

IMPACT

Preventing needless disability. Transforming lives.



2023–24

Annual Report and Accounts

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» Foundation information

Honorary President Lady Wilson, OBE, FRCOphth (Hon)

Trustees who are Directors:

Chair Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCGP

Vice-Chair Michael O'Connell, MB, BS, BSc, MPhil, FRCS (Otol), FRCS (Orl) (appointed 29.11.23)

Honorary Treasurer / Company Secretary Peter Simons BBS MBA FCMA

Nicholas Astbury FRCS, FRCOphth, FRCP

Keith Barnard-Jones, MBBS, MRCS, LRCP, D.Obst.RCOG, MRCGP

Gordon Bennett, LL.B (Hons), LL.M, Dip Int Law

Claire Hicks, MBE

Robin d'O. Hope

David Jameson Evans, FRCS, FRCS (C)

Lucinda Meagher (appointed 18.01.24)

Sal Rassam MB BCH BAO LRCSI LRCPI DTM, DO MD FRCOphth

John Scott (retired 13.07.23)

Vinit Shah, MBBS, MRCP, FRCPCH

David Walker, CMG, CVO

Peter Webster, MA, FCA

Staff Team:

Co-Chief Executive Sarah Smith

Co-Chief Executive Pascale Noel

Special Advisor Judi Stagg (retired 31.12.23)

Finance Manager Tessa Brown

Fundraising Manager Jackson Medlow

Office Manager Julia Nottingham

Development Manager Lisa Waller

UK Programme Co-ordinator Rosie Wiltshire

Advisory Council:

Cecilia Anim CBE, FRSA FRCN

Cassie Lawn MB BS DRCOG MRCGP MRCP FRCPCH

John Mowbray KC

Lady Prance

Christina Rogers MB BS BS MRCPsych

John Scott

Colin Somerville MA, CA

Elizabeth Somerville

Judi Stagg PHF

Rob West

Registered Office:

151 Western Road
Haywards Heath
West Sussex
RH16 3LH
Telephone: 01444 457080
Email: impact@impact.org.uk

Auditors:

Carter Nicholls
Victoria House
Stanbridge Park
Staplefield Lane
Staplefield, Haywards Heath
West Sussex RH17 6AS

Bankers:

Barclays Bank plc
77 South Road
Haywards Heath
West Sussex
RH16 4LB

Legal Advisors:

Colemans Solicitors
Paddockhall Chambers
Paddockhall Road
Haywards Heath
West Sussex RH16 1HF

Charity Number: 290992

Company Number: 1878297

The IMPACT Foundation is a registered charity in England and Wales and a company without share capital limited by guarantee

» Trustees' annual report

(Incorporating the Directors' Report)

A message from our Chair

April 2024 saw the 25th anniversary of the Jibon Tari, IMPACT Foundation Bangladesh's floating hospital. During its quarter of a century of service, this remarkable boat has provided medical care to hundreds of thousands of Bangladesh's most marginalised people in rural riverine areas where surgery and healthcare is very hard to come by. Restoring sight, hearing and mobility puts people back on the path to productivity and independence, so poverty is reduced too.

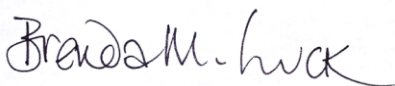
We congratulate IMPACT Bangladesh and the tireless staff of the Jibon Tari, who work in often uncomfortable conditions, and we look forward to supporting them in the future.

The principle of making medical care and health know-how available to those who are not able to reach it or afford it, is also achieved by our local partners in ways appropriate to their local situation. For example, IMPACT Zanzibar takes clinics and surgical camps across its islands; IMPACT Nepal runs mobile surgical camps and has fixed facilities in remote parts of the country; IMPACT India Foundation has its famous Lifeline Express hospital train. And not forgetting IMPACT UK's Tasty Team who are busy sharing ways to improve nutrition on a limited budget.

Children's health has been a key focus for us this year and we are delighted that our 'Double the IMPACT' Children's Healthcare Matched Funding Appeal exceeded all expectations in raising almost £650,000. This will provide medical care to more than 320,000 children in seven countries of Africa and Asia in the coming two years. Our thanks to all who contributed.

It is almost 40 years since Sir John and Lady Wilson founded IMPACT in the UK and partnered with like-minded people around the world to establish a family of IMPACT Foundations which continue to work towards their vision of a world without needless disability.

We are immensely grateful to you, our donors, for your support, without which none of the cost-effective and practical action described in this report would be possible.



Dr Brenda Luck
Chair, IMPACT Foundation UK
27th April 2024



October 2023 Brenda visited IMPACT Nepal's projects at her own expense. Brenda is a retired GP. Pictured here with long-standing IMPACT Nepal health worker, Sarita Srirastav

Making an IMPACT – how & why

Where we work



AFRICA

Ethiopia
Kenya
South Sudan
Tanzania
Zanzibar

ASIA

Bangladesh
Cambodia
India
Nepal
Pakistan
Sri Lanka

EUROPE

The UK
Norway
Switzerland
(raise money to support implementing partners in Africa and Asia)

Why we are needed

15% **»»** **80%** **»»** **1/3**

of the world's people live with a disability live in lower-income countries are children

Many people are not born with a disability and live unnecessarily with a condition which could have been prevented or could be reversed

How IMPACT began

Needless disability is inextricably linked with poverty. The late Sir John Wilson (who was blind himself) founded IMPACT in the early 1980s as a means of sharing knowledge and supporting communities in rural Africa and Asia to prevent disabling conditions using practical, low-cost methods. Sir John worked with local people, such as surgeons, to establish multiple autonomous national IMPACTs - most of them in countries of the global south. IMPACT's projects are straightforward, cost-effective and focus on community-led development to ensure that projects meet real needs and create long-lasting change.



Sir John Wilson, supported by his wife Lady Wilson and daughter Claire Hicks, applied his experience of blindness prevention in Africa and Asia to other needless disabilities around the world

Breaking the poverty cycle

People with disabilities often rank among the very poorest in society and lack equal opportunities to education or employment; many are kept in poverty by discrimination. IMPACT's work to prevent and treat needless disability therefore makes a vital contribution to the alleviation of poverty.

» IMPACT's vision of a world free from needless disability

We believe that no one should become or remain needlessly disabled through disease, lack of knowledge or shortage of medical services.

More than a billion people worldwide live with disability. Many of them have conditions that could have been prevented entirely or mitigated with timely access to appropriate medical or healthcare. Disabling conditions such as sight or hearing loss, impaired mobility or cognitive development can place obstacles on living daily life and create barriers between people.

A perpetual cycle of needless disability and poverty is clear. Those in the most impoverished communities often have least access to preventative medical services while people with disabilities may encounter discrimination and barriers to employment and education, blocking their path to financial stability. By working towards the reduction of needless disability, IMPACT is also tackling poverty head-on, and helping to foster a more equitable global society.

At the heart of our approach lies the conviction that local partners – in direct consultation with beneficiaries – are best placed to identify needs and to devise culturally appropriate, cost-effective solutions. IMPACT UK serves as an ally, aiding the implementation of these projects with funding and support, and encouraging international collaboration.

In addition to delivery of medical services, we invest in training and equipment for local healthcare providers, from doctors and surgeons to nurses and community health workers, so they have the skills and tools to perform their jobs to the highest standards. And at the grassroots level, we support the sharing of knowledge and information about health and wellbeing within communities so that people have agency and can make informed decisions. This approach aims to create sustainable change.

"If the people cannot come to the hospital, then the hospital must go to them"

Zelma Lazurus, late founding Director of IMPACT India Foundation



2023/24

IMPACT UK helped take IMPACT India Foundation's hospital train to two new locations

» Our priorities for ACTION!

IMPACT has worked with 13 local partners in 11 countries of Africa and Asia during 2023-24, as well as running a successful healthy nutrition programme 'The Tasty Team' in our local Sussex communities. We have a long-standing relationship with each of our autonomous overseas partners and we are all guided by the same aim of preventing and treating needless disability through our six shared priorities for action:



ACCESSIBLE SURGERY

Medical teams operate to restore sight, hearing or mobility – or to treat other disabling conditions and injuries, often taking surgery into remote areas using mobile hospitals



EARLY IDENTIFICATION, TREATMENT & REHABILITATION

Local health workers and community leaders check people for the early signs of needless disability and ensure they receive timely medical care. They also provide physiotherapy and assistive devices such as spectacles, hearing aids and prostheses to aid rehabilitation and increase independence



SAFER MOTHERHOOD & CHILD SURVIVAL

Medical support, straightforward monitoring and interventions such as vaccinations and improving nutrition help to keep women and their babies safe, healthy and injury-free during pregnancy, childbirth and infancy



SAFE WATER & SANITATION

Access to safe water and sanitation underpins good health and therefore everything else that IMPACT does, so we support the installation of clean water sources, handwashing stations and toilets and the sharing of information about hygiene and sanitation



ENDING MALNUTRITION

Malnutrition is associated with visual and cognitive impairment, as well as increasing the risks during pregnancy, and compromising immunity so we help people to prevent deficiencies in cost-effective and sustainable ways



HEALTH EDUCATION & TRAINING

Skills and knowledge are shared within communities so people can take action to protect the health of themselves and their families. We train local medical practitioners including health workers, nurses and surgeons, which is an investment in long-term health care delivery

» How we made an IMPACT this year



873,624 people

worldwide benefited from IMPACT's projects to prevent and treat needless disability

10,046 operations

to restore or repair sight, hearing, mobility, fistula, hydrocephalus and cleft lip



60,208

people benefited from improved nutrition

thanks to action such as home gardening and micronutrient supplementation



24,170

aids & appliances

were distributed, including hearing and mobility aids, and spectacles

33,007

people benefited from

clean water sources & improved sanitation



37,892

mothers & babies

received pre and post-natal care

744

Traditional Birth Attendants & midwives received further training

16 medical facilities upgraded / provided with equipment



72,000

women regularly participated in IMPACT Mothers' Club

1,000+

Volunteers worldwide made IMPACT's work possible



82%

of adults who took part in our UK Tasty Team activities reported positive changes to their eating habits

THANK YOU



To everyone who has so generously supported our work this year

Behind every statistic is a real person who will have their own story to tell of how IMPACT's work has changed their life. From mothers giving birth in the safety of a clean, well-equipped medical facility which means their baby has a greater chance of being born alive and well, to health workers who thanks to modern and appropriate equipment feel more professional and competent in their roles.

"I faced many health issues in early pregnancy. IMPACT Nepal supported me to tackle these problems and learn how to bring changes in my health. They also supported my family, and I am happy for getting so much love and care"

Rinki (19)



How each country programme contributes to our shared objectives

Country	Accessible surgery	Early identification, treatment & rehabilitation	Safer motherhood & child survival	Safe water & sanitation	Ending Malnutrition	Health education & training
Bangladesh	✓	✓	✓	✓	✓	✓
Cambodia	✓	✓	✓	✓	✓	✓
India	✓	✓	✓	✓	✓	✓
Kenya	✓	✓	✓	✓	✓	✓
Nepal	✓	✓	✓	✓	✓	✓
Pakistan		✓	✓		✓	✓
Sri Lanka		✓				
Tanzania (+ Ethiopia and South Sudan)	✓	✓	✓		✓	✓
The UK					✓	✓
Zanzibar	✓	✓	✓	✓	✓	✓

» The public benefit of our work

IMPACT's work makes a clear and valuable contribution to the public benefit and Trustees have due regard to the Charity Commission's public benefit guidance when exercising any powers and duties to which the guidance is relevant. The rest of this report will demonstrate this in more detail.

» Performance

It has been another inspiring and effective year for IMPACT UK and our autonomous partners around the world during which our funding has supported projects reaching almost 875,000 people in a multitude of ways.

This represents an increase of 27% programme beneficiaries on Financial Year 2022/23. Or, to put it in human terms, this year an additional 185,620 adults and children have benefited from our action to prevent and treat needless disability from undergoing surgery to restore their sight, hearing or mobility, to learning how to grow nutritious vegetables which can prevent conditions such as Vitamin A deficiency – the biggest cause of avoidable child blindness globally, affecting 5-10 million children annually.

Each intervention we have carried out is potentially life-changing and can provide hope and opportunity to people who have few resources and are among the most marginalised in society. Many of them face a daily challenge to meet their basic needs.

Our international action restores to health and independence people who are already experiencing the effects of impairment, and for others who are at risk of developing a needlessly disabling condition, throws a safety net around them by providing access to essential medical care, safe water, sanitation, information and skills that they can use to help themselves.

We always seek to implement more than one initiative in our target communities since this multiplies the beneficial outcomes many times over and makes the greatest difference to people's lives. For instance, having access to safe water is extremely important but accessible safe water plus hygiene education ensures that people understand the reason for using the safe water source and not simply the nearest water source.

Add in sanitary latrines, helping people to grow vegetables, building local health infrastructure, medical screening and treatment clinics, maternity care, and accessible surgery and it is easy to see the multiplier effect of IMPACT's work by touching many aspects of someone's life. As a result of improved health, poverty is alleviated for individuals and communities.

IMPACT is also distinctive from many other organisations because we proactively 'take the hospital to the people'. Innovations such as IMPACT Foundation Bangladesh's Jibon Tari floating hospital and IMPACT India Foundation's Lifeline Express hospital train, along with a host of mobile clinics on buses and in four-wheel drive vehicles ensure that medical care is taken into the heart of remote rural areas where people may not have the ability to travel to urban centres and in some extreme cases, may not even realise that their condition can be medically treated. It is often news that needless disability need not be an inevitable fact of life.

In addition to our 'Tasty Team' project to promote healthy nutrition for vulnerable groups in West Sussex, IMPACT UK has supported 13 partners working in 11 countries of east Africa, south-east Asia and southern Asia to achieve the following:

Overall activity:

Action within our ongoing programme	2023-24	2022-23
People examined and provided with treatment	453,469	282,097
Operations to restore sight, mobility or hearing, or to treat cleft lip, fistula and hydrocephalus etc....	10,046	9,352
Immunisation against disabling disease (including activities to support Government vaccination programmes)	10,267	11,624
Mothers and babies receiving pre and post-natal care	37,892	19,617
Combatting malnutrition, including home garden and micronutrient supplement beneficiaries	60,208	64,661
Health professionals and community volunteers trained	2,048	3,512
People participating in health education or otherwise supported within their communities	242,517	211,762
People benefiting from safe water and improved sanitation	33,007	46,900
Assistive devices given (hearing aids/orthotics/prostheses etc.)	24,170	25,276
Medical facilities upgraded / provided with equipment	16	7
Other emergency relief		
Flooding relief and rebuilding, Pakistan	N/A	Emergency food, clothing and other necessities plus medical care was provided to 12,693 people 102 brick homes and 46 small washrooms (WCs) built for 510 people made homeless

A more detailed description of these activities, broken down by country, can be found later in this report.

