

# IMPACT

Preventing disability. Transforming lives.



## **Annual Report & Accounts** **2021-22**

# Contents

	PAGE
Foundation Information	2
Trustees' Annual Report	3
Independent Auditors' Report	44
Consolidated Statement of Financial Activities	47
Balance Sheet	48
Notes to the Accounts	50
How will you make your IMPACT?	59

# Foundation Information

## Trustees who are Directors:

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Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCGP  
John Scott  
Rob West, BA (Hons)  
Robin d'O. Hope

**Honorary President** *(resigned from Council 15.07.21 and joined the Advisory Council. Remains Honorary President)*  
**Chair**  
**Vice-Chair**  
**Vice-Chair** *(resigned from Council 15.07.21 and joined the Advisory Council)*  
**Honorary Treasurer**

Nicholas Astbury FRCS, FRCOphth, FRCP  
Keith Barnard-Jones, MBBS, MRCS, LRCP, D.Obst.RCOG, MRCGP  
Gordon Bennett, LL.B (Hons), LL.M, Dip Int Law  
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David Walker, CMG, CVO  
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Sarah Smith	Deputy Chief Executive
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Charity Number: 290992

Company Number: 1878297

The IMPACT Foundation is a registered charity in England and Wales and a company without share capital limited by guarantee

# Trustees' Annual Report

(Incorporating the Directors' Report)

## A message from our Chair

As for many organisations and individuals, the past year has seen IMPACT adapting to and learning to live with Covid-19. We and our partners continue to work in Covid-safe ways and this means additional costs for cleaning and PPE. At the same time we have been trying to restore our normal projects to full capacity. Thus more than ever we need to raise funds for our core work, as much of our fundraising in the past two years has been focused on Covid-related action.

IMPACT's trustees and staff are totally committed to our no-nonsense and cost-effective approach. We do not waste money on advertising and image. Our donors appreciate the fact that we concentrate on the essentials.

The 30th Anniversary Appeal for IMPACT India's Lifeline Express hospital train has raised over £400,000 including the matched funding provided by a generous donor. These funds will make possible three Lifeline Express projects in rural India, the first of which has already started in Chhattisgarh state. Amongst other interventions, local people are receiving sight-restoring cataract surgery.

In the UK, our Tasty Team has also adapted and is expanding, with both online and face-to-face sessions now taking place to equip people with the skills and knowledge to eat healthily on a budget. This work is more relevant than ever in the current national and international situation.

With our partners around the world IMPACT continues to work for the prevention of avoidable disability in communities where access to healthcare is difficult for the average person. Our aims are early identification and treatment, ending malnutrition, safer motherhood and child survival, health education and training, safer water and sanitation, and accessible surgery. As a result of our interventions, poverty is also alleviated and lives are literally transformed every day.

We are immensely grateful for the support and generosity of our donors and volunteers. The threat from Covid-19 may be becoming more manageable but this year has already thrown up unexpected challenges and IMPACT needs you – our essential partners – in order to keep moving forward. Together, we are making change happen for the better.

### Dr Brenda Luck

Chair, IMPACT Foundation UK

4<sup>th</sup> May 2022



Brenda was a GP partner in rural South Staffordshire from 1980 to 2006. During a sabbatical, she spent time with IMPACT partner the PNR Society in Bhavnagar, India where she supported the vaccination campaign for a polio-free Gujarat (pictured above). Brenda became a trustee on her return to the UK. Over the years, she has visited many overseas IMPACT programmes at her own expense.

# Making an IMPACT – how & why

## WHY IMPACT'S WORK IS NEEDED

- 15% of the world's people live with a disability
- 80% live in lower-income countries
- One third are children
- Most were not born disabled and live with a condition which could have been prevented or could be reversed

## BREAKING THE CYCLE

People with disabilities often rank among the very poorest in society and lack equal opportunities to education or employment; many are kept in poverty by discrimination. IMPACT's work to prevent and treat needless disability makes a vital contribution to the alleviation of poverty.

## WHERE WE WORK

**AFRICA:** Ethiopia, Kenya, South Sudan, Tanzania, Zanzibar

**ASIA:** Bangladesh, Cambodia, India, Nepal, Pakistan, Sri Lanka

**EUROPE:** The UK, Norway, Switzerland (raise money to support IMPACT's partners in Africa and Asia)



## HOW IMPACT BEGAN

Needless disability is inextricably linked with poverty. The late Sir John Wilson (who was blind himself) founded IMPACT in 1985 as a means of sharing knowledge and supporting communities in rural Africa and Asia to prevent disabling conditions using practical, low-cost methods. Sir John worked with local people, such as surgeons, to establish multiple autonomous national IMPACTs - most of them in countries of the global south. IMPACT's projects are straightforward, cost-effective and focus on community-led development to ensure that projects meet real needs and create long-lasting change.



# IMPACT's vision

**IMPACT's vision is of a world free from needless disability. We believe that no one should become or remain needlessly disabled through disease, lack of knowledge or shortage of medical services.**

Living with a disability is a fact of life for more than a billion people around the world. It is estimated that the vast majority of people with disabilities live with a condition that could have been prevented or could be treated. For example, permanent hearing loss caused by an untreated ear infection; cataracts causing sight loss that could be restored through surgery; or birth injuries caused to a mother giving birth alone or without trained assistance.

Needless disability and poverty are inextricably linked, each perpetuating the other. The poorest sections of society have least access to medical services that could prevent needlessly disabling conditions and people with disabilities too often face discrimination and obstacles to employment or education – stepping stones to improved prosperity. IMPACT's work to prevent and treat needless disability therefore also makes a vital contribution to the alleviation of poverty around the world.

A core part of our philosophy is the belief that local people are best placed to identify the needs in their own country and how to meet them in a culturally appropriate and cost-effective way. IMPACT UK never imposes ideas or action on our international partners but instead plays a supporting role to facilitate the programmes they have developed in consultation with beneficiaries. We also invest in training and equipping local medical and health workers to serve their communities for the long-term.



The children at Wikimuu Primary School in the drylands of Kenya are just some of the 369,582 people who have benefited from IMPACT projects to improve access to safe water and sanitation this year.

# Objectives and strategy

IMPACT has worked with 12 trusted local partners in 10 countries of Africa and Asia during 2021-22. Each partner is autonomous and delivers a programme of action they have designed to prevent and treat needless disability; to promote health; and, as a consequence, to alleviate poverty. We also run a successful project to promote healthy nutrition in our local community in the UK. **Our shared priorities for action are:**



## ACCESSIBLE SURGERY

Medical teams operate to restore sight, hearing or mobility – or to treat other disabling conditions and injuries, often taking surgery into remote areas



## EARLY IDENTIFICATION, TREATMENT & REHABILITATION

Prevention is better than cure so local health workers check people's wellness and treat the early signs of needless disability. They also provide physiotherapy and assistive devices such as spectacles, hearing aids and prostheses



## SAFER MOTHERHOOD & CHILD SURVIVAL

Medical support, straightforward monitoring and simple interventions such as vaccinations and improving nutrition can keep women and their babies safe and healthy during pregnancy, childbirth and infancy



## SAFE WATER & SANITATION

Safe water and sanitation are the foundations of good health so we support installation of clean water sources, handwashing stations and toilets in communities, and the sharing of information about hygiene and sanitation



## ENDING MALNUTRITION

Lack of vital vitamins and minerals is associated with disabling conditions such as visual and cognitive impairment, as well as increasing the risks during pregnancy, and compromising immunity so we help people to prevent deficiencies in simple, cost-effective ways



## HEALTH EDUCATION & TRAINING

Skills and knowledge are shared with communities so they can take action to protect the health of themselves and their families

## How each country programme contributes to our shared objectives

Country	Accessible surgery	Early identification, treatment & rehabilitation	Safer motherhood & child survival	Safe water & sanitation	Ending Malnutrition	Health education & training
Bangladesh	✓	✓	✓	✓	✓	✓
Cambodia	✓	✓	✓	✓	✓	✓
India	✓	✓	✓		✓	✓
Kenya	✓	✓	✓	✓	✓	✓
Nepal	✓	✓	✓	✓	✓	✓
Pakistan		✓	✓			✓
Sri Lanka		✓				
Tanzania (+ Ethiopia and South Sudan)	✓	✓	✓		✓	✓
The UK					✓	✓
Zanzibar	✓	✓	✓	✓	✓	✓

# The public benefit of our work

IMPACT's work makes a clear and valuable contribution to the following three public benefit purposes as defined in the Charities Act 2011. The rest of this report will demonstrate how we do this in more detail.

- 1) The advancement of health or the saving of lives
- 2) The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage
- 3) Prevention or relief of poverty

## Performance

Across IMPACT's programme, this year can best be characterised as a tentative return to normality while still responding to new waves of Covid-19 and navigating a raft of restrictions that hindered service delivery, often imposed by Governments at short notice. Covid-19 control measures have ebbed and flowed; while one country was opening up, another was locking down but always mindful of the people who depend on us and have no other access to healthcare, IMPACT UK and our international partners have worked hard to deliver our projects however and wherever possible, whilst at the same time operating in Covid-safe ways.

The many medical professionals and community health workers, without whom our international programme of action would not be possible, remain on the frontline of the pandemic so once again we have focused on their protection. More than 170,000 pieces of PPE have been provided along with almost 8,000 litres of sanitiser and disinfectant. 63 medical facilities have been supplied with PPE and medical equipment.

We have also continued to protect members of the public in our project areas with the provision of face coverings, soap and hand washing facilities, and emergency food parcels since livelihoods have been affected as much as lives. Thanks to IMPACT, 7,621 families received nourishing meals, more than 82,000 people were given face coverings and almost 25,000 bars or litres of soap were provided as hand hygiene plays an important role in stopping the spread of the virus. Health education and awareness about Covid-19 reached nearly 240,000 people.

We responded rapidly to the devastating Delta wave that hit India and surrounding countries in the middle of 2021 by supporting our three Indian partners to purchase medical equipment such as oxygen concentrators, and



to establish Covid care centres and outreach programmes to assist people living in remote, rural and underserved villages. The wave subsided quickly but our partners stand ready to act again should they need to.

Aside from Covid-19, IMPACT's usual international programme of action ramped up, and while still not able to operate as before, strides have been made in re-starting any projects that had stalled and catching up on activities that were not possible before. For example, so much of IMPACT's work is community-based and takes place in schools and remote villages but school closures and lockdowns kept apart our outreach health teams and the men, women and children in need of health care. Our local partners report that even when services are available, people have been reticent to come through fear of catching Covid-19. This has inevitably reduced beneficiary numbers, but as the vaccine roll-out continues, this nervousness is subsiding.

Overall within our normal projects, we have benefited almost 50,000 more people this year than last. 913,168 men, women and children have been reached with health and medical care, training, health education, safe water and sanitation (an increase of 114.5% on FY 2020-21). This is in addition to hundreds of thousands of members of the public who benefited from action on Covid-19 and the thousands of health and medical workers who were protected with PPE.

Our projects always prioritise the least resourced and most marginalised people and the fact that our trusted partners are local people who know their communities well means we can be confident that those in most need are reached.

In addition to our 'Tasty Team' project to promote healthy nutrition for vulnerable groups in West Sussex, IMPACT UK has supported 12 partners working in 10 countries of east Africa, south-east Asia and southern Asia to achieve the following:

### Overall activity:

Action within on-going programme	2021 to 22	2020 to 21
People examined and provided with treatment	202,364	145,978
Operations to restore sight, mobility or hearing, or to repair cleft lip or fistula	6,493	6,262
Immunisation against disabling disease (including activities to support Government vaccination programmes)	11,309	10,707
Mothers and babies receiving pre and post-natal care	16,938	22,178
Combatting malnutrition, including home garden and micronutrient supplement beneficiaries	54,004	47,204
Health professionals and community volunteers trained	2,606	1,948
People participating in health education or otherwise empowered within their communities	226,788	160,118
People benefiting from safe water and improved sanitation	369,582	18,213
Assistive devices given (hearing aids/orthotics/protheses etc.)	23,084	13,040
Medical facilities upgraded / provided with equipment	7	13
<b>Covid-19 pandemic response</b>		
Hospitals / health centres' infrastructure built to better cope with the pandemic	63 124 health workers trained 42 tablet computers provided for record keeping during health outreach 6 Covid or post-Covid care centres set up 91 mobile clinics held	125
Items of medical equipment purchased	2,155	1,158
Items of PPE provided to health workers	170,238	293,594
People benefiting from medical assessments / treatment for Covid and other conditions	97,529	N/A

Soap, disinfectant and cleaning products for hospitals and health centres	7,895 litres/kg	16,985.5 litres
Public handwashing facilities established	20	284
Participants in health education and awareness raising re: Covid-19	239,474 (plus 50,000 leaflets produced and distributed; 1 toll-free medical helpline established and a 'Trace, Treat and Track' system set up covering a population of 100,000 people)	1,147,146
Families receiving emergency food parcels	7,621 (plus 121 students of schools for children with disabilities provided with nutritious meals)	1,876
Supplies for the public for infection control	82,104 face coverings 24,678 bars/litres of soap	37,903 face coverings 24,500 bars/litres of soap
Vaccination assistance	Provided support to Government programme during which 129,898 doses were administered	3 nurses trained to give Covid-19 vaccines
<b>Other emergency relief</b>		
Flooding relief, Cambodia	N/A	420 emergency kits (food, blankets, soap and water) to displaced families plus supply of basic medicines for health posts

Notably, the number of people benefiting from medical examination and treatment (up 38.6%), health education (up 41.6%), assistive devices such as prosthetic limbs and hearing aids (up 77%), access to clean water and sanitation (up 1929%), and action to prevent malnutrition (up 14.4%) have increased significantly on the previous year. The large increase in people accessing clean water and sanitation is due to the installation of a water treatment plant at a large hospital in Bangladesh, which is used by hundreds of patients and members of staff every day.

Whenever possible, our projects implement a diverse range of activities in one geographical location (e.g. a village or district) in order to maximise the benefits for the people involved. This is because poverty is multi-dimensional – people rarely lack only access to medical care – so our partners also enable households to meet their need for nutrition and income through initiatives such as growing vegetables and rearing livestock to eat and sell; establish community forums such as Mothers' Clubs to disseminate health education and empower members to take action to improve their own health; train teachers, NGO workers and local leaders to understand disability and take steps to help people affected; and provide clean water and sanitation, lack of which undermines all other efforts and is one of the biggest causes of ill-health, lost productivity and early death.

We have also invested in building local infrastructure and human resources to support communities for the long-term again this year. We have equipped and upgraded seven hospitals and health posts and supported the training of 2,606 medical and health workers (up 33.8% on FY 2020-21) including providing scholarships for 28 student nurses at IMPACT Foundation Bangladesh's Nursing and Midwifery Institute, which aims to meet the huge need for nurses in Bangladesh while at the same time offering a rare professional opportunity to young women from rural villages.



IMPACT Mothers' Clubs – like this one on Auraiya Village in Nepal – widen access to healthcare and provide opportunities for women to gain knowledge and skills that improve their health and that of their families and wider communities

We set ourselves 11 goals in last year's report – 'Looking to the Future' on page 33 – and achieved all of them, despite the many challenges we and our local partners continued to face due to the Covid-19 pandemic and the burden of significant restrictions on all parts of society.

