People benefiting from eye surgical camps	75	178
ENT surgical camps held	1	1
People benefiting from ENT surgical camps	25	25
<b>ENT Clinics</b>		
People screened and treated	1,213	1,342
<b>School Health Programme</b>		
Number of schools benefiting (first aid kits, tree planting, medicines, IEC materials etc.)	32	19
Children screened for ENT and skin conditions	n/a	6,521
Children treated for skin conditions	n/a	2,721
Children treated for ENT conditions	n/a	1,733
Teachers trained as Health Patrons	n/a	42
Students trained as School Health Monitors	n/a	363
Trees planted	666	0*
<b>Maternal and Child Health</b>		
Number of clinics held	48	3
Mothers and children benefiting from clinics	2,400	133**
Mothers and children immunised	1,440	101**
Mothers' Clubs established	2	2
Members of Mothers' Clubs	80	99

\* to be carried out in the next rainy season.

\*\* IEA has had difficulties finding health posts where the Government-employed staff are willing to co-operate without the payment of additional stipends. IEA has found some facilities willing to work with them without additional remuneration however and has approached the Kitui Ministry of Health for help in finding more. We hope to make up for the shortfall over time.

**Additional achievements...** IMPACT UK's support has also:

» Celebrated World Hearing Day on 4<sup>th</sup> March 2025 by conducting a capacity building project at Kauwi sub county hospital during which free ear screening was provided to **190** people and **30** health workers were trained in the early detection of ear infection, ear care, treatment, and referral. IEA hopes this will be a pilot for a project to be rolled out quarterly in various health facilities around the region.

**MARCH 2025 >>** Over a two-day visit to Unyaa Comprehensive School, all 898 students received health check-ups. Many were treated on the spot for eye, ear and skin conditions. Children needing surgery were referred for treatment at IEA's next surgical camp





# Central African Republic, South Sudan, Tanzania & Uganda

Working in close partnership with The Barbara May Foundation, we support surgical repair for women with birth injuries sustained during long and obstructed labours and deliveries. Some of the women treated have lived with pain, incontinence and often ostracism from their families and communities, for decades.



**MARCH 2025 >>** A fistula camp treated 39 women from across Tanzania. One notable case was Eglar's. Kivulini hospital's Social Worker, Grace, made three separate two-day trips to convince Eglar's family she could be cured. Thanks to Grace's persistence, Eglar received treatment and is now fully healed

Birth injuries are a devastating occurrence in remote, rural areas where women do not have access to appropriate medical care, especially in the event of complications during childbirth. However, the enduring taboo means that injured women live with shame and must often be persuaded to seek medical treatment. It is estimated that there are up to 3,000 new cases of obstetric fistula each year in Tanzania alone.

With our support, the renowned Australian surgeon Dr Andrew Browning has travelled to Central African Republic, South Sudan, Tanzania and Uganda in the past year to provide operations to repair women, and to train local surgeons in the repair of complicated cases.

**We support Maternity Africa, the Tanzanian partner of Barbara May Foundation, to provide quality maternity care at its 48-bed hospital in Kivulini, Arusha.**

This hospital supports the very poorest local women to deliver their babies in a safe and fully-equipped medical setting, provides post-partum care, neonatal intensive care for babies born needing specialist care to survive and thrive, and also has an operating theatre for caesarean sections and fistula repair.

A midwife training centre enhances the skills and knowledge of local midwives working in government facilities in order to widen the availability of safe maternity care for even more mothers. Knowing how to manage complications during labour and delivery can significantly reduce the risk of birth injuries and maternal and infant mortality.

Through our fundraising gift tokens, IMPACT UK has also supported local women leaving hospital following childbirth or fistula repair by providing 'care packages' of essential supplies. This helps them to recover and gives their newborns the best chance to thrive.

2024-25 Activities	Achievement
<b>Kivulini Maternity Hospital, Arusha, Tanzania:</b>	
Women supported to have safe deliveries	70
Safe deliveries and aftercare supported to prevent birth injuries, disablement and death	2
Care packages provided to new mothers leaving hospital	1
Fistula operations to repair women injured during childbirth	92
<b>Central African Republic, South Sudan, and Uganda</b>	
Fistula operations to repair women injured during childbirth	308





# Zanzibar

Zanzibar, part of the United Republic of Tanzania, is made up of two main islands, Unguja and Pemba, along with many smaller islands. With around 1.9 million residents and one of Africa's highest population densities, many people face poverty and limited access to healthcare despite the region's popularity as a tourist destination.

IMPACT Zanzibar (IZ) began by providing hearing care at Stone Town's main hospital and IMPACT UK supported the training of its Director, Dr. Naufal Kassim, to become the islands' first ENT surgeon. This eliminated the need for patients to travel to mainland Tanzania for surgery.

Today, IZ delivers a broad range of services, including outreach clinics and surgical camps. It also runs a school health programme, provides clean water, public health campaigns, and a neonatal hearing screening programme to identify babies with impaired hearing and ensure they get the support they need to develop communication and possibly attend the ZOP Academy, an IZ facility which provides specialist education and hearing aids to children with significant hearing loss.



IMPACT Zanzibar's mobile clinic travels to remote areas

2024-25 Activities	Target	Achievement
<b>Mobile Clinics</b>		
Mobile clinics held	13	21
People medically reviewed and provided with on-the-spot treatment or a referral to hospital	3,200	8,825
People benefit from health education	750	13,000
Women have their awareness raised about the early detection of breast cancer	1,500	7,910
Women screened for breast cancer	n/a	1,708
<b>Specialist Outreach Medical Camps</b>		
Specialist outreach medical camps held per year	18	
People medically reviewed and provided with on-the-spot treatment	1,900	776
Operations to reverse a disabling condition	332	589
<b>School Health Programme / Water tanks</b>		
Schools reached by the School Health Programme	75	78
Children screened for signs of needless disability / health conditions	90,200	83,702
Children provided with on-the-spot treatment or medication	9,020	2,690*
Schools benefiting from a reliable source of clean water and improved hygiene	3	3
Children benefiting from school water and improved hygiene	3,600	3,701
<b>Paediatric Hearing Screening and Treatment Programme for the early detection and management of permanent hearing loss</b>		
Neonates screened for hearing impairment and referred as required for ongoing interventions	3,600	3,231
<b>ZOP Academy for Hearing Impaired Children</b>		
Children benefiting from high quality SEN education and learning support	30	29
Children benefiting from hearing aids and medical support	30	41

\* IZ is seeing far fewer children who have health problems requiring treatment than previously, thanks to the success of the school health programme it has been implementing for many years. IMPACT is delighted when our work is no longer needed due to its success in improving health!

## Additional achievements... IMPACT UK's support has also:

» **Funded operations for more children.** Thanks to our 'Double the IMPACT' Children's Healthcare Appeal, IZ was able to run dedicated surgery camps which provided **127** children with ENT operations and **25** boys with surgical repair for hypospadias (a congenital defect of the penis).

» **Provided essential running costs for the ZOP Academy – a specialist school for young children with severe hearing impairment.** 29 children with significant hearing impairment are enrolled at the ZOP Academy, where they learn maths, Swahili, speech, sign language, lip reading, English and more using specially trained teachers. Enrolment in the school provides opportunities for communication and education that hearing-impaired children might otherwise not receive and prepares them for mainstream school or the workplace. The hearing aid technician based at ZOP Academy has conducted hearing assessments and provided **41** fully programmed hearing aids.

» **Funded the training of a paediatric audiologist.** IMPACT Zanzibar's audiologist is training in paediatric audiology to develop the specialist skills needed to diagnose and manage hearing impairments in children.

» **ENT and Eye Mobile Clinic.** IMPACT UK funded the purchase, conversion and equipping of a truck in FY 2023-24 and this is now fully operational and travelling Zanzibar to screen and treat local communities.

» **Installed and equipped facilities for testing hearing and fitting hearing aids at the ZOP Academy for Deaf Children.** A Hearing Aid Verification Machine was bought to make it easy and accurate to fit hearing aids. It helps adjust the hearing aids in real time, so they are more comfortable and work better for each person. The system used, called Aurical FreeFit, is a modern tool that allows quick and accurate changes, helping people get the best results from their hearing aids. To make sure the machine works accurately, a soundproof booth was built to house it. This blocks out background noise and creates a quiet space for testing. With less interference, the hearing aids can be adjusted more precisely, making sure they work well for the person using them. A diathermy machine was also purchased for use during surgeries.



**APRIL 2024 >>** A busy mobile clinic



**AUGUST 2024 >>** Mohammed was treated by the School Health Monitoring team for a severe ear infection. After treatment, his hearing has improved



**JANUARY 2025 >>** Eight new students were enrolled at the ZOP Academy for Deaf Children



**2024/25 >>** Three schools benefited from a reliable source of clean water and improved hygiene





# United Kingdom

**Double the size and double the IMPACT!** Over the last year and with the huge boost of a second UK Programme Coordinator, IMPACT's Tasty Team has doubled in size and doubled its IMPACT in our local community and beyond, reaching double the number of children, teens, families, individuals at risk and community groups with cooking and nutrition support. This is timely as the cost of living is still biting hard and with the fallout from political and economic instability, the need for more and more people to learn how to prepare simple, cheap, energy efficient and above all nutritious meals from scratch has perhaps never been greater.