The table above gives a 'snapshot' of what has been achieved directly this year however, IMPACT's focus is always on sustainability and long-term benefits so it is important to note that the infrastructure we have built and the training we have provided this year will continue to benefit thousands of people in the coming years. Likewise, infrastructure and training that we made possible in previous years continues to help significant numbers of people who are not included in the figures above. For example, rainwater harvesting systems installed in Kenyan schools last year ensured students had water to meet their needs after the rainy season this year (and will for more years to come).

However, a decrease in numbers can sometimes be positive. For example, in the school health project in Zanzibar, the medical team are providing treatment for fewer and fewer children, and this is because the other

work carried out by IMPACT Zanzibar is improving health to such an extent that children no longer need medical interventions!

Notable successes this year include a 93% increase (on FY 2022-23) in the beneficiaries of maternity care to keep mothers and babies safe during pregnancy, childbirth and the postpartum period, and a 61% increase in the number of people receiving primary medical care through our screening and treatment clinics and school health teams. In addition, we have built local infrastructure in 129% more medical facilities this year than last, by investing in buildings or equipment. The positive consequences of this action will endure for years.

The number of people benefiting from our WASH (water, sanitation and hygiene) activities is almost 30% lower than in 2022/23 and this is because last year we supported IMPACT Cambodia to install wells in two Health Centres in Banteay Meanchey Province which are used by many thousands of people. Of course, these wells have continued to provide water for thousands of people again this year, but they have not been counted in our figures for 2023/24.

We have provided training to 42% fewer health professionals and community volunteers this year which is largely attributable to a big push to train volunteer school health monitors in Kenya last year.

Aside from the activities above, work to achieve our priorities has remained fairly stable with variance of +/- 15%.

Monitoring the impact of our support is a crucial and ongoing process. Our reliable local partners provide regular reports on the projects we collaborate on, while independent evaluations and programme visits by representatives from IMPACT UK add further layers of oversight. We recognise that every donation establishes a bond of trust, and we are committed to ensuring that these funds are utilised effectively and transparently on behalf of our supporters.

IMPACT UK is funded entirely through voluntary contributions, and we deeply appreciate each and every donation. Without this generous support, none of the work detailed in this report would be possible.

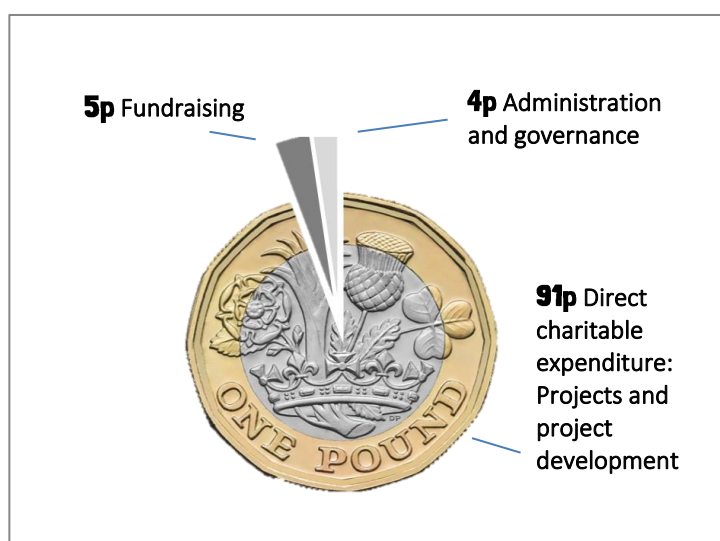
Every year we aim to raise at least £1.5 million to fulfil our commitments to partners, cover our modest operating costs, and address one-off projects or equipment needs as they arise. This year, our income totals £2,283,797. It is an increase of 8.35% on FY 2022-23.

Expenditure was £2,036,179 (a decrease of 15.5% on FY 2022-23) and this was mainly because we sent less this year to our partners in Pakistan and Bangladesh than the exceptional year before – for example, in 2022-23 IMPACT Pakistan was responding to a devastating flooding emergency and IMPACT Foundation Bangladesh was constructing the new Nursing and Midwifery Institute building and equipping its modern hospital in Chuadanga.

We aim to spend a minimum of 90 pence in every £1 on direct charitable purposes (projects and project development). This year we spent 91 pence, which is slightly down on the 93 pence spent in 2022-23 (accounted for by an exceptional year of spending on projects in Bangladesh and Pakistan). Of the remaining nine pence, five pence was used to drive our fundraising (which is an investment in raising even more income) and four pence was used on Governance and Administration (which is an investment in ensuring the organisation is well run and meets high operating standards).

More detailed information about our financial performance can be found later in this report in the 'Financial Review and Policies' section on page 34.

2023/24 - How every £1 was invested



The scale of avoidable disability and the effect on people's lives means we are always ambitious to do more to prevent and treat it. Last year we set ourselves 14 goals – 'Looking to the Future' on page 33 and our encouraging progress towards meeting them is detailed below:

Goal	Achievement
Further expand the school-based safe water and menstrual hygiene work we have been developing with IMPACT Foundation Bangladesh in Chuadanga and Meherpur districts	Building on previous action to upgrade school toilets to ensure privacy, this year we have supported menstrual hygiene education and sanitary kits for 1,241 students at schools in Chuadanga and Meherpur. We have also funded essential maintenance for 21 SIDKO water treatment plants (most of which are located in schools) and trained local people to maintain these facilities going forward.
Build the infrastructure, and therefore capacity, of more health centres and hospitals in remote and underserved areas	We have built the capacity of – or created anew - 16 facilities this year. This includes the provision of medical equipment, new mobile clinics, vehicles, and safe water supplies as well as maintenance and upgrading of physical infrastructure (e.g. the carriages of IMPACT India Foundation's Lifeline Express hospital train). This will improve the quality of the services our partners provide and enable them to reach more people and more remote places. Investing in capital items safeguards our work for the future.
Fund even more specialised treatment and / or operations for people living with a variety of needlessly disabling conditions whenever funds and specialist surgeons are available	We have raised funds to enable operations for 30 young children with hydrocephalus in Bangladesh and 46 women with obstetric fistula or other birth injuries in Ethiopia and South Sudan. Surgery to treat eye, ENT and mobility impairments and conditions such as cleft lip are carried out throughout our international programme of action.
Support three projects of IMPACT India Foundation's award-winning Lifeline Express hospital train during which approximately 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery	We supported two projects of the Lifeline Express hospital train – in Latehar, Jharkhand State and Muzzaffarpur, Bihar State during which 26,638 people benefitted. 1,234 people were provided with surgery. Instead of a third project, our support was redirected towards an extensive overhaul of the fabric of the Lifeline Express including essential maintenance for the exterior and the kitchen; and upgrading and equipping the operating theatre, pathology laboratory, and gynaecology and dental clinics. We felt this was a judicious use of our support as it ensured the future of the Lifeline Express hospital train and the safety of those using it.
Assist the new IMPACT Foundation Bangladesh hospital in Chuadanga to meet the need for new equipment and other support	This year, our support focused on helping IFB to establish a much-needed Neonatal Intensive Care Unit (NICU) which is available to provide emergency medical care to any of the approximately 400 babies born per year at the hospital who might need it. Pre-term and low birth weight babies are common in the area due to conditions associated with poverty, and prior to the NICU opening at IFB's hospital in Chuadanga, had to be transported to Dhaka or Khulna, which reduced infants' chances of survival and could not usually be afforded by parents. Equipment provided includes incubators, baby warming machines, a mechanical ventilator, nebulisers, patient monitors, an intubation set, and foetal dopplers.
Fund essential running costs for the ZOP Academy in Zanzibar, which provides specialist	IMPACT UK funded the running costs of the ZOP Academy for the benefit of 20 hearing impaired children attending the school for intensive specialist education this year. It is unlikely that any of the

education and opportunities to hearing impaired children who might otherwise never go to school	students would be able to attend mainstream schooling at the point of entry to the ZOP Academy – although the goal is to prepare them to join mainstream education in due course – and would probably have been kept at home, with little means for social interaction or hope of an independent life as they grew older.
Purchase motorbikes for health workers in Zanzibar to provide health screening in schools and purchase and equip a mobile clinic in Zanzibar to take medical care to underserved communities across the country	<p>We supported IMPACT Zanzibar to purchase three motorbikes to efficiently transport health workers and hope to be able to buy more in the future if funding becomes available for this purpose.</p> <p>IMPACT UK has funded the purchase and re-fit of a new mobile clinic and all the medical equipment it contains to provide screening and treatment services across the country. IMPACT Zanzibar took delivery of this impressive new facility in April 2024 after months of work to convert a truck into a state-of-the-art medical clinic.</p> <p>Our funding has also made possible a bus for the ZOP Academy – the specialist school we support for children with profound hearing impairment. This vehicle is crucial in getting students (who are very young) to attend the school since many live some distance away and their parents are not able to get them there each day.</p>
Provide scholarships for more student nurses in Bangladesh and continue to support the construction of a new academic building for the IMPACT Nursing and Midwifery Institute	<p>We have once again supported the education of 30 young women from the Chuadanga area who have the necessary education to study for a nursing and midwifery qualification, but not the means to pay for it. The construction of the new academic building is progressing well. Thanks to IMPACT UK's 'pump-priming' support for the first two storeys of the building, IFB was able to secure funding to pay for construction of the facility up to its full six storeys. This should be completed in 2025 and will enable an increased annual student intake.</p>
Continue to improve the resources (online and physical) available to volunteers and participants of the Tasty Team project in the UK and explore opportunities to work with more groups of local people to improve their food security, while building lifelong cooking skills and nutrition knowledge	Thanks to a recruitment drive, four new volunteers have been trained and are now helping to deliver the project which means more sessions are being run, we can work with new groups of beneficiaries and more people will benefit. The project is expanding into the Crawley area, which has pockets of real need. Volunteers now have access to an online training course and recipe bank, with recipe cards and video tutorials.
Respond quickly and effectively to emergencies in our project areas should they arise	Thankfully, there have been no emergencies in the areas where we have partners this year.
Create a new multi-year strategy to guide the organisation from 2023	<p>Extensive preparatory work during the summer of 2023 laid the groundwork for a special meeting of Council members, advisory board members, staff and volunteers in November to plan the organisation's strategy for the next five years. The strategy was ratified by Council in March 2024 and will guide our work, with annual reviews, until 2029. It reaffirmed IMPACT's six priorities for practical action and provided a road map to achieve them by focusing on programme development; partnerships; financial resources and fundraising; human resources; and communications and advocacy.</p>

This 290 tonne purpose built barge is home to a bustling hospital, complete with operating theatre, wards, and a training centre for local health workers. It is towed by tugboat down the vast river network that criss-crosses Bangladesh and moors at a riverbank location for 4-6 months during which local people have their sight, hearing and mobility restored by the surgical team. Non-surgical interventions are also provided to reverse or mitigate potentially disabling conditions. For many of those benefiting, no alternative medical care is available.

IFB also runs two modern, well-equipped hospitals in the west of the country, in Chuadanga and Meherpur Districts. These have grown out of 30 years of action to meet the health care needs of people living in local communities, using a low-cost delivery model which prioritises the needs of the most underserved people, including women and children.

Primary healthcare services are taken into remote villages to ensure that no one in need of them misses out. Launched in 2016, the Jibon Jatra mobile medical van takes a team of doctors and nurses who hold screening and treatment camps for eye, gynaecology and orthopaedic conditions. It is fully equipped with an autorefractometer and other tools for diagnosing visual loss and eye disease; equipment to deliver ante- and post-natal care; and a portable physiotherapy machine.

As well as providing surgery, each IFB hospital serves as the hub for an outreach programme taking activities to tackle challenges such as lack of safe water and sanitation, insufficient diets and knowledge about nutrition or reproduction into rural villages and households. A dedicated orthotics and prosthetics centre in Chuadanga makes and fits a variety of mobility aids and provides physiotherapy to restore movement and manage pain.

To date, seven cohorts of students have graduated from IMPACT's Nursing and Midwifery Institute. Of them, 24 are working as Government Senior Staff Nurses and seven are employed as nurses by IMPACT Foundation Bangladesh, to work in its hospitals in Chuadanga, Meherpur and on board the Jibon Tari floating hospital. The new six-storey academic building, the first two storeys of which were funded by IMPACT UK, is under construction and will house the Institute in due course. This project is helping to meet the chronic need for more skilled nurses in Bangladesh and provides career opportunities for young people from underprivileged backgrounds.

Bangladesh has faced periods of extreme and unusual hot weather this year during which schools have been closed and local people have faced additional health challenges.

2023-24 Activities	Target	Achievement
People screened and treated for disabling and other health conditions in Outpatients Departments and clinics in the community	60,000	67,525
People attending health education and awareness sessions to learn how to protect themselves and their families	47,500	70,087
People who benefited from operations to restore their sight, hearing or movement or to ameliorate other disabling conditions	3,320	4,044
People provided with assistive devices and/or physiotherapy	4,200	8,221
Women provided with ante and post natal care including micronutrient supplements (folic acid etc.)	3,100	5,634
Immunisations against infectious diseases and/or Vitamin A to protect eyesight, given to children	4,000	9,680
Traditional Birth Attendants trained and provided with a sterile equipment kit	600	602
Village Mothers' Clubs meeting regularly	900	3,600
Primary school teachers trained to check their students' vision and health	300	301
Children checked by trained teachers	3,000	3,668
Home gardens established to provide families with nutritious fruit and vegetables to eat and the potential to generate income	750	809
Local health workers, rural medical practitioners, NGO workers and community leaders trained to understand and identify needless disability	700	627

Additional achievements...IMPACT UK's support has also:

» Provided specialist equipment to establish the **new Neonatal Intensive Care Unit (NICU)** at IFB's hospital in Chuadanga. It is anticipated that around 400 babies will be born at the hospital each year and any of them could benefit from the NICU if they are born premature or unwell.

» Funded the training of **30** students at IFB's Nursing and Midwifery Institute in Meherpur district, in order to help mitigate a critical shortfall in the profession locally. In addition to these scholarships, we provided uniforms for **18** student nurses in particular financial hardship.

» Enabled specialist brain surgery for **30** more very young children with hydrocephalus.

» Provided **1,241** students with menstrual hygiene education and sanitary kits so that they can manage their monthly cycle safely and with dignity. Menstrual hygiene activities are carried out only in schools where we have previously supported the installation of safe water sources and private toilet blocks. This project will help to minimise monthly absences and ensure girls have uninterrupted access to learning.

