

REGISTERED COMPANY NUMBER: 01782119 (England and Wales)  
REGISTERED CHARITY NUMBER: 289520

Report of the Trustees and  
Unaudited Financial Statements for the Year Ended 31 December 2021  
for  
Highgate Counselling Centre

Venture Accountancy & Tax Ltd  
52 Bluebridge Road  
Brookmans Park  
Hatfield  
Hertfordshire  
AL9 7SA

Highgate Counselling Centre

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for the Year Ended 31 December 2021

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Highgate Counselling Centre

Report of the Trustees  
for the Year Ended 31 December 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

**ACHIEVEMENT AND PERFORMANCE**

**Charitable activities**

The activities of the Charity comprise contributions from clients and training course fees.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**

01782119 (England and Wales)

**Registered Charity number**

289520

**Registered office**

58a Highgate High Street  
London  
N6 5HX

**Trustees**

N Cobill, Barrister  
Ms S Fawcett, Director  
Ms H E Finch, Group Analytic Psychotherapist  
Dr B Friedmann, General Medical Practitioner  
N A Nicolaides, Director  
S W Radford, Director  
Dr J M Sargeant, Psychiatrist  
Ms V Wilkinson, Counsellor

**Company Secretary**

Ms L J Newens

**Independent Examiner**

Vasilis Vasiliou FCCA  
Venture Accountancy & Tax Ltd  
52 Bluebridge Road  
Brookmans Park  
Hatfield  
Hertfordshire  
AL9 7SA

**Bankers**

CAF Bank Limited  
PO Box 289  
West Malling  
Kent  
ME19 4TA

Highgate Counselling Centre

Report of the Trustees  
for the Year Ended 31 December 2021

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Advisers**

Investment Manager:

M&G Investment  
Laurence Pountney Hill  
London EC4R 0HH

CAF Bank Limited  
PO Box289  
West Malling  
Kent, ME19 4TA



## **HCC ANNUAL REPORT 2021**

### **Review of activities, achievements and future plans**

In 2021 HCC continued to operate throughout the Covid-19 pandemic. Up until July 2021 the centre remained closed and all counselling and services were conducted remotely. However in May we did open the centre for those clients that did not have access to a confidential space or the facility to meet remotely we were able to organise this by only unfurloughing one of the receptionists for 1.5 hours. Four of the receptionists remained furloughed with just one receptionist responding to calls and emails, arranging remote initial consultations, and taking remote payments.

As the Government restrictions eased we prepared to start to reopen the centre from September 2021. Initially there was little demand for face to face counselling either from clients or HCC counsellors. The intention had been to gradually reopen the centre and bring all of the receptionists back full time however there was a further lockdown so this was delayed until the October.

At this point two of the receptionists decided not to return to work at the centre and we therefore recruited a new receptionist. As demand continued to be less than pre-pandemic it was decided not to staff all office hours at the centre, only those where a receptionist was already scheduled or where there was a need for face to face counselling, thereby making some financial savings.

The role of the receptionist has also changed as we continue to minimise contact between people at the centre as a continuing Covid-19 preventative measure. The waiting room facilities continue to be suspended apart from when required by disabled clients and all payments are made remotely. Instead the receptionists have taken on more administrative tasks such as catching up with all of the administrative tasks that were not carried out during the lockdown. We have also developed a Clinical Coordinator role in which one of the receptionists has administrative responsibility for keeping a list of the counsellors waiting for clients and client waiting to be allocated. Client allocations to counsellors continues to be done by the Director.

Counsellors and clients are slowly returning to face to face counselling at the centre, and HCC ensures that counselling trainees have experience of both remote and face to face counselling. One of the Initial Consultation team is now offering face to face initial consultations, all others are conducted remotely but at least we are now able to offer the clients a choice.

We have continued to only use three of the five counselling rooms for face to face counselling. Although the Government restrictions have been removed we felt it best to continue with 2 metre social distancing for counsellors and clients, particularly as infection rates continue to be high. This can be reviewed in the summer when it will be possible to utilise better ventilation such as opening windows and when infection rates should be lower.

