

NORWICH GYMNASTICS CLUB

England & Wales · Charity number 288213

Details

Other names GLENHILL GYMNASTIC CLUB

Status Registered

Legal form Other

Registered 1983-11-25

Register [View on the Charity Commission register](#)

Contact

Address 7 Denmead Close
Norwich
NR4 6NB

Phone 01603502976

Website norwichgymnasticsclub.co.uk

Activities

Objects: TO ADVANCE THE PHYSICAL EDUCATION AND DEVELOPMENT OF CHILDREN AND YOUNG PERSONS WHO ARE UNDER THE AGE OF 25 YEARS AND WHO ARE IN FULL TIME EDUCATION RESIDING IN THE AREA OF NORWICH AND ITS SORROUNDING DISTRICTS BY PROVIDING FOR THEM FACILITIES FOR AND INSTRUCTION IN GYMNASTICS.

Activities: Norwich Gymnastics Club provides gymnastics for the local community and to children from also the surrounding areas. We provide boys and girls activities from pre-school, beginners, recreational to high level competition work. The children can take part in various activities from basic gymnastic classes to acrobatic gymnastics, acrobatic tumbling to boys and girls artistic gymnastics.

Classification

- **How:** Provides Services
- **What:** Amateur Sport
- **Who:** Children/young People

Geography

- Area of benefit: NORWICH
- Norfolk

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£291,669	£276,780	-	-
2023-12-31	£258,400	£255,152	-	-
2022-12-31	£245,777	£235,696	-	-
2021-12-31	£229,565	£222,957	-	-
2020-12-31	£193,489	£217,296	-	-

Trustees

Name	Role	Appointed
RICHARD EDWARD HALFORD	Chair	
HAYLEY SHANE BOND		
SUE BROWN		
TERRY PYLE		

NORWICH GYMNASTICS CLUB

England & Wales - Charity number 288213

Accounts

NORWICH GYMNASTICS CLUB

Statement of Financial Activities for the year ended 31 December 2024

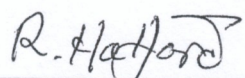
	2024	2023
Income		
Sale of clothing	3,502	1,970
Hiring of gym	2,801	4,950
Subscriptions, bursaries and donations	269,188	238,272
Sundry gym income including fundraising	15,141	12,428
	<u>290,632</u>	<u>257,620</u>
Less cost of sales		
Purchases and fundraising expenses	5,421	1,212
Closing stock	2,840	-
	<u>2,581</u>	<u>1,212</u>
	<u>288,051</u>	<u>256,408</u>
Expenses		
Wages	85,477	75,072
Pension contributions	1,614	1,487
Leader and coaches' fees	121,170	116,756
Coach and competition expenses	35,789	34,477
Postage, stationery, telephone and advertising	1,487	916
Rates and water	1,133	1,137
Light and heat	6,879	9,577
Insurance	4,862	4,649
Rent	4,800	4,800
Building maintenance and repairs	8,599	3,157
Accountancy and professional fees	1,008	960
Cleaning and sundry expenses	1,381	952
	<u>274,199</u>	<u>253,940</u>
	13,852	2,468
Other income		
Interest received	1,037	780
	<u>14,889</u>	<u>3,248</u>
Depreciation	4,929	6,494
Excess income over expenditure for the year	<u><u>9,960</u></u>	<u><u>(3,246)</u></u>

NORWICH GYMNASTICS CLUB

Balance Sheet as at 31 December 2024

	2024	2023
Accumulated Funds		
Balance brought forward	144,602	147,848
Surplus (deficit) for the year	7,120	(3,246)
	<u>151,722</u>	<u>144,602</u>
Represented by:		
Tangible fixed assets		
Gym equipment and computer equipment:		
Net book value brought forward	24,315	30,809
Additions less disposals in year	-	-
Depreciation for year	(4,929)	(6,494)
	<u>19,386</u>	<u>24,315</u>
Current assets		
Stocks	2,840	-
NatWest Business Reserve Accounts	522	515
NatWest Current Account	8,435	13,878
Santander Business Account	28,412	11,502
Santander Business Savings	99,064	98,034
	<u>139,273</u>	<u>123,929</u>
Current liabilities		
Creditors and accruals	4,097	3,642
	<u>135,176</u>	<u>120,287</u>
	<u>154,562</u>	<u>144,602</u>

On behalf of the trustees


Mr R Halford - Treasurer 28 MARCH 2025

INDEPENDENT EXAMINER'S UNQUALIFIED REPORT
Independent Examiner's Report
to the Trustees of

NORWICH GYMNASTICS CLUB
Registered Charity No 288213

We report to the trustees on my examination of the financial statements of Norwich Gymnastics Club ('the charity') for the year ended 31 December 2024, which comprise the Statement of Financial Activities, the Balance Sheet and related notes.

This report is made solely to the charity's trustees, as a body, in accordance with section 145 of the Charities Act 2011. Our work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in this report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for my work, for this report, or for the opinions we have formed.