» Funded essential maintenance for **21** SIDKO water treatment plants to ensure they can continue to supply safe water for the long-term, and training for **315** community people to manage and maintain the plants in the future.

» Supported IFB in its work to run the Jibon Mela hospital and community-based primary healthcare project in Meherpur district. **26,928** people have been screened and treated for health conditions, **1,329** cataract operations have restored sight, **4,510** people have had physiotherapy and/or an assistive device to improve mobility, **3,459** women have received quality pre and postnatal care including ultrasounds, **1,609** vaccinations have been administered to protect against communicable diseases, and **2,001** women and children received dietary supplements to boost their health and prevent disabling conditions associated with micronutrient malnutrition.

» Given **13** pairs of geese to families who struggled to meet their nutritional requirements. Their eggs provide essential protein in the diet and can also be sold to generate much needed income.

» Provided **3** arsenic filters to households at risk of poisoning from drinking contaminated water.

» A week-long programme of activities was held by IFB to mark the 105th anniversary of the birth of Sir John Wilson, the founder of the IMPACT movement. This included eye screening camps, testing for a variety of medical conditions and an orthopaedic surgical camp which provided **50** young people with surgery – mostly to treat club foot.



December 2023 A neonatal intensive care unit is established at IFB's hospital in Chuadanga



September 2023 A new cohort of students start at the IMPACT Nursing and Midwifery Institute



November 2023 3-month old Abdullah undergoes brain surgery for hydrocephalus



January 2024 An orthopaedic surgery camp was held in memory of Sir John Wilson



April 2023 The Jibon Tari floating hospital marked its anniversary

IMPACT Cambodia

IMPACT Cambodia's programme includes initiatives to safeguard maternal and child health; make ENT screening, treatment, and surgery accessible to more people; improve the health of children in rural schools; increase the accessibility of safe water; and provide care and advocacy for individuals affected by leprosy.

These efforts are concentrated in the provinces of Ratanakiri and Banteay Meanchey, with action also taking place in the capital city, Phnom Penh, and nearby Kandal province.

The disease burden in IC's target areas is largely attributable to the consequences of poverty – where overcrowded living conditions, inadequate sanitation, malnutrition, and low levels of education severely impact people's health and health-seeking behaviour.

Nationally, government efforts have successfully reduced the prevalence of leprosy which has led to it being deprioritised as a public health issue. Consequently, knowledge of its symptoms and the fact it can be cured has diminished, even among health workers. IC supports work to raise awareness of leprosy symptoms, combat stigma, and ensure drug therapy is accessible to those who need it.

Extreme hot weather and bush fires have been a feature of the year, hampering the IC team's ability to travel to project sites, dissuading people from turning out to avail themselves of IC's services, and generally making already challenging living conditions even more difficult for people in the remote and underserved areas where we work. As a result, some of the work planned for this year will now be completed next year.



June 2023 ENT screening camp in Ratanakiri Province: *"There has never been any organisation that would conduct ENT healthcare for people in Ratanakiri Province before. To be honest, they come once and never come back again. It is very surprising that IMPACT did not give up on this project regardless of the language barriers and the distance of travelling and many other challenging issues"* - Local health worker

2023–24 Activities	Target	Achievement
Early identification and treatment		
ENT screening and on the spot treatment (Banteay Meanchey)	300	488
ENT screening and on the spot treatment (Kandal)	300	119
ENT screening and on the spot treatment (Ratanakiri)	300	392
School health programme		
School children ENT screening, on the spot treatment and general hygiene education (Ratanakiri)	450	518
School children ENT screening, on the spot treatment and general hygiene education (Kandal)	300	0
Safe water and sanitation		
Water wells for schools (Banteay Meanchey)	1	0
Beneficiaries	300	0
Water wells for schools* (Ratanakiri)	2	0
Beneficiaries*	600	0
Water filters for families – 1 per family (Banteay Meanchey)	10	0
Beneficiaries	60	0
Water filters for schools - 10 per school (Banteay Meanchey)	10	0
Beneficiaries	200	0
Water filters for families – 1 per family (Ratanakiri)	10	0
Beneficiaries	60	0
Water filters for schools – 10 per school (Ratanakiri)	20	0
Beneficiaries	400	0

Leprosy programme**

People with leprosy supported with medical and social care (Banteay Meanchey)	40	24
Community people benefiting from education about leprosy (Banteay Meanchey)	3,000	235
People with leprosy supported with medical and social care (Ratanakiri)	40	0
Community people benefiting from education about leprosy (Ratanakiri)	3,000	0

*Water wells were actually provided to one primary school and one health centre in Ratanakiri. The health centre had a great need for a new water source to replace its old tube well which could not be repaired. The health centre had resorted to using the well in the local village and was spending around \$10-15 per day on water, which it could ill afford.

**10-15 water filters are scheduled to be given to people with leprosy in May 2024. This will ensure they have safe drinking water and will reduce the risk of burns from boiling water on an open fire. This is made particularly dangerous by nerve damage to hands.

Additional achievements... IMPACT UK's support has also made possible:

» The provision of essential maternity and pathology equipment including autoclave, delivery chairs, delivery kits, biochemistry machine etc. to provide quality services for patients at Borkeo Referral Hospital in Ratanakiri Province.

» 52 midwives in Ratanakiri Province participated in intensive training covering topics such as pregnancy and delivery complications, reproductive and sexual health, and the 1,000 Days nutrition programme which promotes the need for healthy nutrition for the crucial period covering conception to a child's second birthday.

» The provision of equipment to upgrade the maternity unit at Lumphat Health Centre in Ratanakiri Province to provide a better service to local women and families.

» A surgical mission by ENT surgeon Dr Ambrose Lee to conduct operations at Chey Chumneas Hospital during which **436** people were screened and received on-the-spot treatment and Dr Lee performed **40** operations. We are grateful to Dr Lee for paying for his own airfare.

» Assisting the community around Lumphat Health Centre to meet their needs for clean water and nutritious food through provision of **30** water filters (three for the Health Centre and 27 for pregnant women and older people and their families), **seven** village rice mills (each to be used by up to 30 families), and **14** home gardens. Additional household or school gardens will be established when weather conditions permit. **13,129** people have benefited from these initiatives.

» **2,160** people had their hearing screened by IC's audiologist at the audiology unit we established at IC's headquarters in the grounds of Chey Chumneas Hospital, and were referred for further treatment as necessary.



October 2023 Canadian ENT surgeon, Ambrose Lee visited Cambodia to support IC's work. 436 patients were screened and treated; 40 people underwent surgery



November 2023 leprosy awareness training for members of a community identified two more affected people who will receive treatment



January 2024 water filters were distributed to 27 pregnant women and older patients of Lumphat Health Centre

The Lake Clinic (TLC)

TLC is the only non-governmental organisation delivering health services directly to adults and children living in the remote and underserved villages on and around the enormous Tonlé Sap Lake - the largest freshwater lake in south-east Asia. In the dry season the Tonlé Sap Lake is roughly 1,000 square miles but it swells to more than 6,000 square miles in the rainy season.

The villages on the lake itself are made up of floating homes, and on the lakeside of houses on stilts to deal with the vast fluctuations in water levels.

These isolated communities experience daily challenges related to living on water many hours by boat from the nearest town. The rise and fall of the lake (fluctuating from 30cm in depth in the dry season to 16m in the monsoon season) dictates everyone's lives and diets are often limited to what can be caught in the lake and what can be grown in floating homes.

Development indicators suggest that people here are poorer, sicker, more malnourished and have lower educational levels than in other parts of Cambodia.

TLC's medical team provides primary healthcare and maternity care in the clinics on board their vessel, the floating platforms designed for the purpose, and set up in houses, schools or on dry land where it is available. Examination cubicle tents ensure privacy. The aim is to visit each of the villages served once a month, but this is not always possible due to low water levels.

In addition to regular clinics, TLC's programmes include 'children at risk' which finds and monitors children under the age of five who are severely malnourished to help their parents meet their nutritional needs and reduce the risk of associated needless disability, and a mental health and domestic violence prevention project.

As part of a much wider programme of activities run by TLC, IMPACT UK's support has achieved the following:

2023-24 Activities	Achievement
Particularly malnourished children regularly monitored and supported by the 'Children at Risk' team	1,356
Children checked by the school health team and given toothbrushes, supplements, antiparasitic medicines etc.	649
People screened and treated in primary healthcare clinics	470
People benefiting from the domestic violence prevention and mental wellbeing projects	133



January 2024 TLC's health workers impart key health messages to waiting patients in the floating villages

IMPACT India Foundation

IMPACT India Foundation (IIF) was the first member of the international IMPACT family to be registered – in 1983 – and is best known for its trailblazing project, the Lifeline Express hospital train which was the world’s first modern hospital on a train. Travelling the enormous Indian railway network to pull up in station sidings across the country, the Lifeline Express epitomises the objective of IMPACTs around the world to take the hospital to the people in underserved areas so that adults and children in need of surgery and medical care to reverse a needlessly disabling condition do not miss out because of where they live or lack of money to pay.

Staying for around a month at a time, each project of IMPACT India Foundation’s Lifeline Express provides medical screening, surgery to restore sight, movement, hearing and repair conditions such as cleft lip, treats non-communicable diseases and provides dental care to some of the poorest people in India.

This year, we have worked with IMPACT India Foundation to hold two projects: the first in Latehar, Jharkhand State and the second in Muzzaffarpur, Bihar State. Both states are predominantly rural, and these areas tend to be poorer than urban regions. In Jharkhand State, for example, 39% of the population lives below the poverty line and almost one in five children are malnourished.

2023-24 Activities	Achievement
IMPACT India Foundation’s Lifeline Express:	
Projects made possible by IMPACT UK’s support	2
People screened and treated for medical conditions	26,638
Operations to restore sight, hearing or mobility	1,234
Aids and appliances (e.g. spectacles, hearing aids and orthotic devices) supplied	5,150

In addition to the above activities, IMPACT UK supported an extensive overhaul of the fabric of the Lifeline Express hospital train including essential maintenance for the exterior and the kitchen; and upgrading and equipping the operating theatre, pathology laboratory, and gynaecology and dental clinics. This will help to keep the hospital on the rails and functioning well for the coming years.



October 2023 IMPACT India Foundation’s Lifeline Express hospital train underwent an extensive overhaul. This will help to keep the hospital on the rails for many years to come



PNR Society, Bhavnagar District, Gujarat

IMPACT UK has worked in close collaboration with the PNR Society for more than three decades. The PNR Society is the largest network of organisations for disabled people in India and its programme includes the PNR Hospital through which members of the public lacking funds for medical care in Government or private facilities can have surgery and treatment for ophthalmological and ENT impairments and conditions such as cleft lip and palate.

When funds are available we also support the Blindness and Deafness Team to visit schools and run community clinics to identify people with sight or hearing loss and ensure they receive treatment, and the AT&T Technology Park which provides vocational training for people with disabilities to give them the skills and confidence they need to find employment or start entrepreneurial ventures.

This year our funds have been invested in operations to restore sight for people with cataracts. Everyone was treated completely free of charge and may never have been able to benefit from surgery otherwise.

2023-24 Activities	Achievement
Cataract operations to restore sight	750

KEM Hospital Research Centre, Pune, Maharashtra

The KEM Hospital Research Centre is part of the largest non-government hospital in Pune. A registered charity in India, the KEM Hospital is a 550-bed, tertiary level teaching hospital serving the city's residents and the surrounding urban and rural areas. The affiliated Research Centre aims to advance knowledge in health and development through scientific research and projects that directly benefit the local population.

Our collaboration on a special project to help communities in Soygaon Taluka meet their urgent need for safe water and emergency feeding continued into this year. It is a very hilly area in Maharashtra State characterised by high levels of poverty and particular issues of water scarcity due to run-off from the igneous rock underfoot. The people are mostly categorised as 'tribal' and face a web of interconnected challenges including isolation, discrimination, malnutrition and low levels of school attendance.

In common with disadvantaged communities everywhere, Tribal peoples were hit especially hard during the Covid pandemic as entrenched lack of resources and already compromised health meant people lacked resilience in the face of the health and economic shocks Covid caused. The area now has many widows and orphans and high levels of debt accrued while trying to access medical care or simply to survive when Covid lockdowns and infections diminished income.

Covid made an already difficult situation much worse. Many people were on the verge of starvation, so we worked with KEM Hospital Research Centre last year on an emergency feeding programme with a longer term plan to provide safe water sources in at least five communities.

The project to drill deep wells through the rock and install water pumps and taps was completed during this financial year and has laid the foundations for villagers to rebuild their lives, safe in the knowledge that they do not need to spend so much of their time collecting water from contaminated rivers and streams or buying it from private sources. This will free them up to work or go to school, save money, improve hygiene and reduce the spread of waterborne disease. Water is the source of life but for too many people globally, lack of it causes untold poverty, ill-health and even death.



January 2024 wells with tapped water to households have had a transformative effect in five villages

2023-24 Activities	Achievement
<i>Support for rural communities badly affected by the economic consequences of Covid-19 in Soygaon Taluka:</i>	
Villages assisted	5
Village wells completed	5
Beneficiaries of wells	4,200

IMPACT Nepal is a well-established organisation and has been preventing and treating needlessly disabling conditions for more than 30 years. Its varied programme of action has grown from an initial focus on ENT and orthopaedic surgical camps in remote areas (frequently utilising a special tented operating theatre) to restore hearing and mobility.

IMPACT Nepal today runs a Community Ear Care Centre in Birgunj, Primary Ear Care Centres and community outreach for ear care in many places, and birthing centres to promote safer motherhood. Surveys show that in one of our target areas (Rautahat), almost 80% of women gave birth at home, and half of them had no trained support when they did so. Clearly, safe facilities were urgently needed for pregnant women.

Initiatives also cover child survival and wellbeing, menstrual health, ending malnutrition through home gardens, small livestock and supplementary feeding, training local health workers to meet the needs of people in rural villages, provision of assistive devices such as hearing aids and prostheses, and a wide-reaching public awareness programme to spread the message that disability need not be an inevitable fact of life.

This year, we have invested in a new three-year ear care project with IMPACT Nepal located in the Far West Province which replicates its successful model used in many other parts of Nepal. Action focuses on ENT screening and treatment through a Primary Ear Care Centre and mobile clinics, surgery and the provision of hearing aids to restore sound. Health education helps people protect their hearing in simple ways such as keeping their ears clean.



