

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 December 2020
for
Highgate Counselling Centre

Venture Accountancy & Tax Ltd
52 Bluebridge Road
Brookmans Park
Hatfield
Hertfordshire
AL9 7SA

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for the Year Ended 31 December 2020

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Report of the Trustees
for the Year Ended 31 December 2020

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 December 2020. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The activities of the Charity comprise contributions from clients and training course fees.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

01782119 (England and Wales)

Registered Charity number

289520

Registered office

58a Highgate High Street
London
N6 5HX

Trustees

N Cobill	Barrister
Ms S Fawcett	Director
Ms H E Finch	Group Analytic Psychotherapist
Dr B Friedmann	General Medical Practitioner
N A Nicolaides	Director
S W Radford	Director
Dr J M Sargeant	Psychiatrist
Ms V Wilkinson	Counsellor

Company Secretary

Ms L J Newens

Independent Examiner

Vasilis Vasiliou ACCA
Venture Accountancy & Tax Ltd
52 Bluebridge Road
Brookmans Park
Hatfield
Hertfordshire
AL9 7SA

Bankers

CAF Bank Limited
PO Box 289
West Malling
Kent
ME19 4TA

REFERENCE AND ADMINISTRATIVE DETAILS

Advisers

Investment Manager:

M&G Investment
Laurence Pountney Hill
London EC4R 0HH

CAF Bank Limited
PO Box289
West Malling
Kent, ME19 4TA

Review of activities, achievements and future plans

2020 began as any normal year for HCC as we settled in to our new premises, we knew about Covid-19 but had no idea at that time what the consequences of the pandemic would prove to be for the organisation. Thanks to the sterling efforts of Kevin Hamilton the Training Manager and Caspar Kennerdale HCC's IT expert by the time that the country had gone into lockdown on 23rd March, all of HCC's counsellors and trainees had been instructed on how to conduct counselling online and access the training online.

Initially lockdown was to be for three weeks but it soon became apparent that the pandemic was going to cause a much longer disruption.

As the centre was closed HCC took advantage of the Governments furloughing scheme, furloughing four receptionists and the cleaner. One of the receptionists was kept on to answer phone calls and emails which was done from home, and all payments were made remotely.

It has continued to prove a challenging time for HCC as it has for most organisations affected by the Covid-19 pandemic. Fortunately we have been able to respond to and meet those challenges.

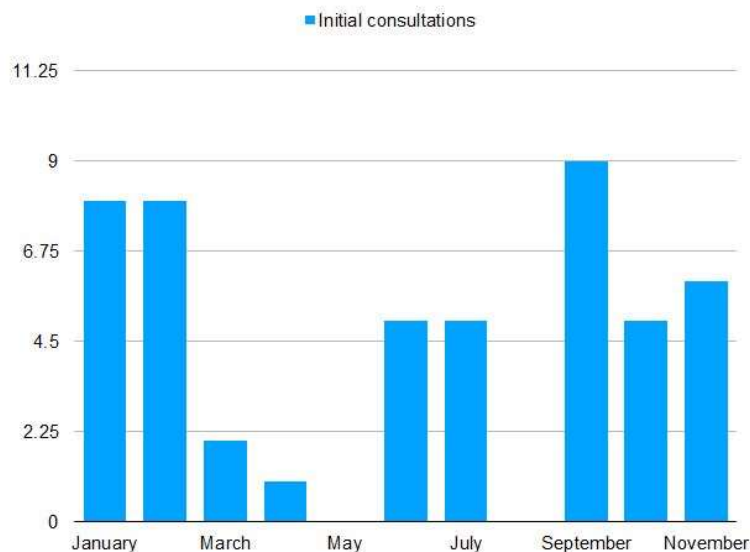
Clients

Client numbers and client contributions have been affected. In November 2019 client numbers were 111 with contributions of £3,294 per week. By the end of 2020 client numbers were 83 with contributions of £2,500, however this did remain steady throughout the year and by May 2021 these figures have started to increase.