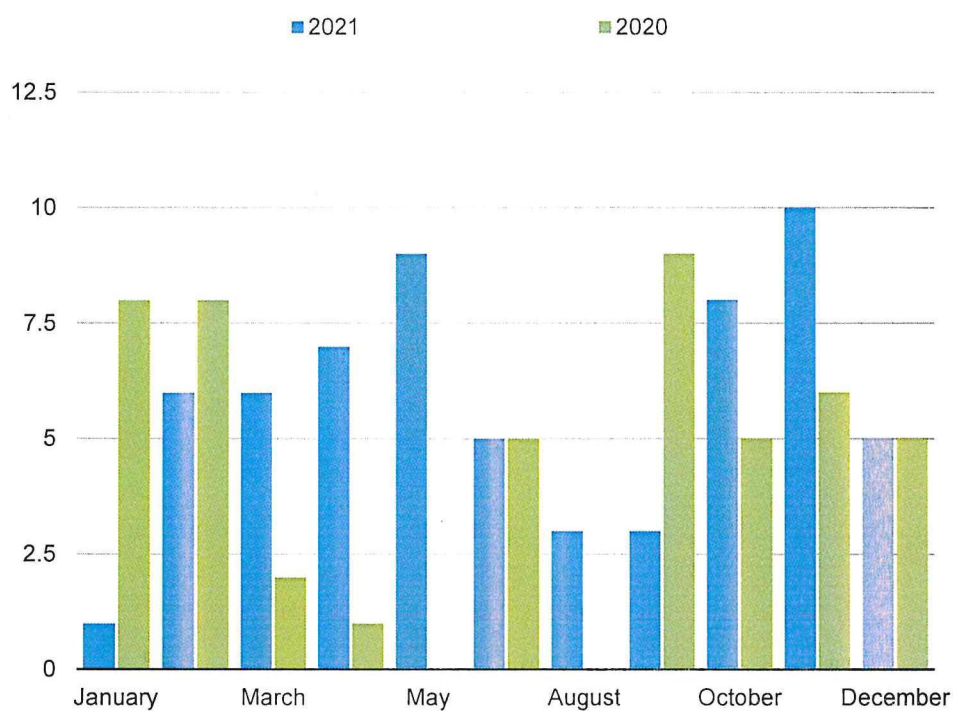
At the beginning of 2021 the current Director expressed her intention to retire in July of that year. The post was advertised and interviews were conducted. Although there were some very good candidates none of them were felt to be the right fit for HCC. After further discussion it was decided to restructure the Directors post at which point one of HCC's supervisors expressed an interest in the post. An interview was conducted and the applicant was offered the post which they will begin in May 2022.

### **Clients**

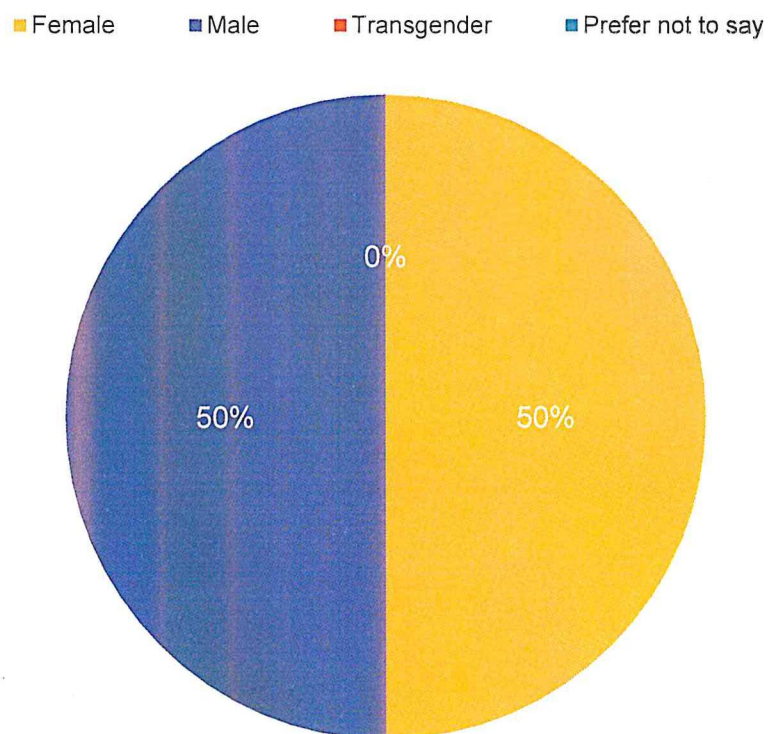
Client numbers and contributions were affected by the lockdown. In November 2019 there were 111 clients, by the end of 2020 these were down to 83. However they have continued to slowly increase over the year from 86 in May to 89 in August. Client contributions had been £3,294 per week in November 2019 but were down to £2,500 at the end of 2020. Again these have slowly increased to £2,710 per week in May and £2,930 per week in August. It was decided as a precautionary measure, in view of the unknown future of the pandemic, to budget client contributions at £2,500 for 2022, however so far they have remained at an average of £2,785 per week throughout the year.