October 2023 young patients attend their post-operative check-up at the IMPACT Nepal Primary Ear Care Clinic in Kailali District, Far Western Nepal

2023-24 Activities	Target	Achievement
Primary health care workers, ear assistants and rehabilitation technicians trained	12	12
Community field workers trained	1	4
Female community health volunteers trained	81	90
Health centres / health posts upgraded	3	0
Adults received screening and treatment services	11,979	14,791
Children aged 0-16 years received screening and treatment services	1,500	6,686
Adults benefited from hearing-restoring surgery through mobile camps or at hospital	1,120	1,363
Children aged 0-16 years benefited from hearing-restoring surgery through mobile camps or at hospital	193	420
Adults benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	18	0
Children aged 6-18 years benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	2	0
Adults received rehabilitation support / physiotherapy	170	1,580
Children aged 0-16 years received rehabilitation support / physiotherapy	235	1,816
People benefited from the provision of assistive devices such as prosthetic limbs	204	815
People benefited from the provision of hearing aids	50	167
Women provided with ante and postnatal care	2,335	8,259
Women motivated to take up immunisation for themselves and their 0-5 year old children	1,825	3,403
Pregnant women / new mothers received iron supplements	2,800	11,090
Pregnant women / new mothers received 30 eggs and 1kg chickpeas	200	256
Children aged 0-5 years received Vitamin A supplements to protect their vision	10,000	9,320
Women received de-worming tablets	1,000	2,953
Children aged 0-5 years received de-worming tablets	10,000	7,476
People reached through a health awareness radio programme	50,000	55,000
People reached through health awareness raising in the community	6,000	7,495
Home gardens established to feed families and reduce malnutrition	2,335	2,700

2023-24 Activities (continued)	Target	Achievement
Far West Ear Care Project:		
Adults screened and treated in mobile clinics	4,200	3,075
Children screened and treated in mobile clinics	5,800	4,581
Adults screened and treated at the Ear Care Centre	1,495	2,316
Children screened and treated at the Ear Care Centre	1,621	2,727
Adults benefited from ear surgery	51	33
Children benefited from ear surgery	3	6
Hearing aids provided	33	41
Diagnostic tests	500	1,078
People reached through a radio health awareness programme	5,525	14,000
People reached through a community health awareness programme	8,642	17,271

Additional achievements...IMPACT UK's support has also:

» Enabled a new project to establish a **Birth Centre** in Mahuwa Village, Chhinnamasta Rural Municipality, Saptari District to support the local population of almost 35,000 people. There are currently no female health services in the area. Once constructed, the Centre will provide 1,300 women with ante and post-natal care and support the safe deliveries of around 245 babies per year. It will also become a hub for community outreach initiatives designed to improve infant and maternal survival rates and prevent people from developing needlessly disabling conditions associated with pregnancy and childbirth.

» A menstrual hygiene project to raise awareness and educate females aged 11-45 (and their families) in Auraiya. Menstruation remains a taboo subject in Nepal – especially within very rural communities – and the perception that it is somehow 'dirty' means that women can be forced from the home and girls miss school for a few days every month. This project has so far provided menstrual hygiene training to **2,500** students and members of IMPACT Mothers' Clubs. **950** kits containing soap and reusable sanitary pads have been given out. **15** Female Community Health Volunteers, who are the first point of contact with the Nepalese health system, have undergone training in how to support people in their villages with menstrual hygiene. **250** Mothers' Club members and students have participated in a one-day training course on how to make their own reusable sanitary pads. This could form the basis of an income generating business for them, too.

» Safe delivery sets were provided to **9** health posts to enable medical staff to provide enhanced care to the mothers giving birth there.

» Due to our successful 'Double the IMPACT' Children's Healthcare appeal, IN have already been able to provide general health and ENT screening and treatment to **6,600** children and surgeons have performed operations to restore hearing for **35** children.

» Thanks to our supporters purchasing 'gift tokens' for their loved ones, we have been able to give **44** pairs of chickens and **13** goats to families which will both improve their diets with eggs and milk and provide them with a microbusiness to earn income. Gift tokens also enabled us to donate **11** menstrual hygiene kits.

» IMPACT Nepal's Safer Motherhood programme in Rautahat District

Activities include pre and postnatal care; the distribution of iron tablets and extra protein to expectant mothers; agricultural training; livestock distribution; promotion of home gardening; menstrual pad making training; IMPACT Mothers' Clubs; child health monitoring; immunisations; vitamin A distribution. And much more!



IMPACT Pakistan operates a network of 16 ‘Mamta’ clinics situated in remote mountainous villages of Muzaffarabad and Mansehra, areas profoundly affected by the devastating 2005 earthquake.

Muzaffarabad was its epicentre. These clinics were established in collaboration with IMPACT Pakistan to provide a lasting support system for local communities who were rebuilding their lives in the aftermath of the catastrophic loss and devastation they endured.

Each clinic is overseen by a female doctor, supported by a team consisting of a nurse/midwife and other healthcare professionals. While their primary focus is on providing prenatal and postnatal care to women to ensure safe pregnancies and childbirth and healthy babies, these clinics also fill a critical void by offering essential primary healthcare services to the broader community, especially in the absence of alternative facilities.

IMPACT Pakistan is always seeking ways to enhance the service it provides for people in the country and has this year partnered with a well-known local NGO, the Al-Shifa Trust Eye Hospital, to run eye screening and treatment camps for people with visual impairments. It also hopes to provide specialist surgeries for children with conditions such as cleft lip in the future.

2023-24 Activities	Target	Achievement
Women attending antenatal check-ups	3,200	3,537
Women and their babies attending postnatal check-ups	1,280	1,122
Babies delivered at a Mamta Clinic	860	390
Babies delivered at home assisted by a trained Female Health Volunteer	No more than 60	0
Babies delivered at home with no professional assistance	No target	0
Pregnant women experiencing complications who were referred to a hospital to give birth	No target	7
Men, women and children who benefited from general primary healthcare at the clinics	12,400	15,889
Health education sessions run	22	18
People who attended health education sessions	500	361
Local health workers who underwent continuing professional training to keep their skills up-to-date	64	92

Additional achievements...IMPACT UK’s support has also:

■ **1,092** people were screened for visual problems during eye camps which IP staged in collaboration with Al-Shifa Trust Eye Hospital, a well-respected facility in Pakistan which was established in 1985 to make eye care for the prevention and treatment of visual loss accessible to all. **13** people were provided with cataract surgery to restore their vision.



September 2023 an eye surgical camp held in partnership with the Al-Shifa Trust Eye Hospital

» Sri Lanka

The healthcare and wellness clinic we assisted IMPACT Sri Lanka to establish in Weerawila, a coastal district heavily impacted by the 2004 Indian Ocean tsunami, remains steadfast in its commitment to serving the local community.

Under the stewardship of a dedicated local doctor, the clinic attends to a range of healthcare needs which have the potential to cause needless disability if neglected. From managing chronic non-communicable conditions such as asthma, diabetes, and heart disease to providing prompt care for acute illnesses, the clinic is a vital lifeline for its registered patients.

2023-24 Activities

People receiving primary healthcare at the Weerawila Clinic

Achievement

946



March 2024 up to 100 patients a month rely on IMPACT Sri Lanka's Weerawila Clinic as their first port of call in the event of ill-health

» Kenya

IMPACT East Africa (IEA) supports the local community in northern Mwingi, part of Kitui County; an area which is challenging to reach, arid / semi-arid, with entrenched poverty and hunger, and lacking in basic services.

Access to water is a paramount need for local people so IEA helps to install rainwater harvesting systems and, this year, has introduced solar-powered pumps for boreholes.

Schools are a primary focus for the IEA team where varied action is undertaken including the provision of pit latrines, health screening and treatment, tree planting, and building water infrastructure so children can wash their hands to limit the spread of disease, grow vegetables, and even take home water for their families. However, activities are lower than target because the Kenyan Ministry of Education decreed that all NGOs must reapply for permission to work in schools, and work had to cease while this is processed. We hope this enforced hiatus will not last too much longer since children urgently need the healthcare IEA provides.

ENT clinics screen and treat community members and refer those in need of more advanced treatment such as surgery to repair perforated ear drums, to a partner facility.

IEA has established Mothers' Clubs as a forum to engage local people and disseminate health information. Members are helped to set up small income generating businesses and vegetable growing plots to provide extra household funds and reduce the amount spent on food at the market whilst enhancing family diets.



March 2024 ENT Clinical Officer, Samuel Muteri, conducts a community ear clinic

IEA's nurse has cared for pregnant women, new mothers and new-born babies, providing ante and postnatal monitoring, ensuring vaccinations are up-to-date and providing information on nutrition.

Like other parts of our international programme, Kenya has seen unusual and catastrophic weather events this year with flooding affecting Nairobi and the rural area where IMPACT works.

2023-24 Activities	Target	Achievement
Water, Sanitation & Hygiene (WASH)		
Install Pit Latrines in Schools (4 toilets per school)	0	14
Solar powered boreholes installed	0	2
Rainwater harvesting systems installed	0	8
Surgical Camps		
Eye operations	50	0
ENT operations	25	11
Clinics – screening and treatment		
People benefiting from ENT clinics	3,000	2,070
Children provided with spectacles	40	0
School Health Programme		
Schools benefiting from the School Health Programme (first aid kits, medicines (ENT and de-worming), tree planting, IEC materials)	32	3
Children screened and treated by the IMPACT school health team, including de-worming tablets	2,800	1,210
Training provided to Teacher School Health Monitors	64	5
Training provided to Pupil School Health Monitors	640	67
Trees planted to provide shade, improve soil and prevent erosion, and retain water	450	1,500
Maternal and Child Health Services		
IMPACT Mothers' Clubs supported	1	2 with 40 members
IMPACT Mothers' Clubs members being supported to establish small scale agricultural businesses	5	40
Provision of Ante and Postnatal monitoring for pregnant women and new mothers	300	180
Provision of health monitoring for children under 5 years	400	1,364
Provision of standard vaccinations to babies	125	874
Women supported to establish vegetable growing plots	20	65

Additional achievements... IMPACT UK's support has also:

» Celebrated World Hearing Day on 3rd March 2024 with a week of activities starting on 28th February. This included training staff at the ENT department of Mwingi hospital in ear care and the challenges hearing impaired people face in getting treatment if they have few resources; screening and treating **54** hospital patients who were attending for a wide variety of medical reasons, **60** members of the congregation at St. Paul's Church, Mwingi and **470** inmates at Mwingi Main Prison; and raising awareness of ENT conditions and hearing impairment among **5,000** local community members.



March 2024 65 families have been supported to establish vegetable plots this year



November 2023 An ENT surgery camp restored hearing to 11 people

» Tanzania

In Tanzania, there are between 1,600 and 3,000 new cases of obstetric fistula each year. We support Maternity Africa in its goal of eradicating this devastating but preventable condition by providing quality maternity care at their 48-bed hospital in Kivulini, Arusha.

Birth injuries, including fistula, often result from inadequate or unavailable assistance during complicated deliveries but ensuring labouring mothers have medical support if they run into difficulties can make all the difference to the outcome for mother and baby.

The hospital also features an obstetric fistula treatment unit for surgical repair of women already living with a birth injury, and a midwife training centre to enhance the skills and knowledge of local midwives working in government facilities. With proper training on managing complications during labour and delivery, the risk of birth injuries and maternal and infant mortality can be significantly reduced.

IMPACT UK has supported Maternity Africa's efforts in Tanzania this year by funding maternity care and providing 'care packages' of essential supplies for particularly vulnerable women leaving the hospital after childbirth or fistula repair, helping them to recover and giving their newborns the best chance to thrive. We have also supplied laptops to aid in the training of local midwives.

» Ethiopia & South Sudan

We continue to support our local partner's work at the Barbara May Maternity Hospital in Mille, Ethiopia, and at Reconciliation Hospital in Referendum, Juba, South Sudan to repair

injuries sustained by women during prolonged and obstructed childbirth. Many of these women have endured years, sometimes even decades, of pain and the socially isolating effects of urinary and/or faecal incontinence.

Our support has also helped to provide emergency feeding for pregnant and lactating women who are severely malnourished due to the famine in the Afar region of Ethiopia. The medical team at the Barbara May Hospital is seeing increasing numbers of pregnancy and delivery related emergencies due to women's bodies being weakened by hunger and, sadly, more maternal and perinatal deaths.

IMPACT UK has supported Maternity Africa and the Barbara May Foundation in the following ways:



December 2023 16-year old Boui almost died giving birth to her stillborn child. After a traumatic labour, she sustained a fistula and had to be flown to Juba (due to conflict in her area) for surgery. She is recovering well, getting stronger and will return home soon.

2023-24 Activities	Achievement
Kivulini Maternity Hospital, Arusha, Tanzania:	
Safe deliveries and aftercare supported to prevent birth injuries, disablement and death	5
Care packages provided to new mothers leaving hospital	6
Laptops provided to make and show training videos for midwives*	3
Barbara May Maternity Hospital, Mille, Ethiopia:	
Pregnant and lactating women affected by famine provided with a month's emergency feeding	2,469
Fistula operations to repair women injured during childbirth	12
Reconciliation Hospital, Juba, South Sudan:	
Fistula operations to repair women injured during childbirth	34

* The videos will directly benefit c. 100 midwives per year through Maternity Africa's training programmes and many more people will benefit from these in-depth educational resources once the videos are made freely available online.



Zanzibar is a semi-autonomous region of the United Republic of Tanzania. The archipelago is formed by the two main isles of Unguja and Pemba, as well as other smaller islands. It is home to approximately 1.9 million people and has one of the highest population densities in Africa.

Malnutrition affects an estimated third of Zanzibar's people, and poor housing, lack of water and other conditions associated with poverty cause sub-optimal health and needlessly disabling conditions.

IMPACT Zanzibar (IZ) started with medical care to prevent and treat hearing loss from a base at the main hospital in Stone Town. We supported the training of IZ's director, Dr Naufal Kassim, to become the first ENT surgeon on the islands meaning that people in need of operations no longer had to travel to Dar es Salaam in mainland Tanzania.

Over the years this has expanded into a wide-ranging programme of action to prevent many causes of needless disability and ill-health. Continuing to push the boundaries of the hospital into rural communities, IMPACT Zanzibar stages specialist screening and treatment clinics and surgical camps including ENT, obstetrics/gynaecology, paediatrics, and more.

Additionally, IZ implements community water projects; runs a thriving school health programme which includes training teachers and pupils in schools in how to identify and seek treatment for potentially disabling conditions; and raises awareness of primary ear and hearing care, breast cancer and much more.

We also support the ZOP Academy which provides education and hearing aids for hearing impaired children who cannot attend mainstream schools and the neonatal hearing screening programme which identifies babies who have hearing loss and acts as a feeder project for the ZOP Academy.