Also, as a number of HCC's clients were furloughed it was agreed that, where needed, client contributions could be reduced by 20% in line with the furloughing scheme.

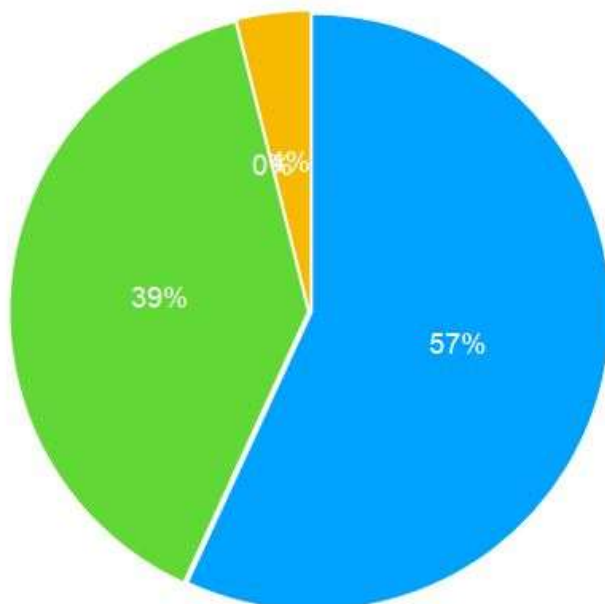
Initial consultations

As can be seen from the statistics below the number of initial consultations being conducted fell when lockdown began. These have gradually increased up to September when a record nine initial consultations were conducted, and have since continued at pre-lockdown levels.



