

# BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION

England & Wales · Charity number 290930

## Details

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**Other names** BPEOSA

**Status** Registered

**Legal form** Other

**Registered** 1985-01-21

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 12 Hurst Close  
Baldock  
Hertfordshire  
SG7 6TL

**Phone** 07377187418

**Email** [info@bpeosa.co.uk](mailto:info@bpeosa.co.uk)

**Website** [www.bpeosa.co.uk](http://www.bpeosa.co.uk)

## Activities

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**Objects:** (I) THE RELIEF OF MEMBERS OF THE ASSOCIATION WHO ARE IN CONDITIONS OF NEED HARDSHIP AND DISTRESS. (II) THE ADVANCEMENT OF EDUCATION IN PHYSICAL EDUCATION AD MOVEMENT STUDIES PARTICULARLY AMONGST PERSONS INVOLVED IN STUDYING OR TEACHING PHYSICAL EDUCATION AND MOVEMENT STUDIES.

**Activities:** BPEOSA funds support:-1. The International Physical Literacy Association2. The Bedford Physical Education Archive3. Projects to promote lifelong participation in physical activity.

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Sponsors Or Undertakes Research
- **What:** Education/training, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

## Geography

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- Bedford
- Cambridgeshire
- Central Bedfordshire
- Worcestershire

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31	£28,444	£36,460	-	-
2023-12-31	£18,161	£17,604	-	-
2022-12-31	£17,216	£22,648	-	-
2021-12-31	£14,591	£12,074	-	-
2020-12-31	£6,838	£12,599	-	-

## Trustees

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Name	Role	Appointed
EILEEN RAWLINGS		2012-06-14
JANETTE WOOD		
LESLEY CLAYTON		
MS ANGIE NEWTON		
Margaret Eleanor Maclean Whitehead		
STEPHANIE DANIELS		2012-06-14

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

England & Wales - Charity number 290930

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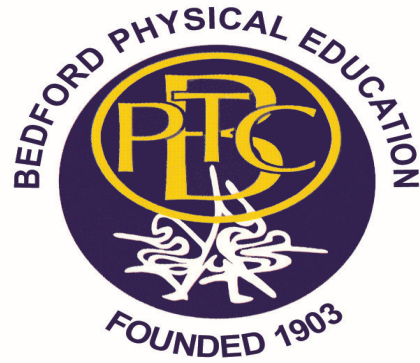
# Accounts

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**BEDFORD PHYSICAL EDUCATION**  
**OLD STUDENTS' ASSOCIATION**

**FINANCIAL STATEMENTS**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**



**Registered Charity: 290930**

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**OLD STUDENTS ASSOCIATION FUND (UNRESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

<b>2023</b>		<b>2024</b>
<b>£</b>		<b>£</b>
	<b><u>INCOME</u></b>	
1,957	Deposit interest	2,270
461	Dividends gross: Life Mship Fund	50
1,497	Subscriptions	1,324
2,145	Old Students' Day	1,629
2,634	Life Membership	944
116	Donations	27
347	Graduation membership dinner	300
916	Sale of merchandise & books	1,784
	Honorary Graduation Degree Ceremony Event	9,765
<hr/>		<hr/>
10,073		18,093
	<b><u>DEDUCT: EXPENSES</u></b>	
2,860	Old Students' Day	2,474
2,020	Printing (Annual Report)	3,215
2,607	Postage (Annual Report)	3,199
197	General Postage & Officer Expenses	288
169	Committee expenses	639
25	Bank charges	6
783	Graduation membership dinner & awards	329
792	Website	850
131	Merchandise	1,386
	Honorary Graduation Degree Ceremony Event	9,771
50	Golf Society	0
120	IFE	120
<hr/>		<hr/>
9,754		22,277
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319	NET SURPLUS/(DEFICIT)	(4,184)

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**CHRISTINE HEATH SCHOLARSHIP FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

<b>2023</b>		<b>2024</b>
<b>£</b>		<b>£</b>
	<b><u>INCOME</u></b>	
<u>0</u>	Funds received	<u>0</u>
	<b><u>DEDUCT EXPENSES</u></b>	
<u>0</u>	Grants awarded	<u>1,585</u>
<u>0</u>	<b><u>NET SURPLUS/DEFICIT</u></b>	<u>(1,585)</u>

