IMPACT FOUNDATION

England & Wales · Charity number 290992

Details

Status	Registered
Legal form	Charitable company
Company number	01878297
Registered	1985-02-05
Register	View on the Charity Commission register

Contact

Address	151 Western Road Haywards Heath West Sussex RH16 3LH
Phone	01444457080
Email	impact@impact.org.uk
Website	www.impact.org.uk

Activities

Objects: TO PROMOTE ACTIVITIES FOR THE PREVENTION OF DISABLEMENT AND FOR THE CURE, MITIGATIONAND RELIEF OF DISABLING CONDITIONS AND, IN PARTICULAR, CONSISTENT WITH ITS STATUS AS A CHARITY.[The new Governing document's Clause 5.5 changes 'developing countries' to read 'low-income countries' to reflect current language around international development.]

Activities: IMPACT's aim is simple, that no one should become or remain needlessly disabled by disease, lack of knowledge or shortage of medical facilities. IMPACT works in the UK and in some of the poorest countries of Africa and Asia. IMPACT is cost-conscious and cost-effective.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities

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Geography

- Bangladesh
- Cambodia
- India
- Kenya
- Nepal
- Pakistan
- Philippines
- Sri Lanka
- Tanzania
- West Sussex

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£2,219,638	£1,838,079	£2,340,413	8
2024-03-31	£2,283,797	£2,036,180	£1,958,855	8
2023-03-31	£2,107,839	£2,410,361	£1,711,237	7
2022-03-31	£2,158,975	£2,326,796	£2,013,760	7
2021-03-31	£1,688,896	£1,741,098	£2,181,581	7

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Trustees

Name	Role	Appointed
DOCTOR BRENDA MARY LUCK	Chair	
CLAIRE HICKS MBE		2011-11-08
Colin Somerville		2025-07-23
Dr Carolyn Jane Ward		2025-03-19
Dr Cecilia Akrisie Anim CBE		2024-11-28
Dr Keith Barnard-Jones		2013-07-25
Dr VINIT NAVINCHANDRA SHAH MBBS MRCP		
GORDON BENNETT		2015-03-24
John Michael O'Connell		2016-10-19
Judith Anne Stagg		2025-03-19
Lucinda Ruth Meagher		2024-01-18
Peter Simons Mr		2022-12-01
SALWAN RASSAM		2018-11-07

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IMPACT FOUNDATION

England & Wales - Charity number 290992

Accounts

IMPACT

Preventing needless disability. Transforming lives.



2024-25

Annual Report & Accounts

Charity Number: 290992 Company Number: 01878297
The IMPACT Foundation is a registered charity in England and Wales and a company without share capital limited by guarantee

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Foundation information

Honorary President Lady Wilson, OBE, FRCOphth (Hon)

Trustees who are Directors:

Chair Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCGP
Vice-Chair J. Michael O'Connell, MB, BS, BSc, MPhil, FRCS (Otol), FRCS (Orl)
Honorary Treasurer / Company Secretary Peter Simons BBS MBA FCMA

Nicholas Astbury FRCS, FRCOphth, FRCP (retired 28.11.24)
Cecilia Anim CBE, FRSA FRCN (appointed 28.11.24)
Keith Barnard-Jones, MBBS, MRCS, LRCP, D.Obst.RCOG, MRCGP
Gordon Bennett, LL.B (Hons), LL.M, Dip Int Law
Claire Hicks, MBE
Robin d'O. Hope
David Jameson Evans, FRCS, FRCS (C)
Carolyn Ward (professionally known as Dr Cassie Lawn) MB BS DRCOG MRCGP MRCP FRCPCH (appointed 19.03.25)
Lucinda Meagher (Trustee Safeguarding Lead)
Sal Rassam MB BCh BAO LRCSI LRCPI DTM, DO MD FRCOphth
Vinit Shah, MBBS, MRCP, FRCPCH
Judith Stagg PHF (appointed 19.03.25)
David Walker, CMG, CVO (retired 11.07.24)
Peter Webster, MA, FCA

Staff Team:

Co-Chief Executive Sarah Smith
Co-Chief Executive Pascale Noel
Finance Manager Tessa Brown
Fundraising Manager Jackson Medlow
Office Manager Julia Nottingham
Development Manager Lisa Waller
UK Programme Co-ordinator Rosie Wiltshire
UK Programme Co-ordinator Chloe Coker

Advisory Council:

Nicholas Astbury FRCS, FRCOphth, FRCP (from 28.11.24)
John Mowbray KC
Lady Prance
Christina Rogers MB BS BS MRCPsych
John Scott
Colin Somerville MA, CA
Elizabeth Somerville
David Walker (from 11.07.24)
Rob West

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West Sussex RH17 6AS

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Paddockhall Road
Haywards Heath
West Sussex RH16 1HF

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Trustees' annual report

(Incorporating the Directors' Report)

A message from our Chair

We are looking forward in 2025 to IMPACT UK's 40th anniversary. When Sir John Wilson founded the charity in 1985 his aim was the prevention and treatment of needless disability.



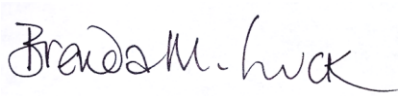
JANUARY 2025 >> Brenda, a retired GP, visited IMPACT Cambodia's projects at her own expense. Pictured here meeting a family benefiting from the IMPACT-funded Leprosy Project in Banteay Meanchey Province

His insight was that many of the conditions which mar individual lives can be prevented, alleviated or cured with relatively straightforward and inexpensive interventions. Examples which Sir John and Lady Wilson observed included dietary vitamin deficiencies, cataract, and post-polio disability. Attention to such conditions restores an individual's ability to care for themselves and their family, to go to work, and to pursue the life of their choice.
Sir John's talent was to spot "forgotten" diseases and conditions. IMPACT UK and our overseas partners continue this work. Earlier this year I was fortunate to visit IMPACT Cambodia, to meet the team there, and to see their work at first-hand.

In remote areas we visited projects related to primary care, safe water, maternal and child health, and ENT health. In Banteay Meanchey Province we were privileged to visit the Leprosy Project. Leprosy is a 21st Century example of a forgotten ancient disease. It continues to blight lives through social stigma and to cause severe disability in Cambodia and other countries of Asia. Yet with patience and persistence like that shown by the steadfast Mr Bunda, who I met, it is treatable and preventable.

Another of Sir John's gifts was to find overseas partners who shared his vision and could put it into action. IMPACT has many such partners in Africa and Asia, run by local people who drive their programmes forward in response to a deep understanding of the need in their countries. Here in the UK we have our 'Tasty Team' of volunteers, who work in Sussex to ensure that small budgets are no barrier to eating a nourishing diet.

The third and vital ingredient in the mix is you, our donors, without whom none of this would be possible. We are as grateful as ever for your support as we pursue Sir John's vision of a world without needless disability. Here's to the next 40 years!



Dr Brenda Luck
Chair, IMPACT Foundation UK
17th April 2025

Making an IMPACT >> 2024/25

Geographical reach



AFRICA
Central African Republic
Kenya
South Sudan
Tanzania
Uganda
Zanzibar

ASIA
Bangladesh
Cambodia
India
Nepal
Pakistan
Sri Lanka

EUROPE
The UK
Norway
Switzerland
(raise money to support implementing partners in Africa and Asia)

The need for our work

16% of the world's people live with a disability

80% live in lower-income countries

1/3 are children

Many people are not born with a disability and live unnecessarily with a condition which could have been prevented or could be reversed

How IMPACT began

Needless disability is inextricably linked with poverty. The late Sir John Wilson (who was blind himself) founded the IMPACT movement in the early 1980s as a means of sharing knowledge and supporting communities in rural Africa and Asia to prevent disabling conditions using practical, low-cost methods. Sir John worked with local people, such as surgeons, to establish multiple autonomous national IMPACTs - most of them in countries of the global south. IMPACT's projects are straightforward, cost-effective and focus on community-led development to ensure that projects meet real needs and create long-lasting change.



Sir John Wilson, supported by his wife Lady Wilson and daughter Claire Hicks, applied his experience of blindness prevention in Africa and Asia to other needless disabilities around the world

Breaking the poverty cycle

People with disabilities often rank among the very poorest in society and lack equal opportunities to education or employment; many are kept in poverty by discrimination. IMPACT's work to prevent and treat needless disability therefore also makes a vital contribution to the alleviation of poverty.

IMPACT's vision - a world without needless disability

Established in 1985 – and celebrating our 40th Anniversary throughout 2025 – IMPACT UK is at the heart of an international effort to prevent and alleviate needless disability. We believe that no one should become or remain needlessly disabled through disease, lack of knowledge or shortage of medical services.

Over the past four decades, medical and technological advances have made many conditions, which needlessly disabled people in their millions in the past, either treatable or preventable. Yet humanity has failed to share access to life-transforming knowledge and tools equitably.

1.3 billion people worldwide (1 in 6 of us) live with disability. Disabling conditions such as sight or hearing loss, impaired mobility or cognitive development can place obstacles on living daily life and create barriers between people.

'Persons with disabilities die earlier, have poorer health, and experience more limitations in everyday functioning than others' (WHO)

There is a clear link between disability and poverty. People with disabilities are over-represented amongst the very poorest strata of society in every country, while poverty creates the conditions for needless disability to develop. Lack of access to medical services, clean water, and adequate diets all serve to increase needless disability within communities whilst also preventing many of those affected from lifting themselves out of poverty through education or work. IMPACT's action puts people back on the path to improved health and therefore self-sufficiency.

At the heart of our approach lies the conviction that local partners – in close consultation with beneficiaries – are best placed to identify needs and to devise culturally appropriate, cost-effective solutions. IMPACT UK serves as an ally, aiding the implementation of these projects with funding and support, and encouraging international collaboration. Recognising that needless disability is also a risk here at home in the UK, we implement a vibrant programme of action to reduce the harm caused by diets lacking nutrition in our local community in mid-Sussex.

To engender long-term change not short-term benefits, IMPACT also invests in training and equipment for local surgeons, doctors, nurses and health workers, and upgrades rural health facilities to meet the needs of patients and the medical professionals that work in them.

And at the grassroots level, we support the sharing of knowledge and information about health and wellbeing within communities; putting the power in individuals' hands so that they have agency and can make informed decisions about their own health behaviours.



APRIL 2024 >> IMPACT Bangladesh's Jibon Tari floating hospital marked its 25th anniversary with a special eye surgical camp

Our priorities for ACTION!

This year, IMPACT has worked with 13 local partners operating in 12 countries of Africa and Asia and grown our healthy nutrition programme 'The Tasty Team' in our local Sussex community. We have a long-standing relationship with each of our trusted autonomous overseas partners and we are all guided by the same aim of preventing and treating needless disability through our six shared priorities for action:



ACCESSIBLE SURGERY

Specialist medical teams operate to restore sight, hearing or mobility and treat other disabling conditions and injuries, often taking surgery into remote areas using mobile hospitals



EARLY IDENTIFICATION, TREATMENT & REHABILITATION

Local health workers and community leaders check people for the early signs of needless disability and ensure they receive timely medical care. They also provide physiotherapy and assistive devices such as spectacles, hearing aids and prostheses to aid rehabilitation and increase independence



SAFER MOTHERHOOD & CHILD SURVIVAL

Medical support, straightforward monitoring, and interventions such as vaccinations and improving nutrition help to keep women and their babies safe, healthy and injury-free during pregnancy, childbirth and infancy



SAFE WATER & SANITATION

Health is undermined by lack of access to safe water and sanitation, therefore IMPACT supports the installation of clean water sources, handwashing stations and toilets and the sharing of information about hygiene and sanitation to support everything else we do



ENDING MALNUTRITION

Malnutrition is associated with a host of potentially disabling conditions such as visual and cognitive impairment, as well as increasing risks during pregnancy, and compromising immunity so we help people to prevent deficiencies in cost-effective and sustainable ways



HEALTH EDUCATION & TRAINING

Skills and knowledge are shared within communities so people can take action to protect their health and that of their families. We train local medical practitioners including health workers, nurses, and surgeons, which is an investment in long-term health care delivery

How we made an IMPACT this year

985,246 people worldwide benefited from IMPACT's projects to prevent and treat needless disability



11,300 operations to restore or repair sight, hearing, mobility, fistula, hydrocephalus and cleft lip



61,356 people benefited from improved nutrition thanks to action such as home gardening and micronutrient supplementation



27,428 aids & appliances were distributed, including hearing and mobility aids, and spectacles

7,073 people benefited from clean water sources & improved sanitation

58,485 mothers & babies received pre and post-natal care

52 medical facilities upgraded / provided with equipment





11,693 mothers & children were immunised against disease

314,579 people participated in health education



1,000+ Volunteers worldwide made IMPACT's work possible

THANK YOU

To everyone who has so generously supported our work this year

Behind the statistics…

Behind every statistic is a real person who will have their own story to tell of how IMPACT's work has changed their life. From mothers giving birth in the safety of a clean, well-equipped medical facility which means their baby has a greater chance of being born alive and well, to health workers who, thanks to modern and appropriate equipment, feel more professional and competent in their roles.



One patient's story deeply moved our team. He arrived at the August camp nearly blind from cataracts in both eyes. The results have been life-changing. At the follow-up, he shared that he can now dress and farm without help. Most powerfully, he said that before treatment, he had considered ending his life. With his sight restored, he now has hope for the future. Stories like his show that surgery can restore not just vision but dignity and purpose. Zacharia Muturi, IMPACT East Africa (Kenya)



Shruti (17) lost her hearing ear after a neighbour struck her violently. The blow tore her eardrum, leading to constant discharge and hearing loss. Local treatments only offered temporary relief. When her studies began to suffer, a teacher recommended our IMPACT Ear Care Centre in Birgunj. Shruti's father took her there, where IMPACT's ENT surgeon scheduled her for surgery. The operation was successful and her hearing is now much improved. Her father said, "I regret not knowing about this Centre earlier. We wasted precious time and money elsewhere, but here we found real help."
Ramakanta Paudel, IMPACT Nepal



Ronam (17) gave birth at the Maternity Unit we had just upgraded with new equipment and staff training, this was her first baby and she told us; 'I was so worried about my delivery, for I have no clue about how the delivery would be like, and wondered if it be like what my mother experienced back in the day, where only traditional midwives was available. I was happy that it was so clean and everyone was friendly and welcoming. My husband and family are so pleased I have been cared for so well and we would like to thank all the people who have helped us.'
Sonita Pong, IMPACT Cambodia



Momtaz (42) worried that her family was not getting enough nutrients. With her husband's small tea stall income, fresh vegetables were a rare luxury. Last April, thanks to encouragement from the IMPACT Mothers' Club she attends, she started a home garden. Now, she grows five kinds of vegetables, feeding her children nourishing meals daily and they are no longer at risk of malnutrition. They eat better, sell the surplus and feel proud of what they've built together. Dr Hasib Mahmud, IMPACT Foundation Bangladesh



Since graduating from the IMPACT Nursing Institute, I have worked on the floating hospital. After seven years, I am now the nurse in charge of the Operating Theatre. The support of my colleagues and the gratitude of my patients have made this floating hospital feel like home. There's no greater reward than seeing patients leave with smiles on their faces! – Nurse Farzana Akter, IMPACT Foundation Bangladesh

The public benefit of our work

How each country programme contributes to our shared objectives

Country	Accessible surgery	Early identification, treatment & rehabilitation	Safer motherhood & child survival	Safe water & sanitation	Ending Malnutrition	Health education & training
Bangladesh	✓	✓	✓	✓	✓	✓
Cambodia	✓	✓	✓	✓	✓	✓
India	✓	✓			✓	✓
Kenya	✓	✓	✓	✓	✓	✓
Nepal	✓	✓	✓	✓	✓	✓
Pakistan		✓	✓		✓	✓
Sri Lanka		✓				
Tanzania (+ Central African Republic, South Sudan and Uganda)	✓	✓	✓		✓	✓
The UK					✓	✓
Zanzibar	✓	✓	✓	✓	✓	✓

IMPACT's work makes a clear and valuable contribution to the public benefit and Trustees have due regard to the Charity Commission's public benefit guidance when exercising any powers and duties to which the guidance is relevant. The rest of this report will demonstrate this in more detail.

Performance

Working in close collaboration with our international partners, and through our own healthy nutrition project here in the UK, IMPACT's programme of action has reached 985,246 adults and children this year. This is approximately 112,000 more people than the previous year (FY 23/24 873,624); an increase of 13%. For each person, their interaction with IMPACT has the potential to be life-changing; an interplay that can help to relieve or prevent a needlessly disabling condition.

By reducing the incidence of needless disability, we also contribute to the alleviation of poverty since our work removes some of the obstacles to economic opportunity and independence that people with disabilities frequently face, especially in the very low-resource settings that are IMPACT's target areas. For example, providing a child with treatment that enables them to hear well again can improve their educational attainment and therefore employment chances. Restoring an adult's sight through cataract surgery can be the difference between working and begging. Disability can impact the whole family when a person needs to be cared for, keeping a son, daughter, mother, father, grandparent, or sibling from working to bring in vital income.

IMPACT's work goes beyond surgical repair or medical interventions that relieve existing conditions to deliver a wide variety of actions that can prevent needless disability from occurring. Working in underserved target areas through health posts, schools and community places, our projects focus on screening and treating the early signs of potentially disabling conditions before they deteriorate beyond repair, safe water, sanitation, information and skills training so that people have agency to act for their own health.

Our goal is also to ensure that no one in need of treatment to reverse a needlessly disabling condition misses out through lack of available local services and to this end we 'take the hospital to the people' through mobile hospitals and clinics on wheels. Flagship projects such as IMPACT Foundation Bangladesh's Jibon Tari floating

hospital are the most obvious manifestation of this objective in action, but a host of small clinics in four-wheel drive vehicles or vans, and even health workers on motorbikes mean that we aim to reach even the most challenging outposts.

In addition to our 'Tasty Team' project to promote healthy nutrition for vulnerable groups in West Sussex, IMPACT UK has supported 13 partners working in 12 countries of Africa, south-east Asia and southern Asia to achieve the following:

Overall activity:

Action within our ongoing programme	2024-25	2023-24
People examined and provided with treatment	491,481	453,469
Operations to restore sight, mobility or hearing, or to treat cleft lip, fistula and hydrocephalus etc....	11,300	10,046
Immunisation against disabling disease (including activities to support Government vaccination programmes)	11,693	10,267
Mothers and babies receiving pre and post-natal care	58,485	37,892
Combatting malnutrition, including home garden and micronutrient supplement beneficiaries	61,356	60,208
Health professionals and community volunteers trained	1,851	2,048
People participating in health education or otherwise supported within their communities	314,579	242,517
People benefiting from safe water and improved sanitation	7,073	33,007
Assistive devices given (hearing aids/orthotics/prostheses etc.)	27,428	24,170
Medical facilities upgraded / provided with equipment	52	16
Other emergency relief		
Flooding relief, Bangladesh		
People benefiting from emergency relief parcels	14,000	N/A
People treated at emergency 'pop-up' health clinics	5,680	N/A

This report later breaks down these activities by country and in detail.

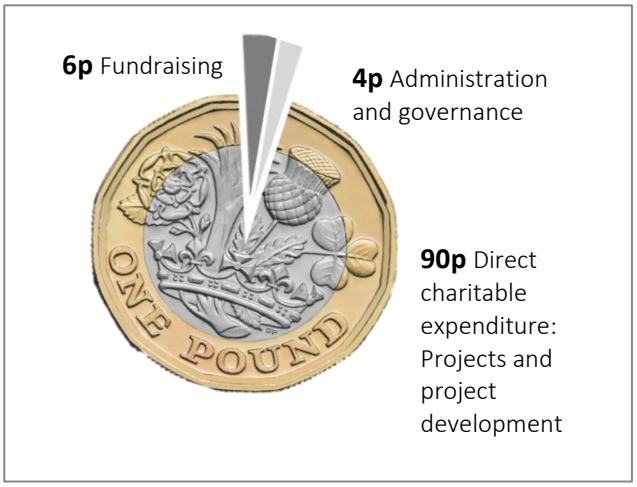
The table above offers an overview of this year's direct achievements. However, IMPACT's focus on sustainability of action means the infrastructure built and training provided will continue to benefit thousands of people for many years to come.

Aside from the number of people benefiting from training and safe water, sanitation and hygiene activities (the latter reflecting the fact that we supported partners in Cambodia, India, Kenya and Zanzibar in multiple safe water and sanitation projects last year), all of our categories of action reflect an increased number of beneficiaries compared with the year before.

Notable accomplishments include building the infrastructure of 225% more health facilities than last year (driven largely by a project in Cambodia which provided ear care training and equipment for nurses at 36 health posts in under-developed Ratanakiri province), increasing the number of women and babies benefiting from maternity care by 54%, educating 30% more people on health and how to prevent needless disability and providing medical treatment including surgery to 8% more people this year than last.

Monitoring the impact of our work and funding is essential and ongoing. Our trusted local partners provide regular updates, complemented by independent evaluations and visits from IMPACT UK representatives. Every donation is a bond of trust

2024/25 – How every £1 was invested



between IMPACT, our supporters and our partners and we are committed to using funds transparently and effectively. We rely on voluntary contributions to power our programme of action.

Every year we aim to raise at least £1.5 million to fulfil our commitments to partners, cover our modest operating costs, and address one-off projects or equipment needs as they arise. This year, our income totals £2,219,638 which is a modest decrease of 2.8% on the previous year (£2,283,797 FY 2023-24) but still significantly above target.

We expended £1,838,079 (a decrease of 9.7% on FY 2023-24) and this is because this year we sent funds to pay for two projects of Impact India Foundation's Lifeline Express hospital train (a third project was delayed due to local circumstances) and in the previous year we sent funds for three projects plus medical equipment and maintenance.

We aim to use a minimum of 90 pence in every £1 expended on direct charitable purposes (projects and project development). This year we spent 90 pence, which is slightly down on the 91 pence spent in 2023-24 but on target. Of the remaining ten pence, six pence was invested in raising more income and four pence was used on Governance and Administration; essential to ensure the organisation is well run and meets high operating standards.

More detailed information about our financial performance can be found later in this report in the 'Financial Review and Policies' section on page 33.

The scale of avoidable disability and the effect on people's lives means we are always ambitious to do more to prevent and treat it. Last year we set ourselves 14 goals – 'Looking to the Future' on page 34 and our encouraging progress towards meeting them is detailed below:

Goal	Achievement
Increase the number of operations to reverse disabling conditions for children	An additional 1,032 paediatric operations were made possible by our 'Double the Difference Children's Healthcare Appeal'. Children were treated for conditions as diverse as sight and hearing loss, club foot, cleft lip/ palate, undescended testes, and hypospadias (a congenital deformity of the penis which prevents children from urinating properly).
Focus on taking the hospital and clinics to the people to ensure that remoteness or difficult terrain is not a barrier to accessing health care which can prevent or treat needless disability	People in remote areas are among the least able to access medical care and are therefore more likely to live with a treatable condition or disability than those living in areas where there are more health facilities. IMPACT's solution is to 'take the hospital to the people' by river, rail, and road. A new mobile ENT and eye clinic in Zanzibar, which was funded by IMPACT UK in the previous financial year, became operational in May 2024. We continue to look for opportunities to establish more mobile clinics as this is an excellent way to reach the least served, and usually most in need, communities.
Partner with the PNR Society to implement an early detection of hearing loss and prevention of deafness in children project in rural 'tribal' area of Bhavnagar, Gujarat State, India	IMPACT's support has been invested in an early detection project which has this year screened 67,979 children living in 826 so-called 'tribal' villages of Bhavnagar. In addition to 25 ENT operations, 126 children were provided with operations to treat eye or congenital conditions such as cleft lip and hypospadia.
Work with IMPACT Pakistan to hold eye screening camps and provide cataract surgery in rural communities	Lack of funds has so far prevented us from supporting IMPACT Pakistan in its ambition to hold eye screening camps and cataract surgeries, however, we hope to be able to support this urgently needed initiative in 2025-26.
Build the infrastructure, and capacity, of more health centres and hospitals in remote and underserved areas	We have helped to establish anew, repair or provide medical equipment to 52 health facilities in Bangladesh, Cambodia, India and Nepal. In addition, we have provided vehicles to help partners reach project areas, transport project beneficiaries or to be converted into mobile clinics.
Fund even more specialised treatment and/or operations for people living with a variety of needlessly disabling conditions whenever funds and specialist surgeons are available	This year, IMPACT has supported partners to carry out a variety of surgical and non-surgical procedures to treat adults and children requiring specialist interventions that go beyond the restoration of sight, hearing and mobility that we routinely fund. These include hydrocephalus, hypospadias, cleft lip/palate and undescended testes.

Goal	Achievement
Support three projects of IMPACT India Foundation's award-winning Lifeline Express hospital train during which approximately 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery	We raised funding to pay for three projects of the Lifeline Express hospital train. Two took place within the financial year but the third had to be postponed due to local conditions making the project unsafe to run. This project will take place early in FY 2025/6. 19,158 people benefited from medical services including 1,722 people had operations to treat a needlessly disabling condition. 2,955 people received assistive devices to enable them to manage a disabling condition.
Improve paediatric hearing screening and treatment services in Zanzibar by creating a soundproof booth and equipping it with a hearing aid verification machine for optimal fitting of hearing aids	 A Hearing Aid Verification Machine was purchased to streamline the hearing aid fitting process, making hearing aids more accessible and comfortable for patients by enabling precise adjustments. The Aurical FreeFit hearing aid fitting system is used to provide precise, real-time adjustments to hearing aids for individuals with hearing loss. This system represents an advanced approach in audiology, allowing for quick and accurate fittings that enhance user satisfaction and comfort. A soundproof booth was constructed for the Hearing Aid Verification Machine in order to eliminate external noise and create a controlled acoustic environment, ensuring accurate testing of the device's performance. This setup prevents interference from ambient sounds, enabling precise calibration and compliance with industry standards, ultimately ensuring the hearing aid functions optimally for the person using it. Furthermore, a diathermy machine was provided to IMPACT Zanzibar for use in surgery camps.
Fund a visit of the IMPACT Nepal surgical team to IMPACT Cambodia to conduct ENT operations and the training of local surgeons	The IMPACT Nepal surgical team visited IMPACT Cambodia in December 2024 during which 1,070 people were screened for ENT conditions and 75 people underwent surgery. Local surgeons were trained in advanced techniques to enhance the care they can provide in the future.
Fund the surgical repair of cleft lip / palate for at least 50 more children living with the condition in Pune, India	The project has been established and, to date, 12 children have undergone surgical repair for cleft / lip palate with a further four children under observation to be operated when surgeons deem them to be strong enough to have surgery. Further operations will be provided in the coming months.
Replace the old and outdated paediatric audiometer, used to diagnose hearing loss in children at Tribhuvan University Teaching Hospital in Kathmandu, Nepal	A Children's Piano Plus Visual Reinforcement Audiometer has been purchased and installed at Tribhuvan University Teaching Hospital in Kathmandu to aid the medical practitioners in their work diagnosing childhood hearing loss.
Replicate the current Tasty Team project in Mid Sussex to enable expansion into the Crawley area. This would increase the number of participants taking part in activities (target: by 50-100%) to improve their food security, while building lifelong cooking skills and nutrition knowledge with the aim of reducing potentially disabling health conditions linked to diet in later life	By investing in a second part-time programme co-ordinator, we have been able to grow the Tasty Team project in Mid Sussex and Crawley substantially. In comparison to the previous financial year, the number of sessions held has increased from 93 to 155 (up 67%) and the number of beneficiaries from 726 to 1,594 (an increased of 120%). The real increase, however, must be measured in the lives that are being transformed through new knowledge and skills, which will provide a lifetime's foundation for improved nutrition and health and which will filter down from parent to child, benefiting future generations too.
Foster even greater international collaboration between IMPACTs around the world to reaffirm our joint mission and maximise what we can achieve by working closely together	We organised an IFIO (International Federation of IMPACT Organisations) conference which will be held in May 2025 and invited our IMPACT partners from around the world to join us in reaffirming our mission and sharing their experience. This is the 10th IFIO conference and it is being held in the UK for the first time, to coincide with IMPACT UK's 40th Anniversary.
Respond quickly and effectively to emergencies in our project areas should they arise	When flooding devastated parts of Bangladesh in August 2024, we responded to IMPACT Foundation Bangladesh's request for assistance immediately; raising and sending significant funds which were used to provide 2,802 emergency parcels (feeding more than 14,000 people) and 'pop-up' medical clinics which treated 5,680 adults and children.

Bangladesh

IMPACT Foundation Bangladesh (IFB) has a long history and proven track record of work to prevent and treat needless disabilities. It is well-known by the people of Bangladesh, especially those in Chuadanga and Meherpur districts, and by those living in riverine areas visited by the Jibon Tari floating hospital.

This 290-tonne purpose-built barge has for 26 years been home to a bustling hospital, complete with operating theatre, wards, and a training centre for local health workers. Tugboats tow it down the extensive river network where it moors at a riverbank for 4-6 months during which local people have their sight, hearing and mobility restored by the surgical team. Non-surgical interventions are also provided to reverse or mitigate potentially disabling conditions. The Jibon Tari is a lifeline for people living with needlessly disabling conditions who have little hope of accessing alternative medical treatment.



The Jibon Tari (Boat of Life) floating hospital

In Chuadanga and Meherpur, IFB's hospitals are the heart of a wide-ranging and welcomed community healthcare programme which meets the medical needs of people in the surrounding communities and runs outreach projects designed to reduce the risk of needlessly disabling conditions by working to improve access to health screening and maternity care, improving nutrition and providing safe water and sanitation. The low-cost delivery model prioritises the most underserved people, including women and children and people with disabilities. For example, the well-equipped Jibon Jatra mobile medical van takes a team of doctors and nurses with diagnostic instruments into remote areas to ensure no one misses out.

The hospitals' operating theatres enable surgery to repair a host of disabling conditions while a dedicated orthotics and prosthetics centre in Chuadanga makes and fits a variety of mobility aids and provides physiotherapy to restore movement and manage pain.

144 nurses have so far graduated from IMPACT's Nursing and Midwifery Institute and are employed within Bangladesh, making an important contribution to healthcare provision in the country, including by working in IFB's three hospital facilities. The new six-storey academic building, the first two storeys of which were funded by IMPACT UK, is now constructed and will soon be fully in use for teaching. It is through innovations such as this Institute that IMPACT is able to make long-lasting improvements both to the healthcare system, and also to the lives of those individuals given the opportunity to gain a secure career.

2024-25 Activities	Target	Achievement
People screened and treated for disabling and other health conditions in Outpatients Departments and clinics in the community	60,000	69,768
People attending health education and awareness sessions to learn how to protect themselves and their families	47,500	65,136
People who benefited from operations to restore their sight, hearing or movement or to ameliorate other disabling conditions	3,320	3,703
People provided with assistive devices and/or physiotherapy	4,200	11,587
Women provided with ante and post natal care including micronutrient supplements (folic acid etc.)	3,100	5,114
Immunisations against infectious diseases and/or Vitamin A to protect eyesight, given to children	4,000	10,954
Traditional Birth Attendants trained and provided with a sterile equipment kit	600	600
Village Mothers' Clubs meeting regularly	900	3,600
Primary school teachers trained to check their students' vision and health	300	281
Children checked by trained teachers	3,000	3,523
Home gardens established to provide families with nutritious fruit and vegetables to eat and the potential to generate income	750	787
Local health workers, rural medical practitioners, NGO workers and community leaders trained to understand and identify needless disability	700	702

Additional achievements…IMPACT UK's support has also:

» Responded rapidly to devastating flooding in Feni district in August 2024 with an emergency grant which was used by IFB to distribute **2,802** emergency survival packs containing food, water purification tablets, oral saline solution, soap, sanitary pads, and a lighter which helped more than **14,000** people. The grant was also used to run 'pop-up' medical clinics, which tended to **5,680** adults and children.

» Sponsored the training of **4** local students at IFB's Nursing and Midwifery Institute in Meherpur district. In addition, we provided uniforms and study aids for **13** student nurses in particular financial hardship.

» Provided funds from our 'Double the IMPACT' children's healthcare appeal to support additional surgeries and procedures for children including **100** cleft lip repairs, **50** club foot treatments, specialist brain surgery for **30** more very young children with hydrocephalus, and **307** ENT operations. A further **249** children were treated for other potentially disabling conditions.

» Purchased **three** isoflurane anaesthesia machines for use in IFB's hospitals in Chuadanga and Meherpur, and on board the Jibon Tari floating hospital.

» Supported IFB in its work to run the Jibon Mela hospital and community-based primary healthcare project in Meherpur district. **27,129** people have been screened and treated for health conditions, **1,494** people have benefited from operations, **5,647** people have had physiotherapy and/or an assistive device to improve mobility, **1,535** women have received quality pre and postnatal care, **1,324** ultrasounds and **11,588** pathology tests were carried out, **3,124** vaccinations have been administered to protect against communicable diseases, and **1,131** women and children received dietary supplements to boost their health and prevent disabling conditions associated with micronutrient malnutrition.

» Provided **3** families with pairs of geese and **11** families with chickens to help them meet their nutritional requirements. Their eggs provide essential protein in the diet and can also be sold to generate much needed income.

» Provided **5** arsenic filters to households at risk of poisoning from drinking ground water which is naturally contaminated with this toxic chemical element.



MAY 2024 >> The anaesthesia machines at IFB's three hospital sites were upgraded



AUGUST 2024 >> Emergency relief following the catastrophic flooding in Feni District



JANUARY 2025 >> An orthopaedic camp treated 50 children, including this boy pictured with his delighted grandad



MARCH 2025 >> The finishing touches were made to the Nursing Institute's new academic building

Cambodia

We work closely with two long-standing partners in Cambodia: IMPACT Cambodia (IC) and The Lake Clinic (TLC).

IMPACT Cambodia

IMPACT Cambodia's (IC) programme focuses on improving health outcomes through a range of targeted initiatives. These include protecting maternal and child health; expanding access to ENT (ear, nose, and throat) screening, treatment, and surgery; enhancing health and hygiene in rural schools; increasing access to safe drinking water; and providing care and advocacy for people affected by leprosy.

The programme is primarily active in the provinces of Ratanakiri and Banteay Meanchey, with additional activities in Phnom Penh and the surrounding Kandal province.

In these target areas, the burden of disease is closely linked to poverty-related conditions such as overcrowding, poor sanitation, malnutrition, and limited education—all of which negatively affect both health and health-seeking behaviours.

Although national efforts have significantly reduced the incidence of leprosy, this success has led to the disease being deprioritised as a public health concern. As a result, awareness of its symptoms and the fact that it is curable has declined, even among healthcare providers. IMPACT Cambodia works to reverse this trend by raising awareness, fighting stigma, and ensuring access to essential drug therapies for those affected.

2024-25 Activities	Target	Achievement
Early identification and treatment		
ENT screening and on the spot treatment (Banteay Meanchey)	300	547
ENT screening and on the spot treatment (Kandal)	300	530
ENT screening and on the spot treatment (Ratanakiri)	300	334
School health programme		
School children ENT screening, on the spot treatment and general hygiene education (Ratakaniri)	450	1,042
School children ENT screening, on the spot treatment and general hygiene education (Kandal)	300	918
Safe water and sanitation		
Water wells for schools (Banteay Meanchey)	1	2
Beneficiaries	300	89
Water wells for schools* (Ratanakiri)	2	0
Beneficiaries*	600	0
Water filters for families – 1 per family (Banteay Meanchey)	10	10
Beneficiaries	60	60
Water filters for schools - 10 per school (Beanteay Meanchey)	10	10
Beneficiaries	200	200
Water filters for families – 1 per family (Ratanakiri)	10	10
Beneficiaries	60	10
Water filters for schools – 10 per school (Ratanakiri)	20	20
Beneficiaries	400	713
Leprosy programme**		
People with leprosy supported with medical and social care (Banteay Meanchey)	40	51
Community people benefiting from eduation about leprosy (Banteay Meanchey)	3,000	1,343
People with leprosy supported with medical and social care (Ratanakiri)	40	0
Community people benefiting from eduation about leprosy (Ratanakiri)	3,000	0
Water filters provided to people with leprosy	N/A	0

Additional achievements…IMPACT UK's support has also made possible:

» Essential training and otoscopes for **36** local health workers and nurses to widen the availability of ear care; taking it back into their work settings within the highly under-developed Ratanakiri Province.

» The provision of equipment to upgrade the maternity units at Malik Health Centre and Keh Chong Health Centre in Ratanakiri Province to provide a better service to local women and families. Together, these health centres serve a population of almost **15,000** people.

» **11,961** women benefited from the maternity equipment and upgraded facilities that we funded at Lumphat Health Centre in Ratanakiri Province.

» Collaboration between an ENT surgical team from IMPACT Nepal and IMPACT Cambodia to screen **1,070** people for ear conditions and conduct **75** operations at Chey Chumneas Hospital and Preah Ang Doung Hospital. During this five-day visit, the highly experienced IMPACT Nepal team also trained local Cambodian surgeons in advanced techniques.

» Provided **1,437** people with audiological testing to diagnose hearing loss.

» Purchased a portable laryngoscope for use in rural screening clinics so that people with suspected cancer and other throat conditions do not have to travel to Phnom Penh for further investigation.



DECEMBER 2024 >> An expert ENT surgical team from IMPACT Nepal visited Cambodia to help clear surgery waiting lists and train local surgeons



JULY 2024 >> IC's School Health Programme extended its reach to two new schools in Kandal Province



OCTOBER 2024 >> A busy ENT clinic in Banteay Meanchey Province



JUNE 2024 >> Distribution of water filters to families in Ratanakiri Province

The Lake Clinic (TLC)



The Lake Clinic provides vital healthcare to remote and underserved communities on and around Tonlé Sap Lake, Southeast Asia's largest freshwater lake. The lake expands from 1,000 to over 6,000 square miles between dry and rainy seasons, with water depths ranging from 30cm to 16 metres.

Villages consist of floating homes and stilted houses, often hours by boat from the nearest town. These isolated communities face daily challenges, including limited access to food, healthcare, and education. Malnutrition, poverty, and illness rates are higher here than in other parts of Cambodia.

TLC's mobile medical team offers primary and maternal care via floating clinics, adapted homes, schools, and land-based sites when possible. They aim to visit each village monthly, though access is affected by seasonal water levels.

TLC also runs programmes for severely malnourished children and supports mental health and domestic violence prevention, addressing critical needs in these vulnerable communities.

JULY 2024 >> Children at Boeng Tonlesap and Dong Stung Sen schools received full check-ups (general and oral health). The team visit these schools every six months

As part of a much wider programme of activities run by TLC, IMPACT UK's support has achieved the following:

2024-25 Activities	Achievement
Particularly malnourished children regularly monitored and supported by the 'Children at Risk' team	1,676
Children checked by the school health team and given toothbrushes, supplements, antiparasitic medicines etc.	728
People screened and treated in primary healthcare clinics	397
People benefiting from the domestic violence prevention and mental wellbeing projects	391

India

In India, we partner with three trusted local organisations: Impact India Foundation, the PNR Society based in Bhavnagar, Gujarat State; and KEM Hospital Research Centre based in Pune, Maharashtra State.

Impact India Foundation

Impact India Foundation launched the world's first modern hospital train, the Lifeline Express, in 1991. It travels across India's extensive rail network to deliver free medical care and surgeries to people in remote, underserved areas.



Impact India Foundation's Lifeline Express hospital train

Staying about a month at each stop, the train provides medical screening, surgeries to restore sight, hearing, and mobility, cleft lip repairs, as well as dental care and treatment for chronic diseases, reaching some of India's poorest communities.

This year, we have funded Impact India Foundation to hold two projects, one in Khotkhoti, Assam and the second in Badarpur, Assam. A third project planned for Pakur in Jhakhand in early 2025 had to be postponed for a few months due to unrest which flared up around local elections.

2024-25 Activities	Achievement
Impact India Foundation's Lifeline Express:	
Projects made possible by IMPACT UK's support	2
People screened and treated for medical conditions	19,158
Operations to restore sight, hearing or mobility	1,722
Aids and appliances (e.g. spectacles, hearing aids and orthotic devices) supplied	2,955



AUGUST 2024 >> Cataract patients waiting for surgery aboard the hospital train in Khotkhoti, Assam



OCTOBER 2024 >> Community health screening ahead of the Lifeline Express arriving in Badarpur, Assam

PNR Society, Bhavnagar District, Gujarat

For over 30 years, IMPACT UK has closely collaborated with the PNR Society, India's largest network for people with disabilities. Through the PNR Hospital, the Society provides free treatment and surgeries for eye, ear, and conditions such as cleft lip and palate to those unable to afford government or private healthcare.

IMPACT UK's support for the PNR Society has this year been invested in operations to restore sight for people with cataracts who would otherwise remain visually impaired and a huge screening and treatment programme targeting children in 826 remote 'tribal' villages of Bhavnagar district. Children are treated by the health team on the spot or provided with surgery to restore sight or hearing, or to repair congenital conditions such as cleft lip/palate and hypospadia.



NOVEMBER 2024 >> Dr Wadhwa examines a young candidate for plastic surgery

Additionally, we were able to help PNR Society repair and renovate the Palitana Resource Centre for people with disabilities, thanks to a specific donation.

2024-25 Activities	Achievement
Cataract operations to restore sight	200
Children screened and treated in 826 'tribal' villages	100,270
Operations for children (eye, ENT, cleft lip and palate and hypospadia)	194
Specatcles distributed to children	3,850
Repair and renovation of the Palitana Resource Centre – a community based rehabilitation centre for people with disabilities	✓

KEM Hospital Research Centre, Pune, Maharashtra

The KEM Hospital Research Centre is part of Pune's largest non-government hospital; a charitable, tertiary level teaching hospital with 550 beds. It serves both urban and rural communities. The Centre conducts scientific research and development projects aimed at improving health outcomes for the local population.

This year we have supported KEMHRC to undertake a project screening and treating children in 26 'tribal' villages and providing surgical interventions to treat reversible medical conditions such as cleft lip/palate and ENT disorders. This can have a transformative effect on children's lives.



2024/25 >> Over 1,000 children have been screened and treated in 26 'tribal' villages

2024-25 Activities	Achievement
Children screened and treated in 26 'tribal' villages	1,036
Cleft lip / palate operations for children	12
ENT operations for children	171

Nepal

IMPACT Nepal (IN) has been preventing and treating needlessly disabling conditions for more than 30 years, with particular focus on delivering ENT, orthopaedic and maternal healthcare in rural areas. A far-reaching programme of health education on radio and in communities ensures that remoteness need not be a barrier to understanding how to prevent needlessly disabling conditions and how to seek help if a condition has already developed.

IMPACT Nepal runs a Community Ear Care Centre in Birgunj, and Primary Ear Care Centres and community outreach for ear care in 12 districts across the country, providing screening and treatment for hearing impairment – one of the most common disabilities in Nepal – to ensure that people do not live with loss of sound unnecessarily.



IMPACT Nepal's largest facility, the Community Ear Care Centre in Birgunj

Mobile surgical camps to restore hearing and mobility are IMPACT Nepal's flagship project and deliver modern surgery in places where it is not generally available, especially to the most disadvantaged people.

Building on the basic foundations of maternity care provided by the Government, IMPACT Nepal delivers an enhanced service to pregnant women, new mothers and babies in Rautahat. A dedicated centre in Auraiya, built with the support of IMPACT UK, is the primary location for local women to receive ante and post-natal care (including supplements and immunisations) and to deliver their babies. This successful project is now being replicated in Saptari.

Initiatives also cover child survival and wellbeing; menstrual health; safe water and sanitation; ending malnutrition through home gardens, small livestock and supplementary feeding; training local health workers to meet the needs of people in rural villages; and provision of assistive devices such as hearing aids and prostheses to reduce the daily obstacles faced by people with disabling conditions which cannot be cured.

2024-25 Activities	Target	Achievement
Primary health care workes, ear assistants and rehabilitation technicians trained	12	16
Community field workers trained	1	4
Female community health volunteers trained	81	45
Health centres / health posts upgraded	3	3
Adults received screening and treatment services	11,979	26,185
Children aged 0-16 years received screening and treatment services	1,500	19,871
Adults benefited from hearing-restoring surgery through mobile camps or at hospital	1,120	1,376
Children aged 0-16 years benefited from hearing-restoring surgery through mobile camps or at hospital	193	291
Adults benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	18	0
Children aged 6-18 years benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	2	0
Adults received rehabilitation support / physiotherapy	170	1,255
Children aged 0-16 years received rehabilitation support / physiotherapy	235	1,344
People benefited from the provision of assistive devices such as prosthetic limbs	204	518
People benefited from the provision of hearing aids	50	172
Women provided with ante and postnatal care	2,335	9,322
Women motivated to take up immunisation for themselves and their 0-5 year old children	1,825	3,229
Pregnant women / new mothers received iron supplements	2,800	8,941
Pregnant women / new mothers received 30 eggs and 1kg chickpeas	200	200
Children aged 0-5 years received Vitamin A supplements to protect their vision	10,000	17,129
Women received de-worming tablets	1,000	1,854
Children aged 0-5 years received de-worming tablets	10,000	14,618
People reached through a health awareness radio programme	50,000	70,000
People reached through health awareness raising in the community	6,000	7,964
Home gardens established to feed families and reduce malnutrition	2,335	6,750

2024-25 Activities (continued)	Target	Achievement
Far West Ear Care Project:		
Adults screened and treated in mobile clinics	8,400	4,504
Children screened and treated in mobile clinics	11,600	17,389
Adults screened and treated at the Ear Care Centre	2,990	5,623
Children screened and treated at the Ear Care Centre	3,243	7,277
Adults benefited from ear surgery	102	106
Children benefited from ear surgery	6	16
Hearing aids provided	66	59
Diagnostic tests	1,000	2,667
People reached through a radio health awareness programme	11,050	37,000
People reached through a community health awareness programme	17,284	33,664

Additional achievements…IMPACT UK's support has also:

» Built a new **Birthing Centre** in Mahuwa Village, Chhinnamasta Rural Municipality, Saptari District to support the local vicinity, which is home to almost 35,000 people. There were no female health services in the area prior to IMPACT Nepal's intervention. It is estimated that the Centre will provide 1,300 women with ante and post-natal care and support the safe deliveries of around 245 babies every year. It will also become a hub for community outreach initiatives designed to improve infant and maternal survival rates and prevent people from developing needlessly disabling conditions as a result of pregnancy and childbirth.

» A menstrual hygiene project to raise awareness and educate females aged 11-45 (and their families) in Auraiya. Menstruation remains a taboo subject in Nepal – especially within very rural communities – and the perception that it is somehow 'dirty' means that women can be forced from the home and girls miss school for a few days

every month. This project has provided menstrual hygiene training and sanitary kits to 400 students and upgraded toilet and water facilities in two schools to ensure girls can manage their periods safely. 15 Female Community Health Volunteers, who are the first point of contact with the Nepalese health system, have undergone training in how to support people in their villages with menstrual hygiene. 10 Mothers' Clubs have been established with 250 members. 25 women have participated in a one-day training course on how to make their own reusable sanitary pads; this could form the basis of an income generating business for them, too. 100 families have been provided with chickens whose eggs are an important source of protein.

» Purchased an urgently needed project vehicle to replace a well-used, worn-out van. The vehicle takes medical teams and health workers across various terrain to reach remote villages and rural communities.

» Purchased essential items of equipment used in ENT care and surgery for three of IMPACT Nepal's Ear Care Centres, located in Attariya, Birgunj and Gaur. More than 70,000 people will benefit from medical screening and treatment using this equipment each year.

» Thanks to our 'Double the IMPACT' Children's Healthcare appeal, IMPACT Nepal has replaced an antiquated paediatric audiometer at Tribhuvan University Teaching Hospital in Kathmandu with a brand-new Children's Piano Plus Visual Reinforcement Audiometer, which enables the accurate testing of very young children's hearing. Funds have also been used to provide general health and ENT screening and treatment to 51,028 children; 153 ENT operations and 20 treatments for club foot.

» Our generous supporters purchased 'gift tokens' for their friends and relatives, which have enabled IMPACT Nepal to provide 10 families in rural communities with a goat to give milk to drink and sell. Helping a family to improve its access to nutrition and extra income every day is a sustainable solution.



JULY 2024 >> Mr Gopal Singh is one of the 59 people to be fitted with an IMPACT hearing aid this year



JANUARY 2025 >> A much needed upgrade of IMPACT Nepal's project vehicle. Pictured here transporting a new audiometry booth from Kathmandu to Rautahat District



JANUARY 2025 >> A new paediatric audiometer was installed in the children's audiology suite at Tribuhavan University Teaching (TUTH) hospital in Kathmandu



AUGUST 2024 >> IMPACT Nepal supported Kripa with the skills, seeds and tools to convert her small patch of land into a thriving kitchen garden. It now nourishes her family; boosts their income through the sale of surplus produce; and is inspiring others in her community

Pakistan

IMPACT Pakistan runs a network of 16 'Mamta' clinics located in remote, mountainous villages across Muzaffarabad and Mansehra—regions heavily impacted by the 2005 earthquake.

Each clinic is led by a female doctor and supported by a team that includes a nurse or midwife along with other healthcare professionals. While the clinics primarily focus on prenatal and postnatal care to support safe pregnancies, childbirth, and infant health, they also provide vital primary healthcare services to the wider community, often serving as the only available medical resource in these under-resourced areas.

IMPACT Pakistan is expanding its programme to provide medical treatment camps in other regions and specialist surgical care for children with conditions such as cleft lip.

2024-25 Activities	Target	Achievement
Women attending antenatal check-ups	3,200	2,895
Women and their babies attending postnatal check-ups	1,280	668
Babies delivered at a Mamta Clinic	860	309
Babies delivered at home assisted by a trained Female Health Volunteer	No more than 60	0
Babies delivered at home with no professional assistance	No target	0
Pregnant women experiencing complications who were referred to a hospital to give birth	No target	13
Men, women and children who benefited from general primary healthcare at the clinics	8,000	8,267
Health education sessions run	22	6
People who attended health education sessions	500	72
Local health workers who underwent continuing professional training to keep their skills up-to-date	64	0

Additional achievements...IMPACT UK's support has also:

- Provided **5** medical camps in remote areas of Sargohda and Chawaika where there is little access to medical care. **996** people, including **448** children, received care.

- Ensured that **19** children received the surgeries they urgently need, including to repair cleft lip.



JUNE 2024>> IMPACT Pakistan performed surgeries for 19 children from underprivileged, daily-wage families. Patients are carefully selected to ensure support reaches those in greatest need



JANUARY 2025>> IMPACT Pakistan's free medical camp in Chawaika Village served patients—mainly women and children—offering vital care, medicines and health education to this underserved community

Sri Lanka

The healthcare and wellness clinic we assisted IMPACT Sri Lanka to establish in Weerawila, a coastal district heavily impacted by the 2004 Indian Ocean tsunami, continues to provide an invaluable service to the local community.

The clinic, which is run by a GP and a nurse, is held monthly for three to four days. It screens for and attends to a range of healthcare needs which have the potential to cause needless disability if neglected. From managing chronic non-communicable conditions such as asthma, diabetes, and heart disease to providing prompt care for acute illnesses, the clinic is a vital lifeline for its registered patients in this very rural area, which lacks resources and infrastructure. Each patient is provided with a month's supply of medication to treat their condition at no cost.

IMPACT UK Trustee, Dr Cassie Lawn, accompanied by a group of medical colleagues, took time out from a personal visit to Sri Lanka to visit the clinic. Whilst there, Dr Lawn witnessed the clinic in action and the mobile clinic which it often partners with to provide prosthetic limbs (limb loss as a result of car / train accidents or wildlife interactions – notably elephant – are common), optometry screening and glasses dispensary, and audiology.



FEBRUARY 2025>> *IMPACT UK trustee, Dr Cassie Lawn, observed IMPACT Sri Lanka's busy clinic in action*

> *"The clinic and bus are offering a hugely valuable service to a challenged local population* Dr Cassie Lawn (IMPACT UK Trustee)

2024-25 Activities	Achievement
People receiving primary healthcare at the Weerawila Clinic	1,241

Kenya

Impact East Africa (IEA) serves the local community in northern Mwingi, a remote and arid region of Kitui County. The area faces significant challenges, including poverty, hunger, and limited access to basic services and water. In such conditions, needless disability is an ever-present risk.



JANUARY 2025>> *An eye surgical camp at Zombe restored sight to 55 people, some of whom had travelled more than 100km to attend*

IEA's project action focuses on eye and ENT care delivery, a school health programme and maternal and child health services.

Separate ENT and eye screening and treatment clinics are held regularly at remote health posts to check eyes and ears, provide 'on-the-spot' medical interventions and refer those in need of operations to restore sight or hearing to a surgical camp organised by IEA at local level IV hospital. This outreach service enables medical officers to reach people who might otherwise find such healthcare inaccessible and therefore live needlessly with a sensory impairment.

The School Health Programme is active in 32 schools in and around Mwingi. IEA provides health training for teachers and students, first aid kits, regular health checks and treatment, and helps schools to plant trees in their grounds. Trees have environmental benefits and give children much-needed shade to escape the strong sun.

Maternal and child healthcare is delivered by IEA's nurse who holds clinics to care for pregnant women, new mothers and new-born babies; providing ante and postnatal monitoring, ensuring vaccinations are up-to-date and providing information on nutrition.

IEA has established Mothers' Clubs as a forum to engage local people in health-improving behaviour and to disseminate information that can help them support their wellbeing. Members are helped to set up small income generating businesses and vegetable growing plots to provide extra household funds and reduce the amount spent on food at the market whilst enhancing family diets. Training particularly focuses on growing in low water and restricted land environments, and how to preserve green leafy vegetables in order to extend the eating window. The Ministry of Agriculture is using this aspect of IEA's work as a model to train community members of Ngengi and Makioni in the creation of domestic 'small farms'.

2024-25 Activities	Target	Achievement
Surgical camps		
Eye surgical camps held	4	4
People benefiting from eye surgical camps	75	178
ENT surgical camps held	1	1
People benefiting from ENT surgical camps	25	25
ENT Clinics		
People screened and treated	1,213	1,342
School Health Programme		
Number of schools benefiting (first aid kits, tree planting, medicines, IEC materials etc.)	32	19
Children screened for ENT and skin conditions	n/a	6,521
Children treated for skin conditions	n/a	2,721
Children treated for ENT conditions	n/a	1,733
Teachers trained as Health Patrons	n/a	42
Students trained as School Health Monitors	n/a	363
Trees planted	666	0*
Maternal and Child Health		
Number of clinics held	48	3
Mothers and children benefiting from clinics	2,400	133**
Mothers and children immunised	1,440	101**
Mothers' Clubs established	2	2
Members of Mothers' Clubs	80	99

* to be carried out in the next rainy season.

** IEA has had difficulties finding health posts where the Government-employed staff are willing to co-operate without the payment of additional stipends. IEA has found some facilities willing to work with them without additional remuneration however and has approached the Kitui Ministry of Health for help in finding more. We hope to make up for the shortfall over time.



Additional achievements… IMPACT UK's support has also:

» Celebrated World Hearing Day on 4th March 2025 by conducting a capacity building project at Kauwi sub county hospital during which free ear screening was provided to 190 people and 30 health workers were trained in the early detection of ear infection, ear care, treatment, and referral. IEA hopes this will be a pilot for a project to be rolled out quarterly in various health facilities around the region.

MARCH 2025 >> Over a two-day visit to Unyaa Comprehensive School, all 898 students received health check-ups. Many were treated on the spot for eye, ear and skin conditions. Children needing surgery were referred for treatment at IEA's next surgical camp

Central African Republic, South Sudan, Tanzania & Uganda

Working in close partnership with The Barbara May Foundation, we support surgical repair for women with birth injuries sustained during long and obstructed labours and deliveries. Some of the women treated have lived with pain, incontinence and often ostracism from their families and communities, for decades.



MARCH 2025 >> A fistula camp treated 39 women from across Tanzania. One notable case was Eglar's. Kivulini hospital's Social Worker, Grace, made three separate two-day trips to convince Eglar's family she could be cured. Thanks to Grace's persistence, Eglar received treatment and is now fully healed

Birth injuries are a devastating occurrence in remote, rural areas where women do not have access to appropriate medical care, especially in the event of complications during childbirth. However, the enduring taboo means that injured women live with shame and must often be persuaded to seek medical treatment. It is estimated that there are up to 3,000 new cases of obstetric fistula each year in Tanzania alone.

With our support, the renowned Australian surgeon Dr Andrew Browning has travelled to Central African Republic, South Sudan, Tanzania and Uganda in the past year to provide operations to repair women, and to train local surgeons in the repair of complicated cases.

We support Maternity Africa, the Tanzanian partner of Barbara May Foundation, to provide quality maternity care at its 48-bed hospital in Kivulini, Arusha.

This hospital supports the very poorest local women to deliver their babies in a safe and fully-equipped medical setting, provides post-partum care, neonatal intensive care for babies born needing specialist care to survive and thrive, and also has an operating theatre for caesarean sections and fistula repair.

A midwife training centre enhances the skills and knowledge of local midwives working in government facilities in order to widen the availability of safe maternity care for even more mothers. Knowing how to manage complications during labour and delivery can significantly reduce the risk of birth injuries and maternal and infant mortality.

Through our fundraising gift tokens, IMPACT UK has also supported local women leaving hospital following childbirth or fistula repair by providing 'care packages' of essential supplies. This helps them to recover and gives their newborns the best chance to thrive.

2024-25 Activities	Achievement
Kivulini Maternity Hospital, Arusha, Tanzania:	
Women supported to have safe deliveries	70
Safe deliveries and aftercare supported to prevent birth injuries, disablement and death	2
Care packages provided to new mothers leaving hospital	1
Fistula operations to repair women injured during childbirth	92
Central African Republic, South Sudan, and Uganda	
Fistula operations to repair women injured during childbirth	308

Zanzibar

Zanzibar, part of the United Republic of Tanzania, is made up of two main islands, Unguja and Pemba, along with many smaller islands. With around 1.9 million residents and one of Africa's highest population densities, many people face poverty and limited access to healthcare despite the region's popularity as a tourist destination.

IMPACT Zanzibar (IZ) began by providing hearing care at Stone Town's main hospital and IMPACT UK supported the training of its Director, Dr. Naufal Kassim, to become the islands' first ENT surgeon. This eliminated the need for patients to travel to mainland Tanzania for surgery.

Today, IZ delivers a broad range of services, including outreach clinics and surgical camps. It also runs a school health programme, provides clean water, public health campaigns, and a neonatal hearing screening programme to identify babies with impaired hearing and ensure they get the support they need to develop communication and possibly attend the ZOP Academy, an IZ facility which provides specialist education and hearing aids to children with significant hearing loss.



IMPACT Zanzibar's mobile clinic travels to remote areas

2024-25 Activities	Target	Achievement
Mobile Clinics		
Mobile clinics held	13	21
People medically reviewed and provided with on-the-spot treatment or a referral to hospital	3,200	8,825
People benefit from health education	750	13,000
Women have their awareness raised about the early detection of breast cancer	1,500	7,910
Women screened for breast cancer	n/a	1,708
Specialist Outreach Medical Camps		
Specialist outreach medical camps held per year	18	
People medically reviewed and provided with on-the-spot treatment	1,900	776
Operations to reverse a disabling condition	332	589
School Health Programme / Water tanks		
Schools reached by the School Health Programme	75	78
Children screened for signs of needless disability / health conditions	90,200	83,702
Children provided with on-the-spot treatment or medication	9,020	2,690*
Schools benefiting from a reliable source of clean water and improved hygiene	3	3
Children benefiting from school water and improved hygiene	3,600	3,701
Paediatric Hearing Screening and Treatment Programme for the early detection and management of permanent hearing loss		
Neonates screened for hearing impairment and referred as required for ongoing interventions	3,600	3,231
ZOP Academy for Hearing Impaired Children		
Children benefiting from high quality SEN education and learning support	30	29
Children benefiting from hearing aids and medical support	30	41

* IZ is seeing far fewer children who have health problems requiring treatment than previously, thanks to the success of the school health programme it has been implementing for many years. IMPACT is delighted when our work is no longer needed due to its success in improving health!

Additional achievements… IMPACT UK's support has also:

» **Funded operations for more children.** Thanks to our 'Double the IMPACT' Children's Healthcare Appeal, IZ was able to run dedicated surgery camps which provided **127** children with ENT operations and **25** boys with surgical repair for hypospadias (a congenital defect of the penis).

» **Provided essential running costs for the ZOP Academy – a specialist school for young children with severe hearing impairment.** **29** children with significant hearing impairment are enrolled at the ZOP Academy, where they learn maths, Swahili, speech, sign language, lip reading, English and more using specially trained teachers. Enrolment in the school provides opportunities for communication and education that hearing-impaired children might otherwise not receive and prepares them for mainstream school or the workplace. The hearing aid technician based at ZOP Academy has conducted hearing assessments and provided **41** fully programmed hearing aids.

» **Funded the training of a paediatric audiologist.** IMPACT Zanzibar's audiologist is training in paediatric audiology to develop the specialist skills needed to diagnose and manage hearing impairments in children.

» **ENT and Eye Mobile Clinic.** IMPACT UK funded the purchase, conversion and equipping of a truck in FY 2023-24 and this is now fully operational and travelling Zanzibar to screen and treat local communities.

» **Installed and equipped facilities for testing hearing and fitting hearing aids at the ZOP Academy for Deaf Children.** A Hearing Aid Verification Machine was bought to make it easy and accurate to fit hearing aids. It helps adjust the hearing aids in real time, so they are more comfortable and work better for each person. The system used, called Aurical FreeFit, is a modern tool that allows quick and accurate changes, helping people get the best results from their hearing aids. To make sure the machine works accurately, a soundproof booth was built to house it. This blocks out background noise and creates a quiet space for testing. With less interference, the hearing aids can be adjusted more precisely, making sure they work well for the person using them. A diathermy machine was also purchased for use during surgeries.



APRIL 2024 >> A busy mobile clinic



AUGUST 2024 >> Mohammed was treated by the School Health Monitoring team for a severe ear infection. After treatment, his hearing has improved



JANUARY 2025 >> Eight new students were enrolled at the ZOP Academy for Deaf Children



2024/25 >> Three schools benefited from a reliable source of clean water and improved hygiene

United Kingdom

> *"The course was so helpful. We learned lots of new skills. We have already tried lots of new recipes out at home. We enjoyed the in-person experience most*
> Community Pantry member and young daughter

Double the size and double the IMPACT! Over the last year and with the huge boost of a second UK Programme Coordinator, IMPACT's Tasty Team has doubled in size and doubled its IMPACT in our local community and beyond, reaching double the number of children, teens, families, individuals at risk and community groups with cooking and nutrition support. This is timely as the cost of living is still biting hard and with the fallout from political and economic instability, the need for more and more people to learn how to prepare simple, cheap, energy efficient and above all nutritious meals from scratch has perhaps never been greater.

Inadequate diets and over reliance on Ultra Processed Foods (UPF), together with obesity, are now among the leading causes of disease such as cancer (particularly of the bowel), heart disease, type 2 diabetes, blood pressure, irritable bowel disease and even dementia. Needlessly disabling conditions result from this burden of disease (e.g. following a stroke); impacting people's lives and creating on-going costs for the NHS.



SEPTEMBER 2024 >> Burgess Hill Pantry cooking skills session

Throughout the last year we have worked in collaboration with schools, local community groups, Community Pantries and Foodbanks and charities, all of whom know first-hand those who most need our support. Our cooking sessions have spanned the generations from Tasty Sessions in primary schools, parent, youth and child cooking skills courses, cooking with single mothers and previously homeless people in supported housing - giving them the skills and confidence to cook healthy cheap meals for themselves and their families as they prepare to move to independent living. As the increasing cost of living presents greater challenges for everyone, single parents and carers, families and the elderly struggling on tight budgets, we focus on using nutritious low-cost ingredients, batch cooking and cheaper methods of cooking including air fryers and slow cookers. We have also run several demonstrations and cooking sessions with energy efficient air fryers and slow cookers for Age UK and for Foodbank users.

Our group 'Chop and Chat' cooking sessions in collaboration with the local mental health charity Hope and Sussex charity Family Support Work in Haywards Heath have been so popular that we are now running similar twice termly sessions at their drop-in centres in Burgess Hill and Hurstpierpoint. Cooking together can reduce social isolation and making dietary changes to reduce reliance on ultra-processed food boosts health and mental wellbeing. Our initial work supporting male carers, most with a wife or mother with dementia, was so successful that we are now running regular cooking skills courses for male carers in collaboration with Carers' Support Burgess Hill. Our volunteers find these sessions particularly rewarding as the carers gain confidence in cooking quick, easy, and healthy home-made meals for themselves and those they care for.

Over the past year, our work in Crawley with the Russell Martin Foundation has expanded hugely. This innovative 'Extra Time Project' is a respite for pupils aged 11-14 and 14-16 who find themselves falling into negative routines at school and are on the fringes of being excluded. Our twice weekly cooking sessions during termtime at their Crawley centre build and develop their cooking skills week on week as they prepare healthy meals which they enjoy together and take home for their families, giving them a real sense of achievement and pride.

It is increasingly apparent that the rising cost of living is having an impact on people's health. People with least financial resilience are affected the most but increasing numbers of people who were previously 'just about managing' now need support. To this end we are now working with Foodbanks and Community Pantries across mid Sussex; we have run a succession of cooking skills courses at the Burgess Hill Pantry for invited Pantry

members and in the last few months have initiated a monthly cooking skills project in East Grinstead for Foodbank members.

None of these worthwhile projects can run without a team of dedicated and passionate volunteers to whom we are so grateful. We are now supported by 14 volunteers across Mid Sussex and Crawley, which now ranks as the most deprived (overall) area in West Sussex.
Rosie Wiltshire, UK Programme Co-ordinator

2024-2025 Activities	Number of Sessions	Beneficiaries
Tasty Sessions in primary schools to introduce healthy foods	23	736
Warden Park Parent/Child Cooking Sessions with adults and children to develop the cooking skills and nutritional awareness of people in need of extra support	9	72
One-to-one cookery training sessions	6	7
Supported living cooking sessions for young mums and previously homeless people	34	96
Extra Time Project youth cooking sessions	47	321
Chop and Chat cooking for mental health and families requiring support	14	120
Burgess Hill Pantry sessions for Foodbank users	11	57
Cooking sessions for male carers	3	20
Demos, Tastings and Talks to charities	4	124
Cookery Leader and Volunteer training sessions	4	41
TOTAL		1,594



MARCH 2025 >> Cooking session for male carers in conjunction with the Carers' Support network



MARCH 2025 >> Tasty Team volunteers undergo certified First Aid instruction



JUNE 2024 >> Growing plots engage children and reinforce the link between nutrition and health

International

» Advocacy & Networking

IMPACT works at the national and international level in partnership with many other governmental and civil society organisations, with charities, the corporate sector and with community service organisations such as Rotary, Inner Wheel and Lions. We are members of the Fundraising Regulator, and four staff are members of the Chartered Institute of Fundraising; both organisations are designed to promote ethical standards and good practice in fundraising. Our Finance Manager is a member of the Association of Accounting Technicians (AAT).

Our philosophy is shared with our many partners around the world through the International Federation of IMPACT Organisations and in practice through our working culture. An IFIO conference will be held in the UK 27th-29th May 2025 and will welcome partners from 11 countries (including the UK) to reaffirm our collective mission and share learning and best practice.

We encourage our local partners (which are autonomous organisations in their own countries) to work with other NGOs and to collaborate with relevant stakeholders to influence policy on a local and national scale. Individuals from IMPACT Foundations are often asked to speak at professional conferences and to share ideas and practices more widely within their networks.

However, it is at the grass-roots level that our advocacy work makes the most impact by working with often very marginalised communities to share knowledge and skills, so that people can make informed decisions about their own health and take steps to minimise their – and their family's – risk of needless disability. In turn, they become our best advocates by sharing learning with their neighbours and spreading the word about IMPACT so those who need us can make use of our services.

» Accessibility

IMPACT is committed to equality and the creation of a barrier-free environment for all in accordance with British legislation (the Human Rights Act 1998, the Equality Act 2010) and international treaty obligations (the UN Convention on the Rights of Persons with Disabilities). We welcomed the extended provisions relating to disability in the Equality Act 2010.

Accessibility for everyone is the keystone of IMPACT's international programme of action. By preventing and treating needlessly disabling conditions and providing assistive devices such as hearing aids, spectacles and prosthetic limbs to overcome physical barriers, obstacles to training, education and employment are also removed. Our projects also directly seek to overcome other barriers to accessing health and medical care, for example, poverty, geographical remoteness and difficulty accessing information. While we always seek to benefit those most in need, there are no restrictions on who may benefit from IMPACT's work and discrimination against people with protected characteristics is never practiced nor tolerated in any part of our programme in any part of the world.

Recognising that there is no 'one size fits all' when it comes to accessibility and that people with different disabling conditions require different solutions, we make best efforts to accommodate everyone within the physical constraints of our small office, regardless of needs. IMPACT UK's website has been carefully designed to be accessible. Please see www.IMPACT.org.uk/accessibility for further details.

Disability is a human rights issue. The 17 'Sustainable Development Goals' (SDGs) to be achieved by 2030 were adopted in September 2015 to shape the post-Millennium Development Goals (MDGs 2000-2015) international development framework. People with disabilities are specifically referenced in five of the SDGs which is an important milestone, since disability was conspicuous by its absence in the MDGs.

» Training and capacity building for community-led development

IMPACT places a strong emphasis on the transformative power of education and training in fostering sustainable, positive change. We prioritise skill development and awareness-building so that people and grassroots organisations in our project areas can address the challenges confronting families and communities.

For instance, we provide funding for training and equipping health workers to cater for women's healthcare needs during pregnancy, childbirth, and the postnatal period, particularly in areas where access to healthcare facilities may be limited by long distances and poor road conditions and women's wellbeing may be of low priority. This initiative plays a crucial role in ensuring the safety of both mothers and babies during a period of heightened vulnerability.

Additionally, we collaborate with local partners to train volunteers in various health and nutrition-related roles; teachers to monitor their students' health and report warning signs of needless disability to IMPACT's teams; and medical professionals such as midwives, nurses, surgeons, and audiologists. This year, 1,851 individuals have participated in training programmes, all of whom are local people making significant contributions to their respective communities.

Raising awareness about health issues is paramount in enabling individuals to take proactive measures to prevent needless disabilities. Through our international programme, we engage with both adults and children, with a total of 314,579 participants this year alone, equipping them with valuable information and skills. For example, communicating knowledge about the correlation between diet and health, coupled with support for growing fruit and vegetables, offers a simple, cost-effective, and enduring solution to improving family diets and preventing nutrition-related ailments such as Vitamin A deficiency, a leading cause of childhood blindness globally.

IMPACT is committed to community-led development. Through the widespread sharing of knowledge and skills, marginalised communities are supported to effect sustainable improvements in their own lives and the lives of others.

» Safeguarding

IMPACT UK takes the safeguarding of children and vulnerable adults extremely seriously. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and the requirements of the Charity Commission. Our policies are regularly reviewed by IMPACT UK's senior management team and board of Trustees. Every member of IMPACT UK staff regularly undergoes a Disclosure and Barring Service (DBS) check, and we have 'whistleblowing' structures in place, should these be needed by staff or volunteers. We have a dedicated and trained Trustee Lead for Safeguarding and a Staff Lead for Safeguarding. We will be working with our overseas partners at our IFIO conference in May 2025, on the possibility of adopting a Global Code of Conduct which, whilst recognising cultural sensitivities, would underline the paramount importance of safeguarding in our shared programme of action and guide those responsible for programme delivery.

Here in the UK, our Tasty Team project works in primary schools and with vulnerable adults and children in our local community. Each of our volunteers is carefully vetted, undergoes a Disclosure and Barring Service check, receives full training and careful monitoring, and signs up to relevant documents including Child Protection policy and procedure; Code of Behaviour for Working with Children and Vulnerable Adults; Lone Worker and Lone Volunteer policy and procedure; Safeguarding Adults policy and our general Volunteer policy. They are regularly reminded of their responsibilities under these codes and re-trained regularly.

We must also protect the people who give their time and skills to work for us. The Lone Worker Policy contains a protocol for any volunteer to call for help, should they feel in danger, and staff are regularly reminded of this protocol and how to respond. However, we minimise lone working wherever possible in order to protect our volunteers and beneficiaries and urge volunteers never to run a session if they arrive to find they are the only adult or responsible person.

Our partners overseas are all autonomous organisations, but we share safeguarding policies and best practice with them and strongly encourage them to ensure they have policies and practices in place to comply with safeguarding rules in their own country.

Looking to the future

We have ambitious plans for the future of IMPACT's programme, all of which would support our aim to prevent and treat causes of needless disability. If resources become available, next year we plan to:

» Ensure health workers can reach people in need of health and medical care through the provision of appropriate transport, such as motorbikes. This will ensure that people in hard-to-reach places are not excluded.

» Increase access to safe water and sanitation in schools, as the bedrock of improved hygiene and infection control.

» Build the infrastructure, and capacity, of more health posts and hospitals that are relied on by people in rural areas, but which often lack resources, trained staff, and equipment to provide an adequate service.

» Support our partners' efforts to reach more underserved adults and children in hard-to-reach areas by 'taking the hospital to the people' using mobile hospitals and healthcare teams

» Fund another visit of the IMPACT Nepal surgical team to IMPACT Cambodia to conduct ENT operations and the training of local surgeons

» Increase the number of eye screenings and operations in Kenya by supporting IEA's essential eye care services.

» Support IMPACT Nepal to improve maternal health through a programme of outreach activities in Saptari, with the new birthing centre at its heart.

» Expand the reach of the Tasty Team nutrition programme in mid-Sussex through new initiatives such as the pilot 'Grow, Cook, Eat' project which will take vegetable growing and cooking into primary schools to enhance delivery of the national curriculum; cooking sessions for users of local Foodbanks to ensure they can make best use of the produce they collect; and working with young people who are close to being excluded from mainstream school to learn cooking skills which culminates in sharing together the lunch that they make at the session. This not only confers skills for life, but also builds empathy, kindness, confidence and self-esteem.

» Respond quickly and effectively to emergencies in our project areas to guard the health and wellbeing of affected people, should they arise

To achieve the above, we will strive to:

» Secure funds (particularly unrestricted), which will enable us to expand our programme to meet needs identified by our partners in response to the context in which they work, and our own in the UK.

» Work with partners to develop and implement projects, monitor and evaluate them and share learning, and encourage innovation in delivery – particularly making use of new technologies

And much more as opportunities arise.



APRIL 2025+ >> It is estimated that IMPACT Nepal's newly built Birthing Centre in Saptari will provide 1,300 women with ante and post-natal care and support the safe deliveries of around 245 babies over the coming year

Financial review and policies

We generated incoming resources of £2,219,638 (down 2.8% on last year)

- **Legacies: £227,995** (up 8.4% on last year)
- **Gift Aided donations: £158,647** (down 26.8% on last year)
- **Donations not eligible for Gift Aid: £1,764,283** (down 1% on last year)
- **We expended £1,838,079** (down 9.7% on last year)

Fundraising – how we raise funds

This year, IMPACT UK's total income reached £2,219,638, with £42,213 coming from investment income. The remainder (98%) was raised through voluntary contributions, including legacies. We are profoundly grateful to all those who have chosen to support IMPACT and place their trust in our work.