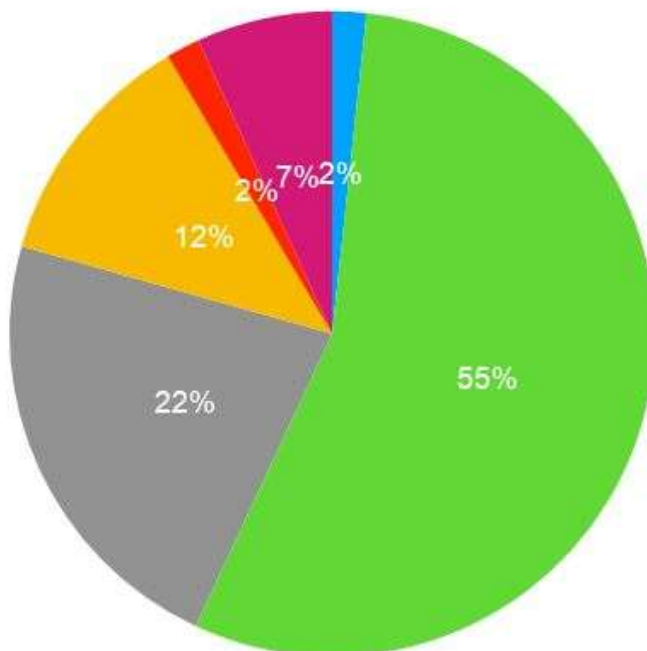
Gender

Female Male Transgender Don't know

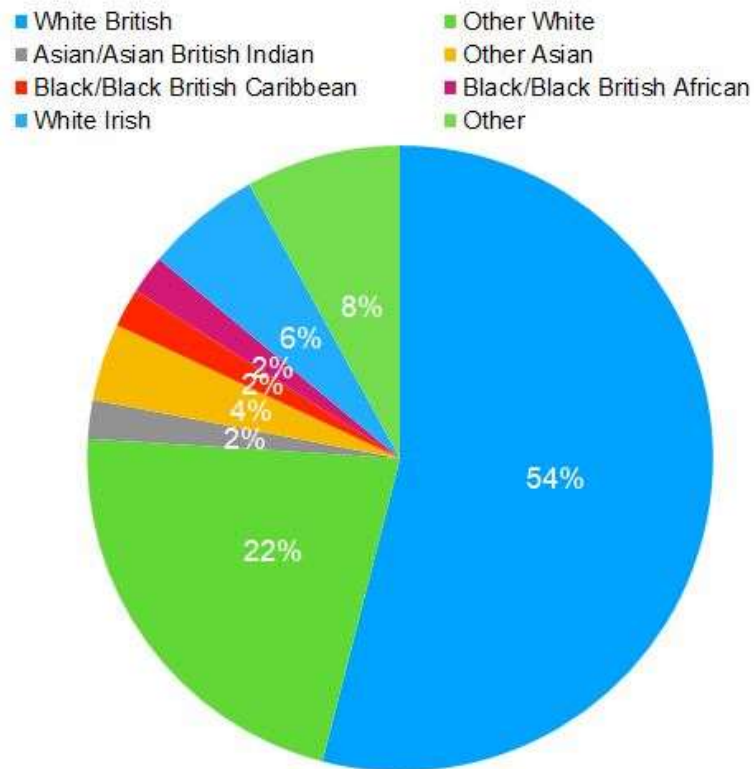


Age-range

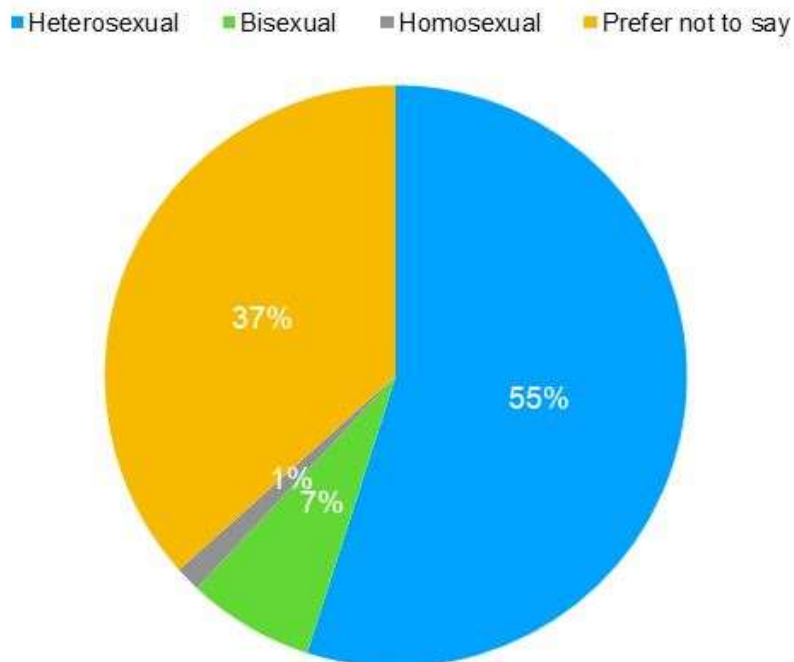
18 - 24 25 - 34 35 - 44 45 - 54 55 - 64 65+



