

BRITISH ASSOCIATION FOR HOLISTIC MEDICINE & HEALTH CARE

England & Wales · Charity number 289459

Details

Other names	BRITISH HOLISTIC MEDICAL ASSOCIATION TRUST, BHMA
Status	Registered
Legal form	Trust
Registered	1984-04-21
Register	View on the Charity Commission register

Contact

Address	27 Ivory House Clove Hitch Quay London SW11 3TN
Phone	07767883631
Email	admin@bhma.org
Website	www.bhma.org

Activities

Objects: {The Association is established} to explore, educate and inform doctors, medical students, other healthcare professions and members of the general public in the principles and practice of compassionate holistic medicine and health care.

Activities: Three issues of the Journal of Holistic Healthcare were published from 1st July, 2018 to 30th June, 2019 Vol 15 Issue 2 Summer 2018 Healing Journeys Vol 15 Issue 3 Autumn 2018 Social Prescribing Vol 16 Issue 1 Spring 2019 Nature Connections The BHMA website has been developed and is a resource for members and the general public.

Classification

- **How:** Provides Human Resources, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-06-30	£78,493	£52,790	-	-
2024-06-30	£49,673	£34,951	-	-
2023-06-30	£35,661	£38,309	-	-
2022-06-30	£15,282	£27,963	-	-
2021-06-30	£43,655	£26,271	-	-

Trustees

Name	Role	Appointed
PETER DONEBAUER	Chair	
Chloe Jenvey		2024-12-04
David Peters Prof		2026-04-01
Dr Marina Malthouse		2024-04-02
Dr Thuli Whitehouse		2014-11-22
Mayur Gami		2024-12-04

Accounts



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Trustees’ Annual Report for the period

From 01/07/2024 To 30/06/2025

Charity name: British Association for Holistic Medicine & Health Care

Charity registration number: 289459

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The association is established to educate and inform doctors, medical students, other healthcare professionals, and members of the general public in the principles and practice of compassionate holistic medicine and healthcare.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	1. Production of three journals annually 2. Blogs and other social content 3. Annual student essay competition 4. Holistic course 5. Partnering in events 6. Holding 40th anniversary conference.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance on public benefit when making decisions

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Journal published three further issues: 1. Autumn 2024: Crisis, Co-Creation, community. 2. Winter 2024: The end-of-life issue. 3. Spring 2025: The spirit of renewal Journals older than 20 months are available to download for free along with a number of articles published as blog posts We've been telling our story, past, present and future across all digital and social channels, amplifying awareness and increasing our reach. Our course has had some excellent feedback from doctors and other healthcare practitioners. We had a further successful student essay competition We held our 40th anniversary conference on October 5, 2024 along with a series of webinars.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The closing bank balances, including all payment platforms such as PayPal and Stripe, was £54,035
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We are keeping £5,000 as a reserve though this is more than we would need to close our charity
Amount of reserves held	Para 1.22	£5000

Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We have continued to function due to a large donation this year which should cover 2025 operations along with other revenue. However, we are urgently looking at changing our membership model to be more sustainable without donations.
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Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	We have ongoing membership fees, journal subscriptions, course sales, conference ticket sales and some money from the publishers' licensing service. Additionally, we raised £50,000 to fund new projects in 2025/2026.
Investment policy and objectives including any social investment policy adopted	None
A description of the principal risks facing the charity	We foresee no immediate risks.

Structure, Governance and Management

Description of charity's trusts:		N/a
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	A minimum of 50% of Trustees to be practicing or retired qualified healthcare professionals. The trustees agree on suitability

Additional information (optional)

You may choose to include further statements where relevant about:

Relationship with any related parties	Para 1.51	We are building relationships with organisations with similar remits and will continue building on these.
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Reference and Administrative details

Charity name	British Association for Holistic Medicine & Health Care
Other name the charity uses	BHMA (formerly 'British Holistic Medical Association)
Registered charity number	289459
Charity's principal address	27 Ivory House Clove Hitch Quay London SW11 3TN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Donebauer	Chair		
2	Dr Antonia Wrigley	Vice Chair		
3	Ian Henghes		Resigned 17/06/2024	
4	Dr Thuli Whitehouse			
5	Darryl Edwards		Resigned 02/2024	
6	Marina Malthouse		Co-opted 02/04/2024	
7	Mayur Gami		Co-opted 04/12/2024	
8	Chloe Jenny		Co-opted 04/12/2024	
9	Jessica Frost		Co-opted 04/12/2024	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
Independent Examiner	Joanne Trowbridge MAAT	Bristol Community Accountants CIC, The Park, Daventry Road, Knowle, Bristol, BS4 1DQ