Inadequate diets and over reliance on Ultra Processed Foods (UPF), together with obesity, are now among the leading causes of disease such as cancer (particularly of the bowel), heart disease, type 2 diabetes, blood pressure, irritable bowel disease and even dementia. Needlessly disabling conditions result from this burden of disease (e.g. following a stroke); impacting people's lives and creating on-going costs for the NHS.

Throughout the last year we have worked in collaboration with schools, local community groups, Community Pantries and Foodbanks and charities, all of whom know first-hand those who most need our support. Our cooking sessions have spanned the generations from Tasty Sessions in primary schools, parent, youth and child cooking skills courses, cooking with single mothers and previously homeless people in supported housing - giving them the skills and confidence to cook healthy cheap meals for themselves and their families as they prepare to move to independent living. As the increasing cost of living presents greater challenges for everyone, single parents and carers, families and the elderly struggling on tight budgets, we focus on using nutritious low-cost ingredients, batch cooking and cheaper methods of cooking including air fryers and slow cookers. We have also run several demonstrations and cooking sessions with energy efficient air fryers and slow cookers for Age UK and for Foodbank users.

Our group 'Chop and Chat' cooking sessions in collaboration with the local mental health charity Hope and Sussex charity Family Support Work in Haywards Heath have been so popular that we are now running similar twice termly sessions at their drop-in centres in Burgess Hill and Hurstpierpoint. Cooking together can reduce social isolation and making dietary changes to reduce reliance on ultra-processed food boosts health and mental wellbeing. Our initial work supporting male carers, most with a wife or mother with dementia, was so successful that we are now running regular cooking skills courses for male carers in collaboration with Carers' Support Burgess Hill. Our volunteers find these sessions particularly rewarding as the carers gain confidence in cooking quick, easy, and healthy home-made meals for themselves and those they care for.

Over the past year, our work in Crawley with the Russell Martin Foundation has expanded hugely. This innovative 'Extra Time Project' is a respite for pupils aged 11-14 and 14-16 who find themselves falling into negative routines at school and are on the fringes of being excluded. Our twice weekly cooking sessions during termtime at their Crawley centre build and develop their cooking skills week on week as they prepare healthy meals which they enjoy together and take home for their families, giving them a real sense of achievement and pride.

It is increasingly apparent that the rising cost of living is having an impact on people's health. People with least financial resilience are affected the most but increasing numbers of people who were previously 'just about managing' now need support. To this end we are now working with Foodbanks and Community Pantries across mid Sussex; we have run a succession of cooking skills courses at the Burgess Hill Pantry for invited Pantry

**“ The course was so helpful. We learned lots of new skills. We have already tried lots of new recipes out at home. We enjoyed the in-person experience most**  
Community Pantry member and young daughter



**SEPTEMBER 2024 >>** Burgess Hill  
Pantry cooking skills session



members and in the last few months have initiated a monthly cooking skills project in East Grinstead for Foodbank members.

None of these worthwhile projects can run without a team of dedicated and passionate volunteers to whom we are so grateful. We are now supported by 14 volunteers across Mid Sussex and Crawley, which now ranks as the most deprived (overall) area in West Sussex.  
**Rosie Wiltshire, UK Programme Co-ordinator**

2024-2025 Activities	Number of Sessions	Beneficiaries
Tasty Sessions in primary schools to introduce healthy foods	23	736
Warden Park Parent/Child Cooking Sessions with adults and children to develop the cooking skills and nutritional awareness of people in need of extra support	9	72
One-to-one cookery training sessions	6	7
Supported living cooking sessions for young mums and previously homeless people	34	96
Extra Time Project youth cooking sessions	47	321
Chop and Chat cooking for mental health and families requiring support	14	120
Burgess Hill Pantry sessions for Foodbank users	11	57
Cooking sessions for male carers	3	20
Demos, Tastings and Talks to charities	4	124
Cookery Leader and Volunteer training sessions	4	41
<b>TOTAL</b>		<b>1,594</b>



**MARCH 2025 >>** Cooking session for male carers in conjunction with the Carers' Support network



**MARCH 2025 >>** Tasty Team volunteers undergo certified First Aid instruction



**JUNE 2024 >>** Growing plots engage children and reinforce the link between nutrition and health



## » Advocacy & Networking

IMPACT works at the national and international level in partnership with many other governmental and civil society organisations, with charities, the corporate sector and with community service organisations such as Rotary, Inner Wheel and Lions. We are members of the Fundraising Regulator, and four staff are members of the Chartered Institute of Fundraising; both organisations are designed to promote ethical standards and good practice in fundraising. Our Finance Manager is a member of the Association of Accounting Technicians (AAT).

Our philosophy is shared with our many partners around the world through the International Federation of IMPACT Organisations and in practice through our working culture. An IFIO conference will be held in the UK 27<sup>th</sup>-29<sup>th</sup> May 2025 and will welcome partners from 11 countries (including the UK) to reaffirm our collective mission and share learning and best practice.

We encourage our local partners (which are autonomous organisations in their own countries) to work with other NGOs and to collaborate with relevant stakeholders to influence policy on a local and national scale. Individuals from IMPACT Foundations are often asked to speak at professional conferences and to share ideas and practices more widely within their networks.

However, it is at the grass-roots level that our advocacy work makes the most impact by working with often very marginalised communities to share knowledge and skills, so that people can make informed decisions about their own health and take steps to minimise their – and their family's – risk of needless disability. In turn, they become our best advocates by sharing learning with their neighbours and spreading the word about IMPACT so those who need us can make use of our services.

## » Accessibility

IMPACT is committed to equality and the creation of a barrier-free environment for all in accordance with British legislation (the Human Rights Act 1998, the Equality Act 2010) and international treaty obligations (the UN Convention on the Rights of Persons with Disabilities). We welcomed the extended provisions relating to disability in the Equality Act 2010.

Accessibility for everyone is the keystone of IMPACT's international programme of action. By preventing and treating needlessly disabling conditions and providing assistive devices such as hearing aids, spectacles and prosthetic limbs to overcome physical barriers, obstacles to training, education and employment are also removed. Our projects also directly seek to overcome other barriers to accessing health and medical care, for example, poverty, geographical remoteness and difficulty accessing information. While we always seek to benefit those most in need, there are no restrictions on who may benefit from IMPACT's work and discrimination against people with protected characteristics is never practiced nor tolerated in any part of our programme in any part of the world.

Recognising that there is no 'one size fits all' when it comes to accessibility and that people with different disabling conditions require different solutions, we make best efforts to accommodate everyone within the physical constraints of our small office, regardless of needs. IMPACT UK's website has been carefully designed to be accessible. Please see [www.IMPACT.org.uk/accessibility](http://www.IMPACT.org.uk/accessibility) for further details.

Disability is a human rights issue. The 17 'Sustainable Development Goals' (SDGs) to be achieved by 2030 were adopted in September 2015 to shape the post-Millennium Development Goals (MDGs 2000-2015) international development framework. People with disabilities are specifically referenced in five of the SDGs which is an important milestone, since disability was conspicuous by its absence in the MDGs.

## » Training and capacity building for community-led development

IMPACT places a strong emphasis on the transformative power of education and training in fostering sustainable, positive change. We prioritise skill development and awareness-building so that people and grassroots organisations in our project areas can address the challenges confronting families and communities.

For instance, we provide funding for training and equipping health workers to cater for women's healthcare needs during pregnancy, childbirth, and the postnatal period, particularly in areas where access to healthcare facilities may be limited by long distances and poor road conditions and women's wellbeing may be of low priority. This initiative plays a crucial role in ensuring the safety of both mothers and babies during a period of heightened vulnerability.

Additionally, we collaborate with local partners to train volunteers in various health and nutrition-related roles; teachers to monitor their students' health and report warning signs of needless disability to IMPACT's teams; and medical professionals such as midwives, nurses, surgeons, and audiologists. This year, 1,851 individuals have participated in training programmes, all of whom are local people making significant contributions to their respective communities.

Raising awareness about health issues is paramount in enabling individuals to take proactive measures to prevent needless disabilities. Through our international programme, we engage with both adults and children, with a total of 314,579 participants this year alone, equipping them with valuable information and skills. For example, communicating knowledge about the correlation between diet and health, coupled with support for growing fruit and vegetables, offers a simple, cost-effective, and enduring solution to improving family diets and preventing nutrition-related ailments such as Vitamin A deficiency, a leading cause of childhood blindness globally.

IMPACT is committed to community-led development. Through the widespread sharing of knowledge and skills, marginalised communities are supported to effect sustainable improvements in their own lives and the lives of others.