We do not hold any contracts to deliver government-funded projects, however we do sometimes receive small grants from our local Council to help with the cost of running our Tasty Team nutrition project in Mid Sussex.

Despite having a modest fundraising operation, our approach is lean and strategic which enables us to generate impressive income with limited resources. For every £1 we spent on fundraising in 2024–25, we generated £18.57 in voluntary income, a slight decrease from £20.56 the previous year but still far greater than the average return for UK charities with incomes over £1 million, which is £5.52 per £1 spent on fundraising (LarkOwl, 2025 benchmarking study).

We focus on fundraising methods that offer maximum return on our limited financial and human resources and do not engage in costly cold mailings or street fundraising, which can take years to recoup their costs. Events also tend to require the input of significant time and effort to organise and therefore we rarely organise them ourselves, though we are always grateful when supporters do.

Instead, our approach is built on cultivating long-term relationships with individual donors, charitable trusts, and community service organisations. We also make the most of free opportunities, such as BBC charity appeal broadcasts, to reach new and wider audiences.

Our letters, brochures, and reports are created in-house with care and designed to show the direct impact of supporters' gifts. We make it a priority to thank donors and report back on how their contribution has helped, whether for a specific project or our wider international programme. Many of our supporters have been with us for decades and we hope they understand that they are essential to the success of our shared goal to prevent and treat needless disability.

Legacy income, though unpredictable by nature, plays a vital role in our work. In 2024–25, we received £227,995 in legacy gifts (compared to £210,271 in 2023–24). Most bequests are unrestricted, and we invest them carefully in recognition of the special thought that a supporter puts into leaving a legacy to us. We have spent time this year creating a new legacy information leaflet and sharing it with supporters and relevant businesses such as solicitors and wealth advisors in the hope that more people will remember IMPACT in their wills.

Social media continues to be an important, cost-free channel for raising awareness and funds. In keeping with our longstanding policy not to use supporters' donations on expensive advertising, platforms like Facebook and X (formerly Twitter) allow us to communicate widely without financial outlay.

We are committed to the highest standards in our fundraising practices. Our Fundraising Policy and Procedure outlines our promise to ensure all fundraising is legal, ethical, transparent, and respectful. This policy covers legal compliance, donor care, handling restricted gifts, supporting vulnerable people, and managing complaints.

Our online 'shop' also contributes to our fundraising. It offers IMPACT-branded merchandise, Christmas cards, and charitable gift tokens, such as sight-restoring surgery or livestock for families at risk of malnutrition. Proceeds

from these restricted gifts are used exactly as described. Sales of merchandise and cards support the areas of greatest need across our programmes.

Adhering to good fundraising practice

IMPACT operates under the oversight and regulation of the Fundraising Regulator, an independent non-governmental organisation dedicated to upholding standards and public confidence in fundraising activities across England, Wales, and Northern Ireland. This regulatory body offers guidance and a Code of Conduct for charities, serving as an impartial investigator and mediator in cases where fundraising-related disputes cannot be resolved directly between the charity and the complainant. We are aware of the updated Fundraising Regulator's Code of Conduct which comes into effect in November 2025, and will ensure that we are fully compliant with it.

Four members of IMPACT's team hold individual memberships with the Chartered Institute of Fundraising, having successfully completed the Institute's professional qualification in fundraising management. CIoF members are bound to adhere to its codes of conduct and best practices.

In compliance with regulatory requirements, we maintain a comprehensive log to document any complaints concerning our fundraising initiatives. Additionally, we receive weekly summaries of complaints filed directly with the Fundraising Regulator. We have received no complaints this year and only one request via the Regulator to remove someone from our mailing list, which is a testament to our meticulous and considered approach. We carefully target our appeals, contacting only individuals and organisations we believe are genuinely interested in supporting our cause. We respect supporters' contact preferences, promptly honouring requests for no further communication. Our approach has led to a dedicated base of long-standing supporters who buy-in to our mission and, we hope, feel themselves to be essential partners in a shared endeavour. We have established a robust Complaints Handling Policy to address any grievances effectively.

Recognising the importance of safeguarding personal data entrusted to us by supporters, IMPACT is deeply committed to data protection. We remain vigilant in adhering to relevant regulations, including the General Data Protection Regulation (GDPR). All personal data is carefully recorded in an industry-leading database, securely stored on its protected servers with multi-factor authentication needed to access records. Hard copy data is similarly secured in locked filing cabinets within our office, and when no longer necessary, is shredded.

Our Data Protection/Confidentiality and Fundraising policies formalise the best practices we employ daily, subject to annual review by both Council and staff. Furthermore, our Whistleblowing policy provides a structured framework for staff and volunteers to raise concerns, while our policy on Foreign Income ensures rigorous due diligence to mitigate the risk of money laundering.

Supporting others to raise funds for our work

We are enormously grateful to volunteers who raise money in numerous ways, including sponsored events or by asking for donations to IMPACT to mark life events such as marriages or when saying goodbye to loved ones at funerals. Our friendly team is always happy to provide support so please do get in touch.

The Sussex-based IMPACT Luncheon Club is a well-established and fun group of like-minded people who meet monthly to share a meal and listen to a speaker, whilst also raising essential funds for IMPACT's programme of action. Profit this year has totalled £25,250 (£27,243 in FY 2023-24). If you would like to set up a similar group in your area, we would be delighted to advise.

Our sincere thanks also go out to the many community service organisations that support IMPACT. Sir John Wilson, founder of the IMPACT movement, was a Rotarian and we are immensely proud that Rotary Clubs in Great Britain and Ireland have chosen to raise vital funds for our project work for more than three decades. Sir John, and current IMPACT trustee Judi Stagg, were both awarded the Paul Harris Fellowship Recognition Award for their work in furthering better understanding and friendly relations among peoples of the world.

Rotary clubs' generous gifts totalled £1,250 this year (FY 2023-24 £9,151).

We work with people fundraising on our behalf to ensure they are also adhering to good practice in fundraising, data protection, and safeguarding vulnerable people in the same careful way our small team in Haywards Heath does.

Protecting vulnerable people

As described above in the section 'Safeguarding' on page 31, we are mindful of the need to protect vulnerable people who participate in our projects as beneficiaries, along with the staff and volunteers who deliver them.

However, vulnerable people must also be protected as part of good fundraising practice. Our high standards and good practice in fundraising generally also protects vulnerable people. For example, we never exert pressure on people to donate and our contact is only with people who have come to us, rather than been contacted 'cold'. We respect requests not to be contacted whether they come from the individual or someone acting on their behalf, and because all gifts are processed by our small team, we know many donors personally and are alert to gifts which might appear unusual. Any suspicions must be reported to the Co-CEOs for further investigation and they will refer to the Board of Trustees to consider the information and make a final decision on how to proceed. While investigations are being conducted, the funds are ring-fenced and unspent in case they need to be returned. Our complaints procedure and membership of regulatory bodies provide a fall-back for vulnerable people, or those acting for them, in respect of IMPACT's fundraising.

Income, investments and expenditure

Income of £2,219,638 is slightly below the previous financial year (2023-24: £2,283,797) but once again far in excess of our yearly target of £1.5 million. We extend our unwavering appreciation to the many people who generously supported IMPACT this year. Nothing could be achieved without the voluntary income we receive. Restricted gifts directly support projects and are always ringfenced for the intended purpose. Unrestricted gifts enable us to meet urgent needs as they arise or pay for essential costs.

We have once again supported our local partners with capacity building grants, such as for a replacement project vehicle for IMPACT Nepal, and equipment for healthcare facilities in Bangladesh, Cambodia, Nepal and elsewhere. These investments make a long-term contribution to partners' ability to carry out their programmes of action and deliver quality services.

Expenditure on our core goal of 'taking the hospital to the people' through IMPACT Foundation Bangladesh's Jibon Tari floating hospital and projects of Impact India Foundation's Lifeline Express hospital train helps to ensure that people in remote areas do not miss out on the surgery and medical treatment they urgently need to prevent a lifetime of needless disability. We are delighted to have reinvigorated our support for IMPACT Sri Lanka's clinic in rural Weerawila and held an emergency appeal to provide IMPACT Foundation Bangladesh with financial resources to support people in the east of the country who were hit by devastating flooding in August 2024. This was used to provide survival packs of food, water and hygiene items and to dispense medical care through 'pop-up' clinics.

The Board of Trustees provides prior approval for project expenditure, either through the three-year MOUs we hold with several long-standing partners which help to pay for project and running costs, or on a project-by-project basis.

Cost-efficiency is central to everything we do so that we can invest the maximum in our project work. Once again this year we have met our targeted 90% of expenditure on direct charitable activities – 90 pence in every £1 spent was used for this purpose; 6 pence was spent on generating more income (fundraising); and 4 pence was spent on administration and governance. Efficient management ensures we use funds wisely, and we want supporters to trust their gifts make a real impact.

Our investment policy is set out in Note 5 of the Notes to the Accounts, below. Generating returns with very low risk underpins the decisions made by the Council's Investment Sub-Committee. This year, investment income was £42,213, an increase of 10.6% on the previous year (FY 2023-24 £38,164).

Balances on restricted and designated funds (notes 19 and 20 in the accounts) show that commitments are made towards future programme expenditure. We frequently pledge funding for up to three years so that our local

partners can plan their work and avoid letting down the people who rely on the healthcare they deliver. Projects often take more than one year from receipt of funding to implement and are rarely completed within a single financial year, and funds are sent in tranches against the receipt of satisfactory reports or milestones reached.

We actively fundraise and explore new sources of income to meet any shortfall on specific projects and if restricted funds are subsequently raised and received, designated funds are released to be used elsewhere. We are making efforts to increase the amount of unrestricted funding we raise as this provides us with the greatest flexibility in delivering our public benefit. Balances are held by the Foundation on interest-bearing deposit until and whilst the project is implemented.

Rigorous financial controls are in place and our cash position remains healthy.

We expended £1,838,079 in total this year (2023-24 £2,036,180) and the breakdown of charitable activity funds spent by country (excluding support costs) is shown in the table.

Location	Amount expended on charitable activities (£)	Proportion of charitable activity expenditure (less support costs) 2024-25	Proportion of charitable activity expenditure (less support costs) 2023-24
Bangladesh	£449,408	30.6%	22.7%
Cambodia	£128,106	8.7%	7.7%
India	£367,011	25%	35.2%
Kenya	£40,484	2.8%	4.3%
Nepal	£216,662	14.8%	14.5%
Pakistan	£19,080	1.3%	1.5%
Sri Lanka	£11,000	0.8%	0%
Africa (other)	£60,551	4.1%	3.4%
Zanzibar	£160,876	11%	9.5%
The UK (nutrition project)	£8,278	0.6%	1.2%
Other international	£6,169	0.4%	0%

Each partner we collaborate with operates autonomously and independently from IMPACT UK, maintaining their own audited accounts. We promote self-reliance among our partners, with many of our larger and more established collaborators securing substantial funding from sources other than IMPACT UK. This approach reinforces our relationships as equal partners and allows us to allocate funds to pilot new projects and engage with new partners.

Our partners raise money from a variety of sources including local and international charitable trusts and individuals. Income is also generated from the provision of medical services to people who can afford to pay, from renting out premises or spare operating theatre capacity, or speaking engagements.

IMPACT UK is incredibly fortunate that in the 1990s, a local charitable trust enabled us to purchase the building which still houses our small office. We have felt the benefit of no mortgage or rent costs ever since and this really helps us to keep essential running costs to a minimum.

It will be seen from the Balance Sheet that all our investments are represented by cash and short-term deposits. The balance on unrestricted, non-designated reserves is £202,591.

Structure, governance & management

Organisational structure

The IMPACT Foundation is a registered charity (number 290992, July 1985) and a public benefit company without share capital limited by guarantee (number 1878297). The Foundation is organised under the direction of its

governing body, which is the Council of not less than 12 but no more than 20 Trustees who, for the purposes of company law, are also Directors of the Company. They are responsible for determining the policies and strategic direction of the IMPACT Foundation but, as there is no share capital, the Trustees have no interest in the IMPACT Foundation as defined by the Companies Act 2006.

The IMPACT Foundation operates in accordance with its constitutional mandate, the Articles of Association, and subject to relevant legislation. We are aware of the Directors' duties under the Companies Act 2006. The Council of Trustees comprises people with relevant skills and experience, including the medicine, accounting and law.

Trustees and their responsibilities

The Trustees hold meetings at least three times per year to review detailed financial and progress reports and discuss new project proposals, strategy etc. The Trustees delegate the IMPACT Foundation's day-to-day operations to the Co-CEOs. Other meetings by sub-committees and task forces appointed for specific purposes take place on a regular basis. For example, an Human Resources Committee is delegated to consider human resource issues, policies and remuneration and an Investment Committee to consider investments. Recognising the need to keep up with the raft of new regulations and employment legislation, the Trustees retain the services of a Human Resources Consultant. All staff and members of the Advisory Council are invited to attend, and participate in, Trustees' meetings.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). They prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company; of the incoming resources; and of the application of resources, including the income and expenditure of the charitable company, for that period.

In preparing those accounts the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the Trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the Trustees have taken all appropriate steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Board of Trustees' other responsibilities include:

- Setting policy and overseeing strategic direction
- Complying with relevant laws and regulations
- Ensuring that charitable objects are met
- Promoting the IMPACT Foundation's reputation, values and integrity
- Taking appropriate care and advice when investing money
- Making sure charitable funds and assets are used to further IMPACT Foundation's charitable aims and fulfil its public benefit duty

Trustees are asked each year at the beginning of a meeting to declare any conflicts of interest. A policy is in place to manage any conflicts which might arise.

Trustees serving during this period are listed on page 2. Trustees have no financial interest in the IMPACT Foundation and receive no remuneration for their services. Our Governance costs this year were £15,259 (£15,555 in FY 2023-24).

Recruitment and appointment of Trustees

The appointment of Trustees is conducted in line with the IMPACT Foundation's Articles of Association. Trustees collectively have the power to appoint any person to be a Trustee but the Board of Trustees must consist of not less than 12 and not more than 20 people. The skills mix and diversity of the Board of Trustees is also considered. As set out in the Articles of Association, from the 1st January 2022, a Trustee may serve for a maximum term of three years and is then eligible for re-election. A Trustee may serve no more than three consecutive three year terms, although may be appointed anew after an interval of at least six months.

Policies apply for the recruitment, selection, induction and training of Trustees and members of staff, all of whom have agreed job descriptions.

We recognise the importance of providing new Trustees with sufficient information to equip them to become effective members of Council. All new Trustees receive a comprehensive induction pack of background material. They are invited to spend time with the staff team and visit project activities. Fellow Trustees are invited by the Chair to act as mentors to new Trustees. Prospective new Trustees may be invited to first become members of the Advisory Council, which has no powers, in order to gain a better understanding of the Foundation.

Advisory Council

The Advisory Council is made up of people with an interest in the Foundation and its work, and with relevant skills and experience on which the Board and staff may draw. Members do not have voting or decision-making rights but are encouraged to attend meetings and participate fully in discussions. It is a valuable resource and repository of knowledge.

A full list of Advisory Council members can be found at the start of this report. We are grateful to every one of them for their interest in, and support for, IMPACT's work.

Strategic review

A special meeting of Council, Advisory Council and staff took place on 29th November 2023 to consider the Foundation's strategic direction for the next five years and the resulting strategy was formally adopted at the 129th meeting of Council on 14th March 2024.

The strategy for 2024-2029 reaffirms IMPACT Foundation UK's objects (*"To promote activities for the prevention of disablement and for the cure, mitigation and relief of disabling conditions" "which will be carried out throughout the world for the public benefit"*) and our six priorities for action:

- Early identification, treatment and rehabilitation – identifying and treating potentially disabling conditions before they cause irreparable damage
- Accessible surgery – making surgery accessible for people who need operations to restore their sight, hearing or mobility or, for example, to repair cleft lip or birth injuries
- Ending malnutrition – implementing programmes to combat malnutrition which causes physical or mental impairment and compromises immunity
- Safer motherhood and child survival – ensuring women and babies are healthy during pregnancy, birth, the first few weeks of life and through infancy
- Water and sanitation – improving access to safe water and sanitation to stop the spread of waterborne diseases
- Health education and training – empowering people with skills and knowledge to improve health and widening access to primary care such as immunisation

In addition to the wider issue of poverty alleviation, the strategy added the need to consider and respond to climate change, conflict, refugee and mental health challenges when designing and implementing projects.

The strategy identified five overarching goals and tasks, each with their own sub-goals which are précised below:

1) Programme Development – supporting partner-led projects; develop a new 'flagship' project; and to expand action in the UK.
2) Partnerships – encouraging the self-sufficiency of existing local partners; and exploring opportunities to work with new partners.
3) Financial Resources and Fundraising – maintain our emphasis on value, cost-effectiveness and low administrative costs; project funding to be 90% plus of expenditure; employ our fundraising strategy to increase income year on year; endeavour to increase unrestricted income to fuel growth.
4) Human Resources – focus on succession planning for the board of Trustees to ensure diversity and experience and that it remains fit for the future; support the staff's wellbeing and development; recruit new volunteers for our UK project.
5) Communication and Advocacy – continue to 'campaign the cause' to promote awareness of the need for our work and what we do; and ensure that our priorities remain relevant.

Progress towards meeting the aims of the strategy is regularly reviewed.

Employees

The staff team is small yet effective, comprising eight employees (three full-time and five part-time).

The team is led by the Co-CEOs who implement the strategic vision of the Board of Trustees and have responsibility for the day-to-day running of the charity. The Co-CEOs are supported by the Finance Manager, Fundraising Manager, Office Manager, Development Manager and two UK Programme Co-ordinators. All employees have ready access to the Employee Handbook and policies, which are reviewed and approved annually by the Human Resources Sub-Committee, delegated various responsibilities by the wider Board of Trustees (Directors), with input from an external Human Resources consultant.

Volunteers

Volunteers are vital to the success of our work, helping us maximise the impact of our limited financial resources and significantly expand the reach of our programmes. Together, we are making strides toward our goal of ending preventable disability.

In the UK, the 'Tasty Team' – a group of committed volunteers from the Mid Sussex area led by IMPACT's two Project Co-ordinators - plays a key role in our efforts. This year, 14 enthusiastic individuals have donated their time and talents to support participants learning essential cooking skills and gaining practical knowledge about nutrition, always with a focus on affordability. Their involvement has made a real, positive difference in the lives of those we serve.



ZANZIBAR *Up to 50 dedicated volunteers – including medics, drivers, pharmacists and cooks– make each mobile camp possible. Pictured here, the team travels to the remote Kokota Island to deliver essential medical services*

Relationships with partners

We support long-standing and trusted partner organisations in Africa and Asia to deliver a wide programme of action. IMPACTs Norway and Switzerland, like IMPACT UK, generate income to fund project work. We all share the aim of a world free from needless disability.

When IMPACT was established in the 1980s, the organisation was set up as a coalition of equal partners; each led and staffed by local people who initiate and drive the work in their country. Sir John Wilson, IMPACT's visionary

founder, was almost unique at the time in understanding that local people know best what is needed and how to meet those needs, therefore the role of the UK Foundation should be to support them to do what they do best.

Our international partners are autonomous, registered not-for-profit organisations adhering to laws and regulations in their own country, and whose accounts are independently audited. Most of them are IMPACT Foundations although we do work closely with other organisations where we share aims and a long-standing relationship, and where is it more efficacious to partner with them than to set up an IMPACT Foundation which would duplicate effort.

The International Federation of IMPACT Organisations (IFIO) is an informal umbrella organisation which meets every few years to exchange good practice and ideas, discover opportunities for partners in different countries to work together, reaffirm our shared mission and ensure our priorities for action are still relevant. The 10th IFIO meeting will be held in May 2025, and for the first time in the UK to coincide with IMPACT UK's 40th anniversary.

Data protection

We follow the law as set out currently in the Data Protection Act 2018, which is the UK's implementation of the General Data Protection Regulation (GDPR). From the organisation's inception it has been our policy to never sell or exchange names and addresses with other organisations, or to disclose such data to a third party. We use an industry-leading database to store data safely. Confidentiality agreements and normal security procedures are in place for Trustees, staff, volunteers and third parties with which we work from time to time. We review our Data Protection and Confidentiality policy annually and keep changes in the law under constant watch. We adhere to individuals' rights to find out what information we hold about them and how we use their data, as set out by the 2018 Act, and would respond to requests in a timely manner.

Risk assessment

The Charity Commission requires the Trustees to identify and review the risks faced by the IMPACT Foundation. A full risk assessment is kept up-to-date and undergoes formal review annually by the Co-CEOs and the sub-committee on Human Resources It is then approved by the Board of Trustees. The assessment covers risks under the following categories: reputation, financial, legislative/compliance, governance, staff/volunteers, infrastructure (property and assets), operational and fire, and sets out mitigations.

The UK Programme Co-ordinators conduct risk assessments for every part of the Tasty Team project before implementation.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS AND TRUSTEES OF IMPACT FOUNDATION

OPINION

We have audited the financial statements of Impact Foundation Limited (the 'charity') for the year ended 31st March 2024 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Financial Reporting Standard 102).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;

- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and

- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable

company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition we read all the financial and non financial information in the Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

• the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and

• the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

• adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;

• the financial statements are not in agreement with the accounting records and returns;

• certain disclosures of trustees' remuneration specified by law are not made, or

• we have not received all the information and explanations we require for our audit.

• the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 4), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

AUDITOR RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material

misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the Charity, we identified that the principal risks of non-compliance with laws and regulations related to breaches of UK regulatory principles, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to management bias in accounting estimates. Audit procedures performed included:

- validating the appropriateness of journal entries identified based on our fraud risk criteria;
- designing audit procedures to incorporate unpredictability around the nature, timing or extent of our testing;

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

USE OF OUR REPORT

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



STEPHEN POTTER FCA (Senior Statutory Auditor)

For and on behalf of
CARTER NICHOLLS LIMITED, STATUTORY AUDITOR
Chartered Accountants, Victoria House, Stanbridge Park, Staplefield Lane, Staplefield, West Sussex, RH17 6AS

Dated: 23 - 7 - 2025

IMPACT FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
(including income and expenditure account)
FOR THE YEAR ENDED 31ST MARCH 2025

	Note	Unrestricted Funds £	Restricted Funds £	Expendable Endowment Funds £	**Total Funds 2025 £**	*Total Funds 2024 £*
INCOME AND ENDOWMENTS FROM :						
Donations and Legacies	6	476,462	1,674,463	-	**2,150,925**	**2,209,239**
Income from Charitable Activities	7	25,250	1,250		**26,500**	**36,394**
Income from Investments	5	9,144	11,335	21,734	**42,213**	**38,164**
Total Income and Endowments		**510,856**	**1,687,048**	**21,734**	**2,219,638**	**2,283,797**
EXPENDITURE ON :						
Expenditure on Raising Funds	8	117,262	-	-	**117,262**	**109,208**
Expenditure on Charitable Activities	9	325,414	1,327,519	67,884	**1,720,817**	**1,926,972**
Total Expenditure		**442,676**	**1,327,519**	**67,884**	**1,838,079**	**2,036,180**
Net Income / (Expenditure)		68,180	359,529	(46,150)	**381,559**	**247,617**
NET MOVEMENT IN FUNDS		68,180	359,529	(46,150)	**381,559**	**247,617**
RECONCILIATION OF FUNDS						
Total Funds brought Forward		432,408	594,559	931,887	**1,958,854**	**1,711,237**
Total Funds Carried Forward		£ 500,588	£ 954,088	£ 885,737	**£ 2,340,413**	**£ 1,958,854**

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 47 to 56 form part of these accounts.

IMPACT FOUNDATION
BALANCE SHEET AS AT 31ST MARCH 2025

	Note	2025	*2024*
		£	*£*
FIXED ASSETS			
Tangible assets	11	**105,544**	**110,349**
		105,544	**110,349**
CURRENT ASSETS			
Debtors	12	**27,906**	**31,189**
Short term deposits		**2,199,605**	**1,798,236**
Cash at bank and in hand		**18,459**	**29,646**
		2,245,970	**1,859,071**
CREDITORS : amounts falling due within one year	13	**11,102**	**10,565**
NET CURRENT ASSETS		**2,234,868**	**1,848,506**
TOTAL ASSETS LESS CURRENT LIABILITIES		**2,340,412**	**1,958,855**
NET ASSETS		**£ 2,340,412**	**£ 1,958,855**
FUNDS	2		
Expendable Endowment	18	**885,736**	**931,887**
Restricted	19	**954,089**	**594,560**
		1,839,825	**1,526,447**
Unrestricted			
Designated	20	**192,452**	**141,391**
Fixed Assets replacement	17	**105,545**	**110,350**
Other	17	**202,591**	**180,667**
		500,588	**432,408**
Total Funds		**2,340,413**	**1,958,855**

The notes on pages 47 to 56 form part of these accounts

The above accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

Signed on behalf of the board of Directors/Trustees .

P Simons

R.J.d'O. Hope.

Director/Trustee: PETER SIMONS **Director/Trustee:** ROBIN d'O HOPE.

Approved and authorised by the Board: 23.07.25 .

IMPACT FOUNDATION
STATEMENT OF CASH FLOWS FOR YEAR ENDING 31ST MARCH 2025

	Note	2025	*2024*
		£	*£*
Net cash used in operating activities	21	**347,970**	**201,773**
Cash Flows from investing activities	5	**42,213**	**38,164**
Increase / (decrease) in cash and cash equivalents in the year		**390,183**	**239,937**
Cash and cash equivalents at the beginning of the year		**1,827,882**	**1,587,945**
Total cash and cash equivalents at the end of the year		**2,218,065**	**1,827,882**

IMPACT FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2025

1 Summary of significant accounting policies

(a) General information and basis of preparation

Impact Foundation is a company limited by guarantee registered in England / Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 2 of these financial statements. The nature of the charity's operations and principal activities are insert detail.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Income recognition

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

No amount is included in the financial statements for volunteer time in line with the SORP. Further detail is given in the Trustees' Annual Report.

Where practicable, gifts in kind donated for distribution to the beneficiaries of the charity are included in stock and donations in the financial statements upon receipt. If it is impracticable to assess the fair value at receipt or if the costs to undertake such a valuation outweigh any benefits, then the fair value is recognised as a component of donations when it is distributed and an equivalent amount recognised as charitable expenditure.

For legacies, entitlement is the legacy being received. At this point income is recognised. On occasion legacies will be notified to the charity however it is not possible to measure the amount expected to be distributed. On these occasions, the legacy is treated as a contingent asset and disclosed.

Investment income is earned through holding assets for investment purposes such as term deposits. Interest income is recognised using the effective interest method.

(c) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

- Costs of raising funds
- Expenditure on charitable activities

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

(d) Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 8.

(e) Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Freehold land	0%
Freehold buildings	2% straight line
Computers and equipment	25% straight line

(f) Investments

Current asset investments are short term highly liquid investments and are held at fair value. These include cash on deposit and cash equivalents with a maturity of less than one year.

(g) Gifts in Kind

Gifts in kind of assets held as stock for distribution by the charity are recognised as incoming resources within "voluntary income" only when distributed with an equivalent amount being included as resources expended under the appropriate category of the Statement of Financial Activities to reflect its distribution. The assets are valued at the open market cost for equivalent items.

(h) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(i) Foreign currency

Foreign currency transactions are initially recognised by applying to the foreign currency amount the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

(j) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(k) Tax

The charity is an exempt charity within the meaning of schedule 3 of the Charities Act 2011 and is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes.

(l) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 FUNDS

These accounts include four categories of fund within the general headings of restricted and unrestricted.

Restricted Funds may be used for specific purposes and may not be used by the charity for any other purposes, without the prior consent of the donor.

Expendable endowment is a fund where the donor wishes income to be used for limited charitable purposes. The Trustees have power to convert the fund to income. This is also a restricted fund.

Unrestricted funds are expendable at the discretion of the Trustees who have designated funds which are earmarked for particular projects. Such designation is not a binding restriction - the Council can redesignate such money if they consider it appropriate.

Fixed Assets fund is an amount equal to the net value of functional fixed assets. This is treated as an unrestricted fund.

3 RESERVES

Unrestricted reserves are needed:

a) to provide funds which can be designated to specific projects to enable these projects to be undertaken at short notice, and

b) to cover administration, fund-raising and support costs without which the charity could not function.

The Trustees consider it prudent that other funds within unrestricted reserves excluding designated and fixed asset replacement should be sufficient to cover six months administration, fund-raising, governance and support costs.

Other unrestricted reserves as defined above currently equate to the minimum considered prudent.

The level of reserves is monitored and reviewed by the Trustees three times a year.

4 CAPITAL COMMITMENTS AND FINANCIAL LEASES

There were no capital commitments at the year end. There were no material commitments in respect of financial leases.

5 INVESTMENT POLICY

The Foundation's policy is to invest with careful consideration of the following:

a)	**SECURITY**	The need to avoid incurring losses and to take into account what level of risk is acceptable.
b)	**REALISABILITY**	The need for easy and speedy realisation without incurring material loss.
c)	**PERIOD OF INVESTMENT**	The minimum period for which the investment can be made before proceeds are required.
d)	**ETHICAL**	Need to avoid unethical investment.

e) INCOME FROM INVESTMENTS

	2025	*2024*
	£	*£*
Bank and deposit interest	**42,213**	**38,164**
	42,213	**38,164**

6 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	Total Funds	Prior Year Total Funds
Gift Aided Donations	77,012	81,635	-	**158,647**	**216,700**
Legacies	193,828	34,167	-	**227,995**	**210,271**
Other Donations	205,622	1,558,661	-	**1,764,283**	**1,782,268**
Sub-total	**476,462**	**1,674,463**	**-**	**2,150,925**	**2,209,239**
Gifts in Kind	-	-	-	**-**	**-**
	476,462	1,674,463	-	**2,150,925**	**2,209,239**

7 INCOME FROM CHARITABLE ACTIVITIES

	2025	*2024*
	£	*£*
Rotary	**1,250**	**9,151**
Lunch Club	**25,250**	**27,243**
	26,500	**36,394**

8 EXPENDITURE ON RAISING FUNDS

	£	**£**
Staff Costs	**94,738**	**81,935**
Other Costs	**22,524**	**27,273**
	117,262	**109,208**

9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	**2025**	*2024*
	£	£		**£**	*£*
Bangladesh	44,567	383,107	21,734	**449,408**	**380,560**
Cambodia	66,012	62,094	-	**128,106**	**128,408**
Kenya	34,235	6,249	-	**40,484**	**72,340**
India		367,011	-	**367,011**	**588,887**
Nepal	18,456	152,056	46,150	**216,662**	**242,679**
Africa (other)	-	60,551	-	**60,551**	**57,055**
Zanzibar	-	160,876	-	**160,876**	**159,124**
Pakistan	9,988	9,092	-	**19,080**	**25,174**
Sri Lanka	11,000	-	-	**11,000**	**-**
International		6,169		**6,169**	**-**
United Kingdom	-	8,278	-	**8,278**	**20,618**
	184,258	1,215,483	67,884	**1,467,625**	**1,674,845**
Support Costs	141,156	112,036	-	**253,192**	**252,127**
	325,414	**1,327,519**	**67,884**	**1,720,817**	**1,926,972**

Support Costs are further analysed	Note	Staff	Other	Total Expenditure **2025**	*2024*
				£	*£*
International Research		19,401	2,455	**21,856**	**24,333**
International		104,435	25,685	**130,120**	**124,646**
United Kingdom		24,873	5,364	**30,237**	**33,135**
Administration		46,336	9,384	**55,720**	**54,458**
Governance Costs	10	6,540	8,719	**15,259**	**15,555**
		201,585	51,607	**253,192**	**252,127**

10 GOVERNANCE COSTS

	2025	*2024*
	£	*£*
Audit	**5,202**	**5,124**
Staff Costs	**6,540**	**6,562**
Other	**3,517**	**3,869**
	15,259	**15,555**

11 TANGIBLE FIXED ASSETS

	Freehold Land and Buildings	Computers other equip.	Total
Cost	£	£	£
At 01.04.24	167,725	16,783	**184,508**
Additions during year	-	-	**-**
At 31.03.25	167,725	16,783	**184,508**
Depreciation			
At 01.04.24	61,476	12,683	**74,159**
Charge for year	2,754	2,051	**4,805**
At 31.03.25	64,230	14,734	**78,964**
Net Book Value			
At 31.03.25	103,495	2,049	**105,544**
At 31.03.24	*106,249*	*4,100*	*110,349*

12 DEBTORS

	2025	*2024*
	£	**£**
Accrued Interest	**26,204**	**25,093**
Income tax recoverable	**1,702**	**6,096**
	27,906	**31,189**

13 CREDITORS - amounts falling due within one year

	2025	*2024*
	£	*£*
Tax and social security	**6,627**	**6,090**
Accruals	**4,475**	**4,475**
	11,102	**10,565**

14 EMPLOYEES

		2025	*2024*
The average number of persons employed by the Foundation was:	Full time employees	**3**	**3**
	Part time employees	**5**	**5**
		8	**8**

Staff costs during the year were as follows:-

Salaries and wages	**246,414**	**230,934**
Social Security costs	**18,963**	**17,196**
Pension contributions	**30,946**	**29,533**
	296,323	**277,663**

One employee received emoluments including pension contributions totalling more than £70,000

15 DIRECTORS / TRUSTEES and RELATED PARTY TRANSACTIONS

There were fifteen trustees, all of whom are members of the Executive Council and none of whom receive any remuneration from the Foundation.

Trustees did not claim reimbursement for expenses
During the year the Trustees donated a total of £6,539.

16 AUDITOR'S REMUNERATION

The auditor's remuneration for audit work was £3,600 (2024- £2,670).

17 FUND MOVEMENT

	RESTRICTED		**UNRESTRICTED**		**RESERVES**	
	Expendable Endowment	Other	Fixed Asset	Designated	General	**Total 2025**
At 01.04.24	931,887	594,560	110,350	141,391	180,667	**1,958,855**
Income and Endowments	21,734	1,687,048	-	-	510,855	**2,219,637**
Expenditure	(67,885)	(1,327,519)	-	(243,939)	(198,736)	**(1,838,079)**
Other - Designated	-	-	-	295,000	(295,000)	**-**
Asset replacement	-	-	(4,805)	-	4,805	**-**
At 31.03.25	885,736	954,089	105,545	192,452	202,591	2,340,413

18 ASSETS AND LIABILITIES SPLIT BY FUND

	RESTRICTED		UNRESTRICTED		RESERVES	
	Expendable Endowment	Other	Fixed Asset	Designated	General	Total 2025
Fixed assets	-	-	105,545	-	-	**105,545**
Current assets	885,736	954,089	-	192,452	213,693	**2,245,970**
Current Liabilities	-	-	-	-	(11,102)	**(11,102)**
Fund Balances	885,736	954,089	105,545	192,452	202,591	**2,340,413**

19 RESTRICTED FUNDS

	Balance 01.04.24	**Increase**	**Decrease**	**Balance 31.03.25**
Bangladesh				
Riverboat Hospital and Prevention Projec	2,091	**207,776**	**198,591**	**11,276**
General	-	**47,985**	**47,985**	**-**
Nurses Institute	3,646	**10,744**	**9,133**	**5,257**
Community Health Care Centre	183	**20,850**	**21,033**	**-**
Equipment	142	**250**	**142**	**250**
Water Appeal	379		**379**	**-**
Floods Disaster Appeal	-	**67,513**	**67,513**	**-**
Cambodia				
General	-	**91,812**	**91,812**	**-**
Lake Clinic	1,922	**7,500**	**9,422**	**-**
Lake Clinic Mental Health	2,813	**-**	**2,813**	**-**
East Africa				
Disability Prevention	701	**48,146**	**48,847**	**-**
Tumaini Children's Charity	31	**375**	**-**	**406**
Water Projects	-	**457**	**457**	**-**
India				
Disability Prevention Bhavnagar	150	**16,988**	**17,138**	**-**
Integrated Project Pune	7,673	**750**	**8,423**	**-**
Lifeline Express Hospital Train	286,441	**650,232**	**303,591**	**633,082**
General	-	**1,200**	**1,200**	**-**
Pakistan				
Safer Motherhood	-	**10,488**	**10,488**	**-**

RESTRICTED FUNDS - Cont.

Nepal				
General	-	**119,933**	**119,933**	**-**
Rautahat - Safer Motherhood	-	**33,000**	**33,000**	**-**
Far West Ear Project	-	**46,150**	**46,150**	**-**
Africa				
Africa General	276	**10,654**	**10,930**	**-**
Katoke		**7,750**	**-**	**7,750**
Africa Fistula	38	**50,038**	**50,076**	**-**
Zanzibar				
General	-	**198,398**	**189,253**	**9,145**
School For Deaf Children	1,709	**-**	**1,709**	**-**
Sri Lanka				
General	-	**5,000**	**5,000**	**-**
International				
General	354	**10,861**	**11,215**	**-**
Eye Care	57,445	**36,431**	**-**	**93,876**
Give Once Help Twice Appeal	-	**14,407**	**-**	**14,407**
Double the Impact Appeal	213,413	**213,981**	**262,575**	**164,819**
United Kingdom				
Tasty Team Project	15,153	**13,073**	**14,405**	**13,821**
	594,560	1,942,742	1,583,213	954,089

All the above balances are held in cash.

20 DESIGNATED FUNDS

	Balance 01.04.24	Designated during year	Expended during year	Balance 31.03.25
Bangladesh				
Riverboat Hospital & Prevention Project	-	-	-	-
General	43,235	**40,000**	**44,567**	**38,668**
Cambodia				
General	17,086	**62,000**	**64,168**	**14,918**
East Africa				
Water projects	107	-	**107**	-
Disability Prevention Project	-	**67,000**	**43,876**	**23,124**
Nepal				
General	15,002	**40,000**	**26,718**	**28,284**
Pakistan				
Safer Motherhood	7,762	**18,000**	**10,762**	**15,000**
Sri Lanka				
Clinics	1,692	**10,000**	**5,500**	**6,192**
Zanzibar				
General	1,513	-	-	**1,513**
International				
General	4,994	**64,000**	**23,241**	**45,753**
Contingency Fund	50,000	-	**31,000**	**19,000**
	141,391	301,000	249,939	192,452

All of the above funds are held in cash.

21 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025	*2024*
	£	*£*
Net movement in funds	381,559	247,617
Adjustments for :		
Depreciation charges /(purchase fixed assets)	4,805	4,805
Interest from investments	(42,213)	(38,164)
(Increase) / decrease in debtors	3,282	(12,236)
Increase / (decrease) in creditors	537	(249)
Net cash used in operating activities	347,970	201,773

Together we make so much possible

The work you have read about in this report is only made possible by the generosity of our supporters. We urgently needed to continue and expand our projects so that even more people benefit in the coming years. Please send us a donation using the Gift Form provided. Alternatively, telephone 01444 457080 or visit our website to make your gift. **Thank you.**



Increase your gift at no extra cost

giftaid it

UK taxpayers can add more to their gift without it costing them an extra penny. Please tick the Gift Aid box on the Gift Form, return it to us and we will do the rest. This will also enable us to claim Gift Aid on donations you have made to IMPACT in the past four years. Higher rate taxpayers can benefit from additional tax relief on their gifts which can be claimed via their self-assessment tax return or by asking HMRC to change their tax code.

Regular giving

Setting up a standing order using the regular giving form makes supporting IMPACT's work simple and knowing that we can depend on regular gifts enables us to implement long-term projects. Ticking the Gift Aid box on the Gift Form means we can reclaim tax on your generous donations too.

Legacies

Remembering IMPACT in your will gives a gift to future generations. Donations to charity are currently free of inheritance tax which can help to reduce the tax burden on your estate. Our special leaflet provides more details and is available upon request or online: **www. IMPACT.org.uk/wills/**

Shares

Tax relief is available on gifts of shares.

Fundraising events and Gifts in Memory

It is simple to support IMPACT using Just Giving, an online service which enables fundraisers to set up dedicated pages for their event or to collect gifts in memory of a loved one by debit or credit card. Please visit www.JustGiving.com/impactfoundation

Further information

Please visit our website at www.IMPACT.org.uk. We publish regular newsletters and reviews and you can sign up for them online. You can also follow us on **X (formerly Twitter)** @IMPACT_UK_
Facebook www.facebook.com/IMPACTFoundationUK and **Instagram** @impactfoundation_uk

Please contact us

We are only a telephone call away on **01444 457080** and would love to hear from you.

IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK
Email: impact@impact.org.uk
Charity Number: 290992 in England and Wales
Company Number: 1878297

Registered with FUNDRAISING REGULATOR

Make your IMPACT!



£25 Could establish a garden to feed another family



£48 Could help restore sight, hearing or mobility; or repair another child's cleft lip



£275 Could provide treatment to straighten a child's clubfoot



£1,700 Could bring clean water to another community

I would like to support IMPACT's work with a gift of:

£

Thank you. Your gift today will prevent disability tomorrow

☐ I enclose a cheque or postal order payable to IMPACT Foundation
Or please charge my Master/Visa/CAF card.

☐ VISA ☐ MasterCard ☐ CAF

You can also call us with your credit card details on 01444 457080

16-digit Card Number:

Issue Date: Expiry Date:

Security Code: Tel No:

giftaid it *Boost your donation by 25p of Gift Aid for every £1 you donate*

☐ I wish IMPACT Foundation to treat all gifts in the last four years, this gift and all future gifts as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Gift Aid is reclaimed by IMPACT Foundation from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Name: (Mr/Mrs/Miss/Ms)

Address:

Postcode:

Signature: Date:

Email:

Please notify us if you:
- Want to cancel this declaration
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains.

Please return this form to:
IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

REGULAR GIVING FORM

1) I would like to make a lasting difference to IMPACT's work with regular gifts. Please instruct my Bank Manager at:

Bank:

Branch Address:

Postcode:

Sort Code: Account

2) To pay IMPACT Foundation (Sort Code: 20-49-76, Account No. 60171913)

£ Each Month / Quarter / Year (please circle one)

Or (if you already make regular gifts to IMPACT direct from your bank account) to increase my gift to

£ Each Month / Quarter / Year (please circle one)

3) I wish my gifts to begin on and continue until further notice (Date)

4) Signed:

Name: (Mr./Mrs./Miss./Ms.)

Address:

Postcode:

PLEASE RETURN TO IMPACT. If you would also like IMPACT to reclaim Gift Aid on these gifts, please complete your name and address and tick the Gift Aid box on the form above and send both forms to: Mrs Judi Stagg, IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

Thank You

IMPACT is a Registered Charity, number 290992

IMPACT Gift Tokens

IMPACT's unique range of gift tokens make a heart-warming gift and can be personalised and sent directly to your loved ones. Visit our website to see the full range - www.IMPACT.org.uk

Our letterbox gifts; reusable water bottles; cotton bags; and tea towels are also available to purchase, with every sale supporting IMPACT's work.





IMPACT
Preventing needless disability. Transforming lives.

IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK
Tel: 01444 457080 Email: impact@impact.org.uk Website: www.IMPACT.org.uk
@IMPACT_UK_ IMPACTFoundationUK
impactfoundation_uk @impactuk.bsky.social
Registered charity number: 290992 Company number: 01878297

IMPACT FOUNDATION

England & Wales - Charity number 290992

Accounts

IMPACT

Preventing needless disability. Transforming lives.



2023–24

Annual Report and Accounts

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» Foundation information

Honorary President Lady Wilson, OBE, FRCOphth (Hon)

Trustees who are Directors:

Chair Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCGP
Vice-Chair Michael O'Connell, MB, BS, BSc, MPhil, FRCS (Otol), FRCS (Orl) (appointed 29.11.23)
Honorary Treasurer / Company Secretary Peter Simons BBS MBA FCMA

Nicholas Astbury FRCS, FRCOphth, FRCP
Keith Barnard-Jones, MBBS, MRCS, LRCP, D.Obst.RCOG, MRCGP
Gordon Bennett, LL.B (Hons), LL.M, Dip Int Law
Claire Hicks, MBE
Robin d'O. Hope
David Jameson Evans, FRCS, FRCS (C)
Lucinda Meagher (appointed 18.01.24)
Sal Rassam MB BCh BAO LRCSI LRCPI DTM, DO MD FRCOphth
John Scott (retired 13.07.23)
Vinit Shah, MBBS, MRCP, FRCPCH
David Walker, CMG, CVO
Peter Webster, MA, FCA

Staff Team:

Co-Chief Executive Sarah Smith
Co-Chief Executive Pascale Noel
Special Advisor Judi Stagg (retired 31.12.23)
Finance Manager Tessa Brown
Fundraising Manager Jackson Medlow
Office Manager Julia Nottingham
Development Manager Lisa Waller
UK Programme Co-ordinator Rosie Wiltshire

Advisory Council:

Cecilia Anim CBE, FRSA FRCN
Cassie Lawn MB BS DRCOG MRCGP MRCP FRCPCH
John Mowbray KC
Lady Prance
Christina Rogers MB BS BS MRCPsych
John Scott
Colin Somerville MA, CA
Elizabeth Somerville
Judi Stagg PHF
Rob West

Registered Office:

151 Western Road
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West Sussex
RH16 3LH
Telephone: 01444 457080
Email: impact@impact.org.uk

Auditors:

Carter Nicholls
Victoria House
Stanbridge Park
Staplefield Lane
Staplefield, Haywards Heath
West Sussex RH17 6AS

Bankers:

Barclays Bank plc
77 South Road
Haywards Heath
West Sussex
RH16 4LB

Legal Advisors:

Colemans Solicitors
Paddockhall Chambers
Paddockhall Road
Haywards Heath
West Sussex RH16 1HF

Charity Number: 290992
Company Number: 1878297
The IMPACT Foundation is a registered charity in England and Wales and a company without share capital limited by guarantee

» Trustees' annual report

(Incorporating the Directors' Report)

A message from our Chair

April 2024 saw the 25th anniversary of the Jibon Tari, IMPACT Foundation Bangladesh's floating hospital. During its quarter of a century of service, this remarkable boat has provided medical care to hundreds of thousands of Bangladesh's most marginalised people in rural riverine areas where surgery and healthcare is very hard to come by. Restoring sight, hearing and mobility puts people back on the path to productivity and independence, so poverty is reduced too.

We congratulate IMPACT Bangladesh and the tireless staff of the Jibon Tari, who work in often uncomfortable conditions, and we look forward to supporting them in the future.



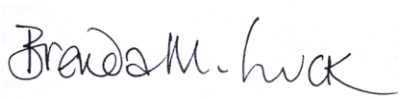
October 2023 Brenda visited IMPACT Nepal's projects at her own expense. Brenda is a retired GP. Pictured here with long-standing IMPACT Nepal health worker, Sarita Srirastav

The principle of making medical care and health know-how available to those who are not able to reach it or afford it, is also achieved by our local partners in ways appropriate to their local situation. For example, IMPACT Zanzibar takes clinics and surgical camps across its islands; IMPACT Nepal runs mobile surgical camps and has fixed facilities in remote parts of the country; IMPACT India Foundation has its famous Lifeline Express hospital train. And not forgetting IMPACT UK's Tasty Team who are busy sharing ways to improve nutrition on a limited budget.

Children's health has been a key focus for us this year and we are delighted that our 'Double the IMPACT' Children's Healthcare Matched Funding Appeal exceeded all expectations in raising almost £650,000. This will provide medical care to more than 320,000 children in seven countries of Africa and Asia in the coming two years. Our thanks to all who contributed.

It is almost 40 years since Sir John and Lady Wilson founded IMPACT in the UK and partnered with like-minded people around the world to establish a family of IMPACT Foundations which continue to work towards their vision of a world without needless disability.

We are immensely grateful to you, our donors, for your support, without which none of the cost-effective and practical action described in this report would be possible.



Dr Brenda Luck
Chair, IMPACT Foundation UK
27th April 2024

Making an IMPACT – how & why

Where we work



AFRICA
Ethiopia
Kenya
South Sudan
Tanzania
Zanzibar

ASIA
Bangladesh
Cambodia
India
Nepal
Pakistan
Sri Lanka

EUROPE
The UK
Norway
Switzerland
(raise money to support implementing partners in Africa and Asia)

Why we are needed

15% of the world's peop live with a disability

80% live in lower-income countries

1/3 are children

Many people are not born with a disability and live unnecessarily with a condition which could have been prevented or could be reversed

How IMPACT began

Needless disability is inextricably linked with poverty. The late Sir John Wilson (who was blind himself) founded IMPACT in the early 1980s as a means of sharing knowledge and supporting communities in rural Africa and Asia to prevent disabling conditions using practical, low-cost methods. Sir John worked with local people, such as surgeons, to establish multiple autonomous national IMPACTs - most of them in countries of the global south. IMPACT's projects are straightforward, cost-effective and focus on community-led development to ensure that projects meet real needs and create long-lasting change.



Sir John Wilson, supported by his wife Lady Wilson and daughter Claire Hicks, applied his experience of blindness prevention in Africa and Asia to other needless disabilities around the world

Breaking the poverty cycle

People with disabilities often rank among the very poorest in society and lack equal opportunities to education or employment; many are kept in poverty by discrimination. IMPACT's work to prevent and treat needless disability therefore makes a vital contribution to the alleviation of poverty.

» IMPACT's vision of a world free from needless disability

We believe that no one should become or remain needlessly disabled through disease, lack of knowledge or shortage of medical services.

More than a billion people worldwide live with disability. Many of them have conditions that could have been prevented entirely or mitigated with timely access to appropriate medical or healthcare. Disabling conditions such as sight or hearing loss, impaired mobility or cognitive development can place obstacles on living daily life and create barriers between people.

A perpetual cycle of needless disability and poverty is clear. Those in the most impoverished communities often have least access to preventative medical services while people with disabilities may encounter discrimination and barriers to employment and education, blocking their path to financial stability. By working towards the reduction of needless disability, IMPACT is also tackling poverty head-on, and helping to foster a more equitable global society.

At the heart of our approach lies the conviction that local partners – in direct consultation with beneficiaries – are best placed to identify needs and to devise culturally appropriate, cost-effective solutions. IMPACT UK serves as an ally, aiding the implementation of these projects with funding and support, and encouraging international collaboration.

In addition to delivery of medical services, we invest in training and equipment for local healthcare providers, from doctors and surgeons to nurses and community health workers, so they have the skills and tools to perform their jobs to the highest standards. And at the grassroots level, we support the sharing of knowledge and information about health and wellbeing within communities so that people have agency and can make informed decisions. This approach aims to create sustainable change.

"If the people cannot come to the hospital, then the hospital must go to them"
Zelma Lazurus, late founding Director of IMPACT India Foundation



2023/24
IMPACT UK helped take IMPACT India Foundation's hospital train to two new locations

Our priorities for ACTION!

IMPACT has worked with 13 local partners in 11 countries of Africa and Asia during 2023-24, as well as running a successful healthy nutrition programme 'The Tasty Team' in our local Sussex communities. We have a long-standing relationship with each of our autonomous overseas partners and we are all guided by the same aim of preventing and treating needless disability through our six shared priorities for action:



ACCESSIBLE SURGERY

Medical teams operate to restore sight, hearing or mobility – or to treat other disabling conditions and injuries, often taking surgery into remote areas using mobile hospitals



EARLY IDENTIFICATION, TREATMENT & REHABILITATION

Local health workers and community leaders check people for the early signs of needless disability and ensure they receive timely medical care. They also provide physiotherapy and assistive devices such as spectacles, hearing aids and prostheses to aid rehabilitation and increase independence



SAFER MOTHERHOOD & CHILD SURVIVAL

Medical support, straightforward monitoring and interventions such as vaccinations and improving nutrition help to keep women and their babies safe, healthy and injury-free during pregnancy, childbirth and infancy



SAFE WATER & SANITATION

Access to safe water and sanitation underpins good health and therefore everything else that IMPACT does, so we support the installation of clean water sources, handwashing stations and toilets and the sharing of information about hygiene and sanitation



ENDING MALNUTRITION

Malnutrition is associated with visual and cognitive impairment, as well as increasing the risks during pregnancy, and compromising immunity so we help people to prevent deficiencies in cost-effective and sustainable ways



HEALTH EDUCATION & TRAINING

Skills and knowledge are shared within communities so people can take action to protect the health of themselves and their families. We train local medical practitioners including health workers, nurses and surgeons, which is an investment in long-term health care delivery

How we made an IMPACT this year

873,624 people

worldwide benefited from IMPACT's projects to prevent and treat needless disability



10,046 operations

to restore or repair sight, hearing, mobility, fistula, hydrocephalus and cleft lip



60,208

people benefited from improved nutrition

thanks to action such as home gardening and micronutrient supplementation



24,170

aids & appliances

were distributed, including hearing and mobility aids, and spectacles

33,007 people benefited from

clean water sources & improved sanitation

37,892

mothers & babies

received pre and post-natal care



744

Traditional Birth Attendants & midwives received further training

16 medical facilities

upgraded / provided with equipment



72,000

women regularly participated in IMPACT Mothers' Club

1,000+

Volunteers worldwide

made IMPACT's work possible



82%

of adults who took part in our UK Tasty Team activities reported positive changes to their eating habits

THANK YOU

To everyone who has so generously supported our work this year

Behind every statistic is a real person who will have their own story to tell of how IMPACT's work has changed their life. From mothers giving birth in the safety of a clean, well-equipped medical facility which means their baby has a greater chance of being born alive and well, to health workers who thanks to modern and appropriate equipment feel more professional and competent in their roles.

"I faced many health issues in early pregnancy. IMPACT Nepal supported me to tackle these problems and learn how to bring changes in my health. They also supported my family, and I am happy for getting so much love and care"
Rinki (19)



How each country programme contributes to our shared objectives

Country	Accessible surgery	Early identification, treatment & rehabilitation	Safer motherhood & child survival	Safe water & sanitation	Ending Malnutrition	Health education & training
Bangladesh	✓	✓	✓	✓	✓	✓
Cambodia	✓	✓	✓	✓	✓	✓
India	✓	✓			✓	✓
Kenya	✓	✓	✓	✓	✓	✓
Nepal	✓	✓	✓	✓	✓	✓
Pakistan		✓	✓		✓	✓
Sri Lanka		✓				
Tanzania (+ Ethiopia and South Sudan)	✓	✓	✓		✓	✓
The UK					✓	✓
Zanzibar	✓	✓	✓	✓	✓	✓

» The public benefit of our work

IMPACT's work makes a clear and valuable contribution to the public benefit and Trustees have due regard to the Charity Commission's public benefit guidance when exercising any powers and duties to which the guidance is relevant. The rest of this report will demonstrate this in more detail.

» Performance

It has been another inspiring and effective year for IMPACT UK and our autonomous partners around the world during which our funding has supported projects reaching almost 875,000 people in a multitude of ways.

This represents an increase of 27% programme beneficiaries on Financial Year 2022/23. Or, to put it in human terms, this year an additional 185,620 adults and children have benefited from our action to prevent and treat needless disability from undergoing surgery to restore their sight, hearing or mobility, to learning how to grow nutritious vegetables which can prevent conditions such as Vitamin A deficiency – the biggest cause of avoidable child blindness globally, affecting 5-10 million children annually.

Each intervention we have carried out is potentially life-changing and can provide hope and opportunity to people who have few resources and are among the most marginalised in society. Many of them face a daily challenge to meet their basic needs.

Our international action restores to health and independence people who are already experiencing the effects of impairment, and for others who are at risk of developing a needlessly disabling condition, throws a safety net around them by providing access to essential medical care, safe water, sanitation, information and skills that they can use to help themselves.

We always seek to implement more than one initiative in our target communities since this multiplies the beneficial outcomes many times over and makes the greatest difference to people's lives. For instance, having access to safe water is extremely important but accessible safe water plus hygiene education ensures that people understand the reason for using the safe water source and not simply the nearest water source.

Add in sanitary latrines, helping people to grow vegetables, building local health infrastructure, medical screening and treatment clinics, maternity care, and accessible surgery and it is easy to see the multiplier effect of IMPACT's work by touching many aspects of someone's life. As a result of improved health, poverty is alleviated for individuals and communities.

IMPACT is also distinctive from many other organisations because we proactively 'take the hospital to the people'. Innovations such as IMPACT Foundation Bangladesh's Jibon Tari floating hospital and IMPACT India Foundation's Lifeline Express hospital train, along with a host of mobile clinics on buses and in four-wheel drive vehicles ensure that medical care is taken into the heart of remote rural areas where people may not have the ability to travel to urban centres and in some extreme cases, may not even realise that their condition can be medically treated. It is often news that needless disability need not be an inevitable fact of life.

In addition to our 'Tasty Team' project to promote healthy nutrition for vulnerable groups in West Sussex, IMPACT UK has supported 13 partners working in 11 countries of east Africa, south-east Asia and southern Asia to achieve the following:

Overall activity:

Action within our ongoing programme	2023–24	2022–23
People examined and provided with treatment	453,469	282,097
Operations to restore sight, mobility or hearing, or to treat cleft lip, fistula and hydrocephalus etc....	10,046	9,352
Immunisation against disabling disease (including activities to support Government vaccination programmes)	10,267	11,624
Mothers and babies receiving pre and post-natal care	37,892	19,617
Combatting malnutrition, including home garden and micronutrient supplement beneficiaries	60,208	64,661
Health professionals and community volunteers trained	2,048	3,512
People participating in health education or otherwise supported within their communities	242,517	211,762
People benefiting from safe water and improved sanitation	33,007	46,900
Assistive devices given (hearing aids/orthotics/prostheses etc.)	24,170	25,276
Medical facilities upgraded / provided with equipment	16	7
Other emergency relief		
Flooding relief and rebuilding, Pakistan	N/A	Emergency food, clothing and other necessities plus medical care was provided to 12,693 people 102 brick homes and 46 small washrooms (WCs) built for 510 people made homeless

A more detailed description of these activities, broken down by country, can be found later in this report.

The table above gives a 'snapshot' of what has been achieved directly this year however, IMPACT's focus is always on sustainability and long-term benefits so it is important to note that the infrastructure we have built and the training we have provided this year will continue to benefit thousands of people in the coming years. Likewise, infrastructure and training that we made possible in previous years continues to help significant numbers of people who are not included in the figures above. For example, rainwater harvesting systems installed in Kenyan schools last year ensured students had water to meet their needs after the rainy season this year (and will for more years to come).

However, a decrease in numbers can sometimes be positive. For example, in the school health project in Zanzibar, the medical team are providing treatment for fewer and fewer children, and this is because the other

work carried out by IMPACT Zanzibar is improving health to such an extent that children no longer need medical interventions!

Notable successes this year include a 93% increase (on FY 2022-23) in the beneficiaries of maternity care to keep mothers and babies safe during pregnancy, childbirth and the postpartum period, and a 61% increase in the number of people receiving primary medical care through our screening and treatment clinics and school health teams. In addition, we have built local infrastructure in 129% more medical facilities this year than last, by investing in buildings or equipment. The positive consequences of this action will endure for years.

The number of people benefiting from our WASH (water, sanitation and hygiene) activities is almost 30% lower than in 2022/23 and this is because last year we supported IMPACT Cambodia to install wells in two Health Centres in Banteay Meanchey Province which are used by many thousands of people. Of course, these wells have continued to provide water for thousands of people again this year, but they have not been counted in our figures for 2023/24.

We have provided training to 42% fewer health professionals and community volunteers this year which is largely attributable to a big push to train volunteer school health monitors in Kenya last year.

Aside from the activities above, work to achieve our priorities has remained fairly stable with variance of +/- 15%.

Monitoring the impact of our support is a crucial and ongoing process. Our reliable local partners provide regular reports on the projects we collaborate on, while independent evaluations and programme visits by representatives from IMPACT UK add further layers of oversight. We recognise that every donation establishes a bond of trust, and we are committed to ensuring that these funds are utilised effectively and transparently on behalf of our supporters.

IMPACT UK is funded entirely through voluntary contributions, and we deeply appreciate each and every donation. Without this generous support, none of the work detailed in this report would be possible.

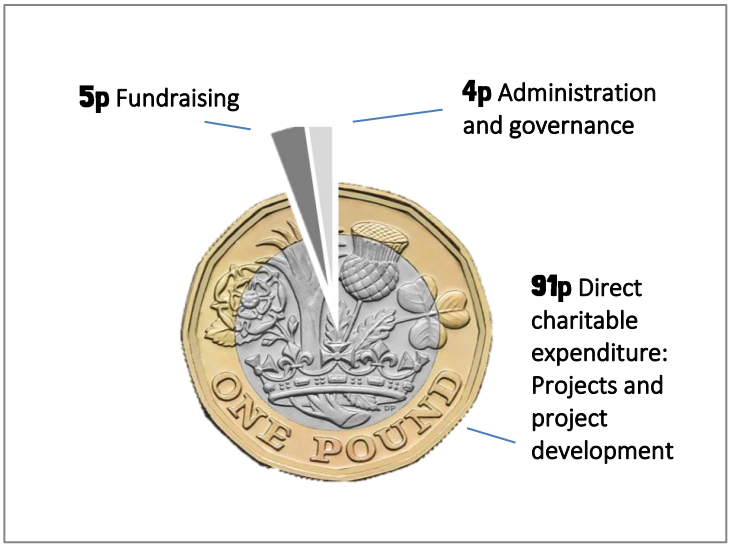
Every year we aim to raise at least £1.5 million to fulfil our commitments to partners, cover our modest operating costs, and address one-off projects or equipment needs as they arise. This year, our income totals £2,283,797. It is an increase of 8.35% on FY 2022-23.

Expenditure was £2,036,179 (a decrease of 15.5% on FY 2022-23) and this was mainly because we sent less this year to our partners in Pakistan and Bangladesh than the exceptional year before – for example, in 2022-23 IMPACT Pakistan was responding to a devastating flooding emergency and IMPACT Foundation Bangladesh was constructing the new Nursing and Midwifery Institute building and equipping its modern hospital in Chuadanga.

We aim to spend a minimum of 90 pence in every £1 on direct charitable purposes (projects and project development). This year we spent 91 pence, which is slightly down on the 93 pence spent in 2022-23 (accounted for by an exceptional year of spending on projects in Bangladesh and Pakistan). Of the remaining nine pence, five pence was used to drive our fundraising (which is an investment in raising even more income) and four pence was used on Governance and Administration (which is an investment in ensuring the organisation is well run and meets high operating standards).

More detailed information about our financial performance can be found later in this report in the 'Financial Review and Policies' section on page 34.

2023/24 – How every £1 was invested



The scale of avoidable disability and the effect on people's lives means we are always ambitious to do more to prevent and treat it. Last year we set ourselves 14 goals – 'Looking to the Future' on page 33 and our encouraging progress towards meeting them is detailed below:

Goal	Achievement
Further expand the school-based safe water and menstrual hygiene work we have been developing with IMPACT Foundation Bangladesh in Chuadanga and Meherpur districts	Building on previous action to upgrade school toilets to ensure privacy, this year we have supported menstrual hygiene education and sanitary kits for 1,241 students at schools in Chuadanga and Meherpur. We have also funded essential maintenance for 21 SIDKO water treatment plants (most of which are located in schools) and trained local people to maintain these facilities going forward.
Build the infrastructure, and therefore capacity, of more health centres and hospitals in remote and underserved areas	We have built the capacity of – or created anew - 16 facilities this year. This includes the provision of medical equipment, new mobile clinics, vehicles, and safe water supplies as well as maintenance and upgrading of physical infrastructure (e.g. the carriages of IMPACT India Foundation's Lifeline Express hospital train). This will improve the quality of the services our partners provide and enable them to reach more people and more remote places. Investing in capital items safeguards our work for the future.
Fund even more specialised treatment and / or operations for people living with a variety of needlessly disabling conditions whenever funds and specialist surgeons are available	We have raised funds to enable operations for 30 young children with hydrocephalus in Bangladesh and 46 women with obstetric fistula or other birth injuries in Ethiopia and South Sudan. Surgery to treat eye, ENT and mobility impairments and conditions such as cleft lip are carried out throughout our international programme of action.
Support three projects of IMPACT India Foundation's award-winning Lifeline Express hospital train during which approximately 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery	We supported two projects of the Lifeline Express hospital train – in Latehar, Jharkhand State and Muzzaffarpur, Bihar State during which 26,638 people benefitted. 1,234 people were provided with surgery. Instead of a third project, our support was redirected towards an extensive overhaul of the fabric of the Lifeline Express including essential maintenance for the exterior and the kitchen; and upgrading and equipping the operating theatre, pathology laboratory, and gynaecology and dental clinics. We felt this was a judicious use of our support as it ensured the future of the Lifeline Express hospital train and the safety of those using it.
Assist the new IMPACT Foundation Bangladesh hospital in Chuadanga to meet the need for new equipment and other support	This year, our support focused on helping IFB to establish a much-needed Neonatal Intensive Care Unit (NICU) which is available to provide emergency medical care to any of the approximately 400 babies born per year at the hospital who might need it. Pre-term and low birth weight babies are common in the area due to conditions associated with poverty, and prior to the NICU opening at IFB's hospital in Chuadanga, had to be transported to Dhaka or Khulna, which reduced infants' chances of survival and could not usually be afforded by parents. Equipment provided includes incubators, baby warming machines, a mechanical ventilator, nebulisers, patient monitors, an intubation set, and foetal dopplers.
Fund essential running costs for the ZOP Academy in Zanzibar, which provides specialist	IMPACT UK funded the running costs of the ZOP Academy for the benefit of 20 hearing impaired children attending the school for intensive specialist education this year. It is unlikely that any of the

education and opportunities to hearing impaired children who might otherwise never go to school	students would be able to attend mainstream schooling at the point of entry to the ZOP Academy – although the goal is to prepare them to join mainstream education in due course – and would probably have been kept at home, with little means for social interaction or hope of an independent life as they grew older.
Purchase motorbikes for health workers in Zanzibar to provide health screening in schools and purchase and equip a mobile clinic in Zanzibar to take medical care to underserved communities across the country	We supported IMPACT Zanzibar to purchase three motorbikes to efficiently transport health workers and hope to be able to buy more in the future if funding becomes available for this purpose. IMPACT UK has funded the purchase and re-fit of a new mobile clinic and all the medical equipment it contains to provide screening and treatment services across the country. IMPACT Zanzibar took delivery of this impressive new facility in April 2024 after months of work to convert a truck into a state-of-the-art medical clinic. Our funding has also made possible a bus for the ZOP Academy – the specialist school we support for children with profound hearing impairment. This vehicle is crucial in getting students (who are very young) to attend the school since many live some distance away and their parents are not able to get them there each day.
Provide scholarships for more student nurses in Bangladesh and continue to support the construction of a new academic building for the IMPACT Nursing and Midwifery Institute	We have once again supported the education of 30 young women from the Chuadanga area who have the necessary education to study for a nursing and midwifery qualification, but not the means to pay for it. The construction of the new academic building is progressing well. Thanks to IMPACT UK's 'pump-priming' support for the first two storeys of the building, IFB was able to secure funding to pay for construction of the facility up to its full six storeys. This should be completed in 2025 and will enable an increased annual student intake.
Continue to improve the resources (online and physical) available to volunteers and participants of the Tasty Team project in the UK and explore opportunities to work with more groups of local people to improve their food security, while building lifelong cooking skills and nutrition knowledge	Thanks to a recruitment drive, four new volunteers have been trained and are now helping to deliver the project which means more sessions are being run, we can work with new groups of beneficiaries and more people will benefit. The project is expanding into the Crawley area, which has pockets of real need. Volunteers now have access to an online training course and recipe bank, with recipe cards and video tutorials.
Respond quickly and effectively to emergencies in our project areas should they arise	Thankfully, there have been no emergencies in the areas where we have partners this year.
Create a new multi-year strategy to guide the organisation from 2023	Extensive preparatory work during the summer of 2023 laid the groundwork for a special meeting of Council members, advisory board members, staff and volunteers in November to plan the organisation's strategy for the next five years. The strategy was ratified by Council in March 2024 and will guide our work, with annual reviews, until 2029. It reaffirmed IMPACT's six priorities for practical action and provided a road map to achieve them by focusing on programme development; partnerships; financial resources and fundraising; human resources; and communications and advocacy.

» Bangladesh

IMPACT Foundation Bangladesh (IFB) is one of the foremost NGOs in the country and has a track record stretching back decades. Its flagship project is the Jibon Tari floating hospital. This 290 tonne purpose built barge is home to a bustling hospital, complete with operating theatre, wards, and a training centre for local health workers. It is towed by tugboat down the vast river network that criss-crosses Bangladesh and moors at a riverbank location for 4-6 months during which local people have their sight, hearing and mobility restored by the surgical team. Non-surgical interventions are also provided to reverse or mitigate potentially disabling conditions. For many of those benefiting, no alternative medical care is available.

IFB also runs two modern, well-equipped hospitals in the west of the country, in Chuadanga and Meherpur Districts. These have grown out of 30 years of action to meet the health care needs of people living in local communities, using a low-cost delivery model which prioritises the needs of the most underserved people, including women and children.

Primary healthcare services are taken into remote villages to ensure that no one in need of them misses out. Launched in 2016, the Jibon Jatra mobile medical van takes a team of doctors and nurses who hold screening and treatment camps for eye, gynaecology and orthopaedic conditions. It is fully equipped with an autorefractometer and other tools for diagnosing visual loss and eye disease; equipment to deliver ante- and post-natal care; and a portable physiotherapy machine.

As well as providing surgery, each IFB hospital serves as the hub for an outreach programme taking activities to tackle challenges such as lack of safe water and sanitation, insufficient diets and knowledge about nutrition or reproduction into rural villages and households. A dedicated orthotics and prosthetics centre in Chuadanga makes and fits a variety of mobility aids and provides physiotherapy to restore movement and manage pain.

To date, seven cohorts of students have graduated from IMPACT's Nursing and Midwifery Institute. Of them, 24 are working as Government Senior Staff Nurses and seven are employed as nurses by IMPACT Foundation Bangladesh, to work in its hospitals in Chuadanga, Meherpur and on board the Jibon Tari floating hospital. The new six-storey academic building, the first two storeys of which were funded by IMPACT UK, is under construction and will house the Institute in due course. This project is helping to meet the chronic need for more skilled nurses in Bangladesh and provides career opportunities for young people from underprivileged backgrounds.

Bangladesh has faced periods of extreme and unusual hot weather this year during which schools have been closed and local people have faced additional health challenges.

2023-24 Activities	Target	Achievement
People screened and treated for disabling and other health conditions in Outpatients Departments and clinics in the community	60,000	67,525
People attending health education and awareness sessions to learn how to protect themselves and their families	47,500	70,087
People who benefited from operations to restore their sight, hearing or movement or to ameliorate other disabling conditions	3,320	4,044
People provided with assistive devices and/or physiotherapy	4,200	8,221
Women provided with ante and post natal care including micronutrient supplements (folic acid etc.)	3,100	5,634
Immunisations against infectious diseases and/or Vitamin A to protect eyesight, given to children	4,000	9,680
Traditional Birth Attendants trained and provided with a sterile equipment kit	600	602
Village Mothers' Clubs meeting regularly	900	3,600
Primary school teachers trained to check their students' vision and health	300	301
Children checked by trained teachers	3,000	3,668
Home gardens established to provide families with nutritious fruit and vegetables to eat and the potential to generate income	750	809
Local health workers, rural medical practitioners, NGO workers and community leaders trained to understand and identify needless disability	700	627

Additional achievements…IMPACT UK's support has also:

» Provided specialist equipment to establish the **new Neonatal Intensive Care Unit (NICU)** at IFB's hospital in Chuadanga. It is anticipated that around 400 babies will be born at the hospital each year and any of them could benefit from the NICU if they are born premature or unwell.

» Funded the training of **30** students at IFB's Nursing and Midwifery Institute in Meherpur district, in order to help mitigate a critical shortfall in the profession locally. In addition to these scholarships, we provided uniforms for **18** student nurses in particular financial hardship.

» Enabled specialist brain surgery for **30** more very young children with hydrocephalus.

» Provided **1,241** students with menstrual hygiene education and sanitary kits so that they can manage their monthly cycle safely and with dignity. Menstrual hygiene activities are carried out only in schools where we have previously supported the installation of safe water sources and private toilet blocks. This project will help to minimise monthly absences and ensure girls have uninterrupted access to learning.

» Funded essential maintenance for **21** SIDKO water treatment plants to ensure they can continue to supply safe water for the long-term, and training for **315** community people to manage and maintain the plants in the future.

» Supported IFB in its work to run the Jibon Mela hospital and community-based primary healthcare project in Meherpur district. **26,928** people have been screened and treated for health conditions, **1,329** cataract operations have restored sight, **4,510** people have had physiotherapy and/or an assistive device to improve mobility, **3,459** women have received quality pre and postnatal care including ultrasounds, **1,609** vaccinations have been administered to protect against communicable diseases, and **2,001** women and children received dietary supplements to boost their health and prevent disabling conditions associated with micronutrient malnutrition.

» Given **13** pairs of geese to families who struggled to meet their nutritional requirements. Their eggs provide essential protein in the diet and can also be sold to generate much needed income.

» Provided **3** arsenic filters to households at risk of poisoning from drinking contaminated water.

» A week-long programme of activities was held by IFB to mark the 105th anniversary of the birth of Sir John Wilson, the founder of the IMPACT movement. This included eye screening camps, testing for a variety of medical conditions and an orthopaedic surgcial camp which provided **50** young people with surgery – mostly to treat club foot.



December 2023 A neonatal intensive care unit is established at IFB's hospital in Chuadanga



September 2023 A new cohort of students start at the IMPACT Nursing and Midwifery Institute



November 2023 3-month old Abdullah undergoes brain surgery for hydrocephalus



January 2024 An orthopaedic surgery camp was held in memory of Sir John Wilson



April 2023 The Jibon Tari floating hospital marked its anniversary

Cambodia

IMPACT collaborates with two long-standing partners in Cambodia: IMPACT Cambodia (IC) and The Lake Clinic (TLC).

IMPACT Cambodia

IMPACT Cambodia's programme includes initiatives to safeguard maternal and child health; make ENT screening, treatment, and surgery accessible to more people; improve the health of children in rural schools; increase the accessibility of safe water; and provide care and advocacy for individuals affected by leprosy.

These efforts are concentrated in the provinces of Ratanakiri and Banteay Meanchey, with action also taking place in the capital city, Phnom Penh, and nearby Kandal province.

The disease burden in IC's target areas is largely attributable to the consequences of poverty – where overcrowded living conditions, inadequate sanitation, malnutrition, and low levels of education severely impact people's health and health-seeking behaviour.



June 2023 ENT screening camp in Ratanakiri Province: *"There has never been any organisation that would conduct ENT healthcare for people in Ratanakiri Province before. To be honest, they come once and never come back again. It is very surprising that IMPACT did not give up on this project regardless of the language barriers and the distance of travelling and many other challenging issues"* - Local health worker

Nationally, government efforts have successfully reduced the prevalence of leprosy which has led to it being deprioritised as a public health issue. Consequently, knowledge of its symptoms and the fact it can be cured has diminished, even among health workers. IC supports work to raise awareness of leprosy symptoms, combat stigma, and ensure drug therapy is accessible to those who need it.