"Our vision is that no disabled person in Zanzibar goes unnoticed, untreated or unsupported to fulfil their potential"

Dr Naufal Kassim, founding Director of IMPACT Zanzibar

2023-24 Activities	Target	Achievement
Mobile Clinics		
Purchase of vehicle and conversion into mobile clinic	1	1
Mobile clinics held	13	17
People medically reviewed and provided with on-the-spot treatment or a referral to hospital	3,200	8,748
People benefit from health education	750	4,692
Women have their awareness raised about the early detection of breast cancer	1,500	2,239
Specialist Outreach Medical Camps		
Specialist outreach medical camps held per year	13	13
People medically reviewed and provided with on-the-spot treatment	1,900	1,800
Operations to reverse a disabling condition	332	642
School Health Programme / Water tanks		
Schools reached by the School Health Programme	75	77
Children screened for signs of needless disability / health conditions	90,200	80,761
Children provided with on-the-spot treatment or medication	9,020	1,912*
Schools benefiting from a reliable source of clean water and improved hygiene	3	3
Children benefiting from school water and improved hygiene	3,600	4,424
Paediatric Hearing Screening and Treatment Programme for the early detection and management of permanent hearing loss		
Neonates screened for hearing impairment and referred as required for ongoing interventions	3,000	2,996

* Not meeting this target is actually a good news story! IZ is seeing far fewer children who have health problems requiring treatment than previously and this is a sign that the school health programme is working to improve children's health in the targeted schools.

Additional achievements... IMPACT UK's support has also:

» **Provided essential running costs including staff salaries for the ZOP Academy – a specialist school for 20 young children with severe hearing impairment.** The ZOP Academy enrolls young children identified by our neonatal hearing screening programme who are given hearing aids and provided with a safe and nurturing environment in which to learn maths, Swahili, speech, sign language, lip reading, English and more. The school also builds confidence, sociability and self-worth while older students are taught practical skills from which they will eventually be able to earn a living. Many profoundly hearing-impaired children are kept at home and never learn to communicate so the opportunity to attend the ZOP Academy is life-changing for its students. The hearing aid technician based at ZOP Academy has conducted hearing assessments and provided **20** fully programmed hearing aids.

» **Provided the ZOP Academy with a new school bus** to transport young students and teachers safely to and from school. Many children have to travel long distances to reach the Academy which eats into learning time or prevents them from attending at all. A dedicated bus service not only enables people to attend their formal classes and keeps them safe on the way, but the presence of teachers on board means that learning can be conducted on the journey too – not a second is wasted!

» **Purchased a truck and paid for its conversion into a fully equipped mobile clinic.** This new facility will offer primary healthcare services to people in hard to reach rural areas and it is anticipated that more than 5,000 people will benefit each year. It will be staffed by medical doctors; qualified nurses; health workers; pharmacists; optometrists; audiologists and social workers. They will be supported by IZ's well-established team of volunteer care assistants and administrators. The mobile clinics will screen people for eye and ear conditions; skin infections; diabetes; hypertension; gynaecological/obstetric issues; clubfoot; and signs of ill-health in babies and children. The multidisciplinary team will provide a range of on the spot treatments and medications. They are also well-connected within the Zanzibari healthcare system in order to make referrals to hospitals and specialists. The clinic teams will raise awareness about preventative healthcare, including family planning; communicable and non-communicable diseases; and the early identification of breast cancer.

» **Purchased 3 motorbikes for health workers** to help them travel efficiently to schools and clinics to provide screening and treatment services.



May 2023 Pupils at the ZOP Academy receive specialist tuition



July 2023 A young patient is examined by the mobile clinic team at Nunwi



January 2024 IMPACT Zanzibar's newly converted mobile clinic is loaded at the docks in Dubai for transportation to Zanzibar

» United Kingdom

This year, IMPACT's Tasty Team has continued its mission to reach out to children, families, individuals at risk and community groups requiring support. With the pandemic behind us and the cost of living crisis biting hard, the need for everyone to learn how to prepare simple, cheap, energy efficient and above all nutritious meals from scratch has perhaps never been greater. Poor diets and over reliance on Ultra Processed Foods (UPF), together with obesity, are now among the leading causes of disease such as cancer (particularly of the bowel), heart disease, type 2 diabetes, blood pressure, irritable bowel disease and even dementia. Needlessly disabling conditions result from this burden of disease (e.g. following a stroke); impacting people's lives and creating on-going costs for the NHS.



February 2024 'Cookery Leader' training for new volunteers, run by Chloe Coker (centre) for our four new Tasty Team members - Juliet, Sue, Miranda and Kim

Throughout the last year we have worked in collaboration with schools, local community groups, Community Pantries and Foodbanks, charities and NHS social prescribers, all of whom know first-hand those who most need our support. Our cooking sessions have spanned the generations from Tasty Sessions in primary schools, one-to-ones with children and adults alike, cooking sessions with single mothers and the previously homeless in supported housing - giving them the skills and confidence to cook for themselves as they prepare for independent living - and the elderly. As the increasing cost of living presents greater challenges for families struggling on tight budgets, we focus on using nutritious low-cost ingredients, batch cooking and cheaper methods of cooking including microwaves and slow cookers.

The Tasty Team has started group cooking sessions in collaboration with the local mental health charity Hope and the Sussex charity Family Support Work at Bentswood Hub, which is very close to our office. Cooking together can reduce social isolation and making dietary changes to reduce reliance on ultra-processed food is helpful to health and mental wellbeing. Our session for male carers in collaboration with Carers' Support was especially moving, all the men caring for a wife or mother with dementia. Afterwards, they all said that they felt more confident to cook a similar home-made quick, easy and healthy meal for themselves and for whom they care.

It is increasingly apparent that the rising cost of living following on from the Covid pandemic is having an impact on people's health. People with least financial resilience are affected the most but increasing numbers of people who were previously 'just about managing' now need support. Whilst striving to reach out further into communities who most need support, the Tasty Team is expanding its network of volunteers both in Mid Sussex and Crawley, which now ranks as the most deprived (overall) area in West Sussex. Working with community groups such as Crawley Community Action and LPK learning, we will be able to target those most needing our support. To this end, over the last 4 months we have recruited 4 new volunteers, with more in the pipeline, attracted through promotional articles in local magazines and publications.

"We support families on tight budgets to cook with nutritious low-cost ingredients, and find cheaper methods of cooking"

Rosie Wiltshire, UK
Programme Co-ordinator

2023-24 Activities	Achievement
Tasty Sessions in primary schools to introduce healthy foods	16
Tasty Session beneficiaries	480
Group Get Cooking Sessions with adults and children to develop the cooking skills and nutritional awareness of people in need of extra support	54
Group Get Cooking beneficiaries	189
One-to-one cookery training beneficiaries	16
Other events	3
Number of people benefiting from other events	18
Cookery Leader and Volunteer training sessions	4
Cookery Leader and Volunteers trained	23
TOTAL BENEFICIARIES	726

» International

» Advocacy & Networking

IMPACT works at the national and international level in partnership with many other governmental and civil society organisations, with charities, the corporate sector and with community service organisations such as Rotary, Inner Wheel and Lions. We are members of the Fundraising Regulator, and several staff are members of the Chartered Institute of Fundraising; both organisations are designed to promote ethical standards and good practice in fundraising. Our Finance Manager is a member of the Association of Accounting Technicians (AAT).

Our philosophy is shared with our many partners around the world through the International Federation of IMPACT Organisations and in practice through our working culture. We encourage our local partners (which are autonomous organisations in their own countries) to work with other NGOs and to collaborate with relevant stakeholders to influence policy on a local and national scale. Individuals from IMPACT Foundations are often asked to speak at professional conferences and to share ideas and practices more widely within their networks.

However, it is at the grass-roots level that our advocacy work makes the most impact by working with often very marginalised communities to share knowledge and skills, so that people can make informed decisions about their own health and take steps to minimise their – and their family's – risk of needless disability. In turn, they become our best advocates by sharing learning with their neighbours and spreading the word about IMPACT so those who need us can make use of our services.

» Accessibility

IMPACT is committed to equality and the creation of a barrier-free environment for all in accordance with British legislation (the Human Rights Act 1998, the Equality Act 2010) and international treaty obligations (the UN Convention on the Rights of Persons with Disabilities). We welcomed the extended provisions relating to disability in the Equality Act 2010.

Accessibility for everyone is the keystone of IMPACT's international programme of action. By preventing and treating needlessly disabling conditions and providing assistive devices such as hearing aids, spectacles and prosthetic limbs to overcome physical barriers, obstacles to training, education and employment are also removed. Our projects also directly seek to overcome other barriers to accessing health and medical care, for example, poverty, geographical remoteness and difficulty accessing information. While we always seek to benefit those most in need, there are no restrictions on who may benefit from IMPACT's work and discrimination against people with protected characteristics is never practiced nor tolerated in any part of our programme in any part of the world.

Recognising that there is no 'one size fits all' when it comes to accessibility and that people with different disabling conditions require different solutions, we make best efforts to accommodate everyone within the physical constraints of our small office, regardless of needs. IMPACT UK's website has been carefully designed to be accessible. Please see www.IMPACT.org.uk/accessibility for further details.

Disability is a human rights issue. The 17 'Sustainable Development Goals' (SDGs) to be achieved by 2030 were adopted in September 2015 to shape the post-Millennium Development Goals (MDGs 2000-2015) international development framework. People with disabilities are specifically referenced in five of the SDGs which is an important milestone, since disability was conspicuous by its absence in the MDGs.



March 2024 International World Hearing Day was marked with free screening and publicity events by IMPACTs in Kenya, Nepal and Zanzibar, including screening the ears of all the inmates at Mwingi Prison

» Training and capacity building for community-led development

IMPACT places a strong emphasis on the transformative power of education and training in fostering sustainable, positive change. We prioritise skill development and awareness-building to so that people and grassroots organisations in our project areas can address the challenges confronting families and communities.

For instance, we provide funding for training and equipping health workers to cater for women's healthcare needs during pregnancy, childbirth, and the postnatal period, particularly in areas where access to healthcare facilities may be limited by long distances and poor road conditions and women's wellbeing may be of low priority. This initiative plays a crucial role in ensuring the safety of both mothers and babies during a period of heightened vulnerability.

Additionally, we collaborate with local partners to train volunteers in various health and nutrition-related roles; teachers to monitor their students' health and report warning signs of needless disability to IMPACT's teams; and medical professionals such as midwives, nurses, surgeons, and audiologists. This year, 2,048 individuals have participated in training programmes, all of whom are local people making significant contributions to their respective communities.

Raising awareness about health issues is paramount in enabling individuals to take proactive measures to prevent needless disabilities. Through our international programme, we engage with both adults and children, with a total of 242,517 participants this year alone, equipping them with valuable information and skills. For example, communicating knowledge about the correlation between diet and health, coupled with support for growing fruit and vegetables, offers a simple, cost-effective, and enduring solution to improving family diets and preventing nutrition-related ailments such as Vitamin A deficiency, a leading cause of childhood blindness globally.

IMPACT remains committed to community-led development. Through the widespread sharing of knowledge and skills, marginalised communities are supported to effect sustainable improvements in their own lives and the lives of others.

» Safeguarding

IMPACT UK takes the safeguarding of children and vulnerable adults extremely seriously. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and the requirements of the Charity Commission. Our policies are regularly reviewed by IMPACT UK's senior management team and board of Trustees. Every member of IMPACT UK staff regularly undergoes a Disclosure and Barring Service (DBS) check, and we have 'whistleblowing' structures in place, should these be needed by staff or volunteers.

Here in the UK, our Tasty Team project works in primary schools and with vulnerable adults and children in our local community. Each of our volunteers is carefully vetted, undergoes a Disclosure and Barring Service check, receives full training and careful monitoring, and signs up to relevant documents including Child Protection policy and procedure; Code of Behaviour for Working with Children and Vulnerable Adults; Lone Worker and Lone Volunteer policy and procedure; Safeguarding Adults policy and our general Volunteer policy. They are regularly reminded of their responsibilities under these codes.

We must also protect the people who give their time and skills to work for us. The Lone Worker Policy contains a protocol for any volunteer to call for help, should they feel in danger, and staff are regularly reminded of this protocol and how to respond. However, we minimise lone working wherever possible in order to protect our volunteers and beneficiaries and urge volunteers never to run a session if they arrive to find they are the only adult or responsible person.

Our partners overseas are all autonomous organisations, but we share safeguarding policies and best practice with them and strongly encourage them to ensure they have policies and practices in place to comply with safeguarding rules in their own country.



August 2023 rural midwives from Ratanakiri Province, Cambodia underwent advanced training in the prevention, early identification and management of postpartum haemorrhage – including the use of Non-pneumatic Anti-shock Garments (NASG), which can save women's lives through reducing blood loss

» Looking to the future

The threat of needless disability remains an ever-present feature of life for so many people living in areas where diseases flourish, malnutrition is common, and there is a lack of access to safe water, sanitation and health services. Next year we plan to:

- » Increase the number of operations to reverse disabling conditions for children
- » Focus on taking the hospital and clinics to the people to ensure that remoteness or difficult terrain is not a barrier to accessing health care which can prevent or treat needless disability
- » Partner with The PNR Society to implement an early detection of hearing loss and prevention of deafness in children project in rural 'tribal' areas of Pune, Maharashtra State, India
- » Work with IMPACT Pakistan to hold eye screening camps and provide cataract surgery in rural communities
- » Build the infrastructure, and capacity, of more health centres and hospitals in remote and underserved areas
- » Fund even more specialised treatment and/or operations for people living with a variety of needlessly disabling conditions whenever funds and specialist surgeons are available
- » Support three projects of IMPACT India's award-winning Lifeline Express hospital train during which approximately 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery
- » Improve paediatric hearing screening and treatment services in Zanzibar by creating a soundproof booth and equipping it with a hearing aid verification machine for optimal fitting of hearing aids
- » Fund a visit of the IMPACT Nepal surgical team to IMPACT Cambodia to conduct ENT operations and the training of local surgeons
- » Fund the surgical repair of cleft lip / palate for at least 50 more children living with the condition in Pune, India
- » Replace the old and outdated paediatric audiometer, used to diagnose hearing loss in children at Tribhuvan University Teaching Hospital in Kathmandu, Nepal
- » Replicate the current Tasty Team project in Mid Sussex to enable expansion into the Crawley area. This would increase the number of participants taking part in activities (target: by 50%-100%) to improve their food security, while building lifelong cooking skills and nutrition knowledge with the aim of reducing potentially disabling health conditions linked to diet in later life
- » Foster even greater international collaboration between IMPACTs around the world to reaffirm our joint mission and maximise what we can achieve by working closely together
- » Respond quickly and effectively to emergencies in our project areas should they arise



Increasing the number of children's operations is an IMPACT priority for the year ahead

To achieve the above, we will strive to:

- » Secure funds (particularly unrestricted), which will enable us to expand our programme and rapidly meet needs
- » Work with partners to develop and implement projects, monitor and evaluate them and share learning, and encourage innovation in delivery – particularly making use of new technologies

And much more as opportunities arise.