## » Safeguarding

IMPACT UK takes the safeguarding of children and vulnerable adults extremely seriously. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and the requirements of the Charity Commission. Our policies are regularly reviewed by IMPACT UK's senior management team and board of Trustees. Every member of IMPACT UK staff regularly undergoes a Disclosure and Barring Service (DBS) check, and we have 'whistleblowing' structures in place, should these be needed by staff or volunteers. We have a dedicated and trained Trustee Lead for Safeguarding and a Staff Lead for Safeguarding. We will be working with our overseas partners at our IFIO conference in May 2025, on the possibility of adopting a Global Code of Conduct which, whilst recognising cultural sensitivities, would underline the paramount importance of safeguarding in our shared programme of action and guide those responsible for programme delivery.

Here in the UK, our Tasty Team project works in primary schools and with vulnerable adults and children in our local community. Each of our volunteers is carefully vetted, undergoes a Disclosure and Barring Service check, receives full training and careful monitoring, and signs up to relevant documents including Child Protection policy and procedure; Code of Behaviour for Working with Children and Vulnerable Adults; Lone Worker and Lone Volunteer policy and procedure; Safeguarding Adults policy and our general Volunteer policy. They are regularly reminded of their responsibilities under these codes and re-trained regularly.

We must also protect the people who give their time and skills to work for us. The Lone Worker Policy contains a protocol for any volunteer to call for help, should they feel in danger, and staff are regularly reminded of this protocol and how to respond. However, we minimise lone working wherever possible in order to protect our volunteers and beneficiaries and urge volunteers never to run a session if they arrive to find they are the only adult or responsible person.

Our partners overseas are all autonomous organisations, but we share safeguarding policies and best practice with them and strongly encourage them to ensure they have policies and practices in place to comply with safeguarding rules in their own country.





# Looking to the future

We have ambitious plans for the future of IMPACT's programme, all of which would support our aim to prevent and treat causes of needless disability. If resources become available, next year we plan to:

- » Ensure health workers can reach people in need of health and medical care through the provision of appropriate transport, such as motorbikes. This will ensure that people in hard-to-reach places are not excluded.
- » Increase access to safe water and sanitation in schools, as the bedrock of improved hygiene and infection control.
- » Build the infrastructure, and capacity, of more health posts and hospitals that are relied on by people in rural areas, but which often lack resources, trained staff, and equipment to provide an adequate service.
- » Support our partners' efforts to reach more underserved adults and children in hard-to-reach areas by 'taking the hospital to the people' using mobile hospitals and healthcare teams
- » Fund another visit of the IMPACT Nepal surgical team to IMPACT Cambodia to conduct ENT operations and the training of local surgeons
- » Increase the number of eye screenings and operations in Kenya by supporting IEA's essential eye care services.
- » Support IMPACT Nepal to improve maternal health through a programme of outreach activities in Saptari, with the new birthing centre at its heart.
- » Expand the reach of the Tasty Team nutrition programme in mid-Sussex through new initiatives such as the pilot 'Grow, Cook, Eat' project which will take vegetable growing and cooking into primary schools to enhance delivery of the national curriculum; cooking sessions for users of local Foodbanks to ensure they can make best use of the produce they collect; and working with young people who are close to being excluded from mainstream school to learn cooking skills which culminates in sharing together the lunch that they make at the session. This not only confers skills for life, but also builds empathy, kindness, confidence and self-esteem.
- » Respond quickly and effectively to emergencies in our project areas to guard the health and wellbeing of affected people, should they arise

To achieve the above, we will strive to:

- » Secure funds (particularly unrestricted), which will enable us to expand our programme to meet needs identified by our partners in response to the context in which they work, and our own in the UK.
- » Work with partners to develop and implement projects, monitor and evaluate them and share learning, and encourage innovation in delivery – particularly making use of new technologies

And much more as opportunities arise.



**APRIL 2025+ >>** It is estimated that IMPACT Nepal's newly built Birthing Centre in Saptari will provide 1,300 women with ante and post-natal care and support the safe deliveries of around 245 babies over the coming year



# Financial review and policies

**We generated incoming resources of £2,219,638** (down 2.8% on last year)

- **Legacies: £227,995** (up 8.4% on last year)
- **Gift Aided donations: £158,647** (down 26.8% on last year)
- **Donations not eligible for Gift Aid: £1,764,283** (down 1% on last year)
- **We expended £1,838,079** (down 9.7% on last year)

## Fundraising – how we raise funds

This year, IMPACT UK's total income reached £2,219,638, with £42,213 coming from investment income. The remainder (98%) was raised through voluntary contributions, including legacies. We are profoundly grateful to all those who have chosen to support IMPACT and place their trust in our work.

We do not hold any contracts to deliver government-funded projects, however we do sometimes receive small grants from our local Council to help with the cost of running our Tasty Team nutrition project in Mid Sussex.

Despite having a modest fundraising operation, our approach is lean and strategic which enables us to generate impressive income with limited resources. For every £1 we spent on fundraising in 2024–25, we generated £18.57 in voluntary income, a slight decrease from £20.56 the previous year but still far greater than the average return for UK charities with incomes over £1 million, which is £5.52 per £1 spent on fundraising (LarkOwl, 2025 benchmarking study).

We focus on fundraising methods that offer maximum return on our limited financial and human resources and do not engage in costly cold mailings or street fundraising, which can take years to recoup their costs. Events also tend to require the input of significant time and effort to organise and therefore we rarely organise them ourselves, though we are always grateful when supporters do.

Instead, our approach is built on cultivating long-term relationships with individual donors, charitable trusts, and community service organisations. We also make the most of free opportunities, such as BBC charity appeal broadcasts, to reach new and wider audiences.

Our letters, brochures, and reports are created in-house with care and designed to show the direct impact of supporters' gifts. We make it a priority to thank donors and report back on how their contribution has helped, whether for a specific project or our wider international programme. Many of our supporters have been with us for decades and we hope they understand that they are essential to the success of our shared goal to prevent and treat needless disability.

Legacy income, though unpredictable by nature, plays a vital role in our work. In 2024–25, we received £227,995 in legacy gifts (compared to £210,271 in 2023–24). Most bequests are unrestricted, and we invest them carefully in recognition of the special thought that a supporter puts into leaving a legacy to us. We have spent time this year creating a new legacy information leaflet and sharing it with supporters and relevant businesses such as solicitors and wealth advisors in the hope that more people will remember IMPACT in their wills.

Social media continues to be an important, cost-free channel for raising awareness and funds. In keeping with our longstanding policy not to use supporters' donations on expensive advertising, platforms like Facebook and X (formerly Twitter) allow us to communicate widely without financial outlay.

We are committed to the highest standards in our fundraising practices. Our Fundraising Policy and Procedure outlines our promise to ensure all fundraising is legal, ethical, transparent, and respectful. This policy covers legal compliance, donor care, handling restricted gifts, supporting vulnerable people, and managing complaints.

Our online 'shop' also contributes to our fundraising. It offers IMPACT-branded merchandise, Christmas cards, and charitable gift tokens, such as sight-restoring surgery or livestock for families at risk of malnutrition. Proceeds

from these restricted gifts are used exactly as described. Sales of merchandise and cards support the areas of greatest need across our programmes.

## Adhering to good fundraising practice

IMPACT operates under the oversight and regulation of the Fundraising Regulator, an independent non-governmental organisation dedicated to upholding standards and public confidence in fundraising activities across England, Wales, and Northern Ireland. This regulatory body offers guidance and a Code of Conduct for charities, serving as an impartial investigator and mediator in cases where fundraising-related disputes cannot be resolved directly between the charity and the complainant. We are aware of the updated Fundraising Regulator's Code of Conduct which comes into effect in November 2025, and will ensure that we are fully compliant with it.

Four members of IMPACT's team hold individual memberships with the Chartered Institute of Fundraising, having successfully completed the Institute's professional qualification in fundraising management. CloF members are bound to adhere to its codes of conduct and best practices.

In compliance with regulatory requirements, we maintain a comprehensive log to document any complaints concerning our fundraising initiatives. Additionally, we receive weekly summaries of complaints filed directly with the Fundraising Regulator. We have received no complaints this year and only one request via the Regulator to remove someone from our mailing list, which is a testament to our meticulous and considered approach. We carefully target our appeals, contacting only individuals and organisations we believe are genuinely interested in supporting our cause. We respect supporters' contact preferences, promptly honouring requests for no further communication. Our approach has led to a dedicated base of long-standing supporters who buy-in to our mission and, we hope, feel themselves to be essential partners in a shared endeavour. We have established a robust Complaints Handling Policy to address any grievances effectively.

Recognising the importance of safeguarding personal data entrusted to us by supporters, IMPACT is deeply committed to data protection. We remain vigilant in adhering to relevant regulations, including the General Data Protection Regulation (GDPR). All personal data is carefully recorded in an industry-leading database, securely stored on its protected servers with multi-factor authentication needed to access records. Hard copy data is similarly secured in locked filing cabinets within our office, and when no longer necessary, is shredded.

Our Data Protection/Confidentiality and Fundraising policies formalise the best practices we employ daily, subject to annual review by both Council and staff. Furthermore, our Whistleblowing policy provides a structured framework for staff and volunteers to raise concerns, while our policy on Foreign Income ensures rigorous due diligence to mitigate the risk of money laundering.