## Initial Consultations

The number of initial consultations increased in 2021 - 74 compared to 54 in 2020 -

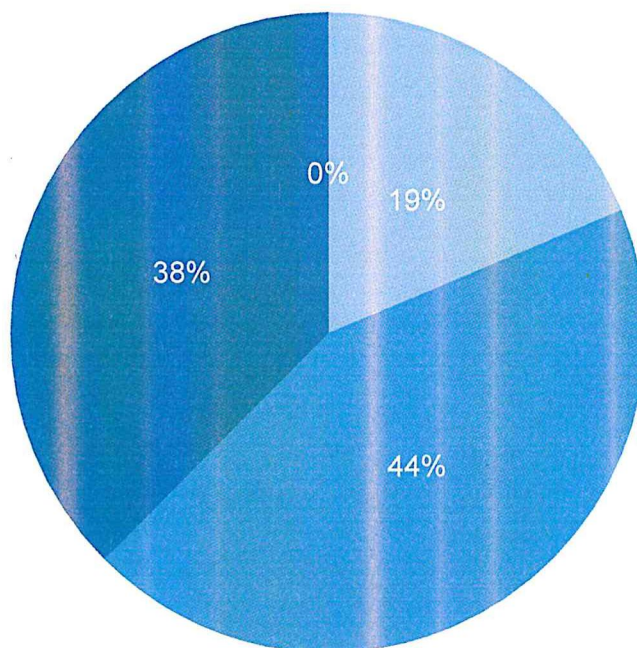


In 2020 there were an equal number of males and females requesting initial consultations -



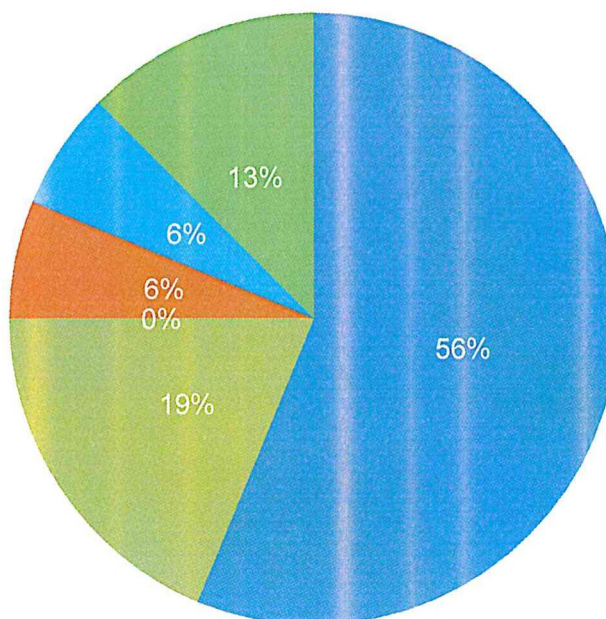
The majority were in the 25 to 34 years age range -