Extreme hot weather and bush fires have been a feature of the year, hampering the IC team's ability to travel to project sites, dissuading people from turning out to avail themselves of IC's services, and generally making already challenging living conditions even more difficult for people in the remote and underserved areas where we work. As a result, some of the work planned for this year will now be completed next year.

2023–24 Activities	Target	Achievement
Early identification and treatment		
ENT screening and on the spot treatment (Banteay Meanchey)	300	488
ENT screening and on the spot treatment (Kandal)	300	119
ENT screening and on the spot treatment (Ratanakiri)	300	392
School health programme		
School children ENT screening, on the spot treatment and general hygiene education (Ratakaniri)	450	518
School children ENT screening, on the spot treatment and general hygiene education (Kandal)	300	0
Safe water and sanitation		
Water wells for schools (Banteay Meanchey)	1	0
Beneficiaries	300	0
Water wells for schools* (Ratanakiri)	2	0
Beneficiaries*	600	0
Water filters for families – 1 per family (Banteay Meanchey)	10	0
Beneficiaries	60	0
Water filters for schools - 10 per school (Beanteay Meanchey)	10	0
Beneficiaries	200	0
Water filters for families – 1 per family (Ratanakiri)	10	0
Beneficiaries	60	0
Water filters for schools – 10 per school (Ratanakiri)	20	0
Beneficiaries	400	0

Leprosy programme**		
People with leprosy supported with medical and social care (Banteay Meanchey)	40	24
Community people benefiting from eduation about leprosy (Banteay Meanchey)	3,000	235
People with leprosy supported with medical and social care (Ratanakiri)	40	0
Community people benefiting from eduation about leprosy (Ratanakiri)	3,000	0

*Water wells were actually provided to one primary school and one health centre in Ratanakiri. The health centre had a great need for a new water source to replace its old tube well which could not be repaired. The health centre had resorted to using the well in the local village and was spending around $10-15 per day on water, which it could ill afford.
**10-15 water filters are scheduled to be given to people with leprosy in May 2024. This will ensure they have safe drinking water and will reduce the risk of burns from boiling water on an open fire. This is made particularly dangerous by nerve damage to hands.

Additional achievements...IMPACT UK's support has also made possible:

» The provision of essential maternity and pathology equipment including autoclave, delivery chairs, delivery kits, biochemistry machine etc. to provide quality services for patients at Borkeo Referral Hospital in Ratanakiri Province.

» 52 midwives in Ratanakiri Province participated in intensive training covering topics such as pregnancy and delivery complications, reproductive and sexual health, and the 1,000 Days nutrition programme which promotes the need for healthy nutrition for the crucial period covering conception to a child's second birthday.

» The provision of equipment to upgrade the maternity unit at Lumphat Health Centre in Ratanakiri Province to provide a better service to local women and families.

» A surgical mission by ENT surgeon Dr Ambrose Lee to conduct operations at Chey Chumneas Hospital during which 436 people were screened and received on-the-spot treatment and Dr Lee performed 40 operations. We are grateful to Dr Lee for paying for his own airfare.

» Assisting the community around Lumphat Health Centre to meet their needs for clean water and nutritious food through provision of 30 water filters (three for the Health Centre and 27 for pregnant women and older people and their families), seven village rice mills (each to be used by up to 30 families), and 14 home gardens. Additional household or school gardens will be established when weather conditions permit. 13,129 people have benefited from these initiatives.

» 2,160 people had their hearing screened by IC's audiologist at the audiology unit we established at IC's headquarters in the grounds of Chey Chumneas Hospital, and were referred for further treatment as necessary.



October 2023 Canadian ENT surgeon, Ambrose Lee visited Cambodia to support IC's work. 436 patients were screened and treated; 40 people underwent surgery



November 2023 leprosy awareness training for members of a community identified two more affected people who will receive treatment



January 2024 water filters were distributed to 27 pregnant women and older patients of Lumphat Health Centre

The Lake Clinic (TLC)

TLC is the only non-governmental organisation delivering health services directly to adults and children living in the remote and underserved villages on and around the enormous Tonlé Sap Lake - the largest freshwater lake in south-east Asia. In the dry season the Tonlé Sap Lake is roughly 1,000 square miles but it swells to more than 6,000 square miles in the rainy season.

The villages on the lake itself are made up of floating homes, and on the lakeside of houses on stilts to deal with the vast fluctuations in water levels.

These isolated communities experience daily challenges related to living on water many hours by boat from the nearest town. The rise and fall of the lake (fluctuating from 30cm in depth in the dry season to 16m in the monsoon season) dictates everyone's lives and diets are often limited to what can be caught in the lake and what can be grown in floating homes.

Development indicators suggest that people here are poorer, sicker, more malnourished and have lower educational levels than in other parts of Cambodia.

TLC's medical team provides primary healthcare and maternity care in the clinics on board their vessel, the floating platforms designed for the purpose, and set up in houses, schools or on dry land where it is available. Examination cubicle tents ensure privacy. The aim is to visit each of the villages served once a month, but this is not always possible due to low water levels.

In addition to regular clinics, TLC's programmes include 'children at risk' which finds and monitors children under the age of five who are severely malnourished to help their parents meet their nutritional needs and reduce the risk of associated needless disability, and a mental health and domestic violence prevention project.

As part of a much wider programme of activities run by TLC, IMPACT UK's support has achieved the following:

2023-24 Activities	Achievement
Particularly malnourished children regularly monitored and supported by the 'Children at Risk' team	1,356
Children checked by the school health team and given toothbrushes, supplements, antiparasitic medicines etc.	649
People screened and treated in primary healthcare clinics	470
People benefiting from the domestic violence prevention and mental wellbeing projects	133



January 2024 TLC's health workers impart key health messages to waiting patients in the floating villages

India

We work with three trusted and long-standing partners in India: IMPACT India Foundation, the PNR Society based in Bhavnagar, Gujarat State; and KEM Hospital Research Centre based in Pune, Maharashtra State.

IMPACT India Foundation

IMPACT India Foundation (IIF) was the first member of the international IMPACT family to be registered – in 1983 – and is best known for its trailblazing project, the Lifeline Express hospital train which was the world's first modern hospital on a train. Travelling the enormous Indian railway network to pull up in station sidings across the country, the Lifeline Express epitomises the objective of IMPACTs around the world to take the hospital to the people in underserved areas so that adults and children in need of surgery and medical care to reverse a needlessly disabling condition do not miss out because of where they live or lack of money to pay.

Staying for around a month at a time, each project of IMPACT India Foundation's Lifeline Express provides medical screening, surgery to restore sight, movement, hearing and repair conditions such as cleft lip, treats non-communicable diseases and provides dental care to some of the poorest people in India.

This year, we have worked with IMPACT India Foundation to hold two projects: the first in Latehar, Jharkhand State and the second in Muzzaffarpur, Bihar State. Both states are predominantly rural, and these areas tend to be poorer than urban regions. In Jharkhand State, for example, 39% of the population lives below the poverty line and almost one in five children are malnourished.

2023-24 Activities	Achievement
IMPACT India Foundation's Lifeline Express:	
Projects made possible by IMPACT UK's support	2
People screened and treated for medical conditions	26,638
Operations to restore sight, hearing or mobility	1,234
Aids and appliances (e.g. spectacles, hearing aids and orthotic devices) supplied	5,150

In addition to the above activities, IMPACT UK supported an extensive overhaul of the fabric of the Lifeline Express hospital train including essential maintenance for the exterior and the kitchen; and upgrading and equipping the operating theatre, pathology laboratory, and gynaecology and dental clinics. This will help to keep the hospital on the rails and functioning well for the coming years.





October 2023 IMPACT India Foundation's Lifeline Express hospital train underwent an extensive overhaul. This will help to keep the hospital on the rails for many years to come

PNR Society, Bhavnagar District, Gujarat

IMPACT UK has worked in close collaboration with the PNR Society for more than three decades. The PNR Society is the largest network of organisations for disabled people in India and its programme includes the PNR Hospital through which members of the public lacking funds for medical care in Government or private facilities can have surgery and treatment for ophthalmological and ENT impairments and conditions such as cleft lip and palate.

When funds are available we also support the Blindness and Deafness Team to visit schools and run community clinics to identify people with sight or hearing loss and ensure they receive treatment, and the AT&T Technology Park which provides vocational training for people with disabilities to give them the skills and confidence they need to find employment or start entrepreneurial ventures.

This year our funds have been invested in operations to restore sight for people with cataracts. Everyone was treated completely free of charge and may never have been able to benefit from surgery otherwise.

2023-24 Activities	Achievement
Cataract operations to restore sight	750

KEM Hospital Research Centre, Pune, Maharashtra

The KEM Hospital Research Centre is part of the largest non-government hospital in Pune. A registered charity in India, the KEM Hospital is a 550-bed, tertiary level teaching hospital serving the city's residents and the surrounding urban and rural areas. The affiliated Research Centre aims to advance knowledge in health and development through scientific research and projects that directly benefit the local population.



January 2024 wells with tapped water to households have had a transformative effect in five villages

Our collaboration on a special project to help communities in Soygoan Taluka meet their urgent need for safe water and emergency feeding continued into this year. It is a very hilly area in Maharashtra State characterised by high levels of poverty and particular issues of water scarcity due to run-off from the igneous rock underfoot. The people are mostly categorised as 'tribal' and face a web of interconnected challenges including isolation, discrimination, malnutrition and low levels of school attendance.

In common with disadvantaged communities everywhere, Tribal peoples were hit especially hard during the Covid pandemic as entrenched lack of resources and already compromised health meant people lacked resilience in the face of the health and economic shocks Covid caused. The area now has many widows and orphans and high levels of debt accrued while trying to access medical care or simply to survive when Covid lockdowns and infections diminished income.

Covid made an already difficult situation much worse. Many people were on the verge of starvation, so we worked with KEM Hospital Research Centre last year on an emergency feeding programme with a longer term plan to provide safe water sources in at least five communities.

The project to drill deep wells through the rock and install water pumps and taps was completed during this financial year and has laid the foundations for villagers to rebuild their lives, safe in the knowledge that they do not need to spend so much of their time collecting water from contaminated rivers and streams or buying it from private sources. This will free them up to work or go to school, save money, improve hygiene and reduce the spread of waterborne disease. Water is the source of life but for too many people globally, lack of it causes untold poverty, ill-health and even death.

2023-24 Activities	Achievement
Support for rural communities badly affected by the economic consequences of Covid-19 in Soygaon Taluka:	
Villages assisted	5
Village wells completed	5
Beneficiaries of wells	4,200

Nepal

IMPACT Nepal is a well-established organisation and has been preventing and treating needlessly disabling conditions for more than 30 years. Its varied programme of action has grown from an initial focus on ENT and orthopaedic surgical camps in remote areas (frequently utilising a special tented operating theatre) to restore hearing and mobility.

IMPACT Nepal today runs a Community Ear Care Centre in Birgunj, Primary Ear Care Centres and community outreach for ear care in many places, and birthing centres to promote safer motherhood. Surveys show that in one of our target areas (Rautahat), almost 80% of women gave birth at home, and half of them had no trained support when they did so. Clearly, safe facilities were urgently needed for pregnant women.

Initiatives also cover child survival and wellbeing, menstrual health, ending malnutrition through home gardens, small livestock and supplementary feeding, training local health workers to meet the needs of people in rural villages, provision of assistive devices such as hearing aids and prostheses, and a wide-reaching public awareness programme to spread the message that disability need not be an inevitable fact of life.



October 2023 young patients attend their post-operative check-up at the IMPACT Nepal Primary Ear Care Clinic in Kailali District, Far Western Nepal

This year, we have invested in a new three-year ear care project with IMPACT Nepal located in the Far West Province which replicates its successful model used in many other parts of Nepal. Action focuses on ENT screening and treatment through a Primary Ear Care Centre and mobile clinics, surgery and the provision of hearing aids to restore sound. Health education helps people protect their hearing in simple ways such as keeping their ears clean.

2023-24 Activities	Target	Achievement
Primary health care workes, ear assistants and rehabilitation technicians trained	12	12
Community field workers trained	1	4
Female community health volunteers trained	81	90
Health centres / health posts upgraded	3	0
Adults received screening and treatment services	11,979	14,791
Children aged 0-16 years received screening and treatment services	1,500	6,686
Adults benefited from hearing-restoring surgery through mobile camps or at hospital	1,120	1,363
Children aged 0-16 years benefited from hearing-restoring surgery through mobile camps or at hospital	193	420
Adults benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	18	0
Children aged 6-18 years benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	2	0
Adults received rehabilitation support / physiotherapy	170	1,580
Children aged 0-16 years received rehabilitation support / physiotherapy	235	1,816
People benefited from the provision of assistive devices such as prosthetic limbs	204	815
People benefited from the provision of hearing aids	50	167
Women provided with ante and postnatal care	2,335	8,259
Women motivated to take up immunisation for themselves and their 0-5 year old children	1,825	3,403
Pregnant women / new mothers received iron supplements	2,800	11,090
Pregnant women / new mothers received 30 eggs and 1kg chickpeas	200	256
Children aged 0-5 years received Vitamin A supplements to protect their vision	10,000	9,320
Women received de-worming tablets	1,000	2,953
Children aged 0-5 years received de-worming tablets	10,000	7,476
People reached through a health awareness radio programme	50,000	55,000
People reached through health awareness raising in the community	6,000	7,495
Home gardens established to feed families and reduce malnutrition	2,335	2,700

2023-24 Activities (continued)	Target	Achievement
Far West Ear Care Project:		
Adults screened and treated in mobile clinics	4,200	3,075
Children screened and treated in mobile clinics	5,800	4,581
Adults screened and treated at the Ear Care Centre	1,495	2,316
Children screened and treated at the Ear Care Centre	1,621	2,727
Adults benefited from ear surgery	51	33
Children benefited from ear surgery	3	6
Hearing aids provided	33	41
Diagnostic tests	500	1,078
People reached through a radio health awareness programme	5,525	14,000
People reached through a community health awareness programme	8,642	17,271

Additional achievements…IMPACT UK's support has also:

» Enabled a new project to establish a **Birthing Centre** in Mahuwa Village, Chhinnamasta Rural Municipality, Saptari District to support the local population of almost 35,000 people. There are currently no female health services in the area. Once constructed, the Centre will provide 1,300 women with ante and post-natal care and support the safe deliveries of around 245 babies per year. It will also become a hub for community outreach initiatives designed to improve infant and maternal survival rates and prevent people from developing needlessly disabling conditions associated with pregnancy and childbirth.

» A menstrual hygiene project to raise awareness and educate females aged 11-45 (and their families) in Auraiya. Menstruation remains a taboo subject in Nepal – especially within very rural communities – and the perception that it is somehow 'dirty' means that women can be forced from the home and girls miss school for a few days every month. This project has so far provided menstrual hygiene training to **2,500** students and members of IMPACT Mothers' Clubs. **950** kits containing soap and reuseable sanitary pads have been given out. **15** Female Community Health Volunteers, who are the first point of contact with the Nepalese health system, have undergone training in how to support people in their villages with menstrual hygiene. **250** Mothers' Club members and students have participated in a one-day training course on how to make their own reuseable sanitary pads. This could form the basis of an income generating business for them, too.

» Safe delivery sets were provided to **9** health posts to enable medical staff to provide enhanced care to the mothers giving birth there.

» Due to our successful 'Double the IMPACT' Children's Healthcare appeal, IN have already been able to provide general health and ENT screening and treatment to **6,600** children and surgeons have performed operations to restore hearing for **35** children.

» Thanks to our supporters purchasing 'gift tokens' for their loved ones, we have been able to give **44** pairs of chickens and **13** goats to families which will both improve their diets with eggs and milk and provide them with a microbusiness to earn income. Gift tokens also enabled us to donate **11** menstrual hygiene kits.

» IMPACT Nepal's Safer Motherhood programme in Rautahat District

Activities include pre and postnatal care; the distribution of iron tablets and extra protein to expectant mothers; agricultural training; livestock distribution; promotion of home gardening; menstrual pad making training; IMPACT Mothers' Clubs; child health monitoring; immunisations; vitamin A distribution. And much more!





















» Pakistan

IMPACT Pakistan operates a network of 16 'Mamta' clinics situated in remote mountainous villages of Muzaffarabad and Mansehra, areas profoundly affected by the devastating 2005 earthquake.

Muzaffarabad was its epicentre. These clinics were established in collaboration with IMPACT Pakistan to provide a lasting support system for local communities who were rebuilding their lives in the aftermath of the catastrophic loss and devastation they endured.

Each clinic is overseen by a female doctor, supported by a team consisting of a nurse/midwife and other healthcare professionals. While their primary focus is on providing prenatal and postnatal care to women to ensure safe pregnancies and childbirth and healthy babies, these clinics also fill a critical void by offering essential primary healthcare services to the broader community, especially in the absence of alternative facilities.

IMPACT Pakistan is always seeking ways to enhance the service it provides for people in the country and has this year partnered with a well-known local NGO, the Al-Shifa Trust Eye Hospital, to run eye screening and treatment camps for people with visual impairments. It also hopes to provide specialist surgeries for children with conditions such as cleft lip in the future.

2023-24 Activities	Target	Achievement
Women attending antenatal check-ups	3,200	3,537
Women and their babies attending postnatal check-ups	1,280	1,122
Babies delivered at a Mamta Clinic	860	390
Babies delivered at home assisted by a trained Female Health Volunteer	No more than 60	0
Babies delivered at home with no professional assistance	No target	0
Pregnant women experiencing complications who were referred to a hospital to give birth	No target	7
Men, women and children who benefited from general primary healthcare at the clinics	12,400	15,889
Health education sessions run	22	18
People who attended health education sessions	500	361
Local health workers who underwent continuing professional training to keep their skills up-to-date	64	92

Additional achievements...IMPACT UK's support has also:

■ 1,092 people were screened for visual problems during eye camps which IP staged in collaboration with Al-Shifa Trust Eye Hospital, a well-respected facility in Pakistan which was established in 1985 to make eye care for the prevention and treatment of visual loss accessible to all. 13 people were provided with cataract surgery to restore their vision.



September 2023 an eye surgical camp held in partnership with the Al-Shifa Trust Eye Hospital

Sri Lanka

The healthcare and wellness clinic we assisted IMPACT Sri Lanka to establish in Weerawila, a coastal district heavily impacted by the 2004 Indian Ocean tsunami, remains steadfast in its commitment to serving the local community.

Under the stewardship of a dedicated local doctor, the clinic attends to a range of healthcare needs which have the potential to cause needless disability if neglected. From managing chronic non-communicable conditions such as asthma, diabetes, and heart disease to providing prompt care for acute illnesses, the clinic is a vital lifeline for its registered patients.

2023-24 Activities	Achievement
People receiving primary healthcare at the Weerawila Clinic	946





March 2024 up to 100 patients a month rely on IMPACT Sri Lanka's Weerawila Clinic as their first port of call in the event of ill-health

Kenya

IMPACT East Africa (IEA) supports the local community in northern Mwingi, part of Kitui County; an area which is challenging to reach, arid / semi-arid, with entrenched poverty and hunger, and lacking in basic services.

Access to water is a paramount need for local people so IEA helps to install rainwater harvesting systems and, this year, has introduced solar-powered pumps for boreholes.

Schools are a primary focus for the IEA team where varied action is undertaken including the provision of pit latrines, health screening and treatment, tree planting, and building water infrastructure so children can wash their hands to limit the spread of disease, grow vegetables, and even take home water for their families. However, activities are lower than target because the Kenyan Ministry of Education decreed that all NGOs must reapply for permission to work in schools, and work had to cease while this is processed. We hope this enforced hiatus will not last too much longer since children urgently need the healthcare IEA provides.

ENT clinics screen and treat community members and refer those in need of more advanced treatment such as surgery to repair perforated ear drums, to a partner facility.



March 2024 ENT Clinical Officer, Samuel Muteri, conducts a community ear clinic

IEA has established Mothers' Clubs as a forum to engage local people and disseminate health information. Members are helped to set up small income generating businesses and vegetable growing plots to provide extra household funds and reduce the amount spent on food at the market whilst enhancing family diets.

IEA's nurse has cared for pregnant women, new mothers and new-born babies, providing ante and postnatal monitoring, ensuring vaccinations are up-to-date and providing information on nutrition.

Like other parts of our international programme, Kenya has seen unusual and catastrophic weather events this year with flooding affecting Nairobi and the rural area where IMPACT works.

2023-24 Activities	Target	Achievement
Water, Sanitation & Hygiene (WASH)		
Install Pit Latrines in Schools (4 toilets per school)	0	14
Solar powered boreholes installed	0	2
Rainwater harvesting systems installed	0	8
Surgical Camps		
Eye operations	50	0
ENT operations	25	11
Clinics – screening and treatment		
People benefiting from ENT clinics	3,000	2,070
Children provided with spectacles	40	0
School Health Programme		
Schools benefiting from the School Health Programme (first aid kits, medicines (ENT and de-worming), tree planting, IEC materials	32	3
Children screened and treated by the IMPACT school health team, including de-worming tablets	2,800	1,210
Training provided to Teacher School Health Monitors	64	5
Training provided to Pupil School Health Monitors	640	67
Trees planted to provide shade, improve soil and prevent erosion, and retain water	450	1,500
Maternal and Child Health Services		
IMPACT Mothers' Clubs supported	1	2 with 40 members
IMPACT Mothers' Clubs members being supported to establish small scale agricultural businesses	5	40
Provision of Ante and Postnatal monitoring for pregnant women and new mothers	300	180
Provision of health monitoring for children under 5 years	400	1,364
Provision of standard vaccinations to babies	125	874
Women supported to establish vegetable growing plots	20	65

Additional achievements… IMPACT UK's support has also:

» Celebrated World Hearing Day on 3rd March 2024 with a week of activities starting on 28th February. This included training staff at the ENT department of Mwingi hospital in ear care and the challenges hearing impaired people face in getting treatment if they have few resources; screening and treating **54** hospital patients who were attending for a wide variety of medical reasons, **60** members of the congregation at St. Paul's Church, Mwingi and **470** inmates at Mwingi Main Prison; and raising awareness of ENT conditions and hearing impairment among **5,000** local community members.



March 2024 65 families have been supported to establish vegetable plots this year



November 2023 An ENT surgery camp restored hearing to 11 people

» Tanzania

In Tanzania, there are between 1,600 and 3,000 new cases of obstetric fistula each year. We support Maternity Africa in its goal of eradicating this devastating but preventable condition by providing quality maternity care at their 48-bed hospital in Kivulini, Arusha.

Birth injuries, including fistula, often result from inadequate or unavailable assistance during complicated deliveries but ensuring labouring mothers have medical support if they run into difficulties can make all the difference to the outcome for mother and baby.

The hospital also features an obstetric fistula treatment unit for surgical repair of women already living with a birth injury, and a midwife training centre to enhance the skills and knowledge of local midwives working in government facilities. With proper training on managing complications during labour and delivery, the risk of birth injuries and maternal and infant mortality can be significantly reduced.

IMPACT UK has supported Maternity Africa's efforts in Tanzania this year by funding maternity care and providing 'care packages' of essential supplies for particularly vulnerable women leaving the hospital after childbirth or fistula repair, helping them to recover and giving their newborns the best chance to thrive. We have also supplied laptops to aid in the training of local midwives.



December 2023 16-year old Boui almost died giving birth to her stillborn child. After a traumatic labour, she sustained a fistula and had to be flown to Juba (due to conflict in her area) for surgery. She is recovering well, getting stronger and will return home soon.

» Ethiopia & South Sudan

We continue to support our local partner's work at the Barbara May Maternity Hospital in Mille, Ethiopia, and at Reconciliation Hospital in Referendum, Juba, South Sudan to repair injuries sustained by women during prolonged and obstructed childbirth. Many of these women have endured years, sometimes even decades, of pain and the socially isolating effects of urinary and/or faecal incontinence.

Our support has also helped to provide emergency feeding for pregnant and lactating women who are severely malnourished due to the famine in the Afar region of Ethiopia. The medical team at the Barbara May Hospital is seeing increasing numbers of pregnancy and delivery related emergencies due to women's bodies being weakened by hunger and, sadly, more maternal and perinatal deaths.

IMPACT UK has supported Maternity Africa and the Barbara May Foundation in the following ways:

2023-24 Activities	Achievement
Kivulini Maternity Hospital, Arusha, Tanzania:	
Safe deliveries and aftercare supported to prevent birth injuries, disablement and death	5
Care packages provided to new mothers leaving hospital	6
Laptops provided to make and show training videos for midwives*	3
Barbara May Maternity Hospital, Mille, Ethiopia:	
Pregnant and lactating women affected by famine provided with a month's emergency feeding	2,469
Fistula operations to repair women injured during childbirth	12
Reconciliation Hospital, Juba, South Sudan:	
Fistula operations to repair women injured during childbirth	34

* The videos will directly benefit c. 100 midwives per year through Maternity Africa's training programmes and many more people will benefit from these in-depth educational resources once the videos are made freely available online.

Zanzibar

Zanzibar is a semi-autonomous region of the United Republic of Tanzania. The archipelago is formed by the two main isles of Unguja and Pemba, as well as other smaller islands. It is home to approximately 1.9 million people and has one of the highest population densities in Africa.

Malnutrition affects an estimated third of Zanzibar's people, and poor housing, lack of water and other conditions associated with poverty cause sub-optimal health and needlessly disabling conditions.

IMPACT Zanzibar (IZ) started with medical care to prevent and treat hearing loss from a base at the main hospital in Stone Town. We supported the training of IZ's director, Dr Naufal Kassim, to become the first ENT surgeon on the islands meaning that people in need of operations no longer had to travel to Dar es Salaam in mainland Tanzania.

Over the years this has expanded into a wide-ranging programme of action to prevent many causes of needless disability and ill-health. Continuing to push the boundaries of the hospital into rural communities, IMPACT Zanzibar stages specialist screening and treatment clinics and surgical camps including ENT, obstetrics/gynaecology, paediatrics, and more.

"Our vision is that no disabled person in Zanzibar goes unnoticed, untreated or unsupported to fulfil their potential"

Dr Naufal Kassim, founding Director of IMPACT Zanzibar

Additionally, IZ implements community water projects; runs a thriving school health programme which includes training teachers and pupils in schools in how to identify and seek treatment for potentially disabling conditions; and raises awareness of primary ear and hearing care, breast cancer and much more.

We also support the ZOP Academy which provides education and hearing aids for hearing impaired children who cannot attend mainstream schools and the neonatal hearing screening programme which identifies babies who have hearing loss and acts as a feeder project for the ZOP Academy.

2023-24 Activities	Target	Achievement
Mobile Clinics		
Purchase of vehicle and conversion into mobile clinic	1	1
Mobile clinics held	13	17
People medically reviewed and provided with on-the-spot treatment or a referral to hospital	3,200	8,748
People benefit from health education	750	4,692
Women have their awareness raised about the early detection of breast cancer	1,500	2,239
Specialist Outreach Medical Camps		
Specialist outreach medical camps held per year	13	13
People medically reviewed and provided with on-the-spot treatment	1,900	1,800
Operations to reverse a disabling condition	332	642
School Health Programme / Water tanks		
Schools reached by the School Health Programme	75	77
Children screened for signs of needless disability / health conditions	90,200	80,761
Children provided with on-the-spot treatment or medication	9,020	1,912*
Schools benefiting from a reliable source of clean water and improved hygiene	3	3
Children benefiting from school water and improved hygiene	3,600	4,424
Paediatric Hearing Screening and Treatment Programme for the early detection and management of permanent hearing loss		
Neonates screened for hearing impairment and referred as required for ongoing interventions	3,000	2,996

* Not meeting this target is actually a good news story! IZ is seeing far fewer children who have health problems requiring treatment than previously and this is a sign that the school health programme is working to improve children's health in the targeted schools.

Additional achievements… IMPACT UK's support has also:



May 2023 Pupils at the ZOP Academy receive specialist tuition

» **Provided essential running costs including staff salaries for the ZOP Academy – a specialist school for 20 young children with severe hearing impairment.** The ZOP Academy enrols young children identified by our neonatal hearing screening programme who are given hearing aids and provided with a safe and nurturing environment in which to learn maths, Swahili, speech, sign language, lip reading, English and more. The school also builds confidence, sociability and self-worth while older students are taught practical skills from which they will eventually be able to earn a living. Many profoundly hearing-impaired children are kept at home and never learn to communicate so the opportunity to attend the ZOP Academy is life-changing for its students. The hearing aid technician based at ZOP Academy has conducted hearing assessments and provided **20** fully programmed hearing aids.



July 2023 A young patient is examined by the mobile clinic team at Nunwi

» **Provided the ZOP Academy with a new school bus** to transport young students and teachers safely to and from school. Many children have to travel long distances to reach the Academy which eats into learning time or prevents them from attending at all. A dedicated bus service not only enables people to attend their formal classes and keeps them safe on the way, but the presence of teachers on board means that learning can be conducted on the journey too – not a second is wasted!

» **Purchased a truck and paid for its conversion into a fully equipped mobile clinic.** This new facility will offer primary healthcare services to people in hard to reach rural areas and it is anticipated that more than 5,000 people will benefit each year. It will be staffed by medical doctors; qualified nurses; health workers; pharmacists; optometrists; audiologists and social workers. They will be supported by IZ's well-established team of volunteer care assistants and administrators. The mobile clinics will screen people to for eye and ear conditions; skin infections; diabetes; hypertension; gynaecological/obstetric issues; clubfoot; and signs of ill-health in babies and children. The multidisciplinary team will provide a range of on the spot treatments and medications. They are also well-connected within the Zanzibari healthcare system in order to make referrals to hospitals and specialists. The clinic teams will raise awareness about preventative healthcare, including family planning; communicable and non-communicable diseases; and the early identification of breast cancer.

» **Purchased 3 motorbikes for health workers** to help them travel efficiently to schools and clinics to provide screening and treatment services.



January 2024 IMPACT Zanzibar's newly converted mobile clinic is loaded at the docks in Dubai for transportation to Zanzibar

United Kingdom



February 2024 'Cookery Leader' training for new volunteers, run by Chloe Coker (centre) for our four new Tasty Team members - Juliet, Sue, Miranda and Kim

This year, IMPACT's Tasty Team has continued its mission to reach out to children, families, individuals at risk and community groups requiring support. With the pandemic behind us and the cost of living crisis biting hard, the need for everyone to learn how to prepare simple, cheap, energy efficient and above all nutritious meals from scratch has perhaps never been greater. Poor diets and over reliance on Ultra Processed Foods (UPF), together with obesity, are now among the leading causes of disease such as cancer (particularly of the bowel), heart disease, type 2 diabetes, blood pressure, irritable bowel disease and even dementia. Needlessly disabling conditions result from this burden of disease (e.g. following a stroke); impacting people's lives and creating on-going costs for the NHS.

Throughout the last year we have worked in collaboration with schools, local community groups, Community Pantries and Foodbanks, charities and NHS social prescribers, all of whom know first-hand those who most need our support. Our cooking sessions have spanned the generations from Tasty Sessions in primary schools, one-to-ones with children and adults alike, cooking sessions with single mothers and the previously homeless in supported housing - giving them the skills and confidence to cook for themselves as they prepare for independent living - and the elderly. As the increasing cost of living presents greater challenges for families struggling on tight budgets, we focus on using nutritious low-cost ingredients, batch cooking and cheaper methods of cooking including microwaves and slow cookers.

The Tasty Team has started group cooking sessions in collaboration with the local mental health charity Hope and the Sussex charity Family Support Work at Bentswood Hub, which is very close to our office. Cooking together can reduce social isolation and making dietary changes to reduce reliance on ultra-processed food is helpful to health and mental wellbeing. Our session for male carers in collaboration with Carers' Support was especially moving, all the men caring for a wife or mother with dementia. Afterwards, they all said that they felt more confident to cook a similar home-made quick, easy and healthy meal for themselves and for whom they care.

"We support families on tight budgets to cook with nutritious low-cost ingredients, and find cheaper methods of cooking"
Rosie Wiltshire, UK Programme Co-ordinator

It is increasingly apparent that the rising cost of living following on from the Covid pandemic is having an impact on people's health. People with least financial resilience are affected the most but increasing numbers of people who were previously 'just about managing' now need support. Whilst striving to reach out further into communities who most need support, the Tasty Team is expanding its network of volunteers both in Mid Sussex and Crawley, which now ranks as the most deprived (overall) area in West Sussex. Working with community groups such as Crawley Community Action and LPK learning, we will be able to target those most needing our support. To this end, over the last 4 months we have recruited 4 new volunteers, with more in the pipeline, attracted through promotional articles in local magazines and publications.

2023-24 Activities	Achievement
Tasty Sessions in primary schools to introduce healthy foods	16
Tasty Session beneficiaries	480
Group Get Cooking Sessions with adults and children to develop the cooking skills and nutritional awareness of people in need of extra support	54
Group Get Cooking beneficiaries	189
One-to-one cookery training beneficiaries	16
Other events	3
Number of people benefiting from other events	18
Cookery Leader and Volunteer training sessions	4
Cookery Leader and Volunteers trained	23
TOTAL BENEFICIARIES	726

International

Advocacy & Networking

IMPACT works at the national and international level in partnership with many other governmental and civil society organisations, with charities, the corporate sector and with community service organisations such as Rotary, Inner Wheel and Lions. We are members of the Fundraising Regulator, and several staff are members of the Chartered Institute of Fundraising; both organisations are designed to promote ethical standards and good practice in fundraising. Our Finance Manager is a member of the Association of Accounting Technicians (AAT).



March 2024 International World Hearing Day was marked with free screening and publicity events by IMPACTs in Kenya, Nepal and Zanzibar, including screening the ears of all the inmates at Mwingi Prison

Our philosophy is shared with our many partners around the world through the International Federation of IMPACT Organisations and in practice through our working culture. We encourage our local partners (which are autonomous organisations in their own countries) to work with other NGOs and to collaborate with relevant stakeholders to influence policy on a local and national scale. Individuals from IMPACT Foundations are often asked to speak at professional conferences and to share ideas and practices more widely within their networks.

However, it is at the grass-roots level that our advocacy work makes the most impact by working with often very marginalised communities to share knowledge and skills, so that people can make informed decisions about their own health and take steps to minimise their – and their family's – risk of needless disability. In turn, they become our best advocates by sharing learning with their neighbours and spreading the word about IMPACT so those who need us can make use of our services.

Accessibility

IMPACT is committed to equality and the creation of a barrier-free environment for all in accordance with British legislation (the Human Rights Act 1998, the Equality Act 2010) and international treaty obligations (the UN Convention on the Rights of Persons with Disabilities). We welcomed the extended provisions relating to disability in the Equality Act 2010.

Accessibility for everyone is the keystone of IMPACT's international programme of action. By preventing and treating needlessly disabling conditions and providing assistive devices such as hearing aids, spectacles and prosthetic limbs to overcome physical barriers, obstacles to training, education and employment are also removed. Our projects also directly seek to overcome other barriers to accessing health and medical care, for example, poverty, geographical remoteness and difficulty accessing information. While we always seek to benefit those most in need, there are no restrictions on who may benefit from IMPACT's work and discrimination against people with protected characteristics is never practiced nor tolerated in any part of our programme in any part of the world.

Recognising that there is no 'one size fits all' when it comes to accessibility and that people with different disabling conditions require different solutions, we make best efforts to accommodate everyone within the physical constraints of our small office, regardless of needs. IMPACT UK's website has been carefully designed to be accessible. Please see www.IMPACT.org.uk/accessibility for further details.

Disability is a human rights issue. The 17 'Sustainable Development Goals' (SDGs) to be achieved by 2030 were adopted in September 2015 to shape the post-Millennium Development Goals (MDGs 2000-2015) international development framework. People with disabilities are specifically referenced in five of the SDGs which is an important milestone, since disability was conspicuous by its absence in the MDGs.

» Training and capacity building for community-led development

IMPACT places a strong emphasis on the transformative power of education and training in fostering sustainable, positive change. We prioritise skill development and awareness-building to so that people and grassroots organisations in our project areas can address the challenges confronting families and communities.

For instance, we provide funding for training and equipping health workers to cater for women's healthcare needs during pregnancy, childbirth, and the postnatal period, particularly in areas where access to healthcare facilities may be limited by long distances and poor road conditions and women's wellbeing may be of low priority. This initiative plays a crucial role in ensuring the safety of both mothers and babies during a period of heightened vulnerability.

Additionally, we collaborate with local partners to train volunteers in various health and nutrition-related roles; teachers to monitor their students' health and report warning signs of needless disability to IMPACT's teams; and medical professionals such as midwives, nurses, surgeons, and audiologists. This year, 2,048 individuals have participated in training programmes, all of whom are local people making significant contributions to their respective communities.



August 2023 rural midwives from Ratanakiri Province, Cambodia underwent advanced training in the prevention, early identification and management of postpartum haemorrhage – including the use of Non-pneumatic Anti-shock Garments (NASG), which can save women's lives through reducing blood loss

Raising awareness about health issues is paramount in enabling individuals to take proactive measures to prevent needless disabilities. Through our international programme, we engage with both adults and children, with a total of 242,517 participants this year alone, equipping them with valuable information and skills. For example, communicating knowledge about the correlation between diet and health, coupled with support for growing fruit and vegetables, offers a simple, cost-effective, and enduring solution to improving family diets and preventing nutrition-related ailments such as Vitamin A deficiency, a leading cause of childhood blindness globally.

IMPACT remains committed to community-led development. Through the widespread sharing of knowledge and skills, marginalised communities are supported to effect sustainable improvements in their own lives and the lives of others.

» Safeguarding

IMPACT UK takes the safeguarding of children and vulnerable adults extremely seriously. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and the requirements of the Charity Commission. Our policies are regularly reviewed by IMPACT UK's senior management team and board of Trustees. Every member of IMPACT UK staff regularly undergoes a Disclosure and Barring Service (DBS) check, and we have 'whistleblowing' structures in place, should these be needed by staff or volunteers.

Here in the UK, our Tasty Team project works in primary schools and with vulnerable adults and children in our local community. Each of our volunteers is carefully vetted, undergoes a Disclosure and Barring Service check, receives full training and careful monitoring, and signs up to relevant documents including Child Protection policy and procedure; Code of Behaviour for Working with Children and Vulnerable Adults; Lone Worker and Lone Volunteer policy and procedure; Safeguarding Adults policy and our general Volunteer policy. They are regularly reminded of their responsibilities under these codes.

We must also protect the people who give their time and skills to work for us. The Lone Worker Policy contains a protocol for any volunteer to call for help, should they feel in danger, and staff are regularly reminded of this protocol and how to respond. However, we minimise lone working wherever possible in order to protect our volunteers and beneficiaries and urge volunteers never to run a session if they arrive to find they are the only adult or responsible person.

Our partners overseas are all autonomous organisations, but we share safeguarding policies and best practice with them and strongly encourage them to ensure they have policies and practices in place to comply with safeguarding rules in their own country.

Looking to the future

The threat of needless disability remains an ever-present feature of life for so many people living in areas where diseases flourish, malnutrition is common, and there is a lack of access to safe water, sanitation and health services. Next year we plan to:



Increasing the number of children's operations is an IMPACT priority for the year ahead

- Increase the number of operations to reverse disabling conditions for children
- Focus on taking the hospital and clinics to the people to ensure that remoteness or difficult terrain is not a barrier to accessing health care which can prevent or treat needless disability
- Partner with The PNR Society to implement an early detection of hearing loss and prevention of deafness in children project in rural 'tribal' areas of Pune, Maharashtra State, India
- Work with IMPACT Pakistan to hold eye screening camps and provide cataract surgery in rural communities
- Build the infrastructure, and capacity, of more health centres and hospitals in remote and underserved areas
- Fund even more specialised treatment and/or operations for people living with a variety of needlessly disabling conditions whenever funds and specialist surgeons are available
- Support three projects of IMPACT India's award-winning Lifeline Express hospital train during which approximately 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery
- Improve paediatric hearing screening and treatment services in Zanzibar by creating a soundproof booth and equipping it with a hearing aid verification machine for optimal fitting of hearing aids
- Fund a visit of the IMPACT Nepal surgical team to IMPACT Cambodia to conduct ENT operations and the training of local surgeons
- Fund the surgical repair of cleft lip / palate for at least 50 more children living with the condition in Pune, India
- Replace the old and outdated paediatric audiometer, used to diagnose hearing loss in children at Tribhuvan University Teaching Hospital in Kathmandu, Nepal
- Replicate the current Tasty Team project in Mid Sussex to enable expansion into the Crawley area. This would increase the number of participants taking part in activities (target: by 50%-100%) to improve their food security, while building lifelong cooking skills and nutrition knowledge with the aim of reducing potentially disabling health conditions linked to diet in later life
- Foster even greater international collaboration between IMPACTs around the world to reaffirm our joint mission and maximise what we can achieve by working closely together
- Respond quickly and effectively to emergencies in our project areas should they arise

To achieve the above, we will strive to:

- Secure funds (particularly unrestricted), which will enable us to expand our programme and rapidly meet needs
- Work with partners to develop and implement projects, monitor and evaluate them and share learning, and encourage innovation in delivery – particularly making use of new technologies

And much more as opportunities arise.

Financial review and policies

- **We generated incoming resources of £2,283,797** (up 8.35% on last year)
- **Legacies: £210,271** (down 22.3% on last year)
- **Gift Aided donations: £216,700** (up 1.8% on last year)
- **Donations not eligible for Gift Aid: £1,782,268** (up 11.9% on last year)
- **We expended £2,036,179** (down 15.5% on last year)

Fundraising – how we raise funds

Our income is £2,283,797 this year and all but £38,164 (which is investment income) is comprised of voluntary contributions from fundraising, including legacies. We are immensely grateful to everyone who has placed their trust in IMPACT by donating. We do not have contracts to deliver Government projects.

This represents one of the largest incomes in IMPACT UK's 38-year history and is testament to the dedication and hard work of our small team. We have a very modest fundraising operation, but it is efficient and lean; we take our duty to raise funds effectively to deliver our public benefit very seriously. For every £1 spent on fundraising this year, we generated £20.56 in voluntary income (£20.17 in 2022-23). For context, the charity average is just £8.61 for £1 invested in fundraising ('Unchartered Territory; Fundraising's ROI 2021' a benchmarking study by LarkOwl).

We prioritise fundraising in ways that maximise the return on our investment of money, time and very limited human resources. For this reason, we rarely run events, which can be time-consuming to organise (although supporters sometimes kindly organise events themselves and send us the proceeds) and never engage in cold direct mailings or 'face to face' fundraising on the street, both of which may take years to repay the initial investment in them.

Instead, we carefully nurture relationships with our supporters – individuals, charitable trusts and community service organisations – building trusting and collaborative partnerships. We also take free opportunities to reach new audiences of potential supporters (for example, BBC charity appeal broadcasts) whenever they arise.

We showcase our work in letters and cost-effective brochures (all written with care in-house) and detail how donations make our programme of action possible. We pride ourselves on sending thanks for gifts and reporting back on how supporters' money has been spent within projects (if the gift was restricted) or our international programme generally (if the gift was unrestricted). It is no coincidence that many of our supporters have been with us for decades and, we hope, feel an essential part of the IMPACT family.

Legacy income is, by its very nature, hard to predict but we are sincerely grateful to everyone who has remembered IMPACT in their will both this year and for the future. Bequests received in 2023-24 totalled £210,271 (£270,484 in FY 2022-23). Very few legacies are restricted to a specific purpose and we always take great care to ensure that unrestricted legacy gifts are used in ways that we hope the legator would approve of in order to make a lasting difference in their memory. We plan to update our legacy leaflet in the coming months and send to our supporters, as well as relevant local businesses such as solicitors and wealth managers.

Social media provides another free opportunity to raise awareness of IMPACT's work and funds to support it. Our long-standing policy of not spending supporters' money on expensive advertising makes platforms such as Facebook or X (formerly Twitter) invaluable conduits for our message to reach large numbers of people.

We have a specific Fundraising Policy and Procedure which is available and lays out our promise to our supporters and the general public that our fundraising, in all its forms, is legal, open, transparent and respectful. This policy covers in detail: legal requirements, fundraising compliance, staff responsibilities, vulnerable people, accepting donations, restricted donations, responding to donations, gifts in memoriam, cash donations and resolving complaints.

Our online shop sells IMPACT-branded merchandise, Christmas cards, and 'gift tokens' which can be purchased to give the recipients meaningful presents that have the power to change the life of people within our programme (for example, surgery to restore sight, or geese or goats to give a malnourished family easy access to eggs or milk). These funds are restricted and used only as described on the gift token purchased. They have become increasingly popular in the run-up to Christmas. Profits from merchandise and Christmas cards are invested in our action wherever the need is greatest.

Adhering to good fundraising practice

IMPACT operates under the oversight and regulation of the Fundraising Regulator, an independent non-governmental organisation dedicated to upholding standards and public confidence in fundraising activities across England, Wales, and Northern Ireland. This regulatory body offers guidance and a Code of Conduct for charities, serving as an impartial investigator and mediator in cases where fundraising-related disputes cannot be resolved directly between the charity and the complainant.

Three members of IMPACT's team hold individual memberships with the Chartered Institute of Fundraising, having successfully completed the Institute's professional qualification in fundraising management. Another team member is currently pursuing this qualification. CIoF members are bound to adhere to its codes of conduct and best practices.

In compliance with regulatory requirements, we maintain a comprehensive log to document any complaints concerning our fundraising initiatives. Additionally, we receive weekly summaries of complaints filed directly with the Fundraising Regulator. We have received no complaints this year which is a testament to our meticulous and considered approach. We carefully target our appeals, contacting only individuals and organisations we believe are genuinely interested in supporting our cause. We respect supporters' contact preferences, promptly honouring requests for no further communication. Our approach has led to a dedicated base of long-standing supporters who buy-in to our mission and, we hope, feel themselves to be essential partners in a shared endeavour. We have established a robust Complaints Handling Policy to address any grievances effectively.

Recognising the importance of safeguarding personal data entrusted to us by supporters, IMPACT is deeply committed to data protection. We remain vigilant in adhering to relevant regulations, including the General Data Protection Regulation (GDPR). All personal data is carefully recorded in an industry-leading database, securely stored on its protected servers with multi-factor authentication needed to access records. Hard copy data is similarly secured in locked filing cabinets within our office, and when no longer necessary, is shredded.

Our Data Protection/Confidentiality and Fundraising policies formalise the best practices we employ daily, subject to annual review by both Council and staff. Furthermore, our Whistleblowing policy provides a structured framework for staff and volunteers to raise concerns, while our policy on Foreign Income ensures rigorous due diligence to mitigate the risk of money laundering.

Supporting others to raise funds for our work

We are enormously grateful to volunteers who raise money in numerous ways, including sponsored events or by asking for donations to IMPACT to mark life events such as marriages or when saying goodbye to loved ones at funerals. Our friendly team is always happy to provide support so please do get in touch.

The Sussex-based IMPACT Lunch Club is a well-established and fun group of like-minded people who meet monthly to share a meal and listen to a speaker, whilst also raising essential funds for IMPACT's programme of action. Profit this year has totalled £27,243 (£14,936 in FY 2022-23) and will be invested in the varied programme of IMPACT Zanzibar, of which more detail is provided on page 28. If you would like to set up a similar group in your area, we would be delighted to help.



July 2023 Judi Stagg, IMPACT UK's recently retired CEO, followed in the footsteps of IMPACT's late founder, Sir John Wilson, in being named by Rotary as a Paul Harris Fellow in recognition of her years of humanitarian service

Our sincere thanks also go out to the community service organisations that support IMPACT. Sir John Wilson, founder of the IMPACT movement, was a Rotarian and we are immensely proud that Rotary Clubs in Great Britain and

Ireland have chosen to raise vital funds for our project work for more than three decades. Further evidence of the close ties between IMPACT and Rotary came this year when Judi Stagg, our retired Chief Executive, was honoured with the Paul Harris Fellowship in recognition of her assistance in furthering better understanding and friendly relations among peoples of the world.

Rotary clubs' generous gifts totalled £9,151 this year (FY 2022-23 £4,333).

We work with people fundraising on our behalf to ensure they are also adhering to good practice in fundraising, data protection, and safeguarding vulnerable people in the same careful way our small team in Haywards Heath does.

Protecting vulnerable people

As described above in the section 'Safeguarding' on page 32, we are mindful of the need to protect vulnerable people who participate in our projects as beneficiaries, along with the staff and volunteers who deliver them.

However, vulnerable people must also be protected as part of good fundraising practice. Our high standards and good practice in fundraising generally also protects vulnerable people. For example, we never exert pressure on people to donate and our contact is only with people who have come to us, rather than been contacted 'cold'. We respect requests not to be contacted whether they come from the individual or someone acting on their behalf, and because all gifts are processed by our small team, we know many donors personally and are alert to gifts which might appear unusual. Any suspicions must be reported to the Co-CEOs for further investigation and they will refer to the Board of Trustees to consider the information and make a final decision on how to proceed. While investigations are being conducted, the funds are ring-fenced and unspent in case they need to be returned. Our complaints procedure and membership of regulatory bodies provide a fall-back for vulnerable people, or those acting for them, in respect of IMPACT's fundraising.

Income, investments and expenditure

Income of £2,283,797 is an increase of 8.35% on the previous financial year (2022-23: £2,107,839) and surpassed our yearly target of £1.5 million by 52%. Thank you to everyone who has supported us this year – nothing could be achieved without you, and the hundreds of thousands of people who have benefited would not have.

Restricted gifts directly power projects and unrestricted gifts enable us to meet urgent needs as they arise or pay for essential costs.

Thanks to a philanthropic family foundation we were able to run another matched funding appeal this year to 'Double the IMPACT' for children's healthcare. Our supporters really got behind this to make a huge success. Gifts totalling £227,761 have been matched pound-for-pound to provide children with healthcare and medical treatment over the next two years. The family foundation also pledged a further amount of £193,109 to pay for operations that will arise from the additional screening services we anticipate being able to provide.



October 2023 An enthusiastic team of young volunteers in Zanzibar staged a 'Fun Fair & Food Bazaar', helping to raise £4,605 locally for the 'Double the IMPACT' children's healthcare appeal

We are particularly pleased to have received significant restricted grants to invest in building infrastructure this year. For example, IMPACT Foundation Bangladesh has been able to purchase medical equipment for its modern hospital in Chuadanga, some of which has enabled the establishment of a neonatal intensive care unit (NICU) which will save young lives and help to prevent needlessly disabling conditions. Maternity services have also been upgraded in Ratanakiri Province, Cambodia, which is one of the least developed parts of the country. IMPACT India Foundation's Lifeline Express Hospital Train underwent a major overhaul which will keep it on the rails. Investing in infrastructure is a long-term strategy which will confer benefits to communities for many years.

Cost-efficiency is central to everything we do in order to invest as much as possible on our project work. Once again this year we have used more than our targeted 90% of expenditure on direct charitable activities – 91 pence in every £1 spent was used for this purpose; 5 pence was spent on generating more income (fundraising); and 4 pence was spent on administration and governance. A well run organisation is more likely to be cost-effective and it is important that our supporters know they are giving their money to a charity they can trust to use it well. We are keenly aware that our donors have a wide choice of charities and are continually humbled that they choose to support IMPACT.

Our investment policy is set out in Note 5 of the Notes to the Accounts, below. Generating returns with very low risk underpins the decisions made by the Council's Investment Sub-Committee. This year, investment income was £38,164 - an increase of 125% on the previous year (FY 2022-23 £16,968). This reflects the gradual increase in interest rates offered by banks and building societies.

Balances on restricted and designated funds (notes 19 and 20 in the accounts) show that commitments are made towards future programme expenditure. We frequently pledge funding for up to three years so that our local partners can plan their work and avoid letting down the people who rely on the healthcare they deliver. Projects often take more than one year from receipt of funding to implement and are rarely completed within a single financial year, and funds are sent in tranches against the receipt of satisfactory reports or milestones reached.

We actively fundraise and explore new sources of income to meet any shortfall on specific projects and if restricted funds are subsequently raised and received, designated funds are released to be used elsewhere. We are making efforts to increase the amount of unrestricted funding we raise as this provides us with the greatest flexibility in delivering our public benefit. Balances are held by the Foundation on interest-bearing deposit until and whilst the project is implemented.

Rigorous financial controls are in place and our cash position remains healthy.

We expended £2,036,180 this year (2022-23 £2,410,361) and the breakdown of funds spent by country (excluding support costs) is shown in the table below.

Location	Amount expended on charitable activities (£)	Proportion of the Foundation's total expenditure 2023-24	Proportion of the Foundation's total expenditure 2022-23
Bangladesh	£380,560	22.7%	38.7%
Cambodia	£128,408	7.7%	3.4%
India	£588,887	35.2%	28.8%
Kenya	£72,340	4.3%	4.1%
Nepal	£242,679	14.5%	4.1%
Pakistan	£25,174	1.5%	11.3%
Sri Lanka	£0	0%	0.5%
Tanzania / Ethiopia / South Sudan	£57,055	3.4%	3.4%
Zanzibar	£159,124	9.5%	5.4%
The UK (nutrition project)	£20,618	1.2%	0.3%

Each partner we collaborate with operates autonomously and independently from IMPACT UK, maintaining their own audited accounts. We promote self-reliance among our partners, with many of our larger and more established collaborators securing substantial funding from sources other than IMPACT UK. This approach reinforces our relationships as equal partners and allows us to allocate funds to pilot new projects and engage with new partners.

Our partners raise money from a variety of sources including local and international charitable trusts and individuals. Income is also generated from the provision of medical services to people who can afford to pay, from renting out premises or spare operating theatre capacity, or speaking engagements.

IMPACT UK is incredibly fortunate that in the 1990s, a local charitable trust enabled us to purchase the building which still houses our small office. We have felt the benefit of no mortgage or rent costs ever since and this really helps us to keep essential running costs to a minimum.

It will be seen from the Balance Sheet that all our investments are represented by cash and short-term deposits. The balance on unrestricted, non-designated reserves is £180,667.

Organisational structure

The IMPACT Foundation is a registered charity (number 290992, July 1985) and a public benefit company without share capital limited by guarantee (number 1878297). The Foundation is organised under the direction of its governing body, which is the Council of not less than 12 but no more than 20 Trustees who, for the purposes of

» Structure, governance & management

company law, are also Directors of the Company. They are responsible for determining the policies and strategic direction of the IMPACT Foundation but, as there is no share capital, the Trustees have no interest in the IMPACT Foundation as defined by the Companies Act 2006.

The IMPACT Foundation operates in accordance with its constitutional mandate, the Articles of Association, and subject to relevant legislation. We are aware of the Directors' duties under the Companies Act 2006. The Council of Trustees comprises people with relevant skills and experience, including the law.

Trustees and their responsibilities

The Trustees hold meetings at least three times per year to review detailed financial and progress reports and discuss new project proposals, strategy etc. The Trustees delegate the IMPACT Foundation's day-to-day operations to the Co-CEOs. Other meetings by sub-committees and task forces appointed for specific purposes take place on a regular basis. For example, a Staff Committee is delegated to consider human resource issues, policies and remuneration and an Investment Committee to consider investments. Recognising the need to keep up with the raft of new regulations and employment legislation, the Trustees retain the services of a Human Resources Consultant. All staff and members of the Advisory Council are invited to attend Trustees' meetings.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). They prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company; of the incoming resources; and of the application of resources, including the income and expenditure of the charitable company, for that period.

In preparing those accounts the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the Trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the Trustees have taken all appropriate steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Board of Trustees' other responsibilities include:

- Setting policy and overseeing strategic direction
- Complying with relevant laws and regulations
- Ensuring that charitable objects are met
- Promoting the IMPACT Foundation's reputation, values and integrity
- Taking appropriate care and advice when investing money
- Making sure charitable funds and assets are used to further IMPACT Foundation's charitable aims and fulfil its public benefit duty

Trustees are asked each year at the beginning of a meeting to declare any conflicts of interest. A policy is in place to manage any conflicts which might arise.

Trustees serving during this period are listed on page 2. Trustees have no financial interest in the IMPACT Foundation and receive no remuneration for their services. Our Governance costs this year were £15,555 (£17,546 in FY 2022-23).

Recruitment and appointment of Trustees

The appointment of Trustees is conducted in line with the IMPACT Foundation's Articles of Association. Trustees collectively have the power to appoint any person to be a Trustee but the Board of Trustees must consist of not less than 12 and not more than 20 people. The skills mix and diversity of the Board of Trustees is also considered. As set out in the Articles of Association, from the 1st January 2022, a Trustee may serve for a maximum term of three years and is then eligible for re-election. A Trustee may serve no more than three consecutive three year terms, although may be appointed anew after an interval of at least six months.

Policies apply for the recruitment, selection, induction and training of Trustees and members of staff, all of whom have agreed job descriptions.

We recognise the importance of providing new Trustees with sufficient information to equip them to become effective members of Council. All new Trustees receive a comprehensive induction pack of background material. They are invited to spend time with the staff team and visit project activities. Fellow Trustees are invited by the Chair to act as mentors to new Trustees. Prospective new Trustees may be invited to first become members of the Advisory Council, which has no powers, in order to gain a better understanding of the Foundation.

Advisory Council

The Advisory Council is made up of people with an interest in the Foundation and its work, and with relevant skills and experience on which the Board and staff may draw. Members do not have voting or decision-making rights but are encouraged to attend meetings and participate fully in discussions. It is a valuable resource and repository of knowledge.

A full list of Advisory Council members can be found at the start of this report. We are grateful to every one of them for their interest in, and support for, IMPACT's work.

Strategic review

A special meeting of Council, Advisory Council and staff took place on 29th November 2023 to consider the Foundation's strategic direction for the next five years. Extensive preparatory work was conducted during the summer of 2023 by a small taskforce and meeting participants were asked to complete questionnaires and

feedback thoughts on strategy in advance. It was possible to identify key areas for further discussion on the strategy day from the responses received, and these formed the basis of a strategy, which was formally adopted at the 129th meeting of Council on 14th March 2024.

The strategy for 2024-2029 reaffirms IMPACT Foundation UK's objects (*"To promote activities for the prevention of disablement and for the cure, mitigation and relief of disabling conditions" "which will be carried out throughout the world for the public benefit"*) and our six priorities for action:

- Early identification, treatment and rehabilitation – identifying and treating potentially disabling conditions before they cause irreparable damage
- Accessible surgery – making surgery accessible for people who need operations to restore their sight, hearing or mobility or, for example, to repair cleft lip or birth injuries
- Ending malnutrition – implementing programmes to combat malnutrition which causes physical or mental impairment and compromises immunity
- Safer motherhood and child survival – ensuring women and babies are healthy during pregnancy, birth, the first few weeks of life and through infancy
- Water and sanitation – improving access to safe water and sanitation to stop the spread of waterborne diseases
- Health education and training – empowering people with skills and knowledge to improve health and widening access to primary care such as immunisation

To the knowledge that our work makes a positive impact on the wider issue of poverty alleviation was added the need to consider and respond to climate change, conflict, refugee and mental health challenges; all of which are pressing global concerns - inextricably linked with each other, with development, and with needless disability prevention.

The strategy identified five overarching goals and tasks, each with their own sub-goals which are précised below:

1) Programme Development – supporting partner-led projects; develop a new 'flagship' project; and to expand action in the UK.
2) Partnerships – encouraging the self-sufficiency of existing local partners; and exploring opportunities to work with new partners.
3) Financial Resources and Fundraising – maintain our emphasis on value, cost-effectiveness and low administrative costs; project funding to be 90% plus of expenditure; employ our fundraising strategy to increase income year on year; endeavour to increase unrestricted income to fuel growth.
4) Human Resources – focus on succession planning for the board of Trustees to ensure diversity and experience and that it remains fit for the future; support the staff's wellbeing and development; recruit new volunteers for our UK project.
5) Communication and Advocacy – continue to 'campaign the cause' to promote awareness of the need for our work and what we do; and ensure that our priorities remain relevant.

This strategy will be regularly reviewed and progress towards achieving its aims and objectives will be updated annually.

Employees

The staff team remains remarkably lean and effective and its achievements belie its small size. This year there were eight employees (three full-time and five part-time). One part-time member of staff retired at the end of December, reducing the team to seven people for the final quarter.

The team is led by the Co-CEOs who are tasked with implementing the strategic vision of the Board of Trustees and responsibility for the day-to-day running of the charity. The Co-CEOs are ably assisted by the Finance Manager, Fundraising Manager, Office Manager, Development Manager and UK Programme Co-ordinator. A second UK Programme Co-ordinator was recruited during the year to begin work on 1st April 2024 so that our 'Tasty Team' project can grow to support more people in the next financial year. All employees have access to the Employee Handbook and policies, which are reviewed and approved annually by the Staffing Committee of Trustees, with input from an external Human Resources consultant.

Volunteers

Volunteers play an invaluable role in enhancing our programme of action by maximising the impact of our limited financial resources. Through collective efforts, we can extend our reach and significantly amplify what we are able to achieve in our mission to end needless disability.

In the UK, the 'Tasty Team' comprises dedicated volunteers from our local community in and around Mid Sussex. This year, 13 enthusiastic helpers have generously volunteered their time and skills to assist those learning culinary skills and gaining insights into nutrition, always with a keen eye on budget constraints. Their contributions have made a tangible, positive difference in the lives of our beneficiaries.



Since 1997, the IMPACT Luncheon Club members have raised £840,743 in aid of projects to prevent and treat needless disability

We extend our heartfelt gratitude to organisers and members of our successful fundraising Luncheon Club, and volunteers who help with mailings, and participate in events or deliver talks to raise funds and spread awareness about our work. This is particularly important because IMPACT's policy is never to pay for expensive advertising.

Furthermore, nearly 1,000 local volunteers are actively engaged in our projects worldwide, serving as champions for the health and well-being of their communities. Their dedication enables IMPACT to extend its reach far beyond what would otherwise be possible.

"IMPACT illustrates the best of what can happen when well-intentioned people get together"

Peter White MBE, Broadcaster and past speaker at the IMPACT Lunch Club

Relationships with partners

Our 13 partner organisations in Africa and Asia, plus IMPACTs Norway and Switzerland which, along with IMPACT UK generate income to fund project work in Africa and Asia, all share the same aim – a world free from needless disability.

When IMPACT was established in the 1980s, the organisation was set up not as a British head office with regional offices around the world run by expatriate staff, but rather as a coalition of equal partners; each led and staffed by local people who initiate and drive the work in their country. Sir John Wilson, IMPACT's visionary founder, was almost unique at the time in understanding that local people know best what is needed and how to meet those needs, therefore the role of the UK Foundation should be to support them to do what they do best.

Our international partners are autonomous, registered not-for-profit organisations in their own country whose accounts are fully audited. Most of them are IMPACT Foundations although we do work closely with other organisations where we share aims and a long-standing relationship, and where is it more efficacious to partner with them than to set up an IMPACT Foundation which would duplicate effort.

The International Federation of IMPACT Organisations (IFIO) meets every few years to exchange good practice and ideas, reaffirm our shared mission and ensure our priorities for action are still relevant. We aim to meet next in 2025.

Data protection

We follow the law as set out currently in the Data Protection Act 2018, which is the UK's implementation of the General Data Protection Regulation (GDPR). From the organisation's inception it has been our policy to never sell or exchange names and addresses with other organisations, or to disclose such data to a third party. We use an industry-respected database to store data safely. Confidentiality agreements and normal security procedures are in place for Trustees, staff and volunteers. We review our Data Protection and Confidentiality policy annually and keep changes in the law under constant watch. We adhere to individuals' rights to find out what information we hold about them and how we use their data, as set out by the 2018 Act, and would respond to requests in a timely manner.

Risk assessment

The Charity Commission requires the Trustees to identify and review the risks faced by the IMPACT Foundation. A full risk assessment is kept up-to-date and undergoes formal review annually by the Co-CEOs and the sub-committee on staffing. It is then approved by the Board of Trustees. The assessment covers risks under the following categories: reputation, financial, legislative/compliance, governance, staff/volunteers, infrastructure (property and assets), operational and fire, and sets out mitigations.

The UK Programme Co-ordinator conducts risk assessments for every part of the Tasty Team project before implementation.

Health on the curriculum

Working in schools and nurseries is an efficient way to improve the health of large numbers of children. From eye and ear checks, to nutrition and safe water – IMPACT is reducing the risk of needless disability.













INDEPENDENT AUDITORS' REPORT TO THE MEMBERS AND TRUSTEES OF IMPACT FOUNDATION

OPINION

We have audited the financial statements of Impact Foundation Limited (the 'charity') for the year ended 31st March 2024 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Financial Reporting Standard 102).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;

- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and

- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition we read all the financial and non financial information in the Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

• the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and

• the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

• adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;

• the financial statements are not in agreement with the accounting records and returns;

• certain disclosures of trustees' remuneration specified by law are not made, or

• we have not received all the information and explanations we require for our audit.

• the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 4), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

AUDITOR RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the Charity, we identified that the principal risks of non-compliance with laws and regulations related to breaches of UK regulatory principles, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to management bias in accounting estimates. Audit procedures performed included:

- validating the appropriateness of journal entries identified based on our fraud risk criteria;
- designing audit procedures to incorporate unpredictability around the nature, timing or extent of our testing;

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

USE OF OUR REPORT

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



STEPHEN POTTER FCA (Senior Statutory Auditor)

For and on behalf of
CARTER NICHOLLS LIMITED, STATUTORY AUDITOR
Chartered Accountants, Victoria House, Stanbridge Park, Staplefield Lane, Staplefield, West Sussex, RH17 6AS

Dated: 11.7.2024

IMPACT FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
(including income and expenditure account)
FOR THE YEAR ENDED 31ST MARCH 2024

	Note	Unrestricted Funds £	Restricted Funds £	Expendable Endowment Funds £	**Total Funds 2024 £**	*Total Funds 2023 £*
INCOME AND ENDOWMENTS FROM :						
Donations and Legacies	6	344,015	1,865,224	-	**2,209,239**	**2,086,538**
Income from Charitable Activities	7	27,243	9,151	-	**36,394**	**4,333**
Income from Investments	5	16,586	4,407	17,171	**38,164**	**16,968**
Total Income and Endowments		**387,844**	**1,878,782**	**17,171**	**2,283,797**	**2,107,839**
EXPENDITURE ON :						
Expenditure on Raising Funds	8	109,208	-	-	**109,208**	**103,680**
Expenditure on Charitable Activities	9	335,060	1,515,511	76,401	**1,926,972**	**2,306,681**
Total Expenditure		**444,268**	**1,515,511**	**76,401**	**2,036,180**	**2,410,361**
Net Income / (Expenditure)		(56,424)	363,271	(59,230)	**247,617**	**(302,522)**
NET MOVEMENT IN FUNDS		(56,424)	363,271	(59,230)	**247,617**	**(302,522)**
RECONCILIATION OF FUNDS						
Total Funds brought Forward		488,832	231,288	991,117	**1,711,237**	**2,013,759**
Total Funds Carried Forward		£ 432,408	£ 594,559	£ 931,887	**£ 1,958,854**	**£ 1,711,237**

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 47 to 55 form part of these accounts

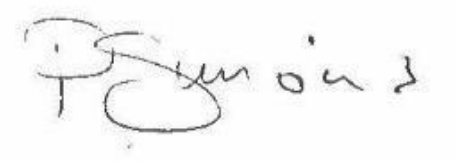
IMPACT FOUNDATION
BALANCE SHEET AS AT 31ST MARCH 2024

	Note	2024	*2023*
		£	*£*
FIXED ASSETS			
Tangible assets	11	**110,349**	**115,155**
		110,349	**115,155**
CURRENT ASSETS			
Debtors	12	**31,189**	**18,953**
Short term deposits		**1,798,236**	**1,565,618**
Cash at bank and in hand		**29,646**	**22,325**
		1,859,071	**1,606,896**
CREDITORS : amounts falling due within one year	13	**10,565**	**10,814**
NET CURRENT ASSETS		**1,848,506**	**1,596,082**
TOTAL ASSETS LESS CURRENT LIABILITIES		**1,958,855**	**1,711,237**
NET ASSETS		**£ 1,958,855**	**£ 1,711,237**
FUNDS	2		
Expendable Endowment	18	**931,887**	**991,117**
Restricted	19	**594,560**	**231,288**
		1,526,447	**1,222,405**
Unrestricted			
Designated	20	**141,391**	**167,829**
Fixed Assets replacement	20	**110,350**	**115,155**
Other	20	**180,667**	**205,848**
		432,408	**488,832**
Total Funds		**1,958,855**	**1,711,237**

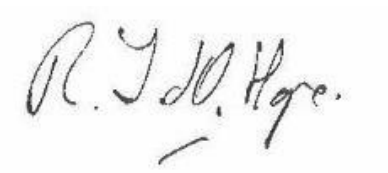
The notes on pages 47 to 55 form part of these accounts

The above accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

Signed on behalf of the board of Directors/Trustees



(Director/Trustee)



(Director/Trustee)

Approved and authorised by the Board: 11.07.2024

IMPACT FOUNDATION
STATEMENT OF CASH FLOWS FOR YEAR ENDING 31ST MARCH 2024

	Note	2024	*2023*
		£	*£*
Net cash used in operating activities	21	**201,773**	**(332,020)**
Cash Flows from investing activities	5	**38,164**	**16,968**
Increase / (decrease) in cash and cash equivalents in the year		**239,937**	**(315,052)**
Cash and cash equivalents at the beginning of the year		**1,587,945**	**1,902,997**
Total cash and cash equivalents at the end of the year		**1,827,882**	**1,587,945**

IMPACT FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2024

1 ACCOUNTING POLICIES

Accounting Convention

The financial statements have been prepared in accordance with Accounting & Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) (effective 1 January 2015) - (charities SORP (FRS 102) and the Companies Act 2006.

Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102 the restatement of comparative items was required. At the date of transition no items were identified that required restatement.

Capital Expenditure

Items of an enduring nature are treated as fixed assets. Other items are written off in the year of purchase.

Depreciation

Depreciation is provided on tangible assets, at a rate calculated to write off the cost less estimated residual value, of each asset over its useful life as follows:

Buildings	Over 50 Years
Computers and Equipment	Over 4 Years

Investments

Investments are included in the accounts at market value at the year end.

Income

Income is accounted for on a receivable basis taking account of entitlement, probability and measurement as defined within current accounting regulations.

Gifts in Kind

Gifts in kind of assets held as stock for distribution by the charity are recognised as incoming resources within "voluntary Income" only when distributed with an equivalent amount being included as resources expended under the appropriate category of the Statement of Financial Activities to reflect its distribution. The assets are valued at the open market cost for equivalent items.

Expenditure

Liabilities are recognised as soon as they become known. Expenditure on Charitable Activities includes the proportion of salaries, secretarial costs and other relevant expenses which relate to the planning, development and administration of these activities. Staff costs are allocated proportionally on a time spent basis. Other indirect costs are apportioned as the trustees deem appropriate from time to time.

Pension Costs

By agreement with the Trustees, the Foundation makes defined contributions to personal pension arrangements chosen by the relevant staff, and administers an auto enrolment pension. The costs of such contributions are charged to expenditure as they fall due.

2 FUNDS

These accounts include four categories of fund within the general headings of restricted and unrestricted.

Restricted Funds may be used for specific purposes and may not be used by the charity for any other purposes, without the prior consent of the donor.

Expendable endowment is a fund where the donor wishes income to be used for limited charitable purposes. The Trustees have power to convert the fund to income. This is also a restricted fund.

Unrestricted funds are expendable at the discretion of the Trustees who have designated funds which are earmarked for particular projects. Such designation is not a binding restriction - the Council can redesignate such money if they consider it appropriate.

Fixed Assets fund is an amount equal to the net value of functional fixed assets. This is treated as an unrestricted fund.

3 RESERVES

Unrestricted reserves are needed:

a) to provide funds which can be designated to specific projects to enable these projects to be undertaken at short notice, and

b) to cover administration, fund-raising and support costs without which the charity could not function.

The Trustees consider it prudent that other funds within unrestricted reserves excluding designated and fixed asset replacement should be sufficient to cover six months administration, fund-raising, governance and support costs.

Other unrestricted reserves as defined above currently equate to the minimum considered prudent.

The level of reserves is monitored and reviewed by the Trustees three times a year.

4 CAPITAL COMMITMENTS AND FINANCIAL LEASES

There were no capital commitments at the year end. There were no material commitments in respect of financial leases.

5 INVESTMENT POLICY

The Foundation's policy is to invest with careful consideration of the following:

a)	**SECURITY**	The need to avoid incurring losses and to take into account what level of risk is acceptable.
b)	**REALISABILITY**	The need for easy and speedy realisation without incurring material loss.
c)	**PERIOD OF INVESTMENT**	The minimum period for which the investment can be made before proceeds are required.
d)	**ETHICAL**	Need to avoid unethical investment.

e) INCOME FROM INVESTMENTS

	2024	*2023*
	£	*£*
Bank and deposit interest	**38,164**	**16,968**
	38,164	**16,968**

6 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	Total Funds	Prior Year Total Funds
Gift Aided Donations	66,136	150,564	-	**216,700**	**212,897**
Legacies	210,271	-	-	**210,271**	**270,484**
Other Donations	67,608	1,714,660	-	**1,782,268**	**1,592,357**
Sub-total	**344,015**	**1,865,224**	**-**	**2,209,239**	**2,075,738**
Gifts in Kind	-	-	-	**-**	**10,800**
	344,015	1,865,224	-	**2,209,239**	**2,086,538**

7 INCOME FROM CHARITABLE ACTIVITIES

	2024	*2023*
	£	*£*
Rotary	**9,151**	**4,333**
Lunch Club	**27,243**	**-**
	36,394	**4,333**

Profit from the supporters Lunch Club in 2022-23 totalled £14,936, and was previously included within other donations.