## Supporting others to raise funds for our work

We are enormously grateful to volunteers who raise money in numerous ways, including sponsored events or by asking for donations to IMPACT to mark life events such as marriages or when saying goodbye to loved ones at funerals. Our friendly team is always happy to provide support so please do get in touch.

The Sussex-based IMPACT Luncheon Club is a well-established and fun group of like-minded people who meet monthly to share a meal and listen to a speaker, whilst also raising essential funds for IMPACT's programme of action. Profit this year has totalled £25,250 (£27,243 in FY 2023-24). If you would like to set up a similar group in your area, we would be delighted to advise.

Our sincere thanks also go out to the many community service organisations that support IMPACT. Sir John Wilson, founder of the IMPACT movement, was a Rotarian and we are immensely proud that Rotary Clubs in Great Britain and Ireland have chosen to raise vital funds for our project work for more than three decades. Sir John, and current IMPACT trustee Judi Stagg, were both awarded the Paul Harris Fellowship Recognition Award for their work in furthering better understanding and friendly relations among peoples of the world.

Rotary clubs' generous gifts totalled £1,250 this year (FY 2023-24 £9,151).



We work with people fundraising on our behalf to ensure they are also adhering to good practice in fundraising, data protection, and safeguarding vulnerable people in the same careful way our small team in Haywards Heath does.

## Protecting vulnerable people

As described above in the section ‘Safeguarding’ on page 31, we are mindful of the need to protect vulnerable people who participate in our projects as beneficiaries, along with the staff and volunteers who deliver them.

However, vulnerable people must also be protected as part of good fundraising practice. Our high standards and good practice in fundraising generally also protects vulnerable people. For example, we never exert pressure on people to donate and our contact is only with people who have come to us, rather than been contacted ‘cold’. We respect requests not to be contacted whether they come from the individual or someone acting on their behalf, and because all gifts are processed by our small team, we know many donors personally and are alert to gifts which might appear unusual. Any suspicions must be reported to the Co-CEOs for further investigation and they will refer to the Board of Trustees to consider the information and make a final decision on how to proceed. While investigations are being conducted, the funds are ring-fenced and unspent in case they need to be returned. Our complaints procedure and membership of regulatory bodies provide a fall-back for vulnerable people, or those acting for them, in respect of IMPACT’s fundraising.

## Income, investments and expenditure

Income of £2,219,638 is slightly below the previous financial year (2023-24: £2,283,797) but once again far in excess of our yearly target of £1.5 million. We extend our unwavering appreciation to the many people who generously supported IMPACT this year. Nothing could be achieved without the voluntary income we receive. Restricted gifts directly support projects and are always ringfenced for the intended purpose. Unrestricted gifts enable us to meet urgent needs as they arise or pay for essential costs.

We have once again supported our local partners with capacity building grants, such as for a replacement project vehicle for IMPACT Nepal, and equipment for healthcare facilities in Bangladesh, Cambodia, Nepal and elsewhere. These investments make a long-term contribution to partners’ ability to carry out their programmes of action and deliver quality services.

Expenditure on our core goal of ‘taking the hospital to the people’ through IMPACT Foundation Bangladesh’s Jibon Tari floating hospital and projects of Impact India Foundation’s Lifeline Express hospital train helps to ensure that people in remote areas do not miss out on the surgery and medical treatment they urgently need to prevent a lifetime of needless disability. We are delighted to have reinvigorated our support for IMPACT Sri Lanka’s clinic in rural Weerawila and held an emergency appeal to provide IMPACT Foundation Bangladesh with financial resources to support people in the east of the country who were hit by devastating flooding in August 2024. This was used to provide survival packs of food, water and hygiene items and to dispense medical care through ‘pop-up’ clinics.

The Board of Trustees provides prior approval for project expenditure, either through the three-year MOUs we hold with several long-standing partners which help to pay for project and running costs, or on a project-by-project basis.

Cost-efficiency is central to everything we do so that we can invest the maximum in our project work. Once again this year we have met our targeted 90% of expenditure on direct charitable activities – 90 pence in every £1 spent was used for this purpose; 6 pence was spent on generating more income (fundraising); and 4 pence was spent on administration and governance. Efficient management ensures we use funds wisely, and we want supporters to trust their gifts make a real impact.

Our investment policy is set out in Note 5 of the Notes to the Accounts, below. Generating returns with very low risk underpins the decisions made by the Council’s Investment Sub-Committee. This year, investment income was £42,213, an increase of 10.6% on the previous year (FY 2023-24 £38,164).

Balances on restricted and designated funds (notes 19 and 20 in the accounts) show that commitments are made towards future programme expenditure. We frequently pledge funding for up to three years so that our local

partners can plan their work and avoid letting down the people who rely on the healthcare they deliver. Projects often take more than one year from receipt of funding to implement and are rarely completed within a single financial year, and funds are sent in tranches against the receipt of satisfactory reports or milestones reached.

We actively fundraise and explore new sources of income to meet any shortfall on specific projects and if restricted funds are subsequently raised and received, designated funds are released to be used elsewhere. We are making efforts to increase the amount of unrestricted funding we raise as this provides us with the greatest flexibility in delivering our public benefit. Balances are held by the Foundation on interest-bearing deposit until and whilst the project is implemented.

Rigorous financial controls are in place and our cash position remains healthy.

We expended £1,838,079 in total this year (2023-24 £2,036,180) and the breakdown of charitable activity funds spent by country (excluding support costs) is shown in the table.

Location	Amount expended on charitable activities (£)	Proportion of charitable activity expenditure (less support costs) 2024-25	Proportion of charitable activity expenditure (less support costs) 2023-24
Bangladesh	£449,408	30.6%	22.7%
Cambodia	£128,106	8.7%	7.7%
India	£367,011	25%	35.2%
Kenya	£40,484	2.8%	4.3%
Nepal	£216,662	14.8%	14.5%
Pakistan	£19,080	1.3%	1.5%
Sri Lanka	£11,000	0.8%	0%
Africa (other)	£60,551	4.1%	3.4%
Zanzibar	£160,876	11%	9.5%
The UK (nutrition project)	£8,278	0.6%	1.2%
Other international	£6,169	0.4%	0%

Each partner we collaborate with operates autonomously and independently from IMPACT UK, maintaining their own audited accounts. We promote self-reliance among our partners, with many of our larger and more established collaborators securing substantial funding from sources other than IMPACT UK. This approach reinforces our relationships as equal partners and allows us to allocate funds to pilot new projects and engage with new partners.

Our partners raise money from a variety of sources including local and international charitable trusts and individuals. Income is also generated from the provision of medical services to people who can afford to pay, from renting out premises or spare operating theatre capacity, or speaking engagements.

IMPACT UK is incredibly fortunate that in the 1990s, a local charitable trust enabled us to purchase the building which still houses our small office. We have felt the benefit of no mortgage or rent costs ever since and this really helps us to keep essential running costs to a minimum.

It will be seen from the Balance Sheet that all our investments are represented by cash and short-term deposits. The balance on unrestricted, non-designated reserves is £202,591.



## Structure, governance & management

### Organisational structure

The IMPACT Foundation is a registered charity (number 290992, July 1985) and a public benefit company without share capital limited by guarantee (number 1878297). The Foundation is organised under the direction of its

governing body, which is the Council of not less than 12 but no more than 20 Trustees who, for the purposes of company law, are also Directors of the Company. They are responsible for determining the policies and strategic direction of the IMPACT Foundation but, as there is no share capital, the Trustees have no interest in the IMPACT Foundation as defined by the Companies Act 2006.

The IMPACT Foundation operates in accordance with its constitutional mandate, the Articles of Association, and subject to relevant legislation. We are aware of the Directors' duties under the Companies Act 2006. The Council of Trustees comprises people with relevant skills and experience, including the medicine, accounting and law.

## Trustees and their responsibilities

The Trustees hold meetings at least three times per year to review detailed financial and progress reports and discuss new project proposals, strategy etc. The Trustees delegate the IMPACT Foundation's day-to-day operations to the Co-CEOs. Other meetings by sub-committees and task forces appointed for specific purposes take place on a regular basis. For example, an Human Resources Committee is delegated to consider human resource issues, policies and remuneration and an Investment Committee to consider investments. Recognising the need to keep up with the raft of new regulations and employment legislation, the Trustees retain the services of a Human Resources Consultant. All staff and members of the Advisory Council are invited to attend, and participate in, Trustees' meetings.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). They prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company; of the incoming resources; and of the application of resources, including the income and expenditure of the charitable company, for that period.

In preparing those accounts the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the Trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the Trustees have taken all appropriate steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

### **The Board of Trustees' other responsibilities include:**

- Setting policy and overseeing strategic direction
- Complying with relevant laws and regulations
- Ensuring that charitable objects are met
- Promoting the IMPACT Foundation's reputation, values and integrity
- Taking appropriate care and advice when investing money
- Making sure charitable funds and assets are used to further IMPACT Foundation's charitable aims and fulfil its public benefit duty



Trustees are asked each year at the beginning of a meeting to declare any conflicts of interest. A policy is in place to manage any conflicts which might arise.