Responsibilities and basis of report

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

We report in respect of our examination of the charity's financial statements carried out under section 145 of the Act and in carrying out our examination we have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

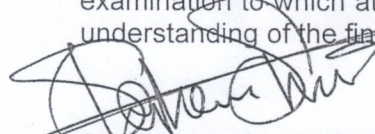
An independent examination does not involve gathering all the evidence that would be required in an audit and consequently does not cover all the matters that an auditor considers in giving their opinion on the financial statements. The planning and conduct of an audit goes beyond the limited assurance that an independent examination can provide. Consequently, we express no opinion as to whether the financial statements present a 'true and fair' view, and my report is limited to those specific matters set out in the independent examiner's statement.

Independent examiners' statement

We have completed our examination. We confirm that no material matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

We have no concerns, and we have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephenson Smart (East Anglia) Ltd
Chartered Accountants
Queens Head House
The Street
Norwich
NR13 3DY

17 June 2025

NORWICH GYMNASTICS CLUB

TRUSTEES ANNUAL REPORT

Registered Charity No. 288213

Report for the financial year beginning 1st January 2024 and ending 31st December 2024

Charity's Principal Address: - 7 Denmead Close, Eaton, Norwich, NR4 6NB.

CHARITY trustees: -

1. Richard Halford
2. Terry Pyle
3. Hayley Bond
4. Sue Brown

Aims and Objectives

Our aims and objectives remain the same to continue to promote activities and skills within the area of Gymnastics and give special priority to the involvement, development and guidance within the local community and schools. It is always our intention to offer enjoyable gymnastics to the wide spectrum of children who attend our club from those who just enjoy one hour a week to work safely on the apparatus to learn skills to those who are very competitive to give them the opportunity to develop and improve and develop their various skills. Plus, introducing General Gymnastics has given our enthusiastic members so much opportunity and variety so that they continue to enjoy the sport but also enjoy the more relaxed approach to General Gymnastics in the competition structure they are involved with where there are more and more rewards for more separate apparatus which include the trampette opportunities.

We continue to involve 13-year-olds to help develop coaching responsibilities, as British Gymnastics have lowered the age, who are interested in shadowing coaching staff and continue to develop our young teenagers which is the first official step as a coach and then they are in a position to continue that development to higher levels when they are slightly older and interested in developing a possible coaching career. In fact, all of our members of staff have developed through that system and now have their own families and homes whilst continuing to love and be involved with gymnastics.

Structure and Policies

The club is run by our executive committee who are made up of Chairman, Leader, Secretary, Treasurer, Fund Raising Representatives and Trustees, plus our Welfare Officer, who has recently completed the up-to-date course and had her own children involved in the sport so understands the needs and the importance of the role. Plus, we do now have various sub-committees in place for finance, coaching and fundraising matters.

Fund raising activities continue with an in house competition for our beginner and intermediate gymnasts and various gym parties etc.

Local Norfolk County schools book and attend sessions, within the school period, which the staff run and liaise with the teachers present, with the finale being a small demonstration from our still enthusiastic staff who are all ex-competitors, which always gives the teachers and school children an extra lift before they leave the building.

We are continuing the policy of keeping the training fees as low as possible but unfortunately, with our sudden exorbitant gas and electricity bills we are very stretched to pay those bills at the moment. The new non-competitive class for our ex-competition gymnasts who love the sport and just want to enjoy the sport without the pressure of competitions and continues to be very popular. Consequently, we see the older teenagers still working and enjoying their sport of gymnastics.

Plus we continue to support the Work Experience activity in conjunction with the local schools which is as popular as ever and another activity that has been really successful in bringing young people into the sport as coaches and giving them a little insight into work ethics.

Activities

1. Girls Artistic Gymnastics

The Girls groups still remain the biggest group of children attending the club from Recreational, Beginners and Intermediates, through to our top competitors.

2. Boys Artistic Gymnastics

At the moment the boys section still remains quite small, but we have seen not only success with our top competitive performers, but also success and more development with our Progressive and Intermediate boys groups.

4. Pre-school

Unfortunately, although we hope to re-start our pre-school sessions, the cost of running the facility does not make it feasible to start the session again at the moment. However, it is still our intention to offer the pre-school sessions as soon as possible.

5 Coaching

Our enthusiastic coaches continue to attend coaching clinics and higher-level coaching courses to further their knowledge and to help our members to continue to develop and enjoy the sport. Some of our young coaches have been able to commence the first main levels of coaching online which has been essential to keep the coaches involved with their own personal development and progress. Plus, one member of staff has achieved his Level 4 award and another is attending her Level 3 award courses when they are available.

Financial Report

The accounts show an excess of income for the year of £9,960 compared to a loss of income £3,246 the previous year.

During the year the club ran the popular Easter and Summer School training events during the school holidays which raised £6,536.

Fortunately, our in-house award scheme brought in £4,760 and Club competition £2,588.