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	DocuSigned by: <i>Peter Donebauer</i> A61BA0E16E3146C...	
Full name(s)	Peter Donebauer	
Position (eg Secretary, Chair, etc)	Chair	
Date	17/4/2026	



Charity Name British Association for Holistic Medicine & Health Care	No (if any) 289459
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Receipts and payments accounts

CC16a

For the period from	Period start date 01/07/2024	To	Period end date 30/06/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership subs	12,651	-	-	12,651	10,761
Donations	56,878	-	-	56,878	21,765
Journal income	4,243	-	-	4,243	6,262
Course Income	4,345	-	-	4,345	4,350
Other income	167	-	-	167	128
Gift Aid	-	-	-	-	6,038
Bank interest	209	-	-	209	369
Sub total (Gross income for AR)	78,493	-	-	78,493	49,673
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	78,493	-	-	78,493	49,673
A3 Payments					
Journal costs	16,444	-	-	16,444	13,614
Development costs	16,228	-	-	16,228	7,551
Administration costs	8,652	-	-	8,652	8,878
Website & Marcomms	807	-	-	807	1,479
Bank Fees	761	-	-	761	412
Accounts	716	-	-	716	652
Events	8,332	-	-	8,332	796
Other costs	850	-	-	850	1,569
Sub total	52,790	-	-	52,790	34,951
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	52,790	-	-	52,790	34,951
Net of receipts/(payments)	25,703	-	-	25,703	14,722
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	28,332	-	-	28,332	13,610
Cash funds this year end	54,035	-	-	54,035	28,332

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	54,035	-	-
		-	-	-
		-	-	-
	Total cash funds	54,035	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent Examination	Unrestricted	788	30 November 2025
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	 A01BA0E10E3140C...	Peter Donebauer	17/4/2026	



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name

BRITISH ASSOCIATION FOR HOLISTIC MEDICINE & HEALTH CARE

**On accounts for the year
ended**

30/06/2025

**Charity no
(if any)**

289459

Set out on pages

1-8

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/06/2025

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

DocuSigned by:

C2F8368E1B574EA...

Date:

20/4/2026

Name:

Joanne Trowbridge

**Relevant professional
qualification(s) or body
(if any):**

MAAT

Address:

Bristol Community Accountants CIC

The Park, Daventry Road

Bristol, BS4 1DQ

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees’ Annual Report 2023

From 01/07/2023 To 30/06/2024

Charity name: British Association for Holistic Medicine & Health Care

Charity registration number: 289459

Objectives and Activities

	SORP	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The Association is established to educate and inform doctors, medical students, other healthcare professionals and members of the general public in the principles and practice of compassionate holistic medicine and health care.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	• Production of 3 journals annually • Blogs and other social content • Annual student essay competition • Holistic course • Partnering in events and planning own conference
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance on public benefit when making decisions

Achievements and Performance

	SORP	
Summary of the main achievements of the charity, identifying the difference the charity’s work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Our journal published 3 further issues: • Health Creation and Creative Health Summer 2023 including an interview with Sir Nigel Crisp • Journeys into Medicine Winter 2023 • Many Ways of Knowing Spring 2024 Journals older than 20 months are available to download for free along with a number of articles published as blog posts. We’ve been telling our story, past, present and future across all digital and social channels, amplifying holism and increasing our reach.

		Our course has had some excellent feedback from doctors and other healthcare practitioners. We had a further successful student essay competition. We started planning our 40th anniversary conference to be held October 5th 2024 along with a series of webinars.
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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our closing bank balance was £28,332
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We are keeping £5k as a reserve though this is more than we would need to close our charity
Amount of reserves held	Para 1.22	£5000
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We have continued to function due to a large donation this year which should cover 2025 operations along with other revenue. However, we are urgently looking at changing our membership model to be more sustainable without donations.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	We had a large sum left to us as a legacy this year. We have ongoing membership fees and journal subscriptions etc. New this year are course sales, conference ticket sales and some money from the Publisher's Licensing Service.
Investment policy and objectives including any social investment policy adopted	Para 1.46	None
A description of the principal risks facing the charity	Para 1.46	We are looking to grow our membership base and income to be more sustainable. We hope to offer more next year and are looking for further donations to cover the cost of transitioning to a more sustainable model.

Structure, Governance and Management

Description of charity's trusts:		N/a
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	A minimum of 50% of Trustees to be practicing or retired qualified healthcare professionals. The trustees agree on suitability.