» Financial review and policies

- We generated incoming resources of **£2,283,797** (up 8.35% on last year)
- Legacies: **£210,271** (down 22.3% on last year)
- Gift Aided donations: **£216,700** (up 1.8% on last year)
- Donations not eligible for Gift Aid: **£1,782,268** (up 11.9% on last year)
- We expended **£2,036,179** (down 15.5% on last year)

Fundraising – how we raise funds

Our income is £2,283,797 this year and all but £38,164 (which is investment income) is comprised of voluntary contributions from fundraising, including legacies. We are immensely grateful to everyone who has placed their trust in IMPACT by donating. We do not have contracts to deliver Government projects.

This represents one of the largest incomes in IMPACT UK's 38-year history and is testament to the dedication and hard work of our small team. We have a very modest fundraising operation, but it is efficient and lean; we take our duty to raise funds effectively to deliver our public benefit very seriously. For every £1 spent on fundraising this year, we generated £20.56 in voluntary income (£20.17 in 2022-23). For context, the charity average is just £8.61 for £1 invested in fundraising ('Uncharted Territory; Fundraising's ROI 2021' a benchmarking study by LarkOwl).

We prioritise fundraising in ways that maximise the return on our investment of money, time and very limited human resources. For this reason, we rarely run events, which can be time-consuming to organise (although supporters sometimes kindly organise events themselves and send us the proceeds) and never engage in cold direct mailings or 'face to face' fundraising on the street, both of which may take years to repay the initial investment in them.

Instead, we carefully nurture relationships with our supporters – individuals, charitable trusts and community service organisations – building trusting and collaborative partnerships. We also take free opportunities to reach new audiences of potential supporters (for example, BBC charity appeal broadcasts) whenever they arise.

We showcase our work in letters and cost-effective brochures (all written with care in-house) and detail how donations make our programme of action possible. We pride ourselves on sending thanks for gifts and reporting back on how supporters' money has been spent within projects (if the gift was restricted) or our international programme generally (if the gift was unrestricted). It is no coincidence that many of our supporters have been with us for decades and, we hope, feel an essential part of the IMPACT family.

Legacy income is, by its very nature, hard to predict but we are sincerely grateful to everyone who has remembered IMPACT in their will both this year and for the future. Bequests received in 2023-24 totalled £210,271 (£270,484 in FY 2022-23). Very few legacies are restricted to a specific purpose and we always take great care to ensure that unrestricted legacy gifts are used in ways that we hope the legator would approve of in order to make a lasting difference in their memory. We plan to update our legacy leaflet in the coming months and send to our supporters, as well as relevant local businesses such as solicitors and wealth managers.

Social media provides another free opportunity to raise awareness of IMPACT's work and funds to support it. Our long-standing policy of not spending supporters' money on expensive advertising makes platforms such as Facebook or X (formerly Twitter) invaluable conduits for our message to reach large numbers of people.

We have a specific Fundraising Policy and Procedure which is available and lays out our promise to our supporters and the general public that our fundraising, in all its forms, is legal, open, transparent and respectful. This policy covers in detail: legal requirements, fundraising compliance, staff responsibilities, vulnerable people, accepting donations, restricted donations, responding to donations, gifts in memoriam, cash donations and resolving complaints.

Our online shop sells IMPACT-branded merchandise, Christmas cards, and 'gift tokens' which can be purchased to give the recipients meaningful presents that have the power to change the life of people within our programme (for example, surgery to restore sight, or geese or goats to give a malnourished family easy access to eggs or milk). These funds are restricted and used only as described on the gift token purchased. They have become increasingly popular in the run-up to Christmas. Profits from merchandise and Christmas cards are invested in our action wherever the need is greatest.

Adhering to good fundraising practice

IMPACT operates under the oversight and regulation of the Fundraising Regulator, an independent non-governmental organisation dedicated to upholding standards and public confidence in fundraising activities across England, Wales, and Northern Ireland. This regulatory body offers guidance and a Code of Conduct for charities, serving as an impartial investigator and mediator in cases where fundraising-related disputes cannot be resolved directly between the charity and the complainant.

Three members of IMPACT's team hold individual memberships with the Chartered Institute of Fundraising, having successfully completed the Institute's professional qualification in fundraising management. Another team member is currently pursuing this qualification. CloF members are bound to adhere to its codes of conduct and best practices.

In compliance with regulatory requirements, we maintain a comprehensive log to document any complaints concerning our fundraising initiatives. Additionally, we receive weekly summaries of complaints filed directly with the Fundraising Regulator. We have received no complaints this year which is a testament to our meticulous and considered approach. We carefully target our appeals, contacting only individuals and organisations we believe are genuinely interested in supporting our cause. We respect supporters' contact preferences, promptly honouring requests for no further communication. Our approach has led to a dedicated base of long-standing supporters who buy-in to our mission and, we hope, feel themselves to be essential partners in a shared endeavour. We have established a robust Complaints Handling Policy to address any grievances effectively.

Recognising the importance of safeguarding personal data entrusted to us by supporters, IMPACT is deeply committed to data protection. We remain vigilant in adhering to relevant regulations, including the General Data Protection Regulation (GDPR). All personal data is carefully recorded in an industry-leading database, securely stored on its protected servers with multi-factor authentication needed to access records. Hard copy data is similarly secured in locked filing cabinets within our office, and when no longer necessary, is shredded.

Our Data Protection/Confidentiality and Fundraising policies formalise the best practices we employ daily, subject to annual review by both Council and staff. Furthermore, our Whistleblowing policy provides a structured framework for staff and volunteers to raise concerns, while our policy on Foreign Income ensures rigorous due diligence to mitigate the risk of money laundering.

Supporting others to raise funds for our work

We are enormously grateful to volunteers who raise money in numerous ways, including sponsored events or by asking for donations to IMPACT to mark life events such as marriages or when saying goodbye to loved ones at funerals. Our friendly team is always happy to provide support so please do get in touch.

The Sussex-based IMPACT Lunch Club is a well-established and fun group of like-minded people who meet monthly to share a meal and listen to a speaker, whilst also raising essential funds for IMPACT's programme of action. Profit this year has totalled £27,243 (£14,936 in FY 2022-23) and will be invested in the varied programme of IMPACT Zanzibar, of which more detail is provided on page 28. If you would like to set up a similar group in your area, we would be delighted to help.

Our sincere thanks also go out to the community service organisations that support IMPACT. Sir John Wilson, founder of the IMPACT movement, was a Rotarian and we are immensely proud that Rotary Clubs in Great Britain and



July 2023 Judi Stagg, IMPACT UK's recently retired CEO, followed in the footsteps of IMPACT's late founder, Sir John Wilson, in being named by Rotary as a Paul Harris Fellow in recognition of her years of humanitarian service

Ireland have chosen to raise vital funds for our project work for more than three decades. Further evidence of the close ties between IMPACT and Rotary came this year when Judi Stagg, our retired Chief Executive, was honoured with the Paul Harris Fellowship in recognition of her assistance in furthering better understanding and friendly relations among peoples of the world.

Rotary clubs' generous gifts totalled £9,151 this year (FY 2022-23 £4,333).

We work with people fundraising on our behalf to ensure they are also adhering to good practice in fundraising, data protection, and safeguarding vulnerable people in the same careful way our small team in Haywards Heath does.

Protecting vulnerable people

As described above in the section 'Safeguarding' on page 32, we are mindful of the need to protect vulnerable people who participate in our projects as beneficiaries, along with the staff and volunteers who deliver them.

However, vulnerable people must also be protected as part of good fundraising practice. Our high standards and good practice in fundraising generally also protects vulnerable people. For example, we never exert pressure on people to donate and our contact is only with people who have come to us, rather than been contacted 'cold'. We respect requests not to be contacted whether they come from the individual or someone acting on their behalf, and because all gifts are processed by our small team, we know many donors personally and are alert to gifts which might appear unusual. Any suspicions must be reported to the Co-CEOs for further investigation and they will refer to the Board of Trustees to consider the information and make a final decision on how to proceed. While investigations are being conducted, the funds are ring-fenced and unspent in case they need to be returned. Our complaints procedure and membership of regulatory bodies provide a fall-back for vulnerable people, or those acting for them, in respect of IMPACT's fundraising.

Income, investments and expenditure

Income of £2,283,797 is an increase of 8.35% on the previous financial year (2022-23: £2,107,839) and surpassed our yearly target of £1.5 million by 52%. Thank you to everyone who has supported us this year – nothing could be achieved without you, and the hundreds of thousands of people who have benefited would not have.

Restricted gifts directly power projects and unrestricted gifts enable us to meet urgent needs as they arise or pay for essential costs.

Thanks to a philanthropic family foundation we were able to run another matched funding appeal this year to 'Double the IMPACT' for children's healthcare. Our supporters really got behind this to make a huge success. Gifts totalling £227,761 have been matched pound-for-pound to provide children with healthcare and medical treatment over the next two years. The family foundation also pledged a further amount of £193,109 to pay for operations that will arise from the additional screening services we anticipate being able to provide.

We are particularly pleased to have received significant restricted grants to invest in building infrastructure this year. For example, IMPACT Foundation Bangladesh has been able to purchase medical equipment for its modern hospital in Chuadanga, some of which has enabled the establishment of a neonatal intensive care unit (NICU) which will save young lives and help to prevent needlessly disabling conditions. Maternity services have also been upgraded in Ratanakiri Province, Cambodia, which is one of the least developed parts of the country. IMPACT India Foundation's Lifeline Express Hospital Train underwent a major overhaul which will keep it on the rails. Investing in infrastructure is a long-term strategy which will confer benefits to communities for many years.



October 2023 An enthusiastic team of young volunteers in Zanzibar staged a 'Fun Fair & Food Bazaar', helping to raise £4,605 locally for the 'Double the IMPACT' children's healthcare appeal

Cost-efficiency is central to everything we do in order to invest as much as possible on our project work. Once again this year we have used more than our targeted 90% of expenditure on direct charitable activities – 91 pence in every £1 spent was used for this purpose; 5 pence was spent on generating more income (fundraising); and 4 pence was spent on administration and governance. A well run organisation is more likely to be cost-effective and it is important that our supporters know they are giving their money to a charity they can trust to use it well. We are keenly aware that our donors have a wide choice of charities and are continually humbled that they choose to support IMPACT.

Our investment policy is set out in Note 5 of the Notes to the Accounts, below. Generating returns with very low risk underpins the decisions made by the Council's Investment Sub-Committee. This year, investment income was £38,164 - an increase of 125% on the previous year (FY 2022-23 £16,968). This reflects the gradual increase in interest rates offered by banks and building societies.

Balances on restricted and designated funds (notes 19 and 20 in the accounts) show that commitments are made towards future programme expenditure. We frequently pledge funding for up to three years so that our local partners can plan their work and avoid letting down the people who rely on the healthcare they deliver. Projects often take more than one year from receipt of funding to implement and are rarely completed within a single financial year, and funds are sent in tranches against the receipt of satisfactory reports or milestones reached.

We actively fundraise and explore new sources of income to meet any shortfall on specific projects and if restricted funds are subsequently raised and received, designated funds are released to be used elsewhere. We are making efforts to increase the amount of unrestricted funding we raise as this provides us with the greatest flexibility in delivering our public benefit. Balances are held by the Foundation on interest-bearing deposit until and whilst the project is implemented.

Rigorous financial controls are in place and our cash position remains healthy.

We expended £2,036,180 this year (2022-23 £2,410,361) and the breakdown of funds spent by country (excluding support costs) is shown in the table below.

Location	Amount expended on charitable activities (£)	Proportion of the Foundation's total expenditure 2023-24	Proportion of the Foundation's total expenditure 2022-23
Bangladesh	£380,560	22.7%	38.7%
Cambodia	£128,408	7.7%	3.4%
India	£588,887	35.2%	28.8%
Kenya	£72,340	4.3%	4.1%
Nepal	£242,679	14.5%	4.1%
Pakistan	£25,174	1.5%	11.3%
Sri Lanka	£0	0%	0.5%
Tanzania / Ethiopia / South Sudan	£57,055	3.4%	3.4%
Zanzibar	£159,124	9.5%	5.4%
The UK (nutrition project)	£20,618	1.2%	0.3%

Each partner we collaborate with operates autonomously and independently from IMPACT UK, maintaining their own audited accounts. We promote self-reliance among our partners, with many of our larger and more established collaborators securing substantial funding from sources other than IMPACT UK. This approach reinforces our relationships as equal partners and allows us to allocate funds to pilot new projects and engage with new partners.

Our partners raise money from a variety of sources including local and international charitable trusts and individuals. Income is also generated from the provision of medical services to people who can afford to pay, from renting out premises or spare operating theatre capacity, or speaking engagements.

IMPACT UK is incredibly fortunate that in the 1990s, a local charitable trust enabled us to purchase the building which still houses our small office. We have felt the benefit of no mortgage or rent costs ever since and this really helps us to keep essential running costs to a minimum.

It will be seen from the Balance Sheet that all our investments are represented by cash and short-term deposits. The balance on unrestricted, non-designated reserves is £180,667.

Organisational structure

The IMPACT Foundation is a registered charity (number 290992, July 1985) and a public benefit company without share capital limited by guarantee (number 1878297). The Foundation is organised under the direction of its governing body, which is the Council of not less than 12 but no more than 20 Trustees who, for the purposes of

Structure, governance & management

company law, are also Directors of the Company. They are responsible for determining the policies and strategic direction of the IMPACT Foundation but, as there is no share capital, the Trustees have no interest in the IMPACT Foundation as defined by the Companies Act 2006.

The IMPACT Foundation operates in accordance with its constitutional mandate, the Articles of Association, and subject to relevant legislation. We are aware of the Directors' duties under the Companies Act 2006. The Council of Trustees comprises people with relevant skills and experience, including the law.

Trustees and their responsibilities

The Trustees hold meetings at least three times per year to review detailed financial and progress reports and discuss new project proposals, strategy etc. The Trustees delegate the IMPACT Foundation's day-to-day operations to the Co-CEOs. Other meetings by sub-committees and task forces appointed for specific purposes take place on a regular basis. For example, a Staff Committee is delegated to consider human resource issues, policies and remuneration and an Investment Committee to consider investments. Recognising the need to keep up with the raft of new regulations and employment legislation, the Trustees retain the services of a Human Resources Consultant. All staff and members of the Advisory Council are invited to attend Trustees' meetings.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). They prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company; of the incoming resources; and of the application of resources, including the income and expenditure of the charitable company, for that period.