Main areas for essential expenditure were: -	1) Insurance for building & contents	£4,862.00
	2) New Continental Coaching Block	£1,710.00
	3) Trampoline Bed Re-Stitch	£435.00
	4) Re-Lining of Gutters	£6,500.00

Chairman

R. Heyford

Date

28/3/2025

NORWICH GYMNASTICS CLUB

England & Wales - Charity number 288213

Accounts

NORWICH GYMNASTICS CLUB

Statement of Financial Activities for the year ended 31 December 2023

	2023	2022
Income		
Sale of clothing and drinks	1,970	2,212
Hiring of gym	4,950	725
Subscriptions, bursaries and donations	238,272	235,032
Sundry gym income including fundraising	12,428	7,724
	<u>257,620</u>	<u>245,693</u>
Less Cost of Income		
Purchases and fundraising expenses	1,212	2,231
	<u>256,408</u>	<u>243,462</u>
Expenses		
Wages	75,072	74,973
Pension contributions	1,487	1,522
Leader and coaches' fees	116,756	105,759
Coach and competition expenses	34,477	30,738
Postage, stationery, telephone and advertising	916	862
Rates and water	1,137	1,617
Light and heat	9,577	2,680
Insurance	4,649	4,634
Rent	4,800	4,800
Building maintenance and repairs	3,157	2,379
Accountancy and professional fees	960	960
Vending machine lease	-	227
Cleaning and sundry expenses	952	2,314
	<u>253,940</u>	<u>233,465</u>
	2,468	9,997
Other income		
Interest received	780	84
	<u>3,248</u>	<u>10,081</u>
Depreciation	6,494	8,008
Excess income over expenditure for the year	<u><u>(3,246)</u></u>	<u><u>2,073</u></u>

NORWICH GYMNASTICS CLUB

Balance Sheet as at 31 December 2023

	2023	2022
Accumulated Funds		
Balance brought forward	147,848	145,775
Surplus (deficit) for the year	(3,246)	2,073
	<u>144,602</u>	<u>147,848</u>
Represented by:		
Tangible fixed assets		
Gym equipment and computer equipment:		
Net book value brought forward	30,809	35,928
Additions less disposals in year	-	2,889
Depreciation for year	(6,494)	(8,008)
	<u>24,315</u>	<u>30,809</u>
Current assets		
NatWest Business Reserve Accounts	515	509
NatWest Current Account	13,878	13,675
Santander Business Account	11,502	9,470
Santander Business Savings	98,034	97,260
	<u>123,929</u>	<u>120,914</u>
Current liabilities		
Creditors	<u>3,642</u>	<u>3,875</u>
	<u>120,287</u>	<u>117,039</u>
	<u>144,602</u>	<u>147,848</u>

On behalf of the trustees

Mr R Halford - Treasurer

20 March 2024

We approve the accounts and confirm that we have made available all relevant records and information for their preparation.

On behalf of the trustees

Mr R E Halford
Hon Treasurer

22 March 2024

INDEPENDENT EXAMINER'S UNQUALIFIED REPORT
Independent Examiner's Report
to the Trustees of

NORWICH GYMNASTICS CLUB
Registered Charity No 288213

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Responsibilities and basis of report

As the trustees of the charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

We report in respect of our examination of the charity's financial statements carried out under section 145 of the Act and in carrying out our examination we have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

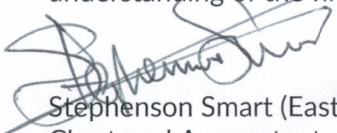
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Independent examiners' statement

We have completed our examination. We confirm that no material matters have come to our attention in connection with the examination giving us cause to believe that in any material respect:

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We have no concerns and we have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Stephenson Smart (East Anglia) Ltd
Chartered Accountants
Queens Head House
The Street
Norwich
NR13 3DY

22 May 2024

NORWICH GYMNASTICS CLUB

TRUSTEES ANNUAL REPORT

Registered Charity No. 288213

Report for the financial year beginning 1st January 2023 and ending 31st December 2023

Charity's Principal Address: - 7 Denmead Close, Eaton, Norwich, NR4 6NB.

CHARITY trustees: - 1. Richard Halford
2. Terry Pyle
3. Hayley Bond
4. Sue Brown

Aims and Objectives

To continue to promote any charitable purposes within the area of Gymnastics and give special priority to the involvement and development within the local community and schools. It is always our intention to offer enjoyable gymnastics to the wide spectrum of children who attend our club from those who just enjoy one hour a week to work safely on the apparatus to learn skills to those who are very competitive to give them the opportunity to develop and improve and develop their various skills. Plus, we have now included General Gymnastics where the main skills are tumble and trampette, so that those children who are not comfortable with the bars and beam requirements can enjoy development and the opportunity to compete and enjoy the success of the awards also.

We now involve 13-year-olds, as British Gymnastics have lowered the age, who are interested in shadowing coaching staff and continue to develop our young teenagers which is the first official step as a coach and then they are in a position to continue that development to higher levels when they are slightly older and interested in developing a possible coaching career. In fact all of our members of staff have developed through that system and now have their own families and homes whilst continuing to love and be involved with gymnastics.