Additional information

Relationship with any related parties	Para 1.51	We are building relationships with organisations with a similar remit and will continue building on these.
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Reference and Administrative details

Charity name	British Association for Holistic Medicine & Health Care
Other name the charity uses	BHMA (formerly 'British Holistic Medical Association')
Registered charity number	289459
Charity's principal address	27 Ivory House Clove Hitch Quay London SW11 3TN

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Donebauer	Chair		
2	Dr Antonia Wrigley	Vice Chair		
3	Ian Henghes		Resigned 17/06/2024	
4	Dr Thuli Whitehouse			
5	Darryl Edwards			
6	Marina Malthouse		Co-opted 02/04/2024	
7				
8				

9				
10				

Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

		Signature(s)	DocuSigned by: Peter Donebauer A61BA0E16E3146C...	
		Full name(s)	Peter Donebauer	
		Position (eg Secretary, Chair, etc)	Chair	
		Date	29/10/2024	



Charity Name	No (if any)
British Association for Holistic Medicine & Health Care	289459

Receipts and payments accounts			
For the period from	Period start date	To	Period end date
	01/07/2023		30/06/2024

CC16a

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Membership subs	10,761	-	-	10,761	14,133
Donations	21,765	-	-	21,765	10,755
Journal income	6,262	-	-	6,262	10,452
Course Income	4,350	-	-	4,350	65
Other income	128	-	-	128	153
Gift Aid	6,038	-	-	6,038	-
Bank interest	369	-	-	369	103
Sub total (Gross income for AR)	49,673	-	-	49,673	35,661
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	49,673	-	-	49,673	35,661
A3 Payments					
Journal costs	13,614	-	-	13,614	12,874
Development costs	7,551	-	-	7,551	8,959
Administration costs	8,878	-	-	8,878	10,782
Website & Marcomms	1,479	-	-	1,479	1,213
Bank Fees	412	-	-	412	281
Accounts	652	-	-	652	-
Other costs	2,365	-	-	2,365	4,200
Sub total	34,951	-	-	34,951	38,309
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	34,951	-	-	34,951	38,309
Net of receipts/(payments)	14,722	-	-	14,722	- 2,648
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	13,610	-	-	13,610	16,258
Cash funds this year end	28,332	-	-	28,332	13,610

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	28,332	-	-
		-	-	-
		-	-	-
	Total cash funds	28,332	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent Examination	Unrestricted	717	30 October 2024
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	Signed by:  6A419E5B6A4C419...	ANTONIA J WRIGLEY	29/10/2024	



**CHARITY COMMISSION
FOR ENGLAND AND WALES**

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name

BRITISH ASSOCIATION FOR HOLISTIC MEDICINE & HEALTH CARE

**On accounts for the year
ended**

30/06/2024

**Charity no
(if any)**

289459

Set out on pages

1-6

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/06/2024

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention (other than that disclosed below *) in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

** Please delete the words in the brackets if they do not apply.*

Signed:

Joanne Trowbridge
C2F8368E1B574EA...

Date:

30/10/2024

Name:

Joanne Trowbridge

**Relevant professional
qualification(s) or body
(if any):**

MAAT

Address:

Bristol Community Accountants CIC

The Park, Daventry Road

Bristol, BS4 1DQ

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Accounts

Trustees' Annual Report 2023**CHARITY COMMISSION
FOR ENGLAND AND WALES****From 01/07/2022 To 30/06/2023****Charity name: British Association for Holistic Medicine & Health Care****Charity registration number: 289459****Objectives and Activities**

	SORP	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The Association is established to educate and inform doctors, medical students, other healthcare professionals and members of the general public in the principles and practice of compassionate holistic medicine and health care.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	● Production of 3 journals annually ● Conversion of articles into blog posts ● Annual student essay competition ● Creation of a course ● Participation in conference
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance on public benefit when making decisions

Achievements and Performance

	SORP	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Our journal had an American University partner for a year and reached a wider audience. We have now converted many more of our articles into posts on our website and through social media We had a successful student 'essay' competition, for the second year taking creative submissions too. We worked hard this year to finish and launch our course 'The Holistic Practitioner' which gained accreditation from CPDUK. This is offered at low cost, especially to students. We were invited to be part of the annual 3-day conference – IPM Congress where our Real Food Campaign team gave a successful workshop.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our closing bank balance was approx £13.5k with a deficit of approx £2.5k this year
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We are keeping £5k as a reserve though this is more than we would need to close our charity
Amount of reserves held	Para 1.22	£5,000

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	This year our funds were primarily from: • Membership • Journal subscriptions & EBSCO • Salem University contribution to journal • Donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	None
A description of the principal risks facing the charity	Para 1.46	We currently rely on large donations to continue to fund the journal. If we were unable to secure further donations then we would be unable to continue to publish it in its current printed format.

