



Trustees’ Annual Report for the period

From 01/07/2024 To 30/06/2025

Charity name: British Association for Holistic Medicine & Health Care

Charity registration number: 289459

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The association is established to educate and inform doctors, medical students, other healthcare professionals, and members of the general public in the principles and practice of compassionate holistic medicine and healthcare.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	1. Production of three journals annually 2. Blogs and other social content 3. Annual student essay competition 4. Holistic course 5. Partnering in events 6. Holding 40th anniversary conference.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance on public benefit when making decisions

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Journal published three further issues: 1. Autumn 2024: Crisis, Co-Creation, community. 2. Winter 2024: The end-of-life issue. 3. Spring 2025: The spirit of renewal Journals older than 20 months are available to download for free along with a number of articles published as blog posts We've been telling our story, past, present and future across all digital and social channels, amplifying awareness and increasing our reach. Our course has had some excellent feedback from doctors and other healthcare practitioners. We had a further successful student essay competition We held our 40th anniversary conference on October 5, 2024 along with a series of webinars.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The closing bank balances, including all payment platforms such as PayPal and Stripe, was £54,035
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We are keeping £5,000 as a reserve though this is more than we would need to close our charity
Amount of reserves held	Para 1.22	£5000

Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We have continued to function due to a large donation this year which should cover 2025 operations along with other revenue. However, we are urgently looking at changing our membership model to be more sustainable without donations.
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Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	We have ongoing membership fees, journal subscriptions, course sales, conference ticket sales and some money from the publishers' licensing service. Additionally, we raised £50,000 to fund new projects in 2025/2026.
Investment policy and objectives including any social investment policy adopted	None
A description of the principal risks facing the charity	We foresee no immediate risks.

Structure, Governance and Management

Description of charity's trusts:		N/a
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	A minimum of 50% of Trustees to be practicing or retired qualified healthcare professionals. The trustees agree on suitability

Additional information (optional)

You may choose to include further statements where relevant about:

Relationship with any related parties	Para 1.51	We are building relationships with organisations with similar remits and will continue building on these.
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Reference and Administrative details

Charity name	British Association for Holistic Medicine & Health Care
Other name the charity uses	BHMA (formerly 'British Holistic Medical Association)
Registered charity number	289459
Charity's principal address	27 Ivory House Clove Hitch Quay London SW11 3TN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Donebauer	Chair		
2	Dr Antonia Wrigley	Vice Chair		
3	Ian Henghes		Resigned 17/06/2024	
4	Dr Thuli Whitehouse			
5	Darryl Edwards		Resigned 02/2024	
6	Marina Malthouse		Co-opted 02/04/2024	
7	Mayur Gami		Co-opted 04/12/2024	
8	Chloe Jenny		Co-opted 04/12/2024	
9	Jessica Frost		Co-opted 04/12/2024	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Independent Examiner	Joanne Trowbridge MAAT	Bristol Community Accountants CIC, The Park, Daventry Road, Knowle, Bristol, BS4 1DQ

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	DocuSigned by: <i>Peter Donebauer</i> A61BA0E16E3146C...	
Full name(s)	Peter Donebauer	
Position (eg Secretary, Chair, etc)	Chair	
Date	17/4/2026	



Charity Name British Association for Holistic Medicine & Health Care	No (if any) 289459
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Receipts and payments accounts

CC16a

For the period from	Period start date 01/07/2024	To	Period end date 30/06/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership subs	12,651	-	-	12,651	10,761
Donations	56,878	-	-	56,878	21,765
Journal income	4,243	-	-	4,243	6,262
Course Income	4,345	-	-	4,345	4,350
Other income	167	-	-	167	128
Gift Aid	-	-	-	-	6,038
Bank interest	209	-	-	209	369
Sub total (Gross income for AR)	78,493	-	-	78,493	49,673
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	78,493	-	-	78,493	49,673
A3 Payments					
Journal costs	16,444	-	-	16,444	13,614
Development costs	16,228	-	-	16,228	7,551
Administration costs	8,652	-	-	8,652	8,878
Website & Marcomms	807	-	-	807	1,479
Bank Fees	761	-	-	761	412
Accounts	716	-	-	716	652
Events	8,332	-	-	8,332	796
Other costs	850	-	-	850	1,569
Sub total	52,790	-	-	52,790	34,951
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	52,790	-	-	52,790	34,951
Net of receipts/(payments)	25,703	-	-	25,703	14,722
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	28,332	-	-	28,332	13,610
Cash funds this year end	54,035	-	-	54,035	28,332

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	54,035	-	-
		-	-	-
		-	-	-
	Total cash funds	54,035	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				
	Independent Examination	Unrestricted	788	30 November 2025
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	 A01BA0E10E3140C...	Peter Donebauer	17/4/2026	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name

BRITISH ASSOCIATION FOR HOLISTIC MEDICINE & HEALTH CARE

**On accounts for the year
ended**

30/06/2025

**Charity no
(if any)**

289459

Set out on pages

1-8

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/06/2025

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

DocuSigned by:

C2F8368E1B574EA...

Date:

20/4/2026

Name:

Joanne Trowbridge

**Relevant professional
qualification(s) or body
(if any):**

MAAT

Address:

Bristol Community Accountants CIC

The Park, Daventry Road

Bristol, BS4 1DQ

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.