Structure and Policies

The club is run by our executive committee who are made up of Chairman, Leader, Secretary, Treasurer, Fund Raising Representatives and Trustees, plus our Welfare Officers, which we have two, and representatives from the Girls Artistic and Boys Artistic, are invited to give or send in their reports on various events and achievements. Plus, we do now have various sub-committees in place for finance, coaching and fundraising matters.

Fund raising activities continue with an in house for our beginner and intermediate gymnasts and various gym parties etc.

Many more of the Norfolk County schools attend sessions, within the school period, which the staff run and liaise with the teachers present, with the finale being a small demonstration from our still enthusiastic staff who are all ex-competitors.

We are continuing the policy of keeping the training fees as low as possible but unfortunately, with our sudden exorbitant gas and electricity bills we are very stretched to pay those bills at the moment. The new non-competitive class for our ex-competition gymnasts who love the sport and just want to enjoy the sport without the pressure of competitions has been very popular. Consequently, we see the older teenagers still working and enjoying their sport of gymnastics.

Plus we continue to support the Work Experience activity in conjunction with the local schools which is as popular as ever and another activity that has been really successful in bringing young people into the sport as coaches and giving them a little insight into work ethics.

Activities

1. Girls Artistic Gymnastics

The Girls groups still remain the biggest group of children attending the club from Recreational, Beginners and Intermediates, through to our top competitors.

2. Boys Artistic Gymnastics

At the moment the boys section still remains quite small, but we have seen not only success with our top competitive performers, but also success and more development with our Progressive and Intermediate boys groups.

4. Pre-school

Unfortunately, although we hope to re-start our pre-school sessions, the cost of running the facility does not make it feasible to start the session again at the moment.

5 Coaching

Our enthusiastic coaches continue to attend coaching clinics and higher-level coaching courses to further their knowledge and to help our members to continue to develop and enjoy the sport. Some of our young coaches have been able to commence the first main levels of coaching online which has been essential to keep the coaches involved with their own personal development and progress. Plus, two of the staff are in the process of taking the higher level 3 and 4 awards, due to the lockdown setting them back to complete the award.

Financial Report

The accounts show a loss of income for the year of £3,441 compared to a excess of £2,073 the previous year, due to the huge increases in the gas and electricity bills.

On the brighter side we did run the popular Easter and Summer School training events during the school holidays which raised £7,580.

Fortunately, our in-house award scheme brought in £3,810 and Club competition £2,415.

Main areas for essential expenditure were: - 1) Insurance for building & contents £4,649.00
2) New Girl's Bar £351.00

Chairman

R. Halford

Date

22/3/2024

NORWICH GYMNASTICS CLUB

England & Wales - Charity number 288213

Accounts

NORWICH GYMNASTICS CLUB

Statement of Financial Activities for the year ended 31 December 2022

	2022	2021
Income		
Sale of clothing and drinks	2,212	4,196
Hiring of gym	725	860
Subscriptions, bursaries and donations	235,032	175,271
Sundry gym income including fundraising	7,724	3,978
Coronavirus grants	-	45,250
	245,693	229,555
Less Cost of Income		
Purchases and fundraising expenses	2,231	2,368
	243,462	227,187
Expenses		
Wages	74,973	83,468
Pension contributions	1,522	1,589
Leader and coaches' fees	105,759	101,491
Coach and competition expenses	30,738	17,411
Postage, stationery, telephone and advertising	862	1,038
Rates and water	1,617	643
Light and heat	2,680	1,128
Insurance	4,634	4,218
Rent	4,800	4,800
Building maintenance and repairs	2,379	1,849
Accountancy and professional fees	960	960
Vending machine lease	227	955
Cleaning and sundry expenses	2,314	1,039
	233,465	220,589
	9,997	6,598
Other income		
Interest received	84	10
	10,081	6,608
Depreciation	8,008	9,116
Excess income over expenditure for the year	2,073	(2,508)

NORWICH GYMNASTICS CLUB

Balance Sheet as at 31 December 2022

	2022	2021
Accumulated Funds		
Balance brought forward	145,775	148,283
Surplus (deficit) for the year	2,073	(2,508)
	<u>147,848</u>	<u>145,775</u>
Represented by:		
Tangible fixed assets		
Gym equipment and computer equipment:		
Net book value brought forward	35,928	44,658
Additions less disposals in year	2,889	386
Depreciation for year	(8,008)	(9,116)
	<u>30,809</u>	<u>35,928</u>
Current assets		
NatWest Business Reserve Accounts	509	508
NatWest Current Account	13,675	7,920
Santander Business Account	9,470	9,347
Santander Business Savings	97,260	97,177
	<u>120,914</u>	<u>114,952</u>
Current liabilities		
Creditors	<u>3,875</u>	<u>5,105</u>
	<u>117,039</u>	<u>109,847</u>
	<u>147,848</u>	<u>145,775</u>

On behalf of the trustees



Mr R Halford - Treasurer

20 March 2023

We approve the accounts and confirm that we have made available all relevant records and information for their preparation.