Awards of £500 each to 3 students	1500
Contribution to BPEOSA Golf Society	85

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**ARCHIVES CONSULTATION COMMITTEE FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

2023 £		2024 £
	<b><u>INCOME</u></b>	
<u>0</u>	Funds received	<u>0</u>
	<b><u>DEDUCT EXPENSES</u></b>	
<u>0</u>	Grants	<u>0</u>
<u>0</u>	<b><u>NET SURPLUS/DEFICIT</u></b>	<u>0</u>

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**BENEVOLENT AND EDUCATIONAL PROJECTS FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

2023		2024
£		£
	<b><u>INCOME</u></b>	
<u>5,055</u>	COIF Investment Income	<u>5126</u>
	<b><u>DEDUCT EXPENSES</u></b>	
<u>1,500</u>	Grants awarded	<u>7000</u>
<u>3,555</u>	<b><u>NET SURPLUS/(DEFICIT)</u></b>	<u>(1,874)</u>

MW Work Digitisation	2500
Bedford Tigers RFC	1000
Support of Hon Grad Event	3000
Support of Pre-Grad Dinner	500

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**ISABEL NOWELL SMITH CRICKET FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

<b>2023</b>		<b>2024</b>
<b>£</b>		<b>£</b>
	<b><u>INCOME</u></b>	
<u>77</u>	COIF Investment Income	<u>87</u>
	<b><u>DEDUCT EXPENSES</u></b>	
<u>250</u>	Grants Awarded	250
<u>(173)</u>	<b><u>NET (DEFICIT)</u></b>	<u>(163)</u>

Cricket Week	250
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**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**LACROSSE ARCHIVE FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

2023		2024
£		£
	<b><u>INCOME</u></b>	
<u>0</u>	Funds received	<u>0</u>
	<b><u>DEDUCT EXPENSES</u></b>	
<u>0</u>	Grants awarded	<u>216</u>
<u>0</u>	<b><u>NET SURPLUS/(DEFICIT)</u></b>	<u>(216)</u>

History Banner	216
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**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**EILEEN ALEXANDER LEGACY FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

2023		2024	
£		£	
	<b><u>INCOME</u></b>		
0	Funds received	0	
1,217	Interest	1,348	
1,217			
	<b><u>DEDUCT EXPENSES</u></b>		
6,000	Grants awarded	3,572	
(4,783)	<b><u>NET (DEFICIT)</u></b>	(2,224)	

Masters Bursaries	2000
BBC Award	500
BPEOSA Badges	1072

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**ARCHIVE HISTORY FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

<b>2023</b>		<b>2024</b>
<b>£</b>		<b>£</b>
	<b><u>INCOME</u></b>	
<u>15</u>	Funds received	<u>0</u>
	<b><u>DEDUCT EXPENSES</u></b>	
<u>100</u>	Expenses	<u>1,560</u>
<u>(85)</u>	<b><u>NET (DEFICIT)</u></b>	<u>(1,560)</u>

Board at Plantation	681
Text printing	799
Photographs (MH)	80

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**PATRICIA BOWEN-WEST MEMORIAL FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

<b>2023</b>		<b>2024</b>
<b>£</b>		<b>£</b>
	<b><u>INCOME</u></b>	
145	Interest	161
<u>200</u>	Funds received	<u>0</u>
<u>345</u>		<u>161</u>
	<b><u>DEDUCT EXPENSES</u></b>	
<u>0</u>	Expenses	<u>0</u>
<u>345</u>	<b><u>NET SURPLUS</u></b>	<u>161</u>

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**RECEIPTS AND PAYMENTS ACCOUNT**  
**HONORARY DEGREE GRADUATION LEGACY FUND (RESTRICTED)**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

2023		2024
£		£
	<b><u>INCOME</u></b>	
29	Interest	57
<u>1,350</u>	Funds received	<u>3,572</u>
<u>1,379</u>		<u>3,629</u>
	<b><u>DEDUCT EXPENSES</u></b>	
<u>0</u>	Expenses	<u>0</u>
<u>1,379</u>	<b><u>NET SURPLUS</u></b>	<u>3,629</u>