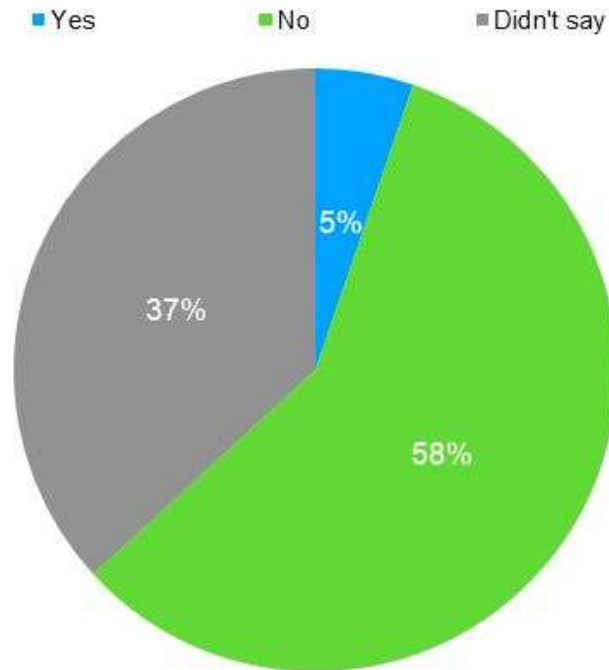
Ethnic origin



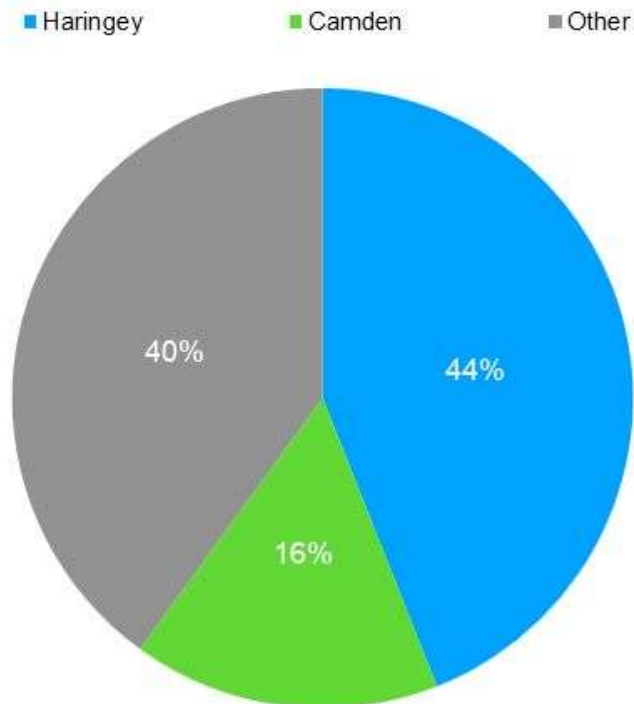
Sexual orientation



Disability



Borough of residency



As will be seen from the above statistics of those clients who completed an Equal Opportunities Information form HCC continues to attract a large number of male as well as female clients.

The largest group of clients, contacting the centre for counselling, were in the 25 to 34 year age group, followed by the 35 to 44 year age group.

The majority of clients were of a White British background, and most identified as heterosexual in terms of sexual orientation. Five per cent of clients said that they had a disability, and the majority lived in the Borough of Haringey although almost the same percentage came from other Boroughs.

Counselling

We prepared to reopen the centre for counselling in September, however concerns remained high and the majority of clients and counsellors chose to continue to work remotely.

We introduced appropriate protocols for face to face counselling at the centre which meant that in order to maintain social distancing we could only use three of the five counselling rooms. As mentioned above the demand for face to face counselling has remained low so does not present a problem, but as demand increases thought will need to be given to how to prioritise the availability of rooms.

Trainees

When we went into lockdown in March 2020 only one of the 2020/22 cohort of Diploma trainees had started working with clients, and so was able to continue working remotely with the client. However at that time BACP regulation was that a trainee could not work with a first client remotely and also that only 30% of the clinical hours could be remote as opposed to face to face.

This presented a major problem for HCC as only one trainee out of the 13 cohort had begun working with a client. A further complication was that some of the trainees had not had their DBS checks done and the receptionist who conducted the checks had been furloughed.

However as the lockdown continued BACP in negotiation with training organisations such as HCC agreed to adapt their requirements to the unprecedented circumstances that the pandemic presented. All trainees of that cohort are now working with clients and are on their way to attaining their 100 clinical hours.

Tony Gahan Counselling Fund

In 2019 we had met with Paul Raymond who wished to make a donation to HCC in the name of his Uncle Tony Gahan who had suffered from dementia. In discussion with Paul it was agreed that a counselling fund would be set up in his Uncle's name for people affected by a loved one being diagnosed with dementia.

With the onset of the pandemic this was put on hold, but is now ready to begin. It will be advertised on the website and through dementia organisations.

Future issues

The aim is to start to reopen the centre for face to face counselling from September 2021, the receptionists will be gradually unfurloughed over the month as the amount of face to face counselling increases. The furlough scheme finishes at the end of September when all of the receptionists will return to their normal working hours at the centre.