8 EXPENDITURE ON RAISING FUNDS

	£	**£**
Staff Costs	**81,935**	**78,302**
Other Costs	**27,273**	**25,378**
	109,208	**103,680**

9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	**2024**	*2023*
	£	£		**£**	*£*
Bangladesh	50,443	330,117		**380,560**	**793,273**
Cambodia	58,498	69,910	-	**128,408**	**69,733**
Kenya	162	72,178	-	**72,340**	**84,657**
India	-	588,887	-	**588,887**	**590,606**
Nepal	66,240	100,038	76,401	**242,679**	**84,866**
Tanzania/Ethiopia/South Sudan	-	57,055	-	**57,055**	**70,683**
Zanzibar	5,529	153,595	-	**159,124**	**109,976**
Pakistan	15,707	9,467	-	**25,174**	**231,774**
Sri Lanka	-	-	-	**-**	**10,800**
United Kingdom	-	20,618	-	**20,618**	**5,289**
	196,579	1,401,865	76,401	**1,674,845**	**2,051,657**
Support Costs	138,481	113,646	-	**252,127**	**255,024**
	335,060	**1,515,511**	**76,401**	**1,926,972**	**2,306,681**

Support Costs are further analysed	Note	Staff	Other	Total Expenditure **2024**	*2023*
				£	*£*
International Research		21,721	2,612	**24,333**	**27,082**
International		96,350	28,296	**124,646**	**140,015**
United Kingdom		27,567	5,568	**33,135**	**19,488**
Administration		43,527	10,931	**54,458**	**50,893**
Governance Costs	10	6,562	8,993	**15,555**	**17,546**
		195,727	56,400	**252,127**	**255,024**

10 GOVERNANCE COSTS

	2024	*2023*
	£	*£*
Audit	**5,124**	**4,819**
Staff Costs	**6,562**	**8,086**
Other	**3,869**	**4,641**
	15,555	**17,546**

11 TANGIBLE FIXED ASSETS

	Freehold Land and Buildings	Computers other equip.	Total
Cost	£	£	£
At 01.04.23	167,725	16,783	**184,508**
Additions during year	-	-	**-**
At 31.03.24	167,725	16,783	**184,508**
Depreciation			
At 01.04.23	58,721	10,632	**69,353**
Charge for year	2,755	2,051	**4,806**
At 31.03.24	61,476	12,683	**74,159**
Net Book Value			
At 31.03.24	106,249	4,100	**110,349**
At 31.03.23	*109,004*	*6,151*	*115,155*

12 DEBTORS

	2024	*2023*
	£	**£**
Accrued Interest	**25,093**	**12,180**
Income tax recoverable	**6,096**	**6,773**
	31,189	**18,953**

13 CREDITORS - amounts falling due within one year

	2024	*2023*
	£	*£*
Tax and social security	**6,090**	**6,339**
Accruals	**4,475**	**4,475**
	10,565	**10,814**

14 EMPLOYEES

		2024	*2023*
The average number of persons employed by the			
Foundation was:	Full time employees	**3**	**3**
	Part time employees	**5**	**4**
		8	**7**
Staff costs during the year were as follows:-			
	Salaries and wages	**230,934**	**222,743**
	Social Security costs	**17,196**	**17,860**
	Pension contributions	**29,533**	**35,209**
		277,663	**275,812**

One employee received emoluments including pension contributions totalling more than £60,000

15 DIRECTORS / TRUSTEES

There were fourteen trustees, all of whom are members of the Executive Council and none of whom receive any remuneration from the Foundation.

Trustees did not claim reimbursement for expenses

16 AUDITOR'S REMUNERATION

The auditor's remuneration for audit work was £2,670 (2023- £2,587).

17 FUND MOVEMENT

	RESTRICTED		UNRESTRICTED		RESERVES	
	Expendable Endowment	Other	Fixed Asset	Designated	General	**Total 2024**
At 01.04.23	991,117	231,288	115,155	167,829	205,848	**1,711,237**
Income and Endowments	17,171	1,878,782	-	-	387,843	**2,283,796**
Expenditure	(76,401)	(1,515,510)	-	(232,337)	(211,930)	**(2,036,178)**
Other - Designated	-	-	-	205,899	(205,899)	**-**
Asset replacement	-	-	(4,805)	-	4,805	**-**
At 31.03.24	931,887	594,560	110,350	141,391	180,667	1,958,855

18 ASSETS AND LIABILITIES SPLIT BY FUND

	RESTRICTED		UNRESTRICTED		RESERVES	
	Expendable Endowment	Other	Fixed Asset	Designated	General	Total 2024
Fixed assets	-	-	110,350	-	-	**110,350**
Current assets	931,887	594,560	-	141,391	191,232	**1,859,070**
Current Liabilities	-	-	-	-	(10,565)	**(10,565)**
Fund Balances	931,887	594,560	110,350	141,391	180,667	**1,958,855**

19 RESTRICTED FUNDS

	Balance 01.04.23	Increase	Decrease	Balance 31.03.24
Bangladesh				
Riverboat Hospital and Prevention Proje	33,075	**135,053**	**166,037**	**2,091**
General	1,675	**82,736**	**84,411**	**-**
Nurses Institute	17,466	**24,334**	**38,154**	**3,646**
Community Health Care Centre	18,251	**9,927**	**27,995**	**183**
Equipment	14,820	**29,679**	**44,357**	**142**
Water Appeal	2,729	**5,000**	**7,350**	**379**
Cambodia				
General	-	**103,218**	**103,218**	**-**
Lake Clinic	193	**8,424**	**6,695**	**1,922**
Lake Clinic Mental Health	313	**13,000**	**10,500**	**2,813**
East Africa				
Disability Prevention	67,061	**4,538**	**70,898**	**701**
Tumaini Children's Charity	40	**375**	**384**	**31**
Water Projects	-	**537**	**537**	**-**
India				
Disability Prevention Bhavnagar	-	**31,375**	**31,225**	**150**
Integrated Project Pune	8,608	**1,065**	**2,000**	**7,673**
Lifeline Express Hospital Train	784	**829,572**	**543,915**	**286,441**
General	-	**2,103**	**2,103**	**-**
Pakistan				
Safer Motherhood	196	**15,707**	**15,903**	**-**

RESTRICTED FUNDS - Cont.

Nepal				
General	-	**81,085**	**81,085**	**-**
Rautahat - Safer Motherhood	-	**71,975**	**71,975**	**-**
Far West Ear Project	-	**76,401**	**76,401**	**-**
Africa				
Africa General	960	**39,611**	**40,295**	**276**
Africa Fistula	-	**17,038**	**17,000**	**38**
Zanzibar				
General	-	**119,167**	**119,167**	**-**
School For The Deaf	209	**24,495**	**22,995**	**1,709**
International				
General	8,251	**2,839**	**10,736**	**354**
Eye Care	56,047	**1,398**	**-**	**57,445**
Double the Impact Appeal	-	**409,673**	**196,260**	**213,413**
United Kingdom				
Tasty Team Project	610	**33,658**	**19,115**	**15,153**
	231,288	2,173,983	1,810,711	594,560

All the above balances are held in cash.

20 DESIGNATED FUNDS

	Balance 01.04.23	Designated during year	Expended during year	Balance 31.03.24
Bangladesh				
Riverboat Hospital & Prevention Project	-	-	-	-
General	3,869	**106,399**	**67,033**	**43,235**
Cambodia				
General	35,584	**40,000**	**58,498**	**17,086**
East Africa				
Water projects	269	-	**162**	**107**
Nepal				
General	54,242	**32,000**	**71,240**	**15,002**
Pakistan				
Safer Motherhood	12,969	**10,500**	**15,707**	**7,762**
Sri Lanka				
Clinics	1,692	-	-	**1,692**
Zanzibar				
General	204	**17,000**	**15,691**	**1,513**
International				
General	9,000	-	**4,006**	**4,994**
Contingency Fund	50,000	-	-	**50,000**
	167,829	205,899	232,337	141,391

All of the above funds are held in cash.

21 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024	*2023*
	£	*£*
Net movement in funds	247,617	(302,522)
Adjustments for :		
Depreciation charges /(purchase fixed assets)	4,805	(3,397)
Interest from investments	(38,164)	(16,968)
(Increase) / decrease in debtors	(12,236)	(9,797)
Increase / (decrease) in creditors	(249)	664
Net cash used in operating activities	201,773	(332,020)

Together we make so much possible

The work you have read about in this report is only made possible by the generosity of our supporters. Funds are urgently needed to continue and expand our projects so that even more people benefit in the coming years. Please send us a donation using the Gift Form provided. Alternatively, telephone 01444 457080 or visit our website to make your gift. **Thank you.**



giftaid it

Increase your gift at no extra cost

UK taxpayers can add more to their gift without it costing them an extra penny. Please tick the Gift Aid box on the Gift Form, return it to us and we will do the rest. This will also enable us to claim Gift Aid on donations you have made to IMPACT in the past four years. Higher rate taxpayers can benefit from additional tax relief on their gifts which can be claimed via their self-assessment tax return or by asking HMRC to change their tax code.

Regular giving

Setting up a standing order using the regular giving form makes supporting IMPACT's work simple and knowing that we can depend on regular gifts enables us to implement long-term projects. Ticking the Gift Aid box on the Gift Form means we can reclaim tax on your generous donations too.

Legacies

Remembering IMPACT in your will gives a gift to future generations. Donations to charity are currently free of inheritance tax which can help to reduce the tax burden on your estate. Our special leaflet provides more details and is available upon request or online: **www. IMPACT.org.uk/donate/remember-us-in-your-will**

Shares

Tax relief is available on gifts of shares.

Fundraising events and Gifts in Memory

It is simple to support IMPACT using Just Giving, an online service which enables fundraisers to set up dedicated pages for their event or to collect gifts in memory of a loved one by debit or credit card. Please visit www.JustGiving.com/impactfoundation

Further information

Please visit our website at www.IMPACT.org.uk. We publish regular newsletters and reviews and you can sign up for them online. You can also follow us on **X (formerly Twitter)** @IMPACT_UK_
Facebook www.facebook.com/IMPACTFoundationUK and **Instagram** @impactfoundation_uk

Please contact us

We are only a telephone call away on **01444 457080** and would love to hear from you.

IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH
Email: impact@impact.org.uk
Charity Number: 290992
Company Number: 1878297

Registered with FUNDRAISING REGULATOR

Make your IMPACT!



£25 Could establish a garden to feed another family



£43

Could help to restore sight, hearing or mobility; or repair another child's cleft lip



£100

Could help train and equip a local health worker or traditional birth attendant

£1,700 Could bring clean water to a school



I would like to support IMPACT's work with a gift of:

£ _____ **Thank you.** Your gift today will prevent disability tomorrow

☐ I enclose a cheque or postal order payable to IMPACT Foundation
Or please charge my Master/Visa/CAF card.

☐ VISA ☐ MasterCard ☐ CAF

You can also call us with your credit card details on 01444 457080

16-digit Card Number: | | | | | | | | | | | | | | | |

Issue Date: | | | | Expiry Date: | | | |

Tel No: _____

giftaid it — *Boost your donation by 25p of Gift Aid for every £1 you donate*

☐ I wish IMPACT Foundation to treat all gifts in the last four years, this gift and all future gifts as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Gift Aid is reclaimed by IMPACT Foundation from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Name: (Mr/Mrs/Miss/Ms) _____

Address: _____

Postcode: _____

Signature: _____ Date: _____

Email: _____

Please notify us if you:
- Want to cancel this declaration
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains.

Please return this form to:
IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

REGULAR GIVING FORM

1) I would like to make a lasting difference to IMPACT's work with regular gifts. Please instruct my Bank Manager at:

Bank: _____

Branch Address: _____

Postcode: _____

Sort Code: | | | | | | Account | | | | | | | | |

2) To pay IMPACT Foundation (Sort Code: 20-49-76, Account No. 60171913)

£ _____ Each Month / Quarter / Year (please circle one)

Or (if you already make regular gifts to IMPACT direct from your bank account) to increase my gift to

£ _____ Each Month / Quarter / Year (please circle one)

3) I wish my gifts to begin on and continue until further notice _____ (Date)

4) Signed: _____

Name: (Mr./Mrs./Miss./Ms.) _____

Address: _____

Postcode: _____

PLEASE RETURN TO IMPACT. If you would also like IMPACT to reclaim Gift Aid on these gifts, please complete your name and address and tick the Gift Aid box on the form above and send both forms to: IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

Thank You

IMPACT is a Registered Charity, number 290992

IMPACT Gift Tokens

IMPACT's unique range of gift tokens make a heart-warming gift and can be personalised and sent directly to your loved ones. Visit our website to see the full range - www.IMPACT.org.uk

Our letterbox gifts; reusable water bottles; cotton bags; and tea towels are also available to purchase, with every sale supporting IMPACT's work.



IMPACT

Preventing disability. Transforming lives.

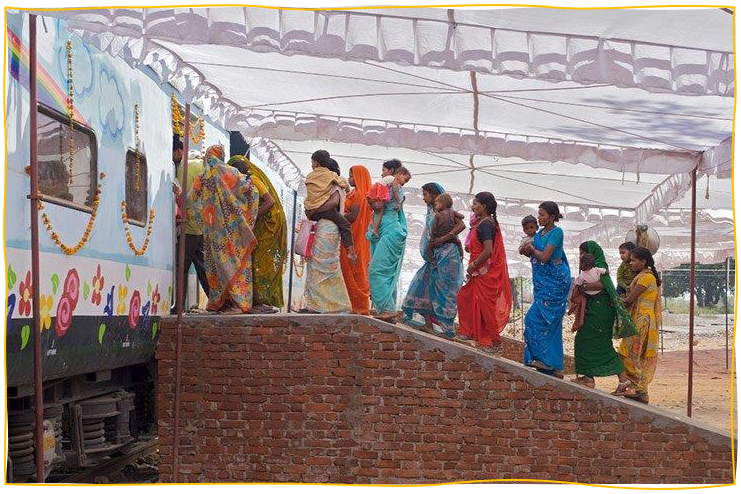
Taking the hospital to the people...

By boat, road and rail!











IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

Tel: 01444 457080 Email: impact@impact.org.uk Website: www.IMPACT.org.uk

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IMPACT FOUNDATION

England & Wales - Charity number 290992

Accounts



IMPACT

Preventing disability. Transforming lives.

2022-23

Annual Report & Accounts

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Foundation information

Lady Wilson, OBE, FRCOphth (Hon) — Honorary President

Trustees who are Directors:

Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCGP — Chair
John Scott — Vice-Chair
Peter Simons BBS MBA FCMA — Honorary Treasurer / Company Secretary
(appointed to the Board 01.12.22, appointed Honorary Treasurer and Company Secretary 01.04.23)

Nicholas Astbury FRCS, FRCOphth, FRCP
Keith Barnard-Jones, MBBS, MRCS, LRCP, D.Obst.RCOG, MRCGP
Gordon Bennett, LL.B (Hons), LL.M, Dip Int Law
Claire Hicks, MBE
Robin d'O. Hope (Honorary Treasurer until 31.03.23)
David Jameson Evans, FRCS, FRCS (C)
John Mowbray, KC (retired 14.07.22)
Michael O'Connell, MB, BS, BSc, MPhil, FRCS (Otol), FRCS (Orl)
Lady Prance (retired 14.07.22)
Sal Rassam MB BCh BAO LRCSI LRCPI DTM, DO MD FRCOphth
Vinit Shah, MBBS, MRCP, FRCPCH
David Walker, CMG, CVO
Peter Webster, MA, FCA

Staff Team:

Sarah Smith	Co-Chief Executive (appointed 01.04.23)
Pascale Noel	Co-Chief Executive (appointed 01.04.23)
Judi Stagg	Special Advisor (CEO until 31.03.23)
Tessa Brown	Finance Manager
Jackson Medlow-Stagg	Fundraising Manager
Julia Nottingham	Office Manager
Lisa Waller	Development Manager (appointed 17.04.23, previously UK Programme Manager)
Rosie Wiltshire	UK Programme Co-ordinator (appointed 17.04.23)

Registered Office:
151 Western Road
Haywards Heath
West Sussex
RH16 3LH
Telephone: 01444 457080
Email: impact@impact.org.uk

Auditors:
Carter Nicholls
Victoria House
Stanbridge Park
Staplefield Lane
Staplefield, Haywards Heath
West Sussex RH17 6AS

Bankers:
Barclays Bank plc
77 South Road
Haywards Heath
West Sussex
RH16 4LB

Legal Advisors:
Colemans Solicitors
Paddockhall Chambers
Paddockhall Road
Haywards Heath
West Sussex RH16 1HF

Charity Number: 290992
Company Number: 1878297
The IMPACT Foundation is a registered charity in England and Wales and a company without share capital limited by guarantee

Trustees' annual report

(Incorporating the Directors' Report)

A message from our Chair



Brenda is a retired GP who has visited many overseas IMPACT programmes, including IMPACT Cambodia, at her own expense

Each year throws up fresh challenges. At IMPACT our focus in these times of both economic and climate uncertainty is to be as cost-effective as possible and to help the communities and partners with whom we work to develop their own resilience. We are hugely grateful to you, our donors, who continue to give generously despite pressure on household budgets in the UK too.

Last autumn, IMPACT's appeal to help flood-affected families in Pakistan raised over £265,000. IMPACT is not a disaster organisation but when a crisis occurs we are well placed to assist the communities with whom we are already in contact. Houses were destroyed and families saw everything they possessed washed away. Having provided immediate assistance, IMPACT Pakistan is now building floodproof houses for 100 homeless families.

Difficult economic and climate circumstances disproportionately affect communities already facing hunger, disease and poverty. In Cambodia the director of a primary school in a remote rural area told us, *"we have never experienced this before, an organisation coming down to our school".* IMPACT Cambodia is offering eye and ear care, nutrition and hygiene guidance to these children - who with good health can be a future resource for their country. IMPACT strives to ensure that no one is left behind.

In Bangladesh at IMPACT's Nursing Institute in Meherpur, six batches of students have so far completed their 3-year Diploma degree. They are now contributing to their communities and helping to tackle the country's acute shortage of nurses. IMPACT always offers long-term solutions to challenges.

Here at home, IMPACT's Tasty Team continues to help make family budgets go further by helping people prepare nutritious and enjoyable meals – skills to last a lifetime.

This year Judi, our CEO since 2009, steps down after nearly 40 years of service to IMPACT. We are looking forward to Pascale and Sarah, who also have long experience with IMPACT, taking over as joint-CEOs and delighted that Judi will remain involved with IMPACT.

We are well aware that it is harder than ever to afford giving. However, you can be assured that your generous donations will be well-used by IMPACT UK and our partners around the world to prevent needless disability and transform lives. This report shows how we make every pound donated go a very long way!

Dr Brenda Luck
Chair, IMPACT Foundation UK
5th April 2023

Making an IMPACT HOW & WHY

WHY IMPACT'S WORK IS NEEDED

➔ 15% of the world's people live with a disability

➔ 80% live in lower-income countries

➔ One third are children

➔ Many of them were not born with a disability and live – unnecessarily - with a condition which could have been prevented or could be reversed

[Statistics source: WHO]



WHERE WE WORK

AFRICA: Ethiopia, Kenya, South Sudan, Tanzania, Zanzibar

ASIA: Bangladesh, Cambodia, India, Nepal, Pakistan, Sri Lanka

EUROPE: The UK, Norway, Switzerland (raise money to support implementing partners in Africa and Asia)

BREAKING THE POVERTY CYCLE

People with disabilities often rank among the very poorest in society and lack equal opportunities to education or employment; many are kept in poverty by discrimination. IMPACT's work to prevent and treat needless disability makes a vital contribution to the alleviation of poverty.

HOW IMPACT BEGAN

Needless disability is inextricably linked with poverty. The late Sir John Wilson (who was blind himself) founded IMPACT in 1985 as a means of sharing knowledge and supporting communities in rural Africa and Asia to prevent disabling conditions using practical, low-cost methods. Sir John worked with local people, such as surgeons, to establish multiple autonomous national IMPACTs - most of them in countries of the global south. IMPACT's projects are straightforward, cost-effective and focus on community-led development to ensure that projects meet real needs and create long-lasting change.



Sir John Wilson campaigning for a Polio-free India during the 1980s

IMPACT's vision

IMPACT's vision is of a world free from needless disability. We believe that no one should become or remain needlessly disabled through disease, lack of knowledge or shortage of medical services.

Living with a disability is a fact of life for more than a billion people around the world. It is estimated that a significant proportion of people with disabilities live with a condition that could have been prevented or could be treated. For example, permanent hearing loss caused by an untreated ear infection; cataracts causing sight loss that could be restored through surgery; or birth injuries caused to a mother giving birth alone or without trained assistance.

Needless disability and poverty are inextricably linked, each perpetuating the other. The poorest sections of society have least access to medical services that could prevent needlessly disabling conditions and people with disabilities too often face discrimination and obstacles to employment or education – stepping stones to improved prosperity. IMPACT's work to prevent and treat needless disability therefore also makes a vital contribution to the alleviation of poverty around the world.

A core part of our philosophy is the belief that local people are best placed to identify the needs in their own country and how to meet them in a culturally appropriate and cost-effective way. IMPACT UK never imposes ideas or action on our international partners but instead plays a supporting role to facilitate the programmes they have developed in consultation with beneficiaries. We also invest in training and equipping local medical and health workers to serve their communities for the long-term.



Kamwengi Primary School in Mwingi, Kenya benefited from a number of health improvement measures, including the installation of clean toilets, handwashing facilities and a rainwater harvesting system. The children are just some of the 46,900 people who have benefited from IMPACT projects to improve access to safe water and sanitation this year

IMPACT's vision

IMPACT has worked with 14 trusted and long-standing local partners in 11 countries of Africa and Asia during 2022-23. Each partner is autonomous and delivers a programme of action they have designed to prevent and treat needless disability; to promote health; and, as a consequence, to alleviate poverty. We always encourage partners to work with each other, as well as with IMPACT UK. We also run a successful project to promote healthy nutrition in our local community in the UK. Our shared priorities for action are:



ACCESSIBLE SURGERY

Medical teams operate to restore sight, hearing or mobility – or to treat other disabling conditions and injuries, often taking surgery into remote areas



EARLY IDENTIFICATION, TREATMENT & REHABILIATION

Prevention is better than cure so local health workers check people's wellness and treat the early signs of needless disability. They also provide physiotherapy and assistive devices such as spectacles, hearing aids and prostheses



SAFER MOTHERHOOD & CHILD SURVIVAL

Medical support, straightforward monitoring and basic interventions such as vaccinations and improving nutrition can keep women and their babies safe and healthy during pregnancy, childbirth and infancy



SAFE WATER & SANITATION

Safe water and sanitation are the foundations of good health so we support installation of clean water sources, handwashing stations and toilets and the sharing of information about hygiene and sanitation



ENDING MALNUTRITION

Lack of vital vitamins and minerals is associated with visual and cognitive impairment, as well as increasing the risks during pregnancy, and compromising immunity so we help people to prevent deficiencies in cost-effective ways



HEALTH EDUCATION & TRAINING

Skills and knowledge are shared with communities so they can take action to protect the health of themselves and their families and medical workers' skills are enhanced

How each country programme contributes to our shared objectives

Country	Accessible surgery	Early identification, treatment & rehabilitation	Safer motherhood & child survival	Safe water & sanitation	Ending Malnutrition	Health education & training
Bangladesh	✓	✓	✓	✓	✓	✓
Cambodia	✓	✓	✓	✓	✓	✓
India	✓	✓			✓	✓
Kenya	✓	✓	✓	✓	✓	✓
Nepal	✓	✓	✓	✓	✓	✓
Pakistan		✓	✓		✓	✓
Sri Lanka		✓				
Tanzania (+ Ethiopia and South Sudan)	✓	✓	✓		✓	✓
The UK					✓	✓
Zanzibar	✓	✓	✓	✓	✓	✓

The public benefit of our work

IMPACT's work makes a clear and valuable contribution to the public benefit and Trustees have due regard to the Charity Commission's public benefit guidance when exercising any powers and duties to which the guidance is relevant. The rest of this report will demonstrate this in more detail.

Performance

IMPACT UK's reach through our project in the UK and through funding for our international programme of action has extended to 700,000 people this year. This total includes adults and children living in some of the most challenging circumstances where it is often a daily struggle to meet basic needs. Everyone who participated was at risk of, or already living with, needless disability or compromised health.

While our outreach belies our small size, IMPACT UK's founder Sir John Wilson, CBE, himself blind, reminded us that *"People do not become disabled in their millions but as individuals, each in their own predicament".*



'We have not stopped smiling since the surgeons on IMPACT's floating hospital repaired my granddaughter's cleft lip!'

Behind every statistic in the table below is a real person with their own story to tell of how IMPACT's work has changed their life; from mothers giving birth in the safety of a clean and well-equipped medical facility which means their baby has a greater chance of being born alive and well, to children who can now learn easily because their new spectacles enable them to read and follow the lesson in class. From adults who can earn a living following surgery to restore their sight or hearing, to health workers who are caring for their communities with the knowledge and equipment they need to do their job. And from parents and children who now have access to safe water and nutritious food, to members of Mothers' Clubs who understand how to prevent needless disability and are a force for positive change in their villages. Thanks to our focus on sustainable, community-based comprehensive projects, many of those we have supported this year have benefited in multiple ways, which amplifies the life-changing potential of our work.

In addition to our 'Tasty Team' project to promote healthy nutrition for vulnerable groups in West Sussex, IMPACT UK has supported 14 partners working in 11 countries of east Africa, south-east Asia and southern Asia to achieve the following:

Overall activity:

Action within on-going programme	2022-23	2021-22
People examined and provided with treatment	282,097	202,364
Operations to restore sight, mobility or hearing, or to repair cleft lip or fistula	9,352	6,493
Immunisation against disabling disease (including activities to support Government vaccination programmes)	11,624	11,309
Mothers and babies receiving pre and post-natal care	19,617	16,938
Combatting malnutrition, including home garden and micronutrient supplement beneficiaries	64,661	54,004
Health professionals and community volunteers trained	3,512	2,606
People participating in health education or otherwise empowered within their communities	211,762	226,788
People benefiting from safe water and improved sanitation	46,900	369,582
Assistive devices given (hearing aids/orthotics/prostheses etc.)	25,276	23,084
Medical facilities upgraded / provided with equipment	7	7
Other emergency relief		
Flooding relief and rebuilding, Pakistan	Emergency food, clothing and other necessities plus medical care was provided to 12,693 people 102 brick homes and 46 small washrooms (WCs) built for 510 people made homeless	N/A

A more detailed description of these activities, broken down by country, can be found later in this report.

The return to more normal ways of working following the restrictions of the Covid-19 pandemic has shown in the figures above. Notably, the number of adults and children who have benefited from examination and treatment for a variety of medical conditions has increased by almost 40% and this is reflected in the corresponding increase in surgeries performed (up 44%) because people needing surgery are referred from the screening clinics and by school health teams – quite simply the more people who are examined, the more will be found who need surgery. Our local partners also gave out more bespoke assistive devices – spectacles, hearing aids, prosthetic limbs and the like (up 9.5%) than in the previous year; once again because more people were examined. The need for assistive technology is estimated to affect 2.5 billion people and is largely unmet, but according to the World Health Organisation, *"Assistive technology enables people to live healthy, productive, independent, and dignified lives, and to participate in education, the labour market and civic life".*



The top deck of the Jibon Tari floating hospital serves as a training centre for community leaders and Traditional Birth Attendants

Training for health workers and community leaders on needless disability prevention and treatment, or with specialist medical skills, increased by nearly 35% this year, once again due to the resumption of in person gatherings which made possible workshops and training courses.

We have been able to reach more people with action to prevent malnutrition (up 19.7% on the previous year) and more women and babies have benefited from our maternity care services (up 15.8%) thanks to the ability to run clinics and the growing confidence of people to return after Covid-19. Our field workers can also travel around communities freely now that restrictions on movement have ceased.

The number of people benefiting from immunisation (either from our medical teams vaccinating them or by health education which signposts how and where to receive vaccinations under Government schemes) and those participating in health education schemes has remained fairly level. We have built the infrastructure of the same number of health facilities as last year. This can take the form of construction, remodelling or the provision of medical equipment. Everything we help to provide is requested by the medical specialists running or working in our projects so we know it will be well-used, and is of the same standard you would find in hospitals in the UK.

The number of people benefiting from safe water and sanitation was exceptionally high in the previous year (2021-22) due to the installation of a water treatment plant in a hospital in Bangladesh which was used by very large numbers of staff and patients every day.

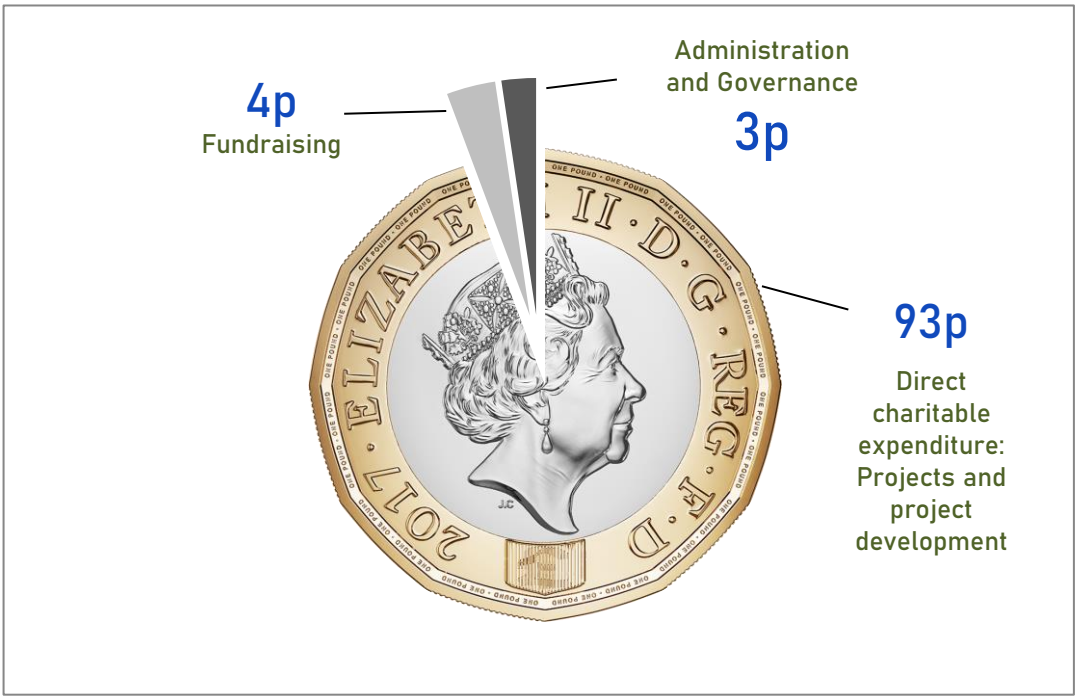
Monitoring the impact of our support is an important and continuous process. Our trusted local partners provide regular reports covering the projects we are collaborating on, and independent evaluations and programme visits from representatives of IMPACT UK provide added layers of oversight. We understand that when someone donates money to us a bond of trust is created, so we strive to ensure that those funds are always well-used.

IMPACT UK is funded entirely by voluntary contributions. Each and every gift is appreciated and without them, none of the work described in this report would be possible. Our income this year is £2,107,839 (down 2.4% on FY 2021-22). At the start of every year we set out to raise at least £1.5million in order to meet our commitments to partners and our modest operating costs, as well as one-off projects or requests for equipment as they arise.

Expenditure this year was £2,410,361 (up 4% on FY 2021-22) and 93% of this was spent on direct charitable purposes (projects and project development) compared to 94.3% in FY 2021-22. We strive for a minimum of 90 pence in every £1 expended being used for this purpose each year.

More detailed information about our financial performance can be found later in this report in the 'Financial Review and Policies' section on page 32.

2022/23 – How every £1 was invested



We always have ambitious plans to prevent and treat needless disability and last year set ourselves 14 goals – 'Looking to the Future' on page 31. We have made very good progress towards achieving these aims, as detailed below:

Goal	Achievement
Further expand the school-based safe water and menstrual hygiene work we have been developing with IMPACT Foundation Bangladesh in Chuadanga and Meherpur districts	This year, 3 SIDKO water treatment plants have been installed in schools in Chuadanga and Meherpur districts, 3 toilet blocks have been upgraded to provide private space, 2,200 pupils have participated in menstrual hygiene education and been given kits to support their menstrual health needs, which will help to keep them in school all month.
Build the infrastructure, and therefore capacity, of more health centres and hospitals in remote and underserved areas of Cambodia, to deliver quality medical care with a particular focus on maternity care	Our support made possible the construction of a new building for inpatients, A&E admissions and women delivering babies, at O'Chrov Referral Hospital, Banteay Meanchey, and the provision of 15 patient beds. This hospital has a catchment of more than 50,000 people; about 20% of whom are women of reproductive age. Due to overcrowding and lack of resources, patients had previously been accommodated outside.
Support the essential cost of dry dock maintenance for the Jibon Tari floating hospital in Bangladesh, which must be undertaken every four years to ensure the safety of the vessel and everyone using it	We paid for the cost of 'dry dock' maintenance and extensive repairs for the Jibon Tari floating hospital, which took place at Khulna dockyards from May 2022. Corroded steel plates were replaced throughout, the vessel was sandblasted and repainted, drainage systems and washrooms were repaired etc. On 12th August, shipyard workers and their families were thanked with an eye screening clinic which checked 216 people. In addition, we provided funding to overhaul the generators and install a new fire-fighting system. The Jibon Tari is fit and safe to continue its journey for the next four years.
Provide village communities in remote areas of Ratanakiri province (one of the least developed in Cambodia) with rice mills to ensure they can make use of their rice harvest as a sustainable source of food for hungry families	Despite our best efforts, we have been unable to raise the funds to provide more rice mills during this financial year but we remain committed to supporting innovative ways to reduce malnutrition around the world.
Upgrade surgical instruments at IMPACT Nepal's Ear Care Centre in Birgunj, that we helped to establish	We raised funds for ENT care in Nepal in celebration of our President, Lady Wilson's 100th birthday in August. IMPACT Nepal chose to purchase an audiometer and a tympanometer for two Primary Ear Care Centres as the need for these was urgent.
Fund even more specialised treatment and/or operations for people with conditions including hydrocephalus, leprosy, burns and cleft lip	Specific funding has been provided to partners for 15 hydrocephalus operations in Bangladesh; 179 fistula/birth injury/gynaecological surgeries Bangladesh, Ethiopia and South Sudan; and 158 plastic surgeries (e.g. to repair cleft lip or burns) in Bangladesh and India.
Install 'talking walls' on school latrines in Kenya, to promote hygiene awareness messages	22 'Talking Walls' (murals which hygiene and health messages) were installed in 11 schools with a potential audience of approximately 3,850 students and teachers.
Support three projects of IMPACT India's award-winning Lifeline Express hospital train during	We paid for three projects of the Lifeline Express hospital train as a result of the matched funding 30th anniversary appeal, which took

which 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery	place in Chhattisgarh, Odisha and Bihar states between April and July 2022. The fourth project we funded took place in Siddarth Nagar in early 2023. In total 41,237 people were screened or treated, 2,225 people underwent surgery to restore sight, hearing or mobility, and 5,936 assistive devices were provided.
Assist the new IMPACT Foundation Bangladesh hospital in Chuadanga to open and begin delivering services	We have provided funds for numerous items of much-needed, specialist medical equipment including a B-Scan and Retinoscopy set, an OCT Angiography machine, a digital X-ray machine, and a YAG laser machine.
Fund essential running costs for the ZOP Academy in Zanzibar, which provides specialist education and opportunities to hearing impaired children who might otherwise never go to school	We have once again provided significant funding for this specialist school which provides inclusive education to 30 students with significant hearing loss. Funding paid for essential running costs including the salaries of 25 members of staff from teachers and premises staff, to the onsite nurse and medical officer.
Invest in more families who want to start income generating micro-businesses with the provision of livestock such as goats, geese and chickens or seeds to grow fruit and vegetables (this helps to both feed members of the household and makes money to buy other essentials) and through entrepreneur training and business starter kits (hairdressing, baking etc.) for women leaving hospital following repair of obstetric fistula	Thanks to our 'gift token' fundraising scheme, our supporters have enabled the provision of geese to 15 families in Bangladesh while in Nepal, 27 families have received chickens and 14 families have received goats. 3,496 households and schools have been helped to start vegetable gardens. All of these initiatives have the dual benefit of reducing malnutrition and enabling families to generate income.
Provide scholarships for more student nurses in Bangladesh who should start their education in the new Nursing and Midwifery Institute building, which IMPACT UK has helped to construct	The support of IMPACT UK has paid for 30 student nurses at the Nursing and Midwifery Institute to study and live there this year. We also provided additional support for study materials to 19 nurses in particular hardship.
Continue to improve the resources (online and physical) available to volunteers and participants of the Tasty Team project in the UK and to explore opportunities to work with more local people to improve their food security, while building lifelong cooking skills and nutrition knowledge	734 people have taken part in the Tasty Team project this year, as participants learning to cook or as volunteers. A new opportunity arose to support Ukrainian refugees so 'Ukrainian Fridays' was born to help people forced to flee the war to meet local families and learn to eat healthily using sometimes unfamiliar ingredients. Online resources continue to grow with content regularly added to the Tasty Team YouTube channel. We have also supported users of local food banks to cook differently, swap ingredients for cheaper alternatives and reducing energy usage, through well attended workshops and distribution of slow cookers. In response to the cost-of-living crisis, we produced new recipe books for our beneficiaries, designed for cooking with slow cookers and microwaves.
Respond quickly and effectively to emergencies in our project areas should they arise	A rapid response to the devastating flooding in Pakistan through our local partner IMPACT Pakistan resulted in more than 13,000 people being supported with emergency food, clothes and other essential supplies, and medical care in the weeks that followed. 102 houses were built to provide long-term homes for the worst affected families.

ASIA: Bangladesh



The Jibon Tari (Boat of Life) floating hospital has been 'taking the hospital to the people' since 1999

For almost three decades, IMPACT Foundation Bangladesh (IFB) has delivered an extensive programme of activities to prevent and treat needless disability for people living in remote and rural parts of the country, where medical services are vastly inadequate to meet the needs of the population.

Action is based at IFB's thriving community hospitals in the districts of Chuadanga and Meherpur in south-western Bangladesh, and on the Jibon Tari (Boat of Life). The Jibon Tari is a modern hospital on a boat which travels the many waterways that traverse the country; mooring at a rural riverbank for several months at a time to deliver hospital services and surgery to restore sight, hearing, mobility and more.

Construction of a new hospital in Chuadanga, to meet increasing patient demand, began in 2015 and we are delighted to report that the new premises were officially opened in October 2022. The hospital building has eight stories - with potential to add further floors as funds become available in the future. It houses five operating theatres; a maternity unit; A&E department; cardiac care clinic; and enhanced pathology and radiology facilities. The nearby former hospital building is now home to IFB's orthopaedic services, including the Sir John Wilson Assistive Device Centre.

A mobile medical van, the Jibon Jatra, travels to remote villages to ensure that people do not miss out on vital care because they cannot travel into the town, and the hospital walls are pushed out even further by training community people such as teachers and members of Mothers' Clubs to know the signs of disabling conditions and refer those affected to IFB's health workers.

IFB's second community hospital, in the neighbouring district of Meherpur, is also home to the prestigious IMPACT Nursing and Midwifery Institute, which was opened in 2014 to help meet the urgent need for professionally qualified nurses and midwives in the country. The Institute had an enrolment of 84 students during this year, and the Royal College of Nursing Foundation were among its generous UK supporters. We are supporting the construction of a standalone academic building in the hospital grounds.

Each IFB hospital is the base of a thriving community outreach programme which seeks to prevent a host of other causes of needless disability and ill-health, for example, malnutrition, lack of maternity care and services such as physiotherapy, and inadequate sanitation and safe water.

2022-23 Activities	Target	Achievement
People screened and treated for disabling and other health conditions in Outpatients Departments and clinics in the community	60,000	54,907
People attending health education and awareness sessions to learn how to protect themselves and their families	47,500	54,401
People who benefited from operations to restore their sight, hearing or movement or to ameliorate other disabling conditions	3,320	3,104
People provided with assistive devices and/or physiotherapy	4,200	10,262
Women provided with ante and post natal care including micronutrient supplements (folic acid etc.)	3,100	4,289
Immunisations against infectious diseases and/or Vitamin A to protect eyesight, given to children	4,000	10,145

Traditional Birth Attendants trained and provided with a sterile equipment kit	600	600
Village Mothers' Clubs meeting regularly	900	3,600
Primary school teachers trained to check their students' vision and health	300	302
Children checked by trained teachers	3,000	3,445
Home gardens established to provide families with nutritious fruit and vegetables to eat and the potential to generate income	750	750
Local health workers, rural medical practitioners, NGO workers and community leaders trained to understand and identify needless disability	700	701

Additional achievements…IMPACT UK's support has also:

- Funded the training of **30** students at IFB's Nursing and Midwifery Institute in Meherpur district, in order to help mitigate a critical shortfall in the profession locally. In addition to these scholarships, we provided uniforms and / or study aids for **19** student nurses in financial hardship and donated **15** textbooks.
- Upgraded IMPACT Foundation Bangladesh's three hospitals with funds to purchase medical equipment and for essential maintenance. This included paying for the 'dry docking' of the Jibon Tari floating hospital – vital to ensure its safety and 'seaworthiness' – overhauling the generators and providing a fire fighting system; providing a digital X-ray machine and cardiac monitor for the hospital in Meherpur; and helping to establish an eye department at the new hospital in Chuadanga through provision of a YAG laser machine, OCT angiography machine, B-Scan, and retinoscopy set as well as a digital X-ray machine for general use and numerous items of equipment for maternity and female health care.
- Enabled specialist brain surgery for **15** more very young children with hydrocephalus
- 400 girls of reproductive age were vaccinated against Rubella to protect any future babies from a major cause of needless disablement and stillbirth, which can result if the mother is infected with Rubella during her pregnancy.
- Installed **3** more SIDKO water treatment plants and upgraded toilet facilities for hygiene and privacy at schools in Chuadanga and Meherpur districts and accompanied this action with a programme to improve menstrual health which educated **2,000** students and provided them with menstrual hygiene kits.
- Installed **1** tube well in Madna, Dharmuda, Chuadanga; a village lacking accessible water and installed toilets in **12** households there.
- Supported IFB in its work to run the Jibon Mela hospital and community-based primary healthcare project in Meherpur district. Thanks to this project, **29,211** people have been screened and treated for health conditions, **1,301** operations have been performed, **4,174** people have had physiotherapy and/or an assistive device to improve mobility, **3,732** women have received quality pre and postnatal care including ultrasounds, **1,787** vaccinations have been administered, **2,615** women and children received dietary supplements as required, and **2,593** people have attended health education sessions to learn more about preventing needless disability.
- Given **15** pairs of geese to families who struggled to meet their nutritional requirements. These not only provide essential protein in the diet, but can also be used to generate income through the sale of eggs.
- Provided **4** arsenic filters to households at risk of drinking contaminated water.



IMPACT Foundation Bangladesh's Nursing Institute was established in 2014 to help meet the country's desperate skills shortage – on average 30 new nurses graduate each year

Cambodia

IMPACT supports two long-standing partners in Cambodia: IMPACT Cambodia (IC) and The Lake Clinic (TLC). TLC is the only non-governmental organisation providing direct health services in the remote and underserved regions of the country's vast Tonlé Sap Lake.

IMPACT Cambodia

IMPACT Cambodia's programme encompasses initiatives to safeguard maternal and child health; widen access to ENT screening, treatment and surgery; improve the health of children in rural schools; make safe water more accessible; as well as care and advocate for people affected by leprosy. Additional activities, such as improving rural health infrastructure and plastic surgery to treat people with burn injuries are undertaken as funds allow. Activities are focussed in three provinces: Preah Vihear, Ratanakiri and Banteay Meanchey, as well as the capital, Phnom Penh and nearby Kandal province.

Much of the disease burden in the project areas that IC target is attributable to the consequences of poverty and resources are focused on working with communities where overcrowded living conditions, inadequate sanitation, malnutrition and low levels of education exact a heavy toll on people's health and impact health seeking behaviour: '*We find the poorest people put off seeking help when they are sick and they become sicker. Or they borrow money to visit untrustworthy traditional healers. We at IMPACT Cambodia see an opportunity to shine as a beacon in such communities. Not only to help when people are sick but to spread basic health and nutrition knowledge, and normalise good health so to speak'.* [IMPACT Cambodia]

IC's programme of action has flourished this year, now that Covid restrictions have eased and the team can once again access schools and health centres and travel freely around the country.

IC also supports communities affected by leprosy. Nationally, government agencies have been successful in curbing the prevalence of the disease, and today there are less than a third of the patients seen two decades ago. This is good news but because the disease now exists only in small pockets, it is no longer a public health priority and knowledge of its symptoms and ease of cure are no longer widespread, including amongst health workers. IC works to raise awareness of symptoms, break down stigma and make drug therapy accessible to all who need it.



IMPACT Cambodia partners with government health workers to reduce disability through village leprosy screening programmes - ensuring that people with the disease are given early drug therapy to stop its progression

2022-23 Activities	Target	Achievement
Early identification and treatment		
ENT screening and on the spot treatment (Banteay Meanchey Province)	300	746
ENT screening and on the spot treatment (Ratanakiri Province)	300	1,202
ENT screening and on the spot treatment (Preah Vihear Province)	300	824
School health programme		
School children ENT screening, on the spot treatment and general hygiene education (Ratakaniri and Preah Vihear provinces)	200	5,219
Screening / treatment sessions (one day, one school)	2	20
Safe water and sanitation		
Water wells for schools (Ratanakiri Province)	1	3

Beneficiaries	225	698
Water wells for schools (Preah Vihear Province)	2	0
Beneficiaries	450	0
Water wells for health centres (Banteay Meanchey Province)	1	2
Beneficiaries	15,600	31,200
Water filters for families (Ratanakiri Province)	49	20
Beneficiaries	367	160
Water filters for schools (7 per school) (Ratanakiri and Preah Vihear provinces)	21	84
Beneficiaries	675	2,818
Water filters for health centres (2 per health centre) (Banteay Meanchey Province)	2	0
Beneficiaries	15,600	0
Leprosy programme		
Support training sessions on leprosy (Mongkul Borei, Banteay Meanchey Province)	4	4
Health workers receive on-going training at above sessions	184	76
Community members benefiting from leprosy awareness raising (Banteay Meanchey and Battambang provinces)	962	3,066
People with leprosy identified and receiving treatment and support	10	34

Additional achievements…IMPACT UK's support has also made possible:

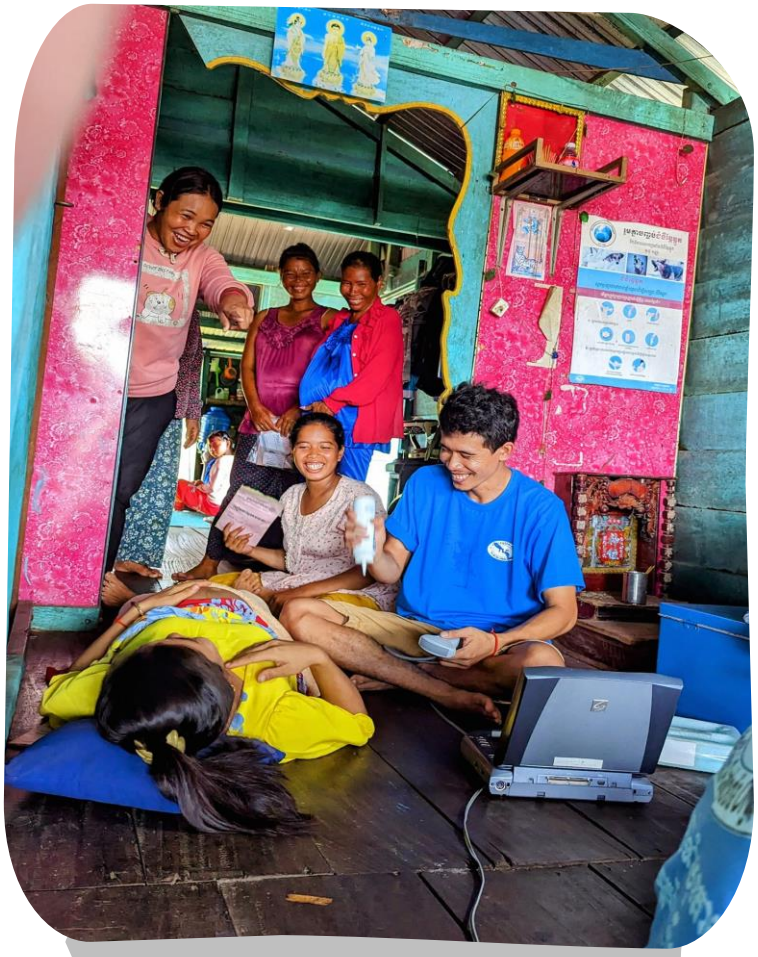
- Construction of a new building at O'Chrov Referral Hospital in Banteay Meanchey and provided 15 hospital beds to accommodate inpatients and A&E patients with part of the ward reserved for women giving birth. Previously, patients were accommodated outdoors.
- Training for 3 midwives in the management of postpartum haemorrhage.



IMPACT Cambodia's ENT screening clinics are held in schools, villages and rural health posts

The Lake Clinic (TLC)

The Lake Clinic (TLC) provides primary healthcare and maternity care to people living often precarious lives in the floating villages of the Tonlé Sap Lake and its tributaries; many of which are only accessible at certain times. Developmental indicators suggest that people here are generally poorer, sicker, more malnourished and less educated than in other parts of the country due to their relative isolation and the additional challenges or creating infrastructure in an environment characterised by an enormous, fluctuating mass of water which can take days to traverse by boat.



Making motherhood safer on the Tonlé Sap Lake

The medical team travels on The Lake Clinic and holds regular clinics on board, on floating platforms which have been left in villages for this purpose, or on riverbanks; setting up pharmaceutical dispensaries and examination cubicles under canvas and the shady protection of trees. TLC aims to reach each of the villages it serves once a month but conditions mean this is not always possible, despite the medical team staying on the lake for several days at a time.

The 'children at risk' programme seeks out children under-five who are stunted, underweight and malnourished and works with their parents on a plan to meet their nutritional requirements. Regular follow-up in conducted and households are helped to grow vegetables on their floating homes, to supplement the fish which makes up the main body of the local diet.

Mental healthcare should be a key component of primary healthcare delivery and this year we have both supported TLC's general and school health clinics and enabled continuation of a pilot project which aims to reduce the incidence of domestic violence in lake communities.

Working in four villages, specially trained TLC medical staff have been raising awareness of the issue of domestic violence among the population and local agencies and working with perpetrators to address their issues. Many villagers had no idea that domestic violence was illegal and had become accustomed to it as a common part of life. 303 people participated in awareness raising sessions and 51 male perpetrators have undertaken multiple intensive workshops to help them understand and change their behaviour. The TLC team are supported by remote weekly sessions with a Sussex-based psychotherapist.

As part of a much wider programme of activities run by TLC, IMPACT UK's support has achieved the following:

2022-23 Activities	Achievement
People provided with medical care	565
Children checked by the school health team and given toothbrushes, supplements, antiparasitic medicines etc.	500
Floating gardens set up	296
People benefiting from the Domestic Violence prevention project	354

India

We work with three long-standing partners in India: IMPACT India Foundation, the PNR Society based in Bhavnagar, Gujarat State; and KEM Hospital based in Pune, Maharashtra State.

IMPACT India Foundation

IMPACT India Foundation (IIF) was the first member of the international IMPACT family to be registered – in 1983 – and is best known for its trailblazing project, the Lifeline Express hospital train which was the world's first modern hospital on a train. Travelling the enormous Indian railway network to pull up in station sidings across the country, the Lifeline Express epitomises IMPACT's objective to take the hospital to the people in underserved areas.

Staying for around a month at a time, each project of IMPACT India Foundation's Lifeline Express provides medical screening, surgery to restore sight, movement, hearing and repair conditions such as cleft lip, treats non-communicable diseases and provides dental care to some of the poorest people in India.

Thanks to the success of our 30th anniversary matched funding appeal, during which a philanthropic family matched everything donated by supporters pound-for-pound, we were able to support IMPACT India Foundation in running three Lifeline Express projects, which were held in Chhattisgargh, Odisha and Bihar states during 2022. We funded another project, which took place in early 2023 in Siddharth Nagar, Uttar Pradesh. More than 40,000 people benefited from the Lifeline Express' services during these projects.

2022-23 Activities	Achievement
IMPACT India Foundation's Lifeline Express:	
Projects made possible by IMPACT UK funding	4
People screened and treated for medical conditions	41,237
Operations to restore sight, hearing or mobility	2,225
Aids and appliances (e.g. spectacles, hearing aids and orthotic devices) supplied	5,936



IMPACT India Foundation's Lifeline Express hospital train screened and treated 41,237 people



Ahead of the hospital train's arrival at each new location, IMPACT India's health workers carry out screening for disabling conditions and conduct health checks in the surrounding rural areas. They also train local volunteers and advertise the hospital's services via billboards and other forms of local advertisements

Disability Prevention Partnership, PNR Society, Bhavnagar District, Gujarat

Over our long-standing partnership, we have collaborated with the PNR Society – the largest body of organisations for disabled people in India – on a number of projects and today, our restricted funds are directed to supporting its Blindness and Deafness prevention project and the work of the AT&T Technology Park and Institute which provides inclusive vocational education for people with disabling conditions.

The Blindness and Deafness team visit schools and run community clinics and have used IMPACT's support this year to run an eye treatment camp for senior citizens from rural areas. The camp took place between July and September 2022, and screened and treated 1,714 people with 169 of them undergoing cataract surgery to restore their vision. Everyone was treated completely free of charge and may never have been able to benefit from surgery otherwise.



Screening and treatment camps to restore vision

The AT&T Technology Park and Institute has taught 133 students this year, all of whom live with disabling conditions including hearing and visual loss, cerebral palsy, physical and development disabilities. The Institute enables students to take courses in a number of IT specialisms from hardware and networking to mobile phone repair and desktop publishing, so that they can find jobs or start up small businesses when they leave. This offers rare and invaluable opportunities to young people who may otherwise find it difficult to earn a living.

2022-23 Activities	Achievement
Older people screened as part of the Blindness/Deafness programme	1,714
Older people provided with cataract surgery	169
Young people with disabling conditions enrolled to study at the AT&T Technology College	133

Disability Prevention Partnership, KEM Hospital Research Centre, Pune, Maharashtra

The relationship between IMPACT UK and KEM Hospital Research Centre, part of the largest non-government hospital in Pune, has lasted more than 20 years and we continue to work together on joint projects when funding is available. A registered charity, the KEM Hospital is a 550-bed, tertiary level teaching hospital which serves the people of the city in which it stands, and the wider urban and rural environs. The affiliated Research Centre seeks to advance knowledge about health and development through scientific research and projects which provide a direct benefit to the local population.



Niyambati Village is one of the communities that the KEMHRC identified with a high proportion of people struggling to meet their basic needs for food, water and shelter: 'There is a huge unmet need here to help starving families until they can pick themselves up with some more sustainable income post COVID. Currently a significant number of families are facing starvation on account of loss of wages and the sharp rise in the costs of food and other items. Nutrition wise, many are surviving by eating gum from trees, berries, wheat husk gruel and in desperation, animals like snakes, frogs and rats. Malnourished children are everywhere. There is no government help for people in these situations' – Laila Garda, KEMHRC

This year we have partnered on a special project to help so-called 'tribal' populations in Soygaon Taluka, located in a hilly area of Maharashtra State where water runs off the igneous rock and creates water scarcity, to support five villages which have suffered significantly from the Delta wave of Covid-19 in 2021. Lack of access to safe water sources and the risk of wild animal attacks or sexual assaults while walking through forests to natural sources means many people do not have enough water to meet their basic needs for living, growing produce and hygiene.

Although 'tribal' groups make up only 8% of India's population, according to the World Bank they account for over a quarter of the country's poorest people, all too often facing societal discrimination as well as geographical isolation.

Covid-19 further devastated these communities and left a significant number of young widows and orphans when husbands and fathers (the main breadwinners) died from the virus or took their own lives is desperation at the parlous financial situation the pandemic had left them in. Many families were forced to take loans from moneylenders at exorbitant rates to survive and were unable to afford both food and loan repayments; the latter taking precedence. When KEM Hospital Research Centre's Director visited the project's target villages, she reported malnourished children everywhere and people starving.

The aim of the project was to install accessible deep wells with pumps for at least five communities and emergency feeding support for up to 800 of the most vulnerable families to build their health and resilience, and to save lives. This would give people the mental breathing space to be able to take back control of their lives along with the long-term benefit of accessible water.

2022-23 Activities	Achievement
Support for rural communities badly affected by the economic consequences of Covid-19 in Soygaon Taluka:	
Villages assisted	5
Village wells installed / in progress	5
Beneficiaries of wells	2,450
Emergency feeding programme to avert hunger and malnutrition (beneficiaries)	2,700

Nepal

IMPACT Nepal has been working to prevent and treat needless disability for three decades. Originally, the programme focused on ear and orthopaedic care, with surgical camps – often using a special operating theatre tent that could be taken across vast plains or up mountains into remote areas – to restore hearing and mobility. Treatment camps continue to be held and surgery is supplemented by bespoke aids and appliances to further enhance people's ability to hear or move.



IMPACT Nepal's ENT surgeons at work

Over time, IMPACT Nepal has added multiple Primary Ear Care Centres across the country and built a dedicated Ear Care Centre with operating theatre in Birgunj, near the southern border with India. IMPACT UK's funding has supported these facilities, which are delivering urgently needed ear care to local people with the aim of tackling one of the biggest causes of disability in the country – hearing loss.

IMPACT UK also supports IMPACT Nepal to deliver a safer motherhood and child health programme in Rautahat District. The baseline survey IMPACT conducted in the target area shows how necessary this is. Just 24% of women surveyed attended a health post for their baby's birth, with just under 40% delivering at home with the help of skilled health attendant and just under 40% delivering at home without any trained support at all. This carries extreme risks for both mother and child. IMPACT Nepal is working to change this situation by helping women to deliver safely and ensuring mothers, babies and young children are monitored, well-nourished and immunised.

2022-23 Activities	Target	Achievement
Primary health care workers, ear assistants and rehabilitation technicians trained	12	8
Community field workers trained	1	1
Female community health volunteers trained	81	90
Health centres / health posts upgraded	3	5
Adults received screening and treatment services	11,979	14,112
Children aged 0-16 years received screening and treatment services	1,500	6,424
Adults benefited from hearing-restoring surgery through mobile camps or at hospital	1,120	1,410
Children aged 0-16 years benefited from hearing-restoring surgery through mobile camps or at hospital	193	528
Adults benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	0	9
Children aged 6-18 years benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	0	6
Adults received rehabilitation support / physiotherapy	170	1,949
Children aged 0-16 years received rehabilitation support / physiotherapy	234	1,949
People benefited from the provision of assistive devices such as prosthetic limbs	204	865
People benefited from the provision of hearing aids	50	141
Women provided with ante and postnatal care	2,330	5,542
Women motivated to take up immunisation for themselves and their 0-5 year old children	1,825	3,919
Pregnant women / new mothers received iron supplements	2,800	5,791
Pregnant women / new mothers received 30 eggs and 1kg chickpeas	200	144
Children aged 0-5 years received Vitamin A supplements to protect their vision	10,000	10,529
Women received de-worming tablets	1,000	2,356
Children aged 0-5 years received de-worming tablets	10,000	6,750
People reached through a health awareness radio programme	50,000	60,000
People reached through health awareness raising in the community	6,000	6,700
Home gardens established to feed families and reduce malnutrition	2,330	2,700

IMPACT also invests in training local health workers to entrench skills and knowledge among communities for the long-term while the public are made aware of health issues and how they can take action themselves to prevent disability or seek treatment for existing conditions through a mass awareness programme, which reaches tens of thousands of people every year.

Additional achievements…IMPACT UK's support has also:

- IMPACT UK's honorary President, Lady Wilson, turned 100 in 2022 and to celebrate this wonderful milestone, birthday donations were used to purchase equipment for two ear care centres. It has been Lady Wilson's life's work to support action for the reduction of hearing impairment and she was delighted to know that we were able to provide an audiometer to Rautahat Ear Care Centre and a tympanometer to Rajbiraj Ear Care Centre on her behalf.

- Thanks to our supporters purchasing 'gift tokens' for their loved ones, we have been able to give **27** pairs of chickens and **14** goats to families which will both improve their diets with eggs and milk and provide them with a microbusiness to earn income. Gift tokens also enabled us to donate **13** menstrual hygiene kits to help women manage their monthly periods.





IMPACT Nepal delivers healthcare and nutrition support to rural mothers and their children. In addition, a health education campaign reaches members of the wider community

Pakistan

IMPACT Pakistan runs a network of 16 Mamta clinics in remote mountainous villages around Muzaffarabad and Mansehra, which were badly hit by the 2005 earthquake – indeed Muzaffarabad was the epicentre. We helped IMPACT Pakistan to establish the clinics as a permanent benefit to the local population who were trying to rebuild their lives following the hugely traumatic death and destruction they had suffered.

The clinics are each run by a female doctor with the help of a nurse/midwife and other health workers. They primarily deliver ante and post-natal care to women with the aim of supporting safe childbirth but in the absence of alternative facilities, they also serve the wider community with much-needed primary healthcare.

The people of Pakistan experienced natural disaster on a wide scale once again this year, when large swathes of the country were submerged by flood water. This destroyed homes, possessions and livelihoods and the unsanitary conditions spread disease. IMPACT Pakistan responded quickly with the provision of emergency supplies, reaching more than 11,000 people, and then followed up with a programme of house building for 102 families made homeless.

2022-23 Activities	Target	Achievement
Women attending antenatal check-ups	3,200	3,332
Women and their babies attending postnatal check-ups	1,280	969
Babies delivered at a Mamta Clinic	860	412
Babies delivered at home assisted by a trained Female Health Volunteer	No more than 60	0
Babies delivered at home with no professional assistance	No target	0
Pregnant women experiencing complications who were referred to a hospital to give birth	No target	13
Men, women and children who benefited from general primary healthcare at the clinics	12,400	13,958
Health education sessions run	22	9
People who attended health education sessions	500	389
Local health workers who underwent continuing professional training to keep their skills up-to-date	64	152

Additional achievements…IMPACT UK's support has also:

■ Thanks to the rapid and generous response of our supporters, IMPACT was able act immediately when flooding swept across large parts of Pakistan in the second half of 2022. With our financial assistance, IMPACT Pakistan launched a package of emergency action which provided 5,755 people with food parcels, hygiene supplies and sanitary pads; delivered medical care to 2,238 people through pop-up clinics; provided tents for shelter to 3,500 people; and gave out 600 blankets and 600 coats to keep people who had been made homeless warm when the temperature dropped. After the initial emergency period, we funded the building of 102 brick (and flood-proof) permanent homes for 510 people who had lost everything to move into.



'Generous UK supporters not only kept people warm and fed in their hour of need, it also let them know they had not been forgotten by the outside world'
Hamid Ali, IMPACT Pakistan



Sri Lanka

The primary healthcare and wellbeing clinic that we helped IMPACT Sri Lanka to establish in Weerawila (a low-lying coastal district) to provide a lasting benefit for local people after the devastation wrought by the Indian Ocean tsunami in 2004 continues to serve its clientele of registered patients.

The local doctor who runs the clinic helps his patients to manage a host of chronic non-communicable diseases, for example, asthma, diabetes and heart disease, while also treating acute illnesses.



Patients at IMPACT Sri Lanka's Weerawila Clinic

2022-23 Activities	Achievement
People receiving primary healthcare at the Weerawila Clinic	1,099

In addition, we sent 90 Intra Ocular Lenses to Sri Lanka via IMPACT UK Trustee Sal Rassam, an ophthalmologist, for insertion into the eyes of people undergoing cataract surgery.

AFRICA: Kenya

IMPACT East Africa (IEA) continues to support the local community in northern Mwingi, part of Kitui County; an area which is challenging to reach, arid and semi-arid (ASAL), with entrenched poverty and hunger, and lacking in basic services. Disease, ill-health and needless disability is the inevitable result for too many people.



Children in 43 rural schools benefited from school health screening this year

IEA's programme of action has got back on track following the enforced hiatus caused by Covid-19 restrictions, when schools were closed for very long periods and travel around the area was forbidden, even for health workers. The School Health Team has screened, treated a variety of medical conditions, and provided de-worming medication to almost 12,000 children, whilst simultaneously training school health monitors to provide ongoing vigilance and administer First Aid. Trees have been planted to improve school compounds and water, latrines and 'talking walls' (murals with health messages) have been installed to improve hygiene.

In the wider community, clinics have checked the ears, noses and throats of nearly 2,000 adults and children, and provided treatment for commonly occurring conditions such as impacted wax or infection, which can result in hearing loss if neglected. Surgery has restored hearing to 34 people living with damaged ear drums, for example.

IEA's nurse has also cared for pregnant women, new mothers and new-born babies, providing ante and postnatal monitoring, ensuring vaccinations are up-to-date and helping them choose a nourishing diet.

2022-23 Activities	Target	Achievement
Water, Sanitation & Hygiene (WASH)		
Install Pit Latrines in Schools (4 toilets per school)	4 schools	9 schools benefiting 3,150 students and teachers
Create 'Talking Walls' for hygiene awareness	4 schools	11 schools benefiting 3,850 students and teachers
Install Rainwater Harvesting systems in Schools	0 schools	3 schools received a 10,000 litre tank and associated pipework to store rainwater for ongoing use.
Surgical Camps		
Eye operations	50	0
ENT operations	20	34
Clinics – screening and treatment		
ENT clinics held	48	62
Adults screened and treated for ENT conditions		763
Children screened and treated for ENT conditions		1,116
School Health Programme		
Schools benefiting from the School Health Programme	32	43
Children screened and treated by the IMPACT school health team, including de-worming tablets	2,800	11,258
Training provided to Teacher School Health Monitors	64	120
Training provided to Pupil School Health Monitors	640	671
Trees planted to provide shade, improve soil and prevent erosion, and retain water	450	800
Maternal and Child Health Services		
Ongoing support for Mothers' Clubs	1 Mothers' Club	1 Mothers' Club with 46 members
Provision of Ante and Postnatal monitoring for pregnant women and new mothers	300	293
Provision of health monitoring for children under 5 years	400	1,615
Provision of standard vaccinations to babies	125	1,173
Women supported to establish vegetable growing plots	30	46

Additional achievements… IMPACT UK's support has also:

- Protected 39 girls against developing cervical cancer in the future by vaccinating them against Human Papilloma Virus (HPV)
- Vaccinated 138 people against the Covid-19 virus
- Celebrated World Hearing Day on 3rd March 2023 with a procession of primary schoolchildren promoting ear health in Mwingi North, a clinic which screened and treated 520 people, and raised awareness of World Hearing Day on social media – reaching around 6,000 people.
- We have provided general funds towards the work of Tumaini Children's Charity, which provides safe accommodation, education and three nutritious meals a day to 500 parentless, homeless or refugee children aged 2-19 years.



The school toilets that IMPACT East Africa installs are colourfully painted to promote hygiene messages

Tanzania

There are an estimated 3,000 new cases of obstetric fistula every year in Tanzania. We support Maternity Africa in its work to eradicate this devastating but preventable condition through the provision of quality maternity care and support for women giving birth, and to provide surgical repair for women who are already living with birth injuries.



Maternity Africa prevents fistula by providing quality maternal health services in the Arusha region

Maternity Africa runs a 48-bed maternity hospital (opened in 2018) in Kivulini, Arusha, which is also home to an obstetric fistula treatment unit and a midwife training centre, to enhance the skills and knowledge of local midwives working in government facilities in the region. With appropriate training to understand what to do if complications occur during labour and delivery, the risk of birth injuries – and usually the death of the baby – can be minimised.

IMPACT UK has assisted Maternity Africa's work with the provision of a much-needed autoclave (used to sterilise medical instruments etc.) and funds to provide maternity care and to support particularly vulnerable women leaving hospital after giving birth or fistula repair with a 'care package' of essential supplies to help them get back on their feet. This also gives the new-born baby the best chance to thrive.

On a special request, we also helped Maternity Africa to provide Loveness, who had just left hospital following fistula repair, with a water well at her home. Loveness uses crutches and due to limited mobility and was unable to carry water collected from the local well used by her community, some distance from her home.

Ethiopia & South Sudan

We have once again supported the work our local partner carries out at the Barbara May Maternity Hospital in Mille, Ethiopia and at Reconciliation Hospital in Referendum, Juba, South Sudan to repair women injured during long and obstructed childbirth. Many women have lived with their injuries, pain, and the socially isolating consequences of urinary and/or faecal incontinence, for many years – sometimes even decades.
IMPACT UK has supported Maternity Africa and the Barbara May Foundation in the following ways:

2022-23 Activities	Achievement
Kivulini Maternity Hospital, Arusha, Tanzania:	
Purchase of Autoclave sterilising machine	1
Safe deliveries and aftercare supported to prevent birth injuries, disablement and death	9
Care packages provided to new mothers leaving hospital	4
Care packages provided to women leaving hospital following birth injury surgery	7
Home well installation to provide water for Loveness, a fistula patient who uses crutches	1
Barbara May Maternity Hospital, Mille, Ethiopia:	
Provided funding for fistula operations to repair women injured during childbirth	20
Reconciliation Hospital, Juba, South Sudan:	
Provided funding for fistula operations to repair women injured during childbirth	35

Zanzibar

IMPACT UK has been working in partnership with Dr Naufal Kassim, who runs IMPACT Zanzibar, since 2002 when we funded his training in Kenya to become an ENT surgeon – the first on the islands! Prior to this, people with ENT disorders were forced to travel to Tanzania for surgery, which was out of reach for most people, or to live with an untreated condition. As a result, many lost their hearing and livelihoods.

From its base at Mnazi Moja hospital in the capital, Stone Town, IMPACT Zanzibar has expanded its programme of disability prevention clinics into the community, travelling across the two main islands of Unguja and Pemba, with annual visits to more remote islands that can only be reached by boat; delivering the only healthcare available to the local residents *in situ*. Non-communicable diseases such as hypertension and diabetes are managed and women are provided with ante and post-natal care.



Mobile clinics take healthcare across the two main islands of Zanzibar

IMPACT Zanzibar identified that taking healthcare into schools was a time and cost-effective way to reach large numbers of children, with the aim of preventing needlessly disabling conditions developing from neglected, but common, conditions such as impacted ear wax or infection. Skin infections are also prevalent, but medication can clear them up and keep children in school. Treating children while they are young means their education is not hindered by long absences or impaired sight or hearing. This removes obstacles to fulfilling their academic potential and puts them on the road to economic independence when they grow up.

IMPACT established the first neonatal hearing screening programme on Zanzibar with the aim of detecting infants with impaired hearing. Providing a hearing aid and specialist interventions early (including support for parents in how to care for a hearing-impaired baby), along with a pathway to education, means children have a chance to develop communication and attend school. We helped to establish and continue to fund the costs of the ZOP Academy – a highly specialised school which enrols hearing-impaired children identified by the screening programme and through the ear care centre at Mnazi Moja hospital. Profoundly hearing-impaired children are commonly kept at home, especially in rural areas, because they are unable to attend mainstream schools.

2022-23 Activities	Target	Achievement
ENT outreach camps	6	15
People screened / treated at outreach ENT camps	600	1,248
ENT operations to restore hearing	120	496
Mobile ENT and eye clinics held	6	18
People screened / treated at mobile ENT and eye clinics on Unguja island	900	4,429
Community camps held on Pemba island	3	8
People screened / treated at Community camps held on Pemba island	450	1,980
Schools participating in the School Health Project	70	85
Children screened through the School Health Project	10,000	75,967
Children treated through the School Health Project	1,000	1,632
Babies reached by the Neonatal Hearing Screening team to identify hearing impairment as soon as possible	3,000	3,083

Additional achievements… IMPACT UK's support has also:

■ **Provided essential running costs for the ZOP Academy - a school for 30 young children with severe hearing impairment, and the salaries of 25 members of staff including teachers, maintenance staff, a medical officer and onsite nurse. In addition, we have funded specialist training in paediatric audiology for Dr Naufal Kassim, ENT surgeon and school governor.** The ZOP Academy enrols young children identified by our neonatal hearing screening programme who are given hearing aids and provided with a safe and nurturing environment in which to learn maths, Swahili, speech, sign language, lip reading, English and more. The school also builds confidence, sociability and self-worth while older students are taught practical skills from which they will eventually be able to earn a living. Many profoundly hearing-impaired children are kept at home and never learn to communicate so the opportunity to attend the ZOP Academy is life-changing for its students.



IMPACT Zanzibar has been running a School for Deaf Children since 2009. It provides quality education, speech therapy and sign language to children with hearing impairments, most of whom would not go to school if it did not exist. Many of the children have complex needs and so this year we have supported the recruitment of a full-time, onsite Medical Officer.

United Kingdom

IMPACT's Tasty Team support young families and local residents in Mid Sussex with cooking sessions focussed on developing their skills and confidence in the kitchen whilst encouraging the reduction of food waste through batch cooking and meal planning.

As the increasing cost of living presents greater challenges for families struggling on tight budgets, we also focus on using nutritious low-cost ingredients and cheaper methods of cooking including microwaves and slow cookers.

The pandemic has highlighted more than ever the importance of a healthy diet and reducing levels of obesity. With one-fifth of children and teenagers' vegetable intake coming from ultra-processed foods (Peas Please Veg Facts 2021), we strive to improve the diet of our communities, ensuring they have the knowledge and ability to make healthier food choices. It is our aim that in doing so, we enable them to live heathier, happier lives free from diet related illness such as diabetes.

Our sessions allow participants to cook collectively in a fun and relaxed environment, learning skills that they can replicate themselves at home. Each participant receives recipes for them to use time and time again. We aim to overcome barriers to eating healthily by improving cooking skills, understanding how to budget and using food swaps to bring down food costs, reducing loneliness and social isolation by enabling people to cook and eat together and making dietary changes to reduce reliance on ultra-processed food.

During the year we have worked with schools, local community hubs, residents in supported housing, very young mothers living in shared accommodation, and older residents. We have also supported Ukrainian refugees by hosting our 'Ukrainian Fridays' sessions facilitating new social networks through cooking.

Lisa Waller, UK Programme Manager.

As a resident within supported housing in Mid Sussex, Alefa joined our sessions with the intention of improving her diet;

"I've always just eaten whatever I felt like at the time, I've never planned meals nor have I enjoyed cooking. Today I made a chicken fricassee with a creamy mushroom sauce and I made my first ever omelette that didn't turn into scrambled egg. It's easy to get lazy when you live on your own and it's made me think I can do more and cook fresher meals. It's also been nice to get out and talk to others in the lesson, especially during these colder winter months when you don't see many people."

2022-23 Activities	Achievement
Tasty Sessions in primary schools to introduce healthy foods	13
Tasty Session beneficiaries	413
Get Cooking Sessions with adults and children to develop the cooking skills and nutritional awareness of people in need of extra support	77
Get Cooking beneficiaries	239
Other events	2
Number of people benefiting from other events	64
Cookery Leader and Volunteer training sessions	3
Cookery Leader and Volunteers trained	18





Tasty Team cooking sessions develop cooking skills and nutritional awareness

International

Advocacy & Networking

IMPACT works at the national and international level in partnership with many other governmental and civil society organisations, with the corporate sector and with community service organisations such as Rotary, Inner Wheel and Lions. We are members of Global Club Foot Initiative and World Hearing Forum. We are members of the Fundraising Regulator, and several staff are members of the Chartered Institute of Fundraising; both organisations are designed to promote ethical standards and good practice in fundraising. Our Finance Manager is a member of the Association of Accounting Technicians (AAT).

Our philosophy is shared with our many partners around the world through the International Federation of IMPACT Organisations and in practice through our working culture. We encourage our local partners (which are autonomous organisations in their own countries) to work with other NGOs and to collaborate with relevant stakeholders to influence policy on a local and national scale. Individuals from IMPACT Foundations are often asked to speak at professional conferences and to share ideas and practices more widely within their networks.

However, it is at the grass-roots level that our advocacy work makes the most impact by sharing knowledge and skills with often very marginalised communities, so that people can make informed decisions about their own health and take steps to minimise their – and their family's – risk of needless disability. In turn, they become our best advocates by sharing learning with their neighbours and spreading the word about IMPACT so those who need us can make use of our services.

Accessibility

IMPACT is committed to equality and the creation of a barrier-free environment for all in accordance with British legislation (the Human Rights Act 1998, the Equality Act 2010) and international treaty obligations (the UN Convention on the Rights of Persons with Disabilities).