Goal	Achievement
Begin construction of a new building which will eventually become a standalone IMPACT Nursing Institute and replace the current facility located within IMPACT Bangladesh's hospital in Meherpur. This would enable more nurses to be trained each year and better help to meet the acute shortage in Bangladesh.	Architectural and engineering plans for the new building have been completed and 103 piles have been installed to support the foundations. Contracts have been signed with the selected building contractors for work to begin on the first two floors from 1 <sup>st</sup> April 2022. It is anticipated that this will be complete by the first quarter of 2023 and that classes will be held on the new building from the start of the new academic year.
Provide even more specialist surgery including burns operations in Cambodia and hydrocephalus operations for children in Bangladesh.	Thanks to our links with an experienced brain surgeon in Dhaka, 15 more operations were performed to ease the effects of hydrocephalus (the build-up of cerebrospinal fluid around the brain) in young children in Bangladesh. The oldest child was 7 years and the youngest just 25 days. All of the children benefiting came from impoverished families in rural villages and would not have had access to this life-saving surgery without IMPACT.  We provide funds for a plastic surgeon in Cambodia to perform operations on people with burn injuries as we receive gifts restricted for this purpose. This year we have supported one burn surgery. We hope to support more in the future.
Install additional SIDKO water filtration plants for safe, accessible water, and renovate toilet blocks in more schools in Bangladesh, to improve sanitation, menstrual hygiene and dignity to keep girls in school all month.	Three new SIDKO water filtration plants have been installed at the following locations in Chuadanga district, Bangladesh: Chuadanga District Hospital, Munshiganj Girls High School and Gokulkhali Secondary School. The latter two SIDKO plants were accompanied by Menstrual Hygiene education, distribution of sanitary kits and toilet block upgrades. Accessible safe water and clean and private toilet facilities are essential as part of menstrual hygiene to ensure girls have the confidence to attend school during their period. More than 5,000 people benefit daily from safe water as a result of these school SIDKO plants.
Develop the skills of more local healthcare professionals by supporting training, which is a long-term solution to ensure delivery of quality health services.	1,371 health workers were trained through our projects this year and are using their skills for the welfare of people in the communities in which they work. Training included paediatric audiology, midwifery and nursing, and leprosy care. In addition 1,235 volunteers were trained, including teachers and students, to perform health monitoring in their classrooms and community leaders to identify and signpost treatment services for people with needlessly disabling conditions.
Provide further support for IMPACT India's award-winning Lifeline Express hospital train through a very special matched funding appeal to mark its 30 <sup>th</sup> anniversary.	IMPACT UK's matched funding 30th anniversary appeal was a huge success thanks to the generosity of our supporters and the philanthropic family who provided the matched funds. In total, £412,670 was raised which is enough to fully fund three projects of IMPACT India's Lifeline Express hospital train in the financial year 2022-23 during which approximately 26,000 people could benefit from medical care.
Provide running costs and staff training for the ZOP Academy in Zanzibar, which provides specialist education and opportunities to hearing impaired children who might otherwise never go to school.	IMPACT UK has funded the running and salary costs of the ZOP Academy for children with hearing impairments, located in Zanzibar. Dr Naufal Kassim Mohammed, ENT Surgeon and Medical Advisor on the board, has undergone further training in Paediatric Audiology in South Africa (including hearing tests, hearing aid fitting and speech and language development) and is, in turn, training the Academy's staff.
Work with The Lake Clinic (TLC) to deliver on-going mental healthcare services for vulnerable people living in the floating villages of the Tonlé Sap Lake, with a particular focus on tackling domestic abuse and violence.	We supported The Lake Clinic with funds which contributed to the delivery of mental health services to 40 people who underwent regular monitoring, counselling and, where needed, were provided with medication.  TLC's outreach team has been trained by the Cambodian Women's Crisis Centre to recognise signs of domestic abuse and violence and refer people affected to TLC's mental health team for ongoing support.
Increase access to safe water sources and sanitation for rural communities in Kenya through infrastructure building and health education.	Safely constructed concrete pit latrines with fully private enclosures were installed in five schools to provide students and teachers with a facility they can use without danger and with dignity. There was a constant risk of the old-style hand-dug latrines collapsing beneath the user. Five schools were provided with handwashing facilities (two tanks per school) to enable hand hygiene. Five schools were provided with Rain Water Harvesting systems with 10,000 litre tanks to collect rain for use in the school and the

**Respond to the extra needs of our partners to meet the challenges of operating safely in the face of Covid-19 and help to ensure that vulnerable people do not go hungry due to loss of income as a result of the pandemic.**

surrounding community. Schools were also provided with health education on safe water, hygiene and sanitation.

**Expand the reach of the Tasty Team project in the UK through online resources (e.g. cooking videos on a dedicated YouTube channel); restart face-to-face cooking sessions when it is safe to do so; launch after-school cooking clubs and work with more of the people who have really struggled during the pandemic, for example elderly people, to improve their food security and nutrition.**

IMPACT UK has once again provided extensive support for Covid-19 related projects in Bangladesh, Cambodia, India, Nepal, and for our project in the UK. For example, we have supplied 63 hospitals and health facilities with more than 170,000 items of PPE and more than 2,000 items of medical equipment; given more than 82,000 masks and almost 25,000 bars of soap to the public; provided food for hard-pressed families in our local community and elsewhere, and much more described further in this report.

The Tasty Team has adapted to restrictions and continued to work throughout the Covid-19 pandemic. This year, one-to-one Get Cooking sessions resumed in person when restrictions allowed and 361 people participated overall. Tasty Sessions in schools benefited 170 children. At Christmas, The Tasty Team delivered meal boxes to struggling households that benefited 98 people. A new YouTube channel expanded the Team's reach by making cooking skills available online to a wider audience through short instructional films to boost confidence covering topics such as making a tomato sauce or cooking rice. In addition, an online resource portal was created for volunteers and participants to use. After school cooking clubs were launched in one school (for children) and one community venue (for children and their parents) and additional sessions were held during the school holidays for families to share a cooking activity together. 33 carefully selected people who were identified as those who would particularly benefit, took part.

**Respond to emergencies in our projects should they arise.**

IMPACT responded to the Covid-19 pandemic, as described in the next section of this report. There were no other emergencies within our project areas.

IMPACT has stringent monitoring guidelines which helps us to analyse the impact of our work. All of our partners send regular activity, statistical and expenditure reports and these are carefully monitored against agreed targets, enabling adjustments to be made if necessary. IMPACT UK and our partners work collaboratively in order to deliver the best service we can to the people who rely on us, often as their only hope of health care or medical treatment. Independent project evaluations monitor the impact of many projects and representatives of IMPACT UK make programme visits to ensure that your support is really making a difference.

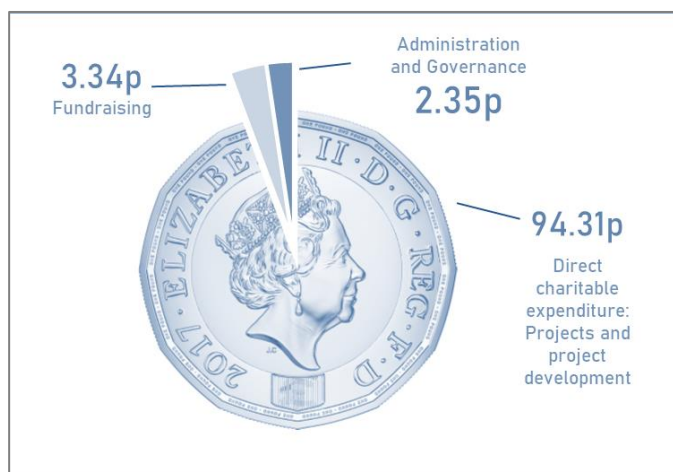
IMPACT UK relies on voluntary contributions from generous members of the public, companies and organisations to power our programme. Income this year is £2,158,975 (an increase of almost 28% on FY 2020-21 and 44% more than our target of £1.5 million). This can be attributed to the successful 30<sup>th</sup> anniversary matched funding appeal for IMPACT India's Lifeline Express Hospital Train and for the restricted funds provided for Covid-19 projects.

Expenditure is also up 33.7% on the previous year at £2,326,796 due to the resumption in every country of activities put on hold by Covid-19 along with some specific action in response to the Delta wave in India.

Due to prudent financial management and the fact that our team and offices are small and lean, IMPACT UK has expended an even higher percentage of funds on direct charitable action this year than last. Almost 95 pence of every £1 spent was used for this purpose (FY 2020-21 92.4%).

Further information can be found in the section 'Financial Review and Policies' on page 36.

**2021-22**  
**How every £1 was invested**





# Highlights of the year's achievements

## Covid-19 Pandemic Response

The World Health Organisation has analysed the number of global excess deaths over the first two years of the pandemic and believes the true death toll from Covid-19 is nearly 15 million people – three times higher than the officially recorded numbers.

Of the people who died, 57% were men and 43% were women. 59% lived in lower or low income countries compared to 15% in high income countries like the UK – highlighting that poverty and its characteristic overcrowded living conditions, inadequate sanitation, lack of clean water, and inequitable access to quality healthcare and vaccines – really is a matter of life and death.

The authors of WHO's report note the limitations on their findings because they were unable to accurately measure the number of excess deaths in sub-Saharan Africa due to the lack of reliable health and demographic records kept by 41 of the 54 countries in Africa. Better data collection systems are vital to ensure that health services meet the needs of populations generally, and for better preparedness for future pandemics.

This is an issue outside of Africa too, with actual Covid-19 deaths estimated to be nearly 10 times higher than official records in India, eight times higher in Pakistan and five times higher in Bangladesh.

IMPACT's policy of partnering closely with local people who really know the areas they work in means that our actions to tackle the challenges of the pandemic were highly targeted and efficient.

While vaccination distribution is increasing, just 60% of the world's people are fully vaccinated against Covid-19, while 24% have received a booster jab, which we know is vital to protect against the highly infectious Omicron variant. Where possible, IMPACT's partners have supported Government vaccination campaigns in tangible ways such as providing nurses to give injections and health education to ensure people understand how they can get vaccinated and why it is needed. Often this includes dispelling the misinformation that has found its way into every corner of the planet.

Many of the people who died from Covid-19 were healthcare workers on the front line, putting their lives in danger caring for people despite inadequate personal protective equipment. One of IMPACT UK's priorities within our practical response to the pandemic was to ensure that high-quality PPE was provided to the doctors, nurses and health workers employed within IMPACT's projects and at the hospitals we partner with around the world. More than 170,000 items were supplied this year.

This second year of the pandemic covered the Delta and Omicron waves, which infected vast swathes of people and further pressurised creaking health systems. The Delta variant was first detected in India and quickly became the dominant strain globally. India suffered an incredibly intense Delta wave infecting millions of people, which peaked and subsided within three months. During this time, we supported three partners in the country in myriad ways including setting up test and tracing systems and Covid care centres; and a small army of health workers making household visits in rural areas. The effects of Covid-19 are ongoing, as is our action.

Aside from the medical consequences of the pandemic, there has been a huge social and economic toll. IMPACT has supported partners around the world to provide food parcels to families struggling financially when they could not work due to restrictions and who were at real risk of hunger. As usual, we added long-term benefit where

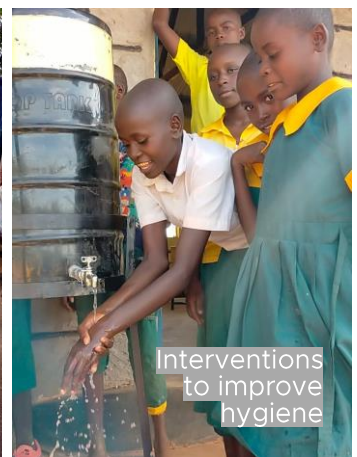
**% of populations fully vaccinated (2 doses) against Covid-19 as at April 2022:**

<b>Bangladesh:</b>	<b>70.5%</b>
<b>Cambodia:</b>	<b>85%</b>
<b>Ethiopia:</b>	<b>18.5%</b>
<b>India:</b>	<b>62.5%</b>
<b>Kenya:</b>	<b>17%</b>
<b>Nepal:</b>	<b>67%</b>
<b>Pakistan:</b>	<b>55%</b>
<b>Sri Lanka:</b>	<b>66%</b>
<b>Tanzania:</b>	<b>6%</b>
<b>The UK:</b>	<b>74%</b>

**Source: [ourworldindata.org](https://ourworldindata.org)**

possible by also distributing rice mills to villages to prepare paddy into usable rice, and household water filters to provide potable water.

So much about Covid-19 remains unknown but it is becoming increasingly clear that 'Long Covid' will cause a huge burden of ongoing ill-health and disability for the people unlucky enough to develop it, which will inevitably strain already overstretched healthcare systems and diminish economic productivity on an individual, national and global level. There may be an ongoing role for IMPACTs around the world to support people affected by 'Long Covid' which will complicate other health conditions. Many affected people will inevitably be seen in our hospitals and clinics in the future.





During 2021-22, IMPACT UK has raised funds to enable the following supplies and action throughout our international programme in response to the Covid-19 pandemic:

Item	Total	Item	Total
PPE kits	1,874	Non-medical masks (public)	82,104
Shoe covers	1,700	Bars or litres of soap (public)	24,678
Surgical masks / respirators	134,430	Health education (people)	228,474
Pairs of gloves	17,044	Health education materials	50,000
Head covers / fabric caps	11,550	Toll-free telephone helpline set up	1
Disposable gowns	1,310	Handwashing stations set up	20
Goggles	650	Food parcels (families)	7,571
Plastic face shields	680	Students at schools for disabled children provided with emergency food	121
Aprons	1,000	Mobile Clinics held	91
Health facilities / hospitals given PPE	63	Household health assessments	92,000
Health facilities / hospitals given equipment	45	Population covered by a newly established 'Trace, Treat and Track' system	100,000
Covid care centres set up	6	Village rice mills distributed	10
People treated for Covid-19 or other conditions	5,529	Beneficiaries of rice mills	2,500
Hand sanitiser / disinfectant / cleaning supplies (litres)	7,795	Household water filters distributed	60
Detergent (kg)	100	Beneficiaries of water filters	300
ICU beds	4		
Hospital beds	34		
Oxygen concentrators	49		
Suction units	4		
Nasal cannulas and oxygen masks	1,500		
Defibrillators	4		
Blood pressure machines	100		
Glucometers	100		
Haemoglobin meter	100		
Pulse oximeters	119		
Multipara patient monitors	7		
Thermometers / thermal scanners	123		
Infusion pumps	4		
Ventilators	2		
Wheelchairs	5		
Tablet computers for health workers	42		
Vaccination assistance provided for Government campaigns (doses)	129,898		
Health workers trained	115		

# Asia: Bangladesh

IMPACT Foundation Bangladesh (IFB) runs a highly effective programme of action based at three hospitals – one of which floats! The ‘Jibon Tari’ (Boat of Life) is housed on a 290 ton pontoon which is tugged from riverside village to the next (it has no engines to prevent vibrations during surgery) staying for a month at a time to restore sight, hearing and mobility to people in some of the most underserved parts of this vast, river-streaked country.

The other hospitals are land-based and located in Chuadanga and Meherpur Districts in the south-west of Bangladesh. Like the Jibon Tari, the focus is on treatment of needlessly disabling conditions such as cataract or hearing loss, and the work of the hospitals is supplemented by a thriving community outreach programme which seeks to prevent a host of other causes of needless disability and ill-health, for example, malnutrition, lack of maternity care and services such as physiotherapy, and inadequate sanitation and safe water.

A mobile medical van, the *Jibon Jatra*, travels to remote villages to ensure that people do not miss out on vital care because they cannot travel into the town, and the hospital walls are pushed out even further by training community people such as teachers and members of Mothers’ Clubs to know the signs of disabling conditions and refer those affected to IFB’s health workers.

Sustainability is at the heart of IMPACT’s work, for example, training and equipping local people to meet the needs of their communities for the long-term. In 2014, IFB established a Nursing and Midwifery Institute within its hospital in Meherpur to meet the urgent need for professionally qualified nurses and midwives in the country. The Institute has steadily grown to admit more students each year and the current facilities were being outgrown so we are delighted to be supporting the construction of a standalone facility in the hospital grounds that will enable even more students to be trained and will secure the future of this prestigious seat of learning.



‘At my IMPACT Mother’s Club, I have come to know about many important topics, including the benefits of growing vegetables. My home garden has been a lifesaver during the pandemic. Before I was so stressed about how to meet my expenses, and my children were having many episodes of illness. Now, I do not need to depend on the market to buy food. Our need for micronutrients is met and my children are so much healthier’

**Kakoli (28)**

2021-22 Activities	Target	Achievement
People screened and treated for disabling and other health conditions in Outpatients Departments and clinics in the community	60,000	60,066
People attending health education and awareness sessions to learn how to protect themselves and their families	47,500	64,291
People who benefited from operations to restore their sight, hearing or movement or to ameliorate other disabling conditions	3,320	3,562
People provided with assistive devices and/or physiotherapy	4,200	9,167
Women provided with ante and post natal care including micronutrient supplements (folic acid etc.)	3,100	4,644
Immunisations against infectious diseases and/or Vitamin A to protect eyesight, given to children	4,000	9,479
Traditional Birth Attendants trained and provided with a sterile equipment kit	600	602
Village Mothers’ Clubs meeting regularly	900	3600
Primary school teachers trained to check their students’ vision and health	300	301
Children checked by trained teachers	3,000	3,672
Home gardens established to provide families with nutritious fruit and vegetables to eat and the potential to generate income	750	752
Local health workers, rural medical practitioners, NGO workers and community leaders trained to understand and identify needless disability	700	739



## Additional achievements...IMPACT UK's support has also:

- Funded the training of **28** students at IFB's Nursing and Midwifery Institute in Meherpur district, in order to help meet the critical shortage of nurses in the country. **11** nurses in particular financial need were given study aids. We also provided **30** sets of furniture to allow for an expanded intake of students and enabled work to start on building the new Institute in the grounds of IFB's Meherpur Hospital – our support is paying for the first two storeys of the building which should open in 2023

- Provided essential items of medical equipment to IFB's hospitals to enhance service delivery

- Ran a standalone project in Magura, Jenaidah and Kushtia districts to take eye care into these underserved areas. IFB's mobile clinic visited **21** locations, screened and treated **5,168** people, restored sight through cataract surgery to **478** men and women, trained **100** schoolteachers to check the vision of **504** children, and provided **549** children with Vitamin A supplements to prevent night blindness

- Enabled specialist brain surgery for **15** more very young children with hydrocephalus

- Purchased an **auto-refractometer** and held a special eye surgical camp on board the *Jibon Tari* floating hospital in memory of Mrs Tineke Van Der Leek Walker, the wife of IMPACT UK's former Chair Mr David Walker, during which **141** people were screened and **39** people had their sight restored

- Installed SIDKO water treatment plants at Chuadanga District Hospital, Munshiganj Girls High School and Gokulkhali Secondary School. The schools also benefited from a menstrual health project providing education and sanitary kits for **804** girls, plus refurbishment of their toilet blocks to make them safe, hygienic and private. 400 girls at Gokulkhali Secondary School were vaccinated against Rubella to protect any future babies from this major cause of disablement *in utero*.