Director

The current Director has indicated her intention to retire at some point in 2021, when a suitable replacement has been found. The recruitment process has started

Training Report

Background

Highgate Counselling Centre (HCC) currently provide two training courses:

Certificate in Counselling Skills

- Runs from September until July with an annual intake (for example September 2019 until July 2020).
- 3 teaching terms of 10 weeks duration
- Part-time attendance, one evening per week

Students also attend:

- An induction evening attended by HCC's Director and Training Manager
- Course management meetings at the end of terms 1 and 2 attended by the Chair of the Council of Management, HCC's Director and Training Manager
- One-to-one tutorials with the Certificate tutor at the end of each term
- Group tutorial for the sole academic assignment Facilitator: Training Manager

Diploma in Psychodynamic Counselling (accredited by the BACP)

- Runs from September until December with an annual intake (for example September 2019 until December 2021)
- 3 teaching terms of 10 weeks duration in year 1
- 3 teaching terms of 10 weeks duration in year 2
- An additional final term to complete the clinical paper and to accrue 100 clinical hours as required by the BACP
- Part-time attendance, two evenings per week plus one Saturday workshop per term

Workshops provided as part of the course:

Office Induction	Preparing for supervision
Diversity	Suicide and Risk Assessment
Medication and Diagnosis	Psychosexuality
Mentalisation Based Therapy	Dynamic Interpersonal Therapy
Assessment for psychodynamic counselling	

These workshops are also open to delegates other than those attending the course, which provides additional income to HCC.

Students also attend:

- An induction evening attended by HCC's Director and Training Manager
- Course management meetings at the end of terms 1-6, attended by the Chair of the Council of Management, HCC's Director and Training Manager
- One-to-one tutorials with either HCC's Director or Training Manager at the end of each term
- Group tutorials for 4 x academic assignments and 1 clinical paper Facilitator: Training Manager
- Weekly supervision for the duration of the course
- Personal therapy until they qualify
- An in-house placement with HCC to develop their clinical skills and experience

During 2020 the following courses were operational:

Certificate in Counselling Skills September 2019-July 2020

Course fee £1,400

16 students were recruited to the course. All 16 students completed the training. Because of COVID we were not able to hold an awards ceremony and so student certificates were posted to the students individually. The transition from face-to-face training to remote training using the Zoom platform was experienced positively by the majority of the cohort.

Certificate in Counselling Skills September 2020-July 2021

Course fee £1,650

16 students were recruited to the course. 2 students left during the course of the training for personal reasons. 14 students completed the training. As we were not able to hold an awards ceremony, their certificates were posted to them. The entire course was delivered via the Zoom platform, which was experienced positively by the majority of the cohort.

Diploma in Psychodynamic Counselling 2018-2020

Course fee £8,500

11 students were recruited to the course. 2 students did not complete the training for personal reasons. Of the 9 remaining students, 8 have qualified to date. One student still needs to submit his final clinical paper. The majority of the training was delivered face-to-face, with remote training taking place from March 2020.

Diploma in Psychodynamic Counselling 2019-2021

Course fee £8,800

12 students were recruited to the course. One student, who has signed up the course, left before the course actually started, because of time constraint. A second student withdrew at the end of year 1 for personal reasons. Terms 1 and part of Term 2 was delivered face-to-face. Due to the pandemic, the remaining training during 2020 was delivered via the Zoom platform. As previously stated, this presented a major problem for HCC as only one trainee from this cohort had begun working with a client when London went into lockdown. A further complication was that some of the trainees had not had their DBS checks done and the receptionist who conducted the checks had been furloughed.

Diploma in Psychodynamic Counselling 2020-2022

Course fee £12,000

13 students were recruited to the course starting in September 2020. All students remain in training. To date, the content has been delivered via the Zoom platform. This fee remains competitive in line with other training providers.

HCC acknowledge the enormous efforts made by tutors, experiential group facilitators and supervisors in making the transition from face-to-face training/supervision to remote training/supervision.

Training Open Day

The training open day was held on 14 March 2020 at the Quakers Meeting Rooms, Church Crescent, Muswell Hill. The first part of the open day concentrated on the Certificate in Counselling Skills starting in September 2020.