Accessibility for everyone is the keystone of IMPACT's international programme of action. By preventing and treating needlessly disabling conditions and providing assistive devices such as hearing aids, spectacles and prosthetic limbs to overcome physical barriers, obstacles to training, education and employment are also removed. Our projects also directly seek to overcome other barriers to accessing health and medical care, for example, poverty, geographical remoteness and difficulty accessing information. While we always seek to benefit those most in need, there are no restrictions on who may benefit from IMPACT's work and discrimination against people with protected characteristics is never practiced nor tolerated in any part of our programme in any part of the world.

Recognising that there is no 'one size fits all' when it comes to accessibility and that people with different disabling conditions require different solutions, we make best efforts to accommodate everyone within the physical constraints of our small office, regardless of needs. IMPACT UK's website has been carefully designed to be accessible. Please see www.IMPACT.org.uk/accessibility for further details.

Disability is a human rights issue. The 17 'Sustainable Development Goals' (SDGs) to be achieved by 2030 were adopted in September 2015 to shape the post-Millennium Development Goals (MDGs 2000-2015) international development framework. People with disabilities are specifically referenced in five of the SDGs which is an important milestone, since disability was conspicuous by its absence in the MDGs.

Training and capacity building for community-led development

IMPACT believes strongly in the power of education and training to bring about sustainable, beneficial change. We support skill development and awareness so that people in our project areas are able to deal with the specific challenges faced by their families and communities. For example, we fund training and equipment for female health workers to meet women's need for care during pregnancy, birth and in the post-natal period in areas where the nearest health post may be many miles away over unmade roads. This is keeping mothers and babies safe during a time of elevated risk.

We also support our local partners to train health and nutrition volunteers, ear care workers, teachers to check their students' health, and specialists such as nurses, surgeons and audiologists to deliver the best possible medical treatment. 3,512 people have participated in training this year, from paediatric audiology and nursing to visual acuity checking. All are local people who make huge contributions to their communities as a result.



'The clubfoot treatment that I received from IMPACT Bangladesh as a child left a lasting impression on me. That I am now studying at their Nursing Institute and will one day be able to help others in turn, really is a dream come true!'
Jasmine – second year nursing student

Raising awareness of health matters is vital so people can take action themselves to prevent needless disability. Health education takes many forms across our international programme and this year 236,962 adults and children have taken part and gained helpful information and skills. For example, understanding the link between health and what you eat and then being supported to grow fruit and vegetables to enhance your family's diet is simple, low-cost and long-lasting. It can help to prevent a host of nutrition-related conditions such as Vitamin A deficiency – one of the major causes of child blindness around the world.

IMPACT is firmly committed to community-led development and by ensuring knowledge and skills are widely shared, we are working with marginalised people to make sustainable improvement in their lives and in the lives of others.

Safeguarding

IMPACT UK takes the safeguarding of children and vulnerable adults extremely seriously. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and requirements of the Charity Commission. Our policies are regularly reviewed by IMPACT UK's senior management team and board of Trustees. Every member of IMPACT UK staff regularly undergoes a Disclosure and Barring Service (DBS) check and we have 'whistleblowing' structures in place, should these be needed by staff or volunteers.

Here in the UK, our Tasty Team project works in primary schools and with vulnerable adults and children in our local community. Each of our volunteers is carefully vetted, undergoes a Disclosure and Barring Service check, receives full training and careful monitoring, and signs up to relevant documents including Child Protection policy and procedure; Code of Behaviour for Working with Children and Vulnerable Adults; Lone Worker and Lone Volunteer policy and procedure; Safeguarding Adults policy and our general Volunteer policy. They are regularly reminded of their responsibilities under these codes.

Our partners overseas are all autonomous organisations but we share safeguarding policies and best practice with them and strongly encourage them to ensure they have policies and practices in place to comply with safeguarding rules in their own country.

Looking to the future

IMPACT UK remains as ambitious and committed as ever to nurturing the growth of our trusted local partners in order that they can prevent and treat needless disability within some of the world's most marginalised communities. If we are able to raise the necessary funds, we plan to support the following action:



We hope to fund more school-based safe water projects in Bangladesh

- Further expand the school-based safe water and menstrual hygiene work we have been developing with IMPACT Foundation Bangladesh in Chuadanga and Meherpur districts
- Build the infrastructure, and therefore capacity, of more health centres and hospitals in remote and underserved areas
- Fund even more specialised treatment and/or operations for people living with a variety of needlessly disabling conditions whenever funds and specialist surgeons are available
- Support three projects of IMPACT India's award-winning Lifeline Express hospital train during which approximately 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery
- Assist the new IMPACT Foundation Bangladesh hospital in Chuadanga to meet the need for new equipment and other support
- Fund essential running costs for the ZOP Academy in Zanzibar, which provides specialist education and opportunities to hearing impaired children who might otherwise never go to school
- Purchase motorbikes for health workers in Zanzibar to provide health screening in schools and purchase and equip a mobile clinic in Zanzibar to take medical care to underserved communities across the country
- Provide scholarships for more student nurses in Bangladesh and continue to support the construction of a new academic building for the IMPACT Nursing Institute
- Continue to improve the resources (online and physical) available to volunteers and participants of the Tasty Team project in the UK and to explore opportunities to work with more groups of local people to improve their food security, while building lifelong cooking skills and nutrition knowledge
- Respond quickly and effectively to emergencies in our project areas should they arise
- Create a new multi-year strategy to guide the organisation from 2023.

To achieve the above, we will:

- Work hard to secure unrestricted funds, which will enable us to expand our programme and rapidly meet need wherever it is identified
- Continue to identify projects which meet donors' needs and work with both donors and partners to ensure satisfactory delivery of them
- Continue to improve the way we collect and analyse data for routine monitoring and reporting as well as identify ways to demonstrate our impact and lessons learnt
- Support the exchange of information, experiences and good practice, between partners
- Share new ideas and encourage innovation – particularly making use of digital technology - where possible

And much more as opportunities arise.

Financial review and policies

- **We generated incoming resources of £2,107,839** (down 2.4% on last year)
- **Legacies: £270,484** (up 121.4% on last year)
- **Gift Aided donations: £212,897** (down 10.8% on last year)
- **Donations not eligible for Gift Aid: £1,592,357** (down 9% on last year)
- **Gifts in Kind: £10,800** (down 41% on last year)
- **We expended £2,410,361** (down 3.6% on last year)

Fundraising – how we raise funds

Our income is £2,107,839 this year and aside from £16,968 of investment income, it all came from fundraising, including legacies. We receive no statutory grants and do not have contracts to deliver Government projects.

Being a very small organisation, we also have a very small fundraising team which is both dedicated and extremely efficient. As a charity, IMPACT has a legal duty to raise funds effectively in order to deliver public benefit and this year, we generated £20.17 of income for every £1 spent on fundraising (FY21-22 £27.68: £1) – the charity average is £8.61 for £1 invested in fundraising ('Unchartered Territory; Fundraising's ROI 2021' a benchmarking study by LarkOwl).

We prioritise fundraising in ways that maximise the return on our investment of money, time and human resources. For this reason, we rarely run events (although supporters sometimes organise events themselves and send us the proceeds) and never engage in cold direct mailings or 'face to face' fundraising on the street.

We actively write to individual donors, targeted charitable trusts, companies and community service organisations to showcase our work and detail how their support can make our programme of action possible. We pride ourselves on sending thanks for gifts and reporting back on how supporters' money has been spent within projects (if the gift was restricted) or our international programme generally (if the gift was unrestricted). IMPACT is a partnership between those who provide financial resources to power our programme, and those who deliver it in so many ways and such relationships are nurtured.

We are grateful for the legacies we have received this year as we know that leaving a bequest to IMPACT in your will is always a carefully considered act. Almost all of the legacies we receive are from people already known to us through a lifetime of their generous giving and who we have built a trusting relationship with. If unrestricted, we endeavour to use legacies in ways that we hope the legator would approve of and which honours their generous final gift while adhering to the terms of restricted legacies.

Underpinning all this is a social media presence which enables us to reach new audiences without the cost of paying for advertising or marketing lists. We hope that our supporters are sufficiently invested in our work that they spread the word to their contacts too!

We have a specific Fundraising Policy and Procedure which is readily available and lays out our promise to our supporters and the general public that our fundraising, in all its forms, is legal, open, transparent and respectful. This policy covers in detail: legal requirements, fundraising compliance, staff responsibilities, vulnerable people, accepting donations, restricted donations, responding to donations, gifts in memoriam, cash donations and resolving complaints.

Our online shop has small gifts available, such as IMPACT-branded shopping bags and water bottles, plus Christmas cards, to generate unrestricted income and our ever popular 'gift tokens' enable supporters to give their friends and relatives meaningful presents that in reality change someone else's life. For example, a gaggle of geese for a family in Bangladesh at risk of malnutrition or a care package for a woman in Tanzania leaving

hospital with her new-born baby. These funds are restricted and used only as described on the gift token purchased.

Adhering to good fundraising practice

IMPACT is fully signed up to and regulated by the Fundraising Regulator, an independent non-governmental organisation which exists to maintain standards and public confidence in fundraising within England, Wales and Northern Ireland. It provides guidance and a Code of Conduct for charities and acts as an investigator and arbiter where complaints about fundraising cannot be resolved between the charity and complainant directly.

Three members of IMPACT's fundraising team are individual members of the Chartered Institute of Fundraising and have completed the CIoF's professional qualification. They are bound to adhere to its codes of conduct and practice.

As required by regulators, we maintain a log to record any complaints about our fundraising activity and we also receive a weekly summary of any complaints made against us to the Fundraising Regulator directly. There have been no complaints again this year and we attribute this to our very considered approach; sending careful appeals in a targeted manner to ensure that we only contact people we believe are genuinely interested in our work. We ensure that supporters' contact preferences are recorded and respected so if a person requests no further contact, they will not hear from us again. Our policy is never to bombard supporters with appeals, and this has served to engender a large core of committed and long-standing supporters. We have a Complaints Handling Policy in place.

When a supporter engages with a charity, it frequently involves the provision of personal data. This is an act of trust and IMPACT takes its protection very seriously. We regularly review data protection legislation and adhere to the relevant rules (General Data Protection Regulation (GDPR) etc.) All personal data is recorded on an industry-leading database and stored on its secure servers, with multi-factor authentication for access. This further protects records from access by illegitimate parties. Hard copy data is kept in locked filing cabinets within our locked office and when no longer needed, is securely destroyed by shredding.

We have Data Protection/Confidentiality and Fundraising policies which set out and formalise the good practice we use every day, and which are reviewed annually by Council and staff. A Whistleblowing policy provides a framework for staff and volunteers to escalate concerns and a policy on Foreign Income ensures that due diligence is carried out to guard against the risk of money laundering.

Supporting others to raise funds for our work

We are enormously grateful to volunteers who raise money in numerous ways, including sponsored events or by asking for donations to IMPACT to mark life events such as marriages or when saying goodbye to loved ones at funerals. The team is always happy to provide support so please do get in touch.

The Sussex-based IMPACT Luncheon Club meets monthly to share a meal and listen to a speaker, whilst also raising essential funds for IMPACT's programme of action. Profit this year has totalled £14,936; up 28.6% on the previous year. The money raised this year is being used to help install safe water sources for villages in Soygaon Taluka, Aurangabad district, Maharashtra State, India. Many of the families living in the villages were suffering increased hardship due to the death of the main breadwinner from Covid-19 and the need to take out loans to get through lockdowns, when much income-generating work was prohibited. Having access to water will help them to meet one of their basic needs and relieve some of the pressure they are facing.

Our sincere thanks also go out to the community service organisations that support IMPACT. Rotary Clubs in Great Britain and Ireland have been raising funds for our project work for more than three decades. Rotary clubs' generous gifts totalled £4,333 this year (FY 2021-22 £21,941).

We work with people fundraising on our behalf to ensure they are also adhering to good practice in fundraising, data protection, and safeguarding vulnerable people in the same way our small team in Haywards Heath does.

Protecting vulnerable people

IMPACT has safeguarding policies to ensure vulnerable people are protected within our project activity, for example, the Tasty Team's in the UK works with children and vulnerable adults and all volunteers are issued with a copy of the policy and stringent checks (including Disclosure and Barring Service) are made before they have any contact with beneficiaries. IMPACT staff members also undergo a regular DBS check. Working practices are also designed with safeguarding in mind. Our autonomous international partners adhere to local legislation and we encourage them to consider safeguarding at all points of their projects from design to implementation.

However, vulnerable people must also be protected as part of good fundraising practice. Our high standards and good practice in fundraising generally also protects vulnerable people. For example, we never exert pressure on people to donate and our contact is only with people who have come to us, rather than been contacted 'cold'. We respect requests not to be contacted whether they come from the individual or someone acting on their behalf, and because all gifts are processed by our team, we know many donors personally and are alert to gifts which might appear unusual. Any suspicions must be reported to the management team for further investigation and they will refer to the Board of Trustees to consider the information and make a final decision on how to proceed. While investigations are being conducted, the funds are ring-fenced and unspent. Our complaints procedure and membership of regulatory bodies provide a fall-back for vulnerable people, or those acting for them, in respect of IMPACT's fundraising.

Income, investments and expenditure

The Foundation generated income of £2,107,839 this year, which is only slightly down on last year's figure of £2,158,975.

We are grateful that our donors continue to invest in our programme of international action to prevent and treat needless disability so generously either with restricted funding to support specific projects or unrestricted gifts which they entrust to us to use where and how the need is greatest. Their partnership is absolutely vital.

This year saw the climax of the 30th anniversary matched funding appeal for IMPACT India Foundation's Lifeline Express hospital train which enabled us to provide nearly £400,000 for three projects. Other notable income included an emergency appeal to help flood-affected people in Pakistan, which enabled us to send more than £200,000 to meet immediate basic needs followed by a house construction programme to provide simple brick built dwellings for some of those who had lost homes, possessions and livelihoods. We were pleased to be able to support IMPACT Foundation Bangladesh's excellent medical facilities with more than £100,000 for specialist medical equipment, including items to help establish the eye clinic at IFB's new hospital in Chuadanga.

Our ongoing efforts to keep essential running costs low so that we can spend as much of every penny donated on projects has resulted in 93% of expenditure this year being used for 'direct charitable expenditure' (projects and project development). This is above our strategic aim of 90p in every £1 expended. The remaining expenditure was used for fundraising (4%) and administration and governance (3%). We sincerely hope that our generous supporters feel that the gifts they entrust to our care are used appropriately and judiciously; with a careful balance struck between benefiting people in need and ensuring the organisation is well-run and can maximise income from fundraising.

Our investment policy is set out in Note 5 of the Notes to the Accounts, below. Generating returns with very low risk underpins the decisions made by the Council's Investment Sub-Committee. This year, investment income was £16,968, an increase of 91.3% on the previous year (FY 2021-22 £8,872). This reflects the gradual increase in interest rates offered by banks and building societies.

Balances on restricted and designated funds (notes 19 and 20 in the accounts) show that significant commitments are made towards future programme expenditure. We may pledge funding for up to three years so that implementing partners can plan their work and in turn avoid letting down the people who rely on the healthcare they deliver, while standalone projects often take more than one year from receipt of funding to implement and funds are frequently sent in tranches.

We actively fundraise and explore new sources of income in order to meet any shortfall on specific projects and if restricted funds are subsequently raised and received, designated funds are released to be used

elsewhere. Balances are held by the Foundation on interest-bearing deposit until and whilst the project is implemented.

Rigorous financial controls are in place and our cash position remains healthy.

Expenditure of £2,410,361 this year was an increase of 3.6% on the previous financial year (£2,326,796 FY 2021-22) and the funds expended by country (excluding support costs) are analysed in the table below.

Gifts of goods and services make our limited funds stretch even further and we are grateful to Rayner Intraocular Lenses for providing IOLs with a market value of £10,800. These have been sent to a partner hospital in Sri Lanka for use during cataract surgery.

Thank you to the 12 volunteers who make the Tasty Team project in mid Sussex both fun and valuable for the people participating.

Location	Amount expended on charitable activities (£)	Proportion of the Foundation's total expenditure 2022-23	Proportion of the Foundation's total expenditure 2021-22
Bangladesh	£793,273	38.7%	24.2%
Cambodia	£69,733	3.4%	8.4%
India	£590,606	28.8%	30.2%
Kenya	£84,657	4.1%	5.6%
Nepal	£84,866	4.1%	8.7%
Pakistan	£231,774	11.3%	1.7%
Sri Lanka	£10,800	0.5%	0%
Tanzania / Ethiopia / South Sudan	£70,683	3.4%	3%
Zanzibar	£109,976	5.4%	4.8%
The UK (nutrition project)	£5,289	0.3%	0.7%

Every partner we work with is autonomous and completely independent of IMPACT UK and produces audited accounts which are entirely separate from IMPACT UK's. We encourage partners to become increasingly self-reliant, with most of our larger and more established partners generating significant funding from sources other than IMPACT UK. This underscores our relationships as equal partners and enables us to free up funds to pilot new projects and work with new partners.

Our partners raise money from charitable trusts and individuals, and additionally generate income from the provision of medical services to people who can afford to pay and from renting out premises or spare operating theatre capacity.

In the early 1990s, IMPACT Foundation was provided with an interest-free loan (subsequently written off) with which to purchase an office building. We still own and work out of this building meaning we do not have to meet mortgage repayments or rental costs and this helps up to keep running costs to a minimum.

It will be seen from the Balance Sheet that all our investments are represented by cash and short-term deposits. The balance on unrestricted, non-designated reserves is £205,848.

Structure, governance & management

Organisational structure

The IMPACT Foundation is a registered charity (number 290992, July 1985) and a public benefit company without share capital limited by guarantee (number 1878297). The Foundation is organised under the direction of its governing body, which is the Council of 12-20 Trustees who, for the purposes of company law, are also Directors of the Company. They are responsible for determining the policies and strategic direction of the IMPACT Foundation but, as there is no share capital, the Trustees have no interest in the IMPACT Foundation as defined by the Companies Act 2006.

The IMPACT Foundation operates in accordance with its constitutional mandate, the Articles of Association, and subject to relevant legislation. We are aware of the Directors' duties under the Companies Act 2006. The Council of Trustees comprises people with relevant skills and experience, including the law.

Trustees and their responsibilities

The Trustees hold meetings at least three times a year to review detailed financial and progress reports and discuss new project proposals, strategy etc. The Trustees delegate the IMPACT Foundation's day-to-day operations to the Chief Executive and the senior management team. Other meetings by sub-committees and task forces appointed for specific purposes take place on a regular basis. For example, a Staff Committee is delegated to consider human resource issues, policies and remuneration and an Investment Committee to consider investments. Recognising the need to keep up with the raft of new regulations and employment legislation, the Trustees retain the services of a Human Resources Consultant. All staff and members of the Advisory Council are invited to attend Trustees' meetings.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). They prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company; of the incoming resources; and of the application of resources, including the income and expenditure of the charitable company, for that period.

In preparing those accounts the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the Trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the Trustees have taken all appropriate steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Board of Trustees' other responsibilities include:

- Setting policy and overseeing strategic direction
- Complying with relevant laws and regulations
- Ensuring that charitable objects are met
- Promoting the IMPACT Foundation's reputation, values and integrity
- Taking appropriate care and advice when investing money
- Making sure charitable funds and assets are used to further IMPACT Foundation's charitable aims and fulfil its public benefit duty

Trustees are asked each year at the beginning of a meeting to declare any conflicts of interest. A policy is in place to manage any conflicts which might arise.

Trustees serving during this period are listed on page 2. Trustees have no financial interest in the IMPACT Foundation and receive no remuneration for their services. Our Governance costs this year were £17,546 (£14,312 in FY 2021-22).

Recruitment and appointment of Trustees

The appointment of Trustees is conducted in line with the IMPACT Foundation's Articles of Association and the terms of service were amended in 2021 to include a maximum length of service. Trustees collectively have the power to appoint any person to be a Trustee but the Board of Trustees must consist of not less than 12 and not more than 20 people. The skills mix and diversity of the Board of Trustees is also considered. As set out in the Articles of Association, from the 1st January 2022, a Trustee may serve for a maximum term of three years and is then eligible for re-election by secret ballot. A Trustee may serve no more than three consecutive three year terms, although may be appointed anew after an interval of at least six months.

Policies apply for the recruitment, selection, induction and training of Trustees and members of staff, all of whom have agreed job descriptions.

We recognise the importance of providing new Trustees with sufficient information to equip them to become effective members of Council. All new Trustees receive a comprehensive induction pack of background material. They are invited to spend time with the staff team and visit project activities. Fellow Trustees are invited by the Chair to act as mentors to new Trustees. Prospective new Trustees may be invited to first become members of the Advisory Council, which has no powers, in order to gain a better understanding of the Foundation.

Advisory Council

The Advisory Council is made up of people with an interest in the Foundation and its work, and with relevant skills and experience on which the Board and staff may draw. Members do not have voting or decision-making rights but are encouraged to attend meetings and participate fully in discussions. It is a valuable resource and repository of knowledge.

The Advisory Council currently has seven members. It is anticipated that the Advisory Council's membership will expand in the future and that members may move from the Advisory Council onto the Board, while it will also provide a means for retiring Board members who wish to stay involved with the Foundation to do so, thus retaining their experience and expertise for the benefit of the Foundation.

Strategic review

A meeting was held on 20th June 2018 to review the previous five-year strategy and plan for 2018-2023. This new strategy confirmed IMPACT's six priority areas and set out a number of goals.

Progress towards meeting strategic goals:

1) GOAL: Ongoing funding to partners will be reduced by 25% from its baseline level (FY2017-8), excluding support costs, by as soon as feasible

In FY 2017-18 (baseline year), we had MOU commitments totalling £948,564 while in 2022-23 this figure was £561,867. This is a reduction over the period of 40.8%.

2) GOAL: Funding for new initiatives will increase by 25% (FY2017-8), excluding support costs, by 2023. All new initiatives will be required to be self-sustaining in the medium term and will have a clear end date at which point UK funding will cease. We will work with partners to improve their fundraising capacity with a view to them contributing a greater share of projects costs.

In FY 2017-18, 98% of the funds expended on charitable activities were used to meet our commitments to partners under ongoing MOUs (£948,564 of £968,895), with £20,331 for other and/or new initiatives.

In FY 2022-23, MOU funding accounted for 27% expenditure on charitable activities (£561,867 of £2,044,191), with £1,482,324 for other and/or new initiatives. These initiatives are specific and time-limited.

This is an increase in funding for non-MOU initiatives of 7,191% from the start to the end of the period covered by the strategy. A conscious effort was made to reduce MOU-based expenditure either by steadily reducing the amounts pledged within them over time or by not renewing MOUs with some partners when they expired, while at the same time working with partners to enhance their ability to raise funds. For example, just 31.6% of IMPACT Foundation Bangladesh income came from IMPACT UK in 2021-22.

The large increase in funding for non-MOU expenditure can also be explained by some very large one-off grants and fundraising appeals in 2022-23 (e.g. the 30th anniversary of IMPACT India's Lifeline Express hospital train matched funding appeal which enabled a grant of nearly £400,000 to IMPACT India Foundation and further funding of approximately £120,000 for another Lifeline Express project, the emergency appeal to help flood-affected people in Pakistan which enabled us to send more than £200,000 for emergency support and rebuilding, and in excess of £100,000 for items of medical equipment for IMPACT Foundation Bangladesh's hospitals).

3) GOAL: Conversion of UK income to direct charitable funding will be 90% or higher

- 2018-19: 90%
- 2019-20: 92%
- 2020-21: 92.4%
- 2021-22: 94.31%
- 2022-23: 92.5%

4) GOAL: We will strive to increase UK fundraising year on year with a focus on funding new initiatives, and at the same time, seek to ensure funds raised by local IMPACTs increase, thus reflecting the shift for local IMPACTs to fund and sustain the costs of ongoing projects. To achieve this, IMPACT UK will devise and implement a new fund-raising strategy

Income from fundraising has increased from £1,590,936 in FY 2017-18 to £2,090,871 in FY 2022-23 – an increase of 31.4% from the start to the end of the five-year period.

IMPACT partners around the world had their ability to raise income in-country disrupted by the Covid-19 pandemic due to lockdowns and restrictions on the work they can undertake (some of which was income generating). This meant fewer paying patients overall. However, partners are increasingly successful at fundraising from donors around the world to pay for the ongoing running costs of their work and one-off items such as equipment or vehicles. For example, IMPACT Foundation Bangladesh raised 68% of its income from sources other than IMPACT UK in 2021-22.

Our 'Fundraising Strategy 2018-23' has been reviewed yearly and is very much a living document; added to as new opportunities arise.

5) GOAL: We will actively explore opportunities to work with new partners and in new countries, particularly in Africa

We have worked with new partners in Ethiopia and South Sudan to provide maternal healthcare, birth injury repair and emergency feeding for women and children displaced by civil conflict.

6) GOAL: Opportunities to collaborate with partners to test and prove new digital methods to achieve IMPACT's goals will be sought, and lessons from these will be communicated effectively to the broader NGO world

Digital methods have been embraced by many partners and became particularly important during the Covid-19 pandemic. For example, IMPACT India Foundation has developed and uses software to capture data at the point of patient contact onboard the Lifeline Express hospital train on an app, which was showcased at the IFIO Conference in 2019. ENT experts at IMPACT Nepal and IMPACT Zanzibar share knowledge of digital hearing aid technology with other organisations. We funded the KEM Hospital in Pune, India to provide computer tablets to village health workers to raise awareness of Covid-19, and during the Delta wave of Covid-19 which swept India in the summer of 2021, we funded IMPACT India Foundation to test digital technology on a vast scale by enabling the TTT (Trace, Track and Treat) programme in Palghar District, which is home to 92,000 people. Using bespoke software on computer tablets, a small army of volunteers went door-to-door completing questionnaires about people's health which enabled the identification of probable Covid cases for a real-time dashboard of infections, and to note those likely to be most vulnerable to serious infection. The information was shared with local government health bodies and provided vital data in a fast-moving situation. It also helped to support the vaccination drive by recording people's vaccination status.

We have increased use of digital means of communication (Whatsapp, Telegram, Zoom etc.) to work smarter with partners - enabling us to monitor projects in real time, enhancing the timeliness with which we keep donors informed, and to find solutions to challenges or respond to needs as they arise.

7) GOAL: IMPACT UK will encourage our partners to respond to the growing problems of obesity and diabetes in locally appropriate ways

IMPACT's response to the global rise in diabetes and its associated risk factors, such as obesity, was a key theme at the IFIO conference in September 2019. It was agreed that positive action could best be achieved by integrating action on obesity, diabetes and other non-communicable diseases into established projects where human and other resources already exist. For example, within screening clinics, maternity care and pre-operative checks to routinely look for obesity and diabetes and provide patients with treatment. Diagnostic equipment has been provided where needed and work is ongoing. The subject will be revisited at the next IFIO conference.

8) GOAL: The UK project will introduce clearer signposting to the IMPACT brand and best efforts will be made to use this project to build awareness and synergies with international efforts in the area of nutrition

We have reviewed The Tasty Team's branding to ensure it is in line with IMPACT's wider branding for consistency of visual messaging. Increased cross-posting on social media between IMPACT and Tasty Team strengthens the link. The Tasty Team's growing profile in Sussex through networking with other organisations, receiving The Queen's Award for Voluntary Service ('The MBE for volunteer groups') and support from the Lord Lieutenant of West Sussex leads people to our wider work.

A new strategy will cover the period 2023-2028.

Employees

The staff team remains remarkably lean and effective and its achievements belie its small size. This year there were seven employees (three full-time and four part-time). The team is led by the Chief Executive who, with the Deputy Chief Executive and Funding and Development Director, form the management team which is tasked with implementing the strategic vision of the Board of Trustees and responsibility for the day-to-day running of the charity. The senior management team is ably assisted by the Finance Manager, Fundraising Manager, Office Manager and UK Programme Manager. All employees have access to the Employee Handbook and policies, both of which are reviewed and approved annually by the Staffing Committee of Trustees, with input from an external Human Resources consultant.

Volunteers

Volunteers add enormous value to IMPACT's work and stretch limited financial resources as far as possible. Together, we achieve more and reach many more people in our collective fight against needless disability.

The Tasty Team in the UK is powered by volunteers from our local community in and around Mid Sussex – 12 people have given their time and skills freely this year to work with people who are learning cooking skills and understanding more about nutrition; always with a strong focus on budget. We are indebted to them all for making our limited funds and human resources go further and for making a positive difference to our beneficiaries' lives.

We are also immensely grateful to the people who run our successful fundraising Luncheon Club, help with mailings, and raise funds or awareness about our work through events and giving talks.

In addition, almost 1,000 local volunteers work within our projects around the world; invaluable contributors to the health and wellbeing of their communities enabling IMPACT to reach more people than we possibly could otherwise.

Relationships with partners

Our 14 partner organisations in Africa, Asia and Europe (IMPACTs Norway and Switzerland are income generating organisation that exists to fund project work in communities of Africa and Asia) all share the same aim – a world free from needless disability.

When IMPACT was established in the 1980s, the organisation was set up not as a British head office with regional offices around the world run by expatriate British staff, but rather as a coalition of equal partners; each led and staffed by local people who initiate and drive the work in their country. Sir John Wilson, IMPACT's visionary founder, was almost unique at the time in understanding that local people know best what is needed and how to meet those needs, therefore the role of the UK foundation should be to support them.

These partners are autonomous, registered not-for-profit organisations in their own country whose accounts are fully audited. Most of them are IMPACT Foundations although we do work closely with other organisations where we share aims and a long-standing relationship, and where is it more efficacious to partner with them than to set up an IMPACT Foundation which would duplicate effort.

The International Federation of IMPACT Organisations (IFIO) meets approximately every two years to exchange good practice and ideas, reaffirm our shared mission and ensure our priorities for action are still relevant.

Data protection

We follow the law as set out currently in the Data Protection Act 2018, which is the UK's implementation of the General Data Protection Regulation (GDPR). It has never been our policy to sell or exchange names and addresses with other organisations, or to disclose such data to a third party. We use an industry-respected database to store data safely. Confidentiality agreements and normal security procedures are in place for Trustees, staff and volunteers. We review our Data Protection and Confidentiality policy annually and keep changes in the law under constant watch. We adhere to individuals' rights to find out what information we hold about them and how we use their data, as set out by the 2018 Act, and would respond to requests in a timely manner.

Risk assessment

The Charity Commission requires the Trustees to identify and review the risks faced by the IMPACT Foundation. A full risk assessment is kept up-to-date and also reviewed annually by the Management team and the sub-committee on staffing. It is then approved by the Board of Trustees. The assessment covers risks under the following categories: reputation, financial, legislative/compliance, governance, staff/volunteers, infrastructure (property and assets), operational and fire, and sets out mitigations.

The UK Programme Manager conducts risk assessments for every part of the Tasty Team project before implementation.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS AND TRUSTEES OF IMPACT FOUNDATION

OPINION

We have audited the financial statements of Impact Foundation Limited (the 'charity') for the year ended 31st March 2023 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Financial Reporting Standard 102).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;

- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and

- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition we read all the financial and non financial information in the Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

• the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and

• the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

• adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;

• the financial statements are not in agreement with the accounting records and returns;

• certain disclosures of trustees' remuneration specified by law are not made, or

• we have not received all the information and explanations we require for our audit.

• the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 4), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

AUDITOR RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the Charity, we identified that the principal risks of non-compliance with laws and regulations related to breaches of UK regulatory principles, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to management bias in accounting estimates. Audit procedures performed included:

- validating the appropriateness of journal entries identified based on our fraud risk criteria;

- designing audit procedures to incorporate unpredictability around the nature, timing or extent of our testing; and

- assessing the impact of COVID-19 on the inherent risk of fraud, including potential opportunities for fraud with more remote working and where internal controls may not be operating the way they usually do.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

USE OF OUR REPORT

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



STEPHEN POTTER FCA (Senior Statutory Auditor)

For and on behalf of
CARTER NICHOLLS LIMITED, STATUTORY AUDITOR
Chartered Accountants, Victoria House, Stanbridge Park, Staplefield Lane, Staplefield, West Sussex, RH17 6AS

Dated: 13-7-2023

IMPACT FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
(including income and expenditure account)
FOR THE YEAR ENDED 31ST MARCH 2023

	Note	Unrestricted Funds £	Restricted Funds £	Expendable Endowment Funds £	**Total Funds 2023 £**	*Total Funds 2022 £*
INCOME AND ENDOWMENTS FROM :						
Donations and Legacies	6	354,061	1,732,477	-	**2,086,538**	**2,128,162**
Income from Charitable Activities	7	-	4,333	-	**4,333**	**21,941**
Income from Investments	5	3,040	4,833	9,095	**16,968**	**8,872**
Total Income and Endowments		**357,101**	**1,741,643**	**9,095**	**2,107,839**	**2,158,975**
EXPENDITURE ON :						
Expenditure on Raising Funds	8	103,680	-	-	**103,680**	**77,670**
Expenditure on Charitable Activities	9	140,343	2,157,243	9,095	**2,306,681**	**2,249,126**
Total Expenditure		**244,023**	**2,157,243**	**9,095**	**2,410,361**	**2,326,796**
Net Income / (Expenditure)		113,078	(415,600)	-	**(302,522)**	**(167,821)**
NET MOVEMENT IN FUNDS		113,078	(415,600)	-	**(302,522)**	**(167,821)**
RECONCILIATION OF FUNDS						
Total Funds brought Forward		375,754	646,888	991,117	**2,013,759**	**2,181,581**
Total Funds Carried Forward		£ 488,832	£ 231,288	£ 991,117	**£ 1,711,237**	**£ 2,013,760**

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 47 to 55 form part of these accounts

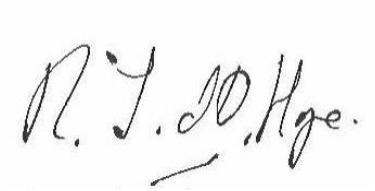
IMPACT FOUNDATION
BALANCE SHEET AS AT 31ST MARCH 2023

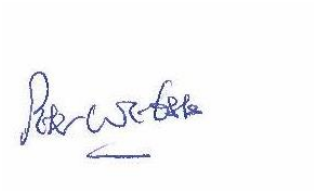
	Note	2023	*2022*
		£	*£*
FIXED ASSETS			
Tangible assets	11	**115,155**	**111,758**
		115,155	**111,758**
CURRENT ASSETS			
Debtors	12	**18,953**	**9,156**
Short term deposits		**1,565,618**	**1,840,126**
Cash at bank and in hand		**22,325**	**62,870**
		1,606,896	**1,912,152**
CREDITORS : amounts falling due within one year	13	**10,814**	**10,150**
NET CURRENT ASSETS		**1,596,082**	**1,902,002**
TOTAL ASSETS LESS CURRENT LIABILITIES		**1,711,237**	**2,013,760**
NET ASSETS		**£ 1,711,237**	**£ 2,013,760**
FUNDS	2		
Expendable Endowment	18	**991,117**	**991,117**
Restricted	19	**231,288**	**646,888**
		1,222,405	**1,638,005**
Unrestricted			
Designated	20	**167,829**	**99,029**
Fixed Assets replacement	21	**115,155**	**111,758**
Other	18	**205,848**	**164,968**
		488,832	**375,755**
Total Funds		**1,711,237**	**2,013,760**

The notes on pages 47 to 55 form part of these accounts

The above accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

Signed on behalf of the board of Directors/Trustees





(Director/Trustee) **(Director/Trustee)**

Approved and authorised by the Board: 13-7-2023

IMPACT FOUNDATION
STATEMENT OF CASH FLOWS FOR YEAR ENDING 31ST MARCH 2023

	Note	2023	*2022*
		£	*£*
Net cash used in operating activities	21	**(332,020)**	**(159,529)**
Cash Flows from investing activities	5	**16,968**	**8,872**
Increase / (decrease) in cash and cash equivalents in the year		**(315,052)**	**(150,657)**
Cash and cash equivalents at the beginning of the year		**1,902,997**	**2,053,654**
Total cash and cash equivalents at the end of the year		**1,587,945**	**1,902,997**

IMPACT FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2023

1 ACCOUNTING POLICIES

Accounting Convention

The financial statements have been prepared in accordance with Accounting & Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) (effective 1 January 2015) - (charities SORP (FRS 102) and the Companies Act 2006.

Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102 the restatement of comparative items was required. At the date of transition no items were identified that required restatement.

Capital Expenditure

Items of an enduring nature are treated as fixed assets. Other items are written off in the year of purchase.

Depreciation

Depreciation is provided on tangible assets, at a rate calculated to write off the cost less estimated residual value, of each asset over its useful life as follows:

Buildings	Over 50 Years
Computers and Equipment	Over 4 Years

Investments

Investments are included in the accounts at market value at the year end.

Income

Income is accounted for on a receivable basis taking account of entitlement, probability and measurement as defined within current accounting regulations.

Gifts in Kind

Gifts in kind of assets held as stock for distribution by the charity are recognised as incoming resources within "voluntary Income" only when distributed with an equivalent amount being included as resources expended under the appropriate category of the Statement of Financial Activities to reflect its distribution. The assets are valued at the open market cost for equivalent items.

Expenditure

Liabilities are recognised as soon as they become known. Expenditure on Charitable Activities includes the proportion of salaries, secretarial costs and other relevant expenses which relate to the planning, development and administration of these activities. Staff costs are allocated proportionally on a time spent basis. Other indirect costs are apportioned as the trustees deem appropriate from time to time.

Pension Costs

By agreement with the Trustees, the Foundation makes defined contributions to personal pension arrangements chosen by the relevant staff, and administers an auto enrolment pension. The costs of such contributions are charged to expenditure as they fall due.

2 FUNDS

These accounts include four categories of fund within the general headings of restricted and unrestricted.

Restricted Funds may be used for specific purposes and may not be used by the charity for any other purposes, without the prior consent of the donor.

Expendable endowment is a fund where the donor wishes income to be used for limited charitable purposes. The Trustees have power to convert the fund to income. This is also a restricted fund.

Unrestricted funds are expendable at the discretion of the Trustees who have designated funds which are earmarked for particular projects. Such designation is not a binding restriction - the Council can redesignate such money if they consider it appropriate.

Fixed Assets fund is an amount equal to the net value of functional fixed assets. This is treated as an unrestricted fund.

3 RESERVES

Unrestricted reserves are needed:

a) to provide funds which can be designated to specific projects to enable these projects to be undertaken at short notice, and

b) to cover administration, fund-raising and support costs without which the charity could not function.

The Trustees consider it prudent that other funds within unrestricted reserves excluding designated and fixed asset replacement should be sufficient to cover six months administration, fund-raising, governance and support costs.

Other unrestricted reserves as defined above currently equate to the minimum considered prudent.

The level of reserves is monitored and reviewed by the Trustees three times a year.

4 CAPITAL COMMITMENTS AND FINANCIAL LEASES

There were no capital commitments at the year end. There were no material commitments in respect of financial leases.

5 INVESTMENT POLICY

The Foundation's policy is to invest with careful consideration of the following:

a) SECURITY The need to avoid incurring losses and to take into account what level of risk is acceptable.

b) REALISABILITY The need for easy and speedy realisation without incurring material loss.

c) PERIOD OF INVESTMENT The minimum period for which the investment can be made before proceeds are required.

d) ETHICAL Need to avoid unethical investment.

e) INCOME FROM INVESTMENTS

	2023	*2022*
	£	*£*
Bank and deposit interest	**16,968**	**8,872**
	16,968	**8,872**

6 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	Total Funds	Prior Year Total Funds
Gift Aided Donations	89,532	123,365	-	**212,897**	**238,617**
Legacies	170,484	100,000	-	**270,484**	**122,190**
Other Donations	94,045	1,498,312	-	**1,592,357**	**1,749,049**
Sub-total	**354,061**	**1,721,677**	**-**	**2,075,738**	**2,109,856**
Gifts in Kind	-	10,800	-	**10,800**	**18,306**
	354,061	1,732,477	-	**2,086,538**	**2,128,162**

Gifts in kind of £10,800 represents the open market value of introcular lenses and associated equipment received from Rayner Intraocular Lenses Limited.

7 INCOME FROM CHARITABLE ACTIVITIES

	2023	*2022*
	£	*£*
Rotary	**4,333**	**21,941**
	4,333	**21,941**

Profit from the Supporters Luncheon Club in 2022-23 totalled £14,936, which were used in the support of a programme to install wells and fund a feeding programme in rural Maharashtra.

8 EXPENDITURE ON RAISING FUNDS

	£	**£**
Staff Costs	**78,302**	**67,761**
Other Costs	**25,378**	**9,909**
	103,680	**77,670**

9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	**2023**	*2022*
	£	£		**£**	*£*
Bangladesh	-	784,178	9,095	**793,273**	**563,616**
Cambodia	21,826	47,907	-	**69,733**	**195,798**
Kenya	-	84,657	-	**84,657**	**130,320**
India	-	590,606	-	**590,606**	**702,342**
Nepal	12,028	72,838	-	**84,866**	**201,744**
Tanzania/Ethiopia/South Sudan	-	70,683	-	**70,683**	**69,832**
Zanzibar	20,135	89,841	-	**109,976**	**111,316**
Pakistan	-	231,774	-	**231,774**	**38,977**
Sri Lanka	-	10,800	-	**10,800**	**1,245**
United Kingdom	-	5,289	-	**5,289**	**15,287**
	53,989	1,988,573	9,095	**2,051,657**	**2,030,477**
Support Costs	86,354	168,670	-	**255,024**	**218,649**
	140,343	**2,157,243**	**9,095**	**2,306,681**	**2,249,126**

Included in the Restricted Fund resources expended is the sum of £10,800 which represents the value of Gifts in Kind as shown within note 6 to the accounts.

Support Costs are further analysed	Note	Staff	Other	Total Expenditure **2023**	*2022*
				£	*£*
International Research		24,369	2,713	**27,082**	**24,853**
International		111,188	28,827	**140,015**	**114,094**
United Kingdom		13,814	5,674	**19,488**	**24,964**
Administration		40,053	10,840	**50,893**	**40,426**
Governance Costs	10	8,086	9,460	**17,546**	**14,312**
		197,510	57,514	**255,024**	**218,649**

10 GOVERNANCE COSTS

	2023	*2022*
	£	*£*
Audit	**4,819**	**4,687**
Staff Costs	**8,086**	**7,183**
Other	**4,641**	**2,442**
	17,546	**14,312**

11 TANGIBLE FIXED ASSETS

	Freehold Land and Buildings	Computers other equip.	Total
Cost	£	£	£
At 01.04.22	167,725	8,581	**176,306**
Additions during year	-	8,202	**8,202**
At 31.03.23	167,725	16,783	**184,508**
Depreciation			
At 01.04.22	55,967	8,581	**64,548**
Charge for year	2,754	2,051	**4,805**
At 31.03.23	58,721	10,632	**69,353**
Net Book Value			
At 31.03.23	109,004	6,151	**115,155**
At 31.03.22	*111,758*	-	*111,758*

12 DEBTORS

	2023	*2022*
	£	**£**
Accrued Interest	**12,180**	**5,189**
Income tax recoverable	**6,773**	**3,967**
	18,953	**9,156**

13 CREDITORS - amounts falling due within one year

	2023	*2022*
	£	*£*
Tax and social security	**6,339**	**5,675**
Accruals	**4,475**	**4,475**
	10,814	**10,150**

14 EMPLOYEES

		2023	*2022*
The average number of persons employed by the			
Foundation was:	Full time employees	**3**	**3**
	Part time employees	**4**	**4**
		7	**7**
Staff costs during the year were as follows:-			
	Salaries and wages	**222,743**	**214,275**
	Social Security costs	**17,860**	**15,347**
	Pension contributions	**35,209**	**18,702**
		275,812	**248,324**

One employee received emoluments including pension contributions totalling more than £60,000

15 DIRECTORS / TRUSTEES

There were fourteen trustees, all of whom are members of the Executive Council and none of whom receive any remuneration from the Foundation.

Trustees did not claim reimbursement for expenses

16 AUDITOR'S REMUNERATION

The auditor's remuneration for audit work was £2,587 (2022- £2,587).

17 FUND MOVEMENT

	RESTRICTED		UNRESTRICTED		RESERVES	
	Expendable Endowment	Other	Fixed Asset	Designated	General	**Total 2023**
At 01.04.22	991,117	646,888	111,758	99,029	164,968	**2,013,760**
Income and Endowments	9,095	1,741,643	-	-	357,101	**2,107,839**
Expenditure	(9,095)	(2,157,243)	-	(69,169)	(174,855)	**(2,410,362)**
Other - Designated	-	-	-	137,969	(137,969)	**-**
Asset replacement	-	-	3,397	-	(3,397)	**-**
At 31.03.23	991,117	231,288	115,155	167,829	205,848	1,711,237

18 ASSETS AND LIABILITIES SPLIT BY FUND

	RESTRICTED		UNRESTRICTED		RESERVES	
	Expendable Endowment	Other	Fixed Asset	Designated	General	Total 2023
Fixed assets	-	-	115,155	-	-	**115,155**
Current assets	991,117	231,288	-	167,829	216,662	**1,606,896**
Current Liabilities	-	-	-	-	(10,814)	**(10,814)**
Fund Balances	991,117	231,288	115,155	167,829	205,848	**1,711,237**

19 RESTRICTED FUNDS

	Balance 01.04.22	**Increase**	**Decrease**	**Balance 31.03.23**
Bangladesh				
Riverboat Hospital and Prevention Proje	10,897	**242,308**	**220,130**	**33,075**
General	32,048	**7,117**	**37,490**	**1,675**
Nurses Institute	159,919	**118,241**	**260,694**	**17,466**
Community Health Care Centre	15,099	**87,409**	**84,257**	**18,251**
Fistula & Hydrocephalus	9,600	**24,480**	**34,080**	**-**
Equipment	4,050	**150,670**	**139,900**	**14,820**
Water Appeal	13,229	**6,500**	**17,000**	**2,729**
BBC Radio 4 Jibon Tari Appeal 2021	2,775	**1,933**	**4,708**	**-**
Cambodia				
General	-	**30,328**	**30,328**	**-**
Lake Clinic	423	**11,950**	**12,180**	**193**
Lake Clinic Mental Health	38	**12,063**	**11,788**	**313**
Coronavirus support	1,574	**-**	**1,574**	**-**
East Africa				
Disability Prevention	59,511	**76,043**	**68,493**	**67,061**
Tumaini Children's Charity	94	**546**	**600**	**40**
Water Projects	2,690	**376**	**3,066**	**-**
India				
Disability Prevention Bhavnagar	-	**15,050**	**15,050**	**-**
Integrated Project Pune	2,044	**70,152**	**63,588**	**8,608**
Lifeline Express Hospital Train	3,943	**131,758**	**134,917**	**784**
Lifeline Express 30th Anniversary Appeal	156,549	**207,764**	**364,313**	**-**
General	4,838	**1,199**	**6,037**	**-**
Pakistan				
Safer Motherhood	-	**196**	**-**	**196**
Pakistan Flooding	-	**265,914**	**265,914**	**-**

RESTRICTED FUNDS - Cont.

Nepal				
General	11,615	**33,025**	**44,640**	**-**
Rautahat - Safer Motherhood	-	**12,954**	**12,954**	**-**
Surgical Camps	-	**37,500**	**37,500**	**-**
Africa				
Africa General	3,113	**31,250**	**33,403**	**960**
Africa Fistula	33	**36,747**	**36,780**	**-**
Zanzibar				
Water	822	**-**	**822**	**-**
General	-	**28,324**	**28,324**	**-**
School For The Deaf	42,167	**45,020**	**86,978**	**209**
International				
General	49,444	**103,360**	**144,553**	**8,251**
Eye Care	55,372	**675**	**-**	**56,047**
United Kingdom				
Tasty Team Project	5,001	**14,962**	**19,353**	**610**
	646,888	1,805,814	2,221,414	231,288

All the above balances are held in cash.

20 DESIGNATED FUNDS

	Balance 01.04.22	Designated during year	Expended during year	Balance 31.03.23
Bangladesh				
General	3,869	-	-	**3,869**
Cambodia				
General	-	**65,000**	**29,416**	**35,584**
East Africa				
Water projects	269	-	-	**269**
Nepal				
General	26,270	**40,000**	**12,028**	**54,242**
Pakistan				
Safer Motherhood	-	**12,969**	-	**12,969**
Sri Lanka				
Clinics	1,692	-	-	**1,692**
Zanzibar				
General	7,929	**20,000**	**27,725**	**204**
International				
General	9,000	-	-	**9,000**
Contingency Fund	50,000	-	-	**50,000**
	99,029	137,969	69,169	167,829

All of the above funds are held in cash.

21 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023	*2022*
	£	*£*
Net movement in funds	(302,522)	(167,821)
Adjustments for :		
Depreciation charges /(purchase fixed assets)	(3,397)	3,410
Interest from investments	(16,968)	(8,872)
(Increase) / decrease in debtors	(9,797)	13,540
Increase / (decrease) in creditors	664	214
Net cash used in operating activities	(332,020)	(159,529)

How will you make your IMPACT?



The work you have read about in this report is only made possible by the generosity of our supporters. Funds are urgently needed to continue and expand our projects so that even more people benefit in the coming years. Please send us a donation using the Gift Form provided. Alternatively, telephone 01444 457080 or visit our website to make your gift. Thank you.

giftaid it

Increase your gift at no extra cost

UK taxpayers can add more to their gift without it costing them an extra penny. Please tick the Gift Aid box on the Gift Form, return it to us and we will do the rest. This will also enable us to claim Gift Aid on donations you have made to IMPACT in the past four years. Higher rate taxpayers can also benefit from additional tax relief on their gifts which can be claimed via their self-assessment tax return or by asking HMRC to change their tax code.

Regular giving

Setting up a standing order using the regular giving form makes supporting IMPACT's work simple and knowing that we can depend on regular gifts enables us to implement long-term projects. Ticking the Gift Aid box on the Gift Form means we can reclaim tax on your generous donations too.

Legacies

Remembering IMPACT in your will gives a gift to future generations. Donations to charity are currently free of inheritance tax which can help to reduce the tax burden on your estate. Our special leaflet provides more details and is available upon request or online: www. IMPACT.org.uk/donate/remember-us-in-your-will

Shares

Tax relief is available on gifts of shares.

Fundraising events and Gifts in Memory

It is simple to support IMPACT using Just Giving, an online service which enables fundraisers to set up dedicated pages for their event or to collect gifts in memory of a loved one by debit or credit card. Please visit www.justgiving.com/impactfoundation

Further information

Please visit our website at www.IMPACT.org.uk. We publish regular newsletters and reviews and you can sign up for our e-newsletter online. You can also follow us on Twitter @IMPACT_UK_ and Facebook www.facebook.com/IMPACTFoundationUK and Instagram @impactfoundation_uk

Please contact us

We are only a telephone call away on 01444 457080 and would love to hear from you.

IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH
Email: impact@impact.org.uk
Registered Charity No. 290992

Registered with FUNDRAISING REGULATOR

Make an IMPACT today!



£25 Could establish a garden to feed another family



£43

Could help to restore sight, hearing or mobility; or repair another child's cleft lip

£100

Could help train and equip a local health worker or traditional birth attendant



£1,700 Could bring clean water to a whole community



I would like to support IMPACT's work with a gift of:

£

Thank you. Your gift today will prevent disability tomorrow

☐ I enclose a cheque or postal order payable to IMPACT Foundation
Or please charge my Master/Visa/CAF card.

☐ VISA ☐ MasterCard ☐ CAF

You can also call us with your credit card details on 01444 457080

16-digit Card Number:

Issue Date: Expiry Date:

Security Code: Tel No:

giftaid it *Boost your donation by 25p of Gift Aid for every £1 you donate*

☐ I wish IMPACT Foundation to treat all gifts in the last four years, this gift and all future gifts as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Gift Aid is reclaimed by IMPACT Foundation from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Name: (Mr/Mrs/Miss/Ms)

Address:

Postcode:

Signature: Date:

Email:

Please notify us if you:
- Want to cancel this declaration
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains.

Please return this form to:
Mrs Judi Stagg, IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

REGULAR GIVING FORM

1) I would like to make a lasting difference to IMPACT's work with regular gifts. Please instruct my Bank Manager at:

Bank:

Branch Address:

Postcode:

Sort Code: Account

2) To pay IMPACT Foundation (Sort Code: 20-49-76, Account No. 60171913)

£ Each Month / Quarter / Year (please circle one)

Or (if you already make regular gifts to IMPACT direct from your bank account) to increase my gift to

£ Each Month / Quarter / Year (please circle one)

3) I wish my gifts to begin on and continue until further notice (Date)

4) Signed:

Name: (Mr./Mrs./Miss./Ms.)

Address:

Postcode:

PLEASE RETURN TO IMPACT. If you would also like IMPACT to reclaim Gift Aid on these gifts, please complete your name and address and tick the Gift Aid box on the form above and send both forms to: Mrs Judi Stagg, IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

Thank You

IMPACT is a Registered Charity, number 290992

IMPACT Gift tokens

IMPACT's unique range of gift tokens make a heart-warming gift and can be personalised and sent directly to your loved ones.

Visit our website to see the full range - www.IMPACT.org.uk



IMPACT

Preventing disability. Transforming lives.



IMPACT Foundation, 151 Western Road, Haywards Heath
West Sussex, RH16 3LH, UK
Tel: 01444 457080
Email: impact@impact.org.uk Website: www.IMPACT.org.uk

@IMPACT_UK_ IMPACTFoundationUK impactfoundation_uk

IMPACT FOUNDATION

England & Wales - Charity number 290992

Accounts

IMPACT

Preventing disability. Transforming lives.



Annual Report & Accounts

2021-22

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Foundation Information

Trustees who are Directors:

Lady Wilson, OBE, FRCOphth (Hon)	Honorary President *(resigned from Council 15.07.21 and joined the Advisory Council. Remains Honorary President)*
Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCGP	Chair
John Scott	Vice-Chair
Rob West, BA (Hons)	Vice-Chair *(resigned from Council 15.07.21 and joined the Advisory Council)*
Robin d'O. Hope	Honorary Treasurer

Nicholas Astbury FRCS, FRCOphth, FRCP
Keith Barnard-Jones, MBBS, MRCS, LRCP, D.Obst.RCOG, MRCGP
Gordon Bennett, LL.B (Hons), LL.M, Dip Int Law
Claire Hicks, MBE
David Jameson Evans, FRCS, FRCS (C)
John Mowbray, QC
Michael O'Connell, MB, BS, BSc, MPhil, FRCS (Otol), FRCS (Orl)
Lady Prance
Sal Rassam MB BCh BAO LRCSI LRCPI DTM, DO MD FRCOphth
Vinit Shah, MBBS, MRCP, FRCPCH
David Walker, CMG, CVO
Peter Webster, MA, FCA

Staff Team:

Judi Stagg	Chief Executive/Company Secretary
Sarah Smith	Deputy Chief Executive
Pascale Noel	Funding and Development Director
Tessa Brown	Finance Manager
Jackson Medlow-Stagg	Fundraising Manager
Julia Nottingham	Office Manager
Lisa Waller	UK Programme Manager

Registered Office:
151 Western Road
Haywards Heath
West Sussex
RH16 3LH
Telephone: 01444 457080
Email: impact@impact.org.uk

Auditors:
Carter Nicholls
Victoria House
Stanbridge Park
Staplefield Lane
Staplefield, Haywards Heath
West Sussex RH17 6AS

Bankers:
Barclays Bank plc
77 South Road
Haywards Heath
West Sussex
RH16 4LB

Legal Advisors:
Colemans Solicitors
Paddockhall Chambers
Paddockhall Road
Haywards Heath
West Sussex RH16 1HF

Charity Number: 290992
Company Number: 1878297
The IMPACT Foundation is a registered charity in England and Wales and a company without share capital limited by guarantee

Trustees' Annual Report

(Incorporating the Directors' Report)

A message from our Chair

As for many organisations and individuals, the past year has seen IMPACT adapting to and learning to live with Covid-19. We and our partners continue to work in Covid-safe ways and this means additional costs for cleaning and PPE. At the same time we have been trying to restore our normal projects to full capacity. Thus more than ever we need to raise funds for our core work, as much of our fundraising in the past two years has been focused on Covid-related action.

IMPACT's trustees and staff are totally committed to our no-nonsense and cost-effective approach. We do not waste money on advertising and image. Our donors appreciate the fact that we concentrate on the essentials.

The 30th Anniversary Appeal for IMPACT India's Lifeline Express hospital train has raised over £400,000 including the matched funding provided by a generous donor. These funds will make possible three Lifeline Express projects in rural India, the first of which has already started in Chhattisgarh state. Amongst other interventions, local people are receiving sight-restoring cataract surgery.



Brenda was a GP partner in rural South Staffordshire from 1980 to 2006. During a sabbatical, she spent time with IMPACT partner the PNR Society in Bhavnagar, India where she supported the vaccination campaign for a polio-free Gujarat (pictured above). Brenda became a trustee on her return to the UK. Over the years, she has visited many overseas IMPACT programmes at her own expense.

In the UK, our Tasty Team has also adapted and is expanding, with both online and face-to-face sessions now taking place to equip people with the skills and knowledge to eat healthily on a budget. This work is more relevant than ever in the current national and international situation.

With our partners around the world IMPACT continues to work for the prevention of avoidable disability in communities where access to healthcare is difficult for the average person. Our aims are early identification and treatment, ending malnutrition, safer motherhood and child survival, health education and training, safer water and sanitation, and accessible surgery. As a result of our interventions, poverty is also alleviated and lives are literally transformed every day.

We are immensely grateful for the support and generosity of our donors and volunteers. The threat from Covid-19 may be becoming more manageable but this year has already thrown up unexpected challenges and IMPACT needs you – our essential partners – in order to keep moving forward. Together, we are making change happen for the better.

Dr Brenda Luck
Chair, IMPACT Foundation UK
4th May 2022

Making an IMPACT – how & why

WHY IMPACT'S WORK IS NEEDED

➔ 15% of the world's people live with a disability

➔ 80% live in lower-income countries

➔ One third are children

➔ Most were not born disabled and live with a condition which could have been prevented or could be reversed

BREAKING THE CYCLE

People with disabilities often rank among the very poorest in society and lack equal opportunities to education or employment; many are kept in poverty by discrimination. IMPACT's work to prevent and treat needless disability makes a vital contribution to the alleviation of poverty.

WHERE WE WORK

AFRICA: Ethiopia, Kenya, South Sudan, Tanzania, Zanzibar

ASIA: Bangladesh, Cambodia, India, Nepal, Pakistan, Sri Lanka

EUROPE: The UK, Norway, Switzerland (raise money to support IMPACT's partners in Africa and Asia)



HOW IMPACT BEGAN

Needless disability is inextricably linked with poverty. The late Sir John Wilson (who was blind himself) founded IMPACT in 1985 as a means of sharing knowledge and supporting communities in rural Africa and Asia to prevent disabling conditions using practical, low-cost methods. Sir John worked with local people, such as surgeons, to establish multiple autonomous national IMPACTs - most of them in countries of the global south. IMPACT's projects are straightforward, cost-effective and focus on community-led development to ensure that projects meet real needs and create long-lasting change.

IMPACT's vision

IMPACT's vision is of a world free from needless disability. We believe that no one should become or remain needlessly disabled through disease, lack of knowledge or shortage of medical services.

Living with a disability is a fact of life for more than a billion people around the world. It is estimated that the vast majority of people with disabilities live with a condition that could have been prevented or could be treated. For example, permanent hearing loss caused by an untreated ear infection; cataracts causing sight loss that could be restored through surgery; or birth injuries caused to a mother giving birth alone or without trained assistance.

Needless disability and poverty are inextricably linked, each perpetuating the other. The poorest sections of society have least access to medical services that could prevent needlessly disabling conditions and people with disabilities too often face discrimination and obstacles to employment or education – stepping stones to improved prosperity. IMPACT's work to prevent and treat needless disability therefore also makes a vital contribution to the alleviation of poverty around the world.

A core part of our philosophy is the belief that local people are best placed to identify the needs in their own country and how to meet them in a culturally appropriate and cost-effective way. IMPACT UK never imposes ideas or action on our international partners but instead plays a supporting role to facilitate the programmes they have developed in consultation with beneficiaries. We also invest in training and equipping local medical and health workers to serve their communities for the long-term.



The children at Wikimuu Primary School in the drylands of Kenya are just some of the 369,582 people who have benefited from IMPACT projects to improve access to safe water and sanitation this year.

Objectives and strategy

IMPACT has worked with 12 trusted local partners in 10 countries of Africa and Asia during 2021-22. Each partner is autonomous and delivers a programme of action they have designed to prevent and treat needless disability; to promote health; and, as a consequence, to alleviate poverty. We also run a successful project to promote healthy nutrition in our local community in the UK. **Our shared priorities for action are:**



ACCESSIBLE SURGERY

Medical teams operate to restore sight, hearing or mobility – or to treat other disabling conditions and injuries, often taking surgery into remote areas



EARLY IDENTIFICATION, TREATMENT & REHABILIATION

Prevention is better than cure so local health workers check people's wellness and treat the early signs of needless disability. They also provide physiotherapy and assistive devices such as spectacles, hearing aids and prostheses



SAFER MOTHERHOOD & CHILD SURVIVAL

Medical support, straightforward monitoring and simple interventions such as vaccinations and improving nutrition can keep women and their babies safe and healthy during pregnancy, childbirth and infancy



SAFE WATER & SANITATION

Safe water and sanitation are the foundations of good health so we support installation of clean water sources, handwashing stations and toilets in communities, and the sharing of information about hygiene and sanitation



ENDING MALNUTRITION

Lack of vital vitamins and minerals is associated with disabling conditions such as visual and cognitive impairment, as well as increasing the risks during pregnancy, and compromising immunity so we help people to prevent deficiencies in simple, cost-effective ways



HEALTH EDUCATION & TRAINING

Skills and knowledge are shared with communities so they can take action to protect the health of themselves and their families

How each country programme contributes to our shared objectives

Country	Accessible surgery	Early identification, treatment & rehabilitation	Safer motherhood & child survival	Safe water & sanitation	Ending Malnutrition	Health education & training
Bangladesh	✓	✓	✓	✓	✓	✓
Cambodia	✓	✓	✓	✓	✓	✓
India	✓	✓	✓		✓	✓
Kenya	✓	✓	✓	✓	✓	✓
Nepal	✓	✓	✓	✓	✓	✓
Pakistan		✓	✓			✓
Sri Lanka		✓				
Tanzania (+ Ethiopia and South Sudan)	✓	✓	✓		✓	✓
The UK					✓	✓
Zanzibar	✓	✓	✓	✓	✓	✓

The public benefit of our work

IMPACT's work makes a clear and valuable contribution to the following three public benefit purposes as defined in the Charities Act 2011. The rest of this report will demonstrate how we do this in more detail.

1) The advancement of health or the saving of lives

2) The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

3) Prevention or relief of poverty

Performance

Across IMPACT's programme, this year can best be characterised as a tentative return to normality while still responding to new waves of Covid-19 and navigating a raft of restrictions that hindered service delivery, often imposed by Governments at short notice. Covid-19 control measures have ebbed and flowed; while one country was opening up, another was locking down but always mindful of the people who depend on us and have no other access to healthcare, IMPACT UK and our international partners have worked hard to deliver our projects however and wherever possible, whilst at the same time operating in Covid-safe ways.

The many medical professionals and community health workers, without whom our international programme of action would not be possible, remain on the frontline of the pandemic so once again we have focused on their protection. More than 170,000 pieces of PPE have been provided along with almost 8,000 litres of sanitiser and disinfectant. 63 medical facilities have been supplied with PPE and medical equipment.

We have also continued to protect members of the public in our project areas with the provision of face coverings, soap and hand washing facilities, and emergency food parcels since livelihoods have been affected as much as lives. Thanks to IMPACT, 7,621 families received nourishing meals, more than 82,000 people were given face coverings and almost 25,000 bars or litres of soap were provided as hand hygiene plays an important role in stopping the spread of the virus. Health education and awareness about Covid-19 reached nearly 240,000 people.

We responded rapidly to the devastating Delta wave that hit India and surrounding countries in the middle of 2021 by supporting our three Indian partners to purchase medical equipment such as oxygen concentrators, and

to establish Covid care centres and outreach programmes to assist people living in remote, rural and underserved villages. The wave subsided quickly but our partners stand ready to act again should they need to.

Aside from Covid-19, IMPACT's usual international programme of action ramped up, and while still not able to operate as before, strides have been made in re-starting any projects that had stalled and catching up on activities that were not possible before. For example, so much of IMPACT's work is community-based and takes place in schools and remote villages but school closures and lockdowns kept apart our outreach health teams and the men, women and children in need of health care. Our local partners report that even when services are available, people have been reticent to come through fear of catching Covid-19. This has inevitably reduced beneficiary numbers, but as the vaccine roll-out continues, this nervousness is subsiding.

Overall within our normal projects, we have benefited almost 50,000 more people this year than last. 913,168 men, women and children have been reached with health and medical care, training, health education, safe water and sanitation (an increase of 114.5% on FY 2020-21). This is in addition to hundreds of thousands of members of the public who benefited from action on Covid-19 and the thousands of health and medical workers who were protected with PPE.

Our projects always prioritise the least resourced and most marginalised people and the fact that our trusted partners are local people who know their communities well means we can be confident that those in most need are reached.

In addition to our 'Tasty Team' project to promote healthy nutrition for vulnerable groups in West Sussex, IMPACT UK has supported 12 partners working in 10 countries of east Africa, south-east Asia and southern Asia to achieve the following:

Overall activity:

Action within on-going programme	2021 to 22	2020 to 21
People examined and provided with treatment	202,364	145,978
Operations to restore sight, mobility or hearing, or to repair cleft lip or fistula	6,493	6,262
Immunisation against disabling disease (including activities to support Government vaccination programmes)	11,309	10,707
Mothers and babies receiving pre and post-natal care	16,938	22,178
Combatting malnutrition, including home garden and micronutrient supplement beneficiaries	54,004	47,204
Health professionals and community volunteers trained	2,606	1,948
People participating in health education or otherwise empowered within their communities	226,788	160,118
People benefiting from safe water and improved sanitation	369,582	18,213
Assistive devices given (hearing aids/orthotics/prostheses etc.)	23,084	13,040
Medical facilities upgraded / provided with equipment	7	13
Covid-19 pandemic response		
Hospitals / health centres' infrastructure built to better cope with the pandemic	63 124 health workers trained 42 tablet computers provided for record keeping during health outreach 6 Covid or post-Covid care centres set up 91 mobile clinics held	125
Items of medical equipment purchased	2,155	1,158
Items of PPE provided to health workers	170,238	293,594
People benefiting from medical assessments / treatment for Covid and other conditions	97,529	N/A

Soap, disinfectant and cleaning products for hospitals and health centres	7,895 litres/kg	16,985.5 litres
Public handwashing facilities established	20	284
Participants in health education and awareness raising re: Covid-19	239,474 (plus 50,000 leaflets produced and distributed; 1 toll-free medical helpline established and a 'Trace, Treat and Track' system set up covering a population of 100,000 people)	1,147,146
Families receiving emergency food parcels	7,621 (plus 121 students of schools for children with disabilities provided with nutritious meals)	1,876
Supplies for the public for infection control	82,104 face coverings 24,678 bars/litres of soap	37,903 face coverings 24,500 bars/litres of soap
Vaccination assistance	Provided support to Government programme during which 129,898 doses were administered	3 nurses trained to give Covid-19 vaccines
Other emergency relief		
Flooding relief, Cambodia	N/A	420 emergency kits (food, blankets, soap and water) to displaced families plus supply of basic medicines for health posts

Notably, the number of people benefiting from medical examination and treatment (up 38.6%), health education (up 41.6%), assistive devices such as prosthetic limbs and hearing aids (up 77%), access to clean water and sanitation (up 1929%), and action to prevent malnutrition (up 14.4%) have increased significantly on the previous year. The large increase in people accessing clean water and sanitation is due to the installation of a water treatment plant at a large hospital in Bangladesh, which is used by hundreds of patients and members of staff every day.

Whenever possible, our projects implement a diverse range of activities in one geographical location (e.g. a village or district) in order to maximise the benefits for the people involved. This is because poverty is multi-dimensional – people rarely lack only access to medical care – so our partners also enable households to meet their need for nutrition and income through initiatives such as growing vegetables and rearing livestock to eat and sell; establish community forums such as Mothers' Clubs to disseminate health education and empower members to take action to improve their own health; train teachers, NGO workers and local leaders to understand disability and take steps to help people affected; and provide clean water and sanitation, lack of which undermines all other efforts and is one of the biggest causes of ill-health, lost productivity and early death.

We have also invested in building local infrastructure and human resources to support communities for the long-term again this year. We have equipped and upgraded seven hospitals and health posts and supported the training of 2,606 medical and health workers (up 33.8% on FY 2020-21) including providing scholarships for 28 student nurses at IMPACT Foundation Bangladesh's Nursing and Midwifery Institute, which aims to meet the huge need for nurses in Bangladesh while at the same time offering a rare professional opportunity to young women from rural villages.



IMPACT Mothers' Clubs – like this one on Auraiya Village in Nepal - widen access to healthcare and provide opportunities for women to gain knowledge and skills that improve their health and that of their families and wider communities

We set ourselves 11 goals in last year's report – 'Looking to the Future' on page 33 – and achieved all of them, despite the many challenges we and our local partners continued to face due to the Covid-19 pandemic and the burden of significant restrictions on all parts of society.

Goal	Achievement
Begin construction of a new building which will eventually become a standalone IMPACT Nursing Institute and replace the current facility located within IMPACT Bangladesh's hospital in Meherpur. This would enable more nurses to be trained each year and better help to meet the acute shortage in Bangladesh.	Architectural and engineering plans for the new building have been completed and 103 piles have been installed to support the foundations. Contracts have been signed with the selected building contractors for work to begin on the first two floors from 1st April 2022. It is anticipated that this will be complete by the first quarter of 2023 and that classes will be held on the new building from the start of the new academic year.
Provide even more specialist surgery including burns operations in Cambodia and hydrocephalus operations for children in Bangladesh.	Thanks to our links with an experienced brain surgeon in Dhaka, 15 more operations were performed to ease the effects of hydrocephalus (the build-up of cerebrospinal fluid around the brain) in young children in Bangladesh. The oldest child was 7 years and the youngest just 25 days. All of the children benefiting came from impoverished families in rural villages and would not have had access to this life-saving surgery without IMPACT. We provide funds for a plastic surgeon in Cambodia to perform operations on people with burn injuries as we receive gifts restricted for this purpose. This year we have supported one burn surgery. We hope to support more in the future.
Install additional SIDKO water filtration plants for safe, accessible water, and renovate toilet blocks in more schools in Bangladesh, to improve sanitation, menstrual hygiene and dignity to keep girls in school all month.	Three new SIDKO water filtration plants have been installed at the following locations in Chuadanga district, Bangladesh: Chuadanga District Hospital, Munshiganj Girls High School and Gokulkhali Secondary School. The latter two SIDKO plants were accompanied by Menstrual Hygiene education, distribution of sanitary kits and toilet block upgrades. Accessible safe water and clean and private toilet facilities are essential as part of menstrual hygiene to ensure girls have the confidence to attend school during their period. More than 5,000 people benefit daily from safe water as a result of these school SIDKO plants.
Develop the skills of more local healthcare professionals by supporting training, which is a long-term solution to ensure delivery of quality health services.	1,371 health workers were trained through our projects this year and are using their skills for the welfare of people in the communities in which they work. Training included paediatric audiology, midwifery and nursing, and leprosy care. In addition 1,235 volunteers were trained, including teachers and students, to perform health monitoring in their classrooms and community leaders to identify and signpost treatment services for people with needlessly disabling conditions.
Provide further support for IMPACT India's award-winning Lifeline Express hospital train through a very special matched funding appeal to mark its 30th anniversary.	IMPACT UK's matched funding 30th anniversary appeal was a huge success thanks to the generosity of our supporters and the philanthropic family who provided the matched funds. In total, £412,670 was raised which is enough to fully fund three projects of IMPACT India's Lifeline Express hospital train in the financial year 2022-23 during which approximately 26,000 people could benefit from medical care.
Provide running costs and staff training for the ZOP Academy in Zanzibar, which provides specialist education and opportunities to hearing impaired children who might otherwise never go to school.	IMPACT UK has funded the running and salary costs of the ZOP Academy for children with hearing impairments, located in Zanzibar. Dr Naufal Kassim Mohammed, ENT Surgeon and Medical Advisor on the board, has undergone further training in Paediatric Audiology in South Africa (including hearing tests, hearing aid fitting and speech and language development) and is, in turn, training the Academy's staff.
Work with The Lake Clinic (TLC) to deliver on-going mental healthcare services for vulnerable people living in the floating villages of the Tonlé Sap Lake, with a particular focus on tackling domestic abuse and violence.	We supported The Lake Clinic with funds which contributed to the delivery of mental health services to 40 people who underwent regular monitoring, counselling and, where needed, were provided with medication. TLC's outreach team has been trained by the Cambodian Women's Crisis Centre to recognise signs of domestic abuse and violence and refer people affected to TLC's mental health team for ongoing support.
Increase access to safe water sources and sanitation for rural communities in Kenya through infrastructure building and health education.	Safely constructed concrete pit latrines with fully private enclosures were installed in five schools to provide students and teachers with a facility they can use without danger and with dignity. There was a constant risk of the old-style hand-dug latrines collapsing beneath the user. Five schools were provided with handwashing facilities (two tanks per school) to enable hand hygiene. Five schools were provided with Rain Water Harvesting systems with 10,000 litre tanks to collect rain for use in the school and the

	surrounding community. Schools were also provided with health education on safe water, hygiene and sanitation.
Respond to the extra needs of our partners to meet the challenges of operating safely in the face of Covid-19 and help to ensure that vulnerable people do not go hungry due to loss of income as a result of the pandemic.	IMPACT UK has once again provided extensive support for Covid-19 related projects in Bangladesh, Cambodia, India, Nepal, and for our project in the UK. For example, we have supplied 63 hospitals and health facilities with more than 170,000 items of PPE and more than 2,000 items of medical equipment; given more than 82,000 masks and almost 25,000 bars of soap to the public; provided food for hard-pressed families in our local community and elsewhere, and much more described further in this report.
Expand the reach of the Tasty Team project in the UK through online resources (e.g. cooking videos on a dedicated YouTube channel); restart face-to-face cooking sessions when it is safe to do so; launch after-school cooking clubs and work with more of the people who have really struggled during the pandemic, for example elderly people, to improve their food security and nutrition.	The Tasty Team has adapted to restrictions and continued to work throughout the Covid-19 pandemic. This year, one-to-one Get Cooking sessions resumed in person when restrictions allowed and 361 people participated overall. Tasty Sessions in schools benefited 170 children. At Christmas, The Tasty Team delivered meal boxes to struggling households that benefited 98 people. A new YouTube channel expanded the Team's reach by making cooking skills available online to a wider audience through short instructional films to boost confidence covering topics such as making a tomato sauce or cooking rice. In addition, an online resource portal was created for volunteers and participants to use. After school cooking clubs were launched in one school (for children) and one community venue (for children and their parents) and additional sessions were held during the school holidays for families to share a cooking activity together. 33 carefully selected people who were identified as those who would particularly benefit, took part.
Respond to emergencies in our projects should they arise.	IMPACT responded to the Covid-19 pandemic, as described in the next section of this report. There were no other emergencies within our project areas.