Structure, Governance and Management

Description of charity's trusts:		N/a
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	A minimum of 50% of Trustees to be practicing or retired qualified healthcare professionals

Reference and Administrative details

Charity name	British Association for Holistic Medicine & Health Care
Other name the charity uses	BHMA (formerly 'British Holistic Medical Association')
Registered charity number	289459
Charity's principal address	27 Ivory House Clove Hitch Quay London SW11 3TN

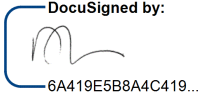
Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Donebauer	Chair		
2	Dr Antonia Wrigley	Vice Chair		
3	Ian Henghes			
4	Dr Thuli Whitehouse			
5	Darryl Edwards			
6				
7				
8				
9				
10				

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)		
	Full name(s)	Peter Donebauer	Antonia wrigley
	Position (eg Secretary, Chair, etc)	Chair	
	Date	19th November 2023	



Charity Name	No (if any)
British Association for Holistic Medicine & Health Care	289459

Receipts and payments accounts

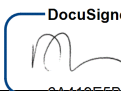
CC16a

For the period from	Period start date	To	Period end date
	01/07/2022		30/06/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership subs	14,133	-	-	14,133	7,697
Donations	10,585	170	-	10,755	631
Education grant	-	-	-	-	-
Journal income	10,452	-	-	10,452	4,462
Course Income	65	-	-	65	-
Other income	153	-	-	153	2,481
Gift Aid	-	-	-	-	-
Bank interest	103	-	-	103	11
Sub total (Gross income for AR)	35,491	170	-	35,661	15,282
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	35,491	170	-	35,661	15,282
A3 Payments					
Journal costs	12,874	-	-	12,874	13,567
Development costs	8,959	-	-	8,959	3,089
Administration costs	10,782	-	-	10,782	5,411
Website & Marcomms	848	365	-	1,213	1,095
Bank Fees	281	-	-	281	318
Accounts	-	-	-	-	479
Other costs	413	3,787	-	4,200	4,004
	-	-	-	-	-
Sub total	34,157	4,152	-	38,309	27,963
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	34,157	4,152	-	38,309	27,963
Net of receipts/(payments)	1,334	- 3,982	-	- 2,648	- 12,681
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	12,276	3,982	-	16,258	28,938
Cash funds this year end	13,610	0	-	13,610	16,258

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	13,610	- 0	-
		-	-	-
		-	-	-
	Total cash funds	13,610	- 0	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Independent Examination	Unrestricted	652	31 January 2024
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	 0A419E5B8A4C418...	ANTONIA J WRIGLEY	31/1/2024	



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

BRITISH ASSOCIATION FOR HOLISTIC MEDICINE & HEALTH CARE

**On accounts for the year
ended**

30/06/2023

**Charity no
(if any)**

289459

Set out on pages

1-5

**Respective
responsibilities of
trustees and examiner**

The charity's trustees consider that an audit is not required for this year (under section 43(2) of the Charities Act 1993 (the Act), as amended by s.28 of the Charities Act 2006) and that an independent examination is needed. It is my responsibility to:

- examine the accounts (under section 43 of the Act, as amended),
- to follow the procedures laid down in the General Directions given by the Charity Commission (under section 43(7)(b) of the Act, as amended), and
- to state whether particular matters have come to my attention.

**Basis of independent
examiner's statement**

My examination was carried out in accordance with General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent
examiner's statement**

In the course of my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the trustees have not met the requirements to ensure that:

- proper accounting records are kept (in accordance with section 41 of the Act); and
 - accounts are prepared which agree with the accounting records and comply with the accounting requirements of the Act; or
1. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

DocuSigned by:

C2F8368E1B574EA...

Date:

14/2/2024

Name:

Joanne Trowbridge

**Relevant professional
qualification(s) or body
(if any):**

MAAT

Address:

The Park, Daventry Road
Knowle, Bristol, BS4 1DQ

Accounts

Trustees' Annual Report 2021



CHARITY COMMISSION
FOR ENGLAND AND WALES

From 01/07/2020 To 30/06/2021

Charity name: British Association for Holistic Medicine & Health Care

Charity registration number: 289459

Objectives and Activities

	SORP	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The Association is established to educate and inform doctors, medical students, other healthcare professionals and members of the general public in the principles and practice of compassionate holistic medicine and health care.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	● Production of 3 journals annually ● Annual student essay competition ● Student ambassadors ● Workshops/webinars & retreats ● Real Food Campaign
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance on public benefit when making decisions