Trustees serving during this period are listed on page 2. Trustees have no financial interest in the IMPACT Foundation and receive no remuneration for their services. Our Governance costs this year were £15,259 (£15,555 in FY 2023-24).

## Recruitment and appointment of Trustees

The appointment of Trustees is conducted in line with the IMPACT Foundation's Articles of Association. Trustees collectively have the power to appoint any person to be a Trustee but the Board of Trustees must consist of not less than 12 and not more than 20 people. The skills mix and diversity of the Board of Trustees is also considered. As set out in the Articles of Association, from the 1<sup>st</sup> January 2022, a Trustee may serve for a maximum term of three years and is then eligible for re-election. A Trustee may serve no more than three consecutive three year terms, although may be appointed anew after an interval of at least six months.

Policies apply for the recruitment, selection, induction and training of Trustees and members of staff, all of whom have agreed job descriptions.

We recognise the importance of providing new Trustees with sufficient information to equip them to become effective members of Council. All new Trustees receive a comprehensive induction pack of background material. They are invited to spend time with the staff team and visit project activities. Fellow Trustees are invited by the Chair to act as mentors to new Trustees. Prospective new Trustees may be invited to first become members of the Advisory Council, which has no powers, in order to gain a better understanding of the Foundation.

## Advisory Council

The Advisory Council is made up of people with an interest in the Foundation and its work, and with relevant skills and experience on which the Board and staff may draw. Members do not have voting or decision-making rights but are encouraged to attend meetings and participate fully in discussions. It is a valuable resource and repository of knowledge.

A full list of Advisory Council members can be found at the start of this report. We are grateful to every one of them for their interest in, and support for, IMPACT's work.

## Strategic review

A special meeting of Council, Advisory Council and staff took place on 29<sup>th</sup> November 2023 to consider the Foundation's strategic direction for the next five years and the resulting strategy was formally adopted at the 129<sup>th</sup> meeting of Council on 14<sup>th</sup> March 2024.

The strategy for 2024-2029 reaffirms IMPACT Foundation UK's objects (*"To promote activities for the prevention of disablement and for the cure, mitigation and relief of disabling conditions" "which will be carried out throughout the world for the public benefit"*) and our six priorities for action:

- **Early identification, treatment and rehabilitation** – identifying and treating potentially disabling conditions before they cause irreparable damage
- **Accessible surgery** – making surgery accessible for people who need operations to restore their sight, hearing or mobility or, for example, to repair cleft lip or birth injuries
- **Ending malnutrition** – implementing programmes to combat malnutrition which causes physical or mental impairment and compromises immunity
- **Safer motherhood and child survival** – ensuring women and babies are healthy during pregnancy, birth, the first few weeks of life and through infancy
- **Water and sanitation** – improving access to safe water and sanitation to stop the spread of waterborne diseases
- **Health education and training** – empowering people with skills and knowledge to improve health and widening access to primary care such as immunisation

In addition to the wider issue of poverty alleviation, the strategy added the need to consider and respond to climate change, conflict, refugee and mental health challenges when designing and implementing projects.

The strategy identified five overarching goals and tasks, each with their own sub-goals which are précised below:

- 1) **Programme Development** – supporting partner-led projects; develop a new ‘flagship’ project; and to expand action in the UK.
- 2) **Partnerships** – encouraging the self-sufficiency of existing local partners; and exploring opportunities to work with new partners.
- 3) **Financial Resources and Fundraising** – maintain our emphasis on value, cost-effectiveness and low administrative costs; project funding to be 90% plus of expenditure; employ our fundraising strategy to increase income year on year; endeavour to increase unrestricted income to fuel growth.
- 4) **Human Resources** – focus on succession planning for the board of Trustees to ensure diversity and experience and that it remains fit for the future; support the staff’s wellbeing and development; recruit new volunteers for our UK project.
- 5) **Communication and Advocacy** – continue to ‘campaign the cause’ to promote awareness of the need for our work and what we do; and ensure that our priorities remain relevant.

Progress towards meeting the aims of the strategy is regularly reviewed.

## Employees

The staff team is small yet effective, comprising eight employees (three full-time and five part-time).

The team is led by the Co-CEOs who implement the strategic vision of the Board of Trustees and have responsibility for the day-to-day running of the charity. The Co-CEOs are supported by the Finance Manager, Fundraising Manager, Office Manager, Development Manager and two UK Programme Co-ordinators. All employees have ready access to the Employee Handbook and policies, which are reviewed and approved annually by the Human Resources Sub-Committee, delegated various responsibilities by the wider Board of Trustees (Directors), with input from an external Human Resources consultant.

## Volunteers

Volunteers are vital to the success of our work, helping us maximise the impact of our limited financial resources and significantly expand the reach of our programmes. Together, we are making strides toward our goal of ending preventable disability.

In the UK, the ‘Tasty Team’ – a group of committed volunteers from the Mid Sussex area led by IMPACT’s two Project Co-ordinators - plays a key role in our efforts. This year, 14 enthusiastic individuals have donated their time and talents to support participants learning essential cooking skills and gaining practical knowledge about nutrition, always with a focus on affordability. Their involvement has made a real, positive difference in the lives of those we serve.



**ZANZIBAR** Up to 50 dedicated volunteers – including medics, drivers, pharmacists and cooks– make each mobile camp possible. Pictured [here](#), the team travels to the remote Kokota Island to deliver essential medical services

## Relationships with partners

We support long-standing and trusted partner organisations in Africa and Asia to deliver a wide programme of action. IMPACTs Norway and Switzerland, like IMPACT UK, generate income to fund project work. We all share the aim of a world free from needless disability.

When IMPACT was established in the 1980s, the organisation was set up as a coalition of equal partners; each led and staffed by local people who initiate and drive the work in their country. Sir John Wilson, IMPACT’s visionary

founder, was almost unique at the time in understanding that local people know best what is needed and how to meet those needs, therefore the role of the UK Foundation should be to support them to do what they do best.

Our international partners are autonomous, registered not-for-profit organisations adhering to laws and regulations in their own country, and whose accounts are independently audited. Most of them are IMPACT Foundations although we do work closely with other organisations where we share aims and a long-standing relationship, and where it is more efficacious to partner with them than to set up an IMPACT Foundation which would duplicate effort.

The International Federation of IMPACT Organisations (IFIO) is an informal umbrella organisation which meets every few years to exchange good practice and ideas, discover opportunities for partners in different countries to work together, reaffirm our shared mission and ensure our priorities for action are still relevant. The 10<sup>th</sup> IFIO meeting will be held in May 2025, and for the first time in the UK to coincide with IMPACT UK's 40<sup>th</sup> anniversary.

## Data protection

We follow the law as set out currently in the Data Protection Act 2018, which is the UK's implementation of the General Data Protection Regulation (GDPR). From the organisation's inception it has been our policy to never sell or exchange names and addresses with other organisations, or to disclose such data to a third party. We use an industry-leading database to store data safely. Confidentiality agreements and normal security procedures are in place for Trustees, staff, volunteers and third parties with which we work from time to time. We review our Data Protection and Confidentiality policy annually and keep changes in the law under constant watch. We adhere to individuals' rights to find out what information we hold about them and how we use their data, as set out by the 2018 Act, and would respond to requests in a timely manner.

## Risk assessment

The Charity Commission requires the Trustees to identify and review the risks faced by the IMPACT Foundation. A full risk assessment is kept up-to-date and undergoes formal review annually by the Co-CEOs and the sub-committee on Human Resources. It is then approved by the Board of Trustees. The assessment covers risks under the following categories: reputation, financial, legislative/compliance, governance, staff/volunteers, infrastructure (property and assets), operational and fire, and sets out mitigations.

The UK Programme Co-ordinators conduct risk assessments for every part of the Tasty Team project before implementation.