18-24 25-34 35-44 45-54 55-64 65+



Ethnic origin was mainly White British -

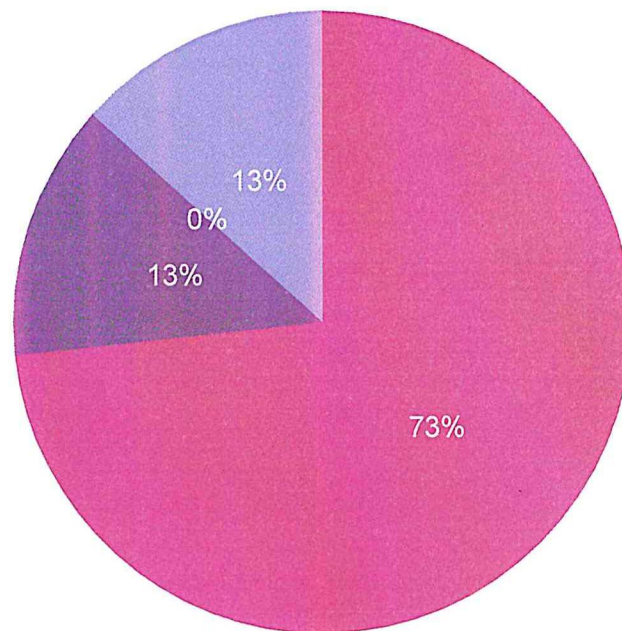
White British Other White  
Asian/Asian British Indian Other Asian/Asian British  
Black/Black British Caribbean Black/Black British African  
White Irish Other





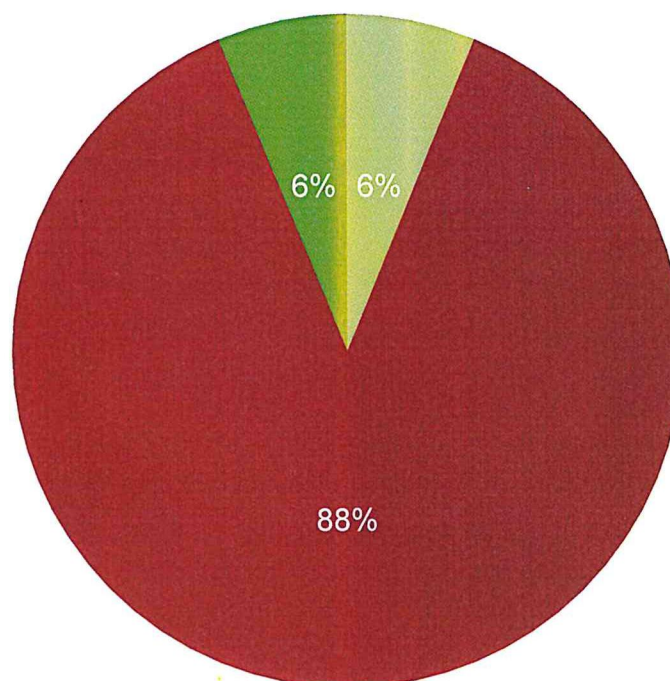
Sexuality -

■ Heterosexual ■ Bisexual ■ Homosexual ■ Prefer not to say

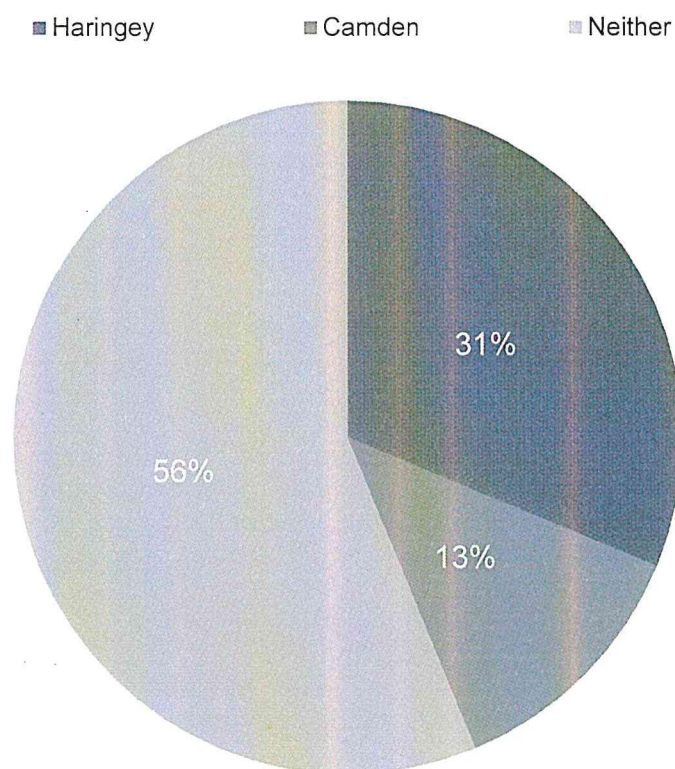


Disability -

■ Yes ■ No ■ Prefer not to say



The majority of people enquiring about counselling at HCC came from outside of the local boroughs of Haringey and Camden -