On behalf of the trustees

A handwritten signature in black ink, appearing to read "R. Halford". The signature is written in a cursive style with a large initial "R" and a stylized "H".

Mr R E Halford
Hon Treasurer

20 March 2023

**Independent Examiner's Report
to the Trustees of**

**NORWICH GYMNASTICS CLUB
Registered Charity No 288213**

on the accounts for the year ended 31 December 2022

We report on the accounts of the charity for the year ended 31 December 2022, which are set out in pages 1 to 4.

Respective responsibilities of trustees and examiners

As the charity's trustees, you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section s43 (2) of the Charities Act 1993 ("the 1993 Act") and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

Basis of independent examiner's statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the trustees have not met the requirements:
 - to keep proper accounting records in accordance with s41 of the 1993 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Stephenson Smart
Chartered Accountants
Queens Head House
The Street, Acle
Norwich, NR13 3DY

Date: 25 May 2023

NORWICH GYMNASTICS CLUB

TRUSTEES ANNUAL REPORT

Registered Charity No. 288213

Report for the financial year beginning 1st January 2022 and ending 31st December 2022

Charity's Principal Address: - 7 Denmead Close, Eaton, Norwich, NR4 6NB.

CHARITY trustees: - 1. Richard Halford
2. Terry Pyle
3. Hayley Bond
4. Sue Brown

Aims and Objectives

Our aims and objectives of the charity remain the same to continue to promote any charitable purposes within the area of Gymnastics and give special priority to the involvement and development within the local community and schools. It is always our intention to offer enjoyable gymnastics to the wide spectrum of children who attend our club from those who just enjoy one hour a week to work safely on the apparatus to learn skills to those who are very competitive to give them the opportunity to develop and improve and develop their various skills.

We continue to develop our young teenagers into British Gymnastic coaching helpers which is the first official step as a coach and then they are in a position to continue that development to higher levels when they are slightly older and interested in developing a possible coaching career. In fact all of our members of staff have developed through that system and now have their own families and homes whilst continuing to love and be involved with gymnastics.

Structure and Policies

The club is run by our executive committee who are made up of Chairman, Leader, Secretary, Treasurer, Fund Raising Representatives and Trustees, plus our Welfare Officers as we have two, and representatives from the Girls Artistic, Boys Artistic, and Pre-school are invited to give or send in their reports on various events and achievements. Plus, we do now have various sub-committees in place for finance, coaching and fundraising matters. However, since the lockdown many of our existing parents of gymnasts have retired from coaching, so their parent are no longer involved and we are now in the process of building up a new fund raising committee.

Fund raising activities continue with an in house for our beginner and intermediate gymnasts and various gym parties etc.

Also we liase with our Norfolk County schools and host and assist with running competitive gymnastics events at the club.

We are continuing the policy of keeping the training fees as low as possible. Plus, we are now in the process of setting up two more groups to help with the young development gymnasts and offering a non-competitive class for our ex-competition gymnasts who love the sport and just want to enjoy the sport without the pressure of competitions.

Plus we continue to support the Work Experience activity in conjunction with the local schools which is as popular as ever and another activity that has been really successful in bringing young people into the sport as coaches and giving them a little insight into work ethics.

Activities

1. Girls Artistic Gymnastics

The Girls groups still remain the biggest group of children attending the club from Recreational, Beginners and Intermediates, through to our top competitors.

2. Boys Artistic Gymnastics

At the moment the boys section still remains quite small, but we have seen not only success with our top competitive performers, but also success and more development with our Progressive and Intermediate boys groups.

4. Pre-school

Unfortunately, we have had to stop our pre-school classes for the moment as we are struggling with enormous heating bill and it is not financially worthwhile at the moment due to low numbers. However, it is our intention to continue pre-school when the present national financial situation has been resolved and hopefully we can once again just deal with sensible heating bills.

5 Coaching

Our enthusiastic coaches continue to attend coaching clinics and higher-level coaching courses to further their knowledge and to help our members to continue to develop and enjoy the sport. Some of our young coaches have been able to commence the first main levels of coaching on line which has been essential to keep the coaches involved with their own personal development and progress.

Financial Report

The accounts show an excess of income for the year of £2073 compared to a loss of income of £2508 the previous year.

During the year and with covid restrictions still in place we were able to run full classes during the afternoon, evening and Saturdays. However, the pre-school classes had to be closed at the end of the year because the club was losing money.

On the brighter side we did run the popular Easter and Summer School training events during the school holidays which raised £6040.

A bursary of £2000 was received from Norfolk Gymnastics Association which helped pay towards the new gym equipment.