In preparing those accounts the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the Trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the Trustees have taken all appropriate steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Board of Trustees' other responsibilities include:

- Setting policy and overseeing strategic direction
- Complying with relevant laws and regulations
- Ensuring that charitable objects are met
- Promoting the IMPACT Foundation's reputation, values and integrity
- Taking appropriate care and advice when investing money
- Making sure charitable funds and assets are used to further IMPACT Foundation's charitable aims and fulfil its public benefit duty

Trustees are asked each year at the beginning of a meeting to declare any conflicts of interest. A policy is in place to manage any conflicts which might arise.

Trustees serving during this period are listed on page 2. Trustees have no financial interest in the IMPACT Foundation and receive no remuneration for their services. Our Governance costs this year were £15,555 (£17,546 in FY 2022-23).

Recruitment and appointment of Trustees

The appointment of Trustees is conducted in line with the IMPACT Foundation's Articles of Association. Trustees collectively have the power to appoint any person to be a Trustee but the Board of Trustees must consist of not less than 12 and not more than 20 people. The skills mix and diversity of the Board of Trustees is also considered. As set out in the Articles of Association, from the 1st January 2022, a Trustee may serve for a maximum term of three years and is then eligible for re-election. A Trustee may serve no more than three consecutive three year terms, although may be appointed anew after an interval of at least six months.

Policies apply for the recruitment, selection, induction and training of Trustees and members of staff, all of whom have agreed job descriptions.

We recognise the importance of providing new Trustees with sufficient information to equip them to become effective members of Council. All new Trustees receive a comprehensive induction pack of background material. They are invited to spend time with the staff team and visit project activities. Fellow Trustees are invited by the Chair to act as mentors to new Trustees. Prospective new Trustees may be invited to first become members of the Advisory Council, which has no powers, in order to gain a better understanding of the Foundation.

Advisory Council

The Advisory Council is made up of people with an interest in the Foundation and its work, and with relevant skills and experience on which the Board and staff may draw. Members do not have voting or decision-making rights but are encouraged to attend meetings and participate fully in discussions. It is a valuable resource and repository of knowledge.

A full list of Advisory Council members can be found at the start of this report. We are grateful to every one of them for their interest in, and support for, IMPACT's work.

Strategic review

A special meeting of Council, Advisory Council and staff took place on 29th November 2023 to consider the Foundation's strategic direction for the next five years. Extensive preparatory work was conducted during the summer of 2023 by a small taskforce and meeting participants were asked to complete questionnaires and

feedback thoughts on strategy in advance. It was possible to identify key areas for further discussion on the strategy day from the responses received, and these formed the basis of a strategy, which was formally adopted at the 129th meeting of Council on 14th March 2024.

The strategy for 2024-2029 reaffirms IMPACT Foundation UK's objects (*"To promote activities for the prevention of disablement and for the cure, mitigation and relief of disabling conditions" "which will be carried out throughout the world for the public benefit"*) and our six priorities for action:

- **Early identification, treatment and rehabilitation** – identifying and treating potentially disabling conditions before they cause irreparable damage
- **Accessible surgery** – making surgery accessible for people who need operations to restore their sight, hearing or mobility or, for example, to repair cleft lip or birth injuries
- **Ending malnutrition** – implementing programmes to combat malnutrition which causes physical or mental impairment and compromises immunity
- **Safer motherhood and child survival** – ensuring women and babies are healthy during pregnancy, birth, the first few weeks of life and through infancy
- **Water and sanitation** – improving access to safe water and sanitation to stop the spread of waterborne diseases
- **Health education and training** – empowering people with skills and knowledge to improve health and widening access to primary care such as immunisation

To the knowledge that our work makes a positive impact on the wider issue of poverty alleviation was added the need to consider and respond to climate change, conflict, refugee and mental health challenges; all of which are pressing global concerns - inextricably linked with each other, with development, and with needless disability prevention.

The strategy identified five overarching goals and tasks, each with their own sub-goals which are précised below:

- 1) **Programme Development** – supporting partner-led projects; develop a new 'flagship' project; and to expand action in the UK.
- 2) **Partnerships** – encouraging the self-sufficiency of existing local partners; and exploring opportunities to work with new partners.
- 3) **Financial Resources and Fundraising** – maintain our emphasis on value, cost-effectiveness and low administrative costs; project funding to be 90% plus of expenditure; employ our fundraising strategy to increase income year on year; endeavour to increase unrestricted income to fuel growth.
- 4) **Human Resources** – focus on succession planning for the board of Trustees to ensure diversity and experience and that it remains fit for the future; support the staff's wellbeing and development; recruit new volunteers for our UK project.
- 5) **Communication and Advocacy** – continue to 'campaign the cause' to promote awareness of the need for our work and what we do; and ensure that our priorities remain relevant.

This strategy will be regularly reviewed and progress towards achieving its aims and objectives will be updated annually.

Employees

The staff team remains remarkably lean and effective and its achievements belie its small size. This year there were eight employees (three full-time and five part-time). One part-time member of staff retired at the end of December, reducing the team to seven people for the final quarter.

The team is led by the Co-CEOs who are tasked with implementing the strategic vision of the Board of Trustees and responsibility for the day-to-day running of the charity. The Co-CEOs are ably assisted by the Finance Manager, Fundraising Manager, Office Manager, Development Manager and UK Programme Co-ordinator. A second UK Programme Co-ordinator was recruited during the year to begin work on 1st April 2024 so that our 'Tasty Team' project can grow to support more people in the next financial year. All employees have access to the Employee Handbook and policies, which are reviewed and approved annually by the Staffing Committee of Trustees, with input from an external Human Resources consultant.

Volunteers

Volunteers play an invaluable role in enhancing our programme of action by maximising the impact of our limited financial resources. Through collective efforts, we can extend our reach and significantly amplify what we are able to achieve in our mission to end needless disability.

In the UK, the 'Tasty Team' comprises dedicated volunteers from our local community in and around Mid Sussex. This year, 13 enthusiastic helpers have generously volunteered their time and skills to assist those learning culinary skills and gaining insights into nutrition, always with a keen eye on budget constraints. Their contributions have made a tangible, positive difference in the lives of our beneficiaries.

We extend our heartfelt gratitude to organisers and members of our successful fundraising Luncheon Club, and volunteers who help with mailings, and participate in events or deliver talks to raise funds and spread awareness about our work. This is particularly important because IMPACT's policy is never to pay for expensive advertising.

Furthermore, nearly 1,000 local volunteers are actively engaged in our projects worldwide, serving as champions for the health and well-being of their communities. Their dedication enables IMPACT to extend its reach far beyond what would otherwise be possible.

Relationships with partners

Our 13 partner organisations in Africa and Asia, plus IMPACTs Norway and Switzerland which, along with IMPACT UK generate income to fund project work in Africa and Asia, all share the same aim – a world free from needless disability.

When IMPACT was established in the 1980s, the organisation was set up not as a British head office with regional offices around the world run by expatriate staff, but rather as a coalition of equal partners; each led and staffed by local people who initiate and drive the work in their country. Sir John Wilson, IMPACT's visionary founder, was almost unique at the time in understanding that local people know best what is needed and how to meet those needs, therefore the role of the UK Foundation should be to support them to do what they do best.

Our international partners are autonomous, registered not-for-profit organisations in their own country whose accounts are fully audited. Most of them are IMPACT Foundations although we do work closely with other organisations where we share aims and a long-standing relationship, and where it is more efficacious to partner with them than to set up an IMPACT Foundation which would duplicate effort.

The International Federation of IMPACT Organisations (IFIO) meets every few years to exchange good practice and ideas, reaffirm our shared mission and ensure our priorities for action are still relevant. We aim to meet next in 2025.

Data protection

We follow the law as set out currently in the Data Protection Act 2018, which is the UK's implementation of the General Data Protection Regulation (GDPR). From the organisation's inception it has been our policy to never sell or exchange names and addresses with other organisations, or to disclose such data to a third party. We use an industry-respected database to store data safely. Confidentiality agreements and normal security procedures are in place for Trustees, staff and volunteers. We review our Data Protection and Confidentiality policy annually and keep changes in the law under constant watch. We adhere to individuals' rights to find out what information we hold about them and how we use their data, as set out by the 2018 Act, and would respond to requests in a timely manner.



Since 1997, the IMPACT Luncheon Club members have raised £840,743 in aid of projects to prevent and treat needless disability

"IMPACT illustrates the best of what can happen when well-intentioned people get together"

Peter White MBE, Broadcaster and past speaker at the IMPACT Lunch Club

Risk assessment

The Charity Commission requires the Trustees to identify and review the risks faced by the IMPACT Foundation. A full risk assessment is kept up-to-date and undergoes formal review annually by the Co-CEOs and the sub-committee on staffing. It is then approved by the Board of Trustees. The assessment covers risks under the following categories: reputation, financial, legislative/compliance, governance, staff/volunteers, infrastructure (property and assets), operational and fire, and sets out mitigations.

The UK Programme Co-ordinator conducts risk assessments for every part of the Tasty Team project before implementation.

Health on the curriculum

Working in schools and nurseries is an efficient way to improve the health of large numbers of children. From eye and ear checks, to nutrition and safe water – IMPACT is reducing the risk of needless disability.



INDEPENDENT AUDITORS' REPORT TO THE MEMBERS AND TRUSTEES OF IMPACT FOUNDATION

OPINION

We have audited the financial statements of Impact Foundation Limited (the 'charity') for the year ended 31st March 2024 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Financial Reporting Standard 102).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition we read all the financial and non financial information in the Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made, or
- we have not received all the information and explanations we require for our audit.
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 4), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

AUDITOR RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the Charity, we identified that the principal risks of non-compliance with laws and regulations related to breaches of UK regulatory principles, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to management bias in accounting estimates. Audit procedures performed included:

- validating the appropriateness of journal entries identified based on our fraud risk criteria;
- designing audit procedures to incorporate unpredictability around the nature, timing or extent of our testing;

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

USE OF OUR REPORT

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



STEPHEN POTTER FCA (Senior Statutory Auditor)

For and on behalf of
CARTER NICHOLLS LIMITED, STATUTORY AUDITOR
Chartered Accountants, Victoria House, Stanbridge Park, Staplefield Lane, Staplefield, West Sussex, RH17 6AS

Dated: 11.7.2024

IMPACT FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
(including income and expenditure account)
FOR THE YEAR ENDED 31ST MARCH 2024

				Expendable		
	Note	Unrestricted Funds £	Restricted Funds £	Endowment Funds £	Total Funds 2024 £	<i>Total Funds 2023 £</i>
INCOME AND ENDOWMENTS FROM :						
Donations and Legacies	6	344,015	1,865,224	-	2,209,239	2,086,538
Income from Charitable Activities	7	27,243	9,151	-	36,394	4,333
Income from Investments	5	16,586	4,407	17,171	38,164	16,968
Total Income and Endowments		387,844	1,878,782	17,171	2,283,797	2,107,839
EXPENDITURE ON :						
Expenditure on Raising Funds	8	109,208	-	-	109,208	103,680
Expenditure on Charitable Activities	9	335,060	1,515,511	76,401	1,926,972	2,306,681
Total Expenditure		444,268	1,515,511	76,401	2,036,180	2,410,361
Net Income / (Expenditure)		(56,424)	363,271	(59,230)	247,617	(302,522)
NET MOVEMENT IN FUNDS		(56,424)	363,271	(59,230)	247,617	(302,522)
RECONCILIATION OF FUNDS						
Total Funds brought Forward		488,832	231,288	991,117	1,711,237	2,013,759
Total Funds Carried Forward		£ 432,408	£ 594,559	£ 931,887	£ 1,958,854	£ 1,711,237

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 47 to 55 form part of these accounts

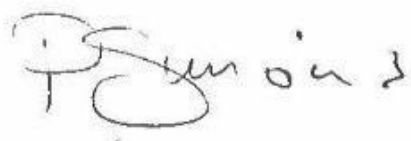
IMPACT FOUNDATION
BALANCE SHEET AS AT 31ST MARCH 2024

	Note	2024 £	2023 £
FIXED ASSETS			
Tangible assets	11	110,349	115,155
		<u>110,349</u>	<u>115,155</u>
CURRENT ASSETS			
Debtors	12	31,189	18,953
Short term deposits		1,798,236	1,565,618
Cash at bank and in hand		29,646	22,325
		<u>1,859,071</u>	<u>1,606,896</u>
CREDITORS : amounts falling due within one year	13	10,565	10,814
NET CURRENT ASSETS		<u>1,848,506</u>	<u>1,596,082</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		1,958,855	1,711,237
NET ASSETS		<u>£ 1,958,855</u>	<u>£ 1,711,237</u>
FUNDS	2		
Expendable Endowment	18	931,887	991,117
Restricted	19	594,560	231,288
		<u>1,526,447</u>	<u>1,222,405</u>
Unrestricted			
Designated	20	141,391	167,829
Fixed Assets replacement	20	110,350	115,155
Other	20	180,667	205,848
		<u>432,408</u>	<u>488,832</u>
Total Funds		<u>1,958,855</u>	<u>1,711,237</u>

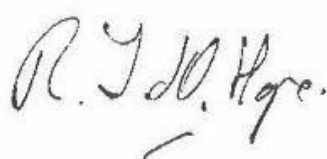
The notes on pages 47 to 55 form part of these accounts

The above accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

Signed on behalf of the board of Directors/Trustees



(Director/Trustee)



(Director/Trustee)

Approved and authorised by the Board:

11.07.2024

IMPACT FOUNDATION**STATEMENT OF CASH FLOWS FOR YEAR ENDING 31ST MARCH 2024**

	Note	2024 £	2023 £
Net cash used in operating activities	21	201,773	(332,020)
Cash Flows from investing activities	5	38,164	16,968
Increase / (decrease) in cash and cash equivalents in the year		<u>239,937</u>	<u>(315,052)</u>
Cash and cash equivalents at the beginning of the year		1,587,945	1,902,997
Total cash and cash equivalents at the end of the year		<u>1,827,882</u>	<u>1,587,945</u>

IMPACT FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2024

1 ACCOUNTING POLICIES

Accounting Convention

The financial statements have been prepared in accordance with Accounting & Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) (effective 1 January 2015) - (charities SORP (FRS 102) and the Companies Act 2006.

Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102 the restatement of comparative items was required. At the date of transition no items were identified that required restatement.