- Supported IFB in its work to run the *Jibon Mela* hospital and community-based primary healthcare project in Meherpur district. Thanks to this project, **28,202** people have been screened and treated for health conditions, **1,171** operations have been performed, **2,175** people have had physiotherapy and/or an assistive device to ease mobility, **3,142** women have received quality pre and postnatal care including ultrasounds, **2,080** non-Covid vaccinations have been administered, **3,109** women and children received dietary supplements as required, **8,203** pathology tests have been undertaken, **3,057** people have attended health education sessions, and **90** people are benefiting from home gardens yielding fresh produce to improve diets.

- Given **15** pairs of geese to families who struggled to meet their nutritional requirements. These not only provide essential protein in the diet, but can also be used to generate income through the sale of eggs.

- Provided **5** arsenic filters to households at risk of drinking contaminated water

- Responded to the COVID-19 pandemic through the provision of **56,800** pieces of PPE for frontline health professionals at **18** hospitals and health centres, **3** thermal scanners for hospitals, **4,850** litres of hand sanitiser and disinfectant, **1,200** face coverings and **790** bars of soap for the public, health education for **61,252** people, emergency food parcels for **500** families facing hunger due to loss of income, and set up **350** handwashing stations for infection control.



IMPACT Foundation Bangladesh's Nursing and Midwifery Institute was established to meet the critical shortage of nurses in the country

## 2021-22

IMPACT Bangladesh performed 3,562 operations to restore sight, hearing or movement or to ameliorate other disabling conditions



# Cambodia

Our partners in Cambodia are IMPACT Cambodia (IC) and The Lake Clinic (TLC). IMPACT Cambodia's programme focuses on ear care, school health, safe water and leprosy in three provinces: Preah Vihear, Ratanakiri and Banteay Meanchey (all among the very poorest in Cambodia with worrying health statistics and inadequate infrastructure) plus the capital, Phnom Penh and nearby Kandal province. Additional activities such as enhancing maternity care and enabling plastic surgery to treat people with burn injuries are undertaken as funds allow.

TLC delivers primary health care and mental health care to people living very challenging lives in the floating villages on the Tonlé Sap Lake, which is the largest freshwater lake in southeast Asia, and a UNESCO biosphere reserve due to its biodiversity. Life on the lake is precarious and dictated by environmental conditions, with fishing the only source of income. The villages are miles across water from healthcare and other services and there is no sanitation or clean water so disease is rife.

## IMPACT Cambodia



'It has been many years that our hospital did not have sufficient equipment in our Maternity Unit. Sometimes, when the equipment was damaged, we had to repair it with our own money. This new equipment from IMPACT has eased our work, and made our hospital safer for women and babies.'

**Saleh Azy, Midwife, Banlung Referral hospital**

IC's programme of action has been hampered once again this year by the Covid-19 pandemic which closed schools, restricted travel around the country and made people wary of attending health centres even when they were able to, for fear of catching the virus. As such, the focus this year has once again been on supporting people with leprosy (in a Covid-safe way) whilst also meeting the need for food and safe water, and upgrading maternity facilities with equipment and training to make childbirth safer for women and their babies.

Mr Bunda, the community worker specialising in the care of people with leprosy, has been able to continue his vital work throughout the period, but has experienced challenges due to Covid-19. For example, limits on gatherings of people and the redeployment of health workers to Covid wards made it impossible to hold training and awareness raising sessions for them and members of the community in the numbers and format used in the past. Additionally, lockdowns prevented Mr Bunda from making home visits to his patients and this led to a deterioration of their condition for many people left to fend for themselves. Some good news though, was that when he was once again able to get out into villages, he met people with leprosy living at

the heart of their communities, where previously they would have been ostracised and living in the remote forest areas. This indicates that his awareness sessions are working to dispel the myths associated with leprosy, and that this is benefiting people with leprosy socially. Mr Bunda will now visit them regularly to provide treatment to manage, and eventually cure, their condition.

2021-22 Activities	Target	Achievement
<b>Early identification and treatment *</b>		
ENT screening and on the spot treatment (Banteay Meanchey province)	300	0
ENT screening and on the spot treatment (Ratanakiri province)	300	0
ENT screening and on the spot treatment (Preah Vihear province)	300	0
<b>School health programme *</b>		
School children ENT screening, on the spot treatment and general hygiene education (Ratanakiri and Preah Vihear provinces)	100	0
Screening / treatment sessions (one day, one school)	1	0
<b>Safe water and sanitation *</b>		
Water wells for schools (Ratanakiri province)	1	0
Water wells for health centres	1	0
Water filters for schools (7 per school)	7	0
Water filters for health centres (2 per health centre)	2	0



## Leprosy programme

Support training sessions on leprosy (Mongkul Borei, Banteay Meanchey province)	4	4
Health workers receive on-going training at above sessions	184	83
Community members benefiting from leprosy awareness raising (Banteay Meanchey and Battambang provinces)	962	2,909
People with leprosy identified and receiving treatment and support	10	37

\* these activities were all negatively affected by Covid-19 restrictions which closed facilities, locked down households and prohibited travel but will resume in FY 2022-23.

## Additional achievements...IMPACT UK's support has also made possible:

- **516** people underwent cataract surgery to restore their sight at Preah Angdoun Referral Hospital using high quality Intraocular Lenses supplied by IMPACT UK
- Maternity equipment including two delivery sets, a suction unit, an operating table and an oxygen production machine was supplied to Svey Health Centre in Longvek in order to enhance the service it provides to pregnant women. In addition, **300** food parcels and **100** water filters were given to vulnerable families in the surrounding villages.
- **32** midwives working in health posts around Borkeo Referral Hospital, Ratanakiri province, were provided with training on the management of postpartum haemorrhage and the use of non-pneumatic anti-shock garments. They were also given more general refresher training in safe delivery techniques.
- Supported surgery for another person with burn injuries. These operations are paid for as specific funds are raised for each operation.
- Vital maintenance on IC's head office building in the grounds of Chey Chumneas Referral Hospital in Kandal, which fixed the leaking roof and cracked walls and enabled the audiology room within it to be improved to enable an expanded audiology service in the future. IC provides the audiology 'feeder' service for the ENT department at Chey Chumneas hospital.
- In response to the Covid-19 pandemic, IMPACT UK provided **5** hospitals and health centres with a total of **73,000** surgical masks, **750** pairs of gloves, **50** pairs of goggles, **1,000** plastic aprons, **30** hospital beds, **4** oxygen concentrators, **4** suction units, **10** pulse oximeters, **3** patient monitors, and **990 litres** of sanitiser and disinfectant, **100 kg** of detergent. A further **57,500** face coverings and **3,320** bars of soap were provided to the general public and emergency food parcels were given to **500** hungry families, **60** household water filters were distributed, and **10** rice mills (one per village) were given to enable villagers to make use of their paddy harvest.



## 2021-22

**IMPACT Cambodia works with communities affected by leprosy.**

**Specially trained health workers visit people in their homes, ensuring widespread access to drug therapy, which can provide successful treatment. Thanks to their efforts this year, 2,909 people are now better informed about the disease in two rural provinces.**

**Tackling stigma is an important part of this work.**

## The Lake Clinic (TLC)

The Lake Clinic (TLC) is a mobile medical centre on a boat which travels to the floating villages on the mighty Tonlé Sap Lake in north-western Cambodia and its tributaries. This vital service provides primary medical care, maternity and newborn care, family planning, vaccinations, eye care, dentistry and health education to some of the most remote and underserved communities in the country and it is a lifeline to those living on the lake where development indicators are lower than elsewhere in Cambodia.

The team has a 'children at risk' programme which proactively seeks out under-fives who are stunted, underweight and malnourished and devises a care plan for them to ensure their nutritional needs are met. This is essential to prevent a lifetime of inhibited growth and cognitive underdevelopment. All residents, but especially new mothers, are encouraged and helped to grow and consume nutritious vegetables that can cope with the watery conditions to supplement the major food source – fish.

TLC's main boat is supported by permanent floating clinics in five villages and smaller boats to ferry the medical team to villages which are difficult to reach when water levels are low. The team aims to visit each village once a month but this is dictated by environmental conditions. Travel across the lake is time consuming and some villages take up to a day to reach from the nearest town, Siem Reap. The team therefore stays out on the lake for several days at a time.

In line with WHO's recommendation to incorporate mental health care with primary health care delivery, TLC has been expanding its work to deliver mental health care to the people living in floating villages, who face a great many additional challenges due to their particular living environment. 43 people with complex mental health needs have been supported this year with regular counselling or medication. They range in age from 9-59 years. Domestic abuse is common and TLC's team has to carefully navigate a culture that tolerates it while trying to help those affected.

While the lake dwellers are surrounded by water, none of it is safe to drink so TLC makes and distributes bio-sand filters to households, and trains the woman of the house to maintain and safely use them. This gives them status and TLC has seen use increase as a result of this strategy.

TLC's work had been hampered by Covid-19 but the start of 2022 saw a return to normal activity. Schools have reopened so the outreach team have once again taken health education and screening for conditions such as visual impairment into the classroom.

As part of a much wider programme of activities run by TLC, IMPACT UK's support has achieved the following:

2021-22 Activities	Achievement
People provided with medical care or mental health care	628
Bio-sand water filters provided to families to make lake water safe to use	86 filters benefiting 430 people



Photo: Patrick Firouzian

## 2021-22

**430 people benefited from clean drinking water thanks to Bio-sand water filters provided by TLC to make lake water safe to use.**



# India

We work with three long-standing partners in India: IMPACT India Foundation, the PNR Society based in Bhavnagar, Gujarat State; and KEM Hospital based in Pune, Maharashtra State.

By late April 2021, India had become the epicentre of the Delta variant Covid-19 wave, the second wave to hit the country and far more devastating than the first. It was the first country in the world to record more than 400,000 new cases in a 24-hour period and health facilities buckled under the sheer weight of people urgently needing medical care. There was a shortage of hospital beds, oxygen, vaccines and ventilators meaning that far too many people did not receive any medical care at all and were unprotected from serious illness and death.

Our three Indian partners quickly made plans to help and asked IMPACT UK for assistance. This enabled a rapid response, untethered by bureaucracy, directing aid to where it was needed. The infrastructure and systems we built together stand ready to help once again should another new variant Covid-19 wave sweep across India in the future.

## IMPACT India Foundation

IMPACT India Foundation (IIF), established in 1983, was at the forefront of the international IMPACT movement and has blazed a trail with innovations such as the Lifeline Express hospital train which travels to railway stations across the country and stays in a siding for a month at a time to restore sight, hearing and mobility to marginalised people who would have little hope of surgery otherwise. Additional services have been added over time and now the Lifeline Express also screens for and/or treats conditions such as cancer and heart disease.

IMPACT UK's focus this year has been on supporting IIF to meet the challenges of the Covid-19 pandemic, funding surgeries, and on an exciting matched funding appeal to mark the Lifeline Express' 30<sup>th</sup> anniversary. The latter raised £206,335 from our generous supporters, and this was matched pound for pound by a philanthropic family foundation to make £412,670 – enough to fund three more Lifeline Express projects in the early part of FY 2022-23.

Our financial support also enabled IIF to take action to mitigate Covid-19 in Mokhada block, a rural area of Palghar District, Maharashtra State. More than 92,000 people live in 188 villages where vaccine coverage was low and as many as half the inhabitants in some villages were infected at some points. IIF set up a 'Trace, Treat and Track' systems (aka 'Triple T'), training health workers to go house-to-house identifying Covid patients, logging and supporting them and mapping people with underlying health conditions for extra care. Food parcels were delivered to hungry families to ward off the ever present threat of malnutrition, and oxygen concentrators, PPE and medical equipment was provided to Primary Health Centres and Covid wards. IIF also supported the Government vaccination programme by providing nurses to deliver doses where there were shortages of trained health workers for the purpose.



## 2021-22

To celebrate 30 years of IMPACT India's Lifeline Express hospital train, IMPACT UK launched an anniversary fundraising appeal, which generated funding to support projects at three new locations in the coming year.

2021-22 Activities	Achievement
<b>Covid-19:</b>	
Human resources built through recruitment and training:	
Community Health Workers	17
Volunteer 'Covid Fighters'	70
Health project managers	2
Tablet computers provided	30
People reached by house-to-house visits for support and Covid-19 education	92,000
Clinically vulnerable people given anti-viral drugs	2,000
Face coverings and bars of soap distributed to the public	30,000
Vaccines doses facilitated by IMPACT India Foundation	129,898
Health posts receiving PPE and sanitiser	24
Medical diagnostic kits (containing items such as pulse oximeters, thermometers etc.) provided to health workers	100
Oxygen concentrators provided to health facilities along with 1,500 nasal cannulas and oxygen masks	25
Families receiving food parcels	1,500
<b>Lifeline Express:</b>	
Operations to restore sight, hearing or mobility	24
Funding secured through special 30 <sup>th</sup> anniversary appeal (projects)	3

## Additional achievements...IMPACT UK's support has also:

■ Used restricted funding to help the Akshar Foundation remodel **five** government schools in Assam using its innovative teaching methods to ensure disadvantaged children are able to stay in school and gain skills for a productive life.

## Disability Prevention Partnership, PNR Society, Bhavnagar District, Gujarat



'The second wave of the pandemic created havoc in India. There was a shortage of hospital beds, oxygen, vaccines and ventilators. Deaths increased and long queues at crematoriums generated feelings of fear and helplessness'

**Paras Shah, Co-ordinator of The PNR Society Covid-19 project**

The PNR Society is a coalition of organisations which together form the largest body for disabled people in India. While access to schools has been restricted during the pandemic, preventing the Blindness and Deafness team we usually support from performing screening and treatment for children with visual or hearing loss, we have been able to provide backing to the PNR Society in its efforts to help people affected by Covid-19.

With our support, the PNR Society partnered with the Bhavnagar Indian Red Cross to set up Covid Care Centres, staffed around the clock by medical officers, in schools and community places to provide care for the very poorest people who had lost their jobs and were unable to pay for Covid-19 testing and medication when they fell ill. The aim was to prevent the need for ventilation and hospitalisation by providing oxygen and drug therapy early in the illness along with nourishing food to sustain the people admitted.

A Post-Covid Care Centre was also established which helped people taking a longer time to recover from the virus. Medical support such as physiotherapy was provided as well as other therapies including yoga, breathing techniques, healthy nutrition and counselling.

2021-22 Activities	Achievement
<b>Covid-19:</b>	
5 Covid Care Centres and 1 Post-Covid Care Centre established	
People benefiting from these Centres	1,042
<b>Medical equipment provided to Covid Care Centres:</b>	
Oxygen concentrators	10
Wheelchairs	5
Hospital beds	4
Thermometers	12
Pulse oximeters	9
Health facilities given medical equipment, PPE and sanitiser	6
Families receiving food parcels to last three months	1,367
People benefiting from Covid-19 health education	1,100
Face coverings distributed to the public	1,500
Bars of soap distributed to the public	900
<b>Other:</b>	
Used a restricted legacy to establish the Dr I B Sardharwalla Early Intervention and Remedial Centre for Children with Neurological Disorders at the PNR Society hospital and supported its Speech and Audiology Clinic	

## Disability Prevention Partnership, KEM Research Hospital, Pune, Maharashtra

KEM Research Hospital in Pune, Maharashtra State has been a vital IMPACT partner for more than 20 years. Like IMPACT India Foundation and the PNR Society, KEM Research Hospital immediately took action when the second wave of Covid-19 overwhelmed India, using our support to purchase vital medical instruments and PPE and cleaning supplies for the Government-designated Covid ward at the KEM hospital and for rural health centres in the surrounding area. KEM also used its existing 'Tribal Empowerment Project', which trains Government ASHA workers (so-called 'Barefoot Doctors') who provide the first tier of healthcare in indigenous villages, to provide Covid-19 health checks and health education. A mobile medical van supported the work of the Barefoot Doctors and a toll-free helpline was established for people to seek medical advice to further expand the project's reach. Food parcels were distributed to meet the most vulnerable households' basic needs.