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**STATEMENT OF ASSETS AND LIABILITIES AS AT 31ST DECEMBER 2024**

<b>2023</b>			<b>2024</b>	
<b>£</b>	<b>£</b>		<b>£</b>	<b>£</b>
<b><u>Market</u></b>	<b><u>At</u></b>	<b><u>INVESTMENTS</u></b>	<b><u>Market</u></b>	<b><u>At</u></b>
<b><u>Value</u></b>	<b><u>Cost</u></b>		<b><u>Value</u></b>	<b><u>Cost</u></b>
		<b>Life Membership Fund</b>		
21,742	27,133	27132.873 Units CAF Fixed Interest Fund > 23661 units ESG CAF Cautious Fund Accumulation	23,661	27,133
		<b>Benevolent and Educational Projects Fund</b>		
184,145	37,000	9279.18 units - COIF Charities Income Fund	188,305	37,000
		<b>Isabel Nowell-Smith Cricket Fund</b>		
3,370	4,000	2755.39 units - COIF Fixed Interest Fund	3,473	4,000
<u>209,257</u>	<u>68,133</u>	<b>TOTAL INVESTMENTS</b>	<u>215,439</u>	<u>68,133</u>
	<b><u>2023</u></b>	<b><u>CURRENT ASSETS</u></b>		<b><u>2024</u></b>
	9,285	General Account - NatWest Bank Limited		3,553
	78,621	COIF Charities Deposit Fund Account		76,457
	87,906			<u>80,010</u>
		<b><u>DEDUCT: CURRENT LIABILITIES</u></b>		
	480	Sundry Creditors		600
	<u>87,426</u>			<u>79,410</u>
	<u>155,559</u>	<b><u>NET ASSETS</u></b>		<u>147,543</u>



**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**NOTES TO THE FINANCIAL STATEMENTS**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

**Accounting Policies**

**Basis of accounting**

The financial statements have been prepared under the historical cost convention and on a receipts and payments basis.

**Incoming resources**

All receipts are credited to the income and expenditure account in the year in which they are received.

**Investments**

Investments are stated in the financial statements at cost.  
Market values are also stated.

**BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION**

**YEAR ENDED 31<sup>ST</sup> DECEMBER 2024**

**Registered Charity No. 290930**

**Address:** 43a, The Embankment, Bedford MK40 3TP

<b><u>Trustees:</u></b>	Janet Schofield	President
	Eileen Rawlings	Vice President
Professor	Margaret Whitehead	Vice President
	Angela Newton	
	Janette Wood	
	Lesley Clayton	
	Stephanie Daniels	

**Objects of the Charity:**

1. The relief of members of the Association who are in conditions of need, hardship and distress.
2. The advancement of physical education and the promotion of physical activity throughout the lifecourse, particularly amongst persons involved in studying or teaching physical education and those involved in promoting physical activity throughout the lifecourse.
3. To support the University of Bedfordshire in preserving the records of the Association and Physical Education at Bedford to enable the scholarly community to benefit from these records, particularly the place of women in the history of physical education.

**Activities and Achievements:**

**Educational Projects Fund**

In September 2024 BPEOSA was delighted to work with the University of Bedfordshire to hold a second Graduation Ceremony and Celebration for past students, who studied between 1940 and 1978, to be awarded Honorary Degrees: BA (Hons) Physical Education (Secondary). A grant from the Educational Projects Fund supported the event.

A grant has been made to Bedford Tigers Rugby League Football Club to support their initiative in *Enhanced provision of medical welfare to players*; this project is

particularly appropriate as it involves students at the University of Bedfordshire who will undertake placements at the club as part of their studies on the BSc(Hons) Sports Therapy and Rehabilitation Degree Course.

Support has been given to PE Scholar to create a central platform for digital access to the publications of Professor Margaret Whitehead (MW) on Physical Literacy. Many scholars worldwide look to understand how physical literacy was conceptualised and refined and this project will allow access to the 30 year period of MW's research and work.

BPEOSA is pleased to invite Graduands to an Annual Dinner, held on the eve of the University of Bedfordshire Graduation in July, where they become members of The Association and Awards are presented (See Annual Report).

### **Isabel Nowell-Smith Cricket Fund**

The annual grant to the Women's Cricket Associates to purchase match balls for its Women's Cricket Weeks 2024 has been made.