## **INDEPENDENT AUDITORS' REPORT TO THE MEMBERS AND TRUSTEES OF IMPACT FOUNDATION**

### **OPINION**

We have audited the financial statements of Impact Foundation Limited (the 'charity') for the year ended 31st March 2024 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Financial Reporting Standard 102).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### **BASIS OF OPINION**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **CONCLUSIONS RELATING TO GOING CONCERN**

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **OTHER INFORMATION**

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS**

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable

company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

## **SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition we read all the financial and non financial information in the Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

## **OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

## **MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION**

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made, or
- we have not received all the information and explanations we require for our audit.
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

## **RESPONSIBILITIES OF TRUSTEES**

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 4), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

## **AUDITOR RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material

misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the Charity, we identified that the principal risks of non-compliance with laws and regulations related to breaches of UK regulatory principles, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to management bias in accounting estimates. Audit procedures performed included:

- validating the appropriateness of journal entries identified based on our fraud risk criteria;
- designing audit procedures to incorporate unpredictability around the nature, timing or extent of our testing;

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

## USE OF OUR REPORT

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



**STEPHEN POTTER FCA (Senior Statutory Auditor)**

For and on behalf of

CARTER NICHOLLS LIMITED, STATUTORY AUDITOR

Chartered Accountants, Victoria House, Stanbridge Park, Staplefield Lane, Staplefield, West Sussex, RH17 6AS

Dated: 23 - 7 - 2015



**IMPACT FOUNDATION**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(including income and expenditure account)**  
**FOR THE YEAR ENDED 31ST MARCH 2025**

				Expendable		
	Note	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	<b>Total Funds 2025 £</b>	<i>Total Funds 2024 £</i>
<b>INCOME AND ENDOWMENTS FROM :</b>						
Donations and Legacies	6	476,462	1,674,463	-	<b>2,150,925</b>	<b>2,209,239</b>
Income from Charitable Activities	7	25,250	1,250		<b>26,500</b>	<b>36,394</b>
Income from Investments	5	9,144	11,335	21,734	<b>42,213</b>	<b>38,164</b>
<b>Total Income and Endowments</b>		<b>510,856</b>	<b>1,687,048</b>	<b>21,734</b>	<b>2,219,638</b>	<b>2,283,797</b>
<b>EXPENDITURE ON :</b>						
Expenditure on Raising Funds	8	117,262	-	-	<b>117,262</b>	<b>109,208</b>
Expenditure on Charitable Activities	9	325,414	1,327,519	67,884	<b>1,720,817</b>	<b>1,926,972</b>
<b>Total Expenditure</b>		<b>442,676</b>	<b>1,327,519</b>	<b>67,884</b>	<b>1,838,079</b>	<b>2,036,180</b>
<b>Net Income / (Expenditure)</b>		68,180	359,529	(46,150)	<b>381,559</b>	<b>247,617</b>
<b>NET MOVEMENT IN FUNDS</b>		68,180	359,529	(46,150)	<b>381,559</b>	<b>247,617</b>
<b>RECONCILIATION OF FUNDS</b>						
Total Funds brought Forward		432,408	594,559	931,887	<b>1,958,854</b>	<b>1,711,237</b>
<b>Total Funds Carried Forward</b>	£	<b>500,588</b>	£ 954,088	£ 885,737	<b>£ 2,340,413</b>	<b>£ 1,958,854</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 47 to 56 form part of these accounts.

**IMPACT FOUNDATION**  
**BALANCE SHEET AS AT 31ST MARCH 2025**

	Note	2025 £	2024 £
<b>FIXED ASSETS</b>			
Tangible assets	11	105,544	110,349
		<u>105,544</u>	<u>110,349</u>
<b>CURRENT ASSETS</b>			
Debtors	12	27,906	31,189
Short term deposits		2,199,605	1,798,236
Cash at bank and in hand		18,459	29,646
		<u>2,245,970</u>	<u>1,859,071</u>
<b>CREDITORS : amounts falling due within one year</b>	13	11,102	10,565
<b>NET CURRENT ASSETS</b>		<u>2,234,868</u>	<u>1,848,506</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		2,340,412	1,958,855
<b>NET ASSETS</b>		<u>£ 2,340,412</u>	<u>£ 1,958,855</u>
<b>FUNDS</b>	2		
Expendable Endowment	18	885,736	931,887
Restricted	19	954,089	594,560
		<u>1,839,825</u>	<u>1,526,447</u>
<b>Unrestricted</b>			
Designated	20	192,452	141,391
Fixed Assets replacement	17	105,545	110,350
Other	17	202,591	180,667
		<u>500,588</u>	<u>432,408</u>
Total Funds		<u>2,340,413</u>	<u>1,958,855</u>

The notes on pages 47 to 56 form part of these accounts

The above accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

Signed on behalf of the board of Directors/Trustees

*P. Simons*

*R. d'O. Hope*

Director/Trustee: PETER SIMONS

Director/Trustee: ROBIN d'O HOPE.

Approved and authorised by the Board: 23.07.25.

**IMPACT FOUNDATION****STATEMENT OF CASH FLOWS FOR YEAR ENDING 31ST MARCH 2025**

	<b>Note</b>	<b>2025 £</b>	<b>2024 £</b>
<b>Net cash used in operating activities</b>	<b>21</b>	<b>347,970</b>	<b>201,773</b>
<b>Cash Flows from investing activities</b>	<b>5</b>	<b>42,213</b>	<b>38,164</b>
Increase / (decrease) in cash and cash equivalents in the year		<u><b>390,183</b></u>	<u><b>239,937</b></u>
Cash and cash equivalents at the beginning of the year		<b>1,827,882</b>	<b>1,587,945</b>
Total cash and cash equivalents at the end of the year		<u><b>2,218,065</b></u>	<u><b>1,827,882</b></u>



**IMPACT FOUNDATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31ST MARCH 2025**

**1 Summary of significant accounting policies**

**(a) General information and basis of preparation**

Impact Foundation is a company limited by guarantee registered in England / Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are insert detail.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

**(b) Income recognition**

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

No amount is included in the financial statements for volunteer time in line with the SORP. Further detail is given in the Trustees' Annual Report.

Where practicable, gifts in kind donated for distribution to the beneficiaries of the charity are included in stock and donations in the financial statements upon receipt. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh any benefits, then the fair value is recognised as a component of donations when it is distributed and an equivalent amount recognised as charitable expenditure.

For legacies, entitlement is the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

Investment income is earned through holding assets for investment purposes such as term deposits. Interest income is recognised using the effective interest method.

**(c) Expenditure recognition**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Costs of raising funds
- Expenditure on charitable activities

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

#### **(d) Support costs allocation**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 8.

#### **(e) Tangible fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Freehold land	0%
Freehold buildings	2% straight line
Computers and equipment	25% straight line

#### **(f) Investments**

Current asset investments are short term highly liquid investments and are held at fair value. These include cash on deposit and cash equivalents with a maturity of less than one year.

#### **(g) Gifts in Kind**

Gifts in kind of assets held as stock for distribution by the charity are recognised as incoming resources within "voluntary income" only when distributed with an equivalent amount being included as resources expended under the appropriate category of the Statement of Financial Activities to reflect its distribution. The assets are valued at the open market cost for equivalent items.

#### **(h) Debtors and creditors receivable / payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

#### **(i) Foreign currency**

Foreign currency transactions are initially recognised by applying to the foreign currency amount the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

#### **(j) Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

## **(k) Tax**

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

## **(l) Going concern**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

## **2 FUNDS**

These accounts include four categories of fund within the general headings of restricted and unrestricted.

Restricted Funds may be used for specific purposes and may not be used by the charity for any other purposes, without the prior consent of the donor.

Expendable endowment is a fund where the donor wishes income to be used for limited charitable purposes. The Trustees have power to convert the fund to income. This is also a restricted fund.

Unrestricted funds are expendable at the discretion of the Trustees who have designated funds which are earmarked for particular projects. Such designation is not a binding restriction - the Council can redesignate such money if they consider it appropriate.

Fixed Assets fund is an amount equal to the net value of functional fixed assets. This is treated as an unrestricted fund.

## **3 RESERVES**

Unrestricted reserves are needed:

- a) to provide funds which can be designated to specific projects to enable these projects to be undertaken at short notice, and
- b) to cover administration, fund-raising and support costs without which the charity could not function.

The Trustees consider it prudent that other funds within unrestricted reserves excluding designated and fixed asset replacement should be sufficient to cover six months administration, fund-raising, governance and support costs.

Other unrestricted reserves as defined above currently equate to the minimum considered prudent.

The level of reserves is monitored and reviewed by the Trustees three times a year.

## **4 CAPITAL COMMITMENTS AND FINANCIAL LEASES**

There were no capital commitments at the year end. There were no material commitments in respect of financial leases.



## 5 INVESTMENT POLICY

The Foundation's policy is to invest with careful consideration of the following:

- a) **SECURITY** The need to avoid incurring losses and to take into account what level of risk is acceptable.
- b) **REALISABILITY** The need for easy and speedy realisation without incurring material loss.
- c) **PERIOD OF INVESTMENT** The minimum period for which the investment can be made before proceeds are required.
- d) **ETHICAL** Need to avoid unethical investment.
- e) **INCOME FROM INVESTMENTS**

	2025	2024
	£	£
Bank and deposit interest	42,213	38,164
	<u>42,213</u>	<u>38,164</u>

## 6 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	Total Funds	Prior Year Total Funds
Gift Aided Donations	77,012	81,635	-	158,647	216,700
Legacies	193,828	34,167	-	227,995	210,271
Other Donations	205,622	1,558,661	-	1,764,283	1,782,268
Sub-total	476,462	1,674,463	-	2,150,925	2,209,239
Gifts in Kind	-	-	-	-	-
	<u>476,462</u>	<u>1,674,463</u>	<u>-</u>	<u>2,150,925</u>	<u>2,209,239</u>

## 7 INCOME FROM CHARITABLE ACTIVITIES

	2025	2024
	£	£
Rotary	1,250	9,151
Lunch Club	25,250	27,243
	<u>26,500</u>	<u>36,394</u>

## 8 EXPENDITURE ON RAISING FUNDS

	£	£
Staff Costs	94,738	81,935
Other Costs	22,524	27,273
	<u>117,262</u>	<u>109,208</u>