A formal presentation about the Certificate course was delivered by the Training Manager, Kevin Hamilton. Linda McDonald, a former Certificate student talked about her experiences on the course. The content was well received and appreciated by those present.

The second part of the open day concentrated on the Diploma starting in September 2020.

A formal presentation was delivered by the Training Manager, Kevin Hamilton and a current Diploma student, Eleni Henderson, talked about her experience on the course. Again, the content was well received and appreciated by those present.

Attendance at the open day was not as high as it usually is. This was perhaps due to some nervousness about COVID-19, though we had not yet gone into lockdown.

Open Forum

An open forum was scheduled to be held on Tuesday, 14th July 2020 at Muswell Hill Methodist Church, Pages Lane, London N10. The forum is open to all stakeholders at HCC including centre staff, tutors, supervisors, qualified and student counsellors, intake counsellors and anyone else involved with the Centre. The forum provides an opportunity to raise any issues/questions with the Council of Management and the management team at HCC.

The forum was cancelled due to the pandemic.

BACP Course re-accreditation

The BACP contacted HCC on 20th October 2020 conveying that they had completed the assessment of the course accreditation renewal application and informed us that the course has been successfully renewed for a further 5 years. The report was received with no conditions attached. The assessor commented as follows:

"The assessor would like to commend Highgate Counselling Centre for a very well organised and professionally presented application. The supporting statements were clear, and the supporting evidence was strong. A picture emerges of a well-run course that provides trainees with a training that is both containing and appropriately challenging."

Training Committee meetings

During 2020, training committee meetings were held on 18 February, 26 May and 27 October. These meetings are attended by the Chair of the Council of Management, HCC's Director, Training Manager and the Secretary. All tutors, supervisors and experiential group facilitators are invited to attend these meetings.

Approved by order of the board of trustees on 21 September 2021 and signed on its behalf by:

S W Radford - Trustee

Independent examiner's report to the trustees of Highgate Counselling Centre ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 December 2020.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ACCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Vasilis Vasiliou ACCA
Venture Accountancy & Tax Ltd
52 Bluebridge Road
Brookmans Park
Hatfield
Hertfordshire
AL9 7SA

21 September 2021

Highgate Counselling Centre

Statement of Financial Activities
for the Year Ended 31 December 2020

	Notes	Unrestricted funds £	Restricted fund £	31.12.20 Total funds £	31.12.19 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		-	-	-	-
Other trading activities	2	249,036	-	249,036	252,721
Investment income	3	1,647	-	1,647	1,677
Other income		<u>12,029</u>	<u>-</u>	<u>12,029</u>	<u>-</u>
Total		262,712	-	262,712	254,398
EXPENDITURE ON					
Other		266,292	-	266,292	272,730
Unrealised Net gains/(losses) on investments		<u>(2,815)</u>	<u>-</u>	<u>(2,815)</u>	<u>-</u>
NET INCOME/(EXPENDITURE)		(6,395)	-	(6,395)	(18,332)
Other recognised gains/(losses)					
Gains on revaluation of fixed assets		<u>-</u>	<u>-</u>	<u>-</u>	<u>2,297</u>
Net movement in funds		(6,395)	-	(6,395)	(16,035)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>144,098</u>	<u>-</u>	<u>144,098</u>	<u>160,133</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>137,703</u></u>	<u><u>-</u></u>	<u><u>137,703</u></u>	<u><u>144,098</u></u>