### **Eileen Alexander Legacy Fund**

Dr Eileen Alexander, OBE, Principal of Bedford College of Physical Education (1951-1971), was a national and international figure in the field of physical education and a generous philanthropist in supporting physical activity. The funds are being used to follow the ideals of Dr Alexander within the Bedford area with criteria proposed by the Trustees and agreed at the AGM 2015.

### **Grants awarded in 2024**

Funding continues to support students with Bursaries on the BA(QTS) course at the University of Bedfordshire to progress to the Integrated Masters Course (MPhysEd). These Bursaries will celebrate student commitment, standards and potential and/or recognise student need.

Bedford Sports & Physical Activity Awards in conjunction with Bedford Borough Council

This year BPEOSA sponsored the Young Volunteer of the Year Award; these awards recognise the numerous and varied achievements of individuals and groups involved in local sports and reward not just performance but those who give their time and effort to enable others to experience enjoyment and fulfilment in sports and physical activity.

A grant has facilitated the production of Badges displaying the logo of Bedford Physical Education which are now available to purchase; leaving students receive this at their Dinner & Awards Ceremony.

## Archive

The Archive is housed in the University Library on the Polhill Campus of the University of Bedfordshire. An Archives Consultation Committee (ACC) is responsible for the general work relating to the Archive; members of the Association sit on the ACC along with staff from the University of Bedfordshire and a representative from the community of Bedford. The Association holds funds which fall under the remit of the ACC.

The Levick Boyd Archive, the Archive of the English Lacrosse Association, is also now held within this collection. The Association holds funds for the Levick Boyd Archive and a representative for Lacrosse sits on the ACC.

## Publications

*The Female Tradition in Physical Education: Women First Reconsidered*, published Routledge 2016, was initiated by the Women First International Seminar and founded on material in the archive.

Copies of *Big Societies: Bedford Physical Training College, World War One and Two* are available as are notelets and postcards of old photographs depicting college life.

*Learning and Leisure*, developed by Stephanie Daniels and Andrew Payne from their ebook, showing and explaining the context of photographs of college life.

The **Annual Report 2023** was published in the Spring of 2024 which included articles and updates on:

- our Physical Education history and heritage
- memories of significant old students
- the BPEOSA Student Awards
- news of Old Students including reports on significant sporting achievements past and present
- AGM 2023 reports from the President, Secretary, Editor and Treasurer
- Trustees Report and Statement of Accounts 2022.

**Our website is accessed at [www.bpeosa.co.uk](http://www.bpeosa.co.uk)**

It includes:

- news of the work in the Bedford PEOSA Archive.
- links to the BPEOSA and Levick Boyd Lacrosse Archives.
- tributes in memory of past members.
- reports from recipients of the various Award and Grant Funds.
- 3 ebooks, a project financed with a grant from the Archive History Fund.

### **Accounts**

The accounts for the year ended 31<sup>st</sup> December 2024 are attached (13 pages in all).

### **Statement of the Trustees' Responsibilities**

The Trustees are responsible for keeping accounting records which disclose with reasonable accuracy the financial position of the charity and which enable them to ascertain that the financial statements comply with Charities Act 2011 and regulations thereunder. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Where funds other than the Old Students' Association Fund are separately identified within the financial statements, the Trustees are responsible for the establishment and consistent application of policies regarding the basis for payments to be made from those funds.

### **Investments**

These comprise long-term relatively high yielding government securities and investment funds.

### **Independent Financial Examiner**

Leadermans, Chartered Certified Accountants, have been appointed as the IFE.



Section A

Independent Examiner's Report

Report to the trustees	BEDFORD PHYSICAL EDUCATION OLD STUDENTS' ASSOCIATION		
On accounts for the year ended	31 DECEMBER 2024	Charity no (if any)	290930
	Set out on pages 1 to 13 and TR1 to TR4		

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31/12/2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.


Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination (other than that disclosed below \*) which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

\* Please delete the words in the brackets if they do not apply.

Signed:  Date: 17/10/2025

Name: SANDEEP SHAH FCCA

Relevant professional qualification(s) or body (if any): ACCA

Address: LEADERMANS, ST CHRISTOPHERS HOUSE, RIDGE ROAD, LETCHWORTH, HERTS, SG6 1PT