Main areas for essential expenditure were:-

1) Insurance for building & contents	£4,634.00
2) New Gymnova Girl's Bar	£386.40
3) New Continental Springboard	£560.40
4) New Goliath Trampoline Bed	£1,074.66

Chairman R. Hayford Date 22/3/2023

NORWICH GYMNASTICS CLUB

England & Wales - Charity number 288213

Accounts

NORWICH GYMNASTICS CLUB

Statement of Financial Activities for the year ended 31 December 2021

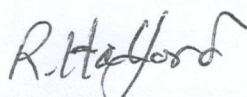
	2021	2020
Income		
Sale of clothing and drinks	4,196	3,600
Hiring of gym	860	1,083
Subscriptions, bursaries and donations	175,271	120,086
Sundry gym income including fundraising	3,978	6,750
Coronavirus grants	45,250	61,563
	<u>229,555</u>	<u>193,082</u>
Less Cost of Income		
Purchases and fundraising expenses	<u>2,368</u>	<u>2,072</u>
	227,187	191,010
Expenses		
Wages	83,468	84,549
Pension contributions	1,589	1,555
Leader and coaches' fees	101,491	97,088
Coach and competition expenses	17,411	12,783
Postage, stationery, telephone and advertising	1,038	1,216
Rates and water	643	580
Light and heat	1,128	2,896
Insurance	4,218	3,100
Rent	4,800	4,800
Building maintenance and repairs	1,849	4,002
Accountancy and professional fees	960	942
Vending machine lease	955	728
Cleaning and sundry expenses	1,039	985
	<u>220,589</u>	<u>215,224</u>
	6,598	(24,214)
Other income		
Interest received	<u>10</u>	<u>407</u>
	6,608	(23,807)
Depreciation	<u>9,116</u>	<u>11,432</u>
Excess income over expenditure for the year	<u><u>(2,508)</u></u>	<u><u>(35,239)</u></u>

NORWICH GYMNASTICS CLUB

Balance Sheet as at 31 December 2021

	2021	2020
Accumulated Funds		
Balance brought forward	148,283	183,522
Surplus (deficit) for the year	(2,508)	(35,239)
	<u>145,775</u>	<u>148,283</u>
Represented by:		
Tangible fixed assets		
Gym equipment and computer equipment:		
Net book value brought forward	44,658	55,833
Additions less disposals in year	386	257
Depreciation for year	(9,116)	(11,432)
	<u>35,928</u>	<u>44,658</u>
Current assets		
NatWest Reserve account	18	18
NatWest Capital Reserve account	490	490
NatWest Current account	7,920	7,010
Santander Business Account	9,347	2,752
Santander Business Savings	97,177	97,167
	<u>114,952</u>	<u>107,437</u>
Current liabilities		
Creditors	<u>5,105</u>	<u>3,812</u>
	<u>109,847</u>	<u>103,625</u>
	<u>145,775</u>	<u>148,283</u>

On behalf of the trustees

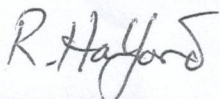


Mr R Halford - Treasurer

2 March 2022

We approve the accounts and confirm that we have made available all relevant records and information for their preparation.

On behalf of the trustees

A handwritten signature in black ink, appearing to read "R. Halford". The signature is written in a cursive style with a large, stylized initial "R".

Mr R E Halford
Hon Treasurer

2 March 2022

**Independent Examiner's Report
to the Trustees of**

**NORWICH GYMNASTICS CLUB
Registered Charity No 288213**

on the accounts for the year ended 31 December 2021

We report on the accounts of the charity for the year ended 31 December 2021, which are set out in pages 1 to 4.

Respective responsibilities of trustees and examiners

As the charity's trustees, you are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section s43 (2) of the Charities Act 1993 ("the 1993 Act") and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

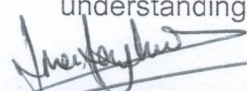
Basis of independent examiner's statement

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In the course of our examination, no matter has come to our attention:

1. which gives us reasonable cause to believe that, in any material respect, the trustees have not met the requirements:
 - to keep proper accounting records in accordance with s41 of the 1993 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 1993 Act; or
2. to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Hines Harvey Woods Ltd
Chartered Certified Accountants
Queens Head House
The Street, Acle
Norwich, NR13 3DY

Date: 30 June 2022

NORWICH GYMNASTICS CLUB

TRUSTEES ANNUAL REPORT

Registered Charity No. 288213

Report for the financial year beginning 1st January 2021 and ending 31st December 2021

Charity's Principal Address: - 7 Denmead Close, Eaton, Norwich, NR4 6NB.

CHARITY trustees: -

1. Richard Halford
2. Terry Pyle
3. Hayley Bond
4. Sue Brown

Aims and Objectives

Our aims and objectives of the charity remain the same to try to continue to promote any charitable purposes within the area of Gymnastics and give special priority to the involvement and development within the local community and schools. It is always our intention to offer enjoyable gymnastics to the wide spectrum of children who attend our club from those who just enjoy one hour a week to work safely on the apparatus to learn skills to those who are very competitive to give them the opportunity to develop and improve and develop their various skills.

We continue to keep the gymnasts involved in the sport by offering a British Gymnastics qualifying new coaching helpers award to our 13+ year old members as that has been so beneficial for their development and also an essential step towards full-time gymnastics coaching should the member want to take that pathway. Our main coaching staff have again been involved with giving up their own free time to go through essential coaching needs to ensure that the young coaches are guided to coach and demonstrate essential skills that will help them to safely develop as a coach.