## TRAINING REPORT

### BACKGROUND

We currently provide two training courses:

#### CERTIFICATE IN COUNSELLING SKILLS

- Runs from September until July with an annual intake (for example September 2021 until July 2022)
- 3 teaching terms of 10 weeks duration
- Part-time attendance, one evening per week

Students also attend:

- An induction evening attended by HCC's Director and Training Manager
- Course management meetings at the end of terms 1 and 2 attended by the Chair of the Council of Management, HCC's Director and Training Manager
- One-to-one tutorials with the Certificate tutor at the end of each term
- A group tutorial for the academic assignment, facilitated by the Training Manager

#### DIPLOMA IN PSYCHODYNAMIC COUNSELLING

*Accredited by the British Association for Counselling and Psychotherapy (BACP)*

- Runs from September until December with an annual intake (for example September 2019 until December 2021)
- 3 teaching terms of 10 weeks duration in year 1
- 3 teaching terms of 10 weeks duration in year 2
- An additional final term to complete the clinical paper and to accrue 100 clinical hours as required by the BACP
- Part-time attendance, two evenings per week plus Saturday workshops per term

Workshops provided as part of the course:

- |  |                                 |
|--|---------------------------------|
| - Office Induction                         | - Preparing for supervision     |
| - Diversity                                | - Suicide and Risk Assessment   |
| - Medication and Diagnosis                 | - Psychosexuality               |
| - Mentalisation Based Therapy              | - Dynamic Interpersonal Therapy |
| - Assessment for Psychodynamic Counselling |                                 |

Some of these workshops are open to external delegates. Uptake is minimal but additional income is generated from these CPD events.

Students also attend:

- An induction evening attended by HCC's Director and Training Manager
- Course management meetings at the end of terms 1-6, attended by the Chair of the Council of Management, HCC's Director and Training Manager
- One-to-one tutorials with either HCC's Director or Training Manager at the end of each term
- Group tutorials for 4 x academic assignments and 1 clinical paper facilitated by the Training Manager
- Weekly supervision for the duration of the course
- Personal therapy until qualification
- An in-house placement with HCC to develop their clinical skills and experience
- An external placement where this is deemed appropriate

During 2021, the following courses were operational:

**CERTIFICATE IN COUNSELLING SKILLS SEPTEMBER 2020-2021**

**COURSE FEE £1,650**

16 students were recruited to the course. 13 students successfully completed the training in July 2021. Because of COVID we were not able to hold an awards ceremony and so certificates were posted to the students individually. The transition to remote training, because of lockdown, was experienced positively by the majority of the cohort.

**CERTIFICATE IN COUNSELLING SKILLS SEPTEMBER 2021-JULY 2022**

**COURSE FEE £1,850**

**FACE-TO-FACE TRAINING**

16 students were recruited to the course. The course runs on Tuesday evenings. 1 student has transferred to the online training Certificate training and 1 student left the course in November 2021. Feedback from both tutors and students indicates the course is going well. At the end of 2021, 14 students were still in training.

**CERTIFICATE IN COUNSELLING SKILLS SEPTEMBER 2021-JULY 2022**

**COURSE FEE £1,850**

**ON-LINE TRAINING**

An additional Certificate course was set-up and delivered remotely using the Zoom platform running from September 2021 to July 2022. 11 students were recruited to the course, which runs on Tuesday evenings. One student left prematurely but 11 students continue with this training, which includes the student who transferred from the face-to-face training to the online course. Feedback from the tutor and students indicated the course is going well. The course follows the same curriculum as the face-to-face training.

**DIPLOMA IN PSYCHODYNAMIC COUNSELLING 2019-2021**

**COURSE FEE £8,800**

12 students were recruited to the course. One student, who signed up for the course, left before the course actually started because of time constraints. A second student withdrew at the end of year 1 for personal reasons. At the end of 2021, 10 students remained in training. 2 students are close to qualifying as they have completed their final clinical paper, and have almost accrued the required 100 clinical hours.

**DIPLOMA IN PSYCHODYNAMIC COUNSELLING 2020-2022**

**COURSE FEE £12,000**

13 students were originally recruited to the course. At the end of 2021, 12 remain in training with one trainee deferring her second year of training to next year since she has had a baby. This course has comprised blended learning, i.e. a mix of online training and face-to-face training because of lockdown. The course fee was raised to help cover the additional costs in HCC moving to newer premises. This fee remains competitive in line with other training providers.