2021-22 Activities	Achievement
<b>Covid-19:</b>	
Human resources built:	
ASHA workers ('Barefoot Doctors') trained on Covid-19, how to use oxygen concentrators, and treating non-serious symptoms (one BFD per village) and provided with PPE	26
Tablet computers provided for ASHA workers	12
Mobile clinic visits to undertake testing and provide treatment	91
People provided with medical treatment through clinics	1,987
<b>Medical equipment provided to health facilities:</b>	
Oxygen concentrators	10
Multipara patient monitors	4
Ventilators	2
Adult ICU beds	4
Infusion pumps	4
Defibrillators	4
Primary Healthcare Centres and sub-health centres receiving PPE and sanitiser	10
Population covered by PHCs	60,000
Families receiving food parcels	3,028
People benefiting from Covid-19 health education	19,654
Face coverings distributed to the public	5,200
Toll-free helpline established	1
<b>Barefoot Doctor training (non-Covid):</b>	
One BFD's general training and equipment provided to support her village	1





## 2021-22

**The KEM Research Hospital team distributed emergency food parcels to 3,028 households whose livelihoods had been affected by the pandemic**

*'The project area is remote and poverty stricken. As we distributed food kits, people explained the problems in their lives. Work is scarce, and they often sleep hungry. Life is even harder for anyone who is widowed, separated or with a large family. There is no government help for people in these situations and they are constantly looking for work. During the pandemic, many lost their loved ones either from the coronavirus or other medical illnesses. The food parcels have been so positively received in these difficult times'*

**KEM Society Team Leader**

## Nepal

IMPACT Nepal has been delivering effective action to prevent and treat needless disability since 1993 when an inaugural primary ear care project was quickly followed by surgical camps to treat ENT and orthopaedic conditions for people living in remote areas. Many of these camps were held in a special tented operating theatre which was transported up mountains and across the Terai to reach areas where there was no formal medical care.

Over the past three decades, IMPACT Nepal has expanded its role into the prevention of malnutrition, delivery of ante and postnatal care to keep women and babies safe, and an ever growing number of Primary Ear Care Centres in rural villages.

It has also played an important role in protecting health care workers with PPE, building the infrastructure of hospitals and health posts to meet the new challenges thrown up by the virus, and feeding hungry people during the Covid-19 pandemic. National and local restrictions have made some elements of IN's programme impossible to deliver once again this year since people have been forced to stay in their homes during lockdowns, but as they – and the flooding and landslides also widely experienced – have eased, the dedicated local team have restarted their work with even more commitment and drive than ever in order to serve the people who have been waiting patiently with ear conditions that need treatment, mobility issues to be improved, and many more medical concerns.



*'Jamun Rai (65) was facing many problems due to age-related hearing loss. He was often ignored by his family members and neighbours and this was affecting his mental health too. He visited us for a solution and when we provided him with a hearing aid, he cried with happiness at that moment. He thanked IMPACT for its support to many disabled people like him'*

**IMPACT Nepal**



## Additional achievements...IMPACT UK's support has also:

■ Thanks to our supporters purchasing 'gift tokens' it has been possible to provide **39** pairs of chickens and **9** goats so that families can use eggs and milk to fortify their diets, and **3** menstrual hygiene kits to help women manage their monthly periods.

■ Provided restricted funds to help meet additional needs created by the Covid-19 pandemic. This included supplying **7** health centres with **810** gowns, **1,050** surgical masks and respirators, **3,444** pairs of surgical gloves, **600** pairs of googles, **600** shoe covers, **10,450** head covers, **680** plastic face shields, **35 litres** of hand sanitiser/disinfectant and **8** thermometers. The public were given **1,704** face coverings, **4,668** bars of soap and **301** families and **121** students at schools for people with disabilities were provided with emergency food parcels due to the immediate risk of hunger. **54,568** people had their awareness raised about Covid-19 through health education.

2021-22 Activities	Target	Achievement
Primary health care workers, ear assistants and rehabilitation technicians trained	4	11
Community field workers trained	1	1
Female community health volunteers trained	72	98
Health centres / health posts upgraded	4	2
Adults received screening and treatment services	9,879	10,421
Children aged 0-16 years received screening and treatment services	1,221	4,720
Ear surgical camps held in remote locations	5	9
Orthopaedic surgical camps held in remote locations	1	0
Adults benefited from hearing-restoring surgery through mobile camps or at hospital	1,071	952
Children aged 0-16 years benefited from hearing-restoring surgery through mobile camps or at hospital	179	337
Adults benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	19	0
Children aged 6-18 years benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	6	0
Adults received rehabilitation support / physiotherapy	184	1,342
Children aged 0-16 years received rehabilitation support / physiotherapy	6	1,332
People benefited from the provision of assistive devices such as prosthetic limbs	250	712
People benefited from the provision of hearing aids	40	153
Women provided with ante and postnatal care	2,000	2,900
Women motivated to take up immunisation for themselves and their 0-5 year old children	1,000	2,965
Pregnant women / new mothers received iron supplements	2,000	3,182
Children aged 0-5 years received Vitamin A supplements to protect their vision	7,000	9,428
Women received de-worming tablets	1,000	814
Children aged 0-5 years received de-worming tablets	7,000	8,158
People reached through a health awareness radio programme	50,000	70,000
People reached through health awareness raising in the community	6,000	2,842
Home gardens established to feed families and reduce malnutrition	2,200	2,300



## 2021-22

**1,289 adults and children benefited from restored hearing through IMPACT Nepal's mobile surgical camps or hospital**

*'Since my childhood, I always suffered from earache and ear discharge and I could not hear properly. I needed surgery but due to my family's poor financial status, we could not afford it. We would have had to sell rice from our small field, leading to a food deficit for all of us. We are grateful to IMPACT Nepal for conducting an ear camp near my home. Now, I am feeling better and my hearing is improved. I feel as though I have got a new life and I am planning my marriage ceremony'*

**Jyoti Kumari (26)**

# Pakistan

In 2005, IMPACT Pakistan supported communities in mountainous villages of Kashmir in the aftermath of the huge earthquake which resulted in the loss of more than 86,000 lives, while tens of thousands of people were made homeless and lost their possessions and livelihoods. Grassroots level health facilities were also reduced to rubble. From an initial focus on delivering dry clothes, medicines, food and tents, IMPACT Pakistan helped to provide buildings so that schools could move back indoors (lessons were being held outside in the elements as classrooms had been destroyed in the earthquake) and permanent homes for families with disabled members.

Realising a long-term need for health services, by 2006 IMPACT Pakistan was moving ahead with the construction of community clinics. 16 were built, one per village, and called 'Mamta' (motherly feeling) clinics. Run by a fully trained local Female Health Volunteer with ongoing support from IMPACT Pakistan, the clinics provide maternity and infant care, supporting women through pregnancy and birth - which is particularly risky in remote rural areas - but also primary healthcare for the entire community.

A General Practitioner doctor visits each clinic at least once a month to prescribe medication and see patients with more complex conditions. Women experiencing complications of pregnancy or delivery are quickly referred to the nearest hospital. This can mean the difference between life and death for them or their baby.

Health education sessions are helping people to take action for their own wellbeing although pandemic restrictions on gatherings have hampered this element of the project. It is encouraging to note that very few women in the villages where there is a 'Mamta' clinic now give birth at home without any trained assistance because they understand the importance of regular check-ups and help when it comes time to deliver their baby.



'Locals from all walks of life appreciate our efforts of bringing quality health care to their doorstep'

**IMPACT Pakistan**

2021-22 Activities	Target	Achievement
Women attending antenatal check-ups	3,200	3,120
Women and their babies attending postnatal check-ups	1,280	777
Babies delivered at a Mamta Clinic	860	416
Babies delivered at home assisted by a trained Female Health Volunteer	No more than 60	0
Babies delivered at home with no professional assistance	No target	0
Pregnant women experiencing complications who were referred to a hospital to give birth	No target	33
Men, women and children who benefited from general primary healthcare at the clinics	12,400	11,294
Health education sessions run	22	2
People who attended health education sessions	1616	370
Local health workers who underwent continuing professional training to keep their skills up-to-date	64	53

# Sri Lanka

In 2004, a devastating tsunami struck in the Indian Ocean, washing away villages, towns, livelihoods and resulting in the loss of 230,000 lives across the region.

We worked with IMPACT Sri Lanka to provide emergency medical care and other support to affected people and when the emergency had receded, we helped to establish a 'Wellness Centre' to provide long-term health services in Weerawila, a low-lying coastal district.

A local doctor runs the clinic and provides primary health care to people in the area. A pharmacy gives access to essential medication. Once again this year, Covid-19 has taken its toll on activities with the health centre being forced to close during lockdowns, and at other times being open only to long-standing patients. The rapidly rising cost of medicines in Sri Lanka has also been a challenge but the service has continued to be a lifeline for people with chronic health conditions in this area, which has been hit hard by the loss of tourist income.



The deteriorating economic situation in Sri Lanka has put pressure on the country's health services. The IMPACT-established clinic in Weerawila District is providing a much-needed service during these challenging times.

2020-21 Activities	Achievement
<i>People receiving primary healthcare:</i>	
• Men	212
• Women	327
• Children aged 0-16 years	270
• TOTAL	809

# Africa: Kenya

IMPACT East Africa (IEA), our long-standing partner in Kenya, implements a programme of community level action to prevent needless disability and improve health in rural communities of Mwingi, Kitui County. This year, action was taken to northern Mwingi – an area overlooked by Government agencies and NGOs due to its distance from the main town over difficult terrain.

Once again this year, the Covid-19 pandemic has cast a long shadow over IEA's work. Kenya endured one of the longest school closures in Africa and was one of the last countries to fully open its schools. For a programme which is so heavily focused on schools as the gateways to the wider community, this inevitably had an impact on what could be achieved. Many Kenyan children never returned to school. In addition, there were stringent travel restrictions which meant the IEA health team could not get to remote villages, and the Government of Kenya asked all NGOs to limit their contact with patients.

Whenever restrictions were eased, IEA powered ahead with its activities which include a School Health Programme of health checks and health education, First Aid, and on-the-spot treatments for conditions such as parasitic infection, ringworm and hearing impairment; provision of handwashing tanks, rainwater harvesting systems and pit latrines; and tree planting to improve soil conditions and provide much-needed shade.



'The schools in Mwingi North have low enrolment due to lack of facilities. Most parents opt for their kids to stay at home. And when our children fall sick, we have to travel far to access health care. This also makes them miss school. IMPACT East Africa is bringing health services to our schools and we believe even those children who have ailments of ear and skin will be encouraged to come to school'

**Parent of a child attending school in Mwingi**



The team also benefited the wider community. Camps and mobile clinics were organised – some travelling 75kms from the hospital over unmade roads – to provide medical interventions for ENT conditions, and IEA's Community Nurse supported the under-resourced government health service by providing care to expectant and new mothers and infants at outlying health posts. IEA has also played a vital role in ensuring that childhood vaccinations are available to youngsters in the remotest areas of Mwingi North, where it is estimated that fewer than half of children are up-to-date with their immunisations.

2021-22 Activities	Target	Achievement
<b>Water, Sanitation &amp; Hygiene (WASH)</b>		
Install Pit Latrines in Schools (4 toilets per school)	4 schools	5 schools benefiting 1,750 students and teachers
Provide Handwashing equipment (2 tanks per school)	3 schools	5 schools benefitting 1,750 students and teachers
Create 'Talking Walls' for hygiene awareness	4 schools	0 schools – to be completed in summer 2022
Install Rainwater Harvesting systems in Schools	5 schools	5 schools received a 10,000 litre tank and associated pipework to store rainwater for ongoing use.
<b>Surgical Camps</b>		
Eye – 3 day camps benefitting approximately 25 people	2 camps	0 camps *
ENT – 3 day camp benefitting approximately 25 people	1 camp	1 camp benefiting 62 people, including screening, surgery where appropriate (11 operations were performed and 6 people identified for surgery were found to no longer need it due to their condition improving), referral to a different hospital for further investigation through CT scans (4 people) and provision of non-surgical management of conditions.
<b>Clinics – screening and treatment</b>		
ENT clinics for the community	3,000 people	2,112 beneficiaries had their ears checked and treatment provided
<i>School eye clinics:</i>		
Spectacles provided	40 children	0 *
Clinics held in schools	48 clinics benefiting 360 children	5,515 children were reviewed for a number of health conditions – including eye problems – by IMPACT East Africa's school health team but specialist eye clinics were not possible due to the closure of the eye unit at the local hospital meaning treatment could not be provided *
<b>School Health Programme</b>		
First aid kits, drugs (ENT and de-worming), tree planting, and health education	32 schools	31 schools received supplies to supplement the work of IEA's school health team; 275 trees were planted during the rainy season to prevent soil erosion and provide shade; 5,515 children were reviewed, de-wormed and participated in health education sessions
Training provided to Teacher School Health Monitors	64 teachers	68 teachers were trained and equipped to monitor the health of students in their class and report concerns to IEA's team
Training provided to Pupil School Health Monitors	640 pupils	460 pupils were trained to support the teacher health monitors and check their classmates for common conditions
<b>Maternal and Child Health Services</b>		
Training Community Health Volunteers at remote health posts to run maternity clinics with support from IEA's nurse	3 health posts	0. Remote health posts were shut due to Covid-19
Establish Mothers' Clubs and provide members with seeds to create home gardens and poultry and goats to rear	1 Mothers' Club	0 Mothers' Clubs were established due to Covid-19 restrictions on gatherings
Provision of Ante and Postnatal monitoring for pregnant women and new mothers	300 mothers	63 Mothers
Provision of health monitoring for children under 5 years	400 children	1,114 New-born babies and children under 5 years
Provision of standard vaccinations to babies	125 Babies	696 babies were vaccinated against common childhood diseases

\* The eye unit at Mwingi hospital has been closed and converted into a ward to treat Covid-19 patients.



## Additional achievements... IMPACT UK's support has also:

- Protected **113** girls against developing cervical cancer in the future by vaccinating them against Human Papilloma Virus (HPV)
- Celebrated World Hearing Day on 3<sup>rd</sup> March 2022 with a special clinic at Kauwi Primary School during which **89** people had their ears reviewed and treatment provided as needed. More than **5,000** people benefited from health education with a focus on ear care and the prevention of hearing loss.
- We have again supported Tumaini Children's Charity, 23km from Nairobi, which provides safe accommodation, education and three nutritious meals a day to **500** parentless, homeless or refugee children aged 2-19 years.

## 2021-22

### Five schools benefited from pit latrines

*'By installing school toilets, our aim is to put an end to the widespread practice of open defecation and ensure that children understand the importance of handwashing to control the spread of preventable illnesses and parasitic infections. A further benefit is that it has also inspired parents from these schools to see the value of having pit latrines in their homes'*

Mildred Omondi, IMPACT East Africa's Community Nurse



## Tanzania, Ethiopia & South Sudan

We work with Maternity Africa (MA) and the Barbara May Foundation (BMF), who are sister organisations, to make motherhood and childbirth safer for women and their babies in their dedicated medical facilities in very rural areas of east Africa. With high rates of infant and maternal mortality (1,150 mothers died for every 100,000 live births in South Sudan in 2017) and many women who survive left with devastating birth injuries such as obstetric fistula, there is a real opportunity to significantly improve outcomes for women having children through the kind of monitoring and care that is routinely offered to women in countries such as the UK. The death of a mother is devastating for the whole family and threatens the survival of her baby and their older siblings too.

### Tanzania

Maternity Africa (MA) runs a dedicated 48-bed maternity hospital (opened in 2018) in Kivulini, Arusha, which is located in northeast Tanzania and lies in the shadows of the country's second highest peak, Mount Meru. It is also a stone's throw from Mount Kilimanjaro and a wealth of national parks. Despite the thriving tourist and safari economy, many of the area's people are extremely poor.



*'Janeth gave birth prematurely at Kivulini Maternity Hospital. Her twins were cared for by our Neonatal Intensive Care team and they are now thriving. Janeth could not breastfeed due to health complications. Because she could not afford powdered milk formula, she was grateful for the care package of basic household goods and food when she left us, and we have put her in touch with an organisation that provides ongoing support for mothers'*

**Maternity Africa**

MA's Kivulini Hospital also incorporates an obstetric fistula treatment unit and a midwife training centre, to enhance the skills and knowledge of local midwives working in government facilities in the region.