Structure and Policies

The club is run by our executive committee who are made up of Chairman, Leader, Secretary, Treasurer, Fund Raising Representatives and Trustees, plus our Welfare Officers as we have two, and representatives from the Girls Artistic, Boys Artistic, and Pre-school are invited to give or send in their reports on various events and achievements. Plus, we do now have various sub-committees in place for finance, coaching and fundraising matters. However, the past year has again been very limited with activities and achievements due to the Covid situation which we are hopefully beginning to open to a little nearer normality.

We are continuing the policy of keeping the training fees as low as possible. In fact, we did not increase any of the training fees over the last year. Plus, several local schools and charities are also supporting payment of some of their pupils training fees which is always a big help to the families who struggle to fund sporting activities for their children.

Also, we continue to liaise with local Norfolk County schools' groups who organise local school activities and low level competitions at the gym club whilst we lead and run the events for them. Plus, are involved with offering gymnastic activities to local schools.

Work experience, something that we also support, is another activity that has become more and more popular and has been really successful in bringing young people into the sport as coaches and giving them a little insight into work ethics.

Activities

1. Girls Artistic Gymnastics

The Girls groups still remain the biggest group of children attending the club from Pre-school, Recreational, Beginners and Intermediates, through to our top competitors.

2. Boys Artistic Gymnastics

At the moment the boys section still remains quite small, but we have seen not only success with our top competitive performers, but also success and more development with our Progressive and Intermediate boys groups.

4. Pre-school

The Pre-school section continues to fluctuate with children moving through the session from about the age of 2 until they are offered places at school. However, many of them link in with the more formal beginner session within the club once they have commenced school.

5. Sports Acrobatics

Unfortunately, due to the Covid situation, we have not been able to commence with the acrobatics classes this year.

6. Coaching

Our enthusiastic coaches continue to attend coaching clinics and higher-level coaching courses to further their knowledge and to help our members to continue to develop and enjoy the sport. Some of our young coaches have been able to commence the first main levels of coaching on line which has been essential to keep the coaches involved with their own personal development.

Financial Report

The accounts show a loss of income for the year of £2,508 compared to a loss of income of £35,239 the previous year, due to the lockdowns.

Although there was still a loss of income during the year it was a big improvement from the previous year.

The gym was closed for three and a half months at the beginning of the year due to the lockdown. During this time the club did receive some financial support from the government through the furlough payments for PAYE staff and also grants from Norwich City Council to help towards the running of the club.

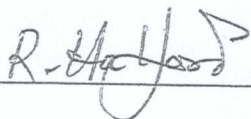
When the gym re-opened the numbers of gymnasts allowed in the gym at one time, was still restricted due to social distancing.

However the club did manage to run a Whitsun and Summer training camp which raised an income of £6,417.

We also raised £50 for the girls display video at Christmas.

Main areas for essential expenditure were:-	1) Replacement of lights	£1,146.00
	2) Full electrical test of building	£543.00
	3) Insurance for building & contents	£4,218.00
	4) New Gymnova Girl's Bar	£386.40

Chairman



Date

7/5/2022

NORWICH GYMNASTICS CLUB

England & Wales - Charity number 288213

Accounts

NORWICH GYMNASTICS CLUB

Statement of Financial Activities for the year ended 31 December 2020

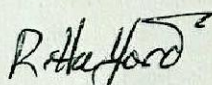
	2020	2019
Income		
Sale of clothing and drinks	3,600	6,426
Hiring of gym	1,083	2,109
Subscriptions, bursaries and donations	120,086	232,932
Sundry gym income including fundraising	6,750	19,193
Coronavirus grants	61,563	-
	193,082	260,660
Less Cost of Income		
Purchases and fundraising expenses	2,072	8,642
	191,010	252,018
Expenses		
Wages	84,549	85,015
Pension contributions	1,555	1,459
Leader and coaches' fees	97,088	91,975
Coach and competition expenses	12,783	28,938
Postage, stationery, telephone and advertising	1,216	2,585
Rates and water	580	2,779
Light and heat	2,896	2,634
Insurance	3,100	2,021
Rent	4,800	4,800
Building maintenance and repairs	4,002	1,771
Accountancy and professional fees	942	912
Vending machine lease	728	954
Cleaning and sundry expenses	985	1,757
	215,224	227,600
	(24,214)	24,418
Other income		
Interest received	407	621
	(23,807)	25,039
Depreciation	11,432	14,137
Excess income over expenditure for the year	(35,239)	10,902