HCC acknowledge the enormous efforts made by tutors, experiential group facilitators and supervisors in making the transition from face-to-face training/supervision to remote training/supervision.

**DIPLOMA IN PSYCHODYNAMIC COUNSELLING 2021-2023**

**COURSE FEE £12,200**

13 students were recruited to this training – all remain in training at the end of 2021. Theory and experiential group was delivered face-to-face at North Bank. Skills training was delivered via the Zoom platform. We hope to return to face-to-face training for the skills element as soon as possible.



### TRAINING OPEN DAY

An Open Day was held on Saturday, 27th March 2021, which was delivered via Zoom and attended by the Training Manager and a member of the admin team. Students from previous courses also attended and have presentations about their experiences on the course.

- 16 attended the Certificate presentation (21 scheduled to attend).
- 31 attended the Diploma presentation (43 scheduled to attend).

The presentations were well received by those attending. Feedback received during the interviews for the courses starting in September demonstrated that delegates appreciated the presentations and the insights provided by students who had previously attended training with HCC.

### TRAINING COMMITTEE MEETINGS

*During 2021, training committee meetings were held on 18 February, 26 May and 27 October.* These meetings are attended by the Chair of the Council of Management, HCC's Director, Training Manager and the Secretary. All tutors, supervisors and experiential group facilitators are invited to attend these meetings.

Approved by order of the board of trustees on 21/9/22 and signed on its behalf by:

  
S W Radford - Trustee



Independent Examiner's Report to the Trustees of  
Highgate Counselling Centre

**Independent examiner's report to the trustees of Highgate Counselling Centre ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2021.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Vasilis Vasiliou FCCA  
Venture Accountancy & Tax Ltd  
52 Bluebridge Road  
Brookmans Park  
Hatfield  
Hertfordshire  
AL9 7SA

Date: .....

Highgate Counselling Centre

Statement of Financial Activities  
for the Year Ended 31 December 2021

	Notes	Unrestricted funds £	Restricted fund £	31.12.21 Total funds £	31.12.20 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies		21	-	21	17
Other trading activities	2	293,385	-	293,385	249,018
Investment income	3	1,261	-	1,261	1,647
Other income		<u>11,329</u>	<u>-</u>	<u>11,329</u>	<u>12,030</u>
<b>Total</b>		305,996	-	305,996	262,712
<b>EXPENDITURE ON</b>					
Other		297,056	-	297,056	266,292
Net gains/(losses) on investments		<u>3,736</u>	<u>-</u>	<u>3,736</u>	<u>(2,815)</u>
<b>NET INCOME/(EXPENDITURE)</b>		12,676	-	12,676	(6,395)
<b>RECONCILIATION OF FUNDS</b>					
<b>Total funds brought forward</b>		<u>137,703</u>	<u>-</u>	<u>137,703</u>	<u>144,098</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u><u>150,379</u></u>	<u><u>-</u></u>	<u><u>150,379</u></u>	<u><u>137,703</u></u>

The notes form part of these financial statements

Highgate Counselling Centre

Balance Sheet

31 December 2021

	Notes	Unrestricted funds £	Restricted fund £	31.12.21 Total funds £	31.12.20 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	8	59,870	-	59,870	65,655
<b>CURRENT ASSETS</b>					
Debtors	9	32,403	-	32,403	42,468
Investments	10	47,888	-	47,888	44,398
Cash at bank		<u>91,083</u>	<u>-</u>	<u>91,083</u>	<u>70,439</u>
		171,374	-	171,374	157,305
<b>CREDITORS</b>					
Amounts falling due within one year	11	(45,502)	-	(45,502)	(35,257)
		<u>125,872</u>	<u>-</u>	<u>125,872</u>	<u>122,048</u>
<b>NET CURRENT ASSETS</b>					
		185,742	-	185,742	187,703
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>					
<b>CREDITORS</b>					
Amounts falling due after more than one year	12	(35,363)	-	(35,363)	(50,000)
		<u>150,379</u>	<u>-</u>	<u>150,379</u>	<u>137,703</u>
<b>NET ASSETS</b>					
<b>FUNDS</b>	14				
Unrestricted funds				<u>150,379</u>	<u>137,703</u>
<b>TOTAL FUNDS</b>				<u>150,379</u>	<u>137,703</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21/9/22 and were signed on its behalf by:

  
S W Radford - Trustee

The notes form part of these financial statements

## 1. ACCOUNTING POLICIES

### Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

### Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

### Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

### Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

### Taxation

The charity is exempt from corporation tax on its charitable activities.

### Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

### Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

## 2. OTHER TRADING ACTIVITIES

	31.12.21	31.12.20
	£	£
Client contributions	113,510	105,587
Training course fees	179,875	143,231
Supervision fees	-	200
	<u>293,385</u>	<u>249,018</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 December 2021

**3. INVESTMENT INCOME**

	31.12.21	31.12.20
	£	£
Dividends	1,256	1,612
Deposit account interest	<u>5</u>	<u>35</u>
	<u>1,261</u>	<u>1,647</u>

**4. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	31.12.21	31.12.20
	£	£
Depreciation - owned assets	<u>5,785</u>	<u>5,784</u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2021 nor for the year ended 31 December 2020.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 December 2021 nor for the year ended 31 December 2020.

**6. STAFF COSTS**

The average monthly number of employees during the year was as follows:

	31.12.21	31.12.20
Employees	7	6
Director trustees	<u>8</u>	<u>8</u>
	<u>15</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted fund £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	17	-	17
Other trading activities	249,018	-	249,018
Investment income	1,647	-	1,647
Other income	<u>12,030</u>	<u>-</u>	<u>12,030</u>
<b>Total</b>	262,712	-	262,712
<b>EXPENDITURE ON</b>			
Other	266,292	-	266,292
Net gains/(losses) on investments	<u>(2,815)</u>	<u>-</u>	<u>(2,815)</u>
<b>NET INCOME/(EXPENDITURE)</b>	(6,395)	-	(6,395)



7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted fund £	Total funds £
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	144,098	-	144,098
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>137,703</u>	<u>-</u>	<u>137,703</u>

8. TANGIBLE FIXED ASSETS

	Short leasehold £	Plant and machinery £	Computer equipment £	Totals £
<b>COST</b>				
At 1 January 2021 and 31 December 2021	<u>81,641</u>	<u>1,367</u>	<u>7,706</u>	<u>90,714</u>
<b>DEPRECIATION</b>				
At 1 January 2021	16,328	1,025	7,706	25,059
Charge for year	<u>5,443</u>	<u>342</u>	<u>-</u>	<u>5,785</u>
At 31 December 2021	<u>21,771</u>	<u>1,367</u>	<u>7,706</u>	<u>30,844</u>
<b>NET BOOK VALUE</b>				
At 31 December 2021	<u>59,870</u>	<u>-</u>	<u>-</u>	<u>59,870</u>
At 31 December 2020	<u>65,313</u>	<u>342</u>	<u>-</u>	<u>65,655</u>

9. DEBTORS

	31.12.21 £	31.12.20 £
Amounts falling due within one year:		
Trade debtors	3,505	3,755
Other debtors	2,648	2,648
Prepayments	<u>8,750</u>	<u>18,565</u>
	<u>14,903</u>	<u>24,968</u>
Amounts falling due after more than one year:		
Other debtors	<u>17,500</u>	<u>17,500</u>
Aggregate amounts	<u>32,403</u>	<u>42,468</u>

# Highgate Counselling Centre

## Notes to the Financial Statements - continued for the Year Ended 31 December 2021

### 10. CURRENT ASSET INVESTMENTS

	31.12.21	31.12.20
	£	£
Other	<u>47,888</u>	<u>44,398</u>

### 11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.21	31.12.20
	£	£
Trade creditors	16,142	14,122
Social security and other taxes	-	416
Other creditors	43	39
Deferred income	17,080	18,080
Accrued expenses	<u>2,600</u>	<u>2,600</u>
	<u>35,865</u>	<u>35,257</u>

### 12. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.12.21	31.12.20
	£	£
Bank loans (see note 13)	<u>35,363</u>	<u>50,000</u>

### 13. LOANS

An analysis of the maturity of loans is given below:

	31.12.21	31.12.20
	£	£
Amounts falling due within one year on demand:		
Bank loans	<u>9,637</u>	<u>-</u>
Amounts falling between one and two years:		
Bank loans - 1-2 years	<u>9,877</u>	<u>-</u>
Amounts falling due between two and five years:		
Bank loans - 2-5 years	<u>25,486</u>	<u>-</u>
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more 5 yr by instal	-	50,000

### 14. MOVEMENT IN FUNDS

	At 1.1.21	Net movement in funds	At 31.12.21
	£	£	£
<b>Unrestricted funds</b>			
General funds	137,703	12,676	150,379
	<u>137,703</u>	<u>12,676</u>	<u>150,379</u>
<b>TOTAL FUNDS</b>	<u>137,703</u>	<u>12,676</u>	<u>150,379</u>

Notes to the Financial Statements - continued  
for the Year Ended 31 December 2021

14. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General funds	305,996	(297,056)	3,736	12,676
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>305,996</u>	<u>(297,056)</u>	<u>3,736</u>	<u>12,676</u>

Comparatives for movement in funds

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
<b>Unrestricted funds</b>			
General funds	144,098	(6,395)	137,703
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>144,098</u>	<u>(6,395)</u>	<u>137,703</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General funds	262,712	(266,292)	(2,815)	(6,395)
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>262,712</u>	<u>(266,292)</u>	<u>(2,815)</u>	<u>(6,395)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.20 £	Net movement in funds £	At 31.12.21 £
<b>Unrestricted funds</b>			
General funds	144,098	6,281	150,379
	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>144,098</u>	<u>6,281</u>	<u>150,379</u>



**14. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
<b>Unrestricted funds</b>				
General funds	568,708	(563,348)	921	6,281
	<hr/>	<hr/>	<hr/>	<hr/>
<b>TOTAL FUNDS</b>	<u>568,708</u>	<u>(563,348)</u>	<u>921</u>	<u>6,281</u>

**15. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 December 2021.

Highgate Counselling Centre

Detailed Statement of Financial Activities  
for the Year Ended 31 December 2021

	31.12.21 £	31.12.20 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Gifts	-	(1)
Donations	21	18
	21	17
<b>Other trading activities</b>		
Client contributions	113,510	105,587
Training course fees	179,875	143,231
Supervision fees	-	200
	293,385	249,018
<b>Investment income</b>		
Dividends	1,256	1,612
Deposit account interest	5	35
	1,261	1,647
<b>Other income</b>		
CJRS grant	11,329	12,030
<b>Total incoming resources</b>	305,996	262,712
<b>EXPENDITURE</b>		
<b>Other</b>		
Wages	132,160	137,329
Pensions	633	1,030
Training course expenses	9,443	8,267
Room hire	2,178	2,051
Trainer, tutors and other fees	50,623	49,424
Sundry course expenses	5,240	2,781
Search fees	720	540
Rent & room hire	35,788	35,701
Consultation fees	1,765	1,885
Subscriptions	1,638	2,974
Cleaning	2,124	2,348
Property maintenance	33,123	1,243
Short leasehold	5,443	-
Improvements to property	-	5,443
Plant and machinery	342	342
Bank loan interest	597	-
	281,817	251,358
<b>Support costs</b>		
<b>Management</b>		
Light and heat	3,653	3,375
Carried forward	3,653	3,375

This page does not form part of the statutory financial statements

Highgate Counselling Centre

Detailed Statement of Financial Activities  
for the Year Ended 31 December 2021

	31.12.21 £	31.12.20 £
<b>Management</b>		
Brought forward	3,653	3,375
Telephone	<u>1,658</u>	<u>1,819</u>
	5,311	5,194
<b>Finance</b>		
Sundries	477	195
Bank charges	<u>1,275</u>	<u>1,776</u>
	1,752	1,971
<b>Other</b>		
Insurance	4,151	1,784
Postage and stationery	607	627
Sundries	57	1,088
Email, hosting & IT costs	<u>417</u>	<u>1,396</u>
	5,232	4,895
<b>Governance costs</b>		
Accountancy fees	<u>2,944</u>	<u>2,874</u>
Total resources expended	<u>297,056</u>	<u>266,292</u>
<b>Net income/(expenditure)</b>	<u>8,940</u>	<u>(3,580)</u>

This page does not form part of the statutory financial statements