Achievements and Performance

	SORP	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Our journal articles are more widely read. They have been taken up by EBSCO and old journals are free to download on our website. We had 1 new university sign up to stock our journal. Some articles are being made into blog posts and these are being read by a wide audience. Our 2020 student essay competition had the largest number of entries to date – 107 from 25 universities. This also led to an influx of student ambassadors and in Birmingham and Cardiff medical schools the setting up of 'holistic societies'. We also had interest from a handful of qualified practitioners wanting to become ambassadors.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Our closing bank balance was nearly £29k with a surplus of nearly £18k this year
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We are keeping £5k as a reserve though this is more than we would need to close our charity
Amount of reserves held	Para 1.22	£5,000

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	This year our funds were primarily from: • Membership • Journal subscriptions & EBSCO • Donations • Education Grant
Investment policy and objectives including any social investment policy adopted	Para 1.46	None
A description of the principal risks facing the charity	Para 1.46	We currently rely on large donations to continue to fund the journal. If we were unable to secure further donations then we would be unable to continue to publish it in its current printed format.

Structure, Governance and Management

Description of charity's trusts:		N/a
Type of governing document (trust deed, royal charter)	Para 1.25	Trust Deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Unincorporated association
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	A minimum of 50% of Trustees to be practicing or retired qualified healthcare professionals

Reference and Administrative details

Charity name	British Association for Holistic Medicine & Health Care
Other name the charity uses	BHMA (formerly 'British Holistic Medical Association')
Registered charity number	289459
Charity's principal address	27 Ivory House Clove Hitch Quay London SW11 3TN

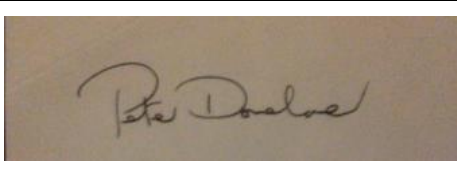
Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Peter Donebauer	Chair		
2	Dr Antonia Wrigley	Vice Chair		
3	Ian Henghes			
4	Dr Thuli Whitehouse			
5	Dr Andrew Sikorski			
6	Dr Adam Fazakerley		13/02/2021 -> current	
7	Darryl Edwards		13/02/2021 -> current	
8	Ciara Roberts		13/02/2021 – 07/06/2021	
9	David Balen		-> 01/05/2021	
10				

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

	Signature(s)		
	Full name(s)	Peter Donebauer	
	Position (eg Secretary, Chair, etc)	Chairman	
	Date	18th December 2021	

Charity Name British Association for Holistic Medicine & Health Care	No (if any) 289459
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Receipts and payments accounts

For the period from	Period start date 01/07/2020	To	Period end date 30/06/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Membership subs	9,244	-	-	9,244	8,006
Donations	15,531	-	-	15,531	2,538
Education grant	-	5,000	-	5,000	-
Journal income	6,449	-	-	6,449	2,638
Other income	108	-	-	108	25
Gift Aid	7,322	-	-	7,322	-
Bank interest	1	-	-	1	3
Sub total (Gross income for AR)	38,655	5,000	-	43,655	13,210
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	38,655	5,000	-	43,655	13,210
A3 Payments					
Journal costs	12,411	-	-	12,411	11,661
Development costs	3,882	-	-	3,882	1,263
Administration costs	6,873	-	-	6,873	4,362
Website & Marcomms	913	-	-	913	709
Bank Fees	308	-	-	308	293
Accounts	455	-	-	455	-
Other costs	244	685	-	929	409
Repayment of loan	500	-	-	500	-
Sub total	25,586	685	-	26,271	18,697
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	25,586	685	-	26,271	18,697
Net of receipts/(payments)	13,069	4,315	-	17,384	- 5,487
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	11,554	-	-	11,554	17,041
Cash funds this year end	24,623	4,315	-	28,938	11,554

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash at bank	24,623	4,315	-
		-	-	-
		-	-	-
	Total cash funds	24,623	4,315	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities				
	Independent Examination	Unrestricted	455	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		ANTONIA J WRIGLEY	13/01/2022	



Independent examiner's report on the accounts

Section A

Independent Examiner's Report

**Report to the trustees/
members of**

BRITISH ASSOCIATION FOR HOLISTIC MEDICINE & HEALTH CARE

**On accounts for the year
ended**

30/06/2019

**Charity no
(if any)**

289459

Set out on pages

1-7

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responsibilities of
trustees and examiner**

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1. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

13/01/2022

Name:

Joanne Trowbridge

**Relevant professional
qualification(s) or body
(if any):**

MAAT

Address:

The Park, Daventry Road

Knowle, Bristol, BS4 1DQ