IMPACT has stringent monitoring guidelines which helps us to analyse the impact of our work. All of our partners send regular activity, statistical and expenditure reports and these are carefully monitored against agreed targets, enabling adjustments to be made if necessary. IMPACT UK and our partners work collaboratively in order to deliver the best service we can to the people who rely on us, often as their only hope of health care or medical treatment. Independent project evaluations monitor the impact of many projects and representatives of IMPACT UK make programme visits to ensure that your support is really making a difference.

IMPACT UK relies on voluntary contributions from generous members of the public, companies and organisations to power our programme. Income this year is £2,158,975 (an increase of almost 28% on FY 2020-21 and 44% more than our target of £1.5 million). This can be attributed to the successful 30th anniversary matched funding appeal for IMPACT India's Lifeline Express Hospital Train and for the restricted funds provided for Covid-19 projects.

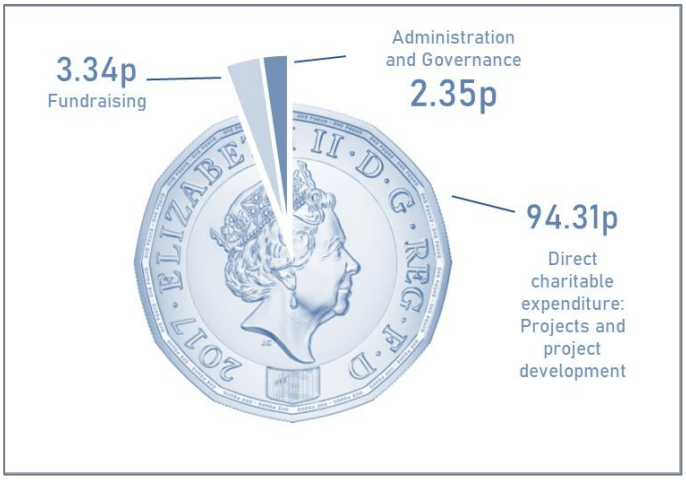
Expenditure is also up 33.7% on the previous year at £2,326,796 due to the resumption in every country of activities put on hold by Covid-19 along with some specific action in response to the Delta wave in India.

Due to prudent financial management and the fact that our team and offices are small and lean, IMPACT UK has expended an even higher percentage of funds on direct charitable action this year than last. Almost 95 pence of every £1 spent was used for this purpose (FY 2020-21 92.4%).

Further information can be found in the section 'Financial Review and Policies' on page 36.

2021-22

How every £1 was invested



Highlights of the year's achievements

Covid-19 Pandemic Response

The World Health Organisation has analysed the number of global excess deaths over the first two years of the pandemic and believes the true death toll from Covid-19 is nearly 15 million people – three times higher than the officially recorded numbers.

Of the people who died, 57% were men and 43% were women. 59% lived in lower or low income countries compared to 15% in high income countries like the UK – highlighting that poverty and its characteristic overcrowded living conditions, inadequate sanitation, lack of clean water, and inequitable access to quality healthcare and vaccines – really is a matter of life and death.

The authors of WHO's report note the limitations on their findings because they were unable to accurately measure the number of excess deaths in sub-Saharan Africa due to the lack of reliable health and demographic records kept by 41 of the 54 countries in Africa. Better data collection systems are vital to ensure that health services meet the needs of populations generally, and for better preparedness for future pandemics.

% of populations fully vaccinated (2 doses) against Covid-19 as at April 2022:

Bangladesh:	**70.5%**
Cambodia:	**85%**
Ethiopia:	**18.5%**
India:	**62.5%**
Kenya:	**17%**
Nepal:	**67%**
Pakistan:	**55%**
Sri Lanka:	**66%**
Tanzania:	**6%**
The UK:	**74%**

Source: ourworldindata.org

This is an issue outside of Africa too, with actual Covid-19 deaths estimated to be nearly 10 times higher than official records in India, eight times higher in Pakistan and five times higher in Bangladesh.

IMPACT's policy of partnering closely with local people who really know the areas they work in means that our actions to tackle the challenges of the pandemic were highly targeted and efficient.

While vaccination distribution is increasing, just 60% of the world's people are fully vaccinated against Covid-19, while 24% have received a booster jab, which we know is vital to protect against the highly infectious Omicron variant. Where possible, IMPACT's partners have supported Government vaccination campaigns in tangible ways such as providing nurses to give injections and health education to ensure people understand how they can get vaccinated and why it is needed. Often this includes dispelling the misinformation that has found its way into every corner of the planet.

Many of the people who died from Covid-19 were healthcare workers on the front line, putting their lives in danger caring for people despite inadequate personal protective equipment. One of IMPACT UK's priorities within our practical response to the pandemic was to ensure that high-quality PPE was provided to the doctors, nurses and health workers employed within IMPACT's projects and at the hospitals we partner with around the world. More than 170,000 items were supplied this year.

This second year of the pandemic covered the Delta and Omicron waves, which infected vast swathes of people and further pressurised creaking health systems. The Delta variant was first detected in India and quickly became the dominant strain globally. India suffered an incredibly intense Delta wave infecting millions of people, which peaked and subsided within three months. During this time, we supported three partners in the country in myriad ways including setting up test and tracing systems and Covid care centres; and a small army of health workers making household visits in rural areas. The effects of Covid-19 are ongoing, as is our action.

Aside from the medical consequences of the pandemic, there has been a huge social and economic toll. IMPACT has supported partners around the world to provide food parcels to families struggling financially when they could not work due to restrictions and who were at real risk of hunger. As usual, we added long-term benefit where

possible by also distributing rice mills to villages to prepare paddy into usable rice, and household water filters to provide potable water.

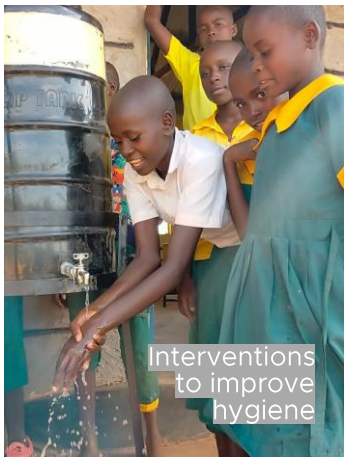
So much about Covid-19 remains unknown but it is becoming increasingly clear that 'Long Covid' will cause a huge burden of ongoing ill-health and disability for the people unlucky enough to develop it, which will inevitably strain already overstretched healthcare systems and diminish economic productivity on an individual, national and global level. There may be an ongoing role for IMPACTs around the world to support people affected by 'Long Covid' which will complicate other health conditions. Many affected people will inevitably been seen in our hospitals and clinics in the future.


PPE for health workers


Covid-Care Centres


Post Covid-Care Centres


Emergency food aid


Interventions to improve hygiene


Support for immunisation campaigns




Equipment and medicines


Village clinics and health education


Training for health workers

During 2021-22, IMPACT UK has raised funds to enable the following supplies and action throughout our international programme in response to the Covid-19 pandemic:

Item	Total	Item	Total
PPE kits	1,874	Non-medical masks (public)	82,104
Shoe covers	1,700	Bars or litres of soap (public)	24,678
Surgical masks / respirators	134,430	Health education (people)	228,474
Pairs of gloves	17,044	Health education materials	50,000
Head covers / fabric caps	11,550	Toll-free telephone helpline set up	1
Disposable gowns	1,310	Handwashing stations set up	20
Goggles	650	Food parcels (families)	7,571
Plastic face shields	680	Students at schools for disabled children provided with emergency food	121
Aprons	1,000	Mobile Clinics held	91
Health facilities / hospitals given PPE	63	Household health assessments	92,000
Health facilities / hospitals given equipment	45	Population covered by a newly established 'Trace, Treat and Track' system	100,000
Covid care centres set up	6	Village rice mills distributed	10
People treated for Covid-19 or other conditions	5,529	Beneficiaries of rice mills	2,500
Hand sanitiser / disinfectant / cleaning supplies (litres)	7,795	Household water filters distributed	60
Detergent (kg)	100	Beneficiaries of water filters	300
ICU beds	4		
Hospital beds	34		
Oxygen concentrators	49		
Suction units	4		
Nasal cannulas and oxygen masks	1,500		
Defibrillators	4		
Blood pressure machines	100		
Glucometers	100		
Haemoglobin meter	100		
Pulse oximeters	119		
Multipara patient monitors	7		
Thermometers / thermal scanners	123		
Infusion pumps	4		
Ventilators	2		
Wheelchairs	5		
Tablet computers for health workers	42		
Vaccination assistance provided for Government campaigns (doses)	129,898		
Health workers trained	115		

Asia: Bangladesh



'At my IMPACT Mother's Club, I have come to know about many important topics, including the benefits of growing vegetables. My home garden has been a lifesaver during the pandemic. Before I was so stressed about how to meet my expenses, and my children were having many episodes of illness. Now, I do not need to depend on the market to buy food. Our need for micronutrients is met and my children are so much healthier'

Kakoli (28)

IMPACT Foundation Bangladesh (IFB) runs a highly effective programme of action based at three hospitals – one of which floats! The *'Jibon Tari'* (Boat of Life) is housed on a 290 ton pontoon which is tugged from riverside village to the next (it has no engines to prevent vibrations during surgery) staying for a month at a time to restore sight, hearing and mobility to people in some of the most underserved parts of this vast, river-streaked country.

The other hospitals are land-based and located in Chuadanga and Meherpur Districts in the south-west of Bangladesh. Like the Jibon Tari, the focus is on treatment of needlessly disabling conditions such as cataract or hearing loss, and the work of the hospitals is supplemented by a thriving community outreach programme which seeks to prevent a host of other causes of needless disability and ill-health, for example, malnutrition, lack of maternity care and services such as physiotherapy, and inadequate sanitation and safe water.

A mobile medical van, the *Jibon Jatra*, travels to remote villages to ensure that people do not miss out on vital care because they cannot travel into the town, and the hospital walls are pushed out even further by training community people such as teachers and members of Mothers' Clubs to know the signs of disabling conditions and refer those affected to IFB's health workers.

Sustainability is at the heart of IMPACT's work, for example, training and equipping local people to meet the needs of their communities for the long-term. In 2014, IFB established a Nursing and Midwifery Institute within its hospital in Meherpur to meet the urgent need for professionally qualified nurses and midwives in the country. The Institute has steadily grown to admit more students each year and the current facilities were being outgrown so we are delighted to be supporting the construction of a standalone facility in the hospital grounds that will enable even more students to be trained and will secure the future of this prestigious seat of learning.

2021-22 Activities	Target	Achievement
People screened and treated for disabling and other health conditions in Outpatients Departments and clinics in the community	60,000	60,066
People attending health education and awareness sessions to learn how to protect themselves and their families	47,500	64,291
People who benefited from operations to restore their sight, hearing or movement or to ameliorate other disabling conditions	3,320	3,562
People provided with assistive devices and/or physiotherapy	4,200	9,167
Women provided with ante and post natal care including micronutrient supplements (folic acid etc.)	3,100	4,644
Immunisations against infectious diseases and/or Vitamin A to protect eyesight, given to children	4,000	9,479
Traditional Birth Attendants trained and provided with a sterile equipment kit	600	602
Village Mothers' Clubs meeting regularly	900	3600
Primary school teachers trained to check their students' vision and health	300	301
Children checked by trained teachers	3,000	3,672
Home gardens established to provide families with nutritious fruit and vegetables to eat and the potential to generate income	750	752
Local health workers, rural medical practitioners, NGO workers and community leaders trained to understand and identify needless disability	700	739

Additional achievements...IMPACT UK's support has also:



IMPACT Foundation Bangladesh's Nursing and Midwifery Institute was established to meet the critical shortage of nurses in the country

- Funded the training of 28 students at IFB's Nursing and Midwifery Institute in Meherpur district, in order to help meet the critical shortage of nurses in the country. 11 nurses in particular financial need were given study aids. We also provided 30 sets of furniture to allow for an expanded intake of students and enabled work to start on building the new Institute in the grounds of IFB's Meherpur Hospital – our support is paying for the first two storeys of the building which should open in 2023
- Provided essential items of medical equipment to IFB's hospitals to enhance service delivery
- Ran a standalone project in Magura, Jenaidah and Kushtia districts to take eye care into these underserved areas. IFB's mobile clinic visited 21 locations, screened and treated 5,168 people, restored sight through cataract surgery to 478 men and women, trained 100 schoolteachers to check the vision of 504 children, and provided 549 children with Vitamin A supplements to prevent night blindness
- Enabled specialist brain surgery for 15 more very young children with hydrocephalus
- Purchased an auto-refractometer and held a special eye surigical camp on board the *Jibon Tari* floating hospital in memory of Mrs Tineke Van Der Leek Walker, the wife of IMPACT UK's former Chair Mr David Walker, during which 141 people were screened and 39 people had their sight restored
- Installed SIDKO water treatment plants at Chuadanga District Hospital, Munshiganj Girls High School and Gokulkhali Secondary School. The schools also benefited from a menstrual health project providing education and sanitary kits for 804 girls, plus refurbishment of their toilet blocks to make them safe, hygienic and private. 400 girls at Gokulkhali Secondary School were vaccinated against Rubella to protect any future babies from this major cause of disablement *in utero*.
- Supported IFB in its work to run the *Jibon Mela* hospital and community-based primary healthcare project in Meherpur district. Thanks to this project, 28,202 people have been screened and treated for health conditions, 1,171 operations have been performed, 2,175 people have had physiotherapy and/or an assistive device to ease mobility, 3,142 women have received quality pre and postnatal care including ultrasounds, 2,080 non-Covid vaccinations have been administered, 3,109 women and children received dietary supplements as required, 8,203 pathology tests have been undertaken, 3,057 people have attended health education sessions, and 90 people are benefiting from home gardens yielding fresh produce to improve diets.
- Given 15 pairs of geese to families who struggled to meet their nutritional requirements. These not only provide essential protein in the diet, but can also be used to generate income through the sale of eggs.
- Provided 5 arsenic filters to households at risk of drinking contaminated water
- Responded to the COVID-19 pandemic through the provision of 56,800 pieces of PPE for frontline health professionals at 18 hospitals and health centres, 3 thermal scanners for hospitals, 4,850 litres of hand sanitiser and disinfectant, 1,200 face coverings and 790 bars of soap for the public, health education for 61,252 people, emergency food parcels for 500 families facing hunger due to loss of income, and set up 350 handwashing stations for infection control.

2021-22

IMPACT Bangladesh performed 3,562 operations to restore sight, hearing or movement or to ameliorate other disabling conditions



Cambodia

Our partners in Cambodia are IMPACT Cambodia (IC) and The Lake Clinic (TLC). IMPACT Cambodia's programme focuses on ear care, school health, safe water and leprosy in three provinces: Preah Vihear, Ratanakiri and Banteay Meanchey (all among the very poorest in Cambodia with worrying health statistics and inadequate infrastructure) plus the capital, Phnom Penh and nearby Kandal province. Additional activities such as enhancing maternity care and enabling plastic surgery to treat people with burn injuries are undertaken as funds allow.

TLC delivers primary health care and mental health care to people living very challenging lives in the floating villages on the Tonlé Sap Lake, which is the largest freshwater lake in southeast Asia, and a UNESCO biosphere reserve due to its biodiversity. Life on the lake is precarious and dictated by environmental conditions, with fishing the only source of income. The villages are miles across water from healthcare and other services and there is no sanitation or clean water so disease is rife.

IMPACT Cambodia



'It has been many years that our hospital did not have sufficient equipment in our Maternity Unit. Sometimes, when the equipment was damaged, we had to repair it with our own money. This new equipment from IMPACT has eased our work, and made our hospital safer for women and babies.'

Saleh Azy, Midwife, Banlung Referral hospital

IC's programme of action has been hampered once again this year by the Covid-19 pandemic which closed schools, restricted travel around the country and made people wary of attending health centres even when they were able to, for fear of catching the virus. As such, the focus this year has once again been on supporting people with leprosy (in a Covid-safe way) whilst also meeting the need for food and safe water, and upgrading maternity facilities with equipment and training to make childbirth safer for women and their babies.

Mr Bunda, the community worker specialising in the care of people with leprosy, has been able to continue his vital work throughout the period, but has experienced challenges due to Covid-19. For example, limits on gatherings of people and the redeployment of health workers to Covid wards made it impossible to hold training and awareness raising sessions for them and members of the community in the numbers and format used in the past. Additionally, lockdowns prevented Mr Bunda from making home visits to his patients and this led to a deterioration of their condition for many people left to fend for themselves. Some good news though, was that when he was once again able to get out into villages, he met people with leprosy living at the heart of their communities, where previously they would have been ostracised and living in the remote forest areas. This indicates that his awareness sessions are working to dispel the myths associated with leprosy, and that this is benefiting people with leprosy socially. Mr Bunda will now visit them regularly to provide treatment to manage, and eventually cure, their condition.

2021-22 Activities	Target	Achievement
Early identification and treatment *		
ENT screening and on the spot treatment (Banteay Meanchey province)	300	0
ENT screening and on the spot treatment (Ratanakiri province)	300	0
ENT screening and on the spot treatment (Preah Vihear province)	300	0
School health programme *		
School children ENT screening, on the spot treatment and general hygiene education (Ratakaniri and Preah Vihear provinces)	100	0
Screening / treatment sessions (one day, one school)	1	0
Safe water and sanitation *		
Water wells for schools (Ratanakiri province)	1	0
Water wells for health centres	1	0
Water filters for schools (7 per school)	7	0
Water filters for health centres (2 per health centre)	2	0

Leprosy programme		
Support training sessions on leprosy (Mongkul Borei, Banteay Meanchey province)	4	4
Health workers receive on-going training at above sessions	184	83
Community members benefiting from leprosy awareness raising (Banteay Meanchey and Battambang provinces)	962	2,909
People with leprosy identified and receiving treatment and support	10	37

* these activities were all negatively affected by Covid-19 restrictions which closed facilities, locked down households and prohibited travel but will resume in FY 2022-23.

Additional achievements...IMPACT UK's support has also made possible:

- 516 people underwent cataract surgery to restore their sight at Preah Angdoung Referral Hospital using high quality Intraocular Lenses supplied by IMPACT UK
- Maternity equipment including two delivery sets, a suction unit, an operating table and an oxygen production machine was supplied to Svey Health Centre in Longvek in order to enhance the service it provides to pregnant women. In addition, 300 food parcels and 100 water filters were given to vulnerable families in the surrounding villages.
- 32 midwives working in health posts around Borkeo Referral Hospital, Ratanakiri province, were provided with training on the management of postpartum haemorrhage and the use of non-pneumatic anti-shock garments. They were also given more general refresher training in safe delivery techniques.
- Supported surgery for another person with burn injuries. These operations are paid for as specific funds are raised for each operation.
- Vital maintenance on IC's head office building in the grounds of Chey Chumneas Referral Hospital in Kandal, which fixed the leaking roof and cracked walls and enabled the audiology room within it to be improved to enable an expanded audiology service in the future. IC provides the audiology 'feeder' service for the ENT department at Chey Chumneas hospital.
- In response to the Covid-19 pandemic, IMPACT UK provided 5 hospitals and health centres with a total of 73,000 surgical masks, 750 pairs of gloves, 50 pairs of goggles, 1,000 plastic aprons, 30 hospital beds, 4 oxygen concentrators, 4 suction units, 10 pulse oximeters, 3 patient monitors, and 990 litres of sanitiser and disinfectant, 100 kg of detergent. A further 57,500 face coverings and 3,320 bars of soap were provided to the general public and emergency food parcels were given to 500 hungry families, 60 household water filters were distributed, and 10 rice mills (one per village) were given to enable villagers to make use of their paddy harvest.



2021-22

IMPACT Cambodia works with communities affected by leprosy.

Specially trained health workers visit people in their homes, ensuring widespread access to drug therapy, which can provide successful treatment. Thanks to their efforts this year, 2,909 people are now better informed about the disease in two rural provinces.

Tackling stigma is an important part of this work.

The Lake Clinic (TLC)

The Lake Clinic (TLC) is a mobile medical centre on a boat which travels to the floating villages on the mighty Tonlé Sap Lake in north-western Cambodia and its tributaries. This vital service provides primary medical care, maternity and newborn care, family planning, vaccinations, eye care, dentistry and health education to some of the most remote and underserved communities in the country and it is a lifeline to those living on the lake where development indicators are lower than elsewhere in Cambodia.

The team has a 'children at risk' programme which proactively seeks out under-fives who are stunted, underweight and malnourished and devises a care plan for them to ensure their nutritional needs are met. This is essential to prevent a lifetime of inhibited growth and cognitive underdevelopment. All residents, but especially new mothers, are encouraged and helped to grow and consume nutritious vegetables that can cope with the watery conditions to supplement the major food source – fish.

TLC's main boat is supported by permanent floating clinics in five villages and smaller boats to ferry the medical team to villages which are difficult to reach when water levels are low. The team aims to visit each village once a month but this is dictated by environmental conditions. Travel across the lake is time consuming and some villages take up to a day to reach from the nearest town, Siem Reap. The team therefore stays out on the lake for several days at a time.

In line with WHO's recommendation to incorporate mental health care with primary health care delivery, TLC has been expanding its work to deliver mental health care to the people living in floating villages, who face a great many additional challenges due to their particular living environment. 43 people with complex mental health needs have been supported this year with regular counselling or medication. They range in age from 9-59 years. Domestic abuse is common and TLC's team has to carefully navigate a culture that tolerates it while trying to help those affected.

While the lake dwellers are surrounded by water, none of it is safe to drink so TLC makes and distributes bio-sand filters to households, and trains the woman of the house to maintain and safely use them. This gives them status and TLC has seen use increase as a result of this strategy.

TLC's work had been hampered by Covid-19 but the start of 2022 saw a return to normal activity. Schools have reopened so the outreach team have once again taken health education and screening for conditions such as viual impairment into the classroom.

As part of a much wider programme of activities run by TLC, IMPACT UK's support has achieved the following:

2021-22 Activities	Achievement
People provided with medical care or mental health care	628
Bio-sand water filters provided to families to make lake water safe to use	86 filters benefiting 430 people



Photo: Patrick Firouzian

2021-22

430 people benefited from clean drinking water thanks to Bio-sand water filters provided by TLC to make lake water safe to use.

India

We work with three long-standing partners in India: IMPACT India Foundation, the PNR Society based in Bhavnagar, Gujarat State; and KEM Hospital based in Pune, Maharashtra State.

By late April 2021, India had become the epicentre of the Delta variant Covid-19 wave, the second wave to hit the country and far more devastating than the first. It was the first country in the world to record more than 400,000 new cases in a 24-hour period and health facilities buckled under the sheer weight of people urgently needing medical care. There was a shortage of hospital beds, oxygen, vaccines and ventilators meaning that far too many people did not receive any medical care at all and were unprotected from serious illness and death.

Our three Indian partners quickly made plans to help and asked IMPACT UK for assistance. This enabled a rapid response, untethered by bureaucracy, directing aid to where it was needed. The infrastructure and systems we built together stand ready to help once again should another new variant Covid-19 wave sweep across India in the future.

IMPACT India Foundation

IMPACT India Foundation (IIF), established in 1983, was at the forefront of the international IMPACT movement and has blazed a trail with innovations such as the Lifeline Express hospital train which travels to railway stations across the country and stays in a siding for a month at a time to restore sight, hearing and mobility to marginalised people who would have little hope of surgery otherwise. Additional services have been added over time and now the Lifeline Express also screens for and/or treats conditions such as cancer and heart disease.

IMPACT UK's focus this year has been on supporting IIF to meet the challenges of the Covid-19 pandemic, funding surgeries, and on an exciting matched funding appeal to mark the Lifeline Express' 30th anniversary. The latter raised £206,335 from our generous supporters, and this was matched pound for pound by a philanthropic family foundation to make £412,670 – enough to fund three more Lifeline Express projects in the early part of FY 2022-23.

Our financial support also enabled IIF to take action to mitigate Covid-19 in Mokhada block, a rural area of Palghar District, Maharashtra State. More than 92,000 people live in 188 villages where vaccine coverage was low and as many as half the inhabitants in some villages were infected at some points. IIF set up a 'Trace, Treat and Track' systems (aka 'Triple T'), training health workers to go house-to-house identifying Covid patients, logging and supporting them and mapping people with underlying health conditions for extra care. Food parcels were delivered to hungry families to ward off the ever present threat of malnutrition, and oxygen concentrators, PPE and medical equipment was provided to Primary Health Centres and Covid wards. IIF also supported the Government vaccination programme by providing nurses to deliver doses where there were shortages of trained health workers for the purpose.



2021-22

To celebrate 30 years of IMPACT India's Lifeline Express hospital train, IMPACT UK launched an anniversary fundraising appeal, which generated funding to support projects at three new locations in the coming year.

2021-22 Activities	Achievement
Covid-19:	
Human resources built through recruitment and training:	
Community Health Workers	17
Volunteer 'Covid Fighters'	70
Health project managers	2
Tablet computers provided	30
People reached by house-to-house visits for support and Covid-19 education	92,000
Clinically vulnerable people given anti-viral drugs	2,000
Face coverings and bars of soap distributed to the public	30,000
Vaccines doses facilitated by IMPACT India Foundation	129,898
Health posts receiving PPE and sanitiser	24
Medical diagnostic kits (containing items such as pulse oximeters, thermometers etc.) provided to health workers	100
Oxygen concentrators provided to health facilities along with 1,500 nasal cannulas and oxygen masks	25
Families receiving food parcels	1,500
Lifeline Express:	
Operations to restore sight, hearing or mobility	24
Funding secured through special 30th anniversary appeal (projects)	3

Additional achievements...IMPACT UK's support has also:

■ Used restricted funding to help the Akshar Foundation remodel **five** government schools in Assam using its innovative teaching methods to ensure disadvantaged children are able to stay in school and gain skills for a productive life.

Disability Prevention Partnership, PNR Society, Bhavnagar District, Gujarat



'The second wave of the pandemic created havoc in India. There was a shortage of hospital beds, oxygen, vaccines and ventilators. Deaths increased and long queues at crematoriums generated feelings of fear and helplessness'

Paras Shah, Co-ordinator of The PNR Society Covid-19 project

The PNR Society is a coalition of organisations which together form the largest body for disabled people in India. While access to schools has been restricted during the pandemic, preventing the Blindness and Deafness team we usually support from performing screening and treatment for children with visual or hearing loss, we have been able to provide backing to the PNR Society in its efforts to help people affected by Covid-19.

With our support, the PNR Society partnered with the Bhavnagar Indian Red Cross to set up Covid Care Centres, staffed around the clock by medical officers, in schools and community places to provide care for the very poorest people who had lost their jobs and were unable to pay for Covid-19 testing and medication when they fell ill. The aim was to prevent the need for ventilation and hospitalisation by providing oxygen and drug therapy early in the illness along with nourishing food to sustain the people admitted.

A Post-Covid Care Centre was also established which helped people taking a longer time to recover from the virus. Medical support such as physiotherapy was provided as well as other therapies including yoga, breathing techniques, healthy nutrition and counselling.

2021-22 Activities	Achievement
Covid-19:	
5 Covid Care Centres and 1 Post-Covid Care Centre established	
People benefiting from these Centres	1,042
Medical equipment provided to Covid Care Centres:	
Oxygen concentrators	10
Wheelchairs	5
Hospital beds	4
Thermometers	12
Pulse oximeters	9
Health facilities given medical equipment, PPE and sanitiser	6
Families receiving food parcels to last three months	1,367
People benefiting from Covid-19 health education	1,100
Face coverings distributed to the public	1,500
Bars of soap distributed to the public	900
Other:	
Used a restricted legacy to establish the Dr I B Sardharwalla Early Intervention and Remedial Centre for Children with Neurological Disorders at the PNR Society hospital and supported its Speech and Audiology Clinic	

Disability Prevention Partnership, KEM Research Hospital, Pune, Maharashtra

KEM Research Hospital in Pune, Maharashtra State has been a vital IMPACT partner for more than 20 years. Like IMPACT India Foundation and the PNR Society, KEM Research Hospital immediately took action when the second wave of Covid-19 overwhelmed India, using our support to purchase vital medical instruments and PPE and cleaning supplies for the Government-designated Covid ward at the KEM hospital and for rural health centres in the surrounding area. KEM also used its existing 'Tribal Empowerment Project', which trains Government ASHA workers (so-called 'Barefoot Doctors') who provide the first tier of healthcare in indigenous villages, to provide Covid-19 health checks and health education. A mobile medical van supported the work of the Barefoot Doctors and a toll-free helpline was established for people to seek medical advice to further expand the project's reach. Food parcels were distributed to meet the most vulnerable households' basic needs.

2021-22 Activities	Achievement
Covid-19:	
Human resources built:	
ASHA workers ('Barefoot Doctors') trained on Covid-19, how to use oxygen concentrators, and treating non-serious symptoms (one BFD per village) and provided with PPE	26
Tablet computers provided for ASHA workers	12
Mobile clinic visits to undertake testing and provide treatment	91
People provided with medical treatment through clinics	1,987
Medical equipment provided to health facilities:	
Oxygen concentrators	10
Multipara patient monitors	4
Ventilators	2
Adult ICU beds	4
Infusion pumps	4
Defibrilators	4
Primary Healthcare Centres and sub-health centres receiving PPE and sanitiser	10
Population covered by PHCs	60,000
Families receiving food parcels	3,028
People benefiting from Covid-19 health education	19,654
Face coverings distributed to the public	5,200
Toll-free helpline established	1
Barefoot Doctor training (non-Covid):	
One BFD's general training and equipment provided to support her village	1



2021-22

The KEM Research Hospital team distributed emergency food parcels to 3,028 households whose livelihoods had been affected by the pandemic

'The project area is remote and poverty stricken. As we distributed food kits, people explained the problems in their lives. Work is scarce, and they often sleep hungry. Life is even harder for anyone who is widowed, separated or with a large family. There is no government help for people in these situations and they are constantly looking for work. During the pandemic, many lost their loved ones either from the coronavirus or other medical illnesses. The food parcels have been so positively received in these difficult times'

KEM Society Team Leader

Nepal

IMPACT Nepal has been delivering effective action to prevent and treat needless disability since 1993 when an inaugural primary ear care project was quickly followed by surgical camps to treat ENT and orthopaedic conditions for people living in remote areas. Many of these camps were held in a special tented operating theatre which was transported up mountains and across the Terai to reach areas where there was no formal medical care.

Over the past three decades, IMPACT Nepal has expanded its role into the prevention of malnutrition, delivery of ante and postnatal care to keep women and babies safe, and an ever growing number of Primary Ear Care Centres in rural villages.

It has also played an important role in protecting health care workers with PPE, building the infrastructure of hospitals and health posts to meet the new challenges thrown up by the virus, and feeding hungry people during the Covid-19 pandemic. National and local restrictions have made some elements of IN's programme impossible to deliver once again this year since people have been forced to stay in their homes during lockdowns, but as they – and the flooding and landslides also widely experienced – have eased, the dedicated local team have restarted their work with even more commitment and drive than ever in order to serve the people who have been waiting patiently with ear conditions that need treatment, mobility issues to be improved, and many more medical concerns.



'Jamun Rai (65) was facing many problems due to age-related hearing loss. He was often ignored by his family members and neighbours and this was affecting his mental health too. He visited us for a solution and when we provided him with a hearing aid, he cried with happiness at that moment. He thanked IMPACT for its support to many disabled people like him'

IMPACT Nepal

Additional achievements...IMPACT UK's support has also:

■ Thanks to our supporters purchasing 'gift tokens' it has been possible to provide **39** pairs of chickens and **9** goats so that families can use eggs and milk to fortify their diets, and **3** menstrual hygiene kits to help women manage their monthly periods.

■ Provided restricted funds to help meet additional needs created by the Covid-19 pandemic. This included supplying **7** health centres with **810** gowns, **1,050** surgical masks and respirators, **3,444** pairs of surgical gloves, **600** pairs of googles, **600** shoe covers, **10,450** head covers, **680** plastic face shields, **35 litres** of hand sanitiser/disinfectant and **8** thermometers. The public were given **1,704** face coverings, **4,668** bars of soap and **301** families and **121** students at schools for people with disabilities were provided with emergency food parcels due to the immediate risk of hunger. **54,568** people had their awareness raised about Covid-19 through health education.

2021-22 Activities	Target	Achievement
Primary health care workers, ear assistants and rehabilitation technicians trained	4	11
Community field workers trained	1	1
Female community health volunteers trained	72	98
Health centres / health posts upgraded	4	2
Adults received screening and treatment services	9,879	10,421
Children aged 0-16 years received screening and treatment services	1,221	4,720
Ear surgical camps held in remote locations	5	9
Orthopaedic surgical camps held in remote locations	1	0
Adults benefited from hearing-restoring surgery through mobile camps or at hospital	1,071	952
Children aged 0-16 years benefited from hearing-restoring surgery through mobile camps or at hospital	179	337
Adults benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	19	0
Children aged 6-18 years benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	6	0
Adults received rehabilitation support / physiotherapy	184	1,342
Children aged 0-16 years received rehabilitation support / physiotherapy	6	1,332
People benefited from the provision of assistive devices such as prosthetic limbs	250	712
People benefited from the provision of hearing aids	40	153
Women provided with ante and postnatal care	2,000	2,900
Women motivated to take up immunisation for themselves and their 0-5 year old children	1,000	2,965
Pregnant women / new mothers received iron supplements	2,000	3,182
Children aged 0-5 years received Vitamin A supplements to protect their vision	7,000	9,428
Women received de-worming tablets	1,000	814
Children aged 0-5 years received de-worming tablets	7,000	8,158
People reached through a health awareness radio programme	50,000	70,000
People reached through health awareness raising in the community	6,000	2,842
Home gardens established to feed families and reduce malnutrition	2,200	2,300



2021-22

1,289 adults and children benefited from restored hearing through IMPACT Nepal's mobile surgical camps or hospital

'Since my childhood, I always suffered from earache and ear discharge and I could not hear properly. I needed surgery but due to my family's poor financial status, we could not afford it. We would have had to sell rice from our small field, leading to a food deficit for all of us. We are grateful to IMPACT Nepal for conducting an ear camp near my home. Now, I am feeling better and my hearing is improved. I feel as though I have got a new life and I am planning my marriage ceremony'

Jyoti Kumari (26)

Pakistan



'Locals from all walks of life appreciate our efforts of bringing quality health care to their doorstep'

IMPACT Pakistan

In 2005, IMPACT Pakistan supported communities in mountainous villages of Kashmir in the aftermath of the huge earthquake which resulted in the loss of more than 86,000 lives, while tens of thousands of people were made homeless and lost their possessions and livelihoods. Grassroots level health facilities were also reduced to rubble. From an initial focus on delivering dry clothes, medicines, food and tents, IMPACT Pakistan helped to provide buildings so that schools could move back indoors (lessons were being held outside in the elements as classrooms had been destroyed in the earthquake) and permanent homes for families with disabled members.

Realising a long-term need for health services, by 2006 IMPACT Pakistan was moving ahead with the construction of community clinics. 16 were built, one per village, and called 'Mamta' (motherly feeling) clinics. Run by a fully trained local Female Health Volunteer with ongoing support from IMPACT Pakistan, the clinics provide maternity and infant care, supporting women through pregnancy and birth - which is particularly risky in remote rural areas - but also primary healthcare for the entire community.

A General Practitioner doctor visits each clinic at least once a month to prescribe medication and see patients with more complex conditions. Women experiencing complications of pregnancy or delivery are quickly referred to the nearest hospital. This can mean the difference between life and death for them or their baby.

Health education sessions are helping people to take action for their own wellbeing although pandemic restrictions on gatherings have hampered this element of the project. It is encouraging to note that very few women in the villages where there is a 'Mamta' clinic now give birth at home without any trained assistance because they understand the importance of regular check-ups and help when it comes time to deliver their baby.

2021-22 Activities	Target	Achievement
Women attending antenatal check-ups	3,200	3,120
Women and their babies attending postnatal check-ups	1,280	777
Babies delivered at a Mamta Clinic	860	416
Babies delivered at home assisted by a trained Female Health Volunteer	No more than 60	0
Babies delivered at home with no professional assistance	No target	0
Pregnant women experiencing complications who were referred to a hospital to give birth	No target	33
Men, women and children who benefited from general primary healthcare at the clinics	12,400	11,294
Health education sessions run	22	2
People who attended health education sessions	1616	370
Local health workers who underwent continuing professional training to keep their skills up-to-date	64	53

Sri Lanka

In 2004, a devastating tsunami struck in the Indian Ocean, washing away villages, towns, livelihoods and resulting in the loss of 230,000 lives across the region.

We worked with IMPACT Sri Lanka to provide emergency medical care and other support to affected people and when the emergency had receded, we helped to establish a 'Wellness Centre' to provide long-term health services in Weerawila, a low-lying coastal district.



The deteriorating economic situation in Sri Lanka has put pressure on the country's health services. The IMPACT-established clinic in Weerawila District is providing a much-needed service during these challenging times.

A local doctor runs the clinic and provides primary health care to people in the area. A pharmacy gives access to essential medication. Once again this year, Covid-19 has taken its toll on activities with the health centre being forced to close during lockdowns, and at other times being open only to long-standing patients. The rapidly rising cost of medicines in Sri Lanka has also been a challenge but the service has continued to be a lifeline for people with chronic health conditions in this area, which has been hit hard by the loss of tourist income.

2020-21 Activities	Achievement
People receiving primary healthcare:	
• Men	212
• Women	327
• Children aged 0-16 years	270
• TOTAL	809

Africa: Kenya

IMPACT East Africa (IEA), our long-standing partner in Kenya, implements a programme of community level action to prevent needless disability and improve health in rural communities of Mwingi, Kitui County. This year, action was taken to northern Mwingi – an area overlooked by Government agencies and NGOs due to its distance from the main town over difficult terrain.

Once again this year, the Covid-19 pandemic has cast a long shadow over IEA's work. Kenya endured one of the longest school closures in Africa and was one of the last countries to fully open its schools. For a programme which is so heavily focused on schools as the gateways to the wider community, this inevitably had an impact on what could be achieved. Many Kenyan children never returned to school. In addition, there were stringent travel restrictions which meant the IEA health team could not get to remote villages, and the Government of Kenya asked all NGOs to limit their contact with patients.

Whenever restrictions were eased, IEA powered ahead with its activities which include a School Health Programme of health checks and health education, First Aid, and on-the-spot treatments for conditions such as parasitic infection, ringworm and hearing impairment; provision of handwashing tanks, rainwater harvesting systems and pit latrines; and tree planting to improve soil conditions and provide much-needed shade.



'The schools in Mwingi North have low enrolment due to lack of facilities. Most parents opt for their kids to stay at home. And when our children fall sick, we have to travel far to access health care. This also makes them miss school. IMPACT East Africa is bringing health services to our schools and we believe even those children who have ailments of ear and skin will be encouraged to come to school'

Parent of a child attending school in Mwingi

The team also benefited the wider community. Camps and mobile clinics were organised – some travelling 75kms from the hospital over unmade roads – to provide medical interventions for ENT conditions, and IEA's Community Nurse supported the under-resourced government health service by providing care to expectant and new mothers and infants at outlying health posts. IEA has also played a vital role in ensuring that childhood vaccinations are available to youngsters in the remotest areas of Mwingi North, where it is estimated that fewer than half of children are up-to-date with their immunisations.

2021-22 Activities	Target	Achievement
Water, Sanitation & Hygiene (WASH)		
Install Pit Latrines in Schools (4 toilets per school)	4 schools	5 schools benefiting 1,750 students and teachers
Provide Handwashing equipment (2 tanks per school)	3 schools	5 schools benefitting 1,750 students and teachers
Create 'Talking Walls' for hygiene awareness	4 schools	0 schools – to be completed in summer 2022
Install Rainwater Harvesting systems in Schools	5 schools	5 schools received a 10,000 litre tank and associated pipework to store rainwater for ongoing use.
Surgical Camps		
Eye – 3 day camps benefitting approximately 25 people	2 camps	0 camps *
ENT – 3 day camp benefitting approximatley 25 people	1 camp	1 camp benefiting 62 people, including screening, surgery where appropriate (11 operations were performed and 6 people identified for surgery were found to no longer need it due to their condition improving), referral to a different hospital for further investigation through CT scans (4 people) and provision of non-surgical management of conditions.
Clinics – screening and treatment		
ENT clinics for the community	3,000 people	2,112 beneficiaries had their ears checked and treatment provided
School eye clinics:		
Spectacles provided	40 children	0 *
Clinics held in schools	48 clinics benefiting 360 children	5,515 children were reviewed for a number of health conditions – including eye problems – by IMPACT East Africa's school health team but specialist eye clinics were not possible due to the closure of the eye unit at the local hospital meaning treatment could not be provided *
School Health Programme		
First aid kits, drugs (ENT and de-worming), tree planting, and health education	32 schools	31 schools received supplies to supplement the work of IEA's school health team; 275 trees were planted during the rainy season to prevent soil erosion and provide shade; 5,515 children were reviewed, de-wormed and participated in health education sessions
Training provided to Teacher School Health Monitors	64 teachers	68 teachers were trained and equipped to monitor the health of students in their class and report concerns to IEA's team
Training provided to Pupil School Health Monitors	640 pupils	460 pupils were trained to support the teacher health monitors and check their classmates for common conditions
Maternal and Child Health Services		
Training Community Health Volunteers at remote health posts to run maternity clinics with support from IEA's nurse	3 health posts	0. Remote health posts were shut due to Covid-19
Establish Mothers' Clubs and provide members with seeds to create home gardens and poultry and goats to rear	1 Mothers' Club	0 Mothers' Clubs were established due to Covid-19 restrictions on gatherings
Provision of Ante and Postnatal monitoring for pregnant women and new mothers	300 mothers	63 Mothers
Provision of health monitoring for children under 5 years	400 children	1,114 New-born babies and children under 5 years
Provision of standard vaccinations to babies	125 Babies	696 babies were vaccinated against common childhood diseases

* The eye unit at Mwingi hospital has been closed and converted into a ward to treat Covid-19 patients.

Additional achievements... IMPACT UK's support has also:

- Protected 113 girls against developing cervical cancer in the future by vaccinating them against Human Papilloma Virus (HPV)
- Celebrated World Hearing Day on 3rd March 2022 with a special clinic at Kauwi Primary School during which 89 people had their ears reviewed and treatment provided as needed. More than 5,000 people benefited from health education with a focus on ear care and the prevention of hearing loss.
- We have again supported Tumaini Children's Charity, 23km from Nairobi, which provides safe accommodation, education and three nutritious meals a day to 500 parentless, homeless or refugee children aged 2-19 years.

2021-22

Five schools benefited from pit latrines

'By installing school toilets, our aim is to put an end to the widespread practice of open defecation and ensure that children understand the importance of handwashing to control the spread of preventable illnesses and parasitic infections. A further benefit is that it has also inspired parents from these schools to see the value of having pit latrines in their homes'

Mildred Omondi, IMPACT East Africa's Community Nurse



Tanzania, Ethiopia & South Sudan

We work with Maternity Africa (MA) and the Barbara May Foundation (BMF), who are sister organisations, to make motherhood and childbirth safer for women and their babies in their dedicated medical facilities in very rural areas of east Africa. With high rates of infant and maternal mortality (1,150 mothers died for every 100,000 live births in South Sudan in 2017) and many women who survive left with devastating birth injuries such as obstetric fistula, there is a real opportunity to significantly improve outcomes for women having children through the kind of monitoring and care that is routinely offered to women in countries such as the UK. The death of a mother is devastating for the whole family and threatens the survival of her baby and their older siblings too.



'Janeth gave birth prematurely at Kivulini Maternity Hospital. Her twins were cared for by our Neonatal Intensive Care team and they are now thriving. Janeth could not breastfeed due to health complications. Because she could not afford powdered milk formula, she was grateful for the care package of basic household goods and food when she left us, and we have put her in touch with an organisation that provides ongoing support for mothers'

Maternity Africa

Tanzania

Maternity Africa (MA) runs a dedicated 48-bed maternity hospital (opened in 2018) in Kivulini, Arusha, which is located in northeast Tanzania and lies in the shadows of the country's second highest peak, Mount Meru. It is also a stone's throw from Mount Kilimanjaro and a wealth of national parks. Despite the thriving tourist and safari economy, many of the area's people are extremely poor.

MA's Kivulini Hospital also incorporates an obstetric fistula treatment unit and a midwife training centre, to enhance the skills and knowledge of local midwives working in government facilities in the region.

This year, IMPACT UK has provided funds to MA to support women through pregnancy and childbirth, including Caesarean-section deliveries where medically required, and high dependency care for very poorly newborns. This action not only saves the lives of women and their babies, but also reduces the risk of them developing birth injuries such as obstetric fistula, and disabilities, for example, brain damage when babies have insufficient oxygen during difficult deliveries.

Many of the women giving birth or undergoing fistula repair at Kivulini are extremely vulnerable, traumatised and have few resources or family support so we have also funded the provision of 'care packages' to help them manage in the first weeks after discharge. These contain essential hygiene items, food, clothes and blankets and help women find their feet and care for their babies. They are also signposted to organisation which can provide ongoing support.

Ethiopia

Once again this year, we have provided funds to support the work of BMF's Vision Maternity Care Hospital in Barhirdar, Amhara, which provides medical services to approximately 200 women each month and provides around 12,000 free clinic visits for pregnant and postnatal mothers every year. Our support has seen 116 women safely through pregnancy, delivery and the weeks after birth.

War has ravaged the northernmost part of Ethiopia in recent years and since July 2021, the Tigray People's Liberation Front rebel group's offensive has spilled over into Afar, which shares a long border with Amhara. This has been met with attempts by Government forces to fight back leading to an ever more dangerous and bloody conflict which is killing and wounding civilians, and causing widespread starvation, suffering and internal migration. We have supported our partner maternity hospital in the area to provide an outreach programme of supplementary feeding for displaced pregnant women and new mothers, whose nutritional requirements are higher than normal. This has involved providing a carefully selected package of foods (for example, wheat flour, ground barley, sugar and dates) that require minimal cooking, are energy dense, and are also suitable for children. Parcels are targeted at the most malnourished women and last each recipient for one month. The outreach health team conducts monthly follow-up visits and nutrition screening to monitor the women. 1,090 women have received supplementary feeding support.

South Sudan

IMPACT's also supports Maternity Africa and BMF to work in South Sudan as restricted funds are donated, however none were received this year.

IMPACT UK has supported Maternity Africa and the Barbara May Foundation with funds to provide:

2021-22 Activities	Achievement
Care packages provided to new mothers, Arusha, Tanzania	7
Care packages provided to women leaving hospital following birth injury surgery, Arusha, Tanzania	2
Maternity care, delivery and postnatal care for women (and their babies) in Tanzania and Ethiopia, including Caesearean sections where medically necessary	182
Supplementary feeding for malnourished pregnant and lactating women in war-torn regions of Ethiopia	1,090 women

Zanzibar

IMPACT Zanzibar (IZ) started with medical care to prevent and treat hearing loss from a base at the main hospital in Stone Town and has expanded into a wide-ranging programme of action to prevent many causes of needless disability and ill-health for people living in rural communities across Zanzibar's two main islands Unguja and Pemba, and sometimes beyond! For example, to Kojani Island, the only inhabited island east of Pemba in the Indian ocean, which is home to artisanal fisher-folk who live in challenging conditions and have no health facilities on the island. IMPACT Zanzibar's team travel by small boat to reach Kojani to hold an annual health camp. This year 709 people benefitted from screening and treatment for a variety of conditions.

IMPACT UK's support is largely focused on helping IZ take eye and ear care into schools and community meeting places to make sure that people have easy access to medical care that can prevent common eye and ear problems turning into irreversible hearing or visual loss. Lack of alternative services in many of the villages IMPACT visits means that other health issues are addressed too – from hypertension and diabetes to maternity care and skin infections.

The School Health Project trains teachers and older pupils to conduct regular checks on children within the classroom and IZ's team follows up to carefully diagnose suspected conditions and provide whatever treatment is necessary. This project teaches everyone about the early signs of needless disability, information that they also take home to their families, and which is crucial to ensure people seek treatment in good time to prevent long-term impairment. Often, people do not realise that treatment is available and live with deteriorating health quite unnecessarily.



2021-22

54,389 schoolchildren were screened and treated as part of IMPACT Zanzibar's School Health Project which pushes the walls of the hospital into the community

IZ also established the first, and only, neonatal hearing screening programme in Zanzibar to identify babies who have impaired hearing. This uses a special test that shows up hearing loss in children too young to respond verbally to aural stimuli and is important because the earlier affected children receive specialist support such as hearing aids, the better their chances of avoiding delays to their speech, language, social and communication development.

Without specialist interventions, children born with severe hearing loss may never learn to communicate and this can lead to a lifetime of isolation with detrimental effects on mental health and wellbeing. The children identified by the neonatal screening programme are offered a place at the ZOP Academy, which we also support. This educational facility is solely for children with hearing impairment. It provides education and meets their additional needs for skills such as sign language.

2021-22 Activities	Target	Achievement
ENT outreach camps	6	18
People screened / treated at outreach ENT camps	600	1,743
ENT operations to restore hearing	120	631
Mobile ENT and eye clinics held	6	12
People screened / treated at mobile ENT and eye clinics on Unguja island	900	5,402
Community camps held on Pemba island	3	6
People screened / treated at Community camps held on Pemba island	450	2,334
Schools participating in the School Health Project	70	72
Children screened through the School Health Project	10,000	54,389
Children treated through the School Health Project	1,000	1,425
Babies reached by the Neonatal Hearing Screening team to identify hearing impairment as soon as possible	3,000	3,087

Additional achievements... IMPACT UK's support has also:

■ **Provided essential running costs for the ZOP Academy (a school for 28 young children with severe hearing impairment) and training in paediatric audiology for Dr Naufal Kassim, ENT surgeon and governor who is, in turn, training the Academy's staff.** Children with hearing loss are often kept home, do not attend mainstream education and may struggle to develop speech and communication skills without specialist teaching. The ZOP Academy provides basic schooling in maths and Swahili, with additional classes in speech, sign language, lip reading, English and more. The school also builds 'soft' skills such as confidence, sociability and self-worth while older students are taught practical skills from which they will eventually be able to earn a living. The school premises also house a hearing test centre and ear mould laboratory to provide the children with hearing aids since the earlier they get one, the better their chances of developing communication skills and learning.

■ The generous legacy left to us by IMPACT UK's former Trustee, Dr Immie Sardharwalla, enabled IZ to hold an additional 6 ENT screening and treatment camps, during which people with impaired hearing or other ear problems received the medical care they urgently needed. We felt this was a fitting tribute to Dr Sardharwalla, who spent his early years in Zanzibar.

United Kingdom

Our work in the UK continues to provide vulnerable families with the skills and confidence to cook healthy meals from scratch. 18% of the population of Sussex, around 310,400 people, report having a health problem or disability affecting their day to day activity. Investing time and energy in enabling people to cook cheap, nutritious food for themselves and decrease their reliance on ultra-processed food is designed to improve people's health and wellbeing. Our work in schools, local community hubs, with the previously homeless and teenage mums living in shared housing has also helped to reduce the social isolation felt by many during the pandemic. We have seen changing levels of restrictions throughout the year that has, at times, limited our work to online only sessions or group sessions with fewer participants to enable greater social distancing. Our series of easy to follow cooking videos on the 'IMPACT Tasty Team' YouTube channel are now available and we have launched our after school cooking clubs alongside further sessions during the school holidays for families to share a cooking activity together.



'Our volunteers teach cooking skills to formerly homeless people living in supported accommodation, supporting them to acquire the skills, confidence and motivation to cook nutritious meals and adopt lifelong healthy eating habits. As well as training, participants receive a 'moving on' kit including pots, pans and utensils – and the Tasty Team cookbook, full of budget–friendly recipes. Support of this kind can reduce social isolation and be a powerful force for change and enhance employability as people move forward with their lives.'

Lisa Waller, Tasty Team

Our one to one sessions, whether held in person or via Zoom, enable our volunteers to work with people individually to help them cook for themselves and their families, introducing simple techniques, overcoming problems with dietary requirements and providing inspiration with easy, nutritious recipes. One such family was Sian and her son Oliver who were struggling to eat healthily on a tight budget. With Oliver due to start school this year Sian was keen for them to do some simple cooking together and to ensure he ate a wide range of different foods;

"I just wanted to let you know I spoke to Sian today and she said that she was really enjoying the cookery sessions, she has made apple crumble, a sauce for pasta and bolognaise, pizzas and pancakes (both sweet and savoury). She said it was really nice to have someone to be with her and teach her and that her confidence is growing and she is really looking forward to her lessons. It was so lovely to hear this! And obviously little Oliver will be benefiting immensely from having a healthier diet and being involved in the cooking process."

As another lockdown loomed in December we returned to supporting the local community with healthy recipe boxes over the Christmas period providing them with all the ingredients necessary to cook a delicious family meal along with some Christmas essentials. Over the coming year, along with building even stronger connections with the community groups we support, we are planning further development of our online resources to support both our loyal team of volunteers and local residents.

Lisa Waller, UK Programme Manager.

2021-22 Activities	Achievement
Tasty Sessions in primary schools to introduce healthy foods	6
Tasty Session Beneficiaries	170
Get Cooking Sessions with adults and children to develop the cooking skills and nutritional awareness of people in need of extra support	80
Get Cooking Beneficiaries	361
Recipe Box Deliveries	28
Recipe Box Beneficiaries	98
Number of people benefiting from other events	85

International

Advocacy

IMPACT works at the national and international level in partnership with many other governmental and civil society organisations, with the corporate sector and with community service organisations such as Rotary, Inner Wheel and Lions. We are members of Vision 2020/International Agency for the Prevention of Blindness, Sound Hearing 2030, Global Club Foot Initiative, Walk for Life and World Hearing Forum. We are members of the Fundraising Regulator, and several staff are members of the Chartered Institute of Fundraising; both organisations are designed to promote ethical standards and good practice in fundraising.

Our philosophy is shared with our many partners around the world through the International Federation of IMPACT Organisations and in practice through our working culture. We encourage our local partners (which are autonomous organisations in their own countries) to work with other NGOs and to collaborate with relevant stakeholders to influence policy on a local and national scale. Individuals from IMPACT Foundations are often asked to speak at professional conferences and to share ideas and practices more widely within their networks.

However, it is at the grass-roots level that our advocacy work makes the most impact by sharing knowledge and skills with often very marginalised communities, so that people can make informed decisions about their own health and take steps to minimise their – and their family's - risk of needless disability. In turn, they become our best advocates by sharing learning with their neighbours and spreading the word about IMPACT so those who need us can make use of our services.

Accessibility

IMPACT is committed to equality and the creation of a barrier-free environment for all in accordance with British legislation (the Human Rights Act 1998, the Equality Act 2010) and international treaty obligations (the UN Convention on the Rights of Persons with Disabilities).

Accessibility for everyone is the keystone of IMPACT's international programme of action. By preventing and treating needlessly disabling conditions and providing assistive devices such as hearing aids, spectacles and prosthetic limbs to overcome physical barriers, obstacles to training, education and employment are also removed. Our projects also directly seek to overcome other barriers to accessing health and medical care, for example, poverty, geographical remoteness and difficulty accessing information.

Recognising that there is no 'one size fits all' when it comes to accessibility and that people with different disabling conditions require different solutions, we make best efforts to accommodate everyone within the physical constraints of our small office, regardless of needs. IMPACT UK's website has been carefully designed to be accessible. Please see www.IMPACT.org.uk/accessibility for further details.

Disability is a human rights issue. The 17 'Sustainable Development Goals' (SDGs) to be achieved by 2030 were adopted in September 2015 to shape the post-Millennium Development Goals (MDGs 2000-2015) international development framework. People with disabilities are specifically referenced in five of the SDGs which is an important milestone, since disability was conspicuous by its absence in the MDGs.

Training and capacity building for community-led development

IMPACT believes strongly in the power of education and training as a driver of long-term beneficial change. We work with local people to develop skills and gain knowledge that enables them to deal with the specific challenges they, and their communities, face. For example, we fund training and equipment for female health workers to meet women's need for care during pregnancy, birth and in the post-natal period in areas where the nearest health post may be hard to access. This is keeping mothers and babies safe during a time of elevated risk.

We also work with our local partners to train health and nutrition volunteers, ear care workers, teachers to check their students' health, and specialists such as nurses, surgeons and audiologists to deliver the best possible

medical treatment – 2,606 of them in total this year. All are local people who make huge contributions to their communities as a result.

We provide people with information so they can make informed decisions about their own health behaviours and 226,788 people have participated in health education sessions or tuned into IMPACT's health-based radio programmes this year. These focus on the steps everyone can take to protect themselves and their families and also give practical information about what health and medical services are available through their local IMPACT or IMPACT partner, or via Government programmes (e.g. vaccination or micronutrient supplement delivery). A further 228,474 people had their awareness of Covid-19 and how to mitigate their risks raised.

IMPACT is firmly committed to community-led development and by ensuring knowledge and skills are widely shared, we are working with marginalised people to make sustainable improvement in their lives and in the lives of others.

Safeguarding

IMPACT UK takes the safeguarding of children and vulnerable adults extremely seriously. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and requirements of the Charity Commission. Our policies are regularly reviewed by IMPACT UK's senior management team and board of Trustees. Every member of IMPACT UK staff regularly undergoes a Disclosure and Barring Service (DBS) check and we have 'whistleblowing' structures in place, should these be needed by staff or volunteers.

Here in the UK, our Tasty Team project works in primary schools and with vulnerable adults and children in our local community. Each of our volunteers is carefully vetted, undergoes a Disclosure and Barring Service check, receives full training and careful monitoring, and signs up to a raft of relevant policies including Child Protection; Code of Behaviour for Working with Children and Vulnerable Adults; Lone Worker; and Safeguarding Adults. They are regularly reminded of their responsibilities under these policies.

Our partners overseas are all autonomous organisations but we share safeguarding policies and best practice with them and strongly encourage them to ensure they have policies and practices in place to comply with safeguarding rules in their own country.



A close-knit team of 36 medical and support staff live and work aboard the Jibon Tari floating hospital. They are assisted by volunteer surgeons from Dhaka and occasionally overseas, during specialist medical camps.

The permanent staff overcome the challenges of very basic living conditions and many weeks at a time spent living away from their families, in order to serve the rural communities of Bangladesh. Everyone is valued as playing an essential role to the functioning of the hospital and many have given years of dedicated service.

Looking to the future

IMPACT UK has ambitious plans for the future because we recognise that with a growing and ageing population, needless disability around the world continues to affect more and more lives every year. We receive no Government grants and our work is funded entirely by voluntary contributions from generous members of the public, charitable trusts, community services organisations and businesses.

With availability of resources, we plan to:

- Further expand the school-based safe water and menstrual hygiene work we have been developing with IMPACT Foundation Bangladesh in Chuadanga and Meherpur districts
- Build the infrastructure, and therefore capacity, of more health centres and hospitals in remote and underserved areas of Cambodia, to deliver quality medical care with a particular focus on maternity care
- Support the essential cost of dry dock maintenance for the Jibon Tari floating hospital in Bangladesh, which must be undertaken every four years to ensure the safety of the vessel and everyone using it
- Provide village communities in remote areas of Ratanakiri province (one of the least developed in Cambodia) with rice mills to ensure they can make use of their rice harvest as a sustainable source of food for hungry families
- Upgrade surgical instruments at IMPACT Nepal's Ear Care Centre in Birgunj, that we helped to establish
- Fund even more specialised treatment and/or operations for people with conditions including hydrocephalus, leprosy, burns and cleft lip
- Install 'talking walls' on school latrines in Kenya, to promote hygiene awareness messages
- Support three projects of IMPACT India's award-winning Lifeline Express hospital train during which 26,000 people will benefit from the services on offer, and 1,500 people will have their sight, hearing or mobility restored through surgery
- Assist the new IMPACT Foundation Bangladesh hospital in Chuadanga to open and begin delivering services
- Fund essential running costs for the ZOP Academy in Zanzibar, which provides specialist education and opportunities to hearing impaired children who might otherwise never go to school
- Invest in more families who want to start income generating micro-businesses with the provision of livestock such as goats, geese and chickens or seeds to grow fruit and vegetables (this helps to both feed members of the household and makes money to buy other essentials) and through entrepreneur training and business starter kits (hairdressing, baking etc.) for women leaving hospital following repair of obstetric fistula
- Provide scholarships for more student nurses in Bangladesh who should start their education in the new Nursing and Midwifery Institute building, which IMPACT UK has helped to construct
- Continue to improve the resources (online and physical) available to volunteers and participants of the Tasty Team project in the UK and to explore opportunities to work with more local people to improve their food security, while building lifelong cooking skills and nutrition knowledge
- Respond quickly and effectively to emergencies in our project areas should they arise

To achieve the above, we will:

- Work hard to secure unrestricted funds, which will enable us to expand our programme and rapidly meet need wherever it is identified
- Continue to identify projects which meet donors' needs and work with both donors and partners to ensure satisfactory delivery of them
- Continue to improve the way we collect and analyse data for routine monitoring and reporting as well as identify ways to demonstrate our impact and lessons learnt
- Support the exchange of information, experiences and good practice, between partners
- Share new ideas and encourage innovation – particularly making use of digital technology - where possible

And much more as opportunities arise.

Financial review and policies

- **We generated incoming resources of £2,158,975** (up 27.8% on last year)
- **Legacies: £122,190** (down 24.3% on last year)
- **Gift Aided donations: £238,617** (down 5.4% on last year)
- **Donations not eligible for Gift Aid: £1,749,049** (up 23.4% on last year)
- **Gifts in Kind: £18,306** (down 79.8% on last year)
- **We expended £2,326,796** (up 33.6% on last year)

Fundraising

We start each year with the goal of generating at least £1.5 million of incoming resources to drive our programme of international action to prevent and treat needless disability for some of the most vulnerable people in our world. This amount enables us to meet the commitments we have made to international project partners for ongoing work, and more besides for new initiatives or partners, pilot projects and the emergency situations that sometimes arise and to which we can respond rapidly. It also makes our 'Tasty Team' project possible, here at home in the UK. With more income we can do even more – the need for our work is great. Our partners always have a long list of projects ready to be implemented as soon as funds are available.

Our income was £2,158,975 this year and all but £8,872 (investment income) came from fundraising. As mentioned in other parts of this report, the 30th anniversary matched funding appeal we ran for IMPACT India's Lifeline Express Hospital Train and some large donations for Covid-19 work helped us to generate such incredible income.

How we raise funds

We receive no statutory funding so fundraising for voluntary contributions is the driving force that makes everything described in this report possible. We have a specific Fundraising Policy and Procedure which is readily available and lays out our promise to our supporters and the general public that our fundraising, in all its forms, is legal, open, transparent and respectful. This policy covers in detail: legal requirements, fundraising compliance, staff responsibilities, vulnerable people, accepting donations, restricted donations, responding to donations, gifts in memoriam, cash donations and resolving complaints.

As a charity, IMPACT has a legal duty to raise funds effectively in order to deliver public benefit. We have a nimble and highly efficient fundraising operation and results belie its small size. This year we have generated £27.68 of income for every £1 expended on fundraising (FY2020-21 £21.73:£1).

We have never paid a third-party organisation to raise funds or send appeals on our behalf and we never share supporters' information with other charities or purchase mailing lists. We believe that our fundraising is so successful because we keep it all 'in house' and only contact people who have already shown an interest in or commitment to our work. Perhaps most importantly, we work hard to develop personal relationships with the people who contribute to our work and make it easy for them to contact any member of the team, including the Chief Executive and Trustees. We understand that our supporters are essential partners who drive forward our work as much as the people on the ground delivering healthcare in remote villages of Africa and Asia.

We only pay for services where we cannot do it ourselves (for example graphic design and print) or where using a trusted supplier is more cost-effective.

Our fundraising almost exclusively takes the form of applications to charitable trusts, foundations and community service organisations, and appeals to individuals by letter or email, in strict adherence to rules governing data protection. Recipients are given ample opportunity to 'unsubscribe' so that we do not write to them again. However, we occasionally undertake events and support members of the public in their efforts to raise funds for us.

Legacies are an essential source of funds (£122,190 this year) and whilst we receive some legacies from people we have not had a prior relationship with, most come from people who have supported our work during their

lifetime. We are humbled that so many supporters choose to remember us in their wills and strive to ensure that their legacy makes a real difference for the next generation. Legacies are usually unrestricted and we always try to invest them in action that we feel the legator would have supported during their lifetime. Restricted bequests are ring-fenced and spent entirely in line with the legator's instructions unless this is impossible (for example, a project has ceased), in which case we work with the executors of the will to find an alternative use.

We also generate unrestricted income from selling small gifts such as water bottles and tote bags, and Christmas cards in our online shop, and restricted income from gift tokens representing aspects of our projects which people buy to 'gift' to their friends and relatives. Popular last Christmas were 'gaggles of geese', 'chirpy chickens', home gardens and operations.

Adhering to good fundraising practice

IMPACT is fully signed up to and regulated by the Fundraising Regulator, an independent non-governmental organisation which exists to maintain standards and public confidence in fundraising within England, Wales and Northern Ireland. It provides guidance and a Code of Conduct for charities and acts as an investigator and arbiter where complaints about fundraising cannot be resolved between the charity and complainant directly.

Members of IMPACT's fundraising team are individual members of the Chartered Institute of Fundraising and have completed the CIoF's professional qualification. They are bound to adhere to its codes of conduct and practice.

As required by regulators, we maintain a log to record any complaints about our fundraising activity and we also receive a weekly summary of any complaints made against us to the Fundraising Regulator directly. There have been no complaints again this year and we attribute this to our very considered approach; sending careful appeals in a targeted manner to ensure that we only contact people we believe are genuinely interested in our work. We ensure that supporters' contact preferences are recorded and respected so if a person requests no further contact, they will not hear from us again. Our policy is never to bombard supporters with appeals, and this has served to engender a large core of committed and long-standing supporters.

When a supporter engages with a charity, it usually involves the provision of personal data. This is an act of trust and IMPACT takes its protection very seriously. We regularly review data protection legislation and adhere to the relevant rules (General Data Protection Regulation (GDPR) etc.) All personal data is recorded on an industry-leading database and stored on its secure servers, with multi-factor authentication for access. This further protects records from access by illegitimate parties. Hard copy data is kept in locked filing cabinets within our locked office and when no longer needed, is securely destroyed by shredding.

We have Data Protection and Fundraising policies which set out and formalise the good practice we use every day and which are reviewed annually by Council and staff.

Supporting others to raise funds for our work

The small staff team at IMPACT UK are assisted in their fundraising efforts by volunteers who raise money in numerous ways from sporting events and feats of endurance; ask for gifts to IMPACT in lieu of presents to mark life events such as marriages; to a mother who sustained a birth injury and committed to raising funds for our maternity work by being sponsored to regularly do her rehabilitation exercises. We provide information about good fundraising practice and Gift Aid, and support them with literature, sponsorship forms, help using online fundraising platforms and any other assistance they may request.

The IMPACT Luncheon Club has once again been able to meet each month to enjoy a delicious meal, listen to an interesting speaker, and raise much-needed funds for IMPACT's work, for which we thank everyone involved. Profit this year has totalled £11,615; up 109% on the previous year which was so hampered by Covid-19 restrictions. The money raised this year has been used to pay for ear surgeries to restore hearing to people in Nepal, when hearing impairment remains a leading cause of needless disability.

Our sincere thanks also go out to the community service organisations that support IMPACT. Rotary Clubs in Great Britain and Ireland have been raising funds for our project work for more than three decades. Rotary clubs' generous gifts have remained steady this year, totalling £21,941 (FY 2020-21 £22,100).

We work with people fundraising on our behalf to ensure they are also adhering to good practice in fundraising, data protection, and safeguarding vulnerable people in the same way our small team in Haywards Heath does.

Protecting vulnerable people

IMPACT has safeguarding policies to ensure vulnerable people are protected within our project activity, for example, the Tasty Team's in the UK works with children and vulnerable adults and all volunteers are issued with a copy of the policy and stringent checks (including Disclosure and Barring Service) are made before they have any contact with beneficiaries. IMPACT staff members also undergo a regular DBS checks. Working practices are also designed with safeguarding in mind. Our autonomous international partners adhere to local legislation and we encourage them to consider safeguarding at all points of their projects from design to implementation.

However, vulnerable people must also be protected as part of good fundraising practice. Our high standards and good practice in fundraising generally also protects vulnerable people. For example, we never exert pressure on people to donate and our contact is only with people who have come to us, rather than been contacted 'cold'. We respect requests not to be contacted whether they come from the individual or someone acting on their behalf, and because all gifts are processed by our team, we know many donors personally and are alert to gifts which might appear unusual. Any suspicions must be reported to the management team for further investigation and they will refer to the Board of Trustees to consider the information and make a final decision on how to proceed. While investigations are being conducted, the funds are ring-fenced and unspent. Our complaints procedure and membership of regulatory bodies provide a fall-back for vulnerable people, or those acting for them, in respect of IMPACT's fundraising.

Income, investments and expenditure

This year has been incredibly successful for income generation and funds have been rapidly put to work within our projects. Significant funds were pledged to help mitigate the effects of the Delta wave of Covid-19 which swept through India and surrounding countries at phenomenal speed in the middle of the year, causing a huge burden of illness as health systems struggled to cope with the sheer number of affected people. Our three local partners reacted quickly and efficiently to help in their project areas. A special matched funding campaign to mark the 30th anniversary of IMPACT India's Lifeline Express hospital train was very successful and we are grateful to everyone who donated and the philanthropic family who matched the total. Both helped IMPACT UK's income total £2,158,975, an increase of 27.8% on the previous year (FY 2020-21 £1,688,896).

We know that our supporters entrust their gifts to us because the maximum possible will be invested in our charitable activities in Africa, Asia and the UK. 94.31% of every £1 expended this year was used for this purpose which is well above our target of 90%. The remaining expenditure was split between our effective fundraising which powers the projects (3.34%) and essential Governance costs (2.35%) which ensure the Foundation is well run and meets legal obligations.

Our investment policy is set out in Note 5 of the Notes to the Accounts, below. Maximising returns with very low risk underpins the decisions made by the Council's Investment sub-committee. This year, investment income was £8,872, down 13.6% on the previous year (FY 2020-21 £10,265).

Balances on restricted and designated funds (notes 20 and 21 in the accounts) show that significant commitments are made towards future programme expenditure. We pledge funding for up to three years so that implementing partners can plan their work and in turn avoid letting down the people who rely on the healthcare they deliver. Longer-term projects also allow greater depth in service delivery and provide partners with time to develop other income streams for their project's future.

We continue to actively fundraise and explore new sources of income in order to meet any shortfall on specific projects and if restricted funds are subsequently raised and received, designated funds are released to be used elsewhere. Balances are held by the Foundation on interest-bearing deposit until and whilst the project is implemented.

Rigorous financial controls are in place and our cash position remains healthy.

The Foundation expended £2,326,796 this year, up 33.6% on the previous year (FY 2020-21 £1,741,098) and this reflects the return to a more normal level of project implementation after Covid-19 restrictions were eased in most countries. The table below shows expenditure by country within our international programme with a comparison to last year.

We are immensely grateful for the gifts in kind of goods and services that we receive, and which make every pound go even further. This year, the value of gifts in kind was £18,306 (FY 2020-21 £90,554) made up of donations of PPE for use by health workers in Bangladesh, Cambodia and Nepal, and food and other goods from members of the public, Tesco and Waitrose, for the UK Tasty Team's healthy meal boxes, which were delivered to families facing economic uncertainty at Christmas.

Thank you also to Jenny Stone CIPD, who provides Human Resources advice at no charge, and to the 10 volunteers who make the Tasty Team project in mid Sussex so transformational and also fun.

Location	Amount expended on charitable activities (£)	Proportion of the Foundation's total expenditure 2021-22	Proportion of the Foundation's total expenditure 2020-21
Africa (Maternity)	£69,832	3%	2%
Bangladesh	£563,616	24.2%	26.2%
Cambodia	£195,798	8.4%	11%
East Africa (Kenya)	£130,320	5.6%	6.8%
India	£702,342	30.2%	13.4%
Nepal	£201,744	8.7%	5.8%
Pakistan	£38,977	1.7%	0%
Zanzibar	£111,316	4.8%	9.7%
The UK (nutrition project)	£15,287	0.7%	1.4%
Other International	£1,245	0.05%	6.2%

We encourage and work with our international partners to grow their ability to raise funds from which they can power their programmes as this is the way to secure long-term sustainability and is the best antidote to aid dependence. It underscores our relationships as equal partners and enables us to free up funds to pilot new projects and work with new partners. This in turn fosters diversification of our shared programme of action and allows us to reach beneficiaries in more areas.

Since every partner is fully independent of IMPACT Foundation UK, these funds are not included here, but on top of charitable gifts, income is generated in resourceful ways including rental from unused office space or spare operating theatre capacity, selling produce from farms, and cost-recovery from the delivery of medical care or pharmacy services to patients who can afford to pay.

Thanks to a Sussex-based charitable trust gifting us our premises in the early 1990s, we have no mortgage or office rental costs, and this enables us to keep our running costs very low.

It will be seen from the Balance Sheet that all our investments are represented by cash and short-term deposits. The balance on unrestricted, non-designated reserves is £164,968.

Structure, governance & management

Organisational structure

The IMPACT Foundation is a registered charity (number 290992, July 1985) and a public benefit company without share capital limited by guarantee (number 1878297). The Foundation is organised under the direction of its governing body, which is the Council of 12-20 Trustees who, for the purposes of company law, are also Directors of the Company. They are responsible for determining the policies and strategic direction of the IMPACT Foundation but, as there is no share capital, the Trustees have no interest in the IMPACT Foundation as defined by the Companies Act 2006.

The IMPACT Foundation operates in accordance with its constitutional mandate, the Articles of Association, and subject to relevant legislation. We are aware of the Directors' duties under the Companies Act 2006.

Trustees and their responsibilities

The Trustees hold meetings at least three times a year to review detailed financial and progress reports and discuss new project proposals. The Trustees delegate the IMPACT Foundation's day-to-day operations to the Chief Executive and the senior management team. Other meetings by sub-committees and task forces appointed for specific purposes take place on a regular basis. For example, a Staff Committee is delegated to consider human resource issues, policies and remuneration and an Investment Committee to consider investments. Recognising the need to keep up with the raft of new regulations and employment legislation, the Trustees retain the services of a volunteer Human Resources Consultant. All staff and members of the Advisory Council are invited to attend Trustees' meetings.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). They prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company; of the incoming resources; and of the application of resources, including the income and expenditure of the charitable company, for that period.

In preparing those accounts the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the Trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the Trustees have taken all appropriate steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Board of Trustees' other responsibilities include:

- Setting policy and overseeing strategic direction
- Complying with relevant laws and regulations
- Ensuring that charitable objects are met
- Promoting the IMPACT Foundation's reputation, values and integrity
- Taking appropriate care and advice when investing money
- Making sure charitable funds and assets are used to further IMPACT Foundation's charitable aims and fulfil its public benefit duty

Trustees are asked each year at the beginning of a meeting to declare any conflicts of interest. A policy is in place to manage any conflicts which might arise.