NORWICH GYMNASTICS CLUB

Balance Sheet as at 31 December 2020

	2020	2019
Accumulated Funds		
Balance brought forward	183,522	172,620
Surplus (deficit) for the year	(35,239)	10,902
	<u>148,283</u>	<u>183,522</u>
Represented by:		
Tangible fixed assets		
Gym equipment and computer equipment:		
Net book value brought forward	55,833	31,399
Additions less disposals in year	257	38,571
Depreciation for year	(11,432)	(14,137)
	<u>44,658</u>	<u>55,833</u>
Current assets		
NatWest Reserve account	18	18
NatWest Capital Reserve account	490	489
NatWest Current account	7,010	7,754
Santander Business Account	2,752	13,424
Santander Business Savings	97,167	111,761
	<u>107,437</u>	<u>133,446</u>
Current liabilities		
Creditors	<u>3,812</u>	<u>5,757</u>
	<u>103,625</u>	<u>127,689</u>
	<u>148,283</u>	<u>183,522</u>

On behalf of the trustees



Mr R Halford - Treasurer

~~March 2021~~

3rd November 2021

**Independent Examiner's Report
to the Trustees of**

**NORWICH GYMNASTICS CLUB
Registered Charity No 288213**

on the accounts for the year ended 31 December 2020

We report on the accounts of the charity for the year ended 31 December 2020, which are set out in pages 1 to 4.

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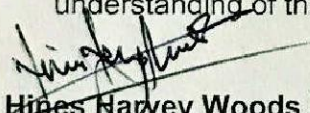
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Hines Harvey Woods Ltd
Chartered Certified Accountants
Queens Head House
The Street, Acle
Norwich, NR13 3DY

Date: 11 November 2021

NORWICH GYMNASTICS CLUB

TRUSTEES ANNUAL REPORT

Registered Charity No. 288213

Report for the financial year beginning 1st January 2020 and ending 31st December 2020

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Plus we continue to keep the gymnasts involved in the sport by offering a British Gymnastics qualifying coaching award to our 14+ year old members as that has been so beneficial for their development and also an essential step towards full-time gymnastics coaching should the member want to take that pathway. As the various lockdowns, due to Covid, prevented us offering the usual qualifying course through British Gymnastics, we offered our own inhouse coaching instructions to our older gymnasts, who have an interest in coaching, whilst our more experienced coaches all gave up their spare time to guide and assist those young coaches. Plus, all these opportunities were offered whilst we continued to comply with the Covid safety regulations.

Structure and Policies

The club is run by our executive committee who are made up of Chairman, Leader, Secretary, Treasurer, Fund Raising Representatives and Trustees, plus our Welfare Officers as we have two, and representatives from the Girls Artistic, Boys Artistic, and Pre-school are invited to give or send in their reports on various events and achievements. Plus, we do now have various sub-committees in place for finance, coaching and fundraising matters. However, the past year has been very limited with activities and achievements due to the Covid situation.

Training fees are still kept as low as possible so that the children, in fact somehow we manage to keep fees lower than many other sporting or dancing organisations who have less overheads. Plus, several local schools and charities are also supporting payment of some of their pupils training fees.

We continue to liaise with local Norfolk County schools groups who organise local school activities and low level competitions and help lead and run the events. Plus, are involved with offering gymnastic activities to local schools.

Activities

1. Girls Artistic Gymnastics

The Girls groups still remain the biggest group of children attending the club from Pre-school, Recreational and Beginners through to our top competitors.

2. Boys Artistic Gymnastics

At the moment the boys section still remains quite small but we have seen not only success with our top competitive performers, but also success and more development with our Progressive and Intermediate boys groups.

4. Pre-school

The Pre-school section continues to fluctuate with children moving through the session from about the age of 2 until they are offered places at school. However, many of them link in with the more formal beginner session within the club once they have commenced school.

5. Sports Acrobatics

Unfortunately, due to the Covid situation, where there is a no touch or handling situation the Sports Acrobatics section were not able to train and unfortunately, we have not yet been able to look at recommencing that discipline due to ongoing Covid concerns.

6. Coaching

Our enthusiastic coaches continue to attend coaching clinics and higher-level coaching courses to further their knowledge and to help our members to continue to develop and enjoy the sport. Plus, we have also been able to get high level coaches to visit the club to run courses but unfortunately, once again those courses had to be stopped due to the Covid problem.

Financial Report

Following the various lockdowns our audited accounts show that we had a loss of income for the year of £35,239 compared to an excess of income of £10,902 the previous year.

The main reason for this loss was due to the Covid lockdown periods during the year. The gym was closed for 5 months and when we were allowed to reopen, the numbers of gymnasts allowed in the gym at one time, was vastly reduced due to social distancing.

During the lockdown we did receive financial support from the government through the furlough payments for PAYE staff and grants from Norwich City Council to help towards the running of the club. Unfortunately, the clubs' bills still had to be paid which resulted in the loss already stated.

We also took advantage of an empty gym in the lockdowns and re-decorated the main communal areas and created more storage cupboards in both changing rooms where the un-used showers had been situated.

Main areas for essential expenditure were:-

1) Replacement of lights	£137.30
2) Redecorating	£2,790.00
3) Heater maintenance	£1,033.50
4) Insurance for building & contents etc.	£3,100.00
5) Additional Covid cover for Vault	£257.34

Fundraising, which was very limited due to the Covid situation raised £340.25.

Chairman



Date

4/11/2021