## 9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	2025	2024
	£	£		£	£
Bangladesh	44,567	383,107	21,734	<b>449,408</b>	<b>380,560</b>
Cambodia	66,012	62,094	-	<b>128,106</b>	<b>128,408</b>
Kenya	34,235	6,249	-	<b>40,484</b>	<b>72,340</b>
India		367,011	-	<b>367,011</b>	<b>588,887</b>
Nepal	18,456	152,056	46,150	<b>216,662</b>	<b>242,679</b>
Africa (other)	-	60,551	-	<b>60,551</b>	<b>57,055</b>
Zanzibar	-	160,876	-	<b>160,876</b>	<b>159,124</b>
Pakistan	9,988	9,092	-	<b>19,080</b>	<b>25,174</b>
Sri Lanka	11,000	-	-	<b>11,000</b>	-
International		6,169		<b>6,169</b>	-
United Kingdom	-	8,278	-	<b>8,278</b>	<b>20,618</b>
	<b>184,258</b>	<b>1,215,483</b>	<b>67,884</b>	<b>1,467,625</b>	<b>1,674,845</b>
Support Costs	<b>141,156</b>	<b>112,036</b>	<b>-</b>	<b>253,192</b>	<b>252,127</b>
	<b>325,414</b>	<b>1,327,519</b>	<b>67,884</b>	<b>1,720,817</b>	<b>1,926,972</b>

Support Costs are further analysed	Staff	Other	Total Expenditure	
Note			2025	2024
			£	£
International Research	19,401	2,455	<b>21,856</b>	<b>24,333</b>
International	104,435	25,685	<b>130,120</b>	<b>124,646</b>
United Kingdom	24,873	5,364	<b>30,237</b>	<b>33,135</b>
Administration	46,336	9,384	<b>55,720</b>	<b>54,458</b>
Governance Costs	6,540	8,719	<b>15,259</b>	<b>15,555</b>
10	<b>201,585</b>	<b>51,607</b>	<b>253,192</b>	<b>252,127</b>

## 10 GOVERNANCE COSTS

	2025	2024
	£	£
Audit	<b>5,202</b>	<b>5,124</b>
Staff Costs	<b>6,540</b>	<b>6,562</b>
Other	<b>3,517</b>	<b>3,869</b>
	<b>15,259</b>	<b>15,555</b>

## 11 TANGIBLE FIXED ASSETS

	Freehold Land and Buildings	Computers other equip.	Total
<i>Cost</i>	£	£	£
At 01.04.24	167,725	16,783	<b>184,508</b>
Additions during year	-	-	-
At 31.03.25	<u>167,725</u>	<u>16,783</u>	<u><b>184,508</b></u>
<i>Depreciation</i>			
At 01.04.24	61,476	12,683	<b>74,159</b>
Charge for year	2,754	2,051	<b>4,805</b>
At 31.03.25	<u>64,230</u>	<u>14,734</u>	<u><b>78,964</b></u>
Net Book Value			
At 31.03.25	<u>103,495</u>	<u>2,049</u>	<u><b>105,544</b></u>
At 31.03.24	<u>106,249</u>	<u>4,100</u>	<u>110,349</u>

## 12 DEBTORS

	2025 £	2024 £
Accrued Interest	<b>26,204</b>	<b>25,093</b>
Income tax recoverable	<b>1,702</b>	<b>6,096</b>
	<u><b>27,906</b></u>	<u><b>31,189</b></u>

## 13 CREDITORS - amounts falling due within one year

	2025 £	2024 £
Tax and social security	<b>6,627</b>	<b>6,090</b>
Accruals	<b>4,475</b>	<b>4,475</b>
	<u><b>11,102</b></u>	<u><b>10,565</b></u>



#### 14 EMPLOYEES

	2025	2024
The average number of persons employed by the Foundation was:		
Full time employees	3	3
Part time employees	5	5
	<u>8</u>	<u>8</u>
Staff costs during the year were as follows:-		
Salaries and wages	246,414	230,934
Social Security costs	18,963	17,196
Pension contributions	30,946	29,533
	<u>296,323</u>	<u>277,663</u>

One employee received emoluments including pension contributions totalling more than £70,000

#### 15 DIRECTORS / TRUSTEES and RELATED PARTY TRANSACTIONS

There were fifteen trustees, all of whom are members of the Executive Council and none of whom receive any remuneration from the Foundation.

Trustees did not claim reimbursement for expenses  
During the year the Trustees donated a total of £6,539.

#### 16 AUDITOR'S REMUNERATION

The auditor's remuneration for audit work was £3,600 (2024- £2,670).

#### 17 FUND MOVEMENT

	RESTRICTED		UNRESTRICTED		RESERVES	Total
	Expendable Endowment	Other	Fixed Asset	Designated	General	2025
At 01.04.24	931,887	594,560	110,350	141,391	180,667	1,958,855
Income and Endowments	21,734	1,687,048	-	-	510,855	2,219,637
Expenditure	(67,885)	(1,327,519)	-	(243,939)	(198,736)	(1,838,079)
Other - Designated	-	-	-	295,000	(295,000)	-
Asset replacement	-	-	(4,805)	-	4,805	-
At 31.03.25	<u>885,736</u>	<u>954,089</u>	<u>105,545</u>	<u>192,452</u>	<u>202,591</u>	<u>2,340,413</u>

## 18 ASSETS AND LIABILITIES SPLIT BY FUND

	RESTRICTED		UNRESTRICTED		RESERVES	Total
	Expendable Endowment	Other	Fixed Asset	Designated	General	2025
Fixed assets	-	-	105,545	-	-	<b>105,545</b>
Current assets	885,736	954,089	-	192,452	213,693	<b>2,245,970</b>
Current Liabilities	-	-	-	-	(11,102)	<b>(11,102)</b>
Fund Balances	<u>885,736</u>	<u>954,089</u>	<u>105,545</u>	<u>192,452</u>	<u>202,591</u>	<b><u>2,340,413</u></b>

## 19 RESTRICTED FUNDS

	Balance 01.04.24	Increase	Decrease	Balance 31.03.25
<b><i>Bangladesh</i></b>				
Riverboat Hospital and Prevention Project	2,091	<b>207,776</b>	<b>198,591</b>	<b>11,276</b>
General	-	<b>47,985</b>	<b>47,985</b>	-
Nurses Institute	3,646	<b>10,744</b>	<b>9,133</b>	<b>5,257</b>
Community Health Care Centre	183	<b>20,850</b>	<b>21,033</b>	-
Equipment	142	<b>250</b>	<b>142</b>	<b>250</b>
Water Appeal	379	-	<b>379</b>	-
Floods Disaster Appeal	-	<b>67,513</b>	<b>67,513</b>	-
<b><i>Cambodia</i></b>				
General	-	<b>91,812</b>	<b>91,812</b>	-
Lake Clinic	1,922	<b>7,500</b>	<b>9,422</b>	-
Lake Clinic Mental Health	2,813	-	<b>2,813</b>	-
<b><i>East Africa</i></b>				
Disability Prevention	701	<b>48,146</b>	<b>48,847</b>	-
Tumaini Children's Charity	31	<b>375</b>	-	<b>406</b>
Water Projects	-	<b>457</b>	<b>457</b>	-
<b><i>India</i></b>				
Disability Prevention Bhavnagar	150	<b>16,988</b>	<b>17,138</b>	-
Integrated Project Pune	7,673	<b>750</b>	<b>8,423</b>	-
Lifeline Express Hospital Train	286,441	<b>650,232</b>	<b>303,591</b>	<b>633,082</b>
General	-	<b>1,200</b>	<b>1,200</b>	-
<b><i>Pakistan</i></b>				
Safer Motherhood	-	<b>10,488</b>	<b>10,488</b>	-

**RESTRICTED FUNDS - Cont.**

<b><i>Nepal</i></b>				
General	-	<b>119,933</b>	<b>119,933</b>	-
Rautahat - Safer Motherhood	-	<b>33,000</b>	<b>33,000</b>	-
Far West Ear Project	-	<b>46,150</b>	<b>46,150</b>	-
<b><i>Africa</i></b>				
Africa General	276	<b>10,654</b>	<b>10,930</b>	-
Katoke		<b>7,750</b>	-	<b>7,750</b>
Africa Fistula	38	<b>50,038</b>	<b>50,076</b>	-
<b><i>Zanzibar</i></b>				
General	-	<b>198,398</b>	<b>189,253</b>	<b>9,145</b>
School For Deaf Children	1,709	-	<b>1,709</b>	-
<b><i>Sri Lanka</i></b>				
General	-	<b>5,000</b>	<b>5,000</b>	-
<b><i>International</i></b>				
General	354	<b>10,861</b>	<b>11,215</b>	-
Eye Care	57,445	<b>36,431</b>	-	<b>93,876</b>
Give Once Help Twice Appeal	-	<b>14,407</b>	-	<b>14,407</b>
Double the Impact Appeal	213,413	<b>213,981</b>	<b>262,575</b>	<b>164,819</b>
<b><i>United Kingdom</i></b>				
Tasty Team Project	15,153	<b>13,073</b>	<b>14,405</b>	<b>13,821</b>
	594,560	1,942,742	1,583,213	954,089

All the above balances are held in cash.