This year, IMPACT UK has provided funds to MA to support women through pregnancy and childbirth, including Caesarean-section deliveries where medically required, and high dependency care for very poorly newborns. This action not only saves the lives of women and their babies, but also reduces the risk of them developing birth injuries such as obstetric fistula, and disabilities, for example, brain damage when babies have insufficient oxygen during difficult deliveries.

Many of the women giving birth or undergoing fistula repair at Kivulini are extremely vulnerable, traumatised and have few resources or family support so we have also funded the provision of 'care packages' to help them manage in the first weeks after discharge. These contain essential hygiene items, food, clothes and blankets and help women find their feet and care for their babies. They are also signposted to organisation which can provide ongoing support.

## Ethiopia

Once again this year, we have provided funds to support the work of BMF's Vision Maternity Care Hospital in Barhirdar, Amhara, which provides medical services to approximately 200 women each month and provides around 12,000 free clinic visits for pregnant and postnatal mothers every year. Our support has seen 116 women safely through pregnancy, delivery and the weeks after birth.

War has ravaged the northernmost part of Ethiopia in recent years and since July 2021, the Tigray People's Liberation Front rebel group's offensive has spilled over into Afar, which shares a long border with Amhara. This has been met with attempts by Government forces to fight back leading to an ever more dangerous and bloody conflict which is killing and wounding civilians, and causing widespread starvation, suffering and internal migration. We have supported our partner maternity hospital in the area to provide an outreach programme of supplementary feeding for displaced pregnant women and new mothers, whose nutritional requirements are higher than normal. This has involved providing a carefully selected package of foods (for example, wheat flour, ground barley, sugar and dates) that require minimal cooking, are energy dense, and are also suitable for children. Parcels are targeted at the most malnourished women and last each recipient for one month. The outreach health team conducts monthly follow-up visits and nutrition screening to monitor the women. 1,090 women have received supplementary feeding support.

## South Sudan

IMPACT's also supports Maternity Africa and BMF to work in South Sudan as restricted funds are donated, however none were received this year.

IMPACT UK has supported Maternity Africa and the Barbara May Foundation with funds to provide:

2021-22 Activities	Achievement
Care packages provided to new mothers, Arusha, Tanzania	7
Care packages provided to women leaving hospital following birth injury surgery, Arusha, Tanzania	2
Maternity care, delivery and postnatal care for women (and their babies) in Tanzania and Ethiopia, including Caesarean sections where medically necessary	182
Supplementary feeding for malnourished pregnant and lactating women in war-torn regions of Ethiopia	1,090 women

## Zanzibar

IMPACT Zanzibar (IZ) started with medical care to prevent and treat hearing loss from a base at the main hospital in Stone Town and has expanded into a wide-ranging programme of action to prevent many causes of needless disability and ill-health for people living in rural communities across Zanzibar's two main islands Unguja and Pemba, and sometimes beyond! For example, to Kojani Island, the only inhabited island east of Pemba in the Indian ocean, which is home to artisanal fisher-folk who live in challenging conditions and have no health facilities on the island. IMPACT Zanzibar's team travel by small boat to reach Kojani to hold an annual health camp. This year 709 people benefitted from screening and treatment for a variety of conditions.

IMPACT UK's support is largely focused on helping IZ take eye and ear care into schools and community meeting places to make sure that people have easy access to medical care that can prevent common eye and ear problems turning into irreversible hearing or visual loss. Lack of alternative services in many of the villages IMPACT visits means that other health issues are addressed too – from hypertension and diabetes to maternity care and skin infections.

The School Health Project trains teachers and older pupils to conduct regular checks on children within the classroom and IZ's team follows up to carefully diagnose suspected conditions and provide whatever treatment is necessary. This project teaches everyone about the early signs of needless disability, information that they also take home to their families, and which is crucial to ensure people seek treatment in good time to prevent long-term impairment. Often, people do not realise that treatment is available and live with deteriorating health quite unnecessarily.



## 2021-22

**54,389 schoolchildren were screened and treated as part of IMPACT Zanzibar's School Health Project which pushes the walls of the hospital into the community**

IZ also established the first, and only, neonatal hearing screening programme in Zanzibar to identify babies who have impaired hearing. This uses a special test that shows up hearing loss in children too young to respond verbally to aural stimuli and is important because the earlier affected children receive specialist support such as hearing aids, the better their chances of avoiding delays to their speech, language, social and communication development.

Without specialist interventions, children born with severe hearing loss may never learn to communicate and this can lead to a lifetime of isolation with detrimental effects on mental health and wellbeing. The children identified by the neonatal screening programme are offered a place at the ZOP Academy, which we also support. This educational facility is solely for children with hearing impairment. It provides education and meets their additional needs for skills such as sign language.

2021-22 Activities	Target	Achievement
ENT outreach camps	6	18
People screened / treated at outreach ENT camps	600	1,743
ENT operations to restore hearing	120	631
Mobile ENT and eye clinics held	6	12
People screened / treated at mobile ENT and eye clinics on Unguja island	900	5,402
Community camps held on Pemba island	3	6
People screened / treated at Community camps held on Pemba island	450	2,334
Schools participating in the School Health Project	70	72
Children screened through the School Health Project	10,000	54,389
Children treated through the School Health Project	1,000	1,425
Babies reached by the Neonatal Hearing Screening team to identify hearing impairment as soon as possible	3,000	3,087



- Provided essential running costs for the ZOP Academy (a school for 28 young children with severe hearing impairment) and training in paediatric audiology for Dr Naufal Kassim, ENT surgeon and governor who is, in turn, training the Academy's staff. Children with hearing loss are often kept home, do not attend mainstream education and may struggle to develop speech and communication skills without specialist teaching. The ZOP Academy provides basic schooling in maths and Swahili, with additional classes in speech, sign language, lip reading, English and more. The school also builds 'soft' skills such as confidence, sociability and self-worth while older students are taught practical skills from which they will eventually be able to earn a living. The school premises also house a hearing test centre and ear mould laboratory to provide the children with hearing aids since the earlier they get one, the better their chances of developing communication skills and learning.
- The generous legacy left to us by IMPACT UK's former Trustee, Dr Immie Sardharwalla, enabled IZ to hold an additional 6 ENT screening and treatment camps, during which people with impaired hearing or other ear problems received the medical care they urgently needed. We felt this was a fitting tribute to Dr Sardharwalla, who spent his early years in Zanzibar.

## United Kingdom

Our work in the UK continues to provide vulnerable families with the skills and confidence to cook healthy meals from scratch. 18% of the population of Sussex, around 310,400 people, report having a health problem or disability affecting their day to day activity. Investing time and energy in enabling people to cook cheap, nutritious food for themselves and decrease their reliance on ultra-processed food is designed to improve people's health and wellbeing. Our work in schools, local community hubs, with the previously homeless and teenage mums living in shared housing has also helped to reduce the social isolation felt by many during the pandemic. We have seen changing levels of restrictions throughout the year that has, at times, limited our work to online only sessions or group sessions with fewer participants to enable greater social distancing. Our series of easy to follow cooking videos on the 'IMPACT Tasty Team' YouTube channel are now available and we have launched our after school cooking clubs alongside further sessions during the school holidays for families to share a cooking activity together.



'Our volunteers teach cooking skills to formerly homeless people living in supported accommodation, supporting them to acquire the skills, confidence and motivation to cook nutritious meals and adopt lifelong healthy eating habits. As well as training, participants receive a 'moving on' kit including pots, pans and utensils – and the Tasty Team cookbook, full of budget-friendly recipes. Support of this kind can reduce social isolation and be a powerful force for change and enhance employability as people move forward with their lives.'

**Lisa Waller, Tasty Team**

Our one to one sessions, whether held in person or via Zoom, enable our volunteers to work with people individually to help them cook for themselves and their families, introducing simple techniques, overcoming problems with dietary requirements and providing inspiration with easy, nutritious recipes. One such family was Sian and her son Oliver who were struggling to eat healthily on a tight budget. With Oliver due to start school this year Sian was keen for them to do some simple cooking together and to ensure he ate a wide range of different foods;

*"I just wanted to let you know I spoke to Sian today and she said that she was really enjoying the cookery sessions, she has made apple crumble, a sauce for pasta and bolognese, pizzas and pancakes (both sweet and savoury). She said it was really nice to have someone to be with her and teach her and that her confidence is growing and she is really looking forward to her lessons. It was so lovely to hear this! And obviously little Oliver will be benefiting immensely from having a healthier diet and being involved in the cooking process."*

As another lockdown loomed in December we returned to supporting the local community with healthy recipe boxes over the Christmas period providing them with all the ingredients necessary to cook a delicious family meal along with some Christmas essentials. Over the coming year, along with building even stronger connections with the community groups we support, we are planning further development of our online resources to support both our loyal team of volunteers and local residents.

**Lisa Waller, UK Programme Manager.**

<b>2021-22 Activities</b>	<b>Achievement</b>
Tasty Sessions in primary schools to introduce healthy foods	6
Tasty Session Beneficiaries	170
Get Cooking Sessions with adults and children to develop the cooking skills and nutritional awareness of people in need of extra support	80
Get Cooking Beneficiaries	361
Recipe Box Deliveries	28
Recipe Box Beneficiaries	98
Number of people benefiting from other events	85

# International

## Advocacy

IMPACT works at the national and international level in partnership with many other governmental and civil society organisations, with the corporate sector and with community service organisations such as Rotary, Inner Wheel and Lions. We are members of Vision 2020/International Agency for the Prevention of Blindness, Sound Hearing 2030, Global Club Foot Initiative, Walk for Life and World Hearing Forum. We are members of the Fundraising Regulator, and several staff are members of the Chartered Institute of Fundraising; both organisations are designed to promote ethical standards and good practice in fundraising.

Our philosophy is shared with our many partners around the world through the International Federation of IMPACT Organisations and in practice through our working culture. We encourage our local partners (which are autonomous organisations in their own countries) to work with other NGOs and to collaborate with relevant stakeholders to influence policy on a local and national scale. Individuals from IMPACT Foundations are often asked to speak at professional conferences and to share ideas and practices more widely within their networks.

However, it is at the grass-roots level that our advocacy work makes the most impact by sharing knowledge and skills with often very marginalised communities, so that people can make informed decisions about their own health and take steps to minimise their – and their family's – risk of needless disability. In turn, they become our best advocates by sharing learning with their neighbours and spreading the word about IMPACT so those who need us can make use of our services.

## Accessibility

IMPACT is committed to equality and the creation of a barrier-free environment for all in accordance with British legislation (the Human Rights Act 1998, the Equality Act 2010) and international treaty obligations (the UN Convention on the Rights of Persons with Disabilities).

Accessibility for everyone is the keystone of IMPACT's international programme of action. By preventing and treating needlessly disabling conditions and providing assistive devices such as hearing aids, spectacles and prosthetic limbs to overcome physical barriers, obstacles to training, education and employment are also removed. Our projects also directly seek to overcome other barriers to accessing health and medical care, for example, poverty, geographical remoteness and difficulty accessing information.

Recognising that there is no 'one size fits all' when it comes to accessibility and that people with different disabling conditions require different solutions, we make best efforts to accommodate everyone within the physical constraints of our small office, regardless of needs. IMPACT UK's website has been carefully designed to be accessible. Please see [www.IMPACT.org.uk/accessibility](http://www.IMPACT.org.uk/accessibility) for further details.

Disability is a human rights issue. The 17 'Sustainable Development Goals' (SDGs) to be achieved by 2030 were adopted in September 2015 to shape the post-Millennium Development Goals (MDGs 2000-2015) international development framework. People with disabilities are specifically referenced in five of the SDGs which is an important milestone, since disability was conspicuous by its absence in the MDGs.

## Training and capacity building for community-led development

IMPACT believes strongly in the power of education and training as a driver of long-term beneficial change. We work with local people to develop skills and gain knowledge that enables them to deal with the specific challenges they, and their communities, face. For example, we fund training and equipment for female health workers to meet women's need for care during pregnancy, birth and in the post-natal period in areas where the nearest health post may be hard to access. This is keeping mothers and babies safe during a time of elevated risk.

We also work with our local partners to train health and nutrition volunteers, ear care workers, teachers to check their students' health, and specialists such as nurses, surgeons and audiologists to deliver the best possible



medical treatment – 2,606 of them in total this year. All are local people who make huge contributions to their communities as a result.

We provide people with information so they can make informed decisions about their own health behaviours and 226,788 people have participated in health education sessions or tuned into IMPACT's health-based radio programmes this year. These focus on the steps everyone can take to protect themselves and their families and also give practical information about what health and medical services are available through their local IMPACT or IMPACT partner, or via Government programmes (e.g. vaccination or micronutrient supplement delivery). A further 228,474 people had their awareness of Covid-19 and how to mitigate their risks raised.

IMPACT is firmly committed to community-led development and by ensuring knowledge and skills are widely shared, we are working with marginalised people to make sustainable improvement in their lives and in the lives of others.

## Safeguarding

IMPACT UK takes the safeguarding of children and vulnerable adults extremely seriously. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and requirements of the Charity Commission. Our policies are regularly reviewed by IMPACT UK's senior management team and board of Trustees. Every member of IMPACT UK staff regularly undergoes a Disclosure and Barring Service (DBS) check and we have 'whistleblowing' structures in place, should these be needed by staff or volunteers.

Here in the UK, our Tasty Team project works in primary schools and with vulnerable adults and children in our local community. Each of our volunteers is carefully vetted, undergoes a Disclosure and Barring Service check, receives full training and careful monitoring, and signs up to a raft of relevant policies including Child Protection; Code of Behaviour for Working with Children and Vulnerable Adults; Lone Worker; and Safeguarding Adults. They are regularly reminded of their responsibilities under these policies.

Our partners overseas are all autonomous organisations but we share safeguarding policies and best practice with them and strongly encourage them to ensure they have policies and practices in place to comply with safeguarding rules in their own country.



### **A close-knit team of 36 medical and support staff live and work aboard the Jibon Tari floating hospital.**

They are assisted by volunteer surgeons from Dhaka and occasionally overseas, during specialist medical camps.

The permanent staff overcome the challenges of very basic living conditions and many weeks at a time spent living away from their families, in order to serve the rural communities of Bangladesh. Everyone is valued as playing an essential role to the functioning of the hospital and many have given years of dedicated service.

# Looking to the future

*IMPACT UK has ambitious plans for the future because we recognise that with a growing and ageing population, needless disability around the world continues to affect more and more lives every year. We receive no Government grants and our work is funded entirely by voluntary contributions from generous members of the public, charitable trusts, community services organisations and businesses.*

## **With availability of resources, we plan to:**

- ❖ Further expand the school-based safe water and menstrual hygiene work we have been developing with IMPACT Foundation Bangladesh in Chuadanga and Meherpur districts
- ❖ Build the infrastructure, and therefore capacity, of more health centres and hospitals in remote and underserved areas of Cambodia, to deliver quality medical care with a particular focus on maternity care
- ❖ Support the essential cost of dry dock maintenance for the Jibon Tari floating hospital in Bangladesh, which must be undertaken every four years to ensure the safety of the vessel and everyone using it
- ❖ Provide village communities in remote areas of Ratanakiri province (one of the least developed in Cambodia) with rice mills to ensure they can make use of their rice harvest as a sustainable source of food for hungry families
- ❖ Upgrade surgical instruments at IMPACT Nepal's Ear Care Centre in Birgunj, that we helped to establish
- ❖ Fund even more specialised treatment and/or operations for people with conditions including hydrocephalus, leprosy, burns and cleft lip
- ❖ Install 'talking walls' on school latrines in Kenya, to promote hygiene awareness messages
- ❖ Support three projects of IMPACT India's award-winning Lifeline Express hospital train during which 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery
- ❖ Assist the new IMPACT Foundation Bangladesh hospital in Chuadanga to open and begin delivering services
- ❖ Fund essential running costs for the ZOP Academy in Zanzibar, which provides specialist education and opportunities to hearing impaired children who might otherwise never go to school
- ❖ Invest in more families who want to start income generating micro-businesses with the provision of livestock such as goats, geese and chickens or seeds to grow fruit and vegetables (this helps to both feed members of the household and makes money to buy other essentials) and through entrepreneur training and business starter kits (hairdressing, baking etc.) for women leaving hospital following repair of obstetric fistula
- ❖ Provide scholarships for more student nurses in Bangladesh who should start their education in the new Nursing and Midwifery Institute building, which IMPACT UK has helped to construct
- ❖ Continue to improve the resources (online and physical) available to volunteers and participants of the Tasty Team project in the UK and to explore opportunities to work with more local people to improve their food security, while building lifelong cooking skills and nutrition knowledge
- ❖ Respond quickly and effectively to emergencies in our project areas should they arise

## **To achieve the above, we will:**

- ❖ Work hard to secure unrestricted funds, which will enable us to expand our programme and rapidly meet need wherever it is identified
- ❖ Continue to identify projects which meet donors' needs and work with both donors and partners to ensure satisfactory delivery of them
- ❖ Continue to improve the way we collect and analyse data for routine monitoring and reporting as well as identify ways to demonstrate our impact and lessons learnt
- ❖ Support the exchange of information, experiences and good practice, between partners
- ❖ Share new ideas and encourage innovation – particularly making use of digital technology - where possible

## **And much more as opportunities arise.**

# Financial review and policies

- We generated incoming resources of **£2,158,975** (up 27.8% on last year)
- Legacies: **£122,190** (down 24.3% on last year)
- Gift Aided donations: **£238,617** (down 5.4% on last year)
- Donations not eligible for Gift Aid: **£1,749,049** (up 23.4% on last year)
- Gifts in Kind: **£18,306** (down 79.8% on last year)
- We expended **£2,326,796** (up 33.6% on last year)

## Fundraising

We start each year with the goal of generating at least £1.5 million of incoming resources to drive our programme of international action to prevent and treat needless disability for some of the most vulnerable people in our world. This amount enables us to meet the commitments we have made to international project partners for ongoing work, and more besides for new initiatives or partners, pilot projects and the emergency situations that sometimes arise and to which we can respond rapidly. It also makes our 'Tasty Team' project possible, here at home in the UK. With more income we can do even more – the need for our work is great. Our partners always have a long list of projects ready to be implemented as soon as funds are available.