Trustees serving during this period are listed on page 2. Trustees have no financial interest in the IMPACT Foundation and receive no remuneration for their services. Our Governance costs this year were £14,312 (FY 2020-21: £13,969).

Recruitment and appointment of Trustees

The appointment of Trustees is conducted in line with the IMPACT Foundation's Articles of Association and the terms of service were amended in 2021. Trustees collectively have the power to appoint any person to be a Trustee but the Board of Trustees must consist of not less than 12 and not more than 20 people. The skills mix and diversity of the Board of Trustees is also considered. As set out in the Articles of Association, from the 1st January 2022, a Trustee may serve for a maximum term of three years and is then eligible for re-election by secret ballot. A Trustee may serve no more than three consecutive three year terms, although may be appointed anew after an interval of at least six months.

Policies apply for the recruitment, selection, induction and training of Trustees and members of staff, all of whom have agreed job descriptions.

We recognise the importance of providing new Trustees with sufficient information to equip them to become effective members of Council. All new Trustees receive a comprehensive induction pack of background material. They are invited to spend time with the staff team and visit project activities. Fellow Trustees are invited by the Chair to act as mentors to new Trustees. Prospective new Trustees may be invited to first become members of the Advisory Council, which has no powers, in order to gain a better understanding of the Foundation.

During the course of this financial year, a group of Trustees (collectively the 'Sub Committee, Board Management and Future') which had been undertaking a review of board composition and succession planning, wound up having completed their work.

Advisory Council

The Advisory Council is made up of people with an interest in the Foundation and its work, and with relevant skills and experience on which the Board and staff may draw. Members do not have voting- or decision-making rights but are encouraged to attend meetings and participate fully in discussions. It is a valuable resource and repository of knowledge.

After a natural hiatus, the Advisory Council has been reinvigorated this year and has its first new members – Lady Wilson and Mr Rob West – who stepped down from the Board in July 2021. It is anticipated that the Advisory Council's membership will expand in the future and that members may move from the Advisory Council onto the Board, while it will also provide a means for retiring Board members who wish to stay involved with the Foundation to do so, thus retaining their experience and expertise for the benefit of the Foundation.

Strategic review

A meeting was held on 20th June 2018 to review the previous five-year strategy and plan for 2018-2023.

The new strategy confirmed IMPACT's six priority areas and set out funding goals including maintaining at least 90% of expenditure on direct charitable activities; greater emphasis on funding new projects; and helping partners to contribute a greater proportion of funds themselves. In addition, some wider goals were agreed

including seeking new partners to work with and new countries in which to work; pursuing the possibility of digital initiatives to deliver our work; and greater emphasis on malnutrition, obesity and diabetes within our work.

Progress towards meeting the objectives of the strategy is reviewed regularly by the Senior Management Team and discussed at Council level at least once per year. A full report will be completed at the end of the five-year period.

Employees

The staff team remains remarkably lean and effective and its achievements belie its small size. This year there were seven employees (three full-time and four part-time). The team is led by the Chief Executive who, with the Deputy Chief Executive and Funding and Development Director, form the management team which is tasked with implementing the strategic vision of the Board of Trustees and responsibility for the day-to-day running of the charity. The senior management team is ably assisted by the Finance Manager, Fundraising Manager, Office Manager and UK Programme Manager. All employees have access to the Employee Handbook and policies.

Volunteers

Volunteers add enormous value to IMPACT's work and stretch limited financial resources as far as possible. Together, we achieve more and reach many more people in our collective fight against needless disability.

Covid-19 has once again meant that medical volunteers such as surgeons and anaesthetists from around the world have not been able to visit IMPACT's projects to fill skills gaps, provide training and learn from local medical teams. Greater internet connectivity does make the world much smaller though, so advice can still be shared between medics via Zoom, email and more.

The Tasty Team in the UK is powered by volunteers from our local community in Mid Sussex – 10 people have given their time and skills freely this year to work with people who are learning cooking skills and nutrition and to deliver food parcels to families facing difficulties at Christmas. We are indebted to them all.

We are also immensely grateful to the people who run our successful fundraising Luncheon Club, help with mailings and raise funds or awareness about our work.

In addition, approximately 950 local volunteers work within our projects around the world; invaluable contributors to the health and wellbeing of their communities enabling IMPACT to reach more people than we possibly could otherwise.

Relationships with partners

Our 14 partner organisations in Africa, Asia and Europe (IMPACTs Norway and Switzerland are income generating organisation that exists to fund project work in communities of Africa and Asia) all share the same aim – a world free from disability.

When IMPACT was established in the 1980s, the organisation was ahead of the times in being set up not as a British head office with regional offices around the world run by British staff, but rather as a coalition of autonomous partners; each led and staffed by local people who initiate and drive the work in their country. Sir John Wilson, IMPACT's visionary founder, was almost unique at the time in understanding that local people know best what is needed and how to meet those needs, therefore the role of the UK foundation should be to support them.

These partners are autonomous, registered not-for-profit organisations in their own country whose accounts are fully audited. Most of them are IMPACT Foundations although we do work closely with other organisations where we share aims and a long-standing relationship, and where is it more efficacious to partner with them than to set up an IMPACT Foundation which would duplicate effort.

Although on a forced hiatus thanks to Covid-19, the International Federation of IMPACT Organisations (IFIO) usually meets approximately every two years to exchange good practice, reaffirm our shared mission and ensure our priorities for action are still relevant.

Data protection

We follow the 'data protection principles' set out by the Data Protection Act 2018 which is the UK's implementation of the General Data Protection Regulation (GDPR). It has never been our policy to sell or exchange names and addresses with other organisations, or to disclose such data to a third party. We use an industry-respected database to store data safely. Confidentiality agreements and normal security procedures are in place. We keep Data Protection under regular review. We adhere to individuals' rights to find out what information we hold about them and how we use their data, as set out by the 2018 Act, and would respond to requests in a timely manner.

Risk assessment

The Charity Commission requires the Trustees to identify and review the risks faced by the IMPACT Foundation. A full risk assessment is kept up-to-date and also reviewed annually by the Management team and the sub-committee on staffing. It is then approved by the Board of Trustees.

The assessment covers risks under the following categories: reputation, financial, legislative/compliance, governance, staff/volunteers, infrastructure (property and assets), operational and fire, and sets out mitigations.

The UK Programme Manager conducts risk assessments for every part of the Tasty Team project before implementation.

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS AND TRUSTEES OF IMPACT FOUNDATION

OPINION

We have audited the financial statements of Impact Foundation Limited (the 'charity') for the year ended 31st March 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Financial Reporting Standard 102).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2022 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;

- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and

- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS OF OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND AUDITORS

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

SCOPE OF THE AUDIT OF THE FINANCIAL STATEMENTS

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of whether the accounting policies are appropriate to the charitable company's circumstances and have been consistently applied and adequately disclosed, the reasonableness of significant accounting estimates made by the trustees, and the overall presentation of the financial statements. In addition we read all the financial and non financial information in the Annual Report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies, we consider the implications for our report.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

• the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and

• the Trustees' Report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

• adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us;

• the financial statements are not in agreement with the accounting records and returns;

• certain disclosures of trustees' remuneration specified by law are not made, or

• we have not received all the information and explanations we require for our audit.

• the directors were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the Statement of Trustees' Responsibilities (set out on page 4), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

AUDITOR RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Based on our understanding of the Charity, we identified that the principal risks of non-compliance with laws and regulations related to breaches of UK regulatory principles, and we considered the extent to which non-compliance might have a material effect on the financial statements. We also considered those laws and regulations that have a direct impact on the financial statements such as the Companies Act 2006. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to management bias in accounting estimates. Audit procedures performed included:

- validating the appropriateness of journal entries identified based on our fraud risk criteria;
- designing audit procedures to incorporate unpredictability around the nature, timing or extent of our testing; and
- assessing the impact of COVID-19 on the inherent risk of fraud, including potential opportunities for fraud with more remote working and where internal controls may not be operating the way they usually do.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

USE OF OUR REPORT

This report is made solely to the charity's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's members as a body, for our audit work, for this report, or for the opinions we have formed.



STEPHEN POTTER FCA (Senior Statutory Auditor)

For and on behalf of
CARTER NICHOLLS LIMITED, STATUTORY AUDITOR
Chartered Accountants, Victoria House, Stanbridge Park, Staplefield Lane, Staplefield, West Sussex, RH17 6AS

Dated: 14th July 2022

IMPACT FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
(including income and expenditure account)
FOR THE YEAR ENDED 31ST MARCH 2022

	Note	Unrestricted Funds £	Restricted Funds £	Expendable Endowment Funds £	**Total Funds 2022 £**	*Total Funds 2021 £*
INCOME AND ENDOWMENTS FROM :						
Donations and Legacies	6	225,973	1,902,189	-	**2,128,162**	**1,650,976**
Income from Charitable Activities	7	-	21,941	-	**21,941**	**27,655**
Income from Investments	5	2,270	2,283	4,319	**8,872**	**10,265**
Total Income and Endowments		**228,243**	**1,926,413**	**4,319**	**2,158,975**	**1,688,896**
EXPENDITURE ON :						
Expenditure on Raising Funds	8	77,670	-	-	**77,670**	**77,232**
Expenditure on Charitable Activities	9	440,231	1,808,895	-	**2,249,126**	**1,663,866**
Total Expenditure		**517,901**	**1,808,895**	**-**	**2,326,796**	**1,741,098**
Net gains / (losses) on investments	12		-	-	**-**	*63,829*
Net Income / (Expenditure)		(289,658)	117,518	4,319	**(167,821)**	**11,627**
NET MOVEMENT IN FUNDS		(289,658)	117,518	4,319	**(167,821)**	**11,627**
RECONCILIATION OF FUNDS						
Total Funds brought Forward		665,412	529,370	986,799	**2,181,581**	**2,169,954**
Total Funds Carried Forward		£ 375,754	£ 646,888	£ 991,118	**£ 2,013,760**	**£ 2,181,581**

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 50 to 58 form part of these accounts

IMPACT FOUNDATION
BALANCE SHEET AS AT 31ST MARCH 2022

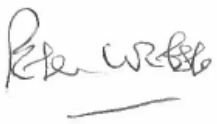
	Note	2022	*2021*
		£	*£*
FIXED ASSETS			
Tangible assets	11	**111,758**	**115,167**
Property Investment	12	**-**	**-**
		111,758	**115,167**
CURRENT ASSETS			
Debtors	13	**9,156**	**22,696**
Short term deposits		**1,840,126**	**1,854,677**
Cash at bank and in hand		**62,870**	**198,977**
		1,912,152	**2,076,350**
CREDITORS : amounts falling due within one year	14	**10,150**	**9,936**
NET CURRENT ASSETS		**1,902,002**	**2,066,414**
TOTAL ASSETS LESS CURRENT LIABILITIES		**2,013,760**	**2,181,581**
NET ASSETS		**£ 2,013,760**	**£ 2,181,581**
FUNDS	2		
Expendable Endowment	19	**991,117**	**986,798**
Restricted	20	**646,888**	**529,370**
		1,638,005	**1,516,168**
Unrestricted			
Designated	21	**99,029**	**367,670**
Fixed Assets replacement	19	**111,758**	**115,167**
Other	19	**164,968**	**182,576**
		375,755	**665,413**
Total Funds		**2,013,760**	**2,181,581**

The notes on pages 50 to 58 form part of these accounts

The above accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

Signed on behalf of the board of Directors/Trustees





Robin d'O. Hope (Honorary Treasurer)

Peter Webster (Director/Trustee)

Approved and authorised by the Board:

14th July 2022

IMPACT FOUNDATION
STATEMENT OF CASH FLOWS FOR YEAR ENDING 31ST MARCH 2022

	Note	2022	*2021*
		£	*£*
Net cash used in operating activities	22	**(159,529)**	**253,468**
Cash Flows from investing activities	5	**8,872**	**10,265**
Increase / (decrease) in cash and cash equivalents in the year		**(150,657)**	**263,733**
Cash and cash equivalents at the beginning of the year		**2,053,654**	**1,789,921**
Total cash and cash equivalents at the end of the year		**1,902,997**	**2,053,654**

IMPACT FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31ST MARCH 2022

1 ACCOUNTING POLICIES

Accounting Convention

The financial statements have been prepared in accordance with Accounting & Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) (effective 1 January 2015) - (charities SORP (FRS 102) and the Companies Act 2006.

Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102 the restatement of comparative items was required. At the date of transition no items were identified that required restatement.

Capital Expenditure

Items of an enduring nature are treated as fixed assets. Other items are written off in the year of purchase.

Depreciation

Depreciation is provided on tangible assets, at a rate calculated to write off the cost less estimated residual value, of each asset over its useful life as follows:

Buildings	Over 50 Years
Computers and Equipment	Over 4 Years

Investments

Investments are included in the accounts at market value at the year end.

Income and Debtors

Income is accounted for on a receivable basis taking account of entitlement, probability and measurement as defined within current accounting regulations. Debtors are measured by income receivable at the year end.

Gifts in Kind

Gifts in kind of assets held as stock for distribution by the charity are recognised as incoming resources within "voluntary Income" only when distributed with an equivalent amount being included as resources expended under the appropriate category of the Statement of Financial Activities to reflect its distribution. The assets are valued at the open market cost for equivalent items.

Expenditure and Creditors

Liabilities are recognised as soon as they become known. Expenditure on Charitable Activities includes the proportion of salaries, secretarial costs and other relevant expenses which relate to the planning, development and administration of these activities. Staff costs are allocated proportionally on a time spent basis. Other indirect costs are apportioned as the trustees deem appropriate from time to time.

Pension Costs

By agreement with the Trustees, the Foundation makes defined contributions to personal pension arrangements chosen by the relevant staff, and administers an auto enrolment pension. The costs of such contributions are charged to expenditure as they fall due.

2 FUNDS

These accounts include four categories of fund within the general headings of restricted and unrestricted.

Restricted Funds may be used for specific purposes and may not be used by the charity for any other purposes, without the prior consent of the donor.

Expendable endowment is a fund where the donor wishes income to be used for limited charitable purposes. The Trustees have power to convert the fund to income. This is also a restricted fund.

Unrestricted funds are expendable at the discretion of the Trustees who have designated funds which are earmarked for particular projects. Such designation is not a binding restriction - the Council can redesignate such money if they consider it appropriate.

Fixed Assets fund is an amount equal to the net value of functional fixed assets. This is treated as an unrestricted fund.

3 RESERVES

Unrestricted reserves are needed:

a) to provide funds which can be designated to specific projects to enable these projects to be undertaken at short notice, and

b) to cover administration, fund-raising and support costs without which the charity could not function.

The Trustees consider it prudent that other funds within unrestricted reserves excluding designated and fixed asset replacement should be sufficient to cover six months administration, fund-raising, governance and support costs.

Other unrestricted reserves as defined above currently equate to the minimum considered prudent.

The level of reserves is monitored and reviewed by the Trustees three times a year.

4 CAPITAL COMMITMENTS AND FINANCIAL LEASES

There were no capital commitments at the year end. There were no material commitments in respect of financial leases.

5 INVESTMENT POLICY

The Foundation's policy is to invest with careful consideration of the following:

a) SECURITY	The need to avoid incurring losses and to take into account what level of risk is acceptable.
b) REALISABILITY	The need for easy and speedy realisation without incurring material loss.
c) PERIOD OF INVESTMENT	The minimum period for which the investment can be made before proceeds are required.
d) ETHICAL	Need to avoid unethical investment.

e) INCOME FROM INVESTMENTS

	2022	*2021*
	£	*£*
Bank and deposit interest	**8,872**	**11,975**
Property net income	**-**	**(1,710)**
	8,872	**10,265**

6 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	Total Funds	Prior Year Total Funds
Gift Aided Donations	53,355	185,262	-	**238,617**	**252,126**
Legacies	86,040	36,150	-	**122,190**	**161,340**
Other Donations	86,578	1,662,471	-	**1,749,049**	**1,416,956**
Sub-total	**225,973**	**1,883,883**	**-**	**2,109,856**	**1,560,422**
Gifts in Kind	-	18,306	-	**18,306**	**90,554**
	225,973	1,902,189	-	**2,128,162**	**1,650,976**

Gifts in kind of £18,306 represents donations of PPE for use by IMPACT Foundation in Bangladesh, Cambodia and Nepal, and donations of food and other goods for the UK Tasty Team's healthy meal boxes.

7 INCOME FROM CHARITABLE ACTIVITIES

	2022	*2021*
	£	*£*
Supporters Lunch Club	**-**	**5,555**
Rotary	**21,941**	**22,100**
	21,941	**27,655**

Profit from the Supporters Luncheon Club in 2021-22 totalled £11,615 and this was moved before year end to Nepal General to fund ear surgeries.

8 EXPENDITURE ON RAISING FUNDS

	£	**£**
Staff Costs	**67,761**	**65,643**
Other Costs	**9,909**	**11,589**
	77,670	**77,232**

9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	**2022**	*2021*
	£	£		**£**	*£*
Bangladesh	9,692	553,924	-	**563,616**	**458,698**
Cambodia	57,695	138,103	-	**195,798**	**194,481**
East Africa	61,760	68,560	-	**130,320**	**118,624**
India	7,747	694,595	-	**702,342**	**234,074**
Nepal	100,244	101,500	-	**201,744**	**102,280**
Africa (maternity)	-	69,832	-	**69,832**	**35,120**
Zanzibar	54,783	56,533	-	**111,316**	**169,379**
Pakistan	33,315	5,662	-	**38,977**	**4,670**
Other International	-	1,245	-	**1,245**	**120,285**
United Kingdom	-	15,287	-	**15,287**	**8,103**
	325,236	1,705,241	-	**2,030,477**	**1,445,714**
Support Costs	114,995	103,654	-	**218,649**	**218,152**
	440,231	**1,808,895**	**-**	**2,249,126**	**1,663,866**

Included in the Restricted Fund resources expended is the sum of £18,306 which represents the value of Gifts in Kind as shown within note 6 to the accounts.

Support Costs are further analysed	Note	Staff	Other	Total Expenditure **2022**	*2021*
				£	*£*
International Research		23,107	1,746	**24,853**	**24,623**
International		95,292	18,802	**114,094**	**114,612**
United Kingdom		21,201	3,763	**24,964**	**24,005**
Administration		33,780	6,646	**40,426**	**40,943**
Governance Costs	10	7,183	7,129	**14,312**	**13,969**
		180,563	38,086	**218,649**	**218,152**

10 GOVERNANCE COSTS

	2022	*2021*
	£	*£*
Audit	**4,687**	**4,507**
Staff Costs	**7,183**	**7,037**
Other	**2,442**	**2,425**
	14,312	**13,969**

11 TANGIBLE FIXED ASSETS

	Land and Buildings	Computers other equip.	Total
Cost	£	£	£
At 01.04.21	167,725	8,581	**176,306**
Additions during year	-	-	**-**
At 31.03.22	167,725	8,581	**176,306**
Depreciation			
At 01.04.21	53,213	7,926	**61,139**
Charge for year	2,754	655	**3,409**
At 31.03.22	55,967	8,581	**64,548**
Net Book Value			
At 31.03.22	111,758	-	**111,758**
At 31.03.21	*114,512*	*655*	*115,167*

12 PROPERTY INVESTMENT

	2022	*2021*
	£	**£**
At 01.04.21	-	**256,000**
Disposal	-	**(256,000)**
At 31.03.22	**-**	**-**

The property investment represents a bungalow donated to the IMPACT Foundation which was sold in the prior year.

13 DEBTORS

	2022	*2021*
	£	*£*
Accrued Interest	**5,189**	**6,794**
Income tax recoverable	**3,967**	**15,902**
	9,156	**22,696**

14 CREDITORS - amounts falling due within one year

	2022	*2021*
	£	*£*
Sundry Creditors and Accruals	**10,150**	**9,936**
	10,150	***9,936***

15 EMPLOYEES

		2022	*2021*
The average number of persons employed by the Foundation was:	Full time employees	**3**	**3**
	Part time employees	**4**	**4**
		7	**7**

Staff costs during the year were as follows:-

Salaries and wages	**214,275**	**209,402**
Social Security costs	**15,347**	**14,776**
Defined pension contributions	**18,702**	**18,334**
	248,324	**242,512**

No employees received emoluments including pension contributions totalling more than £60,000

16 DIRECTORS / TRUSTEES

There were seventeen trustees, all of whom are members of the Executive Council and none of whom receive any remuneration from the Foundation.

Trustees did not claim reimbursement for expenses

17 AUDITOR'S REMUNERATION

The auditor's remuneration for audit work was £2,587 (2021- £2,587).

18 FUND MOVEMENT

	RESTRICTED		**UNRESTRICTED**		**RESERVES**	
	Expendable Endowment	Other	Fixed Asset	Designated	General	**Total 2022**
At 01.04.21	986,798	529,370	115,167	367,670	182,576	**2,181,581**
Income and Endowments	4,319	1,926,413	-	-	228,244	**2,158,976**
Expenditure	-	(1,808,895)	-	(360,641)	(157,261)	**(2,326,797)**
Other - Designated	-	-	-	92,000	(92,000)	**-**
Asset replacement	-	-	(3,409)	-	3,409	**-**
At 31.03.22	991,117	646,888	111,758	99,029	164,968	2,013,760

19 ASSETS AND LIABILITIES SPLIT BY FUND

	RESTRICTED		UNRESTRICTED		RESERVES	
	Expendable Endowment	Other	Fixed Asset	Designated	General	Total 2022
Fixed assets	-	-	111,758	-	-	**111,758**
Current assets	991,117	646,888	-	99,029	175,118	**1,912,152**
Current Liabilities	-	-	-	-	(10,150)	**(10,150)**
Fund Balances	991,117	646,888	111,758	99,029	164,968	**2,013,760**

20 RESTRICTED FUNDS

	Balance 01.04.21	**Increase**	**Decrease**	**Balance 31.03.22**
Bangladesh				
Riverboat Hospital and Prevention Project	-	**33,292**	**22,395**	**10,897**
Coronavirus support	-	**52,078**	**52,078**	**-**
General	-	**94,078**	**62,030**	**32,048**
Nurses Institute	140,362	**178,188**	**158,631**	**159,919**
Community Health Care Centre	20,043	**12,862**	**17,806**	**15,099**
20th Anniversary Appeal	98,939	**245**	**99,184**	**-**
Fistula & Hydrocephalus	9,600	**9,600**	**9,600**	**9,600**
Equipment	-	**8,800**	**4,750**	**4,050**
Water Appeal	3,229	**26,516**	**16,516**	**13,229**
BBC Radio 4 Jibon Tari Appeal 2021	105,985	**28,900**	**132,110**	**2,775**
Cambodia				
General	-	**93,782**	**93,782**	**-**
Lake Clinic	8,535	**6,088**	**14,200**	**423**
Lake Clinic Mental Health	375	**2,700**	**3,037**	**38**
Coronavirus support	-	**41,102**	**39,528**	**1,574**
East Africa				
Disability Prevention	874	**144,515**	**85,878**	**59,511**
Tumaini Children's Charity	1,134	**563**	**1,603**	**94**
Water Projects	696	**35,880**	**33,886**	**2,690**
India				
Disability Prevention Bhavnagar	48,969	**1,031**	**50,000**	**-**
Integrated Project Pune	416	**1,713**	**85**	**2,044**
Lifeline Express Hospital Train	3,232	**1,269**	**558**	**3,943**
Lifeline Express 30th Anniversary Appeal	-	**165,655**	**9,106**	**156,549**
General	1,697	**203,327**	**200,186**	**4,838**
Pakistan				
Safer Motherhood	4,670	**26,807**	**31,477**	**-**

RESTRICTED FUNDS - Cont.

Nepal				
General	-	**95,644**	**84,029**	**11,615**
Rautahat - Safer Motherhood	533	**-**	**533**	**-**
Surgical Camps	3,000	**-**	**3,000**	**-**
Coronavirus support	-	**40,938**	**40,938**	**-**
Africa				
Africa General	1,561	**71,357**	**69,805**	**3,113**
Africa Fistula	316	**163**	**446**	**33**
Zanzibar				
Water	180	**675**	**33**	**822**
General	-	**44,830**	**44,830**	**-**
School For The Deaf	-	**91,024**	**48,857**	**42,167**
Coronavirus support	10,551	**26**	**10,577**	**-**
Sir John Wilson				
Memorial Fund	3,256	**244**	**3,500**	**-**
International				
General	-	**154,794**	**105,350**	**49,444**
Eye Care	54,750	**622**	**-**	**55,372**
Coronavirus support	1,059	**544,811**	**545,870**	**-**
United Kingdom				
Tasty Team Project	5,408	**16,692**	**17,099**	**5,001**
	529,370	2,230,811	2,113,293	646,888

All the above balances are held in cash.

21 DESIGNATED FUNDS

	Balance 01.04.21	Designated during year	Expended during year	Balance 31.03.22
Bangladesh				
Riverboat Hospital & Prevention Project	9,693		**9,693**	**-**
General	5,219	**12,000**	**13,350**	**3,869**
Nurses Institute	9,000	**-**	**9,000**	**-**
Cambodia				
General	23,674	**20,000**	**43,674**	**-**
East Africa				
Disability Prevention	54,487	**-**	**54,487**	**-**
Water projects	269	**-**	**-**	**269**
India				
Disability Prevention Bhavnagar	4,587	**-**	**4,587**	**-**
Nepal				
General	67,420	**40,000**	**81,150**	**26,270**
Pakistan				
Safer Motherhood	26,807	**-**	**26,807**	**-**
Sri Lanka				
Clinics	2,192	**-**	**500**	**1,692**
Zanzibar				
General	37,759	**20,000**	**49,830**	**7,929**
International				
General	76,563	**9,000**	**76,563**	**9,000**
Contingency Fund	50,000	**-**	**-**	**50,000**
	367,670	101,000	369,641	99,029

All of the above funds are held in cash.

22 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2022 **£**	*2021* *£*
Net movement in funds	(167,821)	11,627
Adjustments for :		
Depreciation charges /(purchase fixed assets)	3,410	4,900
Interest and rent from investments	(8,872)	(10,265)
Cash flow on investment disposal	-	256,000
(Increase) / decrease in debtors	13,540	(8,162)
Increase / (decrease) in creditors	214	(632)
Net cash used in operating activities	(159,529)	253,468

How will you make your impact?

The work you have read about in this report is only made possible by the generosity of our supporters. Funds are urgently needed to continue and expand our projects so that even more people benefit in the coming years. Please send us a donation using the Gift Form provided. Alternatively, telephone 01444 457080 or visit our website to make your gift. Thank you.



giftaid it

Increase your gift at no extra cost

UK taxpayers can add more to their gift without it costing them an extra penny. Please tick the Gift Aid box on the Gift Form, return it to us and we will do the rest. This will also enable us to claim Gift Aid on donations you have made to IMPACT in the past four years. Higher rate taxpayers can also benefit from additional tax relief on their gifts which can be claimed via their self-assessment tax return or by asking HMRC to change their tax code.

Regular giving

Setting up a standing order using the regular giving form makes supporting IMPACT's work simple and knowing that we can depend on regular gifts enables us to implement long-term projects. Ticking the Gift Aid box on the Gift Form means we can reclaim tax on your generous donations too.

Legacies

Remembering IMPACT in your will gives a gift to future generations. Donations to charity are currently free of inheritance tax which can help to reduce the tax burden on your estate. Our special leaflet provides more details and is available upon request or online:
www. IMPACT.org.uk/donate/remember-us-in-your-will

Shares

Tax relief is available on gifts of shares.

Fundraising events and Gifts in Memory

It is simple to support IMPACT using Just Giving, an online service which enables fundraisers to set up dedicated pages for their event or to collect gifts in memory of a loved one by debit or credit card. Please visit www.justgiving.com/impactfoundation

Further information

Please visit our website at www.IMPACT.org.uk. We publish regular newsletters and reviews and you can sign up for our e-newsletter online. You can also follow us on Twitter @IMPACT_UK_ and Facebook www.facebook.com/IMPACTFoundationUK and Instagram @impactfoundation_uk

Please contact us

We are only a telephone call away on 01444 457080 and would love to hear from you.

IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH
Email: impact@impact.org.uk
Registered Charity No. 290992

Registered with FUNDRAISING REGULATOR

Make an IMPACT today!



£25

Could establish a garden to feed another family



£43

Could help to restore sight, hearing or mobility; or repair another child's cleft lip



£100

Could help train and equip a local health worker or traditional birth attendant



£1,700

Could bring clean water to a whole community

Regular giving

Knowing that we can depend on regular gifts enables us to implement long-term projects. You can set up a standing order to IMPACT using the regular giving form (right).



Legacies

Remembering IMPACT in your will can make a difference to others long into the future. When the time is right, please consider leaving us a legacy.

I would like to support IMPACT's work with a gift of:

£ _____ **Thank you.** Your gift today will prevent disability tomorrow

☐ I enclose a cheque or postal order payable to IMPACT Foundation
Or please charge my Master/Visa/CAF card.

☐ VISA ☐ MasterCard ☐ CAF

You can also call us with your credit card details on 01444 457080

16-digit Card Number: _____

Issue Date: _____ Expiry Date: _____

Tel No: _____

giftaid it — *Boost your donation by 25p of Gift Aid for every £1 you donate*

☐ I wish IMPACT Foundation to treat all gifts in the last four years, this gift and all future gifts as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Gift Aid is reclaimed by IMPACT Foundation from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Name: (Mr/Mrs/Miss/Ms) _____

Address: _____

Postcode: _____

Signature: _____ Date: _____

Email: _____

Please notify us if you:
- Want to cancel this declaration
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains.

Please return this form to:
Mrs Judi Stagg, IMPACT Foundation,
151 Western Road, Haywards Heath,
West Sussex, RH16 3LH, UK

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

REGULAR GIVING FORM

1) I would like to make a lasting difference to IMPACT's work with regular gifts. Please instruct my Bank Manager at:

Bank: _____

Branch Address: _____

Postcode: _____

Sort Code: _____ Account _____

2) To pay IMPACT Foundation (Sort Code: 20-49-76, Account No. 60171913)

£ _____ Each Month / Quarter / Year (please circle one)

Or (if you already make regular gifts to IMPACT direct from your bank account) to increase my gift to

£ _____ Each Month / Quarter / Year (please circle one)

3) I wish my gifts to begin on _____ (Date)
and continue until further notice

4) Signed: _____

Name: (Mr./Mrs./Miss./Ms.) _____

Address: _____

Postcode: _____

PLEASE RETURN TO IMPACT. If you would also like IMPACT to reclaim Gift Aid on these gifts, please complete your name and address and tick the Gift Aid box on the form above and send both forms to: Mrs Judi Stagg, IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

Thank You

IMPACT is a Registered Charity, number 290992

IMPACT Gift tokens

IMPACT's unique range of gift tokens make a heart-warming gift and can be personalised and sent directly to your loved ones.

Visit our website to see the full range - **www.IMPACT.org.uk**



The gift of a smile

Give the gift of life-transforming surgery for a child with cleft lip.

£43.00



The gift of a gaggle of geese

This gift provides a family at risk from malnutrition with a gaggle of geese for income and food security.

£30.00



The gift of sight

Give the gift of life-transforming surgery to reverse a disabling condition.

£43.00



The gift of surgery aboard the Lifeline Express

Give the gift of surgery to another person aboard the hospital train.

£43.00



The gift of hope

Help us to provide a fistula patient in Tanzania with clean clothing and sense of hope restored.

£15.00



The gift of a care package for a new mother and baby

Provide a destitute mother and her baby with a care package on leaving hospital.

£40.00



The gift of a birthing kit

Make motherhood safer in Bangladesh and Nepal by equipping a Trained Birth Attendant with a birthing kit.

£10.00



The gift of chirpy chickens

Support a family in Bangladesh with laying hens as a daily source of nutritious eggs and income.

£10.00



The gift of reconstructive burn surgery

Support a young person with a disabling burn injury access reconstructive surgery.

£140.00



The gift of a home garden

Support a family by boosting their nutritional uptake with a home garden.

£25.00



The gift of a school medical kit

Support a school in Kenya with a medical kit.

£20.00



The gift of tree saplings

Support a school in Kenya with tree saplings to improve their school environment.

£10.00

IMPACT

Preventing disability. Transforming lives.



IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

Tel: 01444 457080 Email: impact@impact.org.uk

www.IMPACT.org.uk

IMPACT FOUNDATION

England & Wales - Charity number 290992

Accounts

IMPACT

Preventing disability. Transforming lives.

Annual Report and Accounts 2020-21



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Foundation Information

Trustees who are Directors:

Lady Wilson, OBE, FRCOphth (Hon)	Honorary President
Brenda Luck, MB, Ch.B, DHC, DRCOG, MRCGP	Chair
John Scott	Vice-Chair
Rob West, BA (Hons)	Vice-Chair
Robin d'O. Hope	Honorary Treasurer

Nicholas Astbury FRCS, FRCOphth, FRCP
Keith Barnard-Jones, MBBS, MRCS, LRCP, D.Obst.RCOG, MRCGP
Gordon Bennett, LL.B (Hons), LL.M, Dip Int Law
Claire Hicks, MBE
David Jameson Evans, FRCS, FRCS (C)
John Mowbray, QC
Michael O'Connell, MB, BS, BSc, MPhil, FRCS (Otol), FRCS (Orl)
Lady Prance
Sal Rassam MB BCh BAO LRCSI LRCPI DTM, DO MD FRCOphth
Vinit Shah, MBBS, MRCP, FRCPCH
David Walker, CMG, CVO
Peter Webster, MA, FCA

Senior Management Team:

Judi Stagg	Chief Executive/Company Secretary
Sarah Smith	Deputy Chief Executive
Pascale Noel	Funding and Development Director

Registered Office:
151 Western Road
Haywards Heath
West Sussex
RH16 3LH
Telephone: 01444 457080
Email: impact@impact.org.uk

Auditors:
Carter Nicholls
Victoria House
Stanbridge Park
Staplefield Lane
Staplefield, Haywards Heath
West Sussex RH17 6AS

Bankers:
Barclays Bank plc
77 South Road
Haywards Heath
West Sussex
RH16 4LB

Legal Advisors:
Colemans Solicitors
Paddockhall Chambers
Paddockhall Road
Haywards Heath
West Sussex RH16 1HF

Charity Number: 290992
Company Number: 1878297
The IMPACT Foundation is a registered charity and a company without share capital limited by guarantee

Trustees' Annual Report

(Incorporating the Directors' Report)

A message from our Chair

The past year has of course been dominated by the Covid-19 pandemic. The IMPACT team in Haywards Heath is always in close contact with our partners around the world and when the pandemic hit this enabled us to offer assistance rapidly, with particular emphasis on safe water and hygiene measures.

PPE, soap, disinfectant and medical equipment has been provided for health workers and food parcels delivered to desperate families whose income disappeared without warning in lockdowns.

At home in Sussex, the Tasty Team soon developed imaginative online ways to continue delivering healthy eating skills and hand-delivered more than 5,500 meals to people at risk of food poverty. IMPACT remains ready to assist, including with vaccination programmes if required.

Judi and the team immediately adapted to the new situation, setting up working from home and initiating a successful Covid-19 appeal to fund the urgent need for help and additional costs of delivering healthcare around the world.



Brenda was a GP partner in rural South Staffordshire from 1980 to 2006. During a sabbatical, she spent time with the IMPACT-supported PNR Society in Bhavnagar, India, and became a trustee on her return. Brenda has visited many IMPACT programmes overseas at her own expense and took over from David Walker as IMPACT UK's Chair in April 2020.

Fundraising has gone well despite the pandemic, thanks to the enduring generosity of our donors, including those supporters who kindly left legacies in their wills, and the efforts of IMPACT's small staff. We are sincerely grateful to everyone who has given so selflessly during this particularly challenging time.

A highlight was the BBC Radio 4 Appeal on Sunday 28th February 2021. We are immensely grateful to Nadiya Hussain who presented an engaging appeal based on IMPACT's floating hospital the *Jibon Tari*, her own Bangladeshi heritage and her career as a cook. We are delighted to announce that this has been the BBC's most successful charity radio appeal since they began broadcasting them in 1923!

In the coming year we look forward to the 30th anniversary of IMPACT India's *Lifeline Express* hospital train. Plans for a matched funding appeal, to emulate the successful appeal for the 20th anniversary of IMPACT Bangladesh's *Jibon Tari* floating hospital, are well under way.

The Board of Trustees of IMPACT UK has also had to adapt - and has risen to the challenge of online meetings! We miss face-to-face contact but this is trivial compared with the difficulties faced by our partners and beneficiaries around the world. At a recent online meeting we were heartened by plans to expand the Nursing Institute in Bangladesh established in 2013 - a real hope for the future – among other initiatives.

The consequences of Covid-19 will continue for the foreseeable future. At the same time the pandemic has highlighted pre-existing health inequalities between and within countries. IMPACT's commitment to the continuation of our projects in partner countries to fulfil Sir John Wilson's vision of a world without preventable disability is undiminished.

Dr Brenda Luck
Chair, IMPACT Foundation UK
20th April 2021

Please note: These accounts were produced remotely during the Coronavirus pandemic.

Making an IMPACT – how & why

This year, IMPACT has worked with 12 trusted local partners working in 11 countries of Africa and Asia, who each run their own autonomous programme of action to prevent and treat needless disability; to promote health; and, as a consequence, to alleviate poverty. We also run a successful project to promote healthy nutrition in our local community in the UK.

WHY IMPACT'S WORK IS NEEDED

- 15% of the world's people live with a disability
- 80% live in lower-income countries
- One third are children
- Most were not born disabled and live with a condition which could have been prevented or could be reversed

BREAKING THE CYCLE

Disabled people often rank among the very poorest in society and too often lack opportunities to such as education or employment; many are kept in poverty by discrimination. IMPACT's work to prevent and treat needless disability makes a vital contribution to the alleviation of poverty.

WHERE WE WORK

AFRICA: Ethiopia, Kenya, South Sudan, Tanzania, Zanzibar

ASIA: Bangladesh, Cambodia, India, Nepal, Pakistan, Sri Lanka

EUROPE: The UK, Norway, Switzerland (raise money to support IMPACT's partners in Africa and Asia)



HOW IMPACT BEGAN

The late Sir John Wilson (who was blind himself) founded IMPACT in 1985 as a means of empowering local communities with simple, low-cost ways of taking action today to prevent disability tomorrow. Never wanting a top-down approach, Sir John helped to establish autonomous national IMPACTs - most of them in countries of the global south. IMPACT's projects are straightforward and cost-effective. We support community-led development to ensure that projects meet real needs and work to create long-lasting change.

IMPACT's vision

IMPACT's vision is of a world free from needless disability. We believe that no one should become or remain needlessly disabled through disease, lack of knowledge or shortage of medical services.

It is no coincidence that the vast majority of disabled people live in lower-income countries. The knowledge, technology and skills to prevent and alleviate many disabling conditions have been available for years, yet access to them is still not shared equitably between rich and poor countries, or between rich and poor people within countries. The most marginalised men, women and children too often remain needlessly disabled by conditions that could be swiftly remedied if they had equal access to healthcare. This can hinder schooling or work; limiting opportunities for a lifetime and perpetuating a cycle of poverty and poor health.

The link between disability and poverty is well-established. IMPACT's work to prevent and treat needless disability therefore also makes a vital contribution to the alleviation of poverty.

IMPACT believes that local people are best placed to know what needs to be done in their own country and how to do it in an appropriate and cost-effective way. Supporting training and resources for local medical professionals and health workers, and sharing knowledge and skills with people who have been marginalised, overcomes cultural and language barriers and helps communities to effect sustainable change. We therefore support the work of fellow IMPACT Foundations, and other long-standing partners, to implement projects that each has designed in consultation with target communities, in order to meet specific local needs.

BANGLADESH 2020/21
3,385 people benefited from operations to restore their sight, hearing or movement, or to ameliorate other disabling conditions



OBJECTIVES AND STRATEGY

IMPACT UK supports trusted and long-standing local partners working in 11 countries of Africa and Asia who each run their own autonomous programme of action to prevent and treat needless disability; to promote health; and, as a consequence, to alleviate poverty. We also run a successful project to promote healthy nutrition in our local community in the UK. Our priorities for action are:



ACCESSIBLE SURGERY

Medical teams operate to restore sight, hearing or mobility – or to treat other disabling conditions and injuries, often taking surgery into remote areas



EARLY IDENTIFICATION, TREATMENT & REHABILIATION

Prevention is better than cure so health workers check people's health and treat the early signs of needless disability. They also provide rehabilitation and assistive devices such as spectacles, hearing aids and prostheses



SAFER MOTHERHOOD & CHILD SURVIVAL

Straightforward monitoring and simple interventions such as improving nutrition can keep women and their babies safe and healthy during pregnancy, childbirth and infancy



SAFE WATER & SANITATION

Safe water and sanitation are the foundations of good health so we support installation of clean water sources and toilets in communities, and the sharing of knowledge about hygiene and sanitation



ENDING MALNUTRITION

Lack of vital vitamins and minerals is associated with disabling conditions such as visual and cognitive impairment, as well as increasing the risks during pregnancy, and compromising immunity



HEALTH EDUCATION & TRAINING

Skills and knowledge are shared with communities so they can take action to protect the health of themselves and their families

How each country programme contributes to our objectives						
Country	Accessible surgery	Early identification, treatment & rehabilitation	Safer motherhood & child survival	Safe water & sanitation	Ending Malnutrition	Health education & training
Bangladesh	✓	✓	✓	✓	✓	✓
Cambodia	✓	✓	✓	✓	✓	✓
India	✓	✓	✓		✓	✓
Kenya	✓	✓	✓	✓	✓	✓
Nepal	✓	✓	✓	✓	✓	✓
Pakistan		✓	✓			✓
Sri Lanka		✓				
Tanzania (+ Ethiopia and South Sudan)	✓	✓	✓		✓	✓
The UK					✓	✓
Zanzibar	✓	✓	✓	✓	✓	✓

The public benefit of our work

IMPACT's work makes a clear and valuable contribution to the following three public benefit purposes as defined in the Charities Act 2011. The rest of this report will demonstrate how we do this in more detail.

1) The advancement of health or the saving of lives

2) The relief of those in need by reason of youth, age, ill-health, disability, financial hardship or other disadvantage

3) Prevention or relief of poverty

Performance

IMPACT UK has had a successful year by any measure of performance. This is remarkable considering the circumstances we – like so many others – have had to operate in this year. Adapting quickly to the seismic changes brought about by a global pandemic which has affected every element of our international programme, our operating environment in the UK, and directly threatened the lives of the people who deliver our projects - frontline health workers.

Despite swingeing restrictions to freedom of movement (which affected our partners' ability to implement projects and prevented people leaving their homes to attend clinics etc.), school closures (which put on hold all of our school-based projects) and additional challenges to the delivery of medical services (extra cleaning and social distancing increasing costs and reducing the number of people who could be safely treated), in collaboration with our partners we have still benefited 425,661 people this year through our usual programme of healthcare, maternity care, health education, safe water and sanitation, and more.

Covid-19 has been a constant feature of everything we have done this year and has cast a heavy shadow but we are delighted that, while our usual work has been somewhat curtailed, we have been able to respond directly and immediately to the needs of vulnerable people in so many countries, helping them to better face the pandemic. As ever, marginalised people with the fewest resources are least able to weather such storms. Poverty and deprivation

have been key factors in people's chances of becoming infected, and then in their chances of survival. We have benefited more than 1.2 million members of the public through Covid-19 education and the provision of handwashing stations, soap, face coverings and emergency food parcels. In addition, we have protected health workers with almost 300,000 items of personal protective equipment (PPE) and built medical infrastructure to cope with the pandemic through the provision of equipment and extra cleaning products. Without this support, so many of those on the frontline of health and medical care delivery would have been inadequately protected.

In addition to our 'Tasty Team' project to promote healthy nutrition for vulnerable groups in West Sussex, IMPACT UK has supported 12 partners working in 11 countries of east Africa, south-east Asia and southern Asia.

Overall activity:

Action within on-going programme	2020 to 21	2019 to 2020
People examined and provided with treatment	145,978	665,635
Operations to restore sight, mobility or hearing, or to repair cleft lip or fistula	6,262	14,037
Immunisation against disabling disease (including activities to support Government vaccination programmes)	10,707	9,404
Mothers and babies receiving pre and post-natal care	22,178	16,740
Combatting malnutrition, including home garden and micronutrient supplement beneficiaries	47,204	68,041
Health professionals and community volunteers trained	1,948	3,875
People participating in health education or otherwise empowered within their communities	160,118	286,355
People benefiting from safe water and improved sanitation	18,213	61,335
Assistive devices given (hearing aids/orthotics/prostheses etc.)	13,040	20,795
Medical facilities upgraded / provided with equipment	13	7
Covid-19:		
Hospitals / health centres' infrastructure built to better cope with the pandemic	125	N/A
Items of medical equipment purchased	1,158	N/A
Items of PPE provided to health workers	293,594	N/A
Soap, disinfectant and cleaning products for hospitals and health centres	16,985.5 litres	
Public handwashing facilities established	284	N/A
Participants in health education and awareness raising re: Covid-19	1,147,146	N/A
Families receiving emergency food parcels	1,876	N/A
Supplies for the public for infection control	37,903 face coverings 24,500 bars/litres of soap	N/A
Vaccination facilities set up	1 plus 3 nurses trained to give Covid-19 vaccines	N/A
Other Emergency Response:		
Flooding relief, Cambodia	420 emergency kits (food, blankets, soap and water) to displaced families plus supply of basic medicines for health posts	N/A

The table above collates the collective action which IMPACT UK has supported our local partners to deliver this year. It also includes the work of IMPACT UK's 'Tasty Team', here at home in West Sussex. It can be clearly seen that Covid-19 has had an enormous impact.

Unlike many INGOs, IMPACT is not a 'top-down' organisation with UK headquarters and sub-offices run by ex-patriate staff in lower-income countries. Our dedicated and trusted partners around the world are autonomous charities and non-governmental organisations, which are registered in their own country and have their accounts independently audited. Each partner develops their projects in response to their deep understanding of local needs and culture; an understanding which comes from lived experience and strong roots embedded in the communities they serve.

This way of working has proved invaluable this year. Being truly local organisations, our partners have listened to the needs of people in the communities they work with, and asked us for assistance to purchase supplies for individuals and health facilities. There is minimal bureaucracy and no waste. Our small and nimble operation in the UK was able to adapt quickly to raising funds for Covid-19 relief to meet these requests for support.

Yet more than 425,000 men, women and children have still benefited from our usual programme of action to prevent and treat needless disability. We focus on the most under-resourced people who are least likely to be able to access the health and medical care they urgently need, and most likely to become needlessly disabled as a result.

We are particularly pleased that, despite the highly challenging operating environment, our collective action has provided quality maternity care to more women and babies this year (up 32.5% on FY 19/20) which the WHO acknowledges is the key to preventing deaths and injury; and that the number of people we have helped to be immunised against common diseases has increased by 13.9% on the previous financial year. The latter does not include Covid-19 vaccination.

In addition to the direct delivery of medical care, surgery and assistive devices through hospitals, clinics and health posts, IMPACT reaches people on their doorsteps with a host of initiatives that enhance their ability to protect their own health in many different ways. Multi-dimensional poverty needs wide-ranging action and the cumulative benefits are greater than the sum of their parts. This is a sustainable strategy that shares knowledge and information on topics including malnutrition, hygiene, immunisation and menstrual health; and meets basic needs for nutritious food, clean water and sanitation. The link between poverty and disability is well-established so by reducing or alleviating needless disability, our work makes a vital contribution to reducing poverty too.

Building local infrastructure and human resources also creates enduring benefits. This year, we have upgraded 13 health facilities with specialist medical equipment and / or construction of buildings such as maternity departments (up 85.7% on FY 19/20) and supported training for 1,948 medical professionals and health workers to enhance the care they give to their patients (down 49.8% on FY19/20 due to Covid-19 restrictions). This includes the students we support through scholarships at IMPACT Foundation Bangladesh's Nursing Institute, who have been learning remotely but studying just as diligently, this year.



We set ourselves 10 goals in last year's report – 'Looking to the Future' on page 28 – and we are pleased to report that despite very challenging circumstances, seven of these were achieved in full, two were partially achieved and only one was not possible at all. But for Covid-19 making international travel difficult and closing schools, we are confident that all 10 goals would have been achieved.

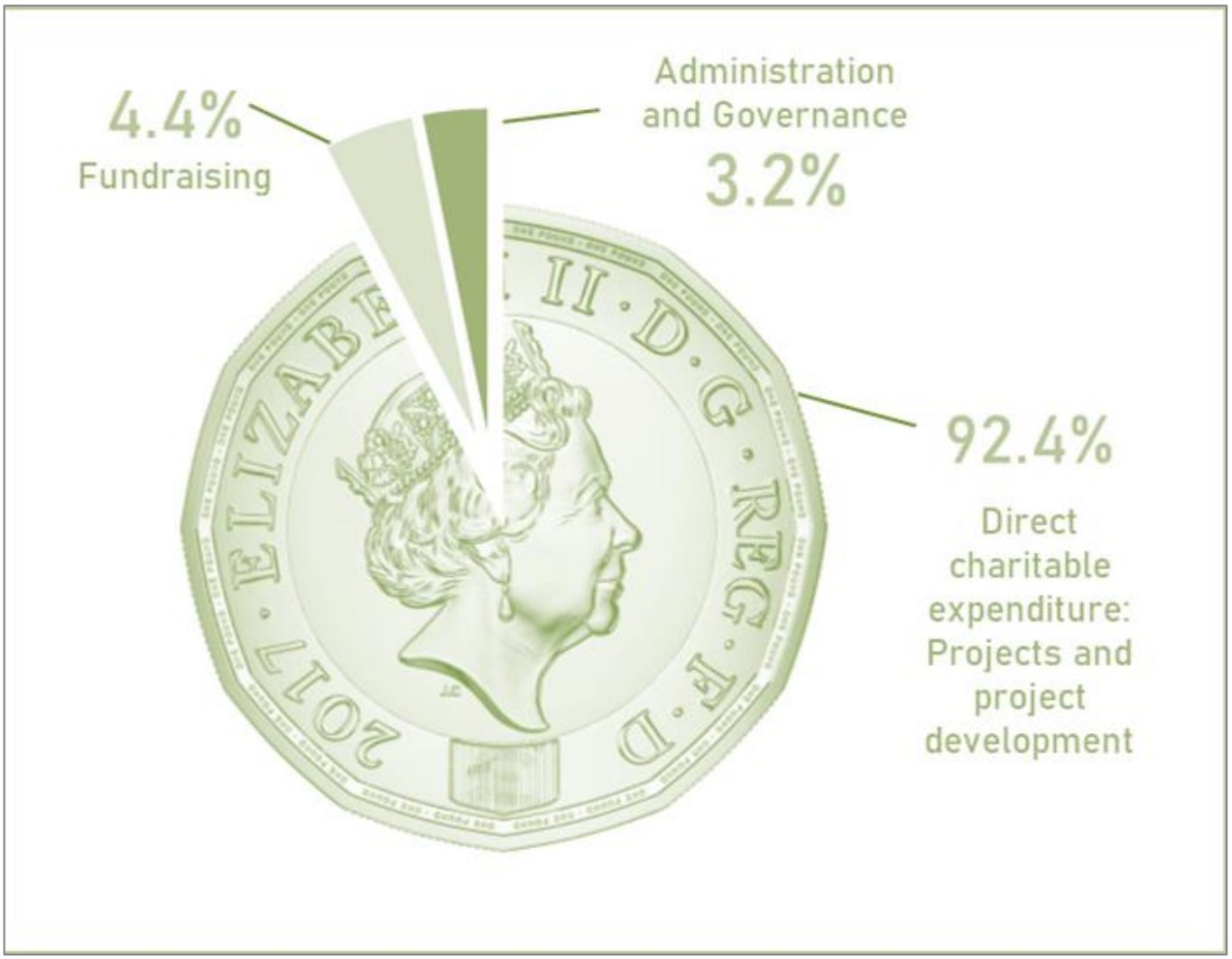
Goal	Achievement
Train even more nurses at the IMPACT Bangladesh Nursing Institute to meet the huge need for this profession locally	Funded the training of 10 nurses and provided additional support for uniforms and study materials for some of the poorest students.
Provide additional specialist operations including fistula surgery for women in Ethiopia and hydrocephalus surgery for children in Bangladesh	Ethiopia: a further 10 women received fistula repair surgery during a short visit to the Afar region by Dr Andrew Browning, the Australian specialist, following special dispensation from the Australian government to travel overseas on humanitarian grounds. Bangladesh: supported hydrocephalus surgery for 15 more children
Purchase the building which houses the ZOP Academy for hearing impaired children in Zanzibar and provide running costs to safeguard its future	Building purchased and running costs provided for the year.
Purchase an ultrasonogram machine, a portable ultrasound machine and essential items such as weighing scales and tape measures for monitoring pregnant women and newborn babies in Bangladesh	All items of equipment purchased and in use in Bangladesh.
Provide further support for the award-winning Lifeline Express hospital train in India	Funds were provided for the 209th and 211th Lifeline Express projects at Ambassa, Tripura state and Sitamarhi, Bihar state respectively, and towards the cost of 94 operations in other projects.
More eye surgical camps in Sri Lanka	Not possible due to Covid-19 pandemic international travel restrictions
Construct and equip a dedicated delivery room at Rohat Teuk Health Centre in Banteay Meanchey province, and provide medical equipment and training for health workers at Banlung Referral Hospital in Ratanakiri province, Cambodia	Both achieved. The opening of the delivery room at Rohat Teuk health centre was delayed by flash flooding and then the imposition of a local lockdown during which pregnant women were directed by the Health Authority to go to the main referral hospital in order to manage the threat of Covid-19, but women are now receiving maternity care and giving birth in the new facility. Maternity equipment and specialist training for midwives and health workers provided at Banlung referral hospital is keeping women and babies safe. 787 deliveries took place between October 2020 and March 2021.
Extend the Auraiya nutrition project in Nepal by piloting a menstrual hygiene element, and expand the menstrual hygiene in schools work that has been successfully trialled in Chuadanga district, Bangladesh	Auraiya, Nepal: 2,000 women benefited from menstrual hygiene education; 800 kits containing reusable sanitary pads and soap were distributed to women aged 13-45 years; 25 women were trained to make reusable sanitary pads for income generation; and 15 health workers were trained in menstrual hygiene to give advice and sanitary supplies to local women. Bangladesh: it has not been possible to expand the menstrual health programme this year because schools have been shut for most of the period due to Covid-19. IMPACT Foundation Bangladesh has been working with school officials to begin installing water sources and renovating toilet blocks in readiness for schools to eventually reopen, when the menstrual health programme will commence.
Provide additional bio-sand filters for families in floating villages of the Tonlé Sap Lake, and further support for The Lake Clinic (TLC) which serves these vulnerable communities with primary and mental health care, Cambodia	Provided 11 bio-sand filters. Provided funds to support TLC's mental health programme which benefited more than 60 people through intensive counselling around anxiety, depression and domestic abuse.
Continue our support for the PNR Society's child blindness and deafness programme and vocational training for people with disabilities at the AT&T Technology Park, both in Bhavnagar, India	Support was provided but activities were limited by school closures in India which placed the work of the child blindness and deafness team on hold (since screening is conducted in schools) and moved learning at the AT&T Technology Park online.

IMPACT has stringent monitoring guidelines which helps us to analyse the impact of our work. All our partners send regular activity, statistical and expenditure reports and these are carefully monitored against agreed targets, enabling adjustments to be made if necessary. IMPACT UK and our partners work collaboratively in order to deliver the best service we can to the people who rely on us, often as their only hope of healthcare or medical treatment. Independent project evaluations monitor the impact of many projects.

Starting the year with enormous financial uncertainty due to the pandemic, we are extremely pleased to report that thanks to the incredible generosity of our supporters, income has held up remarkably well and is down by just 1.4% on FY 19/20 to £1,688,896. Expenditure is down marginally (0.6%) at £1,741,098 but funds are earmarked to be sent to partners early in FY 21/22. Once again, more than 92% of expenditure was on charitable activities. We are able to operate so economically because IMPACT UK is small, lean and has low overheads. For example, the dedicated staff team comprises just seven long-standing employees (three full-time and four part-time) and we have a modest office which was gifted to us more than 25 years ago.

Further information can be found in the section 'Financial Review and Policies' on page 33.

How every £1 was invested



Highlights of the year's achievements

Covid-19 Pandemic Response

Remembering members of the IMPACT family lost to Covid-19

Like so many people around the world, we are mourning the loss of friends to Covid-19. Rest in peace:

Mr Yahya Al Sawafy
(Chair of IMPACT Zanzibar)
Mrs Kanyan
(Wife of Mr Manzour Kanyan, Founder of IMPACT Pakistan)
Mr Ramesh Sarin
(Chair of IMPACT India Foundation)

The world has been in the grip of the Covid-19 pandemic for the whole of this financial year, with no immediate end in sight, despite new weapons in our armoury in the form of treatments to lessen the worst effects for some people, and freshly developed vaccines. But just as the pandemic exposed gaping health inequalities between rich and poor within countries and between countries, so too has the vaccine roll-out.

In the UK and other high income nations, the programme to vaccinate entire adult populations has taken place at breakneck speed – an unprecedented achievement in modern public health. It has shown clearly what can be done with political will and investment. The challenge now is to share the vaccine equitably with the rest of the world and for the global community to extend what has been learned through this devastating pandemic into tackling other public health issues, such as needless disablement, maternal mortality or lack of clean water. By working together, the opportunity is within humanity's grasp to change the health and prospects of future generations.

As soon as the threat from Covid-19 became clear in early 2020, IMPACT UK asked our local partners what they needed. The response was clear: funds to buy PPE for frontline health workers, items of medical equipment and cleaning products for health facilities and hospitals, and support for the communities in project areas to better face the pandemic. The latter took the form of making information about Covid-19 widely accessible, face coverings and handwashing supplies, and food parcels to support families who had had their ability to earn money and support themselves removed without warning by lockdowns.

Here in the UK, our Tasty Team worked with local community organisations to address food insecurity and deliver food parcels to families who suddenly found themselves with extra mouths to feed during the day when schools were closed, stretching already tight household budgets to their limits. 5,590 healthy meals were provided over the course of the year.



2020/21
Across the IMPACT programme, we have protected health workers with almost 300,000 items of personal protective equipment (PPE)

Thanks to funds raised by IMPACT UK, it has been possible to deliver the following in countries of Africa, Asia and here in the UK, during 2020-21:

Item	Total
PPE kits	1,152
Shoe covers	3,520
Surgical masks / respirators	82,779
Pairs of gloves	195,750
Head covers / fabric caps	5,116
Fabric gowns / scrubs	1,592
Disposable gowns	1,662
Goggles	1,277
Plastic face shields	726
Aprons	20
Health facilities / hospitals given PPE	125
Health facilities / hospitals given equipment	123
Isolation wards set up	3
Hand sanitiser / disinfectant / cleaning supplies (litres)	16,985.5
Detergent (kg)	100
Waste disposal bags (kg)	25
ICU beds	12
Hospital beds	60
Oxygen machines	4
Suction units	5
Patient monitors	2
Thermometers	798
IV fluids (bottles)	200
UV sterilising machines	5
Soap dispensers	71
Washing machines	1
Vaccination facilities set up	1
Nurses trained to provide vaccinations	3
Non-medical masks (public)	37,903
Bars or litres of soap (public)	24,500
Health education (people)	1,147,735
Handwashing stations set up	284
Food parcels (families)	1,876









Asia: Bangladesh

IMPACT Foundation Bangladesh (IFB)'s ambitious programme of activities delivers a wide-range of projects designed to prevent needless disability and treat disabling conditions for people living in remote and rural areas where medical services are vastly inadequate to meet the needs of the population.

Action is centred in the districts of Chuadanga and Meherpur in south-western Bangladesh, and on the *Jibon Tari* (a modern hospital on a boat) which travels the many waterways that traverse the country; mooring at a rural riverbank for several months at a time to deliver hospital services and surgery to restore sight, hearing, mobility and more.

IFB has large community hospitals in both Chuadanga and Meherpur from which radiate inclusive outreach programmes of disability prevention including health screening, treatment, and maternity care, to ensure that no one is missed because they are unable to travel to the hospital. A well-equipped mobile medical van is able to conduct a host of diagnostic tests and people in need of specialist treatment are referred to the hospitals, with help to get there if needed. IFB's specialist Sir John Wilson Orthotics and Prosthetics Centre in Chuadanga makes and fits bespoke mobility aids and prosthetic limbs and provides physiotherapy to improve mobility.



Suriya was born with childhood cataracts and her sight was deteriorating rapidly. In a country where there are few resources to treat the poorest children with disabilities, her parents were so grateful to IMPACT surgeons for restoring her sight. Suriya was excited to see the world clearly for the first time in years – *"Right now I am very, very happy!"*

We also support IFB to take action which enhances the general health and wellbeing of the communities in which it works, for example safe water and sanitation, reducing malnutrition through home gardening or livestock rearing, health education and delivering on-going training for local medical professionals and health workers to fill skills gaps and ensure prevention of needless disability is central to their daily work.

IFB established a prestigious Nursing Institute in Meherpur in 2014 to train the next generation of nurses, and give young women from this rural region rare career opportunities. Despite Covid-19 forcing lessons online, the eighth cohort of new students was enrolled in January 2020. The Institute's graduates are working as fully registered nurses in Bangladesh and playing a vital role in medical care delivery in their country.

2020-21 Activities	Target	Achievement
People screened and treated for disabling and other health conditions in Outpatients Departments and clinics in the community	60,000	54,946
People attending health education and awareness sessions to learn how to protect themselves and their families	47,500	62,628
People who benefited from operations to restore their sight, hearing or movement or to ameliorate other disabling conditions	3,320	3,385
People provided with assistive devices and/or physiotherapy	4,200	9,836
Women provided with ante and post natal care including micronutrient supplements (folic acid etc.)	3,100	3,908
Immunisations against infectious diseases and/or Vitamin A to protect eyesight, given to children	4,000	8,279
Traditional Birth Attendants trained and provided with a sterile equipment kit	600	615
Village Mothers' Clubs meeting regularly	900	3600
Primary school teachers trained to check their students' vision and health	300	300
Children checked by trained teachers	3,000	1,594
Home gardens established to provide families with nutritious fruit and vegetables to eat and the potential to generate income	750	891
Local health workers, rural medical practitioners, NGO workers and community leaders trained to understand and identify needless disability	700	728

Additional achievements…IMPACT UK's support has also:

- Funded the training of 10 students at IFB's Nursing Institute in Meherpur district, in order to help meet the critical shortage of nurses in the country, provided uniforms and study aids for those in particular financial need, and refurbished the bathroom in the students' accommodation
- Provided essential items of medical equipment to IFB's hospitals to enhance service delivery including an eye surgery microscope, three autoclaves, an ultrasonogram machine, a portable ultrasound machine and other items for use in ante and postnatal care.
- Enabled specialist brain surgery for 15 more very young children with hydrocephalus
- Started work on a menstrual health programme at another school in Chuadanga district which will include a SIDKO water treatment plant, refurbishment of the toilet block to make it safe, hygienic and private, distribution of menstrual health kits and vaccinations against Rubella.
- Supported IFB in its work to run the *Jibon Mela* hospital and community based primary healthcare project in Meherpur district. Thanks to this project, 23,416 people have been screened for health conditions, 848 operations have been performed, 3,771 people have had physiotherapy and/or an assistive device to ease mobility, 137 patients with hypertension have been checked, 2,149 women have received quality pre and postnatal care including vaccinations and dietary supplements as required, 6,371 pathology tests have been undertaken, 1,923 people have attended health education sessions, 1,289 home gardens are yielding fresh produce to improve diets, and 300 Mothers' Clubs are disseminating vital health education to their members. In addition, 201 local traditional birth attendants, teachers, community leaders and health workers have been trained to deliver better care to people in Meherpur.
- Given 22 pairs of chickens and 20 pairs of geese to families who struggled to meet their nutritional requirements. These not only provide essential protein in the diet, but can also be used to generate income.
- Provided two arsenic filters to households at risk of drinking contaminated water
- Provided funds for essential repairs to the Jibon Tari's access bridge following a tropical storm
- Responded to the COVID-19 pandemic through the provision of 700 full sets of PPE and 30 sets of scrubs for frontline health professionals at 11 hospitals and health centres, medical equipment and hand washing stations for three hospitals, establishment of two isolation wards, 1,247 litres of hand sanitiser, 25,330 face coverings and 23,180 bars of soap for the public, health education for 41,537 people, emergency food parcels for 850 families facing hunger due to loss of income, and set up one Covid-19 vaccination facility with three specially trained nurses.



Cambodia

We supported two partners in Cambodia once again this year: IMPACT Cambodia and The Lake Clinic (TLC), based on the Tonlé Sap lake, which is the largest freshwater lake in southeast Asia, and a UNESCO biosphere reserve due to its biodiversity.



'This new equipment from IMPACT makes our work easier, faster and safer because it is all new and up-to-date. Previously, all the medical equipment in our maternity unit was old and dull. Some machines needed to be repaired many times. We also had to pay for repairmen fee by ourselves.'
Sok Kheng, Midwife at Banlung Referral Hospital

IMPACT Cambodia

IMPACT Cambodia (IC) has extended its reach into two new and highly impoverished provinces this year (Ratanakiri and Preah Vihear) whilst continuing to operate in Banteay Meanchey province. These are underserved areas with majority indigenous ethnic populations and are among the least developed in the country with poor infrastructure and worrying health indicators. For example, the life expectancy of men in Ratanakiri is just 39 years while women can expect to live for just 43 years. It is a sparsely populated area where people live in small villages of 20-60 households and most eke out a living as subsistence farmers or sell their produce at the local market.

The local conditions create enormous challenges to delivering health care so IMPACT Cambodia works through schools and health posts to screen and treat people for ENT conditions, although this work has been seriously hindered by the Covid-19 pandemic (for example, the school health programme has had to be put on hold this year due to school closures).

IC is also working to improve access to safe water, providing health education and supporting the local population of people with leprosy through treatment and work to de-stigmatise the condition.

Leprosy remains hidden and shrouded in myth in rural Cambodia, with affected people discriminated against and often refused treatment by scared health workers. Caused by a bacteria (and curable with medication) if left untreated leprosy results in a host of needlessly disabling conditions from visual impairment to nerve damage.

We work with Mr Chhun Bunda, a government health worker employed specifically to support people with leprosy, to go into areas where there are high concentrations of affected people, to identify them, provide treatment and educate the community and health workers about the condition. Through Mr Bunda we have also been able to provide his clients with water filters. This removes the need to boil water on open fires which is far more dangerous for people with nerve damage and the consequent inability to feel pain, and often results in burns or scalds and fused limbs.

CAMBODIA 2020/21
2,956 people benefited from leprosy awareness raising and health education. 24 people identified with the disease received treatment and support





2020-21 Activities	Target	Achievement
Early identification and treatment		
ENT screening and on the spot treatment (Banteay Meanchey province)	300	0
ENT screening and on the spot treatment (Ratanakiri province)	300	604
ENT screening and on the spot treatment (Preah Vihear province)	300	236
School health programme		
School children ENT screening, on the spot treatment and general hygiene education (Ratakaniri and Preah Vihear provinces)	200	0
Screening / treatment sessions (one day, one school)	2	0
Safe water and sanitation		
Water filters for families (Ratanakiri province)	24	20
Beneficiaries of family water filters	180	135
Leprosy programme		
Support training sessions on leprosy (Mongkul Borei, Banteay Meanchey province)	4	4
Health workers receive on-going training at above sessions	184	112
Community members benefiting from leprosy awareness raising (Banteay Meanchey and Battambang provinces)	962	2,956
People with leprosy identified and receiving treatment and support	10	24
Water filters provided to people with leprosy	No target	27

Additional achievements…IMPACT UK's support has also:

- Enabled emergency support when flash flooding hit our project areas in Banteay Meanchey province, displacing families, washing away homes and belongings, engulfing health centres and destroying 90% of medical supplies. This entailed giving out **420** emergency food, water, soap and blanket kits to devastated families (including 20 families with an acid burns survivor member and 20 families affected by leprosy) and basic medicines such as antibiotics to the local health department who were caring for the homeless families.
- Constructed and equipped a delivery room at Rohat Teuk Medical Centre in Banteay Meanchey province, to provide a safe environment for pregnant women to give birth. The operation of the new delivery room was hampered first by the flash flooding and then by Covid-19 lockdown which limited the number of deliveries and meant mothers were referred to bigger hospitals to delivery. However, the facility has already seen **118** babies delivered, antenatal care provided for **196** pregnant women, postnatal care for **133** new mothers and **1,954** vaccinations against common diseases and will be well-used into the future.
- Provided essential medical equipment to upgrade the maternity facilities at Banlung Referral Hospital and Ou Chum Health Centre in Ratanakiri province and training for **26** health workers, including **17** midwives, in preventing post-partum haemorrhage, resuscitation and infant CPR. Both the equipment and training will make services safer for mothers and babies, and have already benefited **820** deliveries. Ou Chum Health Centre was particularly under-resourced; it had no delivery chair and the two delivery beds were more than 20 years old. In addition to safe deliveries, the health centre has provided antenatal care to **213** mothers and **458** vaccinations. The number of women and babies using the facilities at Ou Chum will increase once Covid-19 restrictions ease as most are being referred to one of the larger hospitals which are better able to cope with patients who are also infected (or suspected to be infected) with Covid-19.
- Provided funds for **20** water filters for mothers through the 1,000 Days programme which is designed to support women from conception to their child's second birthday and ensures the child has the healthiest possible start in life. Filtering water protects the whole family from waterborne disease.
- Supported surgery for another person with burn injuries. These operations are paid for as specific funds are raised for each operation.
- In response to the Covid-19 pandemic, IMPACT UK supported IMPACT Cambodia to supply **11** local hospitals and health posts with urgently needed items including more than **45,000** pieces of medical grade PPE (surgical masks, gloves, goggles etc.), **12** ICU beds, **20** hospital beds, **four** oxygen production machines, **five** suction machines, **two** patient monitors, **20** thermometers, **200** bottles of IV fluid, **100kg** of detergent and nearly **2,200** litres of disinfectant

The Lake Clinic (TLC)

Founded in 2007, The Lake Clinic (TLC) takes primary medical care, vaccinations, antenatal care, eye care, dentistry and health education by boat to nine villages located in remote and isolated regions of the Tonlé Sap Lake area, reaching some of the poorest and most vulnerable communities in the country. Over time, the project has grown to include the TLC main vessel plus five floating clinics and a small fleet of boats to get doctors and nurses out to really remote places. Generally, each village is visited once per month unless water levels are so low that boats cannot reach them and the team stays on the water for a few days at a time due to the distance of the villages from the nearest town, Siem Reap, which can be up to a day's travel. People in need of more serious medical treatment are helped to access it in hospital at Siem Reap. In line with WHO's recommendation to incorporate mental health care with primary health care delivery, TLC has been expanding its work to deliver mental health care to the people living in floating villages, who face a great many additional challenges due to their particular living environment.



More than one million people live on and around the Tonlé Sap Lake and most survive on an average family income of $2.50 per day.

The work of TLC has been significantly disrupted by Covid-19. The team were unable to travel for six weeks from early April 2020 and when clinics resumed in May it was at 50% capacity. Travel was made harder still by environmental factors such as the abundance of water hyacinth choking up the lake.

This year, IMPACT UK's support of TLC has been for the purchase and dispersal of bio-sand filters (a small, household water filter which purifies the lake water that people use for all their needs and which help to prevent sickness from waterborne disease) and for the mental health programme, which has never been more needed.

Jenny Shepherd, a British psychotherapist, works as a volunteer to train and support two members of the TLC team, Dr Rida Hun and midwife Ky Kolyan, to deliver mental health counselling within the lake villages. Domestic abuse is a regular problem which has increased during the pandemic, and as people have lost their jobs due to Covid-19 and returned home, the economic burden on families has grown along with poverty and debt. All of which negatively impacts mental wellbeing.

One-to-one counselling for the most vulnerable people with conditions such as depression and anxiety is supplemented with therapeutic gardening, which has the additional benefit of helping to improve the limited diets of people living on the lake.

Four domestic abuse workshops have been run, attended by approximately 40 people, to help men and women understand why abuse is perpetrated, that it is unacceptable, and anger management techniques for perpetrators. In pre-Covid times the workshops were a regular occurrence but have had to be curtailed. It is clear, however, that the subject is being talked about more widely within the community and tolerance of domestic abuse is diminishing.

When schools are not closed because of Covid-19, the TLC team visits the school on Moat Kla (a floating village accessible only by water) to educate teachers and teenage students about domestic abuse and gender equality in order to prevent a culture that tolerates domestic abuse continuing into the next generation. Regular health and dental checks are also carried out and these resumed in March 2021 for the 134 children and five teachers at Moat Kla school.

IMPACT UK's support for TLC contributed to the following:

2020-21 Activities	Achievement
Domestic abuse workshops held	4
Participants at domestic abuse workshops	40
People benefiting from one-to-one mental health counselling	21
People participating in therapeutic gardening	15
Bio-sand water filters provided to families to make lake water safe to use	11
Health checks at Moat Kla school	139

India

We work with three long-standing partners in India: IMPACT India Foundation, the PNR Society based in Bhavnagar, Gujarat State; and KEM Hospital based in Pune, Maharashtra State.

IMPACT India Foundation

IMPACT India Foundation's Lifeline Express hospital train is the world's first modern hospital on a train and was the ideal solution to the challenge of delivering medical care and surgery to remote and underserved people in this enormous country, due to the famous far-reaching rail network. The Lifeline Express has been rolling into stations across India since 1991 to restore sight, hearing and mobility to people who believed they would remain disabled for life. Screening and treatment for non-communicable diseases such as cancer and heart disease, and dentistry, are essential services which prevent needless disability, death and chronic pain.



Mr and Mrs Devi were two of the 341 people who underwent sight-restoring cataract surgery during the 211th Lifeline Express project in Sitamarhi, Bihar State. *"When we discharged them, they were so happy and showered their blessings on the medical team"* – IMPACT India

Lifeline Express hospital train:

IMPACT UK has supported IMPACT India Foundation to conduct two Lifeline Express projects this year: the 209th project at Ambassa, Tripura State and the 211th at Sitamarhi, Bihar State.

Tripura State has one of the lowest population densities in India and most of the residents live in impoverished and remote hilly areas with very little access to transport. It was therefore necessary for the Lifeline Express team to adapt working practices in order to reach them. The medical team worked closely with local health workers who covered the villages as part of their role, to identify potential patients, while screening for conditions such as cataract was carried out door-to-door. Transportation was also laid on so that people in need of surgery could get to the hospital train, which was parked in a siding at the station.

The COVID-19 pandemic has also altered the way in which the Lifeline Express operates, with additional precautions required for staff and patients alike. It was impossible to host huge crowds on the site of projects as before, so much more use was made of outreach into communities. Social distancing has been employed when patients do come to the Lifeline Express and PPE, extra cleaning and face coverings have helped to control the spread of infection.