## 20 DESIGNATED FUNDS

	Balance 01.04.24	Designated during year	Expended during year	Balance 31.03.25
<b>Bangladesh</b>				
Riverboat Hospital & Prevention Project	-	-	-	-
General	43,235	40,000	44,567	38,668
<b>Cambodia</b>				
General	17,086	62,000	64,168	14,918
<b>East Africa</b>				
Water projects	107	-	107	-
Disability Prevention Project	-	67,000	43,876	23,124
<b>Nepal</b>				
General	15,002	40,000	26,718	28,284
<b>Pakistan</b>				
Safer Motherhood	7,762	18,000	10,762	15,000
<b>Sri Lanka</b>				
Clinics	1,692	10,000	5,500	6,192
<b>Zanzibar</b>				
General	1,513	-	-	1,513
<b>International</b>				
General	4,994	64,000	23,241	45,753
Contingency Fund	50,000	-	31,000	19,000
	<u>141,391</u>	<u>301,000</u>	<u>249,939</u>	<u>192,452</u>

All of the above funds are held in cash.

## 21 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
<b>Net movement in funds</b>	381,559	247,617
<b>Adjustments for :</b>		
Depreciation charges /(purchase fixed assets)	4,805	4,805
Interest from investments	(42,213)	(38,164)
(Increase) / decrease in debtors	3,282	(12,236)
Increase / (decrease) in creditors	537	(249)
<b>Net cash used in operating activities</b>	<u>347,970</u>	<u>201,773</u>



# Together we make so much possible

The work you have read about in this report is only made possible by the generosity of our supporters. We urgently needed to continue and expand our projects so that even more people benefit in the coming years. Please send us a donation using the Gift Form provided. Alternatively, telephone 01444 457080 or visit our website to make your gift. **Thank you.**

## Increase your gift at no extra cost

*giftaid it*

UK taxpayers can add more to their gift without it costing them an extra penny. Please tick the Gift Aid box on the Gift Form, return it to us and we will do the rest. This will also enable us to claim Gift Aid on donations you have made to IMPACT in the past four years. Higher rate taxpayers can benefit from additional tax relief on their gifts which can be claimed via their self-assessment tax return or by asking HMRC to change their tax code.



## Regular giving

Setting up a standing order using the regular giving form makes supporting IMPACT's work simple and knowing that we can depend on regular gifts enables us to implement long-term projects. Ticking the Gift Aid box on the Gift Form means we can reclaim tax on your generous donations too.

## Legacies

Remembering IMPACT in your will gives a gift to future generations. Donations to charity are currently free of inheritance tax which can help to reduce the tax burden on your estate. Our special leaflet provides more details and is available upon request or online: [www.IMPACT.org.uk/wills/](http://www.IMPACT.org.uk/wills/)

## Shares

Tax relief is available on gifts of shares.

## Fundraising events and Gifts in Memory

It is simple to support IMPACT using Just Giving, an online service which enables fundraisers to set up dedicated pages for their event or to collect gifts in memory of a loved one by debit or credit card. Please visit [www.JustGiving.com/impactfoundation](http://www.JustGiving.com/impactfoundation)

## Further information

Please visit our website at [www.IMPACT.org.uk](http://www.IMPACT.org.uk). We publish regular newsletters and reviews and you can sign up for them online. You can also follow us on X (formerly Twitter) @IMPACT\_UK\_ Facebook [www.facebook.com/IMPACTFoundationUK](http://www.facebook.com/IMPACTFoundationUK) and Instagram @impactfoundation\_uk

## Please contact us

We are only a telephone call away on **01444 457080** and would love to hear from you.

**IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK**

**Email: [impact@impact.org.uk](mailto:impact@impact.org.uk)**

Charity Number: 290992 in England and Wales

Company Number: 1878297



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**FUNDRAISING  
REGULATOR**



# Make your **IMPACT!**



**£25**

Could establish a garden to feed another family



**£48**

Could help restore sight, hearing or mobility; or repair another child's cleft lip



**£275**

Could provide treatment to straighten a child's clubfoot



**£1,700**

Could bring clean water to another community

## I would like to support IMPACT's work with a gift of:

£  Thank you. Your gift today will prevent disability tomorrow

☐ I enclose a cheque or postal order payable to IMPACT Foundation

Or please charge my Master/Visa/CAF card.

☐  ☐  ☐ CAF

You can also call us with your credit card details on 01444 457080

16-digit Card Number:

Issue Date:

Expiry Date:

Security Code:

Tel No:

*giftaid it*

Boost your donation by 25p of Gift Aid for every £1 you donate

☐ I wish IMPACT Foundation to treat all gifts in the last four years, this gift and all future gifts as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Gift Aid is reclaimed by IMPACT Foundation from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Name: (Mr/Mrs/Miss/Ms)

Address:

Postcode:

Signature:

Date:

Email:

### Please notify us if you:

- Want to cancel this declaration
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains.

### Please return this form to:

IMPACT Foundation, 151  
Western Road, Haywards Heath,  
West Sussex, RH16 3LH, UK

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

## REGULAR GIVING FORM

1) I would like to make a lasting difference to IMPACT's work with regular gifts.  
Please instruct my Bank Manager at:

Bank:

Branch Address:

Postcode:

Sort  
Code:

Account

2) To pay IMPACT Foundation (Sort Code: 20-49-76, Account No. 60171913)

£  Each Month / Quarter / Year  
(please circle one)

Or (if you already make regular gifts to IMPACT direct from your bank account) to increase my gift to

£  Each Month / Quarter / Year  
(please circle one)

3) I wish my gifts to begin on  (Date)  
and continue until further notice

4) Signed:

Name: (Mr./Mrs./Miss./Ms.)

Address:

Postcode:

**PLEASE RETURN TO IMPACT.** If you would also like IMPACT to reclaim Gift Aid on these gifts, please complete your name and address and tick the Gift Aid box on the form above and send both forms to: Mrs Judi Stagg, IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

IMPACT is a Registered Charity, number 290992

*Thank You*



# **IMPACT Gift Tokens**



IMPACT's unique range of gift tokens make a heart-warming gift and can be personalised and sent directly to your loved ones. Visit our website to see the full range - [www.IMPACT.org.uk](http://www.IMPACT.org.uk)

Our letterbox gifts; reusable water bottles; cotton bags; and tea towels are also available to purchase, with every sale supporting IMPACT's work.



### The gift of a smile

Give the gift of life-transforming surgery for a child with cleft lip.

£43.00



### The gift of a gaggle of geese

This gift provides a family at risk from malnutrition with a gaggle of geese for income and food security.

£30.00



### The gift of sight

Give the gift of life-transforming surgery to reverse a disabling condition.

£43.00



### The gift of surgery aboard the Lifeline Express

Give the gift of surgery to another person aboard the hospital train.

£43.00



### The gift of hope

Help us to provide a fistula patient in Tanzania with clean clothing and sense of hope restored.

£15.00



### The gift of a care package for a new mother and baby

Provide a destitute mother and her baby with a care package on leaving hospital.

£40.00



### The gift of a birthing kit

Make motherhood safer in Bangladesh and Nepal by equipping a Trained Birth Attendant with a birthing kit.

£10.00



### The gift of chirpy chickens

Support a family in Bangladesh with laying hens as a daily source of nutritious eggs and income.

£10.00



### The gift of reconstructive burn surgery

Support a young person with a disabling burn injury access reconstructive surgery.

£140.00



### The gift of a home garden

Support a family by boosting their nutritional uptake with a home garden.

£25.00



### The gift of a school medical kit

Support a school in Kenya with a medical kit.

£20.00



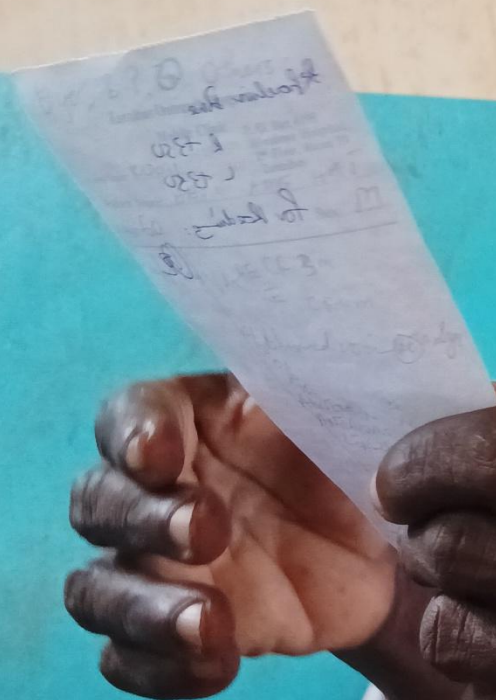
### The gift of tree saplings

Support a school in Kenya with tree saplings to improve their school environment.

£10.00



Action TODAY  
to prevent disability  
TOMORROW



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Preventing needless disability. Transforming lives.

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