Capital Expenditure

Items of an enduring nature are treated as fixed assets. Other items are written off in the year of purchase.

Depreciation

Depreciation is provided on tangible assets, at a rate calculated to write off the cost less estimated residual value, of each asset over its useful life as follows:

Buildings	Over 50 Years
Computers and Equipment	Over 4 Years

Investments

Investments are included in the accounts at market value at the year end.

Income

Income is accounted for on a receivable basis taking account of entitlement, probability and measurement as defined within current accounting regulations.

Gifts in Kind

Gifts in kind of assets held as stock for distribution by the charity are recognised as incoming resources within "voluntary Income" only when distributed with an equivalent amount being included as resources expended under the appropriate category of the Statement of Financial Activities to reflect its distribution. The assets are valued at the open market cost for equivalent items.

Expenditure

Liabilities are recognised as soon as they become known. Expenditure on Charitable Activities includes the proportion of salaries, secretarial costs and other relevant expenses which relate to the planning, development and administration of these activities. Staff costs are allocated proportionally on a time spent basis. Other indirect costs are apportioned as the trustees deem appropriate from time to time.

Pension Costs

By agreement with the Trustees, the Foundation makes defined contributions to personal pension arrangements chosen by the relevant staff, and administers an auto enrolment pension. The costs of such contributions are charged to expenditure as they fall due.

2 FUNDS

These accounts include four categories of fund within the general headings of restricted and unrestricted.

Restricted Funds may be used for specific purposes and may not be used by the charity for any other purposes, without the prior consent of the donor.

Expendable endowment is a fund where the donor wishes income to be used for limited charitable purposes. The Trustees have power to convert the fund to income. This is also a restricted fund.

Unrestricted funds are expendable at the discretion of the Trustees who have designated funds which are earmarked for particular projects. Such designation is not a binding restriction - the Council can redesignate such money if they consider it appropriate.

Fixed Assets fund is an amount equal to the net value of functional fixed assets. This is treated as an unrestricted fund.

3 RESERVES

Unrestricted reserves are needed:

- a) to provide funds which can be designated to specific projects to enable these projects to be undertaken at short notice, and
- b) to cover administration, fund-raising and support costs without which the charity could not function.

The Trustees consider it prudent that other funds within unrestricted reserves excluding designated and fixed asset replacement should be sufficient to cover six months administration, fund-raising, governance and support costs.

Other unrestricted reserves as defined above currently equate to the minimum considered prudent.

The level of reserves is monitored and reviewed by the Trustees three times a year.

4 CAPITAL COMMITMENTS AND FINANCIAL LEASES

There were no capital commitments at the year end. There were no material commitments in respect of financial leases.

5 INVESTMENT POLICY

The Foundation's policy is to invest with careful consideration of the following:

- a) **SECURITY** The need to avoid incurring losses and to take into account what level of risk is acceptable.
- b) **REALISABILITY** The need for easy and speedy realisation without incurring material loss.
- c) **PERIOD OF INVESTMENT** The minimum period for which the investment can be made before proceeds are required.
- d) **ETHICAL** Need to avoid unethical investment.
- e) **INCOME FROM INVESTMENTS**

	2024	2023
	£	£
Bank and deposit interest	38,164	16,968
	<u>38,164</u>	<u>16,968</u>

6 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	Total Funds	Prior Year Total Funds
Gift Aided Donations	66,136	150,564	-	216,700	212,897
Legacies	210,271	-	-	210,271	270,484
Other Donations	67,608	1,714,660	-	1,782,268	1,592,357
Sub-total	<u>344,015</u>	<u>1,865,224</u>	-	<u>2,209,239</u>	<u>2,075,738</u>
Gifts in Kind	-	-	-	-	10,800
	<u>344,015</u>	<u>1,865,224</u>	-	<u>2,209,239</u>	<u>2,086,538</u>

7 INCOME FROM CHARITABLE ACTIVITIES

	2024	2023
	£	£
Rotary	9,151	4,333
Lunch Club	<u>27,243</u>	-
	<u>36,394</u>	<u>4,333</u>

Profit from the supporters Lunch Club in 2022-23 totalled £14,936, and was previously included within other donations.

8 EXPENDITURE ON RAISING FUNDS

	£	£
Staff Costs	81,935	78,302
Other Costs	<u>27,273</u>	<u>25,378</u>
	<u>109,208</u>	<u>103,680</u>

9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	2024 £	2023 £
Bangladesh	50,443	330,117		380,560	793,273
Cambodia	58,498	69,910	-	128,408	69,733
Kenya	162	72,178	-	72,340	84,657
India	-	588,887	-	588,887	590,606
Nepal	66,240	100,038	76,401	242,679	84,866
Tanzania/Ethiopia/South Sudan	-	57,055	-	57,055	70,683
Zanzibar	5,529	153,595	-	159,124	109,976
Pakistan	15,707	9,467	-	25,174	231,774
Sri Lanka	-	-	-	-	10,800
United Kingdom	-	20,618	-	20,618	5,289
	196,579	1,401,865	76,401	1,674,845	2,051,657
Support Costs	138,481	113,646	-	252,127	255,024
	335,060	1,515,511	76,401	1,926,972	2,306,681

Support Costs are further analysed	Staff	Other	Total Expenditure	
Note			2024	2023
			£	£
International Research	21,721	2,612	24,333	27,082
International	96,350	28,296	124,646	140,015
United Kingdom	27,567	5,568	33,135	19,488
Administration	43,527	10,931	54,458	50,893
Governance Costs	6,562	8,993	15,555	17,546
10	195,727	56,400	252,127	255,024

10 GOVERNANCE COSTS

	2024 £	2023 £
Audit	5,124	4,819
Staff Costs	6,562	8,086
Other	3,869	4,641
	15,555	17,546

11 TANGIBLE FIXED ASSETS

	Freehold Land and Buildings	Computers other equip.	Total
<i>Cost</i>	£	£	£
At 01.04.23	167,725	16,783	184,508
Additions during year	-	-	-
At 31.03.24	<u>167,725</u>	<u>16,783</u>	<u>184,508</u>
<i>Depreciation</i>			
At 01.04.23	58,721	10,632	69,353
Charge for year	2,755	2,051	4,806
At 31.03.24	<u>61,476</u>	<u>12,683</u>	<u>74,159</u>
Net Book Value			
At 31.03.24	<u>106,249</u>	<u>4,100</u>	<u>110,349</u>
At 31.03.23	<u>109,004</u>	<u>6,151</u>	<u>115,155</u>

12 DEBTORS

	2024 £	2023 £
Accrued Interest	25,093	12,180
Income tax recoverable	6,096	6,773
	<u>31,189</u>	<u>18,953</u>

13 CREDITORS - amounts falling due within one year

	2024 £	2023 £
Tax and social security	6,090	6,339
Accruals	4,475	4,475
	<u>10,565</u>	<u>10,814</u>

14 EMPLOYEES

	2024	2023
The average number of persons employed by the Foundation was:		
Full time employees	3	3
Part time employees	5	4
	<u>8</u>	<u>7</u>
Staff costs during the year were as follows:-		
Salaries and wages	230,934	222,743
Social Security costs	17,196	17,860
Pension contributions	29,533	35,209
	<u>277,663</u>	<u>275,812</u>

One employee received emoluments including pension contributions totalling more than £60,000

15 DIRECTORS / TRUSTEES

There were fourteen trustees, all of whom are members of the Executive Council and none of whom receive any remuneration from the Foundation.

Trustees did not claim reimbursement for expenses

16 AUDITOR'S REMUNERATION

The auditor's remuneration for audit work was £2,670 (2023- £2,587).

17 FUND MOVEMENT

	RESTRICTED		UNRESTRICTED		RESERVES	Total
	Expendable	Other	Fixed Asset	Designated	General	2024
	Endowment					
At 01.04.23	991,117	231,288	115,155	167,829	205,848	1,711,237
Income and Endowments	17,171	1,878,782	-	-	387,843	2,283,796
Expenditure	(76,401)	(1,515,510)	-	(232,337)	(211,930)	(2,036,178)
Other - Designated	-	-	-	205,899	(205,899)	-
Asset replacement	-	-	(4,805)	-	4,805	-
At 31.03.24	931,887	594,560	110,350	141,391	180,667	1,958,855

18 ASSETS AND LIABILITIES SPLIT BY FUND

	RESTRICTED		UNRESTRICTED		RESERVES	Total 2024
	Expendable Endowment	Other	Fixed Asset	Designated	General	
Fixed assets	-	-	110,350	-	-	110,350
Current assets	931,887	594,560	-	141,391	191,232	1,859,070
Current Liabilities	-	-	-	-	(10,565)	(10,565)
Fund Balances	<u>931,887</u>	<u>594,560</u>	<u>110,350</u>	<u>141,391</u>	<u>180,667</u>	<u>1,958,855</u>

19 RESTRICTED FUNDS

	Balance 01.04.23	Increase	Decrease	Balance 31.03.24
<i>Bangladesh</i>				
Riverboat Hospital and Prevention Project	33,075	135,053	166,037	2,091
General	1,675	82,736	84,411	-
Nurses Institute	17,466	24,334	38,154	3,646
Community Health Care Centre	18,251	9,927	27,995	183
Equipment	14,820	29,679	44,357	142
Water Appeal	2,729	5,000	7,350	379
<i>Cambodia</i>				
General	-	103,218	103,218	-
Lake Clinic	193	8,424	6,695	1,922
Lake Clinic Mental Health	313	13,000	10,500	2,813
<i>East Africa</i>				
Disability Prevention	67,061	4,538	70,898	701
Tumaini Children's Charity	40	375	384	31
Water Projects	-	537	537	-
<i>India</i>				
Disability Prevention Bhavnagar	-	31,375	31,225	150
Integrated Project Pune	8,608	1,065	2,000	7,673
Lifeline Express Hospital Train	784	829,572	543,915	286,441
General	-	2,103	2,103	-
<i>Pakistan</i>				
Safer Motherhood	196	15,707	15,903	-

RESTRICTED FUNDS - Cont.

Nepal				
General	-	81,085	81,085	-
Rautahat - Safer Motherhood	-	71,975	71,975	-
Far West Ear Project	-	76,401	76,401	-
Africa				
Africa General	960	39,611	40,295	276
Africa Fistula	-	17,038	17,000	38
Zanzibar				
General	-	119,167	119,167	-
School For The Deaf	209	24,495	22,995	1,709
International				
General	8,251	2,839	10,736	354
Eye Care	56,047	1,398	-	57,445
Double the Impact Appeal	-	409,673	196,260	213,413
United Kingdom				
Tasty Team Project	610	33,658	19,115	15,153
	231,288	2,173,983	1,810,711	594,560

All the above balances are held in cash.

20 DESIGNATED FUNDS

	Balance 01.04.23	Designated during year	Expended during year	Balance 31.03.24
Bangladesh				
Riverboat Hospital & Prevention Project	-	-	-	-
General	3,869	106,399	67,033	43,235
Cambodia				
General	35,584	40,000	58,498	17,086
East Africa				
Water projects	269	-	162	107
Nepal				
General	54,242	32,000	71,240	15,002
Pakistan				
Safer Motherhood	12,969	10,500	15,707	7,762
Sri Lanka				
Clinics	1,692	-	-	1,692
Zanzibar				
General	204	17,000	15,691	1,513
International				
General	9,000	-	4,006	4,994
Contingency Fund	50,000	-	-	50,000
	167,829	205,899	232,337	141,391

All of the above funds are held in cash.

21 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net movement in funds	247,617	(302,522)
Adjustments for :		
Depreciation charges /(purchase fixed assets)	4,805	(3,397)
Interest from investments	(38,164)	(16,968)
(Increase) / decrease in debtors	(12,236)	(9,797)
Increase / (decrease) in creditors	(249)	664
Net cash used in operating activities	201,773	(332,020)

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Please contact us

We are only a telephone call away on **01444 457080** and would love to hear from you.

IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH

Email: impact@impact.org.uk

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 <p>The gift of a smile Give the gift of life-transforming surgery for a child with cleft lip. £43.00</p>	 <p>The gift of a gaggle of geese This gift provides a family at risk from malnutrition with a gaggle of geese for income and food security. £30.00</p>	 <p>The gift of sight Give the gift of life-transforming surgery to reverse a disabling condition. £43.00</p>	 <p>The gift of surgery aboard the Lifeline Express Give the gift of surgery to another person aboard the hospital train. £43.00</p>
 <p>The gift of hope Help us to provide a fistula patient in Tanzania with clean clothing and sense of hope restored. £15.00</p>	 <p>The gift of a care package for a new mother and baby Provide a destitute mother and her baby with a care package on leaving hospital. £40.00</p>	 <p>The gift of a birthing kit Make motherhood safer in Bangladesh and Nepal by equipping a Trained Birth Attendant with a birthing kit. £10.00</p>	 <p>The gift of chirpy chickens Support a family in Bangladesh with laying hens as a daily source of nutritious eggs and income. £10.00</p>
 <p>The gift of reconstructive burn surgery Support a young person with a disabling burn injury access reconstructive surgery. £140.00</p>	 <p>The gift of a home garden Support a family by boosting their nutritional uptake with a home garden. £25.00</p>	 <p>The gift of a school medical kit Support a school in Kenya with a medical kit. £20.00</p>	 <p>The gift of tree saplings Support a school in Kenya with tree saplings to improve their school environment. £10.00</p>

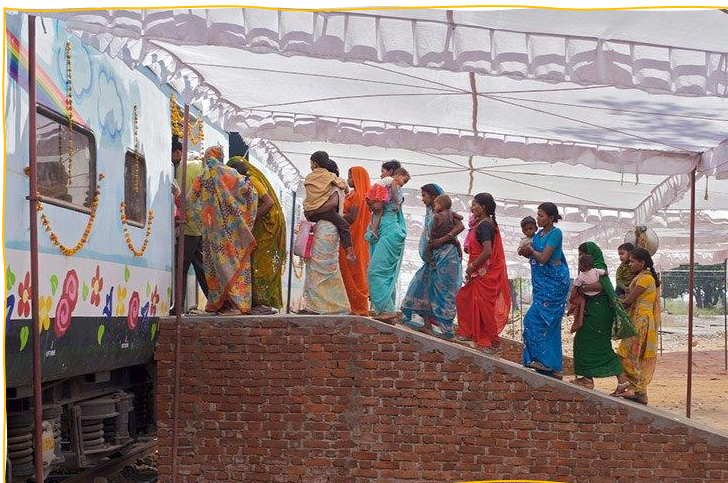
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IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK
Tel: 01444 457080 Email: impact@impact.org.uk Website: www.IMPACT.org.uk



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