Our income was £2,158,975 this year and all but £8,872 (investment income) came from fundraising. As mentioned in other parts of this report, the 30<sup>th</sup> anniversary matched funding appeal we ran for IMPACT India's Lifeline Express Hospital Train and some large donations for Covid-19 work helped us to generate such incredible income.

## How we raise funds

We receive no statutory funding so fundraising for voluntary contributions is the driving force that makes everything described in this report possible. We have a specific Fundraising Policy and Procedure which is readily available and lays out our promise to our supporters and the general public that our fundraising, in all its forms, is legal, open, transparent and respectful. This policy covers in detail: legal requirements, fundraising compliance, staff responsibilities, vulnerable people, accepting donations, restricted donations, responding to donations, gifts in memoriam, cash donations and resolving complaints.

As a charity, IMPACT has a legal duty to raise funds effectively in order to deliver public benefit. We have a nimble and highly efficient fundraising operation and results belie its small size. This year we have generated £27.68 of income for every £1 expended on fundraising (FY2020-21 £21.73:£1).

We have never paid a third-party organisation to raise funds or send appeals on our behalf and we never share supporters' information with other charities or purchase mailing lists. We believe that our fundraising is so successful because we keep it all 'in house' and only contact people who have already shown an interest in or commitment to our work. Perhaps most importantly, we work hard to develop personal relationships with the people who contribute to our work and make it easy for them to contact any member of the team, including the Chief Executive and Trustees. We understand that our supporters are essential partners who drive forward our work as much as the people on the ground delivering healthcare in remote villages of Africa and Asia.

We only pay for services where we cannot do it ourselves (for example graphic design and print) or where using a trusted supplier is more cost-effective.

Our fundraising almost exclusively takes the form of applications to charitable trusts, foundations and community service organisations, and appeals to individuals by letter or email, in strict adherence to rules governing data protection. Recipients are given ample opportunity to 'unsubscribe' so that we do not write to them again. However, we occasionally undertake events and support members of the public in their efforts to raise funds for us.

Legacies are an essential source of funds (£122,190 this year) and whilst we receive some legacies from people we have not had a prior relationship with, most come from people who have supported our work during their



lifetime. We are humbled that so many supporters choose to remember us in their wills and strive to ensure that their legacy makes a real difference for the next generation. Legacies are usually unrestricted and we always try to invest them in action that we feel the legator would have supported during their lifetime. Restricted bequests are ring-fenced and spent entirely in line with the legator's instructions unless this is impossible (for example, a project has ceased), in which case we work with the executors of the will to find an alternative use.

We also generate unrestricted income from selling small gifts such as water bottles and tote bags, and Christmas cards in our online shop, and restricted income from gift tokens representing aspects of our projects which people buy to 'gift' to their friends and relatives. Popular last Christmas were 'gaggles of geese', 'chirpy chickens', home gardens and operations.

## **Adhering to good fundraising practice**

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IMPACT is fully signed up to and regulated by the Fundraising Regulator, an independent non-governmental organisation which exists to maintain standards and public confidence in fundraising within England, Wales and Northern Ireland. It provides guidance and a Code of Conduct for charities and acts as an investigator and arbiter where complaints about fundraising cannot be resolved between the charity and complainant directly.

Members of IMPACT's fundraising team are individual members of the Chartered Institute of Fundraising and have completed the CloF's professional qualification. They are bound to adhere to its codes of conduct and practice.

As required by regulators, we maintain a log to record any complaints about our fundraising activity and we also receive a weekly summary of any complaints made against us to the Fundraising Regulator directly. There have been no complaints again this year and we attribute this to our very considered approach; sending careful appeals in a targeted manner to ensure that we only contact people we believe are genuinely interested in our work. We ensure that supporters' contact preferences are recorded and respected so if a person requests no further contact, they will not hear from us again. Our policy is never to bombard supporters with appeals, and this has served to engender a large core of committed and long-standing supporters.

When a supporter engages with a charity, it usually involves the provision of personal data. This is an act of trust and IMPACT takes its protection very seriously. We regularly review data protection legislation and adhere to the relevant rules (General Data Protection Regulation (GDPR) etc.) All personal data is recorded on an industry-leading database and stored on its secure servers, with multi-factor authentication for access. This further protects records from access by illegitimate parties. Hard copy data is kept in locked filing cabinets within our locked office and when no longer needed, is securely destroyed by shredding.

We have Data Protection and Fundraising policies which set out and formalise the good practice we use every day and which are reviewed annually by Council and staff.

## **Supporting others to raise funds for our work**

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The small staff team at IMPACT UK are assisted in their fundraising efforts by volunteers who raise money in numerous ways from sporting events and feats of endurance; ask for gifts to IMPACT in lieu of presents to mark life events such as marriages; to a mother who sustained a birth injury and committed to raising funds for our maternity work by being sponsored to regularly do her rehabilitation exercises. We provide information about good fundraising practice and Gift Aid, and support them with literature, sponsorship forms, help using online fundraising platforms and any other assistance they may request.

The IMPACT Luncheon Club has once again been able to meet each month to enjoy a delicious meal, listen to an interesting speaker, and raise much-needed funds for IMPACT's work, for which we thank everyone involved. Profit this year has totalled £11,615; up 109% on the previous year which was so hampered by Covid-19 restrictions. The money raised this year has been used to pay for ear surgeries to restore hearing to people in Nepal, when hearing impairment remains a leading cause of needless disability.

Our sincere thanks also go out to the community service organisations that support IMPACT. Rotary Clubs in Great Britain and Ireland have been raising funds for our project work for more than three decades. Rotary clubs' generous gifts have remained steady this year, totalling £21,941 (FY 2020-21 £22,100).

We work with people fundraising on our behalf to ensure they are also adhering to good practice in fundraising, data protection, and safeguarding vulnerable people in the same way our small team in Haywards Heath does.

## Protecting vulnerable people

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IMPACT has safeguarding policies to ensure vulnerable people are protected within our project activity, for example, the Tasty Team's in the UK works with children and vulnerable adults and all volunteers are issued with a copy of the policy and stringent checks (including Disclosure and Barring Service) are made before they have any contact with beneficiaries. IMPACT staff members also undergo a regular DBS checks. Working practices are also designed with safeguarding in mind. Our autonomous international partners adhere to local legislation and we encourage them to consider safeguarding at all points of their projects from design to implementation.

However, vulnerable people must also be protected as part of good fundraising practice. Our high standards and good practice in fundraising generally also protects vulnerable people. For example, we never exert pressure on people to donate and our contact is only with people who have come to us, rather than been contacted 'cold'. We respect requests not to be contacted whether they come from the individual or someone acting on their behalf, and because all gifts are processed by our team, we know many donors personally and are alert to gifts which might appear unusual. Any suspicions must be reported to the management team for further investigation and they will refer to the Board of Trustees to consider the information and make a final decision on how to proceed. While investigations are being conducted, the funds are ring-fenced and unspent. Our complaints procedure and membership of regulatory bodies provide a fall-back for vulnerable people, or those acting for them, in respect of IMPACT's fundraising.

## Income, investments and expenditure

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This year has been incredibly successful for income generation and funds have been rapidly put to work within our projects. Significant funds were pledged to help mitigate the effects of the Delta wave of Covid-19 which swept through India and surrounding countries at phenomenal speed in the middle of the year, causing a huge burden of illness as health systems struggled to cope with the sheer number of affected people. Our three local partners reacted quickly and efficiently to help in their project areas. A special matched funding campaign to mark the 30<sup>th</sup> anniversary of IMPACT India's Lifeline Express hospital train was very successful and we are grateful to everyone who donated and the philanthropic family who matched the total. Both helped IMPACT UK's income total £2,158,975, an increase of 27.8% on the previous year (FY 2020-21 £1,688,896).

We know that our supporters entrust their gifts to us because the maximum possible will be invested in our charitable activities in Africa, Asia and the UK. 94.31% of every £1 expended this year was used for this purpose which is well above our target of 90%. The remaining expenditure was split between our effective fundraising which powers the projects (3.34%) and essential Governance costs (2.35%) which ensure the Foundation is well run and meets legal obligations.

Our investment policy is set out in Note 5 of the Notes to the Accounts, below. Maximising returns with very low risk underpins the decisions made by the Council's Investment sub-committee. This year, investment income was £8,872, down 13.6% on the previous year (FY 2020-21 £10,265).

Balances on restricted and designated funds (notes 20 and 21 in the accounts) show that significant commitments are made towards future programme expenditure. We pledge funding for up to three years so that implementing partners can plan their work and in turn avoid letting down the people who rely on the healthcare they deliver. Longer-term projects also allow greater depth in service delivery and provide partners with time to develop other income streams for their project's future.

We continue to actively fundraise and explore new sources of income in order to meet any shortfall on specific projects and if restricted funds are subsequently raised and received, designated funds are released to be used elsewhere. Balances are held by the Foundation on interest-bearing deposit until and whilst the project is implemented.

Rigorous financial controls are in place and our cash position remains healthy.

The Foundation expended £2,326,796 this year, up 33.6% on the previous year (FY 2020-21 £1,741,098) and this reflects the return to a more normal level of project implementation after Covid-19 restrictions were eased in most countries. The table below shows expenditure by country within our international programme with a comparison to last year.

We are immensely grateful for the gifts in kind of goods and services that we receive, and which make every pound go even further. This year, the value of gifts in kind was £18,306 (FY 2020-21 £90,554) made up of donations of PPE for use by health workers in Bangladesh, Cambodia and Nepal, and food and other goods from members of the public, Tesco and Waitrose, for the UK Tasty Team's healthy meal boxes, which were delivered to families facing economic uncertainty at Christmas.

Thank you also to Jenny Stone CIPD, who provides Human Resources advice at no charge, and to the 10 volunteers who make the Tasty Team project in mid Sussex so transformational and also fun.

Location	Amount expended on charitable activities (£)	Proportion of the Foundation's total expenditure 2021-22	Proportion of the Foundation's total expenditure 2020-21
Africa (Maternity)	£69,832	3%	2%
Bangladesh	£563,616	24.2%	26.2%
Cambodia	£195,798	8.4%	11%
East Africa (Kenya)	£130,320	5.6%	6.8%
India	£702,342	30.2%	13.4%
Nepal	£201,744	8.7%	5.8%
Pakistan	£38,977	1.7%	0%
Zanzibar	£111,316	4.8%	9.7%
The UK (nutrition project)	£15,287	0.7%	1.4%
Other International	£1,245	0.05%	6.2%

We encourage and work with our international partners to grow their ability to raise funds from which they can power their programmes as this is the way to secure long-term sustainability and is the best antidote to aid dependence. It underscores our relationships as equal partners and enables us to free up funds to pilot new projects and work with new partners. This in turn fosters diversification of our shared programme of action and allows us to reach beneficiaries in more areas.

Since every partner is fully independent of IMPACT Foundation UK, these funds are not included here, but on top of charitable gifts, income is generated in resourceful ways including rental from unused office space or spare operating theatre capacity, selling produce from farms, and cost-recovery from the delivery of medical care or pharmacy services to patients who can afford to pay.

Thanks to a Sussex-based charitable trust gifting us our premises in the early 1990s, we have no mortgage or office rental costs, and this enables us to keep our running costs very low.

It will be seen from the Balance Sheet that all our investments are represented by cash and short-term deposits. The balance on unrestricted, non-designated reserves is £164,968.



# Structure, governance & management

## Organisational structure

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The IMPACT Foundation is a registered charity (number 290992, July 1985) and a public benefit company without share capital limited by guarantee (number 1878297). The Foundation is organised under the direction of its governing body, which is the Council of 12-20 Trustees who, for the purposes of company law, are also Directors of the Company. They are responsible for determining the policies and strategic direction of the IMPACT Foundation but, as there is no share capital, the Trustees have no interest in the IMPACT Foundation as defined by the Companies Act 2006.

The IMPACT Foundation operates in accordance with its constitutional mandate, the Articles of Association, and subject to relevant legislation. We are aware of the Directors' duties under the Companies Act 2006.

## Trustees and their responsibilities

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The Trustees hold meetings at least three times a year to review detailed financial and progress reports and discuss new project proposals. The Trustees delegate the IMPACT Foundation's day-to-day operations to the Chief Executive and the senior management team. Other meetings by sub-committees and task forces appointed for specific purposes take place on a regular basis. For example, a Staff Committee is delegated to consider human resource issues, policies and remuneration and an Investment Committee to consider investments. Recognising the need to keep up with the raft of new regulations and employment legislation, the Trustees retain the services of a volunteer Human Resources Consultant. All staff and members of the Advisory Council are invited to attend Trustees' meetings.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). They prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company; of the incoming resources; and of the application of resources, including the income and expenditure of the charitable company, for that period.

In preparing those accounts the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the Trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the Trustees have taken all appropriate steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

### **The Board of Trustees' other responsibilities include:**

- Setting policy and overseeing strategic direction
- Complying with relevant laws and regulations
- Ensuring that charitable objects are met
- Promoting the IMPACT Foundation's reputation, values and integrity
- Taking appropriate care and advice when investing money
- Making sure charitable funds and assets are used to further IMPACT Foundation's charitable aims and fulfil its public benefit duty

Trustees are asked each year at the beginning of a meeting to declare any conflicts of interest. A policy is in place to manage any conflicts which might arise.

Trustees serving during this period are listed on page 2. Trustees have no financial interest in the IMPACT Foundation and receive no remuneration for their services. Our Governance costs this year were £14,312 (FY 2020-21: £13,969).

## **Recruitment and appointment of Trustees**

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The appointment of Trustees is conducted in line with the IMPACT Foundation's Articles of Association and the terms of service were amended in 2021. Trustees collectively have the power to appoint any person to be a Trustee but the Board of Trustees must consist of not less than 12 and not more than 20 people. The skills mix and diversity of the Board of Trustees is also considered. As set out in the Articles of Association, from the 1<sup>st</sup> January 2022, a Trustee may serve for a maximum term of three years and is then eligible for re-election by secret ballot. A Trustee may serve no more than three consecutive three year terms, although may be appointed anew after an interval of at least six months.

Policies apply for the recruitment, selection, induction and training of Trustees and members of staff, all of whom have agreed job descriptions.

We recognise the importance of providing new Trustees with sufficient information to equip them to become effective members of Council. All new Trustees receive a comprehensive induction pack of background material. They are invited to spend time with the staff team and visit project activities. Fellow Trustees are invited by the Chair to act as mentors to new Trustees. Prospective new Trustees may be invited to first become members of the Advisory Council, which has no powers, in order to gain a better understanding of the Foundation.

During the course of this financial year, a group of Trustees (collectively the 'Sub Committee, Board Management and Future') which had been undertaking a review of board composition and succession planning, wound up having completed their work.

## **Advisory Council**

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The Advisory Council is made up of people with an interest in the Foundation and its work, and with relevant skills and experience on which the Board and staff may draw. Members do not have voting- or decision-making rights but are encouraged to attend meetings and participate fully in discussions. It is a valuable resource and repository of knowledge.