2020-21 Activities	Achievement
Lifeline Express:	
Project areas visited	2
People examined for sight, hearing, orthopaedic, dental, heart, neurological, cancer and general health conditions (and treatment provided as necessary)	27,595
Operations provided to restore sight, hearing or mobility, or to repair cleft lip or another condition	1,528
People provided with assistive devices such as hearing aids, spectacles, callipers and prosthetic limbs	2,826
People who have benefited from health education	769

Additional achievements…IMPACT UK's support has also:

- Helped with the medical response to Covid-19. Our support purchased 300 thermal scanners, 10,000 disposable surgical masks and 100 N95 masks which were distributed to two sub-district hospitals, 10 rural hospitals and 46 primary health centres in Palghar District, Maharashtra State. The population of this area is approximately three million.

Disability Prevention Partnership, PNR Society, Bhavnagar District, Gujarat

The PNR Society is a coalition of organisations which together form the largest body for disabled people in India. IMPACT's ongoing support for its Blindness and Deafness Team which goes into local schools to screen children and provide treatment to students with signs of visual or hearing impairment has had to be rolled over due to Covid-19 school closures for the period, meaning the team could not undertake its usual activities.

We have once again supported the PNR Society's AT&T Technology Park which provides vocational training and IT skills to people with disabilities, putting them on the path to employment and independence. Like other schools, the Technology Park has been closed due to Covid-19, however, it has been possible to move learning online without too much disruption to students' education. 57 enrolled students were provided with laptops, wi-fi connections, scanners and books so that they could learn via Zoom lessons and have been studying hard at home.

2020-21 Activities	Achievement
Students with disabilities provided with computer equipment and undertaking vocational and IT courses at home, via the AT&T Technology Park	57



Vrunda (18) faced many health issues throughout her childhood, resulting in the amputation of her left leg and reduced mobility. She had to learn to use a prosthetic limb and missed much of her early schooling. Despite these challenges, she has worked hard and was delighted to be accepted to study for a bachelor's degree in commerce. Vrunda has been attending IT courses at the AT&T Technology Park in preparation and has also been loaned a computer as her father lost his job during the pandemic and has been unable to support her studies.

Disability Prevention Partnership, KEM Research Hospital, Pune, Maharashtra

We have worked with the KEM Research Hospital in Pune, Maharashtra State on a number of initiatives for more than two decades. Our current focus is supporting additional training and equipment for ASHA (Accredited Social Health Attendance) workers, as funds allow.

ASHA workers (or informally 'barefoot doctors') are employed by the Government to provide very basic healthcare and to be health information activists in their own communities. They are married, widowed or divorced women who reside in the village they serve and must have basic literacy and numeracy skills. ASHA workers are the first port of call for the poorest populations and are particularly beneficial for women and children who often struggle to access health or reproductive care. Each ASHA worker visits 10 -15 households a day to assess medical conditions and provide treatment on-the-spot or referral to a primary health centre or the KEM Hospital. They also provide ongoing monitoring and medication for pregnant women or people with chronic conditions such as heart disease and diabetes.

IMPACT's support adds value to this scheme by providing additional equipment and training for ASHA workers in the hilltop 'tribal' communities of Pune. For example, through training on nutrition and the provision of health education materials to help when they are talking to their patients, glucometers, blood pressure machines, haemoglobinometers and First Aid kits.

In addition, ASHA workers are helped to promote IMPACT initiatives such as kitchen gardening to improve nutrition and stave off hunger, and safe water and sanitation.

IMPACT has supported one ASHA worker this year but we hope to assist more as specific funds become available. She lives and works in Kharoshi village, and cares for 1,055 people living in 229 households. 70% of the population here is classified as 'tribal' which makes them among the poorest – and most disenfranchised - of the poor in India.



INDIA 2020/21
'Barefoot doctors' have performed an important function during the pandemic by taking medical care, COVID-19 testing and health education to rural areas

Nepal

We support IMPACT Nepal to implement projects which aim to reduce and ameliorate needless disability, build local health infrastructure and human healthcare resources, and support people in the target areas to understand and take action to prevent needless disability for themselves and their families. Action takes place in Kathmandu, Rautahat district and, when not prevented by Covid-19 restrictions, locations around the country to hold mobile ENT and orthopaedic surgical 'camps'.

This year has seen significant disruption to projects but IMPACT Nepal has adapted to challenging circumstances, including national lockdowns, enforced closure of its rural Primary Ear Care Clinics, and border closures with India hindering supplies, and kept its programme going to benefit as many people as possible.



Manmaya (55) was fitted with a hearing aid at IMPACT Nepal's Ear Care Centre: *"Before I used to have difficulty in my daily activities. My neighbours used to tease me and I could not attend religious ceremonies. I could not hear the horn of vehicles and used to be scolded by drivers on the road. I could not hear family members in conversation and I used to wonder whether they are talking against me and so we used to quarrel. Now I can hear, my neighbours are friendlier and we do not quarrel in the family home. I have even started becoming involved in social activities."*

2020-21 Activities	Target	Achievement
Primary health care workers, ear assistants and rehabilitation technicians trained	4	0
Community field workers trained	1	1
Female community health volunteers trained	72	36
Health centres / health posts upgraded	4	4
Adults received screening and treatment services	9,879	6,618
Children aged 0-16 years received screening and treatment services	1,221	2,843
Ear surgical camps held in remote locations	5	2
Orthopaedic surgical camps held in remote locations	1	0
Adults benefited from hearing-restoring surgery through mobile camps or at hospital	1,071	249
Children aged 0-16 years benefited from hearing-restoring surgery through mobile camps or at hospital	179	57
Adults benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	20	0
Children aged 6-18 years benefited from mobility-restoring orthopaedic surgery through mobile camps or at hospital	5	0
Adults received rehabilitation support / physiotherapy	174	46
Children aged 0-16 years received rehabilitation support / physiotherapy	6	7
People benefited from the provision of assistive devices such as prosthetic limbs	200	53
People benefited from the provision of hearing aids	40	61
Women provided with ante and postnatal care	2,000	2,417
Women motivated to take up immunisation for themselves and their 0-5 year old children	1,000	3,050
Pregnant women / new mothers received iron supplements	2,000	2,326
Children aged 0-5 years received Vitamin A supplements to protect their vision	7,000	8,144
Women received de-worming tablets	1,000	744
Children aged 0-5 years received de-worming tablets	7,000	7,388
People reached through a health awareness radio programme	50,000	64,500
People reached through health awareness raising in the community	6,000	1,650
Home gardens established to feed families and reduce malnutrition	2,200	1,275

Additional achievements…IMPACT UK's support has also:

- Extended the nutrition pilot project in Auraiya district, through provision of **70** laying chickens and **40** mother goats to families with young children to improve diets and generate income; agricultural and animal husbandry training and tools for **75** families (benefiting **375** people); iron supplements for **1,000** pregnant or new mothers; vitamin A and de-worming tablets to **3,000** children under the age of five years; the formation of **five** new Mothers' Clubs with **125** members and continuing support for **10** existing Mothers' Clubs with almost **2,500** members; menstrual hygiene education for **2,000** women and older girls with distribution of **800** menstrual hygiene kits and training for **25** women in making reusable sanitary pads. **15** local Female Health Volunteers and staff at the Auraiya Birthing Centre have been fully trained and equipped with resources to carry out training in the future and stocked with reusable pads to distribute.
- Provided an additional **12** goats thanks to our supporters purchasing 'gift tokens'.
- Provided restricted funds to help meet additional needs created by the Covid-19 pandemic. This included supplying **39** health centres with **1,070** gowns, **1,703** respirators, **20,000** surgical masks, **132,300** pairs of surgical gloves, **854** googles, **2,752** shoe covers, **1,376** head covers, **122.5 litres** of hand sanitiser, **106** infrared thermometers, and **five** UV sterilising machines. The public were given **1,180** bars of soap and **290** families were provided with emergency food parcels due to the immediate risk of hunger. **300,000** people had their awareness raised about Covid-19 through health education.

NEPAL 2020/21

A menstrual health project has been teaching children in rural schools about periods and distributing sanitary kits so that they can stay in school with dignity the whole month through. Members of IMPACT Mothers' Clubs have been trained to make reusable pads, which is also an income-generating skill







Pakistan

Like IMPACT Sri Lanka's Clinic in Weerawila described below, the 16 'Mamta' (mother and baby) clinics IMPACT established in mountainous villages of the Kashmir region in Pakistan were borne out of disaster. The Kashmiri earthquake which struck the area in 2005 and killed more than 86,000 people highlighted the vulnerability of people in remote places to both natural emergencies and the privations caused by poverty.

IMPACT's strong desire was to rebuild hope after devastation for the local communities and to meet their ongoing need for primary and reproductive healthcare. The health of women and babies is often of low priority where resources are lacking and because pregnancy and childbirth are seen as 'natural', it is often not well-understood that monitoring and straightforward care can prevent death and disability.

Despite their name, the clinics also provide general primary healthcare to the wider community. Each clinic is run by a fully trained Female Health Volunteer, with regular visits (at least once a month) from a General Practitioner. Any conditions that cannot be managed at the clinics are referred to hospitals and health posts in the region for further treatment. They are a lifeline to people in this hard-to-reach region, especially during the pandemic.

2020-21 Activities	Target	Achievement
Women attending antenatal check-ups	3,200	3,026
Women and their babies attending postnatal check-ups	1,280	699
Babies delivered at a Mamta Clinic	860	510
Babies delivered at home assisted by a trained Female Health Volunteer	60	4
Pregnant women experiencing complications who were referred to a hospital to give birth	No target	15
Men, women and children who benefited from general primary healthcare at the clinics	8,000	9,793
Health education sessions run	22	0
People who attended health education sessions	500	0
Local health workers who underwent continuing professional training to keep their skills up-to-date	64	0

Additional achievements…IMPACT Pakistan set up an emergency kitchen to feed hungry people when Covid-19 lockdowns caused loss of income overnight for many people. This fed approximately 300 families in dire need. 200 face coverings were given to the public and 300 people benefited from Covid-19 related health education to reduce the risk of infection.



Sri Lanka

IMPACT UK helped IMPACT Sri Lanka to establish a community healthcare clinic in Weerawila following the 2004 Indian Ocean tsunami. This was believed to be the deadliest tsunami in history; killing almost 230,000 people and devastating towns and cities in many countries of the region.

The clinic is run by a local doctor and provides primary health care to people living in the surrounding villages. Covid-19 lockdowns have impacted the running of the clinic this year with some periods of closure but where possible, patients have still been medically served at their homes when they have been unable to attend the clinic. Despite the clinic being closed during April, May and November 2020, almost 2,500 people were served during the remaining months of the year. Health care has never been more crucial.

International travel restrictions have meant that cataract 'camps' run by IMPACT UK trustee and eye surgeon Mr Sal Rassam, have not been able to take place this year but these will resume as soon as it is safe.

2020-21 Activities	Achievement
People receiving primary healthcare:	
• Men	730
• Women	1,226
• Children aged 0-16 years	528
• TOTAL	2,484

Additional achievements...IMPACT UK's support has:

- Provided restricted funds for Covid-19 response work which helped to feed 200 vulnerable families through the distribution of food parcels.



Africa: Kenya

Our local partner in Kenya, IMPACT East Africa (IEA), works in Mwingi, Kitui County, and the surrounding rural areas to improve basic health and prevent and treat needless disability.

Much of this work centres on primary schools which are at the heart of the community, but the Kenyan Government closed all schools and sent children home for most of the period due to Covid-19 causing IEA's School Health programme to be put on hold. In addition, restrictions on physical movement around the target area and the Government asking all NGOs to limit their contact with patients, meant outreach ear and maternal health clinics were also unable to go ahead for large parts of the year, although action took place whenever possible.



"Thank you IMPACT East Africa for donating a borehole to our school. Before you donated it, we had to walk sometimes for 8 km to fetch for water. We will be using the borehole for drinking and for washing our hands".
Abiel (12) Kivula Primary School

So the focus this year has been on moving ahead with efforts to install water sources in schools grounds (this has not been impacted by schools being closed to students) which are now ahead of schedule, tree planting to provide shade and reduce soil erosion, meeting the need for medical equipment, vaccination against common childhood diseases and Human Papilloma Virus, and working to mitigate the risks of Covid-19 for the local community. Before travel restrictions were put in place, the latter reached 26 villages, which were places where other NGOs had not ventured due to poor roads.

IEA is confident that work can press ahead quickly once schools and society open up again.

2020-21 Activities	Target	Achievement
Children undergoing regular health checks and de-worming	11,200	0
Children received primary care and /or referral for specialist treatment to IMPACT's health team or a Government facility	2,520	0
Children received specialist treatment or surgery	280	0
Children received spectacles	20	0
Teachers and school health monitors trained in First Aid	704	0
People have sight or hearing restored at an IMPACT surgical camp	115	0
Women receive ante and postnatal care	300	0
Babies and children under 5 monitored for growth and development	400	49
Mothers immunised against common diseases	75	0
Children under 5 immunised against common diseases	125	21
Mothers' Clubs established	2	0
Large vegetable plots established	4	0
Children learn how to grow vegetables	400	0
Boreholes installed for safe water in schools	4	8
Rainwater harvesting systems installed for safe water in schools	5	5
Handwashing stations installed in primary schools	2	0
Trees planted in school grounds	225	300

Additional achievements... IMPACT UK's support has also:

- Provided ear screening and treatment equipment including headlights, nasal speculums, forceps, otoscopes, stethoscopes and ear syringes which will benefit approximately 3,000 people per year.
- Vaccinated **49** girls (aged 9-12 years) against Human Papilloma Virus which is the cause of most cervical cancers and some other cancers. In Kenya, HPV is the number one cause of cancer in women aged 15-44 and the lack of

cancer screening and treatment services means that vaccines save lives by protecting girls before they are exposed to this highly transmissible virus.

- Helped to stop Covid-19 infections through the provision of non-medical face coverings and health education to 5,577 people in the community, and setting up 26 hand washing stations in public areas with 40 litres of soap. 40 destitute families were given emergency food parcels to mitigate the immediate risk of hunger.



KENYA 2020/21
Kivula Primary is one of eight schools to have received an IMPACT borehole

Tanzania, Ethiopia & South Sudan

"Some measures introduced to restrict the virus [Covid-19] have had serious knock-on effects…Teenage pregnancies have shot up as have home deliveries and transport costs have increased. Maternal and neonatal deaths have increased and we expect more fistulas too." Dr Andrew Browning, fistula surgeon

Tanzania

IMPACT works with our trusted partner Maternity Africa, a local organisation in Arusha, dedicated to making motherhood safer for women and their babies through its specialist Kivulini hospital and outreach work. Maternity Africa not only supports women and babies to safe outcomes throughout pregnancy, childbirth and the post-partum period, but also trains local midwives to provide safe and compassionate support to the women in their care and surgical repair for women who have been severely damaged during childbirth. Many such women have lived with their injuries for years and also suffered social ostracism and abject poverty due to the unpleasant consequences (incontinence being a common issue).

This year, IMPACT's support in Tanzania has been focused on the provision of care packs for the most destitute mothers who constitute many of Maternity Africa's patients. On discharge, they face acute social and economic problems whilst nursing their babies but care packs can make a crucial difference to the health of them both.

Each pack contains items such as cornflour, sugar, rice, cooking oil and some clothes, or a blanket for the new baby. The packs take away some of their immediate worries and help the new mothers to concentrate on getting their strength back and meeting their babies' needs. Many are teenage mothers who are not being supported by their families and without the support they receive from the Kivulini team would have nothing.

Ethiopia

IMPACT's support for maternity healthcare now extends to Ethiopia and South Sudan through Dr Andrew Browning, who is also instrumental in Maternity Africa's programme at Kivulini, Tanzania.

This year, we have provided general funds to support the work of Vision Maternity Care Hospital in Bahirdar, which has already contributed to care for almost 3,500 women and babies, and to help provide supplementary feeding for 2,300 severely malnourished pregnant or lactating women in Mille, Afar. Conflict is creating huge numbers of internally displaced people in the region and this combined with locust infestations is causing widespread food shortages. People are dying of hunger. It is vital for pregnant and lactating mothers to have enough to eat in order to nourish their babies and stay well themselves.

10 obstetric fistula operations which were scheduled to take place at the end of the financial year 2019-20 but had to be postponed due to Covid-19 were done during a surgical camp in October, restoring to health women who were living in pain and discomfort.

South Sudan

In March 2021, Dr Browning finally had the opportunity to use the fistula sets provided in financial year 2019-20. During a short visit he carried out 37 operations on 35 women.

IMPACT UK has supported Maternity Africa with funds to provide:

2020-21 Activities	Achievement
Care packages provided to new mothers, Arusha, Tanzania	9
Care packages provided to women leaving hospital following birth injury surgery, Arusha, Tanzania	1
Birth injury operations for women in Afar, Ethiopia	10 women
Maternity care delivered at Vision Maternity Care Hospital, Bahirdar, Ethiopia: Deliveries Caesarean Section deliveries Antenatal clinic visits Neonatal referrals	 553 65 2,763 29
Supplementary feeding for malnourished pregnant and lactating women	2,300 women
Birth injury operations for women in Juba, South Sudan	35 women



Jane (21) grew up in Arusha and moved to Tanzania's capital, Dar es Salaam, to work as a housekeeper when she was still a young girl. There she married a man who neglected her, refused to speak to her, or provide her with any food or care. When she became pregnant, she scraped together enough money for the bus fare and returned to Arusha. Her family brought her to Maternity Africa's Kivulini Maternity Centre when she went into premature labour. She was weak and anaemic on arrival and had not undergone any antenatal check-ups. Her baby boy was born gravely ill, with his organs on the outside of his tiny body. Sadly he died a few minutes after birth. Jane also had medical problems that the team at Kivulini healed. Maternity Africa's onsite social worker helped Jane in her grief, and provided a care package to help with some of her basic needs on leaving Kivulini. For now, Jane is staying with her family as she recovers, physically and emotionally.

Zanzibar

IMPACT Zanzibar delivers a broad-range of health and medical care initiatives from its base - the ENT department at Mnazi Moja hospital in Stone Town – but which are actively taken into remote communities across the two main islands of Zanzibar in order to reach the most vulnerable and excluded people.

Activities have been hampered this year due to Covid-19 restrictions and additional requirements for social distancing / sanitising etc. meaning fewer people can be helped at each clinic. It has been impossible to carry out any of the programme work based around schools because they have been closed for the duration of the pandemic.

2020-21 Activities	Target	Achievement
Nurses trained in early years hearing screening	30	30
Doctors trained in early years hearing screening	9	9
Babies screened for signs of hearing impairment as part of a neonatal screening programme	4,400	3,171
Children aged under 12 screened and treated by the mobile ENT clinic	1,200	0
Children screened and treated at the ENT outpatients clinics of Mnazi Moja hospital	2,400	2,206
Primary schools reached by the mobile ENT clinic	16	0
Children screened and treated by the mobile ENT clinic	6,816	0
Children screened by school health monitors through the School Health Project	29,820	0
Children aged under 8 undergoing surgery to restore their hearing	70	134
Children aged under 12 receiving hearing aids and batteries	150	115
Parents and hearing impaired children attending sign language and speech therapy sessions	50	67

Additional achievements… IMPACT UK's support has also:

- **Purchased the building housing the ZOP Academy to ensure its long-term security, finished renovations and provided running costs, training for teachers and a workshop where students can learn practical skills to help them in later life**. This special school takes very young children with serious hearing impairments who are often unable to make sounds, and provides basic schooling with additional classes in speech, sign language, lip reading and more. Many of the children who attend would be kept at home, unable to communicate, and have no schooling without it. The school builds confidence, sociability and self-worth along with communication, literacy and numeracy for its profoundly hearing impaired students. The school premises also house a hearing test centre and ear mould laboratory to provide the children with hearing aids since the earlier they get one, the better their chances of developing communication skills and learning.
- Helped with the Covid-19 response by providing funds that enabled delivery of **452** PPE kits, **371** thermometers, **40** hospital beds, **71** soap dispensers, **2,200** litres of liquid soap/disinfectant and a washing machine to a total of **13** hospitals and health facilities. The funds were also used to distribute **11,000** face coverings to the public, set up **255** handwashing stations, feed **123** very hungry families, and raise awareness of Covid-19 with **800,000** people.

> *"The emphasis at the ZOP Academy has evolved from sign language to pronunciation and articulation ("MATAMSHI NA SAUTI" in Swahili). The aim of this new learning strategy is to better prepare children to communicate with the wider Zanzibar community and help them transition to mainstream schooling when they are older. Every interaction we have with a child is an opportunity, and learning through play is an important way to help the children to improve their skills in speaking. Four Social Workers have been recruited to help us enact our new vision and support the teaching staff"* - Dr Naufal Kassim (Director, IMPACT Zanzibar)



United Kingdom

The Tasty Team aims to help local residents cook healthy meals on a budget. A valuable part of our work is ensuring families have essential cooking skills and confidence in the kitchen, we also focus on reducing food waste through utilising leftovers and safe food storage. This year, we have worked hard to alleviate some of the challenges of the pandemic for local families suffering from food poverty and isolation. By collaborating with our local food bank we have been delivering Recipe Boxes to vulnerable, local families. These boxes include all the ingredients necessary to make three healthy meals for the family, plenty of fruit and vegetables are always included along with recipe cards. We have supplemented this with an array of online resources, including Zoom cooking classes to help families cook together.

"IMPACT is a significant stakeholder in the alleviation of food poverty in the area and we know what an amazing job you have been doing over the last year and for years before that!"
Lauren Lloyd (Chief Executive Officer, Mid Sussex Voluntary Action)

"I love how we all have a role to play during the cooking sessions and how we get the recipes sent to us as well. I learnt skills I will take with me when I move into my own place to be able to cook meals on my own and independently".
Young parent living in hostel accommodation

Going forward, we are focusing on developing our online resources including producing a growing bank of cooking videos on the 'IMPACT Tasty Team' YouTube channel to supplement our Zoom cooking sessions and online training resources for our volunteers. We hope to start face-to-face cooking sessions again soon. We are busy preparing for the opening of after-school cooking clubs as well as returning to schools with our Tasty Sessions. We are also collaborating with other local community organisations to deliver cooking sessions to those who have suffered most over the last year, including elderly people.

2020-21 Activities	Achievement
Recipe box deliveries	426
Number of people benefiting from recipe boxes	321
Total number of meals delivered	5,590

The Queen's Award for Voluntary Service



UK 2020/21
IMPACT's Tasty Team volunteers have delivered 5,590 meals to people in need of extra support during the pandemic

International

Advocacy

IMPACT works at the national and international level in partnership with many other governmental and civil society organisations, with the corporate sector and with community service organisations such as Rotary, Inner Wheel and Lions. We are members of Vision 2020/International Agency for the Prevention of Blindness, Sound Hearing 2030, Global Club Foot Initiative, Walk for Life and World Hearing Forum. We support, and are a member of, the Fundraising Regulator, and several staff are members of the Chartered Institute of Fundraising; both organisations are designed to promote ethical standards and good practice in fundraising.

Our philosophy is shared with our many partners around the world through the International Federation of IMPACT Organisations and in practice through our working culture. We encourage our local partners (which are autonomous organisations in their own countries) to work with other NGOs and to collaborate with relevant stakeholders to influence policy on a local and national scale. Individuals from IMPACT Foundations are often asked to speak at professional conferences and to share ideas and practices more widely within their networks.

However, it is at the grass-roots level that our advocacy work makes the most impact by sharing knowledge and skills with often very marginalised communities, so that people can make informed decisions about their own health and take steps to minimise their – and their family's - risk of needless disability. In turn, they become our best advocates by sharing learning with their neighbours and spreading the word about IMPACT so those who need us can make use of our services.

Accessibility

IMPACT is committed to equality and the creation of a barrier-free environment for all in accordance with British legislation (the Human Rights Act 1998, the Equality Act 2010) and international treaty obligations (the UN Convention on the Rights of Persons with Disabilities).

Accessibility for everyone is the keystone of IMPACT's international programme of action. We work hard to reduce the obstacles that people with disabilities face so that they can fulfil their potential through training and education and by providing assistive devices such as hearing aids, spectacles and prosthetic limbs to overcome physical barriers that may prevent education or employment. Our projects also directly seek to overcome other barriers to accessing health and medical care, for example, poverty, geographical remoteness and difficulty accessing information.

Recognising that there is no 'one size fits all' when it comes to accessibility and that people with different disabling conditions require different solutions, we make best efforts to accommodate everyone within the physical constraints of our small office, regardless of needs. IMPACT UK's website has been carefully designed to be accessible. Please see www.IMPACT.org.uk/accessibility for further details.

Disability is a human rights issue. The 17 'Sustainable Development Goals' (SDGs) were adopted in September 2015 to shape the post-Millennium Development Goals (MDGs 2000-2015) international development framework. People with disabilities are specifically referenced in five of the SDGs which is an important milestone, since disability was conspicuous by its absence in the MDGs.

Training and capacity building for community-led development

IMPACT believes strongly in the power of education and training as a driver of long-term beneficial change. We work with local people to develop skills and gain knowledge that enables them to deal with the specific challenges they, and their communities, face. For example, we fund training and equipment for female health workers to meet women's need for care during pregnancy, birth and in the post-natal period in areas where the nearest health post may be hard to access. This is keeping mothers and babies safe during a time of elevated risk.

We also work with our local partners to train health and nutrition volunteers, ear care workers, teachers to check their students' health, and specialists such as nurses, surgeons and audiologists to deliver the best possible medical treatment – 1,948 of them in total this year, despite the challenges posed by the Covid-19 pandemic. All are local people who make huge contributions to their communities as a result.

People with sound knowledge are better able to make informed decisions about their own health behaviours and 160,118 people have participated in health education sessions or tuned into IMPACT's health-based radio programmes this year. These focus on the steps everyone can take to protect themselves and their families and also give practical information about what health and medical services are available through their local IMPACT or IMPACT partner, or via Government programmes (e.g. vaccination or micronutrient supplement delivery).

IMPACT is firmly committed to community-led development and by ensuring knowledge and skills are widely shared, we are working with marginalised people to make sustainable improvement in their lives and in the lives of others.

Safeguarding

IMPACT UK takes the safeguarding of children and vulnerable adults extremely seriously. We are committed to ensuring safeguarding practice reflects statutory responsibilities, government guidance and complies with best practice and requirements of the Charity Commission. Our policies are regularly reviewed by IMPACT UK's senior management team and board of Trustees. Every member of IMPACT UK staff regularly undergoes a Disclosure and Barring Service (DBS) check and we have 'whistleblowing' structures in place, should these be needed by staff or volunteers.

Here in the UK, our Tasty Team project works in primary schools and with vulnerable adults and children in our local community. Each of our volunteers is carefully vetted, undergoes a Disclosure and Barring Service check, receives full training and careful monitoring, and signs up to a raft of relevant policies including Child Protection; Code of Behaviour for Working with Children and Vulnerable Adults; Lone Worker; and Safeguarding Adults. They are regularly reminded of their responsibilities under these policies.

Our partners overseas are all autonomous organisations but we share safeguarding policies and best practice with them and strongly encourage them to ensure they have policies and practices in place to comply with safeguarding rules in their own country.



2020/21

Mothers' Clubs feature across IMPACT's programme and are a powerful force for change

Looking to the Future

There is so much to do in the fight against needless disability around the world. IMPACT has ambitious plans for the future and continues to raise vital voluntary contributions from the public, charitable trusts, community services organisations and businesses.

As resources become available we hope to:



The IMPACT Nursing Institute in Bangladesh

- Begin construction of a new building which will eventually become a standalone IMPACT Nursing Institute and replace the current facility located within IMPACT Bangladesh's hospital in Meherpur. This would enable more nurses to be trained each year and better help to meet the acute shortage in Bangladesh
- Provide even more specialist surgery including burns operations in Cambodia and hydrocephalus operations for children in Bangladesh
- Install additional SIDKO water filtration plants for safe, accessible water, and renovate toilet blocks in more schools in Bangladesh, to improve sanitation and menstrual hygiene and dignity to keep girls in school all month
- Develop the skills of more local healthcare professionals by supporting training, which is a long-term solution to ensure delivery of quality health services
- Provide further support for IMPACT India's award-winning Lifeline Express hospital train through a very special matched funding appeal to mark its 30th anniversary
- Provide running costs and staff training for the ZOP Academy in Zanzibar, which provides specialist education and opportunities to hearing impaired children who might otherwise never go to school
- Work with The Lake Clinic (TLC) to deliver on-going mental healthcare services for vulnerable people living in the floating villages of the Tonlé Sap Lake, with a particular focus on tackling domestic abuse and violence
- Increase access to safe water sources and sanitation for rural communities in Kenya through infrastructure building and health education
- Respond to the extra needs of our partners to meet the challenges of operating safely in the face of Covid-19 and help to ensure that vulnerable people do not go hungry due to loss of income as a result of the pandemic
- Expand the reach of the Tasty Team project in the UK through online resources (e.g. cooking videos on a dedicated YouTube channel); restart face-to-face cooking sessions when it is safe to do so; launch after-school cooking clubs and work with more of the people who have really struggled during the pandemic, for example elderly people, to improve their food security and nutrition
- Respond to emergencies in our project areas should they arise

To achieve the above, we will:

- Work hard to secure unrestricted funds, which will enable us to expand our programme and rapidly meet need wherever it is identified
- Continue to identify projects which meet donors' needs and work with both donors and partners to ensure satisfactory delivery of them
- Continue to improve the way we collect and analyse data for routine monitoring and reporting as well as identify ways to demonstrate our impact and lessons learnt
- Support the exchange of information, experiences and good practice, between partners
- Share new ideas and encourage innovation in programmes where possible

And much more as opportunities arise.

Financial review and policies

- **We generated incoming resources of £1,688,896** (down 1.4% on last year)
- **Legacies: £161,340** (up 119% on last year)
- **Gift Aided donations: £252,126** (down 2.6% on last year)
- **Gifts in Kind: £90,554** (down 16.2% on last year)
- **We expended £1,741,098** (down 0.6% on last year)

Fundraising

We start each year with the goal of generating at least £1.5 million of incoming resources to drive our programme of international action to prevent and treat needless disability for some of the most vulnerable people in our world. This amount enables us to meet the commitments we have made to international project partners for ongoing work, and more besides for new initiatives or partners, pilot projects and the emergency situations that sometimes arise and to which we can respond rapidly. It also makes our 'Tasty Team' project possible, here at home in the UK.



IMPACT's BBC Radio 4 appeal in February 2021 was in aid of the *Jibon Tari* floating hospital and presented by the TV cook and former 'Great British Bake Off' winner Nadiya Hussain: *"My family are from Bangladesh, where medical care is hard to reach for the poorest people, and treatable health issues can turn into long-term disability, trapping people in poverty. A floating hospital is the perfect way to reach remote rural communities."*

The start of the new financial year coincided with the very early days of the Covid-19 pandemic amid the first, and most stringent, national lockdown as the staff team rapidly adapted to working from home and the economy looked to be in a perilous position. This created enormous uncertainty about our ability to both raise funds and deliver programme activities but due to the unwavering generosity of our supporters, income is only marginally lower than the previous year (down 1.4%). Total income is 12.6% above our target. Many of these funds have come about as the result of specific appeals to help mitigate the effects of the pandemic by protecting health workers and supporting community people at risk of infection or hunger caused by lack of money to purchase food. However, we were also surprised and delighted to raise almost £145,000 from our Radio 4 appeal on 27th February 2021; £122,594 of which was received before year end of 31st March 2021. This will be invested in the future of the *Jibon Tari* floating hospital in Bangladesh.

How we raise funds

Without fundraising, the work described in this annual report would have been impossible. As a charity, IMPACT has a legal duty to raise funds effectively in order to deliver public benefit. We have a nimble and highly efficient fundraising operation and results belie its small size. This year we have generated £21.73 of income for every £1 expended on fundraising (FY19/20 £18.68:£1).

We have never paid a third-party organisation to raise funds or send appeals on our behalf and we never share supporters' information with other charities or purchase mailing lists. We believe that our fundraising is so successful because we keep it all 'in house' and only contact people who have already shown an interest in or commitment to our work. Perhaps most importantly, we work hard to develop personal relationships with the people who contribute to our work and make it easy for them to contact any member of the team, including the Chief Executive and Trustees. We understand that our supporters are essential partners who drive forward our work as much as the people on the ground delivering healthcare in remote villages of Africa and Asia.

We only pay for services where we cannot do it ourselves (for example graphic design and print) or where using a trusted supplier is more cost-effective.

Our fundraising almost exclusively takes the form of applications to charitable trusts, foundations and community service organisations, and appeals to individuals by letter or email, in strict adherence to rules governing data protection. Recipients are given ample opportunity to 'unsubscribe' so that we do not write to them again. However, we occasionally undertake events (when not under restrictions) and support members of the public in their efforts to raise funds for us.

Legacies are an essential source of funds (£161,340 this year) and whilst we receive some legacies from people we have not had a prior relationship with, most come from people who have supported our work during their lifetime. We are humbled that so many supporters choose to remember us in their wills and strive to ensure that their legacy makes a real difference for the next generation.

We take every opportunity to reach new audiences without buying lists of charity supporters, and to convert respondents into long-term supporters. For example, as mentioned above, we successfully applied to the BBC for one of their coveted appeal slots. Our BBC Radio 4 appeal was presented by the TV cook and former Great British Bake Off winner Nadiya Hussain on 28th February, 2021. We are delighted to report that, at the time of writing, it was the most successful BBC radio appeal in an illustrious history stretching back to the 1920s!

Adhering to good fundraising practice

IMPACT is fully signed up to and regulated by the Fundraising Regulator, an independent non-governmental organisation which exists to maintain standards and public confidence in fundraising within England, Wales and Northern Ireland. It provides guidance and a Code of Conduct for charities and acts as an investigator and arbiter where complaints about fundraising cannot be resolved between the charity and complainant directly.

Members of IMPACT's fundraising team are individual members of the Chartered Institute of Fundraising and have completed the CIoF's professional qualification. They are bound to adhere to its codes of conduct and practice.

As required by regulators, we maintain a log to record any complaints about our fundraising activity and we also receive a weekly summary of any complaints made against us to the Fundraising Regulator directly. There have been no complaints again this year and we attribute this to our very considered approach; sending careful appeals in a targeted manner to ensure that we only contact people we believe are genuinely interested in our work. We ensure that supporters' contact preferences are recorded and respected so if a person requests no further contact, they will not hear from us again. Our policy is never to bombard supporters with appeals, and this has served to engender a large core of long-standing supporters.

When a supporter engages with a charity, it usually involves the provision of personal data. This is an act of trust and IMPACT takes its protection very seriously. We regularly review data protection legislation and adhere to the relevant rules (General Data Protection Regulation (GDPR) etc.) All personal data is recorded on an industry-leading database (Blackbaud's Raiser's Edge) and stored by Blackbaud on its secure servers. Hard copy data is kept in locked filing cabinets within our locked office and when no longer needed, is securely destroyed by shredding.

We already have a Data Protection policy and are in the process of adopting a Fundraising policy to set out and formalise the good practice we use every day.

Supporting others to raise funds for our work

We are immensely grateful to the individuals and organisations who raise money on behalf of IMPACT. Without them our fundraising efforts would be far less effective. For example, the IMPACT 'Luncheon Club' which is run entirely by volunteers and has been raising vital funds for more than two decades. This year the Luncheon Club has contributed £5,555 (FY19/20 £24,840) despite national restrictions on social events meaning it could not operate as in other years and we are immensely grateful.

Thank you also to the many community service organisations that support IMPACT. Rotary Clubs in Great Britain and Ireland have been fundraising for us since we were established in 1985, and Rotary gifts have totalled

£22,100 this year (FY19/20 £7,824). Like the Luncheon Club, their efforts have been made immeasurably more difficult by Covid-19 restrictions.

We are grateful to people who have undertaken events – such as Sushma Puri's ascent of Mount Snowden in aid of IMPACT India's work – or used their skills to support us – such as Issi Hyams of Mont Blanc Yoga who has been running online yoga classes with proceeds to many parts of our programme. Our supporters have adapted to the 'new normal' to ensure that IMPACT still receives essential funds.

We work with people fundraising on our behalf to ensure they are also adhering to good practice in fundraising, data protection, and safeguarding vulnerable people in the same way our small team in Haywards Heath does.

Protecting vulnerable people

IMPACT has safeguarding policies to ensure vulnerable people are protected within our project activity, for example, the Tasty Team's in the UK works with children and vulnerable adults and all volunteers are issued with a copy of the policy and stringent checks are made before they have any contact with beneficiaries. Working practices are also designed with safeguarding in mind.

However, vulnerable people must also be protected as part of good fundraising practice. Our high standards and good practice in fundraising generally also protects vulnerable people. For example, we never exert pressure on people to donate and our contact is only with people who have come to us, rather than been contacted 'cold'. We respect requests not to be contacted whether they come from the individual or someone acting on their behalf, and because all gifts are processed by our team, we know many donors personally and are alert to gifts which might appear unusual. Any suspicions must be reported to the management team for further investigation. Our complaints procedure and membership of regulatory bodies provide a fall-back for vulnerable people, or those acting for them, in respect of IMPACT's fundraising.

Income and investments

We know that our supporters entrust their gifts to us because the maximum possible will be invested in our charitable activities in Africa, Asia and the UK – 92.4% for every £1 expended this year was used for this purpose. The remaining expenditure was split between our effective fundraising which powers the projects (4.4%) and essential Governance costs (3.2%) which ensure the Foundation is well run and meets legal obligations.

In an on-going low interest rate environment, making returns on investment while maintaining a low risk strategy remains challenging. Income from investments was £10,265 this year and was down 60% on the previous year (FY19/20 £25,655). Our investment policy is regularly reviewed by our Investment Committee and is described in the next section.

Balances on restricted and designated funds (notes 20 and 21 in the accounts) show that significant commitments are made towards future programme expenditure. We pledge funding for up to three years so that implementing partners can plan their work and in turn avoid letting down the people who rely on the healthcare they deliver. Longer-term projects also allow greater depth in service delivery. This strategy will be more important than ever in the coming months as our local partners recover from the pandemic which forced a rapid change in their work and prevented some of the activities which they rely on to generate income for their programme, causing gaps in their finances.

We continue to actively fundraise and explore new sources of income in order to meet any shortfall on specific projects and if restricted funds are subsequently raised and received, designated funds are released to be used elsewhere. Balances are held by the Foundation on interest-bearing deposit until and whilst the project is implemented.

Rigorous financial controls are in place and our cash position remains healthy.

The Foundation expended £1,741,098 this year; down 0.6% on the previous year (FY19/20 £1,752,354). 92.4% of expenditure was on direct charitable activities. The table below shows expenditure by country within our international programme with a comparison to last year.

In addition to keeping our ongoing commitments to overseas partners going, it has been necessary to respond quickly to the challenges of the Covid-19 crisis to keep frontline health workers in our projects and project areas safe, and to provide urgent relief to community people at risk of infection and hunger. Thanks to the unstinting support of our donors, we have been able to provide substantial funds for this purpose, amounting to almost £250,000 expended during the period from both restricted and unrestricted funds. Sadly, the pandemic looks set to be an ongoing feature of IMPACT's work for the foreseeable future.

'Gifts in kind' of goods and services are invaluable and help us stretch every penny as far as possible. We thank Rayner Intraocular Lenses Limited for its enduring support through regular donations of IOLs which are sent to our local partners for use in sight-restoring cataract surgery. During FY 2020-21, the value of donated IOLs was a magnificent £86,400.

We also received generous gifts in kind of food and other supplies to support the UK Tasty Team healthy meal box scheme with a value of £4,154. Thank you to Booker Wholesale, Tesco Burgess Hill, Plawhatch Farm Shop and its customers, Michelle Frost and the friends and family who contributed so generously.

Thank you also to Jenny Stone CIPD, who provides Human Resources advice at no charge, and to the many volunteers, coordinated by Lucinda Meagher, who gave up so much of their time to work with the Tasty Team to deliver the healthy meal boxes to people in need of improved food security in the area surrounding IMPACT UK's office in Haywards Heath, West Sussex.

Country	Amount expended on charitable activities (£)	Proportion of the Foundation's total expenditure 2020-21	Proportion of the Foundation's total expenditure 2019-20
Bangladesh	458,698	26.2%	21.4%
Cambodia	194,481	11%	11.2%
India	234,074	13.4%	6.4%
Kenya (East Africa)	118,624	6.8%	14.2%
Nepal	102,280	5.8%	4.4%
Africa (Ethiopia, South Sudan and Tanzania)	35,120	2%	1.2%
Zanzibar	169,379	9.7%	7.3%
The UK (nutrition project)	24,239	1.4%	0.8%
International	108,819	6.2%	11.4%

In addition to the essential funds raised by IMPACT UK for our local partners to run their disability-prevention programmes, each successfully raises funds from within their own countries or internationally from supporters in many countries including the USA and Australia.

Since every partner is fully independent of IMPACT Foundation UK, these funds are not included here, but on top of charitable gifts, income is generated in resourceful ways including rental from unused office space or spare operating theatre capacity, selling produce from farms, and cost-recovery from the delivery of medical care or pharmacy services to patients who can afford to pay. These streams of local income have been hit hard by Covid-19, however, and we will need to work closely with every partner to find ways to plug gaps in budgets going forward so that projects do not suffer. It is a key principle that our services will always be free to the very poorest people.

Thanks to a Sussex-based charitable trust gifting us our premises in the early 1990s, we have no mortgage or office rental costs, and this enables us to keep our running costs very low.

It will be seen from the Balance Sheet that all our investments are represented by cash and short-term deposits. The balance on unrestricted, non-designated reserves is £182,576.

Structure, governance & management

Organisational structure

The IMPACT Foundation is a registered charity (number 290992, July 1985) and a public benefit company without share capital limited by guarantee (number 1878297). The Foundation is organised under the direction of its governing body, which is the Council of 17 Trustees who, for the purposes of company law, are also Directors of the Company. They are responsible for determining the policies and strategic direction of the IMPACT Foundation but, as there is no share capital, the Trustees have no interest in the IMPACT Foundation as defined by the Companies Act 2006.

The IMPACT Foundation operates in accordance with its constitutional mandate, the Articles of Association, and subject to relevant legislation. We are aware of the Directors' duties under the Companies Act 2006.

Trustees and their responsibilities

The Trustees hold meetings at least three times a year to review detailed financial and progress reports and discuss new project proposals. The Trustees delegate the IMPACT Foundation's day-to-day operations to the Chief Executive and the senior management team. Other meetings by sub-committees and task forces appointed for specific purposes take place on a regular basis. For example, a Staff Committee is delegated to consider human resource issues, policies and remuneration. Recognising the need to keep up with the raft of new regulations and employment legislation, the Trustees retain the services of a volunteer Human Resources Consultant. All staff are invited to attend Trustees' meetings. This year, meetings have been held by 'Zoom' video-conference due to the Covid-19 panic.

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). They prepare accounts for each financial year which give a true and fair view of the state of affairs of the charitable company; of the incoming resources; and of the application of resources, including the income and expenditure of the charitable company, for that period.

In preparing those accounts the Trustees are required to:

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis, unless it is inappropriate to presume that the charitable company will continue in business

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

In so far as the Trustees are aware: there is no relevant audit information of which the charitable company's auditors are unaware; and the Trustees have taken all appropriate steps to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

The Board of Trustees' other responsibilities include:

- Setting policy and overseeing strategic direction
- Complying with relevant laws and regulations
- Ensuring that charitable objects are met
- Promoting the IMPACT Foundation's reputation, values and integrity
- Taking appropriate care and advice when investing money
- Making sure charitable funds and assets are used to further IMPACT Foundation's charitable aims and fulfil its public benefit duty

Trustees are asked each year at the beginning of a meeting to declare any conflicts of interest. A policy is in place to manage any conflicts which might arise.

Trustees serving during this period are listed on page 2. Trustees have no financial interest in the IMPACT Foundation and receive no remuneration for their services. Our Governance costs this year were £13,969 (FY19/20: £15,767). This saving can be attributed to hosting virtual Trustee meetings, rather than hiring venues and refreshments.

Recruitment and appointment of Trustees

The appointment of Trustees is conducted in line with the IMPACT Foundation's Articles of Association. Trustees collectively have the power to appoint any person to be a Trustee but the Board of Trustees must consist of not less than 12 and not more than 20 people. The skills mix and diversity of the Board of Trustees is also considered. As set out in the Articles of Association, a Trustee serves for a maximum term of three years and is then eligible for re-election.

Policies apply for the recruitment, selection, induction and training of Trustees and members of staff, all of whom have agreed job descriptions.

We recognise the importance of providing new Trustees with sufficient information to equip them to become effective members of Council. All new Trustees receive a comprehensive induction pack of background material. They are invited to spend time with the staff team and visit project activities. Fellow Trustees are invited by the Chairman to act as mentors to new Trustees.

During the course of this financial year, a group of Trustees (collectively the 'Sub Committee, Board Management and Future') were tasked with undertaking a thorough review of board composition and succession planning. Trustees were all asked to make a written submission highlighting what they thought the Sub Committee's remit should include. This exercise identified eight main issues for consideration. Due to Covid-19 restrictions on meeting, it was agreed to look at three issues (timing of the process, the re-election of existing trustees and reinvigorating the Advisory Council) until such a time as Council could meet face-to-face. This process is ongoing.

Strategic review

A meeting was held on 20th June 2018 to review the previous five-year strategy and plan for 2018-2023.

The new strategy confirmed IMPACT's six priority areas and set out funding goals including maintaining at least 90% of expenditure on direct charitable activities; greater emphasis on funding new projects; and helping partners to contribute a greater proportion of funds themselves. In addition, some wider goals were agreed including seeking new partners to work with and new countries in which to work; pursuing the possibility of digital initiatives to deliver our work; and greater emphasis on malnutrition, obesity and diabetes within our work.

Progress towards meeting the objectives of the strategy is reviewed regularly by the Senior Management Team and discussed at Council level at least once per year.

It is anticipated that the effects of the global Covid-19 coronavirus pandemic may affect delivery of the strategy significantly.

Employees

During FY20/21, IMPACT Foundation had a small team of just seven people (three full-time and four part-time) who, under the direction of the Chief Executive, assisted by the Deputy Chief Executive and Funding and Development Director, are responsible for the day-to-day management of the charity. Having clearly defined roles enables the organisation to be run efficiently and to fulfil our core function of raising funds, supporting our local partners to deliver action to prevent and treat needless disability, and implementing a healthy nutrition project in Sussex. Every staff member has access to a copy of our comprehensive Employee Handbook and policies, which are reviewed and updated regularly and there is an 'open door' policy for all team members with the Chief Executive, Deputy Chief Executive and Funding and Development Director to discuss everything from ideas for the running of the Foundation to personal development. National lockdown was imposed in late March 2020 so staff members have been working remotely in their homes due to the Covid-19 pandemic for most of this financial year. Regular virtual team meetings have been enormously beneficial and investment was made to ensure the security of all technology being used remotely. Productivity has been undiminished.

Volunteers

Volunteers, like Gifts in Kind, add enormous value to IMPACT's work and stretch limited financial resources as far as possible. Together, so much is achieved in our collective fight against needless disability.

In more normal times, medical volunteers from around the world including surgeons, anaesthetists and nurses, visit IMPACT programmes to use their skills, but Covid-19 restrictions on international travel have made this almost impossible. For example, the ENT team from IMPACT Nepal would usually travel to IMPACT Cambodia to conduct surgery to restore hearing at least once per year. Wherever possible, our programmes are carried out by people resident in that country, but where specific skills gaps are identified by our local partners, we help to facilitate these short sabbaticals during which medical care is delivered and training for local medical teams is carried out to reduce the need for visits in the future. We hope that this will resume again as soon as it is safe to do so because it is immensely valuable for both patients and medical professionals, and contributes to local sustainability over time.

The Tasty Team in the UK could not operate effectively or reach so many people without the team of 10 volunteers who give their time so freely to implement it. Once again, Covid-19 caused changes to the usual work volunteers carry out (for example, teaching basic cooking skills and sharing information about nutrition with children and vulnerable adults) and they were quickly re-deployed to making healthy meal boxes and delivering them to people in their homes in Mid Sussex. They were joined by a further 30 volunteers in this endeavour which helped to ensure that vulnerable people had reliable access to healthy produce, despite lockdowns.

We are also hugely grateful to the people who run our successful fundraising Luncheon Club, help out in our office (when possible) and raise funds or awareness about our work.

In addition, approximately 950 local volunteers work within our projects around the world; invaluable contributors to the health and wellbeing of their communities.

Relationships with partners

Our 14 partner organisations in Africa, Asia and Europe (IMPACTs Norway and Switzerland which are both income generating organisations) all share the same aim – a world free from disability. These partners are autonomous, registered not-for-profit organisations in their own country whose accounts are fully audited. Most of them are IMPACT Foundations although we do work closely with other organisations where we share aims and a long-standing relationship, and where is it more efficacious to partner with them than to set up an IMPACT Foundation which would duplicate effort.

The 'IMPACT family' usually meets every two years to exchange good practice and reaffirm our mission. Our most recent International Federation of IMPACT Organisations conference took place in India in October 2019.

The main role of IMPACT UK is to raise funds, and provide the financial support and other assistance needed to enable our partners in Africa and Asia to implement projects for the treatment and alleviation of needlessly

disabling conditions. We also run a nutrition programme in Sussex which is based on lessons learned in our partners' projects in other countries; and foster collaboration between IMPACT Foundations around the world.

Data protection

We are aware of our responsibilities under the Data Protection Act 1998 and the General Data Protection Regulation (GDPR) which came into force on 25th May 2018. It has never been our policy to sell or exchange names and addresses with other organisations, or to disclose such data to a third party. We use an industry-respected database to store data safely. Confidentiality agreements and normal security procedures are in place. We keep Data Protection under regular review.

Risk assessment

The Charity Commission requires the Trustees to identify and review the risks faced by the IMPACT Foundation and this has been in place since 2001. Because IMPACT works mainly in developing countries where working conditions are often challenging, the review identifies and analyses strategic, operational, regulatory, human resources, reputation, political and environmental risks by prioritising and setting out how to mitigate them.

The risk assessment is reviewed each year by representatives of the Trustees and the Management team. Council is satisfied that the appropriate systems are in place to monitor these risks and to mitigate any impact they may have on the charity. Specific risks are considered throughout the year by relevant stakeholders, for example, the Investment Committee, Staffing Sub-Committee, Honorary Officers of the Foundation or Senior Management Team.



2020/21
IMPACT's staff and trustees conducted virtual meetings throughout the pandemic

INDEPENDENT AUDITORS' REPORT TO THE MEMBERS AND TRUSTEES OF IMPACT FOUNDATION

OPINION

We have audited the financial statements of Impact Foundation Limited for the year ended 31st March 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102, the Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

• give a true and fair view of the state of the charitable company's affairs as at 31st March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;

• have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice, and

• have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

OTHER INFORMATION

The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINION ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

• the information given in the trustees' annual report (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and

• the directors' report has been prepared in accordance with applicable legal requirements

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

• adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or

• the financial statements are not in agreement with the accounting records and returns; or

• certain disclosures of trustees' remuneration specified by law are not made, or

• we have not received all the information and explanations we require for our audit.

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the trustees' responsibilities statement (set out on page 38, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

• Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial

statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: http://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



STEPHEN POTTER FCA (Senior Statutory Auditor)

For and on behalf of
CARTER NICHOLLS LIMITED
Chartered Accountants
Victoria House
Stanbridge Park
Staplefield Lane
Staplefield
West Sussex
RH17 6AS

Dated: 15 July 2021

IMPACT FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
(including income and expenditure account)
FOR THE YEAR ENDED 31ST MARCH 2021

	Note	Unrestricted Funds £	Restricted Funds £	Expendable Endowment Funds £	**Total Funds 2021 £**	*Total Funds 2020 £*
INCOME AND ENDOWMENTS FROM :						
Donations and Legacies	6	258,854	1,392,122	-	**1,650,976**	**1,654,537**
Income from Charitable Activities	7	5,555	22,100	-	**27,655**	**32,664**
Income from Investments	5	3,794	2,796	3,675	**10,265**	**25,655**
Total Income and Endowments		**268,203**	**1,417,018**	**3,675**	**1,688,896**	**1,712,856**
EXPENDITURE ON :						
Expenditure on Raising Funds	8	77,232	-	-	**77,232**	**90,311**
Expenditure on Charitable Activities	9	262,569	1,385,161	16,136	**1,663,866**	**1,662,043**
Total Expenditure		**339,801**	**1,385,161**	**16,136**	**1,741,098**	**1,752,354**
Net gains / (losses) on investments	12		-	63,829	**63,829**	-
Net Income / (Expenditure)		(71,598)	31,857	51,368	**11,627**	**(39,498)**
NET MOVEMENT IN FUNDS		(71,598)	31,857	51,368	**11,627**	**(39,498)**
RECONCILIATION OF FUNDS						
Total Funds brought Forward		737,010	497,513	935,431	**2,169,954**	**2,209,452**
Total Funds Carried Forward		£ 665,412	£ 529,370	£ 986,799	**£ 2,181,581**	**£ 2,169,954**

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 48 to 56 form part of these accounts.

IMPACT FOUNDATION

BALANCE SHEET AS AT 31ST MARCH 2021

	Note	2021	*2020*
		£	*£*
FIXED ASSETS			
Tangible assets	11	115,167	120,067
Property Investment	12	-	256,000
		115,167	376,067
CURRENT ASSETS			
Debtors	13	22,696	14,534
Short term deposits		1,854,677	1,456,648
Cash at bank and in hand		198,977	333,273
		2,076,350	1,804,455
CREDITORS : amounts falling due within one year	14	9,936	10,568
NET CURRENT ASSETS		2,066,414	1,793,887
TOTAL ASSETS LESS CURRENT LIABILITIES		2,181,581	2,169,954
NET ASSETS		£ 2,181,581	£ 2,169,954
FUNDS	2		
Expendable Endowment	19	986,798	935,431
Restricted	20	529,370	497,512
		1,516,168	1,432,943
Unrestricted			
Designated	21	367,670	435,505
Fixed Assets replacement	19	115,167	120,066
Other	19	182,576	181,440
		665,413	737,011
Total Funds		2,181,581	2,169,954

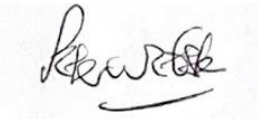
The notes on pages 48 to 56 form part of these accounts

The above accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

Signed on behalf of the board of Directors/Trustees

Director/Trustee: **Director/Trustee:**





Robin d'O. Hope (Honorary Treasurer) **Peter Webster, Ma, FCA (Trustee)**

Approved and authorised by the Board: 15th July 2021

IMPACT FOUNDATION
STATEMENT OF CASH FLOWS FOR YEAR ENDING 31ST MARCH 2021

	Note	2021	*2020*
		£	*£*
Net cash used in operating activities	22	**253,468**	**(64,666)**
Cash Flows from investing activities	5	**10,265**	**25,655**
Increase / (decrease) in cash and cash equivalents in the year		**263,733**	**(39,011)**
Cash and cash equivalents at the beginning of the year		**1,789,921**	**1,828,932**
Total cash and cash equivalents at the end of the year		**2,053,654**	**1,789,921**

1 ACCOUNTING POLICIES

Accounting Convention

The financial statements have been prepared in accordance with Accounting & Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK (FRS 102) (effective 1 January 2015) - (charities SORP (FRS 102) and the Companies Act 2006.

Reconciliation with previous Generally Accepted Accounting Practice

In preparing the accounts the trustees have considered whether in applying the accounting policies required by FRS102 and the Charities SORP FRS102 the restatement of comparative items was required. At the date of transition no items were identified that required restatement.

Capital Expenditure

Items of an enduring nature are treated as fixed assets. Other items are written off in the year of purchase.

Depreciation

Depreciation is provided on tangible assets, at a rate calculated to write off the cost less estimated residual value, of each asset over its useful life as follows:

Buildings	Over 50 Years
Computers and Equipment	Over 4 Years

Investments

Investments are included in the accounts at market value at the year end.

Income

Income is accounted for on a receivable basis taking account of entitlement, probability and measurement as defined within current accounting regulations.

Gifts in Kind

Gifts in kind of assets held as stock for distribution by the charity are recognised as incoming resources within "voluntary Income" only when distributed with an equivalent amount being included as resources expended under the appropriate category of the Statement of Financial Activities to reflect its distribution. The assets are valued at the open market cost for equivalent items.

Expenditure

Liabilities are recognised as soon as they become known. Expenditure on Charitable Activities includes the proportion of salaries, secretarial costs and other relevant expenses which relate to the planning, development and administration of these activities. Staff costs are allocated proportionally on a time spent basis. Other indirect costs are apportioned as the trustees deem appropriate from time to time.

Pension Costs

By agreement with the Trustees, the Foundation makes defined contributions to personal pension arrangements chosen by the relevant staff, and administers an auto enrolment pension. The costs of such contributions are charged to expenditure as they fall due.

Public Benefit Company

Impact Foundation is a public benefit company.

2 FUNDS

These accounts include four categories of fund within the general headings of restricted and unrestricted.

Restricted Funds may be used for specific purposes and may not be used by the charity for any other purposes, without the prior consent of the donor.

Expendable endowment is a fund where the donor wishes income to be used for limited charitable purposes. The Trustees have power to convert the fund to income. This is also a restricted fund.

Unrestricted funds are expendable at the discretion of the Trustees who have designated funds which are earmarked for particular projects. Such designation is not a binding restriction - the Council can re-designate such money if they consider it appropriate.

Fixed Assets fund is an amount equal to the net value of functional fixed assets. This is treated as an unrestricted fund.

3 RESERVES

Unrestricted reserves are needed:

a) to provide funds which can be designated to specific projects to enable these projects to be undertaken at short notice, and

b) to cover administration, fund-raising and support costs without which the charity could not function.

The Trustees consider it prudent that other funds within unrestricted reserves excluding designated and fixed asset replacement should be sufficient to cover six months administration, fund-raising, governance and support costs.

Other unrestricted reserves as defined above currently equate to the minimum considered prudent.

The level of reserves is monitored and reviewed by the Trustees three times a year.

4 CAPITAL COMMITMENTS AND FINANCIAL LEASES

There were no capital commitments at the year end. There were no material commitments in respect of financial leases.

5 INVESTMENT POLICY

The Foundation's policy is to invest with careful consideration of the following:

a)	SECURITY	The need to avoid incurring losses and to take into account what level of risk is acceptable.
b)	REALISABILITY	The need for easy and speedy realisation without incurring material loss.
c)	PERIOD OF INVESTMENT	The minimum period for which the investment can be made before proceeds are required.
d)	ETHICAL	Need to avoid unethical investment.

e) INCOME FROM INVESTMENTS

	2021	*2020*
	£	*£*
Bank and deposit interest	11,975	18,492
Property net income	(1,710)	7,163
	10,265	25,655

6 DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Expendable Endowment	Total Funds	Prior Year Total Funds
Gift Aided Donations	72,371	179,755	-	252,126	258,989
Legacies	109,340	52,000	-	161,340	73,667
Other Donations	77,143	1,069,813	-	1,146,956	1,213,881
Sub-total	258,854	1,301,568	-	1,560,422	1,546,537
Gifts in Kind	-	90,554	-	90,554	108,000
	258,854	1,392,122	-	1,650,976	1,654,537

Gifts in kind of £90,554 represents the open market value of intraocular lenses and associated equipment received from Rayner Intraocular Lenses Limited which have been sent to Cambodia in accordance with the donor's wishes for use by IMPACT Foundation in that country, and donations of food and other goods for the UK Tasty Team's healthy meal boxes.

7 INCOME FROM CHARITABLE ACTIVITIES

	2021	*2020*
	£	*£*
Supporters Lunch Club	5,555	24,840
Rotary	22,100	7,824
	27,655	32,664

8 EXPENDITURE ON RAISING FUNDS

	£	£
Supporters Luncheon Club	-	11,248
Staff Costs	65,643	67,436
Other Costs	11,589	11,627
	77,232	90,311

9 EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Expendable Endowment	2021 £	*2020 £*
Bangladesh	65,210	393,488	-	**458,698**	**375,660**
Cambodia	15,506	178,975	-	**194,481**	**196,684**
East Africa	-	118,624	-	**118,624**	**249,848**
India	-	234,074	-	**234,074**	**112,056**
Nepal	48,115	54,165	-	**102,280**	**76,729**
Sri Lanka	-	-	-	**-**	**54,000**
Tanzania	-	35,120	-	**35,120**	**21,221**
Zanzibar	3,540	165,839	-	**169,379**	**128,176**
Other International	5,768	103,051	-	**108,819**	**199,211**
United Kingdom	-	8,103	16,136	**24,239**	**4,764**
	138,139	1,291,439	16,136	**1,445,714**	**1,418,349**
Support Costs	124,430	93,722	-	**218,152**	**243,694**
	262,569	**1,385,161**	**16,136**	**1,663,866**	**1,662,043**

Included in the Restricted Fund resources expended is the sum of £90,554 which represents the value of Gifts in Kind as shown within note 6 to the accounts.

Support Costs are further analysed	Note	Staff	Other	Total Expenditure 2021 £	*2020 £*
International Research		22,795	1,828	**24,623**	**27,152**
International		93,843	20,769	**114,612**	**131,821**
United Kingdom		20,104	3,901	**24,005**	**25,993**
Administration		33,091	7,852	**40,943**	**42,960**
Governance Costs	10	7,037	6,932	**13,969**	**15,767**
		176,870	41,282	**218,152**	**243,693**

10 GOVERNANCE COSTS

	2021 £	*2020 £*
Audit	**4,507**	**4,657**
Staff Costs	**7,037**	**8,023**
Other	**2,425**	**3,087**
	13,969	**15,767**

11 TANGIBLE FIXED ASSETS

	Land and Buildings	Computers other equip.	Total
Cost	£	£	£
At 01.04.20	167,725	8,581	**176,306**
Additions during year	-	-	**-**
At 31.03.21	167,725	8,581	**176,306**
Depreciation			
At 01.04.20	50,458	5,781	**56,239**
Charge for year	2,755	2,145	**4,900**
At 31.03.21	53,213	7,926	**61,139**
Net Book Value			
At 31.03.21	114,512	655	**115,167**
At 31.03.20	*117,267*	*2,800*	*120,067*

12 PROPERTY INVESTMENT

	2021	*2020*
	£	£
At 01.04.20	**256,000**	**256,000**
Disposal	(256,000)	**-**
At 31.03.21	**0**	**256,000**

The property investment represents a bungalow donated to the Impact Foundation which is shown in the accounts at a professionally assessed market value (per Graham Butt Estate Agents) of £256,000. As the property was sold during the year the gain in excess of the previous valuation is included within net gains on investments.

13 DEBTORS

	2021	*2020*
	£	*£*
Accrued Interest	**6,794**	**13,017**
Income tax recoverable	**15,902**	**1,517**
	22,696	**14,534**

14 CREDITORS - amounts falling due within one year

	2021	*2020*
	£	*£*
Sundry Creditors and Accruals	**9,936**	**10,568**
	9,936	***10,568***

15 EMPLOYEES

		2021	*2020*
The average number of persons employed by the			
Foundation was:	Full time employees	3	3
	Part time employees	4	4
		7	7

Staff costs during the year were as follows:-

Salaries and wages	209,402	223,262
Social Security costs	14,776	16,662
Pension contributions	18,334	18,179
	242,512	258,103

Employees received emoluments including pension contributions as follows:

between £60,000 and £70,000	-	*1*
between £40,000 and £50,000	*1*	-

A Staffing sub-committee of Trustees review the arrangement for setting the pay and remuneration of personnel in consultation with the Chief Executive at least once each year.

16 DIRECTORS / TRUSTEES

There were seventeen trustees, all of whom are members of the Executive Council and none of whom receive any remuneration from the Foundation.

Trustees did not claim reimbursement for expenses

17 AUDITOR'S REMUNERATION

The auditor's remuneration for audit work was £2,587 (2020- £2,637).

18 FUND MOVEMENT

	RESTRICTED		UNRESTRICTED		RESERVES	
	Expendable Endowment	Other	Fixed Asset	Designated	General	Total 2021
At 01.04.20	935,431	497,512	120,066	435,505	181,440	**2,169,954**
Income and Endowments	67,504	1,417,018	-	-	268,203	**1,752,725**
Expenditure	(16,137)	(1,385,160)	-	(183,035)	(156,766)	**(1,741,098)**
Other - Designated	-	-	-	115,200	(115,200)	**-**
Asset replacement	-	-	(4,899)	-	4,899	**-**
At 31.03.21	986,798	529,370	115,167	367,670	182,576	2,181,581

19 ASSETS AND LIABILITIES SPLIT BY FUND

	RESTRICTED		UNRESTRICTED		RESERVES	
	Expendable Endowment	Other	Fixed Asset	Designated	General	Total 2021
Fixed assets	-	-	115,167	-	-	**115,167**
Current assets	986,798	529,370	-	367,670	192,512	**2,076,350**
Current Liabilities	-	-	-	-	(9,936)	**(9,936)**
Fund Balances	986,798	529,370	115,167	367,670	182,576	**2,181,581**

See Income and investments on Page 36 for the planned use of designated funds.

20 RESTRICTED FUNDS

	Balance 01.04.20	Increase	Decrease	Balance 31.03.21
Bangladesh				
Riverboat Hospital and Prevention Project	7,071	29,070	36,141	-
Coronavirus support	60	76,565	76,625	-
General	-	131,143	131,143	-
Nurses Institute	16,224	141,421	17,283	140,362
Community Health Care Centre	12,896	22,362	15,215	20,043
20th Anniversary Appeal	242,246	18,730	162,037	98,939
Fistula & Hydrocephalus	-	9,600		9,600
Equipment	-	29,051	29,051	-
Water Appeal	252	15,650	12,673	3,229
BBC Radio 4 Jibon Tari Appeal 2021	-	122,594	16,609	105,985
Cambodia				
General	52	72,576	72,628	-
Lake Clinic	1,578	8,067	1,110	8,535
Water	-	2,500	2,500	-
Lake Clinic Mental Health	-	2,975	2,600	375
Coronavirus support	-	32,125	32,125	-
East Africa				
Disability Prevention	390	122,039	121,555	874
Tumaini Children's Charity	571	563	-	1,134
Water Projects	396	300	-	696

RESTRICTED FUNDS - Cont.

India				
Disability Prevention Bhavnagar	-	50,576	1,607	48,969
Integrated Project Pune	-	2,375	1,959	416
Lifeline Express Hospital Train	1,046	245,938	243,752	3,232
General	438	1,325	66	1,697
Pakistan				
Safer Motherhood	4,670	-	-	4,670
Nepal				
General	390	61,100	61,490	-
Rautahat - Safer Motherhood	533			533
Surgical Camps	-	25,000	22,000	3,000
Coronavirus support	-	22,942	22,942	-
Africa				
Maternity	1,491	390	320	1,561
Fistula	155	161	-	316
Ethiopia	-	35,000	35,000	-
Zanzibar				
Water	775	575	1,170	180
General	18,809	3,647	22,456	-
School For The Deaf	101,846	10,000	111,846	-
Coronavirus support	-	50,051	39,500	10,551
Sir John Wilson				
Memorial Fund	3,256	-	-	3,256
International				
General	27,456	69,931	97,387	-
Eye Care	51,931	2,819		54,750
Hearing	-	2,401	2,401	-
Coronavirus support	-	28,656	27,597	1,059
United Kingdom				
Tasty Team Project	2,980	30,211	27,783	5,408
	497,512	1,480,429	1,448,571	529,370

All the above balances are held in cash.

21 DESIGNATED FUNDS

	Balance 01.04.20	Designated during year	Expended during year	Balance 31.03.21
Bangladesh				
Riverboat Hospital & Prevention Project	39,509		29,816	9,693
General	59,880		54,661	5,219
Nurses Institute	9,000	-	-	9,000
Cambodia				
General	-	48,000	24,326	23,674
East Africa				
Disability Prevention	54,487	-	-	54,487
Water projects	269	-	-	269
India				
Disability Prevention Bhavnagar	14,587	-	10,000	4,587
Nepal				
General	33,966	85,200	51,746	67,420
Pakistan				
Safer Motherhood	26,807	-	-	26,807
Sri Lanka				
Clinics	10,192	-	8,000	2,192
Zanzibar				
General	46,299		8,540	37,759
International				
General	90,509	-	13,846	76,663
Contingency Fund	50,000	-	-	50,000
	435,505	133,200	200,935	367,770

22 RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2021 £	*2020 £*
Net movement in funds	11,627	(39,498)
Adjustments for :		
Depreciation charges /(purchase fixed assets)	4,900	4,900
Interest and rent from investments	(10,265)	(25,655)
Cash flow on investment disposal	256,000	-
(Increase) / decrease in debtors	(8,162)	(4,729)
Increase / (decrease) in creditors	(632)	316
Net cash used in operating activities	253,468	(64,666)

How will you make your IMPACT?

The work you have read about in this report is only made possible by the generosity of our supporters. Funds are urgently needed to continue and expand our projects so that even more people benefit in the coming years. Please send us a donation using the Gift Form provided. Alternatively, telephone 01444 457080 or visit our website to make your gift. **Thank you.**

Increase your gift at no extra cost

UK taxpayers can add more to their gift without it costing them an extra penny. Please tick the Gift Aid box on the Gift Form, return it to us and we will do the rest. This will also enable us to claim Gift Aid on donations you have made to IMPACT in the past four years. Higher rate taxpayers also benefit from additional tax relief on their gifts.

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Regular giving

Setting up a standing order using the regular giving form makes supporting IMPACT's work simple and knowing that we can depend on regular gifts enables us to implement long-term projects. Ticking the Gift Aid box on the Gift Form means we can reclaim tax on your generous donations too.

Legacies

Remembering IMPACT in your will gives a gift to future generations. Donations to charity are currently free of inheritance tax which can help to reduce the tax burden on your estate. Our special leaflet provides more details and is available upon request or online:
www. IMPACT.org.uk/donate/remember-us-in-your-will



You can change lives

Shares

Tax relief is available on gifts of shares.

Fundraising events

Holding a fundraising event or sponsored challenge to support IMPACT's work is now even easier thanks to Virgin Money Giving, an online service which enables fundraisers to set up dedicated pages for their event and to process credit and debit card donations. Please visit www.virginmoneygiving.com and search for IMPACT Foundation.

Further information

Please visit our website at www.IMPACT.org.uk. We publish regular newsletters and reviews and you can sign up for our e-newsletter online. You can also follow us on **Twitter** @IMPACT_UK_ and **Facebook** www.facebook.com/IMPACTFoundationUK and **Instagram** @impactfoundation_uk

Please contact us

We are only a telephone call away on **01444 457080** and would love to hear from you.

IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH
Email: impact@impact.org.uk
Registered Charity No. 290992

Registered with FUNDRAISING REGULATOR

MAKE AN IMPACT TODAY



£25

Could establish a garden to feed another family



£43

Could help to restore sight, hearing or mobility; or repair another child's cleft lip



£100

Could help train and equip a local health worker or traditional birth attendant



£1,700

brings clean water to a whole community

Regular giving

Knowing that we can depend on regular gifts enables us to implement long-term projects. You can set up a standing order to IMPACT using the regular giving form (right).



Legacies

Remembering IMPACT in your will can make a difference long into the future. When the time is right, please consider leaving us a legacy.

I would like to support IMPACT's work with a gift of:

£ _____ **Thank you.** Your gift today will prevent disability tomorrow

☐ I enclose a cheque or postal order payable to IMPACT Foundation
Or please charge my Master/Visa/CAF card.

☐ VISA ☐ MasterCard ☐ CAF

You can also call us with your credit card details on 01444 457080

16-digit Card Number: _____

Issue Date: _____ Expiry Date: _____

Security Code: _____ Tel No: _____

giftaid it *Boost your donation by 25p of Gift Aid for every £1 you donate*

☐ I wish IMPACT Foundation to treat all gifts in the last four years, this gift and all future gifts as Gift Aid donations. I am a UK taxpayer and understand that if I pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all my donations in that tax year it is my responsibility to pay any difference.

Gift Aid is reclaimed by IMPACT Foundation from the tax you pay for the current tax year. Your address is needed to identify you as a current UK taxpayer.

Name: (Mr/Mrs/Miss/Ms) _____

Address: _____

Postcode: _____

Signature: _____ Date: _____

Email: _____

Please notify us if you:
- Want to cancel this declaration
- Change your name or home address.
- No longer pay sufficient tax on your income and/or capital gains.

Please return this form to:
Mrs Judi Stagg, IMPACT Foundation,
151 Western Road, Haywards Heath,
West Sussex, RH16 3LH, UK

If you pay Income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self Assessment tax return or ask HM Revenue and Customs to adjust your tax code.

REGULAR GIVING FORM

1) I would like to make a lasting difference to IMPACT's work with regular gifts. Please instruct my Bank Manager at:

Bank: _____

Branch Address: _____

Postcode: _____

Sort Code: _____ Account _____

2) To pay IMPACT Foundation (Sort Code: 20-49-76, Account No. 60171913)

£ _____ Each Month / Quarter / Year (please circle one)

Or (if you already make regular gifts to IMPACT direct from your bank account) to increase my gift to

£ _____ Each Month / Quarter / Year (please circle one)

3) I wish my gifts to begin on and continue until further notice _____ (Date)

4) Signed: _____

Name: (Mr./Mrs./Miss./Ms.) _____

Address: _____

Postcode: _____

PLEASE RETURN TO IMPACT. If you would also like IMPACT to reclaim Gift Aid on these gifts, please complete your name and address and tick the Gift Aid box on the form above and send both forms to: Mrs Judi Stagg, IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK

Thank You

IMPACT is a Registered Charity, number 290992

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IMPACT's unique range of gift tokens make a heart-warming gift and can be personalised and sent directly to your loved ones.

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The gift of a smile

Give the gift of life-transforming surgery for a child with cleft lip.

£43.00



The gift of a gaggle of geese

This gift provides a family at risk from malnutrition with a gaggle of geese for income and food security.

£30.00



The gift of sight

Give the gift of life-transforming surgery to reverse a disabling condition.

£43.00



The gift of surgery aboard the Lifeline Express

Give the gift of surgery to another person aboard the hospital train.

£43.00



The gift of hope

Help us to provide a fistula patient in Tanzania with clean clothing and sense of hope restored.

£15.00



The gift of a care package for a new mother and baby

Provide a destitute mother and her baby with a care package on leaving hospital.

£40.00



The gift of a birthing kit

Make motherhood safer in Bangladesh and Nepal by equipping a Trained Birth Attendant with a birthing kit.

£10.00



The gift of chirpy chickens

Support a family in Bangladesh with laying hens as a daily source of nutritious eggs and income.

£10.00



The gift of reconstructive burn surgery

Support a young person with a disabling burn injury access reconstructive surgery.

£140.00



The gift of a home garden

Support a family by boosting their nutritional uptake with a home garden.

£25.00



The gift of a school medical kit

Support a school in Kenya with a medical kit.

£20.00



The gift of tree saplings

Support a school in Kenya with tree saplings to improve their school environment.

£10.00

IMPACT

Preventing disability. Transforming lives.



IMPACT Bangladesh's Jibon Tari (Boat of Life) floating hospital

IMPACT Foundation, 151 Western Road, Haywards Heath, West Sussex, RH16 3LH, UK
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www.IMPACT.org.uk