The notes form part of these financial statements

Highgate Counselling Centre

Balance Sheet
31 December 2020

	Notes	Unrestricted funds £	Restricted fund £	31.12.20 Total funds £	31.12.19 Total funds £
FIXED ASSETS					
Tangible assets	8	65,655	-	65,655	71,439
CURRENT ASSETS					
Debtors	9	42,468	-	42,468	36,388
Investments	10	44,398	-	44,398	46,935
Cash at bank		<u>70,439</u>	<u>-</u>	<u>70,439</u>	<u>28,426</u>
		157,305	-	157,305	111,749
CREDITORS					
Amounts falling due within one year	11	<u>(35,257)</u>	<u>-</u>	<u>(35,257)</u>	<u>(39,090)</u>
NET CURRENT ASSETS		<u>122,048</u>	<u>-</u>	<u>122,048</u>	<u>72,659</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		187,703	-	187,703	144,098
CREDITORS					
Amounts falling due after more than one year	12	<u>(50,000)</u>	<u>-</u>	<u>(50,000)</u>	<u>-</u>
NET ASSETS		<u>137,703</u>	<u>-</u>	<u>137,703</u>	<u>144,098</u>
FUNDS	14				
Unrestricted funds				<u>137,703</u>	<u>144,098</u>
TOTAL FUNDS				<u>137,703</u>	<u>144,098</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 21 September 2021 and were signed on its behalf by:

S W Radford - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

2. OTHER TRADING ACTIVITIES

	31.12.20	31.12.19
	£	£
Client contributions	105,587	133,872
Training course fees	143,249	118,849
Supervision fees	200	-
	<u>249,036</u>	<u>252,721</u>

3. INVESTMENT INCOME

	31.12.20	31.12.19
	£	£
Dividends	1,612	1,593
Deposit account interest	35	84
	<u>1,647</u>	<u>1,677</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.12.20	31.12.19
	£	£
Depreciation - owned assets	<u>5,784</u>	<u>5,784</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 December 2020 nor for the year ended 31 December 2019.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 December 2020, nor for the year ended 31 December 2019.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.12.20	31.12.19
Employees	6	6
Director trustees	<u>8</u>	<u>8</u>
	<u>14</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted fund £	Total funds £
INCOME AND ENDOWMENTS FROM			
Other trading activities	252,721	-	252,721
Investment income	<u>1,677</u>	<u>-</u>	<u>1,677</u>
Total	254,398	-	254,398
EXPENDITURE ON			
Other	<u>272,730</u>	<u>-</u>	<u>272,730</u>
NET INCOME/(EXPENDITURE)	(18,332)	-	(18,332)
Other recognised gains/(losses)			
Gains on revaluation of fixed assets	<u>2,297</u>	<u>-</u>	<u>2,297</u>
Net movement in funds	(16,035)	-	(16,035)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>160,133</u>	<u>-</u>	<u>160,133</u>
TOTAL FUNDS CARRIED FORWARD	<u>144,098</u>	<u>-</u>	<u>144,098</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

8. TANGIBLE FIXED ASSETS

	Short leasehold £	Plant and machinery £	Computer equipment £	Totals £
COST				
At 1 January 2020 and 31 December 2020	<u>81,641</u>	<u>1,367</u>	<u>7,706</u>	<u>90,714</u>
DEPRECIATION				
At 1 January 2020	10,886	683	7,706	19,275
Charge for year	<u>5,442</u>	<u>342</u>	<u>-</u>	<u>5,784</u>
At 31 December 2020	<u>16,328</u>	<u>1,025</u>	<u>7,706</u>	<u>25,059</u>
NET BOOK VALUE				
At 31 December 2020	<u>65,313</u>	<u>342</u>	<u>-</u>	<u>65,655</u>
At 31 December 2019	<u>70,755</u>	<u>684</u>	<u>-</u>	<u>71,439</u>

9. DEBTORS

	31.12.20 £	31.12.19 £
Amounts falling due within one year:		
Trade debtors	3,755	7,490
Other debtors	2,648	2,648
Prepayments	<u>18,565</u>	<u>8,750</u>
	<u>24,968</u>	<u>18,888</u>
Amounts falling due after more than one year:		
Other debtors	<u>17,500</u>	<u>17,500</u>
Aggregate amounts	<u>42,468</u>	<u>36,388</u>

10. CURRENT ASSET INVESTMENTS

	31.12.20 £	31.12.19 £
Other	<u>44,398</u>	<u>46,935</u>

11. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.12.20 £	31.12.19 £
Trade creditors	14,122	15,490
Social security and other taxes	416	-
Other creditors	39	-
Deferred income	18,080	21,000
Accrued expenses	<u>2,600</u>	<u>2,600</u>
	<u>35,257</u>	<u>39,090</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

12. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.12.20 £	31.12.19 £
Bank loans (see note 13)	<u>50,000</u>	<u>-</u>

13. LOANS

An analysis of the maturity of loans is given below:

	31.12.20 £	31.12.19 £
Amounts falling due in more than five years:		
Repayable by instalments:		
Bank loans more than 5 years by instalments	50,000	-

14. MOVEMENT IN FUNDS

	At 1.1.20 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General funds	144,098	(6,395)	137,703
TOTAL FUNDS	<u>144,098</u>	<u>(6,395)</u>	<u>137,703</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General funds	262,712	(266,292)	(2,815)	(6,395)
TOTAL FUNDS	<u>262,712</u>	<u>(266,292)</u>	<u>(2,815)</u>	<u>(6,395)</u>

Comparatives for movement in funds

	At 1.1.19 £	Net movement in funds £	At 31.12.19 £
Unrestricted funds			
General funds	160,133	(16,035)	144,098
TOTAL FUNDS	<u>160,133</u>	<u>(16,035)</u>	<u>144,098</u>

Notes to the Financial Statements - continued
for the Year Ended 31 December 2020

14. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General funds	254,398	(272,730)	2,297	(16,035)
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>254,398</u>	<u>(272,730)</u>	<u>2,297</u>	<u>(16,035)</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.19 £	Net movement in funds £	At 31.12.20 £
Unrestricted funds			
General funds	160,133	(22,430)	137,703
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>160,133</u>	<u>(22,430)</u>	<u>137,703</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Gains and losses £	Movement in funds £
Unrestricted funds				
General funds	517,110	(539,022)	(518)	(22,430)
	<hr/>	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>517,110</u>	<u>(539,022)</u>	<u>(518)</u>	<u>(22,430)</u>

15. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 December 2020.

Detailed Statement of Financial Activities
for the Year Ended 31 December 2020

	31.12.20 £	31.12.19 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Gifts	-	-
Other trading activities		
Client contributions	105,587	133,872
Training course fees	143,249	118,849
Supervision fees	200	-
	<hr/> 249,036	<hr/> 252,721
Investment income		
Dividends	1,612	1,593
Deposit account interest	35	84
	<hr/> 1,647	<hr/> 1,677
Other income		
CJRS grant	12,029	-
	<hr/> 12,029	<hr/> -
Total incoming resources	262,712	254,398
EXPENDITURE		
Other		
Wages	137,329	139,321
Pensions	1,030	319
Training course expenses	8,267	7,430
Room hire	2,051	6,586
Trainer, tutors and other fees	49,424	49,257
Sundry course expenses	2,781	1,145
Search fees	540	-
Rent & room hire	35,701	36,234
Consultation fees	1,885	6,051
Subscriptions	2,974	1,844
Cleaning	2,348	2,123
Property maintenance	1,243	3,311
Improvements to property	5,443	5,443
Plant and machinery	342	342
	<hr/> 251,358	<hr/> 259,406
Support costs		
Management		
Light and heat	3,375	2,688
Telephone	1,819	1,633
	<hr/> 5,194	<hr/> 4,321
Finance		
Sundries	195	595
Bank charges	1,776	1,824
	<hr/> 1,971	<hr/> 2,419

Highgate Counselling Centre

Detailed Statement of Financial Activities
for the Year Ended 31 December 2020

	31.12.20 £	31.12.19 £
Finance		
Other		
Insurance	1,784	1,008
Postage and stationery	627	1,232
Sundries	1,088	779
Email, hosting & IT costs	<u>1,396</u>	<u>929</u>
	4,895	3,948
 Governance costs		
Accountancy fees	<u>2,874</u>	<u>2,636</u>
 Total resources expended	<u>266,292</u>	<u>272,730</u>
 Net expenditure	<u>(3,580)</u>	<u>(18,332)</u>