After a natural hiatus, the Advisory Council has been reinvigorated this year and has its first new members – Lady Wilson and Mr Rob West – who stepped down from the Board in July 2021. It is anticipated that the Advisory Council's membership will expand in the future and that members may move from the Advisory Council onto the Board, while it will also provide a means for retiring Board members who wish to stay involved with the Foundation to do so, thus retaining their experience and expertise for the benefit of the Foundation.

## **Strategic review**

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A meeting was held on 20<sup>th</sup> June 2018 to review the previous five-year strategy and plan for 2018-2023.

The new strategy confirmed IMPACT's six priority areas and set out funding goals including maintaining at least 90% of expenditure on direct charitable activities; greater emphasis on funding new projects; and helping partners to contribute a greater proportion of funds themselves. In addition, some wider goals were agreed

including seeking new partners to work with and new countries in which to work; pursuing the possibility of digital initiatives to deliver our work; and greater emphasis on malnutrition, obesity and diabetes within our work.

Progress towards meeting the objectives of the strategy is reviewed regularly by the Senior Management Team and discussed at Council level at least once per year. A full report will be completed at the end of the five-year period.

## Employees

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The staff team remains remarkably lean and effective and its achievements belie its small size. This year there were seven employees (three full-time and four part-time). The team is led by the Chief Executive who, with the Deputy Chief Executive and Funding and Development Director, form the management team which is tasked with implementing the strategic vision of the Board of Trustees and responsibility for the day-to-day running of the charity. The senior management team is ably assisted by the Finance Manager, Fundraising Manager, Office Manager and UK Programme Manager. All employees have access to the Employee Handbook and policies.

## Volunteers

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Volunteers add enormous value to IMPACT's work and stretch limited financial resources as far as possible. Together, we achieve more and reach many more people in our collective fight against needless disability.

Covid-19 has once again meant that medical volunteers such as surgeons and anaesthetists from around the world have not been able to visit IMPACT's projects to fill skills gaps, provide training and learn from local medical teams. Greater internet connectivity does make the world much smaller though, so advice can still be shared between medics via Zoom, email and more.

The Tasty Team in the UK is powered by volunteers from our local community in Mid Sussex – 10 people have given their time and skills freely this year to work with people who are learning cooking skills and nutrition and to deliver food parcels to families facing difficulties at Christmas. We are indebted to them all.

We are also immensely grateful to the people who run our successful fundraising Luncheon Club, help with mailings and raise funds or awareness about our work.

In addition, approximately 950 local volunteers work within our projects around the world; invaluable contributors to the health and wellbeing of their communities enabling IMPACT to reach more people than we possibly could otherwise.

## Relationships with partners

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Our 14 partner organisations in Africa, Asia and Europe (IMPACTs Norway and Switzerland are income generating organisation that exists to fund project work in communities of Africa and Asia) all share the same aim – a world free from disability.

When IMPACT was established in the 1980s, the organisation was ahead of the times in being set up not as a British head office with regional offices around the world run by British staff, but rather as a coalition of autonomous partners; each led and staffed by local people who initiate and drive the work in their country. Sir John Wilson, IMPACT's visionary founder, was almost unique at the time in understanding that local people know best what is needed and how to meet those needs, therefore the role of the UK foundation should be to support them.

These partners are autonomous, registered not-for-profit organisations in their own country whose accounts are fully audited. Most of them are IMPACT Foundations although we do work closely with other organisations where we share aims and a long-standing relationship, and where it is more efficacious to partner with them than to set up an IMPACT Foundation which would duplicate effort.

Although on a forced hiatus thanks to Covid-19, the International Federation of IMPACT Organisations (IFIO) usually meets approximately every two years to exchange good practice, reaffirm our shared mission and ensure our priorities for action are still relevant.



## Data protection

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We follow the 'data protection principles' set out by the Data Protection Act 2018 which is the UK's implementation of the General Data Protection Regulation (GDPR). It has never been our policy to sell or exchange names and addresses with other organisations, or to disclose such data to a third party. We use an industry-respected database to store data safely. Confidentiality agreements and normal security procedures are in place. We keep Data Protection under regular review. We adhere to individuals' rights to find out what information we hold about them and how we use their data, as set out by the 2018 Act, and would respond to requests in a timely manner.

## Risk assessment

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The Charity Commission requires the Trustees to identify and review the risks faced by the IMPACT Foundation. A full risk assessment is kept up-to-date and also reviewed annually by the Management team and the sub-committee on staffing. It is then approved by the Board of Trustees.

The assessment covers risks under the following categories: reputation, financial, legislative/compliance, governance, staff/volunteers, infrastructure (property and assets), operational and fire, and sets out mitigations.

The UK Programme Manager conducts risk assessments for every part of the Tasty Team project before implementation.

## INDEPENDENT AUDITORS' REPORT TO THE MEMBERS AND TRUSTEES OF IMPACT FOUNDATION

### OPINION

We have audited the financial statements of Impact Foundation Limited (the 'charity') for the year ended 31st March 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Financial Reporting Standard 102).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and
- have been prepared in accordance with the requirements of the Companies Act 2006.

### BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### OTHER INFORMATION

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS**

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

## **SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition we read all the financial and non financial information in the Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

## **OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

## **MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION**

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;
- the financial statements are not in agreement with the accounting records and returns;
- certain disclosures of trustees' remuneration specified by law are not made, or
- we have not received all the information and explanations we require for our audit.
- the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

## **RESPONSIBILITIES OF TRUSTEES**

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 4), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.



In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

## AUDITOR RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the Charity, we identified that the principal risks of non-compliance with laws and regulations related to breaches of UK regulatory principles, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to management bias in accounting estimates. Audit procedures performed included:

- validating the appropriateness of journal entries identified based on our fraud risk criteria;
- designing audit procedures to incorporate unpredictability around the nature, timing or extent of our testing; and
- assessing the impact of COVID-19 on the inherent risk of fraud, including potential opportunities for fraud with more remote working and where internal controls may not be operating the way they usually do.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

## USE OF OUR REPORT

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



**STEPHEN POTTER FCA (Senior Statutory Auditor)**

For and on behalf of  
CARTER NICHOLLS LIMITED, STATUTORY AUDITOR  
Chartered Accountants, Victoria House, Stanbridge Park, Staplefield Lane, Staplefield, West Sussex, RH17 6AS

Dated: 14th July 2022

**IMPACT FOUNDATION**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(including income and expenditure account)**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

		Unrestricted	Restricted	Expendable Endowment	Total Funds	Total Funds
	Note	Funds	Funds	Funds	2022	2021
		£	£	£	£	£
<b>INCOME AND ENDOWMENTS FROM :</b>						
Donations and Legacies	6	225,973	1,902,189	-	<b>2,128,162</b>	<b>1,650,976</b>
Income from Charitable Activities	7	-	21,941	-	<b>21,941</b>	<b>27,655</b>
Income from Investments	5	2,270	2,283	4,319	<b>8,872</b>	<b>10,265</b>
<b>Total Income and Endowments</b>		<b>228,243</b>	<b>1,926,413</b>	<b>4,319</b>	<b>2,158,975</b>	<b>1,688,896</b>
<b>EXPENDITURE ON :</b>						
Expenditure on Raising Funds	8	77,670	-	-	<b>77,670</b>	<b>77,232</b>
Expenditure on Charitable Activities	9	440,231	1,808,895	-	<b>2,249,126</b>	<b>1,663,866</b>
<b>Total Expenditure</b>		<b>517,901</b>	<b>1,808,895</b>	<b>-</b>	<b>2,326,796</b>	<b>1,741,098</b>
Net gains / (losses) on investments	12	-	-	-	-	63,829
<b>Net Income / (Expenditure)</b>		<b>(289,658)</b>	<b>117,518</b>	<b>4,319</b>	<b>(167,821)</b>	<b>11,627</b>
<b>NET MOVEMENT IN FUNDS</b>		<b>(289,658)</b>	<b>117,518</b>	<b>4,319</b>	<b>(167,821)</b>	<b>11,627</b>
<b>RECONCILIATION OF FUNDS</b>						
Total Funds brought Forward		665,412	529,370	986,799	<b>2,181,581</b>	<b>2,169,954</b>
<b>Total Funds Carried Forward</b>		<b>£ 375,754</b>	<b>£ 646,888</b>	<b>£ 991,118</b>	<b>£ 2,013,760</b>	<b>£ 2,181,581</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 50 to 58 form part of these accounts

**IMPACT FOUNDATION**  
**BALANCE SHEET AS AT 31ST MARCH 2022**

	Note	2022 £	2021 £
<b>FIXED ASSETS</b>			
Tangible assets	11	111,758	115,167
Property Investment	12	-	-
		<u>111,758</u>	<u>115,167</u>
<b>CURRENT ASSETS</b>			
Debtors	13	9,156	22,696
Short term deposits		1,840,126	1,854,677
Cash at bank and in hand		62,870	198,977
		<u>1,912,152</u>	<u>2,076,350</u>
<b>CREDITORS : amounts falling due within one year</b>	14	10,150	9,936
<b>NET CURRENT ASSETS</b>		<u>1,902,002</u>	<u>2,066,414</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		2,013,760	2,181,581
<b>NET ASSETS</b>		<u>£ 2,013,760</u>	<u>£ 2,181,581</u>
<b>FUNDS</b>	2		
Expendable Endowment	19	991,117	986,798
Restricted	20	646,888	529,370
		<u>1,638,005</u>	<u>1,516,168</u>
<b>Unrestricted</b>			
Designated	21	99,029	367,670
Fixed Assets replacement	19	111,758	115,167
Other	19	164,968	182,576
		<u>375,755</u>	<u>665,413</u>
Total Funds		<u>2,013,760</u>	<u>2,181,581</u>

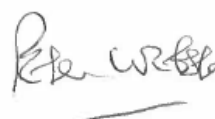
The notes on pages 50 to 58 form part of these accounts

The above accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

**Signed on behalf of the board of Directors/Trustees**



Robin d'O. Hope (Honorary Treasurer)



Peter Webster (Director/Trustee)

Approved and authorised by the Board:

14th July 2022

**IMPACT FOUNDATION****STATEMENT OF CASH FLOWS FOR YEAR ENDING 31ST MARCH 2022**

	<b>Note</b>	<b>2022 £</b>	<b>2021 £</b>
<b>Net cash used in operating activities</b>	22	<b>(159,529)</b>	<b>253,468</b>
<b>Cash Flows from investing activities</b>	5	<b>8,872</b>	<b>10,265</b>
Increase / (decrease) in cash and cash equivalents in the year		<u><b>(150,657)</b></u>	<u><b>263,733</b></u>
Cash and cash equivalents at the beginning of the year		<b>2,053,654</b>	<b>1,789,921</b>
Total cash and cash equivalents at the end of the year		<u><b>1,902,997</b></u>	<u><b>2,053,654</b></u>



**IMPACT FOUNDATION**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**1 ACCOUNTING POLICIES**

*Accounting Convention*

The financial statements have been prepared in accordance with Accounting & Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) (effective 1 January 2015) - (charities SORP (FRS 102) and the Companies Act 2006.

*Reconciliation with previous Generally Accepted Accounting Practice*

In preparing the accounts the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102 the restatement of comparative items was required. At the date of transition no items were identified that required restatement.

*Capital Expenditure*

Items of an enduring nature are treated as fixed assets. Other items are written off in the year of purchase.

*Depreciation*

Depreciation is provided on tangible assets, at a rate calculated to write off the cost less estimated residual value, of each asset over its useful life as follows:

Buildings	Over 50 Years
Computers and Equipment	Over 4 Years

*Investments*

Investments are included in the accounts at market value at the year end.

*Income and Debtors*

Income is accounted for on a receivable basis taking account of entitlement, probability and measurement as defined within current accounting regulations. Debtors are measured by income receivable at the year end.

*Gifts in Kind*

Gifts in kind of assets held as stock for distribution by the charity are recognised as incoming resources within "voluntary Income" only when distributed with an equivalent amount being included as resources expended under the appropriate category of the Statement of Financial Activities to reflect its distribution. The assets are valued at the open market cost for equivalent items.

*Expenditure and Creditors*

Liabilities are recognised as soon as they become known. Expenditure on Charitable Activities includes the proportion of salaries, secretarial costs and other relevant expenses which relate to the planning, development and administration of these activities. Staff costs are allocated proportionally on a time spent basis. Other indirect costs are apportioned as the trustees deem appropriate from time to time.

*Pension Costs*

By agreement with the Trustees, the Foundation makes defined contributions to personal pension arrangements chosen by the relevant staff, and administers an auto enrolment pension. The costs of such contributions are charged to expenditure as they fall due.

## **2 FUNDS**

These accounts include four categories of fund within the general headings of restricted and unrestricted.

Restricted Funds may be used for specific purposes and may not be used by the charity for any other purposes, without the prior consent of the donor.

Expendable endowment is a fund where the donor wishes income to be used for limited charitable purposes. The Trustees have power to convert the fund to income. This is also a restricted fund.

Unrestricted funds are expendable at the discretion of the Trustees who have designated funds which are earmarked for particular projects. Such designation is not a binding restriction - the Council can redesignate such money if they consider it appropriate.

Fixed Assets fund is an amount equal to the net value of functional fixed assets. This is treated as an unrestricted fund.

## **3 RESERVES**

Unrestricted reserves are needed:

- a) to provide funds which can be designated to specific projects to enable these projects to be undertaken at short notice, and
- b) to cover administration, fund-raising and support costs without which the charity could not function.

The Trustees consider it prudent that other funds within unrestricted reserves excluding designated and fixed asset replacement should be sufficient to cover six months administration, fund-raising, governance and support costs.

Other unrestricted reserves as defined above currently equate to the minimum considered prudent.

The level of reserves is monitored and reviewed by the Trustees three times a year.

## **4 CAPITAL COMMITMENTS AND FINANCIAL LEASES**

There were no capital commitments at the year end. There were no material commitments in respect of financial leases.

## 5 INVESTMENT POLICY

The Foundation's policy is to invest with careful consideration of the following:

- a) **SECURITY** The need to avoid incurring losses and to take into account what level of risk is acceptable.
- b) **REALISABILITY** The need for easy and speedy realisation without incurring material loss.
- c) **PERIOD OF INVESTMENT** The minimum period for which the investment can be made before proceeds are required.
- d) **ETHICAL** Need to avoid unethical investment.
- e) **INCOME FROM INVESTMENTS**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Bank and deposit interest	<b>8,872</b>	<b>11,975</b>
Property net income	-	<b>(1,710)</b>
	<b><u>8,872</u></b>	<b><u>10,265</u></b>

## 6 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	Total Funds	Prior Year Total Funds
Gift Aided Donations	53,355	185,262	-	<b>238,617</b>	<b>252,126</b>
Legacies	86,040	36,150	-	<b>122,190</b>	<b>161,340</b>
Other Donations	86,578	1,662,471	-	<b>1,749,049</b>	<b>1,416,956</b>
Sub-total	<b>225,973</b>	<b>1,883,883</b>	-	<b>2,109,856</b>	<b>1,560,422</b>
Gifts in Kind	-	18,306	-	<b>18,306</b>	<b>90,554</b>
	<b><u>225,973</u></b>	<b><u>1,902,189</u></b>	-	<b><u>2,128,162</u></b>	<b><u>1,650,976</u></b>

Gifts in kind of £18,306 represents donations of PPE for use by IMPACT Foundation in Bangladesh, Cambodia and Nepal, and donations of food and other goods for the UK Tasty Team's healthy meal boxes.

## 7 INCOME FROM CHARITABLE ACTIVITIES

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Supporters Lunch Club	-	<b>5,555</b>
Rotary	<b>21,941</b>	<b>22,100</b>
	<b><u>21,941</u></b>	<b><u>27,655</u></b>

Profit from the Supporters Luncheon Club in 2021-22 totalled £11,615 and this was moved before year end to Nepal General to fund ear surgeries.

## 8 EXPENDITURE ON RAISING FUNDS

	<b>£</b>	<b>£</b>
Staff Costs	<b>67,761</b>	<b>65,643</b>
Other Costs	<b>9,909</b>	<b>11,589</b>
	<b><u>77,670</u></b>	<b><u>77,232</u></b>

## 9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Expendable Endowment	2022 £	2021 £
Bangladesh	9,692	553,924	-	563,616	458,698
Cambodia	57,695	138,103	-	195,798	194,481
East Africa	61,760	68,560	-	130,320	118,624
India	7,747	694,595	-	702,342	234,074
Nepal	100,244	101,500	-	201,744	102,280
Africa (maternity)	-	69,832	-	69,832	35,120
Zanzibar	54,783	56,533	-	111,316	169,379
Pakistan	33,315	5,662	-	38,977	4,670
Other International	-	1,245	-	1,245	120,285
United Kingdom	-	15,287	-	15,287	8,103
	325,236	1,705,241	-	2,030,477	1,445,714
Support Costs	114,995	103,654	-	218,649	218,152
	<b>440,231</b>	<b>1,808,895</b>	-	<b>2,249,126</b>	<b>1,663,866</b>

Included in the Restricted Fund resources expended is the sum of £18,306 which represents the value of Gifts in Kind as shown within note 6 to the accounts.

Support Costs are further analysed	Staff	Other	Total Expenditure	
Note			2022 £	2021 £
International Research	23,107	1,746	24,853	24,623
International	95,292	18,802	114,094	114,612
United Kingdom	21,201	3,763	24,964	24,005
Administration	33,780	6,646	40,426	40,943
Governance Costs	10	7,183	14,312	13,969
		180,563	218,649	218,152

## 10 GOVERNANCE COSTS

	2022 £	2021 £
Audit	4,687	4,507
Staff Costs	7,183	7,037
Other	2,442	2,425
	<b>14,312</b>	<b>13,969</b>



**11 TANGIBLE FIXED ASSETS**

	Land and Buildings	Computers other equip.	Total
<i>Cost</i>	£	£	£
At 01.04.21	167,725	8,581	<b>176,306</b>
Additions during year	-	-	-
At 31.03.22	<u>167,725</u>	<u>8,581</u>	<u><b>176,306</b></u>
<i>Depreciation</i>			
At 01.04.21	53,213	7,926	<b>61,139</b>
Charge for year	2,754	655	<b>3,409</b>
At 31.03.22	<u>55,967</u>	<u>8,581</u>	<u><b>64,548</b></u>
Net Book Value			
At 31.03.22	<u>111,758</u>	<u>-</u>	<u><b>111,758</b></u>
At 31.03.21	<u>114,512</u>	<u>655</u>	<u>115,167</u>

**12 PROPERTY INVESTMENT**

	2022 £	2021 £
At 01.04.21	-	<b>256,000</b>
Disposal	-	<b>(256,000)</b>
At 31.03.22	<u>-</u>	<u>-</u>

The property investment represents a bungalow donated to the IMPACT Foundation which was sold in the prior year.

**13 DEBTORS**

	2022 £	2021 £
Accrued Interest	<b>5,189</b>	<b>6,794</b>
Income tax recoverable	<b>3,967</b>	<b>15,902</b>
	<u><b>9,156</b></u>	<u><b>22,696</b></u>

**14 CREDITORS - amounts falling due within one year**

	2022 £	2021 £
Sundry Creditors and Accruals	<b>10,150</b>	<b>9,936</b>
	<u><b>10,150</b></u>	<u><b>9,936</b></u>

## 15 EMPLOYEES

	2022	2021
The average number of persons employed by the Foundation was:		
Full time employees	3	3
Part time employees	4	4
	<u>7</u>	<u>7</u>
Staff costs during the year were as follows:-		
Salaries and wages	214,275	209,402
Social Security costs	15,347	14,776
Defined pension contributions	18,702	18,334
	<u>248,324</u>	<u>242,512</u>

No employees received emoluments including pension contributions totalling more than £60,000

## 16 DIRECTORS / TRUSTEES

There were seventeen trustees, all of whom are members of the Executive Council and none of whom receive any remuneration from the Foundation.

Trustees did not claim reimbursement for expenses

## 17 AUDITOR'S REMUNERATION

The auditor's remuneration for audit work was £2,587 (2021- £2,587).

## 18 FUND MOVEMENT

	RESTRICTED		UNRESTRICTED		RESERVES	Total
	Expendable Endowment	Other	Fixed Asset	Designated	General	2022
At 01.04.21	986,798	529,370	115,167	367,670	182,576	2,181,581
Income and Endowments	4,319	1,926,413	-	-	228,244	2,158,976
Expenditure	-	(1,808,895)	-	(360,641)	(157,261)	(2,326,797)
Other - Designated	-	-	-	92,000	(92,000)	-
Asset replacement	-	-	(3,409)	-	3,409	-
At 31.03.22	<u>991,117</u>	<u>646,888</u>	<u>111,758</u>	<u>99,029</u>	<u>164,968</u>	<u>2,013,760</u>

## 19 ASSETS AND LIABILITIES SPLIT BY FUND

	RESTRICTED		UNRESTRICTED		RESERVES	Total 2022
	Expendable Endowment	Other	Fixed Asset	Designated	General	
Fixed assets	-	-	111,758	-	-	<b>111,758</b>
Current assets	991,117	646,888	-	99,029	175,118	<b>1,912,152</b>
Current Liabilities	-	-	-	-	(10,150)	<b>(10,150)</b>
Fund Balances	991,117	646,888	111,758	99,029	164,968	<b>2,013,760</b>

## 20 RESTRICTED FUNDS

	Balance 01.04.21	Increase	Decrease	Balance 31.03.22
<b>Bangladesh</b>				
Riverboat Hospital and Prevention Project	-	<b>33,292</b>	<b>22,395</b>	<b>10,897</b>
Coronavirus support	-	<b>52,078</b>	<b>52,078</b>	-
General	-	<b>94,078</b>	<b>62,030</b>	<b>32,048</b>
Nurses Institute	140,362	<b>178,188</b>	<b>158,631</b>	<b>159,919</b>
Community Health Care Centre	20,043	<b>12,862</b>	<b>17,806</b>	<b>15,099</b>
20th Anniversary Appeal	98,939	<b>245</b>	<b>99,184</b>	-
Fistula & Hydrocephalus	9,600	<b>9,600</b>	<b>9,600</b>	<b>9,600</b>
Equipment	-	<b>8,800</b>	<b>4,750</b>	<b>4,050</b>
Water Appeal	3,229	<b>26,516</b>	<b>16,516</b>	<b>13,229</b>
BBC Radio 4 Jibon Tari Appeal 2021	105,985	<b>28,900</b>	<b>132,110</b>	<b>2,775</b>
<b>Cambodia</b>				
General	-	<b>93,782</b>	<b>93,782</b>	-
Lake Clinic	8,535	<b>6,088</b>	<b>14,200</b>	<b>423</b>
Lake Clinic Mental Health	375	<b>2,700</b>	<b>3,037</b>	<b>38</b>
Coronavirus support	-	<b>41,102</b>	<b>39,528</b>	<b>1,574</b>
<b>East Africa</b>				
Disability Prevention	874	<b>144,515</b>	<b>85,878</b>	<b>59,511</b>
Tumaini Children's Charity	1,134	<b>563</b>	<b>1,603</b>	<b>94</b>
Water Projects	696	<b>35,880</b>	<b>33,886</b>	<b>2,690</b>
<b>India</b>				
Disability Prevention Bhavnagar	48,969	<b>1,031</b>	<b>50,000</b>	-
Integrated Project Pune	416	<b>1,713</b>	<b>85</b>	<b>2,044</b>
Lifeline Express Hospital Train	3,232	<b>1,269</b>	<b>558</b>	<b>3,943</b>
Lifeline Express 30th Anniversary Appeal	-	<b>165,655</b>	<b>9,106</b>	<b>156,549</b>
General	1,697	<b>203,327</b>	<b>200,186</b>	<b>4,838</b>
<b>Pakistan</b>				
Safer Motherhood	4,670	<b>26,807</b>	<b>31,477</b>	-

**RESTRICTED FUNDS - Cont.**

<b><i>Nepal</i></b>				
General	-	95,644	84,029	11,615
Rautahat - Safer Motherhood	533	-	533	-
Surgical Camps	3,000	-	3,000	-
Coronavirus support	-	40,938	40,938	-
<b><i>Africa</i></b>				
Africa General	1,561	71,357	69,805	3,113
Africa Fistula	316	163	446	33
<b><i>Zanzibar</i></b>				
Water	180	675	33	822
General	-	44,830	44,830	-
School For The Deaf	-	91,024	48,857	42,167
Coronavirus support	10,551	26	10,577	-
<b><i>Sir John Wilson</i></b>				
Memorial Fund	3,256	244	3,500	-
<b><i>International</i></b>				
General	-	154,794	105,350	49,444
Eye Care	54,750	622	-	55,372
Coronavirus support	1,059	544,811	545,870	-
<b><i>United Kingdom</i></b>				
Tasty Team Project	5,408	16,692	17,099	5,001
	529,370	2,230,811	2,113,293	646,888

All the above balances are held in cash.



## 21 DESIGNATED FUNDS

	Balance 01.04.21	Designated during year	Expended during year	Balance 31.03.22
<b>Bangladesh</b>				
Riverboat Hospital & Prevention Project	9,693		9,693	-
General	5,219	12,000	13,350	3,869
Nurses Institute	9,000	-	9,000	-
<b>Cambodia</b>				
General	23,674	20,000	43,674	-
<b>East Africa</b>				
Disability Prevention	54,487	-	54,487	-
Water projects	269	-	-	269
<b>India</b>				
Disability Prevention Bhavnagar	4,587	-	4,587	-
<b>Nepal</b>				
General	67,420	40,000	81,150	26,270
<b>Pakistan</b>				
Safer Motherhood	26,807	-	26,807	-
<b>Sri Lanka</b>				
Clinics	2,192	-	500	1,692
<b>Zanzibar</b>				
General	37,759	20,000	49,830	7,929
<b>International</b>				
General	76,563	9,000	76,563	9,000
Contingency Fund	50,000	-	-	50,000
	367,670	101,000	369,641	99,029

All of the above funds are held in cash.

## 22 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 £	2021 £
<b>Net movement in funds</b>	(167,821)	11,627
<b>Adjustments for :</b>		
Depreciation charges /(purchase fixed assets)	3,410	4,900
Interest and rent from investments	(8,872)	(10,265)
Cash flow on investment disposal	-	256,000
(Increase) / decrease in debtors	13,540	(8,162)
Increase / (decrease) in creditors	214	(632)
<b>Net cash used in operating activities</b>	(159,529)	253,468

# How will you make your impact?

The work you have read about in this report is only made possible by the generosity of our supporters. Funds are urgently needed to continue and expand our projects so that even more people benefit in the coming years. Please send us a donation using the Gift Form provided. Alternatively, telephone 01444 457080 or visit our website to make your gift. **Thank you.**

*giftaid it*

## **Increase your gift at no extra cost**

UK taxpayers can add more to their gift without it costing them an extra penny. Please tick the Gift

Aid box on the Gift Form, return it to us and we will do the rest. This will also enable us to claim Gift Aid on donations you have made to IMPACT in the past four years. Higher rate taxpayers can also benefit from additional tax relief on their gifts which can be claimed via their self-assessment tax return or by asking HMRC to change their tax code.



**YOU CAN CHANGE LIVES**

## **Regular giving**

Setting up a standing order using the regular giving form makes supporting IMPACT's work simple and knowing that we can depend on regular gifts enables us to implement long-term projects. Ticking the Gift Aid box on the Gift Form means we can reclaim tax on your generous donations too.

## **Legacies**

Remembering IMPACT in your will gives a gift to future generations. Donations to charity are currently free of inheritance tax which can help to reduce the tax burden on your estate. Our special leaflet provides more details and is available upon request or online:

[www.IMPACT.org.uk/donate/remember-us-in-your-will](http://www.IMPACT.org.uk/donate/remember-us-in-your-will)

## **Shares**

Tax relief is available on gifts of shares.

## **Fundraising events and Gifts in Memory**

It is simple to support IMPACT using Just Giving, an online service which enables fundraisers to set up dedicated pages for their event or to collect gifts in memory of a loved one by debit or credit card. Please visit

[www.justgiving.com/impactfoundation](http://www.justgiving.com/impactfoundation)

## **Further information**

Please visit our website at [www.IMPACT.org.uk](http://www.IMPACT.org.uk). We publish regular newsletters and reviews and you can sign up for our e-newsletter online. You can also follow us on **Twitter** @IMPACT\_UK\_ and **Facebook** [www.facebook.com/IMPACTFoundationUK](http://www.facebook.com/IMPACTFoundationUK) and **Instagram** @impactfoundation\_uk

## **Please contact us**

We are only a telephone call away on **01444 457080** and would love to hear from you.

**IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH**

**Email: [impact@impact.org.uk](mailto:impact@impact.org.uk)**

**Registered Charity No. 290992**



**Registered with  
FUNDRAISING  
REGULATOR**

# Make an IMPACT today!



## £25

Could establish a garden to feed another family



## £43

Could help to restore sight, hearing or mobility; or repair another child's cleft lip



## £100

Could help train and equip a local health worker or traditional birth attendant



## £1,700

Could bring clean water to a whole community

## Regular giving

Knowing that we can depend on regular gifts enables us to implement long-term projects. You can set up a standing order to IMPACT using the regular giving form (right).



## Legacies

Remembering IMPACT in your will can make a difference to others long into the future. When the time is right, please consider leaving us a legacy.

### I would like to support IMPACT's work with a gift of:

£  Thank you. Your gift today will prevent disability tomorrow

☐ I enclose a cheque or postal order payable to IMPACT Foundation

Or please charge my Master/Visa/CAF card.

☐ ☐ ☐ CAF

You can also call us with your credit card details on 01444 457080

16-digit Card Number:

Issue Date:  Expiry Date:

Tel No:

*giftaid it*

Boost your donation by 25p of Gift Aid for every £1 you donate

☐ I wish IMPACT Foundation to treat all gifts in the last four years, this gift and all future gifts as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Gift Aid is reclaimed by IMPACT Foundation from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Name: (Mr/Mrs/Miss/Ms)

Address:

Postcode:

Signature:  Date:

Email:

#### Please notify us if you:

- Want to cancel this declaration
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains.

#### Please return this form to:

Mrs Judi Stagg, IMPACT Foundation,  
151 Western Road, Haywards Heath,  
West Sussex, RH16 3LH, UK

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

## REGULAR GIVING FORM

### 1) I would like to make a lasting difference to IMPACT's work with regular gifts.

Please instruct my Bank Manager at:

Bank:

Branch Address:

Postcode:

Sort Code:  Account:

### 2) To pay IMPACT Foundation (Sort Code: 20-49-76, Account No. 60171913)

£  Each Month / Quarter / Year  
(please circle one)

Or (if you already make regular gifts to IMPACT direct from your bank account) to increase my gift to

£  Each Month / Quarter / Year  
(please circle one)

3) I wish my gifts to begin on  and continue until further notice  (Date)

4) Signed:

Name: (Mr./Mrs./Miss/Ms.)

Address:

Postcode:

**PLEASE RETURN TO IMPACT.** If you would also like IMPACT to reclaim Gift Aid on these gifts, please complete your name and address and tick the Gift Aid box on the form above and send both forms to: Mrs Judi Stagg, IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

IMPACT is a Registered Charity, number 290992

*Thank You*



# IMPACT Gift tokens

IMPACT's unique range of gift tokens make a heart-warming gift and can be personalised and sent directly to your loved ones.

Visit our website to see the full range - [www.IMPACT.org.uk](http://www.IMPACT.org.uk)



## The gift of a smile

Give the gift of life-transforming surgery for a child with cleft lip.

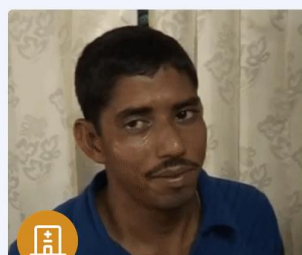
£43.00



## The gift of a gaggle of geese

This gift provides a family at risk from malnutrition with a gaggle of geese for income and food security.

£30.00



## The gift of sight

Give the gift of life-transforming surgery to reverse a disabling condition.

£43.00



## The gift of surgery aboard the Lifeline Express

Give the gift of surgery to another person aboard the hospital train.

£43.00



## The gift of hope

Help us to provide a fistula patient in Tanzania with clean clothing and sense of hope restored.

£15.00



## The gift of a care package for a new mother and baby

Provide a destitute mother and her baby with a care package on leaving hospital.

£40.00



## The gift of a birthing kit

Make motherhood safer in Bangladesh and Nepal by equipping a Trained Birth Attendant with a birthing kit.

£10.00



## The gift of chirpy chickens

Support a family in Bangladesh with laying hens as a daily source of nutritious eggs and income.

£10.00



## The gift of reconstructive burn surgery

Support a young person with a disabling burn injury access reconstructive surgery.

£140.00



## The gift of a home garden

Support a family by boosting their nutritional uptake with a home garden.

£25.00



## The gift of a school medical kit

Support a school in Kenya with a medical kit.

£20.00



## The gift of tree saplings

Support a school in Kenya with tree saplings to improve their school environment.

£10.00



# IMPACT

Preventing disability. Transforming lives.



IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

Tel: 01444 457080 Email: [impact@impact.org.uk](mailto:impact@impact.org.uk)

[www.IMPACT.org.uk](http://www.IMPACT.org.uk)